



The Selkirk Record

THURSDAY, DECEMBER 3, 2020

VOLUME 11 EDITION 48

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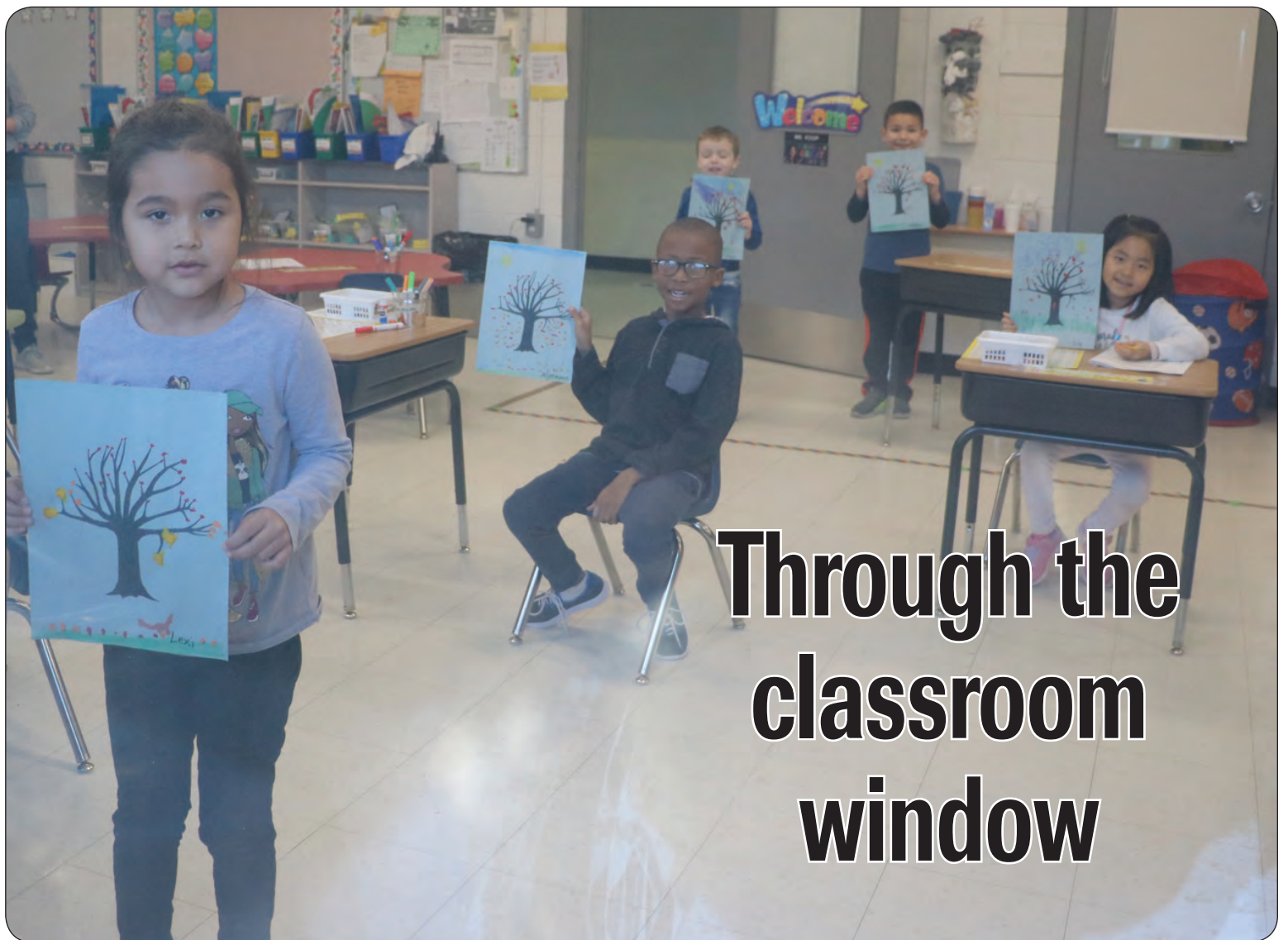
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Through the classroom window

RECORD PHOTO BY BRETT MITCHELL

Ms. Koop's Grade 1 class from Robert Smith School showing off their artwork through their classroom windows. Get a sneak peek at what more of our students have been doing in school on page 4.

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PRICES IN EFFECT: THURSDAY, DECEMBER 3 - WEDNESDAY, DECEMBER 9, 2020

Soup Kitchen still serving in level red restrictions

This essential service won't slow down in helping the community

By Katelyn Boulanger

Our Daily Bread Soup Kitchen, which operates out of Selkirk's Memorial Hall, hasn't skipped a beat when it comes to serving up hot lunches for the community.

"The critical, level red, [restrictions] haven't made a huge amount of difference," said Barb Pasaur co-chair of Our Daily Bread Soup Kitchen.

The soup kitchen has been sanitizing and keeping a client list for contact tracing purposes for a long time now and relatively recently added more COVID-19 safety measures.

"We are doing absolutely everything that we can to keep our clients and our volunteers safe. When we got the shields back in October, we picked up the floor decals as well and we instituted a policy where the volunteers stay in the kitchen, no one in the hall, and the clients come into the front door, come through the stations, and come out through the back door," said Pasaur.

The Soup Kitchen is now open five days a week, Monday to Friday, like before the pandemic but their hours have been compressed with lunch now being served from 11 a.m. to 12:45 p.m. and no one is allowed to stay at the hall to chat like they would have done before the restrictions.

"Our clients know now that this is the only way that we can operate and if we don't follow the guidelines, we're going to get shut down and if we shut down, then this won't be available to them. I think that most people respect that," said Pasaur.

Faye Drummond a volunteer at



the soup kitchen said that volunteers have been comfortable with the changes, however, the volunteers are still being checked in with regularly to make sure that they are comfortable continuing.

"We can survive with two people just making sandwiches, it isn't pretty, but they are getting something," said Pasaur.

If the current restrictions continue to Christmas, the Soup Kitchen will be looking very different than it normally would at this time of year.

"We're going to expand for our clients. We'll do a Christmas lunch like we normally do whether it's ham, or turkey, or meatballs. Towards the end of November, I'll do a sign up sheet for parents with children where they'll give their child's name age and gender and

RECORD PHOTO BY KATELYN BOULANGER
Nancy Desrosier (left) and Fiona Lawson volunteering at Our Daily Bread Soup Kitchen.

we'll buy specific gifts. In the past, we've had the kids choose and then wrap them but we can't [do that this year]," said Pasaur.

They will also be giving families modified hampers for the holidays, which in addition to the usual fare, will include pancake mix as the group received a large donation in November which they hope will help to make their client's Christmas mornings a little brighter.

The soup kitchen will continue to operate throughout the holiday sea-

son with the exception of Christmas and New Years Day.

The Soup Kitchen is also open Monday to Friday from 9 a.m. until noon for donations from the community of non-perishable goods as well as financial donations. Residents coming to give should knock on the back door of Memorial Hall to help limit people coming into the building. For more information about donating, contact Beverly Terhorst at 204-338-3361.

This time of year is difficult for those experiencing the loss of a loved one.

Join us for a program of candlelighting, music, and reflection for all faith traditions.

Monday, December 7 at 6:30

Search: Selkirk United Church - YouTube
Click on: Coping With Grief

To include your loved one, please email their name to:
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or cole@selkirkunitedchurch.ca
by Saturday, December 5th at 6pm.

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Through the looking glass



RECORD PHOTOS BY BRETT MITCHELL

Ms. Arason's Grade three and four class (left) as well as Ms. Scott's Grade three and four class have been hard at work making art at Robert Smith School. With schools closed to outside visitors these photos were taken through the classroom windows.



POWER OF THE PJ'S

November is DOMESTIC VIOLENCE AWARENESS Month in Manitoba

Each year Manitoba's family violence shelters assist thousands of women and children who are fleeing domestic/family violence. Those in need sometimes arrive at the shelter with just the clothes on their backs. Along with other Manitoba Women's Shelters, **NOVA HOUSE** is running an awareness campaign for the month of November, **POWER OF THE PJ'S**. To participate please drop off **NEW** pajama's (socks, towels, and facecloths are also welcome) at any of the following locations in Selkirk /St. Andrews between November 1 - 30, 2020.

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Red River North *Holiday Yards* of the Season Contest

SELKIRK • ST. ANDREWS • ST. CLEMENTS

A regional partnership with Red River North Tourism, Communities in Bloom, the City of Selkirk, RM of St. Andrews, RM of St. Clements, RM of West St. Paul & the RM of East St. Paul

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 Complete the online Registration Form at www.redrivernorthtourism.com
 Online Form will also be available on each communities Municipal Website or pick-up a paper copy of the Registration Form at these participating locations
 Selkirk Home Hardware Building Centre
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Red River North Holiday Yards of the Season festive light display will run from December 19, 2020 to January 2, 2021

Meals on Wheels program looking for volunteers

Help from community needed this January

By Katelyn Boulanger

Selkirk's Services to Seniors is hoping that some of the holiday spirit will carry over to the new year as they need delivery drivers for their Meals on Wheels program for three weeks in January.

"With the code red, we are still pro-

viding services. We are closed to the public, which we weren't until the code red provincial notice but we're still offering our volunteers, we're still doing Meals on Wheels, we're still driving people to doctors appointments. Anything essential we're still providing the services for," said Helen

Brosowsky, manager at Selkirk Services to Seniors.

The volunteers that help with all of Services to Seniors's programs follow the provincial guidelines when volunteering which includes mask-wearing, glove-wearing, sanitizing, and all other

guidelines mandated by the province. Brosowsky feels like now more than ever it's important to provide all of the services they offer to the community because they are affordable and safe and often necessary for maintaining residents health.

"For Meals on Wheels, their circumstances haven't changed because COVID-19 hit. If they needed the meal before COVID they still need it now. It might even be greater now because before they may have been able to have people get them groceries where they may have less access than before the restrictions came into place," said Brosowsky.

About 350 meals a month are delivered in the community. They are prepared at the Selkirk Regional Health Centre where they are picked up by

the volunteers and then delivered to residents in the community.

Services to Seniors needs Meals on Wheels delivery volunteers to come forward for about one hour starting at 4:30 p.m. on Jan 11, 13, 15, 18, 20, 22, 25, 27, and 29 which comes out to one hour Monday, Wednesday, and Friday for three weeks in January. The volunteer doesn't have to take on all of the dates but Services to Seniors would appreciate it if volunteers could commit to the entire week they are helping if possible.

"It would go such a long way to helping someone in your community. It's an hour of your time to deliver a tray and get back to the hospital," said Brosowsky.

"ANYTHING ESSENTIAL WE'RE STILL PROVIDING THE SERVICES FOR"
- HELEN BROSOWSKY



RECORD PHOTO SUBMITTED

Volunteers Ella Chenkie and Leona Christiansen delivering Meals on Wheels meals before the COVID-19 pandemic.



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Poetry, pooches and projections, oh my

Top four Holiday Alley activities to take part in this week

By Nicole Buffie

Residents in the Interlake can still look forward to spreading some holiday cheer this year, even if it's in a socially-distant manner.

Holiday Alley will continue with their list of activities and events for 2020 with some changes. The month of December will have numerous activities to participate in with public health orders and the health and safety of residents at the top of mind. No events will take place as in-person gatherings.

For the first week of December, the top four activities to participate in, many of which are available to watch on Holiday Alley's youtube channel Holiday Alley TV, are:

1. The Gaynor Family Take-Home Soup Cook-Off

The annual soup cook-off in partnership with the Gaynor Family and Inclusion Selkirk will be a take-home competition this year. Participants can buy tickets to try soups from six different local restaurants and cast their

vote for the best one online. Tickets are \$40 and can be purchased at WishMe, 377 Eveline St. in Selkirk. Soup packages can be picked up on Dec. 5 from 12 to 4 p.m.

2. Selkirk Animal Hospital Pooch (& Pals) Parade

There has never been a better opportunity to dress up your pet in holiday costumes until now. The theme for this year's annual pooch parade is pets lighting up their ho-ho-homes. Dress up your furry, fuzzy or feathery friend in their finest Santa hat and reindeer antlers and videotape them putting on a show to be featured on Holiday Alley TV's parade of festive pets. Deadline to submit videos is Dec. 10.

3. Make Your Own Mural

Holiday Alley is calling all artists and creatives to submit their art to be put on display. Submissions will be projected during Red River North Tourism's Holiday Yards of the Season community driving tour on Saturday, Dec 19 on walls of downtown Selkirk.



RECORD PHOTO SUBMITTED

While there may be no in-person event for this year's Holiday Alley, there are still plenty of options to celebrate the season in a virtual manner. The above photo is from a previous year as COVID-19 restrictions prohibit this kind of crowd currently.

Paintings, drawings, crafts and other forms of visual art are encouraged to be sent. Deadline for photo submissions is Dec. 10.

4. Poetry Slam

Writers and creatives will have a chance to use their writing muscles for this year's poetry slam. The theme 'alone together' is a chance to write about how the pandemic has changed what the holidays will look at feel like this year. Writers are encouraged to

express how they feel about it, how it's affecting them and how to make the holiday season better, bringing those we love closer to us as much as possible. Deadline to submit poetry videos is Dec. 10.

All video submissions for the week's activities can be sent to elf@holidayalley.ca. Holiday Alley TV can be streamed through the Holiday alley website at holidayalley.ca.

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Selkirk Mental Health Centre to receive COVID unit

Spaces for COVID-19 positive patients needing mental health services

By Katelyn Boulanger

With space filling up in Winnipeg's Health Sciences Centre's unit dedicated to helping COVID-19 patients with mental health needs, expansion of the number of beds was needed and Shared Health has announced that this will mean a second COVID unit will be created at the Selkirk Mental Health Centre.

"In recent weeks, with increased community transmission, three of the eight available beds for COVID positive mental health patients at HSC have been occupied. As of last week, occupancy in that unit had increased to five of the eight available beds," said a spokesperson from Shared Health in a written statement to the *Selkirk Record*.

This increased need caused work to begin on what the Shared Health spokesperson said was Phase two which includes a 10-bed isolation unit located at Selkirk Mental Health Centre to admit medically stable, COVID-19 positive patients who require

inpatient mental health services.

The spokesperson said the unit will house, "Cooperative patients under the age of 50 who are positive for COVID-19."

However, patients with more complex medical needs, either COVID-19 related or associated with addictions or mental health conditions, will continue to be treated at HSC.

"As admissions increase, the plan will support the safe transfer of medically stable COVID positive patients to SMHC. Similarly, should a patient, regardless of COVID status, at SMHC require more complex care, they would be transferred to Winnipeg," said the Shared Health spokesperson.

When concern was brought up about the institution of a COVID unit at a health centre without any COVID cases yet at the daily Manitoba press briefing on Nov. 26, chief provincial public health officer Brent Roussin stated that safety will come down to how the project is implemented.

"We have a lot of safety mechanisms

in place so there's a lot of infection prevention and control policies that need to be ensured that they are being followed, strict adherence to PPE guidelines, strict adherence to all of these safety protocols and really when all of these are in place then we've dramatically reduced the risks," said Roussin.

Roussin said that he did not have any specifics about the Selkirk Mental Health Centre to share.

Selkirk Mental Health Centre was contacted for more specifics as to the safety of staff and patients and passed the request for information to a provincial spokesperson who said that SMHC specializes in the care of psychiatric patients, and staff are trained in Infection Prevention and Control

practices related to this population. SMHC developed procedures with consideration to the unique challenges related to psychiatric patients. All staff have been trained in proper PPE

procedures, and PPE is available and accessible. SMHC continues to follow all public health directives and has taken steps to decrease the risk of COVID-19 within the facility including implementation of strict infection prevention and control precautions, enhanced cleaning protocols, daily screening of patients, daily screening of staff prior to their shift, universal use of personal protective equipment, and visitor restrictions as needed. Patients diagnosed with COVID-19 will not be placed with other patients at SMHC, but will rather be admitted and transferred to a unit dedicated to COVID-19 patients only.

As of November 27, 2020, the Selkirk Mental Health Centre's ICU for COVID patients has not been activated.

"WE HAVE A LOT OF SAFETY MECHANISMS IN PLACE SO THERE'S A LOT OF INFECTION PREVENTION AND CONTROL POLICIES THAT NEED TO BE ENSURED THAT THEY ARE BEING FOLLOWED, STRICT ADHERENCE TO PPE GUIDELINES, STRICT ADHERENCE TO ALL OF THESE SAFETY PROTOCOLS"

- BRENT ROUSSIN.

Selkirk RCMP locate unconscious man while on patrol

Officer's quick actions help man in medical distress

Submitted by the Manitoba RCMP

On Nov. 22 at approximately 1:05 am, a Selkirk RCMP officer was patrolling the community when he approached a vehicle running in the parking lot of a business on Main St. in Selkirk. At first, it appeared that the vehicle was unoccupied, but as the officer got closer, he saw that a male was reclined in the driver's seat. The officer knocked on the window and received no response. He

opened the unlocked door and discovered the male was in medical distress.

The male stopped breathing, and the officer immediately initiated chest compressions. When the male was breathing again, the officer was able to get him out of the vehicle to perform CPR. Another RCMP officer was nearby and attended immediately to assist. Both officers continued to provide medical assistance to the male until EMS arrived.

The male is in stable condition in hospital.

"RCMP officers are trained for all kinds of emergencies," said Inspector John Duff, Officer in Charge of Selkirk RCMP Detachment. "We are so glad that the officer had the skills and the awareness needed to save this man's life. You never know what to expect when you head out on a shift, but you always have to be prepared, and this officer certainly was."

>40% Humidity drops Covids?

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<https://aaqr.org/>

COVID-19 contagion lower in world's humid areas. So, I wrote Health Ministers/Officers: "Via licensing, require all public places be > 50% RH. Suggest water on low simmer to humidify until condensation on windows, and isolate forced air heat to basements to reduce aerosols circulation in homes."

Discussion: www.GrantRigby.ca

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Outbreak declared at Lakeshore General Hospital

Staff

Public health officials advise 11 additional deaths due to COVID-19 have been reported today including:

- a male in his 30s from the Winnipeg health region;
- a female in her 40s from the Winnipeg health region;
- a female in her 70s from the Winnipeg health region, linked to the outbreak at Health Science Centre unit GA3;

- a female in her 80s from the Prairie Mountain Health region, linked to the outbreak at Fairview Personal Care Home;

- a male in his 80s from the Prairie Mountain Health region, linked to the outbreak at Fairview Personal Care Home;

- a male in his 80s from the Southern Health-Santé Sud region, linked to the outbreak at Villa Youville Personal Care Home;

- a male in his 80s from the Winnipeg health region, linked to the outbreak at Charleswood Care Centre;

- a male in his 80s from the Winnipeg health region, linked to the outbreak at Golden Links Lodge;

- a female in her 90s from the Winnipeg health region, linked to the outbreak at St. Norbert Personal Care Home;

- a female in her 90s from the Winnipeg health region; and

- a male in his 90s from the Southern Health-Santé Sud region, linked to the outbreak at the Bridgepark Manor assisted living facility.

The current five-day COVID-19 test positivity rate is 13.4 per cent provincially and 13.7 per cent in Winnipeg. As of 9:30 a.m. today, 343 new cases of the virus have been identified. However, one case was removed due to a data correction making the total 342 and the total number of lab-confirmed cases in Manitoba to 16,825.

Today's COVID-19 data shows:

- 23 cases in the Interlake-Eastern health region;
- 46 cases in the Northern health region;
- 14 cases in the Prairie Mountain

Health region;

- 53 cases in the Southern Health-Santé Sud health region; and

- 207 cases in the Winnipeg health region.

The data also shows:

- 9,260 active cases and 7,253 individuals who have recovered from COVID-19;

- there are 342 people in hospital with 43 people in intensive care due to COVID-19; and

- the number of deaths due to COVID-19 is 312.

Laboratory testing numbers show 2,611 tests were completed yesterday, bringing the total number of lab tests completed since early February to 355,081. Case investigations continue and if a public health risk is identified, the public will be notified.

The Interlake-Eastern total case breakdown by district as of Monday, is as follows: A total of 1,123 cases, up by 154 from last Monday: 536 active cases, 572 recovered, 28 currently in the hospital with five of those in ICU and 15 deaths.

Arborg/Riverton 15 active cases, 29 recovered; Beausejour 17 active cases, 21 recovered; Eriksdale/Ashern 68 active cases, 27 recovered and 6 deaths; Fisher/Peguis 96 active cases and 174 recovered, 2 deaths; Gimli 13 active cases, 4 recovered; Northern Remote 55 active cases, 46 recovered and 1 death; Pinawa/LacduBonnet 17 active cases, 14 recovered; Powerview/Pine-Falls 15 active case and 13 recovered; Selkirk 32 active cases and 17 recovered and 1 death; Springfield 47 active cases and 53 recovered and 1 death; St. Clements 20 active cases and 21 recovered; St. Laurent 3 active cases and 7 recovered; Stonewall/Teulon 45 active cases, 67 recovered and 3 deaths; Unknown District 38 active cases and 34 recovered; Whiteshell 8 active cases, 2 recovered and Winnipeg Beach/St. Andrews 47 active cases and 46 recovered and 1 death.

Public health officials advise COVID-19 outbreaks have been declared at the Lakeshore General Hospital in Ashern and West Park Manor Personal Care Home in Winnipeg. The sites have been moved to Critical (red) on the #RestartMB Pandemic Response System.

The outbreaks declared at Women's Correctional Centre in Headingly and the Keyask Generating Station near Thompson have been declared over.

Possible exposure locations are listed online by region at the province's #RestartMB Pandemic Response System webpage. For up-to-date information on possible public exposures to COVID-19 in regions, visit www.gov.mb.ca/covid19/updates/flights.html#event and click on your region.

The chief provincial public health officer urges Manitobans to only leave their homes for essential purposes. When leaving the house to obtain essentials, be sure to physically distance, wear a mask in indoor public places and avoid crowded spaces. Do not leave the home if you are sick, or when any member of your family is sick. Further, do not socialize with anyone from outside your household.

Public health officials are also advising that if anyone has symptoms of COVID-19 or has a household member with symptoms, the entire household needs to self-isolate pending COVID-19 test results. For information on self-isolation, visit <https://manitoba.ca/covid19/fundamentals/self-isolation.html>.

The online assessment tool can be found at <https://sharedhealthmb.ca/covid19/screening-tool/> and COVID-19 symptoms can be found at <https://manitoba.ca/covid19/fundamentals/symptoms.html>.

For up-to-date information on COVID-19 in Manitoba, visit www.manitoba.ca/COVID19.

For up-to-date information on the #RestartMB Pandemic Response System, visit:

<https://manitoba.ca/covid19/restart-mb/prs/index.html>.

Contact Health Links-Info Santé at 204-788-8200 or 1-888-315-9257 (toll-free) if you're experiencing symptoms of COVID-19.



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Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

EDITORIAL

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View the Selkirk Record online at selkirkrecord.ca

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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A chance to win and support local businesses

City of Selkirk Presents 7 Days of Giveaways December 7th – 13th

Submitted by the City of Selkirk

The arrival of snow finally has it looking and feeling a lot more like the holiday season and the City of Selkirk is jumping on the bandwagon with its 7 Days of Giveaways online event.

Seven lucky winners will share in \$700 worth of giveaways, that you can use for gift shopping or to treat yourself!

The giveaways kick off on Monday, Dec. 7 and all you have to do is head to the City of Selkirk Facebook or Instagram page and look for the daily video posted at 8:30 a.m. To enter, follow the City of Selkirk, like the video and reply to the daily question in the comments.

“This year with COVID-19, we weren’t able to provide the community with so many of the events that people look forward to each year, and with continued, tighter restrictions it’s hard for many people to get out shopping or even get into the holiday spirit. That’s why we’re hosting the 7 Days of Giveaways,” says the City’s Culture Coordinator, Ellie Longbottom.

The city is gifting up to \$100 worth of Biz Bucks and City of Selkirk merch

from the online shop each day for seven days. Biz bucks are gift cards that can be spent at nearly 40 local businesses within Selkirk, St. Andrews, St. Clements and West St. Paul. The City’s online shop, Shop.MySelkirk.ca, features T-shirts, hoodies, mugs, fishing lures, hats and more. Profits from all online sales are donated to the Selkirk Parks and Heritage Endowment Funds and go directly back into the community to help deliver programs, services and amenities for citizens and visitors.

The holiday season is normally the busiest time of year for merchants, but the continuing COVID-19 provincial restrictions have made this year a challenge.

“We wanted to give the community something special to look forward to while supporting local businesses. Supporting local businesses has never been more important”, says Longbottom.

The city would like to remind everyone that this is an online event only. The contest is free and open to anyone with a Facebook or Instagram account.



RECORD PHOTOS SUBMITTED

Chuck celebrating the 7 days of Giveaways.

Each day by 9 a.m. the previous day’s winner will be announced and contacted by direct message.

To check out the city’s Facebook

page visit facebook.com/cityofselkirk and their Instagram handle is @cityofselkirk.

Worldwide Selkirk sing-a-long

Bringing together strangers with one strange connection

By Holiday Alley

The community of Selkirk in Manitoba, Canada is hoping its neighbours around the world will join the chorus for a world-wide Selkirk sing-a-long.

Selkirk, Manitoba normally hosts a two-day winter street festival – Holiday Alley – that had to move to a virtual event this year thanks to COVID.

That switch up actually allowed the winter festival to expand its thinking and reach out to cities, towns and hamlets that share the same name – Selkirk. The festival organizers have found nine other Selkirks in New York, Michigan, Kansas, Missouri, Pennsylvania, PEI, Ontario, Yukon Territory and across the pond in Scotland.

The pan-world sing-a-long is to the tune of the 12ish Days of Holiday Alley – which takes inspirations from the 12 Days of Christmas. Selkirk, Manitoba says it will provide the re-vamped lyrics

and instructions on how to shoot your music video and edit the final contributions into a 12-verse video.

“It’s been a tourism dream of Red River North Tourism in Manitoba, Canada to connect with other Selkirk communities and what better time than now,” said RRNT President Lois Wales.

“The more we expand this festival, outside of the in-person two days – we more we realized that holiday cheer can connect strangers with even the strangest commonality – a city name,” said Wales.

Selkirk, Manitoba’s Mayor Larry Johannson said it reminds him of the ‘sister city’ program that some municipalities have done internationally.

“I know the Holiday Alley elves have pulled together some pretty clever lyrics and with the magic of video, they will create something that will not

just uplift this community but inspire people across the world. Does it have viral video possibilities? We hope so. But more importantly, it’s a chance to do something together as many people can’t celebrate their normal holiday traditions this year,” said the Selkirk, Manitoba, Canada Mayor.


Musical contributions can be from be a solo singer, a duo, all the members of a family or a choir - shot within the COVID rules of the day and the rules in each Selkirk community.

Holiday Alley decided to play with the idea of the “12ish” days of Holi-

day after code red in Manitoba, Canada was put in-place. The “12ish” days captures the mutual feeling of how easy it is to lose track of days and time during COVID.

For those Selkirks who aren’t big fans of singing on camera, Holiday Alley invites you to send in your greeting from any Selkirk you may be from.

To get a copy of the lyrics and the music bed – so everyone is on the same beat – please register with our Elf at elf@holidayalley.ca. Video submission deadline December 10th, 2020.




217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline **Mondays at 4 p.m.**

Office Hours: **Monday-Friday 9:30-5:00**



Tips from the Red Zone

Your community gives their best advice for staying home during COVID

By Katelyn Boulanger

The *Selkirk Record* asked some well-known members of our community as well as *Record* readers what they will be up to now that the province is asking residents to not socialize with people outside of our households and many activities have had to be cancelled to keep everyone safe from COVID-19. They delivered again with great advice and ideas to keep ourselves busy and motivated while at home which we've compiled in this second instalment of Tips from the Red Zone.

"My best advice is to stay at home as much as possible at this point. Keep busy by starting a new hobby and explore your creative side. Try sewing, woodworking, baking or something you've never done before. We all miss human contact, so make it a point to phone a family member, friend or neighbour on a daily basis to make sure everyone is okay. We have to help each other and stay connected more now than ever during these unprecedented times without physically seeing each other. Please stay safe and when you have to go out, please wear a mask and ensure six-foot distancing," said St. Andrews mayor Joy Sul.

"I stay positive and enjoying spending time with my pets. One other thing I would like to bring up. When things do level out, please support and shop local," said Kent Scramstad, Business Manager of the Steelers.

"During COVID, I have spent more time at home which has given me the opportunity to complete some home projects that have been pending for a long time. Projects like painting the garage, finishing landscaping in the

yard and a general clean up around the house. Spending more time around home also means more time in the kitchen cooking, we have explored many different types of food from different countries around the world. We have also discovered a new appliance called the soup maker. Soup has become a regular addition to our weekly meal plan. We have also found new ways to connect with our family and friends, we recently participated in a virtual trivia night with Selkirk Judo Club. It was fun and we plan to introduce the trivia game to our family and friends over the Christmas holidays.

As Christmas draws closer, we will look to complete our Christmas shopping by shopping local on-line or curbside pick up. We will miss the busy shopping malls with Christmas music playing and the community Christmas hall dinners that have become a family Christmas tradition. This year we will look to start some new traditions while we keep everyone safe," said Brett Mitchell, owner of the *Selkirk Record*.

"As Coordinator of the Selkirk Operation Red Nose, because we are not operating this year I now have my weekends free when normally we would be starting this weekend. So, I finally have some time to sit and write Christmas cards to send out. I will be especially thinking of some of my family and friends who are probably not seeing anyone other than the people they live with or only one other person. I hope reaching out this way lets them know that although we can't meet with them I am still thinking of them. And who doesn't like getting mail," said Leslie Hanson.

"When we are mostly at home



RECORD PHOTO BY KATELYN BOULANGER

What are you doing while staying home? Let us know by emailing news@selkirkrecord.ca.

these days with the COVID-19 global pandemic, and now in the code red, critical stage, I have tried to get some order in my home. Going through closets and parting with clothes that have been hanging around way too long, getting rid of 'treasures' I no longer need or picking up a book I've wanted to read for some time, I am making very slow progress. One thing I have done is staying active, regularly

walking, I find it relaxing and am able to gather my thoughts deciding what to do next," said St. Clements mayor, Debbie Fiebelkorn.

"The year 2020 has brought many challenges and impacts from the global pandemic. As many others have, I also had to adjust to the new normal of working and staying at home. My focus has been on working on developing healthy eating and work-life balance. I have been like many others, going on the Internet to learn to cook new recipes and online meditation and grounding sessions. This is all in between of course some Netflix binging on various series like the 'Tiger King, Utopia, Unnatural Selection and The Last Kingdom'," said St. Clements CAO Deepak Joshi.

We're once again opening it up to you. Please send your best stay at home tips, what your family will be up to, or motivation and positivity messages for the community to news@selkirkrecord.ca for the next instalment of Tips from the Red Zone.

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A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

The Selkirk Record

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peter@northredcfdc.com

Mental Health a concern while addressing impact of COVID

Town hall encourages outdoor time to help battle pandemic fatigue

By Nicole Buffie

As the first nine days of stringent rules placed on Manitobans passed, residents once-again took to the phone lines to ask advice and clarity of the province's top doctors regarding the level red public health orders.

The third instalment of the province's telephone town hall series expanded on the discussion surrounding the potential impacts to Manitobans mental health and well-being due to the COVID-19 pandemic and public health orders restricting social and household gatherings.

In his opening monologue, Chief Provincial Public Health Officer Dr. Brent Roussin reiterated the importance of the 'circuit breaker' orders, saying it's the only way to control the spread of the virus.

"It's been really tough on Manitobans, Canadians and people around the world," he said. "But you know, it's going to be a relatively short period of time, we really need to get these

numbers down and then we can start looking at some easing some of these restrictions."

One caller asked the panel of doctors if they are concerned about the rise in suicides and diminished mental health status of residents in the province and what they are doing to serve that population. Dr. Jazz Atwal, a medical officer of health for Manitoba Public Health, said while the mental health of Manitobans is important, mitigating the fatalities from COVID-19 is too.

"Those deaths impact families; they impact husbands, wives, daughters, sons, and those are significant mental health stressors as well," he said.

Atwal plugged mental health services offered by the province via their website, while also encouraging spending time outdoors.

Leisure time spent outdoors has been a point of confusion for some, with many asking for clarification on how they can spend time outside

with friends and family without going against public health orders.

In the province's official documentation, the order states "all persons are prohibited from assembling in a gathering of more than five persons at any indoor or outdoor public place or in the common areas of a multi-unit residence."

One resident tuned in to the town hall to ask if the province will consider easing restrictions so outdoor activities can be enjoyed to a fuller extent, such as skating on outdoor rinks and the Forks river trail. Atwal assured the caller that as the number of hospitalizations decrease and the healthcare system can sustain the amount of COVID patients in care, the province will look to loosen restrictions.

"We're going to be looking at the orders on an ongoing basis and only have the orders with the least amount of restrictions on Manitobans," he said. "I think there's opportunities to perhaps lessen the restrictions, exactly how that looks it's a little bit too early to tell."

During the Nov. 19 telephone town hall, a poll question posed to listeners

asked to what extent they are staying home and following public health orders. Over 3,000 of the 23,000 total listeners to the town hall responded saying they were staying home and only leaving if absolutely necessary. Nearly 2,200 residents said it was guidance from the government which made them stay home and abide by the restrictions.

The forecast of what easing restrictions will look like in the future is still unclear, as Roussin said without them the province was projecting to see 800 new cases of the virus identified every day by Nov. 22. He said as the numbers go down restrictions will ease, but residents must be prepared to have them reinstated if and when cases make another surge.

"There will be an end, every pandemic has an end," Roussin said. "We all have to get through this and know what we need to do at the right time, but it's very possible we can start lifting some of these restrictions in the relatively near future. But we're not going to be back to normal for a while."

Canadian Armed Forces ask for holiday greetings

Submitted by Cathy Coss

Many Canadian Armed Forces (CAF) members deployed abroad will not be home with their families this holiday season, and one official CAF social media account has a simple request.

The popular Canadian Forces in the US Twitter account put out a request for holiday greetings that can be sent to CAF members abroad.

"Many of us will spend the holidays with our families. Many of us will not. It would mean a great deal to us if you sent them a greeting," the message said. Canada Post is continuing with free delivery of letters and parcels to deployed troops from their family and friends during the 2020 holiday season, but you can also send a greeting card or letter to any CAF member if you wish, though you will require postage in that case.

Simply mail a stamped letter or card to:

Any Canadian Armed Forces Member
PO Box 5004 Stn Forces
Belleville, ON K8N 5W6

These envelopes may only contain correspondence. No other items can be mailed to the "any CAF member" address. Packages containing anything else will be returned to you at your expense, the government says.



Letters must arrive by Dec. 9.

You can also specify a specific mission or region to send your letters or cards.

Schools, groups, businesses and associations may send cards and letters bulked in a parcel to "Any Canadian Armed Forces Member". The parcel is not to contain any other item other than correspondence and requires postage.

Christmas cards typically need to arrive by Dec. 9 in order to be shipped in time for Christmas, but they will continue to be accepted and mailed afterwards too, and for other holidays, the CAFinUS told CTV News.



RECORD PHOTO SUBMITTED

The Canadian Forces are hoping that their troops posted over seas can receive letters to brighten their spirits during the holidays.

"It really would mean a lot to them," the CAFinUS account added. You can find more information about how and

where to send items to CAF members on the government's website.

Gaynor Family Education Fund receives donation

Fund increased to one million to support Selkirk and area student's futures

By Selkirk and District Community Foundation

At the Selkirk and District Community Foundation the words 'Here for Good' are more than a tagline, they're a commitment that board and staff members take seriously.

And one thing they all know for sure is that it's the kindness and dedication of folks like Jim and Betty Anne Gaynor that ensure 'here for good' rings true.

The Gaynors, who operated Gaynor Foods in Selkirk for 24 years, have been steadfast in their commitment to giving back to a community they never lived in, but consider a second home.

In 2018, the Gaynors, along with a silent partner, established the Gaynor Family Education Fund with a \$750,000 donation. And last month, which was National Philanthropy Month, they topped it off with another \$250,000 to make it a one million dollar fund.

Aaron Martyniw, Chairman of the SDCE, says it's difficult to find words to express the gratitude he and the Board Members feel for the Gaynor family.

"Jim and Betty Anne have always been great friends of the Foundation and their compassion for this community is limitless," Martyniw said.

"Their latest donation will benefit young learners when the fund pays out in 2022 and will continue to provide opportunities as the years go by, and for that, we cannot thank them enough."

The fund will assist Lord Selkirk Regional Comprehensive School graduates with financial support to pursue post-secondary education. At least 17 scholarships and bursaries will be awarded.

The Gaynors hold Selkirk near and dear to their hearts and are proud to be able to help young people further their education.

"We're pleased to be in a position to assist people in the community that has been very kind to us for so many years," Jim Gaynor said.

"We have a very deep appreciation for the community and the way we were received and supported over many years and we really feel good about the time we spent in business there. I still feel good about the community."

Betty Anne Gaynor called Selkirk "a wonderful community with really good people," and said they're pleased to be able to help ease the financial burden for students transitioning from high school to post-secondary education.



RECORD PHOTO SUBMITTED

Jim and Betty Anne Gaynor, at the awards gala in 2018, have topped up the Gaynor Family Education Fund, which will begin paying out in 2022.

"It's good for students to have funds to enable them to move forward after high school, and nice for them to know that there is funding available," Betty Anne Gaynor said.

The fund will pay out to students looking to pursue a wide range of post-secondary options, including universities, colleges, academies, seminaries, institutes of technology,

vocational schools, trade schools and other career colleges that award academic degrees or professional certifications.

The Gaynor Family Education fund complements the Gaynor Family Fund, which supports local organizations that deliver youth and child-focused programs.

Additional disability support arrives in Interlake

Clinician and programming to provide services to children and families

By Nicole Buffie

Families struggling to care for their children with exceptional needs in the Interlake will now have another route to explore as Inspire Community Outreach has expanded their programming and services to the area.

The Winnipeg-based organization founded seven years ago by Angela Taylor provides therapy, education and programming to children, caregivers and support workers tending to the needs of those living with mental health issues and neurological differences.

Taylor, now the executive director of the non-profit, said the decision to expand to different regions came from a growing need to assist families that can't find proper support.

"A lot of the time, the reasons that

families can't find services is because the kid is too complex," she said. "The system actually doesn't even know what to do with them, so they're denied from service after service after service. We actually specialize in those kids that don't fit anywhere else that can't seem to find support for their families."

Taylor said since the onset of the pandemic the organization has seen the need for their services grow as families struggle to adjust to at-home school and work.

"Families are finding it really difficult to find any kind of meaningful support, we hear this every day," she said of programs available to those living outside city limits. She noted many families are turned away from programming due to a lack of avail-

ability, staff or cost being out of an individual's budget.

"So for us, it's about really just meeting people where they are, wherever they are, and whatever speed they need," Taylor said.

Melissa Schofield, the newest clinician to join the team and provide services to those in the Interlake region, said in the three months since she's been in the position she's already built a clientele base in the community she knows very well.

"I believe in supporting the community that I was raised in, and I truly love the Interlake," she said.

Schofield said families in the area face the same difficulties as those within Winnipeg, if not more due to the fact that there are fewer options for support.

"When you move farther out of Selkirk the help and services become less and less," she said. "People don't travel out to Arborg or Riverton, so the gaps are bigger and bigger."

She hopes the services Inspire provides will further strengthen families and those within the community, and those individuals can in turn provide support to others.

"Parents that have children with disabilities, or parents that have children with mental health issues, those are communities within a community," she said.

Taylor said while they work with families and caregivers to provide support that fits within their budget, the organization will also be providing free materials online such as videos and printouts with the goal of providing education that doesn't take up a lot of time.

"Our mandate is community first, it's not finances first," she said. "And if I need to volunteer my time, then I then I will."

"We're very resourceful and we're all in it to win. We're all in it to love our community and help our community."

Selkirk area fishers hit the ice



RECORD PHOTOS BY KATELYN BOULANGER

Some adventurous ice fishers took to the Red River on Nov. 28 trying to catch the big one. Though certain parts of the river are solid enough to support the weight of a person, fishers wishing to get out of the house and on to the ice should be extremely cautious as the ice in the area is still thin in many places.



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Selkirk Community Choir brings Christmas Cheer

Virtual event allows residents to attend Christmas concert in 2020

By Katelyn Boulanger

The Selkirk Community Choir, after hosting its second six-week series of virtual sessions for singers, is inviting residents to attend their virtual Christmas Carol Sing-A-Long to keep the spirit up in a year when getting together won't be possible for many families.

"We're going to sing traditional Christmas carols and it's going to be led by the Emmers family," said Kendra Obach, Conductor of the Selkirk Community Choir.

The event will take place on the evening of Dec. 15 at no cost as this is something that the choir wanted to offer to the community.

Beth Emmers, a piano teacher as well as the accompanist for the Selkirk Community Choir will play while her family sings leading the evening's event but music and lyrics will be available for all attendees that might want to sing with the family.

The choir wanted to make sure that they had an event for people to attend

this December as the usual ways that they connect with members of our communities, for instance, singing at Holiday Alley aren't possible this year.

"I think that Christmas is a time where people are very used to coming together and very used to singing together and as part of our mandate as a community choir we believe that community outreach is a big part of our role of connecting people together," said Obach,

Residents are asked to register for the event by Dec. 13 by contacting the choir by email so that they can send you a link to the Christmas Carol Sing-A-Long zoom session as well as the PDF with lyrics to the songs they plan to sing.

She encourages residents to take part to bring a little bit of the traditions of Christmas into their home in a Christmas that might not be very traditional in many other ways.

The choir has also had a great deal of success with their second six-week



RECORD PHOTO SUBMITTED

The Selkirk Community Choir performing a Christmas Concert before the COVID-19 pandemic.

digital choir series.

"We made the transition to our digital format and clearly it's not the same as getting working towards a concept or a concert but it has still been really nice to be able to make some music and see each other's faces and know that people are singing in the same time in the safety of their own homes," said Obach.

She says that the second six-week session with the choir has been going really well and, though there have been changes that have been made along the way to make the experience better, it's been nice to continue to have that community connection in an organized musical structure.

"We know how uncertain the future is at this point but we are taking the time to just appreciate the experience and focus on growth and focus on community rather than focusing on individual performance and then

if people can't be there one night it's not a big deal," said Obach.

She wants residents to know that they intend to put together another six-week choir session come the new year and they invite anyone interested to join into one of their virtual sessions to see if it's something that interests them.

"Even if you aren't hearing everyone, seeing those other faces and knowing that there are other people with similar interests and feeling that sense of belonging even without leaving your home or seeing people in person is something that's a wonderful thing that we can provide for this community at this point in time," said Obach.

The six-week singing sessions cost \$15 to participate in.

To contact the Selkirk Community Choir email them at selkirkcommunitychoir@gmail.com.



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A pebble to some, a Picasso to others

Local art maker brings new business to Interlake for holiday season

By Nicole Buffie

Walking down the unpaved roads and paths of Birds Hill Park and Victoria Beach, Anna-Maria Kovacs isn't thinking of the crunch of the gravel beneath her feet as she strolls along with her six-month-old son, she's looking for the perfect, smooth pebble that will be part of her next piece of art.

In 2016, Kovacs dealt with the loss of her dog Cocoa. As a way to cope and memorialize him, she arranged pebbles into the shape of a paw print, glued it to cardstock and framed it. That Christmas, she made a few similar designs for family members but then put down her pebbles for a while.

Fast forward to August of this year, on maternity leave with a newborn and looking for ways to fill her time, she found the rocks she once used to arrange the artwork and started to play around with them, making art for around her home. Now, she's turned the hobby into a business: GlitterGiggle Designs.

The pieces, all custom orders, are handmade by Kovacs. After posting her first piece made since finding her old materials on social media, inquiries to make similar items flooded her inbox.

"I took it to Facebook Marketplace and that boomed, so I decided to make a little business out of it," she said.

She makes the pieces by request from customers, ranging from animals to depictions of families to holiday themes such as Christmas trees and string lights.

Her most requested design? A rock figure seated on the toilet, the design she made to decorate her bathroom after finding all of her old materials.

After finding the most ideal pebbles for her projects, she scrubs them clean then sprays them with a clear protec-



Kovac's most requested design for her pebble art: a pebble person lounging on the toilet.

tant to make them shine. Once they're arranged in the requested design, the stones are glued down, framed and ready to go.

"Hearing how much [my customers] actually enjoyed it or when they give me an idea and then I give them what they wanted and they love it, I love that feeling," she stated as being a perk of the business.

Kovacs sells her pieces on Instagram and Facebook.

She said this coming holiday season and during the COVID-19 pandemic folks should consider shopping local.

"I'm challenging my friends and family to do a local Christmas this year because lots of people have lost their jobs due to COVID," she said. "So the people that [are smaller] vendors essentially are getting hit the most. So, if [people in our area] can do a local Christmas and support the little shops that's amazing for them."

While code red restrictions have shuttered all nonessential businesses, Kovacs relayed the importance of supporting small makers.

"Big box stores are making money anyways, but if someone lost their job due to COVID and they can't work right now, this is their bread and butter doing a little hobby business," she said.

To place an order with Kovacs, contact her through social media through Facebook at Facebook.com/GlitterGiggleDesigns or Instagram at@GlitterGiggleDesigns.



RECORD PHOTOS SUBMITTED

Anna-Maria Kovacs, creator of GlitterGiggle Designs, is encouraging Manitobans to shop local this holiday season.

Having fun isn't hard, when you've got a library card



RECORD PHOTO BY KATELYN BOULANGER

Don't forget that the Gaynor Family Regional Library's building might be closed but that doesn't mean that library services are on hold. The library continues with its online offerings in addition to curbside pick up. Don't have a library card? No problem as the library has changed its policy requiring people to come in person to get a card and can now process card set up over the phone. Check out the library's website at gfri.org for more library info and give them a call to get a card at 204-482-3522





12ish Days of



by **IG WEALTH MANAGEMENT**

Holiday Alley TV

WATCH ONLINE ▶ holidayalley.ca  

**3 SHOWS!
4 NIGHTS!**



Down On Main Street, the Making of Holiday Alley

Mon, Dec 7, 7:00PM
Mon, Dec 14, 7:00PM

Want to know how Holiday Alley came together? We're premiering the film on how this community adopted its old downtown and filled it with light. You'll be inspired and you might even catch a glimpse of yourself!



City of Selkirk Holiday Family Quiz Night

Fri, Dec 11, 7:00PM

It's time for some at-home quiz night fun! Play online with your family at home, virtually link in your friends across the country, or have a laugh and test out your holiday knowledge on your own. There are prizes for all our holiday know-it-alls. Register for free in advance ▶ myselkirk.ca/quiznight



Holiday Alley Big TV Night

Fri, Dec 18, 7:00PM

It's our BIG night of music, dancing, and showcasing some Holiday Alley and Homes for the Holidays favourite moments. It's also a chance for you to catch all our usual favourites. Watch it live and also take part in giveaways throughout the night!

Foodie & a Film

Support Local Restaurants

Order pick up, delivery, and take out from your favourite local restaurant this holiday season.

Order your favourite meal during our Holiday Alley TV nights and bring home the feeling of joy, comfort, and creativity.

Christmas Take-Out Dinner

Get your tickets for the famous Christmas Take-Out Dinner from the Gordon Howard Centre

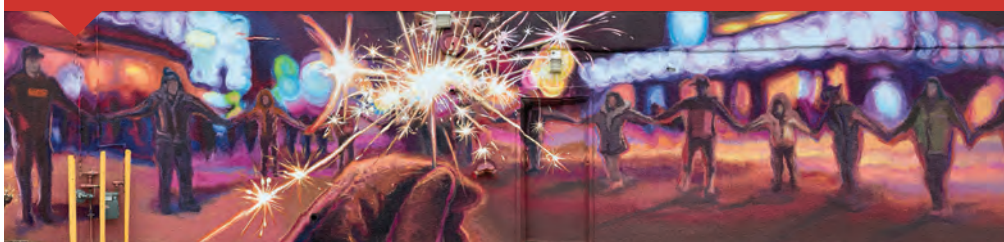
Order by Dec 9 for a pick up Dec 13
▶ 204.785.2092

Art Imitates Life

Holiday Alley Round Dance, 2019



Holiday Alley mural by Michel St. Hilaire



Holiday Alley 2020

is...

- ✓ A festival that continues to celebrate art, sound, light, creativity and culture when we need it most!
- ✓ A "tune-in," "drive-by," "pick-up" and "support local" event over 12-ish Days of Holiday Alley.
- ✓ Asking everyone to follow the public health guidelines of the day.

is not...

- ⊘ Asking people to gather in large groups.

12ish Days of



by IG WEALTH MANAGEMENT

1



3

four

5



6



7



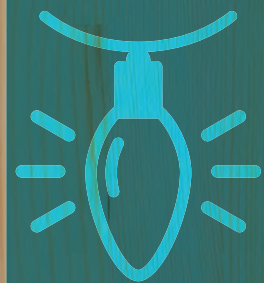
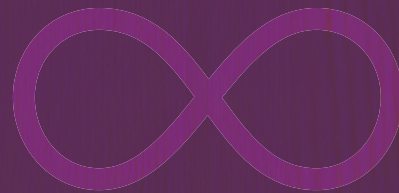
8

eleven

nine



10



12

- 1 Holiday Alley TV**
Three Holiday Alley shows! See page 1 for show dates and times.
- 2 The Gaynor Family Take-Home Soup Cook-Off**
With the help of the Gaynor Family and through the organizing efforts of Inclusion Selkirk, we're bringing Holiday Alley's annual Soup Cook-Off home to you! Taste soups from six local restaurants and vote for your favourite soup online! **Tickets:** \$40 (6 whole cups of 6 different soups). **Tickets available at:** Wishme, 377 Eveline St., Selkirk
Reserve your ticket today ▶ 204.785.2984 or wishme@inclusion.selkirk.ca
Pick up your soup package ▶ Sat, Dec 5, 12 NOON - 4:00PM, Riverside Grill, 386 Eveline St., Selkirk
- 3 Wishme Makers' Market**
Need to start (or finish) that holiday shopping? Find our curated list of makers, crafters, and local hand-made connoisseurs on holidayalley.ca! Shop local, support small, and give a gift you can't find anywhere else.
Our online marketplace is open ▶ Dec 1 - Jan 31
- 4 Selkirk Animal Hospital Pooch (& Pals) Parade**
These pets are lighting up their Ho-ho-homes for the Holidays, this year's theme for our annual pooch parade! Catch all the dressed up pets on Holiday Alley TV Friday, Dec 18 and be sure to place your vote for best decorated furry, fuzzy or feathery pals.
Deadline to send in your pooch video to elf@holidayalley.ca ▶ Dec 10
- 5 Make Your Own Mural**
Have you ever wanted to see your artwork turn into a mural? Now is your chance! Send in a photo of your drawings, paintings, and crafts and see it projected outside during Red River North Tourism's Holiday Yards of the Season community driving tour on Sat, Dec 19.
Deadline to send your artwork to elf@holidayalley.ca ▶ Dec 10
- 6 Poetry Slam**
With this year's theme, "alone together," we ask you for an original poem, sonnet, haiku, or performance about how the Holiday season feels this year, how it's affecting people, and how to try and make it better. Aiming to make people feel less alone while we're apart.
Deadline to send your poetry video to elf@holidayalley.ca ▶ Dec 10
- 7 Instant Win(e) Cellar**
We've got a stocking stuffer fit for that wine lover in your life. Get your tickets for Red River North Tourism's Instant Win(e) Cellar, a fundraiser to restore and revive the Captain Kennedy House in St. Andrews.
Tickets ▶ \$20 plus a donation of a bottle of wine. The more tickets you buy, the more wine you donate, the bigger the wine prize grows!
Adults, book your tickets ▶ 204.485.4881
Draw date ▶ Dec 30
- 8 TIY (Tree IT Yourself)**
Out for some fresh air with the kids or dog? Check out the TIY (Tree it Yourself) trees on Manitoba Ave. between Main St. and Eveline St. decorated by local businesses and organizations.
Make a note of your favourite decorated tree and vote on holidayalley.ca ▶ Dec 5 - Dec 19.
- 9 Holiday Tales & Trails**
The Selkirk Friendship Centre and Frontier College are excited to bring you Holiday Tales & Trails, a walking literacy program for families! Enjoy a walk down Manitoba Ave. in your tiny bubble and have a cohorted family outdoor storytime following the pages from window to window.
Walk and read ▶ Dec 4 - Jan 7
- 10 The Healing Path Mural Mapping**
Enjoy the re-animation of The Healing Path mural by artist Reality Craig throughout our 12ish Days of Holiday Alley, supported by Métis N4 Construction. See it on Holiday Alley TV from the comfort of your home ▶ Dec 18 or drive by during Red River North Tourism's Holiday Yards of the Season ▶ Dec 19
- 11 Community Sing-Along of "12ish Days of Holiday Alley"**
Whether that voice is old or young, squeaky or baritone, sing along to our new version of "12 Days of Christmas" rewritten to 12ish Days of Holiday Alley! See lyrics on the last page.
Send in your video ▶ by Dec 10. **We slice and dice it together and premiere it during Holiday Alley TV** ▶ Fri, Dec 18.
Email us for directions on how to submit your video ▶ elf@holidayalley.ca
- 12 Lights, Lights & More Lights...**
Join the Red River North Tourism's Holiday Yards of the Season drive-around light tour. It goes from downtown Selkirk to East and West St. Paul. Pack a snack or order local take-out. **On Dec 19, print the map and take the tour** ▶ redrivernorthtourism.com



GET VOTING

Vote online for:

- The Gaynor Family Take-Home Soup Cook-Off
- Selkirk Animal Hospital Pooch (& Pals) Parade
- TIY (Tree It Yourself!)

Find the voting forms ▶ holidayalley.ca



You can win prizes when you:

- Enroll in the Selkirk Animal Hospital Pooch (& Pals) Parade
- Submit your Scavenger Hunt form
- Vote for your favourite TIY tree online
- Enter your Eveline St. decorated apartment window in The Canadian Tire Light Up Eveline draw. Learn more ▶ info@holidayalley.ca
- Register for Red River North Tourism's Holiday Yards of the Season. Enter ▶ redrivernorthtourism.com
- Enter Holiday Alley's BIG social media contest



Santa left a video message for you!
▶ holidayalley.ca



Virtual Community Sing-Along 12ish Days of



by **IG WEALTH MANAGEMENT**

To enter the Sing-Along, register in advance
▶ elf@holidayalley.ca

Submissions due ▶ Dec 10

Watch the final results on Holiday Alley TV ▶ Dec 18

*On the first day of Holidays
the Alley brought to me
our hometown spark-ling with light...*

*On the second day of Holidays
the Alley brought to me
Two Santa snaps and
our hometown spark-ling with light...*

Third day... Three Metis jiggers,
Fourth day... Four pretty pups
Fifth day... Five re-ed masks
Sixth day... Six chefs a-cooking
Seventh day... Seven boys brushing
Eighth day... Eight makers making
Ninth day... Nine girls a-dancing
Tenth day... Ten sparklers sparkling
Eleventh day... Eleven poets playing

*On the twelfth day of Holidays
the Alley brought to me
Twelve drummers drumming,
Eleven poets playing,
Ten sparklers sparkling,
Nine girls a-dancing,
Eight makers making,
Seven boys brushing
Six chefs a-cooking,
Five re-ed masks...
Four pretty pups,
Three Metis jiggers,
Two Santa snaps,
and SELKIRK sparkling with light!*



Scavenger Hunt

holidayalley.ca



Walk or drive around Old Downtown Selkirk and solve these Holiday Alley clues to win gifts and gift cards donated by our sponsors! *While you roam... look for the gnome!*

1 Treasures untold: What surrounds a raven-haired Gypsy?
 5 golden rings
 5 gingerbread men
 5 colourful flowers

2 Get Footloose: The "Walk a Mile in My Shoes" mural is 97 feet long – but how many actual feet are depicted on it?
 100 20 12

3 Soup to share: Which of the local eateries competing in the Gaynor Family Take-Home Soup Cook-Off has a bowl of soup and a spoon on its sign?
 Sake Japanese Sushi
 The Mighty Kiwi
 Roxi's by the Red

4 The gift of love: Which of the Seven Sacred Teachings animal totems on the "Healing Path" Métis art mural carries the gift of love on its wings?
 Eagle Dove Pelican

5 Light up the Alley: A new Selkirk mural depicts light, art and creativity on the side of Roxi's on the Red – including what traditional dance?
 the hokey pokey the twist
 a Round Dance

6 O Christmas Tree: What colour is the Christmas tree in the front window of Wishme?
 Green White Red

7 Time to dine: Canadian crime show Burden of Truth makes the Riverside Grill its local café. The café's TV name graces the door – what is it?
 Chuck's Harry's Lucy's

8 Stop, sit, stay a while: In Selkirk's downtown at the new "pocket parks" on Manitoba Ave., you can play chess, checkers or ping pong. What else can you do there?
 Buy lunch Get an oil change
 Charge your phone

9 A giant honour: The mural on the side of Packer's Women's Fashions honours strong local women of the past, including which Indigenous Elder?
 Nahoway Sinclair Chief Peguis
 Senator Murray Sinclair

10 While you roamed...
...did you spot the gnome on Manitoba Avenue? What colour is his hat?
 Red Green Red & green

ENTRY DEADLINE ▶ Mon, Dec 21, 2020

WAYS TO ENTER ▶ at holidayalley.ca

Or drop off in mail slot, Selkirk Civic Centre, 200 Eaton Ave.

Name: _____

City/Town: _____

Phone: _____

Email: _____

My favourite thing about Holiday Alley 2020 was: _____

I am over 18 and consent to Holiday Alley using my information to contact me about future events.

OPEN Wednesday to Sunday noon to 8:00 pm



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- Shuttle service available starting OCT. 1. (Mask required)
- 1st shuttle @8:15am
- Cleaning & sanitizing of high touch areas will be in place
- Please practice social distancing
- We will do our best to accommodate out of town customers
- Limit 4 customers at a time inside office for drop off
- Thanks in advance for understanding & patience !!
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- 1 Place your order on homehardware.ca for pick-up at our store.
- 2 You will receive an email when your order is ready; accompanied by a phone number to arrange pick-up.
- 3 Call when you arrive. Be sure to have your ID ready, and we'll bring your order right to you.

Home Hardware 204-785-2773 Ext. 0 Hours: M-F 8-7, Sat 9-6, Sun 11-5

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www.pcexpress.ca

NOFRILLS 366 Main Street, Selkirk Town Plaza

HAULER #HAULER #HAULER
Aaron's



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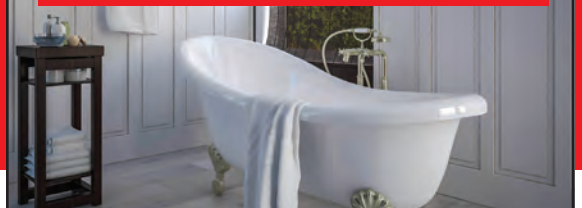
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2 Arrange a pick-up time. We'll have your order ready and waiting



3 Call when you arrive. Be sure to have your ID ready, and we'll bring your order right to you.

SHOP LOCAL



SHOP ONLINE



ORDER ONLINE



PICK UP IN-STORE

homehardware.ca

Store Hours:

M-F 8-7,
Sat 9-6,
Sun 11-5

CLICK & COLLECT

with Curbside Pick-Up Here's How it works:



1 Place your order on homehardware.ca for pick-up at our store.



2 You will receive an email when your order is ready; accompanied by a phone number to arrange pick-up.



3 Call when you arrive. Be sure to have your ID ready, and we'll bring your order right to you.



Selkirk Home hardware building centre

Selkirk 917 Manitoba Avenue 204-785-2773

Shopping locally is now more crucial than ever

The importance of shopping locally has been emphasized with increasing urgency in recent years. Events like

Holiday Alley and the Wishme Makers' Market have brought some much-needed attention to the importance

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of shopping local, which is even more crucial now as so many small businesses try to survive the pandemic.

A poll from the trade group the National Federation of Independent Business reported that about half of all the businesses in the survey reported a 25 percent drop in sales since the outbreak of the COVID-19 virus, and roughly one in five businesses have seen sales decline by more than 50 percent. If the economic climate does not radically improve, 20 percent of small businesses won't survive.

Individuals looking for everything from clothing to home improvement services to office supplies can look to small businesses to fill those needs right here in our community.

Look for small businesses for any and all of your shopping needs. Chances are items sold by big box retailers also are sold by small businesses. When the options are the same or similar, purchase from a small business instead of its big box competitor. Keystone Sporting Goods, Packers Women's Fashion and The Foot Shop are all examples of where to buy outerwear this winter.

Readily provide recommendations of small businesses with which you have done business. Too often people are quick to complain about places that have failed them, but those same

people don't think to say kind words about companies that went above and beyond. Share great experiences on social media or through word of mouth. Vinnies South Indian is a local business that has gone above and beyond sharing food to those who need it most in this time.

Talk to small businesses owners first if you have an issue. It's tempting to go directly to social media to complain about something, but such complaints can have a dire impact. Always take issues to the manager or business owner first to see if a resolution can be reached. A manager may not be aware of an issue at all. Give small businesses a chance to make it right before taking things public.

If you own a small business, rely on other small businesses to fulfill your needs. Order supplies from fellow small business owners, seek the help of local financial advisors and tax professionals and use local suppliers and delivery personnel. There are many great services right here in Selkirk. Our Biz Card directory has a comprehensive list of local services.

Small businesses have experienced unprecedented setbacks due to COVID-19. By supporting small businesses, communities can help them regain stable footing.

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> MEAL IDEAS



Bacon-Wrapped Asparagus

2 tablespoons olive oil
 1 teaspoon salt
 1/2 teaspoon pepper
 Preheat oven to 400 F. Line rimmed baking sheet with parchment paper.
 Wrap 2 asparagus stalks with 1 slice bacon. Repeat with remaining asparagus and bacon. Place bundles on baking sheet. Drizzle asparagus ends with olive oil and sprinkle with salt and pepper.
 Bake until asparagus is cooked through and bacon is crisp, about 20 minutes.

Servings: 10
 20 asparagus stalks
 10 slices Coleman Natural Hickory Smoked Bacon



Garlic Herb Tri-Tip

1 teaspoon salt
 1 1/2 teaspoons black pepper
 Preheat grill to high heat.
 Rub tri-tip with olive oil. Add minced garlic and use hands to evenly distribute.
 Combine chopped thyme, rosemary, salt and pepper; cover oiled tri-tip on both sides with spice blend.
 Place tri-tip on hottest part of grill and sear 2-3 minutes.
 Flip tri-tip and transfer to indirect heat. Continue grilling until internal temperature reaches 135 F for medium-rare.
 Transfer meat to platter, cover with foil and let rest 10 minutes.
 Slice across the grain and serve.

Prep time: 10 minutes
 Cook time: 30 minutes
 Servings: 6
 1 New Zealand grass-fed beef tri-tip (2 1/2-3 pounds)
 1/4 cup olive oil
 2 tablespoons minced garlic
 3 tablespoons fresh chopped thyme
 3 tablespoons fresh chopped rosemary



Sweet Potato Casserole with Pecans and Toasted Marshmallows

sour cream (optional)
 cooked bacon pieces (optional)
 green onion slices (optional)
 Preheat oven to 400 F.
 Lay wooden spoon flat on solid surface and place one potato in spoon. Using paring knife, slice 1/8-inch thick slices along length of each potato one at a time.
 In bowl, toss potatoes, thyme, parsley, garlic, olive oil, salt and pepper. Place potatoes on parchment-lined baking sheet, cut sides down. Bake 10 minutes, flip and bake 10 minutes, or until soft.
 Serve with sour cream, bacon and green onion, if desired.
 Photo courtesy of Getty Images (Holiday small bites)

Little Hasselback Potatoes
 Prep time: 10 minutes
 Cook time: 20 minutes
 Servings: 8-12
 1 bag (3 pounds) The Little Potato Company Holiday Blend
 10 sprigs thyme, removed from stem
 6 sprigs parsley, chopped
 4 cloves garlic, minced
 6 tablespoons extra-virgin olive oil
 1 teaspoon kosher salt
 1/2 teaspoon pepper

Combat COVID fears with mindfulness

By Gwen Randall

The mind-body connection is not just a theory anymore. Time and time again, science has validated the impact our minds have on our health, in the short-term and over time. Research documents the strong negative impact of stress on immune system function.

We are living in a pandemic, and we hear a lot about protecting the body physically, with masks, sanitization and distancing. We don't hear as much about protecting our immune system.

Science has shown that stress, worry, anger and negativity suppress the immune system. Positive thinking, being kind and loving, and creating inner peace strengthen it.

Even before the pandemic, stress was its own epidemic in our society. COVID has exacerbated this, and has brought our attention to some of the negative aspects of our lifestyles. The constant state of being "so busy," the multitasking and electronic demands have changed the way we live.

As biological animals, we were programmed to have balance in our lives. Just look at your pets. They can be full of energy and activity, but then they take a nap and are completely relaxed. Humans seem to have lost the ability to get into such a relaxed state.

We know that stress contributes to high blood pressure, overeating or drinking, poor sleep, and conflict in relationships. The same can be said of negative thinking. When we focus on blaming others for our unhappiness, or spend time gossiping about others, holding grudges, or replaying our hurts for years, it is only ourselves we are hurting.

One may argue that stress is happening to us, or coming from outside of ourselves. In truth, it is our per-

spective that creates the stress. When we focus on worst-case-scenarios, or feel powerless to change the way we think and feel, we are creating stress in our own minds. That stress impacts the physical system, and, as stated above, weakens our immune system.

A big part of my practice involves helping people to take control of their thought processes. This is not about people whose business is failing or a loved one is dying. Rather it is for those whose suffering comes from painful ways of thinking, and an inability or unwillingness to change a negative focus.

If there is a problem, it is better to focus on solutions rather than to worry in circles. Yes, a pandemic is serious and scary. It is also time to draw on our wisdom and resiliency. It is important to limit worry time, and instead focus on gratitude and make every effort to spread positive energy.

Yes, it is sad if we can't have a normal Christmas, but think of those living in war-torn or desperately poor parts of the world who have never had anything like a 'first-world' Christmas. One Facebook writer noted how great it is that we can still have food and wine delivered to our door!

What if our focus was on seeing how fortunate we are, and releasing any old ways of being that harm ourselves or others? Perhaps that is how we strengthen personal and global immunity.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

Start Your Seasonal Celebration with Small Bites

While main courses, sides and desserts may be what holiday memories are made of, you can calm family members' and guests' appetites with an array of appetizers like these:

- Meatballs
- Stuffed mushrooms
- Stuffed peppers
- Sliced cheese
- Sliced meats
- Crackers
- Spinach dip
- Cheesy bread
- Sliders
- Little smokies
- Fresh fruit and vegetables

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our Marlin Travel office will close, and we will be operating as Selkirk Travel as a home-based office.

Our phone number remains the same 204-482-3113. Email lesli@selkirktravel.com for all your travel needs!

A tale of two trails, converging into one

Red River North Trail expansion connects to national walkway

By Nicole Buffie

Two trails will now become one as 500 fresh meters of the Red River North Trail in St. Clements have joined up with the Trans Canada Trail, now formally called The Great Trail.

The new walkway spanning from old Henderson Highway to the abandoned rail bed will link the two popular trails together, affording those living in East Selkirk a chance to walk safely into Selkirk and other areas surrounding it via the new vein.

Dan Lester, executive director of Red River North Trail Association, said the project was three years in the making after St. Clements council showed interest in expanding their trails within the community.

"This is a huge community asset," he said. "It's a solution for recreation, for students walking, for a lot of amenities."

Lester said when St. Clements showed interest the organization got on board.

The \$44,000 price tag for the addition was paid for in part from the province's Building Sustainable Communities Program, a grant established to



RECORD PHOTO SUBMITTED

Five hundred meters of trail has been added along Colville Rd. to expand the Red River North Trail, connecting it to The Great Trail providing a safe route for walking and recreation to residents.

offset costs to communities looking to spruce up their areas. The other half of the cost came out of the RM's pocket.

Mayor Debbie Fiebelkorn said the new link will be a solution to those trying to get from areas that aren't necessarily linked via road or pathway.

"We want connectivity," she said. "We just want people to be able to connect to each other, and with the trails, it's a little bit easier."

Fiebelkorn said the addition will be especially helpful as level red restrictions across the province due to the

COVID-19 pandemic will have residents looking for ways to spend their free time.

"Whether you're walking, snowshoeing, or cross-country skiing, you can do any of those things on the trail," she said. "I think it opens up a lot of opportunities for residents and non-residents to have a good round of exercise in the outdoors."

Fiebelkorn wishes to expand the number of trails within the area to provide more recreation opportunities for the community. She said St. Clements council is in talks of ex-

panding, but where the trails might go is still under discussion.

Lester said he wants to work with any area showing a desire to further the Red River North Trail. The trail exists in nine municipalities within the province spanning over 225 kilometres. It was developed to be part of the much larger, country-wide trail, The Great Trail. The Great Trail extends from North to South, East to West across Canada consisting of over 27,000 kilometres of roads, paths, greenways and waterways.

Equal rights, equal voices, equal opportunities

Paige Mason chosen as Interlake-Eastern delegate for political conference

By Nicole Buffie

Paige Mason has been nominated as the Interlake-Eastern Equal Voice Daughters of the Vote delegate for the 2021 conference.

Mason, 20, is a political science student at the University of Winnipeg. She became interested in politics at a young age, participating in political groups and clubs at Lord Selkirk Regional Comprehensive Secondary School before pursuing her degree at the university.

Equal Voice, a multi-partisan organization which focuses on bringing women to the table in the political climate, has programming across Canada as well as mentorship and networking events, including the

Daughters of the Vote event.

Mason put forward her application to be a delegate for the area, and once accepted got right to work.

She sees issues with poverty and mental illness in the region and wants to see it addressed on a provincial level.

"Mental health help isn't always accessible for people who have a lower income, so I really want to work towards getting better funding for mental health supports because I think that will help with poverty," she said.

"I think people often criminalize poverty, people with mental health issues tend to end up in poverty and most aren't aware of that."

Mason looks up to female politicians

across the country, including Winnipeg Centre NDP Member of Parliament Leah Gazan and Niki Ashton, NDP MP for Churchill-Keewatinook.

Across the border, she admires Alexandria Ocasio-Cortez, a member of Congress in New York famous for her passionate speeches addressing problems facing low-income residents of the United States.

"She advocates for gender and class equality and is super classy while she does it," she said of the congresswoman.

She notes the misconceptions about women in politics, saying they are often seen as 'too emotional', citing the explosive arguments that took place during the U.S. presidential debate.

"I thought to myself, 'a woman would never get away with doing that,'" Mason said. "It's never about policies for



RECORD PHOTO SUBMITTED

Paige Mason has been nominated as the Interlake-Eastern delegate for the 2021 Equal Voices Daughters of the Vote conference.

Continued on page 27

One province, two friends, five years, 65 statues

Petersfield residents take the ultimate Manitoba statue road trip

By Nicole Buffie

The statues scattered across Manitoba towns and cities may just be aesthetically pleasing monuments to some, but for Sandra Pruden, they're a way to explore our province and discover the beauty it has to offer.

One day in 2015, Pruden, visited the mallard statue in her hometown of Petersfield with a friend. After posing for a selfie in front of it, an idea came to them.

"I said, 'Wouldn't it be fun to see all the statues in Manitoba?' and we just started to do it."

After buying a provincial map, they hit the road and started to check the locations off their list.

Five years and 65 statues later, they've checked off more monuments than they sought out.

Pruden said while the idea began as a way to see the statues that different areas of the province have to offer, it turned into day and weekend trips that have influenced others to travel in Manitoba as well.

"I know people that have taken day trips to go to a statue that they might not have done had you not put the suggestion in their heads," she said about the reaction to the statue selfies she posts on Facebook. "So it's about staying local and encouraging others to do the same."

While some trips she and her travel buddy, fellow Petersfield resident

Jackie Rimmer, take in this endeavour are mere daytime excursions to take a drive and snap a single photo, some are more fruitful.

"When we went to Southwest Manitoba, there was a big belt where we saw 23 statues in three days," she said.

After checking off nearly every item on her list, there was but one statue left that they really wanted to see this year: the miner in Thompson.

After travel restrictions to Northern Manitoba were announced at the beginning of the COVID-19 pandemic, Pruden and Rimmer didn't know when they would be able to take the trip up there.

However, in the summer months when case numbers were low and travel restrictions eased up, the two took the opportunity and packed up their car to hit the road.

"It was a three-day trip for us," she said about the adventure. In addition to Thompson, they made stops in Swan River, Snow Lake and Flin Flon to check more monuments off their list.

In the dozens of statues she's seen, Pruden has a few favourites: Tommy the Turtle in Boissevain and the Happy Rock in Gladstone. However, her number one remains the massive duck situated in Peterfield's Mallard Park.

"I learned at a very young age about



RECORD PHOTOS SUBMITTED

The Happy Rock in Gladstone was one of Rimmer and Pruden's favourite monuments to visit.

community and I like to give back to my community," she said. "I know the older people in the community and how much they did for us, and I want to keep it going."

As for their next adventure, Pruden and Rimmer aren't sure where their

road trips will take them. But, as long as it involves scenic drives and a few selfies along the way they'll take on whatever falls in their lap.



The Mallard Duck in Petersfield remains Pruden's favourite Manitoba monument.



Sandra Pruden spent five years visiting every statue and monument Manitoba has to offer. Tommy the Turtle in Boissevain was one of their favourite stops.

> DAUGHTERS OF THE VOTE, FROM PG. 26

women, it's about how they dress and their appearance and you just don't see that with men."

She said she's even experienced discrimination for being a woman interested in politics, remembering being told in group settings that her ideas were not valid, and she should seek a career outside of politics.

"I try and educate myself more," she said when asked how comments of that nature affect her. "I'm always reading a book about politics or something like that, and I read the paper every day and watch the news."

She did say, however, there are men trying to provide space for women in politics.

"But even progressive men tend to think that just because they're progressive they are fostering a great environment for women, when that is not always the case," she said.

Mason said in order to change the stigmas against women in politics there simply needs to be more women in politics, and organizations like Equal Voice are working to change that.

The Daughters of the Vote virtual conference takes place in March, allowing participants to be exposed to the political environment of Canada and giving them a chance to interact with elected officials.

Mason said she hopes to run for office one day, after completing her studies and as a graduate student of public administration or political science.

"I know what my vision is for this province because I've lived in the community all my life," she said. "And it would be a great place to start."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Leach honours his late friend Sasakamoose

By Brian Bowman

With the passing of Fred Sasakamoose, one of the first Indigenous hockey players in the NHL, Riverton's Reggie Leach took time to honour his friend.

Sasakamoose passed away from complications due to COVID-19 on Nov. 24. He was 86.

"I am saddened by the loss of my good friend Freddie Sasakamoose," said Leach on his Facebook page. "I was 16 when I learned that he was the first First Nation NHL player. In recent years, I enjoyed spending time with him as we exchanged hockey stories and he shared about his experience in residential school. He inspired many with his life story."

Leach said Sasakamoose, who played 11 NHL games with the Chicago Blackhawks, was always in great spirits.

"Despite the hardships, he always had a smile and a kind word for everyone. To give back, he visited many First Nation communities and hosted a tournament to showcase the talents of up and coming Indigenous hockey players. His family meant the world to him as he always spoke with love about them. Dawn and I send our love and prayers to them. I will miss him."

The Black Hawks also sent out their condolences.

"Today we lost a luminary in the hockey world with the passing of Fred Sasakamoose," the Blackhawks said in a statement. "Fred inspired many across the sport and throughout North America after becoming one of the first Indigenous-born athletes to play in the National Hockey League when he played 11 games with the Blackhawks during the 1953-54 season."



RECORD PHOTO FROM FACEBOOK

Riverton's Reggie Leach, right, paid tribute to his late friend Fred Sasakamoose, who passed away on Nov. 24 due to COVID-19.

Manitoba Scotties, Viterra to be held in Selkirk in February

Staff

The Selkirk Recreation Complex has been very quiet in recent weeks.

But CurlManitoba intends to make it extremely busy in early February.

It was announced Monday that the provincial men's and women's curling championships will be played in Selkirk from Feb. 2-7.

The field for the Viterra Men's Championship has been cut in half

to 16 teams while the Scotties is now down to eight teams.

Regional qualifiers for the two events will take place in mid-January. The plans hinge on the state of the COVID-19 pandemic in the province and the approval of Manitoba Health.

The Viterra Championship will remain a double-knockout event while the Scotties will be a round robin.

Curl Manitoba is also adopting the

new pandemic curling rules for provincials that were introduced at the start of the season. Teams can only use one sweeper and skips can't sweep opposing rocks in the house.

Six of the men's berths and four of the women's berths have already been secured.

Teams that have qualified for the Viterra Championship include Jason Gunnlaugson, Mike McEwen, Braden

Calvert, Ryan Wiebe, Jordan McDonald and Tanner Horgan.

Manitoba Scotties teams that have already qualified feature Jennifer Jones, Tracy Fleury, Darcy Robertson, and Mackenzie Zacharias.

Kerri Einarson, the reigning women's national champion, has already earned an automatic berth into next year's Canadian championship.

SEMHL, KJHL postpone start of seasons

Staff

Hockey fans in a pair of leagues will have to wait longer to watch their favourite team this season.

With the Province of Manitoba currently in code red, Southeastern Manitoba Hockey League officials and team management met virtually on Nov. 23 and agreed to delay the start of the 2020-21 season until at least 2021.

A follow up meeting in late December will determine a possible start date, discussion on number of regular-season games to play, and playoff format.

Meanwhile, the Keystone Junior Hockey League officially announced

it has pushed back its season start date even further.

"The KJHL has adjusted the projected start date of the season to January 1, 2021," the league wrote in a statement. "Public health protocols will determine the actual start date and we will update the public by no later than December 15, 2020."

"Thank you all for your patience as we cannot wait to start the season!"

Back on Oct. 27, the KJHL announced that it would be pushing its proposed start date for the 2020-21 season back to December. The league later announced the decision to further delay the season to January.

2021 Manitoba Open curling bonspiel postponed

Staff

Curl Manitoba announced the postponement of the 2021 Manitoba Open - the world's largest and longest running bonspiel - last week due to the coronavirus pandemic.

"This decision was not done lightly but was necessary in the interest of safety and health of all volunteers, athletes, spectators and clubs," read a statement.

CurlManitoba said it is working with the Winnipeg Curling Clubs

Association to ensure that the Manitoba Open will continue to be a mainstay program and event for the curling community in Manitoba.

There is, however, still a small glimmer of hope that the 2021 Manitoba Open could go on at a later date as the event has not yet been cancelled.

The 133rd edition of the event, formerly called the MCA Bonspiel, was scheduled to run from Jan. 14-18 at various curling clubs in Winnipeg.

Kuczek off to a strong start with the Thrashers

By Brian Bowman

Ryland Kuczek has always produced good offensive numbers during his minor hockey career.

This year is no different.

Kuczek was the co-leader on the Winnipeg Thrashers in goals scored (three) and he had a team-leading six points in four games when the Manitoba AAA U18 Hockey League shut down due to COVID-19.

"My linemates are helping me a lot and our coaching pushes us to be better players together on and off the ice," said Kuczek on Monday afternoon. "Also, the long off-season helped me to get in better shape."

Kuczek has been playing on a line with Kalen Reynolds and Hayden Chaloner. Both of those players have four points this season.

As good as they have been offensively, Kuczek was quick to point out

that they have to do a better job on the defensive end.

"We've given up a couple (of goals) too many," he said. "We have to tighten up defensively."

Kuczek, a St. Andrews' product, is one of four local players on the Thrashers. He is joined by defenceman Andrew Hladun (Lockport), forward Dawson Zeller (St. Andrews), and goaltender Owen Savoie (Selkirk).

"It's getting a lot better now and guys are stepping it up and going to the high leagues," Kuczek said of the local talent.

Kuczek is in his third season with the Thrashers. He feels the game is slowing down for him at this level.

"I've gotten used to the pace over the years," he said. "You get used to it compared to the first couple of games in the league."

In his rookie season with the Thrash-

ers, Kuczek scored nine goals and had 21 points. Last year, his numbers really improved as he sniped 17 goals while producing 38 points.

"I was pleased (with last season)," he said. "I had a couple of bumps in the road. I started off good last year as well...I just have to stick to my game and hopefully it works out in every game."

Kuczek attended the Manitoba Junior Hockey League's Virden Oil Capitals' training camp this past fall but did not make the team. Virden is loaded with talent this season, posting a league-leading 8-0-1-0 record.

"They're really good," Kuczek noted. "They have a lot of older guys and young guys that stayed back because the WHL was pushed back. Next year, I'm hopefully going to push myself to crack their roster and go from there."



Ryland Kuczek

Plowman enjoying his time as a Steelers' rookie

By Brian Bowman

Cole Plowman used to watch Selkirk Steelers' games when he was young.

Now, he plays for them.

The 17-year-old standout goaltender from St. Clements is really enjoying his time playing Junior "A" hockey for his favourite team.

"It was surreal when I got asked to sign," said Plowman last week. "I was at camp and (Steelers' head coach Hudson Friesen) called me in and he said, 'We'd like to sign you' and I had the biggest smile on my face. It was a really cool experience."

It was also a really cool experience watching the Steelers, he said.

"Growing up, you always wanted to be a part of them and when you see them play at a younger age, you look up to them," Plowman said. "I always wanted to be with them one day and now that I'm with them, it's kind of cool to look back and think about that now."

Plowman is still getting used to playing at the Junior "A" level at such a

young age. He has started the season with an 0-3 record and a 4.35 goals-against average.

"I'm just in Grade 12 right now and the guys that are older than me have really been good helping me," he said. "It's been pretty hard getting used to this league so far, especially as a goalie. You have to get used to the shooters and their tendencies, stuff like that. The goal is just to get better every day. That's all that you can do and all that you can control. Keep a good mindset and battle hard."

Plowman had two tremendous seasons with the Winnipeg Thrashers in the Manitoba U18 AAA Hockey League. He posted an impressive 32-17-1 record with a 2.43 GAA.

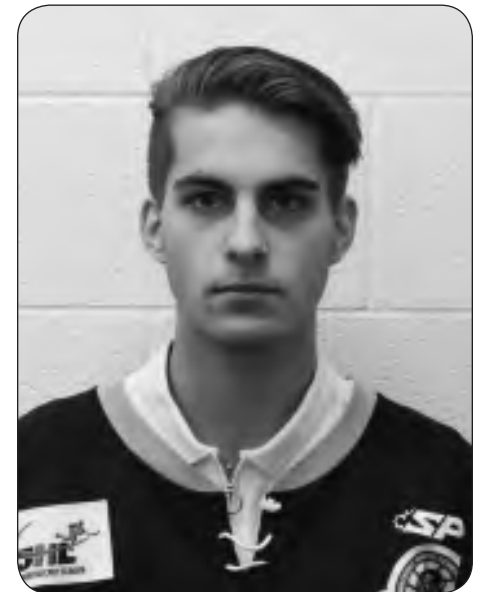
"My first year going in as a 15 year old, I was a little scared with what was going to happen," he admitted. "I think performance-wise it was two great years there. I really had fun with the guys there and the coaches, too. They really helped me keep my numbers up and my performance up."

Last season, Plowman was one of three players nominated for the league's top goalie award and also the top sportsmanship award.

He is currently listed with the Western Hockey League's Brandon Wheat Kings and has attended some camps there. His goal, though, he said is to play Division I hockey south of the border.

"Oh man, that was surreal," Plowman said of the Wheat Kings' experience. "My grandparents live there so I always got to go to Brandon Wheat Kings' games. Stepping out on the ice there and skating with the players and the coaches and seeing how big the arena is from the ice and not in the stands (was great).

"One day, you hope to be at that level and that's what I'm pushing for."



Cole Plowman

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WHL Cup cancelled for 2020

Staff

Hockey Manitoba, BC Hockey, Hockey Alberta, and the Saskatchewan Hockey Association, in conjunction with the Western Hockey League and Hockey Canada, have made the decision to cancel the 2020 WHL Cup.

"With the uncertainty surrounding the COVID-19 pandemic, the decision was made with the health and safety of all coaches, staff, and participants as the top priority,"

read a statement.

The WHL Cup features U16 provincial teams representing B.C., Alberta, Saskatchewan, and Manitoba.

The round-robin tournament is the first step in the Hockey Canada Program of Excellence and assists Hockey Canada in evaluating top prospects in this age group for future high-performance programs.

The WHL and western branches remain optimistic the 2021 WHL Cup may be held in the fall of 2021.

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RURAL MUNICIPALITY OF ST. CLEMENTS PUBLIC NOTICE



PUBLIC NOTICE is hereby given pursuant to Subsection 174(1) of *The Municipal Act* that the Council of the Rural Municipality of St. Clements intends to give first reading to two (2) proposed borrowing by-laws at the Council Chambers of the R.M. of St. Clements, 1043 Kittson Road during a Special Meeting of Council on **Tuesday December 15th, 2020 at 9:30 a.m.**

A public hearing has been set for January 12, 2021. Due to current COVID-19 restrictions, persons wishing to register to attend the hearing via electronic means or whom wishes to provide a written submission are asked to contact the Municipal office via phone or email to info@rmofstclements.com.

Following the public hearing and 2nd reading, the two proposed borrowing by-laws will be forwarded to the Manitoba Municipal Board for approval. Such approval must be obtained under the Municipal Act s.176 prior to third reading and execution of the proposed by-laws.

REGARDING GENERAL BORROWING BY-LAW 12-2020

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO PROVIDE FOR THE EXPENDITURE AND BORROWING OF FUNDS TO UPGRADE & EXPAND THE FACILITIES AND SERVICES OF THE EAST SELKIRK WATER TREATMENT PLANT

The total cost of the project is \$ 4,000,000 and is to be funded by the proposed borrowing of \$2,000,000.00 and grant funding obtained from the Manitoba Water Services Board in the amount of \$2,000,000.00. The project includes the implementation of a membrane water softener to reduce water softener salt volumes from the general lagoon, and thereby the watersheds of the municipality, as well as construction of a public use truck fill to provide potable water supply from the East Selkirk Water Treatment Plant.

The total cost of the proposed borrowing is to be repaid over 20 years at a rate estimated for the time being at 4.00 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 147,163.50 and will be funded annually as part of the general levy at 50% with a total annual payment amount estimated at \$ 73,581.75, (based on the 2020 assessment, a mill rate of 0.096 will be required) and through the current East Selkirk Utility consumer rates at 50% with a total annual payment amount estimated at \$ 73,581.75 (no rate increase is being proposed).

REGARDING GENERAL BORROWING BY-LAW 13-2020

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO PROVIDE FOR THE EXPENDITURE AND BORROWING OF FUNDS TO CONSTRUCT & ESTABLISH PHASE 1 OF THE SOUTH ST CLEMENTS UTILITY INFRASTRUCTURE

The total cost of the project is estimated at \$ 3,500,000 and includes works to establish utility trunk lines from the municipal boundary at the R.M. of East St. Paul through to the utility facilities at East Selkirk including a required lift station. The total cost of the proposed borrowing is to be repaid over 20 years at a rate estimated for the time being at 4.00 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 257,536.13 and will be funded annually from part of the Gas Tax grant funds received.

Any person who has questions, needs clarification or requires further information, either prior to or following the first reading of the by-law, is encouraged to contact Deepak Joshi, CAO at 482-3300.

Copies of the proposals to borrow are available for review by phone, by email request to info@rmofstclements.com, or through our website at www.rmofstclements.com

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UPCOMING EVENTS

Gerdau invites the public to join the Community Advisory Committee meeting at noon on December 3rd, 2020. The meeting location will be held through a virtual platform. Please contact Janice Braga (email: janice.braga@gerdau.com or phone: 204-482-3241) to register for the virtual meeting.

NOTICES

Urgent press releases or media advisories service. Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com.

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ANNOUNCEMENT

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ANNOUNCEMENT

IN MEMORIAM



Lorne Huculak
In loving memory of my beloved husband, our dad and grandpa December 5, 2008 Always in our thoughts.
-Forever missed and loved, by wife Shirley and children, Shirleen and Brett, Jr. and Theresa, and granddaughter Choyce

ANNOUNCEMENT

IN MEMORIAM



Gail Lynn Frederick
February 5, 1972 - December 2, 2018
God took you far too early, With no chance to say goodbye. We miss hearing your laughter, And seeing your contagious smile. If tears could build a stairway, And memories a lane; We'd walk right up to heaven, And bring you home again.
-Loved and deeply missed, the Frederick and Boyce families

ANNOUNCEMENT

IN MEMORIAM



In Loving Memory of my Mom Marie Thomas
It broke our hearts to lose you, But you did not go alone; A part of us went with you, The day God took you home. If tears could build a stairway, And heartaches make a lane; We'd walk our way to heaven, And bring you back again. In life we loved you dearly, In death we love you still; In our hearts you hold a place, No one could ever fill. It's been ten years Mom but I still miss and love you
-Baby Jane and family

ANNOUNCEMENT

IN MEMORIAM



Lily Safiniuk
August 9, 1928 - December 2, 2018
You are the sunlight in my days
You are the moon I see far away
You are the tree I lean upon
You are the one that makes troubles be gone
You are the one who taught me life
How not to fight and what is right
You are the words inside my songs
You are my love, my life, my mom
-Forever loved, deeply missed
Love all your family

Your memory will live forever
Engraved within our hearts

ANNOUNCEMENT

IN MEMORIAM



Shirley Hourie
July 9, 1941- December 3, 2018
Sadly missed along life's way, Quietly remembered every day. No longer in our life to share, But in our hearts you always there. Always remembered and never forgotten
-Ed, Brenda and family

Don't Forget Your Loved Ones Passed

WITH AN ANNOUNCEMENT IN THE

Selkirk Record

OBITUARY

Isabel (Issy) Bonnett

Peacefully on November 19, 2020 at her residence, Isabel (Issy) Bonnett passed away at the age of 80 years old. In accordance with her wishes a cremation has taken place. Due to COVID restrictions no formal service will be held at this time. Condolences may be left on Issy's memorial page at www.interlakecremation.ca.

Arrangements entrusted to

Interlake Cremation & Memorial Services
204.482.1040

OBITUARY

Marie (Mary) Ruth Bowser (Poschner)

July 20, 1927 - November 26, 2020

Peacefully, with the love of her family in her heart, and her daughter and daughter-in-law at her side, Mary passed away at the Selkirk Betel Home on Thursday, November 26, 2020 at the age of 93 years.

She leaves to carry on her spirit, generosity, and memory her beloved family: children, Bryan and Diane Bowser, Brenda and Derek Cawson, and Nancy Bowser; grandchildren, Christopher and Chantelle, Jennifer and William, Klayton and Dayna, Curtis and Kyle, and Jenna and Gordon; and great-grandchildren, William, Anna, Chloe, and Eli. She is also survived by brother John Poschner, sister Irene Taylor, sister-in-law Ruth Hooker, many cousins, and numerous nieces and nephews across Western Canada.

Mary was predeceased by her husband, Gordon, in 1983; her parents; and brothers George and Michael. Born July 20, 1927 in Edwin, Manitoba to George and Maria Poschner, Mary was the third of five children. She grew up in the Petersfield area, and worked as a nanny in Winnipeg and at Eaton's Mail Order Catalogue. She met Gordon at a local dance and they soon fell in love. Married in 1948, they ran a family farm near Meadowdale for 35 years, and always made time for dancing, traveling, gardening, and friends and family. After the passing of her husband, the bond between Mary and her daughter Nancy grew even stronger. Mary and Nancy had an unbreakable connection, watching out for each other and sharing all the joys of life together. In 1985, the first Poschner Family Reunion was held and, every three years since, the family gathers for a weekend at the Bowser farm. Mary adored these reunions, catching up with family and watching the children grow. In 1988, Mary and Nancy moved to Selkirk where she became active at the Gordon Howard Centre, Meals on Wheels, and Inclusion Selkirk. She was also a long-time member of the Good Shepherd Lutheran Church. Her passion for gardening continued in Selkirk, and her beautiful flower beds filled her with great pride. In her retirement she continued to travel, touring Europe with friends, exploring North America, and camping with her family.

Her greatest love was her family. She was immensely proud of her children and had enduring bonds with each of her grandchildren. Time at Grandma's was always an adventure - baking cookies, sleepovers and delicious breakfasts, building forts, fashion shows, make-believe play, and bedtime stories. At Grandma's house hearts were always full, imaginations ran wild, and bellies ached from laughter (and too many cookies). Together as a family we created memories that have always been special and are now more cherished than ever.

The family is grateful to the healthcare workers at the Selkirk Betel Home and Selkirk Regional Health Centre for their care and kindness during this extraordinary time.

A private interment will be planned for the spring.

In lieu of flowers, if you so wish, a donation may be made to Inclusion Selkirk.

Rest in peace, Mom. We know you and Dad are dancing together again.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Announcements

OBITUARY

Michael Dmytro Trach

It is with deep sadness that we announce the passing of our father, grandfather and brother, Michael Dmytro Trach, on October 10, 2020.

Left to mourn him are his three children, Bonnie, Steven and Lyndi, as well as his four granddaughters. He also leaves a sister, Janette and brother, Robert.

Cremation has taken place. Due to COVID, a Celebration of Life will take place at a later date.

Messages of condolence may be placed by visiting Michael's memorial page at: www.interlakecremation.ca

Arrangements entrusted to



OBITUARY

Thelma Wawryk



How many people spend their last days in the exact same spot where they were born a hundred years earlier? Well, Mom managed to do that, being born in the old Selkirk General Hospital on August 22, 1921 and passing on the 22nd in what is now Red River Place after being cared for there since the middle of October of this year.

She was the first born of Jack and Winnie Taylor and came home to a farm alongside what was to become Highway 9 in Netley. Siblings Roy, Tim, Bill, Doris and Harold followed, all born at home on the farm and, to her great regret, all predeceasing her. First to come, last to go. Having just celebrated 50 years of marriage the year before, Dad passed in October 1994. She has also had to bid farewell to sister-in-law Frances and Doris's David Veitch. Dad's siblings, John, Marion, Nick, Paul, Steve and Walter and

baby William have all gone their way. Four sisters-in-law survive her, Irene, Liz and Rita and one from Dad's side, his dear sister Jo Swirski.

She is also survived by her two "boys" - Ivan (Isabel Gibson) and Wade (Lynda) - and by grandchildren Vince (Danielle) and Tanya (Scott) Clarke and their mother Lorraine, and great-grandchildren Kaleigh and Cassandra Clarke and Griffin and Ella Wawryk.

When recently reminiscing about the simple, hardworking farm and family life that they knew, and the seasonal yard games that the siblings would play, she related 'it was never said, but there was love'. Her grandest adventure as a youngster was to take the train with Grandma into Winnipeg once a year for the Eaton Tea.

Away from home she worked as a nanny/housekeeper for a family in Winnipeg, as an elevator operator in a hospital and in an electrical assembly business in Toronto. Back home, she met and married a local boy on her birthday in 1943, having gone to school with his siblings. She and Peter settled in Netley on 80 acres, sandwiched between brothers and families on both sides. She was busy making a new homelife for them but made certain that she found the time to write to her and his brothers who were overseas. She was the successor to her mother as the secretary of the local ladies' guild and sent packages to local men taking part in the war effort.

Ivan was their first born in 1946, predating the arrival of electricity to the farm. Wade arrived at the end of 1950. We were handful, and mouthful enough so it ended there. Life on the farm was nothing but work for Mom, laundry, gardening, raising chickens and pigs, laundry, cooking, cleaning, did we say laundry, until the odd weekend evening socializing with family and friends. She cataloged much of the families' lives in diaries, photo albums and in scrapbooks.

Again, apart from those burdens she continued her community involvement committing with Grandma to running the canteen in the second generation of the Selkirk Hospital one day a week, canvassing for the Red Cross and in various church guilds and activities.

She began to work outside the home, never abandoning any duties, with her sister Doris at the Wagon Inn in Petersfield, followed by some time at Sarbit's IGA and then Southview Pharmacy in Selkirk.

She loved geography and travel - working in Toronto, honeymooning in Kenora and taking many other trips with Dad. In later years she took many bus tours to most of North America and many parts of Europe with her gang. Special trips were to the UK and Churchill with Wade and to Yellowknife with Lorraine to visit Vince. All memories were comprehensively captured on film. She also enjoyed frequent visits with Wade and Lynda at the lake and travelled to various locations where Ivan and his family were posted.

In addition to travel in retirement she was an enthusiastic participant in the Gordon Howard Centre activities and the 'Over 60' Club at the Selkirk Legion. She danced, played cards, attended concerts and plays and bit down firmly on life.

She particularly enjoyed making many cherished memories with her grandchildren including wiener and marshmallow roasts and teaching them to play cribbage and visiting or hosting them at any opportunity. She grew especially close to Tanya during her university time in Winnipeg. During Vince's postings to Winnipeg, she proudly enjoyed attending Remembrance Day ceremonies and the Legion with her grandson serving in the RCAF. Later in life she relished baking cinnamon buns and making up the rules to board games with her great-grandchildren.

The family would like to take this opportunity to give thanks for the great care and support by the staff at Red River Place in Selkirk. They made her last six weeks on earth infinitely safer and better. She also spent several days in the Gimli Hospital where the very generous staff cared for her. Previously the staff at Provincial Home Care in Selkirk shepherded Mom along while still in assisted living at Woodlands Court. The management and staff at that facility all embraced Mom over the last four years.

There will be no funeral service at present, her ashes will be buried when the time is right in the St. George's Wakefield Anglican Church cemetery alongside Pete and his baby brother. That ceremony will be officiated by Archdeacon Godfrey Mawejje of the Diocese. Mom was a lifelong member there until moving to Selkirk in 1968 when she became a member of St. Clements Anglican Church in Mapleton. Family members will be invited. God and Gilberts have her now.

Donations in her memory may be made to either church. The former is at Box 219 Clandeboye MB R0C 0P0 and the latter at 1178 River Road St Andrews, MB R1A 4A1.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Nicholas Panaschuk

July 24, 1930 - November 24, 2020



It is with heavy hearts that we announce the sudden passing of my dear husband Nick. Nick went home to be with his Lord and Saviour, Jesus Christ and to be reunited with his parents, Stanley and Mary and siblings, sisters Olga, Lena, and Pearl and brothers Willie and John; nephew Timmy and niece Tanis.

Nick is survived by his loving wife Rachel of 63 years of marriage; sons Greg, Ken and Mark; daughters Caroline (Dale) Nuspl and Barb (Fritz) Aldinger. Also, his special nephew Randy. His grandsons, Frieder (Jennifer), Bentz and Nicholas; granddaughters, Heather (Jason), Andrea, and Amanda (Laurie) and his nine great-grandchildren, Anya and Gisela, Alastair and Lavinia, Rilynn and Camden, Anne Marie and Axel and Uli. Lastly, his many special nieces, nephews, brothers-in-law, sisters-in-law

and many cousins.

Nick's children, grandchildren and great-grandchildren were such a joy for him. He was the most loving parent and grandparent. We have had some of the most memorable, fun and loving times together.

Nick had a repair business and construction company, which he loved to do. He enjoyed hunting and fishing with his family and friends and special friend Frank Orvis. One of his favourite sayings was, "That's a bunch of Bull S*&\$t!" We will miss your many funny and special sayings.

Our family would like to thank Selkirk Regional Health Centre and the paramedics for all their compassionate care.

Due to COVID-19, a private family burial will take place at a later date.

We love you Dad, and we will miss you dearly. Until we meet again. BIG HUGS! Love your family xoxo.

Jesus said to him, "I am the way, and the truth, and the life, no one comes to the Father, but through me. John 14:6

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Lorne Clarke



It is with heavy hearts that we announce the sudden passing of Lorne on November 19th, 2020 at the age of 66.

Lorne will be forever loved and his memory cherished by his beloved wife Karen; daughters Kristin (Mike) and Ashley (Ryan) and precious grandchildren Nevin and Greyson. He is also survived by his sister Leona (Dave), his brother Brad (Juanita) and numerous nieces and nephews.

Lorne was born in Eriksdale, Manitoba on July 1, 1954 to Ruth and Tom Clarke. After Tom's passing, they left Eriksdale for Winnipeg then later settled in the town of Selkirk.

Lorne married the love of his life, Karen, in June 1977. They planted their roots and raised their family in Selkirk. Lorne cherished his two daughters Kristin and Ashley. He was extremely proud of their accomplishments and did his very best to instill in

them his hard-working attitude and ability to problem solve. Having two girls didn't stop him from teaching them how to change tires, shingle roofs and clean eavestroughs.

Eventually Lorne was gifted two grandsons. Nevin and Greyson were his pride and joy. Grandpa was always creating excitement and adventure for the boys, whether it was safe or not was a different story. Summers were spent at the lake with Grandpa ziplining, driving quads, fishing and getting up to all kinds of trouble often stressing Grandma out. There was never a shortage of treats when Grandpa was around as he always kept some hiding in the console of his truck. Grandpa still had a very long list of things that he wanted to teach his boys over the upcoming years.

Although Lorne was blessed with many talents, his heart belonged on the powerline. This is where he spent a good portion of his life travelling the country and forming life-long bonds with his powerline crew. His coworkers referred to him as one of the best linemen and a great mentor who always had quick remarks and a smile on his face. Unfortunately, his career was cut short due to his heart condition, however this allowed him to spend the remaining years of his life with his family at home.

In 2005, Lorne and Karen purchased their cabin on the lake in Manigotagan. Although it was initially intended to be a hunting cabin, many years were spent building and fixing to make it the beautiful place it is today. It became his sanctuary, the place where he loved to be the most with his family. He and Karen established many long-term friendships at the lake. If anyone needed a tool, solution for their project or just a helping hand Lorne was the first person to volunteer.

Lorne had an obsession with tractors that stemmed from his childhood on the farm. He was so proud of his little grey Ford Ferguson that enabled him to manure the roads in Ayers Cove. His dream was to own a Massey Ferguson that was identical to what he used on the farm. Prior to his passing he finally managed, after years of negotiating, to convince his friend Wayne to sell him that exact tractor. He had planned to restore it over the winter and have it ready for spring road maintenance at the lake. Lorne spent the last few weeks of his life doing exactly what he wanted to do, hunting with his friends and grandson and helping others with their projects.

Lorne was an extraordinary man with a personality like no other. He was extremely determined, lived life to the fullest and always on his own terms. He was a kind soul who put everyone's needs before his own. He had a soft spot for his elderly neighbours at home and at the lake and tried his very best to make their life a little easier. All of Lorne's family and friends held a very special place in his heart.

The family would like to express their sincere gratitude to the Heart Failure Clinic at St. Boniface Hospital who enabled Lorne to spend a little more time with his family and friends following his further heart complications in 2018.

Due to COVID-19 there will be no funeral service. Cremation has taken place and celebration of Lorne's life will be held at a later date.

Family and friends are asked to share memories and leave condolences by visiting Lorne's memorial page at seasonsfunerals.ca



Announcements

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OBITUARY



Alice Desrochers (nee Belanger)

It is with profound sadness we announce the peaceful passing of Alice Desrochers at her home on Friday, November 20, 2020.

Alice was born in Selkirk, Manitoba in 1924. Alice was one of 12 children. She was predeceased by her son Roland Desrochers in 1980. She is survived by her daughter Denise Desrochers of Chilliwack, BC, her son Roger (Jeanette) of Edmonton, AB, her son Donald (Jacqueline) of Chilliwack, BC, her son Edward (Yumi) of Surrey, BC and her daughter Colette Ballam (nee Desrochers) (Jim) of Chilliwack, BC and many grand children and great grandchildren.

There is nothing she loved more than having all of her children, grandchildren and great-grandchildren all together whenever possible no matter how loud the atmosphere. She will always be remembered and deeply missed.

Her family would also like to thank Dr. Zaheer Nagdee and the Fraser Health Home Support Palliative Care team for being so supportive and understanding. Special thanks to Mom's friend Salynn, for the neverending care and support to our family while Mom was on her journey.

A private funeral mass was celebrated on Thursday, November 26, 2020 at 11:00 a.m. in the St. Mary's Roman Catholic Church Chilliwack, BC.

OBITUARY



Craig Scott Moore

It is with great sadness that we announce the sudden passing of Craig Scott Moore on October 25, 2020 at the age of 49 years.

Born on June 1, 1971 in Selkirk, Manitoba, where he lived up until he purchased his own home near the lake in Matlock, Manitoba. He was an avid outdoorsman, spending his time hunting and fishing with his brother Derek, uncle Sherman Dunning and best friend Mike Marcus. He also enjoyed gardening and cooking, and was well known for his easy going personality and his ability to pull off a good prank on his friends and family.

Craig will be lovingly remembered by his parents Wendy (Dunning) Thomas and Gordon Moore; his brother Derek Dunning; sister Tabatha Moore; nephew Jonathon Moore; niece Gabriella Moore and lots of aunts, uncles and cousins.

He will be deeply missed by everyone who had the opportunity

to know him.

A service will be planned in the summer of 2021, when we are able to gather to celebrate his life. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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FEATURE OF THE WEEK



READY ON ROSSER!

447 ROSSER AVE,
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\$239,900

Updated 1498 sqft single level bungalow in great central location close to schools, parks, transit, and all amenities. Eat-in kitchen with island, newer stainless steel appliances, custom made cupboards and tons of counter space. Large, open dining and living space combination with laminate floors. Huge primary bedroom with access to main floor laundry which may also serve as a walk-in closet. 3 more bedrooms and a modern 4 piece bath. Great sized backyard with a new composite deck.

4 Beds 1F 1,498 SF 49 x 154

FEATURED PROPERTIES

HH TEAM \$299,900 240 Arnhold St, Gull Lake <i>PENDING</i>	HH TEAM \$270,000 6053 #9A Hwy E, St. Andrews <i>PENDING</i>	HH TEAM \$214,900 135 Victoria Dr, Alexander <i>PENDING</i>	HH TEAM \$549,900 6 Sunset Blvd, Gimli <i>WATER FRONT</i>	HH TEAM \$194,500 619 Clandeboye, Selkirk	HH TEAM \$449,000 1005 Linklater Rd, St. Andrews <i>5 ACRES</i>
HH TEAM \$239,900 447 Rosser Ave, Selkirk <i>NEW</i>	HH TEAM \$229,900 425 Vaughan Ave, Selkirk <i>NEW PRICE</i>	HH TEAM \$249,990 226 Fox Avenue, Selkirk	HH TEAM \$219,900 128 Proctor St, Woodlands <i>MEZZO</i>	HH TEAM \$727,000 34 Murdoch Dr, Petersfield <i>WATER FRONT</i>	HH TEAM \$459,500 5114 Rebeck Rd, St. Clements <i>11 ACRES</i>
HH TEAM \$498,800 90 Pierson Drive, Tyndall	HH TEAM \$269,900 293 2nd Street E, Stonewall <i>NEW PRICE</i>	ASHLEY \$55,000 Lot 2 Block 5 Dr E, Wanipigow	HH TEAM \$549,900 452 Donald Rd, St. Andrews <i>4.67 ACRES</i>	HH TEAM \$452,000 109 Edstan Pl Selkirk	HH TEAM \$439,800 39 McAulay Rd, Clandeboye <i>WATER FRONT</i>

CORONAVIRUS AWARENESS

Protecting the health and safety of our valuable clients is critically important to us. Given that we are now in Code Red under the Pandemic Response Plan, we are implementing the following practices effective Monday, November 2, 2020:

Open Houses will now be postponed.

All visitors are required to fill out the Health Disclosure Form prior to entering the property.

Only two people at any time from the same group are able to tour the property.

We request that visitors notify us if they become ill within two weeks of an appointment. If an attendee does become ill or is diagnosed with COVID-19, contact Health Links and follow their directions.

SOLD

- 99 Strand Circle, Winnipeg
SOLD
- 6053 #9A HWY E, St. Andrews
PENDING
- 244 Arnhold Rd, Gull Lake
PENDING
- 135 Victoria Dr, Alexander
PENDING
- #B 463 HENRY Road, Petersfield
PENDING

FOR SALE

- RESIDENTIAL**
 MEZZO HOMES! COMING TO GIMLI SOON!
 Driftwood Bay Lot 4 & 5 HH TEAM Starting at \$229,900 -
 Driftwood Bay Lot 6 HH TEAM \$239,900
- COMMERCIAL**
 255 Main Street, Selkirk HH TEAM \$549,000
 PENDING! 209 Manitoba Avenue, Selkirk HH TEAM \$189,900
 PENDING! 347 Main Street, Selkirk ASHLEY \$390,000
 1 Acre Property & Building -613 Manitoba Avenue, Selkirk \$1,100,000
 10 Dubas Drive, Lockport HH TEAM \$550,000
 C-201 Melrose Avenue E, Winnipeg HH TEAM \$99,900
- LAND**
 15 Lakeshore Drive, Bifrost HH TEAM \$24,500
 0 Brimacombe Road E, Clandeboye HH TEAM \$35,175
 61, 67, 73, 79 Tom Prince Drive, Petersfield HH TEAM \$54,900
 PENDING! Vacant land #B 463 Henry Road, Netley HH TEAM \$39,900
 Creekfront - 0 Kimberly Road, East Selkirk ASHLEY \$83,900
 Creekfront - 1.48 Acres - George Street, East Selkirk ASHLEY
 Beautifully treed! Harold Avenue, East Selkirk ASHLEY \$85,000
 Ole Joe Monkman Road, St. Clements Lots #2, 3, 4, 5 HH TEAM \$129,900-\$139,900
 2 Wesley Drive, St. Clements ASHLEY \$129,000
 8.17 Acres! 655 Fort Garry Rd, St. Andrews HH TEAM \$94,900
 508 Corrine Avenue, Petersfield - .34 Acres HH TEAM \$40,000

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CONTACT US FOR YOUR FREE MARKET EVALUATION



George Hacking 204.461.0747 | Kasey Hacking 204.485.5303 | Victoria Beauchamp 204.619.3955 | Hunter Wonnacott 204.599.7789

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