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RECORD PHOTO BY DAVE BAXTER

Singer-songwriter Jully Black performs during We Day at MTS Centre in Winnipeg last Friday afternoon. Nearly 16,000 youth attended We Day to see musical performances as well as hear messages of empowerment from a number of notable speakers and presenters. For more coverage, see pages 6 and 7.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know





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Swim club seeks Operation Red Nose volunteers

By Lindsey Enns

With holiday party season already in full swing, the Selkirk Dolphins Swim Club wants to do their part to ensure everyone has a safe ride home.

Operation Red Nose is returning to Selkirk and area for its 11th year beginning this Friday.

The designated driver program will operate for nine nights this year starting on Nov. 25 and 26 as well as on Dec. 2, 3, 9, 10, 16, 17 and 31 from 9 p.m. to 3 a.m.

To book a safe ride home, call the Selkirk branch at 204-482-6673.

The service, which is run by the local swim club, will operate in Selkirk, East St. Paul, Garson, St. Andrews, St. Clements, Stony Mountain, Tyndall and West St. Paul.

"We cover a lot of areas during our campaign," Selkirk swim club president Leslie Hanson said, adding they sometimes co-ordinate rides with Gimli and Winnipeg.

Last year, 135 volunteers helped provide 187 rides, which was 50 more rides than in 2014.

Hanson added they are always looking for more volunteers.

"We're always very appreciative of our community volunteers," she said. "It is a fun way to give back to the community."

Hanson said community members often use the service and then donate a night to the campaign as their way of giving back.

Those interested in volunteering must be at least 18 years of age to volunteer as a navigator or escort driver and at least 21 years to volunteer as a designated driver. For more information call 204-485-1407 or visit selkirkdolphins.com.

"IT IS A FUN WAY TO GIVE BACK TO THE COMMUNITY."

When you call Operation Red Nose, a three-person team including a driver, navigator and an escort, is dispatched to pick up you, your passengers and your vehicle.

You and your passengers are then driven to your destination in your own vehicle while being followed by an Operation Red Nose escort.

Although the service is free, some choose to make a donation, which goes directly to the local swim club.

Michelle Stamm, the swim club's head coach and Operation Red Nose organizer, said this is their biggest fundraiser of the year and is also their way of giving back to the community.

"You don't have to give if you don't want to, but we do get substantial sponsorship through the donations," Stamm said during Selkirk's Operation Red Nose kickoff last Saturday morning at The Comp. "We don't look at it as much as a fundraiser but more of a service to the community and to get people home safe.

"It also helps raise awareness."

Last year the service helped the club raise nearly \$10,000, which goes towards keeping their fees down as well as covering coaching, equipment and pool costs, Stamm said.

The club, which continues to grow,

has 60 members this year aged six to 17.



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Kim Friesen of Arborg takes a photo of her daughters and Selkirk Dolphins Swim Club members Jillian, 14, and Sonja, 12, with Rudy, the mascot for Operation Red Nose, during the Selkirk branch's campaign kickoff last Saturday morning at The Comp. BELOW: Members, coaches and Operation Red Nose organizers with the Selkirk Dolphins Swim Club pose for a photo last Saturday at The Comp.



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Men lucky to be alive after 'a remarkable rescue'

Local firefighters help save 2 men after trench collapses in St. Andrews

By Lindsey Enns

Volunteer firefighters say two men are lucky to be alive after they became trapped in a trench that collapsed while they were digging a septic field in the RM of St. Andrews last week.

St. Andrews Fire Department Chief Ken Peacock said it took volunteer firefighters from both St. Andrews and West St. Paul nearly 90 minutes to help dig both of the men out of the trench along Poplar Road last Tuesday afternoon.

Firefighters helped dig the men out by hand and with shovels while a man operating an excavator held a wall of dirt back to prevent it from falling into the nearly 12 foot deep hole.

"Everything was there at the right time ... there was an excavator only two doors down," Peacock said. "How often does that happen for them to get right over there?"

Local RCMP and STARS Air Ambulance were also called to assist with the rescue.

"When we arrived, we witnessed tremendous efforts on behalf of two of the volunteer fire departments," STARS flight paramedic Grant Therrien said."Hats off to them. They were the real heroes in this case."

Therrien went on to say "it was quite a remarkable rescue."

"The limbs of the one individual





SUBMITTED PHOTOS

Volunteer firefighters from St. Andrews and West St. Paul help dig out two men after they became trapped in a trench they were digging for a septic field in St. Andrews last Tuesday afternoon.

were completely incased in this wet mud and so it was quite an operation," he said. "They just didn't know if he was going to survive."

Peacock said both men were later transported to a Winnipeg hospital by land ambulance with minor injuries.

Therrien said he believed both men were from the St. Andrews area but no emergency personnel were able to confirm their identity.

Throughout the entire process, Therrien said both of the men were in good spirits and that some of their family members and friends showed up on scene.

"They were just anxious to get out

and to get back to their family and friends," he said. "There was a lot of concerned eyes watching this whole thing."

Therrien, who has been a paramedic for 20 years, said he's never encountered anything like this in Manitoba before.

"Obviously they didn't anticipate that the dirt walls were going to come crumbling in," he said, adding this incident is a good reminder to anyone who works at a job site about the hazards involved. "It's important to be careful and use any safety equipment you can."

Peacock said some residents still

don't realize that they are not a full time fire department and that their crew of 24 members volunteer their time and have full time jobs.

"A lot of people think we're here 24/7 but we're not," he said, adding while they were trying to dig out the two men, another call came in regarding a possible structure fire so they had to split the crew."A lot of them stayed to continue on with that we were doing."

Peacock said they have attended 293 calls so far this year.

"This year has been a bad year," Peacock said. "We've been to everything from ice water rescues to structure

Garage in West St. Paul goes up in flames, causes \$250K in damage

A fire in West St. Paul has reportedly left a family with nearly \$250,000 worth of damage to their prop-

Around 4 p.m. on Monday a fire broke out in the garage of the home on Grassmere Drive in West St. Paul reportedly burning down a garage and destroying three vehicles.

The homeowner, who spoke to CTV News on Monday but did not give his name, reportedly said the fire started as he was working on cars inside his ga-

The West St. Paul Fire Department also told CTV that crews were able to stop the fire from spreading to the family's home as well as to other structures on the property.

Six fire trucks responded to the fire, and the official cause of the blaze is now under investigation.



Local mayors seek 'specifics' after throne speech

By Dave Baxter

Two local mayors say it is now time for the Progressive Conservative government to make good on campaign promises and start giving specifics on what they will do to move Manitoba forward.

"We all owe it to the PC government to allow them their honeymoon period," West St. Paul Mayor Bruce Henley said on Monday, following the PC government's speech from the throne to open the second session of the 41st Legislature. "An incoming government has a lot of work to do to look at what past government has done during their tenure and what the new government will do as part of their election promises and mandate.

"I think it is reasonable that by early January we start to see some really positive moves for Manitoba that will take us beyond that review process, and start to initiate some very positive investments for Manitoba."

Henley said he believes specifics surrounding investments and policies from the PC's should be coming soon now that they have had time to "settle in."

"I know the magnitude of taking

over as a new government," he said. "You just don't walk into the job and make changes overnight.

"You have to look at the information in front of you, but I expect early in the next session the review stage should be complete and we should be well into making changes and looking at this government's mandate."

Selkirk Mayor Larry Johannson said on Monday that he is now looking for "more specifics" from the PC government moving forward.

"This is the second throne speech so I am hoping we can get into more specifics," Johannson said.

He said the PCs made big promises about increasing the number of personal care beds in Manitoba to keep seniors in need of care beds out of hospital beds, and he wants them to make good on those promises.

"We need to get the seniors out of the hospitals," Johannson said. "I want to hear specifics in terms of how many beds will be added in different regions.

"I'm hoping to start to see a little more of that."

In the speech from the throne on Monday, which was delivered at the



RECORD PHOTO BY DAVE BAXTER

Manitoba's Lt.-Gov. Janice Filmon and Premier Brian Pallister are seen walking at the Legislative Building on Monday just minutes before the speech from the throne to open the second session of the 41st Legislature.

Manitoba Legislative Building by Manitoba's Lt.-Gov. Janice Filmon, the PCs said they are focused on "fixing the province's finances."

They said a big part of that process so far has involved reviewing the previous 17 years of NDP rule.

"We have now completed the first phase of our government's fiscal performance review," the PC government stated. "We will soon release the resulting review framework, which will include proposals to ensure progress towards our goal of making Manitoba the most improved province in Can-

"Together with the result of this review, the input received from Manitobans during the pre-budget consultation process will inform the development of Budget 2017 and will advance our progress to a safer more secure future."

In the speech the PCs identified reductions in the size of provincial cabinet and reducing senior management within the provincial government as ways to create savings.

They also said they expect that Crown Corporations and health authorities in the province "reduce administrative and senior management costs as they deliver services to Manitobans."

The PCs also said they are commitment to taking action on reducing court delays in Manitoba and on creating a new children's advocate office.

The government said it will also create a "stand-alone children's advocate" to make the office more independent.

The PCs came to power in Manitoba back in April ending 17 years of NDP rule in the province.





Parade brings Santa to Selkirk





RECORD PHOTOS BY DAVE BAXTER

The Santa Parade of Lights brought children and families, colourful floats and even Santa Claus to the streets of Selkirk last Friday. The annual parade, which kicks off the holiday season in the Tri-S area, saw dozens of Christmas themed floats cruise down Eveline Street, while candy was handed out to children along the parade route. The final float of the night saw Santa Claus cruising down the street and waving to children and families.



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We Day inspires youth to continue helping others

By Dave Baxter

Local youth, who already volunteer so much of their time to help others, say they are even more inspired to keep giving after attending We Day in Winnipeg last week.

"I feel it's really important to give because not everyone in this world has access to what I have access to," Grade 8 Lockport School student Emily Woloshyn said during We Day last Friday. "I want to step out of my own comfort zone and help those less fortunate people and with We Day you hear all these inspirational stories so it's so inspiring."

We Day, a travelling show which features motivational speakers, musical performances and messages of youth empowerment and philanthropy, saw more than 16,000 youth fill MTS Centre last Friday afternoon.

This year's speakers included Canadian astronaut Chris Hadfield, singer and TV personality Paula Abdul, mental health advocate Margaret Trudeau, and We Day co-founders Craig and Marc Kielburger.

Tickets can't be purchased for We Day as the youth are handpicked by educators to attend based on the work they do throughout the year to help out charitable causes, advance social causes as well as help out others whenever possible.

Lockport School student Samantha Prokopich got a seat to the big event because of the work she does to help others.

"We have a leadership team at our school and we do a lot of fundraisers and take a lot of time and effort to help people in need," the Grade 9





RECORD PHOTOS BY DAVE BAXTER

ABOVE LEFT: Janae Cole, pictured left, and Emily Guerra, pictured right, both of West St. Paul School attended We Day in Winnipeg last Friday and said the event inspired them to continue helping others. ABOVE RIGHT: Emily Woloshyn, pictured left, and Samantha Prokopich, pictured right, of Lockport School both got the chance to attend We Day in Winnipeg last week because of they work they do throughout the year to help others.

student said.

So far Prokopich has volunteered at the Selkirk Food bank and other organizations that work to get food into the hands of those who are less fortunate

"I love helping people," she said. "It shows you a whole different perspective on the world."

She added that being at We Day with 16,000 like-minded youth will now push her to continue helping others.

"It's so empowering to see that what you do affects everybody," she said. "And it's empowering to see that there are so many other young people doing the same things."

West St. Paul School also saw a group

of students invited to We Day.

Janae Cole, a Grade 8 student at the school was invited because of the work she does with Red Cross and other charitable organizations.

She said she liked how many of the presenters at We Day talked about how they have succeeded while dealing with their own personal struggles.

"You can see what other people have dealt with, and how they have worked so hard and made their lives a success," Cole said. "That's very inspiring."

Grade 8 student Emily Guerra said she was walking away from We Day wanting to help others and also wanting to make "real change" in the world. "I feel there is a lot wrong in this world and I want to make it a better place," Guerra said.

We Day is organized by the We organization, which was formerly known as Free the Children.

Every year more than 200,000 students from more than 10,000 schools across the globe earn their tickets to We Day events in Canada, the U.S., and the U.K.

The We movement has raised \$62 million for more than 2,500 local and global organizations.

The first We Day was held in Toronto in 2007 and this was the fifth We Day held in Winnipeg.



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'Obstacles can't stop you,' Syrian refugee tells students

By Dave Baxter

A Syrian refugee who came to Canada with next to nothing and has worked hard to create a good life for himself and others got the chance to share his story with 16,000 youth last week in Winnipeg.

Hani Al Moulia, 21, is a Syrian refugee who now lives in Regina, Sask.

He spoke during the We Day event at MTS Centre last Friday and spoke about both his struggles and success-

Al Moulia said he grew up in Syria succeeding at school and even teaching himself subjects such as English and music, but much of that success was halted when Syria was thrust into a deadly civil war.

"The Syrian Civil War came and everything changed," Al Moulia said while speaking to youth last Friday. "Suddenly it was too dangerous to even go outside after 7 p.m."

The war affected Al Moulia because of his own fear, but also because he had to witness the fear of his loved

"My little brother would shake when we would hear the sound of bombs falling all around us," he said. "We became prisoners in our own home."

Al Moulia showed images of the neighbourhood in Syria where he grew up and how it was affected by and in many cases destroyed by war. Those images drew gasps from some in the crowd.

Al Moulia said his education was so important to him that he would often pass through "dangerous military checkpoints" to get to school and he graduated high school with a 100 per cent average in physics.

When he smuggled food into his own home to feed his family he said he was thrown in jail and in 2012 he fled to Lebanon "with only my high school diploma in my hand."

While in a refugee camp he said





RECORD PHOTO BY DAVE BAXTER

Syrian refugee Hani Al Moulia, who fled Syria in 2012, pictured above left, shares his story of both struggle and success to thousands of youth, pictured above right, during the We Day event at MTS Centre in Winnipeg last Friday.

his entire family lived in a small tent and because there was not a lot to do while in the camp he started using his time to help others.

"I spent a lot of time teaching English and drama to children in the camp."

He said while in the camp he often told youth not to fear obstacles.

"I would say 'obstacles can't stop you because if you want to you can go around them," he said to a massive applause.

Al Moulia has now settled in Regina, and he said although the weather is cold, he has found the people to be "verv warm."

"For me it is the warmest place ever because people here are always willing to help," he said. "For me it is home."

Al Moulia has now been in Canada for more than 15 months and he told the crowd at We Day he has been accepted into a university engineering program on a full scholarship.

He is now also a member of Prime Minister Justin Trudeau's Youth Coun-

"There I can talk about my experiences and share my knowledge, which I hope can improve life for everyone

in my adopted country," he said. "I am so, so proud to be Canadian."

He finished his presentation by telling youth to chase their dreams

"Don't wait until tomorrow," he said. "In order to make a difference in your life and other's lives start today."

The Workers Compensation **Act Review**

The Workers Compensation Act Legislative Review Committee 2016 is asking Manitobans to help steer the direction of the workers compensation system into the future.

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Angler shows pity on fisherman friend

Welcome to my fishing pals.

It seems our first cool snap and snow has spurred many of us on to getting our winter fishing gear ready. It's only human nature to be apprehensive about the coming winter so let me and a new young fishing friend of ours, Dallas Morrisseau of Lac du Bonnet get you into that wonderful cozy mood of ice shack angling.

Here's what happened to him in his shack last winter. With bright sunlight streaming through the windows of his wooden shack, there was the comforting smell and warmth from wood crackling in its' small stove. Subdued music from the radio filled the shack. Dallas, a soft faced youth with long brown hair that fell over his forehead sat on a bench on one end of the hut holding a short rod whose line disappeared into the water of his ice hole. On a similar wall bench across from him sat his buddy, Jaden Maki, also fishing. Their heavy snowmobile boots clunked on the wood floor as they shifted about. Setting his rod on the floor, Dallas stood up and went to the window looking out across the sun bathed flat ice pack that reached out to the distant dark shoreline. Other shacks dotted the icescape. Pickup trucks lazily bounced from one place to the other. Then he heard a slight scraping sound. He turned and looking down saw his rod slowly migrating across the floor toward the ice hole. Dallas sprang forward grabbing his rod instantly sensing there was a small fish on his hook. He reeled in and sure enough a little pickerel popped free of the water.

Jaden teased Dallas about his inability to catch a "real" fish.

That stopped sharply as a loud splashing pierced the shack and a huge thrashing jackfish flew up half out of the ice hole water completely swallowing the tiny pickerel. Dallas reacted with lightening reaction grasping his line and dragging the



PHOTO SUBMITTED

Steve Froese of Altona with a trophy walleye he caught by Suger Island on the Red.

jack up onto the shack floor. After he caught his breath he turned to Jaden and simply smiled sarcastically while pointing to his prize saying, "come on, try and beat that."

See, winter's great.

Now, let's get back to open water fishing. Down along the Red riverbank last week I met Shawna Osueke and her fiancé, Steve Froese from Altona. They were sitting in lawn chairs all bundled up casting questioned glances at the ends of their rods which had not given a signal all day that the fish here were hungry.

Incidentally Steve is no relation to the Froeses' who gave us the story a month ago about having his or her rod stolen. Anyway, Steve had a story for us that went like this.

He was boat fishing on the Red by Sugar Island and like this afternoon, wasn't catching a darn thing. What hurt more was he could see the guys around him catching all kinds of fish. Finally a neighboring angler took pity on him and trolled over to him telling him to try putting the tail part of a white rubber twister onto a bright jig for bait. He did and in no time caught the beautiful 34" walleye you see in

our picture for the week.

Our next story isn't really a fishing story but it's funny.

I was slowly idling around the Winnipeg Beach harbor complex in "old red" last Friday. In the still overcast morning, coming up to a park area, I noticed a pickup truck with one of those Northwest Territories white license plates in the shape of a bear on the front bumper. Rolling past I saw a tall fellow walking his big old yellow lab beside the water. I drove over and introduced myself asking if the truck with the NWT plate was his. "Yea", a soft-spoken chap with a warm smile who said he was Ernie Brown from nearby Sandy Hook, remarked.

"You're not going to try to steal it are you," he joked.

"No, but it's unusual," I said.

"For sure," Ernie laughed, "it's an inside joke up north that if you have a plate like that you have to go to a guy who knows how to weld up a steel frame and bolt it to your bumper or the minute you get down south to Alberta or B.C., someone will try to tear it off your vehicle for a souvenir."

Wow. Bye for now.

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WSP seeks changes to school taxes at meeting of municipalities

By Dave Baxter

The mayor of West St. Paul is hoping that after this week the province will start looking at making changes to how Manitoba residents are charged school taxes.

"We have all seen what happened last year with the Seven Oaks tax increase, and now we are standing up for the local taxpayer," West St. Paul Mayor Bruce Henley said. "And you can see this doesn't just affect the people in West St. Paul, it affects all Manitobans."

Back in the spring of 2016, the Seven Oaks School Division saw an increase of 3.3 per cent for the 2016-17 school year, but Henley said because of assessment West St. Paul residents saw their school taxes go up anywhere between five and 22 per cent.

Henley said that this week at an Association of Manitoba Municipalities (AMM) meeting a "blended resolution" between West St. Paul and the RM of Morris will be tabled.

"So what will come to the floor this week is a request that there will be a taskforce put in place by the province of Manitoba," Henley said.

Henley said they would like that taskforce to look at making a number of changes to the school taxation sys-

He said the resolution asks that school taxes be completely removed from municipal tax bills and sent out separately.

Henley also wants funding of the education system "to come from general revenue."

"That would be in accordance with income based models that would ensure residents can pay based on their ability to pay," Henley said.

He said he also wants to see "a complete review of payments, and how they currently do not reflect in a fair and equitable manner the current growth and declining student divisional populations, which are creating an unfair burden for funding educational taxes for all Manitobans who own property."

"We are doing this because what has been happening for the last quartercentury does not make sense and is not working," Henley said.

Henley said he expects the resolution to pass this week at the AMM meeting.

Henley said he and council had also considered proposing amalgamation of school divisions, but they are no longer considering amal-

"In order to have the school division on board and working with us we removed the amalgamation proposal at this point," Henley said.

"The first step is to get the taskforce in place and make sure we have all the main influencers at the table moving forward."

If the motion is approved by the AMM this week, it will then go to the province where Henley said they would "begin discussions so that we can get this implemented and get the review process started."

Selkirk Mobility bus service marks first year on the road

It was mid January when Linda Dola called Selkirk Mobility to take her mom for some medical appointments. It's a day that sticks with her, because of the excellent service she, and her mom, received.

Dola was so moved, the following day she emailed Selkirk Mobility to congratulate them on the wonderful

"I wish to take this opportunity to commend the Selkirk Mobility service for their excellent service I received," Dola wrote. "The courtesy this company displayed was amazing by both the office staff as well as the bus driver."

Selkirk Mobility, which, along with Selkirk Transit, is operated by the Selkirk Transit Authority, was a fledgling operation at the time Dola and her mom boarded the bus, having just begun servicing Selkirk residents in October of 2015.

Selkirk Mobility has now been in operation for just over a year, and the number of satisfied clients, like Dola and her mom, is growing every day.

Charlene Dunning, manager of

transportation services for Selkirk Transit Authority, said by the time December rolls around, they'll have provided transportation for more people than anticipated in the program's ini-

"Our year-end projections are that we'll have just under 20,000 clients this year alone," Dunning said. "That's pretty phenomenal for what our expectation was when we first started the system. We thought we'd be gradually building up and we knew we'd get there, but it went a lot faster than we first anticipated."

Dunning said they have exceeded their budget expectations through a combination of closely watching expenses and a rapidly growing client base. With a five-year business plan that has capital replacement built right in, Dunning said that Selkirk Mobility is largely self-sustaining and should not require additional funding from the City of Selkirk.

Duane Nicol, the city's CAO, said Selkirk Mobility is an unqualified success, and he commended its staff.

Continued on page 13

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Accused letter bomber to face trial in 2017

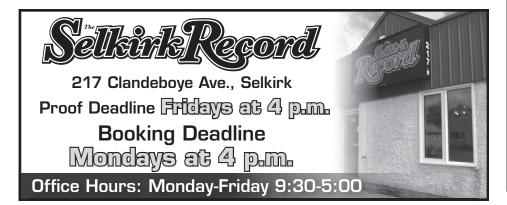
Accused letter bomber Guido Amsel will go on trial in Winnipeg starting on Sept. 11, 2017 with the trial expected to last about 10 weeks.

Amsel faces five counts of attempted murder and remains in custody in Win-

Amsel was arrested in 2015 after letter bombs were sent to Amsel's former wife and also to two Winnipeg law firms in the summer of 2015.

Amsel was originally set to stand trial last month, but the trial was delayed after he fired Winnipeg lawyer Martin Glazer as his legal representation.

Amsel has since hired new legal representation.



Citizens on Patrol Programs mark 25 years in Manitoba

By Dave Baxter

Melody Bodnarchuk does not hesitate when asked why she gives her time to her local Citizens on Patrol Program (COPP).

"I feel it's important to be a part of the community and it's important to be a part of the solution," the 55-yearold of West St. Paul said. "I feel it's important to get to know the people in your neighbourhood and be a face in the neighbourhood."

Bodnarchuk volunteer's her time to patrol the streets of her community as part of the West St. Paul's COPP.

COPP members patrol neighbourhoods, interact with residents, and contact police if they see any activity they believe to be unusual or possibly criminal.

"We are not a replacement for the RCMP, we are eyes and ears for the RCMP," Bodnarchuk said.

Manitoba recently declared Oct. 30 to Nov. 5 as Citizens on Patrol Week.

In Manitoba, there are a total of 50 COPP groups spread out in different communities consisting of more than 1,000 members.

"WE ARE NOT A
REPLACEMENT FOR THE
RCMP, WE ARE EYES AND
EARS FOR THE RCMP."

"Each and every one of these volunteers deserve special recognition for their commitment to this community-based crime prevention program, and for the work that they do with local law enforcement agencies to keep our communities safe," Crown Services Minister Ron Schuler said in a release recently.

Manitoba Public Insurance (MPI) provides funding for the COPP, which is celebrating its 25th year in 2016, and provides co-ordination assistance to local COPP groups along with the RCMP, Winnipeg Police Service, Brandon Police and other municipal police services.

"These Manitobans are grassroots,



RECORD PHOTO BY DAVE BAXTER

West St. Paul Citizens on Patrol Program (COPP) co-ordinator Detlef Hindemith, pictured far left, and other members of the West St. Paul's COPP stand by one of their marked vehicles at West St. Paul's Sunova Centre earlier this month. COPPs are celebrating 25 years in Manitoba this year.

feet-on-the-ground volunteers," MPI vice-president of business development and communications ward Keith said in a press release.

Detlef Hindemith is the co-ordinator of West St. Paul's COPP, which has been patrolling the streets in West St. Paul since 2011.

Hindemith said they currently have 20 members on the West St. Paul COPP squad.

He added if they run into any unusual situations they never approach the people they believe could be involved in criminal behaviour, but instead contact RCMP.

"We don't approach and we don't interfere at all," he said. "We're an extension as far as helping the RCMP in their daily routine of keeping the community safe just by being there.

"We're there because the RCMP can't be everywhere."

West St. Paul's COPP also have a liaison from the RCMP that will let

them know if certain areas are dealing with higher amounts of crimes and if so they will spend more time patrolling those areas.

On Oct. 31 West St. Paul COPP group also worked to make sure Halloween was safe for local children and families.

The WSP COPP Halloween Blitz saw COPP members hand out about 250 safety flashers and reflective armbands to trick-or-treaters.

COPP members were also out from 5:30 p.m. to 9 p.m. on Halloween night attaching safety flashers and armbands to children's costumes and loot bags.

Hindemith said they are always looking for more volunteers to come on board with the West St. Paul COPP program, and anyone looking for information on volunteering or on the COPP program can call 204-612-3465 or email wspcopp@gmail.com.

Library Fundraising Raffle

Raffle Tickets For Sale Until December 8th, 2016

An all-inclusive paid vacation for two which includes your flight, food, drink and all the FUN you can handle. Enjoy the five star Grand Sirenis Riviera Maya Resort and Spa, Mexico for 7 days. Only those 18yrs and older can win the dream vacation.

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Some restrictions apply Lottery Lic. N. LGA 6622-RF





St. Paul MLA honours East St. Paul mayor, council

East St. Paul Mayor Shelley Hart and members of council were recognized Oct. 27 in the Manitoba Legislature by St. Paul MLA and Minister of Crown Services Ron Schuler.

Schuler introduced Hart, along with Deputy Mayor Orest Horechko and Couns. Michael Wasylin, Brian Duval and Charles Posthumus and honoured them with a Member's Statement, which acknowledges community leaders in his constituency.

Schuler said selecting the mayor and council for a Member's Statement made perfect sense.

"I just felt it would be really important to, one time, stand up and say some nice things about my civic politicians," Schuler said."I really do have outstanding councils. In East St. Paul, our mayor and councillors are doing outstanding stuff that builds the community."

Schuler said choosing to recognize East St. Paul - along with West St. Paul and Springfield, also part of Schuler's riding - for a Member's Statement was

an easy decision, because of the respect he feels for the communities, and the leaders.

"Although East St. Paul is one of our smallest rural municipalities, it has a vibrant youth recreation program and is home to Manitoba's Hockey Tournament of Aces and the Summer Soccer Classic," Schuler said during his presentation.

He also noted that East St. Paul has a "long, rich history," that serves as a "preamble to the great future," the RM has. Schuler said the people of East St. Paul are its true strength.

Hart said she and the other members of council were appreciative of Schuler's decision to honour them in the Legislature.

"Minister Schuler's private Members Statement was an incredible gesture, one which underscores the exceptional working relationship we have with him," Hart said. "He understands the community of East St. Paul, having represented the riding of St. Paul for 17

Auction benefits Anglican Church



RECORD PHOTO BY DAVE BAXTER

Barbara Gessner, a member of the St. Andrews on the Red Anglican Church checks out some artwork at a silent art auction held at the historic church in St. Andrews on Nov. 5. The auction brought in more than \$500 to help the church, which has a long and storied past. The St. Andrews on the Red Anglican Church was finished back in 1849 and Gessner said it is the oldest church in Western Canada in continuous use.

Donations roll in during 24-hour Giving Challenge



RECORD PHOTO BY LINDSEY ENNS

St. Andrews Mayor George Pike, pictured left, presents a \$10,000 donation on behalf of the rural municipality to Michelle Polinuk of the Selkirk and District Community Foundation during Endow Manitoba's 24-hour Giving Challenge at the Gaynor Family Regional Library last Saturday. Although the foundation accepts donations year round, during the challenge the Winnipeg Foundation donates \$1 for every \$5 donated to the foundation's Community Fund, up to a maximum of \$2,000. Final numbers regarding this year's campaign won't be released until Dec. 3. Last fall the challenge raised a record breaking \$61,785 for local and community organizations.



Local actors help raise funds for Nova House, BPW

By Lindsey Enns

Local actors took dozens on a trip back in time during a production of "Let Them Howl" to celebrate 100 years of suffrage last Thursday evening at Selkirk United Church.

A group of 23 actors from Selkirk and area performed a reader's style version of "Let Them Howl" written by Winnipeg playwright Sharon Bajer.

The story follows a young woman trying to get out of taking a women's studies course. As a way of teaching her about the importance of the class, her professor takes her back in time to 1914 when a group of women made the case for the women's right to vote in Manitoba and they meet a lot of interesting people along the way.

This year marks 100 years since women were allowed to vote in a provincial election. On Jan. 28, 1916, Manitoba became the first province in Canada to grant women the right to vote.

Last Thursday's gathering, which included desserts and refreshments following the show as well as a silent auction also helped raise \$1,500 for the new Nova House build as well as \$700 for the Professional Women's Club (BPW) of Selkirk and district.

BPW of Selkirk aims to develop the professional, leadership and business potential of women on all levels of advocacy such as mentoring, personal development and skill building, according to their website, selkirk.bpw. ca.

"AMATEUR THEATRE
IS ALIVE AND WELL IN
SELKIRK AND MANY
SMALL COMMUNITIES."

Stage director and cast member Pat Bird said BPW secured the play and helped organize the event to benefit both BPW and Nova House.

"I just started pulling in folks that I knew from the community that I know had an interest in this, including folks from the historical society," Bird said before they took the stage last Thursday evening. "Initially we thought we'd keep it very simple ... and then as we got going everyone got excited about it and we got into some props."

The actors, the majority of which had some acting experience, were dressed from head to toe in costumes. The cast also borrowed hats from The Comp's drama program.

Bird said if anyone is interested in any future theatre productions, they can contact Selkirk United Church by calling 204-482-5914.

"Amateur theatre is alive and well in Selkirk and many small communities," Bird said. "I encourage people to find venues where that's happening or if they want an opportunity to

> do some acting, don't give up that opportunity because it is just life changing."

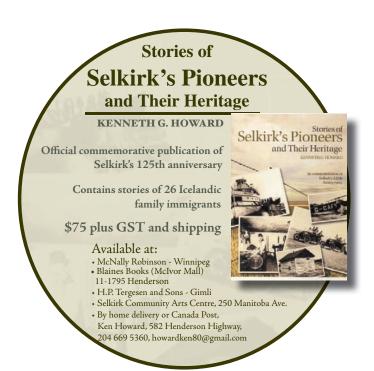


RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Stage director and cast member Pat Bird takes one last look at her costume back stage before a production of "Let Them Howl" at Selkirk United Church last Thursday evening. BELOW: Local actors take the stage during "Let Them Howl" at Selkirk United Church last Thursday.









Mounties urge drivers to buckle up, slow down

By Dave Baxter

Manitoba RCMP are pleading with drivers to follow the rules of the road in rural areas and on highways following a disturbingly high number of road fatalities so far this year.

A fatal crash just over the weekend on Highway 52 just west of Highway 206 claimed the life of a 19-year-old man from Kleefeld.

RCMP spokesperson Tara Seel said that in the RCMP's jurisdiction in Manitoba there have been 88 fatal collisions resulting in 98 total deaths in 2016. An increase from the 78 collision-related fatalities in Manitoba in

In many cases Seel said the difference between surviving or dying in a collision can be as simple as drivers and passengers making sure they buckle up their seat belts.

"What we are finding this year is a lot of unbuckled drivers, so in the case of many fatal collisions occupants were ejected from vehicles," Seel said while speaking on Monday. "And in some of these recent cases if people had been buckled up there is a good chance they could have survived those collisions.

"People are making the choice not to wear their seat belts and in some cases that decision is costing them their lives. If you are not ejected from the vehicle your chances of survival will rise dramatically."

Winter driving conditions are just

"PEOPLE ARE MAKING THE CHOICE NOT TO WEAR THEIR SEAT BELTS AND IN SOME CASES THAT DECISION IS COSTING THEM THEIR LIVES."

around the corner and Seel wants motorists to know they should always drive for the conditions of the road, even if that means not always going the posted speed limit.

"One of the biggest things people have to remember is that the speed limit is for ideal road conditions and not for when there is ice or snow on the road, or when it is dark or foggy," Seel said. "You need to adjust your speed for the conditions of the road."

She said driving at reduced speeds is one of the best ways to avoid collisions when there is ice and snow on the roads.

Seel also cautioned drivers not to use their cruise control during snowy and icy conditions.

"If you use cruise control you really don't have full control of the vehicle,"

With snowy and icy road conditions making it harder to stop, Seel also wants drivers to increase their distance between other vehicles on the

> 'THESE ARE SIGNIFICANT PROGRAMS,' FROM PG. 9

"Selkirk Mobility is a cost-effective program that is fully funded, meaning it budgets for its operations and capital replacement. While the service is subsidized by annual grants from the City of Selkirk and the Province of Manitoba, the program puts money aside to upgrade and replace the buses, so it won't be coming to the city every year to fund deficits or for large grants to purchase new buses," Nicol said.

Selkirk Mobility provides transportation to people over the age of 65, and anyone with permanent or temporary disabilities. Dunning said that means if someone under the age of 65 were to injure themselves, they'd qualify to use the service, even if the injury is

"If you were to break your leg tomorrow and you didn't have transportation to go to work, you would be eligible," Dunning said.

Selkirk Transit Authority has 15 employees, with Selkirk Mobility having two full-time, four part-time and some casual.

Dunning said Selkirk Mobility pro-

vides door-to-door specialized transportation, which means the driver will assist the client from the door of their home to the door of their destination. It's a service the drivers take very seri-

Selkirk Mobility also provides transportation services for the Interlake Eastern Regional Health Authority programs, as well as Community Living Selkirk. Dunning said providing transportation to programs that offer socialization to their clients is impor-

"These are significant programs. They help with mental health and socialization. Providing assistance for in-place aging is really important, and we're able to provide that now," Dun-

Selkirk Mobility has expanded its service into St. Andrews and St. Clements. It offers transportation locally and chartered trips to Winnipeg and other destinations. Service is available seven days a week, and last year, they provided transportation on Christmas Day as well.

"Stopping distance on icy roads is double what it is on a dry road," Seel

Seel said it is important for drivers to always realize that their decisions can affect themselves, passengers in their vehicles and others who are on the roads.

"Everyone out there is making decisions and those choices they are making may or may not effect them going home to their loved ones, but it could also affect someone else going home to their loved ones."

In a meeting of the Legislative Assemble of Manitoba on Oct. 20, St.

Paul MLA Ron Schuler spoke about the high number of road fatalities in 2016 and how it affects people and

"The tremendous impact a death related to a motor vehicle collision has on the families of the victim is immeasurable," Schuler said on Oct. 20. "Whether it's a mother of four or a young man who had just finished high school, a motor vehicle fatality is a catastrophic and heartbreaking

Road conditions and traveller information in Manitoba can be found online by visiting manitoba511.ca.

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Women's centre aims to bring more awareness to abuse

By Patricia Barrett

The Interlake Women's Resource Centre (IWRC) is working to bring awareness to violence against women.

Violence against women takes many forms, including physical and sexual assault, and emotional, psychological and financial abuse. Girls and women of all ages – including seniors – can experience violence at any time during their lives.

The IWRC, founded in the late 80s in Gimli, provides a number of services to girls and women, including counselling, crisis intervention (the provision of transportation, shelter, emergency cell phones), children's and youth counselling, a lending library and referral services.

Jennifer Campbell, director of the IWRC, said women can be abused while in a current relationship (married or unmarried) or experience ongoing abuse from past relationships, and that girls can be abused by parents or siblings.

"What we're seeing mostly here [in the Interlake] is intimate partner violence as well as non-intimate partner violence," said Campbell, who started her position in April.

The Centre has a broad catchment area, including the towns of Winnipeg Beach, Arborg and Teulon, the Village of Dunnottar, and the RMs of Rockwood, Armstrong, Fisher, Bifrost-Ri-



RECORD PHOTO BY PATRICIA BARRETT

Jennifer Campbell of the Interlake Women's Resource Centre in Gimli said November is domestic violence prevention month, but we should be concerned about violence against women every month.

verton and Gimli.

The province issued a press release Nov. 9 to remind Manitobans that November has been designated as Domestic Violence Prevention month.

"Although there is no simple explanation for domestic violence, it's important to note that misogynistic attitudes can contribute to the normalization of violence against women," said Sport, Culture and Heritage Minister Rochelle Squires."When this occurs, bystanders may be less likely to intervene. That's why the Manitoba government is committed to raising awareness of this serious issue."

In a press release, the province said it partnered with the Winnipeg Blue Bombers to "help create a culture where abuse is not accepted."

"Violence against women is a men's issue. As athletes, we are fortunate enough to have a platform to ask men to step up and join us in championing this cause," said linebacker Ian Wild, who is also ambassador of the Break the Silence on Violence Against Women program.

While the IWRC does not provide counselling to men, it will provide them with external resources to which they can turn when they recognise they need help.

Campbell, who is also a counsellor, said it's important to help men who perpetrate violence in order to stop the cycle from continuing.

"Someday...my hope [for the Centre] would be to help families – not to take away from the women or children that are really affected by domestic violence – but we can't end domestic violence unless everybody in the situation is helped," she said. "In my opinion, just to take women and children out of these situations, it gives

them a chance for a fresh start and a new life...but it doesn't take away the violence from the perpetrator. If it's a man, he has still not gotten any help... and what about the next person who engages in a relationship with him?"

Campbell, who used to work for Manitoba Justice, said most victims of domestic violence are women and children, but that many men experienced it when they were boys.

"They've witnessed it, it's ingrained – they've learned the behaviours. When they find themselves in relationships and they have families, it's coming out."

Canadian data show that women are two-to-four more times likely than men to experience sexual abuse in childhood or in marriage or in common-law relationships, according to the Chief Public Health Officer's 2016 annual report.

The report also states that violence against women is under-reported.

And even though November is domestic violence prevention month, Campbell said it's not the only month we should be concerned about violence.

"It's very sad to hear...there are so many people experiencing something like this, that they're struggling with this. And for the numbers of people coming forward, there are so many more that are not."

Interlake communities to host alzheimer telehealth sessions

By Jeff Ward

The second telehealth session presented by the Alzheimer Society of Manitoba will help families navigate the complicated and sometimes stressful process of placing their loved ones in a personal care home.

The Transitioning to Long Term Care

session will take place Tuesday, Nov. 29 from 6:30-8 p.m. in several Interlake communities including Ashern Lakeshore General Hospital, Arborg

and District Hospital, Gimli Community Health Centre and the Peguis Health Centre, Selkirk and District General Hospital, Stonewall and District General Hospital, Winnipegosis and District Health Centre.

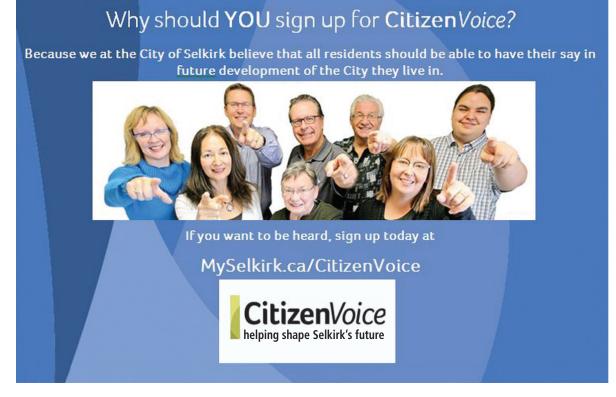
Telehealth connects presenters through live video conferencing in 45 locations across the province followed with a question and answer period. Interlake Eastern Regional Health Authority occupational therapist and community health worker Kate Geiger will be presenting three steps in the process of moving a loved one to a personal care home (PCH). Geiger said step one of her talk deals with the preparation in choosing a PCH, how to apply and understanding the environment of the came home. The second step involves tips for the move into the home itself and how to make the transition as stress-free as possible.

"The third part is all about the ongoing support once your loved one is settled in," said Geiger.

"There are still quite a few expectations on family members at this point in the process. With Alzheimer's the family is the only real connection for the staff at the (PCH) to understand who this person was in their life. You as the family member are the source of continuity with them, you need to play your role."

Anyone interested in registering for the session is encouraged to go online and visit alzheimer.mb.ca for more information.

Walk ins are also welcome.



Life lives on through wartime letters

Local author Tom Goodman will be a guest at Stony Mountain Book Club on Dec. 5

By Jennifer McFee

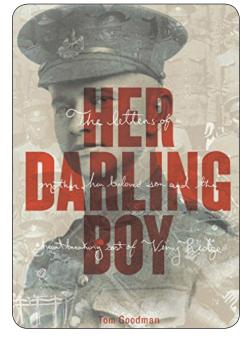
When Archie Polson penned letters home to his faraway mother while he served in the First World War, he probably never imagined that they would live on forever as a published

Although Tom Goodman never met his Uncle Archie, he undertook the task of compiling his wartime correspondence in his book *Her Darling Boy*: The letters of a mother, her beloved son, and the heartbreaking cost of Vimy Ridge. Published by Great Plains Publications, the non-fiction book launched last week to a full house at McNally Robinson.

"I'd always known about Archie, who was my mother's eldest brother. I'd known that he'd been wounded at Vimy Ridge, that his arm had been amputated and he suffered shrapnel wounds, but that's really all I knew," said Goodman, a Stonewall resident for the past 40 years.

"My grandmother talked about him. My understanding was pretty rudimentary other than the fact that my grandmother always carried his loss with her."

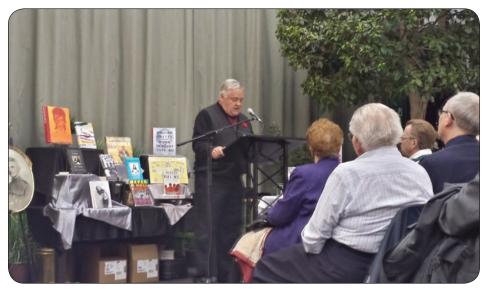
Around 2008, someone had told Goodman that the government has a record online of every soldier who ever served in both the First and Second World Wars. He decided to search for his uncle, who had left Gimli to



join the Forces. He died the following

"I Googled his name thinking I might get the details of his service and that sort of information, and what came up was the Archie Polson fonds at the University of Manitoba. I was wondering what that was so I clicked on the link and came upon an archive of most of my uncle's correspondence during his time of service," Goodman

"So there were letters from him to his mother and his mother to him and from a number of other people



PHOTOS SUBMITTED

Tom Goodman speaks in front of a large crowd during his book launch at McNally Robinson on Nov. 9.

 from nurses, from the Red Cross, from the government, from chaplains -some to Archie, others to the family. There was the initial lettergram that was sent to the family when he was wounded."

He read through it all and was astounded at what he found.

"It was a real treasure trove of information. The letters had been photographed and were all available online. It was really something," he said.

"An aunt of mine, Florence Paulson, had also maintained quite a bit of information relating to Archie and relating to the family generally, as well as quite a number of photographs, so taken together, it was quite a chron-

After Goodman retired from his career of practising law in 2010, he took a creative writing course Univerat the sity of Winnipeg. He wrote several short stories, including one that was based on Archie and the depth of his grandmother's grief for him.

"In so many ways, it was true, but it was still a work of fiction. So that sowed the seed that ultimately resulted in me writing the book. In it, I provide a fair amount of supplementary information and did a lot of research,"

"The most important elements of it really start when he signed up for the military and carried on until after his death. Even the letters of condolence were included. It's the life of Archie told through the correspondence, hence the subtitle that it's the letters of a mother and her beloved son and of course the heartbreaking cost of Vimy Ridge."

For a chance to meet with Goodman, he will be the guest author on Dec. 5 for the Stony Mountain Book Club since they are reading his book for the month of December . Everyone is welcome to attend the event, which will take place at Summit Café starting around 7 p.m. For those who are interested in enjoying a meal at the venue, a special dinner will be available starting at 6 p.m.

Copies of Her Darling Boy: The letters of a mother, her beloved son, and the heartbreaking cost of Vimy Ridge are available at McNally Robinson and through Amazon.

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Kiwanis is an international volunteer organization with the volunteer organization with the objective of improving the local community. Meetings are every 2nd and 4th Monday of the month at the United Church on McLean Ave, Selkirk 7:00pm

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Selkirk Regard

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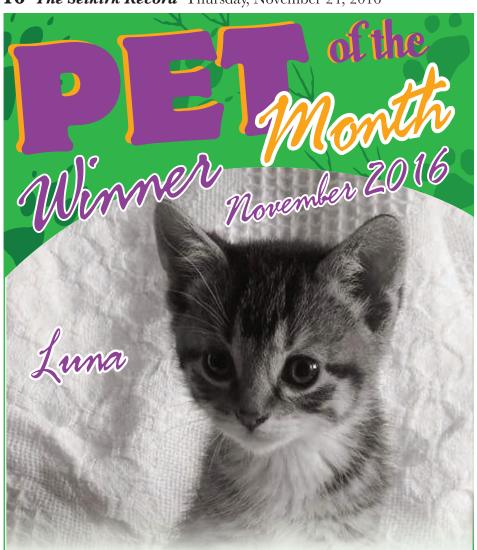
& third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.

> Monday of every month.

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WEST ST. PAUL REMORA #26 **ELKIRK** Black Friday Capital of Manitoba FULLOF Your area Chamber of Commerce since 1901 Glen Rossong LISGAR LODGE Friday, Nov. 25 Membership & #2 SELKIRK Our mission is to promote and expand economic trade and ODD FELLOWS Stephen Gwynn expana economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking **Sponsorship** Saturday, Nov. 26 Meets 1st Tuesday 204-482-6656 lisgarlodge@outlook.com lisgarlodge@outlook.com Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Tuesday of the month except December (second Tuesday), no meetings January, February, July and August at 209 Eaton Avenue, Selkirk MB. Dinner at 6:30, meetings begin at 7:30. of each month 204-338-7291 Sunday, Nov. 27 John Meetings first Sessions, Speaker Series Business Awards, Black Friday 204-482-5989 Weekend and many other community initiatives.



Fun Fact: Luna is the youngest of 3 fur babies and was born April 8, 2016. She loves to play with anything, especially her tail and cuddle with her big bro Titan who is a Bulldog Boxer.



Luna has won a prize pack from Canvasback Pet Supplies!

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Feeling a little festive



RECORD PHOTOS BY LINDSEY ENNS

Past president and current member of the Army Navy Air Force Veterans Ladies Auxiliary, Isabel Geard, pictured above, puts the final touches on the auxiliary's "forget me not" themed Christmas tree at the Festival of Trees and Craft Sale at the Selkirk Rec Complex last Saturday afternoon. The large two-day craft sale wrapped up on Sunday and featured more than 30 craft tables, various decorated Christmas trees, a silent auction as well as pictures with Santa and the Ryan Price Magic show last Sunday.



Correction

In the Nov. 10 edition of The Selkirk Record on Page 12, the "Dufferin Gang memorial could become a reality this spring" story should have read "The piece of land they are looking to use is a boulevard that sits one block north of Big Dollar in Selkirk." Incorrect information appeared in our original story. The *Record* apologizes for the error.

Language, transportation a challenge for refugees: report

Language barriers and transportation are some of the common challenges for refugees settling in rural Manitoba based on case studies by the Rural Development Institute (RDI) at Brandon University (BU).

The case studies were carried out in conjunction with the Manitoba Association of Newcomer Serving Organizations (MANSO) through funding from Immigration, Refugees and Citizenship Canada.

Researchers from RDI conducted 30 interviews with senior officials of service providers and representatives of refugee sponsorship groups in the communities of Boissevain-Killarney, Dauphin, Morden-Winkler-Altona-Carman, Portage la Prairie and Steinbach-Kleefeld.

The communities were chosen to represent a sample of Manitoba's smaller cities and larger towns that have recently received or are expecting an influx of refugees.

"We found unique results in each community, based on their particular traits such as population, geography, culture and other factors," said RDI director Bill Ashton. "At the same time, there were also many common threads that we saw in each case."

Language, including the availability of interpreters and opportunities



RECORD FILE PHOTO BY DAVE BAXTER

Yaya Ramadan, seen here with his wife Zara and their six-month-old daughter Maisoune say Selkirk and surrounding area residents have helped them adjust to their new lives in Canada. A new report shows that language barriers and transportation are some of the common challenges for refugees settling in rural Manitoba communities.

for the immigrants to learn English, was a common issue. Transportation, particularly to reach employment and other services, was also cited in many of the interviews. There were also common successes, including the efforts of volunteers, while members of the communities were found to be friendly and welcoming. With the

smallest population of the case studies, Killarney-Boissevain was cited for a lack of available services, but also was considered to be safe and affordable for the refugees. Larger communities had more services for newcomers, but housing affordability tended to be an issue.

"Due to the increase in interest in

refugee resettlement from small centres in Manitoba, it's important for us to understand the strengths and gaps in our settlement capacity," says MAN-SO executive director Vicki Sinclair. "This research will help us support regional settlement service providers as they work to develop small centre strategies for newcomer integration and to engage other stakeholders in working through challenges."

Between Nov. 4, 2015 and Aug. 1, 2016, about 30,000 Syrian refugees settled in Canada, including more than 1,000 in Manitoba.

The Red River Churches Refugee Team, a group of volunteers from more than 17 local churches raised money to help bring a family of seven to Canada, and the group is now working to support them while they adjust to life in Selkirk.

Before coming to Canada in July, the family spent 11 years living in a refugee camp in Sudan.

The RDI's research project builds on a 2015 report on immigration settlement services across Western Canada by RDI and Immigration Research West.

The full reports are available online brandonu.ca/rdi/publication/immigration-in-5-rural-manitoba-communities-with-a-focus-on-refugees/.

Selkirk RCMP warns drivers of changing road conditions

Submitted

The holidays are coming and that means more and more vehicles out on the roadway.

The Selkirk RCMP would like to advise motorists to be cautious on roads and highways at this time of the year due to the changing weather and road conditions.

The dusting of light snow and with the warmer temperatures during the day dip into freezing overnight, the roadways can be slippery and may catch motorists by surprise.

Police recommend getting winter tires on vehicles

to give drivers more grip and better handling on icy

RCMP ask motorists to slow down and drive according to road conditions so they will arrive safely to their destination.

In Confunction with

Featuring: • Tim Horton's & Selkirk Record "Shot in the Dark" • Laser Runners "Toonie Puck Toss" The Selkirk Cooperators "Shoot to Win"
 Tim Bits Hockey





The Steelers will be accepting a tin for the bin" (non perishable food donations) at all our home games up until Dec 20.

HOME GAME

VS Dauphin Kings Sat., Nov. 26th 7:30 pm

GAME

VS Winkler Flyers Tues., Nov. 29th 7:30 pm



Listen to all Steelers home and away games on MIKE FM www.mikefmwinnipeg.com

www.selkirksteelers.com the Steelers Box Office is open 1 hour before game time selkirk recreational complex

GET YOUR GAME TICKETS AT SELKIRK CHRYSLER or ONLINE AT www.diyobo.com

> MEAL IDEAS

Bistro Chicken Pasta Salad



1/3 cup (75 mL) balsamic vinegar 1 tbsp (15 mL) Dijon mustard

2 tsp (10 mL) canola oil

1 garlic clove, minced

2 cups (500 mL) whole wheat penne pasta, cooked

3 boneless, skinless chicken breasts,

grilled or cooked, cut into cubes 1/4 cup (50 mL) grated or shaved Parmesan cheese

12 cherry tomatoes, sliced in half 1/2 small red onion, sliced in rings 1/4 tsp (1 mL) ground oregano 1/4 tsp (1 mL) freshly ground black

1/2 cup (125 mL) freshly chopped

In small bowl, whisk together balsamic vinegar, Dijon mustard, canola oil and garlic. Set aside.

In large bowl, combine pasta, chicken, Parmesan, tomatoes, onion, oregano and pepper, tossing gently. Stir in balsamic mixture and basil, tossing gently again. Serve immediately or cover and refrigerate up to two days.

Orange Sesame Chicken Salad



Makes 4 servings 20 square wonton wrappers 23/4 cups vegetable oil, divided 1 head romaine lettuce, cut into bitesized pieces (about 8 cups)

1/4 cup soy sauce

1/4 cup freshly squeezed lemon juice 2 tablespoons sugar

1 tablespoon distilled white vinegar 1 teaspoon salt

1/2 teaspoon ground black pepper

1 tablespoon toasted sesame oil

3 to 4 cups coarsely shredded cooked, rotisserie chicken

1/2 cup chopped green onions 2 nave, Cara Cara or Valencia oranges, peeled and segmented

1/2 cup sliced almonds, toasted 2 tablespoons sesame seeds, toasted Cut wanton wrappers into 1/2-inchwide strips and separate on paper towels. Heat 1/2 cups vegetable oil in a large, wide saucepan over medium heat. Fry the wanton strips, 5 or 6 at a time, gently turning over once with a slotted spoon, until golden, 10 to 15 seconds per batch. Transfer to paper towels to drain.

Put romaine in a large salad bowl. In a separate mixing bowl, whisk together soy sauce, lemon juice, sugar, vinegar, salt and pepper. Add sesame oil and remaining 1/4 cup vegetable oil in a slow stream, whisking until the sugar is dissolved and the dressing is well blended.

In a third bowl, combine chicken, green onions, orange segments, almonds and sesame seeds. Add 1/3 cup of dressing and toss to coat. Toss romaine with enough dressing to lightly coat. Add the chicken mixture and toss lightly. Top with fried wanton strips and serve.

Sellend Record

What's **you'v** story?

Do you have a suggestion for our news team? Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 785-1618 or email igraphic@mts.net to place your announcements







Early Birds at 7:00 pm Regular Bingo

Black-Eyed Pea and Roasted Garlic Salad



1 large head of garlic

1 can (540 mL/19 oz) black eyed peas, drained and rinsed

1 large tomato, chopped 2 green onions, thinly sliced

30 mL (2 tbsp) chopped fresh dill or 10 mL (2 tsp) dried dill

1 L (4 cups) mixed spring greens 20 mL (4 tsp) canola oil

30 mL (2 tbsp) lemon juice Freshly ground black pepper (optional)

Cut top stem end off heads of garlic to expose cloves. Wrap in foil and roast in 200°C (400°F) oven for about 40 minutes or until very soft. Let cool

In bowl, combine peas, tomato, onions and dill. Squeeze garlic cloves out into pea mixture and discard skins. Stir together to combine. Divide greens onto 4 plates and top with pea mixture. In small bowl, whisk together oil and lemon juice and spoon some over each salad. Sprinkle with pepper, if using.

Tip: For a stronger garlic flavour, roast another head of garlic and add it to the

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GOT A SPORTS TIP





Selkirk Christmas Hamper Drive officially underway



RECORD FILE PHOTO BY DAVE BAXTER

Selkirk Christmas Hamper Drive organizers pictured from left to right: Linda Rosser, Rene Gauthier, Lorraine Still and Ron Daigle got into the Christmas spirit recently to remind residents that this year's Selkirk Christmas Hamper Drive officially kicked off last Monday. Anyone interested in preparing a hamper or registering for one can call 204-481-2567 or 204-481-0960. The hamper drive is being run for the second year by Our Daily Bread Soup Kitchen and is handing out hampers only within the City of Selkirk. Donations will be accepted until Dec. 16 at the hamper drive headquarters located at 202 Christie Ave. in Selkirk from Monday to Friday between 9 a.m. and 4 p.m. Residents can also donate new and unwrapped toys at Selkirk Home Hardware or at the hamper's headquarters.



No injuries after vehicle rollover in St. Clements

Submitted

Selkirk RCMP received a report of a single motor vehicle roll over on Highway 59 south of South Beach Casino in St. Clements on Nov. 18 around 7:30 p.m.

Police attended the scene and all occupants were safe and no one was trapped inside.

A second vehicle had also gone into the ditch nearby but no one was around.

Manitoba Highway Department was contacted to attend and sand the stretch of highway due to snow covered and icy road conditions.



Selkirk MB R1A 0X2

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Einarsons win silver at Canadian Mixed Curling Championship

By Brian Bowman

Team Manitoba returned home from the 2017 Canadian Mixed Curling Championship in Yarmouth, N.S. Sunday evening with silver medals after losing 5-2 to Northern Ontario's Trevor Bonot on Saturday.

Manitoba's rink featured skip Braden Calvert, Gimli's vice-skip Kerri Einarson and second Kyle Einarson, and lead Jennifer Clark-Rouire.

Kerri grew up in Petersfield.

"We're definitely proud to win a medal, of course, but having the gold right around our fingers was a bit of a heartbreaker," said Kerri Monday afternoon. "We controlled that whole game and we were outcurling them."

Northern Ontario scored one in the second end but Manitoba answered with a single in the fourth. Northern Ontario then snapped the 1-1 tie by scoring four in the fifth end by making a double takeout.

"Unfortunately, in the fifth end, my rock picked and Braden's draw picked," Kerri lamented. "That's how we gave up four."

Manitoba then scored one again in the seventh end but the two teams soon shake hands after that. Manitoba had an opportunity to pull to within a pair in that end but rolled out on an open hit.

Manitoba reached the gold-medal game after beating previously undefeated Wayne Tuck Jr. from Ontario 4-2 in Saturday morning's semifinal.

"I wouldn't say it was an upset," stressed Kerri, who will be competing in the Canada Cup of Curling in Brandon next week. "Braden and I, and our team, outcurled the other team and their skip, so it really wasn't too much of an upset.

"But I felt bad for Ontario because they went 10-0 and lost and then they were done."

Manitoba last won the Canadian Mixed Curling Championship in 2009.

In the bronze-medal game, Team Ontario scored twice in an extra end to defeat Saskatchewan 6-4. Fourteen teams took part in the seven-day bonspiel, the biggest curling event ever held in Yarmouth.

Northern Ontario, meanwhile, will now become Team Canada for the 2017 World Mixed Curling Championship, Oct. 6-14 in Champéry, Switzerland

Canada will be looking for its first



PHOTO SUBMITTED

Team Manitoba from the Gimli Curling Club, left to right, skip Braden Calvert, third Kerri Einarson, second Kyle Einarson, and lead Jennifer Clark-Rouire returned home with silver medals from Yarmouth, N.S. after competing in the 2017 Canadian Mixed Curling Championship.

medal after falling short in the first two World Mixed Curling Championships.

On an individual note, two members of the silver-medal winning Manitoba squad – Kerri Einarson and Calvert - were named to the all-star team at the awards banquet Saturday.

The all stars were selected based on cumulative shooting percentages during the round-robin draw - Calvert (83 per cent), Einarson (82), Ontario second Jake Higgs (80) and Nova Scotia lead Teri Udle (82).

Sportsmanship award winners were Bonot and Veronica Smith (P.E.I.).

Back-to-back KPAC champs

By Brian Bowman

It was exciting. It was intense.

And it was another KPAC Tier 1 championship for the Selkirk Royals junior varsity boys' volleyball team.

Selkirk won the league title for a second consecutive year after defeating the Garden City Fighting Gophers 3-1 in a thriller at the Comp last Thursday.

"It was exciting, for sure," said Royals' head coach Ryan Penner. "It's tough to win two in a row and the guys really wanted to accomplish that. It was special for them, for sure, and they played really well."

Selkirk lost the first set 25-18 but came roaring back to win the next three. The Royals won 25-20, 25-20 and 27-25 in a fourth-set thriller.

"I thought both teams played really well," Penner said. "In the first set, we didn't take advantage of the matchups we thought we had and we didn't pass very well and execute very cleanly."

But the Royals were much, much better after that first-set loss.

"We were tighter and cleaner and

much better defensively," Penner observed. "And we blocked extremely well."

Winning that exciting fourth set was obviously a difference maker in the match.

"We wanted to put away a really good Garden City team," Penner said. "And I thought we won on points that we earned. We won the game with big plays on our side."

The Royals earned a berth into their league final after sweeping the Miles Mac Buckeyes 3-0 at the Comp on Nov. 15. Selkirk easily won the first set 25-6 and then took the next two by scores of 25-15 and 25-17.

"We played really well," said Penner, noting the Royals were ranked fourth in Manitoba last week.

Selkirk now advances to the MH-SAA "AAAA" provincials, which will begin tonight in Winnipeg.

The Royals have high expectations heading into provincials.

"Our goal was to win KPAC and to win provincials," said the Royals' head



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals junior varsity boys won the KPAC Tier 1 championship for a second consecutive year after defeating the Garden City Fighting Gophers 3-1 last Thursday.

coach."It's a lofty goal and a hard goal to make and every team is trying to do that. But I think we have the team to do it and they believe that they can do it."

In junior varsity girls' action Nov. 15, the Royals were upset 3-2 by the Transcona Collegiate Titans in their KPAC Tier 1 semifinal.

Transcona won the first set 25-22 but the Royals fought back to win the next two by scores of 25-19 and 25-16. The visitors then captured the next two sets 25-22 and 15-8.

Transcona was later swept 3-0 in the league final by the MBCI Hawks last Thursday evening.

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Selkirk wins KPAC Tier 1 varsity boys' title

By Brian Bowman

In a season full of great accomplishments, the Selkirk Royals played their best volleyball with a KPAC varsity boys' championship on the line.

Selkirk easily defeated Miles Mac 3-0 by scores of 25-16, 25-17, and 25-10 in front of a supportive – and raucous - home crowd at the Comp last Friday evening.

"That was one of our best matches of the year," said Royals' head coach Jeff Scarcello. "We played really well."

Selkirk's defence was outstanding the entire match. The Royals seemingly dug everything and quickly turned that into offence.

"We have been working a ton with once we make the dig, what do we do with it," Scarcello said. "Our guys did a great job with that and our setter did a good job getting the ball into the air so (another player) could attack the ball."

Winning a league title on their home court was a special feeling for this

"It was great," Scarcello stressed. "The girls' match was played before us and they had a huge crowd, too. We had a ton of people out and it was really exciting. The whole community comes out and you have alumni and parents come out to a great venue."

To reach the final, Selkirk defeated Garden City 3-0 by scores of 25-21, 25-7, and 25-14 in one of two semifinal matches. After struggling a tad in the first set, Selkirk played much better in the final two sets of the match.

"We played good, but not great," Scarcello admitted.

Selkirk, the No. 1-ranked "AAAA" team in the province, will now await the winner of Friday's provincial playoff game between St. Paul's and Steinbach.

The winner of that game will then play Selkirk on Saturday (noon) at MBCI.

"It's going to be a tough quarterfinal," Scarcello said. "Steinbach has



RECORD PHOTO SUBMITTED

The Selkirk Royals won the KPAC Tier 1 varsity boys' volleyball title after sweeping Miles Mac 3-0 last Friday.

done some good things throughout the year and has been challenging consistently.

"And St. Paul's, throughout two

thirds of the year, was ranked somewhere in the top four before they had a bit of a falter at the end."

Royals roar back to clip the Hawks in KPAC final



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals defeated the MBCI Hawks in their KPAC Tier 1 final last Friday to win the league championship.

By Brian Bowman

The Selkirk Royals were not in the best situation against the MBCI Hawks in their KPAC Tier 1 final last Friday evening at the Comp.

Selkirk trailed 2-1 in sets - and 20-18 in the fourth set – when the Royals

suddenly caught fire and scored seven unanswered points to win 25-20.

The home side then carried that momentum into a 15-9 victory in the decisive fifth set. Selkirk stormed out to a commanding 8-1 lead.

"Down two sets to one was not a

great situation to be in," said Royals' co-coach Kyle Michalski late Monday evening. "But we got a couple of big attacks and the crowd just went crazy and we pushed through and won that fourth set."

MBCI won the opening set 25-21 but Selkirk rebounded to win the second one, 25-18. The two teams then traded 25-20 set wins, setting up the electric

"It was a fun night," Michalski said. "It was a packed house in Selkirk and it was unbelievable our fans that came out. There were students, alumni and their parents, it was unreal."

Michalski felt the Royals appeared nervous playing in front of that amped-up crowd in the first set. But they handled it much better as the match wore on, she noted.

Selkirk, for some odd reason, struggled with serve-receive in the league final. That's something the Royals are usually pretty good at, Michalski not-

"But our blocking definitely kept us in the game," she said. "And when we were able to transition and attack, we were able to put the ball away when

we were able to get it to our hitters."

To reach the KPAC final, Selkirk defeated Garden City 3-0 (25-21, 25-7, and 25-14) on Nov. 16.

"I felt we were in control the whole time," Michalski said. "There wasn't a doubt in my mind that we weren't going to be able to capture (the win)."

Selkirk now advances to the MHSAA "AAAA" provincials where the Royals are ranked third. The Royals will play the winner of a Friday playoff game between Winnipeg's Vincent Massey (ranked sixth) and Steinbach (11th).

Selkirk's quarter-final game will be played Saturday (6 p.m.) at River East Collegiate. The Royals are ready to do some damage in the MHSAA"AAAA"

"We had a good practice (Monday night) and our serve receive was looking a lot better, so that was good," Michalski said."The thing with our team is that we are very young this year, so it's just mentally and emotionally preparing the girls, as well as skills-wise, to be ready for the regional game and playing in the high-pressure situa-

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Langlais part of Manitoba's High Performance Team of the Year

Submitted by Patti Hacault

Garson's Brittany Langlais was a member of the Team Manitoba 16U girls' baseball team that was named the 2016 High Performance Team of the Year - Minor at an awards evening last weekend.

Manitoba's U16 provincial team is the result of seven years of growth and development spearheaded from the Sport Development (formerly Grassroots) committee.

The culmination of that hard work resulted in a silver medal at the national 16U girls' championships this past summer in Vaughn, Ont.

On their way to the silver medal, Manitoba knocked out two-time defending champion Quebec and defeated B.C., putting them in the final against Ontario.

The conduct with which this team carries itself has been a marvel to behold. Every year at nationals, this team endears itself to the fans and opponents, displaying sportsmanship, fair play and respect for the opposition and officials.

As a team, the players took part in several tournaments this summer, including at Clearwater on July 1 where they took first place on the "A" side. Manitoba also placed second at a Ste. Rose tournament.

In addition, Manitoba played numerous exhibition games against boys" "AA" and "AAA" teams to prepare for the nationals. Many of the girls also played the regular season as members of their home community baseball teams.



RECORD PHOTO SUBMITTED

Team Manitoba 16U girls' baseball named 2016 High Performance Team of the Year Pictured back row, left to right, Marc Bissonnette (assistant coach), Olivia Sheldon (Ste. Rose), Brittany Langlais (Garson), Kristi Morris (Minnedosa), Mikayla Nordman (Winnipeg), Amber Baker (Strathclair), Caitlin Culleton (Vassar), and Jeremy Culleton (head coach); front row, Laura Kilbrei (Arborg), Emma Anton (Winnipeg), Jamie Johnson (Arborg), Lauren Bray (Eddystone) and Katie Heppner (Winkler). Missing from the photo is Patti Hacault (assistant coach/manager), and Joanne Johnson (chef de mission).

Local finalists for major Baseball Manitoba awards

Submitted

North Winnipeg"AAA" Pirates' starting shortstop, Dylan Duguay, was a finalist for the 2016 Baseball Manitoba PeeWee Player of the Year Award.

Duguay dominated both offensively and defensively this past season. In 148 plate appearances, he led his team in batting average (.669), hits (99), and runs scored (78).

He also had the highest on-base percentage at 0.710 and the lowest strikeout percentage at 0.059, leading his team into the provincial champion-

Duguay also had power, pounding out19 home runs during the regular season, two more at provincials, and another three at westerns, which earned him the "Home Run Derby Champion" award.

Duguay was equally as strong defensively, playing 41 games and be-

ing involved in more than 10 double plays.

He dominated the infield as a Pirates' shortstop. His soft hands and great arm made it next to impossible for opposing teams to reach base when the ball was hit to him. Although Dylan did not make many appearances at the mound this season, he was one of the team's strongest closers.

In the 2016 season, Duguay threw a total of 507 pitches in 30 innings. He only gave up 18 hits and 13 runs (eight earned), ending the season with 41 strikeouts.

As a team, North Winnipeg won the WABA city championship and placed second at provincials, earning them the chance to represent Manitoba at the 2016 Western Canada Championship tournament in Saskatoon.

In the 2016 Western Canada Championship tournament, Duguay played



PHOTO SUBMITTED

Lockport's Dylan Duguay was a finalist for a major Baseball Manitoba award after a stellar season with the North Winnipeg Pirates.

all four games. He was named MVP in two the Pirates' games.

In addition to being a key player on the Pirates, Duguay also played with the Team Interlake baseball team at the 2016 Manitoba Power Smart Summer Games. A Lockport resident, he has been involved in local baseball programs since he was five years old.

Also nominated for an award, meanwhile, was Garson resident Brittney Langlais. Brittney was nominated by North Winnipeg Minor Baseball Association for "Female Player of the Year" for her dedication to the game and her phenomenal accomplishments this season.

Winning the 21U Player of the Year award was St. Clements' product Colten Boudreau. Boudreau starred for the Elmwood Giants as they claimed a Manitoba Junior Baseball League title this past season.

Starodub breaks Steelers' record for games played

By Brian Bowman

Most of the Selkirk Steelers' players and coaches have already forgotten their 6-1 road loss to the Winkler Flyers on Nov. 15.

But Dallas Starodub will probably remember it for a very long time.

The veteran Steelers' forward broke Dylan Heide's team record of 237 games played in Winkler last week.

Barring injury, Starodub expects to shatter that Steelers' record by season's end. He is currently at 239 games played and counting.

"I started out when I was 16 and it's a pretty cool accomplishment to say I'm the all-time games played leader for this organization," said Starodub Monday evening.

Starodub has seen plenty of changes since he joined the Steelers back in

"A lot of things have changed," he noted."Rules have changed, coaching staffs have changed a couple of times, and I think I've grown as a player every year," he said.

"My role at 16 is a lot different than what it is now."

The game has slowed down for Starodub over the years. He has improved immensely each season and is currently third on the team in goals scored with eight and second in points (17).

"It's being smarter," he said, noting being part of the Steelers' team that won 20 consecutive games was a highlight in his career. "You can preserve a lot more energy when you play smarter and a lot of things open up a lot easier now."

Starodub played his minor hockey in the Tri-s area, winning several championships along the way. He won a pair of titles with the Bantam "AAA" Hawks" and also earned a silver medal at the Western Canadian championship played in Winnipeg.

Starodub was drafted by the WHL's Brandon Wheat Kings and auto protected by the Steelers.

At 15, Starodub won a City Midget "AAA" championship.

Ken Petrash, the Steelers' director of hockey operations/general manager, had high praise for his multi-talented forward.

"We can't say enough about Dallas as far as being a local guy and playing five years for us," said Petrash Tuesday afternoon. "We wish we could find 10 or 12 more guys like Dallas from the

Starodub is the type of player that can do a lot of things to help a hockey club win games.

"Dallas is an all-around type player," Petrash said. "He can score goals and he can certainly bang and crash



RECORD PHOTO BY LANA MEIER

Veteran Steeler forward Dallas Starodub broke Dylan Heide's team record of 237 career games played.

players, you have one or the other, but the equation."

when you need him to. Usually with he's one that can bring both sides to

Moose Jaw assigns Gardiner to Steelers

Staff

The Western Hockey League's Moose Jaw Warriors and defenceman Ryan Gardiner agreed to mutually part ways last week.

Moose Jaw's loss is now the Steelers' gain as Gardiner was assigned to Selkirk.

Gardiner played in 17 games for the Warriors this season, recording a pair of assists. He started his WHL career in 2013-14, playing two games. Gardiner then played the next two seasons in Moose Jaw, scoring once and adding 27 assists in 139 regular-season games.

But the Winnipeg product saw his playing time cut down this season, including being a healthy scratch for a game against the Red Deer Rebels earlier this month.

"Ryan is a terrific young man," said Warriors' general manager Alan Millar on the club's twitter account. "He worked hard for the hockey club and was a leader in all

of our community initiatives."

Gardiner was drafted by the Warriors in the third round (52nd overall) of the 2012 WHL bantam draft. His older brother, Jason, also played in the WHL with Tri-City and Regina. Jason, a talented forward, was a Steeler for 15 regularseason games in 2008-09 and then 23 more the following season before wrapping up his MJHL career playing two seasons with the Winnipeg Saints.



PHOTO CREDIT MARC SMITH/DISCOVER MOOSE JAW The WHL's Moose Jaw Warriors sent defenceman Ryan Gardiner to the Selkirk Steelers last week.

Dudar the OT hero against Swan Valley

By Brian Bowman

Jake Dudar made sure that the overtime period between Selkirk and Swan Valley was a real quick one.

The veteran forward needed just 16 seconds to score in OT, lifting the Steelers to a well-deserved 3-2 victory over the Stampeders Saturday evening at the Selkirk Rec Complex.

Dudar was tied for third in MJHL scoring with 14 goals heading into last Sunday's games.

Cole McCartan and Mark Wilson, on the power play, scored for Selkirk in the first period. Swan Valley's Braden Groot opened the game's scoring at 5:27 of the first period and then the Stamps tied the score at 2-2 when Josh Martin scored with the

man advantage midway in the third.

Selkirk outshot Swan Valley 41-14 as Hayden Dola earned his eighth win of the season.

On Nov. 15, the Steelers had a great start – but a rough finish – in a 6-1 loss to the Flyers in Winkler.

Conner Barley needed just 53 seconds to put Selkirk on the board but that's the last time the Steelers would celebrate on this night.

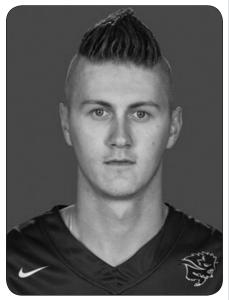
Gino Lucia tied the score at 1-1 at

2:18 of the opening period and then Tyler Jubenvill, with a pair, and Nolan McGuire tallied in the second.

The Flyers then turned a close game into a rout with third-period goals from Dylan Dix (two) and Jubenvill.

Brett Friesen made 24 saves in the loss. Selkirk, now 14-8-1, plays just one game this week as it hosts the Dauphin Kings this Saturday at the Selkirk Rec Complex. Puck drop is

Dear named Smitty's Bison Sports Male Athlete of the Week



Devren Dear

Staff

Devren Dear was named the Smitty's Bison Sports Male Athlete of the Week for the period ending Nov. 20.

The 6-foot-6 right side from St. Andrews is in his fifth season with the Manitoba Bisons men's volleyball team. Dear was very good in leading the No. 5 Bisons (7-1) to a two-game home sweep over the No. 1 Alberta Golden Bears last weekend.

Dear accumulated 36 kills along with 10 total blocks, five digs, three service aces and 45.5 points while starting in all nine sets over the weekend.

On Friday, Dear had a match-high 16 kills (.355 hitting percentage) and 19 points while adding two service aces and two total blocks in the 3-1 (20-25, 25-17, 25-18, 25-15) win.

The next day, Dear continued to be a top player as he finished with another match-high 20 kills (.268 hitting percentage) and 26.5 points with a team-high eight total blocks, five digs and one service ace during a 3-2 (25-23, 18-25, 25-19, 23-25, 15-8) victory.

Dear is now fifth in conference kills with 79 and tied for seventh in Canada West with eight service aces. He is also second with 98.5 conference points and tied for 18th with 19 total blocks after eight matches.

The Bisons resume action by visiting Saskatchewan (5-1) on Dec. 2-3.

Selkirk loses pair of one-goal games last week

Bv Brian Bowman

The Selkirk Royals played some real good hockey last week.

But they failed to get a win for their efforts.

Selkirk lost a pair of one-goal games last week by identical 3-2 scores in Winnipeg High School Hockey League action.

The St. Paul's Crusaders edged the Royals last Thursday in East Selkirk as Kieran Ursel scored the game winner midway in the third period.

Ursel opened the game's scoring early in first period but Selkirk came right back with unassisted goals from Tristen Ostrowski and Travis Spratt.

St. Paul's Brennan Ostir then fied the score at 2-2 in the second period.

On Nov. 15, the Royals were stopped in a shootout by the River East Kodiaks at the Selkirk Rec Complex.

Ostrowski scored a first-period goal for Selkirk, assisted by Logan Artimovich, and then Evan Bedard tallied in the third.

Special teams were a key for River East as Riley Hall potted a first-period power-play goal and then Mark Maione tallied shorthanded with 7:28 left in the third.

Selkirk played the Kelvin Clippers yesterday but no score was available at press time. The Royals will then host St. John's Ravenscourt today at 3:45 p.m. in East Selkirk.

Meanwhile, Selkirk edged the Dakota Lancers 3-2 in Winnipeg Women's

High School Hockey League play on Monday in East Selkirk.

Courtney Sorokopud-Jones scored the eventual game winner – her second of the game - with just 3:24 left in the third period. The Royals' Cienna Palmer had tied the score at 2-2 about four minutes earlier.

Sorokopud-Jones opened the game's scoring in the first period and then Morgan Sloan and Sarah Parsons answered for Dakota in the second period.

Selkirk hosted the St. Mary's Flames this past Tuesday and then the Royals will battle the Jeanne Sauve Olympiens next Tuesday at the Dakota Community Centre. Game time is 4 p.m.

Selkirk stomps St. Malo in KJHL play

By Brian Bowman

When the Selkirk Fishermen put in a full 60-minute effort, they are a real tough team to beat.

The St. Malo Warriors found that out the hard way Sunday afternoon at the Selkirk Rec Complex.

Selkirk spanked the South Division-leading Warriors 5-0 in Keystone Junior Hockey League action.

The Fishermen, who held period leads of 1-0 and 5-0, received two goals from Dylan Painchaud-Niemi and singles by Milan Horanski, Coel Forsyth, and Mike Smiley.

Riley Bannerman earned the shutout.

Last Friday, Selkirk was nipped 4-3

by the Falcons in Lundar.

Lundar took a 1-0 first-period lead on a power-play goal by Shayne Desjarlais and then went up three goals after 40 minutes as Landen Gray, a talented offensive forward, and Baily Proctor tallied in the middle frame.

Selkirk's Kale Ilchena and Gray traded goals in the third before Horanski sniped a pair of goals late in the game.

Travis Schalk made 26 saves for Selkirk.

On Nov. 15, the Fishermen were edged 5-4 by the North Winnipeg Satelites.

Tied at 3-3 midway in the third, the Satelites took the lead for good

as Kyle Pache scored. Sam Batt then sealed the win with a goal about six minutes later.

Drayton Mendrun and Horanski, on the power play, scored for Selkirk in the second period and then Harley Hoydalo tallied early in the third.

Howard Greives, on the power play, and Nico Lisi also scored for North Winnipeg.

Schalk made 19 saves for Selkirk.

The Fishermen (8-5) will have a pair of games this weekend, beginning with a home tilt against Cross Lake on Friday. The next night, Selkirk will visit Arborg.

Both games have 7:30 p.m. start times.

Schwartz named Tire Recycle Urban Athlete of the Week

Staf

Selkirk Royals' volleyball standout Owen Schwartz was named the Tire Recycle Urban Athlete of the Week,



Owen Schwartz

the MHSAA announced Nov. 15.

The talented 6-foot-4 left side received MVP honours at the Mennonite Brethren Invitational Tournament earlier this month. He has now led the Royals to six straight tournament wins this season.

"Owen is a great player who has a natural talent and instinct for the game," said Royals' head coach Jeff Scarcello. "He is extremely dedicated and hard-working and demonstrates a passion for the sport rarely seen in other athletes.

"When a game isn't going well, he is able to play with a lot of poise and make the big play needed to settle the team down."

In Grade 12, Schwartz maintains an 89 per cent academic average while also participating in basketball, baseball, and badminton.



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NOTICE OF HEARING

UNDER THE HIGHWAY TRAFFIC ACT THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, December 6, 2016 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg, Manitoba.

SPEED ZONES - PART IV -**SECTIONS 97 & 98 H.T.A.** 059-S - BROKENHEAD **OJIBWAY NATION**

Consideration to be given to reduce the speed zone from 80 km/h to 50 km/h on a portion of P.T.H. No. 59 within the Brokenhead Ojibway Nation Reserve No. 4.

The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the A/ Secretary prior to or at the hearing.

200 - 301 Weston Street Michelle Slotin, A/Secretary Winnipeg, MB R3E 3H4 Phone: (204) 945-8912

THE HIGHWAY TRAFFIC BOARD





NOTICE OF HEARING

UNDER THE HIGHWAYS PROTECTION ACT THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, December 6, 2016 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg, Manitoba.

PERMITS - PART I - SECTION 9 H.P.A. AND PART III - SECTION 17 H.P.A.

1/011/227/A/16 - RECREATIONAL TRAIL BUILDERS (MANITOBA) INC. O/B/O R.M. OF ALEXANDER

Application Legalize Public Road Allowance Access Driveway onto P.T.H. No. 11, between S.E.1/4 23 & S.W.1/4 24-19-7E, R.M. of Alexander.

1/011/230/A/16 - RECREATIONAL TRAIL BUILDERS (MANITOBA) INC. O/B/O R.M. OF ALEXANDER

Application to Legalize Public Road Allowance Access Driveway onto P.T.H. No. 11, between N.E.1/4 14 & N.W.¼ 13-19-7E, R.M. of Alexander.

1/059/231/A/16 - RECREATIONAL TRAIL BUILDERS (MANITOBA) INC. O/B/O R.M. OF ALEXANDER

Application to Legalize Public Road Allowance Access Driveway onto P.T.H. No. 59, between S.E.1/4 34 & N.E.1/4 27-19-7E, R.M. of Alexander.

1/059/232/A/16 - RECREATIONAL TRAIL BUILDERS (MANITOBA) INC. O/B/O R.M. OF ALEXANDER

Application to Legalize Public Road Allowance Access Driveway onto P.T.H. No. 59, between S.W.¹/₄ 35 & N.W.¹/₄ 26-19-7E, R.M. of Alexander.

1/044/228/C/16 - BARNES & DUNCAN O/B/O 5206537 MANITOBA LTD.

Application to Change the Use of Access Driveway to Joint Use onto P.R. No. 204 (Commercial) adjacent to P.T.H. No. 44 at its intersection with P.R. No. 204, R.L. 163, Parish of St. Andrews, R.M. of St. Clements (Lockport).

The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the A/Secretary prior to or at the hearing.

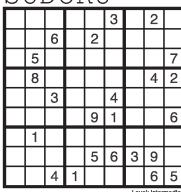
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THE HIGHWAY TRAFFIC BOARD

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Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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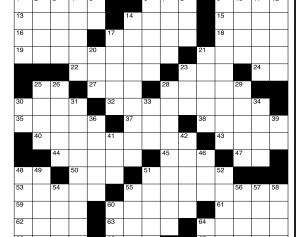
Sudoku Answer



CLUES ACROSS 1. Poets 6. Insecticide

- 9. Insect feeler 13 Intestinal
- 14. "Drum Boogie" singer
- 15. Region
 16. Chinese automotive co.
- 17. Served before entree 18. Dwells
- 19 Roosted
- 21. Tells players what to do 22. Infections
- 23. Hoover is one
- 24. Expresses surprise 25. Basketball position (abbr.) 27. Fresh Prince of __ Air
- 28. Hindu aueens
- 30. Easter marshmallow treat 32. Where coaches stand
- 35. Women 37. Thai province
- 38. Drenches 40. Matters that settle
- 44. Elaborate garments
- 45. Swiss river
- 47. South Dakota
- 48. Instinctive part of the mind
- 50. Some put this in their hair 51. French young women
- 53. Two legged support
- 55. Stimulates the heart
- 59. Waste matter
- O'Riley' 61. The Who anthem "
- 62. Old age personified
- 63. Remnant 64. Disband
- 65. Nanosecond 66. Referee declares 67. A citizen of Iran
- **CLUES DOWN** 1. "ER" actress Leslie
- 2. Wings
- 3. Power to direct and control

CROSSWORD



- 4. Small freshwater fishes of
- Eurasia 5. Scandium
- 6. Earnhardt and Hunter are two
- 7. Two-parted 8. Foul-mouthed bear from the
- movies 9. Tan horses
- 10. Song 11. Draw blood
- 12. High-ranking Turkish officer 14. Determine time
- 17. Begets
- 20. Watch chain
- 21. Constellation representing a dog
- 23. Indian dish 25. Legumes
- 26 Romanian river 28. An auto you don't keep
- _, delivers 29. Signs, _

- 30. Police Department
 - 31. Relating to teaching 33. Sportscaster Patrick 34. A way to glide 36. Fathered
 - 39. Statute mile (abbr.) 41. One-thousandth of an inch 42. Discounts
 - 46. Rockers from Georgia 48. Norwegian playwright
 - 49. Herbs 51. S. China seaport
 - 52. Stout sword

54. Pasty

- 55. Fill a suitcase 56. Japanese weapon
- 57. Dark brown or black 58. Grain crop
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- 64. Drill instructor

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PUBLIC NOTICE SNOW CLEARING & REMOVAL

The City of Selkirk wishes to remind residents that vehicles may not be parked on City streets for more than 24 hours at a time. This is especially important during snow removal operations as parked vehicles during this period obstruct the removal of snow from the streets by City staff.

Vehicles parked on City streets during this period are in contravention of the City's Traffic By-law No. 4868 and the Streets By-law No. 3756 and may be ticketed and/or towed

In addition, the City wishes to remind residents it is prohibited for any person to pile snow from their property or driveway onto a City street which may injure a person or be a hazard to vehicle traffic

Residents who wish to remove snow from their property/ driveway are responsible for having the snow hauled away. Persons wishing to haul snow from their property may contact the Operations Department to request access to the City's snow disposal site

Residents are also reminded that placing extension cords upon any sidewalk can interfere with the City's snow remov-

Please take notice that the City of Selkirk Snow Clearing Policy states that private driveways will not be cleared of snow deposited by the City's equipment.

All referenced By-Laws and Policies are available for viewing on the City of Selkirk website at www.MySelkirk.ca

City of Selkirk Operations Department (204) 785-4930

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ANNOUNCEMENT

CARDS OF THANKS

Zalubniak- Thank you to all those who attended the celebration of my One Hundredth Birthday. Thanks also for the many cards, flowers and gifts. They were very much appreciated. A special thank you to Yvonne Oxer for saying grace and Sheila Cox and the Christ Church ladies who provided the lunch.

-Olga Zalubniak

ANNOUNCEMENT

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65th Wedding Anniversary Casimir and Mary Petaski

November 22, 1951 - November 22, 2016 Your milestone is a time to celebrate the joys of today, the memories of yesterday and hopes of tomorrow. Congratulations and God Bless You. -All our love, your family

ANNOUNCEMENT

IN MEMORIAM



In loving memory of our parents **Gerald and Jean Cromarty** However long our lives may last, Whatever comes and fades from view: Whatever joy or grief be ours, We will always think of you. -Sadly missed by all of their family

ANNOUNCEMENT

IN MEMORIAM



Tom Simpson August 29, 1934 - November 24, 2013 Never more than a thought away, Quietly remembered every day. In our hearts your memory is kept, To love, to cherish, to never forget.

-Lovingly remembered by his wife Dorothy; son Alexander (Sandy); grandchildren Cori, Gregory, Brittany

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Announcements

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ANNOUNCEMENT

IN MEMORIAM

Eva Zelych March 20, 1925 - November 22, 1988 Those we love remain with us, For love itself lives on; Cherished memories never fade, Because a loved one is gone. Those we love can never be, More than a thought apart; For as long as there is a memory, They'll live on in our hearts.

-Love your family

OBITUARY

Bernice Jean Massey (nee Homeniuk) October 20, 1928 - November 19, 2016

Peacefully at the Tudor House Personal Care Home on November 19, 2016, Bernice passed away at the age of 88 years.

Bernice is survived by her children, Garry (Debbie), Bonnie-Lynn and Darlene; grandchildren, Andrew, Lawrence and Melissa; sisters and brothers-in-law, Charles and Joyce Pearson of Alexandria, VA, USA, Lillian Natchuk of Selkirk and Anthony and Germaine Swystun of St. Andrews.

Bernice was predeceased by the love of her life, her husband Lorne; her parents, John and Nellie Homeniuk; brother Wallace and brother-in-law Alex Natchuk.

Funeral Services will be held on Thursday, November 24 at 11:00 a.m. in the Gilbart Funeral Chapel in Selkirk with a viewing

prior to the service. Interment will follow in the St. Clements Cemetery. In lieu of flowers, donations may be made to Faith Bible Camp, PO Box 42059, RPO Ferry Rd. Win-

> Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



OBITUARY

Elsie Ruth Buffie (nee Leier)

March 29, 1930 - November 15, 2016

Peacefully, on Tuesday, November 15, our beautiful wife, mother, grandmother, great-grandmother, sister, aunt and friend, Elsie, passed away at the age of 86.

She will be deeply missed and forever loved by her husband of 66 years, John; and her seven children, John and Debbie, Rick and Janet, Pam and Glenn Elsasser, Glenn and Andrea, Shelley and Shawn Carlson, Sherrey and Graham Jones, and Kim and Teddy Helgason; all of her 17 grandchildren, whom she loved dearly and was so very proud of, Jonathan (Jessica), Brian (Marie), Michael, Clinton, Deanna, Jillian, Ryan, Kaitlyn (Jeff), Mitchell, Nicole, Michael, Jane, Terence, Kyla, Cody (Vanny), Shane, and Luke; and her precious great-grandchildren, Hurin, Owen and Stefan. She

was so looking forward to her fourth great-grandchild on his way.

Elsie is survived by her brother Edward Leier and his wife Pat, sisters Hertha Matthes and Marilyn Woytowich, along with John's family, and many loved nieces and nephews. She was predeceased by her parents Edward and Erna Leier, her sister Rita Roth, her brothers-in-law, Willis and Bob, as well as her husband's parents, John and Mary Buffie, and his many family members.

Elsie was born on March 29, 1930 in Niverville, MB. She was raised in Winnipeg and thought she would always be a city girl until she was swept off her feet by the love of her life, John. Elsie and John married on October 20, 1950 and made Selkirk their life long home. She loved to cook and bake for all who came. Mom and Dad's home was always open to their large extended families and so very many friends. The love and devotion she had for our father and us was undeniable.

Elsie, Mom and Grandma, we are so blessed and thankful for all the love and memories you leave for us to cherish. You will remain in our hearts forever.

Memorial service was held on Saturday, November 19 at 1:00 p.m. in The Lutheran Church of the Good Shepherd on Highway No. 9 in Selkirk, MB.

The family would like to extend our sincerest thanks to Dr. Demsas and the nursing staff at the Selkirk and District General Hospital for their wonderful care and constant concern

Flowers are gratefully declined, but if you so wish, donations may be made in Elsie's memory to The Lutheran Church of the Good Shepherd in Selkirk, Manitoba.



Sellank Record

OBITUARY

Myrna Cesar (nee Kolodginski)

On Monday, November 14, 2016 our mother passed away peacefully at the Selkirk General Hospi-

Myrna is loved and survived by her sons Jason and Jonathan (Paula) and her daughter Dawn. Also by her sister Betty (Melvin) Kossack and her sister's two sons and daughter and their spouses and

She was predeceased by her husband John and both her parents John and Anne Kolodginski.

She was born on July 17, 1941 and lived in East Selkirk her entire life. She married our dad on May

Our mother loved taking care of her cats, working on puzzle books and reading.

Jason, Jonathan and Dawn would like to say a huge thank you to our Aunt Betty for her wonderful and loving support and assistance through this difficult time.

We would also like to extend our thanks to the paramedics and nursing staff at Selkirk General Hospital, Dr. Demsas and Gilbart Funeral Home in Selkirk for their care of her.

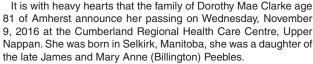
In keeping with her wishes, cremation has taken place with no formal service. Interment will take place at a later date.

> Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



OBITUARY

Dorothy Mae Clarke



She enjoyed playing cards with her children and grandchildren, watching the Maple Leafs playing hockey and her Blue Jays swinging the bat. She loved going to BINGO with her friend Donna. She looked forward to her daily and eventful drives with her daughter Laureen. She enjoyed spending time with family and having family gatherings. She loved visiting her family in Western Canada and thoroughly enjoyed her trip to Phoenix. She will be greatly missed by her family and friends.

She leaves to mourn her children, Debbie, Qwen, Gina (Terry),

Laureen, Kenny (Trina) and Rhonda (Jeremy); grandchildren, Teresa, Micheal, Crystal, Amanda, Hannah, Maddie, Landen, Emma and Jenna; great-grandchildren Cassie and Brody. She also leaves to mourn her sisters Marge, Lila (Doug), Shirley, Margaret (John), Rita and Marlene; and brothers Raymond (Sybil), Victor (Carey), and Fred (Mavis).

She was predeceased by husband Kenneth; brothers Kenny, Andy and Jimmy.

A time of gathering to celebrate Dorothy's life was held on Tuesday, November 15, 2016 from 2 - 4 p.m. in Amherst, Nova Scotia.

In lieu of flowers, memorial contribution may be made in Dorothy's memory to the Canadian Cancer Society or to the Heart & Stroke Foundation.

> Gilbart Funeral Home, Selkirk in care of arrangements www.gilbartfuneralhome.com



OBITUARY

Lorraine Joyce Olynyk (nee Kuxhaus)

It is with sorrow we announce the passing of Lorraine Olynyk on November 20, 2016 at the age of 86 years old.

She is predeceased by her husband of 56 years, Matthew in 2011; grandson Joshua in 2009 and sister Diane Olivier (Alf) in 2015. She leaves to mourn and cherish her memory her sons Craig (Lucia) of Owen Sound, ON and Jim (Sandra) of Winnipeg, MB. She also leaves four grandchildren, Craig Jr. (Alyssa), Lauren Jones (Adam), Bradley and Alyssa, and her great-granddaughter Harper. She will also be greatly missed by her sister Yvonne Whitehouse (Peter) and numerous nieces and nephews.

Lorraine was born in Winnipeg on February 23, 1930. She grew up in West Kildonan and attended Centennial School until she graduated grade twelve. She worked at Clark Papers and then she met the love of her life, Matt. They got married in 1954 and started

their family. They moved to Selkirk, MB in 1961 as Matt was starting his pharmacy career. Lorraine and Matt's faith were strong which lead them to The Lutheran Church of the Good Shepherd where she became involved with the church's Ladies Aid. She also had many fond memories as one of the original charter members of the the Selkirk Kiwanians.

'Nanny's humour, love and devotion to her husband, children and grandchildren will be cherished by them all and passed on for generations to come. She will truly be missed.

Cremation has taken place at her request. A celebration of her life will take place on Saturday, November 26, 2016 at 1:00 p.m. in the Good Shepherd Lutheran Church, 6088 Hwy 9A, Selkirk (south of the Steel Mill), with Paster Erik Parker officiating.

The family would like to thank the staff at the Victoria Hospital and Meadowood Manor for their kindness and support.

In lieu of flowers donations may be made in Lorraine's memory to the Alzheimer Society or the charity of choice.

> Gilbart Funeral Home, Selkirk in care of arrangements www.gilbartfuneralhome.com





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🔐 FRIDAY, SATURDAY & SUNDAY NOV. 25, 26 & 27







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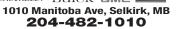




FRIDAY, SATURDAY & SUNDAY NOV. 25. 26 & 27









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Find our weekend specials in the **BLACK FRIDAY** EXTENDED SECTION



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BLACK FRIDAY AD SECTION

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As the big day draws near, retailers begin dropping hints about their Black Friday promotions.

Smart shoppers recognize that the Selkirk Biz Black Friday Weekend is a great time to find deals on holiday gifts, and following these tips can help shoppers save even more.

· Begin researching early. Since many retailers begin posting information online or send out advertisements about sale items far in advance of the Black Friday Weekend, shoppers should pay attention to each retailer's offerings so they can better coordinate their shopping efforts. Some Retailers offer their Black Friday weekend Deals from Friday to Sunday, others are closed Sunday or both Saturday and Sunday. Be sure to take note of each business' sale hours to avoid disappointment.

Continued on page 8









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FRIDAY, SATURDAY & SUNDAY NOV. 25, 26 & 27

> BLACK FRIDAY DEALS, FROM PG. 4

tempting to go out shopping with credit cards blazing, but that may lead to overspending. Determine what you can afford and set a budget for Black Friday Weekend shopping. Establishing a budget can help you avoid impulse purchases as well.

· Look for extra discounts. The early bird often gets the worm, but late shoppers also may benefit on Black

· Establish a shopping budget. It's Friday. Determine which times of the day stores are offering their biggest discounts. Door-buster sales tend to start very early, but such sales might be irrelevant if only items you do not need are being discounted. Determine if there are any additional sales that extend throughout the day.

· Divide and conquer. Split up the shopping responsibilities so you and your family can get your shopping

done guickly. The divide and conguer approach allows you to cover more ground and ensures someone will be there to claim the best deals from various local retailers.

· Dress comfortably for shopping. Participating Black Friday Weekend stores may be crowded and can be warm, so dress in layers so you can remove clothing if you get hot. You'll probably do a good deal of walking on Black Friday, so make sure to wear comfortable shoes.

· Have discount codes at the ready.

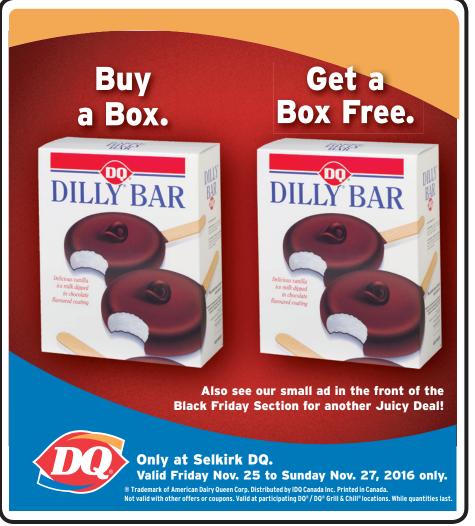
Many retailers now use digital apps or emails to keep in touch with customers. These same apps may enable smartphone users to search for discount codes and other coupons. Keep digital coupons handy so they can be presented quickly at checkout.

The Selkirk Biz Black Friday Weekend is one of the best times of the year to land steep discounts on a variety of merchandise and services. Make the shopping trip even more successful this time around.











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OV. 25, 26 & 27

The benefits to buying local this Christmas season

shopping dominates many people's free time between Black Friday and the final days before the big day. While many people may shop 'til they drop on Black Friday those days still account for a relatively small amount of the hundreds of billions of dollars that are spent each holiday season.

Shoppers now have a bevy of options at their disposal as they embark on holiday shopping season. Traditional in-store retailers are still around, and online shopping continues to grow in popularity with each holiday season. But many holiday shoppers are looking to **buy local** this holiday season, and such a decision can pay a host of dividends for both shoppers and the communities they call home.

Buying local creates jobs in your community. One of the biggest ways local business owners in the Selkirk area recirculate their revenue in the local economy is job creation.

Shopping local will provide access to more unique gifts at stores like Gramma Carols and BiG DOLLAR. In addition to the economic benefits of buying local, shoppers may find merchandise made by local craftsmen is more unique than mass-produced items found on the shelves of national retailers. Great examples of this will also be at the Black Friday Craft Sale this Saturday at Selkirk's Memorial Hall. Recipients may cherish more unique items that they cannot find on their own, and that appreciation may even spur them to visit more local retailers after the holiday season has come and gone, benefiting their own communities in so doing.

Buying local not only benefits small business owners, but it also pays dividends for their customers and the communities they call home. These are the businesses that **donate**

to the local sports tournaments, contibute to the foundation and volunteer their time to help out when the community is in need. Just look to the local grocery buiness' for great examples of this; Selkirk Safeway which has raised hundreds of thousands of dollars for local initiatives, Harry's Foods who continues to support community events 12 months of the year and of course the **Gaynor Family** who have given back over a million dollars to make our community a much better place to live, work and play.

