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**A symbol of remembrance**

**RECORD PHOTO BY LINDSEY ENNS**

A little snow didn't stop dozens of local and area cadets from handing out poppies at various locations in Selkirk last Saturday. PICTURED LEFT: Daerwood sea cadet Torrie Legace, 18, pictured right, pins a bright red poppy to fellow cadet Lati-sha Smith's, 11, jacket while they were handing out poppies outside Safeway last Saturday afternoon. The Selkirk Legion's poppy campaign officially kicked off on the last Friday of October. In Selkirk alone roughly 15,000 poppies are handed out annually.


For our Remembrance Day section, see Pages 16 and 17.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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# Skating into their 100th season



RECORD PHOTO BY BRETT MITCHELL

Pictured from left to right: Arborg Ice Dawgs Captain Derric Gulay, City of Selkirk Deputy Mayor Kelly Cook, KJHL commissioner Rick Olson and Selkirk Fishermen Captain Drayton Mendrun gather for the official puck drop during last Saturday night's game in Selkirk to mark the start of the Fishermen's 100th season.

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# Teen arrested after threats made against Selkirk high school

By Lindsey Enns

A 16-year-old St. Andrews boy was arrested Sunday night in connection with threats made on social media against students at high schools in both Selkirk and Winnipeg.

The threats, involving Kildonan-East Collegiate in Winnipeg and the Selkirk Comp, were made early Sunday

evening on Snapchat.

"I guess I'm going back to jail tomorrow I'm going to kill someone," part of the first post read.

A second post sent shortly after read: "Don't know how much people I am going to kill tomorrow."

RCMP spokesperson Sgt. Paul Man-aigne said calls about the social media

post started coming in around 4:30 p.m. on Sunday. He said the St. Andrews teen was arrested for uttering threats.

"The RCMP takes these types of complaints seriously and the officers in Selkirk worked quickly to identify and locate the individual responsible," said Sgt. Paul Manaigne of the Manitoba RCMP. "We are continuing to work with the Lord Selkirk Regional Comprehensive Secondary School and taking all the necessary steps to ensure the students and staff are safe at school."

"I can confirm with you that there are currently no safety concerns with the High School staff and students and that school officials have been kept up to date with the incident."

Lord Selkirk School Division Supt. Michele Polinuk said staff were in-

formed of the threat towards the Selkirk Comp on Sunday evening and the teen, who she confirmed is a Selkirk high school student, was arrested shortly after.

"I'm just so thankful that the community and parents monitor their kids and social media because they are the ones who alerted police," Polinuk told the *Record* during a telephone interview on Monday morning. "I'm just very thankful for this community, for the community of parents and the RCMP."

"It's because of working together that we were able to have this resolved (Sunday) night."

Polinuk said parents of students at the local high school were notified of the threat via an automated call from the division.

Continued on page 11



## Attention Kids...

### Write us a Christmas Story!

Write a story that takes place on Christmas Eve.  
Use as many words from this list as possible.

- homeless person
- bakery
- snow
- family
- street corner
- Christmas carols
- lost wallet
- dog
- shoe
- brother
- sister
- memories

(Maximum 300 words or less)

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All winning stories will be published in the December 21<sup>st</sup> Selkirk Record

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# Volunteers teaming up to light up downtown Selkirk



RECORD PHOTO BY JUSTIN LUSCHINSKI

Selkirk Mayor Larry Johannson, pictured far left, visited dozens of volunteers while they were busy unwrapping 3,000 strings of lights for the 75,000 Lights for the Darkest Days event that will light up downtown Selkirk along Manitoba Avenue from Dec. 1 to Jan. 31, 2018.

By Justin Luschinski

Dozens of volunteers are teaming up to brighten up Selkirk's old downtown district along Manitoba Avenue.

The 75,000 Lights for the Darkest Days project aims to string Christmas lights across Manitoba Avenue, from the BMO Bank to Eveline Street. Volunteers started to unwrap 3,000 strings of lights on Monday, and the work was expected to continue for the next few days.

Gayle Halliwell, one of the organizers behind the event, said she got the idea while visiting her family in Nap-

anee, Ontario.

"They started to light their downtown area ... Napanee is a town identical to Selkirk. People travel from all around Ontario to see it," Halliwell said. "They've experienced more interest, and a revitalization, but it's just so stunning."

Halliwell brought the idea to Shirley Muir, one of the organizers behind the upcoming Holiday Alley, who then started figuring out how this project could be brought to life.

Continued on page 11

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# Selkirk couple raising awareness about acromegaly

By Lindsey Enns

When Adam Vagi started noticing changes in the size of his hands and feet in his early 20s, he didn't give it too much thought.

But over the span of a couple of years, Adam was forced to get his wedding ring resized several times and his shoe size went from a size eight to an 11.

In April 2014, at the age of 29, Adam was diagnosed with acromegaly, a rare disease in adults which is most commonly caused by a benign pituitary tumour, which leads to abnormal growth and enlargement of the hands, feet and facial features. It can also lead to increased spacing of teeth, headaches as well as problems with vision.

"Looking back on all of that ... if I would have known about the disease, I could have been diagnosed a lot earlier," the 33-year-old said while sitting inside his Selkirk home last Friday.

Not only does Adam and his wife Charity now know more about the disease, Adam was recently named a Manitoba acromegaly ambassador. The couple has since created a Facebook support group, "Acromegaly Manitoba," in an effort to raise more awareness and connect people in the province struggling with their own diagnosis.

"The biggest thing is if somebody does get the diagnosis and they do reach out I can guide them because I've been through it," Adam said. "I've had my ups and downs over the last four years for sure and this definitely is a different chapter in my life."

Acromegaly also has hidden family, work, social and psychological im-

pacts and often causes those affected to suffer in silence and isolation.

Adam said he'd never heard of the disease before so when he was diagnosed, he felt "lost and scared."

"We were scared, we were overwhelmed," Charity said. "I think we were a little scared to face the reality of a diagnosis. And everything we read on the Internet was a bit depressing."

"I think we were in a bit of denial."

Although between three and four million people are diagnosed with acromegaly each year, statistics show that at least 2,000 Canadians affected by the disease go undiagnosed, Adam said.

"When we are out and about we can almost pick people out who may have it because we now know what to look for," he added. "It's such a slow progression ... they figure I had it when I was 20."

Although Adam had brain surgery to remove 95 per cent of his benign pituitary tumour shortly after his diagnosis, the disease has affected the bone structure in his face, hands, feet, chest and hips.

Adam is currently on disability from his job as a constable with the Winnipeg Police Service. He is scheduled to undergo hip surgery in February to relieve some of his pain and discomfort and he's hoping to recover quickly so he can get back to work.

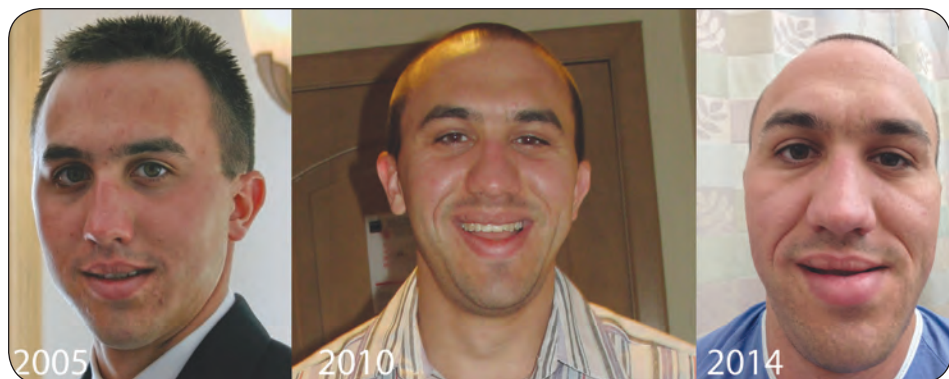
"Some days are good, some days are bad," he said. "My mobility is probably the top thing that is affecting me right now."

To keep his symptoms at bay, Adam is visited by a nurse every four weeks to receive two needle injections which are meant to help block the growth hormone.



SUBMITTED PHOTOS

ABOVE: Adam Vagi and his wife Charity, pictured centre, along with their children Johanna and Addison are pictured together in this family photo taken in September. Adam was diagnosed with acromegaly in April 2014 and he was recently named Manitoba's ambassador for the rare disease. BELOW: Progression photos from 2005, 2010 and 2014 show changes in Adam's face due to acromegaly.



For an active person who used to go to the gym every day and play hockey, Charity said the disease has been tough on her husband both physically and mentally.

Charity believes mental health therapy needs to be made available for those living with rare diseases in Manitoba.

"It's just not offered so a lot of people are just left alone, confused, de-

pressed, scared and I think that's part of our mission to raise awareness," she said.

Charity added one of the biggest misconceptions about the disease is that it makes people appear deformed or look like an "ogre."

"We know people who have acromegaly that don't look like they have acromegaly and we're surprised that they have it," she said. "So there's a bit of a misconception that you have to have those certain characteristics."

Charity said the disease is diagnosed with a very simple blood test, an IGF-1 blood test, something they are also hoping to raise more awareness about.

On Nov. 1, which was National Acromegaly Day, part of Charity's Facebook post read: "If you suspect that you may be suffering from acromegaly, or you think someone you know may have it, please don't hesitate to share the name of that test with them. It could save their lives. Because the truth is, my husband's day-to-day life is heavy. Really, really heavy. But had he gone undiagnosed, and gone untreated, he could have died. This disease does take lives....but I won't let it take Adam's."

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# Local woman earns Canadian leader in mental health award

By Lindsey Enns

Bonny Wynnobel still remembers the first time she walked into the Selkirk Mental Health Centre.

She was a local high school student on a class field trip and during their tour she realized she wanted to work towards a career in mental health.

"I came to the centre and thought 'I kind of like this work,'" Wynnobel said. "Then I went into psychiatric nursing and here I am."

Wynnobel went on to start working at the centre as a psychiatric nurse in 1979. Today, 38 years later, she is currently the centre's acting director of operations.

"It's a fantastic place to work," the Selkirk resident said. "I work with many great people that help make change happen."

Wynnobel was recently named one of the 150 Leading Canadians in Mental Health by the Centre for Addiction and Mental Health. She received her award during an event on Oct. 23 in Alberta.

In April 2017, the Centre for Addiction and Mental Health launched a cross-Canada call for nominations of people influencing change in this area.



BONNY WYNNOBEL

Wynnobel said she was both "shocked" and "surprised" when she found out she was among the list of nominees.

"That was the first thing, and then to be selected was rather humbling and a very great honour," she said. "I've really had the best career that anyone could ask for."

Over the span of her 38 years at the Selkirk Mental Health Centre, Wynnobel has helped shape her workplace.

After noticing a gap in training

and professional development, she became the centre's education co-ordinator, helping to integrate ideas around recovery and psychosocial rehabilitation into the centre's care practices.

She later took on the role of redevelopment co-ordinator and patient advocate and has led numerous redevelopment projects at the provincial facility, including the construction of the Tyndall Building, a 108-bed residential unit that provides people with individual rooms, private bathrooms and features natural light.

Wynnobel said one of the biggest changes to mental health she's noticed over the years is a more recovery oriented approach.

"Recovery oriented is that you are basically helping people to have hope that life can go on and the illness isn't their whole life," she said. "It's that message of hope."

What hasn't changed over the years however is the Selkirk centre's person and family centred approach, she said.

"You're hearing the person and not just treating them like an illness ... and helping them to reach out and discover themselves," she said.

Although earlier this year the Selkirk Mental Health Centre received exemplary status, the highest level of accreditation possible for a health-care centre, Wynnobel said they are constantly looking at ways to improve.

"There's always ways to improve, particularly in mental health because mental health is still one of those areas that needs a lot of research," she said. "We're having to try to help people be hopeful and be able to reach for their own recovery whatever that is for them."

Although she will retire in March 2018, Wynnobel said she plans to continue volunteering in the mental health field at the local level.

"I've thoroughly enjoyed my career, I couldn't ask for anything better," she said. "I've been privileged to actually work with the people who come to the centre."

The Selkirk Mental Health Centre is a 252-bed facility that provides specialized inpatient mental health and acquired brain injury treatment and rehabilitation services to Manitobans.

Services are provided through five specialized patient programs: Acute, Geriatric, Rehabilitation, Forensic and Acquired Brain Injury.

## RCMP urge motorists to buckle up

Staff

RCMP in Manitoba are reminding motorists to buckle up.

In the first 10 months of 2017, Manitoba RCMP have responded to numerous fatal motor vehicle collisions where the victim was not wearing a seatbelt and was ejected from the vehicle.

A review of all fatal collisions in Manitoba from Jan. 1, to Nov. 2, has determined that seatbelt use was a causal factor in 52 per cent of deaths.

"It is tragic that we are seeing such

a high number of fatalities due to the lack of seatbelt use," said Sgt. Paul Managire of the Manitoba RCMP. "This year, we have already seen 33 people lose their lives because they weren't wearing a seatbelt. Vehicles are designed and engineered with a life space that will protect occupants in a collision, but it only works if you are wearing your seatbelt."

The Manitoba RCMP is reminding the public to always wear their seatbelts, no matter the speed limit or distance travelled.

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## Just cut those minnows in half

Thanks for joining me again, how's it going?

Did you catch our story a couple of weeks ago of Ron Chorney hitting a mud bar and summersaulting over the bow of his boat while fishing by Lockport? That was only half the story you see, the other half belongs to Dempster Turton, of St. Andrews, Rons' long lost friend.

I met them both on the Lockport pier and Dempster also gave us a story of how he was fishing here long ago and when he momentarily left his rod unattended, a fish struck taking it out to the middle of the river. What he didn't know was that rod was headed in the direction of his old friend Ron taking a mud bath. They had worked together for years becoming steadfast friends but lost touch after retirement. Both had fished the Lockport pier always missing each other, until a week after Dempsters' rod took off toward Ron in the mud bar. Suddenly there they were standing on the pier looking at each other and Ron said, "What the heck are you doing here!" They reveled in their reunion. Again the next week they wound up at the "locks" with Dempster joking, "Oh, it's you again!" Their friendship has now renewed after years of missing each other around the same fishing area.

Every once in a while you'll get a little tip and if you're sharp enough to use it, you can be ahead of the game. I happened to meet Marshall Huska, a lively boisterous guy from Matlock at Breezy Point. Just as I was walking up to him by the shore he was tossing a small bass to a pelican. Apparently the bass had swallowed the hook and was beyond releasing. We got to talking and I noticed Marshall was catching fish when no one else around him was. "It's the minnows," he claimed, "use minnows that cover the hook



RECORD PHOTO BY ARNIE WEIDL  
Dempster Turton with one of his catch at Lockport.

without hanging down. If the minnows are too big, cut them in half." Wise words, my friend!

Not long ago I was by the Winnipeg River at Lac du Bonnet and met Kelly Cochrane from Winnipeg. He was an average sized man with a wide smile, kind eyes and an educated air about him offering an unusual story. There was a time before he retired, an executive from his company who had never fished before was coming into town so Kelly thought he would take him out for some good Manitoba fishing. He rounded up a couple of his buddies, some gear and went to meet the exec at the Winnipeg airport. Well, what came out of the arrival doors

was impressive. A pampered chap with styled hair wearing expensive clothes (let's call him Richard) strode forward and after introductions Kelly led him off to the luggage carousel. The carousel turned carrying bags of all descriptions but Richards' four large royal blue designer cases stood out from all the others. They got the cases and dropped Richard at his hotel telling him they would pick him up early in the morning. Before sunrise Kelly and his gang pulled up to the hotel entrance and there stood Richard in "Brooks Brothers" like outdoor fishing togs-with a small bat dangling from his belt. Kelly wasn't sure about the bat but said nothing and the trip to Williams Lake went uneventfully. Mid morning came with all the men shore fishing and wonder upon wonder Richard caught the first fish. It was a small fish to be sure but Richard who had never experienced the thrill of catching one was beside himself. Shrieking with joy he reeled in his prize totally disregarding his manicured hands and grabbed the fish in primal triumph. Then with a sideways sweep of his hand he snatched his little bat. Kelly and the other guys darted questioning looks at each other. Richard raised his arm bat in hand about to smash the fish in the head. Kelly's sense of humor took over and he called out to Richard with a look of "this- is- not-done-here-sir" saying, "when you catch your first fish you must bite its' head to become true fishermen!" Richard hesitated then raised the clasped fish to his mouth with teeth bared, was stopped in mid motion as Kelly rushed forward saying, "No Richard, we were kidding." Richard gave Kelly a devilish grin then said, "Wait till I get you on the golf course! Ten bucks a hole?"

See you next week folks, bye.

View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)



### > CONTACT US

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

### TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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# Pawed Pals looks to build community based animal rescue centre

By Justin Luschinski

A local animal rescue organization is looking to build a centre for stray dogs and cats in Selkirk.

Pawed Pals Animal Rescue is hosting their Annual General Meeting on Tuesday, Nov. 28, at Selkirk United Church. The organization will be discussing what they accomplished in 2017 as well as a plan for construction of a new animal rescue centre.

Jo-Anne Wilson, Pawed Pals chairperson, says the centre will not only be a shelter, but an opportunity for community and area members to learn more about their pets.

"There's so much of a need for a centre like this," Wilson said. "This centre will not only be a place for animals that need a home, we want it to be a learning centre ... People can learn the importance of spaying and neutering your pets and responsible pet ownership ... The centre will be community based."

The centre will be built on a plot of land close to the Selkirk Transfer Station, on Whisky Ditch Road. The land was donated by Gary Polinuk, while his mother Doreen pledged more

than \$500,000 in cash towards the building's construction.

Doreen Polinuk said she donated the money because she believes Selkirk needs a place like this. A place where stray animals can call home.

"I've always been a pet lover, before my husband passed away, we had the airport. We've always had this need to care for pets ... I saw that some people were hosting 14 or 15 cats at a time, and it's a shame because these animals need a place to go ... We need a place where people can bring a stray, which they can't keep for whatever reason, to somewhere that can take care of them," Doreen said.

The centre will also host multiple community events, such as a Seniors Walk Dogs event, where community members will get to interact and learn about their pets in different ways.

Pawed Pals is still seeking additional community support before they break ground on the centre.

Their Annual General Meeting on Tuesday, Nov. 28 at the Selkirk United Church at 6:30 p.m. is open to the public.



RECORD PHOTOS BY JUSTIN LUCHINSKI

Pictured from left to right: Pawed Pals chairperson Jo-Anne Wilson, Karen Keppler, campaign chairs Doreen Polinuk and Gary Polinuk are gearing up for the local animal rescue's AGM on Nov. 28 where plans will be discussed for their new community based animal rescue centre.

# Organizer gearing up to host Selkirk's first Your Holistic Fair Dec. 3

By Lindsey Enns

An organizer behind an upcoming holistic fair says the event will give community members a chance to try locally made products for a good cause.

Ashleigh Schofield, who is one of the main organizers behind the Your Holistic Fair, says the event is for "anybody that is looking for alternative methods, different therapies and looking for more mindfulness."

The fair is set to take place on Sunday, Dec. 3 from 10 a.m. to 4 p.m. inside the Smitty's Banquet Hall located at 168 Main St. in Selkirk.

The entrance fee is \$2 and silent auction proceeds will be going to Our Daily Bread Soup Kitchen and the St. Francis Place Shelter.

"We chose them because we

wanted to support them as well," Schofield said. "There's so many people that depend on the soup kitchen for meals and there's so many people that are homeless as well."

"We're just really looking to promote health and wellness ... and help people feel like they're not alone."

Schofield said 23 vendors are confirmed for the event. Some of the items vendors will be offering include kombucha, henna tattoos, bath salts, wooden jewelry and boxes, dream catchers, crystals, healing kits, and soaps just to name a few. Intuitive psychics, medium as well as flame, tarot and palm readers will also be on hand.

The 34-year-old

nurse who lives Selkirk added she also does readings and energy healing type work. She added this is the first time Selkirk is hosting a holistic fair and they are hoping to plan another similar event for the spring.

"We're hoping that in the spring time that it will be in a larger venue," she said. "There are so many people in Selkirk and surrounding areas that would benefit from it."

Those interested in getting involved or for more information can contact Ashleigh Schofield directly by calling 204-485-1509 or via email at love2expression@gmail.com.



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## RM of St. Andrews hosts public hearings for wastewater plan

## Connecting to Selkirk 'does not make financial sense,' Pike says

By Justin Luschinski

Public hearings regarding the St. Andrews wastewater plan were held last week.

Municipal board hearings took place at the St. Andrews Community Club. The hearings detailed the RM's plan to connect the municipality's wastewater to Winnipeg, as well as the option to connect to Selkirk's new wastewater treatment plant.

St. Andrews Mayor George Pike said their decision to connect to Winnipeg is a financially sound business decision.

"The cost to phase two residents remains the same, whether the St. An-

draws sewage goes north to Selkirk, or south to Winnipeg, it's \$7,390 for the required modifications," Pike said last week. "However, the additional to go to Selkirk will be an additional \$5.5 million, which will also apply an additional \$1.1 million to phase 3 ... (going to Selkirk) does not make financial sense."

The additional \$5.5 million cost to connect to Selkirk comes from a required force main pipeline that would travel around the city and connect to the city's new wastewater treatment plant directly.

According to a statement released by the City of Selkirk, the city's engi-

neers recommended that the system connect directly into the treatment plant. This is because the sewage system being constructed by the RM of St. Andrews is different than Selkirk's main sewage system.

St. Andrews resident Bruce Mellon, who attended one of the hearings last Thursday, said that he doesn't believe that the RM has done its due diligence in exploring the Selkirk option.

"That price quote from the RM (regarding the required pipeline to Selkirk) should be checked by a different engineering company ... Based on the evidence I provided, I do not believe that (St. Andrews council) had done

its due diligence regarding the Selkirk connection option," Mellon said.

Mellon also presented a letter from Selkirk Mayor Larry Johannson, which appeared in the Nov. 2 edition of the *Record*, to the board last Thursday.

The final part of the statement read: "After reviewing the information provided to council, we believe that there may be further opportunities to make the City's proposal even more cost-effective for St. Andrews residents. Should the RM ever want to discuss those options, we are always willing to work with our neighbours."

## Manitoba unveils hybrid model for distribution, sale of marijuana

Staff

The smoke has finally cleared surrounding Manitoba's plan for marijuana retail and distribution.

On Tuesday the province revealed how it plans to regulate, monitor and sell marijuana once it's legalized on July 1, 2018.

Manitoba's model will see the Liquor and Gaming Authority (LGA) given an expanded mandate to regulate the purchase, storage, distribution and retail of cannabis. The Manitoba Liquor and Lotteries Corporation (MBLL) will secure and track supply of cannabis sold in Manitoba, while the private

sector will operate all retail locations.

"Legalization of cannabis is a major shift in public policy and safety remains our top priority," Premier Brian Pallister stated in a release on Tuesday afternoon. "MBLL oversight of supply and distribution will ensure safety, and retail by the private sector will ensure competitiveness and accessibility which will help achieve our goal of getting gangs out of the cannabis business."

Private-sector retail supports the decision not to co-locate cannabis retail with the sale of alcohol, eliminates the need for immediate public invest-

ment in new storefronts and provides consumer choice through different retail experiences, the premier added.

"This approach is designed to meet our objectives of eliminating the black market, keeping cannabis out of the hands of youth and creating new opportunities in the marketplace," said Growth, Enterprise and Trade Minister Blaine Pedersen. "The private sector's role in encouraging competitive pricing supports these goals. At the same time, provincial oversight will help maintain supply chain integrity and prevent the diversion of product."

Provincial regulation of wholesaling, distribution and retail will be through LGA, the minister noted, and a regulatory framework and licensing regime is in development.

MBLL will be responsible for central administration, supply chain management and order processing. The Crown corporation will oversee the wholesale and distribution of product including leveraging economies of scale through bulk purchasing to undercut black-market pricing and sup-

port a diverse retail sector.

All cannabis sold in retail stores must be purchased from MBLL, which will source product from federally licensed producers. Safe storage and shipment of product will be managed through either MBLL-owned and operated facilities and/or contracted third parties licensed through the LGA.

"This is a step-by-step process," said Pallister.

The first step was introducing The Cannabis Harm Prevention Act to target drug-impaired driving and send a clear message that driving under the influence of cannabis is dangerous and unacceptable, he noted.

On July 27, the Manitoba government issued an expression of interest to determine market place interest and capability to provide services for the production, distribution and retail of cannabis. The 60 responses received indicated significant private-sector interest in participating in the emerging cannabis industry, the premier added. "There is still plenty of work to do," he said.

The premier confirmed the province will be issuing a request for proposals seeking the opportunity to operate one or more retail locations. The deadline for submissions is Dec. 22, with initial locations to open July 2, 2018.

## Holiday Craft Sales

SUNDAY, NOVEMBER 12TH	SATURDAY, NOVEMBER 18TH	SATURDAY, NOVEMBER 18TH	SATURDAY, NOVEMBER 18TH
<b>Fraserwood Hall Craft, Trade &amp; Bake Sale</b> Fraserwood Hall Sun. Nov 12th 10am - 3pm 204-642-9392 or 204-642-9414	<b>Stony Mountains 3rd Annual Holiday Rush Open House</b> November 18th 10am-3pm Stony Mountain Rec Centre Admission \$1 (12 & under free) or a tin for the bin	<b>Eriksdale Museum's Christmas Craft &amp; Home Based Business Sale</b> Eriksdale Rec Centre Sat. Nov 18th 11am - 3pm 204-739-8002	<b>Stonewall Legion Seniors' Club Craft Sale</b> Sat, Nov 18th 10am-3pm Stonewall Legion Hall 459 Main Street Free Admission Silent Auction -Lunch
SAT. NOV 18TH AND SUN NOV. 19TH	SATURDAY, NOVEMBER 25TH	SATURDAY, NOVEMBER 25TH	SUNDAY, DECEMBER 3RD
<b>Festival of Trees &amp; Craft Sale</b> November 18th & 19th 10am - 3pm Selkirk Rec Complex 180 Easton Dr. Craft Tables and Christmas Tree Display 204-482-4636 jkzduk@mysta.ca	<b>Lundar Christmas Craft Sale</b> Independent Sales Reps Lundar Community Hall Sat. Nov 25th 11 am - 3pm 204-762-5525	<b>Selkirk Black Friday Craft &amp; Gift Sale</b> Sat. Nov 25 9:30am-4:00pm Memorial Hall Ph: 204-785-1618 For info.	<b>Your Holistic Fair</b> Health and Wellness Fundraiser Dec. 3, Sunday 10:00am - 4:00pm Smitty's Banquet Hall 168 Main St. Entrance \$2.00 Silent Auction

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## > VOLUNTEERS TEAM UP, FROM PG. 5



Halliwell said that one of the challenges was to present the project to the business owners along Manitoba Avenue.

Selkirk Mayor Larry Johannson stopped to visit with the volunteers as they unravelled strings of lights on Monday. Johannson said he's proud of his community, and loves to see everyone working together for a good cause.

"Couldn't be happier," he said. "We've got such a great crew here ... and as mayor of the city, I couldn't be prouder. Other communities will be looking at what we're doing ... it's very exciting, and I'm glad to see the community working together."

The project will see a total of 75,000

LED bulbs strung over 24 buildings, and the lights will stay on from Dec. 1 till Jan. 31, 2018. The lights are being unwrapped at the City of Selkirk Works and Operations Yard located at 739 Sophia St.

Funding for the lights came from a Canada 150 grant through the Community Foundations of Canada and the Selkirk and District Community Foundation.

They are still looking for volunteers. Anyone interested in volunteering can visit holidayalley.ca.

Holiday Alley will take place along Manitoba Avenue in Selkirk on Friday, Dec. 1 from 6 p.m. to 10 p.m. and on Saturday, Dec. 2 from 10 a.m. to 10 p.m.



**RECORD PHOTOS BY JUSTIN LUSCHINSKI**  
Volunteers were busy unwrapping 3,000 strings of lights that will light up downtown Selkirk along Manitoba Avenue from Dec. 1 to Jan. 31, 2018.

## > TEEN ARRESTED, FROM PG. 4

The division also updated the message on their website with a post that read: "After communication with RCMP, I'd like to report that the person of interest involved in the social media threat is in custody. Thank you to the RCMP for helping to keep our community and schools safe."

Polinuk added that school counselors were on hand for students on Monday. Although she couldn't say how many students didn't attend classes on Monday, she said the division didn't close any schools for the

day.

"If parents want to keep kids home that's totally their prerogative," she said.

RCMP said the youth was scheduled to appear in court on Tuesday.

The Winnipeg Police Service released a statement Sunday night stating that the incident was being actively investigated by the Winnipeg Police Service Major Crimes Unit and Selkirk RCMP and they were not releasing further details at this time.

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# Your FARM



## Loaf and Honey continues with cheese-making tradition

By Jennifer McFee

Say cheese!

A catering company with local connections is stirring up interest in its efforts to carry forward a historical cheese-making tradition.

Dustin Peltier and Rachel Isaak have partnered up in life and in business with the launch of Loaf and Honey catering company. The culinary couple draws on decades of experience in the food industry to create mouthwatering meals and decadent desserts.

As part of their offerings, they have delved into making Trappist cheese using a recipe that dates back hundreds of years.

Last summer, Peltier spent time in a monastery Holland, Man., where he learned the technique from an 83-year-old Trappist monk named Brother Alberic. The monk, who has been making this cheese for more than five decades, is one of few people left in North America who still pursues the labour-intensive task.

After his experience in the monastery, Peltier

brought the newfound knowledge home to share with his partner.

"Brother Alberic was very adamant that I teach Rachel," said Peltier, who is originally from Woodlands. "He had taught a couple other people, but no one took it on. He was really happy that we have kids, so hopefully we can pass it on to them too."

As part of the production process, Brother Alberic created a fully enclosed cave-like cellar for the cheese to ripen.

"The cheese sits on wood planks for a month. Every day, he goes down to the cellar and washes each wheel by hand with a salt and culture brine. He flips them over and gets a feel for each cheese, and he finds out when they're ready by feel and look. Then the cheese sits for another month to age and cure a little bit more," Peltier said.

"In our test run, we're just going to have a dry walk-in fridge, so we won't be able to reenact that process exactly. But we're going to have some rocks and minerals in the fridge to get the mineral fla-

Continued on page 13



RECORD PHOTO BY TAMARA LENTZ

Savoury mushroom cheesecake with red onion marmalade, heirloom pink potatoes, quinoa crackers and green pea shoots, topped with a Trappist cheese crisp.



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# Your FARM



Continued from page 20



RECORD PHOTO BY TAMARA LENTZ

Dustin Peltier of Loaf and Honey catering company is perfecting the art of making Trappist cheese.

vours and that sense of breathing of the earth."

Since Trappist cheese is made with unpasteurized milk, the flavour is stronger than cheese made with pasteurized milk.

"It's got a salty exterior and an edible rind on it," Isaak said, "and it's creamy in the middle."

Connoisseurs will notice that the flavour of Trappist cheese gets richer with age.

"The cheese is alive. It hasn't been pasteurized, so all of the enzymes and cultures are in there. It's always growing and changing," Peltier added.

"With the cheese, the good cultures are eating the bad bacteria. That's what gives it the ever-changing flavour. As this cheese ages for longer, it gets a deeper and richer flavour."

While they waded through the regulations for using unpasteurized milk, the couple is busy building a small test plant to set up in Woodlands.

"We also found a dairy farmer in the Woodlands area who has the same milk components that Brother Alberic uses," Peltier said. "The milk is very high in protein and fat, so we should be getting close to those same yields and characteristics in our cheese. That's very exciting for us."

If all goes according to plan, the couple's cheese should be available for purchase by March at DeLuca's in Winnipeg. Further in the future, they hope to open a storefront and small bakery in Woodlands while also supplying cheese to specialty stores and larger grocers.

In the meantime, Loaf and Honey is continuing with its

Continued on page 14



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# Your FARM

Continued from page 13

catering business, which makes customized menus from scratch using as many local ingredients as possible. Isaak, a talented pastry chef, also creates stunning custom cakes for any occasion.

Coming up on Jan. 20, Loaf and Honey will create an unforgettable four-course meal at a fundraiser for the Kinsmen's splash pad project. The event, which will be held at the Quarry Park Heritage Arts Centre in Stonewall, will also honour Kinsmen

and Kinettes who have made a difference in the community. Derrick McCandless and Jeremy Dueck will take the stage to provide the evening's entertainment. Tickets will cost \$100 per plate and charitable receipts will be available. For more information about the fundraiser, contact Chris Luellman at 204-461-0550.

For more information about Loaf and Honey, visit [www.loafandhoney.com](http://www.loafandhoney.com) or call 204-997-6600. Updates are also posted on Facebook and Instagram.



**RECORD PHOTOS BY TAMARA LENTZ**  
The flavour of the Trappist cheese gets deeper and richer as it ages.



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# Local hockey players team up for third annual purse drive

By Lindsey Enns

A local hockey team and their moms are once again teaming up to collect purse donations for women in need.

"A bunch of us parents just saw the idea on Facebook and we thought it would be something to get our kids involved in around Christmas time," said Lisa Goetz adding this is their third annual fundraiser for the 15 to 17-year-old midget Lord Selkirk Fishermen team. "They get to see that there are people not as lucky as they are and they learn how to give back."

Over the last two years the fundraiser has helped collect and fill 222 purses, which were donated to Selkirk's Nova House, Siloam Mission and the North End Women's Centre, Goetz said.

Along with collecting gently used purses, they are also collecting donations of socks, hats, mitts, scarves, shampoo, conditioner, body wash, razors, toothbrushes and toothpaste.

This year they are also collecting fanny packs, back packs or items that can be used in gift bags for children

"THEY GET TO SEE THAT THERE ARE PEOPLE NOT AS LUCKY AS THEY ARE AND THEY LEARN HOW TO GIVE BACK."

and men.

"We have also in the past had donations for small bags of chips, gum, and little snacks to pack," Goetz said. "We've had money donations as well so we could go buy things we were low on."

She added they will be collecting donations until Friday, Dec. 1.

Donations can be dropped off at the St. Andrews Community Club where a collection bin will be set up by the canteen or for more information, contact Lisa Goetz directly by calling 204-481-1054 or via email at lrgoetz@mymts.net.



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**A Public Remembrance Day Service**

Will be held in the  
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(Arena Entrance)

**Saturday, November 11<sup>th</sup>, 2017**  
at 10:30 a.m.

The Annual Remembrance Day Service is jointly sponsored by the Royal Canadian Legion Branch No. 42 and the Army, Navy and Air Force Veterans Unit 151. A special invitation is extended to residents of Selkirk and District to attend the Remembrance Day Services.

**ALL VETERANS ARE ENCOURAGED TO ATTEND REMEMBRANCE DAY SERVICE ON SATURDAY, NOVEMBER 11<sup>TH</sup>**

All Veterans and Official Party are asked to meet, 9:30 a.m. at the Recreation Centre. Please use Banquet Hall Entrance.

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Wayne Bird – Past President of Legion #42

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# Remembrance Day

NOVEMBER 11  
Courage remembered and honoured

## 'I made it my business to help them'

Veteran finds time to visit his comrades

By Justin Luschinski

John Malyna may not have gone overseas to fight during the Second World War, but he still found a way to serve his country.

After finishing his service in the army, while he was raising his family, he would find time to make veterans who were in the hospital feel a little less alone.

Malyna spent his later years visiting his fellow veterans in the hospital, helping them feel better about getting the care they needed.

"I made it my business to help them ... A lot of them were too proud to ask for help ... I remember this one veteran, he wouldn't eat any of the food that the nurses brought to him," Malyna said. "So I'd take the food from the nurse, and I'd open it in such a way that the (veteran) would get a nice whiff of a warm meal."

"No matter how proud you are, your stomach doesn't lie, it forces you to eat," he added with a laugh. He would find out about these veterans in the hospital by reading the newspaper and overhearing conversations at his church. Malyna said he tried to do a lot of things to help these veterans feel at ease.

"I did whatever I could to help these guys out," he said. "I would play cards with them, they'd have a



RECORD PHOTOS BY JUSTIN LUSCHINSKI

ABOVE: John Malyna, 93, stands next to an honorary picture of himself at the age of 18, pictured right, from the Second World War. The former East Selkirk resident now lives in Winnipeg and is still a member of the Selkirk Legion. TOP RIGHT: Malyna's medals pictured from right to left: His Canadian Volunteer Service Medal, The War Medal for 1939-1945, and the Canadian Volunteer Service Medal for Korea. RIGHT: A tack board with just some of Malyna's police patch collection from around the world.

good game, and I would always lose. I'd lose on purpose. Having them win a bunch of card games, it helped them feel good, you know? ... They'd always say 'Wow, that was great! You coming to visit tomorrow?'"

Malyna was born and raised in East Selkirk. He spent a lot of his time playing games with his friends, but he always wanted something more.

He wanted to serve his country.

So he tried to enlist in the army to go fight for Canada during the Second World War.

"At the time, there wasn't much to do in East Selkirk ... But I wanted to serve my country, I wanted to do my part for Canada, so I moved to Winnipeg and tried to enlist," the now 93-year-old said.

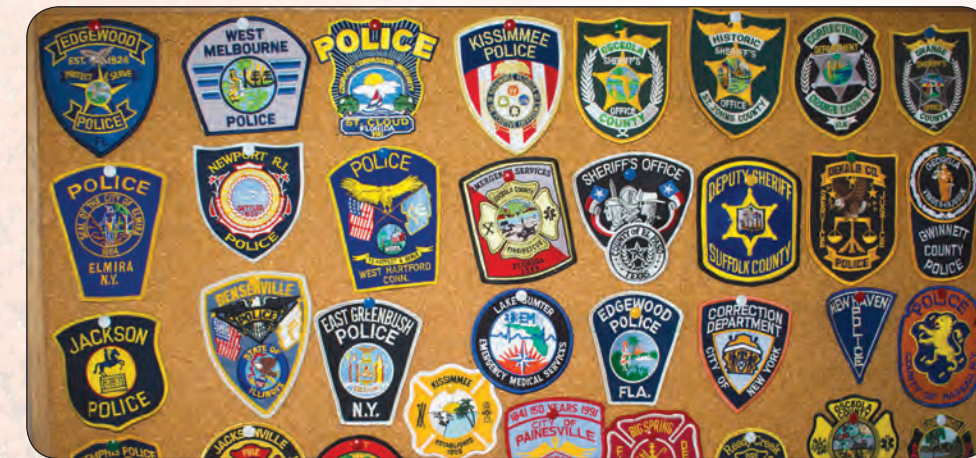


"This was back in 1941, and since I was 17, they wouldn't let me join the army. I stayed in the reserves, till 1942, when I was sworn in. This was five days after my 18th birthday."

He started training at McGregor Armoury, before being deployed across the country, training to fight in Europe and Asia.

Malyna remembers how him and the rest of the sharpshooters of his training regiment would hold contests to see who was the best shot. They competed in a way that frustrated their trainers.

"They have a rifle range in the basement there ... the idea is to get that bullseye. So what we used to do, among the guys who were good shooters, after we'd get a bullseye, we used to compete among ourselves. You know the thumbtack that used to hold up the target? We'd aim for that ... So



when someone hit it, the target would fall down. Everyone had to cease fire, clear their weapons, so someone could go pick up the target."

He was stationed around North America, in places such as Quebec and British Columbia. During this time, he took an interest in collecting patches and memorabilia from police officers around the world.

He started by collecting Canadian army patches.

"I would go to the quartermaster, I'd become friends with him ... Whenever you changed regiments, you had to give up your uniform, and get a new one," he said. "I'd tell the quartermas-

ter 'If you give me one of those patches, I'll spend all day Saturday washing and sewing your uniforms for the new soldiers.'"

Since then, Malyna has collected patches and memorabilia from police departments around the world. He's been featured in several police publications, and he continues to travel around and visit police.

"I enjoyed my time in the army. I did what I could to make the country safe, and I continued to help veterans wherever I could," Malyna said.

He currently resides in Winnipeg, Manitoba and belongs to the Selkirk Legion Branch 42.

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# Community foundation gears up for 24 Hour Giving Challenge

## Staff

The Selkirk and District Community Foundation is hoping to come out on top during Endow Manitoba's 24 Hour Giving Challenge on Saturday, Nov. 18.

"That's the challenge this year for sure," said Selkirk and District Community Foundation (SDCF) chairman Gord Henrikson. "When you hold the title, then lose it, you want it back real bad and we're putting our faith in the people of Selkirk, St. Andrews and St. Clements to regain that title on Nov. 18."

Local and area donors have given generously to the SDCF during the first three giving challenges. In years one and two, the SDCF was the top donation receiver in all of Manitoba.

Last year, despite raising almost \$40,000, they took the No. 2 spot when the Pinawa foundation brought in more than \$100,000.

On Nov. 18 during the giving challenge, the Winnipeg Foundation and the Province of Manitoba will each donate \$1 for every \$5 donated to the SDCF's Community Fund, up to a



ABOVE LEFT: St. Andrews Mayor George Pike, pictured left, presents a \$10,000 donation on behalf of the local rural municipality to Michele Polinuk of the Selkirk and District Community Foundation during Endow Manitoba's 24 hour Giving Challenge at the Gaynor Family Regional Library in this 2016 photo. This year's 24 Hour Giving Challenge will take place on Saturday, Nov. 18. ABOVE RIGHT: Ryan Nesar of Selkirk, who donated during last year's 24 Hour Giving Challenge, says he's impressed with the fact that donations stay local and help community causes.

maximum of \$2,000 each.

"So your \$5 donation becomes \$7. That's what's really special about the 24-Hour Giving Challenge, for that one day, your gift gets a top up, which benefits the community in so many ways," Henrikson said. "People in this area are always extremely generous, but it's nice to know that on the day of the challenge there's that extra incentive, an extra gift from The Winnipeg Foundation and the Province, and that means a lot."

The SDCF is a charitable organization built through gifts from community members. The gifts are pooled

and permanently invested and the interest earned is granted to local charities each year. The initial investment is never spent, so donations continue to help out the community.

Ryan Nesar of Selkirk who donated during last year's 24 Hour Giving Challenge, was impressed with the fact donations stay local, and help local people and causes.

"I was at the point in my life where it was time to start giving back," Nesar said. "I like to say we've all lived decent lives ... and the town has helped that, so why not give back to the place that has helped that."

Nesar said he's been familiar with the foundation for a long time, and besides the money staying local, he has confidence in the foundation and its board members.

"The foundation is local. It's where I'm from and my friends and family and coworkers are from. Everyone needs something eventually, why not give back," he said.

In 2014, SDCF received \$27,688 in

online donations during the 24 Hour Challenge and in 2015 the community bested that by giving \$63,495, which included \$25,000 from the RM of St. Andrews. Both those totals were enough to make SDCF the top donation getter in the province. Last year, SDCF brought in \$39,855 to make it the second highest in the province.

Online donations to the Community Fund received during the 24 hours on Nov. 18 will also count as part of the challenge. To make an online donation, visit [endowmanitoba.ca](http://endowmanitoba.ca) and look for the Selkirk and District Community Foundation on the map or in the list of foundations. Simply click 'Make an Online Gift Now' and use your credit card.

If you prefer a face-to-face transaction, you can come to the Gaynor Family Regional Library on Saturday, Nov. 18, from 10 a.m. to 3 p.m.

For donations to be counted in the 24 Hour Challenge, they must be made to the Community Fund.



## REMEMBRANCE DAY

### Saturday, November 11th, 2017

### Special service and hours

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# Singer to bring prairie sound to Manitoba on Home Routes tour

By Justin Luschinski

Zachary Lucky used to live on the prairies.

He spent 26 years living in Saskatchewan, working at a coffee shop while learning how to make folk music. Now, he's returning to tour the prairies and share stories through his music.

"Every time I come back to Manitoba, there's a lot of feelings around those places," Lucky said. "When people hear my music, they can tell I'm from the prairies, it's hard not to be influenced by them."

"I hope people can hear the wide open spaces of Manitoba and Saskatchewan in my music."

Lucky will be touring around Manitoba as part of the Home Routes tour.

The idea behind the tour is that instead of playing in concert halls and bars, the artists will play in homes, which will allow smaller communities to experience Canadian musicians in a more intimate setting.

Different artists will be playing across Canada, singing for people inside someone's living room.

The Home Routes site boasts that more than 150 communities across Canada will have the opportunity to listen to live music.

Lucky said that it's an opportunity for people to hear his music in an in-



SUBMITTED PHOTO

Zachary Lucky will be touring across Manitoba, performing in living rooms across the province, as part of the Home Routes tour. Lucky will perform in Patricia Beach on Nov. 17. For more information, visit [homeroutes.ca](http://homeroutes.ca).

imate setting. He thinks it will give people a chance to connect with his music in a new way.

"It's got me playing in several little places that I'd never get to go ... I have all these different sorts of folks that always inspire me. I'd say that whenever you'd write a song, you put a

little bit of yourself in it, but as much as these songs are about me, they're also about all these other people that I know," Lucky said.

Lucky's newest album, "Everywhere A Man Can Be," is available now. He will be playing in Patricia Beach on Nov. 17. Patricia Beach is approxi-

mately 46 kilometres north of Selkirk.

Tim Williams, April Verch and Joe Newberry, Andy Cohen as well as Leaf Rapids will also be playing in East Selkirk as part of the tour.

For more information and for the full Home Routes tour schedule, visit [homeroutes.ca](http://homeroutes.ca).



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# get inspired

> MEAL IDEAS

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Prep time: 15 minutes  
Cook time: 10 minutes  
Servings: 5  
1/2 cup Kitchen Basics Unsalted Beef Stock

## Ginger Beef and Broccoli Stir-Fry

2 tablespoons reduced-sodium soy sauce  
1 tablespoon honey  
1 teaspoon McCormick Garlic Powder  
1 teaspoon McCormick Ground Ginger  
1/2 teaspoon McCormick Crushed Red Pepper  
1 pound flank steak, thinly sliced  
1/2 package (from 14-ounce box) Simply Asia Lo Mein Noodles  
3 tablespoons vegetable oil, divided

1 1/2 cups broccoli florets  
1 cup thinly sliced onion  
1 tablespoon cornstarch  
In medium bowl, mix stock, soy sauce, honey, garlic powder, ginger and red pepper until well blended. Reserve 1/3 cup of marinade. Place sliced flank steak and remaining marinade in large, re-sealable plastic bag; turn to coat well. Refrigerate 30 minutes.

Cook noodles according to package directions. Drain. Spread noodles on sheet pan. Set aside.

In large skillet on high heat, heat 2 tablespoons oil. Remove beef from marinade. Discard remaining

package. Drain. Set aside.

In large saucepan over medium heat, heat oil. Add ginger; cook and stir 30 seconds-1 minute, or until fragrant. Add ground pork; cook and stir until no longer pink. Drain fat.

Stir in stock, soy sauce, garlic powder and red pepper. Bring to gentle boil. Add noodles and cabbage; cook and stir 5 minutes, or until heated through. Remove from heat. Sprinkle with green onion.

## Pot Sticker Noodle Stir-Fry

Prep time: 10 minutes  
Cook time: 20 minutes  
Servings: 5  
1/3 package (from 14-ounce box) Simply Asia Udon Noodles  
1 tablespoon oil  
1 tablespoon minced fresh ginger  
1 pound ground pork

1/2 cup Kitchen Basics Unsalted Chicken Stock  
2 tablespoons reduced-sodium soy sauce  
1 teaspoon McCormick Garlic Powder  
1/8 teaspoon McCormick Crushed Red Pepper  
1 cup shredded green cabbage  
2 tablespoons finely chopped green onion  
Cook noodles as directed on

## Slow Cooker Lamb Shank Stew

1 teaspoon chopped fresh thyme  
1 bay leaf  
4 lamb shanks, external fat trimmed salt, to taste  
freshly ground pepper, to taste  
2 tablespoons olive oil  
lemon juice  
In slow cooker, combine onion, celery, carrots, garlic, chicken stock, tomatoes, tomato paste, thyme and bay leaf; stir.  
Season lamb shanks with salt and pepper. In large saute pan over medium-high heat, warm olive oil until nearly smoking. Add shanks and brown on all sides, about 5 minutes.

Transfer to slow cooker and cook on high 6 hours.

Transfer lamb shanks to large serving dish. Remove bay leaf from cooking liquid. Using blender or stick blender, add generous squeeze of lemon juice to cooking liquid and puree until smooth. Pour some sauce over shanks. Serve with cauliflower puree and glass of Sequoia Grove Cabernet Sauvignon.

Photo courtesy of Getty Images

marinade in bag. Add beef to skillet; stir-fry 3 minutes, or until beef is no longer pink. Using tongs, remove beef from skillet. Add remaining oil, broccoli and onion; stir-fry 3-5 minutes, or until tender-crisp.

In small bowl, mix reserved marinade and cornstarch until smooth. Add to skillet; stirring constantly, bring to boil on medium heat and boil 1 minute. Return beef and noodles to skillet. Cook and stir until heated through.

Tip: Place raw flank steak in freezer 30 minutes to make it easier to slice.



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Serves: 4  
1 yellow onion, diced  
2 celery stalks, diced  
2 carrots, peeled and diced  
3 garlic cloves, crushed  
2 cups chicken stock  
1 cup peeled, seeded and chopped tomatoes  
2 tablespoons tomato paste

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk Judo Club members win medals last weekend

Submitted by the Selkirk Judo Club

Fourteen fighters from the Selkirk Judo Club competed at the St. Boniface Open Judo Tournament at Churchill High School last Saturday.

The Selkirk club returned with three gold, four silver and three bronze medals.

Winning gold were Bailey Malinowski (U18 Men under 73 kg), Danny Ekosky (U12 under 50 kg), and Schaelyce Kopp (U21 Women under 57 kg).

Silver medals were awarded to Dylan Wiebe (U12 under 50 kg), Lachlan Patton (U12 under 36 kg), Sarah Ekosky (U21 Women under 57 kg), and Matthew Parobec (U16 Men under 55 kg).

Connor Macfarlane earned a bronze in U16 Men over 73 kg, as did Brody Malinowski in U14 Boys under 66 kg. Schaelyce Kopp was third in Senior Women under 57 kg.

Four fighters from the local club participated in the U10 age division,

where ranking is not determined.

Meanwhile, Damien and Justin Ekosky competed at the Quebec Open in Montreal last weekend.

The tournament drew approximately 1,000 competitors from Canada, the United States, and other countries.

Damien Ekosky finished with a bronze medal in U21 Men under 73 kg. With 18 competitors in his division, he finished with a 3-1 record.

Justin Ekosky finished seventh out of 24 competitors in U18 Men under 73 kg with a 3-2 record.

Both Damien and Justin also competed in Senior Men under 73 kg, one of the toughest divisions in the tournament with 35 competitors.

Damien placed ninth overall with three wins and two losses in this division.

"Our athletes had a great performance in Winnipeg and in Montreal this weekend," said Brian Jones, one of the Selkirk club's coaches.



PHOTO SUBMITTED

The Selkirk Judo Club's Damien Ekosky, second from right, was on the podium at the Quebec Open after winning bronze in the U21 under 73 kg men's division.

## Evans places first at bodybuilding competition

By Brian Bowman

As a former pro wrestler, Matt Evans joked that he was used to being in public in his underwear.

So, showing off his body in front of plenty of strangers at the 2017 Manitoba Amateur Bodybuilding Natural Fall Classic held at the Pantages Playhouse on Oct. 21 was no big deal for the Selkirk product.

And Evans showed off real well, placing first in men's light heavy-weight class.

"I'm pretty pleased with (the placing) and I'm happy with the results and the score," said Evans Monday evening. "This was something that I always wanted to do."

Evans competed in a bodybuilding competition for the first time last month. The experience was a real good one for him.

"It went by a lot faster than I had expected," he said. "You work hard for months leading up to it and ev-

erything is over so quickly. I was up on stage and off stage within an hour and a half."

After battling some "weight issues" in his 20s (getting as high as 295 pounds when he was 27), the five-foot-9 Evans has dropped considerable weight over the years. He weighed in at 196 pounds for the competition.

"I've turned this into my livelihood," he explained. "I'm a personal trainer and I'm actually working on opening up my own gym this month."

He started "prepping" for the competition about four months ago and started to get more serious about 12 weeks ago.

Putting in plenty of hours in the gym, working out and doing cardio, obviously helped but so, too, was his diet.

"It was huge," Evans stressed, noting he suffers from fibromyal-

gia. "I ate a lot of chicken, a lot of eggs, a lot of egg whites, broccoli and cauliflower."

To reward himself for his first-place showing, Evans went out for some pizza and a beer.

But he will quickly be back at work in the gym as he prepares for the provincial bodybuilding competition in June.

Evans was joined at last month's competition by several local bodybuilders who also placed very well. The list sent to the Record included: Men's Bodybuilding Lightweight - Kristopher Faires (second), Men's Bodybuilding Middleweight - Tom Pachal (eighth), Men's Bodybuilding Heavyweight - Cameron Chorney (third), Men's Physique Class B - Kyle Humniski Placed (first) and Men's Classic Bodybuilding Short - Blair Decock (second).



SUBMITTED PHOTO

Matt Evans placed first in the 2017 Manitoba Amateur Bodybuilding Natural Fall Classic in Winnipeg last month.



The Royals' boys' hockey team, meanwhile, lost 5-4 in a shootout to

On Tuesday, Dakota will be here for a 3:45 p.m. game.



The Royals' Gregor Grossgasteiger scored late in the third period to tie the game against the Huskies. Sturgeon won the game 5-4 in a shootout.

# Ice Dawgs knock off Fishermen



Talon Kelly is the Fishermen's co-leader with Dreyton Mendrun with 11 points on the season.

And that loss came on Saturday evening in Selkirk.

Derric Gulay scored a first-period power-play goal and then Cal Finnson tallied in the third. The Ice Dawgs outshot the Fishermen 37-27 as U.S.

The Fishermen will be in Norway House on Saturday (8 p.m.) and then in Cross Lake Sunday (1:30 p.m.).

# Manitoba Hockey Standings

MANITOBA JUNIOR

HOCKEY LEAGUE

GP

W

L

OTL

PTS

GF

GA

Steinbach Pistons

18

15

3

0

30

104

44

Winkler Flyers

18

14

4

0

28

67

35

OCN Blizzard

20

13

5

2

28

73

65

Verden Oil Capitals

16

11

5

0

22

81

48

Portage Terriers

18

10

6

1

22

66

51

Selkirk Steelers

17

10

6

1

21

66

56

Winnipeg Blues

20

8

9

3

19

69

76

Neepawa Natives

18

8

9

1

17

70

65

Swan Valley Stampede

16

6

7

3

15

41

57

Dauphin Kings

19

4

14

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9

45

93

Waywayseecappo Wolverines

20

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18

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3

35

127

KEYSTONE HOCKEY LEAGUE

Central Division

GP

W

L

OTL

PTS

GF

GA

Peguis Juniors

7

6

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12

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19

Arborg Ice Dawgs

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6

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12

36

24

Fisher River Hawks

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2

22

74

South Division

GP

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OTL

PTS

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GA

Lundar Falcons

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32

Selkirk Fishermen

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23

St. Malo Warriors

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2

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45

24

North Winnipeg Satellites

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North Division

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OTL

PTS

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GA

OCN Storm

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Cross Lake Islanders

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Norway House North Stars

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MANITOBA MAJOR JUNIOR

HOCKEY LEAGUE

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PTS

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GA

Raiders Jr. Hockey Club

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Charleswood Hawks

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Transcona Railer Express

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Stonewall Jets

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St. Vital Victorias

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St. Boniface Riels

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St. James Canucks

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Pembina Valley Twisters

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Ft.Garry/Ft.Rouge Twins

15

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12

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44

River East Royal Knights

15

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13

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24

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AAA MIDGET

HOCKEY LEAGUE

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Bruins

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Eastman

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11

2

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Brandon

13

11

2

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71

34

Wild

12

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24

Pembina Valley

13

7

4

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16

39

39

Parkland

14

7

6

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49

54

Yellowhead

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7

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49

40

Thrashers

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6

9

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67

Kenora

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37

37

Central Plains

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4

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1

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Interlake

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Southwest

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AAA CITY MIDGET

HOCKEY LEAGUE

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Monarchs

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Sharks

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Warriors

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Lightning

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AAA BANTAM

HOCKEY LEAGUE

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Lightning

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Platinum Promotions

Division

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St. Paul's 1

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College Gabrielle-Roy

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SJR

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Dakota

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Miles Macdonell

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Kelvin

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WINNIPEG WOMEN'S HIGH SCHOOL HOCKEY

CTV Division

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Selkirk Royals

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Dakota Lancers

6

5

 1 | 0 | 10 | 24 | 15 |

Oak Park Raiders

6

 3 | 1 | 0 | 9 | 16 | 10 |

St. Mary's Flames

4 4 | 0 | 0 | 8 | 14 | 6 |

PCI Saints

5 1 | 2 | 0 | 6 | 12 | 12 |

VMC Trojans

5 2 | 3 | 0 | 4 | 20 | 13 |

Miles Mac Buckeyes

6 1 | 4 | 1 | 3 | 15 | 24 |

CSHG Huskies

4 0 | 3 | 0 | 2 | 6 | 12 |

Kelvin Clippers

6 1 | 5 | 0 | 2 | 12 | 24 |

FRC Centurions

4 0 | 3 | 1 | 1 | 6 | 21 |

River East Kodiaks

5 0 | 5 | 0 | 0 | 7 | 20 |

\*STATS AS OF TUESDAY, NOVEMBER 7



# Steelers lose pair of close games last weekend

By Brian Bowman

In the Manitoba Junior Hockey League, any team can beat another on any given night.

The Swan Valley Stampede proved that on Sunday afternoon at the Selkirk Rec Complex.

The ninth-place Stampede stunned the fifth-place Steelers with a 4-3 upset win.

Swan Valley grabbed a 2-1 lead after 20 minutes as Jaden Townsend and former Interlake Lightning Noah Basarab of Gimli scored, sandwiched around a Connor Barley goal for the Steelers.

Barley's goal, which was assisted by Ryan Gardiner, was his 15th of the campaign.

Swan Valley's Jakob Besnilian put his club up two goals early in the second and then Sam Harris made it 4-1 with a shorthanded goal midway in the middle frame.

To their credit, the Steelers showed some life in the third as Brady Castellano and Nate Halvorsen tallied.

Selkirk outshot Swan Valley 38-23, including 15-6 in the third period.

Hayden Dola made 19 saves in the loss.

Topped by the Terriers

On Friday, Selkirk lost 4-3 in overtime to the Terriers in Portage.

James McIsaac scored the game winner in OT.

Nathan Hillis and Shanan McFadden scored first-period goals for Selkirk and then Castellano tied the score at 3-3 with a goal at 9:54 of the third.

Dylan Tanner, with a pair, and Cody Thompson also scored for Portage.

Both teams were 1-for-6 with the man advantage.

Dola made 34 saves in the loss.

In trade news from Oct. 31, the Steelers acquired forward Garrett Armour (1997) from the Winnipeg Blues in exchange for defenceman Kevin Takatch (1997).

Armour had a goal and four assists in nine games with the Blues this season.

Armour played three seasons in the Western Hockey League, beginning with the Saskatoon Blades in 2014-15. He then spent two seasons with the Brandon Wheat Kings.

The Steelers, meanwhile, hosted Winkler this past Tuesday and visited Neepawa on Wednesday but no



RECORD PHOTO BY LANA MEIER

The Steelers' Nathan Hillis scored a first-period goal against the Terriers last Friday. Selkirk lost 4-3 in overtime to Portage.

scores were available due to Tuesday afternoon's press time.

Selkirk returns to action this Tues-

day when it hosts Neepawa at the Rec Complex. Game time is 7:30 p.m.

## Einarson wins opener at Canadian Olympic pre-trials

Staff

Camp Morton's Kerri Einarson, who curls out of East St. Paul, won her first game Monday to begin the Canadian Olympic pre-trials playdowns in Summerside, P.E.I.

Tied at 7-7 after giving up a steal of two to Karla Thompson in the eighth end, Einarson blanked the ninth and then scored four in the 10th to record a hard-fought 11-7 victory over the Kamloops, B.C., team in the opening draw of the pre-trials.

Teams from across the country are battling for the final four berths (two men's, two in women's) in the Canadian Olympic trials in Ottawa next month.

In other games Monday afternoon involving Winnipeg teams, Shannon Birchard of Thistle stole a key single in the sixth end to grab a 4-2 lead and hung on for a 6-5 win over Julie Tippin of Woodstock, Ont.

Sherry Middaugh from Coldwater, Ont., scored a ninth-end deuce and then stole a single in the last end for

a 7-5 win over Darcy Robertson of Assiniboine Memorial.

Competition continued this past week and will wrap up Sunday.

### Away Games

vs Norway House - Sat., Nov 11  
vs Cross Lake - Sun., Nov 12  
vs Lundar - Fri., Nov 17 (in Warren)

Next Home Game - 7:30pm  
Sat. Nov 18 vs OCN  
at the Selkirk Rec Centre



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HOME GAME

vs Neepawa Natives

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# MJHL announces players of the month

## Staff

The RBC Player of the Month for October is Steinbach Pistons' forward Bradley Schoonbaert.

Schoonbaert, 20, tallied 33 points (15 goals, 18 assists) in 16 games. The Brandon product was leading the MJHL scoring race heading into last weekend's action.

The runners up for the award were Selkirk Steelers' forward Connor Barley and Winkler Flyers' forward Matt Christian.

Barley had 14 goals and 29 points through 15 games.

## Sher-Wood-MJHL Defenceman of the Month

The Sher-Wood Defenceman of the month is 19 year old Darby Gula of the Steinbach Pistons. In addition to being solid on the blueline, he showed his offensive flare with 20 points in 16 games.

The runners up were 19 year old

Tristen Cross of the Virden Oil Capitals and 20 year old Mackenzie Dwyer of the Portage Terriers.

MGEU-MJHL Goaltender of the Month

The MGEU Goaltender of the Month was the Flyers' Troy Martyniuk. The 20-year-old Winnipegger posted a 9-3 record, highlighted by two shutouts. His goals-against average is 2.08, with a save percentage of .931.

The runners up were the Pistons' Matthew Radomsky and the Steelers' Hayden Dola. In 13 games, Dola had an impressive 8-3 record with a 2.76 GAA and .922 save percentage.

## IBAM-MJHL Rookie of the Month

The IBAM Rookie of the month is 17 year old Justin Lee of the Virden Oil Capitals. The rookie blueliner from Waskada played in all key situations and tallied 13 points in 14 games.

The runners up were Pistons' forward Austin Heidemann and 18 year

old forward James Maxwell of the Waywayseecappo Wolverines.

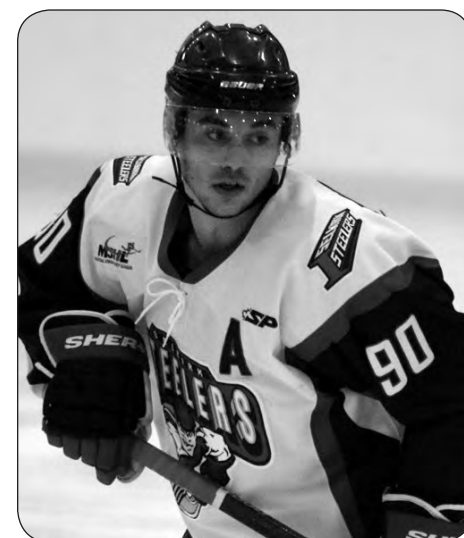
Maxwell, a Stonewall product, had seven goals and 12 points through 18 games this season.

## Manitoba Pork Peak Performer of the Month

The Manitoba Pork Peak Performer of the Month was 20 year old forward Jordan Martin of the Neepawa Natives. A four-year veteran of the Natives, "Marty" has always been an ambassador for the program and the league.

He regularly volunteers to help with residents in Neepawa's Country Meadows Seniors Residence. Martin has been on the ice helping with minor hockey practices and helps out with Breakfast Club minor hockey skill development.

Martin, who hails from Winnipeg, is employed by Hylife in Neepawa where he oversees two other Neepa-



**RECORD PHOTO BY LANA MEIER**  
Connor Barley was the MJHL RBC Player of the Month runner up.

wa players.

Martin is an assistant captain for the club for the second year and has started the season off well with 15 points (four goals, 11 assists).

# Royals slip past Saints for varsity tournament win

## By Brian Bowman

Sixteen teams took part in the St. Vital varsity girls' volleyball tournament last weekend.

And the Selkirk Royals were the best of the bunch after outlasting the Portage Saints 3-2 in an ultra-thrilling final on Saturday.

"We hadn't beat Portage yet this season, so that was really huge," said Royals' co-coach Kyle Michalski. "After this weekend, we can now say that we have beaten all of the (elite teams in the province) at the varsity level."

Selkirk lost the first set 25-19 but roared back to soundly win the next two by scores of 25-14 and 25-10.

Another 25-19 loss in the fourth set

forced a decisive fifth set, which Selkirk won 16-14. The Royals led 14-10 in that final set but the Saints wouldn't quit.

"They lost the first (set) but then played really well in the next two and beat them handily," Michalski said. "The fourth set, we had control but we kind of let them back in."

Selkirk started the playoff round with a 3-0 (25-10, 25-11, 25-13) sweep of Miles Macdonell. The Royals then beat MBCI 3-1 (23-25, 25-18, 25-16, 25-16) in a quarter final before sweeping the Vincent Massey Trojans 3-0 (25-17, 25-17, 29-27) in a semifinal matchup.

As great as the Royals were in the playoffs, though, Selkirk was me-

diocre in pool play. The Royals swept Jeanne Sauve 2-0 but lost 2-1 to Portage and Westwood.

On an individual note, Selkirk's Livi Weremy was named the tournament's most valuable player while Jessica Kowalski and Bella Gierys were selected as all stars.

"They were great for us," Michalski said of the trio. "But, honestly, the all stars could have been picked from a variety of people. The girls peaked at the right time and really came together as a team."

"But they got some really big side outs for us and that was huge for us."

In league play, Selkirk wrapped up its regular season with a road game

against Garden City on Wednesday. If the Royals won that final match as expected, they would finish first in the KPAC Tier 1 standings and get a first-round bye in the playoffs.

Selkirk would then host a semifinal game next Wednesday at the Comp. The league final would be played Nov. 17.

Michalski feels Selkirk is peaking at just the right time of the season.

"Before this, we were having a lot of trouble with our defence but this weekend we really saw our block come alive, which made things so much easier for our defence," she said. "That was huge for us."

# Selkirk spikes its way to another varsity boys volleyball tournament title

## By Brian Bowman

The Selkirk Royals varsity boys' volleyball team has entered four tournaments this season.

And for the fourth consecutive time, the Royals were crowned tournament champions.

Selkirk continued its mastery at tournaments – winning for the 10th straight time over two seasons – with an exciting 2-1 comeback win over the

St. Paul's Crusaders.

After losing the first set 25-16, Selkirk stormed back to win the next two by scores of 25-16 and 15-13.

Selkirk reached the final after defeating Miles Mac 2-0 (25-18, 25-20) in the quarter-finals and then Steinbach Regional 2-1 (25-19, 29-31, 15-7) in the semis.

Selkirk also dominated in pool play, posting a perfect 8-0 record in sets.

Twenty one teams took part in the two-day tournament.

The Royals also received some good news after the tournament as Tim Juvonen was named the MVP while Aidan Chisholm and Jack Harrison were selected as all stars.

The Royals wrapped up league play Wednesday with a road game Wednesday against Garden City. The KPAC playoffs begin Monday and

wrap up next Friday.

In junior varsity boys' action, Selkirk was eliminated from the 16-team River East Invitational after losing 2-1 to Garden City on the consolation side of the A-side championship.

The Royals were earlier beaten 2-1 by Westwood in a quarter-final match.

Selkirk finished its pool play in second place after compiling a 3-3 record in sets.



# <sup>1728</sup>*Selkirk Record*

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# SUDOKU

		1	2				6	
5					8	2		
					1	5		
1			6		4			
	8					7		
	3		7	9				4
			1	2				
		7				3		
		2		3			8	9

## Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**Level: Intermediate**

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	4	2	5	3	7	1	8	9
9	1	7	8	4	6	3	2	5
3	5	8	1	2	9	6	4	7
2	3	6	7	9	5	8	1	4
4	8	9	3	1	2	7	5	6
1	7	5	6	8	4	9	3	2
8	2	4	9	6	1	5	7	3
5	6	3	4	7	8	2	9	1
7	9	1	2	5	3	4	6	8

## Sudoku Answer

[illegible]

### Crossword Answer

# CROSSWORD

## CLUES ACROSS

1. "Be back later"
4. Zhou dynasty state
7. Mineral
8. \_\_\_ and gagged
10. One of LeBron's former sidekicks
12. Ivory Coast village
13. Caffeinated beverage
14. Without armies
16. Intention
17. Sulfuric and citric are two
19. Supplement with difficulty
20. & & &
21. George and Weezie
25. Liquefied petroleum gas
26. Immortal act
27. Ancient Greek sophist
29. Aids digestion
30. Comedy routine
31. Actress Thurman
32. Adult beverage
39. Amounts of time
41. An awkward stupid person
42. \_\_\_ Walker, "The Color Purple"
43. Covers babies' chests
44. Parts per billion (abbr.)
45. Ottoman military title
46. More skilled
48. Natives to New Mexico
49. Indigent
50. Illuminated
51. Very fast airplane
52. Devoid of cordiality

## CLUES DOWN

1. Comedian Goldthwait
2. Worn by women
3. "Naked Gun" actor Nielsen
4. Processes fatty acids
5. Mortals
6. Not invited
8. Show\_\_: entertainment
9. Darkens
11. Pilgrimage
14. Danish krone
15. Savior
18. Midway between south and east
19. Electroencephalograph
20. Henry's wife Boleyn
22. Hairstyle
24. Sinclair novel
27. Basics
28. A person's life story
29. Luxury automaker
31. Ultrahigh frequency
32. Island and antelope are two
33. Taxi
34. Farm state
35. Fence part
36. Rwandan capital
37. Onomatopoeic
38. In a state of turbulence
39. Abba \_\_, Israeli politician
40. Flowering plants
44. Inquire too closely
47. Sun up in New York



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## Public Notice

The Rural Municipality of St. Clements Municipal Office and Public Works Department will be closed on November 13, 2017 in lieu of Remembrance Day.

The Landfill, Clarke, Dunning, Grand Marais and Gull Lake Transfer Stations will be closed on November 11, 2017.

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## PARENT TEACHER NIGHT

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### NOTICE OF HEARING

#### UNDER THE HIGHWAYS PROTECTION ACT THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, November 21, 2017 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg MB R3E 3H4 Phone: (204) 945-8912.

#### PERMITS – PART I – SECTION 9 H.P.A. AND PART III – SECTION 17 H.P.A. 1/008/173/B/17 –

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200 - 301 Weston Street Michelle Slotin, A/Secretary  
Winnipeg, MB R3E 3H4 THE HIGHWAY  
Phone: (204) 945-8912 TRAFFIC BOARD



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## Public Notice

### Change in Meeting Dates November 2017 December 2017 and January 2018

As per By-law 23-2016 November 28, 2017 Regular Meeting is rescheduled to November 21, 2017 commencing at 2:00 p.m. with planning hearings to begin at 6:00 p.m.

December 12, 2017 Regular Meeting is rescheduled to December 19, 2017 commencing at 2:00 p.m. with planning hearings to begin at 6:00 p.m.

January 23, 2018 Regular Meeting is rescheduled to January 30, 2018 commencing at 2:00 p.m. with planning hearings to begin at 6:00 p.m.

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The Selkirk Record

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Galay Landscaping currently has positions available for snow clearing, shoveling and snow blowing. Applicants must have a valid class 5 driver's license and reliable means of transportation. A driver's abstract and criminal records check may be requested upon hiring. Please respond only by emailed resume to [info@galaylandscaping.com](mailto:info@galaylandscaping.com)

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## NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF BEATRICE IRENE BENNET, late of the City of Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 16th day of December 2017. DATED at the City of Selkirk, in Manitoba, this 3rd day of November 2017. DAVID MOORE LAW Solicitor for the Executrix

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**Classified booking deadline is Monday 4 p.m. prior to Thursday's publication.**

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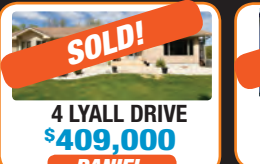
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**872 Church Rd \$157,900**



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Clandeboy  
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# Announcements

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The Selkirk Record

## ANNOUNCEMENT

### CARDS OF THANKS

The Red River Churches Refugee Team would like to thank all who helped out with our "Canada 150 - Celebrating Our Future" fundraiser on October 20th of this year. City of Selkirk for the use of the Recreation Complex Banquet Hall and excellent support from the staff. Table Sponsors: Platinum - Interlake Real Estate, United Lutheran Service Club. Gold - Fort Distributors, R.M. of St. Andrews. Bronze - Gilbert Funeral Home Ltd., Half Moon Drive In, Home Hardware, One Insurance, Pawluk Family, R.M. of St. Clements, St. Clements Mapleton Vestry. Donations - Andrew Rewucki, St. Paul's United Church Beausejour, Terresita Ominga. Silent Auction Donors: South Beach Casino, Wilma Nicol, George's Electric, One Insurance, Big Dollar, Cindy Hoogervest, Margaret Speer, Gordon Payne Glass, Boston Pizza, Home Hardware, Safeway, Super Thrifty, Addie's World of Color, Marketplace, Packers Ladies Wear, George Hacking, Sheila Cox, Upper Crust Bakery, Steelcity Physiotherapy, Kathi Long and Angie Smederovic, Ken and Sandy Pawluk, D & N Appliances, Terry's Towing, Christ Anglican Church and Sheila's Coffee Group, and Selkirk Evangelical Lutheran Church. Music: The Tuckett Family, Erin Okrainic, Bev Racicot, and The Back Pew Boys. Food: Thank you to Laurie Hunt for the tremendous deal on the delicious beef and creamed corn. Potatoes donated by Extra Foods, washed and wrapped by C. Masetela's class at L.S.R.C.S.S., baked at Gordon Howard Seniors Centre, and coleslaw by Margaret. Table Decorations: Thank you to Victoria's Flowers for the deal on carnations, Margaret for vases and table cloths and Linda Thomas for the Canada Theme on our front table. Thank you to all volunteers who helped out with set up, serving, silent auction selling tickets, selling liquor tickets and ushering. And a special thank you to all who attended. 50/50 Raffle winner: June Minish.

## ANNOUNCEMENT

### CARDS OF THANKS

Thank you to our family, friends and co-workers for your acts of kindness and caring during the loss of our loved hero Pung Freeman. We will remember these along life's journey. Also thank you to staff at the Selkirk Betel and at Gilbert Funeral Home.  
-Hazel Freeman and family

## ANNOUNCEMENT

### GRADUATION



Congratulations Maddy on your graduation from the University of Manitoba with a Master of Physical Therapy Degree and your new career with Steelcity Physiotherapy  
-Love Mom, Dad, Markus, Dylan, Lianna and Kenzie

## ANNOUNCEMENT

### IN MEMORIAM



Anne Marie Schafer  
July 2, 1937 - November 13, 2011  
Nick Schafer

May 7, 1932 - May 14, 2015  
Always so good, unselfish and kind,  
Few on this earth their equal we find.  
Honorable and upright in all their ways,  
Loyal and true to the end of their days.  
You are not forgotten, dear mother and father.  
-Your loving family

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12 Tom Prince Dr. - Petersfield Lot \$62,500  
NEW PRICE 20 White Pine - Land - Halcyon Cove \$30,000  
965 Whiskey Ditch Rd. 36 Acres Pending \$125,000  
Development Opportunity \$492,000  
4 Great Lots - Edith Ave. \$37,900-\$85,000  
125166 Colonization Rd. N., 4.1 Acres \$138,500  
New 80 Acres - 354101 Rd. 81N \$105,000  
New 72124 Floodway Drive S 2 Acres \$79,900

**SELKIRK**  
413 Morris Ave **SOLD** \$99,900  
6-305 Mercy \$148,000  
214 Colcleugh Avenue \$153,000  
321 Superior \$225,000  
150 Eveline Street \$314,900  
13 Howard Pl. \$395,000  
7 Howard Pl. \$414,900

**COUNTRY**  
5 Maple Ave, Stonewall \$64,500  
57 3rd St. SW Teulon **SOLD** \$88,900  
Gull Lake 42138 Rd 94 N \$209,000  
2 Netley Place \$314,900  
137 Autumnwood, Gimli \$324,900  
34 Grey Cresc, Pinawa \$348,700  
NEW PRICE 59 Wavey Creek, St. Andrews \$381,900  
NEW PRICE 29 John Zelych \$382,500  
92037 Rd. 5E Rockwood \$399,500  
87 Wavey Creek, St. Andrews \$498,500  
89110 Rd 6E Gunton 80 acres, 2400 sq ft Ranch \$498,800  
12 Murdoch, Petersfield \$528,800

**COMMERCIAL**  
New Listing 315 Main Street \$295,000  
Commercial Lease -  
Flex Space East Selkirk \$14 sq.ft. Ask us  
Commercial Lease - Service Station  
East Selkirk \$14 sq.ft. Ask us  
153 Lily Avenue Zoned N1 \$110,000  
502 Greenwood Renovated Building \$449,000  
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66 Acres MI Development \$980,000  
NEW PRICE Netley Creek Golf Course \$2,200,000

311 Grassie Blvd Completed Subdivision. \$385,000  
South Beach Collision \$750,000  
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# Announcements

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*The Selkirk Record*

## ANNOUNCEMENT

### IN MEMORIAM



**Thora Michelle Einarson**  
November 14, 2000 – 2004

**Happy 17th Birthday in Heaven**

You would be driving  
And planning your graduation.  
We wonder what an amazing person you  
would be  
If you were here.  
We miss you every day.

-Love always and forever,  
Mom, Dad, Alida and Aidan  
xoxo

## ANNOUNCEMENT

### IN MEMORIAM



**Thora Michelle Einarson**  
November 14, 2000 – November 14, 2004

You'll be our beautiful little angel always!  
In our hearts your memories are kept,  
To love, to cherish, to never forget.  
Remembered and missed always.

-Afi Pete, Ama Hildur, Auntie Mimi,  
U.P., Avery, Soren, Uncle Deedee and  
Auntie Diane  
xoxo

## OBITUARY

**Lois Ruby Smith (MacIntosh)**  
October 10, 1943 – November 3, 2017

It is with great sadness that we announce the sudden passing of our beloved wife, mother, grandmother, sister and dear friend Lois. We love you and will miss you always.  
A private celebration of her life has already taken place as per Lois' wishes.  
In lieu of flowers, donations can be made to a charity of your choice.  
Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.

## OBITUARY

**Carley Denay Cheyne**

Tragically, on Sunday, November 5, 2017 at her residence in Selkirk, Mb, Carley Cheyne, aged 32 years passed away.

A memorial service will be held on Friday, November 10, 2017 at 1:00 p.m. in the Gilbart Funeral Chapel in Selkirk, MB.

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.

## OBITUARY

**Pauline Marzoff**

Pauline passed away peacefully with her family by her side, at the Health Sciences Centre on November 2, 2017.

Funeral service was held at Gilbart Funeral Home, 309 Eveline St. Selkirk, MB at 1:00 p.m. on Tuesday, November 7, 2017.

In lieu of flowers, donations in Pauline's name can be made to the Kidney Foundation, 452 Dovercourt Dr. Winnipeg, MB R3Y 1G4.  
Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.

## OBITUARY

**James Arthur Schmidt**  
November 7, 1932 - October 29, 2017

Unexpectedly, with family by his side, James (Jim), passed away at the age of 84 years at the Selkirk Regional Health Centre.

His memory will be cherished by his daughter Birgit (Steve) Yuriy and family, Christopher, Jennifer (Keegan) and Paul; son Kent (Theresa) Schmidt and sons Travis, Taran and Tanner; daughter Heather (Robbie) Anderson and daughters Courtney (Kyle) Savary, and Kelsee; and daughter Monika Schmidt and daughters McKenzie and Lexi. Jim is also survived by his brother Walter, sisters-in-law Elsie and Rosie, and numerous nieces and nephews.

Jim was predeceased by his parents, Arthur and Antonie, wife Margret of 54 years; brother Irvin; sister-in-law Cecile; brother-in-law Rolf; granddaughter Ashley; and long-time school friend Bruce Harris.



He was born, raised, and educated in Grandview, Manitoba. After graduation, Jim worked as a farm hand at Bob Wilson's farm in Grandview. He was later employed with Eldorado Mines in Port Radium, NWT, as a power engineer. Jim then returned home to help support the family and farm due to his father's failing health. Jim retired from farming after 41 years and relocated to Selkirk to work with Margret at Margret's Cafeteria. Retirement plans to travel changed after Margret was diagnosed with dementia and succumbed to the illness nine years later. Jim devoted his time to her care and well-being.

Jim's most significant accomplishment in life was finding a beautiful, caring, and forgiving wife, and the four children with which they were blessed, was further reward.

The family would like to thank the homecare staff, Debbie, Wendy, Linda and others too numerous to mention, Dr Shaker, Dr Strang and Dr Rae at Selkirk Hospital, and the many caring staff on the surgical ward at Selkirk Hospital.

A celebration of life will be held on Friday, November 10, 2017 at 2:00 p.m. at the Good Shepherd Lutheran Church in Selkirk, Manitoba with Pastor Erik Parker officiating

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**George Alan Holt**  
November 11, 1934 – November 2, 2017

It is with great sadness that the family of George Alan Holt of Petersfield Mb, announce his passing. On Thursday, November 2, 2017 at the Selkirk Regional Hospital, with his son and niece by his side, Alan lost his third battle with cancer, just days short of his 83rd birthday.

Alan leaves behind his sons Mark (Pearl), Greg (Tina); grandchildren Stephen, Robert, Brittany, Justin and Kaytlyn; brother Ted (Ruth); sister Ann; sister-in-law Peggy; special friend Irene along with all his wonderful nieces and nephews. Alan is predeceased by his parents; sister Helen and brothers Jim and Tom; sister-in-law Edna and brother-in-law Ken.

Special thanks to all the family and friends who found the time to visit Al during his short stay in the hospital.

Respecting Alan's wishes, there will be no funeral service. Cremation has taken place with interment to follow at a later date where his ashes will be laid with his parents in Stonewall, Mb.



## OBITUARY

**Elgin E. Eagle**

Peacefully, after a brief illness on Wednesday, November 1, 2017 at the Selkirk Regional Health Center, Elgin Eagle, aged 82 years of Selkirk, MB passed away.

He is survived by his wife of 59 years, Linda; children, Edward (Laverne), Eldon (Brenda), Cheryl Levin (Harvey) and Russell (Marlene); nine grandchildren; 14 great-grandchildren; and brothers, Clifford, Howard, Maver and Dalton.

Elgin was predeceased by his parents Russell and Olga and brothers Marvin and Wayne.

The family would like to thank the staff at the Selkirk Hospital for their care and compassion.

In keeping with Elgin's wishes, cremation has taken place and a private family service will be held.

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



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