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RECORD PHOTO BY LINDSEY ENNS

Rosanne Snifeld, donning a clown costume, helps show off some of the Halloween merchandise available at Big Dollar in Selkirk last Thursday evening. The local dollar store, located at 439 Main St., is now officially ready for Halloween.

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IERHA looks to expand needle-exchange program

30,000 kits have been handed out in Selkirk since its launch in July 2015

By Lindsey Enns

The Interlake-Eastern Regional Health Authority (IERHA) is looking at expanding Selkirk's first needle-exchange program after they handed out nearly 30,000 kits since it launched in July 2015.

"We're working to increase the number of sites that do distribution in Selkirk so that people who aren't able to get to the community health office during our hours, or don't feel comfortable coming there, will have other places in Selkirk that they can go to pick up their supplies," said Anlina Sheng, the IERHA's harm reduction

Sheng, the IERHA's harm reduction

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project co-ordinator.

Clean needles and other supplies can currently only be picked up and exchanged on the second floor of the Selkirk Community Health Office located at 237 Manitoba Ave. from 8:30 a.m. to 4:30 p.m. Monday through Friday. However, Sheng said they are looking into opening other locations in the future that can stay open on evenings and weekends.

"We definitely want people to get their supplies when they need them," she said. "Ideally we would have sites that are available in the evening and on weekends, which are hours we aren't able to serve."

Sheng added they have recently added new distribution sites in Pine Falls and Pinawa and they are hoping to add more sites throughout the region.

Maxine Zasitko, the IERHA's clinical team manager for public health, said Selkirk's site provides kits to those living in Selkirk and surrounding areas. Before the program launched, drug users were forced to go to Winnipeg for access to clean needles. There is also no limit on the number of kits one person can pick up, she added.

Although Selkirk's site has handed out nearly 30,000 kits so far, health officials say that high number doesn't necessarily paint an accurate picture



SUBMITTED PHOTO

Interlake-Eastern Regional Health Authority officials say they are looking at expanding their first needle-exchange program after nearly 30,000 kits were handed out at their Selkirk site since its launch in July 2015.

of Selkirk and area's drug injection problem.

"Drug use is both highly stigmatized and criminalized so it's a hidden population," Sheng said. "It's very difficult to get an accurate number of how many people are using drugs in the community.

"Whether we're reaching a very high proportion of people or not, it's hard to get a really accurate take on that."

Along with providing local drug users access to clean supplies, Zasitko said the program also aims to prevent the spread of HIV and hepatitis C across the region.

Although Zasitko admits since the program's launch rates of hepatitis C have increased throughout the region, she believes that's because more people are getting tested that needed to get tested.

"We know that addiction does not have boundaries and so many communities have experiences of caring for people who use drugs,"

Zasitko said. "We want to be able to serve the people who need clean supplies so that we help to reduce infections."

Sheng said although the program is still relatively new, they are increasing the number of people who are getting tested.

"It's pretty normal to see a rise in diagnosed hep C when people start feeling safer and are accessing services."

Sheng said another important aspect of her job is working with local drug users, building relationships with them and connecting them with other health services. She added they also help connect users with drug treatment programs if they are ready and willing.

"We don't pressure people to stop using drugs or quit or anything like that," Sheng said. "We're really focused on meeting people where they're at and addressing their needs and helping them reduce the risks of harms that are associated with using drugs."

Sheng said she also organizes a monthly peer group meeting with drug users.

"They are the experts of what's happening in the community and what their needs are," she said. "We talk about how things are going with supplies distribution, what's happening in the community."

Sheng said she deals with people from a variety of age ranges.

"Lots of young people, which I think is a shift in the demographics of people who are injecting," she said. "Primarily people who are living in Selkirk but also from surrounding communities."

Sheng said prescription opioid use is rising in Selkirk and area.

"People who are using drugs and accessing services are really diverse," she said. "Drug use happens in all walks of life and for a very diverse range of reasons."

The Addictions Foundation of Manitoba believes needle-exchange programs are an important public health service.

A spokeswoman for the foundation previously told the *Record* that clean needle programs don't encourage drug use and are instead meant to give people already using narcotics access to safe supplies so dirty needles aren't reused or improperly disposed of.

Those seeking help or more information can contact the Addictions Foundation of Manitoba by calling 204-944-6200 or toll free at 1-866-638-2561.



Mystery surrounds human remains found in East Selkirk

St. Clements mayor questions how old the remains could be

By Lindsey Enns

RCMP and archeological experts spent most of the weekend and Monday morning carefully combing through an area along the banks of the Red River after human remains determined to be historic were discovered in East Selkirk last Saturday.

St. Clements Mayor Debbie Fiebelkorn, who lives nearby where the remains were discovered, said there is lots of rich history in East Selkirk dating back more than 130 years.

"A lot of us do know that the area has been populated for many years," Fiebelkon said.

She went on to say that the municipality is more than 130 years old and people were living in the area before it was formed.

"So when they say 'historic' how historic are we talking about?" she said. "Is it 100 years old, is it a couple hundred years old. Hopefully they will be able to provide that information through the historic branch."

RCMP confirmed on Monday that human remains found along the banks of the Red River near Highway 212 and Highway 204, which is commonly referred to as "Hydro Park," have been determined historic. The investigation has now been handed over to the province's Historic Resources Branch.

"The Historic Resources Branch investigates reports of human remains found outside of a recognized cemetery when law enforcement has ruled out forensic concerns as per requirements under the Heritage Resources Act," a provincial spokesperson told the Record via email on Monday."Such investigations are done as quickly as





RECORD PHOTOS BY LINDSEY ENNS AND BRETT MITCHELL

ABOVE LEFT: An RCMP officer carefully carries a cardboard box to his police vehicle before leaving a scene along the banks of the Red River in East Selkirk where human remains determined to be historic were found last Saturday afternoon. Officers had an area taped off along the Red River near Highway 212 and Highway 204 in East Selkirk for several hours last Saturday and Sunday. ABOVE RIGHT: Archaeological experts from the province's Historic Resources Branch examined the steep slope of the riverbank for hours on Sunday

possible and are a sensitive matter with detail on the discovery difficult to confirm until a full investigation is completed."

Police tape surrounded a small area along the Red River for most of the weekend and on Monday.

Curious anglers fishing nearby said they saw officers arrive and start taping off the area on Saturday afternoon around 1 p.m.

"I think it was more curiosity as to what was going on," Fiebelkorn said, adding she received several calls from concerned community members. "(RCMP) were there for a significantly long time really without telling anybody what was going on.

"My first thought is some family is going to get closure to losing a loved one."

Two officers were spotted late Saturday afternoon searching the riverbank's steep slope wearing thin purple gloves.

At one point an officer was seen carefully carrying a small cardboard box before loading it into his police cruiser and leaving the scene.

On Sunday, archaeological experts from the province's Historic Resources Branch continued to examine the slope of the riverbank while wearing gloves and using tools.

According to the province's website, the branch oversees "the disposition of found human remains of an archaeological nature from the moment of discovery."

According to the Heritage Resources Act, "human remains" are the "remains of human bodies that in the opinion of the minister have heritage significance and that are situated or discovered outside a recognized cemetery or burial ground."

In an emailed statement to the Record on Sunday, RCMP said last Saturday at around 1 p.m. Selkirk RCMP responded to a call of possible human remains along the Red River near Highway 212 and Highway 204.

Upon arrival, officers were able to confirm the remains were human and contacted the Manitoba Historical Resources Branch.

This isn't the first time remains have been found along the Red River in the Selkirk area this year.

In May, Selkirk RCMP were called to the Selkirk Golf and Country Club after receiving a report a body had been

Early investigation concluded the deceased was a man in state of decomposition. The man was later identified but RCMP said they would not be releasing his identity to the public.

In June, human remains were found in the Red River near a dock in St. Cle-

Those remains were later identified as missing Winnipeg man, Reid Bricker who had been missing since Oct. 24, 2015.



Interlake among top regions for vehicle-deer crashes: MPI

Staf

The Interlake region is among a list of places across Manitoba with the highest amount of vehicle-deer crashes, according to Manitoba Public Insurance (MPI).

The Eastman region, which includes communities such as Steinbach, Lac du Bonnet, Anola, Birds Hill Park area and Falcon Lake, is the province's number one area for vehicle-deer collisions.

There are 1,540 collisions yearly within this region, based on statistics collected by MPI from 2011 to 2015.

"Motorists are encouraged to exercise extra care and caution during October and November, the two worst months for vehicle-deer collisions," Ward Keith, MPI's vice-president, business development and communi-

cations and chief product officer said in a release last week. "Last year, 300 Manitobans were injured in wildliferelated collisions. Over the last 10 years, eight people in Manitoba have been killed in crashes caused by an animal on a road."

Rounding out the province's Top 5 vehicle-deer collision regions:

- 1. Eastman Region 1,540 yearly collisions
- 2. Westman 1,400 yearly collisions
- 3. Interlake 1,060 yearly collisions
- 4. City of Winnipeg 610 yearly collisions
- 5. Pembina Valley 600 yearly collisions

Overall, Manitobans are involved in about 11,000 vehicle-wildlife collisions yearly.

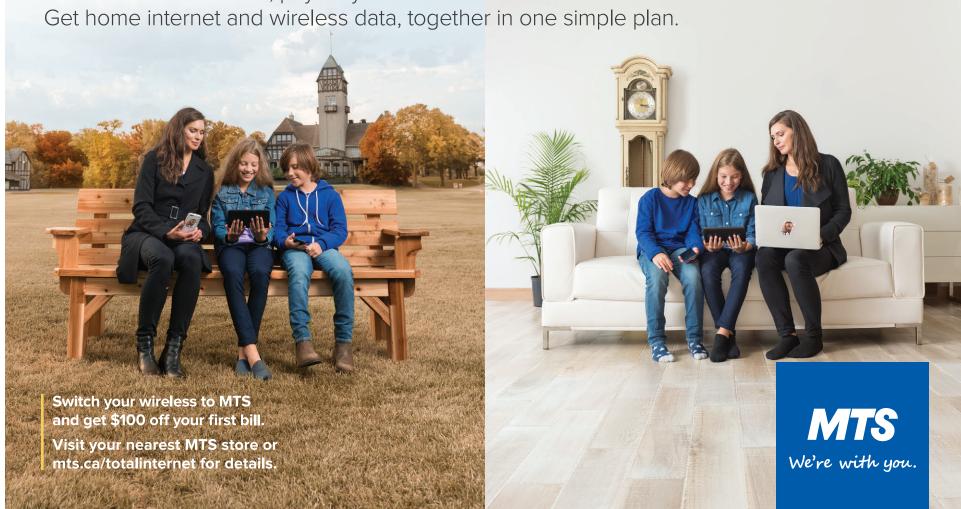


RECORD PHOTO BY LINDSEY ENNS

There are 1,060 vehicle-deer collisions annually in the Interlake region, according to statistics collected by Manitoba Public Insurance from 2011 to 2015.



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Finding ways to fight off diabetes

Brokenhead Ojibway Nation Food Bank, grocery store helping members access healthier foods

By Dave Baxter

A Brokenhead Ojibway Nation (BON) woman says their community is working on ways to fight and prevent diabetes so more of their members can enter the workforce.

Dvana Chief, who works at Brokenhead's East Resource Centre, says part of getting community members into the workforce is making sure they eat healthy and avoid foods that could lead to diabetes.

Dyana said that is why she also volunteers at the Brokenhead Oiibway Nation Food Bank to ensure healthy foods get into the hands of community members both young and old.

Two days per month the food bank hands out a variety of food including dairy products such as milk and cheese, as well as fresh fruit and vegetables, soups and healthy drinks.

Dyana said because the average income is relatively low in her community, the food bank is often busy and vital for getting healthy foods to community members.

"We get quite a few people in here every month," Dyana said. "We always give milk, vegetables and we get a lot of other healthy foods."

Dyana also speaks with community members through her job at BON's East Resource Centre about the importance of eating healthy foods.

The centre, through a wide range of programs and classes, helps get community members trained and ready for the workforce and into employment and education opportunities.

Canadian Diabetes Association Chief Science Officer Dr. Jan Hux of Ottawa, Ont. says the risk of getting diabetes is much higher among First Nations people in Canada.

"The risk is three to five times higher in First Nations people and it onsets at a younger age and they deal with more complications and worse outcomes," Hux said during a presentation in Winnipeg on Sept. 28 where she spoke about how diabetes can affect Canadians in the workforce and their employers as well as prevent some Canadians from becoming em-

Genetic and environmental factors combine to make the risk of diabe-

tes higher among Indigenous people, Hux said.

"First of all there is a terrible genetic risk and for someone with the genetic risk they can be thin and fit and still get it," she said.

She added many First Nations communities don't have easy access to healthy foods and that can lead to community members eating more processed and unhealthy food.

"It's very difficult in many First Nations communities to even get fresh fruits or vegetables," Hux said. "It's a real challenge."

Earlier this year, the Brokenhead Grocery Pharmacy and Medical Clinic opened in Brokenhead.

The 4,000 square foot grocery store offers a variety of fresh and nutritious foods, while the medical clinic, which is attached to the store, offers medical care and brings out a medical professional twice a month who specializes in diabetes care and prevention.

Brokenhead Medical Clinic health director Deborah Chief said both the clinic and the grocery store are helping to prevent diabetes in the communit and helping those who already live with the disease.

"We have a diabetes educator who comes to our community and she is doing a lot of good work with a lot of people in educating on how to eat properly, and giving tips on how to prepare foods, and tips for people already living with diabetes," Deborah

She also believes the grocery store is leading to more healthy eating in her community.

"It's huge because it's in the community so we don't have to travel to Selkirk to get fresh produce and we

see less people having to do their grocery shopping convenience

stores." Information on diabetes and diabetes prevention can be found by going to the Interlake-Eastern Regional Health Authority's website or by calling 1-877-979-WELL (9355).





RECORD PHOTOS BY DAVE BAXTER

ABOVE: Mervin Galvin watches as cashier Taylor Wood checks out his groceries at the Brokenhead Grocery Pharmacy and Medical Clinic earlier this month. BELOW: Brokenhead Ojibway Nation Food Bank volunteers Dyana Chief, pictured left, and Lilly Thomas, pictured right, unload groceries inside the food bank building earlier this month.





Amsco opens its doors, celebrates 100 years in Selkirk

By Lindsey Enns

Amsco Cast Products employees and their family members were invited to explore one of Selkirk's oldest businesses for the first time as part of their 100th anniversary celebration last week.

Denise Pritchard, who has been an accountant at Amsco for 20 years, said 100 years is an important milestone to recognize in Selkirk.

"A lot of people have been here for 40 years and their families have never been able to come here," Pritchard said during last Thursday evening's celebration and tour. "We're known for pouring steel so we thought today would be the ideal day to pour a live heat.

"It's different, steel founders don't exist anymore so this is something out of the ordinary."

But Pritchard admits that Amsco in Selkirk, which is located at 35 Mercy St., and the cast products industry has faced some major challenges over the years.

"We've gone through a couple turmoils over the last 20 years," Pritchard said. "We've had ups and downs in the markets, we've had a roof collapse, we've had a fire and the ownership changing.

"Not only have we seen people come and go, the building itself has changed over the last 20 years."

In October 2014, Canadian-owned Black Cat Blades, which runs other locations in Selkirk, acquired Amsco.

Amsco's 21-acre site is situated in a mixed industrial and residential area on the south side of Selkirk.

The facility has approximately 110,000 square-footage under roof, consisting of a large foundry operations building and three auxiliary buildings containing support operations, maintenance, storage and a general office area.

The local facility produces a large variety of castings for the railroad, mining and ore processing industries, agricultural, steel making, cement, cogeneration and general industries.

A large crowd was treated to a live heat pour during last Thursday's event and blacksmiths were on hand doing demonstrations throughout the evening.

"To our knowledge it's the first time we've opened it up to everybody," Amsco vice-president of manufacturing Mark Lloyd said.

Lloyd said their number of employ-



RECORD PHOTOS BY LINDSEY ENNS

Crowds gather to watch live demonstrations and a live heat pour during Amsco Cast Products 100th anniversary celebration last Thursday at their plant in Selkirk. The event was the first time the local business has opened its doors to employees and their families for a tour.



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ees, most of which are from Selkirk and area, has gone down recently due to the mining and construction industry.

"They are in a slump ... so unfortunately we had to slow production down a bit to accommodate for that," he said, adding their Selkirk location now employs roughly 80 people.

Pritchard said their average employee age is between 50 and 55.

"We've had a lot of long-term employees who have spent 40 plus years here," she said. "We're very close. We're one company, we're a family."

Lloyd said it's important, regardless of their current size, to celebrate their long history in Selkirk.

"It's still important to recognize these significant events and open the place up for the employees," he said. "This local area still has good access to labour."





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'I feel I am being forced out of my own house'

St. Andrews residents speak out against pricey proposed sewer system project

St. Andrews residents came out in droves to a municipal hearing last week, with many speaking out against a proposed sewer system project.

One St. Andrews man questioned what would happen to those who simply could not afford to pay for the new system.

"What are you going to do? Are you going to throw us in jail? Are you going to fine us?" Nick Trusewych said while making a presentation during the hearing at the St. Andrews Community Club last Wednesday."We are in an unenviable position.

"We can't pay, we can't sell and we've been squeaky clean all these years since 1971."

The 74-year-old was among the hundreds who showed up and one of dozens who signed up to speak at the hearing, which stretched over last Wednesday and Thursday.

It was standing-room-only on Wednesday evening as more residents showed up than there were chairs for them to sit on.

Presentations by and on behalf of the municipality in favour of the sewer system stretched through the entire Wednesday evening portion of the meeting, so many who had signed up to make a presentation didn't get the chance to speak because they could not return on Thursday due to work or other commitments.

As a result, the meeting had to be adjourned to allow all registered speakers the chance to speak and a date for an adjourned meeting has not

Trusewych, along with his wife, has owned a home at 231 River Road since 1971, as well as an adjoining property at 229 River Road.

The municipality is currently working on a project that would bring a new sewer system into St. Andrews in

The first phase would see more than

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RECORD PHOTOS BY DAVE BAXTER

ABOVE LEFT: St. Andrews resident Nick Trusewych speaks out in opposition of a new proposed sewer system during a municipal hearing at the St. Andrews Community Club last Wednesday. ABOVE RIGHT: Hundreds of residents packed the St. Andrews Community Club last Wednesday for a municipal meeting in regards to a new proposed sewer system for the community.

900 homes in the south end of the municipality hooked up to a permanent sewer system that would see sewage travel from St. Andrews through West St. Paul, to a sewage treatment plant in Winnipeg.

Bylaw 4271 would allow for the construction of a regional wastewater collection system from Riversprings Drive in West St. Paul to River Road in St. Andrews, a lift station and odour control system at River Road, and low-pressure sewer lines throughout Phase 1.

Trusewych said he could now be on the hook for the complete installation of the sewer system at his 231 River Road property and also for a charge to bring the sewer line past his other property.

He estimates he could be looking at a bill of more than \$60,000 for everything involved with hooking up to the system and said that is something he can't afford.

"The new requirement to hook up to the

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system should not apply to acreages where this is no problem," he said. "They should be grandfathered in, there are many provisions for grandfathering until such time as we sell or subdivide.

"We bought in good faith, we built in good faith, and that is simply being ignored."

He added he put a brand new "stateof-the-art" septic field on his property in 1997 that cost more than \$20,000 and said it is in "perfect working condition."

While speaking to the Record after

his presentation, Trusewych didn't mince words about his ability to afford the new

"I'm screwed," he said. "I'm going to be 75 and I've got a modest pension.

"We are being forced out."

Vera Marchuk, who is also in her 70's, has lived in her home on River Road since 1969 and also spoke out in opposition last week.

She said she estimates she will owe more than \$66,000 when and if the sewer system comes to her property because she has a long property and will be charged per foot for the sewer

Continued on page 9





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A mess of fish from the Red River

Greetings gang how was your week? A few weeks ago I met a wonderful couple Henry and Tina Froese of East St. Paul who have a cottage in Gimli and offered us a story.

Henry seemed a kindly sole with short white hair a permanent grin and slow way of talking while Tina had a habit of tossing her head as she spoke that accentuated her blond slightly graying hair. It seems they were fishing on the Winnipeg River and when they left their boat unattended someone stole Tina's new tackle box and Bills', her sons-in-laws' best rod which she had borrowed for the day.

Disheartened, they packed all their stuff up and stopped at the Lac du Bonnet RCMP police station to file a report before heading home.

Later Tina got a call from someone who claimed to be an RCMP constable from Lac du Bonnet stating that her rod had been found and that she should come to claim it. Immediately Tina became suspicious because you see from the time she had met Bill he was always playing practical jokes on everybody in the family but mostly on her. To his credit the police officer graciously and patiently attempted to convince Tina who he really was but all he got for his trouble was,"yea sure Bill, quit fooling around, I know it's you!"

Finally our heroic officer persuaded Tina of his identity and that she should come to the detachment for the rod. She and Henry piled into their car and made the trip only to discover the rod though similar was not her son-in-laws.'

When Bill heard the story and was able to stop laughing, he went out and bought two rods, one for himself and one for his mother-in-law.

Maybe a week after meeting Henry and Tina, I was driving along the east bank of the Red across from the Selkirk steel plant and noticed a guy



PHOTO SUBMITTED Ken Usunier of Winnipeg with a mess of fish he caught in the Red River across from the Selkirk steel plant.

putting a nice mess of fish into the trunk of his car. I pulled off the road and walked over to him complementing him on his catch. We shook hands and our newest angling friend, Ken Usunier, from Winnipeg remembered a past fishing story when I asked.

Years ago when his son, Tim, was only five, they were boat fishing on Oak Lake west of Brandon. Tim really wanted to cast his line like a grownup so Ken told him to wait until he got his

line out then he would get out of the way and let Tim try.

Ken moved to one end of the boat with Tim on the other then Ken told Tim to have at it. Almost immediately Ken felt a stabbing pain in his back. Being a man of few words he simply reached for his pliers and cut Tim's line from the hook buried in his back. He got the boat to the dock then bending over as best he could while driving his car he made it to the Brandon hospital and had the offending hook cut out. Little Tim sitting beside him in the car, never said a word. Grown now, every time Tim has a difference of opinion with his dad Ken points to his back with his thumb and a small smile where upon Tim simply replies, "oh pop, get over it."

I was talking to a chap Terry Lillies from Winnipeg a while back and he gave a funny fishing story.

A number of years ago his son, Ryan, came home from Edmonton for a visit so Terry got hold of his buddy "Yogi" who had a place on Manipigow Lake and asked if he could borrow his boat and take Ryan to Yogis' cottage for some fishing. Terry had been there before and the fishing was great. So, with Yogi's boat Terry and Ryan headed for the Lake. They fished for three days and didn't catch a thing. Discouraged, they came home and as they were parking Yogi's boat, Terry exclaimed to his buddy how bad the fishing was.

"Yea, I know," Yogi quipped with a devilish grin, "I only go there in June, any other time it's not worth the gas. "Don't get mad at me," he continued with a mocking smile.

"You wanted a chance to spend some time with your son so I made sure you

Friends and relatives, wow. Bye for

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> HOMEOWNERS HAVE 5 YEARS TO HOOK UP TO NEW SEWER SERVICE, MAYOR SAYS, FROM PG. 7

"It seems the cost of this project being forced on us just keeps growing," Marchuk said. "Why are retired citizens, homeowners and young families with a mortgage being forced into this costly project?

"I feel I am being forced out of my own house."

St. Andrews Mayor George Pike has previously said homeowners have five years to hook up once the sewer line comes to their neighbourhood and will pay no fees until they hook up.

He added residents can take up to 20 years to pay the capital cost component on their municipal tax bill.

A cost breakdown for the project released on June 16 includes capital costs for home owners of \$7,390, a buy in charge of \$2,300, an annual fee of \$225, a water metre installation fee of \$600, and a \$130 annual pump out

Of all registered speakers not speaking with or on behalf of the municipality, only Dennis Smerchanski spoke in support of the system.

"Over the years we have had to put up with unpleasant odours from leaking septic fields and the challenge of keeping our children and now our grandchildren from playing in the ditches containing raw sewage," Smerchanski said. "Experts from Manitoba Sustainable Development tell us that septic fields don't work in our heavy clay soils.

"The completion of the project is fundamental to the future growth and well-being of south St. Andrews."

Homeowners in the municipality currently use septic fields and tanks but the province now prohibits the

replacement or modification of existing septic fields, or the construction of any new septic fields in the specific

Donna Smiley, the manager of the province's Environmental Compliance and Enforcement Branch spoke in favour of the system last week on behalf of the municipality.

She said she believes holding tanks are not a viable option moving forward.

"Holding tanks are not considered as the optimum method of choice for wastewater disposal for permanent residents," she said. "Holding tanks are not considered convenient or acceptable long-term for sewage disposal in high-density residential subdivisions.

"Economically over the long-term the cost of pumping adds up and decrease the property values due to the inconvenience and lack of permanent services."

Pike said the appointed Municipal Board can decide to halt the project, allow it to continue, or request that changes be made to the plan before it can move forward.

The estimated cost for phase one of the sewer project is \$15,185,317.

The municipality has a deal to secure \$4 million in funds from the federal government, \$3.75 million from the province, and \$510,888 from the municipality's Gas Tax Reserve Fund.

The remaining balance of \$6,924,429 is then to be borrowed by the municipality.

As of Monday's press deadline there was no set date for the adjourned municipal meeting.



Community steps up for Brenna



RECORD PHOTO BY LINDSEY ENNS

Friends, family and community members packed the Gordon Howard Centre for a Meat Draw and More fundraiser for Selkirk's Brenna Schellenberg last Saturday afternoon. The event, which raised \$1,947, featured plenty of food, a performance by Laurie Sutherland and a silent auction. Two-year-old Brenna is currently battling a rare form of brain cancer so friends and family have been stepping up to help the family during this difficult time. Local hypnotist and entertainer Matao along with special guest magician El Toddo also hosted a show and raised \$1,285.50 last Saturday at Happy Thought School with all of the proceeds going to the Schellenberg family. A Spooktacular Extravaganza and Spin-a-thon is also being held for the family on Saturday, Oct. 29 from 10 a.m. to 3 p.m. in Selkirk Park. For more information, visit the City of Selkirk's website at myselkirk. ca or call 482-3960.



Selkirk boy sees mom for the first time thanks to eSight

By Dave Baxter

When 10-year-old Benny Francey saw his mother for the very first time, all he could do was stare and smile.

"He just looked at her and he just stared at her for almost 10 minutes with the biggest smile on his face," East Selkirk resident Amanda Vitt said referring to her nephew Benny. "He just stood there smiling when he saw her and it was really emotional for both of them.

"It was really, really cool."

Benny, who lives in Selkirk, was able to see his mother Jenna last Wednesday when he and his family travelled to Toronto, Ont. and tested a pair of eSight glasses. The glasses allowed Benny to see people and objects for the very first time.

The 10-year-old and his eight-year-old brother Ashton of Selkirk were both born with a rare eye condition that causes blindness at birth.

Both the boy's conditions are different, as from birth Benny could see silhouettes and colours but no details, while Ashton lives in "total darkness," Vitt said.

Back in June, Vitt set up a GoFundMe campaign called "The Gift of Sight" as a way to raise money to purchase the approximately \$20,000 eSight glasses for Benny and allow members of his family to travel to Toronto with him



SUBMITTED PHOTO

Selkirk boy Benny Francey, seen here with eSight demonstrator Alicia, holds a pair of eSight glasses for the very first time last Wednesday in Toronto, Ont.

to try the glasses and make sure they work.

The GoFundMe campaign sat at more than \$24,000 on Monday and that is why Benny has now been able to get his own pair of eSight glasses and travel to Toronto to try them out.

Now that they know the glasses work for Benny, his own pair of the glasses will arrive in Selkirk in about three weeks. Vitt now has a message for everyone that stepped up to help support her GoFundMe campaign and other fundraisers she has put on to help her nephew.

"They truly have given him the gift of sight. That was the goal of the campaign and that is truly what they have given him,"Vitt said. "I want to say to all the people that have donated that we could not have done it without you.'

Along with seeing family members after trying on the glasses, Benny was able to read print, look at pictures, and watch a movie for the very first time last week.

Once the glasses arrive in Selkirk, Benny will have to adjust to his new life using them, Vitt said.

"He will be building up eye muscles and his brain will be on overdrive while he adjusts, so there could be headaches and sore muscles at first.

"Everything will just be completely new to him."

Vitt said the GoFundMe campaign is still going because they are working towards their other goal of getting eight-year-old Ashton Francey into horse therapy.

Ashton's condition means eSight glasses would not be helpful but Vitt said horse therapy would help him because of his blindness, and because he also lives with autism.

"We want people to know we are still raising money for Ashton," Vitt said. "Horse therapy is very expensive and we really want to make sure we help out Ashton too, because this therapy would be so good for him."

To donate to the Gift of Sight Go-FundMe campaign, visit gofundme. com/bennyashton.

City, school division team up for Summer Explorers program

Submitted

The City of Selkirk, through its Crime Prevention Advisory Board, has renewed its commitment to supporting Selkirk and area youth with a donation to the Lord Selkirk School Division (LSSD) and its Summer Explorers program.

The city has been contributing to Summer Explorers for the past three years through cash and in-kind donations. Summer Explorers is a literacy and numeracy program that helps reduce summer learning loss while supporting academic development, building self esteem and providing life opportunities for at risk children from kindergarten to Grade 3 in four Selkirk schools.

During the Oct. 17 committee of the whole meeting, city councillor and Crime Prevention Advisory Board chairman Ken Beerman presented LSSD Supt. Scott Kwasnitza with a cheque for \$1,200.

Beerman said from a crime prevention viewpoint, providing funding for youth is "a no brainer."

There are two, two-week sessions of Summer Explorers each year in July, run out of Daerwood School.

Besides a financial contribution, the city provides support through its

Parks and Rec staff.

The city also partners with the school division and shares resources from its Camp Awesome program. They share program staff, facilities and equipment as well as go on field trips together.

Over the last four years, approximately 500 students have taken part in Summer Explorers and Camp Awesome.





RHA wants you to roll up your sleeves, get the flu shot

By Dave Baxter

The CEO of the Interlake-Eastern Regional Health Authority (IERHA) got his flu shot in Selkirk last week and hopes others will roll up their sleeves and do the same.

"Getting the flu shot is such an important thing for the health of the population from a prevention standpoint," IERHA CEO Ron Van Dennaker said last Tuesday, just moments after getting his flu shot at a flu clinic at the Selkirk Rec Centre. "Anytime you talk to any of the medical officers of health they will always encourage people to get the flu shot. It's really important from a community health perspective, and also from a health care workers perspective.

"Let's face it, getting the flu is not a lot of fun and people can get really, really sick so I'm just trying to raise awareness of the importance of the flu shot."

Van Dennaker added that getting a flu shot is a simple task.

"There is nothing to it from the way things are explained to getting the shot," he said. "It's a very simple thing that takes very little time, and could prevent you from getting very sick."

The next flu shot clinic in Selkirk is on Saturday, Oct. 29 from 10 a.m. to 2 p.m. at the Gordon Howard Centre located at 384 Eveline Street.

A flu shot clinic will also be held in East Selkirk on Tuesday, Nov. 1 from 2 p.m. to 6:30 p.m. at the East Selkirk Rec. Centre, in Tyndall on Wednesday, Nov. 2 from 10:30 a.m. to 11:30 a.m. at the Tyndall Village Community Centre, and in St. Andrews on Monday, Nov. 7 from 1:30 p.m. to 7 p.m. at the



RECORD PHOTO BY DAVE BAXTER

Interlake-Eastern Regional Health Authority (IERHA) CEO Ron Van Dennaker gets his flu shot administered by IERHA immunization nurse Debbie Wangsud at a flu clinic at the Selkirk Rec Centre last Tuesday. The IERHA is urging community and area members to prevent the flu from spreading by getting vaccinated this year.

St. Andrews Community Club.

A full list of all 2016 flu clinics in the IERHA region can be found online by going to ierha.ca and searching "flu clinic" in the search box.

Melody Hawryluk, IERHA immunization co-ordinator and public health nurse, said the region is expecting a good turn out this year.

"As soon as the leaves start turning, we know cold and flu season is around the corner," Hawryluk said in a release. "An annual flu shot is recommended and provided free of charge to all Manitobans six months of age and older. The flu vaccine offers protection against four seasonal flu

strains. Getting immunized against the flu every year is especially important for Manitobans who are at increased risk of serious illness from the flu, their caregivers and close con-

According to the IERHA, the following people should consider getting the shot:

- · seniors age 65 or older,
- · residents of personal care homes or long-term care facilities,
- children age six months to five vears.
- · those with chronic illness,
- · pregnant women,
- · health-care workers and first re-

"IT'S A VERY SIMPLE THING THAT TAKES VERY LITTLE TIME, AND COULD PREVENT YOU FROM GETTING VERY SICK."

sponders,

- · individuals of Indigenous ancestry,
- · people who are severely overweight or obese, and as determined by primary health-care providers.

Manitobans over the age of 65 should also get a pneumococcal vaccine for free at the same time as the seasonal flu vaccine. Most adults only need one pneumococcal vaccine in their lifetime.

The theme of this year's IERHA flu campaign is "Get vaccinated. Don't spread the flu."

The campaign serves to remind residents that a flu shot provides protection against the flu, but also helps prevent transmission to those with weakened immune systems, and those with existing health conditions.

According to the IERHA, the flu can spread easily from one person to another through coughing, sneezing or by someone touching objects contaminated with the flu virus, and then touching their mouth, eyes or nose.

"In addition to getting immunized with a flu vaccine every fall, Manitobans can minimize the risk of spreading the flu by covering coughs and sneezes and washing their hands regularly," the IERHA said on their website.



City unveils short, long-term plans for Manitoba Ave.

Submitted

The City of Selkirk unveiled short-to-long-term plans for the street that leads to Selkirk's primary shopping destination and its heath and recreation facilities.

Detailed designs and staging plans for Manitoba Avenue West were announced during an open house last Thursday at the Gaynor Family Regional Library. The \$500,000 project was cost shared between the City of Selkirk and the province.

Selkirk Mayor Larry Johannson said consultations with the public regarding future plans for Manitoba Avenue have been ongoing for several years and public input was crucial to the design process.

"We value the public input for this project and any project the city undertakes. Community engagement is a Strategic Plan priority and it's something we take very seriously," Johannson said. "With Manitoba Avenue, we know the street has gotten busier, but it is holding its own. At the same time, we want to be prepared for the future and these plans take a measured approach to addressing concerns, doing what's required in the short term and planning for other work in the future."

The detailed design plan for Manitoba Avenue was completed by MMM Group and includes a three-term staging plan.

Traffic flow studies conducted by MMM Group showed that vehicular movement through the 12 intersections and approaches on Manitoba between Main Street and Highway 9 fall into an acceptable level during both morning and afternoon rush periods. Using a rating system with A to C being acceptable, D and E being less acceptable and F being the worst conditions, Manitoba Avenue consistently is rated either A or B, with the exception of the Main Street intersection, which is rated E during the



SUBMITTED PHOTO AND RECORD PHOTO BY LINDSEY ENNS

ABOVE: The City of Selkirk has unvieled both short and long-term plans for Manitoba Avenue West, pictured above. BELOW: Interested community members check out plans for Manitoba Avenue West during an open house at the Gaynor Family Regional Library last Thursday evening.

morning rush and F during the after-

Duane Nicol, the city's CAO, said the study confirms that while Manitoba Avenue is certainly busier than it's been in the past, it is operating effectively and within its designed parameters. He said this plan gives future Councils the tools to effectively manage new growth while not over spending millions in unnecessary infrastructure.

"We're trying to hit a moving target here. This plan gives us the flexibility to consider the impacts of future growth in the context of future potential alternate routes and connections to the commercial zone, which may actually take pressure off of Manitoba in the long run. This is a long-term plan and it provides us with a costeffective strategy to invest tax dollars if and as necessary," Nicol said.

The first phase, which could po-

tentially happen within the next one to five years, plans for Manitoba and Easton Drive intersection upgrade, the installation of a sidewalk and multi-use path, sewer repairs and Manitoba Avenue and Highway 9 intersection upgrades. All changes are subject to budgetary approval.

Changes to the Easton Drive intersection would focus around improving safety for drivers while turning. Sewer repairs include replacement of sections of pipe and lining of pipe from Annie Street to Main Street and, it's recommended that traffic lights be installed at Manitoba and Hwy. 9.

Organizations and community members called for better routes for

active transportation along Manitoba Avenue, and in the short and medium term there are plans to improve the way pedestrians and cyclists get around.

The addition of a multi-use path on the north side of Manitoba from Canadian Tire to Easton Drive is planned for Stage 1, and from Easton Drive to Main Street for Stage 2. A sidewalk on the south side of Manitoba from Selkirk Crossing to Mercy Street is also called for in Stage 1, and from Mercy Street to Main Street in Stage 2.

In Stage 2, which could potentially happen within the next five to 15 years, plans are to reconstruct Manitoba Avenue from Main Street to Easton Drive, add a service road on the north side of Manitoba from Selkirk Crossing to Purvis Boulevard and pave a public road to the Rec Complex.

In Stage 3, which is targeted for 15-plus years, it is recommended that Manitoba Avenue from Easton Drive to Hwy. 9, be reconstructed.



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Local Selanne superfan gets to see her hero play

By Dave Baxter

When Teemu Selanne returned to Winnipeg last week for the Heritage Classic it brought back a flood of memories for one local hockey fan.

As a teenager, East Selkirk resident Amy Marks would spend many nights with her dad at Winnipeg Jets games watching hockey superstar Teemu Selanne skate across the old Winnipeg Arena.

Marks was just a teenager during Selanne's historic rookie season in 1992-93 when he scored 76 goals for the Jets.

She said she bonded with her dad through the time they would spend together watching the Jets and watching the player now known by many as the Finnish Flash.

Those memories took on an even greater meaning later on in Mark's life.

"My dad passed away in 2001 so Teemu is like a little time-capsule for me," said Marks. "Whenever I see him I can't help but smile and remember the good times with my dad."

Marks got a chance to relive some of those memories last weekend, as she was among nearly 33,000 fans at last Saturday's Heritage Classic alumni game at Investors Group Field (IGF) in Winnipeg.

Selanne along with other legendary Jets and Edmonton Oilers legends laced up their skates and hit the outdoor rink at IGF and Marks said the sight of old Jets took her back to her childhood days.

"It was amazing to see my old favourites Teemu Selanne and Teppo Numminen out there skating together again. It brought back all the memories of watching them at the old barn



SUBMITTED PHOTO

Amy Marks of East Selkirk and her son Ross are seen at the Heritage Classic last weekend at Investors Group Field in Winnipeg.

with my dad when they'd take the ice for pre-game skate," she said.

The game also allowed her to bond with her eight-year-old son Ross who was also at the game.

Ross plays hockey for the East Selkirk Sabres and has become a big fan of the current Winnipeg Jets, so now Marks is bonding with her child through the game of hockey.

"I was happy that I could share those memories with my

son," she said.

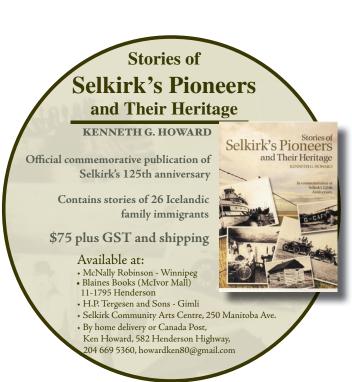
Selanne was presented with the key to the City of Winnipeg during a presentation in Winnipeg last Friday and Marks said she believes the honour was well deserved.

"He certainly is loved by so many hockey fans in Winnipeg and in Manitoba," she said. "For me every time I see him he just embodies all the best memories I have of the excitement of being a Jets fan in the 90's."

The Winnipeg Jets alumni team defeated the Edmonton Oilers alumni team 6-5 last Saturday. Selanne scored the game winning goal on a penalty shot with less than one minute left in the game.

Four seasons after joining the Jets, Selanne was traded to the Anaheim Ducks.

Selanne spent a total of 21 seasons in the NHL scoring 684 goals and 1,457 points.





Volunteers gearing up for Christmas Hamper Drive

By Dave Baxter

The snow may not be falling in Selkirk just yet, but that doesn't mean it's too early to starting helping families in need this Christmas.

Selkirk Christmas Hamper Drive organizers announced last week that both their hamper headquarters and phone line will officially open on Monday, Nov. 14.

"The goal is to provide the ingredients for every family to have a complete Christmas dinner, and supply each child with a Christmas gift," Selkirk Christmas Hamper Drive organizer Ron Daigle said last week. "Last year we provided 342 hampers, so there is a real need just in Selkirk

Donations will be accepted from Nov. 14 until Dec. 16 at the hamper drive headquarters located at 202 Christie Ave. in Selkirk from Monday to Friday between 9 a.m. and 4 p.m.

Organizers hope to receive most of the donations before Nov. 30 to make it easier for them to pack and deliver hampers.

Hamper drive organizer René Gauthier said they will also have hamper donation boxes set up in businesses throughout Selkirk and they would prefer to have donations dropped off at those public drop boxes if possible.



RECORD PHOTO BY DAVE BAXTER

Selkirk Christmas Hamper Driver organizers pictured from left to right: Linda Rosser, Rene Gauthier, Lorraine Still and Ron Daigle got into the Christmas spirit last week to remind residents that this year's Selkirk Christmas Hamper Drive will officially kick off on Nov. 14.

The hamper drive's phone lines, which can be reached by calling at 204-481-2567 or 204-481-0960, will also be available starting Nov. 14 for those who wish to prepare a hamper for individuals or families in need.

Any Selkirk resident who wants to apply to receive a hamper can also call 204-481-2567 or 204-481-0960.

Hamper drive organizers have a specific list of items they are looking for because they are working towards the goal of getting a full Christmas dinner to every registered Selkirk family and a toy to every kid ages 16 and under.

Information on what is on that list can also be found by calling the drive's phone line.

Some examples of things they are looking for include anything from cranberry sauce to potatoes and bread.

Organizers said it is important to get cash donations so they can purchase some of the items that don't come to them through donations.

"We're always hoping for cash donations, especially for toys and for some of the food," Gauthier said. "There is no donation too big or small."

Selkirk Christmas Hamper Drive organizer Linda Rosser said no family should be forced to go without at Christmas time and that is why she volunteers her time to the drive.

"They are people that are in need, so it is harder for these families to have a nice Christmas," Rosser said. "It could be people who have been laid off or are struggling with health issues. Things come up in life that can cause these struggles.

"And we really want all the families and children to have a beautiful Christmas."

Residents can also donate new and unwrapped toys at Selkirk Home Hardware or at the hamper headquarters on Christie Avenue starting

Any cash donations towards the Selkirk Christmas Hamper Drive over \$20 will receive a tax receipt.

Cheques can be made out to Selkirk Christmas Hamper Drive and dropped off at the drive's headquarters starting Nov. 14.

The hamper drive is being run for the second year by Our Daily Bread Soup Kitchen and is handing out hampers only within the city of Selkirk.

West St. Paul receives \$100K to resurface Rossmore Ave.

Selkirk Regard

The RM of West St. Paul has received \$100,000 from the province to help complete a major roadwork project.

West St. Paul Mayor Bruce Henley and members of council announced

recently the \$100,000 provincial grant will allow for a major resurfacing project on Rossmore Avenue between

> Main Street and McPhillips Street.

> Henley said the total price of the Rossmore Avenue resurfacing project sits at \$200,000, but the money they are receiving from the province will take a big financial load off the municipality.

"The road has been in rough shape for some time,"Henley said. "But it is a sizeable expense to work on the road. It could have been two years of our roadwork budget just to work on this project, so we felt the best way to work on this was to apply for the grants that are available."

Henley said the additional \$100,000 the RM will put towards the project will come from their capital reserves.

Currently part of the road that will be resurfaced is gravel while another section is paved, but Henley said all sections of the road they are working on are currently in "rough shape."

"Because of the traffic over the years it has really taken a beating," he said. "And we've seen years of flooding and heavy trucks on the road.

"Ultimately the goal is to get this road back into the condition it needs to be in."

There are approximately 200 homes along the section of Rossmore Avenue and Henley called it a "high traffic" area because it connects Main Street and McPhillips Street.

Work on the project has already started and is expected to be complete before winter.

While work is being done residents can expect what Henley called some "minor delays" and times when only local traffic is allowed on the road.

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Kiwanis is an international volunteer organization with the volunteer organization with the objective of improving the local community. Meetings are every 2nd and 4th Monday of the month at the United Church on McLean Ave, Selkirk 7:00pm

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COPP in WSP set to hand out reflective gear this Halloween

Submitted

Entering its fifth consecutive year, the West St. Paul Citizens on Patrol Program Halloween Blitz campaign is a safety initiative to keep children highly visible to motorists on Halloween night.

This endeavor has received much appreciation by parents and is eagerly looked forward to by trick-or-treaters.

"When being seen is crucial, members of the West St. Paul Citizens on Patrol Program will again be blitzing our community on Halloween night, patrolling, and handing out safety flashers and reflective armbands," says Detlef Hindemith, WSP COPP's group co-ordinator.

As many as 300 flashers and reflec-

tive bands, donated by Manitoba Public Insurance, are attached to Halloween costumes by WSP COPP members in a relatively short window of time on Halloween night.

"When we enter an area, it's very dark; you can see shadows of trick or treaters moving between the homes. After we've blitzed an area, the children's costumes are lit up like red blinking nightlights and the difference is like night and day," says Hindemith.

Keep an eye out for COPP members patrolling in your neighbourhood; you can't miss them in their highly reflective yellow COPP vests and blue/ white decals on their vehicles.

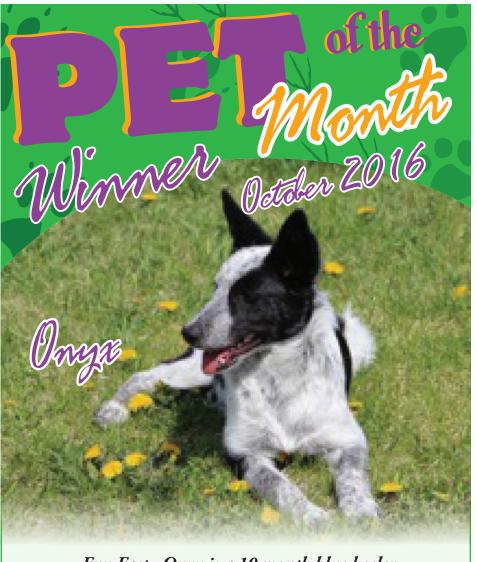
Embracing their artistic side



RECORD PHOTO BY BRETT MITCHELL

In a room full of quiet concentration Amber Reichert, Diane Moar, Susan Baker and Karen Keller along with many others enjoyed a peaceful night of painting during the Canvas Madness event at the Selkirk Curling Club hosted by the City of Selkirk and Gwen Fox Gallery on Monday evening.





Fun Fact: Onyx is a 10 month blue heeler. She loves the outdoors and especially lazing around in the sun amongst the flowers.



Onyx has won a prize pack from Canvasback Pet Supplies!

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Artichoke and Spinach Rotini Salad with Tuna



4 oz (125 g) dry whole grain rotini 1 ½ cups (375 mL) frozen artichoke hearts

2 cups (500 mL) baby spinach 1 cup (250 mL) grape tomatoes,

halved 1/2 cup (125 mL) diced green bell pepper

1/2 cup (125 mL) diced red or yellow onion

Market place AT SELKIRK

1 1/2 tbsp (20 mL) chopped fresh oregano or 1 1/2 tsp (7 mL) dried oregano, crumbled 2 medium garlic cloves, minced

1 tbsp (15 mL) granulated sugar 2 tbsp (25 mL) canola oil

2 tbsp (25 mL) cider vinegar

1 can (5 oz/140 g) lowsodium tuna,

rinsed and drained, preferably albacore Directions

Cook pasta according to package directions, omitting any salt or fat.

Cook artichoke hearts according to package instructions. Once cool, cut each artichoke heart into quarters.

In large bowl, gently stir together spinach, artichokes, grape tomatoes, green pepper, onion, oregano, garlic, sugar, canola oil and vinegar.

Drain pasta in colander and run under cold water to cool quickly. Shake off excess liquid. Stir into spinach mixture and sprinkle tuna evenly over all.

Orange Sesame Chicken Salad



20 square wonton wrappers 23/4 cups vegetable oil, divided 1 head romaine lettuce, cut into bite-sized pieces (about 8 cups)

1/4 cup soy sauce

1/4 cup freshly squeezed lemon juice

2 tablespoons sugar

1 tablespoon distilled white vinegar

1 teaspoon salt

1/2 teaspoon ground black pepper 1 tablespoon toasted sesame oil

3 to 4 cups coarsely shredded

cooked, rotisserie chicken

1/2 cup chopped green onions 2 nave, Cara Cara or Valencia oranges, peeled and segmented

1/2 cup sliced almonds, toasted
2 tablespoons sesame seeds, toasted

Cut wanton wrappers into 1/2-inchwide strips and separate on paper towels. Heat 1/2 cups vegetable oil in a large, wide saucepan over medium heat. Fry the wanton strips, 5 or 6 at a time, gently turning over once with a slotted spoon, until golden, 10 to 15 seconds per batch. Transfer to paper towels to drain.

Put romaine in a large salad bowl. In a separate mixing bowl, whisk together soy sauce, lemon juice, sugar, vinegar, salt and pepper. Add sesame oil and remaining 1/4 cup vegetable oil in a slow stream,

whisking until the sugar is dissolved and the dressing is well blended.

In a third bowl, combine chicken, green onions, orange segments, almonds and sesame seeds. Add 1/3 cup of dressing and toss to coat.

Toss romaine with enough dressing to lightly coat. Add the chicken mixture and toss lightly. Top with fried wanton strips and serve.







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Wild Rice, Mango and Arugula Salad



1 cup Roland(R) Wild Rice 21/3 cups chicken broth

1 cup cucumber, chopped into cubes 1 cup panela cheese, chopped into

6 basil leaves, chopped into strips 20 cherry tomatoes, cut in half

1/4 cup pine nuts

1/2 cup dried cranberries

1/2 cup diced pear

1 cup arugula

1 large avocado, diced

1/2 cup red onion, chopped1 cup mango, dicedFor the dressing:

1/2 cup fresh lime juice (about 4 limes) 1/4 cup Roland(R) Olive Oil

1 teaspoon salt

Pepper to taste

In a pot over a medium-high flame, add chicken broth and bring to a boil. Add in rice and return to a boil. Once boiling, place a lid on the pot and lower the flame to a simmer. Simmer for 45 minutes. Remove pot from heat and let rice rest in pot for 10 minutes. Place rice in a strainer and rinse under cold water. Let drain completely.

In a large bowl, add cucumber, panela cheese, basil, cherry tomatoes, pine nuts, dried cranberries, pear, arugula, avocado, and red onion. Mix well to combine.

Pour drained wild rice into veggies. Mix well. Then add in the mango and give it another mix.

In a small bowl or cup, mix all ingredients for dressing and pour over the salad.

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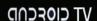


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SDOPTS& recreation INSIDE > OUTSIDE > UPSIDE DOWN

Royals run real well at MHSAA cross-country provincials

The Selkirk Royals had several outstanding performances at the MH-SAA cross-country provincials last week at Harbourview Park in Winni-

Selkirk's Tonie Sledz capped off a great running season as she placed fifth in the varsity girls' race with a time of 16:50.

"Toni was up in the top three the entire time," said Royals' coach Scott Gurney.

That was just ahead of Stonewall's Amber Schneider (16:54) and behind only Kelvin's Erin Valgardson (15:33), St. Mary's Casey Nelson (16:35) and Sierra Sutherland (16:42), and PCI's Hailee Morisseau (16:46).

The Royals had five girls competing in the varsity girls' race.

Asha Gurney placed 34th after finishing in a time of (19:12). She was followed by teammates Clemence Epinoux (35th, 19:17), Shae-Lynn King (60th, 21:10), and Courtney Sorokopud-Jones (78th, 22:47).

As a team, Selkirk finished tied for third in the varsity girls division with Miles Mac, each with 101 points. They trailed only St. Mary's Academy (21 points) and Kelvin (44).

The Royals' Matthew Armstrong, meanwhile, was also very impressive



RECORD PHOTOS MATT PEARSON Selkirk's Tonie Sledz placed fifth overall in the varsity

The Royals' Matthew Armstrong was ninth in the var- girls' race at the MHSAA cross-country provincials sity boys' race with a time of 18:51.

in the varsity boys' race. He finished ninth overall with a time of 18:51.

"If you're in the top-10, that's pretty good," Gurney said. "That's pretty

elite company."

Kelvin's Conor McGovern won the varsity boys' race, finishing in 17:18. Selkirk's other runner in the varsity

last week. She finished with a time of 16:50.

boys' race was Jordy Longbottom, who placed 56th after a time of 21:42.

The Royals did not have anyone compete in the two junior varsity races.

Nychyk inducted into Manitoba Baseball Hall of Fame and Museum

The Manitoba Baseball Hall of Fame and Museum has inducted many great players and coaches over the years.

And they just added another great in St. Andrews' Dave Nychyk.

Nychyk was one of nine individuals named as a 2017 inductee this past Monday. He will be joined by Charlie Argue, Vince Eastman, Orville Renwick, Shaun Cory, Don Schmall, Lane Curry, Gord Paddock and Peter Thom-

The teams inducted include the Neepawa Farmers (1993-1997) and Ebb and Flow Lakers (1990-1996).

Going into the hall in the Special Category are Bob Boyce-umpire, the Eastern Manitoba All Stars 1978, and Gilbert Plains Legion Bantams 1965-

Nychyk's baseball resume is a lengthy - and impressive - one.

He has over 35 years of experience with baseball in Manitoba as both a player and coach.

Nychyk played on six provincialchampion teams from Midget to Senior"AAA" and is a two-time Western Canadian Senior champion with the 1990 Teulon Cardinals and 2002 Elmwood Giants. He was also an all-star wherever he played - highlighted by being named tournament MVP - at both the 1985 Midget Provincial championships and the Senior "AAA" 1990 Westerns.

From 1989-95, Nychyk enjoyed an outstanding career playing and coaching U.S. college teams. He was also a member of the 1995 Manitoba all-star team that defeated the Canadian national team.

In 1992, Nychyk founded the Legion 141 Senior Baseball Club and served as vice president of the North Winnipeg Baseball Association for eight years. He was the recipient of the annual Manitoba Junior Baseball League's Brian Domes Award in 1995 for dedication to baseball in Manitoba.

In 2013, Nychyk was named Baseball Manitoba's High Performance Coach of the Year. He now coaches the Winnipeg Junior Goldeyes Baseball Academy, supported by Home Run Sports.

The Manitoba Baseball Hall of Fame will hold its 21st-annual induction banquet on June 3 (5 p.m.) at the Morden Event Access Centre.



Dave Nychyk

SDOPTS& recreation INSIDE > OUTSIDE > UPSIDE DOWN

Fishermen reel in fifth-straight win in KJHL action

By Brian Bowman

Nobody is perfect. And the same can be said for any sports team.

But the Selkirk Fishermen have been pretty close to perfect so far this season.

Selkirk improved its record to 5-0 after a hard-fought 4-1 road win over the Lundar Falcons last Friday in Keystone Junior Hockey League action.

"Lundar's a hard place to play," said Fishermen head coach Chris Poponick. "It's a tough rink to play in and Lundar always brings a different level of effort in their own barn. The result was good, but it could have been better."

Auzzie Loewen struck on the power play early in the game and then Dylan Painchaud-Niemi and Kale Ilchena scored for Selkirk in the second period.

"(Auzzie) has really been optimistic," Poponick noted. "He started the year at centre and then I moved him over to wing with veteran guys, Talon Kelly and Coel Forsyth, and the three of them have been putting up some nice numbers lately."

That trio has given the Fishermen some very good secondary scoring, said the Fishermen head coach.

Thomas Mironuk then made it 4-0 before Maurice Hince replied for Lundar on the power play with 6:44 remaining in the third period.

Selkirk outshot Lundar 50-23 - including 21-5 in the second period – as Riley Bannerman posted the win.

The Fishermen have now outscored their opponents 32-4 but only hold a slim one point lead over the St. Malo Warriors (4-0-1) in the South Division standings. St. Malo outscored North Winnipeg 8-5 last Friday.

"If I said I was disappointed in our goals against, I would probably be seen as a complete nut but I am disappointed in our goals against," Poponick said, noting Selkirk's goaltending has been very good so far this season. "It should be even lower than the four (goals allowed). We have a lot of work to do in our defensive zone."

On Oct. 18, the Fishermen shut out the North Winnipeg Satelites 6-0 at Billy Mosienko Arena.

After a scoreless first period, Selkirk exploded for five second period goals – those of those coming on the power play.

Loewen scored three goals in the second period and then added another in the third. Forsysh scored once and had three while assists while Gordie Longbottom added a goal and an assist. Kelly chipped in with two assists.

Travis Schalk made 27 saves for the shutout.

Selkirk will hit the road for a pair of games this weekend. The Fishermen will play Norway House on Saturday



RECORD PHOTO BY LANA MEIER

Auzzie Loewen scored four goals to lead the Selkirk Fishermen to a 6-0 win over North Winnipeg during KJHL action last week.

(8 p.m.) and then will battle Cross Lake Sunday (1:30 p.m.).

Selkirk's next home game is Nov. 4

when North Winnipeg comes to town. Game time is 7:30 p.m.

Varsity boys tournament dominance continues

Selkirk wins fifth tournament in five tries this season

Bv Brian Bowman

The Selkirk Royals varsity boys' volleyball team is getting really used to hearing themselves called tournament champions.

For the fifth time this season in just five tries, the Royals have been crowned tournament winners.

This time, they turned the trick on their home court as Selkirk won the Royals Spike Off 2016 after defeating Miles Mac 2-1 in the championship game last Saturday at the Comp.

Selkirk lost the first set but roared

back to win the next two. The Royals won the third and decisive set 15-10.

"In my last eight years of coaching at the high school, my teams have only won two tournaments," said Royals' head coach Jeff Scarcello.

"Guys are playing really well right now. Our play is consistently strong and we just get better as the tournament goes on. In the final, we lost the first set but we showed a lot of poise and confidence and didn't alter how we played.

"If anything, it focused us more and pushed us to play better and (we) won the next two sets."

Selkirk reached the final after soundly beating Brandon's Vincent Massey 2-0 (25-18, 25-14). In the quarter-finals, the Royals swept Kimberly 2-0 (25-18, 26-24).

In pool play, Selkirk was also very good, compiling a 6-1 record in sets.

The Royals swept Portage (25-16, 25-15) and Linden Christian (25-20, 27-25), and defeated Fort Richmond 2-1 (23-25, 25-21, 15-6).

Meanwhile, Selkirk was 5-1 in league play heading into last night's impor-

tant home game with MBCI.

"(We have a) big-league match against MBCI on Wednesday where we are looking to avenge our only league-play loss of the season," Scarcello said.

The Royals will then host Garden City on Nov. 2.



Selkirk reaches final of Husky Classic women's tournament

The Selkirk Royals reeled in several wins at the 2016 Husky Classic women's hockey tournament.

But they could not net the biggest fish at the Sturgeon Heights tournament - the Fort Frances Muskies.

Selkirk reached the final of the eightteam tournament before losing 4-1 to Fort Frances in the championship game Sunday. Tied at 1-1, the Muskies scored three unanswered goals in the three-goal win.

"(Fort Frances) was a really good team," said Royals' head coach Noah Cain. "They were tough, physical, and played right on the line. We weren't ashamed to lose to them – they were a good hockey club."

Maggie Medock scored Selkirk's lone goal.

The Royals reached the final after beating the Oak Park Raiders 5-2 in a semifinal clash.

"That game, especially, we had a short bench but the players we had there played really well," Cain said." It was a gutsy win."

In pool play, the Royals shut out the Vincent Massey Trojans from Winnipeg 3-0, defeated Sturgeon Heights 5-2, and lost 2-0 to Kenora's St. Thomas Aquinas.

"We didn't play well in our first game (against Thomas Aquinas)," Cain admitted. "We weren't getting enough shots to the net. We did OK with puck possession but we weren't creating scoring chances."

In league play on Oct. 19, the Royals whipped the Westwood Warriors 6-1 at East Selkirk Arena.

Selkirk led 1-0 after the first period and 2-1 at the end of two periods but then exploded for four unanswered goals in the third.

Selkirk's Kaite Seed scored the lone goal of the first period and then the Royals' Alyssa Procter and the Warriors' Bailey Boyd traded goals in the second.

In the third, Selkirk blew the game wide open with goals from Cassidy Ilchena, Medock, Lilly Hoydalo, and Cienna Palmer.

Jodi Clifton faced 13 shots in the win. Clifton played real well during tournament action last weekend, noted

Selkirk, now in second place with a 2-1 record in league play, played the first-place St. Mary's Academy Flames yesterday at the MTS Iceplex but no score was available at press time.



RECORD PHOTO BY LANA MEIER

Cienna Palmer and the Selkirk Royals reached the finals of the 2016 Husky Classic on Sunday, losing 4-1 to the Fort Frances Muskies.

The Royals and Shaftesbury Titans will then battle this Friday at the Var-

sity View Sportsplex. Game time is

Selkirk ousted in Husky Classic semifinal



RECORD PHOTO BY LANA MEIER

The Royals' Reece Tessier moves the puck up ice against a St. Paul's Crusader during Selkirk's 3-1 win last Thursday.

By Brian Bowman

The Selkirk Royals did a lot of things right at the 2016 Husky Classic.

They controlled the puck well, created several good scoring chances, and kept the opposition's shots down to a minimum.

They did have one major problem, though. Selkirk simply did not score enough goals in their most important tournament game.

The Royals were eliminated from the Husky Classic after a tough 3-1 loss to the Sturgeon Heights Huskies last Sunday. The Huskies later won the tournament title after a 5-1 win over Winnipeg's Vincent Massey.

"We played a good game and outshot them 28-13 but just couldn't score," said Royals' head coach Brad Hrymak. "We went 3-1 at the tournament, but we just lost the wrong game."

Selkirk doubled their opponents in shots throughout the four tournament games. But the Royals had some bad luck in running into several hot goaltenders, said Hrymak.

"In every game, we dominated the play and the goals that they scored were off of mistakes," Hrymak said. "Even in our game against Sturgeon Heights, (they scored) off turnovers."

In pool play, the Royals started the tournament with a solid 3-1 win over the St. Paul's 2 Crusaders. Selkirk then doubled the Miles Macdonell Buckeyes 4-2 on Friday before blanking the Oak Park Raiders 5-0 on Saturday.

Brady Hrymak posted the shutout against Oak Park.

In league play on Oct. 18, the Royals were edged 2-1 by Dakota in a shootout. Devan Vercaigne scored a second-period goal while Selkirk's Reece Tessier replied in the third.

"We didn't show up for the first two periods," Brad Hrymak lamented. "But we came out strong in the third and dominated. In overtime, we had the better of the chances but they beat us in a shootout."

Selkirk hosted Dakota again this past Tuesday but no score was available at press time. The Royals then won't see game action again until Nov. 4 when they battle Sturgeon Heights at Allard Arena. Game time is 4 p.m.

"It will be a good time to practice," Brad Hrymak said, noting the Royals played six games in an eight-day stretch recently. "I think we've had more games than practices this year and you normally try to have two practices for every game."

Steelers salvage weekend with win over Waywayseecappo

By Brian Bowman

The Selkirk Steelers saved themselves from a disastrous week with a solid effort against the Waywaysee-cappo Wolverines on Sunday.

Selkirk scored three first-period goals on their way to a 6-3 home win over last-place Waywayseecappo in front of a paltry crowd of 153 at the Selkirk Rec Complex.

Jake Dudar and Ryan Pruden each had strong games for Selkirk, finishing with two goals apiece. Dallas Starodub chipped in with a goal and two assists while Connor Barley scored the Steelers' other goal.

Rockford Copiskey (two) and Brendan Martin replied for the Wolverines. Hayden Dola made 42 saves for the win.

Last Friday, Selkirk was edged 3-2 at home by the Swan Valley Stampeders. Swan Valley wasted no time in this one, scoring just seven seconds into the game and then building a 3-0 lead by the 11:57 mark of the opening period.

Connor Navrot, Jason Cohon, and Trevor Mann scored for Swan Valley while Selkirk's Brady Castellano tallied early in the second.

Steelers' forward Connor Barley then made it a one-goal game at 12:30 of the third.

On Oct. 18, the Steelers lost 4-3 to the Neepawa Natives at home in a shootout.

Carter Barley scored Selkirk's only goal in the shootout while Jordan Martin and Ashton Anderson replied for Neepawa.

In regulation time, the Steelers took a 2-0 first-period lead on goals by Nathan Halvorsen and Liam Kroeker and then went up three goals as Carter Barley tallied midway in the second



RECORD PHOTO BY LANA MEIER

Connor Barley battles Neepawa's Josh Blondeau for the puck during recent MJHL play at the Selkirk Rec Complex.

period.

But Nolan Richards scored for Neepawa late in the second period and then Justin Metcalf and Richards tallied to tie the score at 3-3. Richards' second goal of the game came at 17:56 of the third.

Selkirk (8-6-1) hosted the Winkler

Flyers this past Tuesday but no score was available at press time. The Steelers will then have a pair of home games this weekend – wrapping up a seven-

Waywayseecappo will be here Friday and then Dauphin will visit Selkirk on Saturday. Both games have 7:30 start times.

game homestand.

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MANITOBA JUNIOR			- ,				9	Eastman	9	5	4	0	10	32	21
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA	Brandon	8	4	4	0	8	24	24
Steinbach Pistons	12	12	0	0	24	59	18	Parkland	10	4	6	0	8	31	43
Winkler Flyers	13	10	3	0	20	55	31	Kenora	10	2	5	0	7	29	46
Portage Terriers	12	9	3	0	18	58	47	Interlake	8	2	5	0	5	17	41
OCN Blizzard	12	8	3	1	17	39	29	Norman	11	n	10	0	1	19	69
Selkirk Steelers	15	8	6	i	17	54	53	AAA CITY MIDGET		U	10	U	'	10	03
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Winnipeg Blues	13	5	6	2	12	47	44	Winnipeg Monarchs	7	7	0	0	14	62	3
Neepawa Natives	13	5	8	0	10	35	47	Eastman Selects	5	4	1	0	8	27	16
Swan Valley Stampeders	11	3	8	0	6	22	43	Winnipeg Warriors	5	3	2	0	6	21	19
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Fisher River Hawks	_				2	13	18	Winnipeg Monarchs	7	7	0	0	14	62	3
Arborg Ice Dawgs	3	1	2	0	2	9	11	Eastman Selects	5	4	1	0	8	27	16
South Division	GP	W	L	OTL	PTS	GF	GA	Winnipeg Warriors	5	3	2	0	6	21	19
Selkirk Fishermen	5	5	0	0	10	32	4	Winnipeg Hawks	6	2	3	1	5	31	20
St. Malo Warriors	5	4	0	1	9	32	22	Winnipeg Sharks	5	1	3	0	3	7	14
North Winnipeg Satelites	4	2	2	0	4	13	20	Interlake Lightning	6	0	6	0	0	15	56
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North Division	GP	W	L	0TL	PTS	GF	GA	Platinum Promotions Divisio	n GP	W	L	OTL	PTS	GF	GA
OCN Storm	3	2	1	0	4	31	16	St. Paul's 1	5	5	0	0	15	29	3
Cross Lake Islanders	5	1	3	1	3	25	30	Dakota	4	3	0	0	11	12	6
Norway House North Stars		0	2	0	0	6	29	Vincent Massey	2	1	0	0	5	8	4
MANITOBA MAJOR JUNIO								Kelvin	3	1	2	0	3	9	12
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA	Sturgeon Heights	3	i	2	0	3	8	8
Stonewall Jets	9	7	2	0	14	51	29	Oak Park	3	i	2	0	3	6	11
Charleswood Hawks	8	6	1	1	13	30	23	River East	4	i	3	0	3	7	15
St. James Canucks	10	6	3	1	13	40	37	Lord Selkirk	2	Ó	0	1	2	4	5
Pembina Valley Twisters	10	6	3	1	13	37	32	SJR1	4	0	4	0	0	4	23
St. Boniface Riels	9	5	3	1	11	29	32	•••••		•		•	U	7	20
Ft.Garry/Ft.Rouge Twins	10	4	4	2	10	39	43	WINNIPEG WOMEN'S HIG							
St. Vital Victorias	10	4	5	1	9	39	45	CTV Division	GP	W	L	OTL	PTS	GF	GA
Raiders Jr. Hockey Club	10	4	5	1	9	36	33	St. Mary's Flames	3	3	0	0	0	0	0
Transcona Railer Express	10	3	7	0	6	35	45	Selkirk Royals	3	2	0	0	1	0	0
River East Royal Knights	10	3	7	0	6	28	45	Shaftesbury Titans	1	1	0	0	0	0	0
AAA MIDGET		•	•	•	•			Oak Park Raiders	2	1	0	0	1	0	0
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA	Vincent Massey Trojans	2	1	0	0	1	0	0
Wild	9	8	0	0	17	42	12	Jeanne Sauve Olympiens	1	0	0	0	1	0	0
Yellowhead	9	7	1	0	15	40	25	Dakota Lancers	2	0	0	0	2	0	0
Thrashers	9	7	2	0	14	40	19	Westwood Warriors	2	0	0	0	2	0	0
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Lockport Junior High Sun. Dec. 18 13U/14U 11am-1pm Lord Selkirk Regional Mon. Dec 12 15U-7-8:30pm 16U-8:30-10pm Lockport Junior High Weds. Dec 14 15U 7-8:30pm 16U-8:30-10pm Lockport Junior High

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SELKIRK RECREATIONAL COMPLEX

Second World War quilt from Steep Rock finds its way home to Manitoba

By Jeff Ward

A quilt made in Steep Rock to aid in wartime relief during the Second World War has made its way home to Manitoba and may be displayed in the Manitoba Museum as well as the local museum in Steep Rock.

During the Second World War the Canadian Red Cross (CRC) sent thousands of hand made quilts overseas to areas of Europe that had been under siege. Some of the quilts were given by the CRC to the nurses at Dudley Road Hospital in Birmingham. One of those quilts was made in Steep Rock, Manitoba and after surviving the war made its way to a family in Warwickshire, England. The quilt ended up in the home Tony Craddock who was often wrapped in the one of kind item after he was born in 1945. The quilt that Craddock would call his own was given to his mother by one of the matrons from that hospital a few years before he was born. Craddock said that the quilt spent many years covering his bed and that it kept him warm during tough times in his early childhood after the war ended.

"I recall I was always amazed at the patterns and colours and remember reading"Steep Rock"", said Craddock about the small patch on the quilt that denoted where it came from.

"Naturally I did not see it as a work of art at the time, only something that kept me warm. Those were days when, with no central heating, frost would often appear on the inside of the window. My mother was impressed with the workmanship and I think had she not needed to use it as a quilt, it would have been kept safely locked in a cupboard."

When Craddock reached his teen years the quilt was carefully stored away by his mother, Cynthia until recently. And there it would remain for decades until Craddock's mother, now 92, pulled it from storage to offer it to her son. Craddock said that seeing it again after so many years made him very emotional and brought a lump to his throat. Memories of his childhood and the passive but large role the quilt played flooded back to

Craddock said that while he was very happy to see it again he thought it would be a good idea to bring it back to Steep Rock and possibly have it included in the museum there. He explained

that the human story of the quilt is an important slice of history and helps connect Steep Rock to a war torn Europe. His memories of the quilt, spurred by seeing it once again after decades tucked away, are more than enough for him to part with it.

Craddock said that the right thing to do is have that story shared to as many people as possible.

Through communication with Steep Rock Beach Park manager, Lana Iwanchuk, Craddock made a deal with the Manitoba Museum to donate the piece and have it be lent out to the museum in Steep Rock as a loan so that everyone can see it. Craddock has never been to Steep Rock himself and currently lives in Wootton Courtenay, a small village in England. He said that one day he would like to make his way to the small community where his quilt was made.

"The quilt is a practical work of art created by the people of Manitoba and Steep Rock in particular, to help out another nation in times of need. It belongs in a museum as it is part of their history and they will be around long after I am gone," said Craddock.

The Manitoba Museum received the quilt via FedEx last week and staff are putting in through the conservation process right now. Roland Sawatzky is the curator of history at the Manitoba Museum and said that he's very excited about this particular quilt. Sawatzky said that not only is this the first quilt of its kind the museum has received but that Craddock's story and knowledge of the history of the piece adds a lot to it.

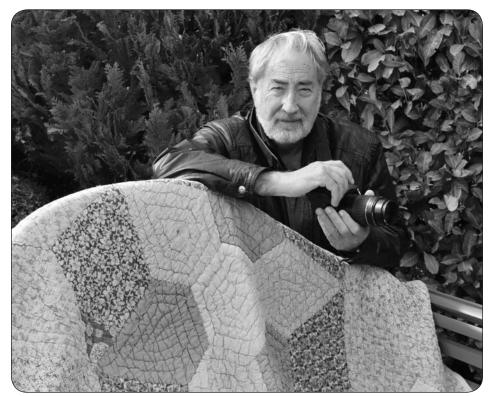
"To get an item like this that has such a compelling backstory is really quite rare," said Sawatazky.

"There will be many discussions about how this piece can fit into our displays and what we do to promote the story, but I believe it has a good shot at becoming part of our museum exhibit."

Sawatzky explained that it could take up to two years for it to finally find a space inside the museum and that is due to a number of factors. Limited space, the conditions the quilt needs to be in to not deteriorate and finding the right contextual exhibit are all part of the decision. Sawatzky said that it could also be in a rotating exhibit or limited time exhibits where it would be written about in blog posts.

For now the quilt needs to be brought up to the standards of the Winnipeg based museum and that means a deep freeze to eliminate any infestation it might carry. Then a thorough inspection of its condition so that conservation staff can make recommendations about the temperature and light it can be exposed to.

"It's a fascinating process and one that we're always excited about. I have an area in mind that this quilt would fit great into. It's about the region where the quilt came from and it is associated with the war," said Sawatzky.



RECORD PHOTOS SUBMITTED

Tony Craddock poses with his quilt before he sent the piece off to the Manitoba Museum so that it might be considered as part of their



RECORD PHOTO BY JEFF WARD

The Manitoba Museum's Roland Sawatzky, the curator of history, shows off the one of a kind Red Cross quilt and is looking forward to its addition to the exhibit.

The quilt will be another one of the many ways that museums help transport visitors back in time. Connecting small artifacts and their stories to people unfamiliar with them today. If included, the quilt will be another vessel that allows anyone to reach into the past and experience what was important then, and why. Of course anyone with a cell phone and an internet connection can read about hundreds of these quilts at anytime. But to be standing just a few feet away from one

that spent a decade on Craddocks bed even longer in a box in his mothers home is a powerful experience that he hopes will connect with the tens of thousands of visitors over the years.

And for Craddock, even though he is giving up a big piece of his childhood he is happy to see it be included in any museum that would take it.

"The quilt is part of the rich fabric of Manitoba's cultural history, I like to think that I am sending it home," said Craddock.

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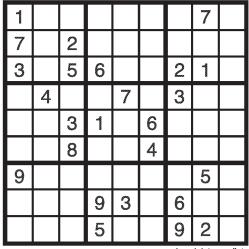
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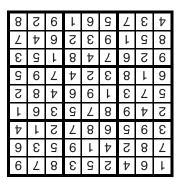


Fun By The Numbers

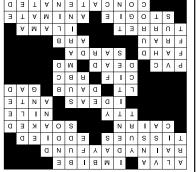
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



Crossword Answer

ROSSWO

CLUES ACROSS

- 11. Savings for soggy days
- 19. Drenched
- 23. World's longest river
- 29. Lawrence Taylor's
- 32. Comedian Josh
- (abbr.)
- 36. Polyvinyl chloride
- 39. Lifeless
- 41. Doctor of Medicine
- 42. Former Saudi Arabian king
- 44. River along border of India and Nepal
- 46. German widow
- 47. Administrative review board
- 52. Central American fruit
- 58. Bring to life
- 60. Linked together in a chain
- 62. Marinara, BBQ are two
- **63. Mail**

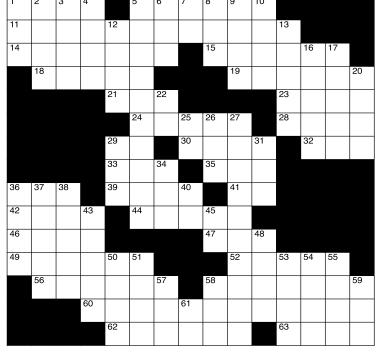
3. Credit card company

- 1. Famed Spanish General's nickname
- 5. Drink alcohol
- 14. Kleenex, Puffs are some
- 15. Moved in a circular way
- 18. Pile of stones
- 21. Talk to you (abbr.)
- 24. Thoughts
- 28. Stake
- nickname
- 30. Coat or smear
- 33. Cost, insurance, freight
- 35. Royal Bank of Canada

- 49. Small tower
- 56. Cigar

CLUES DOWN

- 1. Expression of creative skill 26. Swiss river
- 2. Nonclerical



- 4. Ancient Chinese city
- 5. Personas
- 6. More (Spanish)
- 7. Close to 8. Nigerian City
- 9. Pals
- 10. Internal 12. Type of tent
- 13. Beloved Princess 16. Supplementing with
- difficulty 17. Region in Mississippi
- 20. Brave act
- 22. 36 inches
- 25. -___, denotes past
- 27. Submersibles
- 29. Portable computer screen material

- 31. Binary-coded decimal
- 34. Supervises flying 36. Represents dull, abrupt sound
- 37. Deformity involving a limb
- 38. Map
- 40. Dominican Republic
- 43. Breed of hogs
- 45. District attorney
- 48. Light Russian pancake
- 50. Selfs
- **51. Rock songstress Turner**
- 53. American Music Awards
- 54. Partner
- 55. Egyptian Sun god
- 57. European money
- 58. Consumed
- **59. Doctor of Education**
- 61. Actinium

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NOTICES

Winners for the Royal Canadian Legion, Over 60 Club, Oct. 20th raffle are: 1st. Helen Hiebert: 2nd. Anitra Favell: 3rd. Dave Langrill.

Old Dawgs Winter Classic raffle winners. draw held on Wed. Oct 19/16. 1st. Lindsay Catellier, 2nd, Frank Germain.

Notice of Sale - Notice of Sale pursuant to the Warehouseman's Lien Act Take NOTICE that Stronghold Self Storage Ltd shall offer for sale, pursuant to the provisions of the Warehouseman's Lien Act. Household goods in its possession to satisfy the indebtedness of: Terry/Brenda Cherniuk in the amount of \$908.80. The said goods and Chattels are presently stored and situated at 621 Sophia Street, Manitoba. Selkirk. Thesaid goods and chattels will be offered for sale on November 17th 2016 sealed bids between the hours of 10.00 a.m. and 12.00 p.m. Central Standard Time at 621 Sophia Street in Selkirk, Mani-

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Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027

NOTICES

Notice of Sale - Notice of Sale pursuant to the Warehouseman's Lien Act Take NOTICE that Stronghold Self Storage Ltd shall offer for sale, pursuant to the provisions of the Warehouseman's Lien Act. Household goods in its possession to satisfy the indebtedness of: Joseph Kosack in the amount of \$446.20. The said goods and Chattels are presently stored and situated at 621 Sophia Street, Selkirk, Manitoba. The said goods and chattels will be offered for sale on November 17th 2016 sealed bids between the hours of 10.00 a.m. and 12.00 p.m. Central Standard Time at 621 Sophia Street in Selkirk, Manitoba.

NOTICE TO CREDITORS

IN THE MATTER OF the Estate of Nellie Blacher, late of the City of Selkirk, in the Province of Manitoba, deceased. All claims against the above estate, duly verified by the Statutory Declaration, must be filed with the undersigned on or before the last day of November 30, 2016.

Dated at the City of Selkirk in Manitoba. this 21 day of October 2016.

Patricia Executor: Chubey, 119 Lockport Road, Lockport, Manitoba, R1A 2S1.

STORY IDEA?

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PUBLIC NOTICE

BOARD OF REVISION

PUBLIC NOTICE IS HEREBY GIVEN that the Assessment Roll of the R. M. of St. Andrews for the year 2017 has been delivered to the Municipal Office at 500 Railway Avenue, in Clandeboye, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Section 42 and 43 of The Assessment Act.

APPLICATION FOR REVISION

- 42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor, may make application for the revision of an assessment roll with respect to:
 - (a) liability to taxation;
 - (b) amount of an assessed value;
 - (c) classification of property; or
 - (d) a refusal by an assessor to amend the assessment roll under subsection 13(2)

APPLICATION REQUIREMENTS

43(1) An application for revision must

- (a) be made in writing;
- (b) set out the roll number and legal description of the assessable property for which a revision is sought;
- (c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- (i) delivering it or causing it to be delivered to the Secretary of the Board by 4:30 p.m. on November 14th, 2016; or
- (ii) serving it upon the Secretary of the Board by 4:30 p.m. on November 14th, 2016 at the address listed below.

The Board shall not consider an application that is not in compliance with

The Board of Revision will sit on Tuesday, November 29th, 2016 at 10:00 a.m. in the Council Chambers of the R. M. of St. Andrews, 500 Railway Avenue, at Clandeboye, Manitoba to hear applications.

Applications received after 4:30 p.m., November 14th, 2016 will not be

Dated this 14th day of October, 2016 A.D.

Pamela Harding, CMMA Secretary, Board of Revision R. M. of St. Andrews 500 Railway Avenue P.O. Box 130 Clandeboye, Manitoba ROC 0P0

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Joe Wyspinski October 27, 1929 - March 15, 2013 Though your voice is gone forever, And your hands we cannot touch; Thanks for all you did for us, And for loving us so much.

-Lovingly remembered by Elsie and family

IN MEMORIAM



In Loving Memory of Nicole Zahda-Rae Schmid 1997 - 2013

Deep are the memories, precious they stay, No passing of time can take them away. Quietly today your memory we treasure, Missing you always, forgetting you never. Forever in our hearts.

> Mom Colleen and Grandma Bev Safe in the arms of Grandpa Bill

N MEMORIAM



Nicole Schmid In Loving Memory October 30, 2013

Three years have passed by since you left. Words cannot tell the heartache. You are loved and missed by so many. Love you my Girl!

-Dad xoxo

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ANNOUNCEMENT

IN MEMORIAM



Shelley Gail Wait November 28, 1961 – November 2, 2001 In Loving Memory

Those we love don't go away,
They walk beside us every day.
Unseen, unheard, but always near.
Still loved, still missed and very dear.
Thinking of you always.

-Melissa, Dustin, Amanda, Kianna and Tucker

ANNOUNCEMENT

IN MEMORIAM

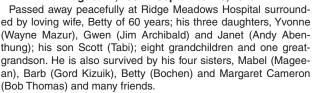


Edward Stanley Starodub
December 24, 1924 – October 31, 2013
The gates of memory will never close,
We miss you more than anyone knows.
With tender love and deep regret,
We who love you will never forget.
Forever in our hearts and memories.

-Your loving family, Mary, Rob and Linda (Stephanie) and Ron and Ardene (Janine and Lauren)

OBITUARY

Carl Frederick Kuxhouse August 17, 1931 – September 25, 2016



He was a great husband, father, grandfather and great-grandfather whom we will all miss.

A Memorial Service was held at Maple Ridge Funeral Chapel (Osborn's) 11969- 216th Street on October 1, 2016 at 11:00 a.m. In lieu of flowers please send donations to Canadian Lung Association.

OBITUARY



It is nounc Shach Great-of Oct Left his so tine);

John Shachtay December 27, 1918 October 22, 2016

It is with heavy hearts we announce the passing of John Shachtay, our Dad, Grandpa and Great-Grandpa on the afternoon of October 22 at the age of 97.

Left to cherish his memory are his sons Victor and Alvin (Christine); daughter-in-law Shirley; brothers Stan and Kaz; 10 grand-children; 19 great-grandchildren; one great-great-grandchild and many family and friends. He was

predeceased by his mother Agnes; his father Andrew; brothers Mike, Walter, Harry, Joe and Nick; his first wife Sarah, daughters Gladys and Gloria; his wife Alice; step-sons Denis and Melvin; step-daughter Florence and granddaughter Victoria.

Funeral service will be held on Saturday, October 29, 2016 at 1:00 p.m., with viewing at 12:00 p.m. at Gilbart Funeral Home, 309 Eveline Street, Selkirk, Manitoba. Interment to be held at a later date. The family would like to thank Betel Home, EMS and Selkirk General Hospital staff.

Donations can be made in John's memory to Royal Canadian Legion Branch #42, 403 Eveline Street, Selkirk, Manitoba, R1A 1N8 in which he was a proud member, or to the Poppy Fund.

When someone you love becomes a memory, The memory becomes a treasure.

Gilbart Funeral Home, Selkirk in care of arrangements.

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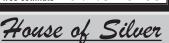
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