



# The Selkirk Record

THURSDAY, OCTOBER 7, 2021

October breast cancer AWARENESS MONTH

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**Remembering MMIWG2S+**

RECORD PHOTO BY LIGIA BRAIDOTTI

From left to right: Artists Jeannie White Bird, Charlie Johnston, Brad Lent, Bobbie Sinclair, Jon Ostash, and Ashley Christiansen worked together to create the Sacred Spirits of Turtle Island MMIWG2S+ mural. See Pg. 3 for more.

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# New Selkirk mural honours lives of MMIWG2S+

By Ligia Braidotti

The entire province reserved some time to honour the hundreds of missing and murdered Indigenous women, girls, and two-spirit people as part of the Missing and Murdered Indigenous Women and Girls Awareness Day events held on Oct. 4. Many people gathered at the Gaynor Family Regional Library for the unveiling of the newly constructed Manidoonag Imaa Mikinaako-Minisiing / Sacred Spirits Of Turtle Island MMIWG2S Mural.

"I'm so honoured to do this work with the help and with the support of so many organizations, of so many community members. We started this work in 2018, however, my journey of healing started many years ago. I started to get active and join with other family members and started to hang red ribbons. That galvanized the work that I do today and it helped start this project," White Bird said.

The interactive mural display features four different panels and is set between the natural prairie grass field at the Gaynor Family Regional Library. It's shaped like a turtle and each panel faces a different direction. The panels are made of Lexan polycarbonate and are painted in four different colours—red, yellow, white, and black. These represent the medicine wheel and the four seasons.

The space is intended to provide healing for families of MMIWG2S+.

"It's important to show that our women are loved, that they always

were loved and they will never be forgotten," she said.

Among the many people present were NDP MLA for St. Johns Nahanni Fontaine and MLA for Fort Rouge Wab Kinew, as well as Indigenous Reconciliation and Northern Relations Minister and MLA for Selkirk Alan Lagimodiere.

Fontaine congratulated White Bird's efforts to gather artists and create the murals and space.

"From the late 40s, and 50s, and 60s, up until this present time MMIWG2S+ families and Indigenous women have been at the forefront for women; fighting for family; fighting so that Indigenous women, girls, and two-spirit can just be safe. That we can walk in our territories without fear of being stolen or murdered," she said. "We are here today to celebrate the vision of Jeannie...Here we are. Global pandemic, whatever, Jeannie got it done. Jeannie got it done with the support of the community and all of those who have supported this really important work. It is that work, that spirit, that genuine dedication and resiliency that has brought us to this moment."

The event received part of the \$50,000 provincial investment to many community events honouring Missing and Murdered Indigenous Women and Girls Awareness Day on Oct. 4.


Everyone is now welcome to visit the art installation outside of the Gaynor Family Regional Library in Selkirk.



RECORD PHOTOS BY LIGIA BRAIDOTTI

Jeannie White Bird speaks at the mural unveiling on Oct. 4 at the Gaynor Family Regional Library.






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# Selkirk Soup Kitchen is on the move

## Our Daily Bread changes location temporarily

By Katelyn Boulanger

For the months of October and November, Our Daily Bread Soup Kitchen will be moving to the Gordon Howard Centre, however, they will return to their original location of Memorial Hall in Selkirk at the beginning of December.

"[Representatives from] the City of Selkirk and some of the production crew came by. The City of Selkirk has rented Memorial Hall to the current movie that is filming in Selkirk for the months of October and November. They asked us if we would consider moving to another location for those two months and that they would move everything for us, they would find us a new location, and they would put everything back when they were done," said Barb Pasaur co-chair of Our Daily Bread Soup Kitchen.

The moving truck came on Oct. 1 and the soup kitchen is now serving meals out of the back entrance of the Gordon Howard Centre, which is the entrance off of the parking lot.

Pasaur says that this will not change anything about their current services, which due to COVID-19, are all take-out. They will still serve up meals Monday to Friday from 11 a.m. and

12:45 p.m.

"For the first little while, until we get organized, we will definitely be doing really just soup and sandwich and dessert to-go that kind of lunch. However, once we get more organized and get to know the kitchen, we'll go back to a Tuesday and Thursday hot meal," she said.

She also wanted to let residents know to expect an extra special Thanksgiving day meal on Oct. 7 in advance of the holiday weekend.

Pasaur is also thankful for the people at the Gordon Howard Centre who welcomed them with open arms.

"We just walked in and said, 'What do you think? Do you think we could offer it out of here?' And, they said, sure. They were incredibly flexible," she said.

All of the costs associated with this move will be paid for by the production company so the food bank doesn't have to take on any additional expense because of this temporary relocation.

Pasaur wants everyone including vendors, donors and their clients to know about the change of location because she first-hand sees the need for these services in our community.



RECORD FILE PHOTO BY KATELYN BOULANGER

Nancy Desrosier (left) and Fiona Lawson volunteering at Our Daily Bread Soup Kitchen.

"We see the need for something to eat every single day. There are people who are indigent or really low income. We have a lot of really low-income people including seniors," said Pasaur.

She says there have been a few positives that they've already noticed about the move like going through their cupboards to make sure that everything that they have is something that they will use.

She also hopes that other positives

come out of this such as more people learning about the soup kitchen and coming to use the service.

Pasaur wants to thank the City of Selkirk for all of the work that they've done to help coordinate this effort and wants to send an extra special thank you to student volunteers from Selkirk Junior High.

"[They] came out on an evening and spent the whole evening helping me clean out storerooms. They had so much energy and they were tremendous," she said.

The main thing that Pasaur wants residents to know is that Our Daily Bread isn't closed, just relocated for the next couple of months and that they will be back in Memorial Hall in December.

If you would like to make a donation to the Soup Kitchen, they are now accepting financial and food donations out of the back door of the Gordon Howard Centre as well as on their website (<http://www.ourdailybread-selkirk.org/index.htm>). New Volunteers are also always welcome and you can reach out to Pasaur at 204-754-0258 or Bev Terhorst at 204-338-3361.

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# Breast Cancer support group embraces changes

## A place to find comfort and friendship for those going through a diagnosis

By Katelyn Boulanger

The Selkirk and District Breast Cancer Support Group has had to change the way that they operate the past year and a half but that doesn't mean that they haven't been getting together in our community to support each other and give back.

"We're a peer support group and we did meet monthly. What our aim is to provide people with information that gives them the opportunity to be able to speak to someone who's been going through a similar situation not only with the monthly meetings, we also provide a telephone connection if that's all that they needed," said Wendy McLeary, co-founder of the group.

Their goal to provide a safe place for people with breast cancer to come and share feelings hasn't changed, however, COVID-19 has meant that they have had to change how they connect.

"During the pandemic, what we've had to do is we've had to use our telephone tree where we connected with people over the phone. We found that Zoom [video conferencing] wasn't

really a good option for some of our members and so in the summer months, especially this past summer, we were very fortunate that we were able to utilize Selkirk Park for outdoor meetings in June, July and August," said McLeary.

They also have a bi-monthly newsletter which they use to not just connect to members of the group that come to meetings, but also to people in our community that don't feel like they want to interact in a group setting, but find the information that the group provides helpful in their breast cancer journey. Additionally, members have been keeping in touch by email more this past year and a half.

She thinks that it's important that members of this group keep coming together safely in this time because of the support that they give to each other.

"I think just for people's mental health, and I also feel that it's a way to keep the group connected. We've been running now for 22 years. And so, if you didn't do the work to keep

that going, people would lose interest. We have a lot of long term survivors and we do have some newer ones so there is a mixture of people that come to our meetings. We form very good friendships. A lot of my very close friends are people that I met through our group so I think that's important," she said.

She also knows that the support that they give having survivors and newly diagnosed people with similar situations or treatments come together to talk provides comfort for people who might appreciate someone in our community sharing their experience going through and being on the other side of their own cancer journey.

"What I usually do is, when I do receive a call from a person newly diagnosed, I allow them to tell me what stage they're at and how they're feeling. And then, I just let them know my story. And often, when people hear that you're, a 22-year survivor, or even a 10-year survivor, at that point. I think that's a really good thing to hear," she said.

She invites breast cancer patients as well as breast cancer survivors to contact the group if they would like to take part. If you would like to reach out to the group for support McLeary invites you to contact her at [mcleary@mymts.net](mailto:mcleary@mymts.net) or 204-785-2456.



RECORD PHOTO SUBMITTED

Some members of the Selkirk and District Breast Cancer Support Group taking part in the recent Run for the Cure virtual event last weekend.



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# Bison Liquors and The Water Shop team up

By Katelyn Boulanger

It's small business month and local businesses Bison Liquors and The Water Shop are one example of how when elements of businesses combine you can end up with a great product. This combination started early this year when Bison Liquors started using The Water Shop's water in their line of beverages.

"Part of our recipe is created with [The Water Shop's] water to avoid any kind of [contaminants]. Instead of using tap water, we use water they provide us," said Marcos Illana, president and co-owner of Bison Liquors.

This special type of water that Bison Liquors is using is called deionized water.

"With the deionized water, it has no minerals in it whatsoever, which brings out a lot of flavour in things. We recommend people use it in the coffee machines or making wine and beer because it just accentuates any flavour," said Stephanie Beaton, one of the owners of The Water Shop.

Illana says that his business is always looking to connect with local suppliers where they can.

"They offer us a great product so we moved all our production under their

water," he said.

Bison Liquors is a West St. Paul based business that bottled its first beverage in 2019. They specialize in white spirits which include vodka, gin, flavoured vodka and flavoured gin. Something that is really unique about the company is that they supply hemp vodka.

"No one else in our province has a license to sell hemp vodka in Manitoba. Even the big brands, like Smirnoff, or Absolute, they do not have a license. We were the first and we are the only one with that license available in Manitoba," said Illana.

The Water Shop is a Selkirk based business that opened in 1993. They specialize in six different types of water including reverse-osmosis and deionized and offer a variety of water products that of course include bottled water but also water accessories, ice, water purification equipment, and wine kits.

Illana says that working together with other local businesses makes everyone's lives easier and is one of the

best ways that they can compete with the big brand names.

"At the end of the year, it's going to be a huge amount of business for them and it's going to help our product quality. We want to have one of the top quality [products] in the market. We are also the number one seller as a local vodka and local gin in the province," he said.

Beaton also encourages small businesses in our community to try to find ways to team up and help each other make the best products or deliver the best services possible.

"Definitely shop local support local, and trying team up with other local businesses as much as you can," she said.

Beaton also encourages residents to check out the Bison Liquors line of products as well as their own water options.

Bison Liquor's products are available at all Manitoba Liquor Mart locations as well as local vendors around the province.



## Oven Roasted Whole Turkey Rub

1 whole	Manitoba Raised Turkey	Remove neck and giblets from turkey. Pat dry with paper towel. Combine all other ingredients to make a paste. Coat turkey.
1 ½ tbsp (20 ml)	garlic, finely chopped	
1 tsp (5 ml)	sea salt	
½ tsp (2.5 ml)	dried chili flakes, optional	Place turkey, breast up, on a wire rack in a roasting pan. Cover loosely with foil. Place in 350°F (175°C) oven, removing foil after 1.5 hours. A meat thermometer should read 170°F (77°C) inside the inner thigh, away from the bone, when fully cooked.
1 tsp   5 ml	dried oregano	
¼ tsp (1.25 ml)	dried mustard	
¼ tsp (1.25 ml)	ground pepper	
2 tbsp (30 ml)	butter, melted	
1 tbsp (15 ml)	olive oil	

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6-8lbs (3-3.5kgs)	3-3 ¼ hrs	2 ½-2 ¾ hrs
8-10lbs (3.5-4.5kgs)	3 ¼-3 ½ hrs	2 ¾-3 hrs
10-12lbs (4.5-5.5kgs)	3 ½-3 ¾ hrs	3-3 ¼ hrs
12-16lbs (5.5-7kgs)	3 ¾-4 hrs	3 ¼-3 ½ hrs
16-20lbs (7-9kgs)	4 ¼-4 ¾ hrs	3 ¾-4 ½ hrs
20-24lbs (9-11kgs)	4 ¾-5 ½ hrs	4-5 hrs



\*Cooking times are approximate. Always use a thermometer to determine doneness.  
 \*Roast a whole turkey at 350°F (175°C) & cook to an internal temperature of 170°F (77°C).  
 \*Stuffing inside the cavity should reach 165°F (74°C).  
 \*Allow the turkey to stand for 20 minutes before carving.

Find more recipes and cooking tips at: [turkey.mb.ca](http://turkey.mb.ca)

## Welcome Dasmesh



RECORD PHOTO SUBMITTED

West St. Paul welcomed over 300 new students last month with the opening of Dasmesh School. Pictured: Students, staff and local politicians opening the school.

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# Disability Employment offers extra hands in the workforce

By Ligia Braidotti

Selkirk businesses are invited to show their support for disability employment by embracing the colour purple or dark blue.

Inclusion Selkirk and Connections to Employment are organizing a fun initiative called Light it Up! On Thurs., Oct. 21, and all local businesses are invited to participate. October marks National Disability Employment Awareness Month which celebrates the many ways people who have disabilities contribute to businesses and communities across Canada.

This is the first year they are embarking in this national endeavour which originated in Ontario and Cheryl Bacon, director of community development with Inclusion Selkirk and Connections to Employment, said they hope people in Selkirk embrace the campaign.

"The campaign helps to raise some awareness in both business and industry about the disability talent pool. There's a large amount of people living with disabilities in our province and our country, and a lot of businesses — I know right now with my interactions with businesses during shut down and reopening — they still have a lot of open positions," she said. "So recognizing that our disability community has a lot to offer to busi-

nesses."

Bacon also mentioned that they are hoping to grow their relationship with local employers and raise their profile as an employment service provider. Before the pandemic, Inclusion Selkirk was doing a lot of networking and she found that the City of Selkirk and the surrounding areas like Lockport and St. Andrews are very receptive to employing people with disabilities.

"We've worked with a number of businesses that have been champions in hiring and retaining people with disabilities."

Last year, Inclusion Selkirk launched a new program called Connections to Employment which provides services not only to Selkirk but the whole Interlake area. Inclusion Selkirk deals specifically with people living with intellectual disabilities and Connections to Employment opens this service up to anyone with any type of disability.

"We definitely have been challenged over the last year during COVID-19 to build the relationships in the communities outside Selkirk, but for the most part, many businesses are very receptive to meeting with us and trying to make their business a good fit for people. They are willing to listen and hear about how a person with disabilities might benefit their business and how

they can open up opportunities for [them]."

The reason for using the colour purple to identify supporters of NDEAM is because the colour symbolizes creativity, harmony, and co-operation. Since this is awareness raising event that happens through like-minded organizations with a common goal — increasing employment opportunities for people who have a disability. With the spirit of co-operation in mind, purple was the fitting colour to choose. Dark blue represents trust, dignity, authority, professionalism, intelligence and loyalty and it's a colour used by many businesses for their corporate identities.

Although local businesses have been receptive in making their work environment more welcoming to people with disabilities, access to employment is still a barrier for many. The pandemic and the toll it took on business owners has put them in crisis mode, Bacon commented, and thinking about inclusion it's overwhelming for some. Yet, Bacon has seen many businesses continue to be creative.

"They do need to commit and dedicate a lot of time and attention to (building an inclusive environment). But everyone out there needs employees and if they can get a little bit of extra help, they are very very open to it,"

she continued.

The benefits of employing people with disabilities are not only for the employer.

"The employment income assistance that is offered is very low. It just puts them at the poverty line. And so, of course, by having a paycheque and income that helps them as far as being able to have better places to live and living a better life. But the other piece that comes is the social interaction. Going out, feeling good, feeling part of the community — all of these values have benefits to one's mental health. You have a reason to get up and go out and get active."

NDEAM happens throughout the entire month of October and although the Light it Up! event will be held on Oct. 21, businesses are welcome to show their support anytime.

Inclusion Selkirk and Connections to Employment is suggesting that local businesses light up using the colour purple or dark blue. However, if that's not possible, Bacon encourages everyone to wear the colour on the day.

## St. C looking for rec instructors

By Ligia Braidotti

One effective way to strengthen a community is through recreational activities and the RM of St. Clements wants to find passionate people with something to share to engage residents.

Although the RM has decided to hold off on their fall programs due to an imminent fourth wave of COVID-19, they are hoping they can offer virtual classes soon.

Brenna Philip, the recreation manager for the RM of St. Clements, said they are looking for local residents who would like to share their talents and knowledge with others. She added programs can be anything that can be done online — from painting to singing to Zumba.

"It would be great to get back to in-person programming as soon as we can...but in the meantime, everybody's been really resilient and switching to online and there's a little bit of a convenience to it too."

Offering the programs online has been a breath of fresh air for the RM's residents, Philip said. Since the pan-

demic hit, many people have been isolated for the past 18 months, maintaining social distance and abiding by the provincial health orders. Online recreation programs have allowed people to stay connected.

"Even if it's not in-person you still feel like you're a part of a group," she added. "I think for a lot of people that was super important throughout the pandemic. You're still being active and that's helping with your physical and mental health."

Philip said that people who want to run recreation programs with the RM should be certified depending on the activity. Certifications such as first aid and CPR are important for all instructors to have.

Likewise, residents who are interested in running programs but do not have such certifications can contact the RM and they can provide opportunities for training. Those who already have their certification and are interested in becoming an instructor can contact Philip at recreation@rmofstclements.com

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**PUBLISHER**  
Lana Meier



**MARKETING & PROMOTIONS**  
Brett Mitchell



**EDITOR**  
Ligia Braidotti



**SALES**  
Michelle Balharry



**REPORTER/PHOTOGRAPHER**  
Katelyn Boulanger



**REPORTER/PHOTOGRAPHER**  
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Call Katelyn Boulanger

## The fourth wave of COVID has hit Manitoba

By Lorne Stelmach

The fourth wave of COVID-19 continued to escalate this past week across the province but especially in the Southern Health-Sante Sud health region.

The regular Monday update had 324 new cases of the virus identified since Friday including 121 Saturday, 120 cases Sunday and 83 cases Monday, and the highest number were in Southern Health-Sante Sud with 122 new cases.

The five-day COVID-19 test positivity rate was 3.7 per cent provincially, and the 83 new cases identified Monday included 59 who were not fully vaccinated. This included 29 new cases with 25 not fully vaccinated in Southern Health.

Public health officials reported the deaths of two males in their 70s from Southern Health with both linked to a variant. It brought the number of deaths in people with COVID-19 to 1,213.

Overall, there were 814 active cases including 56 in the Interlake-Eastern Health Region. Nine in Arborg/River-ton, three Beausejour, four Eriksdale/Ashern, four Fisher/Peguis, four Gimli, two Northern Remote, two Pinawa/LacduBonnet, six Powerview/Pine Falls, two Selkirk, four Springfield, four St. Clements, zero St. Laurent, six Stonewall/Teulon, two Unknown, one Whiteshell and three Winnipeg Beach/St. Andrews.

Overall, there were 98 Manitobans hospitalized with COVID-19 including 64 people with active COVID-19 as well as 34 people who are no longer infectious, and a total of 18 Manitoba patients were receiving intensive care for COVID-19 including 13 people in intensive care units with active COVID-19 as well as five people who are no longer infectious but continue to require critical care.

Also on Monday, the province announced that it is allowing the COVID-19 vaccine to be given at the same

time as other vaccines.

Previously, individuals had to wait 14 or 28 days in between doses of different vaccines, depending on which was received first.

Third-dose eligibility continues to include all residents and staff of First Nation personal care homes, all residents of personal care homes in Manitoba, people who are immunocompromised, people who require a third dose to meet travel requirements at their destination or individuals who previously received doses of vaccines that are not approved by Health Canada.

Eligibility for first and second doses of the COVID-19 vaccine continues to include anyone born on or before Dec. 31, 2009, and Manitoba super sites are offering walk-in and appointment-based vaccinations. Eligible individuals can book their appointments at these sites online or by calling (toll-free) 1-844-626-8222 (1-844-MAN-VACC).

## STARS adds new helicopter to its fleet

By Staff

STARS added a new helicopter to its fleet of air ambulances last month.

The Airbus H145, which will fly missions from STARS' Winnipeg base, is the latest in the service's push to replace and renew its fleet across Western Canada.

"Today is about bringing us one step closer to making our fleet renewal program a reality," said STARS president and CEO Andrea Robertson. "It is also about paying tribute to our community allies who began building STARS in this province ten years ago and have sustained it ever since."

Dignitaries and supporters gathered in Winnipeg Sept. 7.

"On behalf of the provincial government, I congratulate STARS on the arrival of their new H145 helicopter in Manitoba," said Premier Kelvin

Goertzen. "STARS has been a valued partner in the delivery of critical care in our province for a decade, and I know Manitobans will be well-served for many years to come with this new addition to STARS' life-saving fleet."

In honour of STARS' commitment to Manitoba, the new helicopter carries the registration mark C-FMBQ, with the "MB" paying homage to its new home and the people and communities it will serve.

STARS estimates it will cost \$13 million to replace its fleet of BK117 and AW139 aircraft with new, medically-equipped Airbus H145 helicopters.

"The bulk of our aging fleet are no longer being built and are becoming costlier to maintain," said Robertson.

Thanks to government, community, and corporate support, the not-for-profit charity began taking delivery of

the first H145 helicopters in 2019 and has since flown hundreds of life-saving missions in the new aircraft from other bases.

Although it has millions of dollars left to raise, STARS hopes to wrap up its fundraising campaign later this year.

Last month's event helped get them part of the way there, with the Kinsmen Club of Winnipeg and Cargill Limited on hand to present STARS with donations of \$500,000 and \$400,000, respectively.

"These new aircraft are an investment in our ability to serve the people of Manitoba for decades to come, and we're incredibly grateful to the community for helping us get closer to our goal," Robertson said.



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### EDITORIAL

Katelyn Boulanger 204-485-3337  
news@selkirkrecord.ca

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

### TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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# Further restrictions for the unvaccinated in Manitoba

By Lorne Stelmach

The province has taken additional steps to fight the fourth wave of COVID-19 including measures that further target the unvaccinated in Manitoba.

The new health order changes that came into effect Tuesday also moved retail capacity to 50 per cent in the Southern Health-Sante Sud region where both vaccination rates and increasing case counts have become a concern.

There was little new offered though in terms of enforcement whether that be increased staffing or resources as health and seniors care minister Audrey Gordon said they are relying on people "to honour and adhere to those restrictions. That's the Manitoba that I'm accustomed to ... a Manitoba that cares about their neighbour, their families and their friends ... my hope is that they will adhere to these restrictions on their own ... we're going to rely on Manitobans to do the right thing.

"We must be proactive in protecting our health care system," continued Gordon. "Rising case counts and COVID-19 transmission in the province means we need to introduce new measures now to reduce the impact of the fourth wave of COVID-19 in Manitoba.

"These new public health orders will allow fully vaccinated Manitobans to continue to enjoy as much freedom and as few restrictions as possible," she stressed. "Unvaccinated individuals will now be more restricted in their activities."

Case numbers and hospitalizations are now increasing, particularly among the nearly 400,000 unvaccinated Manitobans, noted chief provincial public health officer Dr. Brent Roussin.

As of last Wednesday, people who are not fully vaccinated accounted for 75 per cent of new COVID-19 cases, 79 per cent of those admitted to hospital and 100 per cent of intensive care unit (ICU) admissions. Data also shows hospital admissions related to COVID-19 have increased by 26 per cent in the past week with COVID-19 related admissions to ICU increasing by 17 per cent during that same period.

"If you look at the estimated time for the number of cases to double in the Southern Health region, it would take less than three weeks if everything remains the same," said Roussin, adding that means the region could be seeing over 90 cases per day at that point.

He urged people to consider the consequences of holding out on vaccinations and waiting for restrictions to pass.

"This COVID is not going away; it's going to be with us for years, and you're much more likely to get sick from COVID, especially severe illness, if you're not vaccinated."

The health order changes included moving to the restricted (orange) level on the pandemic response system. In addition, it also introduced additional requirements for proof of immunization and reduces gathering sizes when unvaccinated individuals are present.

Roussin noted the move to the restricted (orange) level will not affect schools, which will remain at the caution (yellow) level to ensure youth can remain in school as much as possible.

The new public health orders will allow fully vaccinated Manitobans to continue to enjoy as much freedom and as few restrictions as possible while unvaccinated individuals who are eligible to be vaccinated will now be more restricted in their activities. This includes:

- limiting private indoor gatherings for households to guests from one other household when any unvaccinated person who is eligible to be vaccinated is present on the property, even if the unvaccinated person lives there.
- limiting private outdoor gatherings for households to 10 guests when any unvaccinated person who is eligible to be vaccinated is present on the property, even if the unvaccinated person lives at that location.
- reducing indoor public gathering group sizes to 25 people or 25 per cent capacity, whichever is lower, for gatherings that include unvaccinated people who are eligible to be vaccinated including weddings and funerals.
- setting indoor group sizes for faith-based gatherings to 25 people or 33 per cent capacity, whichever is greater, for gatherings that include unvaccinated people who are eligible to be vaccinated.

Fully immunized Manitobans and those under 12 who are not eligible for the vaccine may gather without capacity limits in each of these areas. Household gatherings, weddings, funerals and faith-based gatherings can occur for fully vaccinated individuals and those under 12 without any restrictions.

For example, faith-based gatherings may take place with a choice of services at their discretion for fully immunized worshippers (no restrictions) or unvaccinated worshippers (restricted capacity as set out above).

In addition, gated or controlled events and gatherings where proof of vaccination is required will continue to be permitted.

The public health orders will also reduce all outdoor public gathering sizes to 50 people.

Roussin again stressed fully vaccinated Manitobans and Manitobans who are not eligible for vaccination will be largely unaffected by these new orders.

"Our data shows that vaccination works, as the vast majority of hospitalizations and ICU admissions are in people who are unvaccinated," said Roussin. "But nearly 400,000 Manitobans are either unable or unwilling to get vaccinated, and our health-care system remains at risk from the delta variant of COVID-19 with case numbers and hospitalizations rising."

Future changes may include requiring all those eligible to be vaccinated

to provide proof of vaccination to participate in indoor recreational activities and allowing partially vaccinated youth aged 12 to 17 (with one vaccine dose) to participate. Conversations will continue with sports organizations and other stakeholders to seek feedback.

"More than 80 per cent of eligible Manitobans have gotten vaccinated to protect their own health and those around them, and we thank you for that," said Gordon. "But right now, there are nearly 400,000 people who are not immunized in Manitoba, and they are at a high risk of infection. If you want to keep children in schools and ensure medical procedures people need are not postponed, please get vaccinated now."

## Clothes Connection



RECORD PHOTO BY BRETT MITCHELL

Selkirk recently said goodbye to a longtime business in our community Clothes Connection. This business was open for many years and will be missed by many residents.



# Remembering St. Clement's first fire chief

Clive Rennie didn't miss a beat when it came to giving back to his community and will be missed by many

By Katelyn Boulanger

Clive Rennie was a man who did it all. He helped establish the first St. Clements Fire Department in East Selkirk and was instrumental in pushing for the Narol and the East Beaches Fire Departments to come to his community in his position as Fire Chief. He was a businessman owning two local businesses. He drove the school bus, then became the route coordinator for the Lord Selkirk School Division and eventually took on a trustee role on the LSSD board, but most of all his daughter Trish Hallson hopes that residents remember that he was kind-hearted and that he treated people fairly and with respect along with his contributions to the community.

"He was very kind and he was a really good-humoured man. He was a warm personality and made friends everywhere he went," said Hallson.

Rennie was an only child born in Winnipeg in 1935 to George and Marion Rennie. His parents were business owners and Hallson believes that this is what influenced the entrepreneurial spirit and hard work ethic that came out in Rennie later on in his life.

He left school at 17 years of age and took a job at CN Rail where he worked up the ranks. He married his wife Vera in 1956 and they would later go on to have three children.

"He came back home and his dad was basically looking for a change in career and they bought the Star Hotel in East Selkirk, which is now The Boot Tavern," said Hallson.

In addition to the hotel, they also ran a taxi service in East Selkirk but a de-

cade later Rennie's father was ready to retire and Rennie was ready for a change where he could work with his hands.

"He bought a service station in East Selkirk, it's still called Rennie's Sales and Service. He had a mechanic that worked for him and he trained and did his schooling and became Red Seal Mechanic and then he became a Volkswagen specialist," said Hallson.

She says that three of his former employees went on to open successful businesses on their own over the years.

"He just had this effect on people. I think it showed maybe with these guys as well that he just made you believe that you could do whatever you want to do. He was really encouraging," said Hallson.

While he owned his garage, he was also working as a bus driver for the Lord Selkirk School Division which transitioned into the route coordinator position in the division.

At about the same time as he bought his service station, he and some other members of the community got together and advocated for the creation of the East Selkirk Fire Department.

"They banded together lobbying to create the fire department and I guess they asked my dad if he would be fire chief and he said yes. He was really honoured by that idea and he was so passionate about what he did there. I think that was a good choice because he lobbied relentlessly for more equipment, more money, more training, more staff, whatever it took, to modernize and to make sure they were well trained," said Hallson.

One of the ways that he advocated was to bring to council's attention the need for the East Beaches Fire Department as the East Selkirk Fire Department couldn't get up to the beaches quickly enough if there was an emergency. A few years later he did it again with the Narol Fire Department.



RECORD PHOTO SUBMITTED

The first group of volunteer fire fighters along with Fire Chief Clive Rennie at the East Selkirk Fire Hall then known as RM of St. Clements Fire Hall No. 1.



RECORD PHOTO BY BRETT MITCHELL

Former Fire Chief Sheldon Goers speaking at Clive Rennie's celebration of life last Monday at the East Selkirk Fire Hall.

"I think that he considers that his biggest contribution to the community, but he always called it a hobby growing up because he just loved it," said Hallson.

He was also one of the Fire Chiefs involved with the founding of North East Mutual Aid which is where they would gather together and have plans and equipment in place should a large scale disaster occur in the area.

A few years later and in his early fifties, he was going to retire but retirement for him didn't mean slowing down. Rennie decided to run for Selkirk council and served as a councillor for three terms in the 1990s.

He retired from his position with the school division at about this time but just couldn't stay away when he was asked to put his name forward for the School Trustee position. He served on

the LSSD board for over a decade.

"He was always up on things. He was always doing his research and he really enjoyed being able to contribute and the friendships he made," said Hallson.

In addition to being a community-minded person, Rennie loved to hunt and fish entering shooting competitions in his youth as well as being a family man.

"He loved family get-togethers. Anything that had to do with the kids, it didn't matter if it was somebody was getting confirmed, or there was a family dinner or a birthday or whatever, he was always there and just lived for those things," said Hallson.

His celebration of life was held last Monday at the East Selkirk Fire Hall.

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**The Selkirk Record**

# St. Clements takes next step to better water

## Groundbreaking happens at St. Clements

By Katelyn Boulanger

St. Clements water will be getting an upgrade with construction now underway on the East Selkirk Water Treatment Plant.

Councillors, Mayor Debbie Fiebelkorn, local MLA Jeff Wharton as well as representatives from Gateway Construction, the contractors for the project, and representatives from WSP, the engineering firm that created the design for the project, gathered on Oct. 2 to enjoy the beautiful day and celebrate the groundbreaking for the project.

CAO Deepak Joshi started the event off by explaining what the new plant will be able to do for the RM.

"The project provides for the construction of the RM of St. Clements/East Selkirk Water Treatment plant. The project will provide for the expansion of the plant, membrane treatment, storage capacity, building an expansion and disposal of the rechecked water after softening. The design will consider a 20-year population growth and the necessary upgrades to the reservoir distribution pumping system as well as the build-

ing expansion which will be included. This project will have the added benefits of expanding the life of our East Selkirk Lagoon by reducing salts in the wastewater system and providing soft water with improved taste to our residents — providing water to not only residents in East Selkirk — but to our growing residential and business communities to the south as far as Lockport and also providing soft water to residents in the north part of our RM through a truck fill, and a future expansion of pipe services for anticipated growth," he said.

MLA Wharton then stepped up to the microphone to show his and the provincial government's support for the project.

"We know that infrastructure is the driving force of growth in our communities and without proper sewer, water and roads, we know that growth rule will not happen. So our government is very proud to participate and again, provide over \$2 million for this project, through the Water Services Board," he said.

Mayor Fiebelkorn rounded out the event explaining the impact that this

project will have on the RM.

"At present, the East Selkirk Water Treatment Plant is providing water service for approximately 675 residents, schools and some commercial businesses. The water quality meets all standards stated in the Canadian drinking water quality guidelines. The plant has been designed to serve a future population of approximately 1350 people with now a long term plan to accommodate 2760 residents," she said.

She explained that concern over drinking water contamination, septic field failure, and boil water advisories cause council to take the unprecedented step of fixing this problem for the long term.

The engineering design and development of a water and sewer system was created in 2007 and the construction of the East Selkirk Water Treatment Plant was completed in 2013. In 2017 plans to improve water quality by further softening the water had been identified by the municipality.

"This is a major step towards not only providing quality drinking water for residents of St. Clements, but also allows the municipality to expand on



RECORD PHOTOS BY KATELYN BOULANGER

Mayor Debbie Fiebelkorn and local MLA Jeff Wharton celebrating the groundbreaking of the East Selkirk Water Treatment Plant.

this service to areas where growth is occurring and helps us prosper as a growing municipality," said Fiebelkorn.



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# Speak up when suspecting a concussion

## Concussion Awareness Week took place from Sept. 26 to Oct. 2

By Ligia Braidotti

Concussions are one of the biggest dangers facing athletes in any sport and many organizations work hard

to teach people how to watch for the signs.

From Sept. 26 to Oct. 2, a Canada-wide Concussion Awareness Week helped people understand the importance of recognizing a concussion as early as possible.

According to Sport Manitoba, concussions are a serious public health problem that affects millions of Canadians. Identifying a concussion early makes a huge difference in recovery.

"Feeling off, I think that's one of the biggest (symptoms). They often talk about in concussions and it's just, you don't

really feel right. You're not exactly sure what it is, but I felt off. I didn't feel my like myself," said Cassidy Nicholls, KidSport Manitoba co-ordinator and former field hockey player.

Nicholls was diagnosed with a concussion during her first year of university. However, her first concussion was unrelated to sports. She fainted and hit her head.

"I thought maybe I'm coming down with a flu or something because I just felt a little bit off. I wasn't very hungry and I was really, really fatigued," she continued.

Concussions can be different for everyone. You may not be directly hit on the head to have one, which often misleads people into thinking their symptoms are not severe enough for it to be a concussion.

Most often, people who have concussions don't even go unconscious.

Nicholls' last concussion happened during a field hockey practice for the York University team. Her teammate hit her with the stick accidentally and struck her cheekbone. Like many other athletes, she continued to play even though she felt something was wrong.

Since then, even though she has received treatment for her concussions, she still suffers from post-concussion

syndrome, which includes frequent headaches, light sensitivity, and dizziness.

Sport Manitoba is encouraging everyone to speak up about how they are feeling if they suspect they have suffered a concussion. All major impacts to the head, face, neck, or body can lead to a concussion.

Other concussion symptoms to watch for are nausea and vomiting, memory loss, balance problems, moving clumsily, mood and personality changes, confusion, and feeling groggy. Most symptoms will show up immediately after the concussion happens. However, others may take hours and even days to appear. People should continually check for signs of concussion up to a few days after it happened.

If the symptoms show or get worse, people should be taken to the emergency room right away.

Sport Manitoba has many resources, including a free learning module through the Concussion Awareness Training Tool. There's also a free series at the Coaching Association of Canada on concussions.

For more information, go to <https://www.sportmanitoba.ca/concussion-awareness-week/>

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## A new technology is making partial dentures way better

By Brock Vandor  
DENTURIST

There is something new and very exciting when it comes to partial dentures! I am so excited about it because it is one of those things that is undoubtedly superior to the way we used to do it. They are fitting better than I have ever seen, and of course, patients are having more comfort than they have ever had in the past.

Since the beginning of metal working time, to make things like partials, we had to first make a mould of a certain shape (like a partial denture), then pour liquid metal into the mould and let it cool and harden. This method works great, but there is always a problem...when the metal cools, it shrinks! This means that no matter how perfect we make the mould of your denture, when we pour the

metal in, it will change shape and never have a perfect fit; requiring very careful adjustments to the denture. But now, I am very excited to say, we can totally get rid of that process where the metal distorts and partials don't fit as good as they should!

Today, we can design your partial denture on a computer, then use a computer controlled milling machine to actually make the exact shape of your partial out of hardened Titanium metal. This means no more distortion, and wow, the results are truly amazing! My brother, who is also a Denturist out in Medicine Hat, is also doing Titanium partials too and every time we get on the phone, we can't help but talk about how this new technology is just the best thing that has ever happened to partial dentures. We can

finally get the fit that we always wanted, and patients are absolutely loving them for 3 main reasons:

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3. Titanium can clip more gently around the teeth than the usual metal and it just feels more "normal".

If you have had problems with your partials before, then there is a good chance that this is the answer. The process of making them is by far superior to the old way. Give us a call today to reserve your free consultation and we would be happy to see how we can help.

Thanks for reading! Brock Vandor, the Denturist.



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# Culture Days saw theater performances



RECORD PHOTOS BY BILL NEWZMAN SMYTH

Theatre Projects Manitoba created Chautauqua: The Interlake Trail and worked with the City of Selkirk to bring these performances to our community as part of Selkirk Culture Days. Pictured: Tanner Manson performing his show "Variations of a Patchwork Heart" and Shayna Pollock installing her installation "Pathways of Home; A Reflection of Selkirk".

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# Trees can live hundreds of years and survive harsh conditions

Rural forester hopes people change perception of tree longevity

By Ligia Braidotti

A local rural forester wants to change the perception of people regarding tree longevity.

Guy Shelemy is a rural forester and a member of the Canadian Institute of Forestry (CIF) the Manitoba Forestry Association (MFA) and the Arboricultural Research & Education Academy (AREA). He is also the owner of Shelemy Arborist Services and provides tree diagnosis, treatment, and consulting throughout Manitoba.

On Sept. 25, Shelemy hosted a tour of Manitoba's ancient trees in celebration of National Forest Week.

The tour started in West St Paul, near the site of the Three Sisters Oak, found within a bur oak forest stand which is progressively being removed for a new housing development. The

tour continued away from Winnipeg, teaching about the current front-line of creeping urbanization, and ended at the St. Andrews Church and Rectory. Participants listened to Shelemy's wealth of knowledge about local trees and their characteristics.

The rural forester said he wants to change people's perception of how trees age. He commented nowadays there's a wrong idea that trees only live 30, 60, or 120 years, but with years of dedicated research on the matter, he found that many trees can live for hundreds of years.

"The single most serious threat to tree longevity is our limited perception of their capacity for extreme age. They have a genetic capacity to reach extreme age and in the rural forest, we have no perception of just what the potential is for them," Shelemy said.

He commented most horticulturists will tell homeowners that a fruit or orchard tree will last for only 30 years.

"So that will limit you because you'll think 'Ok, in about 30 I'm going to have to replace this.'"

Shelemy said he had three transformative experiences that recently shifted his mentality on tree longevity. He is currently writing a book about his research and findings, but said he is still grasping the



RECORD PHOTO BY LIGIA BRAIDOTTI

Guy Shelemy is a local rural forester who wants people to understand the resiliency and longevity of local trees.

paradigm.

Rural forestry is a craft he inherited from his grandfather and father. His family worked with trees back in Ukraine and he found that practices differ significantly. In 2019, Shelemy went to Ukraine to understand what his grandfather had taught him. His family had orchards in Ukraine for centuries before they immigrated to Canada because of the Soviet persecution.

"In Ukraine, rural forestry is not separated in sciences. It is all part of working with trees and in the Western experience, we separated those.

We have arboriculture, silviculture, pomology (fruit trees)," he explained. "Working as a rural forester, I've had to do a lot of independent study and there's nobody in my family that wants to carry this craft further. Right now it looks like I'm the last rural forester in my family."

Shelemy explained that the most efficient way to lock up carbon for 300 to 400 years is to grow more trees.

Plants trap carbon from the air into the soil. Plant roots or soil microbes can store carbon in the soil by photosynthesis. Carbon locks up in soil microbes' cells and remains in the soil for a long time after they die. Therefore, even small increases in soil carbon can result in a large reduction in air pollution.

Trees have an amazing resilience for surviving change and can last for many years. Shelemy said that with the proper soil care, it's possible to make local trees last for 300 to 400 years. The only issue is that when soil is disturbed with new developments, for example, it takes just as long for it to re-establish its surroundings.

"Someone was asking, they were worried about the trees, and I said, I'm not so much worried about them, I'm more worried about us, because we might not be here. Trees will still be here. That's what the historic records show," Shelemy added.

"Two hundred years ago, the soil here was much different than what it is today and this is one of the reasons why people in St. Andrews and our area are having so much trouble establishing trees is because the soil has been disturbed and it will take decades and centuries to really establish."

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# Honouring the sacrifices of our local heros



RECORD PHOTO BY KATELYN BOULANGER

It's the time of year that we start recognizing the sacrifices that our veterans have made for our country and in Selkirk that means putting up the banners of the amazing men and women who have served from our community. You may have noticed these banners on Eveline and Dufferin Streets already as they've been up since Sept. 17 in our community.

Wishing everyone a  
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## 'If you hear the sound of fire, you're already in too much trouble'

Fire Prevention Week aims at making Canadians aware of sounds that can save lives

By Ligia Braidotti

Many signs can save lives in the event of a fire incident.

That is the main message Fire Prevention Week is delivering this year. From Oct. 3 to 9, communities around the country will educate residents on fire safety signs.

According to the Government of Canada, many people still neglect to test their smoke alarms frequently.

Smoke alarms are beneficial when there's a fire starting. Smoke spreads quickly when there's a fire, and a working smoke detector gives people notice that something is wrong and allows them to get out of the location before it's too late.

Robert Herda, Narol Fire Department Fire Chief, confirms that these small devices save lives.

"If you can hear the sounds of fire,

you're already in too much trouble. Smoke alarms, and any type of alarms like that, it saves lives hands down."

He also commented that generally, new homeowners, who are not used to constantly checking out their alarm system, are more likely to forget about testing and replacing them.

In 2016, the Manitoba Office of the Fire Commissioner put new requirements for fire safety in place. Their latest residential care user guide points out that smoke alarms should be in every sleeping room and on each floor level.

As of January of this year, all smoke alarms must be hardwired and inter-connected instead of being powered by a 10-year lithium battery. Also, by January 2026, all residential care facilities with more than four residents will be required to install an automat-



**RECORD PHOTO BY KATELYN BOULANGER**  
Firefighters at West St. Paul's recent fire hall open house demonstrating how they would save someone from a vehicle in an emergency.

ic sprinkler system. In addition to smoke alarms, every resident should have a carbon monoxide detector in place. It should be hardwired and installed in buildings that are required to have a Fire Safety

Continued on next page



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# How to conduct a fire drill

Fire drills offer an opportunity to review the actions you should take in the event of a fire. If you want to ensure your next fire drill is a success and that everyone is prepared for a real emergency, follow these steps.

### Provide clear instructions

All occupants of a building need to know what they should and shouldn't do if a fire breaks out. Make sure everyone knows where to go once they've evacuated the building. Remember that assembly points must be a safe distance from the building and not obstruct access for emergency vehicles.

### Delegate responsibilities

Particularly in a workplace, one person should be in charge of leading everyone safely out of the build-

ing, and another person should be assigned to ensure rooms are empty and doors are closed. Make sure both of these people are well aware of their roles and that everyone knows to take fire drills seriously.

### Devise an emergency scenario

Decide on a time and scenario for your drill. In a house, the fire might start in the kitchen, for example, which means that room must be avoided during the evacuation. You can further complicate things by simulating that someone is missing or an exit is blocked. If necessary, inform your security service provider about the drill in advance.

### Reflect on the experience

Time the evacuation to determine whether it was completed quickly



enough (aim for less than three minutes). After the drill, consult each participant to identify changes that could be adopted to maximize everyone's safety. If any adjustments are made to the procedure, be sure to clearly communicate them to everyone.

Finally, remember that a successful evacuation starts with a functional fire safety system that meets current standards. During your drill, take the opportunity to test your equipment.

Continued from previous page

Inspection by Regulation and where there is a potential risk for CO infiltration. These buildings include hospitals, personal care homes, housing for elderly people, Manitoba Liquor Control Commission (MLCC) licensed establishments, restaurants with living quarters, schools, daycares, and assembly occupancies in Manitoba.

CO is a colourless and odourless gas that can cause severe brain damage and even death because it interferes with the blood's ability to carry oxygen to other organs.

CO is produced when fuels such as wood, coal, charcoal briquettes, heating oil, gasoline, diesel, propane, kerosene, and natural gas burn with-

out enough oxygen. Some appliances that burn these fuels are fireplaces, furnaces, hot water tanks, barbecues, gas stoves, camping stoves, cars, lawnmowers, chainsaws, snowblowers, or anything with an internal combustion engine or that is gasoline-powered.

This year, Manitoba suffered from extremely dry conditions, and there was a surge in grass and bushfires, according to Herda. He said this had been the worst he's seen in almost 40 years of firefighting. That's why recognizing the signs of fire is extremely important to minimize fires and fatalities.

"If you don't have fire prevention, you just don't know or don't understand. It's really important to have your kids in your family practice fire escape and test those [fire] alarms

and listen to them. These are just basic everyday things that a lot of people forget. It's out of sight, out of mind," Herda explained.

"It's very important that [residents] test their smoke detectors, and it's also very important that they should allow the kids and everybody else to know what that noise is."

Residents should test their smoke alarms once a month and replace them every 10 years. Even though your smoke alarm seems to be working past that expiration date, it's not safe to keep it. Smoke alarms should always be up to date and functioning properly.

For more information on the provincial fire codes, go to <http://fire-comm.gov.mb.ca/home.html> or contact your local fire department.



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# ESJH is pilot school for new peer program

## Sources of Strength aims to create suicide prevention awareness that spreads throughout our community

By Katelyn Boulanger

École Selkirk Junior High has been chosen to be the school to launch the Sources of Strength program in the Lord Selkirk School Division. This program spreads stories of hope to break the silence about suicide prevention in our schools and community.

"Instead of focusing on sad and shock and trauma, [Sources of Strength is] really about hope and strength, and positivity. A lot of programs that we've used in the past around suicide prevention are often more gatekeeper programs where adults are involved. In Sources of Strength, we have really committed adult advisors here from the school, plus positive [student] leaders who were hand-selected by school staff, because they're seen as having influence and sway," said Allison Savoie, a Lord Selkirk School Di-

vision social worker and trainer with Sources of Strength.

One way that this program is a bit different from others is in the diversity of students that are asked to participate. This program makes sure that not just the grade seven, eight, and nine kids that are typically picked as leaders in school activities but leaders in all social groups at the school are asked to participate.

"We really want diversity so that it spreads the message of hope and help and strength, kind of like a virus through the school so that we hit every school corner," said Savoie.

Last week the program held its inaugural event at the school but from now on the group will meet every month and the 25 student participants will be integral in planning future meetings that focus on the eight keys elements of the program — mental health, family support, positive friends, mentors, healthy activities, generosity, spirituality, and physical health.

"In addition, we want to help our peer leaders move past that culture of adults being not people that are safe to talk to, and really looking at them, feeling comfortable help-seeking and supporting their peers if they have any worries. It's a really fun program. It's been going on all across North America for a couple of decades now and there's a lot of research behind it that says that this is a program that helps increase help-seeking behaviours. It helps kids feel more capable and hopeful," said Savoie.

She thinks that it's important to have programs like this in schools in order to create bonds with the support systems they have available to them.

"I think that sometimes there's a code of silence among younger people that maybe they sometimes don't feel like they can trust the adults around them. But I think that adult and young person connection is so important," she said.

New programs like this may be

needed even more now as students deal with the effects that COVID-19 has had shrinking their social groups in the past year and a half.

"I think it has been stressful for lots of families. Lots of us have spent so much time together in one house that can be really difficult. I know some of the students talked about school being really, really stressful, especially because there were lots of absences last year. I think on the adults as well, it's been tricky, but we're all kind of trying to cope the best we can. What I love about this program is that it really focuses on coping strategies rather than getting stuck in how bad things have been, and having that sense of

dread and hopelessness," said Savoie.

Though they have only had one meeting so far she thinks the program has been received well by ESJH students.

"The kids are having lots of lots of fun, they're getting to know each other," said Savoie.

**"WE REALLY WANT DIVERSITY SO THAT IT SPREADS THE MESSAGE OF HOPE AND HELP AND STRENGTH,"**  
- ALLISON SAVOIE

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Allen leads Royals at KPAC cross-country meet



The Selkirk Royals, from left to right, Asahi Suzuki, Keenan Allen, Ian Gurney, Lucas Stadnyk, and Zach Caslake participated in the KPAC cross-country meet last Wednesday at Bird's Hill Park.

### Staff

For the second week in a row, the Selkirk Royals ran well at a KPAC cross-country meet.

Keenan Allen led a strong contingent of Selkirk varsity boys' runners, placing fifth with a time of 19:50.5.

Other Royals' boys' competitors included Asahi Suzuki (ninth, 22:25.1), Lucas Stadnyk (10th, 23:36.3), Ian Gurney (11th, 24:25.5), and Zach Caslake

(20th, 31:48.6).

In the varsity girls' race, the Royals' Elina Samuelsson finished 15th with a time of 21:15.8. She was followed by teammates Annessa Stasiuk (17th, 22:14.1) and Katie Wallmuth (18th, 22:29.4).

The next KPAC cross-country race is this Wednesday, beginning at 11:30 a.m., at Bird's Hill Park.



RECORD PHOTOS BY BRETT MITCHELL

Pictured left to right, Annessa Stasiuk, Elina Samuelsson, and Katie Wallmuth have been part of the Selkirk Royals' girls' cross-country team.

# get inspired

> MEAL IDEAS



## Toffee Almond Chocolate Popcorn



Total time: 15 minutes, plus 30 minutes chilling time

Servings: 4  
4 cups popped popcorn  
3/4 cup chopped toasted almonds, divided

6 tablespoons toffee bits, divided  
6 ounces milk chocolate, melted  
1 ounce dark chocolate, melted  
In large bowl, toss popcorn, 1/2 cup almonds and 4 tablespoons toffee bits. Drizzle with melted milk chocolate; toss until well coated.

Transfer to parchment paper-lined baking sheet. Drizzle with dark chocolate; sprinkle with remaining almonds and toffee bits. Refrigerate about 30 minutes, or until set; break into clusters.

Substitution: Use dark chocolate for milk chocolate, if preferred.



## Walnut-Stuffed Korean Street Tacos

### Crema:

- 1 cup Greek yogurt
- 1 tablespoon hot chili sauce
- 1/4 teaspoon sea salt
- 8 whole-wheat tortillas
- 1 bunch cilantro
- 2 fresh limes, cut into wedges
- 1/2 cup California walnuts

To make walnut "meat": In food processor, pulse walnuts to coarsely chop. In skillet over medium heat, add gochujang sauce, sesame oil, soy sauce, garlic and ginger. Add walnuts and stir. Turn to low heat, cover and keep warm.

To make vegetables: Cut whites off green onions and discard. Slice greens into thin strips and place in bowl of ice water. In bowl, stir vinegar and honey. Add cucumber; radish; carrots; peppers, if desired; and sesame seeds. Stir to combine.

To make crema: Mix yogurt with chili sauce and salt.

Warm tortillas. Scoop 1/8 walnut meat into each tortilla. Spoon cream on top of walnut meat. Add marinated vegetables and green onions.

Top tacos with cilantro, squeeze of lime juice and walnuts.

Total time: 30 minutes

Servings: 8

### Walnut "Meat":

- 2 cups California walnuts
- 2 tablespoons gochujang (red chili paste) sauce

- 2 tablespoons sesame oil
- 2 tablespoons soy sauce
- 2 cloves garlic, minced
- 1/2 teaspoon ground ginger

- Marinated Vegetables:
- 4 green onions
- ice water
- 2 tablespoons seasoned rice vinegar
- 1 tablespoon honey
- 1/4 English cucumber, sliced thin
- 1 watermelon radish, sliced thin
- 1 cup carrots, cut into matchsticks
- fresh cayenne peppers, sliced thin (optional)
- 1 1/2 teaspoons black sesame seeds

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# Thunder teams see mixed results

By Brian Bowman

Despite losing by 20 points, Interlake Thunder head coach Mitch Obach saw a lot of positives in his team's 47-27 loss to the Southwest Sabres in Rural Manitoba Football League action last Saturday in Stonewall.

The score was tied 14-14 part way in the second quarter before Southwest pulled away. The Thunder, though, played much better in the second half.

"They had some big plays and we had a couple of breakdowns that cost us and a couple of penalties," Obach noted. "For us, we felt we were having a pretty good battle with them from play to play but our inexperience with some of those penalties and those breakdowns cost us."

Obach felt the Thunder were a significantly improved team from Week 1 and the players are remaining positive despite an 0-2 record.

"If we can keep getting better every week, we can turn into a football team," Obach insisted. "We're just so green."

Obach loves the attitude with this year's team.

"They're so committed (and) they come to practice every day and they want to learn and get better. I think everyone on the team sees the progress every week and it's exciting to be part of something like that."

Thunder running back Lee LaPierre had a second consecutive outstanding game with 20 carries for 192 yards and a touchdown. Max Nichol added

eight carries for 22 yards and two majors while Dwight Bell hauled in two receptions for 61 yards and a TD.

Defensively, the Thunder's Alex Luke had eight tackles and two assisted tackles while Daemyn Bochoruka finished with six tackles and knocked down two passes.

William Summers also had a strong game with five tackles and an assisted tackle.

The Thunder are back in action Friday when they have a rematch with the Sabres in Souris. Interlake's next home game is Oct. 15 at 4:30 p.m. against the Virden Golden Bears in Stonewall.

In PeeWee action, the Thunder battled back from a slow start to defeat the Eastman Raiders 40-32 on Saturday.

"We started off rough (with) dropped passes (and) some missed assignments," said Thunder head coach Marty Cook in an email. "We were down 20-14 at the half.

We scored seven of the 14 points with basically no time left on the clock in the second quarter. (We) crushed it in the second half. It was good for us to feel some adversity. (The) kids fought back really well."

Interlake quarterback Ben Cook threw six touchdown passes, four of them going to Jamie Dandeneau.

The Thunder will play the Portage Pitbulls on Saturday (3 p.m.) in Portage la Prairie.

Interlake's Atom team, meanwhile,



RECORD PHOTOS BY LANA MEIER

Interlake Thunder ball carrier Max Nichol is stopped just short of the goal line by several Southwest Sabres' players. Southwest won the Rural Manitoba Football League regular-season game 47-27 last Friday in Stonewall.



The Interlake Thunder's Ryan Seed attempts to avoid a block from a Charleswood Broncos' player during Atom action last Saturday in Stonewall. Interlake won the game 28-14.

doubled the Charleswood Broncos 28-14 on Saturday in Stonewall.

"(Our) defence allowed two touchdowns on their first two possessions then only allowed two first downs the rest of the game," noted Thunder head coach Jared Boville.

Interlake had an onside-kick recovery, an interception, and a kick return

for a touchdown. Interlake also kicked two extra point converts.

"We had worked on blocking all week and scored two touchdowns with our running back walking in untouched," Boville said. "Overall, a great team win."

Interlake will visit the North Winnipeg Nomads this Thursday at 7 p.m.



Interlake Thunder quarterback Ben Cook threw six touchdown passes to lead his team to a 40-32 victory over the Eastman Raiders in PeeWee action last Saturday.

# Varsity girls reach final of Royal Rumble tournament

By Brian Bowman

The varsity girls reached the final of their Lord Selkirk Royal Rumble volleyball tournament on Saturday.

And it could not have been more exciting.

But, in the end, Selkirk lost a heartbreaker to the Sturgeon Heights Huskies, dropping a 2-1 decision by score of 25-16, 26-28, 15-17.

The Royals advanced to the final after sweeping Brandon's Vincent Massey Vikings 2-0 (25-23, 25-23) in a semifinal matchup.

In pool play, the Royals finished with a 2-1 record to place second in their four-team pool.

Selkirk earned 2-0 wins over the Westwood Warriors (25-23, 25-12) and the Glenlawn Lions (25-15, 25-17). The Royals lost 2-0 to Sturgeon Heights (15-25, 15-25).

Selkirk started its KPAC season with a 3-1 victory over the Maples Collegiate Marauders on Sept. 29. The Royals won by scores of 20-25, 25-7, 25-11, and 25-10.

The Royals played Calvin Christian Collegiate in KPAC action Monday

evening but no score was available. Selkirk's next league game is on the road Wednesday against Murdoch MacKay Collegiate. Game time is approximately 7:15 p.m.

In junior varsity KPAC play, Selkirk's junior varsity girls defeated Maples Collegiate 3-1 by scores of 25-18, 25-22, 23-25, 25-13 on Sept. 28.

The Royals then competed in a Huskies tournament last Friday and Saturday.

Selkirk reached the final before losing a tough 2-0 (17-25, 19-25) decision to Steinbach.

In the semifinals, the Royals defeated Sturgeon Heights 2-1 by scores of 25-19, 18-25, and 16-14.

In pool play, Selkirk finished first with a 4-2 record. The Royals defeated the Garden City Fighting Gophers 2-0 (25-22, 25-17) and split with the Vincent Massey Trojans (25-19, 18-25) and Dakota Lancers (20-25, 25-15).

The Royals hosted Murdoch Mackay on Tuesday in a league game but no score was available.

Selkirk will then visit West Kildonan next Tuesday for a 6 p.m. game.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Lesly Chaboyer passes the ball during KPAC action last Wednesday. Selkirk defeated Maples Collegiate 3-1 by scores of 20-25, 25-7, 25-11, 25-10.

# Royals wrap up hockey pre-season



RECORD PHOTO BY BRETT MITCHELL

Gaven Berry, left, and the Selkirk Royals finished the pre-season with an 0-1-2 record.

## Staff

The Selkirk Royals' boys' hockey team finished their pre-season with an 0-1-2 record after a 5-2 road loss to Steinbach last Wednesday.

Parker Carels and Nathan Burzynski scored for the Royals in the losing cause.

On Sept. 28, Selkirk tied River East

2-2 as Brennan Feschuk and Clint Thomas tallied.

Meanwhile, the Royals will not be icing a team in the Winnipeg Women's High School Hockey League for the 2021-22 season due to a lack of players. Selkirk hopes to get the program back running in 2022-23

## Raiders split MMJHL games

### Staff

In recent years, the Raiders Jr. Hockey Club is used to beating up on the River East Royal Knights.

But that wasn't the case on Sunday. River East blasted the Raiders 7-2 in Manitoba Major Junior Hockey League action at the Seven Oaks Sportsplex.

River East, which held period leads of 2-1 and 5-2, received two goals each from Aaron Neilson and Austin Thorarinson and singles by Jeremy Klimchuk, Chase Sobey and Ashton Elias.

Raiders' goals were scored by Jayce

Kennedy and Jaden Shumilak.

Dylan Francis made 25 saves in the losing cause.

On Friday, the Raiders defeated the Pembina Valley Twisters 4-1.

The Raiders' Travis Dech and the Twisters' Nico Vigier traded first-period goals.

Merek Degraeve and Travis Penner scored in the second and then Caelan Russell tallied in the third.

Francis earned the win in goal.

The Raiders will visit the Transcona Railer Express on Friday (8 p.m.) and the Ft. Garry/Ft. Rouge Twins next Tuesday (7:30 p.m.).

# Benson joins Bisons women's volleyball program

## Submitted by Bisons Sports

A provincial champion in junior varsity and a provincial finalist in varsity, Emma Benson brings winning experience at the libero position to the University of Manitoba Bisons in 2021-22.

The team is excited to welcome Benson to the fold as a red shirt first-year this upcoming season. A native of Petersfield, she experienced plenty of success at the high school level with the Lord Selkirk Royals - winning the MHSAA "AAAA" junior varsity championship in 2017 and making it to the MHSAA "AAAA" varsity championship the following season.

Benson, 18, has also played club volleyball for both the Junior Bisons (16U) and Junior Wesmen (18U), along with earning an All-Manitoba team nod as part of the provincial program in 2020.

"Emma is an excellent teammate and fits perfectly with our team culture," said Bisons' head coach Ken

Bentley, who enters his 36th season in 2021-22. "She's played with our club during her developmental years in addition to playing for a great high school program in Selkirk."

Benson is looking forward to starting her university career.

"I'm extremely excited to join the Bisons family," said Benson. "I can confidently say that their program played a huge part in the player I am today. I'm looking forward to getting back on the court with such a great group."

The 5-foot-4 defensive specialist was an honourable mention in the Winnipeg Sun's top 10 high school women's volleyball players back in 2019.

Off the court, she's had success in the classroom, earning a 94 per cent average in high school.

The Bisons' women's volleyball team will begin their Canada West season Nov. 4 on the road against the University of Winnipeg Wesmen.



RECORD PHOTO FROM THE BISONS' WEBSITE  
Emma Benson, a former Selkirk Royal, has joined the University of Manitoba Bisons' women's volleyball program.

# Varsity boys' pull out wild comeback win

## By Brian Bowman

The Selkirk Royals began their KPAC varsity boys' volleyball season with a wild comeback win.

After losing the first two sets 25-13 and 25-22 to the Maples Collegiate Marauders, the Royals stormed back to win the next three sets by scores of 25-18, 25-15, and 15-6 last Wednesday.

It was a great start to the season for Selkirk.

"We have a couple of injuries that we're dealing with already, guys were out playing hockey, and doing cross country so we didn't have our full squad," said Royals' head coach Jeff Scarcello. "They showed a ton of heart."

The Royals have a young team this season so it took them a while to get used to playing at the varsity level.

"We only have a couple of Grade 12s and mostly Grade 11s," Scarcello noted. "The last time most of these guys played volleyball was in junior high. That's a big step to go from Grade 9 all the way up to the varsity level."

The Royals visited Calvin Christian Collegiate in league play this past Monday but no score was available. Selkirk will then play at Murdoch MacKay Collegiate this Wednesday at 6 p.m.

In junior varsity boys' action, Selkirk swept Maples Collegiate 3-0 by scores of 25-18, 25-18, 25-22 on Sept. 28.

The Royals hosted Murdoch MacKay this past Tuesday but no score was available.

Selkirk will visit West Kildonan next Tuesday for a 7:15 p.m. game.



RECORD PHOTOS BY BRETT MITCHELL  
The Selkirk Royals' Andrew Wiebe smashes the ball over the net against Maples Collegiate during KPAC action last Wednesday. Selkirk won the last three sets for the victory.

What's *Your* story?

We want to hear from you.

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337



## Next Home Games

SATURDAY, OCTOBER 9th  
vs St. Malo

7:30pm at the Selkirk Rec Centre

SUNDAY, OCTOBER 17th  
vs Lundar

3:00pm at the Selkirk Rec Centre

## Next Away Game

• Sun, Oct 24 - vs Arborg - 2:30pm in Arborg



Meet the Fishermen



#2 Austin Zirk  
Defence

All Spectators must show proof of double vaccination with ID and must wear a mask in the Arena



RECORD PHOTO BY JOHN PODWORNIAK

The Selkirk Fishermen's Jordan Beaulieu (18) and Travis Spratt (19) were stopped on this play by North Winnipeg goaltender Wyatt Emes. Selkirk defeated the Satellites 6-0 in CRJHL action.

# Fishermen begin CRJHL regular season with blowout wins

## Staff

The Selkirk Fishermen are off to a great start in their Capital Region Junior Hockey League regular season.

Selkirk posted its second lopsided victory last weekend after soundly defeating the Falcons 7-2 in Lundar on Sunday.

Selkirk, which jumped out to a commanding 5-0 first-period lead, received goals from Travis Spratt (three), Braeden Hummel (two), Kasen Andrushko and Josh Poponick.

Spratt and Hummel both finished the game with four points.

Ryan Gleich and Ashton Fisher replied for Lundar.

Manny Minuk made 20 saves for the victory.

Selkirk started its regular season by blasting the North Winnipeg Satellites 6-0 on Friday at the Recreation Complex.

The Fishermen, which scored twice in all three periods, received goals from Spratt, Kyle Folhoffer, Jordan Donald, Matt Brooks, Raymond Heferman, and Nolan Milgaard.

Selkirk outshot North Winnipeg 54-17 as Owen Derewianchuk posted the shutout.

The Fishermen will host the St. Malo Warriors this Saturday (7:30 p.m.) at the Selkirk Recreation Complex.

# Steelers defeat Freeze twice in MJHL weekend action

## By Brian Bowman

The Winnipeg Freeze were just what the doctor ordered for the ailing Selkirk Steelers.

After four straight losses to begin the regular season, Selkirk swept a weekend home-and-home series.

The Steelers capped off a great two games-set with an impressive 7-2 victory on Saturday at the Selkirk Recreation Complex.

Trailing 2-1 early in the second period, Selkirk scored six unanswered goals for the lopsided win.

Carson Hinkel-Lysak scored twice and added an assist while Ryan Ostermann had a goal and two assists.

Deshon Friesen, Tyson Smith, Nate Hinds, and Quinton Hill also scored for the Steelers.

Eric Krywy chipped in with three assists.

Matthew Carlson and Ryder Rygor replied for Winnipeg.

Cole Plowman stopped 26 Freeze shots for the win.

Selkirk won its first game of the season Friday with a 3-2 victory over the Freeze.

Hill scored the game winner at 2:59 of the third period.

Selkirk's Mathieu Catellier opened the game's scoring late in the first but Winnipeg replied with a pair of goals from Nathan Driver to take a 2-1 lead.

The Steelers' Tristan Thompson then tied the score at 6:24 of the middle frame.

Selkirk was 2-for-6 on the power play while Winnipeg finished 1-for-8.

The Freeze outshot the Steelers 23-17 as Plowman earned the win.

The Steelers (2-4) will host the Freeze (0-6) on Friday (7:30 p.m.) and



RECORD PHOTO BY JOHN PODWORNIAK

The Selkirk Steelers scored four third-period goals in a 7-2 win over the Winnipeg Freeze last Saturday at the Recreation Complex.

then will play Winnipeg on Saturday (6:15 p.m.) at the Jonathan Toews Sports Complex.

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**NEXT HOME GAMES**

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- VS Winnipeg Blues Friday, Oct. 15<sup>th</sup> 7:30 pm

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[www.selkirksteelers.com](http://www.selkirksteelers.com)

**NEXT AWAY GAMES**

- VS Winnipeg Freeze Sat, Oct 9 6:15 pm
- VS Winnipeg Blues Sat, Oct 16 7:00 pm

the Steelers Box Office is open 1 hour before game time

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## Penner-Beshk competes at Amateur Long Drive World Championship

By Brian Bowman

Hannah Penner-Beshk recently had an experience many young athletes would love to experience.

She was able to represent Canada at an international event.

Penner-Beshk was a member of a very strong Canadian contingent that competed at the Amateur Long Drive World Championships at Cog Hill, near Chicago.

Penner-Beshk performed extremely well, placing sixth in the Open Women's category against golfers from all over the world.

"I placed sixth in the world so that's amazing," said Penner-Beshk last week. "I hit a whole bunch of good

drives in the grid."

Her longest drive that landed within the grid went an impressive 219 yards. She also smacked a drive that went 252 yards but, unfortunately, went out of bounds and did not count.

She enjoyed the experience of competing - and meeting new people - immensely.

"I had a great time, we had deep dish pizza and I hadn't had that for a long time," Penner-Beshk said. "It was really amazing. I had an unbelievable experience - it's a once-in-a-lifetime chance. It was an honour to (represent Canada)."

Canada, meanwhile, did extremely well at the event, winning two world

championships.

Penner-Beshk is hoping to qualify for next year's ALD championship, which will be held in Bradenton, Fla. She felt that this year's experience at the world championship will help her at future events. Penner-Beshk was the youngest competitor in the Open Women's division and has a fantastic future in the sport.

### RECORD PHOTO SUBMITTED

Hannah Penner-Beshk, who lives in St. Clements, represented Canada at the Amateur Long Drive World Championship in Chicago. She placed sixth in the Open Women's Division.



## Hockey Manitoba statement on Hockey Canada fall event cancellations

By Hockey Manitoba

Due to the ongoing COVID-19 pandemic, the decision has been made by Hockey Canada to cancel the 2021 National Women's Under-18 Championship in Dawson Creek, B.C. from Oct. 31 to Nov. 6, the 2021 Canadian Tire Para Hockey Cup, and the 2021 World Junior A Challenge.

Despite the precautionary measures that had been implemented by Hockey Canada and the host committee in Dawson Creek, there was still significant concern surrounding the pandemic and its implications for

the 2021 National Women's Under-18 Championship.

Ultimately, Hockey Canada did not feel that they would be able to ensure the proper safety measures that would be necessary to move forward with an event.

Hockey Manitoba realizes that this is disappointing news for our athletes that were selected for the 2021 Female U18 Program of Excellence. We share this disappointment as the Female U18 program has been one of the pillars of our development programming for over a decade. The Female U18

program and corresponding National Championship provide an excellent opportunity for development at the highest level which has benefited numerous athletes in our province as they have moved on to play USports, NCAA and at the international level.

The cancellation of a second consecutive National Women's Under-18 Championship creates a significant gap in the development opportunities available to our U18 female athletes.

Hockey Manitoba, along with the other three western branches (Hockey Saskatchewan, Hockey Alberta,

and BC Hockey), are in the process of exploring all potential options to operate an event that can fill the gap left by the cancellation of the National Women's Under-18 Championship.

While this situation is ongoing, we will continue to update our membership on any developments pertaining to a replacement event for the National Women's Under-18 Championship.

Any inquiries pertaining to this announcement can be directed to Bernie Reichardt, Director of Development ([breichardt@hockeymanitoba.ca](mailto:breichardt@hockeymanitoba.ca)).

## Provincial curling round-up for this week

By Ty Di Lello

At the Atkins Curling Supplies Classic in Winnipeg, Team Beth Peterson, with Morden's Katherine Doerksen at second, reached the semifinals before losing to Kristy Watling 7-6. To get to the semifinals, Peterson finished the round-robin with an impressive 4-0 record.

Team Kaitlyn Jones, featuring Marquette's Sara Oliver at lead, also competed at the event and reached the semifinals by going 3-1 in the round-robin. Team Jones fell in the semifinals to the eventual champs Jamie Sinclair of the USA.

In Banff, Alberta, at the Qualico Mixed Doubles Classic, the Winnipeg Beach pairing of Kadriana Sahaidak and Colton Lott were in action. They went 3-2 in the round-robin before falling in the first round of the play-

offs to Ryan Deis and Sherry Just of Saskatchewan.

Altona's Mackenzie Zacharias had a tough weekend by their standards after going 2-2 in the round-robin and failing to reach the semifinals at the Atkins Curling Supplies Classic in Winnipeg. Team Zacharias will be back on the ice this coming weekend in Oakville, Ontario, as they compete at the Stu Sells Toronto Tankard.

On the junior side, Dayna Wahl's rink from Morris had a wonderful weekend in Winnipeg as they curled in the Don Baldwin Memorial MJCT at the Elmwood Curling Club. Wahl survived a couple of extra end thrillers, going undefeated in the round-robin with three wins and zero losses. Unfortunately, their run ended in the semifinals with an 8-2 loss to Emma Jensen.

## Strike Force finishes regular season in first place

By Brian Bowman

The Tri-S Strike Force has struggled in the win column in recent years.

But that certainly wasn't the case this season.

Tri-S capped off a great regular season by defeating Argentinos FC 4-2 on Sept. 27.

That win vaulted the Strike Force into first place in the Manitoba Major Soccer League's 5th Division with a 7-2 record and 21 points, one point ahead of Argentinos FC.

"This (season) reminds me of the good old days," said the Strike Force's Kris Pellaers. "It was hard getting good, committed players on our team - that was the big thing. Division I didn't have a team (this year) so we picked up a handful of their players and it made all of the difference. It was good to have solid players with skill."

Defence was a key for Tri-S this season as the Strike Force allowed a league-low 12 goals in nine games. They also scored 30 goals which was second to only to Argentinos FC (35).

Tri-S played BFR AC on Tuesday in a semifinal game but no score was available. If the Strike Force won that game then they would play the winner between Argentinos FC and the Purple Cobras in the league final on Friday (9 p.m.) at Shaughnessy Park.

The Strike Force know they have some unfinished business.

"We have a little bit of work ahead of us," Pellaers admitted. "Regular season doesn't matter, the only thing that matters is playoffs. We have to make sure that we come out for that. We can't be full of ourselves, that's for sure."



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News Tips? Story Ideas? call the Record 204-785-1618



## R.M. OF ST. ANDREWS PUBLIC NOTICE BOARD OF REVISION

PUBLIC NOTICE IS HEREBY GIVEN that the Assessment Roll of the R. M. of St. Andrews for the year 2021 has been delivered to the Municipal Office at 500 Railway Ave, in Clandeboye, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Section 42 and 43 of *The Assessment Act*.

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor, may make application for the revision of an assessment roll with respect to:

- (a) liability to taxation;
- (b) amount of an assessed value;
- (c) classification of property; or
- (d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

### APPLICATION REQUIREMENTS

- 43(1) An application for revision must
- (a) be made in writing;
  - (b) set out the roll number and legal description of the assessable property for which a revision is sought;
  - (c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
  - (d) be filed by delivering it or causing it to be delivered to the office indicated below or by serving it upon the secretary, at least 15 days before the scheduled sitting date of the board by November 1st, 2021.

Board of Revision  
Rural Municipality of St. Andrews  
Box 130  
Clandeboye, Manitoba  
R0C 0P0

The Board shall not consider an application that is not in compliance with Section 43(1).

The Board of Revision will sit on **Wednesday, November 17th, 2021 at 10:00 a.m.** in the Council Chambers of the R. M. of St. Andrews, 500 Railway Ave, at Clandeboye, Manitoba to hear applications.

**Applications received after 4:30 p.m. November 1st, 2021 will not be considered.**

Dated this 4th day of October, 2021 A.D.

Pamela Harding, CMMA  
Secretary, Board of Revision  
R. M. of St. Andrews  
P.O. Box 130  
500 Railway Avenue  
Clandeboye, Manitoba  
R0C 0P0

# take a break > GAMES

## SUDOKU

		6			4			2
	1							
						7	3	9
		2						
1	7					6		3
				9	1	8		
2								1
	3			8		5		
4			5	3				7

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9	4	5	8	1	7	3	6	
1	6	3	9	4	7	8	2	
5	7	8	1	2	6	3	4	9
3	2	9	8	4	5	6	7	1
4	1	6	7	9	3	2	8	5
6	3	7	5	1	9	4	2	8
8	9	4	3	2	6	5	1	7
2	5	1	7	4	8	9	6	3

**Sudoku Answer**

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The Rural Municipality of St. Andrews is accepting tender quotations for the following contracted positions:

- Landfill Operator – Clandeboye Waste Disposal Ground (Class 2 Facility)
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For more information on the job duties and responsibilities, please refer to the R.M. of St. Andrews website under Public Notices at [www.rmofstandrews.com](http://www.rmofstandrews.com)

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**Submission of Interest & Closing Deadline:**  
Please identify which facility you are applying for and submit a letter of interest/proposal with qualifications, along with a resume and tender bid forms to the undersigned no later than **Friday, October 22 2021, at 12:00 pm.**

\* Tender bids & resumes can be submitted in person, emailed, or mailed to the Municipal Office.

Please be advised, only candidates selected for an interview will be contacted.

**Ron Hahlweg, C.E.T.**  
Environment/Utilities Manager | R.M. of St. Andrews

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## NOTICE TO CREDITORS

IN THE MATTER of the Estate of Harvey John Lunn, late of the City of Winnipeg, in Manitoba. Deceased. ALL CLAIMS against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at the 30th Floor - 360 Main Street, Winnipeg, Manitoba R3C 4G1, on or before November 3rd, 2021 DATED at Winnipeg, Manitoba, this 16th day of September, 2021  
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Per: Harmanjit Mavi  
Solicitors for the Estate

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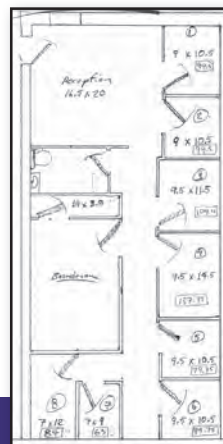
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New Listing: Fisher Branch, picture perfect, must be seen, over 1600 sq. ft.

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**CINDY LITTLE** 204-979-3364

**LUDA KOZLOVA** 204-997-7756

**ELLEN WYKA** 204-376-3400  
New Listing, Arborg. 3 bdrm. bungalow, full basement, lot 150 x 120.

Well maintained 3 bdrm. bungalow, att. garage, private yard, Arborg.

Arborg, must see. Picture perfect bungalow, private yard, garage.

**KATHY MARKS** 204-642-8501

**JOHN WISHNOWSKI** 204-479-1208

**76 Loch Woods Drive** Amazing 2 bdr/2bath home on 1.1 acres just N. of Gimli! Extra out buildings as well. **Dave Humniski** 204-642-8501

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# Announcements

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**ANNOUNCEMENT**  
**ANNIVERSARY**



Happy 15th Anniversary  
Dear Husband Brad,

You are,  
The beat to my heart  
The peanut to my butter  
The best to my friend  
The franks to my beans  
You are my fire, the one I desire.  
Life has given us a wonderful family and  
most importantly it has given us each other.  
Let's keep makin' waves and catchin' rays!  
-Love your wife Amber

**Don't Forget Your Loved Ones**  
WITH AN ANNOUNCEMENT IN THE

*Selkirk Record*

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**ANNOUNCEMENT**  
**ANNIVERSARY**



Happy 50th Wedding Anniversary  
October 9, 1971

Congratulations to  
**Buck (Alfred) and Sharon (Lovey) Anderson**  
It has been a tremendous journey full of love and laughter.  
We are thrilled to be along for the ride.  
-With love from Stacy and Jackie, April and Frank, Kevin and Taylee  
and your grandchildren, Brayden, Hayley, Kayden and Kylin



**ANNOUNCEMENT**  
**BIRTHDAY**



Happy 3rd Birthday Rylar  
To the world you may be one little person  
But to me you are the world!  
-Love Grammie Minnie

**ANNOUNCEMENT**  
**IN MEMORIAM**



Lena Meger  
October 6, 2013  
You are missed each  
And every day.  
For you were  
Someone special  
Who meant more than  
Words can say.  
Always in our thoughts,  
Forever in our hearts.  
-Lovingly remembered and sadly missed,  
Doug, Tanis, Roger, Kim and Michele

**Celebrate Your Loved Ones**  
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**ANNOUNCEMENT**  
**IN MEMORIAM**

**Arthur (Art) Gooley**  
May 13, 1934 - October 6, 2019  
A golden heart stopped beating,  
Hard working hands at rest,  
God broke our hearts to prove to us  
He only takes the best  
-Sadly missed and forever loved  
by your children,  
Charlene, Darlene, Tracy and Jason  
and their families

**ANNOUNCEMENT**  
**IN MEMORIAM**

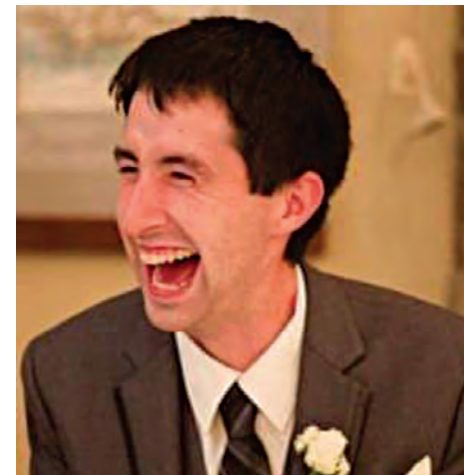
**Bernice Gooley**  
July 9, 1935 - October 10, 2011  
Ten years have passed  
Since we said good-bye,  
Forever in our hearts,  
Forever by our side.  
- Sadly missed and forever loved by  
your daughters Charlene and Darlene,  
and their families

**ANNOUNCEMENT**  
**IN MEMORIAM**



Kenny Roy  
Miss you Kenny.  
-From your friends and customers

**ANNOUNCEMENT**  
**IN MEMORIAM**



Myles Brown  
October 7, 1988 - October 3, 2016  
It has been five years now since we lost you.  
Gone, but never forgotten.  
Your beautiful smile, your incredible sense of  
humour and laugh, all are imprinted on our  
memory forever.  
You were a wonderful son, brother, uncle,  
grandson and friend to so many.  
Fly with the eagles my boy.  
We love you and will see you again one day.  
-Dad, Mom,  
Danielle, John, Matthew and Dallas

**OBITUARY**



**Donald Lorne Young**  
November 20, 1976 – September 19, 2021

With heavy hearts we announce the sudden passing of Donald on September 19, 2021, at the Selkirk Mental Health Centre, due to under lying health issues.

Don was predeceased by his mother, Bonnie Young, and his Oma, Mia Van Helden.

Left to cherish his memory are his father Harry Van Helden (Jo-Anne), Cheryl Davreux, his sisters Mia and Monica, brother David, and nephews Drake and Oliver.

As a child, Donnie loved being outside. He loved and always looked forward to family camping trips and spending summers at the family cottage at Star Lake. Donnie loved being a big brother. He was always playing with his little sisters and never had to try too hard to convince them to join in on any new game or adventures

he would think up. They loved him and will cherish the many memories of their shenanigans together. Donnie was adventurous at heart. Whether he was jumping his bike off the dock at West Hawk Lake, snowboarding in the Rockies, surfing at Cocoa Beach, or riding Space Mountain in Disneyworld, he went for it and he was a natural.

Don struggled with mental illness in his later teen years and throughout his adult life. Through his struggles, Don taught us patience and kindness as we all tried to cope with his illness. He will be sadly missed by all who knew and loved him.

The family would like to thank Manitoba Adolescent Treatment Centre, Psych Health, P.A.C.T., and Selkirk Mental Health Centre for everything they did to help us keep Donnie safe through the years.

Cremation has taken place and a private family service has been held.

May you rest in peace now Don, and be free from all your pain.

The family requests those who wish to express sympathy to consider making a donation to Peer Connections Manitoba in Don's name.

Condolences may be left of Donald's memorial page at [www.interlakecremation.ca](http://www.interlakecremation.ca)

Arrangements entrusted to



**OBITUARY**



**Clive Rennie**

It is with heavy hearts that we announce the passing of Clive Rennie, our Dad, Grandpa, and Great Grandpa. He passed peacefully after a short illness with his family by his side on September 28th, 2021.

Clive leaves to mourn his children: Karen (Jeff), Diane (Steve), Tricia (Randy); grandchildren: Kevin (Amanda), Julia, Tony (Kirsten), Stefan (Simone), Brooke, Amanda, and Danielle. He also leaves to mourn 14 great-grandchildren, his sisters-in-law Lijja (James) and Alice, brother-in-law Bud (Judy), and many good friends. He was predeceased by his wife of 44 years and the love of his life, Vera in 2000, and his long-term companions, Anne in 2015, and Pauline in 2019.

Clive was a very dynamic man who enjoyed people and loved the time he spent with friends and family. Although he was 86, he

lived independently and enjoyed reading, exercising, and excursions with his friend Denise. Recently he enjoyed golfing with his good friends, getting together with friends from his block, fishing from time to time, and doing projects that often also helped others, like repairing a birdhouse. He loved social gatherings with the fire department, at the Legion where he was a member, at his block, or with close friends or family. He was a master storyteller, and he had a million of them, each one more interesting than the last.

Clive was born in Winnipeg in 1935 to George and Marion Rennie, their only child. He had a happy childhood living in Winnipeg for a time as well as on the family farm for a few of his formative years in Vivian, Manitoba. Clive left school early and started work with CN Rail, first as an oiler, and worked his way up to dragline operator. He met his wife Vera in his early 20s and they married in 1956. Soon after, Clive went into business with his Dad, purchasing the Star Hotel in East Selkirk and moving to the Selkirk area. In the late 50s, Clive and Vera had two daughters and moved to a home in Selkirk, where they would become life-long residents. After a decade, they sold the hotel and he bought a service station, Rennie's Sales and Service. Clive loved working with his hands, and he trained to become a certified mechanic, an occupation he enjoyed for many years. He was well known for making house calls during harvest season, often fixing combines on the field, or helping friends with the harvest till the wee hours when timelines were tight.

Soon after buying the garage, they had a third daughter, Clive and a few others formed the East Selkirk Fire Department around this time in the late 1960s. He was asked to become Chief, and he took on this role with great pride. He served as Fire Chief for over 30 years, growing and modernizing the department, and also starting the Grand Marais and Narol Fire Departments for the RM of St. Clements. He was instrumental in ensuring a well-trained department, and he was a force in creating the Mutual Aid organization for Southeast Manitoba. In his "spare time," he drove a school bus, and after he sold the garage, he became the route coordinator for the Lord Selkirk School Division. During this time, Clive was elected to the Selkirk Town Council, serving three terms for a total of nine years starting in the 1990s.

Not long after he retired from his bus route coordinator position, Clive was urged to put his name forward for school trustee. He served the LSSD for several terms, and he enjoyed the duties of his position as trustee for well over a decade.

Over the years Clive enjoyed travel throughout North America and to Europe. He was a sportsman who loved to hunt and fish, and in his younger years, he was a gunsmith and competitive marksman. Throughout his life, he had a reputation for being a man who would drop everything to help others when needed. It would be hard to find a better man than our dad, he was the best. We will miss his stories, his smile, his laugh, and his warmth. He was a level-headed, practical guy who cared about others and made friends wherever he went.

Rest In Peace Dad

Celebration of Life was held Monday, October 4h at 2:00 p.m., outdoors at the East Selkirk Fire Hall. Please observe COVID protocols. Maintain a separation of at least two metres from others not in your household. Please wear a mask when indoors. In lieu of flowers, memorial donations may be made to The Fire Fighters Burn Fund of Manitoba. Thank you to the East Selkirk Fire Department for all you continue to do. Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



**Announcements**

**OBITUARY**



**Malcolm Timothy Chambers**  
March 2, 1964 - September 21, 2021

It is with profound sadness and heavy hearts that we mourn the passing of our father, brother, uncle, and friend, at the age of 57.

Malcolm always had a smile on his face and spread laughter among everyone, he will be truly and deeply missed.

Cremation has taken place, and there will be a Celebration of Life held. You may also view this obituary at Korban Funeral Chapel.

**KORBAN FUNERAL CHAPEL**  
204-956 - 2193  
Condolences may be sent to  
[www.korbanchapel.com](http://www.korbanchapel.com)

**OBITUARY**



**Joanne Aileen Hardwick**  
May 26, 1958 – September 17, 2021

It is with broken hearts that the family announces the passing of Joanne. Joey passed peacefully at the Selkirk Regional Health Centre with the comfort of family and extended family at her bedside following a battle with cancer.

Jo/Joey/Joanne as she answered to any of those three names was a kind and generous woman who met life at her own pace. She was well loved and loved in return...she was a hugger. She had a great sense of humour and enjoyed socializing with family and friends. No special occasion required and always a wonderful hostess. She will be truly missed.

Joey had a curiosity for life which led her to many interests over the years including discovering new wines, winemaking, theatre, travel/cruises, gaming, reading in her own library, curling, and experimenting with recipes to name a few.

Joanne worked in the hospitality industry for many years returning to school to obtain a Business Administration degree. She worked in the construction industry following.

Joanne was predeceased by parents Jack and Ruth; and her brother John. She is survived by many cousins and friends.

The family would like to extend their thanks to the staff on the surgical/OR/ER wards, Dr. Anozie, Ed Tiaglie, Dr. Premtilake for their care this past week. Dr. R.R. Lindenschmidt and all the staff at the CancerCare unit Selkirk, CancerCare St. Boniface, Dr. Krahn, Dr. Buchel and Shirley. Selkirk Homecare, Shane Ballentyne, as well as her neighbours for all the help this past year.

Please donate to a charity of your choice if you wish.

Let the journey begin....save me a glass!!  
Love/Luck/Happiness....

In keeping with her wishes, cremation has taken place and interment will be held at the St. Clement's Cemetery, at 1:00 p.m. on Thursday, October 21, 2021 with a celebration of life to follow at the Royal Canadian Legion Basement Hall from 2:00 p.m. - 4:00 p.m. with proof of double vaccination required. Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



**OBITUARY**



**Maureen Jill Spence**  
February 28th, 1960 - September 22nd, 2021

All who knew Maury would agree that she was a local legend, the mold was broken when she entered this world.

Her charisma, signature walk and award winning smile endeared us all.

Maury was born and lived her life in Selkirk, MB. Always surrounded by family and friends, her younger years were full of fun. Tag football on her front lawn, skating on Little Lake Pond or arguing over golf scores on the links.

Later she was drawn to baseball with her Weekenders team and Mushka with the gang. She may have attended a few beer garden festivities at some of these baseball tournaments. Another lure for her was Lockport, lucky enough it was where she met her life partner Craig.

After a stint at Success Business College she became a success! A newspaper gal, like her dad. Where she made even more friends.

A monumental year for her was in 1993, the year her daughter Randi was born. Suffice to say her love for her girl was fierce.

Maury should have probably made it to Broadway, instead she entertained us all with her singing, dancing, joking and that infectious laugh. American Pie was her signature song. Luckily for us she did have the chance to make us people dance, and made us happy for awhile.

We will always carry your memory in our hearts. When you get to heaven Maury - raise a little hell!

Sadly missed and cherished by her life partner Craig, her daughter Randi, her mother Noreen, brothers Randy (Lindsay) and Rod (Joanne), her nieces and nephews and many family and friends.

Maureen was predeceased by her father Dudley.

A graveside service will be held at St. Clements Anglican Cemetery on Saturday, October 9th at 2:00 p.m. Following, friends and family can join to raise a glass at the Army and Navy at 231 Clandeboye Ave. Selkirk.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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**FEATURE OF THE WEEK**



**77.31 ACRE GOLF COURSE!**  
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Be Part of the Boom in Gimli! Currently not in use. Open to development & recreational ideas. Close to aspen park & commercial sector would be great as an established golf facility again. Great value for the price. Due diligence required.

**F E A T U R E D P R O P E R T I E S**

<p>HH TEAM <b>NEW!</b></p> <p><b>\$249,900</b></p> <p>416-216 Melrose Ave W Transcona, Wpg</p>	<p>HH TEAM <b>80 ACRES!</b></p> <p><b>\$394,500</b></p> <p>113142 Rd 13E Fraserwood, MB</p>	<p>HH TEAM <b>SOLD!</b></p> <p><b>\$229,900</b></p> <p>520 Moody Ave Selkirk</p>	<p>ASHLEY <b>NEW!</b></p> <p><b>\$199,900</b></p> <p>157 Sophia Street Selkirk</p>	<p>HH TEAM <b>NEW!</b></p> <p><b>\$349,500</b></p> <p>8-320 Pearson Pkwy Selkirk</p>
<p>HH TEAM <b>NEW!</b></p> <p><b>\$114,900</b></p> <p>#22 55 Invicta St Warren</p>	<p>HH TEAM <b>NEW!</b></p> <p><b>\$225,000</b></p> <p>1565 Hartley School Rd Petersfield</p>	<p>ASHLEY <b>SOLD!</b></p> <p><b>\$299,900</b></p> <p>83122 Two Mile Rd East Selkirk</p>	<p>HH TEAM <b>PRICE DROP!</b></p> <p><b>\$178,500</b></p> <p>316-1671 Plessis Rd Transcona, Wpg</p>	<p>HH TEAM <b>PENDING!</b></p> <p><b>\$269,900</b></p> <p>8156 99 Road N, Rockwood</p>
<p>HH TEAM <b>7.73 ACRES</b></p> <p><b>\$59,500</b></p> <p>1 Tamarack Lane Clandeboye</p>	<p>HH TEAM <b>2.4 ACRES</b></p> <p><b>\$84,900</b></p> <p>1 Fuller Road St. Clements</p>	<p>HH TEAM <b>2.2 ACRES</b></p> <p><b>\$84,900</b></p> <p>7 Fuller Road St. Clements</p>	<p>HH TEAM <b>PRICE DROP!</b></p> <p><b>\$399,900</b></p> <p>51 Peltz Road St. Clements</p>	<p>HH TEAM <b>PENDING!</b></p> <p><b>\$250,000</b></p> <p>8131 Highway #8 Clandeboye</p>

**GIVE US A CALL TO BOOK YOUR PRIVATE SHOWING!**

**COTTAGE SUCCESSION HAS OPTIONS, PITFALLS** *written by George Hacking*

As years pass and values increase in vacation markets, transition to your family can be a sensitive and emotional time. The prices have really jumped in the last few years, so here are some tips to move the cottage in a way that keeps your family feeling good about it. Everything starts with a family discussion. It is a great idea to have an open and honest dialogue, perhaps even before opening the beer cooler. There are multiple considerations: *do you have multiple children? Do they want to share the cottage? Do they want the cottage? Do children already own cottages elsewhere?* You may have one child who uses and helps maintain the place more than others, so how do you want to balance the family dynamics vs succession, i.e. *is fair the same as equal?* Do you, or will you, require the funds to.... **Continue reading at [hackingteam.ca/blog](http://hackingteam.ca/blog)**