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RECORD PHOTO BY JUSTIN LUSCHINSKI

Gerrie Wright of Selkirk, pictured right, smiles while serving up some mashed potatoes and gravy alongside other volunteers during the Gordon Howard Centre's Fall Supper last Sunday evening. For more photos, see Page 9.

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Every child matters': Selkirk schools mark Orange Shirt Day

By Justin Luschinski

Local students handed out buttons and sang Indigenous honour songs to help honour and remember the victims and survivors of residential schools as part of Orange Shirt Day last week.

On Sept. 30 each year, thousands of people gather across Canada to mark Orange Shirt Day, which aims to raise awareness about residential schools and the trauma suffered by Indigenous Peoples. The theme of Orange Shirt Day is "every child matters."

This year events were hosted at both École Selkirk Junior High and at the Comp. Comp students wore orange shirts and handed out buttons during their lunch hour.

Grade 12 student Taylor Stewart, who is also Métis, said over the years she's learned a lot more about residential schools in class.

"Maybe it's the transition to high school, but I think our education system is improving," Stewart said. "It's improving our knowledge, and giving multiple perspectives on residential schools, not just one."

In the week leading up to Orange Shirt Day, students such as Stewart made announcements over the school PA system, informing their classmates about the history behind Orange Shirt

Steve Richard, the Comp's Aboriginal Counsellor, said after 25 years of working within the Lord Selkirk School Division, he's proud that they've embraced reconciliation.

"I've worked hard to create an equal environment for Indigenous students. I'll admit, I got emotional when I heard 'O Canada' in Ojibway," Rich-



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Students at École Selkirk Junior High, pictured above, and at the Comp, below, mark Orange Shirt Day last Friday.

ard said. "I'm listening to it and I'm thinking 'Man! Who could have seen this coming?' 25 years later, and I'm part of a school division that's inclusive, and cares about reconciliation."

Orange Shirt Day was inspired by the story of Phyllis Webstad, who wore a bright orange shirt on her first day attending a B.C. residential school in 1973, but when she got to the school, the teachers took off her blouse and removed her braids.

For more formation about Orange Shirt Day, visit orangeshirtday.org.











Manitoba-based carvers to show off their skills at Holiday Alley

Submitted

The art of the chainsaw is coming to Selkirk for the city's first live wood carving showcase on Holiday Alley.

"Holiday Alley is about diversity and about showing diverse forms of art," said Charley Waters, the organizer of the carving showcase. "Chainsaw carving has been underrated and this gets it the exposure it deserves."

A few Manitoba-based carvers will work through the day, either taking a fresh log to begin a new project or finishing off a previously started one. All the while, turning nature into art.

"Watching me paint is like watching paint dry," said Waters who is also an artist. "Chainsaw carving is exciting, magical even. These people are able to see beauty in a log. They can create this depth and beauty that is true creativity - with a chainsaw."

Some of the carvers in the showcase are hoping this event inspires more people to become chainsaw carvers.

"A lot of people are interested in learning and I tell people to come to the events and you'll learn a lot just watching," said Jim Niedermayer,

one of the first carvers to sign up for the live demonstration. "Every place we've been we've always inspired a bunch of new carvers. You'll see in Selkirk there will be a handful of carvers that will come out of it."

Niedermayer, who lives in Silver Falls, Manitoba, an hour northeast of Selkirk, has been carving for over 40 years. He began carving after seeing other carvers create art in the 70s.

"It was really great to see the passion with the other carvers and it gave me a new look at carving," said Niedermayer. "I didn't realize there were other carvers out there but it's a fastgrowing art and entertainment."

Niedermayer is excited to see a showcase so close to his home and said he'll look for inspiration in the community for what to carve.

"I won't know until the morning when I'm going down there. I might see something on the way and be inspired," said Niedermayer.

Wood carvers interested in participating in the competition can email info@holidayalley.ca.



Making friends along the trail in Birds Hill



RECORD PHOTO BY LINDSEY ENNS A pair of deer were spotted along one of the many trails in Birds Hill **Provincial Park** last Wednesday evening.

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City of Selkirk launches first phase of mobile community museum

The City of Selkirk has launched the first phase of a virtual version of Selkirk's museum that will be community

Your Smartphone will be your guide as you make your way around the city to learn the significance behind our street names, the waterfront, steel industry and so much more.

"Rather than have a museum for the city, we're going to convert the city into a museum through your digital device," said Selkirk CAO Duane Nicol. "Through your phone, you're at the intersection of the past and the present."

This first phase of what will lead in

the long term to an actual building to house the city's artifacts and records builds on the vision laid out in the Capturing Our Shared Heritage paper and the realized benefits of the Selkirk Heritage Endowment Fund (SHEF). That vision is an online hub that delivers an engaging, interactive and inspiring heritage experience to citizens and visitors alike.

Your link to the past is selkirkmuseum.ca and the launch puts you into the building stages of the website, which is optimized for viewing on your phone or tablet. The site is not complete, and according to Nicol, it never will be.

"The reason why we're opening it

this early with limited artifacts at this point is sort of a proof of concept, to get some feedback from people and to see how the site is being used," Nicol said. "Our vision is that it never is quite complete."

City council has adopted a strategy and established a steering committee that is building the foundation of the museum. The strategy has been developed to guide the establishment of the virtual museum and community archive for City of Selkirk.

The strategy dictates that the site be innovative and nimble and in a constant state of construction. Public input is welcome and will also guide the site's development. Long-term goals also include an app that will further enhance your experience and include video, audio, historical re-enactments and stories of personal history told by Selkirk residents.

"In time we want to make it a multi media experience, so it's not just the text and the photos, but it'll also be video and audio, we've got the capacity built in for that," Nicol said.

The site contains a digital archive that is linked to the museum page and expands upon it. The archive will include city records and bylaws as well to 1880 that will open up a world of information for anyone looking to research Selkirk or unlock their family history.

The site now contains a self-guided tour of the streets of Selkirk. The website has an interactive map and includes an icon showing where you are on the tour and guides you to all the stops on the tour. In the streets tour, when you arrive at a specified street, you will be able to click on that street and read about its history. The streets tour concentrates on streets along Eveline Street, and is the first of many tours that will be added as the site evolves.

Eventually, the app will notify users when they pass a place of historical significance and people will be able to contribute pieces of history they have in their possession to the museum for documentation.

Nicol said the long-term goal is still to have a physical museum presence, but the community-owned, 'virtual' museum will fill the gap until that time. The virtual portion will provide a realtime, interactive, heritage experience. It's design will assume that visitors are within the city and will encourage visitors to see and personally experience



SUBMITTED PHOTO

The City of Selkirk has launched the first phase of a virtual version of Selkirk's museum that will be community owned.















SALE ON Thursday October 4 to Wednesday October 10, 2018. Advertised items are available only at your Selkirk Canadian Tire Manitoba Avenue 482-8473 Monday Oct 8 9 AM - 6 PM, Tuesday-Friday 8 AM to 9 PM; Saturday 8 AM-8 PM, Sunday 9 AM - 6 PM.



Fall supper season in full swing

People line up outside the Immaculate Conception Church in Cooks Creek for the church's Annual Fall Supper last Sunday afternoon. Fall supper season starts in September and runs until the end of October in communities across Manitoba. For a full listing of upcoming fall suppers, visit bit.ly/mbfallsuppers.





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Report finds 'no gender discrimination' amongst St. Andrews council, staff

By Lindsey Enns

The RM of St. Andrews says there has been no gender-based discrimination following an internal review into allegations of workplace discrimination and harassment amongst council members and senior staff.

In an emailed statement to local media last Wednesday, the RM's CAO Andrew Weremy said in May council issued a request for proposal to conduct an assessment of administrative and elected workplace environment practices.

In June, Tracey Epp of Winnipeg law firm Pitblado was chosen to do the assessment. The assessment was then completed on Sept. 7 and Epp presented her report to council. According to the RM, in the context of the allegations raised, "the assessment re-

"THE HARASSMENT AND BULLYING I HAVE EXPERIENCED DURING MY TERM AS COUNCILLOR IS VERY REAL."

port concluded that there has been no gender discrimination."

Although the details in the report will remain confidential, due to the sensitive information discussed, Weremy said all seven elected officials and six senior staff volunteered to be interviewed.

The report did suggest however that "council has room for improvement on how they interact with each other and staff."

St. Andrews Coun. Joy Sul, who is also running for mayor in the upcoming municipal election and has spoken openly about the harassment and bullying she has experienced around the council table, says Epp's report "is based on minimal in person interviewing with council members and staff."

Sul said she also wasn't able to attend the council meeting in June when council approved the hiring of Pitlado. She added \$20,000 was taken out of the RM's road budget to conduct this review.

Sul said despite Epp's report, the discrimination complaint she pre-

vously filed with the Manitoba Human Rights Commission is still ongoing.

"The harassment and bullying I have experienced during my term as councillor is very real," Sul said. "It has been witnessed by residents in the audience, some of whom tape the council meetings."

As a result of Epp's report, the RM says it plans to review existing policies and procedures and will pursue training opportunities for elected officials and senior staff to help build and maintain a more respectful workplace.

"This concludes the matter," Weremy said. "We are moving forward with recommendations and will have no further comment."



Home hardware building centre

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Residents reminded to exercise caution near new WSP subdivision

By Justin Luschinski

The RM of West St. Paul would like to remind local and area residents to exercise caution near heavy equipment in and around the new Trails of West St. Paul subdivision.

The RM says it has recently received numerous inquiries regarding the heavy equipment activity at the new subdivision located at Main Street and the northeast corner of the Perimeter Highway.

Residents should be aware that many new homes are under construction in Phase 1, and the developer has started work on Phase 2 within the development. Work currently underway includes underground servicing and building new roads.

West St. Paul Mayor Bruce Henley said the RM continues to grow.

"The province is seeing a huge amount of growth, most of that growth is migrating north of (Winnipeg). We're one of the few communities that have new families moving in, and it's great for the economy," Henley said.

The developer is responsible for 100 per cent of all costs of the infrastructure within the development.

The roads and underground infrastructure (water mains and sewers) are subject to verification that all completed work meets or exceeds the specified engineering standards prior to being accepted by the RM of West St. Paul. The RM encourages anyone driving or walking in the area to exercise caution, as there is heavy equipment at use within the development and also on the nearby highways.

MMF, feds sign action plan to advance reconciliation

The federal government and the Manitoba Métis Federation (MMF) have signed a join action plan on advancing reconciliation and renew the relationship between the Canadian government and the Métis Nation through co-operation, respect for Métis rights, and ending the status quo.

"We are moving forward as true partners at the negotiating table to begin to put reconciliation into action," MMF President David Chartrand stated in a release last week. "This is a truly historic process and we look forward to working with the Manitoba Metis Federation on solutions that promote a lasting and meaningful reconciliation for the benefit of the Manitoba Métis Community and all Canadians."

In order to support this plan, Canada will provide \$154.3 million to the MMF as the parties continue to work to advance reconciliation.

"After years of struggle and successive court decisions that affirm the Manitoba Métis Community's rights and the need for reconciliation, we finally have our negotiating partner in the creation of the province of Manitoba back at the table in a meaningful way," said federal Crown-Indigenous Minister Carolyn Bennett. "This announcement signals a turning point in our nation's history. No longer can our unique history, rights and selfgovernment be denied.

"Today is a momentous milestone for Riel's people."

As the first part of this plan, the MMF will use a portion of this funding to invest in areas it has identified to improve the social and economic well-being of the Manitoba Métis Community. This funding will form part of the reconciliation package that the parties are jointly working toward.

Secondly, the parties will work towards reaching a self-government agreement in a timely manner that recognizes the MMF's legal status, role and jurisdiction as a Métis government and implements the Manitoba Métis Community's vision of greater self-determination.

Thirdly, the funding will support the MMF's transition from its current corporate structure to a self-governing Métis government.



Your vote 2018 - Make it count

October 24, 2018 is municipal election day in Manitoba.

Across our province, residents will be able to have their say on who will lead their community into the future by choosing their mayor, reeve, councillors and school board trustees.

For those of you who think sitting out on municipal elections is no big deal or assuming they are less important and impactful then provincial or federal elections, it's time to think

Mayors, reeves, councillors and trustees are on the front lines when it comes to providing the day-to-day services you count on. Services such as fire, police, sewer and water, parks, social services, garbage removal, public transit, libraries and community clubs - all of which have an incredible impact on citizens' daily

These are challenging times for local leadership. Along with quality of life decisions, they also make decisions that ensure that the infrastructure that connects our communities and supports development is maintained and well planned. This is done all while grappling with the realities of stretched budgets, shifting demographics, keeping up with the advances of new and emerging technologies and adapting to new environmental realities brought on by climate change.

Many of the decisions that affect our communities now and in the future are made at the local level, and these decisions are made by the majority of council or the board. Working as part of a team, sharing differing opinions and coming up with a way forward is perhaps one of the most important tasks of any elected council.

We have all seen un-friendly and less than professional exchanges between political candidates that are designed to impede progress and change - tactics that keep us locked in status quo rather than move us forward.

So this October, when headed to the polls ask yourself this: which candidate has a vision for the future of your community or school? Which candidate can work as a team - embracing new opportunities? And which candidate can manage budgets and make investments to ensure a bright future for your family, your business and your community.

Our local governments have the ability to both influence change and take action, however they too, require support of their community. As citizens of one of the greatest democracies in the world, voting in a local election is not only a right and responsibility but an opportunity to create the change you wish to see.

This column was submitted by Colleen Sklar, Executive Director at Winnipeg Metropolitan Region

IERHA looks to transform health care across the region

By Justin Luschinski

The Interlake-Eastern Region Health Authority (IERHA) wants to transform health care across the region by providing better care at a sustainable cost.

Nearly 100 community and area members attended the IERHA's annual general meeting on Monday evening at the Selkirk Rec Complex. This year's annual report details the inefficiencies of the current system, and how health care is moving away from its focus on hospitals.

Ron Van Denakker, IERHA CEO, says health providers work very hard across the region, but the system is too inefficient.

"Every day, our teams of staff deliver excellent health services, despite working in a system that doesn't make it easy for us. Our key challenges are to address our aging demographic, and to provide more Indigenousbased care," Van Denakker said. "Fifty per cent of hospital beds are filled with people waiting for personal care homes.

"That's why many of these changes are necessary."

Van Denakker said the region faces

"OUR KEY CHALLENGES ARE TO ADDRESS OUR AGING DEMOGRAPHIC, AND TO PROVIDE MORE INDIGENOUS-BASED CARE."

a number of other issues, including encouraging health care providers to practice in the region. The IERHA have worked to fund new personal care home beds, as well as establishing a medical student residency program, which will help encourage physicians to stay in the Interlake.

The IERHA has also aimed to balance its budget, bringing it in line with the province's efforts to curb ballooning health care budgets. But there might be some larger changes to health care in the region.

Dr. Brock Wright, CEO of Shared Health Services Manitoba, said future health care will focus less on hospitals and more on having easy access points to care.

"The world is changing. In the past, it was all about 'get to your nearest

emergency department.' The issues now is more 'call 911, and get access to emergency medical services," Wright said. "Increasingly, the people who come get you are more highly trained than in the past. They can start treating you there, and they can treat you as you drive.

"În some cases, you might not need to go to your nearest hospital, they might drive you further to get you to a facility that has the right equipment for your problem."

Van Denakker said they will be accepting their first intake of new student doctors in July 2019. They're also establishing "My Health Teams," where multiple professionals work together to look after one individual's healthcare needs. They will also be opening a Rapid Access Addiction Medical Clinic (RAAM) in Selkirk, which will assist people with substance abuse.

The province is also hiring 60 new paramedics, 26 of which are coming to the Interlake region.

For more information on the past year's progress in the IERHA visit their website at ierha.ca to see the "2017-18 Annual Report."

Siling Regard



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Lindsey Enns



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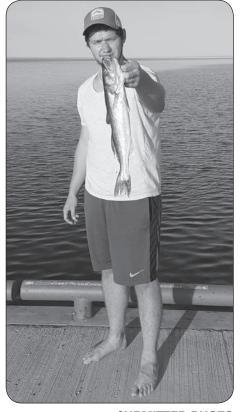
Catching fish with your hands

Welcome fellow fishers.

Some guys are pretty lucky. Not all of us have a job where you can move around southern Manitoba working as an electronics technician and if you're close to a fishing spot you just break out your gear and drop a line in while chomping on a noon hour sandwich. Nathan Morgan is that kind of a lucky man. I met him mid day on the Hnausa pier sitting in his van, his rod sticking out his drivers' window as he was finishing eating. We began shouting at each other through open windows as he reeled in his line. He said it was time for him to get along but when he realized I wrote a fishing column he took a few minutes to share a picture of one of his catches here. He lives with his wife in Woodlands northwest of Stonewall and loves to fish. He asked me where the big pickerel were and I told him the commercial boys at Balsam Bay and Gimli that I talked to say they're coming down from the north a little sooner than usual because the water is so low it's cooling off faster. That brightened his day!

Down along the rocky shoreline on the downside of the Powerview Dam on the Winnipeg River last Saturday, a bunch of us watched shaking our heads in disbelief as two guys, one in a "bathtub" sized dingy and the other in the turbulent water wearing hip waders were net fishing."Doesn't that guy know if he goes under by those whirlpools the waders will fill up and keep him down?" a guy behind me wondered out loud. Just as he said it, it happened! We all held our breath until we saw him pop up and hang onto the side of the dingy as the guy in the "tub" poled to shore. Wow!

I left the gang muttering amongst themselves and walking north along the shore saw a chap laying on a big flat rock his rod stuck in a crack beside him. I went up to him to strike up a conversation. He rolled his lanky



SUBMITTED PHOTO Nathan Morgan of Woodlands with one of his catch off the

body my way revealing a prominent chin, nose and forehead framed by dark black straight hair. "How's the fishing?" I asked. He smiled hesitating, then in broken English said, 'good-maybe," as he pointed to two small pickerel on a string in the water. One could see he wanted desperately to talk to me but trying to speak in nervous haste only served to make it harder for him. I tried to put him at ease asking, "Did you fish when you were a kid?" He beamed, smiling, nodding his head up and down vigorously, "yeah, in Latvia, we had nothing for fishing so we catch fish with hands," he struggled trying to express himself. He went on describing; when he was about ten there was no money for fishing gear so he and his friends

devised a way to catch fish in the local marsh fields along the edge of a creek. They would tramp the marsh weeds down in a circle roughly the area of a car then fan out from it still in a circular formation. They would then turn toward the stomped circle and splash with their feet and hands disturbing the ankle deep water scaring the fish to the centre. Reaching the flattened weeds they would sit down in the water, spread their legs wide and "walking on their butts" move to the centre catching the "corralled" fish by hand and throwing them up onto the creek bank. I asked him for his name but he frantically shook his hands in refusal so we'll just have to nick name him "Bert" as we have others in the past.

By Selkirk, on the Red River bank

where Hwy #509 and #204 meet, I saw a fellow standing waiting for someone last Thursday. I drove down the steep road and as I came up to him rolled down my window asking, "Are you going fishing?" "Yeah, I'm waiting for my buddy," a slim, brown haired guy with a touch of grey in his day old face stubble responded. I got out of the car and offered my card as our new friend said,"I'm Dean Senek from just across the river.""You've fished this river all your life?" I asked. "Yep," he said. We looked out across the river, the cold swirling wind scared up little wave patches. "My friends and I used to fish off the Reds banks by Calder and Craig Road every afternoon till dark," he reflected. "Many were the times our parents came looking for us and gave us "what for" as they chased us home. That was until we started catching fish. Then staying out till dark was ok including Uncle Dave who loved to smoke the Goldeye we caught. Sometimes we would come in cold and tired with a few fish and he would say, is that all? Why didn't you stay out

See you next week friends, bye now.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Gordon Howard hosts fall supper



RECORD PHOTOS BY JUSTIN LUSCHINSKI Volunteers serve up a fall supper at the Gordon Howard Centre last





Small businesses welcome new NAFTA agreement

Submitted

Small and medium-sized enterprises can breathe a sigh of relief with the progress of NAFTA negotiations.

The Canadian Federation of Independent Business (CFIB) welcomes the United States-Mexico-Canada Agreement (USMCA) but cautions that the federal government must work to address key issues affecting Canadian businesses as it finalizes the details.

"We are glad to see a new agreement in place and we congratulate Foreign Affairs Minister Freeland and her team on their successful negotiations. Small businesses need stability in international trade so they can plan for growth and the future," said CFIB President, Dan Kelly. "CFIB is particularly pleased that the new agreement includes a dedicated small business chapter."

Although the new agreement is a welcome sign of certainty for many businesses, some firms, including small retailers and producers in sup-

ply managed industries, have remaining concerns that need to be addressed:

- Affected supply managed sectors will need a detailed transition plan, adequate compensation and assurance that relief measures will work for smaller producers.
- The new \$150 minimum limit for duty-free online purchases and \$40 sales tax exemption may put small Canadian retailers at a competitive disadvantage.
- CFIB calls for a quick end to steel and aluminum tariffs and all retaliatory measures in light of the new agreement.

"While it is good news for small firms that Canada will have more secure access to its largest trading partner, the past year highlights that we need to continue to diversify our markets and empower small businesses to succeed at home and abroad," said Corinne Pohlmann, CFIB's senior vice-president of national affairs.

Help plan the next provincial budget.

Manitobans Making Choices

Manitoba's Finance Minister, the Honourable Scott Fielding wants to know what you have to say about the challenges and opportunities facing Manitoba's economy.

That is why he is hosting a series of meetings across the province to hear what Manitobans have to say about the next provincial budget.

You are invited

A meeting is being held in Selkirk on Monday, October 15 and you are invited to attend. Please take this opportunity to share your views with Minister Fielding.

Location: Selkirk Inn and Conference Centre

Salon A, 162 Main Street, Selkirk, MB

Time: 7 to 9 p.m.

Other options

If you are unable to attend this meeting, there are other options you can access to help plan Budget 2019. Create your own provincial budget with the online budget planning exercise or complete the government's online survey. Learn more about these options at manitoba.ca/makingchoices.

If you wish, you may also write to Minister Fielding, c/o Budget Consultations at the following address:

Room 103, Manitoba Legislative Building, 450 Broadway, Winnipeg, Manitoba R3C 0V8

Accommodations are available upon request. Please email budget2019@gov.mb.ca





Inclusion Selkirk working towards a more inclusive community

By Justin Luschinsk

Community Living Selkirk has changed is name to Inclusion Selkirk, and plans to continue promoting an inclusive work environment across the Interlake.

Maria Freeman, Inclusion Selkirk's executive director, said they decided to change their name to better reflect the work they do.

"We changed our name to reflect the work we do in the community. We've always worked towards a more inclusive community, and we wouldn't be where we are without the support of everyone," Freeman said. "Every year when I sit down to do our AGM, I'm shocked by how much we could accomplish."

Community and area members were



PUM

invited to celebrate the organization's new name and website, hear what they've been up to during their AGM and help launch their plans for 2018 and beyond during a wine and cheese

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evening at the Selkirk Golf and Country Club last Tuesday evening.

The event showcased what the organization has been working on as well as featured some of the workers who have benefited from their program.

At their AGM, Inclusion Selkirk revealed they have been working on a new accessible group home. This home is fully accessible, and can accommodate four people on the main floor, with two self-contained suites in the basement that can support independent living citizens.

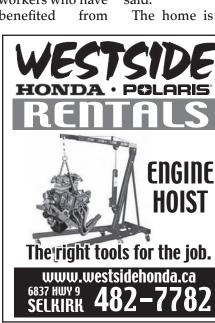
"Those independent suites are for clients who want to live on their own, but their family might be worried, and they want them to live in an environment where they can get some assistance while living alone," Freeman

The home is expected to open its

doors this month. Inclusion Selkirk is also looking to renovate it's Community Threads building, making it more accessible as well as expanding it's skills division, which helps people with intellectual disabilities learn how to work and live in the community.

Freeman said their parent organization also RECORD PHOTOS BY JUSTIN LUSCHINSKI

Inclusion Selkirk, formally Community Living Selkirk, staff, clients and community members gathered at the Selkirk Golf and Country Club for the local organization's AGM and open house last Tuesday evening.



changed their name, and they felt it was time to rebrand the Selkirk branch as well. She said this new name will hopefully encourage more people to support their efforts, whether that's shopping at Community Threads or eating at Riverside Grill.

Kelsey Franzen, a waitress at Riverside Grill, used to be bullied at school for her disabilities. She struggles with anxiety, but says after working there, she feels more confident in herself.

"It feels good, working there. I used to get bullied, I have anxiety. But since I started working there, I have more confidence. I feel a lot better, I get to meet new people," Franzen said.

For more information about Inclusion Selkirk, visit inclusionselkirk.ca



For School Trustee Ward 5 Oct 24, 2018 Re-Elect Shirley Onishko

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Selkirk Friendship Centre relaunches Youth Mentorship Program

By Justin Luschinski

The Selkirk Friendship Centre has relaunched its Youth Mentorship Program after it was shut down last year.

The program, which runs out of the Selkirk Friendship Centre Inc. building located at 222 Manitoba Ave., supports at-risk youth and young adults ranging in age from 13 to 29, and gives them a place to hang out from 3:30 p.m. till 7 p.m. on weekdays. The program previously gave youths a safe place to relax and do their homework, while encouraging a healthy lifestyle and helping them achieve a sense of community.

Brandy Lee, the current co-ordinator for the Youth Mentorship Program,

says there aren't a lot of resources for teens in the city.

"So many things happen, and everybody is so quick to blame the youth, but what do you want them to do with their free time? Lots of their families are low income," Lee said. "You have a movie theatre or the bowling alley, both cost money. There's nothing to do if you're 13 to 29."

The youth program shut down between March 2017 till June 2018. They're funded through the Manitoba Association of Friendship Centres as well as several federal grants, but they were not able to receive federal funding in 2017. Since then, they've received funding for a period of five

years, but that's only enough to afford two full time staff and two part time helpers. The program originally ran with eight full-time staff.

Carly Chartier, a co-ordinator with the Selkirk Friendship Centre, said they're applying for every grant they can to help expand the program.

"Currently we work with a budget of about \$400 per month, which includes recreational supplies and food. A lot of kids would come here in the morning and stay until we closed at 7 p.m., so we have to feed them," Chartier said. "We had 20 youth come here every day we were open, that's a whole bag of apples and tubes of yogurt gone in a day.

"It's hard to feed them healthy food on a budget like that."

Lee said that without the program, the at-risk youth they helped would fall back into bad habits, sometimes ending up in jail, or stuck living in abusive homes with no hope of relief.

They've received support from the Selkirk Community Renewal Corporation, which is helping with food costs, and they're looking for two part-time staff to help them with their future plans for the program.

For more information about the program or to sign up, call the friendship centre at 204-482-7525.

Manitoba establishes new trust accounts for agri, hail insurance

Submitted

The Manitoba government and the Manitoba Agricultural Services Corporation (MASC) have established two new trusts for Manitoba's Agri-Insurance and Hail Insurance programs.

"Establishing these trusts clearly demonstrates that these funds are strictly for the benefit of insured producers and provides greater transparency to the public in that these funds cannot be used by government for any other purposes," said Agriculture Minister Ralph Eichler. "The creation of these trusts, with MASC as the trustee, will provide continued assurance to participating producers the Manitoba government is committed to the industry and that these funds will be available when needed."

Budget 2018 included Manitoba's Fiscal Responsibility Strategy: Keeping Our Promises, which set clear objectives to manage future financial volatility, and to improve financial transparency and accountability. It also put a greater focus on summary or whole of government reporting for all departments and approximately

180 other reporting entities including MASC. The minister noted establishing the trusts will help achieve these

As the trustee, MASC will remain in control of these funds and ensure they are solely for the benefit of Manitoba's participating agricultural producers. The trusts will ensure that funds are only used for the benefit of insured producers and that no changes to the programs are forthcoming. This change protects these funds from use by future governments, and puts Manitoba on the leading edge allowing producers to protect their money.

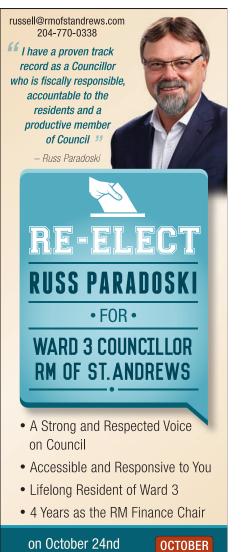
"MASC is committed to supporting Manitoba's financial reporting initiative," said Jim Wilson, chair of MASC. "I also want to assure agricultural producers that their contribu-

tions to the trusts will be available to pay indemnities when protection is needed in years of adversity and challenging weather conditions."

AgriInsurance and Hail Insurance are the first line of defence for the crop sector by providing agricultural producers with effective insurance products to manage production risks caused by weather, such as rain, hail or drought.

Ensuring that these types of insurance tools are available is one way the Manitoba government supports the industry in its efforts to produce a consistent supply of quality raw product. The minister noted this is crucial to attracting value-added investment to Manitoba, such as the almost \$1 billion in recent investments by Roquette and Simplot.

AgriInsurance programs across Canada operate under the Canadian Agricultural Partnership, a federal, provincial and territorial agreement. Premiums are cost-shared among the federal and provincial governments, as well as producers. The Hail Insurance program, including administration costs, is solely funded by premiums paid by producers.



RE-ELECT

RUSS PARADOSKI





Home Hardware, Tree Canada help bring 18 new trees to Ruth Hooker

By Lindsey Enns

Selkirk Home Hardware Building Centre along with Tree Canada celebrated the eighth annual National Tree Day by donating and helping plant 18 new trees at Ruth Hooker School last week.

The Selkirk elementary school was chosen as this year's plant site because they are currently making improvements to the school yard to make a more inviting space for students and families who use the playground.

"The students at Ruth Hooker School are excited for the opportunity to have trees planted in our vard," Ruth Hooker School principal Lucille McGillivray said. "Students have often voiced how they wish they had shade on those hot summer days and now their wish has come tree.

"This is the first of many great changes to come in our school yard. Our hope is that we can make this space safe and clean and a community space enjoyed by all."

This is the third consecutive year that Selkirk Home Hardware has taken part in Home Hardware's annual tree plants with Tree Canada.

"We have enjoyed great support from the local community, and this is





RECORD PHOTOS BY LINDSEY ENNS

Ruth Hooker School is now home to 18 new assorted trees following a tree plant celebration last Wednesday morning. The tree plant was made possible thanks to a partnership between Selkirk Home Hardware and Tree Canada.

an excellent opportunity to give back in a real and tangible way to thank our customers and community for their support over the years," said Rob Borthistle, dealer-owner, Selkirk Home Hardware.

This year, 36 Home Hardware locations will participate in tree planting initiatives across the country. Since 1992, Home Hardware locations have planted 25,792 trees, valued at nearly \$1.4 million, in green spaces across Canada.

Ken Fosty, Tree Canada's Manitoba community advisor, said since 1992, Tree Canada has planted more than 82 million trees across Canada, greened 650 school grounds and helped more than 500 communities establish permanent tree cover.

"The trees that we're planting today will provide multiple benefits including shade, shelter, a esthetic beauty, recreational benefits, wildlife habitat

as well as clean air," Fosty said while addressing Ruth Hooker School students, staff and local dignitaries last Wednesday.

National Tree Day falls on the Wednesday of National Forest Week. This day is celebrated across the country with tree dedications, plantings, educational workshops, outdoor education walks, interpretive days, schoolyard plantings and seminars,

City of Selkirk sidewalks get affordable safety upgrade, improvements

Submitted

Getting around Selkirk on foot is now safer thanks to improvements made to sidewalks throughout the city.

Selkirk CAO Duane Nicol said as part of the city's Capital Asset Management Program (CAMP), the city assesses the condition of its sidewalks and plans for their repair and replacement. This year, the city enhanced its program by working with an innovative company that specializes in this work.

"The foundation of our program is continuous improvement. This new process means we will do a better job of assessing sidewalk condition, reducing risks, and ensuring repairs are done to extend lifespan, rather than waiting until failure and replacing, using a 'worst is first' model. It means we can be proactive rather than reactive. In the long-run we'll have better sidewalks at a lower cost," Nicol said.

Ryan Sicinski, the city's manager of public works, said the city contracted Safe Sidewalks in June to do an assessment of the 55.5 kilometres of sidewalks in the city and what degree of trip hazard they posed to those walking on them. Using a condition assessment scale of 1-5, with 5 being an extreme trip hazard, the company

created a GPS map with ratings indicating the state of sidewalks.

In September, they returned and repaired 138 locations throughout the city that had a 30 mm variation in surface level. This was done by using a new cement grinding technique that levels rough and blunt areas to make them flush with the rest of the sidewalk eliminating the need to replace

"It's an extremely cost effective way of prolonging the life of the sidewalk and making our active transportation network safer for people," Sicinski

Sicinski said \$17,000 was spent on the assessment and repairs, substantially

less than \$55,200, which is what it would have cost to re-pour concrete in all the locations that were repaired.

City staff members have been trained to assign a one to five rating to city sidewalks,

so repairs will be an ongoing project, and an overall assessment will be done every five years.







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Manitoba's landscape, people inspire art show at Gwen Fox

By Lindsey Enns

A pair of painters and fibre artists want you to see Manitoba's people and landscape through their eyes during this month's art show at the Gwen Fox Gallery.

Longtime friends and artists Judith Panson of St. Andrews and Kathleen Hamaan Buckoski or Winnipeg have teamed up for their show entitled "People and the Land," which runs until Oct. 27 at the Selkirk art gallery.

Judith said the 47 pieces in the show, which include landscapes and selfportraits in both paint and fibre art as well as mixed mediums, were very much inspired by Manitoba's landscape and its people.

"The theme is literally people and the land but it's our interpretations," Judith said while sitting inside the Gwen Fox Gallery last Wednesday.

Both Judith and Kathleen have been showing their work in various art shows since 1985 and agree their work has evolved over the years. The pair met while teaching art at a high school in Winnipeg in the early 1980s. They have also both been members of the local art gallery for several years.

"We work very well together. I think we play off each other in what we're working on," Judith said.



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RECORD PHOTO BY LINDSEY ENNS

Artist's Kathleen Hamann Buckoski, pictured left, and Judith Panson, right, are each pictured in front of one of their pieces on display this month at the Gwen Fox Gallery as part of their People and the Land art show.



Many thanks to those responsible for the above nomination. A great evening was enjoyed by all at Fraserwood Hall.

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"Especially with computers nowadays, we email back and forth a lot of things that we're working on," Kathleen added.

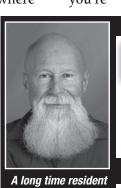
Both Judith and Kathleen say they enjoy being able to showcase their art during shows like this one.

"Being an artist is one those things where you're

"THE THEME IS LITERALLY PEOPLE AND THE LAND BUT IT'S OUR INTERPRETATIONS."

working in your studio so you're very much isolated," Judith said, adding art shows are a great way to connect with other artists.

The People and the Land art exhibit runs until Oct. 27 at the Gwen Fox Gallery located at 250 Manitoba Ave. An opening reception for the exhibit was held on Sept. 30. For more information and gallery hours, visit gwenfoxgallery.com.



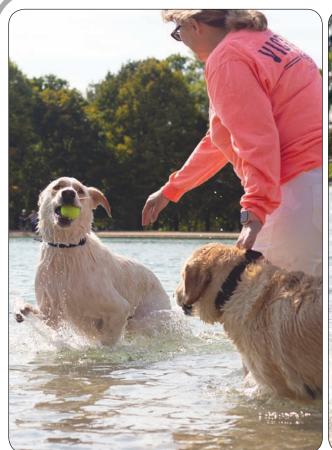
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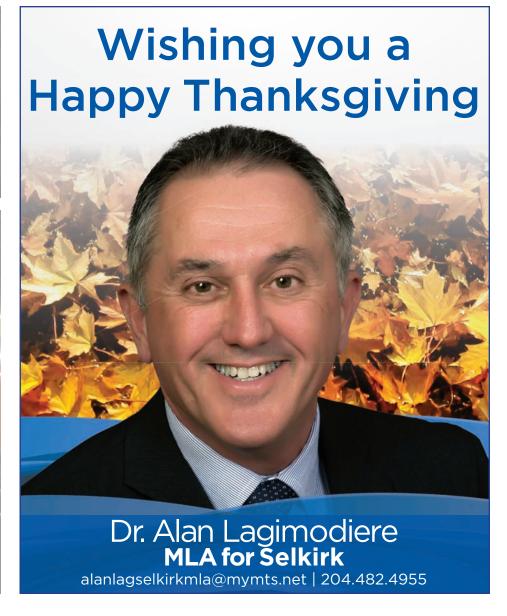
Archie goes for a swim

RECORD PHOTOS BY JUSTIN LUSCHINSKI

Archie, a two-year-old a labrador pyrenees mix, enjoys the Selkirk Park Pool during the City of Selkirk's K9 Swim and Splash on Sept. 9. As the city prepared to close the pool for the season, residents were allowed to bring their dogs to enjoy the water on a warm September afternoon.









4

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FIRE PREVENTION WEEK





Wood heat seven tips to reduce

Do you use wood heating? While few things are cosier than a wood fire on a cold winter's day, using a fireplace or wood stove comes with a number of safety risks. To minimize fire hazards, and protect your property and family, follow these key tips:

1. At the beginning of each wood-burning season, check your chimney and fireplace or stove before using them. Make sure that your chimney isn't obstructed; that the stonework, the door's seal and the seals inside the fireplace are in mint condition; that the refractory bricks inside the wood-burner are whole and that the chim-

ney is not rusted or 2. Store most of your v

just a few bundles i 3. Get your chimney s cords of wood. This

deposit created by !

- 4. Use quality wood. I logs at a time to rec
- 5. Since complete com air gets into your fir
- 6. Clear the space are flammable material
- 7. Regularly throw hot raised bottom. Plac at least one metre a for three to seven down.

All new firepla by a



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ake sure it's dry and only burn a few small ce creosote buildup.

ustion creates less smoke, make sure enough place or stove to keep the flames going.

nd the fireplace or stove. Don't leave any near it and make sure air can circulate freely.

shes away in a closed metal container with a the container on a non-combustible surface ay from buildings and flammable materials ays, or until the ash has completely cooled

s and wood stoves should be installed ofessional. It's a safety issue!



Portable fire extinguishers: making the right choice

If your fire extinguisher was made before 1985, be sure to replace it ASAP.

Used to douse the flames of a burgeoning fire, a portable fire extinguisher is a valuable piece of safety equipment that you should have on hand at home. Do you need to buy or replace one? If so, be sure to look for a fire extinguisher that has the following four features:

- 1. It has a seal from a recognized organization such as the Underwriters Laboratories of Canada (ULC).
- 2. It can put out A, B and C type fires. In other words, it puts out fires from combustible materials (wood, paper, cloth, etc.), flammable gases or liquids (oil, gas, grease, etc.) and electrical equipment (wiring, electrical panel, etc.).
- 3. It has a minimum 2A 10B C rating, which means it can put out a 2 ft³ paper or wood fire (2A) and a 10 ft² gas or oil fire (10B). The letter C means that the extinguishing agent does not conduct electricity.
- 4. It's lightweight and easy to use, since the extinguisher won't be of any use if it's too heavy for you to wield.

Furthermore, check whether it's refillable or has a limited lifespan.

Once you get home, install the fire extinguisher near an exit, but at a good distance from possible fire sources (oven, heater, etc.). Most importantly, learn to use it and be ready to act in case of an emergency.



When choosing a fire extinguisher for your home, make sure you can easily pick it up and use it.

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Selkirk doctor celebrates Easton Place Clinic sod turning

By Lindsey Enns

Three gold coloured shovels in the ground and plenty of smiles helped mark the start of construction of the first phase of a new health, wellness and doctor training centre opening in Selkirk next year.

Crews officially broke ground on the 16 acres of land where the Easton Place Clinic is being built, across from the Selkirk Regional Health Centre on Easton Drive, during a brief sod turning gathering last Wednesday afternoon. Construction of the first phase of the project is expected to be completed in the summer of 2019.

Dr. Anthony Anozie, the owner and driving force behind Easton Place, says it took him nearly eight years to get this project off the ground so he's glad it's finally moving forward.

"This place will be equipped for teaching, it will be a state-of-the-art facility, which will hopefully be attractive to helping us to recruit and retain doctors in the Interlake and Selkirk," Anzoie said in Selkirk city council chambers following a brief sod turning gathering at the construction site last Wednesday. "We hope the (Interlake-Eastern Regional Health Authority) will join with us to make this a success."

Selkirk MLA Alan Lagimodiere thanked Anzoie for his commitment



Dr. Anthony Anozie, pictured

RECORD PHOTOS

BY LINDSEY ENNS

below, the owner and driving force behind Easton Place Clinic, speaks during a brief gathering in Selkirk city council chambers following the project's official sod turning, pictured left, last Wednesday afternoon.

to the community.

"I know it's been a long hard grind but it is such a great day to see a sod turning event today and finally see this project on the road," Lagimodiere said."I wish you all the success in the future."

Selkirk Mayor Larry Johannson said the city and surrounding areas have been waiting on this project for a long time. Johannson said once Easton Place is complete and along with the Selkirk Regional Health Centre and the Selkirk Mental Health Centre, the city will "truly be a medical centre of excellence."

The Easton Place project was origi-

nally announced in 2016 and construction was expected to begin last summer. Anozie said the project was delayed due to multiple reasons including "political obstacles." The project is being personally funded by Anozie, with some assistance from Sunova Credit Union.

The first phase of the project will be the medical clinic, which will be home

to an array of doctors including an orthodontist, dentist, chiropractor, physiotherapist, optometrist, audiologist as well as visiting specialists to make it easier for patients to access

multiple medical experts in one day.

The second phase will be the health, wellness and education centre, which is being described as "the heart of Easton Place." The non-profit centre will serve as a community hub for physical activity, nutrition, coaching and education.

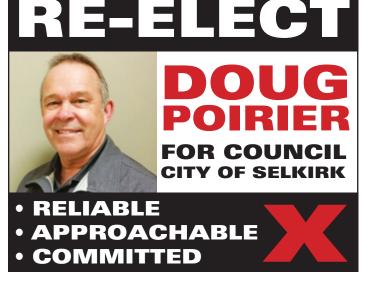
The third phase will be a retail and commercial mall equipped with a restaurant plaza.

Lastly, the fourth phase will be a transitional care facility, which will serve to help those recovering from surgery or those unable to manage at home alone.

Once complete, it is estimated the health and wellness centre could cost around \$80 to \$100 million.









In order to run for a position on the **Executive or vote, members must have their** 2018 membership paid by October 31, 2018

THE GENERAL AND NOMINATION **MEETING** WILL BE HELD ON **NOVEMBER 21ST, 2018 AT 7 PM**

All members welcome



et inspi



Makes 15 servings

- 1 fresh turkey, about 15 pounds, preferably free-range
- 1 tablespoon olive oil
- 1 quart apple cider
- 2 teaspoons dried poultry seasoning
- Coarse sea salt and freshly ground black pepper

Remove the giblets from the turkey and discard (or save for another use). Rinse the turkey inside and out and pat dry with paper towels. Rub it all over with salt and pepper. Refrigerate, uncovered, for at least 12 hours and up to 24 hours. During that time, the surface of the turkey will become visibly dry and the skin will tighten; this encourages a nice crisp skin on the finished bird.

Remove the turkey from the refrigerator 1 hour before you plan to start roasting. Preheat the oven to 450 F.

Put the turkey on a rack set in a large, flameproof roasting pan. Drizzle the oil over the top.

Roast for 1 hour. Reduce the oven temperature to 175 F. Pour the cider into the roasting pan and sprinkle the poultry



Holiday Turkey

seasoning in the liquid. Continue roasting until an instant-read thermometer inserted into the thickest part of a thigh (but not touching bone) registers to 170

Transfer the turkey to a carving board, tent loosely with aluminum foil, and let rest for about 15 minutes (see tip). Meanwhile, skim the fat from the surface of the liquid in the pan. Put the roasting pan over two burners and bring the pan drippings to a boil over high heat. Cook until the juices reduce and thicken slightly, enough to coat a spoon, about 10 minutes. Taste for seasoning. Carve the turkey and serve with cider pan juices.

Resting tip: Slow-roasted meats need far less resting time (pretty much none) than those that are traditionally roasted. The reason for resting meat that has been roasted at a high temperature is to allow juices that have collected in the cooler center time to migrate back into the dryer (hotter) exterior sections after it comes out of the oven. Because slow-roasted meats are cooked evenly and a temperature that keeps most of the juices in place, a resting period is largely unnecessary. A brief resting time does allow the meat to become a little firmer as it cools, making it easier to



Serves 8 to 10

Crust

11/2 cups gingersnap cookie crumbs 1/2 cup finely chopped hazelnuts 6 tablespoons unsalted butter, melted 1/4 cup sugar

Filling

11/2 pounds cream cheese, at room temperature

- 1/2 cup packed light brown sugar 1/4 cup granulated sugar
- 2 large eggs
- 2 large egg yolks
- 11/2 tablespoons all-purpose flour
- 2 teaspoons pumpkin pie spice
- 1 cup solid-pack pumpkin purée (not pumpkin pie mix)
- 1/2 cup créme fraîche, homemade (see below) or store-bought, or sour cream
- 2 teaspoons pure vanilla extract
- 1. Preheat the oven to 350 F. Lightly butter an 8- or 81/2-inch springform pan.
- 2. To make the crust: Stir together all of the ingredients in a medium bowl until the crumbs are moistened. Press the mixture over the bottom and up the sides of the pan. Bake the crust for 10 minutes. Let cool completely on a wire rack. Increase the oven temperature to

Pumpkin Cheesecake with Gingersnap Crust

- 3. To make the filling: With an electric mixer on medium speed, beat the cream cheese, brown sugar and granulated sugar in a large deep bowl until light and fluffy. Beat in the eggs and then the egg yolks one at a time, beating well after each addition. Add the flour and pumpkin pie spice and beat on low speed until just combined. Add the pumpkin purée, créme fraîche and vanilla, and beat until just combined. Pour the filling into the shell.
- 4. Place the cheesecake on a baking sheet and bake for 15 minutes. Reduce the oven temperature to 250 F and continue baking for 1 hour.
- 5. Turn the oven off and let the cheesecake cool in the oven for 21/2 hours. Then transfer to a wire rack and let cool to room temperature. Refrigerate, tightly covered, for at least 10 hours, until thoroughly chilled and set, or for up to 2 days.
- 6. To serve, run a knife around the side of the cheesecake and remove the side of the pan. Serve slightly chilled or at room temperature, cut into thin wedges with a sharp knife dipped into hot water and wiped dry after each cut.

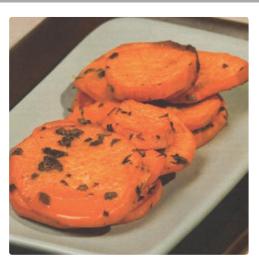
Créme Fraîche

Makes about 1/2 cup

cup heavy whipping cream

1/2 cup créme fraîche or sour cream with live cultures

Pour the cream into a glass jar with a tight-fitting lid and spoon in the créme fraîche. Let sit on the counter, with the lid slightly ajar, until the mixture thickens, from 4 to 24 hours, depending on the weather. Refrigerate, tightly covered, until ready to use.



Herb-Roasted Garnet Sweet Potatoes

- 3 tablespoons extra-virgin olive oil
- 1 teaspoon fresh thyme leaves, minced
- 1 teaspoon minced fresh sage
- 1 teaspoon minced fresh oregano
- 3 medium garnet sweet potatoes, peeled and cut into 1/4-inch dice Kosher salt
- 1. Preheat the oven to 375 F. Spray a large roasting pan with nonstick cooking spray. In a large bowl, thoroughly

combine the olive oil and herbs. Add the sweet potato dice to the mixture, and use your fingers to coat them well. Season with salt to taste.

2. Transfer the mixture to the prepared roasting pan. Bake for 45 to 60 minutes, until your desired consistency is reached, whether you want them a bit firm or fork-tender.

Edible Tip: A good alternate variety to Garnets are Red Jewels, which are easy to come by at both farmers' markets and local grocers. Look for a deep, bright color, and be sure to cook them fairly quickly after purchase. Unlike potatoes, sweet potatoes do not store very well.









Early Birds at 7:00 pm Regular Bingo at 7:30 Bonanza in 24#s or less \$2.022



SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk wins Royal Rumble Invitational

Bv Brian Bowman

It's rare for the Selkirk Royals varsity girls' volleyball team to win their Royal Rumble Invitational home tournament.

But it happened last weekend.

Selkirk capped off a great tournament by defeating the MBCI Hawks 2-0 (25-19, 25-20) on Saturday.

The Royals played some of their best volleyball in the final.

"We played pretty good this weekend, for sure," said Royals' coach Jaimie Yuzdepski. "We had some ups and lows but that's varsity volleyball."

Asha Gurney, said Yuzdepski, was fantastic for the Royals from her middle position in the final.

"That was a huge moment for us," she said. "Our setter, Isabella (Benson) kept feeding it to her and Asha put the ball away pretty much every time it went into her hands."

Selkirk reached the final of the 16team tournament after defeating Brandon's Vincent Massey 2-1 (20-25, 25-21, 15-11) in the quarter-finals and

Sturgeon Heights 2-0 (26-24, 25-13) in the semis.

"We had three sets in the quarter-finals and Kyla and I always laugh that the quarter-final is always the hardest to get through, especially at the home tournament,"Yuzdepski said. "I don't know if it's a mental block or something but we seem to struggle with that one."

In pool play, Selkirk was a perfect 3-0, sweeping Westwood (25-17, 25-10), Steinbach (25-11, 25-20), and Glenlawn (25-18, 25-9).

In KPAC action Monday evening, Selkirk improved its league record to 3-1 after defeating the River East Kodiaks 3-1 by scores of 25-20, 15-25, 25-17 and 25-13.

"They were off a tournament high... and then they had to come back and play a home game," Yuzdepski said. 'But they battled through it."

Selkirk will play league games at Miles Macdonell on Wednesday and then Transcona Oct. 11.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Sheriden Wagner (14) and Asha Gurney (11) go up for a block during tournament action at the Comp.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Thomas Mironuk (18) has a good scoring chance against St. Malo during Capital Region Junior Hockey League preseason action Sunday at the Rec Complex.

Fishermen double **Warriors** in preseason action

Staff

The Selkirk Fishermen doubled the St. Malo Warriors 6-3 in Capital Region Junior Hockey League preseason action Sunday evening at the Rec Complex.

Tanner Chwartacki paced Selkirk with a pair of goals while Travis Spratt, Brady Thompson, Juliano Garcea and Brandon Thomas added

Camden Cline, Robert Guimond and Tyrel Bueckert replied for St.

Malo.

Brenden Hoculak earned the win in

Selkirk played at the North Winnipeg Satelites on Tuesday and then battled Arborg on Wednesday in

The Fishermen's season opener is Oct. 12 against St. Malo.

Selkirk's home opener is Oct. 14 when the Lundar Falcons visit the Rec Complex for a 7:30 p.m. game.



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Albert ties for low score at MHSAA golf provincials

Staff

The Selkirk Royals' Mikyla Albert finished tied for the low score in the girls' division of the MHSAA golf provincials last Friday at the Hecla Golf Course.

Albert fired an 80 along with St. Mary's Academy's Kate Gregoire.

Reece Carter of St. Mary's Academy was third with an 83. St. Mary's won the team championship, combining for a 275.

That was 11 strokes better than Brandon's Vincent Massey and well ahead of

Russell's Major Pratt (343).

On the boys' side, Kildonan East's Lachlan Allerton fired a 75 for a two-stroke victory over Portage's Owen Gillespie.

Kildonan East's Trey Ross was third with a 79.

The Reivers' won the boys' title with a score of 242, which was four strokes better than Portage.

Dauphin was third with a 257.

Riverton's Brett Davies carded a 103 while teammate Dalton Johnson shot a 123.

Lundar's Jared Olafson finished his round with a 95.



SUBMITTED PHOTO

The Selkirk Royals' Mikyla Albert tied for the low score in the women's division with an 80 at the MHSAA golf provincials last Friday.

Barley scores pair to lead Steelers past Kings

Staff

Connor Barley scored a pair of goals - including the game winner on the power play at 19:53 of the third period - to lift the Selkirk Steelers to a 3-2 home victory Friday over the Dauphin Kings in Manitoba Junior Hockey League action.

Selkirk's Nico Labossiere assisted on both of Barley's goals.

Connor opened the game's scoring

midway in the first period and then his younger brother, Carter, made it 2-0 at 17:58 of the middle frame.

Dauphin battled back, though, with a goal from Avery Smith at 19:30 of the second period and then the Kings' Jacob Evans tied the score at 2-2 at 18:26 of the third.

The Steelers, now 2-1, visited the Winkler Flyers this past Tuesday but no score was available at press time.

Selkirk will then head to Dauphin for a pair of games this Friday and Saturday (both games start at 7:30 p.m.) and then will battle the Wolverines on Sunday (6 p.m.) in Waywayseecappo.

In trade news, the Steelers sent forward Kyle Schneider (1999) to the SJHL's Melfort Mustangs in exchange for future considerations.

Schneider played 22 regular-season games with Selkirk, scoring twice and

adding three assists while racking up 86 penalty minutes.

The Prince Albert, Sask. product has also played three games with the SJHL's La Ronge Ice Wolves.

In another move, the Steelers sent defenceman Thomas Bollefer (1999) to the OCN Blizzard for goaltender Logan Thiessen (1999) and future considerations.

Loewen-Palmer, Nielsen lead Raiders to MMJHL win

Staff

Auzzie Loewen-Palmer scored the first two goals of the game and Jared Nielsen had four assists to lead the Raiders Jr. Hockey Club to a 6-3 home win Sunday in Manitoba Major Junior Hockey League action.

Loewen-Palmer scored at 11:48 of the first period and then netted his second goal on the power play just 1:42 later.

Carter Ives, Dale Mounk, Dawson Anderson and Caleb Resch also scored for the Raiders.

Austin Kossack, with a pair, and Nicolas Burmey replied for the Riels. Another local player, Kale Ilchena, had an assist in the game. The Raiders started their regular season with a 6-2 win over the Ft. Garry/Ft. Garry Twins last Thursday.

James Barclay led the Raiders with two goals and an assist while Connor Grunsten added a tally and an assist.

Kruz Listmayer, Jordan Kreml, and Dawson Anderson also scored for the winners. Nolan Wisniewski had two assists while Mounk, Nielsen, Loewen-Palmer and Gord Longbottom had helpers.

Evan Grierson and Zach Odwak scored for the Twins.

The Raiders are back in action Friday (7:30 p.m.) when they visit the St. James Canucks.

OPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Skrumeda scores as Bisons earn split with Dinos

Staff

Stony Mountain's Brett Stovin scored three goals for the University of Manitoba as the Bisons earned a road split with the University of Calgary Dinos last weekend.

An early three-goal lead for the Bisons led them to a 5-3 win on Saturday afternoon.

Manitoba took a 2-0 first-period lead as second-year defenceman Lu-

cas Skrumeda of St. Andrews scored through a screened Matthew Greenfield with Manitoba on the power

Skrumeda also had a pair of assists in the win.

Stovin made it 3-0 on another Manitoba power play.

The leading 4-3 in the game's final minute and the Calgary goalie pulled for an extra attacker, Stovin took a stretch pass and scored his second goal of the game into an empty net.

On Friday evening Stovin scored on a mini breakaway to cut the Bisons deficit to 2-1 in a 5-2 loss.

The Bisons will play a pair of nonconference road games, one against North Dakota and the other against Omaha this weekend, and then will host the Alberta Golden Bears on Oct.



Lucas Skrumeda

Cross country excellence





RECORD PHOTO SUBMITTED

St. Andrews School's Draycen Ralph, left, and Avery Dripps both placed first overall in their age categories (Grade 6) at the MHSAA Provincial Milk Run Championships.

Selkirk making playoff push



RECORD PHOTO BY DANIEL KOENIG

Selkirk FC's Chris Szukiewicz, left, scored a goal in his team's 2-0 shutout win over the Lions FC during MMSL Division 2 playoff action last Saturday. He has now scored seven goals in Selkirk FC's past three games.

SDOPTS&recreation of the state of the state

Thunder tame Tigers on gridiron

By Brian Bowman

The Interlake Thunder keeps on making some serious noise in the Rural Manitoba Football League. Interlake improved its record to 4-0 after a convincing 40-16 win over the Neepawa Tigers last Friday at Stonewall Collegiate.

"It was a good effort and we got out early," said Rams' head coach Mitch Obach."It was 26-0 at halftime and then we kept going. It was a good game and it was a short week. It was only a five-day week."

The Thunder led 13-0 after the first quarter and increased that advantage to 26-0 at the half.

"It was funny, I was talking to some of our coaches that the last few years for me with the teams that I've been on, it's not that we weren't winning games, but we didn't seem to win anything but close games," Obach recalled. "It's kind of nice to have an opportunity to build up a lead because then you have the flexibility to experiment with some plays that we want to try or some guys that maybe haven't seen a lot of time (on the field)."

Neepawa outscored the home side 8-7 in the third and fourth quarters.

The Thunder made a concerted effort to throw the ball more in this game. Joshua Charison threw the ball 17 times and completed 10 of those passes for 70 yards and a TD. He also rushed for 49 yards and a touchdown.

"We kind have been trying to increase our passing each and every week and I think it's gotten better each and every week," Obach said. "We still don't pass nearly as much as any of the opponents we've seen but we have a strong running game and we've had leads."

That strong Thunder running game showed up again against Neepawa.

Colton Nedotiafko rushed 15 times for 172 yards and two majors while Graeme Perrie carried the ball 12 times for 121 yards and a major.

Interlake had a third running back, Tyson Wyryha,



RECORD PHOTO BY KIM DELAROOUE

The Interlake Thunder's Aiden McLean (24) makes a nice tackle during his club's 40-16 win last Friday in Stonewall.

go over 100 yards as he finished with 109 yards on 11 runs.

Defensively, Colton Meisner led the Thunder with seven tackles, two quarterback sacks, and an inter-

Aiden McLean also had a sack while Tanner Mc-Callen and Austin L'Heureux each had intercep-

Interlake is back in action this Thursday at 4:30

p.m. when they take on the Southwest Sabres in

On Thanksgiving Monday, the Thunder will host Swan Valley for a 2 p.m. matinee at Stonewall Col-

"We have the strangest week of the year here...and that's why we wanted to spread (the ball) around last week so we would be healthy through this heavy stretch of the season,"Obach said.

Wiebe wins KPAC JV boys' cross country race again

For the second week in a row, the Selkirk Royals' Brayden Wiebe won the KPAC junior varsity boys' cross-country race at Kildonan Park in Winnipeg.

Wiebe finished last Thursday's race in a time of 13:46.1, which was just over three seconds ahead of Miles Mac's Daniel Zubricki.

Selkirk's Nathan Vaughan was seventh with a time of 14:52.8. He was followed by teammates Pablo Littardi (12th, 15:22.1) and Pablo Gonzalez (13th, 15:30.1).

The varsity boys' race saw Selkirk's Heath Kurys

place fourth with a time of 16:30.6. Miles Mac's Brandon Spulnick won the race in 15:46.8.

The Royals' William Miller was 12th (19:12.4), followed by classmates Terrance Long (18th, 20:56.8) and John Amaral Pinto (23rd, 22.20.6).

In the varsity girls' race, Garden City's Margret Watt was the top runner, finishing with a time of 15:07.1.

Beatriz Tozzi was Selkirk's fastest runner, placing 16th with a time of 19:16.8.

The Royals' Cristina Oliveros was 21st (20:21.7). Selkirk did well in the junior varsity girls' race, finishing third as a team.

Individual results included Selkirk's Sayda Bloom placing third with a time of 10:16.

Garden City's Brook Belazovic crossed the finish line first in 10:02.

Other Royal results featured Mia Loeppky sixth (10:49), Sophia Thorne 11th (11:25), Isabelle Kohlhoff 12th (11:26), Annika Goodbrandson 14th (11:40), and Megan Duff 35th (15:02).

The next KPAC race is this Thursday at KIlcona Park. Races begin at 4:30 p.m.



Royals dominate in MBCI tourney win

By Brian Bowman

The Selkirk Royals didn't just win the 19-team MBCI junior varsity boys' volleyball tournament last weekend - they dominated it.

Selkirk played some great volleyball as it crushed the College Jeanne Sauve Olympiens 2-0 by scores of 25-6 and 25-9 in the championship match on Saturday.

"We played really well and really clean," said Royals' head coach Ryan Penner. "We watched College Jeanne Sauve in their semifinal and we knew that they were playing at a really high level and our guys came in really focused.

"We were able to take away some of the things that they wanted to do and fortunately it worked out for us."

Penner said his group was very well prepared to win in the final.

"They're aware that they have to play their best in a championship game and that's what they're trying to do," Penner stressed.

Selkirk reached the final after defeating the Sisler Spartans 2-0 (25-20, 25-17) in the semifinals.

The Royals, the No. 1 seed in the province, had a tough matchup with the Dakota Lancers, the second seeded junior varsity boys' team in the province, in the quarter-finals.

But the Royals withstood the tough test, downing Dakota 2-0 by scores of 25-13 and 27-25.

"We certainly didn't want to be on the same side of the draw as the No. 2 (team) in the province but that's the way it worked out," Penner said.

"That's a team that has a really good program and a lot of good coaches and have been historically very good. We had to come prepared and I would probably say that was our toughest test of the tournament."

Selkirk benefitted from some real clutch plays from Brett Zeller to end the match.

Penner said it was nice to be challenged by a good Dakota team.

The Royals started the playoffs with a 2-0 sweep (25-15, 25-17) over the Glenlawn Lions.

In pool play, Selkirk posted a 3-1 record in matches.

The Royals will resume league play Thursday when they play Miles Mac. Selkirk will then visit Maples Collegiate next Tuesday.

Royals place third at 32-team B.C. tournament

By Brian Bowman

The Selkirk Royals varsity boys' volleyball team could not have asked for a better trip to Vancouver last week.

The Royals played some tremendous volley-ball on their way to placing third at the 32-team tournament, which featured elite teams from B.C.

"We played a couple of the top clubs out there," said Royals' head coach Jeff Scarcello. "It was a really good experience and we played really well to get that (third-place) finish."

Selkirk upset a very strong George Elliot team from Lake Country, B.C.in the quarter-finals.

"It was a three-set match and it was a tough third set," Scarcello recalled. "They were going through and cleaning house with everybody and we were kind of up and down during the tournament so we knew we had to play pretty good.

"And it was the first time that we saw our guys step and really play a full game, put it all together, and be really resilient when things weren't going well."

Selkirk was relegated to the third-place game after losing to an extremely good Earl Marriott School from Surrey, B.C. in a semifinal matchup.

"That was probably the best high school team I have ever seen," Scarcello stressed. "They were just phenomenal. They were really, really good and had a great setter. They could attack in the middle and they had a libeiro that could dig and pass everything."

There wasn't a weakness at all in the Earl Marriott's lineup. In fact, eight of their players are mem-

bers of B.C.'s provincial team.

Still, Selkirk gave them a competitive game.

"Every team kind of has something that you can go after but with these guys, we didn't find one," Scarcello said. "We went at them from all different angles and tried different things but they had an answer for everything we were doing."

Selkirk rebounded nicely from that loss to defeat Vancouver's Van Tech Secondary School 2-1 in the third-place game.

The Royals carried the momentum from that great tournament play by soundly defeating the River East Kodiaks 3-0 (25-16, 25-10, 25-19) in KPAC action at home on Monday.

Selkirk will play league games at Miles Macdonell on Wednesday and then Transcona Oct. 11.

Warmington plays well in Wesmen win

Staff

The University of Winnipeg Wesmen women's volleyball team wrapped up play at their home tournament with a win.

The Wesmen defeated the Moncton Aigles Bleus in the third-place match of the Unruh Realty Volleyball Challenge last Sunday. The Wesmen swept the match 3-0 (25-13, 25-20, 25-13) to finish the tournament with three and two losses.

Freshman middle blocker Kely Warmington, a former Selkirk Royal, started all of the matches as she replaced the injured Taylor Boughton.

Warmington shared the team lead for kills (eight) with fourth-year right side Kalena

Schulz.

The Wesmen now have a lengthy break until their conference opener in Regina to play the Cougars on Oct. 26-27.

The Cougars claimed the tournament title in Winnipeg Sunday afternoon by defeating the Brandon Bobcats 3-1 (25-20, 21-25, 25-21, 25-18).

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D.J. Sigmundson, CMA Chief Administrative Officer

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Selkirk

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Bid sheets will be available on site.

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Dan McDermid **Director of Operations** 739 Sophia Street Selkirk, MB R1A 2M1

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Rural Municipality of West Interlake, c/o Stantec Consulting Ltd. 500-311 Portage Ave, Winnipeg, Manitoba R3B 2B9 Attention: Douglas Braun, P.Eng.

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NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Louis Aleck Dauphinais, late of the City of Selkirk, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices. P.O. Box 1400. Stonewall. Manitoba, R0C 2Z0 on or before the 12th day of November, 2018. DATED at Stonewall, Manitoba this 26th day of September, 2018.

GRANTHAM LAW OFFICES

Solicitor for the Executrix

IN THE MATTER OF THE ESTATE OF WIL-LIAM (BILL) PENNY, late of the City of Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Dec-

laration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 27th day of October 2018.

DATED at the City of Selkirk, in Manitoba, this 25th day of September 2018.

PULLAN KAMMER-LOCH FROHLINGER Selkirk Office-Adam

Kelso Solicitor for the

Executrix



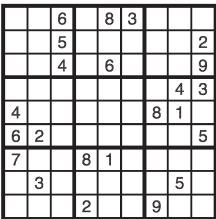
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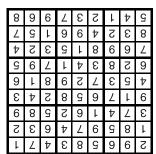


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Sudoku Answer



Crossword Answer

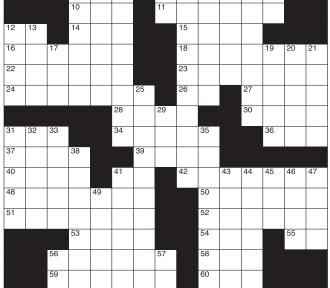
CROSSWORD

CLUES ACROSS

- 1. Type of cleaner (abbr.)
- 4. Going out
- _ Jima, WWII battlefield 10.
- 11. Closed
- 12. Air Force
- 14. Moved swiftly
- 15. Will not (obsolete)
- 16. Type of tank
- 18. Raise
- 22. Represent
- 23. Gives a new moniker 24. Adversary
- 26. Anno Domini
- 27. Lillian ___, actress 28. Bunch of something
- 30. This (Spanish)
- 31. A quitarist uses one
- 34. Small stem bearing leaves
- 36. Soviet Socialist Republic
- 37. Actress Rooney
- 39. Dark brown or black
- 40. Matter
- 41. Atomic number 87 (abbr.)
- 42. Food company
- 48. Trips to see wildlife
- 50. Elderly
- 51. Famed chapel
- 52. Something to grab
- 53. City in Oklahoma 54. Muckraking journalist Tarbell
- 55. Thallium
- 56. Corroded
- 58. A Brooklyn NBAer
- 59. Most liberated
- 60. Google certification (abbr.)

CLUES DOWN

1. High moral behavior



- 2. Expects
- 3. Fanciful notions
- 4. Spanish be
- 5. All the people of approximately the same age
- 6. Berated
- 7. Trailblazing comedienne
- 8. Fabric edge
- 9. South Dakota
- 12. Amazon ID number
- 13. A wife (law)
- 17. Printing speed measurement
- 19. Wrong
- 20. Exams
- 21. Outlying suburb of London
- 25. Replaces

- 29. Prints money
- 31. Accumulate
- 32. New Zealand conifer 33. College teachers
- 35. A way of grating
- 38. Noviće
- 41. Having limits 43. Shining with jewels or seguins
- 44. Existing at birth but not hereditary
- 45. __ Caesar, comedian
- 46. A young male horse under the age of four
- 47. Russian industrial city 49. Wash off
- 56. Radio frequency 57. Delirium tremens

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CARD OF THANKS

The family of Al Cartlidge would like to thank all those who joined us in remembering our husband, dad, poppa and great grandpa. Thank you to Reverend Canon Richard Condo for comforting us after Al's passing, and then officiating the burial service at St. Anne's Anglican Church, Poplar Point, and a celebration at Gilbart's Funeral Home in Selkirk. Thank you to the Poplar Point Seniors' Association who provided a classic country reception following burial in St. Anne's cemetery. Thanks to Bud Oliver for the memory-filled eulogy at the afternoon celebration, looking back at Al's community life. Thank you to our children, grandchildren, extended family and friends, for your music, stories, poems, presentations, food, flowers, donations, cards and online tributes. Thanks to John and everyone at Gilbart's Funeral Home for their guidance as we navigated through this emotional farewell. Thank you to the medical team and personal care home staff at Tudor House for caring for Al with respect and a good sense of humour! Thank you to all those who visited Al these last years, perhaps having a game of crokinole and sharing a funny story...remembering him even when he could no longer remember vou.

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ANNIVERSARY



October 11, 1968 50th Wedding Anniversary on Saturday, October 13th at the Selkirk Army & Navy any time after 7:30 p.m. No gifts- your attendance will be the best gift.



-Barry and Diane

Happy Thanksdiving 21



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WELCOME!!

Interlake Real Estate is pleased to welcome

Luda Kozlova

to our team of Real Estate Professionals.

Luda was raised in Ukraine and has an engineering and business background. She lived in Winnipeg for almost 30 years, 18 of which she has been successfully selling real estate. Luda values education and knowledge which helps her to provide exemplary service in English, Ukrainian and Russian. Recently Luda and her husband Alex happily settled in the area. She is looking forward to continue serving her past clients in Winnipeg and invites local residents to benefit from her extensive experience. We invite friends, family and previous business contacts to call Luda at our Selkirk office at 204-482-5806, on her cell at 204-997-7756 or email her at Ikozlova@interlake.mb.ca.

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Classifieds Announcements

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ANNIVERSARY





Happy 50th Anniversary Jim and Donna Mostowy On October 5, 2018 -Love from your family

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ANNOUNCEMEN'

IN MEMORIAM



Lena Meger October 6, 2013

Your life was love and labour, Your love for your family true; You did your best for all of us, We will always remember you.

-Love always, Doug, Tanis, Roger, Kim, Michele and families

ANNOUNCEMENT

IN MEMORIAM



Les Clifford (Dryden) January 3, 1975 - October 8, 2014 Remembering you is easy, We do it every day; But missing you is the heartache, That never goes away.

-Love, Mom and Dad (Al): brothers Dean (Medea), Kevin (Lindsay), Jordan and families



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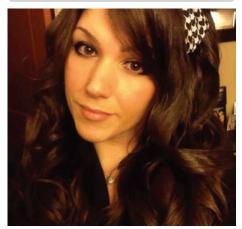
- 610 Ferry Rd 2.05 Acres \$129,000 • Breezy Point Rd - 2.41 Acres \$99,900
- 153 Lily, Zoned M1 \$104,900
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Announcements

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ANNOUNCEMENT

IN MEMORIAM



Vanessa Faith Laye October 13, 1988 - October 5, 2016 Vanessa

Thank you for the love you gave us, Thank you for the love we shared; We only pray that when you left us, That you knew how much we cared. You are forever loved and terribly missed. -Love Mom, David, Serena, Connor

ANNOUNCEMENT

IN MEMORIAM



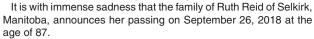
Fred Gray October 4, 1988

Dearest Dad 30 years have passed. Still loved and missed. Forever in our hearts.

-The kids and grandkids

OBITUARY

Ruth Elaine Reid (nee Wood)



She was predeceased by her parents Wes and Esther Wood and her devoted husband of over 60 years, Dr. Ian Reid. Ruth will be dearly missed by her three children Kim and wife Brenda Reid, Bruce and wife Liz Reid, Patty and husband Craig Birston; her six grandchildren, Adam, Taylor, Kelsey, Brody, Ali and Reid, and her great-granddaughter, Addison, who she was lucky enough to meet for the first time shortly before her passing. She will also be greatly missed by her only sibling, sister Betty Brade.

Ruth was born on September 3, 1931 in Brandon, Manitoba. She moved to Homewood at the age of six where she spent

her childhood. After attending the University of Manitoba and graduating with a degree in Home Economics in 1952, Ruth went on to work as a Home Economist at the School for the Mentally Challenged in Portage La Prairie. While at university she met Ian Reid, who she would eventually marry and spend the next 60 + years with.

Ruth and lan resided in Selkirk for most of their married lives raising their family and participating actively in the community. Ruth was a long-time member of P.E.O. and was actively involved in the Selkirk United Church. Some will remember her beautiful alto voice in the church choir, of which she

Ruth was a gentle, caring soul who dedicated her life to raising her children and running the "Reid" household (no easy feat!). She was the back bone of the family and, despite her quiet nature, exhibited a strength and wisdom that was seldom noticed. She became lovingly known as the "den mother" to the numerous water skiers who took up residence in their home on the Red River throughout the

Although being immersed in a sporting family, it was her passion for music and painting that brought her great solace. Memories of her sitting at her beloved piano and singing all her favorite old classics will be forever cherished by those who were close to her. Her quiet strength and the grace in which she lived her life will be forever remembered by those whose lives she touched.

A celebration of Ruth's life will be held at the Selkirk United Church, 202 McLean Ave. in Selkirk on Saturday, October 27, 2018 at 11:00 a.m. with a reception to follow.

In lieu of flowers, if so desired, a contribution can be made to the Selkirk United Church or to the Selkirk and District Community Foundation.

Condolences, pictures and videos may be left on Ruth's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com





and Parvati

Gerald (Gerry) Lloyd Pachkowski

Gerald (Gerry) Lloyd Pachkowski, 68, passed peacefully in his sleep on September 26, 2018, in Selkirk, MB,

Gerry was born on November 21, 1949 in Pine Falls, MB to Florence and Peter Pachkowski. He married Mary (Lucy) Pachkowski (nee Lillie) in 1971. He worked for Manitoba Highways for 30 years.

Gerry is survived by his wife, Lucy; their daughter, Desiree (Daniel); and his siblings, Patricia (Dave) Manveiler, Linda, and Barry; sisters-in-law Julie (Perry), Elaine, and Candace (Jim); brother-in-law Bruce; and many nieces, nephews, and friends. He is dearly missed by his cat Misty. He is preceded in death by his parents, Florence and Peter; brother, Larry; and brother-in-law,

A Celebration of Life will be held on Thursday, October 4, at 2:00 p.m., at the Stead Community Centre in Stead, Manitoba, with Archdeacon Godfrey Mawejje

Condolences, pictures and videos may be left on Gerry's tribute wall at www.gilbartfuneralhome. Lilbart)

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



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