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VOLUME 10 EDITION 40

THURSDAY, OCTOBER 3, 2019

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RECORD PHOTO BY LIGIA BRAIDOTTI

Local kids wear firefighters apparel at the Selkirk fire hall grand opening on Sept. 28.

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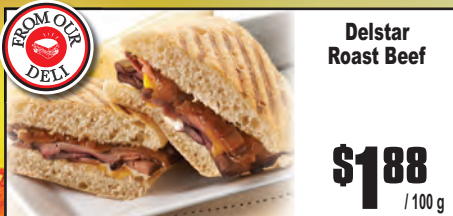
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St. Andrews' young cook takes home top prize

By Katelyn Boulanger

Laura Cook baked her way to a win in the 2019 Kid Food Nation, a national contest, with her recipe for berry oat muffins.

With this success, she became one of 26 kids invited to the Kid Food Nation gala in Toronto, Ont.

"She was watching YTV and saw that the kids had to submit an original healthy recipe. She saw it at the lake. She came home that night and started baking on her own. She baked on her own, took the picture on her own, and I just submitted everything for her. That was in March and we didn't get the call from Kid Food Nation until June that she was one of the 26 kids," said Laura's mom, Renée Cook.

The Kid Food Nation contest, which is put on through the joint efforts of President's Choice Children's Charity, the Government of Canada, and the Boys and Girls Clubs of Canada, is open every year to kids seven to 13 years of age. It invites them to submit original healthy recipes as part of their aim to promote food skills and support families in healthy eating habits.

This year's contest, which received around 300 entries, was judged based on creativity, taste, and originality.

"[The muffins] have berries and oats in them and they have raspberries, blackberries, and blueberries," said Laura.

Laura, who is nine-years-old and the only winner from Manitoba, created her recipe by adapting one she already had in order to showcase healthier ingredients.

"I started baking when I was like five so I've been baking for a very long time," she said.

She would like to open her own bakery when she grows up and would like to name it The Cookie Jar.

"I want to sell cookies, muffins, cakes and every treat," she said.

Along with attending the gala, by



RECORD PHOTOS BY KATELYN BOULANGER

Laura Cook won the Kid Food Nation 2019 contest with her berry oat muffin recipe.

winning the contest, Laura will be featured in the third Kid Food Nation Cookbook and receive a prize pack including an apron, an oven mitt and other kitchen items.

"I was so excited [to win]," Laura said, "My mom and dad told me after my dad's work and I was bouncing up and down. I was so excited."

She is most excited to try all of the recipes at the gala which will be held in November.

To try your hand at berry oat muffins, the recipe can be found at kidfoodnation.ytv.com/recipes/



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Firefighters return to Holiday Alley Soup Cook Off

By Katelyn Boulanger

After a year on the sidelines due to the renovation of the fire hall, the Selkirk Fire Department are throwing their helmets back in the ring and participating in the Holiday Alley Soup Cook Off.

"It's great to be out in the community and participate in community driven events. My guys like being a part of it. It's a bit of a way to show off your cooking skills and just be out there in the community so that people can put a face to a name," said Fire Chief Craig Fiebelkorn.

The firefighter's will have some stiff competition this year, however, as approximately 16 other teams are slated to participate in the November 23 event.

"By the time you're done, you're full because last year we had over 16 soup stations and at each station you get to try a small sampling of soup. People were saying they didn't need to have lunch by the time you're done," said Maria Freeman, the Executive Director of Inclusion Selkirk.

The competition will, as it has been in previous years, be judged in two categories — consumer's choice and judge's choice. The judge's choice category is typically judged by the mayors of Selkirk, St. Andrews and St. Clements. The consumer's choice category is awarded to the soup voted for through a ballot system using the event ticket.

"We run it from 12 to 4 p.m. and the soup stations are spread across the whole alley so you go in and out of different locations to taste your soup which give you a great chance to warm up and see what's happening in the other locations," said Freeman.

This year the Selkirk firefighters will be entering a Tuscan Soup into the competition and hope once again to reach medal standing.

"You know how firefighter's are famous for our cooking and we always cook for lots when we do cook, so I'm thinking top three again. We got bronze with our chili the first year so I'm shooting for that or better," said Fiebelkorn.

The firefighters will join Selkirk and District Community Foundation, The Mighty Kiwi, Roxi's Uptown Café, Sonia's Stand and many others in the competition, making it difficult for participants not to find a soup they love.

"Last year there was a cheeseburger soup which was one of the top contenders. There's been pierogi soup, you name it, soups that I didn't know could be invented were there," said Freeman.

"People give their soups a name so sometimes you don't know what the soup is until you get to the station."

To participate in the event attendees will need to buy a ticket which can be obtained early for \$10 or at the event for \$15. The proceeds can be applied for by local non-profits to assist with housing within the community.

"The first few years of the event money went to Nova House for the new build. Last year and this year Inclusion Selkirk is the charity of choice so the money is coming to us and that will support projects like our renovation project for our store, Community Threads, and our day program making our building accessible," said Freeman.

To enter a team into the competition participants can email info@inclusionselekirk.ca

There are only a few spots left and they are available on a first come first serve basis.

For more information about the event as it comes together visit the Holiday Alley Facebook page or their website at holidayalley.ca



RECORD PHOTOS SUBMITTED

Winners from the 2017 Holiday Alley Chili Cook-Off, (left to right) Selkirk Fire Department takes third place, Belleza Mente comes in first and Riverside Grill comes in second.



Selkirk Fire Chief, Craig Fiebelkorn (centre) and another Selkirk Fire Department firefighter serve Chilli in the basement of the Gordon Howard Centre during the first Holiday Alley Cook-Off in 2017.

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Community spotlight: House of Economy

By Katelyn Boulanger

The House of Economy has been a Selkirk staple since its opening in 1981, providing reasonably priced second hand goods and donations to community groups since its inception.

"I'm the coordinator for the Selkirk Friendship Centre, and I've been here since 1981. That's something like 38 years as a volunteer," said Lillian Morrisseau who has been volunteering at the House of Economy since it opened.

The House of Economy is currently maintained by four groups in the community — the Selkirk Friendship Centre, the Gordon Howard Centre, the Selkirk Community Art Centre, and the House of Economy Community Group.

But it didn't start out that way.

"[Residents] were bringing clothes and stuff to the Friendship Centre and it got to be so much there that they decided to have a second hand store and that's why they got that small building there by the Lock and Key," said Morrisseau.

It wasn't long before other community groups approached the House of Economy asking to be a part of this endeavour.

"It's really built itself up from when it started to what we have today. Today we own our own building. Then we had just started so we were paying mortgage payments and everything and we are very lucky that the community has drawn together for us like this to donate stuff. And then the word got out," said Colleen Girling one of the coordinators for the House of Economy Community Group who has been volunteering since 1983.

"We get people as far as Winnipeg bringing stuff in because they find out that we aren't the kind of place where everyone is paid in the building, that

everyone is a volunteer person and everything goes back to our community. It's grown a lot since we started out."

The original location of the House of Economy quickly became too small for the amount of donations they were receiving and so the business moved to its current location on Manitoba Avenue.

"I really think the demand is there for stores like this. A lot of people can't just afford to go and spend \$50 or \$100 on clothing. They'll come here and they'll buy a dress for \$5 or a pair of shoes for \$4 and they're as happy as someone that goes somewhere else to buy a dress because that's what they can afford. Not only is it the shopping part here, it's also the friendship part of it that we've built with a lot of people and they help support us and we're able to give back," said Girling.

Both Girling and Morrisseau find volunteering very fulfilling.

"What makes me want to come here and volunteer is that you see the end of it all. You work very hard in here and it takes a lot of [people] to put this thing together but the day that we sit down at a table and we give the money to our groups that we are coordinating for it's a special day for us," said Girling.

The profit made by the House of Economy goes directly back to the community groups and has increased over the years. Last year they were able to give back \$16,500 by selling items none of which are priced over \$100.

"We try to keep our prices as low as we can," said Morrisseau.

Residents can support this community business through donating, shopping or volunteering.

"Call or come and leave your name and phone number and the coordinators will contact [you] about volun-



RECORD PHOTO BY KATELYN BOULANGER
Colleen Girling, co-ordinator at House of Economy Community Group (left) and Lillian Morrisseau, volunteer with House of Economy (right).

teering," said Girling.

The best time to donate is between the hours of 10 a.m. and 4 p.m. Monday to Saturday, when they are open. The House of Economy welcomes almost all donations.

"I would like to thank all of the

people that donate to us. We greatly appreciate any donations that people can give us to help us make this work," said Girling. "And if anybody has a couple hours to spare we would be happy to take them and put them to work."

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Firefighter's Burn Fund receiving more support



RECORD PHOTO SUBMITTED

Cheque presentation done at the Children's Hospital Burn Unit with Head Nurse Val Blank in 1978. The piece of equipment is a patient monitor, one of the first pieces of equipment purchased with proceeds from the dinner.

By Katelyn Boulanger

The Manitoba Firefighter's Burn Fund will once again be in the spotlight.

The Firefighter's Burn Fund Gala will be making its debut on Sat., Oct. 12 at Gaffer's Restaurant and Lounge (23020 Provincial Trunk Hwy. 44), in Lockport.

"There will be a champagne walk around and a cheese bar and the dinner followed by an inspirational speaker. [The speaker] is Jamie Evans, she was burnt as a child, and she has the most amazing stories when she talks. She's so

upbeat and inspirational and then we have the comedian Jimmy Skinner. We'll have a DJ, so there will be dancing, followed by a silent auction," said Penny Kowerko, a volunteer with the Manitoba Firefighter's Burn Fund.

Jim Abram, Chairman of the Board of the Firefighter's Burn Fund, says that local events have been very important in fundraising for the burn fund's three pillars—burn survivor care, fire and burn prevention, and burn care and professional support.

"The smaller events are, I think, what raise the

most money for us. It's very important in a couple of ways. Number one, it brings the community together for an event. Small community organizations, when they come together, are usually a force to be reckoned with. They'll raise this money and give it to us and that's what drives the fund... it's the small donations that go on everyday that keep this fund going and we certainly appreciate all of that funding," said Abram.

The Manitoba Firefighter's Burn Fund was created in 1978 and is a volunteer run organization and rely entirely on donations and proceeds from fundraising activities.

This will be the first year that the Firefighter's Burn Fund Gala is held in the community but it follows on a long tradition of Selkirk's contributions. The most notable event which previously raised money for the fund was the Sportsman's Dinner.

"The money goes towards children who have been burn victims and it pays for them to go to camp," said Kowerko.

"We bring them to, usually number one firehall [in Winnipeg's] downtown and we'll have a barbecue and entertainment. The families register for the camp and it's kind of a fun thing. This year we had face painters, a henna tattooist, a bouncy castle of course, and jugglers and stuff like that... and then we send them to camp and it's usually a three day camp," said Abram.

This year the burn fund was able to send 13 children to camp. The fund also provides educational opportunities for members of the Burn Team (nurses, occupational therapists, physiotherapists), which includes seminars, conferences, developing research skills, and more.

Kowerko has been volunteering for the burn fund since 2008.

"We had a car accident with my step-daughter when she was little and we ended up in the burn ward. It was such an emotional thing and such a sad place to end up," said Kowerko.

The firefighter's who started the burn fund had a similar experience seeing a child having her dressings changed in the burn ward and thinking that money could be raised so that things could be done better.

"The first piece of equipment they bought was a heat shield to warm patients during bandage changes," said Abram.

Kowerko hopes that this event can raise between \$3,000 and \$6,000 for the burn fund.

"I just need people to come," she said.

Tickets for this event can be bought at Gaffer's for \$100 and sponsorship tickets are also available for residents that would like to donate but are not interested in attending the event.

"It's for a fantastic cause and it costs you more than that if you go out to dinner anyway. It's going to be a good evening," said Kowerko.

For more information, visit their website at <http://www.burnfundmb.ca/>

BREAKFAST BEFORE BUSINESS

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Meet your candidates: federal election slated for Oct. 21

The Federal election will take place around Canada on Mon., Oct. 21. Once again, Manitobans will have the chance to exercise their right and vote on the person they most identify with and believe to bring about change and improvements to their community.

The *Selkirk Record* asked each of the Selkirk-Interlake-Eastman candidates for Member of Parliament to answer questions that we deem important to the community.

The candidates are Detlev Regelsky (Lib.), Ian Kathwaroon (PPC), James Bezan (PC), Nicholas Borkowsky (Rhino), Robert Smith (NDP), and Wayne James (Green).



Detlev Regelsky Liberal

I have spent most of my career working in manufacturing becoming certified in numerous welding procedures and eventually assumed a leadership role in managing a weld shop. In the early 1980s I was a union organizer with the Canadian Auto Workers (CAW). I have spent most of my adult life in Manitoba and currently live in Argyle, where my wife Charlotte and I raised four children. I have always been an active volunteer in a variety community programs for youth, especially the Cadet Leagues. Currently, I serve on the Board of Directors of a 55 Plus senior's organization. I have no previous formal political experience.

Q. What community do you live in? How long have you lived there?

I have spent most of my adult life in Manitoba and currently live in Argyle, where my wife Charlotte and I raised four children. I have always been an active volunteer in a variety community programs for youth, especially the Cadet Leagues. Currently, I serve on the Board of Directors of a 55 Plus senior's organization.

Q. What are some of the major issues

that are currently impacting the constituency?

These are among the biggest issues I'm hearing people speak about;

Childcare. One of the biggest problems facing young families in rural areas, is access to good quality and affordable day care.

2. Mental health and the opioid crisis in our communities.

3. Climate change. We live in an ecologically unique and vulnerable region. The survival and sustainability of these areas depends upon a concerted effort to slow and eventually reverse climate change.

4. Economic development and how we can use high speed internet and the new green economy to create new jobs

5. Last but certainly not least, is to continue on the the path of reconciliation with the Indigenous people of Canada.

Q. What made you want to run in this election?

That's a great question and the best answer I think is that it came to a point over the past four years where I became so concerned about the direction the world was headed in that I felt both that it was the right time, and also compelled to find a way to be part of some solutions, and to me the Liberal Party was the best match with my values and the solutions it was offering.

Q. Have you ever run in a political election before? If so, when?

I'm new to party politics, but as I mentioned above was very involved as a leader in the Canadian Auto Workers (CAW) in the 1980's. Thereafter I married and raised a family but remained active in community service groups. Now that my children have grown (so I tell them!), my youngest is in her last year of university, I felt the time came to get more involved in the life of our communities and country again.

Q. Why should voters support you?

I first noticed during my time as a leader in the CAW that I enjoyed working and interacting with people in efforts to solve problems and improve working conditions. It was then that I first realized what a tremendously enriching and satisfying experience that is. As I have been speaking and working with local residents over the past month I'm feeling that passion return. So I think I have a lot to offer to the residents of the Selkirk Interlake Eastman as I also have become passionate about the things that

are important to them.



Ian Kathwaroon PPC

I was born in Ontario to two immigrant parents. I have lived in several places in Ontario as well as The Netherlands for some time while growing up. My family moved to Winnipeg's north-end when I was a young teenager.

I attended Tec Voc high school followed by the University of Winnipeg to study education. My career led me into specializing in behaviour and addictions, which I remained passionate about as I was able to help many youth and adults. I also ran my own counseling agency for several years.

I have previous formal political experience as a candidate for the 2018 mayoral elections.

Q. What community do you live in? How long have you lived there?

I currently reside in Selkirk and have been here for the past 10 years. While here I have had the opportunity to explore our region's many beautiful towns and scenery. We have so much to boast about but our citizens remain humble, which makes me proud to live here.

Q. What are some of the major issues that are currently impacting the constituency?

We must look at basic living conditions of Canadians. With wages being frozen or increasingly low, we must fight for better financial equality like affordable housing, better "wage-to-costs" ratio and improved use of our tax dollars. We have a growing issue with mental health and homelessness in our constituency. We must ensure that here and the rest of Canada is ensuring that Canadians are looked after first, which no other party has done. Finally, I would like to do what the Conservatives and Liberals have

failed miserably at, and meet with our aboriginal communities to modernize our Indian Act and bring it into the 21st century.

Q. What made you want to run in this election?

Where to start? Our current government is and has been simply useless and negligent to our citizens and with our taxes. We have heard the same "bovine excrement" promises and excuses our entire lives. Our history consists of 152 years of Liberal or Conservative power, but they have achieved very little.

Our government has shown time and time again, that they simply don't care about Canadians or the future, if there is a buck to be made today.

I have watched many children grow up during my career, as well as my niece, and when I look around me, I am fearful for their futures. Our grandparents fought for our freedoms and returned to demand a good life. Since then, we have let our freedoms and our rights slip. Most Canadians are currently in severe debt and our children can't afford education and homes. Do we want to be the generations that stood idly by, or the ones that demanded change?

I want to affect positive change for our children and grandchildren.

Q. If elected, what do you hope to achieve during the upcoming term?

In my first four years I plan to meet with our aboriginal populations and encourage our government to update the Indian Act. I plan to work for "wage-to-costs" ratio (what is earned to what is needed to live) that ensures better financial conditions for Canadians. I will encourage the assistance of Canadians prior to non-Canadians because charity starts at home.

Continued on page 9



The Selkirk Record



PUBLISHER
Lana Meier



MARKETING & PROMOTIONS
Brett Mitchell



EDITOR
Ligia Braidotti



SALES
Michelle Balharry



REPORTER/PHOTOGRAPHER
Katelyn Boulanger



SPORTS EDITOR
Brian Bowman



OFFICE MANAGER/ADS
Lucy Kowalchuk



ADMINISTRATION
Georgia Campbell



DISTRIBUTION
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Catching buried treasure in Lake Winnipeg

Hi gang.

Usually, when we go fishing, other than landing a fish or two and enjoying the outdoors, it's a pretty relaxing affair. That is not the case with the stories our fellow anglers shared last week.

On Saturday, when wandering up and down the banks of the Red River by Selkirk, I came across a father and daughter duo that has enjoyed fishing together for years. Ian Keating, a thinner, grey haired chap with a kind face and cordial nature was standing beside his daughter, Carly, who had long, dark hair and strikingly fine features.

"How are you doing Arnie? We're from Stonewall and read your column in the Tribune all the time." "Well thanks," I remarked, "would you have a fishing story for us?" "Yes I do," he said as he glanced at the end of his rod checking for movement that might indicate a bite. He turned to me smiling and went on describing how when he was fishing at Anama Bay where the Dauphin River flows into the Lake Winnipeg north basin, he got a strike. His catch lay on the bottom so he turned his boat with the current to help bring it up. It worked.

From the depths an old wire spring mattress emerged to the surface loaded with over a hundred Canadian Wiggles, Lazy Ikes, June Bugs and other lures other anglers had lost. Ian estimates he came home with at least four hundred dollars worth of lures! "We love fishing so much," Carly chimed in, "we pull dads van up to shore when there's snow on the ground, open the sliding door, turn on a small heater and fish from the van!"

Earlier last week I met an exceedingly nice lady, Crystal Power from St. Vital. She said she hadn't fished at all until she met and married Kevin Power last year. I found Kevin to be a big, fun, loving active guy who lives to fish. Crystal's kids nicknamed him

the "master caster" that is until rookie Crystal started catch more fish than he did. To add insult to injury, she landed the catch she's holding in this week's picture, while later Kevin only caught and released two pelicans and a loon! He was not a happy man!

At twelve years old tiny, slim Loene Valgardson loved to skip about the streets of Gimli. Her blond hair in ringlets bounced about as she met and passed the time with town folk, most of whom she knew or was related to. On a sunny Father's Day, the family bought her dad, "Zeke," a lovely new fishing rod. Zeke, being of Icelandic heritage was very loving of the families children and when little Loene asked dad for his rod to go fishing with, he gave it freely. Off she went to the end of the Gimli pier.

Standing on the rocks she baited her hook and cast out. It was in the nature of bright and happy Loene to talk with whoever happened to be near causing her not to mind the rod. Suddenly it was gone from her hands. She stood stunned, her mouth gaping as she stared at the rolling, grey waves devoid of any sight of her father's rod. Dad would be so upset. She burst out crying, shaking, out of control. Wiping tears from her eyes and face, she began running back up the pier to the first street where her Uncle, Norman Valgardson had his Lake and Steak Restaurant.

Her mind raced with fear. Uncle would know what to do. She threw herself against the squeaking screen door of the café. She ran down the long, narrow aisle with counters and stools on one side and booths on the other. The aroma of breakfast bacon, eggs and toast cooking filled the air. At the end of the aisle Loene burst through the swinging half doors to Uncle Norm in the kitchen. He was a fit man, with short, light hair and a half smiling round face that made you feel you were his friend the moment



RECORD PHOTO BY ARNIE WEIDL
Crystal Power of St. Vital with here catch from the Red River by Lockport.

you met him. Dressed in a white, short sleeved shirt with a white apron tied at his waist, he stood over a large smoking grill, his quick hands guiding spatulas and egg covers as he prepared orders.

"Uncle Norm what am I going to do? I lost Poppa's new rod, he is going to be so mad," she cried out. Norm, a quiet talking man looked at her for a moment then said, "Don't worry little girl, we'll go talk to dad." Then from the screen door entrance they heard a man call out, "Is that little girl who lost her rod here?" Loene and Norm looked down the long restaurant aisle and saw a tall, slim, grey haired chap holding Loene's rod and a huge pickerel still on the hook! He smiled walking to Loene. Her eyes reached up to his face as she said, "Please keep the fish and let me have dad's rod. I'll give it back and he will never know I lost it!"

To this day Norman and Loene have kept their secret; until now! See you next week, so long my friends.

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> CONTACT US

By phone: **204-785-1618**
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,**

Selkirk, MB R1A 0X2

Office Hours: Mon. - Fri. 9:30am-5pm

TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

Brett Mitchell: 204-485-0010
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419

Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

EDITORIAL

Ligia Braidotti 204-485-3337
news@selkirkrecord.ca Twitter: @LigiaBraidotti

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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> KATHWAROON, FROM PG. 7

We must also look at lowering tuition fees in Canada to encourage our children to pursue education and attain good jobs. I would also like to propose improved accountability for our elected officials, who should be held to account for their "accidents" and "mistakes". I want more of our taxes to end up in the pockets of Canadians.

Q. Have you ever run in a political election before? If so, when?

I have run several different community boards but have formally run for office only one other time, in the 2018 mayoral elections in Selkirk.

Q. Why should voters support you?

I am the smart vote. If you would like positive change with someone who is willing to fight for you and your family, I am your man. I am a no-nonsense person, who will not accept watching our or our children's futures be flushed down the toilet, so that a few overpaid people can live like kings. I have a history of advocating for others. I am an honest person and won't lie to get your vote. I could promise you the world like others, but we all know that is just lies. A vote for me is a vote for yourself, your children and a better Canada. If we don't try to effect change now, then when?



James Bezan PC

Over the course of my parliamentary career, I have been a strong advocate for rural communities and the agricultural sector. I fought strongly for marketing freedom for Western Canadian farmers, ending the long-gun registry and protecting Lake Winnipeg and Lake Manitoba. As well, I have been very outspoken on the issue of Ukrainian democracy and human rights, and as a result I am banned from Russia by Putin.

I have chaired the standing committees for Agriculture and Agri-Food,

Environment and National Defence. Additionally, I served as Parliamentary Secretary to the Minister of National Defence from 2013-2015, and as Shadow Defence Minister from 2015-2019.

Q. What community do you live in? How long have you lived there?

My wife Kelly and I live on a farm near Teulon, where we raised our three adult daughters and now spend time with our grandson. We moved here in 1987.

Q. What are some of the major issues that are currently impacting the constituency?

Major issues for this riding are affordability for constituents, a wet fall slowing down harvest, Trudeau's carbon tax and rural crime.

Additionally, the feed shortages which have become critical and some of our livestock producers are in serious danger of going out of business. They need a government who understands and respects their livelihood and way of life.

Also, the algae crisis in Lake Winnipeg is having a financial impact on the local economy and all levels of government need to act quickly to address the main cause – the dumping of untreated sewage into the lake basin.

Q. What made you want to run in this election?

I am running for re-election because Canadians cannot afford another 4 years of Justin Trudeau. He simply has to go.

Q. If elected, what do you hope to achieve during the upcoming term?

Our Conservative leader, Andrew Scheer has been clear about what we want to achieve if we form government. We want to make life more affordable for Canadians. We will do that by repealing the Trudeau carbon tax and implementing a Real Plan to Protect our Environment, making sure we can get our pipelines built to get our oil to market, treat small business people with respect and cut the mess of red tape introduced by the Liberals, and end the Liberal practice of financially subsidizing their well-connected, wealthy corporate insiders with your tax dollars.

Q. Have you ever run in a political election before? If so, when?

I was successfully elected and re-elected federally in 2004, 2006, 2008, 2011 and 2015.

Q. Why should voters support you?

I am working hard to earn the honour of humbly representing the great people of Selkirk-Interlake-Eastman

once again in Ottawa.



Robert Smith NDP

I am a socially and environmentally conscious family person, dedicated to helping people especially those who are disadvantaged. I have a Masters Degree in Social Work but my career spanned various services including Community Development, Child and Family Services, seconded to a First Nations CFS agency and Rural Development, Dept. of Agriculture. My wife and I are currently beekeepers. We live a modest lifestyle and are both involved in activities helping others through our church and other organizations.

Q. What community do you live in? How long have you lived there?

For the last 16 years we have lived in the south end of St. Andrews. Previously we lived near Ashern for 16 years, where we had a cattle farm in addition to outside employment.

Q. What are some of the major issues that are currently impacting the constituency?

The looming environmental crisis affects all future generations. The putrefaction of Lake Winnipeg by Winnipeg's sewage and other upstream sources affects pleasure use of our beautiful lake and also the commercial and sport fisheries. Severe weather events are already affecting agriculture. As beekeepers we are sensitive, but livestock producers and crop farmers are even more affected by these extreme cycles. Government action is needed to help those most impacted. We are all trying to do our

part, but government leadership is required to assist us in transitioning and to limit the big environmental polluters by incentives and by regulation.

Q. What made you want to run in this election?

I am inspired by Jagmeet Singh's vision on issues that affect ordinary folks: affordable housing, pharmaceutical, dental care and electrification of public transportation. He has a vision of an interprovincial power corridor, maximizing Manitoba's abundant renewable electric power. I have been involved in befriending and assisting many new Canadians. I believe fair and just welcoming of new immigrants is necessary to sustain our workforce into the future. Previous generations from many countries, including my maternal great grandparents, coming from Britain in the 1870s and my father from Scotland in the 1940s, enriched our nation as newcomers are now doing.

Q. If elected, what do you hope to achieve during the upcoming term?

I will work collaboratively towards achieving the visions as outlined by our leader, Jagmeet Singh, in environmental issues, Pharmacare, affordable housing, fair taxation and social justice. I will also work towards the implementation of the recommendations of the Truth and Reconciliation Commission led by Selkirk's Senator Murray Sinclair.

Q. Have you ever run in a political election before? If so, when?

This is my first venture into up front political visibility. Until now, I have been a behind the scenes kind of person, working on committees and practical activities, but my dedication to seeing action on these many important issues thrust me into this spotlight.

Q. Why should voters support you?

Those who know me have greatly encouraged me in this venture. They affirm that I am a trustworthy and reliable person to effectively communicate their concerns and priorities. This is about the future of all of us.

Continued on page 10

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> JAMES, FROM PG. 9



Wayne James Green Party

Wayne James is an organic farmer and lives on the family farm near Beasejour. He graduated from the University of Winnipeg in 1976 with a Bachelor's degree in theatre, and has performed internationally, as a musician and as a storyteller.

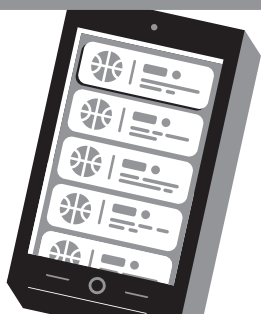
He has spoken at numerous presentations and conferences about the benefits of organic farming, and he also won the Grassroots Award from the National Farmers Union in 2017.

Wayne is a lifetime supporter in the ideals of social democracy as a living social institutions that adapts to the times it is living in. This is the idea of "collective self interest". This idea is best exemplified by the former Canadian Wheat Board, where farmers were able to pool their resources, share the risks, and share the rewards. It is worth noting that this board was terminated in a most shameful manner by a former Conservative government.

We are at a critical moment in our history, as a people, and as a country, our children are calling on us to exercise our democratic right to take control of our collective future.

I live in the house I grew up in, which means, a life time resident here on the farm.

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Q. What made you want to run in this election?

In 2005 (I think), I ran in Selkirk Interlake for the NDP, two weeks into the campaign I received a phone call from Mr. Ed Schyrer asking if I would mind stepping aside, which I did.

Subsequently I have run for the Green party in 2015, briefly...because they (greens) allow me to speak for myself, something the NDP denied me. (larger story, but hey).

Q. What are some of the major issues that are currently impacting the constituency?

The move to corporate farming, a form of industrialized farming is the greatest issue this region faces, it is the death of small farms, which were and are the heart of our communities.

Beyond that it is the pressure that industry places on us and the attending degradation of the environment that results.

Q. What made you want to run in this election?

The reason I am running in this election, and past elections.....There is a dialogue that is missing from our election process, in a nutshell it is the idea that we the people are responsible for creating the environment of tomorrow. It is the message that people such as Greta Thunberg are now bring to our attention. It is the idea that our first responsibility is to the health of the environment in which our children and all future generations will be living in. It is the message that the way we chose to generate "wealth" is destroying the living world.

Q. If elected, what do you hope to achieve during the upcoming term?

I would hope to bring awareness that we are emotional spiritual people, that the arts have a profound effect on our mental and spiritual health.

We have the tools, the energy, the means to live a healthy life without compromising the health of future generations, but this will only happen when we change our ideas about the gross national production's place in our future.

We are gradually learning to think of ourselves as having responsibilities that are far greater than the continual growth of the GDP which in Greta Thunbergs words is "a fairy tale."

Q. Why should the electorate vote for me?

I would have us create a health environment, which results in a healthy person, a healthy future. Our past decisions have resulted in the gross enrichment of corporations which is proving to be not only unsustainable, but also profoundly immoral in that it

has created a growing divide between the rich and the poor. Our children are watching. Will we continue to enrich the few, or will we take on the responsibility of caring for the living planet.

Nicholas Borkowsky Rhino

Nicholas Borkowsky is also running as MP for the Selkirk-Interlake-Eastman riding. The *Selkirk Record* tried to contact Borkowsky for his comments but he didn't reply by press time.

Boonstra Farms tries new corn maze scavenger hunt

By Gabrielle Piché

On a whim, workers at Boonstra Farms put together a scavenger hunt for a group booking at their corn maze – and Murray Boonstra said it was a success.

Around 75 employees of a Winnipeg dental centre had planned a group outing at Boonstra Farms on Sept. 23. Many of them were young adults, Boonstra said.

Boonstra wanted to try something new. So, he and his crew quickly came up with a scavenger hunt. They placed clues around the farm's maze and petting zoo.

The dental centre workers split into seven teams. When a group found the answer to a clue, they took pictures of it with their phones.

"For instance, we would say, 'Where are your kids?'" Boonstra said. "Well, goats are kids, so they'd have to take a picture of the goats."

Boonstra said he got positive feedback about the scavenger hunt. Now, he wants to grow his idea and try it with other groups.

"People just loved it," Boonstra said. "It's not just going out and running around."

Businesses and schools book times to come to Boonstra Farms during the week. Groups must have at least 25 people to book. Boon-

stra's biggest group so far this year had 150 people, but he can accommodate more at a single time.

The corn maze opened Sept. 7.

Chris and Ashley Strom brought their children to Boonstra Farms last Saturday. The group had never been to the corn maze in Stonewall before, but they'd been to others in Manitoba.

"This one's a little bit further, but we figured we'd come for the drive," Chris said.

He said his crew wanted to try something different, so they checked out Boonstra's.

The corn maze will become Halloween themed for the last three weekends of October, beginning Saturday, Oct. 12.

Boonstra's fox tower will transform into a tower of terror. The farm will also bring back its "black hole," a spooky bridge with black lights.

The Boonstras have made corn mazes on their farm for around 15 years. Their corn is not the type sold at grocery stores. If anything, it's used for cow feed.

Boonstra Farms' corn maze is open Saturdays and Sundays from 12 to 6 p.m. People looking for more information can visit the company's website at boonstrafarms.com.



RECORD PHOTO BY GABRIELLE PICHE

Chris and Ashley Strom take a picture with their kids at Boonstra Farms on Sept. 28.

Home for the Summer program provides hands-on experience

By Jennifer McFee

It was a summer to remember for a group of students interested in pursuing a career in the health-care sector.

The Interlake-Eastern Regional Health Authority hosted 30 students through the Home for the Summer program, a joint initiative among Manitoba's regional health authorities.

Through this initiative, students benefit from hands-on clinical or site experience. Initially, the program was open to medical students, but now the scope has expanded to include students of nursing and allied health programs, either at home in Manitoba or out of the province. They need to be enrolled in a health-care training program that would fill a future need for the Interlake-Eastern RHA.

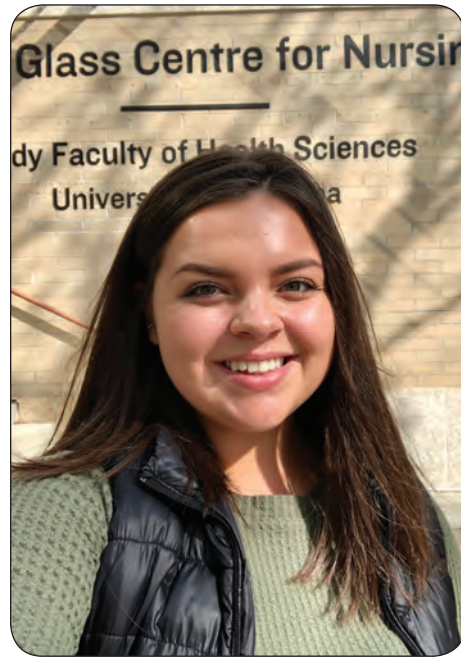
This summer, practices throughout the region hosted 17 medical students, who had the chance to learn about obstetrics and gynecology, psychiatry, anesthesia, surgery and emergency medicine for two to six weeks.

In addition, 13 students participated in fields of nursing, occupational health and safety, pharmacy and more. The minimum commitment was for five weeks.

Students applied for these paid positions, which are funded through the Interlake-Eastern RHA and Manitoba Health Care Providers Network. Preference is given to students who have a connection to the area.

Kaylee Smith of St. Laurent was one of this summer's participants. She just started a nursing program at the University of Manitoba in September, so she had the chance to complete the summer posting before jumping into her post-secondary courses.

"It was awesome. I think it was beneficial that I did that position before I started my program. It really assured me that this is the path I wanted to



RECORD PHOTO SUBMITTED
Kaylee Smith of St. Laurent participated in the Interlake-Eastern RHA Home for the Summer program.

take even before starting the program," said the 20-year-old.

"Since I didn't have any clinical experience prior to starting, I did a shadowing role. I shadowed a lot of nurse practitioners, nurses, health-care aides, personal care homes. I did acute care for a couple days, and I was mostly at a lot of primary care clinics. I also did some mobile wellness where we went out to communities and did mobile blood pressures and blood glucose monitoring."

She spent ample time working in a primary clinic in her home community of St. Laurent. She also had the chance to go as far north as Gypsumville with a mobile clinic, with other placements in Ashern, Eriksdale, Lundar, Pine Falls, Selkirk and Stonewall during her 11-week stint.

For other students who might be in-

terested in pursuing the Home for the Summer program, Smith encourages them to submit an application.

"I would absolutely recommend it. It's one of the greatest summer experiences I've ever had," she said.

"If you do get the job or are interested in getting the job, really pay attention to your mentors. They're the ones that inspired me to do what I want to do."

This summer solidified for Smith that she is on the right career path.

"It gave me a greater understanding of the scope that nurses can do from public health to acute care," Smith said.

"I love science and I love helping people, so nursing combines those two things together. It really encompasses exactly what I want to do for the rest of my life."

Successful banquet



RECORD PHOTO BY BRETT MITCHELL
Selkirk Ducks Unlimited Annual Banquet was held on Sept. 20 at the Selkirk Rec Complex and gathered a house full of lovers of conservation and waterfowl. Attendees enjoyed a feast, which included a brisket Carvery.

Manitobans reminded minimum wage will increase Oct. 1

Submitted by Manitoba government

The province reminds Manitobans the minimum wage will increase by 30 cents to \$11.65 on Oct. 1, Growth, Enterprise and Trade Minister Blaine Pedersen said today.

"We continue to provide predictable and sustainable increases to Manitoba's minimum wage, which achieves the right balance benefitting both employees and employers," said Pedersen. "Regular minimum wage increases improve wages for working Manitobans and provide predictability for small and medium-sized businesses that is consistent with Mani-

toba's Consumer Price Index."

Pedersen confirmed the increase of 30 cents per hour will raise the current minimum wage to \$11.65 from \$11.35 and ensure that Manitoba remains competitive with other provinces. This adjustment is based on Manitoba's 2018 inflation rate of 2.5 per cent, rounding up to the nearest five cents.

The minister noted the government continues to take action to make life more affordable for Manitobans, including the reduction of the PST to seven per cent from eight percent, effective July 1. This broad-based tax

cut benefits all Manitoba households and businesses, with an estimated total savings of \$325 million in the first full year and growing in each subsequent year, he added.

Manitobans also continue to benefit from the indexation of the basic personal amount and the provincial income tax brackets. Since indexation began in 2017, almost 8,000 lower income Manitobans have been removed from the tax rolls and the cumulative maximum tax savings from the 2017 tax year to the 2019 tax year is \$253.

"We will build on the success we have achieved in our first term of of-

fice and continue to move Manitoba forward on a path toward a better, brighter, more affordable future for all Manitobans," said Pedersen.

The province plans to introduce legislation this year to begin implementation of the 2020 Tax Rollback Guarantee, which will save an average Manitoba taxpayer \$2,020 once the measures are implemented, the minister said.

Information on the minimum wage and other employment standards is available at www.gov.mb.ca/labour/standards.

Migration festival offers safe place for migrating birds

By Becca Myskiw

Oak Hammock Marsh opened their doors to geese preparing for migration last weekend.

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RECORD PHOTOS BY BECCA MYSKIW

Three-year-old Rayna Rewucki looks at the different types of bugs while at the festival on Saturday.

The migration festival was last weekend and had activities on both days to welcome birds as they stop by on their way down south.

Interpreter Amanda Benson said peak migration is between the end of September and middle of October and they have the festival because a lot of people don't know why all the birds are passing through.

The festival, Benson said, also gives birds a safe place to hang out while they're getting ready to migrate. They can bulk up and reserve energy to make the flight safely without being in danger.

All About Birds says of the 650 species of birds native to North America, over half of them migrate. They

fly down south to have steady food source and nesting place when winter hits their homeland and essentially takes that away.

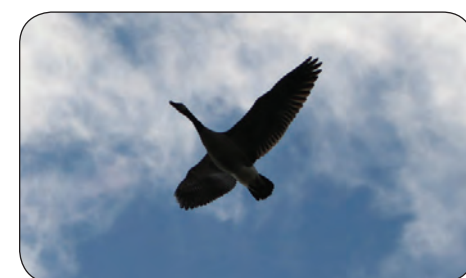
There are different types of migration as well. Permanent residents don't migrate at all—these birds find food and nesting areas even through the winter, so they don't have to leave. There's short-distance migration for birds who might fly from high to low elevations on a mountain, medium-distance migration where birds travel a few provinces and long-distance migration when birds move countries like geese do in the winter.

Benson said this year's migration has been slow and they aren't sure why.

"It could be the retention ponds in Winnipeg that have been popping up, the hot dry year we've had, we don't know," said Benson.

Even with the slow process, the migration festival still brought lots of people to Oak Hammock Marsh to get in on the fun. The centre had a fly out breakfast Saturday morning where people could have breakfast in the café and watch the birds as they left the water for the day. There was also wagon rides, canoe adventures and passports.

The passports had people go to four different stops (bird banding, taste the marsh, a scavenger hunt and critter dipping) and learn while having fun.



The Canada goose does a long-distance migration.

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Arnes Farmer's Market brings produce from around Manitoba

By Becca Myskiw

Bitter winds and little sunshine didn't keep people away from the Arnes Farmer's Market last weekend.

The market runs from May long weekend until Thanksgiving and has countless vendors selling vegetables, fudge, crafts, baking, books and other trinkets. It's in between Arnes and Gimli on highway 222 and is hard to miss thanks to the many log cabin-looking vendor spots scattered across the property.

Tracy McClintock has been at the Arnes Farmer's Market for around three years now selling fresh vegetables. Her business is "Tracy the Veggie Lady" from Stonewall and she spends seven days a week all summer going around Manitoba to sell her produce.

On Mondays McClintock goes to Thompson. She goes to Lundar on Tuesdays, The Pas and then Cranberry on Wednesdays, Flin Flon and Snow Lake on Thursdays, Teulon on Fridays and Arnes Saturdays and Sundays. McClintock also takes her vegetable trailers to Lockport on Sundays to end off the week.

"It's all about bringing farm fresh vegetables to the people," said McClintock.

Tracy the Veggie Lady all started six years ago after McClintock had a

"cancer scare." She said it pushed her to grow her food, so she knew where it came from and knew it was healthy.

"If you can't grow it you shouldn't eat it from a box," she said.

McClintock and her brother took over a field in Stonewall where she now grows almost everything she sells. She planned to just sell her vegetables from there, but when her brother was transferred to The Pas for work, he said there was a need for fresh produce there, so she took her business up north.

Now, McClintock has two trucks and trailers on the road. Her team is made up of five people who plant, grow, pick and sell with her, but sometimes crops fail and McClintock has to get produce from other growers in the area.


"We all work together as growers," she said. "To market fresh vegetables around Manitoba we have to share the work because we can't grow it all."

McClintock said it's been a challenging year with extreme heat and drought, so working together was important. Now, the vegetables are stressed because it's too wet and she can't get on the field to get the rest of her crop off. With the frost Friday night too, McClintock said she's almost sure this season is over now.



RECORD PHOTO BY BECCA MYSKIW

Tracy McClintock became "Tracy the Veggie Lady" six years ago. This is one of her trailers she hauls on the road.




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New trees arrive at Robert Smith School

Staff

Robert Smith School students and staff will have more spots to take it easy next summer.

Selkirk Home Hardware Building Centre and Tree Canada celebrated the ninth annual National Tree Day by planting 20 black hills spruce trees at the school on Sept. 25.

This is the fourth consecutive year that Selkirk Home Hardware Building Centre is taking part in Home Hardware's annual tree planting with Tree Canada. The new trees will add to the school's plans to improve their yard and provide a more welcoming place for kids and their families who use the playground on a daily basis.

"We're excited to work together with Tree Canada and Home Hardware Stores Limited on this important project," Rob Borthistle, owner of Selkirk Home Hardware Building Center, said. "We have enjoyed great support from the local community and this is an excellent opportunity to give back in a real and tangible way to thank our customers and community for their support over the years."



RECORD PHOTOS BY LIGIA BRAIDOTTI

Robert Smith School students Rivka Rice (wearing pink) and Terelle Thomas (wearing gray) help plant one of 20 trees at the school's yard. The school received the trees from Selkirk Home Hardware Building Centre and Tree Canada.

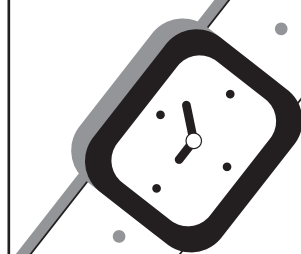
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New Selkirk fire hall improved facility for firefighters

By Ligia Braidotti

On Sept. 28, Selkirk residents had a chance to tour the newly built and expanded fire hall located at 200 Eaton Ave.

The new facility features larger space for training, equipment, and preparation for calls. It also features a lounge for firefighters with a fully working kitchen, with stoves, ovens, and fridges to ensure comfort to those who spent tireless hours making sure the city is safe.

Hundreds of people came out for a tour of the building and saw the new training rooms that are customizable to make it as real as possible. The staircase mimics one of an apartment building, which firefighters would go up to put out fires or save someone.

In addition to that, the building also features new offices for the chief, deputy

chief and captains.

The museum is located on the ground level and Chief Craig Fiebelkorn said they will start to bring objects and memorabilia throughout the year.

"We wanted to move in now before it became cold, but there's still some stuff left for us to bring," he said. "We are thrilled with this new fire hall, I can't even tell you. It's such an amazing place. I'm really happy that we are here now."

At the celebration, firefighters were out inviting kids get a feel of their jobs, while teaching about fire safety. Kids were going up fire trucks, dressing firefighter's apparel, and wearing caps. Residents were also invited to indulge in a delicious lunch, with every dollar raised going to the Firefighter's Burn Fund.



Selkirk Fire Chief Craig Fiebelkorn

RECORD PHOTOS BY LIGIA BRAIDOTTI
Kids wear firefighters apparel at the grand opening of the Selkirk firehall on Sept. 28.

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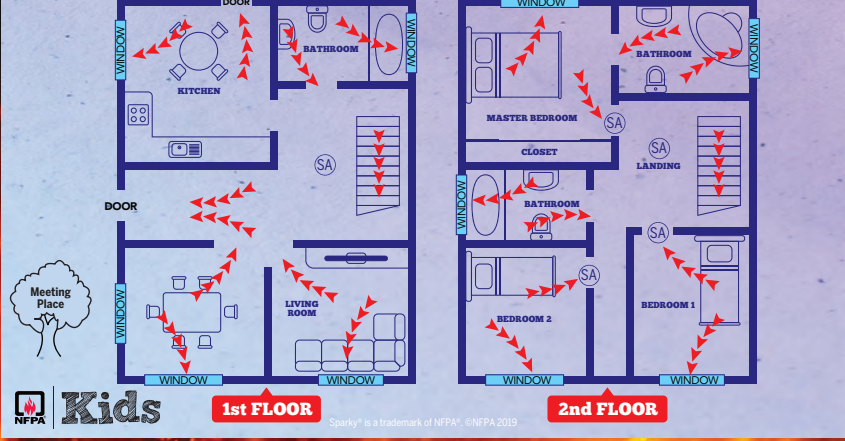


RECORD PHOTOS BY LIGIA BRAIDOTTI AND BILL NEWZMAN SMYTH



How to make a Home Fire Escape Plan
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- Draw a map of your home. Show all doors and windows.
- Visit each room. Find two ways out.
- All windows and doors should open easily. You should be able to use them to get outside.
- Make sure your home has smoke alarms. Push the test button to make sure each alarm is working.
- Pick a meeting place outside. It should be in front of your home. Everyone will meet at the meeting place.
- Make sure your house or building number can be seen from the street.
- Talk about your plan with everyone in your home.
- Learn the emergency phone number for your fire department.
- Practice your home fire drill!
- Make your own home fire escape plan using the grid provided on page 2.



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Pledging for a better world, environment

Students learn about climate change and how their voices can change the world

By Ligia Braidotti

Greta Thunberg's speech at the United Nations Climate Action Summit has sparked a global movement.

Youth throughout the world accepted Thunberg's invitation to march the streets asking leaders to take urgent action on climate change. Locally, Selkirk students engaged in discussions to learn what their government representatives are doing to ensure they have a healthier future.

On Thurs., Sept. 26, students from the Global Issues: Citizenship and Sustainability course at Lord Selkirk Regional Comprehensive High School learned the City of Selkirk's actions towards climate change. Teacher Kevin Lopuck invited Duane Nicol, Selkirk's chief administrative officer, to tell students what the city is doing to address climate change.

Nicol talked about the tension between government policy versus individual action and how the government responds to the community, why protests are important, and how youth's voices help elected officials who are seeking environmental change.

The City of Selkirk has been working on mitigation and adaptation to improve climate's conditions. In 2016, the city passed a plan to reduce greenhouse gas emissions by 20 per cent within 10 years.

"That gives us a directive by council to actually



RECORD PHOTO BY LIGIA BRAIDOTTI

From left: Duane Nicol, CAO with the City of Selkirk, Grade 12 students Danica Hoium and Kaya Jackson, and global issues teacher Kevin Lopuck at the Lord Selkirk Regional Comprehensive High school.

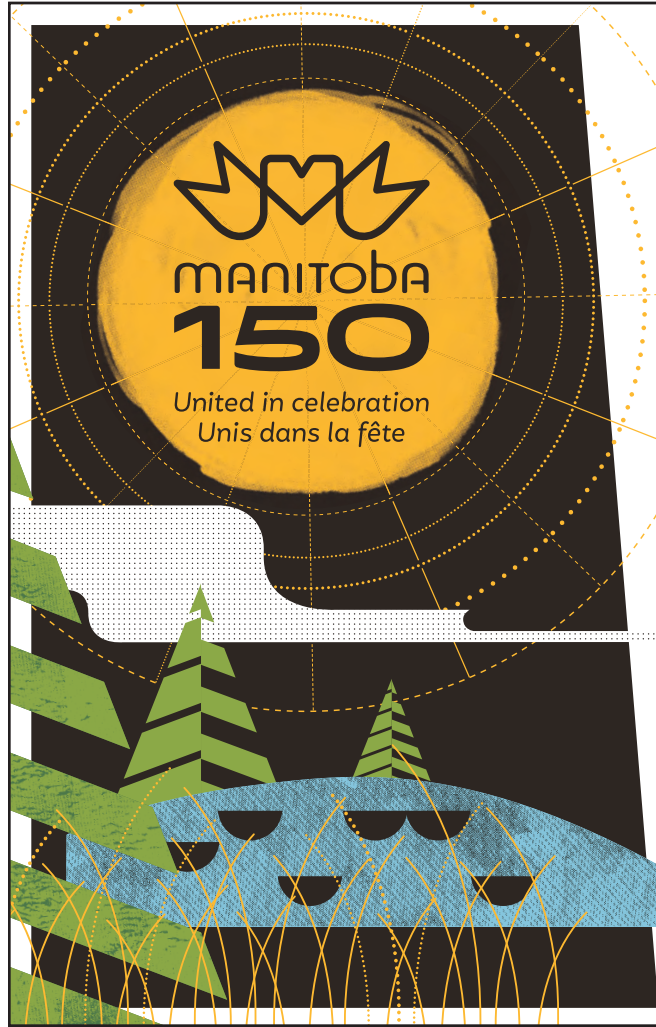
start looking at ways of reducing. So we are actively looking at, primarily, our facilities and our wastewater treatment processes. Our new wastewater treatment plant will be heated without any fossil fuels, so that's about a 16 per cent reductions in our GHG emissions," Nicol said.

"This year, we just converted half our water treatment plant from natural gas to geothermal, so that's another further reduction of 90 to 100 tons of GHG

emissions in a year."

Also, the City of Selkirk is piloting two hybrid vehicles. One is their hybrid bus for the mobility fleets and the replacement of one of their Ford F150 trucks with a hybrid SUV. Selkirk's climate change adaptation strategy won the Canadian Network of Assets Managers' Tereo Award in May for leadership and innovation in Asset Management.


Continued on page 19



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DISCOVER OUR BEAUTY, MEET OUR PEOPLE, EXPERIENCE OUR CULTURE, EXPLORE OUR HISTORY

West St. Paul students visit mayor on climate action strike day

By Ligia Braidotti

On Sept. 27, West St. Paul School students marched to the municipal office as part of the global climate action strike to promote action on climate change.

The students met with Mayor Cheryl Christian who discussed how decisions made by council affect the community and the environment. Students had a chance to ask questions to the mayor about who cleans the garbage in ditches, compost programs, community trails, and how the municipality protects water supply.



RECORD PHOTOS SUBMITTED

West St. Paul School students walked over to the municipal office to talk to Mayor Cheryl Christian about climate change as part of the climate change global strike held on Sept. 27.



Christian spoke to West St. Paul School students about climate change and how the municipality is doing their part on Sept. 27.

> CLIMATE CHANGE, FROM PG. 18

The strategy provides a comprehensive, practical and cost-effective plan to address the impacts of climate change on municipal services and citizens.

"Climate change is the clear and present danger that every community faces. It's negligent for a municipality not to be adapting to climate change. This is the community that our youth is going to be living and they are going to have to pay the costs, they are going to be living with the decisions that we make today," Nicol added.

Grade 12 students Kaya Jackson and Danica Hoium said that if people continue to ignore the signs of climate change and leaders don't take action their future won't look as bright as people say.

"Listening to all these things makes me consider if I really want to have kids or not," Jackson said. "It's not as much as a climate change; it's more of a system change."

Hoium said although the leaders were clapping and agreeing with Thunberg's speech, she thinks most of them won't do anything to change.

"All these men are listening to her, but they are fighting against her. They are doing everything they can to belittle her because they know what she's saying is true, but they don't know how to fight back," she added. "With our youth being her age, we have to come together."

The students are part of a movement that is changing our history. Hoium said that it's clear to them that what humanity has been doing is not working, and she hopes that her generation finds solutions to support climate actions.

"It's scary that our future is in the hands of a bunch of teenagers," she added.

Nicol commented that being a municipality that is striving to improve climate impacts and knowing that there are governments that are turning a blind eye to this issue is frustrating. Still, it won't stop them from doing their part.

"We are a small municipality, we have limited resources, we have a small impact, but that doesn't change the fact that we have a responsibility. Even though we have a small impact, we still have an impact," he said.

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The Selkirk Record

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get inspired

> MEAL IDEAS



Recipe courtesy of Chef Evan Robinson
Servings: 4

- 5 shiitake mushrooms
- 5 white button mushrooms
- 1 clove garlic
- 1/4 cup chopped onions
- 1 tablespoon Mexican meat seasoning
- 10 ounces ground turkey

Cheese Sauce:

- 1 tablespoon butter
- 1 tablespoon flour
- 1 cup milk
- 1 1/4 cups Mexican blend shredded cheese
- tortilla chips
- salsa (optional)
- guacamole (optional)
- kale (optional)
- romaine lettuce (optional)
- tomatoes (optional)
- cilantro (optional)
- diced red bell peppers (optional)

In blender or food processor, pulse mushrooms, garlic and onions. In large saute pan over medium-high heat, mix finely chopped mushroom mixture with seasoning and cook 2 minutes. Add ground turkey, breaking into fine crumbles until completely cooked through. Set aside.

To make cheese sauce: In medium saucepan over medium-high heat, melt butter then add flour and whisk

RED RIVER CO-OP FOOD STORE

Blended Mushroom Nachos

constantly, breaking up lumps. Stir 2 minutes then add milk and continuously whisk. Stir in cheese and mix with wooden spoon.

Assemble chips on serving platter; spread mushroom-meat crumble on top. Add cheese sauce and toppings like salsa, guacamole, kale, romaine lettuce, tomatoes, cilantro and diced red bell peppers, if desired.

A Cooking Technique You Need to Know: Blending

Blending involves mixing finely chopped mushrooms with ground meat for more nutritious, but still delicious, burgers, tacos, meatballs and more.

1. Chop your favorite mushroom variety to match the consistency of the ground meat. This can be done with a knife or food processor.
2. Blend the chopped mushrooms with the ground meat.
3. Cook with Mexican seasoning mix for tacos, marinara sauce for meaty ragu or salt and pepper for juicy, flavorful burgers.



CROSSWORD

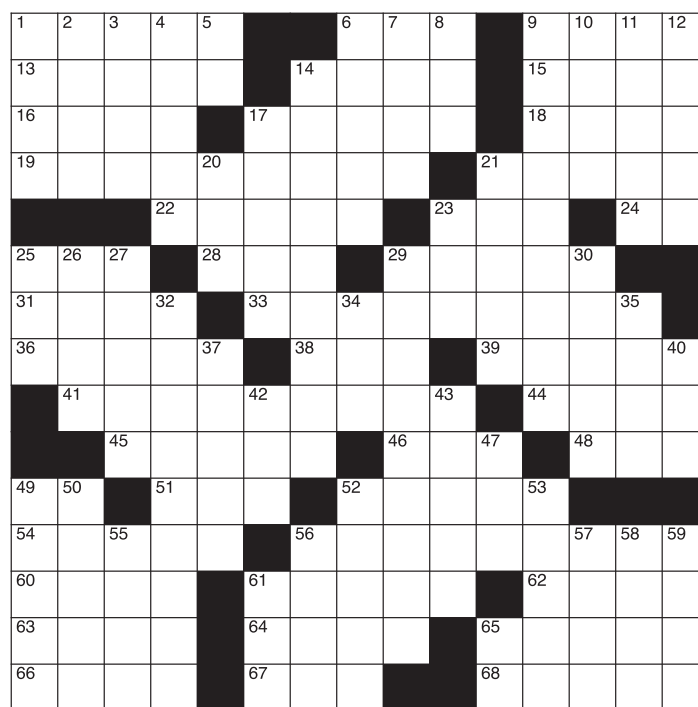
CLUES ACROSS

1. Fertile desert spots
6. Married woman
9. Some animals travel in one
13. Fear
14. Hawaiian island
15. Fit to work
16. Electronic counter-countermeasures
17. Former Senator Specter
18. Cambodian currency
19. Dave Matthews Band hit
21. Lists ingredients
22. Endangered antelope
23. Jerry's TV partner
24. Blue grass state
25. Obstruct
28. Luke's mentor —Wan
29. Fencing swords
31. Oh, heavens!
33. Insensitive to changes in price

36. Hillside
38. Brew
39. Gland secretion
41. A typical example
44. Get up
45. You put it on your pasta
46. Expresses surprise
48. News organization
49. Disorder of the lungs (abbr.)
51. One millionth of a gram
52. Some are of the "suit" variety
54. Group of organisms
56. Produces
60. Passage into a mine
61. ___ and cheeses
62. Semitic fertility god
63. Dry or withered
64. Religious ceremony
65. ___ Winger, actress
66. German river
67. Midway between northeast and east
68. Take something or somebody somewhere

CLUES DOWN

1. Lyric poems



2. Genus of saltwater clams
3. Ingroup
4. Type of lounge chair
5. Memory card
6. Archipelago
7. Common Korean surname
8. It's up there
9. Quantity that helps to define ecclesiastical year
10. First month of the Jewish ecclesiastical year
11. Metal-headed golf club
12. A shade of green
14. Begin
17. A good thing to have
20. Language spoken in Laos
21. Loosely compacted sediment
23. Naturally occurring protein
25. Woman
26. Central Indian city
27. Volcanic craters
29. The largest existing land animals
30. Rumanian city

32. Equal to 10 meters
34. Historic Nevada city
35. A point of transition
37. Remove
40. Overwatch character
42. Records electric currents linked to the heart
43. Settles in calmly
47. Partner to his
49. Banking giant
50. Slowly disappeared
52. End
53. Sword with a v-shaped blade
55. Fabric with smooth, shiny surface
56. Wild cherry tree
57. Traditional Japanese socks
58. Make of your hard work
59. Stony waste matter
61. Woman (French)
65. Unit of loudness

Please see classified section for Answers

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Royals varsity boys' volleyball team dominates Maples Collegiate

Staff

The Selkirk Royals varsity boys' volleyball team is currently on a three-game league winning streak.

Selkirk continued its strong play Monday evening with a dominating 3-0 sweep on the road versus the Maples Collegiate Marauders in KPAC Tier 1 play.

The Royals cruised to set victories of 25-15, 25-13, and 25-7.

With the win, Selkirk is now 3-1 in league play.

On Sept. 25, the Royals defeated the Miles Macdonell Buckeyes 3-0 by scores of 25-20, 25-17, 25-18 at the Comp.

Selkirk is back on the court Wednesday when it hosts the Garden City Fighting Gophers. The Murdoch MacKay Clansmen will visit Selkirk on Monday.

Both games will start at 6 p.m.



The Selkirk Royals' Soren Eramchuk sets up the offence during KPAC action last week.



RECORD PHOTOS BY BRETT MITCHELL
Selkirk's Rylan Van Kooten hits one at the net against Miles Macdonell during KPAC action last week. The Royals won the match 3-0.

Royals reach semifinals of Royal Rumble Invitational

Staff

The Selkirk Royals varsity girls' volleyball team reached the semifinals of their 16-team Royal Rumble Invitational tournament last Saturday at the Comp.

The Westwood Warriors defeated Selkirk 2-1 in the semifinal by scores of 15-25, 25-23, 15-9 on Saturday afternoon.

In quarter-final action, Selkirk defeated the Oak Park Raiders 2-1 by scores of 21-25, 25-19 and 15-11.

In pool play, Selkirk was tops out of four teams with a perfect 3-0 record. The Royals defeated the Vincent Massey Trojans 2-0 (25-19, 25-12), Sturgeon Heights Huskies 2-1 (25-13, 24-26, 15-9) and the Glenlawn Lions 2-0 (25-18, 25-13).

The Dakota Lancers won the tournament title after beating Westwood 2-1 (20-25, 25-15, 15-9) in the championship game.

The Royals played at the Maples Collegiate Marauders in KPAC Tier 1 action Monday evening but no score was available at press time.

On Sept. 25, the Royals swept the Miles Macdonell Buckeyes 3-0 by scores of 25-16, 25-9, and 26-24 in league play at the Comp.

Selkirk will host the Garden City Fighting Gophers in KPAC action Wednesday.

In junior varsity girls' action on Sept. 24, the Royals defeated the River East Kodiaks 3-2 (20-25, 25-19, 25-13, 25-13, 25-12) at the Comp. Selkirk will play at MBCI on Thursday.



RECORD PHOTO BY BRETT MITCHELL
Selkirk Royals' libero Emma Benson gets down low to dig a ball during Royal Rumble tournament action. Selkirk was defeated by the Westwood Warriors in one of two semifinal games on Saturday.

Thunder roll to fourth-consecutive victory

By Brian Bowman

The Interlake Thunder improved their record to a perfect 4-0 after a hard-fought 33-20 home win over the Southwest Sabres in Rural Manitoba Football League action last Friday in Stonewall.

Southwest gave Interlake its toughest test of the season so far.

"It was a good game and it was definitely the best performance that our defence has played all year," said Thunder head coach Mitch Obach. "They really stepped up this week and that's something we emphasized so it was great to see that."

"Southwest is a really strong football team. We had trouble moving the ball a lot of the time."

Interlake led 6-0 after the first quarter and 26-8 at halftime.

Most of the Thunder's offence came from Brady de Laroque and Carter Fuerst. DeLaroque rushed 17 times for 113 yards and three touchdowns. Interlake's other offensive touchdown was a pass from Josh Charison to Fuerst. Fuerst had a strong game with 58 yards rushing and 100 receiving yards.

Obach felt the Sabres were a strong

team on the defensive side of the ball.

"They were definitely the best cover team that we have seen," Obach said. "We had a lot more trouble completing passes than we had before. They were athletic and speedy. I thought our (offensive) line played pretty well but their secondary and their line-backing core could move."

Interlake's lone touchdown in the second half came off of an Eric Zotter interception. Zotter had an exceptional game, finishing with three interceptions.

"Those were huge plays for us," Obach said. "They had a huge receiver that's one of the best weapons in the league, for sure, and he has been for a couple of years...but we tried to match Eric on him quite a bit and, by the end of the day, Eric got the job done most of the time."

Zotter also led the Thunder with eight tackles and two assisted tackles. Aden McLean also had a strong game with seven tackles and an assisted tackle.

The Thunder are back in action this Friday when they visit the Neepawa Tigers. Kickoff is 4:30 p.m.

"They are in the bottom half of the



RECORD PHOTO BY LANA MEIER

The Interlake Thunder's Dallas Batenchuk protects against a Southwest Sabres' pass rush during his team's solid 33-20 victory.

league but they won't be pushovers," Obach predicted. "They're a younger team but they have been playing and

performing better than they expected. They're moving in the right direction and they'll be a test.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Talented Royals eager to start WHSHL season

By Brian Bowman

After last weekend's tournament action in Portage la Prairie, one thing is certain with the Selkirk Royals' boys' hockey team.

They are going to be exciting to watch this season.

Selkirk played some very entertaining hockey on their way to reaching the final of the four-team tournament.

The Royals lost 7-5 to the Killarney Raiders in the championship game on Saturday.

"It was a back-and-forth game," said Royals' head coach Michael Buffie. "It was a high-scoring game. They scored a couple late on us to get the win. But we showed what we're capable of and this year we're going to be a team that can put the puck in the back of the net."

"It's going to be a fun team to be a

part of."

Selkirk started tournament play by blasting Killarney 8-1 and then the Royals were defeated 4-3 by Morden (the Royals trailed 4-1 early and had several good scoring chances to tie the score late in the game).

The Royals then shut out Portage Collegiate 5-0 to earn a spot in the final.

Overall, it was a great weekend for the Royals. It was also very tough on the team to cut plenty of talented hockey players.

"We definitely showed what we're capable of," Buffie said. "The amount of depth that we had come out for tryouts this year was really impressive. There were some tough decisions that had to be made, for sure, but we're going to come out a stronger team be-

cause of it."

Selkirk had 45 skaters and four goalies come out for tryouts. The Royals have become a very popular choice for players who want to be part of their program.

"There were guys that were trying out that can play at this level and have played at this high school level that did not end up making the team just because of the amount of talent we had out this year," Buffie said.

The Winnipeg High School Hockey League's scheduling meeting is set

for this Thursday. Selkirk will return to the league's top division - the Platinum Promotions Division - which boasts plenty of talented hockey players and teams.

"Guys decide to play high school hockey because of how good it is," Buffie said. "We have a team this year that can compete with some of the top teams - the St. Paul's, Garden City - we're really looking forward to starting the season up and facing those teams."

Bloom wins KPAC varsity girls' cross-country race

Staff

The Selkirk Royals' Sayda Bloom finished first overall in the varsity girls' cross-country race last Thursday at Kilcona Park.

Bloom posted a time of 15:39 which was more than three seconds faster than Garden City's Margrett Watt.

The other Selkirk runners in the varsity girls' race featured Emi Hirata (21:41.5), Megan Duff (22:01.6) and Kayla Marsh (22:27.4).

The varsity boys' race saw the Royals' Victor Schjeming place sixth with a time of 17:54.2.

Garden City's Sandeep Rathour was the fastest at 16:48.3.

Selkirk's Nathan Vaughn was 11th with a time of 18:19.9 while team-

mate Terrance Tong was 23rd at 20:54.9.

In the junior varsity girls' race, MBCI's Felicia Ross was the fastest at 9:44.4.

The Royals' Amanda Shupenia finished fourth (10:54) while Selkirk's Emma de la Cruz placed fifth (11:08.6), Agnes Seidl was 11th (11:18), and Katie Wallmuth finished 16th (11:43).

The Royals did not have anyone compete in the junior varsity boys' race.

The third KPAC race of the season will run Thursday at Kilcona Park. The fourth and final KPAC race is set for Oct. 9 at Birds Hill Park.

The MHSAA provincials are slated for Oct. 16 in Stony Mountain.

Passing the ball



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Raya Porteous passes the ball while teammate Sydney Reece looks on during KPAC action last week.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers on two-game winning streak

By Brian Bowman

The Selkirk Steelers have been a streaky team so far in this Manitoba Junior Hockey League regular season.

After losing its first three games of the season, the Steelers are now on a two-game winning streak after defeating the Steinbach Pistons 4-1 on Monday afternoon at the Seven Oaks Sportsplex as part of the MJHL's Players Showcase.

Selkirk's Caiden Gault scored his second goal of the season midway in the first period and then the Steelers went ahead 4-0 after 40 minutes with second-period goals from Keenan Allen, Tanner Pochipinski, and Eric Krywy.

Pochipinski had a strong game, finishing with three points.

Steinbach's Zach Purcell snapped Steelers' netminder Levi Mitchell's shutout bid at 10:24 of the third period.

Mitchell was very good in goal, stopping 48 Pistons' shots.

On Saturday, Selkirk picked up its first win of the regular season after edging the Winnipeg Blues 4-3 at the Rec Complex.

Carter Barley led the Steelers with two goals and an assist while Gault and Patrick Comeau also tallied for Selkirk.

Mikol Sartor, Braden Fischer and Jack Oleksiuk replied for the Blues.

Selkirk outshot Winnipeg 48-26 as Riley Morgan earned the win in goal.

Dumped by the dogs

Last Friday, Selkirk lost 3-1 to the defending-MJHL champion Portage Terriers.

Mack Belinski scored just 54 seconds into the game and then Portage went up 2-0 at the 3:42 mark as Riley Bruce tallied.

Steelers' forward Brett Namaka scored his third goal of the season midway in the second but the Terriers regained their two-goal lead when Caelan



RECORD FILE PHOTO

Selkirk Steelers' captain Carter Barley has two goals and four points through the first five games of the Manitoba Junior Hockey League regular season.

McPhee scored at 19:26 of the middle frame.

Mitchell made 30 saves in the losing cause.

The Steelers played the Dauphin Kings this past Tuesday evening as part of the MJHL Players Showcase but no score was available at press time.

Selkirk will visit Virden on Friday and then will host the Oil Capitals next Tuesday. Both games will start at 7:30 p.m.

Kobelka traded to Steinbach

Meanwhile, in off-ice news, the Steelers have traded Jackson Kobelka to the Steinbach Pistons for future considerations.

The Okotoks, Alta. product played two games with Selkirk this season, collecting 12 penalty minutes.

Last year, he played 29 games with the Steelers, scoring three goals and producing six points. Kobelka started last season with the SJHL's Humboldt Broncos, scoring three times while adding an assist.

Selkirk Fishermen flying in two preseason games

By Brian Bowman

The Selkirk Fishermen have had a good preseason. Now, they're looking to continue that success during the regular season.

The Fishermen had a good turnout of players for training camp with 20 rookies vying for a spot on the team.

"With returning guys, that left us with about 35 guys in camp," said Fishermen head coach Chris Poponick on Monday. "It was a pretty good turnout that way and we got through the first part into some practices and exhibition games and now we're whittled down to 23, 24 guys right now."

Selkirk was 2-0 in exhibition play after defeating the St. Malo Warriors 5-2 on Sunday in Lundar.

Several key veteran players were not in the Fishermen's lineup.

"We had our two goalies vying for the backup spot behind (Riley) Bannerman playing in both of the games and they played really well," Poponick noted. "I was impressed with the effort level and it looks like it will be a lot of fun this year."

Selkirk opened its preseason schedule Saturday with a convincing 6-2 win over the Ice Dawgs in Lundar. The Fishermen iced a younger lineup for that game.

"It was a good effort and like (Arborg head coach) Jim (Werbicki) said we have a smaller team but we're fast and having the cage on makes everybody braver," Poponick quipped.

The Fishermen will host the St. Malo Warriors in their home opener this Friday (7:30 p.m.) at the Selkirk Rec Complex. Selkirk will hoist its championship banner from last year's inaugural CRJHL season.

"It's nice to get through preseason and training camp and start playing games that are meaningful," Poponick said. "As much as it's only one month long with our training camp, which is the shortest one we've ever had, we started a little bit earlier this year to try to get done earlier this year."

Selkirk will then visit the North Winnipeg Satellites next Tuesday for an 8 p.m. contest.

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The Selkirk Record

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Selkirk office/retail, 750 sq. ft. near Rexall on Main. Includes utilities, and A/C. Oct. 1st possession. \$1,000/month. Ph. 1-204-785-0105.

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RURAL MUNICIPALITY OF ST. CLEMENTS

Public Notice – Board of Revision

Notice is hereby given that the Real Property Assessment Roll of the Rural Municipality of St. Clements for the year 2020 has been deposited in the office of the Rural Municipality of St. Clements and will remain open for public inspection during regular office hours (8:30 a.m. to 4:30 p.m., Monday to Friday). The 2019 Supplemental Bills for added and reduced taxes have also been mailed out. Applications for revisions may be made in accordance with Section 42 and 43 of the Assessment Act.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

- 43(1)** An application for revision must
- be made in writing;
 - set out the roll number and legal description of the assessable property for which a revision is sought;
 - state the grounds on which the application is based; and
 - be filed by delivering it or causing it to be delivered to:

Board of Revision
Rural Municipality of St. Clements
1043 Kittson Road
Box 2 Grp. 35 RR 1
East Selkirk, Manitoba R0E 0M0

The Board of Revision will sit on **Thursday, November 14, 2019 at 1:30 PM** in the Council Chambers of the Rural Municipality of St. Clements to hear applications for revision.

The final date on which applications may be received by the Secretary of the Board is **October 29, 2019 at 4:30 p.m.**

Dated at East Selkirk, Manitoba this 27th day of September, 2019

DJ Sigmundson
Chief Administrative Officer
1043 Kittson Road
Box 2 Group 35 RR1
East Selkirk, Manitoba R0E 0M0
Telephone: Selkirk 204-482-3300
Winnipeg: 204- 474-2642
Toll Free: 1-888-797-8425
Fax: 1-204-482-3098
Email: info@rmofstclements.com
www.rmofstclements.com



RURAL MUNICIPALITY OF ST. CLEMENTS

EMPLOYMENT OPPORTUNITY

The Rural Municipality of St. Clements invites applications for Clerk 3 – Finance Clerk

The ideal candidate will be experienced in various administrative and finance duties including payroll within a municipal environment with a solid aptitude for learning new software programs.

The successful candidates will have:

- Certificate in Manitoba Municipal Administration (CMMA) or be willing to obtain this designation;
- A diploma or studies in business administration and/or accounting; knowledge of basic accounting principles;
- Recognized Payroll courses or previous experience working on payroll;
- Knowledge or experience using GIS mapping systems;
- Proficiency with Microsoft Excel and Word;
- Experience using Muniware or other accounting software is highly desirable;
- Good time management and organizational skills with the ability to meet deadlines;
- Strong interpersonal skills and customer service orientation;
- Previous Municipal experience would be an asset.

The RM of St. Clements offers a starting wage range of \$18.94 increasing annually to \$24.09 in three years. Also included is a comprehensive benefits and pension package.

Detailed resumes should be sent via email to cao@rmofstclements.com. Screening for this position will begin as early as October 7, 2019. However, the position will remain open until a suitable candidate is secured.

We thank all candidates for their interest, however, only those candidates selected for interviews will be contacted.

D.J. Sigmundson
Chief Administrative Officer
RM of St. Clements



The Manitoba Schizophrenia Society
wants to *thank*

the following Selkirk businesses
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Walk fundraiser on September 21st:

- A&W Selkirk
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- Bella Ragazza Lingerie & Swimwear Boutique
- Three 6 Tea

Our fundraiser supports The Manitoba Schizophrenia Society's capacity to deliver programs and services to those living with a mental illness in the Interlake region.



Rural Municipality of St. Andrews ON CALL HANDYMAN - CONTRACT POSITION

The R.M. of St. Andrews is looking for a skilled and reliable "on call" handyman to do various jobs in the Municipal and Public Works Buildings. This is a year to year contract position. It is anticipated there would be approximately 15-20 hours per month with an hourly rate. For a full job description, please visit our website at www.rmofstandrews.com.

Please send your submission to:
deb@rmofstandrews.com or by mail to:
Box 130, 500 Railway Ave.,
Clandeboye, MB. R0C 0P0
Attention: Deb Murphy,
Asst. Chief Administrative Officer
**All submissions must be received by
12:00 Noon on October 21, 2019.**

RURAL MUNICIPALITY OF ST. ANDREWS



ST. ANDREWS FIRE DEPARTMENT VOLUNTEER FIRE FIGHTERS

The St. Andrews South Fire Hall is currently accepting applications for Volunteer Fire Fighters.

Applicants:

- must be 18 years of age or older
 - must be medically and physically fit for Fire Fighting duties; a Doctor's Certificate shall be provided
 - must be able to obtain a Class 4 Drivers License with "Air Brake Endorsement"
 - must be able to obtain Level 1 Fire Fighting Certificate
 - must have or be able to obtain CPR and First Aid
 - must be able to provide drivers license abstract, criminal record check and child abuse registry forms at time of interview
- Please e-mail resumés to the following:

St. Andrews South Fire Hall – Fire Chief Ken Peacock: safdcchief@shaw.ca.

We would like to thank all who apply but only those selected for an interview will be further notified.

Ken Peacock, Fire Chief
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great location. Move-in ready!

NEW LISTING 0 HAROLD AVENUE, EAST SELKIRK
\$89,000 1.55 acre treed building lot has sewer and
water lines in place.

NEW PRICE 244 TOM PRINCE DR., PETERSFIELD
\$139,900 Creek front building lot w/existing garage.

335 CIL RD., ST. CLEMENTS \$649,900
Built in 2016, sprawling bung. w/bonus space above
garage. 4 bed, 2.5 bath, 3 car AT. 4 acres in great loc.

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HEALTH

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UPCOMING EVENTS

Looking for vendors and crafters for Selkirk Black Friday Craft Sale Sat. Nov. 30/19 at Memorial Hall. Only 6 tables left. Call 204-785-1618 to book or email recordoffice@selkirkrecord.ca for information.

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Small square bales, wheat and flax straw. Leave message 204-482-5101.

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Selkirk Record

ANNOUNCEMENT

CARD OF THANKS

Stefan and Eileen Jones would like to give a big thank you to everyone who came to the Selkirk Legion to help celebrate their 60th Wedding Anniversary on September 21, 2019. It was a blast! We would like to thank the people for the gifts, cards and well wishes from those who could not attend, also thanks to those who travelled from out of town. Thanks to the Clint and Riley Dutiaume Band for their amazing music, it would not have been the same without them. Also thanks to Laurie Sutherland for her solo, it was awesome. Special thanks to all our children and their families for a great party. We will always treasure the memories.

ANNOUNCEMENT

BIRTHDAY



Please join us for a 90th Birthday
Come and Go Tea in honor of
Edith (Aime) Dell
October 6, 2019, 2 - 4 p.m.
Lions Manor, 320 Christie Ave.
Please no gifts.
The greatest gift is your presence.

ANNOUNCEMENT

BIRTHDAY



Happy 1st Birthday
To my cutest grandson
Rylar
September 24, 2019
I love you to the moon and back!
-Love Grammie Minnie

ANNOUNCEMENT

IN MEMORIAM



Lena Meger
October 6, 2013
May you always walk in sunshine,
And God's love around you flow;
For the happiness you gave us,
No one will ever know.
It broke our hearts to lose you,
But you did not go alone;
A part of us went with you,
The day God called you home.
-Love Doug, Tanis, Roger, Kim,
and Michele and families

ANNOUNCEMENT

IN MEMORIAM

Dorothy Cumberland (Sutherland)
September 28, 2018
James Semple Cumberland
March 20, 1997
Leslie Edward Cumberland
July 14, 1994

Those we love don't go away,
They walk beside us every day;
Unseen, unheard, but always near,
Still loved, still missed and very dear.
We miss you Mom, Dad, and Eddy
And know you are altogether watching over us.
You are forever loved and never forgotten.
-Gail and Jim Jr. and Janice,
grandchildren and great grandchildren

OBITUARY

Richard Lawrence Shaward

On Sunday, September 22, 2019 at his residence in St. Andrew's, MB, Richard Shaward, aged 76 years, passed away.

In keeping with his wishes cremation has taken place and no formal service will be held.



Gilbert Funeral Home,
Selkirk in care of arrangements.

ANNOUNCEMENT

ANNIVERSARY



Congratulations!!
Ed and Ginette Gusta
On your 60th Wedding Anniversary
October 3, 2019

-From your children, grandchildren
and great grandchildren
We love you!!!

OBITUARY

Richard (Rick) Larry Wyspinski

It is with deep sorrow we announce the passing of Richard (Rick) Larry Wyspinski on Tuesday, September 24, 2019 due to glioblastoma.

Richard was born April 12, 1952, the first son of Joe and Elsie Wyspinski of Selkirk, MB. As a young man he enjoyed hockey and golf, he also enjoyed working on cars, so much so his dad built him an extra garage back to back with the family garage. After high school Rick tried one semester of Business Administration, one of Auto Mechanics, finally settling on Safety Officer training at a college in Thunder Bay which was how he earned a living. He worked at Manitoba Rolling Mills, Province of Manitoba and others, the final years at Fort McMurray. He was enjoying retirement.

He leaves to mourn, son Royce; daughter Rishel; their mother Rhonda Wyspinski; daughter-in-law Crissy; first grandson Mason Joseph Walter Wyspinski; brothers Laurie and Joel; sister Judy Winters and mother Elsie Wyspinski.

The family wishes to thank the Selkirk Regional Health Center for the excellent care he received.

Funeral services were held on Tuesday, October 1, 2019.

If friends desire donations to CancerCare Manitoba, 675 McDermott Ave., Winnipeg, MB, R3E 0W9 would be appreciated.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home,
Selkirk in care of arrangements.



OBITUARY

Edith Joan Anderson May 7, 1956 - September 25, 2019

It is with great sadness that the family announces the passing of Edith on Wednesday, September 25, 2019 at Deer Lodge Centre after a lengthy illness.

Edie is survived by her loving husband Don; brother Jim (Arlene) and niece Karen; sister Janet (Louis) and sister Madelyn (Ken). She was predeceased by her parents Jim and Edith and niece Sara.

Edie was born and grew up in Selkirk, Manitoba and later moved to Winnipeg where she lived until her passing.

The family would like to thank those who cared for Edie, the homecare workers and for the last few years, the staff at Deer Lodge Centre for their kind and compassionate care. Special thanks to Don, Edie's soul mate, who was always by her side through all of her health challenges. His love, care and companionship brought her great joy, in her words, "Don is my guardian angel."

Cremation has taken place and there will be a private family interment.

If desired, donations in memory of Edie may be made to the MS Society, CancerCare Manitoba or Deer Lodge Centre Foundation.

You are now free from pain and limitations, rest in peace Edie.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com



Gilbert Funeral Home, Selkirk in care of arrangements.



Announcements

The **Selkirk Record**

OBITUARY



Jean Tomiak (nee Hryniuk)
November 2, 1919 – September 18, 2019

Jean passed away peacefully at Betel Home, Selkirk, MB on Wednesday, September 18th, 2019.

Jean was born in Pleasant Home on November 2, 1919. She was the youngest of her family born to George and Hafra Hryniuk, all of whom predeceased her. Jean attended Prout School and grew up in the vicinity of Winnipeg Beach. She was married to Mickey in 1945.

Jean had many different jobs throughout her lifetime which included working as a domestic, a riveter at Canada Car in Thunder Bay, Ontario, and in various restaurants, one of them being Skinner's in Lockport.

She enjoyed her garden and flowers and spent many hours outside in her yard on Morris Avenue.

Jean loved friends and family to drop by for a visit and her doors were always open to anyone needing a place to stay. She had many boarders over the years. She was always willing to give lend a helping hand wherever needed.

In addition to gardening, Jean enjoyed her time as a hockey mom, and also enjoyed fishing, baking and cooking. More recently, she was so excited to become a great-grandma in November 2018 to Jett Michael Tomiak.

Jean was known to everyone as Auntie Jean, not only to her nieces and nephews, but to many others as well.

She was predeceased by her parents, sisters, brothers, and her husband Mickey. Jean is survived by her son Ray (Mary), grandsons Michael (Melanie) and great-grandson Jett of Edson, AB; Jeffrey (Carly) of Chestermere AB; special nieces Carole (Len) Bacon, Selkirk and Jeanne (Bill) Mazur, Winnipeg; brother-in-law Walter Tomiak (Shirley) of Winnipeg; as well as many nieces and nephews.

Her family would like to thank the staff at Betel Home in Selkirk for their care and compassion during Jean's stay there.

A private family interment will take place at a later date.

Flowers are gratefully declined. Donations in Jean's memory can be made to a charity of your choice.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Eileen May Shewchuk (nee Vandal)
1950 - 2019

It is with great sadness that we announce the passing of our beloved wife, mother and grandmother who passed away at Kin Place Personal Care Home in Oakbank on Friday, September 27, 2019 at the age of 69. She endured a very long battle with a rare neurodegenerative brain disease, Progressive Supranuclear Palsy (PSP).

Eileen will forever be remembered by her husband of 50 years Mel and by her two children Kristyn (Patrick) and Mark (Kristie) as well as her three precious grandchildren Evynn, Mayra and Blake who she absolutely adored. Eileen is survived by her sister Shirley (Lorne), brother Rob (Josephine) and numerous nieces, nephews and very special cousins. She was predeceased by her father Jules and mother Mary.

Eileen grew up in Middlechurch, where she was fortunate to share many special childhood memories surrounded by numerous cousins and relatives. Eileen held these memories dear to her heart which included playing by the creek, tobogganing, riding bikes, camping trips and even jumping off the old shed trying to fly. Eileen and Mel married in 1969 eventually settling in Lockport where they built their family home along the river. They raised their two children, Kristyn and Mark in the most fairy-tale-like environment a kid could ever ask for.

Eileen was known for her "green-thumb", always producing gorgeous flower gardens. She was creative and crafty, an avid curler, infamous for her cheesecakes and cake decorating, and was known for her love for wine and chocolate. She was a planner and organizer and loved to host a good party, often being the life of the party herself. More importantly, family was priority in Eileen's life and she cherished any opportunity to host a family gathering. Eileen was a special person to many people and her kindness and generosity left a lasting impact on everyone she met. Not only was she strikingly beautiful, she was even more beautiful on the inside, always putting others first.

Eileen fought her battle with PSP with dignity and grace. She had amazing will, strength and determination, never once complaining or asking "why me?" She was surrounded by the love and comfort of her family members during her final days who shared numerous memories and loving stories about this beautiful lady. The room could not have been filled with more love.

Special thanks to the exceptional staff at Kin Place Personal Home, especially the very special health care aids and nurses that became her friend and treated her like family.

A Celebration of Life for Eileen will be held at Gilbart Funeral Home in Selkirk on Wednesday, October 2, 2019 at 3:00 p.m.

In honor of Eileen's selfless and giving nature, we ask that in lieu of flowers please take a moment to "pay it forward" with a kind act or deed today.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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OBITUARY



George Lloyd Swanson
1935 - 2019

George passed away at St. Boniface Hospital September 25, 2019 at the age of 84. He is survived by his son Darren (Lindsay nee Simpson); brothers Carl and James (Fay); his sisters Arlene (Frank), Audrey and many nieces and nephews. Predeceased by his parents and wives, Barbara Swanson (nee Roberts) of 12 years and Marian Swanson (nee Kulmatycki) of 33 years.

George was a quiet man, he didn't say much but when he did you listened. He was very insightful and sincere. George was an extremely hard-working man and was a successful business owner in the logging industry in Cochrane, Ontario, before moving to St. Andrews, MB to be closer to Marian's family and to retire.

George was a jack of all trades, but his true passion was flying. He enjoyed being free as a bird. He also took pride in his cooking and gardening as well as entertaining family and friends.

Flowers are gratefully declined. If friends so wish, donations can be made to the Royal Aviation Museum of Western Canada (royalaviationmuseum.com) or a charity of their choice.

We would like to thank the staff on 5B and the Dialysis unit at St. Boniface Hospital and the staff at Homecare Assistance for their compassion.

Funeral service will be held at Gilbart Funeral Chapel, 309 Eveline Street, Selkirk, Manitoba, on Thursday, October 3, 2019 at 11:00 a.m.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Rose Marie Franklin (nee Pastula)
September 29th, 1932 – September 30th, 2019

We today announce the passing of our mother Rose, after surviving a life-altering stroke in 2017 and having vascular dementia, she now is able to walk and have the cobwebs cleared from her thoughts on her new travels. As Rose had planned so many years ago, she passed away in her home, with her son Bill by her side.

"Mom, it has been an honour and privilege to assist you through the final stages of your life."

Rose was predeceased by her husband John Franklin of 49 years and her companion Albert Hawryluk of 14 years; her parents, Albina (Le) and Joseph (Joe) Pastula; brother Art; grandson David Franklin and daughter-in-law Dale Frederick.

Rose is survived by her four children, Don (Denise) Ontario, Les, Manitoba, grandson Jeremy, Alberta, Kathy (Peter) BC, Bill (James) Maui. Rose is also survived by in-laws, Betty Pastula, Marion, Edith, Joan and Evelyn Franklin, Michael (Florence) Franklin, Dorothy (Bud) Smith and numerous nieces and nephews.

Rose was what you would of have called a pioneering woman, who at the age of 19, met and married John and moved to a homestead in Belair, Manitoba with no running water or electricity. In her twenties she started having, and raising, four children and running a business.

Rose was the founder and owner of Lanky's, in Grand Marais from 1956 until 1978 when she sold the business and retired. Retirement was not all that retiring though as Rose started the largest 4H club in Manitoba at the time. She sat on the executive of various social and seniors' organizations including the Grand Marais Recreation Association and the Gordon Howard Centre in Selkirk. She was a volunteer coordinator for the House of Economy in Selkirk representing the Gordon Howard Centre. Whatever she took up, she put a lot into, winning provincial awards of excellence for her wood fibre flowers and her ceramics.

In her later years Rose and Albert, and after he passed, son Bill drove Mom to her beloved card games in East St. Paul, Beausejour, Garson, Selkirk and downstairs here at Edgewood Estates. The monthly supper club at Middlechurch was special for Mom. Rose was a social person and wanted to be out and about for as long as she could. Bill was able to take her out to different luncheons, suppers and her almost daily trips to Kildonan Park to see how the flowers were doing right up until recently. When you get a diagnosis like this and make a decision to stay in your home until you pass, it takes a lot of people including various doctors, nurses, Family Managed Care, Palliative Care, health care aids, friends and for us, the help and support of the 6th floor gang at Edgewood.

In lieu of flowers, please donate to: The Middlechurch Home of Winnipeg, Santa to a Senior Program (one of Mom's favorites). Attention Bev McCallum.

In accordance with Rose's wishes, cremation has taken place and a celebration of life will be planned for a later date. Honorary pallbearers are Kathy Franklin, Albina Pastula (posthumously), Denise Franklin, Dale Frederick (posthumously), Marion Franklin, Susanne Sulkers, Pat Hayek, Mein Lowing (posthumously), Bernice Kulmatiski, and Marci Mickey.

Please leave condolences at crolo.com

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