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THURSDAY, AUGUST 31, 2017

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Pool pawty

RECORD PHOTO BY BRETT MITCHELL

Cheryl Hygaard of Selkirk was all smiles while taking her dog Hudson for a swim at the Selkirk Park Pool during the City of Selkirk's second annual K9 Swim and Splash on Monday. For another photo, see Page 13.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Crews battle downtown blaze



RECORD PHOTOS BY BRETT MITCHELL

Fire crews from Selkirk and East Selkirk battled a blaze for several hours in downtown Selkirk for much of Monday afternoon. Selkirk Fire Department Chief Craig Fiebelkorn said the cause of the fire, which started in the attic of a building located at 224 Manitoba Ave., was electrical. There were no injuries and crews managed to keep the fire from spreading to any nearby buildings. One man was currently living in the second storey of the building but was not home when the fire broke out. The building was previously home to a shoe repair shop.



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to learn more about the project ahead.

Selkirk Rotary Club seeks book donations as sale nears



RECORD PHOTO BY BRETT MITCHELL

Red Bomb Fireworks staff pose with some of the book donations they are storing and getting ready for the Selkirk Rotary Club's upcoming seventh annual book sale fundraiser.

By Lindsey Enns

The Selkirk Rotary Club is gearing up to host its second biggest fundraiser of the year and they are seeking more book donations to help make it a success.

Marcia Bilkoski of Selkirk, who has been a rotary club member for five

years and is the organizer behind this year's book sale, says funds from their annual book sale go towards local and international projects.

"We take everything," Bilkoski said referring to used, slightly used and new book donations. "We take donations of all sorts of books."

The local rotary club's seventh annual book sale is set to take place in October and those with books to donate can do so by dropping them off at Red Bomb Fireworks in Selkirk.

Matt Bialek, owner of Red Bomb Fireworks, said they are happy to store and welcome book donations for the Selkirk Rotary Club.

"We're just happy to support the rotary club," he said. "They're a great group of people."

"Storing 10 to 12 pallets of books is

no challenge for us."

Book donations can be dropped off at Red Bomb Fireworks located at 609 Greenwood Ave. Monday through Thursday from 9 a.m. to 6 p.m. as well as Friday and Saturday from 9 a.m. to 9 p.m.

The seventh annual Selkirk Rotary Club Book Sale will take place inside the Selkirk Mall from 10 a.m. to 5 p.m. on Oct. 12-14 and Oct. 19-21.

For more information about the local rotary club, visit selkirkrotary.org.

Selkirk's A&W raises over \$7K for MS



RECORD PHOTO BY LINDSEY ENNS

A happy A&W customer gears up to pop some balloons filled with prizes during Burgers to Beat MS Day at Selkirk's restaurant location last Thursday afternoon. Last Thursday, for every teen burger sold, \$2 went towards helping those living with MS. Selkirk's A&W helped raise over \$7,000 for MS last week along with fundraising efforts.

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\$1.7M investment fuels plans for a vibrant downtown Selkirk



PHOTO COURTESY OF LOMBARD NORTH GROUP

The Downtown Selkirk Renewal Strategy received a \$1.7-million investment recently, which will allow projects outlined in the strategy, such as a first impression archway on East Manitoba Ave.

By Maggie Wysocki

After receiving \$1.7-million in federal and provincial dollars recently, Selkirk's Downtown Renewal Strategy is ready to deliver on its promise of creating a brighter future for downtown.

"There's been so much thought put into this renewal and I can't wait to see the end result," said Selkirk Mayor Larry Johannson, adding this is an exciting time for the city.

The strategy, which started in 2012 and was adopted by city council last year, focuses on Manitoba Avenue East, the Waterfront and Water Tower, and the area from Rosser to Taylor avenues.

Preserving downtown's heritage buildings, attracting new, local businesses and supporting existing ones are all key targets within the strategy.

Specific projects, such as widening the sidewalks to make the area more pedestrian friendly and creating parallel on-street parking on Manitoba Ave., have already been discussed in the conceptual plan.

"It truly is a place where people will want to gather and our vision, the city's and the community's vision, is to accomplish that in a well-planned way," said Johannson.

One indication Johannson says makes it clear the community's in favour of the renewal is the first-ever Holiday Alley: Arts on the Avenue — a street festival of art, light and creativity happening in downtown Selkirk on Dec. 2.

The event is in collaboration with the popular heritage homes Christmas tour, Homes for the Holidays, and organizer, Shirley Muir says it will bring

**"IT TRULY IS A PLACE
WHERE PEOPLE WILL
WANT TO GATHER."**

thousands of tourists to the city, benefiting the local economy.

"We know when people come for the Homes for the Holidays tour, they don't just spend money on their ticket but they spend money on local businesses in our community too," said Johannson. "We think of Holiday Alley as the demonstration spot for a lot of future activities that could go on downtown, bringing tourists, traffic and ramping up opportunities for any entrepreneurial business that wants to welcome Holiday Alley visitors."

A few exciting highlights Holiday Alley will offer include outdoor art installations including the "Art on Ice" fishing shack that will be auctioned off; a chili competition between downtown restaurants hosted by the Riverside Grill; and a craft market selling the work of local artisans and makers.

"There are a lot of visionaries in this city and I want to be part of that, which is why Roxi's Uptown Café and On The Rocks Bar are excited to be part of hosting Holiday Alley events," said Manitoba Avenue restaurant and bar owner Roxi Bohemier. "I love this downtown and it is only going to get better and better."

*Selection may vary by store. Does not apply to previous orders, Clearance, Power Buys, Special Buys and Sale items. Not to be combined with any other offers and cannot be applied to past purchases or sale items. See store for details. Aug. 31 - Sept. 3, 2017 only.
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Community comes together for St. Andrews street festival

By Savanna Peers

With warmer days winding down, the St. Andrews Community Club wanted to end the summer with a bang.

The RM of St. Andrews Canada 150 Summer Street Festival kicked off last Saturday morning with everything from a farmer's market to carnival games to bubble soccer.

The event was mainly geared towards kids and activities were staggered throughout the day so depending on what time you came, you could take in the wildlife show, bounce on the bounceroo's or even try out the mobile game box, a mobile video game theater.

The St. Andrews Fire Department brought out their trucks to display and had their fire safety mascot, Sparky, along with them too.

The event catered to adults as well, with beer gardens starting at noon and running all the way till midnight. There was music and games for the grown ups too.

Rob Ataman, president of the St. Andrews Community Club, said the evening events really helped round out the day.

"The Band School of Rock hit it out of the park. Bingo and the late-night movie for the kids was a hit," Ataman said.

To close out the evening, the community club staged an outdoor showing of the popular movie, "Guardians of the Galaxy."

Ataman said they wanted to have an event that brought people together for one last hurrah before back to school time.




ABOVE LEFT: Sophie and Hayden Mazur play one of the many games for local youth during the St. Andrews Canada 150 Summer Street Festival last Saturday. ABOVE RIGHT: Ethan Grove plays bubble soccer at last weekend's St. Andrews street festival.

"Events like this bring the whole community out, it's a great chance for everyone to get to know one another" says Ataman.

The cloudy skies and threat of rain may have held a few people back from coming to the event, but Ataman says they plan on doing it again next year with hopes of drawing a bigger crowd.

RECORD PHOTOS BY SAVANNA PEERS

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Finding healing in nature

How the Selkirk hospital's landscape is benefiting both patients, employees

By Lindsey Enns

When you step onto the grounds of the Selkirk Regional Health Centre, you almost have to remind yourself that you're at a hospital.

Lush with Manitoba grown wild prairie grasses and flowers, rooftop gardens and multiple outdoor seating areas, the site's landscape design is helping transform the new regional hospital into a healing environment.

"One of the first things we did ... was to try to define sort of what health and well-being meant for people living in the Interlake," said Monica Giesbrecht, principal at HTFC Planning and Design and the project's lead landscape architect. "So no matter where you are in the hospital, there is some sort of glimpse or connection to that landscape."

The prairie inspired landscape, down to the outdoor railings, decks, benches, lighting and the hospital's walls of sea blue windows, were all made to mimic the feeling of being in cottage country, Giesbrecht added.

"Studies show that when you feel more at home at a place you're likely to be more calm and less stressed out so this feeling of familiar was very important."

Some of the 28 acre site's design details include a nearly 1.5 kilometre walking trail, 3.6 acres of stormwater management systems, 14.8 acres of native grasslands and park space as well as 30,000 square feet of gardens, 360 trees, 1,300 shrubs and 2,400 perennials.

The main floor consists of a "central healing courtyard," which includes seating areas, a large shade tree, elevated deck and donor wall as well as a green vine shade wall. A family courtyard with an outdoor kitchen, decks, grassy hills, native and adaptive plantings and seating is also lo-



RECORD PHOTOS BY LINDSEY ENNS

Monica Giesbrecht, of HTFC Planning and Design, pictured top left, overlooks the new Selkirk Regional Health Centre's landscape she helped design from the second floor during a tour of the centre's outdoor spaces last Thursday afternoon. The site's landscape design is helping transform the new regional hospital into a healing environment for both patients and staff.

cated in the back of the hospital.

Up on the second floor is a 850 square foot therapy and meditation balcony, two rooftop gardens and visitor terraces overlooking the central and family courtyards.

"Many studies show that a view to the outside increases patient recovery by nearly 50 per cent, that they mentally feel better, that it reduces stress in staff in a hospital and it helps families that are dealing with not so great things, cope with stress," Giesbrecht said. "So the architect and the regional health authority really bought into that idea."

Lita Savage-Murray, a spokeswoman with the Interlake-Eastern Regional Health Authority (IERHA), said the centre's landscape design was an important part of the new hospital's build.

She added the total cost of the landscaping project is factored into the building's total budget, which came



in at around \$111 million.

The 180,750 square foot facility officially opened its doors on June 25.

With the idea of wellness in mind, the hospital is home to floor-to-ceiling windows, open-air terraces, rooftop green spaces, natural paint colours and locally quarried limestone walls.

The IERHA is currently working with hospital staff to organize local community garden groups to help maintain the landscaping, which will give the community a chance to be part of their new health centre.

Giesbrecht said studies show that other advantages to introducing views and access to nature at hospitals include reduced pain and depression in patients, a better quality of life

for the chronic and terminally-ill, increased mobility and independence for patients as well as creating a better overall atmosphere for staff.

For Giesbrecht, who has been working on this project since 2007 alongside LM Architectural Group and EllisDon, being able to see their vision come to life was easily a dream come true.

"The reason I am a landscape architect is to promote human health and connection to land and I get goosebumps because this is exactly what this does," she said, adding they have already received plenty of positive feedback regarding the site's design. "It's a once in a lifetime project."

The Selkirk Record
will be closed on
LABOUR DAY
Monday, September 4, 2017

'We won't rest until changes are made'

Six names added to MADD monument in West St. Paul



By Justin Luschinski

Earl and Phyllis Mccaskill lost their daughter, Corinne, to a drunk driving accident 35 years ago. Corinne was 14 years old and her parents are still struggling with her loss to this day.

"It's difficult," Phyllis said. "Thirty five years doesn't make it easier."

"It's still tough to deal with."

"She was a good student," Earl said, his voice choking up. "She was sensitive, caring, a gentle soul."

They hope to honour their daughter's memory by adding her name to the Manitoba Memorial Monument. The project was created to memorialize those killed by an impaired driving accident.

Patricia Hynes Coates is the national president of Mothers Against Drunk Driving (MADD) Canada. She said that even though the amount of impaired driving deaths have decreased, she doesn't want any more names added to the memorial.

"Every time we hear about another loved one injured or killed, we become frustrated," Patricia said. "But it makes us more determined, so we won't rest until changes are made."

Patricia said that if someone wanted to add a name to the memorial, they would have to apply through a MADD victim service representative.

The applicant has to make sure that all the court documents were recorded, as they must prove that their loved one's death was caused by alcohol, drugs, or a combination of the two. Once the process is done, and an affidavit is signed, their name will be added to the memorial.

MADD will add names to the monument once a year. Sometimes it might take longer than that, depending on how quickly the organization receives the necessary documents.

For Earl and Phyllis, their daughter's name on the memorial serves as a tribute to her, and a warning about



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Earl and Phyllis Mccaskill, pictured centre, sit in the front row during a ceremony unveiling the six new names being added to MADD's Manitoba Memorial Monument in West St. Paul last Sunday afternoon. The couple lost their 14-year-old daughter, Corinne, to a drunk driving accident 35 years ago and wanted her name added to the monument as a way of honouring her.

the dangers of impaired driving.

"We felt like we needed to do it," Phyllis said.

"She deserved some sort of recognition. She was cut off from everything at 14 years old," Earl said. "That's what this was about. That's why we're here, and that's why we chose to have her name on that wall, as a way of honouring her."

According to Manitoba Public Insurance, 107 people were killed on Manitoba roadways in 2016. Thirty six per cent of those crashes involved impaired driving.

The monument can be viewed in West St. Paul at Glen Eden Cemetery, located at 4477 Main St.

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6:30 p.m. Annual General Meeting

There are many changes underway in health care. Join in a conversation between Dr. Brock Wright, president & CEO of Shared Health Services Manitoba, and Dr. Myron Thiessen, vice-president primary health care and chief medical officer of Interlake-Eastern RHA, as they explore health care change, why it's necessary and how you stand to benefit. We'll also review Interlake-Eastern RHA activities; presentation of the Community Leadership Award; and provide a question and answer period.

Everyone welcome. Refreshments will be served.

For more information call 1-855-347-8500
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getfishing

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Who owns that fish anyway?

Hi guys and gals. There was no reason to think our camper-angler friends at Norris Lake wouldn't give us an entertaining fishing story when I was there last weekend until I got side tracked by a lovable loon. I idled slowly through the dusty gravel lanes stopping occasionally to talk fishing with folks and almost missed something special. At the end of the pier I noticed two young guys fishing with a pal who happened to be a loon squatting between them. This goose necked, rapier beaked, swept back winged creature in a dark brown, black coat of feathers was acting almost human! It quickly became evident that "Herbert", we'll call him, liked people. Herbert clearly seemed to have no patience for Alex and Tyler Robinsons' ability to catch fish. I watched as he looked up sideways at Alex then Tyler then seemingly in exasperation jumped off the pier and disappeared under the water coming up with a small fish. He wiggled his head squawking as if to say, "see, this is how you do it!" It soon became apparent he considered campers his buddies and the Norris campground his summer home. Campers told me he would waddle or fly from one camp lot to the other picking up morsels of food, checking out the campers and sometimes just sitting beside them for company. At night he would honor some boat owner by perching on his boat for the night. Persnickety, smart Herbert, the Norris Lake mascot, if you come to camp here he'll probably come say hi!

I mentioned last week anglers who fish in still waters seem to be luckier than others lately. Fish hiding in still waters happened again last Thursday with folks on the Winnipeg River by the Powerview Dam. On the south side there is a large fairly flat rock



RECORD PHOTO BY ARNIE WEIDL
Bernard Mendoza of Steinbach with his catch from the Winnipeg River by Powerview.

outcrop harboring a little bay. There I met Bernard Mendoza from Steinbach who was catching one fish after another while everyone else along the bank weren't getting a bite. Not long ago I met a very interesting chap by the name of Shayn Peitash of Beausejour with a fishing story of theft-as far as he's concerned! Shayn was a tall well built guy with short brown hair, a strong jaw and tight lips set as he cleared his throat before each sentence. He was riverbank fishing with dad on the Red years ago when

nature called. He asked pop to watch his line while he had a quick talk with a willow bush. Coming back, he saw dad reeling in his line with a master pickerel on the hook. Shayn felt it should be his fish but dad insisted he would keep it to have it mounted. Shayn didn't want to cause trouble so the fish wound up on "dads" wall. Days later Shayn went to Sunday school and when the teacher asked if anyone had a summer story, Shayn jumped up and told how dad stole his giant fish. The teacher was convinced Shayn was lying about the size of the fish and that father had taken it but Shayn stood his ground and kept on insisting his story was true. Finally the teacher got mad and threw Shayn out of Sunday school. Father and son still argue over who owns that fish!

A few days ago I met a very unusual character. He was tall, portly and one of the nicest guys I have ever come across. He put you in mind of a very cool Santa Clause with his snow white beard and hair, spectacles half off his nose and a talent for telling one story after another in a hearty bellowing voice. He's Larry Gillings from Monominto (I bet you can't find where that is) and he told of a time fishing on the Red upstream of Selkirk when he saw a bunch of small frogs by the waters' edge. He caught a couple and set them on his double hook pickerel rig, cast out and immediately got a strike of two jackfish. Larry sat in his chair astonished at the frenzy before him. The jacks mindlessly attacked the frogs pushing each other away by reflex. The water became frothing foam. Larry being a joker by his own admission yelled at the jacks, "To heck with you guys, you figure it out!" Well, they did, they took the frogs, slipped the hooks and left!

See you next week.

View the Selkirk Record online at selkirkrecord.ca



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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First Nations school board to open new doors for students

By Maggie Wysocki

Since the Truth and Reconciliation Commission of Canada released its 14 “calls to action” in 2015, many Manitoban politicians and educators have voiced their desires to educate future generations about a dark period in Canada’s past.

For the past four years, the Manitoba Teachers Society has hosted Orange Shirt Day in an effort to raise awareness about residential schools. And the organization, Facing History and Ourselves, has hosted workshops showing educators how to appropriately speak about the events.

The province has also released a guide entitled “From Apology to Reconciliation” for Manitoba high school social studies teachers to educate their students.

“We work with different deans of education in faculties across Canada to develop programs,” said National Centre for Truth and Reconciliation director, Ry Moran. “Sometimes it’s specific and sometimes it’s more broad depending on the province’s history.”

While these steps towards reconciliation are beneficial towards non-Indigenous students, residential school survivor and Brokenhead Ojibway Nation (BON) Chief Jim Bear says it’s most important for youth who have been affected by the aftermath to learn about as well.

“Some of our youth now don’t know



PHOTO COURTESY OF THE LIBRARY AND ARCHIVES CANADA
Female students pose alongside a nun at Cross Lake Indian Residential School in February 1940 archive photo. Residential school survivor and Brokenhead Ojibway Nation Chief Jim Bear says the new Manitoba First Nations school board will allow First Nations communities to teach about more culturally relevant material.

why they act the way they do,” Bear said. “If they have the teachings at school they can go to psychologists and get the help they need.”

For approximately five years, Bear attended one of the 15 residential schools in Manitoba and says he completely lost connection to his identity during that time.

“A lot of bad things happened on residential schools but there’s no way I would ever downplay those things that happened to individuals. Even now there’s separation from your

family from not being brought up with traditions,” he said. “I feel very lost and envious when I hear people speak our language. It was kind of a double edge sword because they thought they were protecting us by not teaching us the language.”

But Bear doesn’t have to worry about BON youth reliving his past. Starting in the upcoming 2017-18 school year, the community will adopt the new Manitoba First Nations school board.

The board is being operated completely by Manitoba First Nations,

with the province having no jurisdiction over it, and funding from the Federal Government will go directly to the First Nations school board.

The First Nations-led system, created through the Manitoba First Nations Education Resource Centre (MFNERC), will also allow reservations to teach about culturally relevant material, says Bear.

“It’s long overdue and this will help them understand why lots of our people are in the conditions they are.”

The new agreement also sees funding for First Nations schools in the 12 communities increase dramatically.

BON currently receives roughly \$6,000 per student per year but under the new school board and funding model, that will increase to nearly \$17,000.

BON director of education, Kevin Kipling said during an earlier interview that the new system will benefit the community as a whole both socially and emotionally.

“We are honored to accept responsibility for education from the First Nations that are signing this historical agreement,” MFNERC executive director, Lorne C. Keeper said. “The future looks bright for our children and youth with the increased funding that will allow for high quality academic programming.”

So far 12 First Nations have signed on for the First Nations school board for the 2017-18 school year.

City to unveil wastewater treatment plant details at open house

Staff

Selkirk residents will soon get a chance to learn more about the city’s new wastewater treatment plant project during an upcoming open house.

A public open house will be held on Wednesday, Sept. 6 in the Selkirk Rec Complex’s banquet hall from 5 p.m. to 8 p.m.

The plant was among the capital projects identified by the City of Selkirk in its 2017 budget. Planning and design of the new facility is now well underway.

“The existing plant was built in 1976 and has now reached the end of its life cycle,” Mayor Larry Johansson stated in a release on Monday. “We now have an opportunity to build a facility that we believe will make our city a provincial leader in wastewater management.”

After an extensive study, it became apparent that renovating the existing facility would not be cost-effective.

The new facility’s design features a

membrane treatment process to provide the highest quality effluent (treated wastewater) for the environment, the Red River and Lake Winnipeg in particular. The City of Selkirk worked with an independent, third-party engineering firm and reviewed seven different types of process systems where the membrane treatment system was determined the best process. Membrane bioreactors are used as an integral part of wastewater treatment, to create high quality water for reuse, and are considered state-of-the-art technology.

As provincial regulations on wastewater have changed recently, the city’s existing plant cannot meet the new requirements. Utilizing the membrane process, however, will ensure the city is now compliant and will be when and if provincial or federal regulations change again in the future.

“The City of Selkirk is taking a lead role on environmental stewardship of the Red River and Lake Winnipeg by

ensuring that we are becoming part of the solution and not adding to the problem,” said Duane Nicol, the city’s CAO. “By producing high quality effluent, the city also has the potential to attract industry to utilize this water for industrial or commercial re-use.”

Offering purified wastewater to industry can potentially assist the aquifer – the underground water source – to be more sustainable due to the reduction of water being taken from it.

The new plant will also have the ability to expand modularly to align with future growth in the region without the need for any re-design or major

construction. The city is planning for growth that is flexible and cost effective.

“This new plant has to serve us for the next 40 years, a lot of thought has been given to regional service, growth and environmental protection,” Nicol said.

Royal Canadian Legion Branch 42

403 Eveline Street, Selkirk
Office: 482-4319 Bar: 482-6015 www.selkirklegion.org

September Events Calendar

Sept 1st - Topline Band 8pm Sept 8th - Buster Keys Band 8pm Sept 15th - Rockin Horse Band 8pm Sept 16th - Fish Fry, tickets \$15 Sept 17 - 23 - Legion Week Sept 22nd - Johnny Utah Band 8pm Sept 23rd - Veteran & Spouses Dinner Sept 29th - Karaoke with Wayne 8pm	TEXAS HOLD 'EM POKER TOURNAMENTS Every Thursday @ 7pm SUMMER FRIDAY BBQs Hamburgers & Smokies	
BINGO Mon. 7:00 pm, Sat. 1pm	MUG, SPUD, & STEAK fundraising dates available	HALL RENTAL dates available
Mondays Afternoon crib 1:00 pm	Tuesdays All day Member's Day with food & beverage specials	Fridays Meat draw & Chase the Ace sales start at 4:30 pm
OPEN SUNDAYS 12 Noon - 7:00 pm		

Everyone Welcome

Catch the wave

Interlake artists ready to open their doors

By Jennifer McFee

Art enthusiasts have been looking forward to catching the wave during the much-anticipated tour of artists' studios this weekend.

On Saturday, Sept. 2 and Sunday, Sept. 3, dozens of artists will throw open their doors to welcome the public during the Interlake Wave Artists' Studio Tour.

One such artist is Alan Lacovetsky, who has been involved in the tour since its inception. He's no newcomer to the art scene, since he's been doing pottery for the past 42 years.

As a young man, he moved to one of the Gulf Islands in British Columbia, where he was seeking a sustainable art form that people could use and that he could trade for other products or services. He was living on the beach without any electricity or running water, so he built a small wood kiln since he didn't have any other source of fuel.

"That's been my specialty right from Day 1. I fire my work in a wood-burning kiln, and that's quite special because it's very different than any other form of firing," he said. "It's the ancient form of firing and it's how most pots over history were fired."

Over time, Lacovetsky made his way back to Manitoba to study fine arts at the University of Manitoba. From there, he went to Nova Scotia to further his studies before he moved to Australia, where he



RECORD PHOTO SUBMITTED

Alan Lacovetsky will open his studio next to Oak Hammock for the Interlake Wave Artists' tour Sept. 2 and 3.

lived for 18 years. For many years, he worked with a renowned potter in Australia, helping him to fire his wood-burning stove.

Eventually, he returned to Manitoba and bought

a place with his wife in the scenic vicinity of Oak Hammock Marsh.

This fall, he will be teaching two classes in ceramics at Brandon University. In the past, he has also taught at that University of Manitoba as well as at a university in Thailand. Throughout the course of his career, Lacovetsky has travelled and worked throughout Southeast Asia, Korea and China, where he is heading right after the Wave tour. Last year, he was invited to work in Croatia, and he's hoping to return there to build a wood-burning kiln in a small village.

"You never know where it's going to take you," he said. "I've been invited quite a number of times to take part in international events. Each time, it seems like I'm the only one representing Canada. I'm feeling very proud."

Closer to home, Wave tourists can meet Lacovetsky in person at his studio next to Oak Hammock Marsh, where they can view his large wood-burning kiln and watch him work with his foot-powered wheels.

"The advantage that people have when they come on the Wave tour is that they see the artists in their studios. I will have fresh work that's just come out of the kiln days before," he said.

"Every year, we get tons and tons of people coming out and touring around. A lot of people take two days, going up one way to Gimli. They stay over night and come back down towards the city the next day or vice versa. People love to get out of the city to go on the Wave."

For more information about Lacovetsky and his artwork, visit alanlacovetsky.com. For more information about the Wave artists' studio tour, visit watchthewave.ca.

Province reminds Manitobans to keep safety in mind during harvest season

Staff

All motorists and farm families are being reminded to be especially cautious and aware on provincial roadways during Manitoba's busy harvest season.

"The harvest season is a very busy and exciting time for farm families in

Manitoba," Agriculture Minister Ralph Eichler stated in a release last week.

"Now with harvest under way, motorists can expect to see an increase of farm vehicles and equipment moving down provincial roadways. Whether operating or approaching farm vehicles, our government asks all Manitobans travelling at this time of year to exercise caution. We all have an important role to play to help ensure everyone re-

turns home safely."



PHOTO COURTESY OF METRO NEWSPAPER SERVICE

The province is reminding farm families and motorists to keep safety in mind as harvest season gets underway.

- regularly inspect and maintain farm equipment;
- consider having a short nap or take a break to prevent fatigue when working long hours;
- create a safe, separate play area for children on the farm; and
- identify which farm tasks may be appropriate for youth, based on their age, skill levels and the North American Guidelines for Children's Agricultural Tasks at nagcat.org.

If harvest becomes stressful for producers and their families, free confidential support is available through Manitoba Farm, Rural and Northern Support Services at (toll-free) 1-866-367-3276 or online at ruralsupport.ca.

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To help improve safety on and around the farm, Manitobans should:

- take extra precautions when driving past slow-moving farm equipment;
- ensure farm equipment is appropriately lit and has its required permits before travelling on roadways;

Selkirk set to host Suicide Prevention Day Walk Sept. 10

By Lindsey Enns

Organizers behind this year's World Suicide Prevention Day Walk in Selkirk are hoping to get more community members out walking and raising awareness.

"We want to make this bigger every single year," said Quinn Christiansen, a community facilitator at the Selkirk Community Renewal Corporation and one of the organizers behind this year's walk. "I want to get more and more people out each year."

This year's walk is set for Sunday, Sept. 10 and will begin at the Gaynor Family Regional Library.

Registration will begin at 11 a.m. with the walk starting at 12 p.m. Walkers will head down Manitoba Avenue

to the Safeway parking lot before turning around and heading back to the local library.

Christiansen said the walk is now entering its sixth year in Selkirk and attendance in the past has been climbing but this year they are hoping at least 100 community and area members will lace up their shoes and come out.

He added they are hoping to get some local dignitaries and community organizations present. Resources and information will also be available before and after walk.

"It's to raise awareness and get the word out and get the stigma away from depression and discussing these issues," he said. "Anybody that wants

to help is welcome."

In 2009 there were 3,890 suicides in Canada, a rate of 11.5 per 100,000 people, according to Statistics Canada. The suicide rate for males was three times higher than the rate for females (17.9 versus 5.3 per 100,000) and although suicide deaths affect almost all age groups, those aged 40 to 59 had the highest rates.

Suicide is also one of the leading causes of death for people of all ages,

according to Statistics Canada. In 2009, it ranked as the ninth leading cause of death in Canada. Among those aged 15 to 34, suicide was the second leading cause of death, preceded only by accidents or unintentional injuries.

Those seeking help or information can contact the Mood Disorders Association of Manitoba at 1-800-263-1460 or the Interlake Eastern Canadian Mental Health Association at 204-482-9723.

Artists team up for all members show



RECORD PHOTO BY BRETT MITCHELL

Val Wilson, pictured left, and Beverly Galbraith, pictured right, were all smiles while preparing for September's All Members Show at the Gwen Fox Gallery on Monday afternoon. Between 30 and 40 local and area artists will have their pieces on display until the end of September. The show's reception, which is open to the public, will take place on Friday, Sept. 8 from 6 p.m. to 8 p.m. at the gallery located at 250 Manitoba Ave.

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A mix of music and magic at the waterfront



RECORD PHOTOS BY KATHY BURKE

There was plenty of fun, music and magic to take in during the City of Selkirk's Waterfront Festival at the Selkirk Waterfront last Saturday. The event featured music by The B-Side Champs and magic by Ryan Price Magic.



Social to benefit Selkirk dog rescue

Staff

An upcoming social in Selkirk is looking to raise funds for a local all-breed dog rescue.

On Saturday, Sept. 2, Selkirk's Pet Valu is hosting Paws for a Cause, a fundraising social for Journey's Legacy.

The fundraiser will run from 8 p.m. to 1 a.m. at the Army Navy Hall located at 231 Clandeboye Ave. Attending or support tickets can be purchased for \$10 either in advance or at the door. The event will feature live music from R&R, a silent auction and a door prize, which is a pair of tickets to Banjo Bowl.

All of the money raised at the event will go towards vet bills.

Journey's Legacy is an all-breed dog rescue based in Selkirk. According to their website, the non-profit rescues all types of dogs from all types of situations.

"Large or small, young or old, healthy or not, all dogs are loved here," their website states.

For more information, visit journeyslegacy.com.

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Province invests \$53.7M in upgrades to Manitoba schools

Staff

Manitoba is investing \$53.7 million in 110 infrastructure renewal projects across the province, Education and Training Minister Ian Wishart announced last week.

"These projects will provide students and educators throughout Manitoba with safe and healthy places in which to study and work," Wishart stated in a release last Friday. "We are making significant investments in school infrastructure renewal because our government recognizes how important it is to ensure all students have a positive learning environment."

The projects include necessary health and safety-related infrastructure upgrades to roofing and mechanical systems including:

- \$15.6 million for mechanical systems replacement in the Frontier, Hanover, Interlake, Lord Selkirk, Louis Riel, Mountain View, Pembina Trails, Portage la Prairie, Red River Valley, River East Transcona, Rolling River, Seine River, Seven Oaks, St. James-Assiniboia, Sunrise and Winnipeg school divisions;
- \$14.3 million for roof replacements

in the Brandon, division scolaire franco manitobaine, Flin Flon, Frontier, Hanover, Mountain View, Pembina Trails, Pine Creek, Prairie Rose, Prairie Spirit, River East Transcona, Seine River, Southwest Horizon, Sunrise, Swan Valley, Turtle River and Winnipeg school divisions;

- \$13.7 million for structural upgrades in the Brandon, Lord Selkirk, Mountain View, Pembina Trails, Pine Creek, Portage la Prairie, Prairie Rose, Prairie Spirit, Red River Valley, River East Transcona, Seven Oaks, Southwest Horizon, St. James-Assiniboia, Sunrise, Swan Valley, Turtle River and Winnipeg school divisions; and

- \$10.1 million for access projects in the Beautiful Plains, Border Land, Brandon, Flin Flon, Hanover, Mountain View, Pembina Trails, Portage la Prairie, Prairie Rose, Red River Valley, River East Transcona, Southwest Horizon, St. James-Assiniboia, Sunrise, Turtle Mountain and Winnipeg school divisions.

"I feel confident these projects will make a real difference for students and teaching staff in Manitoba and help to extend the lives of many of

our public schools," said Municipal Relations Minister Jeff Wharton. "Our government is committed to making Manitoba the most improved province in Canada."

Wharton noted the projects will be completed within a timeframe of six

to 24 months following the award of tenders and start of construction. The Manitoba government is providing more than \$92.4 million in planned capital spending in 2017-18 for public school infrastructure projects across the province, he added.

SERVICE CLUBS - Serving our Communities			SelkirkRecord
<p>ARMY, NAVY & AIR FORCE VETERANS IN CANADA</p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Clandeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July & August) at 6:30pm in downstairs clubroom. New members welcome.</p>	 <p>Rotary Club of Selkirk Lesli Malegus, Sec. 204-482-3113 www.clubrunner.ca/selkirk</p> <p>Motto: "Service Above Self" Meetings 2nd & 4th Mondays 6:00pm at Selkirk Golf & Country Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	 <p>ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p>THE SELKIRK & DISTRICT LIONS</p> <p>Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
 <p>LISGAR LODGE #2 SELKIRK</p> <p>Stephen Gwynn 204-482-6656 lisgarlodge@outlook.com</p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Tuesday of the month except December (second Tuesday), no meetings January, February, July and August Meetings begin at 7:30.</p>	 <p>REMORA #26</p> <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	 <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives. 200 Eaton Ave, 482-7176 www.selkirkbiz.ca</p>	<p>WEST ST. PAUL LIONS CLUB</p> <p>Glen Rossong Membership & Sponsorship</p> <p>204-338-7291</p> <p>Meetings first Monday of every month.</p>

All paws on deck!



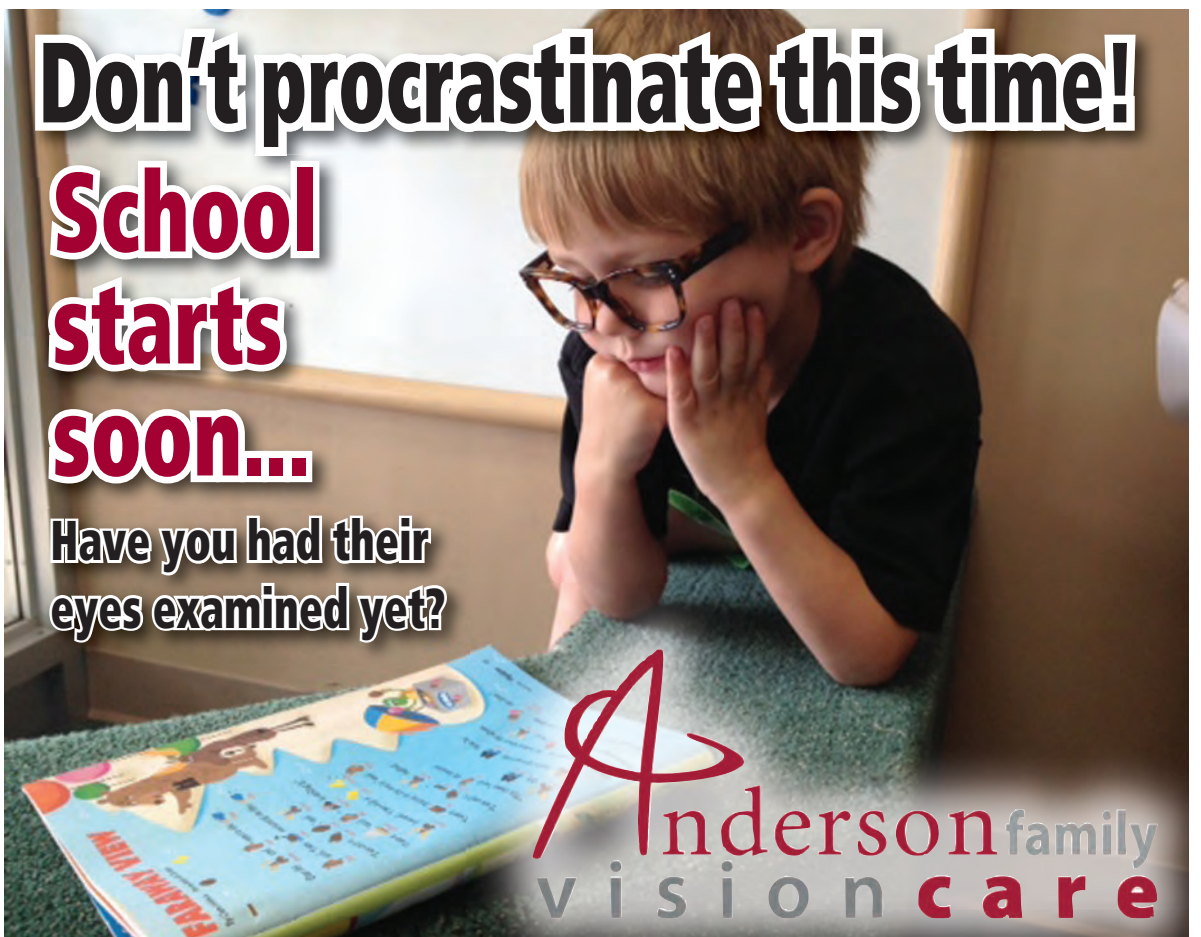
RECORD PHOTO BY BRETT MITCHELL

Dozens of dogs and their owners headed to the Selkirk Park Pool to cool off during the City of Selkirk's second annual K9 Swim and Splash event on Monday.

Don't procrastinate this time!

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PET of the Month

Winner August 2017



Marty

Fun Fact: Marty is a rescue dog who loves going for walks, "helping" his parents with yard work and sitting on his pillow on the deck surveying his backyard.



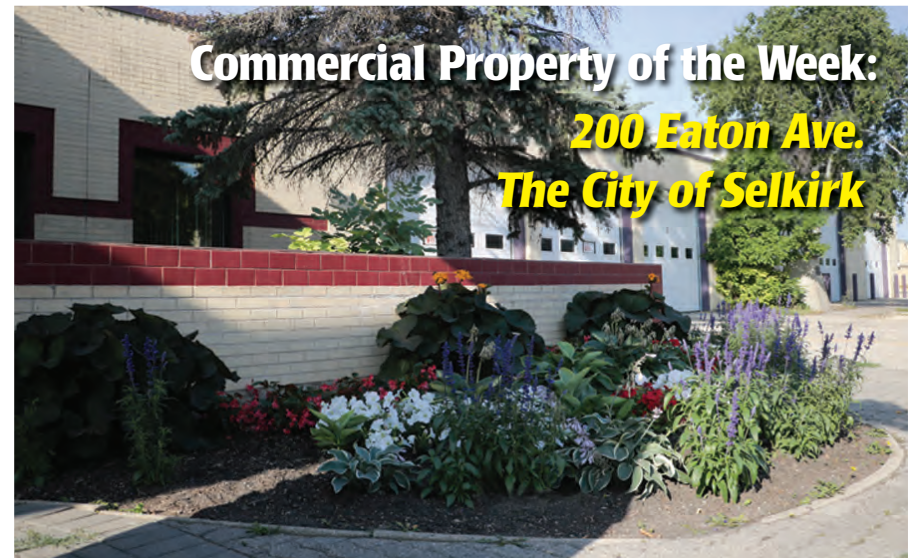
Marty has won a prize pack from Canvasback Pet Supplies!

To submit your pet for the Pet of the Month 2017 contest, send a photo and a fun fact to:
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Communities in Bloom 2017

Congratulations Selkirk on another successful year of Communities in Bloom!



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> MEAL IDEAS

THE Marketplace
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Warm Grain Bowl with Wild Salmon, Almonds and Salsa Verde



Total time: 20-25 minutes
 Servings: 8
 8 wild salmon fillets (3 ounces each)
 sea salt, to taste
 fresh pepper, to taste
 2 tablespoons extra-virgin olive oil, divided
 1 cup asparagus, cut into 2-inch pieces
 1/2 cup shitake mushroom caps, sliced
 1 package Seeds of Change Quinoa, Brown & Red Rice with Flaxseeds
 1/4 cup slivered almonds
 Salsa Verde (optional):

1 bunch scallions
 1 clove garlic
 1/2 cup packed cilantro leaves
 1/2 cup packed mint leaves
 1/2 cup packed basil leaves
 1/2 cup lemon juice
 1/3 cup extra-virgin olive oil
 Heat oven to 400 F.

In oven-proof pan, season salmon with salt and pepper, and drizzle each fillet with olive oil. Bake 12-15 minutes, until cooked through.

In blender or food processor, combine all Salsa Verde ingredients and pulse until fully incorporated but still rustic and chunky. Set aside.

In medium saute pan over medium-high heat, heat remaining olive oil. Add mushrooms and asparagus

and saute vigorously 3-5 minutes. Add grains and slivered almonds, and continue to saute until heated through, about 5 minutes. Adjust seasoning with salt and pepper, to taste.

Divide grains among eight plates, place a piece of salmon on each plate then finish with dollop of Salsa Verde, if desired, and serve.

Substitution: Shitake mushroom caps may be substituted with button mushrooms or other wild mushrooms.
 Photo courtesy of Getty Images

Fingerling Potato Salad



Prep Time: 15 minutes
 Cook Time: 15 minutes
 Servings: 6
 1 1/2 pounds mixed fingerling potatoes
 2 large lemons, divided
 2 cups water
 2 tablespoons coarse kosher salt
 3 tablespoons white balsamic

vinegar
 3 tablespoons extra-virgin olive oil
 1 1/2 teaspoons whole cumin seeds
 3/4 teaspoon whole coriander seeds
 pepper, to taste
 4 green onions, thinly sliced
 1/3 cup chopped fresh dill
 salt, to taste
 2 cups baby arugula
 In large pot of boiling, salted water, cook potatoes until just tender when pierced with fork, about 15 minutes. Drain and cool slightly.

Slice one lemon into 1/8-inch-thick rounds. In small saucepan, combine sliced lemon, water and kosher salt; bring to boil. Reduce heat and simmer until lemon slices are tender,

about 10 minutes. Drain lemons then coarsely chop.

Cut remaining lemon in half and squeeze out 2 tablespoons juice. In small bowl, mix chopped lemons, lemon juice, white balsamic vinegar and oil. Coarsely crush cumin and coriander seeds using mortar and pestle. Mix seeds into lemon dressing. Season, to taste, with pepper.

Cut lukewarm potatoes in half lengthwise. Place in large, shallow bowl. Mix in green onions and dill. Pour lemon dressing over and toss to coat. Season, to taste, with salt and pepper. Add arugula and toss gently. Serve lukewarm or at room temperature.

Baked Fish

Recipe courtesy of the United States Department of Agriculture
 Servings: 4
 Nonstick cooking spray
 1 pound fish fillets (whitefish, trout or tilapia)
 1 onion, sliced
 1/4 teaspoon salt
 1/4 teaspoon black pepper

2 teaspoons vegetable oil
 1/4 teaspoon lemon pepper seasoning (optional)
 Heat oven to 350 F.
 Place 12-inch piece of foil on counter. Coat foil with nonstick cooking spray. Place fillets in middle of foil. If fillets have skin, place skin-side down.
 Spread sliced onions, salt, pepper and oil on top of fillets.

Add lemon pepper seasoning, if desired. Fold foil over fish.
 Place foil pouch on baking sheet and place in oven. Bake fish 15-20 minutes until fish reaches a minimum internal temperature of 145 F on a food thermometer and is flaky when tested with fork.
 Divide into four portions and serve.



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* Numbers updated November 2016. Not all services and programs are available in all communities.

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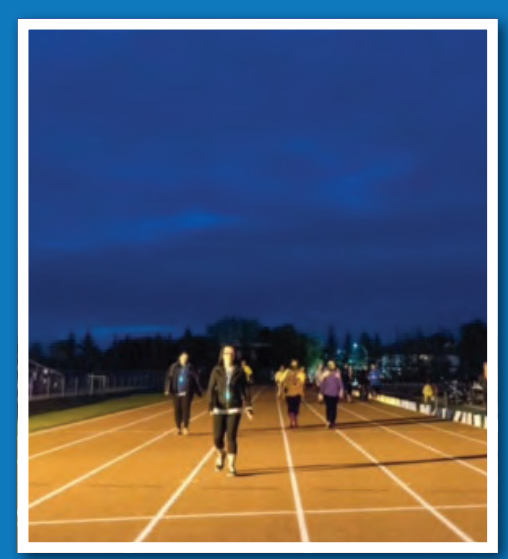
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FALL & WINTER ACTIVITIES & registration section 2017-2018

How to help kids in your community

People give back to their communities in various ways. Some support local charities by volunteering or making financial donations, while others

may deliver meals to convalescents who cannot leave their homes.

local government office about how to become a youth sports coach in your community. In many instances, no coaching experience is necessary to coach youth sports. However, prospective coaches will likely have to undergo training before they can patrol the sidelines. Such training may include everything from coaching pointers to emergency medical training and more.

Helping kids is a popular way to give back to your community. And helping kids is not just for parents, as young adults and older adults with no children of their own or those whose children are fully grown can give back to kids in their communities in various ways.

Coaching
Youth sports leagues rely on volunteers to run smoothly. Youth sports league coaches are not paid, so each coach is a volunteer. Inquire with your

Teaching
Teaching school is a full-time job,

Continued on page 20



Gordon Howard Centre 384 Eveline Street
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FALL SUPPER
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The dessert will be homemade pies.
Advance Tickets Only.

FALL ACTIVITIES
The Gordon Howard Centre offers many activities, workshops and information sessions for older adults.
Bridge, Crafts, Cribbage, Fitness Classes, Quilting, Floor Curling, Painting, Pickleball, Tai Chi, Snooker/Pool and Woodcarving are just some of the weekly activities as well as numerous special events and dinners throughout the year.
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FALL & WINTER ACTIVITIES & registration section 2017-2018

5 fun things to do at the park

A day at the park is one of the simplest and most cost-effective activities people can embrace as they look to enjoy the great outdoors.

Few things are better than a warm, beautiful day spent in the park. Parks attract millions of visitors each year. Many men, women and children view a visit to the park as a great escape. While it's perfectly acceptable to visit a park and spend the day napping on a patch of green grass, there are many additional activities that outdoor enthusiasts can enjoy when visiting a local park.

1. Hit the trails. Many people visit parks to go hiking. You might find your park has a series of hiking trails right on the property. Pick up a park map and figure out in what direction

you plan to set off.

2. Take in the wildlife. Parks are home to local wildlife, and those who want to catch a glimpse of that wildlife can head to the park in the early-morning hours when crowds should be light and things relatively quiet. Take inventory of the various bird species you see, or watch for deer or scurrying chipmunks. Kids can have fun sketching park animals.

3. Have a picnic. Pack a lunch, a blanket, a book and some sports equipment and head to the park for a picnic with family and friends. Let the kids play while the adults sit back and enjoy some casual al fresco dining.

4. Hold an impromptu game. Invite friends and family members to join you at the park and divide into two

teams before playing a couple of innings of softball, volleyball or kickball.

5. Experiment with geocaching. Geocaching is a hobby in which individuals use latitude and longitude coordinates to pinpoint hidden caches. Inside boxes or containers they may find clues to another cache or even some small trinkets. Geocaching can be an interesting way to incorporate science and global positioning lessons into a fun outdoor activity.

Enjoy a day at the park. The resources are numerous, and the cost is often very low.

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FALL & WINTER ACTIVITIES & registration section 2017-2018

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but not all teaching gigs are paid. Adults with knowledge to pass along to the next generation may want to explore volunteer teaching opportunities. Successful professionals can share their professional expertise with high school or college students through community-sponsored pro-

grams. Amateur or professional musicians can offer lessons to youngsters interested in learning an instrument, while writers can teach kids about writing. Volunteer teaching opportunities may be easiest to find by speaking to local boys and girls clubs or schools that offer weekend or after school programs.

Fitness

Kids who are not involved in organized athletics may still enjoy exercise, which provides even more opportunities for adults to give back to the youth in their communities. For example, cycling enthusiasts can work with local youth organizations to sponsor cycling groups for kids. If hiking or kayaking is your passion, look into organizing trips to nearby state parks where kids can hike and/or kayak and learn to love the great outdoors.

Mentoring

Many young people benefit from the guidance of mentors. Mentoring can be done through an organization such as Big Brothers Big Sisters (www.bbbs.org) or through local school systems that connect professionals from certain fields with students interested in pursuing careers in those fields. Mentoring.org is a great resource for adults interested in mentoring who may not know how to get involved with helping kids in their communities.

Adults who want to give back to the youth in their communities can do so in various ways.

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TRI-S Indoor Soccer Registration

Online registration is now open until September 6th. Registration will be for all players born from 2000 to 2009. Teams will play in the U9-U18 Recreational, Developmental or Premier divisions of the Winnipeg Youth Soccer League and play games in Winnipeg with practices in the Selkirk area.

To register or more info go to www.trissoccer.com

Age groups may be combined to form teams and to accommodate as many players as possible. Payment must be made by September 6th or a \$35 late fee will apply.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba winless at U21 women's tournament

By Brian Bowman

Team Manitoba found out the hard way that home field isn't always an advantage.

Manitoba finished with an 0-4 record at the 21U Women's Invitational Tournament held last weekend in Stonewall.

"I wanted us to be competitive and we were competitive," said Manitoba head coach Marc Bissonnette on Monday evening. "On that front, I'm happy. I'm not totally disappointed.

"Of course, I wanted us to do better and get into the medal round and if we would have beat Nova Scotia, then we would have been in the medal round."

Manitoba started the five-team tournament last Thursday with a 15-5 loss to Ontario.

The two teams were tied at 5-5 heading into the bottom of the fourth inning. But Ontario broke the game wide open with four runs in that inning and then added six more insurance runs in the sixth.

Both teams made two errors apiece. "Even though we hit good, we couldn't string together hits," Bissonnette lamented. "In the game against Ontario, if you look at the boxscore, they had 16 hits and we had 10 (but they had 15 runs and we had five.

"The score really doesn't say how the game was."

Teulon's Jade Ledochowski took the loss, giving up nine runs – eight earned – in 3 2/3 innings. Arborg's

Jamie Johnson pitched 1 1/3 innings, surrendering two earned runs.

At the plate, Ledochowski had an RBI sacrifice fly.

Garson's Brittney Langlais and Arborg's Laura Kilbrei each were 0-for-3. Johnson was hitless in one plate appearance.

On Friday, Manitoba lost a pair of close games, beginning with a very tough 3-2 decision to B.C.

B.C. scored a run in the top of the first inning and then added two more in the third. Manitoba scored both of its runs in the third as the two teams combined for just eight hits.

"There was a balk called against us that really hurt us," Bissonnette said of the B.C. loss.

Ledochowski and Johnson each had a hit against B.C. while Langlais was 0-for-3. Grosse Isle's Kaitlyn Holod finished the game 0-for-1 at the plate.

Langlais also pitched, going 2/3 of an inning without giving up a hit or walk.

Later that evening, Manitoba was defeated 10-6 by Quebec. Manitoba scored a pair of runs in each of the first, fifth, and sixth innings while Quebec scored six in the third and added two more in each of the sixth and seventh innings.

Holod scored two runs for Manitoba while Langlais and Johnson each had an RBI. Ledochowski finished the game 2-for-2.

Langlais threw two innings on the hill, giving up two earned runs and two hits. Holod was also on the



RECORD PHOTO BY DARRYL GERSHMAN

Garson's Brittney Langlais delivers a pitch for Manitoba during the U21 women's tournament last weekend.

mound for two innings and did not give up any runs.

Manitoba wrapped up play Saturday with a 9-2 loss to Nova Scotia in a must-win game to advance to the playoffs. Nova Scotia led 5-2 after five innings and then added four runs in the bottom of the sixth.

Langlais was 1-for-3 with a run scored while Ledochowski had an

RBI. Both players had a stolen base.

Langlais also pitched four innings, allowing three earned runs while striking out two.

Ontario won the gold medal after a wild 16-14 victory over Quebec in the championship game. Nova Scotia edged B.C. 6-5 to take home the bronze.

Schur named Bison women's soccer assistant captain

By Brian Bowman

Narol's Sara Schur was named an assistant captain of the University of Manitoba Bison women's soccer team, the school announced last week.

Bison third-year midfielder Amanda Wong was selected as the team captain for this season while third-year forward Alanna Shaw was named as the other assistant captain.

Schur begins her third season with the Herd and first as an assistant captain. She was third in team scoring a year ago with three goals while start-

ing in all 14 conference regular-season games during the 2016 campaign.

In addition, the 5-foot-4 midfielder was second on the Bison with 11 shots on goal and had one game-winning goal.

"Sara and Alanna have worked extremely hard to earn the assistant captain band this year," said Bison head coach Vanessa Martinez Lagunas in a media release. "Both were starters last year and contributed with several goals and assists to help our team qualify to the Canada West Se-

lect Six Tournament for the first time in program's history."

Both assistant captains have been equally as good as students.

"In the classroom, they've excelled as well," Martinez Lagunas noted. "They achieved AAC status this past year. Additionally, they have shown fantastic leadership qualities and admirable commitment to our Bison soccer program."

The Bison women's soccer team begins their 13th season in the Canada West conference and fifth with Marti-

nez Lagunas at the helm.

Manitoba begins its 2017 Canada West regular season with two home games this weekend.

The Bison will host the Regina Cougars in their home opener on Friday at 7 p.m. The Saskatchewan Huskies will then be here Saturday with another 7 p.m. start time.

Tickets are available at the Turf Fields (West side).

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Stonewall plays super hosts to women's baseball tournament

By Brian Bowman

As the last ball was pitched at the U21 Women's Invitational Baseball Tournament in Stonewall on Sunday, many people echoed the outstanding work done by volunteers to ensure the event's tremendous success.

Team Manitoba head coach Marc Bissonnette was one of those people who wanted to strongly voice his pleasure in how well Stonewall hosted the five-team tournament.

"It was fantastic," said Bissonnette Monday evening. "The organizing committee was fantastic and I spoke with every team, except Ontario just because I didn't get to it, and everybody was super thrilled with how things ran.

"Everything went as exactly as they should have been."

And, as great of a job the committee did off the field, Manitoba was very well represented on the field, too. Despite finishing with a 0-4 record, Manitoba proved that they can play with the top teams in the country.

Manitoba fielded a very young team this year—and they will only get much, much better - as they prepare to host the 2018 version of this tournament again next summer in Stonewall.

"The future is looking very good," Bissonnette said confidently. "There is no doubt. The girls did the best that they could and we'll be ready next year.

"We have a bunch of girls that are very young. Next year, we are going to be deeper and I don't think that we will have as big as roster."

Manitoba had 16 young women on this year's roster but Bissonnette felt that was too many. In fact, he predicted Team Manitoba will pare its roster down to 13 for next season.



RECORD PHOTO BY DARRYL GERSHMAN

Pictured from left to right, Kaitlyn Holod (Grosse Isle), Jamie Johnson (Arborg), Jade Ledochowski (Teulon), Brittney Langlais (Garson) and Laura Kilbrei (Arborg).

"Having 16 girls on the bench is fine but, at the same time, it's tough and puts (the coaching staff) in a difficult position, especially with the young girls," Bissonnette said.

Five players on Team Manitoba's roster this past summer - Garson's Brittney Langlais, Arborg's Laura Kilbrei and Jamie Johnson, Grosse Isle's Kaitlyn Holod, and Teulon's Jade Ledochowski - each represented the Interlake extremely well last weekend.

"They all did awesome," Bissonnette stressed. "Jade Ledochowski was probably one of the best catchers that we had there. Jade did super well and Jamie Johnson, who is 17 years old,

came in and did a fantastic job.

"I'm proud of those girls."

The players learned a lot from last weekend's major event. And, so too, did the coaches.

"As a coaching staff, we learned that girls' baseball is much different at 90 feet," Bissonnette said. "The thing is, when we practiced and had our exhibition games, they were always against boys. We would always see boys on the field but it's not boys that we play against (at this tournament).

"When you put girls on a 90-foot basepath, it changes the game. We learned a lot and there are some things that we see ourselves doing different next year that we didn't do

this year because we didn't understand that."

By hosting this elite event two years in a row, it should be an excellent boost to girls' baseball in Manitoba. Bissonnette said they have already tossed around some ideas to encourage more girls to come out and watch the tournament games next summer.

"We are going to try to bring in younger girls," he said. "We're going to offer if they come in with their jerseys, or something like that, we'll let them in for free. The other thing that we have talked about is doing some kind of camp for younger kids.

"We are going to promote this sport."

Locals participate at men's national baseball championship

Staff

Manitoba finished with an 0-4 record at the 2017 Men's National Baseball Championships in Victoria, B.C. last weekend.

Team Manitoba started play last Thursday with a 16-4 loss to New Brunswick. New Brunswick wasted little time scoring in this one, taking a 9-0 lead after just two innings.

Selkirk's Chris Norquay took the

loss, allowing seven hits and eight runs in 1 2/3 of an inning.

Lundar's Nick Drews was 0-for-2 with an RBI.

Manitoba also struggled early in its next game against Alberta on Friday, surrendering three runs in the first inning of a 4-2 loss.

Norquay went 1-for-3 with an RBI while playing left field. Drews was hitless in three plate appearances.

On Saturday, Manitoba was edged 3-2 by a team from Tecumseh, Ont. and later outscored 11-7 by the Victoria Mavericks.

Norquay was 0-for-2 in the Tecumseh loss while Drews had a hit in a pinch-hit appearance. Drews was also very good against Victoria, banging a pair of hits and two RBI while scoring a run.

Norquay pitched in relief against

Victoria, allowing a pair of hits and a run in 2/3s of an inning.

B.C. won this year's men's national championship after a 5-3 win over New Brunswick in the gold-medal game. Red Deer took home the bronze after edging Sherwood Park 9-8.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers add Beausejour's Middleton in trade

By Brian Bowman

The end of August means hockey season is right around the corner here in Manitoba.

And the Selkirk Steelers were definitely thinking hockey this past Monday when they made a trade for Beausejour's Will Middleton.

Middleton was acquired from the Flin Flon Bombers for future considerations. The 6-foot-1 forward scored five goals and had seven points in 48 AJHL games last season for the Lloydminster Bobcats.

Lloydminster traded Middleton to Flin Flon earlier this summer.

"He's a 6-foot-1 power forward that can score," said Steelers' general manager Ken Petrash. "He had real good numbers in Midget with the Eastman team that went on a big run. He's re-

ally going to complement our forward group."

Middleton scored 23 goals and had 52 points to sit sixth overall in league scoring in his final season of Midget hockey.

The Steelers, meanwhile, are preparing for their fall rookie camp this Sunday and Monday at the Selkirk Rec Complex.

Camp hours will be from noon to 6 p.m. both days and cost is \$135 per player.

As of Monday afternoon, there were just three forward, one goalie, and a defenceman spot open to players not listed by any other MJHL team.

The Steelers would like to fill out the 84-spot camp, which should feature plenty of talent.

"We have a pretty good group of lo-

cal guys coming up here in the next couple of years," Petrash said. "There's too many to name and I don't want to leave anyone out."

The top prospects from the fall camp will play in a road game next Wednesday against the Steinbach Pistons.

The Steelers expect to be competitive this MJHL season with 15 players eligible to return.

"It's a good core of returning guys and a real good leadership group," Petrash noted. "We want to get everyone to camp that is eligible to come back."

With three Thunder Bay signings earlier this summer, there are not very many spots open on the Steelers' roster this season.

"We have a lot of young guys on our protected list that will be looking to fight for spots," Petrash said.



Will Middleton

The MJHL regular season begins Sept. 22.

Allen competes at 13U national baseball championship

Staff

Team Manitoba had to settle for fourth place at the 13U National Baseball Championships after a 9-6 loss to Quebec in the bronze-medal game last Sunday.

Quebec trailed 4-3 in the top of the sixth but broke the game open with four runs and then added two more in

the seventh.

St. Andrews' Keenan Allen was hitless in one plate appearance.

Earlier in the day, Manitoba was edged 7-6 by Saskatchewan in a semi-final game. Saskatchewan scored the game-winning run in the bottom of the sixth.

Allen was hitless in two at bats.

Manitoba began play last Thursday with a 15-3 victory over Nova Scotia and then was defeated 13-2 by North York.

In the loss, Allen was 1-for-2 with a walk.

In Manitoba's lone game Friday, they came away with a 12-8 triumph over the host team. Manitoba trailed 8-6 in

their final at bat but scored six runs for the wild come-from-behind win.

On Saturday, Manitoba trounced Alberta 6-1 as Allen had a hit in his lone plate appearance. He finished the tournament 2-for-6 for a .333 average.

North York won this year's 13U national title after a convincing 8-0 win over Saskatchewan.

Strike Force struck down by Stonewall

Staff

The Tri-S Strike Force were shut out 3-0 by the Stonewall United in MMSL 5th Division soccer action last Sunday evening at the Selkirk Rec Complex.

The loss dropped Tri-S' record to 0-14 on the season. Tri-S has now been outscored 52-8 on the season.

The Strike Force will look to get into the win column for the first time

this season when they take on Portage Fusion FC in Portage la Prairie this Saturday.

Portage has also struggles this season, compiling a 1-11-2 record to occupy ninth place in the 10-team division.

Game time is 1 p.m.

Tri-S will then play Liberty FC on Sept. 22 (8 p.m.) at Shaughnessy Park in north Winnipeg.

Selkirk competes well at Women's Interclub 'A' Championship

Staff

The Selkirk Golf and Country Club placed sixth overall in the low net category at the Women's Interclub "A" Championship in Carman on Aug. 22.

Selkirk finished with a 14-over 230, which was behind only Pine Ridge (225), St. Boniface (227), Transcona (227), Niakwa (229), and St. Charles (229).

Selkirk's team, which consisted of

Gloria Heft, Charlene Fox, Pat Fenske and Lesley Mahon, was third in low gross.

Larters Golf and Country Club, meanwhile, placed 12th in the 16-team field in low net after finishing at 22-over 238.

Their team, which featured Cathy Smolinski, Betty Ann Roy, Monique Bateman and Sandy Eggerston, was tied for sixth in low gross.

Thunder flies past Falcons with late comeback win

By Brian Bowman

The Interlake Thunder showed a ton of character in their first Midget Football League of Manitoba game this season.

And they were rewarded with a thrilling comeback win.

Trailing 19-0 after the first quarter – and 26-0 at the half – the Thunder scored a pair of late fourth-quarter touchdowns to defeat the Greendell Falcons 28-26 on Saturday in Winnipeg.

“It was quite the game,” said Thunder head coach Mitch Obach. “It’s one of the more exciting games that I probably have coached over the last 10 years. It was a pretty big thrill for the guys.”

The wild comeback really caught the attention of the Thunder coaches. Every single player on the Thunder roster contributed to the victory, said Obach, in some fashion.

“We were really impressed,” Obach stressed. “In the pre-season, we really stressed conditioning and being in shape. And it paid off for us in the second half and in the fourth quarter.”

Thunder running back Colton Nedotiafko of Fraserwood pulled the Thunder to within 26-21 with a short t o u c h d o w n plunge with about three minutes remaining in the fourth quarter.

After recovering an onside kick, Nedotiafko later hauled in a TD pass from Selkirk’s Carlin Doak with just 1:03 left in regulation time.

Interlake’s first touchdown came off Petersfield quarterback Justin Suiters’ eight-yard pass to Selkirk’s Rory Doak in the third quarter.

Carlin Doak then ran a bootleg play

in for a TD in the fourth.

The Thunder elected to flip flop their two quarterbacks throughout the game and it seemed to work quite well, especially in the second half.

Interlake had 80 offensive plays in the game and sustained several lengthy drives led by a strong running game.

But while the game finished the way the Thunder wanted, it didn’t start so well for the visitors. Greendell scored on its very first play from scrimmage and led by 19 points after just one quarter.

They then added a second-quarter major to lead 26-0 at the break.

But the Thunder looked like a totally different team in the second half.

“We have a young team and we didn’t get a pre-season game so, in

a lot of respects, we approached it as a pre-season game and I think, quite frankly, it was some nerves,” Obach said of his team’s slow start.

“We had some cobwebs that needed to be wiped away, in the first quarter, especially.”

All of the clubs in the four-team league have a bye this weekend and the Thunder will resume play Sept 10 when it hosts the St. Vital Mustangs.

“It will be great playing at home,” Obach insisted. “We will have the younger teams play before us, which is nice. And we’ll see what the Mustangs bring. They may not win the championship every year but you kind of go into every year viewing them as the top team and the team to beat.

“And I don’t think that that’s any different this year, especially after their first game (a 55-0 win over Sunrise).”



The uncertain future of Midget football in Manitoba

By Brian Bowman

As the Midget Football League of Manitoba started its season last weekend with just four teams, many people have to wonder about its future.

The Interlake Thunder will be competing for a league title against just the St. Vital Mustangs, Greendell Falcons and Sunrise Coyotes this season.

Thunder head coach Mitch Obach, who also sits on the league executive, admitted that there is concern about the league’s future - and direction - going forward.

“There’s definitely some struggles,” said Obach Sunday morning. “Both the (North Winnipeg) Nomads and

(Transcona) Nationals were close to fielding teams but it didn’t happen.

“Whether it was politics or what, neither was willing to work with the other one to make a team happen, which was unfortunate.”

The Thunder and Mustangs are in real good shape numbers-wise this season. Interlake has 42 players on its roster and many of those are considered good football players. In contrast, Sunrise is a program that has struggled to field quality players to compete in the MFLM.

The league may want to consider the option of changing to a nine-man game, said Obach. Other teams, how-

ever, have not been too receptive to the idea, Obach noted.

A big impact to the local Midget league, said Obach, is high school football. The Winnipeg High School Football League is flourishing with three major divisions and two junior varsity ones, including a three-team nine-man league.

“It doesn’t really impact us so much, but it impacts Sunrise,” Obach said. “But I personally feel that the high school rosters have gotten so large now that you will start to see (low depth-chart) players consider other options.”

Another reason that the Midget

league is struggling to attract players is the fact that the Bantam numbers are also down. Parents may not want to risk their kids to injury at a young age, but Obach noted that injuries occur in all sports.

“Concussions pretty much happen in any sport where there are people moving around,” Obach noted. “I know having coached for 10 years that the football equipment evolution the last 10 years is amazing. The quality of stuff that the players suit up with now is (a lot better).”

Bantam Thunder showing promise on the gridiron

By Brian Bowman

The Interlake Thunder Bantam football team’s record fell to 1-2 after a hard-fought 48-20 loss to the Falcons Football Club last Saturday.

But things are looking very promising for this young football club.

“We had a not a bad showing,” said Thunder head coach Ed deLaroque. “Things are actually looking pretty good this year.”

Interlake got off to a strong start against the Falcons but the home side eventually took over the game.

The Thunder, said deLaroque, have already finished the tough part of their schedule.

“We’ve played our two hardest competitors already and we can run with them,” he said confidently.

After opening their season with an exciting 24-22 road win over the Eastman Raiders, the Thunder then lost 44-16 to the high-powered St. Vital Mustangs.

“We started the year with a nice win,” deLaroque said, noting the Thunder also had a real good effort against St. Vital.

“That was the first time in a year and a half that (St. Vital) didn’t beat somebody by more than 30 points,” deLaroque noted. “As bad as it sounds, (the score) was actually pretty good. We

got off to a horrible start – they were up 30-0 after the first quarter.”

The Thunder battled back from that early 30-point deficit and traded punches with the talent-laden Mustangs.

This year’s Thunder Bantam team is made up of players from all over the Interlake. And they’re all good football players, said the Thunder head coach.

“I like the fact that we have depth (this year),” deLaroque said. “We’re not relying on one or two players. We have a pretty strong core on both sides of the ball.”

Greendell and St. Vital lead the six-

team league with 3-0 records, followed by the Fort Garry Lions (2-1), Interlake (1-2), the Transcona Nationals (0-3) and Eastman (0-3).

All of the Bantam teams have a bye this long weekend and the Interlake will resume league play Sept. 10 when it hosts Transcona at 9 a.m.

The Thunder will use the next week or so to practice before their key game against Transcona.

“We’ll look to put some more plays in and move around some personnel to positions they know better,” deLaroque noted.

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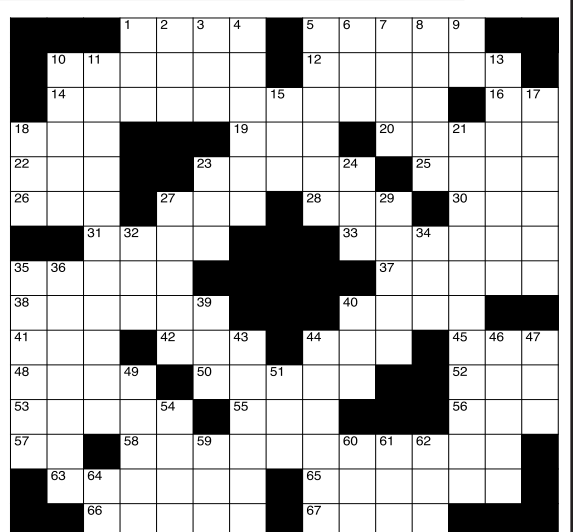
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Sudoku Answer and Crossword Answer

CROSSWORD

CLUES ACROSS
1. Sexual cells of fungi
5. Communication device
10. Consumers
12. Kindness
14. Argentina's capital
16. Spanish be
18. Ad ___ : done for a specific purpose
19. Fiddler crabs
20. Type of wrap
22. Picnic invader
23. Hammer ends
25. One-time Roman emperor
26. Pounds per square inch
27. Not pleased
28. Father's Day gift
30. Wildebeests
31. Algerian coastal city
33. Thoroughfare
35. More lucid
37. "All ___ on deck"
38. Singel-celled animals
40. Iron-containing compound
41. Where golfers begin
42. One who is gullible
44. Type of tree
45. Popular form of music
48. Makes a mistake
50. Recorded
52. Basics
53. Facilitates
55. Where a bachelor lives
56. Ink
57. Bibliographical abbreviation
58. Furnishes anew
63. Popular James Cameron film
65. With many branches
66. Flat pieces of stone
67. Sixth month of the Hebrew calendar
CLUES DOWN
1. Had a meal
2. Monetary unit



3. Civil restraint order
4. Distributed
5. Pliable
6. Not him
7. Singles
8. First month of the Assyrian calendar
9. And (Latin)
10. Ingersoll and Moss-Bacharach are two
11. Ones who accept bids
13. Pined for
15. A team's best pitcher
17. Noses
18. Lansdale characters ___ and Leonard
21. Replaces lost tissue
23. Peter's last name
24. Female sibling
27. Kate and Rooney are two
29. Flammable, colorless liquid
32. Confederate soldier
34. Popular Dodge truck
35. A cotton fabric with a satiny finish
36. ___ Hess, oil company
39. Stopped standing
40. Concealed
43. Documents
44. Man's hat
46. Degrade
47. Amount in each hundred (abbr.)
49. Stage in ecological succession
51. Political action committee
54. Invertebrate structure
59. Touch lightly
60. Excellent!
61. Doctors' group
62. Hill
64. Against

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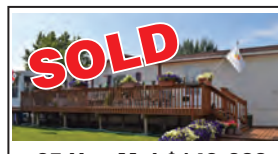
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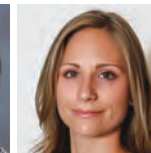
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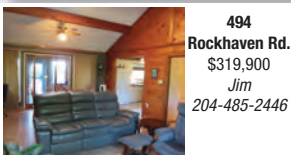
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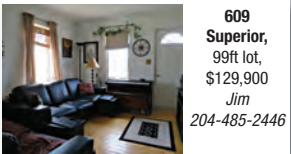
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ANNOUNCEMENT

ANNIVERSARY



Happy 40th Anniversary
Carol and Don Konyk
1977 – September 3 – 2017
Wishing you all the best
And many more to come.

Mnohaya Lita!
-Love Chris, Ria (Rob), John (Blair),
and grandchildren; Corbin, Lydia and Alena

ANNOUNCEMENT

ANNIVERSARY



Andrew and Rosemary Mayo
1967 – July 29 – 2017
50th Wedding Anniversary

A big thank you to the friends and family who helped us celebrate our 50th.

ANNOUNCEMENT

BIRTHDAY



Jillian Victoria Surowich
On Daddy's birthday, August 10, 2017,
Jillian Victoria Surowich was born;
weighing 7 lbs 14 oz. A gorgeous daughter
for Lindsay and Mark and sister for Everly.
Ecstatic grandparents are Jaye and Claude
Beaudry and Joyce and Stan Surowich;
great-grandparents Anne Beaudry and Casmir
Surowich. We all look forward to enjoy many
milestones with two precious girls.

ANNOUNCEMENT

IN MEMORIAM



In Loving Memory of
Wesley Darren Swain
April 27, 1961 – August 21, 2013
Sadly missed along life's way,
Quietly remembered every day.
No longer in our life to share,
But in our hearts you are always there.
-Sandy, Amanda, Tony, Thomas,
Kristin and grandsons Coen, Bentley,
Kienan and Riley

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ANNOUNCEMENT
IN MEMORIAM



Dustin Miles Trainor
June 9, 1984 – September 6, 2008
-Loved and missed by his
brother Branson, Dad,
family and friends

The Selkirk Record Announcements

ANNOUNCEMENT

IN MEMORIAM



Kirstin Rae Sutherland
 July 17, 1987 – September 5, 2014
 Kirstin, we miss your bright
 And beautiful smile,
 We remember all the love
 You showed your family and friends.
 Loving you and missing you always.
 -Love Mom and Dad, Katie and Kelsey

ANNOUNCEMENT

IN MEMORIAM

Wallace Hourie
 "Chico"
 August 28, 2016
 Nothing can ever take away,
 The love a Dad's heart holds dear.
 Fond memories linger every day
 As one year ago today, we lost you,
 Remembrance keeps you near.
 -Missed by Darlene and Brad

ANNOUNCEMENT

IN MEMORIAM



In Memory of
Florence Atkins
 September 4, 1994
 Locked in our hearts
 You'll always be,
 Loved and remembered
 By your family.
 Both so missed
 Without a doubt,
 Memories cherished,
 Hard to be without.
 Each time we see your picture,
 You both smile and seem to say,
 Don't be sad, but courage take,
 And love each other, for our sake.
 Thinking of both Mom and Dad
 On your 70th wedding anniversary August 30th.
 -With all our love,
 your family

ANNOUNCEMENT

IN MEMORIAM



Juliette Hope Wilkinson
 September 3, 2012 – December 16, 2013
 Today it would be wonderful,
 To see you play or smile;
 But heaven lent you to this world,
 For just a little while.
 And in that short but precious time,
 You brought us so much love;
 And all that love is with you now,
 In heaven up above.
 Happy birthday Juliette!
 -Love, Daddy, Nannie and Papa,
 Auntie Rachel, Uncle Steve, Auntie Carrie,
 Kyra and Hunter
 You are loved and missed so much!

ANNOUNCEMENT

IN MEMORIAM



Juliette Hope
 September 3, 2012 - December 16, 2013
 Twinkle, twinkle little star,
 Up in Heaven is where you are;
 Flying high and twinkling bright,
 My guiding star, my shining light.
 Twinkle, twinkle little star,
 My perfect Angel is what you are!
 Wishing Juliette, my beautiful daughter in
 Heaven,
 A very Happy Birthday!
 Sending all my love today and always!
 -Love always and forever,
 Mommy

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