

204.336.2800  
gregmichie.com



The Greg Michie Team

Good Move™!

We've got a REALTOR®  
that is right for you.

# The Selkirk Record

THURSDAY, AUGUST 11, 2016

VOLUME 7 EDITION 32

mcna 2015 Best All Around  
Newspaper of the Year

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, WINNIPEG BEACH, GARSON, DUNNOTTAR & TYNDALL



## Rockin' the waterfront

RECORD PHOTO BY DAVE BAXTER

KISS tribute band, The Paul Stanleys, brought the rock to the Selkirk Waterfront last Saturday evening. The second annual Rock the Waterfront event saw The Paul Stanleys hit the stage and play a loud and energetic set of KISS classics, while wearing classic KISS outfits. Classic rock cover band JukeBox Heroes also played a set of covers earlier in the evening.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



A Better Place For You™

cooperators.ca/krut-agencies

326A Main St., Selkirk • 204-482-8558

Home | Life | Investments | Group | Business | Farm | Travel

### SEWER BACK UP?

We've got you covered with our  
extended water coverage!

autopac

A Manitoba Public Insurance product



# \$35M sewage treatment plant coming to Selkirk

Project is city's largest in 134-year history

**Staff**

State-of-the-art sewage treatment plants are coming to Selkirk and Gimli, Premier Brian Pallister announced at the Selkirk Waterfront last Friday.

"These projects will allow the City of Selkirk and the RM of Gimli to treat their wastewater to the highest quality nutrient removal and ensure the long-term health of the Red River and Lake Winnipeg," Pallister said. "Our government is confident these investments will provide value for taxpayers and have a significant environmental impact in their communities."

Selkirk's new wastewater treatment plant project, which is estimated at \$35.2 million, is being equally cost-shared by the City of Selkirk as well as the federal and provincial governments under the Building Canada Plan.

Selkirk Mayor Larry Johannson said the new treatment plant, which will be built on land behind the existing plant on Main Street, will position Selkirk as a leader in wastewater treatment and environmental management.

"Today's a significant day in the City of Selkirk's 134-year history," Johannson said. "We're tackling our largest ever capital project with this."

"Selkirk council takes its role as community leaders and environ-



**RECORD PHOTO BY MICHELLE BALHARRY**  
Premier Brian Pallister, pictured fifth from right, is surrounded by local and area dignitaries after announcing Selkirk and Gimli will be getting new wastewater treatment plants at the Selkirk Waterfront last Friday.

mental stewards seriously and by replacing a non-compliant, 40-year-old treatment plant with a state-of-the-art facility will build our community today, tomorrow and well into the future for generations to come."

The project will also bring the city into compliance for wastewater treatment. The provincial government introduced new regulations for nitrogen and phosphorus levels in effluent discharged into the Red River several years ago and gave cities and municipalities in the province until 2016 to meet the new phosphorus levels and until 2017 for nitrogen.

Selkirk councils since that time have been looking at ways to meet the new licensing regulations for nitrogen of 15 mg/L and phosphorus of 1 mg/L.

The Building Canada Plan reduces the finan-

cial burden for the city, but still requires Selkirk to contribute about \$12 million.

Previous council created a nutrient removal reserve, a Public Utilities Board directive, which currently sits at \$800,000. Although Johannson commended that approach, he said the city will have to explore other options to help reduce the burden on taxpayers. Still, he said, there's no getting around the fact there will be a cost to citizens for this mandated improvement.

The city's current plant, built in 1976, processes an average of 4.6 million litres of effluent per day, according to 2013 statistics. The new plant will be able to handle the average flow plus 25 per cent and it will be built large enough to accommodate future growth.

Dan McDermid, the city's director of operations said the city is partnering with the Manitoba Water Services Board, who will serve as project manager.

"It's a good day for the river and it's a good day for the lake," McDermid said. "The new plant will be able to meet the new provincial regulations

for nutrients and the result is a cleaner discharge into the river and a better environment for everyone."

The provincial and federal governments are also contributing up to \$6 million each for Gimli's new wastewater treatment plan project which is estimated at \$18 million. The RM will provide the balance of the funding.

"Expanding our treatment plant will allow for sewer services to become a reality for many property owners located along the west shore of Lake Winnipeg," Gimli Mayor Randy Woroniuk said. "In addition it will allow Gimli to be able to service future commercial and industrial businesses."

The funding for the two wastewater projects is in addition to a recent announcement under the Canadian Water and Wastewater Fund on July 25, where 23 other community wastewater systems across the province received funding.

"The construction of the new wastewater treatment facility in Selkirk will increase the city's ability to treat more wastewater from neighbouring communities," Selkirk-Interlake-Eastman MP James Bezan said. "The new treatment plant will include a new biological nutrient removal facility with chemical dosing for phosphorus removal to be used, when required."


"The expansion of the Gimli wastewater treatment plant will improve the reliability and performance of the existing wastewater treatment system and will also help to connect an additional 1,500 existing households in the south end of Gimli to the current wastewater system."

**FOR YOUR HEALTH** Ask the **Denturist**

**How long does it take to make dentures?**

"With an appointment, upper and lower dentures can be made in one day," explains Hartley Zelcer. Zelcer Dentures Clinics offers this service for emergency cases and for those who reside out of Winnipeg.

Most denture relines and repairs are done within a couple of hours. For fast, friendly and affordable service, count on Zelcer Denture Clinic.



**Hartley Zelcer**  
D.D., B.Sc.  
DENTURIST

**30 Years Experience**

Same day dentures with appointment

**Your complete Denture Care Centre**

There's a story behind every smile... what's yours?

**ZELCER**  
Denture Clinic

[www.zelcerdentures.com](http://www.zelcerdentures.com)

WINNIPEG 1570 Main St.  
Between Jefferson & Inkster  
204-586-3725

SELKIRK, MB  
315 Main St.  
204-482-4235

Financing Available



**PURCHASE FIREWORKS.... WIN GOLDEYES TICKETS**

**HIT A HOME RUN**

WINNIPEG SELKIRK

**THIS WEEKEND**

redbomb FIREWORKS

609 GREENWOOD AVENUE - SELKIRK 204-785-8007  
[www.redbomb.com](http://www.redbomb.com)



# Local health care workers inch closer to a strike

By Dave Baxter

Local health care workers have taken another step towards the possibility of a strike, but the Interlake Eastern Regional Health Authority (IERHA) says no matter what happens they are prepared to continue offering health care services to Manitobans.

"While we are disappointed that a settlement offer was rejected and not ratified by the Interlake-Eastern RHA Technical Professional employees represented by MGEU, we are ready in the event of a strike," IERHA said in a statement released on Monday. "We have essential services agreements in place and will provide essential services to Manitobans in our region in the event of job action. Of necessity, service levels will be required to be adjusted as a result."

The Manitoba Government and General Employees' Union (MGEU) Local 411 is a team of health care professionals, which includes home care case and resource co-ordinators, palliative care co-ordinators, mental health workers, dietitians, pharmacists, occupational therapists, and physiotherapists.

The group rejected a final offer from their employer in March due to "ongoing concerns over recruitment and retention and excessive workloads," MGEU president Michelle Gawronsky said.

Late last month Local 411 members voted "yes" during a strike vote, bringing them closer to the possibility of a strike.

"We did strike votes last week and membership has given us a mandate to go out on strike if we don't get a response," Gawronsky said last Thursday.

Gawronsky said there is no date set for a strike as of yet, but they are prepared to strike if they don't get "back to the bargaining table soon."

She added the union hopes they do not get to the point where a strike becomes a necessity.

"My phone is on 24/7. I'm here all

day and all week, and I'm willing to go wherever I need to go," she said. "Our members never want to go on strike. It is absolutely the last resort and only happens if we feel we are up against the wall and no one is listening."

MGEU members held information pickets in a number of areas in the Interlake including Selkirk between July 18 and 20, but Gawronsky said those pickets ultimately did not achieve their goals.

"We did the pickets and we tried to get back to the table, but we were unsuccessful, as we have not had a response from anyone as of yet," Gawronsky said last Thursday.



RECORD FILE PHOTO BY BRETT MITCHELL  
The Manitoba Government and General Employees' Union (MGEU) held information pickets in Selkirk on July 18 related to collective bargaining. They now say those pickets were "unsuccessful."

Continued on page 6

IT'S FUN!
IT'S FREE!
IT'S FUN!
IT'S FREE!

**CORN & APPLE FESTIVAL**  
5<sup>th</sup> Annual  
1967 - 2016  
MORDEN, MANITOBA

AUGUST  
26-27-28  
2016

FOR MORE INFO PHONE... 204-823-2676

OR EMAIL... admin@cornandapple.com

**CORNANDAPPLE.COM**

**free family fun!**

- FREE Admission
- FREE Hot Buttered Corn on the Cob
- FREE Apple Juice
- FREE Children's Activities
- FREE Live Entertainment
- WONDER SHOWS Midway
- Street Vendors
- Craft Tents
- Chad Brownlee & The Trews FREE Entertainment

ENBRIDGE  
Life Takes Energy™

Manitoba

Celebrate  
MANITOBA

Canada

APPEL'S  
DIAMONDS

STAR Celebrations

WELCOME TO THE GREAT OUTDOORS

439 MAIN ST., SELKIRK

North of Manitoba Ave.

HOURS

MONDAY - FRIDAY 9-9  
SATURDAY 9-6 SUNDAY 12-5

BIG DOLLAR

# Beating victim files lawsuit against Selkirk Behavioural Health Foundation

By Dave Baxter

A victim of a vicious beating during a work placement is now suing both Red River College (RRC) and the Sel-

kirk Behavioural Health Foundation (BHF).


On July 29, Jackie Healey filed a lawsuit against RRC and BHF with the

Manitoba Court of Queen's Bench.


Healey claims both the college and the foundation acted negligently when she was left with potentially

dangerous clients at the BHF youth addiction centre which sits along Breezy Point Road.

Continued on page 7



## Communities in Bloom 2016



**Yard of the Week 225 Walker Ave**



**Yard of the Week 233 Walker Ave**

THIS SECTION PROUDLY SPONSORED BY THE GARDEN GALS

## LAWN CARE

Take Advantage of PICK YOUR SERVICE PRICING!

Proudly Serving:

- South St. Andrews
- Selkirk
- East Selkirk
- Lockport and More



**THE GARDEN GALS**

**204-205-0722** [www.gardengals.ca](http://www.gardengals.ca)

## Hip tour stops in Winnipeg



PHOTO COURTESY OF CHRIS.D.CA

It was a loud and emotional night inside MTS Centre last Friday as iconic Canadian band The Tragically Hip and their lead singer Gord Downie played a show in Winnipeg for what was very likely the last time. Canadians got the shocking news back in May that Downie had been diagnosed with terminal brain cancer. The band then announced they would do a cross-Canada farewell tour this summer. Downie and the Hip walked out to a hero's welcome at MTS Centre last Friday night. The crowd cheered wildly during the band's opening number At The Hundredth Meridian, but there were also a few tears being shed in the crowd as the band started their show, and throughout the emotional set. The band will play their final show of the tour in their hometown of Kingston, Ont. on Aug. 20. That show is set to be broadcasted and streamed live on CBC.

Presented by **CITY OF Selkirk** & **The Selkirk Record**

## D.O.G Days of Summer

Every Wednesday in August at the Waterfront

From 11:30am - 1:30pm

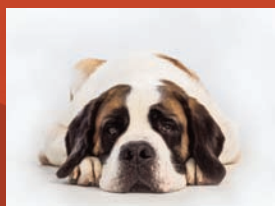
**BRING YOUR DOG  
BRING YOUR LUNCH**



VISIT Carmelina's Kitchen Food Truck **NEW FARMER'S MARKET!**

11:00 a.m. - 2:00p.m.

Live Entertainment on the Selkirk ShowBIZ stage  
 Weekly \$50 Gift Card Giveaway  
 Dog House Raffle  
 Hydration Station for Dogs & People



**SUNOVA**

# MMF gearing up to fight for Métis rights this fall

By Lindsey Enns

Community consultations will aid in the fight to advance Métis rights, Manitoba Métis Federation (MMF) President David Chartrand says.

Community and area residents packed the Selkirk Friendship Centre last Thursday evening to hear Chartrand speak following the release of an Indigenous and Northern Affairs Canada report last month that calls on the MMF, the federal and provincial governments to move forward on a 146-year-old dispute over land.

In May, Minister of Indigenous and Northern Affairs Carolyn Bennett signed a memorandum of understanding with Manitoba's Métis.

The document outlines how the federal government plans to honour a promise under the Manitoba Act to distribute 5,565 square kilometres of land to the Métis.

"That sets the stage for what we've been working so hard towards," Chartrand said when reached by phone on Monday afternoon.

Chartrand said he is travelling across Manitoba to get feedback from communities as the MMF gears up to enter into negotiations with the federal government on advancing Métis



SUBMITTED PHOTO

Manitoba Métis Federation president David Chartrand speaks to a packed house at the Selkirk Friendship Centre last Thursday night. Chartrand said the MMF is visiting various communities collecting feedback as they head into negotiations with the federal government this fall to advance Métis rights.

rights, Métis self-government and a land settlement this fall.

He added any financial compensation they receive will go directly into a trust for future generations.

Chartrand said although he's hearing about different priorities in every community he visits, education, economic development and ensuring the aging Métis population is being taken

care of are all at the forefront.

"A lot of our seniors are dying faster because they can't afford their medicines," he said. "One of things that is being pushed very strongly by our people ... is our senior citizens should be able to get free prescriptions like the First Nations do."

"It would be quite simple to move that forward."

Chartrand said he's also hearing that a lot of seniors and elders are being abused, sometimes by their own family members.

"They're stealing their pills from them," he said. "It's becoming an epidemic in our communities."

"Our seniors, once they lose that they can't afford to go back and get another one."

Chartrand said there are several more community consultations planned along with their general assembly leading up to negotiations this fall.

"We've waited 146 years for this so we must make sure we're precise in what we're doing," he said. "This gives us the guidance to prepare for not only the negotiations ... but it sets the stage for us to plan and we feel quite confident."

**BURGERS TO BEAT MS**  
— August 25<sup>th</sup> —

Proud Partner of **MS** Multiple Sclerosis Society of Canada

**AGW**

Buy a Teen Burger on August 25<sup>th</sup> and \$1.00 will go to help beat MS

Live Entertainment by **THE BOWMAN BROTHERS** August 17<sup>th</sup> 6 - 9pm

Live Entertainment with **Elvis!** August 25<sup>th</sup>

**Selkirk** **238 MAIN STREET**

# Campaign looks to raise \$25K for blind brothers

By Dave Baxter

A loving aunt is working to improve the lives of two Selkirk boys who were born without the gift of sight.

Amanda Vitt of East Selkirk has set up a GoFundMe page entitled "The Gift of Sight," as she looks to collect \$25,000 to help her nephews Benny and Ashton Francey.

Both eight-year-old Benny and 10-year-old Ashton were born with a rare condition called Leber Congenital Amaurosis, an eye condition that causes blindness at birth.

Both the boy's conditions are different, as Benny can see silhouettes and colours but no details, Vitt said.

"He doesn't know what his mom looks like," Vitt said. "He bases where she is in a room based on smell because all his other senses are heightened."

Although Benny can see colours, Vitt said Ashton's condition means he lives in "total darkness."

Along with blindness, Ashton also lives with autism, obsessive-compulsive disorder and the fear of seizures.

Vitt has specific goals for the GoFundMe campaign, as she would like to purchase eSight glasses for Benny, which could help him see people and



SUBMITTED PHOTO

Selkirk brothers Benny, pictured left, and Ashton, pictured right, were both born with a rare condition that causes blindness at birth. The brother's aunt is now working to raise money to help the boys.

objects for the very first time.

"What it does is record in real time what a camera is seeing, and it sends it back onto an LED screen inside the glasses," Vitt said. "My understanding is he will see details the way it looks when someone looks at negatives of pictures."

Vitt choked back tears when she talked about the thought of Benny

seeing his family and friends for the very first time.

"It makes me want to cry, just thinking about it," she said. "I get emotional because I think it will be the most amazing and emotional experience of his life and all of our lives."

Because of Ashton's condition, eSight glasses would not be helpful, but Vitt wants to raise money to get him into a therapy program that would involve him being around horses.

"HE DOESN'T KNOW WHAT HIS MOM LOOKS LIKE. HE BASES WHERE SHE IS IN A ROOM BASED ON SMELL ... "

"We want to get him into horse therapy sessions in Winnipeg," she said. "He's on a wait list, and he would go later this year."

"It would work wonders to calm him down, especially if he's had a rough day."

As of Monday evening the campaign had raised more than \$9,000, and Vitt said she is "blown away" by the support she has received.

"People have been so generous and I get emotional because this makes me realize how kind people are," Vitt said. "With all the bad news in the world this reminds you that there is so much good."

The GoFundMe site can be found at [gofundme.com/bennyashton](http://gofundme.com/bennyashton) and those with questions can contact Amanda Vitt directly via email at [amanda@vittrealestate.com](mailto:amanda@vittrealestate.com).

## > 'LOCALS REJECTED A FINAL OFFER,' FROM PG. 3

Gawronsky said members of the union who voted to strike did not reject the IERHA's offer back in March because of financial concerns, but rather because of working conditions.

"These locals rejected a final offer from the employer in March due to ongoing concerns over recruitment and retention and excessive workloads," Gawronsky said.

In a press release, Local 411 said, "recruiting and retaining professionals to the area can be difficult and many

find themselves juggling excessive workloads because jobs are not being filled."

In the statement the IERHA released on Monday they said they would give no further comment.

"We value our employees and the important services they provide. Interlake-Eastern RHA wishes to continue to respect the confidential nature of the collective bargaining relationship, and has no further comment," the IERHA said in a statement.

**NEW! THIRD LOCATION**  
**5265 MAIN ST.**  
**St. Andrews, MB**  
**204-334-5146**

**3390 Wilkes Ave.**  
**204-888-9611**  
**204-822-3209**

**STUMP REMOVAL & POST HOLES**  
*Our Specialty*

**CALL**  
**Chuck's GARDEN CENTRE**  
[www.chucksgardencentre.ca](http://www.chucksgardencentre.ca)

**\$100 OFF** ANY SERVICE OF \$1000 or more!  
Coupon must be presented at time of purchase. Cannot be combined with any other offer.

- Unistone • Retaining Walls
- Sand (all types)
- Lawn Dressing, Grass Seed
- Limestone, River Stone
- Red & Black Granite
- Shale (all types of soil)
- Gull Limestone
- Nursery Sod
- Mulch (all Colours)
- Gravel
- Water Features
- Asphalt & Concrete
- Landscape Fabric
- Fences (all types)
- Excavations & Driveways
- Patios, Driveways

**CHUCK'S RENTALS**  
 • Loaders • Trucks • Tillers • Hand Tools  
 • Miscellaneous Garden Equipment

**CITY WIDE DELIVERY**

**FREE ESTIMATES**

Purchase All The Products You Need For Your D.I.Y. Project Or Have Chuck's Do A Professional Installation of Your Dreams!

**2303 Main St.** (beside Chief Peguis Bridge)  
 Hours: Mon - Sat 7-9 Sundays 10-6

**204-334-5119 or 334-5146**

**Amazing FIREWORKS**  
 Sponsored by  
 The Rockwood Quarry Producers  
 Friday, Aug 19th  
 10 PM at VMSC  
 South End of Main Street



**Stonewall QUARRY DAYS**

**Parade - 11 am Saturday**  
 3rd Ave S. & Main St to 5th St. W

**WonderShows Midway** all weekend

**Street Vendors • Beer Gardens**

**FREE Family Entertainment** All Weekend  
Sponsored by Maple Leaf Construction

**Petting Zoo • Slo-Pitch Tournament**

**Show 'N Shine Car Display - Sunday**  
 & So much more!

**32nd ANNUAL STONEWALL QUARRY DAYS**  
**August 19, 20, 21**

**SUNOVA CREDIT UNION**



**FREE STAGE**

Friday Entertainment Starts at 8 pm at VMSC, south end of Main St.

**Rhia Rae and The Rubies**

**Past The Perimeter**  
Beer Gardens at the Legion  
 Friday at 10:30 PM

**Chad Brownlee**

Bring a blanket or lawn chair and join us on the hill. (Rain? Join us inside the arena)

For more information visit [www.stonewallquarrydays.ca](http://www.stonewallquarrydays.ca) • Only 15 minutes North of Winnipeg • Off Hwy #7 or Hwy #236

> RRC HOPES TO WRAP UP INVESTIGATION SOON, FROM PG. 4

Healey was working at BHF on an RRC work placement when the beating took place.

None of the allegations in the lawsuit have been proven in court.

On May 29, Healey and one other female worker were beaten by two teens that used baseball bats and pool balls in socks as weapons at the Selkirk BHF male youth addictions centre.

Both Healey and the second victim suffered what RCMP called "blunt trauma injuries," as a result of the attack, and Healey said back in June she was told she would likely end up completely blind in one eye.

Healey was working her last shift as part of her RRC work placement on the night of the beating.

A 16 and 17-year-old were arrested in Winnipeg for the attack two days after the incident, and RCMP said a third 16-year-old was later arrested for "his role in counselling another person to be party to a criminal offense."

In a statement released on Aug. 3 RRC responded to the lawsuit.

"Red River College has been notified that a Statement of Claim was filed on behalf of Jackie Healey regarding the assault that occurred at the Behavioural Health Foundation in Selkirk, Manitoba," RRC said in a statement. "As a leader in post-secondary education, Red River College is committed to ensuring that our students are safe and secure in all educational settings. We are investigating this incident thoroughly to determine what occurred and what improvements can be made."

RRC also said they hope to finish their investigation before the next school year begins at the college.

"Dr. Linda Burnside, PhD, is leading the investigation and review, and we anticipate that her work will be concluded prior to the start of the academic year," RRC said. "As this matter is now before the courts, Red River College will refrain from making any further comments related to this incident."

Calls to Healey's lawyer for comment were not returned before the Record's press deadline on Monday.

# Campaign urges teens to explore Manitoba

By Kaitlin Vitt

Some teens may stick to the same routine during the summer, without knowing about festivals and events across Manitoba, but that's exactly what Get Out of the Basement (GOOTB) wants to change.

GOOTB is a social media campaign by Winnipeg's McKim Communications Group.

"Our role is to express to teenagers what there is to do in and around Winnipeg and rural Manitoba and how they can spend time outside of their basement," said 18-year-old Jillian Long.

Long and others from GOOTB post about their experiences on Twitter, Instagram, Facebook and their website.

This summer, they've gone to various rural festivals, including the St-Pierre-Jolys Frog Follies and Agricultural Fair and Carman Country Fair.

On July 27, the team went fishing along the Red River in Selkirk. They caught about 15 catfish, including one that was 39 inches long.

For lunch, they went to Lockport to try hot dogs at both Half Moon and Skinners.

Adam Steel, also from GOOTB, said this summer he's done activities he didn't know existed but hopes other



RECORD PHOTO BY KATILIN VITT

The Get Out of the Basement team visit Lockport for some lunch before heading to Selkirk to fish along the Red River on July 27. Pictured clockwise from left: Adam Steel, Ryan Steel, Alex Roth, Sam Sawchuk, Tana Quinlan and Jillian Long try hotdogs from Half Moon and Skinners in Lockport Provincial Heritage Park on July 27.

teens now know about.

"I just thought it would be a great experience and just to be more connected and in the community, and to not just do it by myself, but to inspire kids all around our province to do the

same," 16-year-old Steel said.

To check out what the team is up to, visit [getoutofthebasement.com](http://getoutofthebasement.com) or #GOOTB on Twitter, Instagram, and Facebook.

## Province unveils plan for midwifery students to finish program

Staff

The University of Manitoba has entered into a memorandum of understanding with McMaster University to offer admission to its Midwifery Education Program to students who have successfully completed the first year of Manitoba's Midwifery Program.

"This new partnership will ensure the midwifery students in Manitoba who have already invested significant time and effort toward their studies can complete their coursework uninterrupted," Education and Training Minister Ian Wishart said in a release last week. "We are proud to follow through on a commitment that was made and I commend our partners for their

hard work in reaching this resolution, which will help meet the growing demand for midwives in our province."

Established in 1993, the Ontario Midwifery Education Program is the oldest midwifery program in Canada. Students will be enrolled into the second year of the Midwifery Education Program at McMaster University and receive credits for courses taken that meet equivalency requirements. Students will be offered a modified

fall term so they can complete the courses required by the Ontario Midwifery Education Program to move into clinical midwifery placements. The program will be delivered in Manitoba.

Continued on page 16


<p><b>Nashville, Branson, Pigeon Forge</b> October 23-November 5 A special tour for music lovers that journeys through the musical heartland of America</p> <p><b>Branson and the Ozarks</b> November 3-11 A fun filled tour with fabulous shows and unique sightseeing Presentation on both August 25 6:30 pm R.S.V.P.</p>	<p><b>Splendors of Niagara Falls</b> September 11-19 "One of the Seven Natural Wonders of the World"</p> <p><b>Fly &amp; Stay Vacations</b> The Heart of Hawaii Jan 24-Feb 7 Home to World Famous Waikiki Beach Beautiful Victoria, BC. Mar 1-15 "The City of Gardens"</p> <p><b>Deadwood the Black Hills &amp; Badlands</b> October 2-7 Walk in the footsteps of legends like Wild Bill Hickok, Calamity Jane &amp; Seth Bullock.</p>
<p><b>EMBASSY TOURS 757-9383</b> www.embassytours.ca 1-800-723-8051</p>	

**PICKERAL FISH FRY**

At Clandeboye Hall  
Friday, August 19, 2016  
5 - 7 pm  
All proceeds to Clandeboye United Church

**TICKETS:**  
Adults \$15  
Children 6-12 \$6  
Under 6 Free

**FORTICKETS CONTACT: 204-738-4355**



**FOLK FOLK RAMA**

JULY 31 - AUGUST 13

- Children 12 and under are FREE
- Single Admission \$6 per pavilion
- Mini Fun Pack \$25 for 5 tickets
- Vickar Automotive Group Fun Pack \$54 for 12 tickets
- VIP Tours starting at \$34.95

**WOVEN TOGETHER**

FOLKLORAMA.CA

1 (800) 665 0234, (204) 982 6210



**Selkirk Record**



**PUBLISHER**  
Lana Meier



**MARKETING & PROMOTIONS**  
Brett Mitchell



**EDITOR**  
Lindsey Enns



**SALES**  
Michelle Balharry



**REPORTER/PHOTOGRAPHER**  
Dave Baxter



**SPORTS REPORTER**  
Brian Bowman



**OFFICE MANAGER/ADS**  
Lucy Kowalchuk



**ADMINISTRATION**  
Georgia Campbell



**DISTRIBUTION**  
Christy Brown



**PRODUCTION**  
Debbie Strauss



**PRODUCTION**  
Nicole Kapusta



**PRINT**  
Dan Anderson



**ADMINISTRATION**  
Carrie Sargent



**ADMINISTRATION**  
Allana Sawatzky

# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## Getting in some fishing fun with friends

Hello my friends.

We've all heard about folks who had cottages along the Red riverbank leading to Breezy Point that the government expropriated because of spring flooding.

Last week, I actually met a fellow, Dale Cross, who lived there. Dale was enjoying a sunny quiet afternoon sitting in a lawn chair fishing at the end of the Point when I drove up. He was a muscular man, shirtless in the heat, with short grey hair, and a rugged face who didn't hesitate when asked to talk of his experiences as a one time resident here.

Cross remember one spring when even though his house was on six foot stilts he would wake in the morning to see giant cakes of ice or ice shacks floating in his front yard. Dale lives in Winnipeg now but it was still plain to see he had a soft spot for this area and agreed it might be a good idea if the Provincial Government turned the strip into a no services campground.

Later, I felt it was time for a story from the Winnipeg River so off I went to the dam at Pine Falls. I cautiously drove down the steep riverbank gravel road on the dams' downside and reaching the waters edge saw two anglers sitting on large flat rocks fishing. Leaving my car I met Tony Wong and Larry Possberd of Winnipeg who as we talked had a story for us.

Last fall they were fishing by boat on the Red upstream of Selkirk. The fishing was good but their motor kept quitting on them. They forgot about the pesky motor as the fishing got better and better. Suddenly they snapped back to reality realizing Tony was late for Thanksgiving at home and Larry was late for work. Frantic fear fell away as their little motor innocently started with the first pull. Soon the pier was in sight. Maybe things wouldn't be so bad after all, they thought.

Then that little innocent motor with a "pop" stopped dead. Now anxious,



**RECORD PHOTO BY ARNIE WEIDL**

Pictured left to right, Alex Bard, Brad Kenkaran, Skylar Farrington and Cory Adam with pickerel they caught off the Riverton pier.

the guys frantically labored over the motor as the rivers' current carried them farther away from the pier. Larry's glance happened to catch the level indicator on the gas tank. He squeezed his eyes shut in exasperation; the tank was empty. Their paddles helped them to the riverbank and eventually they got a tow from some good Samaritan anglers. Poor Tony had to face his family who accused him of caring more about fishing than being at home for Thanksgiving dinner and Larry got a severe dressing down from his boss when he showed up for work.

I sure had a heartwarming experience last Friday when I ran over to the in town Riverton pier on the Icelandic River. As I pulled up I could see four young angler lads excitedly running back and forth along the piers' edge checking their rods for a sign of a bite. Barefoot, in old t-shirts and shorts these boyhood friends were having the time of their carefree summer lives in the early morning sun. Getting out of my car I asked if they had caught anything whereupon they

reacted with boyish enthusiasm racing to a large pail. They dug in and proudly held up two respectable sized pickerel high in the air. Our young fishermen were Alex Bard, Skylar Farrington and Cory Adam from Riverton with Brad Kenkaran from Komarno. Their enthusiasm changed to uncontrolled joy when I told them I wanted to put them and their catches in the *Selkirk Record*, the *Express Weekly News* and the *Stonewall Teulon Tribune*. I had to wait until they settled down a bit then asked if they had any unusual fishing experiences as I took their picture.

Brad gleefully piped up saying he and his mom, Jen, went fishing off the "big white curve" on north Shoal Lake and after a while was convinced he was snagged. He asked mom to help him. Jen taking his rod, hefted it, then smiling handed it back to him proclaiming, "son you've got a fish." As he began reeling it in it came to life twisting this way and that but he hung in there and landed it.

Well, thanks for dropping in, see you next week, bye.



> **CONTACT US**

By phone: **204-785-1618**  
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,  
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

**TO PLACE AN AD or for  
COMMERCIAL DESIGN & PRINTING**  
Brett Mitchell: 204-485-0010  
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419  
Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

**EDITORIAL**

Lindsey Enns  
204-485-3337  
news@selkirkrecord.ca Twitter: @LindseyEnns

**Dave Baxter**

cell 204-481-4180  
Office 204-785-1618  
dave@selkirkrecord.ca Twitter @davebbaxter

**TROUBLE WITH PAPER DELIVERY?**

Christy Brown, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.*



# Rodeo organizers look to rein in more volunteers

By Dave Baxter

Triple S Fair and Rodeo organizers are hoping to rope in more volunteers so they can continue putting on the annual event.

Triple S Fair and Rodeo president Rea Pennington said this year's event, which took place at the fair grounds at Selkirk Park for three days back in July was a "success" and attendance was "on par with previous years."

But now that the dust and mud from this year's fair and rodeo has settled, Pennington said he wants residents to know how much work goes on all-year-round to put on the summer event.

"We don't have a problem getting volunteers out for the actual event, but all the other stuff that happens year-round can be difficult," Pennington said.

He said they rely on a "small team of volunteers" that work year-round, but they are now hoping to expand that team.

"We always want to see the rodeo carry on," Pennington said. "We are lucky that we have that team of really dedicated volunteers, but when those dedicated volunteers have to stop I'm just not sure what would happen, so that's kind of the unknown."

"Some have been with us for 15 or 20-plus years."

Pennington said those who are willing to volunteer can create a schedule where they give up only as much time as they can.

"An hour of help is as good as a day's help," he said. "We don't expect people to commit to day-after-day, but more hands could just make less work for everybody."

Pennington also hopes residents realize the economic boost the fair and rodeo provides for Selkirk.

"Over the course of the summer we are bringing thousands of out-of-towners into Selkirk, and that can only



RECORD PHOTO BY ROBERT E. WILSON

Triple S Fair and Rodeo organizers say they are looking for more volunteers to ensure they can continue putting on the annual event.

help the local economy," he said. "Any time you have people visiting the city there is going to be that spin-off." Pennington added a big part of the

reason they are able to put on the show every year is because of three local construction companies that donate their equipment and time at no cost.

"We had a lot of rain and wet weather before the weekend this year so we fought with the conditions at the fair grounds, but we had a ton of help from local contractors to help us dry things up, he said.

East Selkirk based BUUS Construction, St. Andrews based Bowser Construction, and Clandeboye based Bedrock Construction all gave up time and equipment this year for the rodeo.

He said the work the three companies put into the rodeo is something they simply would not be able to pay for.

"These guys step up every year whenever we need them. Without that help this event would just not take place. Pretty simply, we could not afford to hire that equipment and that labour," he said. "It's invaluable, I don't know what we would do without them."

Those interested in volunteering for the Triple S Fair and Rodeo can call the rodeo line at 204-485-4854.

**The Selkirk Record**

217 Clandeboye Ave., Selkirk

Proof Deadline Fridays at 4 p.m.

Booking Deadline

Mondays at 4 p.m.

Office Hours: Monday-Friday 9:30-5:00



**WESTSIDE**  
HONDA • POLARIS  
**RENTALS**  
**STUMP GRINDER**



The right tools for the job.

www.westsidehonda.ca  
Hwy 9 BYPASS  
SELKIRK **482-7782**

**JULY'S  
TOP ACHIEVER**

**Nancy DePaulo**

*Nancy would like to thank all of her customers and hope you enjoy the summer in your new set of GM wheels!*

nancyd@selkirkgm.ca



**SELKIRK** GM  
CHEVROLET • BUICK • GMC

1010 Manitoba Ave, Selkirk MB Open 24 Hours @ www.selkirkgm.ca

**204-482-1010**

**ABM CONCRETE LTD.**  
**CONCRETE**  
Sand, Gravel & Sandstone  
(Pick up or delivery)

**ABM CONCRETE**  
Selkirk  
Manitoba  
SELKIRK **482-7862**  
WPG. **284-5914**

# Waterfront market's return delights residents

By Lindsey Enns

Community and area residents came out in droves to check out the return of the Selkirk Waterfront Farmer's Market last week.

"I think that it's wonderful we have this on the waterfront," Dianne Veitch of Selkirk said while checking out the 31 vendors on site for the market's return last Wednesday afternoon. "There's lots of vendors here. It's better than it ever was."

Vendors were busy selling clothing, jewelry, fresh vegetables, baking and all sorts of other handmade creations last week.

Among the vendors was Xandra-Lee Pruden of Selkirk who was getting a lot of attention for her colourful handmade dreamcatchers.

"My mom used to make dreamcatchers and I just always loved it so I just decided I might as well try it out," Pruden said adding she's been making them for about four months and last Wednesday was her first time showcasing her creations at a farmer's market. "This is my first time, I've never been to one."

"It's going really good. There's a lot of people showing a lot of interest."

Throughout the month of August,



RECORD PHOTOS BY LINDSEY ENNS

ABOVE LEFT: Xandra-Lee Pruden of Selkirk sits at her booth at the farmer's market at the Selkirk Waterfront last Wednesday. D.O.G Days and the farmer's market will be running every Wednesday afternoon in August. ABOVE RIGHT: A lady checks out some jewelry at the farmer's market at the Selkirk Waterfront last Wednesday afternoon.

the farmer's market is being held in conjunction with D.O.G Days at the Selkirk Waterfront every Wednesday.

D.O.G Days, which features live entertainment, runs from 11:30 a.m. to 1:30 p.m. while the market is open from 11 a.m. to 2 p.m.

Joy Sul, the organizer behind the market's return who also runs the market in Lockport every Sunday afternoon, said she was very pleased with last week's turnout.

"Very, very successful," Sul said with a smile. "We've had a record crowd,

residents are so excited and so happy about this."

Sul said they hope to add more vendors throughout the month while maintaining a large variety.

"To offer customers a lot of variety," she said.

# Teulon rodeo organizer reflects on family heritage

## 3rd annual Heartland Rodeo set for Aug. 27 and 28

By Rozanne Nevakshonoff

Many young boys dream of being a cowboy. Bill Higgins was one of those, it just took him a little longer to get there.

Higgins hails from Ochre River, Manitoba, a small community 20 minutes east of Dauphin in the Parkland Region.

Raised on an acreage, with both parents working they didn't raise any animals. Bill and his siblings spent a lot of time with their grandparents who lived and farmed nearby. He describes his grandfather's horses as working horses, not riding horses.

He recalls the day when he was about eight or nine -- the first time he had to drive the horses. While out for a ride on the wagon with his grandfather, all of a sudden the reins were put into his hands -- and that was that. He was now the driver.

As time rolled on his grandfather sold the farm. The new owners, much to Bill's delight, had children his age



RECORD PHOTO BY ROZANNE NEVAKSHONOFF

Bill Higgins is looking forward to the third annual Heartland Rodeo in Teulon Aug. 27 and 28.

and horses. Bill started riding. "I spent a lot of time there."

Buying your first horse is like buying your first car, it's one of those things you never forget. "I was 15 when I bought my first saddle horse," said Higgins.

A couple years passed and it was off

to Winnipeg to find a job. Somehow, Higgins managed to board horses here and there, but he tired of city living and began looking at his own piece of land. The first acreage he looked at was in Fraserwood, but he decided it was too far to drive back and forth to work. Feeling kinda bummed out, he

decided a move to Alberta might be the right thing to do. So, taking some time off work, he travelled west.

"When I found how expensive land was, I tucked my tail between my legs and came back to Manitoba," Higgins chuckles.

Fortunately, a piece of land west of Gunton came up for sale that Higgins was able to afford. He continued to commute to work while raising horses and riding. In 1994 he found a spot to call home in Teulon. Seems it was not the only good thing he found here. He met Liz, now his wife and partner. She works with him, hunts with him, laughs with him, and is on committees with him.

Around 1999, he started roping at a friends place. Soon, he was entering team roping as the healer. The enjoyment in Higgin's voice is evident as he talks about roping, the people he's met, and how they took first and second in team roping at the only Jackpot rodeo Teulon ever held in 1999. He believes it was the last rodeo held.

He outlines how the 17 member committee has worked diligently to make the third annual Heartland Rodeo on the Aug. 27 and 28 weekend.

"That is what this means to me."

# Hundreds of classic rides roll into city for car show

By Dave Baxter

A massive car show saw more than 500 vehicles roll into Selkirk last weekend and money raised from the event will now help those grieving over the loss of a loved one.

The 13th annual Memories Show N' Shine Car Show saw 551 classic, vintage and street rod vehicles gather at the Selkirk Waterfront and along Eveline Street in Selkirk last Sunday.

The Memories Show N' Shine Car Show is an annual fundraiser put on by the Morgoch family, and 100 per cent of proceeds go directly to the counselling and support group Compassionate Friends.

Compassionate Friends helped Jonny and Sharon Morgoch with their grief after they lost their daughter, Candace Morgoch in 1995.

"It's all in memory of my sister Candace," Candace's sister and event organizer Shannon Morgoch said. "When I was a kid growing up me and my sisters would go to classic car shows with my dad.

"When Candace passed away we got to know the Compassionate Friends organization and from there we decided it made sense to hold a car show to raise money for the organization."

She added everyone who works with Compassionate Friends has lost a child or a loved one, so those at the organization can relate to their client's pain.

"If you lose a child or a sibling people often say 'I know how you feel,' but with Compassionate Friends they truly do know how you feel because they have been there," Shannon said.

Shannon said she never expected the shows to get as big as they have become.

"We started with 70 cars the first year, so it's become a far bigger event than we had ever imagined, and the support has always been amazing," she said. "We presented a cheque for \$12,500 last year, and this year's show was just as big if not bigger.

"I expect this year to be just as successful."



RECORD PHOTOS BY DAVE BAXTER

ABOVE: Winnipeg resident Robert Beach shows off his 1946 Lincoln Continental at the Memories Show N' Shine Car Show in Selkirk last Sunday. The 13th annual event saw 551 classic, vintage and street rod vehicles being shown off at the Selkirk Waterfront and along Eveline Street in Selkirk last Sunday. BELOW: West St. Paul resident Bernie Spakowski, pictured right alongside his friend Yolande Labossiere showed off his classic 1928 Ford Model A at the Memories Show and Shine Car Show in Selkirk last Sunday.

The show has been held in Selkirk for the last eight years, and the waterfront is a perfect location for the event, she added.

"People like it here because it's right on the waterfront and there are different tiers so it just looks great, rather than just having it in a parking lot."

West St. Paul resident Bernie Spakowski showed off his 1928 Ford Model A at the waterfront last Sunday.

He said he's proud of the vehicle because he had it restored to look exactly how it would have looked when it rolled out of the Ford factory way back in the 1920's.

"It's the exact same colour and it would have looked just like how it looks here today," Spakowski said. "I appreciate old cars."

He said he started working on the car in 1976 when he bought it for \$700,



and it took him 24 years to finish it.

He added he was happy to show the car off at an event that raises money for an important cause.

"I've always liked this event. It's always a great show and it's very important."

# Magic of Three artists at Gwen Fox Gallery this month

By Kaitlin Vitt

Artist Althea Cunningham's work, which is on display this month at Selkirk's Gwen Fox Gallery, explores society and politics.

"It's meant to kind of engage the viewer so that they can themselves kind of challenge what's going on in the world or their own healing," Cunningham said.

Cunningham is part of the Magic of

Three, the group the gallery is featuring throughout the month of August. She's showing paper collage artwork, with themes including technology and the environment.

One piece is a vase with an entrapped crystal leaf on it. Cunningham said it represents "what we will have left of our tropical forest that gives us life and breath, and yet all we have left is the recollection of a leaf."

Cunningham, Árný Hjaltadóttir and Shirley Myren make up the Magic of Three. The three artists haven't all worked together before, though Cunningham and Hjaltadóttir have.

Hjaltadóttir is from Iceland and lives in Woodlands. She is showing some glass art and acrylic pieces. Her pictures include portraits and old buildings, like barns.

Myren's work is abstract, she said.

She uses a range of media, including acrylic ink and watercolours.

"It's about being free with the colours, expressing myself and letting the paint kind of express how you feel at the time you're letting it go onto the canvas," Myren said.

The Magic of Three's exhibit will be at the Gwen Fox Gallery during August. The gallery is open Tuesday to Saturday from 11 a.m. to 4 p.m.

# Second annual Duck and Run raises funds for wetlands

By Stefanie Lasuik

Approximately 180 people ran to the music of songbirds, strolled with waterfowl, and raced alongside gophers during Oak Hammock Marsh's second annual Duck and Run on Aug. 7.

The run began last year after Ducks Unlimited staff realized many of them had the same idea for a fundraiser.

"It's a beautiful place to run and enjoy the outdoors," said race director Leigh Patterson.

It's also a great location for Interlake runners because they don't have to travel to Winnipeg, said Patterson.

The number of runners doubled this year compared with last year with 80 runners in the 10 kilometres race and 45 in the 5-km. race. Families and youngsters went on a scenic 2-km. walk.

The event is a fundraiser for Ducks Unlimited Canada. Although the final total has not yet been calculated, Patterson guessed the Duck and Run brought in about \$5,000.

Ducks Unlimited Canada will use the money for wetland conservation. It can go into on-the-ground projects, education, and scientific research. The organization's research arm, the Institute for Wetlands and Waterfowl Research discovers new ways and best practices for conserving natural areas in Canada.

New to the run this year was the poop loop. The loop ran runners past



Sandy Lefley was the race's top fundraiser for the second straight year. She received a Mountain Equipment Co-op gift certificate for her efforts.

the sewage lagoon, where they could see how wetlands clean water naturally.

Grosse Isle's Sandy Lefley was the top fundraiser with \$275 for the second year. The cause is close to her heart because her dad, Ken Gardner, is an avid bird watcher but is no longer able to participate in the run.

"Ducks Unlimited has always been an important part of his life," said Lefley.

Stonewall's Andrew Schewe fin-



RECORD PHOTOS BY STEFANIE LASUIK

Stonewall's Carly Bjornsson, Marquette's Melanie Fleury, Woodlands' Jennifer Reesink, Woodlands' Jo Hooper, and Warren's Janet Bangle were five of many local participants who ran the races and contributed to the cause.

ished the men's 10-kilometre race in second place. Twelve-year-old Ethan Rogowsky from Stonewall earned

bronze in the men's five-kilometre race.

## Sharing the Interlake's stories



RECORD PHOTO BY KAITLIN VITT

Unlocked: Stories of the Interlake traveling trunk exhibit was at the Marine Museum of Manitoba in Selkirk during the month of July. The Red River Operators of the Red Hat Society, pictured above, visited the exhibit on July 27. Ten museums across the Interlake created the trunks in 2014 telling stories from each museum, including Canada's first woman bus driver, fossils in Stonewall and a bank robbery in Ashern. During the month of August, five trunks will be at the Ashern Pioneer Museum, and five will be at the Eriksdale Museum.

## D.O.G Days return to the waterfront



RECORD PHOTO BY LINDSEY ENNS

Tom Pachal performs on the Selkirk show "Biz" stage last Wednesday afternoon during D.O.G Days at the Selkirk Waterfront. D.O.G Days runs every Wednesday throughout the month of August from 11:30 a.m. to 1:30 p.m.



Presented  
by

CITY OF  
**Selkirk** &

*The*  
**Selkirk  
Record**

# Waterfront Festival

## August 20

### The Selkirk Waterfront

Huge School Supply Giveaway  
4pm-6pm

Kids Zone  
4pm-8pm



#### Mother Groove

7:00pm  
on the Noventis Credit  
Union Stage

#### Dreams & Rumours

- Fleetwood Mac Tribute  
8:30pm  
on the Noventis Credit  
Union Stage



#### Ryan Price Magic

6:00pm  
on the *CUSTOM REMOTE*  
*STARTERS* Stage



Food vendors on site  
Please bring a lawn chair

Concert will move to the Barn  
(368 Jemima St.) in case of  
inclement weather.

More info: [MySelkirk.ca](http://MySelkirk.ca)  
or 204-785-4992



**Noventis**<sup>®</sup>  
CREDIT UNION

**DON'T MISS OUT ON THE COUNTRY'S HOTTEST DEALS.**



1500 DOUBLE CAB CUSTOM MODEL SHOWN

**CANADA WIDE CLEARANCE EXTENDED**

**2016 SILVERADO 1500**

**0% PURCHASE FINANCING FOR 84 MONTHS\* ON 2016 SILVERADO 1500 WT, LS, CUSTOM**

**UP TO \$9,000 TOTAL VALUE**

ON SILVERADO 1500 DOUBLE CAB TRUE NORTH EDITION\*

[PRAIRIECHEVROLET.COM](http://PRAIRIECHEVROLET.COM)

FIND **NEW** ROADS

COME IN TODAY FOR THE BEST SELECTION. OFFERS END AUGUST 31<sup>ST</sup>.

CHEVROLET



LTZ MODEL SHOWN

**2016 TRAX**

**0% PURCHASE FINANCING FOR 84 MONTHS\* ON LTZ FWD MODELS**

**UP TO \$4,450 TOTAL CREDITS\* ON OTHER MODELS**



LTZ MODEL SHOWN

**2016 EQUINOX**

**0% PURCHASE FINANCING FOR 84 MONTHS\* ON LTZ FWD MODELS**

**UP TO \$4,000 TOTAL CREDITS\* ON OTHER MODELS**



LT MODEL SHOWN

**ALL-NEW 2016 CRUZE LT AUTO**

LEASE FROM \$98 BI-WEEKLY, THAT'S LIKE:

**\$49 @ 0% FOR 48 MONTHS WITH \$1395 WEEKLY DOWN**

BASED ON LEASE PURCHASE PRICE OF \$21,260\*. INCLUDES \$1,000 DELIVERY CREDIT, \$500 LEASE CASH, FREIGHT & PDI.

APPLY FOR A GM CARD AND GET UP TO **\$1,000 APPLICATION BONUS<sup>††</sup>**.

ALL NEW VEHICLES COME WITH:

**CHEVROLET COMPLETE CARE**

**2** YEARS/48,000 KM COMPLIMENTARY OIL CHANGES\*\*

**5** YEARS/160,000 KM ROADSIDE ASSISTANCE\*\*

**5** YEARS/160,000 KM POWERTRAIN WARRANTY\*\*

ON NOW AT YOUR PRAIRIE CHEVROLET DEALERS. PrairieChevrolet.com 1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada. Offers apply to the finance or purchase of a 2016 Chevrolet Silverado 1500 (USA), Trax LS FWD (USA/60/MNK/KPK), Equinox LS FWD (USA/K05), Cruze LT Auto (USD/K05) equipped as described. License, insurance, registration, administration fees, dealer fees, PPSA and taxes not included. Dealers are free to set individual prices. Limited time offers which may not be combined with other offers, and are subject to change without notice. Offers apply to qualified retail customers in Canada on select vehicles between August 31 to August 31, 2016. 0% purchase financing offered on approved credit by TD Auto Finance Services, Scotiabank or RBC Royal Bank for 84 months on 2016 Sonic Hatchback RS Manual & Auto, Malibu Hybrid, Trax LTZ FWD, Equinox LTZ FWD, Trax LTZ FWD, Silverado 1500 Regular Cab WT, LS, Double Cab WT, LS, Custom, Crew Cab WT, LS, Silverado HD Gas (see below for exclusions); and for 60 months on all Cruze models; Camaro LT Coupe/Convertible models; Colorado models excluding 2SK, and for 36 months on Corvette models except Z06 and Silverado HD Diesel (see below for exclusions). Other trims may have effective rates higher than 0%. Participating lenders are subject to change. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: \$30,000 at 0% APR, the monthly payment is \$357.14 for 84 months. Cost of borrowing is \$30,000. Offer is unconditional interest-free. Freight and air tax (\$100, if applicable) included. License, insurance, registration, PPSA, applicable taxes and dealer fees not included. Dealers are free to set individual prices. Limited time offer which may not be combined with certain other offers. General Motors of Canada Company may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. \*Registered trademark of The Bank of Nova Scotia. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. †\$9,000 is a combined total credit consisting of a \$3,000 manufacturer-to-dealer delivery credit (tax exclusive) for 2016 Chevrolet Silverado 1500 Double Cab LT or LTZ, which is available for cash purchases only and cannot be combined with special lease and finance rates. By selecting lease or finance offers, consumers are foregoing this \$3,000 manufacturer-to-dealer cash credit (tax exclusive). †\$4,450/\$4,000 is a combined credit consisting of \$1,500/\$1,500 manufacturer-to-dealer cash credit (tax exclusive) on 2016 Trax (exc. LTZ FWD)/Equinox (exc. LTZ FWD) delivered in Canada from August 31 and August 31, 2016, which is available for cash purchases only and cannot be combined with special lease and finance rates. By selecting lease or finance offers, consumers are foregoing this \$3,000/\$2,500 credit which will result in higher effective interest rates. Discounts vary by model. Selected vehicles eligible for the cash rebate are not the same as those eligible for the 0% financing advertised. †Lease based on a purchase price of \$21,260, including \$1,000 manufacturer-to-dealer delivery credit (tax exclusive), \$500 lease cash, for a new eligible 2016 Cruze LT Auto. Bi-weekly payment is \$98 for 48 months at 0% APR, on approved credit to qualified retail customers by GM Financial. Annual kilometre limit of 20,000 km, \$0.16 per excess kilometre. \$1,395 down payment and a \$0 security deposit is required. Payment may vary depending on down payment or trade. Total obligation is \$11,571 plus applicable taxes. Option to purchase at lease end is \$9721. Price and total obligation exclude license, insurance, registration, taxes and optional equipment. Other lease options are available. Dealers are free to set individual prices. Limited-time offer, which may not be combined with other offers. See your dealer for conditions and details. General Motors of Canada Company reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. ††Offer applies to individuals who apply for a Scotiabank GM Visa Card (GM Card) or current Scotiabank GM Visa Card (GM Card) or current Scotiabank GM Visa Card (GM Card) or current Scotiabank GM Visa Card (GM Card) or current Scotiabank GM Visa Card (GM Card). Credit is a manufacturer-to-consumer incentive (tax inclusive) and credit value depends on model purchased: \$300 credit available on Chevrolet Camaro, Sonic, Cruze, Equinox, Malibu (excluding L model), Volt (including 2017 MY Volt) and Trax; \$750 credit available on Chevrolet Impala, Equinox, Express, Traverse and Colorado (except 2SK). Suburban, Tahoe, \$1,000 credit available on Chevrolet Silverado. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Company (GM Canada) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GM Canada dealer for details. GM Canada reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. \*\*The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased or leased a new eligible 2016 MY Chevrolet (excluding Spark EV), with an ACDelco® oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 48,000 km, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Company reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. \*\*Whichever comes first. See dealer for details.

# 170-km bike ride aims to raise awareness for MS

By Kaitlin Vitt

Manitobans are coming together to raise money for multiple sclerosis research and programming.

The 27th annual Biking to the Viking takes place Aug. 20 to 21. Participants will ride the 170-kilometre route from Stonewall to Gimli then back to Stonewall.

As of Aug. 8, the team from Crystal Spring Hutterite Colony has raised the most money online. Team members have raised \$17,500.

Crystal Spring Team members raised the money by donating funds themselves and connecting with businesses and other colonies, said Ethan Hofer, one member from the team.

"You can see that it's an event that's about supporting people with MS and supporting that whole togetherness, because there is all kinds



PHOTO COURTESY OF ETHAN HOFER

The team from Crystal Spring Hutterite Colony, pictured at 2014's Biking to the Viking, has raised \$17,500 for multiple sclerosis research and programming.

of people and all kind of bikes and all kinds of faces there, which is really great," Hofer said.

The team has been riding in the event for years, but Hofer has participated only for a few. He hasn't completed the full ride yet, since it's been rained out the years he has attended.

"It's been fun every time even with the weather," he said. "There's a lot of spirit going on there, so to speak." Hofer has participated in other rides, but this is the largest one he's been in.

"It's very inspiring," he said. "It gives you great energy just to be with that many riders."

So far, 464 people have registered to ride.

Crystal Spring Team members aren't riding for someone in particular, but they think it's a good cause to support, Hofer said.

The team's top fundraiser, and the overall top online fundraiser, is Jonathan Kleinsasser. He's raised \$8,500. Kleinsasser is in his 70s and has many connections, which helps the team raise so much money, Hofer said.

The event's fundraising goal is \$480,000. Money raised goes toward MS research and services, like fitness and social programs for people with the disease, said Ilona Niemczyk, director of development for Manitoba's division of the MS Society of Canada.

The country with the highest rate of MS in the world is Canada, according to the MS Society of Canada website.

"It's definitely Canada's disease," Niemczyk said. "I think people realize that until a cure is found, that it's our job to keep going and fundraise."

People can cheer on the riders at the new start line at Stonewall Collegiate Institute at 8 a.m. on the Saturday or can go to a rest stop along the route.

The route has changed this year, partly to help with the flow of traffic from Quarry Days, which is on the same weekend, Niemczyk said.

Riders this year will go down Highways 67, 8 and 9.

People can look at the route's map, donate or sign up to ride or volunteer at [msbike.ca](http://msbike.ca).

**HOMES** *For The* **HOLIDAYS**  
Investors Group Premier Sponsor  
*House & Heritage Tour*

**JOIN THE \$1 FOR \$2 CHALLENGE**

*In support of Nova House and the Selkirk & District Community Foundation.*

We are challenging local business to sponsor our Homes for the Holidays tour. Join us, and Patron Sponsors **Jim and Betty Ann Gaynor** will give **\$1 for every \$2** you give!

**The Selkirk Record**  
MEDIA SPONSOR

**LEARN MORE ▶**

**HOMESFORTHEHOLIDAYSREDRIVERNORTH.CA**

*Ask about our sponsor recognition opportunities. Call Shirley today, 204.771.7523.*

## > STUDENTS WILL CONTINUE STUDIES AT U OF M, FROM PG. 7

"McMaster University Midwifery Program is delighted to be working with the University of Manitoba and the Manitoba government on this innovative educational program," said Dr. Eileen Hutton, assistant dean, midwifery, and professor of obstetrics and gynecology at McMaster University.

Students will continue their studies at the U of M as McMaster transfer students, taking classes and labs with qualified U of M midwifery instructors, participating in distance learning with their fellow McMaster classmates.





# Get Involved With Youth Organizations

Volunteer work can benefit volunteers emotionally and physically. Many people aspire to get involved by donating their time or resources, but they may not know which avenue to take. Leading a youth organization or mentoring children can change the lives of both children and volunteers in numerous ways.

Youth groups include boys' and girls' clubs, religious ministry organizations, sports teams, and other special-interest clubs. When matched up with the right group, children may learn a number of skills that can assist them as they age. After-school activities can teach kids leadership skills and how to work together while making them feel like they are part of something bigger than themselves. Volunteering

with youth-based organizations is a great way for adults to make a real difference in the lives of children.

Inquire among your network of friends when looking for a youth organization to work with. Friends may be in touch with sports leagues or other community groups that are looking for volunteers. If your child has an interest in a particular sport, find out if the league is looking for coaches or parents to work in other capacities for the team. This is a great way to get involved without compromising your child's sense of individuality and space.

Schools are another resource. Many clubs and organizations are chartered or sponsored through schools. Schools also lend their all-purpose rooms or other spaces to organizations so that

meetings are convenient to students. School open houses provide great opportunities for adults to learn about the various programs offered by a given school. Such programs often need volunteers.

Many young children are first exposed to group activities upon enrolling in the Cub Scouts or Girl Scouts. These are national programs that operate locally through packs and troops. Scouting organizations are entirely dependent on volunteers. Whether you sign up as a leader, a co-leader or a person who works behind

the scenes, you will be a part of an organization that has helped to shape kids for decades.

Religious organizations also provide opportunities for adults to work with kids and young adults. Volunteer work is an integral part of many religions, and ministering to youngsters is one way to spread the message of faith. Work with a religious leader to find the best fit for your services. You may volunteer as a Sunday school teacher or serve as a chaperone at youth events.

Volunteer work is beneficial no matter where one directs his or her energy. However, the experience can be even more rewarding when it involves working with children.

**Lord Selkirk Steelers "A" Hockey**  
- Novice - Midget (A1 - A3) Programs

**LSMHA Players Registration 2016-2017 Season**  
Ages 5-17 - Register on our website: [www.lsmha.com](http://www.lsmha.com)  
**Registration Deadline**  
- Aug 23rd 2016

**Looking for qualified volunteers looking to Coach or Help with the upcoming Season.**

Please send Coaching Resume or request an application from:  
[lsmhacoaching@gmail.com](mailto:lsmhacoaching@gmail.com)

**REFEREE AND TIME KEEPERS NEEDED**  
for 2016-2017 Season

If Interest in Refereeing or Timekeeping this Season please contact:  
[lsmhaofficials@gmail.com](mailto:lsmhaofficials@gmail.com)




**Keystone Kips Gymnastics**  
Recreational & Competitive Programs

**Girls and Boys Classes**  
Ages: 3 years and up  
**Girls Competitive**  
Regional & Provincial Stream

**Registration:**  
August 24<sup>th</sup>, 2016  
6:00 pm to 7:30 pm

**Location: West St Paul School**  
(3740 Main St. North of the Perimeter)

For information call:  
**204-694-8096**  
Email us at:  
[Keystonekips@mts.net](mailto:Keystonekips@mts.net)  
Visit our website:  
[www.keystonekipsgymnastics.ca](http://www.keystonekipsgymnastics.ca)  
[www.facebook.com/keystonekipsgymnastics](http://www.facebook.com/keystonekipsgymnastics)



**CITY OF Selkirk** **Fall Recreation & Leisure Fair**

**Wednesday, August 24th 5 pm to 8 pm**

**Selkirk Rec Complex Lobby** To register call 204-785-4950 or email [sleonard@cityofselkirk.com](mailto:sleonard@cityofselkirk.com) [myselkirk.ca](http://myselkirk.ca)



# FALL & WINTER ACTIVITIES & registration section 2016-2017

## Help Kids Get Ready For Fall Sports Season

Summer is a season of relaxation, especially for school-aged children who are not yet old enough to work. Such youngsters no doubt enjoy the chance to spend summer days lounging poolside or at the beach, all without a care in the world or any homework to complete.

Though summer is synonymous with R&R, parents of young athletes

who hope to compete in scholastic athletics when the school year begins in autumn may need to take steps to ensure their kids aren't at risk of injury once the curtain comes up on fall sports season.

- Examine and replace equipment if necessary. The right equipment can protect kids from injury and help them realize their full athletic poten-

tial. But damaged or outdated equipment can increase kids' risk of injury. Examine kids' equipment long before fall sports season begins so you have time to bargain hunt should anything need to be replaced.

- Schedule a physical for your child. Many school districts mandate that athletes receive and pass physicals before they can compete. Speak with the athletic director at your child's school to learn the guidelines that govern athletic physicals. The physical will need to be conducted by a predetermined date, but you may also need the physical to be conducted after a certain date for it to be considered valid. Speak with your child's physician if any problems are found during the physical.

- Let kids heal. Kids' schedules are busier than ever before, and many youngsters play several sports during the school year. Summer vacation may be the only extended period all year that youngsters' bodies get to heal. While it's important that kids stay physically active throughout the summer, make sure they don't overdo it, as you should emphasize the importance of rest.

- Gradually get back in the swing of things. While rest gives kids' bod-

ies a chance to heal and develop, it's important that young athletes stay in shape over the summer. As the fall sports season draws near, help kids gradually get back in the swing of things. Tryouts tend to be physically demanding, so kids who have not lifted a finger all summer may be at risk of injury or missing the cut. Let kids ease back into regular exercise to make sure they are not starting from scratch come their first tryout.

- Speak with coaches. Coaches can be great assets to parents who want to make sure their youngsters enjoy the summer without sacrificing their chances of making the team in the fall. Speak with kids' coaches to determine if there is any area your son or daughter can work on over the summer to improve his or her chances of making the team. Make sure kids are the ones leading the charge to improve their games; otherwise, they may feel pressured into doing so and that can take away the fun of playing sports.

Scholastic athletes should take advantage of the opportunity to relax and recover that summer presents. But athletes who hope to compete in the fall can still work with their parents to ensure they're ready once the school year and sports season begins.

### Selkirk & District Ukrainian School of Dance Inc.

**Ukrainian Dance Classes for everyone ages 3 and up**

*Register August 24, 2016  
at the Selkirk Leisure Fair*

Or register online at [www.selkirkzorya.ca](http://www.selkirkzorya.ca)  
For more information  
e-mail: [sdukdanceschool@yahoo.ca](mailto:sdukdanceschool@yahoo.ca)  
or phone 204-785-0677

**Classes start September 12, 2016!**



## evolution dance company

Selkirk Town Plaza | 200-366 Main Street, Selkirk MB | 204.785.1285



**Fall Registration Begins August 16<sup>th</sup>!**

**Registration Hours (In-Person)**  
Tuesdays & Thursdays 5:00 – 8:00pm  
August 16<sup>th</sup> to September 8<sup>th</sup>

Classes begin Monday, September 12<sup>th</sup>!

Ballet	Tap	Jazz	Hip Hop
Creative Movement	Two's & You	Pre-Dance	Adult Dance
Adult Fitness	Musical Theatre	Ages 2 – Adult	Recreational & Competitive

Open to all levels, ages and abilities!

[www.EvolutionDance.ca](http://www.EvolutionDance.ca)



**Classes for ages 7 and up on Tuesday & Thursday evenings beginning September 8th at the High School Upper Gym**



**TWO WEEK TRIAL MEMBERSHIPS AVAILABLE**  
Affordable for families



FREE

Ask about our 8 week program for 5–6 year olds

For more info, call Brian 782-9785

[www.selkirkjudoclub.com](http://www.selkirkjudoclub.com)

# How Families Can Cut Screen Time



No matter where you look, screens are everywhere. The proliferation of easily portable tablets and smartphones means many people, adults and children alike, are never too far from the nearest screen. While that accessibility has dramatically changed the way many people live their lives, excessive exposure to screen time can produce a host of unwanted side effects.

Steven Gortmaker, a professor of the practice of health sociology at the Harvard T.H. Chan School of Public Health, has studied the negative effects of excessive screen time on children since the 1980s. According to Gortmaker, such effects include higher rates of obesity among kids who watch too much television and difficulty sleeping among youngsters with access to small screens, such as the screens of smartphones. In addition, a 2012 study published in the journal Psychiatry Research linked screen time with impaired cognitive function in young males.

So what can families do to cut back on their screen time? While it likely won't be easy to put down smart-

phones and tablets and turn off laptops and televisions, the following are a handful of ways for families to spend less time staring at screens.

- Remove televisions from bedrooms. Parents may find it impossible to gauge, much less control, how much time their kids spend watching television when youngsters have TV's in their bedrooms. Though this will likely be met with considerable resistance, remove televisions from bedrooms in your home. Set a positive example for kids by removing your own bedroom television as well. Come kids' bedtimes, make sure all devices, including smartphones and tablets,

are left in common areas of the home rather than bedrooms so kids are not tempted to watch videos instead of falling asleep.

- Institute a "no screens" rule during meals. Many parents grew up in households that did not allow televisions to be on during meals, and while the times might have changed with respect to the technology, similar rules can still prevail today. A "no screens" rule during meals gives parents and their kids time to catch up, bond and foster stronger relationships.

- Do not use the television for background noise. Turn the television off when it's serving as

just background noise. If you need background noise, turn on some music instead.

- Log screen time. Logging screen time for each member of the family can provide an estimate of just how much time the whole family spends staring at screens. Encourage each member of the family to spend as much time being physically active as he or she spends staring at screens. Set goals for each member of the family to reduce their screen time, even rewarding those who reach their goals.

Reducing screen time can improve overall health and help family members reconnect with one another.

## Fearful of public speaking?

**Selkirk Toastmasters can help you!**

- Gain Confidence
- Relaxed Atmosphere

More details: <http://3977.toastmastersclubs.org/>  
- see current members & read testimonials!

**"Celebrating 35 Years in Selkirk — One Improved Speaker at a Time!"**

## Lockport River's Edge Run

**for NF**  
NEUROFIBROMATOSIS

<b>30k</b> MARATHON 8 am	<b>1/2</b> MARATHON 8 am	<b>10k</b> RUN/WALK 10 am	<b>5k</b> RUN/WALK 10 am
--------------------------------	--------------------------------	---------------------------------	--------------------------------

**Saturday, September 17<sup>th</sup>, 2016**

Start & Finish at Skinner's River Road in Lockport, MB

*Manitoba's Beautiful Run*

BROUGHT TO YOU BY **Running Room**  
[www.runningroom.com](http://www.runningroom.com)

Register online at [www.runningroom.com](http://www.runningroom.com)  
[lockportriverrun@shaw.ca](mailto:lockportriverrun@shaw.ca)

**Fung Loy Kok Institute of Taoism**  
Registered Charitable Organization #11893 4371 RR0001

### Tai Chi Fall Registration

@ **Gordon Howard Centre**  
**Thursday, September 1 at 9:00 am**  
**Tuesday, September 6 at 6:00 pm**

### Beginner Classes

**Tuesdays 6 p.m.**  
**Thursdays & Saturdays 9 a.m.**  
**Gordon Howard Centre**  
384 Eveline St. Selkirk  
For info call 204-482-3499

## Beluga Masters Swimming

Learn how to swim  
Improve your swimming  
Learn new strokes  
Get a great fitness workout

All at your own paces!

Adult Fitness Swimming  
Improve Your Strokes  
Get Fit and Have Fun

Call Paul at 204-444-3072  
[www.belugaswimming.com](http://www.belugaswimming.com) • Email: [swim4life@highspeedcrow.ca](mailto:swim4life@highspeedcrow.ca)

## TK TAE KWON DO

**EAST SELKIRK - Terry 204-482-7034**  
**SELKIRK - Rick 204-785-1699**  
**BEAUSEJOUR - Breanne 204-485-6351**  
**TYNDALL - Barry & Jayden 204-268-2819**  
**ANOLA - Kelly & Dev 204-866-3688**

# Evening youth drop-in for teens every

## Tuesday & Thursday 7-9PM

### Free junior high lunch program

Tuesday Wednesday & Thursday

and lots more.

**204-482-3435 | [yfcselkirk.ca](http://yfcselkirk.ca) |**

# Your FARM



## Coming together to harvest hope

### > HARRY SIEMENS

Harvest 2016 ground to an abrupt halt after heavy rains topped up already wet soils in much of southern Manitoba.

Yet the Sunday before the heavy Monday rains, 139 old-fashioned threshing machines from all over North America harvested for 15 minutes to set a new world record.

"This was a once-in-a-lifetime event," says Elliot Sims, co-organizer of Harvesting Hope, which was held at the Manitoba Agricultural Museum in Austin July 31.

"You just don't see stuff like this anymore," he says. "The energy from the participants and crowd was amazing. You could feel the pride and excitement."

It reminds of the other two harvesting fundraisers near Winkler in 2006

and again in 2010, raising money to send children to Christian camps around the world, Harvest for Kids and Children's Camps International.

Sometimes you wonder whether these events are worth all the work that goes into them, but you only have to get involved to find out this is much more than just running machines and threshing grain.

In Austin, about 8,000 people watched 750 volunteers break the Guinness World Record for most threshing machines operating simultaneously. The previous record of 111 machines was held by a group from St. Albert, Ontario.

Altogether, 75 acres of winter wheat was bound and 30,000 sheaves were cut to be threshed during the event.

"This was truly a celebration of our agricultural heritage," says Sims. "We're all very happy to have suc-

ceeded, and the feedback we're getting is great. Everyone seems to have really enjoyed themselves."

Funds raised were split between the Manitoba Agricultural Museum and the Canadian Foodgrains Bank.

Among the threshers on hand that day were Ken Mack of Langenburg, Sask. and Knoxville, TN, fall and winter, who had seven self-restored threshing machines involved.

"To get the threshing bee going, they had raised up the flag on one of the high lifts and we all watched it," he says. "When they started waving it, the steam engine blew the whistle and that is when the threshing began."

Mack says the units were set up in a 20-acre area on six different lines and configurations.

"I was in line six with my one machine. Some of my other machines, a total of seven, were in lines two, three

and five and the guys running them I wished them good luck and said I'd see them after the ride is over."

Ken's wife, Jaqueline, says one of the seven machines was a little more special than the rest because when he restored it he used all different parts, gave it a colourful paint job, and named it "Johnny Cash."

"People were more than interested about it, especially the ladies," she says. "Many people were excited about this small machine, and the band played a half-hour of Johnny Cash music setting the tone."

Jaqueline had never seen this kind of mood before. This old-fashioned threshing bee put a smile on a lot of faces, she says.

"The camaraderie of the people, the people coming together, and the food, and the happiness, and remembering how it was when things were right in the world," she says. "This brings back the times when neighbour helped neighbour, everybody was happy, no matter what, they got through it."

**MacDon**

# TRUE FLEXDRAPER<sup>®</sup> NO COMPROMISE

Introducing the MacDon FD75 FlexDraper<sup>®</sup> our latest innovation in FlexDraper technology. Even at maximum flex our fixed reel to cutter bar relationship stays true, maintaining a consistently small critical gap between the reel fingers and cutter bar. This close reel to cutter bar relationship results in smooth, consistent, heads-first feeding that significantly boosts combine productivity. That means you get up to 45' (13.7m) of true ground following characteristics that won't compromise performance. It's the reason why more and more top producers and custom harvesters are trusting MacDon FlexDrapers.

See it in action today at [macdon.com/videos](http://macdon.com/videos).

MD-0076A

**LEO'S**  
SALES & SERVICE, LTD.  
WINNIPEG, MB

NORTH PERIMETER HWY 101 @ STURGEON ROAD.  
TOLL FREE 1-800-694-4978

## Offering MECHANICAL SERVICE for your HEAVY TRUCK!

**We can do your Manitoba Commercial Safety Inspection.**

Service work on Engines (codes & electrical), Manual Trannys, Suspension, ABS & Air Conditioning.

**Large Parts Inventory!**

ARBORG, MB

[www.jbrandtent.com](http://www.jbrandtent.com)

We also sell tires for Truck or Trailer-  
**Come and see what we have!**  
We also do Service on Trailers, Including MB Safties.

Give us a call or come by the shop: **204-364-2775**

# BEING READY FOR TOMORROW STARTS TODAY.



# READY to ROLL! SALES EVENT



## 0% FINANCING OR CHOOSE CASH BACK!

Being ready for tomorrow starts today. Get Ready to Roll for the season ahead with the equipment you need.

We're offering 0% FINANCING\* or CASH BACK on just about every new model tractor, hay & forage and material handling equipment from New Holland!

Stop by today or visit [readytoroll.newholland.com](http://readytoroll.newholland.com) for more details. Don't wait! Offer ends September 30, 2016.

**"A Proud Past, A Strong Future"**

**STEINBACH, MB 300 PTH 12 N - 204-326-9834**

After Hours Parts: 204-326-4418

After Hours Service: 204-326-9834

Email: [steinbach@mazergroup.ca](mailto:steinbach@mazergroup.ca)



**Garry Church**  
**204-785-3985**

Locations also in: • Arborg, MB • Crystal City, MB • Hartney, MB • Killarney, MB • Moosomin, SK • Neepawa, MB  
• Portage la Prairie, MB • Roblin, MB • St. Rose du Lac, MB • Shoal Lake, MB • Swan River, MB • Winnipeg, MB

Head Office: Brandon, MB at 1908 Currie Blvd.  
204-728-2244 [brandon@mazergroup.ca](mailto:brandon@mazergroup.ca)

**Mazergroup.ca**



\*For Commercial use only. Customer participation subject to credit qualification and approval by CNH Industrial Capital Canada Ltd. See your participating New Holland dealer for details and eligibility requirements. Down payment may be required. Offer good through September 30, 2016 at participating New Holland dealers in Canada. Not all customers or applicants may qualify for this rate or term. CNH Industrial Capital Canada Ltd. standard terms and conditions apply. Taxes, freight, set-up, delivery, additional options or attachments not included in price. Offer subject to change or cancellation without notice. © 2016 CNH Industrial Capital America LLC. All rights reserved. New Holland Agriculture is a trademark registered in the United States and many other countries, owned by or licensed to CNH Industrial N.V., its subsidiaries or affiliates. CNH Industrial Capital is a trademark in the United States and many other countries, owned by or licensed to CNH Industrial N.V., its subsidiaries or affiliates.

**CK Yard Services**

- Compact Tractor/Mini-Backhoe/Front End Loader
- Tilling
- Dump Trailer Rental
- Box Scraper/Leveler
- Acreage Grass Cutting
- Trenching
- Field Brush Cutter

Call Craig for a free estimate **204-482-0295**

www.ckyardservices.com

**Pringle's HEATING & COOLING**

For all your **Lennox HVAC needs & more**

- Service all heat/cool systems
- Gas piping

FREE ESTIMATES **204-482-3939**

**Karl's Appliance Service**

Repairs to fridges, stoves, washers, dryers, air conditioners

**482-4594**

**FULLHOUSE MOVERS**

ALEX FOTTY

HOME: 204-467-2419  
CELL: 204-461-2352

NOTHING BEATS A FULLHOUSE MOVE

**P.K. PLUMBING SERVICES**

204-792-5156

- Plumbing • Heating
- In-Floor Heating
- NOVO Water Softener Dealer

Pete Kurus, Journeyman  
20 yrs experience  
Licenced gas fitter,  
Serving Selkirk & surrounding areas

**House of Silver**

Copper Nickel, Chrome  
Silver & Gold Plating, Repair & Polish

743 Wall Street, Winnipeg, MB R3G 2T6  
Tel: 204-774-3250 Cell: 204-793-9747  
rwynnobel@yahoo.com

**K. GOWER Construction**

- Carpentry
- Windows & Doors
- Siding, Soft & Facia
- Basement Finishing
- Garages & Sheds
- Decks
- Bathrooms

**785-3740**

**PAPA'S STUCCO**

TYNDALL, MB

- Paper & Wiring done year round
- Foundation patching

Owner Operated Professional with 25 years experience

(H) **268-9694**  
(Cell) **266-1907**

**BODNER QUARRIES**

- Crushed Limestone
- Landscape Boulders
- Clean Fill • Top Soil

Carson, Manitoba **204-266-1001**

**Fidler Construction**

Specializing in  
**Home Renovations**  
Interior & Exterior

Call **George**  
Ph: 204-785-8082 Cell: 485-4330

**Biz Cards**

Call **785-1618** or email **ads@selkirkrecord.ca**

**Absolutely Maid Clean**

Residential & Commercial Cleaning

Serving Selkirk & Surrounding Communities  
Rose @ **204-482-7794**  
**204-492-8554**  
absolutelyclean@live.ca

**'TAKE US FOR GRANITE'**

tuf-granite.com  
334-4527

Our Services - If you can dream it, we can make it...  
Custom Granite Counter Tops, Vanities, Shower Enclosures, Fireplace Surrounds, Address Markers

Visit **www.takeusforgranitewinnipeg.com**  
Unit 3-1201 Grassmere Road - West St. Paul, Mb  
takeusforgranite@mts.net

**TOPSOIL BLACK DIRT SLAG**

- Demolition • Driveways • Loader
- Grader Rentals • Bobcats • Crawler Hoe

**EXCAVATIONS • TRUCKING •**

**R&M EQUIPMENT** **482-7157**  
Selkirk, MB

**QUIT SMOKING**

With Laser Therapy  
Drug & Alcohol Abuse  
Stress Management  
Weight Management

Visit: **looniecoupons.com** to receive **20% OFF**

**SMARTCHOICE LASER CENTRE**

**1 HOUR NEW LASER THERAPY**  
**95% SUCCESS RATE**

SELKIRK, MB  
**204-795-6300**

**CANVASBACK PET SUPPLIES**

Doggie Day Care • Grooming

**1 WELLINK DR., LOCKPORT**  
Phone: (204) 757-2701  
www.canvasbackpets.com

**All-Nu ROOFING**

SUMMER STORM SPECIALS

**204-757-9197**  
cell **204-799-6023**  
email: allnuroofing@highspeedcrow.ca

**The Water Shop**

CLEARLY MADE FOR YOU

272 Main St. Selkirk, MB **204-482-2277**

**ALSO AT**

- Red River Co-op, Selkirk
- Home Hardware, Selkirk
- Harry's Foods North
- Lower Fort Garry Nursery
- Sportsman's Stop Hwy. 44
- Clandeboye Store
- Garson Grocery
- Bergies, Beausejour
- Ford's Grocery, Wpg. Beach
- Selkirk Grocery

**SELKIRK VETERINARY SERVICES**

All services for a healthy & happy pet:

- Ultrasound
- Dental X-ray
- Laser Surgery
- Laser Therapy
- Pet Insurance
- Endodontics

...A CARING TEAM FOR YOUR BEST FRIEND...  
Dr. Birte Klug - Dr. Kevin Penner

For appointments please call **204-482-5720**

Located at 6 Wersch Street - across from the Recreation Centre in Selkirk

**Blinds for Every Budget**

- FREE In-Home Consultation
- Personal Style Consultants
- Professional Measuring and Installations
- Great Selection of Brands and Styles

Need advice on choosing the perfect window covering or know exactly what you want?

**Budget Blinds** Call **Gay Wilks 204-791-4471**  
budgetblinds.gay@gmail.com

**TIRED OF THAT OLD CAR AND SCRAP METAL SITTING IN YOUR YARD? NEED SOME CASH? CALL BOB HOKANSON**

**204-485-6123**

**TYNDALL POWER PRODUCTS LTD.**

Ed Novakowski  
Owner/Manager

Box 228, Hwy. #44  
Tyndall, MB, ROE 2B0 **268-3006**

HONDA • STIHL • SIMPLICITY  
BRIGGS & STRATTON • TECUMSEH • KOHLER  
MOWERS • TILLERS • TRACTORS  
GENERATORS • PUMPS • CHAINSAWS  
TRIMMERS • AUGERS • ENGINES

**Official Water Supplier**

**World of Water**  
PURE WATER SPECIALISTS

Residential & Commercial Delivery  
www.worldofwater.ca

**415 Main Street, Selkirk**  
Ph. **785-1810 • 1-888-792-8375**

**All Kinds of Concrete**

- Residential • Foundations • Garage Slabs
- Driveways • Steps • Decorative Patio/Sidewalks

Free Estimates • Fully Insured **204-785-3900**  
Jake Parson - Owner/Operator **204-754-3761**  
Snow Removal with Skidsteer Blower/Bucket jparson@live.ca

**STEP UP TREE REMOVAL**

Tree Cutting and Removal  
Tree Trimming and Pruning  
Bucket Truck - Fully Insured  
Text or Call **ROB 204-785-3273**

**24 HOUR EMERGENCY SERVICE**

**ONYX ROOFING & RENOVATIONS**

Quality, Professionalism & Craftsmanship

- New & Re-Roofing • Roofing Repairs • Siding
- Soffit • Fascia • 5" & 6" Gutters • Gutter Guard

FREE ESTIMATES • LICENSED • INSURED  
ASK FOR DETAILS.

onyxroofingrenovations@gmail.com www.onyxroofingrenovations.com  
**CALL TODAY! 204-891-2299 or 204-268-1086**

**SELKIRK LANDSCAPING**

- Soil • Sand • Gravel
- Ornaments • Trees • Sod
- Mulch • Small Construction
- Skid Steer Service

**PICKUP OR We Deliver**

**GARDEN SUPPLIES**  
611 Morris Ave  
Selkirk  
**204-485-0276**  
selkirklandscaping@hotmail.ca

**SPECIAL FIRE PITS**  
Round or Square  
Just \$180

Kitchens... and then some

**KitchenCraft CABINETS** **CraftLine COUNTERTOPS**

Jaimie Yuzdepski  
Kitchen Sales and Design

**STOP BY OUR SHOWROOM**

320 Main Street, Selkirk  
Ph **204-785-9774**  
kitchensandthensome@gmail.com  
www.kitchensandthensome.ca

**KAMO CONSTRUCTION**

**Keith Neyedly, Red Seal Carpenter**

keith@kamomb.ca  
Box 368, Clandeboye, MB ROC OPO  
**204.795.9123**

**LANDSCAPING CARPENTRY**

- Rough/Finish grading
- Topsoil
- Excavating
- Bobcat service
- Stump grinding
- Posthole auger
- Dump truck services
- Lot clearing
- Fences
- Decks
- Sidewalks
- Stairs
- Concrete
- Forming
- Framing
- Snow Removal

**BARX MOTEL**

**Professional Dog Sitter**

Debbie Hart, Owner/Operator  
Barksmotel@gmail.com  
www.BarkXMotel.ca

800 Netley Rd., Petersfield, MB  
**204-471-6370**

# Biz Cards

**Call 785-1618 or email [ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)**

**M.T. SEPTIC**  
Full Tanks Need To Be M.T.'d  
  
**204-485-4516**

**FOREST STUMP**  
**STUMP GRINDING**  
- WE GRIND DEEPER FOR CHEAPER -  
Call Darrell Cockerill - Cell or Text: 204-485-3887

**I BUY JUNK VEHICLES**  
RVs, trailers and farm equipment too!  
Phil 204-485-5787

**Shumski's Fencing**  
Chain Link Fence Supplies  
Installation or "Do It Yourself Kits"  
Dog Kennels • Privacy Slats  
Free Estimates  
339-5706 email: shumski@mts.net  
4240 Main Street, West St. Paul

**ALL STAR**  
**PORTABLE Toilet Rentals**  
204-738-2321

Smal Bullies & Professional Pet Grooming  
**CKC ENGLISH BULLDOG BREEDER**  
FELINE / CANINE  
ALL BREEDS AND SIZES  
Appointments Only - East Selkirk, MB  
Cher Smal @ 204-482-4338

**SAB'S Carpentry**  
**DECKS**  
• WINDOWS • DOORS  
• Home Improvements  
LAURIE H: 482-9057 C: 485-2946

Pick up your **Selkirk Record**  
At the **SPORTSMAN'S STOP CONVENIENCE & VARIETY** (ESSO)  
Fishing Bait and Tackle \* Gas \* Maps  
HIGHWAY 44 just east of 59.

**TREESNOW**  
FULLY INSURED  
Serving the Interlake Selkirk, MB  
AERIAL CRANE BUCKET & SERVICE  
• PRUNING • REMOVAL  
• Free Estimates • Seniors Discounts • No Travelling Charges  
Cell 204-294-5233

**SELKIRK PLUMBING**  
Residential & Commercial Installations & Repairs  
Sewage, Pressure Pumps & Controls  
Hot Water Tanks, Water Softeners & Filters  
Infloor Heating Systems (Gas & Electric), Drain Cleaning  
204-785-1952

**TT PLUMBING, HEATING & REFRIGERATION**  
• Commercial and Residential  
• Licensed Gas Fitters & Sheet Metal  
• Pressure Systems, Water Softeners & Iron Filters  
• Gas and Electric Hot Water Tanks  
• Roto-Rooter Service  
204-482-4159  
bryant Heating & Cooling Systems

**CLD EXCAVATING** cldexcavating@live.com  
204-485-5750  
• Directional Drilling  
• Septic Field Installations  
• Low Pressure Sewer Connections  
• Septic Tank Installations & Replacements  
• Secondary Treatment Systems  
• Water System & Well Connections  
• Well & Septic Repair  
• Free Written On-Site Quotes  
We Appreciate Your Business

**LARRY B. SWAIN ENTERPRISES**  
• REFRIGERATION • HEATING  
• AIR CONDITIONING  
CENTRAL AIR INSTALLATIONS (Financing Available OAC)  
PH: 204-757-2935 CELL: 204-998-2904

**KUTCHER'S EAVESTROUGHING**  
• Eavestroughs  
• Soffit • Fascia  
Serving the Interlake for over 30 years  
204-389-3118  
FREE ESTIMATES

**H.D. REPAIR & WELDING**  
Heavy Duty Repairs  
Truck/Trailer Safeties  
CWB Welding  
Metal Fabrication  
Hydraulic Hoses  
A/C Service All Makes  
Serving the Interlake since 2002  
369 Walker Ave (at Hwy 4) 482-3209

**AirWise Home**  
Kyle Scrivens  
Comfort Advisor/Sales  
Your Heating, Cooling and Ventilation Specialists  
Cell (204) 979-9307  
Fax (204) 694-5456  
kyle-airwise@mymts.net  
204-467-9578

Come visit my store for all your pet supplies  
**www.PrestigePetSupply.com**  
patricia@highspeedcrow.ca

**GREAT WHITE**  
SPRAY FOAM INSULATION  
FREE ESTIMATES, QUALITY SERVICE  
LOCALLY OWNED AND OPERATED  
CALL US TODAY! 204-290-5667

**TYNDALL CHINESE FOOD**  
Large Wonton Soup (with veg) \$5  
204-268-9676 CASH ONLY  
Located inside the Tyndall Motor Hotel

**JEFF'S PLUMBING SERVICES**  
• RESIDENTIAL • COMMERCIAL  
SELKIRK, MANITOBA  
For All Your Plumbing & Repair Needs  
- ROTOR ROOTER SERVICES -  
• Sewer Camera • Cell: 204-485-4227  
JEFF FLETT, Owner jeffsplumbing1@gmail.com

**ALICE ROOFING LTD**  
Complete Roofing Services  
• Residential • Agricultural  
Licensed and Insured  
204-757-9092  
[www.aliceroofing.ca](http://www.aliceroofing.ca)

**INTERLAKE EAVESTROUGHING & SIDING INC.**  
Siding, Eavestroughing, Soffit, Fascia, Capping, Windows  
Free Estimates • 781-0533  
[www.interlakeinc.ca](http://www.interlakeinc.ca)

**SALES • SERVICE • INSTALL**  
**PVC & ALUMINIUM WINDOWS**  
**STORM DOORS**  
**INSULATED DOORS**  
THE WINDOW FACTORY  
DURASEAL WINDOW & DOOR  
www.windowfactory.mb.ca  
605 Mercy Street, Selkirk 204-482-9099

**BREAKING GROUND**  
Foundation Repair & Mini Excavation Inc.  
• Septic/Water (Certified Installers)  
• Interior Wall Support System  
• Water Proofing  
• Epoxy Injection  
• Sump Pits  
• Window Wells  
• Free Estimates  
• POS Teck Helical Piles  
• Underpinning  
CALL TODAY!  
TIM MARTEL Ph: 204-738-4544 Cell: 204-223-6518

**RIVERBEND** Carrier  
HEATING & AIR CONDITIONING  
turn to the experts  
Your local HVAC specialists Installation & Service  
Marty - 204-396-4474  
marty.riverbendhac@gmail.com  
Gord - 204-770-5158  
gord.riverbendhac@gmail.com  
[www.riverbendheating.ca](http://www.riverbendheating.ca)  
**HYDRO FINANCING AVAILABLE O.A.C.**

**CASSIDY'S CONSTRUCTION**  
• GENERAL CONTRACTING  
• MILL WORK • CABINETS • PROJECT MANAGEMENT  
• COMMERCIAL/RESIDENTIAL RENOVATIONS  
Steve Cassidy • Cell 782-4447  
cassidysconstruction@gmail.com

# On a healing journey

## Woman embracing aboriginal medicine

By Lindsey Enns

A Selkirk woman growing ingredients for aboriginal medicine in her community garden plot says it's all part of her "healing journey."

"I wanted to reach out ... I do what I can with what I have," said Jeanie Red

Eagle of Selkirk who is formally from Rolling River First Nation. "It's taken me a long time to realize I had to go back to my roots."

"I don't have access to my family community but I have access to this community."

This summer, Red Eagle has been busy growing things such as mint leaves for tea and ointments, lavender for essential oils, licorice root, rosemary and echinacea.

Although she admits she still has lots to learn when it comes to aboriginal medicine, she hopes others who use the Selkirk Water Tower community garden will take notice.

"This is just a learning experience for myself, but it very well may also usher in an opportunity to open conversation with all the community," she said.

While visiting her garden plot with her 15-year-old son Asa and 14-year-



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Jeanie Red Eagle, pictured centre, and her son Asa and daughter Alvina check out their garden at the Selkirk Water Tower community garden last Wednesday afternoon. Red Eagle is using her garden plot to grow ingredients for aboriginal medicine. BELOW: A bumble bee lands on a flower in Red Eagle's garden last Wednesday afternoon.



old daughter Alvina last Wednesday afternoon, Red Eagle said this is also a way of connecting her family with their culture.

"They see me do it all the time, they see it so it's something they'll learn just by watching," she said, adding she has been making various aboriginal medicines for the past three years.

"I'm just really grateful for this opportunity."

Asa said he's happy his mother is doing her part to keep traditional aboriginal medicine alive.

"It's something different to see in the community," he said. "You don't see much of this around now compared to before."

**RELAY FOR LIFE**  
Canadian Cancer Society

**IT'S A JOURNEY.  
GO THE DISTANCE.**

relayforlife.ca  
**Location:**  
Lord Selkirk Regional Comprehensive Secondary School  
221 Mercy Street, Selkirk  
**Date:**  
Saturday, September 10th, 2016  
12pm to 12am  
It's not too late to sign up!  
Looking for Volunteers, Participants,  
Teams and Survivors  
**Contact:**  
Colette Toews 204-786-0618  
selkirkrelay@gmail.com

**Presenting Sponsor** **SELKIRK** GM  
CHEVROLET • BUICK • GMC

**Biz Cards**  
Call 204-785-1618

WIRELESS INTERNET

**Quick STREAM**

Hi-Speed Internet  
Broadband Residential  
and Commercial Connections

www.quickstream.ca  
1-866-981-9769

**AUGUST SPECIAL**  
**50% OFF STUMP GRINDING**  
We'll BEAT any competitors price GUARANTEED!

**PRAIRIE OAK**  
**TREE SERVICES**

981-8731 St. Andrews, MB LICENSED ARBORIST

**IXL**  
MECHANICAL & WELDING

- HEAVY & MEDIUM VEHICLE/EQUIPMENT PARTS & SERVICE
- SAFETY INSPECTIONS
- WELDING REPAIRS & CUSTOM FABRICATION

Kevin 204-292-0280  
Paul 204-481-1260  
ixlmechanical@outlook.com  
330 IXL Crescent, Lockport MB

CALL TERRY 204-485-1496

**TBK**

St. Andrews, MB. UNDERGROUND

Horizontal Directional Drilling  
Installation of Cable/Pipe

**PAWLUK LANDSCAPING**

- Decorative Rock
- Boulders
- Gravel
- Sod
- Patios
- Flood Work
- Tree Pruning

Complete Landscaping & much more

204-886-7423  
Email: landscape.wp@gmail.com  
Landscape Designer available

ACCREDITED BUSINESS

**BJORNSON ROOFING LTD.**

Roofing • Soffit Fascia and Eaves • Windows and Doors

Phone 204.795.0740  
Email derek@bjornsonroofing.com  
www.bjornsonroofing.com



# Vikings take over Gimli Harbour Park

By Patricia Barrett

Vikings from the Early Middle Ages took over Harbour Park in Gimli earlier this month during the Icelandic Festival to give residents and visitors alike a taste of what it was like to live in a Viking settlement.

The replica village hails from the years AD 900-1100 and contains dwellings found at that time, including a blacksmith's shop, a carpenter's shop and personal residences.

Warren Cummings, coordinator of the Viking Village, was playing the village carpenter, showing visitors how the Vikings made items such as wooden plates, bowls and toys.

Working the foot treadle on the lathe, Cummings demonstrated the technique to make a bowl.

"You rough it [a piece of wood] out first with an axe," said Cummings, who teaches woodworking in Okotoks, Alta., and has served as the coordinator for 10 years. "Then you turn it on the lathe. With the hook tool, you remove the shavings as it turns and shape the bowl."

A carpenter would let the bowl dry for a month before "rasping" (smoothing) it and applying oil and wax.

Cummings said his apprentice, played by River, who also came from Alberta for the four-day Festival, would be assigned "the harder, heavier work" that older carpenters could no longer physically withstand.

The Vikings would send their children to relatives to learn essential trades, and in four or five years they'd return home and contribute to the village community, said Cummings.

At the dwelling next door, Diane

Standen-Downie and Corey Downie, along with their two children Cameron and Jaden, were demonstrating family life.

It was no different from present time, they were constantly on the watch as the boys and their friend Magnus swung wooden swords through the air and ran madly through the house.

Standen-Downie showed visitors replicas of Viking toys, including a small wooden horse and rider that was discovered just after AD 1100.

"We have actual examples of purposely built toys," said Standen-Downie. "But only the richer kids would have had them."

Lifting a shield to chin height, Magnus showed visitors how to defend themselves from attack.

The "older" warriors gave visitors a chance to handle an array of weaponry that the Vikings used to settle accounts.

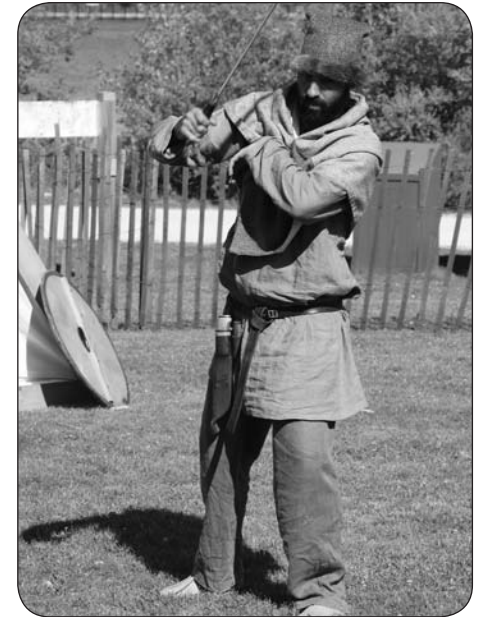
Sorin Dragomir and Sheldon Dyck, who were manning the weapons, said they are exact replicas of those used by the Vikings, right down to their heft.

"You use the wing spear to pull the shield out of the way," said Dragomir, who lives in Winnipeg.

He joined a group of warriors across the green to discuss tactics for Saturday's battle.

A number of Vikings from across Canada were gearing up for the big battle, including Reid and Mike from Saskatoon, Nick and Paul from Edmonton and Nadim from Toronto.

"It's not the number of blows," said one of the stern-looking warriors, "it's the power of the blow that counts."



RECORD PHOTOS BY STEFANIE LASUIK AND PATRICIA BARRETT  
 ABOVE LEFT: The Vikings-Vinland demonstrated Viking fighting tactics in realistic re-enactments of battles during the Icelandic Festival in Gimli earlier this month. ABOVE RIGHT: Nadim from Toronto practised some Viking combat techniques in the village at Gimli Harbour. BELOW: Several members of the Vikings-Vinland were victims of death by sword during a multi-weapon battle on Aug. 1.



## Selkirk Waterfront to host second annual Outdoor Yoga Flow Aug. 28

By Lindsey Enns

A local yoga instructor is hoping to get community residents out posing and stretching alongside the mighty Red River.

Jennifer David of Lockport will lead local yogis and beginners through the second annual Outdoor Yoga Flow at the Selkirk Waterfront on Sunday, Aug. 28, at 11 a.m.

Last summer David held three classes at the waterfront and more than 50 people attended.

"Last year was just to explore the interest in the community," David said. "I'd like to keep this available."

David said she's hoping for a bigger turnout this year as all of the proceeds

will be going to the Manitoba Neurofibromatosis Support Group.

"I'm hoping that people will try yoga," David said, adding the Selkirk Waterfront is a great location for an outdoor yoga class. "Just experience what the benefits are physically, spiritually and mentally."

David said yoga is a great way to align the spine as well as stretch out specific body parts.

"There are actual yoga poses that you can do at your desk, at your workplace ... to just help you breathe distress."

Those interested in attending the outdoor class are asked to bring \$10, a yoga mat or thick towel and some water.



RECORD FILE PHOTO BY LINDSEY ENNS  
 Local yogis and beginners battled the wind and rain during a special outdoor flow class led by certified yoga instructor and Lockport resident Jennifer David at the Selkirk Waterfront in August of 2015. David will be hosting the second annual Outdoor Yoga Flow class at 11 a.m. on Sunday, Aug. 28 at the Selkirk Waterfront.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Team Interlake medaling at the Summer Games

By Brian Bowman

Team Interlake was in fourth place in the medal standings as of 3 p.m. Tuesday at the 2016 Power Smart Manitoba Summer Games in Steinbach.

Interlake had won 18 medals, which included five gold, five silver, and eight bronze.

Alex Chester of Woodlands won gold in the 200-metre Midget girls' race while Brayden Wiebe of Selkirk was tops in the Bantam boys' high jump.

Other first-place performances by Interlake athletes included Andrew Hopko of Lockport (Midget boys' long jump), Grace Goodman of Woodlands (Midget female javelin), and Ben Kelly of East Selkirk (Midget male discus).

Arborg's Brenna Barylski took second in the Midget female shot put while other silver medals were won by Asha Gurney of East Selkirk (Midget female javelin), and Anja Krueger of Winnipeg (individual triathlon 12-13 years of age).

The Interlake Bantam female medley team of Rafiat Badmos (no residence given on the Summer Games website), Keely-Emms Finnsson of Arborg, Mia Loeppky of Selkirk, and Brooke Wadge of Stonewall won silver.

Also finishing second was the Interlake foursome of Maddie Boonstra (Meadows), Cienna Palmer (Clandeboye), Anna Sternat (East Selkirk),

and Kaitlyn Whitelam (Selkirk) in the Midget female medley race.

Individual bronze medals were won by Gurney (Midget girls' 80m hurdles), Kelly (Midget boys' javelin), Fisher Branch's Laine Vandersteen (Midget female shot put), Stony Mountain's Megan Van Heyst (triathlon individual female 14/15 years of age), and Stony Mountain's Serena Derksen (triathlon individual female 16/17 years of age).

Team Interlake also captured bronze medals in both the Midget and Bantam female medley relay races.

The Interlake Bantam team consisted of Badmos, Jessica Hossack (Petersfield), Wadge and Hailey Witko (Selkirk). The Interlake Midget contingent, meanwhile, featured Chester, Taryn Jackson (Stonewall), Palmer, and Sternat.

Interlake's Bantam boys' team of Keenen Allen (St. Andrews), Tyson Barylski (Arborg), Cole Emberry (Stony Mountain), and Wiebe also placed third in the distance medley race.

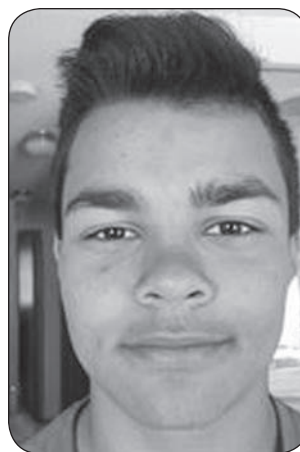
At press time Tuesday afternoon, Central was the medal leader with 32 (12 gold, nine silver, and 11 bronze), followed by Winnipeg Gold (9-9-3-21), Winnipeg Blue (9-5-7-21), Interlake (5-5-8-18), Eastman (4-6-7-17), Parkland (0-6-4-10), Westman (4-2-3-9), and Norman (0-2-0-2).

Action for the Power Smart Manitoba Summer Games continues until Saturday.



RECORD PHOTO BY DEBBIE GOODMAN

Team Interlake Midget girls long jump silver medallists, left to right, Grace Goodman of Woodlands, Asha Gurney of East Selkirk and Brenna Barylski of Arborg.



Ben Kelly



Andrew Hopko



Brayden Wiebe

## Interlake 1-1 in boys' baseball after Day 1 of Summer Games

By Brian Bowman

Interlake was 1-1 in 14U boys' baseball after Monday's first day of competition at the 2016 Power Smart Manitoba Summer Games in Steinbach.

The local squad began play with a convincing 13-2 win over Parkland but then was edged 9-8 by Eastman.

"We hit a lot of balls (against Parkland)," said Interlake co-coach Darrell Humeniuk Monday evening. "We can hit the ball fairly well."

Stonewall's Hunter Olson and Liam Proven each pitched well for the Interlake against Parkland.

The one-run loss to Eastman was a tough one, however, for the Interlake. Interlake scored six runs in the top of the fourth but quickly gave all of those runs back in the bottom half of the inning.

"We walked a couple of guys (against Eastman) and it cost us," Humeniuk said. "We match up pretty well against Eastman and it's going to be unfortunate that one of us won't advance to the medal round."

"And we probably should (advance) because we have two of the stronger teams in the competition."

Tyler Smith of St. Andrews and Davis Fenske of Stonewall also had strong games on the mound in Game 2.

"We still have all of our pitchers intact, which is a good thing," said Humeniuk. "We're still in good shape."

Offensively, the Interlake had several players hitting the ball well on Monday. Austin Adair of Arborg, particularly, had a "couple of good hits" on Day 1, according to Humeniuk.

Interlake played Eastman and Parkland again Tuesday but no scores were available at press time. Humeniuk expected his club would have to win

both games to advance to the medal round of the Games.

"We have to go now," he stressed. "We don't have the comfort of (being 2-0)...so we'll have to win out (on Tuesday)."

The playoffs began Tuesday evening and wrapped up Wednesday.

Other local players on the team feature Lockport's Dylan Duguay, St. Andrews' Bennett Freiter, and Selkirk's Wyatt Whitwell.

Donnie Smith and Ray Moroz, both from St. Andrews, are also coaches on Team Interlake.

# Interlake reaches semifinals of girls' basketball

By Brian Bowman

Team Interlake reached the semifinals of the 16U girls' basketball tournament Tuesday at the 2016 Power Smart Manitoba Summer Games in Steinbach.

Interlake played Team Winnipeg Blue Tuesday evening but no score was available at press time.

The local squad earned a berth into the semifinals after clawing out a hard-fought 39-27 win over Team Westman Tuesday morning.

"It was a much better (game than Monday), for sure," said Interlake co-coach Sue Gilmour Tuesday afternoon. "It was a little scrappy and we didn't finish well again. We shot 15

per cent in the first half on 6-for-39 shooting.

"We had 39 opportunities in the first half and only finished six so that's why the game wasn't very high scoring."

Annika Loeppky of Selkirk and Callista Howard of St. Andrews each had eight points.

"Both of them played extremely well," Gilmour said. "I knew height was going to be our biggest advantage and both of those players are post players. We relied a lot on our big guns to get the job done under the hoop today."

While their offence struggled, the Interlake did a great job on the defensive end. Interlake's zone defence of-

ten stymied Westman's attack.

"Our defence is what won us the game, for sure," Gilmour said without hesitation. "We brought a level of intensity (Tuesday) that we lacked yesterday."

Interlake started tournament play Monday morning with a 57-36 loss to Team Winnipeg Blue.

"They're a good team but they're not unbeatable," said Gilmour. "In the second half of the game we played well but the first half of the game, we did not. We played scared and only scored two points in the first quarter."

Julia Ignagi of Petersfield led Interlake with eight points while Howard and Charlotte Wilmott of Petersfield each had seven.

The Interlake roster also includes Sarah Buchan (East St. Paul), Jayda Campbell (Gimli), Emily Feeke (Selkirk), Olivia McCowan (Grosse Isle), Renee Partyka (East Selkirk), Tess Skarban (West St. Paul), Jillian Tompkins (Selkirk), and Kelysian Warmington (St. Andrews).

St. Andrews' Annette Harman is another coach while Renee Stokowski is the team manager.



# Interlake winless after first day of boys' basketball

By Brian Bowman

At the 2016 Power Smart Manitoba Summer Games, every team is a very talented one.

Team Interlake found that out the hard way Monday in 16U boys' basketball action.

Interlake was 0-2 after losing 69-39 to Parkland and then 66-40 to Norman.

"We're 0-2 but we've played great," said Interlake co-coach Marc Morelli Tuesday morning. "There is no easy team here."

Interlake trailed by 15 points to Parkland at the half before the winners

pulled away in the fourth quarter, said Morelli.

"Parkland is now a top-four team," Morelli noted. "They're now going to the medal round. Hats off to Parkland, they beat us."

Carl Leblanc of St. Andrews led the Interlake in scoring with 14 points while Jacob McCutcheon of Grosse Isle had eight.

In the 26-point loss to Norman, Morelli, once again, thought his team played well while everybody on the squad saw playing time. Interlake trailed by just 11 points at the break.

"It was a pretty good game," he said. "I thought we played a little bit better and the guys are a fantastic group. They are very upbeat and a positive group."

Morelli felt Alex Unrau from Selkirk played a great game against Norman. "He probably scored 10 points and had no fouls and a bunch of rebounds," Morelli noted. "He had some tough matchups against their bigger guys. I thought he was great in the second game."

Colton Gibson of Grosse Isle also played well, said Morelli.

Interlake played Team Central Tuesday afternoon but no score was available at press time.

The Interlake 16U male roster also includes Justyn Cassan (Argyle), Braeden Floyd (Arborg), Matthew Foreman (East Selkirk), Brett Maclaran (Lockport), Joshua McDonald (St. Clements), Adam Minaker (Warren), and Ryan Peltz (Warren).

The other Interlake coach is Bryce McDonald of East Selkirk while the team manager is Jakob McDonald from St. Clements.

# Bandura first-round leader at Summer Games

By Brian Bowman

Selkirk's Brady Bandura fired a 72 to lead all golfers in the 15-and-under male division during Monday's first round at the 2016 Power Smart Manitoba Summer Games in Steinbach.

Bandura's Interlake teammates Adam Ingram of West St. Paul shot an 81, followed by East St. Paul's Noah

Johnstone (90) and West St. Paul's Brent Ingram (93).

In the team competition, Interlake was in third place after the first round with a 243 total. That was behind only Team Winnipeg Gold (228) and Team Winnipeg Blue (242).

Day 2 of the 36-hole competition was played Tuesday but no results were

known at press time.

On the girls' 17-and-under side, Lexie Kopp of Matlock had the Interlake's low round on Monday after carding an 83.

She was followed by Interlake teammates Reece Carter of St. Andrews (87), Dayna Dubnicoff of West St. Paul (91), and Mikyla Albert of Selkirk (95).

Rebecca Kuik of Winnipeg Gold was the first-round leader after firing an impressive 73. That was one stroke

better than Westman's Bobbi Uhl.

Interlake was third in the team competition after the first round with a 170. Team Westman led after Day 1 with a 155, seven strokes better than Team Winnipeg Gold.

East Selkirk's Lorrin-Jeanne Baker, meanwhile, competed for Team Parkland and shot 130 on Monday. As a team, Parkland was fifth out of five teams after combining for a 268.

## 26<sup>TH</sup> ANNUAL

# sidewalk sale

**Friday, August 19 9:00 a.m. to 8:00 p.m.**  
**Saturday, August 20 9:00 a.m. to 5:00 p.m.**

**STARTS FRIDAY AUGUST 19<sup>TH</sup>!**

**Source for sports.**

new balance UNDER ARMOUR Billabong

saucony® asics NIKE

# KEYSTONE SPORTING GOODS (1989) LTD.

**Ph: 482-7552**  
417 Main Street, Selkirk, Manitoba



RECORD PHOTO BY LANA MEIER

Joe Rosser (53) from Selkirk, Tristan Kisilowski (32) from Stonewall and Kaitlin Van Haute (93) team up to take down a Falcon at the one yard line.

# Falcons fly past Thunder

By Brian Bowman

The Interlake Thunder had a rough start to their Midget Football League of Manitoba season.

Interlake was defeated 36-0 by the Falcons Football Club on Saturday in Winnipeg. The Falcons jumped out to a 21-0 halftime lead.

"It was a really weird game," said Thunder head coach Kris Johnston. "I thought, at times, our boys played really, really well and I thought there were times when the other team was struggling against us on offence and defence."

The Thunder, though, simply made way too many mistakes to win a football game. In fact, Interlake turned the ball over multiple times which quickly turned around field position in the Falcons' favour.

"From a football experience standpoint, they made us pay for those mistakes," Johnston said. "They capitalized on our mistakes and, in numerous cases, it cost us points."

Defensively, the Thunder was outstanding on first downs but, oddly, struggled when the Falcons' found themselves in second-and-long situations. Many of the Falcons' points, said Johnston, were

the result of turnovers.

On offence, the Thunder, at times, moved the ball well with sustained drives. Interlake did a real good job running the ball as it was led by Colton Nedotiafko's 57 yards on eight carries.

Justin Suitters rushed the ball five times for 26 yards while quarterback Dominyck Fredette had 17 yards on two carries.

"Overall, our ability to run the ball and control the line of scrimmage was good," Johnston said.

In the other MFLM game played last Saturday, the St. Vital Mustangs bucked the Sunrise Coyotes 72-13.

The Thunder will host those same Coyotes this Saturday at 3:30 p.m. at the Selkirk Rec Complex. In the other Midget game, the Falcons will visit the Southwest Wolves.

Johnston admitted this Saturday's home game is a big one early in the season for his club.

"I really think with this team, every game is winnable," said the Thunder head coach. "It's just a matter of us as coaches putting these guys in situations to be successful."

# Steelers to kick off 50th anniversary celebration this Saturday

By Brian Bowman

The Selkirk Steelers are hoping to have plenty of reasons to celebrate in their 50th anniversary season this year.

And the first time to have a celebration will be this Saturday evening.

The Steelers will be hosting a 50th anniversary social – featuring the Aron Starr Band - at the Selkirk Rec Complex. The social will run from 8 p.m. to 1 a.m.

"We're hoping as many people from the old teams will show up," said Ken Petrash, the Steelers' director of hockey operations/general manager, on Sunday afternoon.

"It's kind of a kickoff for a big year for us. We'd like to get as many famil-

iar faces in the building and get them geared up to support the team this winter."

The Steelers are, obviously, hoping for a good turnout for the social. The team would also like former players to sign up on the team's alumni section on their website.

"The more guys we can get signed up there, (the better)," Petrash said. "We want to get as many of these guys involved. The Selkirk Steelers are a staple in Selkirk, so the more support that we have, the more fun for everybody."

Social tickets, which cost \$20, are available at Selkirk Chrysler (1011 Manitoba Ave.), the Merchants Hotel (383 Eveline St.), or online at [www.diyobo.com](http://www.diyobo.com).

yobo.com.

Those interested can also contact the Steelers' office at 204-482-7020.

In other news, the Steelers' Alumni Association will be hosting a golf day for former players on Sept. 23. That event will coincide with the opening weekend to kick off the Steelers' 50th season.

The golf day, an alumni-only event, is not open to the public. Steelers' alumni can email the association at [alumni@selkirksteelers.com](mailto:alumni@selkirksteelers.com) if interested in participating.

Meanwhile, the Steelers are still in need of billet families for the upcoming season. Billet families often build life-long relationships with the out-of-town players that are away from

their families.

Petrash estimated that the Steelers would need a minimum of "six or seven" billet families for the 2016-17 season. He added he would love to have anywhere from 10 to 12 on a list because the number of billets needed during the course of a season can fluctuate with mid-season trades.

"For us to put a good team together, we need good homes in Selkirk (for the players)," Petrash said. "It's unreal the friendships and the connections that you make. If your house is a little bit empty and you need something to perk it up a little bit and get involved in something, then this is a great way to go."

# Champions crowned at beach volleyball provincials

Staff

Owen Schwartz and his teammate Matt Stasiuk won the gold medal in the 18U boys' division at the Manitoba's Beach Volleyball Provincial Championships at the newly-completed Sargent Park Beach Volleyball Centre last weekend.

The other medal results are as follows:

- 18U Girls
- Gold – Josie Abbott / Kearley Abbott
- Silver – Sydney Kurth / Julia Tays
- Bronze – Sydney Michalyshen / Kaitlin Winter
- 16U Girls
- Gold – Jordan Hamm / Jayda Nault
- Silver – Sydney Elliott / Shayne

Nichols

- Bronze – Sara Christie / Jenna Mitchell-Dueck
- 15U Girls
- Gold – Anna Maidment / Erika Vermette
- Silver – Eli Jaworski / Talia McMurchy
- Bronze – Bella Benson / Maggie Meddock
- 14U Girls
- Gold – Erika Andjelic / Sabrina Frick
- Silver – Sofia Gonzalez / Valeria Gonzalez
- Bronze – Shaquira Pattyn / Monika Popovic
- 18U Boys

- Silver – Ted Glass / Andrey Yaglinsky
- Bronze – Mathieu Lavoie / Darian Picklyk
- 16U Boys
- Gold – Gideon Dresser / Shane Gabel
- Silver – Isaiah Olfert / Cole Olfert
- Bronze – Mathieu Chartier / Patrick Seale

RECORD PHOTO SUBMITTED

Owen Schwartz, right, and his teammate, Matt Stasiuk, won the gold medal in the 18U boys' division at the 2016 Beach Volleyball Championship in Winnipeg.



# Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

### METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

### CONDO FOR SALE

Open House Sunday, August 14th from 1-3. Condo Unit #24-320 Pearson Parkway in Selkirk. Walk-out basement, double car garage, great location, close to all amenities. Don't miss out. Call 204-268-0048 for more information.

### HOUSE FOR SALE

2 bedroom, 820 sq. ft. bungalow plus sun-room with recent siding and flooring on 10.5 acres. Yard site with bush, shelter belts and land seeded to pasture. Quiet and private setting. Located on PR 435 between Hwy. 59 & Hwy. 12. \$199,000. Ph. 1-204-268-2853.

## NEWS TIPS

Call 785-1618

### Meyers Auction

10 am Sunday  
August 21, 2016  
Arden, MB

Antiques & Collectables \*  
Coke Button 4" \* Furniture  
\* Shop & Garden Tools \*

MUCH MUCH MORE

Meyers Auctions &  
Appraisals  
204-476-6262

LIST & PICTURES ON WEB  
[www.meyersauctions.com](http://www.meyersauctions.com)

### McSherry Auction

Service Ltd  
ESTATE OF  
HARRY  
GUMPRICH

Sat August 13th 10:00 am

Winnipeg, MB

Jct Lagimodiere Blvd &  
Jct 101 Perimeter 2 Miles  
East on 101 Then South  
1/2 Mile on Symington Rd  
#55069

Contact: Garry (204) 781-7992

Tractors & Crawlers \*  
Equip \* Truck & Trailers  
\* Livestock Equip \* Quad  
\* Yard \* Tools \* Farm  
Misc \* Some Household \*

Stuart McSherry  
Stonewall, Manitoba  
(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

### HOUSE FOR SALE

Be in your new house by fall! 1584 & 1638 sq. ft. RTMs ready for delivery. Pictures, floorplans available at [wgiesbrechthomes.ca](http://wgiesbrechthomes.ca). Custom builds also available. For additional information call 204-346-3231 or email [wilbert@wg-homes.ca](mailto:wilbert@wg-homes.ca)

Row house, 3 bedrooms, new kitchen, bathroom windows, doors and roof. Across from beach, pool, tennis courts and golf course. 21 Athlone Cres. in Pinawa. \$138,000. 1-204-753-2903.

### MOBILE HOMES

2005 mobile home, 16 x 80 ft., 3 bdrm., 2 full bath, all appl. incl. To be moved from W. of Petersfield. \$60,000 obo. Ph. 204-738-3051.

Mobile home to be moved, 14' x 60', Bowes, 1970's. Newer windows and doors throughout, peaked roof. Petersfield, MB. \$15,000 obo. Ph. 1-204-482-3001.

4 new 16 x 80, 3 bdrm., 2 bath. Starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776  
Email [amhl@mymts.net](mailto:amhl@mymts.net)

### LAND FOR SALE

PrairieSky Royalty Ltd. is a publicly-traded company in Calgary that acquires oil & gas fee title and royalty interests at fair market value. To receive a cash offer, call 587-293-4055 or visit [www.prairiesky.com/Selling-Your-Royalties](http://www.prairiesky.com/Selling-Your-Royalties).

### APARTMENT FOR RENT

Century Selkirk has bach., 1 & 2 bdrm. apartments available immediately. Start \$804/mo. includes heat and water. Sorry no pets or smoking. Ph. 204-482-5019 for viewing.

Tollak Place has 1 & 2 bdrm. apartments available. Start at \$749/mo. Sorry no pets. Call 204-482-2751 or email [tollakplace@outlook.com](mailto:tollakplace@outlook.com) for viewing information.

### HOUSE FOR RENT

Duplex SxS, 2 bdrm., laundry room, nice deck and backyard. Kids welcome. Available Sept. 1st. References req'd. Ph. 204-268-3944.

### COMMERCIAL SPACE FOR RENT

2,200 sq. ft. FOR LEASE IN DOWN TOWN SELKIRK. Call 204-485-0010.

### FIREWOOD

"Firewood" Log Inn Wood Products special price, bonfire wood \$130. 1/2 cord. 20 cords of winter heating wood, U-pic 15 in. cut seasoned. Call 204-485-0706.

### YARD SERVICES

Affordable stump grinding. Call Clay at 204-213-0302. You find em! We grind em!

### HELP WANTED

Caretaking couple required for 95 ste. building on Eveline St. in Selkirk, MB. Must be bondable and supply criminal record check. Duties include, but not limited to cleaning common areas, rent collection, minor maintenance, snow clearing, etc. Ideal candidates will have a working knowledge of plumbing, painting, repairs, etc. 2 bedroom ste. plus wage in return for caretaking duties. Resume can be emailed to [tollakplace@outlook.com](mailto:tollakplace@outlook.com) or call 204-482-2751 for more information.

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

### HELP WANTED

Parkers Super Thrifty Pharmacy is taking applications for energetic and courteous individuals to fill part time clerk/cashier positions. Scheduling is 6 - 8 hr. shifts, 3-4 shifts per week. Responsibilities will include cash duties, customer services, stock replenishment and department management. Apply with resume to: Parkers Super Thrifty Pharmacy, 362 Eveline Street, Selkirk, Mb. R1A 1N3 Ph. 1-204-482-4469 [darwin.cheasley@superthrifty.com](mailto:darwin.cheasley@superthrifty.com)

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: [CareerStep.ca/MT](http://CareerStep.ca/MT) or 1-855-768-3362 to start training for your work-at-home career today!

### The Green Acres Art

Centre Inc is a non-profit organization in Teulon, MB that provides a variety of Art programs to Teulon and surrounding areas. We are now accepting resumes for an experienced, passionate, enthusiastic, reliable **DANCE INSTRUCTOR** for the 2016/17 year to start in September.

### The types of dance styles are:

- Ballet • Jazz • Tap
- Hip Hop • Lyrical
- Other dance styles an asset

### Instructor must have

- Minimum 2 years dance teaching experience
- Experience with young children, ages preschool to high school
- Must be enthusiastic to teach all ages
- Criminal and child abuse check
- Must be able to work independently but also be a team player

Responsibilities will include creating lesson plans, maintaining an organized and positive environment for dancers and choreographing routines for Rockwood Festival of the Arts and our year-end recital. **Please send resume and cover letter to the Green Acres Art Centre Inc by no later than August 19th.**

Box 545, Teulon, MB, R0C 3B0  
Email: [gaac@mymts.net](mailto:gaac@mymts.net)

## INVITATION TO TENDER

### VICTORIA BEACH BAKERY - EXTERIOR / INTERIOR

112 Birch Avenue, Victoria Beach, MB

The R.M. of Victoria Beach is requesting tenders for exterior / interior work on the Victoria Beach Bakery located at 112 Birch Avenue in Victoria Beach.

### Tender should include:

- Replacement of 16 Windows
- Doors x 3 (1 @ 48 inches, 2 @ 36 inches)
- Soffit and Fascia - supply, labour and includes extending existing fascia and overhang
- Removal of old siding
- Spray foam exterior walls and blow in attic with cellulose
- Two wall mount air conditioners
- Allowance for rot repair
- Hardboard siding (material and labour)
- Finishing interior
- Remove attached shed, rebuild and replumb
- New steps, wheelchair ramp and deck
- Clean-up
- Security and safety fence

Tenders must include cost, expected time line with an expected completion date.

We will require proof of insurance and WCB number.

### Tender Deadline is August 26, 2016

Lowest or any tender not necessarily accepted.

For more information contact: Shelley Jensen at (204) 774-4263  
Tenders should be marked "Bakery Exterior / Interior" and must be submitted via email, fax, or mail to:

R.M. of Victoria Beach  
E-mail: [vicbeach@mymts.net](mailto:vicbeach@mymts.net)  
303-960 Portage Avenue  
Fax: (204) 774-9834  
Winnipeg, MB, R3G 0R4



## CANALTA HOTEL SELKIRK

### MAINTENANCE TECHNICIAN FULL TIME

In collaboration with the General Manager, the Maintenance Technician is responsible for the overall maintenance of the hotel including the building structure, mechanical equipment, and fixtures on the inside and outside of the building including the parking lot and landscaping.

### KEY RESPONSIBILITIES:

Coordinate with General Manager or Maintenance Manager on all major or irregular projects  
Maintain a safe swimming environment  
Minor drywall repairs and painting  
Gardening, landscape maintenance, and snow removal  
PERFORM ALL OTHER DUTIES AS MAY BE REQUIRED BY THE GENERAL MANAGER

### TEAM MEMBER BENEFITS:

Group benefits including Extended Health Care, Long-Term Disability, Life Insurance, Dental, Optical, Prescriptions Use of Canalta managed hotel facilities (fitness room, pool and hot tub for you and your immediate family) Discounts at Canalta managed hotels.

For a full job description please contact the General Manager at the email address listed below.

We would be happy to receive your resume by:  
Email: [gm@canaltaselkirk.com](mailto:gm@canaltaselkirk.com)  
In person: 1061 Manitoba Ave

### McSherry Auction Service Ltd

## AUCTION SALE

### NESTOR MYSKA

Sunday August 21st 10:00 am

Rosser, MB  
4 Miles East on Hwy 221 Then  
Go 1/2 Mile South on RD 4 E  
#65149  
Contact: (204) 633-5064

Construction Int TD9  
Crawler w FEL Bucket  
6810 Hrs \* Ashland Mdl  
61D 6 Yard Hyd Scraper  
\* 2) Adams Dsl Graders  
1) Mdl 23 1) Mdl 512  
\* Combine & Swather  
JD 7720 Turbo Hydro  
Combine 3809 Hrs  
Shedded \* Coop 550  
Dsl 26' Swather \* JD  
20' Header & Transport  
\* Tracks for JD 7720  
Combine \* Tractors &  
Equipment Case 1030  
Cab Duals 5202 Hrs. \* Int  
WD9 Dsl w FEL \* Wil-rich  
4152 26' Air Seeder \* Int  
645 28' Vibra Cult \* 4)  
MF 36 Discer Seeders \*  
17 Section Hyd Diamond  
Harrows \* Laurier 80'  
Spring Tine Harrows \*  
Vers. 2100 80' Sprayer  
\* Vers. 68' Sprayer \*  
Westfield 10" 64' PTO  
Auger \* Westfield 7" 36'  
Gas Auger \* Kipp Kelly  
Gravity Separator \* McKee  
3PH 6.5 Snowblower  
\* 7' Sickle Mower \*  
Undermount 8' Blade \*  
Truck & Trailers  
80 GMC 7000 w Sky 60'  
Pipe Boom \* 67 Chev 60  
366 Gas w 19' Grain B&H-  
Shedded \* 60's GMC 980  
Tandem w 13' Gravel  
B & H \* 40's GMC Ton w  
Deluxe Cab \* 2) 12' Hyd  
Tilt Gravel Box Trailer \* 40'  
Booms off Lorain Crane  
\* 15' Al Truck Deck \* 6)  
Older HD Trucks \* Light  
Vehicles & Yard 93 Dodge  
Dakota Ext Cab \* 80 Olds  
98 4DR \* 67 Buick Wild  
Cat \* Toro Reel Master  
2300 D Dsl 72" Mower  
\* Crafts 6HP R Mower \*  
Snowblowers \* Yard Items  
\* Tools "Carroll" 60" Metal  
Lathe \* "Hamilton" 9'  
Metal Lathe \* Niagra 12.5  
Steel Roller \* Lincoln 375  
Amp Welder \* Hunter Tire  
Balancer & Accessories  
\* Comm. Valve Grinder  
\* Various Tools \* Shop  
Supply \* Misc Heavy  
Duty Winch \* Semi 5th  
Wheel Hitch \* Aeration  
Tubes \* Bin Sheeting  
\* Implement Parts \*  
PTO Shafts \* 3 Section  
Construction Scaffolding  
\* Steel Structure From  
Commercial Building \*  
Large Amt of Welding  
Material \* Galv Sheet  
Metal \* Railway Ties \*  
Large Amount of Scrap  
\* Over 20 Vehicle &  
Implement Rads \* Wire \*  
Antiques JD Horse Dump  
Rake \* 2 B Plow \* 4 B Plow  
\* JD 8' Cult \* Oil Cans \*  
Stuart McSherry  
Stonewall, Manitoba  
(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**HELP WANTED**

First rate Taxi is currently looking for full time drivers for all positions. Must have Class 4 Drivers license. Pls. send resume to 232 Manitoba Ave. Selkirk R1A 0Y5.

**Experienced baker, required immediately at very busy bakery in Selkirk. Drop resume in person to Upper Crust Bakery, 315 Manitoba Ave.**

PT/FT Housekeeping-Days staff required. Call Sheri at Rockwood Motor Inn, Stonewall 204-

467-2354.

**HELP WANTED**

Live in caregiver/housekeeper in Winnipeg Drivers licence required. Dream job for the right person. For more info call 204-997-4629.

**DAYCARE**

Private Day Care in Selkirk has 1 full time spot for child 1 yr. and up. \$25/day. Sorry no subsidy. Pls. call Krista 204-998-3591.

**BUSINESS OPPORTUNITY**

Available Sept. 1. Successful hair salon for rent in downtown Winnipeg Beach. Steady clientele. Ph 204-389-4306, leave message.

**BUSINESS OPPORTUNITY**

Exciting new home based business. Raises money for breast cancer research plus provides you with an all cash income. Check out our website [WWW.VENDINGFORHOPE.COM](http://WWW.VENDINGFORHOPE.COM) OR CALL 1-866-668-6629.

**MISCELLANEOUS**

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

**MISCELLANEOUS**

If you tried me in the past 4 months, please try now. Had telephone problems. Adult push walker with wheels ,seat, seat belt and brakes. compl. \$300. Firm. Men's light blue suit, coat & blue shirt sz. XL, pants sz.38-40 Pants in-seam (leg) 30 out seam 36. Immac. cond.\$50. Men's purple pinned striped suit, coat & white shirt sz. XL. Pants measurements same as above.\$50. Both suit, coats & pants have recently been dry cleaned. Had very little use. LN Sz. 9 safety shoes EC, only worn about 2 wks. \$60. BN never used EWO student desk study lamp still in box \$15. BN never used 1 brown leather wallet w/change purse & side lock. \$15. Sunbeam 2 - slice toaster in EWO \$15. 204-785-8598 Selkirk.

Sawmills from only \$4,397 - make money & save money with your own bandmill - cut lumber any dimension. In stock ready to ship. Free info & DVD: [www.NorwoodSawmills.com/400OT](http://www.NorwoodSawmills.com/400OT) 1-800-566-

**MISCELLANEOUS**

Mahogany doors , casing and baseboards. 4 ft. ceiling fan w/lights, 2 submersible pumps, like new. Ph. 204-482-7770.

Trailers for sale. Car & Equipment Haulers, Dumpbox, Cargo, Utility, Gooseneck Flatdeck, Cargo, Aluminum Livestock, CM Truckbeds. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

\$\$\$\$\$SAVE\$\$\$\$\$. Care-taking couples for small blocks in Winnipeg. Reduced rent in return for caretaking duties. 204-989-2753.

**FURNITURE FOR SALE**

Palliser 5 piece bedroom suite, light oak in color. Includes 2 night tables, 7 drawer/2 door dresser with triple mirror, 7 drawer/ 1 door tall dresser. Head board, bed frame and Sealy Posturepedic mattress and box spring. All in very good condition, \$600. Call 204-757-2596.

**MUSICAL INSTRUMENTS**

Hildebrand Music, 316 Main, Steinbach, 204-326-1395. Violins, mandolins, banjos, ukuleles, lapsteels, guitars, amplifiers, accordions, keyboards, drums, harmonicas, trumpets, clarinets, flutes, autoharp, microphones, strings, books, accessories.

**WANTED**

Wanted: old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393

**WATER TREATMENT PRODUCTS**

**Wholesale Water Filters!!** New Waterite water softeners, 30,000 grain/\$540. All sizes avail. Reverse osmosis systems, \$215. Pater-son iron removers/\$500. Greensand iron odour removal systems, \$700. All Seasons Furnishings 204-661-8581.

**HEALTH**

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail [stonewoodelk@hotmail.com](mailto:stonewoodelk@hotmail.com)

**COMING EVENTS**

Experience Folklorama 47! From July 31 to August 13 visit 45 pavilions and experience the largest and longest running multicultural festival in the world! [folklorama.ca](http://folklorama.ca) 1-800-665-0234.

Everything you need to promote your business

- Flyers
- Brochures
- Business cards
- Stickers
- Window decals
- Social tickets
- Door hangers
- Letterhead
- Envelopes
- Invoices
- Estimate sheets
- Posters
- Memo pads
- Post cards
- Presentation
- Folders

Call **204-785-1618**



Display Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Book Your Classified Ad Today  
**CALL 204-785-1618**

**McSherry Auction Service Ltd**  
**AUCTION SALE**  
**ELDON & PAT MARCHYSHYN**  
Thursday Aug 18th 4:00 pm

Winnipeg, MB  
608 Forbes Rd.  
Eldon is Retiring From a Small Engine Repair Business  
Contact: (204) 255-1196  
Recreation Lund Tye al 22'w 165 HP Inboard/ Outboard & Trailer \* Aroliner Al 16' w 50 HP Merc & Trailer \* Misty River 14' Al Boat w 40 HP Merc & Trailer \* Al 16' 55 HP Johnson \* American 16' Fiberglass w Good Suzuki 4 Stroke 140 HP Outboard \* 15) Outboards 2 HP - 90 HP \*6 HP Go Kart \* 83 Chev 4 x 4 1/2 Ton \* Penner BH 13' Flat Deck w Ramp Tailgate \* Triple E BH 18' Tandem Camper \* Yard Walker 3 Cyl Dsl 48" Front Mt. R Mower \* 16 HP R Mower, Snowblower & Roto Tiller attach \* 2Merry Tillers \* Mini Tillers \* Wood Chipper \* Billy Goat Vacuum \* Gas Hedge Trimmer \* Chain Saw \* Weed Eaters \* Tools 180 Amp Welder \* Floor Drill Press \*Tire Changer \* 2) Air Comp \* Chain Saw Sharpener \* Tool Cabinet \* Specialty Tools \* Power Tools \* Hand Tools \* Misc 3)New BS \* 3 Gas Water Pump \* 5000 Watt Generator \* Pressure Washer \* Lots of Fixer Upper or Parts Machines \* New Parts Stock \* Snowmobile Parts \* Riding Mower Parts \* Antiques Vintage Chain Saws \* Buffet \* Trunk \* Teak Bar \* Ignition Cabinet \* Coca Cola Picnic Cooler \* Household Tins \* Depression Glass \*  
**Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027**  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**The Petersfield Curling Club is accepting tenders for the 2016-2017 curling season for the BARTENDER position.**  
Submit tenders to the attention of Al Croy, President  
PO Box 455, Petersfield, MB, R0C 2L0  
or by email to [info@petersfieldcurlingclub.com](mailto:info@petersfieldcurlingclub.com).  
Inquiries and/or requests for more info can also be emailed.  
Deadline for submissions is Sept 1/16.

**Hi Tech Installations**  
MAINTENANCE & CONSTRUCTION

Hi Tech Installations Ltd. is a rapidly growing construction company that sells & installs Material Handling Equipment to the Dry Fertilizer Industry in Western Canada, located 20 minutes from Winnipeg in St Andrews, MB.

**We are currently accepting applications for a PROJECT COORDINATOR**

We are looking to hire a self-motivated person for Project Coordinator to assist Project Managers with working with suppliers, customers, installers and any sub-contractors. Responsibilities will be to ensure Auto Cad engineered drawings for company are created/updated/kept current as required for all company projects, daily scheduling and monitoring of all project related sub-contracts, suppliers, all rentals, and prepping paperwork for Project Managers as such implementing all tasks that relate to company projects. The project coordinator serves as the point of contact for site projects. This position may involve traveling to job sites in Western Canada. The goal for the Project Coordinator is to be Fulltime support to Project Managers to ensure that the company continues to provide a high quality installation that our customers have become accustomed to. We are looking to hire a self-sufficient Project Coordinator with the ability to problem solve, prioritize, work together with Project Managers and all other staff as a team leader with a strong attention to details (A Company Characteristic).

**Qualifications/Knowledge required:**

- Construction Management / Civil Engineering Technology Certifications
- 1 - 2 years Construction Coordinating experience
- Knowledge and experience in Ag Industries involving Welding / Millwrighting / Concrete / Wood Framing / Fertilizer Equipment would be an asset.

Hi Tech Installations Ltd. offers a comprehensive benefit and pension plans to all employees.

Please forward your resume to Sara Michaud  
E-mail: [smichaud@hitechinstallations.ca](mailto:smichaud@hitechinstallations.ca)  
Phone: 204-482-1029

**Rural Municipality of St. Clements**

**Public Notice**

**Public Notice Regarding Change in the Issuance of Tax Receipts**

Public notice is hereby given that effective **August 11, 2016**, tax payment receipts will only be issued upon request.

This includes property tax payments, water & sewer utility payments, or Accounts Receivable payments, sent in via cheque or online banking.

Receipts requested can be sent via mail or email. If you require a receipt, please contact the municipal office and one will be issued for you.

Also a reminder to use your **Roll #** for **property taxes** and your **Account #** for **water & sewer utility payments**, when making payments online.

Mayor & Council  
R.M. of St. Clements  
1043 Kittson Road  
East Selkirk, Manitoba R0E 0M0  
Phone: 204-482-3300  
Winnipeg: 1-204-474-2642  
Toll Free: 1-888-797-8425  
Email: [info@rmofstclements.com](mailto:info@rmofstclements.com)  
[www.rmofstclements.com](http://www.rmofstclements.com)

*St. Clements*  
The place to be

**McSherry Auction Service Ltd**  
**AUCTION SALE**  
**NESTOR & ROSE SMERCHANSKI**  
Sat August 20th 10:00 am  
Winnipeg Beach, MB  
Jct Hwy 8 & 229 West 4 1/2 Miles on Hwy 229  
#14145E  
Contact # (204) 633-3327 or (204) 799-0294  
Modern Tractor & Equip  
02 Case IH C 50 MFWA 3PH FEL 709 Hrs \*  
Vintage Tractors, Crawler & Equip \* Snow Plane \* Trailers & Yard \* Tools \* Misc \* Antiques \*  
**Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027**  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**NEWS TIPS**  
Call 785-1618

**McSherry Auction Service Ltd**  
**ESTATE & MOVING SALE**  
Wed Aug 17 th @ 4:00 pm  
Stonewall, MB  
Yard Items \* Tools \* Vehicles \* Antiques \* Household \*  
Lots of New Old Stock Items!  
**Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027**  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

# Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)



## JEFFERSON & ASSOCIATES REALTY LTD



CASSANDRA WILL-FOUBERT  
BROKER/MANAGER



JULIAN GORCHYNSKI

NICOLE PASHKO  
NEW AGENT  
ON THE GEORGE HACKING TEAM



Ashley Douglas George Hacking Nell Mraovic  
2015 Centurion Team #18 By unit Sales For Century 21 Canada

255-B Main St.,  
Selkirk, MB R1A 1S1

482-7911

Toll Free 1-888-632-8221



**SELKIRK**

**SELKIRK**

**SELKIRK**

**COUNTRY**

**COUNTRY**

**TO BE MOVED**

**WINNIPEG**

### New Home Sales Centre



**2 Howard Place**  
1489 sq ft Cabover  
**4 Pawley Place**  
1387 sq ft bungalow  
**3 Creekside**  
1366 sq ft bungalow  
**Wednesday 4-7 pm**  
**Sat-Sun 2-4 pm**

Custom Build or Buy Pre Built



the George Hacking Team



**109 Edstan Place**  
\$509,000  
The George Hacking Team



**314 Netley Ave**  
\$94,900 The George Hacking Team



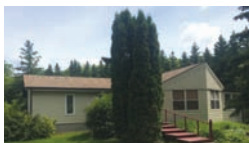
**229 Clandeboye Ave**  
\$277,000 The George Hacking Team  
Exclusive listing



**58 Louise Bay**  
\$279,000 The George Hacking Team



**ADJACENT LOT AVAIL.**  
**SPECTACULAR VIEW**  
7 McIvor Lane S  
\$439,500 The George Hacking Team



**EAST SELKIRK 34087 RD 78 N**  
SINGLE LEVEL - AMAZING LANDSCAPE  
\$315,000 The George Hacking Team



**76068 Two Mile Rd.**  
\$369,000 The George Hacking Team



**58 Pine Ave, Tyndall**  
\$329,900 The George Hacking Team



**AMAZING WATERFRONT**  
23 BAYVIEW NETLEY CREEK  
\$289,900 The George Hacking Team



**1149 Filmore Rd**  
\$239,900 The George Hacking Team



**237 Tom Prince Dr**  
Cottage & Property  
\$175,900 The George Hacking Team



**30056 Rd 81N, 80 Acres**  
\$390,000 The George Hacking Team



**Southbeach Collision**  
Gimli, MB Turnkey - Profitable  
Call for Details  
The George Hacking Team



**381 Main Street**  
Commercial & Residential Income Property  
\$249,000 The George Hacking Team

**NEW PRICE**

**311 Grassie Blvd**  
Completed Subdivision  
Ready to Install  
Turnkey Development  
\$385,000  
The George Hacking Team



**U of M Condo**  
958 sqft 2 BB  
1607-70 Plaza Drive  
\$239,000 The George Hacking Team

**VACANT LAND**

- 3 Houghton Bay Road **NEW PRICE** \$64,900 The George Hacking Team
- 81 Colony Rd - 2.76 Acres \$95,000 The George Hacking Team
- NEW** 16 ACRES Kreamer Rd. \$99,900 The George Hacking Team
- Lot 2 Jacobs Lane **NEW PRICE** \$105,000 The George Hacking Team
- 2 Gwen Ellen Way St. Francois Xavier \$110,000 The George Hacking Team
- Hwy 26 St. Francois Xavier \$120,000 The George Hacking Team
- 68 Cowan Place \$125,000 The George Hacking Team
- 27004 Harold Ave - Municipal Sewer & Water \$130,000 The George Hacking Team
- 0 Floodway Drive, 309.9 Acres \$325,000 The George Hacking Team
- 0 Petersfield Pits, 120.6 Acres \$340,000 The George Hacking Team
- 72101 Pine Road S. Prime Development \$445,000 The George Hacking Team
- 605 Cil Road - 65.62 Acres DEVELOPMENT OPPORTUNITY \$492,000 The George Hacking Team
- 1 Harry Waytiuk Dr, East Selkirk \$125,000 The George Hacking Team
- 1 Catherine Waytiuk Dr, East Selkirk \$140,000 The George Hacking Team
- 14 Harry Waytiuk Dr, East Selkirk \$130,000 The George Hacking Team
- 4 Catherine Waytiuk Dr, East Selkirk \$150,000 The George Hacking Team

**COMMERCIAL**

- Commercial Lease - Flex Space East Selkirk \$14 sq ft The George Hacking Team
- Commercial Lease - Service Station East Selkirk \$14 sq ft The George Hacking Team
- Commercial Lease - Restaurant Selkirk \$79,000 The George Hacking Team
- 153 Lily Ave Zoned M1 \$110,000 The George Hacking Team
- 129 Lily Ave \$129,000 The George Hacking Team
- 502 Greenwood RENOVATED BUILDING \$449,000 The George Hacking Team
- Profitable Garage in Selkirk \$755,000 The George Hacking Team
- 66 Acre MI Development \$980,000 The George Hacking Team
- 1753 Fairway Road Netley Creek Golf Course \$2,999,000 The George Hacking Team

**SELKIRK**



**EXECUTIVE HOME WITH IN-LAW SUITE**  
114 Oliver Avenue Riverfront  
\$665,000 The George Hacking Team



**SELKIRK**



**38 Dorothy Bay**  
\$265,000 The George Hacking Team



**121 Strathnaver**  
Like New - Desirable Area  
\$349,900 The George Hacking Team



**13 Howard Pl.**  
\$409,900 The George Hacking Team

**COUNTRY**



**Sportsmans Delight**  
5 Acres with building  
Netley & Gimli Rd  
\$59,900 The George Hacking Team



**7 Houghton Bay Rd**  
\$429,900 The George Hacking Team



**1015 Frank Street**  
Subdivision Potential  
\$259,900 The George Hacking Team



**9 Cooks Cove, Creekside**  
\$338,000 The George Hacking Team

**Don't forget to send your special wishes to your friends and family.**



Call 785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**SOLD**  
Delightful little home  
**\$138,000**

Unique 3 level split Cottage  
**\$149,900**

Hard to find 4 bdrms, 1500 sq ft of living space on 1.39 acres, subdividable lot in Beaonia. Close to Lake Wpg, South Beach Casino, and Grand Beach.  
Only **\$109,900**

Call **ANY TIME** to Book Your Appointment  
**482.5492**

227 Britannia Charming well cared for home

104 Edstan **\$329,900**

**FRONTIER REALTY**

Albert Sheppard  
**785.0422**

Stig Rensfelt  
**482.5492**

Barb Linklater  
**482.5492**

**24 HOURS**

**482.5492** 374 A Main St., Selkirk

[www.frontierrealty.ca](http://www.frontierrealty.ca)  
[front@mts.net](mailto:front@mts.net)

Don't Forget Your Loved Ones WITH AN ANNOUNCEMENT IN THE *Selkirk Record*  
Call 785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**"It's a great day to Call J"**

Call or Text me on my DIRECT LINE  
**204-785-0681**  
[jamie@callj.ca](mailto:jamie@callj.ca)

Jamie Call J Sasley

**Your #1 Selling REALTOR® in Selkirk, MB!**

**OPEN HOUSE**

**SATURDAY, AUGUST 13 1:00-3:00PM**

**150 EVELINE ST. SELKIRK**

Live on one of Selkirk's most PRESTIGIOUS streets!

Offering a beautiful modern eat-in kitchen. Huge dining/living room for great entertaining. Newer family room addition with bar, fireplace and 3 piece bath. 3 large bedrooms 2.5 baths. Beautiful 3 season SUN ROOM!  
FULLY FINISHED BASEMENT! Single attached GARAGE! all on a beautiful PARK LIKE corner lot!

**\$339,900**

View my listings at [www.callj.ca](http://www.callj.ca) and 'like' us on Facebook

Everything you need to promote your business

- FLYERS
- BROCHURES
- BUSINESS CARDS
- STICKERS
- WINDOW DECALS
- SOCIAL TICKETS
- DOOR HANGERS
- LETTERHEAD
- ENVELOPES
- INVOICES
- ESTIMATE SHEETS
- POSTERS
- MEMO PADS
- POST CARDS
- PRESENTATION FOLDERS

**Call Today!**  
**785-1618**

**Kreutzer.ca**  
Real Estate Services Inc.

**204 482.7355**

*"Smart move!"*

**WHERE & WHEN YOU NEED US SINCE 1977!**

**EVAN SENIOR SPECIALIST**  
SRES

**WAYDE**  
204 485.0407

**DANIEL**  
204 481.3159

**FAMILY READY!**  
**\$379,500**  
582 SPRUCE, EAST SELKIRK

**FAMILY READY**  
**\$199,900**  
234 SOPHIA Spacious 3 bd., DR, bsmnt renovated, new drywall, firing, bathrm & hwt. Appl, metal roof

**COUNTRY HOME BUSINESS?**  
**\$769,000**  
41 JUNIPER LANE

**RIVER FRONT!**  
**\$299,000**  
8222 HENDERSON HWY

**CALL TODAY!**  
**\$229,800**  
445 MANITOBA AVE.  
3 bdrm, 1200 sq. ft. c/air, dbl. det. garage, fenced yard

**NEW PRICE**  
**\$455,000**  
1154 RIVER RD

**COUNTRY OASIS!**  
**\$489,000**  
RD 39 & RD 80 N BEAUSEJOUR

**NEW LISTING!**  
**\$249,900**  
82 WESTGROVE BAY  
3 bdrm, many upgrades, 1150 sq. ft. dev. bsmnt. priced to sell.

**SHOWINGS START NOW!**  
**\$464,900**  
RIVER PARK SOUTH

**YEAR ROUND LAKE FRONT**  
**\$189,000**  
HECLA VILLAGE

**SOLD!**  
**\$198,500**  
551 NATHANIEL, WPG

**159' RIVER FRONTAGE**  
**\$208,000**  
8232 HENDERSON

**SOLD!**  
**\$59,900**  
ST. ANDREWS!  
Woodland Rd. SW of Wpg Beach 4.4 A

**SOLD!**  
**\$464,900**  
RIVER PARK SOUTH

**SOLD!**  
**\$198,500**  
551 NATHANIEL, WPG

**SOLD!**  
**\$59,900**  
ST. ANDREWS!  
Woodland Rd. SW of Wpg Beach 4.4 A

**SOLD!**  
**\$464,900**  
RIVER PARK SOUTH

**GRUNTHAL & ST. PIERRE**  
THANK YOU TO OUR HAPPY BUYERS!

**Evan Kreutzer R.E.S. inc.ca**

**ROYAL LEPAGE**  
Prime Real Estate  
INDEPENDENTLY OWNED AND OPERATED

**204-485-5656**  
355 Main Street, Selkirk

**Rich MOYER**

**Judy MOYER**

**148 Grain Ave**  
**\$299,900**

**1 Currie Dr. Bissett, Mb.**  
**\$314,900**

**33125A Rd 85N**  
**79 Acres \$374,000**

**4 Delta Cres Pineridge**  
**Mobile Park \$119,900**

**5 Currie Dr Bissett, Mb.**  
**\$179,900**

**95082 Rd 37E**  
**\$334,900**

**THE BROOKSTONE CONDOS**  
1309 - 1446 S.F. 2 or 3 Bedroom \$290,000 - \$320,000

**VACANT LAND**

**SOLD** 16 Greenwood Ave \$52,900  
Lot 1 Stone Church Rd. 4 Acres \$97,900.  
Lot 2 Stone Church Rd. 6 Acres \$117,900.  
Lot 4 Two Mile Rd 4 Acres \$97,900.  
Rd 88N 332 Acres on 4 Titles \$198,000.

**Mars Sandhills**  
1.3-1.6 acres  
**\$25,000-\$35,000**

**www.teammoyer.ca**



# Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**ANNOUNCEMENT**

**CARD OF THANKS**



We wish to express a deep thank you to everyone who came to join us in celebrating our 50th Wedding Anniversary at the Gunton Hall, July 31. Also a very special thank you goes out to Rhonda and Trevor McMahon, Mark and Sharon McMahon, Lori Combot (for making the beautiful cake), Christine and Kevin McMahon and Wally McMahon for all of their planning and arranging the party. Thank you for all of the beautiful cards and gifts, to those who contributed to the wonderful lunch and to the volunteers who helped in anyway. A big thank you to Tony Balian for his help and guidance with the organizing committee. Everything together has given us such a very wonderful and happy memory of our Golden Anniversary!  
-Herb and Marion McMahon

**ANNOUNCEMENT**

**CARD OF THANKS**

**ANNOUNCEMENT**

**CARD OF THANKS**

We would like to send out a huge thank you to all the nurses and the doctors at the Selkirk Hospital for all their kindness and caring looking after Joan Gooley during her lengthy stay over the past three months. They went above and beyond to make her comfortable and they treated her with such kindness and caring. To the nurses who made Art and Joan a very special 45th Anniversary party, it meant the world to the both of them and our family will be forever grateful.  
-Art Gooley and family

**ANNOUNCEMENT**

**CARD OF THANKS**

The family of Ralph Decock would like to express their thanks to everyone for the love and support given to our family, in the loss of our dad and grandpa. Thanks to Father Gacek for the lovely service, Pat Neskar the organist, and to Jessica Armenti for her beautiful voice. Thank you to Gilberts for providing their caring service once again, and to the CWL ladies for the wonderful lunch they provided us with. To those who have made a donation to Alzheimer's or Stars in Ralph's name, we thank you. God Bless and thank you.  
-Ron, Sue, Jeff, Sandy and families

Thank you to all who attended my 90th birthday party. So nice to see family, old friends and neighbours. Cards, gifts, telephone calls, and emails from far and away, Calgary, Cambridge, and New York, were much appreciated. Everyone enjoyed a delicious catered lunch, arranged by my wonderful daughter Dianne. Thanks again everyone, so nice to see you all.  
-Dorothy Massey

**ANNOUNCEMENT**

**RETIREMENT**



Birds Hill Campground Store  
After 30 years  
David and Helene Sward  
Have retired!

30 years turns customers into friends, employees into a team and friends into family.  
30 years builds fond memories. Please come and share yours with us. Sunday, August 21st from 1 p.m. to 5 p.m. in front of the Campground Store. Light refreshments will be served.

**ANNOUNCEMENT**

**BIRTHDAY**



Nicole Schmid  
August 12th  
Happy Birthday  
to my special angel in Heaven!  
August 12th you would have been 19.  
We had so much to look forward to.  
Miss you every day, my girl,  
and never forgotten.  
-Love Dad, xoxoxo

Everything you need to promote your business

FLYERS  
BROCHURES  
BUSINESS CARDS  
STICKERS  
WINDOW DECALS  
SOCIAL

TICKETS  
DOOR HANGERS  
LETTERHEAD  
ENVELOPES  
INVOICES  
ESTIMATE SHEETS

POSTERS  
MEMO PADS  
POST CARDS  
PRESENTATION FOLDERS

**Big and Colourful**  
PRINTING & PUBLISHING

Call Today! 785-1618

**ESTATE SALE**

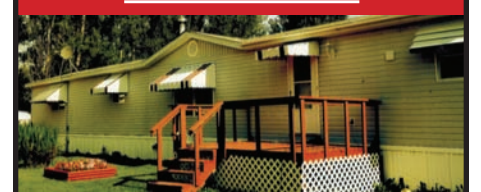
**COMMERCIAL PROPERTY**

Fully Leased, Government Tenants,  
24,400 sq ft Building, Plus 58 stall  
Parking. Prime Selkirk Location.  
Net Income \$265,000+.

Contact Bob Borys  
[bborys@colliers.mb.ca](mailto:bborys@colliers.mb.ca)  
204-926-3828



**PRIVATE SALE**



3 Bdr. mobile home 16' x 80' on 5 acres.  
Lot 157 Gowryluk Rd. East Selkirk, MB  
2 Full baths, single garage with lean-on  
10 mins to Selkirk

ASKING \$225,000 PH: 204-482-4023

Don't forget to send your special wishes to your friends and family.  
**Selkirk Record**  
Call 785-1618

**Book Your Classified Ad Today**  
Display Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.  
Call 204-785-1618

**YOUR Signature TEAM**  
ROYAL LEPAGE Prime Real Estate  
EXPERIENCE ELITE SERVICE

MANDY MYTZ

204.485.4142  
[www.yoursignatureteam.ca](http://www.yoursignatureteam.ca)

**OPEN HOUSE SATURDAY 1-3**

8-638 Main St. Oakbank Condo, 970sf, 2 bed, 1 bath, in suite laundry, a/c, balcony, parking \$179,900

34 Dacombe Place, West St. Paul, Beautiful 1850sf, 3 bed, 3.5 bath, FF basement, large private yard in quiet neighbourhood \$449,500

**OPEN HOUSE SUNDAY 1-3**

419 Queen, Selkirk 1247sf, 3 bed, 1bath, spacious kitchen, 3 season sunroom, 20x28 garage, move in ready \$214,900

73135 Joseph St. St. Clements, 1862sf, 3 bed, 2 bath open concept layout, tons of natural light, multi decks, 4 acres \$359,900

**Don't Forget Your Loved Ones WITH AN ANNOUNCEMENT IN THE**

**Selkirk Record** Call 785-1618

# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**ANNOUNCEMENT**

**IN MEMORIAM**



**Jean Sutherland**  
February 22, 1932 – July 29, 2015  
In loving memory of our Mother (Jean) who passed away July 29, 2015. It has been one year since you left us. We miss you with sadness and you are Always in our thoughts. We will never lose the memory of The one we loved so much.

-Lovingly remembered by Barb (Darrell), Buzz (Pat), Les (Janet), grandchildren and great-grandchildren

**ANNOUNCEMENT**

**IN MEMORIAM**



**Wayne Philpott**  
August 6, 1944 – June 29, 2014  
Missing you more often than words can say, Your laugh, your smile, your thoughtful ways.  
-Lovingly remembered, sisters Marjorie, Gayle and families

**ANNOUNCEMENTS**

**IN MEMORIAM**



**Jeremy Wright**  
1976 – 2009

Goodbyes are not forever, Goodbyes are not the end; They simply mean, I'll miss you, Until we meet again.  
-Karen, Eric, Vic, Jaydamoo, Becky, Amybum, "Adrian" and Melissa

**ANNOUNCEMENTS**

**IN MEMORIAM**



**Devon William Sinclair**  
April 2, 1984 – August 13, 2009

Little did we know that morning, God was going to call your name; In life we loved you dearly, In death we do the same. It broke our hearts to lose you, But you did not go alone; For part of us went with you, The day God called you home. You left us peaceful memories, Your love is still our guide; And though we cannot see you, You are always by our side. Our family chain is broken, And nothing seems the same; But as God calls us one by one, The chain will link again.

- Love you, Mom, Dad, Brooke, Wade, Odin, Ryder, Grayson and Nanny Betty

**ANNOUNCEMENT**

**IN MEMORIAM**

**Joan Hourie**  
August 10, 2007  
Death leaves a heartache no one can heal, Love leaves a memory no one can steal.  
-Love, Darlene, Brad, Sheila, Susan and families

Nanny held our hands for just a while, But our hearts forever.

-Love your grandchildren Relene, Laura, Melissa, Dylan, Shae-Lyn, Chad, Brenden and Brooklyn

*Don't Forget Your Loved Ones*

**WITH AN ANNOUNCEMENT IN THE**

*Selkirk Record*

Call 785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**OBITUARY**

**Linda Kathleen Martini**  
July 26, 1964 – August 4, 2016

It is with heavy hearts we announce the passing of Linda Kathleen Martini.

She is survived by her mother Isabell; sister Elizabeth (Randy); nephews RJ (Cindy) and Roy. She is also survived by her soulmate Gerry.

Linda was predeceased by her father in 2015.

Funeral Service will be held on Monday, August 15, 2016 at the MacKenzie Funeral Chapel, Stonewall.



MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)



**OBITUARY**

**Thomas (Tom) Allan Molotowsky**

It is with deep sadness we announce the sudden passing of Thomas Allan Molotowsky, into his heavenly home on Wednesday, August 3, 2016 at the age of 65 years.

He is survived by his wife of 41 years, Karen; sons David, Luke (Kayla) and Mark (Amanda) and his precious granddaughter Kali. Tom is also survived by his brother Richard, nephews, Leslie (Alex) and Daniel; brother Harold (Anna), nephew Aaron (Erica) and niece Shannon (Martin). He was predeceased by his parents, Martin and Kay; mother and father-in-law, John and Anna Klisko; sister-in-law Lois and an infant sister Linda.

A memorial service was held on Saturday, August 6, 2016 at 1:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB, interment followed at Blessed Virgin Mary Cemetery in East Selkirk. Luncheon followed the interment.

Special thanks to the staff at the Selkirk General Hospital, Gilbert Funeral Home, and to Fr. Peter and Fr. Isadore.

Memorial donations can be made in memory of Tom to the Palliative Care Unit at the Selkirk General Hospital.

Gilbert Funeral Home, Selkirk in care of arrangements.  
[www.gilbertfuneralhome.com](http://www.gilbertfuneralhome.com)



*Don't forget to send your special wishes to your friends and family.*

*The Selkirk Record*

Call 785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

Everything you need to promote your business

FLYERS  
BROCHURES  
BUSINESS CARDS  
STICKERS  
WINDOW DECALS  
SOCIAL

TICKETS  
DOOR HANGERS  
LETTERHEAD  
ENVELOPES  
INVOICES  
ESTIMATE SHEETS

POSTERS  
MEMO PADS  
POST CARDS  
PRESENTATION FOLDERS



**Call Today! 785-1618**

# get inspired

> MEAL IDEAS

THE Marketplace AT SELKIRK

## Thai Breakfast Soup



- 2 cups (500 mL) chicken stock
- 1 cup (250 mL) water
- 2 tsp (10 mL) freshly grated ginger root
- 1 shallot, minced
- 1 to 2 inch (5 cm) piece of lemon grass, whole\*
- ½ cup (125 mL) thinly sliced carrot
- 1 cup (250 mL) cooked rice

- ½ cup (125 mL) diced, cooked pork or chicken
- 1 tsp (5 mL) fish sauce
- 1 tsp (5 mL) fresh cilantro, finely diced
- 1 green onion, sliced
- \*use the juice of ½ a lemon if you can't find lemon grass

### Directions

In a medium pot bring the stock and water to a boil. Reduce heat to medium. Add the ginger, shallot, lemon grass and carrot. Simmer for 10 minutes. Add the rice, pork or chicken and fish sauce. Simmer for 10 minutes. Remove and discard the lemon grass. Add the cilantro and green onions and serve immediately.

## Beef With Ginger and Black Mushrooms



- 8 medium, dried black mushrooms
- 10 ounces beef tenderloin or top sirloin, sliced diagonally across the grain in 1/4-inch slices
- 1/2 teaspoon all-purpose cornstarch
- 1/4 teaspoon white pepper
- 1 teaspoon plus 2 tablespoons high-heat cooking oil, divided
- 2 teaspoons soy sauce, divided
- 1 garlic clove, minced
- 1 tablespoon minced galangal or fresh ginger
- 1 fresh hot red or green chili, preferably Thai (deseeded if you prefer less heat), finely sliced
- 2 teaspoons fish sauce (nam pla)
- 1 teaspoon oyster sauce
- 1 teaspoon palm or brown sugar
- Thai or Italian basil leaves,

cut into thin shreds/threads for garnish

1. Soak the mushrooms in warm water until soft, about 30 minutes. Rinse in warm water and drain. Remove and discard stems and cut the caps in 1/2-inch pieces. Set aside.
2. Toss the beef with the all-purpose cornstarch, pepper, 1 teaspoon oil, and 1 teaspoon soy sauce. Cover for 10 minutes at room temperature.
3. Heat 1 tablespoon of the oil in a wok or skillet over medium-high heat. Add the beef and stir-fry until the beef is brown, about 3 minutes. Remove the beef from the pan and set aside.
4. Heat the remaining oil in the wok or skillet over medium-high heat. Add the garlic, galangal and chili to the wok or skillet and stir-fry until fragrant, about 30 seconds. Add the reserved beef, reserved mushrooms, fish sauce, oyster sauce, palm sugar, and remaining 1 teaspoon soy sauce. Garnish with basil leaves. Serve immediately with jasmine rice.

## Pineapple Fried Rice



- 1 whole pineapple
- 2 large eggs
- 1 teaspoon salt, divided
- 2 tablespoons high-heat cooking oil, divided
- 1 garlic clove, minced
- 1 small shallot, finely sliced
- 1 fresh hot red or green chili, preferably Thai (deseeded if you prefer less heat), finely sliced
- 3 cups cooked and chilled Thai jasmine rice
- 2 tablespoons fish sauce
- 1 tablespoon soy sauce
- 1 cup cubed cooked chicken breast
- 1 cup cubed cooked shrimp
- 1/2 cup fresh or thawed frozen peas
- 4 tablespoons finely chopped fresh coriander leaves (cilantro), plus more for garnish
- 4 tablespoons finely chopped fresh mint
- Pinch of ground white pepper

1. Cut the pineapple in half lengthwise, and cut the fruit from the middle, leaving shell halves intact. Cut out the eyes and core. Set the shell halves aside. Dice the fruit. Dry the diced pineapple with paper towels and set aside.
2. In a medium bowl, whisk together the eggs, 1/2 teaspoon of the salt and the pinch of pepper.
3. Heat half of the oil in a wok or large skillet over medium-high heat. Cook eggs, stirring, until set but still moist. Transfer eggs to a plate. Wash and thoroughly dry the wok or skillet.
4. Heat the remaining oil over medium-high heat. Add the garlic, shallots and chili, and stir-fry until fragrant, about 30 seconds. Add the

rice and stir-fry for 2 minutes. Add the fish sauce, soy sauce, chicken, shrimp, peas, and the remaining 1/2 teaspoon salt and stir-fry for 2 to 3 minutes. Add the reserved eggs, pineapple, fresh coriander leaves, and mint; stir-fry for 30 seconds. 5. Scoop the fried rice into the pineapple shells and garnish with fresh coriander leaves. Serve immediately.

Note: If you dice the pineapple ahead of time, rinse the pineapple shells with boiling water and dry with paper towels before serving.

## BINGOS

**BINGO**  
SUNDAY NIGHT BINGO  
Pots are as follows:

- 4 \$5871 + BONANZA In 52 Numbers
- \$1895 + MINI LOONIE
- 4 \$2100 + FULL HOUSE
- \$826 + LOONIE POT
- 4 \$11,969 + POKER FLUSH

**SELKIRK STEELERS**  
**Bingo!**  
Thursday nights  
at the Selkirk Friendship Centre

Early Birds at 7:00 pm  
Regular Bingo at 7:30

Full House in 51#s or less \$2,200  
Bonanza in 53#s or less \$1,695+  
Poker Flush \$3,947+  
Lucky 7 in 24#s or less \$503+

**Sandhills Casino, Carberry, MB**

**Day Trip August 31 \$3900 CAD per person**

357 Main St. Selkirk 204-482-3113

marlin★travel

## GOT A SPORTS TIP?

Selkirk Record

Call 785-1618



# CUSTOMER APPRECIATION DAYS

## 2 DAYS ONLY

SATURDAY, AUGUST 13 & SUNDAY, AUGUST 14

**25% Off** All regular-priced **FURNITURE** and **HOME ACCENTS\***

UP TO **50% Off** + **AN EXTRA 5% Off\***



(excludes specialty bedding & best value items)

# SAVE 10%

WHEN YOU BUY **3** OR MORE APPLIANCES\*  
(must be same brand)



**LG**

**KitchenAid®**

## MAKE NO PAYMENTS FOR 12 MONTHS\*\*

Taxes, admin fee & delivery fee due at time of purchase. See store for details.



**Dufresne**

FURNITURE | MATTRESSES | APPLIANCES | HOME ACCENTS

WWW.DUFRESNE.CA | 374 EVELINE STREET, SELKIRK 204.785.8191

\* Selection may vary by store. Available in colours as shown. Not to be combined with any other offers and cannot be applied to past purchases or sale items. Does not apply to Clearance, Best Value and Special Buys. See store for details. Valid August 13 - 14, 2016 only.

\*\* On approved credit. Certain terms and conditions apply. See store and Account Agreement for full terms. August 13 - 14, 2016 only.