

RECORD PHOTO BY MAGGIE WYSOCKI

Joyce Zalusky of Selkirk shops for fresh veggies at Jonathan's Farm booth on the opening day of the Selkirk Waterfront Farmers Market last Wednesday afternoon. The market and D.O.G. Days of Summer run every Wednesday this month from 11 a.m. to 2 p.m. at the Selkirk Waterfront. For a story and more photos, see Page 7.

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Selkirk Bear Clan hits the streets for first community walk

By Lindsey Enns

Members of Selkirk's Bear Clan Patrol are calling on community members to join their group in hopes of making their city a safer place.

The local bear clan chapter hit the streets for it's first community walk last Wednesday evening in hopes of raising awareness and attracting more volunteers.

"It's more to show that we are here and we're trying to get things started and as we're walking around people will notice us," said Jacqueline Bercier, a member of the Ikwe Oodena women's council, which helped bring the Bear Clan to Selkirk.

"We're still working on this. We're trying to build up that hype," added women's council chair Wendy Pichor-Chartrand. "We do have volunteers



RECORD PHOTOS BY LINDSEY ENNS Selkirk Bear Clan Patrol members hosted their first community walk last Wednesday evening. Organizers said the walk was all about raising awareness and attracting more volunteers.

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"WE'RE STILL WORKING ON THIS. WE'RE TRYING TO BUILD UP THAT HYPE."

front for last week's community walk. Among the large crowd was 18-yearold Zack Stacey and 13-year-old Gabriel Laplante who both agreed a Bear Clan is needed in Selkirk.

"I think it's a good idea," Stacey said. "I think it will help the community ... and the violence will go down." Laplante agreed with Stacey.

"There shouldn't be this much violence in a town like this."

Women's council members say Selkirk's patrol program will be similar to the Winnipeg Bear Clan Patrol,

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a volunteer neighbourhood watch group that patrols some of the city's most dangerous areas.

Along with having a visible presence in the community, they also hope to raise awareness as well as unite various available resources in Selkirk and area.

The women's council said they are currently looking for walkie talkie donations and more safety vests.

Those interested in more information can visit their Facebook page by searching "Selkirk Chapter of Bear Clan Patrol Inc." or contact the women's council via email at Ikweoodena@gmail.com.

Bercier said signing up to volunteer doesn't necessarily mean you have to come out on their walks.

"Volunteering can be anything. Handing out materials before we go out, driving to see if the patrol is OK ... if you've got a strength that you can add to what we're doing here we want that strength."



Habitat garage sale aims to reignite fundraising efforts

By Maggie Wysocki

Every so often, Stacy Dowan says she has to stop and remind herself that her Selkirk home really is hers.

"I get moments where I'll be coming upstairs from doing laundry and I think 'wow, it's still mine,'" Dowan told the Record referring to her home on Taylor Avenue, which was the eighth home to be built by Habitat for Humanity's Selkirk Chapter.

The non-profit organization builds homes for low-income families with a set mortgage of 25 per cent of a familv's income.

Dowan and her son have been living in their home since November 2016 and she says she can't wait to pay it forward.

"I definitely want to give back and help with the next family build," she said.

But the problem is the Selkirk Chapter doesn't have enough funds to build a ninth home. After Manitoba Housing stopped sponsoring Habitat for Humanity last year, the organization has been struggling financially.

"It's the first year that we've come into a situation where we're not able to build ... we're always grateful when people can help out and we really need that right now," said Selkirk's Habitat volunteer co-ordinator, Angel Fredericks.

The next build, which is scheduled to begin in April 2018, will cost the organization approximately \$160,000 but they've only raised about half of that so far.

"We want to remind the community that we're still here and we need their



RECORD PHOTO BY MAGGIE WYSOCKI

Stacy Dowan's home was the eighth build for Habitat for Humanity Selkirk Chapter and she says she hopes to help with the next home but the organization says they won't be able to build it without community funding.

help," she said.

So to get residents involved, the Selkirk Chapter is hosting a garage sale. The event will take place on Sept. 9 at Stronghold Self Storage in Selkirk from 9 a.m. to 4 p.m.

They are asking residents to donate gently-used household items, serve food during the event and volunteer to help with sales.

Additionally, they say the Selkirk chapter needs commercial sponsors and encourages local businesses to donate.

"You see the community that is built when people work on a house together and it's really something," said Anthon Bouw, who has been volunteering with the Selkirk Chapter since 2009.

Residents interested in donating items for the garage sale or those who are interested in volunteering with Habitat for Humanity's Selkirk Chapter can contact Angel Fredericks directly by calling 204-330-7888.

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Operation Dry Water looks to end drinking and boating

Staff

Drinking and boating accounts for approximately 40 per cent of boatingrelated fatalities on Canadian waterways. But in Manitoba, that number rises to 70 per cent.

To raise awareness and reduce alcohol related deaths, the Canadian Safe Boating Council (CSBC) and the Lifesaving Society Manitoba Branch is launching a new campaign entitled "Operation Dry Water" in hopes of putting an end to drinking and boating.

"Seventy per cent of boating fatalities are associated with impaired boating, and alcohol contributes to boating fatalities at more than three times the rate it does for driving fatalities in Manitoba," said Kevin Tordiffe, Lifesaving Society Manitoba Branch operations manager. "On average, Manitoba sees more drowning deaths a year than people who die from impaired driving."

With the summer boating season in high gear, it's the perfect time to remind Canadian boaters about the risks of drinking and boating.

Combined with sun, wind, waves and the rocking motion of the boat, the effects of alcohol on the water can be greatly increased.

"The CSBC, its partners and sponsors would like, through this and our other initiatives, to raise attention to the problem of boating under the influence and to remind boaters not to drink and boat," stated John Gullick, chair of the Canadian Safe Boating Council. "Operation Dry Water will focus on the potential risks of drinking and boating, and remedies that are currently in place to discourage it."

Federal statutes dictate that, whether or not your craft is motorized, you can be charged with Impaired Opera-

"SEVENTY PER CENT OF BOATING FATALITIES ARE ASSOCIATED WITH IMPAIRED BOATING ..."

tion of a vessel under the Criminal Code of Canada if your blood alcohol level exceeds the .08 threshold. This means you can be charged even if you are impaired while operating a canoe and a judge is able to, upon conviction, suspend your boating privileges. But that's not all; it can get worse.

Some provinces have enacted legislation where drinking and boating can affect your automobile driving privileges. In Ontario, for instance, Bill 209 amended the Highway Traffic Act to also apply to "anyone operating or having the care or control of a vessel." As such, anyone found boating with a blood alcohol level above .05, faces an on-the-spot automobile drivers' license suspension. Should the person's blood alcohol concentration exceed .08, upon conviction, an additional suspension of up to one year can be applied.

Operation Dry Water is aimed at reducing the number of alcohol-related accidents and fatalities on the water while fostering a stronger and more visible deterrent to alcohol use while boating. The end goal? To achieve safer and more enjoyable recreational boating.

This initiative is made possible through support of Transport Canada's Office of Boating Safety.

For information on boating safety, visit csbc.ca.



Lower Fort Garry flag installation helps honour Treaty 1

By Lindsey Enns

Dozens gathered under shady trees and sunny skies for a traditional pipe ceremony to help kick off this year's Treaty 1 Commemoration event at Lower Fort Garry last week.

Following the traditional ceremony, a large crowd gathered to watch as nine flags were raised as part of the Treaty 1 Legacy Flag Exhibit last Thursday afternoon.

The installation, which can be seen from Highway 9 on the historic site's grounds, features seven Treaty 1 First Nations flag including Peguis First Nation, Sagkeeng First Nation, Brokenhead Ojibway Nation, Roseau River Anishinabe First Nation, Long Plain First Nation, Sandy Bay Ojibway First Nation, and Swan Lake First Nation as well as the Canada flag and the Union Jack.

Brokenhead Ojibway First Nation Chief Jim Bear said although the flag installation marks an important day, he called on all levels of government to continue to address reconciliation efforts.

"We're not asking for handouts," Bear said during his address to the crowd of around 100. "We're just asking for fairness ... we're just asking for reconciliation."

Minister of Natural Resources and Member of Parliament for Winnipeg South Centre Jim Carr and Loretta Ross, Commissioner of the Treaty Relations Commission of Manitoba, along with representatives from each of the Treaty 1 First Nations raised the flags to help honour the making of Treaty No 1 at Lower Fort Garry nearly 150 years





RECORD PHOTOS BY LINDSEY ENNS

Brokenhead Ojibway Nation Chief Jim Bear, pictured left, and Peguis First Nation Chief Glenn Hudson, pictured above right, prepare to raise their communities flags during the Treaty 1 Legacy Flag Installation ceremony at Lower Fort Garry last Thursday afternoon.

ago during a ceremony last Thursday afternoon.

"I am proud to honour the making of Treaty No. 1 and to acknowledge the historic and significant connection the Treaty No. 1 First Nations have to Lower Fort Garry National Historic Site," Carr said. "The nine flags will fly evermore, reminding us all, as Treaty people, of this national historical event and of our commitment to build stronger relationships with Indigenous Peoples, based on respect, cooperation and partnership."

Designated as a national historic event in 1927, Treaty 1 was originally made at Lower Fort Garry on Aug. 3, 1871.

Originally known as the "Stone Fort Treaty," it was the first of the Numbered Treaties made between Indigenous Peoples and the Crown in Western Canada. The flag installation's unveiling was followed by bannock and tea at the Indigenous Encampment at Lower Fort Garry as well as a performance by the

Summer Bear Dance Troupe.

Treaty tours were also co-led by Parks Canada and the Treaty Relations Commission of Manitoba.





7th annual memorial walk looks to honour lost loved ones

By Lindsey Enns

For Darlene Phillips, this year's upcoming memorial walk will be a chance to reflect on the good times she's had with lost loved ones. But she says the event is open to everybody.

"Everybody's welcome," Phillips said while sitting inside the St. Clements Church Hall last Wednesday. "It's a day just to come out and share memories. Remember the ones who have put a smile on your face."

The seventh annual St. Clements Church Memorial Walk/Run is set to take place on Sunday, Aug. 20 at the green space at the local church. Registration for the two, five or 10 kilometre treks start at 10:30 a.m. with the walk beginning at 12:30 p.m.

The event will also feature live music, a silent auction and activities for chil-



RECORD PHOTO BY LINDSEY ENNS

Organizers and participants are getting ready to lace up for this year's St. Clements Church Memorial Run/Walk on Sunday, Aug. 20.

dren and families throughout the day. "We're just trying to raise awareness so hopefully we have a really good

turnout," she said.

This year's walk is being dedicated to Peggy Kirkness who lost her battle with

cancer in December 2016 at the age of 68. Kirkness was one of the founders of the memorial walk and was Darlene's sister-in-law.

"She did lots in the community," Phillips said while fighting back tears. "If you ever asked her for anything she would help."

Phillips said she's attended several memorial walks in the past but this is her first year chairing the event's organizing committee.

"People look forward to this," she said. "It's a beautiful walk. If you've lost a loved one, you can come celebrate and share memories."

Those interested in getting involved with the walk can contact Darlene Phillips directly via email at darlenep2010@live.ca or by calling 204-962-2091.

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Selkirk Waterfront market attracts new vendors, visitors

By Maggie Wysocki

Whether it be fresh veggies, homebaked goods, organic honey or vintage homewares; you can find it at the Selkirk Waterfront Market.

"We're already sold out of spots with 41 vendors. It's so great to see, I hope it carries on," said organizer Joy Sul during opening day of the market last Wednesday.

Filling up some of the 41 spots are a few returning favourites, like fresh vegetables from Jonathan's Farm and the "spring roll lady" who rolls-up unique combinations like pizza and mashed potato.

But most of the Waterfront Market vendors this year are new and Sul says she thinks they make great additions.

"I'm really liking the variety ... there's lots of new faces," she said.

For example, Suman Sharma's colourful and exotic booth, AI Bollywood Stylez and Fashionz. She sells handmade kids clothing that's shipped here from India and she says there's no other vendor like it.

"I was here last year as a shopper and I noticed there was nothing here for kids so I thought I'd try it out. Everything I sell is affordable and cute," Sharma said.

Though business was slow during last Wednesday's market, she said the smiling and friendly faces made up for it. Residents can also shop Sharma's



RECORD PHOTOS BY LINDSEY ENNS

ABOVE LEFT: Suman Sharma sells handmade children's clothing from India at the Selkirk Waterfront Farmers Market last Wednesday. ABOVE RIGHT: Young magician Todd Degroot performs a magic trick down at the Selkirk Waterfront during the market last Wednesday.

styles at the Skinner's Locks Market on Sundays.

Another newbie is Libau business, Faith Apairies, who sells organic honey in three different sized jars or by the kilogram.

"We were here one-week last summer and business was great so we'll be here every week," said bee-keeper, Brad Hogg.

Look out for Hogg's comb honey,

which is sold in its original hexagonalshaped cells and always sells out fast.

If shopping's not your thing, you can visit young magician, Todd Degroot who impressed shoppers at the last market with his card tricks and engaging personality.

If you're an animal lover, you can count on a slobbery kiss from 11-month-old Sunova D.O.G. Lily who will be alternating market visits with dogs from Manitoba Mutts.

And if music is what you prefer, you can listen to the sweet sounds of Orvis Thomas who will be stringing his guitar during the rest of the markets.

The Selkirk Waterfront Market is held in conjunction with the City of Selkirk's D.O.G. Days of Summer and runs every Wednesday in August from 11 a.m. to 2 p.m.

\$3.7M in road, wastewater funds flow into Selkirk and St. Clements

By Maggie Wysocki

Selkirk MLA Alan Lagimodiere visited both the East Selkirk Water Plant and the Selkirk Water Treatment Plant last Tuesday to announce the province's investment in four projects within the Selkirk constituency.

Joined by St. Clements Mayor Debbie Fiebelkorn and Selkirk Mayor Larry Johannson, Lagimodiere annouced a \$3.7-million investment in street and water treatment improvement projects.

"Our communities depend on infrastructure projects to maintain safe and timely access to, from and within their respective boundaries," Lagimodiere said, adding "Wastewater treat-



ment is a responsibility that we've taken on to mitigate the artificial eutrophication of Lake Winnipeg."

The grant will fund two projects within the RM of St. Clements and two projects in the City of Selkirk.

St. Clements residents can expect to see road construction on Donald Road, Ferry Road and McKay Road and an upgrade to the East Selkirk Water Plant.

"We currently service roughly 275 households but we can service up to 1,000, which the upgrade will allow us to do," said St. Clements CAO DJ Sigmundson.

Selkirk residents can expect to see

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street construction on McLean Avenue, Pacific Avenue and Sophia Street and wastewater system upgrades to the Selkirk Water Treatment Plant.

"We're pleased to partner up and have the PC Government contribute to us. Infrastructure was one of the top items on our agenda and we've made sure that we've set out to do what we wanted to," Johannson said.

The wastewater upgrades will also allow Selkirk to service more residents, which Johannson says could be a solution for St. Andrews residents who are opposed to connecting to the City of Winnipeg.

"We've met and our CAOs have met

and we would definitely be able to handle more residents ... this plant will be state of the art and we're so proud of it," Johannson added.

The investments in the Selkirk constituency are part of a new five-year capital funding plan from the Manitoba Water Services Board that will invest a total of \$33,650,000 in water and wastewater infrastructure across Manitoba.



Selkink Record





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When you need all hands on deck

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Hi anglers and fishers.

> ARNIE WEIDL

Early last week while driving under the Selkirk blue bridge along the Red River road I saw an SUV parked by a fishing trail to the riverbank.

I pulled up behind it and stepping out sensed the musty smell and lapping wave sounds down on the river mud flats. There, an average sized guy, thin, with a dark brown beard tended his fishing rod. Music played from a radio sitting on a fallen tree. My voice echoed under the bridge as I asked how the fishing was. Our new friend, Dan Slattery, shook his head sideways saying, "my dad's further down maybe he caught something."

We threaded through bush to a chap looking much like Dan reeling his line in. We shook hands and began swapping fishing stories. Dan remembered a time when he caught a master walleye in this area and while he was trying to land it three conservation officers came by. The officers stood by as spectators as Dan played the fish but when he got it close to shore it got stuck between some rocks.

Without hesitation one of the officers went into the water, grabbing Dan's line, angling it so he could land the fish. Good job guys!

That afternoon I ran over to Pine Falls and visited with anglers on the pier. A chap by the name of Antonio Sousa of Winnipeg was the only lucky one that day and held his catch up for us to admire. Days later, after trying unsuccessfully to find us a fishing story on the Hecla pier, I dropped into the General Store for a drink finding Keye Dziad a tall, thin, dark haired, fine featured young lad behind the counter.

Keye recalled a time when he was very young an older family friend took him to the pier to fish and he caught a huge pickerel. It just went nuts twisting and rolling wrapping the line around its tail. Keye struggled not let-



RECORD PHOTO BY ARNIE WEIDL Antonio Sousa of Winnipeg holds up his catch at Pine Falls.

ting anyone help him and landed that pickerel on the pier tail first.

About a month ago I met this great big wonderful Winnipeg guy, Eugene Emery, who spoke about an unusual story. Eugene, his friend (let's call him Bert) and four other guys went musky fishing in a seldom fished pothole lake Bert knew of east of Big Whiteshell. Bert was kind of wild so Eugene was only slightly surprised when Bert, at a certain point, drove the old crew cab

truck they were in off the gravel road, through a ditch and into the bush knocking down small poplar trees every which way.

Éventually Bert hit a tree he couldn't drive over so he told the guys to get out and start making a slash trail to the lake. They did, hacking for two miles, listening over their shoulders for Bert because Bert, without notice, every so often, would come charging up to them causing them to scatter.

Finally sweating and beat up the guys made it to the lake. Bert got out of the truck pointing to a boat that had been lying there for a few years and casually said, "you guys get the tools from the box of the truck we have to rebuild the back of the boat it got torn off the last time I was here!"

They stood there gawking fantasizing ways to harm him. Without much choice they rebuilt the back of the boat, put the gear in it, mounted a motor and off they went onto the cool, clear water. Now this was a lake full of humongous musky and strange yet funny things can happen around musky which Eugene pointed out to the crew," Don't hang your hand over the side of the boat just above the water, he cautioned," or it might become musky lunch. When you're landing a musky don't be surprised if they come right at you diving then jumping right into the boat." As the sun journeyed westward the crews' legs got tired from bracing against the boat as they caught and released muskys. Eugene had one more little surprise for the boys. He waited till they were taking a lunch break and the boat was still. When he saw what he was looking for he nudged the angler closest to him and jerked his eyes toward the water. There, around the boat were giant muskys looking up at them! They do that!

So-long for now gang.

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Art, music festival marks Canada 150



RECORD PHOTO BY BRETT MITCHELL

Don Swidinsky, Lois Taylor and mascot Mary of the band Kaleidoscope perform during the Ponemah Beach Central's Evening of Art and Music in Dunnottar as part of the village's Canada 150 celebrations last Friday.

Dunk tank a hit on free root beer day



RECORD PHOTO BY BRETT MITCHELL

While Selkirk's A&W location was busy serving up free root beer on Free Root Beer Day, the local restaurant's owner Grahme MacFarlane, was dropped into the dunk tank by the precision arm of Levi Galashan on July 22. The event helped raise funds for MS. A second event will be held on Wednesday, Aug. 16 with the Bowman Brothers returning for an encore performance. A&W's Official MS Day will also return on Thursday, Aug. 24.



RCMP remind WSP residents to lock their doors Street said unlocked vehicles are be-

East St. Paul and West St. Paul RCMP are reminding residents to lock up their homes and vehicles in the wake of a rise in theft in the area.

East St. Paul RCMP liaison Cst. Keisha Street said vehicle entry and theft in the area appears to be on the rise.

Thieves have been targeting the Rivercrest and River Springs areas, but Street warns these types of break-ins can occur anywhere and all residents should take proper precautions. Street said unlocked vehicles are being rummaged through with thieves looking for valuables, anything from spare change to more substantial property that can be pawned off for cash. The RCMP is asking anyone who sees any suspicious activity to contact them directly.

East St. Paul RCMP 24-hour phone number is 204-668-8322 and in emergency situations, dial 911.

For crime prevention tips, visit the COPP link at weststpaul.com.



Help kids get ready for fall sports season

FALL & WINTER ACTIVITIES & egistration section

Summer is a season of relaxation, especially for school-aged children who are not yet old enough to work. Such youngsters no doubt enjoy the chance to spend summer days lounging poolside or at the beach, all without a care in the world or any homework to complete.

Though summer is synonymous with R&R, parents of young athletes who hope to compete in scholastic athletics when the school year begins in autumn may need to take steps to ensure their kids aren't at risk of injury once the curtain comes up on fall sports season.

· Examine and replace equipment if necessary. The right equipment can protect kids from injury and help them realize their full athletic potential. But damaged or outdated equipment can increase kids' risk of injury. Examine kids' equipment long before fall sports season begins so you have time to bargain hunt should anything need to be replaced.

Schedule a physical for your child. Many school districts mandate that athletes receive and pass physicals before they can compete. Speak with the athletic director at your child's school to learn the guidelines that govern athletic physicals. The physical will need to be conducted by a predetermined date, but you may also need the physical to be conducted after a certain date for it to be considered valid. Speak with your child's physician if any problems are found during the physical.

· Let kids heal. Kids' schedules are busier than ever before, and many youngsters play several sports during the school year. Summer vacation may be the only extended period all year that youngsters' bodies get to heal. While it's important that kids stay physically active throughout the summer, make sure they don't overdo it, as you should emphasize the importance of rest.

· Gradually get back in the swing of things. While rest gives kids' bodies a chance to heal and develop, it's important that young athletes stay in shape over the summer. As the fall sports season draws near, help kids gradually get back in the swing of



things. Tryouts tend to be physically demanding, so kids who have not lifted a finger all summer may be at risk of injury or missing the cut. Let kids ease back into regular exercise to make sure they are not starting from scratch come their first tryout.

· Speak with coaches. Coaches can be great assets to parents who want to make sure their youngsters enjoy the summer without sacrificing their chances of making the team in the fall. Speak with kids' coaches to determine if there is any area your son or daugh-

ter can work on over the summer to improve his or her chances of making the team. Make sure kids are the ones leading the charge to improve their games; otherwise, they may feel pressured into doing so and that can take away the fun of playing sports.

Scholastic athletes should take advantage of the opportunity to relax and recover that summer presents. But athletes who hope to compete in the fall can still work with their parents to ensure they're ready once the school year and sports season begins.



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How to help children make new friends

Students learn lessons each day. While many of these lessons pertain to their coursework, kids pick up much more than book smarts from school, where kids first learn to cultivate friendships and build lasting relationships.

In addition to a new curriculum, new teachers and new schedules, kids also might make new friends once a school year begins. While some familiar faces carry through from grade to grade, chances are youngsters will meet new students who will soon become good friends. While many kids find it easy to make new friends, others might need some assistance so they can make the most of opportunities to socialize and form friendships that might last a lifetime.

* Offer opportunities for socialization. Children should be given the opportunity to explore friendships outside of the classroom where peer pressure might not be so prevalent. Establish a carpool or invite a classmate over for a play date. Unstructured time to play or get to know each other is a great way to establish friendships. Invite new children over each time to see which friendships are the strongest, but make sure you are not pushing a friendship on your child.

* Discover common interests. One of the quickest ways to build friendships is through common interests, says Kirk Martin, a behavioral therapist and author. Encourage your child to join a club or sports group where he or she can meet other kids with similar interests. Sometimes finding reasons to talk other children is the most difficult step to making new friends. Sharing a common interest removes this barrier.

* Teach proper manners. Children who are polite, well-mannered and know how to follow direction are better equipped to attract friends. Children who misbehave may be shunned by other kids and their parents who do not want the hassle of an unruly youngster coming over to play. Respectful children who are honest, trustworthy and capable of sustaining eye contact and making small talk may find it easy to make friends.

* Take the friendship lead. As parents, you can improve your child's chances of making friends by getting friendly with their classmates' parents. You do not have to become bosom buddies with everyone, but making connections with fellow parents can reinforce the value of friendship to your children. Socializing as families also presents other opportunities to get together and solidify relationships.

* Boost confidence levels. As a parent you can talk to your children about their strengths and positive attributes. Emphasizing kids' best traits will increase their self-esteem, and that sense of self-worth can make it easier for them to make friends. A child who is shy and insecure may re-





treat when meeting new people, but a child who can proudly stand behind his or her accomplishments may attract friends easily. School is about more than just hitting the books. It's also a prime opportunity for kids to develop their personal skills and make new friends.

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In 2016, Selkirk received an overall score of 82% resulting in FIVE blooms. Communities in Bloom judges evaluated Selkirk on July 20, 2017 and one area we focused on in the six categories was Heritage Conservation.



EVALUATION CRITERIA – HERITAGE CONSERVATION Heritage conservation includes efforts to preserve natural heritage within the community with focus on the integration of landscape and streetscapes in built heritage: preservation of natural heritage pertaining to monuments, memorials, artifacts, museums and history, archives, traditions, customs, festivals and celebrations in relation to parks and green spaces in the community. The participation of groups such as historical societies and conservation groups are considered.

Stuart House was one of the highlights of the 2017 Judges Tour.



If you would like to vote for a Yard of the Week or a Commercial Property of the Week please visit the Customer Service counter at Home Hardware Selkirk and fill out a ballot.

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Selkirk girl captures Junior Photo Contest win



RECORD PHOTO BY LINDSEY ENNS

Nine-year-old Kayla Walker of Selkirk stands next to the three Junior Photo Contest winning pictures she took at the Gwen Fox Gallery last Wednesday afternoon. The pictures are on display at the Selkirk gallery until the end of August.

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By Lindsey Enns

For nine-year-old Kayla Walker of Selkirk, much of her summer so far has been spent taking photographs.

So when her mother came across an ad for a Junior Photo Contest in the *Selkirk Record*, she knew she wanted to submit her best shots.

"It's fun and they look nice," Walker said with a smile when asked what she likes most about taking pictures.

The contest, which was a Selkirk Communities in Bloom initiative and sponsored by the City of Selkirk, the *Record*, the Gwen Fox Gallery and Selkirk Home Hardware, asked youth ages 12 and under to submit photos taken in Selkirk or surrounding areas showing why they love Canada in honour of Canada's 150th.

More than 40 photos were entered into the contest and photographers with the Gwen Fox Gallery selected the winning shots. Three of Walker's pictures just happened to come out on top and are now on display all this month at the Selkirk gallery.

Walker's photograph of a sign commemorating Canada 150 located at Portage and Main in Winnipeg took first place, her picture of a farmer's field came in second and a colourful

flower she captured in her backyard got third.

Six-year-old Hailey's picture of a sparkly soccer ball featuring a Canadian flag was also given an honourable mention and is on display at the gallery all this month.

Walker said she encourages other children her age to pick up a camera and give photography a try.

"I just like doing photography," she said. "It's beautiful."

New Selkirk sandwich shop serves up a taste of home

By Maggie Wysocki

Working in the restaurant industry has come full circle for Jorge Sousa and Leslie Whitney, the new owners of the custom sandwich shop, J & L Eatery.

"I worked my first job in this building and then worked with Jorge here years later when it was Subway," Whitney said, referring to the location on Main Street that now houses the co-owners' new restaurant.

"I think everything happens for a reason ... us meeting at Subway all those years back is one of those things," she added.

It was back in 2013 when Sousa and Whitney first met. Living in St. Clements, Whitney had worked at several restaurants and was well-known in Selkirk. But for Sousa, a Winnipeg resident, Subway was his first managerial job in town and he was amazed how Whitney connected with every customer who walked through the door.

"I thought she was crazy and she was always running in circles. But she's very good with people, very flamboyant ... I knew I needed someone like her as a business partner," Sousa said. "Jorge came in and he was funny



RECORD PHOTOS BY MAGGIE WYSOCKI

After opening their doors on July 27, owners of J & L Eatery, Jorge Sousa and Leslie Whitney say business is already booming and that their gyro is one of their best sellers.

and we hit it off,"Whitney added.

They both agree that it was quickly decided they would open a restaurant together one day.

They began dreaming of menus, locations and names for their business. Originally they had imagined opening a barbecue restaurant but settled on custom sandwiches instead.

"This is the third edit of this menu," laughs Jorge. "We wanted to offer people something you couldn't get anywhere else in Selkirk."

The menu they settled on offers

sandwiches, soups, wraps, salads, all-day breakfast and baked goodies. Everything is made in-house and customers have already declared some items"the best in town," says Whitney. "We've been selling out of the reuben and we're the only place in Selkirk that sells a gyro," she says.

A few of their other favourites include a two cheese bacon melt, the breakfast sandwich with hollandaise sauce and the monster marinara meatball sub.

With more than 50 years of restaurant experience between them, the co-owers have big dreams for the future of J & L Eatery.

"We want it to feel like you're eating in our homes ... very comfortable and relaxed, like you know us personally," said Whitney.

"We're looking at getting a liquor license and having a patio so this can be a place people just come and hang out," added Sousa.

The duo also plans on offering catering services and creating an app where customers can easily order for dine-in or take-out.

J & L Eatery is located at 176 Main Street and is open Monday to Saturday from 7 a.m. to 8:30 p.m.



Sunday August 20th, 2017

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By Harry Siemens

The topic of the Port of Churchill came up on Twitter and raised a tweet storm that involved former ag minister Gerry Ritz, now the international trade critic in opposition.

Since Gerry knows more about it than I do by a long shot, I asked him to set the record straight for me:

"There's a lot of misinformation out there that just doesn't seem to get through to people. We [Harper's Conservative government] had come forward with a package for Churchill as part of our northern strategy," he explained, "noting that the port needed upgrades, the rail line, of course, required to be brought up to heavier standards so that they could move product.

"Over the years, the CWB had a subsidy for any product moving north through Churchill. We continued that for five years, and that was going to run right through to the end of the 2017 crop year. But two, three years ago, it all dried up to the point where they weren't even shipping average tonnage anymore. I think the one year, it was less than 200,000 tons, simply because the rail line had been let go to the point where they couldn't even run trains on it economically."

Ritz said the package their government

put forward addressed both the airline capacity in Churchill — a \$14-million package they used to increase their capacity — and a \$32-million package for the rail line and port, which Omnitrax was supposed to match. The provincial government was also going to chip in, bringing the pool to close to \$100 million.

Ritz on Churchill and trade

It never happened, though. There was a contract, of course, but it's unenforceable: when a company hasn't taken the money, there's nothing to enforce.

"Having said that, it's unfortunate to see it go back as it has," said Ritz. "But in the meantime that Churchill was stagnating, the capacity of every other port and freight logistics line in Canada was upgrading to the point where the capacity is there to handle it, and that is unfortunate for the long-term value of Churchill."

So, really, at this point, it looks pretty bleak, doesn't it, as far as the railroad and the port?

"Well, Î've seen numbers as high as a quarter of a billion dollars to bring the rail line up to some capacity," said Ritz. "The problem always has been with Churchill is the backhaul. The railways don't want to run empty one way ... having said that, they don't have container capacity up at the port," he said. "I know they talked about shipping oil, but, again, the rail line would take that type of construction, those kinds of dollars, and then you'd have actually to have a capacity at the port to handle oil. One of the things that Churchill never did take seriously was they had to become a push port as opposed to pull. What that means is they needed to double their capacity, so they get it up there while everything's frozen through the winter and then load the boats and out they go.

"They've got about 250,000 ton of storage, as I understand it, and they should have doubled that, and they could have started then handling fertilizers and so on, maybe on a backhaul, but they never did put the money into it."

On the topic of trade, Ritz said the feds have a new start-up date, Sept. 21, for Canadian European Trade Agreement CETA. Nintey-eight per cent of what they negotiated will come into effect that day. There's still some work that needs doing at the state level in Europe, and, of course, all the provinces in Canada too, but it's done and locked and loaded as the Harper government had done it, except some of the required adjudications.

NAFTA, meanwhile, is under the gun right now. They're putting together a

huge team of people.

"My concern there is too many cooks spoil the stew sometimes, and it's who has the authority or the responsibility actually to do anything," said Ritz. "It encourages me that they've announced Steve Verheul as the lead negotiator. Steve, bar none, the best in the world. He will get the job done for us, but he needs a mandate actually to make that happen, and there are some concerns and will be continuing to hold hearings at the International Trade Committee to make sure they have the capacity to do the job they're asked to do."

Ritz said the lack of movement on TPP disgusts him when they had completed it and signed in principle. All they had to do was continue to move forward with ratification.

"With the Americans pulling back, it's even more important that Canada takes that on," he said. "It gives you a huge bargaining chip in dealing with them on NAFTA when you have access to that Pacific rim.

"Diversity in your trade portfolios is important as diversity in your stock portfolio. I can't understand why they're pulling back on that. The lead negotiator for TPP, Kirsten Hillman, has now been named as a deputy ambassador with NAFTA tasks in Washington. They're pulling all the people out and not moving forward."



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Brewery toasts to Lake Friendly's no water no beer campaign

By Jessica Worb

While you're sipping on an ice cold beer this summer, Lake Friendly wants to remind you that without clean water there wouldn't be any beer to drink.

"Often when we think about the health of our water, we think just about Lake Winnipeg," explained Colleen Sklar, Lake Friendly executive director. "We really have to start to understand that this is more than recreation and beaches, it is about our economy."

Lake Friendly, which was an initiative created in 2009 by the leaders of the South Basin of Lake Winnipeg in response to the deteriorating water quality, aims to create awareness about the issues facing Lake Winnipeg and other fresh water lakes around the globe.

"We all relate to water and it's our job to protect it," stated Sklar.

As a part of their new #nowaternobeer campaign, Lake Friendly created thousands of coasters in hopes it will create conversations both in person and on social media.

Brazen Hall, a new kitchen and brewery located in Winnipeg, is one

Manitoba marks 30 years of 4-H student exchange programsubmittedpeople from both countries to become

The Manitoba government and Manitoba 4-H Council have welcomed 19 Japanese students and their chaperones to learn about agriculture and local culture through an exchange program that has created opportunities for international education for 30 years.

"We are proud to be a part of this long-standing opportunity for young



RECORD PHOTO BY JESSICA WORB

Kristján Kristjánsson, pictured left, and Jeremy Wells, pictured right, of Brazen Hall, a new kitchen and brewery in Winnipeg, is one of the 150 locations on board with Lake Friendly's No Water No beer campaign.

of the 150 restaurants participating in the campaign. Brazen Hall has eight original beers on tap, which means they use copious amounts of water to brew their beers.

"When you look at beer it's 95 per cent water, so it's a big part of it," explained Jeremy Wells, head brewer at Brazen Hall. "Most breweries use anywhere between two to three vol-

people from both countries to become better global citizens and to extend Manitoba's special brand of hospitality to visiting students," said Agriculture Minister Ralph Eichler.

The Manitoba government and Manitoba 4-H Council also provide financial and organizational support to the homestay program. For more information about 4-H, visit 4h.mb.ca. umes of water for every one volume of beer, which means it takes two to three times more water to make just one bit of beer."



Kristján Kristjánsson, Brazen Hall owner and Lockport area resident, says that being environmentally cautious is crucial to their business. They have stopped using straws because of the impact they have on the lake and fish, and they also use LED energy efficient lighting. Those are only two of the many other initiatives they have taken on.

"We are always looking to add recycling elements to our business," said Kristjánsson. "For me, I look at our lakes and I ask myself, what is it going to be like in the future for my kids and future generations?"

Those interested in more information can visit Lakefriendly.ca.



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East St. Paul receives \$225K road improvement grant

By Maggie Wysocki

Only a week after St. Paul MLA Ron Schuler announced East St. Paul would receive thousands in Dutch elm disease funding, he came back to share more good news with the community.

"Every year, the RM of East St. Paul invests in road renewal projects. This very generous \$225,000 road improvement grant will go a long way towards helping us maintain our roadways," Schuler said during the announcement held at the East St. Paul Farmer's Market grounds last Thursday.

The \$225,000 will be used for two projects: asphalt reconstruction on Old Orchard Road and a corridor road project on Raleigh Street.

The funding comes from the Municipal Road Improvement Program partnership with the Association of Manitoba Municipalities and provides 50/50 cost-shared funding for municipal road projects in the program. The investment is part of a \$12 million project for municipal road improvements across Manitoba.

"We never lose sight of the fact that this isn't our money being presented. People are paying taxes and they want some thing of value to come out of it ... this is one of those things," Schuler said.

East St. Paul continues to change and for the better, he added, making specific mention of how "dynamic" the community has become in recent years.

"Municipal infrastructure is a challenge facing every Canadian municipality whether it be roads, sewer or water," said East St. Paul Mayor Shelley Hart. "We're really focusing on giving our community a little tender love and care ... we haven't always displayed that on the ground level.

"This grant will help as we can increase the amount of road work we can do."



Province seeks input on pot legalization options, opinions

Staff

The province has issued an expression of interest (EOI) to determine options and possible participants in the new cannabis industry.

"In anticipation of the legalization of cannabis, we have taken a proactive approach to addressing our primary concern, which is the health and safety of Manitobans," Justice Minister Heather Stefanson stated in a release last Thursday. "In addition to this focus, we also recognize there are many questions to be answered regarding distribution, regulation and quality control."

Stefanson added the purpose of the EOI is to determine market place interest and capability to provide, full or in part, services for the production, distribution and retail of cannabis that will meet the needs and standards of the cannabis industry in Manitoba.

She said the EOI will seek input from respondents on their understanding of the requirements of the Manitoba cannabis industry, a detailed work plan to fulfil those requirements, proposed costs, commitment to corporate responsibility, economic benefits, method of age verification, status as, or relationship, to a company holding a Health Canada Cannabis Production License and details of any additional services they may provide.

"The federal government has been clear in its intention to legalize cannabis by July 1, 2018," added Stefanson.

The EOI is now live on the online Canadian public tendering service, merx.com.

Deadline for submissions is Sept. 8.



For more information visit www.stonewallquarrydays.ca • Only 15 minutes North of Winnipeg • Off Hwy #7 or Hwy #236

Manitoba settles for silver on baseball diamond

Staff

Team Manitoba settled for silver on the ball diamond after a 3-1 upset loss to Saskatchewan during the Canada Summer Games' championship game Friday evening at Shaw Park in Winnipeg.

Manitoba scored its only run in the sixth inning to trail 2-1 but then gave up another run in the seventh.

It was Manitoba's only loss at the Games.

Manitoba, whose roster included East St. Paul's Darnell Wyke, earned a berth into the final after a thrilling 1-0 semifinal win over Alberta in front of a raucous crowd at Shaw Park last Thursday.

Alberta later won the bronze after downing Ontario 5-1.

St. Clements' Rachael McLeod, meanwhile, also had a medal moment as she teamed up with Manitoba's Tegan Turner, Tayo Babalola, and Brianna Tynes to win the bronze in the 4X100-metre relay last Thursday.

Staying on the track, St. Andrews' Tristan Allen and Team Manitoba placed fourth in the men's 4X400m relay. Manitoba finished in a time of 3:15.19, behind only B.C., Alberta and Saskatchewan.

In men's basketball, Manitoba wrapped up play with a dominating 103-72 win over Nova Scotia to finish fifth overall.

East Selkirk's Marcus Foreman scored 10 points, added five rebounds, and had a pair of blocked shots in just over 19 minutes of floor time.

On Aug. 2 Manitoba slipped past Saskatchewan for a 91-85 overtime win. The day previous, Manitoba lost 87-66 to Alberta in a quarter-final game.

Meanwhile in women's soccer, Manitoba was blanked 3-0 by B.C. in their



final game last Thursday to place sixth overall.

After opening the Games with a 3-2 win over New Brunswick, Manitoba tied Nova Scotia 2-2 before losing 2-0 to Alberta.

Manitoba then rebounded to edge Saskatchewan 2-1. Local players featured Emerson Kidd, Taylor Sousa and Drew Kennedy.

Team Manitoba was looking to add to its impressive total of 18 medals earned in Week One when competition resumed this past Monday. That ranked Manitoba sixth among provinces and territories.

There are nine sports on tap for Week Two, with Team Manitoba athletes beginning competition in canoe kayak, female softball, swimming, tennis, and indoor volleyball on Mondav.

Medals will be awarded on the first day of Week Two competition in both swimming and canoe kayak. Golf, male soccer, and cycling events began on Tuesday and then wrestling started its schedule with competition on



RECORD PHOTO COURTESY TEAM MANITOBA/TWITTER East St. Paul's Darnell Wyke slides safely into third base during Canada Summer Games action.



RECORD PHOTO BY KEN ALLEN St. Andrews' Tristan Allen (front) and Team Manitoba placed fourth in the men's 4X400m relay.

Wednesday.

The final day of Canada Summer Games competition is this Sunday

with closing ceremonies to follow that day at 2 p.m. at Investors Group Field.

Strike Force remains winless in MMSL soccer action

Staff

Another game, another tough loss for the Tri-S Strike Force men's soccer team.

Tri-S remained winless on the season after a 3-1 home loss to Elmwood FC in a MMSL 5th Division game last Thursday at the Selkirk Rec Complex.

Jordan Bekkering scored the Strike

Force's lone goal.

With the loss, Tri-S occupies last place in the 10-team division with an 0-12-1 record.

Tri-S will play Matix FC tonight (7:15 p.m.) at Buhler Recreation Park Field 2 in Winnipeg. The Strike Force will then battle Carmania SC in Carman on Aug. 19 before hosting Stonewall

United on Aug. 27 (6 p.m.).

Tri-S will wrap up its regular season Sept. 24 at 1 p.m. when it plays Liberty FC at Buhler.

Selkirk FC, meanwhile, did not play last week and will resume MMSL 2nd Division action this Monday when it hosts Lions FC at 6:45 p.m. at the Selkirk Recreation Complex Field 1.

Selkirk (5-5) will then conclude play this month with a home game against the Kildonan Athletic Club on Aug. 20. Game time is set for 6:30 p.m.

Selkirk will then wrap up its regular season with a pair of games in late September.

PeeWee Pirates crowned provincial champs

By Brian Bowman

The North Winnipeg Pirates are the 13U"AAA" provincial champions.

North Winnipeg continued its tremendous season this past weekend by claiming the provincial title after a 6-2 win over Carillon on Sunday in St. James.

So, what's it like to be the best in the province?

"From my side, it's pretty stressful," laughed Pirates' head coach Ken Allen. "But from the players' side, it was a blast. There were smiles on their faces and pure excitement from the way that they played. It was exhilarating, to say the least."

The Pirates were very confident heading into that championship game. Carillon's stout defence, said Allen, kept the game close.

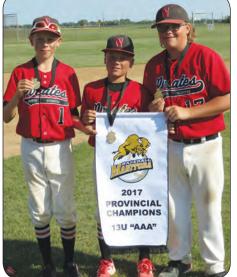
"As it played out, we still had one of our top pitchers left," Allen noted. "We were fairly confident that if our offence and (defence) could step up the way that they had all weekend, that we could be a contender right through to the end.

"The guys battled through and never gave up."

North Winnipeg earned a berth into the finals after a hard-fought 4-2 victory over South Central earlier Sunday.

The game featured some great pitching and stellar defence from both sides. The winner of this game earned a spot into westerns while the loser, unfortunately, went home.

"They played extremely well," Allen stressed."We had faced South Central in two tournaments already and we had some exhibition games against



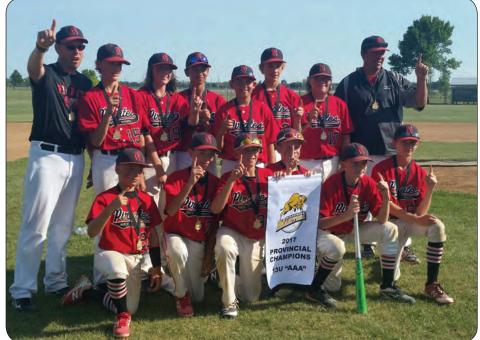
Keenan Allen, Colson Smith and Rylan Sliworsky, all of St. Andrews, will be heading to the westerns to represent Manitoba Aug. 18-20.

them, so we had a pretty good idea of what calibre of players that they had. They have some big kids, strong kids, they have a good team."

North Winnipeg started provincial action Friday with convincing wins over Brandon (16-6) and Parkland (19-2). But a tight 7-6 loss to Carillon forced the Pirates in a must-win situation in their final round-robin game against St. James on Saturday evening.

The Pirates came through when they needed to, outscoring the A's 12-8.

"The loss to Carillon automatically put Carillon into (the playoffs) from our pool," Allen noted. "Had we lost to St. James, we both would have been 2-2 and they would have had the head-to-head advantage and they would have been in."



RECORD PHOTOS BY KEN ALLEN AND LANA MEIER

North Winnipeg Pirates 13U 'AAA' provincial champs, front row, left to right: Colson Smith, Bryce Raven, Nixon Carriere, Keenan Allen, Charlie Launder, Garnet Verhaeghe; back row, Ken Allen (coach), Luke Gard, Easton Toews, Noah Contreras, Paolo Giannico, Jack Gard, Rylan Sliworsky, and Keith Carriere (coach).

North Winnipeg led the game by a large margin in the bottom of the seventh inning but St. James made things interesting by loading the bases with one out and the tying run at the plate.

The Pirates clinched the win, however, with an impressive game-ending double play.

"That game was stressful," Allen admitted. "I think I have a few more grey hairs than I had a week ago. It was pure excitement."

Both North Winnipeg and Carillon now advance to the westerns in Spruce Grove, Alta. from Aug. 18-20. Both teams should be very competitive against the top "AAA" PeeWee teams in western Canada.

"It's going to be a great time for the kids," Allen said. "The teams from the other provinces are not going to be easy. They are going to have some big kids and some strong kids.

"We certainly want to be competitive when we're there but, at the same time, we want these kids to walk away with the stories and experience that they had a great time prolonging their season."



Rylan Sliworsky

St. James earns all

A's in MJBL final

Colson Smith

Staff For the first time since 1989, the St. James A's have been crowned the Manitoba Junior Baseball League champions.

St. James swept the Elmwood Giants 3-0 in their best-of-five final last week. The A's clinched

Keenan Allen

the sweep with a 6-2 win on Aug. 2.

St. James started the series with a 6-3 victory – scoring five runs in the sixth inning – and then cruised to a 9-2 win in Game 2.

The Giants' roster includes local players Brett Boudreau, Adam Nocita, and Kyle Pososky.

Hoydalo outstanding at junior golf nationals

By Brian Bowman

The third time was certainly the charm for Wesley Hoydalo at the Canadian Junior Men's Championship.

The talented Selkirk product was outstanding all week in his third appearance at the junior nationals as he finished 14th overall last week in Kingston, Ont.

"Overall, I had the one mediocre round, the 75, but other than that, my ball striking was the best that it's ever been this year," said Hoydalo Friday evening after playing a round of golf at Elmhurst."It's been really good."

Hoydalo carded rounds of 72, 75, 68 and 69 for a 4-over 284 total to finish as the top Manitoban. He was 13 strokes behind the tournament's top finisher, Fredericton's Calvin Ross.

"I wasn't expecting to go top 14," Hoydalo admitted. "But my last two rounds were really good. I finally started to make a lot of birdies."

Hoydalo felt that Kingston's Cataraqui Golf & Country Club's course matched his game.

"The layout actually suited my game," he said. "There were a lot of

doglegs to the right, which played for my fade. The greens were all mostly flat and they were very quick. My putting was really good – I had a lot of putts within seven feet that were dropping, which was really nice."

Hoydalo was joined on Team Manitoba by Ryan MacMillan and Anthony Leight at this year's junior nationals. As a team, Manitoba tied for seventh overall along with Newfoundland & Labrador and Nova Scotia.

Hoydalo was clearly Manitoba's best player last week.

"I had more experience over the Manitoba guys," Hoydalo said. "I have an extra year. When I was 15, I was down there (competing at junior nationals) for the experience. I didn't make the cut, but I was the only Manitoban to make the cut last year and this year."

The 17 year old Hoydalo still has another year of junior eligibility left and he should be chalked full of confidence as he gets ready for his first collegiate season at Wayland Baptist University in Plainview, Texas.

He leaves for the Lone Star State on



RECORD PHOTO COURSTESY OF GOLF MANITOBA

Selkirk's Wesley Hoydalo finished 14th overall at the Canadian Junior Men's Golf Championship in Kingston, Ont. last week.

Aug. 18 and hopes he continues to improve on the golf course.

"Showing that I can play with these top juniors in the country, tells me that anything is possible," he said. "I can maybe move on to a real good college in a year or two (if I play well)."

Poponick signs with University of Detroit Mercy women's golf team

Staff

McKyla Poponick will be taking her golfing talents to the state of Michigan this fall.

The University of Detroit Mercy women's golf team recently announced the signing of Selkirk's Poponick, a junior college transfer.

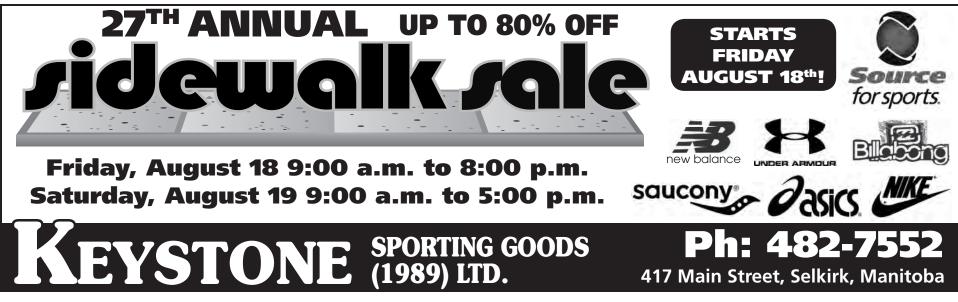
"I am very happy to add someone like McKyla to the team this late in the summer," said Titans' coach Teri-Anthony Ryan on the school's website. "She is a hard worker who has improved her game a lot and I look forward to seeing her develop even more." Poponick, a former Selkirk Royal, heads to the Motor City from Seminole State College in Oklahoma, where she earned First Team NJCAA All-Academic honours this past year and superior academic achievement in both seasons.

On the golf course, she finished runner-up at the 2016 CBC Invitational and was third at the 2017 South Padre Intercollegiate. Prior to that, Poponick was a three-time MVP in golf and claimed the Manitoba junior girls' championship, was second at the women's junior championship, and 14th at the CN Future Links Prairie Championship in 2014.

RECORD PHOTO SUBMITTED

Selkirk's McKyla Poponick will be going to school and playing golf at the University of Detroit Mercy this fall.





Bantam Pirates advance to western baseball championship

By Brian Bowman

The Interlake Orioles were just three outs away from reaching the 15U "AAA" baseball provincial final.

But those three outs proved to be very tough to get.

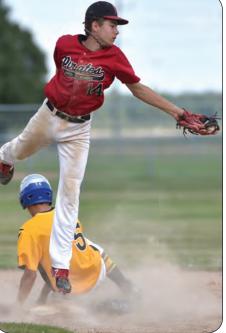
The North Winnipeg Pirates scored three runs in the top of the seventh inning to secure a wild 6-4 comeback win over the Orioles in the provincial semifinals Sunday in Morden.

With that victory, the Pirates advanced to the provincial final where they later lost 8-4 to Winnipeg South.

Despite that championship loss, however, North Winnipeg will now continue its season at the westerns in Kamloops, B.C. while Winnipeg South will advance to the nationals in Summerside, P.E.I.

The Orioles had a couple of costly mistakes, said Orioles' head coach Ryan Fines, in the semifinal loss. North Winnipeg scored three runs in the top of the first inning and then added three more key runs in the seventh.

The Pirates began provincial action Friday with a 9-5 loss to Oildome and



The Pirates' Dylan Duguay leaps over Bonivital's Graham Hutchison-Campbell to catch an errant throw at second base.

then evened their record with a solid 5-1 triumph over Carillon.

On Saturday, North Winnipeg lost 12-8 to Bonivital before winning 8-5



Pirates' catcher Bennett Freiter attempts to tag Bonivital's Graham Hutchison-Campbell at home plate.

between the same two clubs, according to the league website.

Pirates' head coach Donnie Smith slated for Aug. 17-20.

was unavailable for comment at press time. The western championships are slated for Aug. 17-20.

MJHL to hold prospect camp in Grand Forks next May

Staff

The Manitoba Junior Hockey League and The Hockey Academy at Ralph Engelstad Arena have announced that the MJHL will hold a U.S. Prospects Camp in Grand Forks, N.D., next May 12-13.

Representatives from the league office and all 11 MJHL franchises will be on site to scout United States' hockey players with birthdates in 1999, 2000, 2001, and 2002.

All of the players will have the potential to play elite junior hockey in the Canadian Junior Hockey League

system.

"The 2018 MJHL Prospect Camp at Ralph Engelstad Arena will provide the next generation of American MJHL players with the knowledge and resources to be successful, both on and off the ice, an insight into what playing in the MJHL is all about, and the platform to showcase themselves to coaches and scouts from the MJHL clubs," said MJHL commissioner Kim Davis in a media release.

The 2018 MJHL Prospect Camp will focus on the skills that are necessary to be successful in the upper levels of

junior hockey and beyond, said a release.

The on-ice program will consist of practice and competitive-game sessions. The off-ice portion of the camp will cover elements related to athleticism and mental skills as well as identifying what is required to be a successful MJHL player.

"This is a great opportunity for some of our local hockey players to get exposure to a top Junior 'A' hockey league so they can continue their playing careers and, hopefully, make it to the next level," said Ryan Ladoucer, director of The Hockey Academy.

Most of the participants at the MJHL U.S. Prospect Camp will come from North Dakota and Minnesota but it is expected that a few players will come from other parts of the U.S. as well.

The 2018 U.S. Prospects Camp will be an invite-only event.

For more information about the 2018 MJHL U.S. Prospect Camp being held at Ralph Engelstad Arena, visit www. mjhlhockey.ca or www.ralphengelstadarena.com.

Locals lead Blizzard to another lacrosse championship

Staff

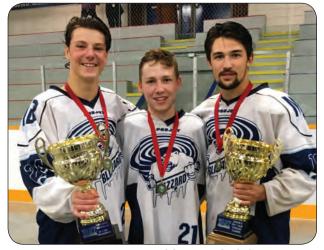
The Manitoba Blizzard captured their second straight Rocky Mountain Lacrosse League championship after an exciting 12-8 win over the Red Deer Rampage on Monday afternoon in Edmonton.

The Blizzard – whose roster includes local players Cole Wasnie and Kaden Kotowich and Stonewall's Seth Mandryk – trailed 3-1 early in the second period.

But Manitoba roared back to score eight goals in

the middle frame to lead 9-5 after two periods. Manitoba began the RMLL championship with a thrilling 10-9 double overtime victory over the Calgary Chill. The Blizzard then lost 11-9 to Red Deer before wrapping up their round robin with a convincing 15-5 win over the Edmonton Warriors. Manitoba then crushed Calgary 13-2 in a semifinal game Sunday.

Manitoba now advances to the 2017 Founders Cup which will be played in Saskatoon next week.



RECORD PHOTO SUBMITTED Seth Mandryk, far left, Cole Wasnie, middle, and Kaden Kotowich led the Manitoba Blizzard to their second consecutive RMLL championship.

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suite available at Tollak I Building. No smoking and no pets. Rent is \$1030/mo, for one bedroom and \$1,015/ mo, for 2 bedroom plus \$46 for parking. Inquires at 204-482-2751 or 204-485-0246 or tollakplace@ outlook.com

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,	SUDOKU									
	2		4		noode.				8	Fun By The Numbers
		9								Like puzzles? Then you'll love
			1		2	5				sudoku. This mind-bending
			9				8	1	7	puzzle will have you hooked from
	7			3						the moment you square off, so
								0		sharpen your

2

4

7

2

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine

3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each

row, column and box. Each number can appear only once in each row,

column and box. You can figure out the order in which the numbers will

appear by using the numeric clues already provided in the boxes. The

more numbers you name, the easier it gets to solve the puzzle!

6

7

9

G

Crossword Answer

9

L Z

8

G

6 2 3

F 8

L 6

3

8

Level: Interr

9

Here's How It Works:

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1 L

6 З 7 9 2

2 9 L Þ

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2

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6 2 8

8 9

G 6 F 9 7 З 2

Sudoku Answer

6

3

CLUES ACROSS

- 1. Would
- 7. Pitching stat
- 10. Wounded
- 12. Guitarist Clapton
- **13. Penalizes**
- 14. Female MMA fighter VanZant
- 15. Proverb
- 16. Urban gym
- 17. Midway between
- northeast and east
- 18. La Tar Pits
- 19. Go out to eat
- 21. Oral allergy syndrome
- 22. Where some are put
- 27. Spiral galaxy
- 28. Lethargic
- 33. Integrated circuit
- 34. Let your mind wander
- 36. Midway between north and northeast
- 37. Nomadic palace
- 38. Posted
- 39. Trouble
- 40. Wise
- 41. Make happy
- 44. Dog-__: worn or battered 45. One who fixes
- 48. Central European
- 49. Sleighs
- 50. Exponential time
- hypothesis
- 51. Puts within

CLUES DOWN

- 1. Typically noncoding molecules (abbr.)
- 2. Former Secretary of State 3. River in Belgium and
 - France

19 22

50

25 33 39 45 46 49 48

51

4. Unnilhexium

- 5. "Fall Guy" actor Majors
- 6. Tooth caregiver
- 7. Lucci character "Kane"
- 8. Latvian capital
- 9. Pet detective Ventura
- 10. Sporting dog
- 11. External genitals 12. "The Secret Room"
- novelist
- 14. Ancient wonder
- 17. Electronic data processing
- **18. Autocratic**
- 20. Defunct European
- organization 23. Removed flesh
- 24. Indicating silence
- 25. Commercial
- 26. Chap

- 29. Farm state
- **30. Chief research officer**
- 31. Poked holes in
- 32. Chutes and
- 35. What cows say
- 36. A desert in southern Israel
- 38. Isaac's mother
- 40. Sodium
- 41. Absence of effort

46. The longest division of

geological time

47. Public broadcaster

- 42. A way to articulate
- 43. Greek god of war 44. Midway between east and

southeast

45. Run batted in



Cast-Iron Skillet Pizza



Recipe courtesy of Chef Mary Ann Esposito Prep time: 10 minutes Cook time: 20 minutes Makes: Two 9- to 10-inch pizzas 1 pound store-bought pizza dough, at room temperature 1 ripe tomato, thinly sliced 1/4 pound fresh mozzarella cheese, diced coarse sea salt

2 tablespoons Filippo Berio Extra

Virgin Olive Oil 1/2 cup shredded fresh basil Heat well-oiled cast-iron or nonstick 10- or 12-inch frying pan over medium heat 5 minutes.

Divide dough in half; roll one half into round 1 inch smaller than diameter of pan. Cook dough in hot pan until dough begins to rise and bottom starts to brown. Using metal spatula, turn carefully. Layer half the tomato slices over dough; scatter half the mozzarella over top. Lower heat to medium-low; cook until mozzarella melts.

Using metal spatula, transfer pizza to cutting board. Sprinkle with salt; drizzle with half the

olive oil. Cut into wedges; sprinkle half the basil over top.

Repeat with remaining ingredients.

Blueberry Key Lime Cheesecake Bars



Recipe courtesy of Inside BruCrew Life blog

Prep time: 25 minutes Cook time: 45 minutes Servings: 24

- Nonstick cooking spray 30 vanilla cream-filled cookies
- 1/4cup butter, melted
- packages (8 ounces each) 3
- cream cheese, softened
- 3/4 cup sugar
- 3/4 cup sour cream
- 1/3cup key lime juice
- tablespoon key lime zest 1
- 1/4cup flour
- 3 eggs
- green gel food coloring (optional) can (21 ounces) Lucky Leaf Blueberry Pie Filling, divided

container (8 ounces) whipped topping, thawed

key lime slices (optional)

Place baking sheet on bottom rack of oven. Fill halfway with water. Heat oven to 325 F. Line 9-by-13-inch pan with foil and spray with nonstick spray.

Using food processor, pulse cookies until crumbly. Stir together crumbs and butter. Press evenly into bottom of prepared pan.

Beat cream cheese until creamy. Add sugar and sour cream, and beat again until smooth. Add key lime juice, zest and flour, and beat until mixed thoroughly. Add eggs, one at a time, and beat gently after each. Add green food coloring to cheesecake mixture, if desired.

Spread cheesecake batter evenly over crust in pan. Add 1 cup of blueberry pie filling over top of cheesecake. Use butter knife to gently swirl pie filling into cheesecake. Do not let knife go through to crust.

Place pan on oven rack above tray of water. Bake 45-48 minutes. Remove immediately and place on wire rack for 1 hour then place in refrigerator until completely chilled.

Cut into 24 squares and serve with whipped topping, remaining pie filling and key lime wedges.

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Zahtar Shrimp and Grape Kabobs



Servings: 6 2 tablespoons zahtar 1 clove garlic, minced 1 teaspoon chopped fresh thyme

2 tablespoons white balsamic vinegar

- 1 teaspoon honey
- 1/8 teaspoon sea salt

1/8 teaspoon pepper 2 tablespoons extra-virgin olive oil 36-40 large shrimp (about 2 pounds), shelled and deveined 1 cup whole green California grapes

1 cup whole red California grapes In medium bowl, combine zahtar, garlic, thyme, vinegar, honey, salt, pepper and olive oil. Whisk to combine. Add shrimp and toss to coat. Cover and refrigerate at least 30 minutes or up to 4 hours.

Thread shrimp and grapes onto skewers. Heat grill or grill pan to medium-high.

Grill skewers, turning once, until shrimp are lightly charred and cooked through and grapes are caramelized but firm, about 2-3 minutes per side.

Sparkling Hibiscus Tea with Grapes and Mint

Servings: 8

- 6 cups water, divided
- 1 tablespoon honey
- 6 hibiscus tea bags
- 2 cups green California grapes, divided
- 10 mint leaves
- 1 navel orange, sliced

ice 16 ounces sparkling water

Using tea kettle or saucepan, bring 3 cups water and honey to boil. Add tea bags, turn off heat and steep 6-8 minutes. Remove tea bags and allow remaining liquid to cool 15 minutes.

In martini shaker or bowl, muddle 1 cup grapes with mint leaves. Add muddled grape and mint mixture to 48-60 ounce pitcher along with remaining water and orange slices. Stir in hibiscus tea mixture. Refrigerate at least 30 minutes. Strain before serving.

To serve, add ice to 8-ounce glass. Top with 3-4 grapes, 2 ounces sparkling water and hibiscus tea mixture.









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Victor and Doreen Typliski Happy 63rd Anniversary 1954 - August 14, - 2017 Wishing you both much happiness. -Love from your children and grandchildren and great-granddaughter





Jeremy Wright August 12, 1976 - August 13, 2009 Days ago, Years ago, A lifetime too soon.

- Karen, Eric, Vic, Jaydamoo, Becky, Amybum, "Adrian", Melissa, Tamara and MooJoo

attended our Dad's service. Your support and kindness is very much appreciated. Thanks to Father Stan, Rob from Gilbart Funeral Home, Marlene, Gail, Bob and the ladies from Notre Dame Parish for the lunch and the Selkirk Legion for accommodating a beautiful tribute to

-Many Thanks, Doug, Suzanne, Dave, Richard



ANNOUNCEMENT

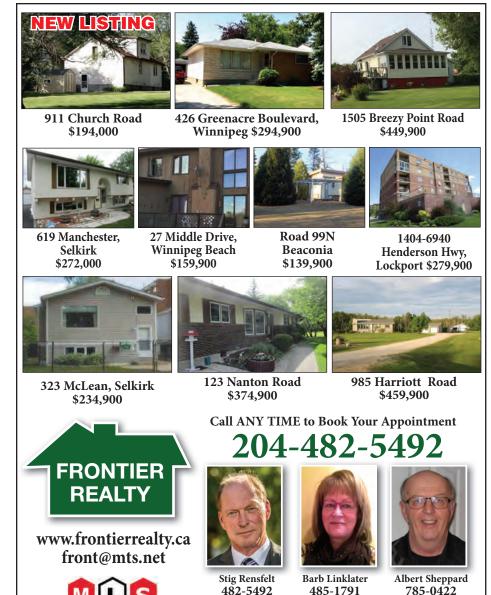
Harold Frost August 14, 2011 In loving memory of a dearly missed Husband, Dad and Grandpa. It's been six years since you suddenly left. We believe that those we love, don't go away And you walk beside us every day.

-Love your wife, Lorraine, your son, Laurie (Madeleine), your daughter Brenda Waytiuk (Lloyd) and your grandsons Jordan and Dennis Waytiuk.



Candace Morgoch In loving memory of our daughter Candace Dawn January 3, 1978 - August 8, 1995 Those we love are not forgotten They walk beside us every day. Unseen, unheard, but always near, Still loved, still missed. Loving you always, forgetting you never.

-Mom and Dad, Shannon, Tanya, Steph and Devvn.



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Announcements

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CELEBRATION OF LIFE

Suddenly, on August 5, 2017 at her residence in Selkirk, MB, Joanie Mablik, aged 37 years, passed away.

A celebration of her life will take place on Friday, August 11, 2017 at 10:30 a.m. in the Gilbart Funeral Chapel, Selkirk, MB.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Grace Margaret Maradyn

September 5, 1937 – July 31, 2017 Beloved wife of the late Jack Maradyn, children Sandra Kuppek, Teresa Maradyn and David Maradyn. Proud grandmother of Alex, Trevor and Juniper. Sister of Hubert (Linda) Parker, Wilfred Pshednovek, Florence (John) Cybulsky and the late Ted and Agnes Parker.

Grace will be remembered for her warmth, caring and selflessness. A celebration of her life will be held at a later date.

Donations to her memory may be sent to the Arthritis Society London, 204-400 York Street, London, Ontario N6B 3N2. On line condolences are gratefully accepted at www.mcfarlane-roberts.ca.

McFarlane & Roberts Funeral Home, 519-652-2020 in charge of arrangements.

OBITUARY

John Chamberlain

On Sunday, March 12, 2017 , at the Selkirk General Hospital, John Chamberlain, aged 89 years, of Selkirk, MB, beloved husband of the late Dorothy, passed away.

A graveside service will be held on Saturday, August 19, 2017 at 2:00 p.m. in the St. Andrews on the Red Anglican Cemetery, with luncheon to follow in the Gilbart Funeral Home Reception Center, Selkirk. MB.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





Joseph Furdyk Sr. January 28, 1942 - July 30, 2017

With great sadness we announce the passing of Joe Furdyk Sr., age 75 years, grandfather, father, brother, uncle, friend and beloved husband of the late Gail.

Joe passed peacefully in his home, surrounded by family, on July 30th, 2017. He will be dearly missed by his four children (and their spouses), eight grandchildren, two siblings and many other dear relatives, friends and co-workers.

Joe was a real outdoorsman, an avid hunter, fisherman and gardener.

A Celebration of his Life will take place from 1-3 p.m. on Friday, August 11, 2017 at the Holy Eucharist Parish Hall, Selkirk, MB.

In lieu of flowers, donations can be made in Joe's name to CancerCare, MB. Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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28 The Selkirk Record Thursday, August 10, 2017

