



PREPARE TO BE BLOWN AWAY by this custom 2525 SF Maric built bungalow, featuring 3 bedrooms and 2.5 baths, with dramatic Great Room concept living.

The Selkirk Record

VOLUME 11 EDITION 31

THURSDAY, AUGUST 6, 2020

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, LIBAU, CARSON, DUNNOTTAR & TYNDALL

MURPHY SAYS...

"Be safe on
your boat while
catching the
big one"



K5insurance

377 Main Street Selkirk
(Next to Liquor Mart)

204-482-7800

k5insurance.ca

autopac

A Manitoba Public Insurance product



RECORD PHOTO BY BRETT MITCHELL

Tina Case (left), Selkirk & District Seniors Resource Council's Tenant Resource Centre Coordinator and Gerry Hamm, Chair of the Selkirk & District Senior's Resource Council outside of the new Selkirk & District Seniors Resource Council, also known as Selkirk Services to Seniors, office at 326 A Main St. See story on page 10.

> everything you need to know in your locally owned and operated community newspaper

Unique Chindi Rugs

439 MAIN ST., SELKIRK
North of Manitoba Ave.

HOURS
MON - WED 9-8 THURS & FRI 9-9
SAT 9-6 SUN 12-5

BIG DOLLAR



**Fresh Sunkist
Valencia Oranges**
USA #1

\$1.49 / lb
\$3.28 / kg



**Fresh Hot House
Tomatoes**
Canada #1

\$1.59 / lb
\$3.51 / kg



**Fresh Red Delicious
Apples**
USA #1, Extra Fancy

99¢ / lb
\$2.18 / kg



**Smith's
Beef Burgers**
907 g

\$10.99 ea



**Fresh
Pork Shoulder
Blade Steak**

\$2.99 / lb
\$6.59 / kg



**Pinty's
Pub & Grill Chicken Wings**
Assorted 810 - 950 g,
Eat Well Chicken Entrees
Assorted 810 g

\$11.99



**Bull's Eye
Barbecue
Sauce**
Assorted
425 mL

\$2.49



**French's
Tomato Ketchup**
Original
750 mL or 1 L

\$3.49

Visit us at HARRYSFOODS.CA to view our entire flyer filled with 100's of other items on sale each week.



MIX & MATCH

**Heinz Canned
Pasta or Beans**
Assorted 398 mL,
KD Kraft Dinner
Original 225 g

5/\$5



**Schneiders
Deli Best
Honey Ham**

\$1.69 / 100 g



**Maple Lodge
Farms Chicken
Breast**
Cajun, Cooked,
Smoked or Fajita

\$1.29 / 100 g



**Fresh Baked
Cinnamon Buns**
Jumbo 6 pk

\$3.99



**Nature Valley
Granola Bars**
Selected Varieties
175 or 230 g

\$1.99



**Fine Foods
Ice Cream**
Assorted 4 L

\$4.99



Dairyland Yogurt
Stirred, Fat Free or
Classic Vanilla 650 g

2/\$5



**Coca-Cola
Beverages**
Assorted 20x355 mL

\$7.99

Store has the right to limit quantities and to add enviro and deposit where applicable.



Phone: 204.504.5500
Fax: 204.504.5540

5571 Hwy #9 St. Andrews
Customer Service: 204-338-7538
Store Hours: Monday-Friday 8 am - 9:30 pm
Saturday 8 am - 8 pm
Sunday & Holidays 10 am - 6 pm



PRICES IN EFFECT: THURSDAY, AUGUST 6 - WEDNESDAY, AUGUST 12, 2020

Flying over forty years in the community

Riverside Aircraft Maintenance's Gary Polinuk on his business

By Katelyn Boulanger

Riverside Aircraft Maintenance is a unique business in Selkirk providing specialized aircraft repairs. So far, the business has spanned two generations of the Polinuk family with 46 years in the community.

"I grew up in this business with my parents. My dad purchased the whole business in 1972 and I was in high school at the time. As I was in school I was working at the business and it had been an airport at one time, but when we purchased the business, it was being used as a place to store trucks and there was just one hangar here," said Gary Polinuk the owner of Riverside Aircraft Maintenance.

The Polinuks moved in and started flying out of the businesses current location on Main St. in 1974 under the original name for the business which was Selkirk Air. At that time they provided charter services for people wanting to fly to northern Manitoba particularly for those wanting to travel to northern fishing camps and lodges.

The maintenance portion of the business started roughly at the same time, as the planes that they were flying to ferry travelers required repairs.

"When people hear of you being in the camp business, and also hear that you have a maintenance facility, the word of mouth gets out there and then they want to know if you can do any maintenance for them," said Polinuk.

Throughout that time Polinuk went to school to get more experience with aircraft. He received his private pilots license at 17, however, he had the hours necessary for the license much earlier but had to wait for his 17th birthday to be able to finally of-

ficially receive his license. Next, he received his commercial pilots license and he was finally qualified as an aircraft maintenance engineer so that he could repair aircraft.

The business has made some changes over the years with their charter service and maintenance services dividing officially into two separate businesses in 2000 and expansions to suit their needs better.

"The first silver building by the highway, that was our first hangar, and then as time went on we built another hangar, the bigger one, we built it in 1985. It was kind of like moving from a closet into a bigger bedroom," said Polinuk.

The bigger hangar now serves as the main maintenance hangar for the business.

In 2010 Selkirk Air closed down alongside Polinuk's father's retirement.

"The maintenance portion of the business was still strong. We were still getting a lot of maintenance business from everywhere so my shop was still really busy," said Polinuk.

Right now the business is working on a damaged Cessna 207 aircraft that was damaged when a windstorm blew it backwards bending the tail.

"We're [doing] specialized work in my shop because I'm authorized in my shop to do sheet metal structures which not all shops are. There might be a few shops in Winnipeg and one in St. Andrews that are, but not all shops are, some shops are just qualified to do inspections but my shop is authorized to do inspections, we can do float repairs, we can do structural repairs," said Polinuk.

Another unique aspect of Polinuk's



RECORD PHOTO BY BRETT MITCHELL

Gary Polinuk and his mother Doreen in Riverside Aircraft Maintenance, their business which has been in the community for over 40 years.

business is that because he is qualified to fly a very diverse array of planes he is able to test fly the planes that he works on prior to his customer's coming to pick them up so they can be very sure of the repairs that he is doing.

"If we did some substantial work on it say we pulled his engine and put a different engine in or overhauled it, I always like to test fly it just to make

sure that everything is working," said Polinuk.

Polinuk takes pride in his business and the product that he has put out over the years in the community.

"It's time consuming but it's rewarding when you look at your job after and you see the kind of job you did and the finished product. You have to do it right or don't do it at all that's what my dad said to me," said Polinuk.

Selkirk Port
D.O.G Days
Market
at the Selkirk Waterfront
Wednesdays 10am-2pm
SPONSORED BY SUNOVA CREDIT UNION

DRIVE THRU FOR KIDS

HELP BRING HEALING & HAPPINESS TO LOCAL KIDS

THURSDAY, AUGUST 13

This year it's the "DRIVE THRU FOR KIDS"

We are encouraging people to use the drive thru instead of walk-up service to keep everyone safe and distant while purchasing Blizzards.

Group pre-orders and pre-order coupons are available for that day at 204-482-6664 or emailed to dairyqueenselkirk@gmail.com. Coupons proceeds will be donated and the coupon itself can be redeemed for one Blizzard on any day.

The dining room will be closed on August 13 to ensure social distancing guidelines are being followed.

On August 13, this DQ® location will donate net proceeds for every Blizzard® Treat sold to the local Children's Miracle Network® member Hospital.

Only at your Selkirk DQ
Help us help kids!

All trademarks owned or licensed by AM, D.Q. Corp. ©2019.

The Bloodshots are back in the studio

Local band are recording their next single

By Sydney Lockhart

Local band The Bloodshots are back in the studio recording a new single for the first time since signing a record deal.

In early March the Selkirk based band signed their first contract to work with international record label Golden Robot Records based in Australia.

"Signing with that label was a happy moment for us, it's good to know people at that level are interested in your music. Hard work pays off it just might take longer than you thought," said lead vocalist CJ Loane, "There's going to be ups and downs all along the road, but you have to stick to it, at least you have a hobby."

Golden Robot Records has worked with many bands and after signing The Bloodshots were prepared to help them expand their fanbase with their contacts and access to music industry executives.

"They're offering us tour support to the UK, Germany, and the US," said Loane, "It was crushing, I work so hard to do this and we finally get a label and I'm super excited and the world shuts down."

The band got its name when Loane was writing a song late into the night in 2014, around five in the morning he looked in the mirror and had one bloodshot eye.

Since then the band, comprised of CJ Loane, Jared Masters, Keith Skazyk, Orvis Thomas and Garett Evans, has performed alongside bands such as Three Days Grace, SLASH, Steel Panther and many more.

The pandemic has thrown a wrench in their plans to tour western Canada this year, cancelling all of their shows.

"That hurt, each show was a guarantee and that money is gone. That's where you hope to make your money," Loane said, "We've done a few shows now with regulations being lifted. We did a live stream too but it's just not the same."

With pushing out an album being more difficult



RECORD PHOTOS BY BRETT MITCHELL

The Bloodshots in studio working on their latest new single.



because of the pandemic, the band has decided to record and release multiple singles in Winnipeg throughout the fall and winter.

The single they are working on right now is a reworked song from a past release called 'Bloodshot'.

"It was a song I wrote years ago but I took it and chopped it up and redid

it so it's a brand-new song," said Loane, "We've put more time and ourselves into this single than we ever have before, we even threw some rock organ and tambourine in there."

The Bloodshots are shooting the music video for the new single at the Central Hotel in Transcona Winnipeg on August 22 and 23 and have decided to have a show the night of the 22 at Rookies Bar inside the hotel.

If fans show up early, they can be a part of their new music video.

To keep up with The Bloodshots, residents can follow them on Instagram at @thebloodshots204.

Andrew Hnatiuk, Lawyer & Notary Public,
now accepting appointments in Selkirk!

Call: 204-482-5111

374A Main Street, Selkirk

www.hnatiuklaw.com

Andrew grew up on a hobby farm near Lockport, and attended Happy Thought School and Selkirk Regional High School. Before moving his family back to Selkirk, Andrew's law practice was based in Southern Manitoba with a focus on:

- real estate, including a mix of farmland, subdivisions, farm tenders, and town properties;
- business law;
- estate administration and probate;
- estate planning;

Hnatiuk Law is pleased to now offer these legal services in Selkirk!



Selkirk Pharmacy



Phone: 204-482-8913
Inside Selkirk Medical Centre

Outreach Van traveling in Selkirk

By Katelyn Boulanger

As of July 30, Interlake Eastern Regional Health Authority has launched the Selkirk Public Health Outreach Van which will provide services in and around Selkirk on Thursdays.

"We have a route and we have a hand bill that we distribute all around the community for the peers that will be coming and using our services. We will also do home visits as needed. It's run right now once a week on a Thursday evening," said Audrey Deamel, a public health nurse with IERHA.

The outreach van will be providing harm reductions supplies, naloxone kits and education, safer smoking supplies, a needle return, safer sex supplies, STI testing and treatment, emergency contraceptive, and pregnancy testing for members of the community as well as being able to provide referrals.

"[The benefit of having a service like this in the community is] to reach our population that's not always accessing what we provide due to transportation, weather, housing, and even their own mental well being," said Deamel.

Jeffrey Elder, a resident who has

used services provided by the outreach van, agrees that this service can reach people that wouldn't be reached with other services.

"There are some people that just aren't comfortable going into a building that might be associated with something that they are ashamed of so having something more mobile that can come to you is even better because it reduces that anxiety," said Elder.

This van is also meant to reach out to families that might struggle to get to a clinic for health services.

"If a mom is looking for immunizations that they are not able to access through here then we can arrange for that so it's very doable," said Deamel.

The van is set up in a decommissioned ambulance with the equipment removed and space made for residents to come in and sit.

"It looks like an ambulance that you can hang out in," said Elder.

He thinks that many people in the community will benefit from this service.

"There are some people with underlying mental health issues that

maybe they're too paranoid to come to a building. They may have an issue with Covid and being around people just bringing [these services] closer to that they don't have to walk all the way across Selkirk to get to [services]," said Elder.

In his three years with the peer advisory council in Selkirk, Elder says that people that aren't comfortable or able to get out to access health services is a huge issue in the community.

Elder would also like residents to know that there is much more to this service than just harm reduction.

"We're able to be that person, give referrals and provide access to areas that Covid is not [limiting], fast-tracking and being their spokesperson," said Deamel.

The schedule every Thursday for the outreach van is:

- 12:00 – 12:15 p.m. Behind Soup Kitchen/Arena
- 12:20-12:35 p.m. Dock Parking lot (Behind Dufresne- Gordon Howard)
- 12:40-12:55 p.m. Queen Ave (in front of SMW industrial lot)

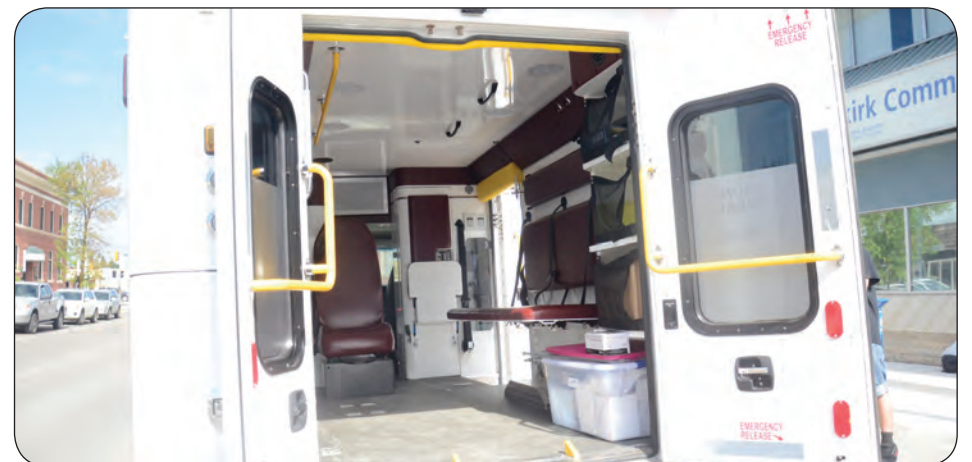
- 1:00-1:15 p.m. Robinson Ave (outside Learning Center)
 - 1:20-1:35 p.m. Walmart Parking Lot (SW side between Walmart and Dollarama)
 - 1:55-2:10 p.m. Petersfield Mallard Park (by washroom)
 - 4:15-4:30 p.m. Lockport (on road across from Skinner's on 44)
 - 4:45- 5:00 p.m. Pittsburg Ave (by True North Motors)
 - 5:05-5:20 p.m. Outhwaite Drive and Sveinson St.
 - 5:25-5:40 p.m. Jemima and Toronto Ave (Coop Gas Bar parking lot)
 - 5:45-6:00 p.m. Britannia Close (on street)
 - 6:05-6:20 p.m. Parking lot between No Frills and Maclean Ave
 - 6:25-6:40 p.m. Clandeboye Ave (outside 236 Clandeboye Apts)
 - 6:45-7:00 p.m. Selkirk Park by Ag Building
- "I hope that [people that use this service] get access to the services that they deserve because we are missing a population that's out there," said Deamel.

Getting down to Biz-ness



RECORD PHOTO BY BILL NEWZMAN SMYTH

Selkirk Biz Volunteer Parker Pelletier was at the D.O.G Days Market July 29 continuing to give his time to promote the Biz Bucks Card. Parker and his dad Jim Pelletier have put in hundreds of hours taping fun Biz Bucks video shorts for Facebook to promote the card. Parker (left) is seen here with Brett Mitchell from the Selkirk Record.



RECORD PHOTO BY KATELYN BOULANGER

The interior of the new outreach van. The van will travel around Selkirk on Thursday afternoon and evenings to ensure all residents have access to health care services.



SELKIRK COMMUNITY RENEWAL CORPORATION

The SCRC is now accepting applications for 2020-2021. **SMALL GRANT FUND** Local groups may apply for up to \$2,500 for projects that address the goals of the community plan. We will be accepting and reviewing applications monthly starting August 3rd however, Grant monies must be spent by January 31, 2021 and projects must be completed by March 31, 2021. Priority will be given to first-time applicants. Please note that we are accepting applications for any projects that have taken place starting April 1, 2020 as well.

Applications available online at www.selkirkcrc.ca by email scrc@selkirkcrc.ca or call Ashley Monkman at 204-485-3602 for more information.

The Selkirk Record



PUBLISHER
Lana Meier



MARKETING & PROMOTIONS
Brett Mitchell



REPORTER/PHOTOGRAPHER
Katelyn Boulanger



SALES
Michelle Balharry



OFFICE MANAGER/ADS
Lucy Kowalchuk



SPORTS EDITOR
Brian Bowman



DISTRIBUTION
Christy Brown



ADMINISTRATION
Georgia Campbell



PRODUCTION
Nicole Kapusta



PRODUCTION
Debbie Strauss



ADMINISTRATION
Corrie Sargent



PRINT
Dan Anderson



ADMINISTRATION
Allana Sawatzky

get informed

NEWS > VIEWS > SELKIRK > LOCKPORT > ST. ANDREWS > SURROUNDING AREAS

MB COPP receives \$110,000 in funds

Federal Proceeds of Crime Fund used for crime prevention efforts

Submitted by Manitoba Citizens on Patrol

Manitoba Citizens on Patrol Program (MB COPP) Chairperson Detlef Hindemith announced the program will be receiving \$110,000 in funding from the Federal Proceeds of Crime Fund.

"This will assist MB COPP to continue administering the program and providing support to all Manitoba groups," said Hindemith.

"We currently provide support to over 55 groups with over 500 members registered in the program. MB COPP is a successful crime prevention program helping communities maintain and create safer neighbourhoods for over 29 years."

The program is a proven crime prevention strategy utilizing trained citizens to watch their neighbourhoods through patrols by vehicle, walking, and bicycling for suspicious criminal activities, documenting and reporting occurrences to law enforcement, as well serving as a deterrence to criminal activities by being a visible presence.

"The Manitoba government is taking money made through illegal activity and re-investing it in community-based crime prevention programs that support public safety," said Cliff Cullen Manitoba Justice Minister.

"I'm pleased to announce this sup-



RECORD PHOTO SUBMITTED

(left) Detlef Hindemith, Chairperson MB COPP with Manitoba Justice Minister Cliff Cullen.

port, which will help to ensure these programs have the tools they need to help keep Manitobans safe".

In Manitoba, a portion of cash and proceeds generated from the forfeited proceeds of crime through the prosecution of federal offences in Manitoba are allocated to activities related to crime prevention.

"Having safe communities with lower crime includes utilizing a local citizen's crime prevention initiative to assist law enforcement measures", said Detlef Hindemith.

"Crime prevention is a police-com-

munity partnership. This program is endorsed by partnering law enforcement agencies throughout Manitoba to assist and work with our groups. By working together, we can help reduce crime. Last year our members collectively patrolled over 14,000 hours with thousands of patrol kilometres".

The Manitoba government investing in MB COPP through the Federal Proceeds of Crime (FPOC) fund to provide support to this crime prevention program during a time of increased criminal activity is a very worthwhile investment.

Advice for those receiving home care services

By Staff

For residents that accept home care services and also those who do not when Interlake-Eastern RHA home care services staff come to your home they will always have photo ID name tags that feature the Interlake-Eastern RHA logo.

People who receive home care services will be notified, in advance, of

the day and time that a home care attendant will be visiting as IERHA works on a pre-set schedule with their clients.

Interlake-Eastern RHA home care staff provide service to active home care clients. Their staff will not be contacting anyone to offer service if they are not clients.

If you have someone visit your home

offering to provide home care services and if you are not a home care client residents should refuse entry to that person and call RCMP.

Residents should ask to be shown a IERHA Photo ID name tag before allowing anyone, who is identifying as a staff member, entry into their building or their suite/home.



> CONTACT US

By phone: **204-785-1618**
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

Brett Mitchell: 204-485-0010
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419

Email: michelle@selkirkrecord.ca
or call our office at 204-785-1618

EDITORIAL

Katelyn Boulanger 204-485-3337
news@selkirkrecord.ca

View the Selkirk Record online at
selkirkrecord.ca

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.

Classroom learning to resume in Sept. for K-12

The province is working with school divisions and Public Health

Submitted by the Government of Manitoba

Classroom learning will resume on Sept. 8 for all students in kindergarten through Grade 12 at schools across Manitoba following last spring's suspension caused by the COVID-19 pandemic, Education Minister Kelvin Goertzen announced July 30.

"The province is welcoming students back to classrooms for the new school year, while working closely with school divisions and Public Health," said Goertzen. "The best place for students is in class, giving them the full benefits of the tremendous work of Manitoba teachers and providing parents and caregivers with certainty that their children are receiving the best education possible."

The Welcoming Our Students Back: Restoring Safe Schools guidelines have been developed in collaboration with the province's kindergarten to grade 12 Covid-19 response planning team, as well as with school divisions and public health officials. Manitoba school divisions and schools will follow these provincial guidelines to finalize and post division plans by mid-August. Accessible and transparent information is important as students, staff and families will have questions about Covid-19 and returning to in-class learning.

Learning in classrooms will be full-time for students in kindergarten through Grade 8 and for special-needs students in all grades, with five days of instruction per week. Some remote learning may be required for students in grades 9 to 12, based on the ability of high schools to implement necessary public health measures including physical distancing and the use of cohorts (designated groups of students) to minimize the risk of Covid-19 transmission, and to support contact tracing.

Three response levels have been developed to ensure that school divisions and schools are prepared to roll back from in-class learning based on public health advice. Divisions must ensure that all students learning remotely have access to technology.

"Manitoba Education and Public Health are working with divisions and individual schools to ensure that as many students as possible return to classroom learning full-time," said Goertzen. "Divisions have been working diligently this summer on their individual plans for September, and are refining details for communica-

tion, screening, hand hygiene, physical distancing, the use of cohorts and outbreak management to be followed at every one of their schools."

A total of \$48 million in savings is available to ensure that schools are Covid ready in September, the minister noted, adding the province is monitoring resource implications closely as part of its planning to ensure the safe return to classroom instruction in the upcoming school year.

"The need for childcare is top of mind. The departments of Education and Families are working with school divisions and the childcare sector to ensure that families can continue to access childcare within schools," said Goertzen.

"Both departments are working together to develop learning guidelines for children with special needs, as well as students at risk."

Welcoming Our Students Back: Restoring Safe Schools is based on feedback provided by parents, caregivers, students and education stakeholders through an EngageMB survey that began in June. The minister noted tens of thousands of Manitobans have completed the survey, and the government will continue to collect and use this information in adapting plans while

the public health situation evolves. Manitobans can visit engagemb.ca to share thoughts or ask questions.

In a joint statement, the Manitoba School Boards Association, the Manitoba Teachers' Society, Manitoba Federation of Independent Schools, Manitoba Association of School Business Officials and the Manitoba Association of School Superintendents said, "We believe that collaborative planning is in the best interests of students, parents, and school staff. The goal is to have as many students as possible learning in classrooms this fall and throughout the coming school year. Maintaining a strong focus on the health, safety and well-being of students, staff, families and communities, we all agree the emphasis needs to be on getting students the in-person teaching and learning they need while making sure that safety is the top priority for everyone."

For up-to-date information on COVID-19 in Manitoba, visit manitoba.ca/COVID19.

A comprehensive list of Manitoba government COVID-19 measures can be found at:

manitoba.ca/bg/2020/04/covid19.html.

Staying safe on and off the water

Submitted by Lifesaving Society Manitoba and MADD Winnipeg

It is unsafe and illegal to drink and drive whether you are in a car or a boat. To that end, Lifesaving Society Manitoba and MADD Winnipeg are reminding those heading out on this summer to play it safe and keep the drinking to the home, cottage or even the dock.

"If you see a boater you suspect is impaired, call your local police marine unit or 911," said Trevor Ens of MADD Winnipeg. "Operating a boat while impaired is just as illegal as driving a vehicle while impaired. Under the Criminal Code of Canada, it is an offence to operate a vessel when impaired by alcohol or drugs. In addition to having your boating privileges suspended, you can also have your driver's

licence suspended and face fines."

"In recent years we've seen it become socially unacceptable to drink and drive your car," said Lifesaving Society Manitoba Water Smart Coordinator, Dr. Christopher Love. "Unfortunately, people still seem to consider it socially acceptable to drink and boat. Driving and boating really are the same. Manitoba's fatal drownings involving alcohol are higher than the national average. The danger is real."

"As a retired police officer, I have seen first hand the avoidable devastation caused by impaired driving," said David Obirek. "Now that I spend time on the water as an avid angler and fishing writer, the message about drinking and

driving needs to be as equally strong on the water as it is on our roadways. It is important for the boating industry to play a significant role in assisting to get this message out and to understand the legal requirements for consuming alcohol on vessels. The days of putting your feet up in your boat fishing or casual cruising with a cold beer on a hot summer day is no longer acceptable."

Also, a concern is the impact some prescription drugs and recently legalized drugs can have on a person's ability to safely maneuver vehicles on or off the water. Any form of impairment is unacceptable and poses a huge risk to the lives of both those who are impaired, and others who could unknowingly suffer the consequences.

"THE BEST PLACE FOR STUDENTS IS IN CLASS"

We're Open!

Beltone is here for you.

Your hearing, health and safety remains our top priority as it has for over 80 years. We are open and here for all of your hearing needs with new safety measures to keep you safe!

-  Personal protective equipment worn by employees and provided to all customers visiting our clinic
-  Adjusted schedules & protective shields installed to support physical distancing
-  Our Clinic environment is sanitized & cleaned between all appointments
-  Telehealth appointments now available!



Your hearing is important!

Our essential services have changed so that you don't have to delay your next hearing appointment. Call to reserve an appointment and get started on your 90 day risk free trial* of our latest technology!

90 Day RISK FREE TRIAL*

Beltone

Call your local Beltone hearing clinic toll free at **1-855-840-9246**

*See clinic for details.

Commemorating the signing of Treaty No. 1

Flag-raising signifies lead-up to Treaty 150 Commemorations in 2021

Submitted by Parks Canada

Parks Canada is committed to a system of national heritage places that recognizes and honours the contributions of Indigenous peoples, their histories and cultures, as well as the special relationships Indigenous peoples have with traditional lands and waters.

On Aug. 3, Representatives from Parks Canada and Treaty One Nation gathered at Lower Fort Garry National Historic Site to mark the 149th commemoration of Treaty No. 1 and begin the countdown to the Treaty 150 commemoration, which will take place in August 2021.

"The Government of Canada is committed to reconciliation and renewed relationships with Indigenous peoples, based on a recognition of rights, respect, co-operation and partnership. The annual commemoration of the signing of Treaty No. 1 between the Anishinaabe and Muskegon Cree peoples and the Government of Canada is an opportunity to pause and remember the historical significance

of that meeting. It is also an opportunity to reflect on how we can build a stronger, more fair Nation-to-Nation relationship going forward." Said Terry Duguid, Parliamentary Secretary to the Minister of Environment and Climate Change (Canada Water Agency) and Member of Parliament for Winnipeg South

Chiefs, knowledge keepers, other local community members and Parks Canada staff shared in a smudge and flag-raising ceremony. The newly designed Treaty One Nation Flag represents the seven Treaty No. 1 communities as-a-whole and was raised for the first time today in front of the Lower Fort Garry Visitor Centre. The flag's design represents the sacred accords, with the sun at the centre of the flag, the green representing the grass, the blue for the rivers and the red circle for the people. The seven rays, or tipis, around the sun signify the seven First Nation communities.

"As we once again commemorate the sacred Treaty No. 1 made 149 years ago in August 1871, we are reminded

of the commitment of our Chiefs to a forever and ongoing relationship described in writing 'for as long as the sun shines, the grass grows and the rivers flow'. In outlining the important relationship with the Government of Canada, we continue to strive to advance Inherent and Treaty Rights, especially in the lead up to Treaty 150 next year," said Chief Dennis Meeches, Spokesperson, Treaty One Nation.

Annual Treaty Commemoration Day events are typically open to the public; however, this year the event was held privately to ensure adherence to public health guidelines related to Covid-19.

Next year's Treaty 150 commemoration at Lower Fort Garry National Historic Site will take place over several days and is anticipated to be open to the public. Commemoration events will include a pow-wow, knowledge-sharing and cultural activities. Parks Canada and Treaty One Nation will publicly share details as they are available.

Lower Fort Garry National Historic Site was the location where Treaty No. 1 was negotiated in 1871. This treaty was the first of the 11 numbered treaties

that helped establish Western Canada. Treaty No.1 one was made with the understanding that the Treaty would be in place for "as long as the sun shines, the grass grows and the river flows".

With the countdown to Treaty 150 now underway, Parks Canada is excited to continue working closely with the Treaty No.1 First Nations to advance reconciliation efforts, while increasing Indigenous history and perspectives at Lower Fort Garry and other Parks Canada places. Treaties remain critical agreements that guide the relationship between the Government of Canada and First Nations in Western Canada. Canada is committed to honouring the intent of these treaties.

Everyone in Manitoba is invited to learn more about Indigenous history at Manitoba's national historic sites – including Lower Fort Garry, The Forks, Riel House and Prince of Wales Fort (near Churchill). These historic sites now offer limited visitor access and basic services. Visit the Parks Canada website for more information.

No Frills gives to help community



The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline

Mondays at 4 p.m.

Office Hours: Monday-Friday 9:30-5:00

RECORD PHOTOS BY KATELYN BOULANGER

No Frills helped community organizations July 29 by donating \$1000 to the Manitoba Harm Reduction Network and making the inaugural donation to the Interlake Eastern Health Foundations' Harm Reduction Fund. Pictured from left to right: Lisa Hrynyk, Pamela McCallum, Aaron Hoium, and Chanel Hoium with the celebratory cheques.



Saint-Boniface Cathedral & Cemetery



Fort Gibraltar



Esplanade Riel

SAINT-BONIFACE

Like Travelling To Another City!

Looking for a nearby summer getaway? Did you know Saint-Boniface was its own city before amalgamating with Winnipeg across the Red River? That would explain why it feels like you're traveling to another city. As the Francophone capital of Western Canada, Saint-Boniface is the heart of history and culture with no shortage of fun things to see and do. With everything within walking distance and a variety of restaurants, shops and green spaces, what better way to spend your day exploring Saint-Boniface.

OUR RECOMMENDATIONS:

Tourisme Riel Information Center

219 Provencher Blvd., open every day

- At the Heart of Manitoba's Francophone Community, a 40-minute film – daily at 9 am, 12 noon and 3 pm
- Guided Walking Tours of Saint-Boniface – daily at 10:30 am and 1:30 pm
- Culinary Walking Tours – every Wednesday in August and September, at 5:30 pm (go to BonAppetitStB.ca)

Maison des artistes Art Gallery and Sculpture Garden

219 Provencher Blvd., open Wednesday to Saturday, free admission

Saint-Boniface Museum | open Monday to Saturday, free admission for 2020 (donations are welcome)

Saint-Boniface Cathedral and Cemetery

- The majestic ruins of the burnt-out cathedral and its historic cemetery make this one of the city's most frequently visited sites

Fort Gibraltar | open Tuesday to Saturday, free admission (donations are welcome)

- A living fort

Maison Gabrielle-Roy | open Monday to Friday

- Former home of renowned author



INFORMATION:
Tourisme Riel 204-233-8343
or passionethistoire.ca



Home is where the heart is

travelmanitoba.com



@travelmanitoba

We are so excited
to see you. ❤️ EMIL

BUY
TICKETS
ONLINE FOR
CONTACTLESS
ENTRY!

ZOO
Assiniboine Park

OPEN DAILY 9 a.m. – 5 p.m. including holidays

assiniboineparkzoo.ca

TAKE A FLIGHT WITH US AND SEE ALL THE SIGHTS!



Hudson Bay
HELICOPTERS

POLAR BEAR SIGHT SEEING FLIGHTS

Enjoy the spectacular views
from the safety and comfort
of our helicopters.



Located in downtown Churchill
290 Kelsey Blvd, Churchill, MB R0B 0E0
(204) 675-2576

HUDSONBAYHELI.COM

NDP leader Wab Kinew wants 15 student cap

Opposition releases what they would like to see in back to school plan

By Katelyn Boulanger

Wab Kinew travelled to Selkirk July 29 to discuss his plan to keep students and staff safe when they return to school in September, which was released on July 28.

In addition to a 15 Student Classroom Cap the NDP's plan call for more funds to expand classroom space, more funds to hire more cleaning staff, additional mental health supports for students and addition busses to ensure safety.

"Having spoken to many parents and being a parent of two school aged kids, three in total, I've hear from a lot of Manitobans that there's a lot of concern and anxiety about going back to school. We have to balance a few things. We have to balance keeping our kids safe from Covid-19 with what they need out of socialization and childhood development and to do those things properly we need to make investments in the education system," said Kinew.

He feels that it is very important to ensure that children are able to return to school next year as learning from home is not necessarily the best way for all children to learn.

"Even just in our own household we had two very different responses. We had one child who really excelled at the distance learning piece, I think that was because suddenly there was less distractions at home and they could focus on the learning and then we had another child who really struggled with it particularly on the social side. They struggled not being able to see their friends for months so even though they were doing their part academically they were almost feeling a mental health concern about not being able to see their friends for months," said Kinew.

He emphasized that part of school learning is the social learning component.

Kinew does feel that though getting children back into a classroom is a priority for him there should be exceptions for parents who do not feel safe and children who have medical conditions that might make them being in a classroom unsafe.

He also would like investment into mental health services so that students who are feeling the increased pressure from growing up with the unknowns that a pandemic brings



RECORD PHOTO BY KATELYN BOULANGER

Wab Kinew leader of the NDP in Manitoba outside of Lord Selkirk Regional Comprehensive Secondary School.

have a place to turn to. In the proposal, half of the investment would go towards clinicians to do one-on-one counseling and the other half would go towards hiring more educational assistants so that there would be more people to have an ongoing relation-

ship with the child to support them.

"If we do things like limiting class sizes and providing protective equipment—masks, hand sanitizer, stuff like that, then we should be able to get back to school safely and allow kids to develop," said Kinew.

Services to Seniors moving to new location

Building will be more accessible for those with mobility devices

By Katelyn Boulanger

Selkirk Services to Seniors has moved to their new location on 326 A Main St. and welcomed their first visitors on Aug. 4.

"We are now going to be store front on the street and we're going to be a little bit more accessible," said Helen Brosowsky, manager at Selkirk Services to Seniors.

Selkirk Services to Seniors is a non-profit that provides Selkirk Lifeline, Meals on Wheels, Driver services, the handi-helper program, friendly visiting, the snow angels program, E.R.I.K., and form assistance and resource information.

Their services are accessible to residents who are 65 plus, disabled or those convalescing to maintain their independent living status and live in St. Andrews, St. Clements, or the City of Selkirk.

The new location will be right beside

Cooperators Insurance and across the street from the CO-OP.

One of the main reasons that they decided to make the move was to have a more accessible location for the residents who use their services.

"We were fortunate to be able to rent space and share with the Food Bank in Selkirk but we were in the back of the building and we just found that a lot of people with walkers etc. were struggling a bit. [The new location] is right on Main St. you walk in and here we are, so accessibility was one of the biggest things," said Brosowsky.

She also says that having their own space will help them maintain the confidentiality of their clients.

"We are a senior program and we do have privacy and confidentiality rules and so it's best that we are in a situations where we can offer that to the seniors in our community," said Brosowsky.

The space is also recently renovated which Brosowsky hopes will be more welcoming to residents.

"It's a big thing to have an office where you can come in. We have a reception [area now]. We didn't even have an area for reception and to welcome people here and to be able to talk about lifeline or meals on wheels and not be able to share their information," said Brosowsky.

She also hopes that the new location itself being more central will have more people driving by and realizing that they are there and stopping by.

Covid -19 has had an effect on how they administrate their services, however, as they want to make sure that everyone stays as safe as possible. To that end, they will have a limit of one to two people in the new location at any time so that proper social distancing can be maintained in addition to other provincial requirements that are being followed.

"We're still going strong through Covid. Although we were closed to the public we are still providing all of our services and still delivering meals

three days a week," said Brosowsky.

She is looking forward to being able to have more walk-in traffic from the community.

"It's not just about what we do. We're linked to home care so if at any time we feel a resident needs home care we can refer them we have up to date listing of all doctors who are accepting new clients, anything that they may need about Service Canada, we don't do Service Canada's job but we can refer them. We call ourselves the 411 of Selkirk because if someone needs something they call us whether it's our area or not because we'll look it up," said Brosowsky.

She encourages anyone in need of their services to stop by the new location.

"I think the big thing is letting people know that we're here because where we were before we were hidden. We want people to walk in here. Maybe they are walking down the street to go to the store and they think 'Hey, I could use a little help,' and they could come in to get a pamphlet," said Brosowsky.

Roussin encourages Manitbans to band together

By Ashleigh Viveiros

We're going to get through this pandemic together.

This from Manitoba's chief public health officer Dr. Brent Roussin, who took time last week to remind Manitobans "to be kind to each other."

"[It's been a] tough time for us all and we've managed to get to this point by working together," he stressed at the province's July 30 media briefing. "Shame, stigma is not going to get us through this. Continue to work together as Manitobans, because we're going to be dealing with this virus for quite some time."

Public health officials announced 27 new cases of the virus over the long weekend, bringing the total number of cases in Manitoba to 442.

The province headed into the weekend with 70 active cases and 337 recoveries. Six people were hospitalized with COVID-19, five in intensive care.

Updated stats reflecting the weekend's new cases and recoveries were expected on Tuesday.

Manitoba reported its eighth death—a man in his 70s from the Southern Health-Santé Sud region—last week. It was the first COVID-19 death since early May.

As he has stressed since the start of the pandemic, Dr. Roussin again emphasized to Manitobans the importance of focusing on the funda-

mentals when it comes to living with COVID-19.

That includes physical distancing, good hand hygiene, enhanced cleaning protocols, and avoiding prolonged exposure to large crowds of people.

"It's critical that we find ways to continue to live with this virus and balance it with the very important things such as getting kids back to school," Roussin said following Education Minister Kelvin Goertzen's unveiling of the province's back-to-school plan, which will have students back in the classroom come Sept. 8.

One of the most important things Manitobans can do to prevent the spread of the virus is to stay home when they're sick.

"Very, very vital as we go back to school, as we go back to work ... is stay home if you're ill, even if you're mildly ill," Roussin said. "Do not attend school or work if you're showing any signs of illness."

Testing volumes have been on the rise in Manitoba in recent weeks as the number of COVID cases and contact tracing increase.

On the testing front, Roussin had a message for employers looking to have their staff tested:

"I'd caution against employers to mandate testing in asymptomatic employees," he said. "Testing of asymptomatic individuals is not that useful,

so it puts an extra strain on our system to mandate that.

"Again, the most important people to get tested are those who are named as contacts of cases or those who have symptoms of COVID."

At this time, Manitoba is not mandating the use of masks in public spaces, though that could change in the weeks ahead.

"As we move closer and closer to fall,

masks are likely to become more and more part of our plan," Roussin said, pointing to widespread community transmission—something we're not seeing yet—as a factor in that decision, along with rising case numbers overall. "We're continuing to review all these things and will continue to update as needed."

Hot Day, Cool Cars



RECORD PHOTO BY MICHELLE BALHARRY

Cars line the street for the first car show of the season on a perfect sunny afternoon last Sunday in Grand Marais.

"It changed my life!" says local long-term denture wearer

By Elisha Vador

This month Brian will be celebrating his 92nd birthday, and for the first time in years he says he can have medium rare T-bone steak again!

Like so many others, Brian has had dentures for decades and was never quite satisfied with the loose lower denture. "I had trouble chewing, and it flopped all over my mouth. I got dentures in my early 50's", said Brian. As a result, he knew that he needed a better set of teeth.

During a consultation with Brock the Denturist, Brian made the decision to pursue getting dental implants to anchor his denture into place so he can eat the foods he enjoys, once again. "Now I can eat nice medium rare T-bone steaks no problem at all! [The dental implants] made 100% difference

in my life, and I wouldn't think twice about doing it again!"

What a fantastic story. We've known Brian for years and he always tells us jokes when he comes into the clinic! He even came to see Brock's father, George (the founder of Vador Denture Centre). It's amazing to see the change in Brian from him being satisfied with relines or new dentures from our clinic to a whole new level of satisfaction with his dental implants. He raves about them! This is exactly why we do what we do!

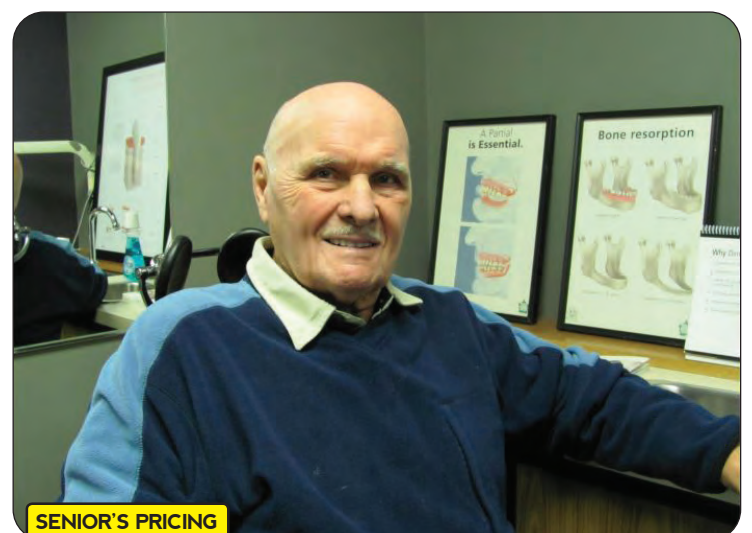
So, what exactly is a dental implant? Yes, we know it sounds scary, but simply put, it's a fake tooth root made of metal. Its purpose is to anchor your denture so you can eat better, feel confident that it won't jump out, and enjoy an

unparalleled level of comfort.

The process of getting them is simple. Think of it this way: you've already had your teeth pulled out since you are now wearing dentures. So, this procedure is simply putting a tooth root back in. Thankfully, you may only need two! Brian has three.

If you are ready to pursue a tighter, more comfortable denture, then give us a call for a free consultation. We can discuss the issues you've been experiencing, talk about what you want your teeth and smile to be like, and make a plan to get that for you!

We have lots of options and creative solutions to fit your budget, but the first step is your phone call. We're looking forward to talking with you real soon.



Brian A. chose to anchor his denture down after 40 years of it "flopping around". "I wouldn't think twice about doing it again," he says.

VADOR • DENTURE • CENTRE

AWARD-WINNING DENTURES AND IMPLANTS

299 1/2 EATON AVE. SELKIRK, MB
(204) 482-6698



Getting back to their roots in West St. Paul

Learning native plant gardening at the municipal office

Submitted by the RM of West St. Paul

The RM of West St. Paul is literally reconnecting with its roots through a five-year partnership with Prairie Naturals Gardening Group that will establish native plants in the Municipality's Main Street front yard.

Mayor Cheryl Christian said the RM is excited to support a project that is environmentally responsible and will beautify the Municipal Office landscape.

"We're proud to partner with a volunteer group that is working to restore native Manitoba plants that are environmentally friendly and support habitat like butterflies and pollinators," Christian said.

"The members are learning about native plants and this project gives them hands-on experience so for them it's a win. For us, it's beautifying the front of the Municipal Office and beautification was identified as something residents wanted to see as part of Strategic Planning, so it meets the needs of our residents."

Prairie Naturals was started less than a year ago by West St. Paul resident Michele Taylor and in a very short time boasts about 160 members who all have the same interest – learning more about native plants.

"We started in October of last year and we really weren't sure what kind of reaction we would get," Taylor said.

"But what we found is that there seems to be a huge need for people to find a place where they can learn about native plants gardening and also where they can find other people who are doing native plants gardening."

At the RM, Taylor said the members – who are all volunteers – were following a map and planting native plants that when mature, will resemble a prairie wave. The project is an excellent opportunity for the members, who relish the chance to dig in and learn while they plant.

"Most of our members are concerned about the effects of climate change so they're looking for plants that don't need excessive watering or fertilizing and native plants are perfectly adapted to the Manitoba climate," Taylor said.

"They've been around here for thousands of years and they also support our native wildlife, whether they're the pollinators, the bees, butterflies or the caterpillars, those species have really developed over decades, millennia to our native plants."

Once established, native plants don't need watering, another win for the environment. Taylor said one member of their group, who's been gardening in native plants for about 14 years, stopped watering after the third year.

"You're not going to water, you're not going to fertilize, that's really, really significant," she said.

Taylor, a biologist, said when she and her husband built in West St. Paul, she had, for the first time in her life, a clean slate to create her own landscape. Though she's always been a gardener, she didn't know how to garden with native plants. She tried on her own, and said researching was time consuming, and it was lonely, going about it all by herself.

She said since she started the group, she's heard the same concerns from others. Now, she's proud to say the gardening group is not only large, it's diverse.

"One of the things I like about what we're seeing in our membership is that we go from, I think our youngest member is 16, and, I've been told not to say how old our oldest member is, but it's beyond 80," she laughed.

Chief Administrative Officer Brent Olynik likes the different generations working side by side and he said council was more than happy to work with Prairie Naturals.

"This crosses all generations, we have seniors involved who've become



RECORD PHOTOS SUBMITTED

Above: Prairie Naturals Gardening Group met with West St. Paul's CAO Brent Olynik (left) and Mayor Cheryl Christian (second from left) to start on their joint project to establish native plants at the municipal office. Below: Prairie Naturals Gardening Group members planting at the municipal building.



interested in learning about native plants, we've got this whole crew of the younger generation and this is just normal business to them," he said.

"We're proud to team up with Prairie Naturals, we want to partner with groups like this. It's an environmental

project, the office landscape needed a facelift, so let's work together. Our doors are open, if someone has a good idea like this, let's do it."

The West St. Paul project is nice, Taylor said, because it's so visible. Motorists travelling Main Street can see it and she hopes it may pique their interest and perhaps get more people interested in native plants.

On the Butterflyway

Prairie Naturals Gardening Group is part of David Suzuki's Butterflyway Project – a citizen-led movement growing highways of habitat for bees and butterflies across Canada.

A sign identifying the West St. Paul project as a Butterflyway Project will be erected at the site.

Ed Teplyski
Dealerships Sales Agent

I would like to assist you on your next purchase of a new vehicle, pre-owned or leasing

204-785-0741
Email: dane1@mymts.net



250 MANITOBA AVE
204-482-4359 • gwenfoxgallery.com



Gwen FOX
ART GALLERY & GIFT SHOP

RE-OPENING JUNE 30TH WITH A NEW ART SHOW!

Tuesday through Saturday, 11 am to 4 pm
SELKIRK COMMUNITY ARTS CENTRE

CASH, DEBIT, CREDIT CARD PAYMENT AVAILABLE

Selkirk DQ hosts only Miracle Treat Day in Canada

Owners feel it's important to support children's hospital safely

By Sydney Lockhart

Dairy Queen Selkirk will be the only DQ celebrating Miracle Treat Day on Aug. 13 this year and they want the community to join them at the annual event.

Miracle Treat Day is a day where all proceeds from Blizzard sales are donated to the Children's Hospital which was put on hold this year due to Covid-19, however, Selkirk DQ owners Jim and Holly Douglas decided to create a different way to celebrate Miracle Treat Day because they wanted to continue their support for the Children's Hospital even though the rest of the Dairy Queens across Canada postponed their events.

"Through this whole pandemic I'm sure our fundraising for the children's hospital has gone down and it's very important to us because some of our staff members have kids who have been through the hospital," said Jim Douglas.

The event they're calling DRIVE THRU FOR KIDS encourages people to use the drive-thru instead of walk-up service to keep everyone safe and distant while purchasing Blizzards, though take-out and walk-up service is available.

This is different than previous year's events as, in years past, Selkirk Dairy Queen has had live bands playing music and encouraged residents to stick around and celebrate with them.

Group pre-orders and pre-order coupons are available for that day as well, the coupons proceeds will be donated and the coupon itself can be redeemed for one Blizzard on any day.

This is not just an event for individual residents and

Douglas encourages other businesses to use this opportunity to show their staff how much they are appreciated.

"Local businesses, thank your staff for working through the pandemic with a Blizzard treat and help sick kids at the same time," said Douglas.

In the past Selkirk Dairy Queen has been able to raise \$12,000 to \$15,000 dollars on Miracle

Treat Day, and Douglas said they remain optimistic for this year's donations.

He added that pre-orders can be phoned in at 204-482-6664 or emailed to dairyqueenselkirk@gmail.com until 10 a.m. on Aug. 13.

The dining room will be closed on Aug. 13 to ensure social distancing guidelines are being followed.



**NOW OPEN in
Selkirk inside Easton Medical**

**Come in today for your
free hearing consultation
Improve your hearing while paying less
That's our guarantee**

**Help is on the Horizon,
Horizon Hearing Centres
www.horizonhearing.com
204-482- 3009 or
toll free 1-877-300-7507**



RECORD FILE PHOTO

A previous year's Miracle Treat Day event when there was a live band playing at Selkirk Dairy Queen. This year's event will not feature a live band as measures are being taken to ensure safety during Covid-19.

Residents invited to learn pickle ball

New facility gives residents a chance to try out new sport

By Katelyn Boulanger

With Selkirk Community Church's new facility, that includes room for several full-sized pickle ball courts, and interest from the community, the church has expanded to include pickle ball practices several days a week and are now offering beginners a chance to learn the ropes.

"We're hoping to try to get some new people coming out. Lisa [Warkentine] is going to start to have, on Friday afternoon, to have beginners coming out with a \$3 drop in fee and we'll provide instruction for anyone that wants to play," said Albert Sheppard, a pickle ball player at the facility and volunteer with the 55+ Games.

Other equipment such as rackets and balls will be sanitized and provided for the beginners who would like to learn to play.

Pickle ball can be described as a mix between a few other court sports. Players use an oversized table tennis paddle on a badminton sized court with tennis sized nets and a orange ball that is hollow and about the size of a tennis ball. Like tennis, games must be won by two points.

The groups that play throughout the week at the church come from all over the region from West St. Paul, to Victoria Beach, to Winnipeg Beach,

to Stonewall, and many places in between.

"We started with two days [a week] and pretty soon it was apparent that the demand for pickle ball was far greater than someone who had never played pickle ball could have anticipated," said Lisa Warkentine the Facility Coordinator.

Players can choose which days they would like to come so that they come at a time that matches their proficiency with the sport. Advanced sessions are offered on Monday and Wednesday mornings, open sessions are Monday and Wednesday afternoons, Tuesday and Thursday afternoons are intermediate/advanced players, and Fridays are for beginners and open play.

Warkentine thinks that it's pickle ball's unique ability to appeal to a large demographic of people is why it's become so popular in the community.

"It's an interesting sport because it's easier on your body as your age. If you've ever played a court sport and you've found that there are parts of your body that just can't do it pickle ball might be for you," said Warkentine.

Drop in fees at the facility are \$3 for the open groups and \$3.50 for the



RECORD PHOTO BY KATELYN BOULANGER

Albert Sheppard (left) and Lisa Warkentine playing pickle ball on the Selkirk Community Church's new courts.

more advanced groups because they hit the ball harder and break more balls.

Safety amid Covid-19 is also being considered as people play at the facility. As per regulations from the province players are keeping 6 feet apart and sanitizing the pickle ball often in addition to the using of hand sanitizer.

Sheppard appreciates the new courts at Selkirk Community Church.

"It's air conditioned there's lots of courts and there's lots of space," said Sheppard.

In advance of coming to the facility to play pickle ball the church asks that you contact Warkentine at 204-781-8389 to reserve a place in a session.

Tim Hortons announces its annual Camp Day is on Aug. 12

Submitted

Over the past four decades, the Tim Hortons Foundation Camps have helped nearly 300,000 youth from disadvantaged circumstances change their stories for the better.

This year on Aug. 12, Tim Hortons guests from coast to coast to coast can join our 1,500 restaurant owners in celebrating one of the most cherished single-day fundraisers in Canada — Camp Day — to help support thousands of campers from every Tim Hortons community. While this year's annual Camp Day plans may be scaled back in restaurants to follow local health and safety requirements, restaurant owners across the country are still coming together to donate 100 per cent of sales from hot coffee and, new to Camp Day this year, iced coffee, to the Tim Hortons Foundation Camps.

"The cornerstone of the Tim Hortons brand is how we support the commu-

nities where we live and work," says Duncan Fulton, Chief Corporate Officer of Tim Hortons and Chair of the Tim Hortons Foundation Camps. "The most prominent community contribution we make, with our guests, is on Camp Day. Every year, Canadians collectively raise millions of dollars on Camp Day and they can feel very proud of how they have changed so many lives through supporting the Tim Hortons Foundation Camps."

Earlier this spring, as a result of the ongoing COVID-19 pandemic, Tim Hortons Foundation Camps announced an all-new digital camp experience, Tims eCamp. Tims eCamp officially kicked off during the first week of July and will run for eight full weeks. Participating campers have been grouped into eCabins and are being supported and guided by trained eCounsellors to build social, emotional and developmental skills.

"Whether we're in-person at one of

our seven camp locations, or virtual at this year's Tims eCamp, our leading youth development programming can be life changing for our youth who need it most," says Dave Newnham, President of Tim Hortons Foundation Camps. "Whether it's an increase in self-awareness, the ability to build positive relationships, or develop healthy behaviours and attitudes, our goal is to make a positive impact and support our campers in achieving important life skills."

Tims Camps support kids throughout their youth between the ages of 12 to 16 — an important developmental time that helps shape who they will become as adults. Through the multi-year Summer Program, youth learn skills like leadership, resilience, and responsibility. They become empowered to believe in their own potential and change their stories for the better.

Whether they are supporting from home or on the go, here are ways Tim

Hortons guests across Canada can participate in Camp Day this year:

Place an order for hot or iced coffee at a Tim Hortons restaurant, or for delivery

Until Aug. 12, donate \$2 in restaurant or on the mobile app and receive a Camp Day bracelet in one of four vibrant colours with an inspirational message based on the Foundation's values: Empower, Dream, Believe, Inspire

Round up your order in restaurant with the balance of the dollar going towards the Tim Hortons Foundation Camps

Make a one-time or monthly donation any time at www.timscamps.com

Help raise awareness and raise funds for Camp Day by joining the #CampInForCampDay social media challenge at <https://thcf.akaraisin.com/ui/CampInForCampDay>

Motocross project gains momentum

By Jennifer McFee

Plans are revving up for the development of a motocross track in the Stonewall area.

On Tuesday, July 28, nearly 60 people gathered at the Stonewall arena to learn more about the project and about the creation of a local motocross club.

In January, the Town of Stonewall hosted a well-attended community meeting to gauge interest in the building of a motocross track and to find people willing to help out.

The Stonewall Motorcross Club executive is made up of Kieren McCullagh as president, Sheldon Churchill as vice-president, Darlene Dallman as treasurer, Leanne Good as secretary, and Laine Wilson (the recreation facilitator for Stonewall and Rockwood) as a community representative.

"There's a huge interest in having a track built here. Even though we just had the meeting, the memberships are just pouring in — not just locally but from across the province," Dallman said.

"We've had offers for sponsorship already. People are really excited about it."

The mission of the club is to establish and operate a Nationals-quality motocross track in the Stonewall area while promoting the sport to riders of all ages and abilities with an emphasis on safety and responsible riding.

"We have identified land, and the

next step is to finalize a lease agreement," Dallman said.

"Then we need to work with the town and the RM on how we're going to fund the build."

Dallman said they're embarking on a process to determine what types of grants and sponsorships might be available.

"We also have to finish putting together our business plan so that the track is self-sufficient once it's up and running," she said.

"Because it's going to be a high-end track, its going to have all the requirements for any age, any ability. We hope that within one or two years, we'll be on the 204 Grassroots Motocross race series. Manitoba Oldtimer Motocross has already said they want to use the track for their events."

With support, the group believes the track could be ready for the spring of 2021.

"We've got a plan and we're going to pull it off," Dallman said.

"We're dreaming big a little further down the road that we'll be able to host a Nationals race in the province."

The economic spinoffs from having a track are huge, she added.

"Motocross is not a cheap sport. There are many people who invest a lot of money in it. It's families that come out to the events. It's not just a rider in a truck," she said.

"They come with a rig and they're spending money in restaurants and



RECORD PHOTO SUBMITTED

Bryce Wadge has found a lot of success in motocross.

grocery stores and gas stations, so there's a lot of economic benefit for the town to get this up and running."

For Dallman, the sport of motocross is important to her family since her son races. It's common to spend hours driving to other tracks, which is why she stands behind creating a track close to home.

"This is a project that I truly believe in. This has always been a dream to have somewhere close to ride," she said.

"I think it's such a great thing for the community."

For anyone who would like to support the endeavour, the Facebook page for Stonewall Motocross Club includes information about how to become a member for a \$5 membership fee.

"This is how we are gaining the momentum," Dallman said. "It's how we can show that there is huge support for the project and show sponsors that it's in demand."

For more information about the Stonewall Motocross Club, check out the Facebook page or email stonewallmotox@gmail.com.

Quilting for a cause

By Jennifer McFee

A retired Argyle farmer is stitching together her passion for quilting with her intention to support a good cause.

Shirley Campbell continues to create quilts in support of Paige Procter's Coffeehouse to End Cancer, which is set to take place outdoors at the Veterans Memorial Complex on Friday, Aug. 14.

The philanthropic initiative began in January 2017 when she started collecting pledges for charities, including the annual CancerCare coffeehouse fundraiser.

To raise funds, Campbell pays for the quilting materials and makes the quilt. Then the recipient makes a recommended donation of \$100 to CancerCare fund or any other amount of their choice.

Over the years, she estimates the pledges total about \$5,000 from the

quilt donations, which come in from across the country. She also encouraged quilt recipients to donate to a charity of their choice for several years, which led to contributions to the Stephen Lewis Foundation, arts groups and more.

Campbell undertook the task of hand-quilting for about 25 years, and then she also did quilting on her sewing machine for another five years.

"I couldn't handle the bulk of it anymore so now I get a lady to do the quilting for me. She quilts my way because I like my quilts to be puffy. She also does it full time so she gets my quilts back to me in about 10 days," she said.

"My quilt lady got cancer at about Quilt #50. From then on, everything goes on my pledge sheet for CancerCare Manitoba."

Currently, she's finishing off her

68th quilt for charity with no signs of slowing down.

"I'm having a ball, and I think I still have a few years of quilting left in me. Quilting is a hobby I can do all year round," Campbell said.

"I love doing it. I love to shop for fabrics, so I go to all the fabric shops whenever we're travelling across Canada. I know them all. My husband always takes a big suitcase and I gradually fill it up."

With a wealth of talent, Campbell even takes requests for specialty designs, including appliqué.

"I ask people if they have anything at all in mind. One person said she'd like a king size in blacks and browns with turquoise for a highlight and some pictures of her boxer dogs," Campbell said, adding that an online contact transformed the photos into a format suitable for quilting.

"She had a lot of beautiful pictures of her dogs out at Clear Lake. We made a sofa throw with them, highlighting it with fabrics to represent the lake, rocks and trees."

Another fellow from Teulon said he had a lifelong dream of having a Texas longhorn bull on a sofa blanket.

"I found a silhouette of a Texas longhorn online," she said.

"Just like we did in grade school, I printed it off and made a grid on it. Then you copy the grid onto a big piece of brown paper and there's your pattern for a cow. It worked well and he was really pleased with it."

While she was working on it, a visiting friend remarked on how their last Texas longhorn cow had recently died, putting an end to their small herd. He expressed that he would appreciate a similar quilt, so Campbell used the same pattern with a few tweaks.

Anyone who is interested in receiving a custom-made quilt in exchange for making a charitable contribution to Procter's Coffeehouse to End Cancer can contact Campbell at 204-461-1976 or email shirlann@mymts.net.

"As long as Paige keeps doing the coffeehouse fundraiser," she said, "I'll keep making quilts for people who ask for them."

get inspired

> MEAL IDEAS



Prep time: 15 minutes
Cook time: 10 minutes
Servings: 6
Ponzu Rice:
1 cup jasmine rice
1/2 cup Mizkan Ponzu Citrus Seasoned Soy Sauce
1 1/2 cups water
Stir Fry:
2 tablespoons Mizkan Organic Rice Vinegar
1/4 cup Mizkan Ponzu Citrus Seasoned Soy Sauce
1/4 cup brown sugar
1 teaspoon sesame oil
1/2 cup vegetable stock
1 teaspoon cornstarch
2 tablespoons oil
1 pound (about 21-25) raw shrimp, peeled and deveined
1/4 cup red onion, large chopped
2 teaspoons garlic, minced



Garlic Shrimp with Jasmine Rice

1 cup red bell pepper, chopped
1/2 cup carrots, shredded
1 cup sugar-snap peas
1 cup broccoli florets
2 scallions, sliced
2 teaspoons sesame seeds
To make ponzu rice: In small saucepan, combine jasmine rice, ponzu and water; cook according to rice directions.
To make stir fry: In bowl, whisk rice vinegar, seasoned soy sauce, brown sugar, sesame oil, vegetable stock and cornstarch to combine. Set aside.
In large saute pan over high heat, heat oil; add shrimp and cook 2-3 minutes until pink.
Add red onion and cook 1 minute. Add garlic, red bell peppers, carrots, snap peas and broccoli; cook 3 minutes until tender.
Add reserved sauce and cook 2 minutes until thickened.
Divide rice among six bowls and top with shrimp stir fry. Garnish with scallions and sesame seeds; serve.

Miso-Glazed Salmon Bento

Prep time: 20 minutes, plus marinating
Cook time: 6 minutes
Servings: 2
1/4 cup miso paste
2 tablespoons Mizkan Mirin Sweet Cooking Seasoning
1 tablespoon sake
2 skinless center-cut salmon fillets (6 ounces each)
1 cup thinly sliced seedless cucumbers
1 teaspoon kosher salt
2 tablespoons Mizkan Seasoned Rice Vinegar
2 cups cooked short-grain sushi rice, cooled
1 tablespoon thinly sliced green onions
1 teaspoon toasted sesame seeds
6 cherry tomatoes
2 lemon wedges
In medium bowl, whisk miso paste, mirin and sake. Add salmon, turning to coat evenly. Marinate 10-30 minutes.

Discard remaining marinade.
Heat large nonstick pan on medium-high heat. Cook fish 2-3 minutes on each side, or until internal temperature reaches 145 F. Cut each fillet into four small pieces.
In strainer or colander, toss cucumbers with salt; let stand 5 minutes. Squeeze out excess liquid; toss with rice vinegar.
Pack each bento box evenly with rice, pickled cucumbers and salmon. Sprinkle with green onions and sesame seeds. Garnish with tomatoes and lemons.
Substitutions: If ingredients are unavailable or difficult to find: Use 1/4 cup soy sauce to glaze salmon in place of miso paste; use low-carb rice such as cauliflower or broccoli rice in place of sushi rice.
Tip: To prevent sogginess, separate wet components like cucumber pickles by using aluminum foil or silicone muffin liners inside bento box.



ASK THE MONEY LADY,
Dear Money Lady,
I'm in my 80's and am getting a bit nervous thinking about what is going to happen to my dog if I died. Any ideas?

Candice
Dear Candice,
Great question! There are many retirees that treat their pets like one of their children, a member of the family – but what happens if your pet outlives you? Planning for our future is something we all know to do, but we should also consider proper planning for our pets to ensure they do not face any uncertain fate, should we leave them.

Legally, pets are considered property, therefore unless you state otherwise, upon your death, your pet will become the property of whomever receives the rest of your personal items; such as furniture, cars, etc. Does this person want the responsibility of caring for your pets and are they suitable? Often a friend or family member may say that they will take your pet when you pass, but I have seen all too often how these arrangements can fail. Sometimes it can be a conflict with other pets, incompatibility with other family members or children, inadequate finances, or maybe they have just changed their mind now that they are faced with this responsibility.

The only way to really ensure that your pet is given to someone willing and able to care for it, is to make a special provision in your Will or Estate Plan. Here are some tips that you should consider when making your own personal plan for your beloved pet(s).

1. Select one or more responsible persons to take care of your pet for absence during short-term emergency situations, or as a permanent caregiver.

AsktheMoneyLady.ca

2. Provide your future caregivers with detailed instructions on care, food, routines, vet and emergency needs. Give them a small notebook with all the specific details that are important to you and your pet should you die or become incapacitated.

3. Carry the caregiver instructions or contact information in your wallet. I have some clients that even have the details of their wishes put on a pre-printed business card or "alert card" and carry it with them. Some have also given these cards to all their family and friends.

4. If you have multiple pets, consider how you want them to be cared for – together or apart?

5. Ensure you have set aside funds for the future care of your pets. This can be gifted to your future pet guardian and provides safeguards so that they are more willing to adopt your pets wholeheartedly without suffering a financial burden.

There are so many Canadians now in retirement alone with only their pets day-to-day as companions. We need to take care of ourselves and always be planning. Write down your expectations, change things if you have to, but have your say and make sure it is done your way!

Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author of the best-selling book *"How to Retire Debt Free & Wealthy"* and a new book *Don't Panic - How to Manage your Finances and Financial Anxieties During and After the Coronavirus* available at all bookstores across Canada. **If you have a money question, please email on website: www.askthemoneylady.ca**

SELKIRK STEELERS

Bingo!

Thurs

at the Selkirk F

Early Birds
at 7:00 pm

Regular Bingo
at 7:30

**BINGO
POSTPONED
UNTIL
FURTHER
NOTICE**

Full H

Pos

Lucky

Bonanza in 30 1,425

Avoid the burn this summer

Stay in and stream your favorite shows and movies



preventing sunburns since 2005

Call for details 1 (866) 981-9769



ANDROID TV



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

15U Pirates blast St. James A's

By Brian Bowman

The North Winnipeg Pirates had a really easy time against the St. James A's in 15U "AAA" baseball action last Wednesday.

North Winnipeg dominated St. James in a lopsided 22-0 victory.

"We were hitting the ball but they are weaker than most teams," said Pirates' head coach Donnie Smith. "We threw two guys that pitched pretty well and our defence was good. It was just one of those games where they ran out of pitching a little bit and we obviously reserved our base running, stuff like that, or it could have been worse."

Smith liked the fact that his team, once again, was still engaged in a game despite the lopsided score.

Andrew Hladun started the game on the mound for the Pirates and was relieved by Matthew Evanochko. Both players threw three innings.

Meanwhile, the Pirates had a special treat earlier in the week when they played the Interlake Orioles in an exhibition game at Shaw Park.

North Winnipeg players, coaches,

and parents had a great experience despite suffering an 11-7 loss.

The game brought back some nice memories for Smith, a former Winnipeg Goldeyes' star reliever.

"It's funny because I have been out there so much but it brought back a lot of memories and you don't realize how nice that ball park is," he said. "I hope (the players) took a lot out of that. I mentioned to the kids that every step you take a little higher obviously the playing field gets a little better and hopefully it gives them a little incentive to further their baseball career at the collegiate level or even after that."

It was a great experience for everyone involved, said Smith.

"The part that I enjoyed most was we had enough room in our dugout where everyone was inside the dugout," he said. "They were spread out obviously but this year everyone has kind of been outside of the dugout (due to COVID-19) which really takes away from the learning part of the game. A lot of things tend to happen during a game where we talk about



RECORD PHOTO SUBMITTED

The North Winnipeg Pirates 15U 'AAA' baseball team played an exhibition game against the Interlake Orioles at Shaw Park last week. Pictured back row, left to right, coach Donnie Smith, coach Keith Carriere, Gilbert O'Connor, Ryan Herman, Noah Minaker, Nixon Carriere, Jack Kopytko, coach Jason Evanochko, and coach Brett Muron. Front row, left to right, Rylan Sliworsky, Matthew Evanochko, Nathan Ens, Colson Smith, Max Horodecki, and Kalan Krenkevich. Missing from the photo is Andrew Hladun and coach Justin Pasichnyk.

it with the kids. That's just not there this year and, more times than not, the kids are outside of the dugout."

The Pirates (9-1) will be busy this week with four games, beginning Wednesday (6 p.m.) against Red River at Transcona Stadium.

On Friday at 6 p.m., North Winnipeg will host St. James and then the Pirates will hit the road to play a doubleheader with the undefeated Brandon Marlins (8-0) on Sunday. Games will start at 1 p.m. and 4 p.m.

Selkirk men's soccer teams winless last week

Staff

Selkirk FC was defeated 2-1 by Bandits FC in Manitoba Major Soccer

League 1st Division action last Thursday at the Recreation Complex.

Tanner Markevich scored for Selkirk



RECORD PHOTO BY BRETT MITCHELL

Selkirk FC was defeated 2-1 by Bandits FC in MMSL 1st Division play last Thursday at the Rec Complex.

FC while Tyler Arnason and Nathan Douglas replied for Bandits FC.

On July 27, Selkirk FC played to a 0-0 draw with the Hanover Kickers.

Selkirk FC, now 0-2-1, hosted Forza WSP this past Monday evening but no score was available at press time.

The local squad will play their first road game of the season this Sunday when they battle the Winkler Storm. Game time is 6 p.m.

In MMSL 7th Division action, the Tri-S Strike Force played to a 1-1 draw with the Purple Cobras last Friday in Selkirk.

Awad Ramadan Adad scored for Tri-S, converting a beautiful pass with a header. Muuaz Nasir had the Purple Cobras' goal.

The Strike Force (0-2-1) are back in action this Friday when they host Saints United for a 7:15 p.m. game.

WFPS races cancelled due to COVID-19 pandemic

Staff

For the second time in as many years, Winnipeg Fire Paramedic Service half marathon organizers have cancelled the event.

This year, the cancellation was due to the COVID-19 pandemic. Last year's races were wiped out due to danger from damaged and fallen trees from an October snowstorm.

This year's event had close to 2,000 runners registered. Organizers set a deadline to make a decision on the

event so they could offer runners a refund.

Last year, refunds were not offered due to the event being cancelled a mere 36 hours before the races were to begin.

However, the WFPS run has not been cancelled completely as organizers are putting on a virtual race. Individuals can start registering for the virtual runs starting Aug. 10.

The virtual run will begin Oct. 1 and continue until Oct. 31.

New funding for National Deaf Curling Program

Voice staff

The Cargill Curling Training Centre (CCTC) in Morris has announced additional funding to support Canadian Deaf Curlers for the 2020-21 season.

The CCTC and the Canadian Deaf Sport Association established the four-year, \$130,000 National Deaf Curling Program in 2019 to provide deaf and hard of hearing curlers across Canada an opportunity to improve their curling skills.

Last month, the organization announced that, thanks to generous sponsors, they are now able to provide an additional \$15,000 to be

used by players and teams to access training at CCTC outside the national program funding.

From now until the end of March 2021, players and teams will be able to access ice, equipment, and instruction at 50 per cent of the cost. These bookings will be on a first-come basis until the \$15,000 has been used.

The Morris Curling Club and the Cargill Curling Training Centre opened for practice on July 7 with new COVID-19 protocols in place.

For more information, contact CCTC morris-trainingcentre@gmail.com or 204-746-2271 or head to www.curlingtraining.ca.



RECORD PHOTO SUBMITTED

Curlers are already taking to the ice at the Cargill Curling Training Centre in Morris, which opened its doors for practice July 7 with new COVID-19 protocols in place.

North, Orr win Manitoba Senior Golf titles

Staff

Bruce North of the Carman Golf & Curling Club came back from a two-shot deficit on his home course to capture his second Manitoba Senior Men's title last Wednesday.

North carded an even-par round of 71, the low of the day, to edge defending-champion Mike Walker of the St. Boniface Golf Club by a single shot.

North and Walker were tied on the last hole before North holed a 12-foot birdie putt. He earlier carded rounds of 78 and 71 to finish at 7-over par 220.

Rounding out the top five were John Multan of the Elmhurst Golf & Country Club, Allan Wheeler of the Rossmore Country Club, and Al Briscoe of the St. Boniface Golf Club.

Breezy Bend's Garth Collings, who

lives in Matlock, finished seventh overall with a 14-over 227. He had rounds of 74, 73, and 80.

In the forward tee division, Barry Minish of the Niakwa Country Club finished with his best round of the event, shooting 75 during his final round for a 232 total to win by a single shot over Steve Wallace of the Transcona Country Club.

Minish also captured the Super Senior title (65+).

In the women's championship event, Rhonda Orr of the Southwood Golf & Country Club won her fifth-straight senior women's championship and her seventh in the past eight years.

Orr started the day with a two-shot lead over Tammy Gibson of the Niakwa Country Club. Orr put together

her best round of the 54-hole event with a 8-over 79 for a three-day total 240. She earlier carded rounds of 80 and 81.

Gibson posted a final round of 86 for a 249 total to finish in second place while Gail Kennedy of the St. Charles Country Club also posted an 86 to move her into third at 261.

In the forward tee division, Karen Saarimaki of the Kenagomisis Golf Club took top honours by shooting a final round 81 to close her tournament with a 248 total. Nancy Porth of the Niakwa Country Club finished in second place with a 261. Saarimaki also took top spot in the Super Senior (60+) division.

Interlake Blue Jays edged by Winnipeg South

Staff

The Interlake Blue Jays were defeated 6-5 by Winnipeg South in Manitoba Junior Baseball League action last Friday evening.

No box score from the game was on the league website at press time.

Last Wednesday, Interlake was beaten 13-2 in five innings by the Elmwood Giants at Koskie Field.

Elmwood broke the game open early with six first-inning runs and then added one in the second, two in the third, and four more in the fourth.

Interlake replied with a run in the second and another in the top of the fifth.

The Giants outit the Blue Jays 15-5.

Chris Fines led Interlake by going 2-for-3 with a run scored while Cole Olfert was 1-for-3 and also scored a run.

Interlake's other hits came from Jeremy Wasilewski and Devon Cassan.

Interlake, now 7-10 and in sixth place in the eight-team league, played the Altona Bisons in a doubleheader on Monday but no scores were available at press time.

The Blue Jays will host the St. James A's in a doubleheader this Sunday at Fines Field. Games will begin at 1 p.m. and 4 p.m.

18U Pirates defeat first-place Winnipeg South

By Brian Bowman

The North Winnipeg Pirates 18U "AAA" baseball team can beat anyone in the league when they play good baseball.

They proved that last Friday when they defeated first-place Winnipeg South 7-2 at Koskie Field.

The Pirates' Brett Zeller was on the mound and redeemed himself from a previous 10-0 loss against Winnipeg South. He threw 104 pitches over six innings, had 10 strikeouts, while allowing two walks and four hits.

Ethan Minaker came in to close, threw 12 pitches, had one walk, one strikeout, and picked off a runner.

Offensively, North Winnipeg's Wyatt Whitwell led the way with a triple, double, and an intentional walk while scoring two runs. The Pirates' Tyler

Smith was 1-for-3 with a double and 2 RBI's.

On July 28, North Winnipeg was swept by the St. James A's in a home doubleheader. St. James won games by scores of 5-4 and 4-1.

North Winnipeg's Ethan Minaker threw 57 pitches, gave up three runs and two walks, and had three strikeouts. The Pirates made three errors behind him.

Keenan Allen came in next to pitch. He threw 38 pitches, struck out one batter while allowing a walk and an earned run.

Noah Contreras closed out the game on the hill, throwing 30 pitches and giving up one walk and a run.

North Winnipeg outit St. James 8-3 in the losing cause.

In Game 2 of the doubleheader,

Smith threw 107 pitches, had 14 strikeouts and allowed two walks and three hits.

Smith was the victim of two errors in the game.

The Pirates (7-7) hosted Winnipeg South (10-2) on Tuesday and then will visit the Bonivital Black Sox (5-6) at Whittier Park on Sunday. Game time is 7 p.m..

Meanwhile, the 13U Pirates lost 12-9 to Red River last Thursday at the Sunova Centre.

On July 28, North Winnipeg edged the Bonivital Black Sox 13-12. The next evening, the Pirates were defeated 13-7 by Winnipeg South.

North Winnipeg (4-8) played the Interlake Orioles this past Tuesday and then will host the St. James A's on Thursday at 6 p.m. in West St. Paul.

Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

AUTOS

For sale - 2013 Sonata, well looked after, 4 dr., sunroof, heated front & back seats, lumbar support, AC, 1 yr old all-season tires and 1 yr old winter tires with rims, 149,000 kms of which 85% is hwy kms. Asking \$8900. Call 204-461-4771.

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

Please support our advertisers
SHOP LOCAL

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HELP WANTED

Experienced roofers, helpers & labourers needed. Will train suitable candidates. Call and ask for Reuban or Paul 204-757-9092.

Grain farm north of Beausejour is looking for full or part time machine operator. Mechanical experience and ability to operate large, modern equipment are an asset. 204-268-0262 or 204-265-3494.

HELP WANTED

Lockport Taxi has a position open for a driver. Part time/full time, class 4 licence required. \$13/hr plus benefits. Ph. Glen at 204-757-7377.

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews 204 338-4292.

SHOP LOCAL

See Us for Everything YOU need to Promote Your Business

- Flyers
- Brochures
- Business cards
- Stickers
- Window decals
- Social tickets
- Door hangers
- Letterhead
- Envelopes
- Invoices
- Estimate sheets
- Posters
- Memo pads
- Post cards
- Presentation Folders

Call 204-785-1618

take a break > GAMES

SUDOKU

		7		9		6		
5						4	8	
		2	7	5				
	6			2	8			
					3	7		
				3	4			9
4	2				5			
	7	9	1			5		

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

2	4	5	9	8	1	6	7	3
9	8	1	5	7	6	8	2	4
6	7	8	4	3	2	5	1	9
8	2	7	3	1	9	4	5	6
5	1	6	8	2	4	3	9	7
4	9	3	6	5	7	2	8	1
7	8	4	2	9	3	1	6	5
3	5	9	1	6	8	7	4	2
1	6	2	7	4	5	9	3	8

Sudoku Answer

		E	A	D	T	S	V	R	B
		T	E	R		E	T	S	V
S	E	A	T	A		H	S	V	T
		N	A	R	O		S	E	R
		N	A	M	G	A	B	I	E
O	C	S	A	B	A	T	F	S	O
						E	N	O	T
V	E	T				S	E	S	I
						W	I	V	M
W	E	T	A			N	E		S
E	P	I	P			S	I	S	E
D	E	L	V	T	O	R		T	V
									N
T	E	A	V	E	T	I		E	O
									I
									W
									U
									P
									S
									C
									O
									F
									O

Crossword Answer



CROSSWORD

CLUES ACROSS

- Opposite of on
- Creator
- No seats available
- About springtime
- Flagship ESPN show (abbr.)
- Automobile
- A matchup
- Porous volcanic rock
- Utter repeatedly
- Not written in any key
- Revolved
- Archival
- Within
- Smoker's accessory
- Disfigure
- Primordial matter
- Thrust horse power (abbr.)
- Kisses
- Some is iced
- A way to derive
- Unaccompanied by others
- Discontinued Google app
- Tony B. left his heart there
- Condiment
- Ancient Italian city
- One who distributes payoff money
- Guarantees
- Highly decorative
- Strike with a stick
- Pie ___ mode
- Spanish be
- Glued
- A way to drench
- Part of the body
- Changes the color

			1	2	3		4	5	6	7	8	9		
			10					11						
12	13													
			14						15					
16			17						18				19	20
									23					
22														
24							25		26			27		
							28		29			30		
31	32	33					34				35		36	
37				38				39						
40							41							
48						49					50			
51											52			
											54			55
											58			
											60			

CLUES DOWN

- Passerine birds
- Noisy quarrel
- The front arm or leg of an animal
- Early multimedia
- Golden years
- Large mollusk
- Small arm of the sea
- Persian jurisdiction
- Atomic #81
- From end to end
- Adorable
- Ma
- Nearly falling
- Portable conical tent
- Excessive fluid accumulation in tissues
- Fish with high dorsal fins
- Equal (prefix)
- Aquatic plant genus
- Choppers
- Hand parts
- Region bordering the sea
- Well-liked
- Nap
- It's used to make beer
- Related on the father's side
- Senior officer
- Delicacy (archaic)
- Figures
- A way to take away
- Beloved sandwich ___&J
- Symptom typical of withdrawal (abbr.)

Classifieds

Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

Please support our advertisers **SHOP LOCAL**

LOST RED FRAME ROUND LENS PRESCRIPTION GLASSES

somewhere between Shoppers Drug Mart in Selkirk and Middlechurch on Hwy. 9 in February.



REWARD
Call 204.485.0010



ARBORG 204-376-3400 **GIMLI** 204-642-8501 **SELKIRK** 204-482-5806
Visit www.interlake.mb.ca to see ALL our listings.
Thinking of Selling? Call us to find out about Matterport 360° 3D tours.



Wpg. Beach \$229,900.
1388 sf, 4 bds, many renos incl wndws. Gas heat, c/a, dbl lot & gar.
Dayna Clark
204-461-1347

JIM BOULTON
204-485-2446

142 Lily commercial M1 shops, compound, watchman quarters, fenced compound.

Building lot in Lee River area, backs on to brook that leads to Wpg River, \$33,900

2093 Portage Ave commercial lot in Deer Lodge area, 147 ft frontage, C2 zoning



Stonewall 158 Fertile acres, House, shop 4 shelters, tackbarn, fenced, ready to go \$599K!
Mike Juba
204-588-7967

CINDY LITTLE
204-979-3364

388 Oak, River Heights. 2 bed, full bsmt, orig woodwork, NEW kitchen, a must see. \$290,000

43 Burning Bush Bay, Windsor Pk. 3 bedrm 2 bath, full fin bsmt, huge wkshop/gar \$329,900

LUKA KOZLOVA
204-997-7756

Beautiful renovated condo LR/DR, big master br+den Kit, SS appl, 2 parking stalls. \$316,900

3-br 2-storey in River Heights Many upgrades. W-facing yard Beautiful landscaping! \$398,000

ELLEN WYKA
204-376-3400

Spectacular family home in Arborg, 5+ bedrooms, open concept, island kit., picture perfect

Gorgeous family home on manicured acreage just North of Arborg. Workshop, much more.

Arborg: well maintained bi-level on private residential lot. This one is a must see.

KATHY MARKS
204-642-8501

Gimli-Fully serviced vacant lot. Perfect location for your new home- \$37,000



Beautiful 3 bed, 2 bath townhouse condo. Central air, new windows, & patio \$149,900
John Wisnowski
204-479-1208

CHRIS NEUFELD
204-641-1727

GIMLI - 3 Bdr on 2 park like acres. Fin. Basement. In floor heat in gar. Woodstove.

WPG CONDO - 1386 sq. ft. 3 bdr. 2 bath. Close to U of M. & Victoria Hosp. 219,900

GIMLI - Newer 4 bdr, 3 bath on huge lot. In town. Hrdwds. Deck. Gar. 359,900

DAVE HUMNISKI
204-642-8501

63 York, Ponemah Gorgeous all season home. Dbl lot, ice fishing anyone?

Aspen Park? Worry free condo living. 2 bedroom, completely re done. \$150

12 th ave. sandy Hook. Triple lot w/ garage and snappy home! Offers?

CURIOUS ABOUT MARKET CONDITIONS?
Let us help create a strategy personalized to your needs.



Fisher Branch hobby farm on 2 acres. Totally upgraded, 3 bdr, barn, DT1. \$179,900
Ingrid Bennett
204-642-2089

LAURENCE HUMNISKI
204-642-8501

521 Hazel Wpg. Beach 3 bdr. yr round home, upgrades galore! Attchd. garage, Dbl. lot \$233k

Price Reduced!
24 Robinson Wpg. Beach Great location downtown. Great Reno's \$229,900

133 7th Ave. Gimli Family home w/ full bsmt. & amazing shop in town! \$269,000

GRANT HJORLEIFSON
204-641-6400

Lakefront 4 Bdr. Sandy beach, wedding worthy yard 91 Loch Woods \$549,900

Lakefront 3 Bdr in Gimli's South Beach Built in 2008 40 Benedict \$399,900

Gorgeous Wpg Beach 4 bdr, dbl lot, immaculate. 327 Oak Ave \$209,900

JASMIN THEOBALD
204-642-8501

10 acres 4BR Hobby Farm just 5 minutes from Gimli. Absolutely stunning! LP \$379,500

Stunning 2BR quality home, huge kitchen, amazing view, D-Garage with WShop, LP \$279,500

Cute 2BR cottage in Winnipeg Beach, on double lot, may be sub-dividable, LP \$140,000

CRYSTAL LINE
204-232-6200

North of Arborg 5.5 Acres Lrg spacious 3 bed 1 bath mobile home W/Ins Workshop \$195,000

35 Bunnie Pl. Arborg 4 Bed 2 bath large open living area a must see - NEW PRICE \$274,500

15 Stoney Beach Road Hnausa 2 bed 2.5 bath home double att. Garage \$267,000

REASONS TO SHOP LOCAL

- Locally grown food is fresher & tastier than goods shipped from far away and products travel shorter distances and sometimes have less packaging which creates less waste.
- Buying local stimulates the economy, creates jobs and attracts investors to your region.
- Knowing the local shop owners means you get personalized service and a sense of community wherever you go.
- Encouraging local merchants teaches your children the importance of community
- Buying local means spending less money on gas, you spend less time travelling and more time with the people you love.

CLEAN OUT YOUR BASEMENT AND ADVERTISE YOUR "GOOD JUNK" HERE TO MAKE EXTRA CASH

McSherry Auction
12 Patterson Dr.
Stonewall, MB

Online Timed Estate & Moving Auction @ iCollector.com
Closes Wed Aug 12th @ 8 PM

Featuring* 06 Yamaha 660 4x4 Side x Side * 04 Arctic Cat 500 Quad * 04 Polaris 800 Edge Touring * 03 Nissan Path Finder * Surfside BH Camper * Go To Web!

Consignments Welcome!
(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

MISCELLANEOUS

Culvert - 4 pieces, 20 ft. long each, 48" diameter, 10 gauge, c/w 3 couplers. (New \$10,500), asking \$4,800 obo. Call Bob 431-996-9599 (Manitoba) or Jim 204-781-8108.

Small pet carrier cage for dog/cat \$15; medium size pet carrier bag for dog/cat \$20; A/C 10,000 BTU, fits window, 1 yr. old \$349. Call 204-482-3010.

Trailers, Truckbeds & Tires. Full repair and safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, financing & leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, Mb. 1-888-685-3127. www.kaldecktrailers.com

MISCELLANEOUS

Booking fall classified ads now! Get the jump on your competitors. Each week The Manitoba Community Newspapers Blanket Classifieds could be helping your company or organization get noticed in over 340,000 homes, in communities across the province! It's AFFORDABLE and it's a great way to increase and connect with your future customers. For as little as \$189 + GST, get your important messaging out! Call 204-467-5836 or email classified@mcna.com for details. MCNA 204-947-1691. www.mcna.com

Please support our advertisers **SHOP LOCAL**

MISCELLANEOUS

Facemasks - quality, long lasting, 100% 4 layer cotton masks, cost \$10 & includes \$2 donation to Food Bank. Pick up in Beausejour, Selkirk or arrangement delivery/postal (for example: 2-3 masks cost under \$5 to mail) Call or text Theresa at 1-204-485-1948.

JEWELRY REPAIR

Jewelry Arts Studio, 365 - A Eveline St. Selkirk, call or text 204-345-9451. Jewelry/watch repairs, goldsmith on site. Necklace/chain repair \$14.97 +, stone setting and ring sizing \$40 +, watch repairs and watch batteries \$12. Pearl restringing, appraisals

AUTOBODY TECHNICIAN

- Full Time Position • Journeyman Tech
- Group Medical/Dental Benefits



Please fax, e-mail or drop off resumes to:
Selkirk Autobody Ltd.,
401 Lake Ave.
Ask for Kris 204-482-3960
Fax. (204) 482-4370
selkirkautobody@mts.net



Municipality of Alexander
Under the Authority of The Planning Act
NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any persons who wish to make them in respect to the following matter:

Municipality of Alexander By-Law No. 08/20
Being a By-law of the Municipality of Alexander to adopt a new Zoning By-law

HEARING LOCATION:

Council Chambers at the Municipal Office
1 Bouvier Trail
St. Georges, Manitoba

DATE & TIME:

Tuesday, August 25th, 2020 at 10:00 am

GENERAL INTENT OF BY-LAW:

To adopt a new Zoning By-law as per Section 68 of *The Planning Act*
The new Zoning By-law will apply to all of the Municipality of Alexander
Michele Stefaniuk
Assistant CAO
Phone: 204-367-6170

AREA AFFECTED:

FOR INFORMATION CONTACT:

A copy of the above noted By-Law 08/20 and supporting material may be inspected by any person during regular office hours from 9:00 am to 1:00 pm and 2:00 pm to 4:00 pm Monday to Friday at the office of the Municipality at the office of the Municipality at St. Georges, Manitoba at 1 Bouvier Trail.

As a precaution for the COVID-19 pandemic and physical distancing requirements, the public is requested to pre-register for the public hearing if they plan on attending by contacting the municipal office at 204-367-6170 or info@rmalexander.com

Do you have a unique service you would like to advertise?
Get the word out with an ad in the Record!

CENTURY HOME

For Sale by Owner

225 Sask. Ave.
Arden, MB

204 476 6262

www.meyersauctions.com

AURORA 1648 SqFt RTM Showhome

3 Bedrooms (ensuite), Maple Kitchen, Quartz Countertops, Walk-in Pantry, Island. James Hardie Siding, Huron Tripane Windows.

Pictures available

www.giesbrechthomes.ca
or phone
204-346-3231

MAPLETON LANE 1192 River Road, St. Andrews



55+ Life Lease Suites Available.
2 bdms, 2 baths, 6 appliances included, enclosed heated parking, large common room, exercise and hobby rooms, guest suite.
Call Tara for details at 204-485-0656
Carefree Lifestyle for those over 55

Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

The Selkirk Record

UPCOMING EVENTS

Looking to elope? Had to postpone due to Covid-19? Zairalyn Events is hosting pop up wedding packages for great prices at The Gates on Roblin, Tiny Chapel Beginnings, White Tail Meadow & more to be announced. Contact Zairalyn Events at 204-266-3014 or zairalynerevents@gmail.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

BATTERIES FOR EVERYTHING!

50,000 BATTERIES IN STOCK

*Auto *Farm *Marine
*Construction *ATV
*Motorcycle *Golf Carts
*Rechargeables *Tools
*Phones *Computers
*Solar Systems & design
* Everything Else!

THE BATTERY MAN

1390 St. James St., WPG
1-877-775-8271
www.batteryman.ca

NOTICES

Urgent Press Release &/Media Advisories. The news never stops, and neither do we! We are assisting organizations, businesses, and the public in getting their messaging out about important news, changing operations, cancellations, etc. Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com. We are here to help you.

FARM MACHINERY

For sale: CIH 1688 combine - 3800 hours, CIH 30' flex header, 2 wheel header transport, CIH 4000 swather - 24 1/2 reels. 204-742-3391 or 204 638-2634.

HAY FOR SALE

Hay for sale - large round hardcore bales of alfalfa and brome grass. Ph 204-461-0722.

HIP/KNEE Replacement?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$2,500 yearly tax credit and \$20,000 Lump sum refund.**

Apply NOW; quickest refund Nationwide!

Expert Help:
204-453-5372



Response Builder Advertising WORKS!

- GET SEEN by over 340,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 41 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

WHY CLASSIFIEDS WORK

Classifieds are inexpensive.

This is perhaps the biggest advantage of using this form of advertising. Payment is generally based on the number of words or the lines of copy used in the ad. Given the low cost, you can actually run an entire series of classifieds ads. The inexpensive nature of the ad means you can reach out to your prospects on a regular basis without breaking your bank account.

Classifieds are great for generating leads.

You invite them to contact you by phone, mail, or e-mail, etc. When the contact is made, you simply follow-up with a sales call or email.

Classifieds can be used for local and regional audiences.

It's been said that the classified is the one tool that allows the little guy (or gal) to be more competitive. It enables the small businessperson to reach his or her audience on a small budget, no matter where they live.



RURAL MUNICIPALITY OF WEST ST. PAUL APPOINTMENTS TO THE RM OF WEST ST. PAUL BOARD OF REVISION

The Rural Municipality of West St. Paul is seeking three individuals to serve on its Board of Revision for a three-year term beginning in 2020. Appointments will be made with a view to engaging knowledgeable, professional, managerial and other persons who have an understanding of assessment in residential and/or commercial applications. Canadian citizens who are entitled to vote in Manitoba Municipal elections are eligible to apply.

The 2021 Board of Revision is scheduled for Wednesday, November 4, 2020 at 5:00 pm to deal with the 2021 Realty, Business, Personal Properties Rolls and Supplementary Taxes.

Applications must be received by the undersigned no later than August 20, 2020.

Brent Olynk, CAO, RM of West St. Paul
3550 Main Street, West St. Paul, MB R4A 5A3
admin@weststpaul.com

Please support our advertisers **SHOP LOCAL**

EMPLOYMENT OPPORTUNITY

RURAL MUNICIPALITY OF ST. CLEMENTS is seeking applications for the following two positions:

SEASONAL CLASS 1 - HEAVY EQUIPMENT OPERATOR

(Seasonal Class 1 rate \$26.71/hr
6-month probation rate \$25.71/hr)

SEASONAL CLASS 3 - OPERATOR(LABORER)

(Seasonal Class 3 rate \$20.95/hr
6-month probation rate \$19.95/hr)

SEASONAL POSITIONS RUN

APPROXIMATELY MAY 4 TO OCTOBER 30, 2020

Details of these positions, including qualifications, can be found on our website, www.rmofstclements.com

Applications with detailed resume clearly stating the position(s) applied for will be received up to 3:30 p.m. on August 13, 2020 or via email to pwadmin@rmofstclements.com.

Thank you to all who apply, however, only those candidates selected for an interview will be contacted..

Apply to:

Greg Elson, CET
Public Works Manager
155 CIL Road
Box 2, Grp 35, RR 1
East Selkirk, Manitoba, R0E 0M0



1 Tyler Drive
St. Clements
\$179,900

1.4 acre lot WATER FRONT



NEW PRICE

133 Calder Road \$169,900

Private 4.93 acre building lot, with subdivision potential. Treed yard site, and open area. Paved Road



Stig Rensfelt

FRI, CMR, CRA

Call or text

204-482-5492



Starting a new business?

Call us -
We have everything
you need to promote
YOUR BUSINESS

Call 204-785-1618

Evan Kreutzer.ca
Real Estate Services Inc.
325 Manitoba Ave. Selkirk 204.482.7355

EVAN 482-7355

WAYDE 485-0407

REDUCED!

51 Billy Goat Dr
3+ bdrm, 1 bath,
extensive renos inside
& out. Traverse Bay.
\$178,000

Make us an offer!

NEW REDUCED PRICE!

118 cross fenced
acres, well &
dug-out
\$150,000

SOLD in 2 days!

474 Harold Ave
2++ bdrm, 2 bath,
dble insul garage.
\$267,000

"Smart move!"

**STILL OUT
SELLING IN YOUR
NEIGHBOURHOOD**

**WANTING
TO SELL? ...
We have
Interested
Qualified Buyers!
CALL US TODAY!**

**BRAND NEW 2 & 3
BEDROOM TOWNHOUSES**
for rent at 900 Vaughan Ave. Selkirk

\$1445 - \$1645/mth plus utilities.
Call or email for more details.
204-960-7550 or
leasing@forthrightproperties.ca

**FORTHRIGHT
PROPERTIES**

Announcements *The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

Don't Forget Your Loved Ones WITH AN ANNOUNCEMENT IN THE

The Selkirk Record

Call 785-1618 or email lucy@selkirkrecord.ca

ANNOUNCEMENT
ANNIVERSARY



*Congratulations
Brian and Liz Miller
on your 25th Anniversary on August 5th
Patience you have indeed!
-Love you, Miranda and William

ANNOUNCEMENT
RETIREMENT



Happy Retirement Ed!
Good luck and best wishes
-Love from
all your family and friends

ANNOUNCEMENT
IN MEMORIAM



Adele Chanas
August 6, 1991
Those we love don't go away,
They walk beside us every day;
Unseen, unheard, but always near,
Still loved, still missed, and held so dear.
-Love Paul and family

BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS
- NOTICES
- BIRTHS
- OBITUARIES
- IN MEMORIAMs
- THANK YOUS
- ENGAGEMENTS
- ANNIVERSARIES
- MARRIAGES

The Selkirk Record

Call 785-1618 or ads@selkirkrecord.ca

Biz Cards

MCR
MASONRY & CONCRETE RESTORATION
Masonry Install/Repoint/Repair/Demo
Concrete Repair
Stucco Install/Repair
Free Estimates
www.mcrrmb.ca 204-541-0404

B+E Systems
Professional WINDOW CLEANING & GUTTER CLEANING
204-880-2663 besysca@gmail.com

INTERLAKE TREE SERVICE
Trimming and Removal
204-799-5265

Stephen's Handyman Service
• Carpentry
• Electrical
• Plumbing
• Heating & Cooling (including boilers)
204-647-4919
Licensed and Insured

pampered chef
INDEPENDENT CONSULTANT
• Cooking Shows • Meal Prep Solutions
• Fundraisers • Individual Orders
204-485-4272 call or text
stoneware444@gmail.com
www.pamperedchef.biz/michellebalharry

BILSKY ENTERPRISES LTD.
DESIGN and DRAFTING SERVICES
GENERAL CONTRACTING
PROJECT MANAGEMENT
COMMERCIAL • INDUSTRIAL • RESIDENTIAL
PAUL BILSKY 204-485-3799 Technician
DON BILSKY 204-785-3536 President
OFFICE: 204-482-9381 bilskyentltd@gmail.com

RIVERBEND
HEATING & AIR CONDITIONING
Your local HVAC specialists Installation & Service
204-396-4474
info@riverbendheating.ca
www.riverbendheating.ca
HYDRO FINANCING AVAILABLE O.A.C.

PRAIRIE OAK TREE SERVICES
ST. ANDREWS MB
CURTIS 204.981.8731
LICENSED ARBORISTS

DHRG CONTRACTING
Concrete & Landscaping Services
Spruce Trees in Stock NOW!
Ready for DIY or professional installation
204-470-5109

GRAVEL & LIMESTONE TOP SOIL GRANITE BOULDERS
• BLACK & RED GRANITE GRAVEL
• RIVERWASH • FIREPITS
• COLOURED BARK
SELKIRK LANDSCAPING
611 MORRIS AVE. SELKIRK
selkirklandscaping@hotmail.ca
STUMP GRINDING & SKIDSTEER SERVICE
204-485-0276

JCM Construction
Carpentry & Concrete Specialist
• Foundations • Pads • Framing • Decks
• Renovations • Garages • Rec Rooms
Dan Hydrochuk c: 204-403-8823
dhydrochuk@gmail.com h: 204-785-1419

TREE REMOVAL & STUMP GRINDING
TEXT/CALL: CURTIS 204.981.8731
PRAIRIE OAK TREE SERVICES
ST. ANDREWS MB
LICENSED ARBORISTS

Biz Cards
Get The Job Done!
Call 785-1618

Pick up your
Selkirk Record
At the
SPORTSMAN'S STOP
CONVENIENCE & VARIETY ESSO
Fishing Bait and Tackle • Gas • Maps
HIGHWAY 44 just east of 59.

K. GOWER Construction
• Carpentry • Garages & Sheds
• Doors • Decks
• Siding, Soffit & Facia • Bathrooms
• Basement Finishing
785-3740

DOC MD MECHANICAL
Specializing in
• Duct Installation
• Heating
• Cooling
Hydro Financing Available
P. 204-226-1840
F. 204-757-2097
Darryl Woloshyn doc.md16@gmail.com

SAB'S Carpentry
DECKS
• WINDOWS • DOORS
• Home Improvements
LAURIE H: 482-9057 C: 485-2946

BODNER QUARRIES
• Crushed Limestone
• Landscape Boulders
• Clean Fill • Top Soil
Garson, Manitoba **204-266-1001**

• Premium Gas & Diesel Fuel • Groceries
• Dew Drop Water • Boyd's Coffee & Snacks
• Local Post Office & of course Friendly Staff
LIVE & FROZEN MINNOWS
PETERSFIELD STORE
Hwy. Petersfield (204) 738-4475

FULLHOUSE MOVERS
ALEX FOTTY
HOME: 204-467-2419
CELL: 204-461-2352
NOTHING BEATS A
FULLHOUSE MOVE

Pump-Tech
PLUMBING & PUMP REPAIR
We've moved to 80 IXL Crescent, Lockport
(Behind Canvasback)
By appointment **204-757-7219**
www.pumpstechplumbing.com

I BUY JUNK VEHICLES
RVs, trailers and farm equipment too! Phil
204-485-5787

Shumski's Fencing
Chain Link Fence Supplies
Installation or "Do It Yourself Kits"
Dog Kennels • Privacy Slats
Free Estimates www.shumskigardencentre.com
339-5706 email: shumski@mts.net
4240 Main Street, West St. Paul

Fidler Construction
Specializing in
Home Renovations
Interior & Exterior
Call George
Ph: 204-785-8082 Cell: 485-4330

CASSIDY'S CONSTRUCTION
• GENERAL CONTRACTING
• MILL WORK • CABINETS • PROJECT MANAGEMENT
• COMMERCIAL/RESIDENTIAL RENOVATIONS
Steve Cassidy • Cell 782-4447
cassidysconstruction@gmail.com

HARDWOOD
INSTALLATION & REFINISHING
LAMINATE INSTALLS
TAKING BOOKINGS NOW
DYNEVOR 204.793.0345
email: kirk_monkman@yahoo.ca

SHERLOCK TREE REMOVAL
Pruning • Stump Grinding • Chipper
Licensed Arborists
Fully Insured - Claim Free
30 years Experience
Vince 861-0487
Darren 861-0028

GNJ STUCCO AND ACRYLIC
Pargings • Garages • Paper & Wire
New & Re-Stucco Repair Work
204-206-0276 FREE ESTIMATES
Teulon, MB

FOREST STUMP GRINDING
- WE GRIND DEEPER FOR CHEAPER -
Call Darrell Cockerill - Cell or Text: 204-485-3887

Karl's Appliance Service
Repairs to fridges, stoves, washers, dryers, air conditioners
482-4594

P.K. PLUMBING SERVICES
204-792-5156
• Plumbing • Heating
• In-Floor Heating
• NOVO Water Softener Dealer
Pete Kurus, Journeyman
20 yrs experience
Licensed gas fitter,
Serving Selkirk & surrounding areas

CLANDEBOYE General Store
OPEN 7 DAYS A WEEK
• Gas • Liquor • Pizza
• Lotto • Vendor • Groceries
• Hunting & Fishing Licenses
738-4342 Highway 9, Clandeboye

SHUMSKI'S (SINCE 1976)
Landscaping & Garden Centre
Call and place your order for CURBSIDE PICKUP
TREES • SHRUBS • PERENNIALS • BEDDING PLANTS
SOIL • SOD • SAND • MULCH • LIMESTONE
GRANITE • BARKMAN PRODUCTS
FIREWOOD • PEA GRAVEL • RIVERSTONE
4240 MAIN ST., WEST ST. PAUL
Ph. (204) 339-5706 Fax (204) 334-9365 shumski@mts.net
www.shumskigardencentre.com

AirWise Home
Your Heating, Cooling and Geothermal Specialists
204-467-9578
info@airwiseinc.ca www.airwiseinc.ca

INTERLAKE INSULATORS
BALMORAL, MANITOBA
• Spray Foam
• Blow In
FREE ESTIMATES
Brent Meyers
204-461-4669
interlake_insulators@hotmail.com
SPRAY FOAM SPECIALISTS

All-Nu ROOFING & RENOVATIONS
POWER SMART NOW AVAILABLE
204-757-9197 cell 204-799-6023
email: allnuroofing@highspeedcrow.ca

CLD EXCAVATING cldexavating@live.com **204-485-5750**
• Directional Drilling
• Septic Field Installations
• Low Pressure Sewer Connections
• Septic Tank Installations & Replacements
• Secondary Treatment Systems
• Water System & Well Connections
• Well & Septic Repair
• Free Written On-Site Quotes
We Appreciate Your Business
BBB

RIVERBEND MOVING & STORAGE
MOVING is our business, SERVICE is our promise.
204-785-9299
621 Sophia Street, Selkirk, MB
www.riverbendmovers.com

PLUMBING, HEATING & REFRIGERATION
• Commercial and Residential
• Licensed Gas Fitters & Sheet Metal
• Pressure Systems, Water Softeners & Iron Filters
• Gas and Electric Hot Water Tanks
• Roto-Rooter Service
204-482-4159 bryant Heating & Cooling Systems

JEFF'S PLUMBING SERVICES INC.
• RESIDENTIAL • COMMERCIAL
SELKIRK, MANITOBA
For All Your Plumbing & Repair Needs
- ROTOR ROOTER SERVICES -
• Sewer Camera Cell: 204-485-4227
JEFF FLETT jeffsplumbing1@gmail.com

TIRED OF THAT OLD CAR AND SCRAP METAL SITTING IN YOUR YARD? NEED SOME CASH? CALL BOB HOKANSON 204-485-6123

Liske Bros Electric Ltd.
YOUR NEXT SOURCE OF ENERGY
Electricians who design, install and repair electrical and solar power systems.
- AGRICULTURE - COMMERCIAL
- INDUSTRIAL - RESIDENTIAL - COTTAGES
Phone 204-281-3394 or
email: info@liskebrosselectric.com
www.liskebrosselectric.com

GREAT WHITE SPRAY FOAM INSULATION
FREE ESTIMATES, QUALITY SERVICE
LOCALLY OWNED AND OPERATED
CALL US TODAY! **204-290-5667**

direct repair Accredited Estimate & Repair
MONTE CARLO AUTOBODY & GLASS
204-338-7896
AUTOPAC ACCREDITED
3475 Main St., West St. Paul • montecarloauto@shaw.ca

TYNDALL POWER PRODUCTS
HONDA • STIHL • SIMPLICITY • FERRIS
BRIGGS & STRATTON • KOHLER • TECUMSEH
Mowers - Tillers - Tractors - Engines - Pumps
Generators - Chainsaws - Trimmers - Augers
Ed Novakowski Owner/Manager
Hwy 44 Tyndall GAS BAR & LOTTO
tppltd@mymts.net **204-268-3006**

TOPSOIL BLACK DIRT SLAG
• Demolition • Driveways • Loader
• Grader Rentals • Bobcats • Crawler Hoe
• EXCAVATIONS • TRUCKING •
R&M 482-7157
EQUIPMENT Selkirk, MB

CANVASBACK PET SUPPLIES
Doggie Day Care Grooming
1 WELLINK DR., LOCKPORT
Phone: (204) 757-2701
www.canvasbackpets.com

PIPE DREAMERS PLUMBING & HVAC/R
Pringle's HEATING & COOLING
• Renovations • Repairs/Service • New Installs • Heating
• Air Conditioning • Water Treatment • Drain Cleaning
• Gas Fitting • Contracting • Refrigeration
CHASE BORGSTROM KYLE SCRIVENS
204-990-1299 204-482-3939
PIPEDREAMERSHVAC@GMAIL.COM
PIPEDREAMERSPLUMBING2019@GMAIL.COM

ALICE ROOFING LTD.
Complete Roofing Service
• Residential
• Agricultural
Licensed & Insured
www.aliceroofing.ca **204-757-9092**

KAMO CONSTRUCTION
Keith Neyedly, Red Seal Carpenter
keith@kamomb.ca
Box 368, Clandeboye, MB R0C 0P0
204.795.9123

LANDSCAPING CARPENTRY
Rough/Finish grading Fences
Topsoil Decks
Excavating Sidewalks
Bobcat service Stairs
Stump grinding Concrete
Posthole auger Forming
Dump truck services Framing
Lot clearing Snow Removal

INTERLAKE EAVESTROUGHING & SIDING INC.
Siding, Eavestroughing, Soffit,
Fascia, Capping, Windows
Free Estimates • **781-0533**
www.interlakeinc.ca



Kasey Hacking George Hacking
204.485.5303 204.461.0747



Victoria Beauchamp
204.619.3955

Century 21 Advanced Realty

255 Main St. Selkirk
204.202.1922



REAL ESTATE EXPERTS
THAT DELIVER
Results



Ashley Douglas
204.485.4051

FEATURED PROPERTIES

G/KH

\$449,000
2 Pawley Place
Selkirk

G/KH

\$254,900
544 Dufferin Av
Selkirk

G/KH

\$219,900
506 Robinson
Selkirk

G/KH

\$325,000
85 Peltz Drive
Selkirk

AD

\$249,900
506 Sinclair
Selkirk

AD

\$405,000
107 Lee Cres
Selkirk

G/KH

\$727,000
34 Murdoch Rd,
Petersfield

G/KH

\$449,900
39 McAulay Rd.
Clandeboye

G/KH

\$224,900
128 Proctor St,
Woodlands

G/KH

\$289,900
204 Dorchester
Selkirk

G/KH

\$167,500
138 Strathnaver
Selkirk

G/KH

\$455,000
109 Edstan Pl
Selkirk

AD

\$268,000
416 Sutherland
Selkirk

AD

\$289,900
23 Belanger Pl
Selkirk

G/KH

\$429,800
2 Schubert Lane
St Andrews

G/KH

\$588,000
452 Donald Road
St Andrews

G/KH

\$449,000
1005 Linklater Rd
St Andrews

G/KH

\$459,500
5114 Rebeck Rd
St Clements

WE
SPECIALIZE
IN SOLD
SIGNS

SOLD

S O L D 132 Reid Avenue, Selkirk GH/KH
S O L D 361 Lake Avenue, Winnipeg Beach GH/KH
S O L D 17 Mirey Creek Drive N, Lockport GH/KH

P E N D I N G 8 - 320 Pearson Parkway, Selkirk GH/KH

L A N D

Creekfront - 752 Schmid Road, Petersfield GH/KH	\$125,000
TREED! Lot 4 Morris Place, Petersfield - other lots available AD	\$52,000
Creekfront - Kimberly Road, East Selkirk AD	\$93,500
Creekfront - 1.75 Acres - George Street, East Selkirk AD	
Beautifully treed - Harold Avenue, East Selkirk AD	\$87,000
Ole Joe Monkman Road, St. Clements Lots #2, 3, 4, 5 GH/KH	\$129,900-\$139,900
2 Wesley Drive, St. Clements AD	\$129,000
8.17 Acres - 655 Fort Garry Road, St Andrews GH/KH	\$99,900
CREEK ACCESS .92 Acres - 3 Houghton Bay Road, Petersfield AD	\$29,000
CREEK ACCESS - 239 Donohoe Crescent, Petersfield AD	\$44,900
508 Corrine Avenue, Petersfield - .34 Acres GH/KH	\$40,000

R E S I D E N T I A L

335 CIL Road, St. Clements AD	\$639,900
CONDO #2503-6940 - Henderson Highway, St Clements AD	\$271,900
14 Chesley Crescent, Petersfield AD	\$399,900
226 Tom Prince Drive, Petersfield AD	\$460,000

C O M M E R C I A L

255 Main Street, Selkirk GH/KH	\$549,000
4 Unit Building - 209 Manitoba Avenue, Selkirk GH/KH	\$189,900
Commercial Building - 347 Main Street, Selkirk AD	\$469,000
1 Acre Property & Building - 613 Manitoba Avenue, Selkirk GH/KH/AD	\$1,100,000
10 Dubas Drive, Lockport AD	\$550,000
23 Main Street, Stony Mountain GH/KH	\$164,000
C-201 Melrose Avenue E, Winnipeg GH/KH	\$99,900



Biz Cards

Get The
Job Done!

Call 785-1618 or ads@selkirkrecord.ca

KUTCHER'S EAVESTROUGHING

- Eavestroughs
- Soffit • Fascia

Serving the Interlake for over 30 years
204-389-3118
FREE ESTIMATES

LARRY B. SWAIN ENTERPRISES

- REFRIGERATION • HEATING
- AIR CONDITIONING

CENTRAL AIR INSTALLATIONS (Financing Available OAC)
PH: 204-757-2935 CELL: 204-998-2904

STANLEY

ELECTRICAL & MECHANICAL LTD

RESIDENTIAL • COMMERCIAL • INDUSTRIAL
Red Seal Certified, 24 Hour Service, Free Estimates
204-485-7181 contact@stanleyltd.com
www.stanleyltd.com

The Water Shop

272 Main St.
Selkirk, MB
204-482-2277

ALSO AVAILABLE AT

- Red River Co-op, Selkirk
- Home Hardware, Selkirk
- Harry's Foods North
- Lower Fort Garry Nursery
- Sportsman's Stop Hwy. 44
- Clandeboye Store
- Bergies, Beausejour
- Garson Grocery

STUCCO PAINTING

**FLEXCOAT LIQUID
STUCCO COATING**
50% OFF
CAN INSULATE
UP TO
R17
winnipegcoatings.com
204-889-3940

IN-SHOP & MOBILE BLASTING

Specializing in abrasive blasting
and industrial coatings.
Power washing services.

FREE Estimates 204-914-8899
steelcitysandblasting@gmail.com

DISCOUNT METAL ROOFING & SIDING

#1 40 YR WARRANTY Any color any length!.....\$1.00 psf
#1 40 YR 28GA SHALE GREEN STOCK
Lengths of 6'2", 8'2", 10'2", 12'2", 14'2", 16'2", 18'2", 20'2"\$.69 psf
STOCK 29GA GALVANIZED.....\$.77 psf
Lengths of 6'2", 8'2", 10'2", 12'2", 14'2", 16'2"
STOCK 26GA GALVANIZED.....\$.88 psf
Lengths in 16'2", 18'2", 20'2", 22'2", 24'2"
STOCK BRIGHT WHITE LINER PANEL.....\$.75 psf
Lengths in 8'2", 10'2", 12'2", 14'2", 16'2", 18'2"

SIG STEEL
METAL ROOFING AND SIDING
FULL LINE OF
TRIMS AND
SCREWS IN
STOCK!
www.sigsteel.ca
Lundar
204-762-5030

BONDED HEALTH & MOBILITY SERVICES

- SALES • SERVICE • PARTS • REPAIRS
- RENTALS of • Wheelchairs • Scooters
- Walkers • Healthcare Products • Homecare
- Orthotics

Toll Free: 1-877-825-0917
Email: ihebert@bondedhealth.ca
230 Manitoba Ave, Selkirk 204-785-1992

Z's Roofing

Zaerhed Doherty
204 870-0818
Zsroofing2014@gmail.com
Zsroofing.com

We Do

- Reroofs • New Roofs
- Soffit and Fascia
- 5" and 6" Eavestrough
- Siding
- Custom Cladding

SALES • SERVICE • INSTALL

PVC & ALUMINIUM WINDOWS

INKSTER PARK
STEEL INSULATED DOORS
STORM DOORS

THE WINDOW FACTORY
DURASEAL WINDOW & DOOR
605 Mercy Street, Selkirk 204-482-9099
www.windowfactory.mb.ca