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RECORD PHOTO BY BRETT MITCHELL

Rory Doak (far right, wearing Team Canada jersey), and his high school buddies meet every week to play street hockey on the streets in Selkirk. See story on page 10.

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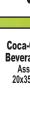
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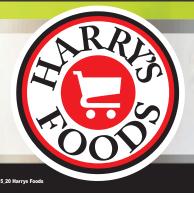


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Burrowing owls can't survive on their own

The Manitoba Burrowing Owl Recovery Program is in great need of donations, funding

THE THING WITH BUR-

ROWING OWLS IS THAT

IF THERE'S NO ONE

THE ENDANGERED

SPECIES LIST.

HELPING THEM, THEY

ARE NOT GETTING OFF

By Ligia Braidotti

A Garson resident is hoping she can help keep an endangered species

Jane Seniw, a licensed arborist at Tree Care, recently donated a painting of burrowing owls she was gifted when in Saskatchewan for a watershed conference in 2003 to the Manitoba Burrowing Owl Recovery Program. The painting by Saskatchewan artist Fred Lahrman was part of a series of artwork to draw attention to grassland species at risk. He created the painting from memories dating back to the 1930s when it was common to

see burrowing owls nesting in Western Canada.

Seniw was touched when she heard the recovery program was facing funding challenges due to cuts from the provincial and federal government.

"When I heard about the program, I thought 'I will donate this,' and they can do with it

whatever they wish to raise funds to keep the program going," she commented. "The more promotion that they get on the whole program, it may prompt somebody else to say 'Maybe I'll donate something.'"

Alexandra Froese, project manager at Manitoba Burrowing Owl Recovery Program, said it costs about \$100,000 a year to run the program at its fullest — research, recovery, educational programs, and supplies for burrowing

"We rely mostly on the public and private sector donations," Froese explained.

The Manitoba Burrowing Owl Recovery Program started in 2013, a year after Froese completed her master's research and found out that the number of burrowing owls had dropped. The program focuses on three goals - reintroduction of burrowing owls, research and monitor of the birds, and education.

"We do surveys all around southwestern Manitoba, and then we look for habitat, open grassland, no trees, no shrubs, there's got to be ground squirrels and burrows available because burrowing owls can't dig their own nest, so they need some holes

> available," Froese

> Burrowing owls are the only North American bird that nests in the ground, and because they are not able to dig their own, they rely on abandoned nests that were previously occupied by animals like badgers, foxes, ground squirrels, coyotes, and pocket gophers. According to the recovery pro-

gram, the burrowing owl population has decreased by 96 per cent since

"You hear people here in Manitoba saying that they haven't seen a burrowing owl since the 80s," Froese commented.

"I have never seen one in my life," Seniw added.

The recovery program works with landowners to arrange suitable locations for artificial nest burrows.

Continued on page 4



RECORD PHOTO BY LIGIA BRAIDOTTI

Jane Seniw (left) and Alexandra Froese, project manager at Manitoba Burrowing Owl Recovery Program, stand beside the picture Seniw donated on June 14.

Celebrating National Indigenous Peoples Day





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> BURROWING OWLS, FROM PG. 3

"There's not one factor (that endangered the species), it's a combination, but the main one is the loss of habitat. So the conversion of grassland to cropland, modern agriculture, loss of burrows goes along with that too, because if you're changing over grassland area to cropland you're not going to have burrows in there and animals burrowing in those sections anymore," Froese explained.

Road development is also one factor that's attributed to the owl's decline. Froese commented that the owls like to sit on the top of a fencepost and dive down into a ditch to grab small rodents and insects.

Then, when they fly up to the next highest spot, which is usually the road, they get hit by vehicles. Inclement weather is also another factor that impacts on their survival rates because of the lack of food for the female and male at the time they are nesting the eggs.

"If she is hungry, those eggs won't be warmed in a way that they would be if there's tons of food there. And if there's not enough food for young, they won't survive as well," she said.

Biodiversity plays a huge role in the ecosystem and people's health and species' health that to lose one species can have major ripple effects in the ecosystem, Froese said as she explained what the imbalance caused by the decline in the owls' population could result.

"Some people may say 'Oh, it's just this little owl, oh well, it's gone, it doesn't matter,' but it does. You don't know what can happen. They eat a lot of insects, a lot of small rodents, so then now, those become more like a pest. So it's creating another issue in another area."

Since public funding for ecological projects has been cut from both provincial and federal government and because of COVID-19, the Manitoba Burrowing Owl Recovery Program had to significantly scale back. In the last three seasons, they received only \$12,500 when before that, they have received approximately \$400,000 since the program started. This year, the program is running on \$15,000 from one private donation, Froese said.

"We can't do any education, we can't do any of the artificial nest burrows installs, we don't have money to survey, to go out, so it's all focused on reintroduction at this point. "The thing with burrowing owls is that if there's no one helping them, they are not getting off the endangered species list...and they won't be here anymore."

To learn more about the Manitoba Burrowing Owl Recovery Program, go to www.mborp.ca/ and check their social media pages for updated information.

Correction

In the June 11 issue of the Selkirk Record, the article "Summer services resume sooner than expected" incorrectly stated that the Selkirk Pool and Splashpad would resume its services on July 1. The City of Selkirk does not have an official opening date, but are planning to resume the services in early July.

We regret the error.

hold the phone!

Sunova's Annual General Meeting is back in business.

We are pleased to announce that our AGM will be held entirely via telephone conference.

AGM DATE: TUESDAY, JULY 7 | 7:00 PM

All interested members must contact Sunova Help HQ at 1.833.378.6682 no later than 5:00 pm on Friday, July 3 to pre-register for the meeting and to receive the call-in information. Pre-registration is mandatory.

Although we can't meet in person, we value the input of our members and look forward to having you all join us on July 7.

ANNUAL GENERAL MEETING

PLEASE TAKE NOTICE THAT the Annual General Meeting of Sunova Credit Union Limited will be held by telephone conference at 7:00 pm on July 7, 2020. Members must contact Sunova Help HQ no later than 5:00 pm on Friday, July 3 at 1.833,378.6682 to pre-register for the meeting and to receive the call-in information.

The purpose of the meeting is to:

- Receive and consider the annual report:
- 2. Receive and consider the financial statements and report of the auditors;
- 3. Appoint auditors;
- 4. To review previously announced election results, and;
- Transact such other business, including Special Business, as may properly come before the meeting or an adjournment thereof.

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SUNOVA CREDIT UNION

Tree takes down power line



RECORD PHOTO BY BRETT MITCHELL

On June 14, a large tree in the backyard of a house in Selkirk came down and took with it the power line, the phone line and the soffit and fascia on the house. Thanks to Prairie Oak Tree Service for the use of their bucket truck to get up for a good shot.



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St. Clements gets \$75,000 provincial grant

Province supports Community Park 150 project



RECORD PHOTOS BY KATELYN BOULANGER

Mayor Debbie Fiebelkorn took time to thank the community and the provincial govenrment for a project that's been in the works for over ten years.

By Katelyn Boulanger

Jeff Wharton made the trip to St. Clements on June 12 to announce a \$75,000 grant supporting community organizations and community development projects as part of efforts to improve Manitoba's economy during the COVID-19 pandemic.

"Through the building sustainable communities program the Manitoba government is providing \$10 million in grants to support 344 projects for communities province-wide. This includes a total of \$75,000 for Community Park 150 in the RM of St. Clements that is right behind us here and there's a beautiful sign that shows us what we're going to be able to enjoy in the months and years to come," said MLA for Red River North Jeff Whar-

This was one of six grants in the area including \$20,514 for the East St. Paul Curling Club's Walkway Upgrades,

\$15,000 for the Gull Lake Ratepayers Association's Picnic Shelter, \$37,500 for the RM of East St. Paul's HVAC Replacement and \$43,000 for the Active Transportation Plan, and \$9,485 for the St. Hubertus Wildlife & Conservation inc.'s 5 Stand & Sporting improvements.

"It's a great testament to the volunteers and the folks like Dave Cain who helps to write these proposals in particular in St. Clements but also in East

St. Paul. They've got good community support they've got great volunteer support. They meet all of the criteria for projects that are going to be sustainable for our future in Red River North," said Wharton.

This project in St. Clements has been in the works for as long as Mayor Debbie Fiebelkorn has been in office.

Continued on page 6



MLA Jeff Wharton speaking at the grant ceremony June 12 where \$75,000 was announced for the Community 150 Park in St. Clements.





> FIEBELKORN SAYS, FROM PG. 5

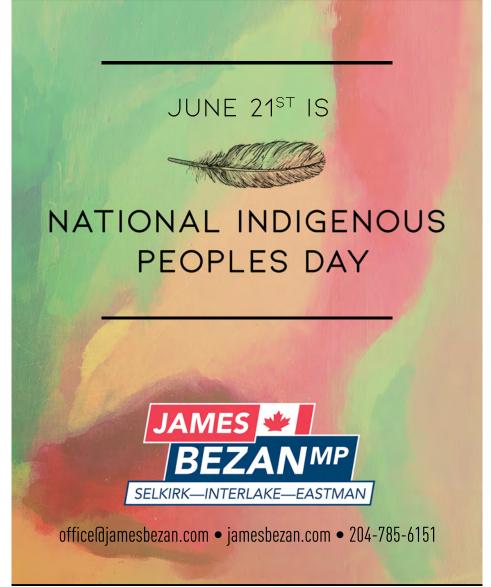
"Eventually we will have an activ-

ity centre here with a building there will be walking trails, an activity centre with a classroom in the building plus possibly we could have some outdoor classrooms as well so that



RECORD PHOTOS BY KATELYN BOULANGER

A board at the project site shows what the final project will look like.



people could look at different things. It's a heritage thing too. On the path, there are going to be reader boards that are going to have historic information about the community. This is a very old community it's been here for a very long time and the more that we can put the history of the area into the park. I think that's what we're going to do and with the water feature and the park I think it's going to be awesome once it's done," said Fiebelkorn.

She was happy to receive this grant, which along with a grant from the Selkirk and District Community Foundation will help fund the project's initial

"I was very, very pleased because we don't want the ratepayers to have to pay for everything that we provide them and this was a real boost for them for this particular project because it's going to go a long way," said Fiebelkorn.

This money will go towards the second phase of the project, which will be the walking trails around the park, which will be located on Donald Road at the intersection of Clarence Road.

"The key features [in phase two] are the walking trails which will give people a safe place to walk but also give them a place for quiet contemplation if they want. We're hoping that people will use it and walk around it. There will be a pond and they will be able to sit and walk but also read a book. Also, if someone is a runner it will be about a quarter of a mile along the path and if they want a safe place to jog they can count their laps and so forth," said Manager of Recreation and Leisure Services, Dave Cain.

Fiebelkorn hopes that this project will be a gathering space for the com-

"We're hoping that it will be a meeting place. In the planning of the building, they call them now kitchens; it's a gathering place like a little coffee shop with couches and stuff like that. Eventually, we hope that people will find this to be a gathering place and meet your neighbour and go have a coffee with your friend," said Fiebel-

This is all to restart Manitoba's economy after COVID-19 forced many businesses to close or operate at a lower capacity over the past several months.

"In these times it's a much-needed boost to get the economy started as we're entering now into phase three in another couple of weeks we'll see the economy starting and businesses opening again and we have to be very aware of the rules that we need to continue to live by and that's social distancing, washing our hands and making sure that we're taking care of one another," said Wharton.

Groundbreaking is scheduled for this part of the project in the fall of this year.



Care for cottagers shifted by COVID-19

Seasonal residents asked to check home care resources before travel

By Katelyn Boulanger

The IERHA has advised that responding to COVID-19 has caused home care resources in the region to be shifted and some may not be available to seasonal residents entering the region for the summer in the same way that they have been in past years.

"Because we have so may community offices where people are going to be looking at cottaging we encourage people to look at different ways of having their care taken care of this year to perhaps that's a little more family [help] or a little more sporadic cottaging," said Karen Wood, Director of home care services for IERHA.

This initially affected residents using the home care program as resources were shifted to accommodate the public health act at the beginning

of the pandemic. Working with people who receive these resources, individuals requiring care were each contacted to see how the pandemic had changed their situations and which resources they needed and didn't need anymore.

"Home care provides care to residents to keep them in their homes safely for as long as possible. We want to keep people out of facilities such as long-term care as long as we can so we provide services based on an assessed need," said Wood.

This might include baths, medication reminders, bulk meal prep, helping people get ready for their day or night and more depending on the need of the individual.

Because the population in the region typically increases in the summer months the health authority now wants residents who come to the region to know how COVID-19 may affect their time here.

"Generally I think that they come from Winnipeg, but they do come from all over the province in different areas. We have a beautiful lake country. We have the east and west side of Lake Winnipeg. We have Lake Manitoba. We cover the gamut of lake country so we have people from all over the province [visiting for the summer]," said Wood.

In a typical year, seasonal residents needing home care resources at a summer residence in the health authority's coverage area would contact their case coordinator who would then contact the IERHA to set up resources for when they arrived and this will be the same method for this year.

"It's always based on need and based on our human resources so if we have the attendants that can go into that particular home to do those needs," said Wood.

This will not affect permanent residents in the region.

"Our clients, from Interlake-Eastern, because this is their home and this is their source of home care. We're looking at their needs first because clients coming from other regions to be able to come to their cottages have home care services where they live," said

Wood advises residents to keep tabs on the shared health website and to feel free to ask questions to learn more about your individual situation.

"Going forward we are trying to give [patients] the best care and to keep them all safe. This is unusual times, said Wood.

More information about COVID-19 can be found at the IERHA website at ierha.ca and the most recent provincial information can be found at gov. mb.ca/covid19/updates/index.html

Favourable COVID-19 numbers put Manitoba in a good spot for reopening

By Ashleigh Viveiros

Three new cases over the weekend brought Manitoba's COVID-19 numbers to 304.

Public health officials announced on Monday that the province is dealing with five active cases of the illness, none of which currently require hospitalization.

A total of 292 people have recovered from COVID-19. Seven Manitobans have died.

"Our numbers have remained favourable, but certainly COVID-19 has not gone away," stressed Dr. Brent Roussin, chief public health officer. "We still need to deal with this virus moving forward.

"As we reopen it's likely that we will see and continue to see new cases identified," he said. "We will continue to identify them early, perform contact tracing and isolation to limit the chances of ongoing community-based transmission."

The restrictions that have been in place in recent months were created to protect those at most risk of severe outcomes with COVID-19 as well as to avoid overwhelming the health care system with cases.

Those efforts have been successful, allowing us to now look to the future, Roussin said.

"Manitobans have learned to live with this virus and we're going to need to continue to learn to live with this virus," he said. "We can never be in a zero-risk situation, and so as we reopen our economy we have to continue to accept some level of risk.

"We continue to follow a number of indicators daily, including case numbers, our test positivity rates, the community-based transmission rates, as well as the many demands on the health care system," Roussin continued. "There certainly won't be a single indicator there that would make us dial back our reopening strategy, but we'll look at a number of things over time to decide on whether we'll continue ... or implement measures to further restrict things if we saw much community-based transmission."

The province has spent several days gathering feedback on its plans for phase three of reopening.

The draft plan unveiled last Thursday scales back restrictions in numerous areas, including increasing public gathering limits indoors to 50 people and outdoor gathering limits to 100, doing away with the requirement to selfisolate for 14 days when entering Manitoba from Western Canada and Northwestern Ontario, allowing day cares to

return to their maximum capacities, removing occupancy limits at retail businesses and all health professions, and increasing occupancy limits at restaurants to 75 per cent of total capacity.

Continued on page 10

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Manitoba 3

Selkink Record



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Allana Sawatzky

West St. Paul reopens playgrounds

Residents advised to use at own risk

By Katelyn Boulanger

West St. Paul council voted to reopen playground equipment as of June 17 in the community while also posting signs so that residents know that play structures are not sanitized and that they should use them at their own risk.

Playground equipment has been closed to residents as part of CO-VID-19 restrictions. The decision was made at a council meeting on June 12.

"Kids are home from school and it's challenging. The City of Winnipeg has opened up their splash pads without supervision and we're going to follow suit with what's happening in the city," said Mayor Cheryl Christian.

This also applies to municipal tennis and basketball courts which were also closed due to COVID.

"It's at their own risk and parents need to supervise their children to maintain social distancing. We're not sanitizing 9 play structures," said

The council also considered the

question of opening up the Sunova Centre grounds including ball diamonds and soccer fields to sports teams with West St. Paul players on their roster. In doing this, these teams will have to sign a waiver stating that they will comply with provincial public health orders and restoring safe services guidelines as well as these teams and players using the facilities at their own risk. The RM will not be sanitizing equipment such as goal posts or backstops.

The RM will be going through the guidelines with each team. Also, RM staff will be doing spot checks at the baseball diamonds and soccer fields to make sure that all rules and regulations are followed.

Some of the regulations that would apply to baseball teams would be sanitizing balls and bats regularly, social distancing of players, and limiting

"It's going to be challenging anyone wanting to participate and [if teams] want to play they are going to have to sign off with our municipality that they are the ones enforcing that," said

The mayor mentioned that because



RECORD PHOTO BY BRETT MITCHELL

The West St. Paul council decided to reopen play structures in the RM and said residents will use at their own risk. The RM will not sanitize play structures.

of the need to keep everything sanitary these teams would not have access to the Sunova Centre building or the canteen.

"We're happy to be able to lift some of the restrictions that came into place during COVID-19 and thrilled that people can get outside and enjoy some fresh air and sunshine," Christian said in a later release by West St.

Council approves 2020 Financial Plan via live broadcast

Submitted by the RM of St. Andrews

St. Andrews Council held their 2020 Financial Plan hearing on June 8 via live broadcast over YouTube which was a first for Council. Due to CO-VID-19, meetings have been recorded due to social distancing but broadcasting live allowed for community engagement at the hearing. This year Council wants to build on it's strategic goals which include the hiring of an Economic Development Officer, long term planning efforts for recreation, growth and the environment.

The municipality also committed to its efforts to engage citizens on what matters to them early and often. This year consultations are planned to look for input as we complete the south St. Andrews Waste Water project and determining if residents would like to see garbage and recycling services in the future.

For 2020, there will be a decrease

in the mill rate from 10.087 to 9.927 to compensate for it being a re-assessment year to help alleviate large increases in property taxes. Some capital budget items this year include a new crack-sealing unit, new provincial upgraded fleet net radios for fire and first responders, a mattress trailer, walking trails, sports fields plans and technology.

This year brought on many challenges in how we operate but it also made us advance quickly on many fronts in recent months, especially with technology and communications. We encourage residents to sign up for our new alert system CONNECT to keep informed of what's happening in our municipality and to receive important information and emergency notifications. Just go to our website www.rmofstandrews.com to register or contact the Municipal Office at 204-738-2264.

Although it may not be business as usual, the municipal office has reopened its doors to the public with safety measures in place. There will be a limit of two persons allowed at a time in the front of the Municipal Office, social distancing stickers have been placed on the floor and sneeze guards have been erected at our front counter. We encourage residents to either consider remote payments or placing payments in the black mailbox in front of our office instead of attending the office in person.

Council has many great visions for the municipality and through great strategic planning, will be able to proceed to fulfill some of the many needs of our residents and economy.

You can view the live broadcast at https://www.youtube.com/ watch?v=XR6QvVSw0BQ.

View the Selkirk Record online at selkirkrecord.ca



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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RECORD PHOTOS BY KATELYN BOULANGER

St. Andrews School staff said farewell for now to students with a reverse parade where students and their families drove by the school and were cheered on by teacher's holding signs of encouragement. Grade 6 students were given a seperate special farewell driving by the school last so that they could get a special goodbye and good luck from all staff.

Teachers made creative signs to show how much they miss their students and want them to have a great summer.

All ages of students participated in the reverse-parade a socially distant way that St. Andrews School choose to say goodbye to students this year.

Friends fight boredom during quarantine

Selkirk men gather for a match of street hockey on the streets

By Ligia Braidotti

It was getting to a point where Rory Doak and his friends couldn't take being stuck at home.

Doak and his high school buddies have been getting together every week and finding ways to wind down and have some fun during the time they have been quarantined.

"It's been super tough for me. Just not a lot of stuff open and you kind of have to be a bit more inventive with what you're doing," Doak said. The 19-year-old basketball player

said he hasn't played hockey since he was 11 years old, and the last time he played street hockey was when he was in middle school. Now, together with his friends, he is refining his hockey skills and having fun.

"I'm trying to find different ways to spend the day," he continued. "Hockey is a different sport for me. It's a lot different with hand and eye co-ordination, because you're with a hockey stick, whereas with basketball and football it's just your body. You don't have any extra equipment to worry about."

they meet once or twice a week to play hockey, and now that restrictions have been lifted, they go out for wings and

"We try to do lots of different things to kill boredom," Doak said.



RECORD PHOTO BY BRETT MITCHELL

From left to right: Chad King, Quinn Thomas, Nick Trudel, Connor Sprat from the Selkkirk Fishermen, in the net with his Ottawa Senators Jersey is Travis Spratt from the Selkirk Fishermen, Jordy Longbottom, Connor Anderson, and representing Canada is Rory Doak. The guys meet The group has about 10 guys and weekly to play street hockey.

> ROUSSIN SAYS, FROM PG. 7

"We're loosening a number of restrictions, but our numbers show us that this is a safe time, a prudent time to be doing this," Roussin said. "We'll continue to watch things very carefully."

The detailed phase three plan is available online at www.gov. mb.ca/covid19/restoring/phasethree.html. Implementation is tentatively planned for June 21. More information is expected

Meanwhile, on Monday the Manitoba government extended the province wide state of emergency another month to allow it to continue responding to the pandemic in a timely manner.

The state of emergency was first put into place under The Emergency Measures Act March 20 for 30 days. It was extended for another month in April and again in May. The extension starting taking effect at 4 p.m. on June 15.

To view the state of emergency and public health orders, visit www.manitoba.ca/covid19/soe.







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Little Britain Summer Camp open for registration

Art and Craft Day camp adapting to new regulations

By Katelyn Boulanger

The Little Britain Kids Summer Art/Craft Day Camp will be going about their eighth year in the region a little differently as they encourage creativity while maintaining social distancing and increased hygiene requirements due to CO-VID-19.

"This camp is quite different than many others in that it's all hands-on and the kids learn at their own pace but are able to learn so much. It's a smaller type camp so I think it's a hands-on individual paced program. They aren't rushed through and it's more of an individual attention sort of thing," said Thea Ostermann, the camp coordinator and instructor.

The participants will learn from a variety of art-making projects, which can include string art, woodworking, collage, recycled art, acrylic and watercolour painting, cooking and machine sewing for older kids and more.

"We start with a paper mache project. For the little ones, it's usually like a piñata or a head mask and that takes a little bit of work every day until it's finished," said Ostermann.

This camp is designed for students aged four to eleven and will host three one-week sessions in July and three in August.

"The four-year-olds some come for a half-day, I will take half days, preferably the morning that way I can plan for the younger ones but most people even the younger ones want to stay for the whole day," said Ostermann.

She wants to emphasize that even though this camp may come across as if it's designed for girls that boys are encouraged to participate and that they also benefit from being able to express their creativity. They also try to accommodate children of all abilities and can do so because of their small group sizes.

"I've had some disabled children come through my camp who have loved it. I had one little girl who had only one arm and who didn't like using her artificial arm who loved camp. She was very good at painting and drawing because those were things that she could do," said Ostermann.

She also has experience dealing with children with learning disabilities and can give them more individual attention as the classes this year will only be between ten to 12 students.

This smaller class size is an advantage in light of requirements for COVID-19 safety.

"If any child is sick or we see that they are looking a little sick they will not be allowed at camp I have to be very strict about that," said Oster-

They will also be enforcing hand sanitizing and handwashing practices and each student will have their own table to work at allowing them to socially distance throughout the space. If parents bring a mask for students to wear they will encourage that student to wear it at all times except for lunch.

Even with the restrictions that they are under Ostermann felt it was important to move forward with this camp.

"I think it's important for the kids to enjoy the summer. With the social distancing, we've been camping and it's restrictive because you aren't allowed to mix with other camps. This environment will allow them to be in proximity to other children but also be still be able to be socially distanced," said Ostermann.

Her favourite part is seeing the improvements that students make in their art.

"I like working with the kids and seeing them develop an appreciation of what they're working on no matter how it turns out just growing on what they've been working on from before,'

The camp is held at the lower level of Little Britain Community Club and runs from 9 a.m. to 4 p.m. Weekly camp fees are \$125. Children are enrolled on a week to week basis and parents can contact Ostermann for more details at tmhaut@escape.ca or 204-757-4411.



RECORD PHOTO SUBMITTED

Camp participants with self portraits made with watercolour and crayons.







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Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



Composite Decking Can Be A Smart Choice

Decks add character and functionality to a home, increasing outdoor entertaining space and oftentimes improving the resale value of a home. Homeowners have various options when choosing decking materials, but one such option, composite decking, is growing in popularity.

Decks used to primarily be made from pressure-treated lumber. While lumber remains a popular material, more and more homeowners are opting for composite decking products. As anyone who has pressure-washed, stained and sealed wood decks can attest, such spaces require lots of upkeep to look new year after year. Composite decks require much less maintenance, making them highly attractive to homeowners who would rather spend time using their decks instead of maintaining them.

Composite decking is any type of decking material that is formulated from different recycled materials. The majority of these materials include hard plastic and wood shavings of pulp. Unlike wood, which can fade, crack and rot, composite decking, which has been available for roughly a decade, does not degrade quickly and requires very little upkeep.

Available in a variety of wood colors to match outdoor decor, composite decks also can feature artificial wood grains to make them look similar to wood planks. Although composite decks are not completely impervious to the elements, with some occasional washing to impede mold growth and new technology that has improved stain-resistance, many of the pitfalls of other materials can be avoided with composite decks.

Composite decking fits in with ecofriendly lifestyles. The planks are made from recycled materials that would normally end up in landfills. Products from Trex, a popular composite decking manufacturer, are made from 1.5 million shopping bags and wood mill waste. As composite decks do not rot away and are longlasting, they will not need to be replaced frequently, which is another eco-friendly benefit.

When comparing composite decking brands, look mainly at the colors, materials used in the composition

and the fastening systems. Many are fastened with regular deck screws, offers This Old House. The newer systems have channels for hidden fastening, and the composite deck tiles snap into place.

Composite decks do have a few drawbacks. They can be expensive nearly double the initial cost of wood decks. And although they don't rot, composite planks can scratch. Without refinishing, damaged boards will need to be replaced. Harsh chemicals may fade color and damage the composite materials, so caution is needed.

Composite decking remains an indemand choice for outdoor spaces. Low-maintenance and long-lasting, these decks have quickly become favorites among homeowners.



Composite decking can mimic the look of wood, but requires much less maintenance.



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Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE

How to conserve water when temperatures rise

Spring and summer are synonymous with increased hours of sunlight, warm temperatures and, oftentimes, an increased reliance on water to feed recreational pursuits and lawn and garden needs. Water conservation may be essential when the risk for weather-related drought looms. Practicing yearround conservation efforts can help ensure smart usage of local watersheds, lakes and reservoirs and help maintain these water sources for years to come. It also helps the average person reduce his or her carbon footprint while saving people a little money along the way.

Explore these water-saving tips to make smart use of water.

- · Collect shower water in a bucket while you are waiting for the water to heat up. Use that water to irrigate plants around the house or even outdoors.
- Check for leaks around the house. Put a few drops of food coloring in the toilet tank and see if it spreads into the bowl within a half-hour. If it does, that means a leak is present and gallons of water may be being wasted.
- · Keep a pitcher of drinking water in the refrigerator. This way, when you come inside from the heat you'll have a cold drink at the ready and will not rich water siphoned out of a home aquarium when

have to run the tap to fill a glass.

- · Install a lawn irrigation system so that you can maximize the amount of water that gets to the roots. Arrange the sprinkler heads so surrounding driveways and sidewalks are not getting "watered" as
- · Apply the minimum amount of fertilizer required, as fertilizers can increase water consump-
- · Aerate lawns and garden beds so the water reaches the roots rather than running off the sur-
- · Employ rain barrels to collect rain water runoff. Rain barrels can help to repurpose rain water rather than simply allowing it to wash into storm drains.
- · Reduce reliance on sprinklers and hoses for summer recreation. Instead, rely on pools and other devices that use recirculating pumps.
- · Homeowners with pools can limit how often they backwash their pool filters.
- · Solar pool covers can warm up pool water naturally and also reduce the rate of water loss through evaporation.
- · Inedible plants can benefit from the nutrient-



Underground irrigation systems can be more effective and eco-friendly than hoses for homeowners who want to maintain lush lawns in spring and summer. cleaning the tank.

- · The conservation guide Earth Easy says one way to cut down on water use is to turn off the shower after soaping up, then turn it back on to rinse. A four-minute shower can use between 20 and 40 gallons of water.
- · Add organic matter to the landscape to increase water absorption and retention. Top dress areas as needed throughout the season.

Water conservation efforts can help homeowners maintain their lawns and gardens during heat waves and even save them a little money while benefitting the planet as well.

Interlake Real Estate - Playing it Safe

Since 1962, Interlake Real Estate has weathered many storms... and come out stronger every time. They know from experience that in 'challenging' economic times, it is critical to focus on their clients and ensure they are providing superior service and expert guidance.

COVID-19 has created some real challenges for the Real Estate industry. Sellers need to sell, buyers want or need to buy, but there is a responsibility on the Realtor® to keep everyone as safe as possible. The company protocol includes pre-screening buyers, maintaining social distancing and using appropriate sanitization protocols for client interactions as well as the properties.

To further aid this process, Interlake Real Estate has invested in two specialized camera systems to allow them to create interactive 360°, 3D virtual tours. Most virtual tours are a collage of 2D photos that are attached one after the other. The 360° 3D virtual tour is a collage of 3D scans that have been 'stitched' together and similar to a video game, it allows purchasers to move through the property as if they were there in person. Buyers are able scroll up to see detail in the crown moldings, maneuver through the house to see how the layout flows and even position themselves from any vantage point to see the views from any perspective. This will allow purchasers to pre-screen the property and determine if an in-person viewing is warranted. This is not only an incredible marketing advantage for the properties they list, but also minimizes unnecessary exposure for both buyers and sellers.

"While the Interlake is where we started, we have always worked with clients in other areas as well. Whether it is someone moving to the Interlake, from the Interlake, or referrals from our vast network of previous clients, we can assist you. We now have a Realtor® who lives in Winnipeg, as well as another who lives in the East Beaches areas... east of Lake Winnipeg. We can work with clients throughout Manitoba." states Kim Giesbrecht, General Manager.

Interlake Real Estate's 18 Realtors® have over 200 years of combined experience, most of them having over 10 years with the company. Their Realtors have a strong support structure that includes not only experienced administrative staff, but also the guidance of three Real Estate Brokers.

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Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



Create a safe and enjoyable backyard play area

Homeowners often aspire to have attractive backyards that look like they belong in a magazine. While these can be picturesque and functional for adults, they may not be entirely practical for homeowners who have young children, especially when the majority of the yard is covered with paving stones or concrete.

When young children are part of a household, homeowners may benefit by designing yards that are both functional and fun. Incorporating safe play areas for kids is one way to unlock the potential of both big and small back-

As children run off to enjoy a playground, safety is the last thing on their minds. Kids are most interested in scaling ladders to treehouses or coasting down slides. That's why adults must take it upon themselves to keep injury prevention in mind.

SafestPlayground.com indicates that playground-related injuries routinely result in severe fractures, internal injuries, concussions, and dislocations. In the majority of playground injuries to children younger than age 5, the head and face are affected. Children between the ages of 5 and 9 experience more leg and arm injuries than younger kids. The Consumer Product Safety Commission states 70 percent of children's injuries occur on home playgrounds. More than 28,000 children are injured each year on playgrounds across Canada, according to Parachute, a national injury prevention organization.

When considering playground equipment for the yard, parents need to make safety a priority. The Canada Safety Society advises parents to follow the "5 S's of Playground Safety": Surface, structures, site, supervision, and safety.

- Surface: Parents should assume that children will fall. To lessen the blow of falls, choose playground equipment with a perimeter of six feet of a softer surface, such as sand, pea gravel, rubber pieces or wood chips. This material should be between six and 12 inches deep.
- · Structure: The structure of the play equipment should be built from sturdy materials. Pressure-treated lumber was once the standard, but it's not advisable for kids' playgrounds, as



the chemicals used in the lumber can leach and young children may actually bite or pick at the wood. Use cedar or another wood that resists decay. Once the structure is built, inspect it frequently for damage.

· Site: Look around the landscape for an ideal place to locate the playset. There should be no obstacles that children can hit while sliding or swinging. Avoid overhanging branches and do not place equipment too

close to trees or fencing. Try to keep the set out of direct sunlight, which can make components heat up and scald young bodies.

Supervision: Do not leave children alone while they are playing. Prevent children from using the playset in an

incorrect manner. Safety: Follow the directions for installation. Make sure all posts are anchored into the ground securely. Railings should be spaced so that children cannot get stuck between them. Check that metal components have not rusted and that there is no additional excessive wear. Be sure that no tools or other

dangerous items are left around the yard.

Backyard playgrounds should be built with safety in mind. Learn the rules of play equipment and yard





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Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



Fence etiquette prevents disputes

People fortunate enough to own their own plots of land often choose to fence in their pieces of paradise. Fences serve many purposes: to designate property boundaries, keep pets or children contained in a safe environment, corral livestock, offer privacy or add aesthetic appeal.

Although installing a fence may seem like the right idea for you, going about it the wrong way may lead to problems among neighbors, particularly if you live where the houses are relatively close to one another. Some homeowners find fences become the final point of contention among disagreeable neighbors or create tension with a neighbor with whom you previously had a good relationship. Being courteous with fence plans is the way to avoid any animosity along the way.

There are certain things you must do and should do if you plan to erect a fence. Most people find neighbors appreciate being informed of any decisions you are thinking of making to the property that can affect their views or their adjoining property. Before drawing up fence plans with a contractor, talk to the neighbors on either side of your home and gauge their receptiveness to a fence. At this point, you may want to consider offering to make the fencing project a joint deal to save money should the neighbors decide to install a fence as well. Contractors will often discount if they have several customers doing an installation at the same time. Property owners can save by splitting the costs of the shared walls of the fence where their property lines meet.

Explain your case for the fence. Most neighbors are receptive to the idea if they know the reasoning -- especially if the desire for a fence is not to keep them at bay. It's hard to protest a fence that is a safety precaution for children. If your neighbor already has a fence, you must ask whether you can connect your fence panels into the support post on your shared side.

Once you notify your neighbors as a courtesy, there are certain steps to take that will prevent any legal disputes down the road. Even the most easy-going neighbor could grow aggravated if the fence is put up carelessly or ends up partially on his property. The best way to prevent this is to apply for a new, professional property survey and have property lines indicated with paint or wood markers.

Each town or city has different regulations with regard to fencing, so it is important to learn the ropes or hire a contractor who is familiar with the rules. It might be illegal to install fences directly on the property line. The law might require the fence be installed a few inches inward. There also may be rules about how high fences can be in the front of the home, sides and back. Corner lot properties may have added regulations depend-

ing on whether the fence could prove a visual obstruction to drivers.

Once all the details are checked, you may have to apply for a fence permit. This way the construction of the fence and finished product will meet safety standards, and the area in which you live can provide consistent quality control. If the fence is installed by code, there is little chance it will have to be torn down or changed in the near future. Also, doing it by the book means that a neighbor can be unhappy about a fence but not have legal recourse to ask you to remove it.

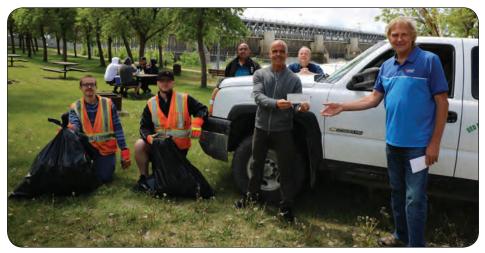
As an added form of courtesy, it is proper fence etiquette to put the "good" side of the fence facing the neighbors' yards. That means the side of the fence that doesn't show the support panels and posts. Remember, it is your fence so you are also responsible for all maintenance of the fence -- on all sides. Just because your neighbor also will be benefitting from your fence, doesn't mean he will have to care for it







Cleaning up the Red River



RECORD PHOTO BY BRETT MITCHELL

Red River Basin Commission donated a \$3,000 cheque to the Red River Operation Clean Up on June 10. The RROC works with community stakeholders from the private and public sector to raise funds to clean up the Red River. So far, they have removed more than 500,000 pounds of garbage from the river. RROC has seen a decrease in funding due to COVID-19 and is in great need of donations. To get involved, go to www.rroc.ca

Pictured from left to right: Evan Heinrichs and Brandon Strang, cleanup crew with the RROC, Stan Parag, West St. Paul councilor and treasurer of Red River Basin Commission, Rob Belanger, from RROC, Steve Strang, Manitoba director of the Red River Basin Commission, and Charles Posthumus, East St. Paul councilor, board member of the Red River Basin Commission and chair of the northern chapter.





Communities in Bloom 2020

Although the 2020 Manitoba Communities in Bloom program is on hold for the year, our Yard of the Week and Commercial Property of the Week contest continues to showcase well cared for yards and businesses within the City of Selkirk. If you would like to enter a yard or business, please email ads@selkirkrecord.ca and let us know whose place is looking great!



Commercial Property of the Week sponsored by The Flower Child.





Recipe courtesy of "Always Eat After 7

Prep time: 15 minutes Cook time: 1 hour, 35 minutes Servings: 6

6 sweet potatoes (8 ounces each) nonstick cooking spray salt, to taste

pepper, to taste

- 1 tablespoon olive oil
- 2 pounds ground chuck
- 2 yellow onions, diced
- 2 tablespoons garlic, minced
- 3 tablespoons chili powder
- 2 tablespoons ground cumin
- 1 tablespoon dried oregano
- 2 teaspoons smoked paprika
- 1/4 teaspoon cayenne pepper
- 3 cups low-sodium beef broth
- 1 can (28 ounces) crushed tomatoes
- 1 tablespoon apple cider vinegar
- 1 can (15 ounces) butter beans, drained and rinsed
- 1/2 cup fresh cilantro, chopped
- 1 Anaheim chile, minced

Chili Loaded Baked Potato

1 teaspoon sea salt

1/2 cup plain Greek yogurt

1/4 cup fresh cilantro leaves

1/4 cup red onion, minced

Heat oven to 400 F. Line baking sheet or pan with parchment paper. Rinse and scrub sweet potatoes; pat dry with paper towel and pierce several times with fork or knife. Place in prepared pan. Lightly spray sweet potatoes with nonstick cooking spray and season with salt and pepper, to taste. Bake 45 minutes- 1 hour until

tender when poked. In pot, heat olive oil. Saute chuck until fully cooked. Drain fat and return to pot; add onion, garlic, chili powder, cumin, oregano, paprika and cayenne pepper. Reduce heat to medium-low and saute until onions are soft, about 10 minutes, stirring

Add broth, crushed tomatoes and vinegar to pot. Increase heat to high and bring to boil. Reduce to medium-low and simmer 10 minutes. Add butter beans, cilantro and chile; cook 5 minutes. Season with sea salt. Split potatoes lengthwise; fluff flesh with fork. Top evenly with chili, yogurt, cilantro leaves and red onion.



Dear Money Lady, The stock market is so crazy right now and I am afraid to keep investing in it. What do you think? **James**

Dear James,

I understand your apprehension James however you must remember that we have seen the markets do this many times in the past. It is important to remember that what goes down, always comes right back up when you are looking at the stock market throughout history. This truly is an unprecedented event that we are witnessing worldwide and although we currently see epic spikes in market volatility and a global stock market crash, I can guarantee this will indeed change.

When we find a cure for the Coronavirus (which we will) and things slowly get back to normal, there will be an enormous amount of pent up demand worldwide that will catapult our economy, business and commerce to higher highs than we saw before this crisis. Looking at the last hundred years, there are some facts that are just undeniable. The stock market is very "aggressive-reacting" and "regressive-reacting" which means it swings excessively to one side or the other, in like what seems like, break-neck speed. Knowing this, we have observed in the past that the market has endured countless wars, epidemics, major shocks, always managing to reach significantly new highs over time, than before a crisis, often with highs that we never thought possible. To put it bluntly, there may be a lot of money to be made here if you continue to invest when the market is down.



While we can't say that we are out of the continued downward trend of equity markets, the sharp sell offs will soon dissipate and as we have always witnessed in the past, markets will begin to rebuild. Talk to your advisor and see if this new market landscape is something you can take advantage of. This is the time to be buying good stock picks that are at record low prices and a great value. We don't want to be short sighted when investing for the future. Consider the long-term advantages of buying into the market at low price points to capitalize on future profit when the market turns again.

Here is a Trader's Tip: When you are looking to get into a very volatile, downward swinging market environment it is hard to know when it has bottomed out. Resist the urge to try and time the market. This is virtually impossible and extremely difficult even for the most experienced traders. If you do decide to buy in, and your portfolio goes down further - just leave it. It will come back up. Do not be too greedy here and be going in and out. Often times, this causes a lot more stress, mental anguish and actual true losses. If you want to know when to really get in, it is said that a "Trader's Tip" is to buy in when the stock market has three full consecutive increasing days. This will mark a shift in the sell-off momentum and although it may go down a little later, it is usually viewed as sure sign of improvement and recovery.

Good Luck and Best Wishes,

Money Lady

Written by Christine Ibbotson, Author of two new books, "Don't Panic - How to Manage your Finances and Financial Anxieties During and After the Coronavirus" and "How to Retire Debt Free & Wealthy" available at all bookstores across Canada. If you have a money question, please email on website: www.askthemoneylady.ca

Rotini with Sausage and Mushrooms

Recipe courtesy of Sylvia Melendez-Klinger, MS, RD, on behalf of the Grain **Foods Foundation**

Prep time: 18 minutes Servings: 8

1 box (13 1/4 ounces) whole-grain rotini 1 tablespoon olive or vegetable oil

1 pound chicken sausage, sliced 1 cup leeks, thinly sliced

1 cup green onions, thinly sliced

2 cups mushrooms, sliced 1 cup chicken stock

1/4 cup parsley chopped 6 leaves from tarragon sprigs, chopped

1 cup Romano cheese grated Parmesan-Romano cheese (optional) Prepare rotini according to package di-

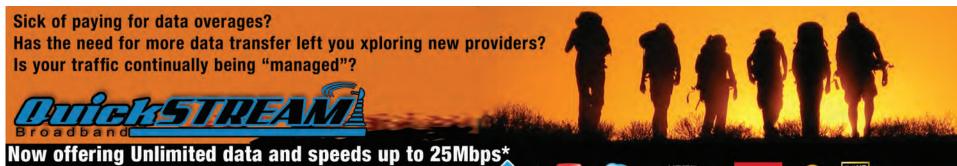


rections. Drain and transfer to large

In large skillet, heat oil over medium heat. Cook sausage 2-3 minutes, or until well browned. Add leeks, onions and mushrooms; cook until tender. Add chicken stock and simmer 3-5 minutes, or until hot. Fold sausage mixture into warm pasta. Add parsley, tarragon and Romano cheese; toss again. Top with Parmesan-Romano cheese, if desired.







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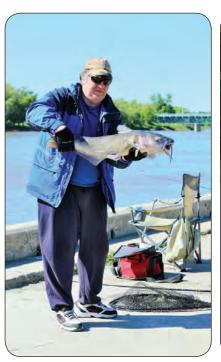


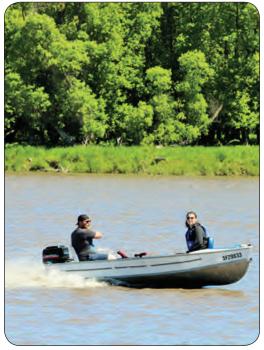
UT CIOSCUD

Enjoying a nice day in Selkirk



With many restrictions easing off in Manitoba, Selkirk residents were spotted enjoying a sunny and warm Saturday fishing, exercising and riding collector vehicles around town.









St. Andrews men charged with weapons trafficking

Bv Ligia Braidotti

Two men from St. Andrews were arrested and charged with weapons trafficking after the Winnipeg Police Service Firearms Investigation and Enforcement Unit initiated an investigation to find the origin of a loaded 45 calibre semi-auto handgun located at 1200 block of Downing Street in Winnipeg.

On April 23, members of FIEU found 17 guns registered to a resident at the 100 block of Maple Street in Winnipeg. They determined that only four were present in contravention of firearms regulations. Two handguns were not stored safely. The 53-year-old male said his remaining restricted and non-restricted firearms were in a storage locker in Inkster Industrial Park. Police attended to the locker's location and found out the contents had been sold at auction more than one year ago.

Members of the FIEU located the purchaser of the storage locker who had sold the firearms from the storage locker to an acquaintance who took possession of the guns. The purchaser of the

locker was arrested for Firearms Trafficking and released for Crown Opinion.

On April 28, members of FIEU arrested Pedro Paulo Desousa, 56, at his residence in St. Andrews. Desousa had purchased the firearms from the locker purchaser, transported them and subsequently sold a quantity of them to another acquaintance for a cash sum, which investigators believe was split with the locker purchaser. Police seized six long guns and two restricted handguns that had been obtained from the locker sale and Desousa was charged with weapons trafficking and released on a promise to appear in court at a later date.

On May 6, members of FIEU took Donald Gulenchyn, 44, of St. Andrews, into custody for Firearms trafficking. Investigators believe that he purchased restricted handguns and other firearms from Desousa in partnership with another acquaintance. Gulenchyn was also charged with weapons trafficking and released on an undertaking to attend court at a later date.

Selkirk group hosts Father's Day parade

By Ligia Braidotti

The Selkirk COVID-19 Birthday Parade group is organizing a Father's Day Parade, on Sunday, June 21, for the men of Selkirk in the nursing and seniors homes in town. Organizers want to invite Selkirk residents to join them. In May, the group organized a Mother's Day parade that was a success.

The group will be setting up in the empty lot by Dollarama again at 9:30 a.m. and starting the parade at 10 a.m. sharp.

Organizers Terri Reilly, Meagan Kingsland and Dan Walker, said they would love if some of the old cars of Selkirk could join us in making the day spe-

For more information, join their Facebook group at www.facebook.com/groups/187256098906749

Sportste veride Spring Down

University of New Brunswick tracks down Kazuk

By Brian Bowman

The University of New Brunswick Reds' track and field coach Chris Belof has been in a very good mood recently.

And he has some very good reasons. Belof recently announced the Reds' recruiting class of 2020, which includes the Selkirk Royals' talented sprinter Carly Kazuk.

The class also includes Fredericton distance runner Emily Trites, Ottawa thrower Hailey Gibbons, Baldur middle-distance runner Peighton Johnson. "I'm very excited about this recruiting class. They'll add to a very strong women's team," said Belof on the school's website. "In addition to this group, we also have sprinter Fionnoula MaGuire, from Truro, Nova Scotia, and jumper/hurdler Sierra Sweeney, from Porters Lake, Nova Scotia joining the team. The event range that these athletes bring will be a huge addition to our women's team, which will be looking to be one of the top two teams at the AUS Championships in 2021."

All six athletes have signed U SPORTS Letters of Intent and will join the Reds ahead of the 2020-21 Atlantic

University Sport Season.

Belof is really looking forward to Kazuk joining the team.

"Carly is a talented athlete that comes from a great development program," he said. "Her abilities over the short and long sprints will be an immediate contributor to our women's relays. Carly's hard work and dedication to her craft have allowed her to see success in both sport and academics. "She has a high ceiling, and we are extremely excited to see her continue to progress in the coming years."

After excelling at the high school level, Kazuk is ready to compete against elite university athletes.

"As an athlete, I'm always looking for ways to get better," she said. "I'm determined and extremely dedicated, and am eager to hear the feedback the coaches will give me."

Kazuk's outdoor track season was cut short when the Manitoba High Schools Athletic Association cancelled all spring sports due to COV-ID-19. But she had plenty of success in her Grade 11 outdoor year and also in her senior season in indoor track.

At the 2019 MHSAA track and field championships, Kazuk, who at the

time was coming off a hip injury, finished second in the 60 and 200 metres, and was a member of the gold-medal winning team in the 4x200 metre relay.

Finishing her Grade 12 year with the Royals, Kazuk, who will study Psychology while attending UNB, was also part of the group that earned the bronze medal in the 4x100 metre relay.

Řoyals' track and field coach Scott Gurney had high praise for Kazuk.

"She came out in Grade 10 and then was a little bit more involved last year and she sort of caught fire last year at the end of the year," he noted. "She really turned in some good performances. This would have been her year. She would have been making provincial finals and probably (would have won) some medals.

"Those are the kids that I feel sorry for because they didn't get to finish off the way they wanted to in high school outdoor (track)."

As good as Kazuk is now, Gurney feels she has the potential to get even better.

"She's just coming into herself and her ability," he said. "There's a kid



RECORD PHOTO BY MATT PEARSON The Selkirk Royals' Carly Kazuk will be running with the University of New Brunswick Reds' track team this upcoming season. She was widely considered one of the top

that has a gymnastics background, so she's an athlete and she understands the work ethic. But in track, she's only going to get better for a lot of years. The University of New Brunswick has a good one there.

recruits from Manitoba.

Manitoba junior golf championships receives a new sponsor

From Golf Manitoba's website

Golf Manitoba announced a new presenting sponsor for the July 12-14, 2020 Manitoba junior women's and junior men's provincial golf championships to be contested at Selkirk Golf & Country Club.

Starting this year, this annual event will be known as the Manitoba Junior Women's and Junior Men's Golf Championships presented by the Alex & Peggy Colonello Foundation.

In addition to recognizing the incredible support for Manitoba junior golf provided by the Alex & Peggy Colonello Foundation through the renaming of these events, we are very pleased to announce that there will be funding from the Foundation towards subsidizing event entry fees in 2020 for all competitors.

For ages 12 & under athletes, entry fees will be reduced from \$140 to \$90 and for 13 & older athletes entry fees will be reduced from \$185 to \$120.

"We wanted to acknowledge and honour Mr. and Mrs. Colonello in the naming of these championships and

we cannot think of a better way to recognize the contributions that they both had on our sport and also what the Foundation will mean for the future of junior golf in Manitoba," said Jared Ladobruk, Executive Director of Golf Manitoba. "The naming of these championships are just one of many ways that their legacy will continue on in our golf community and will be a perpetual reminder of the commitment of the Colonellos to junior golf in Manitoba. Reducing the entry fee for this season is consistent with the spirit of why Mrs. Colonello established the Foundation and that is to increase accessibility and to promote junior golf participation at all levels. We are encouraged that this will help to achieve that outcome."

Additionally, the Golf Manitoba junior women's and junior men's bantam championships will also be re-named the Junior Women's and Junior Men's Bantam Championship presented by the Alex & Peggy Colonello Foundation. The 2020 championships will be contested June 27 and

28 at the Portage Golf Club. Entry fees will also be subsidized by the Foundation and reduced by \$50 per player.

In 2018 at the age of 94, Peggy Colonello established the Alex & Peggy Colonello Foundation with a mandate to support junior golf in Manitoba. To support that endeavor, Mrs. Colonello created an endowment of \$3 million dollars that will aid in the development of junior golfers through grassroots golf initiatives and high-perfor-

mance programming. Since 2019, the Foundation has committed \$120,000 to junior golf programs including the Future Links Golf in Schools initiative, provincial junior women's and junior men's team development and the University of Manitoba Bisons women's and men's golf programs.

Registration for both the junior and bantam championships are now available at golfmb.ca.

MHSAA Return to Play statement

Staff

As the Province of Manitoba eases restrictions and reopens the economy in a phased approach, the benefits of reopening need to be balanced with the risks of increased COVID-19 transmission, said a statement on the Manitoba High Schools Athletic Association's website on June 9.

"School sport activities have numerous physical, mental and emotional health benefits," read the release. "As organized activities are beginning to be allowed to operate again, we need a thoughtful plan to reduce the risk of COVID-19 transmission."

The MHSAA's Return to Play plan aims to provide a safe return of school sport in Manitoba and is focused on the following three factors:

The Province of Manitoba has mandated each sport to establish a plan to reduce the risk of COVID-19 transmission between participants and

Continued on page 20

Buhr lives out Habs dream

By Ty Dilello

It's the experience of a lifetime for any major hockey fan. Once a year, the NHL's Montreal Canadi-ens hold a fantasy camp for thirty fans around the world to come to Montreal and join its historic team for a few days.

For the price of \$4750 (before taxes), the Montreal Canadiens Fantasy Camp includes a three-night stay at the Hotel Renaissance in downtown Montreal, two practices and one game with the Mon-treal Canadiens Alumni, and tickets to two Canadiens games, including one in the team's luxury suite.

Selkirk's Michael Buhr has been living out his hockey dreams through these camps. He's been to the camp for the last three years now and has loved every second of it.

Buhr is a lifelong Canadiens fan from the time he was a kid. When the Winnipeg Jets came along in the 1970s, he became a Jets fan, but his love for the Habs never left.

"My friend Doug is a huge Habs fan and he hadn't played hockey in 15 years because he had broke his leg playing hockey," said Buhr, "but it turns out that leg break saved his life because it showed he had bone cancer and he didn't know about it. He's had several surgeries up until now, but he thought he'd want to try skating again and then found about this camp. So he got into it in the camp's second year and has been there ever since."

"And then he asked if I wanted to come after he had a great time at his first camp, so I signed up

for it. I thought it would be a one and done type of thing, but it was such a great experience that I've now finished my third year."

The 2020 camp took place from Feb 27-29, right before the COVID-19 pandemic hit. Habs alumni that attended the camp included Guy Lafleur, Yvan Cournoyer, Rejean Houle, Josh Gorges, Shayne Corson, Gaston Gingras and Stephane Richer.

Cournoyer and Lafleur serve as the coaches for the games, so they are there on game day only. "But the pair come in as you're getting ready in the dressing room and hang out, and then hang out after the game as well."

"The Habs make it easy to be a fan because not only do they treat you first-class when you're there, but they also reach out and keep you engaged throughout the year. Last year the Canadiens Alumni team was playing in Gimli, so they reached out to my friend and me and gave us free VIP tickets to the event. We got to hang out with the players afterwards, and it's all because we're apart of the Habs family."

Looking back on things, a couple of special moments stick out for Buhr over the three camps he had playing in these Canadiens fantasy camps. "When I was a fan as a kid, Yvan Cournoyer and Guy Lafleur from the 1960s and 1970s were my guys. I was playing on a team that was coached by Cournoyer, and the game was tied 4-4. I had scored a goal and assist and was picked the second star of the game, but the game went to a shootout. Courn-



RECORD PHOTO SUBMITTED

Selkirk's Michael Buhr, left, pictured with Montreal Canadiens legend and Hockey Hall of Famer Yvan Cournoyer at the Montreal Canadiens Fantasy Camp.

oyer comes in behind me on the bench and whispers in my ear, 'you shoot second.' My hands start shaking immediately. I didn't score, and we lost the game, but it was a pretty cool memory nonetheless. Another one is playing centre, and last year I took about a dozen faceoffs against Hall of Famer Guy Carbonneau. I won a couple of them too until he decided I wasn't going to anymore."

Buhr recommends the camp for any major Montreal Canadiens fan that wants the experience of a lifetime.

"Rejean Houle was doing the draft one year for the alumni game, and he told us 'once you're drafted in the Habs family, you're always apart of the family.' At first, I thought, oh whatever, but it's true, they mean it. And I'm honoured."

Royals' players recognized with WHSHL awards

By Brian Bowman

A trio of Selkirk Royals' players received some great news from the Winnipeg High School Hockey League.

Matthew Brooks won the Gerry Varnes Sportsmanship Award while Austin Zirk and Grafton Hopkins shared the Travis Price Hockey Spirit Scholarship Award.

The Gerry Varnes Sportsmanship Award recognizes and acknowledges a Platinum Promotions Division player who best inspires others to play for the enjoyment of the game has made a significant contribution to the success of his team by way of sportsmanship and fair play.

"Matthew Brooks made a resounding impact on our team this year," said Royals' head coach Michael Buffie. "After playing the majority of his minor hockey career in A1, Mathew made the jump to the WHSHL this year with huge success. Mathew has been a joy to coach as he plays simply for the love of the game and is a player that everybody loves playing with. His enjoyment of the game spreads through the rest of the team and helped to make this year of hockey fun and successful."

Brooks tied for top spot on the Royals in goals (seven) and points (15) during the regular season

while accumulating zero penalty minutes.

The trophy was accompanied by a \$250 scholarship award that may be used for post-secondary education.

Meanwhile, Zirk and Hopkins were great choices for the Travis Price Hockey Spirit Scholarship Award.

The family of the late Travis Price wish to acknowledge, through these scholarships, the generosity of spirit of their son.

They annually present \$500 scholarships to one player from each team in the WHSHL.

Recipients should embody the following qualities:

Hard-working member of the team who spreads joy and loves life.

· A leader who works hard, plays hard, and has a healthy balance between work and play.

· Honest, of good character, enjoys learning new things, is a friend to all and is a bonding agent for the team

• Encourages and assists teammates to get along with each other rather than focusing on differences and conflict.

Each team nominated a candidate to receive the Travis Price Hockey Spirit Scholarship Award. The nomination process involved a vote where each



PHOTO SUBMITTED

The Selkirk Royals' Matthew Brooks, left, won the WHSHL's Gerry Varnes Sportsmanship award while teammate Austin Zirk, right, was the team's co-winner of the Travis Price Hockey Spirit Scholarship award along with teammate Grafton Hopkins. Hopkins is missing from the photo.

player and coach (but no others) had one vote and the majority decided the name of the candidate to be the winner of the Spirit Scholarship from that team.

In the case of the Royals' tie, each player will receive one half of the award.

> MHSAA, FROM PG. 19

spectators. The MHSAA is monitoring each provincial sport organization's Return to Play protocol status.

Consensus is needed from Manitoba Education

and Training and all of Manitoba's school divisions on their state of readiness to move forward with extra curricular activities, including school sport.

At a minimum, the Government of Manitoba's Restoring Safe Services: Phase 3 has been fully defined and comes into effect.

The MHSAA reminded member schools that all

school sport activities, including all forms of training and practices are on hold until further notice.

"We are committed to protecting the health and safety of our student-athletes, staff, coaches, member-schools and the health of all of our fellow Manitobans."

Royals' sports awards a little different this year

By Brian Bowman

The Selkirk Royals' presentation of their athletic awards this week was certainly different.

There was no awards banquet. Instead, the award winners names, pictures and MVP writeups were posted on the Royals' Phys Ed website.

Another twist this year saw no athletes of the year announced in fairness to the spring athletes that had their respective seasons cancelled due to CO-VID-19

"Unfortunately, we're not doing the athletes of the year or the Jim Schreyer Award because you really need a full year and a full body of work to do those properly," said Royals' athletic director Scott Gurney last Saturday afternoon "As a department, we sort of decided that some kids were going to have big spring seasons with track, lacrosse, or soccer. We didn't feel it was fair."

Despite the spring sports cancellations, it was another very good athletic year at the Comp.

"We had a lot of teams excel and make Zone championships," Gurney noted. "We would have had lots

of banners to display but even the teams that didn't make finals, we're still proud of them as coaches for the all of the time that they put in."

In past years, some athletes have received MVP awards for multiple sports. But that didn't happen this year. Many different athletes were selected as their respective team's most valuable player.

"It's odd, some years we have the same names pop up again and again and some years we spread it around," Gurney said. "This Grade 11 and 12 group is really deep. There are lots of athletes that have their sport of choice and that just speaks to how many talented athletes we did have. There were some kids that if they didn't go to Lord Selkirk, they probably would have been athlete of the year somewhere else."

Coaching-wise, the Royals saw a number of new coaches this season for various reasons. For years, Selkirk has had the same coaches in place, but those that filled in this season did a really good job.

"We did have a lot of first-year, second-year coaches and it's always difficult stepping into a position,

especially when we have had success with a lot of these programs," Gurney said. "It can be a little intimidating but people want to contribute. We have a lot of alumni that come back...so it's nice to know that you're doing some good when people want to come back and be part of what you're doing."

Gurney really wanted to thank his Phys Ed. staff for the wonderful job they did during this very unusual school year.

"Everybody's pitched in and it's been a learning experience for everyone," he said. "For me, in particular, it's not just simple that we're going to do this work thing online. We're going to teach online. If you would have told me at the beginning of my career that I would be teaching Phys Ed. as the athletic director sitting in front of a laptop for six or seven hours a day, I would have laughed at you. (The staff) has been awesome. I have had to lean on (them) and they have been just excellent. People have really stepped up and helped out where they needed to."

Royals announce athletic award winners

By Brian Bowman

It certainly has been a very wacky time in the sports world in 2020 but the Selkirk Royals delivered some good news this week.

The school had a chance to celebrate another tremendous year with its announcement of their athletic awards for 2019-20.

Royals' athletes that had success at the national level included:

- · Annika Goodbrandson bronze Western Canada Summer Games: Basketball
- · Spencer Grahame silver Western Canada Summer Games: Volleyball, gold - 17U Canada West Volleyball Championship, and gold - Canadian Cup 17U Championship: Volleyball
- · Rylan Van Kooten silver Western Canada Summer Games: Volleyball, gold 17U Canada West Volleyball Championship, and gold Canadian Cup 17U Championship: Volleyball
- · Josh Jehle silver Western Canada Summer

Games: volleyball

- Royals Team MVP's · Special Olympic Soccer Brittany Mercier
- · Special Olympic Basketball Loughlin McKay
- · Varsity Girls Water Polo Bibi Ribeiro-Tozzi
- · Varsity Boys Water Polo Josh Boulton
- · Junior Varsity Girls Water Polo Megan Duff
- · Junior Varsity Boys Water Polo Fynnley Pearson
- · Varsity Boys Cross Country Victor Schjerning
- · Varsity Girls Cross Country Sayda Bloom
- · Junior Varsity Girls Cross Country Amanda Shupenia
- · Junior Varsity Boys Cross Country Keenan Allen
- · Varsity Boys Volleyball Josh Yeroschak
- · Varsity Girls Volleyball Emma Benson
- · Junior Varsity Girls Volleyball Brooklyn Wasnie
- · Varsity Boys Basketball Carlin Doak
- · Varsity Girls Basketball Abby Benson
- · Junior Varsity Girls Basketball Talia Carey
- · Junior Varsity Boys Indoor Track & Field Ian

Gurney

- · Junior Varsity Girls Indoor Track & Field Annessa Stasiuk
- · Varsity Boys Indoor Track & Field Tyrell Cook
- · Varsity Girls Indoor Track & Field Carley Kazuk
- · Girls Curling Sam Prokopich
- · Boys Curling Bailey Hiebert
- · Girls Hockey Morgan Baker
- · Boys Hockey Raymond Hefferman
- Mike Woloshyn Award: Austin Wasnie
- · Award of Recognition Hanna Marcotte

Meanwhile, Sue Gilmour, head coach of the varsity girls' basketball team, received a trophy for her contributions to the LSRCSS Royals' athletic program from 2008-2020.

The Royals will be releasing the names, pictures and MVP writeups on their Phys Ed Website on June 17. The website is lsrcssphysed.weebly.com.

Match Play Golf Championships set for semifinals this weekend

Staff

Selkirk's Wesley Hoydalo defeated Southwood's Connor Stewart 3 and 2 on Sunday in the quarter-final of the Match Play Men's Golf Championship at the St. Charles Country Club.

Hoydalo defeated Larters Colby Dudek 1 up in first-round action.

The 20 year old Hoydalo will now meet defending champion Austin Dobrescu out of the Shilo Country Club this Saturday.

Brandon's Dobrescu beat Braxton Kuntz 4 and 3 in quarter-final play and in a battle between Elmhurst club members, Jack Werhun defeated Jordy Lutz.

Werhun sealed his 4 and 3 win over Lutz by sinking a long put on the 15th green.

Marco Trstenjak, who lost 1 up to Werhun on Saturday, was the No. 1-seed heading into the 32-play-

er event.

Werhun also defeated Selkirk's Noel Ngo in round 1 action by a score of 2 and 1.

Werhun will now meet Breezy Bend's Justin Mc-Donald, the 2018 men's amateur and mid-amateur champion.

McDonald beat Brandon's Evan Natchtigall on Sunday with a 6 and 5 victory.

The senior men's field, meanwhile, is also down to the final four.

Last year's winner, top-ranked Garth Collings of Breezy Bend, defeated Niakwa's Ken Warwick 5 and 4 to set up a matchup with Elmhurst's Carl Lechman

Lechman, the No. 5 seed, triumphed over fellow Elmhurst member Jerry Booth 1 up in the quarter-final

Quarry Oaks' Al Kehler, the No. 15 seed, advanced to the semifinal with a 2 and 1 victory over Pine Ridge's Brad Moore. Kehler will now battle No. 11-seeded Gordon Hudson of Southwood. Hudson eliminated Pine Ridge's Ted Antoniuk 2 and 1 on Sunday.

The women's tournament is also down to their semifinals.

Shilo's Bobbi Uhl, the top seed, will face Pine Ridge's Marissa Naylor on Saturday. The other semifinal features two-time defending champion Hannah Diamond, 24, of St. Charles facing the No. 3 seed Mikyla Albert.

Albert beat Glendale's Shannon Wales 4 and 2 last Saturday.

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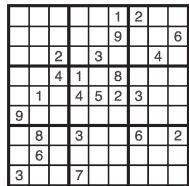
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CLUES ACROSS

- Japanese classical theater
 Chess pieces
- 9 Pieces of writing
- 14. Doctors' group
- 15. Capital of Guam
- 16. Type of turtle
- 17 Swiss river
- 18. MLB Hall of Famer
- 20. Places to sit
- 22. Fancy rides
- 23. One of Washington's Tri-Cities
- 24. Without class 28. Male child
- 29. Keeps you cool
- 30. Biblical place
- 31. Italian city
- 33. District in central Turkey
- 37. Job for a grad student
- 39. Arrange in steps 41. Witch
- 43. Having certain appendages
- 49. Of I
- 50. Blood relation
- 51. Works out
- 59. Makes someone happy
- 65. S. American trees
- 67. Neither
- 2. Metropolis

- 38. Central nervous system
- 42. Promotional material
- 44. Approaches 46. One who did it (slang)
- 55. Female given name
- Isaac's mother (Bib.)
- 60. Creative 64. Small. faint constellation
- 66. Makes simpler
- 68. We all need it 69. Unique plastic utensil
- 70. Thyroid-stimulating hormone (abbr.)
- **CLUES DOWN**
- 1. Civil Rights group





- 4. Regular business given to a
- 5. Gets older

19. Illumined

- 6. A bundle of banknotes
- 7. Midway between north and northwest
- 8. Takes to the sea 9. Prestigious film prize: d'or 10. Baltimore ballplayer
- 11. Removed 12. Term of respect 13. Genus containing pigs
- 21. One who symbolizes something
- 24. Member of a Turkic people 25. The academic world
- 26. "Key to the Highway"
- bluesman 27. Hang-ups 31. Long, leafless flower stalk

- 32. Categorize 34. Loads
- 35. Indicates position 36. Unreasonable
- 41. Dweller 45. Welsh female name meaning
- 47. Offering again 48. National capital 52. Firm, dry and brittle
- 53. 007's creator 54. Allied H.Q. 56. Mackerels
- 57. Month of the Hindu year 59. Not odd
- 60. Belonging to a thing 61. "Boardwalk Empire" actress
- Gretchen
- 63. Equal. prefix

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Limit of 2 litres of new oil per person Limit of 4 litres of new antifreeze per person More Info? Call 204-785-4900

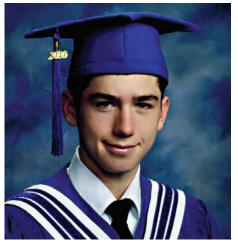
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IN MEMORIAM



Casimir Petaski 1926 - 2019 In loving memory of a wonderful loving husband, father, grandfather, and great-grandfather

Always in our hearts, our thoughts, and in our lives.

Forever loved and so deeply missed. -Your loving wife Mary,

and family



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ANNOUNCEMENT



Liz Nicol August 15, 1951 - June 21, 2006 My Love My Life My Wife I miss you so much. Love you Liz. -Wayde

ANNOUNCEMENT

IN MEMORIAM



In Memory of Kay Onofreychuk (Hardwick) June 19, 2016

Today recalls sad memories, Of my dear sister gone to rest; And the one who thinks of her today, Is the one who loved her best

> -Miss you a lot and love you, sister Ingrid

ANNOUNCEMEN'

IN MEMORIAM

Martin Keller June 20, 2016

A light is from our household gone, A voice we loved is stilled; A place is vacant in our home, Which never can be filled. Some may think you are forgotten, Though on earth you are no more; But in memory you are with us, As you always were before.

-Love Mom, Dwayne, Rhonda, Cameron, Brittany, Roger, Tanis, Chris, Taylor and Carley

George McKay

Peacefully, on Saturday, June 6, 2020 at the Selkirk Betel Home, George McKay, aged 70 years, of Selkirk, MB, passed away.

In keeping with his wishes cremation has taken place and a private interment will be held at a later

Gilbart Funeral Home, Selkirk in care of arrangements.



Corbin Michael Artimowich February 13, 2020 - May 25, 2020



Corbin was born into a family of love. He immediately found his favourite spot on his Dad's shoulder and his deep blue eyes and big laugh made his Mom's world complete. No one was prouder or loves Corbin more than his big sister, Grace. She shook with excitement to meet her brother and spent her days tickling him, squishing his face, singing him Frozen songs, reading to him and holding his hand on quad rides to "keep him safe". Corbin experienced a lot in his 3.5 months: going down the slide with Mom at the park, standing on Lake Winnipeg, going fast in sports cars with Dad, family dance parties, napping in Papa's arms, building forts and having family camp outs on the living room floor. Corbin loved dancing with his Nana and always saved his biggest smiles for Auntie Jenna. Corbin even went trick or treating with his sister,

celebrated Christmas, did an Easter Hunt with his cousin and had a birthday party. He loved watching his dogs, Bingo and Bob and being his grandparents' Buckaroo. Corbin rode the snowmobile with Dad and loved going in the hot tub and for truck rides with his family. Every night Corbin went to bed surrounded by his family and he spent most nights sleeping forehead to forehead with his sister. Corbin will be forever loved, forever missed but his memories and incredible strength will be forever cherished. Love you son, your family.

Krystina and Justin wish to sincerely thank everyone for their support: the excellent nurses of St. Boniface NICU and Children's Hospital, Children's and Interlake Pediatric Palliative Care, Dr. Ian Alexander, Steeltown Ford and Gilbart Funeral Home.

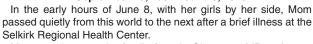
In lieu of flowers, the family would love for you to consider donating to the Children's Hospital-

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements



Elsie Ella Biedler (nee Petznik) September 19, 1937 - June 8, 2020



Mom was born on the family farm in Glenmoor, MB to August and Filipena Petznik, the youngest of three siblings. She is predeceased by her husband of 53 years Wilfred; her parents and one brother Arnold. She leaves behind to cherish her memory her two daughters, Cheryl Nuttall (Robert) and Marlene Szarka (George); her brother Alfred Petznik; sister-in-law Gerda Petznik; beloved nieces and nephews and three grand kitties. Mom also leaves her three other girls behind, best friends Esther Kurbis, Amanda Botican and Susan Sprong, whom she loved dearly.

Mom and Dad settled in Greenwald, MB where Mom resided

until moving to Selkirk in 2015. Our Mom loved the simple things in life, good home-cooked food, knitting, crocheting, sewing, Bingo and above all gardening. Her knowledge of plants and flowers was remarkable and she loved nothing better than a trip to a greenhouse and then planting her findings.

After raising her family, she entered the workforce where she was employed at Sun Gro peat moss plant, West Hawk Lake Resort and finally retired from East Gate Lodge in Beausejour in 2002. She made many friends wherever she went with her honest and kind personality.

The family would like to thank the staff at Selkirk Hospital for their kind care and compassion during her final days.

A life is like a flower

It blooms, then fades away

But it leaves a lasting beauty

In our hearts from day to day

Auf Weidersehen Mommie, we love and miss you.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

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Your memory will live forever Engraved within our hearts

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OBITUARY



Lucille Phyllis Chambers (nee Hvde)

April 1, 1953 - June 6 2020

It is with broken hearts we sadly announce the passing of Lucille Chambers on June 6, 2020. She was born on April 1, 1953 in Winnipea, MB.

Lucy was predeceased by her mother Matilda Hyde (Sawatzky); father Charles Hyde and sister Karen Bates.

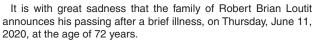
Lucy is survived by her two sisters, Donna (Ken) Kabecz and Marion (Don) Pryce; brother Gordon (Kathy) Hyde; her four children, Raymond (Charlene) Marion, Leonard Marion, Leslie (Jim) Bosko and Jennifer Marion. She will be missed by her precious pet companion, Ally; along with grandchildren, Dylan Marion, Alisa, Brandon, Shelby Bosko, Kerri Lynn and Vanessa Marion; and great-grandchildren, Huntleigh, Wyatt and Gracelyn.

Lucy is remembered for her great personality and her ever so contagious laugh! She had a funny sense of humor and loving heart. She was always straight forward and wasn't afraid to speak her mind. Lucy was a strong, determined and fiercely independent woman. We will miss her everyday, until we meet again.

As per her wishes cremation has taken place. Interment will be held on June 26, 2020 at noon at Brookside Cemetery for immediate family only. A celebration of life will be held at a later date. In lieu of flowers donations can be made to Winnipeg Humane Society.

OBITUARY

Robert Brian Loutit



Robert will be lovingly remembered by his wife of 30 years, Leslie; his daughters, Jill (Keith) and Tara (Chris) and his stepdaughters, Melissa (Kevin), Jacqueline (John) and Kristin (Butch). Robert will also be fondly remembered by his eight grandchildren, Carli (Jason), Matthew (Ayla), Cassidy, Tyr, Cadance, Marlena (David), Kahrisa and Kolby; four step-grandchildren, Alex, Aiden, Kaity and William; and his four great-grandchildren, Haven, Nova, Jesse and Johnathan. Robert leaves behind his mother, Phyllis, his many brothers and sisters, numerous nieces and nephews and his best friend, his dog, Gomez.

Robert made many friends and connected to many people. It

was rare that someone did not know Robert Loutit. He will be sincerely missed by his large and loving family, his vast network of friends, and his entire community.

A Come & Go - Celebration of Life will be held at 642 River Road, Lockport, MB on Saturday, June 20, 2020 from 2:00 - 4:00 p.m. Social distancing requirements will be followed. Please bring your own

In lieu of flowers, the family of Robert Loutit would appreciate donations made to Air Canada's Dreams Take Flight (Winnipeg Chapter) - In Memoriam of Robert Brian Loutit. Winnipeg Executive 204 479-5267 winnipeg@dreamstakeflight.ca.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

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