



The Selkirk Record

VOLUME 12 EDITION 22

THURSDAY, JUNE 3, 2021

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Lockport's latest catch

Eric Stone recently bought, renovated and rebranded the former Cat's on the Red location into his new bait and tackle business Red River Cats. Learn more about the new Lockport business on page 3.

RECORD PHOTO BY KATELYN BOULANGER

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Lockport nets new bait and tackle shop

Cats on the Red gets update and rebrand as Red River Cats

By Katelyn Boulanger

The Cats on the Red bait and tackle shop in Lockport is no more but the charm of the business remains with the newly dubbed Red River Cats thanks to hard work by new owner Eric Stone.

"We purchased it in March and spent the last couple months renovating it. We wanted to do something unique for the area and to help us stand out. So we decided to design it as a 1940s/1950s big tackle shop. We spent months collecting old rods, reels, old minnow traps, anything kind of old and vintage to do with fishing," said Stone.

Though the vintage vibe might fool you the place also is up on the technical side too with a live bait tank on-site to fulfill your fishing needs.

"We currently carry shrimp, frozen minnows, salted minnows, and live minnows, jumbo worms and glow in the dark worms. So we're trying to kind of be your one-stop-shop for everything you need on the Red River," said Stone.

He was excited to find out from former owner Stu McKay that the business was for sale and then all the pieces fell neatly into place for him to be able to make the purchase.

"I've just loved fishing, being outdoors, camping, anything like that, hunting. I've spent probably more time in the last couple of years with a rod in my hand and anything else and it's just been a huge passion of mine. So, when the opportunity came up to own a bait and tackle shop and a guide service I kind of jumped at the opportunity," said Stone.

Right now, because of current restrictions guiding services and boat

tours are not able to happen but Stone hopes to get these services up and running in the future.

"[As part of the boat tours] we'll take you up the river. We'll go through the Locks. We'll have a whole historical [explanation] that we'll talk about and then we'll take you up to the Half Moon for some ice cream, stuff like that. That's something new that we're excited to open up," said Stone.

In addition, Stone has future plans to fix up the motel part of the property and get that business up and running as well.

He is also quick to give credit to the business's former owner Stu McKay who has been helping him with his vast experience on the Red River.

"He's been absolutely fantastic. He's been helping us, giving us tons of advice and helping us out with this passing on his 30 years of experience on the Red River," said Stone.

McKay who opened the business in 1988 opened for the same reason that Stone has bought the place now — a love of the outdoors.

"You've got a new kid in town, new blood in there. He's a young fellow just starting out in life, really and in the world of entrepreneurship and I think it's fantastic. We had our run and it became time to hand the reins over and Eric and company came in. They've done a lot of renovations. The place looks like a million bucks and we wish them all the best. Hopefully, they get the same enjoyment out of it that we got out of it all those years," said McKay.

Stone wants residents to know that his business is now open that they can stop by and get their Red River fishing needs met at Red River Cats.



RECORD PHOTOS BY KATELYN BOULANGER

Eric Stone inside the newly renovated Red River Cats. Below: The interior of Red River Cats has a vintage bait shop feel.



"We just we wanted to show that there are some new owners and that we're interested in being a piece in the community," said Stone.

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Big DOLLAR

Christie and Irving receive Order of Manitoba awards

Elder Ruth Christie and film producer Kyle Irving are awarded as outstanding Manitobans for work in Indigenous storytelling

By Sydney Lockhart

Elder Ruth Christie and Kyle Irving, both of whom have ties to Selkirk received the Order of Manitoba on May 12 this year for their storytelling abilities.

Kyle Irving

Irving was also awarded the Order of Manitoba for his storytelling through film and television that often focuses on Manitoba stories and Indigenous experiences. He has filmed many of his projects in Selkirk. He said the city has been great to work with and played a large role in many of his pieces.

"I consider it a great privilege to be here, to be part of this community. I'm thrilled to give back as much as I can, whenever I can, to this place that's given so much to me," said Irving. "And really, I can always count on Selkirk to be good to us and I really hope that with Eagle Vision's shows that the people of Selkirk feel like it's good for them too."

Irving is a partner, along with member of the Order of Manitoba Lisa Meeches, in the production company Eagle Vision which creates many Manitoba based projects.

"It was [Meeches] who first introduced me to the Indigenous community and the importance it meant to her," said Irving.

He said that Indigenous people come by their storytelling honestly and that getting the chance to try and help continue their oral history is important work to him, and always will be.

Irving has produced many award-winning films and shows such as the five-time Oscar-nominated *Capote*. He also produced *We Were Children*, *Bur-*

den of Truth, *Taken*, *Ice Road Truckers*, and many more. He has become a film industry leader in Manitoba.

Ruth Christie

Christie received the Order of Manitoba for dedicating her life and using her impeccable memory to help educate many people locally and internationally about Indigenous stories.

Born in the small community of Loon Straits she was always determined to get a good education, even when she was bedridden by an illness in the sixth grade.

"My cousin would smuggle a textbook into me, I wasn't supposed to be reading because it would weaken my eyes. She would bring in the textbook, I would study, she would take the textbook back and then shove the test questions through the window," said Christie.

She said she was determined to stay on track with her schooling despite being sick for such a long time, even if it meant she would have issues with her sight later on in life.

Christie went to nurses' school in Winnipeg but was later told she should leave the field for her health and the wellbeing of her children, otherwise, a doctor suspected she would need open-heart surgery at the age of 50. Christie is now 80 years old and had the surgery just two years ago.

With her change in career Christie, the great-great-grandchild of Joseph Monkman-Ramsey and the great-grandchild of John Ramsey, saw an opportunity to share and educate others on Indigenous stories.

"My grandmother, she had all our history, our ancestral history, and my parents would allow me to go and visit my grandmother and my grandmother saw that I had a gift of a good memory. I can remember things from when I was two years old," she said.

After deciding to leave nursing school Christie started to work for Parks Canada at Lower Fort Garry National Historic Site portraying her great-great-grandmother at the then newly installed tipi, she was the first Indigenous woman to share cultural stories in re-enactment at the Fort.

Since then, she has worked and volunteered in many different areas that have benefitted not only Indigenous youth, but Manitoba as a whole, such taking on the position of resident Elder of The University of Winnipeg for over a decade where she was later given an honorary law degree.



RECORD PHOTOS SUBMITTED

Film producer Kyle Irving who creates many of his projects in Selkirk was awarded the Order of Manitoba for his storytelling efforts.



Ruth Christie, a trailblazer in our community, received the Order of Manitoba this year.

Christie said when she was contacted about receiving the Order of Manitoba, she thought her friends were playing a joke on her because she couldn't believe it.

"I said 'yeah, you're kidding,' she said.

These two Order of Manitoba recipients will be honoured, along with the other recipients, at a dinner when COVID-19 restrictions allow.

The Order of Manitoba is the province's highest honour, recipient's names get added to the display at the Legislative building where they will remain permanently.

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Remembering the 215 children







RECORD PHOTO BY MICHELLE BALHARRY

To honour the 215 children whose remains were found at the former residential school in Tk'emlúps te Secwépemc near Kamloops, B.C also known as the Kamloops Indian Residential School, which was operational between 1890 to 1969 and until 1978 as a day school. Julie St. Croix started gathering shoes which have been placed in one of the pocket parks on Manitoba Ave. near the Anishnaabe Mashkiki Gitigaan - The People's Medicine Garden and the Don't Judge Me Until You Have Walked a Mile In My Shoes mural. Selkirk community members have been donating more shoes to add to the collection. A National Indian Residential School Crisis Line has been set up to provide support for former residential school students and those affected. To access this help call 1-866-925-4419.

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get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

Second dose vaccine eligibility continues to expand

By Ashleigh Viveiros

Manitoba public health officials reported 303 new cases of COVID-19 on Monday, bringing the province's active caseload to 4,504.

Officials noted, however, that due to technical issues the day's numbers were an undercount of actual case numbers. Tuesday's report—released after this edition went to press—was expected to include the missing cases.

The Winnipeg health region continues to see the greatest daily increase in cases, reporting 226 on Monday. Next up was 37 new cases in Southern Health-Santé Sud, 15 in the Prairie Mountain Health region, 13 in the Northern health region, and 12 in Interlake-Eastern.

Manitoba has seen a total of 1,053 deaths due to the virus and 45,533 recoveries.

At press time, there were 308 people in Manitoba hospitals with COVID,

including 71 in ICU. Another 35 Manitobans have been sent for ICU care in Ontario and Saskatchewan.

In the Interlake-Eastern region, every district recorded active cases on Monday. Arborg/Riverton with four, Beausejour four, Eriksdale/Ashern 50, Fisher River/Peguis nine, Gimli two, Northern Remote 33, Pinawa/Lacdu-Bonnet 4, Powerview/Pine Falls 119, Selkirk 13, Springfield 16, St. Clements 7, St. Laurent 2, Stonewall/Teulon 13, Unknown 9, Whiteshell two and Winnipeg Beach/St. Andrews 23.

Interlake-Eastern also recorded two additional deaths last week bringing the total to 41.

On the vaccine front, all Manitobans age 12 and up are eligible for their first dose.

Second dose eligibility continues to expand rapidly. At press time, anyone who had received their first dose on or before April 13 is able to book their

second dose.

All Indigenous people as well as individuals with specific health conditions are also eligible to book their second dose, as long as they meet the minimum time interval between doses.

The province has announced that anyone who received a first dose of AstraZeneca/Covishield is now eligible to receive a second dose of any mRNA vaccine (Pfizer or Moderna), provided they meet provincial eligibility criteria for their second dose.

Detailed eligibility criteria and booking information is available online at manitoba.ca/covid19/vaccine. You can also call 1-844-MAN-VACC (1-844-626-8222) to make an appointment

Study shows Moderna's COVID-19 vaccine in adolescents safe and effective

By Patricia Barrett

Moderna announced last week that a preliminary study of the use of its mRNA two-shot COVID-19 vaccine in adolescents was 100 per cent effective against the virus and showed no significant safety concerns.

Researchers found no cases of COVID in adolescents 12 to under 18 years of age after they received two doses of the vaccine. After the first dose (after a period of 14 days), vaccine efficacy was 93 per cent.

The study, called TeenCOVE, enrolled 3,732 American children.

"We are encouraged that mRNA-1273 [Moderna COVID vaccine] was highly effective at preventing CO-

VID-19 in adolescents. It is particularly exciting to see that the Moderna COVID-19 vaccine can prevent SARS-CoV-2 infection," said Moderna's chief executive officer Stephane Bancel in a news release dated May 25.

Researchers also found that the adolescents experienced no serious side effects.

The vaccine was "generally well tolerated with a safety and tolerability profile generally consistent with the Phase 3 COVE study in adults. No significant safety concerns have been identified to date," states the release. "The majority of adverse events were mild or moderate in severity."

Common side effects were pain at the injection site, headache, fatigue, myalgia (muscle aches) and chills.

The company said it will continue to gather safety data, but in the meantime will submit its study data to U.S. regulators and to other regulators around the world in early June and request that its vaccine be authorized for use in adolescents.

"We remain committed to doing our part to help end the COVID-19 pandemic," said Bancel.

Pfizer-BioNTech's mRNA COVID-19 vaccine has already been approved by Health Canada for use in adolescents.

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Christy Brown, Distribution Mgr.: 204-467-5836

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Selkirk's Ryan Hart makes big bust as a part of counter-smuggling operation

Local Royal Canadian Navy Petty Officer First Class part of team that makes a difference overseas

By Katelyn Boulanger

Petty Officer First Class Ryan Hart's journey has taken him far from Selkirk all the way to the Arabian Sea where he is currently part of a team from the Royal Canadian Navy's Naval Tactical Operations Group that is trained to conduct boardings, in accordance with international law, as part of operation ARTEMIS.

As part of a counter-terrorism mission Hart's team has been conducting counter-smuggling operations on-board the HMCS Calgary off the coast of Oman, where working with partners at Combined Task Force 150, they patrol for suspicious vessels.

What Hart didn't know when he left Canada was that his team was also going to directly contribute to the recent seizure of 1,286 kg of heroin which is the biggest heroin seizure in the operation's history.

"It's a lifelong [amount] of training that led us to get to here. So it feels really good to actually put our skills to use and make sure that we're doing some good out here," said Hart

Hart spent most of the first 26 years of his life in Selkirk before deciding to join the navy and travel the world.

"I remember growing up on Christie Avenue just down the street from the water tower [and] playing hockey on the outdoor rink. I worked just down the street at Snack Shack on the corner of Manitoba when I was a kid. I went to high school at The Comp, junior high at Selkirk Junior High, and elementary school at Robert Smith. I have a lot of fond memories," said

Hart.

He also played hockey, was part of the school rugby team and was an avid curler but his passion, when he was a kid in Selkirk, was music even though as a teenager he also felt the urge to serve his country.

"I played piano since I think I was about five or six years old and once I graduated high school, I was 18 years old, I came home with a Canadian Forces recruiting pamphlet. My mom was like, 'No, you're going to try this music thing out. We've paid money for lessons you're going to try this music thing out.' So, I tried it for a year and fortunately, the music thing wasn't for me," said Hart.

He then spent some time working as a crane operator at the Gerdau Ameristeel steel plant in Selkirk before becoming a boatswain, a sort of a jack-of-all-trades sailor, in the navy.

Though his family doesn't have a particular history with the Canadian Armed Forces Hart's grandfather served in the Royal Navy during World War Two, which drew his interest towards the Navy.

"I think about 2014, the Navy decided that they really wanted to build a new boarding capability and I was chosen to be one of the original staff to help the Navy develop this capability. I really found my niche, sort of my love to serve, doing this sort of thing, and I've been doing this ever since," said Hart.

For other Comp graduates thinking that they might want to take a similar career path to him, Hart says that



RECORD PHOTOS SUBMITTED

Above: Ryan Hart while he was conducting training in preparation of Operation ARTEMIS. Below: Hart while he was growing up in Selkirk.

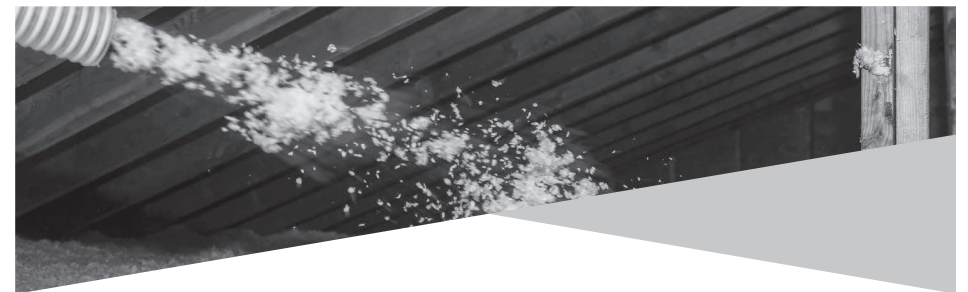
it takes a lot of hard work, dedication, having a no-quit attitude, and being positive.

"It's a hard job. It's our life it's not a nine to five thing. We work very, very long hours [and] you really have to love what you do," said Hart.

He encourages Comp grads and soon to be grads that even if the Canadian Armed Forces isn't for them that doesn't mean that you won't be able to do amazing things with where

your life leads you.

"Never give up on your dream. [This] was one of those things that I always wanted to do and it took a while for me to get there but I never stopped trying to achieve it. It took me a while, took me seven years to actually pull the trigger and do it, but I never gave up on it. Always keep [your] goal in mind. Take strides to make sure you can achieve that goal and never, never stop trying to achieve," said Hart.



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West St. Paul has a new vision for the future

WSP releases it's 2021-2026 strategic plan

By Katelyn Boulanger

West St. Paul residents only needed to look in their mailboxes to find out what the future holds for the RM with copies of the strategic plan that laid out the vision for the future of the region being delivered to resident's mailboxes last week.

"The strategic plan is a document that sets the vision for the future of the community. It's a roadmap that guides us into where we're going in the future and it helps us prioritize what we focus our resources on, our funding, our budget dollars, as well as our staff and where they direct their energy," said West St. Paul Mayor Cheryl Christian.

The RM has been working on this plan since 2019 when the mayor made the election promise that she wanted the community to be engaged and included more in decision making. This is one way that she could fulfill that promise.

"We had four focus groups and surveys that went out and those surveys went out in paper copy to residents as

part of our newsletter and then they were also available online. Through that process we had over 600 residents, and business owners participated in that as stakeholders, all our staff participated, and council as well. The Exchange Group facilitated that as an independent consulting company. They've done over 1200 strategic plans over 30 years and they said, this is one of the strongest public engagement, participation from residents that they've ever seen," said Christian.

She admits that the COVID-19 pandemic did delay the process of getting this strategic plan out to the public, but it was fortunate that the public consultation process happened before the pandemic, which would have made meeting more complicated.

The plan outlines four pillars that were taken from the consultation process and are a guide to the rest of the plan. Those pillars are community, service, environment, and governance.

The plan in addition to listening to what residents wants also acknowl-

edged the RM's strengths — strong council, dedicated staff, engaged community, recreation opportunities, proximity to Winnipeg, reasonable taxes, and beautiful green spaces among others — as well as acknowledged what could be improved on — marketing and promotion of West St. Paul, ensuring West St. Paul's unique identity, by-law enforcement and legislative challenges, and managing community growth.

Christian felt that it was important to engage residents on what they wanted but also where the RM could improve to get a full picture for this plan.

"Having this



RECORD PHOTO SUBMITTED

West St. Paul mayor Cheryl Christian with a copy of the new West St. Paul Strategic Plan.

discussion and identifying what more work needs to be done, we included residents in that and said, 'What are we doing right? Where do you see that we need to make improvements?' and that was really important because then we can focus our energy and our resources on making things better for our community," said Christian.

The plan then goes on to identify nine community strategies that are essentially the goals of the RM for the next five years. They are by-law enforcement and community safety, superior service, community identity, community beautification, recreation campus, town centre, transportation plan, community engagement and communication and financial sustainability. The order that they are listed is the order that they were identified by residents as priorities and though Christian says they will all be focused on, by-law enforcement and community safety came out on top.

"We've been able to incorporate this information as part of our budget process. So, we're spending more money on by-law enforcement and safety issues, and brought in our community ambassadors and want that to not be

a temporary program but remain permanent. We've really focused a lot on beautification. We've heard residents as part of this plan say that parks and green space are really important to them. So we've invested more in parks and green space than we ever have in previous years. So new parks and green space coming up as well as maintaining and improving the parks that we have," said Christian.

She hopes that with the guidance of this plan in five years West St. Paul continues to thrive.

"I hope that we continue to have amazing public engagement and attendance at our meetings. I hope that there's an increased sense of pride in our community. Community identity was identified as something that is really important for West St. Paul that is not simply a suburb of Winnipeg. We have our own history, our own identity and as we welcome new families to West St. Paul, I hope that they learn about that history and that they come to know the residents who have been here over many generations, and they embrace what is unique and special about West St. Paul people," said Christian.

Now accepting applications for Local Health Involvement Group (LHIG) volunteers!



LHIGs provide an opportunity to have a voice in topics related to the delivery of health care services in our region. When we work together, we can better ensure that health care reflects the needs of residents.

We welcome people of all ages and backgrounds to volunteer, and we look forward to having you contribute to meaningful conversations that can help to shape health care in your community!

For more information or if you would like to join a LHIG, contact Pamela McCallum, executive director of Interlake Eastern Health Foundation at pmccallum@ierha.ca or 204-785-7044.



Interlake-Eastern
Regional Health Authority

Municipal Natural Asset Initiative begins in region

The initiative aims to analyze natural assets such as rivers and find ways to use them in infrastructure

By Sydney Lockhart

The Winnipeg Metropolitan Region has now started collecting data from our region on wetlands, ponds and streams as a part of the Municipal Natural Asset Initiative.

"Winnipeg Metropolitan Region was chosen by Municipal Natural Asset Initiative, which is an organization out of Victoria to undertake a national asset inventory," said Natalie Lagasse, planner for the Winnipeg Metropolitan Region.

The data collected by the MNAI will then be able to be used alongside information about infrastructure needs for the area to see how we can use water resources efficiently to help our communities.

The initiative started in this area with a webinar that over 45 people attended. It served as an introduction to natural assets and the science behind using them to our advantage in a way that will also positively impact the environment.

The initiative began by collecting data on natural water assets.

"They are the natural components

of the landscape. So, things like wetlands, forests, parks, lakes, the rivers, your soils," said Lagasse, "Often natural assets are known to reduce environmental impact, so things like impacts on waterways, which is really important for our region because of where we're located."

In the past, similar initiatives have been done on singular municipalities across Canada, but in this area, they are taking a collaborative approach with 18 different municipalities, including watershed districts and Indigenous communities.

"They are going to take an inventory, on behalf of the metro regions, and provided some of the data behind it so that will help us make some planning decisions and help us look at things from a national assets perspective in terms of infrastructure development and climate change," said Lagasse.

The Municipal Natural Asset Initiative should provide municipalities with sustainable infrastructure alternatives that use communities' natural waterways to try and reduce costs if it is successful in the area.



RECORD PHOTO BY SYDNEY LOCKHART

One of our region's most recognizable natural assets is the Red River.

Lagasse said municipalities manage around 60 per cent of all Canadian infrastructure assets, making them the best places to implement green infrastructure options.

"Local governments across Canada are faced with significant asset management challenges. Many of the services they provide—including water and wastewater, waste removal, transportation, and environmental services—depend, in large part, on engineered infrastructure assets that

are in need of renewal. Meanwhile, the effects of climate change are expected to put even more strain on these assets and on local government budgets," reads the Municipal Natural Asset Initiative website.

Lagasse said the start of this project will give the Winnipeg Metropolitan Region the foundational steps that can provide them with data to help further decision making.

For more information go to <https://mnai.ca/about/>.

Seven Oaks School Division educates on Anti-Racism

The school division holds periodic town hall events for families to learn about their Anti-Racism initiative

By Sydney Lockhart

One year after George Floyd was murdered, Seven Oaks School Division which includes West St. Paul School, held an Anti-Racism town hall event to inform parents and their community on the importance and progress their Anti-Racism Initiative has made in schools.

"Out of these events there was such a huge momentous movement for racial justice, and it spurred us as Seven Oaks educators to think about how race and racism shape the lives of our students and their wellbeing," said Shiv Raveendrabose, Anti-Racism Initiative Coordinator at Seven Oaks School Division.

The town hall event took place virtually on May 26 where Raveendrabose and panelists; Rebecca Chartrand, Anti-Racism Divisional Principal;

Derek Dabee, School Trustee; Cheryl Jackson, West St. Paul School Teacher; Janna Barkman, West St. Paul School Teacher, conducted a presentation that highlighted some of the in-school projects that have happened since the implementation of the initiative in schools. This town hall was the second of its kind, the first being held in 2020.

"Often, [students] come to us teach-

ers with wonderings and questions, and we as educators need to respond. We need to recreate safe and equitable racism-free learning environments for them," said Raveendrabose.

The initiative was first put in place in September of 2020 at the beginning of the school year, since then, everyday education and conversation in Seven Oaks Schools has included anti-racism education for all ages.

"We do some design thinking in the classroom where they can choose problems and then come up with different prototypes for solutions. Two students created a podcast that looks

at racist and homophobic slurs and tries to educate, fellow students about them," said Barkman.

She said last week she asked her class a remote learning question about what they thought was more important, safety or freedom.

"Almost every single student talked about racism, about anti-Black racism, when it comes to having safety and freedoms and experiencing those differently. And I thought that was really interesting because that wasn't a part of the discussion, they were just

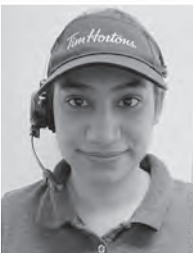
Continued on page 10

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Protecting yourself against cyber criminals

Local cyber security company warns against clicking on e-mail links and saving passwords

By Sydney Lockhart

Local cybersecurity company Shield Networks wants to warn their fellow community members to be wary of scam e-mail and ransomware that can compromise their personal information.

The company typically works with small and mid-size businesses to ensure that their IT services are secure against cybercriminal attacks but owner of Shield Networks Eddie Phillips said it is not only business that are able to fall victim to cyberattacks but individuals as well, putting their finances, privacy and personal information at risk. Phillips has been teaching courses and educating others to try and keep them safe.

"A lot of times it starts with education. The reason we start with education is because it does take a bit of time to get a really good grasp of the threats that are out there," he said.

Phillips said e-mail scams are the most common attack you may encounter when the cyber criminal pretends to be someone you know and asks you to log into a website, open an attachment, or click on a link.

If you think an e-mail might not be trustworthy it is safest to not open any links or attachments and immediately delete the e-mail.

Phillips said the first warning sign in a fake e-mail is the immediate sense of urgency asking the recipient to take action.

"So, if you get a phone call or a text or an e-mail and it says that something has to be done immediately, I mean, it's one thing if it's a family member, but if it's outside of your family and you get an urgent request that should

be your first red flag," said Phillips.

If this family member is asking for something urgently by email it might still be worth giving them a call to verify that they did send the email.

He said that scammers use the tactic of urgency to engage your fight or flight instincts and try to stop the logical side of your brain from thinking through what they are asking of you.

"When they start talking about, 'There's a warrant out for your arrest from the CRA because you owe taxes,' as a human, your natural reflex is to get rid of that pain as fast as possible," he said.

Cybercriminals are consciously looking for ways to take advantage of people, and often will target seniors who are less likely to have training in safe internet usage by scaring them with threats.

"It can be very, very difficult to convince people sometimes, or at least to relieve them [of the idea] that the majority of those types of threats are typically unfounded," said Phillips.

As for younger generations Phillips said to stop letting your computer and phone save your passwords as they are not well protected from data leaks.

Phillips said another large factor in keeping account information secure is having different passwords for everything, and not repeating any part of them in a new one. This way when there are data leaks, or passwords being sold, not all personal accounts are compromised.

"They actually buy them off of what's called the dark web, so there's actually an entire marketplace for buying user IDs and passwords that have been typically hacked," said Phillips,



RECORD PHOTOS SUBMITTED

Eddie Phillips, owner of Shield Networks said he sees cyber criminals trying to take advantage of people through e-mail often and that clicking on one unknown link can compromise personal data.

"Instead of using them to attack the person, what they'll do is they'll actually sell them to someone else who is willing to take on the task of leveraging your credentials to steal data."

To take a public course on cyber security taught by Phillips, check the Tech Manitoba website for future an-

nouncements. If you think you have been subject to a cyberattack contact Shield Networks at 1-877-321-7374. If this attack has resulted in fraud contact the RCMP and the Canadian Anti-Fraud Centre at 1-888-495-8501.

> ANTI-RACISM, FROM PG. 9

bringing it in because it's on their minds," said Barkman.

Another example of anti-racism education that was given during the presentation said that in social studies classes students have been asked to open their textbooks and see if they can find underrepresented people in Canadian history.

A Grade 8 class wrote letters to Prime Minister Justin Trudeau asking for human rights and equality for Indigenous people affected by the unsafe

drinking water crisis, they received a letter back. Teacher Cheryl Jackson said receiving a letter back showed the students that by taking the time to stand up for people's human rights they can be heard and create change.

During the question period at the end of the town hall, a parent asked the panel what the difference between non-racist and anti-racist was.

"Someone who identifies as non-racist, they're not taking an active stance against racism, they're basically being

neutral in matters of oppression and so by not actually standing against racism, they are being non-racist. Which, is in a way racist because they're allowing racism to perpetuate whereas someone who identifies as anti-racist is somebody who is explicitly naming racism and working towards identifying racism and dismantling that," said Raveendrabose

Raveendrabose said the school division has not received any backlash from parents since the start of the initiative and they have seen support from parents who are grateful for the

opportunity for their children to learn more.

Approximately 25 families attended the event. Seven Oaks School Division plans to hold another Anti-Racism Initiative Townhall event in June for any parents or community members who have questions or want to learn more about anti-racism and its role in children's education.

Chuck the Channel Cat remains family pride 35 years later

Daughter of the welder who created Chuck the Channel Cat says she feels pride every time she passes the statue

By Sydney Lockhart

Chuck the Channel Cat has served as an iconic Selkirk landmark since the 1980s, as well as a memory of local Chuck Norquay who drowned while fishing in 1993. To Pam Martin, seeing Chuck the Channel Cat has also had a bit of family pride attached to him.

"I tell everybody that my dad built that catfish. When we are in Gimli and we see the painting on the wall at the boardwalk I say to my kids 'There is Papa's catfish.' They love it too. My kids, you know they tell everybody that Papa built that catfish," said Martin.

Her father Jim Densley is the welder who created the structure of Chuck the Channel Cat.

"It's really sweet to know that something my dad built when I was a wee little baby is still around for my kids to see too and hopefully my grandkids," said Martin.

Because the fish statue was built a few years after she was born, Martin said it has played a role in her entire life.

"The artist just came into town and was looking for a welder and back then there weren't that many welders

in town," said Martin, "My dad said that he was going to give it a shot and go for it and he did."

She added that this statue was the first artistic project that her father had tried to do.

"It was something that he never did before. He had got welding, he built many things before, bridges and all sorts of things before this, he was very good at welding. But, he had never built anything artistically before," she said.

One thing that not many people know about the Channel Cat is that he has a secret inscription in his tail.

While welding the tail together Densley decided to add a piece of his family in, the names "Pam" and "Corey" are in the main structure of the statue.

Densley engraved his children's

names on the inside where they are not visible as a tribute to his then very young children, making the fish even more important to Martin as she grew up.

When Densley built Chuck the Channel Cat he was a young father, now he sits with his kids and their children and tells the story of building the fish as a 'Papa.'

Martin said the renaming of the Channel Cat to Chuck the Channel Cat was also very special to her family as she had babysat namesake Chuck Norquay's children who had lived across the road from her when she was growing up.

"He was a very well-known fisherman in Selkirk, everybody knew him," she said.



RECORD PHOTO BY SYDNEY LOCKHART

Chuck the Channel Cat.

Lobster on the run



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Rotary Club's Lobster on the Run was a huge hit with 521 dinners picked up at the Gordon Howard Centre. On a post on their Facebook page the Rotarians thanked everyone involved and hope that this event can happen in person next year. Pictured: Conner Hladun delivering meals.

Canada Post employees seeing increase in dog bites

Canada Post is asking dog owners to keep their animals away from staff after multiple injuries

By Sydney Lockhart

Canada Post is urging residents in the Selkirk area to keep their dogs inside when their mail is being delivered after a rise in dog bites injuring staff.

"With the pandemic and more people being at home we're finding there is definitely an increase this year," said Erin Lachman the local area superintendent at Canada Post.

They are asking that community members do not open their door during any deliveries, keeping their animals and Canada Post employees separate, no matter the size of the dog.

There have been had numerous incidents with workers getting hurt on the job caused by unrestrained animals, even with dogs that have never bitten or shown aggression to their employees before.

"We have seen all varieties from minimal to major. That has taken people off of work [in some past cases to the extent] where people have actually not been able to work for a while," she said.

Even leashed dogs in yards can be a problem for your delivery person.

"Everybody likes to tie [dogs] up right close to the door so they can easily access them, but a lot of the time those dogs have access right up to the door so the carrier can't actually get past without the dog being able to reach them," she said.

Lachman said they also sometimes see dogs roaming outside of yards freely down streets and that can also cause issues with Canada Post employees making their deliveries.

All delivery workers at Canada Post go through training to deal with dogs

that approach them, and they are all equipped with dog spray in case they are attacked on the job, however, small steps can make it so that everyone can be safer.

"Let us vacate your actual property and then open the door to retrieve your parcel because dogs can sneak out that door when you're opening it up," she said.

Lachman also noted that by leaving your door closed it limits COVID-19 contacts keeping their staff and the community safer.

Another advantage of waiting to open a door after the delivery person has left is that the dog doesn't get a chance to get free and for the owner of the dog to have to chase after it and potentially put themselves in a position where it is not possible to be physically distant from other people adding another risk of possible COVID-19 transmission.

"As much as we love our canine pets, they are protective of their home and their family, and it's impossible for delivery agents to know how any dog will react when they approach your home to deliver the mail," read a Canada Post press release.

Canada Post has a campaign called "What Will Daisy Do?" that reminds pet owners that animals can be unpredictable. She said they sometimes leave brochures with dog owners mail as a reminder of best practices for both delivery person and dog safety.

"[A dog bite not only hurts the employee but also] puts our workforce down and it kind of hurts everybody overall," Lachman said.



RECORD PHOTO SUBMITTED

Canada Post is asking people to keep their dogs and themselves inside during delivery to keep their employees safe from dog bites and COVID-19.

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Homebound seniors connect with new app

By Nicole Brownlee

A B.C. based app offers convenient entertainment and helpful services for seniors with an age-friendly design.

Co-founder Barry Jones launched Stayhome-living in Jan. after recognizing the harsh impact COVID-19 restrictions had on seniors' social lives.

"For most people our age, it's doable but very inconvenient. For the seniors, it was a much harder experience for them," said Jones.

Seniors rely on social circles to stay engaged and connected with their community, and because of COVID-19 restrictions, they become isolated, said Jones.

"Many of us have the luxury of having to work from home and keep connections up through technology," said Jones. "I saw this firsthand through my parents in their late 80s, very social people suddenly all of their social angles, their weekly get-togethers for potluck dinners, cocktail parties... all of that just fell away dramatically."

Jones wanted to create a free resource for seniors to help them regain some connection to their friends and family. With the help of his business partner Carolyn Glazier, and Glazier's father Tom, the team built the Stayhome app last summer.

"We did a survey of about 150 seniors in the com-

munity and sort of asked them what they would like and what they would find useful in it, and it sort of grew organically from those roots," said Jones.

The app looks like a house. Portals for entertainment, healthcare services, local resources and social media apps are located in windows and doors.

Videos walk the user through setting up the app, like joining their Facebook or email to the "connect" page or showing users how to book a medical appointment online.

"People have really enjoyed [the instructional videos], you know, they can ask 10 times, and they're not embarrassed, and nobody's losing their patience if they have to pause it and go back and watch again," said Glazier.

As users become proficient with the app, they can access different features like playing online games, ordering food from delivery services and arranging transportation depending on their region.

"It's just a wonderful mentality that this age group has," said Jones. "They have a 'give it a go' mentality, and it's refreshing."

First launched in Surrey, B.C., the team hopes to expand its reach across Canada and continue adding new services to the app.

"You see and hear of new apps being launched, but really none of them have seniors in mind," said



PHOTO SUBMITTED

Barry Jones said he wanted to create an app that would help seniors like his parents reconnect with their friends and family during the COVID-19 pandemic.

Jones.

To learn more about the free app and access instructional videos on how to install it, visit <https://www.stayhome-living.com/>.

Strict public health orders in effect to June 12

By Lorne Stelmach

Manitoba last week further extended stricter restrictions as it continued to struggle to get the third wave of COVID-19 under control.

A combination of both new and strengthened public health orders went into effect last Saturday and will remain in place at least until June 12, and Premier Brian Pallister and chief provincial public health officer Dr. Brent Roussin both urged Manitobans to stay at home as much as possible to reduce COVID-19 transmission rates and help protect the health care system.

The announcement last Thursday came on a day when the province recorded eight more deaths, which was the highest daily number during the third wave.

Pallister said the ongoing restrictions are necessary to protect and safeguard Manitoba lives and to bend our COVID curve back down.

"While Manitoba's COVID-19 case counts have somewhat improved ... our health care system is still facing critical pressures," said Pallister, as he particularly emphasized the need to target gatherings, workplaces, and retail establishments.

"Manitobans must stay home as much as possible ... so that our hospitals and our medical teams have the capacity to care for Manitobans, have the ability to care for people when

they need that help.

"These decisions are not easy ones ... these are tough measures because we're in a tough situation," said Pallister. "We need the full participation of all Manitobans ... the more we follow the rules, the more we beat COVID."

The public health orders included the following restrictions:

- Indoor public gatherings are not permitted, and visitors are not permitted on private property except in certain circumstances.
- Employers are required to allow employees to work from home as much as possible.
- Outdoor gatherings with anyone from outside a household are not allowed. This applies to all recreation spaces including playgrounds, golf courses, parks and sports fields.
- Retail businesses may only operate at 10 per cent capacity or 100 customers, whichever is fewer, and only one person per household is allowed to enter a business, with some exceptions such as a single parent with children or someone who requires a caregiver.
- Increased requirements for malls to manage capacity and access to eliminate gatherings and ensure compliance with shopping.
- Many businesses and organizations will remain closed for in-person service including gyms and fitness clubs, restaurants and bars, personal

service businesses, museums, galleries and libraries.

Kindergarten to Grade 12 schools currently learning remotely in the cities of Winnipeg and Brandon as well as in the Red River Valley and Garden Valley school divisions will continue to do so until at least June 7.

Additionally, Roussin noted they will utilize health hazard orders to close businesses if necessary where there are multiple cases and transmission is a risk.

"You will begin to see Public Health more actively use orders under the Public Health Act to close individual facilities, businesses and workplaces where we're seeing multiple cases and transmission," he said. "We know we have to take stronger action to help protect the health system and the health of Manitobans."

"We are implementing these new, strengthened public health orders because our health system is facing critical pressures that are not sustainable. Manitoba's ICU numbers and hospitalizations are extremely high and are still expected to climb in this third wave," said Roussin.

"Our health care system is under great strain. Manitobans are tired, but our health care system is depending on us to bring down these numbers," he concluded. "Our health system depends on all Manitobans doing their part."

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Catch the wave when it returns this September

Wave Tour cancelled for June 2021 but new artists plan to be back next time

By Katelyn Boulanger

Two new artists, Shannon Lebel and Dawn Mills, that planned to join the Wave Tour this June, plan to come back for the September tour as the June 2021 Wave Tour had to be cancelled due to restrictions in place in response to the COVID-19 pandemic.

"We can't have a physical [tour]. Which is to our sad understanding, because we [as artists] are businesses working out of our homes and that is so restricted now," said Helma Rogge Rehders, co-founder of the Wave Tour.

This year would have been the twentieth anniversary of the tour for the region and there would have been 47 artists opening up their studios for residents to tour if the restrictions hadn't cancelled the event.

The event coordinators are still planning to host the fall session of the Wave Tour in September when hopefully restrictions will allow people to meet in person once more.

Dawn Mills

Mills was disappointed that the tour had to be cancelled but is understanding about the need to keep people safe at this time.

"At Oak Hammock Marsh, we have a really nice setup where everybody could just be outside. There's lots of green space out in front of the studio, and where the kiln shed is so it would have been quite appropriate for social distancing," said Mills.

The studio, which would have been part of the tour, is one that she shares with her brother in law, Al Lacovetsky, however, she has recently set up a new studio for herself in Eriksdale where she has a small electric kiln.

"I'm predominantly a functional part potter. It was my first vocation out of high school. I was a studio potter at Mostly Stoneware for seven years and was apprenticeship taught," said Mills.

Mills says that she loves to make aesthetically pleasing items that people can use in their everyday lives.

"I make a variety of mugs and bowls. I like making Buddha bowls — you know people eating a one meal deal from one bowl. I like making every sort of range of bowls from a smudge bowl to a drinking vessel to like making baskets for utensils and flowers," said Mills.

Her space, because of the way she practices her art, has both wood fire

and salt fire kilns as well throwing wheels so that she can make her pieces.

Mills said that she was interested in joining the group because she likes the culture and the feel of a team and cooperative.

"I'm so hopeful that some form of the September tour will go ahead," said Mills.

Sharon Lebel

Lebel was also understanding when she found out that the tour would have to be cancelled this season.

"I was saddened by it a bit but it was kind of expected," said Lebel.

Lebel has a unique way of painting with acrylic paints that gives it the feel of watercolour paints.

"It's really kind of light and airy and I do mostly birch trees and birds, but I'm always kind of dabbling in other areas. I kind of started a little bit in pottery. Now I'm starting to do some mermaids. I'm just always trying to do something different," said Lebel.

This changing of creative outlets means that her Gimli studio space often changes with her but right now she prioritizes it being a welcoming place with pictures up on the walls and plants. She also likes to have a diffuser on and peaceful relaxing music.

She wanted to be part of the Wave Tour because it seemed like a great thing to be a part of that was close to home.

"I've lived in the Interlake for over 20 years and I thought it would be nice. We have this amazing tour going on and I should, we should be part of that," said Lebel.

She says that she will for sure want to participate in the event when it is safely able to happen again.

To connect with Lebel visit her at her Facebook <https://www.facebook.com/birchandfeathers> or her Instagram <https://www.instagram.com/birchandfeathers/>. Dawn Mills can be found on Facebook at <https://www.facebook.com/Dawn-Mills-Pottery-272630479896466>. The best way to keep up with the Wave Tour is through their website at thewave.ca or their social media on twitter at <https://twitter.com/waveartiststour>, on Facebook at <https://www.facebook.com/waveartists>, or on Instagram at <https://www.instagram.com/waveartiststour/>.



Shannon Lebel painting.



RECORD PHOTOS SUBMITTED
Dawn Mills in her studio.



Some of Lebel's acrylic artwork that has the light feel of watercolour painting.



The wood fire kiln in Mills's studio.

Bell expands Canada's fastest-ranked and most-awarded 5G wireless network in Manitoba

St. Andrews and Stonewall added to Manitoba's growing 5G network

Submitted by Bell

Last week, Bell announced the latest expansion of Canada's fastest-ranked 5G wireless network to more Manitoba communities, delivering next-generation wireless connections to drive innovation and unleash new economic opportunities across the province.

Now available in St. Andrews and Stonewall, the Bell 5G network now offers 9 Manitoba municipalities the best in mobile connectivity. Building on initial 5G service launches in select parts of Winnipeg and Brandon in 2020, more Manitobans are now connected with the wireless technology of the future, with superfast data speeds and unprecedented capacity to en-

able next-generation applications like artificial intelligence, virtual reality, fully connected homes and vehicles, and Smart City platforms.

"As part of our ongoing capital investment plan for Manitoba, Bell Mobility is thrilled to bring 5G wireless service to St. Andrews and Stonewall, putting these communities at the forefront of mobile communications in Canada," said Ryan Klassen, Vice Chair of Bell MTS & Western Canada. "Bell fibre and wireless networks will be the backbone of Manitoba's economy into the future, delivering the better and faster connections that are already transforming the way Manitobans live and do business."

Bell is extending Canada's most-awarded 5G network to more locations in Manitoba throughout the year, building on previous 5G wireless deployments in Brandon, Cornwallis, East St. Paul, Elton, Selkirk, Steinbach and Winnipeg. Bell's 5G network offers peak theoretical mobile data speeds of up to 1.7 Gbps, covering approximately 35 per cent of the Canadian population and on track to cover up to 70 per cent by the end of the year. For more about Bell 5G, please visit Bell.ca/5G.

"This important investment by Bell MTS to expand its 5G network into more communities across Manitoba will benefit businesses, residential customers and our provincial economy through better connections and opportunities," said Ralph Eichler, Minister of Economic Development

and Jobs and Member of the Legislative Assembly for Lakeside.

In addition to the latest in wireless network technology, Bell MTS continues to invest in connecting more communities with the most advanced network and service innovations for both consumers and businesses such as Gigabit Fibe Internet, Whole Home Wi-Fi and Fibe TV. With pure fibre Internet, Bell MTS is bringing the world's fastest Internet technology to more than 30 cities, towns and rural communities in Manitoba – including our announcement of a historic \$400 million fibre rollout in the City of Winnipeg.

Gimli Film Festival 21st annual festival highlights

Submitted by GFF

The Gimli Film Festival (GFF) announced its 21st Festival events recently, which will take place over an extended 2-week period in July 2021. For the first time ever, GFF will host a special contactless RBC Sunset Drive-In Theatre, alongside other virtual film screenings and special live-streamed events.

In an effort to offer virtual filmmakers more time to access the best films from the past year, GFF is extending their Virtual Film Festival to a full 2-weeks (an increase from 5 to 14 days). GFF On Demand – the Festival's Netflix-styled film streaming platform, once again fuelled by Red River Co-op – runs Mon., July 12 to Sun., July 25 and can be watched from the comfort of your bed, shed, yard, or boulevard. Tickets for GFF On Demand go on sale on June 1 at noon on GFF's Website.

New to the Festival this year, GFF announced plans to offer the first-ever RBC Sunset Drive-In Theatre in the Town of Gimli, pending further public health restrictions. The contact-less RBC Drive-In experience would tentatively run for five nights (Wed, July 21 to Sun, July 25) with nightly 10 p.m. screenings. GFF recognizes the severity of Manitoba's current COVID-19 outbreak and will carefully align our operations with public health orders to ensure the safety of our community and film fans – above all. Tickets for the RBC Sunset Drive-In Theatre can be reserved starting on July 3rd at Noon, with more details on GFF's Website. Those interested in attend-

ing are encouraged to sign-up for GFF's e-Newsletter to stay informed about Drive-In ticket sales.

In 2021, GFF is also proud to celebrate the 10th anniversary of the RBC \$10,000 Emerging Filmmaker Pitch Competition, marking a total \$100,000 distributed to Manitoba's most talented emerging filmmakers. To celebrate this milestone, GFF will be showcasing a Retrospective Screening of the past 10 years of pitch-winning films, including *Anak* by Joanne Roberts – the 2020 Competition winner.

"Going into my first solo film was the scariest thing I'd ever done, but the Pitch Competition made sure I always had someone I could turn to when I needed help," said Roberts. "I had a dream team to work with; every single person has gone above and beyond. I don't think that any film from this point forward will capture the same kind of magic that this one did, and I am truly grateful. Thank you for making this a highlight of my career and of my life."

GFF 2021 will also honour Manitoba's delayed 150th celebration, with a special MB150 Film Retrospective. This special Manitoba Film Retrospective will showcase underrepresented and hidden gems from Manitoba's filmmaking past, alongside the premiere of a number of new MB-made films commissioned by the Festival for the occasion.

"I think these days it is easy to take for granted Manitoba's established film industry and artistry of independents working away at their latest creative project," said Kevin Nikkel,

the director of a new documentary on Manitoba's filmmaking history. "What I've really found fascinating in making my film *What We've Pulled Off...* So Far is the how far back our creativity and cinematic ambition goes as Manitobans. We really do have an amazing cinematic family tree."

Continuing in the same virtual vein, GFF will also be hosting "Take 5", a new workshop series presented by Film Training Manitoba and Manitoba Film & Music. The Take 5 sessions will provide industry participants with insider knowledge during five 90-minute panel discussions. Attendees can learn tips and tricks to help advance their filmmaking career, while also adding more depth and skill to Manitoba's film and TV industry workforce.

GFF will once again offer a number of free live-streamed events, including the virtual GFF Awards Reception, the Manitoba Short Films in Competition, and the 48 Hour Film Competition which will showcase 18 brand new locally made short films. Also being live-streamed for free online is the 2021 RBC \$10,000

Emerging Filmmaker Pitch Competition and a special 10th Anniversary Pitch Retrospective Screening, featuring the past 10 years of pitch-winning films.

New this year, GFF will hold a special interactive online VIP Opening Reception in a virtual Town of Gimli, powered by the interactive Gather platform! Explore the virtual city and beach, chat with other Festival goers, and catch an exclusive concert at the virtual Ship & Plough – all from the comfort of your home! Opening Reception events are only available to

Continued on page 18




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JUNE IS TURKEY MONTH IN MANITOBA

Let's talk turkey

By Tyler Searle

In 1952, two brothers hatched a plan to start a turkey farm on a plot of land four kilometres west of Gunton.

Nearly 70 years and three generations later, the Charisons Turkey Hatchery is one of the largest turkey hatcheries in Canada and still family-owned and operated.

Stan and Alex (pronounced Alec) Charison started with a few meat birds, a flock of breeder hens and an informal agreement to produce eggs for a hatchery in Winnipeg.

"They were shipping eggs, and after about six weeks, the guy said, 'I got too many eggs, I don't need yours,'" recounts Curtis Charison, son of Stan Charison and owner of the Charisons Turkey Hatchery.

"He said, 'do whatever you want with them, but I'm not taking the eggs.'"

Left in a lurch with thousands of eggs and no way to incubate them, Stan and Alex took it upon themselves to find a solution, Curtis continued.

The brothers purchased two used incubators/hatchers that they saw in the Manitoba Co-operator and the Charisons Turkey Hatchery story began.

The Charisons now had two incubators but no electricity to run them. So, they struck a deal with their neighbour Harold Cosens who had a dairy farm and electricity.

"He said, 'well, there's room in the corner of the barn here, if you want to put them there and plug them in—go ahead,'" Curtis recounts.

The men produced eggs on their farm and incubated them at the neighbours—travelling half a mile

in each direction every four hours to turn the eggs. Curtis remembers his father sharing the story of how his dad paid \$15 for hydro that year.

The following year Manitoba Hydro installed an electrical line on the Charisons property.

In 1952, there were 28 turkey hatcheries across Manitoba, with each one vying for its share of the market. That year, the Charisons hatched 13,000 baby turkeys, known in the industry as poults.

Today, the hatchery produces between 7.5 to 8 million poults annually. It can hatch 13,000 in three hours and is the second-largest hatchery in Canada.

Suffice to say; the operation has evolved over the years, and any time you eat turkey today, there is a very good chance it originated from the Interlake.



The fertilized eggs are stored in a temperature controlled room for up to 20 days before being placed in the incubators.



The incubators are all controlled electronically to control temperature, humidity, ventilation and egg turning cycle.

The modern facility consists of the hatchery, a shop and a truck bay.

On separate sites, the Charisons have a commercial turkey farm that produces birds strictly for processing, two grower barns where birds reach maturity, and two-layer barns where staff collect eggs.

Silver Turkey Breeders, Bay Shore Farms, Frontier Farms, Bedrock Farms and Bonkowski Turkey Breeders also work as contract farms, grow turkeys and produce eggs for the hatchery.

The hens spend 33 weeks inside the growing barns



RECORD PHOTOS BY LANA MEIER
Cameron and Curtis Charison with Thursdays hatch.

before reaching maturity. Once they enter their laying cycle, they move to the layer barn, where they are artificially inseminated on a weekly basis and produce eggs for up to 32 weeks.

While inside the barns, birds roam freely with 24/7 access to feed, water and fresh air.

The Charisons carefully choose their staff when hiring and ensure that everyone knows the importance of their FLAW protocol - Food, clean Litter, lots of fresh Air and clean Water.

The Charison's primary concern is always the welfare of their birds, said third-generation turkey farmer Cameron Charison.

Cameron works in the hatchery and manages their two breeders barns alongside his father Curtis to ensure the daily operations run smoothly—it's a responsibility he takes seriously.

The Charisons protect their barns and hatchery with stringent biosecurity protocols, which require employees and visitors to remove their clothing and footwear and take a shower before entering each barn.

This process ensures the birds' health and prevents the spread of viruses such as the avian flu, said Cameron.

"The better job we do of taking care of our birds, the better job they're going to do of laying eggs."



Curtis and Cameron inspect a shipment of toms headed to the U.S. on Wednesday.



Once the poult breaks the shell, it uses a scissor tooth on its beak to saw its way out. Within three days, most of the eggs have hatched and the turkeys are on their way to their forever farms.

FEATURE - CHARISON TURKEY HATCHERY

Every bird can lay four to five eggs per week, and the collection process is largely automated. Hens are naturally inclined to seek privacy when they lay, so they enter specialized pens on their own accord.

Once inside, a door closes behind them to prevent other birds from entering. After 45 minutes, a mechanized plate coaxes the hen out and collects her egg.

A conveyor belt transfers the eggs into another area where staff date and assess their integrity—ensuring they have no cracks and are a proper size.

Healthy eggs move on to the hatchery.

The hatchery boasts 42 incubators, with each capable of storing 24,960 eggs. Rows of incubators line the hallways. Electronic alarms blurt out sporadically, alerting staff of fluctuations in humidity or temperature and a strong current of fresh air streams through vents in the ceiling.

The hatchery can process as many as 60,000 poults in one day.

After 25 days of incubating at an average temperature of 99 degrees F., staff transfer the eggs into a hatcher where the eggs will remain for the next three days.

“Once we transfer the eggs over and put them into the hatchers, then we’re going in there and manually checking to see what stage the birds are at,” said Cameron.

The staff enters the hatchers four times per day to monitor the eggs and poults. They can adjust temperature and humidity levels to soften the shells and facilitate the hatching process.

Contrary to popular belief, poults do not peck their way out of their eggs. The birds hatch using a temporary egg tooth on the tip of their beak, which they use to saw out of their shells. The process takes approximately 20 minutes and resembles a can-opener effect.

From the hatchers, birds move on to be sexed and sorted for shipping.

A team identifies the sex of the poults and separates the toms and hens and counts them into groups of 100.

The entire sexing and sorting process takes less than one second, and the Charison’s take pride in their staff’s 99.5 per cent sex accuracy rate, said Cameron.

Finally, these birds are ready to be shipped.

The Charisons employ just under 100 staff, including 11 drivers who operate a fleet of 10 poult delivery vehicles—ranging from vans to 48’ trailers.

The delivery trucks are temperature-controlled and fitted with vents to allow ample airflow during transit. Drivers operate them in tandem, alternating between sleeping and driving. The longest road trip for the poults would be those travelling to Vancouver Island. The poults will arrive at their new farm within 36 hours of being hatched.

Each poult has a yolk sac that provides enough nutrients for up to five days, so the birds never go hungry.

Charison’s turkeys travel to family and commercial farms across western Canada and into the U.S. When the turkeys reach maturity, most are harvested for their meat for grocery stores, restaurants, and homes.

Hens will finish between 10-20 lbs and are more suitable served whole for turkey dinners, while toms are typically 45-50 lbs and are separated into cuts of meat.

Amusement parks like Disney World sell whole tom drumsticks, while chain restaurants such as Subway use processed tom meat in their sandwiches.

Turkey isn’t only a festive meal of the holiday season, but it can benefit your overall well-being throughout the year. It is a powerhouse of many nutrients and contains minimum fat and cholesterol content. Turkey comes with amazing health benefits that include strengthening the immune system, boosting metabolism, maintaining psychological health, and supporting weight loss. It also promotes cardiovascular health, is a good source of protein, supports teeth and bones health, maintains cholesterol levels, manages diabetes, treats anemia and promotes healthy skin.

The Charisons Turkey Hatchery is one of the largest employers in the Teulon, Gunton and Balmoral area. It has employed not only the Charisons but their friends, neighbours, and community members for generations.

“Our biggest strength is our team of management and our dedicated staff who show up daily that make this place run,” said Curtis.



Charison Turkey Hatchery will be celebrating 70 years since their first batch of poults in 2022.

The Charisons show their gratitude in the form of community donations. Their most significant contributions being toward the Fireman’s Ball and the Christmas Cheer Club.

“Basically, anything that comes up locally here we end up being a part of

and supporting,” said Cameron.

The Charisons Turkey Hatchery will soon enter its 70th year with no signs of slowing. The Charison family hopes to keep the legacy alive for many decades—and generations—to come.



Grilled Herb-Infused Turkey Pieces

Ingredients

- 3.5 lbs (1.5 kg) turkey cuts; (drumsticks, boneless, skinless breast or thighs.)
- 2 tbsp (30 ml) olive oil
- 1 tsp (5 ml) balsamic vinegar
- 3 tbsp (45 ml) fresh poultry herbs; (sage, thyme, rosemary & parsley)
- 1 tbsp (15 ml) garlic, finely chopped
- 1 tbsp (15 ml) shallot, finely chopped
- 1/2 tsp (2.5 ml) sea salt
- 1/4 tsp (1 ml) ground pepper

Directions

Preheat barbecue to 375°F (190°C). Combine all ingredients in a bowl to make rub and coat turkey well. Grill pieces over indirect heat. Pieces should be turned once after 30 minutes. Pieces are cooked when a digital thermometer reaches 170°F (77°C). Remove from grill, cover loosely with foil and let stand for 10-15 minutes before serving.

Find more recipes & cooking tips at turkey.mb.ca



The poults are sexed, sorted into hens and toms and then counted into 100s in a state of the art facility that is sanitized after every hatch.



Poults are shipped in colour coordinated air vented boxes, green for toms and white for hens.



Take the Gutsy Walk for Crohn's and Colitis this weekend

By Lorne Stelmach

Her own experience is all the motivation that Darrah Horobetz needs to help build awareness and support for Crohn's and Colitis Canada.

Having lived with Crohn's for 14 years, the Winnipeg resident now serves as a development co-ordinator for the organization and is seeking to help further their cause, including seeing this weekend's Gutsy Walk fundraiser grow across the province.

"We would love to spread the word ... there's still so many people who don't know about it and about us," said Horobetz.

On Sunday, June 6, thousands of Canadians will walk as part of the virtual Gutsy Walk, which has raised over \$46 million nationally since 1996 and is the largest fundraiser in support of the 270,000 Canadians living with these chronic diseases.

The Gutsy Walk helps Crohn's and Colitis Canada provide vital support programs and fund promising research into what are the two main forms of inflammatory bowel disease.

Crohn's disease and ulcerative colitis are diseases that inflame the lining of the gastrointestinal tract and disrupt your body's ability to digest food, absorb nutrition and eliminate waste in a healthy manner.

These are lifelong conditions, and people can experience acute periods of active symptoms and other times when their symptoms are absent or in remission.

Signs and symptoms can include abdominal pain and cramping, severe diarrhea, rectal bleeding, blood in stool, weight loss and diminished appetite.

The exact causes of Crohn's disease and ulcerative colitis remains unknown, and there is no cure for either illness. Causes and risk factors of Crohn's and colitis include genetics, the environment and microbiome.

Horobetz, now 27, was diagnosed with Crohn's disease at age 13.

"It was not an easy diagnosis. I was sick for seven months, and they didn't really know what was wrong with me," she recalled. "It was an adjustment. I had to adjust to a new normal and get used to how my life was going to work and know that I'm going to have my good and my bad days. Now, I've adjusted to that, but it still has its challenges."

"It seems to affect everyone differently," Horobetz noted. "There's a lot of similarities between peo-



CROHN'S AND COLITIS CANADA PHOTO

Crohn's and Colitis Canada's annual Gutsy Walk takes place virtually this weekend.

ple's experiences, but no two stories are the same. They're all different in some way. You would think it would be a little more consistent, but that's just not the case."

Horobetz first got involved as a volunteer with the chapter in Winnipeg in 2014 and started doing the Gutsy Walk herself.

"The volunteering became a passion for me, and I fell in love with the organization and what they are doing, and obviously I have a personal stake in it," she said, noting she did not hesitate when the opportunity to work for the organization came to her. "I jumped at the chance ... it's been a journey for sure, but I love what I do."

Thinking about how her family knew nothing about these conditions drives her to help others, said Horobetz.

"Now it seems like everybody knows some-

body with Crohn's or colitis. The numbers just keep rising, which is unfortunate, but that's just the case," she said.

The Gutsy Walk today takes place in about 70 locations across the country, with Manitoba usually hosting events in Winnipeg, Westman, and Thompson as well as the virtual walk for all other participants.

The virtual participation remains the only option for now under pandemic restrictions, but Horobetz would love to see them expand further to include more communities in the future.

"Usually in Manitoba we have close to 500 walkers in total for all our walks," she said. "And we would love to have a walk in every small town. That would be my dream."

For more information or to make a donation, head to www.gutsywalk.ca.

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The Selkirk Record

> GIMLI FILM FEST, FROM PG. 15

Super Pass holders, so get yours starting June 1st.

This year, both GFF Virtual Film Passes and Super Passes go on sale Tues., June 1 at noon and can be purchased on the GFF Website. Patrons who buy a Super Pass will be able to unlock an unlimited number of Virtual Festival Films, while the regular Virtual Film Pass will be limited to 20 program unlocks. The Super Pass also provides access to attend GFF's Take 5 Workshop Series and includes an invitation to GFF's Opening Night Reception.

RBC Sunset Drive-In Theatre Tickets will be made available through a registration process in early July, as detailed on GFF's Website.

Power lineman designs powerful industry clothing line

By Nicole Brownlee

An Interlake power lineman has launched a clothing company to showcase pride and community in his profession.

Mulvihill local, Bo Lindell, has worked in the power line industry since he was 14 years old, following in his father and grandfather's footsteps, who also worked in the field. Lindell, 31, launched Locked and Tagged in early 2021 after mulling over the idea with his colleagues for months.

"Most of the power line clothing is all directed towards lineman and journeymen," said Lindell, referring to electricians and electricians in training who work on outside wiring like telephone and electrical lines.

"There's a lot more to building a power line," said Lindell. "There's a lot of people involved."

The brand name itself refers to the process of "locking out" a power line or interrupting energy from flowing through the line and "tagging" the line to signal that you're the operator on the line. Despite the name focusing on a lineman's action, Lindell wanted to include operators, specialists, office staff and the many other imperative roles to the power line industry in his clothing line.

"I wanted to start a brand that represented power lines as a whole and, kind of, had something for everyone," said Lindell.

Working with several vendors, Lindell has designed shirts, sweaters, hats and several other products and accessories for men, women and children for sale in his online store.

"I really want to focus on just getting everything dialed in and putting out a good stylish product that people can wear," said Lindell.

His goal is to dress clients from head to toe, which fuelled his idea to develop shoes.

"Through my life, I've had a certain style of shoe that I like... and that's something you don't see, really, in like the power line world as far as apparel," said Lindell.

The Locked and Tagged website lists several sneakers and flip flops in an array of colours online and a pair of nylon canvas boots. Lindell's enjoyed his design for durable sneakers so much he's hardly taken them off.

"Once I put mine on, I haven't worn any other shoe," said Lindell. "These things have been holding up wicked. I'm really proud of them."

Lindell continues to work as a full-time lineman, travelling and working long hours, but he dedicates his evenings and spare time to Locked and Tagged. During his time off, Lindell



assembles, designs and delivers products while developing his website and social media accounts.

"I don't run on a whole lot of sleep," said Lindell. "I get four hours of sleep, and I'm well-rested in the morning."

His coworkers often send Lindell photos of them wearing their Locked and Tagged apparel off-duty to show their support. One of Lindell's most popular designs is the Champ Hoodie which features the signature lightning bolt or company logo.

"I'm getting a ton of positive feedback," said Lindell.

"I never thought that I would be designing clothes when I was building power line, I can say that for sure," said Lindell with a laugh.

He's always been able to draw, but Lindell said he's noticed he's improved while working on Locked and Tagged and often finds himself reaching for a piece of paper to quickly jot down an idea.

Lindell said he plans to continue adding more products to Locked and Tagged in the next few months and is working on launching a non-profit focused on mental health initiatives with his girlfriend, Lindsay Mcoid, in the next year.

To shop the brand and learn more about Locked and Tagged's monthly giveaways, visit lockedandtagged.com or @lockedandtagged on Instagram.

RECORD PHOTOS SUBMITTED

Mulvihill's Bo Lindell launched Locked and Tagged, a clothing line that showcases pride in the power line industry in early 2021.



Lindell often finds himself reaching for a piece of paper to quickly jot down new ideas.

The Selkirk Record

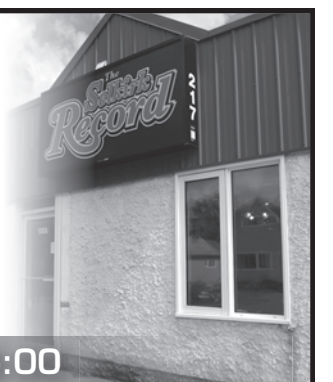
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Provincial Park beach mats let families make memories

By Iris Dyck

Manitoba Parks is rolling out accessibility mats that will allow some Manitobans to experience the beach for the first time.

On May 27, Manitoba Parks announced on social media that nine provincial park beaches would be outfitted with Mobi-Mats. The mats provide an even, non-slip path through the sand, allowing wheelchairs and scooters to access the water.

For Kim VanDaele, 35, the mats mean the difference between spending time with her family and sitting on the sidelines.

"I've missed out on a lot of family fun because they weren't available before," she said.

VanDaele, who uses a mobility scooter, often spent her time sitting "who knows how far away" from her husband and son as they played on the beach. Without accessible infrastructure or accessories like Mobi-Mats, getting her scooter to the water was out of the question.

Mobi-Mats are roll-out carpets made from recycled plastic. Once laid out, they stay firmly in place on uneven or sandy surfaces. The mats act as a portable sidewalk for those with wheelchairs, scooters, strollers, or anyone who needs easier access to the beach. Sand and water can pass through the mat's woven structure, so they won't be buried on the beach or swept away by waves.

Winnipeg Beach Provincial Park is one of the nine parks to get the mats. The park already has a paved walkway along the length the beach, with ramps leading down to the sand. The Mobi-Mat will connect the ramp with the water, so that those with mobility



PHOTO SUBMITTED

issues can get there more easily.

In his 12 years as mayor of the Town of Winnipeg Beach, Tony Pimentel has noticed the difference accessible options have made in his community.

"I have seen an increase of people with mobility issues coming up to the beach and enjoying the town," he said.

While Manitoba Parks and the Town of Winnipeg Beach have separate responsibilities, accessibility improvements in one inevitably affect the other. After a storm damaged the park's boardwalk in 2015, the province built the concrete walkway with accessibility in mind.

"People did indicate it was difficult to get down to the beach," said Pimen-

Mobi-Mats will make nine provincial park beaches accessible for those with mobility issues.

tel, but now "people are more comfortable coming out."

It's certainly the case for VanDaele and her family. They've often visited Stephenfield Provincial Park because it was closest to their home in Winkler, Manitoba, but since hearing about the Mobi-Mats, their summer plans have changed. They are going to organize their trips around the beaches that have them.

"I am a young mom, and I would be overjoyed to be able to actually participate in making family memories,"

she said.

VanDaele's first experience using a Mobi-Mat was last summer at Bird's Hill Provincial Park. She was thrilled, and feels grateful now that people of "all shapes, sizes and ages" can enjoy a day at the beach.

The nine provincial parks with Mobi-Mats are Bird's Hill, Clearwater Lake (Pioneer Bay), Grand Beach, Lunder Beach, Rainbow Beach, Spruce Woods, St. Malo (Sunset Shores Beach), Winnipeg Beach, and Whiteshell (Falcon Lake).

Einarson recovering after tick bite eight years later

By Jules Stevenson

"The pain at times was so severe that I understood compassionate death. The pain was so bad and there was no diagnosis. I actually prayed for death," said Joni Einarson on her battle with anaplasmosis, a disease she got from a tick bite.

Up until 2013, Einarson lived a normal, healthy, and happy life. She was in very good shape – she went to the gym five days a week and worked in her yard often.

Einarson began feeling tired and lethargic, and developed pain in her neck. She went to see a doctor and was prescribed antibiotics, but the symptoms persisted.

"I couldn't even walk from one side of my house to the other. I literally had to lay down on the ground," she said. Some of Einarson's symptoms included inflammation in the back of her throat, severe pain in her legs, and lethargy.

"Any kind of tick born disease that becomes chronic, you will have that for the rest of your life. There is no cure for it," says Einarson.

Einarson says she's doing much better now but is still dealing with the long-term effects. "I'm still tired, I still have difficulties, and I can't do what I used to do," she says.

According to Manitoba Public Health, blacklegged ticks can carry

Anaplasmosis, Babesiosis and Lyme disease.

Sarah Cormode, a consultant with the Canadian Lyme Disease Association and host of the podcast Looking for Lyme, says it's important to remove ticks properly, with fine tipped tweezers, to try and get the entire tick so it can be sent in for testing. When first bit by a deer tick, Cormode says seeking antibiotics is the best course of action.

Cormode recommends having a tick removal kit nearby, especially when working outdoors. Tick removal kits can be found at stores like CanLyme and Canadian Safety Supplies.

She says it's hard to test for Lyme

Disease in people, but if the tick is collected and sent to the private lab Geneticks, it can be tested for Lyme Disease and other diseases.

"A tick is pretty small. It can't jump, it can't fly. It can only get on your body by crawling so it'll either start at the top or the bottom and crawl until it finds someplace warm," says Cormode. She recommends wearing long clothing and tucking pants into socks to help stop them.

"Ticks are most likely going to be in those hot places like your head, armpits, groin, in the back of your knee," says Cormode. She says to check not only yourself, but also your pets and children for ticks.

get inspired

> MEAL IDEAS



Servings: 12
 1 package (10 ounces) frozen broccoli with cheese
 12 slices bacon, chopped
 1/2 cup green onions, sliced
 1 cup mushrooms, sliced
 4 eggs
 1 cup milk
 1 1/2 cups shredded cheese, divided
 2 frozen deep-dish pie shells (9 inches each)
 Heat oven to 350 F.
 In medium bowl, add broccoli and cheese contents from package. Microwave 5 minutes, or until cheese is saucy. Set aside.



Easy Breakfast Quiche

In skillet, cook chopped bacon 4 minutes. Add green onions; cook 2 minutes. Add mushrooms; cook 4 minutes, or until bacon is completely cooked and mushrooms are tender. Drain onto paper towel over plate. Set aside.

In medium bowl, whisk eggs and milk until combined. Add broccoli and cheese mixture. Add 1 cup cheese. Stir to combine. Set aside.

In pie shells, divide drained bacon mixture evenly. Divide broccoli mixture evenly and pour over bacon mixture. Sprinkle remaining cheese over both pies.

Bake 40 minutes.

Allow to cool at least 12 minutes before serving.

Note: To keep edges of crust from burning, place aluminum foil over pies for first 20 minutes of cook time. Remove after 20 minutes and allow to cook uncovered until completed.



Servings: 4
 8-10 slices Coleman Natural bacon
 1 pound ground beef
 salt
 pepper
 4 slices cheese
 1 cup canola oil
 8 soft corn tortillas
 1 medium red onion, sliced
 1 avocado, skin removed and sliced

Bacon Cheeseburger Tacos

1 medium tomato, chopped
 8-10 romaine lettuce leaves, torn
 In large frying pan or cast-iron skillet, cook bacon until crispy. Remove slices from skillet to drain on paper towel. Pour bacon fat from pan.

Shape ground beef into four burger patties, seasoning both sides of patties with salt and pepper.

In skillet over medium-high heat, cook burgers about 4 minutes per side for medium doneness.

Top each burger with one slice cheese then cover skillet with lid and cook until cheese melts. Remove from heat.

1 cup (2 sticks) unsalted butter, at room temperature
 3/4 cup C&H Dark Brown Sugar
 1/2 cup C&H Organic Raw Cane Sugar
 2 large eggs, at room temperature
 1 1/2 teaspoons pure vanilla extract
 3 cups quick oats
 Creme Filling:
 3/4 cup unsalted butter, at room temperature
 2 cups C&H Confectioners' Sugar
 1-2 tablespoons heavy cream
 1 teaspoon pure vanilla extract
 1 pinch salt

To make oatmeal cookies: Preheat oven to 350 F. Line two cookie sheets with parchment paper and set aside.

In large bowl, whisk flour, baking soda, salt, cinnamon and cloves, if desired. Set aside.

In bowl of stand mixer, beat butter, dark brown sugar and raw cane sugar on medium-high speed until light and creamy,

Oatmeal Creme Cookies



Recipe courtesy of chef Haley Williams @IfYouGiveABlondeAKitchen
 Prep time: 10 minutes
 Cook time: 12 minutes
 Oatmeal Cookies:
 1 1/2 cups all-purpose flour
 1 teaspoon baking soda
 1/2 teaspoon salt
 1 teaspoon ground cinnamon
 1/4 teaspoon ground cloves (optional)

Expert Patient Here to Help!

By Susie Schwartz

As I write this, and after a battle all night last night trying to get my blood sugar down from 'Hi' (Which is actually HIGH on my meter meaning it is over 33 mmol and too high to read. It is not being friendly.) to a respectable level under 8, my blood sugar is once again at 18 and climbing. Sigh. Another insulin pump site change with some new insulin will hopefully do the trick. Meanwhile, I am exhausted. This is not a sympathy grab. The moral of this sob story of living with Type 1 Diabetes? No matter what health struggle you are going through...

Don't. Give. Up.

This does NOT mean that you can't have a pity party once in a while. (At least I hope that's the case! I allow myself one about every six months, ranting and wailing and crying and snotting - all of this under my Duvet. It's not pretty, but it helps.)

What it does mean, is that after feeling like totally giving up many times, I am proof that things can get better. (And then maybe worse again, but then better, and on it goes.) "Susanne, you have stage 3 retinopathy," said Mr. Doctor. I then became blind in each eye, had surgery, and gained my sight back; "If this gastric pacer implant doesn't work, I don't know how else to treat your Gastroparesis and Intestinal Failure. We're at the end of the road." I had the pacer implanted, it added to my troubles, I was dying, had it removed, and then without reason the Gastro issues improved...enough.; "I believe you have ME/CFS." Too weak to lift a



Susie Schwartz

fork, push the buttons on my insulin pump or get myself to the loo, and wracked with pain, I wanted to die. I let time and rest do its thing, found out that I have a histamine intolerance which was exacerbating the issue, made changes, and am so glad I lived.

Here's what I'm trying to say. I am proof that things can feel/seem hopeless, and then drastically improve even when you are SURE they can't. I'm not saying everything always gets better - we know that isn't the truth, with too many losses of loved ones old and young. But what I keep finding out is that you just never know.

Give up? I'm so glad I haven't.

Less health stress, yes?

A published author and motivational speaker, Susie currently lives in the UK. She welcomes feedback and questions. Find her on FB @medicalmissstress, Instagram @medicalmiss_stress and her website lesshealthstress.com

about 1 minute. Add eggs and vanilla; beat until combined. Scrape down sides and bottom of bowl.

With mixer on low, slowly add dry ingredients to wet ingredients. Mix until combined while avoiding overmixing. Add oats and mix until incorporated.

Scoop about 2 tablespoons dough onto prepared cookie sheet. Space dough balls at least 3 inches apart. Bake 10-12 minutes, or until edges are light brown. Let cookies cool 5 minutes before transferring to wire rack to cool completely.

To make creme filling: In bowl of stand

mixer, beat butter on medium-high speed until light in color, about 3 minutes. With mixer on low, gradually add confectioners' sugar and mix until well combined, about 1 minute. Add 1 tablespoon heavy cream, vanilla and salt. Beat on medium-high speed until fluffy. If filling is too thick, add second tablespoon heavy cream.

Once cookies cool, pipe or spread creme filling on flat sides of half the cookies. Top with remaining cookies to form sandwiches.

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The life-long risks of sexting for young people

By Jennifer McFee

Explicit photos and messages can come back to haunt you at any age.

For teens, they're now growing up surrounded by the reality of sexting, which involves nude or sexual photos or videos of any individual.

Joy Smith, a former MLA and MP, continues to tackle sensitive topics — including human trafficking, sexting and sextortion — through her organization called The Joy Smith Foundation.

Thanks to the Equity Fund provided by the Interlake Community Foundation in partnership with the Community Foundation of Canada, Smith has been providing virtual presentations to schools throughout the Interlake.

When it comes to sexting among teens, it usually starts very innocently, she said.

"Sexting is one of the most dangerous things for young people to do. Often underage boyfriends and girlfriends use less discretion than they should. They might innocently start exploring their sexuality and eventually start to innocently send indiscreet pictures online," Smith said.

"Let's say they break up, but they've both sent sexually explicit photos. If one is mad at the other, they might share those photos with their buddies, who say they'll never share them. But sooner or later, those photos get out even further."

Once the photo is released in the cyber world, it will likely be out there forever, she adds.

"The kids need to know that if they ever send a photo in any way, shape or form over the internet, Facebook, Instagram, Snapchat, whatever, it's out there never to be brought back in again," she said.

"Cyber people say they have the means to take them down, but that

doesn't always work. In some cases it does work, but it's a long and drawn out process — and usually after the damage is done."

This type of damage can be far-reaching and life-altering.

"Any nude or sexual photo or video of any individual under the age of 18 is considered child pornography by law. Sending, keeping or distributing a nude or sexual photo or video of anyone under the age of 18 are offences that can lead up to charges under the Canadian Criminal Code," Smith said.

"A lot of these kids don't understand that they're actually breaking the law doing this. If an image or a video of anyone is online and they've lost control of it, it's critical they notify the local police department. There's also a website they can report it to at www.cybertip.ca."

Human traffickers are using a new sextortion, or blackmail, tactic that involves taking photos of youth and superimposing their faces onto explicit images, she added.

"Everybody should always turn off their video if they get a video call from an unknown source. That unknown source randomly calls these numbers to see if they can get some kid to answer. Then they take a picture and superimpose it onto videos to make it appear that they're nude or engaging in a sex act," she said.

"It's a new tactic that they're using now that everybody has to be warned about because it's getting more and more public."

At a school level, sexual bullying can occur.

"I had a case in a school where a girl had taken a picture of herself with her bare top showing. The photo went around the school she was attending. She was so ridiculed, harassed and picked on that she had to change

schools," Smith said. "It's very serious."

Branching out even further, cyber bullies can share the photo to embarrass and humiliate a particular person.

"They also use the photo to impersonate the person. There's no way to control who sees the photo once the teen sends it," she said. "There are countless cases where a teen discovers a private photo has been passed around and sometimes even shared online. There's a big risk for blackmail."

Often bullied teens are too embarrassed to tell anybody about it, she added.

"The photo was supposed to be sent in secret. There's no such secret. And a lot of them don't know that more than their friends can see it, so even sending sexually explicit messages to another person is never a good idea," she said.

"What they don't know is that this can absolutely destroy their reputation — and it can happen to adults too. It can lead to bullying or name-calling, and the emotional consequences are absolutely horrendous. When you look further down the road, it can also prevent teens from getting into university or a post secondary institution of their choice later on."

Teens need to know that anything they post or share today could impact the rest of their lives — and even lead to trouble with the law.

"The teens taking or sharing the photo could be charged with disseminating child porn. The teens receiving the photo could be charged with possession of child porn, even if they don't request a copy of the photo," Smith said.

"What's more, teens could be labelled sex offenders for sending or



Joy Smith

possessing sexually explicit photos of other teens."

Smith has been sharing straight-forward information on these topics with the higher grades in a number of local schools.

"In the human trafficking world, there are experts — and a lot of them are very well educated," she said. "They don't look like the sleazebags or bad guys you see on TV. It's also women, not only men."

For her, there's no point in sugar-coating these topics or avoiding terms such as "human trafficking."

"It's a dark subject but I have worked on it for over 25 years. The average age of entering into the sex trade in Canada is 12 to 14 years old," said Smith, whose organization is preparing to launch the National Human Trafficking Education Centre.

"Teens need to be aware of all these variables, including exposure to sexual predators, sexual bullying that can occur, the risk for blackmail and the risk for a bad reputation. Why put yourself in that position?"

For more information about the Joy Smith Foundation, visit www.joysmithfoundation.com, call 204-691-2455 or email info@joysmithfoundation.com.

Education property tax rebate cheques mailed to Manitobans

Submitted by Manitoba government

The Manitoba government has mailed education property tax rebate cheques to the owners of residential, farm and commercial properties in Manitoba, Finance Minister Scott Fielding announced.

"Our government promised to start phasing out the education property tax in 2021, which will return nearly \$250 million this year to Manitobans who own homes, farms and businesses," said Fielding. "The education property tax phase-out represents the largest tax savings in Manitoba history and protects Manitobans' hard-earned incomes by offering much-

needed tax relief."

Budget 2021: Protecting Manitobans, Advancing Manitoba committed \$248 million in education property tax rebates to the owners of approximately 658,000 eligible properties, based on municipal assessment information. Depending on the municipality, owners of multiple properties may receive one combined bill.

To provide property owners their rebate as soon as possible, the government has passed new legislation and will begin the printing and mailing process in the week ahead. Manitobans do not need to apply for the rebate, as the province will calculate

the amount and automatically mail cheques before the municipal property tax due date.

In 2021, home and farm owners will receive a 25 per cent rebate.

"By keeping our promise to begin phasing out the education property tax this year, we are fulfilling our \$2,020 Tax Rollback Guarantee one full year ahead of schedule," said Fielding. "We are modernizing Manitoba's tax structure and this rebate will be paid for entirely by government so it will not affect funding to schools."

The minister noted Manitoba is the only province that uses school property taxes, which are set locally by

each different municipality, to fund the education system. The rebate will not impact the amount of school taxes that fund local school divisions.

The legislation also makes a change to the Residential Tenancies Act to freeze the rent increase guideline at zero per cent in 2022 and 2023.

For more information about Manitoba's education property tax rebate, visit www.manitoba.ca/eduproptery-tax or call Manitoba Government Inquiry at 1-866-626-4862.

Smoke and carbon monoxide detectors must be certified

By Nicole Brownlee

Officials urge Canadians to look for certified symbols when purchasing smoke and carbon monoxide detectors.

"Smoke and CO detectors in the home are critical," said Dennis Kim, consumer product safety officer for Health Canada. "They are life-saving devices."

COVID-19 restrictions have led to more Canadians shopping online, said Kim.

"With the emergence of these online shopping platforms, Health Canada

takes action to advise consumers of safety hazards with these types of products," said Kim.

When purchasing detectors, consumers should look for Health Canada's certification mark that shows the product meets design and safety requirements. Approved products will have CSA, cUL, ULC or cETL on both the product and the packaging.

"The main function of these alarms is to alert [residents] in their homes when an adverse event is happening, like a fire or a carbon monoxide leak," said Kim. "The major issue, of course,

is by having an uncertified product in the home, they might fail or operate incorrectly."

"Failure in this type of product with a certain adverse event going on could pose a major risk to the Canadians living there," said Kim.

All living residences such as homes, ice fishing shacks, cottages and campers must have detectors installed.

"We remind Canadians that whatever living space you have, that the manufacturer's instructions are followed for both hard-wired and battery-operated alarms," said Kim.

Building codes dictate where to place detectors throughout residences, and local fire departments can help ensure the devices are properly installed and operating.

Residents should also note the life expectancy of the detector listed on the packaging, said Kim.

For more information, visit Health Canada's Consumer Product Safety page at <https://www.canada.ca/en/health-canada/services/consumer-product-safety.html> or contact your local fire department.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Grahame invited to train with Canada's U19 National Men's Volleyball Program

By Brian Bowman

Spencer Grahame is going to have a very interesting summer.

Grahame was one of 28 elite athletes from across the country that will train together at the University of British Columbia in Vancouver as part of Canada's U19 National Men's Volleyball Program.

"I'm so honoured," said Grahame last week. "This is what I've been working for and it's a huge accomplishment for me. I'm happy about it and super grateful for everyone that has brought me to this spot."

Grahame was hoping to get selected for the program after he submitted a virtual tryout.

"We had to submit video from our practices and I was able to practice with my club team for about a month when restrictions were not as heavy and indoor recreation was allowed," he explained.

Grahame was on Canada's virtual team last year which gave him an introduction to Volleyball Canada. There was no guarantee that he would make the team this year, though, as he noted that there is quite a bit of change-

over of players.

The purpose of the program is to identify, select and train a group of athletes who have future Senior National Team potential and offer them the opportunity to train and represent Canada in international competition at an earlier age in the high-performance pathway.

Besides the training in B.C., Volleyball Canada has been invited by USA Volleyball to the Team USA training centre in Anaheim, California along with the Bulgaria and Puerto Rico U19 Men's programs.

This would include training and competition. This opportunity is scheduled to be held in late July/early August although a final decision was to be made by the end of May to ensure enough time for appropriate planning.

Volleyball Canada currently has athletes competing internationally and will follow all health guidelines based on federal regulations.

With COVID, there is no guarantee that Canada will be able to head south to California.

"It's so up in the air," Grahame said.



PHOTO SUBMITTED

Spencer Grahame has been selected to train with Canada's U19 Men's Volleyball National Program this summer in Vancouver.

"They're really pushing for it, I guess, and they're pretty sure that they can get the Vancouver one done and they're really trying to get the Ana-

heim (trip)."

If Grahame, a star player with the Selkirk Royals, is allowed to train in B.C. and play international competition in the U.S., the experience is going to greatly help him prepare for his first season with the University of Manitoba Bisons.

"(It will help) 100 per cent just to get the exposure to a higher level against a player pool that is that much bigger instead of just playing against people from Winnipeg, Dauphin, Brandon, or Steinbach," Grahame said. "It just expands the pool of players extensively."

2021 NextGen Prairie Championship cancelled

Submitted by Golf Manitoba

With the current province-wide restrictions in effect, Golf Canada has cancelled the 2021 NextGen Prairie Championship scheduled for June 10-13 at the Quarry Oaks Golf Course in Ste. Anne, Manitoba.

This regional junior champion-

ship is not feasible given the current mandatory 14-day quarantine for all people entering the province of Manitoba.

Golf Canada will continue to evaluate provincial health and travel restrictions related to COVID-19 to make informed and responsible

decisions related to our 2021 championship schedule. The safety and well-being of our championship competitors, tournament staff and volunteers along with event stakeholders and our host community at large is paramount to Golf Canada.

Humeniuk plays final collegiate baseball game

By Brian Bowman

Ryan Humeniuk's outstanding collegiate baseball career is now over.

Humeniuk's University of Louisiana Monroe Warhawks were defeated 9-5 by Georgia Southern last Friday in pool play at the Sun Belt Championship.

Louisiana Monroe trailed 8-0 after just three innings before mounting a comeback.

"The coach did a good job of getting everyone in the lineup Friday and he let some of the older guys play a bit knowing it was potentially the last game for some of the guys in their careers," said Humeniuk from Louisiana on Sunday afternoon. "I appreciated the guys showing some fight in the last game and it would have been easy to just fold it in, give up two more runs, and just play seven innings. But we made them put a couple of arms out there and play defence behind our guys. You couldn't ask for much more than that but we would have liked to finish (the season) with a win."

Humeniuk finished the game going 1-for-2 with a walk. He singled in his final collegiate at bat.

It was obviously tough for Humeniuk to end his collegiate career.

"It's a whole range of emotions, of course," said the Stonewall native. "You're obviously sad because one chapter of your life is ending and it's something that you have been devoted to for so long. So many hours and so much blood, sweat and tears that you put into it. So many long drives and moving around the country and you look back on that but, at the same

time, it's a happiness because the next chapter is starting whether that is for me either playing professional baseball or coming back and finishing my Masters Degree or joining the work world. I don't know yet, time will tell, but it's exciting because it's a new chapter in my life.

"These were the best years of my life so far. I have nothing but good things to say about it. I would recommend this ride to anyone, for sure."

The Warhawks were earlier downed 9-6 by Georgia State on May 25 which eliminated Louisiana from further action after pool play ended.

Louisiana Monroe finished the season with a solid 26-26 record while playing against some of the top teams in the country. Humeniuk loved his time with the Warhawks and feels the program is definitely going in the right direction.

"This is a special place for me and it's always going to have a place in my heart," he said. "The people are special, the program is special, and they are just going to continue to get better. I'm really excited for what the future holds for this school and this program."

For Humeniuk, he will anxiously await Major League Baseball's annual draft in July. If he is not selected, there is a chance he can be picked up by an organization as a free agent.

Humeniuk definitely put up offensive numbers that should attract attention. He batted .291 this season with 57 hits (tied for first on the team), 33 runs scored, 28 RBI with four home runs.



RECORD PHOTO SUBMITTED

Ryan Humeniuk's stellar collegiate baseball career came to an end last Friday as his University of Louisiana Monroe Warhawks were defeated 9-5 by Georgia Southern at the Sun Belt Championship.

"It was a good year," he said. "I would have liked to have seen a little more in my power numbers but early in the year I was squaring up the ball a lot and was hitting singles. If I hit the ball hard, I lined drove it towards the centre fielder. That's not a bad thing but I wasn't getting the ball up in the air a lot, which you would like to see, espe-

cially in your last year. I hit the four home runs and (eight) doubles and stole (14) bags.

"From my standpoint it was a good year but it wasn't anything crazy. But I hope it's enough to give me an opportunity to play at the next level."

Selkirk Judo Club staying active during provincial restrictions

By Brian Bowman

The Selkirk Judo Club is doing its very best to stay active during provincial restrictions due to COVID.

While sports is shut down in Manitoba, the local club has been holding virtual online classes.

"Over the past 15 months, we've done a number of them," said Brian Jones, one of the Selkirk Judo Club coaches. "The most recent one was done on May 25th and we did one before that a couple of weeks ago."

The club has offered different types of classes to its students.

"In the beginning, we tried a couple of classes that were physical workouts online," Jones explained. "But we haven't tried that since. It's difficult to run them. It's not impossible and some people are doing that but our approach more recently has been more of a seminar style. We still teach them techniques mostly through video and

so on and we also do other topics like judo history, sports science topics, that kind of thing."

Jones admitted that he never would have thought that he would be teaching judo in that way.

"When we first started this when we were first shut down in March of 2020 and they talked about two weeks, I remember thinking that in two or three weeks we'll be back on the mats and everything would be good," Jones said. "That was a bit naive because I didn't think 15 months later we would still be doing it this way."

Jones said they may try to extend the season due to the fact that they were shut down a couple of times this year.

"We had seven weeks on the mats in September and October and then we got about eight weeks on the mats in March and April and then, of course, we got shut down recently," he said. "Normally we run until the end of May and we were going to try to run a little longer than that this year but now

we have no idea how long the lockdown is going to go."

As of Sunday afternoon, the province had extended the shutdown to June 12.

The Selkirk Judo Club is currently running a fitness challenge with its members. Members have been given workouts since May that they can do at home. Normally, the club holds a very successful "Fighting for Charity" event every year where they raise money for Habitat for Humanity.

They couldn't do that this year. Instead, the club will donate \$2 for every workout a member completes in the fitness challenge to Habitat for Humanity.

"We're going to see how many workouts that the club can do as a whole and then donate that," Jones noted. "That's our method of delivery for physical training at the moment."

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SUDOKU

2		6	9		5			
				7	6		1	
8				1			6	
	9		4			8		
5							7	
		5				6		
	3							
			2		7	1	9	

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	6	1	7	3	2	8	9	4
8	4	7	6	9	5	2	3	1
2	3	9	4	8	1	5	7	6
3	7	4	8	6	9	1	2	5
1	2	8	3	5	4	7	6	9
6	9	5	2	1	7	3	4	8
4	1	2	9	7	8	6	5	3
7	8	3	5	4	6	9	1	2
9	5	6	1	2	3	4	8	7

Sudoku Answer

S	E	A	B			P	E	T	S
A	T	E	N	V	S		E	T	S
N	A	R	H	T	K	D	E	S	I
I	B	O	S	I	S	E	N	I	K
T	I	N	S	W	E	R	O	R	S
S	O	V	T	D	I	C	V	R	I
	H	T	E	S		E	T	I	A
	T	E	E	S	S	V	I	D	I
	S	E	D	I	S	A	V	X	M
	E	O	D	T	V	R	X	O	S
F	M			N	R	I	V	C	T
E	N	I	N	D	O	T	C	N	O
I	A	K	O	L	O	M	S	A	O
L	U	N	O	O		S	H	A	V
C	A	E				S	B	B	E

Crossword Answer



CROSSWORD

CLUES ACROSS

1. Partner to "flows"
5. French industrial city
9. Diagrams
11. Diplomat
13. Hires
15. Hawaiian island
16. Set aflame
17. Very happy
19. Blue dye
21. Small terrier with short legs
22. One thousand cubic feet (abbr.)
23. Northern pike genus
25. Expression of annoyance
26. Female deer
27. Casella and Kellerman are two
29. Actor's lines to audience
31. Days (Spanish)
33. Close a person's eyes
34. Cloaked
36. Comedic actor Rogen
38. It's all around us
39. Neutralizes alkalis
41. Native people of New Mexico
43. No seats available
44. Famed "Air Music" composer
46. Fit of irritation
48. Psychic phenomena
52. Knicks' first-rounder Toppin
53. Seed used in cooking
54. "WandaVision" actress Hahn
56. Samples food
57. In a lucid way
58. Stair part
59. Adieus

CLUES DOWN

	1	2	3	4			5	6	7	8	
9					10			11			12
13					14		15				
16				17			18				
19			20		21					22	
	23			24		25				26	
		27			28		29		30		
			31			32		33			
			34				35		36		37
	38				39			40		41	42
43					44			45		46	47
48			49	50					51		52
53							54			55	
56								57			
	58								59		

1. Type of moth
2. A Christian sacrament
3. It lends books to Bostonians (abbr.)
4. Turn away
5. Impersonal
6. Shortly
7. Indigenous Alaskans
8. Subtle difference of meaning
9. Sicilian city
10. Put in harmony
11. Administrative divisions
12. As happily
14. Horse mackerel
15. Muddy or boggy ground
18. Monetary unit of Italy
20. Construction site machine
24. 22
26. Tracts at the mouths of rivers
28. Earnings
30. Insect repellent
32. Runner-up
34. Musician
35. Serious or urgent
37. Esteemed one
38. Where rockers play
40. Work furniture
42. Greek prophetesses
43. Quantitative fact
45. Missing soldiers
47. Minute
49. This (Spanish)
50. Maintain possession of
51. Assault with a knife
55. Holiday text message greeting

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Regional Health Authority

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Student Activity Assistant for the complete job postings.

Please apply on-line at <https://selfservice.ierha.ca/> under the competition you are interested in with resume attached. Deadline for submissions is Thursday, June 24, 2021 at 11:59 pm.



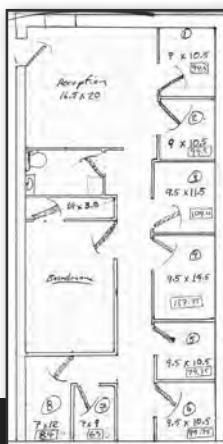
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R.M. OF ST. ANDREWS

NOTICE OF PUBLIC HEARING BY THE MUNICIPAL BOARD OF MANITOBA

RE: RURAL MUNICIPALITY OF ST. ANDREWS BY-LAW NO. 4349
(MUNICIPAL BOARD FILE NO. 21E9-0014)

PUBLIC NOTICE is hereby given, under the provisions of *The Municipal Act*, S.M. 1996, c.58 and *The Municipal Board Act*, R.S.M. 1987, c. M240, that The Municipal Board will hold a public hearing for the purpose of hearing any representations in objection to or in support of the proposed By-law.

The public hearing will take place on **June 28, 29 and 30th, 2021 at 6:00 pm**, held virtually via Microsoft Teams for public participation.

The By-law proposes to implement a Special Service Plan for the operation and maintenance of the St. Andrews South Wastewater Utility within the Rural Municipality of St. Andrews.

The Board requires that any person who wishes to attend virtually and make a representation on the proposed By-law, must register at least ten (10) working days in advance of the hearing by submitting the **Attendee/Presenter Form**. A Microsoft Teams link will only be provided to individuals who register. For individuals who wish to view the hearing and not participate, a Live Stream Link will be available on our website under Public Hearings.

The Board requires that any party who intends to submit as evidence any written material or other documents, shall file four (4) copies of that material with the Board and one (1) copy with the Municipality for public review, at least 10 working days prior to the hearing.

A copy of this By-law is available for review at the Municipal Office and on the Municipal Website.

A copy of this notice, a description of the procedure to be followed at the hearing and the Public Presenter Form can be found on the Municipal Board website.

If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at Clandeboye, in Manitoba, this 19th day of May, 2021.

Shelley Jensen
Secretary/Chief Administrative Officer
The Municipal Board
1144-363 Broadway
Winnipeg MB R3C 3N9
204-945-4014

DJ Sigmundson
Chief Administrative Officer
R.M. of St. Andrews
Box 130, 500 Railway Ave.
Clandeboye, MB R0C 0P0
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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF GERALD WILLIAM NIEBEL, late of the City of Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 3rd day of July 2021. DATED at the City of Selkirk, in Manitoba, this 26th day of May 2021.

PKF LAWYERS
Adam Kelso, Solicitor
for the Executors

NOTICE TO CREDITORS

In the matter of the Estate of Marjorie Campbell, late of Selkirk, Manitoba, Deceased. All claims against above estate, supported by statutory Declaration must be sent to the attention of Laura Veitch, Box 466, Petersfield, Manitoba on or before the 13th day of July, 2021. Dated at Selkirk, Manitoba, this 31st day of May, 2021. Laura Veitch Box 466, Petersfield, Manitoba R0C 2L0, Executrix

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TENDER 2021-05

2021 GRASSMERE ROAD MICRO SURFACING TREATMENT

The Rural Municipality of West St. Paul is seeking proposals from qualified bidders for Grassmere Road Micro Surfacing Treatment.

Specifications and Tender packages including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked **Tender 2021-05 - 2021 Grassmere Road Micro Surfacing Treatment** will be received by the undersigned at the address below until 12:00 noon on the 17th of June, 2021. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by e-mail rfriesen@weststpaul.com or by phone 204-338-0306.

Mr. Brent Olynyk, CAO
Rural Municipality of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3

CITY OF
Selkirk

PUBLIC NOTICE

General Borrowing By-law No. 5354 for the Eveline Street Reconstruction Project

The Council of the City of Selkirk has scheduled a Public Hearing to be held at:

Selkirk Memorial Hall
376 Jemima Street, Selkirk, MB
Tuesday, June 15, 2021 at 6:00pm

To present the following capital project:

Project Description:

- The reconstruction of Eveline Street (between Eaton Avenue and Queen Avenue) includes a total reconstruction of the road, the addition of lighting, modern accessibility services and an active transportation pathway;
- Landscaping the area to meet current urban design best practices which will provide an attractive, well-lit safe location for citizens and visitors.

Estimated Cost and Funding: The \$7,200,000 estimated cost for this project has anticipated funding as follows:

City of Selkirk Borrowing	\$ 7,200,000
Total Funding	\$ 7,200,000

Potential Taxpayers: This project will be paid for by the owners of all taxable and grant-in-lieu properties in the City of Selkirk.

Calculation of Annual Tax Levy: The borrowing will be funded over a 25-year period at an estimated interest rate of 5.625%.

The annual tax to be levied for this capital project is to be based on the portioned value of assessable property. The mill rate will be calculated based on the estimated annual repayment amount of \$543,321.14 for 25 years. Using the City of Selkirk's 2021 at large portioned assessment value of \$554,997,310, an estimated 0.979 mill rate will be required to fund this project.

Objection to Proposed Expenditure and Borrowing: At the Public Hearing, Council will hear any person who wishes to make a presentation, ask questions, or register an objection to the proposed expenditure and borrowing.

Following government guidelines surrounding COVID-19, protocols will be in place to protect both visitors and city representatives. We will be enforcing physical distancing measures and monitoring occupancy.

Anyone wishing to attend the hearing is asked to register ahead of time for contact tracing purposes at www.myselkirk.ca/EvelineBorrowing. Those without access to online services are asked to call CitizenSupport at 204-785-4900.

All supporting documents must be submitted electronically during the registration process to citizensupport@cityofselkirk.com in advance of the hearing.

Written statements can be submitted in advance of the hearing and sent by email to citizensupport@cityofselkirk.com, or by mail to:

200 Eaton Ave
Selkirk, MB
R1A 0W6

Project Information Package: Copies of the project information package related to the proposed expenditure can be obtained by contacting CitizenSupport at 204-785-4900 or citizensupport@cityofselkirk.com.

Special Meeting of Council To consider First Reading of By-Law No. 5354

Selkirk Memorial Hall
376 Jemima Street, Selkirk, MB
Tuesday, June 15, 2021

Immediately following the Public Hearing

Dated at the City of Selkirk this 27th day of May, 2021, and issued pursuant to Sections 169 (6) and 174.1(1) of The Municipal Act.

Duane Nicol
Chief Administrative Officer
City of Selkirk

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 ELLEN WYKA 204-376-3400 Arborg, gorgeous large tree lined building lot located on quiet bay. New in Arborg. Nothing to do but move in. Bungalow, tons of updated, large lot, garage. 1148 sq. ft. 1 1/2 story home on private 4.99 acres in the Okno area.	 Lakefront paradise at Little Deer. Straw bale construction. 3 bdr, 2 bath. \$324,900. Ingrid Bennett 204-642-2089	 JUSTIN ZINKOWSKI 204-795-6664

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MORTGAGE SALE

The building and land known as 323 Phyllis Avenue, Selkirk, Manitoba, as described in Certificate of Title No. 2615820/1 will be sold at auction by video conferencing and/or teleconferencing platform by a licensed Auctioneer on Wednesday, the 23rd day of June, 2021 at 9:30 a.m. hosted by Gray's-Carter's Auction Service Winnipeg, Manitoba. There will be no in person attendees at the auction, all bidders must be pre-registered by contacting the law firm/individual noted at the bottom of this ad.

To the best of the vendor's knowledge, there is situated on the mortgage property a 1176 sq. ft. single family dwelling with full unfinished basement, built in 1974, 3 bedrooms, 1 bathroom, single attached garage, located on a lot with a 50 foot frontage.

Property taxes (excluding any accruing water charges) are paid in full to December 31, 2019. The property is sold subject to taxes and penalties accruing after that date as well as Caveat No. 232951/1 which will remain on title.

TERMS: Deposit of \$34,000.00 in cash, certified cheque or bank draft payable to MLT Aikins LLP and the balance according to conditions to be announced at the sale. The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

Sale is subject to Reserve Bid which will be announced at the auction. If the highest bid does not meet the Reserve Bid then there is no sale.

Due to COVID-19 and current restrictions under The Public Health Act all auction attendees must pre-register by calling the individual set out below at least 24 hours prior to the auction. There will be no in-person attendees at the auction.

Further information may be obtained from:

MLT AIKINS LLP
Barristers & Solicitors
30th Floor, 360 Main Street, Winnipeg, MB R3C 4G1
Attn: Jo-Anne Degagne (204) 957-4808
jdegagne@mltaikins.com

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ANNOUNCEMENT

BIRTHDAY



Chris Martin

I hear that you're turning 40 on June 6th!
Here's to taking 40 by the horns
and making it your b!#\$*.....
right after you take that nap :)

Happy Birthday!
-Love, The Wifey & Kids

ANNOUNCEMENT

IN MEMORIAM



Al Barr
June 6, 2017

It is lonely here without you,
I miss you more each day;
Life is not the same,
Since you were called away.
I remember the day I met you,
I remember the day I lost you.
In life I loved you dearly,
In death I love you still.
When my life is through;
I pray that God will take my hand,
And lead me straight to you.

-Love Janice, Rob and Ruby

ANNOUNCEMENT

IN MEMORIAM

Alverado Smith
June 21, 1913 - June 5, 1996

I think of you so often.
I miss you.

-Lola

OBITUARY

Mariette Rose Sophie Furdyk

Peacefully, on Friday, May 28, 2021 at the Selkirk Regional Health Center, Mariette Furdyk, aged 86 years, passed away.

In keeping with her wishes, cremation has taken place and no formal service will be held.
Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



*There is a link death cannot sever,
Love and remembrance last forever.*

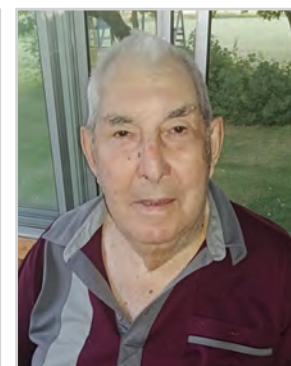
OBITUARY

Alvin John McRae

March 16, 1935 - May 21, 2021

Peacefully on May 21, 2021 at the Selkirk Regional Health Centre Alvin McRae passed away at the age of 86 years.

He will be lovingly remembered and sadly missed by his sisters Mildred Blundell, Olive Pritchard, Geraldine Bruneau and brother George McRae. Alvin's life will also be celebrated and fondly remembered by Karen and Bill Sinclair, many nieces and nephews, extended family and



friends.

Alvin was predeceased by his loving wife Mae; daughter Brenda; parents Charles and Ann McRae; brothers Charles McRae DFM, Milton McRae and sisters Audrey Walker, Evelyn Anderson and Winona Metrow.

Alvin was born on March 16, 1935 in Pine Ridge, Municipality of Springfield. He later was a long-time resident of Lockport, MB, where he and his family built so many wonderful memories. Alvin was a very hard-working man. He worked at the Manitoba Rolling Mills for 34 years and in 1989 received a 25-year accident free service award in which he was very proud of. After a long day's work at the mill or on weekends Alvin did lawn care and landscaping for Mr. Leo Hoppe and his wife Jane. He would always say "I'm getting the grounds spruced up for the shoot 'n fest!" Alvin also did lawncare for Dr. Ralph Robertson and his wife Edna well into his retirement years. The Hoppe's and Robertson's were like extended family to Alvin. Alvin enjoyed volunteering his time for several years at the Lockport Children's Festival, collecting hockey sticks for children and helping at the snow slide. He always loved to see the kids having so much fun.

Alvin relocated to "The Green Place" in Scaterbury in 2008 after his loving wife Mae passed. This was a place of peace, contentment and pure delight to him. He loved when people would come out to visit and play horseshoes, fish, swim and enjoy big meals. He would always be running tournaments, having draws and putting prizes together. It was always loads and loads of fun for anyone who visited.

Another thing Alvin loved was to try his luck at gambling...not too much though! Whether it was horse racing, cards or casino. He loved to attend even to just walk around, grab a coffee and meet people. Alvin loved listening to music, whenever you walked into his home, he would always have the old time music playing and whenever he could he would head out to catch a live performance.

Unfortunately, in 2016 Alvin suffered a stroke and had to relocate to Happy Thought Villa in East Selkirk. He worked very hard at his rehabilitation to remain independent in an apartment with the help of Home Care and family supports. He always looked forward to the weekends when he was able to head back to the Green Place in Scaterbury.

With a recent cancer diagnosis, Alvin was admitted to the hospital on palliative care and completed his life's journey in peace.

The family would like to extend sincere thanks to Dr. Elbardisy for all his care over the years. We would like to thank the doctors, nurses and staff at the Selkirk Regional Health Centre for all their care and compassion. A big thank you to all the Home Care staff who provided support and assistance over the years. A special thanks to Bev Swain (A.K.A Susie Q) for all your visits, care and support. We would also like to thank Rev. A Bouw of the Knox Presbyterian Church for officiating the service and Gilbart's Funeral Home for their professional guidance and care.

Due to the current health restrictions a private family service was held in the Gilbart Funeral Chapel, Selkirk, MB on Saturday, May 29, 2021 and the service may be viewed via his obituary at www.gilbartfuneralhome.com.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Call 204-785-1618

OBITUARY

Kate (Kathleen) Pipko (Nee: Hooley)

December 15, 1954 - May 21, 2021

With heavy hearts we announce the passing of Kate Pipko at the age of 66 years after a long and courageous battle with cancer.

Kate was predeceased by her parents, William and Kathleen, and her brother Billy. She leaves to cherish her memory her husband Ken; daughters Katie (Don) and Jody (Zane); grandsons Ryan (Bryanna) and Cameron; sisters Dorothy and Betty and many other family members.

Kate was born in Souris, Manitoba, grew up in Winnipeg and eventually settled down with her family in East Selkirk. She worked with the Selkirk RCMP detachment through the City of Selkirk for over 25 years. She enjoyed her work with the RCMP and had the utmost respect and admiration for them.



As a family, we enjoyed many summer vacations at a cabin or travelling throughout the United States. Kate loved her Casino and winter destination trips with her girlfriends and always had fun stories to share after. Later on in life, she even let Ken join her on her new adventures. Of all her travels, her favourite destination was relaxing in front of a fire at her cabin on Birch River with her dog Jackson.

Kate has been a generous, devoted, strong and caring wife, mother, grandmother and friend and will be missed deeply by many.

We would like to thank all the staff at CancerCare Manitoba, with a special thank you to Oncology Nurse McKenzie Jackson who was patient and thoughtful throughout Mom's journey.

Due to COVID restrictions, a private family service will be held at a later date.

In lieu of flowers, Kate would prefer donations to be made to the Autism Society of Manitoba, 825 Sherbrook St. Winnipeg, MB R3A 1M5.

Condolences may be made on Kate's memorial page at www.interlakecremation.ca

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