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# The Selkirk Record

VOLUME 10 EDITION 22

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**Celebrating 90 years**

RECORD PHOTO BY JUSTIN LUSCHINSKI

Eight-year-old Aleighana Hastman-Amsden of St. Andrews, smiles while wearing a hotdog suit and handing out red balloons outside Skinners in Lockport during the local establishment's 90th anniversary celebration last Saturday. For more photos, see Page 15.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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# Grad powwow helps students 'come together'

By Justin Luschinski

There was a time when Indigenous students and their culture struggled to find a place in the Manitoba school system.

Steve Richard, the Indigenous student services councillor at the Comp, remembers a time when Indigenous languages and native studies weren't a part of the Lord Selkirk School Division curriculum.

He helped start the Promoting Aboriginal Student Success (PASS) committee in 1999, to help Indigenous youth feel proud of their accomplishments. Last week, PASS held its 19th annual Graduation Powwow and the committee is already looking to celebrate its 20th anniversary in a big way.

The 19th Annual PASS Graduation Powwow was held last Wednesday inside the Comp's gymnasium. The event is run by students and staff, and featured speeches from former PASS grads, including Jillian Taylor of CBC Manitoba.

And as the event approaches it's 20th anniversary, Richard and PASS co-chairperson, Jacqueline Bercier, reflected on their own successes and their personal struggles with being proud of their identity.

Richard said one of the biggest challenges when PASS started was helping Indigenous students to stop feeling ashamed of who they were.

"We have to handle the shame part, the timidity of the students. At the time, many students felt ashamed of their heritage, so we had to select students that could be role models," Richard said. "When we started (PASS), we selected students by saying 'what are they doing that other students can be doing?' We wanted students to have someone to look up to, someone they could aspire to be."

Richard provided a loose history of the PASS committee. The idea first started around 1999, when a collection



Dancers perform during the Promoting Aboriginal Student Success (PASS) 19th annual Graduation Powwow last Wednesday at the Comp.



RECORD PHOTOS BY JUSTIN LUSCHINSKI

of Indigenous students came to his office, and asked "why are we always being overlooked for things?" They complained that the school offered French and Ukrainian classes, but no Indigenous language courses.

Richard agreed with the students, and decided to petition the school division to add more Indigenous culture to the curriculum. Around the same time, Richard heard of a luncheon with Indigenous students from northern Manitoba that was happen-

ing at the Selkirk Friendship Centre.

Richard thought it was a great idea, and wanted to hold a similar event at Selkirk Comp. That event grew into what is now the PASS Graduation Powwow.

Bercier joined the PASS committee in 2010. She's lived in Selkirk her whole life and she recalls a time where she kept her Indigenous identity hidden.

"I went to school in this division. I remember going here, and I just didn't

put my identity out there. I didn't tell anyone I was Indigenous. It wasn't part of the school's culture," Bercier said. "Now, you'll hear how our educators have a hunger for incorporating Indigenous culture into their schools. They support Indigenous learners. It's important to realize that we're all connected. We live on the same land, and we all breathe the same air."

"It's important for us to come together."

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# Interactive Tea Time mural helps bring whimsy, wonder to life

By Gabrielle Piché

A tea shop in Selkirk recently unveiled its own version of wonderland to local and surrounding area residents.

Three 6 Tea, found on Selkirk's Main Street, now has a mural covering one of its exterior walls. The mural, called Tea Time, has clockwork, gears, a white rabbit, and, of course, tea—spilling out of a teapot and onto a multi-coloured umbrella.

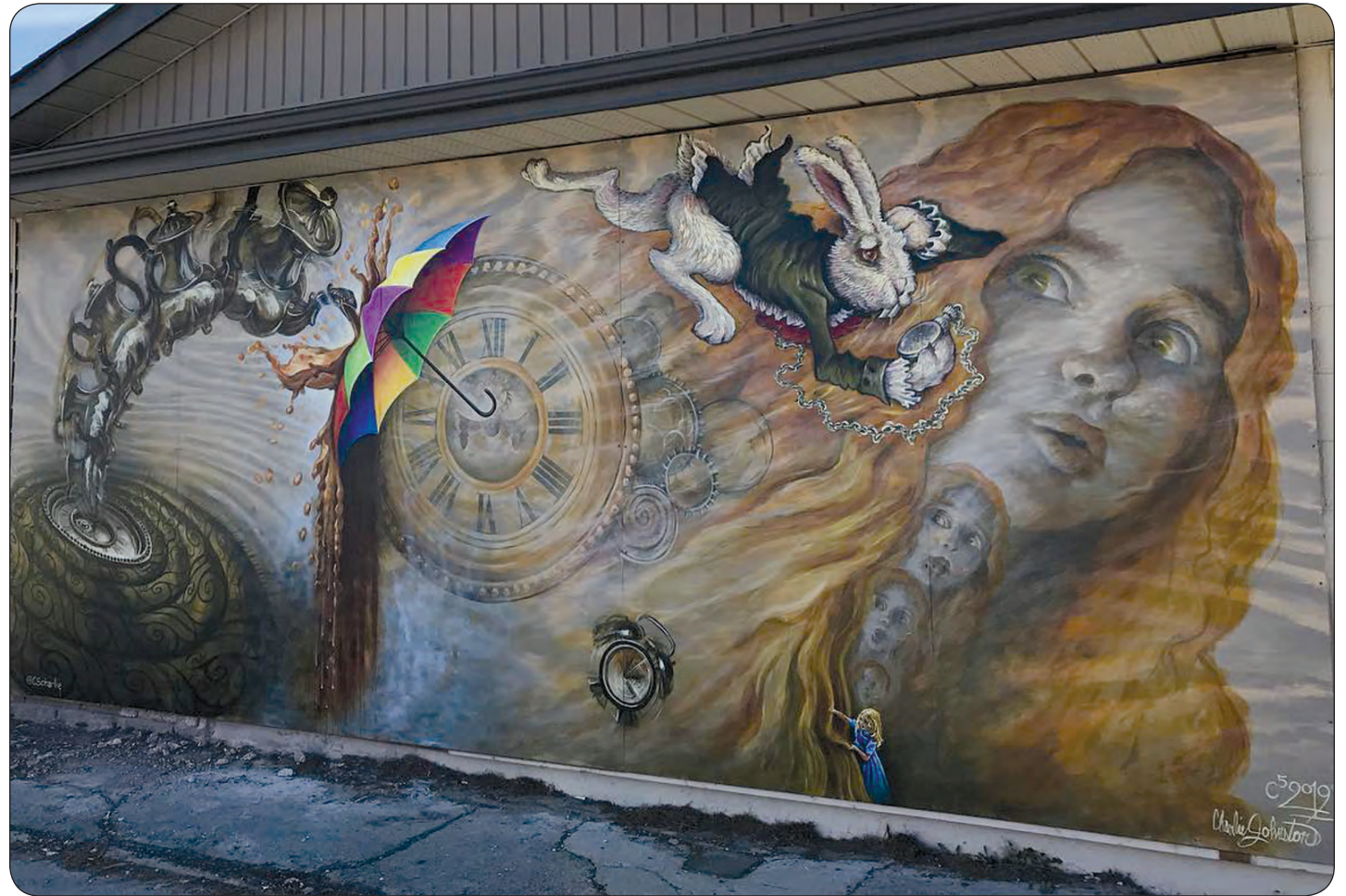
The Interlake Art Board approached Michelle Bloom, Three 6 Tea's owner, in 2018 and asked her if she'd like a mural on her shop. The art board has been sponsoring murals in Selkirk for the past year.

"I was all over it right away," Bloom said.

She met with Charlie Johnston in October. Johnston is an international muralist, with murals from Thompson to China, and he's partnered with the Interlake Art Board as a mural coordinator. Johnston also went to high school in Selkirk.

Bloom, Johnston, and a few employees from Three 6 Tea initially discussed what they'd like the mural to be.

"We were trying to find something that would be interactive and fun for the community, and we felt that the Alice in Wonderland theme tied in



great with the tea store," Bloom said.

They brainstormed mural ideas that blended the famous story and tea.

Johnston ended up with two different designs for the mural. The designs were then put to a vote. People voted for their favourite painting in Three 6 Tea, other local stores and online.

Two weeks and 1,065 votes later, the Tea Time design came out on top.

Johnston started painting the mural on panels in February. Because of the weather, he

couldn't put the panels on Three 6 Tea until May. An interactive mural entitled Tea Time outside of Three 6 Tea in Selkirk by Charlie Johnston is one of the latest murals to be painted in the city thanks to the Interlake Art Board.

The mural's umbrella is 3D, so people wanting to take pictures can pretend to hang on the umbrella's handle and hide from the falling tea.

Bloom said people have been asking her about the mural since the two designs came out.

"I'm excited about what all these murals are doing for the community," Bloom said. "It does something to the community, to brighten up Selkirk."

PHOTO COURTESY OF CHARLIE JOHNSTON

Three 6 Tea is selling a tea called Wonderland until the end of summer. All profits from Wonderland go to the Interlake Art Board to support murals around the city.

Joanie English is the president of the Interlake Art Board. She said the board plans to sponsor more murals in the future.

"The feedback that we're getting is just a great thing," English said. "People love colour, and people love the murals."

English said she feels a sense of pride and belonging by taking part in the murals, and she loves that the community is getting involved.

watchthewave.ca

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Photo courtesy of Stephanie Sutton

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# Hydro Park hosts Relay for Life



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Selkirk's Hydro Park played host to the city's sixth annual Relay for Life last Saturday. The annual relay for the Canadian Cancer Society featured a survivor walk, a DJ booth, food tent, beverage truck, health and wellness market, silent auction tent as well as luminarees.



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## Police dog helps track down suspects in St. Clements, Selkirk

Staff

Last week was a busy work week for Police Services dog, Erlo. In two separate incidents, Erlo successfully located a total of three suspects.

On the evening of May 13, RCMP responded to an assault at a residence in St. Clements where the male suspect had taken off on foot.

Erlo, and his handler Cst. Matthew Estrada, were called in to assist. With his handler right behind him, Erlo tracked the suspect and located him hiding in a field two kilometres from the home.

On May 17, Selkirk RCMP responded to a report of a stolen vehicle on Main Street in Selkirk. The stolen vehicle was abandoned by the suspects who had taken off on foot. Erlo and Cst. Estrada were called in to assist with the search. Erlo first tracked an adult female suspect for approximately three kilometres, and found her hiding in the bush. She was subsequently taken into custody. He then continued to track an adult male suspect an additional three kilometres where the male attempted to flee from police by jumping into the Red River. He was coaxed back to shore and arrested.

All three suspects in both incidents were arrested and charges are pending.

Erlo and his handler Cst. Estrada are based out of the Manitoba RCMP East St. Paul detachment.

Cst. Estrada has been with the RCMP since 2002 and became a dog handler in 2013 while posted in British Columbia.

In the fall of 2018, he and six-year-



SUBMITTED PHOTO

Police services dog, Erlo, and his handler Cst. Matthew Estrada.

old Erlo were transferred to Manitoba East District - Police Dog Services.

Erlo specializes in tracking, criminal apprehension, and explosives detection.

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## 'Our hands are tied'

### RM says St. Andrews wastewater project will connect to Winnipeg

By Justin Luschinski

The RM of St. Andrews must connect their wastewater system to Winnipeg, or risk losing millions of dollars in provincial and federal funding.

The RM made the final decision last Tuesday during a special meeting of council, and released a presentation on the project last Wednesday on the RM's website.

The provincial government, along with the Manitoba Water Services Board, sent letters saying St. Andrews council must make their decision on May 21, or the province will pull their funding, and put them at risk of losing the project's federal funding as well.

St. Andrews Mayor Joy Sul said current council had little choice but to continue the project to Winnipeg.

"Our hands are tied. We were given an ultimatum, without getting a chance to explain it to residents," Sul said. "It was gut wrenching. I voted against (the wastewater project) from day one as a councillor. We were all elected to look after the resident's best interests. We weren't allowed that opportunity, the province made that decision for us."

The wastewater project was mandated by the province over concerns surrounding septic tanks leaking and damaging the environment. The original plan was to develop a wastewater system for St. Andrews and West St. Paul to connect to Winnipeg, who would charge them for the service.

During multiple public hearings, residents brought up "the Selkirk option," where the system would be connected to Selkirk's new wastewater treatment plant, which is currently being built. Previous council said going to Selkirk was not financially viable due to the cost of building a pipe to the treatment plant.

But new data provided by the City of Selkirk shows that connecting to Selkirk would have been cheaper for residents in the long run. According to Sul, Selkirk and West St. Paul were on board with the new plan, with Selkirk offering to cost-share around 25 per cent of building the pipeline to their treatment plant.

A spokesman for the Manitoba Water Services Board says Selkirk was not an option when this project started.

"Funding for Selkirk was approved on June 30, 2016. The West St. Paul and St. Andrews project started in June

2013."

Selkirk Mayor Larry Johannson said he was disappointed St. Andrews would not be connecting to Selkirk.

"We've been in discussions ... we stated that we were interested and we would have no problem supplying St. Andrews. We were in a three way split with the feds, the province, for this plant," Johannson said. "That plant was intended to be a regional plant, we were going to supply our neighbours. It's a bit of a shocker that we would not be allowed to supply those services."

Johannson said they respect St. Andrews' decision. According to the City of Selkirk, it was more financially viable to connect to their treatment plant. Residents would have saved around 44 cents per cubic meter of sewage in 2019, and Selkirk's "buy-in charge" would have been \$599, compared to Winnipeg's \$2,450. Initially, there would have been a large up-front cost, as the pipeline is constructed, but Selkirk's new plant is expected to remain operational for 60 years, and in the long run, their costs were lower.

Selkirk CAO Duane Nicol also clarified that while their treatment plant would have needed some upgrades, the city was going to handle that cost themselves.

Many of the current St. Andrews councillors campaigned on exploring the Selkirk option. In 2018, the RM elected an almost entirely new council, with Sul and Laurie Hunt being the only previous members.

Council met with the Manitoba Water Services Board on May 7, where the board shared their concerns with changing course. According to them, changing course to Selkirk would change the scope of the project, and St. Andrews would need to appeal the government to receive its funding. The wastewater project must be completed by March 31, 2020, or St. Andrews will lose their federal funding, and put other parts of the project at risk of losing their funding as well.

"In order to take advantage of competitive tendering, normally tenders should be issued before the end of March," the MWSB spokesman said. "As contractors line up work for the season, fewer contractors bid on projects later in the year resulting in higher tendering costs."

Continued on page 7



# Selkirk RCMP investigating Youth job centre in Selkirk after two armed robberies to host open house June 5

## Staff

Selkirk RCMP are investigating after two armed robberies took place earlier this month.

On May 11, at approximately 7:20 p.m., RCMP responded to a robbery at a business on Morris Avenue in Selkirk. A lone male entered the business wearing a mask. He had a knife and demanded items. The male then fled on a bicycle.

Later that night at approximately 11:05 p.m., officers responded to a robbery at a business on Main Street in Selkirk. A lone male entered the business wearing a mask and carrying a knife. The suspect walked around the store erratically and left without taking anything.

"While the incidents are similar in nature, investigators cannot confirm if it is the same suspect," the RCMP stated in a release.

The suspect in both robberies is described as male, wearing a black balaclava, 5'5" - 5'9" in height, slim build, and possibly in his 20s or 30s.

In the second incident, the suspect is also wearing a brown winter jacket, blue jeans with holes and black shoes.

If anyone has any information about these incidents please call Selkirk RCMP at 204-482-1222 or call Crime Stoppers anonymously at 1-800-222-8477, or submit a secure tip online at [www.manitobacrimestoppers.com](http://www.manitobacrimestoppers.com).

## By Justin Luschinski

The Manitoba Youth Job Centre in Selkirk is looking help more young people find jobs in their communities.

The centre will be hosting an open house on Wednesday, June 5 at 6 p.m. at their location in Selkirk located at 100-260 Superior Ave.

The centre provides free referrals for students looking for summer jobs as well as teaching them necessary job hunting skills, such as resume writing.

Brea McMahon, the local centre's youth engagement leader, said many students don't realize the skills they have.

"Some aspects of job hunting that are not considered by youth include searching company websites, cold calling and word of mouth networking with family, friends and previous employers," McMahon said. "(Some youth) don't realize how many skills they already have. Everyday experiences like cooking, mowing the lawn, those can be useful skills when find-

ing a job."

McMahon said cold calling businesses is particularly effective.

"The job market, particularly for summer student positions, can be very competitive, and the job searching process can be frustrating, exhausting, and even disappointing," McMahon said. "As a youth engagement leader, my job is to make things easier for students and youth seeking employment."

The centre also offers job training through their Odd Jobs Squad. Students ages 12 to 16 can sign up for the program, and they can learn skills such as money handling, customer service, and teamwork, by doing short-term jobs around the area. They will also be matched with employment opportunities after the course is over.

For more information about the Manitoba Youth Job centre, email Brea McMahon directly at [selkirkmyjc@gov.mb.ca](mailto:selkirkmyjc@gov.mb.ca), or call 204-485-3230.

## West St. Paul teen shines at highland dance meet



### SUBMITTED PHOTO

Thirteen-year-old Mya Pilat of West St. Paul received first place in all dances and was named Manitoba Champion for the 12 and under 14 age group during the Manitoba Highland Dancers' Association's closed Provincial Selection meet on May 5 at the St. James Civic Centre in Winnipeg. Pilat also tied for highest dancer points of the day and will be representing Manitoba in Moncton this July.

## > ST. ANDREWS WASTEWATER, FROM PG. 6

Last week, Municipal Relations Minister Jeff Wharton sent a letter to council, saying the province will not fund a wastewater system going to Selkirk.

"To be clear, St. Andrews would receive no provincial funding for redundant infrastructure to flow wastewater to Selkirk; and it is anticipated that there would be high risk regarding any federal funding support," Wharton stated in the letter. "The City of Winnipeg option continues to offer the most cost effective and environmentally sound infrastructure solution."

Wharton stated in the letter that the wastewater project is supposed to address "significant environmental concerns," and that connecting to Winnipeg is the "most cost effective and environmentally sound infrastructure

solution."

According to several reports, Winnipeg has dumped at least 185 million litres of untreated sewage into the Red River since 2015. In 2018, the Aubrey Wastewater Lift Station experienced a power outage, dumping an estimated 3.26 million litres of raw sewage. According to the city, their wastewater system is "antiquated," and the cost to replace many of the sewers is estimated at more than \$1 billion dollars.

"We have committed and continue to commit to partner with the City of Winnipeg, and ensure that projects like the North Main Treatment plant are addressed in a timely fashion," Wharton said in a telephone interview on Monday. "Our government is willing to do the heavy lifting, and ensure that our projects will serve stakeholders like the (RM of St. Andrews)."

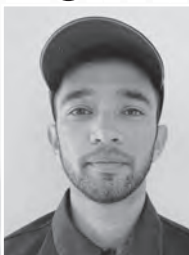
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## How to make toast in the ice shack

Welcome friends.

One can never be sure what may happen when landing monster fish! I was thoroughly enjoying the sun filled blustery day last Saturday strolling along the Gimli pier stopping once in a while to talk to anglers pursuing their favorite pastime when I came across an average sized chap with grey hair showing from the sides of his cap. "Did you catch anything?" I asked. "Just one," he responded in a low measured voice, nodding toward a pail by his side. His reserved nature interested me so I sat down on the walkway beside him, asking, "Hi, I'm Arnie Weidl might you have a fishing story for your fellow fishers?" He hesitated for a moment then mentioning he was Cris Draga, he told how he fished as a kid on his Azore Island of Portugal. He and his friends would wait for low tide then shore fish in the ocean for big grouper. I found myself intrigued with Cris's story and when later at home learned from the internet Portuguese islanders would net sardines then "jiggy jig" or skip their sardine baited lures on top of the water to catch mackerel which in turn they used for bait to catch grouper. Knowing the size of groupers, it was probably worth it!

Last weekend one could still drive up to the Victoria Beach pier and fish. There I met a friendly, robust guy from Belair just south of here. I didn't have to ask if he had caught anything as I walked up to him because he had a pail with some pickerel in it. "Nice afternoon," I said, breaking the ice as I sat down on one of the pier timbers. "Yeah," he grinned leaning back in his chair straightening his wide tan suspenders and adjusting his head bandana. His dark hair and long grey goatee complimented his forceful features. Yet he was outgoing, "I heard you talking to the guys at the end of the pier, so you're looking for a story?" he asked looking out across the tranquil bay.

"I'm Harvey Torth and myself and a couple of buddies were ice fishing in

**RECORD PHOTO**

Blake Kenaum holding son Josiah's master catfish caught from the Red by Lockport.

my shack on the south basin here last year," he began. He told how they had drilled three holes, got the stove going, put the coffee on and dropped their baited hooks into the water. Soon the air in the shack held the smell of bacon, potatoes frying and burnt toast being made by pushing bread slices against the hot stove walls where it stuck until done. Harvey had his custom made, heavy duty, short rod and as he chewed on some toast the rod suddenly shot from its holder and straddled the hole. Dropping to one knee, his toast hanging from his mouth he peered into the ice hole water. There looking up at him was the biggest muskie head he had ever seen.

"Grab it!" one of his buddies cried out. Harvey shaking his head said, "We made six inch holes, this muskie's too big!" "We'll get it," his buddy exclaimed kneeling down beside Harvey. He grabbed Harvey's line with his gloved hand and hauled up. The hook sprang from the fish's mouth sending his friend flat on his back. "I told you that fish was too big for the hole," Harvey said laughing at his friend.

I was checking out the fishing rod displays in Selkirk Canadian Tire last week when a tall, thin fellow sporting a short, well-trimmed, dark beard walked up to me holding a medium length rod in one hand and a long rod in the other. "Which rod do you think

would be good for an eight year old boy to fish with?" he asked. "Generally a shorter, stiffer rod gives a young lad better control," I responded. "My son just caught his first catfish on his birthday which turned out to be a master at Lockport and I want to buy him his own rod," he went on. As he talked I handed him my card which made him hesitate for a moment, then continued. "I'm Blake Kenaum, a pastor here and my son is Josiah." "My friend," I said, "why don't we put your sons' fishing experience in the paper this week for everyone to enjoy!"

Proudly smiling, Blake described how he, Josiah and a friend were at the Red's riverbank and Josiah was the first to get his baited hook in the water. He felt an even heavy pull on his line almost immediately. He shouted in glee as the broad back of a huge catfish broke the surface of the muddy water. Josiah encouraged by his dad, reeled in slowly, pausing when the fish thrashed about. Blake, now excited for his son offered to help, but Josiah would have none of it. Suddenly the fish took a turn toward Josiah and the reeds in front of him. His line and fish became tangled in the bulrushes. Without hesitation Blake's friend waded into the murky water and literally manhandled the giant fish to shore.

Until next week my friends, bye now.

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

**TROUBLE WITH PAPER DELIVERY?****Christy Brown**, Distribution Mgr.: 204-467-5836

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# Victoria Beach to mark 100th anniversary in August

By Patricia Barrett

The municipality of Victoria Beach has plans well underway to celebrate the community's centenary this August with over a week of fun-filled events and a huge Village Green party on Aug. 6, the day the Beach turns 100 years old.

Penny McMorris, who served on council for nine years and became Victoria Beach's first female reeve in 2018, is part of the 100th Anniversary Committee.

It includes five people on a Legacy Committee and a core group of six people overseeing events in Albert Beach, a musical production and tours and history of the Faith Bible Camp.

"This is a once-in-a-lifetime event for any community," said McMorris. "We have much to celebrate at Victoria Beach and will be encouraging our community to bike, hike and stroll around the many paths that are in place, some of which have been improved with the help of the Trans-Canada Trail and the Red River North

Trails Association."

Victoria Beach lies on a peninsula that is almost entirely surrounded by Lake Winnipeg and soft, sandy beaches. It's the smallest municipality in Manitoba. The community has restricted vehicular access for about 10 weeks during the summer and is off limits to most vehicle traffic. That allows residents and cottagers to enjoy a unique beach-going experience.

"The municipality owns and leases a seasonal store, bakery and café inside the vehicle restricted area," said McMorris. "Our permanent population is just under 400, but we estimate that our summer population swells to between 8,000 and 10,000, especially on busy weekends."

The Anniversary Committee is encouraging Beach families to create personal history boards that they can display at the entrance to their properties so that neighbours and visitors can learn about the rich history of the popular beachside community, its architecture and family lineages,

said McMorris, who married into the community and purchased a property there in 1990.

Dates are yet to be determined for tours of the old Faith Bible Camp on Elk Island. Local volunteers will be taking visitors through the cemetery and sharing the history of that area. And a musical called 100 Years of Victoria Beach will entertain the crowds at the East Beaches Social Scene on Aug. 10 and 11. Community members wrote and produced it and it will feature local talent.

"The French, Métis and Indigenous culture of our community is being celebrated on Aug. 5 in Albert Beach. Saffie's Store is the hub of these events. Aug. 6 is the actual anniversary date. A day of activities, speeches and entertainment is being organized in the Village Green," said McMorris. "We will be unveiling 16 Interpretive Panels – our legacy gift to the community – which tell stories through French and English and through historic photos at 16 locations in our

community. Three of those panels will be mounted on a structure in the Village Green."

McMorris says she already has many helping hands for celebration week, but estimates the RM will need 50-75 volunteers as all the events come together. She welcomes the participation of the Victoria Beach Cottage Owners Association and other community-based clubs. Anyone wishing to help can contact her at the RM office.

The RM is grateful to the federal government for its generous grant contribution through the Building Communities Through Arts & Heritage program, she said, and to local graphic artist Steve Boyd for designing the official 100th Anniversary logo.

The eight-day celebration will run from Aug. 5-12 with plenty of activities for the kids. Visit the Victoria Beach 100th Anniversary Facebook page for updates.

# Lower Fort Garry ready to welcome visitors this summer

By Gabrielle Piché

Lower Fort Garry reopened its doors to the public earlier this month and is now ready to welcome thousands of visitors this summer.

Starting in July, the fort will have specialized activities on Friday evenings, which it's calling its Friday Campfire Series. There will be ghost tours, lessons on how to brew beer, and storytelling and bannock over a fire.

The fort's website has a calendar showing the campfire series' dates. As it's done in the past, Lower Fort Garry will host events that recognize Indigenous groups.

On Monday, July 1, Canada Day, the fort will put on its second Métis Friendship Celebration. The day will mix Canada Day festivities with Métis dancing, music and activities.

Lower Fort Garry is a national historic site, and it's part of Parks Canada. Parks Canada is hosting a Treaty 1

commemoration on Saturday, Aug. 3 at the fort. On the same day in 1871, Swampy Cree nations, the Ojibway and the Crown signed Treaty 1 at Lower Fort Garry.

Admission to the fort on Canada Day and Saturday, Aug. 3 will be free for everyone.

This year, Lower Fort Garry has seniors' discounts on Mondays in July and August. Seniors can take a transportation buggy to the site and get a 10 per cent discount at the fort's gift shop and restaurant. Youths 17 and under have free admission to the fort all summer.

Lower Fort Garry closed early last year for renovations. Its buildings got new roofs and windows, and the site's drainage system was revamped.

Elise Wood is a visitor experience manager for Parks Canada. She said returning visitors shouldn't notice a major difference in the fort this year.

"That's the interesting part about heritage building work, not a lot should change," Wood said. "All the changes that we are putting in place is to further preserve it so that things can stay the same."

There are ongoing renovations this summer, but they shouldn't be too noticeable, Wood said.


Ross Cottage will be closed to the public near the end of August for

repairs, and a bridge leading over a creek will also close for repair near the end of summer.

"This won't have a big impact on visitors because there are other ways to access the site," Wood said.

Lower Fort Garry will be open from 9:30 a.m. to 5 p.m. on regular days. The fort officially closes on Monday, Sept. 2.

SERVICE CLUBS - Serving our Communities			<i>SelkirkRecord</i>
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<p></p> <p>LISGAR LODGE #2 SELKIRK</p> <p>Stephen Gwynn 204-482-6656 lisgarlodge@outlook.com</p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba.</p> <p>Meets every third Wednesday of the month except, no meetings January, February, July and August Meetings begin at 7:30.</p>	<p><b>REMORA #26</b></p> <p></p> <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	<p></p> <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions:</p> <p>Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives.</p> <p>200 Eaton Ave, 482-7176 www.selkirkbiz.ca</p>	<p><b>WEST ST. PAUL LIONS CLUB</b></p> <p>Glen Rossong Membership &amp; Sponsorship</p> <p>204-338-7291</p> <p>Meetings first Monday of every month.</p>




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# SDCF grants nearly \$361K to local organizations

By Justin Luschinski

The Selkirk Food Bank picked up all its donations with a diesel truck that was almost 20 years old. It was so old, repairing and maintaining it started eating into their bottom line, taking away money that would go to feed many hungry Selkirk residents.

Thanks to a \$10,000 grant from the Selkirk and District Community Foundation (SDCF), they were able to purchase a relatively new van.

The community foundation held their annual grant awards evening last Wednesday evening at Selkirk United Church. In 2018-19 the foundation granted a total of \$360,858 to 79 projects and local organizations, including the Selkirk Food Bank.

Other grant recipients included Inclusion Selkirk, the Selkirk Friendship Centre, Selkirk Community Arts Centre, and the Manitoba Marine Museum.

For some organizations, they greatly rely on the support from the SDCF to continue operating.

Sig Banmann, chairman of the board for the Selkirk Food Bank, says the grant enabled them to purchase a truck that didn't constantly need maintenance.

"We were in dire need of a new truck. Our current truck is an old 2000 diesel, and it got to the point where the cost to operate it was affecting our bottom line," Banmann said. "We have lots of food donated through (Winnipeg Harvest), but certain things like milk, baby food, eggs, we need to buy those."

"We purchased a 2017 van, it's quite a big upgrade."

Banmann added their former vehicle had no air conditioning, which made driving it a pain for their staff. Thankfully, the new van will keep their staff cool as they deliver life-saving food to residents in need.

The SDCF is a non-profit charitable organization that grants money through endowment funds. When someone donates to a specific fund,



RECORD PHOTO BY JUSTIN LUSCHINSKI

Sig Banmann, of the Selkirk Food Bank, addresses the crowd after the local food bank received a \$10,000 grant from the Selkirk and District Community Foundation during their annual grant awards evening last Wednesday. The money is being used to purchase a new delivery vehicle for the local food bank.

**"IT'S WONDERFUL TO SEE THIS MONEY GO TOWARDS FUNDING GREAT PROJECTS THAT MAKE OUR COMMUNITY BETTER."**

that money is invested and managed, and the SDCF grants the interests to various organizations. Usually, when

a resident donates to a non-profit, that money is used up, and the organization has to seek additional funding to operate. But when that money is donated through the SDCF, that money will continue to generate interest in perpetuity, which means a more consistent source of income for community organizations. The Winnipeg Foundation operates much in the same manner.

Gord Henrikson, SDCF chairperson, said it's great to see the foundation have a positive effect on the community.

"It comes with a lot of responsibility. We're managing donors money, we're an organization with a lot of opportunities. We invest that money

smartly, and we get to give that money back to the community," Henrikson said. "That feeling is incredible. We're unique in that we get to see the results firsthand."

"It's wonderful to see this money go towards funding great projects that make our community better."

Henrikson added that they will start addressing some of the challenges shown in their Vital Signs report in the near future. The No. 1 problem the report mentioned was housing including affordable housing for low income and residents living with disabilities.

For more information about the community foundation, visit [sdcf.ca](http://sdcf.ca).

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# Garage sale brings community together



RECORD PHOTOS BY JUSTIN LUSCHINSKI

The St. Andrews Community Club once again played host to the seventh annual Gordon's Garage Sale last Saturday and Sunday. This year's event helped raise between \$9,000 and \$10,000, according to organizers, which will go towards local music programs and to the St. Andrews Community Club.



# Dozens walk for MS



RECORD PHOTOS BY GABRIELLE PICHÉ

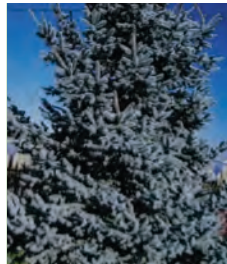
A total of 10 teams and 79 walkers took part in this year's MS Walk in Selkirk last Sunday. Participants met at the Canalta Hotel in Selkirk before leaving on a two kilometre or five kilometre walk. Funds raised at MS Walks are invested in accelerating the pace of MS breakthroughs and work to empower people with MS to live their best lives.



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# Selkirk high school students fundraising for Kenya trip

By Justin Luschinski

A group of Selkirk high school students are seeking your help to build a school in Kenya.

Grade 10 students at the Comp are looking to fundraise roughly \$8,000 for a school trip to Kenya, Africa, in 2020. They're raising money for not only the trip, but to outfit a classroom with furniture and school supplies, before they head over to help build the school itself.

Greg Schettler, one of the teacher organizers of the Kenya 2020 trip, says they're hoping to give the students a philanthropy mind set.

"We want these kids to develop leadership skills. We also want to teach them, if we're going all the way to Kenya to help there, we have to look at philanthropy here (in Selkirk)," Schettler said. "Think globally, but act locally. We want them to know that they're living a good life and think about how they can help people around the world as well as in Selkirk."

Schettler said the students have been very enthusiastic about this opportunity, volunteering to help plan for the trip, as well as how to fundraise. The school has sponsored a philanthropy trip every second summer since 2014.



RECORD PHOTO BY BRETT MITCHELL

Comp students talk about their Kenya 2020 trip during the Selkirk Biz and Lord Selkirk School Division's first annual Catfish Den on April 11.

In 2016, students went to Ecuador, and in 2018, Peru.

The class took part in the Selkirk Biz and Lord Selkirk School Division's first annual Catfish Den on Thursday, April 11, petitioning local business

owners to help fund their trip. They ended up winning, gaining about \$1,335 towards their goal, which they have since raised to around \$2,000.

Some students say they feel like volunteering is in Selkirk's spirit.

Spencer Grahame, Talin Thompson, and Kylie Fissel made the presentation at the Catfish Den. Their classmates helped write the words, but they were on stage trying to win money towards building the school.

Grahame said volunteering is just something you do here.

"Selkirk's always been like that. We've been raised to just do it. We've been raised around people who've volunteered. I wouldn't say it's like an expectation, it's just something that we should do," Grahame said.

Fissel said the students leapt at the opportunity to do more.

"You hear about people coming together all the time. That's how it goes around here, it's normal. (Selkirk residents) help each other out. So when you hear about something like this, you don't think about it, you just say 'sure, let's do this,'" Fissel said.

The students hosted a quiz night on April 30, in the school's cafeteria, to raise money for the trip. They'll also be putting together a cookbook, which will come out later this year.

For more information about the trip or to make a donation, call Greg Schettler at 204-803-9673.

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## BBQ raises \$2K for Growing Years



RECORD PHOTO BY BRETT MITCHELL

Stan Halbesma, owner of Harry's Foods in St. Andrews, pictured centre, presents staff from Growing Years Family Resource Centre in Selkirk with a \$2,000 donation earlier this month. The funds were raised during a grand re-opening fundraiser barbecue at Harry's Foods earlier this month.



# Selkirk earns asset management award

## Staff

When the City of Selkirk was announced as the winner of the 2019 Canadian Network of Asset Managers' (CNAM) Tereo Asset Management Award, it was a bit of a shock to City of Selkirk staff in attendance that night.

When the prairie city of just over 10,000 residents was thrust into the spotlight at the CNAM conference in Kelowna, B.C., on May 8, it was a pleasant surprise for Selkirk.

"In less than five years we've gone from no asset management work in the city to winning the national award for asset management leadership," Selkirk CAO Duane Nicol stated in a release. "It's a really big deal."

The city's win is credited to its commitment to using the principles of asset management to integrate its Climate Change Adaptation Strategy into day-to-day city operations.

Whereas climate change mitigation includes work to reduce the production of the greenhouse gases that cause global heating, climate change adaptation is a term used for the work done to prepare for the negative consequences of a warmer, more chaotic climate.

"It's easy to talk the talk when it comes to climate change, but much harder to walk the walk and I'm proud to say that City of Selkirk staff are putting words into action," Selkirk Mayor Larry Johannson said. "With council firmly behind them, they've taken charge on both asset management and climate change. I'm excited with this incredible honour, the Tereo Award, but I'm even more excited to see everyone coming to work and

making this a reality. The things they are doing are in many ways for the benefit of a future generation, and I think it's fantastic that they have the vision to do the right thing today for a better tomorrow."

Pious Maposa, CNAM Board Member and Chair of the Awards and Recognition Committee, said the award recognizes excellence in developing and implementing asset management approaches that lead to significant improvements in organizational performance.

"The innovation of Selkirk's approach to Climate Change Adaptation relied on combinational possibilities of community knowledge and leading science, focused on assets and the services the assets provide including the impacts of climate change on the delivery of municipal services," Maposa said. "As an example, each adaptation action that was developed ensured that municipal service is maintained at an acceptable level of service as the climate continues to change."

The city says it owes a debt of gratitude to the Federation of Canadian Municipalities (FCM), which selected Selkirk as one of 19 communities to participate in CAMN's first phase, offering peer-learning opportunities, training, and funding to help Canadian municipalities integrate climate change and sustainability goals systematically into decision-making about infrastructure assets.

"The FCM's contribution to our success can't be understated," Nicol said. "Without FCM support, there is no Tereo Award for the City of Selkirk."

# Acting in Hollywood film 'an exciting experience' for local girl



**RECORD PHOTO BY JUSTIN LUSCHINSKI**  
Three-year-old Emma Volk of Selkirk poses for a picture at the Selkirk Waterfront on April 30. Emma recently appeared in "A Dog's Journey," the sequel to the heartwarming movie, "A Dog's Purpose."

By Justin Luschinski

A three-year-old girl from Selkirk recently appeared in "A Dog's Journey," the sequel to the heartwarming hit movie, "A Dog's Purpose."

Emma Volk's role in the film was playing a younger version of "CJ," one of the principal characters. The sequel as well as the original were partially filmed in Selkirk and Emma was featured prominently in the movie's promotional material, which was shown on the "The Ellen DeGeneres Show."

Jill Volk, Emma's mom, said it's been a very exciting time for the local family.

"It's an exciting experience, once in a lifetime opportunity for Emma. She loves dogs, she really connected with the dog on set, and she really enjoyed it," Jill said. "The days were long, there was lots going on, some of it she didn't know how to handle it. But she seemed to enjoy it. And everyone on set loved her."

Emma worked alongside a dog named "Odin," a large white and brown dog who grows up with her character. Jill said Emma really loved Odin, and they seemed to

work really well together. Emma also got to work with stars including Denis Quaid and Marg Helgenberger.

Emma said she had a lot of fun.

"I remember Odin. I really liked him," Emma said. "(I've also) never been on a plane before. It was great!"

"A Dog's Journey" premiered on May 9 in theatres. Emma and her mother also attended a red carpet premiere on May 9, at the ArcLight Theatre in Hollywood, California.



## Ukrainian market

**RECORD PHOTO BY JUSTIN LUSCHINSKI**  
Troyanda Ukrainian Dance Ensemble's Spring Market took place at Selkirk Memorial Hall last Saturday.

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# Modern-day treasure hunter searches Interlake for rare finds

By Ty Dilello

Selkirk's Robert Unik, a shops teacher at John G. Stewart School in Winnipeg, has made metal detecting a major hobby of his in the eight years he's been at it.

Equipped with his trowel and Garrett AT Pro International metal detector, Unik heads to places he doesn't think have been explored before and lets his metal detector go to work, finding old coins and artifacts virtually every time.

It all started when he was asked to help find a wedding ring and has spiraled from there ever since.

"My next-door neighbour lost her wedding ring in her garden and it dawned on me that my mom had an old metal detector in her garage so I ended up finding her wedding ring and that was fun," recalls Unik. "I would later start walking around parks and stuff like that with my metal detector and it got me hooked. Eventually I started to look around and find a better-quality metal detector and that's where it really took off."

Over the years, the rarest item Unik



SUBMITTED PHOTO

Some of Robert Unik's top finds over the past few years include a 4500 year old spearhead, Hudson's Bay Company traders axe and a 1658 Swedish coin.

has found is a 4500-year-old copper spearhead.

"We sort of had permission from

the Selkirk Mental Health Centre to search around and behind the building as there were soccer fields and baseball diamonds back there," recalls Unik. "And with this group, I found the spearhead. It just looked like old copper, so we kept walking and someone said it looked like a spearhead. I took it home, cleaned it up and put it on Facebook, where someone said that it's a copper spearhead. So I kept doing research and eventually brought it to a museum where they confirmed what it was and that it was likely 4500 years old."

Some of the other rare artifacts and coins found include an 1859 large cent (the second year Canada had its own money), 1806 British half penny, American sitting liberty 25 cent piece, 1877 American sitting liberty half dollar, 1921 Morgan silver dollar, 1820 copper kettle arrow head, early 1800's bone handle knife found on an eroded river bank, and a 1850 Hudson's Bay Company traders axe that was most likely hand forged at Lower Fort Garry.

"My oldest penny is a Swedish coin

from 1658 and I found it last year at Loni Beach when the water levels in the lake were very low," says Unik. "I was finding coins from the 1920's and early 1900's, but then I found this thing about four or five inches under the sand and I thought it was a button so I put it in my button jar! This winter I was washing and cleaning it up because I knew it was silver so I was going to put it in a silver solution and it turns out that it's a coin from a Swedish king in the 1650s. I'm assuming someone from Icelandic heritage brought the coin from Sweden and maybe a fisherman dropped it in the lake by accident or something."

Unik tries to go out most evenings if he can and explore, finding new coins and artifacts every time he goes out.

If you have an older private property and would be interested in having it searched, find Unik on Facebook or give him a call or email at 204-981-6355/Unik1@shaw.ca.

"I like to try and find people's history and just give it back to them. It's more of the 'what's in the next hole' for me at this stage."

## Red River photography group looks to expand its membership

By Becca Myskiw

A local photography group is looking to gain more members for future meetings.

The Red River North Photography Group shares their pictures with each other once a month at the Gaynor Family Regional Library in Selkirk.

The group has been meeting since 2015 when they had over 20 members, but they now only have eight members.

John Dalebozik started the group because of his own fascination with photography. He started his hobby seriously eight years ago and knew there were other photographers in the area, so he started the group. The biggest hurdle for Dalebozik was getting people to come back and to understand that photography takes time.

"It takes time to learn the skill," said Dalebozik. "You've got to practice, practice, practice."

Dalebozik said the photography group meets to share the photos they've taken based on the

theme of the month. The theme for May was "signs of spring."

"We leave [the theme] very open to the imagination of each individual photographer," he said. "Everyone perceives things differently."

When each photographer shares their photos, other group members offer advice for the ones they struggled with. Dalebozik said everyone learns something from each other at every meeting.

Anyone with an interest in photography is welcome to join the Red River North Photography Group. Members range from beginners to professionals and they use cell phone cameras, DSLRs, point and shoots, drones and



more.

The group has a Facebook page with over 150 active members and allows anyone to join. Meetings are always on the last Thursday of each month at the library.



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# Hotdogs, history and family



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Both Skinners restaurant locations in Lockport celebrated the establishment's 90th anniversary last Saturday and Sunday. The celebrations included live music, face painting, giveaways, clowns, mascots, fireworks and restaurant specials. Attendees were also able to buy one hotdog, and get the second one for 10 cents, the price they were back in 1929.



# PET of the Month

## Winner May 2019

*Willow*

*Fun Fact: This is Willow who just turned 3. Willow loves to be outside and to chase reflections or laser lights!*

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# get inspired

> MEAL IDEAS



Serves 4 as an appetizer or snack  
1/2 cup Basic Chicken Stock (see below)  
2 tablespoons minced lemongrass  
6 kaffir lime leaves, torn or cut in half (optional)

1/2 cup dry white wine  
1 fresh hot red or green chili, preferably Thai, thinly sliced (deseeded if you prefer less heat)

2 tablespoons fish sauce (nam pla)  
1 tablespoon palm or brown sugar  
2 small handfuls, about 1/2 cup, of fresh coriander leaves (cilantro), finely chopped

1 pound fresh mussels, debearded and scrubbed clean

1 clove garlic, minced

2 teaspoons all-purpose cornstarch dissolved in 1 tablespoon water

Fresh basil leaves for garnish

Fresh coriander leaves (cilantro) for garnish

Lime wedges

1. Pour the chicken stock into a wok or large skillet. Add the lemongrass and kaffir lime leaves, if using. Bring to a boil over high heat, then reduce to moderately high.

2. Add the wine, chili slices, fish sauce, palm sugar, and fresh coriander leaves. Stir to combine. When the sauce is gently boiling, add the mussels. Stir to combine and cover with a tight-fitting lid. Cook for 2 to 3 minutes.

3. Remove the lid and gently stir in the mussels. If some of them still haven't opened, put the lid back on and cook 1 more minute.

4. Reduce heat to low and add the garlic and stir gently. Push the mussels to the side of the pan. Add the all-purpose cornstarch mixture to the liquid in the pan, stirring until thickened. Once

RED RIVER CO-OP FOOD STORE

## Steamed Mussels in Lemongrass and Basil

thickened, stir to combine.

5. Remove from heat. Scoop or slide the mussels into a large serving bowl (or individual bowls). Pour the remaining sauce on top. Garnish with basil and fresh coriander leaves. Serve immediately with lime wedges on the side.

Cook's note: It's best to purchase mussels right before cooking, but if bought in advance keep them moist on ice in the refrigerator. Just before cooking, scrub them with a stiff brush under cool running water and trim off beards if they have them. If any are open, tap the shell. If they don't close tightly, discard them. If they don't open when cooked, also discard them.

Basic Chicken Stock

Makes 2 quarts

2 1/2 pounds boney chicken pieces

3 1/4-inch slices peeled fresh galangal or ginger

4 garlic cloves, smashed

2 stalks lemongrass; use the bottom 6 inches of the stalk with outer leaves removed, smash with knife

2 quarts water

4 ounces coarsely chopped fresh coriander stems (cilantro)

Fill a stock pot two-thirds full with water and bring to a boil. Add chicken bones and boil for 3 minutes. Pour out the water and rinse the bones. Return the bones to the stock pot. Add the galangal, garlic, lemongrass, and water. Cover and bring to a boil. Reduce the heat to medium low. Skim the fat and foam off the top. Add the fresh coriander stems. Simmer uncovered for 2 hours, continuing to skim the foam off the top frequently. Strain and cool before storing in the refrigerator.

## CROSSWORD

### CLUES ACROSS

1. Partially burn

5. Mind

11. Those who build again

14. Small chapel

15. Hot fluids

18. Makes beer

19. It can be done

21. Take to court

23. Line the roof of

24. Middle Eastern peoples

28. Longtime film critic

29. University of Dayton

30. Coat with plaster

32. Wife

33. Famed NY opera house

35. Health insurance

36. Inches per minute (abbr.)

39. Longtime London Europe Society chairman

41. Pa's partner

42. Lump of semiliquid substance

44. Grasslike plant

46. Large, wild ox

47. Make a mistake

49. A type of light

52. Books

56. Bothers

58. Two-colored

60. December 25

62. Save

63. Bangladeshi money

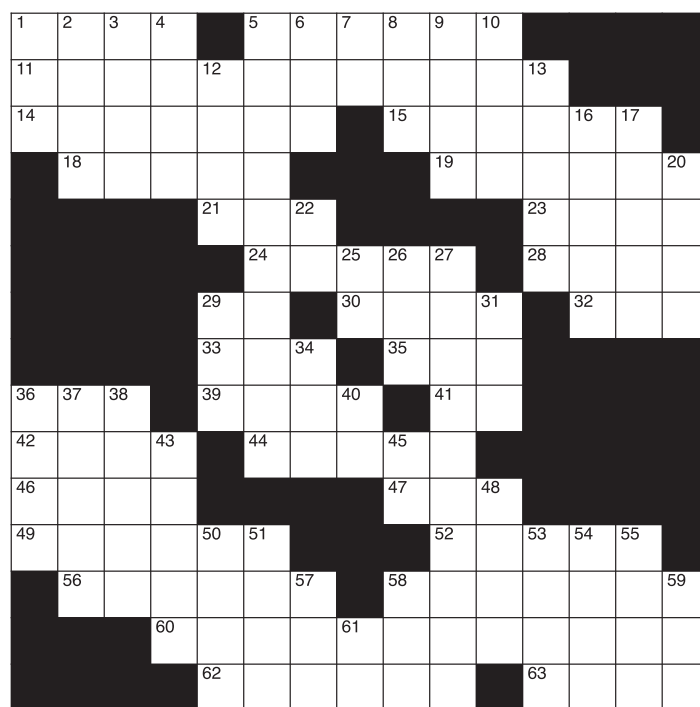
### CLUES DOWN

1. Research exec (abbr.)

2. Famed jazz musician Alpert

3. Sixth month of the Jewish calendar

4. Network of nerves



5. Those who convince

6. Slick

7. Hello (slang)

8. Cost per mile

9. A type of honcho

10. Consequently

12. Couples say them aloud

13. Sharp slap

16. On a line at right angles

17. More guileful

20. Chipotle founder

22. Trauma center

25. Commercial

26. "\_\_\_ humbug!"

27. Relaxing period

29. Calls balls and strikes

31. Decorative scarf

34. Korean family name

36. Antagonizes

37. Buenos Aires capital La \_\_\_

38. Exhibit grief

40. Gadolinium

43. Half-tamed horse (slang)

45. American conglomerate

48. Cape near Lisbon

50. Quantum physics pioneer

51. Medieval England circuit court

53. To the highest degree

54. Spanish city

55. Saturate

57. Female sibling

58. British thermal unit

59. Scandinavian wool rug

61. Sports highlight show (abbr.)

Please see classified section for Answers

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk defeats Garden City in KPAC baseball final

By Brian Bowman

For the first time in several years, the Selkirk Royals are headed to the MHSAA baseball provincials.

Selkirk earned that right after slipping past the Garden City Fighting Gophers 5-4 in the KPAC final last Wednesday at Shaw Park.

"It's a big win for us and the boys were really excited," said Royals' coach Trevor Churchill. "It was definitely a tough game with terrible field conditions."

Selkirk's Kevin Burnett scored the game-winning run from third base on a close play at the plate after a passed ball eluded the Garden City catcher in the bottom of the seventh inning. The Royals had one out and the bases loaded when Burnett scored the deciding run.

The Royals led 2-0 but the Fighting Gophers took the lead when they scored four runs in the fifth inning. Allen started the game on the mound and was relieved by Burnett in that inning.

"It was an interesting game," Churchill admitted. "Kevin came in cold and had some struggles and we were down by two. The boys were

down but we held our heads (up) and battled. It was good victory - a good gut-check - for the boys."

Selkirk was the lone team to finish the KPAC season undefeated. That's a huge turnaround from the past few seasons for the Royals.

"For some of the boys like Liam Allen and Kevin Burnett that came in in Grade 10 and have gone through the lean years, it was nice to see them go out on that note."

Churchill also really likes the aggressive approach the Selkirk players have when they go up to bat.

"The one thing that I like about our team this year is that we go up to the plate and we have a hit-first mentality," he said. "We came up in the bottom of the seventh 9-1-2 and as soon as we got those two base runners we had Liam Allen, Kevin Burnett, Bennett Freiter (due up) and those are guys that have all played AAA. Those guys can pound the ball, so I thought, 'Ok, we got this' and sure enough (we won)."

"There weren't a whole lot of strikeouts. I think we had two Ks in seven innings, so everybody was putting the bat on ball."



RECORD PHOTO BY KEN ALLEN

The Selkirk Royals are the KPAC baseball champions after defeating the Garden City Fighting Gophers 5-4 in the league final last Wednesday at Shaw Park. Selkirk now advances to the MHSAA provincials, which will be held in Winnipeg this week.



The Selkirk Royals celebrate Kevin Burnett (44) scoring the game-winning run in the bottom of the seventh inning of the KPAC final.

## Turners talented in Taekwondo



The Turner brothers, originally from Selkirk and now residing in Beausejour, won medals at the 2019 Invitational Taekwondo Community Challenge last Saturday at the University of Manitoba. The competition consisted of three categories: Patterns (Poomsae), Sparring and board breaking. Colby Turner, aged five, won silver in all three categories while Riley Turner, 10, won gold in board breaking and bronze in patterns. Colby is currently a yellow belt and joined the Beausejour Spirit 1 Taekwondo Academy this past September. Riley is a yellow stripe who joined his brother in February.

RECORD PHOTO SUBMITTED

Selkirk now advances to the MHSAA provincials, which will be hosted by Garden City at St. James Optimist Park.

The Royals have high expectations heading into the provincials.

"The KPAC final was the first time that we had our whole lineup," Churchill noted. "We've always been missing a guy here or a guy there. That was the first time that we had,

what would be, our starting nine on a regular basis. There's no doubt about it, there's going to be some good teams (at provincials) and it will be real tough but we're excited to see where we were seeded and who we are up against in our pool."

The Royals will begin play Thursday but the provincial schedule had not been released by press time.



# Golfing greatness

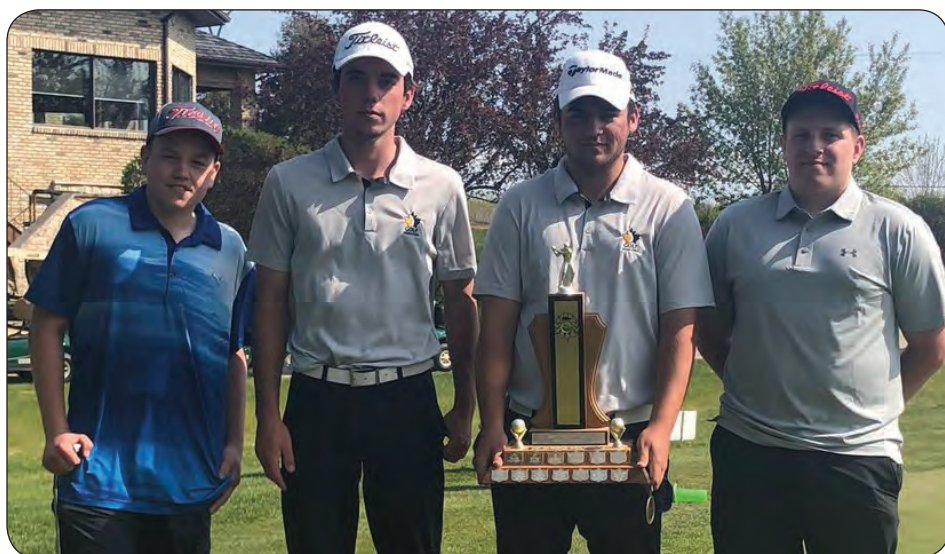


PHOTO SUBMITTED

The Selkirk Royals boys' golf team won their second straight tournament this spring. Brady Bandura had a low score of 72 at the MBCI tourney. On the girls' side, Selkirk's Mikyla Albert fired a low round of 73. Pictured left to right, Adam Trudeau, Eastoon Donohoe, Brady Bandura, and Kason Andrusko.



Mikyla Albert



Brady Bandura

## Sandstorm wins bronze at nationals



RECORD PHOTO BY  
CRAIG KULCHYSKI

Lockport's Chanel Kulchyski led the Sandstorm Volleyball Club to a bronze medal at the 16U girls' club volleyball national championship in Regina earlier this month. Sandstorm defeated Insanity 2-0 in the bronze-medal match.

# Langlais makes MJBL history

By Brian Bowman

Garson's Brittney Langlais made Manitoba Junior Baseball League history earlier this month.

Langlais became the first woman to play in the MJBL in its 43-year history.

She entered the game in the fifth inning as an outfielder as her Interlake Blue Jays lost 16-9 to the defending-league champion Elmwood Giants on May 10.

"I think it's pretty cool," she said of her accomplishment last Thursday afternoon. "I honestly didn't know I was the first one until someone told me. It wasn't something that I was trying to achieve or anything. I've always been trying to play the highest level of baseball in Manitoba."

"But it's definitely cool to be the first woman to do it and it sets a good example for younger female athletes that want to play baseball at a high level in Manitoba."

Langlais, herself, simply wants to play at the highest level of baseball possible.

"It's the next level up for me, which is good," said Langlais, who grew up playing at various levels with the North Winnipeg Pirates AAA program. "I have played against some of the guys before in AAA so it's not that big of a change."

Besides playing in the outfield, the 20 year old is also a pitcher and was eagerly awaiting her first opportunity to take to the mound with the Blue Jays.

Langlais, meanwhile, is also making a name for herself playing women's baseball. Last summer, she participated in Baseball Canada's national camp and has been a member of Team Manitoba, which competed at a 21-and-under Invitational tournament in Stonewall the past two summers.

In July, she will play at an elite women's tournament in Okotoks, Alta. and then will represent Manitoba once again in Ottawa in August.

Her major goal, she said, is to make Team Canada in time for the 2020 Women's Baseball World Cup.

To prepare for this summer's busy schedule, Langlais, Manitoba's female player of the year in 2018, spent this past winter playing baseball with the Rouse Hill Wildcats of the New South Wales Women's Baseball League in Australia.

She also played for the New South Wales' women's state team, which was made up of the best players from that area. They travelled to Canberra for nationals in late April.

"I would say that the level of women's baseball in both Canada and Australia is very comparable, other than the fact that in Australia, they

have women's leagues instead of having the females compete with the males," she noted.

"I think this is a great thing as it allows more females to play the game, therefore, leaving Australia with more females in the sport than there is in Canada."

The experience of playing baseball and living in Australia was a unique one. Langlais was very grateful for the opportunity and feels she is now a better pitcher from the experience.

"It was always my dream as a little girl to travel for baseball but I never thought it would take (me) all the way to the other side of the world," she said, noting she developed a curve ball in Australia.

"I am very grateful for all the places baseball has taken me and I am, for sure, very lucky.

I have had amazing support from my parents and friends along the way."

Langlais threw plenty of innings in the land down under and was able to fine tune some things on the mound. She doesn't throw particularly hard, so throwing strikes, changing speeds, and hitting her spots are a must if she wants to get batters out.

"In the past, I have always relieved mostly because of the speed difference," said the 5-foot-5 right-hander. "I max out at 72 but if I hit my spots, it's just as effective as throwing mid-80s."

"IT'S THE NEXT  
LEVEL UP FOR  
ME, WHICH IS  
GOOD,"



# Royals win KPAC varsity girls' track and field banner

By Brian Bowman

The Selkirk Royals had several outstanding performances at the KPAC track and field meet last week.

Many of those great efforts were in the varsity girls' events as Selkirk won the KPAC banner.

"That was the highlight of the meet," said Royals' coach Scott Gurney. "We had a lot of kids do really well individually but it's always nice when you get a banner and they were really excited about it."

In varsity girls' action, Carly Kazuk was first in the 400-metre race, finishing with a time of 1:03.01. She was also second in the 100m (12.59) and third in the 200m (26.71).

"She had a great meet...and was on the relay team that won it," Gurney said. "She ran a great anchor leg and she took us from second place to first. She was one of our multiple medalists that day."

Asha Gurney was the fastest in the 80m hurdles with a time of 16.62. She was also the best in the high jump, clearing the bar at 1.5 m, and was tops in the javelin (with a throw of 28.94m).

Rebecca Waito was fifth (21.69m) while Hunter Gamache was sixth (15.08m) in the javelin.

Waito did very well in the discus, winning the event with a throw of 27.11m.

She was also good in the shot put, placing second (7.75m), while Madison Lezzi was seventh (7.02m) and Gamache finished eighth (6.34m).

Lezzi placed sixth (20.99m) in the discus while Gamache was eighth (17.32m).

The Royals' team of Kazuk, Gurney, Julie Sowany, and Anna Sternat was tops in the 4x100m. They crossed the finish line in 55.12 seconds.

Sternat was third in the 800m with a time of 2:50.11 while Sowany was seventh in the long jump, landing in the sand at 3.63m.

On the varsity boys' side, the Royals' Ben Kelly was fantastic, winning the javelin (41.88m), shot put (11.25m), and the discus (35.03m).

"The story was Ben Kelly, he had three firsts," Gurney said. "He's a hockey guy and he's done a ton of training...he's pretty fit right now and it's really showing in his throws."

Jeremy Rusk was third in discus (25.39m) and sixth in shot put (9.53m).

Heath Kurys placed second in the 400m with a time of 55.02 and was fourth in the 800m (2:10.43).

Cam Gayleard was sixth in the 100m (11.83) and also finished sixth in the 100m with a time of 11.83.

Gayleard was also eighth (5.26m) in the long jump while teammate Tyler Stoesz was 13th (4.92m).

In the multi event, Luke Fjeldsted competed in the long jump (4.71m), high jump (1.6m), and 100m (11.84).

Selkirk's relay team of Kelly, Gayleard, Terrence Tong and Stoesz placed fourth in the 4x100m with a time of 48.81.

Special Olympics action saw Loughlin McKay place first in the 100m (14.45) and the shot put (5.85m).

In junior varsity girls' action, Brooke Sumka was sensational in the 100m, winning the race with an impressive time of 12:53. She also won the triple jump (9.76m).

"She looked pretty sharp in (the 100m)," Gurney said. "Brooke has had some injuries and hopefully she's coming out of it. She looked really good in the 100 and triple and those are the two main events



RECORD PHOTOS BY MATT PEARSON

The Selkirk Royals' Brooke Sumka finished first in both the junior varsity 100-metre race and triple jump. She was also fourth in the long jump.

for her."

Mia Loeppky was tops in the long jump (4.5m) while Sumka finished fourth (4.29m) and Korlyn Dube was 14th (3.78m).

Loeppky also placed third in the triple jump (9.14m).

Annika Goodbrandson was outstanding as she broke a KPAC record in the discus with a great throw 32.43m. She was also tops in the shot put (8.17m) and placed second in the javelin with a throw of 21.89m.

Megan Duff placed ninth in the gruelling 3000m. She finished the race in 18:44.97. Duff also competed in the 1500m, placing 15th with a time of 7:33.14. She was 11th in the 800m (3:37.71).

Junior varsity boys' events saw Selkirk's medley team of Brayden Wiebe, Evan Skrupski, Owen Partyka, and Ethan DeGroot place first overall with a time of 4:26.29.

The shot put was won by Selkirk's Benjamin Olafson after a throw of 14.21m. Olafson also placed second in the discus (30.86m).

Soren Eramchuk was third in the long jump after landing at 10.70m.

Wiebe finished sixth in the 200m (25.50) and also the high jump (1.6m). Partyka was eighth (1.55m) in the high jump.

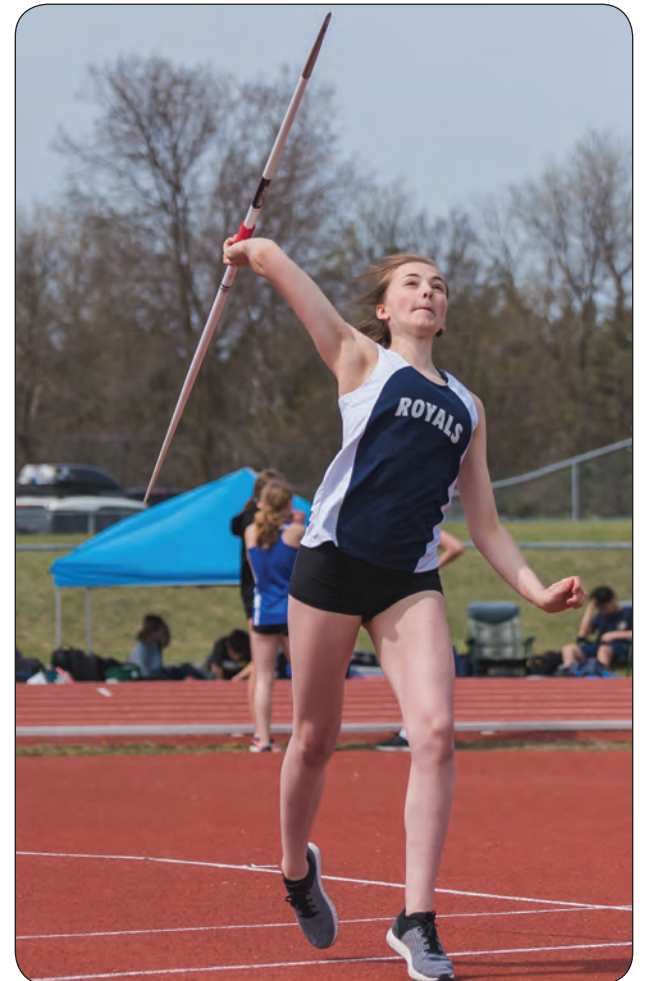
Skrupski, meanwhile, placed fourth (5.32m) in the long jump while DeGroot was 11th (4.73m) and Talin Thompson 13th (4.48m). Thompson was also fifth in the triple jump (10.20m).

The javelin event saw Skrupski place third (32.70) while Wiebe was fourth (32.22m), and Partyka 10th (25.57m).

Anyone in the top three placings at the KPAC event now advances to the MHSAA Provincial Championships from June 6-8 at the University of Manitoba's Pan Am Stadium.

The Royals are eagerly looking forward to competing among the top high school track and field athletes in Manitoba.

"We're obviously pretty excited about the varsity



Annika Goodbrandson placed first in junior varsity girls' shot put and second in the javelin and discus at the KPAC mee in Selkirk last week.



Ben Kelly was tops in the varsity boys' discus, shot put, and javelin at the KPAC meet.

girls and the JV girls aren't going to be any slouches, either, although there isn't going to be as many of them," Gurney said. "KPAC is a good zone and it's always competitive so we'll be able to compete at that (provincial) level."



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk athletes have a ball at Invitational Youth Games

By Brian Bowman

Selkirk was very well represented at the inaugural 2019 Special Olympics Ontario Invitational Youth Games in Toronto earlier this month.

The Selkirk Royals sent a team to compete in bocce ball while the Ecole Selkirk Junior High Suns had a squad participate in basketball.

Players and coaches from both teams had a blast at the three-day event which attracted an estimated 2,000 athletes and 500 coaches from seven different nations.

"It was a pretty unbelievable event, actually," said Kyle Michalski, who coached the Royals along with Jeff Tuininga. "I don't think we fully understood how big these youth games were. It was the first time that they had hosted something of this magnitude."

Athletes and coaches stayed at various residences at the University of Toronto and ate their meals down in the cafeteria.

"We were kind of living the dorm life," Michalski noted. "It was like a true athletes' village, per say, and the opening ceremonies featured performances from musicians. They had a torch relay come in with the cauldron and it was live-broadcasted on TSN for families to watch back home. They didn't spare any cost for the games, they really went all out and showed these kids just how special they are."

All of the athletes had a very special time making new friends while creating last memories. There was also a closing ceremony and a three-hour athlete dance.

"These kids were treated like royalty while sparing no expense so I can't picture how they wouldn't take these memories and remember them for the rest of their life and have it affect their life as well," Michalski said.

Michalski said her athletes played very well in bocce, beating a very good Citadelle team 8-2 to finish fifth in their division. Citadelle earlier defeated Selkirk 9-2 on the first day of the competition.

"We were making shots that I can't even describe," Michalski recalled. "The kids were definitely getting better as the tournament went and we're learning more about the strategy in bocce. At the start, they were kind of throwing the ball wherever but, by the end, they were calling their own

games and making their own shots."

Away from the competition, the Royals were able to visit the Eaton Centre mall, the CN Tower, and also had a chance to check out Ripley's Aquarium.

They also had a chance to meet Jeff Trapp, a graduate of the Comp back in 1985. He is currently working in Toronto.

"That was so funny," Michalski recalled. "On the Tuesday, we were walking to watch the (Ecole Selkirk Jr. High's) basketball game and this guy noticed Selkirk Royals bocce and he said, 'Excuse me, where are you from?' and we said, 'Selkirk, Manitoba.' He said, 'I'm an alumni from there and he said this is crazy and he started listing off a whole bunch of staff members that he knew. 'He shook the kids' hands and wished them luck - it felt like the whole community was there to support them."

And it kind of was.

ESJH was also competing at the event and had a tremendous time with the Royals in southern Ontario. They were very impressed with the entire event right from the opening ceremonies.

"It was a blast, for sure," said Keith Landry, who coached the Suns along with Dan Murphy and Brandie Lev. "Getting to see these five kids of ours experiencing things they haven't done before (was amazing). Only two of them had ever been on a plane before so that was pretty neat. To see them be so successful out there where sometimes here in the school day, that's not the case."

"They were five great kids that had a great time and got to experience quite a situation with those games."

They also had a rare experience of checking out some really cool - and very expensive - cars.

"Our kids were really excited to see a lamborghini, or a ferrari, or a porsche," Landry said. "We were knocked out of the tournament early on the last day so we took them to the Lamborghini of Toronto dealership and they were awesome. They hosted us quite well. They let us go to the top floor to see all of the fancy cars and they were in awe there."

"That was pretty neat."

Michalski, meanwhile, wanted to thank the many people that have supported the athletes throughout this



RECORD PHOTOS SUBMITTED

The Selkirk Royals' bocce team had a great time competing at the Invitational Youth Games in Toronto last week. Selkirk defeated Citadelle 8-2 in the fifth-place game at the three-day event. Pictured, back row, coaches Kyla Michalski and Jeff Tuininga. Front row, from left to right, Ariana Hillier, Brittany Mercier, Fergus Campbell Delaloye, Loughlin McKay, and Diedrich Reimer.



The Ecole Selkirk Junior High Suns were well represented by the Special Olympics basketball team in Toronto earlier this month. Pictured, from left to right, Troy Boulanger-Berens, Brentin Thomas, Nate Olsen, Jordan McLauchlan, and Savannah Thompson. The team's coaches were Keith Landry, Dan Murphy, and Brandie Lev.

past school year.

"Our school division, our schools, and especially our (education assistants) that work with the students, and all of the other teachers that work with them," she said. I feel that Jeff

and I got to go on this amazing opportunity with them but it definitely doesn't go unnoticed everyone's efforts to get them there."



# Selkirk Royals slip past Springfield in lacrosse

## Staff

With the playoffs right around the corner, the Selkirk Royals are showing plenty of improvement on the lacrosse field.

This team looks a whole lot different now compared to a few weeks ago

"You can tell that they're getting a lot better, especially with how young the team is," said Royals' coach Josh Poponick. "They know the game now and understand it better. They're moving the ball better and we do have a couple of Grade 12s and this is their first

year. But you can tell that they're figuring it out even though they don't have as much time as the Grade 11s do."

On May 21, Selkirk slipped past the Springfield Sabres 5-4 at the Rec Complex field.

Braydon Budge and Aiden Einerson each scored twice for the Royals. Braeden Wryha tallied Selkirk's other goal.

The Royals outscored the Sabres 2-1 in the fourth quarter.

The win improved Selkirk record to 2-5 on the season. The Royals were scheduled to

play the West Kildonan Wolverines last Thursday in Transcona but the game was postponed due to a shortage of referees.

Poponick expected that the game will be rescheduled before the playoffs. The dates and location of the playoffs had not been announced at press time.

Poponick was not sure if the Royals would be competing in the provincial championship.

"It depends on how many players we'll have for that weekend," he said.



RECORD PHOTO BY LANA MEIER

Braeden Wryha scored a goal in Selkirk's 5-4 win over Springfield last week.

## Pleskach, Oilers ousted in Game 7 of ECHL Western Conference finals

### By Brian Bowman

A tremendous season by Adam Pleskach and his Tulsa Oilers came to an abrupt end last week.

Tulsa was defeated 6-2 by the Toledo Walleye in Game 7 of the East Coast Hockey League Western Conference finals.

The Walleye moved on to play the Newfoundland Growlers for the Kelly Cup.

Pleskach, a former Selkirk Steelers' star forward, had a pair of assists in the loss.

It's always nice to be playing playoff hockey in May.

"It was a lot of fun," said Pleskach, a Beausejour product, from Tulsa Monday afternoon. "It was a lot more gruelling than I remember. I hadn't made playoffs the last three years and I haven't been on a run since junior."

It was the first time in 26 years that the Oilers advanced that far in the playoffs. Tulsa finished first in the seven-team Mountain Division with a 42-24-4 regular-season record and 90 points.

This was a real good Oilers' team with a ton of talent.

"Our coach (Rob Murray) has coached here and in the American league a lot of years and he actually played in Winnipeg a while and is in the AHL Hall of Fame," Pleskach said. "But we also had so much talent, especially up front. We had two affiliates this year, St. Louis and Anaheim, so we had a couple of good NHL kids and some American league contracted kids who actually really bought in. We had some highly-touted kids here



Adam Pleskach

and they had a lot of fun and did really well for us."

It was a fantastic season on an individual level for Pleskach. The Oilers' team captain had a league-leading 38 goals and 75 points in 72 regular-season games and was a runner-up for the league's MVP.

"I had a good year offensively, for sure, but I played on a line a lot of the year with two kids who really know what they're doing and they're really talented hockey players," Pleskach said. "I'm always playing with good players but, man, I was really playing with some talented kids that were finding me all of the time."



RECORD PHOTOS SUBMITTED

Former Selkirk Steelers' forward Adam Pleskach had a tremendous season with the ECHL's Tulsa Oilers.

Pleskach was deservedly named an ECHL first-team all star this past season. He was also named to the ECHL All-Star Classic in Toledo in January.

Pleskach, 30, wrapped up his sixth season with the Oilers and is the longest-tenured Tulsa player. He has been rewarded by being named the team's captain and is a mentor to the younger players.

"It's been a lot of fun," he said. "At my age, it's a lot of fun to be a part of guys trying to get better and get to the next level. When I see guys get a shot to go up, or maybe guys get a second chance where they maybe had an NHL contract when they were 20 and

it didn't work out, but now they're 25 and they're still chomping at the bit to get to go up to the American league. "It's fun seeing those guys keep plugging away trying to achieve their dream."

Pleskach has really enjoyed his time away from the rink in Tulsa.

"Even after my first year in the minor leagues I knew I didn't want to be bouncing around from city to city and not finding any roots," Pleskach said. "I kind of fell in love with Tulsa pretty fast. The people, my teammates, make it hard to leave. Making it my home, being comfortable, it's been a fun ride."



# Growing strong, healthy tomato plants this summer

By Gabrielle Piché

It's almost time to bring your tomato plants outdoors, according to local West St. Paul farmer.

Mike Mailman fosters over 60 types of tomato plants and sells the fruit through his business, Mailman Pharms. Mailman kept his plants in Stonewall until recently, when he moved to West St. Paul for more space.

Planting season has already started for Mailman. In mid-March, he planted his tomato seeds and kept them indoors.

"It's common to start tomatoes anywhere from March 15 all the way through to April 15 indoors," Mailman said. "We have too short of a season here in Canada to start the seeds outside."

The best time to bring tomato plants outdoors is the first week of June. This way, the soil's temperature will be suitable for the plants.

Mailman is particular about his soil. It can make your tomato plant strong, or weaken it and leave it defenseless to pests.

"Worms are important," he said.

Sometimes, soil will have the nutrition a plant needs but not in a form that plants can intake. When worms eat decaying material like food scraps, they excrete nutrients that plants can consume.



**RECORD PHOTO BY GABRIELLE PICHE**  
Mike Mailman plants several varieties of tomato plants at his greenhouse in West St. Paul.

Mailman buys worm castings, which he calls worm poop, to put in his soil.

"I believe every single household should have a worm bin," Mailman said.

A worm bin is what it sounds like—a large bin with red worms. People

put compostable food in the bin, the worms eat the food, and they excrete worm castings.

"When you take those food scraps and put them into the worm bin, and the worms eat them, that creates gold," Mailman said.

The worm castings are put in Sea Soil. Sea Soil is made up of wood shreds left over from loggers in the West Coast and leftover fish carcasses from fisheries.

"Generally, the best, most nutritious way of feeding any type of plant is from the sea," Mailman said.

Tomato plants need six to eight hours of full sunlight per day. However, giving them some shade and protection from the wind is helpful.

Mulch is imperative. Mailman puts wood chips, or mulch, over his soil to protect the plants from sun and wind. That allows for the plant to absorb all of the moisture that comes in. When the rain falls, it doesn't wash away because it's like a sponge underneath.

When planting tomatoes outside, Mailman said you should work in the evening or the early morning. This prevents plants from drying out in the afternoon sun.

Regardless of where you're planting your tomatoes, you should thoroughly water the plants when you first transplant them.

Tomatoes grown in planters and raised beds, or grown in mixes with peat moss, should be watered daily. Peat moss holds more air than water.

When tomatoes are planted in the ground they don't need as much attention. Roots go much deeper to water sources that you might not believe are available.

After moving your plants outside and watering them well, the soil should be allowed to dry out. Tomato plants' roots will grow and search for water.

"It'll be a stronger, healthier plant because of it," Mailman said.

To fight off pests, Mailman buys praying mantis egg cases and puts them out in early June. When the praying mantises hatch, they eat tomato plant pests like aphids.

Ladybugs also help protect tomato plants against harmful bugs.

"Ladybugs are some of gardeners' best friends," Mailman said.

It's important to plant a variety of tomatoes in your garden because different types give different flavours.

Darker tomatoes give you a smoky taste, while yellow tomatoes will have more of a tropical or fruity flavour.

Mailman suggests planting Ukrainian purple or San Marzano tomatoes for gardeners who make their own tomato paste.

## Local vegetable farmer filling a growing demand

By Becca Myskiw

Kevin Nykolaishen, a local farmer with a hunger for growing fresh, well-priced food is now providing an opportunity for others with that same hunger.

Nykolaishen started Beach Boys Berries five years ago with the intent of running a "you pick" fruit farm but started with something a little more inexpensive.

Today, Beach Boys Berries sells farm fresh vegetables at a store-matched price in a Community Shared Agriculture system.

A CSA-operated farm distributes its products to local area members on a shared basis. Nykolaishen sells vegetable subscriptions. People sign up at the beginning of the summer and pay weekly.

Each week, members receive a box of seasonal, local produce.

Beach Boys Berries sells three different packages: half-share (five pounds), half-share premium (five pounds and herbs) and a full-share (two half-share premiums). All pack-

ages contain what's growing at the time and look different as they are based on weight.

In the spring, Nykolaishen grows leafy greens including various types of lettuce, spinach, arugula and more. Root vegetables like potatoes and yams in the summer and winter squash later in the season. Basil, summer savoury and dill are a few of the herbs he grows.

"I really try to stress to people it's what's in season," said Nykolaishen. "It's what I have an abundance of."

Nykolaishen was excited to get his first cookbook for Christmas when he was 10 years old and started cooking when he was 12. Beach Boys Berries has become his way of helping people cook decent meals at home for a good price.

"[Children] hate so many vegetables because they've never had them fresh from the garden prepared in a really well way," said Nykolaishen.

Nykolaishen has 40 acres to farm and grows all of the vegetables he sells at his garden in Winnipeg Beach.

Planting begins inside, before being moved outside to grow when the weather's right. Selling the produce usually begins at the end of June.

Nykolaishen went to Red River College to study greenspace management. He said Beach Boys Berries is as sustainable as it can be with what he's got.

Compost is the only input to his garden and is 100 per cent zero-spray.

"The only pest control is squishing things and a hard blast of water," said Nykolaishen.

Nykolaishen had had to deal with lost crops because of his zero-spray rule and plants extra seeds knowing he'll lose some.

Buying local is important because you get the vegetables fast, fresh and nutritious.

"There's a huge variety of beautiful things that we can grow in Manitoba," said Nykolaishen. "Everything always tastes better when it's fresh."

Beach Boys Berries has reached its cap at 40 customers this year, but Nykolaishen will have a night market



**RECORD PHOTO SUBMITTED**  
Kevin Nykolaishen's dog, Hunter is the "D.O.G." — The Director of Greetings for Beach Boys Berries.

every Friday this summer at his home in Winnipeg Beach starting at the end of June.

For more information, contact Nykolaishen at beachboysberries@gmail.com.



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The Selkirk Record

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## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

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## APARTMENT FOR RENT

Gramercy Park, 216 Reid Ave, Selkirk. 2 bedroom units available July 1 on second and third floor. Includes fridge, stove, AC, dishwasher, balcony, parking and water, hydro extra, no pets, no smoking. \$1,000 - \$1,050 per month depending on unit. Call 204-481-1967.

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

## ROOM FOR RENT

Roommate wanted. Non-smoker, good health. House, yard work, 1/2 expenses, furnished house. Vehicle required, Grand Beach area. Ph. 1-204-754-8070.

## COTTAGE FOR RENT

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## HELP WANTED

Personal Support Worker - home support for female in St. Andrews. Regular part-time evenings. Casual/ on call. Accountabilities: non-smoker, activities of daily living, quality of life. Qualifications/ experience: First Aid and CPR certification, health care certificates, dementia care, criminal and abuse registry, class 5 driver. Email resumes and enquiries to belbs904@gmail.com

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## MISCELLANEOUS

6 grain bins to be removed from St. Andrews farm site. Call 204-339-4601.

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are required for a new clinic opening in Selkirk autumn of 2019.

Email resume to: [theherbsman@mymts.net](mailto:theherbsman@mymts.net) or mail to Herbsman, Box 63, Selkirk, MB, R1A 2B1



## PUBLIC NOTICE

The RM of Alexander is inviting property owners to participate in a community consultation process to determine the current sustainability priorities of the community.

Some examples of sustainability include healthy rivers, clean drinking water, climate change and clean energy. Details of the session:

**Date: THURSDAY, JUNE 6th**

**Time: 1.00 p.m. to 4.00 p.m.**

**Place: RM OF ALEXANDER COUNCIL CHAMBERS**

**RSVP: 204.367.6170 or [info@rmalexander.com](mailto:info@rmalexander.com)**

Please also go to the following link to participate in a short survey to further assist in the process: <https://www.surveymonkey.com/r/3TB5F7C>  
Don Dowle, CPA, CMA, CMMMA  
Chief Administrative Officer



The Council of the Rural Municipality of West St. Paul is seeking quotations and proposals as follows:

## Request for Proposals

**RFP 2019-01** for Strategic Planning Process and Facilitation;

## Request for Quotations

**RFQ 2019-02** the conversion of one (1) 2013 Ford F250 3/4 ton truck to an emergency vehicle;

**RFQ 2019-03** the manufacture and supply one (1) 3500 Imp Gal Tanker/Tender Apparatus; and

**RFQ 2019-04** the purchase of two (2) new 1/2 ton trucks.

Specifications and quotation documents are available at the Municipal Office, 3550 Main Street, West St. Paul, MB R4A 5A3 and on the West St. Paul website [www.weststpaul.com](http://www.weststpaul.com).

Submission documents that have not been filled out properly or in its entirety and do not meet all requirements set out in the quotation package will not be accepted.

The lowest or any submission not necessarily accepted.

Mr. Brent Olynyk, CAO  
Rural Municipality of West St. Paul  
3550 Main Street  
West St. Paul, MB R4A 5A3



## R.M. OF ST. ANDREWS RECREATION COORDINATOR

The RM of St. Andrews is seeking an individual to fill the following vacant position.

**Description:** The Recreation Coordinator will assist the Recreation Director in the delivery and expansion of recreation, leisure, heritage, arts, culture and tourism, as well as provide administrative assistance and any other duties required. The work week may include evenings and/or weekends as needed.

**Qualifications and Skills:** Education and/or experience in recreation, event and program planning are required. Must possess good communication skills; ability to make decisions and problem solve, ability to work well with others, have initiative and be flexible. Experience with Social Media is required and the ability to use different computer programs would be considered an asset. An understanding of recreation, culture and tourism activities in St. Andrews and the Interlake would be considered an asset.

**Job Details:** Full-time permanent, 35 hrs/wk, starting wage of \$19.06/hr, municipal benefit package after 6-month probation period. Further information on this position can be viewed at [www.rmofstandrews.com](http://www.rmofstandrews.com).

Interested applicants must submit a resume, cover letter and 3 references by **Monday, June 10th, 2019 at 4:30 pm to:**

RM of St. Andrews  
Attention: Recreation Director, Teresa Howell  
"Recreation Coordinator"  
Box 130, 500 Railway Ave.  
Clandeboyne, MB, R0C 0P0  
Phone: 204-738-2264  
Fax: 204-738-2500  
Email: [recreation@rmofstandrews.com](mailto:recreation@rmofstandrews.com)

We thank all who apply and advise that only those selected for further consideration will be contacted.







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## ANNOUNCEMENT

### CARD OF THANKS

My heartfelt thanks go out to my friends, neighbors and family during my recent stay in HSC. Especially my son Dale, who took time off from work to drive me to all my appointments and be there for me. Also special thanks for the cards, phone calls, best wishes, flowers and prayers I received, which made my stay a little easier. Thank you all so much.

-Liz Taylor

*Don't forget to send your special wishes and congratulations or pay Tribute to your friends and family*

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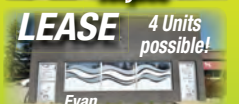
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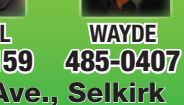
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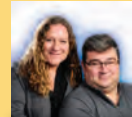
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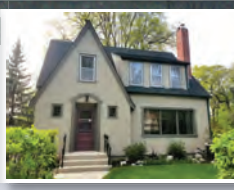
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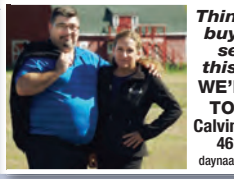
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