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THURSDAY, MAY 28, 2020

VOLUME 11 EDITION 21

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Passion turned into business

RECORD PHOTO BY BRETT MITCHELL

Matt Walters (left) and Jason Sargent (right) have recently purchased Harley-Davidson Winnipeg. Sargent has left his duties at Steeltown Ford and is now the acting dealer principal at the Winnipeg store.

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Time for some fun at work

After 30 years at Steeltown Ford, Jason Sargent takes over Harley-Davidson Winnipeg

By Ligia Braidotti

Two Selkirk men are escalating their passion for vehicles by adding another big name to the list of brands they represent.

Jason Sargent and Matt Walters, who own Steeltown Ford and Selkirk GM, have turned their passion for bikes into a business opportunity. The business partners purchased Harley-Davidson Winnipeg earlier this year, after two years of negotiations.

After 30 years working at Steeltown Ford, Sargent decided it was time to have some fun and passed the operations of the dealership to Walters, while he has been taking over operations at Harley-Davidson.

"I was ready for something new and exciting and I love bikes. My dad had a Harley and I've had a few. It just made sense," he said.

Sargent was presented with the opportunity to buy Harley-Davidson Winnipeg more than two years ago, but plans took a different direction and they had to drop the deal. The previous owners approached him again about five months ago to consider taking over the dealership. He has left his duties at Steeltown Ford as the acting dealer principal a month ago and is now the dealer principal at Harley-Davidson Winnipeg.

"I'm still involved in the background, on the business side of Steeltown, but the business there is being run by Matt (Walters) and I'm running our Harley-Davidson store with our general manager," he explained.

Working with the Harley-Davidson bikes has been a lot of fun, Sargent said.

"It's a little bit different than the automotive industry when bikes are a want and cars are a need, so it really changes people's attitudes and buying experience. It's really exciting and a fun place to work."

With spring and summer, there are a lot of bikes on the roads. Sargent said Manitobans are a big fan of Harley-Davidson.

"We have a lot of followers of the Harley brand and it's a great sport."

Soon after Sargent and Walters signed the deal, the COVID-19 pandemic broke out and brought a bit of uncertainty. However, Sargent said it also gave them time to organize the operations, get to know the staff and even hire additional six people to work with them. He also commented that while restrictions were in place, clients were patient and understanding when they had to wait outside to get into the store.

Now, even though Sargent won't be around Steeltown Ford as often anymore, he is hoping his long-time clients come out the bikes at their Winnipeg store.

"Many of our customers are like family. I don't anticipate any changes in the way we do business. I am always up for a visit and I would enjoy seeing some familiar faces at Harley-Davidson Winnipeg."

"It's been a bit of a transition and it's kind of you're taking on another fam-



RECORD PHOTO BY BRETT MITCHELL

Matt Walters (left) and Jason Sargent (right) at the Harley-Davidson Winnipeg dealership located at 1377 Niakwa Rd. East.

ily. And it's been really good because the staff at Harley-Davidson store have welcomed me in and made me feel a part of the family."

Sargent is also still keeping contact with his Steeltown family and said he is grateful for the loyal staff that has worked with him for so many years.

"Many of them had been with me

for the past 10 to 20 plus years, and I really appreciate them all. Those are the people that make Steeltown so successful and I will miss them all. As well as all of our great customers, I couldn't thank them enough for their business, their friendships, and referrals."



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Breast health consultations and surgery available in the Interlake

Angela Schellenberg and Donna Jones are bringing breast health care closer to home

By Ligia Braidotti

Women in the Interlake can now care for their health close to home.

Easton Place Medical Centre and the Selkirk Regional Health Centre are now offering breast health consultations and surgery for all women. Drs. Angela Schellenberg, breast surgeon, and Donna Jones, gynecologist and obstetrician, are both working to promote breast health in the Interlake.

"All women, not only from Winnipeg but outside of Winnipeg, should have easy access to preventive care. Offering that in Selkirk and having people who are able to access that in nearby communities will have a significant impact," Jones said.

Over the last 20 years, patients diagnosed with breast cancer in the Interlake have to go to Winnipeg for their surgery. Schellenberg explained there are about 900 women in Manitoba who are diagnosed with breast cancer every year, and about 100 are from the Interlake. Since breast cancer surgery has become more specialized, she spent a year at the University of

Toronto doing the breast surgical oncology fellowship and was hired by the Selkirk Regional Health Centre in January 2018 and did her first surgery there in July 2019.

"I went through the process of visiting family physicians in various hospitals around the Interlake to let them know I do breast cancer surgery and that they can start referring cases back to me. So it took a little bit of time just to get awareness," she explained.

However, Schellenberg hasn't had many referrals back and she wants women to know that they can ask their doctors to have surgery done close to home. She explained that the diagnostic process is almost automated. Women go to Winnipeg for breast imaging, diagnostic mammogram and biopsy at the Breast Health Centre. Then, they are automatically referred to a breast surgeon. Schellenberg is working to find her way into that process so that more women who reside in the Interlake can go through her and have their surgery done quicker.

"The first case we did we got them in



RECORD PHOTO BY BRETT MITCHELL

Angela Schellenberg is a breast surgeon offering breast surgery at Selkirk Regional Health Centre.

two working days. The last one didn't wait more than two weeks, and in the city, you're waiting for four to six weeks. We have seen in recent studies that if you wait more than four weeks for your breast cancer surgery, the outcomes are poorer. If we can get it done faster, it's a benefit," she said.

Jones started seeing patients at Easton Place on May 26 and is adding preventive breast health care to her practice. She and Schellenberg are working together to refer patients who not necessarily need surgery, but are concerned about certain types of breast pain or nipple discharge, need a mammogram, or would like to hear another medical opinion.

"Sometimes I just follow people, like women who are at high risk, who have lots of family members with breast cancer, I'll follow them with an annual MRI and mammogram for high-risk screening. And then if you just have a question if they qualify for genetic testing or counselling," Schellenberg said.

She also explained that when screening mammograms were first introduced, the rates of diagnosing breast cancer at an earlier stage skyrocketed. Eighty per cent of women are not even getting mastectomies anymore, they are getting lumpectomies (a surgery that conserves most of the breast, unlike a mastectomy, which removes the entire breast tissue) because diagnostic is done before the intervention needs to be invasive.

Schellenberg says it is recommended that women have mammograms

done every two years after the age of 50 or if they have a family history.

"Having that awareness is very important so that we can pick up things earlier," she added. "And being aware of your family history and what's available, and who qualifies for an MRI. In Manitoba, you kind of have to ask for it. It's not automatic, but just talking to some of the surgeons at the Breast Health Centre, no one was declined an MRI, but some people don't know they can be offered that."

Jones, who has an interest in preventive care, added that most women who are working and taking care of their families often forget to take care of themselves. She added that since Dr. Anthony Anozie, owner of Easton Place, focuses his practice in well person's care, she felt it was a great fit for her. She will be reminding people, especially women, to pay attention to their health.

"That's what I'm excited to offer in Selkirk, is a female physician offering women to become more comfortable, or potentially that that's one less barrier, having a female physician that they can come in and talk to, and we can do their screening with regards to questionnaire and physical examination," she continued.

"We often get calls to see people who are already unwell, and I think that preventive care and self-care is an important piece."

For more information, contact Easton Place Medical Centre at 204-482-4044 or the Selkirk Regional Health Centre at 204-482-5800.

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of

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Registration closes Thursday, June 4, 2020 @ 12:00 PM
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BYLAW AMENDMENTS - Members will vote on the following bylaw amendments, for full details please visit our web-site at www.redriverco-op.crs

The board is requesting member ratification for an amendment to the bylaws permitting the use of the special reserve to provide flexibility surrounding the allocation of the co-operative's earnings to its members. **Bylaw 1.01, 9.02, 9.03 and 9.10**

The board is requesting member ratification for an amendment to the bylaws to allow remote attendance to member meetings, including the AGM. **Bylaw 10.11**

Celebrating International Museum Day

Local museums hopeful for future openings

By Katelyn Boulanger

Celebrating International Museum Day was difficult for museums in the area this year amid restrictions imposed in response to Covid-19. However, both the Marine Museum of Manitoba and the St. Andrews Heritage Centre plan to open once it is safe to have guests visit again.

"[Museums] keep our history alive and allow us to remember how we got to where we are today. For Selkirk, shipping was the main industry right along the river and the ships that would go up North and deliver the goods, doctors, nurses, and teachers up to the northern communities," said Shay Nordal, the Museum Manager for the Marine Museum of Manitoba.

She says that it feels odd having the museum closed for the beginning of the season this year.

"I've been there for 21 years and I've never had to delay the open or not open at all so under legislation there are guidelines that we can follow to open. The board and I are starting to work through a plan to see if that's a possibility and see if we can but we're still meeting at this point about it," said Nordal.

The St. Andrews Heritage Centre is also currently closed following instructions from Parks Canada, as the location is a national historic site.

"It was especially disappointing this year because we had planned to have our grand reopening for all of our new exhibits in mid-June which is now cancelled until it's allowed to open again," said Gerald Koroscil, the vice-chair for the Heritage Centre Committee.

Both museums are making patrons safety the priority by following all the regulations put into place currently.

"You want to make sure that you've

got it right and just stick with all the guidelines," said Nordal.

Eventually when the Marine Museum reopens it plans to go forward with the regular activities that people have come to count on

"We have our pancake breakfasts which are a couple of our fundraisers and our biggest fundraiser is our Halloween Haunt and on top of that we've added a free day for residents in Selkirk and surrounding areas to come to the museum one day and come down to the museums and explore to just refresh everyone's memory," said Nordal.

The Heritage Centre also plans to continue with its workshop programs, like it's wildlife series which took place last winter, as well as crafting sessions and other activities once it's able to open safely.

"The majority of programs are for children but some are for all ages. Last year we had porch performances the intent was to do it again this year, local musicians would be on the front porch here and play their music and we also had the RM open house the intent was to have it here again. The intent is to attract people here more than just to learn about history but also to have fun," said Koroscil.

The former tartan room in the heritage centre is also seeing a change be-



RECORD PHOTOS BY KATELYN BOULANGER

Gerald Koroscil, the vice chair for the Heritage Centre Committee, pictured with a Red River cart wheel that will be part of a new display when the museum is able to open.

ing transformed into a genealogical centre project.

"[It will be] a place where people in the area or people visiting our centre could come in and have a place [with] a common interest in preserving local history in genealogy and tracing their roots," said Karen Still, the Genealogy Centre Project Coordinator for the heritage centre.

Nordal recommends that visitors to the marine museum also take advantage of their exhibits making sure to see the underwater diving

display with all the equipment that would have been used historically as well as the steam whistle codes display which has visitors try to decipher what the sounds mean.

Residents can learn more about the Marine Museum by visiting marine-museum.ca and catch up with the St. Andrew's Heritage Centre at st-andrewsrectory.ca

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Learning and literacy from home

School librarian speaks on continuing library curriculum during closures

By Katelyn Boulanger

Mary-Kate McDonald the librarian from Happy Thought School normally sees students at the library once a week but is now having to adapt her teaching to students learning from home for the rest of the school year.

"It's taught me a lot about being flexible. I believe when working with kids, that has to be one of our main skills being flexible, especially working with early years, and this whole situation has definitely put the focus on that. You have to learn different ways of doing things and different ways to connect. It's been a challenge but some good things have come out of it too. I try to find the positive," said McDonald.

When schools were closed by recommendation of the province, she immediately started considering what the most important parts of library education were that could be brought into a home learning setting.

"I know that people think of libraries and they think of just books and that is a big part of a library, obviously, but to me what library is really about is that it's the community centre of the school. It's the hub where everybody comes through," said McDonald.

She believes that to get students to read they first have to be curious and to bring that out in her students she decided to share with them something that she is curious about which happens to be learning the Ojibwa language.

"If you're curious about things, you're always going to want to learn something new and one of the prime ways that we learn things is through reading. Whether it's reading a book or reading online we're seeking out information and that's one of the prime things that library is all about," said McDonald.

She's since been making videos that teach students Ojibwa words focusing on subjects like farm animals, earth day, feelings, and the weather in addition to putting on live streams where

she reads English books to students to keep encouraging them to keep up with their literacy skills.

She also wanted to continue the Indigenous cultural circle, Mashkiki Wigwaam, that she runs for Indigenous students in grades three and four so that they would have a way to connect with their friends even if they can't be together right now.

"They've been meeting for two years and they have really strong connections with each other. We'll have our first group meeting on [May 25] so that's going to be fantastic for them to be able to see one another. We're just going to meet once a week online. It

won't be the same as when we meet in person because we often have a big drum and we do different teachings, some of those things you can do online, but you can't sit at the drum together online but we're going to figure out what we can do," said McDonald.

She plans to turn this into a positive, however, using one of the sessions as an opportunity to go on a digital medicine walk with students and show them what different plants and medicines look like.

"Just keeping them connected because I think that's the hardest thing for everyone right now, said McDonald.

She would also like her students to know that the fish in the library are doing well and had lots of fish babies.



RECORD PHOTO SUBMITTED

Mary-Kate McDonald, the librarian from Happy Thought School, has been bringing students along on her journey towards learning the Ojibwa language.

View the Selkirk Record online at selkirkrecord.ca



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Firefighters control huge grass fire in St. Andrews

Fire started from a week-old burning of yard waste and spread out with wind

By Ligia Braidotti

With the weather warming up in Manitoba, some conditions can play a favourable role to spread wildfires.

Sometimes, a small, and sometimes insignificant, burning of yard waste can spread quickly and uncontrolled. Last week, approximately 45 firefighters from and around St. Andrews were summoned to put out a huge fire that spread through several rural communities.

"With the wind conditions out there it quickly turned into a grass fire which then turned into the structure fire," Joe Carreiro, deputy chief at the St. Andrews Fire Hall, said.

The wind carried the grass fire embers across Hwy. 67, between Hwy. 7 and 8.

"Had it not been windy, it likely would have remained a small or large grass fire. Without the wind it would've definitely not spread across

Highway 67. It would have remained on the south property for sure and likely not as many buildings would have been involved," Carreiro explained.

"There was a large barn on the south property that was almost ignited, but the firefighters were able to stop it from reaching that."

As soon as the fire department was called, they took out their rapid response unit, which is a three-quarter-ton truck that can put out the fire quicker than the pumpers would.

When they arrived on the scene, the south property had about two acres burning and it had burned through a small barn and a couple of sheds. A vehicle and a house on the property were also fully engulfed. Another house, car and farm machinery on the north property also burned down as the fire spread out. There were no victims and the houses were

IT'S ALWAYS NOT RECOMMENDED TO HAVE OPEN FIRES WITH WINDY CONDITIONS

unoccupied.

Carreiro explained that it took about 90 minutes to get the fire under control and another three hours to fully extinguish the fire. Six departments (Clandeboye Fire Hall, St. Andrews Fire Hall, Selkirk Fire Hall, Stonewall Fire Hall and West St. Paul Fire Department, and the St. Andrews Public Works) were engaged in controlling and putting out the fire. The province has set up a mutual aid program where neighbouring fire departments have an agreement that if a fire becomes more than what the initial department responding can handle, they can call others in to assist.

He also added they used about 50,000 gallons of water that were hauled in by a truck and flame retardant foam was also added to keep the fire from reigniting. At one point they had five pumpers operating and seven tankers, a semi-tanker, and drott were brought in to help overhaul the fires once firefighters got it under control. They also used a drone to watch where the fire was going, smoke and direct personnel to the hot spots.

"In a fire that size, it's always an added challenge because you can't monitor the whole scene. At one time, about eight acres were burning in to-

tal," Carreiro said.

Even after all the effort put on by firefighters, there was a call back to the south property later that night.

"That's the thing with grass fires, and any kind of fire, as much as you try to extinguish it you never know, with wind conditions and the dry conditions that we have, it can spread. We got a page back at 1:56 a.m. the next morning for another building that had become fully involved."

The R.M. of St. Andrews had already posted a notice reminding residents that the Burning By-Law states that there should be no burning of yard waste, hay or grass in residential areas. Residents can only burn clean dry wood in an approved 24 by 24-inch fire pit.

"It's always not recommended to have open fires with windy conditions. People don't realize that even after a day or two, if the wind picks up, that there are embers in that fire that could be carried across, with the dry conditions, and turn into grass fires. You are supposed to have water on-site, near your fire, that you can use to extinguish it if it starts to get out of control. It's amazing how quick a grass fire will get out of control."

Provincially mandated one-mask-per-shift policy in force at IERHA

By Patricia Barrett

The Manitoba Nurses Union has taken the provincial department of Shared Health to task for forcing nursing staff across the province to use one mask per shift and tracking what they use through sign-out forms after guidelines were issued weeks ago on the use of personal protective equipment (PPE).

Whether the province is lacking PPE to manage still-active cases of COVID-19, and to conduct testing, or whether it's saving it up for an expected second surge of infections is in question; the MNU has asked the government to reveal its stockpile.

Nursing staff may be put in jeopardy because Shared Health "continues to scale back PPE requirements," said MNU president Darlene Jackson in a May 11 statement. "We remain deeply concerned about the state of Manitoba's personal protective equipment, and the lack of transparency about PPE stocks from the Manitoba government and Shared Health."

The "reuse policy is a rationing policy," she added, and goes contrary to advice from the World Health Organization and the U. S. Centers for

Disease Control, which state the extended use of PPE should occur only in crisis situations.

"Nurses must have adequate access to PPE," said Jackson. "This issue must be resolved before we prepare for a second wave of COVID-19 cases."

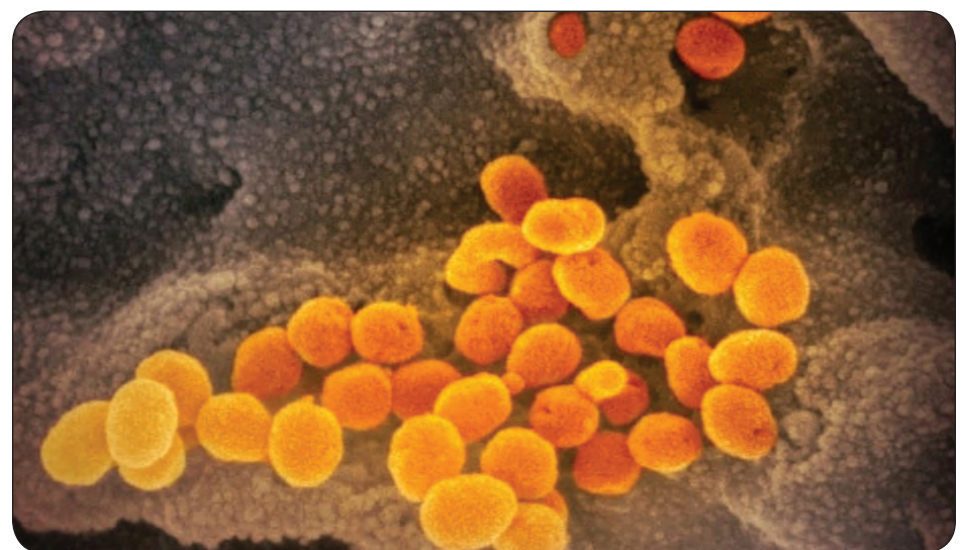
When COVID began to ramp up in Manitoba, stocks of PPE went missing from Interlake-Eastern Regional Health Authority (IERHA) facilities.

"Early on in our response to COVID-19, we saw significant amounts of PPE go missing or unaccounted for," said an IERHA spokesperson by email last Friday. "To ensure ongoing availability and appropriate use, we have implemented protocols related to storage and access so that the potential for product loss is minimized."

Supplies are available to the staff that require them, the spokesperson added.

Health authorities around the world are still grappling with securing enough PPE for frontline staff as COVID continues to infect large swathes of the population and kill thousands, including health-care workers in hospitals and long-term care homes.

Disruptions in Chinese manufactur-



COVID-19 infecting a human cell.

U.S. NATIONAL INSTITUTES OF HEALTH

ing had "fractured" the global supply chain and created PPE shortages while demand soared, according to a May 7 World Health Organization statement. The shutdown of airlines exacerbated the delivery of available PPE stocks.

In April the WHO and the World Food Programme formed a COVID-19 Supply Chain Task Force to scale up procurement and delivery of masks,

gloves, respirators, gowns and face shields, along with other equipment such as tests and diagnostic supplies.

The Manitoba government developed a PPE protocol based on recommendations from infection prevention and control experts as part of its pandemic planning, and as it saw other jurisdictions experience "supply challenges," the spokesperson said.

Continued on page 9

May is Brain Tumour Awareness Month

By Jennifer McFee

Every day, 27 Canadians are diagnosed with a brain tumour.

On July 26, 2017, Christine Penner received this unwelcome news.

"I was surprised when I heard about it in emergency at the HSC. Since that day I have had three brain surgeries," said Penner, who was the superintendent of the Interlake School Division at the time.

"I currently am working on my fourth brain tumour. I am working hard to stay as healthy as possible. I try to eat well (without denying myself some little pleasures), I try to exercise every day, and greatly enjoy an afternoon nap every day."

Although Penner's brain cancers and surgeries have caused both cognitive and physical issues, she tries not to dwell on those changes. Instead, she continues to focus on what she is capable of doing.

"I am doing well these days," she said. "I wake up every morning smiling that I am hanging in there."

That's not to say her journey hasn't been filled with challenges and frustrations along the way.

"The most challenging experiences for me were the six weeks of daily radiation and chemotherapy after my first brain surgery on Aug. 8, 2017. My frustration has been having four brain cancer experiences. As my fourth brain cancer is in the middle of my brain, I am not having surgery on that one. I am taking many drugs," she said.

"The ongoing challenge and frustration of the brain cancer has been my dependency on others. Because of my limitations, I can't drive and I have to rely on others for some problem solving."

At the same time, Penner's spirits have been buoyed by some positive experiences that have lifted her spirits.

"In my second surgery, 80 per cent of my brain tumour was taken out. That left 20 per cent in my brain. After several months of taking an experimental drug, I was very excited to discover that the remainder of my second surgery had shrunk," she said. "This was a wonderful surprise for me."

Another uplifting moment occurred earlier this year when Penner earned her PhD.

"Two months before I was diagnosed, I had defended my proposal for my doctorate. Because of the amount of brain they took out during my first surgery, I never thought I would be able to continue with my doctorate," she said.



"After a year and a half, and with the support from the University of Manitoba and the wonderful people around me, I was able to complete my thesis and on Jan. 21, 2020, the University of Manitoba held a special graduation ceremony for me where I had my doctoral degree bestowed upon me."

The month of May is a noteworthy time for Penner and many others since it is Brain Tumour Awareness Month.

"It is important to have Brain Tumour Awareness Month in the same way that it is important for the general public to be aware of a multitude of medical issues that impact people's lives," she said. "Awareness helps create empathy."

The Brain Tumour Foundation of Canada encourages everyone to "Turn May Grey" by wearing grey clothing and letting their roots go grey. People can post photos of their quarantine hair and consider donating what they would normally spend on a haircut.

Another way to show support is through the 2020 Virtual Brain Tumour Walk, which will take place across Canada on June 27. Teams or individuals can register through a link at www.braintumour.ca, and they can



RECORD PHOTOS SUBMITTED

Christine Penner keeps a positive spirit while fighting her fourth brain tumor.

choose their own route and location. So far in Manitoba, 122 participants have signed up. Information is also available by emailing btwalkhelp@braintumour.ca or by calling 1-800-265-5106 ext. 250.

Common symptoms of a brain tumour include frequent headaches, dizziness or unsteadiness, double or blurred vision, seizures, morning nausea and vomiting, weakness or paralysis, personality changes and hearing impairment. Anyone experi-

encing these symptoms should consult a doctor.

For Penner, she continues to stay on the sunny side of life with support from those around her.

"I have always been someone who has tried to live life to the fullest and enjoy every moment," she said.

"If anything, the reality of having a terminal illness has highlighted those thoughts and emphasized the importance of spending time with family and friends."

Painted rocks craft

The St. Andrew's Heritage Centre wants to showcase creativity

By Katelyn Boulanger

The St. Andrew's Heritage Centre is encouraging residents to have fun and paint a rock placing the finished rock in St. Andrew's Rectory Yard where others can come to try to find them.

"If you're creative or not creative it's just a fun thing to go out and do and it gives you another craft at home to do," said Elexis Wadden, the program coordinator at the St. Andrews Heritage Centre.

Emergency measures put into place by the provincial and federal governments in response to Covid-19 have meant that the heritage centre is unable to open its doors currently but still wanted to give people in the community an opportunity to do something together even if they have to be apart.

"It's just communities doing it so that even if you can't [do your regular activities] you can go outside and look for these rocks and post them on Facebook. You can't touch them or pick them up because you want to be safe but you can paint one yourself," said Wadden.

The only things that you need to participate are a rock, acrylic paint and a

marker if you want to write on your rock, a paintbrush and some sealant if you'd like to seal in your creation.

"Whether you're a child or an adult or a senior anyone can do it. It's just a fun way to get outside," said Wadden.

The Heritage Centre was inspired to host this event, which they officially launched on May 6, after seeing a craft suggestion made by the West. St. Paul Sunova Centre.

"You take a rock a smooth rock is better. You paint it with any design. Come to the rectory in the yard. Our gates are open and you can place it wherever you like. You can go look for someone else's rock. It's like a treasure hunt but you don't take them. You don't pick up the rocks so that someone else can find them," said Wadden.

The centre is seeing some fun designs from the community and so far has 5 rocks that Wadden has found in the yard but she isn't ruling out that there aren't more that have been hidden in sneaky spots.

"There are flowers, there's a tiger print one out there, there's a ladybug, there's a sparkly green one, there's a blue and white dotted one but those



RECORD PHOTOS BY KATELYN BOULANGER

Painted rocks in the St. Andrew's Rectory Yard.

are only the ones, I've found so far," said Wadden.

She thinks it's important at this time to continue to engage with the community while staying safe.

"Because we're staying indoors and not communicating with people, not that you should be going out at this time, you want to stay socially distanced from people but you want to make sure [to take care of] your mental health too. It's good to be included in something and by taking pictures and posting on Facebook you feel included," said Wadden.

Because of Covid-19 this event does carry with it some safety precautions to keep everyone healthy.

"Don't pick them up, make sure that you aren't crowding in groups and if you see people in the yard be respectful of them, wear a face mask if you want to protect yourself and others. Even if you wear gloves don't pick up the rocks and our washrooms aren't in use so be aware of that. It's all about protecting yourself and others," said Wadden.

To check out the West St. Paul Sunova Centre's Facebook which has many craft suggestions such as this visit facebook.com/West-St-Paul-Recreation-Sunova-Centre-584920155007145/. To keep up with the St. Andrew's Heritage Centre visit their website at standrewsrectory.ca

> ONE-MASK-PER-SHIFT POLICY, FROM PG. 7

IERHA staff wear masks for an "extended period" in certain settings and situations, including "repeated interactions with multiple patients to a maximum of one complete shift," said the spokesperson.

Masks are removed for nutrition breaks and if they become soiled, damp, damaged or come into direct contact with a patient.

"Reuse of the same mask after it has been removed is only permitted with Green Zone patients - those that do not meet the criteria for testing and/or those deemed recovered by public health (if not admitted), or by infection prevention and control (if admitted)," said the spokesperson. "Protocols have been developed to allow for the safe storage of masks that are appropriate for re-application after removal."

The one-mask-per-shift approach

is similar to those used in other jurisdictions and, at the same time, it ensures that supplies are available for the duration of the COVID response, said the spokesperson.

Manitoba experienced six straight days of no new COVID cases last week. Twenty-five cases are still active, with three people in hospital and seven dead (Data: Manitoba government, May 17).

Despite the low numbers of cases, public health is advising Manitobans to adhere to the two-metre (just over six feet) physical distancing requirement and continue to frequently wash their hands and avoid touching their faces. As yet, there's no vaccine or medications to cure COVID.

Worldwide, COVID has infected over 4.7 million people and killed more than 315,000 (Data: Johns Hopkins University, May 17).

The province is now allowing people experiencing COVID symptoms to get tested without a referral from Health Links or their family doctor. Visit www.gov.mb.ca/covid19/locations.html for more information.

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Churches gone digital

By Katelyn Boulanger

Many churches in the community have made arrangements for their congregations to stay in touch while staying apart by hosting online gatherings and services.

Selkirk Community Church

"I considered a number of options and Youtube live is available, as well as Facebook live. I finally settled on a free resource that a very large church in the United States was making available to church leaders and congregations [called] Open Life Network and they allow you to build a service with notes, and have a tab there with a bible that people can look up a reference that you might be preaching," said Ryan Galashan, part-time pastor at Selkirk Community Church.

This website also allows videos to be uploaded and there is a chat function so that members can keep connected.

"People want to be coming together. We're social beings and at the same time, the familiarity of church and the songs that we sing and the strength that can come from following God's word and finding truth and finding stories of real people that make a lot of mistakes but on the other side of things those that turned their heart, their eyes and their focus to Jesus and the light that he has to give. It was one of the weirdest Easter Sundays that we had, to celebrate one of the biggest celebrations in Christianity, the resurrection of Jesus, and to be disconnected. Having a way to celebrate online wasn't the same but it was light giving and I think that's what people are looking for — something where they can have a solid place to connect," said Galashan.

He recognizes that sometimes it's hard for churches to reach all community members, particularly those who might not be able to attend services and he plans to continue to reach out to members online.

"It can't get any easier to check out

a church than to sit down with your morning coffee and gather your family and tuning in. If people are curious to see what church is like, then this is a great way to do it," said Galashan.

To find more information about online services as well as previous sermons visit the Selkirk Community Church's website at selkirkcommunitychurch.com

CrossRoads Church

"We are doing a live group service every Sunday morning at 10:30. Then we post the services on our website so that anyone can access the services," said CrossRoads Church Pastor Neill Stitt.

This service is available to parishioners through Zoom, which is a group video calling app that allows people to be involved in the conversation even if they don't want to turn on their webcams.

"At least it keeps us connected and it helps people. I don't think for one second that we'd be able to compete with a well-done church broadcast, that's not really our intention. We just want to be connected with our people. I think that anything that we can do to connect them [is important]," said Stitt.

The church is also planning to host zoom meetings for it's life groups, which are groups who connect together during the week for bible study, prayer and encouragement, and also hosted it's annual general meeting via zoom.

"If you want someone to listen or you just need somebody to pray for you. We can do all of the social distancing, we can wash our hands 100 times a day but deep down in the core of our being we know that God is the one who's going to connect us and so I think that some people just need somebody to pray for them," said Stitt.

Selkirk United

"Right away we thought that we would try to do something online.

Many congregations throughout the country were doing live streams. We decided not to do that so we're

recording services and splicing them together bit by bit and we have a good technician to do that for us and posting it as one YouTube video with the whole service on it each week. So we now have our own YouTube channel and every week we have one service on a Sunday," said Selkirk United Minister Cole Grambo.

They are also posting mid-week messages for members on Wednesdays in order to keep everyone updated on the goings on and more recently they've introduced a 'Questions 4 Cole' video series where parishioners can ask Grambo questions ranging from Theological queries to interest in how he's doing personally. There are also videos posted for children from Sunday School leaders.

"I think that everyone, whether they're church goers or not, are just feeling isolated that's what you keep hearing. People are missing their normal routines and church is no different in some ways that anything else. People are missing their baseball and their bowling leagues and their coffee times with friends but church also has that spiritual aspect. People might be missing their everyday habit of what they are doing but on Sundays when we go to church it's not just that they are seeing their friends but they are connecting in a spiritual way and I think that that is more important to people than some other things," said Grambo.

More information about services as well as a link to the churches YouTube channel can be found at the webpage, selkirkunitedchurch.ca

"I hope that people will find what they need to get them through this strange time and hopefully back to being together in some form or another as the future unfolds," said Gambo.

Christ Church Selkirk

"In our situation because we don't have a regular minister is we send out a weekly email bulletin and we've done that prior to the church being closed but what we've done is that we've encouraged people who are wanting a worship service, is the Bishop [Rt. Rev. Geoffrey Woodcroft] has a link where he is doing a service from the dioceses' office. We're encouraging people to go to his link and have that time for his worship service," said Jo-Ann Moffatt, People's Warden as

Christ Church Selkirk.

This service is available live at 10 a.m. on Sunday mornings through a twitch stream which then gets posted at the Dioceses website.

"We have a lot of people who are seniors, and single parishioners and their church family is important to them. People whether they are going through an illness or just for the fellowship they look forward to meeting with their church family. At our church we have services at 9:30 a.m. and then immediately following we always have a coffee hour and people enjoy that and have a visit with their friends and we can't do that right now. In our weekly bulletin where we've [provided information for] the Bishop's services we've encouraged people to phone or email one of their fellow people who they would normally see at church on Sunday to see how things are going," said Moffatt.

Bishop Rt. Rev. Geoffrey Woodcroft's services are available live at twitch.tv/rupertsland and the dioceses website can be found at rupertsland.ca. Christ Church Selkirk's website is christchurchselkirk.com

Bethel Church

"We do a little worship service. We do about three or four songs a week followed by a sermon preached by my husband Drew," said Demelza Martin Bethel Church's administrator.

The weekly streamed service is available through YouTube, Facebook and directly from their website. In addition they are setting up Zoom meetings for bible study groups.

"Especially because we're being forced to stay isolated. I remember how good it was to see people every Sunday and it's just so much easier to stay connected when you see people once a week. People are really starting to feel the depression and the heaviness of it all but if you aren't staying in contact they can feel forgotten," said Martin.

She would like members of the church to know that even without church services God is still there and that it's important to count your everyday blessings. In her case she has more time to spend with her two children and find that it's forcing her to make deeper and better friendships instead of relying on church to bring people together.

"[Attending the live streams] is just another way of staying in contact with one another and you don't have to dress in a suit. You can literally be sitting on your couch with a cup of coffee and your kids all over your in your pajamas. We're trying to really show that church isn't about bringing your best," said Martin.

More information and links to Bethel Church's live streams can be found at bethelcelkirk.com

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Water tower gets a new look

Comp grad wins water tower design contest

By **Katelyn Boulanger**

Robyn Kacperski, a Selkirk raised graphic designer, had her concept chosen from more than 30 entries as the new look for Selkirk's water tower.

"I tried to look at as many as I could myself just out of self-interest and [I was] really, really impressed at the ideas, the initiative that was put in there. [There were] strong ties to history, to the present, to the future, it was a tough decision. It was done anonymously and in the end I think that it worked out very nicely," said Mayor Larry Johannson.

The judges took into consideration clarity particularly of the text but also wanted the design to tie into the city's new branding when they were making their decision on the final design.

"My concept is based on the idea that Selkirk is a place where community and culture and spirit can come together and I noticed that the City had recently gone through this really great rebrand and that's the reason I used the really nice colours and shapes, and they're all really tied to the communities values and history and I really wanted to bring that forward," said Kacperski.

Kacperski took design courses originally at Lord Selkirk Regional Comprehensive Secondary School and then continued that education receiving a graphics design diploma from Red River College.

The chosen design leaves room on the stem of the tower and the base for a mural which Johannson hopes will bring more people to the tower itself.

"I wanted to pay homage to Selkirk's story as it really is so I wanted to take this opportunity to take into

account not just what's on the top but to kind of bring the design down to that it could not just be experienced from afar but also from up close," said Kacperski.

The judges were receptive to this part of the design as well wanting the design to represent the fact that the tower is a landmark in addition to the new paint being necessary to help protect the tower from the elements.

"What we're hoping with the mural is that it will draw attention to it like the catfish statue does. That will bring people there. People will want to take a picture with the mural and that will be for completion in 2021," said Johannson.

Though work will start on this first part of the tower in mid-June, with it slated to be completed in the fall of this year, Kacperski still has some final details to iron out before the painting starts.

"Over the next few weeks I'll be refining the concept. The concept is approved but over the next few weeks it's just making sure that the design will stitch seamlessly around the tower, that the typography will be legible from a distance, which way the logo is going to be facing. It's really functional stuff and I'll also be involved with the production aspect, making sure the paint colours are on brand and making any changes," said Kacperski.

She is grateful to have had the opportunity to put her design on the tower.

"To have been a part of the community and to be able to come back and give back in a tangible way is really exciting," said Kacperski.



RECORD PHOTOS SUBMITTED

Robyn Kacperski in front of the Selkirk water tower with her winning new tower design.

Notice of Annual Meeting

June 16th, 2020

Notice is hereby given that the 61st Annual General Meeting of the Members of Cambrian Credit Union will be held on Tuesday, June 16th, 2020 at 7:00 pm. To adhere to federal and provincial guidelines with respect to physical distancing and limiting large gatherings, this meeting will be held virtually, via webcast, with no physical meeting location. Cambrian's head office, located at 225 Broadway in Winnipeg, Manitoba, will be deemed the Annual General Meeting location for record-keeping purposes.

Business of the Meeting

1. Receive and consider the financial statements of Cambrian for the year ended December 31st, 2019 and the report of the directors, management and auditors thereon;
2. Announce the results of the Election of Directors;
3. Appoint the auditors of Cambrian for the 2020 year; and
4. Transact such other business as may properly come before the meeting.

Accessing the Meeting

Access to the Annual General Meeting webcast will be open to each member of Cambrian entitled to vote at the meeting. In order to gain access, eligible voting members are required to pre-register. Pre-registration will open at 9:00 am Monday, May 25th and close Thursday, June 11th at midnight. To pre-register, and for more information about the virtual Annual General Meeting, members are encouraged to visit www.cambrian.mb.ca/2020AGM.



An example of what the new design would look like based on Kacperski's vision.

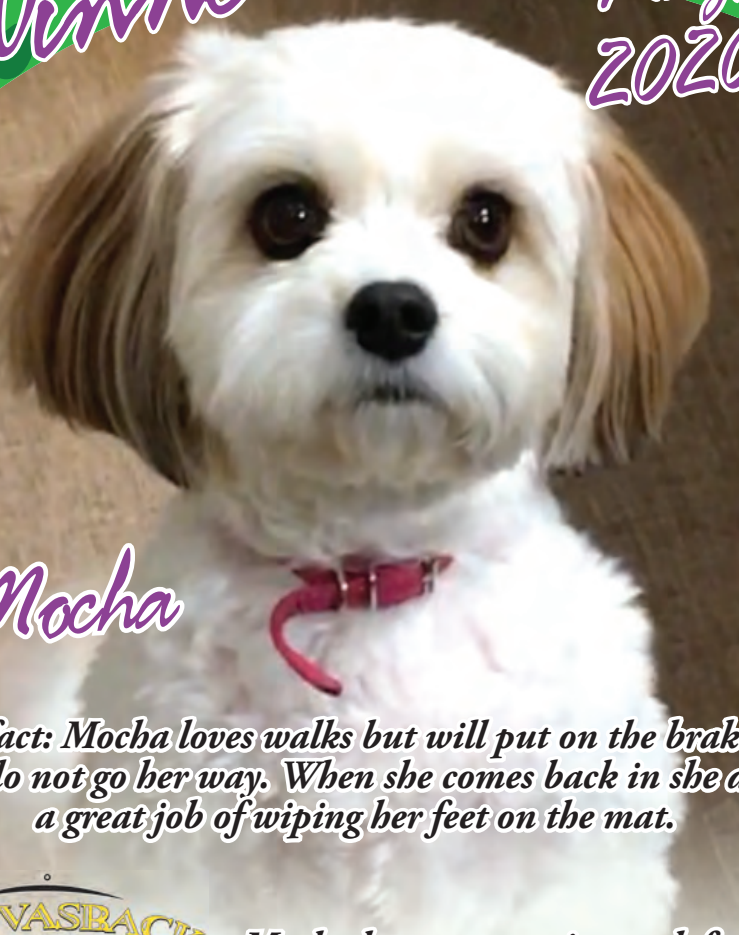
Dated at Winnipeg, Manitoba this 23rd day of May, 2020.

By order of the Board of Directors
DAVID MORTIMER
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May 2020



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In this time of uncertainty it's important to protect yourselves and your furry family members! Unfortunately the parasites affecting ourselves and our pets don't take a break. Deer ticks, which carry Lyme and other diseases, are prevalent at 4 degrees and have been seen in every month in Manitoba. We all know those mosquitos are everywhere and many are carrying Heartworm disease. Make sure your pets are on Heartworm Prevention from June to November and Tick Prevention throughout the year. Oral monthly chews are available for both Heartworm and Tick Prevention from your veterinarian by prescription.



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IERHA offering outdoor-only visits at PCHs; COVID's with us for the foreseeable future

By Patricia Barrett

The Interlake-Eastern Regional Health Authority is in the process of easing visitor restrictions at its personal care homes as the rate of new COVID-19 infections continues to remain low.

The IERHA will be offering outdoor-only visits, and site-specific plans are being made for each PCH, said CEO Ron Van Denakker May 22 during a conference call with media.

Staff will be creating "distanced spaces" outdoors, implementing strict hygiene protocols and monitoring visits for safety.

"When visitors come, we will ensure there is some monitoring so that infection prevention and control requirements are in place," said Van Denakker. "We're going to insist on strict hand hygiene, maintaining physical distancing (two metres/six feet apart) and – even though non-medical masks aren't required – if people want to wear a cloth mask that's absolutely fine."

No drop-in visits are allowed; visits must be booked by appointment. Visitor numbers and the duration of the visit will be limited, and gifts cannot be accepted in order to maintain high safety standards.

The RHA will be contacting families to let them know when a PCH is ready to accept visitors. Plans are expected to be finalized by the end of May.

Van Denakker said there's no process at this time for easing visitor restrictions at hospitals.

Other updates:

-The availability of medical services is starting to ramp up. Slates (i.e., time slots) for endoscopy and for surgeries are opening up starting June 1. The IERHA is looking at whether slates on evenings or weekends could be feasible in order to address the backlog caused a few months ago by a surge in COVID infections.

Van Denakker said the RHA continues to offer urgent services, "but what we're really trying to do now is slowly start to ramp up services by adding slates over a period of time."

Patients will be required to self-isolate for 14 days prior to their procedure to minimize the chance of a COVID infection.

The RHA is "balancing" its backlog in keeping with the number of COVID patient beds it has.

"COVID is still here," said Van Denakker. "It wouldn't take long [to fill beds] if there were significant outbreaks."

-The province is increasing its COVID-testing capacity. Referrals from Health Links or a family doctor are no longer required.



RECORD FILE PHOTO BY PATRICIA BARRETT

IERHA will be offering outdoor only scheduled visits at personal care homes.

"If you feel symptomatic, just go straight to a testing site," said Van Denakker. Selkirk, Eriksdale and Powerview/Pine Falls have testing sites.

-PCH health-care workers are still limited to working at one site only to reduce the risk of transmitting COVID. Van Denakker said the restriction will continue into the foreseeable future.

-Supplies of most personal protective equipment (PPE) have improved "dramatically" and there are more PPE "sources" available now than there were at the start of the outbreak, he said. Hand sanitizer is still at a premium, but "we are producing it locally," along with Health Canada-approved masks designed by a Winnipeg-based plastic surgeon.

-The IERHA, in line with recommendations made by provincial public health officer Dr. Brent Roussin, advises cottagers and visitors to not travel.

"If you don't need to travel to your cottages, don't," said Van Denakker. "If you're feeling at all ill, don't go. If you're feeling ill [if you have gone to your cottage], get back in your car and go home."

The goal is to "reduce the risk of transmission" to local residents and to health-care workers. He advises seasonal residents (if they're determined to go to their cottages) to stay away from permanent residents. And if

they won't stay away from permanent residents, they should sit two metres/six feet apart on decks, the beach, etc., limit their visit (no prolonged interactions) and wash their hands.

Van Denakker said he has seen some lackadaisical behaviour arise as a result of new COVID cases remaining low, but for the most part the public is being responsible.

"I'm extremely proud of Manitobans," he said. "And I'm proud of my staff. Our nurses, physicians and other frontline workers are all health-care heroes."

Epidemiologists around the world are predicting a second wave of COVID outbreaks this fall, and they may be more severe than what we've seen so far. By failing to maintain physical distancing and rigorous hand hygiene now, we risk future infections and/or deaths.

In Toronto last Saturday, politicians and health experts were horrified by the thousands of people who flocked to Trinity Bellwoods Park and behaved as though COVID didn't exist. A surge of new infections is expected in a few weeks' time (COVID's incubation period).

As of May 25, Manitoba still has 17 active COVID cases and has had seven deaths (data: Manitoba government). Over 5.4 million people worldwide have been infected and more than 344,000 are dead (data: Johns Hop-

kins University, May 25). It took only 11 days this month for an additional 1 million people to catch the virus.

Van Denakker said the province and its RHAs have watched and learned from COVID outbreaks and experiences in countries around the world and are waiting to see what COVID will "morph into come September."

Part of the planning going on right now is to determine how to cope with more COVID cases as well as expected influenza outbreaks, he said. "Nobody's taking their foot off the gas pedal on this one."

The province's easing of lockdown restrictions on gathering sizes and the re-opening of some businesses last week is "not a return to normal" advised Dr. Roussin during an update last Thursday. The virus is still circulating and we could see an increase of infections.

"We're going to need to deal with this virus in the foreseeable future in Manitoba," said Dr. Roussin. "This virus has not gone away, and it's not going to go away."

Scientists are looking at the antibodies formed after a COVID infection to determine how much immunity we have; preliminary studies don't show a lot of promise.

An Oxford University study found antibodies increased then fell in the first month of infection, and researchers concluded that we may not have much protection against subsequent infections. A study at New York's Rockefeller University found that people infected with COVID did not make "killer antibodies."

Our immunity response, similar to the common cold that's caused by coronaviruses, may not be strong enough to defeat the virus without a vaccine. There are about 100 vaccines currently in development.

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Grants night cancelled, but power of endowment lets granting go on

Submitted by the Selkirk and District Community Foundation

There was a strangeness about last week for the folks at the Selkirk and District Community Foundation (SDCF), and while some of it could be attributed to the extreme overnight temperatures we all had to endure, much of it was due to the absence of the annual grants awards night.

Due to COVID-19, the May 13 awards night had to be cancelled – it was the right decision because the health and safety of our communities is the most important thing.

Still, when last Wednesday came, SDCF Chairman Aaron Martyniw couldn't help but feel a little like something was missing.

"The grants awards night is a special night. It's a time of community and a time of celebration of all the good people in our community, who year in and year out, do good work to make our communities great," Martyniw said.

"So it was obviously disappointing to have to cancel the evening, but at this time the health and safety of all our citizens is most important. The SDCF is 'Here for Good', and we look forward to seeing everyone next year."

A cancelled event did not mean the cancellation of good news – the SDCF gave \$430,178 in grants to 86 different community projects. The grants were made possible through the generosity of the SDCF's donors and their belief in the power of endowment.

"We are always in awe of the commitment this community has to the

Foundation and the people's belief in endowment," Martyniw said.

"It's a staggering amount of money that goes to so many good, local projects each year, and for that, we must congratulate those who keep the Foundation in their thoughts and who make the decision to support not only the Foundation, but the organizations and people these grants support."

Among the worthy recipients of a grant this year was the Legacy of Love art installation that will be constructed at the Gaynor Family Regional Library.

The project will be located in the library's Urban Prairie Garden, a terrific outdoor space that is home to native plants and grasses.

The library received \$12,500 from the Selkirk and District Community Foundation for Legacy of Love, which will take direction from Elders and community leaders.

The Project Manager is Jeannie Red Eagle.

The installation will take the shape of a turtle, an important icon in Indigenous culture. In oral traditions, the turtle represents many things including life, the earth and a deep respect for the environment.

"The Library is very excited to be involved in this important community project. The Legacy of Love art installation will provide a place for the community to remember and recognize the missing and murdered Indigenous women," said Ken Kuryliw, Director of Library Services.

"It will be a spot for families to re-



RECORD PHOTO SUBMITTED

SDCF granting dollars were awarded to CRAFT – Community Reinforcement And Family Training - a program born out of a made-in-Selkirk program called START, now exists in four other communities. Pictured left to right, Kathy Burke (Clerk), Donna Henderson (CRAFT Coordinator), Tammy Thompson (Program Manager) and Cheryl Fathers (START Coordinator)

member, and for the community all to understand. The project is inspired by Turtle Island, traditional teachings and our link to the Red River."

Legacy of Love will encompass about 350 square yards and the silhouette of the turtle will be defined by large, granite field stones.

A mural wall will circle the central gathering area and will include imagery for those looking from the outside as well as those inside.

CRAFT is an acronym for Community Reinforcement And Family Training, and is a program for loved ones of people who are using substances. The SDCF granted CRAFT \$3,650 in funding.

"CRAFT is a counselling program, one on one counselling, to help create some positive strategies around how to handle the difficult situation of having a loved one who's using substances," said Tammy Thompson, program manager.

CRAFT was born out of a made-in-Selkirk program called START – Selkirk Team for At Risk Teens – which began 18 years ago and spawned not only CRAFT but RESTART. The START model now exists in four other communities – Dauphin, Stonewall, Gimli and Steinbach. START works with youth aged 11 to 21 and RESTART with adults aged 18 to 29.

Thompson says START is all about building community and it brings together the key players – RCMP, Child and Family Services, Lord Selkirk School Division and Probation Services – who work together to affect change in the lives of the teens, adults and families it works with.

"We came together because we felt we could serve our clients more effectively by working collaboratively," Thompson said.

"But we've grown a lot in the last 18 years and now it's spreading across the province."

Local metal detector finds lead cross from 1700s

By Becca Myskiw

A favour for a neighbour 12 years ago brought Robert Unik to find a lead cross from the 1700s in Robert Praznik's yard a few weeks ago.

Unik is a metal detector. He started the hobby after his neighbour lost her ring while gardening and asked him if he could find it. Starting out with a garage sale find metal detector, Unik found the ring, and he said that got him hooked.

Today, Unik is a well-known local metal detector in the Winnipeg and Selkirk area. He's upgraded from his first metal detector and used his current one, worth over \$1,000, to metal detect Praznik's yard.

Praznik said his son found Unik on Facebook and asked him to do the property. Praznik's historic property dates back to the 1820s when the Hudson's Bay Company and the North West Company subdivided the land.

His home, Praznik said, sits on a

spot by the river in St. Andrews where travellers would stop for a break. His family has owned the land for six generations.

Knowing their property has history to it, Praznik said he wasn't surprised when Unik found something — but the cross was surprising because it's made of lead.

"It intrigued me right away," said Praznik, who has been doing research on the relic since Unik found it. "Finding a lead cross is very rare, even in trading posts."

Praznik said he's not completely sure why lead crosses are rare. He said it might have something to do with the fact that most crosses were made for jewelry and lead doesn't shine like brass or silver.

The cross they found is different from most lead crosses, too. Most have a loop for the chain to go through, but this one has a base instead.

"So it was meant to be something

else," said Praznik.

As a superintendent at a Catholic school, Praznik speculates the cross in his yard is one a priest would carry for mass. This one appears similar to one found in Saskatchewan which was traced back to a French trading post in Michigan known as Fort Michilimackinac.

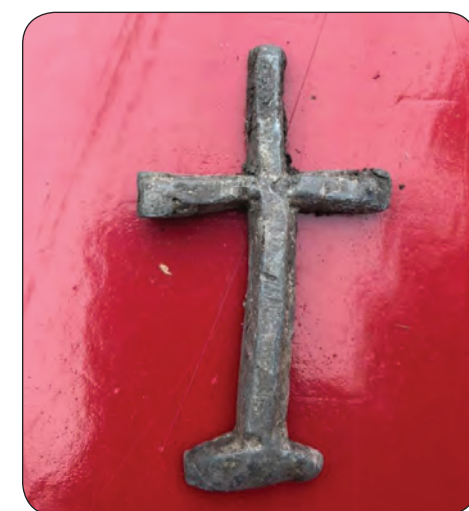
That post was operational in early to mid 1700s and a 1959 excavation found casts for crosses like this one there.

The cross, Praznik said, could have easily fallen out of the priest's pocket or bag when passing through the area.

The priests often carried diaries with them at the time — something Praznik is currently looking for to see if a priest mentioned losing the cross.

"That would sort of be the icing on the cake," he said.

While Praznik searches for answers, Unik is searching for more yards to metal detect. Anyone wanting to see if



RECORD PHOTO SUBMITTED

Robert Unik found a lead cross using a metal detector in Robert Praznik's backyard in St. Andrews a few weeks ago.

relics lie within their land can contact him at unik1@shaw.ca

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Cox targeting 2021 Paralympic Games in Tokyo

By Brian Bowman

Rob Cox has a target of representing Canada in archery at the 2021 Paralympic Games in Tokyo.

He recently had a meeting via a conference call with Team Canada's head coach and an assistant coach who is from Manitoba.

He expects to start training very soon with the goal of making Team Canada and competing at a Paralympic Games for an impressive third time.

"If I stay on track and do a lot of training I am that much closer to being part of the team next year for Canada," said Cox, who lives in Winnipeg. "It will mean a lot of hard work and I hope to be back to the form I was before I left eight years ago due to medical reasons."

Cox would love to take the trip to Tokyo and feels that he has a good shot to make Team Canada. But he warned that he is going to have to put in a ton of hard work - shooting up to a 1,000 arrows a week.

"The fact that I'm a veteran and I've been there before and I have been involved with the Olympic program in 2008 in China and I was part of the Olympic program in 2012 (is promising)," said the 52 year old. "I've been at a number of worlds, I've (won) a lot of medals, I have four Canadian indoor records, so I'm probably the most seasoned athlete that is going to be involved with the program right now."

Cox was in Las Vegas back in February for an event and shot extremely well, scoring 885 out of a total score of 900.

That's a remarkable score. But what's more impressive is the fact that Cox had not competed for eight years.

"For me, that was fantastic," he said. "I was 15 points off a perfect score. Out of 3,800 archers, I was

second in the disabled division out of 50 countries. It was my fourth time going, but this was my best year ever. I wanted to see if I was back on track and how my shooting was going. If I shot bad in Vegas, I would not have even bothered trying my summer training or anything."

Cox felt very comfortable shooting against the top shooters from around the world.

Like many great athletes, Cox has had a fantastic support group behind him. Mike Fox and his son Collin and Kyle and Ryan Cherniak are always there to help out when they train in Selkirk. All four were with Cox out in Las Vegas.

Mike Fox said Cox's score in Las Vegas was phenomenal, especially considering he was up against some great shooters.

"For Rob, he hadn't shot in a major tournament in several years but we were all doing fantastic shooting previously so we talked about going to Las Vegas," he explained. "My son and myself were contemplating about going but when Rob came aboard he said, 'He'd like to go to Las Vegas and I said that's the last kick to go and we went with him.'"

Cox is very grateful to have a place to shoot in Selkirk.

"I am so happy that we have a place here in Selkirk again to shoot and train," Cox said. "Harvester Outfitters on 509 Mercy Street here in Selkirk played a big role in me getting back to the game that I love so much."

"They say that when you shoot archery, it is an individual sport, but that is not the case. When you have a team of people behind you then you can go far. My family is behind me 100 per cent and they are letting me do what I need this year to be ready for next year. If that means they will take on extra



PHOTO SUBMITTED

Rob Cox is vying to represent Canada for a third time in archery at next year's Paralympic Games.

roles so that I can focus on what I need to do then that is what they are ready to do."

Mike Fox feels Cox is a great ambassador for the sport of archery. He is very proud that our area has produced so many elite archers over the years.

"He's quite the shot and a very bubbly guy," Fox said. "He's very friendly and easy to get along with and he's easy to talk to. He's very helpful for archery."

"It's hard to put into words that we actually have an archer in our area that went to several Olympics, which is fantastic, especially for a paraarcher who can be aspiring to other people in wheelchairs or people with a disability."

Western Hockey League announces scholarships for graduated players

Staff

The Western Hockey League announced last week that 402 graduate players have been awarded WHL scholarships for the fall and winter semesters of the 2019-20 academic year.

That number included 42 Manitobans who have accessed their WHL scholarship.

The 2019-20 season serves as the 26th year of the WHL Scholarship program. Established on a league-wide basis in 1993-94, over 6,400 WHL scholarships have been accessed, representing an investment of over \$28 million by WHL clubs. This season, WHL teams will contribute in excess of \$2.8 million to the 402 WHL graduates utilizing the scholarship.

"The WHL and our clubs are very pleased to see another year in which we can award more than 400 WHL scholarships to our graduate players, allowing them to pursue post-secondary education," said WHL commissioner Ron Robison in a media release. "Each year, we see a remarkable number of graduates accessing their WHL scholarships. This clearly demonstrates the commitment of WHL club

ownership to not only provide a world-class hockey experience, but also the most comprehensive scholarship available in North America today."

Administered by the WHL office, scholarships are solely funded by the WHL member clubs. Every player who plays in the WHL is eligible to receive the WHL scholarship. For every season a player plays in the WHL, they receive a guaranteed, full-year scholarship which includes tuition, textbooks and compulsory fees to a post-secondary institution of their choice. The WHL scholarship is a fully-guaranteed academic scholarship with no requirement to play university hockey to qualify. The WHL graduate can apply the funding to any post-secondary or career-enhancing program of his choice, including trades schools or professional career training programs.

WHL Scholarship recipients were enrolled this year as full-time students at 82 different post-secondary institutions throughout North America.

Manitoba WHL graduates receiving scholarships:
Name - Home Town - Club Responsible for WHL

Scholarship

University of British Columbia -
Tanner Wishnowski - Cooks Creek - Kelowna
University of Calgary
James Shearer - Brandon - Brandon
University of Manitoba
Garret Armour - Winnipeg - Brandon
Ian Briscoe - Winnipeg - Seattle
Tyler Brown - Winnipeg - Regina
Cedric Chenier - Winnipeg Spokane
Mackenzie Dwyer - Winnipeg - Everett
Andrea Esposito - Winnipeg - Calgary
Bradly Goethals - Ile-des-Chenes - Everett
Brian Harris - Wawanesa - Edmonton
Adam Henry - Winnipeg - Seattle
Ryan Kubic - St. Andrews - Vancouver
Riley Lamb - Rivers - Red Deer
Remi Laurencelle - Winnipeg - Everett
Thomas Lenchyshyn - Steinbach - Lethbridge
Dawson Martin - Winnipeg - Calgary

Catellier, Desmarais commit to Selkirk Steelers

By Brian Bowman

It's only late May, but the Selkirk Steelers are already thinking about hockey.

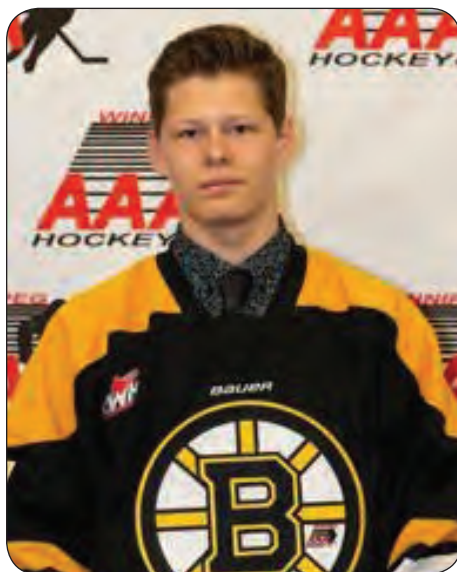
The Steelers announced earlier this month that the Winnipeg Bruins' Mathieu Catellier has made a commitment to their organization.

Catellier, a 2003-born forward, scored 30 goals and produced 55 points in 43 games with the Bruins last season.

"The thing about Mathieu that we're really excited about is, not only can he produce offensively, but he brings an element of passion and grit to the game," said Steelers' head coach Hudson Friesen. "He hates to lose and loves to win and he competes for every puck and every battle. That's the type of player that we want in our organization."

Catellier played four games with Selkirk this past season. He did not produce a point in those games but still played well.

"When we brought Mathieu up last



The Selkirk Steelers announced last week that Winnipeg Bruins' forward Mattieu Catellier has committed to their organization.

year, he did really well for us," Friesen noted. "In those games we were playing some stiff competition and he showed really well. There were times where we thought he could have



RECORD PHOTO SUBMITTED
Goaltender William Desmarais has made a commitment to the Selkirk Steelers' organization.

stepped up and played more games for us but we felt the experience from those games will really help as he comes into this season."

Last week, the Steelers announced

the commitment of 2001-born goaltender William Desmarais. Desmarais, a Sherbrooke, Quebec native, played last season with the College Champlain Cougars of the QCHL.

"He comes from a good line of goal-tenders from Quebec," Friesen said. "A lot of goalies from there have had success in our league. After watching him, he's a very athletic goalie, he's competitive, keeps on the puck, and he's a very good person which is what we're looking for."

Last season, Desmarais posted an impressive 17-6 record with a 1.96 goals-against average and .924 save percentage.

"His numbers are very impressive - I think the net size (in Quebec) is the same as I'm aware," Friesen joked. "He had an outstanding season and he had a lot of interest from around Canada so we're really happy to be able to get a commitment from him and have him come to camp and compete for a spot."

MJHL update provided by commissioner Kim Davis

From the MJHL website

Hello MJHL players, fans, supporters and partners. I know that many of you will recognize me as the league commissioner. I would have liked nothing more than to see all of you in the team arenas over the past two months. Unfortunately, with the worldwide health crisis we are battling has changed things for all of us.

Today, I want to share with you what the MJHL has been doing since the season was cancelled on March 13. Since the middle of March we have been focused on three key areas. The first area is accessing any and all federal and provincial financial assistance programs that have been made available to small businesses. Each member team, as well as the league office, have applied for the various programs we qualify for and some

have accessed these funds already which is reassuring.

At the league office, we have been busy creating scenario plans for the start of the 2020-21 season. These scenario plans have been extensive and range from the development of a normal 60-game schedule starting in September down to a 30-game schedule starting in December and several options in between.

Let me emphasize that I am highly optimistic and confident that we will start the upcoming season this fall. To accomplish that and begin the new season in the fall will mean that the hockey environment will have to change. Our third major area of focus has been the development of Return to Play Protocols. These protocols will describe the league's plan for its teams that will allow them to

offer Junior A hockey games in their team arenas. The protocols will be extensive and will range from how fans enter and exit the building and all interactions once they are within the facility to how the two competing teams will prepare for and compete on the ice and everything in between.

Needless to say, the MJHL has never made plans or protocols as thorough as this before, but it is something we are beginning to work on at this time. The MJHL has been informed by the Provincial Public Health Office that the Return to Play Protocols we design must be approved by the Chief Provincial Public Health Officer before league play can resume. The COVID-19 pandemic and our desire for the health and safety of all persons means we must do our part so that we can enjoy hockey once again.

As I mentioned, this is a brief update to let you know the MJHL is doing well and working diligently to get the league and its teams back into a new normal operating environment.

I want to conclude my comments with a personal note. As you may know, I will be leaving the MJHL as its commissioner at the end of June after 18 fantastic seasons. I want to say how grateful I am for the opportunity the Board of Governors of the league has provided me during my long tenure. My work as commissioner has been challenging, fun and rewarding. It has also been difficult and frustrating. My lasting reflection on my time as MJHL commissioner is how fortunate I am to have had the chance to work in the hockey business and with such passionate and caring people. I'm very lucky.

> SCHOLARSHIPS, FROM PG. 15

Lasse Petersen - Swan River - Red Deer
Brady Pouteau - Oak Bluff - Regina
Liam Schioler - Winnipeg - Regina
Devon Skoleski - St. Adolphe - Everett
Lucas Skrumeda - Winnipeg - Everett
Matthew Stanley - Balmoral - Swift Current
Mark Taraschuk - Winnipeg - Swift Current
Colton Veleso - Winnipeg - Portland
Nick Zajac - Headingley - Saskatoon
Mount Royal University - Calgary
Riley Shamray - Oak River - Lethbridge
Ryley Lindgren - East St. Paul - Brandon

University of Regina
Linden McCorrister - Peguis - Brandon
Landon Peel - Virden - Kootenay
University of Winnipeg
Mario Petit - Ile des Chenes, Everett
Reid Zalitach - Winnipeg - Vancouver
Acadia University - Wolfville, NS
Jordy Stallard - Brandon - Calgary
Carleton University - Ottawa
Aaron Boyd - Winnipeg - Prince George
Queen's University - Kingston
Duncan Campbell - Brandon - Brandon
Josh Curtis - Winnipeg - Prince George
Assiniboine Community College - Brandon

Rylee Zimmer - Russell - Regina
Justice Institute of British Columbia
- New Westminster
Jack Cowell - Winnipeg - Kelowna
MC College - Winnipeg
Brandson Hein - Winnipeg - Everett
College New Caledonia - Prince George
Ty Edmonds - Winnipeg - Prince George
Red River College - Winnipeg
Braden Purtill - Winnipeg - Tri-City
Ryan Sokoloski - Winnipeg - Swift Current
Minot State University - Minot
Kirklan Lycar - Elma - Brandon

get inspired



Roasted Potatoes

1 teaspoon garlic, finely chopped
 1 teaspoon vegetable oil
 1/4 teaspoon salt
 1/4 teaspoon pepper
 1 tablespoon parsley, finely chopped
 1/2 teaspoon paprika
 Preheat oven to 350 F.
 In medium bowl, mix potatoes, onions, green peppers and garlic.
 Add vegetable oil, salt, pepper, parsley and paprika.
 Mix well.
 Cover bowl and refrigerate 15 minutes.
 Spread potato mixture evenly on cookie sheet. Bake about 35 minutes.

Recipe courtesy of "A Harvest of Recipes with USDA Foods"
 Servings: 6
 1 pound potatoes, chopped into 1-inch cubes
 1/2 cup onion, chopped into 1-inch cubes
 1/2 cup green pepper, chopped into 1-inch cubes

Pasta in a Pinch

Recipe courtesy of Jenn Fillenworth, MS, RDN, of "Jenny With the Good Eats" on behalf of Milk Means More
 Prep time: 5 minutes
 Cook time: 15 minutes
 Servings: 6
 8 ounces uncooked penne pasta
 2 1/2 cups water
 1/4 teaspoon salt
 1/4 teaspoon black pepper
 1/2 teaspoon dried basil
 1/2 teaspoon garlic powder
 1/2 cup milk
 2 cups mozzarella cheese, grated
 1 can (15 ounces) cannellini beans, rinsed and drained
 1 can (14 1/2 ounces) diced tomatoes, drained
 1/4 cup Parmesan cheese
 freshly chopped herbs, for garnish (op-

tional)
 In large microwavable bowl, place uncooked penne pasta and pour water over top to cover. With food-safe plastic wrap, cover bowl, leaving small section to vent as it cooks. Cook 3 minutes longer than package directs, approximately 13 minutes.
 Once pasta has cooked, drain into colander then place back in bowl. Add salt, pepper, basil, garlic powder and milk; stir to combine. Begin to stir in cheese a little at a time. Microwave 1 minute. Remove from microwave and stir again.
 Add cannellini beans and diced tomatoes; stir. Microwave 1 minute. Remove from microwave and stir. Assess if ingredients are hot and cheese is melted. If not, microwave 1-2 minutes.
 Top with Parmesan cheese and garnish with fresh herbs, if desired.



Strawberry Cream Cheese Tartlets

Makes: 24 tartlets (4 ounces each)
 1/2 cup water
 2 tablespoons lemon juice
 3 tablespoons lemon zest
 2 tablespoons gelatin
 4 cups Strawberries, sliced, divided
 1/3 cup honey
 2 packages (8 ounces each) cream cheese
 1/2 cup sour cream
 1 cup ice cubes
 2 cups graham cracker crumbs
 1/2 cup melted butter
 1 cup Strawberries, rinsed, for garnish
 1 cup Raspberries, rinsed, for garnish

In blender, mix water, lemon juice, lemon zest and gelatin until frothy. Add 2 cups strawberries and honey; blend until smooth. Pour into bowl and chill mix 15 minutes.
 In blender, mix cream cheese, sour cream and ice cubes while incorporating strawberry mixture. Mix in remaining strawberries.
 In blender or food processor, mix graham crackers and melted butter to crumb consistency. Lightly grease two medium muffin pans and pack graham cracker mixture at bottom of each opening. Pour strawberry mixture over graham cracker mixture and chill until set. Gently pull tartlets from muffin tins and place on serving tray. Garnish with strawberries and raspberries.



Cook Up Kebabs

As one of the most versatile main courses that can be grilled, kebabs offer nearly endless opportunities for customization. From protein to veggies, soaked wooden skewers can be loaded with just about any favorite flavors before hitting the grates. Consider these options for kicking your kebabs up a notch:

- Steak, cut into chunks
- Chicken, cut into chunks
- Bratwurst or sausage, cut into slices
- Ground beef, shaped into balls
- Lamb
- Shrimp
- Salmon, cut into chunks
- Bacon, cut into small pieces
- Sliced onions
- Sliced bell peppers
- Sliced jalapenos
- Sliced mushrooms
- Sliced cucumbers
- Cherry tomatoes



Mexican Beef Sliders with Jalapeno Salsa and Avocado Cream

Recipe courtesy of Beef + Lamb New Zealand
 Prep time: 20 minutes
 Cook time: 15 minutes
 Servings: 4
 Patties:
 1 1/3 pounds lean New Zealand grass-fed ground beef
 1 clove garlic, crushed
 1 medium onion, grated or finely chopped
 1 egg, lightly beaten
 3/4 cup red kidney beans, rinsed and drained
 2 tablespoons tomato paste
 3 teaspoons dried oregano, chopped
 2 teaspoons mild smoked paprika
 2 teaspoons ground cumin
 1 teaspoon ground coriander
 1/2 cup Parmesan cheese, grated
 salt, to taste
 pepper, to taste
 olive oil

lime juice

Avocado Cream:

1 avocado, mashed
 1/2 cup sour cream
 1 lime, juice and zest only
 salt, to taste
 pepper, to taste
 8-12 slider buns, halved
 2-3 cobs sweet corn, cooked and sliced into shards
 8-12 small bamboo skewers
 To make patties: In bowl, combine beef, garlic, onion, egg, kidney beans, tomato paste, oregano, paprika, cumin, coriander, Parmesan cheese, salt, to taste, and pepper, to taste. Shape into 8-12 small patties. Cover and refrigerate 15 minutes. Heat grill or frying pan to medium heat. Brush patties with oil on both sides. Cook 2-3 minutes on each side, turning once to brown both sides evenly, until cooked through. To make Jalapeno Salsa: In bowl, combine cucumber, cilantro, onion and jalapenos; season with salt and pepper, to taste. Drizzle with olive oil and lime juice. To make Avocado Cream: In bowl, combine avocado, sour cream, lime juice and lime zest; season with salt and pepper, to taste. Spread Avocado Cream on bottom buns and place patties on top. Top patties with Jalapeno Salsa, corn and top buns. Press down gently and poke in skewers to secure sliders.

Jalapeno Salsa:

1 cup cucumber, thinly sliced into long ribbons
 3/4 cup fresh cilantro leaves, chopped
 1 red onion, finely sliced
 1/2 cup pickled jalapenos, finely chopped
 salt, to taste, pepper, to taste
 olive oil

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The Selkirk Friendship Centre is accepting resumes for **SUMMER STUDENTS**

Funding Provided by Manitoba Metis Federation

2 - Summer Playground Coordinators
2 - Summer Playground Assistants
2 - Child Care Assistants

We are looking for Individuals who are team players, responsible, dependable and returning to full time post secondary education in September 2020. Other requirements include intermediate to advanced computer skills, excellent oral and written English skills. Experience with school age programs are considered an asset.

Qualifications:
 -Between the ages of 15 and 30
 -Experience with Children ages 2 to 12 years of age
 -Able to obtain a clear criminal record check, vulnerable sector/child abuse check prior to job start date
 - Current First Aid, CPR and NvCI
 - Drivers License Preferred.

The deadline for applications will be **Wednesday June 3 2020 at 4:30 PM.**
 Only successful applicants will be contacted for an interview and positions may begin June 8th 2020.
 The Summer Student Employment Program provides career related work experiences opportunities for Metis, Non-Status and Inuit students through the support of the Manitoba Metis Federation.
 Applicants are encouraged to self-identify in their cover letter. Applicants must be between the ages of 15- 30 years of age who attended school full-time during the preceding year and who intend to return to school on a fulltime basis in the following academic year. (Part time and distance students do not qualify) Must be legally entitled to work in Canada.
 Please submit Resume and 3 References by EMAIL ONLY to Hiring Committee: Summer Student Position sfc@mts.net

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Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

CAMPERS-TRAILERS

2006 Trail Sport Featherlite by R-Vision 25 ft travel trailer. 3,152 kg. dry wt. Sleeps 6, VGC. Call 204-268-4887 for more info.

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Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

OFFICE/RETAIL SPACE FOR RENT

Office or retail space for rent. 750 sq./ft., across from Safeway on Main St. \$1,000/mo + GST. Includes utilities and A/C. Immediate occupancy. Phone 204-785-0105.



PROPERTY FOR SALE

Prairie Lake Lodge, 5 lots, immediate possession. 100' frontage x 125'. Ready for RV/cottage. Six waterfront lots available soon. Hydro included. David, 204-773-6819, Gerald, 204-773-0380.

HOUSE FOR SALE

Country living-approx. 1140 sq. ft. home located on 5.43 acres, 3 bdrms. 1 bath main floor. Basement partially finished with 1/2 bath - plumbed for shower. Electric furnace, new well - fall/2019. Outbuildings - large barn 25ft. x 42ft. with hay loft, detached garage 24ft. x 30ft. Conveniently located between Selkirk and Stonewall on 67 Hwy. Only 20 minutes from Wpg. Priced at \$349,000 obo. Phone 204-482-4917 or 204-482-7351 for more info.

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Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

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Pizza Den Restaurant & Lounge now hiring full time assistant manager. Applicant must be hands-on, multi-tasker, team player. Mid afternoon-evenings Wed-Sun. Must have previous hospitality industry experience. Also hiring a part-time evening cook, 3-4 nights per week and includes weekends. Go to pizaden.ca to view menu. Send resumes for either position to robert.magnifico@gmail.com or call Robert at 204-799-2423.

\$12/hr. No experience necessary, will train. Must be fit and able to work outside. Splitting wood with hydraulic splitter and loading trucks with wood. Flexible hours. Must be Metis or Inuit or Non-Status. Must be a student in 2019 and is returning to school this fall. If interested, contact Mike at 204-482-4949 or cell 204-482-0922.

Allstar Environmental Services Inc. looking for a fulltime septic service hauler. Class three licence with air required. If interested contact 204-485-4753 or email allstarenviro@gmail.com

HELP WANTED

Summer student, 30-40 hours/week. General yard maintenance. Must have valid driver's licence. Mechanical ability would be an asset. For information phone 204-785-0105.

MISCELLANEOUS

BN never used; still in box, bendable gooseneck table or desk STUDY LAMP, EWO \$15; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BNCIEC pr. sz. 9 Men's WORK BOOTS/SAFETY SHOES w/ laces & steel caps over toes, \$100; red, white & black lined WINTER SUITCOAT OVERCOAT fits a men's sz. XL, well insulated winter overcoat, has been dry cleaned, \$100. Ph. 204-785-8598.

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R.M. OF ST. ANDREWS

ECONOMIC DEVELOPMENT OFFICER POSITION

The RM of St. Andrews is committed to building a future that welcomes innovative new ideas and requires an experienced Economic Development Officer. This position provides a unique opportunity to build and establish a new economic development strategic foundation and directly influence business retention, growth, and attraction throughout the Municipality.

Reporting to the Chief Administrative Officer (CAO), the Economic Development Officer is a new position that will be responsible for:

- Managing economic development initiatives outlined in the Strategic Plan and development related projects;
- Acts as a liaison between the Municipality and stakeholders with respect to economic development (Provincial and Federal Government, private industry, financial institutions, non-government organizations);
- Researches government programs and manages grant applications for economic development projects;
- Conducts periodic research into community needs and sustainable economic development opportunities and maintains detailed economic, demographic and infrastructure (land and buildings) records to support the information needs of prospective business initiatives;
- Recruit, coordinate, and maintain contacts with commercial real estate brokers, developer, and land owners to create strategic opportunities to encourage new development;
- Manages the sale or subdivision of Municipal property;
- Maintains an up to date land supply/demand database;
- Implements strategic communications initiatives related to planning and economic development;
- Assists with community consultations for planning and economic development projects;
- Prepares reports, research papers, educational texts, articles, or blogs on development related issues or projects.
- Other work or projects as assigned.

The ideal candidate will have professional experience in facilitating and promoting community and economic development. The candidate should have practical knowledge and experience in marketing, business development, public consultation and community engagement. A post secondary education in business administration, rural development, urban and regional planning or community development is required.

Interested applicants are to provide a professional resumé complete with (3) contact references to the Chief Administrative Officer at office@rmofstandrews.com. The position will remain open until filled.

DJ Sigmundson, Chief Administrative Officer
 R.M. of St. Andrews www.rmofstandrews.com

R.M. OF ST. ANDREWS

PUBLIC NOTICE 2020 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Rural Municipality of St. Andrews intends to present its financial plan for the fiscal year 2020 at a public hearing hosted over YouTube live video on **Monday, June 8, 2020 at 6:00 p.m.** The link to the YouTube video will be posted on the municipal website, noted below, by June 5, 2020.

To accommodate physical distancing, seating is available in the Council Chambers for only 8 people. Please register your attendance with the office.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the financial plan by telephone at 204-738-2264 select option 7 then extension 1 or email at info@rmofstandrews.com following the presentation of the financial plan.

A copy of the financial plan will be available for review after Monday, May 25, 2020 on the municipal website at www.rmofstandrews.com and at our office during regular office hours at 500 Railway Avenue, Clondeboye, Manitoba.

Dated this 25th day of May, 2020.

DJ Sigmundson,
 Interim Chief Administrative Officer
 R.M. of St. Andrews

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Safely through another week, God has brought us on our way. Let us now a blessing seek, on the present Sabbath. Day of all the week the best, emblem of eternal rest. Author unknown. Please visit us at www.clda.ca

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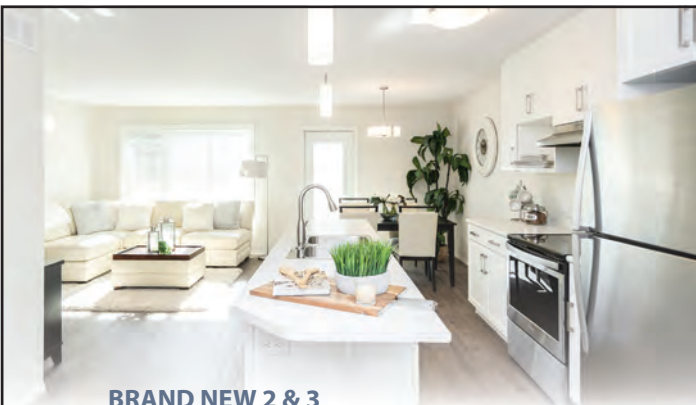
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Online timed farm and yard auction **Monday June 1, closing begins at 6 pm**, auction site may be visited for inspection **Saturday May 30, 9-5 pm**

6 mile north of Rosenfeld on 332 and 1 mile west on road 19 N or 5 south of hwy 23 east of Lowe farm.



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This auction was advertised for May 9, due to Covid, we postponed till now. 1928 Whippet, running condition; MF 185 Diesel tractor with loader. IHC model H w/loader; Watson Malcom roll top desk, 3 guns 30-06, Remington 12 gauge, See our website for the listing on this small online auction

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ANNOUNCEMENT

BIRTHDAY



Guess who turned 80 Years Young on May 20th?
A loveable, wonderful woman, wife, mother and grandmother
Stella Kubic
(early photo)
-With love, husband Bob, daughters Shirley, Brenda and Cindy, and your grandchildren

ANNOUNCEMENT

ANNIVERSARY



Happy 64th Anniversary to Joanne and Lorne Thomas on June 2nd
-Love from your family

ANNOUNCEMENT

BIRTHDAY IN MEMORIAM



Happy Birthday in Heaven
Jason Orvis
May 29, 1972 - April 7, 2020

Birthday wishes, sent to Heaven
From our family below;
We miss and love you dearly,
And we wanted you to know.
Your birthday is not forgotten,
And your memory lives on;
We celebrate the life you had,
Even though you've gone.
If we were given just one wish,
One that would come true;
We'd wish you back beside us,
To spend this day with you.
We will always love and miss you,
And will often shed a tear;
Especially on your special day,
Year after year.

- Love from Mom, Dad, Vince and Shauna

ANNOUNCEMENT

IN MEMORIAM



Lawrence Drialich
August 06, 1942 - May 26, 2018
Virginia Drialich
December 26, 1942 - June 15, 2017
Sad are the hearts that loved you,
Sad are the many tears that fall;
In our hearts you will always stay,
You are loved and remembered every single day.

-Debbie, Wayne, Terri, Celina, Tristan, Wayne, Jessica

ANNOUNCEMENT

IN MEMORIAM



Beverley Sarna
December 26, 1942 - June 2, 2019
A million times we've needed you,
A million times we've cried;
If love alone could have saved you,
You never would have died.
In life we loved you dearly,
In death we love you still;
In our hearts you hold a place,
No one else can ever fill.
It broke our hearts to lose you,
But you didn't go alone;
Part of us went with you,
The day God took you home.
Love and miss you, Mom and Mama.
-Love Barb, Jaclyn and Lauryn

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Announcements

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OBITUARY

Gerry Samagalski
1934 - 2020

It is with heavy hearts that the family announces the passing of Gerry Samagalski on Tuesday, May 19, 2020 at the age of 85.

He retired from RCAF in 1979 after 25 years of service. His endless commitment to volunteering and community service were his passions.

Gerry will be sadly missed and forever remembered by his loving wife Corrine; daughters Darlene and Gail (Jeff); sons Ken, Mark (Kathy) and Geoff (Deb); grandchildren; Kara, Jordan, Devon, Conal, Brayden and Kurtis. He was predeceased by his parents John and Mary; and two sisters Joan and Doris.

The family wishes to extend their gratitude to his doctors, nurses, and home care providers.

Cremation has taken place and as per Gerry's wishes, there will be no service.

Rest in peace.

OBITUARY

William Andrew O'Neill



It is with great sadness we announce the passing of our very dear friend, Bill. He peacefully left us on May 13, 2020 after a short stay at the Selkirk Regional Health Centre.

He was predeceased by his wife Norma and is survived by four daughters, Shirley, Carol, Chris, Shelley and their families.

Above all, Bill is survived by his devoted partner Clara, who he shared 27 wonderful years with and where he gained his "bonus" step family from. Bill is also survived by his daughters Gloria (Roger) and Toots; and his son Doug (Betty). He also leaves behind many grandchildren; great-grandchildren and two great-great-grandsons whom he thought the world of.

He was predeceased by his daughter Merle and son-in-law Darwin.

Bill was born on October 11, 1932 in Winnipeg, Manitoba. A hard working man all his life, he started working as a delivery truck driver for various soft drink companies in Winnipeg, where he eventually became a district manager. Bill's next adventure was in 1981 with the Western Canada Lottery Corporation where he worked as a sales representative for 13 years until his retirement in 1994. Bill was not one to sit idle and after a short time in retirement decided to join the work force again by driving bus for Beaver Bus Lines in Selkirk until 2010 at the ripe old age of 78! Wherever Bill was employed he always developed friendly working relationships with his coworkers.

Bill was an avid fisherman and hunter. He always looked forward to goose hunting with his "American friends". Bill enjoyed the little things in life like telling a joke (and laughing until he cried), doing the Free Press Jumble, watching classic TV shows and taking his "Sweetheart" Clara for lunch, then of course, for ice cream. He loved family holidays and get-togethers, tinkering in the yard and telling stories about the "good ol' days". He was a kind and generous man with a bright, caring smile always on his face.

Bill will be missed dearly by Clara, all the family and all his lifelong friends.

The family would like to thank all the doctors and nurses at the SRHC for the wonderful care given to Bill during his time there. Also, a big thank you to Rick from Interlake Cremation & Memorial Services for the compassion shown to us during this difficult time.

Cremation has taken place and a celebration of life will take place at a later date.

"Gone from our sight, but never from our hearts"

Arrangements in care of

 **Interlake Cremation
& Memorial Services**
204.482.1040

OBITUARY

Grace Marie Buziak (nee Knuff)
January 1, 1933 – May 22, 2020



Mom passed peacefully at the Red River Nursing Home unable to have family at her side due to the COVID 19 PANDEMIC.

Left to mourn her death are her two daughters, Sherry (Nicholas) Mulcahy of Selkirk and Virginia Magee of Victoria, BC. She also leaves her grandchildren, Jodie (Kyle), Riley, Garet, Brandy (Dawson); great-grandson, Jackson; her sister Verla Erlendson, brother-in-law Floyd Hartman and son-in-law Bill Aisman. She is predeceased by her husband Albert Buziak; her daughter Cindy Aisman; sisters Dorothy Price and Shirley Hartman; her parents Grace and Charles Knuff and several brother and sisters-in-law. She will be missed by many nieces and nephews.

Marie was born in Phippen, SK, raised on the farm, with her parents and three sisters. She graduated grade 12 in North Battleford, SK. Marie became employed at the Bank of Montreal in North Battleford where she met her husband, Albert Buziak. In 1960 she began motherhood to her stepsons and shortly after gave birth to Cindy. Sherry was then born in 1963.

In 1971 Albert, Marie and their two daughters relocated to the Cypress Hills in southern SK for four-year duration before settling in Selkirk, MB. Marie was throughout her marriage a stay at home mother. She enjoyed baking and gardening, always taking her domestic duties very seriously. She eventually was reunited with her first daughter Virginia giving her a certain amount of peace.

A family celebration of her life was held in the Gilbert Funeral Chapel.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Franklin Stefan Halderson III



Franklin Stefan Halderson III, resident of Winnipeg, MB, formerly of Lockport, MB, passed away with family by his side on May 21, 2020 at the age of 46, after a battle with ALS.

Frank was predeceased by his father Frank Sr. and also by his grandparents Frank and Madeline Halderson and John and Ada Todd.

Frank was a gentle, passionate man who cared deeply about his family and friends. He unabashedly expressed his feelings; it didn't take long for his nieces to give him the title of 'Best Card Writer.' He was so proud of his nieces and nephews that when he spoke of them, you would think that they were his own children. Frank loved traditions, held onto keepsakes, and had a great respect for his elders.

Frank enjoyed a cup of fresh ground coffee in the morning and a flavourful beer on the weekend. Frank had an eclectic love of music and could lose himself in music for hours. He always had great playlists ready to go.

By the time Frank was 12, he could solve the Rubik's cube in about 30 seconds; this natural logic would eventually lead him to a university degree and career based in computer science. His continued love of the cube recently inspired his nephews to learn to solve it. Frank's incredible technological knowledge made him the guy his family and friends turned to when they had any tech related questions. He was a member of the local Linux club, and spent endless hours researching topics that most people had never even heard of.

Frank had a close-knit group of friends; most of these relationships go back decades. He spent a great deal of time with their families: camping, celebrating, just hanging out looking at the stars, playing guitar, and of course, engaging in long nights of poker. He was an honorary uncle to all their children and took great joy in watching them grow.

About five years ago, Frank rediscovered the game of Dungeons and Dragons which had originally been introduced to him by his father in the 1980's. Frank became so passionate about D&D, that in July of 2019, he and his brother travelled to Scotland to play the game in a 400-year-old castle. Frank spent many hours playing D&D and continued to do so until he no longer could.

Frank will be lovingly remembered by his mother Florence and stepfather Graham Wiseman; his sister and brother, Nancy (Curtis) McRae and Kris (Angela) Halderson, and his nieces and nephews, Emily (Steven) Preun, Lauryn Kolada, Brookelyn McRae, Gordie Halderson and Jack Halderson.

The family would like to thank Dr. Koko, the ALS Society, the ALS Clinic at Deer Lodge Centre, the staff at ALS House and Frank's homecare workers. We are deeply thankful for the care offered by the staff at HSC and Seven Oaks Hospital.

Current ALS research appears to be on the verge of a breakthrough that could provide treatment for those suffering from this horrible disease. Memorial donations may be made to the ALS Society of Manitoba.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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Announcements *The Selkirk Record*

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OBITUARY



Stefan Allan Jones

May 19, 1937 - May 19, 2020

On Tuesday, May 19, 2020, Stefan Jones, husband, father, grandpa, great-grandpa and brother passed away on his birthday in the arms of his loving wife.

Stefan will be forever loved and missed by his family.

A private family celebration of his life will take place at a later date.

Full obituary to follow.

Gilbart Funeral Home,
Selkirk in care of arrangements.



OBITUARY



Eva-Lynne Gayle Sokoliwski (nee Bell)

February 18th, 1947 - May 21st, 2020

It is with great sadness that we announce the passing of Eva-Lynne Sokoliwski. With family by her side, she passed away at Tudor House Personal Care Home in Selkirk, MB on May 21st, 2020 at the age of 73.

Eva-Lynne will be mourned by William, husband of over 51 years; brother Bruce (Maeva); children Ian (Victoria), Chris (Juanita), Vera-Lynne; grandchildren Calida, Sawyer, Jolena and many nieces, nephews, cousins, and friends. She was predeceased by her parents Angus and Vera Bell.

Eva-Lynne started her education career at Tolstoi High School in 1966 where she met Billy. On July 27, 1968, they wed at John Black United Church.

Three children and 13 years later she returned to her education career finding employment in the Lord Selkirk School Division at Happy Thought, Ruth Hooker and retired from St. Andrews School in 2005.

Many lifelong friendships originated from her career and hobbies including the "Happy Hookers" group that met for dinner once a month during the school year for 30+ years. She commonly held lunches or went out for meals with friends well into retirement.

Her love of animals, especially dogs and horses became much enjoyed hobbies. Eva-Lynne bred and showed champion Collie dogs under the kennel name Islaypark. Her love of dogs continued afterwards by adding rescues to the family.

Early in the 1980's, she became involved with horses through her children participating in 4H and Pony Club, which encouraged her to volunteer with these groups along with Manitoba Horse Council and introduced her to her next endeavour of stewarding horse shows.

Retirement allowed for many vacations near and far, most important was the 50th anniversary trip Eva-Lynne and Billy took. In her spare time, Eva-Lynne enjoyed spending time with her grandchildren with family dinners, attending school functions, and watching them ride horses.

The family would like to thank the dedicated staff at Tudor House for their care and support during this difficult time and throughout Eva-Lynne's residency.

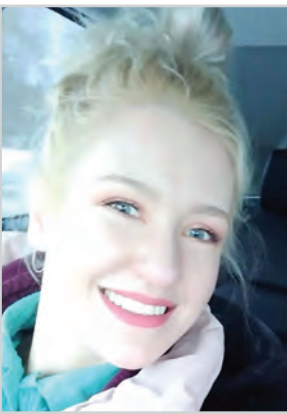
In lieu of flowers, a contribution to Cancer Care or a charity of choice would be greatly appreciated. A private funeral will be held on June 5th, 2020 with interment at St. Clement's Cemetery.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Amanda Shannon Mraovic

March 10, 1996 - May 9, 2020

It is with heavy hearts that we announce the passing of Amanda Mraovic, aged 24 years, of Traverse Bay, MB.

A private service was held and she will be interred in Victoria Beach Cemetery at a later date.

She will be greatly missed.

In lieu of flowers, donations may be made to Mental Health and Addiction Foundation.

She's in the sun, the wind, the rain,
She's in the air you breathe, with every breath you take.

She sings a song of hope and cheer,
There's no more pain, no more fear.

You'll see her in the clouds above,
Hear her whisper words of love,

We'll be together before long,
Until then listen for her song.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



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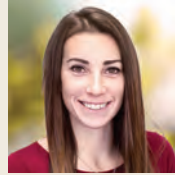
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