

# The Selkirk Record

THURSDAY, MAY 26, 2022

VOLUME 13 EDITION 21 *Slava Ukraini!* [www.selkirkrecord.ca](http://www.selkirkrecord.ca)

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## Celebrating Vyshyvanka Day!

RECORD PHOTO BY MONICA LUQUIN

The students at Happy Thought School celebrated Ukrainian culture last week by participating in Vyshyvanka Day. Vyshyvanka Day takes place on the third Thursday in May and was started in 2006 in order to celebrate Ukrainian culture. It is named after vyshyvanka which are traditional Ukrainian embroidered clothing. Pictured: Scarlett Klym, Teagan Shipman, and Makenzie Hnatiuk showing off their vyshyvanka outfits.

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# Don't want to compete? Find other ways to join the 55+ Games

There are many ways to have fun at the games without vying for the podium

By Katelyn Boulanger

The 55+ Games will be coming to Selkirk in less than two weeks and registration to participate in the competitive events themselves is now closed but that doesn't mean that you can't enjoy the games. There are still many events and options for people that want to get out and get active socially but don't want to take part in the competition.

The Games will be taking place in Selkirk on June 7, 8 and 9 and during that time they will have two social events that residents can get tickets for events if they aren't an athlete in the games.

The first event will take place on June 7 and is the Bannock and Jammin' Variety Night. At that event, residents will be able to taste some delicious bannock made by the Selkirk Friendship Centre, have some fun listening to Double Bourbon as well as a local choir which has some special songs picked out for the event. There will also be Métis music and Indigenous dancers.

"For 10 bucks to come out and watch some really good local entertainment and get some locally made bannock and to support the community is a fun way to come out and [support the games]. We've got room for 300 and it'll be spaced out enough that people shouldn't feel too crowded. We still have the mask mandate so people will be wearing masks," said Deborah Vitt, 55+ Games host committee public relations co-chair.

The other event is the Games Celebrations Night which will take place on June 8. The event will, like the Bannock and Jammin' event, take place at the Selkirk Recreation Complex. Tickets are \$25 each which includes a meal of pulled pork with sides or a vegetarian option. This night will not just be food, because a local band will be playing and the dance floor will be ready for people to have a good time.

Proof of vaccination is required to attend either event and tickets can be picked up at the Selkirk Recreation Complex until May 27.

Residents can also have some fun cheering on local athletes or just have a good time as spectators at the games.

With over 600 athletes signed up and 16 events going on there will be a lot to see.

"There's no entrance fee for people to come and watch any of them," said Vitt.

Melanie Shumilak, 55+ Games host committee public relations co-chair continued, "And a lot of them are all three days. So people can kind of mix and match and pick what they want to do."

People who attend the events are required to wear masks and vaccinations are required. But attendance to spectate is absolutely free.

Vitt recommends spectators check out the pickleball competition which with about half of the competitors in the games taking part looks to be an exciting part of the games.

"Pickleball will be at the arena, on the floor of the arena and so there'll be lots of places for people to watch in the in the seats at the arena. It's also at the [Selkirk] Community Church," Vitt said.

Some other outdoor events which will have a lot of space for spectators will be the predicted walk/run, Nordic pole predicted time walk and track competitions at the Lord Selkirk Regional Comprehensive Secondary School, the Horseshoes competition at the Selkirk Legion, and the Slo-pitch tournament at the Selkirk Recreation Complex.

Another way that residents should know they can still participate even if they aren't over the age of 55 is by volunteering.

"We still want to give the message that we're accepting volunteers," said Shumilak.

The best way to get in touch to volunteer is by contacting the Gordon Howard Centre.

"[Volunteers are needed to go] around to all of the sports venues selling 50/50 tickets. They could be offering refreshments, that we will provide, taking them around to the different venues. They will be at the banquet helping seat people and selling raffle tickets on the quilt. [Volunteers] could be helping marshaling with the events and the opening ceremonies," said Vitt.

Volunteers should also know that they don't have to have knowledge of the games or the sport to be part of volunteering for the events. You can just get out there and be part of the event.

The host committee members want to make sure volunteers know that it's not just about helping out the athlete by volunteering but that the volunteers will also have a fun time.

"The games are a really special time to get together as a community of people who enjoy being active



RECORD PHOTO BY KATELYN BOULANGER

Nancy Mueller, Deborah Vitt, and Melanie Shumilak want people to take part in the 55+ Games even if they don't want to compete.

and just volunteering there and helping support that," said Nancy Mueller, 55+ Games host committee public relations co-chair.

There will also be a volunteer appreciation event after the games are over so that volunteers can spend a little more time together.

Perhaps the best way that residents can participate in the games, however, is to be welcoming to the out of town guests that our community will be hosting on June 7-9.

To volunteer, you can contact the Gordon Howard Centre at 204-785-2092.

The place to keep up to date on the latest info from the games is their Facebook page at <https://www.facebook.com/selkirk55games>.

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# Ice fishing legend dies doing what he loved

Missouri-born Otto Sonnenmoser dies at age 71

By Kiana Crouse

Ice fishing enthusiast and friend of the Selkirk community, Otto Frederick Sonnenmoser died while fishing on Jamesport Community Lake in Rushville, Missouri in February of this year.

"He just about made friends wherever he went, he was very passionate about fishing, he was a unique individual,

and he was just one of a kind and anybody that probably ever met him, could say that about him," said Otto's brother, John Sonnenmoser.

John Sonnenmoser is the youngest of three brothers, and would often follow his older brothers to go fishing. They all grew up on a family farm, and a ditch ran through their property where they would catch bullheads and catfish together.

In particular, he humorously recalls Otto hitting him in the head with a flyfishing lure and bowfishing for carp with him when the river would flood over into the fields.

"He went out of this world doing something that he loves, and that's what we all wish to do, said Sonnenmoser. "He's got one hell of a fish story to tell now."

Otto Sonnenmoser became well known in Selkirk in the winter of 2013 after debuting his vehicular ice fishing shack that could both drive on ice and float in the water. Sonnenmoser purchased the mobile ice shack from a St. Paul, Minn. entrepreneur after falling through the ice while fishing near home the winter before. The iconic land-to-lake hybrid comprises a two-person vehicle with four wheels, snowmobile tracks for the two rear wheels, and a set of skis. It is complete with an adjustable tarp and vinyl

windows, four ice fishing holes, lighting, and heat.

In 2013 Sonnenmoser had never used his ice shack before coming to Selkirk, so it took some getting used to, but local ice fishers in Selkirk were more than happy to help him out.

"I had no idea it would create so much interest," said he said in a 2013 Selkirk Record article. "It did real well."

Sonnenmoser had a great love for every type of fishing there was, but he was particularly fascinated by ice fishing during his visit to Selkirk. He even went as far as calling Selkirk 'The Ice Fishing Capital of the World.'

Originally from Missouri, Sonnenmoser ventured out to Selkirk after hearing of the strong culture surrounding ice fishing on Lake Winnipeg. The ice in Missouri is too thin in the winter, only being a couple of inches thick at most, so he sought to find somewhere where the weather was cold enough and the ice was thick enough to make his hobby a year-round adventure. After discovering Selkirk, it became his winter fishing haven.

Sonnenmoser's shared love for ice fishing and fishing alike sparked fascination within our community. Selkirk will dearly miss our fishing friend.



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**The Selkirk Record**



PHOTO SUBMITTED

Otto Sonnenmoser with his ice shack. Sonnenmoser died this past February while fishing.



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# All members show brings all kinds of art to Gwen Fox in June

## 44 artists and 86 pieces of art on display this month at Selkirk gallery

By Katelyn Boulanger

Are you looking for a place to find inspiration from amazing local artists? Look no further than the Gwen Fox Gallery as they are once again hosting their all members show. This time around there will be 44 artists and 86 individual pieces on display in many different mediums. The show started May 24 and is going on until June 25. The most amazing part of it all is that, like all of the other exhibitions at the gallery, it is absolutely free to attend.

The *Record* couldn't feature all of the artists showing at the gallery in this article but were able to catch up with three who you might not have heard from before.

### Dennis Bell

Bell is a founding member of the Gwen Fox Gallery and though he now lives in Winnipeg used to call Lockport home.

"I was here at the very beginning. When we obtained the building it was to be demolished. The founding members ran an art club and they obtained the building from a gentleman across the street. Then we started doing what was necessary to make it a gallery. These were all seniors at the time and they did a wonderful job," said Bell.

He spent part of his career in Vancouver as well as Winnipeg and some of his work is able to be seen in the Take Pride Winnipeg murals that are all over the city.

This month he has two acrylic pieces in the gallery.

"The two I have in are the most recent that I have and are the ones I thought would go best here," he said.

Though he has acrylic pieces in the gallery this month he is also a sculptor who uses wood, clay, stone and polyresin finishes in his work.

He started his artistic journey at a very young age.

"My mother would buy colouring books. And before she knew it they

were coloured. While everybody gathered around the TV and watched *Ponderosa* on Sunday evening, I stretched out on the carpet drawing horses or whatever," said Bell.

He sold his first piece at age 14 and hasn't looked back.

Bell's best advice for new artists is to fill your spare time with art-making.

"Draw something, draw line, draw, scribble and see what develops from that," he said.

He encourages artists to stop by the gallery this month.

"There's a variety of art and things that I haven't seen before. Some high-quality art. If people are interested in art there's a good selection of art that people could buy. Unfortunately, a lot of times, that's how art is valued by price. But [even if you aren't buying] if you're interested, come and see a great show," said Bell.

### Trish O'Sullivan

O'Sullivan is a new member of the Gwen Fox Gallery but her colourful acrylic paintings definitely make an impact on the walls this month.

"This will be my first show with Gwen Fox. I'm from Winnipeg and I'm planning on moving out this way in the next couple of years. So, I'm just starting to kind of join in the area, and get an idea of some of the artists," she said.

She found a connection to the gallery through local artists who participate in the Art Expo which takes place in Winnipeg annually.

"When I saw their names, I thought, oh, I'm gonna come and check it out. And I was really, really drawn here. I think it's a really great group of people, beautiful artwork, and just a place I thought I wanted to be a part of," she said.

O'Sullivan is a Winnipeg art instructor who teaches out of her home. Though her focus is now on acrylic and acrylic ink work she has worked



RECORD PHOTO BY KATELYN BOULANGER

Dennis Bell.

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Continued on page 6

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## > GWEN FOX GALLERY, FROM PG. 5

in different mediums before. This month she has two acrylic paintings at the gallery.

She started creating when she was a teenager catching the art bug when she worked for Wanda Koop at Art City in Winnipeg.

"I was fortunate enough to be able to go to her studio and have a lot of exposure with her. And she was the one that helped me," said O'Sullivan.

The work that she has brought to the gallery this month reflects her inspiration — the Canadian landscape. She

plays with light in her paintings and employs a loose style.

Her best advice for new artists is to not be afraid of making mistakes.

"That's how we learn. You can't be hard on yourself and I think the biggest thing is just trying things. Try as much as you can. Dabble in a few different things and you'll find that you'll end up getting drawn to something and then just go for it," she said.

O'Sullivan thinks anyone who wants to join this community of artists should come down to the gallery



RECORD PHOTOS BY KATELYN BOULANGER

Left: Trish O'Sullivan. Above: Rob Eisbrenner.

and give it a shot.

"I think that it's really inspiring to see and you can see there are vast mediums, there are all different styles here and I think there's a lot to offer. People should kind of move out of their comfort zone and kind of check out their surroundings," she said.

To keep up with O'Sullivan check out her website [trishart.ca](http://trishart.ca) or social media @trishosullivanart.

### Rob Eisbrenner

Eisbrenner is also a new artist to the gallery. His art is taken from his life as a welder. This month, he has two framed metal sculpture pieces on display in the show.

"I have been welding since I was 13 years old. So, it's almost close to 50 years of welding. All my life I've been welding, I've been always trying to hide the welds and the seams. And I had this idea one time, I thought, why not try and make art showcasing the actual welding beads itself and see if I can turn it into a picture or work of art," he said.

He started out by making inuksuk pieces which he gave away as gifts and was encouraged to continue to make pieces.

The beginning of his creative endeavours with welding actually came before this in his working life. He worked making wrought iron railings and the like as they did in the early part of the last century.

"I used to do spiral staircases, and I

used to do wrought iron railings and all that stuff. I've retired from that. I just love making things and they always have some sort out of metal," said Eisbrenner.

He first came in contact with the gallery when he was looking for feedback on some of his work. After receiving that feedback he decided that he wanted to be part of the gallery's community and became a member.

"You're never too old to learn different things from different people. And it's really nice to be able to appreciate what others are thinking and what they're doing. Just to see other people's visions and get to know people that maybe think somewhat similar and have the same things in common," he said.

His main inspiration for his work are the resources that he has on hand. He often will take the scraps that he has from other project and figures out how to reimagine them as something else.

His advice for artists that might be interested in getting into welding metal art themselves is to give it a shot.

"Just pick up the electrode from the welder and just start welding a bead and see if you can keep it straight, and then just keep practising. People find their own unique niches of things to do. And I've seen some really, really amazing metalwork.

He encourages anyone wanting to check out the gallery's show this month to do so.

"It's an awesome experience. Do it for sure. Come and check it out and look at it. There are a lot of wonderful artists. [It's got all different kinds of mediums] paintings and photography, and stuff. It's amazing," said Eisbrenner.




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# The Lily Pad Cruisers - Not just a car club

Car show July 9

By Autumn Fehr

Like many people, Marcel Lemire dreamed of going beyond his original pad – beyond the Lily Pad restaurant in Petersfield.

It started with an idea to form a vintage car club but grew into a desire to give back to the community where needed.

In 2000, seven individuals got together to form a car club, known today as the Lily Pad Cruisers, an organization sitting under an umbrella of the Manitoba Association of Auto Clubs (MMAAC).

Since Lemire started the club, the Lily Pad Cruisers have been reliving their old days, driving antique cars, while helping organizations in their community that are in need.

"The club itself is so supportive of everybody else," said Lemire, the club president.

Lemire started the club as he knew there were various other clubs in the Interlake and surrounding areas. He wanted to create a club of its own kind that had significance to something that himself, and others were interested in.

"Most people are car people, and they are interested in restoring the older vehicles," said Dale Hiscock, treasurer for the Lily Pad Cruisers.

Lemire knew there were antique vehicles in the area that could be put to good use by starting a club.

"That way people would be able to re-live their youth in seeing the cars brought back to life and it would bring others into the area and help with tourism and local businesses," said Lemire.

Today, the club has 98 members.

"There's so much information gathered from an unlimited number of people. With us it's 98 people, so if you have a question there's 98 answers," said Lemire.

The Lily Pad Cruisers hold different events, fundraising for causes important to those in their community.

Their biggest event of the year, which will take place in Petersfield at the Duck Park on Highway nine at Netley Creek on July 9, is their Show N' Shine car cruise, where they drive around in vintage cars and trucks.

There will be a silent auction and a 50/50 held to raise money for a good cause in the community.

The show starts at noon and goes until 2p.m.



RECORD PHOTO BY LAURIE HUNT

One of the original members of the Lily Pad Cruisers, Laurie Hunt opens up his car shop to hold club meetings. Hunt has a 1968 GMC camper special at Hunt's Country Roadhouse in Petersfield.

"Fire up those engines and come for the cruise to Petersfield," said Lemire.

This year, on Aug. 7, the Lily Pad cruisers will continue with their tradition, partnering with the local A&W to raise funds for multiple sclerosis (MS) by doing a 50/50 draw. Half of the money raised goes to MS, and the other half to the winner of the draw.

Palliative Care is especially important to Lemire, and the Lily-pad Cruisers, as it covers the whole Interlake.

"It holds a spot for me, with members who have used that organization and family

members," said Lemire.

Last month, they donated a total of \$2,000 to Palliative Care at Selkirk Regional Health Centre.

The Lily Pad Cruisers have donated \$5,000 to Palliative Care since they started giving to them in 2003.

"For us, this is what we look forward to. Every year is giving away to a charity of the choice of the people at our meetings. It's all the members who decide where the money goes," said Lemire.

This year, the club started giving back to the Selkirk high school.

"We give to some deserving student who

is going to carry on with their academics into their lifetime and give back into automotive. Because we are in that field, we feel that is important also to carry on the tradition," said Lemire.

The club also regularly supports Our Daily Bread Soup Kitchen by asking every person to bring a canned good to any function they have, including club meetings and events.

These are just a few places the Lilypad Cruisers support through their love for antique vehicles.

"We try to distribute the money to organizations that the members feel should get it. You'll see that some of them we do more than one year only because they believe in them also," said Lemire.

The places they support change yearly, depending on who the members want to support that year and where the city needs donations most.

"Our donations mostly come from the City of Selkirk, so we try to distribute them amongst the town, wherever the members feel it's needed," said Lemire.

Over the 22 years since they started, they've given away around \$50,000 and at least 10,000 pounds of groceries to the soup kitchen and, when they first started as a club, to the food bank in their community.

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# get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

## More COVID deaths; 4th vaccine doses available; monkeypox in Canada

By Patricia Barrett

Sixteen more Manitobans died from COVID in early May, according to weekly provincial data on the virus as the worldwide pandemic continues.

In its COVID surveillance bulletin for May 8 to 14, the province reported 149 new hospitalizations, of which 16 required intensive care, and the deaths of 16 more Manitobans. There were also four additional COVID outbreaks in long-term care facilities that week.

Manitoba's death toll now stands at 1,913.

Other health news:

The provincial government is expanding eligibility for second booster doses of a COVID vaccine. All residents 50 years of age and older can now get a second booster, or fourth dose for people who've received a primary two-shot vaccine. First Nations, Métis and Inuit people who are 30 years of age and older are eligible for a second booster.

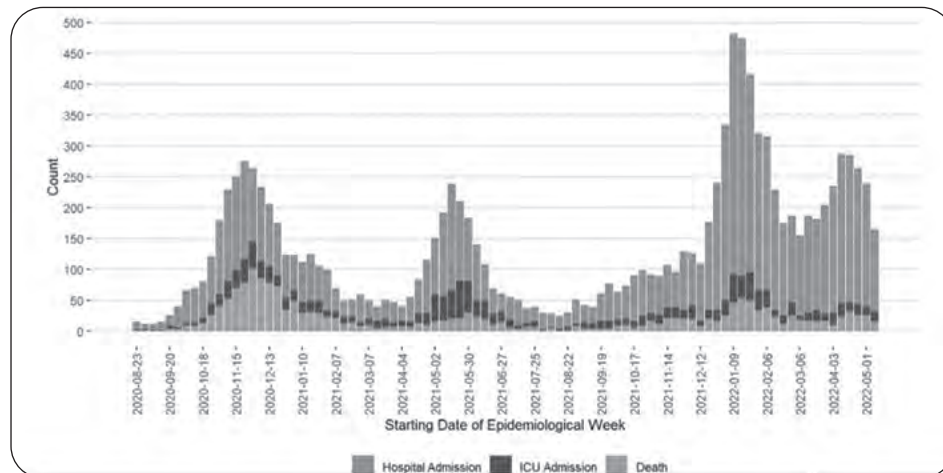
The province also shortened the interval time between second and third doses and between third and fourth doses to four months.

"COVID-19 continues to circulate throughout the province and vaccination is the best protection against serious outcomes," states the province in COVID-19 Bulletin #579 issued May 20.

The province said it has distributed 14.3 million rapid antigen tests (RATs), and that they "continue to be available at libraries and retail locations."

RAT results are not reported to the province, skewing the true number of infections. Infected people are also no longer required by the province to isolate. RATs have been shown to be less sensitive to omicron variants and results cannot be completely relied on.

-The World Health Organization's Weekly Epidemiological Update on COVID (May 11 report) shows the overall number of cases declining across the world, but says the data do not reflect the true extent of COVID's spread and number of infections because countries have changed or scaled back testing.



PROVINCE OF MANITOBA

Manitoba hospitalizations, ICU and deaths for May 8-14, 2022.

ID's spread and number of infections because countries have changed or scaled back testing.

"These trends should be interpreted with caution as several countries have been progressively changing COVID-19 testing strategies, resulting in lower overall numbers of tests performed and consequently lower numbers of cases detected," says the WHO.

From May 2 to 8, there were over 3.5 million new COVID infections reported and over 12,000 deaths reported, decreases of 12 and 25 per cent respectively.

Worldwide, the WHO shows 6,274,111 people having died from the virus (as of May 20). Death counts are grossly underestimated, with at least double the numbers of deaths from COVID.

-Nursing homes and some hospitals in the Interlake-Eastern Regional Health Authority continue to deal with COVID outbreaks. The RHA declared an outbreak at the White-mouth PCH on May 20. Outbreaks at the Teulon hospital, the Fisher Branch PCH and Selkirk's Red River Place PCH continue (as of May 20).

-The Public Health Agency of Canada confirmed five cases of monkeypox in Canada on May 20, and it's investigating "dozens" of suspected cases throughout the country. The five confirmed cases are in Quebec.

"Person to person spread of monkeypox is uncommon. However, when spread does occur between people, the mode of transmission is through close contact with an infected individual, such as through direct contact with their body fluids, respiratory droplets, or monkeypox sores, or by sharing clothing, bedding or common items that have been contaminated with the infected person's fluids or sores," states PHAC.

The virus causes fever, rash, swollen lymph nodes, muscle pain, lack of energy, rash, lesions and pustules (filled with a yellowish fluid) that break out on the face and body, similar in appearance to chickenpox and smallpox. The number of lesions varies from a few to several thousand, according to the WHO. Monkeypox is commonly found in Central and West Africa.

There is no vaccine for the disease, but the smallpox vaccine is thought to offer a measure of protection as it is a related virus. Animal hosts for monkeypox include rodents (rats, mice, squirrels) and non-human primates.

As of May 21, the WHO confirmed 80 cases of monkeypox worldwide, with more cases expected to arise. In addition to Canada, the U.K., the U.S., Australia, Sweden, Portugal and Spain have reported cases of the virus.

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**EDITORIAL**

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View the Selkirk Record online at  
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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

**TROUBLE WITH PAPER DELIVERY?**

**Christy Brown**, Distribution Mgr.: 204-467-5836

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# LSRCSS expecting 25 international students to come to school next year

By Katelyn Boulanger

Lord Selkirk Regional Comprehensive Secondary School will be welcoming 25 new international students into their international student program for the 2023/24 school year. This presents a great opportunity for local students to learn about other cultures from their peers from other countries. The school does however need a few more host families to welcome these students into our community.

"[It started in 2000] and it's evolved over the years. [The International Student Program has] done different things. They used to have, a group of students from Thailand come, and things like that. But now it's primarily students that come to the high school. . . We handle basically everything once they get here. We were responsible for providing them with transportation to school, registering them for classes, providing support, since we're in the school and finding them a place to stay while they're here," said Rosalyn Ferguson ISP Director at LSRCSS.

Ferguson says that the biggest benefit for students who are coming from other countries is something that Canadians might not even realise – learning English.

"They'll often say for us to get the good jobs we need to be able to speak English at a specific level. And, in some countries, they'll even test you after high school to see where your level sits," she said.

The benefit of having programs like this also extends to the students who have international students in their classrooms.

"I think especially with the last few years with everything that's happened, [it's] an opportunity to really talk to these people and say, 'Well, what was the pandemic, like for you guys?' Or, when the war in Ukraine first started, we had our ears open and eyes open to see how these kids were reacting. Were they fearful? Their families are a lot closer some of the countries are right next door, right? So how are they feeling?" said Ferguson.

Two of the students who participated in this year's program were Asahi Suzuki from Japan and Marion Bamert from Switzerland.

Suzuki says that he came over as he wanted to study spoken English as Japanese education focuses more on reading and writing the language. Bamert said that she wanted to be a part of the program because her mother had travelled to Canada before and it was a place that she wanted to visit.

Suzuki actually has a bit of an interesting story with regards to his trip to Canada as his year abroad was

postponed due to the COVID-19 pandemic.

"I was supposed to come here last year but that was cancelled because of COVID. I was so depressed, I'd been preparing for this program for like two years. One more year, I had to wait but I'm glad to come here this year because I can graduate from this high school," he said.

Bamert is also in an interesting situation being here this year because the classes and credits that she achieves in Canada actually don't count towards completing high school in Switzerland.

"I just want to experience something different and grow more," she said.

Suzuki says he really enjoyed living with his host family who had a large yard which he could hang out in as well as the game nights that they had together. Bamert said one of her favourite things to do was try out all of the different sports that the school had to offer.

The students both say that they will miss the school experience and the friends that they made while in Canada when they return to their home countries.

For now, the LSRCSS community is going to appreciate them while they are here and look forward to the 25 future students that they will be able to welcome.

"It's just it was really comforting to know, coming back from a pandemic, that Selkirk is still a destination on the map and that international travel is something that is still important," said Ferguson.

She encourages families that want to be a part of the program to contact them and let them know you are interested. You don't even have to have a direct connection to LSRCSS to participate.

"The neatest thing is that just with social media when the student leaves it's not the end of your rela-



RECORD PHOTO BY KATELYN BOULANGER

ISP Director Rosalyn Ferguson with 2022 international students Asahi Suzuki and Marion Bamert.

tionship. We have situations where families have gone to travel and visit their students and attended weddings over the last 20 years, which I think is really special. It's very difficult to not get attached to these kids," said Ferguson.

To start up as a host family, you will need to visit the School's International Student Program website. There you can complete an application. From there all host families require a criminal record and child abuse reg-

istry check for anyone over the age of 18 living in the house, to complete a satisfactory home visit, have a bedroom available for the student and be willing to provide reasonable transportation and three meals a day with snacks for the student.

Host families do receive a small monthly honourarium.

To learn more visit the website at [www.lssd.ca/site/ISP](http://www.lssd.ca/site/ISP), email [ispdirector@lssd.ca](mailto:ispdirector@lssd.ca) or give Ferguson a call at 204-482-6926.

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# Dreams Take Flight lifts off once again in 2023

Flights dedicated to giving special needs kids the trip-of-a-lifetime are coming back next year

By Kiana Crouse

Dreams Take Flight, a non-profit organization created by Air Canada employees in 1989, is coming back in 2023. COVID-19 restrictions have prevented the flights from being safely held, which takes mentally, physically, socially, and emotionally challenged children on a one-day trip to a Disney resort. “Dreams is a wonderful charity, it’s 100 per cent volunteer, nobody is paid. We have a great group of people from all walks of life that help us out, and we just look forward to it every year,” said President of Dreams Take Flight, Bev Watson. “We’re glad we’re going to get back to it next year.” Dreams Take Flight usually only accepts kids from six to thirteen years old but Watson said the team had to adjust their rules this year since they had al-

ready selected the candidates from 2020 for the upcoming Dreams flight, and those who were at the top of the age bracket are two years older now. “We’re really excited knowing that we’re going to be able to have all eight flights across Canada,” said Watson. “Of course, we have a lot of different things to look at too because, as with everything, COVID has changed how everybody does things,” said Watson. Dreams Take Flight started with a small group of Toronto Air Canada employees wanting to give back to the community and do something to support kids with special needs. Their original plan was to take a bus of kids to Canada’s Wonderland for a day, but they instead decided to utilize Air Canada’s planes. Other Air Canada chapters heard about the flight and decided they wanted to get involved. Dreams Take Flight has eight chapters in Vancouver, Edmonton, Calgary, Winnipeg, Ottawa, Toronto, Montreal, and Halifax. The Winnipeg chapter covers the entirety of Manitoba and Saskatchewan, and Halifax covers the Maritime provinces.

Winnipeg has the longest trip to make out of all of the provinces. Kids on the Winnipeg Dreams flight have to arrive at the airport at 3 a.m. and expect to get back from the trip around 1 a.m. All kids must go through medical checks and have access to the proper supplies and equipment to ensure they are prepared for



PHOTO COURTESY OF DREAMS TAKE FLIGHT FACEBOOK  
Photo from a previous Dreams Take Flight event before the COVID-19 pandemic.

the long but exciting day. At the end of 2018, Dreams Take Flight had taken over 35,000 children for an unforgettable experience and 2,600 from the Winnipeg chapter alone. Around 120 children are taken on the Winnipeg Dreams flight each year, and ten kids from Selkirk were expecting to go in 2020.

Winnipeg is one of the only chapters that brings along caregivers, but only if the children require it. Parents do not need to worry though, as the Dreams team members are there for the children and other children are there to make the experience fun. “They’re complete strangers at the beginning of the day, but by the end of the day they’re best friends,” said Watson.

There are two doctors on board and numerous specialists based on the kids’ needs. For example, if there are kids with diabetes, a specialist monitors the amount of sugar they intake for the day. In order for kids to apply, they can’t have gone to Disney resort before, and this flight would be their only chance to go. The Dreams Takes Flight Winnipeg chapter takes its applicants through a wide variety of programs such as Big Brothers Big Sisters of Canada, Juvenile Diabetes Research Foundation, Rossbrook House, Society for Manitobans with Disabilities, AboutFace, and many more. They also cover many different school divisions. “We’ve had feedback from the

Continued on page 11

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# Nova House hosts Wellness Day 2022



RECORD PHOTOS BY BRETT MITCHELL

Nova House hosted its annual Community Wellness Day last week. Residents were able to stop by and find many local resources that help people prioritize their physical, mental, and emotional well being. Pictured: (Left) Nova House staff welcoming residents to the event. (Right) Students from the Comp Hairdressing program doing nails.

## > DREAMS TAKE FLIGHT, FROM PG. 10

schools that we deal with, and they said that [the children] had trouble at school before, but when they came back, they were excited, they talked about being a flight attendant or a pilot," said Watson. "Their whole atmosphere changed because of that one day, and that's what we want. We want to make a difference in their lives and show them that people aren't there just to take something from them, that people really care and want them to have a good time and make them happy."

Watson has been President of Dreams Take Flight for 22 years. She said that knowing that they are doing something enjoyable for the kids and seeing the awe on their faces is the biggest thing.

"One of the ones that got us the most was when we had this little blind fella with us one year, and he went to see Mickey Mouse, and Mickey was really, really great. He took his hands, and he let him touch his face, and the smile on that kid's face," said Watson. "Everybody else was crying their eyes out. This kid was so happy because he got to touch Mickey Mouse."

Those wanting to support this or-

ganization can attend the Swing for The Kids Slo Pitch Tournament fundraiser event. It takes place on Saturday, June 18, at Little Mountain Sportsplex in Winnipeg. The entry fee is \$350 and includes a silent auction with prizes comprising two flights anywhere Air Canada travels in North America and prizes from Winnipeg Jets, Winnipeg Blue Bombers, Winnipeg Goldeyes, and other companies. Participants have to email [spnmanitoba@gmail.com](mailto:spnmanitoba@gmail.com) to enter.

People can also donate directly to Dreams Take Flight by going to [dreamstakeflight.ca](http://dreamstakeflight.ca), clicking on the Winnipeg chapter, and clicking "Donate." Those interested can go to that same website and click on "Get Involved" to volunteer.

Donators can also mail their Dreams Take Flight donation to 2 Kurt Avenue, Winnipeg, MB, R2R 1N5.

For any inquiries, people can contact the Dreams Take Flight Winnipeg chapter at [winnipeg@dreamstakeflight.ca](mailto:winnipeg@dreamstakeflight.ca).

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# SDCF report spotlights thankfulness from our community

Helping with over a half million dollars and over 100 recipients helped

Submitted by Selkirk and District Community Foundation

Coming out on the other side of a global pandemic has proven to be a wonderful breath of fresh air — our friendships are dearer and our families are even closer to our hearts.

It is without a doubt, a time to reflect and the Selkirk & District Community Foundation (SDCF) has used its annual Community Report to compile the things its board members, donors and recipients are thankful for.

The We are Thankful For report shares the stories of several of this year's grant recipients and what they are thankful for.

Bev Clegg, Executive Director of the SDCF, says the report is always centred around a theme and 'Thankful For' resonated with everyone.

"We all know what these past 2-plus years have been like and for those who lost loved ones during the pandemic, the toll it has taken on them," Clegg said.

"These trying times have had a profound impact on everyone, and at the Foundation, we have been able to confirm the good that exists in



PHOTO SUBMITTED

Grants to the Troyanda Dance Ensemble and Rossdale Ukrainian Dance School, pictured above, have both groups thankful they can honour their heritage at this extremely difficult time.

our community. Volunteers became even more innovative to support the causes they believe in, and the community's support for the Foundation never wavered. We're thankful for that, and so much more."

The Foundation also hit a milestone this year, granting more than \$531,000 to 114 groups.

"It sort of takes your breath away," said Shauna Curtin, Chair of the SDCF.

"We thank our donors, whose kindness and commitment to community allows the Foundation to connect them with the organizations that make our communities the special

places that they are."

Two local Ukrainian dance troupes — Troyanda Dance Ensemble and Rossdale Ukrainian Dance School — faced not only pandemic-induced difficulties but now the heartbreak of the ongoing Russian invasion of Ukraine.

Both groups received grants from SDCF. Troyanda will use the grant to help them pivot from a planned dance to a new one that reflects today's realities.

"Ukraine is our homeland. She is our heart and our soul," Troyanda's Carina Breanne Romagnoli said.

"Troyanda was planning to stage a production entitled Snow Folk Song,

but with the devastating events that have come to Ukraine, we are changing direction."

The group is working on a new production that focuses on the soul of Ukraine.

For Rossdale, SDCF grant money will be used to purchase new costumes. They had ordered costumes from Ukraine, but the delivery never materialized because the owner of the company had to flee her home due to the Russian attacks.

"A lot of people in our community have friends and family who they are worried about," said Rossdale President Crystal Leochko Johnson.

"It has been difficult for our School to resolve the idea of celebrating while our people are suffering."

The Rossdale group has also changed its performance due to the conflict, dropping a dance that had Russian influence.

Other thankful stories in the report include two SDCF scholarship recipients who tell why they're thankful and the Red River North Trails Association, that will use grant money to help complete a portion of trail that will link 5 communities in active transportation.

Curtin strikes a positive note in her message that kicks off the report, saying she is thankful for our beautiful environment, her community, young leaders and all the "wonderful people who donate to the Selkirk & District Community Foundation".

"Your commitment to our cause is inspiring and your resilience has been evident through these tough times. I am thankful for each and every one of you. Thank you for ensuring the SDCF will be Here for Good," Curtin said.

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# St. Andrews council asks AMM to ask province for changes

If change is made it would affect who can run for election in all municipalities in MB

By Katelyn Boulanger

The April 26 meeting of St. Andrews Council has some residents in the RM talking.

The meeting kicked off with a delegation from Red River North Tourism. Lois Wales, Marilyn Williams and Merilee Mollard updated council on the Rectory going up on Driftscape which is a tourism application. The driving guides which RRNT has put together are ready for printing and they are in the beginning stages of planning this year's Garden and Art Tour. They also reminded council of RRNT's new website which has e-commerce capability and spoke about the goings on at Kennedy house.

"In December we were called [by the provincial government] about Kennedy House late on a Thursday afternoon and told be there at 1 p.m. on the Friday. We were very happy with the announcement that the structure was going to be repaired and that was going to start in January. As of yet that has not started and so we're just waiting to get some kind of word," said

Wales.

They have contacted the government a few times in order to get information as there was a change of ministers and they reiterated what the committee has done. After six months Wales says they are treading water and asked the RM to write to the province to see if they might get the process back on track.

Coun. Kristin Hoebee as well as Mayor Joy Sul complimented the RRNT's work and Sul said that she would give RRNT's Kennedy House contact a call to ask about the status of the project.

Wales let council know that despite Kennedy House not being transferred to the RM yet that residents are interested in the project and many are looking forward to participating on a Kennedy House board like the one for the Rectory.

Hoebee then took the floor to congratulate Sul who attended the Commission on the Status of Women hosted by UN Women the United Nations entity dedicated to gender equality

and the empowerment of women as part of her role as vice president of Business and Professional Women Selkirk.

"Mayor Joy Sul was recently recognized for her contribution to gender equality and the empowerment of women in Canada and the world. Mayor Sul was chosen as only one of 20 women in Canada who were able to attend the sixty-sixth session of the Commission of the Status of Women hosted by UN Women, the United Nations entity dedicated to gender equality and empowerment of Women. There was also a recent article about the mayor in our community newspaper and I had the opportunity to ask her about her sessions and it sounded like an incredible experience and I am very proud of her," said Hoebee.

There was controversy about this as Hoebee indicated that the announcement was not added to the agenda when it was requested seven days prior to the April 26 council meeting.

Hoebee said, "This was only the second or third time in my three and a half years as a councilperson that I asked to add something to the agenda before it was written. Imagine my

surprise when last Friday I was advised that the chair would rather not add it ahead of time but I could add it to the agenda before the council meeting started. Therefore, making it unavailable for residents to see on the official agenda before it takes place. I question administration as to why this was permitted as it was in no way on a controversial topic and while he could not answer it was clear in my reply to him why this decision was made," said Hoebee.

She said that making this decision meant that the chair did not remove his bias towards another member of council and that it hindered her ability to perform her duties as an elected official to identify something good in this community and have it reflected on the agenda.

Council then updated each other about events that they attended which included Coun. John Preun congratulating Coun. Laurie Hunt on receiving the Manitoba Good Roads Association's lifetime member award.

Resolution considerations came next and one which concerns the Association of Manitoba Municipalities was

Continued on page 17

# Gauthier

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## Donating to the arts



RECORD PHOTO BY BRETT MITCHELL

Selkirk Safeway donated \$3500 in gift cards to the Interlake Art Board to support local programming. The corporate donation was part of Safeway's Community Action Fund. Pictured: Ruth Christie and Bev Hart accepting the cards from the Selkirk Safeway staff on behalf of the board.



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# Girl Guides prepared



**RECORD PHOTOS BY KATELYN BOULANGER**

A little rain didn't stop the 84th Winnipeg Girl Guides from taking on the trash in West St. Paul. The girls and their leaders came prepared with rain gear, gloves, bags, and positive attitudes when they cleared up the area in front of the municipal office of trash.

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# Selkirk Lions keep busy with recognitions and donations



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Lions were very busy last week giving back. Clockwise from top left: Sunova Credit Union's Cyndi Typliski accepts a plaque to recognize Sunova's continued support of the Selkirk Lions Club by Lions Nandan Satheesh and Gordon Zeglinski. Nandan Satheesh and Veena Vijayan of Vinnies South Indian Restaurant received Hope awards from the club in recognition of their incredible support of the community through the pandemic from Zeglinski and Selkirk mayor Larry Johannson. Lions Satheesh and Zeglinski on behalf of the Selkirk Lions Club presented a donation of \$690 to Lenae Pebbles and Shay Pruden for LSRCSS Safe Grad.

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## Dentures took my taste, but now it's back!

BY BROCK VANDOR, DENTURIST

It is proven that patients can have loss of taste and smell when they have a full upper denture. This is because the palate (or roof of your mouth) plays a role in your taste and smell, and when a denture covers your palate, the joy of tasting all your favourite foods can be lost!

This was the case for Pam. For years and years she had a full upper denture, and by every standard but one, the denture was great; it was tight, it didn't hurt at all, the teeth were beautiful and natural-looking and she was very proud of them. However, she missed one thing...the taste of chocolate! "I love my chocolate", says Pam. "If I really wanted to enjoy chocolate, then I would take my denture out so the roof of my mouth wasn't covered and just let it melt in my mouth."

One day Pam was in our clinic and noticed a picture of an upper denture with no palate. It was totally open and she had to ask about it, wondering if it would solve her chocolate dilemma. "Is that a full denture with no roof of the mouth, Brock? Can I have that?" I said, yes it sure is! The only reason an upper denture covers the roof of your mouth is to create a suction, but if you have dental implants, then you don't need suction anymore. We can remove all that extra plastic on the roof of your mouth! "Wow, I like the sound of that", Pam said.

We scheduled Pam in with a Dentist to have the dental implants placed and she still wore her regular denture for a few months while the implants healed. Then, when the implants were strong enough, we built Pam the denture she had been waiting for since her first one decades ago - a full denture with NO PALATE! "This is just amazing; I got my taste back! It is just so wonderful to be able to have my full taste again, thank-you so much!"

It's stories like Pam's that keep us so excited about what we do. We love making people smile and the first step to your new smile is a consultation, which is free. This is where you get to be like Pam and ask questions to find the best solution for you. Sometimes someones teeth are simply worn down and stained and need a fresh set. Other times we just tighten up their dentures with a reline, and what is becoming more and more popular and cost effective are dental implants. When someone has a loose denture, especially the lower and they get even just 2 dental implants, the results are astounding and peoples lives are changed!

Call us today to schedule your free consultation.

*- supplied photo -*  
Pam is overjoyed with having her full ability to taste again. She shares her experience with Brock the Denturist and his wife, Elisha.

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# Diverting waste to give back



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Walmart has donated \$270,000 in meat, \$128,000 in produce, clothes, hygiene products, diapers and baby food, paper products and toys through the store's waste diversion donation program. Pictured: Selkirk Walmart staff with volunteers from the Selkirk Food Bank.

## > ST. ANDREWS COUNCIL, FROM PG. 13

resolution 2022-164. Sul requested a recorded vote on this resolution.

The resolution summarized asks that the AMM ask the province to review legislation to determine if changes are justified to disallow any person seeking election in a municipal election if that person has a legal action against the municipality.

Mayor Sul said that she felt that this resolution was directed at her as she filed a lawsuit against the RM when mayoral duties such as chairing council meetings were removed from her in 2019.

Coun. Russ Garvie responded by saying that this resolution is not directed at the mayor and that it

doesn't preclude anyone from running for council but may affect the timing of when they can run for council.

The resolution was passed with a 5-2 majority with Sul and Hoebee voting against it.

The edited version of this council meeting is available for viewing at <https://www.youtube.com/watch?v=XfjwfgZFLWY>.

The April 26 meeting minutes are available at <https://standrews.allnetmeetings.com/pubs/publicMinutes.aspx?minutesID=ABD150F3-F817-4747-A098-8D944CEAF7AE>.

### The Selkirk Record

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# get inspired

> MEAL IDEAS



Prep time: 15 minutes  
 Servings: 4-6  
 2 Envy Apples, cored and chopped  
 1 pound strawberries, hulled and chopped  
 1 pint blueberries  
 1/2 teaspoon kosher salt

RED RIVER CO-OP FOOD STORE

## Apple Berry Salsa

2 tablespoons honey  
 2 tablespoons fresh lime juice  
 tortilla chips, pita chips, apple chips or graham crackers, for serving  
 In medium bowl, combine apples, strawberries, blueberries and salt.  
 In small bowl, whisk honey and lime juice. Pour honey and lime juice over fruit mixture. Stir together to combine.  
 Serve immediately with tortilla chips, pita chips, apple chips or graham crackers, or refrigerate until ready to serve.



Prep time: 15 minutes  
 Cook time: 20 minutes  
 Servings: 12  
 1 1/4 cups all-purpose flour  
 1/2 teaspoon baking powder  
 1/2 teaspoon kosher salt  
 1/2 teaspoon cinnamon  
 1/4 teaspoon nutmeg  
 1/2 cup unsalted butter (1 stick), melted and cooled  
 1 cup light brown sugar, packed

## Apple Blondie Cupcakes

1 teaspoon vanilla extract  
 1 large egg, at room temperature  
 2 Envy Apples, peeled, cored and 1/4-inch diced  
 Preheat oven to 350 F. Line 12-count muffin pan with cupcake liners and set aside.  
 In medium bowl, whisk flour, baking powder, salt, cinnamon and nutmeg.  
 In large bowl, whisk butter and brown sugar 2 minutes, or until well combined. Add vanilla and egg; whisk until incorporated.  
 Add flour mixture to large bowl of wet ingredients. Stir until just combined; be careful to not overmix.  
 Fold in diced apples.  
 Spoon batter evenly into cupcake liners.  
 Bake 18-22 minutes, or until toothpick inserted into center of cupcake comes out clean. Let cool and serve.

# Backyard composting

By Nancy McGowan, REACT

There are as many ways to compost as there are people composting. Even donating your kitchen and yard scraps to your composting neighbour is doing your part for the environment. You just have to find out what will work for you.

Composting is the natural process of organic material decomposing to form a rich natural fertilizer. You can use a pile, one box, three boxes, or purchase a ready made one such as a tumbling composter. Just start with something that you think will work for you with the space, time and budget that you have available.

There are two main types of organics that can be put into your backyard compost bin, "greens" and "browns". The greens are the wet materials high in nitrogen that include your food scraps such as fruit, vegetable, used coffee grounds (and filters), garden waste, and fresh cut grass. Browns are the dry materials high in carbon and include dry leaves, straw, hay, twigs, and shredded paper. The two are layered with the browns always on the top to filter any odours. Generally, add 2-3 times as much browns as you do greens. Do not add meat, fish, eggs, dairy products, oily foods, pet waste, bones or weed seeds to your backyard compost.

Combining greens and browns, while providing moisture and aeration will support the health of the stars of composting, the micro-organisms. To create an active composting system that will heat up and decompose faster, you will need to ensure that the materials in the compost are moist. Moisture comes from the breakdown of the greens but you may also have



PHOTO SUBMITTED

A tumbling composter helps to break down organic material.

to water it. Drainage is critical though to ensure the excess moisture is able to drain away. Aeration to the pile in the form of flipping, fluffing or using an aeration tool is necessary to introduce oxygen to the pile. An active compost pile will heat up as the micro-organisms do their work. The compost is ready for use when it smells earthy and has no visible food items left.

The type of composting strategy you use will determine how quickly your compost is available for use. Fast or slow, there is a compost strategy for everyone. Don't be afraid to try, and embrace the adventure. The environment will thank you. If you would like to gather more information on backyard composting, the South Interlake Garden Club in Stonewall is hosting a composting information session on June 14 at the community gardens. Contact Tanya Daher at 204-467-2235 to register.

Information for this article was taken from the 'Composting. Its Worth It!' pamphlet from Green Action Centre in Winnipeg. [compost@greenaction-centre.ca](mailto:compost@greenaction-centre.ca). Toll free compost info line 1-866-394-8880.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Royal Rumble on the Rubber a great success



RECORD PHOTOS BRETT MITCHELL

The Selkirk Royals Annessa Stasiuk, left, and Keenan Allen competed at the 2022 Royal Rumble on the Rubber Track and Field meet last week.

By Brian Bowman

There were a lot of great athletic performances at the Royal Rumble on the Rubber track and field meet in Selkirk last week.

Selkirk hosted 32 schools - and approximately 750 athletes - in the province's largest meet outside of the MHSAA provincials.

It had been a long time since Selkirk had an opportunity to host an outdoor track and field meet due to COVID. All of the athletes - and coaches - were very excited to be part of such a

great event.

"It was really great to be back," said Royals' coach Scott Gurney. "It was not as big as what we've (hosted) in the past but that's OK. It was plenty big enough."

It was a great opportunity for Selkirk athletes to compete against schools from across Manitoba.

"I love competing against the other KPAC schools but we had Pilot Mound, Killarney, Margaret Barbour, Nellie McClung...schools from all over the province made the drive to

this one. It has a great feel to it with lots of rural schools and a few city schools. It's fun to see everybody."

Gurney was very pleased with the results from the Royals. It's hard to predict how the athletes will do against athletes from other schools, he said.

"They did really well," Gurney said. "As with all of the other teams, this is a smaller team this year and I don't know if that's a COVID factor or what. But the kids that we have are quality kids and we had lots of top

fives and lots of top 10s.

"We'll be well represented again at our KPAC championship and I think we'll have a healthy number at provincials."

Selkirk hosted the KPAC championship this past Tuesday afternoon and events will continue on Thursday.

The MHSAA track and field provincials will be held June 9-11 at the University of Manitoba.

## Hlady selected by Everett in WHL Prospects Draft

Staff

Tyndall's Remy Hlady was selected by the Everett Silvertips in the eighth round (155th overall) in the Western Hockey League's Prospect Draft last Thursday.

Hlady, a forward, played last season with the U15 AAA Eastman Selects. He scored 19 goals and collected 48 points in 32 regular-season games. In the playoffs, Hlady scored five goals and had 17 points in 10 games.

There were 31 Manitoba players taken in the draft.

In total, 240 players were selected by WHL clubs, including 137 forwards, 78 defencemen, and 25 goal-tenders.

Players eligible for the 2022 WHL Prospects Draft were 2007-born players residing in Alberta, B.C., Manitoba, Saskatchewan, Northwest Territories, Yukon, Alaska, Arizona, California, Colorado, Hawaii, Idaho, Kansas, Minnesota, Montana, Nebraska, Nevada, New Mexico, North Dakota, Oklahoma, Oregon, South Dakota, Texas, Utah, Washington, and Wyoming.

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The Winkler Morden  
**Voice**



## ABPRC getting hockey back on its feet with golf tournament fundraiser and special guest

By Patricia Barrett

With hockey programs across the province having been hit hard by COVID-19, the Arborg-Bifrost Parks and Recreation Commission will be hosting a fundraising golf tournament in July to help get players back on the ice.

Recreation director Tom Chwaliboga said proceeds from the tournament will be going to Arborg Minor Hockey, the Arborg Ice Dawgs Junior B team and maintenance costs at the Arborg arena.

For two years, COVID and provincial public health restrictions sidelined hockey across the Interlake or forced the closure of arenas.

"COVID has dramatically impacted hockey programs in the province," said Chwaliboga, "from lost seasons and low enrolment to reduced revenues."

The 18-hole golf game offers a number of prizes including 18 closest-to-the-hole prizes and a chance for a team to win back their entry fee. There's also a \$900 door prize and prizes for first (\$1,000), second (\$600) and third (\$400). To round off the prize offerings, the commission is offering a silent auction, a 50-50 draw and a putting contest.

People can enter as an individual, a pair or a group of four. The entry fee is \$225 per person.

Businesses are welcome to sponsor the tournament by offering merchandise in one of four hockey-themed sponsorship levels: hat trick, goal, assist and save.

Arborg's Jermaine Loewen will be signing autographs at the tournament. Loewen played minor hockey for the Falcons, became captain of the Kamloops Blazers (Western Hockey League) and currently plays for the Henderson Silver Knights (American Hockey League).

The tournament takes place on Tuesday, July 12 at

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Meet & Greet Jermaine Loewen  
of the Henderson Silver Knights (AHL)

PHOTO SUBMITTED

the Teulon Golf & Country Club.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## CRJHL welcomes new Beausejour team

Staff

The Capital Region Junior Hockey League has approved an application for a new franchise in Beausejour for

the 2022-23 season.

The Beausejour franchise will join the Selkirk Fishermen, Lunda Falcons, Arborg Ice Dawgs, St. Malo War-

riors, and North Winnipeg Satellites to form a six-team league.

The CRJHL is a premier Junior "B" league within Manitoba. The league

provides athletes 16 to 21 years old the opportunity to play within a competitive environment, while being able to attend school or work. It allows a wide range of players to compete and play in front of their home communities, and also provide entertainment to a wider range of fans throughout Manitoba.

The Beausejour franchise will be on probation for its inaugural season.

"The league expects you to participate fully, and in accordance with all expectations of good conduct as representative of the CRJHL," said Cliff Malzensky, president and commissioner of the CRJHL, in a letter welcoming Beausejour to the league. "All the best in the upcoming season."

## To see more photos of your favourite Interlake Athletes

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## take a break > GAMES

### SUDOKU

4	3				9		1	
				5	3			
	8						4	
		1		9			8	
		3	2	7				
5	2				6			
				8			2	
	1							6
				2			5	7

Level: Intermediate

### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	9	4	1	2	8	9	6	8
9	8	5	4	6	7	1	2	
6	2	1	7	8	9	4	5	8
4	7	6	9	8	1	8	2	5
1	9	5	8	7	2	8	4	6
8	8	2	4	6	5	1	9	7
5	4	8	2	1	7	6	8	9
8	6	9	8	5	4	2	7	1
2	1	7	6	9	8	5	3	4

Sudoku Answer

S	D	V	H		T	V	O	R	H	T		S	D	V
C	I	L	O		S	E	T	V	O	S		O	E	C
N	O	I	L	V	W	R	O	F	N	I		R	H	C
A	Y	U	V	S	V	N	V	I	L	T		E	O	V
S	V	S	N	V	K				H	E	M	H	V	A
			E	L	I	S	S	E	C	N	O	C		
E	N	E			H	E	E	L	V	O	N	I	T	
G	V	D	E	D	E	T	I	R	E	P	E	V	A	V
V	O	I	R	E		V	A	V	E	N		S		E
		S	V	T	E	P	I	S	A	R	E			
E	S	R	V	S	E	H			E	I	P	S	E	
R	V	E		S	T	S	E	H		B	E	M	E	C
E	E	L		N	O	I	T	I	T	A	B	R	E	C
E	E	I		I	T	L	V	H	O	N	V	A	V	E
D	A	V			T	C	E	P	S	A		S	E	R

Crossword Answer



## CROSSWORD

### CLUES ACROSS

- English river
- Particular part of something
- Cool!
- Welsh for John
- Given name meaning "great spirit"
- Wrath
- Social occasion
- Mechanical belt
- \_\_\_ de la \_\_\_
- Commands
- Body part
- Caught sight of
- Funeral car
- Skin infection
- Sometimes they "burn"
- Russian river
- Famed soap opera character Kane
- Pie \_\_\_ mode
- Endangered
- Socially inept person
- Romanian river
- Serve
- Monetary unit of Samoa
- A type of approach to please
- Form of Hebrew name for God
- "Carry On My Wayward Son" rockers
- A team's best pitcher
- A woody climbing plant
- Long, edible marine fish
- Human rights group in Africa (abbr.)
- Data
- Corporate bigwig
- Climbs
- Relating to the ear
- Commercials
- You need it to eat
- Political extremists

### CLUES DOWN

- Reconnaissance (Brit. military)

1	2	3	4		5	6	7	8	9	10		11	12	13
14					15							16		
17				18								19		
20						21						22		
23					24			25			26			
				27			28	29	30					
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- Asserts to be the case
- Starchy food made of dried orchid tubers
- Foes
- Rheumatoid arthritis score
- Ruler of Iran
- The top of the head
- Lilly and Manning are two
- Purchase attire for
- Glittering with gold or silver
- The bank of a body of water
- Regions
- Makes tractors
- Adult beverage
- Force unit
- Swiss river
- Cater to
- Woody climbing plants
- Seems less impressive
- Consume
- Boxing's GOAT

- Southwestern farmers
- Beverage holder
- A way to deteriorate
- Judge
- Norse explorer \_\_\_ the Red
- Farm resident
- One who helps to govern
- Plant-eating ground bug
- History Finnish county
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- Longed
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- Puts together in time
- From a distance
- \_\_\_ contendere: no contest plea
- Region
- Mountain Standard Time



# Classifieds

*Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## HELP WANTED

Super 7 Service in Teulon is looking for full and part time cashier help. Must be available to work some evenings and weekends. Call 204-886-3777 or email resume to: 7service@mts.net

## HELP WANTED

Busy Auto Shop, FT position - Oil Change & Tire Tech. Must be physically fit. Wage according to experience. Will train. Apply at Petersfield Garage 204-738-2552.

## HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews. 204-338-4292.

## HELP WANTED

Certified Health Care Aides - Must be able to cook, clean, do light housekeeping and assist client with bathing and dressing. Four hour Day, evening and night shifts available on the north side of Winnipeg. Call for details. Drop resume at 230 Manitoba Avenue Selkirk or email reception@bondedhealth.ca

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

## HELP WANTED

Full time floor sales person required for local health care and mobility products business in Selkirk. Must be comfortable using POS system and able to lift at least 75 pounds. Full time Monday to Friday, no weekends. Must enjoy talking to people and have a driver's licence. Drop resume in person to 230 Manitoba Avenue Selkirk or email to: ihebert@bondedhealth.ca

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: Managers, AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View Open Roles. Apply: [www.rockymtn.com/careers](http://www.rockymtn.com/careers). Relocation offered.

## MISCELLANEOUS

For sale - adjustable wheel chair ramps, 4ft/7ft. \$400 obo. Please call 204-785-2107.

## WATER TREATMENT

Water softeners. All sizes. 5 stage reverse osmosis systems, \$268. E-coli ultraviolet systems. Greensand iron/odour/ manganese removal filters. 10" & 20" Polyspun. String wound. Carbon replacement water filters. All Seasons Furnishings 204-661-8581.

## WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

## MISCELLANEOUS

For sale: Lagostina 12 pce commercial cookwear set, new in box; Walker - top of the line, used 4 times; Oster Convection Toaster Oven, never used; King size bed with mattress and boxspring, like new, includes lots of bedding. Please call 204-268-1918.

**ADVERTISE YOUR HELP WANTED IN THE RECORD AND GET RESULTS**

Eddie's Gravel Supply Ltd. is Hiring

## RED SEAL MECHANIC

Truck/Trailer/Equipment Repair  
Competitive Wages, Benefits  
Experience required  
**204-389-2023**

[info@eddiesgravel.com](mailto:info@eddiesgravel.com)  
102086 Hwy #9, Wpg Beach, MB

## TRADES PERSON WANTED

Local contractor in cottage country looking for trades people for a variety of different renovations.

**Call 204-390-2580**

**ADVERTISE IN THE RECORD**

## Trucks, Trailers, Truckbeds & Tires

- Full Repair & Safeties
- Vehicle Parts, Tires & Wheels
- Trailer Parts & Batteries
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## EBY Aluminum:

- Gooseneck and Bumper Pull Cattle & Equipment Trailers
- Truck & Service Bodies
- Generation Grain Trailers

**KALDECK TRUCK & TRAILER INC.**

Hwy #1, MacGregor, MB

**1-888-685-3127**

[www.kaldecktrailers.com](http://www.kaldecktrailers.com)

Eddie's Gravel Supply Ltd. is Hiring

## ASPHALT LABOURERS AND EQUIPMENT OPERATORS

Must be able to lift 50LBS  
Competitive Wages, Benefits  
Experience required  
**204-389-2023**

[info@eddiesgravel.com](mailto:info@eddiesgravel.com)  
102086 Hwy #9, Wpg Beach, MB

## WANTED

Old exterior coach/lantern style light fixtures. Don't have to be in working condition and glass does not have to be intact. Call or text 204-485-2121.

## PERSONAL

WANTED: Couple (M/W), seeking another couple M/W, to share common interests, go on adventures. NO DRINKING, NO SMOKING, NO RECREATIONAL DRUGS. Email 7eve nof13@gmail.com

## NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

**News Tips? Story Ideas? call the Record 204-785-1618**

## McSherry Auctions

12 Patterson Dr., Stonewall, MB

Online Timed Auctions @ [iCollector.com](http://iCollector.com)

Estate & Moving  
Closes Wed June 1 @ 7:00PM

Estate & Moving  
Closes Wed June 8 @ 7:00PM

Consignments Welcome!

(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

## NOTICES

HIRING??? NEED STAFF BADLY? Having an AGM or on-line event and need attendees? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out now! Selling something? Have an on-line store to shop at, doing curbside pickup/deliveries? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

## FINANCE

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 [www.firstandsecondmortgages.ca](http://www.firstandsecondmortgages.ca)

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

**SHOP LOCAL SUPPORT OUR LOCAL BUSINESSES**

**BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK**

- \*Auto \*Farm \*Marine
- \*Construction \*ATV
- \*Motorcycle \*Golf Carts
- \*Rechargeables \*Tools
- \*Phones \*Computers
- \*Solar Systems & design
- \*Everything Else!

## THE BATTERY MAN

1390 St. James St.  
Winnipeg  
TF 1-877-775-8271  
[www.batteryman.ca](http://www.batteryman.ca)



## EMPLOYMENT OPPORTUNITY

Charisons Turkey Hatchery is currently hiring for a general labourer position.

- This is a permanent full time position with a competitive compensation and benefit package, including health and dental coverage.
- Training will be provided for the ideal candidate.

Please submit resume to [shaunne@charisons.ca](mailto:shaunne@charisons.ca) or call 204-886-2922 for further information.

## CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



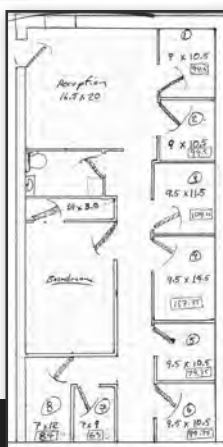
## Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

For information please contact:

**BIG Real Estate**  
204-485-0010

email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)





# Classifieds

Book Your Classified Ad Today - Call 204-785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**The Selkirk Record Announcement and Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication**  
Please Call 204-785-1618

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

## CELEBRATE THE SPECIAL MOMENTS!

Don't forget to send your special wishes to your friends and family.



Join the fight against Prostate Cancer

**RIDE DAY**  
Saturday  
May 28, 2022

10am

Earls Polo Park (Winnipeg)

Visit [ridefordad.ca/manitoba](http://ridefordad.ca/manitoba)

to register or make a pledge



## Response Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 32 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)

Don't Forget Your Loved Ones WITH AN ANNOUNCEMENT IN THE



Call 204-785-1618

# START FRESH.



Grow your career with our store team.

Go to [careers.safeway.ca](http://careers.safeway.ca) or scan to learn more.

**NOW HIRING**

OR DROP RESUME IN PERSON  
MAIN & MANITOBA, SELKIRK



## R.M. OF WEST ST. PAUL ZONING BY-LAW 2/99P ZONING BY-LAW AMENDMENT 2022-07"P" PUBLIC HEARING

As per The Planning Act, any person can make representation on the matter at the meeting.

### What is BL 2022-07"P" about?

This application is to rezone the subject land from "A80" Agricultural zone to "RR" Rural Residential zone in order to establish 19 rural residential lots.



**Unaddressed (Grassmere Road)  
(Roll # 417550; Lot 2 Plan 61706)**

The RM Council meetings are being held online only due to COVID-19 and are available live through YouTube. The link will be provided at [www.weststpaul.com](http://www.weststpaul.com). Participants must email - [info@weststpaul.com](mailto:info@weststpaul.com) by 2pm the day of the meeting to register to speak; or to register as for, against, or for information.

For more information please contact the Red River Planning District.  
Red River Planning District Mon-Fri\*  
806A Manitoba Ave. Selkirk, MB. 8:30am-4:15pm  
\*excludes all statutory holidays

\*NOTE: Property owners are responsible for notifying "Tenants"

**We are Listening.**

**Public Hearing**  
Thursday,  
June 9, 2022  
6:00 PM

\*online only\*

Phone:  
(204) 482-3717  
1-800-876-5831  
Fax: (204) 482-3799  
E-Mail: [info@rrpd.ca](mailto:info@rrpd.ca)  
Website:  
[www.redriverplanning.com](http://www.redriverplanning.com)



# The Selkirk Record



**Evan Kreutzer.ca**  
Real Estate Services Inc.

325 Manitoba Ave. Selkirk

204

**4U2-SELL**  
204-482-7355



EVAN  
482-7355



WAYDE  
485-0407

**WANT TO SELL BEFORE SUMMER?**  
We're Looking for New Listings!

We have Interested Qualified Buyers!  
**CALL US TODAY AND GET MOVING!**

207 Rosser Ave  
1 3/4 storey, SxS, 3 bd, upgrades incl kit, bath & flooring. CALL WAYDE

**BIRD RIVER LANDING**  
138 acres, 2,600 ft WATERFRONT  
**\$369,000**



445 Manitoba Ave  
Spacious 3 bd, dbl gar, fenced yd.  
**SOLD! \$299,900**  
WAYDE



[www.interlake.mb.ca](http://www.interlake.mb.ca)

ARBORG 204-376-3400 GIMLI 204-642-8501 SELKIRK 204-482-5806  
**Need to Buy? Need to Sell?**  
In turbulent times, it's smooth sailing with Interlake Real Estate

DAYNA CLARK  
204-461-1347

Like new! 4 season home at the Narrows, 3 bns, sunrm, decks, open layout, dbl lot \$229,900

Moosehorn, super cute 3 br hm, dbl lot w/gar. Many upgrades incl wndws, kit & bath \$99,900

Lundar \$849,900, 632 acres, remod 3 br bng + 2nd house, many good buildings, private loc.

MIKE JUBA  
204-588-7967

GRAND MARAIS 3 units: all-season home and two guest cottages. Can't beat the price \$249,000

Nice home on 212 Pacific Ave Selkirk - 2 bdrm, patio doors to deck, renovated, private yard. Price drop only 179k!

Cooks Creek Meadows, East Selkirk. Nearly sold out, 1 lot left. Fully serviced 1.7 acre waterfront \$199k.

LUDA KOZLOVA  
204-997-7756

ELLEN WYKA  
204-376-3400

Home shows like new, 40 x 60 quonset, large shop, in-floor heat + plumbing, acreage, much more.

Listing in Arborg. Gorgeous bungalow, quiet bay, 3 bdrms., 2 bathrooms, paved drive, dbl. garage.

Fisher Branch, Over 1600 sq. ft. of gorgeous. Stunning home, nothing to do but move in. Take a tour.

KATHY MARKS  
204-642-8501



Commercial building in Riverton. Living space with kitchen, Attached garage. Just \$49,900.

John Wisnowski  
204-479-1208

1962 60 YEARS 2022



3 bdrm in Ponemah just 45 Mins from Wpg. Sunroom. Wood stove Gar. Large treed lot. Come See!  
Chris Neufeld  
204-641-1727



12A Autumnwood Dr. Gimli 2 bdrm. condo in Gimli. Close to all amenities, schools and rec. ctr. Now \$194,900!  
Dave Humniski  
204-642-8501



3 bed 2 bath condo in Gimli. Major upgrades inc kit, windows & more. \$124,900  
Ingrid Bennett  
204-642-2089



12 B Autumnwood Dr Gimli - 3 bd. condo in town. Close to amenities. 1 level living, grass & snow looked after! \$219k  
Laurence Humniski  
204-642-8501

GRANT HJORLEIFSSON  
204-641-6400  
New condo dev in Sandy Hook. 2 bdrm, maintenance free living. Samfagel Rd. \$324,900

Amazing Lakefront Home in Sandy Hook. \$499,900 3800 sq ft. Must see.

2 bdrm in Wpg Beach. Huge lot, raised gardens, newer garage. 347 Lake. \$299,900



Great invest. opp. 3 BR, 1 bath, 1296 sqft, on 7.76 acres + add. Lease income from a bell tower.  
Jasmin Theobald  
204-642-8501

CRYSTAL LINE  
204-232-6200

Build your dream home or cottage on this extra large lake view lot in Balaton Beach.

Nature lovers paradise. 1800 sq. ft. 4 bdrm. cottage on private 5.88 acres, Otter Lake. Take a tour.

Arborg: 1800 sq. ft. family home, plenty of room to roam. Large lot, double detached garage.

JUSTIN ZINKOWSKI  
204-795-6664



Fantastic 5 acre lot within town limits of Teulon. Close to all amenities.  
Samantha King  
204-229-7560

PAM ISFELD  
204-641-5408



# Announcements

*The Selkirk Record*

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Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## ANNOUNCEMENT

### IN MEMORIAM



Travis Schmidt

December 2, 1991 - May 25, 2020

May your heart always be joyful  
May your song always be sung  
And may you stay forever young

-Forever missed and loved  
by your family

**Don't forget your loved ones passed with a message in the**

**Selkirk Record**

Call 204-785-1618

**Do you wanna make some EXTRA CASH?**

Do you have a truck and are heading back to Altona on Tuesdays empty?

Would you be interested in delivering the Altona Rhineland Voice Weekly Newspaper?

Email resume and driver's abstract to [Bigandcolourful@mts.net](mailto:Bigandcolourful@mts.net)



## OBITUARY

**Cheryl Lynn Haughton (Kuzminski)**

**June 5, 1976 – May 11, 2022**



It is with great sadness and broken hearts, we announce that Cheryl Lynn Haughton (Kuzminski) peacefully passed away on May 11, 2022, while surrounded by her family and loved ones. Forever missing her beautiful smile, laughter and love is her husband Tom, and children Sophie (12), Mikayla (Kaylee) (10) and Thomas (9). Cheryl loved to make memories and created an incredible amount of them in her short 45 years on this earth and our children will continue to cherish them for their entire lives.

Cheryl leaves behind her loving mom Sharon Kuzminski and her brother Jason (Nicole) nephew Rylan and niece Thea and her grandma Sophie Ruptash. Cheryl was so loved and will be missed by Cheryl's mother-in-law Elizebeth, sister-in-law Maryanne (Kris) Thorkelson, nieces Elly, Johanna, Lily and Katrina, sister-in-law Correna (Steve) Peck, nephew Jordan and nieces Sidney and Madison and sister-in-law Sue (Colin) Angus and nephews William, Alexander, and Sam. Cheryl will always hold a place in the hearts of her aunts and uncles, Linda (Wayne) Jasper, Nadine Ruptash (Bob), Johnny (Doreen) Kuzminski, Verna Wojcik and Denise Kuzminski. Missing Cheryl are her cousins Leanna (Randy) and their children Avia and Katelyn, Michael (Leslie) and their son Carter, Jamie (Chris) and their children Aliyah, Lauren and Isla, Justin (Marlee and baby to be), Kyle, Alicia, Peter, Paul, Blair, and Cody.

Welcoming Cheryl into Heaven with open arms are her father Jim, father-in-law Tom (Opa), grandpa Tony, uncle Bradley, uncle Lloyd, grandpa John, Elsie, and Jean.

Cheryl was born in Selkirk, Manitoba and spent her younger years there. She was a fighter from an early age of four months, having survived an aggressive childhood cancer. She was a strong child who was not afraid of doctors, nurses, or needles. She loved going to Children's Cancer Care to play with the toys and create beautiful crafts in the play area.

As Cheryl began school, she was involved with Brownies and Girl Guides, earning badges, selling cookies, and going on camping trips. In Junior High School, Cheryl joined the Selkirk Youth Pride Group. There she made so many lifelong friendships as they spent a lot of time together at meetings and attended conferences to encourage and educate youth to have fun...drug free!

Cheryl loved her part time job at A&W. Even though she always smelled like an onion when she came home from work, she always said she made the best onion rings. Dressing up as the A+W Root Bear for the Selkirk Parades was the highlight of her job. Cheryl loved volunteering at Lower Fort Gary where she worked in the bake house making bread and enjoyed dressing up in the period costumes. She loved meeting visitors from all over the country. And so began her love of history, antiques, and family treasures. Cheryl also made time each September to do the Terry Fox run with her family and would wear the red shirt with pride.

After completing Grade 12 at the Lord Selkirk High School, Cheryl continued her education at the University of Winnipeg, Robertson College to become a Dental Assistant and finally at the University of Manitoba and graduated in the Dental Hygiene Program. Cheryl was voted the Senior Stick to represent her whole class and continued to make amazing friends through school.

Once Cheryl finished school, she went to work as a dental assistant in Brandon, Manitoba. While living there, she met Tom Haughton in 1998 and her life would be never be the same. Together they have lived life to the fullest, laughing along the way and dancing up a storm wherever they went.

After Brandon, Cheryl enjoyed working at a variety of dental offices in Winnipeg and even worked at a dental office in Barbados. This was shortly after getting married to Tom in 2006. Barbados was a special place for Cheryl because she made an amazing amount of Barbadian and international friends, joined the Barbados Hash House Harriers running group, and enjoyed everything the island had to offer. It was truly an island paradise!

Upon returning home six years later, she continued to travel every chance she had, and we went on many adventures with her family making amazing memories every time. Cheryl loved travelling by car, by airplane, by cruise ship or in our motorhome.

Cheryl also loved travelling to our cottage in Gimli, Manitoba. Its only a short 45-minute drive but has amazing beaches to relax on, wonderful friends and neighbors to visit with and so many shops and restaurants to enjoy. She enjoyed sitting back listening to the birds, going for walks, kayaking on the lake or hanging on the beach with Tom and her kids. It truly was her local tropical paradise!

Cheryl was actively involved in the St. Theresa's Parish in West St. Paul where she became friends with two amazing priests and so many other wonderful parish friends. Cheryl taught grade 2 catechism for six years and her students loved her style and fun experiments. Cheryl also was a proud member of the Catholic Women's League.

Cheryl also loved running her own businesses. She enjoyed selling Mary Kay for a couple of years and then sold Stella and Dot. Then Cheryl set out to establish Lake Escape Cottage rentals based in Gimli. Her goal was to give renters a small taste of our amazing lake life and treating them as a 5-star guest. She received so many amazing reviews of her service and had even more repeat renters each year.

Cheryl loved making new friends and reconnecting with old ones. Because of her daughter Sophie, she met five new mom friends in 2015 and continued to enjoy their friendship since. These mom friends later earned the name "Moms Gone Wild" where they would get together, enjoy a nice meal, and laugh about life. These friends especially helped carry Cheryl over her 2-year battle with cancer and they continue to show their support to her family. Cheryl was also blessed with so many other friends through our kids' schools, through our church and where our kids Ukrainian dance and do gymnastics.

We especially want to thank Father David, Father Michael, Father John all from Winnipeg and Father Ralph from Houston for your love, prayers, and guidance over this trying journey. Many special thanks also to Dr. Blaes from Minneapolis, Dr. Majd from Houston and all the other doctors, nurses and support staff that assisted with Cheryl's care. Dr. Derrek, Nurse Practitioner Cynthia, Nurse Naomi, Nurse Jean, and Nurse Nicole: words cannot express how grateful we are for your love, compassion, and care. Also special thanks to all the Home Care staff who made Cheryl's final month at our home a comfortable and heart-warming experience. We are forever so grateful. We also appreciate support of the Never Alone Cancer Foundation.

Also, a huge thanks to all my Prayer Posse's located across Canada and the USA and our "Texan Family" who always gave us incredible love and support. Your prayers carried us through this trying journey. God Bless you all!

Finally, the greatest thank you to my amazing sisters Maryanne, Correna, Sue, and ALL of their families for their incredible and unending support including driving to Texas with us and visiting multiple times while there. Thank you, Elly, Jess, Katrina and Sam, for this special time in Texas. Also, thanks to Andrew, Jodi, Max, Leo and Adi for the adventures in Houston with us! A huge thank you to Sharon for all of her love and support over the years but especially the past three months while living with us and to Jason for taking care of Mom's home. Also, a huge thank you to my mom Liz for her powerful and unending prayers. We are so blessed and thankful! THANK YOU EVERYONE!

Here are a few messages from our beautiful children:

Dear Mom, my greatest memory is when you would always go water sliding or skiing with us while away on our vacations. We would always laugh so hard. You taught me how to brush my teeth well, to do a teddy bear stand and to always be nice. I love you Mom and I will forever remember and miss you. Love Sophie xoxoxo

Dear Mommy, you are the strongest woman ever! Do not worry, you are still the best cook because Dad burns everything. I miss your perogies and your hugs. I will always remember your GFG saying (Go for it Girl). We are sad but we know you are running and dancing in heaven. Love You, Mikayla xoxoxo

Dear Mommy, thanks for teaching me all the tricks and always making me laugh about your funny stories. Like the time you sent me off to make licorice muffins and I said it sounded yucky. My greatest memory is when you would cuddle with me because it would make me feel amazing. I love you Mommy and God Bless you. Love Thomas xoxoxo

We are heartbroken to have lost the shining light that was always there for us. We are comforted knowing that Cheryl's legacy of her beauty and kindness will continue to glow through all the lives that she touched.

Cheryl, you will never be forgotten, and I will love you forever my beautiful and amazing wife! My heart will forever be broken until we meet again. God Bless you always! Love Tom and Ranger xoxoxo

In lieu of flowers, Cheryl would love for you donate to the St. Theresa's Church Building fund because this church was her home away from home. You can also choose to donate to Cancer or Diabetes Society. Thank you and God Bless!

Prayers will be held on Thursday, May 26, 2022 at 7:00 p.m. in the St. Theresa's Roman Catholic Church in Middlechurch, Manitoba. Funeral Mass will be celebrated on Friday, May 27, 2022 at 3:00 p.m. also in the Church, Mass will be livestreamed via her obituary at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com). Interment will follow in the Holy Family Cemetery. The celebration will continue following the interment at the family home.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.





# Announcements *The Selkirk Record*

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## OBITUARY



**Harry Thomas**  
February 5, 1944 - May 16, 2022

Peacefully, at his residence in Selkirk, MB, Harry Thomas, aged 78 years, passed away.

He was the beloved husband to Donna Thomas for 59 years; loving father to Holly (Floyd), Angel (Farrell), Bonnie, Robin (Murray), Michael (Shelly), Donna Mae (Dean) and Penny (John); as well as numerous grandchildren and great-grandchildren whom he loved with all his heart. Harry was one of 13 siblings, and had an enormous group of friends. Harry was not a man to sit around, he worked incredibly hard all his life. No matter what time day or night, he always welcomed you with open arms. Throughout his lifetime, Harry became an accomplished commercial fisherman, excellent carpenter and mechanic. Harry will be sadly missed and forever loved by all.

A memorial service was held on Friday, May 20, 2022 at 1:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Thelma Jean Bell (nee Sutherland)**

Peacefully, on Thursday, May 19, 2022, at the Betel Home, Selkirk, MB, Thelma Bell, aged 91 years, beloved wife of the late Olie, passed away.

Full obituary to follow.

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**James (Jim) George McLeod**  
April 8, 1928 - December 26, 2022

Born at Big George's Island on Lake Winnipeg, Manitoba.

Dad is survived by his wife of 73 years Velma; sons Lon (Shirley) and Greg (Lucy); grandsons Jeff (Trisha) and Lon Jr. and great-grandson Kayden; along with brothers and sisters as well as many nieces and nephews.

Dad passed December 26, at Red River Place.

A celebration of his life will take place at Gilbert's Funeral Home, Selkirk, at 5:00 p.m. on Sunday, June 12th with a gathering to follow. Invitations will be sent by mail and email.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## CELEBRATION OF LIFE

**Raymond Peebles and Sybil Finnson**

The families of Ray and Sybil would like to announce the grave site burial of their ashes.

All family and friends are welcome to join us on Friday, May 27th, 2022 at 10:00 a.m. at St Andrews Church Cemetery.



There is a link death cannot sever, Love and remembrance last forever.

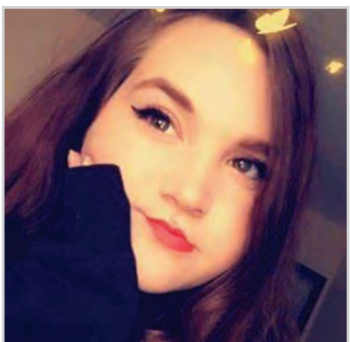
## CELEBRATION OF LIFE

**Hanna Marie Norwell**  
December 26, 2002 – April 8, 2022

With broken hearts, her family announces the sudden passing at HSC of Hanna.

A Celebration of Life for Hanna will be held Saturday, June 4, 2022 at 2 p.m. in the Selkirk Community Church 6569 Provincial Trunk Highway 9, St. Andrews. MB

Friends and family are invited to visit Hanna's memorial page at [interlakecremation.ca](http://interlakecremation.ca) where memories and condolences may be shared.



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## OBITUARY

**George (Harry) Freeman**  
June 2nd, 1941 – May 17th, 2022

It is with deep sadness for our own loss that we announce the passing of a dear husband, father, grandfather, uncle, cousin, brother and friend to all, George (Harry) Freeman.

It is with joy in our hearts that we celebrate George's peaceful passing on to be with our Heavenly Father. George is now with his beloved parents, Harry and Bonnie Freeman, brother Ron (Pung), sister Peggy, and brother Tommy, as well as many aunts, uncles, cousins, and friends who have gone before him.

George is survived by his wife Kathy; siblings Bob, Richard, Gary, Roddy, Betty, Gerry and Tannis; son Vince, (Jeannine); daughter Francine (Mike); step-daughter Jacki (Aaron); grandchildren Tyler (Alicia), Joshua (Alex), Jessica, Kyla,

Keana, and Michael, Alexis and Nickolas great-grandchildren Nevaeh, Willow, Mikayla and Rylee, as well as our large circle of family and friends.

We thank Dr. Demsas for his care and compassion, as well as the staff of Selkirk General Hospital. Special thanks to Archdeacon Godfrey Mawejji for his guidance, prayers, love and loss of sleep on our behalf.

Anyone who knew George will remember him to have been a tall, self-assured, gregarious storyteller. He had a love of old cars, which he turned into a back yard car collection/wrecking yard, and a weekend passion for racing at Brooklands Speedway. He had the courage to leave a good government job at the Queen's Printer and follow his dream of becoming a professional photographer. He cashed out his pension as seed money, put on a cowboy hat and boots, and never looked back. He and his wife Kathy travelled western Canada with their Olde Tyme Photo Parlour business setting up at the Calgary Stampede, the PNE, and the Winnipeg Ex, the Saskatoon Fair, Klondike Days in Edmonton and numerous smaller fairs and shopping malls in-between.

To my beloved husband George, your "Little Baby" loves and misses you dearly.

Until we meet again, I shall remain yours truly, Kathy.

Funeral Services will be held on Friday, June 3, 2022 at 2:00 p.m. at St. Clements Anglican Church, 1178 River Road, Selkirk, MB with Archdeacon Godfrey Mawejji officiating. Interment to follow in the St. Clements Cemetery.

Friends and family are invited to visit George's memorial page @interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to

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