



# The Selkirk Record

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Locals Lindsay, Jason, Ryan and Corey Marsh couldn't wait to get their boat on the water on the opening day of fishing season May 15.

RECORD PHOTO BY BRETT MITCHELL

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# Petrusia Perogy and MPUE creates kindergarten video

## COVID-19 restrictions cancel kindergarten tours for new students starting in the fall

By Sydney Lockhart

New English-Ukrainian Bilingual kindergarteners may not have been able to check out their school in person this year but Petrusia Perogy, the mascot of the English-Ukrainian Bilingual program at Happy Thought School stepped up with an informational video about the program this year.

The video created by the Manitoba Parents for Ukrainian Education edu-

cates parents about the school's bilingual program, and what it has to offer their children entering kindergarten.

"Families within our catchment, or out of our catchment can enrol their children in kindergarten, or grade one, and families who enrol their children in the EUB program do not have to be of Ukrainian background," said Happy Thought School's principal Trish Goosen.

She said she hopes the video will not

only help families feel more informed before sending their children to kindergarten in the fall but also help more parents consider enrolling their child in the English-Ukrainian Bilingual (EUB) program

"We are one of a few schools around the province that have the EUB program," she said, "We have a community, Manitoba has a very strong Ukrainian cultural background, and having the EUB program at our school and Happy Thought offers another avenue for families to access curriculum," said Goosen.

Goosen said the province has 11

schools that have the program, but Happy Thought School has one of the largest programs.

"The stats from the fall is that Happy Thought is one of the top two enrollments," she said.

The video was shot last week at the school and features mascot Petrusia Perogy who is a perogy in traditional Ukrainian garb.

"Manitoba parents for Ukrainian education reached out to all of the schools in the province that have the EUB program and offered an oppor-

Continued on page 4



RECORD PHOTO BY BRETT MITCHELL

Kaitlyn, Anthony, Noah and Petrusia Perogy act in a video filmed to give residents information on our local English-Ukrainian Bilingual program.

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tunity to highlight schools that have program," she said.

Introduction to the school for kindergarteners usually happens in June but is not able to this year due to the ongoing COVID-19 pandemic.

"[The video] will be sent to all of the schools who are part of the program. It will also be on our Happy Thought School website, as well as the MPUE (Manitoba Parents For Ukrainian Education) websites," said Goosen.

She added that all students, even without prior knowledge or background in Ukrainian, can benefit from the EUB program, which has been implemented for about 20 years, and

that they have a full class with over 20 kids in each grade.

"We felt it was important to be able to reach out to the community, to give the families, a glimpse into our school. Because, starting kindergarten that's a major milestone for our kids," said Goosen.

While the video is not available yet, it will be available to the general public in a few weeks' time.

Goosen welcomes parents to contact her at Happy Thought School with questions that they may have about the program.



RECORD PHOTO BY BRETT MITCHELL

Petrusia Perogy doing a traditional Ukrainian dance with students for the video about the English-Ukrainian program.

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# Wildlife Management Area to be renamed

## Wildlife management area to honour local environmentalist Dr. Frank Baldwin

By Sydney Lockhart

The Minister of Agriculture and Resource Development's mandate is in the process of renaming 89 Wildlife Management Areas after community members who made a difference for the environment.

"The environment and our wildlife

management areas are really important to us as a government, and we're currently renaming some of the wildlife management areas," said Selkirk MLA Dr. Alan Lagimodiere.

Wildlife management areas in Manitoba account for about 2 million hectares of land, Lagimodiere said

the provincial government are hoping that renaming some of these areas will help bring more attention to their importance.

"We were lucky enough to have the Lake Francis Wildlife Management Area renamed after an individual from our community. Frank Baldwin actually lived in St Andrews for quite some time so it's good to have somebody in our region, acknowledged for all their efforts," said Lagimodiere.

Baldwin was an environmental activist who died back in 2011, Lagimodiere said he was chosen through a selection committee by Agriculture and Resource Development.

"Frank was actively involved in wetland preservation, very concerned about our duck and geese populations in Manitoba. He was heavily involved with the Oak Hammock Marsh Interpretive Center," he said.

Signage will be erected at the wildlife management area at Lake Francis honouring Dr. Frank Baldwin and his contributions.

"He was bigger than life, he was always out there, always concerned," said Lagimodiere, "He'd plant the

seed in your head. So, you started thinking about how important these are to us as Manitobans, not only for today, that was the effect that Frank had on people."

In the recent 2021 provincial budget, the Manitoba government is directing \$225,000 toward wildlife management area programs in an attempt to increase public awareness and access to view the areas.

"It's preserving enhancing and protecting our environment for the day, but for our future generations to enjoy as well," said Lagimodiere.

He added that they are still looking for individuals to honour when renaming future wildlife management areas as not all 89 areas have been decided yet.

"Reach out, either to myself or their local MLS and bring names forward for consideration for moving forward," he said.

To nominate an individual who contributed to environmental causes phone 204-482-4955 or email [Selkirkmlaoffice@gmail.com](mailto:Selkirkmlaoffice@gmail.com).

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# Keeping safe on the water this fishing season

Enjoy the water with the peace of mind that you are prepared for all eventualities

By Katelyn Boulanger

With fishing season starting on May 15 this year, and bringing more people to the water the Lifesaving Society of Manitoba is reminding residents to make boating safety a priority before they leave the dock.

“One thing that everybody needs to know is they have to check for their specific craft because the required safety equipment does vary depending upon the exact type and length of your craft,” said Manitoba Lifesaving Society’s Water Smart Coordinator Dr. Christopher Love.

Love says that even though you’ll need different equipment for a Jet Ski than you would for a fishing skiff or a yacht there are some basic pieces of safety equipment that everyone should be aware of.

“Common things that everybody’s going to need is they are going to need an approved lifejacket, for each person who is going to be in the boat. By law, you just have to have it, it has to be the appropriate size, and it has to be in the boat when someone is in the boat. Our recommendation is that they actually need to be wearing that lifejacket,” said Love.

Lifejackets are the number one thing that he recommends, saying that they should be put on even before you get on the dock and not taken off until after you are safely off the dock. However, he says that one thing that people may not know about lifejackets is that they need to be either Transport Canada approved, or Canada Coast Guard approved which means that if a fisher grabbed a lifejacket on a trip to the US, prior to COVID, that jacket might not meet Canadian standards.

Another item that is required on many crafts is a sound signaling device such as an air horn or a whistle which can be used to avoid collisions when you are in reduced visibility but also helps if you fall overboard as your voice will eventually give out but a whistle can make noise for much longer.

“We recommend with those two things that I’ve already mentioned, the lifejackets and the sound signaling device, you actually combine those, you put a whistle on every single lifejacket that’s in your boat so that when somebody is wearing [their lifejacket], they automatically have the sound signaling device on them,” said Love.

Some other common items that you will need are a heaving line, which is essentially a rope that floats and can be used for rescues, an anchor, a manual propelling device like paddles, a fire extinguisher if you are cooking or have a fire hazard on the boat and lights if you operate outside of daylight hours.

For larger crafts a reboarding device may also be necessary and should you be taking your boat on a larger body of water where you may not be able to see land at all times, a radar reflector could be necessary.

“A radar reflector is essentially a device that you affixed to the highest point of your craft or you affixed to a pole so that it gets some height above your craft and it’s to make you visible to other crafts that are using radar as part of their navigation methods.

It’s also used if you are ever reported missing, and search and rescue are out looking for you,” said Love.

Some things that may not be re-



RECORD PHOTO BY BRETT MITCHELL

Chris, Kim and Kaiden Yap from Winnipeg went for a beautiful day in he boat together last weekend.

quired but that he recommends you consider when taking the boat out are a toolkit of basic mechanical repair supplies and a basic first aid kit.

“I’ve heard plenty of stories of incidents where fish hooks have gone in the wrong direction or into the wrong place. I’ve heard stories about fillet knives on a rocking boat. I’ve heard stories simply. I mean some of the fish that we have in Manitoba, they bite or they’ve got really rough scales and so having those basic first aid supplies — you don’t have to have the world — but having some basic antiseptic, some band-aids a little bit of gauze that can be a big difference between dealing with something easily and immediately or it becoming worse,” said Love.

He also suggests, especially at this time of year, to prepare for changing weather conditions. It may be colder on the water than it is on the shore and water temperatures at this time of year are still very cold as the water hasn’t had time to heat up yet.

Additionally, let someone know

where you are going and when you plan to get back just in case.

COVID-19, of course, also comes into play this year as you need to adhere to provincial safety regulations even if you are out on the water.

Also, as always you will require your craft operator card and boat license.

“By doing this planning ahead, by preparing ahead, you can avoid a whole lot of problems and you can have a really, really enjoyable time out on the water,” said Love.

Love recommends anyone wanting to head out whether it be on the lake or the river check out the Canadian Safe Boating Council’s Boat Notes App, which is available on both the Google Play Store and Apple’s App Store and breaks down all the items that you need for your particular boating situation. You can also get additional information on the Manitoba Lifesaving Society’s website at [lifesaving.mb.ca](http://lifesaving.mb.ca) or the Canadian Safe Boating Council’s website at [csbc.ca](http://csbc.ca).

## Canine officer helps with arrest

By the Manitoba RCMP

On May 14 at approximately 7:30 p.m., RCMP were notified to be on the look out for a vehicle that was stolen at gunpoint in Winnipeg.

An RCMP officer on patrol on Highway 101, near Pipeline Road, located the stolen vehicle. A traffic stop was initiated, however the vehicle failed to stop and fled at a high rate of speed. The officer lost sight of the vehicle and alerted other officers in the area.

At approximately 10:35 pm, Selkirk RCMP responded to a report of a single vehicle collision on Manitoba

Avenue, in Selkirk. A passer-by reported that a vehicle collided with a tree and the driver got out and fled the scene on foot. When officers arrived on scene it was confirmed this was the stolen vehicle from earlier in the evening.

Officers immediately contained the scene and surrounding area. Police Service Dog ‘Earl’ attended the scene and began tracking the suspect. Earl led officers to the suspect, who was found hiding in a field. The male refused to listen to officer’s commands and Earl was deployed to assist with

the high risk arrest. He was subsequently arrested, and taken to hospital where he was treated and released.

Darien Williams, 28, of Winnipeg has been charged with;

- Flight from Police
- Dangerous Driving
- Possession of Property Obtained by Crime
- Fail to Comply x2
- Resisting Arrest
- Uttering Threats

He is also facing a number of charges stemming from the original incident in Winnipeg.

Selkirk RCMP continue to investigate.

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# get informed

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## Mixing COVID vaccines could be safer than mixing drinks

By Patricia Barrett

Preliminary data on whether it's safe to administer different types of two-shot COVID-19 vaccines show participants experiencing more side effects than those receiving two jabs of the same vaccine.

Those findings were characterized as "short-term disadvantages" to mixing vaccine as no serious concerns were flagged.

The University of Oxford, England, study titled "Heterologous prime-boost COVID-19 vaccination: initial reactogenicity data," which is also referred to as the Com-COV study, was published online May 12 as correspondence in the medical journal *The Lancet*.

It's the first study to look at the "initial" reactogenicity [adverse reactions or side effects], safety and immunogenicity [immune response]. Data on immune response was not presented in the study but is expected to be released in June.

In February, the researchers recruited 830 participants, all of whom were 50 years of age and older. Participants included male and female subjects from different ethnic groups.

Researchers paired AstraZeneca's COVID vaccine with Pfizer-BioNTech's vaccine as well as the same vaccines in four groups: (1) AstraZeneca (first dose) and Pfizer (second dose), (2) Pfizer (first) and AstraZeneca (second), (3) Pfizer (first) and Pfizer (second), and (4) AstraZeneca (first) and AstraZeneca (second). They randomly assigned participants to one of the four groups and looked at outcomes at 28-day and 84-day intervals.

The study found that using two doses of different vaccines resulted in participants' self-reporting more adverse effects compared to those getting two doses of the same vaccine.

"Both heterologous [different] vaccine schedules induced greater systemic reactogenicity following the boost dose than their homologous [same] counterparts," state the authors of the study.

Adverse reactions included feeling

feverishness, experiencing chills, fatigue, headache, joint pain, malaise, muscle aches, nausea and diarrhoea, most arising after 48 hours. There were no hospitalizations reported, nor were there any incidents of rare blood clots occurring. The use of paracetamol (called acetaminophen in Canada) could tamp down those side effects.

Based on the study's "limited haematology and biochemistry data available," the researchers said "there were no concerns" with regard to the safety of mixing vaccines.

Potential harms can be difficult to determine depending on sample size. In terms of generalization to the wider population, large sample sizes in clinical research provide a higher degree of what is called statistical power, that is, a higher probability that a link exists between a drug, an intervention or other phenomenon and a particular outcome.

With COVID vaccines, that has been borne out in the real world, in which millions of people of different ages, sex and ethnicity have received a vaccine. Both the AstraZeneca vaccine and the Johnson & Johnson vaccine have been linked the development of serious and/or fatal blood clots called vaccine-induced thrombotic thrombocytopenia (VITT) after significant numbers of people were immunized. The condition wasn't noted in clinical trials using relatively fewer test subjects.

The English researchers cautioned that because their data were obtained from those 50 years and older "reactogenicity might be higher in younger age groups."

In addition to assessing safety, the study was undertaken as a way to help mitigate worldwide vaccine supply shortages and to address concerns over AstraZeneca's link to VITT.

Several European countries, including Norway, Sweden, Germany, France and Denmark, are advocating the mixing of vaccines because of VITT cases that arose after people received AstraZeneca.

The English researchers wrote that "several countries are now advising that individuals previously primed with ... [AstraZeneca] should now receive an alternative vaccine [an mRNA vaccine] as their second dose," such as Pfizer-BioNTech's vaccine.

Last Thursday, Canada reported an additional 28 cases of VITT developing after AstraZeneca jabs. The blood clots and low platelet levels that characterize the syndrome can appear four to 28 days after immunization.

Earlier this month Canada's National Advisory Committee on Immunization (NACI) said the mRNA vaccines [Pfizer-BioNTech, Moderna] are "preferred" over the adenovirus vaccines (which use traditional vaccine technology) developed by AstraZeneca and Johnson & Johnson. AstraZeneca's vaccine delivers protection against COVID using a genetically modified chimpanzee cold virus. NACI said if people can wait for an mRNA vaccine, they should.

Several provinces are no longer offering AstraZeneca as a first dose but may offer it as a second dose to those who already received it and who cannot physically tolerate an mRNA vaccine.

Last week the Ontario government bumped up the chances of developing VITT from AstraZeneca to 1 in 60,000. Although the Manitoba government announced it is no longer offering AstraZeneca for a first dose, it said the vaccine can still be offered as a first dose at pharmacies and doctor's offices when people can't access other vaccines. The Canadian government is currently deciding what it should do with the 665,000 AstraZeneca doses it has in reserve and which will expire in August.

Studies involving the combination of Moderna's mRNA COVID vaccine with other vaccines are ongoing, said the English researchers. Studies on mixing vaccines are "crucial to informing the appropriateness of mixed COVID-19 vaccine schedules."



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# Mighty Kiwi helps fundraise for Dance Association

By Sydney Lockhart

The Mighty Kiwi is helping support the Selkirk Dance Association this May with their new Pretty in Pink smoothie. With every sale of the smoothie this month, a dollar goes towards keeping kids in our community active.

"We were looking to collaborate with somebody local in Selkirk for a fundraiser like we do a couple of throughout the year, just kind of looking for something different [and this opportunity came up]," said Alycia Campbell, lead instructor at the Selkirk Dance Association.

The smoothies contain almond milk, banana, pineapple strawberries and peaches and a dollar from every drink is donated to the Selkirk Dance Association, no matter what size is ordered.

"It's kind of great because pink is kind of synonymous with us and then we kind of get our supporters and our followers in there too, just to say hey I'm looking for the pink smoothie," said Campbell.

The Selkirk Dance Association fun-

draises in attempts to keep their cost of classes as low as possible for their students aged 3 to 22.

"Our organization is always focused on keeping good quality dance instruction at a reasonable price for our students. We want to make sure that dance is available to everybody so our competitive groups, as well as our recreational groups, will benefit from this fundraiser," said Campbell, "Just giving them that easier access to dance has always been our main focus."

The Selkirk Dance Association had to shut down again along with all other sports due to the most recent COVID-19 pandemic restrictions.

Two days before closing down they recorded their entries to this year's online Canadian National Dance Championship.

"We just snuck that in on the Friday before we had shut down so we're very thankful that we were able to do that. Our girls will be able to have that little piece of normalcy for this year," said Campbell.

"The typical year we have between

400 to 300 students. This year obviously with COVID we have seen a little bit of a decline but still around the 250 mark," said Campbell.

She added that she hopes people go to The Mighty Kiwi to support their cause and help them fundraise until the end of the month.

"I think it's a wonderful way for people to be able to support like local non-profit organizations who are struggling to find the way to do what we do in times like this," said Campbell.

The organization has not been able to fundraise its usual amount due to the pandemic.

"If you can go and get a really yummy smoothie and some of that back ends up back in an organization that, you know continues to foster movement and exercise and dance for kids I think it's a win-win for all," she said.

Owner of The Mighty Kiwi Jocelyn Kreml said they have seen a lot of interest so far.

"There's a lot of support for the dancers I think from family and friends," she said, "We are all about supporting local and especially young people who are trying to be active communities, so we wanted to be a part of that."



RECORD PHOTOS SUBMITTED

Owner of The Mighty Kiwi Miranda Schmidt and Elena Modrzejewski at The Mighty Kiwi with their fundraiser smoothie the Pretty In Pink drink.



Selkirk Dance Association's teen competitive jazz group recording their competition submissions with their instructor Alycia Campbell.

# Selkirk RCMP arrest off-duty WPS officer

Independent Investigation Unit of Manitoba has been notified

By the Manitoba RCMP

On April 22 at approximately 1:00 a.m., Selkirk RCMP received a report of an assault at a residence in the RM

of St. Andrews. Officers attended the scene and arrested a 28-year-old male. The male is a member of the Winnipeg Police Service. He was off-duty at

the time of the offence. He is facing charges of Assault, Mischief Under \$5000, and Possession of a Scheduled Substance (psilocybin).

The male has been released on an Undertaking.

The Independent Investigation Unit of Manitoba has been notified and is

taking a monitoring role in the investigation.

Any inquiries regarding duty status or years of service can be directed to the Winnipeg Police Service.

# Miniature canoe to travel down the Red River

Project of tracking canoe down Red River brings grandfather and grandsons together

By Sydney Lockhart

After building a miniature canoe, carving people to sit in it, and then painting it bright red, Jason Molinski named the canoe the 'River Gypsy' and hopes it becomes a fun project for his grandsons to track as it makes its way North from Emerson.

The boat is approximately three feet long and five inches wide and is going to be released into the Red River near Emerson on the May long weekend.

"The idea came from a long time ago when I was in school it was about eight or nine years old and I read this story called Paddle to the Sea," said 68-year-old Molinski.

The book that inspired Molinski was published in 1941 and written by Holling C. Holling. It tells the story of an Indigenous boy carving a boat which he then sends down the river in hopes of it making its way to the Atlantic Ocean. This year marks the 60th anniversary of the book being published.

The boat is made of spruce and has Styrofoam in the hollowed-out body



to help it stay afloat, within the boat's compartment will be a bottle containing an email and phone number.

Molinski said he hopes people will write their name on the paper and then contact his grandchildren so they can plot the boat's journey on a map together.

"Hopefully people are watching for this thing and as they find it, they can scoop it up and open it up and get the information," he said, "They can all phone my grandson's and tell them where they are."

RECORD PHOTOS SUBMITTED

Milo, Eli and their grandfather Jason Molinski tested out their carved boat the River Gypsy in preparation of its launch on May long weekend.

His grandsons Milo and Eli are 7 and 9 years old, Molinski said they are excited to see how far their boat gets, and how many people pick it up and then return it to the water.

"It was something I thought I always wanted to do from when I was young. I never had a chance to do it, never had the time," said Molinski, "This could get my grandson's involved and they're on board with that idea."

Molinski said he hopes the grandfather-grandson project will attract the attention of people near the river with its bright colours, their ultimate goal is for the boat to reach Lake Winnipeg with the help of others.

"We thought it would be an interesting project for the summer, for everybody, for anybody with kids or anybody on the river, if they spot it. It's something to be on the lookout for on the water, kind of like a treasure hunt," he said.

Molinski added that the only way their project will succeed is if other people participate and help the boat if they see it stuck somewhere. Although he is from Winnipeg, he said he hopes that communities near the Red River will keep an eye out for it. To keep up to date with the River Gypsy's travels follow the 'Red River Journey' page on Facebook.

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RECORD PHOTOS SUBMITTED

The River Gypsy boat was created by Jason Molinski and inspired by the book "Paddle to The Sea."

# YOUR STATE OF THE REGION

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This year the Selkirk Biz hosted their annual State of the Region event a little differently, however, just because it has gone online does not mean that it was any less informative for residents wanting to catch up on what their municipal governments have been up to and are planning for the future.

This year's event was moderated by Selkirk Biz Director and Selkirk Record Sales and Marketing's Michelle Balharry. Balharry noted that there would be some differences to the format this year with East St. Paul Mayor Shelley Hart joining the panel for the first time and Councillor Matthew Prychun filling in on behalf of the RM of St. Andrews as neither the mayor nor the deputy mayor were available.

This article is a condensed version of the presentation, to view the complete presentation visit [https://www.youtube.com/channel/UCv\\_CHnKODIDWK-bGyVufepXA](https://www.youtube.com/channel/UCv_CHnKODIDWK-bGyVufepXA).

## SHELLEY HART, MAYOR OF EAST ST. PAUL

**Q.** What is your RM's leadership doing to help guide businesses out of this hard downturn?

**A.** First and foremost, in 2020, we reduced the tax burden for businesses and obviously, for residents, by cutting our mill rate last year by 5.4 per cent which had a significant impact on the amount of money that businesses had to pay out of their pockets. We currently have a very competitive mill rate of 8.470 and we are accomplishing this with only 1.5 per cent businesses in East St. Paul versus a margin of 97.4 in property taxes, so it's a pretty significant gap that we have between business and residential properties.

Very early on in the COVID realities of 2020, we gave several local businesses permission to place temporary mobile signs advertising curbside [services], deliveries, and pickups on RM property. Businesses were really in the throes of trying to adjust to the realities of COVID and trying to change their business model and this was one way the RM was able to reduce the burden of required temporary signage, saving them both time and money. They had enough things to worry about and this took those items off their plate.

We extended the due date for taxes in 2020 by a month, and we waived the penalties on water bills for two billing cycles.

Lastly, what we saw both in the context of social media and regular media is the support local move-

ment. It really was encouraging to see communities rally around the businesses that have supported them for years. Every year in East St. Paul, we cater a Christmas for our staff and obviously in 2020 we were not able to do that. So, in lieu of the Christ-



Shelley Hart,  
Mayor of East St. Paul

mas gathering, we put together a gift bag for our staff and, for every member of our staff, besides a gift card for cash, we included gift cards to local restaurants and chocolate that was made locally and is sold around the capital region.

**Q.** What is the long-term vision for the RM of East St. Paul for the next five to 10 years?

**A.** East St. Paul has a 10 year strategic plan from 2019 to 2029 with 12 key strategies guiding that vision. Infrastructure, without question, leads those requirements. Our wastewater treatment plant, which was originally built in the late 70s/early 80s, needs an upgrade, as well as an expansion, as well as the development of water wells in our community. So water and sewer needs are very high on our list.

Once those water and sewer needs are in place,

both for our current needs and future developments in our community, it will allow us to [implement] some of the other strategies we have, which include increasing our commercial business, development of homes and obviously, managing the increase in our population. We want to build a multiplex with a daycare, that will be later on in the in the strategic plan, because of the significant needs around our infrastructure projects.

And, the beautification of our community is something we have really taken to heart the last few years. We have been members of Communities in Bloom for several years, and that really elevated our game and how we looked at our community. We got so many positive comments about the flowers and the beautification all around our community. Really, we were very supportive of Communities in Bloom, but I think we got out a lot more than we expected to so we're certainly hoping that continues.

And, the town center in Birds Hill is one of our key areas because it's much like our gathering place for our community. Most of our retail and multifamily units are being built in that area. So really, the development of that Birds Hill town area is high on our list and building our community resiliency, especially around climate.

**Q.** What are the top three issues on the radar?

**A.** I love quotes and one quote I heard recently really resonates here. It says, 'Don't tell me what you value. Show me your budget and I'll tell you what you value,' and I thought that was quite apropos.

But first and foremost, it's going to sound repetitive, but it is because it is so important. It's our upgrade and expansion of our wastewater treatment plant. We have at this point completed 90 per cent of those engineer drawings, and we're anxiously awaiting announcements on ICIP (Investing in Canada Infrastructure Program) funding. I know a lot of our RMs across Canada and cities across Canada are really concerned about the federal funding announcements on ICIP projects. So far we've spent in excess of a million dollars, just to get our engineer drawings and get to this place to be ready when that funding is announced.

Number two is our expanded water supply. This year alone, we have several significant water supply related projects for key projects. We're upgrading the computer systems that run all our wells. That's an \$800,000 project alone. We have a Bray Road Well Feasibility Study, that's a \$200,000 project. We have our water treatment plant distribution line twin-

**YOUR STATE OF THE REGION**

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ning at \$450,000 and construction of a water looping project, which will cross the PTH 101 for the countryside crossing development, which is just on the south side of the perimeter at Henderson Highway and that's a \$1.7 million project.

The third and it's not an infrastructure project, but it certainly is going to have an impact on development in communities around the capital region and that's Bill 37 and the impact of the provincial bill, which is pending confirmation. Our understanding is by the end of May, that bill will probably be proclaimed by the province and it will have a significant impact on how our RM's manage development at the local level with decisions of local councils appealable now to the provincial municipal board. That has never been the case before, so it is certainly affects local autonomy. Further, the province has mandated within that same bill that the Winnipeg Metro Region coordinate the development of Manitoba's first regional plan, which forms part of the legislation, but the details will be in the regulations which will come in the next year [or more], and the plan includes density targets for municipalities, which will, again, be that shift and autonomy that companies currently have and it will definitely be a change on how communities manage development.

Q. How do you balance residential, commercial and agricultural development in your community?

A. In many ways, East St. Paul is somewhat of a homogeneous community. We're predominantly single-family homes, and most of our business serves small local needs. It's been the last two councils of 2014 and 2018 that have approved several multifamily developments where none existed previously and that was by design and by choice of previous councils. Over the past four to five years, we have built a two storey 8-plex on Birds Hill Road, a single storey 18-unit attached townhome complex on Birds Hill Road, a three-storey 48-unit apartment block is currently under construction on Hoddinott Road just outside of the town center and we have 61 multi-family units planned in the Gateway Point Development, which is just off of HWY 59. You can see the construction and the design there. That is in conjunction with 36 single-family homes that they have so it's a development with different types of residential options there. That is a total of 135 single-family units in the last few years and it is giving our residents a place to downsize in place. Previously, residents that had a large, half acre to 10 acre lot really could not stay in the community unless they had family or help outside of themselves to maintain properties as they aged in place.

Our proximity to the City of Winnipeg doesn't create a demand for significant retail business but our residents do want some businesses for convenience and also for that feeling of community. We

have lots of residents gather at places like Jonesy's in our town site. We really have a small presence, but a much loved presence that keeps our residents local for many of those needs.

Our development plan has identified areas suitable for commercial business growth, and we're working towards the infrastructure that's needed to be able to grow that side of our community. Our municipality by size is really small. It is only 16 square miles. We're the smallest in the capital region and so we specialize in only small farming enterprises, not the large farms that you see in many



Cheryl Christian,  
Mayor of West St. Paul

rural municipalities, and those small farms is really what was the genesis of our community. We began as a farming community when settlers arrived and worked the long narrow lots that have come off Henderson highway, all along the Red River and the fertile soil have really encouraged that kind of growth in our communities. As most people know, no summer is complete without taking that drive down Henderson Highway picking up your vegetables on the roadside stands and ending up in Lockport for a hotdog. It is really a balance of small business, small agriculture and predominantly at this point residential which we are trying to maintain, change, and grow the other portions of our community.

**CHERYL CHRISTIAN,  
MAYOR OF WEST ST. PAUL**

Q. What are the top three issues on the radar for the RM West St. Paul?

A. The first [top issue for us] would be plan 20-50 and Bill 37. As Mayor Shelley Hart had mentioned, this has the potential to have a really significant impact on our region in terms of development and growth. Plan 20-50 indicates that [in] the North Metro region the growth will be limited, and our numbers don't support that. So we're really concerned about what that looks like and making sure we get that right in the next 30 years. Some of those early numbers coming out are predicting a growth of 33 people in Selkirk, 1700 people in West St. Paul, and people leaving St. Andrews, and we don't believe that those numbers are accurate. We see people coming to our communities, and [being] excited about opening businesses and having residential homes and building in our communities. So we're quite concerned about those numbers, we're going to be fighting hard to make sure that the data is correct, and that Bill 37, when it's implemented, doesn't have a negative impact on our growth in our communities. People are recognizing how important it is to do business in the north. We all work well as municipalities in the north capital region here. We want to make sure that we continue to attract businesses and residents to live in our communities. So we're really going to be focused on this and I would encourage business owners who are watching and listening to our discussion today to really become informed about that. The implications of not understanding the growth in our region is limited resources from the provincial and federal governments and we all have similar infrastructure needs. East St. Paul has talked about their infrastructure needs. We want to make sure that information coming out as part of Plan 20-50 is not discouraging businesses from doing businesses in our communities, and that we're not really losing valuable funding that helps us attract more business.

Our second issue on the radar is preparing for community growth. As I mentioned earlier, we're really in a boom in West St. Paul right now. We have a lot of permits out for single-family homes, a couple of multifamily, two huge retail areas coming. So in a community with 2,100 homes and businesses, what's really going to be important is that we get it right that we manage our growth properly. Our focus is on well planned and well managed growth. We want to make sure our municipal services remain exceptional and we want to retain our

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staff. So, we are planning how that looks in terms of training and supporting staff. We're planning for a new municipal building to provide room for additional staff that we're going to need particularly bylaw enforcement, we want to make sure we have the right people and the right equipment to look after the RM in terms of fire safety and public works equipment, so that's really a top priority for us.

Our third [priority] would be, through our community strategic planning process, residents of West St. Paul told us that the top priority was community safety and bylaw enforcement. This is a really challenging issue that most of our municipalities are dealing with is how do we enforce the bylaws and how do they have teeth to it so it's something that we're all struggling with. In 2021, we'll be conducting a review of our bylaws to make sure that they're relevant, current and enforced. We focused on community education regarding the bylaws and that will be enhanced using social media, our newsletters, and our newly trained West St. Paul community ambassadors. We're quite proud of them. We want to be to encourage compliance in our community before enforcement, so they've been out in our community educating our residents about the bylaws that we have and providing friendly reminders to encourage compliance. They'll be going door to door, and they have already started. So that's been really helpful in COVID, as well. Safety has been a key focus for our municipality and will continue in 2021. Both [having] a safe community in terms of being prepared for business continuity and what it [will] look like if COVID continues and we're also focused on a safe workplace. we want to make sure staff and Council have a respectful place to work.

Q. What is the leadership of West St. Paul doing to help guide businesses out of this recent downturn?

A. In terms of us balancing during the downturn, I'd have to say COVID has it's created challenges, both globally and in our region. But fortunately, many of our businesses in West St. Paul have not been negatively impacted by COVID. In fact, many businesses in our community are thriving and part of the reason for that is West St. Paul does not have a large retail sector at this time, which has really been the hardest hit by COVID. The public health orders are around business closures and limited customers, so, we haven't seen that [effect] yet, because we're really just in the early stages of retail development in West St. Paul. Many of our businesses are part of the construction industry. So as home builders, contractors, roofers, concrete companies, and so with the housing market booming, these companies are doing exceptionally well. Our local restaurants have adapted, and like many other restaurants in our communities, they've moved to takeout service really early in the pandemic. These

business owners have told me that they've never been busier. So, they've done really well and our community has really supported them. I was proud to see businesses help each other.

As a municipality and council members specifically, we continue to highlight the importance of supporting local business. Last summer, I devoted a week to touring our local restaurants and posting photos and menus on social media everyday to encourage our residents to support restaurants and that was really successful. We had a lot of business owners get in touch with us and I thank them for



Debbie Fiebelkorn, Mayor of St. Clements

that. Social media is really an important tool that we've been able to use and it just highlights that we all have a role to play in supporting local business, especially during challenging times.

Our Council has approved the creation of new commercial lots, five new lots on Kapelus Drive by our Sunova Center, and we also created additional lots in our business park which helped increase the size of our business park by 30 per cent. We approved a 12-lot subdivision in a commercial retail area that will have all the infrastructure installed by the end of summer. So these approvals and our private partnerships create additional opportunities and support business development in West St. Paul and so businesses have been able to capitalize on

the housing growth and the commercial and retail growth and we're doing everything that we can to facilitate and support that.

Finally, our council has committed to keeping our municipal taxes low significantly lower than the City of Winnipeg and other municipalities. Last year, we had a minimal increase of 1.8 below the cost of living and this year were 1.97 recognizing that our residents and local businesses are dealing with a global pandemic. We didn't want to have negative tax increase, we want to be able to continue to provide that exceptional service and as a smaller municipality with 2,100 homes, it's really important that we balance low taxes with the need to provide exceptional service. Our municipality operates really efficiently with a relatively small staff and we continue to provide all essential services to residents and businesses during the global pandemic.

### DEBBIE FIEBELKORN, MAYOR OF ST. CLEMENTS

Q. What are the ways your area balances the residential, commercial and agricultural development in the RM St. Clements?

A. The RM of St. Clements is committed to sustainable growth, which means growth is repeatable, ethical and responsible to and for current and future communities. It means future development needs to contribute positively to the environment, social structure, and financial health of the RM. It means being more efficient and maximizing our current infrastructure. Good planning is essential to providing services at a reasonable cost for generations to come. A poorly planned community could result in additional maintenance expenses without the property tax revenue to support the cost. We will continue to identify opportunities to increase housing options and lead to an expansion of our tax base. Economic Development is important as well in order to find ways to make investment in St. Clements attractive. This could mean an expansion of industrial and commercial lots or targeted rezoning efforts. Protecting our agricultural lands will continue to be a priority for the municipality.

Q. What is the long-term vision for RM of St. Clements for the next five to ten years?

A. For the long term, our vision for the municipality is to continue to plan for expansion of infrastructure services with, not only sewer, but water to provide the amenities and services people are seeking. We have received funding to expand our water treatment plant and have developed plans to expand on wastewater to contribute positively to the environment, social structure, and financial health of the RM. We need to continue and grow and attract young families. In order to do this, we need

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to provide amenities and services people are seeking. We are also working toward the construction of the South St. Clements Activity Center building as part of our recreation master plan. The grounds will continue to be worked on and we look forward to opening the grounds and trails later this year. As well, opportunities are being explored for revenue growth, through economic development to keep costs affordable for our community.

Q. What are the top three issues on the radar for the RM of St. Clements?

A. We are a very large municipality and with aging infrastructure [and our priorities has to be there as] most of our roads, gravel and hard surface are in need of upgrading or rebuilding. Asset management to address all of the assets in the RM is at the top of mind to find the most cost effective methods in lowering the life cycle cost of all our assets. We also want to provide services to various areas of the municipality to bring housing and commercial development to the municipality. Comprehensive planning for roads drainage, wastewater and water is critical for future success.

The third topic that we have on our radar is, of course, keeping taxes affordable for our citizens while providing better services. Although financial challenges continue for all municipalities, it is important that we keep our costs affordable for rate-payers.

Q. What are the short-term goals of the RM?

A. One of them is to bring more commercial and light industrial into the municipality by expanding our existing industrial park. The RM is focused on keeping the tax rate sustainable and protecting the environment. We will also be looking at areas to work with developers to provide age in place and affordable housing.

Climate change and its impact on our existing drainage network along with our ability to respond to unanticipated events needs to be addressed in the short-term and council has put in increasing budgets to address these items.

Q. What is the leadership doing to help guide businesses in the RM St. Clements out of the downturn over the past year?

A. This year, we will continue to address the many challenges [of COVID-19] as well as to adjust to a new normal. We continue to work closely with other levels of government in providing a safe and healthy community. This year, Council has budgeted \$50,000 towards the development of business improvement zones in Lockport and Grand Marais, to work with our local businesses in these destination locations to develop strategies and projects to enhance the public realm for visitors. We will also seek input from our business leaders on ideas to improve the community. We are also looking at ex-

panding our infrastructure services to both of these areas, including active transportation and trails.

**LARRY JOHANNSSON,  
MAYOR OF SELKIRK**

Q. What is Selkirk's long-term vision for the next five to ten years?

A. One of the highlights, of course, is our strategic plan. Our administration, our council, we've all worked very hard to build a strategic plan that



Larry Johannsson,  
Mayor of Selkirk

works. It has done well for us in the City of Selkirk. Highlights of it always go [into choices at] budget time when our directors come for an ask, when they come for a want, they know that it has to relate to our strategic plan and I think that goes a long way in ensuring the future will be bright for the City of Selkirk. When we made the strategic plan, we had a lot of citizen input, along with administration, along with council, along with our directors. So that's very important, when you're building a strong strategic plan, you want residents to be contributing towards it. We are going to, in the near future, be updating the strategic plan. So, again, we'll be looking to our residents to come forward and to help us with it. This strategic plan is in place not only for this coun-

cil, but it's in place for councils and mayor's that will come behind us. That's very important. As we know, if you go on a trip, you have to have GPS or a map to get you there to have a successful community and to keep it successful, you have to have a strong strategic plan to get you there. So while councils may tweak the plan, administrations may [change] the plan going forward. If they stick to this strategic plan, they will be successful.

Q. What is the leadership in the city doing to help guide businesses out of the downturn of the past year?

A. We looked at it in a little bit of a different light. The role of municipalities, the role of good councils and good administrators is to keep the services on. This is very important. We have done so much work with the keeping on of the water plant, keeping on the wastewater treatment plant. People take for granted so often, they get up in the morning and they turn the taps on to make coffee and turn the shower on [and have] the toilets flush and a lot of people don't give that a second thought. We, during the pandemic, knew that unless we do our role in keeping services going, there will be no business at all. If we ever had to empty that hospital, we have the largest psychiatric hospital in Manitoba, we have a huge regional hospital here in Selkirk, if we had to stop the water in there, for any reason, there would be a pandemic, akin to the pandemic we already have. Our administration had the foresight to make sure there was backup for these services — backup for the water treatment plant, backup for the wastewater treatment. We were able to secure a lot of retirees that would be able to step in [if needed]. We all know if one of the people on a shift developed symptoms or tested positive for COVID-19, everybody has to stay home and self isolate. So, we were prepared for that. I'm proud of what they did. I'm proud of the way that we've kept the lights on and the services going.

Taxes are another way that we can help businesses out. The last two years we've kept taxes to the lowest increases it's been in decades. We came in this year 1.5 and I think that bodes well with keeping the expenses low. We all know that all municipalities, hydro, labour, construction, everything is [more expensive] everything's at the highest level it's ever been. It's through strong growth and keeping a tight lid on expenses, that we are going to be able to keep taxes reasonable and keep people in business.

Q. What are the short-term goals for the City of Selkirk?

A. We're going to encourage development of course. We've had the most development, I think, the city has seen in the last couple of decades. We have purchased the last largest tract of developable land in the City of Selkirk. The city has purchased

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that to be masters of our own destiny to be able to control the growth in there. That's 326 acres in the west end. It's also adjacent to two huge housing developments that are currently going on. In our conceptual [plan] and our strategic plan for that area, we want to see, of course, smart housing going up. We're staying away from the multimillion-dollar homes and the great big lots. We're going to homes that we feel are going to be desirable. Homes that are going to be manageable, efficient. The lots are going to be manageable, efficient, and we feel, and our developers agreed with us, that this is the future. This is what people are going to want to see in the future. They don't want to spend the whole weekend cutting grass, they don't want to spend the whole weekend cleaning the house, they want to be out enjoying life. This development will have 90 acres dedicated to a regional park and to a neighborhood park and this is very important. We know that green space is high for citizens as they look to relocate. We will have trails throughout the development. We will have a mountain bike course and we are going to have a long lake that is going to have a sport paddling venue that is going to be exciting. I think that this is going to be not only good for the kayaking clubs and the people that are interested in boating and in the area. I think it's going to be a draw that will bring people into our community and take a look at Selkirk.

## MATTHEW PRYCHUN, COUNCILLOR FOR THE RM OF ST. ANDREWS

I wanted to start off and just say on behalf of council and the RM of St. Andrews, unfortunately Mayor Sul and Deputy Mayor Hoebee were not able to attend today's meeting. Our council and administration has nominated me to be here.

**Q.** What are the top three issues on the radar for the RM of St. Andrews?

**A.** The top three issues on our radar would be the complete, successful launch of our brand new wastewater system. This has been going on for many years and we are finally in the final stages of getting all the agreements signed and wrapping up the entire project.

We need as a council and as an RM to sharpen our focus on long term planning for our communities such as recreation, solid waste, flood risk, and housing needs. We need to get the community involved in this project. It will only help our council and future councils to develop a better understanding of our community and to really take advantage of the opportunities in our community. We need to have a clear, decisive vision as we prepare to grow and develop our communities and be ready for those grants that do come available.

The RM is really trying hard to improve our communication with residents — that's through new social media pages coming, websites, and everyone still loves those newsletters that show up in the mailbox. It's something we have to get on and start doing more of.

We as a council continue to work hard to improve our teamwork as we work together. Sometimes we might not all agree but healthy debate is important and we need to arrive to the best decisions for all residents in the community.

One really exciting thing is we are in the process of finalizing a brand new community safety officer programs will CSO program, which means St. An-



Matthew Prychun, councillor for the RM of St. Andrews

draws will have a full time peace officer. This will be to help educate and deal with bylaw issues in the RM and this will make St. Andrews one of the first RMs in the province to do something like this. We're extremely excited to bring that forward to our residents.

**Q.** What are the short-term goals for the RM of St. Andrews?

**A.** At the top of the list would be flood proofing the RM. That's always an issue every year, previous councils and this council, spent a lot of time working on that making sure that the RM is completely flood proofed.

We are in the process of again finishing up our wastewater system and we need to make sure that we get failing septic fields eliminated and that we have these properties connected to our new municipal system. We need to move towards a more sustainable approach in solid waste in treatment collection and diversion. When you start introducing new development standards as far as density policies, bylaws, and initiatives, [we need] to basically adapt to the new trends, and we need to find a better use of our land.

We want to continue to develop our trails along Highway 9 which is really important for our residents in active transportation and it'll also help bring new people to our community to take a look at what we have to offer in St. Andrews.

**Q.** That leads us right into how the RM going to balance the residential, commercial and agricultural development within such a large municipality?

**A.** For many years, we've been dealing with the wastewater situation and [with] our brand new facility starting and opening soon, we have 1,800 homes in St. Andrews that will be able to access an affordable alternative to septic fields. As we start

this new year, we feel confident that the community is going to be in a better situation moving forward for growth.

Our good roads are really important to our residents and to our farmers. In 2020, the RM of St. Andrews earned the best maintained system of municipal roads, that was an award given to us for the district of Manitoba Good Roads competition. [It was] extremely gratifying to see that happen and to see our public works get recognized for the hard work and the many long hours they put in especially during the public health restrictions. It's definitely made everybody's job a little bit more difficult.

Last year, we also hired a brand new economic development officer for the RM who will help guide us in all aspects of growth for St. Andrews focusing on housing and commercial development.

**Q.** What are the long-term goals for the RM of St. Andrews for the next five to ten years?

**A.** We need more diverse housing options in St. Andrews. A place primarily for young adults and seniors who want to remain in St. Andrews for a longer time and maybe they don't want two acres of land. This will definitely make homes a lot more affordable than the average home in St. Andrews.

We need to develop surface water management infrastructure.

We need to deal with climate change, agricultural lands, drought, high rain events, that type of stuff is important.

We need to continue to grow our active transportation for our residents for walking and bike paths throughout the community. We need to develop new recreation spaces, it's really important. It's definitely been identified in our master plan. We just need to take some action and continue to move that forward. And, I think a real major focus for the RM has been to increase our commercial opportunities and to develop a solid plan that's going to work with the new Plan 20-50.

**Q.** What has the leadership in the RM of St. Andrews done to help guide the businesses in the RM out of this downturn during COVID?

**A.** We have really tried to work with everyone involved in our community. We've been fortunate to work with the province to get some funding available to help — primarily our community centers, halls, and churches — the most people that are in a real dire need. We've been working on that lately.

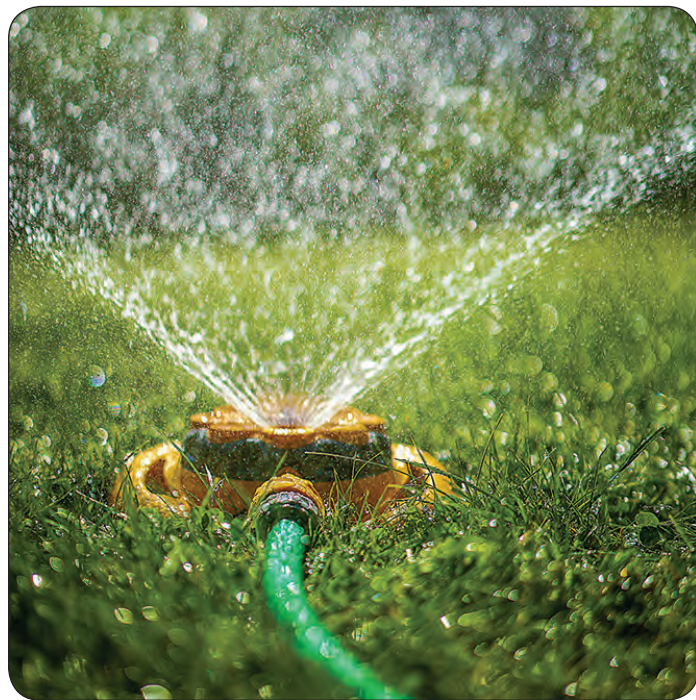
There've been conversations with the RM of St. Clements dealing with the community bridge development program that's going to be happening. We know there's been some issues, obviously with COVID and now moving forward is going to be a bit of a nightmare dealing with some of those businesses that are crossing the river on both sides. We're in the process of trying to figure out how to put some trails in place, maybe streetscape a development along Highway 44, so, we're trying to work with those people.

We've also been doing a lot of advertising and providing lots of efforts to the St. Andrews Airport to encourage business development and really develop that commercial space [that's there and] available.

And, of course, we're trying to get things wrapped up for the wastewater system providing various jobs, lots of contracting work, and connecting those new homes and once that system is in place it will only bring more people to our RM and create a lot of jobs for a lot of people.

# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Conserving water during drought and dry periods

Weather can be unpredictable. Carefully developed plans for days spent in the great outdoors can be derailed by unexpected rainstorms, while sudden bursts of sunshine can turn overcast afternoons into chances to get outside and breathe some fresh air.

Lawn and garden enthusiasts know just how mercurial Mother Nature can be, especially during summer. The specter of drought looms every summer and 2021 is no exception, it's wise to remain prepared for drought.

In recognition of the difficulties drought can pose, the Environmental Protection Agency offers the following tips to homeowners to ensure that water is available to meet critical needs.

- Learn local regulations. During dry periods and droughts, local water utilities put restrictions in place. These restrictions are not meant to be nuisances, but designed to ensure water is available to fight fires and meet other critical needs. Adhering to these guidelines, no matter how difficult they can be, helps your community stay safe. Periodically visit local water utilities' websites to learn if there are any restrictions in place.

- Inspect fixtures for leaks. Conservation is the goal of water restrictions. Leaky fixtures compromise conservation efforts, so inspect all interior and exterior faucets and pipes for leaks and fix them immediately.

- Look into upgrades. Upgrading outdated bathrooms and other water features can be a great way to conserve water without changing daily habits. For example, the EPA estimates that water-conserving toilets can reduce water consumption by as much as 60 percent each year.

That saves consumers money while also helping them to conserve during droughts or periods of dryness.

- Water wisely. The EPA notes that experts estimate that as much as 50 percent of the water we use outdoors is lost to evaporation, wind or runoff due to overwatering. The EPA recommends watering primarily in the early morning and evening, after the sun goes down, so less water is lost to evaporation. If you have an irrigation system that uses a clock timer, consider replacing the timer with a WaterSense labeled irrigation controller, which acts like a thermostat for a sprinkler system, using local weather and landscape conditions to tell the sprinkler system when to turn itself on and off.

Drought and dry conditions in summer highlight the importance of conserving water.

## What to know about outdoor living spaces

Home trends come and go. What was popular as recently as a decade ago may have lost some luster in the eyes of today's home buyers. Though that's historically been the case in regard to real estate, outdoor living rooms are one relatively recent home trend that figures to have a longer shelf life, especially in the aftermath of a global pandemic during which people were encouraged to stay home as much as possible.

Real estate professionals and organizations like the National Association of Home Builders note the popularity of outdoor living spaces among prospective home buyers, and how that popularity has grown in recent years. Outdoor living rooms not only appeal to potential buyers, they also serve as a means for current homeowners to get more out of their properties. Homeowners mulling outdoor living space projects should consider various factors before deciding to go ahead with a project.



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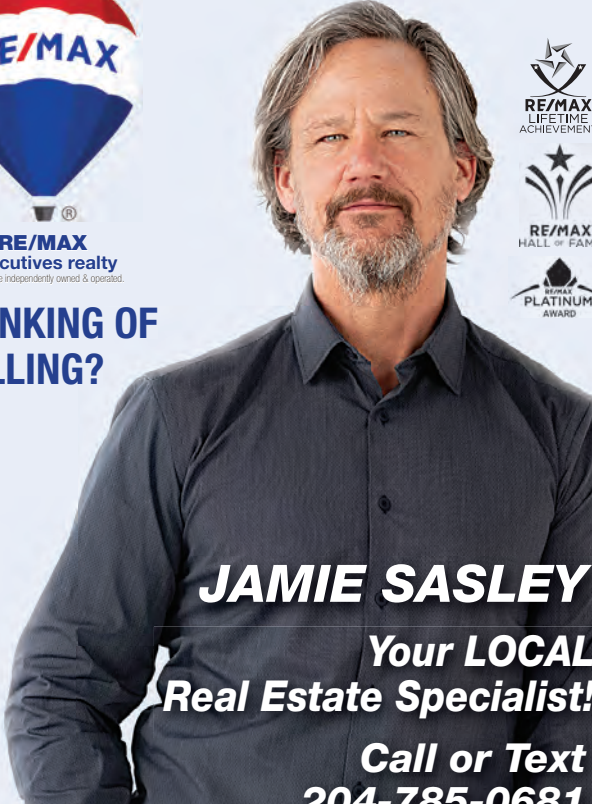
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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Renovation trends that figure to be popular in the year ahead

Home renovation trends are ever-changing. Renovations that might have been de rigueur 20 years ago may seem dated now. Recognizing the potentially popular trends of tomorrow is a great way for homeowners to give their homes a fresh new look and put themselves in position to capitalize on popular trends when they put their homes on the market. That's especially so after 2020, a year when millions of people spent more time at home than ever before. All that time working from home and relaxing at home gave millions of homeowners ideas about what they like about their homes and what they hope to change. The following are some renovation trends that various experts suspect could emerge in 2021.

· **Eco-friendly living:** Climate change, and how to combat it, continues to be a hot button issue during 2021. It should come as no surprise that *urdesignmag.com*, a web magazine that showcases creative trends in design, architecture, art, technology, and fashion, predicts that eco-friendly living solutions figure to be hot commodities in 2021. Eco-friendly appliances, furniture and designs can help to conserve energy and reduce waste, which environmentalists and government agencies like the Environmental Protection Agency note are two critical components in the fight against climate change.

· **Large windows:** Large windows can provide stunning views of the outdoors and allow ample natural light into a home. It may not be a coincidence if large windows prove to be a hot trend in 2021. The COVID-19 pandemic that dominated



ed much of 2020 forced many people to spend considerably more time at home. Darker homes without much natural light can adversely affect mood, especially when people are spending more time at home. HGTV predicts that homeowners will seek ways to bring more natural light into their homes in 2021, and large windows naturally brighten homes while making rooms appear bigger, helping people feel less cramped. That's an especially beneficial characteristic when spending more time indoors at home.

· **Minimalism:** The anticipated popularity of minimalism in 2021 may also be connected to the pandemic. As professionals were forced to work from home and many families spent more time together inside their homes than ever before, they may have recognized a need to cut back on clutter, including extra furniture. A

can easily go up depending on where homeowners live and the features they want to have in their outdoor living spaces. For example, including a built-in fire pit in an outdoor living space will cost more than purchasing a stand-alone fire pit that can be picked up and moved. But many homeowners feel a built-in fire pit makes an outdoor living space even more special.

· **Return on investment:** Return on investment is another factor for homeowners to consider as they try to decide if they should install outdoor living spaces and how to design those areas. Much conflicting data about the ROI on outdoor kitchens can be found online, but many trusted real estate organizations report that such additions do not mesmerize prospective buyers. Data from the American Institute of Architects indicates that outdoor kitchens are routinely ranked among the least desirable home features, which means homeowners should not expect substantial ROI when selling their homes. But that built-in fire pit? Estimates from

minimalist approach is both simple and clean, which can make homes feel less claustrophobic.

· **Multi-functional spaces:** Homeowners asked a lot of their homes in 2020, as rooms were transformed into multi-functional spaces seemingly overnight. HGTV notes that spending more time at home showed homeowners that it may not make sense to dedicate entire rooms of a home to a single purpose. Renovations that can help homeowners transform rooms into multi-functional spaces figure to be hot commodities in the years ahead.

### > OUTDOOR LIVING, FROM PG. 16

· **Cost:** The home renovation resource HomeAdvisor estimates that the average cost of an outdoor living space is around \$7,600. That cost



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Continued on page 18

# Your Local Community Home Real Estate Section

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## How to care for perennials

Perennials can add color and vibrancy to any garden. One of the more desirable components of perennials is that they come back year after year, meaning homeowners do not have to invest in a gardenful of new flowers every year. That can add up to considerable savings. Perennials often form the foundation of beautiful gardens.

Annuals only grow for one season, produce seeds and then die. However, perennials die back to the ground every autumn and their roots survive the winter. So the plants reemerge in the spring, according to *The Farmer's Almanac*. Some perennials are short-lived, meaning they will come back a few consecutive years; others will last for decades.

Though planted perennials require less maintenance than annuals, they are not completely maintenance-free. Certain care is needed to help perennials thrive, and that starts with the soil. In fact, soil is the single most important factor for growing healthy plants. Most perennials grow ideally in well drained, fertile soil with a pH of 6.0 to 7.0. In addition, organic matter can improve soil texture and water-holding ability.

When including perennials in the garden, make sure you wait for the right time to plant them. The ideal time is during the spring or fall. Perennials come as container-grown perennials, which already have been established in the soil. Bare-root perennials are just roots that are often packed in peat moss. In order to plant bare-root perennials, soak the roots in water for several minutes before gen-



tly planting in the ground, indicates the how-to resource Tip Bulletin.

Perennials should be watered deeply, especially during the first growing season. However, the soil should never be overly dry or wet. Most perennials do not need to be fertilized heavily. A single application in the spring typically is all that's needed.

Care along the way can include deadheading spent flowers so that plants can use their energy on seed production and reblooming. Perennials should be divided when they grow large, every three to four years when the plants are not in bloom. Perennials produce fewer flowers or may look sickly when the time has passed to divide them. Early spring often is a good time to divide perennials, advises *The Farmer's Almanac*.

A thick layer of mulch can help perennials to overwin-

ter successfully. Perennials planted in containers will need to be transplanted into the garden before it gets cold because most containers cannot thoroughly insulate perennial roots.

Apart from these strategies, perennials pretty much take care of themselves. As long as sunlight requirements match plant needs, the perennials should thrive. For a great selection of Manitoba grown perennials visit *The Flower Child* at Selkirk Home Hardware.



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> OUTDOOR LIVING, FROM PG. 17

the National Association of Realtors suggest fire features recover around 67 percent of homeowners' initial investment. In addition, 83 percent of homeowners surveyed by the NAR who had installed fire features said they had a greater desire to be home after completing the project.

· Space: An outdoor living space may only be as relaxing as the space allows. The proximity of neighbors may affect privacy levels, which can make it hard to enjoy movie night outdoors or curl up to quietly read a good book. In addition, landscaping also may need to be addressed if drainage is an issue in the backyard. That can add to the cost, and drainage concerns may limit the materials homeowners can work with.

Outdoor living spaces are popular. Homeowners must consider various factors before deciding if such spaces are for them.

# Small businesses affected by further COVID-19 restrictions

By Sydney Lockhart

With personal services closing due to pandemic restrictions following case number spikes earlier this month, Manitobans have to have to wait for a haircut.

"We definitely needed to be shut down," said Connie Rapko, owner of Hair Fantasy, "I know that sounds strange coming from a business owner, but that's the only way that we'll be able to get this under control. And I think what the government has done the right thing."

Hair Fantasy will still offer curbside pickup for product by appointment only but will not be able to provide any of their usual services under the current provincial health restrictions.

"I think I will be able to weather the storm. I just feel that we all have to do our part and if that's what they're calling us to do," she said.

Rapko feels lucky to own her building right now and not have to worry about rent like many other businesses

are struggling with.

"I would say the older clientele are the ones that suffer the most," she said, "They become sort of like family, we miss them, and they miss us."

The provincial government announced further financial aid to businesses last week in a press conference.

This includes another bridge grant of \$5,000, an additional \$2,000 for restaurants to cover costs of food waste, wages, and insurance, and extra financial support to restaurants wanting to implement takeout or delivery services.

"It's not anywhere near enough. You know I think the reality for most of these businesses that have been operating at less than 50 per cent over the course of, you know the past 14 months," said Chuck Davidson, president of the Manitoba Chamber of Commerce.

As of Sunday May 9, restaurants, patios, and

bars are no longer allowed to have in-person dining and can only provide takeout and delivery services if they choose to stay open.

"There's really no amount of dollars you could provide those businesses right now that's going to sort of allow them to bounce back. I think the reality is I mean they just need the opportunity to be open," said Davidson.

Public places such as gyms, fitness centres, casinos and VLT's, museums, galleries and libraries are to close, along with salons, barbers, tanning salons, estheticians, tattoo shops and all other personal services.

He added that he thinks a regional approach to public health measures could have helped avoid closures of public spaces not having COVID-19 exposures.

Retail stores, garden nurseries, and markets had their capacity dropped

down to 10 per cent or a maximum of 100 people, whichever is smaller.

Indoor sports, including after school programs are closed, as well as outdoor sports are limited to five people maximum. Organized team sport is now prohibited.

Kid's day camps closed along with all dance, theatre, and music schools.

Outdoor gatherings are limited to a five people maximum, with multiple households allowed. Households may not have anyone else other than its residents inside or outdoors on their property.

Indoor gatherings are now prohibited, this includes community, cultural and religious gatherings.

"Right now, case numbers are far too high and the strain on our health system is rapidly increasing," said Dr.

Continued on page 20

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# Local author publishes first children's book



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Author Sharlene Yarish with her newly published children's book 'Hobbledy Gobbledy'.

*Hobbledy Gobbledy* is a new children's book that aims to teach young kids compassion

By Sydney Lockhart

Local author Sharlene Yarish published her first book in hopes of helping children learn compassion through her writing.

"The goal is to plant seeds of compassion, and, and hopefully plant seeds of empathy with the next book," said Yarish.

Her book is titled *Hobbledy Gobbledy*, and she said she hopes it will be the first in a series.

While Yarish wrote the book, her son Jesiah illustrated it for her.

"I asked him would he be interested in illustrating for my book and he said he'd give it a shot and it worked out perfectly because he [created] the exact images that I had seen in my head, he had," said Yarish

She added that she was excited to try something new with the children's genre, outside of her usual comfort zone of music and writing.

"In the summer I had plenty of time, I was laid off from work because of the pandemic. I had more time than I knew what to do with [so] I decided that I would finalize it and publish it," she said.

The book has been in the works for a long time for Yarish

"I have to say that it just kind of culminated with my 10 grandchildren because my ideas started when my kids were young," she said, "I've written

other things, but I just found that in the last little while I've been kind of directed towards children."

*Hobbledy Gobbledy* is the main character of the book and the story follows his experience of being left out of activities with other children.

"It's a rhyming story about a little character who has a sore foot. He's cranky all the time and nobody knows he has a sore foot. He's grown too cranky and other kids see him as cranky and they're afraid of him," said Yarish.

The kids then problem solve and come up with a solution wherein they include him. Playing board games and things that *Hobbledy Gobbledy* can participate in rather than having to be left out.

"One of the things that I really want people to know is that when I say planting seeds, I'm like really hoping to challenge that kid. The readers —

the kids — in their thought process when encountering situations like *Hobbledy Gobbledy*," said Yarish.

She said that she was hoping the pandemic would be over by the time her book was published because marketing and selling them has been hard with everyone staying home.

"When capacity is next to nothing, I have [had] a really hard time to get it into stores," she said.

Yarish added that while it has been too early for public feedback, she looks forward to seeing kids reading her book.

"You know, 2020 gave me lemons I made lemonade, I made a book and that was my lemonade," she said.

The book is written for children ages seven and under and can be purchased through <http://www.sharleneyarish.com> or at local shops such as For Keeps and Wish Me.

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Brent Roussin. "I urge all Manitobans to do everything they can to reduce transmission of the virus - follow the orders, stay home as much as possible, reduce the number of contacts you have and wear masks when you are around others from outside your household."

People aged 12 and over are now eligible for vaccination, for more information go to [www.manitoba.ca/COVID19](http://www.manitoba.ca/COVID19).

# Summer science club offers virtual programming for kids

## Students interested in STEM can register for WISE Kid-netic Energy

By Tyler Searle

The University of Manitoba is inviting students between grades three to eight to participate in virtual science summer clubs hosted by Women in Science and Engineering (WISE) Kid-Netic Energy this summer.

The week-long summer clubs feature various experiments and activities that teach kids about ecology, engineering, medical science, chemistry, and coding.

“(The summer clubs) provide an opportunity for any kid to step out of

their comfort zone and learn about the concepts in a very fun, hands-on way,” said WISE Summer Logistics Lead Alora Anis.

The university developed WISE to get kids excited about careers in science, technology, engineering, and medicine (STEM). The outreach program began focusses on reaching youth with social, economic, and geographic barriers to STEM education.

In a typical year, WISE instructors provide in-person workshops to students across the province—even travelling to Thompson and other more remote communities.

This year, the program is transitioning to a digital format, and kids will attend the STEM-themed summer clubs online.

“The year has been very strange, but we are hoping that this will provide our students and undergrads stu-

dents an opportunity to learn,” Anis said

The student will spend an hour-and-a-half each day in a virtual classroom playing games, watching science demos, and interacting with their peers. Then, WISE instructors will leave them with a task or experiment to complete on their own.

Some of the projects are completely independent, while others are collaborative, said WISE instructor Calleigh Gingras.

In the Codemakers club, students use tiny, pocket-sized computers called Micro:bits to learn how to code.

A Micro:bit is an exposed computer chip roughly the size of a credit card with two buttons, speakers, and a cluster of tiny lights on its face. Students program the lights to flash in sequence to form letters and shapes, create music, or play simple games like Pong.

“By far, in everything we’ve done, it’s always coding that kids really, really like,” Gingras said.

In addition to the assorted STEM-themed clubs, WISE is also offering a Space Farm club. Kids who register for the space farm will learn how technology and agriculture work together in space.

Participating in the summer clubs is an opportunity to expose kids to science terminology and concepts they are likely to encounter later in their academic careers, Gingras said.

“I’ve had emails from parents thanking me, saying their children had kind of lost interest in STEM subjects at school, but seeing more real-life applications and doing these experiments really kind of brought them back to having an interest again,” Gingras said.

WISE is offering the clubs every week beginning July 1 and ending Aug. 20. Registration costs \$100 for the themed clubs and \$125 for the Space Farm club. To register or find out more, visit [www.wisekidneticenergy.ca/summer-clubs](http://www.wisekidneticenergy.ca/summer-clubs).



RECORD PHOTO SUBMITTED

WISE Kid-netic Energy has been teaching kids about STEM using fun experiments and activities since 1990.

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> MEAL IDEAS



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## Thousand Island Burger Pizza

Unroll dough and spread on 13-by-9-inch nonstick baking sheet. Bake 8 minutes; remove from oven.

In small skillet over medium-high heat, cook ground beef, stirring frequently, 8-10 minutes, or until no longer pink; drain. Spread sauce evenly on baked dough to within 1/2 inch of edge. Top with beef and cheese.

Bake 8-10 minutes, or until crust is golden brown. Top with lettuce, bacon and salad toppings from kit and pickle slices. Drizzle with Thousand Island dressing from kit. Cut into 12 (3-by-3-inch) pieces.

Prep time: 15 minutes  
Total time: 25 minutes  
Servings: 6

- 1 can (11 ounces) refrigerated thin pizza crust
- 12 ounces lean ground beef
- 1 cup pizza sauce
- 2 cups shredded cheddar cheese
- 1 package (9.4 ounces) Fresh Express Bacon Thousand Island Chopped Kit
- 1/3 cup dill pickle slices
- Heat oven to 400 F.



## Kickin' Chicken Tostadas

1 avocado, peeled, pitted and cut into 1/2-inch pieces

In large, covered skillet over medium heat, cook chicken in salsa verde 20 minutes, turning once, until internal temperature reaches 165 F.

Remove chicken, reserving 1/2 cup salsa verde; shred with two forks. Toss with reserved salsa verde.

Place salad from kit in large bowl; toss with half the salad dressing from kit. Add toppings from kit; toss to combine.

Divide salad evenly among tostada shells. Top each salad with chicken and avocado; drizzle with remaining dressing.

Prep time: 30 minutes  
Total time: 35 minutes  
Servings: 6

- 1 pound boneless, skinless chicken breasts
- 1 jar (16 ounces) salsa verde, any heat level
- 2 packages (10.2 ounces each) Fresh Express Kickin' Bacon Ranch Chopped Kit
- 12 tostada shells

## Orange Moscow Mule Mocktail

Recipe courtesy of Gina Homolka of "Skinnytaste"

- Servings: 1
- 1 California Cara Cara orange
- 1 cup ice
- 1 bottle (6.8 ounces) light ginger beer



fresh mint leaves, for garnish  
Slice orange in quarters then cut 2-3 slices for garnish and set aside. Juice rest of orange and place in copper mug (or any glass). Fill glass to top with ice. Add ginger beer and garnish with orange slices and mint leaves.

## Spring Clean your mind and your mouth

By Shawna Howard Certified Life Coach

The other day, my grandpa (almost 83 years old) told me that he thought he'd never reach this golden age; seeing his great-grandchildren, let alone see them grow up. My 13-year-old daughter was listening and she turned toward him and innocently asked "Why did you think that?"

Grandpa was taken aback and looked at her with wide eyes and simply shrugged his shoulders, with palms up saying, "I don't know, I just thought I wouldn't live to see it."

Now, as innocent as this was, it really got me thinking about the lies that get planted in our minds and we just "think" them. Your thoughts are powerful enough to create your reality, so with spring upon us; what better time to take a look at what needs to stay and what needs to go in life.

- Recognizing defeating thoughts, because they eventually show up in our words, actions, attitudes and behaviours. Have you ever noticed a time when you consistently thought negatively about someone or a situation and this led you to take actions in the direction of these thoughts? I most certainly have, and what I got was not at all what I wanted! I remember the days of dwelling on the negative, choosing to magnify the things I didn't like in myself and others. We must choose our thoughts carefully, making sure that they're leading us to what we want in life, aligning with our core values and beliefs. On the other hand, if we allow negative, defeating, fearful thoughts to rule our mind, we can and often will fall prey to them. Meaning; we will say what we are thinking, do what we are thinking, become exactly what we are thinking. The good news is, we have a choice! We get to choose our thoughts!

- Once we clear out the unwanted thoughts, we need to replace them with worthy thoughts. Some thoughts are on autopilot in our mind and we may not even realize we are harming ourselves as we accept them. Choose to think good, right, honorable, uplifting and true thoughts. Replace the bad with good, the wrong with right, the lie with truth. Do you know someone who has been through tremendous trials in life and still maintains a positive outlook, a joyful countenance, displaying hope for the future? They have discovered the power of choosing their thoughts carefully.

- It's time to look at what we are saying. Ask yourself how you have been speaking lately. What words are coming out of your mouth? What's your tone of voice, the attitude behind your words? Are you speaking life into your situation, or are you speaking

defeat? Are you thanking God for all the good, or are you constantly complaining? We all complain from time to time, the important thing here is to recognize it and take action.

Maybe you've been talking about how you can't stand your job. Maybe you're upset because you feel like your spouse never helps you, or the kids are driving you nuts because they never listen. Maybe this pandemic has left you frustrated and angry and you are telling everyone who will listen.

We all complain, get frustrated, feel fearful, but it's important to recognize, replace and speak life to gain ground in the direction we wish to go in life.

Having a job at all is something to celebrate, it pays the bills and provides purpose. Choose to be grateful. Watch as your day becomes productive and fun!

Your husband may not help much, but there's a lot of good in him; take a moment and reflect on those qualities that you fell in love with in the first place. Shift your focus and you'll see; he's a wonderful father to your children, a hard worker, honest, faithful, good looking, he makes you laugh and he knows you like no one else. If you've forgotten, make a list and read it everyday. As your thinking changes so will your marriage.

So, the kids are driving you nuts, they don't listen, they make such a mess and the n-o-i-s-e! But you have them! They are here, healthy, whole, amazing blessings from God. They whisper "I love you" at bedtime and hug you in front of friends, they need you more than you know. Let's hold onto the good, and try not to dwell on what drives us crazy!

This pandemic is stretching all of us, but that's no reason to be defeated. You were created and fashioned for such a time as this and maybe someone that looks up to you needs to hear an encouraging word. You can be that voice that speaks hope, truth, faith and love in a time when there's so much unrest, division, uncertainty and aggression.

In conclusion, let's learn to recognize what's going on in our thought life because our words will follow our thoughts and eventually lead us to act.

"Where the mind goes, the man follows" -Joyce Meyer

If you need a change in direction, I encourage you to reach out to me! Coaching can be the bridge that gets you from where you are today to where you want to be tomorrow.

Thank you for reading! For a list of the coaching questions pertaining to this article or to be included in my upcoming messages; I'd love to hear from you! Reach me at Daretosoarlifecoaching@gmail.com

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# New residential development aims to bring new families to Selkirk

## Phase two will bring 57 new homes to the City of Selkirk

By Jules Stevenson

Greg Crognali, a real estate agent and broker from Beausejour, stands in the construction site of Vaughan Avenue West, where roads and lots are now being mapped out. He says that just a week ago, the whole area was dug up.

"We found a need for the city," says Crognali. "There wasn't much going on as far as housing development."

In 2019, Crognali Realty worked with the City of Selkirk to create phase one of Vaughan Avenue West - 47 single family homes and two multi-family lots for renters at a low price range.

Phase two will be 57 new lots with at least 40 feet of frontage. There will also be a green space and active transportation paths.

Crognali says developments in Vaughan Avenue West are part of Selkirk's West End Development Concept.

"This is kind of the beginning of it. So, we're really excited for the city to get this off the ground," he said.

Crognali Realty started as a side endeavor but has since developed into a full-time business for Crognali and his two business partners, Randy Bialek and Gerald Hawranik.

Crognali says since he's a small developer, Vaughan Avenue West is a nice sized project for them.

Phase two will be priced at a medium to larger price range, as a plan to turn renters into buyers.

"Lots of rental properties have come up in the last five years," says Crognali.

li. "A certain percentage of those people are ready to buy now, and that's what's happening here."

In their West End Development Concept, the City of Selkirk says some of their guiding principles for the project are community identity, sustainability, and innovation.

"The area will support balanced growth and new development that is cohesively planned, economically viable, environmentally sustainable, and complementary to Selkirk's community character," reads the plan.

"It's time. I think Selkirk was stagnant for a while," he says. "Selkirk needed something, they were stalled as far as housing opportunities."

According to Crognali, the location of the new development is ideal for young families because of how close it is to the power center, the schools, and commercial businesses. He says many people who work in Selkirk are commuting from Winnipeg, and the new development will give them the option to settle here and raise their families.

Crognali describes Selkirk as a hub for those in the surrounding areas of the Interlake, Beausejour, and Power-view-Pine falls.

"I think this is going to give Selkirk the boost it needs. We're providing something for the city that's very, very good," says Crognali.

Crognali Realty works in small towns like Tyndall, Beausejour, and Selkirk. Crognali says he's excited to be working with Selkirk.



RECORD PHOTO BY JULES STEVENSON

Greg Crognali stands in the construction site of Vaughan Avenue West in Selkirk.

"Being a realtor for so long, you go to small towns and see houses changing hands from different people in the community," says Crognali. "With something like this, you're bringing in people."

Crognali Realty has one more small-scale phase planned for Vaughan Avenue West after phase two is complete.

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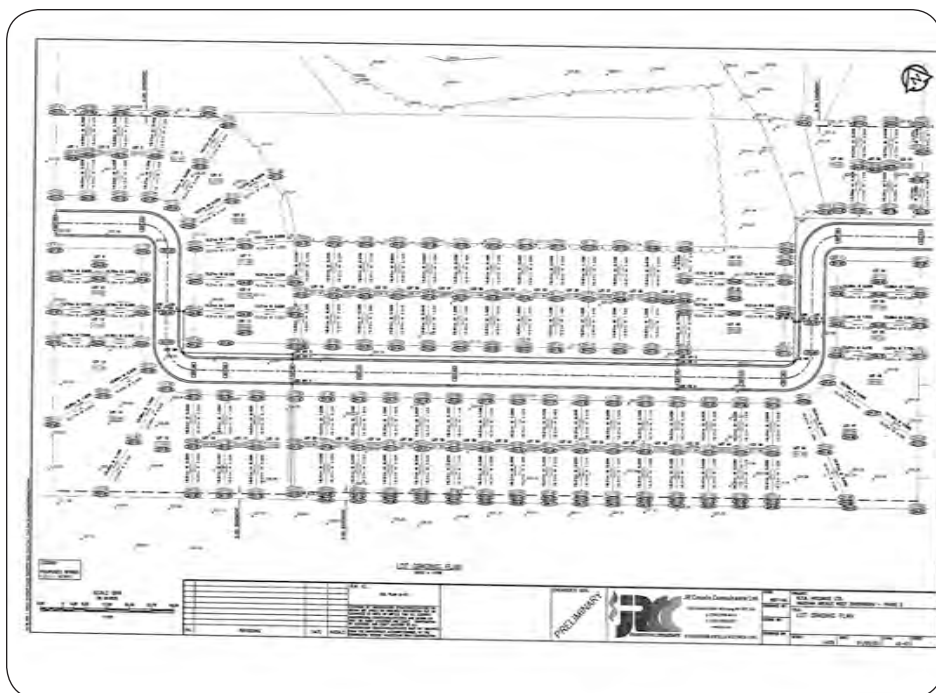
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**The Selkirk Record**



RECORD PHOTO SUBMITTED

West end development concept plan.

**The Selkirk Record Office will be CLOSED on**



# Don't touch the pointy end: a few less sharps in Selkirk

## Volunteers collect needles and drug use supplies in community clean up

By Tyler Searle

Volunteers with the Manitoba Harm Reduction Network (MHRN) took to the streets on May 12 to scour the alleys, gutters, and forgotten byways of downtown Selkirk in search of sharps.

A sharp is any piece of debris with an edge that can stick or slice, including broken glass, wire, and needles.

Sharps discarded during the winter months tend to turn up with the spring thaw, so the MHRN makes an effort to assemble community members for clean-ups, said Jeannie Red Eagle, a member of the MHRN and one of the pivotal organizers behind the Selkirk clean-up.

The MHRN supplied volunteers with sharp collection boxes, gloves, and hand sanitizer, and the City of Selkirk provided garbage bags and litter picker tools. Volunteers worked in pairs to comply with pandemic restrictions, and a total of ten people participated.

The clean-up began at Anishnaabe Mashkiki Gitigaan—or The People's Medicine Garden—a small pocket park nestled between two buildings on the eastern end of Manitoba Ave.

This space represents teaching, healing, and communion, so it was a suitable place to start, Red Eagle said.

There are also several known hotspots in the area, and the garden provided a central launching point for the clean-up.

Hotspots are areas where community members are likely to find discarded sharps and used drug supplies like purified water vials and tourniquet bands. They tend to be sheltered crevices or alleys that provide privacy for people who use drugs (PWUD).

After using, many PWUD dispose of their drug use supplies safely by sealing them in bottles and putting them into garbage bins. Others toss the paraphernalia in fear of discrimination, said volunteer Jessica Pelletier.

Pelletier frequently collects sharps in this area and finds many needles with bent or broken tips—a practice which indicates the people using them are trying to reduce the chance of an errant needle sticking a passerby, she said.

"People do try to get rid of them properly."

Carrying a needle is not technically illegal, but PWUD fear criminalization if found in possession of drug paraphernalia, said MHRN Project Coordinator Veda Koncan.



Jessica Pelletier goes on frequent walks to collect sharps around Selkirk. If she doesn't have access to a sharps container, she will store needles in a plastic water bottle until she can dispose of it.

The clean-up encompassed four blocks in every direction, covering ground from the Red River to Main Street, with a pair of volunteers even opting to go a few blocks beyond.

Participants spent an hour searching before returning to Anishnaabe Mashkiki Gitigaan to turn in their sharp containers.

In total, volunteers collected seven needles and various other materials, including broken glass and used drug supplies.

The goal of the clean-up was twofold. Foremost, MHRN supporters want to clean up their community, but they also collect data on where and how many sharps they find in the area, Red Eagle said.

Red Eagle plans to present the data to the City of Selkirk and ask them to install permanent sharp deposit boxes at the most prominent hotspots.

Sharp deposit boxes give PWUD a place to dispose of used drug supplies safely and alleviate the fear of being caught with a used needle, Pelletier said.

Officially, Selkirk's by-law officers are responsible for sharp collection. Community members who come across needles or other sharps can phone the city to dispatch an officer to collect them, said Director of Protective Services Kristy Hill.

"All of our staff are responsible for



RECORD PHOTOS BY TYLER SEARLE

(Left to right) Jeannie Red Eagle, Veda Koncan, Jessica Pelletier, Jeff Elder and Jamey Duguid all participated in the Selkirk sharps clean-up on May 12.



The MHRN prepared sharp collection kits for the clean-up. Each kit included a sharps container, hand sanitizer, gloves, and a paper to record where volunteers found needles. The City of Selkirk provided plastic bags and litter picker tools.

doing it, but by-law officers are the ones who do it when somebody calls."

The city received 11 sharp reports in 2019 and six in 2020, but those numbers don't account for sharps city staff collect while cleaning public spaces or out on patrol, Hill said.

The MHRN distributes a variety of infographics regarding how to collect and dispose of sharps safely, and Koncan encourages the public to pick up sharps if they see them on the street.

"Pick it up by the barrel, put it in a hard-bodied container (plastic bottle), and put it in the garbage," she said.



This infographic describes how to safely dispose of a sharp. Courtesy of the MHRN.

If more people begin collecting sharps in public, it may help reduce the stigma surrounding drug use and needles, Red Eagle said.

"People are afraid of getting poked and getting sick, but it's very unlikely," she said.

Viruses such as HIV die when exposed to air, and research from the BC Centre for Disease Control reports the chance of contracting a bloodborne disease from a needle in the community is almost zero.

Red Eagle and Pelletier will continue to collect sharps and advocate for PWUD in their community, they said.

For more information on the MHRN or to get involved visit <https://mhrn.ca>

To report a needle to the City of Selkirk call 204-785-4900.



# sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Grove scores MHSAA hockey scholarship

By Brian Bowman

The Alexander Josephson Memorial Scholarship goes to a male and female student who demonstrate strong leadership and team play, high scholastic standing, a hard-working attitude, and who are proceeding to a post-secondary institution.

Trinity Grove checks off all of those boxes.

The Selkirk Royals' exceptional student-athlete was advised that she won the prestigious \$2,000 scholarship last Wednesday.

"It's something I'm pretty proud about," Grove said. "I worked really hard this year trying to earn myself some scholarships. I was super pumped when I got the email."

Grove said she was pleasantly surprised to win the scholarship with so many people nominated.

"I'm super excited and super honoured to be awarded with such a prestigious scholarship," she said.

Grove is super smart in the classroom. She currently maintains a 97 per cent academic average and has participated with the Lord Selkirk Royals in hockey and basketball.

It's not easy playing sports and excelling in school. "I just make sure that I study," she said. "It's busy and a lot but I make sure that I get everything done. I study hard and pay attention in class."

Grove, a multi-positional hockey player, was named the 2020 WWHSHL CTV Division Defence-

man of the Year. Grove also competes with the Winnipeg Avros, at centre, where she has been recognized numerous times for her hockey accomplishments.

Her hockey IQ and relentless work ethic has landed her spots on both the power play and penalty kill and she is an exceptional goal scorer.

Grove tallied seven goals and had 12 points in nine games this season with the Avros before the league was shut down to COVID.

"It kind of sucked, especially with it being my last year," she said. "I was looking forward to my last year...but it was still nice to be able to play nine games."

In 2019-20, Grove sniped 30 goals and had 54 points in 57 games. She is a well-rounded player who, in her own words, has really improved her scoring ability.

Next season, Grove will be making the jump to the collegiate level as she has signed with the University of Regina Cougars' women's hockey team.

"It's going to be exciting and different being away from home, going to school and playing hockey," she said. "I had a couple of other options but the main reason (I chose Regina) was they play in Canada West, which is where I wanted to play and it's really close to home."

"And they have a really established program, too."



**RECORD PHOTO SUBMITTED**  
St. Andrews' Trinity Grove has committed to attend school and play hockey for the University of Regina.

## Einarson, Gushue win opener at world mixed doubles curling championship

Staff

Camp Morton's Kerri Einarson and Brad Gushue - representing Canada - defeated Spain 8-6 in their opening game at the world mixed doubles curling championship on Monday.

Canada erased a four-point deficit and stole two in the eighth end for the victory over Oihane Otaegi and Mikel Unanue.

"I struggled a little bit early just trying to figure out some of the paths, and once I got a handle on that and started making my first shot that made Brad's

shots maybe a little easier," Einarson told the Canadian Press.

Canada must finish in the top seven to qualify for the mixed doubles discipline at the 2022 Olympic Winter Games in Beijing.

Canada is one of 20 teams entered in the competition. Gushue and Einarson are trying to become the first Canadian team to win gold in the event's 13-year history.

Competition continues through Sunday.



**RECORD PHOTO COURTESY OF CELINE STUCKI WCP**  
Canada's Kerri Einarson and Brad Gushue won their opener at world mixed doubles playdowns, defeating Spain 8-6 this past Monday.

## Golf Manitoba announces schedule changes

Submitted by Golf Manitoba

Due to current provincial health orders, Golf Manitoba announced Monday the 2021 Match Play Qualifier and subsequent Match Play Competition at the Grand Pines Golf Course is being moved back on the calendar.

Qualifying is now scheduled for June 5 with matches to take place

June 10-13.

The registration deadline remains May 20 at 11 p.m.

The revised schedule is as follows:  
June 5 - Championship qualifying for all competitors (18-holes)

June 10 - Round of 32 men (afternoon tee times)

June 11 - Round of 16 for men, women and senior men (afternoon

tee times)

June 12 - Round of eight for men, women and senior men (afternoon tee times)

June 13 - Semifinals (morning tee times), Finals (18-holes afternoon tee times)

All competitors will pay a Qualifying Fee. Those who successfully qualify will then pay a Champion-

ship Fee to continue in the event.

The event fee schedule is as follows:  
Amateur Men - Qualifying Fee, Championship Fee \$95

Amateur Women & Senior Men - Qualifying Fee \$90, Championship Fee \$75

All Match Play entry fees include GST.

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### HELP WANTED

Seasonal Help Wanted - Searle Greenhouses Ltd. located at 345 Old Henderson Hwy in East Selkirk is accepting applications for seasonal greenhouse worker positions starting October 2021. No experience required; training is provided. Starting wage \$11.90 per hour. Apply by email to: [iwanttowork@searlegreenhouses.com](mailto:iwanttowork@searlegreenhouses.com) or fax: 204-482-8968 Attn: Kris.

Established cleaning company seeking 2 part time employees, with potential for full time. Must have valid drivers license with reliable transportation and a clear current criminal record check. \$15 per hour to start. Please submit resume to [cleaningbyt@gmail.com](mailto:cleaningbyt@gmail.com)

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### HELP WANTED

The Window Factory located at 605 Mercy St, Selkirk is now hiring installer assistant and manufacturer assembly personal. Please apply in person to the office Monday - Friday. Valid driver's licence required for installer assistant.

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### HELP WANTED

Wanted Mature, reliable, motivated individual for a very busy memorial shop. Must have a valid driver's licence. Work to include, ground works levelling, landscaping, yard and shop maintenance, delivery and placement of monuments, concrete cutting, grave interments (casket & ashes), equipment operator i.e., excavator, skid steer, crane truck, forklift. Experience an asset, willing to train. Please provide resumes to E.J. Smith Memorials by mail, drop off or email info@smithmemorials.ca

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### MISCELLANEOUS

Bedding plants for sale. 1016 Peel Rd, St. Andrews. Call 204-482-9291.

## take a break > GAMES

### SUDOKU

			7	4			8		
8							5		
7	3				8		9		
	6			5		9	4		
			6					3	
5				4	2				
						3		7	
			8	7	3			4	
		2							

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	1	8	5	9	4	2	7	3
4	5	3	7	2	8	1	6	9
7	2	9	6	1	8	5	4	3
1	9	7	2	4	3	6	8	5
5	8	2	6	8	9	7	4	1
8	4	6	1	5	7	3	9	2
9	6	4	8	1	2	9	3	7
7	2	5	9	3	6	4	1	8
3	8	1	4	7	5	2	6	9

Sudoku Answer

I	S	E	R	G	S	V	A	H					
I	B	B	R	C	O	N	S	O	B	V			
W	M	O	V	E	C	I	V	O	V	S			
S	R	V	V	W	O	E	D	E	G	O	V	S	
N	O	O	W	E	H	L	H	E	A	O	V	S	
N	E	I	H	O	L	I	N	E	J	O	V	S	
L	E	R	E	O	N	S	E	R	O	V	S		
S	E	V	E	H	O	I	F	I	P	L	A	V	E
O	C	V	I	C	O	I	S	O	E	E	E	S	
O	T	I	T	I	E	D	O	O	R	T	S		

Crossword Answer

## CROSSWORD

### CLUES ACROSS

- Prevents harm to young
- "Losing My Religion" rockers
- Partner to pan
- Cavalry unit
- Peyton's little brother
- Mexican dish
- Disseminates info to the public
- Set an animal on
- Canadian flyers
- Elongated mouths of arthropods
- I (German)
- Opposite of west
- Gloves
- Measures how quickly a car moves
- One who has gained wealth
- Patti Hearst's captors
- Extensive landed property
- Male aristocrat
- For each
- More fidgety
- Very happy
- A place to store info
- Helps to heal
- 12th month (abbr.)
- Broad, shallow craters
- Nocturnal S. American rodent
- Frost
- Ethiopian town
- Curved shapes
- Company that rings receipts
- Spiritual leader
- Sheep native to Sweden
- Cars need it
- Partner to relaxation

### CLUES DOWN

- Scientist's high-resolution tool (abbr.)

1	2	3	4	5	6	7	8	9	10		
11			12		13		14				
15				16			17				
	18			19		20		21			
25	26	27	28	29							
30						31					
32							33	34	35	36	37
				38	39	40		41	42		
				43			44				
			45	46							
47	48			49			50	51	52	53	54
55				56				57			58
59				60				61			
62				63						64	

- Type of school
- Formal close (music)
- Transmits high voltage
- A way to occupy a certain area
- Draws out
- His Airness
- Nocturnal rodents
- South American plants
- Homestead
- Bland or semiliquid food
- Forest resident
- The body needs it
- Atomic mass unit (abbr.)
- Spell
- Relaxing place
- Political fundraising tool
- Make a mistake
- Partner to Adam
- Tyrant
- Unit of electrical resistance
- A history of one's life
- Actor DiCaprio
- Sea eagle
- Avoiding being caught
- de Mornay, actress
- Belonging to a thing
- Not us
- Motorcars
- Capital of Bangladesh
- Ancient Greek sophist
- Practice boxing
- Grant, actor
- Swiss river
- S. Sudan river
- A bumpkin
- One point south of southwest
- Small island (British)

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The Selkirk Record Classified booking deadline for the May 27th Edition is Friday at 4 p.m. due to the Victoria Day long weekend  
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- Knowledge of the trade & Construction Safety
- Further assets will be highly considered such as: First Aid & CPR

Remit your Resume to [KBL@goKBL.COM](mailto:KBL@goKBL.COM)

These positions are also open to the Targeted Wage (TWS) program delivered by the Manitoba Metis Federation Inc. partners with employer to general long term employment for eligible program candidate through a combination of on the job skills training, direct work experience.

Those who qualify for this program would be underemployed or unemployed Metis individual.



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- Any and all students under 16 years of age must have a consent form signed by the parent or guardian allowing them to work.

Position knowledge & duties include but not limited to:

- Knowledge of Microsoft Office Programs such as Word, Excel & Power Point
- create and edit company manuals
- light office duties such as filing and photocopying, answer telephone and relay calls and message
- type and proof read corresponds, form and documents
- Updating/maintaining vendor and employee files
- create and edit company manuals
- Prepare & mail customer account statements
- Assist in safety program
- WCB clearance checks monthly and prior to payment issued
- Order & restock supplies
- Data entry

Remit resume to [KBL@goKBL.com](mailto:KBL@goKBL.com)

The Summer Carrier Placement program delivered by the Manitoba Metis Federation Inc. is intended to prepare young people for the labor market. The program provides career-related work experience opportunities for Metis, Non-status and Inuit students through partnerships with not for profit, public and private employers.

## CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



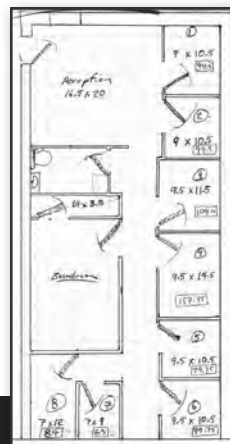
### Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

For information please contact:

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# Announcements *Selkirk Record*

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**ANNOUNCEMENT**  
**ANNIVERSARY**



Cheryl and Ervin Kaziw  
May 15, 1976  
Celebrating through the years  
Our Wedding ~ Our 25th  
Our 35th ~ Our 45th

**ANNOUNCEMENT**  
**BIRTHDAY**



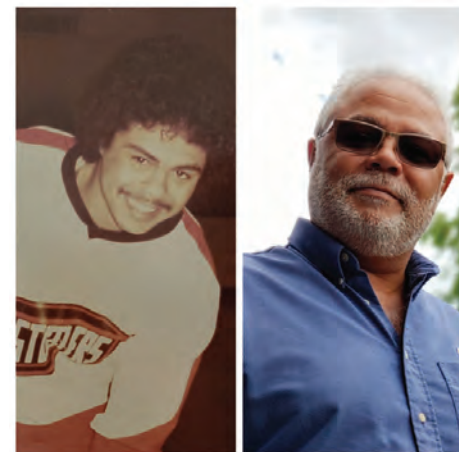
Wishing Ava Parasz  
a Happy 10th Birthday  
on May 21st  
We love you like crazy!  
-Love Mom, Dad, and Aria

**ANNOUNCEMENT**  
**BIRTHDAY**



Happy 90th Birthday  
Victor Typliski  
on May 24th  
-With much love and best wishes  
from your family

**ANNOUNCEMENT**  
**BIRTHDAY**



Happy 60th Birthday  
Mike (Bouge) Kelly!  
At 14 years old a Steeler. At 60 a dedicated  
father of 5, husband for 25+ years, loyal  
Masterfeeds / Feedrite employee for 26 years.  
Look in the mirror, a 06 year old kid at heart!  
Cheers!

-With Love from  
Your family!

**ANNOUNCEMENT**  
**IN MEMORIAM**



Eva-Lynne Gayle Sokoliwski  
February 18, 1947-May 21, 2020  
A year later and every day there's a memory  
that crosses the mind and think of you with a  
smile.  
Many a story or humorous antics that want to  
tell you about.  
Spring is here and the scent of your favourite  
lilacs will float through the breeze soon  
reminding all that you are there watching over  
all of those you love.  
We miss you, you are in our hearts and  
thoughts now and always.  
-Love, Billy, Ian, Victoria, Chris, Juanita,  
Calida, Sawyer, Jolena and Vera-Lynne

**ANNOUNCEMENT**  
**IN MEMORIAM**

Dale Adam Chopek  
May 19, 1972 - July 24, 2018  
Your life was one of thoughtful deeds,  
A helping hand to others needs.  
Sincere and true in heart and mind,  
Wonderful memories you left behind.  
We miss you so much.  
-Love Karen, your children,  
your Mom, brother and sister



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**ANNOUNCEMENT**

**IN MEMORIAM**



**Angela Dawn Cromarty**  
May 20, 1983 - July 16, 2012

My beautiful daughter Angela who would be 38 years old today... But the Lord needed another Angel in Heaven, so he came for you on that cool, rainy July morning. I love you just as much Angela, as I did the day you were born, and the day the Lord had to take you away... I kissed you on your head and said "I will always love you Angela" and I always will. -So sadly missed and forever remembered by your father Andy Cromarty

**ANNOUNCEMENT**

**IN MEMORIAM**



**Stefan Allan Jones**  
May 19, 1937 - May 19, 2020

Dad, it has been one year since we had to say goodbye on the morning of your 83rd birthday. We all love you so much and think of you everyday. You are missed more than you can know. Happy 84th Birthday in Heaven! "His charming way and smiling face are a pleasure to recall. He had a kindly word for each and died beloved by all" -Love your wife and family

**OBITUARY**

**Trevor Dale Peterson**  
October 11, 1977 - May 14, 2021



It is with great sadness the family of Trevor Peterson, 43 of Selkirk, MB announces his passing on Friday, May 14, 2021. He is survived by his mother Sharon McDonald; special friend Kim Rosser; sisters Kim Halvorson (Ron), Angela Peterson and brother Dean Peterson; numerous aunts, uncles, nieces, nephews, cousins, and multiple friends he considered family. He was predeceased by his dad David Peterson (2018), sister Lori Grove (2018) and stepfather Henry McDonald (2019).

Trevor was a good man with a huge heart! His life was hard, but he had so much love for his family and his true friends and for that he was blessed.

REST IN PEACE TREVOR

We are sure going to miss you!

Due to COVID-19 there will be no funeral service. A private family interment will be held at the St. Clements Columbarium.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



**OBITUARY**

**Walter Wozny**



With great sadness in our hearts, the family announces the passing of Walter, in Selkirk, MB on May 10, 2021, at the age of 71 years. He was predeceased in 2019 by his loving wife, Tedi of 38 years whom he cared for at home the last eight years of her life.

He was the beloved son of Burma and Joe Wozny and was also a brother, father, grandfather, great-grandfather and uncle.

Walter was born in Bissett, MB in 1950 and lived there until the age of 16. He then moved to Winnipeg for a short time before residing in Selkirk, MB with his wife until her passing. The last two years he lived with his grandson Devin (Kristin) and great-grandchildren, Leam and Eden, whom he adored immensely.

He leaves to mourn his passing, his son Colin and daughter Stacey both of Winnipeg; also his step children Cheryl and Grant of Selkirk, MB and all his grandchildren and great-grandchildren.

Walter also leaves his sisters; Margaret, Lillian, Shirley and Adele and numerous nieces and nephews who were close to him.

He was predeceased by his parents Burma and Joe Wozny; brother, Bruce; sisters Joesphine, Winona and Doreen; and his step daughter Danella in June 2020, which broke his heart losing her so unexpectedly. Walter and Danella were very close. He also lost his great-grandson, Hunter.

Walter was a born Chef whose passion was cooking. He and Tedi had numerous cafes in Selkirk. He was well known for his breakfasts, burgers and soups. He worked the last few years for Doug at The Riverboat Restaurant. He treasured each and every one of his friendships, including Lori from the Riverboat and Norma from Bissett.

Visits with Walter were never dull. He always had a welcoming pot of coffee brewing and was ready with a good argument, whether he believed or not.

He truly loved each and every one of us in his unique way as we did him! To know Walter was to love him, and no matter of his rough exterior, he had a kind, loving and giving heart.

Walter will be missed terribly!

Cremation has taken place and a service will be held at a later date when COVID restrictions are lifted.

In lieu of flowers, donations may be made to Canadian Diabetes Association, 401-1 Wesley Avenue, Wpg, MB R3C 4C6 or to the Heart and Stroke Foundation of Manitoba, 1379 Kenaston Blvd, Wpg, MB, R3P 2T5.

Condolences may be left on Walter's memorial page at [www.interlakecremation.ca](http://www.interlakecremation.ca)

Arrangements entrusted to



**OBITUARY**

**Leonard John Manahan**



It is with great sadness that the family of Leonard Manahan announces his passing after a brief illness, on Saturday, May 15, 2021, at the age of 92 years.

This gentle, loving, caring, and wonderful man will be greatly missed by his wife of 65 years, Dorene; and their four children, Christine (Doug), Greg (Sandy), Susan (Rick), and David (Lisa). Len's memory will be cherished by his grandchildren, Lisa (Terry), Michael (Leanne), Taylor, Branden (Yekaterina), Jordan (Danielle), Christi (Alex), Ian (Elissa), Arianne (Lisa), Louis (Tara), Geneviève (Jack), Renée (Matt), and Marissa (Zan); seven great-grandchildren, Ella, Savannah, Samuel, Cameron, Ethan, Aiden, and Owen; sister-in-law Diane, nephew Ward (Cindy) and family. He will also be fondly remembered by the Kwiatkoski family as well as a great host of other family members and friends. Len

was predeceased by his parents, Laura Siermachesky (Tony) and William Manahan, brother Jack Manahan, and nephew Dean Manahan.

Born on September 29, 1928, in Yorkton, SK, Len spent many years working on the family farm. After graduating, he started his notable career with Rothstein Theatres Ltd. On May 12, 1952, he was transferred to Selkirk, MB as the manager of the Roxy and Garry Theatres where he met the love of his life the moment he arrived. Together, Len and Dorene built a large family and laid a strong foundation for generations to come.

Len was an honourable man that was a pillar of his community, holding the highest integrity in his family life, business, and faith. He was a long-time member of the Notre Dame Roman Catholic Church. He served as President of the Kinsmen Club and was Grand Knight of the Knights of Columbus Council 6150. Upon retirement from the theatre, Len continued on to manage the Selkirk Knights Centre for many years.

Len's patient, calm, quiet nature allowed him to say so much with so few words. No matter who you were in his life, there was never a doubt in anyone's mind that they were loved, that they were safe, that they were cared for, and that he was proud of them.

A private Funeral Service in memory of Len will be held on Tuesday, May 25, 2021, at 11:00 a.m., at Gilbart Funeral Home, 309 Eveline St, Selkirk, MB, with Father Gerald Langevin and Father Art Seaman officiating. Interment will follow at the Notre Dame Cemetery. The service can be viewed via the link on his obituary at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Flowers are graciously declined, and those who so desire may make memorial donations in memory of Len to the Manitoba Lung Association, 204-825 Sherbrook St., Winnipeg, MB, R3A 1M5.

Condolences may be left on Len's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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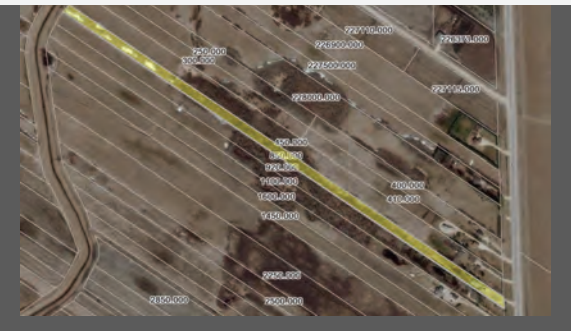
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