



# The Selkirk Record

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THURSDAY, MAY 13, 2021

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## Enjoying Selkirk Park

Violet and her mom Jen along with grandma Diane (not pictured) enjoyed a day at Selkirk Park making a stick village on Monday.

RECORD PHOTO BY BRETT MICHELL

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# Kirstin's Walk cancelled this year but memories continue

Organizations that give back in community continue despite pandemic

By Katelyn Boulanger

Laurie Sutherland wants residents in Selkirk and area to remember that even though we can't have our regular events in the community that doesn't mean that we have to forget them this year.

Sutherland is one of the creators of Kirstin's Walk, a fun five-kilometer walk around Selkirk Park that normally takes place in June. This year it is not able to happen because of COVID-19 safety restrictions.

The walk is a memorial walk for Laurie's daughter Kirstin Rae Sutherland who passed away at the age of 27. Her family wanted to keep her love of children and community alive and so decided to create a yearly walk as well as a fund through the Selkirk and District Community Foundation that supports children's projects in our communities.

"[Kirstin] had a zest for life and real compassion for giving. She had a beautiful spirit and personality and was a very engaging person. She loved people, especially young children," said Sutherland.

Kirstin didn't have her own children but that love came out in her choice of profession as she worked at Rivercrest Early Learning and Child Care.

Sutherland wanted to speak out and remind people that even though the walk can't happen right now, that everyone will be back together when we are able to do so safely as Sutherland has received many questions about when the event might be happening and how donations are happening this year.

"I don't think [Kirstin's Walk] will be forgotten because of COVID. I think that it'll probably come back bigger than ever," said Sutherland.

Bev Clegg the Executive Director of the Selkirk & District Community Foundation encourages residents that have the ability to at this time to donate to the Kirstin's Walk fund or other funds that may not be able to have events this summer so that they can continue to give back to our community.

Even though the event couldn't take place this year, money from the the Kirstin's Walk for Kids Fund was still able to be given to the St. Andrews Childcare Center to be able to put up a gazebo .

Last year, the Kirstin's Walk for Kids Fund and



RECORD PHOTOS SUBMITTED

Above: A photo from the 2019 Kirstin's Walk. Below: Kirstin Rae Sutherland who inspired Kirstin's Walk.

the Gaynor Family Fund were able to sponsor Nova House's Summer Wonder Day Camp.

"[The camp] was a children's summer program that had to take a whole lot of different approaches, because of COVID last year with more [home-based] activities and upgrading some spaces for the kids to play outside," said Clegg.

Clegg also says that just because there isn't an official event this year that doesn't mean that you can't participate in a private event with your family.

"I would encourage people to remember the events that the Kirstin's Walk for Kids had in the past and conduct your own little private walk. A 20-minute walk around and enjoy a lovely afternoon, maybe down at the park or somewhere local, and then make a gift in honour of that," she said.

Gifts can be made through the Selkirk and District Community Foundation's website at <https://sdcf.ca/> or by phone at 204-785-9755 and residents who want to specify that it goes to this cause should specify that they want their donation to go to the Kirstin's Walk for Kids Fund.



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# Taking time to be prepared in case of emergency

Emergency preparedness week gives us time to reflect on how prepared we are for the unknown

By Katelyn Boulanger

Last week was emergency preparedness week and though we couldn't gather for an event to gather information that doesn't mean you can't take time to get ready should disaster strike.

"Emergency preparedness is [the steps that you take] looking after yourself in the event of an emergency. You're preparing yourself and your household for an emergency or for unforeseen circumstances," said Kristy Hill Selkirk's Director of Protective Services.

This year's emergency preparedness week theme is 'be ready for anything' which works well as a theme for our region as we can experience emergencies in many forms from extreme cold, high winds, extreme heat, floods, wildfires and grass fires, tornados, se-

vere summer storms, chemical spills, and power outages.

One way that you can get ready for the unknown is to get a 72-hour kit together for your household which as the name suggests are enough supplies to last your family 72-hours in case you need to shelter in place.

"Having a 72-hour kit is very important," said Hill.

72-hour kits typically contain:

- Water (2 liters per person per day)
- Food (that will not go bad such as canned food, energy bars and dried food. Replace food and water on a regular basis throughout the year)
- Manual can opener
- Flashlight and batteries
- Radio (battery-powered or wind up)

- Extra batteries
- First aid kit
- Special needs items
- Prescription medicine
- Infant formula and diapers
- Equipment for people with disabilities
- Pet food and extra water for pets
- Extra keys for your home and vehicle
- Cash (small bills such as \$10 and change)
- Additional supplies to consider:
- Two additional liters of water per person per day
- Sleeping bag or warm blanket for each person
- Complete change of clothes including shirt, pants and sturdy shoes
- Candles and matches in a water-proof container
- Paper and pencil
- Whistle
- Books, games, playing cards, puzzles or other activities for children
- Toiletries

- Hand sanitizer
- Toilet paper
- Utensils
- Garbage bags
- Household chlorine bleach or water purification tablets/drops
- Basic tools (hammer, pliers, screwdriver, work gloves, pocket knife)
- Duct tape
- Small fuel-operated stove and fuel
- Important family documents such as copies of insurance policies, identification, bank account records.

It's also recommended that you bring a cell phone charger and of course because of COVID-19 make sure to bring extra masks with you.

Another area that residents can work on to make sure that they are prepared is to have a home emergency plan. First you need to identify two different escape routes from each room in your home. Next, establish a meeting place for your family outside your home in case you get separated. Then discuss where you might go if you needed to evacuate and what you might need to bring.

When establishing your emergency plan you should also plan for if an emergency happens when you are outside of your home. Things like plans for picking up children and having up to date information with their schools and daycare if you can't be the one to get them are important. A list of contact numbers for workplaces and places your family members frequently are beneficial to have on hand. Also important is making plans for your four-legged friends. Make sure that your evacuation plan includes where they will be able to stay.

"I would [also] encourage [residents] to follow, the city's social media — Twitter, Instagram, and Facebook, because if something were to happen, and we need to give direction to citizens, that would be where they would find it," said Hill.

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# getheard

EDITORIAL > VIEWPOINTS > LETTERS

## Stay home, limit contacts, get vaccinated: Roussin

By Ashleigh Viveiros

Manitoba public health officials announced 502 new cases of COVID-19 and four new deaths on Monday.

The number of patients in hospital hit 215, 60 of which require intensive care.

A total of 42,453 lab-confirmed cases of COVID-19 have been identified in Manitoba since the pandemic began. We started the work week with 3,771 active cases, 37,683 recoveries, and 997 deaths.

The current five-day COVID-19 test positivity rate is 11.6 per cent provincially and 13.8 per cent in Winnipeg.

Dr. Brent Roussin, chief public health officer, noted the spike in cases is tied to Manitobans having far too much contact with people outside of their own households.

"Since last Friday we've had more than 1,500 cases reported and that's why we had to take stronger public health action, that's why we had to move Winnipeg and Brandon schools to remote learning," Roussin said. Stricter public health orders went into effect Sunday.

"That's why we're asking Manitobans to stay home. The best way to limit the amount of contacts outside

of your household is to stay home," Roussin stressed. "Really, go out for essential reasons, limit those contacts ... that's the best way that we can end these transmission chains."

We're all sick of these restrictions, Roussin acknowledged, but adhering to them is the only way to stem the tide of COVID-19 infection and prevent the health-care system from being overwhelmed.

"We saw in February and March of this year that these measures work. And we need them to work again," he said. "This time, though, as we're implementing these public health measures we have increasing vaccination occurring."

"With every passing day, more and more Manitobans are protected."

### Eligibility widens

Eligibility to be immunized at a super site or pop-up clinic continued to expand this past week.

At press time, anyone age 30 or older and Indigenous people aged 18 and older are able to book an appointment.

Also eligible is any adult who is pregnant, a client of Community Living disABILITY Services, works in

any health-care setting, works as a front-line police officer or firefighter, or lives or works in selected priority communities (parts of Winnipeg and Brandon, Powerview-Pine Falls, and the entire Northern RHA, including Churchill).

Eligibility for the AstraZeneca/Co-vishield vaccine being administered at pharmacies and medical clinics includes individuals aged 40 or older and people aged 30 to 39 with priority health conditions.

"We really encourage all Manitobans to book your appointment to be vaccinated as soon as you become eligible," Roussin urged. "It really is our pathway out of these restrictions."

Head to [protectmb.ca](https://protectmb.ca) for the latest eligibility requirements or to book your appointment.

As of Monday, 565,219 doses of vaccine have been administered in Manitoba.

The province expects to begin booking second-dose appointments of the vaccine on May 22, starting with people who immunocompromised or have other prioritized health conditions.

## Music and arts festival moves online

### Staff

The Associated Manitoba Arts Festivals' Provincial Music & Arts Festival will be a virtual experience this year.

Participants are invited to send in videos of their performances in seven solo disciplines: voice, piano, strings, classical guitar, woodwinds, brass, and percussion. There are also classes in Canadian composers and Mozart, musical theatre and Gilbert & Sulli-

van, chamber group, and speech arts.

Each division features five skill levels of competition: preliminary, junior, intermediate, advanced, and senior.

Due to the fact so many community music festivals were cancelled in 2021, the provincial event is offering direct entry classes for performers wanting to participate without having received an adjudicator recommendation at their local festival.

Entrants will have the chance, virtually, to view the videos of fellow class performers and receive written and verbal adjudications.

The deadline for entries is Thursday, May 20. Full participation details and entry forms are available online at [www.amaf.mb.ca](https://www.amaf.mb.ca).

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# West St. Paul ring in new financial plan with public hearing

By Katelyn Boulanger

West St. Paul presented their financial plan to residents at a virtual public hearing May 6. This is the second year in a row that West St. Paul has held their financial plan meeting virtually due to the restrictions imposed by the COVID-19 pandemic.

“Our financial plan is responsible and reflects a well operated efficient municipality. Our reserves are very healthy because of well-managed finances and a significant increase in development in our community. This is also a very positive budget in that staff and council are proposing a very minimal tax increase, while at the same time ensuring great municipal services and programs for our residents. Keeping our municipal taxes as low as possible is important to our residents and a priority for council. Most importantly, the financial plan is a reflection of what the community values most,” said West St. Paul Mayor Cheryl Christian.

The RM has proposed a new mill rate of 9.104 which is an increase of 1.95 per cent from last year’s mill rate

of 8.93 2020. To put this in context, the average home in West St. Paul has an assessed value of \$436,200 which would mean that this home will pay \$1787.02 in taxes for the year which is a \$34.15 increase from last year.

These taxes go towards municipally provided services like fire protection, snow removal, grass cutting, road maintenance, garbage recycling and yard waste pick up, maintenance of trails parks and playgrounds Canada Day festivities, Sunova Centre programs and 911 and RCMP emergency services.

The RM did acknowledge that impacts of the COVID-19 pandemic have affected their services this year. The mayor took time at the hearing to speak about the financial changes that the pandemic had and continues to have.

“Capital items budgeted last year and this year are reviewed before purchase orders are executed to ensure that the RM is in a financial position to move forward due to COVID-19. The impact of COVID-19 was most significant on recreation and Su-

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Lister Rapids Asphalt Pad for Basketball/Skating	20,000.00
Rivercrest Park Lighting and Signs	30,000.00
Tree Planting in RM	40,000.00

RECORD PHOTO BY KATELYN BOULANGER

West St. Paul’s Financial plan hearing .

nova Center revenue. Sunova Centre was closed and other than our spring and summer camp, all other activities were put on hold. We lost revenue from socials and events and that did have an impact. We were grateful to receive grant funding which helped offset costs related to virtual meetings, technical support, protective equipment, additional cleaning, the recreation loss revenue and other COVID related expenses,” said Christian.

As for some of the items the RM will be spending money on this year, they have increased funding for legal expenses for bylaw control so that bylaw enforcement can address legal issues and address workplace safety issues. They will also be adding an emergency backup generator to the fire hall and municipal hall which comes in at \$205,000. This follows last year’s addition of an emergency generator being added to the Sunova Centre. Funding will also continue to go towards consultation on the RM’s emergency plan. The fire department will be getting a new self-contained breathing apparatus and West St. Paul will continue with the trend of adding two new fire hydrants again this year to the community which will come in at \$45,000. The RM also plans to go forward with the expansion of the public works building to have enough room to house a new sanding and plow truck which will come in at \$645,000 with the truck costing \$230,000. There will be two new parks created in the RM as well as funds for additional benches, garbage and recycling bins in the community. An event that they will be acknowledging in a safe way this year is the 75th anniversary of Rivercrest as a veteran’s community.

“We’ve got blue signs with poppies marking all of the streets in West St. Paul that are named after veterans but none of those streets are named after

veterans in Rivercrest because the entire community was founded by veterans so we’re going to have a proper sign at the entrance that acknowledges that is the veterans’ community,” said Christian.

The presentation then went into further detail about the municipal/education breakdown, which showed 64 per cent of your taxes going to West St. Paul’s school and 36 per cent going to the municipality, presented by Crystal Shuhyta the RM’s Director of Finance, as well as a detailed breakdown of the budget and how that money is allocated presented by the RM’s CAO Brent Olynk.

The floor then was opened to the public where one resident chose to speak about how he would have preferred that the RM put together an information plan of some sort before the meeting as he found the draft budget to be confusing.

Council then had a lively question and answer session where expenses were discussed further.

To view the presentation for yourself visit <https://www.youtube.com/watch?v=KsnDSAMNhUU> and the draft budget, as well as the budget presentation, are available for download at <https://www.weststpaul.com/p/downloads-documents> under the Financial Plans tab.

## Caring for Community



RECORD PHOTO BY MICHELLE BALHARRY

Selkirk Home Hardware raised \$5000 for CancerCare through their successful fundraiser held last weekend. Pictured left to right: Selkirk Home Hardware staff Wendy Lang, Krystal Laferriere and Melissa Randle present the cheque for \$5000 to Sherelle Kwan, Community Events Manager for CancerCare Manitoba.

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# St. Clements explains financial plan to public

## RM keeps tax increase to two per cent

By Katelyn Boulanger

The RM of St. Clements may have held their May 4 financial plan public hearing virtually this year in order to comply with COVID-19 restrictions, but that didn't stop it from being packed with interesting information about the RM's plans for this year.

"The financial plan helps in taking the municipality in the direction that will enable it to manage expected growth infrastructure and requests for services while keeping the tax rate sustainable and protecting the environment. The financial plan also takes into consideration the unexpected challenges the municipality may face due to uncertain times we are presently encountering," said St. Clements CAO Deepak Joshi.

The RM acknowledged very early in the presentation that the current situation has many unknowns that they were managing while creating this budget. These unknowns included the COVID-19 pandemic's influence on finances, resources and service levels as well as things like population growth, regional planning which is occurring at a provincial level, and

the increased responsibilities that the RM may have without an increase in revenues predicted.

"Our responsibility is to develop strategies and actions to minimize the impact of these influences in order to provide a letter a level of predictability for our ratepayers," said Joshi.

That being said, this year the new mill rate will be 10.200 compared to last year's rate of 10.000 that is an increase of 2 per cent. That would mean that a house with an assessed value of \$300,000 would pay \$1,377 in taxes for the year. This number of course would increase if the house had an assessed value over \$300,000 and decrease if the value was below \$300,000.

These taxes contribute to the regular municipal services of the community such as the fire departments, recreation opportunities, snow removal and other general maintenance in the RM but this year the RM has also included projects such as improvements to Church Road South at an estimated cost of \$800,000 and work at Ludwick Road & Floodway (Dunning) Crossing at a cost of \$1.6 million, which the RM received a Disaster Fi-

nancial Assistance Grant for to its list of priorities.

Some other projects mentioned in the presentation were zoning by-law amendments, the Henderson sewer project, the East Selkirk Water Treatment Plant upgrades and expansion, the activity centre project, a completed needs assessment for recreation and the expansion of walking and biking trails.

Though these projects are short-term goals the RM made sure to also look at future impacts of the present budget.

"To keep taxes under control in the long term, we need to attract new residents and new developments. As the mill rate for the school boards has an impact on the total tax bill for our ratepayers, it is encouraging that the school boards have reduced their mill rates, which in turn has had a positive impact on the total tax burden for all ratepayers in the area," said Joshi.

He also mentioned that though the province has promised a 25 per cent reduction in school taxes that this amount will not be reflected on your tax bill as the province will be sending out cheques for the appropriate amount.

In the question and answer section of the evening Mike Faires, owner of Lockport Grocery and chair of the Lockport Community Development Corporation wrote a letter to council asking questions about how Lockport will specifically be developed in the future and what aspect of this financial plan affect Lockport.

Joshi responded that council did think of Lockport when putting together the budget and has allocated funds to develop a business zone in the area. They were also aware that the work going on with the SALD bridge project would make now a good time to do sidewalk work in the area in order to provide the least possible disruption for residents. They also plan to work with the RM of St. Andrews in the future to complete studies on both sides of the bridge in order to link trails across the region.

The St. Clements financial plan is available on their website at <https://rmofstclements.com/financial-plan-borrowing/> and to view the recording of the financial plan public hearing visit <https://www.youtube.com/watch?v=PGoUjaS6XYQ>.

# Census Day was May 11, but it's not too late

By the City of Selkirk

It's hard to believe but five years have flown by and it is census time once again.

Though right now it seems like the only thing that's happened in the last five years is the COVID-19 global pandemic, but in reality, plenty has occurred since the last census in 2016, including population growth in different centres.

Census Day was May 11 and while most Canadians have already submitted their census online, there's still time for those who haven't.

It's worth reminding everyone why it's crucial that you complete your census and be counted.

Every person in Manitoba who completes the census process brings more than \$9,000 in federal transfer payments into our province.

That's big money and it's money that goes towards improving the community in countless ways, from funding things like public transportation, the hospital and schools to improving roads, infrastructure and recreational facilities.

So if you think skipping the census doesn't have an impact on your life

and your community, think again. If just 10 Selkirk residents fail to complete the census, that's almost \$100,000 that won't come back to Manitoba.

"There's a direct financial benefit to the City of Selkirk and its citizens when you complete your census," Selkirk CAO Duane Nicol said.

"The city uses the information gathered through the census to inform the decisions it makes in planning municipal services and the programs it offers over the next five years."

Nicol said this has an impact on direct transfers to the City as well.

"Funding programs like the Federal Gas Tax program which transfers almost \$600,000 per year to the City from the federal government is allocated on a per capita basis. We use these dollars for infrastructure repairs and replacement. So just if citizens want better roads, sidewalks and parks, all they need to do is take 10 minutes and fill out their census."

Completing the census hits numerous points on the strategic plan, beginning with the fact that an accurate count of people living in Selkirk allows for better planning.

The census not only tells the city how

many people live here but also breaks it down into age groups, which enables the city to make more informed decisions when doing long-term strategic planning.

Vanessa Figus, marketing and communications coordinator for the City of Selkirk says completing the census also helps the city achieve the goals of its strategic plan by engaging the entire community in shaping our future.

"This is exactly what the census is – everyone in our community counts and impacts Selkirk's future," Figus said.

Completing the census and providing the city with accurate information about Selkirk's population also allows the city to take firmer control of its economic destiny. Figus said accurate census data allows the city to better plan for sustainable economic development. It will also improve city practices and services in areas like health care and police and fire protection.

The census includes every person living in Canada, as well as Canadians who are abroad, either on a military base, attached to a diplomatic mission, or at sea or in port aboard Canadian-registered merchant vessels. People

in Canada – including those holding a temporary resident permit, study permit or work permit, and their dependents – are also part of the census.

You are encouraged to complete the online questionnaire as soon as possible. If you do not have access to online services and that has created a barrier for you to complete your census, please contact us through CitizenSupport at 204-785-4900 so we can assist you.

There is a short-form questionnaire that contains 10 questions and a long-form questionnaire that has an additional 50 questions.

The short-form census obtains basic information about the residents of Canada, such as age, gender, marital status, relationship to others in the house and language. The long-form questionnaire is sent randomly to every fourth household. It collects detailed social and economic information about our communities. By law, your responses will be kept confidential.



# High hopes for former LSCSS student at nationals

By Tyler Searle

A former LSCSS student won gold in the Skills Canada Manitoba competition and will soon compete on a national—and possibly international—level.

Ethan Wiedemann, 18, studies heavy-duty mechanics at Red River College (RRC). He just completed his first year of the program.

Wiedemann's instructors selected him and five of his peers to compete in the regional Skills Manitoba competition on April 16.

Instructors chose the students based on their marks, hand-skills, and attitudes, Wiedemann said.

Under the watchful eye of their instructors, the students completed a series of skill-based tasks like taking precise measurements and rewiring machinery. The competitors earned points for speed and technical proficiency.

The students confronted each challenge without knowing what was coming next. The experience was a bit intense and simulated a real working environment, Wiedemann said.

"It's kind of like working in the trade, where you're not going to know what you're doing until your boss comes up to you and says, 'here's a problem, can you fix it?'"

Wiedemann's win earned him a gold medal, a certificate of achievement, and an opportunity to compete on the national stage in the Skills Canada Virtual National Competition.

Skills Manitoba is a regional subsidiary of the larger Skills Canada. Their national event pits post-secondary students from across the country against each other in hands-on, head-to-head, skilled trades and technologies competitions.

Students in nearly every field of study are eligible to compete—from mechanics and autobody technicians to photographers and 3D animators.

Typically, the event takes place in a pre-determined host city, and Skills Canada invites the regional winners to fly out and compete in person. This year, the organization adopts a virtual, hybrid approach where competitors will participate remotely from their post-secondary institutions.

Wiedemann will go to RRC on May 26 and 27 to complete a series of five challenges. Program instructors will time and live-stream his performance to a panel of national judges, he said.

He describes his feelings leading up to the competition as "confidently nervous."

If he wins the nationals, Wiedemann will continue to represent Canada in the WorldSkills Competition set in Shanghai, China, in 2022.

"That would be awesome," he said.

Wiedemann is a homegrown Selkirk boy with a life-long fascination with heavy machinery.

At twelve years old, he spent his free time tinkering with an old lawnmower in his family's garage—assembling and disassembling the engine to figure out how the pieces fit together, he said.

His interest naturally progressed to larger machines when he began helping out around local farms in Clandeboye. After his high school graduation, Wiedemann decided to enroll in RRC's Heavy



RECORD PHOTO SUBMITTED

Ethan Wiedemann won a gold medal during the Skills Manitoba competition this April. He will soon go on to compete in the Skills Canada national competition in the heavy duty mechanics category.

Duty Equipment Mechanic program.

Studying a hands-on trade during a global pandemic was not easy, he said.

"It was tough. It was really tough."

"If COVID wasn't here this year, and I was at the college full-time, I would basically be in the shop every day. And this year, I got about two hours per week."

Rather than bemoan the circumstances, Wiedemann dug deep.

Much like he did when he was twelve, Wiedemann dedicated time outside of class to learn more about mechanics.

He supplemented his education by watching YouTube

videos, consulting with his instructors and peers, and working on side-projects, he said.

"If they're not giving

you what you need, then you need to find it. You need to step up and basically say, 'Okay, we're in a tough place right now; how can I figure this out for me?'"

Overcoming personal challenges is not unlike solving a mechanical problem—it's all about remembering your fundamentals, Wiedemann said.

"Be patient and go back to the basics."

Skills Canada will reveal the winners of the national competition during a virtual awards ceremony on June 15.

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# Incredible Creatures: Brood X Periodical Cicadas: What a trill

By John Gavloski

It's happening. The massive emergence of Brood X, a type of periodical cicada in the eastern United States. The August 2016 Incredible Creatures article on cicadas concluded with "take note, the great eastern brood, the largest of all 17-year periodical broods, next emerges in 2021 in the eastern United States. Mark this into your bucket list". This month's Incredible Creatures will explore what are periodical cicadas, broods, and what makes brood X so special.

## Living life underground

There are 170 species of cicadas in Canada and the United States, although just 4 species in Manitoba. None of the species in Manitoba are periodical cicadas. The common one in Manitoba that can be found, and more often heard than seen, is the dog-day cicada.

In eastern North America there are seven species of cicadas, in the genus *Magicicada*, known as periodical cicadas. Three of these can live for 17 years, and four species can live for 13 years. The 17-year cicadas are generally more northern, and the 13-year cicadas more southern. Periodical cicadas occur only in North America. They are called periodical cicadas because even though they live underground as juveniles for almost all of their 13 or 17 years, the development is synchronized so all individuals of a species within a region emerge as adults all at once in the same year. Sometimes tremendous numbers will emerge. Cicadas of all other



PHOTO COURTESY OF TRACY LEE.

## Periodical cicadas.

species are not synchronized, and some emerge each summer. Many refer to these nonperiodical species as annual cicadas since some are seen every summer.

After almost 13 or 17 years as juveniles underground, adults of periodical cicadas are active for about 4 to 6 weeks. Male periodical cicadas typically form large aggregations that sing in chorus to attract females. Within two months of them starting to emerge, the lifecycle is complete, eggs have been laid, and the adult cicadas are gone for another 13 or 17 years.

Adult periodical cicadas are mostly black with reddish-orange eyes and wing veins. In contrast, annual cicadas have greenish wing veins, and emerge from July through September instead of late May through early June. Emergence of annual cicadas is scattered over this time, and they rarely emerge in

noticeable numbers.

## Broods a plenty

Different groups of periodical cicadas called "broods" emerge somewhere in the eastern United States almost every spring. Emergence is often tightly synchronized to within a few nights. Massive brood emergence is believed to overwhelm predators, ensuring that enough survivors will be left behind to reproduce.

Each yearly emergence is referred to as a "brood" and is designated by a Roman numeral. The numerals I through XVII (1-17) are assigned to the 17-year broods, and XVIII through XXX (18-30) to the 13-year broods. The numbering of the 17-year broods began with the 1893 brood, which was designated as Brood I. In 1909, Brood XVII appeared, and in 1910, Brood I appeared again. Because the broods are designated by Roman numerals, they are properly spoken as numbers. For example, Brood X is "Brood Ten" and not "Brood Ex".

## The Spectacular Brood X

Brood X, known as the "great eastern brood," is a large brood that emerges across 15 states. That is what is getting all the attention and media coverage this year.

The sounds of our dog-day cicadas are something to look forward to later in the summer. For now, enjoy the coverage you are likely to see of one of nature's amazing events as Brood X periodical cicadas emerge this spring.

## Province provides over \$75 million for businesses impacted by new public health orders

### Delayed third wave coming into Manitoba, now we need to shorten the time it is here

#### Submitted by Manitoba government

The Manitoba government is increasing its budget for the Manitoba Bridge Grant and will be making a fourth round of up to \$5,000 payments for eligible businesses and organizations to help protect them through the third wave of the COVID-19 pandemic, Premier Brian Pallister announced today.

"We delayed the third wave coming into Manitoba and now we have to shorten the time it is here. That is why on Friday we introduced new, strict public health measures to curb the spread of the variants and reduce the strain on our health-care system," said Pallister. "We recognize this quick closure for many businesses will have a significant impact on their operations, particularly the restaurant industry who we know were preparing for a busy Mother's Day weekend. Our government remains committed to delivering the right programs at the right times to help individual Manitobans and businesses through these challenging times."

Through a fourth round of pay-

ments, the province will provide up to \$71 million in immediate financial support to eligible small and medium-sized businesses, not-for-profits and charities impacted by the #RestartMB Pandemic Response System. This brings the total program investment to \$286 million, which is \$86 million above the province's original commitment of \$200 million.

Eligible businesses that received prior bridge grant payments will automatically receive a fourth payment of up to \$5,000 beginning as early as Friday, May 14 and will be notified of the deposit via email.

"CFIB is pleased the government of Manitoba is extending the Manitoba Bridge Grant automatically to businesses that previously received it and providing additional support to restaurants to help cover additional costs related to food spoilage," said Jonathan Alward, director, Prairie region, the Canadian Federation of Independent Business. "Just one-third of Manitoba's small businesses are making normal revenues for this time of year, so CFIB and other busi-

ness organizations have called for this program to be extended as it has been an effective tool to provide financial relief to thousands of businesses across the province quickly and with minimum red tape." The province also announced an additional \$2,000 top-up for restaurants in addition to the \$5,000 Manitoba Bridge Grant payment to help cover the costs of food waste, employee wages, maintenance or insurance. Approximately 1,800 restaurants will benefit from this assistance, totalling \$3.6 million.

The province created the Manitoba Bridge Grant in November 2020 to provide upfront funding to businesses, not-for-profits and charities directly affected by public health restrictions and temporarily ordered to close their storefronts to the public.

The program was expanded to support home-based businesses indirectly impacted by public health orders. Eligibility criteria was later expanded to include hotels, resorts, lodges and outfitters, travel agencies, janitorial services companies and owner/operators of licensed passenger transportation businesses that saw demand for their services impacted by public health orders.

An additional \$2 million will also be provided to the Dine-In Restaurant

Relief program to help restaurants shift their operations toward a delivery model. The Dine-in Restaurant Relief Program, administered by the Manitoba Chambers of Commerce in partnership with the Manitoba Restaurant and Foodservices Association, launched in January 2021 to provide a rebate to dine-in restaurants that shifted to a delivery model due to public health restrictions. The program helps offset costs related to delivery services, whether a restaurant provides its own delivery service or uses a third-party delivery company.

"While we urge Manitobans to stay home as much as possible over the next few weeks, we also want to encourage Manitobans to continue to support our many small businesses," said Pallister. "The best thing we can do for our local business community right now is to bend our COVID-19 curve down, so they can get back to doing what they do best, employ Manitobans and offer services Manitobans rely on."

More information about business supports in Manitoba are available at: [www.gov.mb.ca/covid19/programs/](http://www.gov.mb.ca/covid19/programs/).



# MS Walk goes virtual for a second year on May 30

By Tyler Searle

On May 30, thousands of Canadians across the country will mobilize in support of the MS Society of Canada during the organization's annual MS Walk.

The event is typically in-person, but 2021 will mark the second consecutive year the fundraiser has continued in a virtual format.

"Previously, our walk events would happen in communities across the country throughout the month of May," said Senior Director of Community Jessica MacPherson.

This year, the MS Society asks people to participate remotely by getting moving on their own—together.

"One really powerful thing that has come out is the idea of Canadians—tens-of-thousands of people—all walking on one day, and there is really great power in that."

Karla Wasylik and her sister Lisa Sigurdson have participated in the MS Walk nearly every year since 2007. Together with their husbands, family, and friends, they form a group known as Karla's Krew.

Wasylik is an avid supporter of the MS Society and facilitator of the Selkirk MS support group. She also lives with MS herself.

In the months leading up to the Walk, her crew typically bands together to host fundraising events and collect donations from the community.

Unfortunately, the pandemic is restricting them from organizing dinner-and-a-movie nights or fundraising raffles as they have done in the past. Still, Wasylik, Sigurdson, and their friend Kristin Swain are solicit-

ing donations via social media.

Since its inception, Karla's Krew has raised a total of \$58,162, and, with fundraising season in full swing, that number is growing.

Wasylik credits the substantial patronage to her friends, family, and supporters who have dedicated their time and money to help her and other Canadians living with the disease.

She is proud of what her community has accomplished but said the number doesn't matter.

"Just knowing that we are doing something for people living with this disease means everything."

Multiple sclerosis (MS) is an autoimmune disease that affects the body's central nervous system. Symptoms include weakness, vision problems, and cognitive impairment. The effects can be highly volatile—often varying in intensity at a moment's notice.

The disease is most common among young adults aged 20 to 49, and Canada has one of the highest rates of MS in the world. Data from the MS Society suggests an average of 11 Canadians are diagnosed with MS daily.

Canada is also a global leader in MS treatment. Some of the most groundbreaking and innovative MS research happens at the University of Manitoba, MacPherson said.

In December 2020, scientists from the university discovered a protein that declines in the early, pre-symptomatic stages of MS. This discovery has the potential to aid in early diagnosis, targeted disease prevention, and treatments.

Fundraisers like the Walk facilitate research and fund educational and



RECORD PHOTO SUBMITTED

Left to right: Kristin Swain, Karla Wasylik and Lisa Sigurdson are walking with Karla's Krew in this year's MS virtual rally on May 30. The trio are hoping to raise \$4,000 this year.

peer support programs for people living with MS.

"I think it's important that people know that every time they do make that fifty-dollar pledge, or twenty-five-dollar pledge to an MS participant, it does make a difference—it has great impact," MacPherson said.

Wasylik has felt the impact firsthand.

Living with MS can be difficult and debilitating, and Wasylik does not go untouched by the disease, she said.

"I am lucky that in the times where I was not able to put forth the effort, my family and friends were there in my place, walking and fundraising and organizing, especially my sister."

Seeing the fruits of her crew's labour keeps Wasylik motivated.

"Since I was diagnosed until now, there's been so much progress in research in treatments and programs,"

she said.

Communities who come together to support their family members or neighbours afflicted by the disease create the foundation that supports the MS Society, MacPherson said.

The MS Society is hosting a virtual rally on May 30 to coincide with World MS Day. On that day, they encourage people to participate by going for a walk in their community and posting on social media.

People are welcome to stream in and celebrate the fundraiser with MS supporters from across the country. The virtual rally will also feature inspiring stories from people who are living with MS, MacPherson said.

People who want to join the rally, donate to Karla's Krew, or register for the MS Walk, can do so at mswalks.ca.

## Volunteer Manitoba opens nominations for annual awards

By Sydney Lockhart

Volunteer Manitoba is looking for community members to nominate local volunteers for their annual province-wide volunteer awards.

The awards celebrate the contributions and time that volunteers in Manitoba have put in to helping others over the past year.

"Our role in the community is to promote and encourage volunteerism and highlight the good work that volunteers are doing right across our province," said communications manager of Volunteer Manitoba Dawn Bourbonnais, "We also work with the non-profit sector just to support charities and non-profits in their professional development and in getting their messages out."

The awards ceremony will be virtual

this year due to the pandemic and will be broadcast on their Facebook page in September.

Currently Volunteer Manitoba is looking for nominations, both groups and individuals can be nominated at [www.volunteermanitoba.ca/awards](http://www.volunteermanitoba.ca/awards)

"It is to highlight the incredible work volunteers have been doing in this past year, especially during COVID. We know that volunteers were still going to work, even though we faced a lot of shutdowns and restrictions, people were still giving back to their communities in different ways," said Bourbonnais.

Nominations can be for multiple awards such as the Lieutenant Governor's Make a Difference Community Award or the Premier's Volunteer Service Award.

"We really just want to show people that through everything it has been a tough year for all of us, but there's really positive examples out there of folks who stepped up and met that challenge and gave back to their community and we really were looking for those nominations we want to hear those stories," she said.

Bourbonnais said they have heard stories of people doing delivery services and tax services for seniors needing to stay home to stay safe from COVID-19 and that even the seemingly small helping hands make a large difference.

"Showing people that volunteerism is still alive and well is really important because a lot of people this past year, I think have made the assumption that we can't volunteer right now,

or things have shut down so they don't need help," said Bourbonnais.

She added that they hope the nominations and awards will inspire younger generations to volunteer more.

"As a volunteer center we're looking at data that was just released by Statistics Canada and the overall percentage of volunteerism has gone down over time," she said.

Bourbonnais said they usually get anywhere from 300 to 400 nominations and that they would hope to see more than that this year despite the challenges of the pandemic.

"Let's spread the good news, let's thank all these people," she said.

The deadline to submit nominations is May 24, 2021.



# Cargill gifts \$400K for new STARS helicopters

## Staff

STARS is \$400,000 closer to replacing its aging fleet of helicopters thanks to a grant from Cargill.

The global corporation's gift will be used by the non-profit air ambulance to help purchase nine new, medically-equipped Airbus H145 helicopters at a cost of \$13 million each.

The aircraft will deliver critical care to patients across Manitoba, Saskatchewan, Alberta and parts of British Columbia for the next 30 or more years, STARS has said.

"Our supporters ride along with us on every mission, and we're so thankful our allies are helping us renew our fleet, particularly through these challenging times, when community support is so critical to our operations," said president and CEO Andrea Robertson in announcing the Cargill funding.

"These new aircraft are a generational investment in our ability to fight for the lives of Western Canadi-

ans for decades to come, and we're exceedingly thankful to Cargill for their financial support and leadership."

STARS has been flying missions in the new H145 aircraft from two of its bases since mid-2019. Thanks to government, community, and corporate support, they hope to see the remainder of the new fleet delivered by 2022.

Cargill is pleased to be able to lend them a hand in reaching that goal.

"At Cargill the safety of others is guided by our values of putting people first and doing the right thing. Safety extends well beyond our employees to our customers and the communities where we operate," said Jeff Vassart, president of Cargill Limited. "We are proud to support STARS and the critical emergency care they provide to rural and remote communities when it's needed most."

For more information about STARS' fleet renewal project, head to [fightin-flight.ca](http://fightin-flight.ca).

## Love you mom!



RECORD PHOTO BY BRETT MITCHELL

Valerie Kosman (left) out celebrating Mother's Day with her mom Thelma Chopek. This year they decided to go on a socially distanced outing at Selkirk Park where they spent some time on the swings.



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# Stricter public health orders now in effect

By Ashleigh Viveiros

Stricter public health orders went into effect Sunday in a bid to slow down the third wave of the COVID-19 pandemic in Manitoba.

Chief provincial public health officer Dr. Brent Roussin unveiled the new restrictions Friday evening, citing the skyrocketing number of cases in our province as the cause of these more stringent measures.

"Case numbers are certainly going in the wrong direction," he said. "The latter part of this week we've seen a dramatic rise in cases and that's translating into a dramatic rise in ICU numbers."

The daily case count inched up from 279 at the start of last week to 529 this past Sunday.

"These are some of the highest daily numbers we've seen," Roussin said. "We have to take these strong actions now to protect our health care system, to protect Manitobans."

Under the new orders, outdoor gatherings that include people from multiple households are limited to a maximum of five people.

Restaurants, bars, and patios are closed to in-person dining but can still offer take-out and delivery.

Gyms, fitness centres, casinos, museums, galleries, libraries, day camps, dance/theatre/music schools, and personal services such as estheticians, barbers, salons, and tanning salons all must close.

Indoor community, cultural, and religious gatherings are prohibited. So are indoor sports and recreation, including after-school activities.

Outdoor sports and recreation activities now have a maximum of five participants. Organized team games are not permitted.

Self-help gatherings are limited to 10 people.

Retail stores, markets, and garden centres may open at 10 per cent capacity to a maximum of 100 people.

Malls can open to 10 per cent capacity. These orders

will remain in place for at least three weeks, to Sunday, May 30.

Dr. Roussin urged Manitobans to not just heed these new restrictions but to do whatever they can to limit their contacts in the weeks ahead.

"These public health orders can't be written to guide every aspect of our lives," he pointed out. "We know that we all need to make personal choices to reduce the amount of contacts that are outside our households, and we need to act now."

"I know that Manitobans have done this before and I know we've been doing it now for 14 months, but we need to continue our efforts to keep these numbers down."

The government has upped the cost of fines for people found repeatedly violating public health orders.

Individuals who have received two or more tickets for failing to wear a mask will now pay \$486 for subsequent tickets instead of \$298.

Likewise, individuals who have received two or more tickets for other penalties under the orders will be fined \$2,542 instead of \$1,296.

Also, the penalty for failing to pay a ticket in the required timeframe (de-



RECORD PHOTO BY LANA MEIER

All games for outdoor sports and recreation activities have been cancelled effective this past Sunday.

fault conviction) has been doubled from \$50 to \$100.

Fines for businesses had not changed as of press time.

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# Guest Commentary

Since the announcement of the provincial government's long-awaited response to the K-12 Review Commission, through Bill 64 (The Education Modernization Act) on March 15, thousands of Manitobans from every corner of this province have risen up in opposition. Their opposition is well-researched, well-presented and informed by the disastrous consequences that will play out if the Manitoba Government proceeds according to plan. We strongly encourage all Manitobans to consider what their fellow citizens have to say.

The anti-democratic and illogical plans of this government to gut our public education system are heavily wrapped inside over 300 pages of sweeping legislation that the average Manitoban has little time to digest. What has been shared by government are a series of colourful sound bites and propaganda pieces that are specifically designed to mislead. To put it mildly, the provincial government is banking on the fact that Manitobans will ignore the uncontestable fact that their own vote and voices are about to be silenced. Given what's at stake here, Manitobans must ensure that this scheme is not successful.

Which brings me to the matter at hand; how do we succeed in preventing this time-bomb from going off?

The degree to which we can succeed, or even define our success, depends on the extent to which Manitobans understand the stakes and add their voices in opposition of these plans for education in the coming months. Since the start of the COVID-19 pandemic, perhaps more than ever before, society as a whole has found itself turning inward. Through public health directives and often because, in the current context, where many have been left jobless or without access to key services, Manitobans are compelled to focus on themselves and their own issues. Who has time to consider the

larger interests of community and the world around us? Some of government's loudest misinformation on Bill 64 ("No change for students and staff in schools," and "property tax rebates mean more money on your kitchen table.") is fully dependent on this reality. In other words, "Nothing to see here, keep walking. We know you're busy and need more money so here is a rebate cheque, written on the backs of Manitoba's children." The idea that Bill 64 will not impact students and staff in schools is simply ludicrous. The government has no other option but to levy more taxes to make up for the hundreds of millions in annual losses that will result from these property tax rebates. However, it is not as

simple as just pointing out these blatant contradictions. There is so much more that our fellow citizens must rise to achieve in the months ahead.

My request of you is to become engaged in the matters outlined. Do you get it? Are you concerned and infuriated about this government's assault on our public schools, communities and democratic rights? Yes? Then share your concerns with your friends and family. I'm asking you to have political, perhaps even challenging conversations with people who believe that they don't have "skin in the game" to care or make a difference. You must help them understand why they should make time and find the energy, because if they don't, the damage to their local public schools and communities will be too great. The changes proposed will happen all too quickly and this is exactly what

*The Selkirk Record* Thursday, May 13, 2021 **15**

the government is counting on. Additionally, I'm asking you, your family and friends, to register to present to the legislative committee on Bill 64.

Every generation has its calling. From the Great Depression to the Second World War, today's stark challenge by our own government to eliminate our vote and destroy our schools in the midst of a global pandemic, is ours. The future of our students, families and communities are depending on each one of us to do our part to meet this challenge.

Visit [www.localvoices.ca](http://www.localvoices.ca) to learn more about why you should care about Bill 64 and how you can meet this challenge head-on.

*Alan Campbell is the President of the Manitoba School Boards Association and Chair of the Board of Interlake School Division.*



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# Your Health

## Nurses answering the call across the Interlake

By Patricia Barrett

With Manitoba having officially entered its third wave of COVID-19 infections and just starting out on another major lockdown, it shouldn't come as a surprise if nurses are too busy to notice that it's National Nursing Week (May 10-16), an annual event that recognizes their dedication to patient care.

Since COVID emerged in late 2019 and travelled the globe, leaving a massive swath of death in its wake, there has never been a more apropos time to salute the nurses and the health-care aides who've been working flat out to save lives and stand in for family who can't be with loved ones dying from the deadly virus.

Yvonne Oxer, who has been a registered nurse for 43 years and has 51 years' experience working in health care, said the old ways of doing things have gone straight out the door since COVID popped up in Manitoba last spring.

"In all my years of nursing I don't think anything has impacted my job as much as COVID has since March of 2020," said Oxer by phone last Friday.

Oxer is the clinical team manager for the emergency department and special care unit at the now-named Selkirk Regional Health Centre, where she has worked her entire career. She manages nurses and health-care aides and works closely with physicians.

Unlike the disturbing and dramatic images rolling out of India, currently the epicentre of the world's worst COVID outbreak, Oxer said Manitobans aren't seeing people dropping dead in queues outside our local hospitals or victims' families pleading for supplies of oxygen or mass

funeral pyres in the streets.

But the common denominator behind closed doors in hospitals across the province, including those in the Interlake, is people struggling to stay alive. And nurses are their witnesses.

"The general public here says they don't really see anything happening at the Selkirk hospital or other facilities in the Interlake. From a nurse that has been here day in and day out, I assure you nurses and other frontline workers are seeing the devastating effects of COVID," said Oxer. "And we're saying to the public to please help us by social distancing, wearing masks and getting those vaccines. I know there are some naysayers that don't believe COVID really exists, but it truly is a deadly disease."

Oxer said IERHA hospitals are seeing COVID cases regularly even if ER waiting rooms don't seem to be bustling. Depending on how bad the infection is, patients may be at the hospital for a few hours, a few days or, in the worst case scenario, transferred to Winnipeg.

"It depends on the severity of the COVID case. Some COVID patients we see here in emergency just need education and support and can go home. Other patients might stay two or three days in hospital because they need IV fluids or supplemental oxygen to help them get over their symptoms," she said. "Sadly, we also see patients that don't do very well and we end up having to intubate them and send them to Winnipeg to the ICU. The sad thing is COVID is not specific to any one group; it doesn't matter whether you're rich or poor or young or old."

COVID and its more infectious variants have steadily crept higher

in Manitoba over the past few months before really taking off last week.

On Monday, May 3, the province reported 250 new infections (20 in IERHA). By Sunday, May 9, those had more than doubled to 529 (27 in IERHA). On Monday of this week there were 498 new cases (25 in IERHA). The virus has so far killed 997 Manitobans (source: Manitoba government, May 10).

Oxer said she and her nursing staff have had to quickly adapt to a new system of patient care and practise to the nth degree what Florence Nightingale, the founder of professional nursing, preached with regard to infection prevention and control.

Donning and doffing personal protective equipment has increased their workload. Nurses have had to learn how different rooms in the hospital have been engineered to determine how quickly air exchange occurs (they have to close off rooms – before disinfection staff can enter – for a half to a whole hour or more after treating a COVID patient). They've also had to become design experts, carving up the ER and in-patient wards into zones for non-COVID, suspected COVID and confirmed COVID cases.

Then there are the extra-long shifts Oxer said she "tries not to" but sometimes has to "mandate" depending on the COVID load. She tries to mitigate

those exhausting shifts by ensuring staff are well cared for.

"The most important thing we can do for our nursing staff, health-care aides and other staff is try to have a full complement of staff on shift," she said. "We try to make sure they get their breaks; they need those time-outs. In our facility, we're very fortunate that I don't have to mandate right now, but in some facilities in the province nurses are mandated to work 16 hours. It occurs quite frequently."

Staff are forced to maintain a relentless vigilance against a virus nobody can see, except under a microscope, and will experience emotional fallout after seeing the damage it can inflict on the human body.

"We can follow our processes and do our daily routines but when we see the emotions of family members that can't see their loved ones, it does take an emotional toll on every nurse. We also see the devastation of COVID. We see people become extremely ill. We see patients deteriorate and we know they'll have to go to Winnipeg [to an ICU]. All these emotions do impact us," said Oxer.

"The most difficult aspect of COVID is how our humanity has been challenged. We have to become the family members, the emotional care-givers and the support-givers because of the

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# Manitoba launches new financial support for paid sick leave related to COVID-19

Giving employees confident to be able to take sick leave if needed

**Submitted by Manitoba government**  
The Manitoba government is launching a new Manitoba Pandemic Sick Leave program to provide direct financial assistance to help fill gaps between federal programming and current provincial employment standards for paid sick leave, Premier Brian Pallister announced Friday.

"We are at a critical point in our fight against COVID-19 and the variants of concern, and it is crucial to stay home when sick to help limit the spread of this deadly virus," said Pallister. "Many Manitobans are living paycheck to paycheck, and they need to feel confident that if they are sick, they can stay home without any financial repercussions or fear of lost wages."

The new Manitoba Pandemic Sick Leave program will provide employers with up to \$600 per employee for up to five full days of COVID-19 related sick leave, which do not have to be taken consecutively. Eligible sick leave related to COVID-19 includes testing, vaccinations and side effects, self-isolation due to COVID-19 symptoms, or care for a loved one in any of the previously mentioned circumstances.

Private-sector, non-profit and charitable employers with eligible employees are able to qualify to receive the assistance. Employers who currently provide paid sick leave to their employees would not be eligible including federal, provincial and local governments. Eligible employees are those who reside in Manitoba and work and receive wages in Manitoba on a full or part-time basis.

The premier noted the eligibility period begins today, May 7 and runs until at least Sept. 25, to coincide with the federal and other provincial programs.

More details, including an application will be available shortly at [www.gov.mb.ca/covid19/programs/](http://www.gov.mb.ca/covid19/programs/).



RECORD PHOTO COURTESY OF THE IERHA

The founder of modern nursing, Florence Nightingale [1820-1910] said, "I am of certain convinced that the greatest heroes are those who do their duty in the daily grind of domestic affairs whilst the world whirls as a maddening dreidel [a four-sided spinning top]." Yvonne Oxer, clinical team manager of the Selkirk ER and special care unit, said Nightingale exactly describes our present-day COVID pandemic where nurses are doing their duty and helping save lives. What the public does will determine the trajectory of the virus.

guidelines to prevent the spread of COVID. So the nurses do spend extra time providing comfort and support to patients."

After "difficult" cases, she said staff will have a debrief "to make sure each one of us are okay" and to figure out if there was something they could have done differently, she said.

Should COVID grow exponentially across the region, Oxer said the IERHA's senior leadership team has a contingency plan to expand bed capacity. At the Selkirk hospital, for example, a lounge can be turned into a ward to accommodate some beds, and patients can be moved to other facilities to free up space for acute care.

"We might be the ones people see on the news, but there's a whole team behind us working very hard to ensure we have acute care beds available throughout the province," she said. "As much as frontline workers are seen as the heroes, there are a bunch of heroes standing right behind us."

A nurse or health-care aide may be the last person you see as you die

from COVID and it will be their hand holding yours as family is kept out of the infectious zone, said Oxer. The best thing people can do to prevent such a scenario from happening to them is to relieve the pressure on the health-care system.

That means religiously practising the "fundamentals" we've all heard ad nauseam and will continue to hear because they actually work against the spread of the virus and are our only way out of infection and possible death until the world is vaccinated.

"The best thing the public can do is wear a mask, social distance and don't gather together in large groups. And the biggest thing they can do is make an appointment and get a vaccine. Help us defeat this. It's a horrible, horrible disease," said Oxer. "I can't express enough how important it is that everybody does that. Then maybe one day we can return to a new normal where it's not my blue-gloved hand holding your loved one's hand, but your hand holding theirs."

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## Keeping our community clean this spring



RECORD PHOTO BY BRETT MITCHELL

Spring clean up is well underway in Selkirk. City of Selkirk Parks and Recreation staff rake up leaves in Selkirk Park making it an even more beautiful place to visit this spring.

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# Supply chain delays throttle the Interlake auto industry

Auto dealers are unable to access a supply of new vehicles to meet growing demands

By Tyler Searle

A global shortage of microchips is creating an automotive famine in the Interlake, with dealerships unable to access a supply of new vehicles to meet consumer demands.

"I'm probably at, I would say 10 per cent of the normal inventory I would have right now, certainly on the truck side," said Matt Walters, owner of Steeltown Ford in Selkirk.

Managing inventory shortages is an occasional reality of the car business, but Walters has never seen one this widespread and with so much uncertainty as to when it will end, he said.

Usually, if a customer requests a specific vehicle or feature, Steeltown Ford can order it to spec and have it delivered within six to eight weeks. Now, due to the microchip shortage, the dealership is unable to even give a timeline.

Microchips are tiny silicon cards layered in billions of semiconductive transistors that process and store information. They are found in nearly every form of electronics, including computers, appliances, and automobiles.

In modern cars, microchips manage infotainment systems and regulate engine functions. Without them, vehicles are left braindead and immobilized.

Multiple factors influence the shortage in chips, including delays at shipping ports in Vancouver and Montreal and temporary shutdowns at numerous manufacturing plants both domestic and abroad.

"Just as much as this is a frustration to customers, it's a frustration to the dealers and even one step further, the manufacturer, because we are kind of all in the same boat," Walters said.

"At the end of the day, you just want to make sure the customer is taken



Don Walters, left, and his son Matt Walters are patiently waiting for new stock to arrive. The shortage of microchips has slowed down production at plants all across North America.

care of."

When the pandemic hit early last year, automotive sales in Canada plummeted. Market research from DesRosiers Automotive Consultants estimated the drop was as steep as 19.7 per cent. Automakers like Ford, Chevy, and GM responded by scaling back their production.

When vehicle sales rose later in the year, the foreign companies that manufacture the integral chips had already sold their wares to the electronics industry, so automakers could not resume the same level of production.

"It's a very, very specialized process to manufacture these things (microchips) so it's not just an easy fix," Walters said.

It's not just microchips that are being delayed. The pandemic exposed vulnerabilities in global supply chains across a multitude of industries. Statistics Canada reported impacts to medical equipment, pharmaceuticals, food, and other goods.

COVID-19 has decimated supply chains while also

creating an environment of unprecedented demand, said Johan Arnason, president of True North Motors and RV.

"We're fighting tooth and nail to be able to get stuff allocated to us, and it's been crazy, especially in a year where we've seen two or three hundred per cent increases in new campers," Arnason said.

Last year, before the province announced the opening of public campsites, True North was loaded with RV's.

"We we're sitting pretty heavy in stock, and we were panicking a little bit," Arnason said.

Arnason was afraid he may be caught in a lurch with too much stock on hand. As it turns out, demands were even higher than he expected.

RECORD PHOTO BY BRETT MITCHELL

"When they opened up it was just insane, all that inventory got chipped away really quickly."

Arnason anticipated the same scenario this year, so he placed restock orders last September. By early January he was beginning to hear whispers of impending delays.

"That's when we really felt the pinch."

Neither Walters nor Arnason can say exactly when the shortages will end, but they don't anticipate it will be any time soon.

"We can't even give a customer a fair guess on when this will be resolved," Walters said.

"That's what makes this so frustrating."

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# Inclusion Selkirk hosts Sgraffitto art class



RECORD PHOTO BY BRETT MITCHELL

With the generous support of the Manitoba Arts Council, art lovers at Inclusion Selkirk explored their creative side in a virtual art class. Patti Fernie, of LakeGal Artworks, ignited creativity, fun, and laughter as she spent a weekend teaching her whimsical style of art called Sgraffitto. Fernie brought over 20 years experience as an art teacher in Winnipeg to this class, and fans of her work can check out some of her pieces which are available for purchase at WishMe in Selkirk. Left: Stephanie exploring the new art style. Right: Khloe Freeman waiting for the art class to start.



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2 brioche buns  
2 slices yellow cheddar cheese  
3 leaves romaine lettuce, shredded

To make pimento remoulade: In small bowl, mix mayonnaise, pimentos, mustard, pickles, pepperoncino, paprika, garlic powder, black pepper, lemon juice and hot sauce until well incorporated. Season with salt, to taste.

To make fried lobster tails: Preheat grill to 400 F and add oil to 10-inch cast-iron pan about 1/2-inch deep.

In medium bowl, whisk flour, 1/4 teaspoon salt, 1/4 teaspoon pepper, garlic powder and smoked paprika until well incorporated. Set aside.

In separate medium bowl, whisk egg, water and hot pepper sauce. Set aside.

In third medium bowl, whisk potato chips, panko breadcrumbs and parsley until well incorporated. Set aside.

Cut lobster tails in half lengthwise, remove meat from shell and season with remaining kosher salt and black pepper.

Toss halved lobster tails in flour mixture first, egg mixture second then potato chip mixture third, coating thoroughly.

Fry lobster tails 3-4 minutes on each side until golden brown and cooked through. Close grill lid between flipping.

To make cheeseburgers: Preheat grill to 450 F using direct heat. Form ground beef into two 1/2 pound patties, each about 1/2-inch thick.

Using thumb, make dimple in center of each patty to help cook evenly.

Season both sides of burger with salt and pepper, to taste. Spread butter on each cut side of buns.

Grill burgers 4-5 minutes per side for medium doneness.

Add one slice cheddar cheese on each burger, close lid and grill about 30 seconds to melt cheese. Remove patties from grill to clean plate. Place buns cut sides down on grill grates and toast 20-

Recipe courtesy of Omaha Steaks Executive Chef David Rose

Prep time: about 20 minutes

Cook time: about 20 minutes

Servings: 2

Pimento Remoulade:

1/2 cup mayonnaise

1 1/2 tablespoons minced pimentos

1 tablespoon Dijon mustard

1 tablespoon minced bread and butter pickles

1 pepperoncino (seeded and minced)

1/4 teaspoon smoked paprika

1/4 teaspoon garlic powder

1/4 teaspoon freshly ground black pepper

1 tablespoon freshly squeezed lemon juice

3 dashes hot sauce

kosher salt, to taste

Fried Lobster Tails:

Vegetable oil, for frying

1/2 cup all-purpose flour

1/2 teaspoon kosher salt, divided

1/2 teaspoon freshly ground black pepper, divided

1/4 teaspoon garlic powder

1/4 teaspoon smoked paprika

1 large egg

1 tablespoon water

2 dashes hot pepper sauce

1/4 cup potato chips, finely blended in food processor

1/3 cup panko breadcrumbs

1 tablespoon minced flat leaf Italian parsley

2 Omaha Steaks lobster tails (5 ounces each)

Cheeseburgers:

1 pound Omaha Steaks premium ground beef

salt, to taste

# Don't Fear Change



By Gwen Randall-Young

We all know of individuals who are in situations that seem quite dreadful, and yet they seem immobilized, unable to do anything to change things. What is it that makes people appear to be stuck, like the helpless insect who finds his way into the spider web? These people seem to struggle and struggle, but the struggle does not result in any progress. Whether it is a job, relationship or family situation, the pattern is the same.

It is obvious that the situation is creating stress and unhappiness, and the person seems to feel helpless. They focus on the problem, going over it again and again, believing that the solution (or the problem) lies with someone else. Sometimes the boss, spouse, parents or children are a big problem, but they rarely perceive themselves that way, so often are unlikely to change. Assuming that the one who is suffering has tried many different approaches to solving the problems and it's clearly not going to get better, why don't they help themselves?

Most often the reason can be traced back to guilt or fear. There may be a feeling of failure if one sees that they cannot make the job or the marriage work. There may be guilt knowing that if one leaves the job or marriage, someone will be hurt. There

may be the fear that to tell the boss, spouse, or parents how we really feel may make them very angry, and so it seems safer to stay quiet. There may also be a deep fear of change. Fear of changing jobs, fear of being alone, fear of financial problems, and the fear of being judged are all powerful forces that block change.

Generally, the change that is really needed is within the individual, and the external problems are there as a stimulus to get that growth happening. When one feels abused or undervalued, they can either collapse within themselves, going into depression, despair and hopelessness, or they can become aware that they deserve better. Ultimately, the only one who will ensure that they get what they deserve, is the self.

The real struggle then, is within the self, and it is to decide whether it is more painful to remain stuck, or to do whatever needs to be done to upgrade our situation. Often this is a difficult decision, and many remain on the brink for a long time. Sometimes it's helpful to remember that you have but one lifetime as the person you are, and to ask yourself if you really want to spend the rest of it the way you are doing now. If not, it might be scarier to do nothing, than it would be to take the steps required for change.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for daily inspiration.

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# Manitoba's newest brewery wants its name to embody its impact on the community

By Joshua Frey-Sam

When Amber Sarraillon moved out of her parent's home, after graduating high school from SCI, she never thought she'd be moving back in, let alone with her future partner.

That proved to be the case earlier this year when Sarraillon and her partner, Morgan Wielgosz, sold their home in Winnipeg so they could afford to start their own craft brewery, Good Neighbour Brewing.

"It was time for us to do what we've longed to do our entire careers," said Wielgosz, Good Neighbour Brewing co-founder and brewmaster.

But the vision for Manitoba's newest brewery didn't start in Winnipeg, and the decision to start the company has come with some tough decisions.

After moving to Toronto in 2005, Sarraillon found an interest in craft brewery and worked her way to a position with Amsterdam Brewery, where she met Wielgosz, a native of Dorchester, Ontario.

The duo's relationship started as colleagues in 2010, and turned into life partners by 2016.

A business opportunity for Wielgosz led the couple back to Winnipeg in 2017, but the pair wanted to use their knowledge to make their own imprint on the industry.

The move to Winnipeg, and eventually Sarraillon's parent's home, meant Wielgosz would be leaving her home in Ontario.

Wielgosz said it's been hard starting her own business because her work hours don't leave much time to speak with family.

She also said the decision to sell their home in Winnipeg and invest that money into their own business wasn't easy.

"We made the ultimate sacrifice," said Wielgosz.

The couple stayed at mom and dad, Heather and Andy Sarraillon's place for a few short months as they created their business.

They have since moved out again and launched Good Neighbour Brewing last week.

Their first beverage, "Bumbleberry Milkshake Sour," sold out in less than three hours, leaving the duo to feel optimistic about the future of their company.

Good Neighbour Brewery also carries a "Hazy Pale Ale" that is still available. Sarraillon said they plan to launch a new beer every couple of weeks this summer.



Amber Sarraillon, above, and Morgan Wielgosz met at a craft brewery in Ontario in 2010, sparking the beginning of a business and life partnership.

Wielgosz and Sarraillon share more than 25 years of experience in the industry, and Good Neighbour Brewing is now among 18 craft breweries in Winnipeg.

But Sarraillon and Wielgosz say they are trying to create a different impact on the community.

"Our ultimate goal is to be submersed in the neighbourhood, not just another business," said Sarraillon, co-founder of Good Neighbour Brewing. We want to be welcoming, honest, and contribute back to the community that supports us."

Sarraillon said she doesn't envision Good Neighbour

Brewing expanding across Canada because they want to focus on Winnipeg's community.

"I fell in love with the sense of community and camaraderie that craft breweries give," she said.

Good Neighbour Brewing's goal is to continue inviting people into the craft brewery world as the industry continues to grow in Manitoba.

Wielgosz and Sarraillon recognize the position they're in -- starting a



RECORD PHOTOS SUBMITTED

Sarraillon and Wielgosz enjoy some of their first batches of home brewed beer while creating Good Neighbour Brewing.



Good Neighbour Brewing released their first two beverages Hazy Pale Ale and Bumbleberry Milkshake Sour.

business during a pandemic – and want to use their experience to deliver on the same values they learned early in their careers.

"We want to provide some inspiration and hope for people in a cloudy time," said Wielgosz. "There's a lot of need out there in our community."

Along with the welcoming atmosphere they're trying to build, the pair said they want to contribute directly to charities and support initiatives in the near future.

Good Neighbour Brewing is cur-

rently contracting out of Oxus Brewing Company at 1180 Sanford St. in Winnipeg, but plan to find a location in the city that embodies their values as a brand.

While the duo work to get their beer in the Stonewall Liquor Mart, you can find Good Neighbour Brewing in select vendors and liquor marts across Winnipeg and online at [oxusbrewing.com](http://oxusbrewing.com).

**"WE WANT TO PROVIDE SOME INSPIRATION AND HOPE FOR PEOPLE IN A CLOUDY TIME"**



# The War Amps key tag service celebrates 75 years

By Jennifer McFee

The War Amps key tag services has been making a difference in people's lives for a milestone 75 years.

Not only does the service reunite Canadians with their lost keys, it also offers programs for amputees across the country.

The program got its beginnings in 1946 so that war amputees could work for competitive wages while also providing a service to Canadians that would generate funds for the organization.

Today, the key tag service continues to employ amputees and people with disabilities.

Through the program, Canadians receive confidentially coded key tags in the mail each year. These key tags are registered to individuals' name and addresses.

If you have a War Amps key tag attached to your key ring and you happen to lose your keys, the finder can call the toll-free number on the back of the tag or place them in any mailbox in Canada.

Then The War Amps will return the keys free of charge. They never sell, rent, trade or share their mailing list.

This key tag service is free, but anyone can choose to make a donation to the registered charity. Each fall, The War Amps mails donors a thank-you gift of peel-and-stick seasonal address labels, which provides further employment for Canadian amputees and people with disabilities.

The War Amps is also well known for its Child Amputee (CHAMP) Program, which offers services to child amputees and their families. The philosophy is to encourage child amputees to accept their amputations and develop a positive approach to challenges. The program launched in 1975 when war amputees' needs had been well served.

Through public support of the key tag program and the address label service, the CHAMPS program provides financial assistance towards the cost of artificial limbs and recreation devices. It also hosts annual seminars for child amputees and their parents across the country.

For John Van Massenhoven, the CHAMPS program impacted his life in more ways than he ever would have imagined.

"I was 14 when I lost my arm in a farming accident.



RECORD PHOTO SUBMITTED

An archer shooting a compound bow using a special device that allows him to release the arrow by moving his chin.

At that time I lived in a very rural area in Ontario and no one else in the area had an amputation that I was aware of," said Van Massenhoven, who now lives near the border of Rosser and Headingley.

"Thankfully, through the nurses in the hospital, I was going to the child amputee program, which is funded through the key tag service. That program was a pivotal moment to my adaptation to life as an amputee."

The program allowed him to connect with other people in similar situations. At the same time, it provided learning opportunities through the annual seminars.

"Myself and my parents could learn all the current prosthetics that were available to me, including options for enjoying leisure and sporting activities. On the educational front, scholarships that are also funded through the key tag service, which allowed me to advance my career," he said.

"It was quite a pivotal tool to helping me and my parents adapt, learning what options were available to me and providing counselling and those day-to-day supports that I needed. It really became part of my life as an amputee from then on."

Now, at age 50, Van Massenhoven is committed to helping others as the War Amps regional representative for Manitoba.

"I am still involved with the program as a volunteer. That program was a key part of me overcoming those obstacles that were put in my way as a result of the disability. I went on to attend university and I went on to attend law school. I became a lawyer and I've practised law for approximately 20 years," he said.

"I've been now named through the province as a provincial mediator through the Manitoba Labour Board. It really has been key in giving me that confidence and the belief in myself that I could do whatever it is I wanted to do."

In addition to boosting his professional confidence, the program also brought benefits to the personal side of his life.

"Interestingly enough, it was through The War Amps program that I met my wife, who is also an amputee and she was born without her limb. She grew up in Winnipeg and we met while going to university. I moved to Manitoba approximately 23 years ago," Van Massenhoven said.

"She's very successful too with a career at a banking institution in Manitoba. We have teenagers, and in addition to our careers, we operate a hobby farm with about 500 acres in Headingley."

Van Massenhoven credits The War Amps with providing the support that allowed him to thrive.

"I have been a staunch supporter of that program ever since I became an adult. I have lived it, so I know what it can do. I know what transformation it provides to amputees and their families," he said.

"It's really allowed me to achieve whatever I wanted to do. It's set me on the path to success — there's no doubt about it."

For more information about The War Amps, or to order key tags, visit [www.waramps.ca](http://www.waramps.ca) or call 1-800-250-3030.

## Pfizer COVID-19 vaccine approved for children aged 12-15

By Patricia Barrett

Health Canada approved the Pfizer-BioNTech COVID-19 vaccine for children aged 12-15 last week after a review of scientific evidence showed it's safe and effective, and Manitoba is expected to offer vaccination appointments next week.

It's the first COVID vaccine to be approved in Canada for use in children of this age group.

Canada's top health agency said it marks a "significant milestone" in the fight against COVID.

"After completing a thorough and independent scientific review of the evidence, the de-

partment has determined that this vaccine is safe and effective at preventing COVID-19 when used in children between 12 and 15 years of age," states the agency in a May 5 news release.

The agency has, however, placed "terms and conditions" on its authorization. It requires Pfizer-BioNTech to continue providing information on the safety, efficacy and quality of the vaccine in the 12-15 age group "to ensure its benefits continue to be demonstrated once it is on the market."

Health Canada had already approved the vaccine for children aged 16 and older in De-

cember 2020.

Pfizer-BioNTech had conducted a trial in the U.S. with 2,260 adolescents aged 12 to 15 and found its vaccine was 100 per cent effective after the second dose.

Fabien Paquette, vaccines lead for Pfizer Canada, said the new approval will help protect children before they go back to school in September.

"Today's expansion of our authorization represents a significant step forward in helping the Canadian government broaden its vaccination program and

Continued on page 24

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**The Selkirk Record**



## Remote learning for schools in Winnipeg, Brandon

Staff

Schools in Winnipeg and Brandon are moving to remote learning this week.

Education Minister Cliff Cullen announced the move over the weekend, which saw the province's daily new COVID-19 case count hit 529 on Sunday.

"Keeping schools open and safe for students, staff and families has been at the forefront of our COVID-19 response planning, and our priority has been to have students in classrooms with face-to-face instruction to the greatest extent possible," the minister said. "However, increased transmission of the variants of concern, increased case numbers in larger centres and rising numbers of cases in younger people means we are moving to remote learning in Winnipeg and Brandon to better protect students, families, teachers and staff."

At press time, other schools in the province were still operating as

usual, with a few additional measures put into effect:

- Schools with multiple cases of the virus (outside of the same household) will be moved to remote learning.

- School officials can require students and staff who are showing symptoms to stay home for 10 days and encourage them to seek testing. Household members without symptoms should also self-isolate until the sick individual's test result is received.

- All extra-curricular activities, organized sports and off-site activities are suspended, as is indoor singing and indoor use of wind instruments.

"While some of these people may not have caught the virus in school or spread it to others in schools because they were self-isolating at home, the rising case numbers mean we need to take steps now to break the cycle of transmission and reduce case counts," said

Dr. Brent Roussin, chief provincial public health officer. "Public health officials will continue to work with school leadership to actively monitor the situation, and move additional schools outside Winnipeg and Brandon to remote learning if and when the data indicates it is needed."

Cullen noted schools in full remote learning will be able to accommodate K-6 children of critical services workers who cannot make alternative care arrangements if they are not required to self-isolate.

In addition, schools will also be able to accommodate K-12 high-risk students and those with special needs.

As of Monday, child care facilities remain open, including sites in Winnipeg and Brandon, though children who are on remote learning at school should not attend child care facilities before or after school hours.

### > VACCINE APPROVED, FROM PG. 23

begin to help protect adolescents before the start of the next school year," said Paquette in a May 5 news release posted on Pfizer's website.

A pediatric study of the Pfizer vaccine in children aged six months to 11 years of age is currently underway.

Manitoba has had 2,638 students infected with COVID, according to the latest provincial data. The government announced last Sunday that K-12 schools in Winnipeg and Brandon – where the majority of new infections are occurring – will be moving to remote learning, starting May 12, to help stem the province's third wave. Students will learn from home until May 30.

Schools in other areas of the province that remain open will have to ban singing and the playing of wind instruments.

The Manitoba government is expected to offer vaccine eligibility to individuals 12 and older by the Victoria Day long weekend.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Canada's Einarson ousted in playoffs

By Brian Bowman

Team Canada's Kerri Einarson's wild roller-coaster ride at the world women's curling championship in Calgary came to a screeching stop on Saturday morning.

Einarson was eliminated after an 8-3 loss to Sweden's Anna Hasselborg in a first-round playoff game.

Hasselborg, the reigning Olympic champion, led 5-2 after four ends and then increased that advantage to 7-3 after seven.

When Einarson gave up a steal of one in the eighth, Canada conceded the game.

"I had a really good feeling going into the game," Einarson told the *Canadian Press*. "We just got behind the eight ball a little early and just needed something to bail ourselves out."

"We just weren't as sharp as we have been."

Sweden kept Einarson from scoring big ends. Canada could only muster singles in the second, fourth, and sixth ends.

"We struggled a bit early and then

they just ran away and made everything after that," said Canada third Val Sweeting.

Canada's Gimli-based team, which also includes Shannon Birchard and Briane Meilleur, struggled early during the round robin as they posted a disappointing 1-5 record. They eventually turned things around, though, and finished with a 7-6 record which gave Canada sixth place and the final playoff spot.

Switzerland won the gold medal after a hard-fought 4-2 win over RCF on Sunday afternoon. The United States crushed Sweden 9-5 to claim the bronze earlier that day. The U.S trailed 4-2 after six ends but exploded for five in the seventh to break the game open.

The top six teams in the 14-team field earned Olympic berths for their countries at the 2022 Beijing Games.

Einarson, meanwhile, won't have much time to rest as she will be competing at another world championship later this month.

She will pair up with Brad Gushue



RECORD PHOTO BY JEFF MCINTOSH/CP

Canada skip Kerri Einarson, left, and third Val Sweeting leave the ice after being defeated by Sweden on Saturday.

while representing Canada at the world mixed doubles championship in Aberdeen, Scotland from May 17-23.



# Lott joins forces with Simmons for Olympic Pre-Trials

By Ty Dilello

Déjà vu! In an almost mirror image of four years ago, Saskatchewan-born curler and two-time Brier champ Pat Simmons is coming out of retirement to skip a Manitoba team and attempt to make a run at the Olympic Pre-Trials.

Just a few weeks after Winnipeg Beach's Colton Lott and East St. Paul's Kyle Doering were unceremoniously dumped by their skip Tanner Horgan in favour of a new Ontario-based team, they reached out to an old teammate to see if he would come out of retirement once again to chase the Olympic dream.

"It was definitely a surprise when Kyle reached out to me and pitched the idea to return to competitive play and skip their team at the Olympic Pre-Trials this October," said Pat Simmons. "With their team being in the same unique position as four years ago and the familiarity I have with Colton and Kyle, I thought it would be a great opportunity to give it another shot."

The 46-year-old Pat Simmons is a chiropractor by trade but currently works with CurlSask as its Director of High Performance. He is best remembered for winning back-to-back Tim Hortons Brier in 2014 and 2015, respectively. He also won a bronze medal at the 2015 World Championships.

"With Tanner Horgan leaving our team and not much time left to prepare for the Olympic Pre-Trials, we decided to look for a seasoned skip that would be used to the pressure in the upcoming months," said Colton Lott. "When Kyle suggested asking our previous skip Pat to return, I was very excited at the possibility of curling with a player of his stature."

Colton's older brother Tanner and Stonewall's Emerson Klimpke will round out the new Simmons team and rotate at the lead position throughout the season.

By virtue of the Interlake team's performance over the past few seasons on the World Curling Tour, they have likely already qualified for the Olympic Pre-Trials in early fall. From there, they will need a solid performance to advance to the main Olympic Trials.

During the last cycle for this team at the 2017 Olympic Pre-Trials, things didn't go smoothly for Simmons and company as they finished last in their pool with a 2-4 record, failing to even qualify for the playoffs.

"Four years ago, our team was known as 'Pat and the kids,'" said Kyle. "We were very inexperienced. It was our first ever pre-trials, where this go-round, Colton and I have already played with Pat, we know what to expect, and we're four years older."

Although the COVID-19 pandemic cancelled most of this past 2020-21 curling season, Colton Lott certainly made the most of it in the Calgary bubble.

Lott won a silver medal at the Canadian Mixed Doubles Championship in March with fiancée Kadriana Sahaidak and spared for John Epping's team during two Grand Slam events last month.

"His success in mixed doubles doesn't surprise me, but obviously, it adds more confidence to the team," said Doering. "We already knew he could make any shot. It's nice to have such a world-class person at the third position, and then bringing on Pat with his experience and resume will make this quite a unique and dynamic team, I think."

The Canadian Olympic Curling Trials will take place Nov 20-28 in Saskatoon, SK, to determine Canada's men's and women's teams for the upcoming 2022 Beijing Olympics. However, Team Simmons will have to first play in the Pre-Trials event scheduled for Oct. 26-31 in Liverpool, Nova Scotia.

"We have a lot to build on, and it's going to be an exciting whatever sort



RECORD PHOTO BY ANIL MUNGAL

Colton Lott shoots a stone during the 2019 KIOTI Tractor Tour Challenge Tier 2 men's final in Pictou County, N.S.



RECORD PHOTO SUBMITTED

Two-time Brier champ Pat Simmons is teaming up once again with Interlakers Colton Lott, Kyle Doering, Tanner Lott and Emerson Klimpke to make a run at this fall's 2021 Olympic Pre-Trials.

of season," Doering said. "Just knowing Colton and we've already curled with Tanner, it could be something

special. We can't wait to get things going in the fall!"

## Canada West announces 2021-22 schedules

Submitted by Canada West

Canada West member institutions affirmed their commitment to return to conference competition in 2021-22 at the virtual Canada West AGM May 4-5.

Conference members signalled their intentions to return to regular season play with the formal approval of alternative sport formats for 2021-22. The alternative formats, which have a

greater focus on regional play where possible, provide a viable option for the conference to move forward in planning to stage a full Canada West season that would begin this fall.

"In addition to the health and safety concerns that we all have been facing this past year, our members also face a significant amount of financial uncertainty stemming from the COVID-19 pandemic," said Canada West

President Curtis Atkinson. "Today is a positive step forward in returning to Canada West competition in a feasible, safe, and fiscally responsible way."

The change to formats will be in effect for the 2021-22 season only, after which formats will return to their previous models. Alternative formats were adopted for one season in the following sports: football, soccer, hockey, basketball and volleyball. The

formats for championship sports remain as currently scheduled.

"The Schedule Format Committee has worked tirelessly for the past number of months to propose various formats, fitting any number of criteria, to get us to a place where today, we feel as though we have a plan that will allow our student-athletes, coaches

Continued on page 26



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Roulette leads Canada to U18 hockey gold

### Staff

For the first time since 2013, Canada has won gold at the IIHF U18 World Championship.

Canada defeated Russia 5-3 in the gold-medal game last Thursday night in Frisco, Texas.

Canada trailed 2-1 in the first period but rebounded to take a 4-2 lead. Up a goal late, Canada iced the game with an empty-net goal.

Canada's roster included Winnipeg's Connor Roulette, who played three games with the Selkirk Steelers this past season. The highly-talented Roulette, who spent the majority of the season with the Western Hockey League's Seattle Thunderbirds, scored twice and had five points in six games

at the world tournament.

The other two Manitobans with Team Canada included Dominion City's Denton Mateychuk and Winnipeg's Tyler Brennan.

Canada finished atop Group A with wins over Sweden, Latvia, Switzerland and Belarus while outscoring its opponents 28-5.

In the playoffs, Canada posted convincing wins over the Czech Republic (10-3) in the quarter-finals and Sweden (8-1) in the semifinals.

Since 2002, Canada has won four gold medals at the IIHF U18 World Championship (2003, 2008, 2013, 2021), in addition to one silver (2005) and three bronze (2012, 2014, 2015).



RECORD PHOTO SUBMITTED

Connor Roulette, who played three games with the Selkirk Steelers this season, celebrates after Canada defeated Russia 5-3 in the gold-medal game at the 2021 IIHF U18 Men's World Championship.



RECORD PHOTO SUBMITTED

Minot State Beavers' forward Carter Barley, a St. Andrews' product, was named the American Collegiate Hockey Association Men's Division 1 Rookie of the Year.

## Barley named ACHA Men's Division I Rookie of the Year

### By Brian Bowman

Minot State Beavers' forward Carter Barley had a great season and the league took notice.

Barley was recently named the American Collegiate Hockey Association Men's Division I Rookie of the Year. The award is voted on by the head coaches in the league.

"It caught me by surprise because there obviously were a couple of good rookies in the league," said Barley, a St. Andrews' product and former Selkirk Steeler, last Saturday. "I honestly didn't expect to win it but I got a text

from (from head coach) Wade (Regier) and he told me I got it. I was really honoured to receive that."

Barley is just the second Minot State player to win the award in the school's 19-year history.

"It's definitely special to win that but I would rather win that award while winning a championship," said Barley, who scored 16 goals and had 34 points to lead the Beavers in scoring. "It's special because when I get older, I can look back and have that on my resume. It's pretty sweet."

The other finalists for the award

were Minot State goalie Riley Wallace, Adrian College forward Matteo DiGiulio and Midland University forward Ondrej Blaha.

Barley said Wallace had a great season and was very worthy of the nomination.

"He played really well when we needed him," he said. "Wally stepped up big and he did his part, for sure."

Meanwhile, the Beavers will have a new coaching staff next season as Regier, a longtime head coach, has decided not to return to Minot State.

### > CANADA WEST, FROM PG. 25

and all of our stakeholders to see the return of Canada West play," Atkinson added.

"It's important to also recognize and thank my fellow Board members and the COVID-19 Task Force for their devotion and leadership as they have continued to navigate through the difficult decisions that have needed to be made over the last year. While the work has been chal-

lenging, they have continued to work towards the end goal of getting our student-athletes back to competition."

The alternate formats may require further adjustments which will be addressed as the permissions and approvals for return to competition are known. In order to begin a 2021-22 Canada West season, members will still need to receive permission

to return to sport competition from their institutions and receive clearance from the health authorities in their respective provinces.

"Ultimately, I commend our membership for showing their commitment to playing a Canada West schedule, providing an opportunity for programs to compete at conference championships and ensuring that our student-athletes are able to appropriately prepare to vie for national titles with the approval of

these alternate formats," said Canada West managing director Rocky Olfert.

"We will continue to monitor the decisions made by provincial governments and health authorities across the four Western provinces, along with any further financial impacts experienced by our members to ensure that we remain on a pathway to play a Canada West season."

Full Canada West schedules will be released at a later date.



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## NOTICE

### TO: THE ESTATE OF MARTINA MASSEY

A Notice of Exercising Power of Sale (the "NEPS") has been filed in the Winnipeg Land Titles Office as Number 5274241/1 on behalf of THE BANK OF NOVA SCOTIA the mortgagee under a Mortgage registered in the said Office as Number 3882801/1 which charges the lands described in certificate of title number 23405469/1 as: LOTS 40 AND 41 PLAN 10032 WLTO (L DIV) IN RL 48 PARISH OF ST CLEMENTS

The District Registrar has been informed that it has been impossible to make personal service of the NEPS upon you and has issued an Order permitting substitutional service.

Therefore take notice that unless default under the mortgage is remedied within one calendar month of this publication, the mortgagee will apply for an order permitting the sale of the land.



Deputy District Registrar

This Notice is published for the purpose of effecting substitutional service thereof upon THE ESTATE OF MARTINA MASSEY as set out in the Notice pursuant to Order of the District Registrar dated April 27, 2021



## TENDER 2021-04

### 2021 PAVEMENT REPAIRS PROJECT

The Rural Municipality of West St. Paul is seeking proposals from qualified bidders for the 2021 Pavement Repairs Project.

Specifications and Tender packages including submission documents are available online at [www.weststpaul.com](http://www.weststpaul.com).

Sealed submissions clearly marked **Tender 2021-04 - 2021 Pavement Repairs Project** will be received by the undersigned at the address below until 12:00 noon on the 27th of May, 2021. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by e-mail [rfriesen@weststpaul.com](mailto:rfriesen@weststpaul.com) or by phone 204-338-0306.

Mr. Brent Olynky, CAO  
Rural Municipality of West St. Paul  
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West St. Paul, MB R4A 5A3



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102-235 Eaton Avenue  
Monday to Friday  
8:30 a.m. - 4:30 p.m.



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*Selkirk Record*

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## MISCELLANEOUS

There is evidence that  
nations other than Is-  
rael observed a Sab-  
bath day (Sunday)  
from earliest times.  
The Sabbath day was  
instituted by God at  
creation (Gen 2 vs  
1-3). The Lord's Day  
is the heritage of our  
nation and Sunday  
observance was writ-  
ten into the laws of our  
land, just as the com-  
mandments concern-  
ing stealing and mur-  
der. For more on the  
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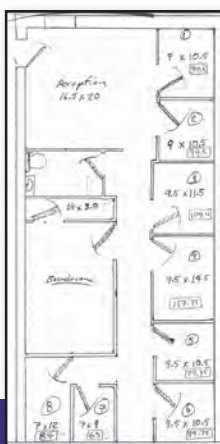
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Sorry, no apprenticeships being  
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# Announcements

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The Selkirk Record

## ANNOUNCEMENT

### BIRTHDAY



Wishing Iris Vitt a  
Happy 90th Birthday  
on May 18, 2021

-Love your children, grandchildren  
and great-grandchildren!

## ANNOUNCEMENT

### IN MEMORIAM

William "Bill" O'Neill  
October 11, 1932 - May 13, 2020  
We think about you always.  
We talk about you still.  
You have never been forgotten,  
And you never will.  
We hold you close within our hearts,  
And there you will remain;  
To walk and guide us through our lives,  
Until we meet again.

-Loved and remembered  
Clara and family

## ANNOUNCEMENT

### IN MEMORIAM

Kubic  
In loving memory of  
my parents  
Rose (May 5, 1991)  
and  
John (May 17, 1964)

Asleep in God's beautiful garden,  
Sheltered from sorrow and pain;  
Someday when this journey is over,  
I shall meet with you again.

-Loving son Bob Kubic

**Don't forget to send  
your special wishes to  
your friends and family.**  
Call 204-785-1618  
**The Selkirk Record**

**Don't Forget Your  
Loved Ones Passed  
WITH AN ANNOUNCEMENT IN THE  
Selkirk Record**

## OBITUARY



Mildred Ann Walske  
Lethbridge, Alberta

June 23, 1943 - April 2, 2021

Surrounded by family, our beloved Mom, Grandma, Great-Grandma passed away peacefully on April 2, 2021.

Millie was born in Selkirk, Manitoba to Albert and Mary. Millie lived in many places over the years, raising her children in Claresholm Alberta, moving to Lethbridge, living with her daughter, Heather, in Penticton, then moving back to Lethbridge to live near her daughters Norma and Kandra, she also took in and cared for her grandchildren Ilea and Nicole. She will be forever remembered and cherished by her children Bernard, Heather, Norma, and Kandra (Rob); her grandchildren Mathew, Tyler, Ilea, Jordan, Jesse, Kayci, Cole, Nicole, Mercedes, Madison, and her 17 great-grandchildren; and her siblings Harvey, Grace (Gary), Beverly (Cliff), Barb, Karen

(Carlo). Millie was predeceased by her father Albert, mother Mary and her sister Ruby, and her brother Douglas.

Millie was a unique and caring individual who touched the lives of all who knew her. Her door was always open to ANYONE, "many strays". Any human or animal who needed her was greeted with an open door and a smiling face. Her favorite hobby was crocheting and sewing Barbie and doll clothes. At times we think she did it with her eyes closed! Every Christmas she donated her treasures made with love to the children who otherwise may not have had. She thrived from spoiling as many people in her life as possible: this was her most desired passion.

Millie had a lot of challenges raising four children and many grandchildren, but always made sure everyone had what they needed, regardless of the hurdles thrown her way. She was a hard worker up until her health started to decline, which was when her local family members made the hard choice to move her from her home to Good Samaritans.

When she moved to Good Samaritans North Lethbridge, she quickly made friends and was always on a mission to crack jokes, be silly, and have the most fun she could with everyone who came to her door. It never failed, she always had goodies, jokes, and a completely decorated door. It did not take long before this gem stole many hearts of the residents and staff.

Millie will forever be missed, but never forgotten!

It's not goodbye

It's I'll see you later. G

"When I come to the end of my road, and the sun has set for me, I want no rites in a gloom-filled room; why cry for a soul set free?"

Miss me a little - but not too long, and not with your head bowed low. Remember the love that we once shared.

Miss me - but let me go. For this is a journey that we all must take and each one must go alone.

Its all part of the master's plan. MISS ME - But not too long."

## OBITUARY

Lillian Marie Clusiaux (Sonier)  
March 1, 1935 - May 10, 2021



On May 10, 2021 after a brief illness, Lillian completed her life's journey.

She leaves behind her children, Gerry Sonier, Bill Sonier, Barbara VanderVeer, Debbie Pommer, Darlene Makara (Albert), Cindy Dubowits (James) and numerous grandchildren and great-grandchildren. Her sister and best friend Leona Foley, good friend and partner in crime Alice and her nieces and nephews.

Gone before to greet her are her guardian angel and granddaughter Kristy and grandson Dougie, her mom and dad, brothers Bob and Roger and sister Jean.

Family would like to give a heartfelt thanks to the staff and management at Red River Place, not only for the love and compassion shown but for making Red River Place a place she was happy to call home and staff and residents she referred to as her second family.

At Lillian's request there will be no service. Should friends or family wish they may say a prayer for her safe journey home.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

Myrtle Margret Isabel Inkster  
November 26, 1931 - May 8, 2021



Peacefully, on Saturday, May 8, 2021 at the Middlechurch Personal Care Home, Myrtle Inkster, aged 89 years of Breezy Point, passed away. Special thank you to her son Sheldon for all the care and attention he has provided over the years.

She is survived by her daughter Val Inkster (Robert); sons, Glen Inkster (Jeannie), Leslie Inkster and Sheldon Inkster; brothers and sisters, Thelma Calder, Donald McDonald, Jimmy McDonald and Darlene Simon; grandchildren Jamie Craig, Nathan Craig, Christopher Inkster, Destiny Dunlop Reimer and Brittney Inkster; great-grandchildren Avery, Aiden, Solene, Sevrin and Isabella.

Mom was predeceased by her husband Glenn in 1978; son Donald in 1983; partner Eldon in 2002; her parents Nellie and Clifford McDonald; sisters Phyllis and Arlene; brothers Billy, Victor,

Stanley and Henry.

As per her wishes, Mom has been cremated and due to current restrictions a private family graveside service will be held.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

Harvey Marriott  
December 14, 1931 - May 5, 2021



It is with heavy hearts that we announce the passing of Harvey Joseph Marriott.

He was predeceased by his wife Irene Marriott; parents Tom and Lil Marriott; sister Isabel Palmer; brother-in-law Reg Palmer and nephew David Palmer.

He leaves to lovingly remember him his daughter and son-in-law Sandra Marriott-Silver and Dave Silver; son and daughter-in-law Jim Marriott and Karen Marriott; grandchildren Graham (Amanda), Kaitlyn (Daniel), Brent, and Camille (Ty). Also left to mourn are his nephew Randy Palmer (Marianne); niece Liz Palmer (Gary) (late nephew's wife) Leona Palmer; cousin Margaret Backer and family. Also left to remember him are his Rusty zipper club friends and many other friends who he loved to get together with to play golf,

cross country ski, rollerblade or just sit and talk with.

Harvey was born in St. Rose du Lac with the family moving on to Brandon and then on to Winnipeg where he grew up and lived in St. James until retiring from a long career as an accountant for the Canada Revenue Agency. He and Irene moved out to Clandeboye to live the country life and did so for many years until his dementia was too much for her to manage and she sadly had to place him in a personal care home where he lived out the rest of his life.

He was a devoted, loving and generous son, husband, father, grandfather, uncle and friend, who will be missed by all who knew him.

We would like to thank all of the staff at Extendicare Red River Place for their care and compassion looking after him for the last 16 months.

Due to COVID 19 restrictions, in-person attendance at the funeral and interment will be by invitation only. Please join us for a virtual service on Tuesday, May 18th at 2:00 p.m. which can be viewed via his obituary at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

In lieu of flowers please consider a donation to Alzheimer Society of Manitoba or any other charity that you are passionate about.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.





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1,015 SF

3

1

102 x 99

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**F E A T U R E D P R O P E R T I E S**

<p>HH TEAM <b>NEW</b></p> <p><b>380,000</b></p> <p>1445 Ravelston Ave W, Winnipeg</p>	<p>HH TEAM <b>PENDING</b></p> <p><b>299,900</b></p> <p>401 Melrose Ave W, Winnipeg</p>	<p>HH TEAM <b>SOLD</b></p> <p><b>\$349,900</b></p> <p>427 Speers Rd, Winnipeg</p>	<p>HH TEAM <b>SOLD</b></p> <p><b>\$149,900</b></p> <p>752 Elgin Avenue, Winnipeg</p>
<p>HH TEAM</p> <p><b>\$170,000</b></p> <p>325 Taylor Ave, Selkirk</p>	<p>HH TEAM <b>PENDING</b></p> <p><b>\$598,000</b></p> <p>408 Meadowdale, St. Andrews</p>	<p>HH TEAM <b>SOLD</b></p> <p><b>\$265,000</b></p> <p>510 Moody Ave, Selkirk</p>	<p>HH TEAM <b>SOLD</b></p> <p><b>\$567,700</b></p> <p>452 Donald Rd, St. Andrews</p>
<p>HH TEAM <b>2 ACRES</b></p> <p><b>\$54,900</b></p> <p>723 Edith Avenue, Petersfield</p>	<p>HH TEAM <b>SOLD</b></p> <p><b>\$54,900</b></p> <p>79 Tom Prince, Petersfield</p>	<p>HH TEAM <b>SOLD</b></p> <p><b>\$54,900</b></p> <p>73 Tom Prince, Petersfield</p>	<p>HH TEAM <b>PENDING</b></p> <p><b>\$54,900</b></p> <p>67 Tom Prince, Petersfield</p>
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<b>RESIDENTIAL</b> MEZZO HOMES! COMING TO GIMLI SOON! Driftwood Bay Lot 4 & 5 HH TEAM Driftwood Bay Lot 6 HH TEAM 43 Johnston Crescent, Thompson HHTeam	Starting at \$229,900 - \$239,900 \$289,900
<b>COMMERCIAL</b> Golf Course! 180 Cook Ave, Gimli HH TEAM 255 Main Street, Selkirk HH TEAM 1 Acre Property & Building - 613 Manitoba Avenue, Selkirk 10 Dubas Drive, Lockport HH TEAM C-201 Melrose Avenue E, Winnipeg HH TEAM	\$349,900 \$549,000 \$1,100,000 \$550,000 \$99,900
<b>LAND</b> 10 Sunset Boulevard, Gimli HHTeam 723 Edith Avenue, Petersfield HH TEAM 15 Lakeshore Drive, Bifrost HH TEAM PENDING! 67, 73 Tom Prince Drive, Petersfield HH TEAM 61 Tom Prince Drive, Petersfield HH TEAM Creekfront - 0 Kimberly Road, East Selkirk ASHLEY Creekfront - 1.48 Acres - George Street, East Selkirk ASHLEY Ole Joe Monkman Road, St. Clements Lots #2, 3, 4, 5 HH TEAM 508 Corrine Avenue, Petersfield - .34 Acres HH TEAM	\$89,900 \$54,900 \$24,500 \$53,000 \$53,000 \$79,900 \$129,900-\$139,900 \$40,000

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