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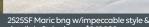












# THURSDAY, APRIL 9, 2020 **VOLUME 11 EDITION 14**

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RECORD PHOTO BY MICHELLE BALHARRY

The Red River at St. Andrews Lock & Dam, begins to break up on the evening of April 4th. At press time the river was flowing freely south of Lockport and the ice was beginning to jam north of the Red River Floodway Outlet.

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PRICES IN EFFECT: THURSDAY, APRIL 9 - WEDNESDAY, APRIL 15, 2020

# Preparing for flooding along the Red River

The provincial flooding forecast states that the risk for major flooding remains high for the Red River



#### By Ligia Braidotti

Our province's landscape has started to show signs of spring, especially when one looks along the Red River.

The latest flood forecast released by the Province of Manitoba's Hydrologic Forecast Centre on March 31 continues to note that the risk of a major spring flooding remains low for the Interlake and northern Manitoba areas, as well as for the Assiniboine, Souris, Qu'Appelle and Saskatchewan Rivers.

However, the Red River Valley is at

higher risk of major flooding due to above normal soil moisture at freeze up in southern and central Manitoba and normal to above normal winter snow and rain in the middle of March in the United States portion of the Red River basin.

The report also states that the proportion of the flood is still uncertain because of weather conditions.

"The flood potential is significantly affected by the amount of additional snow and the spring rains; the frost depth at the time of runoff; the timing and rate of the spring thaw; and the timing of peak flows in Manitoba, the United States, Saskatchewan and Ontario," it explains. "A late thaw and spring rainstorms could result in a rapid snow melt that increases overland flooding and the flows on tributary streams and the larger rivers. A single precipitation event similar to the rainstorm that occurred in the



RECORD PHOTOS BY MICHELLE BALHARRY

The ice situation is rapidly changing just north of the St. Andrews Lock and Dam. The ice is piling up near the Red River Floodway Outlet.

summer of 2014 could change the flood outlook significantly."

Darrell Kupchik, executive director of North Red Waterway Maintenance, said the latest snowfall that took place earlier in April will affect the ice melting, although it's still uncertain how. He explained that the snowfall added a reflective cover to the ice, but fortunately that appears to be melting.

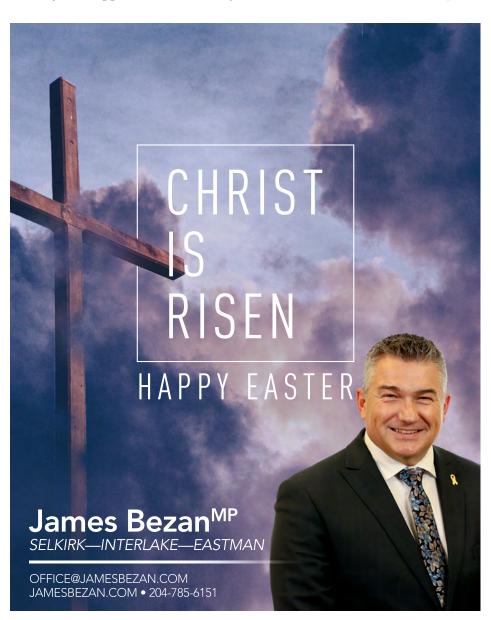
Once that reflective cover is gone on the ice surface, the sunlight can get in there and start deteriorating it.

"Obviously the concern is, I don't know how much it affected our neighbours to the south in the States, but most of that water is coming up north and will be passing through this area," he explained.

Continued on page 4







### > KUPCHIK SAYS, FROM PG. 3

"We are seeing the ice in this area begin to lift slightly, so that's a sign that we are getting additional flows and runoffs, and we're also noticing that the ice is appearing to start to deteriorate slightly."

Kupchik added that the current ice conditions are also unique. He said there's a lot of frazil ice incorporated into the ice cover and a lot of debris in the ice. They haven't seen the ice become darker and it doesn't look like it's absorbing a lot of heat that would cause the ice to come apart.

"We had some really thick ice this year. We had some areas that the ice was approaching 40 inches. We finished the ice break on the Red River, we completed our 28 kilometres, and we actually had to go back and complete half a kilometre at Netley Creek. We finished that project about a week ago. It was really, really hard ice. The concern was that that ice would drift across the mount of Netley Creek and there would really be some issues on the creek," he said. "That area between the mount of Netley Creek and Netley Lake is crucial. That's where all this ice ends up going and until that water and ice can make its way into Netley Lake there's always a risk of ice jam flooding on the Red River."





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Every year, the weather conditions surprise the outcomes of the flood. Kupchik explained that this time we are dealing with a high risk of flooding in the States and a lot of thick ice on the river — a frazil ice with a lot of debris incorporated into it, and a lot of things that come into play this year. He commented that these characteristics are similar to a lot of previous scenarios where the Red River had significant flooding.

"The thing that makes this unpredictable for us in this area are the potential for ice jams. The City of Selkirk is fairly high, there's a lot of diking along the Red River that's been completed by the province. The unique thing here is that an ice jam is not really at normal water level. You can have normally high levels, upstream of an ice jam that can exceed the last known high water level. So what's important that people along the Red River are watching what's happening and are prepared to react should water levels come up."



### Late snowfall fun in St. Andrews



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### RECORD PHOTOS BY BRETT MITCHELL

Another jolt of winter arrived last Friday morning and gave kids a distraction while they are home. Conor and Tilly Evans blasted snowballs at their big brother Josh, after making snow angels in their home in St. Andrews on Friday

## Honouring Manitoba's farmers past and present

Project is looking for farmers to share their stories

#### By Katelyn Boulanger

The Manitoba Agricultural Museum is looking for farmers from all over Manitoba to share their stories of the provinces' agricultural heritage.

They are looking for stories about farmers' present lives, their ancestors' tales, and also what is planned for the future generations of farmers.

"The project is two-fold. On one hand we are collecting our stories and building our collection with the voices of farmers, which is really what the project is aiming for. On the other hand, we are planning to create an exhibit, we had been planning it for May but of course we don't really know when it's going to open at this point, but that's really the angle, to create an exhibit with those materials," said Anaïs Biernat, executive director and curator of the Manitoba Agricultural

This project has been created as part of Manitoba's Celebrate 150 program which aims to promote the province's natural beauty, bringing Manitobans

together, experiencing Manitoba's culture and exploring Manitoba's his-

"The idea is to create an exhibit that is very visual, to focus on the portraits of the farmers and their voices. We are moving away from the voice of the museum as we often see in exhibits [in favour of] giving first hand real stories from the farmers themselves," said Biernat.

Farmers are being asked to choose what they feel is important to highlight about their journeys and what they would like incorporated into the museum.

"The idea is to have both the heritage of farming in Manitoba, but also the realities of farming today because they both contribute to Manitoba's identity," said Biernat.

She feels that farmers' stories are important to cultural heritage because it's essential to the construction of Manitoba's identity — having seen immigration by populations from the Eastern provinces and overseas to the area in the 19th century for the purpose of farm-

ing.
"There is also the idea of a conversation on the focus today between populations that are more and more removed from farming, but farmers that are a big part of society and making up of the province even today," said Biernat.

After the exhibit the stories will be kept in the museum's collection for potential future projects and school programs.

"We are still hoping that we can hold a physical exhibit at the Manitoba

Agricultural Museum. We've delayed it probably until July but hopefully by then we will be able to show it. Otherwise, we are considering the option of delaying it a little bit longer or in the meantime having an online component and hoping to have it onsite at some point," said Biernat.

She encourages residents to participate in this opportunity.

"It gives you an opportunity to have

WE ARE MOVING AWAY FROM THE VOICE OF THE MUSEUM... IN FAVOUR OF **GIVING FIRST** HAND REAL STORIES FROM THE FARMERS THEMSELVES. - BIERNAT

a voice and that you can share it without too much editing and without the agenda that you can have sometimes from the press or politician or whatever. It's all about having that voice which you can share with the general public. Of course, we have a base that is related to farming, but we also want to reach out to people that may not be related to farming as much," said Biernat.

Residents can participate by submitting their stories by email

to farmers@mbagmuseum.ca or in the mail to the Manitoba Agricultural Museum Box 10, Austin, MB, R0H 0C0 by April 15. The participation form can be found at mbagmuseum.ca/farmersofmanitoba and more information about the project can be found at the museum website, mbagmuseum. ca or by phoning the museum at 204-637-2354.







Given the COVID-19 pandemic, and the Government of Manitoba's prohibition on gatherings of more than 50 people, Red River Co-op will be rescheduling their Annual General Meeting, originally scheduled for April 23, 2020. No rescheduled date has been set, but notices will be posted when a new date is set.

The postponement does not affect the election results for the board of directors. The results of this election will be communicated to members and candidates at the postponed AGM. The current members of the board of directors will continue to serve in their roles until the completion of the AGM on its rescheduled date.

All members can still vote for their board either online or by-mail by 4:00 PM April 13, 2020. Instructions are included in their mailed member packages.

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# Dealing with challenges on the island

Hi gang, how's it going?

Boy, this staying at home because of the virus is a little tough on all of us outdoor people but it is the wise thing to do. The fishing stories I am about to pass along this week and next comes to us complements of Dan and Marilyn Gagnon from Portage La Prairie. Incidentally they are not related to Larry Gagnon who I wrote about a few weeks ago.

Originally, I saw Dan and Marilyn's fishing stories as fairly long but when I looked at them more closely, I realized that to give them the treatment they deserved, I should present it in two parts. Here is how meeting the Gagnon's and their stories came about.

The heavily overcast afternoon made the ruts and trails in the snow on the ice of Lake Winnipeg hard to make out. Old Red rocked along headed for the vast middle of the south basin at my insistent urging of the gas pedal. Far out I could see white pinpoints of vehicle headlights coming toward me. As the headlights came closer I happened to be by a patch of ice with no snow. I pulled off the trail to let the oncoming fishers pass. They came abreast of me and I waved in silent greeting as most folks on the ice do which caused the chap in the truck to stop beside me. He smiled as we lowered our windows. "How was the fishing?" I called out. "Didn't catch a thing all day but that's ok, we enjoy the sport fishing life," came the response from the pleasant faced driver sporting a white goatee.

"Is this your favorite place to fish?" I asked. "Actually we like to fish all over,"he said. Looking over at the lady sitting beside him he added,"I'm Dan Gagnon and this is my wife Marilyn."

"Well if you think of an unusual fishing experience you had, here's my card", I said, "Contact me and I'll put your story together for the papers."

We parted company and after only a few days I got this wonderful story and some pictures from him that now becomes my pleasure to share with you.

Our new friends decided a few summers ago to go fishing in Lake of the Woods by the small island of Devil's Gap. They hired a guide, Carl Holmes, and soon found themselves in his boat on a calm, early morning casting into the smooth waters. Almost immediately Carl got a strike. The true sportsman and gracious guide that he was, he handed the rod to Marilyn saying, "Here's your chance to haul in a monster!"

Though not the strongest person in the world, Marilyn was ready for this challenge! Sitting sideways on the boat bench seat she put the handle of the rod between the seat and under her leg. She used one hand to work the crank of the reel and with the other slid it up on the rod for greater hauling power. The fish tried to dive but Marilyn was just strong enough to keep it close to the surface with the heavy duty rod and reel. The trio could see the fish just under the surface swimming sideways, rolling, trying to free itself from the hook. Marilyn watched the fish and as soon as it swam a little closer to the boat, she would reel in quickly.

Marilyn's hands slowly became weaker and time after time the fish was able to dive only to come up close to the boat. Finally the last time it came up almost against the boat Carl deftly leaned over the side, netted and landed it. They caught a few smaller eaters but as the sun became high and hot overhead, they started the boat and made for the Devil's Gap shore for lunch.

"How's chances of catching a musky?" Dan shouted to Carl over



**RECORD PHOTO SUBMITTED** Marilyn and Dan Gagnon with her catch from Devil's Gap in Lake of the Woods.

the whine of the boat motor as they drove toward the island. "They're tricky," Carl shouted, "If you catch one while we're here you'll be lucky." Carl cut the motor as the bow of the boat scraped up onto the rocky shore. Throwing their legs over the side of the boat they carried food supplies onto firm grass.

Over the year's anglers had left picnic tables, old chairs and barbeques on the islands beach. They would now serve Carl, Marilyn and Dan as picnic furniture. Marilyn offered to set out the meal. Carl smiled, he was up for a little fishing of his own. He opened a small box and drew out a collapsible rod and reel. He put it together, clipped a lure on the line and walked over to a part of the beach with bulrushes and weeds. He cast quickly flicking his rod side-arm style sending his lure to an exact spot his eyes were glued on. That's it for this week my friends. Join me again next time when we will marvel at Dan's technique as he battles a huge musky.

Stay safe my friends, bye for now.

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## Selkirk Biz helps businesses to get the word out

New Facebook page allows businesses to reach residents and each other

#### By Katelyn Boulanger

Social distancing and emergency measures in response to COVID-19 have caused businesses in the community to have to adapt and so has Selkirk Biz's support of these busi-

In their efforts to help businesses thrive in Selkirk, St. Clements. St. Andrews and West. St. Paul, the Selkirk Biz has created a Facebook page— Selkirk & Region Business Updates -COVID 19—open to all businesses so that they can let residents know how their services have changed.

"I think everybody has been scram-

bling and everybody has been reaching out for guidance and looking for information about how to proceed. Everything is changing so quickly and we're very fortunate that we have a very hard working organization working on behalf of businesses in this province to pull together information to make it readily available. The Manitoba Chamber has been pulling information and making it readily available and sharing it with the provincial networks," said Sheri Skalesky, executive director of the Selkirk Biz.

Skalesky is then able to pass that information down to her membership, however, she wanted to do more for the businesses in the community who are having to accommodate so many changes in such a short time.

"Working for my community as a whole, having that Facebook group I think is vital because most people are relying on what information that they can get a hold of through the internet, so my hope is to get as many businesses posting their information to this group and then everybody is able to access it and find out the information that they need," said Skalesky.

She hopes that this will be a onestop shop for residents to find out what businesses, including those who are not part of the Selkirk Biz, are up to as this group is open to all businesses in the community who would like to participate.

"With everything that is on with social media right now, sometimes it's hard to know what is truth and what isn't truth and maybe it's old information that you're looking at, and I just wanted something that would be updated by the businesses themselves because they are the ones that best know what they are doing," said Skalesky.

This Facebook page has also become a way that businesses can share resources and information with other businesses, like links from government agencies that can provide assistance to businesses and the public, as well as details from the news releases from the government with regards to any changes that may be coming in the future.

"[In the future] and I don't even know when this might be. I think that this could be something that we continue using just as a general place for business to promote and people to find out what's available in our local trading area. I think that it has a life beyond this, though right now it is very focused on what's going on right now with the current state of our health and all the regulations that are coming out because of that," said Skalesky.

Continued on page 8

### Got it, give it



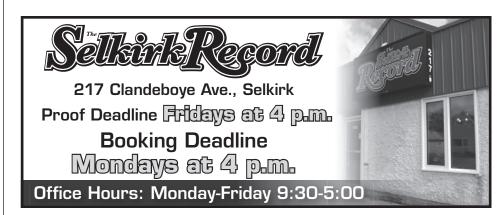
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A box has been placed by the mailboxes on First St., in Selkirk, allowing residents to give and receive food while social distancing. Jeannie Red Eagle said that the idea came out of a meeting she had with Selkirk Harm Reduction, Do It Better Do it Safer Network.

"As a person who has previously relied on Food Banks. I can relate to how individuals and families in Selkirk and the Interlake region must be feeling. Sharing the little excess my family has with my neighbours is one small way I can help. I would also encourage others to do likewise in their own neighbourhoods. This is a safe and convenient way to help those who might be experiencing food security issues. Another wonderful way to give support is to contact the Selkirk Food Bank as donations are needed in order for them to open their doors for the community who have come to rely on them," said Red Eagle.

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## Small businesses speak about COVID-19 impact

Amid many changes, area restaurants have had to adapt to changing circumstances

#### By Katelyn Boulanger

Owners of Roxi's and the Riverboat in Selkirk, and Gaffer's in Lockport, spoke about how they are adapting while regulations placed have changed their businesses and what their needs are from various levels of government.

"We're trying to adapt to the situation. It's going to take time, even if we were putting lots of ads in the paper, it would take a few weeks before people get the idea that we're doing this," said Doug Poirier, owner of the Riverboat.

The Riverboat is currently providing take-out service and started accepting delivery orders while their dining room is closed.

Gaffers is still maintaining its takeout and delivery services but with the public health order announcement on March 30, had to close the area of its restaurant which had been adjusted to accommodate social distancing.

"We're open four hours a day from 4 to 8 p.m., and we're providing a takeout menu for both prepared meals, as well as some items that we have created that are pre-made and frozen. There are items that are ready to reheat. We're presently working on creating a few more items on the hot side that might be able to address family needs, for example a whole chicken with mashed potato and a vegetable to be served for a family of four. We're looking for things like that which can help to fill the void for people that either don't want to cook or don't have all the things to cook. It provides them with some options," said David Truthwaite, owner of Gaffer's Restaurant.

Roxi's restaurant is providing takeout service and delivery services through Dash Delivers and has adapted their fresh desserts to be individually packaged so that patrons can come in and grab what they would like more easily.

"It's been an adjustment in the kitchen making smaller amounts of food. So it's still the same amount of work [for employees] but they are having to cut down and make things in order

so that we can keep things fresh and up to date, so that's a challenge. We want to provide everything that we used to provide," said Roxi Boheimer, co-owner of Roxi's Uptown Café.

All three businesses have been

adjusting to new requirements while keeping their doors open.

"Our government is trying to help us but how that's going to be I don't know. No matter how you look at it we all have rent to pay hydro, gas, bills to pay whether you're in business or at home. This is difficult to families. It's a stressful time," said Poirier.

Truthwaite believes that one way the levels of government could help small businesses that own their own properties is by lessening property taxes in the months that everyone is coping with COVID-19.

"I think there needs to be some discussion on the property tax payments requirements. În our jurisdiction, we pay at the end of October every year but the environment we're in as we speak there are a lot of businesses that have no value. Their buildings are unable to generate any value at all. So I think that discussion needs to get underway as to how the municipal and provincial levels of government can reduce the property taxes and I don't mean defer but I mean remove a percentage of the property taxes based on the percentage of the year that this pandemic is affecting everybody's ability to do business," said Truthwaite.

Boheimer's says that she is concerned with how to long people will have to stay at home but is hopeful that her business will persevere through this.

Poirier's biggest concern is keeping the business going so that his employees will have something to come back to.

"There isn't just rent when you own a business there are a bunch of hidden costs besides paying your employees and paying your bills. Everybody needs to get paid. The silver lining if there is any is that everybody is trying to work together. There isn't any head butting going on here," said Poirier.

Truthwaite suggests that other small business owners continue to use the efficiencies that they learn going through COVID-19 into the future so that the profit margin can be better to pay down the debt that is building up.

"Once the profit starts to come in [for your business] you need to put some of that into a reserve for times like this. It's very important," said Linda Boheimer, co-owner of Roxi's Uptown Café

All three businesses have had to lay off staff amid this unprecedented situation but all three are wanting to get their employees back in the business as soon as it is safe to do so.

"We're trying to keep some people working to do our part to keep the economy running and providing a food service to the community as well and we're just waiting and watching daily to see how things are changing and we'll adapt to the next change and the next change," said Truthwaite.



She feels that it's very important that businesses, even those that can't provide their services currently, should do their best to connect with their customers in whatever way that they can as reminding people that they are in the community is very important.

"[Residents that want to support local businesses should check out our Facebook group to see what businesses are posting in there. There's also other sources where folks can find out information like the City of Selkirk webpage has a spot dedicated to businesses that are providing special services right now and also staying in touch. If there's anything that I can do for the public, if they are looking for a particular product or service, I definitely have a vast network and am able to reach out and get information for them. I think the public can still access certain things we just have to go about it a completely different way," said Skalesky.

Check the new group by searching Selkirk & Region Business Updates - COVID 19 on Facebook.





# Selkirk's Masonic Lodge gets a renovation

Masonic Lodge takes on new path as homes for residents

#### By Katelyn Boulanger

Selkirk's former Masonic Lodge located at 209 Eaton Ave. has been renovated into a new apartment building featuring seven new suites.

The suites have been available since March 1 and the apartment is now nearly full.

"We bought the lodge from the Masons, I guess it's coming on to about 15 months ago. They obviously had variable membership and the property was probably worth more than having a place to have their meetings and again their membership was dwindling so they decided to sell it. We, on the premise that we turn it into apartments, purchased it," said Andy Meyer, owner of Arpin Meyer Construction, the company that renovated the building.

Throughout the renovation process, masons visited the site to view the construction process to see the changes that were being made.

"The Lisgar Lodge is what they called it and we didn't want to call it the Masonic apartments because we thought that they may not like that, so we decided to call it the Lisgar Apartments in honour of their chapter," said Meyer.

The building is now over 100 years old and part of Selkirk's history, so Meyer didn't want to see the building torn down.

"They still had meetings up until the time when we took possession of it because when we viewed the building it was still full of all of the Masonic stuff and the things that they use for their ceremonies and their meetings. When we purchased it they obviously had taken everything out," said Meyer.

He says that when his company came to do the renovations he found that the building had been constructed with care and precision.

"Not surprisingly, they were Masons, the building was superior quality in it's construction. Everything was super straight. Everything is over engineered, over built. They took pride in their work and it was their calling and obviously the building was done very well," said Meyer.

He thought that having seven apartments in the building would fit the needs of the community with residents now looking for smaller houses and smaller suites to live in.

"We have seven suites, four upstairs and three downstairs. They're little bachelors. Some have a bedroom and





some don't have a bedroom. We just thought that there was a need for that in Selkirk. They are more upscale bachelor suites and of course fully renovated. We had to build a build-



**RECORD PHOTOS SUBMITTED** 

Photos of the newly renovated interiors of the Lisgar Apartments.

ing in the building because the walls were there so we just had to construct a new building inside to create the new apartments," said Meyer.

He says that the Mason's only request was should there be a time capsule found from the original Masons in the renovation that it be returned to

them but because so little work had to be done to the structure of the building the original time capsule is still inside the building.

"It looks cool. It has great curb appeal and I think that people that live there will think it's really cool living in a former Mason's lodge," said Meyer.

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## Inclusion Selkirk seeking essential worker status

Accessibility Manitoba is asking residents to sign petition to help maintain services for people with disabilities

#### By Katelyn Boulanger

Inclusion Selkirk and Accessibility Manitoba are asking residents to sign a petition on Change.org to insure staff providing critical supports to adults with intellectual disabilities across Manitoba have essential worker status, which they do not currently have.

"Within our residential homes, our staff provides all types of daily support. The supports change depending on the needs of the people in the homes. So for some people it's as simple as assisting with budgeting and finances and for others it's 24hour care, assisting with things like routines, supports with things like bathing, medication administration, general household supports, cooking, and cleaning. There are many things that our staff do but for many people we're the thing that keeps people safe in their home and in their community having people to manage and support [them] in the things that [they] need and the daily tasks that need to be completed," said Maria Freeman Executive Director at Inclusion Selkirk.

Inclusion Selkirk has closed their office location and day program due to COVID-19 but continues to provide this support to 13 homes in the community where people with disabilities live.

"Some of the people that we support are fed by tube feeding, so staff are trained in those things. So you know, you need a trained staff force that's in place. Staff have to take lift and transfer training to assist people that have mobility issues. We have a staff team that we've invested in having the training that they need and it's essential that they continue to get to work so that we can provide the resources so that people can still have a good quality of care and live a life while going through this pandemic," said Freeman.

The staff that had been responsible for providing support for the day program have now been reassigned to support these homes in the community so that people who live there who are immune compromised do not have to leave to do things like grocery shop or run errands.

"If we hit a provincial lockdown where people are not supposed to leave unless they are an essential worker we would not have the people to be able to cover the shifts for the people that need the support. We would then have to figure out how we would relieve the staff that are on shift if nobody can leave their homes to get to those locations. We are a sector that is often forgotten about in these situations because we are community based as oppose to being an institution," said Freeman.

Abilities Manitoba has taken on the task of contacting members of the provincial government who are responsible for the essential worker status certification that Inclusion Selkirk's employees as well as other similar organizations in the province would need to keep working.

"From what I understand [essential worker's status] is a designation that's only given to government employees and it takes more than one department within the government to get it in place. We don't feel very confident that we will be able to get the essential worker's status with the emergency situation that we're in but we do see the potential to be listed as an essential service. That's an important

distinction and it's not sustained but if our premier announces the closure of all non-essential services we would have to be on that list of essential," said Margo Powell, Executive Director of Abilities Manitoba.

When Ontario declared a halt to all non-essential services in the province, residents who work with people with developmental and intellectual disabilities were included in their list of essential service workers.

Powell has been in contact with the Minister of Families advocating for these service to be included on the list.

"All we're looking for is getting the public support so that we can get the attention of government on this and to make sure that it's an essential service. From our local government officials, when the state of emergency was declared, Dr. Alan Lagimodiere called us to see if there was anything that we needed or any supplies we were short on. We see it from a local perspective that they are thinking of us and supporting us but we need to make sure that from a provincial side that this is paid attention to," said Freeman.

To sign the petition visit change.org and search for 'Essential Worker status for DSP's' to find the correct webpage.

## Petersfield Farmer's Market set to open for mid-May

While other events in communities have been cancelled, the farmers market is holding out hope

#### By Katelyn Boulanger

The Petersfield farmers market is still aiming to be open in May, weather dependant, and is accepting vendors who would like to sell their wares at the event.

"I'm hoping that this all subsides by then and tentatively am hoping to be open by then. I'm tentatively hoping to be open by May 15," said Holly Olafson, the Petersfield farmer's market's event coordinator and owner of Envisioned Events by Holly.

Olafson also coordinates farmers market events in Gimli at the Minerva Hall every Friday starting in May, Stonewall at the Red Barn which will run on Thursdays starting in May, and in Stony Mountain at the Recreation Complex which runs every second weekend starting June 7.

"My vendors are really, really hurt-

ing because of this (crisis) I've had other markets that I've had to postpone because of the virus. Everybody's hurting so everybody's hoping that things can go ahead for May 15," said Olafson.

This will be Olafson's first year coordinating this event in Petersfield though the farmers market itself has run in the town for many years.

While residents are social distancing in response to COVID-19, Olafson has created some online resources for farmers market vendors.

"Right now for my vendors I'm setting up groups online that they can join and sell their products. I'm just trying to help them as much as I can," said Olafson.

This digital farmers market group is located on Facebook and called Mini Mall Sale.

"What I did was I invite vendors to post on there and actually it's good. They're getting orders. You've got Sunset Gourmet, you've got Epicure, and you've got the bakers that are willing to drop off [baked goods] on your doorstep," said Olafson.

Vendors at the physical Petersfield farmers market vary in what they sell from Tupperware to baking to fresh vegetables, honey, jams and crafts.

"It's a little bit of everything. It's awesome actually," said Olafson.

She feels that the benefit of having farmers markets in our communities is that they allow residents to get access to products that might not be available in their communities and brings more people into communities in order to shop at all local businesses.

"It's a benefit for the community and a benefit for the vendors," said Olafson

MY VENDORS
ARE REALLY, REALLY HURTING
BECAUSE OF
THIS (CRISIS).

- OLAFSON

She also says that vendors benefit by being out in the community.

"You're there. You aren't online. You aren't sitting at home trying to sell online. You're there and (customers) see you product. (Vendors) can give (customers) the spiel about their product. They tell [customers] what they need to know and they sell," said Olafson.

Vendors have the option to pre-pay for the season or pay a one-time fee of \$25 for a table.

The Mini Mall Sale Facebook page can be located at facebook.com/groups/858896487910307/ and more information about all the area farmers markets can be found on the Envisioned Events by Holly Facebook page at facebook.com/envisionedeventsbyholly/

# get inspire





Dear Money Lady, I was planning on starting a new business venture just before this Coronavirus started - I am glad I didn't, but should I consider doing it after. I know it is risky, but I am tired of my regular routine and need a change. I am 52 this year - is that too old to start a new career?

**Julie** 

Starting a "New Business Venture

Good for you - I am glad to see you challenging yourself for more. Many people never do this and never think about what their defining moment is in their life? Everyone will have at least one - "a ha" moment, where they finally say, okay I am going to change. I'm going to go in a different direction, make a difference and aspire for more. So, what is yours? This Coronavirus has forced most of us to stop, slow down, and shall I dare say, "smell the roses!"

There are so many abundant choices and personal opportunities out there for all of us and we need to build out our existing plans of our future and become engaged and purposeful. Consider going deeper with your thoughts and ideas. Drop your negative beliefs that have always held you back and stop selling your self short. You really can do anything you set your mind to. When looking at starting a business – best to wait and see how the market recovers from the CO-

### Askthe Money Lady.ca

VID-19 pandemic. We anticipate a lot of pent-up demand, but I must caution you to go slowly and ensure you have a well thought out business plan. Talk to your banker and see what options are available to assist you in funding your new venture. Rates are now as low as they were after the 2008 Financial Crisis and there seems to be a big push with all the Tier One banks to expand their small business platform. I have seen TD, BMO and RBC all recently increasing their commercial lending opportunities.

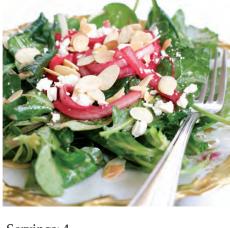
Remember, successful people fill their mind with all the ways that they can get what they want. Let's start doing that and no giving up this time. Keep going Julie, believe you can, like yourself for making a change, and discard the inevitable setbacks and obstacles that you will have to overcome in your new journey. Just keep persisting until you succeed. You can go in a different direction, change your life, begin again. Just make a difference. It is often just a mind shift to believing that YOU CAN!

Good Luck and Best Wishes, Money Lady

Written by Christine Ibbotson, Author of two new books, "Don't Panic - How to Manage your Finances

and Financial Anxieties During and After the Coronavirus" and "How to Retire Debt Free & Wealthy" available at all bookstores across Canada. If you have a money question, please email on website: www.askthemoneylady.ca





Servings: 4 Raspberry Vinegar: 1 cup frozen raspberries 2 cups vinegar

Raspberry Pickled Onions: 1/2 cup Raspberry Vinegar

- 1 teaspoon olive oil
- 2 tablespoons sugar
- 2 teaspoons kosher salt
- 1 pound sweet onions, peeled and julienned
- 1 cup frozen raspberries, partially thawed

Raspberry Vinaigrette:

- 1 cup Raspberry Vinegar
- 1 teaspoon fresh shallot, peeled and minced
- 2 teaspoons Dijon mustard
- 1/2 tablespoon honey
- 1/2 teaspoon kosher salt
- 3/4 cup olive oil

dried

Spinach and Frisee Salad: 8 ounces baby spinach, cleaned and

- 8 ounces frisee lettuce, cleaned, dried and torn
- 2 ounces Raspberry Vinaigrette
- 6 ounces Raspberry Pickled Onions
- 2 ounces feta cheese, crumbled

### **Spinach and Frisee Salad with Raspberry Pickled Onions and Raspberry Vinaigrette**

2 ounces almonds, slivered and toasted To make Raspberry Vinegar: In clean glass container, combine frozen raspberries and vinegar; cover tightly. Refrigerate 3-7 days prior to use. Pour vinegar through fine strainer or cheesecloth-lined strainer into clean glass container. Cover container tightly and store in refrigerator. Discard raspberries.

To make Raspberry Pickled Onions: In medium, non-reactive container, combine Raspberry Vinegar, oil, sugar and salt. Stir to dissolve sugar. Add onions and raspberries. Toss well to blend and coat onions.

To make Raspberry Vinaigrette: In blender, combine Raspberry Vinegar, shallot, Dijon mustard, honey and salt. With motor running, slowly add oil in steady stream. Reserve remaining Raspberry Vinegar.

Once blended, pour Raspberry Vinaigrette into clean, non-reactive container; cover and reserve in refrigerator until ready to use.

To make Spinach and Frisee Salad: In medium mixing bowl, combine spinach and lettuce. Add Raspberry Vinaigrette and toss well to coat.

Plate 4 ounces mixed greens. Top mixed greens with 1 1/2 ounces Raspberry Pickled Onions, 1/2 ounce feta cheese crumbles and 1/2 ounce toasted almonds. Repeat with remaining greens, Raspberry Pickled Onions, feta cheese crumbles and toasted almonds.







# MMJHL is as strong as ever after 50 years

**By Brian Bowman** 

The Manitoba Major Junior Hockey League celebrated its 50th anniversary this past season.

And they expect to be around much, much longer.

The 10-team league - which includes the Stonewall Jets - is as strong as ever.

"When you look back at the history and the pioneers that got us to where we are it's amazing how the league has lasted 50 years," said MMJHL president Kerry Lines last Friday afternoon. "We're probably as strong as we have ever been. Ownership is strong and the competitive balance (is good). We're liking the future, that's for sure."

There was a lot of parity in the league this past season. Any team could beat another on any given night.

In fact, just 13 points separated six teams in the middle of the standings.

"I look at (last place) River East, and they have struggled the last couple of years but they have a young core and the games that they are losing, they are losing in a lot of cases by one goal against some pretty competitive teams," Lines noted.

The quality of play in the MMJHL is also as good as it's ever been.



**RECORD FILE PHOTO BY LANA MEIER** 

The Stonewall Jets are members of the 10-team Manitoba Major Junior Hockey League.

"It's very fast, not what it used to be," Lines said. "It's not as rough and tumble but there's still strong play along the boards and it's very fast. It's been fun to sit back and watch this thing develop over the last number of years to more of a speed game."

The league allows players to play close to home while juggling university or starting a career. Many players choose the MMJHL over having to move away from home to play Junior "A" hockey.

Like all of the other leagues in Can-

ada, the MMJHL was not able to complete its season due to Hockey Canada's decision to cancel all leagues last month due to the coronavirus pandemic.

"The night it happened, I was travelling in the states and I gave the green light for the game to happen on the Thursday night," Lines recalled. "Fans were in the building, players on both teams had taken the pre-game warmup, and then Hockey Manitoba through Hockey Canada (shut it down). It was not so much us, but it

was the officials that first got notified and you obviously can't play without officials."

The decision by Hockey Canada proved to be the right one as the coronavirus has spread across the world.

"At the beginning, I think there was a little bit of hope that it would be a pause like the NHL," Lines said. "Day by day, you can see the devastation in the community, not just here but right across Canada and the world. "We would have liked to continue but on the other hand we have to be socially responsible in doing what's right in our community to make sure our teams and fans and those that support us are safe and their families are safe.

"That was totally the right decision as we look back and all we can do is look forward to what's coming up next year."

A lot of individuals do a lot of great things to keep this league strong.

"I want to thank our fan base and our sponsors that have supported us all year," Lines said. "It's unfortunate what's going on in the world today but we'll come back stronger for it next year. A big thank you, not only to the fans and sponsors, but the volunteers in all of the communities that make this league as great as it is."

## Schwartz named Bison men's volleyball MVP

Staff

Owen Schwartz, had a great season for the University of Manitoba Bison men's volleyball team this past season

And he was rewarded for his efforts by being named the team's most valuable player.

The Faculty of Kinesiology and Recreation Management student averaged 2.17 kills per set from the left side, second on the team, while hitting .239.

Besides those offensive numbers,

Schwartz turned heads with outstanding defence up front and in the back row, leading Manitoba with 140 digs and 16 solo blocks, while finishing third on the team with 42 total blocks.

With those numbers, Schwartz helped lead the Herd to second in Canada West in digs per set and third in blocks per set.

The St. Clements' product played in every match for the Bisons. This is the first time Schwartz has been named the men's volleyball team MVP.

"This MVP has excelled as a team

player and leader both on and off the court," said head coach Garth Pischke on the Bisons' website. "His value to the team is summed up in the fact that he excels in all aspects of the game. His volleyball IQ is as good as any player I have ever coached at the University of Manitoba in my 38 years as head coach.

"He prides himself on always giving his best effort. This was very evident in matches that were not going our way. He always fought for every point until the final result was determined."



Owen Schwartz named MVP

## Baseball Manitoba continues to work towards governing a season

**Submitted by Baseball Manitoba** 

As we navigate these unprecedented times, please know that Baseball Manitoba continues to work towards governing a baseball season, in some format, in 2020. All potential start dates and season lengths are being considered. Staff and volunteers remain hopeful that baseball will be played, and memorable experiences will be made this season. It is too early to tell when this may happen, so we are purposely not giving any target

dates or timelines at this time.

Baseball Manitoba has made the difficult decision to cease operations related to online registration through RAMP Interactive and player training programs – including all virtual or online training for players.

As of last Friday, RAMP Interactive online registrations have been closed and the deadline for registration (normally May 15) has been postponed. A new deadline will be provided.

Also as of last Friday, members will not be covered for accidental claims under our third-party liability insurance program. This is not a permanent decision - insurance will be provided to our members when a baseball season resumes.

Please note that Baseball Manitoba may continue to post (on their website and social media) baseball-related drills or activities for baseball players and coaches to use, if they wish. If people choose to do those activities, it will be at their own risk. Also, in conjunction with Baseball Canada, Baseball Manitoba may be operating NCCP (coach) and NOCP (umpire) virtual clinics to prepare coaches and umpires for a season in 2020. More information will be communicated about these programs as they become available. Baseball Manitoba appreciates all efforts and continued patience from the baseball community.

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#### UPCOMING EVENTS

Grand Marais Rec Assoc.. 90 Matilda Ave. Town Meeting, evervone is welcome. Wednesday, April 15th at 7 p.m. to discuss the future of the Grand Marais Rec Centre.

Grand Marais Rec Assoc., 90 Matilda Ave. Elections/AGM April 16th, 2020 at 7:30 p.m. Positions to be voted on: President, Vice President, Treasurer, each position is a 2 year term, all are volunteer positions, \*valid 2020 memberships are required to vote

#### UKRAINIAN CATHOLIC CHURCH SERVICE

The Parishioners of the Ukrainian Catholic Church the Holy Eucharist, Selkirk, Blessed Virgin Mary, East Selkirk, Holy Trinity, Gonor, Saint John, Poplar Park. With our churches closed due to the Coronavirus, no Holy week and Resurrection (Easter) services will be celebrated with the faithful in attendance. However, your clergy celebrate privately the Divine Liturgy and prayers that God may protect you and the community from Covid-19 and grant you good health.

For those who have internet, you can watch the Good Friday and Easter Resurrection Services from many of our Ukrainian Catholic Churches in Winnipeg.

Those who have no internet service may listen to the Easter Sunday Resurrection Service, April 12 and 19 at 10:30 A.M. on CKDM Dauphin, 730 AM

Easter food will be blessed "electronically" at the completion of the Divine Liturgy and you may sprinkle the food with any Holy water at the same time. Let us all celebrate with joy the greatest Feast of Feasts, "Easter".

To all the Parishioners, to your families and to the communities you live in, on behalf of our Metropolitan, Most Rev. Archbishop Lawrence

His Grace Most Rev. Archbishop Stefan, all the church committees, and your Pastor Rev. Father Peter W. Chorney, may we extend to you our wishes for a blessed and Happy Easter. To those who are sick, depressed, infirm or in mourning and sorrow, "may the Risen Christ in His mercy and compassion comfort you."

We pray, "O Lord God ", protect all against the ravages of illness. Stop the advance of Covid-19 that threatens the human family. We pray for the intercession of your Blessed Mother, Refuge of the sick and in the name of the Risen Christ,

CHRIST IS RISEN! INDEED, HE IS RISEN!

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\*Due to the Covid-19 Pandemic there will be no open houses. We are still offering private viewings with safety protocols in place. If you have any questions, concerns, or need advice and support regarding buying or selling your home, property, or business at this time, please give us a call. We are here to help!



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#### **OBITUARY**

#### Mabel Ruth Belanger (nee McRae)

It is with great sadness that I announce the passing of my mom, Mabel Belanger, daughter of Norman and Barbara McRae on Sunday, April 5, 2020. She was predeceased by her husband, Georges (JoJo) in 2005.

Mom leaves to mourn her daughter, Ginny Belanger; granddaughter Vanessa Davidson (Kyle and Gunnar); grandson John Sobkovich (Teresa, Joshua, Dylan, and Mason); brother Brian McRae; sisters Murial McRae, and Dianne Bow; As well as sisters-in-law Merilda Belanger, Marie Lavallee, Harriette Beaudry, Alice Belanger and Lorraine Belanger, beloved niece Jackie Pearse, and many nieces and nephews.

Mom met Dad when she was 15 at the teen canteen in Selkirk. They married in 1951 and spent 53 wonderful years sharing special events with family, friends, and neighbors. They travelled

and made great memories all along the way.

I wish to thank the staff of Red River Place for their loving care. In lieu of flowers please make a donation to a charity of your choice.

A mass will be held at a later date. Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.











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Can't believe you're really gone,

Till the day we meet again

They say time heals, not sure on that

ANNOUNCEMENT **IN MEMORIAM** 

> Jeff Nazimek April 6 2013

#### **ANNOUNCEMENT IN MEMORIAM**



In Loving Memory of Patricia (Tedi) Wozny March 15, 1940 - April 7, 2019

We think of you in silence, We often speak your name; But all we have are memories, And your picture in a frame. It broke our hearts to lose you, But you did not go alone; For part of us went with you, The day God called you home.

-Love you forever and always, your husband Walter

#### ANNOUNCEMENT

#### IN MEMORIAM

In Loving Memory of Walter Starodub

who passed away April 14, 2005 His smiling and pleasant face, Are a pleasure to recall; He had kindly words for each, And died beloved by all. Someday we hope to meet him, Someday we know not when; To clasp his hand in a better land, Never to part again.

-Loving and missing you, your family

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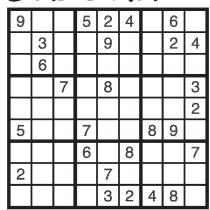
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Sudoku Answer



**Crossword Answer** 

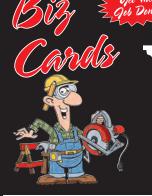
### CROSSWORD

#### **CLUES ACROSS**

- 1. Canadian law enforcers
- 5. Actor Idris
- 9. Cut or bruise
- 11. Vegetables
- 13. Aircraft delivery 15. To make obsolete
- 16. Things similar to those
- already noted 17. Columbus is a famous one
- 19. Age group
- 21. Denotes nature of sound
- 22. Klutz
- 23. Uninteresting
- 25. Computer manufacturer
- 26. 2,000 lbs.
- 27. Genus of seabirds
- 29. Emerges
- 31. Baseball stat
- 33. Witnesses 34. Observed
- 36. Satisfy
- 38. Former OSS
- 39. Small Eurasian deer
- 41. Wife of Sparta's king
- 43. Ballplayer accessory 44. Temporary cessation of
- breathing 46. Where construction workers
- ply their trade 48. Arguments that justify a
- religious doctrine
- 52. Thick cloud of tiny water droplets
- 53. Widens
- 54. Detection
- 56. Period of inactivity
- 57. Tomato and vodka are two
- 58. Greek war god
- 59. Urinates

- **CLUES DOWN** 26. Produce male reproductive
- 1. Churned
- 2. Seal bottles
- 3. Million barrels per day (abbr.)
- 4. Meat from a pig (French) 5. Within
- 6. Walk in a slow pace 7. Cries
- 8. About Andes
- 9. Fishermen use it 10. Expresses delight
- 11. Shouts
- 12. Feudal agricultural laborer
- 14. Sailboat
- 15. Small Eurasian willows
- 18. S. American native people
- 20. Extreme disgust
- 24. Nonsense (slang)

- 28. Computes
- 30. Pop singer 32. Weds secretly
- 34. Having two poles
- 35. Yankee hero Bucky
- 37. Building
- 38. Per \_\_\_, each
- 40. Six (Spanish) 42. Makes amends
- 43. Scoundrels
- 45. Baseball's best pitchers 47. Some are scrambled
- 49. Fmit coherent radiation
- 50. Singer Redding
- 51. Break
- 55. Institute legal proceedings against



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