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Beaver Bus to put brakes on Selkirk's weekly service July 1

By Dave Baxter

The Beaver Bus Lines Selkirk to Winnipeg service is shutting down for good this summer and that has some residents scrambling to figure out how they will get to Winnipeg.

In a written notice to the Record last week, Beaver Bus Lines said they will discontinue their Selkirk to Winnipeg scheduled bus service on July 1,"due to decreased ridership and rising expenses."

Beaver Bus Lines Selkirk division manager Kim Macdonald, who has worked for the company for nearly 30 years, said this will have far-reaching implications in the community.

"What went through my mind was all the people who depend on the service and everyone that works here," Macdonald said.

She added between 250 and 300 people use the service daily during the week, but that still isn't enough to make it feasible.

"The numbers have gone way down and you can't run a business at a loss and keep doing it," she said.

The company also previously eliminated their Saturday and Sunday services to cut costs.

The service has taken residents back and forth from Selkirk to Winnipeg for decades.

The bus departs from Selkirk and from Winnipeg 10 times per day during the week starting at 6:15 a.m.

him to downtown Winnipeg.



RECORD PHOTO BY DAVE BAXTER

Selkirk resident Scott Lancaster, 47, works as a teacher's First-year University of Winnipeg student Kandace Law-Quon, who lives in Selkirk, will aid in Winnipeg and currently relies on the service to get have to find a new way to get to school next year now that Beaver Bus Lines has annouced Continued on page 2 it will stop its Selkirk to Winnipeg route on July 1.

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Campaign makes stop in Selkirk



RECORD PHOTO BY DAVE BAXTER

A group hoping to improve conditions for those living with disabilities held a rally on the streets of Selkirk last week. Disability Matters is a movement asking candidates in the upcoming provincial election to make inclusiveness an election issue and asking for disability rights advocates to have a larger platform. A rally along Main Street last Thursday hoped to bring more attention to the issue.



Beaver Bus shutdown 'big problem' for women escaping abuse: Nova House

By Dave Baxter

Anna Pazdzierski says the upcoming shutdown of the Selkirk to Winnipeg Beaver Bus Lines service is bad news for women trying to escape abuse.

The executive director of Nova House found out last Thursday the Selkirk service will permanently cease operations on July 1.

"This is a big, big problem," Pazdzierski said.

She said victims of abuse in Winnipeg often use the bus service to get to the shelter located in Selkirk and Nova House pays for those rides.

She said if women want to leave their partner and are fearful for their lives the only way to get a taxi paid for is to make a police report.

"We see they don't always want to call the police and report what's happening," Pazdzierksi said. "If they don't call police they have to find their own way to the shelter. We can only fund it with an incident number.

"It's going to force women to call the police if they want safety."

Many women have a hard time leaving abusive relationships and this will make it harder because they will have to go through more steps to get out, Pazdzierski said.

"I'm sure that will happen because it's easier to get on the bus, and if we can even save one life that is very important."

Many Winnipeg women dealing with abuse prefer to go to a shelter outside of the city because they feel safe, she added.

Pazdzierski said they now have to discuss how to get women to the shelter after July 1, and women from Winnipeg and throughout the Interlake will be affected.

"I think we will probably start tendering out our taxi services and that is considerably higher than using a bus."

In 2012, Greyhound cut service to all of its routes in the Interlake, leaving the shelter, which has no company vehicle, to rely completely on cabs for people living in those areas.

"We already struggled with that closure because we have nothing for buses down Highways 6 and 7, and now there will be nothing at all." Pazdzierksi said.

Pazdzierksi also said women staying at the shelter use the bus service frequently to get to Winnipeg for appointments.

> 'THIS IS TERRIBLE NEWS,' FROM PG. 1

He then takes a Winnipeg Transit bus to a school in south St. Vital.

Him and his fiancé both work in Winnipeg and own one car, but they work at different times so car-pooling isn't an option.

"I'll have to get a second car, that's the only option." Lancaster said. "That affects us big time because we have to buy the car, pay the Autopac and pay the gas."

One-way tickets for the Beaver Bus Selkirk to Winnipeg service are \$9.50 while a return ticket is \$15. Books of 20 tickets are \$152 per book or \$133 per student.

Lancaster said he believes fares have risen due to decreased ridership but said,"it's a vicious cycle because every time they raise the fares less people use it."

He hopes another bus service can be offered because of the amount of students using the service.

"More than half the people on the bus in the morning are university students," Lancaster said.

Nicole Melvin, 20, of Selkirk uses the service to get to Red River College for business administration courses, and said she gets dropped off one block from the downtown campus.

She owns a vehicle but that doesn't mean it will be easy to get to school

when she starts up courses again after the summer break.

"My car is unreliable and there is just no parking downtown," Melvin said.

She is now already considering buying a more reliable vehicle and getting a permanent parking spot downtown.

"Financially this is going to add up," she said."This is terrible news."

Melvin also appreciates having a bus driver take her to school in the winter.

"When the roads are horrible I'd much rather be on the bus with an experienced driver."

Selkirk Transit manager of transportation services Charlene Dunning said rumours that Selkirk Transit would take over a Winnipeg to Selkirk service aren't true.

She said Selkirk Transit realizes this affects a lot of residents and taking over that route shouldn't be ruled out. "I'm sure there will be discussions with politicians," Dunning said.

Selkirk Mayor Larry Johannson said he was "shocked" to hear the news on Monday.

"This is a huge deal and this will have to be brought up at an upcoming council meeting to see if there is something that can be done."

The service will continue its regular schedule up until July 1.

LOCALLY INVESTED • COMMUNITY MINDED • LIFETIME MEMBERSHIP BENEFITS

Mayors come together for State of the Region



RECORD PHOTOS BY BRETT MITCHELL

Pictured from left to right: Selkirk Mayor Larry Johannson, West St. Paul Mayor Bruce Henley, St. Clements Mayor Debbie Fiebelkorn and St. Andrews Mayor George Pike take their turns in front of the microphone during Selkirk Biz's seventh annual State of the Region Address at Gaffers in Lockport last Wednesday afternoon.

Local leaders provide updates on their communities during 7th annual event

By Lindsey Enns

Growing communities combined with infrastructure and commercial development projects were just some of the highlights local leaders shared during the Selkirk Biz's seventh annual State of the Region Address.

"It's very important that we work together as regional partners," St. Andrews Mayor George Pike said during his address to community business leaders and local dignitaries at Gaffers in Lockport last Wednesday.

Pike said the RM is currently working on its growth strategy, which includes a new public works building to serve the south end of the municipality.

The RM's other two public works buildings are located in Matlock and Clandeboye. This new one will be located near the St. Andrews Airport and will be completed sometime next month or so, Pike said.

"This will allow for more future expansion and this will help us in needs in the future for our fire departments." The Clandeboye Fire Hall will be welcoming a new fire rescue truck for growth in that area along the highways sometime this week, he said.

A study is also underway for a new recreation centre in St. Andrews, which will be located adjacent to the community's airport property.

The first phase will include baseball and soccer fields and future phases will likely include club houses and space for a community area, Pike said.

Petersfield Curling Club is also included in the study for projected improvements which will include a hall, gymnasium and a day care, he added. "This is all on the agenda so this is

something that we're looking forward to," Pike said. "These projects will enhance the overall quality of life in St. Andrews and also further commercial development to take place."

Selkirk Mayor Larry Johannson took his time on stage to discuss the city's accomplishments in 2015 including the removal of the MS Lord Selkirk II. He added the city also began work on a recreation master plan last year.

"The preliminary results show we're doing OK, people are generally satisfied with the quality of facilities and services and a lot of what our citizens told us they were looking for wasn't the big fancy stuff – it was more active living opportunities, things like more walking trails, biking trails, things like that," Johannson said, however he admitted the city's facilities are aging fast. "We know we've got an old curling rink and the Barn is right up there with the oldest rinks in the province; it was built long before anyone here was born, in the 1920s and it's approaching 100 years of service. It's served its time and then some."

This year Johannson said the city will continue to push ahead with its business park and look forward to the start of Phase 1 of the health and wellness centre that will occupy the first three lots sold in the park.

Council is also looking at land west of Annie Street and south of Manitoba Avenue. Developers are showing interest in the area, he said.

"We know that space is the next frontier for the city and we don't want development to occur there haphazardly, we want it to be intentional," Johannson said. "New development has to work with what already exists and we have to make sure we're improving our sustainability – it can't just be sprawl, it has to make us more sustainable."

During his address to the crowd, West St. Paul Mayor Bruce Henley said his community is growing by 13.9 per cent each year.

"That's huge," Henley said. "The province is expecting 200,000 people by the year 2030 to come to Manitoba and we know those people are coming to this area."

Henley also took advantage of having Finance Minister and Selkirk MLA Greg Dewar in attendance to reiterate his thoughts on rising school taxes in this community.

"I'm not picking on anybody but we believe it's time for a review," Henley said, adding although the Seven Oaks School Division has approved a 3.3 per cent tax increase this year, his community will see a 16.9 per cent increase due to rising property values. "That is a huge number and I don't know of any number that grows to that effect."

Continued on page 7



Students share their views in wake of terrorist attacks

By Dave Baxter

When a terrorist attack strikes, Kevin Lopuck has to know as much as he can about what's going on, so he can have an intelligent conversation with his students.

Lopuck teaches the Global Issues class at the Comp in Selkirk and he knew students would be asking him a lot of questions after the recent terrorist attacks in Brussels which killed more than 30 people and injured dozens more on March 22.

"My morning involves scrolling through media to get as big of picture of what is going on so I can effectively communicate," Lopuck said. "I know with something like a terrorist attack they will have a lot of questions, and I have to be prepared for those questions."

Lopuck said the toughest conversations to have about terrorist attacks are reasons why they happen.

"I offer various perspectives on why people believe it happened," he said. Lopuck said he can't offer concrete

answers for why attacks happen, but

he can teach kids the background of situations so they can better understand what led up to them.

"I think it's important we don't just discuss the news but the things that happen everyday leading up and the root causes."

Grade 12 Global Issues student Taylor Arnt said the course has taught her that reacting to a terrorist attack should never be as simple as blaming an ethnic or religious group.

"It's seems to be going backwards and we are not even learning from our mistakes anymore," Arnt said. "I thought we were way past this and it's not the world I thought I would go into as an adult with race issues coming back in different ways."

Lopuck said one of the first things he and his students discuss is how to be aware of the biases from various media outlets.

"Students have the opportunity to be more in tune with what's going on because of all the media," he said. "We can watch news from whatever outlet, but be aware of that bias and recog-



RECORD PHOTO BY DAVE BAXTER

Global Issues students Taylor Arnt, Elly Martin and Ben Fountain discuss what's going on in the news with Global Issues teacher Kevin Lopuck. Lopuck says the class allows students to discuss what's going on around the world including terrorist attacks.

nize that."

Global Issues student Elly Martin said there are times in the class when the conversations get so involved they don't notice the clock.

"I have often said I wish the class was three hours long, and I wish we had more opportunities in school to engage in these conversations," Martin said. Student Ben Fountain said he believes Global Issues students leave high school with a better understanding of the world and a better ability to think critically.

"That won't change when we leave here because now that's just part of what we are and how we think," Fountain said.

Hundreds of carvers to gather at 30th annual competition

Staff

The Prairie Canada Carvers' Association will celebrate its 30th annual carving show and competition next month.

The two-day event will take place at Canad Inns Polo Park in Winnipeg on April 16 and 17 and for the first time will feature a duck head decoration challenge.

"The one-time duck head challenge is all about colouring and decorating a flat duck head cast in a creative imaginative way," association chairperson Lynda Baxter said in a release last week.

Winning heads will be selected by people's choice ballots cast throughout the weekend and cash prizes will be awarded on the afternoon of Sunday, April 17.

"The 2016 championship is a celebration of the wonder of crafting art from wood, stone, bone and antler," Baxter said.

Members of Les Gens de Bois Woodcarving Club, Adanac Carvers Association, the Oak Hammock Marsh Carving Guild and the Woodturners Association of Manitoba will be demonstrating wood working techniques throughout the show.

Volunteers from the Wildlife Haven Rehabilitation Centre will also be available with live hawks and owls on the Sunday.

The 2016 competition is expected to draw 300 hand-crafted carvings and turnings from 100-plus entrants from Ontario, the Prairie Provinces and adjoining states. The show is open from 9:00a.m.to 4:00p.m.Saturday and Sunday. Sunday, April 17 is the best day for public viewing of carvings as the judging is complete and carvings are displayed with award winning ribbons. Admission for the show is \$5.00 for adults; children under 16 are admitted free.

Visitors will also be able to purchase original hand-crafted carvings from a sale table and bid on a variety of original carvings during a live auction on Sunday at 2:00 p.m.

For more information about the Prairie Canada Carvers' Association 30th annual carving show contact Lynda Baxter at 204-791-5404, via email lyndabaxter0@gmail.com or visit the website prairiecanadacarvers.com.



Because Seniors Matter.

Officials continue to a keep close eye on water levels



RECORD PHOTOS BY LINDSEY ENNS

Motorists make their way across the Selkirk Bridge, pictured left, after it was reopened to traffic last Thursday afternoon. Large ice chunks, pictured centre and right, are seen along the banks of the Red River in Selkirk on Thursday afternoon. City officials say they are continuing to monitor water levels as the winter thaw continues.

By Lindsey Enns

Selkirk Mayor Larry Johannson was breathing a sigh of relief last week as a massive ice jam made its way down the Red River through Selkirk and area.

"I'm really relieved that everybody's safe," Johannson said. "Things are looking good.

"The water levels are consistent with where they should be at this time of year."

Although large chunks of ice can still be seen along the banks of the Red River in Selkirk, the province reopened the Selkirk Bridge last Thursday afternoon.

Selkirk Park remained closed on Monday but Johannson said it should reopen sometime later this week once the water levels go down.

"I think we're all in good shape now," Johannson said.

"WE HAVE NO ICE JAM **RELATED CONCERNS RIGHT NOW.**"

Darrell Kupchik, the City of Selkirk's EMO co-ordinator and director of operations for North Red Waterway Maintenance, said the massive ice jam made its way to Netley Lake last Thursday.

The ice jam formed along the Red River north of Selkirk, near Peltz Drive and McIvor Lane, causing river levels to rise significantly over the weekend on March 25.

The province then closed Selkirk the amphibex ma-

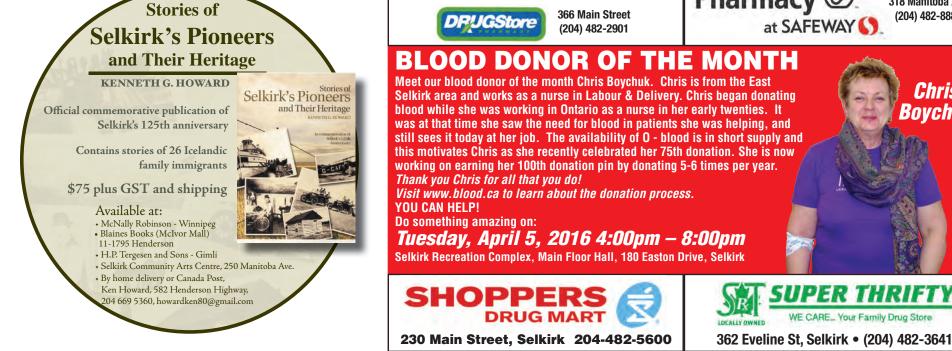
Bridge on March 26 due to the flooding of Highway 204 from Ferry Road to the banks of the river in St. Clements. "We have no ice jam related concerns right now," Kupchik said. "Water levels are a little high right now, which is normal for this time of year." Kupchik reiterated how he believes the province's ice breaking program was a success this winter.

chines again.

In the meantime they will continue to keep a close eve on water levels as temperatures continue to drop.

"In this business, we're always on alert," Johannson said. "This time of the year, as with any time of the year, we want to make sure it's safety first and all the citizens are protected and the surrounding area."





6 The Selkirk Record Thursday, March 31, 2016 2016 Provincial Election PCs pledge to boost doctor retention in Manitoba

By Dave Baxter

Alan Lagimodiere says a PC government would improve Manitoba's health care system by keeping more doctors in the province.

"We are looking for a heath care system that is responsive to families and seniors and there have been ongoing concerns about wait times, doctor shortages, and ambulance fees," said Lagimodiere the Progressive Conservative Party of Manitoba candidate for Selkirk. "We see with 17 years of NDP rule that health care is in shambles, and we have been talking to the front-line workers, doctors, nurses and paramedics and everyone is concerned."

Lagimodiere joined PC Leader Brian Pallister for a press conference on the grounds of the Selkirk and District General Hospital last Tuesday.

He promised a PC government would improve doctor retention rates by the end of its first term, by creating better recruitment programs.

The PCs also said they would review incentives being offered by the province and not rule out increasing financial incentives.

Lagimodiere said retaining doctors is crucial if the province wants to offer quality health care.

"People have the right to quality health care when they need it and in a timely fashion," he said. "I hear stories of nine-hour waits in emergency rooms, and not knowing if you're going to be seen and that is simply unacceptable.

"When I am door-knocking one of the things I keep hearing is that our health care system is in disrepair."



TWITTER PHOTO

PC Candidate for Selkirk Alan Lagimodiere speaks outside the Selkirk and District General Hospital last Tuesday, while PC leader Brian Pallister stands to his left.

Lagimodiere said one of the keys to retaining doctors and other health care workers is communication.

Lagimodiere, who ran a veterinary service in Selkirk for decades, also wants to talk to doctors that leave Manitoba.

"In my line of work when someone leaves you do an exit interview. We need to ask 'why did you decide this was not the place for you?""

Through living in the Selkirk area for years, Lagimodiere said he knows government must make it more appealing for doctors to work outside of Winnipeg.

"We need to know what they want access to."

The NDP government has promised if re-elected they would open more QuickCare Clinics, but Lagimodiere said he does not believe those clinics are easing wait times in emergency rooms.

"From what I am hearing, no they are not helping and not fixing the problem."

Current Selkirk MLA and NDP can-

"WHEN I'M DOOR-KNOCKING ONE OF THE THINGS I KEEP HEARING IS THAT OUR HEALTH CARE SYSTEM IS IN DISREPAIR."

didate Greg Dewar said he worries cuts by a PC government would have a negative effect on health care.

"They have said there are no sacred cows so I assume that would mean doctor retention could be on the cutting block," Dewar said."They want to cut out \$500 million from the budget, so I don't know how they would do that without cuts to health care."

Dewar admitted doctor retention rates and wait times in Manitoba need to improve.

"There is always more work that needs to be done, and we are committed to doing that and have set aside resources to do that," he said. "We have added QuickCare Clinics and mobile clinics, and offered free tuition for doctors that stay here to work."

Dewar said QuickCare Clinics are helping.

"Because we have them here in the Interlake we know they take pressure off the emergency rooms, and they are convenient," Dewar said. "There is no argument that they aren't working because there are thousands of people visiting them, so they are certainly working."

The provincial election is set for April 19.

No 'quick fix' for Interlake doc shortage, Blady says

By Austin Grabish

The Interlake's doctor shortage is a problem that doesn't seem to be going away, but party hopefuls are hoping to get voters on board with their pitch to address the nagging issue.

Progressive Conservative Leader Brian Pallister promised to improve doctor retention rates by the end of the PCs' first term if elected last Tuesday.

The Interlake-Eastern Regional Health Authority said earlier this month it is short as many as 45 doctors.

PC Health Critic Myrna Driedger said fresh eyes need to be brought to the table to tackle the issue.

"There's obviously something that's

happening out there to make the situation so," Driedger said.

The NDP fired back at the PCs last week issuing a press release warning that Pallister has said there are no sacred cows "meaning that when it comes to his deep cuts, everything is on the table."

The party also made its own health care promise last week pledging to add 40 new personal care home beds in Arborg if re-elected next month.

The Manitoba Liberal Party has yet to announce a plan to address the doctor shortage, but party spokesman Mike Brown says stay tuned.

The *Record* has learned the party plans on announcing a regional approach to the issue in the coming weeks.

The approach would see one rural regional hospital fully staffed in the Interlake.

"The biggest problem is right now you've got a whole bunch of smaller hospitals," Brown said. "None of the emergency rooms are open for any length of time because there's just not the bodies to go around."

Health Minister Sharon Blady said the NDP has added 732 more doctors since 1999.

She was vague on specifics of what her party would do to address the Interlake's doctor shortage but said the NDP would start by building up more inter-professional teams.

"A lot of it is not just about a doctor.

It's about building up an inter-professional, a team, a nurse, nurse practitioners, physician's assistant, clinical assistants," she said.

Blady did not offer specifics on what the NDP would do to recruit more physicians, but said communities are more likely to maintain a doctor when an inter-professional team is in place.

When reminded of a dramatic spike in local physician vacancies that the *Record* unveiled last year, Blady said, "None of this is easy. I think you have to be wary of anyone who thinks there's a magic bullet."

"Anybody that says that there's a quick fix either doesn't understand the issue or is misleading you."

2016 Provincial Election Interlake voters reminded of 1995 vote-rigging scandal

By Austin Grabish

Manitoba's embattled NDP is bringing a vote-rigging scandal that shook the Interlake 20 years ago back into the spotlight.

In recent weeks, the New Democrats have been using the 1995 vote-rigging scandal as a firing line against the Progressive Conservatives on the Interlake campaign trail.

The scandal, which in part led to the fall of the Gary Filmon government in 1999, saw three senior Filmon staffers implicated in an illegal attempt to split the aboriginal vote.

The Tory staffers paid three aboriginal candidates to run as independents in swing constituencies in an attempt to siphon off NDP support.

The plan backfired and led to a public inquiry being called a few years later by Manitoba judge Alfred Monnin.

In 1999, Monnin released a scathing report into the scandal and said "In all my years on the bench, I never encountered as many liars in one proceeding as I did during this inquiry."

The quote has become famous and ever since the scandal, voters in the Interlake have elected an NDP MLA.

"It's sort of a sorry tale if you read the Monnin Inquiry," said Christopher Adams, a political scientist based at St. Paul's College at the University of Manitoba.

Adams has studied the scandal and wrote about it in is his 2008 book "Politics in Manitoba: Parties, Leaders, and Voters."

He said the "sins of the 1990s" under the Filmon government are being used as a strategy against the Tories this election.

"The NDP is trying to show that Pal-

lister will do what Filmon's government did in the 1990's and in fairness to the NDP, Brian Pallister was part of that Gary Filmon cabinet."

Adams has been following the provincial election closely and said it appears NDP reference to the voterigging scandal is only being made in the Interlake.

"It's not part of the lexicon in Winnipeg."

He said the scandal could still have an impact on voters today, especially those who are indigenous.

"There's always been kind of a distrust among First Nations about the Progressive Conservative Party of Manitoba and part of that is just kind of a cultural difference," Adams said.

He said historically there's been a "cultural divide" between the PCs and First Nations and the vote-rigging scandal only worsened relations.

"The vote-splitting scandal in many ways was a symptom of that divide between the business establishment of the Progressive Conservative Party and indigenous people," he said.

But as recent opinion polls continue to suggest the Tories are trailing ahead, Adams said the NDP has its work cut out for it in Selkirk and the Interlake over the next few weeks.

"At what point do you stop invoking the sins of our fathers?"

He said the Selkirk riding is one to watch for in particular.

"I would say that Greg Dewar has got to fight to hold onto his constituency," Adams said.

Alan Lagimodiere is running for the PCs in Selkirk and Stefan Jones is running for the Liberals.

Voters go to the polls on April 19.

Crashes have officials revisiting Selkirk intersection's safety



RECORD PHOTO BY DAVE BAXTER

A four-door Toyota vehicle was seen damaged and in a ditch by the intersection of Highway 9 and Manitoba Avenue after a crash last Thursday.

By Dave Baxter

For the second time this year a major accident at the corner of Highway 9 and Manitoba Avenue has seen victims wind up in hospital.

Last Thursday afternoon a Ford F-150 truck collided with a four-door Toyota car at the intersection sending the car into a ditch next to the highway.

STARS Air Ambulance was dispatched to the scene but left with no one injured on-board.

RCMP spokesperson Bert Paquet said he did not know a lot of details about the crash, but did say three people inside the Toyota had been hospitalized with the driver originally sent to the hospital in critical condition and the two passengers in stable condition.

The two people who were in the pickup truck were seen at the scene of the crash and did not appear to be injured.

Paquet said he did not know of the status of any of the injured had changed since Thursday.

A crash at the same intersection on Feb. 1 sent one to hospital and STARS Air Ambulance dispatched.

A witness to last Thursday's crash

who lives in Selkirk but did not want to give her name said she believes traffic lights should be set up at the intersection.

Selkirk Mayor Larry Johannson said any decision on traffic lights would have to come from the province.

"It is provincial matter but with two crashes recently I will bring it up with our MLA,"Johannson said."If we can't get lights than at least we would like to see the speed at the intersection reduced from 100 to 80."

Selkirk MLA Greg Dewar said two recent collisions will have him looking into what the province can do to make the intersection safer.

"We will work with the city to make the intersection safer," Dewar said. "But officials have told us that a set of lights comes with its own problems. They can increase side and rear-end collisions."

Dewar said the Motor Transport Board makes decisions on speed limits on provincial highways and a few years ago they decided that intersection did not need a speed reduction.

"But at this point I think it's time to approach them and ask them to revisit it."



> ST. CLEMENTS TO WELCOME SUBDIVISION, FROM PG. 3

St. Clements Mayor Debbie Fiebelkorn said the RM started 2016 off on a good note after the long-standing boil water advisory for the East Selkirk area was lifted in February.

"This servicing has allowed for new development," Fiebelkorn said, adding sometime this year they expect a 62-lot subdivision to start construction. "This will be our first project to follow our new servicing standards bylaw, that means underground lines and paved roads."

The seventh annual Selkirk Biz State of the Region Address was a luncheon style event and gave residents, busi-

ness and community leaders a chance to hear directly from their local politicians.

During an earlier interview with the *Record*, Selkirk Biz executive director Sheri Skalesky said March was a perfect time to hold the address and hear from local leaders.

"With budget deliberations in the spring in many communities they can share information about budgets and any projects that are coming up," Skalesky said. "The benefit is it's a one-stop-shop for information about the region."





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Allana Sawatzky

Maritimer has fishing in his blood

Set RED RIVER > CHALET BEACH > LAKE WINNIPEG

Hi folks.

> ARNIE WEIDL

Remember that gal Jenny Rowland we met on the Red a while back from Nova Scotia who found angling partners on the internet?

Well, I met another Nova Scotian, Steve Murphy originally from around Cumberland County who like Jenny has fishing in his blood. I was driving alongside the Red north of Selkirk some time ago and spied a lone popup tent on the still thick ice.

My inquisitive nature took over and finding a jump-off trail onto the ice I headed for the shack. Close to it, I left old red as the zipper door opened and our newest fishing friend stepped out.

Steve had a quiet yet outgoing nature and as we exchanged stories he fondly recalled memories of river trout and ocean shore mackerel fishing with his dad. It was easy to see Steve loved fishing as he talked of different angling techniques while showing me some of his catch.

Some weeks ago I tried to get down the steep winding Yellow Brick Road onto the ice at Belair. The road before me was like a skating rink and half way down with my hands tight on the steering wheel I debated whether going further was adventurous or stupid.

I chose stupid.

I turned old red around and went in search of anglers elsewhere. That doesn't mean I liked it. It bothered me that I hadn't gotten down there so guess where I was a few days ago.

Happily, the road was decent now and away I went down to anglers on the very passable slightly snow covered sun-drenched Lake Winnipeg ice. The afternoon was warm and folks were scattered all over the ice pack.

Straight ahead of me a half mile out were two fishermen standing over their ice holes. The truck glided over the smooth snow and upon reaching them I rolled to a stop and with the

RECORD PHOTO BY ARNIE WEIDL

Steve Murphy from St. Andrews with some of his catch on the Red north of Selkirk.

door opened I asked how the fishing was going. Our newest acquaintances and as it turned out very new Winnipeggers were Ilan Mazes, a young, tall, thin chap, originally from Medellin, Columbia and his buddy a bit older with a heavier build was Luies Zalamillo from Buenos Aires, Argentina. As we passed the time Ilan said they like coming to Belair for the master sized pickerel.

Later Luies told how in Argentina he fished in the Platte River for Dorado a fish related to the Piranha that has a very serious mouthful of teeth. The Dorado apparently will bite you if they find you in the water but will swim away if you make noise.

If I ever find myself in the water there (which isn't likely) I'll remember to bring a big drum.

I guess it was two or three weeks ago I had an urge to go see what was going on at Shoal Lake again and as I got close, ahead of me on the road was a white truck that had been converted to a camper. We both parked at the ices' edge since everyone was walking out and I struck up a conversation with the driver. After getting to know each other a bit, our new fishing

brother, Coni Cristin from Winnipeg had a story for us.

He was winter fishing here using two holes and a rod in one of the holes took a nosedive into the water. Thinking quickly Coni jigged the line in the other hole hoping he would snag it and believe it or not he did but when he pulled it up not only was a small perch hooked but hanging onto its' tail was a medium sized jackfish.

Coni laid them out on the snow and separated them. He checked the perch and seeing it was no worse for wear he sent it back down the ice hole. He then turned his attention to the jack. He didn't want to keep it for an eater and didn't want to put it back in the water right away thinking he would give the little perch a fighting chance to get away.

So he put the jack in a pail of water, let it "cool its' fins" for a while then sent it back

to its' watery home. What a sportsman.

Well, I hope you all had a Happy Easter, bye for now.



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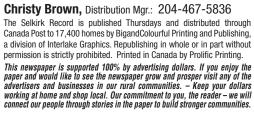
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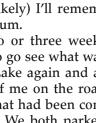
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TROUBLE WITH PAPER DELIVERY?



Comp students customize first place pedal car

By Dave Baxter

Comp auto body students can walk with their heads held high after taking first place in a World of Wheels competition.

The annual World of Wheels show in Winnipeg held earlier this month put on their Pedal Car Challenge, which challenged students from Manitoba schools to take an old pedal car and customize it.

"The car is given to us and we customize as much as we want within certain parameters," Comp auto body teacher Chris McQuarrie said. "I helped them work through it but these students did all the work and came up with the ideas."

Grade 11 students Devon Carlson, Ethan Poirier and Nick Lang customized the car that took first place in the competition.

Lang said it was a lot of work but also a lot of fun.

"We were here until eight or nine every night for a week, but it didn't feel like we were doing work," Lang said.

He said he was "a little surprised" when they walked out with first place.

"We knew our car was good, but a



RECORD PHOTO BY DAVE BAXTER

Pictured from left to right: Comp auto body teacher Chris McQuarrie and auto body students Devon Carlson, Ethan Poirier and Nick Lang show off the pedal car they made which took first place at a World of Wheels competition in Winnipeg earlier this month.

lot of them were good. There was definitely some good competition." McQuarrie said the students were

successful because of their design but also because of "hard work and dedication."

"WE KNEW OUR CAR WAS GOOD, BUT A LOT OF THEM WERE GOOD. THERE WAS **DEFINITELY SOME GOOD** COMPETITION."

"I'm very proud of how it went," he said. "They won because of their follow-through.

"They did the job that was asked of them and you can see the quality of their work. They put pride in what they did, and did more customization than what I saw from the other competitors."

Lang said auto body class is a chance for him to do something he loves while he's at school and he hopes to work towards a career in the trade.

"It never feels like we're working when we're in auto body class," Lang said.

The pedal car, featuring its first place ribbon, is now being displayed in a glass case at the Selkirk high school.

Interlake-Eastern Regional Health Authority FASD series to shine spotlight on 'invisible' disability

By Lindsey Enns

Next month the Interlake-Eastern Regional Health Authority hopes to educate the community on what is often referred to as an "invisible" disability during an eight-week educational series.

Each week beginning on Thursday, April 7 from 4:30 p.m. to 6:30 p.m. parents, caregivers, family members and professionals who support those with Fetal Alcohol Spectrum Disorder (FASD) will learn about a new topic related to FASD.

The Building Circles of Support sessions are being held out of the Selkirk and District Hospital, Beausejour Primary Health Care Centre, and Pine Falls Primary Health Care Centre.

diagnostic co-ordinators, FASD Sherisse Picklyk Dear and Devon Ungurain, who work with families with children or youth exposed to prenatal alcohol, work in partnership with the Manitoba FASD Centre to offer the sessions via telehealth.

This is the sixth year they are being offered across the region.

Sherisse said there are 130 FASD related births a year and a lot of the children they work with either don't get a diagnosis or don't qualify for

one under Canadian standards and guidelines.

"A lot of the families that have our kids struggle with a lot of things," she said. "Our kids brains process the world differently so the regular strategies that people might use ... doesn't necessarily work for our kids.

"Some of what we do is to help caregivers understand they have the disability, we do the changing."

FASD refers to the range of effects that can occur in an individual exposed to alcohol prenatally.

The Canadian Diagnostic Guidelines advises that there is no known safe amount or time to drink alcohol during pregnancy, which is a common misconception, Sherisse said.

"The reality is there is no safe time to

drink alcohol during pregnancy so the message we want to get out to folks is that if you are trying to get pregnant it's best to not drink," she said. "We realize there's lots of reasons women drink ... so it's just bigger and more complicated and convoluted than folks really understand."

Current research shows that about 14 per cent of women in Manitoba report drinking alcohol before knowing they were pregnant and approximately 50 per cent of pregnancies are unplanned.

"The reality is if you have an unplanned pregnancy ... there's always a risk," she said." Alcohol is a risk factor."

FASD is often referred to as the "invisible" disability because those mostly affected do not have notice-

Those with FASD can have trouble

able physical features.

with memory, understanding cause and effect, have sensory struggles and have challenges with learning.

Approximately one per cent of all babies born in Canada each year have FASD.

For more information or to register for the upcoming series in Selkirk call Sherisse Picklyk Dear at 204-785-7789. To register in Beausejour or Pine Falls contact Devon Ungurain at 204-753-5245.





10 The Selkirk Record Thursday, March 31, 2016 West St. Paul School Students to showcase their music at historic gala

By Dave Baxter

West St. Paul School students are using technology to share their music with the community.

Last Tuesday the school brought in professional camera equipment to record their middle school choir singing two songs.

That video, which features the kids singing the classic "Teach Your Children Well" as well as "Oh Canada," will be played for the crowd at the West St. Paul Millennial Gala on Thursday, April 21 at the Sunova Centre.

The gala is one of many ways the municipality is celebrating it's 100th anniversary and West St. Paul School vice-principal Angela Bubnowicz said the municipality contacted them asking to get their students involved.

Bubnowicz chocked back tears while talking about the chance the students will have to share their music.

"It fits in with the theme of them celebrating history because this is the next generation of citizens," Bubnowicz said. "And they're passing on history and passing on musical talent.

"The school is part of the community and I am ecstatic. It is so heartwarm-



Students with West St. Paul School's middle school choir perform in the school gym last week. A video of them performing will be played at an upcoming gala on April 21 at the Sunova Centre.

ing it brings a tear to me eye."

West St. Paul music teachers Earl Isaak and Liane Fournier are the reason the kids are singing together in harmony, Bubnowicz said.

"They are absolutely outstanding. They both come with extremely solid musical backgrounds and are very talented musicians," Bubnowicz said. "The two of them working together has really enriched the program and

brought out the musical talent, and you can hear it in the choir."

Students are required to take choir as part of the curriculum and Isaak said music is an important part of education.

"They come together and sing and singing is part of life as far as we are concerned," Isaak said. "It should be a normal thing for people to get together and sing.'

Grade 5 student Emily Kroek is in the choir and said she is proud the choir will share their music.

"I really enjoyed this because we get to share what we learned with other people," Kroek said.

The school will also take part in other projects and activities to help the municipality celebrate 100 years.

Health Care Selkirk

Promised for over a decade, the cost of that lawsuit was to the taxnew Selkirk and District General Hospital was supposed to open in 2014. It is still under construction in 2016, now more than 30 million dollars over budget and Selkirk residents are still being told it's potentially a year off from being finished.

Twenty-five years is a long time, and under Selkirk's NDP MLA, Greg Dewar, little progress has been made on improving healthcare quality and accessibility for residents.

The original contract was awarded to PCL Construction. The Regional Health Authority under the NDP government then cancelled the contract and gave it to another company who hadn't even bid on the original tender. This action by the RHA under the government delayed the project by two years because of the lawsuit that followed.

"Mr. Selinger and Dewar have refused to reveal exactly what the

payers, but you can bet it was substantial," commented Selkirk Progressive Conservative Candidate, Alan Lagimodiere. "It's a shame political backroom politics have hurt residents' health and pocketbooks.

About 220 patients in the East Interlake Regional Health Authority region are waiting an average of 26 weeks for Personal Home Care placement. They represent about half of all hospital patients in Selkirk District. These numbers point to the lack of planning and poor management, by the Selinger NDP government, to provide a more dignified solution to the seniors who require care.

"The Selinger NDP have done a poor job of planning to provide for our seniors, who deserve better than being sent away from their communities while awaiting a personal care home," Lagimodiere says. "We believe that keeping our elderly residents in their home



communities near family and friends is important. Clearly the NDP don't see it that way."

When asked his opinion on the status of healthcare under NDP candidate Greg Dewar, Lagimodiere replied: "It's a real shame that wait times in the area are from 6 to 9 hours for services and a 10 minute ambulance ride can cost a month's rent. This is unacceptable. This is not delivering for Manitoba."

"Under the new Progressive Conservative Government, Manitobans can expect to see a focus on patients and their needs by reducing ambulance fees, shortening ER wait times and ensuring when doctors are recruited, they stay in Manitoba," says Lagimodiere. "We will work with health care professionals to deliver for Manitoba the care each and every one of us need and deserve."

Board seeks ideas to 'refresh' St. Andrews Rectory

By Dave Baxter

Those who run the St. Andrews Rectory want the public to help them rethink what they do and how they welcome visitors to the site.

The St. Andrews Rectory National Historic Site sits at the corner of St. Andrews Road and River Road in St. Andrews across from the Red River.

The home, which features Red River architecture, was completed in 1854 as a home for the minister of St. Andrews Anglican Church and was designated as a national historic site in 1962.

Visitors to the home can see old artifacts and information boards about life in St. Andrews in the 1800's as well as take part in interpretive activities to get a feeling of what life was like in past eras.

The board of the St. Andrews Heritage Centre (SAHC) runs the operations of the rectory and has now taken on a feasibility study for the building. They want area and surround-

ing residents to help come up with big ideas for what the home and the property could be used for.

Lorne Rodor sits on the SAHC board and said they need to get more people



RECORD PHOTO BY DAVE BAXTER

St. Andrew's Heritage Centre board member Roberta Anderson stands at the site of the St. Andrews Rectory National Historic Site. The board is now asking for ideas to "refresh" the site.

coming through the doors and that could mean coming up with a whole new concept.

"Most people that would like to come and see it already have, so numbers are dwindling, so it is time for a refresh and repurposing," Rodor said. "So we are seeking ideas that could attract new visitors."

Rodor said the plan could involve

both what goes on inside the home and also in the yard it sits on.

He threw out ideas ranging from gardening workshops, to Ultimate Frisbee, to a wax museum.

"I'm not saying any of those are what we will end up doing, but showing that we will consider a wide range of things, and no idea is too out-there," Rodor said. "We don't want someone to just say something like 'put in some new benches.' We are thinking bigger than that. We want concepts and ideas. We need to find a hook and an attraction."

He said they could offer something completely different from what they are offering now on the property, because if it brought in more residents they would still ultimately have a chance to check out the historic home.

"It's a historic site designated by the federal government with amazing architecture and beautiful construction," Rodor said. "It's a unique gem on the Prairies."

Those interested in submitting their ideas can visit standrewsrectory.ca and find a link to an online survey.

High profile Ghomeshi trial 'put us back 25 to 30 years'

Nova House director worries less victims of abuse will come forward following verdict

By Dave Baxter

A woman who works with victims of abuse believes the high profile Jian Ghomeshi trial could lead to less women coming forward with their stories.

"What it's going to do is when they are sexually assaulted they will remember this and I could see them not reporting it," Nova House executive director Anna Pazdzierski said. "This probably put us back 25 to 30 years."

Nova House works directly with women that have suffered abuse, but Pazdzierksi said she knows many incidents don't get reported.

"There will be women that will not bother reporting because of this," she said. "If it happened to me I would think twice and three time before reporting it."

Ghomeshi, the former host of the highly successful CBC radio show"Q," was acquitted of four counts of sexual

assault, and one of overcoming resistance by choking last Thursday.

The judge in the case said he found reasons to doubt the complainants' version of events and he made those reasons clear before rendering his verdict.

"I was just horrified how the judge handled the sentencing. He denigrated all of the witnesses. He said they lied and just ripped them apart," Pazdzierski said.

The fact that some of the women tried to contact Ghomeshi after the alleged abuse is not a reason to decide that he was not guilty, Pazdzierski

said.

"You know women are people and they don't always do everything just the right way, but my goodness choking someone is wrong, and I don't think there was any question he had choked them."

Pazdzierski said women who may be traumatized from the alleged abuse, could now be traumatized by the trial, which she has heard can be as difficult as the abuse.

"There is no question some may wish they had never come forward with their allegations," she said.

City of Selkirk to start spraying for mosquitoes in May Staff and procedures followed Pesticide and Hazardous Winnipeg, MB R3C 1A5

The City of Selkirk plans to spray for mosquitoes starting in May.

The city's pesticide control program includes spraying adult mosquitoes using malathion and or prelude as well as for larval mosquitoes using aquabac.

In a public notice, the city said their projected dates of applications will be from May 1 to Oct. 31.

will be in accordance with federally approved label recommendations," the notice stated.

Residents may send written submissions until April 6 regarding the advertised control program or register with the department their written objection to the use of pesticide next to their properties to:

Conservation Manitoba "All of the pesticides used and Water Stewardship Waste Section. Suite 160, 123 Main Street

For further information, phone 204-785-4930.





St. Andrews author 'excited' to release first novel

'Sticks and Stones' by Angèle Gougeon is now available

on Amazon

By Lindsey Enns

A St. Andrews author is celebrating the release of her first novel this week. "Sticks and Stones" by Angèle Gougeon was released exclusively on Am-

azon Kindle on Monday. The 31-year-old says her first published novel is a dark and gritty gothic paranormal romance about a girl who

has premonitions of the dead. "She can tell how that person is going to die," Gougeon explained. "In this town she grows up in she's very much isolated, alone, bullied, her parents want nothing to do with her."

But then that all changes when a new family moves in next door. She later meets the father and tells him he's going to die.

"She's kind of adopted into their family and it sort of starts this whole snowball affect of them kind of fighting against the world and trying to



SUBMITTED PHOTOS

Angèle Gougeon of St. Andrews, pictured above, has officially released her first novel "Sticks and Stones" exclusively on Amazon Kindle.

help and save people," she said.

Gougeon said a big part of the story is that they are always on the road travelling, an aspect of other novels she's always enjoyed.

She added her editor compared her novel to the hit American television



series"Supernatural."

"That wasn't actually in my head while I was writing it," she said with a laugh.

Although Gougeon finished writing her novel in 2009, it took her a few

years to rewrite it and edit it.

"It was a very long process," she said, adding she's been writing since she was very young." I remember having this tiny little journal in elementary school and writing my first story after that I never really stopped."

But it wasn't until she was out of university that she started to take her writing a little more seriously.

"I started to think I could make a career out of it," she said. "It's been a long journey but I'm very excited to have some of my work out there."

Along with being a writer, Gougeon said she is an avid painter, digital artist and works in a greenhouse during the summer months.

Gougeon has called St. Andrews home her whole life and says it was a great place to grow up

"It was very kind of freeing," she said."You just felt like you could play and become whoever you want."

"Sticks and Stones" by Angèle Gougeon is currently only available on Amazon.com.

Gougeon said she hopes it will be released on other platforms sometime in June.

Former Interlake assistant supt. Selkirk Community Pool accepts position in Steinbach

Staff

Former Interlake School Division (ISD) Assistant Superintendent Wayne Davies has accepted a position with the Hanover School Division as

March 28, 2016

the vice-principal at the Steinbach Regional Secondary School.

Davies resigned his position Dec. 31, 2015 with ISD after just 16 months working for the division citing he

more time with his family.

Before working with the ISD Davies was principal for eight years at École Selkirk Junior High and Robert Smith School with the Selkirk Lord School Division. During his time in Selkirk, Davies was named to Canada's Top 40 Principals for 2014 by the Learning Partnership.

Davies will begin is new position in Steinbach in September 2016.

stays open for spring break



SUBMITTED PHOTO

Selkirk Community Pool is open this week for spring break. The pool is open from 7 a.m. to 4 p.m. until Friday, April 1.

Staff

The Selkirk Community Pool is keeping its doors open this week for spring break.

The pool is open this week from 7 a.m. to 4 p.m. until Friday, April 1 and will feature fitness classes, lap swim, children's swimming lessons, scuba lessons, diving camps, junior lifeguard training, a youth fitness and nutrition camp, and open swim hours for family fun.

"We've been given the go-ahead for spring break programs this year," pool manager Michelle Stamm said.

"Much like Christmas, this is a trial for us and we're excited to roll out some new programs.

"The more people come out, the more potential will exist for future programming during school breaks like this."

For more information and a more detailed list of programs, visit the pool's website at selkirkcommunitypool.weebly.com.

The Selkirk Community Pool is located inside the Comp at 221 Mercy Street.

TO ALL OUR VALUED CUSTOMERS With deepest regret Beaver Bus Lines will be discontinuing the Selkirk - Winnipeg scheduled bus service as of July 1st, 2016.

Beaver Bus Lines Public Notice:

Due to decreased ridership and rising expenses we can no longer continue to operate.

The management and staff would like to thank each and everyone of you who have supported us over the years.

The many miles we have traveled together, the laughs we have shared and the friendships formed will last forever.

With Heartfelt Good Byes We Wish You All the Best Management and Staff Beaver Bus Lines



wanted to spend

Gander Girls gear up for 11th annual Ducks Unlimited fundraiser



SUBMITTED PHOTO

Members of the Gander Girls Ducks Unlimited Committee visit during their Mardi Gras themed fundraiser in this 2015 photo. This year's fundraising event will take place at the Selkirk Legion on April 8.

By Lindsey Enns

A group of local ladies with a passion for the environment is gearing up for their 11th annual fundraising event.

The theme of this year's Gander Girls Ducks Unlimited Committee event is the 1980's and there will plenty of prizes and fun to be had, according to committee member Lorie Fiddler.

"It's such a great night out for the girls," Fiddler said, adding this is the first year some of the funds raised will go towards a scholarship for a female student graduating from the Comp who plans to study science. "We want to give back. The money we raise does stay in our area, in our community for conservation but we thought we'd like to impact a young woman who's entering the science field." The rest of the funds raised at the event will go towards wetland conservation, conservation programs, public policy work as well as research just to name a few, Fiddler said.

The event will take place at the Selkirk Legion on Friday, April 8 at 5:30 p.m. with dinner being served at 7 p.m.

Those interested in more information or getting tickets can contact Gail Hiebert at 204-223-5220 or Lorie Fiddler at 204-481-0777.

Tickets can also be purchased online by visiting ducks.ca.

Fiddler added there are currently around 15 ladies from local and surrounding area communities on their committee and they are always looking for more volunteers to join.

"We would love anyone to join our diverse group of ladies," she said.



Should Manitobans foot the bill?

Once again I see the notices advising users of the Red River that the people of Manitoba will be funding the breaking up of the Red River ice to prevent flooding.

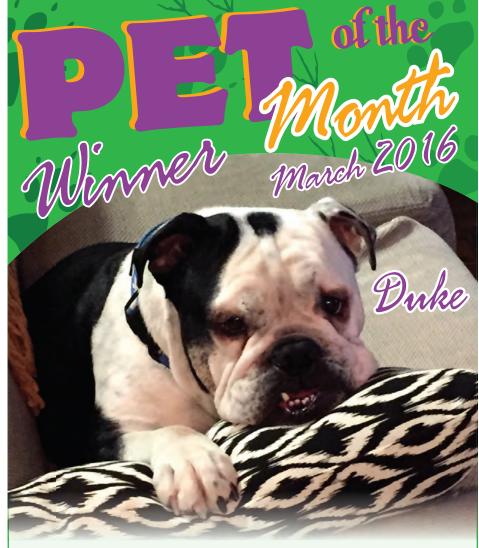
Since Sir Wilfred Laurier signed a directive order in 1904 everyone in Canada has been paying for the breaking up of ice on the Saguenay River in the Province of Quebec to prevent flooding.

This year the CCGS Pierre Radisson is tasked with this work. Why is the Province of Quebec so favoured in having these costs paid by DFO when Manitobans have to foot the bill on their own?

The federal government clearly states in their press releases that the ice breaking is for flood prevention (a provincial responsibility) not navigation (a federal responsibility).

Why is our provincial government not screaming for compensation? *Chris Colp*

Selkirk, Man.



Fun Fact: Duke is very mischievous and stubborn; he knows what he wants and gets it.



Duke has won a prize pack from Canvasback Pet Supplies!

To submit your pet for the Pet of the Month 2016 contest, send a photo and a fun fact to: ads@selkirkrecord.ca



Kidney transplant changes Selkirk man's life

Staff

A friend and co-worker stepped in to save a Selkirk man in need of a kidney transplant.

"As a renal patient, your existence revolves around your dialysis schedule," Thomas Dawson of Selkirk said in a release last week."You're either in centre doing hemodialysis, or at home doing peritoneal or home hemodialysis.

"Travel, while possible, is difficult. This was my life for almost three years until I received my kidney transplant."

After Thomas found out family members were incompatible or ineligible to be kidney donors, friend and co-worker Lynn Russell offered to donate.

"I have known Thomas and his family for a while; we are both friends and co-workers," Russell said. "I watched Thomas go through so much before they diagnosed his illness. Standing helplessly on the sidelines I could only offer support and listen to the up and downs that had become his life.

"I can honestly say that I barely thought about it before I offered Thomas one of my kidneys," she added. "I have two, he needs one ... let's get this thing going."

Months of testing ended with a positive result when Russell was found to be a match.



SUBMITTED PHOTO

Thomas Dawson of Selkirk, pictured right, is now living a fuller life thanks to a kidney transplant which was donated by his friend and coworker Lynn Russell, pictured left.

On November 12, 2015, her kidney was successfully transplanted into Thomas.

"From the moment I woke up I can only describe the feeling of having a functioning kidney as if someone turned a light on," Dawson said. "Life felt brighter."

Russell said she encourages people to become a live kidney donor if the

opportunity ever comes their way.

On any given day, more than 4,500 Canadians are waiting for a phone call to change their lives—a phone call to tell them an organ donor has been found.

Seventy-five per cent of these people are waiting for a kidney.

According to the recently-released 2016 Canadian Organ Replacement

Register report, Treatment of End-Stage Organ Failure in Canada 2005-2014, the waiting list for a deceased kidney donor in Canada is the longest in Manitoba at 4.8 years. The median wait time in Canada is 3.9 years. In 2014, 35% of kidney transplants across Canada were from living donors.

Kidney disease is impacting communities and families in growing numbers.

Today, about 14 per cent of Manitobans have kidney disease. The number of Canadians being treated for kidney failure has tripled in the last 20 years.

The Kidney Foundation of Canada is committed to increasing kidney transplant and organ donation in Canada by 50 per cent by the year 2020.

The Kidney Foundation of Canada encourages Manitobans to discuss organ donation with their local candidates in the upcoming provincial election.

The foundation also encourages residents to discuss their intention to donate organs/tissue with family members and register their wishes on Manitoba's online organ donor registry at signupforlife.ca.

To date, only one per cent of Manitobans have signed up using this online registry.

Whisky drought continues at Gimli's Crown Royal distillery

By Patricia Barrett

Last Wednesday marked Day 19 that workers at the Diageo distillery north of Gimli have been manning the picket lines.

A spokesperson for United Food & Commercial Workers (UFCW) Local 832 said both parties are meeting with a conciliation officer over a number of issues, such as wages, sick days, vacation time, pensions and benefits. "That has not been addressed for a couple of decades," the spokesperson said. "We're trying to update the collective agreement."

The company employs about 50 workers, who make the Crown Royal line of whisky. Northern Harvest Rye was declared Whisky of the Year by renowned whisky aficionado Jim Murray.

So far, the strike has seemingly left



RECORD PHOTO BY PATRICIA BARRETT

Workers at the Diageo distillery north of Gimli have been striking for "updated" wages and benefits.

the bottling and distribution side of Northern Harvest untouched. It's bottled at a plant in Amherstburg, Ont. How much stock remains available for bottling, though, is unclear. The spirit must be aged for three years.

Gimli's Liquor Mart is expected to receive 22 cases (each containing 12 bottles) this week, according to staff.

Since earning the coveted award, Northern Harvest has flown off the shelves of liquor stores across Manitoba and those of other provinces, subjecting whisky drinkers to periodic droughts.

Despite the long hours on the picket line, workers were upbeat. They talked shop and sports when the Express popped by.

One worker said he was optimistic about a resolution. Another extolled the virtues of Liverpool FC over that of Manchester United (Premier league football), although, according to the league table, Liverpool trails Manu by six points.

For updates on the strike, visit the UFCW web site at ufcw832.com.





"risotto"

2 cups (500 mL) low-sodium vegetable or chicken broth

- 2 cups (500 mL) 1% milk, divided
- 2 tsp (10 mL) vegetable oil
- 1 onion, chopped
- 3 stalks celery, sliced
- 2 cloves garlic, minced
- 1 tsp (5 mL) dried herbs (thyme, rosemary, herbes de Provence or Italian herb blend)
- 3/4 tsp (3 mL) pepper, divided
- 1 cup (250 mL) pot or pearl barley
- 1 tbsp (15 mL) whole wheat flour
- 1-1/2 cups (375 mL) cooked or drained and rinsed canned unsalted Romano or red kidney beans
- 1-1/2 cups (375 mL) chopped fresh or frozen green beans, thawed
- 2 tbsp (25 mL) white or red wine vinegar
- 1/4 cup (50 mL) fresh basil or parsley, chopped

Pasta with

Spinach Pesto

2 tbsp (25 mL) grated Parmesan Directions

In a saucepan or in a large microwavesafe measuring cup, combine broth and half of the milk (1 cup or 250 mL). Heat over medium heat on the stove top, or on medium-high (70%) power in the microwave, for about 5 minutes or until steaming. Cover and keep hot.

Meanwhile, in a large, deep pot, heat oil over medium heat. Add onion, celery, garlic, dried herbs, and 1/2 tsp (2 mL) pepper and sauté for about 5 minutes or until onions are softened. Add barley and flour; stir to coat well.

Stir in hot broth mixture. Cover, reduce heat to low and simmer, stirring occasionally, for 25 minutes or until barley is almost tender. Add a little more of the milk if necessary to keep barley moist. Meanwhile, heat remaining milk until steaming.

Stir Romano beans, green beans and remaining hot milk into barley. Cover and simmer, stirring often, for 10 to 15 minutes or until barley is tender and green beans are tender-crisp. Adjust the heat as necessary to keep the pot at a steady simmer without boiling. Remove from heat and let stand for 5 to 10 minutes to thicken slightly. Drizzle in vinegar, stirring to combine. Stir in half of the basil or parsley. Season to taste with up to 1/4 tsp (1 mL) more pepper. Serve sprinkled with remaining basil or parsley and Parmesan.

Easy Weeknight **Seafood Paella**

Prep time: 5 minutes Cook time: 25 minutes Serves: 4

- 1 tablespoon olive oil 1 medium yellow onion,
- diced 1 small green bell pepper,
- cored, seeded and diced 2 large garlic cloves, minced
- 1 box (8 ounces) yellow rice
- 1 can (14 ounces) vegetable broth
- 1 can (14 ounces) diced tomatoes
- 1 can (10 ounces) whole baby clams, drained
- 1 can (8.5 ounces) peas, drained
- 1 can (6 ounces) medium shrimp, drained
- 1 can (3.8 ounces) sliced ripe olives, drained

In 2-quart saucepan over medium heat, heat oil; add onion, green pepper and garlic. Cook 5 minutes, stirring occasionally.

Add rice and vegetable broth. Over high heat, bring to boil. Reduce heat to low; cover and simmer 20 minutes.

Stir in tomatoes, clams, peas, shrimp and olives; cook 5 minutes.







- 1/4 teaspoon salt smooth.
- Prep time: 10 minutes Cook time: 15 minutes Serves: 4
- 1 can (13.5 ounces) spinach, well drained 1 cup fresh parsley leaves
- 1/2 cup grated Parmesan cheese
- 1/2 cup walnuts or almonds
- 1 large garlic clove
 - 1 teaspoon dried basil
 - 1/8 teaspoon ground black pepper
 - 1/2 cup extra-virgin olive oil
 - 1 box (16 ounces) fettuccine noodles

In food processor, combine spinach, parsley, cheese, nuts, garlic, basil, salt and pepper; blend well. In slow, steady stream, add olive oil until mixture is blended and

Cook fettuccine as package directs. Drain. Toss spinach pesto with fettuccine.





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CPAWS releases all-party Boreal questionnaire

Staff

With the provincial election looming, the Canadian Parks and Wilderness Society (CPAWS) has released an all-party questionnaire to help inform voters of party positions on issues related to the future of the vast Boreal region of Manitoba.

The questions were developed with input from CPAWS members.

Hundreds of Manitobans have signed online in support of the request for public responses to the questions from all parties.

The questionnaire focuses on four key topics of Boreal relevance including the health of Lake Winnipeg, threatened woodland caribou populations, community-led land use planning and the current commitment to protect 17 per cent of lands and inland waters in Manitoba by 2020.

"The Boreal covers 80 per cent of the province and a 2015 poll (by Probe Research) shows 88 per cent of people in Manitoba want the majority of the Boreal protected from industrial developments. It's clearly an issue of great importance to the majority of Manitobans and so is something that all parties should be prepared to speak to," says Ron Thiessen, Executive Director of CPAWS Manitoba.

CPAWS is asking all parties to respond publicly by before election-day and will be bringing the conversation to social media to amplify awareness of the initiative.

Manitoba commitments echo federal and public perspective

The commitment to protect 17% by 2020 was initially made by Canada in 2010 through the United Nations Convention on Biodiversity and by Manitoba in 2015 through their protected areas strategy. It received renewed attention when reaffirmed in a March 10, 2016 joint statement issued by Prime Minister Justin Trudeau and U.S. President Barack Obama. The two national leaders recognized these targets as an initial step toward greater protections and that concrete action will be taken to "substantially surpass these national goals in the coming years."

The goal was readily supported by representatives of all parties present at a March 8 forum on environmental issues4.

"Political leaders are paying attention to the wave of scientist supported public desire for large scale protection of the lands and waters that we depend on."



Steelers hand out year-end hockey awards

By Brian Bowman

The Selkirk Steelers handed out their year-end awards last week and several players were recognized in different categories.

Selkirk' most valuable player during the regular season was Taylor Fisher. He also was named the Steelers' top de-

fenceman.

Fisher finished fifth on the Steelers with 42 points during the regular season. He had 10 goals and 32 assists in 54 games.

Connor Barley was selected as the Steelers' most gentlemanly player and was also picked as the team's top

rookie. Barley, a St. Andrews product, had eight goals and 14 points as an MJHL rookie. East St. Paul's Riley Derlago was recognized as the Steelers' top scorer (27 goals, 29 assists) and was also a cowinner of the Ironman Award along with Cole McCartan. Dale Goodbrandson was

named the Steelers' top defensive player and he also earned the "Dale Hughesman" - Most Inspirational Player Award.

Dallas Starodub, a Selkirk resident, was the Steelers' top local player. He enjoyed a very good season with the Steelers, finishing with 21

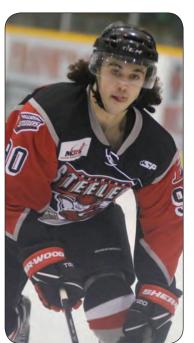
goals and 56 points.

Selkirk's most improved player was Colby Dudek while Jake Dudar was the Steelers' MVP in the playoffs. The Citizenship Award

was handed out to Winnipeg Beach's Hayden Dola and Brett Friesen.



Taylor Fisher



Connor Barley



Riley Derlago



Cole McCartan



Dale Goodbrandson



Dallas Starodub



Colby Dudek



Jake Dudar



Hayden Dola



'Unlucky' Fishermen trail in KJHL final

By Brian Bowman

The Keystone Junior Hockey League finals have not exactly gone the way the Selkirk Fishermen would have wanted.

Selkirk trailed 3-0 in its best-ofseven final against the Peguis Juniors heading into Game 4 Tuesday evening (no score was available at press time).

Everything that could go wrong, has, for the Fishermen so far in the series.

"If we didn't have any bad luck, we wouldn't have any luck at all," deadpanned Fishermen head coach Chris Poponick Tuesday afternoon. "We haven't played a single game with six defencemen - we've lost one in every single game.

"And I would say a third of their goals have gone off somebody's pad and took a strange bounce into the net."

On Monday, the Juniors edged the Fishermen 4-3 in Peguis.

Peguis' Romano Paul scored a firstperiod power-play goal and then Harold Linklater tallied in the second to put the Juniors up 2-0 after 40 minutes.

Devon Garson and Waylon Neault (into an empty net) scored for the Juniors in the third.

Jeremy Pachkowsky and Karl Fey replied for Selkirk.

Keifer Tacan made 32 saves for the win.

On Sunday in Selkirk, Peguis stormed back from a 5-2 third-period deficit to edge Selkirk 6-5. Shaquille Houle scored the game winner with just three seconds left in the third period.

"Giving up four straight goals in the third period is very uncharacteristic of our team," Poponick said.

Montana Tanner had tied the score at 5-5 on the power play at 19:09 of the third. Earlier in the period, Houle and Keevan Daniels-Webb scored to start the dramatic comeback.

Houle and Jesse Flett scored early in the first period to stake the Juniors to a quick 2-0 lead. But Selkirk fought back, scoring the next five goals.

Fey and Dylan Painchaud-Niemi scored in the first period and then Fey, Kale Ilchena and Milan Horanski tallied in the second.

Connor Shaw stopped 33 Selkirk shots for the victory.

The Juniors took a 1-0 series lead after a 7-4 home win last Thursday.

Pachkowsky and Linklater traded first-period goals and then Tyndall Fontaine and Linklater tallied in the second.

Peguis took a 4-2 lead with thirdperiod goals from Matthew Cameron and Linklater.

The Juniors' Theoren Spence, Garson and Neault each scored shorthanded goals as Selkirk pulled its goalie for an



RECORD PHOTO BY BRETT MITCHELL

Selkirk's Milan Horanski has a wide open net as Peguis goalie Connor Shaw is sprawled on the ice during KJHL final action Sunday.

extra attacker. Drayton Mendrun and Painchaud-Niemi scored late goals for the Fishermen.

Tacan made 35 saves for the win. If necessary, Game 5 of the series will be played Friday in Peguis (8 p.m.), followed by Game 6 in Selkirk on Sunday (7:30 p.m.).

A series-deciding Game 7 is set to return to Peguis on Tuesday (8 p.m.).

On behalf of our entire Organization, I would like to extend our deepest appreciation and gratitude to our fans and corporate partners who supported us during the 2015-2016 Season. It is because of your community spirit and ongoing loyalty that helps make Junior 'A' Hockey possible in Selkirk.

As we look forward to the upcoming 2016-2017 50th Anniversary Season, we are reminded of the remarkable and storied history that the team has achieved since 1966. This milestone is not only a reflection on our hockey club, but that of an entire community standing behind one of the greatest junior hockey "towns" in the Country.

Sincerely, David Obirek, GM

All-star performance



SUBMITTED PHOTO

The Selkirk Royals' Danielle Hallson, pictured back row, second from right, was selected to play in the Varsity Girls All-Star game March 23 at River East. Hallson's KPAC team defeated WSD in the third game of the evening.

Hawks fly to City Midget championship title

By Brian Bowman

Hollywood could not have written a better script for the Winnipeg Hawks City Midget"AAA" hockey team.

Trailing the Monarchs 2-0 in their best-of-seven series - and quickly down 3-0 in Game 3 – the Hawks mounted a wild comeback to win that third game.

The Hawks then went out and won the next three games in the series and captured a city championship with a solid 4-2 win in Game 6 on March 22.

"It was a fun game and to rattle off four wins in a row is awesome for the kids," said Hawks' head coach Chris MacKinnon last Thursday. "It shows their character and focus. They made a conscious choice 10 minutes into that third game when they were down 3-0. The wheels could have totally fallen off for the rest of that game."

In the series-deciding Game 6, the Monarch's Hunter Cloutier scored just a minute into the game. The Hawks' Darren Gisti and the Monarchs' Riley Cusack traded goals in the first period and then West St. Paul's Carter Ives scored the lone goal in the second period to tie the score at 2-2.

Early in the third, James Barclay gave the Hawks the lead for good with a goal, assisted by St. Andrews' Dawson Braun, and then Ives closed out the scoring late in regulation time with an empty-net goal.

The Hawks' celebration after winning the championship was a festive one.

"It was a great feeling for them and I was super proud of them," MacKinnon said. "None of these kids had ever won a hockey championship in their



PHOTO BY LANA MEIÉR Carter Ives of West St. Paul scored twice in the championship game.

life. It was a great evening on Tuesday watching them celebrate with their family and friends on the ice for photos. It was very gratifying and satisfying to see them have success."

The Monarchs won the first two games in the series by scores of 4-3 and 5-3 but the Hawks rebounded to win 4-3, 9-4, 6-5 in overtime, and then 4-2.

The turning point in the series was definitely that Game 3 comeback victory.

Braun played a huge role in that win, scoring the Hawks' first goal of the game in the second period and then he added the eventual game winner in the third.

The Hawks had plenty of strengths



RECORD PHOTO SUBMITTED

The Winnipeg Hawks City Midget "AAA" hockey team won the league championship game after a 4-2 win in Game 6 on March 22.

with this year's team. They were an offensively-skilled club with a great blend of speed, skill and physical play.

"It was really a balance and blend of everything," MacKinnon said. "At the point, we had good vision and puck movement and we had one kid with the heaviest shot that I've seen at 15, 16 years old.

"And we also had very good goaltending."

Besides, Braun and Ives, defenceman Nicholas Trudel is from Selkirk while forward Kyle Oleksiuk lives in West St. Paul. Oleksiuk is another skilled offensive player while Trudel is steady on the back end and has great size that allows him to effectively be physical with opposing forwards. But everyone on the Hawks made huge contributions during their championship run.

"Our whole team made contributions, whether it was small plays or big plays, laying the body, scoring goals, or making passes," Braun said.

For Braun, it was a great way to end his two seasons of playing in the City Midget league.

"We battled back from that rough start and, at the end, it was a really rewarding experience," said Braun, who will be going to the Steelers' main camp next season.

"It felt great winning my first championship and the team worked really hard. I was proud of what we accomplished."

Kubic named Giants' rookie of the year

By Brian Bowman

The Western Hockey League's Vancouver Giants may have had a disappointing season but local goaltender Ryan Kubic was recognized recently for his strong play.

Kubic, a St. Andrews native, was selected by Vancouver as the winner of the Milan Ilich Rookie of the Year award. The standout goaltender was also honoured with one of the Three Star Awards along with Chase Lang and Trevor Cox.

"It was really great, considering there were a lot of good rookies on our team this year," said Kubic, 18, last week. "I was really pleased to get (the award) at the end."

The Giants honoured player achievements before their final home game of the season on March 18. Kubic had a real good rookie season in Vancouver. He posted a 17-24-4-2 record with a 3.31 goals-against average and a .898 save percentage. Kubic recorded all four shutouts for Vancouver this past season.

"I was pleased with my performance," Kubic said. "Considering I played 50 games in a short period of time as a rookie, it all happened so fast, I'm pretty pleased with my year. Obviously, I could do a lot better and if I would have gotten to the .900 (save percentage) mark then that would have been great.

"But there's always next year and that's going to be what they expect next year."

This past season was a pretty crazy one in Vancouver. The Giants finished in last place in the Western Conference with a 23-40-5-4 record and they announced earlier this month that head coach Lorne Molleken was relieved of his duties.

"We were a better team than the stats showed," Kubic noted. "I think we went through something like 42 players. By the time they that got figured out, it was Christmas and then we started to get on a bit of a roll for a couple of months.

"But guys then started getting tired and we were out of a playoff spot."

Vancouver also had a plethora of goalies come and go during the season.

"The WHL, in the end, is a business," Kubic said. "It's also a development league, so you never know what's going to happen at the trade deadline. You could be there a few days and then



the next thing you know you could be off and traded at the last minute.

"You always have to enjoy your time there and work really hard. That's what it comes down to. Have a good attitude, and work hard both on, and off, the ice every day."

Beluga swimmers make huge splash in the pool

Submitted

The annual March Madness provincial masters swim meet was held March at the PanAm Pool in Winnipeg and there were several outstanding performances by local swimmers.

There are about 300 swimmers registered with Masters Swimming Manitoba with many swimming for personal achievement and fitness and some who enter competition.

This meet had under 50 competitors ranging in age from the early 20's (age group 18-24) to over 75. The races are seeded by entry times, so it is always interesting to see the competition between swimmers of sometimes very different age groups.

The meet competitors came from various masters swim clubs in Winnipeg, Selkirk, Kenora, Thunder Bay and Grand Forks.

Paul Boulding of Beluga Masters Swimming swam a number of events in the 65-69 age group, including the 50-meter, 100m and 200m breastroke as well as the 50-m freestyle.

Boulding's results rank him No. 2 in Masters Swimming Canada in the 50m and the 100m and first in the 200m breastroke events for the 2015-2016 season to date.

Sally Boulding, meanwhile, swam the 1500m freestyle in a time of 25:41.61, which places her first in the Masters Swimming Canada rankings to date for 2015-2016.

Sally's swim earlier in the season in adults.

the 800m freestyle is also ranked first in Canada to date and her previous swim in the 400m freestyle is fifth in Canada.

Jordan Boulding, 23, also swam in the meet, competing in the 18-24 age group and resulted in an excellent 50m freestyle time of 28.35.

As an example of the varying talents of the swimmers, Jordan's swim came second to Stephen Stothers of Winnipeg in the 55-59 age group with a time of 27.34, ranking him tops in Canada.

Tracie McDonald from Garson, swimming for Mid Can Masters, had an excellent race in the 800m freestyle (15:21.33) ranking her eighth in Canada in the very competitive 50-54 age class.

McDonald, as well as a number of other competitors, also trains for triathlons.

Masters swimming offers the opportunity for a great fitness workout and ongoing improvement, whether the swimmers choose to compete in meets, or put their efforts solely into practices.

Increased strength, flexibility and endurance are a few of the benefits of the non-impact training effect of swimming. Some masters swimmers are former competitive athletes and many others start with a novice level of swimming skill and improve greatly to become excellent swimmers.

And, most importantly, very fit



RECORD PHOTO SUBMITTED

Paul and Sally Boulding run the Beluga Master Swimming program in Selkirk.

Beluga Masters Swimming trains at the Selkirk Comp pool Monday, Wednesday and Friday from 5:45 a.m. to 7 a.m.; Tuesday and Thursday from 7 p.m. to 8 p.m. and Saturday from 11 fit for summer.

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New swimmers are always welcome. More information is on our website belugaswimming.com or by phone 204-444-3072 to join in the fun and get

Cromie, Kubic win MWJHL championship

By Brian Bowman

The Polar Ice Bears put the chill on the Northern Stars in the Manitoba Women's Junior Hockey League final. The Polar Ice Bears – whose lineup



included St. Andrews' blueliners Ashley Kubic and Hailey Cromie - swept the Northern Stars 2-0 in their bestof-three final.

For Cromie, winning an MWJHL title in her first season in the league was special.

"It was a pretty good feeling (to win the title)," said Cromie, a former Winnipeg Avros' player in the Midget "AAA" league. "It was the first championship that I have ever won, so that was great."

The Polar Ice Bears won games by scores of 3-2 and 1-0 in the tightlycontested final series. As the scores would indicate, the series was very close, said Cromie.

"It was so great (to win)," added Kubic, 19, last Friday afternoon. "It was my first championship, so it was really nice. We played so well and came towas really nice to win."

The Northern Stars were dominant in the regular season, posting an impressive 21-1-2 record. That was 14 points ahead of the second-place Polar Ice Bears (12-6-6), but the tide certainly turned in the playoffs.

"We were behind them one spot pretty much the whole season but, when it came down to it, we won," said Kubic, a second-year player in the MWJHL.

The key to the final was the Polar Ice's stellar goaltending and strong defensive play. The Polar Ice Bears completely shut down a Northern Stars' offence that scored a leagueleading 103 goals in 24 regular-season games.

"I think their one loss (in the regular season) was against us," Cromie

gether nicely. We pulled it off and it recalled."We just learned how to play against them and what it would take to beat them.

"We came ready to play in the playoffs."

But the Polar Ice Bears almost didn't make it out of the first series in the playoffs. They had to battle back from a 1-0 series deficit against the Prairie Blaze to win their best-of-three series in three games and then the Polar Ice Bears swept the Western Predators to advance to the finals

Kubic said the seven-team MWJHL is a competitive one. It is also loaded with a multitude of talented players.

"There are a lot of good players," said the stay-at-home defenceman, who sheepishly added that she can play a physical style of game. "It's a really competitive league for people that don't play in university."

Sportsærecreation INSIDE > OUTSIDE > UPSIDE DOWN Dolphins make splash across the prairies

Submitted by Lynn Kolba

The Selkirk Dolphins have represented the Interlake with exceptional teamwork and talent the past two months.

The Dolphins competed at the Man/ Sask multi-province competition March 17-20 at Shaw Centre Pool in Saskatoon and also at the Junior Provincial Championships Feb. 26-28 at the Pan-Am Pool in Winnipeg.

Selkirk earned 119.5 points and placed fifth out of 12 teams at Junior Provincials with 12 swimmers competing and finished 22nd out of 37 clubs (with just two swimmers) at Man/Sask with a score of 112.

Here are some of the Dolphins' results:

Provincials:

* Arborg's Max Cockerill (born 2001) won gold medals in the men's 50-metre breaststroke, 50m butterfly, and 400m medley. He also won a silver in the men's 200m medley and a bronze in the men's 200m backstroke.

* Selkirk's Mats Hanson (born 1999) won six gold medals, one each in the men's 50m freestyle, 100m freestyle, 50m backstroke, 100m backstroke, 200m breaststroke and 400m medley. He also won silver medals in the men's 200m freestyle and the 100m medley.

Additionally, Hanson tied for male high points in the 16+ age category.

* Arborg's Sonja Friesen (born 2004) won a bronze medal in the women's 100m medley.

* Gimli's Sinead Gibbs (born 2000)



Selkirk's Mats Hanson won six gold medals, one each in the men's 50m freestyle, 100m freestyle, 50m backstroke, 100m backstroke, 200m breaststroke and 400m medley, at provincials. He also won silver medals in the men's 200m freestyle and the 100m medley. Additionally, Hanson tied for male high points in the 16+ age category.

won a gold medal in the women's 50m backstroke. She also won silver medals in the women's 50m freestyle, 100m backstroke and 50m butterfly. As well, Gibbs won a bronze medal in the women's 200m backstroke.



SUBMITTED PHOTO

The Dolphins' relay team, consisting of Sinead Gibbs (Gimli), Claire Morissette (St. Andrews), Mackenzie Stewart (Clandeboye) and Sasha McPherson (Selkirk) won a gold medal in the women's 4x50m freestyle relay at provincials.

* East Selkirk's Jill Smuttel (born 2003) won a bronze medal in the women's 200m freestyle.

* The Dolphins' relay team, consisting of Gibbs, Claire Morissette (St. Andrews, born 2001), Mackenzie Stewart (Clandeboye, born 2000), and Sasha McPherson (Selkirk, born 2002) won a gold medal in the women's 4x50m freestyle relay.

Man/Sask:

* Cockerill achieved an 80 per cent success target of personal bests, most notably placing 15th with a time reduction of 24.38 in the men's 800m freestyle.

He also finished 16th with a time reduction of 6.43 in the men's 400m freestyle.

* Arborg's Jillian Friesen (born 2002) achieved a 100 per cent success target, qualifying for finals in each of her swims.

In the women's 800m freestyle, Jillian Friesen had a time reduction of 18.48 and placed fourth in the women's 200m backstroke with a time reduction of 5.80.

Dear nominated for Male Athlete of the Year Award

By Brian Bowman

Devren Dear is one of five athletes nominated for the University of Manitoba Bisons Male Athlete of the Year award for his outstanding achievement during the 2015-16 season.

Dear, a St. Andrews product, is a fourth-year right-side hitter on the men's volleyball team. He was selected as a 2015-16 Canada West second team all star and was first in the Canada West conference in kills per set at 4.47.

Dear was first in points per set at five, fifth in conference total points with 388.5, and sixth in conference hitting percentage at .299. He started in 22 of 24 matches during the conference regular season and all four playoff matches.

The other four nominees for the Bisons' male athlete of the year are Jordan DePape (hockey), David Onyemata (football), Dillon Perron (swimming), and Devon Schade (golf).

Meanwhile, Rachel McLeod of St. Clements is one of four Bisons up for the Female Athlete of the Year award. Kimberly Moors (swimming), Melissa Richards (track & field) and Alanna Sharman (hockey) are the other nominees.

McLeod is a second-year sprinter in women's track and field. At the 2015-16 Canada West Track and Field Championship, McLeod won the women's 60-metre in a time of 7.57, which also earned her a 2015-16 Canada West First Team All-Star selection. She was also part of silver-medal

women's 4x200 relay team (1:40.46). At the 2016 CIS Track and Field Championship, McLeod finished seventh in a time of 7.64 in the women's 60m and was part of the women's 4x200 relay team that was fifth with a time of 1:39.84.

The Manitoba Bisons will hand out their year-end awards at the annual Brown and Gold banquet at the University of Manitoba on Saturday.



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UPCOMING EVENTS Separated - Widowed - Divorced. Beginning Experience (BE) is a non-profit, peer support grief resolution program helping single-again people deal with the natural grief process and offers an opportunity for turning pain from loss into an experience of positive growth. We offer 10 week programs 3 times per year. NEXT **10 WEEK PROGRAM** STARTS APRIL 13TH. 2016, FOR MORE IN-FORMATION - please call 204-275-3090 or visit www.beginningexperience winnipeg. са

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94

Stig Rensfelt

482.5492

Congratulations to the following winners of the Selkirk Royals Girls Volleyball Club 2016 Cash Calendar Draws: Darren Stobbe, Glen Hanson, Jack Rodrigues, Erick and Jackie Benson, Carly Enns. Shelly Smith, Zuk, Colleen Chris Brad Sklar, Saluk, Partyka Family, Vina Hilts, Brianna Woods, Remios Guiao, Jeff Bruchawski, Geena Morais, Randy Saluk, Katherine Mikolash. Jessica Carels, Kevin Wallace. Stan Halbesma, Nettie Wallace, Paula Campbell, Terri Wagner, Katherine Alarilla, Alanna Nick. Charmaine McIvor Annie Murrav and grand prize winner of \$1000.00 Bill Campbell. Thanks for your support.

sirable Bay in Selkirk, MB

Call or text Lesley @

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PRICE REDUCED

Cute Starter Home,

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232 Strollway, Winnipeg Beach

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Barb Linklater

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24 HOURS MLS

NOTICE

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins. amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or email stonewoodelk@ hotmail.com

POTATOES FOR SALE

Potatos - Red, Yellow & Russet. Onions, cabbage, beets, turnips. parsnips & honey. Deer feed. \$9: black oil sunflower seeds. \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

PETS

Bernese Mountain Dog pups for sale. 2 males and 3 females, 15 wks. old. first shots and dewormed. Ph. 204-292-3752 or 204-635-2437.



442 McLean Ave - \$209.900 Cozy 864 square foot bungalow with 2 bedrooms upstairs and 1 downstairs on large centrally located lot in Selkirk. Many recent upgrades Visit www.442mclean.wordpress.com for details Call or text Gail at 785-9322





utility room. 83 Westgrove Bay \$299,900 4 bedrooms, 1 2 bathrooms, **Country Home** \$219,900 **PRICE REDUCED Mobile Home** in need of some TLC on 2 acres Just east of Whitemouth* Open concept 3 bedrooms, 2 bathrooms, main \$35.000 floor laundry, 24x28 insulated detached garage FRONTIER

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HOUSE FOR SALE

BY OWNER



Your Appointment

MANITOBA

JOB'S DAUGHTERS

Eva Hawryshko

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Youth organization for girls

ages 10 – 20 years. Meets 1st and 3rd Wednesday of each month (July and Au-gust excluded) at 7pm in the Masonic Hall,

209 Eaton Avenue,

Selkirk

FULOT

ODD FELLOWS

Meets 1st Tuesday

of each month

John

204-482-5989

LISGAR LODGE

#2 SELKIRK

Stephen Gwynn

204-482-6656

lisgarlodge@outlook.com

lisgarlodge@outlook.com Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Tuesday of the month except December (second Tuesday), no meetings January, February, July and August at 209 Eaton Avenue, Selkirk MB. Dinner at 6:30, meetings begin at 7:30.

Your area Chamber of

Commerce since 1901

Our mission is to promote and expand economic trade and

commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking

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200 Eaton Ave. 482-7176 www.selkirkbiz.ca

Glen Rossong

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Meetings first

Monday of every

month.



Interested persons are asked to submit a resume clearly marked "East Selkirk Fire Department" by mail, fax or email to the address listed below.

The East Selkirk Fire Department would like to thank all who have applied and advise that only those selected for an interview will be further notified.

EAST SELKIRA

Ken Sim, Director of Protective Services R.M. of St. Clements 1043 Kittson Road, Box 2 Group 35 RR1 East Selkirk, Manitoba ROE 0M0 Telephone: Selkirk 204-482-3300 Winnipeg: 204-474-2642 Toll Free: 1-888-797-8725 Fax: 1-204-482-3098 Email: info@rmofstclements.com www.rmofstclements.com



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Classifieds

ANNOUNCEMENTS CARD OF THANKS

Cheslock - We would like to thank our familv and friends for their support during Claudia's last days. Also thank you for the prayers, flowers, cards and food that we received along with the donations made in remembrance of Claudia. A special thank you to Monsignor Stan Jaworski for visiting at the hospital and Father Stan Gacek, Father Art Seaman and all who participated in the service. Our gratitude to Rob and staff of Gilbart Funeral Home for your guidance. Thank you to Brackendale Lunches for the delicious luncheon

-Michael Cheslock and family

ANNOUNCEMENTS **CARD OF THANKS**

To the person who found my credit card and took the time to take it to the R.C.M.P., I am grateful and amazed. -G.M.

ANNOUNCEMENTS **IN MEMORIAM**

Bill Lalchun June 12, 1924 – April 3, 2015 I'm sending a dove to heaven, With a parcel on its wings; Be careful when you open it, It's full of beautiful things. Inside are a million kisses, Wrapped up in a million hugs; To say how much I miss you, And to send you all my love. I hold you close within my heart, And there you will remain, Until we meet again.

-Forever yours, Your loving wife, Shirley

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ANNOUNCEMENTS IN MEMORIAM



Doreen Cummings In loving memory, and deep respect for our precious

Wife, Mom, Baba and Great Baba, Doreen

who completed her journey in the circle of life on April 6th, 2013, one week before her birthday When the day is over and night is here, Our hearts go back to when you were near. So many memories to make us smile, We get lost in our thoughts,

It's like you're here for a while. We wish we could tell you all the things that are

new Like the upcoming baby, or how little Wayne grew.

Sometimes we feel you, it's like you are here, Our hearts get warm fuzzies, our eyes start to tear.

Every memory of you is etched in our minds From big family gatherings, to the more personal kind.

We'll always be grateful for all that we've shared. For the love that you gave us, how you showed that you cared.

We love you, miss you, and crave more time with vou.

That will never change. We love you!!!

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required

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' Good work ethics

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McSherry Auction Upcoming Auctions **Gun Auction** Saturday, April 2 @ 9:30am Over 250 Guns & Accessories Vintage Service Station & Coca Cola Sunday, April 10 @ 10am Over 100 Signs - Red Indian Signs * General Store Items * Rega & Buffalo Oil Cans *

Building Supply & Equipment Sale Saturday, April 16 @ 10am

Go to website for full listing! Consignments welcome!

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Bernard Thomas Tataryn

Peacefully on March 21, 2016, at the age of 82, Bernard Thomas Tataryn passed away at the Deer Lodge Centre, Winnipeg, with his loving family at his side.

ter Nellie; brothers Walter, Mike, Joe, Melvin; sisters-in-law Catherine. Louise, and Lillian, and his eldest son Brian.

ward; children Doug (Darlene), Richard, Robert (Christine), Mary (Kirby), George, David and Gordon; daughter-in-law Shelly and his nieces, nephews, and many loving grandchildren.

ily homestead. He loved farming and was always ready to help out when needed. He made his career in plumbing and heating, working at Comstock, Balcaen and Sons, Moar's Plumbing and Heating, and retired from Tataryn's Plumbing and Heating, which

he owned and operated for 35 years.

He enjoyed playing cards, casino trips, his coffee buddies at McDonalds, and family and his long time friends at the Selkirk Legion. He was a founding member of the Selkirk Knights of Columbus, serving on the board which established the Selkirk Knights Centre.

OBITUARY

The family would like to thank the staff of the Deer Lodge Centre, especially Dr. Mario Paskvalin and nurse Erin for their compassionate and loving care during his final hours. We would also like to thank Selkirk and District Home Care who helped mom look after Dad for the past five years. Special thanks to Gilbart's Funeral Home for their extraordinary care, support, and attention to detail in our time of need

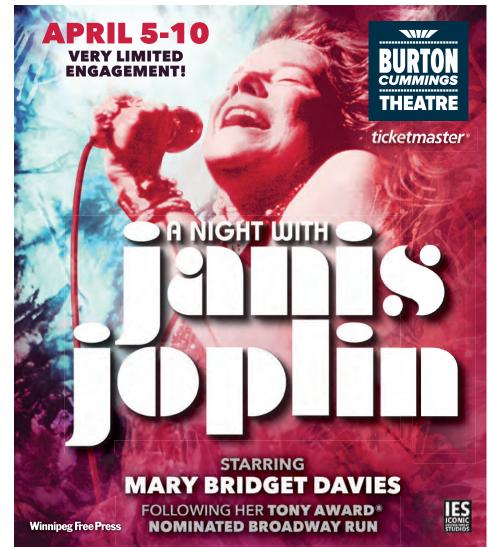
Mass and Christian burial was held on Tuesday, March 29th, 2016 at 10:30 a.m. in the Notre Dame Roman Catholic Church, Selkirk. As per his wishes, cremation has taken place. Interment will be at the Notre Dame Cemetery following the Mass.

If friends so desire, in lieu of flowers, donations can be made to the Heart and Stroke Foundation or charity of your choice.

Bernie will live forever in the hearts of his many children and grandchildren.

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com





Bernard was predeceased by his parents Joseph and Mary; sis-

He is survived by Hazel, his loving wife of 58 years; brother Ed-

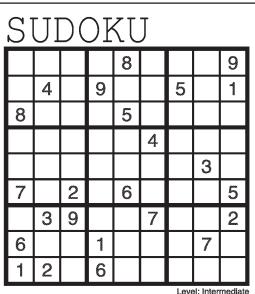
Bernard was born in Selkirk, Manitoba and raised on the fam-

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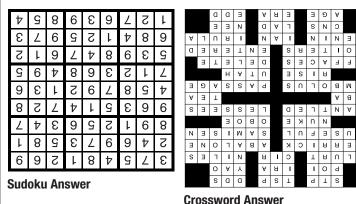
take <u>a break</u> > GAMES



Fun By The Numbers Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have . vou hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

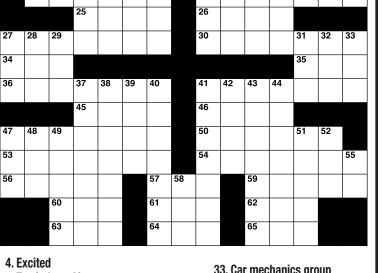


CLUES ACROSS

- 1. Engine additive
- 4. Recipe measurement (abbr.)
- 7. Tooth caregiver
- 10. Hawaiian dish 11. Retirement account
- 12. Basketball player Ming
- 13. Say suddenly
- 15. Carbon isotope ration (abbr.) 16. Frasier Crane's brother
- 19. Framework over oil well
- 21. Edible mollusk
- 23. Handy
- 24. Japanese banjo
- 25. Microwave
- 26. Double-reed instrument 27. Covered
- 30. Leaseholders 34. Master of business
- 35. Herb 36. Blood clot
- 41. Route
- 45. Reach a higher position
- 46. American state
- 47. Erases
- 50. Expunge
- 53. Waits around idly
- 54. Came into
- 56. Nikolai ___, Bolshevik theorist
- 57.007's creator
- 59. Dravidian language
- 60. Central nervous system
- 61. Male child
- 62. Born of
- 63. A period of history
- time
- 65. Doctor of Education

CLUES DOWN

- 2. Tempest
- 3. Miserable



24

Sellink/Regond

16

18

CROSSWO

15

10

13

23

- 5. Temindung Airport 6. Provides shade from the sun
- 7. Generators
- 8. Newspapers
- 9. Unaccompanied flights
- 13. Bahrain dinar
- 14. Romanian currency
- 17. Between northeast and east
- **18. London Southend Airport**
- 20. Cucumber
- 22. Lovable pig
- 27. Woman (French)
- 28. Defensive nuclear weapon
- 29. Clutch
- 31. Seventh letter of the Greek
- alphabet
- 32. Records electrical activity

- 33. Car mechanics group
- 37. Speaking
- 38. A formal permission
- 39. Exploiter
- 40. Affixed
- 41. External genitals
- 42. Deity
- 43. Eat these with soup
- 44. Swerved
- 47. Connects two pipes
- 48. Challenger
- 49. Ranch (Spanish)
- 51. Righted
- 52. Fatty-fleshed fish
- 55. Prosecutes alleged criminals
- 58. Swiss river
- Gal 785-1618 ads@selkirkrecord.ca KIA Driveways RENEDA ROOFING Patios 🖉 Residential ACCHEDITES 5 JORNSON Walkways **Commercial** & Landscaping Inc Retaining Walls Roofing Soffit Fascia & Eaves Landscaping - Patios, Sidewalks, Driveways, Retaining Walls, Re-levels 204-785-4440 BBB • Demos/Interior Gut Outs - Walls, Ceilings, Call **204.795.0740** to book your appointment for a Free Roof Estimate. Floors, Floor Grinding, Ceramic Tile, VCT, etc www.rendemolition.com rendemolition@mymts.net 204-294-6056 www.bjornsonroofing.com **Paul Doiron** 25 YEARS IN SELKIRK
- 64. A major division of geological

1. Prods



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