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VOLUME 8 EDITION 12

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Sure sign of spring

RECORD PHOTO BY LINDSEY ENNS

A dorset ewe and her lamb have some quiet time inside the barn at Garwen Farm located in Clandeboye last Wednesday afternoon. Lambing season is well underway at the local farm, which has recently welcomed more than 100 lambs. Monday also marked the first official day of spring. For more photos, see Page 10.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Women helping Selkirk Bear Clan chapter take shape

By Lindsey Enns

A group of local women is hoping to help launch a Selkirk Chapter of Bear Clan Inc. sometime this spring.

"We just want to make our streets safer," said Wendy Pichor-Chartrand, who is the chair of the Ikwe Oodena women's council. "Unfortunately I've had the opportunity to watch my children lose friends due to drugs too many times."

"I want our community to be recognized as a good place to come and live and work."

Seven women currently make up the Ikwe Oodena women's council. When loosely translated, "Ikwe" means women and "Oodena" means the heart of the city. Although the women's led patrol program draws from Indigenous teachings and traditions, it welcomes everyone and will be for all community members.

The group of women came together following several requests from community members and their shared

belief that there is a need for a patrol program in Selkirk.

The women say Selkirk's patrol program will be similar to the Winnipeg Bear Clan Patrol, a volunteer neighbourhood watch group that patrols some of the city's most dangerous areas. That group, which was launched by a Winnipeg man in 2015, has now grown to include nearly 400 members and similar programs are now up and running in 18 other communities including in Manitoba, Ontario and Alberta.

Jacqueline Bercier, who is the women's council vice chair, said growing up in Selkirk, community was everything to her.

"And it still is," she said. "I love Selkirk, I know that we have our ups and downs, this is a beautiful place to live there are amazing people here ... and I want to continue that here."

"If you want to make change you can be part of this change."

The council has recently launched a Go Fund Me page online at gofundme.com/selkirk-chapter-of-bear-clan-inc with hopes of raising \$5,000 to help cover the cost of patrolling supplies and to purchase logos



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: Tara Campbell, Jacqueline Bercier and Wendy Pichor-Chartrand are members of Selkirk's Ikwe Oodena women's council and are helping form a Bear Clan chapter in Selkirk.

and Bear Clan attire.

Pichor-Chartrand said they hope to have a public information session sometime in the next month or so for those interested in volunteering. She added once they are up and running in either May or June, the community based patrol program will run year-round.

Along with having a visible presence in the community, they also hope to raise awareness as well as unite various available resources in Selkirk and area.

Women's committee member Tara

Campbell said she wanted to get involved to help show local youth the positive things that are going on in their community as well as help connect those in need with available resources in Selkirk.

Those interested in more information can visit their Facebook page by searching "Selkirk Chapter of Bear Clan Patrol Inc." or contact the women's council via email at Ikweoodena@gmail.com.

So far the group's Facebook page has more than 320 members.

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RECORD PHOTO BY BRETT MTICHELL
Selkirk and District Ukrainian School of Dance students perform at Tudor House Personal Care Home on Monday evening in Selkirk.

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LSSD bike repair program earns innovation award



RECORD FILE PHOTO BY LINDSEY ENNS

Lord Selkirk Education Centre (LSEC) student Jacob Irniq, pictured left, with help from behaviour intervention support teacher Tyler Farrand, pictured centre, shows Robert Smith School student Brody Chief how to remove a wheel from a bicycle as part of the Lord Selkirk School Division's (LSSD) Bike Program in this 2016 photo. During the Manitoba School Boards Association's annual convention last Thursday, the LSSD Bike Program received the Premier Award for School Board

Innovation along with \$3,000. The award was sponsored by Xerox Canada. The bike repair program travels to different schools within the division and helps recycle bicycles back into the community while putting tools into the hands of local elementary school students. A group of LSEC students are trained bicycle mechanics that help teach younger students how to fix the bikes. The damaged bicycles are either brought in by other students, community members or are donated by the Selkirk RCMP and the City of Selkirk.

Gov't orders IERHA to cut management jobs by 15%

By Lindsey Enns

The province is asking all five of Manitoba's regional health authorities, including the Interlake-Eastern Regional Health Authority (IERHA), to slash 15 per cent of their management positions as part of their 2017-18 budgets.

"We're unable to speculate on which positions will be affected at this time," IERHA CEO Ron Van Denakker told the *Record* via email last week.

Van Denakker said the province has identified an efficiency target of \$7 million for the IERHA. As part of that reduction, the IERHA has also been asked to cut their management positions by 15 per cent. The RHA estimates this could impact roughly 14 out of 3,500 positions.

Van Denakker said they are cur-

rently engaging with staff members "to identify opportunities for greater efficiencies."

"These include reducing staff travel and any associated meeting expenses and using and sourcing supplies more efficiently," he said. "In addition, on a broader scope, we have adopted region wide vacancy management, budget reviews for removal of waste and inefficiency and optimizing staffing."

Health Minister Kelvin Goertzen said RHAs are expected to report back to the province with a plan to meet their targets by the end of this month.

"Our government is committed to fixing the finances in order to ensure the sustainability of services Manitobans depend on today and into the future," Goertzen stated via email.

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BiG DOLLAR

Skating club lights up the ice



RECORD PHOTOS BY LINDSEY ENNS

ABOVE LEFT: Victoria Veenstra, pictured left, performs "Arabian Nights" and Delicia Friesen, pictured right, performs "Cotton Eye Joe" during the Selkirk Skating Club's Movie Mania Ice Display at the Selkirk Rec Complex last Saturday afternoon. The event included 23 performances giving dozens of skaters a chance to showcase their skills. ABOVE RIGHT: Selkirk Skating Club Junior Bridge Group members perform "Finding Dory" during last Saturday's Movie Mania Display.

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Dietician urges residents to take part in Nutrition Month

By Maggie Wysocki

The City of Selkirk proclaimed March as Nutrition Month with the hopes of educating residents through with help from local dieticians, Selkirk Mayor Larry Johannson said.

Throughout the month of March, the Interlake-Eastern Regional Health Authority (IERHA) is offering free workshops and classes focused on healthy eating.

"I don't think nutrition has ever been more important to people and I was pleased to agree to it," Johannson said.

Teaching young people to incorporate good nutrition into their lives early on was another reason for the campaign, he added.

IERHA dietician, Jay Adam, said the amount of unhealthy options available is larger than ever before.

"There's bigger sodas and flavoured coffee creamers now. Diabetes is increasing in people of every age," said Adam, who has been a dietician for 20 years.

As a diabetes specialist, Adam says



RECORD PHOTO BY LINDSEY ENNS

Shoppers stroll through the produce section at The Marketplace in Selkirk last week. The City of Selkirk has proclaimed March as Nutrition Month with the hopes of educating residents through the help of local dieticians, Mayor Larry Johannson said.

prevention — eating healthier — is the best medicine.

This year's campaign, "Take the Fight out of Food," created by the Dieticians of Canada hopes to eliminate

the stress some people have of buying and cooking healthy foods.

The goal is to show Canadians that eating shouldn't be stressful, Adam says, adding "there's a lot of different

ways to eat healthy."

But does eating healthy mean it has to be expensive?

Not according to Adam.

For starters, try saying goodbye to foods that are inefficient to your body, like restaurant-sized portions and double-doubles, he says.

His number one tip: "Eat breakfast as early as possible," adding that oatmeal is his go-to.

Every grocery store in Selkirk has healthy and affordable options in it, so there's no excuse for bad habits, he said.

Workshops and classes offered through the IERHA can be found online by visiting ierha.ca.

Once March ends nutrition shouldn't be forgotten, and Adam says the IERHA offers several services that can be accessed year-round.

Those interested in learning what ingredients on food labels to stay away can attend Adam's "Eating for Health" class on April 3 and 25 at the Selkirk Community Health Office.

LiDAR a 'phenomenal tool' for the Interlake region, expert says

By Teresa Carey

Aircrafts equipped with specialized LiDAR (Light Detection and Ranging) equipment have been used in recent years to help local scientists create topographical maps of the Interlake region.

This has been invaluable in helping to create water flow maps for the watershed area which, in turn, is used as a tool to help municipalities understand water flow for the region and to

assist with drainage planning as well as prioritizing resources.

"The current drainage system within the Interlake includes approximately 4,000 kilometres of rivers and drains," said Armand Belanger, manager of the East Interlake Conservation District (EICD), based in Gimli. "LiDAR produced data is a phenomenal tool for more precise and effective drain management for the municipalities."

EICD has been using LiDAR data

collected in the Fisher River Watershed and the Icelandic River/Washow Bay watershed since 2010. Both of those watersheds are located in the northern portion of EICD's catchment area. However, LiDAR mapping has yet to be done in the Netley/Wavey and Grassmere/Parks districts, located in the south portion, encompassing the areas around St. Andrews and Selkirk.

"Having LiDAR in these two (north-

ern) watersheds has helped EICD assist landowners who have inquired about whether potential enhancement projects like water storage or riparian habitat enhancement would work on their property," Belanger said.

Belanger explained that before LiDAR, EICD would spend about a week at each project site surveying and then processing the survey data to help design a project.

Continued on page 6

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'Don't give up'

Local man's outlook on life inspires his family members

By Lindsey Enns

Giving up when life gets tough has never been an option for John Grzen-da.

The Petersfield resident had his first heart attack at the age of 42, forcing him to retire from a job he loved as a superintendent with Bird Construction.

Now at the age of 70, John has had multiple heart attacks and is on his second pacemaker and defibrillator combination. One of his doctors recently told him that his heart functions at around 10 per cent while his pacemaker and defibrillator pick up the slack. His multiple heart attacks have also affected the left side of his body and deceased his mobility.

Two years ago after neurosurgery to

repair nerve damage to the left side of his face, he contracted bacterial meningitis, which also took a lot out of him.

But despite all of his health challenges, John spends 45 minutes on his treadmill about five days a week and went ice fishing almost every weekend this winter with his daughter, Karen, and his son-in-law Tim Schellenberg of St. Andrews. As of last Saturday, Karen said between the three of them, they caught nearly 60 fish this winter.

"I've always liked fishing, I've always been an outdoor person," John said. "I like to fish. It's nice to be out."

"I've always been active it's just when you get older it gets a little harder but as long as you don't quit."

As someone who worked in the construction industry for most of his life,



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: John Grzen-da, Tim Schellenberg and Karen Grzen-da gather at the Selkirk Waterfront before heading out ice fishing last Saturday afternoon. Karen says how her father John refuses to give up despite his health challenges has been inspiring.

John is living proof that health issues don't have to slow anyone down.

As for his advice to others, John said "don't give up, it's never over."

"The big thing is you never accept defeat," he said. "A lot of people give up when they have a problem and stuff and they waste their whole life."

Karen said it's been tough watching her father go through all of this but it's also been inspiring seeing him overcome so many hurdles.

"You haven't given up," Karen said to her father as tears filled her eyes. "I think you give us more than we can

give you."

Karen added her father has been an inspiration to her and her fiancé Tim.

"There's so many different ways you can spend your weekend but I'm just grateful that he comes along with us and does what he does," Tim said with a smile. "And he gets pretty competitive."

"It's neat to watch him."

— Editor's note: If you or someone you know has an interesting or inspiring story to tell, contact us via email at news@selkirkrecord.ca or by calling 204-485-3337.

> LIDAR A 'PHENOMENAL TOOL,' FROM PG. 5

"Now, if we have requests from a landowner, we can do a lot of table-top assessment utilizing LiDAR to determine feasibility before our first site assessment," he said. "This saves a lot of time and resources."

Recently, Steve Strang, the Manitoba director of the Red River Basin Commission, called for further LiDAR mapping for Manitoba, stating that the Canadian government should share the cost, also noting that the cost

of LiDAR has decreased. According to Strang, Manitoba's portion of the Red River Valley could now be mapped for less than \$900,000 and would provide seamless data for the region.

Belanger agrees that collecting LiDAR data for the whole watershed area would be ideal, but also points out that Lake Winnipeg Watershed is more than one million square miles. To map the whole thing would require co-ordinating administrations

of four provinces and four U.S. states.

So far, the Manitoba government has collected smaller local watersheds one piece at a time such as the Icelandic River, Souris River and Fisher River. Minnesota and North Dakota came together to collect the whole Red River Basin in the United States.

"The more data you collect, the cheaper it becomes for the area," Belanger said. "Also, seamless data is always easier to tie together if Manitoba would like to analyze the data on the bigger scale. Minnesota and North

Dakota had to tie in a number of watersheds together with different LiDAR collection procedures and found it difficult."

EICD now combines data from various sources, such as LiDAR, land use and soil, rainfall versus direct runoff.

"These help us to describe and understand the condition of a watershed, assess pollutant sources, prioritize and target sub-watersheds relative to an Integrated Watershed Management Plan, actions and Best Management Practices," Belanger explained.



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Proposed housing development upsets nearby residents

By Lindsey Enns

A group of Selkirk residents opposed to a planned housing development on more than four acres of land along Taylor Avenue is hoping city council will consider their concerns about the project before its given the green light.

Stuart Mackay says the 69 units, which include a combination of apartments and town houses, a developer wants to build along Taylor Avenue near the Selkirk Slough will "destroy the heritage of the street."

"It's completely changing the flavour of a historical neighbourhood," said Mackay, who has lived on Taylor Avenue for 20 years. "It's just not fair to the people there."

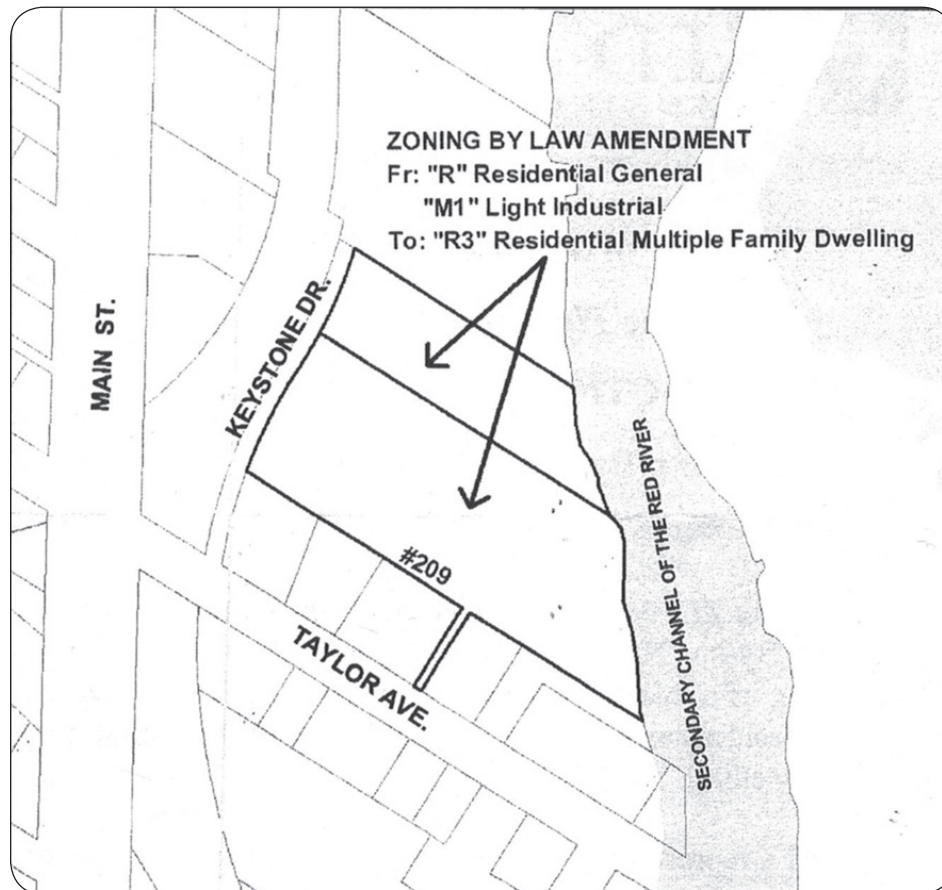
Mackay, who has spoken to other nearby residents, said one of their main concerns is increased traffic in the area. He added all of the nearby residents have signed a petition and are opposed to the housing development.

"We all agree something needs to be done there but we believe this isn't the way to go," he said. "This is the first proposal and I don't think it's well thought out."

Keith Thiessen, owner of Stellar Capital Inc., told the *Record* in February during a public information session about the project that his development company is looking to build a combination of town houses and apartments for rent on a more than four acre piece of land located at 209 Taylor Ave.

Nearby residents were invited to attend a public hearing before a regular city council meeting on Feb. 27. After five Selkirk residents spoke out against the project, city council gave second reading for the rezoning of the property from residential general and light industrial to residential multiple family dwelling.

Those who made or filed an objection during that public hearing are



MAP COURTESY OF THE RED RIVER PLANNING DISTRICT

A group of Selkirk residents opposed to a planned housing development on more than four acres of land located at 209 Taylor Ave., as shown above, are being asked to submit their objections to the project to the Red River Planning District on or before March 31.

now being invited to file a further objection with the Red River Planning District (RRPD) on or before March 31. Any objections will then be reviewed by the RRPD, which is expected to host another public hearing during their next meeting on April 19.

Following the public hearing, the RRPD will submit their recommendations to city council for further re-

view. City council will then determine whether or not the rezoning is given a third and final reading.

"If we can move through the rezoning, which is generally three steps, then it's discussing a development agreement that will fit with that zoning and the needs of the city and ourselves," Thiessen said during an earlier interview with the *Record*.

"WE ALL AGREE SOMETHING NEEDS TO BE DONE THERE BUT WE BELIEVE THIS ISN'T THE WAY TO GO."

He added they hope to begin construction sometime next winter and break ground in the spring of 2018.

As it sits now, the project would take about 18 months to complete, he said.

"We've done this in different sites throughout southern Manitoba," Thiessen said. "We maintain ownership of it and rent them out."

"We pride ourselves on building properties that are attractive and really well maintained."

When asked about increased traffic in the area, Thiessen said traffic will be going from Keystone Drive onto Taylor Avenue and won't be running in front of any residential homes.

Mackay said most of the home owners in the area are seniors and he believes a housing project of this magnitude isn't a good fit for that piece of land.

"We've been kind of waiting for somebody to come along and develop something but not come in with multi family dwellings and apartment buildings," he said. "It is way overpopulated."

"Once you build this you can't go back."

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getfishing

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With a little push, we can land the big one

Welcome fellow fishers.

Generally I try not to offer fishing stories involving friends or family since we all know that can be as boring as forcing someone to look at pictures of their last vacation. There are however, exceptions.

A few weeks ago "loco", my buddy who's also president of MIFA and I participated in the Brokenhead Ice Fishing Derby. We arrived on the Brokenhead River ice on a bright, sunny, calm, warm afternoon. Everywhere folks were fishing, visiting and picnicking having a fine old time. Almost at the end of the derby I was passing the time with some guys and noticed out of the corner of my eye the flag of my rig was down.

Now normally you'd expect me to get right over there and see what I had but like I said "loco" was with me. As I walked toward my rig I said under my breath, "oh no you don't pal; you're not playing that trick again of pushing my flag down then waiting to see what I'll do."

As I came close to my hole I could see around a portable shack and there was loco belly down on the ice beside his fishing hole with John Bear, the chap running the derby, helping him up. At the same time I could see someone with a horn getting ready to end the derby. I grabbed the line of my rig flicking a jack onto the ice a fraction of a second after the horn sounded. Darn.

Continuing, I moved to John and loco to help but true to his nature grimacing in pain having hurt his knee, loco rolled over, looked up at me and proclaimed, "that fish on your hook is mine, it slipped my hook and went for your bait."

It's hard to manhandle a man while trying not to laugh at his expense.

Finally, with loco safely stuffed into "old red", we said our goodbyes and



RECORD PHOTO BY ARNIE WEIDL
Ashley Straight of Brokenhead with a first prize winning fish at their fishing derby.

as we headed home I shot a glance at loco and snickering, uttered, "ok, you can have half the fish."

Anyway, local boys, Ashley Straight won first prize, Cameron Bear second and Gary Rider third.

On the Red River a while back, I was traveling from one bunch of anglers to others visiting and trading stories when I came to a large, older, well made shack. Inside were two long time Selkirk fishing friends who have known each other since school. Bill Aisman had a slightly weathered fleshy face and full body that only comes from loving the outdoors. His buddy, Jackie Sparks, was slighter in

stature with defined features; brown hair pined high on her head and a perpetual smile.

Jackie joked saying that her husband, the other part of this trio, was on the river with the ice breaking crews "smashing" ice. All three of them have spent their lives on this river and she remembered when she was a little she won first prize at the St. Peters church fishing derby with a borrowed rod. Her prize happened to be a shiny new one, which she treasured and used all her life until last year when it just fell apart.

I guess it was last week that I was way out on the south Lake Winnipeg basin and came across a very interesting fellow. He was a tall man with a swarthy chiseled face. His long gray-ing black hair spilled down to his neck, his lips were thin holding a firm half smile that spoke of his confident nature. His name was Rick Roy and he gave us the story where he was boat fishing with his wife Donna Lalonde at Winnipeg Beach last summer and she caught a big jack.

Rick sat back and silently watched Donna begin fighting with the monster. After a bit she very sweetly asked Rick to help her where upon he in a decisive manner simply said, "no."

Other than the slapping and splashing of the water as the fish fought for its freedom silence fell over the boat. Soon Donna looked at Rick with a determined restless expression and again said, "Rick give me a hand." Again he crisply shot back, no, you've got this." That did it, she dug in, shoulders hunched, legs planted on the floor of the boat with her face tightened in resolve she brought that fish to the side of the boat, netted it and shoveled it into the boat as Rick shouted, "see, I knew you could do it."

Till next week, bye for now.

View the Selkirk Record online at selkirkrecord.ca



> CONTACT US

By phone: **204-785-1618**
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

**TO PLACE AN AD or for
COMMERCIAL DESIGN & PRINTING**
Brett Mitchell: 204-485-0010
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419
Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

EDITORIAL

Lindsey Enns
204-485-3337
news@selkirkrecord.ca Twitter: @LindseyEnns

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Playing pickleball a hit among Selkirk seniors

By Teresa Carey

A game that combines badminton, tennis and ping pong is starting to gain a fast and firm following in the Interlake and Eastman regions.

Pickleball has recently become a hit among the approximately 20 Selkirk seniors who take in the game each week.

Since starting weekly in the spring of 2016, it is now being offered three days a week, in the afternoons and evening through Selkirk's Gordon Howard Centre.

"The exercise is great as well as having the social aspect," said Neil Zebinski, who describes the game as a cross between tennis, badminton and table tennis. "Senior citizens can't handle the speed of table tennis and tennis is too active for them."

The innovations, such as a light weight wiffle style ball and a lowered net, allows the game to be accessible to people of all ages and abilities while still allowing players to be as

competitive as they wish.

"Pickleball is a big deal in the U.S. It's very competitive," said Zebinski. "Gimli is very competitive. In Selkirk we're just for fitness. We welcome beginners with open arms."

St. Andrews resident Barbara Yushishen is a retired gym teacher. She first got started playing pickleball in Beausejour. Since joining the Gordon Howard Centre's group in January, she has been coming to Selkirk twice a week to play.

"It's laid back, but it's a good workout," she said. "It keeps your joints limber and good for older people because it's not high impact."

The original goal of pickleball was to create a game that is fun for every member of the family, a game that would be challenging, yet accessible.

The game is played on both halves of a badminton-sized court with special pickleball paddles. Game rules are aren't complicated — the ball must bounce once on each side be-



RECORD PHOTO BY TERESA CAREY

Local and area seniors play a friendly game of pickleball at École Selkirk Junior High School on March 9.

fore volleys are allowed, which opens the game to more players. Points are scored when the ball goes out of bounds. Players can choose how many points each game will go up to. Gordon Howard Centre's group typically plays to seven points so everyone has a chance to be on the court, but matches can be played up to 11 or 16 points

Jan Bednar, another of Selkirk's regular participants, juggles around her work schedule to ensure sure she makes it to her games at least twice a week. Bednar says she absolutely loves the game as well as her pickleball group whom she describes as "super pleasant and fun."

"I have to have something very serious before I miss my pickleball," Bednar said. "I love it. It sure beats doing nothing at the gym for an hour. After 15 minutes I'm bored out of my mind at the gym."

"This, I can play for hours."

Pickleball is offered at the Selkirk Arena and Memorial Hall on Mondays and Tuesdays from 1:30 p.m. to 4 p.m. and at the École Selkirk Junior High on Thursdays from 7:00 p.m. to 8:30 p.m. The cost to play is \$2 for members and \$4 for non-members.

For more information on how to get involved, contact the Gordon Howard Centre by calling 204-785-2092, or via email at info@gordonhoward.ca.

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Lambing season underway



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: A dorset cross ewe stands next to twin lambs at Garwen Farm in Clondeboyne last Wednesday afternoon. The farm is now home to nearly 107 lambs after their lambing season began on Feb. 14. The local farm is run by Wendy Church, her son Gord and her husband Garry. For more photos, check out our Facebook page by searching "The Selkirk Record." BELOW: A lamb named Sophie pokes her head out from her stall at Garwen Farm last Wednesday.



TOP: A set of purebred Dorset twin lambs spend some time outside in the sunshine at Garwen Farm last Wednesday. ABOVE: A Suffolk ewe and her twins look on alongside a set of Dorset twins at Garwen Farm last Wednesday afternoon.

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Influential women's club celebrates 65 years in Selkirk



RECORD PHOTO BY TERESA CAREY

Business and Professional Women's Club of Selkirk past president Colleen Allan, pictured left, and current president Elaine Elliott, gather at the local club's 65th anniversary event at the Selkirk Golf and Country Club last Saturday evening.

By Teresa Carey

The Business and Professional Women's Club of Selkirk (BPW) celebrated its 65th anniversary among community members and local dignitaries last Saturday at the Selkirk Golf and Country Club.

BPW's main endeavor is advocacy, said Elaine Elliott, current Selkirk BPW president. One effective way in which the group advocates takes the form of writing and presenting resolutions which the group believes will benefit women and their families, Elliott explained. Resolutions on health issues, pay equality, education and employment have been brought forward by BPW, eventually making their way to government departments and, in turn, to the law makers.

Elliott says that unlike groups such as the Provincial Council of Women and Status of Women Canada, BPW does not receive government funding. She believes this makes them more credible, and perhaps gives them an edge when it comes to making their issues heard.

"We are apolitical. We are not associated with any political party," Elliott said. "We are just fighting for these issues."

BPW formally joined the Canadian Federation of Business and Professional Women's Clubs on May 1, 1952, with 82 charter members. Throughout the decades, the club has maintained a membership of between 25 and 30 women. However, today, membership has declined to only seven, which Elliott thinks may be attributed to the younger generation believing that equality between men and women has already been achieved.

"We've seen a lot of changes, but we're not done yet," Elliott said. "The glory doesn't happen when you're advocating."

Local retired educator and former

business woman, Jean Oliver, was the guest speaker during Saturday's event.

As the daughter of one of one of BPW's charter members, she brought a life-long "insider's perspective" that was well received by the audience. Oliver spoke about the changes she has seen in women's roles in the community over the decades, interweaving highlights with her personal experiences which helped bring the issues to life.

During the evening five local women entrepreneurs were also recognized including Kelly Lewis (Packer's Fashion), Mary-Jane Feeke (Benjamin's Gourmet Foods), Rosalie Shantz (Big Dollar Store), Lesli Malegus (Marlin Travel), and Elizabeth Swirsky (Shops of St. Andrews). Each of these women had been named Women Entrepreneur of the Year in recent years.

BPW will be donating approximately \$250 to the Global College Bursary Fund from money raised at the event. The bursary fund supports individu-

als in their first year of university.

BPW has been active advocate for women by lobbying federal, provincial and local governments.

At the national level, BPW has a Class 1 Non-governmental seat at the United Nations. At the local level, BPW has formed many partnerships in the community over its history, most recently with Nova House, the Selkirk Friendship Centre, the Lord Selkirk School Division, and the City

of Selkirk. Together, they hold annual and special events, such as the victims of violence vigil walk, theatrical performances and workshops on various topics including literacy, eating disorders, health, and gender equality.

BPW survives on its annual membership fees of \$100 per year per member. Any woman wishing to join BPW may contact Elaine Elliott directly by calling 204-482-6741 or via email at emelliott@mymts.net.

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East Selkirk film student lands directing gig on 'Nomis' set

By Maggie Wysocki

From grabbing the crew coffees to directing "Superman's" Henry Cavill — a lot has changed for East Selkirk resident Myron Tataryn.

"It's pretty surreal," the 22-year-old said about landing the job as assistant director on the feature film, "Nomis."

Filmed and produced in Manitoba, "Nomis" is about the police trapping an online predator, only to realize his crimes go beyond anything they had expected.

"They're planning, shooting and producing it all in Winnipeg, which is pretty cool," said Tataryn, who graduated from the Comp and has put his University of Winnipeg film major studies on hold since landing the assistant directing gig.

Selkirk residents can also expect to recognize several locations in the film, including scenes shot in a home near Springhill Winter Park off Highway 59, Tataryn said.

"I kept thinking, 'wow I'm shooting a feature film movie that's fifteen minutes from where I live,'" he said.

But landing the assistant director position while still in school was tough, he admits.

It was through shadowing producers for six weeks at the Winnipeg production house, Buffalo Gal Pictures, that



RECORD PHOTO BY MAGGIE WYSOCKI

University of Winnipeg film student and East Selkirk resident Myron Tataryn, 22, says he's paused his studies since landing an assistant director job on "Nomis," which is currently being filmed in Winnipeg.

Tataryn was sent the script for "Nomis."

"I told myself I'd read the first couple pages. Next thing I know I've finished the whole script and couldn't

stop thinking — I'm actually going to work on this movie," he said.

He started on the "Nomis" set as a production assistant, taking out garbage and getting the crew lunch, he

said. But 14 hour days of grunt work paid off quickly, and Tataryn says he was offered the assistant director position a few weeks into production.

"One day David said to me 'pull up a chair and start learning,'" Tataryn said.

Sitting in on producer meetings, asking questions whenever he could, and making sure he was the last one to leave set each night are things Tataryn said helped him score the gig.

David Raymond, the London-born director and writer is known for his work on "The Other Man" and the thriller, "Sin" but "Nomis" will be his first major feature.

Tataryn described Raymond as his mentor, saying "he's someone who I want to be like one day."

Along with Cavill, other big celebs in "Nomis" include Stanley Tucci, Sir Ben Kingsley and "Baywatch's" new it-girl, Alexandra Daddario.

Despite the big names, Tataryn says he often forgets he's working with people who are famous.

"I don't realize how big they all are until I see stuff blowing up on social media," he said, referring to the some of the actor's posts about Manitoba's cold weather.

"Nomis" is expected to be released sometime in early 2018.

MANITOBA School Boards ASSOCIATION

The Manitoba School Boards Association held its annual Celebration of Success on Thursday, March 16th, 2017 at the Delta Winnipeg. The evening was dedicated to recognizing some of Manitoba's outstanding students, programs and leaders.



Congratulations to the

Bike Program

from Lord Selkirk School Division on winning the Premier Award for School Board Innovation.

Student Citizenship Award Recipients (Individual)

Andrea McIvor, Swan Valley SD
Jessica Edel, Red River Valley SD
Kate Letexier, Lakeshore SD
Caleb Saulteaux, Frontier SD
Mimosa Trieu, River East Transcona SD
Alon Golubchik, Winnipeg SD

Student Citizenship Award Recipient (Group)

Bashful Boys, Park West SD

AMM George Harbottle Memorial Award

Alon Golubchik, Winnipeg SD

Premier Award for School Board Innovation

Bike Program, Lord Selkirk SD

Presidents' Council Award

Vern Reimer, Garden Valley SD

For more information on the Convention and Awards visit www.mbschoolboards.ca



Gearing up to get pumped up



RECORD PHOTO BY BRETT MITCHELL

Reid Henderson, pictured right, get measured up by Matt Evans of Selkirk's Snap Fitness for the first annual Selkirk Biz Fitness 50/50 contest last Wednesday evening at the Selkirk Rec Complex. A total of 110 community and area members signed up for the contest last week and by press time Monday the pot had reached more than \$1,400. Deadline to register for the fitness contest was March 22. The contest runs until June 7.

One in 10 Manitobans driving while high, MPI surveys show

Staff

One in 10 Manitobans who took part in voluntary roadside surveys conducted by Manitoba Public Insurance (MPI) last fall tested positive for drugs while behind the wheel.

The purpose of the Manitoba Drug and Alcohol Roadside Survey study was to establish a baseline for current drug and alcohol usage on Manitoba roadways. Of the 1,230 drivers who participated, 124 tested positive for some form of drug.

In total, 53 per cent of drivers with drugs in their systems tested positive for cannabis, 31 per cent for cocaine, 12 per cent for opioids, and two per cent each for benzodiazepines and amphetamines/methamphetamines. Twenty two per cent of these drivers tested positive for more than one drug.

"Survey results are a clear indication that despite significant education and enforcement efforts, many Manitoba drivers continue to operate motor vehicles while impaired by drugs or alcohol," Crown Services Minister Ron Schuler stated in a release last Wednesday. "Our government has committed to making legislative

changes in response to the legalization of recreational use of marijuana and these results will help guide not only messaging related to the dangers of drug and alcohol use while driving, they will also provide a baseline from which we will measure the effects of both legislative changes and future enforcement efforts."

Prairie Research Associates were contracted by Manitoba Public Insurance in the fall of 2016 to conduct anonymous, voluntary roadside surveys to measure drug and alcohol use while driving. This initiative involved the collection of breath and oral fluid samples, which were immediately destroyed after testing, to measure level of alcohol and screen for specific drugs.

Overall, 2.4 per cent of drivers produced a blood alcohol concentration (BAC) greater than nil. When that data was weighted for population and traffic flow, the proportion of Manitoba drivers who tested a positive BAC was 0.6 per cent.

"The low incidence of alcohol presence suggests that most Manitoba drivers are making the responsible decision to not drive after drinking,"



PHOTO COURTESY OF METRO NEWSPAPER SERVICE

One in 10 Manitobans who took part in voluntary roadside surveys conducted by Manitoba Public Insurance (MPI) last fall tested positive for drugs while behind the wheel.

said Ward Keith, vice-president, loss prevention and communications, Manitoba Public Insurance. "At 10 per cent, the prevalence of drugs in the tested drivers is significantly more common and extremely concerning. While the survey does not necessarily provide an indication of driving impairment, prevalence alone provides reason for concern and lends support for targeted drug driving awareness and other road safety interventions."

A recent medical study published by the *British Medical Journal* shows that

crash rates for drivers under the influence of cannabis are two to six times higher than for drivers who are not impaired. The different rates are due to how much and how often drivers have smoked cannabis.

Data also shows that in 2013 (the last year available), 95 per cent of fatally injured drivers in Manitoba were tested for the presence of drugs in their system. Of those drivers, nearly 40 per cent tested positive for the presence of drugs.

Pallister's bike tour to mark 200th anniversary of the Selkirk Treaty

Submitted

To mark the 200th anniversary of the signing of the Selkirk Treaty, Premier Brian Pallister will head out on a bicycle tour of the original and current settlements of Peguis First Nation in June and Manitobans are invited to participate in the event through the submission of letters of thanks to be taken on the journey.

Over the course of three days between June 16 and 18, the premier will cycle approximately 160 kilometres between the original St. Peter's Reserve in East Selkirk and the current location of Peguis First Nation in the Interlake.

"Dear Chief Peguis, thank you for helping the Selkirk Settlers to survive the first few years in Canada," the premier read during Monday's launch event, quoting a student from William Whyte School's Grade 4/5 class. "Without you and your generosity, many of them would have died.

"Because of this friendship and support from 200 years ago, many of the first settlers' descendants still live in Manitoba."

Earlier this year, the premier sent letters to Manitoba school divisions and a variety of organizations inviting

them to share letters of support this initiative. On Monday, Pallister invited all Manitobans to submit letters to be delivered to the community of Peguis First Nation during the trip.

Letters received from the Grade 4/5 class at William Whyte School in Winnipeg's Point Douglas community inspired Monday's visit to the school by the premier and Grand Chief Jerry Daniels of the Southern Chiefs' Organization.

"The legacy of an extraordinary friendship between Lord Selkirk and Chief Peguis laid the foundation for what would later become Manitoba," said Pallister. "The story of Manitoba is one of centuries of compassion, friendship and partnership between Indigenous Manitobans and those who arrived after them. That partnership is the bedrock on which our strong and beautiful province was built."

"On behalf of the Southern Chiefs' Organization, we acknowledge the premier's gesture to educate and provide understanding of the Selkirk Treaty of 1817 and of the true history of our people's partnership," said Daniels. "This is an opportune time for all Manitobans to reflect on the impor-

tance of what occurred 200 years ago."

When the Selkirk Settlers arrived in Manitoba from Scotland and Ireland between 1812 and 1815, Chief Peguis helped provide food and shelter. In 1817, Lord Selkirk signed a treaty with five Indigenous leaders to grant each land, which included land at St. Peter's in East Selkirk to Chief Peguis' band.

"I invite you to join me in this mission of friendship by writing a letter to Manitoba's Indigenous peoples, expressing your gratitude for the vital

role they played in the formation of our province," said Pallister.

Manitobans are asked to submit letters by April 15 to premierpeguis-tour@leg.gov.mb.ca or mail to:

Premier's Peguis Tour
Manitoba Legislative Building
450 Broadway
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Manitobans can follow along on social media using the hashtag #PremierPeguisTour.

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Your FARM



Gov't move could ease way for new hog barns

By Harry Siemens

As part of the Manitoba government's proposed legislation to reduce outdated and ineffective regulatory requirements, changes could occur to make permitting a new hog barn a little less cumbersome.

Finance Minister Cameron Friesen said last week the government is committed to eliminating the barriers that prevent business and local governments from thriving and expanding.

"The red tape reduction and government efficiency act would amend or repeal 15 pieces of legislation to reduce the red tape that is creating burdens on business, non-profits, municipalities, private citizens and government officials."

That includes, the government said in a release, removing "general prohibitions from The Environment Act for the expansion of hog barns and manure storage facilities."

According to Manitoba Pork general

manager Andrew Dickson, the government wants to make it easier to build hog barns and manure storage facilities.

Dickson explained the proposed legislation would remove a clause in the Environment Act that mandated the use of anaerobic digesters for hog operations because it was totally redundant. All the regulations that deal with manure storage and handling and application to land are all still in place.

Removing one clause doesn't mean Dickson expects to see a surge in the industry building new barns—there are still a number of regulations in place, he said, adding it would also have to make sense economically for producers to start building more barns.

Similarly, back in January the government committed to repealing the Manitoba Farm Building Code and amending the Manitoba Building Code by adding specific provisions for

farm buildings

The amendments would mean that producers are no longer forced to incorporate unnecessary requirements into the construction of barns.

"We estimate the new provisions will save producers tens of thousands of dollars when building barns," said Manitoba Pork chair George Matheson.

Mike Teillet of Manitoba Pork said producers are hoping to have a clearer indication by summer of what changes the provincial government will make to speed up the approval process for new hog barn construction.

Teillet said there is considerable interest in building or expanding finishing hog capacity from existing producers and new producers, including some who left the industry and looking to come back.

"The biggest challenge is simply the processes that they have to go through in order to get a barn built," he said.

"Right now it's taking on average probably nine or ten months or more to get through all of the processes. It is one of the things that is a real drag on people wanting to get into the hog business as well as people wanting to expand. We've looked at a number of different things which we think can make the system work much, much more smoothly and quickly and still at the same time protecting the environment and so on."

Teillet said they're not trying to get around environmental protections and that sort of thing, but trying to make the system work more efficiently.

"We've had a number of meetings with government people to go over some of the processes and try to suggest ways where we feel the system can be improved," he said. "I believe we're getting a fairly positive feedback from the government but at this point, we haven't seen anything as to what direction they're headed but we know they are looking at it very very closely."



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New Manitoba-based weather service launches

By Harry Siemens

Weatherlogics Inc. launched this week as Canada's newest weather services firm providing high-quality weather forecasts for farmers, commodity producers, individuals, and companies. The company also specializes in weather research and statistics.

The men behind the Winnipeg-based company are Scott Kehler and Matthieu Desorcy, who bring over 15 years of experience in weather analysis and forecasting to the table.

Their goal, they say, is to build Canada's leading weather enterprise.

"I am originally from Steinbach and moved to Winnipeg to attend the University of Manitoba where I studied meteorology," Kehler said. "While at university a colleague and I had the idea to start a weather forecasting company."

After six months of development, the duo launched Weatherlogics on Monday.

Kehler said the company's service is unique in a few ways.

"Firstly, we are a local company. Most of the large private weather forecasting companies are located in the United States, which makes them disconnected from the needs of folks in Canada.

"Secondly, our products are produced by our meteorologists, not by just by computers," he said. "Most of the weather forecasts you find online are generated by computers and tend to be very inaccurate and change wildly from one day to the next.

"Lastly, our subscription service is more affordable for farmers than anything that is on the market right now."

When asked specifically about their services and target audience, Kehler said they offer multiple services, with different target audiences depending on what service people are looking at.

"Our agriculture subscription service is definitely aimed toward farmers, but specifically those on the prairies that are growing crops," he said. "Some of the other services we offer are aimed at corporate clients, such as transportation, construction, or insurance companies.

"The corporate services tend to be customized based on the needs of the client. For example, we predict the locations of hail storms for one of our insurance clients.

One of the key services that Weatherlogics offers is an agriculture weather forecast subscription that provides producers with a detailed weather outlook for their region, delivered to their inbox daily.

"Farmers need to know what kind of weather is coming so they can plan their time efficiently," Kehler said. "Because we are professional meteorologists, we carefully analyze the weather ourselves, and have a good understanding of what weather is coming and can communicate any uncertainties in the forecast to farmers."

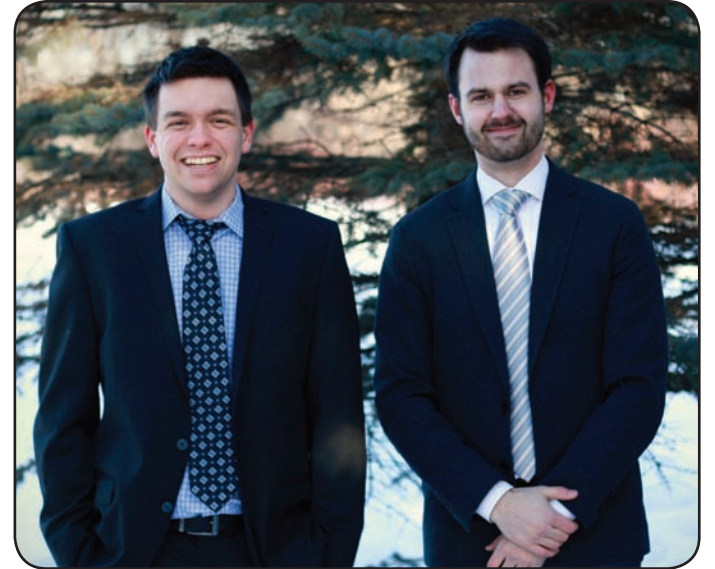
Such a detailed forecast can be especially valuable, for example, during harvest season.

"With our service, farmers would be given advance warning of when we are expecting significant precipitation so they can plan to speed up the harvest or delay it depending on the situation," Kehler said.

The company will officially begin the subscription service

in May, with beta testing scheduled for next month.

Farmers can sign up for the testing to earn a discount off their subscription and learn more about Weatherlogics' services online at weatherlogics.com.



SUBMITTED PHOTO

Matthieu Desorcy and Scott Kehler are putting their weather training to work with Weatherlogics.



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12 servings / 25 mins
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In these cookies no egg or flour is used. These have a soft texture with an addictive taste.

Ingredients

2 very ripe bananas, peeled
1/2 tsp (2 mL) vanilla extract
1 cup (250 mL) large flake oats
2 tbsp (25 mL) ground flax or chia seed
1/4 tsp (1 mL) ground cinnamon
3 tbsp (45 mL) mini chocolate chips
3 tbsp (45 mL) dried cranberries

Directions

In a bowl, mash bananas until smooth. Stir in vanilla.

In another bowl, stir together oats, flax and cinnamon. Stir into banana mixture until well combined. Stir in chocolate chips and cranberries.

Scoop dough into 12 mounds onto parchment paper lined baking sheet. Flatten each slightly and bake in 350° F (180° C) oven for about 12 minutes or until cookies are firm to the touch. Let cool before removing from baking sheet.

Oatmeal Raisin Cookie Corn



Yield: 10 cups
8 cups popped popcorn

3 tablespoons melted butter
2 tablespoons granulated sugar
1 teaspoon ground cinnamon
1 cup crunchy granola
1 cup raisins
1 cup walnut halves
In bowl, toss popcorn with melted butter.

Combine sugar with cinnamon; sprinkle over popcorn. Toss with granola, raisins and walnuts until combined.

Crunchy Popcorn Trail Mix

Yield: 9 cups
5 cups popped popcorn
3 cups whole-grain oat cereal
1/3 cup raisins
1/3 cup peanuts (or other nuts)
1/3 cup sunflower seeds
1/4 cup (1/2 stick) butter or margarine
6 tablespoons brown sugar
2 tablespoons light corn syrup
In large, microwavable bowl, stir together popcorn, cereal, raisins, nuts and seeds; set aside.
In small saucepan, combine butter,

brown sugar and corn syrup. Heat until boiling; cook 3 minutes, stirring occasionally.
Pour over popcorn mixture, stirring to coat evenly. Microwave 3-4 minutes, stirring and scraping bowl after each minute.
Spread onto greased cookie sheet; cool.
Break into pieces and store in airtight container.



Crispy Crunchy Apple Popcorn



Heat oven to 300 F.

Yield: 7 cups
6 cups popped popcorn
1 tablespoon butter, melted
2 teaspoons sugar
1/2 teaspoon cinnamon
2 cups dried apple chips

Line 9-by-13-inch baking pan with foil; butter foil. Spread popcorn in pan and drizzle with melted butter; toss popcorn. Sprinkle popcorn with sugar and cinnamon, and toss again. Bake 7 minutes.
Sprinkle apple chips over popcorn and heat an additional 3 minutes.
Serve warm, or cool to room temperature. Store in airtight container.

Yummy Yogurt Popcorn

Yield: 2 1/2 quarts
2 1/2 quarts popped popcorn
1 cup plain yogurt
1 cup brown sugar
1/3 cup light corn syrup
In large bowl, keep popped popcorn warm.
In 2 1/2-quart saucepan, combine

yogurt, brown sugar and corn syrup. Cook and stir over medium heat to hard ball stage (250 F on candy thermometer).
Pour over popped popcorn, stirring to coat.



Popcorn Granola Snack Bars



Yield: 16 bars
Nonstick cooking spray
1/2 cup honey
2/3 cup peanut butter
1 cup granola cereal
1 cup roasted and salted peanuts
3 cups popped popcorn
Line 8- or 9-inch square baking pan with foil. Spray foil lightly with cooking spray; set aside.
In large saucepan, heat honey until boiling. Stir in peanut butter until well blended.

Remove pan from heat and stir in granola, peanuts and popcorn until coated. Press mixture evenly into prepared pan.
Refrigerate until cool; cut into bars to serve.

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Terriers take down Steelers in six games

Portage blows out Selkirk 7-1 in Game 6

By Brian Bowman

The Selkirk Steelers' season ended Monday evening with an ugly playoff loss to the Portage Terriers.

The Terriers won their MJHL best-of-seven quarter-final series in six games after defeating the Steelers 7-1 in Portage la Prairie.

"I thought we came out flying in the first period and had a lot of scoring chances and a lot of shots," said Steelers' head coach Dustin Hughes after the game. "We had 20 shots after the first (period)."

But it was the Terriers that were finding the back of the net.

Portage scored six goals in the first 33:50 of the game, chasing Steelers' starter Hayden Dola from the nets after just 16 shots. Three of those Portage goals came on the power play.

Portage, which led 3-1 after 20 minutes, received two goals from Mackenzie Dwyer and singles by Jeremy Leipsic, Jared Roy, Chase Brakel, Scott Mickoski and Ty Barnstable.

Cole McCartan replied with a first-period goal for Selkirk. Portage's Kurtis Chapman made 35 saves for his third win of the series.

Shutout loss

The Terriers grabbed a 3-2 series lead after a 3-0 win last Friday at the Selkirk Rec Complex.

Chapman made 29 saves for his first shutout as a Terrier. Portage's offence came from a Ryan Sokoloski deflection midway in the first period and then a Barnstable breakaway goal at 3:06 of the second.

Leipsic then added an insurance goal into an empty net with 38 seconds remaining as Dola was pulled for an extra attacker.

Portage evened the series at two wins apiece after a 4-1 home win March 15.

Selkirk's Nathan Hillis cashed in a rebound on the power play just 1:25 into the game but Portage came back with goals by Barnstable and Sokoloski before the first period ended.

Sokoloski's goal deflected off a Steelers' skate past Dola.

The Terriers then iced the win with third-period goals from Ty Enns, on the power play, and Leipsic. Leipsic's goal went into an empty net with 35 seconds left in the third as Dola was pulled once again for an extra attacker.

Steelers take series lead

The Steelers took a 2-1 series lead af-



RECORD PHOTOS BY BRETT MITCHELL

Selkirk Steelers' forward Jake Dudar tries to get past Portage's Carter McMurdo during Game 5 action last Friday at the Rec Complex. The Terriers won the game 3-0 and took the series in six games.

ter a hard-fought 2-1 win March 14 at the Selkirk Rec Complex.

Nathan Halvorsen and Connor Barley scored to give Selkirk a 2-0 first-period lead and then Enns cut that lead in half at 14:21 of the second period.

Dola was solid in goal, making 35 saves for the win.

With the series victory, Portage advances to a best-of-seven semifinal series against Steinbach. In the other semifinal series, Winkler will play OCN.

Steelers to see plenty of turnover next season

By Brian Bowman

The reality of junior hockey is that there will always be new faces within an organization at the beginning of every season.

But there will be quite a few new faces part of the Steelers' organization next season compared to recent years.

Selkirk will lose eight players from this year's team - Ezra Hall, Braden Lozinski, Liam Kroeker, Cole McCartan, Taylor Fisher, Jake Dudar, Dallas Starodub and Ryan Pruden - due to graduation.

"Considering we had a large group of 20 year olds, I think, for the most

part, we had a pretty successful season," said Steelers' head coach Dustin Hughes after Monday's season-ending playoff loss.

"Unfortunately, we just ran into a pretty good Portage team that has some experience and lots of talent. We put up a good fight and kept them in check for the majority of the series."

The Steeler grads are left with a bitter taste of reality after a disappointing 7-1 loss to the Portage Terriers Monday evening in their final game as junior hockey players.

Portage won the MJHL best-of-seven quarter-final series in six games.

But Selkirk has to be pleased with the regular season that it had. The Steelers finished fourth out of the 11 teams in the MJHL with a 39-18-3 record and 81 points.

Selkirk was just four points behind second-place Winkler and two back of third-place OCN.

"One thing that I'm most proud of is the fact that we made a lot of strides in the way we played in a 200-foot game," Hughes said. "(Monday) night was, obviously, not a very good example of that but, from start to finish, our team drastically improved in terms of managing all three areas of the (rink)."

Many of the returning Steelers will play much larger roles on the club next season. Hughes felt that they were a very coachable bunch and really picked up their games over the course of the season.

"Looking forward to (our) organization, I think that this was a good experience for our 17 and 18 year olds for next year," Hughes said. "We had guys that maybe were not in a tight series like this before...and it's a cliché, but I think you have to lose before you learn to win properly."

Selkirk Judo Club members compete in Vancouver and Edmonton

Submitted by Brian Jones

The Selkirk Judo Club's Damien Ekosky and Justin Ekosky competed at the 2017 Pacific International Judo Championships held at the Richmond Olympic Oval in Richmond, B.C. on March 4-5.

The tournament attracted over 500 entries from across Canada and from the United States and Japan.

On March 4, Damien competed in the U21 under 73 kg weight division. He advanced to the semifinals before narrowly losing to Mitchell Wolfe from B.C. Damien then defeated Anthony Nguyen from the University of Washington in the bronze-medal match.

Justin Ekosky won a bronze medal in the U18 Men under 66 kg division. With 19 competitors in his division, Justin won his first three matches. In the semifinal, Justin injured his shoulder and was unable to continue the match.

He was able to return for the bronze-medal match, however, and defeated Shiran Samuels of B.C. while still favouring his shoulder.

On March 5, Damien competed in the Senior Men under 73 kg division along with 21 other competitors. He finished with a 3-1 record to earn a second bronze medal at the tournament.

Another club member, James Colp, refereed at the Pacific International

and at the Edmonton International the following weekend. Colp was evaluated to be graded to his National "B" referee level at the Vancouver tournament and was successful in achieving that level.

"James' refereeing is developing and getting stronger with each tournament. We are very pleased to see James achieve his National 'B' ranking," commented Brian Jones, one of the club's coaches.

On March 6-7, Justin and Damien remained in Vancouver to participate in a two-day national training camp, led in part by Janusz Pawlowski, multiple world medalist and coach at the National Training Centre in Montreal.

Meanwhile, eight club members competed at the Edmonton International Judo Championships held at the West Edmonton Mall on March 10-12. There were over 900 competitors at this event.

On March 11, Sarah Ekosky won five straight matches to claim a gold medal in U14 Girls under 52 kg.

Justin Ekosky won five matches and lost one en route to a bronze medal in U18 Men under 66 kg.

Damien Ekosky won three matches and lost one and also claimed a bronze medal in U21 Men under 73 kg. Damien also competed in the senior division on March 12 but did not reach the podium.

Aaron Haak won a bronze in U18



RECORD PHOTO SUBMITTED

The Selkirk Judo Club's Aaron Haak, far left, won a bronze medal in Edmonton earlier this month.

Men under 81 kg. He faced the eventual gold and silver medalists in his first two matches, but came back strong with wins in his third and fourth matches to claim third spot on the podium.

Bailey Malinowski, Schaelyce Kopp, Loki Johnson and Lennon Kuch also competed in Edmonton but did not place.

"These are the last two major Canadian circuit tournaments before the national championships in May. These tournaments were significantly larger this year than last, and there were many strong divisions. We are pleased with the preparation and performance of the team," said Jones.

Dear named U SPORTS All-Canadian champion

Staff

The Manitoba Bisons won 3-1 (25-22, 26-28, 25-23, 25-22) over the Université Laval Rouge et Or in the consolation final of the SPORTS FOG Men's Volleyball Championship in Edmonton on Sunday.

With the win, Manitoba finished in fifth place at the nationals.

Devren Dear of St. Andrews led Manitoba with a team-high 20 kills and 22 points while adding seven digs.

Manitoba reached the consolation final after defeating the UNB Varsity Reds 3-0 (25-20, 25-15, 25-22) in the consolation semifinals on Saturday.

The No. 2 Bisons started the nationals losing to the No. 7 Alberta Golden Bears 3-1 (18-25, 25-23, 21-25, 16-25) in their quarter-final match Friday.

Dear was the Bisons' player of the game against Alberta after recording a match-high 16 kills and four digs.

This was the first time the Bisons had qualified for the U SPORTS championship since the 2011-12 sea-

son. Manitoba was seeking a record 11th national championship in the program's history.

Earlier in the week, Dear received some great news as he was named as a 2016-17 U SPORTS Men's Volleyball First Team All-Canadian.

Dear, 22, earned his first U SPORTS All-Canadian in his fifth season with the Bisons after being also named a 2016-17 Canada West First Team All-Star.

In the 2016-17 conference regular season, Dear was fourth in Canada West (ninth in U SPORTS) with 3.96 kills per set and finished fifth in Canada West (13th in U SPORTS) for hitting percentage at .308.

Dear was also eighth in conference (10th in U SPORTS) with 353.5 points. His versatility on the court is highlighted as he also was tied for 24th in Canada West in digs per set at 1.62 and tied for 40th in total blocks at 43.

Dear led the Bisons in kills (309) with his highest kill total being 27 in one match during the 2016-17 season.



RECORD PHOTO SUBMITTED

Devren Dear of St. Andrews was named a U SPORTS All-Canadian in his fifth season with the Bisons. He was also named the Bisons' Male Athlete of the Week for the period ending March 19.

Ignite U12A enjoy successful season

Submitted by Interlake Ignite U12A

The Interlake Ignite ringette team worked extremely hard throughout the year to get to know each other as the players came from East Selkirk, St Andrews, Stonewall, Warren, St James and Headingley.

Once the team established their positions, continual progress was made with each game. Several tournaments, including one in Regina, continued to improve our play.

We finished sixth in league round-robin play to enter into the Winnipeg Ringette League playoffs. Game 1 was against No. 3 Team Dakota Fusion, coming out with a 7-4 win.

An 8-6 loss against No. 2 Team Richmond was a slight setback. The next game was against fifth-place East St Paul, coming out with a 7-2 win.

This put Interlake back again facing Dakota, where the Ignite came out strong with a 10-3 victory. Interlake then had to faceoff with Richmond in the bronze/silver game and ended with a 6-2 loss.

Coming out strong from the WRL playoffs, the Ignite attained a spot in the U12A provincials. The team played hard and finished in fourth place, losing to Dakota in the bronze-medal match.



RECORD PHOTO SUBMITTED

Back Row: Barry Pennell (coach), Emerson Huber, Genevieve Gifford (manager), Jorja Prokopich, Dakotah Ataman, Thor Erickson (coach), Julia Pennell, and Emily Lazaruk (coach). Front Row: Sara Fissel, Greta Buschau, Tyler Erickson, Delaney Gifford, Haley Ichiiwa, Gillian Gesell, and Lily Campbell. Front laying down: Skylar Funk. Missing: Sheldon Gesell (coach), Jamie Fissel (coach), Chrissy Erickson (manager), and Joanne Gesell (trainer).



RECORD PHOTO SUBMITTED

Pictured left to right, back row, Stephen Kostal, Sierra Rolof, Mikaela Retzlaff, Emmy Neilson, Taylor Gowriluk, Arianna Yorski, Julianna DaSilva, Katie Shier, Sydney Thorgilsson, Cara Ingimundson, and Joe Cabral (coach); front row, Natalia Johnson, Hana Buchanan, Samantha Taylor, Jenissa Kostal, Meghan Cabral, Bailey Stewart, Kaitlin Henley and Sara Pacheco (laying down).

Garden City wins ringette championships

Submitted

Garden City's V19B Ringette team defeated the Red River Wild 5-3 for the provincial championship on March 19.

The Garden City Aces also won the city championship a week before this success and came out of both week-ends undefeated.

The North Winnipeg Ringette Association has never had any of their teams win both city and provincial championships in the same year, so this is a big achievement for the players and the association.

The Aces successfully defeated the Wild four consecutive times throughout the championship weekends.

Thunder announces coaches for upcoming season

By Brian Bowman

It may still only be March but the Interlake Thunder are already thinking football.

The Thunder announced their head coaches for the 2017 season while informing the public that Midget head coach Kris Johnston has resigned.

Johnston, a member of the Thunder board of directors the past three years, also served as head coach of Interlake's Midget program for the past two seasons.

"Due to personal commitments (Kris) is unable to continue in his role as head coach," said a media release. "Kris will continue his substantial

role on our board as vice president (of) football operations. We would like to thank Kris for the countless hours that he dedicated to our young athletes over the past two years."

Replacing Johnston as the Midget team's head coach is Mitch Obach. Obach has an extensive coaching resume, including serving as head coach of the Stonewall Collegiate Rams from 2007 until 2010.

In 2011, he was the first-ever head coach of the Interlake Thunder Midget team.

Meanwhile, Ed deLaroque will return as the Thunder's Bantam head coach while Chad Thoresby will lead

the Thunder's PeeWee team.

Returning for his second season with the Interlake Atom team is John Montgomery. Interlake's Cruncher head coach for this season will be announced at a later date.

In other news, the Thunder will be hosting registrations for girls' tackle football this Friday (6-8 p.m.) and Saturday (10 a.m. to 1 p.m.) at the Ice Palace in Stonewall.

The football club held its first registration this past Tuesday. All players must register with Football Manitoba at footballmanitoba.com prior to attending the club registration.

Proof of Football Manitoba registra-

tion will be required.

Games will be played Thursdays with home games at Stonewall Collegiate.

"Equipment issue will coincide with registration dates," said the media release. "We are excited with our senior numbers and close to our maximum roster."

"Our junior numbers are a little light but head coach John Montgomery is confident that we will get all the girls we need to defend our Junior Division championship."

For more information contact Thunder president Joel McDonald at president@interlakethunder.org.

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UPCOMING EVENTS

Grand Marais Recreation Centre Annual General Meeting. March 27, 2017, 7 p.m. at Rec Centre. Elections for President, Vice-President, Secretary, Treasurer & Directors. Without a full slate of elected officials, the club cannot be run.

The Spiritualist Church of the Light is hosting a fundraising "Metaphysical Encounters" on Sunday, April 23 from 10:30 a.m. - 1:30 p.m. Readings are \$10. 48 Holland Rd., Sunova Centre/West St. Paul Rec Centre. Call 204-390-6609 for more info.

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PUBLIC NOTICE
APRIL COUNCIL MEETING DATE CHANGE
Public Notice is hereby given that the regularly scheduled Council meeting of April 11 has been re-scheduled to **Monday, April 10, 2017 at 1:00 p.m.**
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NOTICE TO CREDITORS
IN THE MATTER OF THE ESTATE OF IVAN JOHN CHAMBERLAIN, late of the City of Selkirk, in the Province of Manitoba, deceased.
ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 22nd day of April 2017.
DATED at the City of Selkirk, in Manitoba, this 14th day of March 2017.
DAVID MOORE LAW
Solicitor for the Executor

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NOTICES
**LIQUOR LICENCE APPLICATION
PUBLIC NOTICE**
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Citizen and community input is an important part of the application process. If you have questions about this application, please call the Liquor and Gaming Authority of Manitoba at 204-474-5619. If you have questions about zoning by-laws and requirements, please contact your municipality. If you want to make a formal objection to this application, please send us your objection in writing by 4:00 p.m. **14 DAYS FOLLOWING THE PUBLICATION OF THIS ADVERTISEMENT.** You can email, mail or fax your objection. Please include your contact information. Email: licinspect@LGManitoba.ca Mail: Liquor and Gaming Authority of Manitoba, P.O. Box 1023, Winnipeg, MB R3C 2X1 Fax: 204-453-5254. We respond to all formal objections and will work to resolve objections before issuing a licence. A copy of the objection will be provided to the licence applicant. Each person who submits an objection will be advised in writing of the outcome to the licence application.

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SUDOKU

4	5					3		1
		8			7			5
		1						
				8			6	
	4		3					
5			1				9	8
							5	9
	9				6	2		
	2	6					3	

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7	8	1	6	5	8	9	2	7
7	8	2	9	3	4	5	6	1
6	5	9	1	2	7	4	8	3
8	6	4	2	7	1	3	9	5
2	1	7	5	9	3	6	4	8
3	9	5	4	8	6	7	1	2
9	2	8	3	4	5	1	7	6
5	4	6	7	1	2	8	3	9
1	7	3	8	6	9	2	5	4

Sudoku Answer

7	8	1	6	5	8	9	2	7
7	8	2	9	3	4	5	6	1
6	5	9	1	2	7	4	8	3
8	6	4	2	7	1	3	9	5
2	1	7	5	9	3	6	4	8
3	9	5	4	8	6	7	1	2
9	2	8	3	4	5	1	7	6
5	4	6	7	1	2	8	3	9
1	7	3	8	6	9	2	5	4

Crossword Answer

X CROSSWORD

CLUES ACROSS

1. Thick flat pad
4. Green regions of desert
9. Fill with dismay
14. Boxing legend
15. Soup
16. Your sibling's daughter
17. A long thin implement
18. Late ESPN anchor
20. Motives
22. Astronumerology term
23. Semitic Sun god
24. Small cigar
28. Promotions
29. Not off
30. Line or plaster the roof
31. African Indian people of Alberta, Canada
33. Rituals
37. Chlorine
38. Red deer
39. Offers a good view
41. Post-indictment arrangement
42. Blood group
43. Razor clams
44. Fleshes of animals
46. Nipple
49. Indicates position
50. Electrocardiogram
51. Can be disconnected
55. Tall military cap
58. Cape Verde capital
59. Not written in any key
60. Creative
64. Suffix
65. Stacked
66. One who consumes
67. Not he
68. Whiskey and milk are two
69. Entryways
70. ___ and cheese

CLUES DOWN

1. Marketplaces
2. Hawaiian greeting
3. Mark left by the sea
4. Strongly affected by something
5. Music and painting are two
6. Small coin (French)
7. Letter of the Greek alphabet
8. A gesture involving the shoulders
9. Grey geese
10. Meal in the park
11. Human beings
12. What thespians do
13. Allow
19. Third-party access
21. "Casino Royale" villain Mikkelsen
24. Painful foot problems
25. The very first
26. Lawful
27. Ceramic jars
31. Hind ends
32. "Virginia Woolf" author
34. Try
35. For instance
36. Academic terms
40. Article
41. Religious belief outside the mainstream
45. Sound caused by reflection
47. Greatly horrify
48. Prey
52. Forays
53. River in eastern France
54. Bleated
56. Soft food cooked from buckwheat
57. Pre-Mayan civilization
59. Assert to be the case
60. Inches per minute (abbr.)
61. "Rosemary's Baby" actress Farrow
62. Chinese philosophical principle
63. Simpson trial judge

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Announcements

The Selkirk Record

ANNOUNCEMENT

CARD OF THANKS



The family of the late Emily Hendry would like to thank all family and friends who attended Mom's funeral, also for cards of condolence, charity donations and for all the love and support during Mom's stay in hospital. Special thanks to the staff at Red River Place and the Palliative Care staff at Selkirk General Hospital for all their loving care. Thanks also to Reverend Anthon Bouw and speech therapist Nancy Easton.

-Kind regards,
the Hendry family

ANNOUNCEMENT

IN MEMORIAM



**Tara Lamb
(Wachal)**

July 4, 1973 - March 24, 2005

However great or small
To have you as our daughter/sister
Was one of the greatest gifts of all.
A special time
A special face,
A special daughter/sister we can't replace.
Memories bring us closer,
We are never far apart;
For you are always with us,
In our thoughts and in our hearts.
With aching hearts we whisper low,
We miss you Tara
And Love you so.

-Love Mom, Dad,
Shannon (Mike) and Jay

ANNOUNCEMENT

IN MEMORIAM



**Alexander (Sandy) Field
March 28, 2016**

Memories are a gift to treasure,
Ours of you will last forever.
The pain of losing you will always stay,
Loved and remembered every day.
You are always in our thoughts
And forever in our hearts.

-Lovingly remembered and sadly missed
Tanis, Kerry, Robert and family,
Tara and Jason

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IN MEMORIAM



**Gerald Bracken
August 23, 1928 - March 23, 2014**

Treasured forever,
Loved for eternity.
Missed beyond all measure.
-Evelyn, Cheryl, Marilyn, Gordon, Brenda
and families

OBITUARY

**Margaret Osborn Sterzer
(nee Morrow)**



It is with great sadness that we announce the passing of our beloved wife, mother, grandmother and great-grandmother, surrounded by family on Saturday, March 18, 2017 at the Selkirk General Hospital at the age of 87 years.

She will be lovingly remembered by her husband of 67 years Larry; children, Laura (Rob), David (Deborah), Rick (Shannon), Norman (Karen) and Sandy. She cherished each of her many grandchildren, young and old.

She was predeceased by her parents, David and Elizabeth and sister Nora.

Mom was born in Winnipeg, Manitoba on February 20, 1930. She married the love of her life, Larry Sterzer and soon had five children. Larry and Marg moved to Lockport, MB to raise horses and start a small hobby farm but soon discovered they needed a bigger place so moved to their forever home in Petersfield MB.

Marg worked for Inland Trust and Savings for many years and volunteered with the St. Andrews/St. Clement's Agricultural Society where she made many friends and was the Secretary/Treasurer for the St. Anne's Roman Catholic Church in Petersfield. Mom loved to sing and dancing the jive and jitterbug with her husband. Mom didn't say a lot but was always the quiet voice of reason and gave us some pretty incredible advice over years.

A Memorial Mass will be celebrated on Saturday, March 25 at 11:00 a.m. in the Notre Dame Roman Catholic Church in Selkirk, MB with Father Stan Gacek officiating. Lunch will follow and a private family interment will take place at a later date in the St. Anne's Cemetery.

We would like to express our heartfelt thanks to all the staff at the Selkirk General Hospital for their care and compassion.

In lieu of flowers, donations can be made in Marg's memory to the Alzheimer's Society or the Manitoba Lung Association.

Condolences may be left at www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.

OBITUARY

Muriel Isabel Paddock

Peacefully, on Sunday, March 19, 2017, at the Red River Personal Care Home, Muriel Paddock, aged 95 years, of Selkirk, MB, beloved wife of the late Thomas, passed away.

In keeping with her wishes cremation has taken place and a celebration of her life will take place at a later date, details to follow.

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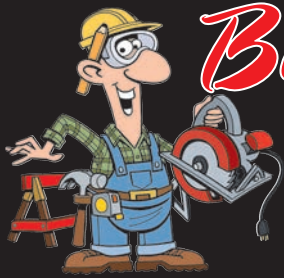
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2016 F150 S/C 4X4



Sport Appearance Pkg, Power
Group, Tailgate Step, Tow Pkg

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MSRP \$46,099

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New

2017 ESCAPE



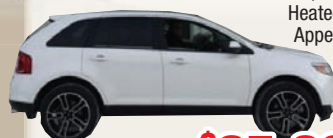
Back Up Camera,
SYNC, Power Group,
6 Speed Auto

Sale Price
\$23,088

Stock# 17010

MSRP \$26,989

2014 EDGE SEL

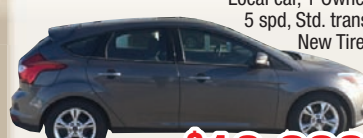


Sunroof, GPS Nav.,
Heated Seats,
Appear. Pkg.,
Loaded

Stk# P1636A

\$25,888

2013 FOCUS SE

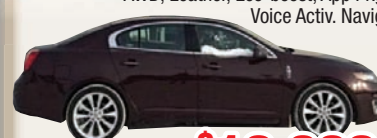


Local car, 1 Owner,
5 spd, Std. trans,
New Tires

Stk# 17162A

\$10,888

2011 LINCOLN MK5



AWD, Leather, Eco-boost, App Pkg,
Voice Activ. Navig.

Stk# 17190A

\$18,888

2014 NISSAN MURANO



AWD, Sunroof,
1 Owner, Local
Trade

Stk# 16314A

\$20,888

2017 ESCAPE TITANIUM



4WD, Lthr, Sunroof, Back up Cam.,
Sony Sound Syst.,
Ambient Ltg,
Htd Steer.
Whl

Stk# P1632

\$33,888

2012 GMC TERRAIN SLE

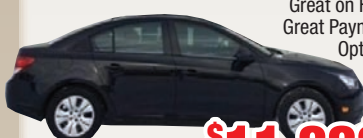


4x4, 1 Owner, Local,
Back up Camera,
New Tires

Stk# A1703A

\$14,888

2014 CHEVY CRUZE



1 Owner, Local trade, Low Kms,
Great on Fuel,
Great Payment
Options

Stk# 16202A

\$11,888

2016 FORD TAURUS LTD

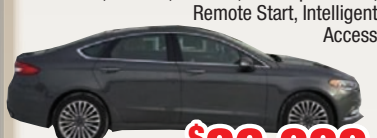


AWD, Leather, Adap. Cruise,
Lane-Dept Syst.,
Loaded

Stk# A1701

\$29,888

2017 FUSION SE LUXURY



AWD, Leather, Sunroof, Back up Camera,
Remote Start, Intelligent
Access

Stk# P1700

\$26,888

2012 FLEX

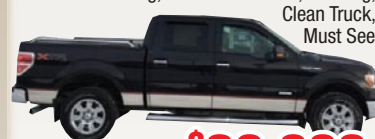


7 Pass, 3.5 Ltr, V6,
SYNC, Pwr Grp

Stk# P1635A

\$15,888

2012 F150 XTR

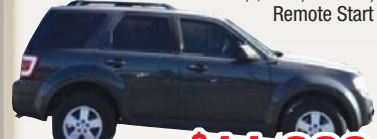


Chrome Pkg, 3.5 Eco-Boost V6, Tow Pkg,
Clean Truck,
Must See

Stk# P1579A

\$26,888

2009 ESCAPE XLT



V6, \$4WD, Sunroof,
Remote Start

Stk# 16380B

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