



# The Selkirk Record

VOLUME 12 EDITION 10

THURSDAY, MARCH 11, 2021

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, LIBAU, CARSON, DUNNOTTAR & TYNDALL

**MURPHY SAYS...**  
"I HOPE YOU GOT  
YOUR VEHICLE OFF  
THE ICE BEFORE IT  
WENT IN THE ICE"



We've got you covered...  
We are here for all  
of your motor vehicle  
insurance needs -  
even your off-road  
vehicles!



**K5insurance**

377 Main Street Selkirk  
(Next to Liquor Mart)

**204-482-7800**

k5insurance.ca

**autopac**

MANITOBA PUBLIC INSURANCE

## Seeing green



RECORD PHOTO BY NICOLE BUFFIE

Mia Borysowich and Robby Borysowich got to enjoy some Shamrock Shakes at McDonald's to celebrate St. Patrick's Day. The signature green beverages are only available for a limited time.

> everything you need to know in your locally owned and operated community newspaper



**KEYSTONE**  
**Source** for sports®

1-888-482-7552

417 Main Street, Selkirk

**WE KNOW OUR STUFF**

**WE FIT  
YOUR  
GAME**



**EASTON**

**Wilson**



**MIKEN**



**Mizuno**





Visit us at [HARRYSFOODS.CA](http://HARRYSFOODS.CA) to view our entire flyer filled with 100's of other items on sale each week.



**\$3<sup>29</sup>** / lb  
\$7.25 / kg

**Fresh Pork Loin Chops**  
Centre Cut



**Campfire Bacon**  
375 g

**\$2<sup>99</sup>**



**Burns Wieners**  
375 g

**2/\$5**



**McCain French Fried Potatoes**  
Assorted 900 g

**\$2<sup>99</sup>**



**Pastrami Rounds**

**\$1<sup>99</sup>** / 100 g



**Smith's Quality Meats**

**Classico Pasta Sauce**  
Assorted 410 or 650 mL,  
**Basil Pesto** 218 mL

**2/\$4**



**Kraft Salad Dressings**  
Assorted 475 mL

**\$1<sup>99</sup>**



**Pay it Forward**



**Selection Yellow Mustard**  
400 mL

**99¢**



**Schneiders Chicken Strips, Wings or Burgers**  
Assorted 600 - 750 g

**\$8<sup>99</sup>**



**Philadelphia Dips**  
Assorted 227 g

**2/\$5**



**Fine Foods Old Country Flour**  
All Purpose 10 kg

**\$7<sup>99</sup>**



**Wonder Bread**  
Selected Varieties 570 g

**\$1<sup>99</sup>**



**Armstrong Melts**  
Slices 450 g

**\$2<sup>99</sup>**



**Fine Foods Ice Cream**  
Assorted 4 L

**\$5<sup>99</sup>**



**Dairyland Sour Cream**  
14% MF 750 mL

**\$3<sup>99</sup>**



**3 LB BAG**

**\$2<sup>99</sup>**

**Fresh Royal Gala Apples**  
Canada / USA, 3 lb (1.36 kg)



**\$2<sup>69</sup>** / lb  
\$5.93 / kg

**Fresh Red Seedless Grapes**  
Imported



**3 PACK**

**\$4<sup>99</sup>**

**Fresh Tricolour Bell Peppers**  
Imported, 3 pk



**3 PACK**

**2/\$5**

**Fresh Romaine Hearts**  
USA #1, 3 pk



**\$2<sup>69</sup>** / lb  
\$5.93 / kg

**Fresh Asparagus**  
Imported, Large

Store has the right to limit quantities and to add enviro and deposit where applicable.



**HARRY'S FINE FOODS**



**LIFESTYLE PHARMACY**

Phone: 204.504.5500  
Fax: 204.504.5540

**5571 Main St. (Hwy #9) St. Andrews**  
Corner of Main Street & St. Andrews Road  
Customer Service: 204-338-7538  
Store Hours: Monday-Friday 8 am - 9:30 pm,  
Saturday 8 am - 8 pm, Sunday & Holidays 10 am - 6 pm



**FINE FOODS**  
"SERVING OUR COMMUNITY"

**PRICES IN EFFECT: THURSDAY, MARCH 11 - WEDNESDAY, MARCH 17, 2021**



# Selkirk vaccination supersite up and running

By Nicole Buffie

Selkirk reached another milestone in the fight against COVID-19 on Mar. 8 as the newest vaccination supersite opened at the former Selkirk and District General Hospital.

Among the first to be vaccinated at the site was Calvin Long.

"I feel no different than I did when I walked in," said Long, 93, after receiving his vaccine.

Another resident to receive their first dose of the Pfizer-BioNTech shot was Donnamay Innes, a resident from Gimli. She said it was a relief to have the site in Selkirk, meaning those in the area don't have to commute to Winnipeg or Brandon to receive their jabs.

"For a lot of people from the country, they maybe don't know their way around the city," Innes, 68, said. "I was happy that we'll just have to go this far."

Health Minister Heather Stefanson and MLA Dr. Alan Lagimodiere (Selkirk) were also in attendance of the new site reveal, receiving a tour of the registration, vaccination and observation areas.

The site is one of four supersites to open in the province, providing inoculations for those eligible including any member of the general public the age of 80 and over, and First Nations 60 years and older.

The site has 15 vaccination stations in total and had 198 people scheduled to receive their first dose of the Pfizer-BioNTech shot on opening day. Shannon Montgomery, regional director of public health and wellness for the IERHA said they plan to ramp up numbers to provide 1000 doses per week.

"As the vaccines start to flow, which is not a real problem today, then we'll be happy to be putting vaccines in people's arms," she said.

Montgomery said while the site can

only provide the Pfizer-BioNTech vaccine at the moment, as different vaccines are approved community clinics will be able to inoculate eligible persons as well.

"We'll be doing pop up clinics as we move forward," she said.

"[They] will come into the community and pop up for the day, do six or eight clinics and then return maybe a week later or two weeks later and keep that rotation through the region going until we get as many Manitobans with shots in their arms as we can."

Supply chain disruptions have caused a hiccup in the number of people able to receive their shots. However, with the recent federal approval of the Johnson & Johnson vaccine the government is hopeful their timeline for inoculations stays on track. The province estimates with a high-supply scenario they can provide first doses of vaccines to all eligible Manitobans by mid-May. Under the low-supply scenario, the timeline moves to the end of June.

As for the Selkirk supersite, any eligible person can book their appointment at the location even if they do not reside in the area. Those in the community wishing to get their jabs at one of the Winnipeg, Brandon or Thompson locations can do so as well. As of Mar. 7 90,927 doses of vaccines have been administered.



RECORD PHOTOS BY NICOLE BUFFIE  
Donnamay Innes, 68, was the first person to receive their COVID-19 vaccination at the new supersite.



RECORD PHOTOS BY NICOLE BUFFIE  
(From left) IERHA Regional Director of Public Health and Wellness Shannon Montgomery, Health Minister Heather Stefanson and MLA Dr. Alan Lagimodiere (Selkirk) receive a tour of the COVID-19 vaccination supersite at the former Selkirk and District General Hospital.

## The loan to pay off all loans.

4.99%  
APR  
PayOff Loan



Get your loan by May 31 for  
A CHANCE TO WIN

**\$5000**

PayOff Loan on approved credit. Conditions apply. Variable Rate subject to change. Visit cambrian.mb.ca/payoffloan for official contest rules. No purchase necessary.

**Cambrian**  
CREDIT UNION

*It's time to go...*

**GREEN!**

**439 MAIN ST., SELKIRK**  
North of Manitoba Ave.

**OPEN HOURS**  
MON - SAT 10-6 FRI 10-9 SUN 12-5

**BE BIG DOLLAR**



# New way to get active for Walter Whyte students

## Climbing wall allows for dynamic social distancing activity for students of all ages

By Katelyn Boulanger

With a little help from the community, Walter Whyte School has made gym class way more fun for its students this year.

"I got a handwritten letter, which you don't get very often these days. You don't often get a letter [never mind] a handwritten letter that says we want to give you money and for schools with small budgets, you can imagine it's difficult to get those fun, really extra things that your kids would love and your Phys. Ed teacher would love to have," said Walter Whyte School's principal Gloria Juvonen.

The letter was penned by Linda Norman and her friend Kay Keith, both of whom were former students at Walter Whyte and former members of the Grand Beach Rioters baseball team, which used to play in the region about 30 years ago.

"They used to raise money just as a team, and then they would donate it to a worthwhile cause," said Juvonen.

It was in 2019 that Norman and Keith realized that there was still \$2,000 in the baseball teams bank account and decided to donate it to the school.

The school then added funds from its annual community Christmas bingo event, which didn't take place last year due to COVID-19 restrictions, but has been going on for over a half-decade before 2020 and with a little help from the school board to cover

installation costs, the students now have a fun new climbing wall to play on.

The project was temporarily side-tracked at the beginning of last year as the pandemic did make delivery a bit of a challenge for a while, but now that the new equipment has made its way to the school, gym teacher Rob Simpson has realized that this is an especially great tool to keep students moving while social distancing.

"It's called the traverse wall so you climb horizontally. It goes around the corner in our gym and you don't go up so it's safer. The kids only go a certain distance up on the wall, there's a marker, and there are handles. Each student can start on a different spot on the wall. So they're distanced the recommended distance apart, per panel only one person. So they don't even have to wait in line, they can all start," said Simpson.

To keep it interesting for students he's able to change the configuration of the wall by moving handholds, inserting pegs for them to go over and under, and telling students to only grab certain colour rocks to get across. This allows the wall to be used by all students from kindergarten to grade 9.

Though this new piece of equipment has made gym class more of an adventure at the school, Simpson has definitely upped his game during COVID with about 80 per cent of his



RECORD PHOTO SUBMITTED

Lacey Weber taking her turn on the climbing wall.

gym classes now being outside time for students.

"This year, I was doing activities outside with the kids that they thought I actually invented. Things like kick the can and hide and seek. They had never played them before," said Simpson.

He recommends everyone try to incorporate physical activity into their lives.

"It's a benefit not only to your physical health but your mental health as

well. You're going to feel better, you're going to sleep better, you're going to have [energy], your appetite's going to be better," said Simpson.

"I can do them with a class of 20 [but] you can play them with a family of four too. Go with your family and do these things to get outside and get the fresh air," he said.

Simpson and Juvonen are both very thankful to the Grand Beach Rioters for the chance to bring this new activity to their students this year.

"They were really eager to, to get at it and get on it. And once they got the opportunity, it's been a big hit," said Simpson.

**OVERWHELMED BY THE SIZE OF YOUR PROPERTY?  
NEED HELP WITH THE UPKEEP AND MAINTENANCE?**

LET OUR FAMILY KEEP YOUR  
FAMILY IN THE HOME YOU LOVE

**Mike's**  
PROPERTY SERVICES

**We offer the following:**

- Spring and Fall Clean Up
- Weekly Lawn care/Acreage Mowing
- Tree Maintenance and Removal
- Property Clean Up, Debris and Junk Removal
- Interior/Exterior Maintenance and Repairs
- Complete Landscaping and Skidsteer Services
- Senior Discounts**

Registered/Insured/BBB A+ Accredited  
[www.mikespropertieservices.ca](http://www.mikespropertieservices.ca)

**Age Friendly wants to thank everyone for their support of the basket raffle draw.**

**Thank you to the following for their donations.**

Canadian Tire	Selkirk Friendship Centre
Hook & Tassel	Packers Ladies Wear
CN Rail	Noventis Credit Union
Meridian Health	Wish Me
– Dr. Carolyn Weiss	IERHA
Selkirk Soil	CIBC
& Aggregates	James Bezan
Brown & Sons	Bonnie Zahayko
Red River Tourism	MPIC

**The lucky winners were:**  
Tara-Lee Sinclair, Kyla Ray, Lisa Goetz,  
Evangeline Brook, Vance Morrison,  
Jeannie Sasley and Roddy Goetz

YOU DREAM IT, WE BUILD IT

**WOJCIK'S CARPENTRY & RENOVATIONS**

INTERESTED? CALL US AT  
(204) 266 1550 TO GET A QUOTE!

We specialize in custom built homes and garages, ICF basements, remodelling, kitchen and bath renovations, and concrete work.

OVER 20 YEARS OF EXPERIENCE



# Mama Bear's expanding den to Selkirk

New quilt biz coming, second location in Interlake

By Nicole Buffie

There's a faint smell of fresh paint and the sound of power tools at 511 Robinson Ave., which means a new business is coming to town.

For the last two weeks, Glen and Pauline Noordenbos have been preparing the space for the arrival of over 600 bolts of fabric for quilters in the area to get their hands on. For those not in the know, that equals to approximately 8,200 meters of material.

Mama Bear's Quilt Shoppe's new den in Selkirk is the third for the husband-and-wife entrepreneurs, with one location in Brandon and the other in Ashern, the first of their storefronts to open 21 years ago.

"There was an opportunity because there was no other establishment here," said Pauline, a veteran quilter and co-owner of the quilt shops. "We've had a lot of the clientele that support us from this area asking because of that fact so we decided to go for it."

While some would call opening a new business in the middle of an

economic crisis due to the COVID-19 pandemic risky, the pair said the move came as a result of consultation and requests from customers and the larger quilting community.

"Once you're in the quilting community, people get to know you," Pauline said of the name her shops have built for themselves throughout the years. "You also get to know the community and their needs."

Fulfilling their needs is what led to a third store versus building an online presence, said Pauline. She noted the desire to feel and see the fabric before purchasing it is important to her customers, therefore the idea to expand their brick-and-mortar locations was natural.

"We like challenges," said Glen.

Learning how to stitch from a friend, Pauline said the hobby is not a dying art as many would think.

"A lot of people think it's for old people, it's not," she said. "Modern quilts or the new techniques that are out there, or even the old techniques, people are getting back into it because



RECORD PHOTO BY NICOLE BUFFIE

(From right) Pauline, Mikayla and Glen Noordenbos plan to have their third Mama Bear's Quilt Shoppe open by early April.

it's something that you can do to create. You can be as creative as you want, and the sky's the limit."

The duo also hope to bring more business into the area as a result of commuters seeking out their products.

With much of their fabric purchased in Canada and being a small business, the Noordenbos's put the economic health of the communities they operate in at the forefront.

"If you're looking for a quilt shop,

you're going to find us, right? So they're coming here, then hopefully they'll support the local community or other businesses that are in this community as well," Pauline said.

Mama Bear's Quilt Shoppe, while still under construction, hope to open their doors to the public in April when they will offer fabric, sewing machines, and more. All they ask for in return is a warm welcome to the region.

## Clocks spring forward this Sunday for daylight savings

Staff

Daylight Saving Time goes into effect on Sunday, March 14, when clocks will "spring forward" by one hour beginning at 2 a.m. The shift will essentially make it darker in the early morning hours, while leaving one extra hour of light in the evening.

It also means that March 14 will only be 23 hours long, and you'll lose sleep if you have fixed times for waking up on the weekend. Regardless, you'll probably feel a bit discombobulated over the following days as you adjust

to a different sunlight schedule.

Clocks are pushed ahead one hour in spring to what's commonly called "daylight saving time," an idea first used in Germany during the First World War with the goal of saving energy. It aims to take advantage of daylight hours in the spring so that people don't sleep through the first few hours of sunshine.

When the daylight period gets shorter in the fall, the clocks are readjusted to the proper "local standard time."

## THANK YOU

Effective December 31, 2020, I have retired from the practice of law with PKF Lawyers, 407 Main St. That location is where I commenced practicing in Selkirk in 1983, firstly with Dan Williams, QC, and latterly on my own, in association with various lawyers over the years prior to my association with PKF in 2016.

I want to extend my sincere thanks to all of the lawyers, business partners and loyal clients with whom I have been fortunate to have been associated during my practice. In addition, and most importantly, I want to thank the staff who have worked so hard at the practice over the years. The practice would not have survived without their dedication.

Adam Kelso, Blake Hamm, and the friendly and very capable staff at the PKF office in Selkirk - Erica, Fran, Kristen, Janine, Gail, and Liz - will be pleased to assist the residents of Selkirk and District with their legal needs.

I have been truly blessed to meet and deal with many, many wonderful people in my years of practice. Thanks again to all of you.

David L Moore

### Need a Plumber?

24-Hour Plumbing Repair  
Fast | Reliable | Trusted | Guaranteed

**RILEY PATTERSON**  
Journeyman Plumber

Call or Text Riley 204-461-0035  
for immediate service

**Commercial, Residential, Agriculture, Service**  
New Installations & Repairs • Drain & Sewer Cleaning

Hot Water Tanks & Pumps  
Water Filtration - Water softeners,  
Purified Drinking water systems • Plumbing fixtures  
Gas Fitting • Well pumps/Septic pumps

**Need a quote? Email Riley at**  
**pattersonmechanical@gmail.com**





**The Selkirk Record**



**PUBLISHER**  
Lana Meier



**MARKETING & PROMOTIONS**  
Brett Mitchell



**EDITOR**  
Katelyn Boulanger



**SALES**  
Michelle Balharry



**REPORTER/PHOTOGRAPHER**  
Nicole Buffie



**OFFICE MANAGER/ADS**  
Lucy Kowalchuk



**DISTRIBUTION**  
Christy Brown



**SPORTS EDITOR**  
Brian Bowman



**ADMINISTRATION**  
Jo-Anne Procter



**PRODUCTION**  
Nicole Kapusta



**ADMINISTRATION**  
Corrie Sargent



**PRODUCTION**  
Debbie Strauss



**ADMINISTRATION**  
Allana Sawatzky



**PRINT**  
Dan Anderson

# get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

## Province eases back on some restrictions

### Relaxed public health orders in effect until March 25

By Ashleigh Viveiros

Another step in Manitoba's slow return to some semblance of normalcy was taken Friday as the province's latest public health orders came into effect.

At a press conference outlining the orders on March 2, Premier Brian Pallister stressed that while the province's vaccination program is making some headway, "we are not out of the woods yet" when it comes to battling COVID-19.

That's why Manitoba will continue with a slow but steady approach to re-opening, the premier said, explaining there will be two phases of health restriction rollbacks in the weeks ahead.

"These changes, once again, are cautious changes to ensure we continue to protect and safeguard Manitoba lives," Pallister said.

Dr. Brent Roussin, Manitoba's chief public health officer, went on to outline the first phase of orders, which came into effect March 5 and remain active until March 25.

"Manitoba's case numbers and test positivity rates continue to trend in the right direction," he said. "That's why we're able to begin to look at other options to cautiously reopen services in Manitoba."

Changes to the public health orders in effect throughout Manitoba include:

- Households can either continue to designate two visitors to their homes or designate a second household so that two households can visit each other, as long as everyone in the house has authorized those designated individuals to visit.

- Gathering limits at an outdoor public or private place increase to 10 people, including for outdoor non-or-

ganized sport or recreation activities.

- Places of worship have increased capacity size of 25 per cent or 100 people, whichever is lower, with physical distancing measures in place and mask requirements.

- All business types are now able to operate, with the exception of indoor theatres, indoor concert halls, casinos, and bingo halls.

- Retail stores, malls, and personal services have increased capacity limits of up to 50 per cent or 250 people, whichever is lower, with other public health measures still in effect.

- Restaurants and licensed premises have increased capacity limits of up to 50 per cent, with the requirement for tables to sit with only household members. Other public health measures remain in effect.

- Businesses other than casinos can resume operating video lottery terminals.

- Professional theatre groups, dance companies, symphonies, and operas can resume rehearsals that are not accessible to members of the public.

- Day camps for children can operate at 25 per cent capacity.

- Indoor recreation and sporting facilities such as gyms, fitness centres, rinks, courts, fields, ranges, studios, clubs, pools and centres can open at 25 per cent total capacity, with public health measures in place including for spectators, common areas, and locker rooms. The requirement to

provide one-on-one instructions has been removed.

- Gym, fitness centres, and pool users must continue to wear a mask while working out and in all other areas of the facility, with the exception of while in a swimming pool.

- Dance, theatre, and music facilities can open for a total capacity of 25 per cent.

- Indoor recreational facilities such as arcades, go-kart tracks, and children's facilities can open at 25 per cent capacity with physical distancing measures in place.

A further easing of restrictions could come into effect in a few weeks.

"Later in March we'll continue to evaluate whether we will stay at this level or continue to cautiously reopen," Roussin said.

He stressed that people still need to take steps to protect themselves from contracting and spreading the virus.

"We shouldn't interpret these reopenings as a reduction in our risk," Roussin said. "We were at this place before. We know that if let our guards down we're going to see transmission of this virus again. So we all have to be on guard, continue to practise those fundamentals."

That includes the continued use of masks, practising good hand hygiene, physical distancing, and staying home when showing even mild symptoms of illness.

**"MANITOBA'S CASE NUMBERS AND TEST POSITIVITY RATES CONTINUE TO TREND IN THE RIGHT DIRECTION,"**  
-BRETT ROUSSIN

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca). Please include your name, address, and phone number for confirmation purposes.



#### > CONTACT US

By phone: **204-785-1618**  
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,  
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

#### TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

**Brett Mitchell:** 204-485-0010  
Email: [bigandcolourful@mymts.net](mailto:bigandcolourful@mymts.net)

**Michelle Balharry:** 204-485-1419  
Email: [michelle@selkirkrecord.ca](mailto:michelle@selkirkrecord.ca)

or call our office at 204-785-1618

#### EDITORIAL

**Katelyn Boulanger** 204-485-3337  
[news@selkirkrecord.ca](mailto:news@selkirkrecord.ca)

View the Selkirk Record online at  
**[selkirkrecord.ca](http://selkirkrecord.ca)**

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

#### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.*



# The local ladies of International Women's Day

The Selkirk Record celebrates women-owned businesses

By Nicole Buffie

Every year on March 8, women around the world are celebrated for their achievements, sacrifices and contributions for International Women's Day.

Figures such as Michelle Obama, Frida Kahlo and Rosa Parks are just a few among the many whose work and advocacy are honoured.

For those 24 hours women are held above the rest, but as soon as the clock strikes midnight regular life resumes. However, for some local businesses every day is International Women's Day.

For Katie Hartle, she's always a powerhouse be it inside or outside of the gym.

Her business, Glow Fitness for Women, is a women-ran gym dedicated to creating a safe space for those looking to exercise and feel empowered.

"I like to say that I am my own best customer," said Hartle. "I really wanted to have the kind of experience at the gym that I wasn't really able to find, and that includes a women's-only experience."

The small-yet-mighty studio runs classes catered to the needs of women. Hartle said she had that in mind from the beginning; from the design of the studio itself to the machines in it, to the yoga classes dedicated to balancing hormones for soon-to-be moms, it's all about what serves her members best.

"I think there's just something special about when women are able to gather in a community and support each other, and that was the kind of the vibe I wanted to bring into the gym," she said.

In addition to her gym, Hartle runs a side business in the form of a smartphone app designed for users to find friendships on — all while being a new mom herself.

With all of her endeavours, it begs the question: how has she been able to sustain it during the COVID-19 pandemic?

A report from accounting service FreshBooks stated women-owned small businesses in Canada are taking longer to recover from mandated shutdowns than those run by men. It read they are taking nearly twice as long to recover when compared to their male counterparts.

Luckily, Michelle Bloom has not had that experience.

The owner behind Three6Tea made

the decision to close her doors to the tea and coffee shop when the pandemic quickly shuttered businesses across the city and opened a takeout window to still give her customers a portion of the experience she sought out when opening her shop six years ago.

"I have just the most amazing loyal customer base," she said of how the pandemic affected the business. It was only recently she welcomed customers back for in-person shopping to browse teas and merchandise sold within the walls of the shop.

Reminiscing on the beginnings of her business, Bloom said it's the ingenuity that keeps her afloat, constantly evolving to keep customers coming in the doors.

"The more needs you can meet for your customers and the easier you can make it, I think the more successful you can be in surviving this difficult time," she said.

In The Mighty Kiwi's case, it was meeting the need of a café that served healthy options and juices, something co-owner Miranda Schmidt felt was lacking in Selkirk.

Schmidt and fellow Kiwi co-owner Jocelyn Kreml took the plunge into the restaurant business four years ago and have since opened a second location in Winnipeg.

"I think some people were a little new to juicing and some of the ingredients we might use in our recipes, but I think everyone's been pretty accepting of everything," Schmidt said.

With a concept and business plan, the pair took to the banks to receive financing but encountered a problem when they couldn't get anyone to sign

Continued on page 8



RECORD PHOTOS BY NICOLE BUFFIE

Miranda Schmidt, co-owner of The Mighty Kiwi which recently opened a second location in Winnipeg.



Michelle Bloom and Three6Tea had to get creative during provincially-mandated shutdowns which led to a take-out window installed so they could continue serving customers.



**Royal Canadian Legion Branch 42**

403 Eveline Street, Selkirk  
Office: 482-4319 Bar: 482-6015 [www.selkirklegion.org](http://www.selkirklegion.org)

**Welcome back to the Selkirk Legion!**

**Temporary Hours:**  
Monday- Saturday 12-10pm  
Sunday 12-6pm

**NEW ONLINE 50/50 DRAW**  
[www.fundingchange/rc142](http://www.fundingchange/rc142)

**No bingo or draws for month of March.**  
**Social Distancing in Effect.**  
**Everyone Welcome!**

**What's *Your* story?**

**We want to hear from you.**

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas at [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) Phone 204-485-3337

**The Selkirk Record**



# Library has your movie night covered

Visit the Gaynor Family Library for pre-made fun family time

By Katelyn Boulanger

The staff at the Gaynor Family Regional Library have dreamed up a new way to make time at home a little more enjoyable by putting together pre-made movie night boxes that residents can borrow. Just add popcorn.

The library was inspired to create this opportunity by a vendor that was selling similar pre-made movie bundles.

We went, 'Hey, wait a minute, we could so do this, with the stuff that we have already,' and [it didn't] really cost us too much other than packaging it all together," said Katherine Anderson, Information Technology/Public Services Coordinator for the Gaynor Family Regional Library.

The bundles that they are calling binge boxes have 4 movies each and all of the movies in each bundle follow a theme. Some bundles are more general like children's movies but others contain movies that all have the same lead actor, like their Tom Hanks bundle.

"It's something that helps you for the weekend. [For those moments when you say] 'I feel like watching some

movies and bringing out the popcorn. But what to check out? What do I feel like?," said Anderson.

The library was able to make this happen because of donations from residents. Amongst the donations of old books and DVDs, the library often has duplicate copies which they hang on to, as old DVDs can be difficult to get a hold of.

It's these duplicates that they used to create the binge boxes so that nothing that is available individually is taken out of circulation.

Residents have 12 binge boxes to choose from at the moment but the library staff intend to keep their eyes open for extra DVDs that seem to fall together as a natural movie night combination to make more options available in the future.

The boxes can be taken out just like any other book or movie at the library by going to their online catalogue or giving the library a call so that they can be put on hold and made ready for pick-up.

This is one of the many new ways the library is trying to reach patrons now that access to the library has been



RECORD PHOTO BY KATELYN BOULANGER

Gaynor Family Regional Library is now offering binge boxes to residents to help make movie nights/weekends an event to look forward to.

limited by COVID-19 restrictions.

"It's just in their nature to be excited about trying things that are new and different and pushing your comfort on things you have an interest in. [We say] let's follow that interest and fully explore it. We're just passionate here, and we just love what we do and we love our patrons [so we want to make sure that as many options are open to them as possible]," said Anderson.

She hopes that this helps residents make movie watching more of an event in their households.

"We take the guesswork out of the equation for you. We've got it all set, all you need to do is, you know, pick your theme. Check it out," Anderson said.

To check out your binge box visit the library's website at [www.gfml.org](http://www.gfml.org) or call 204-482-3522.

## > INTERNATIONAL WOMEN'S DAY, FROM PG. 7

off on it.

"Even though we had this like really good, unique idea and the town clearly needed it and it was something that we felt was needed, they didn't," Schmidt said.

Statistics show that women are less likely to receive cash from investors when starting a business. In The Mighty Kiwi's case, it was the 50 per cent failure rate of restaurant start-ups that left the banks uneasy.

"I felt like we weren't really taken seriously at the banks," Schmidt said.

A rocky road to success and failure to secure financing was much the same for Jeannie Webb when she opened the doors to Bella Ragazza six years ago.

Webb said she applied three times before receiving a loan approval for her lingerie store.

"There's a lot of dismissing: there's a lot of, 'Yes, you have this idea, but you must be trying to do what has already been done.'"

Webb feels there is still a gap between male and female-owned businesses, and the numbers back it up; Statistics Canada reported that only 15.7 per cent of small and medium enterprises are owned by women while the rest belong to men.

However, despite some initial roadblocks Bella Ragazza has since flourished into a beacon of body positivity that caters to the needs of all shapes and sizes, something Webb said was integral to her mission statement.

"I think that it's a hard thing for women when they go into stores and they're told that they don't have something for them or it doesn't come in their size; we wanted people to be able to come in, pick out a product, put it on and have it feel great."

Filling the gaps seen by the business owners in the area proved successful, and despite statistics or a global pandemic each are thriving in their own respect. For Hartle, it was the strong presence of women paving their own way in the community which led her and Glow Fitness to where it is today, and where celebrating women isn't exclusive to one day a year.

"Women are just such great collaborators naturally and community builders, and I found that was the case with the women's

business community in Selkirk. I felt that a lot of other business owners tend to work together on things, and we all win when we do that."



RECORD PHOTO BY NICOLE BUFFIE


Katie Hartle, owner of Glow Fitness, is the definition of 'girl boss' as she runs both a gym and FriendMatch, an app designed to help you find friendships - all while being a new mom.

### EMPLOYEES OF THE MONTH


### FOR FEBRUARY

*At Selkirk's*  
**Tim Hortons**

*Congratulations!*



**Ramandeep**  
263 Main St, Selkirk, MB



**Jatinder**  
1041 Manitoba Ave, Selkirk



# Delivering Easter baskets to the forgotten kids

## Discovery Toys helping kids in shelters celebrate the holiday

By Nicole Buffie

Children staying in shelters or charity homes across the province will have the opportunity to celebrate Easter with some added cheer thanks to donations from the community.

The Children's Charity Project, an initiative spearheaded by Discovery Toys will see over 225 Easter baskets filled with toys and sweets delivered to children staying in women's shelters, Ronald McDonald House and Family Room.

Tanya Pilat, one of the organizers for the initiative, said the donation drive stemmed from 10 years of similar projects done by the toy company.

"It's something that corporate kind of initiated as a way to give back, and for our consultants to be able to give back to children within our communities," she said.

Discovery Toys, a multi-level direct selling company specializing in educational toys for children, conducts campaigns such as the Easter basket donation across the country every year. Donations for the baskets come from community organizations and businesses across the province including activity books, art supplies and items from the Discovery Toys catalogue.

One of the recipients of the Easter baskets will be Nova House, an emergency and transitional women's shelter in Selkirk.

"Donations from the community are always such a great gift for the families staying with us and using our services. We could not offer the supports

we do without the amazing generosity of our community, like the Easter Basket Campaign," said Nova House Executive Director Viktoria Westgate in a statement. Nova House saw 65 women in their residential program and 53 children in the shelter for the 2019-2020 fiscal year.

"Nova House is always so grateful to receive donations and our community has been so incredible with their support," Westgate said. "The children are always very excited on Easter morning when they wake up and get a sweet Easter basket filled with goodies."

Pilat said the decision behind choosing the Easter holiday as one to coordinate the campaign around was that kids in need are often forgotten about during that time of year.

"Everyone tries to help out kids at Christmas," she said. "But you know, when someone's escaping an abusive situation and the parents are trying to seek shelter in a women's shelter, they're not able to provide some of those extras for their kids they're just trying to provide them a safe place to be for the moment."

She noted previous recipients of the baskets for their children have been grateful as holidays tend to be left on the back burner due to a lack of funds.

"You hear those stories and that makes you sort of validate what it is that you're doing and the impact that you're having on these kids," Pilat said. "Kids have been a blessing to me, and I want to make sure that everyone feels as blessed. If we can help out them we want to do it."



RECORD PHOTO SUBMITTED

Tanya Pilat hopes to donate over 225 Easter baskets to children staying in women's shelters and the Ronald McDonald House this year.

The project, in its seventh year of operation, hopes to cross the 1,000-basket mark after this year's drive. Pilat said anyone wishing to donate to the

cause with items or monetary support can contact her at tanyapilat@yahoo.com or 204-453-6984. Donations will be accepted until March 31.

# Case numbers on the right track, but risk remains: Roussin

By Ashleigh Viveiros

Public health officials announced 63 new cases of COVID-19 and one new virus-related death on Monday.

That brought the total of lab-confirmed cases in Manitoba to 32,288.

There were 1,145 active cases, 30,236 recoveries, and 907 total deaths due to the virus at press time. Manitoba has thus far reported six cases of the B117 COVID-19 variant and three of the B1351 variant.

"Our case numbers for the most part continue to improve, trend in the right direction, as do our hospitalization numbers," said Dr. Brent Roussin, Manitoba's chief public health officer. "However, we still see many individuals in hospital, still see many

individuals still in intensive care.

"So there continues to be a need for us to be on guard. The variants of concern add to that need. We are still at risk."

A total of 164 people were in hospital due to the virus on Monday, 22 in intensive care. Fifty-four of those patients were considered to be contagious.

The five-day COVID-19 test positivity rate was 3.5 per cent provincially and 2.4 per cent in Winnipeg.

Our health region, Interlake-Eastern, had a total of 138 active cases at press time on Monday and 10 people in hospital, including three in ICU.

Breaking down the numbers further in the Interlake-Eastern region, there

were 110 active cases in Northern Remote and five in Powerview/Pine Falls at the start of the week.

Arborg/Riverton, Beausejour, Ericksdale/Ashern, Fisher River/Peguis Gimli, Pinawa/Lac du Bonnet, Selkirk, Springfield, St. Clements, St. Lau-

rent, Stonewall/Teulon, Unknown, Whiteshell and Winnipeg Beach/St. Andrews were all reporting zero active cases.

These areas together have seen 2,255 recoveries and 36 deaths since the pandemic began a year ago.

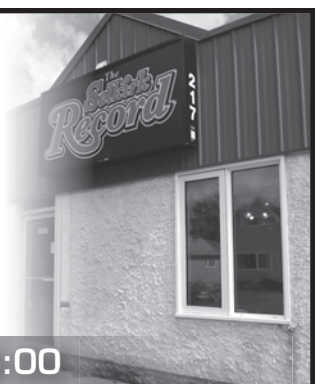
## The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline  
**Mondays at 4 p.m.**

Office Hours: Monday-Friday 9:30-5:00





# Staying north this winter instead of moving south

## Snowbirds stuck in cooler climate due to COVID-19

By Nicole Buffie

Right at this moment, Connie McCormick and her husband would be in Florida or Thailand, spending the winter months retreating from the snow in Manitoba.

"We say we live in Summerpeg," Connie McCormick said from her home in Gull Lake as the COVID-19 pandemic has halted the snowbirds from flying south.

As two retired Air Canada employees, the McCormicks have spent the last 26 years travelling to over 123 countries. This year marks the first winter in 30 they've spent in Manitoba and the first in 52 they have not stepped foot on an airplane.

"I think all of the people who do like to travel are all feeling starved for it at the moment, it's definitely been an experience having to stay here," McCormick said of being grounded for the first time in half a century.

It's no secret the travel industry has suffered as a result of the novel coronavirus; Air Canada reported an 88 per cent decline in passengers for their third quarter of 2020 and an operating loss of \$785 million as opposed to an operating income of \$956 million in 2019 as a result of the pandemic and subsequent travel restrictions.

Despite the loss, the company is still paying out retirees their benefits and honours the packages offered to those

who gave 25 years of service, something the McCormicks both achieved before retiring, which includes airfare with a handsome discount.

Those benefits have allowed the couple to travel to unlikely places and meet fellow vacationers-turned-friends.

"It's a learning experience that travel gives you; it's a chance to learn about the world," she said. "It also makes you appreciate your own country more."

From seeing the ultra-futuristic city of Dubai to meeting Keith Richards and Mick Jagger on a beach in Barbados — where they also met each other — the couple has seen more corners of the world than most. However, choosing a favourite stamp in their passport cannot be done, said McCormick.

"I have friends in a lot of countries, and I think perhaps when you have a friend, they show you the country in such a better, in-depth way than that when you're a tourist. [On your own] you just kind of see the surface, you don't really see everything or get a real feel for it," she said.

While the pair have boarded 32 cruises in their time together and McCormick calculated 2.5 years of the last 26 in retirement have been spent flying around the globe, the 72-year-old said the most valuable lessons one can learn from travelling is most people are the same in one way or another, and a good attitude goes a long



RECORD PHOTOS SUBMITTED

Connie McCormick would be on a beach like the one she's standing on in South Africa at the moment if it weren't for the COVID-19 pandemic. Instead, she's keeping warm at her home in Gull Lake. (Pictured below)

way.

"It makes such a big difference," she said. "A smile is easy to give, and most people are very welcoming."

And while they may be stranded for the winter, instead of visiting the ancient city of Jericho with friends they met while in Ko Samui, the McCormicks keep up to date with fellow travellers around the world over the phone and internet, waiting for the day they can stamp their passports and board another flight.



# Beer, cheese and tunes at the Marsh

## Doc Walker to play Minister's Dinner

By Nicole Buffie

What is usually a single evening at the Oak Hammock Marsh featuring a five-course meal and prominent figures has now turned into a virtual beer and cheese tasting with the musical stylings of homegrown musicians to fundraise for a worthy cause.

The Manitoba club which focuses on wetland preservation would usually be in the process of selling the \$450 tickets to those interested in supporting the interpretive centre and their wetland education are now busy coordinating home deliveries of locally sourced goods for the online gala due to COVID-19 changing this year's fundraising plans for the organization.

The event, split into two evenings with the last one being Feb. 26 which

was wine and charcuterie-themed, will include provisions from craft beer company Devil May Care and Winnipeg-based fromagerie The Cheesemongers. Attendees will also receive a custom cheeseboard from B Inspired Gifts and Books.

As for entertainment, in addition to speeches from Minister of Agriculture & Resource Development Blaine Pederson and Ducks Unlimited CEO Karla Guyn the event will feature a performance by Portage La Prairie natives and country music stars Doc Walker.

"Nobody really wants to watch an event where it's only speeches from CEOs and ministers, we figured we'd give some people an additional incentive to participate in the event," said

Jacques Bourgeois, director of marketing and communications for the marsh, on the decision behind including a musical act in the evening.

He also noted the importance of continuing the fundraising gala despite gathering restrictions as the centre has seen a dramatic decrease in traffic due to the cancellation of field trips and visitors from out of province.

To help offset the lack of traffic, the centre pivoted to an online tours of the marsh and educational workshops which have allowed schools to virtually explore the area and learn more about wetlands. However, it's still no match for the 8-12 school groups the centre would usually see every day, the centre's bread and butter as Bourgeois calls it.

The centre also suffered a blow when a well collapsed in spring 2020 which meant the centre had no run-

ning water. After a summer of repairs, the site reopened its doors in September just in time for fall migration season when birds in the area flock south for winter.

"It's been a really big challenge for our bottom line," he said.

While tickets for the Beer and Cheese Minister's Dinner on March 13 are no longer available, those looking to support Oak Hammock Marsh can donate through their website and for each donation, Canada Life will match it. Non-ticketholders can also participate in the silent auction until March 13 which features bucket-list experiences and Ducks Unlimited merchandise as prizes. For more information visit [www.oakhammock-marsh.ca](http://www.oakhammock-marsh.ca).



# St. Clements subdivision approved by council

## Four-lot subdivision gets green light despite community backlash

By Nicole Buffie

A rezoning and subdivision application in the RM of St. Clements to divide one property into four slices has passed at council despite years of opposition from the community.

The acreage at 529 Danko Dr. has received the stamp of approval after lengthy public hearings and an appeal before the Red River Planning District.

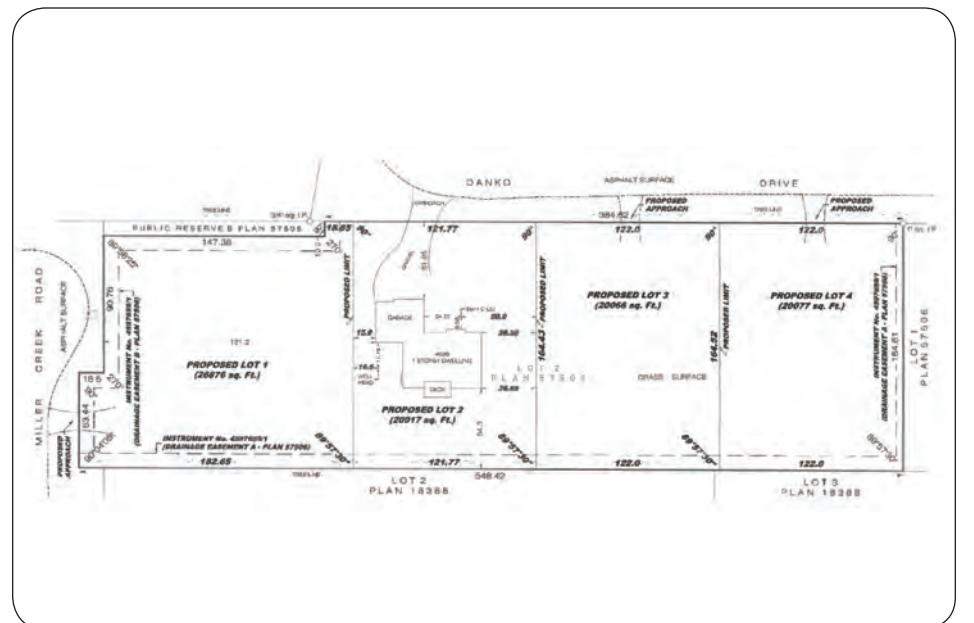
An initial public hearing held on July 28, 2020, heard concerns from residents regarding the proposed change to the zoning for the property which would allow for the subdivision.

Oppositions stated residents' property value will decrease, wildlife will be disrupted, drainage and sewage would be problematic, and the aesthetic of the area would change with the density of the addition of three houses on the property.

Ross Mitchell, the applicant for the rezoning and subdivision on behalf of the property owner, said while he cannot speak for the individual concerns of neighbouring properties, sewage and drainage for the area will be operational and the additions will increase value to the RM.

Despite discussions, with over 27 objections to the rezoning application, the matter was put to an appeal hearing before the RRPD and the public hearing for the subdivision was adjourned until a later date.

Once confirmed by the RRPD on Jan. 18, bylaw 2-2020 received third reading and passed before council on Mar. 2. The subsequent public hearing of the subdivision application heard 11 speakers in opposition to the matter, with over 100 objections between the two public hearings for both applications. The matter ultimately passed at



RECORD PHOTO SUBMITTED

The newly-approved subdivision will see an additional three houses built and the larger lot split into four, half-acre lots.

council, granting the property owner the ability to divide the single property into four, half-acre subsequent properties.

# Manitoba delaying COVID-19 shot second doses

## This will allow more Manitobans to be immunized faster

By Ashleigh Viveiros

Manitoba's vaccine task force announced a major change to the rollout of the COVID-19 shots last week.

Dr. Joss Reimer, the task force's medical lead, said the province is increasing the length of time between first and second doses of the vaccine. This change could allow every eligible Manitoban to receive a first dose of the vaccine by the end of May or June, depending on vaccine supply.

"This approach will allow us to immunize more eligible Manitobans sooner," Reimer said. "This helps protect us all."

Manufacturers of the Pfizer-BioNTech and Moderna vaccines recommend second doses be administered three or four weeks after the first.

But recent guidance from the National Advisory Committee on Immunizations (NACI) has stated the interval between doses could potentially be extended to four months without losing a great deal of effectiveness.

"These vaccines are providing a significant level of protection even after one dose," Reimer explained. "This means that there is more of a clear advantage to getting vaccine to more people sooner."

Data from other parts of Canada, the United Kingdom, and Israel have put first dose efficacy of the vaccines to be between 70-80 per cent.

"That's excellent real-world vaccine effectiveness," Reimer said, noting, of course, the vaccines have not been out long enough to get four-month data yet.

"We feel very comfortable with the data that we have in front of us, that it's been so consistent in so many different jurisdictions to provide that high level of effectiveness up until two months," she said. "But we also will be watching and if there's any signs after that two month point that immunity starts to decrease, we can pivot again."

"That's the nature of science—we are always putting out our best plan but then testing it and watching," Reimer said. "We need to be ready to adapt to new information as it comes in ... we feel that, based on the information available to us, this is the best plan."

Health officials have said that all second-dose appointments made before this change was announced will be honoured.

It's also important to note that a second dose of the vaccine is still needed

for full protection.

"For long-lasting immunity, that second dose is really important," Reimer stressed. "We don't want to have to do this next year."

**"The whole world is watching"**

Reimer also addressed questions about the differences between the various vaccines now approved for use in Canada, including the newer AstraZeneca vaccine.

"Clinical and real-world studies have shown all of these vaccines to be effective in preventing COVID-19," she said. "The people who have been immunized are much less likely to not only become infected but also to have severe symptoms if they do become infected."

While these vaccines were developed quickly they still had to meet certain standards before being approved for use.

"There have been clinical trials, there have been data reviews—all of the processes associated with a more typical vaccine authorization process," Reimer said. "Data on these vaccines are growing all the time and they con-

tinue to be very closely monitored. In fact, the whole world is watching as these vaccines get rolled out."

She pointed out that this close monitoring and quick reporting of any potential side effects doesn't happen with any other type of medical intervention.

"So we know far more about the vaccine safety than we do any prescription that I might write in my clinic, for example," Reimer said. "For me, the development of these vaccines shows what we are capable of on an international scale when there's a strong collective will to protect people's health."

Reimer urged people to get vaccinated with whichever vaccine is available as soon as they are eligible.

"They have all been tested and they have all been found to be safe and effective," she said.

Up-to-date vaccination eligibility guidelines and details about booking your appointment are available online at [manitoba.ca/covid19/vaccine/index.html](https://manitoba.ca/covid19/vaccine/index.html)

**"THIS APPROACH WILL ALLOW US TO IMMUNIZE MORE ELIGIBLE MANITOBBANS SOONER,"**  
- JOSS REIMER



# Warmer weather brings thinner ice

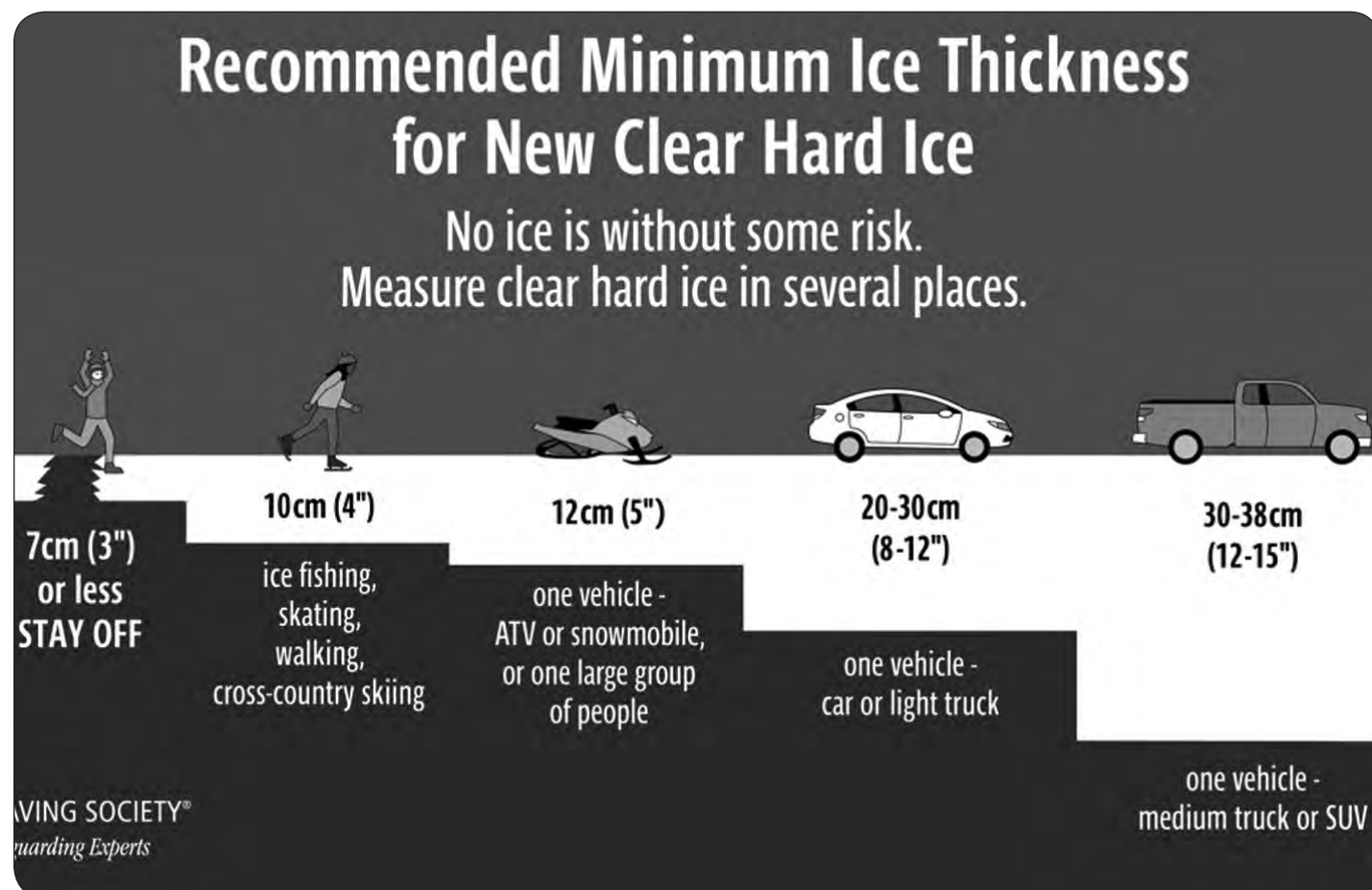
Ice safety concerns come from Manitoba Lifesaving Society

Submitted by the Lifesaving Society of Manitoba

Due to the ongoing above average and fluctuating temperatures in the province, Lifesaving Society Manitoba is advising everyone to stay off frozen bodies of water. All ice in the province is now unpredictable and potentially unsafe.

"If you do choose to go on the ice, then you need to plan ahead and be prepared to go through the ice and into cold water," said Lifesaving Society Water Smart Coordinator Dr. Christopher Love. "Wear something that floats, like a lifejacket over your winter clothes, don't go out alone, and be prepared to perform a rescue."

Lifesaving Society Manitoba's Ice Safety Thickness Cards are now available in nine different languages. The cards tell you how thick the ice needs to be to walk or drive on it. However, no ice should be considered without some risk.



RECORD PHOTO SUBMITTED

Thicknesses of ice required to hold various weights of objects.

## Spring flood risk low across Manitoba

Staff

The risk of any significant spring flooding is minimal across Manitoba, according to a provincial report released last week.

Manitoba's hydrologic forecast centre's spring thaw outlook described the risk of a major spring high water event as low in most Manitoba basins, although it remains somewhat dependent on weather conditions from now until spring melt.

In the south central region of the province, there were near to below normal flows for this time of year on the Roseau and Pembina Rivers with a low risk of spring flooding on both of those tributaries of the Red River.

"Despite the current risk for high water activity being low this spring, our government remains vigilant and prepared and will continue to monitor watershed conditions across the province," said Infrastructure Minister Ron Schuler.

"Our hydrologic forecast centre provides accurate and timely hydrologic

forecasts, and monitors river flows and lake levels daily throughout the year. We have complete confidence that our government is prepared to respond to any potential hydrologic event and ensure the safety of all Manitobans."

Due to below normal soil moisture at freeze-up and below normal to well-below normal winter precipitation levels, the risk of major spring high water activity is low for all southern and central Manitoba basins.

The centre also reports the Red River floodway is not expected to be operated under normal and favourable future weather scenarios.

Minimal operation of the Portage diversion is also expected to reduce ice related damages on the lower Assiniboine River, while the Shellmouth reservoir is currently at its optimal level to meet water supply needs while also providing enough storage for spring high water protection.

Manitoba's Emergency Measures Organization will be organizing a se-

ries of spring conditions seminars for local authorities and emergency services personnel with the latest forecasts on water levels for the major water systems in the province, noted Schuler.

The virtual sessions include one Monday from 9-11 a.m. for the Red

River Valley and tributaries and another Tuesday also 9-11 a.m. for the Assiniboine and Souris rivers and tributaries and Central Manitoba.

The Hydrologic Forecast Centre plans to release a second spring thaw outlook in late March.



RECORD FILE PHOTO

Photo from 2018 when ice jams caused flooding in the region.



# Province issues third round of Manitoba Bridge Grant payments

Submitted by Manitoba government

The Manitoba government is increasing its budget for the Manitoba Bridge Grant and making a third round of payments to help protect businesses in the province from the impacts of COVID-19, Premier Brian Pallister announced on March 2.

"As the pandemic and public health orders continue to impact businesses, we are increasing our budget by \$15 million for the Manitoba Bridge Grant to help create a bridge for businesses through this challenging time," said Pallister. "We are focused on creating an environment for a sustained reopening of our economy so that businesses can reopen safely and stay open. We continue to work side-by-side with all businesses to help them get back to doing what they do best – create jobs for Manitobans and offer the services Manitobans rely on."

Through a third round of payments,

the province will provide up to \$67 million in immediate support to eligible small and medium-sized businesses, not-for-profits and charities impacted by the #RestartMB Pandemic Response System. This brings the total program investment to \$215 million, which is \$15 million above the province's original commitment of \$200 million. The province has also extended the Manitoba Bridge Grant application deadline until March 31.

Eligible businesses that received a first and second bridge grant payment, each worth up to \$5,000, will automatically receive a third equal payment beginning as early as Friday, March 5 and will be notified of the deposit via email. New program applicants will be eligible for a one-time immediate payment to a maximum of \$15,000.

"This additional payment will help cover the impact of public health or-

ders on operating costs pending the careful reopening of our province, as well as help businesses with reopening costs as we safely loosen public health orders," said Pallister. "We recognize and appreciate the sacrifices our business community has made to keep all Manitobans safe and the crucial role it plays in our safe reopening plans."

The province created the Manitoba Bridge Grant in November 2020 to provide \$5,000 upfront to businesses, not-for-profits and charities directly affected by public health restrictions and temporarily ordered to close their storefronts to the public. It expanded the program Dec. 8, 2020, to support home-based businesses indirectly impacted by public health orders, offering up to \$5,000 based on 10 per cent of their most recent calendar year revenues. The province expanded program eligibility Jan. 8 to include

hotels, resorts, lodges and outfitters, travel agencies, janitorial services companies and owner/operators of licensed passenger transportation businesses that saw demand for their services impacted by public health orders.

To date, the Manitoba Bridge Grant program has paid approximately \$134 million to 14,775 eligible applicants. This includes approximately \$117 million to more than 11,700 storefront businesses and organizations, and \$17 million to more than 2,400 home-based businesses.

More information about the Manitoba Bridge Grant is available at:

[www.gov.mb.ca/covid19/programs/bridge-grant.html](http://www.gov.mb.ca/covid19/programs/bridge-grant.html).

Businesses that require assistance in completing the online form can contact Manitoba Government Inquiry at 204-945-3744 or 1-866-MANITOBA (1-866-626-4862).

## Viewpoint: Pandemic debt will affect generations to come

By Becca Myskiw

Mona Brown at PFK Lawyers is urging people to get ahead of the inevitable post-pandemic debt.

PFK Lawyers and BDO are hosting a series of webinars to educate people on what's to come and to help them plan for it. Brown said there's no way to know what will happen, but it's important to anticipate it.

Right now, the debt to GDP ratio is over 72 and climbing to 106, said Brown, which is the worst it's been since the end of the Second World War.

Because of COVID-19, government spending has been higher than usual. They've rolled out the Canada Emergency Response Benefit (CERB), business and rent subsidy programs, forgivable loan programs, and have given loan upon loan. There's also vaccine spending and an higher than usual unemployment rate, which was at 9.5 per cent federally in January.

Brown said there will also be a big bailout coming up for large airline companies because without them, the economy will crumble.

"So, someone has to pay more taxes to get the debt down," she said.

Brown said to lower the debt, the government will have to cut spend-

ing, but they can't while they're trying to boost the economy. So, instead they have to increase taxes or cut the benefits people have right now.

The benefits Brown is referring to are the small business and small farms corporate rate of tax, which is nine per cent. She's concerned the special farmer rules will be significantly changed to get ahead of the incoming debt, but that's not the only sector that needs to worry.

"Everything and anything is potentially on the chopping block," she said.

Brown expects the economy to get worse before it gets better. There's no question, she said, that Canadians will have to pay more taxes because of the pandemic for multiple years to come.

"People have to be aware that we can't just saddle our grandchildren," she said. "It's our debt."

Anything people can do now to save for the future and prepare for it will be helpful, she said, and she encourages anyone who can, to do so. Taking advantage of the current rates is also important because they won't last much longer.

For more information email Mona Brown at [mbrown@pfklawyers.com](mailto:mbrown@pfklawyers.com)

## Grocery grab returns



RECORD PHOTO BY BRETT MITCHELL

Harry's Foods is inviting residents to enter its Fine Foods Community Heroes grocery grab contest once again. Participants can sign up at Harry's Foods check out and should they win will receive a \$1000 shopping spree for themselves and the opportunity to donate two \$1000 prizes to local organizations in our communities. Pictured: West St. Paul's Trinity Klassen filling her cart. As a previous grocery grab winner Klassen asked that \$1000 be donated to the Selkirk Mental Health Centre Recreation Department and Lord Selkirk High School's Band Program.



# Spectacular northern lights in region



RECORD PHOTO BY DESTINY GULEWICH

The aurora borealis, or northern lights, have been dancing up a storm over Manitoba over the last few weeks. This photo was taken just outside of Teulon on March 2. A large number of pictures of this spectacle have been posted to social media by those fortunate enough to catch the show. But what causes this light show in the sky?

The bright dancing lights of the aurora are actually collisions between electrically charged particles from the sun that enter the earth's atmosphere. The lights are seen above the magnetic poles of the northern and southern hemispheres. They are known as 'Aurora borealis' in the north and 'Aurora australis' in the south..

Auroral displays appear in many colours although pale green and pink are the most common.

**Celebrate**  
**MARCH MADNESS**  
Fishing Supplies & Tobacco Products  
**Smoke n FISH**

**Under New Management**  
**25% Off**  
**GIFT WARE**  
Giftware includes dreamcatchers, picture frames, salt and pepper shakers, western and nature themed art, signs, wine holders, candles, etc.

**405 Main St., Selkirk**  
**204-785-8860**  
**OPEN 6 a.m. to 8 p.m. DAILY**

## Continuing Thanks



RECORD PHOTO BY BRETT MITCHELL

Penelope Swirsky of Selkirk wants to give a big thank-you to all the front line workers who are keeping our world turning.





# The fastest Internet technology for everyone in your home.

Don't put up with the bandwidth tug-of-war. Get pure fibre Internet, the fastest Internet technology for everyone in the house, at an amazing price.

## FIBE INTERNET AND TV IN A BUNDLE

**\$140**/mo.<sup>1</sup>

For 24 months.

Current price ~~\$174.90/mo.~~

Prices subject to increase after promo.

- ✓ Internet with 500 Mbps download and upload speeds and unlimited usage<sup>2</sup>
- ✓ TV with major networks, 1 wired set-top box and a 4K PVR<sup>3</sup>

Check availability



[bellmts.ca/Selkirk](https://bellmts.ca/Selkirk)



204 225-5687



Visit the Bell MTS store

**Bell**MTS

Internet speeds  
just got  
better

Current as of March 5 2021. Offer ends March 31, 2021. Available to new customers in Manitoba where access and technology permit. Customers who subscribed to Fibe TV and Internet in the last 90 days are not eligible. Subject to change without notice; not combinable with other offers. Taxes extra. (1) Pricing is based on continued subscription to: Fibe 500 Internet, Fibe TV Good package, 4K Whole Home PVR plus one wired-set top box at \$140.00/mo. (\$174.90/mo., less \$34.90 credit for 24 months); current price: \$174.90/mo. Any change made to services may affect the price and/or result in the loss of credits or promotions, as the case may be, as eligibility conditions may vary. (2) Download speed up to 500 Mbps. Upload speed up to 500 Mbps. Speed experienced on the Internet may vary with your technical configuration, Internet traffic, server, your environment, simultaneous use of IPTV (if applicable) and other factors. Modem rental included. (3) Each TV requires a set-top box to access the service. Receivers are rented and may be new or refurbished at Bell MTS's choice. 4K picture quality requires 4K TV, 4K programming, wired set-top box plus 4K service and a subscription to Fibe 50 or faster Internet with Bell MTS. Availability of 4K content is subject to content availability and device capabilities (4K TV). Bell MTS 4K TV Service only available on one TV per household. The BELL MTS and FIBE trademarks are owned by Bell Canada.



# Achievement unlocked: 100 days of school



RECORD PHOTOS SUBMITTED

Students at Walter Whyte school took the time to celebrate a small but under the circumstances also big achievement this year, the first 100 days of a very different kind of school year. This year with COVID-19 restrictions being very present for students while they achieve their educational goals it made sense to mark the day with fun artwork. Pictured left: Walter Whyte student Brody with some cool colouring and (right) Janee with a large 100 day mural.



## CHASE THE ACE

CancerCareManitoba  
FOUNDATION

A favourite game, now online!

Progressive jackpot  
nearly \$15,000  
*...and growing.*

Draws  
every  
Thursday  
4 p.m.

Buy your tickets NOW!  
**cancercareace.ca**

LGCA 3819-RF-35380

**SELKIRK**  
CHEVROLET • BUICK • GMC



February  
Top Sales

**RURAL DISCOUNTS WITHIN REACH!** Josh Isfjord

Josh was great. He explained everything and was very patient with the entire process! Come see Josh Isfjord at Selkirk GM

- Larry W

@joshselkirkgm

1010 Manitoba Ave, Selkirk MB  
Open 24 Hours @ [www.selkirkgm.ca](http://www.selkirkgm.ca)

**204-482-1010**







**OVER \$36,000**

**was raised and will go to care and research for Huntington's families**



**The Huntington Society of Canada MANITOBA CHAPTER**

**Would like to say another Huge Thank You**

***In 8 years, the great sponsors and riders who have participated in this event have raised close to a quarter of a million dollars for the Huntington Cause!***



**This year's "Individual" HD500 Fundraiser ride was very different.**

**Our riders went out, raised funds and on the weekend of February 20th went for a safe ride in the name of the Huntington cause. The pictures shown here were sent in by our rider friends of their individual rides.**

**"Also thanks to the anonymous \$1,000 doner and the anonymous doner who has again matched our fundraising this year!"**

**Thank You to:**



**WASTE CONNECTIONS OF CANADA**





# House of Economy gives back



RECORD PHOTO BY KATELYN BOULANGER

Selkirk's House of Economy was about to give \$4000 to Interlake Eastern Health Foundation to help support services in our communities. This amount is not far off what they would normally be able to give at this time to IEHF despite the store having to shut down for a few months last year due to COVID-19 restrictions. The House of Economy in Selkirk is entirely volunteer run and raises funds for many groups in our community. They are always looking for new volunteers and invite anyone interested to call 204-785-8350. They also want to thank all of their donors over the year saying they would not have been able to raise these funds without them. Pictured left to right: Colleen Girling, Erika Kuttnig, and Lillian Morrisseau are volunteers who were happy to help a cause in their community.

## Legislation introduced to speed up Legal Aid Manitoba

Submitted by Manitoba government

The Manitoba government is introducing changes to the Legal Aid Manitoba Act that would give Legal Aid Manitoba (LAM) the authority to set fees for private bar lawyers, Justice Minister Cameron Friesen announced Thursday.

"Giving Legal Aid Manitoba the responsibility over the tariff will ensure that Legal Aid has the ability to make adjustments quickly and manage services more effectively," said Friesen. "Fees have not increased for years; we acknowledge the importance of addressing this in order to ensure that lawyers will continue to choose this important field of practice."

The proposed amendment would ensure that LAM has the necessary levers and tools available to make modifications quickly to ensure fair or reasonable services. This would also provide opportunities to make adjustments when law or procedures

change.

LAM provides free or affordable legal services to low-income Manitobans and ensures access to justice for those who are disadvantaged and facing a well-resourced individual or entity in court. These services are delivered using a mixed model, with roughly half of the cases handled by lawyers on staff and the other half of cases handled by private bar lawyers who are paid a fee for each case. Fees for private lawyers are currently set out in provincial regulation based on an hourly rate, which has not increased since 2008.

Early last year, the province released an independent review of Legal Aid Manitoba that identified several important opportunities for improvements. The report included a number of recommendations to improve legal services and support the sustainability of the organization, including amendments to the Legal Aid Act to

give Legal Aid the authority to set the tariff as they see fit.

This change aligns with Manitoba's throne speech commitment to enhance the provision of legal aid to ensure it delivers on its core mandate to efficiently provide legal services for those who cannot afford them. The minister noted it also supports the goal of Manitoba's Criminal Justice System Modernization Strategy to improve the timeliness of the justice system including bail hearings.

LAM operates at arms length from government and is funded by the Manitoba government, the Government of Canada, the Manitoba Law Foundation and fees paid by clients. Similar programs exist across Canada. For more information about LAM, visit [www.legalaid.mb.ca/](http://www.legalaid.mb.ca/).

The independent review of LAM and its recommendations are available online at [www.gov.mb.ca/justice](http://www.gov.mb.ca/justice) under Publications.

**ACCEPTING PATIENTS FOR**  
Family Practice, Women's Health  
and Walk-in Clinics

**Easton Place** 15 Wersch St. Selkirk 204-482-4044  
Across from the Selkirk Rec Complex

## Find what health

This March, the theme for Nutrition Month is "Find what health means for you!" Dietitians help you find your health according to Dietitians of Canada, is to find what healthy eating looks different for you. Healthy eating can be influenced by a variety of factors:

- Your overall health
- Your nutritional needs
- Your taste preferences
- Your culture and food traditions
- Your dietary restrictions

In other words, what constitutes healthy eating is unique to each person. Here are a few questions a dietitian can help you find what works for you:

**Counter misinformation**

Dietitians can help you break down myths about healthy eating. For example, you don't have to limit yourself to salads or cut out all carbohydrates to eat healthy, despite what a variety of social media influencers would have you believe.

Instead, a dietitian will direct you to reliable sources such as Canada's Food Guide,

## Mindful eating: a

Mindfulness is about learning how to focus on the present moment. Here are some tips for mindful eating and how you can implement it in your daily life.

**Benefits of mindful eating**

If you pay close attention to what you eat, when, where and why, you're more likely to make better food choices and adopt better eating habits. You'll be more aware of how certain foods affect your energy and mood.

Mindful eating can also help you recognize hunger and fullness signals. This helps prevent overeating or emotional eating.

In addition, taking the time to savour each bite can increase your enjoyment of food. You develop a better relationship with food. A deliberate style of eating is good for digestion.

**How to eat mindfully**

The key to mindfulness is to be completely present.

**Visit our No Frills Pharmacy today and save!**

**NOFRILLS**  
366 Main Street, Selkirk Town Plaza

**Interlake Cremation & Memorial Services**  
204.482.1040  
Helping families make informed decisions at a difficult time  
[interlakecremation@mymts.net](mailto:interlakecremation@mymts.net) 204-482-1040



**MEDICATION REVIEW SERVICES**  
FOR A \$60.00 FEE  
\*This fee may be covered under a Health Spending Account from private insurance.  
**SHOPPERS DRUG MART**  
230 Main St., Selkirk  
204-482-5600

**We're on Your way home**  
**HARRY'S FINE FOODS**  
**LIBERTY PHARMACY**  
**YOUR LOCAL ONE STOP SHOP**  
• Bakery • Fresh Meats • Deli • Produce • Hot Foods  
• Lotto • Tobacco • Confectionery  
harrysfoods.ca  
5571 Hwy #9 (at St. Andrews Rd.) St. Andrews (204) 338-7538

**ORDER AHEAD. PICK UP AND GO.**  
JUST USE THE **M APP**  
GET IT HERE  
©2021 McDonald's

**Serving the Interlake for over 25 Years**

**BONDED HEALTH & MOBILITY SERVICES**

- SALES • SERVICE • PARTS • REPAIRS
- RENTALS of • Wheelchairs • Scooters
- Walkers • Healthcare Products
- Homecare • Orthotics

Toll Free: 1-877-825-0917  
Email: ihebert@bondedhealth.ca  
230 Manitoba Ave, Selkirk 204-785-1992

# Your Health

## Healthy eating means for you

Nutrition Month is Good for your healthy. The purpose, Canada, is to emphasize the different for everyone and of factors such as:

a wide range of ingredients that can benefit your body. From whole grains and unsalted nuts to vegetable proteins and fresh fruit, there are plenty of nutritious foods that can be part of a healthy, balanced diet.

### Provide personalized advice

Given their extensive knowledge of nutrition, dietitians understand how to take your various needs and preferences into consideration to create a meal plan that works for you. By consulting a dietitian, you'll gain access to a wealth of professional advice that suits both your body and your taste buds. If you're ready to discover what healthy eating means for you, schedule a consultation with a dietitian in your area.

### Additional resources

Dietitians of Canada provides a variety of online resources to help you connect with local dietitians, learn more about nutrition and discover delicious new recipes. Visit: • Dietitians.ca • Unlockfood.ca • cookspiration.com

ions

stitutes healthy eating is re a few ways that a dieti- rks for you.

ak down misconceptions mple, you don't have to out all carbs in order to ety of social media trends

ect you toward reputable d Guide, which promotes

## g: a practice with many benefits

g how to focus your aware- here are some advantages can implement this prac-

what you eat as well as ore likely to make healthy ating habits. For example, rtain foods affect your en-

you recognize your body's is helps reduce the likeli- al eating.

o savour the experience of oyment of eating and help ip with food. Plus, a slow, d for digestion.

be completely focused on

the activity at hand. Here are a few ways to help you be more aware of what you eat.

- Avoid distractions. Set aside time to eat rather than doing so on your commute or while you work. Put down your phone and turn off the TV so you can focus on your meal.

- Use your senses. Take the time to appreciate the colours and aromas of your food before you start eating. Focus your attention on the textures and flavours of each bite.

- Eat slowly. Take small bites and chew thoroughly. Put down your utensils between each bite to help you avoid eating on autopilot. This will give your body time to signal that you're full.

Keep in mind that cooking is also part of the mindful eating experience, and preparing a meal increases your awareness of the textures, flavours and nutritional value of each ingredient.

## Detox Slaw

This salad is packed with detoxifying ingredients which include lemons, cilantro, parsley and cabbage and is great for lunches! Always an option to add protein of choice like tuna, steak or chicken.

Lemon - cleanse bloodstream, liver and aids digestion and boosts the immune system.

Cilantro - helps relieve indigestion, gas and detoxes the liver.

Parsley - stimulates detoxification, aids digestion and helps lungs and spleen.

Cabbage - stimulates immune system and kills bacteria and viruses.

Garlic- stimulates immune function  
Ginger- reduces inflammation and aids digestion.

1 bag coleslaw, pour into bowl. Add 1/2 bunch of cilantro and parsley, finely chopped.

For dressing:

Juice of a lemon (about 1/4 cup) 1/4 cup extra virgin olive oil, gate 2 cloves garlic and an inch of frozen ginger (see tip below) mix well and pour over salad.

Makes 4 servings.

Recipe submitted by:

Elizabeth Logan R.H.N.

Nutritional Counselling and Workshops  
www.holisticmommabear.com

"Holistic Nutrition is about wholesome, pure ingredients as close to nature as possible. Each time we eat, we are given the opportunity to nourish the cells in our body which has the amazing ability to heal and detoxify itself." Elizabeth Logan R.H.N

**Here for You**

**Pharmacy**

at **SAFEWAY**

**Manitoba Ave & Main Street**  
**204-482-8887**

**FOR A HEALTHIER PLANET PLEASE RECYCLE**

**WASTE CONNECTIONS OF CANADA**

for a list of recyclable products go to:  
**simplyrecycle.ca**

**Jeff Wharton**  
MLA for Red River North  
204.641.2107

**Alan Lagimodiere**  
MLA for Selkirk  
204.482.4955

**Water Shop**

ALONG WITH WATER AND ICE... WE ALSO DELIVER **SOFTENER SALT**

204-482-2277 | thewatershopselkirk.ca | info@thewatershopselkirk.ca

**Avani's Plaza**

rvices  
med  
ne  
-1040

**AVANI WELLNESS & MASSAGE**

*Serving our Community for 23 Years*

**Avani Wellness & Massage**  
**www.avaniwellness.com**  
**204-757-2765**

**120 Hwy 44 Lockport**

**LOCKPORT FAMILY CHIROPRACTIC**

**Lockport Family Chiropractic**  
**www.lockportfamilychiropractic.com**  
**204-757-4895**



# your FARM



## Mixed farmer maintains five income streams

Although he might be among the last of the small mixed farmers, an Argyle man enjoys trying out new forms of agricultural technology.

Ian Smith generates his entire income from five different sources on his quarter-section that he bought from his parents, Malcolm and Audrey, in 1994. The industrious farmer cares for a couple hundred naturally raised pigs, 15 head of cattle, 85 laying hens as well as three fields — one for canola that he sells, one that he rents out to another farmer and one for barley that he uses for feed.

"I'm the last of the true mixed farm-



Smith raises pigs along with the beef.



Smith with his bull Gallagher.



Still driving a 1954 John Deere 60 tractor.



The Moocall sensor is attached to the cow's tail 2-3 days before her due date. It sends regular updates when the cow is going to calve with 95 per cent accuracy.

ers in the province, meaning I have a little bit of everything. Hardly nobody has a quarter-section anymore. If they do, they don't have as much diversity as I have here," said Smith, who drives a 1954 John Deere 60 tractor.

"I have no off-farm income here. I have no pension coming in. I have no spouse here that's working off the farm. I have no other money to rely on



RECORD PHOTO BY JO-ANNE PROCTER

Ian Smith with one of his shorthorns cows and her calf.

except what I'm making off this farm."

When Smith's parents bought the farm in 1953, it came with some dairy cattle. Although they shifted their focus to hogs, they still kept cattle over the years.

Since it's preferable if cattle remain calm in order to gain more weight, Smith decided to try the docile shorthorn breed. He bought four registered

Continued on page 22

### TRIDEKON CROPSAVERS®

**GUARANTEED TO INCREASE YIELDS**

» CROP DIVIDERS »

before after

**STOP**  
running over  
your profits  
do the math and  
add up the  
savings

**Great in standing Canola**

**NEW!**  
Short cones 16" or 21" wide. Proven effective when desiccating Canola.

**NEW!**

Inner Crop Protection Shield Guide crop away from sprayer for maximum protection.

**KEY FEATURES**

**Call for a dealer near you**  
**1-866-292-6115**  
**sales@tridekon.ca**  
**www.tridekon.ca**

**2% PER ACRE SAVINGS ADDS UP TO A LOT MORE NET PROFIT!**



# Your FARM



## The varied value of trees

PVWD urges landowners to take advantage of shelterbelt project funding, support

By Ashleigh Viveiros

The Pembina Valley Water District is urging landowners to give some thought this spring to the value of shelterbelts.

Clinton Cavers, the district's GROW Program coordinator, says they're doing everything they can to incentivize people to plant and maintain new shelterbelts, including providing partial funding and labour for tree planting projects.

It can still be a hard sell, though, in an area where land values are so high. "Most people want to farm as many acres as they possible can get," Cavers says.

"Shelterbelts were pretty popular 40, 50 years ago, but now because they haven't been maintained they're starting to degrade, the trees are getting to the end of their life cycle, and with machinery getting larger they're maybe not in the ideal spot. That's



SUPPLIED PHOTO

From left: PVWD GROW Program coordinator Clint Cavers with Kroeker Farms organics agronomist Jason Peters. Kroekers has for years made shelterbelt planting and maintenance a priority.

why you see so many that are being torn down."

But as aging trees come down, it's becoming more clear than ever the vi-

tal role they play in the landscape.

"I think people are starting to realize

Continued on page 22

**OVER 80 YEARS IN BUSINESS!**

**FAMILY OWNED & OPERATED**

Photo (left to right): Phillip, Patrick, George, Gerald, Jena and Josh Grandmont

**SPRING PARTS SPECIALS**

GET YOUR ORDERS IN TO BE READY FOR SPRING SEEDING

Our showroom is open! Come in and visit us in person or give us a call.

Get entered for DOOR PRIZES and pick up your COFFEE & DONUTS to go!

**HUGE SAVINGS on MacDon Performance Parts**

MACDON SALE PRICING VALID THROUGH APRIL, WHILE QUANTITIES LAST

**SICKLE SECTIONS**

Coarse cut or Fine cut

Pack of 25

**NOW ONLY \$31.46/pk**

MCD279641  
MCD279642

**GUARDS**

**NOW ONLY \$17.45ea**

MCD118344

Our parts are tested in the toughest real-world conditions, ensuring the worry-free harvesting performance you've come to rely on with MacDon. Demand the best for your harvest.

**VALUED CUSTOMER SPECIAL OFFERS:**

Hy-Tran Ultraction 5 Gallon Pails... **15% OFF**

15W40 #1 30 Gallon Drum..... **15% OFF**

Case IH OEM Filters (in stock)..... **20% OFF**

Case IH OEM Batteries (in stock).... **10% OFF**

All in stock Shovels & Sweeps..... **15% OFF**

Air Seeder Hose (2 1/2" white & black)... **\$2.59/ft**

**SPRING PARTS SPECIALS VALID WHILE QUANTITIES LAST**

**LEO'S**

SALES & SERVICE, LTD.

Highway 101 at Sturgeon Rd. Winnipeg, Manitoba

Phone: 866-694-4978

**CASE IH**

AGRICULTURE

**CNH**

INDUSTRIAL

GENUINE PARTS

**CNH**

INDUSTRIAL

CAPITAL

**www.leoscaselh.com**

**Agri-Vac**

**6614**

- Fill 100' silos!
- Clean up spills!
- Clean Out 50' Diameter bins!
- Suck up high moisture corn!

**ALL INCLUSIVE 2 YEAR WARRANTY**

WALINGA.COM

**TOUGH TO BEAT IN THE LONG RUN**

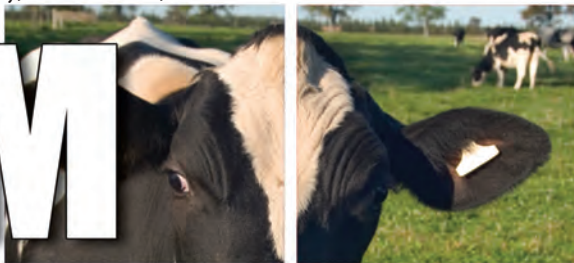
Book your demo now: (204) 745-2951

**WALINGA**

INC.



# Your FARM



## > VALUE OF TREES, FROM PG. 21

"I think people are starting to realize the value in trees," says Cavers. "Once they're gone they can see what those old shelterbelts were doing for them and how they were beneficial."

Among the benefits? Wind erosion, for starters.

"Soil is the key to having a productive and successful farm, so if the soil's blowing away you're actually losing your productivity," says Cavers.

Shelterbelts also do their part to keep snow on the fields in the winter—something that can be immensely helpful during a dry spring.

On the flip side, they also provide a measure of flood protection.

"Having that snow stay in the field and on the field a little bit more slows the runoff in the spring, which has great effect for soil erosion and flooding," Cavers says.

A well-placed shelterbelt also pro-

vides shelter for livestock and wildlife and reduces the impact of wind on snow drifting on nearby roads and yards.

But perhaps one of the biggest benefits—and one the water district is understandably most excited about—is the role trees play in refreshing local aquifers.

One recent study shows that a single kilometre of shelterbelt can supply over nine million litres of water to an aquifer per year.

"It's pretty incredible," says Cavers. "And with an area like Winkler in particular where you have irrigation and lots of development happening, that aquifer recharge is hugely important."

PVWD, through the GROW Program, has about \$80,000 it can spend on shelterbelt projects across the region this year. It also teams up with local municipalities in funding certain

projects, including the City of Winkler and the RM of Stanley.

Whether it's a single row of trees along a driveway or several shelterbelts on a larger farm, no project is too small for consideration, Cavers stresses, explaining funding is based on the size of the shelterbelt.

"There's a huge list of trees that are available to plant," he says. "We will basically supply the trees. We can also supply some help with summer students to install the trees."

"And with this program we offer a little bit of incentive for the land that the shelterbelt takes up," Cavers explains. "So if there's an acre or two taken up by a shelterbelt along the side of your field, you can apply for some incentive payment to offset that."

One local farm taking PVWD up on this offer are potato growers Kroeker Farms, who have made shelterbelt planting a priority for years.

Jason Peters, organic agronomist

with Kroekers, says that while some trees do need to be removed at the end of their life cycle, the company is committed to replacing as many as they can.

"Potato ground is extremely vulnerable to erosion," he points out. "We know we need trees to help keep it where it is. Without the soil, we have nothing."

CEO Wayne Kroeker adds that they feel a duty to the land they oversee.

"I do think we have an obligation beyond economics—we need to protect and enhance the environment and the precious resource of our soil."

If you'd like to learn more about the incentives available for shelterbelt projects, contact Cavers at 204-245-0636 or pvwdgrow@gmail.com.

"If anybody has any ideas or inklings that they might want a project to happen on their land, just give me a call and I will come out and see them," he says.

## > MIXED FARMER, FROM PG. 20

shorthorn heifers from Tom Walls of Balmoral in 2017, followed by two more the next year.

"He's been my mentor and guides me through," Smith said of Walls.

Now, Smith and Walls are the only two registered shorthorn breeders in the Interlake. In total, there are about 20 registered shorthorn breeders in the province, Smith notes.

Shorthorns were the first registered breed in North America, he adds. He refers to his animals as "Armac" shorthorns — "Ar" for "Argyle" and "Mac" for his dad's first name (which was actually Malcolm, but everyone called him Mac.) His family, his community and the shorthorn breed all have ties that bind to Scotland.

With an appreciation for agricultural history, Smith also keeps his eye on the future of the industry — and he doesn't shy away from incorporating new technology.

About two months ago, Smith installed cameras in his cow barn so he could keep an eye on his cattle remotely.

"The cameras are quite a novelty. They're pretty nice to have. I can sit in the house and watch the cows calve from my couch. I can watch it on TV or the computer or even my phone," he said.

"There's a camera in the centre of the barn on the ceiling and I can turn it around from inside my house or anywhere from my phone. I could be in Winnipeg and turn the camera around to see what's going on with each cow."

A couple weeks ago, he also added another technological feature — a calving sensor called Moocall from Ireland.

The sensor is attached two to three days before

the cow's due date, high on the tail opposite the vulva, using a ratchet clip. The Moocall measures tail movement when a cow gets contractions and sends an SMS notification to a phone or computer.

"I'm only the third person in Manitoba to have this. It straps onto the cow's tail and it detects when the cow is going to have a calf. It's supposed to give you a two-hour notice, then another text an hour before they calve," Smith said.

"The technology is just unreal. It's totally awesome. I have two of them now, and it's unbelievable. They'll save a calf's life, for sure, because you can't be there all the time when a cow's calving. It gives you a warning and tells you when a cow is going to give birth."

For Smith, the best part of farm life is the hands-on experience that comes from working with the animals. All of his pigs and cattle are under a herd health program with his vet. Smith runs a closed herd, which means he keeps his own replacement females to reduce bringing in any health problems with other animals.

"Every animal has their own personality. I've only got Grade 9 education and that built character in me. I'm not a big believer in textbooks; you've got to learn by experience," said Smith, who goes outside at 5 a.m. to start his daily chores with the animals seven days a week.

"I might be the hub of the wheel of this place, but the hub is no good without the spokes, meaning the people who surround me — like the guy I buy my hay from, the veterinarian I deal with, the guy that does my AI for me for the cattle, my neighbours at New Haven Hutterite

Colony, the mechanics, the electricians that I depend on. In some cases, the big operations don't depend on locals in the same way."

For Smith, the bulk of his business still comes from pork sales, he proudly maintains a binder with the names of hundreds of customers as well as a website called Natural Raised Pork at [www.naturalpork.ca](http://www.naturalpork.ca).

"I've got customers that have been very loyal to me," he said.

"If you love what you're doing, it's not work. I just turned 58 and I would say I've never worked a day in my life."

## FEED FOR YOUR FARM

Mash, Dry Rolled, Crumbles, Pellets,  
Steam Rolled Feeds

Beef, Poultry Swine Goat Sheep Rabbit  
Step Right Horse Feed  
Poultry Equipment

Farm and Ranch Supplies  
Fencing Equipment  
Pet Food



Inwood Feed & Supplies

Tues - Friday 10 to 5, Sat 9 to 3  
1155 Hwy 17

office 431-305-8089 cell 204-249-0068



# get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

## Irish Potato Bread

tender. Remove potato from saucepan into large bowl. Mash potato then set aside.

Grate second potato onto cloth. Wring potato in cloth to remove excess water. Add grated potato to mashed potato in large bowl. Add egg, egg white, oil, milk, onion, caraway seeds, 3 1/4 cups flour, baking powder and salt. Stir with wooden spoon until mixture is soft and sticky.

Turn dough onto floured surface. Adding flour as needed, knead dough to form 8-inch round shape with slight dome. Place dough onto baking sheet lined with parchment paper. Cut large "X" on top of dough about 1/2 inch deep.

Bake 55 minutes until golden brown. Cool on wire rack 1 hour before serving.

2 medium or large russet potatoes  
1 egg  
1 egg white  
1/3 cup canola oil  
3/4 cup milk  
2 tablespoons green onion, minced  
1/2 teaspoon caraway seeds  
3 1/4 cups all-purpose flour, plus additional for dusting and kneading  
1 1/2 tablespoons baking powder  
1 teaspoon salt  
Heat oven to 375 F.  
Peel potatoes. Slice one potato and boil in saucepan 15 minutes, or until



## Mint Brownies

1/2 cup whipping cream  
1 bag (12 ounces) chocolate chips  
1/2 cup butter  
Heat oven to 350 F.

Spray 8-by-8-inch pan with nonstick cooking spray.

In large bowl, mix brownie mix, water, oil and egg until combined. Pour into prepared baking pan. Bake 35 minutes. Cool completely, about 1 hour.

To make filling: In large bowl, beat powdered sugar, butter, whipping cream, cream cheese, peppermint extract and food coloring. Spread over cooled brownies. Refrigerate 1 hour, or until set.

To make topping: In saucepan, melt whipping cream, chocolate chips and butter until smooth. Cool until lukewarm, about 10 minutes. Pour over filling; spread to cover. Refrigerate 2 hours, or until set.

Before serving, let brownies set 10 minutes at room temperature.

Tips: Cut brownies with wet knife for cleaner cuts. Store covered in refrigerator.

Servings: 9-12  
Nonstick cooking spray  
1 box supreme brownie mix with chocolate syrup pouch  
3 tablespoons water  
1/3 cup vegetable oil  
1 egg  
Filling:  
3 1/2 cups powdered sugar  
1/4 cup butter, softened  
1/4 cup whipping cream  
5 ounces cream cheese, softened  
1/2 teaspoon peppermint extract  
5 drops green food color  
Topping:

# Forgiveness and letting go



By Gwen Randall

The hardest pain to carry in life may be the one we create within our own mind. The deepest hurts, notwithstanding loss of loved ones, invariably result when we feel someone has not lived up to our expectations. They have not loved, respected, or cared for us as we wish they might have.

We yearn for that fulfillment to come, like a cat waiting for someone to fill up her food dish. We feel a void inside, and keep focusing on that emptiness. We feel sad it is there, and look to someone else to fill that void. It may be a parent, partner, friend or even an employer. When it does not come, there is a feeling of disappointment, sadness, and perhaps bitterness along with feelings of lesser worth.

Unfortunately, the reason another does not fill this void in the way we would like is because they do not know how. They have their own inner void. We are all moving along a healing path, after all. The love, respect and caring we crave needs to come from within anyway. If we truly love and honor ourselves, with compassionate patience, we fill the inner void. Then we are free to simply love others, without expecting anything in return.

This is the unconditional loving

that returns a hundredfold. Waiting for others to do this for us creates pain. Resenting them for not having done it in the past creates bitterness. Pain and bitterness reside in our own hearts: we are hurting ourselves. If we no longer want the hurt, we must give up the idea of changing what is outside of ourselves. Instead, we just release the pain and bitterness. That's it. As soon as we choose to let go of the pain and bitterness we have chosen as the response to life events, the hurting stops.

Forgiveness does not mean that the hurtful acts of others are okay. Forgiveness means that we are no longer going to hold others responsible for the pain and bitterness we have been carrying in relation to them. We may not understand their actions, or why it is they cannot change. We recognize the pain as our way of blaming them for not being who we want them to be. Forgiveness means that we see they are who they are, and we are free to choose a less painful response. We may love them anyway, or decide to keep some distance. Either way, we no longer blame them for our unhappiness.

This is letting go. Once we learn to let go, whether the person is in our lives or not, we have untied the knot that bound us together in negativity. Both feel the freedom. The irony, or the miracle, is that often once we have let go, the love we have always wanted begins to flow freely.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for daily inspiration.



Mint Chocolate Chip Cookies

Servings: 24-32  
2 1/2 cups flour  
1 teaspoon baking soda  
1/2 teaspoon salt  
1 cup butter, softened  
1 1/4 cups sugar  
2 eggs

## Mint Brownies

30 drops green food coloring  
1 teaspoon peppermint extract  
1 package (12 ounces) chocolate chips

Heat oven to 375 F.

In large bowl, mix flour, baking soda and salt until blended. Set aside.

In medium bowl, beat butter and sugar until combined. Add eggs, food coloring and peppermint extract; beat until combined.

Add wet ingredients to dry ingredients; beat until combined. Stir in chocolate chips. Drop spoonfuls of cookie dough onto baking sheet.

Bake 11-14 minutes, or until edges are lightly browned.

Cool on wire racks.

**Do you have a  
Health or Wellness  
Business?**

**Call The Record  
at 785-1618  
to advertise**

**SELKIRK STEELERS**

**Bingo!**

Thursdays

at the Selkirk F

Early Birds at 7:00 pm

Regular Bingo at 7:30

Full House

Lucky

Bonanza in 30

**BINGO POSTPONED UNTIL FURTHER NOTICE**

1,425



# Interlake couple opens Wild Skies resort in River Hills

By Evan Matthews

A Teulon woman is planning to open a resort near River Hill the first resort of its kind.

Megan Steen, 30, said she and her partner, René Talbot, will open Wild Skies Resort in May 2021. The couple—now doubling as business partners—realized their dream while they were amidst the British Columbia wilderness, on Vancouver Island.

“We had been dreaming about creating a space where people can enjoy all of our favourite parts of being in nature,” said Steen, noting Talbot has ties to Stonewall as well, as his father opened the accounting firm Talbot and Associates.

“We were staying in a mini cabin that had an eight-foot window looking out into the forest. It was at the tail-end of a full week of nothing but rain. We were chilled to the bone, but so happy to be just lying there, soaking it in, staring at the trees and the ferns.

“That’s when things started coming to life. We thought it’d be further into the future, but a property fell into our lap,” she said.

The property is located just west of River Hills, which is south of Lac du Bonnet. Steen said there are many opportunities to connect with nature in Manitoba, but generally speaking, people find it a bit inaccessible.

But as a direct result of COVID, she said people are starting to appreciate what’s in their own backyard a bit more.

“People always tend to go west, and I’ve been guilty of that, too,” said Steen. “It’s a bit of a silver lining, within COVID, to realize the beauty around us here.”

Starting as a wedding photographer over 10 years ago, Steen said the transition to owning and operating a resort has been surprisingly natural. Talbot is an entrepreneur involved in a number of ventures, so she said the couple have a diverse skillset.

The property will feature various accommodation options, with a couple of cabins on the properties, geodesic domes, and a space for weddings and/or retreats, Steen said.

“There aren’t any resorts quite like this one in Manitoba, that we’re aware of,” said Steen, emphasizing Wild Skies will be more than a glamping resort.

Rather, she said Wild Skies is a com-



Megan Steen and René Talbot will open Wild Skies Resort in May 2021.

munity of like-minded people who appreciate Mother Nature’s “wild creations:” frost in the morning, a shooting star, ripples in the water, the crackle of a wood fire, rain on a tin roof; a place where clientele can run around barefoot or jump off the dock under the glow of the moon.

“People can have their solitude in the domes or in their cabin, surrounded by forest, or they can opt for community in the form of weddings, retreats, etc.,” she said.

Talbot has a carpentry background, and Steen said he’s in the process of constructing hammocks that are eight feet by eight feet.

Eventually, each hammock will be accompanied with a projector, Steen said, allowing couples to lay in a hammock in the woods and watch a movie.

Wild Skies also has bonfire pits, paddleboards, canoes, walking trails, snowshoeing or skiing through the property.

There will be no concierge, according to Steen, saying guests will check in similarly to the way they do with Airbnb, checking in digitally and then following instructions.

For more information visit: [wildskiesresort.com](http://wildskiesresort.com)

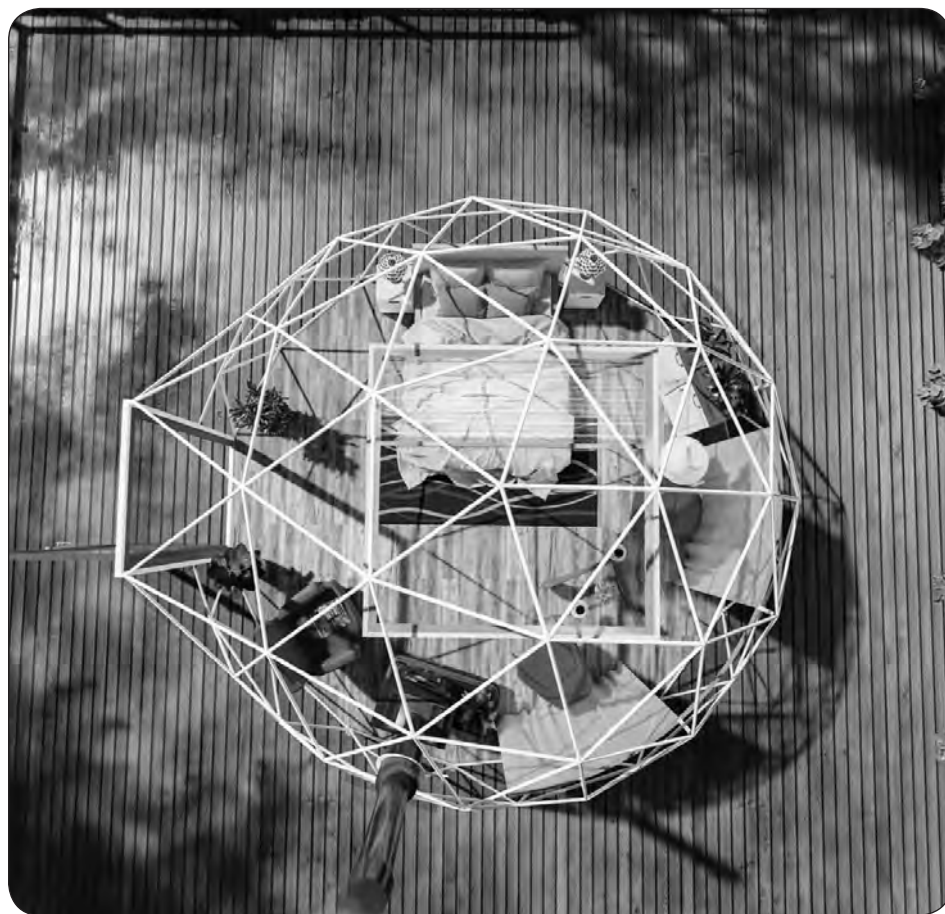


RECORD PHOTOS BY MEGAN STEEN

An aerial shot of the Wild Skies Resort.



The property will feature various accommodation options, with a couple of cabins on the properties, geodesic domes.





# National pharmacare bill sent to “parliamentary purgatory” but will rise again

By Patricia Barrett

A federal bill that would have given Canadians universal coverage to prescription medication was defeated in Parliament Feb. 24.

Tabled by NDP MP Peter Julian (New Westminster-Burnaby), the universal pharmacare bill (C-213) was opposed by a majority vote of 295 to 32 during second reading.

A majority of Liberal and Conservative MPs, who hold a combined 274 seats in the House, voted against the bill.

Julian said Prime Minister Justin Trudeau and the Liberal party's opposition to national medication coverage stands in sharp contrast to their past and recent election promises and their throne speech declarations.

“The fact the Liberals rejected the bill that their own government commission recommended shows that they're not serious about public universal pharmacare,” said Julian by phone a day after the vote.

He said he didn't consider their “betrayal” a matter of professional jealousy whereby he jumped the queue, so to speak, and introduced a bill before they could. It was, rather, just a case of “they don't want to do it.” Had it passed the House and the Senate – and there was support for it in the Senate – the government would have had to commit to it.

The Liberals want to “profit electorally” from promising universal pharmacare, said Julian, using it as a means to get votes because the party knows “how profoundly the public supports it.”

“What [Trudeau] wants to do is have an election and promise it again,” he said. “The fact is this bill would have actually delivered pharmacare, forcing the government to negotiate financial arrangements and a [national] formulary.”

A federal government with bulk purchasing power would have substantially lowered the cost of medications for Canadians; that has been demonstrated in countries which provide drug coverage to their populations. Such power forces pharmaceutical companies to become competitive, said Julian.

“Big pharma is very much opposed to universal pharmacare and it's very clear that Mr. Trudeau listens more to big pharma than he does to the nearly 90 per cent of Canadians that support public universal pharmacare,” he said.

Before the vote got underway, Trudeau said his party would not be unilaterally “imposing” univer-

sal pharmacare on provinces and territories.

“No Canadian should have to choose between paying for their medication or putting food on the table. That's why this government has done more over the past five years than any previous government to lower the prices of prescription drugs. And we know there is more to do ...,” said Trudeau. “But unlike the NDP, we will not be imposing in provincial jurisdiction rules that are not worked out with them.”

Trudeau and the overwhelming majority of his party went on to vote against Bill C-213.

The first step to bringing medication coverage to all is to implement a bill that establishes a framework and guiding principles. Once that's in place, negotiations with provinces and territories about what drugs will be covered and financing can start. That was the process used to establish universal healthcare, said Julian. Without a framework, there's no basis on which you can hold negotiations.

“The idea of [Trudeau] sitting down with the provinces is just a smoke-screen. It's not going to lead to anything that will materially benefit the millions of Canadians who are struggling to pay for their medication right now – particularly during the pandemic,” he said.

All three Manitoba NDP MPs – Niki Ashton, Daniel Blaikie and Leah Gazan – voted in favour of the universal pharmacare bill. The province's four Liberal MPs – Jim Carr, Terry Duguid, Kevin Lamoureux and Dan Vandal – voted against it as did Manitoba's seven Conservative MPs – Candice Bergen, James Bezan, Raquel Dancho,

Ted Falk, Larry Maguire, Dan Mazier and Marty Morantz.

Selkirk-Interlake-Eastman MP James Bezan said C-213 didn't present a cost-effective solution and that's why a majority of MPs opposed it.

“We can all agree that every Canadian should have reasonable access to the healthcare they need, including prescription medications. If Bill C-213 had presented a solid, cost-effective solution to provide better services to Canadians, it would have passed,” said Bezan by email. “The Liberals have been promising this for decades. But almost every Conservative, Liberal and Bloc Quebecois MP recognized serious flaws in this bill and therefore voted to defeat it.”

Bezan said 98 per cent of Canadians currently have or qualify for a prescription drug plan, accord-

ing to data from the Conference Board of Canada. But he realizes some Canadians still struggle to afford their medications. Rather than “upending” a system that works for the “vast majority” of Canadians, solutions should be sought to help those who don't have or can't afford drug coverage.

“No one should have to go without the medications they need. During the pandemic, we have seen many Canadians endure prescription drug shortages,” said Bezan. “Conservatives believe the federal government must work with provinces to help strengthen our domestic pharmaceutical drug supply.”

There was a lot of support across the country for the bill, said Julian, which included nurses, physicians, unions and organizations representing thousands of Canadians.

The Royal College of Physicians and Surgeons of Canada said in 2019 it was pleased with the report the Liberal's advisory council released as it would “provide their patients access to prescription drugs they need, regardless of their ability to pay.” The College also tweeted its support of the bill last Wednesday.

Reaction to the defeat of the bill was swift, with many taking to social media to express disappointment that their elected representatives opposed national drug coverage, and many more proclaiming their support for it. The Canadian Labour Congress tweeted that “millions of people are without benefits and can't afford their medications [and] they need help now.”

A day after the defeat, Julian said the city of Hamilton “stepped up” to endorse national pharmacare.

“Judging by the social media reaction, people feel betrayed by Mr. Trudeau. They feel betrayed by the Liberal government. It has changed their perception of this Liberal government being prepared to help,” said Julian.

The Liberals will likely be held to account as the majority [apart from two MPs who supported the bill] are on the record having voted the bill down, he said.

Another bill on universal pharmacare cannot be, under parliamentary rules, be introduced during the current session. But that doesn't mean it's over, said Julian. The bill may be now languishing in “parliamentary purgatory,” but it will rise again.

“I think this issue is certainly not going away,” said Julian. “Given the incredible anger and outrage that we've seen on social media across the country, I think a lot of Liberal MPs will lose their seat as a result of this.”

**“WE CAN ALL AGREE THAT EVERY CANADIAN SHOULD HAVE REASONABLE ACCESS TO THE HEALTHCARE THEY NEED, INCLUDING PRESCRIPTION MEDICATIONS,”**  
- JAMES BEZAN

## Sales tax deadlines extended

Staff

Manitoba Finance is extending its tax relief measures to provide extra support to businesses, as the province continues to protect Manitobans against the impacts of COVID-19.

Small and medium-sized businesses with retail sale tax (RST) remittances of no more than \$10,000 per month are eligible for an interest and penalty-free payment deferral to June 30,

2021. The deferral is for the January, February, March, April and May 2021 return periods. Businesses are also eligible for an interest and penalty-free payment deferral until June 30, 2021, for the March quarterly RST return.

As well, the Health and Post-Secondary Education Tax Levy returns for small and medium-sized businesses with remittances of no more than \$10,000 per month are eligible

for an interest and penalty free payment deferral to June 30, 2021. The deferral is for the January, February, March, April and May 2021 return periods. The RST and tax levy deferrals are optional and for tax payments only. Businesses must continue to file returns by the required due dates.

The province has also extended the previous interest and penalty-free repayment option set to expire March 31, 2021, until June 30, 2021.

The deferrals recognize Manitoba businesses are facing a challenging

economic situation caused by the COVID-19 pandemic and some businesses may need access to these extra funds. The government provided similar relief in 2020, which benefited 20,000 businesses.

Businesses can contact the collections unit at the taxation division to update payment arrangements. Further information regarding filing requirements is available on the Manitoba tax publications webpage at [www.gov.mb.ca/finance/taxation/bulletins.html](http://www.gov.mb.ca/finance/taxation/bulletins.html).



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Tim Hortons Brier is underway; Team Koe leading the way

By Ty Dilello

Team Kevin Koe of Alberta featuring Gimli's B.J. Neufeld at third is currently leading the way at the 2021 Tim Hortons Brier in Calgary.

The upstart Koe rink has started the event with five straight wins, the most vital being a decisive win over the defending champion Team Canada rink that is skipped by Brad Gushue.

"They're a great team, and we're a great team. When both teams are playing pretty good, it's an entertaining affair," said Neufeld. "This is why we play the sport – to have these types of games on this type of stage. You've got a lot of great players out there that know how to play under pressure, and the result of that is great games, exciting, and they usually go down to the wire."

"I think that's a safe bet," Koe added when asked if he expects to play Gushue again in the playoffs. "They're defending champs for a reason. They'll only get better. Both teams had a lot of good shots and a few sloppy shots, but it was a pretty well-played game. They'll be around for sure, and if we're playing them again, that means we're in there as well."

At 5-0, Koe's new lineup of B.J. Neufeld, John Morris and Ben Hebert is poised to make a deep run in the event.

West St. Paul's Mike McEwen (Team Wild Card #1) and his team of Reid Carruthers, Derek Samagalski, Colin Hodgson are also in the thick of things this week with a 2-2 record.



RECORD PHOTO CURL CANADA

West St. Paul's Mike McEwen is battling to make the playoffs at the Brier. At time of printing, they sit with a 2-2 record.

"We've had some good games and some not great ones so far," said McEwen's third Reid Carruthers. "We know we can play a lot better, and we know we're going to need to as wins are only going to get harder and harder to come by as the week goes on."

"You just gotta take things one game at a time," added McEwen. "That's the only way you can get through the week."

Jason Gunnlaugson of the Morris Curling Club is also carrying the

Manitoba flag this week and is an impressive 3-0 to start the Brier. Gunnlaugson's week was kickstarted by defeating perennial favourite Brendan Bottcher of Alberta.

"Really a fantastic start," said Gunnlaugson's third Adam Casey. "It's a long week, and with three teams making the playoffs, you can only afford so many losses. To pick a win against a top-three or four team in the world is just a fantastic start. I think everyone felt pretty comfortable out there, fig-

uring out the ice. Such a good start to build on and grow on."

Saskatchewan's Matt Dunstone, who hails from Winnipeg, pulled off quite the victory on Monday night when he drew the button with his final stone in the tenth end to defeat Team Canada's Brad Gushue 6-5. The win moved him into a tie for second place in his pool with a 3-1 record.

"They're all big wins, but this one, especially — a little bit of a revenge game from last year, so it feels good to get that one," said Dunstone. "We've been playing really well the first four games; we feel like we've been in control of almost every end we've played out here."

"We're pretty pleased. But we're only halfway through the first round robin, so if we can keep it trucking, I like where we're going to be at the end."

This year's Tim Hortons Brier in the Calgary bubble features 18 teams, split up into two pools of nine. All teams play an eight-game round-robin, and if by the end of it, they are ranked as one of the top four teams in their pool, they will advance to a championship pool where they will face off against the four qualifiers from the other pool. The three teams with the best overall records will qualify for Sunday's playoffs.

At the end of the week, the winning team will go on to represent Canada at the 2021 World Men's Curling Championships in Calgary in early April.

## MJHL launches first annual Draft Prospect Camp

From the MJHL

The Manitoba Junior Hockey League is pleased to launch the MJHL Draft Prospect Camp to be held in conjunction with the annual MJHL Prospect Development Camp.

Hosted from July 14-17 at Seven Oaks Sportsplex in Winnipeg, the U16 age-division (MJHL Draft Prospect Camp) will feature elite Manitoba players from the 2006-born age category who will be eligible for the 2022 U17 MJHL Draft.

With the recent updates to the MJHL Draft process, moving to a U17 age category, the addition of the MJHL Draft Prospect Camp will give MJHL

organizations the opportunity to begin identification of those (U16) 2006-born players in a high-performance environment.

The current MJHL Prospect Development Camp has traditionally seen one division of the top U18 prospects from MJHL teams who are listed or drafted and eligible to compete for a roster spot in the upcoming MJHL season. That camp will coincide July 15-18 also at Seven Oaks Sportsplex.

Both camp divisions will further provide hockey partners such as the Western Hockey League, NCAA, and Hockey Manitoba U16 Program of Excellence opportunities for player

identification and evaluation within one convenient setting.

"We are excited to add another age group to our annual summer MJHL Prospect event and for the opportunity to work with these young athletes as they continue on their development path," said MJHL Commissioner, Kevin Saurette.

"It has been a difficult season for all of these players and this camp will provide them with the environment to showcase their abilities, while also learning more about the MJHL and what it takes to succeed at the next level."

An elite class of guest coaches and

development personnel that regularly participate in the MJHL Prospect Development Camp along with "AAA" coach networking and mentorship opportunities will become a part of the new MJHL Draft Prospect Camp.

Initial invites for the 2021 MJHL Draft Prospect Camp will be distributed in the coming weeks directly to those players identified.

The MJHL will continue to monitor and adjust to public health orders leading up to the planned event in July.

Please stay tuned for upcoming camp announcements including event schedule and rosters.



# Van Kooten signs with VIU volleyball program

By Brian Bowman

The Selkirk Royals' Rylan Van Kooten did not have a chance to play his final season of varsity volleyball due to COVID-19.

But his stellar volleyball career is far from over.

Van Kooten will soon be heading west as he has committed to attend school and play volleyball for the Vancouver Island University Mariners, located in Nanaimo, B.C.

"I talked to the coach, Abe Avender, out there and he's a great coach and they have such a great team," said Van Kooten, an outside hitter, last week. "I've only heard great things about them."

The Mariners' season was wiped out this year due to COVID but the squad posted an impressive 18-6 record the year previous.

Van Kooten expects it to be tough finding court time in his first season.

"I might have to start off slow there," he admitted. "But hopefully the plan is to see some court in the first year."

Making the jump from high school to college volleyball is a big one. But Van Kooten, who plays club volleyball with 204 and was a member of Team Manitoba, should make a successful transition.

"I heard the college league out there is really good and it will be a good step after graduation from (high school) volleyball," he said.

Van Kooten is really looking forward to heading to Nanaimo.



RECORD PHOTO FROM THE VIU WEBSITE  
Selkirk Royal Rylan Van Kooten recently committed to attend school and play volleyball for the Vancouver Island University Mariners.

"It's a beautiful place and the coach just sent me some pictures of it and it just looks amazing," he said. "We have family that live in B.C. and they love it. Every time I go to visit, it's super nice."

Van Kooten is also looking forward to meeting a lot of new people.

"It's definitely going to be a new chapter and a new experience," Van Kooten said, noting he is going into the Bachelor of Kinesiology program. "I think it's going to be really exciting having to be independent and being on my own."

Van Kooten will always have fond memories playing for the Royals. He was part of the junior varsity team that won a KPAC title and then reached the

provincial final before losing to Dakota Collegiate.

"The Selkirk Royals have the best coaches that I have ever had," he said. "They made me what I am today. The whole city of Selkirk has been so supportive with our team whenever there is a game, the stands are packed and loaded."

Royals' varsity boys' head coach Jeff Scarcello feels Van Kooten has the potential to have a very good university career.

"Rylan is a tremendous competitor with physical abilities to back it up," Scarcello said. "He has developed his all-around game very nicely over the past few years to be a threat at all times and not just when attacking the ball. He is a great player and, more importantly, a really great person and it will be very exciting to see how far his skill and work ethic will take him."

Vancouver Island University is excited to have Van Kooten sign with their program.

"The Mariners are looking forward to having Rylan's outstanding athleticism to bring a physical presence to the court," read a statement on the school's website. "His high performance volleyball and track and field background have built an excellent foundation to start his post secondary career within the Mariners' program."

"He is an excellent addition to the program and we are very proud to welcome him aboard."

## Einarson rink will compete at the worlds in Calgary next month

Staff

Kerri Einarson will finally get an opportunity to compete at a world women's curling championship.

Einarson and her two-time national champion Gimli rink will be heading back to Calgary after the World Curling Federation made it official last Friday that there will be a world championship in 2021.

"This is a vitally important championship for Olympic qualification," World Curling Federation president Kate Caithness said in a media release. "We are extremely grateful to Curling Canada and all our stakeholders for their willingness to work together, and at such short notice, to ensure that qualification for Beijing 2022 happens on the ice and in competition." 1 h

The event, originally scheduled to take place in

late March in Switzerland, will begin April 30 with the championship game scheduled for May 9.

Last year's championship in Prince George, B.C. was cancelled last March due to the COVID-19 pandemic.

Fourteen teams will compete at next month's event, with the top six finishers earning a spot in the Beijing 2022 Olympic Winter Games.

Along with Einarson's Canadian team, reigning champions Switzerland, China, Czech Republic, Denmark, Estonia, Germany, Italy, Japan, Korea, the Russian Curling Federation team, Scotland, Sweden and the United States will take part.

With the addition of the upcoming women's world championship, Calgary will host seven events in a little more than two months. The men's Brier began

last Friday.

"The protocols that have been in place for the early events in Calgary have proved successful in keeping athletes, officials and the host city safe, so we feel good about this plan carrying on successfully through to the end of the LGT world women's curling championship," Katherine Henderson, CEO of Curling Canada, said in a statement.

"Our board of governors has been truly supportive of our plans from day one as we started down this road, and then as this late situation presented itself, they again stood behind us. It is a result of the positive relationships between our board and the World Curling Federation that we have been entrusted with this opportunity."

**Interlake Minor Hockey Association**  
is currently accepting applications for the following



**REGIONAL COACHING  
AND MANAGER POSITIONS  
for the 2021-2022 season:**

- AA U15 Male • AAA U18 Male
- AAA U15 Male • AAA U15 Female
- AAA U17 Male • AAA U18 Female

Email all applications to [info@interlakeminorhockey.ca](mailto:info@interlakeminorhockey.ca)

Excellent compensation packages based on experience and qualification. Manager position available for all teams. **Closing date April 23, 2021**

## Hockey Manitoba updates Return to Play policy

Staff

Based on the province's public health orders that took effect last Friday, indoor ice rinks will be permitted to open for practices and drills. There will no longer be a one to one requirement and no organized games or tournaments are allowed.

Groups of a maximum of 10 players will be able to participate in practices (excluding coaches and instructors) and must take reasonable measures to ensure that there is no interaction between different groups participating at the same time. The ice surface can be divided in half with

one group on each side.

Indoor rinks will be permitted to open at 25 per cent total capacity, with public health measures in place for spectators and common areas. Dressing rooms will be permitted to open at 50 per cent of the usual capacity or to a number that ensures that all persons in the dressing room are able to maintain a separation of at least two metres from other persons, whichever is lesser.

Hockey Manitoba has released Version 6 of its Return to Play (RTP) plan which includes updated Indoor/Phase 2 protocols.



# MHSAA announces transfer policy amendment for the 2021-22 school year

From the MHSAA website

The MHSAA received numerous inquiries as to the effect the COVID-19 pandemic has on the association's transfer policy, and questions surrounding transfers happening now or moving into next school year.

At the request of the MHSAA Board of Directors, a survey of all 15 member Zones was conducted by the MHSAA's Executive Director regarding this topic. Responses were received from all Zones presidents and the results clearly indicated a desire by our member schools to see a temporary amendment to the transfer policy in response to the COVID-19 pandemic.

A core element of the MHSAA transfer policy, as established by our member schools, is that student-athletes that transfer schools are ineligible for 12 months, in any sport they have participated in during the preceding 12 months. This is a common concept in school sport across Canada.

We know that at times in the past, individuals or schools make efforts to get around the rule, but generally the rule acts as a deterrent for athletically motivated transfers, something our membership has steadfastly believed is contrary to the goals and values

of school sport. The issue created by the COVID-19 pandemic is that we have had no interschool competition since mid-March 2020, and it appears unlikely we will see any meaningful competition for the remainder of this school year.

This results in every student-athlete in Manitoba no longer being tied to their school for athletic purposes. Creating, for all intents and purposes, 35,000-plus free agents who under current MHSAA policy, would be able to move schools primarily for athletic purposes, and participate immediately. There has been concern raised that without a change to policy in response to the situation created by the COVID-19 pandemic, there would be an unprecedented number of transfers motivated by sport that would have a significant effect on the competitive balance of school sport in Manitoba for years to come.

Any student-athlete requiring a transfer for one of the other approved reasons in the MHSAA transfer policy (change of principal residence, etc.) would still be able to have their new school submit a standard transfer appeal submission. The desired effect would be to achieve a consistent appli-

cation of the existing MHSAA transfer rules, allowing those transfers that have traditionally been allowed, while closing the opportunity created by the COVID-19 pandemic for a potential high number of athletically motivated transfers. The Association is cognizant that student-athletes and their families are currently planning for the Fall 2021 academic year, and we want to provide our member schools with the proper guidance so they can inform any inquiring students and their families appropriately.

Transfer Policy Amendment: Not competing in interschool competition in the COVID-19 affected seasons of play would not meet the requirement to transfer without a period of athletic ineligibility, therefore ensuring student-athletes are subject to the normal and existing MHSAA transfer policy. The MHSAA Board of Directors has approved the following amendment to the MHSAA's Transfer Policy: Point 1. of the MHSAA Transfer Policy for the 2021-2022 school year will read: The student did not participate in a particular sport at the interschool level for 24 months prior to the date of transfer. Written confirmation from the Principal or Vice Principal at

the previous school is required or the student accepts his/her ineligibility under the Transfer Policy, but requests eligibility for the sports he/she did not participate in at the interschool level for the 24 months prior to the date of transfer. Written confirmation from the Principal or Vice Principal at the previous school is required. Students who transferred schools before Oct. 1, 2020, are exempt from the 24 months amendment.

Timeline: The amendment will be in place for the 2021-2022 school year only. This amendment will be automatically removed following the 2021-22 school year.

Intent and Rationale: The intent is to state that missing a season of play due to COVID-19 cancellations, does not allow a student to transfer schools without restriction. The Oct. 1, 2020 date is to recognize that students may have transferred prior to the 2020-21 school year and were expecting to either go through the process to obtain eligibility due to a valid transfer, or to sit out a year already. The MHSAA is aware that most student movement that occurs in the first few weeks of the year is normally done by the Oct. 1 date.

## Royals to host high school boys' provincial hockey championship next March

By Brian Bowman

For the first time ever, the Selkirk Royals will be hosting the Manitoba high school boys' hockey provincials.

Selkirk recently heard the great news and are very eager to host the prestigious event.

"We're very excited," said Royals' head coach Michael Buffie last week. "We've never done it before and this is a great opportunity. It's hard to get into the provincials to begin with and the Royals have only been there a couple of times. With this, we get an automatic bye into provincials, which is very exciting, and we will be able to play in our home rink in front of our own fans while competing for a provincial championship."

Selkirk will be hosting the six-team tournament at the Selkirk Recreation Complex next March.

Buffie said there is already excite-

ment swirling around the players and the school.

"This is really cool," he said. "Talking to the players, they are over the moon right now. They're pretty ecstatic about this opportunity, especially with this year not being able to play, and this is in the future. It's really exciting for them."

The Royals expect to ice a very competitive team next season, with 10 returning players that will be in their Grade 12 year.

"It's going to be a very veteran team," Buffie noted. "And we had some Grade 10s this year that we didn't ultimately keep but we were very excited about (them). We're hoping that they return to us next year and make the team. We will be in that fight for a provincial championship."

There is a chance that a player or two that normally would play "AAA"

hockey, may make the decision to join the Royals' program next season with the lure of competing for a provincial championship in front of friends and family.

"It may be a motivator if a player is deciding if they want to play 'AAA' or high school," Buffie reasoned. "They may lean more towards the high school choice. I think it definitely helps us to get players to come to our team that may have played at a different level in previous years."

As well, Buffie is hoping that by hosting the provincials that fan sup-

port for the hockey program will increase. It's tough to get fans out, he said, when the Royals typically play games around 4 p.m. or 4:30 p.m. and don't host any tournaments.

"It really opens up the opportunity for people to bring their family and kids out to watch and hopefully people see that it's really high level hockey and will want their kids to play (with the Royals)," Buffie said. "It's a great opportunity for us to showcase what high school hockey is all about and what the Royals are all about."

"I'm very excited about that."

## Manitoba U18 AAA Hockey League ices season

Staff

The Manitoba U18 AAA Hockey League has made the decision to suspend league play for the remainder of the 2020-21 season.

While no league championship will be awarded, teams are permitted to pursue activity, including practices, team events, and exhibitions games, as Public Health restrictions may permit.

"Our decision reflects the uncertain timeline and lack of direction

from Public Health with respect to game play," said Manitoba U18 Hockey League commissioner Levi Taylor in a statement. "Thank you to our players, coaches, managers, and volunteers for continued dedication to this program. We share in your frustration. We will continue to engage with the provincial government, Public Health, and local facilities to ensure a safe and responsible return to play for the 2021-22 season."

**ALL HOME GAMES  
AND AWAY GAMES  
POSTPONED**  
until further notice  
due to Covid Code Red  
Restrictions



*Meet the*  
**Fishermen**



**#22 Cole Wasnie**  
Forward



# Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## AUTOS

For sale - 2014 Dodge Caravan, excellent condition, satisfied. \$14,000 obo. Please call 204-785-2107.

## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

## HOUSE FOR RENT

Located close to Main St., Selkirk, 2 bedroom, 1 1/2 bath, large lot, double car garage. \$1,200/mo. plus utilities. Please call 204-482-1276.

## PROPERTY FOR SALE

Property for sale - Gimli, RM (near Silver Harbour, dry dock, Snowman trails) - 2 bdrm. 1 bath home on 1/3 acre, septic, well, det. garage, Sold as is. \$105,000 obo. Thompson - double-wide lot for sale on town sewer and water, \$30,000 obo. Phone or text 204-307-7625.

## HELP WANTED

DROP THE BOMB on a boring summer job! Red Bomb Fireworks is seeking part-time retail managers for seasonal roadside retail locations. Duties include: greeting customers, providing retail assistance, picking and processing orders, and ensuring retail cleanliness standards are met. Hours mainly on weekends, competitive wage and benefits package. Apply at 609 Greenwood Avenue, Selkirk; or e-mail: [sales@redbomb.com](mailto:sales@redbomb.com) using subject "Roadside Retail"

## HELP WANTED

The Window Factory located in Selkirk requires a full-time labourer for production/manufacturing position. Please bring resume into the office located at 605 Mercy St, Selkirk.

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

Employment opportunity - FT/PT driver for light duty deliveries in Selkirk and surrounding area. Mon-Fri, occasional Saturday. Must have valid Class 5 Drivers Licence. Driver abstract required at time of hire. Mail resume to: Employment Opportunity, PO Box 10016, Selkirk South PO, Selkirk MB R1A 0P5. Only successful applicants will be contacted.

## HELP WANTED

LAUNCH your career! BLAST-OFF Fireworks requires FT/PT warehouse personnel for summer positions. Competitive wage, great team atmosphere, benefits, potential for permanent employment & advancement. Apply at 609 Greenwood Avenue, Selkirk; or e-mail: [hr@blastofffireworks.ca](mailto:hr@blastofffireworks.ca) using subject "Warehouse"

Looking for an EXPLOSIVE part-time job?! BLAST-OFF Fireworks requires seasonal "Class 5" delivery drivers. Perfect for the semi-retired individual: home nights, scheduling based on demand. Must possess customer service skills, outgoing personality. Competitive wage & benefits. Apply at 609 Greenwood Avenue, Selkirk; or e-mail: [hr@blastofffireworks.ca](mailto:hr@blastofffireworks.ca) using subject "Driver"

## Everything you need to promote your business

Flyers	Social tickets	Posters
Brochures	Door hangers	Memo pads
Business cards	Letterhead	Post cards
Stickers	Envelopes	Presentation Folders
Window Decals	Invoices	
	Estimate sheets	

**Big and Colourful**  
PRINTING & PUBLISHING

**Call Today!**  
**204-785-1618**

**Story Ideas?**  
call the Record  
204-785-1618

## Trucks, Trailers, Truckbeds & Tires

- Full Repair & Safeties
- Vehicle Parts, Tires & Wheels
- Trailer Parts & Batteries
- Sales, Financing, Leasing & Rentals

**EBY Aluminum:**  
• Gooseneck and Bumper Pull Cattle & Equipment Trailers  
• Truck & Service Bodies  
• Generation Grain Trailers

## KALDECK TRUCK & TRAILER INC.

Hwy #1, MacGregor, MB  
**1-888-685-3127**  
[www.kaldecktrailers.com](http://www.kaldecktrailers.com)

## The Aurora 1648 SqFt RTM

3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. James Hardie Siding Huron Tripane Windows.

Pictures available  
[www.wgiesbrechthomes.ca](http://www.wgiesbrechthomes.ca)

Brand New Show Home  
204-346-3231



**SCLERODERMA MB INVITES YOU TO OUR 2021 ON-LINE SUPPORT GROUPS:**

**March 20  
May 15**

Please join us at 10:30 AM to learn, share, and discuss the realities of living with scleroderma. Patients, family & friends are all welcome.

**You are not alone!**

For more info, visit [sclerodermamanitoba.com](http://sclerodermamanitoba.com) or call  
**204 256-0225**



**UP TO \$1500 TRADE FOR YOUR OLD CUPBOARDS, TOWARDS YOUR NEW DECOR KITCHEN**

**EXPIRES: APR. 2, 2021**

**PROMPT SERVICE & FREE DESIGN USUALLY WITHIN 24 HRS**

**Ph: (204) 746-2223**

[FEHRSCABINETS.COM](http://FEHRSCABINETS.COM)  
[office@fehrcabinets.com](mailto:office@fehrcabinets.com)



**204 PALLET AND PACKAGING**

## HELP WANTED

*Like working with wood and working close to home?*

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

Please support our advertisers

## HIP/KNEE Replacement?

**Other medical conditions causing TROUBLE WALKING or DRESSING?**

The Disability Tax Credit allows for **\$2,500 yearly tax credit and up to \$50,000 Lump sum refund.**

Apply NOW; quickest refund Nationwide! Providing assistance during Covid.

**Expert Help: 204-453-5372**



## Breaking Barriers In Healthcare

Manitoba Licensed Doctors taking new patients NOW!

- Contact Sabe Wellness for:
- Quality MB Healthcare
  - Free, Safe & Timely
  - Appointments over the phone or internet

Book your Virtual Doctor Appt. Now!

[www.SabeWellness.ca](http://www.SabeWellness.ca)  
Ph: 204-410-5500  
101-395 Stafford Street  
Winnipeg



# CARRIERS WANTED

to deliver

The Selkirk Record

and Flyers in the City of Selkirk

For more info please contact  
Christy at 1-204-467-5836



## EMPLOYMENT OPPORTUNITIES YEAR ROUND MANAGER REQUIRED

Bookkeeping, balancing tills and payroll a necessity  
**CHEF HELPER**

Help with Food prep and menu ideas  
Living quarters available.  
Please send resume to [admin@narrowssunsetlodge.com](mailto:admin@narrowssunsetlodge.com) or call Irv 204-981-2831





**NOTICE OF APPLICATION  
RURAL MUNICIPALITY OF ST. ANDREWS  
INITIAL INTERIM WASTEWATER RATES  
ST. ANDREWS SOUTH WASTEWATER UTILITY**

February 17, 2021

The Rural Municipality of St. Andrews (RM) has applied to the Public Utilities Board (Board) for initial interim wastewater rates for St. Andrews South Wastewater Utility (Utility) as set out in By-law No. 4350, read the first time on December 8, 2020.

The new Utility will provide wastewater collection services to St. Andrews residents with wastewater treatment being provided by the City of Winnipeg at the North End Water Pollution Control Centre.

As a condition of providing wastewater treatment services, the City of Winnipeg requires that all Utility customers install water meters on their wells.

In accordance with the proposed Service Sharing Agreement (SSA) with the City of Winnipeg, every property connecting to the St Andrews South Wastewater Utility shall pay a Utilities Buy-In Charge to the RM of St Andrews. The RM anticipates the SSA will be signed prior to April 1, 2021.

The proposed rates are as follows:

	Proposed Rates		
	2021	2022	2023
Quarterly Service Charge	\$ 80.82	\$ 80.82	\$ 80.82
Wastewater (per cubic meter)	\$ 4.23	\$ 4.23	\$ 4.23
Minimum Quarterly Charge*	\$ 140.04	\$ 140.04	\$ 140.04
Utilities buy-In Charge	\$ 2,680.00	\$ 3,000.00	\$ 3,100.00
Meter Testing (5/8" or 3/4")**	\$ 100.00	\$ 100.00	\$ 100.00
Meter Testing (1" and larger)**	\$ 225.00	\$ 225.00	\$ 225.00
Minimum Meter Tampering	\$ 500.00	\$ 500.00	\$ 500.00

\*Based on 14 cubic meters

\*\*If the meter is found to be recording water flows more than 3% in excess of actual flows, all costs associated with the testing process will be borne by the Municipality and the deposit will be refunded to the customer and the customer's account will be adjusted for the preceding six (6) months.

Details of the RM's application are available for review at the Municipal office or the Public Utilities Board's office. Any questions concerning the application for rates, or the operation of the Utility, should be sent directly to the RM.

If you have concerns/comments regarding the RM of St. Andrews' application for wastewater rates please go to [www.pubmanitoba.ca](http://www.pubmanitoba.ca) and provide your comment. Please note all comments will be forwarded to the RM.

Questions or comments should be sent on or before **March 17, 2021**.

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at [www.pubmanitoba.ca](http://www.pubmanitoba.ca).

"Original Signed By:"

Jennifer Dubois, CPA, CMA  
Assistant Associate Secretary  
Manitoba Public Utilities Board

*Selkirk Record*

# Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## HELP WANTED

ANAF Unit #151 is accepting applications for general manger. Successful candidate would have computer knowledge (Microsoft Excel, Outlook, Word, Quick Books), ability to manage employees, budgets, Smart Choices (servers' card) issued through the Province of Manitoba, ability to work independently and in a team environment, work with elected board of directors, liaison with ANAVETS MB & NW ON Command, and any other job-related tasks as determined by the executive. Please submit your resume along with salary expectations via email: [ana\\_vets151@hotmail.com](mailto:ana_vets151@hotmail.com) Interviews will commence the week of March 15th, 2021.

## HELP WANTED

Marketing Coordinator required - If you are a high energy self-motivated people person, looking for variety in multi-tasking in B2B Public Relations, Marketing and Sales and helping a business grow, we are a great group to work with! A hands-on attitude will allow you to enjoy our continued successes. We will train you on the different areas of the business. You are a fast learner with a positive attitude and desire to contribute to the growth of the organization. The right candidate will be offered: Competitive Compensation; Monday to Friday work hours. Must have: Telephone skills an asset; Innovative & Imaginative; Attention to detail and a great communicator; MS Office fluency; Sales and Customer Service experience preferred; A self-starter, quick on your feet and well organized; A creative problem solver; Experience in the sign industry an asset; Thrives in a team environment. To join the SpeedPro Selkirk team please send your resume to: [kristin@speedpro.com](mailto:kristin@speedpro.com)

Graphic Design/Production specialist required - If you are handy, good with tools, a high energy, self-motivated people person looking for more than a desk job, this opportunity is for you! We are a great group to work with. A hands-on aptitude will allow you to enjoy our continued successes. We will train you to develop our business and your skills. Industrial Design graduate; if you are looking for a position that allows you to use your creative side and build things, we'd like to hear from you! At SpeedPro, every project is unique, every day offers a new challenge. Must have: Attention to detail; Great communicator; Fluent & proficient with PC-based graphic programs such as Illustrator, Signlab, Photoshop, Corel, MSOffice; A multi-tasker, efficient, quality and deadline sensitive; A self-starter, quick on your feet and well organized. To join the SpeedPro Selkirk team, please send your resume and portfolio details to [kristin@speedpro.com](mailto:kristin@speedpro.com)

Classified booking  
deadline is Monday  
4 p.m. prior to  
Thursday's publication.  
Call 204-785-1618

## Everything you need to promote your business

- Flyers
- Brochures
- Business cards
- Stickers
- Window decals
- Social tickets
- Door hangers
- Letterhead
- Envelopes
- Invoices
- Estimate sheets
- Posters
- Memo pads
- Post cards
- Presentation Folders

Call  
**204-785-1618**

## R.M. of St. Clements

### Public Notice – Additions to the Voters List and/or Personal Security Protection Requests

In accordance with Section 36 of *The Municipal Councils and School Boards Election Act (MCSBEA)*, the Rural Municipality of St. Clements Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the Rural Municipality of St. Clements can have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Chief Administrative Officer, in person, by e-mail, fax or mail to:

Rural Municipality of St. Clements  
1043 Kittson Road  
Box 2 Grp 35 RR 1 East Selkirk, Mb R0E 0M0  
Phone: (204) 482-3300; (204) 474-2642 – Wpg. direct;  
or 888-797-8725 – toll free  
Fax: (204) 482-3098  
E-mail: [info@rmofstclements.com](mailto:info@rmofstclements.com)

The next General Election takes place in October, 2022.

Dated this 11th day of March, 2021

Deepak Joshi  
Chief Administrative Officer

If you have any questions, please call the office at the numbers listed above.



Please support  
our advertisers



### Response Builder Advertising WORKS!

- GET SEEN by over 340,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 37 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at **204.947.1691** or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)



# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## MISCELLANEOUS

BN never used; still in box, bendable goose-neck table or desk STUDY LAMP, EWO \$15; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BNCIEC pr. sz. 9 Men's WORK BOOTS/ SAFETY SHOES w/ laces & steel caps over toes, \$100; red, white & black lined WINTER SUITCOAT OVERCOAT fits a men's sz. XL, well insulated winter overcoat, has been dry cleaned, \$100. Ph. 204-785-8598.

Wanted spruce trees, willing to purchase sizeable quantities of nice spruce trees 6-10' Please let me know what you have 204-485-6189.

Having an online annual general meeting? Advertise it in the 37 MB weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's AFFORDABLE and it's a great way to increase and connect with our 37 weekly member newspapers. For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 to book or email [classified@mcna.com](mailto:classified@mcna.com) for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. [www.mcna.com](http://www.mcna.com)

## WANTED

Wanted: 3/8 or 1/2" bench top drill press and workmate bench. Call Doug 204-785-2894.

## McSherry Auctions

12 Patterson Dr., Stonewall, MB

Online Timed Auctions @ [iCollector.com](http://iCollector.com)

## Spring Gun Auction

Closes Wed Mar 17 @ 7:00 pm  
Over 275 Guns, Large Amount of Ammo & Accessories!

## Estate & Moving

Closes Wed Mar 31 @ 7:00 pm

Consignments Welcome!

(204) 467-1858 or

(204) 886-7027

[www.mcsherryauction.com](http://www.mcsherryauction.com)

## NOTICES

Urgent press releases or media advisories service. Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email [classified@mcna.com](mailto:classified@mcna.com) for details. [www.mcna.com](http://www.mcna.com).

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

## STRAW FOR SALE

Small squares, wheat straw. Call 204-482-5101.

## FEED AND SEED

Forage seed for sale: organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Star City, SK. Birch Rose Acres Ltd. 306-921-9942

## NOTICE TO CREDITORS

In the matter of the Estate of Mark Michael Starodub, late of Selkirk, Manitoba, Deceased. All claims against the above estate, supported by Statutory Declaration must be sent to the attention of R.W. Erickson, 124 Grain Avenue, Selkirk, Manitoba R1A 0J6 on or before the 30th day of April, 2021. Dated at Selkirk, Manitoba, this 11th day of March, 2021. R.W. Erickson, Executor

## BATTERIES FOR EVERYTHING!

50,000 BATTERIES IN STOCK

\*Auto \*Farm \*Marine  
\*Construction \*ATV  
\*Motorcycle \*Golf Carts  
\*Rechargeables \*Tools  
\*Phones \*Computers  
\*Solar Systems & design  
\*Everything Else!

## THE BATTERY MAN

1390 St. James St., WPG

1-877-775-8271

[www.batteryman.ca](http://www.batteryman.ca)

The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication  
Please Call 204-785-1618

**Starting a new business?**  
Call us - We have everything you need to promote your business  
Call 204-785-1618

## ADVERTISE YOUR STRAW OR HAY FOR SALE HERE

## MAPLETON LANE

1192 River Road, St. Andrews



55+ Life Lease Suite Available.  
2 bdms, 2 baths, 6 appliances included, enclosed heated parking, large common room, exercise and hobby rooms, guest suite.  
Call Tara for details at 204-485-0656  
Carefree Lifestyle for those over 55

CITY OF  
**Selkirk**

## PUBLIC NOTICE

### Consolidated Financial Statements Year Ended December 31, 2019

Notice is hereby given that the City of Selkirk's Consolidated Financial Statements for the year ended December 31, 2019 and the Supplement to the Auditors' Report have been received. They are available for inspection on the City of Selkirk's website or by contacting our CitizenSupport Representatives at 204-785-4900.

DATED at the City of Selkirk this 3rd day of March, 2021.

ISSUED pursuant to section 194 of The Municipal Act.

Kevin Richter, CPA, CMA  
Director of Finance  
City of Selkirk

## NOTICE OF Annual General Meeting

March 30, 2021

Notice is hereby given that the 62<sup>nd</sup> Annual General Meeting of the Members of Cambrian Credit Union will be held on Tuesday, March 30<sup>th</sup>, 2021 at 7:00 pm. To adhere to federal and provincial guidelines with respect physical distancing and limiting large gatherings, *this meeting will be held virtually, via webcast, with no physical meeting location.* Cambrian's head office, located at 225 Broadway in Winnipeg, Manitoba, will be deemed the Annual General Meeting location for record-keeping purposes.

### Business of the Meeting

1. Receive and consider the financial statements of Cambrian for the year ended December 31<sup>st</sup>, 2020 and the report of the directors, management and auditors thereon;
2. Receive a report of Cambrian's call for Director Nominations and the re-appointment of incumbent Directors;
3. Appoint the auditors of Cambrian for the 2021 year;
4. Consider and approve amendments to Cambrian's by-laws; and
5. Transact such other business as may properly come before the meeting.

### Accessing the Meeting

Access to the Annual General Meeting webcast will be open to each member of Cambrian entitled to vote at the meeting. In order to gain access, eligible voting members are required to pre-register. Pre-registration will open at 9:00 am Monday, March 1<sup>st</sup> and close Tuesday, March 23<sup>rd</sup> at midnight. *To pre-register, and for more information about the virtual Annual General Meeting, members are encouraged to visit [www.cambrian.mb.ca/2021AGM](http://www.cambrian.mb.ca/2021AGM).*

Dated at Winnipeg, Manitoba this 11<sup>th</sup> day of March, 2021.

By order of the Board of Directors

Jamie Gerlach

Corporate Secretary

 **Cambrian**  
CREDIT UNION



# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

Everything you need to promote your business



**Call Today!**  
204-785-1618



## TRAINING ON A DRILLING SIMULATOR

Agassiz Drilling (2000) Ltd. is a 3rd Generation Drilling and Blasting Company. We have been given access to train individuals on a Drilling Simulator. You will be trained by drillers with many years of experience in the drilling and blasting industry and fill a void in an industry where there is a shortage of qualified drillers. Successful candidates will be given access to operate an actual drill.

The training will take place at our shop site and the training will be done **March 15 through April 16**. Interested applicants will be contacted as to times and dates.

**Applicants can apply to**  
[cyndy@agassizdrilling.com](mailto:cyndy@agassizdrilling.com)

*Only those applicants selected will be contacted.*

**Don't Forget Your Loved Ones**

**WITH AN ANNOUNCEMENT IN THE**

*The Selkirk Record*

**Call 204-785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)**



**River Lot -1**  
**Tyler Drive,**  
**East Selkirk**  
**\$169,900**



**434 Robinson Ave**  
**\$198,500**



**73 Porcupine Trail, Traverse Bay**  
**\$119,900**



**Stig Rensfelt**  
FRI, CMR, CRA  
Call or text  
204-482-5492  
[front@mymts.net](mailto:front@mymts.net)



**Evan Kreutzer.ca**  
Real Estate Services Inc.  
325 Manitoba Ave. Selkirk **482.7355**

**EVAN** **WAYDE**  
**482-7355** **485-0407**

**NEW!**  
**2 Mile Rd** 108 acres, old home site w/some out bldgs. **\$129,000**

**NEW!**  
**2 Mile Rd** 81.6 acres **\$99,000**

**NEW PRICE!**  
**Rd 87** 118 acres, cross fenced, well & dug out **\$139,000**

**NEW PRICE!**  
**Rd 87** 120 acres, cross fenced, well, old mobile **\$150,000**

**51 Billy Goat Dr** Traverse Bay. 3+ bdrm, 1 bath, 1700 sq ft, extensive renos inside & out. Yr round! **\$178,000**

**NEW!**  
**Grand Beach Park** Leased lot. **\$35,000**

**Rd 86** 40 acres **SOLD!**

**Hwy 317** 78 acres **SOLD!**

**Liba** **SOLD! \$500** house & workshop.

**"Smart move!"**

**STILL OUT SELLING IN YOUR NEIGHBOURHOOD**

**WANTING TO SELL? ... We have Interested Qualified Buyers! CALL US TODAY!**



**SELKIRK • ST. ANDREWS • ST. CLEMENTS**

## Annual General Meeting Via Zoom 7:00pm Wednesday, March 24, 2021

All are welcome

Take part in this virtual meeting to learn what local tourism initiatives are planned for 2021.

**To register:** send your full name by e-mail to [info@redriversnorthtourism.com](mailto:info@redriversnorthtourism.com) with "Virtual AGM" in the subject line or go to "contact us" on our web site.

**Please register by March 19th.**

The meeting link and all relevant information will be e-mailed to registrants.

Those interested in standing for election to the Board of Directors may send details to [info@redriversnorthtourism.com](mailto:info@redriversnorthtourism.com) no later than March 15th.

**[www.redriversnorthtourism.com](http://www.redriversnorthtourism.com)**



## EMPLOYMENT OPPORTUNITY PLANT MANAGER/ SEED TREATER

Rutherford Farms has been producing, processing and selling pedigreed seed for over 60 years. We grow the seed we sell and are leaders in producing quality seed for our local retail market. Rutherford Farms specializes in contract seed production and processing for large multinational seed companies. Currently we are seeking a:

### PLANT MANAGER/SEED TREATER

Based in Grosse Isle, MB, this opportunity will be exciting for a dedicated professional seeking to be part of a team that ensures ongoing and timely supply of top-quality seed to retail and wholesale customers. Reporting to the General Manager, the Plant Manager's primary responsibilities include:

- overall accountability for all seed processing plant operations (maintenance, operation, calibration, cleaning, etc.);
- shipping, receiving, logistics, seed grading, seed treatment of soybeans/cereals, and inventory tracking;
- working alongside other employees, contract personnel, and third-party service providers;
- ensuring operating procedures are followed in the handling, processing, storage and shipping of seed products;
- ongoing communication with management and seed producers on production status; and,
- representing Rutherford Farms' best interests with growers and industry partners.

#### Qualifications include:

- a university degree or diploma in agriculture, engineering or relevant field considered an asset;
- plant management experience desirable, or industry experience with a preferred focus on seed;
- Manitoba Agriculture Pesticide and seed treatment certification considered an asset;
- knowledge and understanding of the seed business, including quality, processing, and logistics;
- excellent interpersonal skills; strong ability to build relationships;
- highly organized, task orientated, independent worker with proven team building skills;
- good judgement, problem solving skills, professionalism, high ethics.

**Salary commensurate with experience, qualifications and ability.**  
**Apply, with resume to: [corey@rutherfordfarms.ca](mailto:corey@rutherfordfarms.ca) by March 22, 2021.**



*The Selkirk Record*

# Announcements

Book Your Announcement Today - Call 204-785-1618  
or Email - lucy@selkirkrecord.ca

## ANNOUNCEMENT

### IN MEMORIAM



In loving memory of  
**Elaine Tichborne**  
July 21st 1952 - March 10, 2020  
Predeceased by parents  
Henry and Elva Coumont, sister Arlene.  
-Lovingly remembered every day by  
her husband and soulmate, Mel;  
children Delaine (Stephen), Melanie (Jason)  
and Blaine;  
grandchildren: Shea-lynn, Dylan, Lana,  
Evan, and Keanu,  
friends and extended family

## ANNOUNCEMENT

### IN MEMORIAM



**Brenda Patrice Morrow (nee Baty)**  
May 4, 1964 - March 5, 2001  
We think of her as living,  
In the hearts of those she touched;  
For nothing loved is ever lost,  
And she was loved so much.  
-Remembered lovingly by the family

## ANNOUNCEMENT

### IN MEMORIAM



**Don Pearson**  
March 14, 2013  
In Loving Memory

-Brenda

**Don't Forget Your  
Loved Ones  
Passed  
WITH AN ANNOUNCEMENT  
IN THE**

*The Selkirk Record*

**Remember  
your loved  
ones or  
send your  
special wishes  
to your friends  
and family.**

*The Selkirk Record*

Call 204-785-1618  
Today!

## OBITUARY

### Doug Bain

Peacefully on Tuesday, March 2, 2021 at the Heritage Lodge, Winnipeg, MB, Doug Bain, aged 73 years, beloved husband of Shannon, passed away.  
Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Bruce Hacault

Unexpectedly, on Wednesday, March 3, 2021 at his residence, Bruce Hacault, aged 52 years of Petersfield, Manitoba, husband of Carla and father of Destiny and Tiana passed away.  
In keeping with his wishes, cremation will take place and a private family graveside service will be held at a later date.

Full obituary to follow in the next Selkirk Record.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### James (Jim) Edward Oliver

November 5, 1938 – March 5, 2021

With sadness we announce the peaceful passing of Jim Oliver at the Red River Extended Care Home on March 5, 2021.

Jim was the only son of the late Eddie and Margaret Oliver. Jim lived his entire life in Selkirk.

He was employed by MRM for 30 years and after retirement there worked at the Mental Health Centre. He was a long time Volunteer Fireman for the Town of Selkirk. In his earlier years he enjoyed golfing and hunting.

He was predeceased by his wife Hilary, sisters Helen and Pat.

Left to remember him are Jamie Lou and Jerry Oliver, Andrew Gelder, Adele (Brian) Schultz and sister Dorothy.

At his request there will be no service and cremation has taken place.

Thank you to the staff at the Red River Extended Care Centre for their care and attention.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Mark Michael Starodub

February 28, 1957 – February 27, 2021

Please also visit Gilbart Funeral Home website for a more detailed tribute to Mark.

It is with profound sadness that we announce the sudden passing of Mark on February 27, the day before his 64th birthday.

He was predeceased by his father Peter, father and mother-in-law Charles and Margaret Fox, niece Stacey Fox, sister-in-law Linda Fox and brother-in-law Louie Smelsky. Greeting him from across the rainbow bridge will be his beloved pets Taffy, Kelsey, Muffy and Murphy.

Left to mourn his tragic loss is his loving wife Charlene who has 44 years of cherished memories. Also mourning his loss are his mother Pauline, his sisters Maryanne Peters and Joanne Starodub and brothers Peter (Jacquie, Liz, Caitlin) and Greg (Lorraine, Georgia), in-laws Harold Fox (Pat), Ron Fox, Lynne Hallam (Doug), Sandra Cronin (Gary), nephews Chris Hallam (Angela, Kayla, Meghan), Jay Hallam (Michelle) and Scott Fox (Kim, Jonas). Also missing Mark is his beloved dog Mindy of 13 years. A huge paw print has been left on his soul.

Mark worked at Gerdau in the spec lab and retired in 2017. He also spent some time teaching, which included terms in Lockport, Teulon and Winnipeg. Upon retirement he had more time to participate in his favourite past time – golf. He was an avid golfer, golfing almost daily. Some golf accomplishments he was proud of were, his team winning the 2005 Canadian Mid-Amateur Championship in PEI, when he and Charlene won the Selkirk Club Championship together in 1996 and 2001, winning the Selkirk Senior a few times, his 5 Holes-in-One (one on the bevelled 9th green at Pineridge) and this past summer scoring a 66 in Selkirk which included 8 birdies.

Mark enjoyed travelling (especially to Florida), was a whiz at math, a huge animal lover, a romantic at heart, had a very quick wit, could be very tech savvy and googled his way to do many repairs and jobs around the house. Since retirement, he and Charlene were fortunate to spend the last few winters in Florida with their friends Jennifer and Bill. His Florida golf courses were his "happy places" where he loved feeding the sandhill cranes and joking around with the golf staff and his many American, Finnish and Canadian snowbird friends.

As per Mark's wishes, there will be no formal service. He chose to be cremated and requested his ashes be spread on the hill behind the 18th green, where Mark and Charlene's picture was taken after winning club champs as a couple.

Anyone so wishing may make a donation in Mark's memory to CancerCare or an animal shelter of your choice.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.





# Selkirk Record Announcements

## OBITUARY



### Robert (Bob) Archibald Phillip Moore

It is with profound sadness and heavy hearts that we announce the passing of Bob on February 28, 2021 at the age of 72 years. Bob was born on May 8, 1948 in Selkirk, Manitoba.

He will be lovingly remembered by his wife Lesley of 41 years; children, Robbie, Marlene (Mike), Aurielle and Rory (Christin). Grandchildren, Corbin, Allie, Blayse and Maximus. Great-grandchildren, Lily and Harlow. Bob is survived by his siblings, Sharon (Lyle), Heather (Wayne), Gordie and Gary.

Bob retired from Selkirk Mental Health Center after 38 years, where he will be fondly remembered by many friends and co-workers.

Bob had a sense of humor and charm that would have people smiling the second he walked into a room. He took great pleasure in get-togethers with family and friends throughout the years.

A special thank you to the staff at Selkirk Regional Health Centre.

Cremation has taken place. A private service will be held at a later date.

Bob's love will be felt as his family continues to gather and grow. We love you very much.

In lieu of flowers, donations can be made to a charity of your choice.

"Gone Fishing"

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



Book Your Announcement Today - Call 204-785-1618

## OBITUARY

### Joseph (Joe) Frank Smolinski

Unexpectedly, on Saturday, March 6, 2021, at the Health Sciences Centre, in Winnipeg, MB, Joe Smolinski, aged 79 years, of East Selkirk, MB, beloved husband of Pat, passed away. Full obituary to follow.

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Pastor Stanton Richards

Suddenly, on Sunday, March 7, 2021 at his residence, Stan Richards, aged 81 years, of Selkirk, MB, passed away.

He is survived by his wife Nadine; children David (Elaine) Laire, Gary Richards, Marianne (Terry) Sarich and Aaron; grandchildren, great-grandchildren, great-great grandchildren as well as many nieces and nephews.

Stan was predeceased by his parents Leland and Irene Richards; daughter Ruth Ann Harris; sons Norman and Maurice Richards; and foster daughter Steffanie McKay.

A private funeral service will be held at 2:00 p.m. on Thursday, March 11, 2021, the service will be livestreamed via a link in his obituary at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Interment will take place at the Selkirk Lutheran Cemetery.

Condolences may be left on his tribute wall at

[www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



**Biz Cards**  
Get The Job Done!

### GRD YARDWORKS

- Windows & Eaves Cleaning
  - Yard Cleanups
  - Grass Cutting • Fencing
  - Senior Discounts
- Free Estimates  
No Contracts (pay per visit)  
**204-290-9549**

Call 785-1618 or  
[ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)

WIRELESS INTERNET  
**Quick Stream**  
Hi-Speed Internet  
Broadband Residential  
and Commercial Connections  
[www.quickstream.ca](http://www.quickstream.ca)  
1-866-981-9769

**DOWLER PROPERTY SERVICES**  
Spring Clean Up  
Full Lawn Maintenance  
Tree Removal, Stump  
Grinding and Skid Steer  
and Grading Work  
Fall Clean Up  
Snow Removal  
Commercial  
& Residential  
Call 204-226-7992  
[dowlerpropertyservices@gmail.com](mailto:dowlerpropertyservices@gmail.com)

**INTERLAKE TREE SERVICE**  
Trimming, Removal & Stump Grinding  
204-799-5265

Accepting patients for  
Family Practice, Women's Health  
and Walk in Clinics.  
15 Wersch St. Selkirk  
204-482-4044  
Across from the Selkirk Rec Complex

**PRAIRIE OAK TREE SERVICES**  
ST. ANDREWS MB  
CURTIS 204.981.8731  
LICENSED ARBORISTS

**BCC Mobile Tax Services**  
Bruce Chikowski CPA, CMA  
Pickup and Delivery  
Phone or Text: 204-952-8855  
Email: [bcc@consultant.com](mailto:bcc@consultant.com)  
Website: [bcctax.ucraft.site](http://bcctax.ucraft.site)

**PLUMBING**  
Commercial & Residential  
New Installation & Service  
Plumbing & In-Floor Heating  
Water Softener Installations  
Water Filtration/  
Reverse Osmosis  
**PATTERSON MECHANICAL LTD.**  
**RILEY PATTERSON**  
Journeyman Plumber  
Cell 204-461-0035

**Water Shop**  
272 Main St. Selkirk, MB  
204-482-2277  
**ALSO AVAILABLE AT**  
Red River Co-op, Selkirk  
Home Hardware, Selkirk  
Harry's Foods North  
Lower Fort Garry Nursery  
Sportsman's Stop Hwy. 44  
Candeboye Store  
Garson Grocery

**pampered chef**  
INDEPENDENT CONSULTANT  
• Cooking Shows • Meal Prep Solutions  
• Fundraisers • Individual Orders  
204-485-4272 call or text  
[stoneware444@gmail.com](mailto:stoneware444@gmail.com)  
[www.pamperedchef.biz/michellebalharry](http://www.pamperedchef.biz/michellebalharry)

**LARRY B. SWAIN ENTERPRISES**  
• REFRIGERATION • HEATING  
• AIR CONDITIONING  
CENTRAL AIR INSTALLATIONS (Financing Available OAC)  
PH: 204-757-2935 CELL: 204-998-2904

**STANLEY ELECTRICAL & MECHANICAL LTD.**  
RESIDENTIAL • COMMERCIAL • INDUSTRIAL  
Red Seal Certified, 24 Hour Service, Free Estimates  
204-485-7181  
[contact@stanleyltd.com](mailto:contact@stanleyltd.com)  
[www.stanleyltd.com](http://www.stanleyltd.com)

**Erin D. Petaski** Chartered Professional Accountant Inc.  
Are you an Overwhelmed Entrepreneur at Tax Time?  
Use our Free Year End Checklist  
To get Organized and Feel more at Ease  
[www.petaski-cpa.ca](http://www.petaski-cpa.ca)

**LAKE SIDE ROOFING**  
• Shingles • Cedar Shakes  
• Metal Roofing • Repairs  
**FREE Estimates**  
**IKO Shield PRO plus+ CERTIFIED INSTALLER**  
**204-485-6980**

**Andrew Hnatiuk\* Lawyer and Notary Public**  
374A Main Street, Selkirk  
204 - 482 - 5111  
Real Estate Law • Business Law • Wills  
Estates & Probate • Farms  
[www.hnatiuklaw.com](http://www.hnatiuklaw.com)  
\*Legal Services provided by Andrew David Hnatiuk Law Corporation

**SALES • SERVICE • INSTALL**  
**PVC & ALUMINIUM WINDOWS**  
**INKSTER PARK** STEEL INSULATED DOORS STORM DOORS  
**THE WINDOW FACTORY**  
DURASEAL WINDOW & DOOR  
605 Mercy Street, Selkirk 204-482-9099  
[www.windowfactory.mb.ca](http://www.windowfactory.mb.ca)



**Biz Cards**  
Call 785-1618  
ads@selkirkrecord.ca

**Freedom Tax Services**  
**Marcella Vezina**  
Reasonable Rates and  
E-File Available  
204-635-2219  
204-918-8201  
myvezina@gmail.com

**LUPUL Tax Services**  
"The Name Says It All"  
• Computerized • Electronic Filing  
• Free Estimates • Personal & Small Business Returns  
N.J. (Jim) Lupul  
lupultax@outlook.com 204-785-1881

**ELECTRIC**  
• Residential  
• Commercial  
• Industrial  
Tyrel Stinson 1-431-345-0753 24 Hr Service  
7 Days a Week  
snlelectricservice@gmail.com

**K. GOWER Construction**  
• Carpentry • Garages & Sheds  
• Doors • Decks  
• Siding, Soffit & Facia • Bathrooms  
• Basement Finishing  
**785-3740**

**BODNER QUARRIES**  
• Crushed Limestone  
• Landscape Boulders  
• Clean Fill • Top Soil  
Garson, Manitoba **204-266-1001**

• Premium Gas & Diesel Fuel • Groceries  
• Dew Drop Water • Boyd's Coffee & Snacks  
• Local Post Office & of course Friendly Staff  
**LIVE & FROZEN MINNOWS**  
**PETERSFIELD STORE**  
Hwy. Petersfield (204) 738-4475

**FULLHOUSE MOVERS**  
ALEX FOTTY  
HOME: 204-467-2419  
CELL: 204-461-2352  
NOTHING BEATS A  
**FULLHOUSE MOVE**

**Pump-Tech**  
**PLUMBING & PUMP REPAIR**  
We've moved to 80 IXL Crescent, Lockport  
(Behind Canvasback)  
By appointment **204-757-7219**  
www.pumptechplumbing.com

**Is Your Life A Struggle... with COVID-19?**  
Protect yourself from  
"STRESS - The Silent-Killer!"  
For Free Stress-Fighting  
"Natural Product Information"  
Contact: **peterm@lakenet.ca**

Pick up your  
**Selkirk Record**  
At the  
**SPORTSMAN'S STOP**  
**CONVENIENCE & VARIETY** ESSO  
Fishing Bait and Tackle • Gas • Maps  
HIGHWAY 44 just east of 59.

**ski-doo** BRP  
**SALES • SERVICE • PARTS**  
#109097 Hwy 9, Gimli  
**GIMLI** **204-642-7017**  
e: skidoo@mymts.net

**CASSIDY'S CONSTRUCTION**  
• GENERAL CONTRACTING  
• MILL WORK • CABINETS • PROJECT MANAGEMENT  
• COMMERCIAL/RESIDENTIAL RENOVATIONS  
Steve Cassidy • Cell 782-4447  
cassidysconstruction@gmail.com

**HARDWOOD**  
**INSTALLATION & REFINISHING**  
**LAMINATE INSTALLS**  
**TAKING BOOKINGS NOW**  
**DYNEVOR 204.793.0345**  
email: kirk\_monkman@yahoo.ca

**SAB'S Carpentry**  
**DECKS**  
• WINDOWS • DOORS  
• Home Improvements  
LAURIE H: 482-9057 C: 485-2946

**Karl's Appliance Service**  
Repairs to fridges,  
stoves, washers, dryers,  
air conditioners  
**482-4594**

**DOC MD MECHANICAL**  
Specializing in  
• Duct Installation  
• Heating • Cooling  
Hydro Financing Available  
P. 204-226-1840  
F. 204-757-2097  
Darryl Woloshyn doc.md16@gmail.com

**PERSONAL TRAINING**  
**MATT EVANS @**  
**IRON IMAGE GYM**  
511 Robinson Ave, Selkirk 204.481.1104 ironimageselkirk@gmail.com  
www.ironimagebarbell.com

**CLANDEBOYE General Store**  
**OPEN 7 DAYS A WEEK**  
• Gas • Liquor • Pizza  
• Lotto • Vendor • Groceries  
• Hunting & Fishing Licenses  
**738-4342** Highway 9, Clandeboye

**I BUY JUNK VEHICLES**  
RV'S, TRAILERS,  
FARM EQUIPMENT & SCRAP TOO!  
**Phil 204-485-5787**

**Absolutely Maid Clean**  
Residential & Commercial  
Cleaning  
Serving Selkirk &  
Surrounding Communities  
Rose @ **204-482-7794**  
**204-492-8554**  
absolutelyclean@live.ca

**AirWise Home**  
Your Heating, Cooling and Geothermal Specialists  
**204-467-9578**  
info@airwiseinc.ca www.airwiseinc.ca

**JCM Construction**  
Carpentry & Concrete  
Specialist  
• Rec Rooms • Bathrooms • Renovations  
• Foundations • Pads • Framing • Garages  
Dan Hydrochuk c: 204-403-8823  
dhydrochuk@gmail.com h: 204-785-1419

**INTERLAKE INSULATORS**  
• Spray Foam  
• Blow In  
Brent Meyers 204-461-4669  
brent@interlakeinsulators.ca

**STEP UP TREE REMOVAL**  
FOR A "CUT" ABOVE THE REST...  
• Tree Cutting & Removal  
• Tree Trimming & Pruning  
• Bucket Truck  
Serving Selkirk & Surrounding Areas  
Rob - call or text **204-785-3273** Fully Insured  
stepuptreeremoval@gmail.com

**RIVERBEND MOVING & STORAGE**  
MOVING is our business, SERVICE is our promise.  
**204-785-9299**  
211 Hutchings St., Winnipeg, MB, R2X 2R4  
www.riverbendmovers.com

**PLUMBING, HEATING & REFRIGERATION**  
• Commercial and Residential  
• Licensed Gas Fitters & Sheet Metal  
• Pressure Systems, Water Softeners & Iron Filters  
• Gas and Electric Hot Water Tanks  
• Roto-Rooter Service  
**204-482-4159** bryant Heating & Cooling Systems

**JEFF'S PLUMBING SERVICES INC.**  
• RESIDENTIAL • COMMERCIAL  
SELKIRK, MANITOBA  
For All Your Plumbing & Repair Needs  
- ROTOR ROOTER SERVICES -  
• Sewer Camera Cell: **204-485-4227**  
JEFF FLETT jeffsplumbing1@gmail.com

**RIVERBEND HEATING & AIR CONDITIONING**  
Your local HVAC specialists Installation & Service  
**204-396-4474** HYDRO FINANCING AVAILABLE O.A.C.  
info@riverbendheating.ca  
www.riverbendheating.ca

**BILSKY ENTERPRISES LTD.**  
DESIGN and DRAFTING SERVICES  
GENERAL CONTRACTING  
PROJECT MANAGEMENT  
COMMERCIAL • INDUSTRIAL • RESIDENTIAL  
PAUL BILSKY DON BILSKY  
**204-485-3799** **204-785-3536**  
Technician President  
OFFICE: 204-482-9381 bilskyntltd@gmail.com

**GREAT WHITE SPRAY FOAM INSULATION**  
FREE ESTIMATES, QUALITY SERVICE  
LOCALLY OWNED AND OPERATED  
CALL US TODAY! **204-290-5667**

**direct repair**  
Accredited Estimate & Repair  
**MONTE CARLO**  
**AUTOBODY & GLASS**  
**204-338-7896**  
AUTOPAC ACCREDITED  
3475 Main St., West St. Paul • montecarloauto@shaw.ca

**TYNDALL POWER PRODUCTS**  
HONDA • STIHL • SIMPLICITY • FERRIS  
BRIGGS & STRATTON • KOHLER • TECUMSEH  
Mowers - Tillers - Tractors - Engines - Pumps  
Generators - Chainsaws - Trimmers - Augers  
Ed Novakowski Owner/Manager  
Hwy 44 Tyndall GAS BAR & LOTTO  
tppltd@mymts.net **204-268-3006**

**TOPSOIL BLACK DIRT SLAG**  
• Demolition • Driveways • Loader  
• Grader Rentals • Bobcats • Crawler Hoe  
• EXCAVATIONS • TRUCKING •  
**R&M** **482-7157**  
EQUIPMENT Selkirk, MB

**CANVASBACK PET SUPPLIES**  
Doggie Day Care Grooming  
**1 WELLINK DR., LOCKPORT**  
Phone: (204) 757-2701  
www.canvasbackpets.com

**PIPE DREAMERS PLUMBING & HVAC/R**  
CHASE BORGSTROM **204-990-1299** PLUMBER  
Renovations  
Repairs/Service  
New Installs  
Drain Cleaning  
Water Treatment  
PIPEDREAMERS  
PLUMBING2019@GMAIL.COM  
KYLE SCRIVENS **204-482-3939** HVAC TECH  
Heating  
Air Conditioning  
Gas Fitting  
Contracting  
Refrigeration  
PIPEDREAMERSHVAC@GMAIL.COM

**BONDED HEALTH & MOBILITY SERVICES**  
• SALES • SERVICE • PARTS • REPAIRS  
• RENTALS of • Wheelchairs • Scooters  
• Walkers • Healthcare Products • Homecare  
• Orthotics Toll Free: 1-877-825-0917  
Email: ihebert@bondedhealth.ca  
230 Manitoba Ave, Selkirk 204-785-1992

**KAMO CONSTRUCTION**  
Keith Neyedly, Red Seal Carpenter  
keith@kamomb.ca  
Box 368, Clandeboye, MB R0C 0P0  
**204.795.9123**

**LANDSCAPING CARPENTRY**  
Rough/Finish grading Fences  
Topsoil Decks  
Excavating Sidewalks  
Bobcat service Stairs  
Stump grinding Concrete  
Posthole auger Forming  
Dump truck services Framing  
Lot clearing Snow Removal

**ATTIC INSULATION REBATE Available**  
**Lockport Insulation Ltd.**  
Over 35 Years in Business  
ROOFTOP SNOW CLEARING  
1. Call Lockport Insulation  
2. Get a quote  
3. We do the paperwork  
**204-757-2042**  
lockportinsulation@shaw.ca



**The Hacking Team**  
Residential • Rural • Commercial

SELKIRK'S #1 REAL ESTATE TEAM

Based on 2020 MLS R14 cross-property sales.

**Century 21  
Advanced Realty**

255 Main St. Selkirk  
204.202.1922

**FEATURE  
OF THE WEEK**

**TO THE BEACH!**

36086 96 ROAD N,  
PATRICIA BEACH  
\$145,000

1F  
2  
768 SF  
0.25 ac

Start your spring off right with this all season home or cottage. Excellent location is walking distance to Patricia beach and is a gateway to many other area beaches! Nothing left to do here but move in and enjoy. Open concept kitchen, living and dining space. Gorgeous 16 x 20 deck, 2 storage sheds, PLUS the purchase price includes most of the furniture inside! Updates since 2015 include: Lifting & levelling home, placed on concrete footings, spray foam insulating pony walls & joists, heating crawl space, vapour barrier, sump pump, new attic insulation, pex plumbing, some windows, soffts, fascia, wood stove, drilled well, HWT, pressure tank, kitchen, and bathroom.

**F E A T U R E D P R O P E R T I E S**

**HH TEAM** **PENDING**

**\$199,900**

516 Nelson Ave,  
Selkirk

**HH TEAM** **SOLD**

**\$560,000**

105 St. Andrews Rd,  
St. Andrews

**HH TEAM** **NEW PRICE**

**\$435,800**

39 McAulay Rd,  
Clandeboyne

**HH TEAM** **6.10 ACRES**

**\$469,800**

90 Pierson Drive,  
Tyndall

**HH TEAM** **SOLD**

**\$727,000**

34 Murdoch Dr,  
Petersfield

**HH TEAM** **SOLD**

**\$219,900**

128 Proctor St,  
Woodlands

**HH TEAM** **2.27 ACRES**

**\$54,900**

723 Edith Avenue,  
Petersfield

**HH TEAM** **4.67 ACRES**

**\$549,900**

452 Donald Rd,  
St. Andrews

**ASHLEY** **NEW PRICE**

**\$290,000**

32067 Rd 90N,  
St. Clements

**ASHLEY** **4 ACRES**

**\$645,000**

82 Van Horne Rd,  
St. Clements

**ASHLEY** **SOLD**

**\$209,900**

237 Donohoe Cres,  
Petersfield

**HH TEAM** **SOLD**

**\$549,900**

6 Sunset Blvd,  
Gimli

**HH TEAM** **SOLD**

**\$452,000**

109 Edstan Pl  
Selkirk

**WHY LIST WITH US?**

We have a combined 24 years of experience, endless enthusiasm and proven negotiation techniques.

We are always available and accessible. Working with our team ensures that someone is always around for showings. Anyone who wants to see your home with us will!

We provide in-house photography, 3D tours and videography, as well as custom printed materials, digital media and engaging content to help market your home.

We have a local office here in Selkirk. We specialize here in town as well as the country and Winnipeg!

*Join Hacking's Heroes*

**Book your appointment now!**

MyAccount.Blood.ca  
To Join: HACK0092751

**F O R S A L E**

**R E S I D E N T I A L**

MEZZO HOMES! COMING TO GIMLI SOON!

Driftwood Bay Lot 4 & 5 HH TEAM	Starting at \$229,900 -
Driftwood Bay Lot 6 HH TEAM	\$239,900
260 3rd Avenue, Rapid City HTEAM	\$179,900
43 Johnston Crescent, Thompson HTEAM	\$289,900

**C O M M E R C I A L**

NEW! Golf Course! 180 Cook Ave, Gimli HH TEAM	\$349,900
255 Main Street, Selkirk HH TEAM	\$549,000
1 Acre Property & Building - 613 Manitoba Avenue, Selkirk	\$1,100,000
10 Dubas Drive, Lockport HH TEAM	\$550,000
C-201 Melrose Avenue E, Winnipeg HH TEAM	\$99,900

**L A N D**

10 Sunset Boulevard, Gimli HTEAM	\$89,900
723 Edith Avenue, Petersfield HH TEAM	\$54,900
15 Lakeshore Drive , Bifrost HH TEAM	\$24,500
61, 67, 73, 79 Tom Prince Drive, Petersfield HH TEAM	\$54,900
Creekfront - 0 Kimberly Road, East Selkirk ASHLEY	\$79,900
Creekfront - 1.48 Acres - George Street, East Selkirk ASHLEY	
Ole Joe Monkman Road, St. Clements Lots #2, 3, 4, 5 HH TEAM	\$129,900-\$139,900
SOLD!! 2 Wesley Drive, St. Clements ASHLEY	\$129,000
508 Corrine Avenue, Petersfield - .34 Acres HH TEAM	\$40,000
PENDING!! 83110 2 Mile Road, St. Clements ASHLEY	\$109,900

**C O N T A C T U S**

FOR YOUR FREE MARKET EVALUATION

George Hacking  
204.461.0747

Kasey Hacking  
204.485.5303

Victoria Beauchamp  
204.619.3955

Hunter Wonnacott  
204.599.7789

Ashley Douglas  
204.480.2798

@hackinghometeam

@hackinghometeam

hhteam@C21.ca

204.202.1922

hackingteam.ca

ashley.douglas@c21.ca

**M E Z Z O H O M E S**

**NEW** subdivision coming soon to Gimli!  
Don't wait, reserve your lot now!  
204.485.5303  
Visit mezzohomes.ca for more information