

RECORD PHOTO BY JUSTIN LUSCHINSKI

Tara Campbell, pictured far right, sings and leads the crowd through the Bear Song during a vigil held in honour of Tina Fontaine at the corner Main Street and McLean Avenue in Selkirk last Friday afternoon. For a story and more photos, see Page 2.

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'People wanted to grieve together': Fontaine verdict sparks rallies

By Justin Luschinski

Dozens of community members gathered at the corner of Main Street and McLean Avenue in Selkirk last Friday afternoon to honour the memory of Tina Fontaine.

Last Thursday, a jury found Raymond Cormier, the man charged with Fontaine's murder, not guilty of second-degree murder. The verdict sparked calls to action across Canada honouring the 15-year-old Sagkeeng First Nation girl. The case also reignited the discussion around missing and murdered Indigenous women and girls.

Although a rally was held last Friday morning in Winnipeg, Tara Campbell of Selkirk wanted to host a vigil for Fontaine in her community.

"I felt anger about the verdict. I saw a lot of anger, pain and sorrow I know there was a vigil planned in Winnipeg, but I kept getting messages from people in Selkirk, asking if anything was going on here," Campbell said. "I was going to go to Winnipeg, but then I thought, 'There should be something here'

"People wanted to grieve together. It's a really hard time right now."

Although the idea to host a vigil in Selkirk was very last minute, Campbell was very happy with the turnout. More than 40 people showed up, some sang and played their drums, while cars driving by honked to show their support.

The crowd played several Indigenous songs, and took requests from anyone who wanted to hear a certain piece. Campbell also invited anyone who was gathered to speak their mind.

Carla Cook of Selkirk spoke about how she fears for her children following the Fontaine verdict.

"I didn't know Tina. I have daughters, I have teenagers too, I worry Following a lengthy investigation,

about them all the time. I have little ones who are going to be growing up in this world, and it's so full of hate and racist people," Cook said, trying to hold back tears. "That's why, as a parent, I'm trying my best to bring (my kids) up in a good way.

"To help them learn about love before things start being said to them through

school or through people they know." Cook ended her speech by saying that her heart goes out to everyone who's feeling pain right now, and she's concerned about Indigenous

RECORD PHOTOS BY JUSTIN LUSCHINSKI ABOVE: Harley Collee, pictured left, sings during a vigil in honour of Tina Fontaine in Selkirk last Friday afternoon. RIGHT: More than 40 Selkirk and area community members gathered to honour Tina Fontaine at the corner of Main Street and McLean Avenue last Friday.

youth.

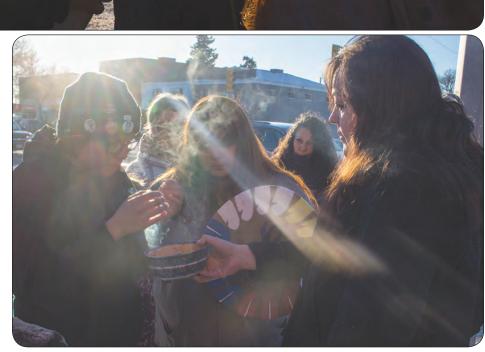
Tina Fontaine's body was found in the Red River on Aug. 17, 2014.

Cormier was charged

secretly

with her murder on Dec. 8, 2015. While the Crown had no forensic evidence, they **"I FELT ANGER** presented **ABOUT THE** recorded statements from Cormier, that **VERDICT. I SAW** they argued was an A LOT OF ANGER, admission of guilt. The case began on Jan. 29 PAIN AND and the jury, made SORROW ' up of seven women and four men, found Cormier not guilty last

> Thursday. Fontaine's death drew attention from across Canada, and fueled calls for an inquiry into missing and murdered Indigenous women and girls.







Spring flood outlook remains low across Manitoba: Province

Staff

The threat of widespread major spring flooding is low in most areas of Manitoba, according to the province.

The provincial government released it's first flood outlook for 2018 last Friday.

"The combination of drier soil conditions in the fall and below-average winter precipitation means there is currently a low risk of major flooding across southern Manitoba," St. Paul MLA and Infrastructure Minister Ron Schuler stated in a release last Friday. "Of course, while there is reason for cautious optimism, Manitobans know first-hand that significant winter storms can blow in on a moment's notice at this time of year and rapidly alter our spring flood projections."

The risk of major flooding is low for the Interlake region and most of Manitoba's southern river basins including the Red, Assiniboine, Souris and Qu'Appelle rivers and tributaries, said Schuler.

Ice-cutting Amphibex machines were spotted breaking up ice on the Red River near Breezy Point last week. The minister said the risk of major flooding is currently low for all lakes including Lake Manitoba, Lake Winnipegosis and Dauphin Lake and the Whiteshell lakes. It is also low to moderate for northern basins including the Churchill River. The Carrot and Saskatchewan rivers near The Pas are considered to be at low to moderate risk.

One potential trouble spot could be the thickness of the ice on some of Manitoba's rivers and streams, Schuler noted. Due to the cold winter experienced throughout the province and lack of sufficient snow to shield the cold in southern Manitoba, ice thickness is above normal on many rivers, meaning ice jam-related flooding could become an issue in some areas.

The use of flood management infrastructure may be limited. The Red River Floodway is unlikely to be used under normal weather conditions. The Portage Diversion will likely be used for ice control along the Lower Assiniboine River. The Shellmouth Dam will continue operations to reach summer levels after the spring



PHOTO COURTESY OF CHRISD.CA

HOURS

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St. Paul MLA and Infrastructure Minister Ron Schuler, pictured centre, presents the province's first spring flood risk outlook, which remains low across Manitoba, during a brief press conference last Friday.

439 MAIN ST., SELKIRK

North of Manitoba Ave.

run-off.

"Manitoba Infrastructure and its team of flood forecasters will continue to monitor conditions and influences along the province's watersheds as we move into spring and peak flood season," said Schuler. "While our government is encouraged at the prospects of a below-normal flood season, we will be prepared for whatever comes Manitoba's way."

The next flood outlook will be issued at the end of March. The February outlook and other information is available online at gov.mb.ca/flooding.

TICKET



Selkirk Curling Club to celebrate 125 years in the community

By Justin Luschinski

The Selkirk Curling Club is gearing up to celebrate its 125th anniversary later this year.

Curling was established in Selkirk in 1893, making it one of the oldest sports organizations in the city. The club has hosted curlers from around the world and many events, including the popular Curl for the Cure, which raises funds for the Canadian Cancer Society.

Joanne Zarichney, the local curling club's secretary, says although the club has been struggling with membership, things are starting to look up.

"Our men's league is struggling, we've been gradually losing members. It's not just us, other curling clubs are struggling as well ... but we're seeing a gradual increase," Zarichney said. "Our women's league is full, our junior league is doing really well ... we're hoping to see the membership grow even more."

The junior curler program didn't exist seven years ago. So far more than 50 curlers have signed up to take part in the program for the 2017-18 season.

The Friday night mixed league has grown from six teams to more than 14 teams over the last four years. And the women's league has also seen an increase from seven to 14 teams.

The club has also hosted some of the biggest curling events in the province, including the Manitoba Men's Provincial Championships several times, and has even hosted the Grand Slam Masters of Curling in 2014. The Grand Slam is a national event that brought in curlers from around the world.

Garry Dola, who has been an executive of the club for 41 years, has many fond memories of the club.

"Do you remember that one time where we had a bonspiel during that snowstorm?" Zarichney asked Dola.

"Oh yeah. I don't remember the year, but there was a massive blizzard, and all the Winnipeg curlers were stranded here," Dola said. "It was the first night of the bonspiel, and we curled two draws, but then we had to cancel due to the weather. People in Selkirk opened up their homes to the curlers, and it was fantastic.



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Curlers, pictured above and bottom left, hit the ice at the Selkirk Curling Club last week. The local club plan to celebrate their 125th anniversary in Selkirk later this year. Gary Dola, pictured below right, has been with the Selkirk Curling Club for 41 years. He said he's looking forward to celebrating the club's anniversary.



"They were stuck here for the weekend, but they all had a place to stay."

Dola also recalled when they had to raise the roof in 1981. They took out a \$100,000 loan to build the lounge area upstairs, and they were able to pay it off in four months.

"That was back when the club was full. I remember when every league was full, Monday nights, Tuesday nights, we even had a mixed league on Sundays," Dola said. "We were losing members for a while, but now it's started to pick up in the last two years. Our mix league was down to two leagues, now it's filled right up. Our Wednesday night ladies league was slowly deteriorating, now they've even got extra teams.

"The junior league has just grown so much."

The club plans to celebrate its 125th anniversary this fall. The Selkirk Curling Club is located at 381 Jemima St. For more information about the club, visit selkirkcurlingclub.com.



Selecter Records 217 Clandeboye Ave., Selkirk Proof Deadline Fridays at 4 p.m. Booking Deadline Mondays at 4 p.m. Office Hours: Monday-Friday 9:30-5:00

Ready to light up the track



RECORD PHOTO BY BRETT MITCHELL

Selkirk father and son vintage sled race team Herb and Hogan Jones are ready to burn up the track in Beausejour this weekend. Herb has been racing for more than 20 years and will now be competing against his son. Both have been inspired by Herb's mother Doris who for many years also tore up the track on the power toboggan race circuit. Doris is now in her early seventies and has terminal cancer. The Hogans say they are racing for Doris and have added pink running boards to their Polaris sleds in her honour. They added they couldn't do this without support from Westside Honda, Fort Distributors, Brown and Sons Construction, Twozerofour Skateshop, Hendley Machine and General Signs.

St. Clements residents have until March 9 to opt out of curbside pickup plan

By Justin Luschinski

St. Clements residents who live in the southern portion of the RM have until Friday, March 9 to opt out of a proposed curbside pickup waste and recycling plan.

Residents who wish to opt out must complete a form and submit it to the RM office on or before that date.

A public hearing regarding curbside pickup was held on Jan. 29 in East Selkirk and 226 community members attended with 148 opposed to curbside pickup, 47 in favour, and 30 undecided, according to the RM.

"Once we know how many people want to opt out, we'll talk to the contractor again and sort of see what the cost will be," St. Clements CAO D.J. Sigmundson said."We're very pleased that over 220 people decided to come out to the meeting, a lot of communities don't get that kind of response."

Sigmundson says the RM has some "wiggle room" with the contractor. It may also be possible for some of the residents to opt out without the RM having to incur any major financial strain. Sigmundson said that depends on, among other

things, "whether 200 people opt out or 500."

Of the 2,600 homes in the proposed curbside pickup service area, the RM says they know of at least 244 homeowners that are opposed and

"ONCE WE KNOW HOW MANY PEOPLE WANT TO OPT OUT, WE'LL TALK TO THE CONTRACTOR AGAIN AND SORT OF SEE WHAT THE COST WILL BE."

would like the option to opt out.

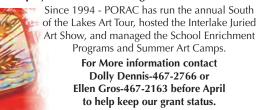
During the public hearing in January, many residents expressed concerns over the new curbside pickup plan. Some were concerned about the price increases for the service as well as the lack of service stations where residents can dump their garbage. Others were also concerned about the cost involved.

The cost is \$105 per year plus up to 2 per cent per year for a five-year period to be added to a residents' annual property tax bill and includes a 240 litre (64 gallon) waste cart and a 360 litre (95 gallon) recycling cart.

For more information and to opt out of the curbside pickup plan, visit the RM of St. Clements website at rmofstclements.com.

Attention: Artists/artisans/enthusiasts

The Prairie Oak Regional Arts Council, Inc. urgently requires volunteers to replace retired board members to maintain the vital role PORAC plays in the surrounding arts communities.





Selkirk Bear Clan Patrol volunteers hit the streets

By Justin Luschinski

Selkirk Bear Clan Patrol volunteers hit the streets for their first official patrol last Friday evening.

Wendy Pichor-Chartrand, who helped bring the Bear Clan to Selkirk, says she wanted to help start the patrol after watching her community struggle with drugs and violence.

"Unfortunately, I've had friends pass away from drugs. My sons have had to deal with friends who've passed away from drugs," Pichor-Chartrand said. "That's a really horrible thing to go through, so I thought'we can either sit here and keep complaining, or we can get up and do something about it.""

Pichor-Chartrand is amongst a group of women, called the Ikwe Oodena women's council, who put out a call for volunteers last year. When loosely translated, "Ikwe" means women and "Oodena" means the heart of the city. Although the women's led patrol program draws from Indigenous teachings and traditions, it welcomes everyone and is for all community members.

The group of women came together following several requests from community members and their shared belief that there is a need for a patrol program in Selkirk.

Selkirk's patrol program is similar to the Winnipeg Bear Clan Patrol, a volunteer neighbourhood watch group that patrols some of the city's most dangerous areas. That group, which was launched by a Winnipeg man in 2015, has now grown to include nearly 400 members and similar programs are now up and running in 18 other communities including in Manitoba, Ontario and Alberta.

The Selkirk patrol draws from traditional Indigenous philosophy, and typically they provide security and help people out in a non-intrusive, non-violent way. They will carry first aid kits, pick up needles or other drug paraphernalia, and provide resources and support to anyone who is struggling. Traditionally, it's led by an allwoman council, and patrol groups are a mixture of men and women.

Typically there's at least one man in every group, but the Selkirk Bear Clan Patrol does not have enough male volunteers to accommodate that tradition.

Kate McDonald, one of the organizers behind the patrol, said that the fact that their first patrol is on the eve of the Tina Fontaine verdict is important.

"It's her legacy. A young life was taken from us. You have to find meaning, and you have to move forward. Out of that loss, came that resurgence of a community organization," McDonald



RECORD PHOTOS BY JUSTIN LUSCHINSKI Selkirk Bear Clan Patrol volunteers hit the streets of Selkirk for their first official patrol last Friday evening.

said. "That's why tonight it's important to remember her. And remember (Fontaine) in a positive way. Out of all that misery, we made something good happen."

Typically, the bear symbolizes protection in the Anishinaabe culture.

The Bear Clan has provided the Selkirk patrol group with reflective safety vests and first-hand experience of patrolling Winnipeg's North End.

The Selkirk chapter will patrol its city streets on Friday and Saturday evenings. Although they have recruited more than 20 volunteers, they are still looking for more members. Those interested in volunteering can email selkirkbearclan@gmail.com or find "Selkirk Bear Clan Patrol" on Facebook.

The group is also still collecting donations and set up a GoFundMe page about 11 months ago with hopes of raising \$5,000 for equipment and supplies. For more information, visit gofundme.com/selkirkbearclan.

Union Local 2034 of the International Brotherhood of Electrical Workers and the Selkirk Community Renewal Corporation have also made donations, Pichor-Chartrand said.





Pedersen talks economy, cannabis at Selkirk Biz speaker series



RECORD PHOTO BY LINDSEY ENNS

Growth, Enterprise and Trade Minister Blaine Pedersen speaks in front of nearly 40 community and area members during the Selkirk Biz speaker series event at the Canalta Hotel last Thursday afternoon.

By Lindsey Enns

Growth, Enterprise and Trade Minister Blaine Pedersen says the province is pouring a lot of time and resources into preparing for the upcoming legalization of cannabis in Manitoba.

"The cannabis file, it's been very significant in terms of workload, we're working very close with health and justice on this file as well," Pedersen said. "We will be ready for July 1 ... we know we need to be ready and we will be."

Cannabis was just one of the topics Pedersen touched upon during his stop in Selkirk to speak during a Selkirk Biz speaker series event at the Canalta Hotel last Thursday afternoon.

Although the province recently announced the first four companies allowed to operate retail cannabis locations, the number of stores and locations where each group will be allowed to operate is still being worked out.

"Those four companies will also need to work with the municipalities ... in terms of store locations and store make up,"Pedersen said, adding more requests for proposals for private cannabis retailers will be coming out in the near future. "There's also a great interest in producing cannabis."

The upcoming provincial budget also won't include a revenue line from marijuana sales, Pederson said.

"By the time we do the education factor for our youth and for our driving public, health costs, nobody knows what the health costs are going to be with cannabis and then the justice costs ... enforcement," he said. "We don't even have a legal limit right now for driving so this is really up in the air."

Pedersen said Manitoba's main goal when it comes to pot legalization is to eliminate the black market.

"This is a phased in process, we know we can't eliminate the black market over night," he said. "And we need to make sure our youth are kept safe from this.

"We need a huge education campaign for our youth and for the driving public."

Pedersen also spoke about the state of Manitoba's economy, economic development, red tape reduction, rising Manitoba Hydro rates and the provincial deficit.

"We're not out of the woods by any means in terms of finances," he said. "We've trimmed at the top, we've trimmed where we can, in a balanced method."

The province's 2018 budget will be unveiled on March 12. This will be the third budget presented since Brian Pallister's government took power in 2016.

"We're going to continue this balanced approach to fiscal stability and to balance the budget," Pedersen said. "We will reduce the PST.

"The Selkirk and district area is just representative of the type of people we come across all over Manitoba ... just an excellent example of positive growth that we have all over Manitoba."

Head Start hosts Métis celebration

SUBMITTED PHOTO Onashiwin Aboriginal Head Start Program student learned about Métis culture earlier this month during week-long their Métis celebration. The event included a visit from Morgan Ginther who played the fiddle while her father Keith Ginther accompanied her on guitar.





Selkink Record





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> ARNIE WEIDL

Ice breakers a sign spring is on the way

suns strength, spring's coming," he

fish story for us. His head bent down

for a moment, thinking, then came

back up smiling at me saying, "Yes,

I do have something." Brightly col-

ored sleds screamed past us along

the shoreline and the smell of smoke

Greetings my fishing brothers and sisters, how was your week?

Well, spring must be just around the corner, I was over at Breezy Point and the Red River ice cutting crew are back at it. They've knocked the ice apart from the lake upstream to Netley Creek sending all our angling friends scrambling toward Selkirk ahead of them or over to the Lake Winnipeg south basin. The ice on Netley Creek by Petersfield, however, remains thick and safe which is where I found a local, Rick Zolinski, fishing in a very large comfortable shack on a cool, grey day with his family. "We were just talking about you," someone in the shack said as I entered."Something just happened that might interest you," Rick, sitting trim and fit on one side of the open "trench" floor exclaimed. He continued explaining how he caught a jackfish and as he was pulling it up the hole it slipped the hook but kept on swimming up coming right out and landing on the ice between the ice holes. It flopped about for a second then with a mightily swing of its tail it slid head first into an adjoining hole swimming down out of sight. It happened so fast they sat there motionless until somebody observed how supper had just

A few days after my visit with Rick and his gang I wound up on the Red River by the "blue bridge" and ran into Rui Machado, Ray Maglian and Carlos Olideira who, although they had caught a few fish as you can see, didn't have a story for us. That's OK fellas, maybe next time!

Upstream of the guys I came across a chap sitting in a folding chair working two fish holes while his little son played close by. He seemed very friendly with a broad smile framed in a dark, short beard and sunglasses watching me pull up in "old red". I got out and as I came around the front of the truck, he called out, "How's it going?" "Great, boy that sun's bright," I exclaimed. "Yeah, you can feel the

from the chimneys of nearby hard wall ice shacks floated in the air as our new friend, Tony Toews, gathered his thoughts. Last summer he was boat fishing with his young son David on the Winnipeg River on the high side of the Pinawa Dam. It was a beautiful warm, still sunny morning and Tony was trolling with David sitting behind him. After a while Tony heard an almost imperceptible lip smacking sound. He turned and was shocked to see David had reached in and gotten a minnow from the bait tub and was eating the salt off his fingers! Dad shouted at his son to stop. He helped

the boy wash his hands off in the river water then took up his rod and started fishing again. As an afterthought Tony looked at his son in a man-to-man kind of way and said, "Now, we're not going to tell mom about this are we?" David, still not feeling he had done up beside them and struck up a conversation with the older chap, Fred Koster, as the younger who turned out to be his son, Ed, a huge guy, continued drilling. They were farmers from Beausejour and Fred, standing slightly bent from years of hard work, peering through searching eyes under heavy long grey eyebrows, began a story. He said they liked to fish in Bird Lake and one time about this time of year he caught a large, long jackfish. He tried to pull it up through the ice hole but he could see it wasn't going to be easy. He got down on his stomach and using both hands in the icy water tried to get it up until he could see in the clear water it was a female and some of the eggs were coming out of her. He stopped and rolled over looking up at his son, saying, "We can't keep her, she's full of eggs!" So they let it back down the hole to give it a chance to spawn. I guess we can say that sometimes losing a fish like Rick or the Koster boys did can be just

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responded. I could see he hadn't A while back I was driving around on caught any fish so I asked if he had a the ice on the south end of Lake Win-

nipeg and noticed two men starting

to drill ice holes for fishing. I pulled

"Dad, how come fish like salt?"

as interesting as landing one! So long anything wrong innocently inquired, friends. TROUBLE WITH PAPER DELIVERY? Christy Brown, Distribution Mgr.: 204-467-5836



RECORD PHOTO Pictured from left to right: Rui Machado, Ray Maglian and Carlos Olideira with some of their catch on the Red River.

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escaped!

EDITORIAL Lindsey Enns 204-485-3337

Local woman turns bracelet making into a booming business

By Lindsey Enns

When Kaylin Webster started making beaded bracelets with one of her friends in 2015, she never dreamed it would one day turn into a business.

Today, the 23-year-old is the proud owner of Just Bead It, which sells gemstone jewelry creations and natural bath products handmade in Selkirk.

"We actually started this when I was in nursing school and never expected it to be a job and now it's a job and a business," Webster said, while sitting inside The Mighty Kiwi Juice Bar and Eatery last Wednesday where some of her products are currently being sold.

Just Bead It products, which range in price from \$5 to \$25, include various gemstone bracelets and necklaces as well as all natural products such as hand creams, lip balms, body scrubs as well as bath bombs and tub teas.

"Tub teas, which are new, they're a tea bag with all natural ingredients and you steep them in your bath and it's kind of a bath soak," she said, adding one of her best sellers right now are her handmade shower balls. "You put one on the floor of your shower and it helps with nasal decongestion and headache relief."

Webster said working as a nurse at



RECORD PHOTO BY LINDSEY ENNS

Kaylin Webster, pictured here holding some of her products inside The Mighty Kiwi Juice Bar and Eatery last Wednesday, is now the proud owner of Just Bead It, which sells gemstone jewelry creations and natural bath products handmade in Selkirk.

the Selkirk Regional Health Centre as well as doing her own individual research has helped her gain more knowledge when it comes to the benefits of all natural ingredients and products.

"Right now I would consider myself self-taught. I don't have any sort of cosmetic background or anything like that but I definitely look for reliable sources ... and all our products are tested on humans with different skin types," she said, adding she also buys most of her ingredients locally. "I am trying to keep it local ... and the majority of our business is in Selkirk. I'm hoping with me going to craft sales in Winnipeg it will draw people to come to Selkirk and spend a day here."

Since her business has really taken off over the last year, Webster has hired four casual employees including bracelet and bath bomb artists. She hopes to one day open her own storefront in Selkirk.

She said taking part in various craft sales and shows throughout the region as well as being active on social media has helped her business grow immensely.

"I've been getting a lot of return customers, which means the world to me," she said. "When you actually see them keep coming back and getting different things, that means the world."

Webster is currently working on a website which she hopes to launch in May. In the meantime, Just Bead It can be found on Instagram and Facebook. Her products are currently being sold at The Mighty Kiwi Juice Bar and at Ma Cherie Beauty Academy and Boutique in Selkirk.

Webster will also be hosting a jewelry workshop at The Mighty Kiwi Juice Bar and Eatery on Thursday, March 29 at 7 p.m.



Red River Co-op Jembers Garned 633¢jl* *nember refunds based on average pump price of 91.7c/L in 2017.

Gn 2017,

Share Your Story

Tell us your plans for this year's cash back for a chance to win 1 of 6 **\$250** Co-op Gift Cards at facebook.com/RedRiverCoop.



HD500 for Huntington's disease rides into its fifth year

By Lindsey Enns

After Angel Fredericks' mother was diagnosed with Huntington's disease, the Huntington Society of Manitoba became like a beacon of hope for her and her family.

"The Huntington's society helped in a big way in stepping up for me, my sister and my dad," the 29-year-old Selkirk resident said. "They brought in registered nurses to help my dad during the day with my mom. He gave up working to take care of my mom full time and raising us kids. He did a lot of that on his own for years. It wasn't until the Huntington's society stepped up and told him he needed some help.

"A lot of my childhood memories I don't think I would really want to remember but because Huntington's society was apart of it, they helped us out as kids."

With that in mind, Fredericks was honoured to speak and take part in this year's fifth annual HD500, a twoday snowmobile trip from Lockport to Bird Lake and back to help raise funds for the Huntington Society of Manitoba.

"This is actually my first time partaking in the ride and raising funds for Huntington's," she said."I understand now what it means to raise funds for it. You're helping the families that are enduring that suffering just like we went through."

Fredericks spoke about her family's journey with Huntington's disease at Gaffer's in Lockport before riders left for Bird Lake last Friday morning.

Fredericks said because of the disease, she never really had an opportunity to get to know her mother, Iona.

"I don't remember ever hearing her voice," she said, adding she was just 12-years-old when her mother died at the age of 34. "It's a very rare dis-



RECORD PHOTOS ABOVE: Pictured from left to right: HD500 riders Arnie Dietz, Angel Fredericks from Selkirk and Dave Friesen from Lockport take a break during their trip to Bird Lake last weekend. RIGHT: HD500 riders gear up to leave Lockport for Bird Lake last Friday morning.

ease. A lot of people don't understand it."

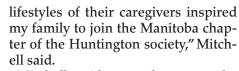
Huntington's disease is a fatal genetic illness that causes the breakdown of nerve cells in the brain. As the brain cells die, a person with Huntington's becomes less able to control movements, recall events, make decisions and control emotions. The disease leads to incapacitation and

eventually death generally due to other health com-

plications.

Brett Mitchell of Selkirk is the organizer behind the HD500 and says the annual event is held in honour of his father, Lloyd, who worked for Ski-Doo for more than 20 years and died from Hungtington's disease in 2009.

"Being in a Huntington family, losing my grandfather, aunt and my dad as well as watching the exhausting



Mitchell said over the years the HD500 has helped raise more than \$70,000 for the Huntington Society of Manitoba. He said they wouldn't have a final tally of what was raised this year until sometime next week.

"We of course hope to cross the \$100,000 line this year ... fingers crossed we'll see."

In December 2017 it was a reported that a new experimental drug trial has proven to reduce the levels of the toxic protein that causes Huntington's disease in humans.

The trial involved 46 patients at the early stages of the disease who were enrolled across nine centres in the UK, Germany and Canada. The full results of the trial and plans for future trials are expected to be announced sometime this year.

For more information about the Huntington Society of Manitoba, visit hdmanitoba.ca.



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March Ever	nts Calend	lar		
Mar 2 – DyVo Strum band 8pm Mar 9 – Buster Keys band 8pm Mar 16 – Rockin' Horse band 8pm	TEXAS HOL POKER TOURN Every Thursday	AMENTS		
Mar 23 – Rock the House band 8pm Mar 29 – Topline band 8pm – Chase the Ace		,200+ f Feb. 23/18		
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Poplar Park woman sounds alarm after dog dies in snare trap

By Justin Luschinski

A local family whose nine-monthold puppy died after being caught in a baited snare wants to warn others in hopes of preventing others from losing their beloved pets.

Pamela Nemec usually lets her dogs roam around their pasture in Poplar Park, which is located seven minutes north from Libau. But what she didn't know is that someone had set up baited snares a quarter-mile from her home and her puppy Bella, a St. Bernard mastiff cross, was caught in one of those traps and was killed recently.

Nemec said had she known that there were baited snares near her property, she would have made sure Bella was tied up.

"We found out from some other neighbours, that the neighbour behind us had set some baited snares. He notified them, but not us," Nemec said. "I asked this neighbour if he'd seen (Bella), he said no. Later on, we discovered that our dog was killed in one of his snares ... I screamed, he was planning to not let us know what happened to our pup."

Nemec said that her and her husband were looking everywhere, call-



RECORD PHOTO BY JUSTIN LUSCHINSKI

Pamela Nemec, pictured above with her seven-year-old rottweiler, Timber, usually lets her dogs roam around their pasture in Poplar Park, which is located seven minutes north from Libau. But now she's warning other pet owners to be careful after one of her dogs died after being caught in a baited snare trap.

ing out Bella's name, before her husband eventually found out what happened to her. Nemec has since reached out to local conservation officials.

"Depending upon the location, rules

(provincial or municipal) may be in place preventing a landowner from setting traps on their own property (baited or otherwise)," a representative from Manitoba Sustainable Development said. "Regardless, in more densely populated areas it would be a good courtesy to alert neighbours with animals to the presence of traps. Pet owners also have an obligation to keep control of their animals, either on a leash or fenced in.

"Animals that roam wild are at risk of encountering other wildlife or could come into contact with other dangers."

Nemec said that since the trapper was placing snares on his property, he was not violating any laws, but she hopes her story prevents others from losing a pet.

"Whoever decides to snare, let all your neighbours know," she added. "Make sure they know when you're putting them up, when your taking them down. If they're not home, leave a note in a mailbox, because all the other neighbours knew, and we didn't.

"I just want to prevent this from happening to anybody else's dog."

St. Clements unveils Narol Fire Hall expansion plans at open house

By Justin Luschinski

The Narol Fire Hall has outgrown its current building and current expansion plans would include a classroom and more room to store fire and rescue equipment.

The local fire department showed off its fire hall expansion plans during the St. Clements pre budget open house last Tuesday.

The current fire hall, located at 5121 Henderson Highway, was built 30 years ago, and was originally designed to hold eight firefighters. Today the hall is home to 25 volunteer firefighters. The expansion will include a larger meeting area, a classroom, and additional space for rescue vehicles.

Narol Fire Hall Chief Robert Herda said their current facility needs to be expanded to comply with health and safety regulations.

"Our hall was designed for eight people, there's 25 guys in our hall now. Right now we have one toilet, one urinal, and one shower for 25 guys," Herda said."We're required to shower and clean ourselves up before leaving the fire hall after any major incident.

"That's impossible to do at this time." Herda added the new expansion will help the department comply with other workplace health and safety issues. Currently the meeting area for the firefighters is "standing room only," according to Herda, and the building also needs improvements to its ventilation system.

St. Clements Coun. and volunteer firefighter Glen Basarowich said that the department needs more space to better serve the needs of the growing community.

"We just ran out of room. We don't have a classroom right now, and we don't have the space to add more equipment," Basarowich said. "We're looking to getting a rapid response unit.

"Most of our calls are related to motor vehicle accidents, and a rapid response unit is better equipped to dealing with that situation."

The hall generally receives between 90 to 100 service calls per year on average. With a new classroom, Herda said they will be able to train their members more efficiently. Previously, the firefighters had to pull out a few of the trucks before they could practice in the hall.

Following last week's open house, the department will wait for council to approve the project, at which point they will have another open house. It's unknown when the expansion will be completed.

The proposed expansion is estimated to cost \$1.2 million. Council is considering borrowing for this project.



RECORD PHOTO BY JUSTIN **LUSCHINSKI** Narol Fire Hall Chief Robert Herda was on hand to answer questions about the Narol Fire expansion Hall plans during the St. Clements pre budget meeting last Tuesday.



Nova House's financial life skills lunch, Ready to make new memories learn sheds light on budgeting basics

By Lindsey Enns

It's never too early to start planning for retirement or to start budgeting for your future, according to a financial advisor.

One way to help you keep track of your spending is to keep all of your receipts and add them all up at the end of each month, says Sunova Credit Union financial advisor Adam Roberts. A monthly budget will also help you account for every dollar you spend.

"I think people get scared about budgeting because people have trouble being honest with themselves on what they spend," Roberts said. "It's easy to put it on paper and it's another thing to follow that plan.

"So having some discipline and a game plan can go a really long way as to help alleviate some of that stress and worrying about budgeting."

Roberts helped share some advice when it comes to financial life skills with a small group of interested community members during a Nova House Lunch and Learn session at the Selkirk United Church last Wednesday afternoon.

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• #9 Roadhouse (Wpg Beach)

"Banking doesn't have to be difficult," he said. "It's important to have a savings plan."

Along with budgeting basics, Roberts also spoke about identity protection and establishing credit.

"Good credit is important. If you ever want to borrow money, the better your credit the better your chances are of borrowing that money," he said. "Credit can take a long time to rebuild and a very, very short time to destroy." Some tips for building good credit include saving money, setting a small credit card limit, which is paid off monthly, having a mobile phone contract that's paid regularly as well as building a good relationship with your financial institution.

For those interested in checking their credit score and rating, Roberts suggested reaching out to Equifax Canada or TransUnion for more information.

The next Nova House Lunch and Learn will be on mental health selfhelp and will take place on Wednesday, March 21 at Selkirk United Church. Doors will open at 11:50 a.m. and the presentation will take place from 12:05 p.m. to 12:50 p.m. The presentation will consist of a panel

discussion with representatives from the Anxiety Disorders Association of Manitoba, Manitoba Schizophrenia Society and Mood Disorders Association of Manitoba. Coffee, tea and light refreshments will also be served.

For more information, email tracy@novahouse.ca.

Hawthorn Estates to host open house on March 11 and 12 By Justin Luschinski

Hawthorn Estates has risen from the ashes and a St. Clements couple is almost ready to start hosting more weddings inside their new venue.

In December 2016, Tammy and Robert Belanger watched as their 1946-era barn, which they spent years transforming into a popular wedding venue, go up in flames.

Now, the couple has rebuilt their business and will be having an open house for the public on Saturday, March 10 and Sunday, March 11 from 1 p.m. to 6 p.m.

Tammy said thanks to the support of their patrons, they made the decision to rebuild their barn.

"Everything was gone. We didn't think we'd be doing this again," Tammy said."We were like 'OK, that was a great dream, we had a lot of fun with it, but I guess that's it.' But we kept hearing from the people who were married here, and from complete strangers, who were asking 'When can you get something up again?'We had such a great response, so we decided 'OK,

let's get this thing going again."

Following the fire, the couple had to start from scratch. In about 11 months, they built a new, larger barn, with modern amenities and a rustic but modern design philosophy. The building needed to comply with all modern building codes, as nothing from the old venue could be salvaged.

Tammy said that from May to October 2019, they are almost fully booked. They are a year-round venue, and they are starting to book weddings into 2020. She added she's humbled by the response the new venue has received so far.

"It was such a devastating loss. When we decided to try this again, we didn't know how to feel, we were grieving for our old building and putting all our energy into the new venue at the same time," she said. "Now that it's mostly finished, and I'm looking at all of our hard work, I feel pretty great about what we've been able to accomplish."

The couple is requesting that anyone interested in attending one of the open houses to RVSP by visiting hawthornestates.ca.

Hawthorn Estates is located about 15 kilometres north of Selkirk near Garson.



RECORD PHOTO BY JUSTIN LUSCHINSKI Robert and Tammy Belanger stand inside the new Hawthorn Estates on Monday morning.



FROM PRINT TO DIGITAL, truth has long been a part of Canadian advertising.

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Corn Muffins

Festive Salmon

3/4 cup milk eggs 1/4cup plain flour 11/4 cups cornmeal

Asparagus Tart

- 1 sheet frozen puff pastry, thawed
- 2 cups Jarlsberg Cheese, shredded
- 1 pound asparagus
- 1 tablespoon olive oil
- 1 tablespoon fresh thyme leaves
- salt
- tablespoon sugar
- 1 3 teaspoons baking powder
- 4 tablespoons softened butter
- 1/2 cup Jarlsberg Cheese, plus
- additional

cured ham, thinly sliced (optional) Nut Pesto:

- tablespoons olive oil 5
- pack fresh, flat-leaf parsley 1
- 1 garlic clove
- 1/2 cup walnuts 1/4
- cup cashews salt
- pepper

Heat oven to 375 F. Whisk together milk and eggs.

In separate bowl, mix flour, cornmeal, sugar, baking powder and butter. Add milk-egg mixture and

pepper

Heat oven to 400 F. Prepare baking sheet with parchment paper. Roll out puff pastry into 16-by-10inch rectangle; trim uneven edges. Place on baking sheet. Using knife, lightly score pastry dough 1 inch from edges. Using fork, pierce dough inside markings at 1/2-inch intervals. Bake until golden, about 15 minutes.

stir. Spoon mixture into muffin cases. Cut cheese into cubes and press down into mixture. Bake in center of oven about 15 minutes.

To make Nut Pesto: In blender or using hand blender, combine olive oil, parsley, garlic, walnuts, cashews, salt and pepper. Pulse or blend until coarsely chopped.

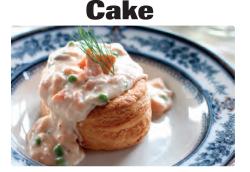
Serve corn muffins with additional cheese, Nut Pesto and thin slices of cured ham, if desired.

Notes: If possible, use stiff paper cups, so muffins stand up better. Cornbread can also be baked in large, round baking pan, about 20 centimeters in diameter; adjust baking time as needed until done.

Remove pastry shell from oven and sprinkle with shredded cheese. Trim bottoms of asparagus spears to fit crosswise inside pastry shell; arrange in single layer over cheese, alternating ends and tips. Brush with oil, sprinkle with thyme leaves and season with salt and pepper. Bake until spears are tender, about 20 minutes.







2 cans (16 ounces each) red salmon or tuna, drained and flaked

1 package (10 ounces) frozen chopped spinach, thawed and well drained

- 2 1/2 cups shredded Jarlsberg Cheese, divided
- 1 cup fresh bread crumbs
- 2 lightly beaten eggs
- 1 tablespoon lemon juice
- 1/2 cup minced onion
- 1/2 cup parsley
- 2 tablespoons extra-virgin olive oil

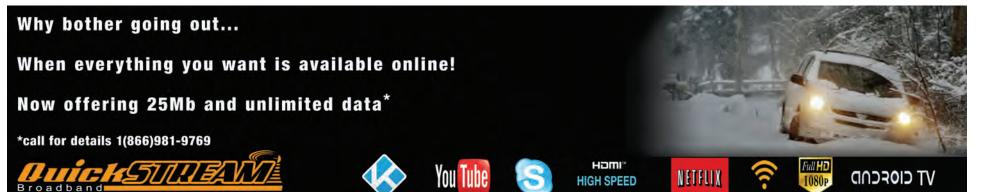
1 package (16 ounces) frozen mixed vegetables, cooked and drained or 2 cups fresh, chopped mixed vegetables, steamed

Heat oven to 350 F.

In large bowl, combine canned fish, spinach, 1 1/2 cups cheese, bread crumbs, eggs and lemon juice; blend well. In skillet, saute onion and parsley in olive oil until onion is translucent. Add to fish mixture. Spread mixture into welloiled 8-inch springform pan and bake 30 minutes. Top with remaining cheese.

To serve, remove from pan. Place on serving platter or





vegetables on top.

low pedestal and arrange mixed

Sports&recreation INSIDE > OUTSIDE > UPSIDE DOWN Selkirk sweeps Oak Park in WWHSHL playoff series

By Brian Bowman

The Selkirk Royals played their best hockey in the third period during their Winnipeg Women's High School Hockey League playoff series against the Oak Park Raiders.

For the second straight time in their best-of-three series, Selkirk scored three goals in the third period on their way to a 4-1 win in Game 2 on Feb. 21.

"That's huge for us," Royals' head coach Noah Cain said. "Obviously, we would like to play like that for the full three periods but it's really nice to come out with that confidence in the third and take care of business."

Jenna Truthwaite scored a firstperiod goal for the Royals and then Jazmyn-Rae Desjarlais, with a pair, and Rayley Goetz tallied in the third. Jodi Clifton made 23 saves for the shutout.

"Jodi Clifton played great for us," Cain said."We're helping her out and she's helping us out. We're obviously going to make mistakes out there and she has helped us

out a few times. There are no weak goals and she's been like that all year." The Royals started their playoffs

The Royals started their playoffs with a nice 3-1 win over Oak Park on Feb. 20 at the Eric Coy Arena in Winnipeg. Selkirk shook off some rust from a lengthy layoff to overcome a 1-0 thirdperiod deficit to score three unanswered goals.

"We were off about two-and-a-half weeks so we knew we were going to come out rusty," Cain said."Our game plan going in was to keep it simple to account for that. I thought we were trying to do a bit too much in those first two periods. We were rusty but we shook it off and had a really good third."

Selkirk's Cienna Palmer started the comeback just 1:31 into the third to tie the score at 1-1 and then the Royals took the lead for good when Amy Carter tallied midway in the period.

Goetz then scored a key goal while the Royals were shorthanded with 8:04 remaining in regulation time.

Clifton was solid once again in goal for the Royals, making 14 saves as Selkirk outshot Oak Park 30-15.

The only goal for Oak Park came from Ashley Seitz at the 13-minute mark of the second period while the Raiders were on the power play.

Selkirk did a really nice job shutting down Oak Park throughout the series.

"I thought we played really good team defence," Cain said. "We were backchecking, going hard to the net,



RECORD PHOTO BY BRETT MITCHELL Royals' goaltender Jodi Clifton played very well to lead Selkirk to the playoff series sweep over Oak Park.

picking up people and picking up sticks.

"That team defence was huge for us. They have some good players on that Oak Park team and we did a good job shutting them down."

Selkirk advanced to play the Dakota Lancers in a CTV Division best-ofthree semifinal series. The two teams met up Monday with Dakota winning 3-1. Goetz scored Selkirk's lone goal on the power play late in the second period.

Dakota, which held period leads of 1-0 and 3-1, received goals from Risa Shatford, Sonya Neale and Juleah Radomsky. The two teams clashed again Wednesday but no score was available at press time. If necessary, Game 3 would be played Friday at 4:30 p.m. at Southdale Arena.

Off to nationals



RECORD PHOTO SUBMITTED

The Dave Boehmer rink, which features third Terry McRae, second Tom Want, lead George Hacking, and fifth man Kerry Fedorchuk, has advanced to the Canadian Senior Curling championships in Stratford, Ont. from March 24-30. Boehmer's rink won the 2018 Manitoba title after a thrilling 3-2 win over Portage's Randy Neufeld in the final. After completing the round robin with a 6-1 record they advanced to the final with a 10-4 win over Neufeld.

Divisional winners



RECORD PHOTO SUBMITTED

Ecole Selkirk Junior High won the Grade 7 girls' divisional championship last Thursday.

Stonewall hosts outstanding provincial ringette action



RECORD PHOTO BY LANA MEIER Interlake's Renee Partyka was picked up by East End to compete at the Westerns.

By Brian Bowman

It's not how a team starts a season but rather how it finishes.

And the Interlake Ignite U19 ringette team finished pretty well at the provincials last weekend in Stonewall. Interlake reached the gold-medal series where they lost 8-1 and 5-2 to East End. East End now advances to the westerns in Saskatoon.

"In the second game they came out with fire and really wanted to win," said Ignite assistant coach Kinley Graves. "We played against that team all season and they're a really good team with a lot of talented players.

"But we wanted to show them that we have a ton of talent as well."

Interlake started the provincials with a 6-5 win over BVRA and then doubled St. James 6-3. The Ignite wrapped up their round robin with an 8-2 loss to East End.

On an individual note, Interlake's Renee Partyka was picked up by East End to compete at the westerns.

The Ignite's roster featured players

from across the Interlake. It took Interlake a bit of time before they gelled as a team.

"We had a ton of improvement through the whole season," Graves said. "We had a couple of girls from north Winnipeg that joined our team, so there were four brand news girls that nobody knew before.

"There was a lot of skill development playing with four brand new girls on one team.

"But, throughout the year, there was continual progress. You could see it at every practice - they had a big desire to improve."

Meanwhile, the U16 Interlake Ignite lost 4-3 to the Eastman Heat and 6-0 to Southdale in the double-knockout provincial format.

Those two losses ended Interlake's season.

At the U14 AA level, Interlake falls into the Magic's catchment area and has three players - Jenna Lavallee, Raeanne Peters and Haley Ichiiwa on the team. The Magic was 2-1 during the round robin, placing them in a best-of-three gold-medal series with the Angels.

The Angels won Game 1 by a 4-3 score and then the Magic rebounded to win the next game 4-3.

The Magic then won the gold with an overtime victory in Game 3.

In the Open Elite Division, the Prairie Fire went undefeated in the round robin and then swept the Storm in straight games to win the gold.

Local players with Prairie Fire feature Kinley Graves, Sheena MacDonald and Lindsay Burns.

Prairie Fire and the U14 AA Magic will now represent Manitoba at the Western Canadian Ringette Championships in Saskatoon from March 21-25.

Provincials for the U16AA and U19AA programs are slated for March 7-11 at the Seven Oaks Arena while Winnipeg is hosting the Canadian Ringette Championships from April 8-14.

Sturgeon Heights stuns Selkirk in boys' hockey semifinal series

By Brian Bowman

A great season for Selkirk Royals boys' hockey has come to an end.

Selkirk's season was halted last Thursday after a 6-2 home loss to the Sturgeon Heights Huskies at the Rec Complex.

The Huskies jumped out to a 3-0 first-period lead and never trailed in the game.

Mathew Mason-Vandel (two), Ryan Ostermann, Cam Danylchuk, Aaron Jacobsen, and Ethan Yewdall scored for Sturgeon Heights.

Nick Trudel led Selkirk with a goal and an assist while Travis Spratt also tallied.

Sturgeon Heights took a 1-0 series lead with a 8-3 home win at Allard

Arena on Feb. 20.

The Huskies, once again, grabbed a 3-0 first-period lead and then led 5-2 heading into the third.

Spratt paced the Royals with a goal and two assists. Reece Tessier and Grafton Hopkins each had a goal and an assist.

Ostermann (three), Jailen Hoilett, Ethan Robson, Cayden Onagi, Brandon Hughes, and Noah Funk scored for the Huskies.

The Huskies advanced to play the St. Paul's Crusaders in the best-of-three Platinum Promotions Division final this week at the Bell MTS Iceplex.

No scores from that championship series was available at press time.



RECORD PHOTO BY PARKER RICHMOND The Selkirk Royals' Jordan Simko has a great scoring chance against Sturgeon Heights.



Tournament champs

RECORD PHOTO SUBMITTED

The Selkirk Royals junior varsity girls' basketball team was crowned tournament champions after defeating Father Lancombe of Calgary 68-55 in the final. The Royals' Emma Benson was named tournament MVP while Abby Benson was selected as an all star. Selkirk's varsity girls' basketball team, meanwhile, lost in the final of the Kildonan East tournament. The Reivers defeated the Royals 59-43 in the championship game. Selkirk's Kely Warmington and Annika Loeppky were picked as all stars.





RECORD PHOTO BY BRETT MITCHELL

Ethan Vandenberg of the Interlake Speedskating Club finished third overall in Quebec City at the Canadian national championships. He competed in five races, placing third in the 300M, fourth in 500m, fifth in 1500m 5th, and sixth in the 3000M. The meet was held Feb. 10-11 with skaters competing from all across Canada.

RECORD PHOTO SUBMITTED Alexa Scott participated in Canada Cup 3 Canadian Junior Championships in Fort St. John, B.C. from Feb 2-4. Scott had a very good weekend, winning a bronze medal in 1000M, silver in 1500M, silver in 3000M and silver in all around. She finished the overall competition with enough points to qualify for the Canadian Junior World Team and will be competing in the ISU World Junior Speed Skating Championships in Salt Lake City from March 9-11. After this competition, she will return to Calgary to compete in Canada Cup 4 the following weekend which is the last major competition of the season.

Wizards Lacrosse looking to increase registration numbers

By Brian Bowman

For years, the Wizards Lacrosse program has provided athletes an opportunity to compete in the exciting sport of box lacrosse.

The problem, though, is that those numbers have been dwindling over the years.

Wizards' president Kevin Johnson of Beausejour said the registration numbers have dropped off drastically both locally and across the province.

"Our numbers have dropped huge," said Johnson last Sunday afternoon. "We probably had 400 kids in our Wizards' group – 350 at least – and last year we had just three teams." Johnson can't explain the severe drop in numbers.

"I really don't know," he admitted. "We're trying to pinpoint that a little bit. I guess that there are so (many) sports going on that every kid is trying something different."

There is no threat of the Wizards not having a lacrosse program this season, said Johnson. The teams play their home games out of Garson Arena.

"I'd like to see the kids come out and play lacrosse," he said. "I want to see more kids come out. Lacrosse really isn't known. People don't know lacrosse. I love the sport and I would do anything to keep it going and that's why I'm on the board."

Johnson said box lacrosse is a very exciting sport. He also feels that by playing the box game will help athletes in field lacrosse.

The Wizards' program has produced plenty of talented players over the years. The Wizards draw kids from areas such as Selkirk, St. Andrews, Sagkeeng, Lac du Bonnet, Pinawa, and Beausejour.

The Wizards play in the Red River Lacrosse Association and are governed by the Manitoba Lacrosse Association. They also ran a Tykes program every Saturday morning for the younger kids.

The local club is still working on setting up registration dates and expect to know sometime this week. Once those dates are finalized, they will be put up on the Wizards' Facebook page and tweeted on Twitter.

The Wizards also have a website.

The lacrosse season begins in April and continues through until June. After the regular season is completed, teams participate in their respective playoffs.

Selkirk singing the Blues after rough loss to Winnipeg

By Brian Bowman

Winnipeg had Selkirk singing the Blues on Sunday evening.

Winnipeg whipped Selkirk 6-0 at the Bell MTS Iceplex.

Matt Leblanc gave Winnipeg a 1-0 first-period lead and then Brady Castellano and Dexter Kuczek made it 3-0 after 40 minutes.

The Blues went up six goals as Levi Cudmore, Blaise Arkler and Devon Skoleski tallied in the third.

Last Friday, Selkirk edged the Dauphin Kings 3-2 as Nico Labossiere scored the game winner at 18:40 of the third period.

Selkirk's Carter Barley and Dauphin's Landon Lushanko traded firstperiod goals before the Steelers' Ben Coppinger tallied midway in the second.

Dauphin's Kyle Oleksiuk tied the

score at 2-2 early in the third.

Hayden Dola made 35 saves for the win.

On Feb. 20, the Steelers crowned the Kings 7-3 in Dauphin.

Selkirk trailed 3-1 in the third period but exploded to score six unanswered goals in a 4:09 span.

Selkirk's Shanan McFadden started the comeback with a goal at 15:17 of

the third. That goal was followed by a pair from Connor Barley and singles by Labossiere, Dawson Martin and William Middleton.

Nate Halvorsen opened the game's scoring at 10:18 of the middle frame but the Kings' Ian Briscoe tied the score at 1-1 with a goal at 19:54 of the second period. Dauphin's Jaymes Knee and Wilson Northey then scored

in the third to put Dauphin up 3-1.

Dola made 40 saves for the win. Selkirk, now 29-24-3-1 and in seventh place with 62 points, hosted the Portage Terriers on Tuesday. No score, though, was available at press time.

The Steelers will host the Blues Friday (7:30 p.m.) and then will play at Winnipeg on Saturday (7 p.m.) to wrap up their regular season.



MJHL announces award winners, all stars Kuczek was recently named the RBC season from Ontario, has 75 points Gula, at 5-foot-10 and 175 pounds,

Submitted by the MJHL

The Steinbach Pistons' outstanding season has carried over off the ice with three members of the club winning major MJHL awards.

Head coach Paul Dyck earned his second consecutive coach of the year award while Drew Worrad and Darby Gula won the Hockey Ability - Frank McKinnon Memorial Trophy and Top Defenceman awards, respectively.

"Every player should be commended for their outstanding performance over the regular season," said MJHL commissioner Kim Davis in a media release. "Coaches of the league vote and make the selections. These selections are extremely difficult to make. The talent level in our league is reflective in how difficult it was to select these major awards."

Here are the other award winners:

Steve "Boomer" Hawrysh MVP Award - Dexter Kuczek, Winnipeg Blues

Kuczek, 20, hails from Winnipeg and currently sits second in the MJHL scoring race with 85 points (33-52) in 55 games. At 6-foot-1, 210 pounds,

Player of the Month for January in addition to twice winning the Recycle Everywhere MJHL Player of the Week honour.

Rookie of the Year - Vince Leah Trophy - Justin Lee, Virden Oil Capitals

Lee, 17, hails from Waskada, Man. and has adjusted quickly to the pace of Junior"A" hockey. He recently committed to the University of Denver and was named the IBAM Rookie of the Month in November. Lee was also invited to the Team Canada West selection camp for the World Junior A Challenge tournament. He currently has 35 points (7-28) in 55 games.

Hockey Ability – Frank McKinnon Memorial Trophy - Drew Worrad, **Steinbach Pistons**

Worrad, 20, hails from Birr, Ont. and recently committed to the Western Michigan University Mustangs, joining Piston teammate Riese Gaber. The Mustangs are led by former NHL head coach and Manitoba native Andy Murray, who was once an assistant coach with the Winnipeg Jets.

Worrad, who was acquired in the off

(26-49) in 47

games while accumulating only 14 penalty minutes.

Top Goaltender - Troy Martyniuk, Winkler Flyers

Martyniuk, 20, played his minor hockey in Winnipeg. He currently leads all MIHL

goaltenders in wins (28) and minutes played (2,738). He's also considered the backbone of the Flyers, helping guide the club to its 37th straight playoff appearance.

In November, Martyniuk was named the MGEU-MJHL goaltender of the month.

Top Defenceman – Brian Kozak Trophy Darby Gula, Steinbach Pistons

Gula, 20, calls Steinbach home and has thrilled many fans with his outstanding play.

He currently leads all MJHL defenceman in scoring with 14 goals and 61 points in 54

games. He's also proven dangerous on the power play, reflected in 19 assists with the man advantage.

recently committed to Bemidji State.

Coach of the Year – Portage Terriers Muzz McPherson Award - Paul Dyck, **Steinbach Pistons**

Currently, the Pistons have only eight losses this season and have been nationally ranked No. 1 several times by the CJHL. Dyck, a former draft pick of the Pittsburgh Penguins was head coach when the Pistons won the MIHL in 2013.

Under Dyck's tutelage, the Pistons have graduated a number of players to both NCAA and CIS hockey programs. He won

this same award last year.

1st All Star Team

Goalie - Matthew Thiessen Steinbach Pistons

Defence - Darby Gula Steinbach Pistons

Defence - Mackenzie Dwyer Portage Terriers

Forward - Dexter Kuczek Winnipeg Blues

Forward - Drew Worrad Steinbach Pistons

Forward - Brad Schoonbaert Steinbach Pistons.

Fishermen take 2-0 series lead over Islanders

By Brian Bowman

The Selkirk Fishermen could not have asked for a better start in their first-round Keystone Junior Hockey League playoff series with the Cross Lake Islanders.

Selkirk won both games last weekend to take a commanding 2-0 lead in their best-of-five series.

On Saturday, the Fishermen skated to a 6-1 win at the Selkirk Rec Complex.

Cross Lake's Keith Monias opened the game's scoring just 2:07 into the contest when he struck on the power play.

But it was all Fishermen after that.

Josh Poponick tied the score at 1-1 midway in the first period and then Talon Kelly put the Fishermen up for

good with a second-period marker. Dawson Courchene added a pair of power-play goals in the third while Dane Derewianchuk and Darian Morris-Izzard also tallied.

Austin Deboer made 29 saves for the win.

The Fishermen started the series with a dominating 11-3 victory last Friday in Sagkeeng.

Selkirk led 5-2 after two periods but then started the third with six straight goals. The final three goals came via the power play.

Courchene led Selkirk with three goals and an assist while Milan Horanski had a whopper of a game with a goal and five assists.

Julian Garcea and Drayton Mendrun each scored twice while Griffin

OUYEAD vs Cross Lake Sat. Mar. 3 8:00pm Game 3 in Cross Lake Game 4 Sun. Mar. 4 4:00pm in Cross Lake **Tues. Mar. 6** 7:30pm (Hanno) Meet the Ashermen 5 vs Cross Lake if necessary) at Selkirk Rec Centre #27 Drayton Mendrun, Forward Steeves and Derewianchuk had a goal and three helpers apiece.

Harley Hoydalo also scored for the Fishermen while chipping in with two assists.

Dennis Scatch, Tyrell Armstrong and Quinton Scatch replied for Cross Lake.

Riley Bannerman made 29 saves for the win.

Manitoba	a H	00	k	ey S	Sta	and	ing	S
MANITOBA JUNIOR HOCKEY LEAGUE Steinbach Pistons Portage Terriers Virden Oil Capitals OCN Blizzard Winkler Flyers Winnipeg Blues Selkirk Steelers Swan Valley Stampeders Neepawa Natives Dauphin Kings Waywayseecappo Wolverii	58 57 58 58 59 57 57 57 56 58 57	46 37 38 31 35 29 29 29 25 25 13	8 15 17 19 24 22 24 24 29 42	2 2 5 0 4 3 6 3 1	96 79 70 70 64 62 57 54	290 245 256 204 203 208 186 183	177 185 171 214 201 195 241 271	308
Waywayseecappo Wolverines 57 8 45 3 20 124 308 KEYSTONE HOCKEY LEAGUE Lundar Falcons vs Arborg Ice Dawgs Game 1 - Falcons 4 - Ice Dawgs 1 Game 2 - Ice Dawgs 8 - Falcons 1 Game 3 - Thurs. Mar 1 - Arborg 7:45pm Game 4 - Fri. Mar 2 - Warren 8pm Game 5 - Sun Mar 4 - Arborg 2:30pm Cross Lake Islanders vs Selkirk Fishermen Game 1 - Fishermen 11- Islanders 3 Game 2 - Fishermen 6 - Islanders 1 Game 3 - Sun. Mar 4 - Cross Lake 8pm Game 4 - Sun. Mar 4 - Cross Lake 4pm Game 5 - Tues. Mar 6 - Selkirk 7:30pm								
North Winnipeg Satelites vs Peguis Juniors Game 1 - Juniors 5 - Satelites 4 Game 2 - Tues. Feb 27 - Billy Mosienko 8pm								

Game 3 - Fri. Mar 2 - Peguis 8:30pm Game 4 - Sat. Mar 3 - Billy Mosienko 8pm

Game 5 - Sun. Mar 4 - Peguis 2:30pm

while Cross Lake finished just 1-for-9.
Game 3 of the series will be played
Saturday at 8 p.m. in Cross Lake. If
necessary, Game 4 will be played

Selkirk was 5-for-9 on the power play

there Sunday at 4 p.m. If a series-deciding fifth game is needed, it will be played Tuesday at 7:30 p.m. at the Rec Complex.

Ct Male Warriara ve OCN Ctarm

St. Malo Warriors vs OCN Game 1 - Storm 6 - Warrio Game 2 - Warriors 5 - Stor Game 3 - Fri. Mar 2 - St. M Game 4 - Sat. Mar 3 - St. M Game 5 - Sun. Mar 4 - OCI	ors 5 rm 3 Ialo 8 Malo	3pm 7:3		n				
MANITOBA MAJOR JUNIO HOCKEY LEAGUE Raiders Jr. Hockey Club Charleswood Hawks Transcona Railer Express St. James Canucks Stonewall Jets Ft.Garry/Ft.Rouge Twins St. Vital Victorias St. Vital Victorias St. Boniface Riels Pembina Valley Twisters River East Royal Knights	GP 43 42 43 43 44 44 43 43 43 44	35 30 28 23 23 20 20 18 17	3 9 10 16 17 21 21 21 23	5 3 5 4 3 2 4 3 2 4	75 63 61 50 50 43 42 40	GF 186 126 169 152 144 136 159 141 180 64	85 86 120 122 132 125 177 157 189	
AAA MIDGET HOCKEY LEA Winnipeg Wild (1) vs Cent Brandon Wheat Kings (2) v Winnipeg Bruins (3) vs Yel Winnipeg Thrashers (4) vs	ral Pl /s Sc llowh	ains outh lead	ca wes Ch	apitals st Cou iefs (s (8) igar: 6)		GF	GA
WINNIPEG WOMEN'S HIG Round 3 Series B - Semi F Selkirk Royals vs Dakota L Feb 26 - Lancers 3 - Royal Feb 28 - East Selkirk Arena Mar 2 - Southdale CC 4:30 *STATS AS OF TUESDAY, f	inals ance s 1 a 3:48 pm	(2 v rs (2 5pm	/s 3 2 w	3) ins ne		to win	the s	eries)

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with

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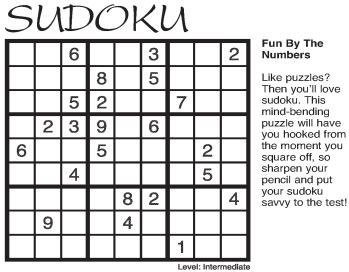
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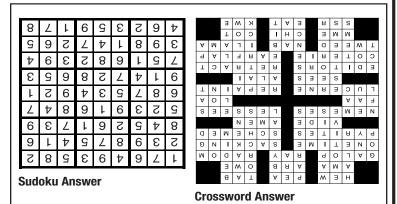
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CROSSWOR take <u>a break</u> > GAMES **CLUES ACROSS** 1. Chop or cut

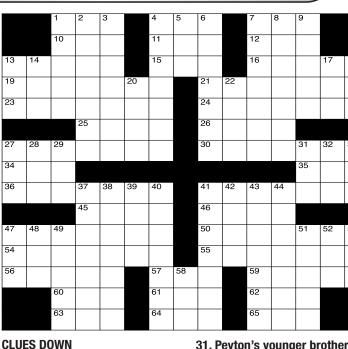


Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



- 4. Green veggie
- 7. Bar bill
- 10. Doctors' group
- 11. One who buys and sells securities (slang)
- 12. Be in debt
- 13. Lively ballroom dance
- **15. Singer Charles**
- 16. Polish city
- **19. Former**
- 21. Dismissing from employment
- 23. Minerals
- 24. Plotted
- 25. Consult
- 26. After a prayer
- 27. Agents of one's downfall
- 30. Leaseholders
- 34. Supervises flying
- 35. Voodoo god
- 36. Alfalfa
- 41. Apply another coat to
- 45. Witnesses
- 46. Jai ___, sport
- 47. Ones who proof
- 50. Recant
- 54. Small group with shared
- interests
- 55. Part of warming headgear
- 56. Woolen cloth
- 57. Snag
- 59. Central American fruit tree
- 60. Woman (French)
- 61. The 22nd letter of the Greek
- alphabet
- 62. Type of bed
- **63. Soviet Socialist Republic**
- 64. Consume
- 65. Japanese freight company (abbr.)



31. Peyton's younger brother

- 32. Long time
- 33. High schoolers' test
- **37. Respects**
- 38. Organize anew
- 39. Filippo ___, Saint
- 40. Intrinsic nature of something
- 41. Cheese dish
- 42. Ancient Greek City
- 43. Patron saint of Ireland
- 44. Produced by moving aircraft or vehicle
- 47. Shock treatment
- _ Jones 48.
- 49. Things
- 51. Having wings
- 52. Panthers' QB Newton
- 53. Third-party access
- 58. Satisfaction

- 4. Muscular weaknesses 5. Geological time 6. Depths of the ocean
- 7. Burns to the ground

1. Czech monetary unit

2. Able to arouse intense feeling

- 8. Becomes cognizant of
- 9. Cause to shade
- 13. US political party
- 14. Refers to some of a thing
- 17. Single

3. Flk

- 18. Type of beer
- 20. Ancient Iranian people
- 22. Grocerv chain
- 27. Gridiron league
- 28. English river
- 29. and cheese

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grass, small square prime Alfalfa and small square Oat straw. Leave message. Call 204-482-5101.

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Dunning	9:00 am- 5:00 pm	11:00 am- 7:00 pm	Closed	Closed	11:00 am- 7:00 pm	11:00 am- 7:00 pm	9:00 am- 5:00 pm		
Clarke	9:00 am- 5:00 pm	11:00 am- 7:00 pm	Closed	Closed	11:00 am- 7:00 pm	11:00 am- 7:00 pm	9:00 am- 5:00 pm		
Grand Marais	9:00 am- 5:00 pm	Closed	Closed	Closed	Closed	11:00 am- 5:00 pm	Closed		
Gull Lake	Closed	11:00 am- 5:00 pm	Closed	Closed	Closed	Closed	9:00 am- 5:00 pm		
Please Note: Gull Lake and Grand Marais Transfer Stations will not change to Summer Hours until									

May 13, 2018 with the following hours:

Grand Marais	10:00 am- 6:00 pm	10:00 am- 6:00 pm	Closed	Closed	10:00 am- 6:00 pm	10:00 am- 6:00 pm	10:00 am- 6:00 pm		
Gull Lake 10:00 am- 6:00 pm 10:00 am- 6:00 pm Closed 1						10:00 am- 6:00 pm	10:00 am- 6:00 pm		
For questions regarding waste disposal or recycling please contact the Landfill Office at 204-766-2388 or toll free at 1-866-205-8914. St. Clements The place to be									

needs to the municipality and our residents.

To view the RFP Selection criteria, please go to www.rmofstandrews.com for a full listing.

The R.M. of St. Andrews reserves the right to select the proposal it deems to be the best overall borrowing proposal. Deadline for submissions is Friday, March 23, 2018 at 4:00 p.m.

Proposals are to be submitted in person, by mail or by e-mail to: Andrew Weremy, P. Eng.

Chief Administrative Officer

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ANNOUNCEMENT

IN MEMORIAM



Lynne Dillabough August 13, 1941 - February 27, 2007 -Forever missed Wendy and Colleen

ANNOUNCEMENT

IN MEMORIAM



Brenda Patrice Morrow (nee Baty) May 4, 1964 - March 5, 2001 So loved, so missed every day, In our hearts and thoughts She will always stay. -Remembered lovingly by the family



Ellen McKenzie In Loving Memory of my best friend, Ellen McKenzie who passed away March 3, 2003 A page in my book of memories, Is gently turned today. Remembering all the happy times we shared together.

I can't believe it's 15 years already, Seems like yesterday. Sadly missed.

-Your best bud, Bea Furdyk

OBITUARY Ken Mlodzinski

Unexpectedly, but peacefully on Thursday, February 22, 2018, with his family by his side, at the St. Boniface Hospital, Ken Mlodzinski, aged 67 years, of Selkirk, MB, beloved husband of Denise. passed away.

A memorial service will be held on Saturday, March 10 at 1:00 p.m. in the Good Shepherd Church, Selkirk, MB. Full obituary to follow.



Gilbart Funeral Home, Selkirk in care of arrangements.

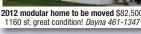


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OBITUARY

Christopher Bennett Colp

Peacefully at his home, Christopher Bennett Colp passed away on February 25, 2018 at the age of 67. He will be forever missed by his wife Sandra: son James: sister and brother-in-law Barbara and Ron Amero: mother-in-law Doris Morgan: brother-in-law Brian Morgan, and many friends and family.

Chris was born in Halifax, NS. After completing his degree in Civil Engineering at Dalhousie University, he was drawn to the west, living and working in Churchill, Edmonton, Winnipeg, and finally settling in Selkirk, collecting friends along the way. He was the Project Manager, Marine for Public Services and Procurement Canada, primarily overseeing the Marine Railway, the operation of the dredges out of the Selkirk Shipyard, and St. Andrews Lock and Dam. It was his dream job, besides running the tug The Volunteer

up in Churchill. After retirement his focus became family -- and working on his 1974 Super Beetle, golfing, and snowmobiling, especially with James. His latest project was assisting in the collection of historic materials for the Marine Museum.

Always quick with a joke, soft-spoken, dedicated and cheerful, with an open and loving heart, we will miss your sweet smile and gentle ways, dearest Chris.

A Celebration of Life will take place on Tuesday, March 6, 2018 at 1:00 p.m. in the Gilbart Funeral Chapel, 309 Eveline St, Selkirk, MB, R1A 1M8 with reception to follow.

In lieu of flowers, donations can be made to the registered charity Marine Museum of Manitoba (Selkirk) Inc. P.O. Box 7, Selkirk, MB R1A 2B1 http://www.marinemuseum.ca

Condolences, pictures and videos may be left on Chris' tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Cecilia Prucvk My time has come! Who better to write my obituary but me. I am the last surviving member of the original Prucyk family. I passed away on February 21, 2018 at the Grace Hospital.

I was born in Selkirk, MB, the 9th child of beloved parents Regina and Martin Prucyk. I spent my fortunate years there. Prior to retirement in 1989, I was employed by Canadian Industries Ltd for 10 years and the Department of National Defense for 37 years, in Churchill, Ottawa and Winnipeg.

I have been predeceased by my parents; siblings Nellie, Jessie, Jeanne, Stephanie, Walter, Joe, Blanche, Frank, Leon and sisterin-law Christina. I am survived by sisters-in-law Evelyn, Mary and Sonja Prucyk and many dear nieces and nephews and grand nieces and nephews.

I lived a wonderful life with many special friends and I thank all who helped me along my path of life. I apologize to anyone whom I have inadvertently hurt in any way.

I go now into the unknown to meet my maker and reunite with my earthly family. Funeral Mass to be held at Blessed John XXIII Parish at 11:00 a.m. on Thursday, March 1, 2018. Interment at Notre Dame Cemetery, Selkirk.

Although I enjoyed flowers during my lifetime should friends desire in lieu, make a donation to a charity of your choice.

I said to the man who stood at the gate of the year "Give me a light that I may tread safely into the unknown." and he replied "Go into the darkness and put your hand into the hand of God That shall be safer than the known way.' (author unknown)

A special thanks to Dr. Borrett, the nursing staff and support staff for all their for all their kindness and compassion.

Condolences, pictures and videos may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.

OBITUARY

Steven Lawrence Banera

On Sunday, February 25, 2018 at the Selkirk Regional Health Center, Steven Banera, aged 84 vears of Selkirk, MB, beloved husband of Jovce, passed away,

A memorial service will be held on Monday, March 5 at 11:00 a.m. in the Selkirk United Church. Full obituary to follow in next weeks edition of the Selkirk Record.



Gilbart



OBITUARY Mary Eliass

Mary Eliass (nee Unik), from Narol, Manitoba, passed away peacefully at Selkirk Regional Health Center on Sunday, February 18, 2018 at the age of 84 years. She was born on August 27, 1933 in East Selkirk, Manitoba. In 1955, Mary was united in marriage in Selkirk, Manitoba to Julius Eliass from Narol, Manitoba, born January 15, 1933. Mary is survived by her daughter Dr. Brenda Elias and her son Brian Elias (and wife, Carol, and their two children, Nicholas and Sarah); by her sisters, Anne Gowryluk and Nellie Flaherty (Ken); her brother Lawrence Unik (Doreen); her sisters-in-law Nell Unik, Heather Unik, Myrna Unik; and by Mary's cousins and numerous nieces and nephews. Mary was predeceased by her husband Julius Eliass; her daughter, Karen Eliass; her parents, Mary and Dan Unik; her five brothers, Johnny Unik, Bill Unik, Stan Unik, Danny Unik, and Peter Unik; and her

brother-in-law Bill Gowryluk.

Mary was born and raised in East Selkirk in what was truly a little log house on the prairies. She attended Happy Thought School in East Selkirk, and upon completing high school there, she went to work in Winnipeg, first at the Candy Company. She then trained as a comptometer operator (which required 100% proficiency) and worked at Purity Floor and the Grain Exchange until she had her children. Mary had a strong belief in education and encouraged her husband and children to also advance their education. When her husband went into business, she took up accounting and oversaw the finances of their very successful family business. Mary instilled in her children the value of critical thinking and a keen sense of political events, including the politics of editorial commentary. She loved to watch televised political leadership conventions and the daily Canadian political commentary broadcasts. Mary loved her flower and vegetable gardens, which were always on a grand scale. She was a master at processing garden produce, via freezing and canning, and always made sure there was enough. Mary helped Julius build the family dream homes, one and two. She enjoyed hosting family holiday gatherings, with Easter her favorite. In retirement, Mary and her husband, Julius, travelled coast to coast in their many mobile campers, and her most favorite trips were to southern Ontario, where she visited her sister Nellie (and family).

Although Mary had numerous chronic conditions, the first which appeared in her twenties, she never let these conditions get the best of her. Mary had a very strong will, was disciplined, and had a drive to survive, even when the odds said otherwise. This spirit to keep moving, to keep going, defined Mary, and it is that spirit, will and little smile she would flash when we rallied to help her get the job done, is what we will truly miss.

The family wishes to thank the staff at the Selkirk Regional Health Centre for the compassionate care she received in these last few months. We are eternally grateful to the physicians, medical students and residents of St. Boniface Hospital and Family Medical Practice Unit (in collaboration with the University of Manitoba, College of Medicine, Department of Family Medicine), which provided our Mother with exceptional care for several decades. We are also thankful to Anne Gowryluk (Mary's sister) and her brother Lawrence Unik for their support in these last few months and to Fr. Isadore Dziadyk for his visit at the hospital and to Fr. Peter Chorney for his prayers at Sunday mass.

Mom, we will truly miss you. You gave us a lifetime of memories, and you taught us the importance of will, and that it just takes will to harness will.

A funeral service was held on Friday, February 23, 2018 at 10:30 a.m. in the Gilbart Funeral Chapel, Selkirk, MB with Fr. Peter Chorney officiating. Lunch was served at the chapel, and then interment followed in the Holy Trinity Ukrainian Catholic Church and Cemetery, Gonor, MB. Pallbearers were Nicholas Elias, Randy Gowryluk, Robert Unik, Ron Unik, Glen Sulkers, and Collin Sulkers.

In lieu of flowers, donations in the memory of Mary Eliass can be made to St. Boniface Hospital Research Foundation, C1026-409 Taché Avenue, Winnipeg, Manitoba, MB R2H 2A6, or by Ph. at 1-204-237-2067 or via their website https://www.saintboniface.ca/foundation/en/donate/

Condolences, photos and videos may be left on Mary's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home. Selkirk in care of arrangements.



OBITUARY

Kenneth George Small Kenneth George Small born January 8, 1944 in Lydiatt, Manitoba and passed suddenly on Friday, February 23, 2018 at the Seven Oaks General Hospital.

Ken leaves to mourn daughters Vanessa and Jessica; predeceased by their mother Kate and daughter Ashley; also left to remember Ken is his daughters Charlene (Keith) granddaughter Kandace; Brenda (Scott); Angela (Gord) grandson Tony (Kelly); and Wendi (Ken) granddaughter Sabrina. He was very proud to have an almost all-girl baseball team. Ken will be sadly missed by his brother Bradley and sisters Eileen and Gladys (Morris) and his many nieces and nephew.

Ken was predeceased by his parents David and Alma; and sister Joyce (Dennis)

A memorial service will be held on Friday, March 2, 2018 at 2:00 p.m. in the Gilbart Funeral Chapel, Selkirk. MB.

Condolences, videos and pictures may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





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