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RECORD PHOTO BY KATELYN BOULANGER
The Kidfish Ice Fishing Derby drew a crowd on the Red River. Participants had a great chance to do some fishing, dancing and win some prizes at Selkirk Park on the long weekend. Pictured: Chuck the Channel Cat was dancing up a storm with the kids by the stage. More photos inside.

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Local communities grieve alongside Tumbler Ridge

By Jennifer McFee with files from Katelyn Boulanger

While a small B.C. town grapples with the aftermath of a mass shooting, local Interlake communities express empathy from half a country away.

On Tuesday, Feb. 10, six children and two adults were killed in a mass shooting in a high school and a home in Tumbler Ridge, B.C. The 2,400-person community is grieving for students, a teacher, and family members of the shooter, as well as the shooter, who died of a self-inflicted shot. Many others were injured in the incident.

Communities across Manitoba have lowered their flags to half-mast, including the Town of Stonewall, which will keep its flags lowered until Feb. 17 as a symbol of respect, reflection

and solidarity with the sorrow-stricken B.C. town.

"In moments like this, distance does not divide us. Communities may be miles apart, but sorrow travels swiftly and compassion even faster. We pause together to honour lives impacted and to hold space for healing," states a social media post by the Town of Stonewall.

"Our thoughts are with the families, friends, first responders and the entire Tumbler Ridge community during this incredibly difficult time."

Stonewall council shared condolences with the District of Tumbler Ridge after the tragic mass shooting shook the B.C. community.

"We are profoundly saddened by the tragic loss and the many lives impacted. Our thoughts are with the

families who are grieving, the friends and classmates facing unimaginable sorrow and the entire community working to support one another in the days ahead," states a post on the Town of Stonewall Facebook page.

"We also want to recognize and thank the first responders, emergency personnel and all those providing care and support in the midst of this tragedy. Your courage, compassion and dedication do not go unnoticed. From Stonewall to the District of Tumbler Ridge, please know we stand with

you. Sending strength, comfort and unwavering support."

Similarly, Rockwood council acknowledged the tragic event and expressed condolences to the Tumbler Ridge community.

"Council members feel a strong connection to the values of community support, resilience and the creation of compassionate, connected communities nationwide," states a social media post by the RM of Rockwood. "We see

Continued on page 4



RECORD PHOTOS BY KATELYN BOULANGER

Flags fly at half-mast across Interlake communities — including Selkirk (above) and the Lord Selkirk School division schools (LSRCS below) — in solidarity with the residents of Tumbler Ridge, B.C., following the Feb. 10 mass shooting that claimed the lives of six children and two adults.





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> **CONDOLENCES FORTUMBLER RIDGE, FROM PG. 3**

you, Tumbler Ridge.”

In a letter to Tumbler Ridge Mayor Darryl Krakowka, Rockwood council extended their deepest condolences to the community in the wake of the tragedy.

“Though we are far away, our thoughts are with students, staff, families and all members of your community during this profoundly difficult time. We recognize the challenges your council and community face in supporting those affected, and we hope that knowing people beyond your province are thinking of you brings some measure of comfort,” states the letter.

“Please accept this letter as a gesture of our solidarity, sympathy and respect. Our thoughts are with your

community, and we send our heartfelt support and best wishes for healing and peace.”

The RM of West St. Paul also lowered their flags to half-mast, posting on their Facebook page, “Our thoughts and deepest sympathies are with the families, friends, and the entire Tumbler Ridge community as they navigate this incredibly difficult time.”

The City of Selkirk posted their condolences online and in addition to flying flags at half-mast they are lighting up the water tower.

“The City of Selkirk extends our heartfelt condolences to the entire community of the District of Tumbler Ridge,” said the City of Selkirk in a Facebook post.

“Our flags are at half-mast and the Water Tower will be dimmed in red and white to-night through to

February 17 in mourning and solidarity. On February 13, 15, and 16, the Water Tower lighting will be shared with other days of importance and will alternate every 10 minutes. Our thoughts are with the victims, their friends and families, first responders and anyone else affected by this tragedy.”

The Lord Selkirk School Division also flew their flags at half-mast and shared a letter with condolences saying, “Our hearts are with the Tumbler Ridge community following the tragedy that occurred earlier this week.

We are deeply saddened by this devastating act of violence and stand in solidarity with the students, staff, families, and first responders who have been impacted.”

Across the Interlake School Division, flags are also flying at half-mast.

“I know I speak for our board of trustees and the entire ISD community when I extend my condolences to everyone who has been impacted by this terrible event,” said school board chair Alan Campbell.

Continued on page 17



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RECORD PHOTOS BY
KATELYN BOULANGER

Above: The flag at the RM of West St. Paul office at half-mast. Left: East Selkirk Middle School with flag at half-mast.



RECORD PHOTO SUBMITTED
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Province advises of ice-jam mitigation taking place on Red River

Submitted by the Manitoba government
Manitoba Transportation and Infrastructure is reminding river users

to follow posted warning signs and stay clear of equipment, as the province begins its annual ice cutting pro-

gram on the Red River to reduce the potential impacts of ice-jam related flooding. The ice-cutting and breaking work started on Feb. 17 and is expected to be complete by March 10.

The ice-jam mitigation program began in 2006 and involves cutting and breaking river ice to reduce the risk of flooding caused by ice jams on the lower Red River and other rivers. Ice jams occur when floating ice blocks downstream movement, causing water to back up and potentially overflow riverbanks.

Remote-controlled ice-cutting units and three Amphibex icebreakers are

used each year to cut and break approximately 28 kilometres of ice on the Red River from Netley Marsh to Selkirk over a width of approximately 100 metres. Ice-cutting and breaking operations are frequently undertaken on the Icelandic River at Riverton and at the outlet of the Portage Diversion. Currently, ice-cutting operations are planned for Riverton, but are not expected to be required at the Portage Diversion. The province will continue to monitor ice conditions at the Portage Diversion until break-up occurs.

Continued on page 6



RECORD FILE PHOTO BY BRETT MITCHELL

A photo of the amphibex making it's way down the Red River in a previous year. This year's ice-jam mitigation will take place from Feb. 17 to March 10.

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Easton Place Clinic now has a sensory room to help young patients

The room has a calming atmosphere to help kids with clinic visits

By Katelyn Boulanger

Going to a medical clinic can be nerve-racking even if you are an adult, but for kids, being in an unfamiliar setting can be even harder. To help calm nerves and make visits a little more fun, the staff at Easton Place Medical Centre in Selkirk have set up a sensory room with calming lighting and grounding toys to help kids, particularly those on the autism spectrum, feel a little more comfortable.

"A sensory room is (a place) where kids on the (autism) spectrum can actually regulate. Coming into a doctor's office can be very scary and can be a little bit intimidating as well. As you see, our entranceway is big and beautiful, but for someone on the spectrum, that could be overwhelming. So, what we try to do is give them that safe space where they can calm down, get used to the idea of where

they are, maybe even forget about where they are, and enjoy being in the sensory room," said Robyn Zelinsky, Medical Operations Manager at Easton Place Medical Clinic.

She explained that they've had the sensory room up and running for about a month now, though they haven't had the official grand opening of the space just yet, and in that short time, they've seen a difference.

"What the doctors have mentioned since we started using it is that the kids are coming to them in a better frame of mind and a little less stressed. There's less meltdowns happening," she said.

The room itself is a space that is designed with kids on the autism spectrum in mind, but is open to anyone who comes to the clinic and needs a calming space. It's a space that's easy

to relax in but also has sensory toys that kids can use to focus their nervous energy.

Zelinsky said



RECORD PHOTO BY KATELYN BOULANGER

Robyn Zelinsky and Dr. Wail Seleem in the sensory room.

that some of the main features of the room are an under-the-sea theme with decals on the walls of fish and underwater plants. There's also a light-up bubble tower with fish in it that kids can look at, which has a calming ef-

fect, and the lights are kept off, except for the tower, to help with the cool atmosphere.

As for features that make it more fun for kids, there's a soft, patterned floor with designs that they can follow, and the surface is nice to sit and play on. The toys include a wobble board, a balance ball, and spinner toys, which have lights that move inside a clear sphere.

The design is meant to be flexible for kids who want or don't want more sensory input.

Zelinsky explained that she has a grandchild who is on the autism spectrum and learning how much a space like this helps kids like her grandchild was one of the reasons she advocated for putting a space like this into Easton Place.

"When I came to Easton Place, I noticed that the kids were becoming

Continued on page 7

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> SENSORY ROOM, FROM PG. 6

overwhelmed in the entrance with the loud sounds, the echo. And, I just thought to myself, we need something like this, especially with the two pediatricians, because we were seeing more and more kids," she said.

The two pediatricians at the clinic, Dr. Wail Seleem and Dr. Hammam Akil say that they have both noticed a difference in their patients.

"With certain high-risk patients, it makes a night and day difference for them," said Dr. Akil.

Dr. Seleem agreed, saying, "Since we started to have that sensory room in place, most of the autistic kids who come to the clinic are kind of mentally prepared and less distressed about the visit."

Because the space is in a clinic, everything in the room is sanitized regularly.

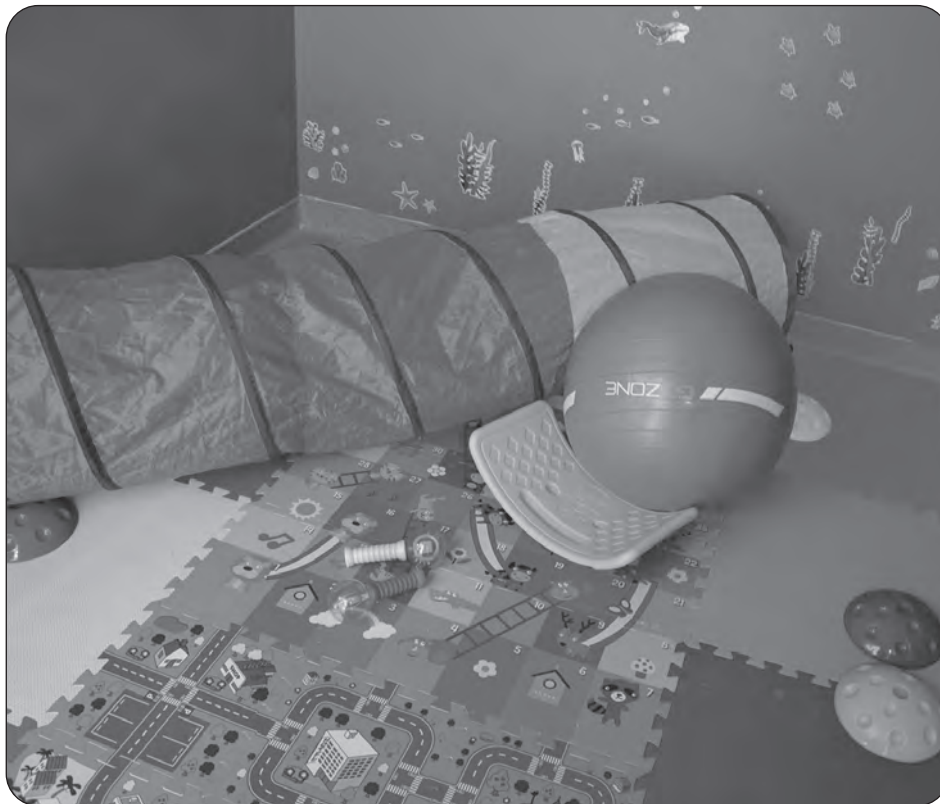
Another feature of the room that's important so that all clinic users can use the space is accessibility, and they've thought of that, too.

"Even kids who

would be in a wheelchair, it wouldn't be a problem. They could go in there as well and just enjoy," said Zelinsky.

She hopes that this is going to be a space that kids look forward to coming to when they come to see the doctor.

"I want the kids to feel like this isn't a big or a scary place. I had one of the kids say, 'I can't wait to come back.' And to me, that was the biggest thing, because a doctor's office is not somewhere where kids, and especially kids with sensory issues, want to go," Zelinsky said.



RECORD PHOTOS BY KATELYN BOULANGER

Top: The bubble tower. Above: Some of the toys in the room.



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Selkirk RCMP investigate three armed robberies in four days

By Lana Meier

Selkirk RCMP are investigating three armed robberies that occurred within a four-day span in the city earlier this month.

On Feb. 4 at 6:28 a.m., officers responded to a report of a robbery at a business in the 200-block of Main Street. Police say an individual entered the store and demanded money and cigarettes from the attendant before fleeing on foot with an undisclosed amount of cash and cigarettes in the direction of Pacific Avenue.

Officers were called back to the same business on Feb. 7 at 4:13 a.m. after a second robbery was reported. Ac-

cording to RCMP, the suspect again demanded money and cigarettes from the attendant and fled on foot toward Pacific Avenue with an undisclosed amount of cash.

Later that same day, at 11:56 p.m., police responded to a third robbery at a different business in the 300-block of Main Street. In that incident, the suspect demanded cash from an employee and fled on foot with an undisclosed amount of money.

Investigators believe a single suspect may be responsible for all three robberies.

The suspect is described as approximately six feet tall, with brown

eyes and a slim build. Police say the individual was wearing a black face mask, black jacket and black-and-white shoes during the incidents.

Selkirk RCMP, with assistance from the Manitoba East District General Investigation Section, continue to investigate.

Anyone with information about the identity of the suspect or the robberies is asked to call Selkirk RCMP at 204-482-1222 or Crime Stoppers anonymously at 1-800-222-8477. Tips can also be submitted online at www.manitobacrimestoppers.com.



RECORD PHOTOS SUBMITTED

Selkirk RCMP released surveillance images of a suspect believed to be linked to three armed robberies on Main Street on Feb. 4 and Feb. 7. Police say the individual demanded cash and cigarettes before fleeing on foot in each incident.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@selkirkrecord.ca. Please include your name, address, and phone number for confirmation purposes.



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Mezzo Homes creates modular homes with features designed for Manitoba

Local company keeps environment, as well as future residents' needs in mind

By Katelyn Boulanger

Everyone deserves a place to call home, but housing is not always easy to come by. Mezzo Homes in Selkirk has been working to fill that need with high-quality modular housing that provides safe and lasting transitional shelter.

Mezzo Homes is a Selkirk-based, Métis-owned, company that was started in 2018 by Founder and President Jason Vitt. He started off with small homes, and residents can see some of his original work on Robinson Ave. in Selkirk. After a few years where planning board issues slowed the business, Chris Poponick, now the company's Vice President, Community Development, brought his connections to the partnership, particularly his history working with Manitoba's First Nations communities.

The modern iteration of the business sees them helping create homes that are long-term structures that can be easily shipped to where they are needed, and have everything that someone would need to get a fresh start.

"I spent a long time up in Mathias Colomb Cree Nation, working with

them for about six years, and through that process, the Chief at the time, Lorna Bighetty, said to me, 'Chris, do something about my couch surfers.' And, I didn't even know what a couch surfer was. Found out that it's CFS post majority kids that have basically left the program and they're no longer funded by the foster parents, so boot out the door they go. These kids are basically surfing from couch to couch to couch, at aunties, at grandma's, at uncles, at cousins, at friends. They don't really have a place to live because they've been in foster care their whole lives," he explained.

It was through this project of looking for solutions to housing for former foster kids that Poponick first met Vitt, and though the project in Mathias Colomb Cree Nation didn't end up coming to fruition, it did spark the idea that a structure like their current iteration of Mezzo Homes could work.

A few years later, Poponick was working with a different Manitoba First Nation when the idea came up again for more small homes to help people.

They teamed up and started to build



RECORD PHOTO BY KATELYN BOULANGER

Jason Vitt(left) and Chris Poponick with one of their Mezzo Homes.

homes with the idea that they could design them to create small groups of homes all together, and that a great deal of the costs could be covered by government grants, making these much needed transitional housing projects more affordable for the communities they would end up in.

"We had to change and upgrade, and improve on our homes to maximize the funding. One of them was the energy efficiency (needed to be

improved). So, (Don McIntosh, of Great White Insulation), he's our spray foam guy, and that's one of the key components of our homes, is (that) they're spray foam all the way around through the entire envelope. Adding that energy efficiency, putting in better windows that are more efficient, better doors, was the upgrade that we needed," said Poponick.

He explained that they emphasize

Continued on page 10

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> MEZZO HOMES, FROM PG. 9

working with local companies and developing local relationships in their buildings.

Some examples of ways that they see these homes being used would be to help young adults who need a place to transition to after leaving foster care, another idea might be a group of homes where people with intellectual disabilities could live independently but also be close enough together and to needed resources so that they could get access to support more efficiently. The homes themselves are fully functional, so they could be used to temporarily house people in the military, workers in places like Churchill, where projects like work on the port might bring in temporary workers, or they would even be an option for locum doctors and other health care workers who might be coming into a community for a short amount of time. The homes are also small enough that they might be a great fit for retirees wanting to downsize, and a final idea of how the homes might be used would be as transitional homes, so that people leaving difficult situations could have a place to start anew.

"We've had conversations with First Nations about using these as motel units. We've had conversations with different developers about using them as seasonal rentals," said Poponick.

Right now, Mezzo Homes is offering

one-bedroom, two-bedroom or accessible unit options, which meet all universal standards.

Though some of the options that Vitt and Poponick see the homes being used for are as transitional homes for people, the homes themselves are meant to be permanent, but movable if needed.

"We've got a house that's going to be there 100 years from now. It's set up in such a way that if you do need to use it in one location and that location changes, they can easily be moved. They're placed on screw piles that can be easily picked up and shipped to another location if necessary," said Poponick.

The homes are also built to a dimension where they can be shipped by truck, by train, or even by barge all across Canada.

Another feature of the homes is that it's possible to have solar panels hooked up to them to help make them even more energy efficient.

Vitt explained that they have put so much energy into trying to make the homes energy efficient because it's just the right thing to do. It benefits not only the future people who live in the home but the environment as well.

So far, they've completely fin-



RECORD PHOTO BY BRETT MITCHELL

Chris Poponick showing Selkirk's CAO Duane Nicol and Mayor Larry Johannson around a Mezzo Home.

ished ten of these units with orders for at least 20 more coming in recently, and there's no sign of that trend slowing soon with the rise in housing needs in Canada.

As for the future, for production in Selkirk, Poponick has an optimistic outlook.

"We want to continue to build the homes, but just stick with the models we have, get great at that and really document how we do that. We've got expansion plans that include adding

another factory on the site here that could get us to about 100 homes a year in production. Right now, we figure we can do about 30 to 40 a year. So, we'd likely to be able to double that by building a larger factory. We've laid the groundwork for that to start," he said.

Vitt said that he hopes that these homes help a lot of people.

Learn more at <https://mezzohomes.ca/>.

letter to the editor

Questions raised over Canada's new Greenland consulate

Recently, the federal government announced that Canada has opened a consulate in Nuuk, Greenland. I find myself asking a simple question: why now, and at what cost?

Canada is already carrying a significant projected federal deficit, estimated at roughly \$68 billion, with additional spending pressures added through recent measures such as the GST rebate. In that context, it is reasonable for Canadians to question new diplomatic expenditures and whether they represent the best

use of public funds.

While consulates can provide administrative and citizen-focused services, the government has indicated that the Greenland office is part of a broader Arctic and geopolitical strategy. Even so, Greenland's population is approximately 56,000 people, and only a very small number of Canadians reside there. From a practical standpoint, it is not clear how many Canadians will directly benefit from on-the-ground consular services in that location.

Greenland has been encouraging tourism, and reports suggest the territory welcomed approximately 141,000 visitors in 2024, driven largely by cruise traffic. However, Greenland remains a relatively niche destination for Canadian travellers, and it is fair to ask whether tourism levels alone justify the cost of establishing and maintaining a permanent Canadian consulate.

At a time when many Canadians are struggling with rising living costs and governments are being asked to demonstrate fiscal restraint, decisions like this deserve public explanation and scrutiny. Canadians should be told clearly what this consulate will cost, what tangible benefits it will deliver, and why it is a priority now.

- Sincerely,
Sharon Grzenda, Selkirk

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The Board of Trustees of the
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PRESENTATION OF THE DRAFT BUDGET for 2026-2027

Wednesday, February 25th, 2026
at 6:00 p.m.
virtually presented at www.lssd.ca

A recording of the meeting will be available to view
after February 25th, if you are unable to attend.

For more information, please call 204.482.5942

YOUR VOICE IS IMPORTANT.

Reading at Ruth Hooker



RECORD PHOTO SUBMITTED

I Love to Read month fun continues. Ruth Hooker School had Firefighter Sean Wiens stop by in uniform to read to students.




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> ICE-JAM MITIGATION, FROM PG. 5

Safety notices will be posted in areas where the Amphibex machines will be working.

River users, hikers and outdoor enthusiasts are advised to stay off the ice where notices are posted or where evidence of recent ice cutting is apparent. Ice fishers are also reminded to remove huts or other materials in

the areas where the ice-jam mitigation program is taking place. Notices to remove ice fishing shacks will be posted in zones at least two weeks before the remove-by date.

For more information and updates on Manitoba's water conditions and forecasts, visit <https://gov.mb.ca/mti/floodinfo/index.html>.

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PUBLIC NOTICE

Manitoba Hydro Integrated Resource Plan & Major New Facility Public Review

On February 2, 2026, the Manitoba Government referred Manitoba Hydro's 2025 Integrated Resource Plan ("IRP") to the Public Utilities Board ("PUB") for its review and recommendations.

The IRP examines how best to meet Manitoba Hydro's expected short-term (2030) and long-term (2035) growth in electricity consumption with different options to increase electricity supply. The primary objective of the IRP is to plan for safe and reliable energy that meets the evolving needs of Manitobans. The IRP includes both Manitoba Hydro's electrical system and the natural gas system operated by Manitoba Hydro's subsidiary Centra Gas Manitoba Inc.

Manitoba Hydro's IRP includes its recommended future development plan, which incorporates a major new generating facility consisting of three new simple cycle combustion turbines at the Brandon Generating Station that will provide approximately 750 MW of capacity. In addition to the IRP, the needs for and alternatives to Manitoba Hydro's proposed new natural gas generating facility will be referred to the PUB for its review and recommendations.

The PUB will be conducting a public regulatory review over the coming months into both the IRP and the proposed major new natural gas generating facility. While these reviews by the PUB will not immediately result in a change to the rates charged by Manitoba Hydro, the costs of the new generating facility and other aspects of the development plan are expected to have an impact on future electricity rates.

Further details related to the upcoming review are available at: www.pubmanitoba.ca.

You can share your views on the filing with the Public Utilities Board in three ways:

- **As a Presenter** – If you want to make a virtual or in-person formal presentation to the Public Utilities Board on this matter and are willing to respond to questions about your presentation, please submit an application to become an approved Presenter using the application form linked on the PUB website (www.pubmanitoba.ca) by June 18, 2026. Presentations are limited to a maximum of 10 minutes and presenters will be scheduled to appear during the hearing in August.
- **Written comment** – If you would like to comment in writing on this review, please go to www.pubmanitoba.ca and provide your written comment.
- **As an approved intervener** – If you want to actively participate in the public hearing as an Intervener, please go to www.pubmanitoba.ca and apply for Intervener status on or before February 24, 2026. Interveners are required to represent the interests of a significant group of customers and may be required to combine their intervention with others representing similar interests.

A Pre-Hearing Conference with prospective Interveners will be held in the Board's hearing room, at the address below, commencing at 9:00 a.m. on Monday March 2, 2026.

Manitoba Public Utilities Board
400-330 Portage Avenue
Winnipeg, Manitoba R3C 0C4
Phone: 204 945 2638 • Email: publicutilities@gov.mb.ca

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Manitoba 

February 25, 2026

PINK SHIRT Day



Pink Shirt Day – Stand Up, Speak Out, Lift Each Other Up

Feb. 25 marks Pink Shirt Day, a national movement that began with a simple act of kindness — and grew into a powerful stand against bullying.

Pink Shirt Day started in Nova Scotia in 2007 when two high school students organized classmates to wear pink in support of a younger student who had been bullied for wearing a pink shirt. What began as a local gesture has since spread across Canada and around the world as a reminder that small actions can make a big difference.

More Than Just a Shirt

Wearing pink is symbolic — but the message behind it matters most.

Bullying can take many forms:

- Physical or verbal harassment
- Social exclusion



- Cyberbullying
 - Rumours and intimidation
- And it doesn't just happen in school hallways. It happens online, in workplaces, in sports, and within communities.

Pink Shirt Day is about choosing respect. It's about teaching young people that kindness is strength — not weakness. It's about reminding

adults that leadership means modeling compassion and accountability. Why It Still Matters

Continued on page 13



JAMES BEZAN MP
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Wednesday,
February 25

Jeff Wharton
MLA for Red River North
rrnorthca@mymts.net
Phone 204-641-2107

> PINK SHIRT DAY, FROM PG. 2

Studies continue to show that bullying has lasting effects on mental health, self-esteem and academic performance. In smaller communities — like many across Manitoba's Interlake and Pembina Valley — relationships are close-knit. That can be a strength, but it also means words and actions carry weight.

Creating safe spaces for young people isn't just a school responsibility. It belongs to parents, coaches, business owners, community leaders — all of us.

What You Can Do

Start conversations at home about empathy and online behaviour.

Encourage children to speak up if they witness bullying.

Support local schools' anti-bullying initiatives.

Model respectful disagreement in public and on social media.

Kindness is contagious. So is cruelty. Each of us decides which one spreads.

On Feb. 25, wear pink — but more importantly, live the message.

Because standing up for someone else might just be the moment that changes everything.

Say NO to BULLYING

WEST ST. PAUL

Show your support by wearing pink on February 25th

3550 Main Street, West St. Paul
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SHOW YOU ARE AGAINST BULLYING PINK T-SHIRT DAY
Wed., Feb 25

Richard Perchotte
MLA for Selkirk
richperchotte@gmail.com
Phone 204-481-4677

LORD SELKIRK SCHOOL DIVISION

Spread Kindness & Acceptance

Wear pink on February 25, 2026 to take a stand against bullying!

♥ #PinkShirtDay

Selkirk shares information about their 2026 budget

By staff

Selkirk Council has delivered its 2026 budget. The budget includes continued investment in transportation infrastructure with multiple road resurfacing projects, plans for improvements to the Selkirk Recreation Complex, the reopening of the Garry Theatre, expanded public transit services, and concrete steps towards the development of a new multi-purpose recreation facility in the downtown. The city boasts that it is doing this while keeping taxes affordable, thanks to continued growth in the city.

Growth allowed the city to keep its tax increase to 2.99 per cent. The city's increase is less than the City of Winnipeg and Brandon, whose rates rose by 3.5 per cent and 6.7 per cent respectively.

The city's tax rate has been steadily declining over the last two decades. While the city's mill rate (the rate of taxation for property) has decreased by an annualized average of 1.4 per cent, the Consumer Price Index (CPI) has gone up by an annual average of 2.2 per cent. So, while costs to deliver municipal services have gone up, the city has been able to, overall, reduce the rate of taxation over those decades.

In 2004, a residential property owner in the City of Selkirk paid \$1,474 per \$100,000 of portioned assessment. In 2024, a residential homeowner paid \$1,036 per \$100,000 of portioned assessment. In 2025, that rate was \$920.61, and in 2026, that rate will be \$948.15.

"Selkirk continues to experience growth, and the city has planned for this growth, and it's what's helped us keep taxes affordable," said Selkirk's Mayor Larry Johannson.

Non-discretionary spending are costs that are out of the city's control, including things like Hydro, waste disposal, and policing. According to the city, these costs account for 70 per cent of city spending and rose by more than \$560,000 over 2025 levels this year.

The city continues to work towards closing its infrastructure deficit, which is the difference between what is being spent on infrastructure and what the city should be spending to maintain its condition. To do that, the city's Capital Asset Management Program (CAMP) recommends setting new reserve targets.

"This year, we will be completely

remaking our financial reserve system to better align with CAMP. This new system will set out new reserve fund targets, and it will require a new reporting system to make it easier to quantify our financial health and sustainability," said Duane Nicol, Selkirk's Chief Administrative Officer.

The city's asset registry, created as part of CAMP, lists all city assets and assigns each of them a condition. All street improvements planned for this year are aligned with the conditions recorded in the registry.

In 2026, asphalt overlays will be done on the 600 block of McLean Avenue, while an asphalt replacement will be completed on Morrison Avenue between Montgomery and Eveline.

Replacement of curbs and asphalt surface will take place on the 600 block of Vaughan Avenue, the 700 block of McLean Avenue and the 400 block of Queen Avenue.

The existing sidewalk in the 300 block of Greenwood will also be replaced.

The city is in the final stages of preparing the feasibility study for the proposed 'regional recreation campus', which would be a multi-purpose downtown facility that will replace the Barn and Memorial Hall. The city will begin the detailed design for the facility in 2026.

A business plan for the Selkirk Museum, a brick-and-mortar facility, is expected to be completed this year.

The first phase of the West End development will see the beginnings of its transportation network take shape this year. The main regional streets will have design work finalized this year and will be shovel ready to go in the spring. Parcels of land will be subdivided and put up for sale.

Selkirk Transit will see improvements to its service in 2026. It starts with ordering new lower-emission vehicles that reduce greenhouse gas emissions and help the city move toward a cleaner, more sustainable transportation system. Transit will also launch free service for youth, making it easier for young people to get to school, jobs, and recreation options. Selkirk Transit will also pilot a special summertime route, which will link the existing transit route with the Selkirk Park.

Selkirk will complete updates to its zoning by-law and Development

Continued on page 17

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55020 Pih 12 Rd 36E, Anola - \$464,900

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4612 Raleigh Road, St. Clements - \$479,900

A rare find offering two types of zoning (AR and M) in St. Clements! One of only a handful of mixed-use properties in the area, this unique 9 acre parcel features 170 feet of frontage and is conveniently located just minutes from a paved highway and the town of Birds Hill, along a school bus route. This home features a newly renovated kitchen (2024), a cozy living room, a west-facing family room, two bedrooms and a full bathroom. The wide list of renovations ensures peace of mind, and they include eavestroughs and bathroom (2025), windows and doors (2024), hot water tank (2021), air conditioning (2020), new garage door with heating and insulation (2017), and the furnace, duct work and water softener (2015). The spacious yard site offers an oversized double garage and lots more room for future projects!

140 L-XL Crescent, St. Clements - \$1,499,900

For sale or lease. Outstanding industrial opportunity in the Lockport Industrial Park! This 8000 sqft building sits on 2.55 acres and features high ceilings, making it ideal for trucking operations, warehousing, or storage. The property is fully fenced for security, offers ample yard space, and is equipped with 400-amp electrical service to support heavy operations. Additional features include radiant in-floor heating and fiber internet. All in a prime location with convenient access to major routes!

6 Kilmany Cove, St. Andrews - \$162,900 (LAST REMAINING BUILDING LOT)

BUILD YOUR DREAM HOME HERE! Great opportunity to build on this 3.83 acre lot situated in the desirable community of Kilmany Estates in St. Andrews. Only 10 minutes to Lockport and under 15 minutes to Selkirk for all amenities! Don't miss this amazing opportunity today!

840 Bowen Ave, East St. Paul - \$995,000

Welcome to this exquisite 2583 sqft residence, masterfully crafted by Irwin Homes and set on a beautifully landscaped 2-acre estate in the highly sought-after community of East St. Paul. The main floor showcases 12' and 9' ceilings, rich oak wainscoting, and a spectacular fireplace in the great room. The gourmet eat-in kitchen features granite countertops, a large island, and top-tier built-in appliances. A bright office/bedroom, second bedroom, and a 4-piece bath offer flexible and functional living. The spacious primary suite is a true retreat, complete with a newly renovated 4-piece ensuite. The finished lower level offers a large rec room with a wood-burning stove, full bathroom, and two additional bedrooms—ideal for guests or extended family. Premium upgrades include a new well and pump (2022), high-efficiency Amana furnace (2024), and a full emergency generator system. Outside, enjoy the serenity of a private lanai, granite waterfall feature, patio, firepit, irrigation system, and an insulated triple garage. A rare offering of refined craftsmanship, modern comfort, and timeless design.

328 River Trail Drive, West St. Paul - \$999,900

Nestled on a park-like lot overlooking the river, this stunning 2200 sqft 2 storey home offers 5 beds, 4.5 baths, and a bright open-concept layout filled with natural light. The grand foyer greets you with a soaring ceiling, glass railings, and an eye-catching feature wall. The spacious living room boasts a large picture window and a cozy electric fireplace. The modern kitchen features ample cabinetry, quartz countertops, black SS built-in appliances, and a generous island. From the adjoining dining area, step out to the two-tier composite deck complete with a pergola, fire pit area, RV parking, shed, and beautifully landscaped yard. A convenient spice kitchen, a bedroom with its own 3-piece ensuite, and a laundry room complete the main level. Upstairs, the primary suite includes a walk-in closet and private 3-piece ensuite, along with two additional spacious bedrooms and another full bath. The fully finished lower level expands living space with a large rec room featuring a 100" electric fireplace and wet bar, a 3-piece bath, a bedroom, a gym room and abundant storage. Additional highlights include an extra-wide driveway and a heated triple attached garage!

119 Oshanski Place, West St. Paul - \$599,900

The Dylan by Dan West is a refined 1423 sqft bungalow nestled in West St. Paul. This residence blends modern sophistication with practical comfort. Step through the grand double-entry doors into an inviting foyer that flows into a bright open-concept floor plan. The heart of the home is the gourmet kitchen, featuring a spacious island, sleek pantry, and quartz countertops throughout, making both cooking and entertaining effortless. Adjacent, the living room offers an elegant entertainment wall complete with a 50" electric fireplace, providing the perfect backdrop for gatherings or relaxed evenings. Enjoy 9' main floor ceilings and luxury vinyl plank flooring throughout, creating a cohesive and contemporary aesthetic. The home features 3 well-appointed bedrooms and 2 full bathrooms, designed to deliver privacy and comfort for families and guests. Built with longevity in mind, The Dylan includes a doorbell camera, one interior camera, Delta MS foundation wrap, oversized slider basement windows, and an awning window for drywall access, ensuring exceptional natural light and future development potential. For peace of mind and smart living, the home is roughed-in for camera placement.

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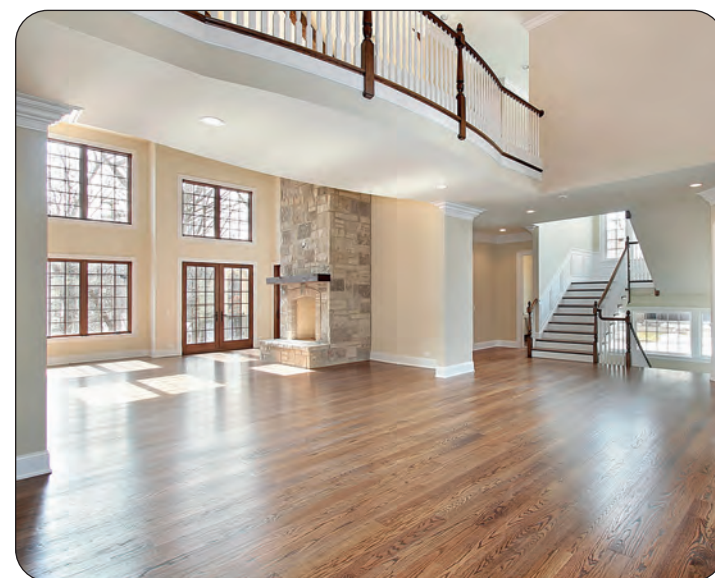
Wood floor finishing: which product should you choose?

Have you recently started renovations and stripped your beautiful wood flooring to bring back its shine? Applying the right finishing product is key. Which one should you choose? Here are a few suggestions.

Stains

Stains are affordable, easy to find and great for restoring your floor's timeless charm. Keep these points in mind when choosing between a water- or oil-based stain:

- Water-based stains contain minimal volatile organic compounds (VOCs), making them an environmentally friendly choice. They dry fairly quickly, but they can make scratches more visible, especially the higher-gloss formulations.
- Oil-based stains are extremely moisture-resistant and easy to maintain. However, they contain more VOCs and are flammable, which is a significant consideration.



Finishing oils

These products are attractive because they come from natural sources. Linseed oil and tung oil, for example, require very little energy to produce. However, they release VOCs when applied, so the room must be well ventilated during the finishing process.

An interesting fact: finishing oils penetrate deeply into the wood, providing long-lasting protection. Unlike varnishes, which aren't very environmentally friendly, you can touch up oils only in the necessary spots without having to strip the entire floor.

Are you wondering which product would be best for your wood floor? Consult a flooring professional near you.

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SELKIRK & EAST SELKIRK



2025

Youth for Christ building project to get help from the Gaynor Family

Donations to rebuild after fire now do twice as much

By Katelyn Boulanger

Our community is very familiar with the generosity of the Gaynor Family, who have had a hand in so many amazing projects in Selkirk. Now they are helping out once again with a matching donation fund of \$100,000 to help Youth for Christ reach their final fundraising goal to rebuild after a fire burned down their building.

"This recent commitment by the Gaynors to do a \$100,000 matching campaign gets us to the point where we can put shovels in the ground and not have to worry so much about all the what-ifs. We still have more money to raise, but we're getting so much closer. Up until now, it's been a quiet phase of the (fundraising) campaign, but we're starting to want to share more locally so that we can raise the last piece we need," said Teresa Galashan, Program Director for Youth for Christ Selkirk.

Youth for Christ is an organization that provides meals, programming and a space for teens. In September of 2024, Selkirk's Youth for Christ building was devastated by an electrical fire, which made the building unusable. Once the dust settled, the building had to be torn down, and the process to completely rebuild the structure began.

Galashan said that she was overwhelmed by the generosity of the Gaynors when she found out about the donation.

"I was just amazed and encouraged, and it has me really looking forward so much more this year. Knowing that we can start building in February, and God willing, be in by the fall. That will be ex-

actly two years since the fire happened," she said.

When asked why the Gaynors chose to support this project Eileen Gaynor, representative for the family in Youth for Christ news release, said, "We are looking forward to helping get the shovels in the ground! YFC does so much good for the youth of the community, and the project's design and passion are inspiring! Mom and Dad's (Jim and Betty Anne Gaynor) focus has always been (on) supporting the youth. At this point, many of their loyal customers will have passed, but many of these customers' children, grandchildren and great-grandchildren still live in the community. Supporting these youth is another way our family says thank-you to the community. With YFC's focus being on the youth of the community, and with all the good they do for these youth, it is an easy project to support."

The loss of this building has made life difficult for many young people in our community who relied on this building as it was used as a drop-in space and held programming for them in addition to a lunch program that fed kids from École Selkirk Junior High.

Though they did have insurance on the previous building, the group has taken this rebuild as an opportunity to make their new space have even more features that would benefit teens in our community.

"It'll go from 2300 to 3200 square feet, and that means that we'll be able to feed 40 kids at lunch program easily and not be crowded, which is incredible. It'll have a bigger kitchen with more counter space, which means that we can be more organized with where we serve food, and where we process dishes, and where kids sit. And, we're going to have a shower available for kids who might



RECORD PHOTO SUBMITTED

Youth for Christ is rebuilding and are hoping the community can help with donations so that they can complete their new home soon. Above: What the new Youth for Christ building will look like when completed.

need it if they're unhoused. We're going to have a washer and a dryer," said Galashan.

Though the fundraising is now well underway, they are still hoping that the community can help donate so that their funds are matched by the Gaynors and Youth for Christ can get over the fundraising finish line.

"We've raised almost exactly a million dollars. It's honestly more than we could have hoped for, as far as timing goes. We're so thankful, and so things are coming together," said Galashan.

The total project cost is about \$1.8 million, and with what they've accumulated so far, they have about \$410,00 left to raise.

In the meantime, they haven't left teens and pre-

Continued on page 17

Celebrating 55 years of denture services in Manitoba

By Elisha Vador

This year we are celebrating our 55th year as a family-owned and operated business. We are so grateful to serve Winnipeg, Selkirk and the surrounding areas with trusted quality denture care for you, our patients, who often become feeling more like family. Certainly, our favourite part of what we do is helping people get their smile back, starting from first greets and finishing with full smiles, happy handshakes, hugging and sometimes tears of joy. We love seeing all the smile transformations throughout the years, but most importantly witnessing how an excellent denture can improve someone's life is truly why we passionately do what we do, as Denturists.

The beginning of January is often just as busy for us as December because dental insurance renews and people wait all year to receive dentures for the first time or upgrade from their current ones. Jo-Ann was one of those people who

had been eagerly waiting for her final denture (supported by dental implants) to be finished. When she walked out of the room with her new teeth in and smiled at me, she looked happy, confident and comfortable. She said, "from the minute I first walked in, the staff were very friendly. Brock was very informative about the implant procedure and the end result of going through with this is fantastic. I am no longer embarrassed to smile as my new dentures look so natural."

Our talented Denturist Matthew, who's been with us for the past 9 years, seeing patients for almost ten hours a day, has the ability to make you feel like you've known him for years all the while creating your perfect smile, it's an art and his patient truly love coming to see him. Jackie came to see Matthew at the end of last year for a consultation needing to transition to an upper denture for the first time. When she received her denture in January, she

said, "my experience with Matthew at Vador clinic was amazing. Everyone there made the process so great. Highly recommend Vador Denture Clinic. Thank you for everything."

As featured in the picture, Lorene's smile transformation was full of happy tears as she gleamed with her very own recreated 'Farrah Fawcett' smile saying she felt beautiful and confident again, after even being called ugly without teeth. Brock was able to create dentures that replicated Lorene's desire to have the perfect Farrah Fawcett smile by mimicking the shape, size and way the teeth aligned, which matched Lorene's look perfectly.

If you think it's time for new dentures, filling the gaps in your smile or upgrading to a dental implant supported denture, then call us today. We can direct bill to your insurance and accept the Canadian Dental Care Plan. We look forward to seeing you soon!



Lorene, pictured with Denturist Brock, is gleaming with her CNC milled dentures supported by dental implants. **SENIOR'S PRICING**

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Your FARM



Lundar inventor earns Ag Days farm safety honour

By Lana Meier

A Lundar-area inventor is gaining provincial recognition for a farm safety tool designed to reduce the risk of serious injury during tractor hitching.

Kurtis Howardson earned second place in the Farm Safety category at the Innovation Showcase during Manitoba Ag Days, held Jan. 20–22 in Brandon. The annual agricultural trade show featured 28 new products and services across seven innovation categories.

Howardson's invention, called The Drawhand, is a handheld, extendable tool that allows an operator to insert a hitch pin from the cab of a tractor, eliminating the need to step between equipment while hitching implements.

"You feel like Wile E. Coyote standing back there — you're right in the line of fire," Howardson said. "That's where the idea came from. I thought there had to be a safer way to do this."

The idea was sparked in 2020 while Howardson was helping his father-in-law, Donald, with haying. Not a full-time farmer himself, Howardson found himself repeatedly getting on and off the tractor to line up equipment and insert hitch pins — a common task that can turn dangerous in slippery or uneven conditions.

Once the hitch pin was finally in



The Drawhand, is a handheld, extendable tool that allows an operator to insert a hitch pin from the cab of a tractor.

place, the concept for The Drawhand took shape.

The all-aluminum tool holds the full hitch pin at one end and is designed to be used through the rear window of a tractor cab. After backing up to the implement, the operator inserts the pin using the tool, applies slight pressure by easing the clutch, then releases the pin with a simple twist.

"You can do the whole job your-



RECORD PHOTOS SUBMITTED

Lundar-area inventor Kurtis Howardson, second from left, poses with his eight-year-old son, Harlon, after accepting a runner-up Farm Safety Award for The Drawhand during the Innovation Showcase at Manitoba Ag Days 2026 in Brandon.

self, from the cab," Howardson said. "There's no one standing behind the

tractor, and you're not climbing in and out multiple times."

Howardson said the tool is intended to reduce the risk of crushing injuries, finger loss and fatalities that can occur during hitching. He also noted its benefits for older farmers or those with mobility issues.

"I talked to a lot of older farmers at the show with bad knees or hips," he said. "They said, 'Where was this tool years ago?' Anything that cuts down steps and downtime makes a big difference."

The Drawhand is designed for tractors ranging from approximately 20 to 140 horsepower and features an adjustable friction-lock system that allows the tool head to be angled for different drawbar heights.

The Farm Safety category at the Innovation Showcase was sponsored by Manitoba Ag Days and *Grainews*. First place was awarded to the Fence Mower by R-Tech Industries, which

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Continued on page 17

> YOUTH FOR CHRIST REBUILD, FROM PG. 15

teens in Selkirk without support, it just looks a little bit different.

"We're meeting with youth at the (Our Daily Bread) Soup Kitchen for our lunch program Monday to Friday," said Galashan.

They also have an after-school pro-

gram on Wednesdays for Grades 6 to 8, and, then on Tuesday nights, from 7 to 9 p.m. they have a program for youth in Grades 9 to 12 below Headstart at 222 Manitoba Avenue.

"We're just really thankful to the Friendship Centre that we get to con-

tinue to use that space. And then this summer, we'll probably be meeting outdoors in the park," said Galashan.

Though the program is still going strong, she does look forward to being back in a building of their own, closer to the schools, so that more of the kids can stop by.

"I really just want to be able to provide a home and a safe space for them. One of our youth, she looked at the drawing of what it's going to look like, and her jaw just kind of dropped, and she said, 'It looks so nice.' I said,

'Yes, I agree.' And then, she looked at me again and just said, 'It looks like a home,' she said.

If you would like to donate to this cause and get your donation matched dollar for dollar by the Gaynors, go to yfcwinnipeg.ca/donate and give under "special projects" to the Selkirk Capital fund.

Galashan also wanted to send a message of thanks to both the Gaynors and anyone in the community who donates.

> CONDOLENCES FOR TUMBLER RIDGE, FROM PG. 4

"We know the vital role that public schools play in communities, especially small rural communities, as sources of safety and inclusion for all students, and we're mindful of the extremely difficult path ahead for families in Tumbler Ridge."

The safety of Interlake School Division students and staff are the first priority for the board of trustees and senior admin team, he added.

"This is reflected in current divisional and provincial regulations, policies and procedures currently in place and kept up to date. Families are encouraged to engage with their school or divisional leadership teams with any concerns or questions they may have," said Campbell, who also serves as the president of the Manitoba School Boards Association and the Canadian School Boards Association.

"Supports remain in place in all schools to support students and staff who may require support in the aftermath of this terrible event."

> DRAWHAND, FROM PG. 16

cuts grass along fence lines without damaging posts.

Runner-up winners receive a cash prize and advertising credit as part of the recognition.

Howardson said the experience at Ag Days was overwhelmingly positive and provided valuable feedback from producers across Manitoba and beyond.

"It was my first time at Ag Days and my first time showcasing anything

like this," he said. "The interaction with farmers was huge. People really saw the benefit right away."

Howardson holds patents for The Drawhand in both Canada and the United States and is now exploring manufacturing and investment options to bring the tool to market.

"I'm keeping my options open," he said. "I'm looking for the right partner — someone with deeper pockets — to help take this from prototype to

> SELKIRK BUDGET, FROM PG. 13

Plan, as required by the province under provincial legislation. The updated Plan will set out land use and development standards, guiding the growth and evolution of the city.

The City is also reminding residents that 2026 is a Census year. The Census is a nationwide survey conducted every five years that collects key information about our population and

communities. Participation is extremely important because the data collected helps guide decisions on the allocation of government funding and the planning of essential community services such as schools, healthcare, and infrastructure. Filling out the Census ensures that Selkirk receives the resources and services it needs.

production."

Howardson said showcasing The Drawhand at Manitoba Ag Days also helped validate the years of work that went into developing the tool. A patent agent he worked with during the process was surprised a similar product hadn't been introduced decades earlier.

While the tool is not yet in commercial production, Howardson said interest from farmers, manufacturers and potential partners continues to grow. Several attendees at the show

expressed a willingness to purchase the tool immediately if it were available.

"For me, this was about proving the concept," he said. "Now it's about finding the right path to get it into farmers' hands."

For now, Howardson is focused on spreading the word and building momentum through agricultural shows and community exposure.

Howardson can be reached at 204-214-0104 or by email at khowardson29@gmail.com.

Focus on FINANCE

Thinking of switching financial institutions?

Are you feeling dissatisfied with your current financial institution and considering moving your money elsewhere? If so, consider these factors before making your next move.

Your financial situation

Before making any changes, assess your finances. If you have substantial assets, you'll be in a better position to negotiate attractive deals with a new financial institution. It's also crucial not to overlook the importance of your credit rating. If your credit score has declined in the past few years, it could impact

the benefits you're eligible for with a new institution.

The complexity of the process

The idea of switching to a new bank may be appealing for the prospect of better interest rates, waived transaction fees and enticing rewards programs. However, changing over isn't a quick and easy task. You'll have to notify your employer, the government, your service providers, creditors and anyone else who automatically deposits or withdraws money from your account.

Potential fees

Some banks charge fees and withhold taxes when they release funds to be transferred. The amounts vary based on the nature of your accounts (whether they're investments or savings accounts, for example). Keep a few hundred dollars as a buffer in each of your accounts so you have enough to cover any pre-authorized payments you may have overlooked. Defaulting on payments could result in penalties, so it's important to stay on top of your financial commitments.

Once your move is complete, be sure to close your old accounts. Many institutions charge fees for in-

active accounts, so it's best to tie up loose ends.

Alternative solutions

If switching financial institutions seems too tedious, there are other ways to improve your satisfaction with your financial services. For example, you can speak up about your dissatisfaction with your current institution. By expressing your willingness to switch institutions, you could negotiate better terms or a more attractive transaction package. Your feedback can make a real difference.

Tip: Before starting a conversation with your financial institution, review the fees associated with each of your accounts. These fees could be silently eating away at your money, adding up to hundreds of dollars a year. Don't be afraid to negotiate!

Consider doing business with more than one institution. You could keep your current accounts with one and let another handle your investments. This way, you might snag advantageous rates without having to completely switch everything around.

Do you need help finding a new institution or renegotiating with your current one? Contact a financial expert in your area.

get inspired

> MEAL IDEAS



Servings: 6
 1/4 cup extra-virgin olive oil
 3 tablespoons lemon juice
 1 tablespoon balsamic vinegar
 1/2 teaspoon fresh minced garlic
 1 pinch salt
 2 tablespoons chopped fresh basil
 1 pound grilled or broiled boneless, skinless chicken breasts, chopped into small pieces
 2 cups halved or quartered red Grapes from California
 1/3 cup chopped red onion
 3 tablespoons cooked, crumbled bacon or packaged real bacon pieces

RED RIVER CO-OP FOOD STORE

Grape and Chicken Salad with Lemon-Balsamic Vinaigrette

1 large avocado, peeled, pitted and diced
 freshly ground pepper, to taste
 6 slices whole-grain artisan bread

In large bowl, whisk olive oil, lemon juice, vinegar, garlic, salt and basil. Add cooked chicken, grapes, onion and bacon.

When ready to serve, mix well then lightly stir in avocado and season with pepper, to taste. Serve with bread slices.

Tip: Salad may be prepared 1 day in advance and refrigerated in covered container.



Recipe adapted from "Spaceships and Laser Beams"

6 ounces egg noodles
 1 cup peas (canned or frozen)
 2 cans (5 ounces each) light chunk tuna in water, drained
 1 can (10 1/2 ounces) cream of celery soup

Tuna Noodle Casserole

1/2 cup milk
 1 1/2 cups shredded cheddar cheese, divided
 1/2 teaspoon celery salt
 1/4 teaspoon black pepper
 2 tablespoons fresh parsley, chopped, plus additional for garnish (optional)
 nonstick cooking spray
 1/4 cup dry breadcrumbs
 2 tablespoons butter, melted
 Parmesan cheese

Preheat oven to 350 F and cook egg noodles according to package instructions.

In large bowl, mix egg noodles, peas, tuna, soup, milk, 1 1/4 cups cheddar cheese, celery salt, pepper and 2 tablespoons parsley.

Spray 9-by-13-inch casserole dish with nonstick cooking spray and add tuna mixture. Cover with aluminum foil and bake 20 minutes until hot and bubbly.

While casserole is baking, mix breadcrumbs and melted butter. Remove casserole from oven and top with breadcrumb mixture and remaining cheddar cheese.

Bake, uncovered, 5-10 minutes, until breadcrumbs are golden brown and cheese on top is melted. Sprinkle with Parmesan cheese and additional parsley, if desired, before serving.

Expert patient here to help!



Susie Schwartz

By Susie Schwartz

So, we're well into a new year. (Ten months 'til Christmas! Sorry. Too soon?) Did you make any New Year's resolutions? If so, I hope they're going well. If not, don't sweat it! Any moment can be a new beginning. You don't need Jan. 1 to start again!

If you didn't resolve to improve your life, I'm here to encourage you to do so—starting now. But probably not in the way you think. I don't buy into societal pressures to do more, eat differently, get a gym membership, blah, blah, blah. (Those aren't bad things, but you won't be successful just by setting a goal because everyone else is. And remember... there's nothing magical about Jan. 1. You have to really want it.)

Okay, so what am I proposing? Do more of what you love.

On the Harvard Health Publishing website, it says: "A study published online Sept. 11, 2023, by Nature Medicine suggests that having a hobby is good for your health, mood, and more."

Lately, when I'm feeling stressed, anxious, or even bored, I turn to painting. With jazz or acoustic pop covers playing in the background, getting my hands (and arms, and face!) dirty, and creating something from nothing—even if it's not beautiful or technically good—calms me. (Thank goodness I use acrylic paint! Once I bought a tube of oil paint by accident, and it was a permanent disaster. I had to wait for my skin to shed to get it all off!) This activity can only help my hypersensitive nervous system, which causes me all sorts of physical pain.

Yes, I believe that a passion or hobby can improve not only our mental well-being, but our physical well-being as well.

Do you love to read? Get any new books for Christmas? (Okay, if Aunt Sally gave you yet another Danielle Steel novel, you have my permission to buy whatever new book you fancy.) Take whatever time you can to tuck into that book. Did someone give you a Christmas card with flower seeds attached? (They do that over here in England, at least.) Try gardening—you might just love getting dirt under your fingernails. Did you get a puppy? (Oh, I hope so!) Take an online dog-training course focused on games and tricks. You'll probably both love it.

So, do more of what you love. Your body and mind will thank you.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @authorsusieschwartz and at www.lesshealthstress.com. (Email: info@lesshealthstress.com.) She is the author of *Help the Doctor Help You: 41 Secrets and Tips for Self-Advocacy to Get the Best from Your Appointments*.

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 1/2 cup milk
 1/3 cup cream of coconut
 2 tablespoons sweetened flaked coconut

Coconut Cream Pie Milkshake

1 whole graham cracker
 whipped cream, for garnish
 graham cracker crumbs, for garnish

In blender mix ice cream, cream of coconut, flaked coconut and graham cracker on high until smooth. Pour into glass. Top with whipped cream and graham cracker crumbs.

Recipe adapted from MilkMeansMore.org.

The fish didn't stand a chance at the Kidfish Derby



RECORD PHOTOS BY KATELYN BOULANGER

The ice at Selkirk Park was packed on Sunday with people taking advantage of a beautiful February day to take part in the Kidfish Ice Fishing Derby. The event raises funds for The Children's Hospital Foundation of Manitoba and CancerCare Manitoba Foundation.



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Raiders split week, earn shootout win over Twisters

By Annaliese Meier

The Raiders Jr. Hockey Club earned a split in Manitoba Major Junior Hockey League action last week, falling 5-2 to the Stonewall Jets before rebounding with a 3-2 shootout victory over the Pembina Valley Twisters.

Stonewall controlled the pace early in Tuesday's matchup at the Veterans Memorial Sports Complex, scoring twice in the opening period. Cohen Cheung opened the scoring at 8:29 and captain Karson King added another late in the frame, with Peyton Bateman assisting on both goals.

The Raiders responded in the second period on a power play when Noah Banera converted a pass from Logan Bruneau and Mason Laarveld at 4:23. Grayson Neville tied the game midway through the period, finishing a setup from Cole Kennedy and Zach Einarson.

The Jets quickly regained momentum, however, as Dylan Vitelli restored the lead late in the second before Austin Lourenco and Dean Saunders added third-period goals — Saunders sealing the contest into an empty net.

Stonewall outshot the Raiders 40-31. Goaltender Owen Savoie turned aside 35 shots in the loss while Spencer Hunnam made 29 saves for the Jets.

The Raiders bounced back Friday in Morris with a tightly contested game against the Twisters.

After a scoreless first period, Pembina Valley struck first on a power play early in the second. Cole Ken-



RECORD PHOTOS BY LANA MEIER

Raiders goaltender Owen Savoie drops to the pads to turn aside a close-range chance during MMJHL action, keeping his team within striking distance under heavy pressure in the crease.

nedy answered midway through the period off a feed from Einarson and Riley Kushnier.

Kushnier then gave the Raiders their first lead at 9:46 of the third period, again assisted by Einarson. The Twisters tied the game late to force overtime, but neither team solved the goaltenders in extra time.

In the shootout, Zach Einarson and Kushnier scored while Savoie stopped three of five shooters to secure the win. Savoie finished with 35 saves on 37 shots for a .946 save percentage.

With the split, the Raiders sit eighth in the MMJHL standings with 29 points in 37 games.



Raiders forwards battle for possession in front of the Stonewall net during Manitoba Major Junior Hockey League action last week, while goaltender Owen Savoie makes a key save in tight coverage as the Jets press the attack.

They continue their schedule with road games Feb. 19 against the St. Vital Jr. Victorias and Feb. 20 against the

Charleswood Hawks before returning home Feb. 22 to face the Ft. Garry / Ft. Rouge Twins.

What's *Your* story?

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The Selkirk Record

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Go Steelers!



RECORD PHOTO BY BRETT MITCHELL

Four wee hockey fans Taeya, Scarlette, Mile, and Ali had a great time with their families at last Friday's Steelers game.

Mudbugs, Gators split opening games of play-in series

By Annaliese Meier

The Red River Mudbugs and East St. Paul Gators traded decisive wins to open their HTJHL play-in series, leaving the best-of-three matchup tied 1-1 heading into the deciding game Wednesday, Feb. 18 at 8 p.m. at St. Jean Arena.

East St. Paul controlled Game 1 on Feb. 12, skating to a 9-3 victory behind a four-goal performance from Chris Tataryn and a hat trick from captain Luke Tyslau.

The teams exchanged goals early as Tataryn opened the scoring just 58 seconds in before Red River answered through Gavin Hildebrandt. Caleb Hofer restored the Gators' lead and Reece Fehr again pulled the Mudbugs even, but East St. Paul seized control in the second period when Tyslau scored a power-play marker and then added the eventual game-winner less than three minutes later.

East St. Paul broke the game open in the third period with five unanswered goals. Tataryn added two more, while

Zane Menard and Tyslau also scored as the Gators capitalized on sustained pressure and special teams. Preston Laschyn stopped 25 shots for the win, while Connor Parago made 31 saves in defeat.

Red River responded in Game 2 on Feb. 14 with a tight 4-2 win, powered by a 44-save performance from Parago.

After a scoreless first period, the Mudbugs grabbed the lead on second-period goals by Traeton Peters and Caleb Boulanger. East St. Paul rallied early in the third as Hofer and Tyslau scored 1:48 apart to tie the game, but Griffin Hilderbrand restored the Red River advantage midway through the frame. Reece Fehr sealed the victory with a late power-play marker.

Laschyn made 23 saves for the Gators.

The winner of Game 3 advances from the play-in round.

Fishermen in fight for third entering final week of regular season

By Kieran Reimer

The Selkirk Fishermen's hopes of finishing in the top three of the Capital Region Junior Hockey League standings will come down to the final week of the regular season.

Last week, Selkirk fell in all three of its games, which dropped the club three points back of the La Broquerie Habs, the current third-place team.

Selkirk does hold a game in hand on the Habs, but will likely need to win out to move ahead.

Regardless, Selkirk will hold home-ice advantage in its first-round play-off series.

A potential opponent is the Arborg Ice Dawgs, the team that beat Selkirk 6-3 last Monday.

Ryan Dupont, Mason Volkart and Zach Lemire all scored for Selkirk, tying the game 3-3 early in the third period.

Arborg then turned to special teams, scoring two power-play goals and one shorthanded to cruise to victory

at Arborg & District Arena.

Selkirk then looked for a rebound performance Tuesday but had no success in a 5-0 loss to the league-leading St. Malo Warriors at St. Jean Arena.

The Warriors led 1-0 through 20 minutes before icing things with a three-goal second period.

They added their fifth marker in the third to extend their lead atop the CRJHL.

Selkirk then returned to Selkirk Recreation Complex for the first time since Dec. 21 on Sunday afternoon, where it fell 3-2 to the second-place Beausejour Comets.

The Fishermen got on the board early with a Drake Vermeulen tally that broke the ice

in the first.

Deacon Kemp then made it 2-0 for Selkirk before the Comets began their comeback.

They tied the game before the end of the second period and then netted the game-winner midway through the third.

With the loss, Selkirk dropped to 15-10-0-1-2 for 49 points through 28

games.

They will play two more this week ahead of the playoffs, both on home ice at Selkirk Recreation Complex.

Upcoming games:

Tuesday, Feb. 17 vs. North Winnipeg Satellites, 7:30 p.m., Selkirk Recreation Complex

Friday, Feb. 20 vs. Arborg Ice Dawgs, 7:30 p.m., Selkirk Recreation Complex

NEXT HOME GAMES

at the Selkirk Rec Centre

FRIDAY, FEB 20th

VS Arborg Ice Dawgs 7:30 pm

GAME 1 OF PLAYOFFS

TUES., FEB 24 - 7:30 PM

IN SELKIRK

VS. LUNDAR OR ARBORG

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Meet the
Fishermen
2025-2026



#24 Connor Bruyere
Forward

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers make long-awaited return home, but slide continues

By Kieran Reimer

The Selkirk Steelers' record took another hit last week with three more losses in Manitoba Junior Hockey League action.

On Tuesday, they fell 3-2 on the road to the Virden Oil Capitals despite a 32-31 edge in shots.

Selkirk's Kayden Turner and Evan Mayer scored as the game sat tied 2-2 at the midway point.

After Virden took a 3-2 lead into the second intermission, Selkirk looked for a tying goal but was unable to get anything past Virden's Braxton Burdenny.

He finished with 30 saves in the winning crease while Selkirk's Ethan Sawyer totalled 28 in the Steelers net.

The Steelers then played again Friday in what marked their first game back at Selkirk Recreation Complex

since Jan. 23.

Their opponent that night had also been the Portage Terriers, and on Friday the teams faced off again, with Portage winning 4-2.

They outshot Selkirk 40-34 en route to victory and never trailed.

Selkirk's Dawson Madden scored a second-period goal to tie the game at the time, with Carter Zalischuk netting the club's other in the third.

The Terriers led by a goal heading into the final minute before an empty-netter iced the game.

Sawyer finished the night with 36 saves while Portage's Logan Cunningham totalled 32 in the victory.

Selkirk then played the following evening against the Steinbach Pistons in Selkirk, which resulted in a 5-0 victory for the road club.

The Steelers were outshot 41-22 in the loss, with Sawyer staying busy with 36 saves.

Steinbach's Easton Thvedt was perfect at 22-for-22 in the opposing net as his club scored three in the third to end Selkirk's comeback hopes.

With the trio of losses last week, Selkirk is now on a seven-game losing streak and has dropped to 18-24-2-1, good for fifth in the MGEU East Division.

sion.

They now look ahead to a new week with games against Niverville, Portage and Neepawa upcoming.

UPCOMING GAMES:

- Monday, Feb. 16 at Niverville Nighthawks, 3 p.m., Niverville CRRC
- Friday, Feb. 20 at Portage Terriers, 7:30 p.m., Stride Place
- Saturday, Feb. 21 vs. Neepawa Titans, 7:30 p.m., Selkirk Recreation Complex



Selkirk's Dawson Madden recorded a goal and an assist against the Portage Terriers last Friday at Selkirk Recreation Complex. Madden is tied for the team lead with 18 goals this season.



Steelers captain Owen Branson battles a Portage Terriers defender for a loose puck in front of the net last Friday. Portage earned a 4-2 win before 377 fans at Selkirk Recreation Complex.

RECORD PHOTOS BY BRETT MITCHELL

2025-2026

SELKIRK STEELERS

SHOW YOUR SUPPORT FOR YOUR LOCAL MJHL TEAM!!!

- VS Neepawa Titans Sat, Feb 21st 7:30 pm
- VS Winnipeg Monarchs Fri, Feb 27th 7:30 pm
- VS Virden Oil Capitals Sat, Feb 28th 7:30 pm

NEXT AWAY GAMES

- VS Portage, Friday, Feb 20 - 7:30 pm
- VS Steinbach, Wednesday, Feb 25 - 7:00 pm

**GET YOUR GAME TICKETS AT:
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www.selkirksteelers.com

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Selkirk Record

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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7 Purebred Border Collie puppies. Ready to go end of February. \$200 each. Ph: 204-448-2317 or 204-768-9537.

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2008 GMC Sierra SLT GFX daily driver, 340,000 KM, as is, \$4500. Text or call 204-250-8770.

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Large round hard core bales of 2nd cut alfalfa brome grass. Call 204-461-0722.

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Lost ring at Gaffer's, Halloween 2025. Silver band with wavy design engraved. Sentimental value. Please call 204-801-5570.

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Licensed plumbing, electrical, hot water tanks, furnaces, etc. Carpentry and roof snow removal. All senior rates. Call The Good Guy 204-785-3344 or Darryl at 204-485-1641.

ADVERTISE IN THE RECORD

APARTMENT FOR RENT

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Are you looking for someone to clean your business or home? We service all of Selkirk. Call Rose at Absolutely Maid Clean at 204-492-8554.

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Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Also offering gunsmithing services. Call or text 204-297-9223.

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WANTED

Kerosene or Heating oil gravity feed cottage heater, must be in good condition if it meets my heating needs. Call Jim at 204 224-3515. Cash at pickup.

NOTICES

NOW BOOKING YOUR CLASSIFIED ADS FOR SPRING 2026! Let us help you book your blanket classified ads across Manitoba, and increase your presence! If have a booth at any upcoming TRADE SHOWS, advertise, and let people know that you will be there by placing an ad with us! Your ad will be seen in the MCNA Member Newspapers, in over 368,000+ homes in Manitoba. Please call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. Take advantage of our great pricing! MCNA -- Manitoba Community Newspapers Association. www.mcna.com

HONOUR YOUR LOVED ONES WITH AN ANNOUNCEMENT IN THE RECORD

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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On behalf of The Selkirk Record, we would like to apologize for the spelling error of Louis Riel Day in our recent advertisement. Louis Riel Day was printed incorrectly due to an oversight on our part. Thank you for your patience and understanding.



EMPLOYMENT OPPORTUNITY

Invites Applications For Manager Of Public Works And Utilities

For complete advertisement and position profile please visit rmalexander.com

The position will remain open until filled

RURAL MUNICIPALITY OF ST. CLEMENTS

PUBLIC NOTICE

Audited Financial Statements

Public notice is hereby given, pursuant to Section 194 of *The Municipal Act*, that the Council of the Rural Municipality of St. Clements has received the Audited Financial Statements for the year ending December 31, 2021, and December 31, 2022.

Copies of the audited Financial Statements are available for pick-up by any person, during regular office hours, 8:30 am to 4:30 pm, Monday to Friday at the Municipal Office Building, 1043 Kittson Rd., East Selkirk, Manitoba or can be viewed on our website at www.rmofstclements.com.

Dated at East Selkirk, Manitoba this 11th day of February 2026.

Deepak Joshi
Chief Administrative Officer

1043 Kittson Road
East Selkirk, Manitoba R0E 0M0
Telephone: Selkirk 482-3300
Winnipeg: 474-2642
Toll Free: 1-888-797-8425
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Invites Applications For Chief Administrative Officer

For complete advertisement and position profile please visit rmalexander.com

The position will remain open until filled



RM OF WEST ST. PAUL PUBLIC NOTICE

REGARDING THE 2026 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the RM of West St. Paul intends to present its financial plan for the fiscal year 2026 at a public hearing at the Municipal Office, 3550 Main Street in the RM of West St. Paul on **Tuesday, March 17, 2026 at 6:00pm.**

Persons wishing to view the municipality's financial plan may view the documents during the regular office hours of the municipal office at 3550 Main Street, West St. Paul, Manitoba or on the municipal website at www.weststpaul.com

Dated this 19th day of February, 2026.

Jeffrey J.A. Simpson, B. Comm, MBA
Chief Administrative Officer
RM of West St. Paul



Red River North Tourism Inc.

ANNUAL GENERAL MEETING

TUESDAY, MARCH 24, 2026

Gaynor Family Regional Library, Selkirk

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ANNOUNCEMENT

BIRTHDAY

**Barbara Gail
February 19th**

Happy Birthday to my favourite can opener.
Getting old sucks, but it beats the alternative!
So stay forever young.
I will always give you the love and attention
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-Love Rompus
(I identify as a cat, but we both know I'm your
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ANNOUNCEMENT

IN MEMORIAM



Bertram Walker
October 30, 1928 - February 23, 2006
We do not remember days,
We remember moments.
Thank you for all the wonderful moments you
gave us.
Forever in our hearts, forever missed.
-Love your family

ANNOUNCEMENT

IN MEMORIAM



Ron Law
November 14, 1953 - February 20, 2022
Always in our thoughts,
Forever in our hearts.
-Love Kim
and family XO

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NOTICE OF PUBLIC HEARING
ZONING BY-LAW AMENDMENT APPLICATION
RM of St. Andrews

Under authority of The Planning Act, the municipal Council will hold a public hearing at the time and location listed below to hear from those who wish to speak in support or objection, or to ask questions. For more info on how to register for the public hearing please contact the municipality at 204-7382264

Tuesday
March 10th, 2026
5:30 PM

Council Chambers,
500 Railway Avenue,
RM of St. Andrews, MB

Note: property owners are responsible for notifying "tenants"

APPLICATION INFORMATION

Application File: ZBA - BL 4423
Applicant: Leonard Naayer and Agnes Loutit
Property Location: No address portion of RL 34;
8 McLennan Road,
RM of St. Andrews.
Roll # 13300, 13400



Application Purpose:
To rezone the subject property in order to
subdivide the land into total 21 lots for the future
single family residential development and sale
properties.

Current Zoning	Zoning Proposed by Applicant
"RR" - Rural Residential zone	"RA" - Suburban Residential zone

A copy of the above-noted proposal and supporting material is available on the Red River Planning District website at <https://www.redriverplanning.com/hearings.php> or by contacting the Red River Planning District in person during normal business hours Monday to Friday at 2978 Birds Hill Road, East St. Paul, by phone at 204 669-8880, or by email at info@rrpd.ca



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OBITUARY



Delmar (Bud) Scott
September 23, 1941 - December 30, 2025

It is with heavy hearts we announce the passing of Delmar Scott in Whitehorse, YK.

Bud was predeceased by his wife Bea, brother-in-law Harold Bennett and niece Candy Bennett.

He is survived by sister Doreen Bennett and nephew Terry (Janet) Bennett.

Bud grew up at Matheson Island and left home at age 17. He worked in goldmines and as a diamond driller and later a truck driver.

Cremation has taken place and a graveside service will take place at a later date at Matheson Island.

OBITUARY



Hans Joachim Schneider
February 4, 1921 - February 4, 2026

Hans Joachim Schneider passed away peacefully early in the morning of February 4, 2026 on the day of his 105th birthday. He died in the family home, a home in which he had lived since he was 12 years old.

Hans leaves behind his beloved wife Gabriele, sons Roland (Sandra), Chris (Carol) and Bertram (Colleen), and his daughter Friederike (Ailton). He was also Opa to 10 much-loved grandchildren: Tristan, Mariza, Matthew, Hannah, Juan, Benjamin, Marcus, Xavier, Maggie, and Signe.

He is predeceased by his parents, Reinhard and Irmgard, and his sisters Elisabeth and Wiltrud.

Hans was born in the Black Forest town of Emmendingen, Germany. In 1927, when he was six years old, the family emigrated to Canada, traveling by steamship from Antwerp to Halifax, and then by rail onto the snowy prairies. Along with a group of German immigrants, the family settled in the Manitoba hamlet of Little Britain. Six years later, they bought a farm on Henderson Highway, which would remain the family home to this day.

Hans' childhood memories remained vivid right until his final days. He remembered cutting ice blocks on the Red River in the winter, which were hauled to the farm and kept in the root cellar to serve as refrigeration during the hot Manitoba summers. He remembered swimming across the river on his horse, Fuchs, to get to high school in Selkirk. Growing up on the farm he learned to be resourceful, hardworking, and deeply dedicated to his family, traits he carried with him throughout his life.

In his mid-twenties he stopped working on the family farm and began what would become a very successful professional career. Starting out by selling Blue Cross health insurance to farmers across southern Manitoba, he eventually worked his way up through the provincial health system to become the Deputy Minister of Health under the NDP government of Ed Schreyer. Hans always cherished his working relationship with Premier Schreyer and eventually became the Secretary of Management Committee of Cabinet, the highest civil service position in the province at the time.

Although he had a very demanding career, he was a very devoted father. Summers almost always involved a family camping trip to the Rocky Mountains. The main activity was hiking and, no matter how long the hike, once at the end, we would have to go just a little bit further. There was always one more small peak that needed to be climbed.

Hans' role of father was perhaps only eclipsed by his role as husband. Hans and Gabriele were married for 66 years. Their marriage was the model of love and devotion. They were inseparable right until the end.

They loved to travel, often visiting extended family in Germany, and also traveling throughout Europe, East Africa, Costa Rica and Venezuela. In his later years when he and Gabi still craved to travel but needed a bit of support, they traveled with their adult children to places like Hawaii, Phoenix, Tofino, Europe, and Egypt.

When not traveling or working, Hans had a passion for harvesting, whether from his own garden or picking wild berries or spending hundreds of hours walking through forests in search of the much-prized chanterelle. He was also an avid fisherman, spending many a chilly fall day on the Red River in pursuit of pickerel. On his final fishing trip when he was 102, he caught a 32-inch pike, which pleased him to no end.

Hans' final years were spent at home with the help of his family and a contingent of very loving homecare workers. The family would like to especially thank them for the care they provided Hans in his final months. Many thanks to Clairette, Jessica, Cheryl, Jhun, Gurpreet, Candace, and Komal.

Hans' was a life very well lived.

Cremation has taken place. A celebration of life will be held at a later date.

OBITUARY



Kimberly Dawn Jonasson

It is with deep sorrow, the family of Kimberly Dawn Jonasson, 50, of Oak Bluff, Manitoba, announce her passing on January 26, 2026.

Kim will be lovingly remembered by her devoted partner Don Wood, fur baby Leo, family and friends.

Kim is survived by her parents Bill and Karen Jonasson; sisters Jamie (Jas) Atwal and Tara (Jarrod) Malenchak; nieces Aniya, Raina, Emily; nephews Xavier, Zach; grandmother Ella Stolar, many aunts, uncles and cousins.

Kim was known for her compassion, commitment and excellence in her work as a speech-language pathologist. Kim's authentic joy in helping children and her ability to connect with people left a lasting impression on everyone who knew her.

A Celebration of Kim's Life will take place at Gilbert Funeral Chapel, 309 Eveline Street in Selkirk, Manitoba on February 28, 2026, at 1:00 p.m. The service will be livestreamed via a link in her obituary at www.gilbartfuneralhome.com.

In lieu of flowers, a charitable donation may be made to The Kim Jonasson Memorial Fund (please ensure Kim's fund name is entered when making a donation) in association with the Westshore Community Foundation Inc. of Gimli, Manitoba. (www.westshorefoundation.ca)

Don and the family would like to thank Kim's Radiologist/Oncologist Dr. Cooke and her Palliative Care Dr. Cornelius Woelk and Nurse Marnie Cormier for their steadfast care.

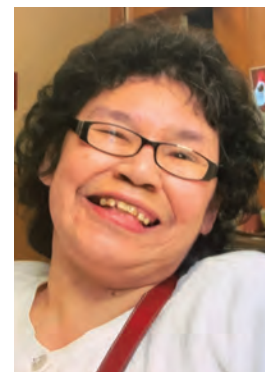
Kim will be forever loved and remembered by all who knew her.

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Beryl Ann Prince

Ms. Beryl Ann Prince, 68 years old, passed away peacefully on February 6, 2026 in St. Boniface Hospital, Winnipeg, Manitoba.

Beryl was predeceased by her father Sgt. Tommy Prince, her mother Verna Sinclair, her brothers Karl, Kendrick, her sisters Joyce and Kim.

She will be lovingly remembered by her brothers and sisters, Tommy (Abby) Prince, Beverly Prince, Karen Braun-Prince, and Stuart Prince, as well as her many nephews and nieces.

Beryl, in her youth enjoyed running around Brokenhead Ojibway Nation catching frogs and tadpoles in the river nearby her home on the reserve, then known as Scantebury. She spent many hours with her brothers and sisters playing in the woods and being part of a large family.

Beryl, along with her siblings, were part of the '60s Scoop, and spent the rest of her youth in and out of the foster care system. Hers was a life of troubles and hardships, which followed her into adulthood.

It was her dream to reunite with her family as she became older. Beryl spent many hours searching for her father, Sgt. Tommy Prince, as she became aware that he too resided somewhere in Winnipeg. Their reunion would be short and bitter sweet before her dad passed away. One of her most fondest memories of him was that he taught her how to shoot pool.

Beryl eventually found her birth mom, and happily reunited with some of her siblings at that time. Life was never an easy one for Beryl, she endured many struggles and complications with her health and consequently living in Parkview Place Care Center in Winnipeg, Manitoba.

She was currently living in Extendicare Beacon Hill Lodge Long Term Care facility, in Winnipeg, where she received excellent care from the nursing staff and her other caregivers daily.

No formal service will be held, the family asks that you remember Beryl when you step outside and feel the sunshine on your head, and the breeze on your face, or hear the croaking of frogs. She loved the outdoors.

The family would like to acknowledge Gilbert Funeral Home, Selkirk Manitoba.

Beryl will be laid to rest beside her sisters Joyce, Kim, and her beloved mama, Verna. She has finally made it home to safety and her family.

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



Your memory will live forever engraved within our hearts.

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The Selkirk Record

OBITUARY



Mary Jean Peden

Mary Jean Peden, aged 94, of Selkirk, Manitoba, passed away peacefully on February 9, 2026.

Mary Jean was born in June 1931 in Portage la Prairie, Manitoba. She married her beloved husband, Fred, on June 26, 1954 and together they shared many years of love and devotion.

Mary will be remembered for her kindness, gentle spirit, and the love she shared with her family and friends.

She was predeceased by her eldest son, David and is survived by her loving husband, Fred; daughter, Janice; son, Darrell; sister, Effie; granddaughter, Megan (Matt); and great-grandchildren, Dominic and Isabella.

Mary Jean will be deeply missed by all who knew and loved her. A graveside service will be held at a later date.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk
in care of arrangements

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



David (Fish) Allen Lecoy

December 26, 1960 - February 7, 2026

On Saturday February 7, 2026 at the St. Boniface Hospital, David (Fish) Allen Lecoy, aged 65 years, of Selkirk, MB peacefully passed, surrounded by nieces and nephews.

Son to Jean and Lawrence Lecoy. He is survived by his children Sara (Matt) and Michael; grandchildren Issa, Ayden, Kyra, Faith, and Laynee; sister Gail and Karen, and brother Raymond. As well as many uncles, aunts, cousins, and numerous nieces and nephews that he loved and cared for as his own.

"Where ever the wind takes me"

Cremation has taken place and a burial is scheduled for a later date.

Tributes: www.gilbartfuneralhome.com

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6

homes sold

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avg sales price

+ 7.2%

avg sales price change*

JAN 1/26 - FEB 16/26 stats for Single Family Attached, Single Family Detached, & Townhouse properties in Real Estate Zone R14. *over previous year.

49 Tom Prince Dr, St Andrews
\$79,900 - 2 ACRE LOT!
Get READY TO BUILD in PEACEFULLY PERFECT Petersfield. This 2 acre lot with 200' of frontage & close proximity to Netley Creek can be built on now or in the future. Come join the GROWING community of Petersfield with all its great amenities.

FEATURE OF THE WEEK! | 424 DUFFERIN AVENUE, SELKIRK | \$224,900

DUFFERIN DELIGHT! Cute 848 SqFt 2 bedroom bungalow on luxurious (potentially splittable) 82' x 116' lot. Well maintained and improved property is ready for a new first time home buyer, down-sizing, right-sizing, or add to your investment portfolio. Step inside to a functional entryway with storage, spacious eat-in kitchen, and a nice sized living room with large window letting tons of natural light pour through. Primary bedroom features an awesome built-in desk nook, making excellent use of the space. Super cute second bedroom, 4pc bathroom with jetted tub, and convenient main floor laundry. Step outside to be WOWed with the amount of yard space. This private, fenced lot features front and back decks, lovely trees, vines and plants, sheds, single garage and lots of parking space. With late May possession, we can get you in for a summer to remember (remember summer?). Some updates over the years include some windows, 40 year shingles, eaves, dishwasher, HWT, and more! See it now before it's gone! Potential subdivision requires buyers due diligence.

DUFFERIN DELIGHT!

NEW LISTING!

424 Dufferin Ave
Selkirk
\$224,900

2 ACRE LOT!

NEW LISTING!

49 Tom Prince Dr
St Andrews
\$79,900

½ ACRE LOT!

NEW LISTING!

403 Dunara Ave
Petersfield
\$299,900

78' X 197' LOT!

128 Autumnwood Dr
Gimli
\$69,900

1,236 SQ FT BI-LEVEL!

905 Vaughan Ave
Selkirk
\$429,900

132' X 500' LOT!

78012 St Peters Road
East Selkirk
\$249,900

5 ACRES, TREED!

0 Hall Road
Petersfield
\$149,900

TREED LOT!

16 Greening Ave
Libau
\$49,900

ZONED C2!

206 Dufferin Ave
Selkirk
\$189,900

2 ACRE LOT!

53 Tom Prince Dr
St Andrews
\$79,900

2.19 ACRES, TREED!

2 Fuller Road
East Selkirk
\$109,900

2.2 ACRES, TREED!

6 Fuller Road
East Selkirk
\$109,900

2.2 ACRES, TREED!

7 Fuller Road
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2.2 ACRES, TREED!

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WINNIPEG REGIONAL January 23 2026

How interiors affect our moods and wellness

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