





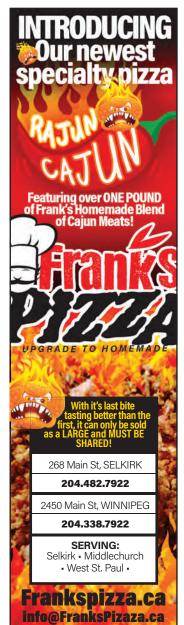


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RECORD PHOTO BY LIGIA BRAIDOTTI

Michele Polinuk is retiring from the Lord Selkirk School Division as the superintendent as of July 31. She has been with the division for 19 years.

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The \$64,000 question; IEHF's treasurer resigns, citing questionable practices

By Patricia Barrett

The treasurer of the Interlake-Eastern Health Foundation (IEHF) board, which has been tasked with fundraising over \$5 million for a proposed primary care clinic/teaching unit near the Selkirk hospital, resigned last December, citing questionable practices around grants.

Bill Bodman, a retired chartered accountant who joined the IEHF when it was established in 2015 and served as treasurer and chair of the investment committee, said he had not been

apprised of a \$64,000 grant the IEHF applied for and received. He "discovered" it after a bi-monthly update of the books.

When he realized the money had come out of the Selkirk General Hospital Fund, which is managed by the Selkirk & District Community Foundation (SDCF), he started asking questions.

"If you're going to support a clinical teaching unit, is that for the good of the Selkirk hospital? I think you're stretching it," said Bodman, whom the Record spoke with at his home in Selkirk last week.

In his resignation letter of Dec. 16, 2019, Bodman wrote he was "troubled" by the IEHF having applied for money from a fund that's earmarked "mainly for equipment" and exclusively for the Selkirk hospital. And he failed to "see the justification" for awarding that money to the design and construction of the proposed clinic/teaching unit.

He said the IEHF received the grant (\$32,000 a year over two years) on April 17, 2019.

The intent of the clinic/teaching unit is to broaden access to primary care and to train doctors for rural communities served by the Interlake-Eastern



RECORD PHOTOS BY BRETT MITCHELL

Interlake-Eastern Health Foundation treasurer Bill Bodman resigned from his position, citing questionable practises around grants.

Regional Health Authority.

Interlake-Eastern is the only RHA in Manitoba without a physician training facility and that's been cited as one of the reasons for a chronic shortage of doctors. Hospital emergency rooms in communities such as Eriksdale, Arborg, Gimli and Pinawa have been subject to rotating closures or reduced service availability every month for several years now, and some ERs have been permanently shuttered (e.g., Teulon) because of an inability to retain doctors.

Not only did the application tap donations reserved for the Selkirk hospital, but it also escaped the attention of the IEHF board by virtue of not having been brought before it for discussion, said Bodman.

"If you're applying for a significant grant, which this one is, you would be bringing it to the board," he said.

The IEHF's executive director Pamela McCallum - who also serves as executive assistant to the IERHA's CEO and is a director on 10040899

Manitoba Association Inc., which will be the developer, owner and operator of the proposed clinic – filled out the SDCF's application form for the grant, said Bodman. The form specifies that a chair/president, a vice chair/vice president or a treasurer is to sign it.

"It was two board members that signed it and they weren't the chair, the vice chair or treasurer," said Bodman. "Even if you only need two signatures, I think the board should know about it. Proper business procedure is such that the chair, vice chair or treasurer should be signing on behalf of the [foundation] - they usually have the signing authority - not any old board member."

Bodman, who has about 12 years' experience working on foundations, including the SDCF and the Thomas Sill Foundation, said it's a "safeguard" for any foundation to have senior board members approve grants, especially when a significant amount of money is being requested.

Continued on page 4

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> BODMAN SAYS, FROM PG. 3

"Some [IEHF] board members were blindsided," said Bodman. "And I'm surprised [SDCF] accepted the IEHF's application."

The IEHF's board chair DJ Sigmundson told the *Record* last Friday there was nothing irregular about the grant process, and the board generally doesn't talk about who applies for and signs grant applications.

"I've been on the board a few years now, and the board doesn't authorize applications. We don't sign applications, necessarily," said Sigmundson, who wasn't the chair at the time of the \$64,000 grant application. "It's the same in my other capacity as a CAO [RM of St. Andrews interim CAO]; generally, administration fills in applications for grants. That's all there is to it. Sometimes they need a second signature."

Sigmundson said the IEHF has received grants from the SDCF in the past and "it's never been an issue."

"We fill in grants all the time. It doesn't commit the board to anything; it's just an application for a grant," he said. "We're fully supportive of our executive director and the work she does."

As for the signatures, Sigmundson said he was told "local people were unavailable [to sign] so [McCallum] had two other board members sign it." And there's nothing in the IEHF policy that says it has to be a chair or vice chair.

When grant applications are successful, he said the board is informed either at meetings or by email.

The IEHF's mandate is to raise money for healthcare in the region, and it doesn't specify whether it's to go towards construction or equipment, said Sigmundson. In this case, the \$64,000 it got from SDCF is supporting the construction of the facility.

The SDCF was formed in 1995 to establish endowment funds and distribute income for the benefit of the City of Selkirk and the rural municipalities of St. Andrews and St. Clements. It funded 79 projects in 2018-2019 for a total of \$360,858, according to its Community Report, which lists award recipients. The \$64,000 grant to the IEHF does not appear on that list.

A November 2019 progress report issued by 10040899 Manitoba Association notes that SDCF provided a grant [unspecified amount and name of fund] to pay for work by LM Architects, the prime consultant for the proposed facility.

The SDCF's Grant Guidelines document states the organization does not

This application must be signed by two of the organization's Board Members.

(Chair/President, Vice-chair/Vice-president or Treasurer - By signing this application the applicant agrees to the expectations of grant recipients and gives SDCF permission to publishing grant info upon approval of the grant. Grant applications, which are not approved, will remain confidential.)

Signature

Title

Title

The Selkirk & District Community Foundation grant application form.

typically award grants in support of annual fundraising campaigns and operating costs, nor does it award grants that establish or create endowment funds.

The *Record* asked SDCF why it had approved the use of a fund that's mainly for equipment for the Selkirk hospital (formally called the Selkirk & District Health Centre) and what its justification was for approving a \$64,000 grant to support fundraising for a construction project when the foundation doesn't typically support that

SDCF's executive director Beverley Clegg said by email that the Selkirk General Hospital Fund – which she said is called the Selkirk & District General Hospital Fund – can be used for equipment "but is not limited to just equipment."

She added that the SDCF does "work with projects that are fundraising," citing a fundraising drive by the Rotary Club to purchase echocardiography equipment for the hospital.

Clegg implied that the SDCF may have rescinded the \$64,000 grant it had awarded to the IEHF last April.

"The question is whether the CTU [clinical teaching unit] is a part of the hospital footprint or not, and although it will be on the same parcel of land, it is not within the building," said Clegg. "Therefore, the SDCF Board, with the support from counsel, has decided to direct the grant to a project within the footprint of the hospital. It is physical location that matters most for this grant."

She did not specify what that project

In addition to questionable grant practices, Bodman said he was con-

cerned the total cost of the proposed clinic (\$15 million) was "shaky" as it's based on Class C estimates (not for

"IF YOU'RE APPLYING FOR A SIGNIFICANT GRANT, WHICH THIS ONE IS, YOU WOULD BE BRINGING IT TO THE BOARD."

- BODMAN

the purpose of bidding), and that the clinic would be financially unviable unless 15 doctors came on board (he said he was aware of only six).

Furthermore, he said he hadn't heard at the time of his resignation whether the health minister had approved the IERHA's plan to provide funds to support the proposed clinic until the required number of doctors had joined, and whether the minister had agreed to transfer provincial land on which the facility is to be built.

"You can't have the project without the land," said Bodman.

He added that the teaching unit is a "good idea" as other rural communities such as Portage and Morden-Winkler have had success retaining doctors.

The *Record* reached out to health minister Cameron Friesen, asking whether approvals had been granted. Spokesperson Olivia Billson acknowledged receiving the questions, but did not answer them or provide answers from the minister.







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Red River North Tourism, headquartered in Selkirk, Manitoba (40 minutes north of Winnipeg) is looking for a creative event and communications planner for its two tourism initiatives Homesforthe-HolidaysRedRiverNorth.ca and HolidayAlley.ca

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Application Deadline Friday, Feb. 14th, 2020





A labour of love is taking its next course

"I have a lot of passion and energy and that's how I want to end my career," Polinuk

By Ligia Braidotti

Michele Polinuk has never been able to sit still and has always had a passion for working with students.

More than 30 years ago, the Selkirk local decided to put the two together to make a difference in the lives of thousands of Winnipeg and Selkirk

As a teacher, Polinuk never ambitioned moving her educational career to the administrative side because she knew it would distance her from the kids' energy. But as her career progressed and opportunities came, Polinuk naturally evolved and embraced the course her career offered her.

When she came to work with the Lord Selkirk School Division as a viceprincipal, Polinuk was glad she could still teach some classes and stay close to the students.

"It doesn't seem like work when you're trying to do better things for kids," Polinuk told the Record." I've always wanted to work with kids. I love teaching them, and you get so much energy from them, and you learn from them all the time with their stories and they need you. They really do need vou."

"When you see the 'aha' moment, and the wonderment and the curisiosity, we need some more of that. Their curiosity and their imagination is just wonderful and I think it's important to we keep encouraging that instead of squashing it down."

When she first started her job as a

vice-principal, Polinuk was tasked with helping out with organizing entertainment at the Waterfront for the Western Canada Summer Games in 2003. She also helped grow the awards and scholarships for the high school students.

But that wasn't all. Polinuk also made sure that she was always present and that she knew the students she was working with.

"I believe that because people knew me that I was very approachable for that reason, and even coming into this position, they know my family and they know my family background. Working with the students there, people think that because you're a principal or vice-principal you only talk to the bad kids — that's not the case. I made the effort to seeing all the kids, and celebrating and going to all events. That was always important to me to support everything," she commented. "It's too bad that the world focuses too much on one or two negative events that happen and they don't realize all the great kids that we have and the great things that are happening."

And now, even after becoming the superintendent, Polinuk always makes the time to be with the kids. She visits the classrooms, reads and does yoga with students during I Love to Read Month and walks in the halls at break time to get her "kid fix."

Another important aspect of her job as a superintendent mainly, was to bring the administration staff together cohesively with the managers and meeting regularly to increase the communication flow and ensure that all are aware of what's going on.

"Sometimes when you're in these different offices such as the board office here, you don't see the kids coming down the hallway like you do in school, so it's always that constant reminder that we're here for the kids," she explained. "I never lost that passion."

Polinuk announced her decision to retire at a board meeting on Feb. 5.

She said she has let her career unfold naturally and that she has become more and more involved in the community and provincially, which has opened her eyes to other ways she can be a contributing citizen.

"I have so many interests, whether it's in the area of health and wellbeing, and mental health and who knows how much time we still have?" she commented.

"I'm full of life, and my health is still good and I have a lot of passion and energy and that's how I want to end my career. I don't want to end it on a note that it's because of a health

reason or because of a family's health reason. Now I can channel my energy into my community."

Polinuk mentioned slowing down is a challenge for her but she is hoping to take some time and not getting herself too busy, but at the same time, she is not opening or closing any doors

As for her kid fix, she is hoping to still stay connected with the schools, but said there are other ways to help

"Whether it's in hospitals, or food banks. There are so many ways to help kids. Pre school even," she continued. "But I'll still need that fix."

For now, Polinuk continues to keep busy with her duties as superintendent but said she wants to savour each moment.

"I'm going to miss the people. I'm a person that never looks for any appreciation, but when you get that special message, or when you get a special email, those are the things I print off and I keep and I treasure those. I treasure the friendships made with time with different personnel all around the school division. It was hard for me to give the notice to the division."



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RECORD PHOTO BY LIGIA BRAIDOTTI

Michele Polinuk never sits still, even at her office.

Selwik Regard



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Allana Sawatzky

Staying after school and loving it

Submitted by City of Selkirk

Not just anyone can host 20-plus kids after school for a few hours of fun and games.

The logistics put most of us out of the running, plus who's got the space or the time to throw the equivalent of a high-end birthday party a couple times a week? The answer is no one.

Unless you're the City of Selkirk and you partner with the Lord Selkirk School Division.

Since 2011 the City of Selkirk has provided funding to staff its after school program and provide some equipment for sports and games and the Lord Selkirk School Division has stepped up and allowed the program to run in its schools. Along with the school division, the Selkirk Community Renewal Corporation provides sponsorship for the program.

Shelly Leonard, Program Coordinator with the City of Selkirk, says it's a program the city has always been excited to offer, because it helps out parents and kids.

"We live in a world where parents often work long hours or shift work and finding really good and affordable child care is difficult," Leonard said.

"Our after school program is fun, kids tell the supervisors all the time how much they enjoy it, and it's free. We want to make sure all parents know that this is out there for them, and we want them to make use of it."

Karli Vigfusson is the after school program coordinator and says each school is staffed with four leaders, usually high school or university students, who are trained by a facilitator from Fit Kids Healthy Kids, a Physical Literacy program founded as a partnership between Doctors Manitoba and Sport Manitoba.

The objective of the program is to provide a safe and fun environment for youth in Selkirk to socialize, complete homework and be physically active outside of regular school hours.

The registration process includes a thorough form that provides staff with any information they need about the children, such as allergies and phone numbers in case they need to call parents.



RECORD PHOTO SUBMITTED

The City of selkirk and the Lord selkirk School Division host from 100 to 120 kids in their after school program across four elementary schools in Selkirk during the week.

The program runs from 3:30 to 5:30 p.m. after school at Centennial and Daerwood on Monday and Wednesday; on Tuesday and Thursday it's at Ruth Hooker and on Thursday and Friday it moves over to Robert Smith.

Vigfusson says the program kicks off with a healthy snack for the kids and then moves into crafts and games, either in the school gym or outside on the playground.

"It can get loud," Vigfusson laughs.

"The kids have a good time, they're with their friends and they have a lot of fun. They develop a really good relationship with the staff members too and I think the staff honestly have as much fun as the kids."

There's structured activities geared more towards the younger students and staff will play games with them that they're familiar with. For older kids there's an opportunity for less structured playtime. They're still supervised, but given more freedom to organize their own activities.

The program also tries to bring in outside organizations to teach the kids different kinds of professions and to offer exciting new ways to learn.

"We've had organizations like the RCMP, the fire department and Fit Kids Healthy Kids come in and offer fun new learning opportunities. It's a good way to keep things interesting and teach them things they wouldn't normally learn in school," said Vigfus-

The program is popular, with around 100-120 students in attendance between the four elementary schools.

The after school programs accept students all year long. For more information, contact Karli Vigfusson, After School Program Coordinator at kvigfusson@cityofselkirk.com

View the Selkirk Record online at selkirkrecord.ca



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Aquahacking Lake Winnipeg

Conservation challenge comes to Manitoba

By Katelyn Boulanger

IISD has teamed up with Aquahacking to bring the Aquahacking Challenge, a challenge designed to have innovators compete to create a startup company which tackles issues facing lakes and rivers, to Manitoba.

"Aquahacking is a watershed competition that aims to solve water issues through innovation, set solutions, and entrepreneurship. So at the end of the competition we want to launch startups able to turn their solutions into products that are able to be adapted to the market and are useful to different organizations and municipalities that have different water issues," said Anne-Pascale Richardson, the program director of Aquahacking.

The name Aquahacking comes from wanting to hack water issues using different technologies and the first competition was launched in Gatineau, Que. five years ago. This is the first year that the competition has come to Manitoba and is being coordinated by the International Institute for Sustainable Development out of Winnipeg.

"[The International Institute for Sustainable Development] saw it in the media and thought that it was an interesting idea both in terms of creative solution but even more importantly bringing a new group of people that aren't necessary focused on water issues and lake issues together to try to think through some of the problems and so we thought, 'Lake Winnipeg is a great lake as well. I wonder if we could do something surrounding Lake Winnipeg and try and collect a different group of voices in Manitoba and across the prairies for Lake Winnipeg," said Pauline Gerrard, deputy director, IISD-ELA and corporate sec-

This year five challenges have been put forward that the people applying to be part of the competition will be asked to focus on. These challenges are: reducing microplastics both from urban sources and tracking what is being put into the lake, reducing drinking water challenges which encompasses communities with drink-

> ing water advisories but also includes managing small drinking water plants, fish health and understanding fish health using technology, cost effective technology so farmers can better manage their fields by targeting fertilizer and manage drainage better, and using financial technologies and environmental management so that individuals can invest in Lake Winnipeg but also really see where their investment is being used.

The competition is open to everybody thought they are targeting university dents and young people so that solutions come

"THE AIM OF THE **COMPETITION IS NOT** ONLY TO DEVELOP A SOLUTION, BUT TO **DEVELOP A START-UP."** - RICHARDSON

from fresh eyes and voices looking at the problems that Lake Winnipeg

"What happens is that you register online as an individual and there's an online platform where you form together in teams and the most successful teams from the last five years are multidisciplinary groups of people. So you might have a computer scientist, you may have a biologist, and a business student and together that group with different expertise will then try to identify the challenge that they want to work on and identify an idea and because they have different skill sets they will be able to succeed in developing the best idea possible," said Gerrard.

"The aim of the competition is not only to develop a solution but to develop a start-up. Also, the solution has to be really adapted to the market or the reality so it's not only an engineer or a programmer who can develop it on their own it's a future start-up so we need multidisciplinary teams so that we can develop different perspectives and also when they are building their solutions they start to build their start-ups," said Richardson.

So far in five years, 17 start-ups have come from the Aquahacking challenges and these start-ups are still in business today.

Richardson suggests that participants think outside the box for their solutions and encourages anyone from any discipline to enter as perspectives are needed from many fields in order for the best solutions to be found.

For more information about the Lake Winnipeg competition or to sign up visit aquahacking.com/en/2020winnipeg/

Selkirk RCMP respond to armed break and enter

Submitted by RCMP

On Feb. 8, at approximately 1:30 p.m., Selkirk RCMP responded to a report of a break and enter at a residence in the RM of St. Andrews, near Petersfield.

The initial investigation has determined that the homeowner was inside her home when the front door of her residence was forced open and two people entered. The homeowner called her neighbours. As the neighbours arrived, they were confronted by the two suspects. One of the suspects had a firearm. The homeowner and the neighbours were able to safely flee the residence. The two suspects also fled the scene on a snowmobile.

Officers conducted extensive patrols of the area in search of the armed suspects.

At approximately 8:15 p.m., Selkirk RCMP received a call from a residence in the RM of St Andrews, after a snowmobile had broken down in their yard and the homeowners had given the two snowmobilers a ride to a residence off of Highway 8. The caller told police that the two snowmobilers appeared suspi-

Upon investigation, the broken down snowmobile was of the same make, size and colour of the one used in the break and enter earlier that day, and the two males fit the description of the two suspects.

Selkirk RCMP along with officers from Gimli RCMP attended the residence on Highway 8, and took two males and a female into custody. A long rifle and loaded hand-

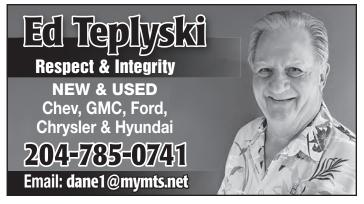


RECORD PHOTO SUBMITTED

Two Winnipeg men invaded a residence in St. Andrews and were armed with a loaded gun modified to shoot a .22 caliber bullet.

gun were seized.

A 23-year-old David J. Watts and a 43-yearold Trevor Kyle Klatt, both from Winnipeg, are each facing numerous charges and were scheduled to appear in court on Feb. 10. The suspects have also been linked with another residential break and enter that happened on Jan. 23 in St. Andrews.



Artists East of the Red ready for new members

Any artistic medium is welcome in this East St. Paul based group

By Katelyn Boulanger

Artists East of the Red, formerly the East St. Paul Artists, welcomes artists from all around the region to it's weekly Thursday evening meetings at the East St. Paul 55+ activity centre located behind the curling club.

"Art is a very solitary occupation and a lot of us are in our basements doing things and you'd kind of like the world to see what's going on and that's important to share," said Judy Sutton, one of the founding members of Artists East of the Red

The group was established, when in 2015, East St. Paul celebrated it's centennial year and the municipality put out a call for residents to come up with ideas to celebrate. Sutton invited five local artists to have a meeting on her back porch and ideas were tossed around until they settled on a weekly artist group that reached out to the community.

"Our goals were two-fold, one was to let the local artists come to know each

other. We did a big search to find the people here that do stuff and having this available to us on Thursday has really made that more functional. People got to know each other. We work together. We do the studio tours and the working together is really what it's all about. Our second goal was that the community should get to know us. What we're doing to that end [is] we got permission, and the municipality invested in, an art hanging system in the municipal hall and every month since then three local artists hang a show there so it's rotating and it's constant," said Sutton.

"There's a great variety [of art that happens in the group]. We have wonderful jewelry ladies that make fabulous jewelry. We have acrylic, oil, watercolour," said Jo Smoley, one of the founding members of Artists East of the Red.

They invite all artists using any medium to join the group and extend that invitation past visual art to craft-







RECORD PHOTOS BY KATELYN BOULANGER

Clockwise from above: Dave Feeney painting a prairie landscape scene in watercolour at the weekly Artists East of the Red meeting. Jo Smoley one of the founding members of the Artists East of the Red group painting at their weekly meeting.

ers, poets and beyond.

"They come in with whatever they want to work on and it keeps them out of their home studios and we have a great group of artists here that otherwise wouldn't know each other and now we get to do events together," said Smoley.

Suton, Winona Kling and Smoley received the Interlake Municipal Recreation Association's Recreation Builders Award Oct. 25 of last year for their idea to hang local artwork in the municipal office.

"It's just a good group to be part of. I hang the show at the municipal hall and because I'm doing it I'm most involved with seeing what people are doing right now. I love doing that," said Sutton.

In addition to seeing the group's art in the East St. Paul municipal office 20

East of the Red Artists will be hanging their work in the Wayne Arthur Gallery in May of this year.

"We have become this really great group and last week one artist didn't get painting until eight o'clock because it was just catching up and it was awesome. We have Christmas parties. We share our work. We share information and knowledge because everybody is working in different mediums. I've learned so much. I've enjoyed that," said Smoley.

To join the group you need to be a member of the East St. Paul 55+ activity centre but you do not need to be 55 or older to join this particular group.

For more information about the group visit their Facebook page at facebook.com/eastoftheredartiststour/ and any questions can be directed to Smoley at josmoley@gmail.com

Protect yourself from scammers this tax season

Phone scams increase leading up to the April tax deadline

By Katelyn Boulanger

As tax season approaches phone scams and frauds typically increase. With April approaching, residents should be wary of any phone calls asking for gift cards, Bitcoin, or money transfers.

"The simplest way to determine if it's a scam is when they start asking for monetary products for example they'll usually pick gift cards or transfers or Bitcoins or something like that. They'll usually ask for those iTunes gift cards, the Bitcoins. No government organization that we've ever had has ever dealt with Bitcoins or iTunes cards as methods of payment," said Const. David Wong, a community policing officer with Selkirk RCMP.

He explained that these types of scammers specifically look at using gift cards, or Bitcoins because it's the easiest way to get money without getting tracked down. Once it's on the internet tracking these online payments becomes very difficult.

"[If you get a call from a phone scammer] obviously hanging up is the one [thing] that I would suggest doing right off the hop. Also, contacting the RCMP or Canada's fraud line," said

It's not just individuals that are targeted by these types of frauds. Because phone scammers use technology to randomly generate phone numbers and call them until someone answers the RCMP themselves periodically also receive these types of

"There have been some situations where the scammers have used electronic spoofing to basically hide their phone numbers. The phone numbers that show up aren't the phone numbers that they are using. For example, we had an incident probably about four months ago where someone had thought that they had received a call from a scammer, which was true, it was a scammer but they had managed to spoof the RCMP D Division head-

quarters phone number. [The scammers] basically Google searched us, found our phone number, because we have a general inquiry phone number, and they spoofed that phone number so that's what showed up on the caller ID. That person [who received the scam call] actually believed that the scammer was calling from that number and called us and threatened the RCMP mistakenly," said Wong.

In recent years, to keep Canadians safe the government has passed legislation making telecom companies accountable for preventing these calls. However, despite the technology in place, Canadians are not yet immune to scam calls making it through to residents.

"The best recommendation that I have is to be aware of it and be highly suspicious of anything. We've had instances where we've had people take the correct steps for example, calling the police department. For example they receive a call from someone who claims that they are part of the Canada Revenue Agency, the CRA, saying that the police are going to get involved. They call the police to confirm this and what the scammer has done

is actually held the line then actually pretended to be the police picking up the phone. They hold that line open so when you hang up you think that you've hung up and go to call the police but they haven't. They've actually just picked up and they've set you up with another person so you haven't really disconnected and you're talking to another scammer and they go 'Yes, yes we know this file and you are in trouble you should do what that person is telling you to do," Wong said.

He says that the biggest thing to be aware of is that anytime there's a tax discrepancy it will be in you're income tax assessment and that you will always receive a letter, never over the

"[If you do receive a scam call] Canada has an organization that tracks fraud [called Canadian Anti-Fraud Centrel. They generally don't investigate [individual calls] but they do keep track of it and the whole reason for that is that when they see a spike in a type of fraud they'll sometimes issue out a kind of warning, a public address, warning about the current trends of fraud that's happening," said Wong.

The CRA also has The Little Black Book of Scams available online in a PDF format. It has everything from simple frauds like telephone scams to even organizational fraud that he recommends that everyone take a look at.

"I just want people to be more aware because income tax season is starting and we will probably see a little bit of a spike in those kinds of [scam] phone calls of the CRA asking for money. The CRA never calls. They will not solicit through the phone it's always through your income tax return," said Wong.

The Little Black Book of Scams can be found at competitionbureau.gc.ca/ eic/site/cb-bc.nsf/eng/04333.html and activity involving frauds or scams should be reported to the Canadian Anti-Fraud Centre at antifraudcentre.ca, or by phone at 1-888-495-8501. If you file a report they ask that you keep any evidence of the fraud in the event that they request the information from you.

West St. Paul fire department gets new tanker



RECORD PHOTO SUBMITTED

The West St. Paul Fire Department took delivery of its new tanker truck Feb. 6 from Acres Emergency Vehicles. The new 3,500 imperial gallon unit replaces an older smaller unit that had to be retired about a year ago. Acres, based in Wawanesa, Manitoba, built the tanker, along with all other emergency equipment including lights, on a Peterbuilt chassis. The Fire Department now has two operational tankers.

Pictured above: Mayor Cheryl Christian, Couns. Stan Parag and Giorgio Busceti, CAO Brent Olynyk and Fire Chief Ryan Yackel (front row, left to right) with members of the West St. Paul Fire Department and the new tanker (back row).



Red River Co-ops out of gas in Manitoba

Fuel shortage is happening due to an allegedly Unifor illegal blockade of Shell and Esso fuel distribution centres

By Ligia Braidotti

If you drove by any Red River Co-op gas station around the province the past few days, you probably noticed that the gas price had dropped to a zero.

No, it is not free gas. The Red River Co-op gas bars are having significant fuel shortage due to an allegedly Unifor illegal blockades of the Shell and Esso fuel distribution centres that supply Winnipeg and the rural surrounding areas.

"Red River Co-op has no Unifor members under our employ, but they have brought their illegal blockades to stop fuel from getting to Co-op members and customers. Red River Co-op is taking every possible action to lift the blockade but we are not expecting the situation to return to normal until Unifor's illegal actions are addressed by the courts and legal system," a statement read.

The whole dispute is taking place in Regina, but its consequences are already affecting many people in Manitoba. Unifor started a dispute at the Co-op Refinery in Regina which is completely owned and operated by Federated Co-op Ltd. Red River Co-op purchases services and goods from FCL and money made at the refinery is invested back in these co-ops to create local employment, invest in infrastructure and provide patronage to their members based upon the volume of businesses they do with Red River Co-op. Due to this issue, many Red River Co-op gas stations are closed and its employees are missing days of work.

"Unifor is solely concerned about their union employees in Regina, employed by the refinery. They have shown zero



RECORD PHOTO BY BRETT MITCHELL

Red River Co-op gas stations are running out of gas due to a labour dispute.



respect for Red River Co-op employees who are simply trying to go to work and take care of their families. Many of our employees are new Canadians, retirees and students," Red River Co-op stated.

Red River Co-op also added that they are not party to the negotiations between Unifor and FCL. They commented that the average total compensation for a refinery worker is \$172,000 and they currently have a 100 per cent employer-funded defined benefit pension.

"FCL is preparing for a low carbon economy and the way energy business is being done needs to change in order to ensure that our business is sustainable and people continue to have good jobs here in Winnipeg, rural Manitoba and North Western Ontario, and across the CRS,"Red River Co-op said.

There are 33 Red River Co-op gas stations in Manitoba and two in Ontario.

On the other hand, Unifor states it is only taking care of its members.

"This 60-day labour dispute is fueled by corporate greed as Co-op executives to try pad their billion-dollar year profits by stealing worker pensions," said Jerry Dias, Unifor National President.

Meanwhile, The Selkirk Co-op received fuel by Monday morning, with several other locations in the province also receiving fuel over the past few days. For more information, go to https://www.redriverco-op.crs/sites/redriver/

Selkirk spreads the love



RECORD PHOTO SUBMITTED

Selkirk participated in Shoppers Drug Mart's Putting Women's Health First Love You Campaign among with other six others and helped raise more than almost \$16,000 to the CancerCare Manitoba Foundation.

Selkirk raised \$4,287 of the total. The amount came from the Love You Campaign which ran from Oct. 5, 2019 to Nov. 1, 2019 and the store's Beauty Mingle Cosmetics event on Nov. 9, 2019. All the money raised goes to CancerCare Manitoba Foundation and will be directed to the Selkirk community when or where needed, explained Carolyn Capell, associate and owner of the Selkirk Shoppers Drug Mart on 230 Main St.

"For example if the Selkirk community raised \$2,000 but the Selkirk Regional Health Centre needed \$4,000 in cancer funding this year, they will fund the \$4,000 from all the money raised this year. If the community raised \$0 and needed \$4,000 in approved cancer grants and projects they will fund the \$4,000," she continued.

Pictured above from left to right: SDM's Louella Realon and Capell, and Nicola Starin from the CancerCare Manitoba Foundation.



Residents invited to Pitch-In

By Katelyn Boulanger

Residents in the region and all over Canada are invited sign up to participate in Pitch-In week. A week where residents clean up their communities which will take place April 19-26 this year.

"We were founded in 1967 so we've celebrated well over 50 years of working in communities across Canada. Our main focus is removing litter from communities. So we work on trying to maintain clean communities and keeping litter away from waterways and becoming hazards to wildlife and polluting our various resources so that is our main focus," said Misha Cook, Executive Director of Pitch-In.

The group advocates for the four Rs of refusing, reducing, reusing, and recycling and sustainable best practices.

"It was founded in Victoria, B.C. on the West coast by a group, a handful of concerned citizens, that noticed that when they would go to the beach that there would be discarded waste on the beaches. They felt that they were really tired of seeing this. At that point in time there wasn't really any sort of community or municipal programs surrounding public waste and public littering. There were no action campaigns. There were no calls to action. Really the behaviour of it really was not being addressed at that point. So they just started going around with buckets and cleaning beaches in Victoria and that movement continued to grow from those original beach clean ups," said Cook.

In the many years that the group has been together, they have participated in many campaigns to promote not throwing litter on the ground which includes the adopt a highway program and their current Pitch-In campaign which has residents sign up together to clean various areas of their communities.

"Pitch-In week is very easy to participate in we simply ask that you visit our website online and register your clean up. That's all that is required. You can do it as an individual or as an organization and you get to choose be-

tween large recycled plastic resin bags or compostable smaller shopping bag style bags. We are actually offering both options. We are obviously part of the movement to become plastic free and we already do use recycled plastic however we do hope to be completely compostable bags in the future," said Cook.

Participants can also sign up by phoning Pitch-In's main office line and simply need to give information about who they are and where they are cleaning up to have the bags sent to their for their clean up.

"I wish that we weren't in business which is the antithesis of what most people might want. I think that consumer culture has made us think that resources are going to be around forever—that they are all renewable. We're seeing a huge push back now from consumers saying we want reusable again and I think that the market and people's behaviour has changed," said Cook.

She says that the reality of litter is that it typically now comes from

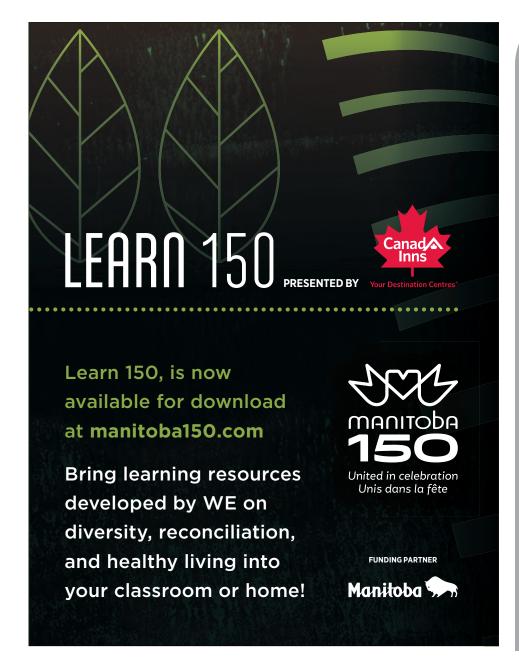
dumpsters and recycling bins that get blown about in the wind, illegal dumping which has hit an all-time high in Canada, or even wildlife spreading it from it's intended location which is why programs like this are still needed.

The Pitch-In program is scheduled for the end of April to coincide with Earth Day, however, should there still be snow on the ground at that time clean-ups can be scheduled for later in the spring if needed.

Cook says that one surprisingly pervasive source of litter are cigarette butts.

"[Cigarette butts] are one of the most toxic and harmful [sources of litter] for our local wildlife especially if they enter a water stream because they there are so many micro-pollutants left in a cigarette butt that it is very toxic for our wildlife. So right down to that minute little detail. It's a small item on the ground but if you have several thousand of them and they get into your water way it's going to cause a big problem," said Cook.

To sign up a group for the Pitch-In program or find out more information visit their website at pitch-in.ca or call 250-914-3202.



A history of love









RECORD PHOTOS BY KATELYN BOULANGER

The St. Andrews Heritage Centre held a Victorian Valentine's Day card making session on Feb. 8. Residents were invited to make Valentine's Day cards like they would have in the 19th century which included cut outs, ribbons, and doilies. The next event at the Heritage Centre will be a Moccasin Making Workshop on Feb. 15. For more information about future events or to sign up visit standrewsrectory.ca

> BY HENRY BAKKER, RESIDENT OF WEST ST. PAUL

There is a popular notion in society that future communities must be of higher densities if we have any hope of slowing global warming and living more sustainably. After all, multifamily buildings require less energy and less land; more people can commute to work using active transportation or public transit; higher density population requires less infrastructure.

I grew up in a rural setting in the late '60s. My parents had a large vegetable garden which produced enough food annually to sustain a family of eight. Meat was purchased in bulk and other necessities were purchased once a week. My Dad drove alone to and from the city for work. We knew our neighbours. My siblings and I walked to school and played outside a lot. My parents rarely worried about our safety.

Certainly, much has changed in our society since I was a kid. Perhaps technological advances are on the cusp of enabling my children and grandchildren to return to the rural upbringing I enjoyed, but in an even more sustainable way. With the advancements in robotics, occupations requiring physical labour will be on the decline and demand for technological skills will be on the upswing. With the advancements in communication technology it is already possible to perform many occupations remotely. Emerging communication systems and technologies will soon make virtual reality common place and so effective that there will be little need to meet in person.

If in the future we are going to be spending a whole lot more time at home, because we can and its no longer acceptable to travel to and from work every day, our live social interactions will shift from colleagues to family and neighbours. Our communities will become the centre of our lives rather than the workplace. We'll expect communities with close connections with nature and wildlife; town centres where we can shop and gather; larger lots so we can garden and grow our own food. Our homes and community will become more than just a place to wind down and sleep. Parents can both work at home and share the task of raising children. Our lives will become more sustainable and healthier. Communities we build today must be designed to serve future generations.

In the R.M. of West St. Paul, there are municipal development regulations which promote the type of community described above. However, we also have developers still attempting to create higher density subdivisions in rural areas to maximize profits.

On Feb. 19, the Red River Planning Board will hear an appeal from a residents group opposing a subdivision that threatens the ruralness of an existing neighbourhood by proposing higher density housing and the destruction of old-grow forest. If not limited or planed in a respectful way, such developments have the potential to erode the quality of life of the existing established neighbourhoods.

If you are eligible to vote in West St. Paul elections, please sign the residents' petition to "Keep West St. Paul https://www.ipetitions.com/ petition/keep-west-st-paul-rural other RRPD municipalities visit the residents' Keep West St. Paul Rural

. If you are a resident of one of the Facebook Page to learn more about preserving rural neighbourhoods and urge your councillors to do the same.

Fishermen's effort pays off



RECORD PHOTO SUBMITTED

The Lord Selkirk Fishermen Novice A White co-ed hockey team of 7 and 8-year-olds headed to Beausejour to participate in the 2020 Beausejour Novice Winter Round Up held on Jan. 18 and 19 at the Sungro Centre. The team worked hard and put in full effort and skill to win all but one game during the round robin. This put the team in second place in Pool A to play the first place team in Pool B. The Fishermen came out strong to win 16-3, advancing the team to play in the championship medal game. The team worked together and gave 100 per cent at this sixth and final game in two days. The Lord Selkirk Fishermen Novice A White team took home the silver medal against the Springfield Ice Hawks. The team is very proud of the effort, teamwork and success they accomplished over the weekend.



Building a stronger tourism economy in the north

Submitted by Travel Manitoba

The partnership between the Government of Manitoba and Travel Manitoba has aligned goals for the Northern region through the Look North initiative and the Northern Manitoba Tourism Strategy. This partnership has resulted in important successes in developing and marketing authentic experiences in Manitoba's North.

The Look North initiative – a driver for northern economic development – has been strongly supported by Travel Manitoba and stakeholders appointed to the Northern Tourism Advisory Committee. Both initiatives are striving to grow tourism in Northern Manitoba through product development, marketing and by leveraging community support.

"As the province's strategic economic development partner for tourism, Travel Manitoba's work is contributing to economic growth in Manitoba," said Economic Development and Training Minister Ralph Eichler. "Tourism in Manitoba is a \$1.6 billion industry and there is significant potential to grow tourism expenditures in Manitoba's North. Look North is an important initiative and tourism has an important role in diversifying the Northern economy and creating new jobs in the Northern region."

Under the regional tourism model outlined in the strategy, progress has been in each of its priorities. New content and marketing initiatives have increased awareness across channels, new place brands have given Flin Flon and Thompson defined destination identities and new experiences are being developed. Among these are extended snowmobile trails to link communities, a new tour operator in Thompson and a new music festival in Flin Flon.

"We have worked with Travel Manitoba since the Northern Tourism Strategy was brought in and have seen an increase to our lodge business by over 100 percent, especially ice fishing," said Brett Baynton, owner of Bakers Narrow Lodge near Flin Flon. "It sure feels great to be a part of showcasing Northern Manitoba in all its splendor."

In addition to new experiences being brought to market, international tour operators are investing more to promote Churchill

"We know that Travel Manitoba's work with community stakeholders is enormous, and their commitment to ensuring tour operators are well positioned to compete internationally is unrivaled," said Gary Bell, CEO and President of Calm Air and Chair of the Northern Tourism Advisory Committee.

Connecting with communities in the North and communicating the value of tourism has been an important priority for the Northern Manitoba Tourism Strategy. A survey called the DestinationNEXT assessment was initially conducted in 2015 and updated in 2019 to measure perceptions of Manitoba's tourism strengths and community engagement. Responses indicated stronger community alignment and increased destination strength in 2019 compared to 2015. Increases were achieved for Northern Manitoba in funding support and certainty, industry support, regional cooperation, organization governance model and



economic development.

"The collaboration between Travel Manitoba and the Northern Tourism Advisory Committee has provided structure and accountability to the Northern Tourism Strategy," said Becky Cianflone of the Greenstone Community Futures Development Corporation and member of the Northern Tourism Advisory Committee. "Regions and communities are working together more than ever to increase tourism spending in the North. There was a perception that no one was interested in visiting the North; the mo-

mentum created by the strategy has completely transformed that thinking."

Colin Ferguson, Travel Manitoba President and CEO added, "The Northern Manitoba Tourism Strategy is an important part of the larger Provincial Tourism Strategy. Whether we are identifying infrastructure challenges, investing in destinations, supporting training opportunities or leveraging our brand equity, Travel Manitoba's strategies are establishing a framework for tourism to become a \$2.2 billion industry in Manitoba by 2023."

Legion helps young athlete



RECORD PHOTO BY BRETT MITCHELL

On Feb. 6, the Royal Canadian Legion Selkirk Branch presented a \$1,500 cheque for sponsorship of the Special Olympics athlete Savannah Thompson for her trip to the Winter Special Olympics in Thunder Bay from Feb. 25 to 29.

Pictured from left to right: Neil Zebinski, Selkirk Legion's second Vice President, Savannah Thompson from Selkirk , and John Austin, Selkirk Legion's President.

Marine Museum gets a lift with newly created trust fund

Submitted by the Selkirk & District **Community Foundation**

The Sutherland family didn't have to float the idea of donating to the newly created Marine Museum of Manitoba Trust Fund very long - it was an opportunity they jumped at and the entire family embraced it.

The family – Wayne Sutherland and his children - sons Scott, Paul, Reed and the late Parker, along with daughter Kelly Lewis - were thrilled to be one of two original donors to the fund in memory of their wife and mother, Helen, who passed away four years ago on Jan. 29.

Kelly says the Marine Museum was near and dear to her mom's heart. The daughter of a fisherman, Steve Stephanson, she knew the history of the lake and the boats and the importance they had to the people who made their living on them.

"This opportunity (to donate) came up. My mom was an Icelander through and through and her father was a commercial fisherman on the lake back in the '40s and into the mid '50's and he was a very successful fisherman." Kelly said.

"That's where her roots were, on the lake, anything to do with the lake, the Marine Museum, she held it dear to her heart."

Kelly said her brother Scott inherited their mom's Icelandic features, while the rest of the siblings took after their dad and his Scottish heritage. When Helen passed,

Scott began donating through his work to the foundation and the Marine Museum in memory of his mom.

So when the opportunity arose to contribute to a fund that will ensure the museum can continue to tell its stories for generations to come, Kelly said it just seemed appropriate.

"Of course my dad was very supportive and my mom, she loved the Marine Museum, she had a deep affinity for it," she said.

Kelly said some of her mom's cousins have donated artifacts to the museum and the Jackie S is named after a family member as well.

"I know that my mother would be very happy with it."

The other original donors are Bud R.S. Oliver and his wife Doreen. As a former councillor and mayor of the City of Selkirk, Bud has a demonstrated commitment to the city and its history. Doreen, a member of several historical associations over the years, shares that devotion to capturing history and ensuring it is available for future generations.

"I've felt all along that the Marine Museum is the jewel of Selkirk. It's an outstanding example, the only example, of the kind of commerce that took place on Lake Winnipeg and Selkirk at the time was the port that serviced that whole commerce," Bud said.

"It's really quite unbelievable the kind of traffic that was going on, on the river."

Doreen echoed those sentiments and said the numbers of people that used to be down at the Waterfront during the boats' heydays was "phenomenal."

"There are pictures of the boats that came down in July and they were just recreation trips...companies in Winnipeg would sponsor them so it was not only good for the town to have all that commerce it was spread much further than that, going into the city or coming from the city. It was not just the boat commerce, it became the railway commerce too. One just sort of grew into the next," she said.

"I think it's important for people to know their own history and their family history and the boats certainly tied into many families' livelihoods here."

For the Olivers, the donation has gone full circle - Bud bought a ticket for one of the Marine Museum's \$1,000 prize draws and when he won, he turned around and donated the



RECORD PHOTO SUBMITTED

Pictured back row, left to right: Marine Museum Manager Shaylene Nordal, Chair of the Marine Museum Duane Nicol, board member Lacey Darvill, Reed, Paul and Scott Sutherland. Front row: Kelly Lewis with her father Wayne Sutherland.

money back to the newly created fund. Duane Nicol, Chair of the Marine Museum's board of directors, says the initial gifts are representative of the support the museum has received

over the years.

"This museum was built and has been sustained by folks who have deep connections to our maritime history. We exist because of families like the Sutherlands and the Olivers and we are so appreciative of their ongoing support," Nicol said.

In 2020 the museum is launching a new campaign to make use of the Manitoba Heritage Trust Program and help grow the museum's perpetual care endowment fund that provides funds each year to pay for the maintenance and upkeep of the ships and exhibits.

"Our goal is to raise \$50,000 by March of 2021. Leveraging the matched funding offered by the program, we'll have \$75,000 to add to our existing endowment with the Selkirk & District Community Foundation. With our initial gifts, we're more than a quarter of the way there," Nicol said.

The donations, Nicol says, are really permanent investments into a critical piece of the region's cultural infrastructure.

"We want to make sure that the story of our marine history is told for generations to come. We want to ensure that our children and our children's children have the opportunity to touch, smell, and see what life was like in early Manitoba."

The fund was made possible through the Manitoba Heritage Trust Program and the Marine Museum of Manitoba, and besides the two initial donations from the Sutherland and Oliver families it has received stretching dollars from the Province of Manitoba.

The Manitoba Heritage Trust Program provides support for museums, archives, and supporting organizations to establish and grow endowment funds providing longterm sustainable revenue for their organization. The program, initiated by the Manitoba government, is administered by The Winnipeg Foundation with support from the Association of Manitoba Museums and the Association for Manitoba Archives. After a period of three years, the fund will be transferred to the Selkirk and District Community Foundation.



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Speaking up for gender equality and human rights



RECORD PHOTOS BY KATELYN BOULANGER

On Feb. 4, the Manitoba Council for International Cooperation hosted the 30th anniversary of the International Development Week 2020 with the theme "Go for the Goals" designed to raise awareness of the Sustainable Development Goals. Jules Stevenson, a student at the Lord Selkirk Comprehensive Secondary school, and Juliana San Buenaventura, of Winnipeg's Shaftesbury High School worked together on a powerful narrative about gender and human rights.



The students were chosen from a pool of young Manitobans interested in learning about global gender equality issues and the art of spoken word.

Pictured clockwise from above: Jules Stevenson and Juliana San Buenaventura performing their spoken word poetry at the MCIC event held at the Manitoba Legislative Building on Feb. 4. Steve Locke, Stevenson and San Buenaventura's mentor through the Voices for Change Program, speaking at the MCIC event.



Welcoming new friends



RECORD PHOTO SUBMITTED

Nandan Satheesh and Veena Nandan were welcomed as new members of the Selkirk Lion's Club in a ceremony on Feb. 3 evening. The Club always welcomes new members to the organization.

Pictured left to right: Nandan Satheesh, Veena Nandan, Mike Jennsen, George Neufeld, Allan Hoehn

et inspir

Chocolate Macaroons With Raspberry Buttercream

Makes approximately 10 large macaroons or 40 small

1 3/4 cups confectioners' sugar, sifted Scant 1 cup ground almonds

3 tablespoons unsweetened cocoa

4 egg whites

baking sheets.

Tiny pinch of salt

Raspberry buttercream (see below) Preheat the oven to 400 F. Put the confectioners' sugar, ground almonds and cocoa in a blender or spice grinder and process for about 1 minute to refine the almonds and combine everything.

Using an electric mixer, beat the egg whites with the salt in a clean, dry bowl until firm. Using a large metal spoon, gently fold in the almond mixture. Carefully spoon the mixture into a piping bag fitted with the size 10 tip for small cookies, or size 12 for larger macaroons. Pipe twenty 21/2-inch macaroons or eighty 11/4-inch ones onto the prepared

Bake with the oven door slightly ajar (to allow steam to escape) for about 8 minutes for the small macaroons or 12 minutes for the larger ones. Don't overcook or they won't be soft inside. Carefully lift the macaroons off the paper and let cool on a wire rack.

Sandwich in pairs with a thin layer of raspberry buttercream. Arrange the macaroons in layers between aluminum foil or parchment paper in an airtight container and refrigerate for 24 hours before serving. This will help them become chewy. Bring to room temperature before serving.

Raspberry Buttercream

6 egg yolks

1 cup sugar

4 sticks unsalted butter, softened

12 ounces frozen raspberries 1 teaspoon freshly squeezed lemon juice Confectioners' sugar, to taste Pink food coloring, if desired

Using an electric mixer, beat the egg yolks until pale and creamy.

Put the sugar and 1/2 cup water in a small pan and heat gently, stirring occasionally, until the sugar has dissolved. Bring to a boil and boil hard until it reaches 240 F. Immediately remove from the heat and pour the hot syrup onto the egg yolks in a steady stream, beating continuously until the mixture is a pale, thick mousse. Cream the butter in a separate bowl then beat in the melted chocolate. Beat this into the egg yolk mixture.

Take the frozen raspberries and thaw them in a strainer placed over a bowl. Press them gently with the back of a spoon to squeeze out the juice. Put the juice in a small pan and boil it hard until it has reduced to 3 tablespoons.

Press the raspberries through the strainer and mix the strained puree with the reduced raspberry syrup and the lemon juice. Sweeten with sifted confectioners' sugar to taste. Beat this into the buttercream. Add pink food coloring if you desire a deeper shade of pink.

CROSSWORD

CLUES ACROSS

- 1. Small deer
- 4. Khoikhoi peoples
- 9. South African statesman
- 14. Keyboard key
- 15. Remove
- 16. A conspicuous constellation
- 17. Data executive
- 18. Retired NASCAR driver
- 20. Tightens
- 22. A picture of the Virgin Mary
- 23. "The Mission" actor Jeremy
- 24. Confidently
- 28. More (Spanish)
- 29. Sports highlight show (abbr.)
- 30. Hand out cards
- 31. Distinctive Asian antelope
- 33. Arabic greeting
- 37. Of I
- 38. Hip hop trio
- 39. Meat roll
- 41. One's mother (Brit.)
- 42. -GYN
- 43. Belgian city
- 44. Plucks
- 46. Leak slowly
- 49. Denotes a particular
- 50. General's assistant (abbr.)
- 51. Divides
- 55. Kid
- 58. Inland Empire Expanded **Learning Symposium**
- 59. Engaged in conflict
- 60. Former CBS sportscaster
- 64. Characterized by unity
- 65. Working-class
- 66. Corners
- de plume 67.
- 68. Influential French artist
- 69. "Very" in musical terms
- 70. Financial account

CLUES DOWN

- 1. Long, flat abdominal muscles
- 2. Small Eurasian willow 3. Justified in terms of
- profitability
- 4. Required
- 5. River that starts in Turkey
- 6. Disfigure
- 7. A way of communicating (abbr.)
- 8. Leaks slowly
- 9. Shady place under trees 10. Made a speech
- 11. Long, angry speech
- 12. Mortar trough
- 13. Autonomic nervous system
- 19. Southern India island
- 21. Grab quickly
- 24. Ancient Mesopotamian city
- 25. With three uneven sides
- 26. Football visionary Hunt
- 27. Primordial matters

- 31. Facing towards the flow of a glacier
- 32. "A Delicate Balance" writer
- 34. Emits coherent radiation
- 35. Commercial 36. Groups of foot bones
- 40. Out of print
- 41. Partner to cheese
- 45. German river
- 47. Concluding speech
- 48. Spanish dish
- 52. Prominent California cape **Point**
- 53. Any high mountain
- 54. Ethiopian lake
- 56. Mr.
- 57. Excessive fluid accumulation in tissues
- 59. Large, flightless bird
- 60. Oil industry term (abbr.)
- 61. Something one can draw
- 62. Officers in charge
- 63. Greek island

Please see classified section for Answers





arsaay nights at the Selkirk Friendship Centre

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SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk Dolphins had a busy weekend in the pool

Submitted by Michelle Stamm

Saturday was a busy day for the Selkirk Dolphins' swim team.

Eight swimmers attended the Manta Grand Prix at the Pan Am Pool in Winnipeg. The meet was hugely successful with just over 250 swimmers from Manitoba and Kenora.

The meet format was a preliminary and finals set up and all our swimmers qualified for finals each night.

All Dolphins' swimmers recorded personal best times in 85 per cent of

This meet leads up to our championship meets for this time of year with 14 swimmers racing at provincials Feb. 13-16 at the Pan Am Pool in Winnipeg. This will be the last opportunity to add to the list of qualifiers from the Dolphins' team going to Man Sask March 12-14.

Levy Andrusyshyn of Winnipeg qualified as a 10 year old in the 13 & under male category and Julian Murdock, 16, of Stonewall qualified for



RECORD PHOTO SUBMITTED

The Selkirk Dolphins, back row, left to right, Hannah Andrusyshyn, Gabby Alvyea, and Haylee Kimball; Front row, Ian Gurney, Levy Andrusyshyn, Tanner Sanders, and Julian Murdock. Missing from the photo is Cazie Bisson.

Man Sask this past weekend.

The Dolphins also hosted their second 12 & under league meet last weekend. The meet attracted 60 swimmers from Brandon, Portage la Prairie, Winnipeg and Kenora.

"The focus of the meet is to introduce competition to developing swimmers through short events such as 25's and 50's and adding the mixed race of Individual Medley," Stamm noted.

"The event was short and sweet with the lower gym set up with outdoor games and a magician to keep the swimmers and siblings occupied between events."The Dolphins will be hosting their last 12 & under meet on March 21.



By Brian Bowman

Playing three road games in three nights caught up to the Selkirk Steelers on Sunday.

Selkirk trailed the Swan Valley Stampeders 4-1 by the 8:24 mark of the second period on its way to a 5-3 Manitoba Junior Hockey League loss.

Swan Valley's Callum Fortin scored the lone goal of the first period and then Josh Maucieri made it 2-0 just 34 seconds into the middle frame.

The Steelers' Eric Krywy answered with a goal just over a minute later but the Stampeders responded with goals from Nathan Carl and Trevor Schroder.

team in the third period as Keenan Allen and Hudson Chamberlin scored 56 seconds apart to pull Selkirk to within a goal.

scored into an empty net with 55 seconds remaining in the game.

On Saturday, Selkirk scored three times on the power play on its way to a 5-2 win over the OCN Blizzard.

Caiden Gault paced the Steelers with two goals while Tanner Pochipinski had a goal and two assists and Blake Burr scored once and had a helper.

Jordan MacFarlane tallied Selkirk's other goal. Cole Wigestrand and Connor Tyhy each had two assists.

Kobe Campbell and Dustin Mozdzen replied for OCN as Austin De-Boer made 33 saves for the victory.

period goals on their way to a 6-4

Gault led Selkirk with a goal and an assist while Sheldin Howard, Bravden Clark, and Blake Burr also tallied. Burr leads the Steelers in goal scored



Gunnlaugson team wins 2020 Viterra Championship

By Ty Dilello

At thirty-five years of age, Morris' Jason Gunnlaugson can finally say he's a provincial champion. On Sunday afternoon at the Eric Coy Arena in Winnipeg, Gunnlaugson defeated West St. Paul's Mike McEwen in the final of the 2020 Viterra Championship by a 7-4 scoreline in a game that featured lots of shots made and plenty of key mistakes that made for an entertaining encounter.

Gunnlaugson and his rink of Alex Forrest, Adam Casey and Connor Njegovan will now represent Manitoba in a few weeks time at the 2020 Tim Hortons Brier in Kingston, Ontario. West St. Paul's Mike McEwen meanwhile has a chance to join Gunnlaugson in the field still as they will be playing in the wildcard game against Ontario's Glenn Howard the Friday night before the event starts.

"It came together because we've assembled a great group of guys," Gunnlaugson said. "Connor (Njegovan) and Alex (Forrest) stuck with me. I was cut, I was on an island in curling, with no real purpose. They picked me up and they've just stuck with me and given me the chance to become an elite skip. I think with this performance we can finally say that maybe I'm getting there."

"I was a free agent and they didn't have a skip, so they got me on board. They love playing and I love playing and we just played and played and

played until we won the Buffalo."

Sean Grassie's Deer Lodge foursome featuring Stony Mountain's Rodney Legault (lead) and Lundar's Tyler Drews (third) were the big surprise of the week as the upstart rink advanced all the way to Sunday morning's semi-final before falling to Mike McEwen 7-3.

Grassie came into the event as the eight seed and started off with a pair of wins to get themselves into the Aside qualifier against McEwen. A tight game saw Grassie on the losing end but they would bounce back in the B-side final to get into the championship round.

In the championship round, Grassie would rattle off another pair of wins to find themselves into Saturday night's page playoffs. In the 2v2 game, Grassie defeated Granite's William Lyburn 6-5 in an extra end to advance to the semi-final, where they ultimately fell to McEwen for the third time in the

"Our team really gelled together," said Rodney Legault. "We started the year off rough as a new team losing our first five games, but we came together and did an unreal job. Sean made some great shots throughout the Viterra and helped get us on our

"For three of the players on the team we'd never gone this far before at provincials," said Tyler Drews, "so for us we took things one game at a time,



RECORD PHOTO BY LANA MEIER

Reid Carruthers releases a rock in the semifinal game on Sunday morning. Team McEwen defeated Team Sean Grassie 7-3 before losing in the 2020 Viterra Championship game to Jason Gunnlaugson.

and as we kept winning we showed a little more confidence. This has been an amazing experience."

Granite's William Lyburn which includes Interlakers Kennedy Bird and Wade Ford reached the final four of the Viterra where they lost to Sean Grassie in the 2v2 game.

Tanner Horgan's Winnipeg Beach foursome featuring the Lott brothers Colton and Tanner qualified for the final eight through the A-side but were dispatched on Saturday afternoon after a pair of losses to Gunnlaugson

and Ryan Wiebe.

Stonewall's Emerson Klimpke, the fourth shooter for Josh Friesen went 1-2 on the event. While Gimli's Steen Sigurdson was one of the opening night's casualties dropping their first two games of the event to send them to the bleachers early.

The 2021 Viterra Championship was announced that it's going to be held in Selkirk next February at the Selkirk Recreation Complex.

> STEELERS, FROM PG. 18

(24) and points (47) this season.

The Steelers' Nolan Dawson and Tyhy each had

Ben Hilhorst (three), Trentyn Crane (two), and Mozdzen scored for OCN.

Terriers bark loud

On Feb. 4, Selkirk was defeated 5-1 by the Portage Terriers at the Rec Complex.

Logan Calder gave Portage a 1-0 lead late in the first period and then Parker Malchuk, Kolton Shindle, Koby Morrisseau, and Jacob Piller made it 5-0 by the 6:26 mark of the second period.

Gault then scored in the third.

Former Steeler forwards Carter Barley and Brett Namaka each had an assist in the game.

Barley, a St. Andrews' product, scored a goal and added an assist in Portage's 7-1 win over the Winnipeg Blues last Friday and then he tallied twice in the Terriers' 4-1 victory the next night over the Winkler Flyers.

Barley was later named one of three MJHL Stars of the Week.

Selkirk, meanwhile, played the Virden Oil Capitals this past Tuesday but no score was available at press time.

The Steelers will host the Flyers on Friday (7:30 p.m.) and then the Neepawa Natives Saturday (6:30 p.m.) as part of their Indigenous Weekend Classic.

Ingram, Goodbrandson lead Thrashers to win over Yellowhead

Adam Ingram and Nate Goodbrandson each scored twice to lead the Winnipeg Thrashers to a 4-1 home win over the Yellowhead Chiefs in U18 AAA Hockey League action Sunday.

Both of Ingram's goals came in the first period, sandwiched around a Goodbrandson shorthanded marker.

Colby Joseph scored a second-

period power-play goal for Yellowhead.

On Saturday, the Thrashers were defeated 4-1 by the Southwest Cougars at Gateway Are-

Branden Huminuk scored Winnipeg's goal in the second period.

Trevor Hunt, Cody Gudnason, Matthew Ramsey, and Colten Miller tallied Southwest's goals.

Cole Plowman made 35 saves in the losing cause.

The Thrashers played at the Central Plains Capitals this past Tuesday but no score was available at press time. Winnipeg will host the Pembina Valley Hawks Wednesday (7:30 p.m.) and then will battle the Norman Northstars this Saturday (7:30 p.m.) and Sunday (1:30 p.m.) in Thompson.

Loewen-Palmer, Horanski push Raiders to a road victory

Auzzie Loewen-Palmer scored twice and added an assist to lead the Raiders Jr. Hockey Club to a 5-4 road victory over the River East Royal Knights in Manitoba Major Junior Hockey League action on Sunday.

Nick Sharpe, Kyle Wiltshire, and Cody Merritt also scored for the Raiders, who were 3-for-6 on the power play.

Raiders' forward Horanski had three assists in the game.

Curtis Rebeck, with a pair, Ethan Hunter, and Carson Winkler replied for River East.

On Friday, the Raiders were shut out 1-0 in overtime at home by the Charleswood Hawks.

Luke Serement scored the game winner in OT.

The Raiders, now 17-13-5 and in sixth place with 39 points, will visit the fifth-place Stonewall Jets this Friday (7:30 p.m.) and then will host the Ft. Garry/Ft. Rouge Twins on Sunday (2:30 p.m.).

Youth rock the ice at Stonewall Pharmacy Junior Bonspiel













RECORD PHOTOS BY STU BROWN

The Stonewall Pharmacy Junior Bonspiel was held at the Stonewall Curling Club last weekend. Top row, left to right, winners of the U15 A-event were Rapheal Malo, Logan Strand, Luke Robins, and Carter Malmquist (West St. Paul). The B-event winners included Austen Croy, Gavin Fiebelkorn, Koen Nickel, and Logan Fiebelkorn (Petersfield). The C-event champions were Jessi Meyn, Cloe Haluschak, Laina Leadbeater, and Matty Scales (Swan River). Bottom row, winners of the U18 A-event were Meghan Walter, Serena Gray-Withers, Rebecca Friesen, and Julia Millan (East St. Paul) while the B-event winners included Rachel Armstrong, Lauren Evason, Erika Campbell, and Cate Allan (St. Vital). The C-event was won by Tanner Graham, Blake Good, Rylan Graham, and Jake McIvor (Petersfield).

Selkirk to host 2021 Viterra Championship

From the Curl Manitoba website

CurlManitoba has announced that the 2021 Viterra Championship - the Manitoba Men's Curling Championship - will be hosted by the Selkirk Curling Club and played in the Selkirk Recreation Complex.

The event will take place Feb. 2-7.

It will be the second time the Viterra Championship will be played in Selkirk. The Selkirk Curling Club hosted the inaugural Viterra sponsored event in 2016, the year that Mike McEwen broke through to win the Manitoba title.

"We are delighted to have the opportunity to host the Viterra Championship again," said Selkirk Host Committee Chair Garry Dola. "It will be our sixth time overall that we have hosted the best men's teams in the province and our champions are the legends of the modern era in Manitoba curling – Vic Peters (1993), Kerry Burtnyk (2001), Randy Dutiaume (2005), Jeff Stoughton (2009), and Mike McEwen (2016)."

In past years, Selkirk has done a tremendous job hosting this premier event.

"Selkirk's proven track record tells us that we can expect another great championship event," said Craig Baker, Executive Director of Curl-Manitoba. "We have been in Portage, Winkler, Virden and Charleswood since we were last in Selkirk and we know how much the players enjoy the return to Selkirk, which has been our pattern about every four or five years since the start of the 21st century,"

Viterra has been a great sponsor of the men's provincial championship.

"We're proud to partner with Craig and his team at CurlManitoba to support Manitoba's premier annual curling event," said Kyle Jeworski, Viterra's President and CEO for North America. "The Viterra Championship is an excellent showcase of curling talent, determination and teamwork, and we're looking forward to Selkirk doing a great job of hosting once again."

The 2021 Selkirk Viterra Championship will be the 97th annual Manitoba Men's Championship since the first British Consols provincial championship was played in Winnipeg in 1925.

The first Manitoba Men's title competition outside of Winnipeg was played in Dauphin in 1966. In all, the men's championship has been played in Brandon (nine times), Dauphin and Selkirk (five each), Virden (four times),

Portage and Neepawa (three each), Beausejour, Winkler and Flin Flon Morden and Steinbach (twice each), (once each).

Team Huminicki heading to provincials



RECORD PHOTO SUBMITTED

Elias Huminicki (Winnipeg Beach), Liam Wachal (East St. Paul), John Trinke (Winkler), and Tim Johnson (Winnipeg) won a berth spot at the U18 Men's Regionals in Winnipeg. They will be representing the Stonewall Curling Club in the U18 Men's Provincial Championship in Minnedosa on March 4-8. The team is sponsored by local-run businesses and Asham curling supplies.



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Fishermen fall to second place in CRJHL standings

By Brian Bowman

The St. Malo Warriors won the latest battle for first place with the Selkirk

St. Malo scored a pair of third-period goals to skate to a 3-1 road win in Capital Region Junior Hockey league action on Sunday.

Christian Hince scored the gamewinning goal on the power play at 5:38 of the third period.

Brennan Schidlowsky then added an empty-net goal with just 17 seconds remaining in the game.

Selkirk's Jordan Donald and St. Malo's Alex Murray traded first-period

With the win, St. Malo now has 64 points, one ahead of Selkirk with a game in hand.

Last Friday, the Fishermen doubled the Arborg Ice Dawgs 4-2 in Selkirk.

Dane Derewianchuk scored a pair of second-period goals for Selkirk while teammate Braeden Hummel also tallied in the middle frame.

The Fishermen's Reece Tessier added an empty-net goal with 1:39 remaining in the third period.

Shaydon Mousseau scored for Arborg in the first period and then he added a shorthanded marker midway in the final frame.

Riley Bannerman made 32 saves for the victory.

Selkirk will travel to St. Malo to take on the Warriors in another key matchup on Saturday (7 p.m.) and then will host the North Winnipeg Satelites Sunday (3:30 p.m.).

RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Kyle Melo gets ready to fire the puck during CRJHL action last Friday against the Arborg Ice Dawgs.

Selkirk wins hockey gold



RECORD PHOTO SUBMITTED

Selkirk's Novice B Team Blue won the gold medal at the Windsor Community Centre Winter Carnival Outdoor Tournament last Sunday. Selkirk won a semifinal game 11-10 and then captured the tournament title with an 8-6 victory in the final.

Next Home Games

- Sun. Feb 16 3:30pm **vs North Winnipeg Satelites**
- Sun. Feb 23 3:30pm vs St. Malo Warriors

Next Away Games

vs St. Malo Warriors - Sat., Feb 15 - 7:00pm vs Lundar Falcons - Fri., Feb 21 - 8:00pm



Selkirk Judo Club wins nine medals at Inner City Open

Submitted by Brian Jones

Ten Selkirk Judo Club fighters competed at the annual Inner City Open Judo Tournament at Tec Voc High School in Winnipeg on Feb. 1.

The local club finished with three gold, four silver and two bronze medals.

Winning gold medals were McKenna Stewart (U12 under 50 kg), Danny Ekosky (U16 Men under 60 kg), and Damien Ekosky (Senior Men Advanced under 81 kg).

Silver medals went to Carter Leveille (U12 under 33kg), Ottawa Hogan (U12 under 27 kg), Dalin Kymanick (U14 Boys over 66kg) and Dylan Wiebe (U16 Men under 66 kg).

Winning bronze were Nolan Dear (U14 Boys over 55 kg) and Derek Laudy (Senior Men Advanced under

"Our team put in a great effort at the Inner City tournament this year," said Brian Jones, one of the club's coaches. "It was a good chance for the athletes to gain experience as there was a team from Saskatchewan and a number of



RECORD PHOTO SUBMITTED The Selkirk Judo Club's Damien Ekosky, bottom, throws his opponent during competition at the Inner City Open.

clubs from Ontario participating."

The tournament drew approximately 140 entries from Manitoba, Saskatchewan and Ontario.

Royals JV girls' bounce into win column

By Brian Bowman

It took them much longer than they would have liked, but the Selkirk Royals finally notched a victory in KPAC junior varsity girls' basketball.

Selkirk had plenty to cheer about last Thursday after the Royals whipped the Transcona Titans 66-20.

"I knew they could do it against Transcona but I was really, really pleased and proud of them with how they dominated that game," said Royals' head coach Annette Harman. "They have really improved. They are really coming along and until the playoffs are done, they can play fairly decent so I'm happy for that."

Selkirk's offence continues to improve and their defence was fantastic against Transcona.

Talia Carey led Selkirk with 14 points while the Royals other top scorers were Kyla Freeman (12), Mia Larabie (11) and Tavyn Arnason (10).

With the win, Selkirk improved its league record to 1-5 heading into this past Monday's game with Springfield.

Harman said it is the junior varsity's program's goal to get the players ready to make the transition to varsity basketball next season.

"I work in tandem with (Royals' varsity girls' head coach) Sue (Gilmour) so everything is parallel," she said. "When these girls go to try out for varsity next season, they're going to be ready. They will know what Sue's expectations will be and there won't be any surprises. If you're going to develop basketball in your school, you might as well do it together."

Harman has been very pleased with the work her assistant coaches - Taylor Goodbrandson and Ashtyn Hodges have brought to the program.

"I'm really blessed over the years that I have met so many wonderful, young people that I have had the privilege to coach and watch them grow into young adults," Harman said. "I reached out to them because I knew we really had to hone in on these girls fundamentally...and we needed to foster new coaches in the area. Ashtyn and Taylor were game and what a wonderful marriage this has been. Those girls are fantastic people and they are fantastic, knowledgeable basketball people."

The Royals visited the River East Kodiaks this past Tuesday but no score was available at press time.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Tavyn Arnason looks to take a shot against the Transcona Titans during KPAC action last Thursday. Selkirk won the game 66-20.

next Tuesday when it hosts the Miles

Selkirk will wrap up league play Macdonell Buckeyes. Tip-off is 6 p.m.

Selkirk wins consolation side at PCI varsity boys' basketball tournament

By Brian Bowman

The Selkirk Royals varsity boys' basketball team won the consolation championship at the PCI Trojans' tournament in Portage la Prairie last weekend.

Selkirk defeated Goose Lake 85-60 in its final game on Saturday.

"(They) beat us earlier in Brandon," said Royals' head coach Dean Goodbrandson in an email. "(We) hit 15 three pointers in that game (and) defensive changes shut them down this

Carlin Doak paced Selkirk with 25 points and was later named to the tournament all-star team for the second consecutive weekend.

The Royals' Tyrell Cook also had a great game with 15 points and 10 steals. Michael Winkler chipped in with 12 points while Alex Hourie had 10 points.

All 11 Selkirk players hit the scoresheet.

Selkirk started the tournament Friday with a 71-66 loss to the Carman Cougars. Carman, the No. 1-ranked "AA" team in the province, is a big team with a lot of size.

"(It was a) tough loss, (we) should have won," Goodbrandon said."(We) tightened up late."

Doak led Selkirk with 17 points and seven steals. The Royals' other top scorers were Josh Seymour (13), Ashton Henry (11), and Cook (10).

The Royals then defeated the Treherne Tigers 70-68 on Saturday morning.

Henry drained the game-winning bucket on a set play with eight seconds remaining.

The Royals' top scorers were Doak (15), Hourie (12), and Cook (10).

Once again, all 11 Selkirk players hit the scoresheet. In KPAC play on Feb. 5, Selkirk was edged 73-68 on the

road by the Springfield Sabres. The Royals will host the Transcona Titans in league play on Wednesday at 6 p.m.

In varsity girls' basketball action Monday in Selkirk, the Royals soundly defeated the Kildonan East Reivers 79-

The victory improved Selkirk's league record to 5-3 this

The Royals are back in action Feb. 19 when they visit the Garden City Fighting Gophers. Tip-off is 7:30 p.m.

Speed skating excellence





RECORD PHOTOS BY JEFF WIGELSWORTH, RDCLSSC

Four Interlake Speed Skating Club members went to the National Youth Long Track Speed Skating Championships in Red Deer, Alta. last weekend. Ethan Vandenberg pictured left, was the national champion with three gold medals and two silver. Ian McPeek was on the pursuit team with Vandenberg that won silver. Olivia Krawchuk and Aaron Reihl also competed and skated to personal bests.

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The instructor(s) will be required to teach a variety of courses for the Red River College. Interlake and Steinbach Regional Campuses for Business related programs delivered in Selkirk, Steinbach, Powerview Pine Falls, Fisher River and Ashern locations. Duties related to instructing include: curriculum development, preparing course outlines, maintaining student records, classroom management, student evaluation, assist in College activities including instructor meetings, student orientation, graduation and relevant committees.

REQUIRED QUALIFICATIONS

- Relevant Business degree. An equivalent combination of education and experience may be considered.
- Significant related business experience
- Ability to instruct in a variety of Business Administration and/ or Financial Accounting areas
- Experience in developing and delivering presentations in a group setting
- Exceptional verbal and written communication skills
- Ability to use conflict resolution techniques to facilitate positive outcomes Demonstrated Leadership skills
- Excellent interpersonal skills
- Demonstrated ability to work with current learning tools and technologies associated with course delivery
 Experience using Microsoft Office in a business environment, including
- demonstrated use of PowerPoint presentations
- Values Diversity, Equity, and Inclusion
- Commitment to lifelong learning

- Experience instructing at a post-secondary level Certificate in Adult Education
- Experience working independently in rural and remote communities
 Experience with Cisco Webex and distance learning technologies
- Professional accounting designation for Accounting courses (CA, CGA, CMA, CPA)

CONDITIONS OF EMPLOYMENT

- Applicants must be legally entitled to work in Canada
- This position may be required to work evenings and/or weekends
- This position may be required to travel

APPLY BY EMAIL TO: humanresources@rrc.ca **CLOSING DATE: February 28, 2020**

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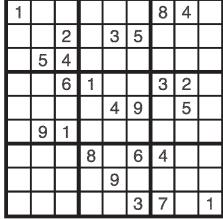
2020 – 2021 Public Budget **Consultation Meeting**

The Board of Trustees of the Seven Oaks School Division invites the public to an open meeting to discuss the 2020-2021 school year budget. The purpose of the meeting is to inform the public about funding provisions and current budget discussions and to invite comment on educational and budget initiatives.

Monday, February 24, 2020 - 7:00 p.m. **Seven Oaks Performing Arts Centre** 711 Jefferson Avenue

take a brea.

SUDOKU



Fun By The

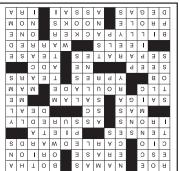
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Sudoku Answer



Crossword Answer









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IN MEMORIAM



In Loving Memory of Anne Dutka (nee Kulik) November 1, 1922 - February 14, 2018 It's been two years now Since you were taken away. I miss your beautiful smile, Your kind eyes, your courage, Always so wise and so patient. Your life made a huge difference And you are deeply missed.





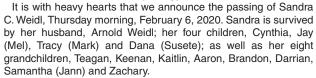
Marge Clarke June 14, 1937 – February 14, 2018 Your presence we miss. Your memory we treasure; Loving you always. Forgetting you never.

-Love your family

OBITUARY

-With love, Marlene

Sandra (Sandy) C. Weidl



Sandy, as she was fondly called by family and friends, loved her career as a registered nurse working for the Betel Home in Gimli until her retirement. She dedicated her retirement to her children and grandchildren. Sandy loved the visits from close family and friends at the farm and her truest enjoyment, knitting. You could not come into the house unless you had slippers she had knit on your feet. Our mom must have knitted an entire city's worth of slippers and she loved giving anything she knit away. Mom's knitting is literally spread across Manitoba.

The best way to describe grandma is through the words from her devoted grandchildren; Trusting (Teagan), Beautiful (Keenan), Supportive (Kaitlin), Loving (Aaron), Protector (Brandon), Forever Present (Darrian), Strong (Samantha), and Compassionate (Zachary). She truly took pleasure in every minute she had with her grandkids. Each time a new one came along she would begin to knit in preparation. She was over the moon and was not shy about bragging about her grandbabies. She was proud of each one of them and told them so.

OUR MOM (through the eyes of her children):

Cynthia: My mom showed me how to be strong, straight-up, hard working and empathetic. She knew when things were not quite right and would ask, "Can I help?", and before you could answer she did. She was a force to be reckoned with and just as equally,

she was as soft as a pillow. When you met Sandy you never forgot her. Your presence will always be with us, mom.

Jay: My mom gave me my love of sports. She was there, if I needed something, she got it, if I needed practice, she took me, when I played, she was there. We grew to have a very special bond through our love of sports. Thank you, mom, for always supporting me, for loving me and for being my mom. I love you.

Tracy: Grandma Sandy was one of a kind. She was strong and solid, firm but fair. She was loving and funny when the grandchildren were around, and always, always cheeky. She raised me to be a kind woman, helped me raise my boys to be good men, gave unconditional love and respect to everyone, and comforted every crying baby. Her Spirit was light and love... I miss you Momma.

Dana: You do not know what you have until it is gone, that never applied to Mom. Every moment together left you feeling blessed and grateful. Mom was a nurse by profession but her ability to be a caregiver extended to everyone that encountered her, whether it was family, friends, or any of her children's visitors. Mom had so much love to share that she would adopt them on the spot. Thank you, Mom, for being a strong role model and loving parent.

Come and go Memorial Luncheon will be held at Arnie and Sandy's Farm, at 949 Whytewold Road (Highway 225) on Saturday, February 22, from noon to 3:00 p.m.

In lieu of flowers, please make a small donation to an animal rescue of your choice or plant a tree in Sandv's memory.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

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ANNOUNCEMENT

IN MEMORIAM

Jim Smith February 13, 2019 In memory of my loving husband. Sadly missed.

-Love Wilma



OBITUARY

Fritz Paul Peukert

On Thursday, February 6, 2020 at the Selkirk Regional Health Centre, Fritz Peukert, aged 92 years of Selkirk, MB, beloved husband of Annemarie, passed away. Full obituary to follow.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Kenneth Wallace Hardy July 6, 1936 - February 7, 2020



Ken died peacefully at his home in Selkirk in the loving arms of his family. Left to cherish Ken's memory are his wife Ólöf; treasured daughters Janet Helga Gray, husband Donovan Gray, their daughters Ellen, Kristen, Alanna; and Joan Margaret Ásta Hardy, her husband Tim Edginton, and their sons Stefan and Ian. We all grieve feeling the greatest gratitude for the many ways we were blessed by Ken's love, wisdom, patience, fairness, optimism and joyful examples of respect for others.

Ken was born in Carman. MB to Dorothy and Archie Hardy and was lovingly nurtured along with siblings Irene (children David and Kathy), Robert (deceased, Mary Ann and their children Trevor, Paul, Eric) and Donald. Ólöf's sister Helga (children Mark and Jennifer) was like a sister to Ken as was Robert's wife Mary Ann

Wakely (Garry).

The red-haired boy and his boyhood pals explored, skated upon, and swam in the Boyne River. Ken, as a teen, worked in his father's garage and drove vehicles on his uncles' farms. Ken never stopped talking about the fun and games of his childhood: music, dancing, the marching band, his drummer days with the 5 Ks band playing at rural dances, curling, tennis, golf, and the family games of 500. He grew up where home was "open door" to pals, folks in need and the milk man and baker who delivered right to the fridge and bread drawer in the kitchen. The United Church was a constant connection throughout his life.

Ken married Ólöf Baldwinson on July 6, 1962, their shared birthday. Having experienced the warmth and welcome at Hardy's, she had declared previously to her parents Björn (Barney) Baldwinson and Ragna Johnson that Ken was "good and kind and sweet and gentle." He was an amazing husband and a wonderful father to Janet and Joan.

Ken graduated from University of Manitoba with a Commerce degree in 1962, later earning a Master of Education. He explored life as an accountant and ultimately chose a career as a teacher, first at Selkirk High School and later with Teacher Education at Red River College. Ken keenly enjoyed his students and colleagues and was devoted to nurturing Business Education student teachers across the province

With babies Janet and Joan, the move to Selkirk in 1963 was joyous; a first house close to school, welcoming people who became life-long friends, house parties with new Selkirk pals. A permanent home-town life was launched at 165 Eveline Street. Ken found quiet ways to volunteer. Ken's hobby of refinishing old furniture led to a life of recycling and a do-it-yourself lifestyle. Ken loved theatre, the Selkirk Bridge Club, and keeping up with current events. He waited for the Saturday Globe and Mail each week, and was an avid reader of novels. A Wavey Creek cabin emerged as a clan-gathering haven in the bush. The family learned together, gardened, played, and worked in teams. Traditions carry on with board games, water sports, bridge, sing-songs, lively current event debates, and cookups from the garden.

Thank you friends and neighbours, CancerCare Manitoba, doctors, and medical team members for exceptional support to Ken as his health declined. Forever grateful.

In lieu of flowers, donations may be made to CancerCare Manitoba or to Selkirk United Church Celebration of Life will be held at Selkirk United Church, officiated by Rev. Cole Grambo, on Tuesday, February 18 at 11:00 a.m.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

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OBITUARY



Dagny Rosamund Lenchuk (nee Hanson) July 5, 1946 - February 7, 2020

It is with heavy hearts we announce the passing of our dear mom after a courageous battle with cancer.

Mom is survived by life friend Joseph Lenchuk; daughter Shelly Wright (Tim Wright); son Darryl Lenchuk (Anne Morin); grandchildren Blair Colles, Brooke Colles (Troy Byzak), Morgan Lenchuk and her mother Nita Jackson; great-granddaughters Sequoia Mayo, Zyrah Mayo and their mother Melissa Mayo; numerous friends and family on both the Hanson and Lenchuk sides of the family

Mom was predeceased by her mother Disa Hanson; brother Harold Hanson (Linda Hanson) and sister Signy Stokes (Peter Stokes).

Mom was born in Winnipeg, lived in Winnipeg, Headingley,

Kitimat BC, Clandeboye, Matlock, Red Deer AB, Petersfield and Selkirk.

Mom was a hairdresser by trade and worked many years for Gaynor Foods in Selkirk. In mom's younger days she enjoyed playing baseball, snowmobiling, playing cards with friends, curling, and working in her flower and vegetable gardens. Every Saturday morning mom made blueberry pancakes for all the neighbour kids. Later in life mom was content to be with her kids, grandchildren and granddaughters.

Mom had a soft side to her, but don't be fooled she could also get herself into mischief. At the age of 72 with her health declining she decided to climb into the swimming pool with her greatgranddaughters while no one else was looking to prove she could still have fun!

Mom often spoke of her fondest memories having BBQ gatherings and bon fires with her cousins, aunts and uncles in Gimli

Mom is remembered for her great cooking, especially her cheesecake, vinatarta, holopchi, perogies,

The family wish to thank the staff at Betel Home in Selkirk for the kind care provided to our mom. Thanks to the many doctors, nurses, aids and social workers at Selkirk Hospital for the care mom received while in hospital until her move to Betel Home. Special thanks for the support mom received from the IERHA Community Mental Health team, Proctor Program and IERHA Canadian Mental Health Association for the endless supports provided.

As per mom's wishes, cremation has taken place and there will be no formal service.

As mom was known more of a giver than receiver, those wishing to make a memorial donation to help others who struggle with mental illness in her name you can do so by sending to: IERHA Canadian Mental Health Association at 435 Main Street Selkirk Manitoba R1A 1V4.

Until we meet again, rest in peace in heavens gardens mom! You will never be forgotten and always loved and missed by your family. XOXO

Special tribute to mom please listen: Somewhere Over the Rainbow by Israel Kamakawiwo'Ole and Dancing In The Sky Dani And Lizzy Lyrics

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

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Carol Irene Chiborak (nee Dupuis)

December 10, 1943 - February 4, 2020

On February 4, 2020, with family by her side, Carol passed away peacefully at age 76 years at the Simkin Centre Personal Care Home in Winnipeg after a brief struggle with Dementia.

Carol will be sadly missed by her husband of 56 years, Marshall; sons Michael (Theresa), Darren (Jodi), Bradley (Cathy); grandchildren Delaney, Layne, Destyni, Sydnee, Logan and greatgranddaughter Alayna. Carol was predeceased by her parents Norris and Irene Dupuis.

Carol worked as a receptionist for Federated Co-op. After retiring in 1997 she continued her friendships with co-workers and regularly attended the retirees monthly breakfast or luncheons.

Carol loved travelling to such places as Jamaica, Mexico, Arizona

and even the weekend trip to Fargo, N.D. She enjoyed the cottage life at Lee River where she ritually took her daily walks with her dog Spuds, and couldn't wait for family and friends visits in both the summer and winter.

Carol valued any chance she could get to babysit and have the grandchildren and her greatgranddaughter over for a visit. They were the only ones ever allowed to walk into the house with their shoes on or rip the sheets off the bed to make tents in her bedroom.

Carol will be remembered for her beautiful smile, great sense of humor, positive outlook on life and her willingness to lend a helping hand to those in need. She was an inspiration and blessing, leaving those who knew her with many warm memories to cherish.

The family would like to take this opportunity to thank Abigail and the wonderful staff at Simkin Centre 2 for the special care they provided for Carol.

A celebration of life will take place on Saturday, February 29, 2020 from 1:00 p.m. to 3:00 p.m. at the Gilbart Reception Centre located at 309 Eveline Street, Selkirk, Manitoba.

In lieu of flowers, donations may be made to the Alzheimer's Society of Manitoba, 120 Donald St. Winnipeg, MB, R3C 4G2.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

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128 PROCTOR ST. WOODI ANDS - \$219,900

\$55,000

\$29,000

\$44,900

\$40,000

\$34,900



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