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The Selkirk Record


VOLUME 9 EDITION 6




RECORD PHOTO BY LINDSEY ENNS

Grade 5 École Bonaventure student Jolie Hanslip puts the final touches on her version of Selkirk's famous catfish on her school's Lego wall last Wednesday afternoon. A group of French immersion students at the local school are building the community of Selkirk out of Lego while strengthening their French language skills. For a story and more photos, see Page 5.


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Manitoba Merv predicts early spring

By Justin Luschinski

Manitoba's famous weather forecasting groundhogs made two very different predictions on how long winter's going to last this year.

Manitoba Merv, the stuffed groundhog at Oak Hammock Marsh Interpretive Centre, popped out of his den last Friday morning to make his Groundhog Day prediction. He looked around briefly, and didn't see his shadow, which means that Manitobans are in for an early spring.

"It's his 24th prediction, and he's been right every single time, except for once," said Jacques Bourgeois, the interpretive centre's marketing and promotions co-ordinator. "So I'd say that's a pretty good track record."

However, over at FortWhyte Alive, Winnipeg Wyn predicted six more weeks of winter. Despite the unfavourable prediction, the staff gave him a nice snack afterwards.

Bourgeois said that while there is no direct scientific evidence backing up these predictions, there is some truth to the tradition.

"I actually spoke with some weather specialists, and there might be something to the predictions. If there's a clear sky around this time in February, that usually means that there's an arctic cold front, and winter will



RECORD PHOTO BY
JUSTIN LUSCHINSKI

Manitoba Merv popped out of his den at Oak Hammock Marsh last Friday morning and didn't see his shadow, which means Manitobans are in for an early spring.

last longer," he explained. "Whereas if there's an overcast, it might mean that there's a low front coming in, and it'll get warmer."

Oak Hammock Marsh is also celebrating its 25th anniversary this year. The centre's official opening took place on May 1, 1993, with construction beginning in 1991.

Oak Hammock Marsh unveils new exhibit to mark World Wetlands Day

By Justin Luschinski

Oak Hammock Marsh Interpretive Centre celebrated World Wetlands Day with some new activities and exhibits this year.

World Wetlands Day marks the day when world leaders signed a document in Ramsar, Iran, to ensure the conservation of wetlands around the globe. The document was signed on Feb. 2, 1977, and it recognizes the large role that wetlands play in the ecosystem.

Jacques Bourgeois, the centre's marketing and promotions co-ordinator, said people need to know how important the marsh is to the environment in Manitoba.

"When the snow melts, the water has to go somewhere. If there are no more wetlands, it goes into rivers, into the waterways, and causes big problems," Bourgeois said. "When there's a few wetlands in the landscape, there are huge benefits. That water will replenish the groundwater, it'll provide a place for the fauna, among other things."

This year, the centre celebrated World Wetlands Day with activities such as snowshoe tours in the marsh, a special game of shuffle duck, and a new exhibit. Attendees can now interact with an augmented reality sand exhibit, which allows the user to create their own topographical map with sand and see how water would interact with their creation.

Nine-year-old Eva Wasserman from Winnipeg stopped by the centre with her grandmother last Friday. As she was playing with the augmented reality exhibit, Wasserman said that the wetlands are very important.

"I love this (exhibit) ... I think the wetlands are really important, they help clean the water ... I really like coming (to Oak Hammock Marsh)," Wasserman said.

Wasserman's grandmother said her granddaughter loves talking to her classmates about the centre, and that she's always excited to stop by.

For more information about the centre, visit oakhammockmarsh.ca.



RECORD PHOTOS
BY JUSTIN
LUSCHINSKI

Nine-year-old Eva Wasserman of Winnipeg plays with a new augmented reality sand exhibit at Oak Hammock Marsh Interpretive Centre on World Wetlands Day last Friday.

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Former Selkirk resident launches How to Interlake video series

By Lindsey Enns

In an effort to rediscover and reconnect with the region she grew up in, a former Selkirk resident is putting herself through the paces to learn more about what it means to be from the heart of Manitoba.

Kit Muir is the creator and host behind an online video series about the Interlake and its people entitled How to Interlake.

In each episode, which she uploads to her Facebook page "How to Interlake," an Interlake community member teaches Muir something representative of the region they call home.

So far the episodes have included how to make vinarterta in Gimli, how to band birds at Oak Hammock Marsh, and how to blacksmith with Cloverdale Forge. In her latest episode, which launched last week, she spends time with Selkirk resident Marlena Muir learning about the importance of a traditional hand drum and how to play it.

"With the videos I am trying to do them with a range of people and different experiences," Muir said.

Muir started the project in September 2017 as her Independent Professional Project for the Creative Communications program at Red River College in Winnipeg.

"I just wanted to showcase what the Interlake has to offer. I wanted to share that with other people," she said. "I grew up in Selkirk, I grew up in the Interlake ... so really the project came from my love of the Interlake and the communities I grew up in and also to promote the Interlake to both people outside the Interlake as well as people who may not realize all the incredible things that we have to offer."

Muir added she plans to upload two more episodes before the end of March.

To check out episodes she's uploaded so far, visit the "How to Interlake" page on Facebook.



SUBMITTED PHOTO

Kit Muir, pictured right, spent some time with Selkirk resident Marlena Muir, pictured left, learning about the importance of a traditional hand drum and how to play it for an episode of her online video series, How to Interlake.

Selkirk homeless shelter forced to close due to lack of volunteers

By Justin Luschinski

Selkirk's only homeless shelter has been forced to shut its doors for good due to a lack of volunteers.

St. Francis Place Shelter has been closed since Jan. 1 due to a lack of volunteers and recently the board of directors for Our Daily Bread Soup Kitchen, which runs the shelter, made the decision to close it.

The shelter, which opened in 2014, has six beds and previously served as the emergency shelter for the city's homeless.

Rene Gauthier, Our Daily Bread Soup Kitchen chairperson, said it's a shame the shelter had to close.

"It's disheartening, most of the people who were still involved, they were there at the beginning," Gauthier said. "We've spent the last five years working at the shelter ... There were quite a few people who showed interest,

but we only got five volunteers out of the nine that we needed.

"I don't want to bring anyone's hopes up, and then we have to close again because of no volunteers."

Gauthier said that any funds raised for the shelter will go towards supporting the Our Daily Bread Soup Kitchen. Any clothing donations, such as the socks from the Socks for St.

Francis drive, will be distributed to local organizations. If they aren't able to donate all of the clothing, they will give it to an organization in Winnipeg.

Gauthier said the lack of volunteers could affect other organizations in Selkirk.

"We started with a team of 20, most of whom worked long hours outside of their own jobs. We had to close

due to lack of volunteers ... There are not enough volunteers out there, I think you'll see more charitable organizations close because there's not enough support."

According to Gauthier, the amount of homeless people who have used the shelter has gone down significantly over the last few years.

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WSP artist explores memory loss with new exhibit at Gwen Fox

By Lindsey Enns

A West St. Paul woman is hoping to raise awareness about Alzheimer's disease with her latest works of art.

Willy Carleton's art exhibition *Memory* runs until March 3 at the Gwen Fox Gallery and explores her own personal experiences with the disease, which several of her family members and friends have lived with.

"It's such a common thing now, it's far more common than people realize so that's kind of where the whole idea came from," Carleton said while sitting inside the Gwen Fox Gallery last Friday. "The whole show is about my own personal interactions and my memories of what all happened with people and things that my friends and I talked about."

Carleton said she hopes her art helps raise more awareness about the disease.

"I hope people become more sensitive to it because we're an aging population and there's more and more people who are experiencing this and families and caregivers have to look after them for a long time," she said.

Her latest show and the Gwen Fox's

first for 2018 includes fibre art and mixed media. She said the show includes about 16 pieces.

"I hope that people look at it and read the things that I wrote beside them and understand where the pieces are coming from," Carleton said. "I'm hoping that they get a better understanding of what's it like to both have Alzheimer's and to live with someone who has Alzheimer's. It's just so overwhelming for people."

"You're in a denial stage for a long period of time because you don't want to really believe that a person is going to lose all of their memory."

An opening reception for *Memory* will take place at the Gwen Fox Gallery on Sunday, Feb. 11 from 1 p.m. to 4 p.m.

Carleton said her advice for those with family members or friends living with Alzheimer's is to be patient and simply "to cherish the moments that are good because there are good moments."

"You have to kind of accept it and cherish what you can do and just keep going," she said. "Believe in what the person can do and accept that."



RECORD PHOTO BY LINDSEY ENNS

Willy Carleton of West St. Paul stands next to her piece entitled "Afternoon Tea" featured in her art exhibition *Memory* which is on display at the Gwen Fox Gallery until March 3.

Carleton also suggests reaching out to the Alzheimer Society of Manitoba for help.

To reach as many Manitobans in rural communities across the province as possible, the Alzheimer Society of Manitoba offers telehealth family education seminars for those experiencing dementia via video technology.

"Learning new skills helps caregivers and families adapt to the daily realities of living with and caring for a person with dementia," Norma

Kirkby, the society's program director, stated in a recent release. "We need to assist caregivers by providing them with education and information to help them through their caregiving journey."

Currently, more than 22,500 Manitobans have Alzheimer's disease or another form of dementia.

For more information about the Alzheimer Society of Manitoba, visit alzheimer.mb.ca or call 1-800-378-6699.

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Marking I Love to Read Month



SUBMITTED PHOTO

Ethan Eang and Nolan Ferguson, pictured left, from the Selkirk Steelers stopped by Selkirk's Aboriginal Head Start Program to read to students on Monday as part of I Love to Read Month. After the story was finished, they also smudged with the children. I Love to Read Month is an annual month-long celebration in February to encourage reading, writing and sharing in the joy of literacy.

Lego helping local students learn French

By Lindsey Enns

A group of Lego-loving École Bonaventure students are using the popular colourful building blocks to recreate the community of Selkirk while strengthening their French language skills.

"We call it makerspace and we try to engage students while doing something fun but learning French," said Martine Gagnon the school's librarian while working with students in grades four and five last Wednesday afternoon. "Usually everything is in French."

Students have been tasked with building and designing their own building or structure located in Selkirk and then the students are put into groups and have to combine their works on the school's Lego wall as well as inside their classroom.

"They're learning French and are learning how to solve problems, how to negotiate ... because doing an individual process it's really easy because you build what you want but they need to learn how ... to work together," Gagnon said.

Grade 5 student Jolie Hanslip worked alongside other students to recreate Selkirk's famous catfish out of yellow, green and white Lego pieces on the school's Lego wall. She said it was "really hard" to build.

"I wanted the tail to be bigger but we only had these blocks," Hanslip said



RECORD PHOTOS BY LINDSEY ENNS
Grade 4 student Monique Lacoursiere, pictured above, and other École Bonaventure students, pictured right, were busy recreating the community of Selkirk with Lego on the Lego wall at their school as part of their makerspace project last Wednesday.

while pointing to her masterpiece. "It's hard because there's no curved Lego bricks. It's just squares. It's like Minecraft in real life."

She added she's also learning a lot of French along the way.

"When we were making the plan I learnt what a fin was in French because around the plan we had to write what it was like the colours and everything so I learnt lots from this."

Grade 5 student Sophie Amirault chose to build the Highway 4 bridge to East Selkirk.

"It's more of a challenge than I thought it was going to be," Amirault said with a smile. "It's just kind of bigger and it's a big part of Selkirk."

Amirault said along with learning more words in French, students are also learning how to work together as a team.



really neat project."

Gagnon said they are hoping to finish their makerspace project before the end of March.

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Sometimes all you need is a jig

Welcome fellow fishers.

Once again last week I found myself standing outside a fishing shack in the drifting cold on the south Lake Winnipeg ice shouting back and forth with the habitants inside about their unusual fishing experiences. This time it was a portable one and the zipper door was frozen stuck. A voice from within belonging to Ken Prouty of Selkirk, who after introductions, shouted a story of a friend from Dauphin who told Ken when he was at the Dauphin Country Festival he was driving one of the singing stars around and during the course of their tour the star (who shall remain nameless) said he hadn't fished much and had never winter ice fished. Kens' friend who had an outrageous sense of humor told the singer that he would like to go ice fishing too but didn't know how to get the fur off winter fish! Sometime later when the singing star was back in the states, during an interview he was asked if he had done any winter fishing in Canada. The somewhat gullible star responded saying he hadn't because he didn't know how to "de-fur" winter fish. A crew member quickly sprang to his aid whispering he'd been fooled. Sometime later the driver in Dauphin got a call from the singer who told him he wanted to go fishing with him when he got up there for the next festival but that he should hang onto the side of the boat really tight when they were on the water because now he knew about "furry" winter fish! Standing outside Ken's tent I laughed as his partner Rita Caya inside the tent called out saying she also had a funny little story about her parents. Seems they loved fishing but her father would not bait his own hooks. Mom had to do it! Well, they were out on the water one time and Rita's mom caught a fish so big it broke her rod as it was torn from her hands to be lost in the water. Adapting to the situation, dad worked the one remaining rod and mom baited the hook as needed!



RECORD PHOTO

Slavi Kozyer, pictured left, alongside Vladimir Kukhnyak from Kazakhstan, now Canadians, pictured here with their catch of a nice mess of perch from Gull Lake.

On the way back to Selkirk I stopped at Gull Lake by Stead and met two guys, Vladimir Kukhnyak and Slavi Kozyer, who had immigrated from Kazakhstan, coming off the lake and were happy to show the nice mess of perch they had caught.

A couple of weeks ago I shared with you a meeting with a wonderful couple, Erika and Trevor Catchpole, in their ice shack on the Red by Lockport. If you remember Erika gave us that funny story of losing her watch at No Good Lake. What I couldn't pass on at the time was a fine story Trevor had, so here it is. Years ago he did some guiding in the summer at Budd's Gunisao Lake Lodge east of Norway House. Apparently one of the many American anglers who was about to come to the lodge went to his local fishing gear shop and bought just about every lure and other gear that could possibly be used including the biggest tackle box that was ever made. He stuffed his gear in it and got on the plane. It was a wonderful early morning as Trevor sat waiting in a boat by the camp pier for our American fishing brother. It was warm without a breath of wind, the sun was just coming up over the horizon and the only break in the silence

was the gentle sound of tiny water ripples lapping against the side of the boat. There came our American friend lumbering down the pier lugging his monster tackle box. Huffing and puffing he got the box into the boat, settled into a seat facing Trevor, opened his box and said, "Well, what kind of lures are we going to use for walleye today?" Trevor looked at him a little dumbfounded. He didn't want to hurt the guys' feelings so he went to his box of lures and pulled out a common jig. He held it out to him saying, "Down south you probably fish mostly for bass and you need a lot of different lures but up here, this is it, one jig and maybe some bait!" Our southern fishing friend was crestfallen; all these purchases were for nothing! He sat quietly for a moment then being the good sport he was he slowly closed his giant tackle box, heaved it up onto the pier and said, "Ok, let's do it your way!" Now, my friends join me in thanking Erika and Trevor for their stories and wishing them joy in their relationship because you see, Erika found Trevor on the computer when looking for a fishing partner and boy did that work out! Till next time, bye for now.



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Housing strategy leaves rural residents out in the cold, local MP says

By Justin Luschinski

A local Conservative MP believes the Liberal government's \$40-billion national housing strategy will hurt rural Manitobans.

The new housing strategy, which was launched in November 2017, aims to repair and upgrade social housing in Canada, providing low-income housing and payment assistance to poor families across Canada. But some MPs feel that the plan will only benefit cities like Toronto, and not rural communities like the Interlake.

Selkirk-Interlake-Eastman MP James Bezan says the new strategy only benefits urban cities like Winnipeg, and will leave rural communities out in the cold.

"The problem is that the new housing strategy is very urban centric, in Manitoba, only Winnipeg would benefit from it," Bezan said. "Those cities



JAMES BEZAN

own a lot of their housing stock, they are a priority for the investment ... they have disadvantaged millennials and first time home buyers, they've committed millennials to having to live with their parents, or having to rent

rather than own."

Bezan said the new strategy was meant to cool off the housing markets in cities like Vancouver and Toronto. But the new rules involve potential home buyers dealing with a "stress test," a new minimum qualifying rate, which affects uninsured mortgages. According to him, this has made housing unaffordable for first time home buyers and in rural communities.

Manitoba Families Minister Scott Fielding says they are consulting with Manitobans and are working towards a housing strategy that benefits everyone.

"Our provincial strategy will outline provincial initiatives in response

to current challenges and opportunities, inform effective housing policy and program design, and support improved outcomes for low- to moderate-income households, including those in rural communities," Fielding said in an emailed statement to the Record. "Manitoba officials continue to work with the federal government to determine how the National Housing Strategy and Provincial Housing Strategy can complement each other and achieve the greatest impact."

Fielding said the federal government has a number of commitments for various programs, including plans to build and renovate housing in both rural and urban communities.

Lockport School winter band concert a hit



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Local students got a chance to showcase their skills during the Lockport School winter band concert last Wednesday evening.

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Fire hall expansion plans include indoor training area, classroom

By Lindsey Enns

Selkirk's \$3.98 million fire hall expansion will make way for a year-round indoor training area, a classroom, office space and truck bay for a much needed ladder truck.

Selkirk Fire Chief Craig Fiebelkorn says the expansion is not only necessary, but it will also add to the revital-

ization of downtown.

"It's time to get into this century and we're happy that the city's committed to it and it's going to be a really, really good building," Fiebelkorn said. "The city's looking forward to that redevelopment of the downtown area ... and what better way to do it than to build a new fire hall."

Fiebelkorn along with other members of the Selkirk Fire Department and City of Selkirk administrators unveiled more details about the fire hall expansion to interested community members inside council chambers last Wednesday evening.

The fire hall expansion includes the construction of a three-storey building,

which will be attached to the west side of the current fire hall located along Eaton Avenue. The new building will include a truck bay for a ladder truck and improve the function and update the existing building with the addition of showers, lockers and changing rooms. It will also include a year-round, indoor training suite, a training room, administrative offices and will be the new home to the city's Emergency Operations Centre (EOC).

"I'm proud of my guys and they deserve a nice facility to work out of, train out of, relax in when the time allows," Fiebelkorn said. "To give them the ability to train all year round is super important for any fire department and again we

love having other departments come train with us as well so that's super important the whole district."

The city plans to host a public hearing for the fire hall expansion on Feb. 12, will put out a tender for the project in April with plans to start construction in May and complete by August 2019.

The project's cost includes \$3,658,570 for construction costs, \$272,000 for the detailed design and \$46,335 for the building permit for a grand total of \$3,976,905.

When it comes to funding for the project, the city plans to borrow \$3,171,011 while the remaining \$805,894 will be coming from the city's fire hall expansion reserve, which council set up in 2013. The borrowing term will be for 20 years at an estimated interest rate of 6.020 per cent requiring annual debt payments of \$276,912, according to the city.

In regards to the impact on tax payers, the city says when it comes to a residential property valued at \$100,000, an estimated \$20.93 local improvement tax will be levied annually for 20 years. Previously the fire hall expansion reserve contribution tax levy was \$21.31 annually, which will be removed upon completion of the project.

Fiebelkorn said last year the Selkirk Fire Department celebrated 120 years in business and now "it's time to take the next step and move to where we should be."

"Part of this project is a renovation as well," he said. "In our lounge, training room now, they're going to put shower facilities, a locker room and a fitness centre."

They will also be installing four gender-neutral shower facilities.

"That's all part of the project so we're looking very forward to that right now," he said. "We don't have showers right now."

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Winter storm forces LSSD to cancel bus rides home for students

By Lindsey Enns

Strong winds and blowing snow forced the Lord Selkirk School Division (LSSD) and Sunrise School Division to cancel bus rides home for students last Tuesday afternoon.

The LSSD said parents were notified of the change and that students would need to be picked up via an automated message around 3 p.m.

LSSD Supt. Michele Polinuk said parents would have been notified a little sooner but their automated message provider was experiencing technical difficulties.

"We were setting it up a little differently than we do in the mornings

because we were including emergency contacts ... and email messages because we wanted to make sure parents were getting the message," Polinuk explained during an interview with the *Record* last week. "That took a little longer than it would normally."

Polinuk said to her knowledge this is the first time the LSSD was forced to cancel their busses that late in the afternoon due to weather conditions.

"It was due to the visibility, the drifts on the road, the ice ... there was another school division that did run their buses and three of them ended up in the ditch," she said. "The most important thing is keeping our students safe

so for the inconvenience that it may have caused, there were no students that were unsafe because of being on a bus and going in a ditch or getting hit on the road so that's what it comes down to for us."

She added most students were picked up by 4:30 p.m. last Tuesday.

"The schools stayed open until every kid was picked up," she said. "It is an inconvenience but we have to just keep the safety of the students in

mind.

"This decision is never made lightly."

The LSSD serves students in communities spread over an area of 1,760 square kilometres and stretches along both sides of the Red River, from the southern suburban communities of Lockport and St. Andrew's, through the farming areas of Clandeboye, Petersfield and Libau, to the lakeshore communities of Grand Marais and Victoria Beach on Lake Winnipeg.

LSSD staff learn about mental health



RECORD PHOTO BY LINDSEY ENNS

While students had the day off school last Friday, hundreds of Lord Selkirk School Division staff members were busy learning about mental health at the Comp. The professional development day included a student panel and video, a keynote address from Mitch Bourbonniere, pictured above, as well as 14 breakout sessions covering a wide range of topics pertaining to mental health such as addiction issues and response strategies for youth, Indigenous self-esteem and mental health activities, self-care and healthy coping as well as supporting students with mental health issues and those who have experienced trauma to name a few.

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The Selkirk Record

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Mondays at 4 p.m.

Office Hours: Monday-Friday 9:30-5:00



Grant helps Eagle Garden take flight



SUBMITTED PHOTO

In the fall, Walter Whyte School was gifted a \$10,000 grant from the Selkirk and District Community Foundation (SDCF) for its outdoor classroom. The Eagle Garden is the name of the Grand Marais school's outdoor classroom and the grant also allowed the school to hire local artist and parent Rick Howard to create eagle carvings for the entrance of the space, situated amongst the beautiful trees outside the school. The deadline to apply for grants through the SDCF's Community Grant and Western Canada Games Legacy Fund granting programs is Feb. 28. For more information, contact the foundation by calling 204-785-9755 or email selkirkfoundation@shaw.ca. You can also download an application at sdcf.ca.

Manitoba snowmobilers mark National Snowmobiling Environment Month

Staff

Snoman (Snowmobilers of Manitoba) Inc. and the Canadian Council of Snowmobile Organizations (CCSO) are reminding riders to keep nature beautiful during National Snowmobiling Environment Month this February.

Through the Snowmobile Responsibly campaign introduced by CCSO, Snoman encourages everyone to take personal responsibility for their decisions and actions on the snow this winter.

"Every day, riders make many important, snowmobile-related deci-

sions that can impact their personal well being, that of others and of the natural setting in which they ride," said Yvonne Rideout, executive director, Snoman. "Decisions should be based on obeying applicable laws and rules, using good common sense, riding with care and control, and making smart choices."

Some of the key messages touted by snowmobile organizations are respect sensitive areas, stay on the trail, no trespassing on private property, protect wildlife, embrace new technologies, maintain your sled and leave tracks, not trash.

High Speed Crow expands to Garson, Tyndall and Brokenhead Ojibway Nation

Staff

High Speed Crow is pleased to announce its spring 2018 expansion into Garson, Tyndall and into Scantbury for Brokenhead Ojibway Nation.

The community of Garson, located in eastern Manitoba, has long sought reliable, cost effective and enhanced broadband internet service. High Speed Crow will offer Fiber to The Home (FTTH) to serve growing populations in the community and to community organizations and local business.

"The local urban

district of Garson and Tyndall is excited to learn that High Speed Crow will install Fiber Optics within our local community," said Sue Sutherland, CAO, RM of Brokenhead. "We believe that fiber connectivity will offer a wider variety of communication options for our residents and provide a much more reliable service."

Since 2007, High Speed Crow has provided fixed wireless broadband to Brokenhead Ojibway Nation, and deployed the first Fiber to the Home services for a Manitoba First Nation in 2015.



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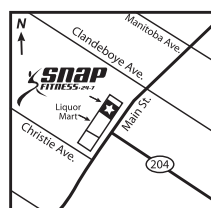
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- Wavers (Scantbury)
- Sherwood Groceries (Gull Lake/Stead)

For Info Call: 204-641-6110 or 204-641-2210

Community members help launch seniors council

By Justin Luschinski

The Kildonan-St. Paul Seniors Council held their first meeting in West St. Paul last Thursday.

The council, initiated by Liberal MP MaryAnn Mihychuk (Kildonan-St. Paul), was created to listen to the concerns of St. Paul and Kildonan's aging population.

The council will host six town hall meetings, and use public input to help create a document that will be read by the prime minister.

Mihychuk says the council is an opportunity for seniors to be empowered and to raise seniors' issues to a national level.

"In my riding, I have a large number of seniors who are roughly in the middle class," she said. "Their circumstances are precarious, they are often using over 50 to 75 per cent of their income for housing ... They're living on the edge, the amount they get for income support does not cover their costs."

"I thought that there was a real opportunity for them to become empowered voters."



RECORD PHOTO BY JUSTIN LUSCHINSKI
The Kildonan-St. Paul Seniors Council held their first meeting at West St. Paul School last Thursday. The council, initiated by Liberal MP MaryAnn Mihychuk, was created to listen to the concerns of St. Paul and Kildonan's aging population.

Mihychuk is providing the administrative support, such as a clerk and a professional note-taker, for their meetings. The administrative staff picked 12 council members, volunteers from the community, to decide on how

the hearings will be conducted. The council decided that they would hold six town hall meetings, three on each side of the river. The dates and times of these meetings have yet to be announced.

Melody Bodnarchuk, co-chair of the seniors council, said it's very important that they give a voice to seniors.

"I'm very excited about this opportunity. (West St. Paul) has an aging demographic, and if we don't pay attention to them, we're going to get caught with some big issues down the line," Bodnarchuk said during the council's first meeting at West St. Paul School last Thursday evening. "We want to hear from (seniors), we want to hear about what problems they face."

"When we announce the (town hall dates), please come out, because now's the time we can make a difference."

The council is hoping to compile their final report by May 15.

For more information about the Kildonan-St. Paul Seniors Council, call 204-984-6322 or email MaryAnn.Mihychuk@parl.gc.ca.

Aurora Recovery Centre nurse sheds light on life after rehab

By Justin Luschinski

There are hundreds of stories about seeking help for an addiction. But what happens after you rehabilitate?

A recent blog entry posted to the Aurora Recovery Centre's website helps highlight the challenges that come after conquering an addiction. The post, entitled "Life After Rehab" written by LeAnne Price, who works as a nurse in the centre's detoxification management unit, talks about how her and her family continue to deal with their rehabilitation.

Price said that her addictions continue to affect her family, but she's proud of her daughter for tackling the problem head on.

"I found myself sober with a life I knew very little about. My children were five, six, and 11 years old at the time, and I was determined that they would not be naive to the cunning, baffling world of addiction," Price writes. "I took my children to the AA meetings that I attended regularly — after all, they had been with me during the "bad" years of my addiction, so they should also see how to find help and recover."

"Who knew at that time I would sit beside one of my children on their path to recovery 17 years later."

Price goes on to discuss how she's proud of her child for going into rehab, and regards it as a brave decision. According to her, it's tough to ad-

mit when someone has a problem like that, and that "the bottom line is that recovery isn't easy."

Ian Rabb, the director of business operations at Aurora Recovery Centre, says the important step to rehabilitation is creating a strong support structure.

"When you go into treatment, you think it's about relieving yourself of your drug or alcohol problem. But in reality, the drinking was hiding a problem you've had your whole life," Rabb said. "You need a strong support structure, part of the treatment is the aftercare. Become active with the recovery community ... I talk about addictions as 'soul cancer,' and you have to work to help those feelings go away."

Rabb has been sober for 16 years and says that all he does is "I wake up sober, and I go to sleep sober every day." He said that drug addiction is a daily fight, and it takes a lot of soul searching and personality fixing to get over.

Aurora Recovery Centre is a privately run 24/7 facility which offers individualized treatment based on a 12-step program for alcohol and drug abuse, depression, anxiety, eating disorders as well as gambling and sex addiction.

Along with offering various services including one-on-one counselling, the centre is also home to a medical detox program.

For more information about the centre, visit aurorarecoverycentre.com.

Manitoba Youth Job Centres

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Get the details

Visit manitoba.ca/myjc



Apply by February 28th!

Manitoba 

St. Andrews Rectory hosts reconciliation round table

By Justin Luschinski

The St. Andrews Rectory held its first roundtable discussion about reconciliation last week.

The historic site brought in Sylvia Dreaver, from the Mistawasis First Nation and an Indigenous program guide for the Canadian Museum of Human Rights, last Monday evening to host a discussion on Indigenous reconciliation and how it revolves around St. Andrews.

Dreaver says it's important to discuss the complicated history of colonialism.

"I felt that especially in a rural community, this is important, because in these pocket communities, people don't necessarily get to the museums or the metropolitan area ... people need to remain open to learning," she said. "You can't just say 'oh it doesn't affect me,' you need to listen and learn."

"This conversation is not going to end anytime soon."

The discussion started off with each person talking about what they think reconciliation looks like. Then the discussion revolved around an essay entitled "Reconciliation in the Context of a Settler Society: Healing the Legacy of Colonialism in Canada." This es-



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Sylvia Dreaver, from the Mistawasis First Nation and an Indigenous program guide for the Canadian Museum of Human Rights, pictured far right, leads a round table discussion about Indigenous reconciliation at the St. Andrews Rectory last Monday evening.

say detailed some functions and outcomes of the Truth and Reconciliation Commission, such as having Canadian society formally acknowledge and understand the past abuses towards Indigenous peoples.

Gail McDonald, the tourism manager for Interlake Tourism Association, said she hopes more Canadians will take the time to understand the complicated history of colonialism in Manitoba.

"My best friend was Métis ... it wasn't until we were adults until we

talked about what happened to her in high school, how she went to different classes, was treated terribly. She'd been dealing with this her whole life, and we need to consider how everyone feels about (reconciliation)," McDonald said. "Whenever I tell someone about this, it's all about the money, they don't look at it as a healing or a spiritual thing."

The essay talks about how the phrase "forgive and forget" is often used to talk about reconciliation and colonialism. Instead, forgive and forget is not

good enough, and we should not remember, justify, and repeat the abuse. The essay goes on to say, "true reconciliation is to remember and change" and that it's important for people to understand that the perception of Indigenous citizens needs to change.

"When you put a face to all of these stories, this isn't just something we read about, these are people's lives," Dreaver said. "We need to find a way for Indigenous people to succeed and live in Canadian society," Dreaver said.

Who's Got the **Coollest Shack?**

Week Two Winner

The **"Volcano"** Shack

Congratulations!
This Shack of the Week has won a Tim Horton's Prize Pack.

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Stay tuned for your chance to vote for your favourite shack.

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The Selkirk Record

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TRI-S United Soccer 2018 OUTDOOR REGISTRATION

The TRI-S Soccer Club is taking registration from **February 11th to February 27th** for players born in 2003 to 2010 for teams that will play in the Winnipeg Youth Soccer Association League. Premier Evaluations (U13 & up) will take place February 25th at the Skylight Complex in Birds Hill from 3:00 to 5:00PM.

* We will not be fielding teams in the WYSA recreational league this season. Please sign up in your area for the recreation program when the House league registration starts (Usually in March)

All players from the Interlake region, including East and West St. Paul must play and register at www.trissoccer.com. If you wish to play for a team in Winnipeg, you must apply for an Out of Region transfer by February 21st through the Manitoba Soccer Association.

* Evaluations may follow for registered players based on registration numbers and teams being formed. For more registration info please go to www.trissoccer.com Please direct all questions to info@trissoccer.com

get inspired

> MEAL IDEAS

THE
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AT SELKIRK



Cocoa-Kissed Red Velvet Pancakes

maple syrup, for garnish (optional)
fresh berries, for garnish (optional)
In large bowl, combine flour, sugar, baking cocoa, baking powder, baking soda and salt; stir well.

In separate large bowl, whisk together egg, buttermilk, unsalted butter, vanilla extract and food coloring. Add to flour mixture; stir to combine. Allow mixture to sit 5 minutes.

Heat nonstick skillet or griddle over medium heat. Brush with oil or butter. Add about 1/4 cup batter to skillet. Cook about 2 minutes, or until bubbles start to form on top. Flip and cook 1-2 minutes, or until bottom is lightly browned. Serve immediately with butter, powdered sugar, syrup and berries, if desired.

Tip: If using pancake or cookie cutters, be sure to coat with oil so pancakes don't stick. Place cutters in skillet and pour batter into cutters. Remove cutters before flipping.

Recipe courtesy of Nestlé
Servings: 10 pancakes
1 cup all-purpose flour
1/4 cup granulated sugar
3 tablespoons Nestlé Toll House Baking Cocoa
1 teaspoon baking powder
1/2 teaspoon baking soda
1/2 teaspoon salt
1 large egg
1 cup reduced-fat buttermilk or low-fat milk
2 tablespoons unsalted butter, melted
1 1/2 teaspoons vanilla extract
1 teaspoon red food coloring
heart-shaped pancake cutters or cookie cutters (optional)
butter, for garnish (optional)
powdered sugar, for garnish (optional)

Stackable Ombre Heart Cookies



Each stacked cookie serves 1.
Favorite roll-out cookie recipe
Royal icing (recipe on wilton.com)
Rose Icing Color
Heart Micro Mini Icing Decorations

Prepare and roll out cookie dough following recipe directions. Use 3 smallest cutters from 4-piece heart nesting cookie cutter set to cut out shapes. Bake and cool cookies.

Divide royal icing into three equal portions, and tint 3 shades of rose. Thin a portion of each shade following recipe

directions. Use tip 3 and full-strength tinted icing to outline cookies. Use thinned tinted icing in cut decorating bag to fill in cookies; gently tap to smooth icing. Let dry overnight. Use icing to attach cookies, stacking largest to smallest; place icing decoration on top.

Scalloped Heart Cookies



Each cookie serves 1.
Favorite roll-out cookie recipe
Ready-To-Use White Creamy Decorator Icing

Icing Colors: Burgundy, Red-Red and Christmas Red

Prepare and roll out dough following recipe directions. Use largest cutter from the 4-piece heart nesting cookie cutter set to cut out shape. Bake and cool cookies.

Divide icing into four equal portions. Tint one of each portion light burgundy, dark burgundy and combination of red-red/

Christmas red. Reserve last portion white. Starting from top edge of heart, use tip 102 and icing in dark burgundy, light burgundy, red and white to pipe V-shaped groups of two petals, one piped from left and one from right, to create row of petals in alternating colors. Repeat with second row between petals in first row. Continue to repeat pattern until cookies are covered.



There is a pervasive force in the minds of many that strongly influences what they say and what they do. It is a powerful, controlling influence that limits their freedom to be who they truly are. If it sounds like a form of brainwashing, it just might be. I am referring to the incredible power of "what people will think." It starts very early. Even a child in kindergarten or grade one will not wear certain clothes if he thinks the other kids won't approve.

They learn early not to put up their hand in class unless they're sure they have the right answer. Nobody wants to be wrong. What we fail to teach and model in our society is that just because our point of view may be different, that doesn't mean we are wrong. With such a strong emphasis on being "right", conforming, doing, being and saying all the "right" things, it is difficult for individualism to thrive. Yet within each one of us is that core of inner wisdom, and there are times when we think differently inside than what we express outside, particularly when the prevailing opinion is contrary to our own.

If a group of women is gossiping about one who is not there, and you feel uncomfortable, it is not the easiest thing to say, "I don't feel comfortable with this discussion, let's not talk about her behind her back." And how many times have you accepted a social invitation when you really didn't want to go, because of your concern about how it might look?

While we can generally express anger or disappointment with close family members, many people bury these feelings rather than sharing them with

Taking Risks Key to Free Expression

a friend or colleague, out of fear about what the other will think of them. Peer pressure is not just for teenagers. While many young people are much braver about expressing contrary opinions, often they conform just as much when they are "within" their own group. Even in the most off-the-wall non-conformist groups, there is an internal pressure to conform, if only to bizarreness.

The only way that we can free ourselves from these invisible walls that restrain our free expression is to begin taking risks. Begin to trust that each one of us has a unique perspective on life, and it is only through sharing them that we all can get a sense of the big picture. Your inner voice may be asking you to express something that may be a catalyst for positive change and growth within your social group. That's what evolution is about, and that's what we're here to do.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.



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SUNDAY NIGHT BINGO
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\$1581+ BONANZA In 52 Numbers 19

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100 Sutherland Ave., Selkirk, MB

Time 7:00pm

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WINE FEATURED BY BANVILLE & JONES

Light Snacks Served

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Jones defeats Einarson to win Scotties Tournament of Hearts

By Brian Bowman

Kerri Einarson came one win away from winning a Scotties Tournament of Hearts championship.

Einarson's wildcard team, which curls out of East St. Paul, was defeated 8-6 by Manitoba's Jennifer Jones in the final Sunday in Penticton, B.C.

It was Jones' sixth Scotties' title.

"It stung a lot," said Beausejour's Selena Kaatz, who plays third on Einarson's rink, Monday evening. "Getting that far and losing that final game always hurts. We had a really good week and to come one game short really hurts."

Einarson led 4-2 after five ends but Jones scored a pair in the sixth. Einarson added singles in the seventh and nine ends while Jones scored a pair in the eighth and 10th end.

"I was trying to leave her a tough shot (in the 10th end but) she didn't have to throw her last one which sucks because I really wanted to make her throw her last (shot)," said Einarson on the Curling Canada website.

"I didn't really have much of a shot to hide around."

Jones will now represent Canada at the 2018 Ford World Women's Curling Championship in North Bay, Ont. from March 17-25.

Einarson, whose rink also includes second Liz Fyfe and lead Kristin MacCuish, won a wildcard game against Chelsey Carey of Calgary to get the

16th and final spot in the Scotties.

"After we won the wildcard game, I think we got a lot of confidence," Kaatz said. "We knew that if we played to our potential, we could do really well throughout the week. We knew that we could get to the final and when it became a reality, it was pretty cool."

Einarson carried the momentum from that victory to finish atop the championship pool standings with a 9-2 record. One of those wins was a 9-4 decision over Jones. It was Einarson's first victory over Jones in 18 meetings.

"It was really good (to beat her) and we played a really good game," Kaatz recalled. "We came out on top so that was really nice. To finally get that win against her (was great) because we haven't had any good luck against them the last few times that we've played."

"To break the curse was good for our confidence."

Einarson and her rink quickly became a fan favourite at the Scotties.

"That was probably the coolest experience I have ever been a part of," Kaatz said. "The (crowd) was amazing all week, they were so supportive. There were posters and signs (encouraging) us. It was really fun and something that I have never experienced before."

Einarson also enjoyed the tremendous support from the crowd.



RECORD PHOTO COURTESY OF CURL CANADA

Kerri Einarson's rink quickly became a fan favourite at the Scotties after winning the wildcard game.

"When they were cheering for us it just gave us so much more energy to keep going," Einarson said. "That's truly awesome. I really appreciate the fan support. It gives you goosebumps every time they cheer for you."

"We played well. We had a few shots we'd like to take back here, but that's OK. I'm really proud of my team and

myself for doing so well this week."

Jones defeated Einarson 9-7 in the Page Playoff 1-2 game to advance directly to the final. Einarson, meanwhile, outscored Nova Scotia's Mary-Anne Arsenault 12-9 in a wild semifinal Sunday morning to advance to the championship game.



Tournament champions

RECORD PHOTO SUBMITTED

The Selkirk Royals captured the tournament title in Gimli last weekend after defeating the host Lakers in the championship game. Selkirk reached the final after beating Helen Betty Osborne (76-17) and the Niverville Panthers (53-36).

sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Carruthers defeats McEwen in Viterra championship final

By Ashleigh Viveiros

The 2018 Viterra Provincial Men's Curling Championship ended with a clash of the titans.

The top-seeded Mike McEwen and Reid Carruthers faced off at the finals in Winkler Sunday afternoon.

After falling to McEwen in the championship game the past two years running, Team Carruthers pulled off a 7-6 win to earn a seat at the Brier next month.

"I was trying not to get too excited about playing in the final and the thoughts of getting to go to Regina and getting back to the Brier," said Carruthers after the game. "But I guess after two years of McEwen winning and beating us and deserving to go, it was one of things where we had to work a little bit harder and it tastes a little bit sweeter after not going for a few years."

Sweet as well, perhaps, was getting the chance to beat McEwen himself, as he unexpectedly returned to the ice to throw third stones for the final game after being hospitalized for most of the tournament with a nasty case of chicken pox.

"Seeing Mike out here today I was almost speechless and at the same time we had mentioned in the meeting that we might see him," said Carruthers, whose team had been flawless with six wins heading into the final. Team McEwen, meanwhile, skipped by third B.J. Neufeld for much of the week, had conceded to Carruthers 7-3 in the 1-2 qualifier before beating out Team J.T. Ryan 6-2 to earn the right to defend the title.

"I had texted [McEwen] this morning and got one line back," Carruthers said. "We normally text a lot, so it made me wonder: does that mean this guy is getting suited up?"

"Sure enough. It shows a lot about his character, his courage to put himself out there after not playing and leaving it all on the line," he said. "It



Reid Carruthers releases a rock during the Viterra championship final Sunday afternoon in Winkler.

put the pressure almost a little bit more back on us because now we've got to play against the No. 1 team in Canada with their skipper back."

Still, it was clear Team McEwen weren't quite at their best.

"You could kind of tell that if Mike was feeling normal they would have put a lot more pressure on us," Carruthers said. "He played really, really well considering the circumstances he was put in."

The match saw McEwen battle back from Carruthers' lead of 6-3 after seven to make it 6-6 heading into the final end.

There, Carruthers used his last rock to get the winning point.

Carruthers alongside Braeden Moskowsky, Derek Samagalski, and Colin Hodgson will represent Manitoba at the Brier March 3-11 in Regina.

McEwen, Neufeld, and teammates Dennie Neufeld and Matt Wozniak still have a chance to make it to the Brier if they win the event's wildcard play-in game March 2.



RECORD PHOTOS BY RICK HIEBERT

The 2018 Viterra Provincial Men's Curling champions, left to right, Reid Carruthers, Braeden Moskowsky, Derek Samagalski and Colin Hodgson.



That would suit Carruthers just fine. "There's a very, very solid chance," he said. "If that's the case, there's go-

ing to be two Manitoba teams just like there was at the Scotties, and that's pretty cool."

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers crown Kings with strong third period

By Brian Bowman

Nico Labossiere has played a lot of good games for the Selkirk Steelers this season.

But his performance against the Dauphin Kings on Saturday night was arguably his best.

Labossiere scored three goals and added two assists to lead Selkirk to a solid 5-3 road win over the Dauphin Kings in Manitoba Junior Hockey League action.

It was Labossiere's second hat trick in the past six games.

"He's been good for us for the last little while," said Steelers' head coach Dustin Hughes. "He's really picked up his game, starting a couple of weeks ago."

Connor Barley was also very good, snapping an eight-game goalless streak with two goals and an assist while his younger brother, Carter, had

three assists.

"(Connor) played well and he had a decent game against Portage as well, which was good," Hughes noted. "There's no question that he was struggling for a lengthy period of time but he kind of goes in waves and hopefully he's going in the wave the right direction moving forward and into the playoffs."

The line of Labossiere and the two Barley brothers was outstanding in the win and are expected to stay together, said Hughes.

Three of Selkirk's goals came during a nine-minute stretch in the third period. It was nice to see the Steelers finish a road game with a strong performance.

Dauphin's Wilson Northey, Matt Bartel and Mason Fischer scored on Steelers' goalie Zachary Bennett. Selkirk outshot Dauphin 48-29.

The Steelers started the weekend with a 6-2 loss to the Terriers in Portage la Prairie. Portage outshot Selkirk by a 44-15 margin as Brock Aiken needed to make just 13 saves for the win.

"They definitely outchanced us and outplayed us but I don't think the shots were as drastic as the score clock said they were," Hughes said. "That happens from time to time, depending on the rink that you're in."

The two teams were tied at 2-2 late in the second before Portage's Jeremy Leipsic scored the eventual game winner at 16:57.

The goal came just 18 seconds after Labossiere had tied the score.

The Terriers then put the game out of reach with third-period goals by Ty Barnstable, Turner Ripplinger and Ty Enns.

Selkirk had a good start to the game

as Bronson Kelly scored his first goal of the season just 3:21 into the contest.

But Portage's Nick Doyle tied the score just over four minutes later and then Ryan Sokoloski tallied early in the second period.

With the split last weekend, Selkirk now has a 25-19-3-1 record and 54 points to sit in sixth place.

Selkirk hosted the Virden Oil Capitals this past Tuesday (no score was available) and then will have the Swan Valley Stampede come here this Friday.

Selkirk will then be in Virden on Saturday. Both games start at 7:30 p.m.

Meanwhile, the Steelers' game against the Portage Terriers on Jan. 30 that was postponed due to inclement weather will now be played on Feb. 27 in Selkirk.

Fishermen sweep pair of weekend games

By Brian Bowman

The Norway House North Stars gave the Selkirk Fishermen a pretty good battle on Saturday night.

But Selkirk still managed to win the game, defeating the North Stars 5-2 in Keystone Junior Hockey League action.

After a scoreless first period, Selkirk took over the game with second-period goals from Dane Derewianchuk (shorthand), Coel Forsyth and Mackenzie Playford.

Norway House's Albert Berard cut into that lead with a power-play goal in the third but Selkirk sealed the win with goals later in the period by Damien Catcheway and Talon Kelly.

Dylan Painchaud-Niemi had two assists in the game while Austin DeBoer

made 30 saves for his 12th win of the season.

On Friday evening, Riley Bannerman made 38 saves as Selkirk blanked the Ice Dawgs 2-0 in Arborg.

Selkirk took a 1-0 first-period lead as Chad King scored on an assist from Josh Poponick.

Derewianchuk then added an unassisted goal in the second period.

Selkirk peppered Arborg goalie Joey Fratantonio with 56 shots, including 25 in the second period.

With the two-game sweep last weekend, Selkirk maintains its position atop the KJHL standings. The Fishermen now have 53 points, which is ahead of OCN (50) and Peguis (47).

Selkirk will host the North Winnipeg Satellites this Saturday (7:30 p.m.) and

then will visit the St. Malo Warriors on Feb. 16.

The Fishermen will wrap up their

regular-season schedule on Feb. 18 when they host North Winnipeg.

Manitoba Hockey Standings

MANITOBA JUNIOR HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Steinbach Pistons	49	39	8	1	80	244	106
Virden Oil Capitals	50	33	15	2	68	215	153
Portage Terriers	48	31	13	1	66	196	129
OCN Blizzard	48	26	16	5	58	169	150
Winkler Flyers	49	29	20	0	58	162	133
Selkirk Steelers	48	25	19	3	54	162	166
Winnipeg Blues	48	23	19	4	52	171	180
Swan Valley Stampede	46	21	20	5	47	145	155
Neepawa Natives	49	21	25	2	45	173	199
Dauphin Kings	49	12	35	1	26	119	223
Waywayseccappo Wolverines	50	7	39	3	18	116	278
KEYSTONE HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Central Division							
Peguis Juniors	30	23	3	1	47	208	93
Arborg Ice Dawgs	28	17	7	4	38	128	93
Fisher River Hawks	29	3	24	2	8	76	240
North Division							
OCN Storm	30	24	3	2	50	252	113
Cross Lake Islanders	28	10	17	1	21	175	170
Norway House North Stars	31	5	25	1	11	105	316
South Division							
Selkirk Fishermen	31	25	3	3	53	149	79
Lundar Falcons	30	14	12	4	32	131	124
St. Malo Warriors	29	13	12	4	30	118	100
North Winnipeg Satellites	30	14	15	1	29	120	134
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Raiders Jr. Hockey Club	37	29	3	5	63	151	71
Charleswood Hawks	36	26	7	3	55	104	67
Transcona Railer Express	37	25	8	4	54	151	99
Stonewall Jets	37	20	15	2	42	122	111
St. James Canucks	36	18	14	4	40	122	104
St. Vital Victorias	38	18	19	1	37	132	155
Ft. Garry/Ft. Rouge Twins	36	17	17	2	36	112	98
St. Boniface Riels	39	16	20	3	35	122	141
Pembina Valley Twisters	36	13	19	4	30	139	158
River East Royal Knights	36	2	33	1	5	52	203
AAA MIDGET HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Wild	41	35	4	1	72	261	89
Brandon	42	35	5	0	72	222	102
Bruins	41	28	10	2	59	175	121
Eastman	42	24	14	2	52	172	141
Thrashers	42	24	17	1	49	161	164
Yellowhead	41	22	17	2	46	143	122
Pembina Valley	41	21	16	2	46	161	156
Southwest	41	21	19	1	43	138	135

Central Plains	40	16	18	2	38	157	167
Parkland	41	15	23	1	33	133	183
Kenora	41	14	23	0	32	132	162
Interlake	40	9	28	2	21	96	204
Norman	41	3	37	0	7	110	315
AAA CITY MIDGET HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Monarchs	30	26	2	0	54	198	63
Selects	30	21	7	0	44	159	100
Hawks	29	20	8	0	41	149	84
Warriors	30	13	17	0	26	111	134
Sharks	29	8	18	1	19	69	123
Lightning	30	0	29	0	0	134	216
AAA BANTAM HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Sharks	31	25	3	0	53	169	64
Monarchs	32	25	5	1	52	164	81
Hawks	31	23	8	0	46	214	87
Selects	30	21	8	0	43	144	72
Lightning	32	8	24	0	16	97	182
Warriors	31	4	26	0	9	75	183
MANITOBA HIGH SCHOOL HOCKEY	GP	W	L	OTL	PTS	GF	GA
Platinum Promotions Division							
St. Paul's 1	22	20	0	1	63	111	29
Sturgeon Heights	23	16	6	0	50	126	73
Lord Selkirk	22	14	4	1	48	103	58
Transcona	22	13	8	0	40	83	59
College Gabrielle-Roy	22	12	8	1	39	84	84
River East	22	12	8	2	38	80	77
Springfield	22	10	9	2	33	89	82
Dakota	23	7	9	3	30	73	86
Garden City	22	6	10	1	29	77	84
Oak Park	22	8	11	1	29	58	70
Vincent Massey	22	6	12	1	25	64	77
SJR	23	5	15	0	21	68	116
Miles Macdonell	23	5	16	0	17	53	98
Kelvin	22	1	19	1	3	63	112
WINNIPEG WOMEN'S HIGH SCHOOL HOCKEY	GP	W	L	OTL	PTS	GF	GA
CTV Division							
St. Mary's Flames	20	19	1	0	38	93	31
Dakota Lancers	22	15	3	3	35	87	53
Selkirk Royals	22	14	4	2	33	81	52
CJS Olympians	22	13	5	1	32	63	40
Oak Park Raiders	20	6	8	0	23	50	53
CSHC Huskies	20	8	7	1	23	52	48
VMC Trojans	20	9	9	1	21	71	51
PCI Saints	21	7	10	0	21	47	48
River East Kodiaks	21	6	14	0	14	37	66
Kelvin Clippers	22	4	15	2	12	49	91
Miles Mac Buckeyes	21	4	15	1	10	41	82
FRC Centurions	21	2	16	1	8	27	83

*STATS AS OF TUESDAY, FEBRUARY 6

Next Home Games
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Sat. Feb. 10 7:30pm
vs North Winnipeg Satellites
Sun. Feb. 18 5:00pm
vs North Winnipeg Satellites

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Meet the Fishermen

#22 Talon Kelly, Forward

Selkirk third at Piper Classic Tournament of Champions

By Brian Bowman

The Selkirk Royals boys' hockey team won the third-place game on the championship side of the Piper Classic Tournament of Champions after blasting the Oak Park Raiders 6-0 on Saturday.

"They came out to play," said Royals' head coach Brad Hrymak. "I'm happy with the boys and we had no major injuries. With the tournament being so close to the playoffs, you just hope that nobody gets hurt."

The Royals were relegated to the third-place game after losing 3-2 in overtime to the Fort Frances Muskies earlier in the day.

Fort Frances scored the game winner just eight seconds into OT.

"They were a physical team," Hrymak noted. "There was a lot of hitting but we matched up well with them. It was a back-and-forth game."

The loss was a controversial one, though, as Selkirk's Travis Spratt appeared to score a goal that sailed through the meshing of the net.

The officials, however, ruled no goal on the play.

"That was a tough loss," Hrymak said. "It was really too bad that we lost that game but we told the kids that in your mind, 'You won that game.'"

Selkirk started the tournament with

pool wins over College Jeanne Sauve (2-1) and Queen Elizabeth (3-2).

The Royals will resume league play this week with a pair of key games. Selkirk played Dakota on Wednesday and then will battle Springfield Friday (4 p.m.) in Oakbank.

If the Royals win out this week, they will finish the regular season in second place and would receive a bye in the first round of the playoffs.

Meanwhile, the Royals wrapped up their Winnipeg Women's High School Hockey League regular season with a 3-0 win over the Fort Richmond Centurions last Thursday.

Selkirk scored three third-period goals, including two on the power play.

The Royals' Rayley Goetz and Jana King scored with the man advantage and then Amy Carter added an even-strength goal with 3:15 remaining in the third.

With the victory, Selkirk finished its regular season with 33 points. That puts the Royals in third place in the CTV Division standings, behind only the St. Mary's Flames and Dakota Lancers.

The WWHSHL regular season ends today and the playoffs are expected to begin next week.



RECORD PHOTO BY PARKER RICHMOND

The Royals' Jordan Simko (10) and Brett McLaren (14) battle for the puck during Selkirk's 2-1 win against College Jeanne Sauve on Feb. 1.

Royals place third at home basketball tournament

By Brian Bowman

With the KPAC playoffs nearing, the Selkirk Royals are doing what every coach wants to see.

They keep getting better and better each week.

The Royals played some real good basketball last weekend as they finished third at their varsity boys' home tournament.

Selkirk soundly defeated the Springfield Sabres 88-53 in the third-place game. All 10 Royals' players contributed points in the lopsided victory.

"We were pretty good," said Royals' head coach Dean Goodbrandson. "But I thought our best game was our first game when we beat MBCI."

"But our level of play definitely went up at this tournament."

Selkirk's Carl LeBlanc had a game-high 25 points while Alex Unrau poured in 18. Drake Ballantyne had 13 points.

The Royals also had some nice production from their bench in terms of secondary scoring.

"People are starting to figure out

their roles and starting to work together," Goodbrandson said. "And that represents itself in the success that we've been having."

Selkirk started the tournament with a solid 83-62 win over MBCI. Matt Fey led the Royals in scoring with 18 points while LeBlanc had 16 and Ballantyne chipped in with 10.

Rory Doak and Jordan Ewert each added nine points.

The Royals then lost 77-64 to the Steinbach Regional Sabres.

Unrau paced Selkirk with 16 points while Ballantyne had 11.

Steinbach later won the tournament after defeating the Shaftesbury Titans 95-72 in the championship game.

Selkirk resumed KPAC Tier 2 play last night against the West Kildonan Wolverines. The Royals were 4-1 in their league heading into that game against the 3-1 Wolverines.

Selkirk will then battle first-place Transcona on Feb. 14, at the Comp and then will visit West Kildonan Feb. 21.

The KPAC playoffs begin Feb. 26 with quarter-final games.



RECORD PHOTO BY LANA MEIER

The Royals' Carl LeBlanc (10) sails through the air during tournament action against the MBCI Hawks.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Boch a Manitoba Softball Hall of Fame inductee

By Brian Bowman

Eight individuals – including St. Andrews' Dave Boch – and two teams will be inducted into the Manitoba Softball Hall of Fame on May 5.

The group of inductees includes six athletes, two all-around individuals, and two teams.

The athletes include Peguis' Edgar Stevenson, Ed Gilroy, Ashley Lanz, Jill Mathez, Jim Pomeroy and Gregg Waldvogel.

The teams inducted are the Gladstone Whips (1997-2001) and Mariapolis Blues (1976-78).

Boch will be inducted in the all-around category along with Reice Pelletier.

Boch is proud to be included in this year's inductees.

"When you play ball all of your life and you put a lot into it, it's nice to be rewarded at the end," Boch said recently.

Boch thought he might get the call into the Manitoba softball hall of fame. Gladwyn Scott nominated him for the prestigious honour.

"I thought my chances were pretty good because I'm getting in the all-around category," he said. "The all-around category, in my case, involves playing for a lot of years and playing on some good teams and having some good personal stats.

"I won some individual trophies and I coached for quite a few years and having success with the teams that I coached."

Boch, born in Selkirk, has enjoyed a lengthy – and very successful career – in Manitoba softball as both a player and coach.

In the fastpitch category, Boch has competed at two Senior "A" National Championships and seven Western Canadian Championships. He has also coached at three national championships.

But the highlight of his career had nothing to do with what transpired on

the ball field.

"I guess the biggest highlight was all of the friends that I made along the way playing ball," he said. "And going to places that I would never go to if it weren't for westerns or nationals. The competition and camaraderie (was special) and so was talking to players from other teams."

As a player, Boch was known for his slick defensive abilities and his high on-base percentage and batting average.

Between 1964 and 2002, he played second base for a number of fastball teams, including the Selkirk Mariners, Westminster, K-Tel, Saint Anne Saints, Selkirk Teachers, Lockport Red Devils, Manitoba Masters and Band of Brothers.

He was the top hitter at the 1976 Manitoba Senior "B" Provincials, batting .529. In 1990, he finished third in hitting with a .437 batting average at the Masters Invitational Tournament in Comox, B.C.

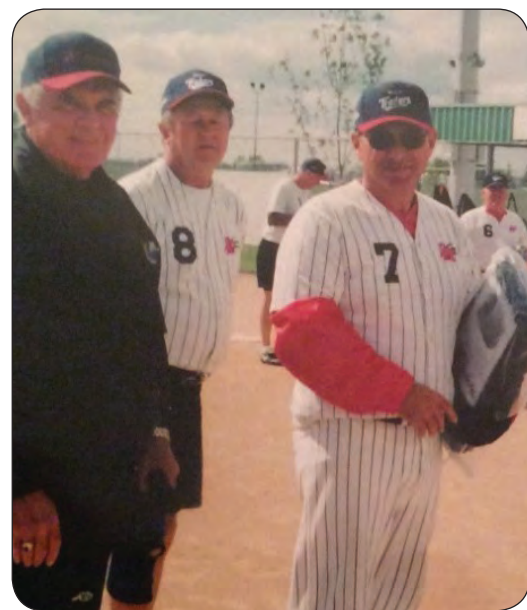
Boch noted that the best pitcher he ever faced was the legendary Gene McWillie, a hard-thrower from Saskatoon that often represented Canada on an international stage.

"In his prime, in a blink of an eye you weren't going to hit the ball," Boch said. "You basically had to guess but I did have one game at the Masters level where I got two hits against him. I was quite proud of that accomplishment."

In the latter part of his career, Boch was a member of many teams that represented Manitoba with the Masters fastpitch team that won two gold, a silver, and a bronze medal.

Over the years, he has also been a regular on many of the slo-pitch teams that competed at the provincial level and, at times, represented the province nationally and internationally.

Boch was an integral part of the team that won gold at the World Slo-Pitch



RECORD PHOTOS SUBMITTED

St. Andrews' Dave Boch is one of eight being inducted into the Manitoba Softball Hall of Fame on May 5.

Championships in Winnipeg in 2004 after defeating a team from Atlanta twice on the final day of the tournament.

Boch has also had a tremendous amount of success as a coach.

Between 1981 and 1992, Boch coached a girls' fastball team, the St. Andrews Acettes. During that time, the Acettes were perennial-league champs while participating in five provincials (winning three gold and one silver medal).

In 1989, Boch was presented the Interlake Coach of the Year award.

He spent three more years coaching female fastball at the Midget "A" level (Bonivital in 1993 and Manitoba Mag-ic in 1994).

Boch also coached men's teams.

As a player/assistant coach with the 1997 Penguins, he helped the team, which was composed mainly of Bantam and Midget aged players, win gold at an Intermediate Provincial in Beausejour.

The 1998 Penguins, a Midget "A" team, competing in the Winnipeg Men's League, compiled a 12-4 record and went on to represent Manitoba at

the nationals in Stitsville, Ontario.

The 1999 Penguins won all but one of their games in Flin Flon and were Midget "B" Western Canadian Champions.

The last three years of Boch's playing and coaching days were with the Lockport Red Devils. The 2000 team won the Intermediate "B" Provincials and the 2002 Red Devils won the Winnipeg Men's Fastball League.

The Manitoba Softball Hall of Fame & Museum, Inc. recognizes individuals, teams and organizations for outstanding achievement in softball and/or for contributions to the sport of softball.

Arnold Asham, Cliff Bishop, Don Campbell, Fred Ham, Jim Nay, Nelson Phillips and Smitty Smith served on the committee.

The 17th-annual induction banquet will be held at the Keystone Centre (UTC Pavilion, 1175 18th Street) in Brandon.

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We thank all candidates, however only those selected for an interview will be contacted.



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RURAL MUNICIPALITY OF WEST ST. PAUL

PUBLIC NOTICE

In accordance with Section 194 of *The Municipal Act*, the financial report of the auditor together with the related Financial Statements for the year ended December 31, 2016, have been deposited in the office of the Chief Administrative Officer at the Municipal Hall, 3550 Main Street, West St. Paul, Manitoba and are available for inspection during regular business hours.

Dated this 8th day of February, 2018.

Brent Olynyk, MPA, ISM
Chief Administrative Officer
RM of West St. Paul
www.weststpaul.com

TENDER DOCUMENT FOR RURAL MUNICIPALITY OF ST. CLEMENTS

INVITATION TO TENDER

2018 GRAVELING SUPPLY AND HAULING

The Rural Municipality of St. Clements is accepting Request for Quotation for the hauling of gravel to be deposited on Municipal roads throughout the RM of St. Clements, as per marked map in the appendix. The material to be applied in one main haul during the period of approximately May 15th, 2018, till completed.

Tender Close: 9:00 am local time, on Friday, February 23, 2018

The Rural Municipality of St. Clements invites quotations on the following:

Supply and Haul gravel to various locations - approx. 41,000 tonnes

Detailed RFQ packages complete with specifications are available to interested bidders at the Public Works Office, between the hours of 8:00 am to 3:30 pm, Monday to Friday. You can call 204-482-4539 ext. 1 to register and have the package sent to you or get from the RM of St. Clements Website www.rmofstclements.com. Any questions or concerns can be directed to:

Greg Elson, C.E.T.
Manager of Public Works
155 CIL Road (highway 509)
East Selkirk, MB
www.rmofstclements.com
Phone: 482-4539



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RURAL MUNICIPALITY OF ST. CLEMENTS EMPLOYMENT OPPORTUNITY

Permanent Disposal Site Employee - Libau Landfill Scale Operator

Working at the landfill site, and landfill building. Disposal Site employee will work with the Scale software, provide service to landfill customers, conduct maintenance, cleaning and light manual labour work, will handle cash, manage invoicing, billing and provide a range of general office duties and outdoor duties. Need computer knowledge and of MS Word and MS Excel.

Details of this position and application instructions can be found on our website www.rmofstclements.com under Employment Opportunities

Applications will be accepted until 3:00 P.M., February 23, 2018.

We thank all candidates for their interest, however, only those candidates selected for interviews will be contacted.

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Colorado Blue Spruce: \$0.99/each for a box of 180 (\$178.20). Also full range of tree, shrub, and berry seedlings. Free shipping most of Canada. Growth guarantee. 1-866-873-3846 or TreeTime.ca.

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UPCOMING EVENTS

Grand Marais Recreation Association Winter Family Fun Day is fast approaching. This event will be held Feb 17, 2018. We'll be having a Pancake Breakfast, Silent Auction, Tobogganing, Children Activities, Crib Tournament, Sponge Hockey and outdoor activities. Info. call Penny 204-481-3726.

NOTICE

ARE YOU OR DO YOU KNOW SOMEONE WHO HAS BEEN A MEMBER OF THE SELKIRK JUDO CLUB? PLEASE CONTACT BRIAN JONES at 204-782-9785 or selkirkjudoclub@shaw.ca

HEATH

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HAY FOR SALE

Small square prime Alfalfa June Courtney grass, small square prime Alfalfa and small square Oat straw. Leave message. Call 204-482-5101.

Topigs Norsvin is hiring for Delta Canada

Positions: Research and Development Manager
Farms Manager
Genetic Supervisor
Swine Supervisors
Swine Technicians

Location: Woodlands, Manitoba

Topigs Norsvin is constructing Delta II, a new high tech genetic nucleus facility in Manitoba, Canada that will drive genetic progress in global selection lines. High precision technologies such as CT scanning, camera technology and automatic feed intake recording equipment are used to select the best individual animals. We are looking for applicants who together with the global GN team have the ambition to set the standard in our world leading genetic program.

Position Summaries

The Delta II Research and Development Manager is accountable for the genetic and production performance of Delta II, with health, genetic progress and product quality being the key drivers. Effective management will be achieved through leadership and strong communication between all departments as well as great collaboration and coordination with other members of the Topigs Norsvin Canada team and departments within Topigs Norsvin worldwide. Key responsibilities; managing a team across multiple locations, production and quality control, research and development activities, HR and administrative management. Qualifications; post-secondary degree (M.Sc. or Ph.D.) in Genetics, Agriculture or Business.

The Delta II Farms Manager is accountable for the production and performance of the Delta II facilities, with health, genetic progress and product quality being the key drivers. Effective management will be achieved through daily supervision and production oversight with strong communication between all departments. Key responsibilities; managing a team across multiple departments, production and quality control, HR and administrative management. Qualifications; degree or diploma in Agriculture or Business.

The Genetic Supervisor is part of the Topigs Norsvin team carrying out day to day activities within the GN barn. Effective results will be achieved through daily supervision and production oversight with strong communication between all departments. Key responsibilities; animal health and welfare, daily data collection and evaluation, implementing protocols, selection of breeding stock, health and safety and biosecurity. Qualifications; post-secondary degree (M.Sc. or Ph.D.) in Genetics or Agriculture.

The Delta II Swine Supervisor is part of the Topigs Norsvin team carrying out day to day activities within the Delta barn. Effective results will be achieved through daily supervision and production oversight with strong communication between all departments. Key responsibilities; animal health and welfare, daily data collection, implementing protocols, selection of breeding stock, health and safety and biosecurity. Qualifications; degree or diploma in Agriculture.

The Delta II Swine Technician is part of the Topigs Norsvin team carrying out day to day activities within the Delta barn. Key responsibilities; animal health and welfare, daily data collection, health and safety and biosecurity. Qualifications; degree or diploma in Agriculture.

Working conditions

Hands-on positions. May require evening/weekend work and travel. Physical: some hands on physical barn work. Mental: strong ability to balance multiple priorities.

Salary and Benefits

Salary: depending on experience plus annual bonus. Benefits: comprehensive benefits package including health and dental and registered pension plan (50% employer:50% employee).

If you want to be part of a progressive, world leader in swine genetics please email your resume to: mike.shaw@topignorsvin.ca, highlighting which position you are applying for. For further information please see; www.topignorsvin.com/careers

Closing date for application: 20th February 2018



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ANNOUNCEMENT

IN MEMORIAM



Ed Hykawy

May 6, 1946 – February 10, 2016

In loving memory of our dear Husband, Father and Grandfather Ed, I was supposed to spend The rest of my life with you... And then I realized, You spent the rest of your life with me. I smile because I know you loved me Til the day you went to drive your special Cadillac in Heaven and will keep loving me Til the day we're together again.

-Love you always, Bev

Dad,
I know you still hear us Dad,
So please know this is true;
That everything we are today,
Is all because of you.

-Miss you and love you,
Michael, Darren and Sierra

ANNOUNCEMENT

IN MEMORIAM



Isabel Praznik

March 24, 1931 – February 1, 2014

You are the heart of our family
And family will always be the greatest gift.
Love you... Miss you

ANNOUNCEMENT

IN MEMORIAM



Jean Chartier

December 9, 1935 – February 5, 2017

For all that life has given us,
And all that's left to do;
We know no greater treasure,
Than the life we had with you.

-Remembered and loved,
Gary and Cindy

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26 Creekside, Selkirk - Built in 2013,
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suite features a balcony. Quick possession
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RIVERFRONT BUILDING LOT
80 Daken Rd, St. Clements -
1.9 acres, great location! **\$199,900**

BUILDING LOT 3 Houghton BAY Road,
Petersfield - private beach/boat
launch access! **\$42,500**

743 Eaton Ave. Selkirk - Fenced yard,
functioning well, solid home!
\$199,900

16 ACRES - Kreamer Rd (Road 93),
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through the property. **\$85,000**

4 ACRES 72171 Cowan Place, St. Clements
- Affordable building lot, convenient
location! **\$99,900**

OTHER LOTS, NEW PRICES!
13 Rowley Pl. St. Clements - 4 acres,
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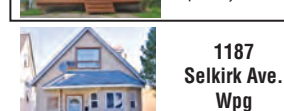
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cultivated) \$202,000
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**1187
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Wpg
\$149,500**



29 Steven Ave E. \$169,900

**804 Manitoba
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12 Van Mol Rd \$57,500



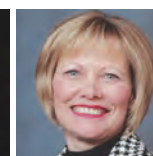
11 Louise St. \$141,500



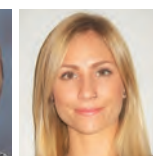
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Announcements

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OBITUARY



Nicholas Fewchuk
February 18, 1925 – January 29, 2018

Peacefully on Monday, January 29, 2018 at Red River Place Personal Care Home, Nicholas (Nixon) Fewchuk passed away at the age of 92.

Nick leaves to mourn his loving wife Martha; son Neil (Gail); son-in-law Gerald (Debbie); grandchildren Kyle (Lisa) and Justin (Stephanie); great-grandchildren Hailee and Leeah. Dad also leaves to mourn his in-laws, nieces, nephews and many dear friends.

Nick was predeceased by his parents Peter and Polly Fewchuk; son Garry; daughter Goldie and three brothers, John, Bill and Mike.

Nick was a life time member of the Royal Canadian Legion and served for our country in WWII, when he returned he married Martha in 1954, they were married for 62 loving years. Hard working

and setting a great example for his family, Nick worked at the Selkirk Rolling Mills for 38 years, retiring in 1980.

Nick loved to listen to old time music and dance, he looked forward to Saturday Nights Polka Party. Special thanks to Dr. Lindenschmidt Sr. and the staff at Red River Place Personal Care Home for the loving care dad received during his 2 ½ year stay. Thank you also to the staff at Gilbert Funeral Home for their care and guidance.

Celebration of life will be held Monday, February 5, 2018 at 1:00 p.m. in the Gilbert Funeral Chapel, 309 Eveline Street, Selkirk, MB.

In lieu of flowers a donation may be made to The Lockport Community Church - 6989 Henderson Hwy, Lockport, MB R1A 1A1 or a charity of one's choice.

Condolences, photos and videos may be posted on Nick's tribute wall at www.gilbertfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY

Clara Jean Wiens
January 8, 1937 – February 1, 2018

Jean Wiens passed away peacefully on February 1, 2018 with her faithful and loving daughter, Cori, at her side.

Jean is survived by Cori (Robert); granddaughter Lisa (Terrence); grandson Scott; and great-grandson Michael.

Jean was predeceased by her husband, Otto Wiens; parents Thomas and Dolly Linklater; her brother Harris; sister-in-law Sarah; and brother Thomas.

Jean grew up on the family farm in Cloverdale, Manitoba and attended school there. In 1958 she married Otto Jacob Wiens and they resided in Winnipeg. After the birth of their only child Cori, Jean attended the University of Manitoba, where she studied Fine Arts. She also worked part-time at Sears in the cosmetic department.

Jean was a very active lady who enjoyed a wide range of activities and hobbies, including gemology, graphology, travel, and golf. Jean was an avid gardener who loved to spend time in her back yard tending to her plants and flowers.

Jean loved art, and was an active member of the Arts Community in Manitoba. A prolific and accomplished artist in her own right, Jean won a number of awards, including The Manitoba Society of Artists Annual Open Juried Art Exhibition Award.

Above all, Jean loved her family and friends, and was a dedicated mother, grandmother, great-grandmother, and loyal and devoted friend to those who knew her.

Special thanks to the staff at St. Boniface Hospital 6th Floor East wing for all of their kindness and care, and to family friend Gerri Grant and her son, Austin, for their love and support over the years.

Jean's Celebration of Life will be held on Friday, February 9th at 2:00 p.m. in the Gilbert Funeral Chapel, 309 Eveline Street, Selkirk, Manitoba with a luncheon to follow. Private family interment will take place at a later date.



Condolences, photos and videos may be posted on Jean's tribute wall at www.gilbertfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



take a break > GAMES

SUDOKU

				5		2	3	
								4
		7		2		1		
		2				9		
	3			1			6	
	9			6		8		2
	7		4		5		9	
		4			1		2	
		8		3	6			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	7	4	9	8	2	8	1	6
8	2	9	1	6	7	4	9	8
1	6	8	9	8	7	9	7	2
2	9	8	7	9	8	1	6	7
7	9	7	2	1	6	9	8	8
8	1	6	8	7	9	2	9	7
6	8	1	8	2	9	7	4	9
9	7	9	6	7	8	8	2	1
7	8	2	4	9	1	6	8	9

Sudoku Answer

E	T	V	S		S	E	T	B	V	S	
S	I	W	V		I	N	V	O	N	E	J
N	V	E	B		V	I		E	O	N	R
S	I	N	E	B	V	O	N	V	B	O	O
I	N	I	W	E	O	R	V	E	J	R	I
O	E	O	V		O	V	R	d		d	V
H	E	S	N	B	V		O	V	E	J	R
E	I	E	R	V		O	L	O	H	d	
I	S	O	O		O	V	d		I	S	V
H	O	N		S	J	V	O		O	E	I
O	d		N	O	I	L	O		O	S	E
V	I	B	O	O		O	d		I	V	H
A	R	V	N	E	I	N	E	O		N	O
	V	O	d	V	W	R	V		I	R	V

Crossword Answer

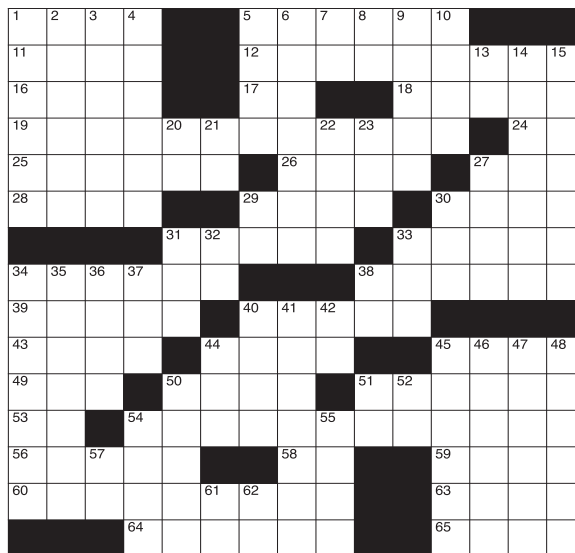
CLUES ACROSS

- Elaborate silk garment
- Fleet
- Egyptian deity
- Hundredth anniversary
- Chew the fat
- Doctor of Medicine
- Large, edible game fish
- Revitalization
- Personal computer
- Unfettered
- Clumsy persons
- Japanese classical theater
- Part of a ship
- Rate of movement
- How much
- Image taken with a camera
- Sharp mountain ridge
- Czech capital
- One who treats poorly
- By right
- Relating to odors
- As soon as possible
- Israeli Olympic swimmer
- Scored perfectly
- Financial ratio (abbr.)
- Unpleasant emotion
- Sign of the zodiac
- Promotional material
- Your parents' parents
- Monetary unit
- Farm state
- One of Hollywood's Bridges brothers
- Not the plaintiff
- "Night Train" novelist
- Martens valued for their fur
- Discount

CLUES DOWN

- Bone in the lower back
- Goddess of wisdom
- Comedic honors
- A way to grasp
- Apex
- British soldier

CROSSWORD



- Manganese
- Indicates position
- Decompressions in scuba diving (abbr.)
- Soon
- Blood type
- Clever reply
- One who travels by luxurious boat
- Once more
- Rural delivery
- Mexican dish
- Nigerian City
- Is not (Span.)
- Italy's longest river
- Grand __, vintage
- Monetary unit
- The man
- Basics
- Poster
- Small remains

- Gelatinous substance
- A narrow opening
- Artificial intelligence
- Algerian coastal city
- Canned fish
- Milligram
- Carrot's partner
- Single-celled animals
- Movie theater
- Necessitate
- A state of not being used
- Small folds of tissue
- Gallium
- Trauma center
- Commands to go faster
- New England's football team
- Pianoforte
- Unit of loudness
- Atomic number 13

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