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Vandals target **Red River ice** fishing shacks

By Dave Baxter

When Scott Peluk is driving down to his ice fishing shack he wants to be looking forward to a long day of fishing, not worrying about whether or not his shack has been vandalized.

Peluk, who lives in Beausejour, has a shack set up by the Float Plane Base in Selkirk, and although his shack has not been vandalized, he said he has recently heard of countless other shacks in the area that have.

"I first heard about it because people were talking about it on an ice fishing page on Facebook," Peluk said, while fishing in his shack last Friday morning. "A couple people checked it out and thankfully mine was OK, but other ones have broken windows, broken locks and doors ripped open."

Peluk said he is bothered by what has happened to others and is now constantly worrying about whether or not his shack will be targeted next.

"Now we wonder if we should move the shack," he said. "It just makes you think a bit more, and that's not why we come down here.

"Now when you come down you wonder if anything has been broken or smashed, so it's always on your mind."

were close to the shore.



RECORD PHOTO BY DAVE BAXTER

Peluk said most shacks that have been vandalized Beausejour man Scott Peluk, seen standing in front of his ice fishing shack on the Red River last Continued on page 7 week, is frustrated by recent instances of vandalism to ice fishing shacks around Selkirk.

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Health, wellness centre set to open in Selkirk

By Dave Baxter

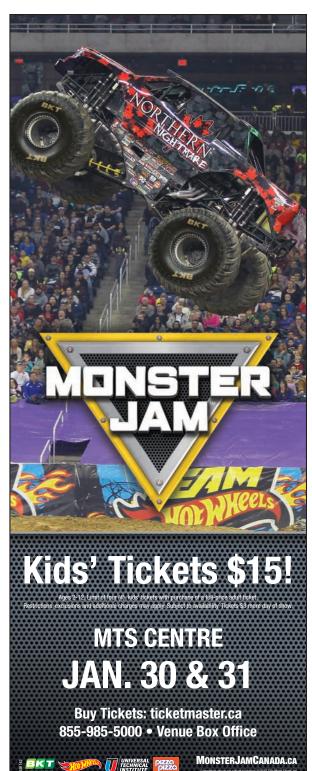
Plans are in motion for Selkirk's business park to welcome a new health and wellness centre in the spring of 2017.

The city announced on Monday that on Dec. 21 they sold the first three lots in Phase 1 of the Selkirk Business Park to local developer Herbsman Inc.

The three lots are located across Easton Drive from the new hospital that is currently under construction, and adjacent to Selkirk Veterinary Services.

The city said Herbsman Inc. has a multi-phase plan to build the Easton Place Medical Centre on 16.49-acres of land.

The first phase of the centre will feature a medical clinic that will be able



to accommodate several physicians including family doctors, visiting specialists and other professionals such as dentists, orthodontists, audiologists and associated services.

"We're really excited about the sale," Selkirk Mayor Larry Johannson said in a release. "When we signed the deal it was really monumental. It was a real step moving forward in this process.

"This is a huge project for us."

Neil Winther, a spokesman for Herbsman Inc., said that Selkirk was a logical choice for the health and wellness centre since the city and surrounding areas are home to more than 100,000 people.

"The medical clinic will be a stateof-the-art facility that will attract a

variety of medical professionals," Winther said. Phase 2 of the Easton Place Medical Centre will feature a wellness centre



SUBMITTED PHOTO

An artist's rendering shows what Selkirk's new Easton Place Medical Centre could look like. The new centre is being built in Selkirk's Business Park with the first phase set to open in spring 2017.

and construction will begin following the opening of Phase 1, according to the city.

Amenities in the wellness centre will be determined through a public consultation process.

Selkirk's CAO Duane Nicol said the new centre will fall in line with the city's strategic plan.

"This project is lock-step with our strategic vision for the city," Nicol said. "Selkirk is a regional service hub and with this project as well as our new hospital, we continue to expand the medical services we offer to our region."

St. Andrews

RM to review Pruden Ave. sewage project

By Dave Baxter

St. Andrews will review their plans for a new sewer system on Pruden Avenue after residents raised concerns over how they plan to charge community members for the system.

During last Tuesday's council meeting, the municipality agreed to have new CAO Andrew Weremy do a review of the Pruden Avenue sewer project and report back to council with his findings and recommendations.

The Pruden Ave. sewer system currently in the works in St. Andrews will see a sewer line run down Pruden Avenue and the municipality's plan is to charge homeowners per metre based on their frontage, meaning some residents will pay more than others for the same service.

According to a bylaw the cost to each property owner is \$444.82 per metre of frontage.

Although he is not directly affected, St. Andrews resident Tom Watson spoke at last Tuesday's meeting and asked council to reconsider how they will charge people for the Pruden Avenue sewer project.

"It's the precedent they will set by this that I am worried about," Watson said after his presentation to council. "I live in one of the zones that is going to get sewer eventually.

"I think this is the municipality's first attempt at installing sewer. It's a small project and we are concerned that there is eventually a whole lot more sewer to do, and concerned about how it is going to be charged out."

Watson ran for a seat on city council in 2014, and although he was not elected he said he talked with countless people about sewer, and said most people just"want fairness."

"When I campaigned I talked about sewer a lot, and people wanted to have fair cost for sewer, and everyone I talked to agreed that a by-the-lot system was the way to go."

Even most residents with small frontages that would pay less on a per-metre basis would like to see a per-lot charge because they want it to be fair, Watson said.

"I spoke with people on quar-

ter lots with very small frontage, but the people were saying 'although it would be good for me it's not fair.'"

Charging by frontage could be a financial issue for some, but also cause problems in St. Andrews neighbourhoods, Watson said.

"If everyone knows they are paying the same as their neighbour than there is no fighting, and you aren't pitting neighbour against neighbour," he said.

St. Andrews Mayor George Pike said concerns from residents are the reason the plan will be reviewed.

"Public opinions and concerns we have had from all areas of the municipality has us now looking at reviewing what went on," Pike said.

Pike said he believes most community members want sewer in St. Andrews to be charged per lot.

"We had open houses and 99 out of 100 said per lot."

Pike didn't give a timeline on when they expect Weremy to present his findings.

Aboriginal high school dropout rate on the rise

Only 55% have graduated since 2010, report shows

By Austin Grabish

The number of aboriginal high school dropouts is back on the rise in Manitoba.

Manitoba auditor general Norm Ricard says since 2010, only 55 per cent of aboriginal students have finished high school – a two per cent decrease since the province first started tracking grad numbers in 2010.

The numbers paint a grim picture of the widening gap between aboriginal and non-aboriginal students, and were released in a 50-page report by Ricard last Friday.

His report shows that while aboriginal dropout rates continue to soar, 96 per cent of non-aboriginal students are graduating high school.

But the auditor's report may just be scratching the surface because it only includes the number of students that have self-identified as aboriginal.

"There's many students who do not self-identify because they see no purpose in it," said Jacquie Bercier, a teacher with the Comp's Aboriginal Student Centre.

Ricard's report found the province's department of education didn't have any specific short or long-term targets for improving aboriginal education.

"Given (the) government's longstanding commitment to improve aboriginal student outcomes, it is concerning," Ricard said.

The audit also found there were few resources in place to assist students transferring from reserve to the public school system.

"The reason that students dropout is because they don't have the connection to somebody or they don't have a



JACQUIE BERCIER

connection to a group of people," Bercier said.

Almost half of the student population at the Comp is made up of aboriginal students, Bercier said.

Aboriginal students come from First Nations across the province including Brokenhead, Little Grand Rapids, and Shamattawa. But their transition from reserve to the city and a big high school is often difficult.

That's the reason why the Promoting Aboriginal Student Success (PASS) committee was started in 2000.

The PASS committee showcases aboriginal student achievement through an annual graduation ceremony and is made up of educators and community members.

Aboriginal students transitioning from their reserve to the Comp are also able to learn traditional teachings one-on-one at the Aboriginal Student Centre, which acts as their "home base" from Grade 10 to graduation, Bercier said.

"What they really need is an emotional and cultural tie to who they are," she said. "Once students have that connection it makes the world of difference.

"I see it. I live it every day with these kids."

There is no high school on Brokenhead Ojibway Nation, but Chief Jim Bear said resources are lacking for students in K-9.

He said inadequate resources on

the reserve's lone school has lead to a revolving door of teachers over the years.

"We can only be classified as a training ground," Bear said, adding he wasn't surprised to hear dropout rates are on the rise. "It has to do with both intergeneration impacts of residential school as well as the adoptions."

Education and Advanced Learning Minister James Allum said while he takes no solace in the auditor's report, Manitoba's dropout problem could be worse, noting the province has higher aboriginal grad rates than both Alberta and Saskatchewan.

"This is a national problem not just a Manitoba issue," Allum said.

Allum said the province will "embrace" all 19 recommendations made by Ricard.

He pointed to the province's Jan. 6 promise to give \$1 million in funding to help students who are transitioning from reserve to a public school.

"We've earmarked specific resources to ease that transition and to ensure that those students get the supports they need when they enter the provincial education system."





Residents explore options for Manitoba Ave. at open house

By Dave Baxter

The City of Selkirk wants to make changes to improve Manitoba Avenue and they want community members to help them create a plan.

The city held an open house last Tuesday at the Gaynor Family Regional Library to show some ideas for proposed changes to Manitoba Avenue West and to get input from residents about what changes and improvements they would like to see.

Dan McDermid, the city's director of operations, said the city is working with the province and consultant MMM Group Limited to develop plans for Manitoba Avenue, a roadway both levels of government share responsibility for.

"This open house is to help build that plan," McDermid said.

Safety, traffic flow and providing more safer active transportation options are what the city hopes to achieve through a long-term plan to improve Manitoba Avenue, McDermid said.

One Selkirk resident at the open house who said he lives on Purvis

Boulevard, but did not want to give his name, said he believes Manitoba Avenue needs to be widened into four lanes because drivers often wait a long time to get onto the street.

McDermid said widening Manitoba Avenue is an idea being considered.

"There is potential to twin," McDermid said. "There is potential for four lanes and two lanes in each direction, and there is potential for three lanes with one in each direction and a turning lane.

"There are many potentials."

Selkirk city councillor John Buffie said people getting on and off of Manitoba Avenue is something that must be improved.

"People getting from one end to the other is not the concern," Buffie said.

"It's the access. It's getting on and off. "And we need to look at the residents on Manitoba Avenue because it is difficult and can be dangerous for them to try to back out of their own driveways."

Buffie said an increase in retail stores at the end of Manitoba Avenue is a big reason the street must be improved.



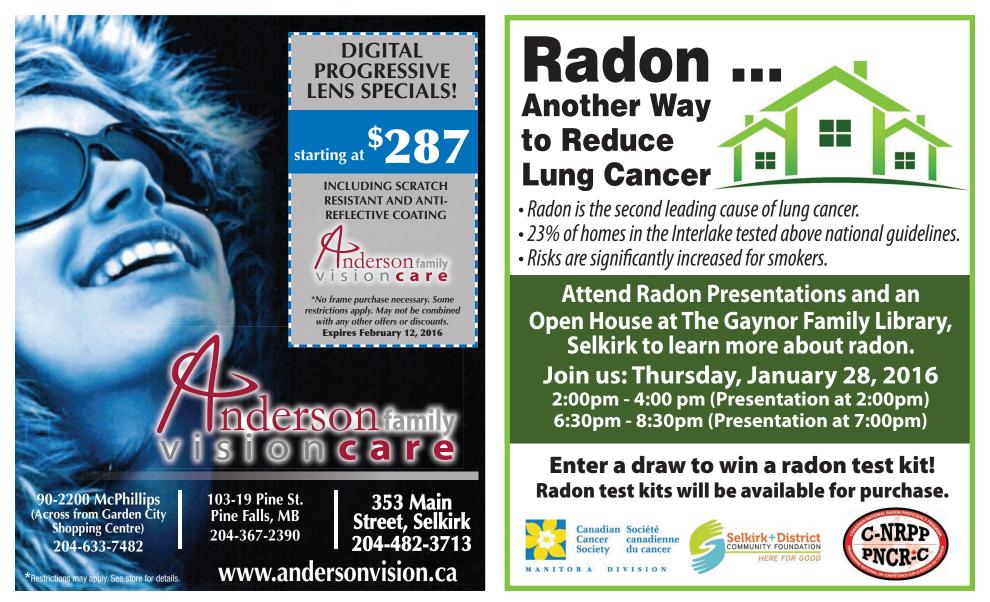
RECORD PHOTO BY DAVE BAXTER

Former Selkirk city councillor Pat Pruden, pictured right, discusses some possible changes to Manitoba Avenue with Selkirk resident Pat Sawyer at an open house held in Selkirk last Tuesday.

"The big box stores opened up and the traffic is significantly more than it was," Buffie said. "This is not a small problem. It's a significant issue and it will be a large solution that can't be done all at once. We are going to have to work towards it."

The city said they would like to have a detailed design created by the spring of 2016, but Buffie said they won't rush anything. "We don't want to put a time limit on it. We want to get the most information possible, but on the other hand this is a priority."

The city also held a meeting earlier in the day last Tuesday with direct stakeholders to answers questions and listen to concerns, and McDermid said about 40 people showed up for the meeting.



See

nior,

This



Amphibex fleet ready to attack ice on Red River

Province beefs up icebreaking machines with made-in-Manitoba solution

By Lindsey Enns

The province's four Amphibex icebreaking machines will be better prepared to attack ice along the Red River north of Selkirk thanks to a recently installed made-in-Manitoba solution, according to Infrastructure and Transportation Minister Steve Ashton.

"These Amphibex's take a beating," Ashton said during a stop at the Amphibex maintenance building in East Selkirk, where all the machines are stored, last Thursday. "They're working from this time frame well into the spring ... they're very effective but when they take a beating maintenance is an issue."

The roughly \$1.2 million icebreaking machines have now been retrofitted with a made-in-Manitoba solution to reinforce the front pedestal assembly supporting the critical hydraulic boom arms.

The boom pulls the Amphibex onto solid ice, allowing its weight to break up one metre or more thick ice into pieces.

"The 22-ton Amphibex machines are unique, impressive pieces of equipment that require annual maintenance and sometimes innovation. Manitoba's Amphibex team, led by North Red Waterway Maintenance Inc., will be ready to help reduce icejam-related flooding on the north Red River next month," Ashton said. "Experience has shown how quickly icejam-related flooding can develop and the ice cutters, icebreaking machines and personnel will create a path for river ice to move."

Darrell Kupchik, director of operations for North Red Waterway Maintenance, said the ice is currently four to six inches thinner than it was this same time last year.

"However, we have a lot of winter left," Kupchik said. "The snow cover that is out there is getting compacted, there's a lot of recreational use of the river."

Ashton said the icebreakers are used across Manitoba and can be transported by heavy trucks when ice-jam issues develop on other rivers.

A two-person crew pilots the vessels with safety and support crews nearby.

The provincial ice-mitigation fleet consists of four Amphibex AE 400 icebreaking machines, seven ice-cutting machines and seven amphibious transport and support vehicles.

The icebreaking and ice-cutting equipment is operated and maintained by North Red Waterway Maintenance, a corporation formed by the rural munici-

palities of St. Andrews and St.



RECORD PHOTO BY LINDSEY ENNS

North Red Waterway Maintenance operators Brian Sparks and Dave Hoydalo check out one of the Amphibex's stored in East Selkirk last Thursday. The icebreaking machines have now been retrofitted with a made-in-Manitoba solution to better attack ice along the Red River.

Clements and the City of Selkirk with support from the province.

The Amphibex fleet crushes more than 25 kilometres of river ice annually.

"In any community, nothing is more devastating than floods and fires," Selkirk Mayor Larry Johannson said. "These machines are out on the ice, we're cutting ice, breaking ice and we're making sure that the people in these communities are going to be safe."

Ashton said the machines are ex-

pected to hit the Red River north of Selkirk on Feb. 22, which is nearly one week earlier than in previous years.

Notices will be posted in areas where they are working as a safety reminder for ice fishers, snowmobilers and other river users.

The province is also reminding ice fishers to remove huts or other material in the areas covered by the icemitigation program.

The first 2016 flood outlook is scheduled for release during the last week of February, Ashton added.

Manitoba Ice Fishing Association



For Info Call: 204-641-6110 or 204-641-2210 City of Selkirk Lottery License #63-15

West St. Paul drivers make list of holiday DUI busts

Staff

Winnipeg police have released the names of drivers charged with impaired driving related offences during the police force's annual holiday checkstop program.

The list for the 2015-16 season includes 56 names, and was released by police last Wednesdav.

Some of the drivers are from West St. Paul and the Interlake.

RCMP also ran a separate checkstop program throughout rural Manitoba, and charged 105 people with impaired driving. But unlike Winnipeg police, Mounties will not be releasing the names of drivers they charged.

The names of drivers charged by Winnipeg police are below.

Carolyn Suzanne CHMIL

(38), West St. Paul.

• John Hubert MCKAY (49),

Peguis First Nation.

- Douglas HORNBROOK (45), Peguis First Nation.
- Golnaz NASAJPOUR (33), West St. Paul.
- Lisa STEVENSON (40), Peguis First Nation.

• Chadwick Kirby BAPTISTE (45), Arborg.

All are presumed innocent and none of the charges have been proven in court.



> RCMP HAVE YET TO RECEIVE ANY REPORTS, FROM PG. 1

Peluk said he believes vandals are running out on the ice at night and doing it for fun.

"I think they are doing it just for the sake of doing it," he said. "I have never heard of anyone that had anything stolen, and nobody really keeps valuables in the shacks, so it's just vandalism for the sake of vandalism."

Peluk said he's already noticed fishers making some changes out on the ice.

"I know there are people that were a lot closer to the shore and have now moved farther back, but why should they have to?"

Word of ice shack vandalism is also

spreading on social media.

In a post on Facebook, Beausejour man Eric Raugust posted "Heads up to everyone with a shack at float plane base, all shacks are broken into, doors ripped off and windows smashed!! They weren't able to get into ours but still lots of damage!!"

Despite people claiming damage to ice fishing shacks, Selkirk RCMP spokesperson Cst. Paul Human said they haven't received any reports about shack vandalism, and he is worried that people are simply not reporting what they are seeing.

"I think people aren't reporting it because they are worried that nothing can be done," Human said. "But without reports how can we do an investigation? So if anyone sees anything give us a call so we can generate a file and get something going."

Human believes an increase in the amount of shacks in the last few years could be a reason vandalism cases are on the rise.

"The more population you get, the more possibility there is for crime," Human said.

If RCMP get more calls about vandalism Human said an investigation could be launched.

Human added RCMP got a call last Wednesday about two vehicles drag

"WITHOUT REPORTS HOW CAN WE DO AN INVESTIGATION?"

racing on the Red River and he said that is "highly alarming."

"It would be very easy to lose control and harm yourself, and if you lose control you could fly into one of the ice shacks and harm someone else."

Anyone looking to report vandalism or any crime to Selkirk RCMP can call 204-482-1222.

Legislature to host celebration of life for Howard Pawley Saturday

Staff

A special celebration of life for former Manitoba premier and longtime Selkirk MLA Howard Pawley is being held on Saturday at the Manitoba Legislature.

The gathering will be held in Room 200 starting at 2 p.m.

Those in attendance will include Premier Greg Selinger, Adele Pawley, Justice Murray Sinclair and former cabinet ministers Muriel Smith, Leonard Harapiak and Jay Cowan, according to a release on Monday.

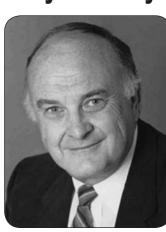
Pawley died on Dec. 30 in Windsor, Ont. He was 81.

Tributes for Pawley began to pour in shortly after news of his death was announced.

Selinger broke news of Pawley's death on Twitter calling the late man a "true champion of social justice."

"Throughout his life, Howard fought for equality, social justice, and the rights of all peoples," Selinger tweeted.

Selinger remembered

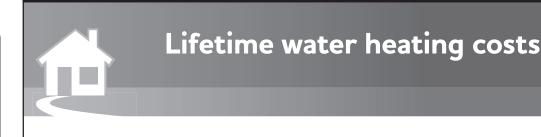


HOWARD PAWLEY

Pawley for leading changes to Manitoba's labour code that ensured workers were fairly paid, regardless of gender, and for the addition of sexual orientation into the Manitoba Human Rights Code.

After three unsuccessful attempts at provincial and federal politics, Pawley was elected into the Manitoba legislature as MLA for Selkirk in 1969.

t for equality, and the rights es," Selinger remembered He would serve as the province's attorney general before becoming premier in 1981, and in total he spent 19 years as Selkirk's MLA.



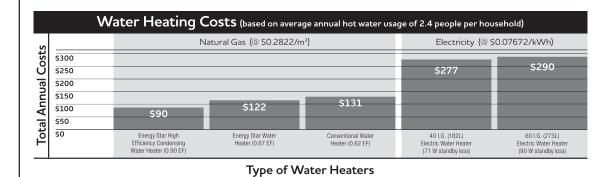
The decision to replace a water heater often needs to be made in a hurry. Heaters can fail suddenly, leaving no time to comparison shop.

The graph below shows the typical water heating costs for an average Manitoba household. Costs are based on an average household of 2.4 people consuming about 140 litres of hot water daily, heated up 50°C. Your water heating costs may differ, depending on the type of water heater you have, how much hot water you use, and future energy rates.

At current rates, the chart shows that the average Manitoba household with a conventional natural gas water heater would have an annual water heating bill of \$131. ENERGY STAR® qualifying (sidewall power vented) gas water heaters are now available which would heat water for only \$122 per year. Larger hot water users can further reduce costs by installing high efficiency condensing water heaters. Be aware that the cost of installing high efficiency condensing water heaters can be significant (\$3,000 to \$5,000).

The same household with a 60 gallon electric water heater would have an annual water heating bill of \$290, which is double the cost of a conventional gas water heater. Over the average 10 year life of a natural gas water heater this would result in over \$1,500 in savings. In addition, electric water heaters can't heat water as quickly as natural gas water heaters, so it is usually necessary to compensate by having a larger electric tank.

For more details on energy options for water heating, visit our website at **www.hydro.mb.ca/water**



For additional advice on saving energy... call us at 204-480-5900 in Winnipeg, or 1-888-624-9376 (1-888-MBHYDRO).

For more information on water heating and to use our online interactive water heating calculator visit **hydro.mb.ca/water**



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> ARNIE WEIDL Fisherman shares flying fish tale

Welcome folks, nice of you to stop by.

Last week I had a feeling it was time to visit with folks fishing on the ice by Belair. I drove past town and as I entered the steep Yellow Brick Road (yep that's what the road out to the Lake Winnipeg ice is called). I put"old red" into 4-wheel drive and slowly snaked down the winding lane onto the thick ice. I scanned the many hard-wall and portable shacks strewn about and noticed far out a commercial fishing shack.

Perfect, I thought, it's about time we saw how things were going for those who put fish on our store shelves. I bounced over the snow-covered ice up to three fishers kneeling in the snow as they worked. They had spotted their shack as a wind break close to the hole the nets were being pulled from. I introduced myself as they continued working.

A young gal, Amy Clemons and her partner Bryce Thomas slipped the eating sized pickerel, saugers and tullibees from the net while Bryces' older uncle Reney Thomas, his moustache covered with icicles, periodically pulled more fish ladened nets from the water. Bryce called out that this seasons' catch had been really great.

Just before I was about to leave Bryce held a pickerel up for me to snap a picture. Amy, Bryce and Reneys' humorous and accommodating nature sure turned that cold harsh overcast days' visit into a pleasure. Thanks guys.

On the way back from Belair I decided to stop and talk to some anglers at Lockport. Coming around behind the Lockport store and onto the little plateau before the steep trail to the ice, I noticed that the municipal guys here had cleaned the snow away. Thanks fellas. Again, my truck in 4-wheel drive, I crawled down the narrow lane with cliff-like drop-offs on either side to the Red River ice where right



RECORD PHOTO BY ARNIE WEIDL Bryce Thomas at Belair with a sample of his commercial catch.

in front of me stood a yellow pop-up shack. I left the truck and called out to the occupants asking if they had caught anything. Two young energetic chaps opened the tent door-smiling saying,"Nothing yet!"

Carlos Olivira and Rui Machad from Winnipeg who originally were from Portugal said they loved to fish the Red. As we got to know each other Carlos and Rui remembered a story when fishing last summer a bit downstream from here they saw a dead fox floating with the fast current. As responsible sportsmen, they decided to try and get it out of the water so they put large catfish hooks on their lines and running along the shore stumbling and tripping over stones and trees they cast out to the carcass. Eventually they snagged and proudly landed it far down the river. I have no idea what they did with it.

I got over to the east side of Shoal Lake a few days ago and was surprised to see a large number of shacks and pop-ups. It was an easy ride out to a big portable shack and as I came to it, three younger anglers emerged waving. One angler, a big chap, Jeff Thomas, was from Selkirk while his

sister Lindsey Thomas and brother Brandon Thomas were from Winnipeg.

Yes, I ran into more Thomas's purely by accident. Jeff said they were catching a lot of perch and one of them was a master size at 13". He laughed recalling last summer when he was fishing on the Red, he caught a fish and as he reeled it in it was splashing about on the surface of the water. A seagull seeing an opportunity for food swooped down and grabbed it. Jeff didn't like that. This was his fish and no sneaky seagull was going to steal it.

The seagull was just as determined to keep it. Jeff pulled and reeled in as the seagull with the fish in its mouth careened in the air like a kite out of control. Finally Jeff's hook came out of the fish's mouth and the seagull adding insult to injury flew right over him with the fish in its' beak as if to say, "I win!" It's these

funny happenings that make fishing so much fun. Bye for now.



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Comp student aims to give back with Curl for the Cure

"I CAN'T SAY

DONE ANY

TO THIS."

THAT I'VE EVER

PROJECT CLOSE

By Austin Grabish

Inspired by his coach's undeterred attitude toward cancer, Shayne Merritt wanted to give back.

And the Grade 12 student plans to do just that when he puts on Selkirk's first-ever Curl for the Cure bonspiel

on Feb. 6 as part of a 'take action' project in his Global Issues class at the Comp.

The inspiration for the project, which will raise funds for the Canadian Cancer Society, started last year when Merritt's curling coach Lauren Dyck was diagnosed with uterine cancer.

Dyck, a math teacher at the Comp, kept teaching and didn't go on sick

leave despite her battle with cancer.

"She stayed at work throughout the entire time, which really kind of inspired me," Merritt said.

Dyck said she was able to continue working full-time because she had minimal side effects and great students.

"The kids keep you occupied," Dyck said. "You can sit home and feel sorry for yourself or go to school and the kids take your mind off it.

"I really think they were a lifesaver." Merritt said he's grateful he took the Global Issues course because he's never been able to give back as part of a class project before.

"I can't say that I've ever done any project close to this," he said.

Next month's bonspiel will feature a full day of curling and is open to any-

one including non-curlers who'd like to learn during a training session from a professional curler.

"People just need a little bit of knowledge," Merritt said. Equipment can be borrowed so no one has to go out and buy their equipment."

• Dyck said she's been touched by Merritt's project and will be on hand next month to volunteer at the

event. "Shayne's put an awful lot of time and energy into this," she said.

Merritt's goal is to raise \$2,500 at the bonspiel, and he's still looking for silent auction prizes for the event.

"If the event goes really well we'll be making this an annual event," he said. If you're interested in donating a prize or registering as a player in the event call Merritt at 204-757-4929.

The cost to register is \$35 per person and curling lessons are \$20.

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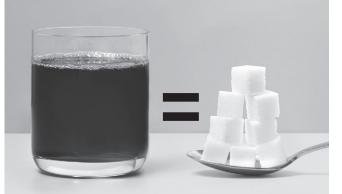
Dinner association donates \$5K to Marine Museum



RECORD PHOTOS BY BRETT MITCHELL AND SUBMITTED Members of the Selkirk Sportsmen's Dinner Association presented a cheque for \$5,000 to the Marine Museum early last month in celebration of their 50th anniversary and in memory of Victor Helgason, pictured far right, who was a long time executive member of both the dinner association and museum. Pictured above from left to right: Wes Gilbart, Bill McKetchen, Marine Museum manager Shaylene Nordal and Kelly Helgason.

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Songs about Lake Winnipeg get a 'musical makeover'

By Dave Baxter

An old record that celebrates one man's love for Lake Winnipeg has been pulled out and dusted off for a whole new generation.

Back in 1970, singer-songwriter Sol Sigurdson of Riverton released the album "The Lake Winnipeg Fisherman," which features folk songs about the life of people who live and work around Lake Winnipeg.

When members of the Lake Winnipeg Foundation (LWF) heard the album, they liked what they heard and decided to ask Manitoba artists to give the songs a"musical makeover."

"One of our board members had the original vinyl and pulled it out and shared it with us, and we knew immediately we could do something to revive it for a new generation," LWF executive director Alexis Kanu said.

The foundation embarked on a project that saw local artists record cover versions of four of the songs and create an EP called "Love, Lake Winnipeg: A tribute to the songs of Sol Sigurdson."

All proceeds from the EP and an EP release party held last Thursday in Winnipeg will now go towards the LWF and the work that they do.

Kanu said the lyrics on the record are a celebration of Lake Winnipeg and that is why they wanted to bring it back to life.

"It's so specifically tied to people



PHOTO COURTESY OF THE LAKE WINNIPEG FOUNDATION Singer-songwriter Sol Sigurdson strums his guitar by Lake Winnipeg in Cimli in 2014. Sigurdson's 1970 album, "The Lake Winnipeg Fisherman" has been given a musical makeover for a new generation.

and places on Lake Winnipeg. It's an intimate picture of life in the communities around the lake that I think people can relate to today as well as they could all those years ago," Kanu said. "Sol was writing mainly about his experience of being a fisherman, but I think the spirit of community is something that people can connect with."

But first the LWF had to find Sigurdson, who is currently living in an Edmonton where the 80-year-old is a retired university professor.

"So when the idea was presented to him he was on-board from the getgo," Kanu said.

Once the foundation had Sigurdson on board they brought on former The Weakerthans frontman John K. Samson to find artists and produce the EP.

The LWF wants the EP to be a source of good news about Lake Winnipeg. "We tend to encounter Lake Winnipeg when there is bad news whether it's algae blooms or zebra mussels and it is important to recognize those challenges, but we also want to celebrate the lake because of what it means to so many people," Kanu said.

The new EP and a CD of Sigurdson's original album will now be sold through the LWF, and Sigurdson said he is excited to see his music"brought to a new generation."

"The music is about me and others fishing on the lake, but it's also about the people that are gathered around these places and the activities that go on," Sigurdson said. "There are songs about parties and dances and all these things that were going on, and songs about people making a living from fishing that lake."

Sigurdson said the original album sold about 3,000 copies and he knows there are people that still listen to it, but he was not expecting artists to want to cover his music.

"I was really surprised, but it is a project so dear to my heart that if they want to use it in any way than that is just great."

"Love, Lake Winnipeg: A tribute to the songs of Sol Sigurdson" features music by DJ Co-op, Mise en Scene, Scott Nolan, John K. Samson, and Jess Reimer.

For information on how to get a copy of the EP, call the Lake Winnipeg Foundation at 204-956-0436.

St. Andrews looks to expand sewage lagoon in Petersfield

By Dave Baxter

St. Andrews is looking to expand a sewage lagoon in Petersfield, as they



don't want a repeat of a stink that erupted last winter. Last winter the Petersfield Sewage

Lagoon was shut down for more than two months after being filled to capacity, which forced haulers to take their loads to other facilities.

Some St. Andrews residents claimed the cost for them to have their sewage hauled away aldoubled most during that time, haulbecause ers were forced to take sewage to neighbouring municipalities or to Winnipeg.

"It filled up with solids and that reduces your liquid capacity, so it got too full last winter," St. Andrews councillor Laurie Hunt said.

Hunt said that the sewage in a lagoon does eventually settle, and when it did they were able to reopen the lagoon and it remains open.

He said part of the reason it filled up was because St. Andrews was allowing a neighbouring municipality to dump sewage in the lagoon.

"There was a deal struck years ago where St. Clements could use it on a smaller scale, so trucks were coming in and out of there, and I'm not sure where that agreement came from."

Hunt said the municipality is now working on a plan to expand the Petersfield Sewage Lagoon, and are looking at different options for getting cash for the project, including applying for grants from the province, and creating a levy charge that will go into a reserve fund.

If the municipality isn't able to secure provincial grants, Hunt said the project would still likely go ahead, because of the need for an expansion.

"It will have to go through," Hunt said. "It is something that is needed, and I'm only one person on council but I'm almost sure it would be agreed upon by council."

He said expansion plans are already in the works, and they would be a huge improvement.

"It would be a big upgrade. It would improve it tenfold," Hunt said.

St. Andrews Mayor George Pike said he is hopeful the province will step up with grants for the project.

"For environmental reasons there is money for that and that is out of the Manitoba Water Services Board, and we believe they are looking at us. So far they are very receptive," Pike said. "And it's needed because with the holding tanks that people are putting in now they need dumping on a consistent basis."

Pike said they will continue to work towards securing grants, but said he could not yet offer a time line of when work on the expansion could begin.

West St. Paul **Couple pushes council to create bylaw for snowmobilers**

By Dave Baxter

A West. St. Paul couple says they are "fed up" with the way snowmobile and ATV users are driving around in their community and are asking council to do something about it.

But the municipality's mayor says there is no easy solution to the problem.

In an email sent to members of West St. Paul council in December, Marilyn and Larry Petrushak said they originally sent an email to West St. Paul council in 2014 asking for a bylaw to be put in place to regulate how people are using snowmobiles and ATV's in the municipality.

The couple now says they are frustrated there is still no bylaw in place.

"There are certain people here in West St. Paul that think that they can take the law into their own hands and we're fed up," the Petrushak's said in an email. "The snowmobilers and ATV's continually drive over private property, flying down our roads as well as farmer's fields without permission, and they don't care what they destroy in their path.

"West St. Paul is a quiet residential neighborhood (or should be) and should be treated as such."

The couple said they would like a bylaw put in place similar to one in East St. Paul.

"We want to know how soon this bylaw will be in place, and we would

"IF PEOPLE ARE ON PRIVATE PROPERTY IT IS SOMETHING THE RCMP CAN PROSECUTE BUT TO BE THERE AT THE RIGHT TIME IS PRETTY DIFFICULT."

like a copy sent to us when it has been approved."

The Petrushak's could not be reached directly for comment, but West St. Paul Mayor Bruce Henley said the couple's concerns are part of a complex issue that would not be solved simply through a bylaw.

"I believe there is always concern when people are not respecting owner's property rights, and that is a concern to everyone," Henley said. "But it becomes very difficult to enforce, and you hope that common sense would be the logical way to have a resolution on this."

Henley said the bylaw in East St. Paul only works for densely populated "township" areas, but because of the amount of open fields and spaces in West St. Paul, snowmobile and ATV riders often end up on other people's property. "It's a matter the RCMP have to enforce themselves and we are there to support them, but our community is not set up with a township where you can establish a snowmobile bylaw," he said."If people are on private property it is something the RCMP can prosecute but to be there at the right time is pretty difficult, and for safety they won't pursue people across rivers or down creeks or open fields."

Some people have moved to communities like West St. Paul because of the chance to use ATV's and snowmobiles, Henley said.

"That's just part of rural life, and you

have to consider that is one of the activities that people take part in and it's something where you have to have that hope that people are using their heads and respecting property owners rights."

Henley said although enforcement can be difficult, he would like any residents that are concerned about something they see to call police.

He said there are no immediate plans to discuss a bylaw in council.

"Our suggestion is always that you call the Mounties, and try to get a description and a plate number."

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hydro.mb.ca/heating

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12 The Selkirk Record Thursday, January 21, 2016 Selkirk Model Railroad Association Club looks to boost membership, get back on track

By Lindsey Enns

Peter Hall has had a passion for model trains for as long as he can remember.

Now at the age of 63, Hall is one of the original members and membership chairman of the Selkirk Model Railroad Association.

Since the club formed in 1994, Hall and other members have spent countless hours building and maintaining impressive railroad displays. Hall said every layout, which is incredibly detailed, tells a different story.

"Some of the scenery stuff that we use ... grows in people's gardens," Hall said. "We've been told we're the best kept secret in town."

But now Hall and nearly a dozen other association members are hoping to get the word about their club to help boost their membership.

The club's displays along with their Monday and Friday night meetings are housed at 217 Clandeboye Ave., located at the east side door behind the *Selkirk Record* office. Adult membership fees are \$25 per month or \$300 a year.

Hall said over the years they have gone from nearly 40 members down to 12 and are having trouble coming up with the money to cover their rent through membership fees alone.

"We have about 2,300 square feet here, but in order to maintain that, we have to have our membership level up," Hall said. "We need new members to survive."

If the club is unable to add as many as 16 new members, Hall said they will be forced to disband as soon as the end of this month. **RECORD PHOTOS BY LINDSEY ENNS** Peter Hall, pictured above, adds trees to one of the several displays inside the Selkirk Model Railroad Association's location at 217 Clandeboye Ave. last Thursday afternoon. The association is currently looking to boost membership and is hosting an open house this Saturday from 10 a.m. to 4 p.m.

BigandColourful Publishing coowner Brett Mitchell, on behalf of Big Real Estate, which owns the space the club rents, said he has been meeting with various community organizations in hopes of

helping out the club.

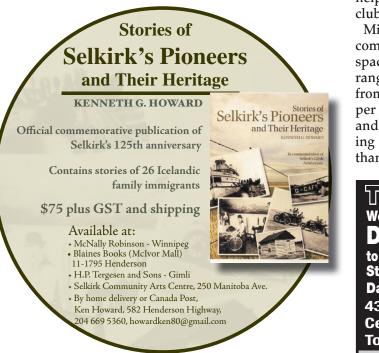
Mitchell said commercial rental space in Selkirk ranges anywhere from \$14 to \$52 per square foot and the club is being charged less than \$3 a square



foot, or \$500 a month.

"We appreciate the fact that they're a great amenity in our community and it's so unique," Mitchell said. "It's probably the biggest layout in western Canada and it's been here for 21 years.

"I think it has huge potential to be way bigger if people actually know



Welcomes West St. Paul's Darcy Woodland to our Sales Finance Team Stop in, call or email Darcy at darcy@truenorthmotors.ca 43 Main St., Selkirk Cell: 204-803-9030 Toll Free 1-855-785-8001 www.truenorthmotors.ca 204-785-8000 about it.

"It would be a shame to cut up that beautiful layout."

Hall said the club is hosting an open house this Saturday from 10 a.m. to 4 p.m. in hopes of attracting new members. For more information on the club, visit selkirktrains.com.

"If you like doing scenery, if you like doing artwork ... we're trying to push that you don't have to be into trains," Hall said, adding their current members range in age from 30 to 80 years old. "We need younger members to come in and learn the skills and boost our membership."

Hall said the club has also developed an education program on how to design scenery and railroad modelling that they hope to offer within the Lord Selkirk School Division sometime in the future.



Gov't expands Telehealth program to 16 rural sites

Staff

The province is expanding the MB-Telehealth program to 16 additional locations in an effort to provide clinical services close to home to those living in rural communities.

"The province always strives to find innovative solutions to ensure that health-care services meet the needs of Manitobans," Health Minister Sharon Blady said in a release last week. "Adding even more sites means less travel for patients, more access to medical specialists and even better health-care services closer to home."

In 2010, the Manitoba government made a commitment to expand MB-Telehealth by 16 new sites. The minister noted most of these new sites are already serving patients while a few are in varying stages of development and expected to be completed in the next few months. These sites are in:

• Camperville, Benito, Ethelbert, Waterhen, Winnipegosis and Souris – Prairie Mountain Health;

• Carman and Sprague – Southern Health – Santé-Sud Regional Health Authority;

• The Pas and Wabowden – Northern Regional Health Authority; and

• Riverton, Teulon, Gimli, Lac du Bonnet, Selkirk Mental Health Services site and Selkirk CancerCare Navigators site – Interlake – Eastern Regional Health Authority.

The MBTelehealth program was established in 2001 through funding from Health Canada and is an ongoing program of Manitoba eHealth. More than 500 clinician specialists from 60 specialty areas provide services through the 158 current operational sites established across the province.

"Health care using MBTelehealth is moving from being just another option for care to becoming the preferred point of access for Manitobans wishing to avoid travel for care," said Perry Poulsen, chief information officer, Manitoba eHealth. "Thanks to our close working relationships with our partners and local community and patient support, we have been able to build a provincewide system that has immediate and tangible benefits for patients and practitioners in Manitoba."

MBTelehealth allows patients and specialists to communicate via live interactive videoconferencing so patients from remote communities do not have to travel long distances to receive health-care services.



Local students team up to help boy who lost leg

By Lindsey Enns

Two Robert Smith School students are helping raise funds for one of their classmates after learning he suddenly had to get his left leg amputated due to a blood infection.

Nine-year-old David Stevenson was diagnosed with a blood infection in September that impacted mobility throughout his entire body.

As his condition worsened, he was flown to Edmonton, Alta. where doctors determined the tissue in his left leg was dead and that they needed to amputate below the knee.

"His whole body was shutting down and we almost lost him," Stevenson's mother Stephanie said with tears in her eyes."It was a miracle that everything started working again."

Stephanie said the severe blood infection stemmed from a small cut Stevenson got on his knee when he fell last summer. She said Stevenson never told anybody about it so the cut never got cleaned out properly.

To help the Selkirk family cover some of their travel costs to doctor's appointments in Winnipeg as well as help make adjustments to their home, two Robert Smith School students are collecting empty soda cans, bottles



RECORD PHOTO BY LINDSEY ENNS

Robert Smith School students Madi Frommelt, pictured left, and Leam Morin, pictured far right, are fundraising to help their friend and classmate David Stevenson after he had his leg amputated in September.

and monetary donations.

So far Grade 4 students Leam Morin and Madi Frommelt, with help from their parents, have helped raise more than \$400 in just a couple of weeks.

"I just felt bad," Frommelt said. "I couldn't really imagine if I had what happened to him, I would have wanted people to help me out too."

Leam's father Devin said they put the call out on Facebook earlier this month for anyone with empty cans or bottles to contact them and the donations have been adding up quickly.

"We're just going to go and see how far we can get," Devin said."At first we figured we'd raise around \$2,000 but I think we're going to go way past that.

"The outpour from the community has been good."

Those interested in helping out or donating any empty cans or bottles can contact Devin Morin directly at 204-793-2758 and arrange to have them picked up.

The school's leadership team is also hosting a bake sale at the school on Wednesday, Jan. 27 and a "mini store" is being ran every Thursday and Friday to help raise funds for the family. Stephanie said her son losing a leg has been a big adjustment for the entire family but the community's support has helped.

"I was really shocked at Liam and Madi, I was speechless," she said. "I told David and he really didn't think he had friends that cared this much and he was very thankful."

In the meantime, Stevenson is slowly learning how to walk with his prosthetic leg and was set to return back to school earlier this week.

"It's been stressful, hard, but I look at him and everything he's been through is more than me so I just get all my strength from him and seeing him push himself," Stephanie said. "To see my son like that was scary but I'm glad he's still here with me."



Chris Poponick, Mortgage Specialist

What IS a Mortgage Broker?

While a bank only offers the products from their particular institution, licensed mortgage professionals send millions of dollars in mortgage business each year to Canada's largest banks, credit unions, trust companies, and financial institutions; offering their clients more choice, and access to hundreds of mortgage products!

As a result, clients benefit from the trust, confidence, and security of knowing they are getting the best mortgage for their needs.

Mortgage professionals work for you, and not the banks; therefore, they work in your best interest.

There are generally two ways to get a mortgage in Canada: From a bank or from a licensed mortgage professional

The mortgage market can sometimes be confusing. While people do not hesitate to go to an insurance broker or financial advisors, they will often go it alone when it's time to get a mortgage. Only 33% of Canadians use a mortgage broker; mainly because they do not know what a mortgage broker is and what they do.

What does it Cost?

The majority of mortgages are arranged at NO cost to the consumer. The lenders pay a finders fee to the brokerage firm for finding and arranging the mortgage. If you have an unusual credit history which involves more work, a set fee would be agreed upon before starting on the application.

Why would you choose to use a mortgage broker instead of your bank?

Lower Interest Rates

Wholesale mortgage rates are discounted an average of 1.20% over what the bank will offer you. A 1% interest discount on a \$150,000 mortgage can save you more than \$7900 in interest costs over a 5 year term.

Best Mortgage Options

By shopping the lenders' market, a

Mortgage Broker can find you the best options for your particular situation. Banks are limited to the products carried by their institution only.

Bank Loan Officers are employees of the bank

Mortgage agents work for you, the borrower.

Fast Service

A mortgage broker can often get your mortgage approved in a day. In addition they can meet you at your home, office, or wherever it is convenient for you.

As you can see, mortgage brokers offer convenience, service and great rates. It's no wonder more and more Canadians are choosing to call a mortgage broker when it is time to renew their mortgages. As the #1 mortgage brokerage company in Canada, we here at Dominion Lending Centres are ready to help you!

Chris Poponick is a licensed Mortgage Specialist with Dominion Lending Centres Red River Lending. Independently owned and operated. He can be reached at 204-770-3540 or email at chrispoponick@dominionlending.ca.

For more information visit his website at www.chrispoponick.com "Thanks to my Dominion Lending Centres colleague David Cooke for this article"







Radon In Manitoba

Radon is a colourless, odourless, tasteless radioactive gas found naturally in the environment. When radon is released from the ground into the outdoor air, it is diluted and is not a concern. However, in enclosed spaces like homes, it can sometimes accumulate to high levels, which can be a risk to the health of you and your family.

Exposure to radon gas increases your risk of lung cancer. This risk depends on the level and length of exposure, as well as if you are a smoker. Radon exposure is the leading cause of lung cancer in non-smokers and it's estimated that in Canada there are about 3000 lung cancer deaths related to radon each year. Exposure to radon and tobacco use together can significantly increase your risk of lung cancer.

Across Canada, 11% of homes have radon gas levels higher than Health Canada standards. In Manitoba 1 in 4 homes contain higher than accepted radon levels.

In the Interlake region of Manitoba, 23% of homes have higher than the acceptable levels. The Canadian Cancer Society urges all Manitobans to test their homes for radon.

How can radon get into your home?

Radon can enter a home any place it finds an opening where the house contacts the soil; cracks in foundation walls and in floor slabs, construction joints, gaps around service pipes, support posts, window casements, floor drains, sumps or cavities inside walls.

The air pressure inside your home is usually lower than in the soil surrounding the foundation and this draws air and other gases, including radon, from the soil into your home. The current Canadian guideline for radon in indoor air for dwellings is 200 becquerels per cubic metre.

What can you do?

Radon is easy to test for and can usually be reduced to safe levels with the help of a professional radon mitigator. Everyone should test their home.

Get your home or business tested. There are two options for testing a house for radon: to purchase a do-ityourself radon test kit or hire a radon measurement professional. If you choose to purchase a radon test kit:

- Place the detector in the lowest level of your home that is occupied for at least 4 hours per day.

- Test for a minimum of three months to ensure the most accurate reading.

. How can I reduce the amount of radon in my home?

If your radon test result is above the guideline of 200 becquerels per cubic metre, you can take the following steps to help reduce the level of radon.

- Increase the mechanical ventilation, via a heat recovery ventilator (HRV), to allow an exchange of air.

- Seal all cracks and openings in foundation walls and floors, and around pipes and drains.

-Ventilate the basement sub-flooring by installing a small pump to draw the radon from below the concrete slab to outside before it can enter your home (commonly known as a Sub-Slab Depressurization typically performed by a contractor).

Radon test kits can be purchased at your local hardware store or through the Canadian Cancer Society by calling toll-free at 1-888-532-6982. Or contact your local Cancer Society representative, Sharon Mulder at 204-276-2664 Email: smulder@mb.cancer. ca

If you want to hire a contractor, Health Canada recommends that the contractor be certified as a radon mitigation professional from an accredited organization. You can find a certified professional by contacting the Canadian-National Radon Proficiency Program by calling 1-855-722-6777 or email info@c-nrpp.ca.

Attend **RADON PRESENTATIONS** and an OPEN HOUSE at the Gaynor Family Library, Selkirk to learn more about radon.

Thursday, January 28th, 2016

2:00pm - 4:00pm (Presentation at 2:00pm)

6:30pm - 8:30pm (Presentation at 7:00pm)

Enter a draw to win a radon test kit! Radon test kits will be available for purchase.

For more information:

cancer.ca Canadian Cancer Society www.healthcanada.gc.ca/radon Health Canada

c-nrpp.ca Canadian-National Radon Proficiency Program







Tips for first-time home buyers

Buying a home for the first time is an exciting period in a person's life. Deciding to buy a home often indicates buyers are ready to establish firm roots in a community where they can see themselves living for years to come.

The process of buying a home is rarely easy, and first-time buyers may feel overwhelmed at times. Such feelings are perfectly normal and felt by first-time buyers regardless of their budgets or home preferences. But there are a few ways to make buying a home more enjoyable than it is nervewracking.

· Examine your finances. The first step toward buying a home has nothing to do with deciding if you prefer a craftsman- or Tudor-style home. Before you even begin your search for a home, carefully examine your finances to determine how much is coming in and how much is going out of your household each month. Figure out how much debt you are currently carrying, be it student loan, automotive, consumer or any other types of debt. Order a credit report so you can see how prospective lenders are likely to see you, and address any errors you find on the report before meeting with any lenders. Peruse past bank statements to track your spending habits, looking for areas where you might be able to scale back if need be.

· Be prepared when visiting lenders. Prospective borrowers can make the home-buying process go smoothly by having all of the necessary documentation ready when visiting potential lenders. Many mortgage lenders will want to see some recent pay stubs (from both borrowers if buying with a spouse or partner), a couple years' worth of tax returns, as well as your recent bank statements. You can always call ahead and ask lenders what they need to see when applying for a loan. Having these materials ready in advance means you will spend less time at the bank and more time finding the right home for you.

· Secure financing before you begin house hunting. Many first-time home buyers might not realize the benefits of securing financing before they begin looking for a home. Mortgage preapproval lets buyers know how much a bank will loan them, meaning they won't spend time looking at homes they can't afford. In addition, preapproval means buyers won't lose out on their dream homes as they scramble to secure financing after making an offer.

· Work with a local real estate agent. Real estate agents are an invaluable resource to home buyers and are especially valuable to those buyers who have never before purchased a home. Agents can help first-time buyers navigate the often confusing and, at times, disappointing process of buying a home. Choose an agent who is established in the area where you want to buy a home. He or she can provide information about local property taxes and schools as well as a multitude of additional issues that first-time buyers may not think of. Agents also know the lay of the land regarding home prices, which can ease first-time buyers' fears about overpaying for their first homes.

A home is the biggest purchase many people will ever make. Firsttime buyers may be intimidated as they begin searching for their homes, but there are several ways to make the process go smoothly.

How to make older homes more energy efficient

Older properties tend to have a sense lack. Perhaps it's their lived-in feel or of charm that newly built homes may design elements that remind home-



owners of yesteryear that make older homes so

popular among home buyers.

What older homes have in character they may lack in modern amenities. For example, whereas many homes are now built with energy efficiency



in mind, older homes may not be so eco-friendly. Fortunately, there are many ways for homeowners who love their older homes to keep that love going strong while making their homes more energy efficient at the same time.

· Check for leaks and plug any you find. Homes may develop air leaks over time, and such leaks allow air to infiltrate the home. When that occurs, homeowners instinctively turn up the thermostat in winter to combat the cold air getting in. Come summertime, those same homeowners will run their air conditioners on a higher setting in an effort to stay comfortable when hot air is creeping through the cracks. Rather than adjusting the temperature inside, fix any sources of air infiltration you find. Run your hand along doorways and windows to determine if any drafts are coming through. Older homes may also develop cracks in bricks, around the foundation and in siding or stucco. Seal any areas where you feel air in-

Your Local Community House Apartments Condos Cottages Retirement Financing Improvements Insurance

Finished basements save energy and deliver more living space

By finishing your basement, you can gain more living space while reducing the amount of energy loss from downstairs. Basements that are not fully finished typically do not have insulated walls or covered flooring. This can result in heat loss and cause your furnace to work overtime.

A remodeled basement offers more than additional storage space. It can provide a lot of extra room for a growing family, such as space for a gym, home theatre, office, guest suite, or a playroom for the kids.

To ensure a comfortable and inviting basement, there are a few project components to consider:

• Insulation will make sure your space warm and comfortable. For the best results, install a stone wool insulation product, a measure that can be done easily with the ROXUL Comfort-Board IS. This product is mechanically fastened or adhered to the concrete foundation wall, offering you a higher R-value and better acoustics.

• Drywall will help define the space and make it feel like a part of your home. If you haven't tackled drywall before, consider hiring a pro to ensure your walls are seamless.

• Flooring should be water sealed and covered with an insulated material. There are many products on the market, but consider laying padding before carpet or in-floor heating before tiles.





• Personalize it with finishing touches. Select furniture that can fit down a typically steep staircase and choose items that complement the rest of your home's décor.





Your Local Community Home Real Estate Section CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS HOUSES APARTMENTS INSURANCE

> ENERGY EFFICIENT, FROM PG. 16

filtrating your home, which will save money, reduce your energy consumption and make your older home more efficient.

· Add insulation. Many older homes are poorly insulated, adding insulation can reduce energy costs by as much as 50 percent. Installing insulation can be tricky, especially if insulation was not originally included in your home, as is sometimes the case with older homes. Insulation can become damp and prove ineffective if installed improperly. Damp insulation also may contribute to mold growth and rot in the home's framing. Older homes may be lacking adequate insulation around attics, crawl spaces, basements, heating and cooling ducts, and water pipes. Cover your water heater with an insulated water heater blanket so the heater retains more heat and consumes less energy to heat the water.

· Stay on top of your home. Much like older vehicles, older homes re-

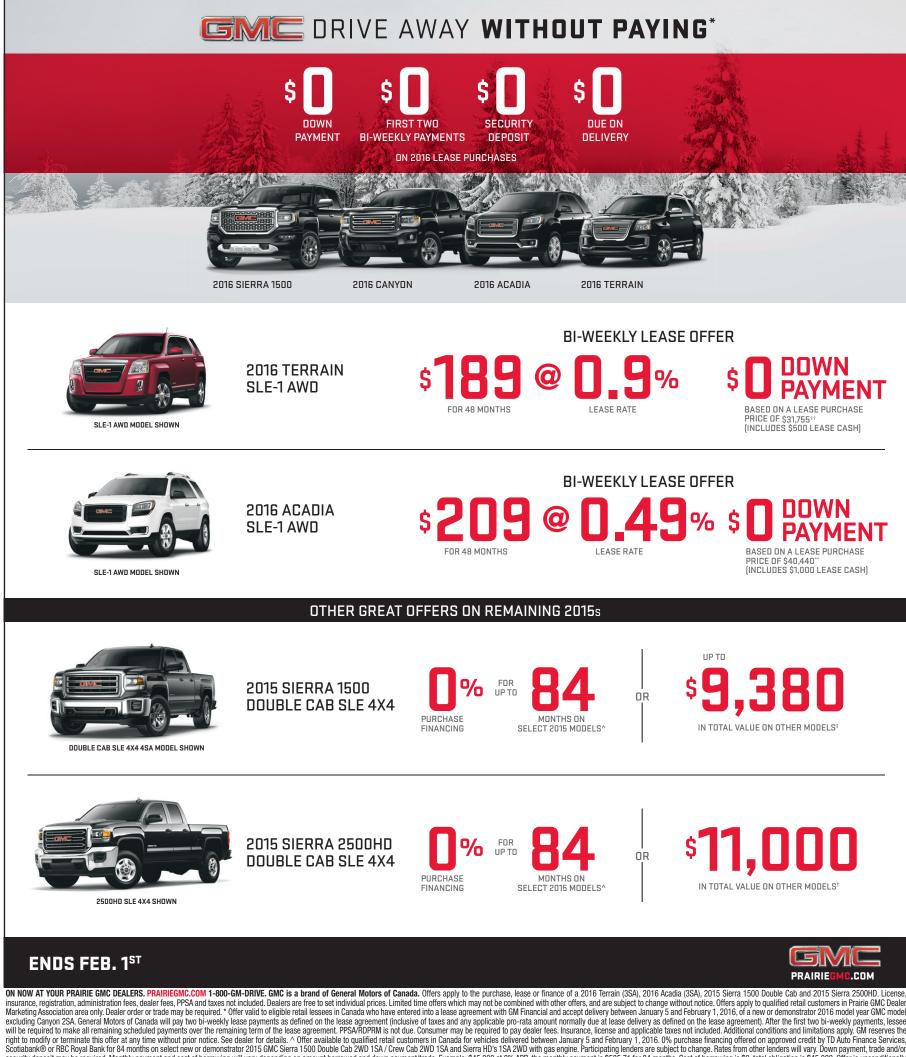
quire a little extra TLC on the part of homeowners. Don't allow your home to fall into disrepair. Even if your energy bills are not on the rise, inspect windows and doors to make sure they are closing tightly, as over time such seemingly minor problems can add up to substantial energy loss. Don't forget to clean gutters and downspouts, removing debris that can add up and lead to water damage that may ultimately compromise the effectiveness of your home's insulation.

· Book an energy audit. Energy audits, which may be offered free of charge by your utility company, can help detect any additional areas where a home may be using energy inefficiently. Even if you have to pay for an audit, the cost savings if any additional inefficiencies are discovered will likely add up to more than the cost of the audit.

Older homes are attractive to many homeowners, who can take several steps to make sure their homes are operating as efficiently as possible.



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Cox's legacy will live on in Selkirk, wife says

By Dave Baxter

Those who were closest to Robert Cox say his life and his legacy in Selkirk will never be forgotten.

Robert William Cox of Selkirk passed away peacefully on Dec. 1 at the age of 60.

He was well known in Selkirk and throughout the Tri-S area for his tireless work as a volunteer, event organizer and for his love of the Selkirk community.

Robert's list of volunteer work includes being co-chair of the Canadian Junior Curling Championships in 1997, the Selkirk chair for the 1999 World Junior Hockey Championships, the chair of the Lord Selkirk School Division's 99 Years of Class event, co-chair of the 2003 Western Canada Summer Games, and chair of the 2009 Telus Cup.

He also sat on boards for the Gaynor Family Regional Library, Kiwanis on the Red and Manitoba Good Roads, and volunteered his time to a number of other events and committees.

Robert's wife Carolyn said his work paved the way for a number of high profile sporting events to come to Selkirk, and the success of events he worked on is a big reason organizers continue to consider Selkirk when looking to host events.

"He put Selkirk on the map for curling and hockey events," Carolyn said. "We met with people from Hockey Canada after the Telus Cup, and they said the event went over so well that they would have no hesitation holding another event in Selkirk."

Carolyn said one of Robert's greatest skills was as a mediator and negotia-



ROBERT COX

tor, and he could bring people together for a common goal.

"He was a great organizer because with some events there were different organizations and they were all set in their ways and wanted to do things their way, but he was able to negotiate at all levels, and bring everyone together to make it work."

Over the years Robert was recognized for his accomplishments with awards such as the Selkirk and District Citizen of the Year Award and the Lieutenant Governor's Award, but Carolyn said Robert did not do what he did for accolades or attention.

"It was because he wanted to do it for the community. He truly loved this city, and wanted to do everything he could for the good of the city."

The legacy of some of the events that Robert helped organize still live on in Selkirk today, Carolyn said.

"The Western Canada Summer Games still gives scholarships to the Comp every year, and because of the



RECORD PHOTO BY DAVE BAXTER

Robert Cox's wife Carolyn showcases some of the many gifts he has received for his work organizing high profile events in Selkirk. Cox died peacefully on Dec. 1.

games the Selkirk and District Community Foundation still gives out grants," she said.

Selkirk and District Community Foundation executive director Bev Clegg, who worked with Robert on the 2003 Western Canada Summer Games, said he gave thousands of volunteer hours over the years, and it was always because of his love for the community.

"Rob was the ultimate example of community first," Clegg said. "He just loved Selkirk and when he was volunteering his time to all these different events it was always about the community, and about how the community would be showcased. "It was never about him. It was about the people around him, and he was a mentor for me."

Robert's volunteer work may have demanded much of his time, but Carolyn said that work never trumped the time he had for family and his two kids.

"He still had time for his family. He always seemed to find time for that because family was very important to him," Carolyn said. "And no matter what or who he was dealing with or how hard he was working he never came home grouchy or upset.

"He just always stayed positive and he was such an inspiring person."

Manitoba's 2015 Sustainability Awards Dunnattor, Oak Hammock Marsh among winners

Staff

The province has unveiled the 2015 Manitoba Excellence in Sustainability Award recipients, honouring both private and public organizations who are actively promoting sustainability across Manitoba.

"These awards bring well-deserved recognition to individuals, organizations, communities and businesses that are enhancing sustainability in our province," Conservation and Water Stewardship Minister Tom Nevakshonoff said in a release earlier this month.

This year's award for outstanding achievement went to FortWhyte Alive. FortWhyte Alive is an environmental and sustainable living centre that teaches and demonstrates the cornerstones of sustainability. It provides environmental education, natural and cultural heritage programs and outdoor recreation opportunities. FortWhyte Alive has been working to enhance the sustainability of its operations through actions and targets to increase sustainability in energy, emissions and transportation, water use, waste diversion and procurement.

The Village of Dunnottar also won the Innovation and Research for Sustainablity award.

Dunnottar undertook almost 10 years of research and testing to develop a low-cost, low-maintenance method of reducing nutrients in the

effluent being released from municipal lagoons. Following a successful pilot project, a full-scale passive filter using natural media was constructed in 2014 that has met or exceeded all testing parameters.

Oak Hammock Marsh Interpretive Centre also received an honourable mention for their efforts to increase public understanding of the values of wetlands and encourages public support for their conservation through innovative education and outreach programs.

The centre has welcomed more than two million visitors since it opened in 1993, connecting them with the natural and cultural heritage of the area. Sigurbjorg Stefansson School in Gimli received the Eduation for Sustainability award. Education for sustainability has been a key focus at Sigurbjorg Stefansson School and it has participated in the Eco-Globe Recognition Program since 2009.

The school has focused on enhancing the classroom culture by utilizing the natural environment. Successful initiatives include the creation of outdoor learning spaces, an outdoor classroom, a greenhouse and raised crop gardens that create opportunities for hands-on learning.

The Manitoba Excellence in Sustainability Awards honour those that successfully turn the province's principles of sustainable development into concrete and lasting achievements.

Local library turns the page on successful year

Staff to launch speaker series next month

By Dave Baxter

Two years after opening its doors to the public, the Gaynor Family Regional Library says business is still booming at the state-of-the-art facility.

The library, located on Manitoba Avenue, officially opened in January of 2014 replacing Selkirk's old Red River North Regional Library. Although they saw big numbers of people coming through the doors and borrowing in year one, they knew there was a chance that could drop off in year two.

"We had over 100,000 people visit the library last year and borrowing of books and DVDs was only down about one per cent from the first year," Gaynor Family Regional Library director of library services Ken Kuryliw said. "So we were really pleased that we didn't see the drop off in numbers that a lot of new buildings do, because we have seen where some new libraries drop as much as 30 per cent in year two."

People are still coming through the doors at the library, but they are also spending a lot of time there and not just getting what they need and leav-



RECORD PHOTO BY DAVE BAXTER

Wanda Matson reads to her granddaughter Isabelle Goodman in the kids area at the Gaynor Family Regional Library earlier this month. The library says they haven't seen a drop off in usage since opening in January 2014.

ing, Kuryliw said.

"We didn't anticipate the library being used for study the way that it has," Kuryliw said. "That wasn't happening at our old library. People wouldn't come and stay for three and four hours the way they are now, so that has us really pleased.

"And it's nice to see the high school students and university students coming here."

Kuryliw believes the design of the building is the reason people want to stay once they get there.

"I think it's because we did our job really well with the design, so the building is comfortable and peoplefriendly and bright, and it's more of a community place where people can meet and gather."

The library also features a kids area complete with things like large mushroom seats and Kurvliw said more and more kids are coming to the library.

"That area has been great with the amount of use, and our kids programs are full," he said." What we really want to do is make reading and learning fun and make it something kids want to do, and there is a good mixture of traditional books and technology in the kids area."

The library will start a brand new program next month where they will invite interesting local people to come and speak to an audience.

The first one of these events will see Selkirk resident Majid Kermani, who is making a name for himself in Selkirk for both his sand and ice sculptures, come and talk about his art and why he does what he does.

Kuryliw said the new program will include everyone from local artists to police officers come and talk to people about what they do and answer questions. The new program is being introduced because they have found they offer a good range of kids and seniors programs, but would like to increase their programs for adults, he added.

"So a real focus this year is more adult programming and teen programming," Kuryliw said. "We certainly won't lessen our other programming, but we will make that a focus."

Manitoba celebrates role of women school trustees Proclamation 'a great way of honouring ... life stories is important. the opportunity to learn about the

women in politics,' LSSD board chair says

By Lindsey Enns

With the 100th anniversary of some women's right to vote on the horizon, a proclamation commemorating 2016 as the Year of Women Trustees has been signed to serve as a reminder of the important role these women have played in Manitoba since 1890.

"It's a great way of honouring and recognizing the importance of women in politics," Lord Selkirk School Division board chair Jean Oliver said, adding she encourages more women and men to serve as a school trustee. "Women look at things sometimes in a different light than men, and I'm really happy we have a good cross section of men and women in the division."

Oliver has been a school trustee for 23 years and said the proclamation is a big step forward.

On Jan. 28, 1916, Manitoba women

became the first in Canada to have their right to vote acknowledged.

In Manitoba, women were eligible to serve as school trustees starting in 1890, more than two decades before the legal right to vote was first granted to select women in 1916.

During the quarter century between 1890 and 1916, the only public office that could be held by women was that of school trustee. From a historical perspective, many women in Manitoba have broken significant barriers as school trustees by confronting and overcoming pervasive social, cultural and political obstacles," Premier Greg Selinger said in a release last week.

"Women trustees in Manitoba have been real pioneers in the ongoing quest for universal democracy and suffrage," Premier Greg Selinger said in a release last week. "As a province, stopping to celebrate these trustees'

"They truly help to shine a light on the larger history of women's right to vote."

In July, the Manitoba School Boards Association will host the national trustee gathering on Aboriginal education as well as the annual congress of the Canadian School Boards Association in Winnipeg.

"We are delighted that the 100th anniversary of women's right to vote in Manitoba will be showcased this July at our national gathering and congress," said Janet Foord, president, Canadian School Boards Association. "The proclamation signed today will ensure that trustees from coast to coast have

important firsts achieved by women trustees in Manitoba."

More information on the history of women trustees in Manitoba, including access to the proclamation signed by Selinger, is available on the Manitoba School Boards Association website at mbschoolboards.ca.





red peppers and beef



Ingredients

3/4 lb (350 g) top sirloin steak, cut into thin 1/2-inch (1.25 -cm) cubes 1 tbsp (15 mL) sodium reduced soy sauce

1 tsp (5 mL) cornstarch

1 tsp (5 mL) dry sherry

1/4 cup (50 mL) low-sodium chicken broth

1 tsp (5 mL) oyster sauce

2 tsp (10 mL) cornstarch

2 tbsp (25 mL) canola oil, divided

2 cloves garlic, sliced, divided

4 slices ginger, divided

3/4 lb (350 g) broccoli crowns, cut into 1/2-inch (1.25-cm) pieces

1/3 cup (75 mL) low-sodium chicken broth

1 medium red bell pepper, stem and seeds removed, diced 2 stalks green onion, thinly sliced

Directions

In medium bowl, mix together beef,

soy sauce, 1 tsp cornstarch and sherry. Marinate in refrigerator at least 30 minutes.

In small bowl, stir ¼ cup (50 mL) chicken broth, oyster sauce, and 2 tsp cornstarch. Set aside.

In wok or heavy skillet, heat 1 tbsp (15 mL) canola oil over medium-high heat. Add half of garlic and half of ginger and sauté until fragrant, about 30 seconds. Add beef and stir-fry about 4 minutes, browning meat and cooling until no longer pink. Scoop beef onto a plate. Set aside.

In wok or skillet, heat remaining 1 tbsp (15 mL) canola oil over mediumhigh heat. Tip wok to coat bottom of pan with canola oil. Add remaining garlic and ginger. Stir-fry until fragrant, about 30 seconds. Add broccoli and sauté for 1 minute. Pour in 1/3 cup (75 mL) chicken broth and cover wok or skillet. Cook for 3 minutes.

Remove lid and cook until most of liquid is evaporated. Add red peppers and cook for 1 minute. Add beef. Stir sauce, making sure cornstarch is dissolved, then add to beef and broccoli. Cook until sauce is thickened, about 2 minutes. Stir occasionally to coat meat, peppers and broccoli with sauce. Sprinkle in green onions and cook for another minute. Serve immediately.



Ingredients 20 ounces boneless, cooked chicken

breasts

salt and freshly ground black pepper, to taste

4 tablespoons extra-virgin olive oil, divided

15 ounces canned tomato sauce

1/2 teaspoon ground dried basil

1/4 teaspoon leaf oregano 1 teaspoon sucralose sweetener

(sugar substitute)

1/4 cup grated Parmesan cheese 1 cup shredded whole milk mozzarella cheese

20 cups baby broccoli florets 1/2 teaspoon garlic

Preparation

Heat oven to 350 F.

Using meat mallet, pound out chicken breasts until they are about 1/4- to 1/2-inch thick. Season with salt and freshly ground black pepper, and place into preheated skillet over medium-high heat with 2 tablespoons oil. Cook until brown on both sides, about 2 minutes per side, then layer into 8-by-8-inch baking pan.

In small bowl, combine tomato sauce, basil, oregano, sucralose and Parmesan cheese. Mix with

Chicken Parmesan with Garlic Sauteed **Baby Broccoli**

spoon and pour over chicken. Layer mozzarella on top and bake 25-30 minutes, until cheese is melted and sauce is bubbly.

During last 10 minutes of cooking chicken, use same skillet to saute baby broccoli. Over medium-high heat, add garlic and broccoli to 2 remaining oil. Saute until broccoli is crisp-tender, about 5 minutes. Serve immediately with chicken. Preparation Time 10 minutes

Cook Time 30 minutes



Bacon and Egg Breakfast Pizza

Ingredients

1 package (16 ounces) Smoked Bacon 1 can (10 ounces) refrigerated pizza crust dough

2 cups frozen hash brown potatoes with onions and peppers, partially thawed

1/4 cup chopped green bell pepper

4 eggs 1/4 cup milk

1/2 teaspoon salt

1/2teaspoon pepper 1 cup (4 ounces) shredded cheddar cheese

Preparation Heat oven to 425°F. Cook bacon according to package directions; drain. Press crust into lightly greased 14-inch pizza pan, forming 1/2-inch rim. Bake 5 minutes.

Arrange potatoes, bacon and green pepper over crust. Whisk together eggs, milk, salt and pepper; pour over pizza.

Sprinkle with cheese. Bake for 11-13 minutes or until golden brown and eggs are set. Serves Makes 1 pizza









Strong third period leads Royals to victory

By Brian Bowman

The Selkirk Royals saved their best period for the third against College Jeanne Sauve.

Selkirk scored three unanswered goals in the third period for a 4-2 comeback win in Winnipeg High School Hockey League action Jan. 12 in St. Andrews.

Auzzie Loewen scored the first two goals in the third and then Harley Hoydalo closed out the scoring in the game's waning seconds.

Loewen, who had another strong game for Selkirk, currently leads all Platinum Promotions Division players in points with 36 (16 goals, 20 assists).

He also assisted on Brandon Thomas' second-period goal along with Travis Spratt (who finished the game with two helpers).

Taylor Rana and Loel Asham scored for College Jeanne Sauve.

Brady Hrymak earned the win in goal.

With the victory, Selkirk improved its record to 12-4-0-1-1-1 and now has 40 points. That places them in sole possession of third place in the Platinum Promotions Division.

The Royals hosted River East this past Tuesday but no score was available. Selkirk will then visit the SJR 1 Eagles Monday at Dutton Arena.

Game time is 4:30 p.m. Meanwhile, the Royals had last week off in the Winnipeg Women's High School Hockey League before playing the CSHC Huskies this past Tuesday

and the SJR Eagles yesterday. Selkirk will then play Miles Mac Monday at Gateway Arena (2:15 p.m.). That game was originally set to be played Dec. 16



RECORD FILE PHOTO BY LANA MEIER

Selkirk's Auzzie Loewen scored twice in the Royals' 4-2 comeback win against College Jeanne Sauve Jan. 12.

Royals participate in WWHSHL All-Star Day



RECORD PHOTOS BY LANA MEIER

The Royals' Alyssa Kaoukis (left) and Emma Gillespie (second from left) represented Selkirk in the graduating veteran players game at the Winnipeg Women's High School Hockey League All-Star Day at the MTS Iceplex last Sunday. Meanwhile, Kaitlyn Seed (second from right) and Courtney Sorokopud-Jones (far right) played in the Jets' Game, which showcased the WWHSHL top performers' in Grades 9-12 from across the league.

Royals varsity boys' win Gimli tourney



RECORD PHOTO BY BRETT MITCHELL Selkirk's Brayden Chartrand had a strong game in the Royals' home loss to Kildonan East on Jan. 13.

By Brian Bowman

The Selkirk Royals' varsity boys' basketball team was very successful in Gimli last weekend, winning the tournament title after a 56-34 win over the host Lakers.

In the final Saturday evening, Selkirk jumped out to a commanding 22-2 lead and cruised to the 22-point win.

The Royals started the tournament with an impressive 63-43 win over Beausejour Friday evening.

"(It was) a very solid team win with everyone contributing to the outcome," said Royals' head coach Jody Ford in an email.

On Saturday morning, Selkirk defeated St Anne's 58-55 in a back-andforth battle. Selkirk lost a lead late in the game but Jon Kuz hit a key threepointer to seal the win.

On Jan. 13, the Royals were defeated 98-59 at home by a real good Kildonan East Reivers' squad.

"We actually played very well," Ford said. "We got off to a little bit of a rough start in the first."

Kildonan East took over this game early, opening up a commanding 32-

11 lead. A large part of that offence came from seven three-pointers.

"They have four or five guys that can hit threes consistently," Ford noted. "It's pretty hard to guard against that."

After the slow start, Selkirk played much better as the game wore on. In fact, the Royals played even with the Reivers in the third quarter before getting into foul trouble in the fourth.

For the game, the Reivers shot an impressive 58 per cent compared to 32 by the Royals.

Despite the lopsided loss, Ford noted that several Selkirk players had strong games. Brayden Chartrand, Kuz and Owen Schwartz each played very well, said Ford.

"(Our guys) are starting to come together as a group," Ford insisted. "It's taken some time because they have a new coach, new systems, but they have been very positive."

Selkirk resumed league play last night at Springfield but no score was available at press time. The Royals will then host the Maples Collegiate Marauders on Monday at the Comp. Tip-off is 7:30 p.m.

Royals having a ball



RECORD PHOTO BY BRETT MITCHELL

The Royals' Richelle Recksiedler moves the ball up court against Kildonan East during KPAC play on Jan. 13. Selkirk will be hosting its annual Royal Rumble varsity girls' tournament this week with action beginning today and continuing through until Saturday.

Manitoba	Ho	nd	ων	Ct	anı	lin	ac	Southwest	33	16	15	1	34	110	110
Iviaiiituua	IIU	JUN	σy	υι	am		yə	Brandon	32	16	15	0	33	92	95
MANITOBA JUNIOR								Kenora	33	16	16	1	33	121	133
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA	Parkland	32	13	16	0	29	114	133
Portage Terriers	46	38	6	2	78	198	96	Interlake	33	7	26	0	14	80	163
Steinbach Pistons	44	33	9	2	68	179	109	Pembina Valley	32	5	25	1	12	63	154
Winkler Flyers	41	28	10	3	59	170	100	Norman	35	3	30	2	8	92	210
Virden Oil Capitals	41	25	16	0	50	139	94	AAA CITY MIDGET							
Winnipeg Blues	45	22	17	6	50	157	137	HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Swan Valley Stampeders	42	18	19	5	41	119	142	Winnipeg Monarchs	24	17	5	0	36	133	65
Selkirk Steelers	42	18	22	2	38	151	169	Winnipeg Hawks	27	17	8	1	36	127	98
OCN Blizzard	46	18	26	2	38	135	172	Winnipeg Warriors	27	16	10	1	33	99	80
Dauphin Kings	40	15	23	2	32	123	161	Eastman Selects	26	14	11	0	29	78	73
Waywayseecappo Wolverines	42	12	26	4	28	108	176	Winnipeg Sharks	27	11	11	2	27	104	107
Neepawa Natives	41	8	33	0	16	88	211	Interlake Lightning	27	0	25	1	2	45	163
KEYSTONE HOCKEY LEAGL	JE							Yellowheadc Chiefs	0	0	0	0	0	0	0
South Division	GP	W	L	OTL	PTS	GF	GA	Parkland Rangers	0	0	0	0	0	0	0
Selkirk Fishermen	25	18	5	2	38	100	66	õ	GP	w	L	OTL	PTS	GF	GA
St. Malo Warriors	26	16	8	2	34	124	102		25	22	2	0	45	иг 172	42
Lundar Falcons	26	13	9	4	30	110	94	Winnipeg Monarchs			2	-			
Arborg Ice Dawgs	26	13	11	2	28	116	105	Winnipeg Warriors	24	19		1	41	161	46
North Winnipeg Satelites	28	9	19	0	18	92	127	Winnipeg Hawks	26	13	12	1	27	103	80
North Division	GP	Ŵ	Ĺ	ÖTL	PTS	GF	GA	Eastman Selects	22	12	8	1	26	91	80
Pequis Juniors	28	22	4	2	46	219	98	Winnipeg Sharks	23	7	14	2	16	72	116
OCN Storm	25	20	5	0	40	176	87	Interlake Lightning	27	4	23	0	8	59	177
Cross Lake Islanders	27	13	14	0	26	173	169	MANITOBA HIGH SCHOOL HOCKEY							
Fisher River Hawks	27	8	18	1	17	143	180	Platinum Promotions Division	GP	W	L	OTL	PTS	GF	GA
Norway House North Stars		1	27	0	2	76	301	St. Paul's 1	20	16	0	1	55	110	30
MANITOBA MAJOR JUNIOF			21	0	2	10	001	Oak Park	18	15	1	1	48	87	30
HOCKEY LEAGUE	GP	w	L	OTL	PTS	GF	GA	Lord Selkirk	19	12	4	1	40	61	43
Raiders Jr. Hockey Club	32	23	7	2	48	121	88	Vincent Massey	17	10	2	2	38	79	33
Pembina Valley Twisters	32 31	20	8	2	40 43	135	00 99	Garden City	20	9	8	1	32	57	67
			0 7					River East	17	7	8	0	23	49	60
Charleswood Hawks	30	19	10	4 1	42	119	82	Kelvin	19	4	8	2	23	52	66
St. Vital Victorias	30	19			39	119	102	Sturgeon Heights	20	6	12	1	20	36	87
St. James Canucks	31	17	13	1	35	114	114	College Jeanne Sauve	17	4	10	1	17	46	57
Stonewall Jets	31	15	14	2	32	117	105	Stonewall	18	1	16	0	4	20	65
Transcona Railer Express	30	13	15	2	28	111	123	SJR1	17	1	16	Õ	3	25	84
River East Royal Knights	32	13	17	2	28	90	108	••••	GP	ŵ	Ĺ	ÖTL	PTS	ĞF	GA
St. Boniface Riels	32	12	17	3	27	104	128	Miles Mac Buckeyes	16	15	0	1	31	79	10
Ft.Garry/Ft.Rouge Twins	31	4	25	2	10	74	155	Selkirk Rovals	18	11	6	0	23	96	42
AAA MIDGET								Glenlawn Lions	20	11	8	1	23	51	58
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA	CSHC Huskies	17	11	6	0	22	71	41
Eastman	34	32	0	1	66	175	62	Beliveau Barracudas	18	9	7	1	20	59	61
Wild	33	27	4	1	56	135	56	West Kildonan Wolverines	18	9 2	, 15	0	20 4	34	114
Yellowhead	33	22	6	0	49	113	77	SJR Eagles	15	1	13	0	4	34 27	91
Thrashers	32	22	9	1	45	145	75	-			15	U	2	21	ฮเ
Central Plains	34	19	10	2	43	116	88	*STATS AS OF TUESDAY, J	ANUA	KY 19					

Steelers win two of three on the road last weekend

By Brian Bowman

Playing three road games in three days is never easy, but the Selkirk Steelers made it look like the time away from home didn't affect them much at all.

Selkirk won two of three games last weekend, finishing their road trip with a solid 5-1 victory over the Natives in Neepawa on Sunday evening.

Selkirk's Dallas Starodub continued his strong play this season with two first-period goals. The veteran forward now has 16 goals and a teamleading 46 points through 41 games this season.

Austin Hingtgen cut the Steelers' lead in half in the second period but

Riley Derlago quickly replied just 43 seconds later to put the Steelers up 3-1.

Ezra Hall and Victor Knaub then sealed the win with third-period goals.

Hayden Dola made 35 saves for the win.

The Steelers started their road trip last Friday with an impressive 6-1 win over the Swan Valley Stampeders.

Chris Westlund, Derlago and Brady Castellano scored for Selkirk in the first period and then Westlund made it 4-0 late in the second.

Josh Tripp finally solved Dola with a power-play goal early in the third but Selkirk replied with power-play goals

from Jake Dudar and Derlago.

Taylor Fisher assisted on both of those Selkirk goals and finished the game with three points.

The third period featured a couple of fights with the Steelers' showing off their size with Hall and Austin Douglas both dropping the gloves with Swan Valley players.

Both Steeler players are listed at 6-foot-6 and over 200 pounds.

But as good as Selkirk was Friday and Sunday, they were not very good at all on Saturday in a 5-2 loss to the Waywayseecappo Wolverines.

After Selkirk's Ty Kraus gave the visitors a 1-0 first-period lead, Johl Swedlo and Alex Keena scored for the

Wolverines' in the second.

Waywayseecappo increased its lead to 4-1 as Brayden Cullum and Alex Keena tallied before Derlago struck on the power play at 15:15 of the third. Swedlo then closed out the scoring with an empty-net goal at 18:43 of the third.

The Wolverines outshot the Steelers 40-19, including 23-4 in the second period.

Selkirk, now 18-22-2, will return home for four straight games. The Steelers will host Neepawa Friday and Swan Valley on Saturday.

Winkler will be here Tuesday and then Steinbach comes to town Jan. 29. All four games have 7:30 p.m. starts.

Interlake curlers to compete at Scotties this week

By Brian Bowman

There will be no Jennifer Jones at this week's Scotties Tournament of Hearts, but there will still be a bevy of talented curlers.

And some of those curlers are from the Interlake.

Gimli's Kerri Einarson, who curls out of East St. Paul, is the No. 2 seed and should have high expectations at this year's Scotties. Einarson has lost the last two provincial finals and is considered a favourite to make a deep run at this year's provincials.

Marquette's Brandi Oliver plays fifth on Dauphin's Lisa Menard rink while Vanessa Foster of Arborg is the second on Darcy Robertson's Rossmere rink. Joelle Brown's Assiniboine Memorial team includes Lindsay Baldock of Balmoral.

Those are some real good curlers.

But one great curling team won't be at this year's Scotties.

Jones's St. Vital rink will be Team Canada at this year's nationals, meaning she will not be competing at the provincial championship in Beausejour. That leaves it wide open for such teams like Granite's Kristy McDonald, the top seed, Barb Spencer (Assiniboine Memorial) and Michelle Montford (Assiniboine Memorial) to win this year's provincials.

Action began Wednesday at the Sun Gro Centre and will continue through Sunday. The final is slated for 1:30 p.m. and will be broadcast live on Sportsnet.

The top 16 women's teams in Manitoba will be competing to represent our province at the 2016 Canadian Scotties Tournament of Hearts in Grande Prairie, Alta. from Feb. 20-28.

Here are the pools for the teams' seven-game round-robin:

"Asham" Black Group Shannon Birchard - St.Vital Joelle Brown - AMCC Kim Link - East St. Paul Christine Mackay - Fort Rouge Kristy Mcdonald - Granite Michelle Montford - AMCC Terry Ursel - Neepawa Mackenzie Zacharias - Altona

"Extreme Force" Red Group Kerri Einarson - East St Paul Janet Harvey - Granite Lisa Menard - Dauphin Cathy Overton-Clapham-Fort Rouge Cheryl Reed - Brandon Darcy Robertson - Rossmere Jennifer Rolles - Burntwood Barb Spencer – AMCC

hunder to participate in MGFA this season

Submitted

After playing an exhibition schedule this past year, the Interlake Thunder intends to enter teams in both junior and senior divisions of the Manitoba Girls Football Association for the 2016 season.

The MGFA is a girls' spring tackle football league that plays six per side.

Intended to develop and foster opportunities for girls to play football against other girls, the MGFA is comprised of two divisions (Junior for

girls born 2004-07 and Senior for girls born 2000-03).

In 2015, the MGFA was comprised of four clubs and, with the addition of the Thunder and another team, will increase to six member clubs for the 2016 season.

The Thunder will draw players from their traditional catchment area, being the perimeter highway in the south, Hwy 6 in the west, and the Red River in the east. Any players from outside that catchment, who do not reside within that of another MGFA team, are welcome to participate with the Thunder program.

Registration will be held in late March in both Selkirk and Stonewall with the season commencing in early May. Weather permitting, training camp will kick off in early April.

Present and former Thunder and MGFA players will be holding information sessions at many of the schools within its catchment to give interested players an opportunity to speak with girls who have previously played tackle football and to check out some of the equipment and uniforms.

Those interested are asked to stay tuned for dates, times and locations of the cavalcade and for more information about the Thunder program.

If anyone is interested in participating, would like some more information, or would like to be added to the Thunder e-mail list, please contact Joel McDonald at thunder.football@ highspeedcrow.ca.



Fishermen iced by Arborg

By Brian Bowman

The Selkirk Fishermen received a nice little wakeup call from the Arborg Ice Dawgs on Sunday.

Arborg stunned the South Division-leading Fishermen with a 6-2 home win in Keystone Junior Hockey League action.

Griffin Steeves and Drayton Mendrun scored first-period power-play goals for Selkirk but that would be all of the offence for the Fishermen.

Arborg, which held period leads of 3-2 and 4-2, received goals from six different players.

Cory Kuldys, Derric Gulay, and Neal Sigvaldason scored in the first period and then Connor Jonasson tallied in the second.

Colton Davies and Aaron Kristjanson then closed out the scoring in the third.

On Jan. 12, Selkirk edged the St. Malo Warriors 4-3 at the Selkirk Rec

Complex.

Corbin Pasternak scored twice for Selkirk, including the game winner with 7:15 remaining in the third period.

St. Malo grabbed a 2-0 first-period lead on goals by Jordy Hill and Dustin Wiebe but Selkirk erased that deficit with three second-period goals.

Milan Horanski and Jeremy Pachkowsky tied the score at 2-2 before Wiebe potted his second power-play goal of the game midway in the middle frame.

With the split last week, Selkirk is now 18-5-0-2 and has 38 points. That's four points ahead of the second-place St. Malo Warriors (16-8-0-2).

The Fishermen and Ice Dawgs hooked up again last night but no score was available. Selkirk will visit the Fisher River Hawks on Friday (8 p.m.) and then host the Warriors Sunday (7:30 p.m.).



RECORD PHOTO BY BRETT MITCHELL The Fishermen's Corbin Pasternak scored twice, including the game winner in Selkirk's 4-3 win over St. Malo on Jan. 12.

Former Steeler receives Mike Ridley Award

By Brian Bowman

Former Selkirk Steelers' forward Dustin Bruyere was one of several University of Manitoba Bisons' hockey players that received a 2015-16 Mike Ridley Annual Award, the school announced Monday afternoon.

The Mike Ridley Awards were established in 2003-04 season as an endowment fund for the University of Manitoba.

For the 2015-16 season, there were 20 Bison men's and four Bison women's hockey players awarded based on exhibited superior athletic ability, coupled with good academic standing and high level of leadership as a fulltime student.

This season, each male student-athlete received \$800 while each female student-athlete received \$700.

"This is the 13th consecutive season in which the annual support of Mike and Chris Ridley has been delivered to both Bison hockey programs and Bison Sports is grateful for their generosity," said Bison sports athletic director Coleen Dufresne in a media release.

"It is with tremendous pride that these annual awards continue to assist very deserving Bison hockey players from both successful programs on a continual basis."

Mike Ridley played with the Manitoba Bisons from 1983-85 before embarking on a 12-year NHL career with the New York Rangers, Washington Capitals, Toronto Maple Leafs and Vancouver Canucks. His last season as a professional was played with the Manitoba Moose. The Winnipeg native was the first Bison hockey player to have his jersey retired.

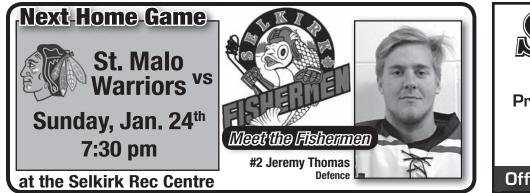
The following Bison hockey players are 2015-16 Mike Ridley Awards recipients:

Men - Justin Augert, Liam Bilton, Channing Brescani, Brett Brooks, Dustin Bruyere, Warren Callis, Jordan DePape, Adam Henry, Rene Hunter, Dylan Kelly, Shaq Merasty, Jesse Paradis, Justin Paulic, Luke Paulsen, Joel Schreyer, Byron Spriggs, Brett Stovin, Brock Sutherland, Dasan Sydora, and Jonah Wasylak.

Women - Caitlin Fyten, Nicole Mc-Glenen, Charity Price, and Cassandra Taylor.



Dustin Bruyere





Selleink Record



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AUTO PARTS

4 Ice Radials on rims for Astro van, used 1 season \$500. Ph. 204-485-0010.

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

APARTMENT FOR RENT

Available immediately in Selkirk, pet friendly large 2 bedroom apartment main floor of home. \$1200/mo. includes fridge, stove, heat, electricity, water. Damage deposit/references required. Call Pat at 204-482-6678 after 5 p.m

Tollak Place, 40 Eveline St. Large 2 bedroom suite for February 1st. Heat & water included for \$1287. Smaller 2 bedroom for April 1st \$750. Parking available for \$34 p/month. Call 204-482-2751 or D-7 Property Management at 204-989-4210.

HOUSE FOR RENT Desirable, immaculate, 3 bdrm., 2 bathroom for rent in Selkirk. Excellent location, close to all amenities. Includes appliances, parkall ing, garage & shed on double lot. Available immediately. \$1,350/ mo plus utilities. References required. Call or text 204-791-8876

HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

FT/PT restaurant waiting staff. Experience preferred. Call Sheri at Rockwood Motor Inn 204-467-2354.

Round-Tuit Cleaning Services has an opening for permanent part-time janitorial positions. For further information call 204-785-3257.

Liberty Tax Service is looking for an experienced Tax Preparer with computer knowledge. Knowledge in small business, truckfishermen, and ers. farmers. Positions are available immediately. Call 204-482-3444.

LORD SELKIRK

SCHOOL DIVISION



MISCELLANEOUS

Starter kit for straw home/building. bale 269 flax "tow" bales, approx. size of bales 21"x22"x50". Sufficient bales for a 40x40 building w/10' walls (E.O.E) bales are "load bearing" & huge "R" value. \$16 per bale FOB the farmyard. James 204-782-5590.

Batteries for everything. Automotive, farm, construction. ATV. marine. motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www. batteryman.ca

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com.au/ Jan. 21 Province-wide **News Tips?** sifieds. Reach 400,000 readers week-**Story Ideas?** ly. Call this us at 1-204call the Record 467- email 5836 clas-204-785-1618 sifieds@mcna.com for details

MISCELLANEOUS Reforestation nursery seedlings of hardy trees, shrubs, & berries for shelterbelts or landscaping. Spruce & Pine from \$0.99/tree. Free shipping. Replacement guarantee. 1-866-873-3846 or www.treetime. ca.

and whales on our Arctic Explorer Voyage next summer. Save 15% with our winter sale for a limited time. Call toll-free: 1-800-363-7566 or visit: www.adventurecanada. com (tico#04001400)

PERSONAL

Readings. Psychic Need help? Got questions? Career- Relationships - Health, Get the help vou need with a psychic reading by Adam. 30 years experience. Call now! 204-268-1013.

Consumer Health Advocate and Self-Advocacy of Manitoba. Supporting the family and primary care providers caring for a loved one in declining health.ken@ kenknaggs.ca for information on personal support, small group sessions and public speaking.

PERSONAL

Christian Advocate supporting those seeking authenticitv and renewal of passion for the Chrisfaith. ken@ tian kenknaggs.ca for information on personal support, small group and large group sessions.

POTATOES FOR SALE

Potatos - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

McSherry Auction Service Ltd **MOVING & ESTATE** Sat Jan 23th @ 10:00 am Stonewall, MB

#12 Patterson Drive Yard, Tools, Antiques, Household, New Store **Product China Cabinets**

General Store Display Case, Moorcroft, **Excellent China &**

Glassware. Always Lots of Exciting Items! Next Moving and Estate Jan 30th @ 10 am.

Stuart McSherry Stonewall, Manitoba (204) 467-1858 or

(204) 886-7027 www.mcsherryauction.com

NOTICE

Winners of Troyanda Grey Cup 2015: T. Cale, D. Lussier, A. Pokrant. G. Vadeboncuer, B. Riddell. H. Allan. M. Seddon, J. Moffatt.

HAY 100 bales of alfalfa timothy brome mix, approx. 1250 lbs. per bale. Baled in July with no rain. \$45 a bale. Ph 204-378-2915.



EMPLOYMENT SERVICES Is looking for a dynamic individual to join our team!

The Job Coach/Mentor provides excellent support to our clients and staff. This individual must possess excellent interpersonal skills, organizational skills, and the ability to multi-task. Qualifications:

- Grade 12; preferably Post-Secondary Education in Counselling or Psychology Criminal Record & Child Abuse Registry Check
- · Experience working with at-risk youth Valid Class 5 Drivers License
- Physically Fit(Able to assist on job site)

Some Duties Include:

-Work as a team to identify candidates for program

-Market clients to employers

-Coach clients in becoming employment ready

This is a 1 year term position;

30hours/week with potential for full time Resumes may be emailed to options@mymts.net

Deadline is Monday February 1st, 2016



Our division operates a fleet of 65 school busses, fifty-one regular routes with additional double routes to transport 2850 students safely to and from our schools.

We want to put the right people on the bus. Come train to be a

Spare School Bus Driver and join our team!

Responsibilities: To drive students to and from school safely. **Experience and Knowledge:**

- Must hold a valid Class 5 driver's license:
- A clear driver abstract for 2+ years driving;
- Ability to read and follow maps;

Must be able to communicate in English (both written and oral). Rate of pay is \$90.05 for both the morning and afternoon route, and pro-rated for a half day.

We are accepting applications until we fill all available spots.

For a complete list of duties & qualifications, visit Employment Opportunities at www.lssd.ca

If you would like more information, please contact

Angie Munch

Director of Human Resources Lord Selkirk School Division Phone: (204) 482-5942 Email employment@lssd.ca

CLEANER at East Selkirk Middle School 1140 Strathcona Road Permanent position beginning February 17, 2016 For a full list of duties and qualifications, please visit our web page at www.lssd.ca **Rural Municipality of St. Andrews**

We are hiring a



In accordance with Section 194 of The Municipal Act, NOTICE is hereby given that copies of the 2014 Audited Financial Report of the Rural Municipality of St. Andrews, together with the related statements have been deposited at the office of the Municipality and are available for inspection at any time during regular office hours.

Andrew Weremy Chief Administrative Officer R.M. of St. Andrews



#2600 Wenzel Street immediately north of PTH #101. The property is a 5.56 acre well treed site. The property has recently been rezoned as Neighbourhood Commercial (CN). With the change in zoning, Council is exploring a potential sale of the property to someone who is looking to develop a commercial interest in our community within the next 24 months.

We are asking interested parties to submit an Expression of Interest (EOI) to the RM of East St. Paul for the development of the property. The EOI should include an overview of the intended commercial interest and the timelines for the development. Based on the EOI's received, the RM may invite selected parties to participate in a competitive opportunity for the sale of the land. Those invited will have a commercial interest the RM believes will most enhance the community.

Responses should be delivered by hand, regular mail, facsimile or email to the following location before January 29, 2016. Rural Municipality of East St. Paul

3021 Bird's Hill Road Bird's Hill Manitoba, R2E 1A7 Fax: 204-667-1987 Email: administration@eaststpaul.com

For any additional information, please call

Bruce Schmidt, Chief Administrative Officer, at 204-668-8112 or via email at bruce.schmidt@eaststpaul.com.

VACATION/TRAVEL

See polar bears, walrus



PUBLIC NOTICE

Common Law Copyright Notice: All rights reserved re: common-law copyright of the name/trade-mark of debtors listed below, as well as any and all derivatives and variations in spelling of said trade name(s) / trade-mark(s), may neither be used, nor reproduced, neither in whole nor in part, nor in any manner whatsoever, without prior consent and acknowledgement of the Secured Party listed below. For each occurrence of use of Debtor and Secured Party listed below authenticates this self-executing Contract/Security Agreement and will result in full commercial liability in the sum of certain amount of One Hundred Million of American Basel III Compliant functional fiat currency (\$100,000,000.00 or equivalent) adjusted to inflation plus triple damages. Debtor(s): BEVEREY NETTIE MAY RUSSELL©™ Secured Party: Beverley Nettie May Russell©™ Debtor(s): CAROLEIGH TAMLAY GARNER©[™] Secured Party: Caroleigh Tamlay Garner©™ Soaring Spotted Hawk Woman©™ Uniform Commercial code file #2015-332-9300-0 Personal Property registry number 201523045500: Debtor(s): VALLERIE CHERELYNE DOELL©™ Secured Party: Vallerie Cherelyne Doell©™ Debtor(s): DALE WAYNE ENNS©™ Secured Party; Dale Wayne Enns©™ Uniform Commercial code file #2015-330-9134-7 Personal Property registry number 9774341 Debtor(s): GERALD BERNARD DOELL©™ Secured Party: Gerald Bernard Doell©™ Uniform Commercial code file #2015-330-9135-4 Personal Property registry number 9812641 Debtor(s): ANDREA CANDACE ENNS©™ Secured Party: Andrea Candice Enns©™ Uniform Commercial code file #2015-330-9136-1 Personal Property registry number 9869891 Debtor(s): ROSE VIRGINIA DALE DOELL©™ Secured Party: Rose Virginia Dale Doell©™ Uniform Commercial code file #2015-328-8680-7 Personal Property registry number 981281 Debtor(s): ROSE VIRGINIA DALE BROWN©™ Secured Party: Rose Virginia Dale Brown©™ Uniform Commercial code file #2016-011-9464-2 Personal Property registry number 052039 J Gentle Brown Bear Woman©™ Debtor(s): ANDREA CANDACE DOELL©™ Secured Party: Andrea Candice Doell©™ Uniform Commercial code file #2016-011-9428-4 Personal Property registry number 052032 J For general information on public notice above make all enquires by email to: gvda.commonlaw@gmail.com

NOTICE TO CREDITORS In the matter of the of **LUCILLE** estate COOK. late of Selkirk.

Manitoba, Deceased. All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Albert Cook, 629 Strathnaver Ave. Selkirk, MB R1A 0J3 on or before the 28th day of February, Dated at Selkirk, Manitoba, this 13th day of January, 2016.

2016.

lene Eagle

of Lucille Cook

Albert Cook and Mar-

Executors for the Estate

hotmail.com

ANNOUNCEMENTS WEDDING ANNOUNCEMENT



Alexandra Marie Rohne and Kieran Layne Moolchan are thrilled to announce their upcoming wedding on August 27th, 2016 in Winnipeg.



HEALTH

Are you suffering from ioint or arthritic pain? If so, vou owe it to vourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@

ANNOUNCEMENTS BIRTHDAY



Happy 80th Birthday Helen (Amma) Sutherland We love you to the moon and back

Wayne and family

-Hugs,

ANNOUNCEMENTS **IN MEMORIAM**

In Memory of our Parents Albert (Cowboy) Eames July 20, 1922 - January 20, 1996 Kathleen Eames September 30, 1919 - January 26, 2013 Never more than a thought away,

Quietly remembered every day. -Miss you,

Love your family

ANNOUNCEMENTS IN MEMORIAM



Darrel Nicholas Krut June 21, 1950 - January 26, 2015 In loving memory of our dear Husband, Father and Grandfather who passed away one year ago Those we love don't go away, They walk beside us every day; Unseen, unheard, but always near, Still loved, still missed and very dear. Death leaves a heartache no one can heal, Love leaves a memory no one can steal. From the family who thought the world of you. -Love: Valerie, Chad, Kendall, Davis, Carys,

Dexter, Bridget, Jarrod, Cali, and Maddison

ANNOUNCEMENTS

IN MEMORIAM



Darrel Krut January 26, 2015 There is a place in our hearts, No one can ever fill; We miss you dear Brother, And always will. -Always loved and Forever remembered.

sisters. Joan and Debbie ANNOUNCEMENTS

IN MEMORIAM

In Memory of

Linda Johanson March 10, 1950 - January 25, 2015 Think of you often. Miss you always.

-Your sister-in-law Laverne and family

ANNOUNCEMENTS **IN MEMORIAM**



Thelma Gladys Samagalski July 6, 1934 - January 22, 2009 We thought of you today, But that is nothing new; We thought about you yesterday, And days before that too. We think of you in silence, We often speak your name; Now all we have are memories. And your picture in this frame. Your memory is our keepsake. With which we'll never part: God has you in His keeping, We have you in our hearts. -Love Nick, Trevor, Debbie, Sandra, Tracy

and their families



OBITUARY



Paul Michael Zahayko

Suddenly and peacefully, Paul Michael Zahayko, aged 89, passed away on January 12, 2016.

Paul was predeceased by his loving wife Lucy; parents Nicholas and Dora Zahayko; sisters Nellie, Anne, Doreen and brother George. He is survived by sons Murray (Debbie), Bob (Gail) and Darren (Bonnie); grandchildren Samantha (Derek), Taylor (Scott), Graham (Nancy), Gregory (Stacey), Brittany (Dustin), Lee (Mike) and Ryan; great-grandchildren Oliver, Danica, Scarlett and Sofia. Also surviving Dad is nephew Don Korbas, who was more like a brother to Dad and many extended family and friends.

Paul was born in East Selkirk, Manitoba on May 17, 1926. Paul lived most of his life on the family farm in East Selkirk. He started working at the Manitoba Rolling Mills at the age of 17, bicycling to and from work every day, saving enough to purchase a car. He

retired after 40 years of service.

On July 18, 1953, Paul married the love of his life Lucy and raised their family of three boys. Paul enjoyed repairing his cars, working the farm and socializing with their friends. He especially enjoyed dancing with Lucy and friends at Poplar Park Barn Dances. Summers were spent driving east and west visiting relatives, and hosting many family get-togethers on the farm. Later in life he enjoyed travelling with friends and family and making frames for Lucy's Ukrainian Easter eggs. Paul

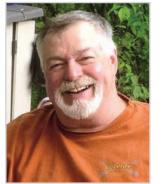
also volunteered at various East Selkirk community events. Thanks to Selkirk Home Care and residents of Tollak Place, Muriel, Jaimie and Cher.

A memorial service was held on Friday, January 15 at 1:00 p.m. in the Gilbart Funeral Chapel,

Selkirk. A private interment of ashes will take place at a later date in East Selkirk Cemetery. In lieu of flowers, donations can be made to the Heart and Stroke Foundation, 6 Donald St. Winnipeg, MB, R3L 0K6

www.gilbartfuneralhome.com





OBITUARY

Teddy Paul Balcaen June 23, 1956 – January 16, 2016

Surrounded by his family, Ted passed away January 16, 2016. He will be loved and missed by his wife Joan; daughters Dawn Anne (Kyle) and Christy (Chuck); grandsons Kobe, Wyatt and Jack; mother Lois; brother Larry (Terry); sister Charlene (Keith); nephews Cody and Cory; in-laws Alfie (Diane), Lynn, Barry (Laura), Jayson (Maureen) and his little buddy Boo. Teddy was predeceased by his dad Charlie; mother-in-law Betty; father-in-law Adelard and special uncle Barney.

Ted was very proud that he raised his daughters as strong independent women. His grandchildren were his pride and joy and his family was his main focus in life.

Ted and Joan went on many vacations and their annual motorcycle trip on his Harley was the highlight of his summer. His wife was truly his "queen".

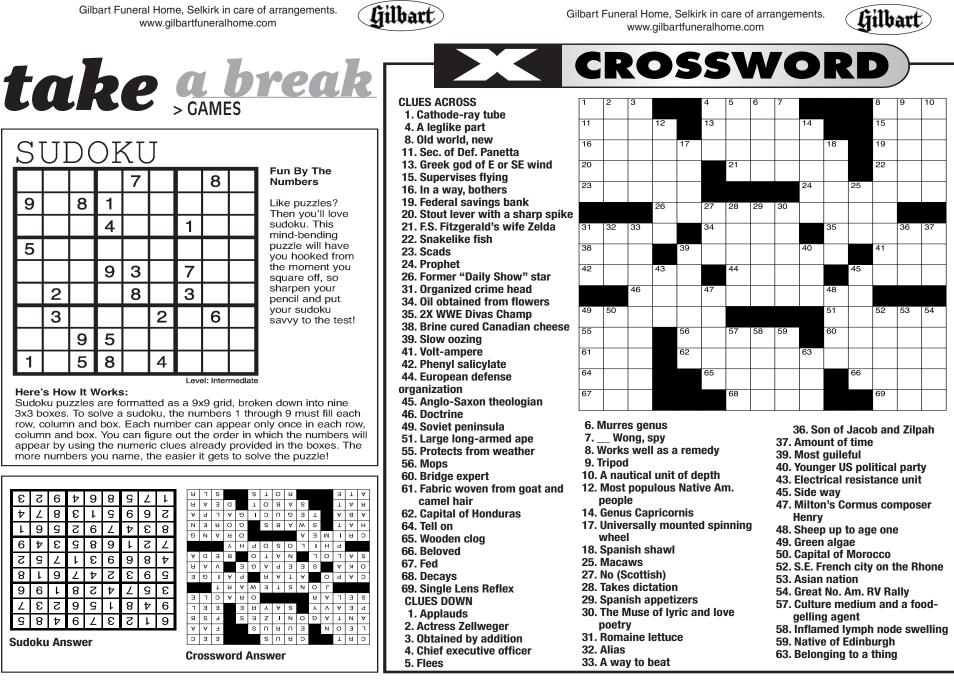
Ted was proud that he started his career in the Canadian Air Force and was a long standing member of the Royal Canadian Legion. He excelled at everything he did and had a very successful career as a millwright.

He was extremely talented in cooking, decorating, woodcarving, refurbishing and was often referred to by his friends as "Marty Stewart", no one ever went hungry when Ted was around.

Ted spent many years enjoying his cabin, where he hosted many hunting and fishing trips. He was a real outdoorsman and loved the remoteness and solitude.

There is not a person who knew Ted that wouldn't have a "Teddy Story". He was truly one of a kind. He will be sadly missed by family and friends.

In honour of his wishes there will be no funeral service. A private family celebration will be held. Till we meet again "Over Out"



Here's How It Works:

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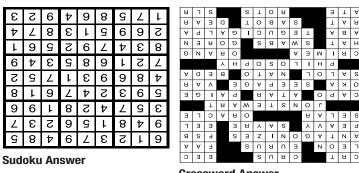
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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



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30 The Selkirk Record Thursday, January 21, 2016
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