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VOLUME 10 EDITION 2

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KidFish
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RECORD PHOTO BY JUSTIN LUSCHINSKI

Pictured from left to right: Kiara Deleeuw, 10, Arianna Deleeuw, 8, and Zoey Peattie, 5, all from the town of Ste. Anne, were among the hundreds of anglers taking part in the fifth annual KidFish Ice Derby near Selkirk last Sunday. The tournament aims to introduce children to fishing, with proceeds going towards the Children's Hospital Foundation of Manitoba and CancerCare Manitoba Foundation. For a story, see Page 2.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Hundreds of anglers hit the ice for KidFish Ice Derby

By Justin Luschinski

Hundreds of anglers of all ages made their way onto the ice north of Selkirk for the fifth annual KidFish Ice Derby last Sunday.

Organizers said this year, a total of 1,988 participants, including 728 youth, took part in the event along with more than 100 volunteers. This year's derby also helped raise more than \$70,000 for the Children's Hospital Foundation of Manitoba and CancerCare Manitoba Foundation.

Over the last four years, the derby has helped raise more than \$170,000 for services, programs and specialized medical equipment provided through the two foundations.

Garther Cheung, the derby's director, said the tournament continues to grow every year and it's quickly becoming the premiere event for kids in the region.

"We don't even see this as a derby anymore, we see it as a festival," Cheung said during last Sunday's event. "It's so much fun, where else are you gonna find 800 kids on the ice, in the middle of winter, laughing, having a great time. And every fish gets a prize. Everything we do, it's all for the kids."

Cheung said the event has seen massive growth since their first tournament. Initially, they only had 13 title sponsors, and they could only raise around \$5,000. Now, they're sitting at 85 title sponsors, with big organizations such as the Winnipeg Jets and PCL Construction putting their weight behind the tournament.

Although the fishing tournament is the main attraction, the event also features several mini-games, free food, and prize draws that the children can participate in.

Rick Deleeuw of St. Anne's brought his daughters Kiara and Arianna to the tournament to introduce them to the wonders of ice fishing.

"I want to get out with the kids, get them fishing. I've been fishing for 25 years, pretty much my whole life, I just love being outdoors," Deleeuw said, in between checking on his line for a bite. "I just want them to get an



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Hundreds of local and area children took part in the fifth annual KidFish Ice Derby north of Selkirk last Sunday.



appreciation for nature."

Arianna said that while she wasn't having any luck fishing, she was having fun.

Cheung said Selkirk is incredibly lucky to sit right next to some of the best fishing in the world.

"We are so lucky to be right next to (the Red River). The fishery we have (in Selkirk) is world-class. Not just

world-class wall-eye, but world class catfish. It's so close to home, for us in Winnipeg," Cheung said. "That's why we get so many Americans here, they come in droves because of the

fishery. We gotta teach our kids to not take it for granted."

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IERHA welcomes first baby of 2019 at Selkirk hospital



SUBMITTED PHOTO

New Year's baby Emma Jean Smith with mother Breaune Boyd and father Aaron Smith are pictured inside the Selkirk Regional Health Centre. Emma was born last Wednesday.

Staff

The Interlake-Eastern Regional Health Authority (IERHA) welcomed its first baby of 2019 at the Selkirk Regional Health Centre last Wednesday afternoon.

Weighing seven pounds, 13 ounces, Emma Jean Smith was born to mother Breaune Boyd and Aaron Smith of the Beausejour area. Boyd, an electrician and Smith a concrete pump operator were thrilled to welcome their first child and are looking forward to introducing her to their two dogs when they get home.

Prior to the family's departure from the hospital, members of the Selkirk and District General Hospital Ladies Auxiliary presented them with a gift basket which included diapers, toys, a baby carrier and a digital baby monitor. The auxiliary celebrates the hospi-

tal's first baby of the year with items that provide comfort and help extend the care received at the hospital into the baby's home.

Dr. Speer attended the birth and Boyd said that the team of care providers from the Selkirk Regional Health Centre who were with her throughout Emma's birth were "fantastic."

"The staff and the ladies auxiliary were all so fantastic," Boyd stated in a release last Thursday. "The ladies auxiliary is really generous."

Sara Unrau, clinical team manager of obstetrics at Selkirk Regional Health Centre, said the reported deliveries in the region this past year surpassed the number delivered in 2017.

"There were 272 babies born in 2017 compared to 377 babies born this past year," Unrau said. "We hope to surpass that number over the next year."

Community choir kicks off winter coffee house sessions

Staff

The Selkirk Community Choir has officially kicked off their annual coffee house sessions for those interested this winter.

This year's session started on Tuesday, Jan. 8.

"It's a great way to introduce or rekindle the joy of choral singing to people involving only a short commitment and a dynamic program and director," said Denise Jacobs of the Selkirk Community Choir. "No previous experience or auditions, just come out and enjoy the music." The sessions are held at the Lutheran

Church of the Good Shepherd located at 106 Sawchuk Dr. in Selkirk where the choir meets regularly from 7 p.m. to 9 p.m. every Tuesday from September until the end of May.

For more information, contact the Selkirk Community Choir via email at selkirkcommunitychoir@gmail.com or contact Denise Jacobs directly by calling 204-482-5557. The Selkirk Community Youth Choir also meets on Tuesdays from 5:30 p.m. to 6:30 p.m. For More information contact Kendra Obach at 204-785-1929 or Beth Emmers at 204-482-9314.

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RECORD PHOTOS BY BRETT MITCHELL

Winnipeg classic rock, rhythm and blues band Cobra Snake Necktie performs at The Merch last Saturday night.



Dash food delivery service expands to Selkirk, area

By Lindsey Enns

A new food delivery service has set its sights on Selkirk and area.

Dash! Dining and Entertainment officially launched in Brandon, Man. in January 2015 as a website and app that featured a variety of local restaurant menus. Last year, they added delivery, which they now offer through their Dash Delivers website and app at dashdelivers.ca.

Dash officially expanded its food delivery service to Selkirk and area last Thursday. They currently deliver to Selkirk, East Selkirk, St. Andrews, Lockport and Clandeboye seven days a week from 11 a.m. to 10 p.m.

Chris Thomas, Dash founder and CEO, says so far their service has been warmly welcomed in Selkirk and area.

"Population wise it fit ... Selkirk has a healthy amount of restaurants," Thomas said when reached by telephone last Friday. "What we found here was the most restaurants in the shortest period of time either committed to or said they would like to come on board."

"It's awesome to have that kind of response it tells me it's going to be a great market for us."

As of Monday afternoon, Dash drivers currently pick up and deliver food from eight local restaurants and they plan to continue adding more in coming weeks. Thomas said they are hoping around 20 Selkirk and area restaurants will come on board. As of last week they had hired five delivery drivers with plans to add more in the future to keep up with the demand.

Dash currently delivers in Brandon, Winkler, Morden, Steinbach and various communities in Saskatchewan.

Thomas said what sets Dash apart from other online food delivery services is their relationship with the restaurants and customers. They also have local representatives in each city staying in contact with the businesses so their menus and information are kept up to date.

"We really came into this with the restaurants in mind," he said. "We've tried to really talk to the restaurants to see what we can do better and we've integrated that."

For more information about Dash Delivers, visit dashdelivers.ca.

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Selkirk waste station to start accepting unwanted electronics Jan. 14

Staff

The City of Selkirk says it's taking over as the recycling depot for household hazardous waste and electronic products following last month's closure of Responsible Electronics Recycling (RER).

Starting Monday, Jan. 14, the city will begin accepting used and unwanted electronic products at the Selkirk Waste Transfer Station (WTS) located at Walker Avenue, west of Highway 4.

Ryan Sicinski, the city's manager of public works, says collection of household hazardous waste requires a provincial license and the city is in the process of acquiring one.

The Stonewall and Brady (Winnipeg) landfills will accept Selkirk residents' HHW in the meantime, or, you can keep your household hazardous products at home in a safe place until the city's licensing process is complete. At that time, household hazardous waste will be accepted at the Selkirk WTS as well.

There is no charge for either service. Selkirk Mayor Larry Johannson said he wanted to commend Alvin and Karen Keppler for their years of service running RER.

"The Kepplers have been terrific stewards of the environment and have done a fantastic job of keeping electronics of all kinds out of the waste stream," Johannson said. "I applaud their efforts and thank them on behalf of city council and staff."

"The city will take over where the Kepplers have left off and along with our partners in recycling we'll strive for the same high standards and ensure Selkirk continues to be a leader in environmental issues."



SUBMITTED PHOTO

Starting Monday, Jan. 14, the city will begin accepting used and unwanted electronic products at the Selkirk Waste Transfer Station (WTS) located at Walker Avenue, west of Highway 4.

The electronics that will be accepted at the WTS include home computers, laptops, printers, screens, TVs, cell phones and microwaves. For a complete list of acceptable items, visit MySelkirk.ca/recycling-and-solid-waste.

Transfer station and Public Works staff will monitor the electronics until they are picked up by Electronic Products Recycling Association (EPRA), an industry-led, not-for-profit organization that operates regulated recycling programs across Canada that ensure end-of-life electronics are handled in a safe, secure and environmentally-sound manner.

Once EPRA picks up the electronics from the transfer station, they are sent to audited and approved specialized recyclers for processing. New technology is used to break down old technology and harvest the raw materials including glass, plastics, and precious

metals like gold and copper. Substances like mercury and lead are also handled responsibly to protect both the environment and the health and

safety of the workers handling them. The recovered materials are put back into the manufacturing supply chain and used to make new products.

EPRA has more than 2,000 authorized collection sites across Canada.

Once the city obtains its license to collect household hazardous waste at the WTS, it will be Product Care Association (PCA) that will take HHW from the transfer station and ensure it doesn't end up in the landfill.

PCA has worked in Selkirk with RER since 2012 and Kathy Cass, PCA's Manitoba Program Coordinator, said they're happy to continue the relationship with the City of Selkirk.

Items included in the HHW stream are paint, flammable liquids, pesticides, corrosives and non-refillable gas cylinders. For a complete list of accepted products, click here.

To visit EPRA's website go to epra.ca. For PCA's website, visit productcare.org.

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The Selkirk Record



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Ice quakes do happen in Manitoba

Hi folks.

I happened to be visiting a friend in his ice shack well off shore on southern Lake Winnipeg a few weeks ago when the shack began rocking as though we were in a boat riding a rolling wave. Our eyes grew wide in wonder as we grabbed the sides of our chairs. Utensils rattled on the kitchen counter. The water in the ice holes shot up and splashed about. Seconds passed and the ice under the shack became seemingly trustworthy again. "Ice quake," my friend simply said.

In the days that followed I raised that occurrence with anglers and commercial fishers and surprisingly the old timers knew about "ice quakes". Apparently they can happen on our big lakes if we have warm days and cold nights as the ice cover grows in early winter creating smooth ice for miles. Well, I guess it's just another dimension to winter life on Manitoba's lakes along with ice pile ups as high as a house or the ice opening unexpectedly making us detour around stretches of open water when going to fish.

It was one of those pleasant warm days just after Christmas when I eased "old red" onto the ice at Riverton's Sandy Bar urging it through shallow snow drifts to a sturdy hard wall ice shack. Slipping out of the truck, I could hear children chattering when I knocked on the door. "Anybody home," I called out. "Come on in," a young girl's voice answered back. I opened the door and stepping inside I was met with the cozy warmth of a burning wood stove. Spicy meats and potatoes sizzled in frying pans on the stove sending mouth watering aromas throughout the shack. Hazy light shone through large windows. The foam insulated walls held dozens of lures. "Hi, I'm Julie Sigurdson," a diminutive, softly featured young lady in snowmobile clothes and a beautifully hand knitted toque covering her delicate brown hair said.



RECORD PHOTO BY ARNIE WEIDL
Little Ella with her uncle Ian Lavoie as she caught her first fish from the Red River.

Around her, family members sat tending fishing lines in the water through holes in the floor. I asked for a fishing story and without hesitation she remembered last summer when the family was shore fishing on a sunny, hot day at "three-mile beach" just south of Sandy Bar and Jorden Kozak, Julie's significant other, a thin wiry chap with short brown hair, caught a catfish. No sooner had he reeled it to shore than little cousin Wyatt a light-haired bundle of energy raced to the waters edge and picked up the fish as though it were a puppy. For some reason the fish didn't fight and for a few moments little Wyatt stood petting and talking to it until Julie had him put it back in the water.

A few days before meeting the Sigurdson's I was on the Red River ice downstream of Selkirk and noticed an unusual six-sided shack made of light

grey walk-in cooler panels. Invited in, I met two very tall well conditioned young brothers with long straight dark brown hair, Ian Lavoie of Anola and Tim Lavoie of East Selkirk. As we talked I couldn't help admiring the perfect intricate pie shaped pieces of roof sections and custom cabinets this shack had. The guys hadn't caught anything and were about to call it a day when I arrived, but Ian graciously gave us a picture of his cousin Ella showing her first ever catch on the Red.

Far out on the Lake Winnipeg ice at Grand Marais last week I stopped at a shack sporting a huge Canadian flag covering the outside wall. Generally, when I'm on the ice I keep my driver window open and as I pulled up to the shack, I could hear music and a dog barking from inside. I called out, "Hello, I'm Arnie Weidl looking for a fishing story," as I approached the door. It opened and a chap with a wide smile, dark tousled hair and a three day old salt and pepper stubble on his face greeted me as he held back a big golden lab. Farther inside a thin guy with finely defined facial features sat in one of the lazy boy chairs. The dog relaxed as I petted him while the fellow who met me at the door said he was Dez Pachowsky and his pal was Pat Lavallee. Looking beyond the shrimp and breaded potatoes frying in a large pan on their wood stove I saw the picture of a full figured guy with commanding features and long blond hair hold a good sized jackfish. Dez saw me looking at the picture and said, "that's our life-long buddy, "Ziggy" who passed away suddenly. His wife asked us to take over his shack and that picture stays as a reminder of our friend." I thought; winter fishing shacks and trailers like summer cabins hold such a treasure of family and friends' happy times.

We'll see you on the ice buddies, bye now.

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Christy Brown, Distribution Mgr.: 204-467-5836

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Nova House to focus on new training, programming in 2019

By Lindsey Enns

Although Selkirk's shelter for women and children says 2018 was filled with some changes and highlights, there were also some challenges along the way.

Viktoria Westgate, Nova House's executive director, says the cancellation of the Selkirk to Winnipeg bus route has been a major challenge for them.

"One of our biggest struggles is transporting our clients to and from Winnipeg," Westgate said, adding they have been relying on taxis to transport their clients to and from the city. "It's hugely expensive. I do know we need transportation to and from Winnipeg."

Nova House is an emergency and transitional shelter for women and children experiencing domestic and or family violence. The shelter strives to promote expression of feeling and build self-esteem and confidence by providing individual counselling, educational and support groups and workshops.

Westgate said some of Nova House's highlights for 2018 included introducing new programming for the children, youth and adults using their services, a new child care area, as well as naming and building their Transition Program, which is now called RISE (Recreating Independence and Supporting Empowerment).

"This program allows women to rebuild their future at their own pace in a safe and stable environment that

provides needed internal and external programming," she said.

Westgate said a big focus for them in 2019 will be their staff.

"It gets lost in the work that we do, we have so much focus on helping the women that come in that we forget about the staff," she said. "I feel like there's been so much change in the past year that our staff morale has gone up and down and then up again."

She added they plan to introduce some new training for staff and will look to long-time staff members for advice moving forward.

"If staff feel valued and empowered, they will do the same for the women that walk through our doors."

They also want to work on building better community connections and developing a long-term strategic plan for the shelter.

Westgate said the face of domestic violence is always changing and they are seeing a higher percentage of women come in with mental health and addiction issues than ever before. She added they want to ensure they are offering what those using their service needs.

"Some of this will be to encourage staff to use their years of experience and wisdom in the field of domestic violence to help develop some 'unique to Nova House' programming."

Those seeking more information about Nova House or wanting to make a donation can visit novahouse.



SUBMITTED PHOTO

Nova House says their new child care area was highlight for them this past year and they are looking forward to introducing new programs in 2019.

ca or call 204-482-7882.

Westgate said they are currently in need of art supplies such as canvases, paints, brushes, glue sticks, card stock, markers, pencil crayons, wax crayons, magazines and scrapbook paper for their art programs.

Southern First Nations Network helps launch Manitoba's first doula pilot project

Submitted

The Manitoba government has entered a partnership with the Southern First Nations Network of Care (SFNNC) to deliver the province's first-ever Social Impact Bond (SIB).

"We want to help strengthen the bond between mothers and children to reduce the number of infants apprehended into the child welfare system," Families Minister Heather Stefanson stated in a release on Monday. "Social impact bonds are an innovative way for government to work together with the private sector and community groups to find new solutions to pressing social challenges. Our landmark SIB in child welfare encourages a multi-sector relationship to meet a common goal of preventing the apprehension of infants and reducing the amount of time children spend in care."

The two-year pilot project, Restoring the Sacred Bond, will match doulas with Indigenous mothers who are at risk of having their infant apprehended into the child welfare system.

"The Indigenous doulas will support those mothers through pregnancy, birth and the first

months of their children's lives," said Tara Petti, chief executive officer of SFNNC. "The program will seek to reduce the number of infants apprehended in the days and months after birth – an event far too common in Manitoba today. We will continue to work closely with the non-profit agency Until the Last Child to create a strong foundation for this project, as they share our goal of long term stable outcomes for children in care."

The doula pilot will support up to 200 at-risk expectant mothers. SFNNC will lead the project and work with the doula service provider, Wiji'idiwag Ikwewag, to identify expectant mothers who may not have resources to effectively parent their baby. These mothers will then be connected to doulas, who are women trained to help with childbirth and early care.

Program success will be measured on reduced days in care of children in the program compared to children outside the program.

The project is now open for investment and investors may contact sibs@gov.mb.ca or visit gov.mb.ca/sib/index.html for more information.

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Goody Grace comes home for the holidays

By Lindsey Enns

For singer and songwriter Goody Grace, coming home for the holidays has become an annual tradition for him and his family.

Grace spent two weeks in Selkirk over the holidays with plans to head back to his home in Los Angeles last Sunday. He said there's nothing quite like coming home.

"I like to come back here as much as I can," the 21-year-old said during an interview with the *Record* inside Selkirk City Hall last Wednesday afternoon. "I just like to see the town grow, I care a lot about it and I like to show face. I feel the energy of the people noticing what I've been doing and seeing the build."

The past few months have been a busy time for the rising star. He recently performed two shows alongside one of his favourite bands, blink-182, at the Palms Casino Resort in Las Vegas, he's been working on new music and is gearing up to release his debut album later this year.

"I've just been super focused," Grace said, adding performing with blink-182 was an "amazing" experience. "It was a really good end of the year."

Grace also previously released



songs with The Neighbourhood's Jesse Rutherford and they plan to head out on tour together later this year. Grace also recently teamed up with hip-hop superstar, G-Eazy for their song, "Girls In The Suburbs Singing Smiths Songs."

"The music just keeps building and building," Grace said with a smile. "And the fan base just grows day by



RECORD PHOTOS BY LINDSEY ENNS

LEFT: Singer and songwriter Goody Grace shows off his tattoo of the historic Selkirk water tower during his visit to Selkirk City Hall last Wednesday afternoon. ABOVE: Grace visits with Selkirk Mayor Larry Johannson during his visit to his hometown over the holidays last Wednesday.

day so it's been a really positive year."

Grace says he hopes his music and career can serve as an inspiration for his fans and those living in Selkirk.

"I'd just like to inspire them and show what can be done out of a small town," he said, adding he feels being from a smaller city has helped him throughout his music career. "I think it shaped me into the person I am today and inspires the art I make, my music."

As a way of paying homage to his hometown, last year Grace got a small tattoo of the historic Selkirk water tower on his right arm.

"I have a lot of tattoos but it's probably my favourite one," he said.

As for his advice for those wanting to get into the music industry, Grace simply said "work

hard."

"I've been recording music since I was about 10, just learning how to from YouTube," he said. "You just need to apply yourself and buckle down ... find what you like to do and just become the best you can be at it and just go for it."

Grace, who recently signed with Atlantic Records, said he's looking forward to an exciting year ahead.

"I have big plans for touring all year ... after the debut album I'll hopefully do a big tour after that," he said.

Selkirk Mayor Larry Johannson said he's proud to have someone like Grace from the city.

"I'm so proud of him," Johannson said. "This is huge and I think the big thing is the inspiration for anybody coming behind him is that you can do it ... just stick with it if that's your dream."

Grace's music is currently available on Apple Music, YouTube, SoundCloud or visit goodygrace.com.

CITY OF
Selkirk

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For more information please visit MySelkirk.ca

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January Events Calendar

January 11

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January 18

- Ravin Band 8pm

January 25

- Darren Lavalee Band 8pm

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Thursdays

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Ice fishing village takes shape

RECORD PHOTO BY BRETT MITCHELL
A panoramic photograph of the ice fishing village taking shape along the Red River at CIL Road near Selkirk last Friday afternoon.

Mexico, Cuba remain popular destinations for those wanting to escape the cold

By Lindsey Enns

Those wanting to escape the cold this winter still have plenty of time to book that dream vacation, even if you're on a budget.

"Everybody's looking for that deal," said Lesli Malegus, owner of Marlin Travel in Selkirk. "Mexico is still very popular as is the Dominican and Cuba."

When it comes to getting the best bang for your buck, Malegus suggests travellers book early to get the best deal. She says booking last minute could lead to price increases and it's also important to do your research or consult a professional travel agent. She added there are still plenty of hot vacation deals to be had as the winter travel season extends into April.

There also appears to be a growing interest in

cruises amongst Manitobans this season, according to Rosemarie Herscovitch, CAA Manitoba senior travel consultant.

"For a lot of people that's their trip, they always go away for the winter just to get away from the cold," Herscovitch said.

Herscovitch added cruises offer more variety for those wanting to explore a lot of different places on the same trip.

"Younger people are looking into them now and of course the all inclusive vacations," she said, adding Caribbean cruises and destinations with all inclusive vacations to Mexico and Cuba remain popular this year.

Those wanting to get away this winter are also more interested in booking direct flights, howev-

er, CAA hasn't noticed any decline in travel to the United States as Florida, Palm Springs, Phoenix and Hawaii continue to be popular travel destinations.

"People are always looking for something different so those who are OK with making a flight change in places like Toronto will go to places like Costa Rica, Panama, Colombia those are also gaining in popularity."

Malegus says they are also seeing an uptake in cruises this year. But she advises no matter where you go on your next vacation, to always keep safety top of mind.

"You have to be a smart traveller when you're a tourist," she said. "Keep in mind your location and what you're doing and who you're with."



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IT'S ALL
GOTTA GO!

Selkirk man seeks new spots to hunt for historic treasures

By Justin Luschinski

There may still be snow on the ground, but Robert Unik is already thinking of new spots to hunt for historic treasures.

The Selkirk resident has been metal detecting for nearly eight years. His office drawers are filled with random trinkets, old spearheads, axes, shirt pins, and he has massive boxes of old memorabilia sitting in his garage workshop. He's even built display cases, so he can show off his collection to visitors.

But his days of scouring the Selkirk parks are over, as most public places in the city have been stripped bare. There's nothing left to find. So Unik is hoping he can run his expensive metal detectors over someone's backyard.

"All the parks have been done, all the schools have been done. Now I'm just asking the public to let me on their properties," Unik said, as he showed off some of his favorite collections. "Ninety per cent of the time, I give (my findings) to the property owners. Mostly they want the coins, the rings, which is fine. What I want is the relics."

Unik says since there is a growing interest in metal detecting now, many



Robert Unik polishes up an old axe head in his workshop and shows off some of his collection he's found while metal detecting last week. Unik is calling on the public to let him onto their properties, so he can find more relics of the past.



RECORD PHOTOS BY JUSTIN LUSCHINSKI

public places, such as schools, parks, and along the Selkirk Waterfront, have been picked clean. Unik said it's important to not tear apart the ground while in search of an artifact.

"Lot of people just bring a shovel, you don't take a shovel. Most coins and stuff are only going to be about (an inch or so deep). I just use something like a little trowel," Unik said. "You dig around, pull the plug of dirt out, and use a device called a pin-

pointer to figure out where the metal is. Once you get (the metal), you put the plug back in. Nobody wants a bunch of holes in the ground."

Unik said he does everything he can to make sure the ground is not disturbed. He'll only dig in the fall or springtime, when the ground is soft and easy to reinforce.

Unik added that most people buy a cheaper metal detector from big-box stores when they're getting into the hobby. These usually only track metals that are just below the dirt. Unik said if people spent a little more money, they can get something that's much more useful.

Unik said he will always ask permission before investigating someone's property. If someone's lost a ring on their property, Unik said he'll come

over and find it for free, as long as he gets to search for trinkets as well, but he may ask for gas money if the location is far from his home.

Unik said he's happy to give whatever he finds to the property owners.

"If I find something on an old farm, something that's been in the family for generations ... to me it's another trinket. To them, it's family history. I'd rather let them have it. I'll clean it up, take a pic, do some research, send them the research, but it's all about letting them keep their history," Unik said.

Those seeking more information or wanting to volunteer their property for metal detecting can contact Robert Unik directly via email at unik1@shaw.ca.

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A friendly game of laser tag



RECORD PHOTO BY JUSTIN LUSCHINSKI

Local and area youth took part in a game of laser tag at the Sunova Centre in West St. Paul last Friday afternoon. The local centre hosted laser tag as part of their winter break special activity days. For upcoming event information in West St. Paul, visit the RM's website at weststpaul.com.

get inspired

> MEAL IDEAS



Chicken Burrito Salad

1 can (2.2 ounces) sliced ripe black olives, drained
Dressing:
2 tablespoons fresh-squeezed lime juice
1 tablespoon fresh chopped cilantro
3 tablespoons extra-virgin olive oil
salt and ground black pepper, to taste
Salad: In large platter or individual bowls, place lettuce leaves. Top with brown rice, black beans, diced tomatoes, chicken, corn, green chilies and black olives.
Dressing: In small bowl, combine lime juice and cilantro; whisk in olive oil. Add salt and pepper, to taste. Drizzle dressing over salad.

Prep time: 15 minutes
Serves: 6
Salad:
1 small head romaine lettuce, torn into small pieces
1 cup cooked brown rice
1 can (15 ounces) black beans, drained and rinsed
1 can (14 ounces) diced tomatoes
1 can (10 ounces) chicken breast chunks, drained and flaked
1 can (10 ounces) corn kernels, drained
1 can (4.25 ounces) diced green chilies, drained



Pasta with Spinach Pesto

1/4 teaspoon salt
1/8 teaspoon ground black pepper
1/2 cup extra-virgin olive oil
1 box (16 ounces) fettuccine noodles
In food processor, combine spinach, parsley, cheese, nuts, garlic, basil, salt and pepper; blend well. In slow, steady stream, add olive oil until mixture is blended and smooth.
Cook fettuccine as package directs. Drain. Toss spinach pesto with fettuccine.

Prep time: 10 minutes
Cook time: 15 minutes
Serves: 4
1 can (13.5 ounces) spinach, well drained
1 cup fresh parsley leaves
1/2 cup grated Parmesan cheese
1/2 cup walnuts or almonds
1 large garlic clove
1 teaspoon dried basil

CROSSWORD

CLUES ACROSS

1. Homestead
5. More (Spanish)
8. Type of notification
12. Approves
14. Mandela's party
15. "Mom" actress Faris
16. Predatory insects
18. Where honey goes
19. Canadian flyers
20. Of an earlier time
21. Indigenous people of Australia
22. Organize
23. All over
26. Made it through
30. Between-meals food
31. A quantity upon which an operation is performed
32. German mythological god
33. "Heavy" type of rock music
34. Pharmacy chain Duane
39. First responders
42. Mysterious
44. Leisurely stroll
46. Most naughty
47. Plant tissue
49. Small fish
50. Men's fashion accessory
51. Distant planet
56. Destroy
57. Location in Norse mythology
58. One who is deliberately cruel
59. _ Romeo, car
60. Of the ear
61. Former name of Tokyo
62. Male children
63. French/Belgian river
64. Tide

CLUES DOWN

1. Grave
2. Alright
3. Sharp tooth
4. Bird genus
5. Important
6. One who studies carefully
7. Not very big
8. Astronomy unit
9. A way to open up
10. Trap
11. Handle of a knife
13. Indicates one from a part of W. Africa
17. Lucky number
24. Doctor of Education
25. Legendary Cubs broadcaster
26. Female parent
27. Mimic
28. Connects to the rim
29. Small constellation
35. Indicates near
36. Consumed
37. Criticize
38. Shock therapy
40. Type of cigarette
41. The fashionable elite
42. Shed tears
43. Arm or branch of a bone
44. Quell anger
45. Where rock and rollers play
47. "The Alchemist" author Coelho
48. Choppers
49. Lacks brightness
52. Port in Yemen
53. Brood of pheasant
54. Approves food
55. A type of sign

Please see classified section for Answers

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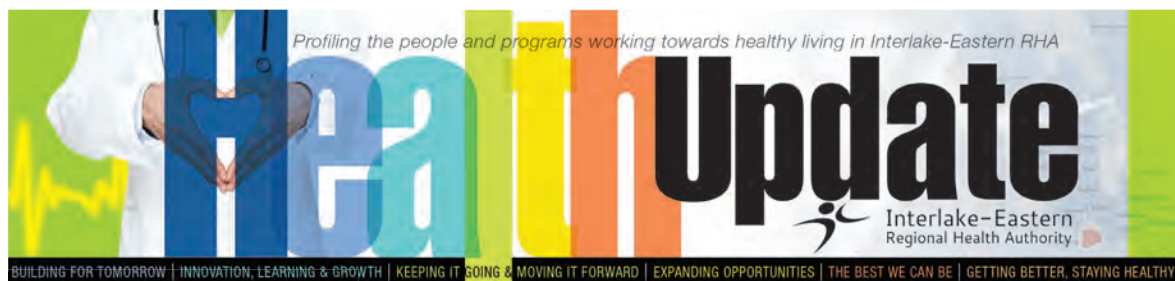
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Message from the Board Chair

I appreciate the opportunity to be able to highlight Interlake-Eastern's accomplishments and challenges from the past year but our work also speaks to the broader plan underway provincially. Never before has Interlake-Eastern RHA's role in contributing to provincial principles of value, quality, efficiency and effectiveness been so clearly defined.

We have been steadfast in our efforts to achieve our regional objectives that contribute to the provincial transformation plan and we are continuing to manage to budget. We have never had so many opportunities to work so closely with our regional counterparts in collaboration with health-care leaders at the provincial level.

This has been an exceptional year for the region and our employees as we begin to understand our role as a service delivery organization within the provincial context of health-care transformation that is designed to improve the quality, accessibility and efficiency of services. Guiding the work of the transformation are a number of expert reports. These include the Health Sustainability and Innovation Review conducted by KPMG, the Clinical and Preventive Services Planning for Manitoba review report (also known as the Peachey report), the Wait Times Reduction Task Force Report and recent reviews of EMS services and home care, as well as a review of mental health services. Interlake-Eastern RHA's perspectives are incorporated into these guiding documents through consultations with residents from the region, frontline staff, senior leaders and executive members.

You will see in the stories we're sharing with you we are already well on our way towards creating positive changes that will allow you better access to the care you need when you need it, in a system that is patient-focused and sustainable for generations to come.

Margaret Mills,
Board Chair
Interlake-Eastern Regional Health Authority

Interlake-Eastern Health Foundation celebrates first year

This November, the Interlake-Eastern Health Foundation celebrated its first year of creating charitable opportunities to benefit health care in our region. The mission of the foundation is to raise funds that support health care across the Interlake-Eastern region. Their goal is to build healthier lives and enhance the quality of life by improving access to resources through philanthropy.

Pamela McCallum, executive director of the foundation, says giving through the Interlake-Eastern Health Foundation is an opportunity to care for your community.

"We are the essence of what community stands for; we take care of each other," she said.

With an area of 61,000 km², Interlake-Eastern Regional Health Authority is one of Manitoba's largest health regions, home to 129,000 residents, 10 hospitals, and 16 long-term care sites that provide general and specialized care to a diverse patient population. By working with community partners to create a culture of philanthropy, the foundation is ensuring the health-care expectations of our communities and our staff are met. The

foundation works to partner with members of the community and with our staff to implement a wide variety of fundraising initiatives to achieve this ambitious goal.

Over the past year, the Interlake-Eastern Health Foundation has raised nearly \$300,000 to improve our health-care facilities and programming in communities across the region. Here are some of the many examples of generosity the foundation has coordinated to contribute to community health and wellness. ●



Jim and Betty Anne Gaynor made a \$20,000 donation to create the "Gaynor Family Children's Fund" to support children's health and wellness across the region. (L to R: Jim and Betty Anne Gaynor with Pamela McCallum, executive director of the Interlake-Eastern Health Foundation)



Bill and Olive Cholosky set aside \$100,000 from their estate to create an endowment fund that will support operations at the Selkirk Regional Health Centre. (L to R: Dr. Daniel Lindsay, director of diagnostic imaging, Interlake-Eastern RHA, Pamela McCallum, executive director, Interlake-Eastern Health Foundation, Brent Wynnyk, estate executor and nephew of Bill and Olive Cholosky, and Ron Janzen, vice president corporate services and chief operating officer of Selkirk Regional Health Centre, Interlake-Eastern RHA.)



Pamela McCallum (executive director, Interlake-Eastern Health Foundation) with Wendy and Bob McCleary next to the stained glass artwork that they commissioned and donated to Selkirk Regional Health Centre. The McClearys consulted with the foundation to find out what they could do to create more peaceful settings for staff and patients. Their donation of \$10,700 was used to create stained glass that Bob designed himself, a bench for the hospital's courtyard and a much needed scale for the surgery department.

Who's on your team?

Know which health-care providers you can enlist to help keep you healthier, longer

Many of our region's clinics have a collaborative, team-based approach to ensure you have the right care, in the right place at the right time. In addition to family physicians and nurses, your home clinic or community health office may have other types of care providers – such as dietitians, chronic disease nurses or mental health specialists – that you can go to for advice on your health, often without referrals. Because they all have shared access to your electronic medical records in your home clinic, they all know your health-care story without you having to repeat your health history to each new care provider.

See this helpful list below to learn about some of the different types of care providers that you may have access to as part of your home clinic team:

Chronic Disease Nurse

Chronic disease nurses help you focus on the prevention and day-to-day management of chronic diseases. They work with individuals and community groups to provide education on healthy lifestyle choices when living with conditions such as diabetes, heart conditions, stroke, high blood pressure or high cholesterol.

Nurse Practitioner

Nurse practitioners (NPs) are health-care professionals who are trained to offer most of the same services that a primary care physician can provide. NPs provide care in a variety of health-care settings in our region and can help you by diagnosing and treating illnesses, ordering tests, prescribing medications, managing chronic illness and educating you on disease prevention and healthy lifestyles.

Primary Care Nurse

Primary care nurses provide a variety of health-care support, education and services. They offer physical exams and health assessments, check-ups for expecting or new mothers, blood sugar monitoring, removal of stitches, wound care and administering injections and IV medications.

Primary Care Physician

Primary care physicians are family physicians who work with you to monitor your health and ensure that you and your family stay healthy throughout all stages of your life. They can assist you by providing physical exams, prescribing medication, ordering tests, treating common illnesses, helping you manage chronic conditions such as diabetes or high blood pressure and monitoring changes in your health that may require attention.

Registered Dietitian

Registered dietitians provide counseling about diet, food and nutrition. They can help you plan meals and make healthy food choices; advise you on how to adjust your diet to prevent and/or treat chronic disease such as diabetes, high blood pressure and high cholesterol; provide information on food allergies and intolerances; and educate you on how to maintain a healthy weight. ●

RAAM Clinic Service profile

New RAAM clinic in Selkirk allows faster access to help for addictions

On Nov. 13, Interlake-Eastern



RHA opened a Rapid Access to Addictions Medicine (RAAM) clinic at Selkirk's community health office on 237 Manitoba Ave.. The clinic operates every Tuesday from 12:30-3:30 p.m.

RAAM clinics are walk-in clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction. This includes people who want to try medical assistance to reduce or stop their substance use. It can be very

difficult for people to accept that substance use is problematic, and it's normal for people to feel ashamed, frightened or angry. But the good news is medical treatment for problematic substance use and addiction is safe and effective. People can and do recover from addiction.

No referral is needed and you don't need an appointment, just show up during clinic hours. If you have a Manitoba Health card

or Manitoba Health number, please bring this along. For more information, call the Manitoba Addictions Helpline at 1-855-662-6605 or go to <https://is.gd/MBAddictionRAAM>.

For youth under 18 years old, please contact the Youth Addiction Centralized Intake service at 1-877-710-3999 (8:30 am – 4:30 pm, weekdays) or visit <https://is.gd/YouthAddiction>. ●

IERHA board chair, Margaret Mills with Minister of Health Seniors and Active Living, Cameron Friesen (middle) and family physician Dr. Manish Garg who spoke at the RAAM clinic opening.

If you missed the Health Update in your mailbox recently, read these stories and more in Health Update 2018 at www.ierha.ca, "About Us", "Publications & Reports" or visit <https://is.gd/IERHAHealthUpdate>

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Horbaty headed to X Games in Aspen



Troy Horbaty



RECORD PHOTOS BY 309 PHOTOGRAPHY

By Brian Bowman

Many people will be watching the X Games in Aspen, Colo. later this month.

But Troy Horbaty will have the rare opportunity of competing in them.

The 13-year-old racing whiz from Tyndall has been invited to compete in the Snow Bike Cross event at the X Games.

"This is super exciting," Horbaty enthused in a phone interview last month. "I'm going to be competing against everyone who made it. All of the adults and everyone will be going so I'm super thrilled."

"It's going to be fun."

Horbaty went to a qualifier in Elk River, Minn. earlier last month where he impressed a lot of people with his skill on the track.

"They were pretty impressed with my performance," said Horbaty, a Grade 8 student at Edward Schreyer School in Beausejour. "Afterwards

Troy Horbaty of Tyndall has been invited to compete at the 2019 X Games in Aspen, Colo. from Jan. 24-27.

they sent me an email (to invite me)."

Snow bike cross is a growing sport. The machine is a dirt bike converted into a skidoo and the front tire is a snowmobile ski while the back tire is a track.

Horbaty and his father, Ted, purchased a kit to do a conversion.

He said he started training in the sport last January and the races he competed in last month at the ERX Motorpark in Elk River featured the fastest racers in North America.

"It wasn't as scary racing against (older riders) compared to younger kids, I find, because these guys are more experienced and they don't want to take you out on purpose to

end it for you."

Horbaty finished third in his first heat and qualified for the main event.

In the main event, racers scored points for the X Games, and Horbaty finished 11th.

In round two of the heat race, he lost his clutch and pulled off.

Ted and friends fixed his bike, allowing him to compete in the Last Chance Qualifier, which he won.

Horbaty has been a quick learner in this unique sport.

"For snow bike racing, you have to do a lot of practice," he insisted. "It's a really weird thing but once you get used to it, it's pretty easy to go fast."

Tracks have extremely tight corners

and hills to allow the racers a chance to grab a lot of air time.

"When you're going by yourself it's a lot of fun but if you're beside someone it's kind of scary because you're always thinking of someone landing and hitting you by accident," Horbaty admitted.

About 20 racers take part in each race, said Horbaty, which means the track is a very busy one.

Competing in his very first race against older riders was an interesting experience.

"I was super nervous," he said.

The X Games, which will be televised in the U.S. on ESPN, will take place from Jan. 24-28.

Selkirk Judo Club members selected for Canada Winter Games

Submitted

It was a busy December for the Selkirk Judo Club.

Two club members were selected to Team Manitoba for the judo competition at the 2019 Canada Winter Games in Red Deer, Alta.

The judo team will leave for Red

Deer on Feb. 23 and return March 2.

Justin Ekosky will compete at the Games in the male under-73 kg division while Sarah Ekosky will compete in female under-57 kg. There will be an individual competition and a team event at the Games.

In other news, Damien (Senior Men

under-81 kg), Justin (Senior Men under-90 kg), and Sarah Ekosky (U16 Female under-63 kg) were crowned provincial champions after winning their respective divisions at the Manitoba Provincial Championships in Brandon back on Dec. 8.

Finally, four members of the judo

club were promoted by the Manitoba provincial grading board on Dec. 1 following a grading at the University of Manitoba. Justin Ekosky was graded to first-degree black belt, Damien Ekosky to second degree, Linda Ward to third degree, and Brian Jones to fifth degree.

Burr named MJHL rookie of the month

Staff

The IBAM Rookie of the Month for December was Blake Burr of the Selkirk Steelers.

Burr, 17, a Winnipeg product, had four goals and four assists in eight games in December.

The runners-up for the award were 17-year-old forward Brayden Foreman of the Winnipeg Blues and 18-year-old forward Tanner Andrew of the Virden Oil Capitals.

RBC Player of the Month

For the second consecutive month, Bradley Goethals of the Swan Valley Stampede, a former Selkirk Steelers' forward, was named the RBC Player of the Month.

Goethals, 20, showed off his offensive talents, reflected in 18 points (eight goals, 10 assists) in nine games.

The Ile des Chenes product had five multi-point games over that span, highlighted by a five-point game.

The runners-up for the monthly award were Steelers' forward Nathan Halvorsen, 20, and 20-year-old forward Tony Apetagon of the OCN Blizzard.

Telus-MJHL Defenceman of the Month

The Telus Defenceman of the Month for December was Quintin Sudom of Swan Valley.

Sudom, 20, had 11 points (three goals, eight assists) in nine games last month. The Fort McMurray, Alta. native was a runner-up for this award in November.

The runners-up were 20-year-old Troy Williams of the Steinbach Pistons and 18-year-old Lane Taylor of the Portage Terriers.

MGEU-MJHL Goaltender of the Month

The MGEU Goaltender of the Month for December was Portage's Nathan Moore. Moore, 18, went undefeated last month with seven wins with a stingy 1.62 goals-against average and .924 save percentage.

The runners-up were Steinbach's Matt Lenz, 19, and Virden's Dalton Dosch, 19.

Manitoba Pork Peak Performer of the Month

The Manitoba Pork Peak Performer of the Month for December was Virden's Parker Brakebill.



Blake Burr

Brakebill, 19, participated in several community volunteer initiatives this past fall. He worked two days with Habitat for Humanity and also helped with the FCC Drive Away Hunger food drive.

Brakebill, who hails from Yorba Linda, Calif., also took part in two Terry Fox Runs (both in Virden and Oak Lake Junior High Schools).

He also assisted with repairs to several outdoor rink facilities.

An avid hockey enthusiast, he also helped minor hockey coaches with practices for a Virden novice hockey team.

Scott skates to Canadian Junior Long Track Championship



RECORD PHOTO BY DAVE HOLLAND

Alexa Scott (right) of Clondeboye and Connor Howe of Calgary, Alta. were crowned Canadian Junior Long Track Champions.

Submitted

Clondeboye's Alexa Scott was crowned a Canadian Junior Long Track Champion at the Olympic Oval in Calgary on Sunday. The overall title earned her a spot on the World Junior Championship team.

Scott, who will return for her second World Junior Championships, earned the most points among the field of 30 female athletes at the Canadian event.

"This has been my goal all season and it went even better than my expectations," said Scott in a media release.

"It was a rewarding weekend. I had a breakthrough in my times at a competition earlier this year and it was reassuring to see that it wasn't a fluke. I want to keep building going into

World Junior Championships so I can continue to make strides in improving my time."

Scott skated to gold medals in all four distances that contribute to the overall title – the 500m (40.10), 1000m (1:18.41), 1500m (2:01.09) and 3000m (4:19.68) – edging her competitors by a significant margin in each race.

The results from the Canadian Junior Long Track Championships will be used to select the team of at least four ladies and four men who will compete at the ISU World Junior Speed Skating Championships in Baselga di Piné, Italy from Feb. 15-17.

The final list of athletes representing Canada at this event will be released in the coming weeks.

Reaching the semis



RECORD PHOTO BY LANA MEIER

Petersfield's Randine Baker, who plays third on Shae Bevan's rink, delivers a rock during the 2019 Canola Junior Women's Provincial Championship in Winnipeg. Bevan reached the semifinals Monday where she lost 8-1 to Mackenzie Zacharias.

Steelers win one of three road games

By Brian Bowman

The Selkirk Steelers finally had a chance to celebrate a win in the new year.

After a pair of road losses to start 2019, the Steelers edged the Swan Valley Stampede 2-1 on Sunday.

Selkirk trailed 1-0 in the third period before Nate Halvorsen tied the score at the nine-minute mark.

Just 50 seconds later, Halvorsen scored his team-leading 23rd goal of the season for the eventual game-winner.

After a scoreless first period, Quintin Sudom gave Swan Valley a 1-0 lead just 47 seconds into the second.

But that was the only time that the Stampede could beat Steelers' goaltender Austin DeBoer.

DeBoer made 23 saves for the victory, which ended Selkirk's three-game losing streak.

On Saturday evening, Swan Valley skated to a 5-3 win over Selkirk.

Steeler goals were scored by Ryan Sokoloski, Halvorsen and Brett Namaka.

Bradley Goethals led Swan Valley with two goals and an assist while

Tanner Mckechnie, Campbell Balk, and Tucker Scantlebury also tallied.

Beaten by Blizzard

Selkirk started the new year with a tough 3-2 loss to the OCN Blizzard on Jan. 4.

The Blizzard's Tanner Brewster scored the game-winner at 16:45 of the third period.

OCN forward James Maxwell, a Stonewall product, had tied the score at 2-2 with a third-period goal.

Sokoloski opened the game's scoring just 14 seconds into the contest. Halvorsen made it 2-0 at 10:56 of the first period but OCN answered with a goal from Dodge Long at 9:06 of the middle frame.

Steinbach stops Selkirk

On Dec. 22, the Steelers were edged 4-3 by the Pistons in Steinbach.

Brendan Westbrook scored the game-winner late in the third period.

Noah Basarab tallied a second-period goal for Selkirk and then Halvorsen and Connor Barley scored in the third.

Tanner Mole gave Steinbach a 1-0 lead with a shorthanded goal in the first period.

The Pistons' Tyson McConnell, on the power play, and Westbrook tallied in the second.

The Pistons outshot the Steelers 50-27.

Blasting the Blizzard

On Dec. 20, Selkirk blasted the Blizzard 8-2 at the Rec Complex as Namaka led Selkirk with two goals and two assists.

Basarab scored twice while Will Middleton had a goal and four assists and Blake Burr added a goal and three helpers.

Halvorsen and Connor Barley also scored for the Steelers.

Carson Pawlenchuk and Dustin Mozdzen replied for OCN.

Zach Bennett made 26 saves for the victory.

Sokoloski scores OT winner

Back on Dec. 18, the Steelers defeat-

ed the Virden Oil Capitals 4-3 in overtime at the Rec Complex.

Sokoloski scored the game-winning goal in OT.

Selkirk, which overcame a 2-0 second-period deficit, also received goals from Burr, Colby Dudek, and Middleton.

Jack Einarson, Hunter Cloutier and Kolten Kanaski replied for Virden.

Bennett stopped 21 Virden shots for the win.

Of note, Dudek and Connor Barley, both St. Andrews' products who have had great Junior "A" careers, each played their 200th games, respectively, as a Steeler last month.

Selkirk hosted Winkler on Tuesday but no score was available.

The Steelers will play the Kings in Dauphin this Saturday. Puck drop is 7:30 p.m.

Fishermen iced in final game of 2018

Staff

The Selkirk Fishermen closed out 2018 with a 5-3 road loss to the Arborg Ice Dawgs on Dec. 21.

Arborg snapped a 2-2 tie midway in the third period, outscoring Selkirk 3-1 in the game's final 10:43.

Juliano Garcea, Chad King and Kaden Kotowich scored for Selkirk. The Fishermen's Josh Poponick had three assists.

Cameron Sinclair, Dylan Furgala, Derric Gulay, Blaze Bezecki, and Tristan Hudson scored for Arborg.

Tre Strachan made 43 saves for the win while Riley Bannerman stopped 41 Arborg shots.

The Fishermen were 1-for-8 with

the man advantage while the Ice Dawgs finished 1-for-4.

Selkirk headed into the holiday break with a 10-5-1 record (with two overtime wins) and 35 points. That was seven points ahead of second-place St. Malo.

The Fishermen visited the North Winnipeg Satelites this past Tuesday but no score was available at press time.

Selkirk will continue on the road this Saturday (8 p.m.) when they battle the Lundar Falcons.

The Fishermen will finally enjoy a home game on Sunday (7:30 p.m.) when they host North Winnipeg.



RECORD PHOTO BY LANA MEIER

Shawn Thidrickson of Petersfield throws a rock during junior men's provincial championship action. Thidrickson plays lead on Joshua Friesen's Assiniboine Memorial Curling Club's rink.



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Court blows whistle on hockey injunction case

By Brian Bowman

Court of Queen's Bench Justice Herbert Rempel ruled Dec. 21 that he won't issue an injunction forcing the Capital Region Junior Hockey League to cease operation.

He dismissed a request by five First Nations - Peguis, Norway House, Opaskwayak, Fisher River and Cross Lake - that are members of the Keystone Junior Hockey League.

"It was a great relief to have the injunction dismissed," said CRJHL president Cliff Malzensky in an email last month.

"We were quite surprised by (the injunction request) as we believed that none of the accusations were true. It was extremely frustrating to see all this go to court in the first place, with all the governors and the teams being named in the lawsuit.

"The KJHL should have exercised their rights by first appealing to Hockey Manitoba, then if necessary, to Hockey Canada," he added.

Five CRJHL teams (the Selkirk Fishermen, Lundar Falcons, Arborg Ice

Dawgs, North Winnipeg Satellites, and St. Malo Warriors) left the KJHL back in May to form a new Junior "B" league.

The judge said ordering an injunction would deny approximately 100 CRJHL players from playing hockey, in a league sanctioned by Hockey Manitoba, this season.

"If the injunction was granted it would have put over 100 players out of hockey, not only for the rest of the season, (but) for the 21 year olds it would have ended their junior careers early," Malzensky said.

The First Nations argued that the new league was formed to stop non-Indigenous players and teams from playing against the Indigenous ones.

But teams like the Fishermen and Satellites have had Aboriginal players on their rosters for years.

"The racism claim was really out of line," Malzensky argued. "We have always had, and have always welcomed, Aboriginal players to the Satellites. We currently have three First Nation players on our roster and one affiliate

player.

"With the Satellites, two players are from Hollow Water and one from Norway House. Arborg, Lundar, Selkirk and St. Malo also have many First Nation or Metis players currently on their rosters."

The First Nations also claimed the CRJHL had taken away players that had previously played in the KJHL.

Back in November, Peguis First Nation Chief Glenn Hudson estimated that 20 players had been plucked from the KJHL in a media conference.

But that wasn't the case.

Lawyers for the CRJHL and Hockey Manitoba cited that only four players officially left the KJHL for teams in the CRJHL.

Two of those players were with the Fisher River Hawks, a team that suspended operations for the 2018-19 season. That meant the players were free to play wherever they chose.

The CRJHL said the league was formed because parents were concerned about long bus drives after 16 individuals were killed and 13 more

injured when the Humboldt Broncos' team bus collided with a semi-truck in Saskatchewan during last season's SJHL playoffs.

Since the ruling, both leagues have continued to play games while the civil lawsuit is ongoing. No trial date had been set as of press time.

Many people involved in the CRJHL are shocked that this went to the courts, including the CRJHL president.

"We were in a state of disbelief that this was happening based upon their claims," Malzensky said.

As for the CRJHL, there has been plenty of positive feedback from players, coaches and officials regarding their league.

"We're very pleased with the way things are going," Malzensky stressed. "With the reduced travel times, we're usually home just after 11 p.m.. The St. Malo versus Arborg trip may be a bit longer for them. "Now, we're just looking forward to finishing the season and getting into playoffs. Just playing hockey, like we should be."

Middleton, Jaquet runners-up for MJHL player-of-the-week awards

Staff

Selkirk Steelers' defenceman Colby Jaquet was one of two runners-up for the Recycle Everywhere MJHL Player of the Week award, the league announced Monday.

Jaquet recorded four assists in three games last weekend. He had three goals and 29 points this season heading into this past Tuesday's home game against the Winkler Flyers.

Steinbach Pistons' goaltender Matthew Radomsky was named last week's winner after posting a 2-0 record, highlighted by a shutout.

The Winnipeg product had a 0.50 goals-against average and .979 save percentage last week.

The other runner-up for the award was Portage Terriers' forward Braden Billaney.

Meanwhile, Steelers' forward Will Middleton was one of two runners-up for the MJHL player-of-the-week award for the period ending Dec. 23.

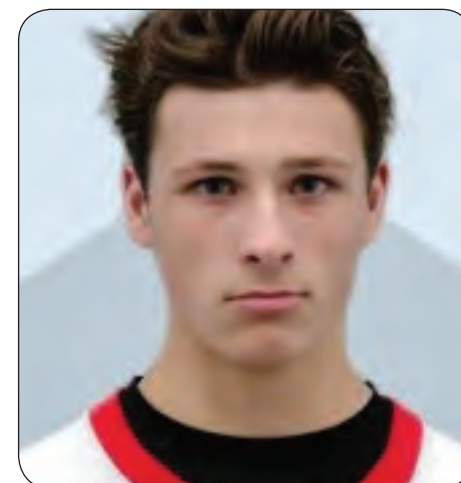
Middleton had a goal and an assist in a win over Virden and then added a goal and four assists in a lopsided victory over OCN just two nights later.

The 20-year-old Beausejour product had five goals and 21 points through 38 games this season.

The winner of the player of the week award was Terriers' goaltender Nathan Moore.

Moore, 18, recorded a pair of wins that week and is now 19-3. He also has two shutouts this season.

The other runner-up for the award was 19-year-old forward Tanner Mole of the Steinbach Pistons.

**Will Middleton****Colby Jaquet**

Next Home Games

**Sun. Jan. 13 7:30pm
vs North Winnipeg****Sat. Jan. 19 7:30pm
vs Arborg****Next
Away
Games****vs Lundar Falcons
Sat., Jan 12 - 8:00pm Lundar
vs St. Malo Warriors
Fri., Jan. 25 - 8:00pm St. Malo****Meet the
Fishermen****#4 MIKE MEDOCK, Defence**

sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk Curling Club hosts successful junior bonspiel

By Brian Bowman

The Selkirk Curling Club was rockin' with some great curling action at its junior bonspiel back on Dec. 20-23.

The bonspiel featured a U21 event, which was a bracket tournament, while the mixed doubles was a round-robin format.

"There was definitely some great curling action," said Shayne Merritt, the Selkirk Junior Curling Coordinator, who also competed in the event.

"We had teams that (competed at the) junior provincials and we had some local teams out - it was a lot of fun."

There were 12 under-21 teams and eight mixed doubles ones. The U15 event couldn't happen this year due to low registration numbers.

"We had a U15 division last year," Merritt noted. "I was a little disappointed that we weren't able to get that age group out this year. The event was close to Christmas so it was understandable that we didn't have as many team as last year (but) we're going to try again in the future."

Here are some of the results from the Selkirk Junior Bonspiel:

The A-side winner was Team Serena Gray-Withers from the Granite Curling Club in Winnipeg (she was seeded No. 2 for the Junior Women's Provincials).

The B-side winner featured Team Arah Davies from the St. Vital Curling Club while the top C-side rink was Team Luc Desaulniers from the St. Adolphe Curling Club.

The mixed doubles team of Taylor Davies and Thomas McGillivray claimed their second consecutive title in Selkirk.

Results for teams and players from the Interlake included Winnipeg Beach's Josh Maisey losing 7-2 in the A-side semifinals to St. Vital's Jordan McDonald.

Assiniboine's Joshua Friesen, whose rink included Petersfield's Shawn Thidrickson, lost 8-2 in the B-side semifinals to St. Vital's Team Davies.

Merritt was defeated 7-5 in the B-side final to Team Davies.

Of note, Team Liam Wachal from St. Vital scored a rare 8-ender during the event.

Meanwhile, the Selkirk Curling Club will be sending 10 juniors to Curl Manitoba's Hit Tap Draw Regionals Competition.

Hit tap draw is a skills competition for juniors aged 6-13 and there are three age groups - 6-8, 9-10 and 11-13.

"The is a great competition for us to send juniors to," Merritt said. "This gives juniors just starting the sport a chance to see what competitive curling is like."

"I wish this was around when I was a junior because it's a great opportunity to see other juniors in our region."

There are three levels to the competition, beginning with the club portion where the Selkirk juniors competed against each other and then the regionals will be held in Beausejour on Jan. 21.

If the young curlers win the region-



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Curling Club's Shayne Merritt delivers a rock during the local junior bonspiel last month. Merritt's rink reached the B-side final before losing 7-5 to Team Davies.

al, they then get the opportunity to go curl at the Brier in Brandon for the provincial Hit Tap Draw competition in March.

"The fact that they get to curl on Brier ice is like a once-in-a-lifetime opportunity that not everyone gets a chance to do," Merritt said.

The local curlers headed to Beausejour are

Stefanie Kambas, Carson Salmon,

and Logan Asquith (six- to eight-year-old division), Juliet Cyrenne, Harrison Douglas, and Nolan Dear (nine to 10 years old), and Kaimen Doyle, Austin Martin, Vaughn Grant, and Ethan Gillespie (11-13 years old).

Each curler throws three shots - a hit, a draw, and a tap (aka a raise) - and each shot is scored out of five points for how well they made the shot.

Royals hockey teams ready to resume second-half action

By Brian Bowman

The Selkirk Royals' boys' hockey team will have to wait a bit longer to resume play in the new year.

Selkirk's home game on Monday against St. Paul's 1 was postponed due to weather.

Selkirk hasn't played a league game since Dec. 19 when the Royals doubled the Sanford Sabres 6-3.

Selkirk took a 4-1 lead after the first period on two goals from Jordan Simko and singles by Cale Jonski and Easton Donohoe.

After a scoreless second period, Sanford made the game interesting as they scored twice to pull to within 4-3.

But Selkirk sealed the win with tallies from Donohoe and Grafton Hopkins. Hopkins' goal came while the

Royals were shorthanded with 7:29 remaining in the third period.

Logan Warkentin, with a pair, and Logan Erb scored for Sanford.

Jack Jehle earned the win in goal.

Shootout win

The Royals edged the Westwood Warriors 3-2 in a shootout on Dec. 18 at the Rec Complex.

Brayden Cador and Simko scored goals for Selkirk during regulation time. Simko's marker came on the power play with 4:48 left in the third period.

Cam Brakel potted a pair of power-play goals for Westwood.

James Kulyk earned the win in goal.

The Royals, now with 21 points to sit tied for eighth place with Oak Park, will play their next league game Jan.

16 when they battle the Sturgeon Heights Huskies at the Keith Bodley Arena.

Before that, the Royals will be competing at the Piper Classic Tournament of Champions this week. Selkirk begins play Thursday with a 4:30 game against Shaftesbury.

The Royals will continue its three-team pool play Friday at 10 a.m. against Dauphin.

Playoffs continue Saturday and Sunday.

Female Royals win again

In Winnipeg Women's High School Hockey League action back on Dec. 18, the Selkirk Royals edged the Oak Park Raiders 5-4 at the Eric Coy Arena. Jana King led Selkirk with two goals and an assist while Rayley Goetz add-

ed a pair of goals.

Cienna Palmer chipped in with a goal and an assist.

Kyleigh Johnson (two), Alexis Anderson and Courtney Evans replied for Oak Park.

Jodi Clifton made 42 saves for the win.

Selkirk now has 13 wins and 28 points to sit atop the CTV Division standings.

The Royals led second-place St. Mary's by six points heading into the holiday break although the Flames have three games in hand.

Selkirk resumes league play Thursday when it hosts the Kelvin Clippers in East Selkirk. Game time is 4 p.m.

Classifieds

The Selkirk Record



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RFQ 2019-01

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The Rural Municipality of St. Andrews is seeking quotations from qualified bidders for hourly rates for Privately Owned Equipment for the 2019 and 2020 seasons.

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Congratulations to the winners of Selkirk Legion December Cash Calendar. Graham Mathers, Kathleen Morgue, Randy Laye, George Hawes, Jim Waytiuk, Tim Riley, Barb Grove, Jim Rydz, Helen Starodub, Ray VanLuvven, Angie Gavereau, Peter Differ, Brenda Cawson, Debbie Thorndarson, Bev Donaldson, Bonnie Popovich, Chris Hertzog, Graham Mathers, Jacob Goertzen, Barry Thorvaldson, Marie Tichborne, Kim Law, Darryl Popowich, Bill Anderson, Michael Cheslock, Monique Peebles, Edna Czorny, Mary Chief, Janie Smith, Stephen Sharman, Louise Wood.

ANNOUNCEMENT

5 GENERATIONS



Grandma Misty, Dad Riley, Great-Grandma Gloria, Great-Great Grandma Clara Donald, Baby Rylar

ANNOUNCEMENT

IN MEMORIAM

Philip Stolar
January 6th, 2014

In loving memory of our dear father Philip, who passed away January 6th, 2014. Dear Dad, What I would give if I could say "I'm going to visit my Dad today". To see his face, to give him a hug, To sit and talk for a while, But it's your resting place I visit, To place flowers there with care. It broke my heart to lose you, But you did not go alone, The day God called you home. A million times I cried, If love could have saved you, You never would have died. For those of you who have a Dad, Give him a hug and handle him with care, Because the heartache is unbearable When he is no longer there. Remembered lovingly, sadly missed. Gord, Sally Lehman and family Rest in God's care, while you rest in my heart.

ANNOUNCEMENT

IN MEMORIAM



Janice Starodub (Bobrowich)
January 28, 1968 - December 31, 2017

The sun still rises in the east and darkness falls at night but nothing now seems quite the same each day is not as bright. The birds still sing, the flowers grow the breeze still whispers, too but it will never, ever be the same world without you. It's so sad that you had to go your leaving caused such pain but you were so very special and our loss is heaven's gain. - Forever loved and so deeply missed Mom and Dad
This thank you comes 1 year late but we had such a difficult time after Janice's passing. We want to thank everyone who attended Janice's memorial service, for all expressions of sympathy with cards, flowers and online messages. Big thanks to Leanne Cater for overseeing the service and vocalists Nicole Rayy and Tom and Jason Petric. We want to acknowledge the beautiful eulogies given of Janice. We want to convey our gratitude to everyone who donated to Janice in so many ways, from monetary donations, food, gift cards, etc. A very special thank you to Blake and Kim Wawryk and the Steinke family for the preparation of the luncheon after the service. We appreciate all those who brought baking for the luncheon and during the time in hospital. Thanks to those who spent so much time both day and night with Janice while in hospital and for those who visited. We wish to acknowledge Gilbert's Funeral Home for their help during our very difficult time.

- Charlie & Joanne Bobrowich

ANNOUNCEMENT

CARD OF THANKS

Our words and hearts cannot express how grateful we are for the outpouring of love and kindness during our time of extreme sadness when Gail left us in December. To old friends and new, neighbors and family, please accept our most heartfelt appreciation for all the support extended to our family at this time. We can never thank you enough.

-The Frederick family
Phil, Jean, Nancy, Danny, Daegan and Dallen

ANNOUNCEMENT

CARD OF THANKS

Family of the late Kristine Stamm would like to express their thankfulness to family, friends, and former neighbours for their support. Also, to The Venerable Godfrey Mawejje, pallbearers, readers, Sheldon for lunch, cards, flowers, Elsie for 'Memories of Mum' and Gilbert's Funeral Home who looked after everything so well.

ANNOUNCEMENT

CARD OF THANKS

Selkirk Legion would like to thank all the generous donors for our Big Meat Draw. Our sincere apologies to any we may have missed. Businesses: Anderson Vision, Brad Hirst-Royal LePage, Cambrian Credit Union, Canadian Tire Selkirk, CIBC, City of Selkirk, David Moore & Assoc., GFL Environmental Svcs, Gilbert Funeral Home, Harlan Fairbanks, Selkirk Home Hardware, No Frills Selkirk, Oakwood Roofing, One Insurance, Packers Fashion, Roxi's, Selkirk Auto Body, Selkirk Golf & Country Club, Selkirk GM, Selkirk Tire, Share Canada, Steel-town Ford, Sunova Credit Union, Westside Honda. Individuals: L Adams, H and J Austin, W and K Bird, T and P Byers, C Bywater, F Drummond, T Foster, N McAuley, L Nicol, T and P Riley, D and R Stewart, M and B Tasano, L and S Torvaldson, K Valley, N and M Zebinski.

ANNOUNCEMENT

IN MEMORIAM



Jason Woychysyn
October 26, 1970 - January 1, 2018

When we think of those companions who traveled by our side down life's road, let us not say with sadness that they left us behind, but rather say with gratitude that they were once with us.

ANNOUNCEMENT

IN MEMORIAM



David Jones
May 7th, 1953 - January 15th, 2018

Remembering you is easy, We do it every day. But missing you is the heartache, That never goes away. Love and miss you always.

Louise and family



Freightliner Manitoba is pleased to announce that Blair Purvis has accepted the position as Account Manager for our Brandon, MB location. Blair's territory will consist of all areas of Manitoba, West of Portage La Prairie. Blair looks forward to reacquainting himself with many of his former customers and friends from his 25+ years in the Ag Sector.

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		3	8					
4			3	9				
9	8			5				
	6							
		1	5				2	8
	5						1	6
		4	6			7		
			2		5	3		
2		6	4					

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Sudoku Answer

5	8	1	6	3	4	9	2	7
4	9	3	5	7	2	8	6	1
2	6	7	1	8	9	4	3	5
9	1	4	8	2	7	6	5	3
8	2	6	3	9	5	1	4	7
7	3	5	4	1	6	2	9	8
3	4	9	2	5	1	7	8	6
1	7	8	9	6	3	5	2	4
6	5	2	7	4	8	3	1	9

Sudoku Answer

Crossword Answer

P	V	E	N		S	A	T		S	A	O	B
O	D	D	A		O	L	O		V	E	T	V
T	S	I	D	V	S	T	E	H	N	I	U	R
S	N	V	N		U	E	I	T	E	O	V	D
					V	M	A		H	O	N	E
					T	S	E	I	C	O	V	R
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					T	R	O	S	A	T	O	
					V	N	N	V	O	N	V	
					H	U	S		S	V	M	

Crossword Answer



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Selkirk Record

OBITUARY



Jacqueline Camier

Jacqueline Camier, 83, of the RM of Rockwood, Manitoba passed away January 6, 2019.

She was born to parents, Armand and Freda Plouffe, August 11, 1935 in Boucherville, Quebec.

She was married to William John Camier in 1953. Jacqueline is survived by her husband

William (Bill), and five children: John (Sharon), Mickie (Garry), Christie (Andy), Betty (Brian) and Joe (Rose) and predeceased by infant daughter, Patricia. Jacqueline is also survived by her beloved sisters and brother, as well as a host of grandchildren and great-grandchildren. Jacqueline was a loving mother and very creative. She knit prayer shawls, quilted and oil painted. She passed her appreciation of art and beauty to all her family. Jacqueline was

extremely proud of her family and leaves behind nothing but beautiful memories.

Vigil prayers will take place 7:00 p.m. Thursday, January 10, 2019, at Gilbart Funeral Home, 309 Eveline St., Selkirk, Manitoba. The Funeral Mass will take place at 11:30 a.m. Friday, January 11, 2019, at the Notre Dame Catholic Church, 269 Jemima St., Selkirk.

The family would like donations be made to cancer research in lieu of sending flowers.

Condolences, photos and videos may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



Beverley Elaine Arvidson (Johnson)

December 8, 1944 – December 30, 2018

Elaine Arvidson, aged 74 of Selkirk, passed away peacefully at the Selkirk Regional Health Centre with family by her side. Elaine is survived by her dear husband of 44 years Bill, two children Kris (Sherry) and Britt, and her two granddaughters Zoë and Kaitlyn. She is also survived by her sister Corinne (George), many nieces, nephews, cousins and friends.

Elaine was born in Winnipeg and raised in Gimli. She had a fulfilled childhood filled with mischievous shenanigans at the lake with her sister and friends. Of course, her antics drove her strict school teacher mom nutty but thankfully her dad's charm and sense of humor always smoothed things over for her.

Elaine was a hard worker having started her working career at Sam's Cafe in Gimli while still in grade school. Upon high school graduation, she moved to Winnipeg and eventually started working for the Provincial Government at the Legislative Building. When a Provincial Government job opened up in her hometown, she applied and was the successful applicant moving back to Gimli in 1971.

In 1976, new adventures brought Elaine and family to Edmonton, AB, where she worked at the Alberta Hospital for 10 years. Missing family in Manitoba, they returned to Gimli in 1986 later moving to Selkirk in 1987. Elaine continued with the health sector having worked at Health Sciences Centre, Selkirk Mental Health Centre and Selkirk General Hospital until her retirement in 2012.

Her strength and tenacity to brave the challenges and obstacles that life placed in her way, was a true inspiration to her children, granddaughters and friends. She courageously battled through many health issues throughout her lifetime. From polio as a young girl and fighting to regain her ability to walk, to a horribly aggressive form of vasculitis in which she tried everything she could; Elaine's various medical difficulties provided the medical field with several case studies. She hoped her experiences would provide the necessary data that would directly contribute towards easing others' suffering in the future.

She taught everyone who was fortunate enough to meet her that with a little heart, a few laughs and a lot of grit, one can get through anything. She was so thankful to have so many supportive people in her life.

A service of celebration for Elaine's life was held on Saturday, January 5, 2019, at the Evangelical Lutheran Church of Selkirk.

If desired, donations can be made in Elaine's honour to the Evangelical Lutheran Church of Selkirk or to Before the Bridge Senior K9 Rescue (Box 11, Stony Mountain, MB, R0C 3A0).

Condolences, photos and videos may be left on her tribute wall at www.gilbartfuneralhome.com.

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OBITUARY



Gertrude Walker
May 20, 1930 - December 27, 2018

After a courageous battle with cancer and multiple health issues, God called our beloved mother, grandmother, great grandmother, great great grandmother, sister, wife, auntie, sister-in law, and friend home. Surrounded by many family members mom went to be with her Lord and Saviour to rest on Thursday, December 27, 2018 at the Grace Hospital in Winnipeg.

Mom was born at Peguis First Nation on May 20, 1930. As a young women mom left Peguis to move to Dauphin River with dad, Bert Walker. There they began to raise a family and later returned to Peguis to live for several years before moving to Selkirk where they remained and were part of the community. Mom and dad were married for 50 years. They both enjoyed working and spending time with their friends and family. Mom and dad had

many good friends all over the Interlake including Selkirk. They worked together with dad's fishing business and were both committed to looking after their special child Angela. Mom was heartbroken when dad passed away February 2006 followed by Angela May 2011 and daughter Olga Thomas December 1, 2018. She was also predeceased by her grandchildren Edgar Stevenson Jr., Desiree Walker and Rodney Walker, stepson Edward Moses O'Meara and his wife Maryanne, sisters Dina Stevenson, Roselyn Sutherland, Olga Truthwaite, Eileen Ross, brothers Ralph, Louis, Charles, Dave, and Billy Stevenson, sister-in laws Maryanne and Shirley, brother-in-laws Albert and Fred, son-in-law Morley Murray and parents Marjorie and Ernest Stevenson.

Mom will be truly missed by all her children, grandchildren (41), great grandchildren (68) and great-great grandchildren (11), brother-in-law and sister-in laws and friends. Children are William (Stella) Walker, Joanne (Doug) Stevenson, Freda (Barry) Bear, Maxine (Edgar) Stevenson, Ernest (Marie) Walker, Debbie (John) Burka, Charmaine (Jim) McIvor, Rosa Walker, Dennis (Maureen) Walker, Darryl (Kathy) Walker, Sister-in-laws Elizabeth Sinclair, Vina and Evelyn Stevenson, Brother-in-law Marshall Ross.

Mom and dad worked hard to provide for the children. Their children and grandchildren were their priorities and their lives. Mom was always cooking and cleaning, taking food to those in need and volunteering to help others. She would make homemade bread and pies then call all the children to come pick up some baking. Keeping in touch with her family was very important to mom. She would make daily and weekly calls to family members to make sure everything was alright. Mom worked with dad with his fishing business and also volunteered at the church and with the Selkirk Friendship Centre.

Mom's actions were stronger than words, she loved her family and friends and she was loved. Mom your work is done, rest.

A celebration of her life was held on Monday, December 31, 2018 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk, MB.

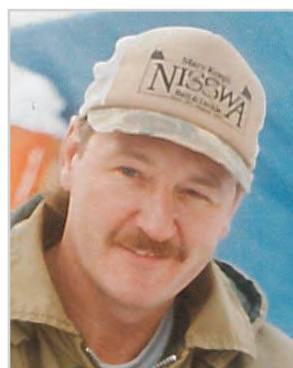
It broke our hearts to lose you,
But you did not go alone,
For part of us went with you,
The day God called you home.
Though your smile is gone forever,
And your hand we cannot touch,
We will never lose the memory,
Of one we loved so much.
Thanks for the loving years you gave us,
The happy times we shared,
We all pray that when you left us,
You knew how much we cared.
Our family chain is broken,
And nothing seems the same,
But as God calls us one by one,
The chain will link again.

Condolences, pictures and videos may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Gregory Allan Beck

Peacefully Greg died on Thursday, January 3, 2019 at the Selkirk Regional Health Centre.

He was born in Selkirk, Manitoba on January 25, 1956 to Gerry and Bev Beck. He was predeceased by his father Gerry. Greg is survived by his loving wife of 38 years, Becky; sons Tyler and Dillon (Tess); grandchildren Katja and Harvey; mother Bev; sister Jerri (James) and brother Daryl (Sandi).

He worked at Manitoba Rolling Mills for 30 years and enjoyed 5 years of retirement in which he went on an African safari which fulfilled a lifelong dream.

Greg's main love was hunting, fishing and camping with family and friends. He took great pride in his garden and was always very generous with his vegetables. Greg was also actively involved in the Selkirk Sportsman's Dinner.

A celebration of life for Greg will be held on Wednesday, January 9, 2019 at 1:00 PM in the Gilbert Funeral Chapel, Selkirk, Manitoba.

In lieu of flowers, donations can be made in Greg's memory to Canadian Liver Foundation Manitoba Chapter, Box 1583, Lac du Bonnet, MB R0E 1A0 or Cancer Care Manitoba, 675 McDermot Ave, Winnipeg, MB R3E 0V9.

Condolences, pictures and videos may be left on his tribute wall at www.gilbartfuneralhome.com

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OBITUARY



Sharon Anne Boch
February 12th, 1958 – December 16th, 2018

On December 16th at the age of 60 Sharon Boch passed away surrounded by family at the Selkirk Regional Health Centre.

Sharon will be lovingly remembered by her husband, Ralph; daughter Chantel (Dustin); and son Kyle (Brittany). She will also be greatly missed by her mother Pauline; siblings Jim (Pat), Diana (Richard), Fred (Candice), Nancy (Peter); brothers-in-law David (Audrey) and Wayne (Peggy), along with numerous nieces, nephews and friends. Sharon was predeceased by her father Douglas; sister Helen; in-laws Walter and Mary Boch; and sister-in-law Brenda.

Born in Winnipeg, Manitoba in 1958, Sharon came to Petersfield in 1982 upon her marriage to Ralph. Residing at the family farm, Sharon and Ralph took an active part in the community by volunteering at Clandeboy Hall and supporting the Petersfield Curling Club. Throughout the years, Sharon was always the heartbeat of the family and farm, assisting with diligent bookkeeping, packing lunches, driving Chantel and Kyle to various events, or spending time at the camper in Chesley's Resort.

From spring to fall, you would always find Sharon patiently tending to her garden and flower beds. As a child, Sharon loved to spend summers at her Dad's acreage in Ste. Rose where she developed her green thumb. Every fall, Sharon would turn the fruits of her labour into delicious preserves to share with friends and family. Sharon truly loved cooking and baking for large gatherings, especially during harvest and holidays; she always took special care to ensure that no one would leave her house hungry.

In the winter months, Sharon looked forward to a yearly trip to Cancun with her husband and close friends. One of her favourite pastimes was walking along the beach and taking care to soak up the beautiful weather and scenery. This past year, Sharon and Ralph were able to spend their Cancun holiday with Chantel and Kyle, who she was so very, very proud of. This last holiday truly meant the world to Sharon and all will look back fondly and cherish the precious time spent together.

Although Sharon's last year was spent in a courageous battle with cancer, she will always be remembered for her generous spirit, strong will, sharp wit and selfless ways. A luncheon will take place on January 16th, 2019 at Clandeboy Hall at 2:00 p.m. with an interment to take place on a later date at the Notre Dame Catholic Cemetery.

The family would like to extend a special thank you to Diana, the Tessier's (Therese and Denis) and countless others for their unwavering support over the past year.

In lieu of flowers, one may make a donation in Sharon's name to CancerCare Manitoba or Palliative Care at Selkirk Regional Health Centre.

Condolences, photos and videos may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



William Edward Salter
July 31, 1931 - December 21, 2018

It is with profound sadness that we announce the sudden passing of William (Bill) Edward Salter, 87 years young, on Friday, December 21, 2018 at the Selkirk Regional Health Centre.

Bill worked at several different jobs throughout his lifetime, but electrical work was his passion. An electrician by trade, he owned his own business for many, many years until his retirement. Bill was kind-hearted, loving and generous. He'd be the first one to offer his help and wouldn't stop until the job was done and done right!

Left to cherish Bill's memory are his loving wife of 47 years, Millie (Sal) of Clandeboy, MB.; son Rick (Barb), daughter Sandra, grandchildren Remi, Christina, and Devon, and great-granddaughter Sophie, all of Winnipeg, MB.; brother Ronnie (Mary-Ann) of Kamloops, BC.; sisters-in-law Sandi of Grand Marais, MB.,

Norma (Raymond) of Moose Jaw, SK., and May of Winnipeg, MB.; "adopted" daughter Lori of St. Clements, MB., and numerous other relatives and friends. Bill was predeceased by his parents Bill (Knobby) and Mary, and brothers Bob and wife June, and Glenn.

Heartfelt thanks to Rob Punton, First Responders, EMS, and staff at the Selkirk Regional Health Centre who all worked so diligently and compassionately.

At Bill's request there will be no service.

Bill, I love you with all my heart. I miss you dearly.

OBITUARY

Patrick (Pat) Shawn Cronin

Unexpectedly on Monday, December 31, 2018 at his residence, Pat Cronin, aged 56 years of Clandeboy, Manitoba passed away.

In keeping with his wishes, cremation has taken place and no formal service will be held.

Condolences, photos and videos can be left on his tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Kristine Stefania Stamm

Peacefully, on Wednesday, December 19 at the Fred Douglas Lodge, Kristine Stamm aged 91 years, formerly of Selkirk, MB, passed away.

Born in St. Vital March 15, 1927 to August and Alice (Duncan) Vopni. She loved school and encouraged education to her kids. She took Grade 10 by correspondence. Some of her character developed in Eriksdale. Growing a big garden so you have good food for the winter, getting wood stock-piled for cooking and heating, walking for miles to get to town, or a dance, visit friends. If you timed it right you could get a ride on the 'jigger' as it went by on the rail tracks. Hard work and long hours didn't faze a lot people of her generation.

Kristine married George Stamm, May 24th, 1947. They worked their farm in Eriksdale until moving to Selkirk in 1955 for a better

life and education for their kids.

Kris is predeceased by her loving husband, George (1993), parents: Gus and Alice Vopni, parents-in-law: Charles and Agnes; siblings Kae (Axel Landin), Thora (Ron Proctor), Mary (in infancy), Duncan (Florence McDougall), Bill (Joan) and Art (Helen); two sons-in-law Stewart Clouston and Leonard Railton and great-grand-daughter Jayden Brydges.

Survived by brother Rev. Canon Roy (Ferne) of Kingston, Ontario; children David (Lynn), Larry (Elsie), Gus (Lori), Donna Clouston, Carole Railton; grandchildren Len, Donna (Cory), Rick (Janice), Carli (Dan), Brett, Caleigh, Melissa (Wayne), Mitchell (Jessica), Tyler (Jane) and great-grandchildren Valerie, Cameron, Katie, Hunter, Michael, Ashton, Greyson and Kaiver; many nieces and nephews she thought of often.

Mum loved us all and loved seeing and hearing about everyone's accomplishments. Her place always had pictures of us all that she liked looking at. Her favourite picture was Dad on their wedding day.

Mum's work consisted of looking after us until we were such an age that she started working out of the home. Work places included Electro-Knit, Dinette, RCA, and then many years at McLeod's. She participated in A.N.A.F. Ladies Auxillary raising money for the A.N.A.F. sponsored activities and the Royal Canadian Legion. Many Saturday nights were date nights to go dancing at the club (after Dad's sister Iris and Mum showed Dad how to dance the two-step). As kids, we grew up in the security of a loving family which also included grand-parents, aunts, uncles, and cousins and terrific neighbours.

A funeral service was held on Saturday, December 22, 2018 (today) at 2:00 p.m. in the Gilbart Funeral Chapel, Selkirk, MB, with the Ven. Godfrey Mawejje officiating.

If you so wish, charities that Mum supported were: Lung Association, Arthritis Society.

Our family's sincere thanks and appreciation to Willow Unit at Fred Douglas Lodge on Burrows Avenue who treat everyone like family and help your loved one feel welcome, safe and happy. Our thanks to everyone.

Condolences, pictures and videos may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Todd Fiwchuk



It is with great sadness that we announce the passing of Todd Fiwchuk on December 28, 2018, at the age of 55 years after a courageous battle with cancer

He leaves to mourn his daughter Mindy (Kyle), grandsons Brenon and Carter; sisters Sherri and Michelle; brothers John, Dwayne (Connie) and Keith; nieces Chantelle (Sebastian), Akayla, Brooke and Cori; nephew Michael; great nephew Maxton; girlfriend Christine; stepdaughters Desiree and Ashleigh; stepson Stephean and granddaughter Sophie. He was predeceased by his mother Laura Major and father Gustuv Fiwchuk.

Todd had a passion for work and could always be found helping others. He was always laughing and cracking jokes and had a way of telling a story. He was a devoted father and papa and always went above and beyond when it came to his family.

In keeping with Todd's wishes cremation has taken place and there will be a celebration of his life on Thursday, January 10th at the Selkirk Legion between 1-4:00 pm.

And think of him as living in the hearts of those he touched...

For nothing loved is ever lost and he was loved so much.

Condolences, photos and videos may be left on Todd's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Clayton Melvin Saunders



It is with heavy hearts that we announce the passing of Clayton Saunders on December 11, 2018.

He was predeceased by his father Carl (Bud) Saunders. Left to mourn are his fiancée Karly Pedersen, his mother Myrna Saunders as well as numerous family members and friends.

Clayton was born in Selkirk, MB on April 11, 1975, and raised in Lockport, MB. He went to school in Selkirk and played hockey in the area for many years. He made a lot of friends along the way.

Clayton loved spending time with Fisher, the dog that he and Karly rescued and adopted.

Clayton was an avid sports fan and he loved hockey and golf. His favorite team was the Chicago Blackhawks. He also loved to travel with Karly. On his last trip to Chicago to see a hockey game he asked Karly to marry him. He travelled to many places and made

a lot of memories along the way.

He loved to cook and have friends over for a BBQ. He was an excellent cook and watched the cooking shows to get tips to perfect his recipes and technique.

A Memorial Service will be held at Christ Church, 227 McLean Avenue, Selkirk, MB. on Saturday, January 19, 2019 at 2:00 pm.

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