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Lockport welcomes fishers to local ice fishing village

By Katelyn Boulanger

Residents who've wanted to give ice fishing a go but didn't know where to start, now have a great chance to become a part of the local fishing community. A partnership between Lockport Community Development Group and Red River Cats has resulted in the Lockport Ice Fishing Village.

"[The Lockport Ice Fishing Village]'s just there to help promote fishing in the community and getting everybody outdoors. It's a completely free event and a completely not-for-profit event that we're running. We've been really fortunate; we've been able to go around and get a lot of different sponsorships from people in the area. M.D. Steele, [the company] who's building the bridge, has been a huge help. They've been really great with helping us set this up. Valley Fiber and High Speed Crow are coming on board and they're actually supplying free Wi-Fi for the whole area," said Eric Stone owner of Red River Cats.

The village is located at the base of the St. Andrews Lock and Dam and consists of a cleared ice road as well as many bays that residents can drive out to and set up their lines. At one end of the village, there is also an ice rink.

Some other amenities at the site are lights which illuminate the area at night as well as public washrooms and street signs.

Last weekend was the first weekend that the village was open to the public. The idea to create something like this came from discussions last year about creating a safe place for fishers to go after the unusually high amount of snowfall made getting stuck while driving out on the ice more likely.

"We were talking about how last year in Lockport there was nobody fishing. There was just so much snow. We couldn't get around. Everyone was getting stuck and, by the end of the year, everyone had pretty much just given up. So, we just wanted to find a way to be able to get everybody back out and fishing. Then, we started talking about how, 30 years ago or so, they had the Lockport Ice Festival. They did all these great things on the ice. So, we've been trying to find a way to bring that back," said Stone.

There are two separate entrances to the village on either side of the river. The east side entrance is behind the Subway in Lockport and the west side entrance is at the Red River Cats boat launch at 669 River Rd.

"You can come up, and set up. Stay the day and do some fishing. We just wanted to make it nice and easy for people so you're not parking on the side of the road in your SUV or your car and dragging everything down the hill and trying to find a spot. There's now cleared roads and cleared areas, you can take your minivan right onto the ice, pull into one of these bays and drill some holes and get fishing," said Stone.

All spots are first come first serve and fishers should bring their own fishing gear. Fishers do require a Manitoba Fishing License in order to fish at the Lockport Ice Fishing Village.

There have already been some difficulties with the event as the entrance



RECORD FILE PHOTO BY KATELYN BOULANGER An ice fisher out early in the season last year on the Red River near Selkirk.

archway, just days after the village opened, was vandalized, however, members of the community came together and donated towards the repair cost in order to keep the village accessible to all.

Stone invites anyone who would like to take part to come down and give fishing a try as the fishing so far this season has been pretty good.

"Just come on down and try it out. It's completely free. There are no fees. There's no sign-up," he said.

Residents should also check out

https://lockporticefishingvillage.ca/ where there will be information about various weekly contests that will take place throughout the season. Some to look forward to are the Best Dressed Shack contest, the Photo of the Week contest and the The "Master" of Master Anglers contest.

Any questions or requests for information about the village should be directed to Eric Stone at 204-481-2401 or info@redrivercats.com.

Take precautions when online shopping, purchasing gift cards

Submitted by the Manitoba government

As the popularity of online shopping and gift cards continues to increase, the Consumer Protection Office is reminding consumers to take precautions, not only during the holiday season but also throughout the year. Online shopping can be convenient and accessible, but it can have disadvantages; consumers cannot personally evaluate the product being purchased, talk to the merchant in person or monitor the handling of credit card information.

To mitigate potential risks, consumers are advised to:

• purchase from well-known, reputable merchants when possible;

• research new or unknown merchants including checking references and reviews;

• determine a merchant's return and

exchange policies and complaint-handling procedures;

• confirm the full cost of the transaction including taxes, shipping, handling or import fees, and foreign exchange rates; and

• check website security, usually indicated by a lock icon and a web address beginning with https:// (the 's' indicates the site is secure).

Consumers who buy or use gift cards should:

• review the terms and conditions, restrictions and

limitations;
check for signs of tampering and ensure the card's barcode matches the number on the

in- packaging;

• keep the receipt and treat the card like cash; and

• check the card's balance by following the instructions printed on the card.

The Consumer Protection Office administers consumer protection legislation in Manitoba, including the Consumer Protection Act. The act provides protection in consumerrelated transactions and includes certain protections for Manitoba consumers who pay for online purchases with credit cards.

To learn more about the Consumer Protection Office, visit: https://gov. mb.ca/cp/cpo/info/index.html.



Beware of emergency scams targeting community members

Fraud affects residents wanting to help family members out of a tough spot

By Katelyn Boulanger

Have you ever gotten a phone call saying that your child, grandchild or other family member is involved in an accident and is in jail? That is the story that scammers recently used to target at least two separate community members in the Selkirk region. These residents then notified the *Selkirk Record* wanting to warn other members of the community how convincing the fraud was.

These emergency scams that claim a relative is in an emergent situation, like a car accident or altercation with the police, often target seniors and so are sometimes also called grandparent scams. However, residents should know that scammers don't limit their targeting to just elders according to Selkirk RCMP community policing officer, Cst. Paul Human.

"We get the reports of the same ones often where somebody is calling and saying they're a relative and they're in trouble and they need money. . . They'll say things like, 'I need money for bail,' or one that I've heard before is that the police found drugs in my car and they need to pay so I can get out," said Human.

The story that the two community members were targeted with was

similar. They were called by a person fraudulently pretending to be a person of authority saying their grandchild was in jail and needed money to be bailed out. The phone was then transferred to another fraudster pretending to be the person's grandchild saying that they were being charged for using their phone while driving and causing an accident.

"They really try and prey on your heart," said Human.

As a community policing officer for the RCMP, he advises people who are unsure if they are being scammed to be investigators themselves. If you're not sure who you are talking to, make sure to ask personal questions that the person should know. Questions like, what is your middle name, or when was it that we last visited, are some ways that you can catch a scammer in a lie.

"[You can say things like] I'm sorry, it's been such a long time. I need the information for the cheque and I need to know your middle name. If they don't know the middle name, it's so hard for us as Canadians to hang up the phone. We want so much to help people especially if it's your family [but it's important that you hang up]," said Human.

> It might seem strange that a fraudster would specifically target you knowing both your name and the name of a family member but, if you lookup your name online, you will likely find that between social media, clubs and groups, and even the online version of the phone book, that almost everyone's name



SCREENSHOT FROM THE CANADIAN ANTI-FRAUD CENTRE WEBSITE Attempted frauds can be reported the the Canadian Anti-Fraud Centre.

is out there in some way.

Human says that the scammer's goal is ultimately to get money.

They can do this in various ways like a money transfer through a money transferring agency, requesting that you courier cash to them, or even requestion your buy gift cards, which have serial numbers but are difficult for police to trace.

"Their goal at the end of this is money. If they don't get money from you, they're going to move on to the next person. So, if it doesn't feel right, if it feels kind of goofy, it is. Hang up and tell somebody [so that we can all be more aware of the scams that are going around]," said Human.

Human's top three tips to avoid being scammed are:

- Check where the phone number is coming from. Scammers can call from 204 numbers but often won't have the correct regional second three digits of the phone number, which in Selkirk are often 785 or 485. This doesn't always let you know if a call is a scam or not but it's a sign that you should be wary going into the conversation.

- Don't be afraid to ask for information. The five W's – who, what, where, when, and why – are all easy questions to start with and verifying information and asking personal questions are all important in making sure that you are talking to the person who you think you are talking to.

- Finally, he recommends that if you even get an inkling that something is a scam just hang up. More than not, you'll get a phone call from somebody else in your circle that something's going on and that money is being collected for someone if it's a real emergency.

"Don't engage. If it's really important, they'll call back. If it's really, really important you can phone other family members and confirm where this individual is," he said.

He also says that some fraudsters will say that they don't want other family members to know about the trouble and Human's advice is, "If anybody ever says, in your entire life, 'Don't tell anybody.' Tell somebody,"

Residents should also understand that if you are someone who got scammed you shouldn't feel bad about falling for a fraudulent call because they are often very sophisticated.

"You're not alone. This happens to a lot of people, even police officers. My biggest [piece of advice] is that you may feel ashamed and feel horrible. But, the minute that you start sharing, you're preventing somebody else from getting scammed. It's going to take time. Don't get me wrong, it's going to take some time [before you feel comfortable sharing your story]. But once you feel that you can share about what happened to you, you are going to prevent more and more people in your circle from getting scammed," said Human.

Attempted frauds can be reported to the Canadian Anti-Fraud Centre at https://www.antifraudcentrecentreantifraude.ca/index-eng.htm.

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Harm reduction resources increase for Selkirk community

By Katelyn Boulanger

Our community has done a lot to create safety and awareness for harm reduction measures in recent years, from increased availability of naloxone kits, to having an in-person event this past summer to recognize the toll that lack of harm reduction resources has on our community. Many of these efforts have been done with help from the Manitoba Harm Reduction Network (MHRN), who have partnered with community groups to bring awareness and resources. They are now increasing these resources yet again by offering HIV self-testing kits in Selkirk.

"The test kits, at least from my perspective, are rather new which is good news that we have access to them," said Tristan Dreilich, MHRN, Network Coordinator for Selkirk.

Though harm reduction concerning people who use substances isn't a new concept, it can be one that people aren't familiar with. Dreilich says that harm reduction is two-fold.

"[Firstly it's] recognizing that lots of people in most societies use substances and that the solution isn't to try to stop people from using substances, because we've been trying that for decades, to great cost. But part of the solution is to actually reduce some of the harms associated with that substance use in a very intentional way. . . [Secondly, it's] recognizing the social context, in which harm occurs. When I say that, I mean, yes, the substances can be harmful if someone suffers a drug poisoning, that is definitely a harm. But, harm reduction now is also asking, why are these drug poisonings occurring," said Dreilich.

The MHRN works to help reduce these poisonings and other related harms by providing naloxone kits and training to the community, distributing safe new sterile supplies, testing and treatment for sexually transmitted and blood borne infections (STBBIs), sharing information about substance use, coordinating community groups, peers, and government so that everyone has a seat in the discussion and more.

The new HIV self-testing kits fit within this con-

text as activities associated with unsafe substance use can be a way that STB-BIs are transmitted.

"The goal really here is to reduce barriers to folks knowing their status. And when I say know their status, I mean, what their status is around HIV. We're excited because the test kits mean that you can test wherever you want," said Dreilich.

The self-testing kits may actually be somewhat familiar to residents as a person starts by taking a sample of blood much like someone with diabetes might do to test their blood sugar. From there, the blood sample is mixed with agents somewhat like we've been doing when testing for COVID-19 with at-home testing kits and the results can be read shortly after that.

These kits give people a low barrier way to test for HIV which can be useful for people who are marginalized by our care systems and would find accessing testing difficult otherwise.

"I should highlight that if anyone was to get a positive test from the self-test it is encouraged that they connect with a health care professional to do a full blood test. But, again, it's just another way to get some information. And then, [should the laboratory processed test be positive], those health care professionals can help connect them with some of the treatment options," said Dreilich.

The self-testing kits will be available at 237 Manitoba Ave. which is the Selkirk Community Health Office from Dreilich.

"The goal is to have folks pick up anywhere from two to five kits. We say two because sometimes we recognize that the first test might be a bit of a stressful event for people or they might be learning the kits. We also recommend taking two so they can do a retest if they need. But we say up to five because we're also expecting there to be some of what we would call a peer to peer distribution. That's another way that we are hoping that barriers get eroded around people knowing their status," he said.

Dreilich also says that people should be aware that there is a window of about three months that can take place between exposure and testing positive for HIV so retesting after three months is important.

He also wants to reassure people that, should they test positive for HIV, there are very effective treatments available.

"It's going to take a community to really enact and live harm reduction. It's about supporting everyone and supporting safety for everyone," said Dreilich.

Residents wanting to access kits or having

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RECORD PHOTO SUBMITTED Tristan Dreilich, MHRN Network Coordinator for Selkirk with HIV self-testing kits.

questions can contact Dreilich at tristan@mhrn.ca or 204-785-7501. Also, anyone interested in becoming an HIV self-testing kit distributor can also contact him.

The province's latest STBBI data can be found at https://gov.mb.ca/health/publichealth/surveil-lance/stbbi/index.html and more information about HIV self-testing kits is available at https://www.i-am.health/.







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The Selkirk Record welcomes submissions to Letters to the Editor. Letters or call our office at 204-785-1618 can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

local communities."

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"We've got to also concentrate on

tackling rural crime. I'm hearing that

more and more, so one of my resolu-

tions is to work with our shadow min-

ister for public safety, Raquel Dancho,

and making sure that we have ad-

equate resources for the RCMP. As

well, I'll continue to be engaged with



SALES Brittany Hiebert

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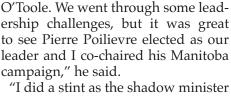


OFFICE MANAGER/ADS

Brian Bowman

ADMINISTRATION

Lucy Kowalchuk



"This was a year of some turmoil, es-

pecially because of the Russian war in

"I've been very involved in pressuring the government to supply more weapons and aid to Ukraine so they have a fighting chance of winning this

On a professional front, Bezan filled

"At the start of the year, I was in the position of deputy whip with Erin

multiple roles throughout 2022.

Ukraine," he said.

war."

for ethics and one of my complaints that I took to the ethics commissioner recently came to fruition. Additionally, I was very excited to have Pierre Poilievre appoint me as the shadow minister for national defence again. I'm glad to be back in the role after taking some time off."

Looking ahead, Bezan shared some issues on his radar for the upcoming year.

"One of the things I'm looking forward to in 2023 is fighting for the members of the Canadian Armed Forces, making sure the morale issue that we're dealing with is addressed," he said.

"We need to make sure it's inclusive and respectful and that people are protected in the work environment. We also need to get our military equipment bought and delivered a lot faster than what's been happening."

Locally, he said residents in his riding have expressed concern about the cost of living and inflation. Other top**RECORD PHOTO SUBMITTED**

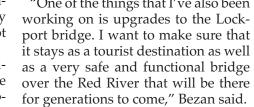
James Bezan, MP for Selkirk-Interlake-Eastman

Cet News > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

of-mind topics include the carbon tax, fertilizer tariffs and firearms legislation.

"One of the things that I've also been working on is upgrades to the Lock-

Christy Brown, Distribution Mgr.: 204-467-5836



The Selkirk Record Thursday, January 5, 2023 **7** Don't miss out on the Adult Education Casual Information Drop In

By Katelyn Boulanger

Education providers in Selkirk are coming together on Jan. 25 so that residents can learn about all of the adult education opportunities provided to residents of our area. From getting down to the basics of English or math, to increasing individual skills like communication and digital literacy, to working through courses to achieve a high school diploma, there are going to be opportunities for learners of all levels at this event.

"There's all of these opportunities right here in Selkirk. The purpose of the event is, sometimes it's so frustrating when you're not quite sure where you should go. If you're tired of looking on the computer and you want to see somebody in person, this is an opportunity to come and talk to somebody from each of the organizations and just figure it out," said Adele Plett Bartel, coordinator/instructor at the Selkirk Adult Learning Program.

The event takes place from 12:30 to 4:30 p.m. at the Gaynor Family Regional Library on Jan. 25.

Plett Bartel says that this event will be a very casual one where people will be able to drop in and say hi, learn about opportunities and sign up if they want to, but that the primary purpose is for residents to chat and learn more about the organizations. She also emphasizes that this event is for any adult that is considering educational opportunities.

"I know, in our various programs, we have people who are, maybe late teens to early 20s, all the way up to, we have 70-year-olds in our program," said Plett Bartel.

Plett Bartel says that it's important to have opportunities like this in our community because being educated has become more and more necessary.

"The world is getting more complex. And in terms of employment, or even just getting your prescription fulfilled, literacy and math skills [are important] just to feel that you're part of our society. It can also be more than just academic it brings dignity to reach your potential and to participate in society," she said.

The organizations that are scheduled to be at the event are the LSEC Adult Learning Centre, the Selkirk Adult Learning Program (SALP), Workplace Education Manitoba (WEM), Red River College Polytechnic, Selkirk Employment Services, the Lord Selkirk School Division – Continuing Education, and Eastman Immigration Services.

SALP focuses on literacy and math skills. It's for anybody, including people who are learning English as a second language or newcomers to Canada. There is no cost and the intake for this program is continuous, so residents can join anytime. Classes are small to create a comfortable and very supportive environment.

The LSEC Adult Learning Centre offers high school credit courses for adults. They share the building with the youth program so sometimes people may think it's just the youth program but they offer both youth and adult education. They also offer classes in the evening for adults who may be going to work during the day or don't have childcare. This program allows you to achieve your high school diploma but also take individual high school courses which might be needed should you want to pursue post-secondary opportunities.

Red River College Polytechnic is located across the street from the library on Manitoba Ave. They are a college and offer post-secondary opportunities. Their main campus is in Winnipeg but they do offer certain courses locally through the Selkirk campus.

Selkirk Employment Services offers help with resume writing. They have computers and other resources that might be needed in order to find a job. They also offer career planning services and are a resource if you want to get into the workforce.

WEM is a resource that offers educational opportunities for people who are already employed and want to improve their workplace skills. They provide flexible training in order to improve essential workplace skills like communication, numeracy, problem solving and more.

Lord Selkirk School Division – Continuing Education is located at Lord Selkirk Regional Comprehensive Secondary School and offers short specific interest classes for adults that can be taken throughout the year. Classes include subjects like cooking, yoga, photography and more.

Eastman Immigration Services offers support to newcomers to Canada who are living in the Selkirk/Interlake region. They also do offer some English language classes depending on the needs of the community.

Plett Bartel encourages anyone interested or anyone with a friend or family member who might be interested to stop by and learn more about what our community has to offer.

"If you have a learning goal for the

Continued on page 9

We want to hear from you

Letters to the editor - If you wish to comment on anything you read in the newspaper, or if you wish to comment on any concern affecting Selkirk and surrounding communities, write a letter to the editor. We welcome diverse views and opinions.

Why You Should Write a Letter to the Editor

Writing a letter to the editor is one of the most efficient ways of reaching large audiences. The *Selkirk Record* has an approximate readership of 37,368 readers weekly.

Readers also include members of local government, who we may want to reach. Frequent letters about a certain topic will convey that a sizable group of people care about it.

A letter to the editor is a very short piece of writing, meaning that you don't need to invest an inordinate amount of time in it. Shoot for less than 300 words.

Tips for Writing a Letter to the Editor

Connect your letter to a specific article, op-ed, or topic recently covered by the newspaper. Structure your letter in three parts: refute or promote a certain claim made previously, provide reasons for your stance, and then suggest what needs to happen now.

Write from your own perspective and show how the topic relates to your local community.

If you have expertise in the topic you're writing about, let the readers know.

If you're trying to convince a government representative, refer to them by their full name (it'll be more likely to make it to their desk).

Stick to a single point. Have more points to make? Write more letters.

Be respectful – don't attack anyone when expressing your concerns.

Letters must include your name and a telephone number where you can be reached. Please keep letters to 300 words or less.

The *Selkirk Record* reserves the right to edit letters for length, content and/ or taste as well as the right to refuse publication of any letter.

We look forward to your submission: news@selkirkrecord.ca.



8 The Selkirk Record Thursday, January 5, 2023 **Regulation enacted to support Manitoba's capital planning region**

Submitted by the Manitoba government

The Manitoba government has enacted a regulation that delivers on its commitment to enhance collaboration, improve pathways for investment and economic growth, and deliver lower costs to taxpayers through shared regional infrastructure and services in Manitoba's capital region, Municipal Relations Minister Eileen Clarke announced last month.

"Manitoba's capital region accounts for almost 70 per cent of our total GDP and each municipality within it brings unique strengths that contribute to the growth of our province as a whole," said Clarke. "This regulation enables the creation of a regional planning board with members from capital region municipalities that will balance municipal perspectives within a broader vision for all of Manito-

ba, and play a central role in optimizing economic growth while reducing duplication and delivering better services at a lower cost to taxpayers."

The new board that includes at least one director from each of the 18 member municipalities in the capital region will be a forum for regional collaboration to achieve common goals, while ensuring the unique and distinct character of each community in the region can flourish and grow together, noted Clarke, adding that board members will bring unique local perspectives to the table, while also working collectively to harness regional opportunities and long-term growth of the region."

The province will add up to four additional board members to facilitate conversations among municipalities and add provincial perspectives and

relevant expertise, the minister said. Nominations and applications for the board of directors will begin in early January.

The new regulation builds on the positive legacy of the Winnipeg Metropolitan Region (WMR). Regional collaboration has existed in some form since 2000, when the mayors and reeves of the capital region created a non-profit corporation to unite decision-makers around a long-term vision built on the pillars of collaborative regional development, the minister noted. The province will work with the WMR to transition to the new planning region framework that is supported by legislation to deliver for the first time a regional plan set in by-laws that are developed and informed through public engagement.

The minister noted the approach,

which supports broader public benefits such as housing affordability, enhanced transportation systems and stronger economic outcomes has been adopted in other major Canadian cities and other jurisdictions.

The Manitoba government held an online consultation on the new regulation from July to September 2022, in addition to hosting 10 public engagement events and receiving formal written submissions over the last three years.

For more information about the capital planning region regulation, visit: www.gov.mb.ca/mr/land_use_ dev/about_planning.html.

Manitoba Government issues 2022 fall conditions report

Hydrologic conditions at freeze-up important factors affecting spring run-off

Submitted by Manitoba government

Manitoba Transportation and Infrastructure's Hydrologic Forecast Centre has released the 2022 Manitoba Basins Fall Conditions Report, which indicates soil moisture levels at the time of freeze-up are near normal or below normal in most Manitoba basins, Transportation and Infrastructure Minister Doyle Piwniuk announced Monday.

"Hydrologic conditions at the time of freeze-up combined with weather this winter and upcoming spring will be the main factors that affect the extent of low- or high-water events," said Piwniuk. "At this time conditions in most areas appear somewhat favourable. The long-term spring flood risk will be dependent on future weather conditions including the amount of precipitation received over winter and into spring, as well as the rate of snowmelt.'

Most Manitoba basins received re-

cord to near record precipitation this past winter and spring creating significant flooding. Hydrologic conditions improved over summer and fall with normal to below-normal precipitation. In October and November, southern, western and eastern Manitoba basins received below-normal precipitation, while central and northern Manitoba basins received normal to well-above-normal precipitation.

Due to precipitation levels in summer and fall, soil moisture at the time of freeze-up is near normal to below normal for most Manitoba basins, with some areas in central Manitoba and the Interlake region having above-normal soil moisture.

Factors that affect the extent of spring run-off include water levels on rivers and lakes prior to freeze-up that indicate how much capacity exists to receive spring run-off. Lake Manitoba and Lake Winnipeg are within operating ranges. Lake Winnipegosis, Lake St. Martin are near normal to slightly above normal. Dauphin Lake is well above normal for this time of year. Inflow into Lake of the Prairies (Shellmouth Reservoir) is tracking nearnormal conditions.

Winter and spring precipitation also affects spring run-off potential. Environment and Climate Change Canada's long-term precipitation forecast for this winter and spring has predicted above-normal precipitation for northern Manitoba and near-normal precipitation for southern Manitoba.

The Hydrologic Forecast Centre continues to work collaboratively with Environment and Climate Change Canada, the National Weather Service and flood forecasters in neighbouring jurisdictions to monitor watershed conditions and winter precipitation patterns. Manitoba's Emergency Measures Organization continues proactive preparations for emergency response efforts should the spring run-off result in flooding.

The minister noted that further basin condition updates, as well as spring flood outlooks, will be released as necessary.





The Selkirk Record Thursday, January 5, 2023 9 More Manitobans die from COVID mid-December; RSV outbreak in Stonewall PCH

By Patricia Barrett

A significant number of Manitobans succumbed to COVID in mid-December, and Canada's top doctor is urging Canadians to take precautions over the winter from several respiratory viruses currently circulating.

There were 26 more deaths from COVID, according to the provincial government's weekly respiratory surveillance report for the period Dec. 11 -17 (Week 50).

There were 50 new hospitalizations for COVID of which 12 people were admitted to the intensive care unit. There were 59 hospitalizations with 15 ICU admissions reported the previous week.

There were 158 new COVID infections reported in Week 50. Provincial data are an undercount as the government restricts PCR testing and rapid antigen tests aren't tracked. There were 154 new cases reported the previous week.

The government stopped providing in its surveillance reports the names of personal care homes and hospitals experiencing COVID outbreaks.

There has been a total of 2,331 deaths from COVID in Manitoba as of Dec. 17, according to the federal government's COVID webpage. Across Canada 48,948 people have died so far.

There were 294 new cases of influenza A and zero cases of influenza B reported in Week 50 in Manitoba, as well as 48 new hospitalisations and 15 more deaths. There were 231 influenza A cases reported the previous week.

There has been a total of 2,206 cases of influenza A so far this season, with 478 hospitalizations and 37 deaths.

The number of respiratory syncytial virus (RSV) cases shot up in Week 50 with 120 new detections. There were 82 detections reported the previous week.

The provincial government did not release a respiratory surveillance report on Dec 30. Its next report is scheduled for Jan. 6.

Other health news:

The Interlake-Eastern Regional Health Authority reported an RSV outbreak at Stonewall's Rosewood Personal Care Home (Shura Lane) on

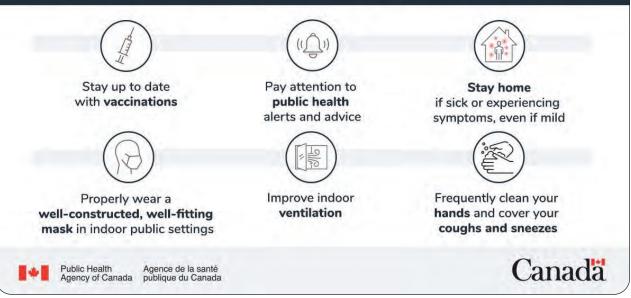
Dec. 22. COVID outbreaks that the IERHA reported on Nov. 4 at the Selkirk Betel Personal Care Home, on Dec. 7 at Pinawa hospital, and on Dec 13 in the Rosewood Lodge Personal Care Home (Appleyard Bay) continue as of Dec.

> ADULT EDUCATION EVENT, FROM PG. 7

year and you want to get going on that this is just a really good opportunity to come and see what is in Selkirk and maybe where you fit into that," she said.

There will also be snacks and a door prize at the event. You don't have to do anything special or sign up to participate as everyone is welcome to stop by.

Prevent the spread of respiratory viruses



PUBLIC HEALTH AGENCY OF CANADA

PHAC advises Canadians to stay up to date on vaccinations, stay home when feeling sick, wear a face mask in indoor public settings, improve indoor ventilation and practise good hand hygiene.

24, according to its outbreak webpage.

-Canada's chief public health officer Dr. Theresa Tam said health care systems across the country continue to be "burdened" by the spread of respiratory viruses, and she urged people to wear a well fitted and well constructed face mask in indoor public spaces or crowded settings over the holiday season.

-The World Health Organization said worldwide more than 3.7 million new cases of COVID were reported over the period Dec. 12-18, as well as over 10,400 new deaths, according to its weekly epidemiology update. The region of the Americas (Canada, the U.S. and Central and South America) has the highest numbers of new deaths over the past reporting period. At the country level, Canada (250 deaths), the U.S. (2,658 deaths) and Brazil (1,133 deaths) have reported the highest numbers of new deaths. The region also has the highest number of cumulative deaths. There have been more than 649 million cases of

COVID and over 6.6 million deaths reported. The WHO says omicron's BA.5 and descendant lineages continues to dominate globally. Six variants – BQ.1, BA.5 with mutations, BA2.75, XBB, BA4.6 and BA2.30.2 – are being monitored.



10 The Selkirk Record Thursday, January 5, 2023

Twixmas Iull given new life at St. Andrews Rectory







LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-642-4799



The St. Andrews Rectory staff didn't let the lull between Christmas and New Year's Day go to waste. They hosted three classes for residents to participate in. The Twixmas creativity included classes teaching how to make mini woodslice paintings, yarn resist birch trees, and rag woven coasters.







Donald leads CRJHL in goal scoring at holiday break

By Brian Bowman

Selkirk Fishermen forward Jordan Donald has played just 13 games this season.

But he leads the Capital Region Junior Hockey League in goal scoring with 15 at the holiday break.

He has scored three more goals than teammate Matt Brooks and the Beausejour Comets' Aidan Ticknor.

Donald has had a great first half to the season.

"I came back from injury a couple of weeks ago and the last couple of months have been awesome for the whole team," Donald said last Saturday. "We've been clicking on all cylinders and really moving well together."

Donald had a terrific two games back to back, scoring four goals in one game and then netting a hat trick in the next one.

That definitely doesn't happen too often.

"Growing up I was never really a scorer so putting the puck in the net like that was something I never really felt before," Donald said. "It was cool. It was fun. It was actually kind of funny because I just came back from injury, too. It felt good to get back on the ice and put the puck in the net again."

Donald has been playing on a line with Kyle Folhoffer the last couple of years and, more recently, Peyton Moneyas has joined that line.

Donald has played a huge part in the Fishermen's dominating 16-0-1 record. Selkirk is comfortably in first place in the six-team league, 19 points ahead of St. Malo and Arborg.

"It's too bad that we got the one tie but honestly with how we've been playing and how we're doing, it's something pretty special," Donald said.

Donald is the Fishermen's team captain this season after being an assistant a year ago. It's a special honour that is well deserved.

"I jumped up from the 'A' position last year and we didn't have a captain last year so honestly it's been great," said Donald, who lives in East Selkirk. "It's not as much work as I thought it would be but my (assistant captains)

What's *Your* story?

We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337





RECORD PHOTO BRETT MITCHELL

Selkirk Fishermen captain Jordan Donald leads the Capital Region Junior Hockey League with 15 goals in just 13 games.

are there to help me out and that's also pretty good. It's cool to have the 'C' and it's always an honour to have a letter."

Fishermen head coach Chris Poponick had high praise for his veteran captain.

"He's one of those well-rounded players and he understands the defensive zone and he can contribute on the offensive side of things," he said. "He's just an all-around good leader with his hard work. He leads by example and he brings that every day to the rink whether it's a practice or a game. He's having fun and that's the biggest thing that I can see from Jordan. He has enthusiasm and that joy for playing the game that really comes out. He contributes to the team and has everybody going in the same direction." As good as the Fishermen have been offensively this season, Donald wanted to mention the outstanding goaltending Selkirk has received this season from Owen Derewianchuk and Brendon Hocaluk. The duo has been phenomenal in combining for seven shutouts at the holiday break.

"They've really been doing it for us," Donald said. "With Owen, it's really rare to see a goalie with a .975 save percentage. He's really been showing up for us. He's been great and same with Brendon Hocaluk - he's been unreal. Our goaltending has been unmatched."

The Fishermen's next game is Saturday (7:30 p.m.) when they play the Warriors in St. Malo. The next day, Selkirk will visit the Lundar Falcons for a 3 p.m. game.



Spontes are down

Fishermen reach tournament final



RECORD PHOTO SUBMITTED

The Selkirk U11 A1 Fishermen reached the gold-medal game of the Jets Challenge Cup last Friday where they lost 2-1 to the Regina Mustangs. It was a five-day tournament with 12 teams in the U11 A1 pool. Pictured back row Carter Sasaki, Dexter Krut, Luka Paulic, Oliver Zahayko, Owen Gilbraith, Ashlynn Boyd, and Evan Mortimer. Front row Ryder Panting, Caleb Shellenberg, Ian Fernandes, Vandon Foyle, Lincoln Rivard, and Owen Mathison.



Royals beat West Kildonan in women's hockey

By Brian Bowman

The Selkirk Royals girls' hockey team hopes to start the new year just how they finished 2022. With a victory.

Selkirk wrapped up play before the Christmas break with an impressive 5-3 road victory over the West Kildonan Wolverines.

Liberty Aime led Selkirk with three goals while Serena Reeb had a goal and two assists. Reeb leads the team with six points in 10 games.

Cora Kelly scored the Royals' other goal while teammate Abby Mowat had two assists.

Anika Russell, with a pair, and Allie Ledet replied for the Wolverines.

Sarah Ernstberger made 34 saves for the win. She has a solid 3.39 goals-against average this season.

Selkirk, now 2-7 and with six points to occupy ninth place in the 10-team Division 2, will host Garden City this Thursday (4 p.m.) at the Recreation Complex.

The Royals' boys' hockey team, meanwhile, will host Dakota next Monday (4 p.m.) at the Rec Complex.

Selkirk is currently in sixth place in the 14-team Platinum Promotions Division with 24 points.



www.selkirksteelers.com

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Recipe courtesy of the National Heart, Lung, and Blood Institute

Prep time: 20 minutes

Cook time: 20 minutes

Servings: 4

3 quarts water

8 ounces dry whole-wheat spaghetti

2 cups chunky tomato sauce

4 teaspoons grated Parmesan cheese

1 tablespoon fresh basil, rinsed, dried and chopped

Turkey Meatballs:

6 ounces 99% lean ground turkey 1/4 cup whole-wheat breadcrumbs 2 tablespoons fat-free evaporated

milk

1 tablespoon grated Parmesan cheese

1/2 tablespoon fresh chives, rinsed, dried and chopped

1/2 tablespoon fresh parsley, rinsed, dried and chopped

Beef Meatballs:

6 ounces 93% lean ground beef 1/4 cup whole-wheat breadcrumbs

2 tablespoons fat-free evaporated

milk 1 tablespoon grated Parmesan

cheese 1/2 tablespoon fresh chives, rinsed,

dried and chopped

Meatballs with Whole-Wheat Spaghetti

1/2 tablespoon fresh parsley, rinsed, dried and chopped Preheat oven to 400 F.

In 4-quart saucepan over high heat, bring water to boil.

Add pasta and cook according to package directions. Drain and set

aside. To make turkey meatballs: In bowl, combine ground turkey, breadcrumbs, evaporated milk, Parmesan cheese, chives and parsley; mix well. Measure 1 1/2 tablespoons turkey mixture and roll into ball using hands. Place meatball on nonstick baking sheet. Repeat until eight turkev meatballs are made.

To make beef meatballs: In separate bowl, combine ground beef, breadcrumbs, evaporated milk, Parmesan cheese, chives and parsley; mix well. Measure 1 1/2 tablespoons beef mixture and roll into ball using hands. Place meatball on nonstick baking sheet. Repeat until eight beef meatballs are made.

Bake meatballs 10 minutes until minimum internal temperature of 165 F is reached.

Warm sauce, if necessary.

To serve: Serve four meatballs with 3/4 cup pasta, 1/2 cup sauce, 1 teaspoon Parmesan cheese and 1

pinch basil per portion.

The five most nutritious winter veggies

By Health Expert Julie Germaine Coram

Does what you eat change throughout the seasons? Perhaps you enjoy soothing, hearty squash and potato soups in winter, but crave fresh salads come spring? Or what's better than warm, fresh summer strawberries, or a tasty spiced pumpkin latté on a beautiful fall day?

Seasonal eating is very healthy for you, too! This can also be considered 'eating local', which supports your community and benefits your body since the produce is very recently harvested. As soon as fruits and vegetables are collected, they begin to lose nutrients. This means that something transported across seas arrives on your plate with less nutritional value than it had originally. You are also paying more for these travelled items. To have the best options to eat seasonally in the winter, you should plan in the summer. Preserving items in their peak brings wonderful flavour to your table all winter!

The base of your winter meals should be late fall produce, my five favs listed below:

Cauliflower – I love the versatility 1 of this vegetable! It can be mashed, blended into 'rice', or coated as vegetarian hot wings! Eating cauliflower will slow signs of aging, improve memory, reduce blood pressure, and even suppress cancer cells.

2. Cabbage – An absolute powerhouse and excellent source of fibre, cabbage is low in calories but provides vitamin C, vitamin K, antioxidants and more while supporting a healthy digestive system and promoting heart health.

Beets - This vegetable actually pro-3. vides the cells in our body with the energy they need to effectively do their job. They also reduce inflammation and boost athletic performance!

Carrots – You'll be seeing better and 4. looking great by incorporating carrots daily. In addition to vision and skin benefits, the high fibre content is fantastic to support

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Health and Wellness Fitness expert Julie Germaine Coram

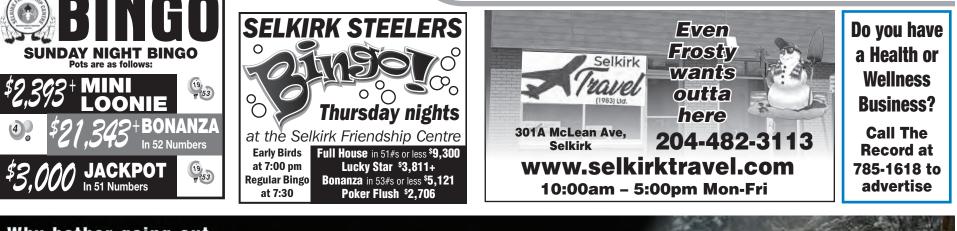
healthy bones.

Fennel – This bulb was first brought 5. to my attention for its ability to increase milk production in nursing mothers. The high potassium, vitamin C and A, and B vitamins makes it a great choice for everyone. Unique compounds also allow this veggie to boast antiviral properties.

Embrace seasonal eating into the rhythm of your life!

Coach Julie Germaine Coram is a NASM Certified Nutrition Coach, NFLC Registered Personal Trainer, 2x International Pro Fitness Champion, Miss Fitness Manitoba, and just a super fit Manitoban mom! She has helped tens of thousands of men and women improve their health since 2005. Check out her services at www.juliegermaine. com or book a FREE diet and fitness consultation directly with her by visiting this link: www. calendly.com/juliegermaine

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14 *The Selkirk Record* Thursday, January 5, 2023





Crossword Answer

19

Sudoku Answei

8 7 9

6 8 9

79

5 8 4

3 L 6

24. Check

28. Alias

27. Past participle of be

29. A major division of

CLUES DOWN

2. Waterside hotel

1. Engulf

action

44. A team's best pitcher

47. Integrated data processing



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Solicitor for the Administrators

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NOTICES

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Request for Quotation No. RFQ-2023-01 **Hire of Privately Owned Equipment Hourly Rates**

2023 Equipment Rates

The Rural Municipality of St. Clements is seeking quotations from qualified bidders for hourly rates for Privately Owned Equipment for the 2023.

Request for Quotation packages, including specifications and submission documents are available at the Public Works Office, 155 CIL Road, or from the Website, www.rmofstclements.com.

Sealed submissions clearly marked "Hourly Equipment Quotation, No. RFQ-2023-01" will be received at RM of St. Clements Public Works Office, located at 155 CIL Road, East Selkirk, MB, up until 2:00 PM, Local Time on Friday, January 13. 2023.

All inquiries related to the Request for Quotation should be directed to Mr. Greg Elson at 204-482-3300.

The lowest or any hourly rate bid not necessarily accepted.

Greg Elson, CET Public Works Manager 155 CIL Road Box 2, Grp 35, RR 1 East Selkirk, Manitoba, R0E 0M0 Fax: (204) 482-3660



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The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-785-1618



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For further information call Shaunne at 204-886- 2922 ext 205 or email resume to shaunne@charisons.ca



RURAL MUNICIPALITY OF ARMSTRONG EMPLOYMENT OPPORTUNITY **Public Works Foreman** (Permanent, Full-time)

The Rural Municipality of Armstrong invites applications for the position of Public Works Foreman (Permanent, Full-time)

Under the direction of the Chief Administrative Officer, the Public Works Foreman is responsible for the direction, coordination, efficient operation, construction, repair, and general maintenance of all municipal infrastructure.

Qualifications - Public Works Foreman

- *Minimum of five years related experience, three of which were in a foreman or supervisory capacity.
- *Experience in construction and maintenance of various municipal infrastructure.

*The ability to operate and maintain various types of heavy equipment. (tractor/mower, compact track loader, grader, loader, tandem)

- *Valid Manitoba Drivers Class 3 License, air brake license or an air brake endorsement.
- *Above average organizational skills.
- *Ability to multi-task and supervise numerous staff and projects simultaneously.
- *Above average skills to manage and direct staff.
- *The ability to perform some physical labour.

The Rural Municipality of Armstrong offers a competitive salary and benefits package including health/dental and pension.

Applications must contain a resume, covering letter and three references. Application deadline is 4:30 PM on Monday, January 9th, 2023. Only those candidates chosen for an interview will be contacted.

Please forward applications marked "Application for Public Works Foreman" to Corlie Larsen, Chief Administrative Officer at:

RM of Armstrong

Box 69 Inwood, Manitoba R0C 1P0

Fax: (204)278-3437

e-mail: cao@rmofarmstrong.com

To view a full job description please visit www.rmofarmstrong.com or call the Municipal Officer at (204) 278-3377.

laration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before **Stickers** the 10th day of Febru-

DATED at the City of Selkirk, in Manitoba, this 20th day of De-PKF LAWYERS-Selkirk Eric S Freedman.

cember 2022. MB office

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ANNOUNCEMENT

CARD OF THANKS

ANAF #151 would like to thank Tomahawk Photography and Santa for donating their time. Pet food and supplies were given; What's One More Community and Grateful Friends Animal Rescue

ANNOUNCEMENT

CARD OF THANKS

The family of Joanne Thomas would like to extend a heartfelt thank you to the staff at the Grace Hospital ICU for the caring support that was given to our family and Joanne during a very difficult time. The staff at Gilbart Funeral Home, Erin and David for their patience and guidance, you made our journey peaceful. Pastor Martin for the lovely service, which was heartwarming. To all of the family and friends, near and far for all of the gestures of love and support, we thank you. We have been blessed with a wonderful wife, mother, grandmother and friend and are thankful for the many years she was in our lives.

-Thank you from The Thomas, Hrechkosy and Reinhardt families





ANNOUNCEMENT

Joe Kina In loving memory for my husband Joe who passed away January 4th, 2009 It's sad to walk the road alone. Instead of side by side: But to all there comes a moment, When the ways of life divide. It's lonely here without you, I miss you more each day; For life is not the same to me, Since you were called away. -Forever loved and remembered by wife Elsie



ANNOUNCEMENT

IN MEMORIAM

Blake Morrison January 26, 1963 - January 4, 2022 In loving memory of my beloved Husband, Father and Poppa Can't believe a year has passed since you were taken away from us Your wings were ready, our hearts were not. We miss your humor, kindness, laughter and love.

You are in our thoughts and forever in our hearts -Deeply missed and never forgotten

by your wife Darlene, children Cassie (Jerret), Jarret (Steph) and grandchildren Harlow, Ryder and Bria



Jason Woychyshyn October 26, 1970 - January 1, 2018 Gone are the days we used to share, But in our hearts you are always there; The gates of memories will never close, We miss you more than anyone knows. -Missed every day, Forever in our hearts Mom and Brenda

ANNOUNCEMENT

IN MEMORIAM

Bill Johanson Husband, Dad, Papa January 21, 1946 to January 3, 2015 May the winds of heaven blow softy, And whisper in your ear; How much we love and miss you, And wish that you were here. -Love always. Laverne and family

Don't Forget Your Loved Ones WITH AN ANNOUNCEMENT IN THE Volkariki k

Call 785-1618 or email lucy@selkirkrecord.ca





R.M. OF WEST ST. PAUL ZONING BY-LAW 2/99P ZONING BY-LAW AMENDMENT 2022-09"P" PUBLIC HEARIN As per The Planning Act, any person can make representation on the

matter at the meeting

We are Listening.

Public Hearing Thursday, January 12, 2023 6:00 PM **Council Chambers** 3550 Main Street West St. Paul, MB

Phone: (204) 669-8880 1-800-876-5831 Fax: (204) 669-8882 E-Mail: info@rrpd.ca Website: redriverplanning.com

RED RIVER

What is BL 2022-09"P" about? This application is to rezone the subject land from "A80" Agricultural zone to "RC" Comprehensive Residential zone in order to establish twenty-one (21) block parcels for future small lot residential development.

Unaddressed (Main Street) (Roll # 229200, 229300 & 229350)

Please be advised that Public Hearing will be conducted in-person at the Council Chambers. Participants must register at the entrance on the day of the Public Hearing. If you require further information about attendance, please contact the nunicipality at info@weststpaul.com or by phone at 204 338-0306.

For more information, please contact the Red River Planning District. **Red River Planning District** Mon-Fri* 2978 Birds Hill Rd. East St. Paul, MB 8:30am-4:15pm

*excludes all statutorv holidavs *NOTE: Property owners are responsible for notifying "Tenants"

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Announcements

Flora "Gail" MacDonald

With deepest sorrow, Lorne announces the passing of his dearly beloved wife, Flora "Gail" MacDonald. Loving mother to Sandy (John), Bud (Lora), Leanne and Jason (Brennan). Nanny to Chloe (Dave), Steven, Allison (Cam), Meghan (Wes), Dustin (Michelle), Derek, Justin (Hillary), Jared, Jordan (Maria), Tiana and Gavin. Great Nanny to Dylan, Jacksen, Ayden, Nolan, Madelyn, Owen, Hazel, Alexis, Amelia, Hazel and Cruze. Sister to Myrna Stamm, Aunty and Great Aunty to many nieces and nephews, cousin and dear friend to many people.

Gail passed peacefully with her family by her side on December 19, 2022.

family and friends for many years to come. The family takes comfort in knowing she is jigging in heaven and listening to her

The family will announce a Celebration of Life to be held at a later date.

OBITUAR

Reginald Wilson Thomas Peacefully on Friday, December 30, 2022 with his family by his

side, Reginald Wilson Thomas, aged 76 years passed away at the St. Boniface Hospital in Winnipeg, MB. Reg is survived by his brothers Edwin (Susan), Roderick

(Cecile), Nelson (Sheldene); sisters Phoebe (Charlie) and Helen; sister-in-law Denise Thomas (Wayne) and many nephews, nieces, relatives and friends.

Reg was predeceased by his father Roderick Thomas; mother Isabel Thomas; brothers Lloyd (Shirley) and Wayne; nephews Michael, Allan and Sheldon; niece Lisa; great nephew "Baby Ashten"

Reg was born March 23, 1946 in Grand Marais, Mb weighing in at 2lb 10 oz. Reg was one of the first babies in an incubator at the Children's Hospital in Winnipeg, MB. At the age of 16, Reg left

school and went to work in a bush camp to provide for his mother and siblings. Reg thoroughly enjoyed spending many an evening with the youth group in Grand Marais. He was a member of the Grand Marais Metis Local, Grand Marais Senior Club, Friends of Old St. Judes Church Inc, Reg's Walking Group and other organizations. He was always there to lend a helping hand.

Prayers will be said on Thursday, January 5, 2023 at 7:00 p.m. in the Gilbart Funeral Chapel, Selkirk, Mb. Funeral Services will be held on Saturday, January 7, 2023 at 1:00 p.m. in the Wayside Gospel Chapel, Grand Marais, Mb with Alison Deneweth officiating.

Thank you to Gilbart Funeral Home, St. Boniface Hospital ICU, Dr. Hyrmak, Dr. Olafson, nurses Melissa, Jet, Jaycee and special nurse Carly for all your compassionate care.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Thomas George Munn

Our family is saddened to announce passing of our dad, granddad, great-granddad, brother and friend Thomas George Munn. on December 31, 2022.

George was born in Winnipeg June 29, 1947 to Thomas and Alice Munn. He attended St. James Collegiate and married Louise (nee: Peterkin) in 1968. They were together 53 years. He worked hard to provide for his family and there was nothing he wouldn't do for his daughters or his grandkids.

He is reunited with his wife Louise, daughter Rochelle and granddaughter Hanna and his parents Thomas and Alice.

He leaves behind to remember, his sister Sharon Sadowy (Kevin and Heather), daughters Michelle (Rob), Nicole (Sean) and sonin-law Brennan, grandkids Donovan (Bethany), Madison, Sarah, Alexis, Conar, Anne and AbbyGayle and great-grandchildren

Ryleigh and Carter.

Special thank you to the amazing nursing staff and doctors at Betel Home Selkirk for their care to both our mom and dad in the past year especially to Jamie and Arlene who my dad once called his girlfriend lol.

Private interment to be held in the spring.

Friends and family are invited to visit Thomas's memorial page @interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to



There is a link death cannot sever, Love and remembrance last forever.



Maria Svistoun

Maria Svistoun passed away peacefully in her sleep on December 28th, 2022, after a brief but courageous fight with cancer.

She is survived by her two daughters Zoriana and Anna-Marie Svistoun, as well as her sister Lesia and her mother Nadia who are still in Ukraine.

Maria was born on December 2nd, 1961, in Sokal, Ukraine. She graduated college in 1979 and became a kindergarten teacher. She was always a caring soul and that is evident by the work she did here in Selkirk after she immigrated to Canada in 1990. She worked at Happy Thought School as a translator for two Ukrainian children. She later completed her healthcare aide certificate and worked for Homecare for the Interlake Region, and then later as a healthcare aide at Tudor House.

Maria enjoyed spending her time out in nature, whether that be biking through town, digging in her garden, or going for walks at Birds Hill Park. She was a loving

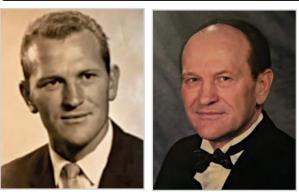
and devoted mother who enjoyed going out for walks with her daughters. She will be dearly missed. A sincere thank you to the surgery ward, medicine ward and cancer care staff at Selkirk Regional Health Center who took very good care of Maria when she was there.

OBITUARY

The funeral will be held on January 6th 2023 at 10:30 a.m. at Gilbart Funeral Home, Selkirk. Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements





OBITUARY

Jožef ("Joe") Žmavc January 17, 1940 -December 28, 2022

It is with heavy hearts we announce the sudden passing of Jožef ("Joe") Žmavc on Wednesday, December 28, 2022, at 82 years of age.

Joe leaves to mourn his beloved wife Vida of 61 years, his children Robert (Florette), Andrej, Natalija (Alan), granddaughters Stephanie (Connor), Katrina, and Rori, siblings Franc, Neža, Maria ("Mica"), cousins, nieces, and

nephews in Slovenija, British Columbia, and Ontario.

He was predeceased by his parents Jožef and Jožefa, his sister Olga, and his brother Rudi. Joe was born in Ljubno, Slovenija on January 17, 1940. He later obtained his Master/Meister certification in carpentry and cabinet making and graduated with journeyman's papers in 1957. He volunteered with the local alpine rescue team and enjoyed ski jumping, which he also continued across Canada.

In 1958, he immigrated to Canada where he recertified as a carpenter and first worked in a furniture factory, then on the Grand Rapids Hydro Generating Station and next with Acme Sash & Door where he crafted windows and doors. In 1964, he started up as a general contractor specializing in custom woodwork, which he continued until his retirement. Joe built many custom homes and other structures across southern Manitoba, the Interlake, and the Lake of the Woods. His woodwork can be found in many places, including churches, museums, and for many customers that wanted custom-designed, specialized woodworking.

He was an incredibly hard-working person with little leisure. But, in addition to his strong work ethic, Joe also carried an equally strong set of family values. Any time away from work was spent on ski trips with his family or hunting, fishing, and boating with family and friends. He loved the outdoors and went on many excursions with his friends Bill, Tony, Joe, and Bob - trips that could take months to plan. Anyone who knew him enjoyed his recounting of these adventures and experiences.

After his retirement, he enjoyed the outdoors with his son Andrej and friend Richard. He had a deep respect for all animals, and they were drawn to him. He enjoyed picking mushrooms with his friend Jerry and berries with his wife Vida and many other friends. Joe also enjoyed his outings with their neighbours and friends from Manitoba. He volunteered with various organizations, including 16 years with the Citizens on Patrol Program (COPP) in St. Andrews. Joe's insightfulness and wisdom was often a guide to many people, not just family.

The family would like to thank the emergency response units that assisted in his final hours, including the EMS, St. Andrews Fire Department, the local RCMP, and District First Call. They would also like to thank the staff at the Heart Failure Clinic for their excellent medical care and diagnostic expertise. A celebration of his life will take place on Thursday, January 5, 2023, at 2:00 p.m. at Glen Eden Funeral Home & Cemetery, 4477 Main Street, West St. Paul. Father Diosdado Parrenas will be officiating the service.

In lieu of flowers, donations in Joe's name may be made to the Heart Failure Clinic, Y3014 - 409 Taché Avenue, Winnipeg, MB R2H 2A6.

Po ivaj v miru dragi Ata.

Rest in peace dear Ata.

Family and friends may sign a Book of Condolence at www.glenedenmemorial.ca



Glen Eden Funeral Home 204-338-7111

Gail will be forever in our hearts and deeply missed by all her

fiddle and country music.

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OBITUARY



Morgan Wade Penner Morgan Wade Penner, beloved son, brother, and friend passed away suddenly on December 19, 2022 at the age of 26 at Selkirk

Announcements

Regional Health Centre in Selkirk, Manitoba. Morgan is survived by his mother and father Penny and Stuart Penner; his brother Kyle Penner and sister Niki Penner; his support Bunny that gave him so much joy, Precious; as well as several aunts, uncles, cousins, and friends.

Morgan was born in Winnipeg on July 15, 1996 to Stuart Penner and Penny Penner (nee Sadowick). He graduated from high school at River East Collegiate in 2014. Upon graduating Morgan; the traveller, and free spirit of the siblings, immediately grabbed every scary and exciting opportunity life had to offer and began travelling to different places of the world. He often travelled to underprivileged places and made it his mission to help those in

Gilbart

need. He was a spiritual man, who enjoyed hearing people's stories from all walks of life and had a kinder, more sensitive heart than most people you meet.

Those who crossed paths with Morgan or were lucky enough to have him in their life knew they were blessed to know him. What a beautiful difference one single soul has made during the 26 years he was here with us. The world lost a champion, who fought for his life every day, way too soon, and way too young. He will be deeply missed by his family, friends, and all who knew him.

A Celebration of Life will be held on January 5, 2023 at 1:00 p.m. at Gilbart Funeral Chapel in Selkirk, Manitoba. Family friend Rick Wiebe will officiate. Light lunch, refreshments, and gathering to follow immediately after.

In lieu of flowers, donations can be made towards rare brain diseases, the chronically ill, and those with extensive medical costs to https://www.hscfoundation.mb.ca/

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





OBITUARY

Frederick "Fred" Habermann

Frederick "Fred" Habermann of Selkirk, MB passed away at 80 years old on December 20, 2022, at Selkirk Regional Health Centre after a battle with cancer.

Fred is survived by his wife Diane of 57 years; his boys Darren "Duke", Derek (Patricia); grandchildren Matthew (Courtney), Cherokee, Jessie, and his great-grandson Karl; his one brother, two sisters and spouses.

He was predeceased by his parents Karl and Eugenia Habermann.

Dad fought this disease and beat the timeline that the doctors gave him as he was determined to prove the doctors wrong and that he would live for another five years. Unfortunately, this was not the case, and he spent his final days in the Selkirk Regional Health Centre with his family by his side.

Dad was born in Watrous, Saskatchewan and then spent his life in Selkirk, MB. He married Diane (nee Fey) on July 9, 1965 and had two boys Darren "Duke" and Derek. Dad worked at the Manitoba Rolling Mills until his retirement at the age of 57. Dad loved to putter and took pride in everything that he did, and it had to be done "just so". His yard was always beautifully manicured, his equipment maintained, and planted a huge garden to sustain the family through the winter months. Dad was hard working and dedicated to his family and always lent a hand to his neighbours/friends. Dad was strong on the outside and once you got to know him, he was a softy. He loved his family and was devoted to them. When he became an Opa this became more evident as he would be the first to push a swing, play with dolls, and take them for a tractor ride or do anything that would put a smile on their face.

Dad, we will cherish all our days that we spent with you and know that you are at peace and will look out for us.

Huge gratitude to the care he received while in the hospital. He continued to try to make the nurses and staff laugh to make light of the intense situation. Thank you to everyone for their prayers, hugs, kind words, and hospital visits.

A family gathering will take place at a later date to celebrate dad. Please consider making a donation to CancerCare Manitoba.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Your memory will live forever Engraved within our hearts





20 The Selkirk Record Thursday, January 5, 2023

