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Bundle of joy for new year



RECORD PHOTO BY BRETT MITCHELL

Baby girl Cricket Jayne looks up at her mother Karen Johnson of Dugald, MB at the Selkirk and District General Hospital on Monday afternoon. Cricket was born on Jan. 1 at 4:03 a.m. making her the Interlake-Eastern Regional Health Authority's first baby of 2017. For a story, see page 5.

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New Year's Resolutions

Many benefits to being in the water, swim coach says

By Dave Baxter

A local swim coach says when residents start thinking about their New Year's resolutions, they should consider getting in the water as a way to get active and stay fit.

"I see a lot of positive changes in people when they start getting in the water," Michelle Stamm said.

Stamm is the head coach of the Selkirk Dolphins swim club and also manages all programming at the Selkirk Community Pool, which is located inside the Comp.

Stamm said residents often don't realize they can start fitness programs at the pool no matter their age, fitness level or swimming ability.

"You don't necessarily have to go in deep water you can stay in the shallow water if you like," Stamm said. "Even walking in the water is good. It works on your balance and strength because you are pushing water."

"And water allows you to put out as much or as little energy as you can."

She said the pool offers a number of programs including adult swimming classes as well as aquafit programs, which see participants doing aerobic exercises in the pool.

Swimming or even just being in the pool is one of the best ways to get the elderly and those with mobility issues active and improving their fitness level, Stamm said.

"It's zero-impact and if you've had something like hip or knee surgery or problems with your knees or shoulders there are trainers that can help you to figure out what you should be doing, and what you shouldn't be doing," she said.



RECORD FILE PHOTO BY LINDSEY ENNS AND RECORD PHOTO BY DAVE BAXTER

ABOVE LEFT: Local youth suit up during a scuba diving lesson at the Selkirk Community Pool in this April 2016 photo. A Selkirk swim coach says there are many health benefits to getting in the water. ABOVE RIGHT: Selkirk Snap Fitness club manager Trevor Gatchell, pictured right, is seen here working with Snap Fitness member Meagin Kwiatkoski last Thursday, says there are ways to turn New Year's resolutions into a long-term lifestyle.

New Year's resolutions can also mean a new gym membership for those looking to get active.

"Typically we see a large influx of new members come in the New Year," Selkirk Snap Fitness club manager Trevor Gatchell said. "The beginning of January is our largest month for new members, and people wanting to get in shape and maintain their health and wellness."

Gatchell said despite the influx of new members in January, he has come to expect that many will not stick to their new plan.

"There is a pattern and we typically see people fall off after one to three months," he said.

Gatchell said what pushes people to make New Year's resolutions is mo-

tivation, but that alone is not enough to keep people working towards long-term goals.

"Motivation is only the spark to get things moving, it's your commitment that gets you to the gym every single time," he said. "You don't go to the gym because you're motivated, and you don't do the things you do because you're motivated, you do them like clockwork because this is what you do."

He suggests anyone that starts a new fitness routine goes into it thinking about long-term goals.

"You need a plan, you need a clear goal, and a plan to maintain that goal afterwards," Gatchell said. "The other reason people fall off is because they reach a specific goal and think they don't need to continue with their rou-

tine to maintain that goal.

"Health and wellness isn't a destination, it's a never ending journey."

Stamm said she know that many give up on New Year's resolutions after a few months, but added that most of the residents that she sees starting programs at the pool stick with it.

"There is something about being in the water and being with a group of like-minded people that creates a culture," Stamm said. "I have people that are absolute diehards, and many become very passionate about what they are doing."

Stamm said anyone with questions about programs at the Selkirk Community Pool can contact her by calling 204-785-7310 or via email at mstamm@lssd.ca.

Stories of Selkirk's Pioneers and Their Heritage

KENNETH G. HOWARD

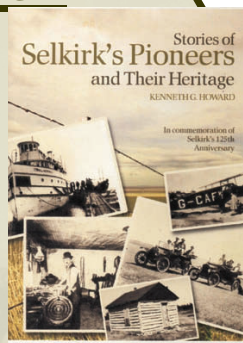
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Clandeboyne Fire Department members donate over \$4K to various causes



RECORD PHOTO BY BRETT MITCHELL

Members of the Clandeboyne Fire Department made donations to three organizations on Dec. 20. The local fire department donated \$2,000 to the Palliative Care Unit, \$1,820 to the Children's Hospital and \$1,000 to the Selkirk and District Community Foundation. The money was raised during their annual Firemen's Ball and over the past nearly 25 years the local fire department has raised approximately \$100,000 for various causes and organizations.

A special birthday



RECORD PHOTOS BY LINDSEY ENNS

Dozens of Red River Churches Refugee Team volunteers and community members gathered to help refugee family members living in Selkirk celebrate a very special birthday, which included lunch, birthday cake and presents, last Sunday afternoon at Selkirk United Church. Volunteers helped bring the family to Selkirk in late July 2016 after spending 11 years living in a refugee camp in Sudan. Since the family members

had no way of keeping track of their birth dates, their official birth dates are now all Jan. 1. The family includes mother Ache, 48, and her three sons Yaya, 26, Habib, 23, Awad, 14, and daughter Saidah, 17. Yaya is also joined by his wife Zara, 19, and their baby girl Maisoune, who will turn one on Feb. 9.

North Forge East in Pinawa to give rural entrepreneurs a boost

Submitted

Rural Manitoba innovators are gaining a new resource in North Forge East, a regional branch of the North Forge Technology Exchange. Based in Pinawa, North Forge East will provide resources and opportunities to entrepreneurs in the province's eastern region.

North Forge Technology brings a track record of success to the endeavour, ensuring that North Forge East's entrepreneurs will get exactly the type of support they need. Member startups will receive a range of services, including expert mentorship; co-working space with Wi-Fi, videoconferencing equipment, meeting and event space; grant assistance; investor and market intelligence; networking opportunities; training; and access to the Winnipeg Fabrication Lab's proto-

typing equipment.

See what's in store on beginning at 10 a.m. on Thursday, Jan. 12 with an open house at 24 Aberdeen Avenue, including a ribbon cutting and welcome from James Wilson, Deputy Minister of Growth, Enterprise and Trade, Pinawa Mayor Blair Skinner and North Forge Technology Exchange President Jeff Ryzner.

In 1963, Atomic Energy of Canada Limited (AECL) built the town of Pinawa to provide a community for employees of the Whiteshell Laboratories nuclear research facility. Over the past 20 years, the Whiteshell Laboratories has been in the process of being decommissioned. The resulting job loss has impacted the economy of Pinawa and our neighbouring municipalities.

With help of North Forge East, the

region is set to emerge as a powerhouse for entrepreneurs who will lend their expertise to a diversified economy.

"Over the past 20 years, the Local Government District of Pinawa and the Pinawa Community Development Corporation have consistently demonstrated an entrepreneurial spirit in finding ways to diversify our economy. Our partnership to create North Forge East is an exciting opportunity to help individual entrepreneurs on the east side of the Province to succeed and contribute to ensuring the economy of Pinawa and the Region is vibrant and growing," says Pinawa Mayor Blair Skinner.

The area served by North Forge East includes the communities of Lac du Bonnet, Whitemouth, Beausejour, Elma, Beaconia, Grand Beach, Reyn-

olds, Anola, Dugald, Oakbank, Sagkeeng First Nation, Powerview Pine Falls, Pointe du Bois and Selkirk.

"This type of support and community-building, along with the alignment of services with those across the province, will contribute to a bright future for the region and our province," said Stuart Henrickson, the I.H. Asper executive director for entrepreneurship at the Asper School of Business and the board chair for North Forge Technology Exchange.

"We are igniting potential. Opportunities are created when we nourish talent here," said Shane Li, President of North Forge East.

The startup program is accepting applications now. Membership is \$250 per month, with the fee waived for the first three months.

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BIG DOLLAR

Fishers head out on the ice for some winter fun

By Dave Baxter

He's been fishing since he could walk, but Matthew Tiede still feels a rush every time he pulls a fish out of the water.

"I think that's what brings people back, it's like a drug," the 16-year-old Lockport resident said while ice fishing out on the Red River near East Selkirk last Thursday afternoon. "I've been fishing since I was one-years-old and I've never had a day where I didn't feel like fishing, or didn't get excited about a catch."

With water on the rivers and lakes in southern Manitoba freezing up in late December, a sea of ice fishers and fishing shacks could be seen out on the river in East Selkirk last Thursday.

Tiede joined 17-year-old Noah Doornbos of East Selkirk, and 16-year-old Nolan Plew of Winnipeg out on the ice last Thursday as the sun was shining and the temperature hovered around -7C.

The three teens decided because of the weather they wouldn't need to bring their shack, and instead sat right out on the ice casting their lines.

"It's about spending time in the outdoors," Plew said. "Being out here is great, and if you can catch a fish that just makes it that much more special."

Temperatures were expected to drop in the first week of January in the Tri-S area, but the three youth said they



RECORD PHOTOS BY DAVE BAXTER
ABOVE: Noah Doornbos sat right out on the ice of the Red River in East Selkirk last Thursday hoping to catch a few fish. With water on rivers and lakes freezing in late December ice fishers could be seen casting lines throughout the Tri-S area last week. RIGHT: Nolan Plew, pictured front, and Matthew Tiede, pictured behind, were out on the ice on the Red River ice fishing last Thursday afternoon.



would keep coming out all winter no matter what the temperatures fell to.

Doornbos said he gets a thrill from catching fish, but also from preparing and eating what he has caught.

"Fresh fish is just that much better knowing that you caught it and that you did all the work before it ended up on your plate," Doornbos said. "And it's just so tasty when it comes

right out of the water."

With fishers expected to flood local waters for the next few months the Selkirk RCMP are reminding those who head out on the ice to stay safe.

"There is no fish in the world that is worth risking your life for," RCMP Cst. Jim Dao said.

In a previously released statement, Dao cautioned that fishers should never head out on the ice alone, should find ways to distribute their weight evenly on the ice, and should stay away from open water and ice jams.

East St. Paul to receive emergency preparedness award

Submitted

The Manitoba Community Emer-

gency Preparedness Awards recognizing communities with programs meeting or exceeding standards will be presented to the Town of Snow Lake, the RM of East St. Paul and the City of Steinbach by Infrastructure Minister Blaine Pedersen, minister responsible for emergency measures.

"The Manitoba government is

pleased to present these awards in partnership with the Association of Manitoba Municipalities to recognize our most prepared communities," said Pedersen. "These communities have demonstrated excellence in developing and maintaining their emergency preparedness programs. We applaud the efforts of the emergency management teams in these municipalities who, with the support of elected leaders, clearly understand the importance of reducing the risk of disaster impacts on their communities through effective emergency preparedness."

Preparedness includes detailed hazard and risk assessment, prepara-

tion and maintenance of emergency plans, public education programs, use of social media to communicate with the public, and excellent emergency management and response training programs. The Emergency Measures Act requires Manitoba communities to have emergency preparedness programs. These awards recognize four levels of achievement in community preparedness, modelled on Canadian and international best practices and standards, the minister said.

"Emergencies can happen at any time and without warning, so preparation is key," said Joe Masi, executive director, Association of Manitoba Municipalities. "While most communities do have an emergency plan in place, these three municipalities have gone above and beyond to ensure they, and their citizens, will be in the best position to handle any emergency that may arise."

The awards are presented annually and include public recognition by the Manitoba government, a framed certificate and road signs stating, 'We are a Prepared Community', to be placed at the municipality's discretion.

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Selkirk hospital welcomes IERHA's first baby of 2017



SUBMITTED PHOTO

Mother Karen Johnson of Dugald, MB welcomed the Interlake-Eastern Regional Health Authority's first baby of 2017 at the Selkirk and District General Hospital last Sunday morning. Baby girl Cricket Jayne was born on Jan. 1 at 4:03 a.m.

Submitted

The Interlake-Eastern Regional Health Authority's (IERHA) first baby of 2017 was born on New Year's Day in Selkirk.

Weighing seven pounds, 14 ounces, Cricket Jayne was born to mother Karen Johnson of Dugald, MB at 4:03 a.m. on Jan. 1. Johnson regards her new daughter as a very special gift for her other daughter, Kip, who is three and a half years old.

"I have a sister and she's the best thing in life," Johnson said, adding her sister Jayne had already come to the hospital for a visit.

Johnson thanked her mother, Jo-Ann, for being with her during the birth.

"She's very brave," Johnson said.

Dr. Speer attended the birth and Johnson called the team of care providers who were with her throughout Cricket's delivery "a family."

"The nurses were always there, they were by my side constantly," Johnson said. "They really believed in me and were very supportive," Johnson said.

Prior to their departure from the hospital on Monday afternoon, a member of the Selkirk and District General Hospital Ladies Auxiliary presented Johnson and her new daughter with a gift basket that included diapers, a baby safety first kit, sleepers and a gift card for toys.

Every year the auxiliary celebrates the hospital's first baby of the year with items that provide comfort and help extend the care received at the hospital into the baby's home.

The staff and physicians at Selkirk hospital's family birthing unit and staff across the IERHA extend their best wishes and congratulations to Johnson on the birth of her daughter.

A Ukrainian celebration



RECORD PHOTOS BY BRETT MTICHELL

ABOVE: East Selkirk Middle School students Maya Mousseau and Ashlyn Chwartacki serve up some perishke during their school's annual Ukrainian Christmas Tea and Christmas Concert on Dec. 20. BELOW: East Selkirk Middle School students perform during the local school's kindergarten to Grade 8 Christmas concert on Dec. 20.



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Local women look to launch Selkirk patrol program

By Lindsey Enns

A group of local women is hoping to make Selkirk's streets safer by starting a community based patrol program.

"People are just mentioning in general that they don't feel safe walking the streets alone and wanting a patrol presence," Ashley Monkman of Selkirk said.

Monkman, along with seven other Indigenous women, currently make up the Ikwe Oodena women's council. When loosely translated, Ikwe Oodena means "the heart of the community."

Jeanie Red Eagle, who is also a member of the women's council, said the idea behind a women's led patrol program draws "from aboriginal teachings and traditions" but is welcoming to everyone and will be for all community members.

"As the group of women was forming, a thought came to mind, great things happen when women gather with purpose," Red Eagle said.

The council, which was formed following several requests from community members, believes there is a need for a patrol program in Selkirk.

Over the past three months the women have been meeting on a regular basis and researching other established patrol programs including the Bear Clan Patrol, the Mama Bear Clan and White Pony Lodge.

"We're reviewing their policies just to make sure they fit with what we want to do here in Selkirk," said Monkman, who is currently the executive director of the Selkirk Community Renewal Corporation and has



RECORD PHOTO BY LINDSEY ENNS

Selkirk residents Ashley Monkman, pictured left, and Jeanie Red Eagle, pictured right along Clandeboye Avenue last Friday, are among a group of local women who are looking to launch a community based patrol program in Selkirk this spring.

given her time to various community organizations and initiatives over the years. "We definitely want to fulfill the needs of the community as much as possible."

Although they are still in the very early planning stages, the council plans to host a community input and information gathering sometime in February or March with hopes of launching the patrol program in the spring.

"We just want to make sure we've done our research," Red Eagle said. "We're pretty much at that point where we can gather together and

make that decision and then we will meet with the community."

The women say they want their community based patrol program to be similar to the Winnipeg Bear Clan Patrol, a volunteer neighbourhood watch group that patrols some of the city's most dangerous areas. That group, which was launched by a Winnipeg man in 2015, has now grown to include nearly 400 members and similar programs are now up and running in 18 other communities including in Manitoba, Ontario and Alberta.

The group relies on volunteers and operates on little to no funding. They

have also recently set up a GoFundMe page online at gofundme.com/bear-clan-patrol-inc with hopes of raising \$10,000. As of Monday, more than \$8,000 had already been raised.

Red Eagle said they plan to raise about \$5,000 to purchase the supplies needed to get their patrol program up and running.

Those interested in more information can visit their Facebook page by searching "Selkirk Clan Patrol in the Making." So far the group's Facebook page has more than 200 members.

Red Eagle said Selkirk's patrol clan would run on a volunteer basis and would not be affiliated with the RCMP.

"This will be community members on patrol helping community members," she said.

Monkman said they also hope the program will raise awareness as well as unite various available resources in Selkirk and area.

"We've had a gaining interest from community members that are linked to vital resources in Selkirk," Monkman said. "Established community members are showing support in helping us gain a group of volunteers."

Red Eagle added over time, they hope to gain the trust of community members by showing up when they are needed as well as at local events and celebrations.

And above all, Red Eagle hopes the group will be able to "provide a sense of belonging" within the community.

"It's pulling the community together and creating a sense of safety by having that sense of belonging."

Province eliminates IERHA's \$3 per-kilometre ambulance fee

Submitted

The Manitoba government is reducing ambulance fees across the province effective Jan. 1, Health, Seniors and Active Living Minister Kelvin Goertzen announced last month.

"People have told us ambulance fees in Manitoba are too high and we have heard these concerns," said Goertzen. "We are taking the first steps to reduce ambulance fees and help make

this important service more affordable for Manitobans."

Billings to Manitobans for ambulance services will be reduced to either \$475 or the pre-existing base fee established by the service provider, whichever is lower. In addition, all surcharges must be removed including kilometre fees.

Examples of the fee reductions if costs are billed to the individual include:

- Interlake-Eastern Regional Health Authority – the elimination of a \$3-per-kilometre fee;
- Winnipeg – a decrease to \$475 from an average of \$522;

• the former Assiniboine region of Prairie Mountain Health – a decrease to \$475 from \$530;

• the former Parkland region of Prairie Mountain Health – the elimination of a \$3-per-kilometre fee;

• City of Thompson – a decrease to \$475 from \$500 and the elimination of a flat rate of \$800 for trips longer than 100 km.

Ambulance services are outside the scope of the Canada Health Act and costs are the responsibility of the patient in jurisdictions across the country. In Manitoba, land ambulance services are delivered by a combination of providers including regional health authorities and other service providers under agreement with regional health authorities such as municipalities or First Nation communities.

Ambulance fees vary by the regional health authority, community or mu-

nicipality offering the service and are used to offset the costs of operations. Fees to clients represent approximately 50 per cent of the cost of operations, with the remainder of costs subsidized by the province and other organizations.

The province already provides coverage for certain ambulance services including:

- inter-facility transfers between health-care facilities;
- the Northern Patient Transportation Program, which subsidizes medically necessary transportation for residents in the north;
- helicopter transportation to patients requiring critical and emergent care within a 250-km radius of Winnipeg.

For more information on ambulance fees in Manitoba, visit: gov.mb.ca/health/ems/ambulance_fees.html.

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Winnipeg Beach writer to release 'Be Brave' Jan. 7

New book aims to teach children an important lesson

By Lindsey Enns

A Winnipeg Beach writer is hoping to spark a conversation amongst teachers, parents and children with the release of her new book.

Jeanne Gougeon will launch her book entitled "Be Brave" at the Gaynor Family Regional Library on Saturday, Jan. 7 at 1 p.m. The book launch will include a reading for children up to the age of eight as well as cookies and refreshments. The book launch is free and open to the public.

The retired teacher says the book is about a five-year-old boy who is afraid of many things but with his father's encouragement, he does something really brave while away on a camping trip.

"He pushes himself to do it because he figures his dad is just going to tell him to be brave basically," Gougeon said, adding she originally wrote the book while teaching Grade One in the 80s but didn't have illustrations to go

with it until now.

Gougeon said her niece Angele Gougeon did all of the illustrations for the book this past fall.

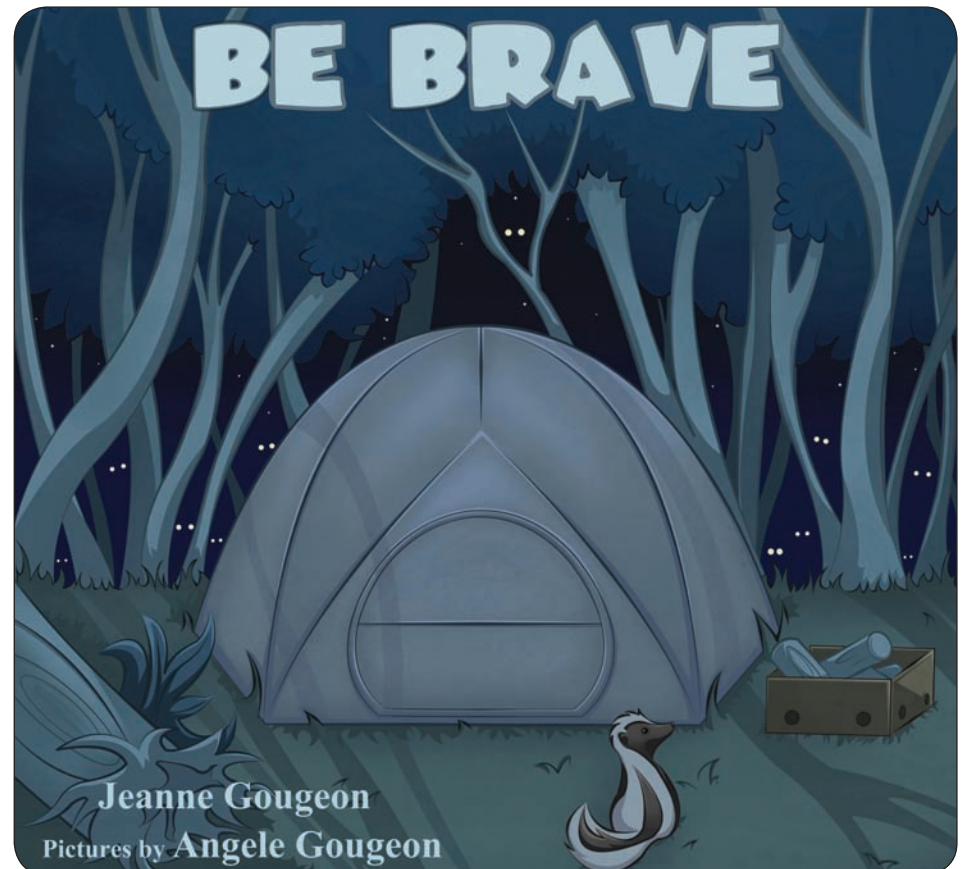
Angele is also a local author and artists who works with both traditional and digital mediums.

Gougeon said she hopes her new book encourages parents and teachers to talk to youth about when it's appropriate to be brave and when it's not. She added the book was written for children of all ages.

"I'm hoping it starts a conversation between parents and children ... about what things children should do and be encouraged to do and things they should maybe ask their parents to help them with."

Gougeon has served on the Lake Winnipeg Writers Group for several years in many positions including president. For more information about the writers group, visit lwwg.ca.

So far Gougeon has written three other books in French that were all fiction. One book was written for youth about bullying and the other two are mysteries involving an RCMP officer in rural Manitoba in the 60s. She is also currently working on another English novel.



SUBMITTED PHOTO

Winnipeg Beach author Jeanne Gougeon will release her new children's book "Be Brave" during a book launch at the Gaynor Family Regional Library on Saturday, Jan. 7 at 1 p.m.

Dunnottar recognized for progressive conservation initiatives

By Patricia Barrett

The East Interlake Conservation District recognized the Village of Dunnottar for its efforts to improve the health of Lake Winnipeg and for its contributions to environmental health.

At its annual general meeting on Dec. 12, the EICD presented Village Mayor Rick Gamble with a conservation award for adopting an innovative passive filter system that treats wastewater in its lagoon.

"The award-winning passive filter project is the result of almost 10 years of research and testing to develop a

low-cost, low maintenance method of reducing nutrients in the effluent being released from their municipal lagoon," said EICD Resource Planner Audrey Boitson to about 60 people at the Fraserwood Hall.

The Village undertook a pilot project using a smaller-scale passive filter before implementing the full-scale lagoon filter in 2014.

Boitson said it has "met or exceeded" all required environmental tests for effluent that flows into Lake Winnipeg.

EICD Chair Garry Wasylowski pre-



RECORD PHOTO BY PATRICIA BARRETT

Mayor Rick Gamble said the Village of Dunnottar adopted a passive filter system for its lagoon in 2014.

sented Gamble with the award.

"This is a great honour to be receiving this," said Gamble. "... Hopefully a lot of you will look at this technology. It's simple. The cost is reasonable and it works. We've never seen a sample that's been over half a milligram per litre of phosphorus since we started with the full-scale model two years ago."

He also said the passive filter is easy to maintain.

In addition to the filter, Boitson said the Village was singled out for a number of waste-management strategies, which include a recycling program, curbside household hazardous waste and electronic waste collection, a used-oil recovery centre and a composting service for individual and community gardens.

The Village is currently in the process of determining the cost of solar panels for the roof of its municipal building in order to reduce heating costs and to contribute to climate change reduction strategies.

Conservation districts were formed in the 1970s. The EICD was established in 2005 from a working group headed by Bifrost-Riverton Reeve Harold Foster. Its purpose is to address soil and water management issues that complement efforts to improve the water quality of Lake Winnipeg and its tributaries, according to the EICD's 10-Year Review.

During the AGM, the EICD celebrated its major conservation projects across the Interlake region and addressed future goals and initiatives to manage the four watershed districts which fall under its aegis.

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EDITOR
Lindsey Enns



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Michelle Balharry



REPORTER/PHOTOGRAPHER
Dave Baxter



SPORTS REPORTER
Brian Bowman



OFFICE MANAGER/ADS
Lucy Kowalchuk



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Four-legged thieves have to eat

Hi outdoor buddies. I hope you survived the Christmas and New Year's Eve festivities. Happily, the good times continue with humorous fishing stories our fellow anglers have offered for our pleasure.

A light breeze sent snow dust skipping around me on a bright afternoon just after Christmas as I made my way on the snow-ice pack out to the portable shacks off the north shore of the Winnipeg Beach harbor. I called out to the folks inside a large blue tent asking how the fishing was. A mature gentle voice called back, "Yes, we've had success."

As I approached a thin fellow with defined features and slightly graying closely trimmed hair peered through the door. Soon, inside, he introduced himself as Jim Bennet and his grandson Tommy Bennet. As we casually talked of this and that he remembered a time winters ago when his son lost his truck keys down their ice hole when fishing on the Gimli south bay. He became frantic realizing his spare keys were at home in Winnipeg.

Luckily anglers in a tent beside them caught wind of his predicament and shouted out saying they had a camera fish finder and were bringing it over. They placed it beside the hole and dropped the fish shaped camera to the lakes' mud bottom. There not more than two feet from the camera lay the keys in full view. A little snagging action with a weighted jig and the keys were rescued.

Isn't it great how anglers help each other?

Four or five days ago the snow and ice were no problem as I urged "old red" past Balsam Bays' harbor. Again, the sun was brilliant on a warm afternoon as I lumbered along passing dozens of ice shacks. To the north about a mile out I saw a bunch of shacks and pointed the old girl toward them.

I pulled up beside a group of guys, stopped and with my door open sat looking at a smiling, tall, heavily built,



RECORD PHOTO BY SANDY WEIDL

Chris Passalis of Winnipeg with some of his pickerel catch caught on the Red River by the Selkirk Park.

robust, grey haired fellow. We looked at each other for a moment then he burst out eyes to the clear sky, declaring, "Isn't it great to be out here on a day like this?" I just smiled back and silently nodded.

Our tall angler, Paul Nellis of Winnipeg, out with his sons Hayden, Chad and James had all caught their limit of nice eating sized pickerel. Standing on the sun drenched ice pack we marveled at the endless sea of portable and hard wall ice shacks stretching out to the northeast as far as the eye could see. I remarked to Paul that in my many years of being with angler's summer and winter, I had become convinced that way more anglers fished Manitoba's waterways in the short winter season than during spring, summer and fall.

"Sure," he said, "we throw stuff in the truck and we're on the ice fishing in no time."

Things were hopping on the ice along the Red by Selkirk's park last week too. I was on the ice walking amongst the shacks passing the time with folks until I came by a guy Chris Passalis of Winnipeg who recalled last winter how he had gotten the better of

a thieving dog.

He was fishing with friends here in a tent and as they caught fish they would toss them outside to freeze. Lines with baited hooks were in the water, the smell of coffee and hot cabbage rolls filled the tents' air, he remembered, when a shuffling sound outside was heard. Chris unzipped the door and peering out was surprised to see a scruffy little black dog trotting off with one of their fish.

"Well," Chris mused, "he's got to eat too."

He rejoined his friends only to hear some time later, his four-legged pest was back. Chris threw open the door seeing the dastardly dog making off with their last fish while at the same time his rod snapped down. He grabbed it and reeled in a big pickerel. Holding it by the gill he opened the tents' door, this time to put it in the truck. There standing right in front of him with an innocent expectant look stood the thief. Chris stomped over to his truck, opened the door and put his fish on the floor.

"Now try and get that one," he said as he slammed the door shut.

Till next week, bye now.



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By phone: **204-785-1618**
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Office Hours: Mon. - Fri. 9:30am-5pm

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COMMERCIAL DESIGN & PRINTING**
Brett Mitchell: 204-485-0010
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419
Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

EDITORIAL

Lindsey Enns
204-485-3337
news@selkirkrecord.ca Twitter: @LindseyEnns

Dave Baxter
cell 204-481-4180
Office 204-785-1618
dave@selkirkrecord.ca Twitter @davebbaxter

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Holiday storm brings major snowfall to Tri-S area

By Dave Baxter

A holiday-weekend snowstorm saw about 30 centimetres of snow pile up in the Tri-S area, forcing local municipalities into action to get streets cleared.

"The challenge for us was just the pure volume of snow," St. Clements CAO DJ Sigmundson said last Friday after the municipality spent two days digging out from the storm. "It was certainly one of the heavier snowfalls we've had in the past few years."

Sigmundson estimates that about 30 centimetres of snow fell in much of St. Clements starting in the evening on Christmas Day, and continuing through parts of Boxing Day.

The storm had local crews working long shifts to clean up, Sigmundson said.

"We had the guys working 12 hour shifts," he said. "All the equipment was out all day Boxing Day and on the 27th as well."

"We're talking about 300 square miles here in St. Clements, so to get everywhere does take a few days."

With the municipality paying overtime as well as higher wages because workers were working on holidays, Sigmundson said the cost of last week's clearing operation did pile up, but it's not a cost that has the RM concerned.

"This is something we anticipate for," he said.

With near record amounts of snow



ABOVE LEFT: Snow is seen piled up by the St. Clements municipal building in East Selkirk last Thursday. Much of the Tri-S area spent last week digging out after a snowstorm dropped about 30 centimetres of snow on Christmas Day and Boxing Day. ABOVE RIGHT: A bylaw officer vehicle was seen covered in snow last Thursday by the St. Clements municipal building in East Selkirk.

falling in St. Clements and throughout much of southern Manitoba in December, Sigmundson said the municipality will now have to take steps to avoid flooding when that snow melts in the spring.

"We know the groundwater was high before the ground froze up," Sigmundson said. "We will be watching for overland flooding in the spring and hope for a slow melt, and we'll have to keep an eye on the ditches."

In St. Andrews crews were also forced to clean up after the Christmas storm.

"With the storm starting on Christmas the challenge was really the tim-

ing," St. Andrews CAO Andrew Weremy said. "It's a voluntary thing for the guys to come out because they are not on-call."

"But it was nice that at least the snow held off for the guys so they were able to come to work on Boxing Day rather than on Christmas Day."

Weremy said crews got started working in St. Andrews around 11 a.m. on Boxing Day, and he said they had "mostly everything cleaned up" by the late afternoon on Dec. 27.

"It's about 18-20

hours of labour for us to do a complete cleanup of the entire RM," he said.

Weremy said most of what he heard leads him to believe that residents were satisfied with the RM's snow clearing operation last week.

"I did get feedback through some councillors that residents for the most part were very pleased with the clearing operation."

RECORD PHOTOS BY DAVE BAXTER

Gimli to host Manitoba Air Show in 2018

By Patricia Barrett

Gimli and its airport will play host to the annual Manitoba Air Show in 2018, an event expected to bring thousands of visitors to town the weekend of June 9 and 10.

During its regular meeting on Dec. 14, council announced that it had agreed to host the event subject to a contract being signed with the organizers.

"It's going to be a major air show," said Mayor Randy Woroniuk. "It's going to bring thousands of people."

Organizers of the event had looked at different venues then approached the municipality to see if it was willing to provide its airport for the two-day event, said the mayor.

The show will dazzle spectators with aerobatics by the Snow Birds and feature vintage aircraft, CF-18 Hornets and the Skyhawks, a military parachute demonstration team.

Woroniuk said there were some issues last year in Portage la Prairie regarding ticket sales and lengthy waits on the highway for parking and he wants to ensure things will run smoothly in Gimli. Last year's show drew 20,000 spectators.

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January Events Calendar

Jan. 6 – Slip'd Disc Band 8pm	MUG, SPUD, & STEAK fundraising dates available
Jan. 13 – Bowman Brothers Band 8pm	
Jan. 20 – Old School Band 8pm	
Jan. 27 – Karaoke with Wayne 8pm	
OPEN SUNDAYS 11:30 - 7:30	
Mondays Cribbage 1:00 pm Bingo 7:00 pm	Tuesdays Member's Day with food & drink specials
Fridays Meat draw & Chase the Ace sales start at 4:30 pm	Saturdays Bingo 1:00 pm
MONDAY BINGO - Open downstairs	

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Just Watch Me winner urges others to enter contest

2017 video contest deadline is Jan. 25

By Jeff Ward

The winner of the 2016 Just Watch Me video contest is encouraging entrepreneurs to take part in this year's competition, after it brought her so much great publicity.

Michelle Wierda is the owner of Curves in Gimli and was Manitoba's winner last year in the start up entrepreneur category earning her \$250 as well as visibility on the contest's website. The contest is designed to encourage business owners with disabilities to go after their dreams. Wierda deals with ongoing health issues day to day. The contest is funded through the Entrepreneurs with Disabilities Program (EDP) and is facilitated by Community Futures Manitoba.

Wierda said that in the months following her win she received a lot of publicity from her video and the media, which in turn boosted her recognition in town.

"A lot more people know me, than I know them," said Wierda.

"We often say as entrepreneurs that



PHOTO COURTESY OF YOUTUBE

Michelle Wierda is encouraging new entrepreneurs to submit an entry to the Just Watch Me contest and reap the benefits that have helped her business grow.

you work 80 hours a week for yourself, so you don't have to work 40 hours for someone else and that's true. It's very long hours and hard work, and when you're fighting health issues it's much more difficult. Winning the contest was a big surprise to me and I was so excited to be chosen."

Wierda was in a car accident only

three weeks before she took ownership of Curves and had difficulties balancing her own recovery, running a business and being a single mother to five children. But her determination and spirit carried her through and she said that she's quite a bit stronger for it. She is also celebrating five years being cancer free.

The contest has brought Wierda a lot of benefits as a business owner, and the exposure from the video she submitted and from winning the contest has really paid off.

"It's definitely uplifting to me as a business owner to win the award. It tells me that I'm on the right track and that I'm making good decisions. This was also a great way to introduce myself to the community," said Wierda.

The entrepreneur encourages other business owners facing similar challenges to take out their camera and record a video for the contest. Her advice for those interested is to not worry about the quality of the video, but focus on making the content good. Tell your story and put yourself out there.

"Think about what you want to share and then answer the questions and be confident. You are going to impact someone with your video, even if you don't win. They will see it and learn from what you have to offer," said Wierda.

The contest is accepting entries until Jan. 25.

Anyone meeting the criteria can visit justwatchmecontest.ca and follow the instructions to enter.

New trash plan in the works for St. Clements residents

By Dave Baxter

The RM of St. Clements is looking at ways to make it easier for residents to deal with their trash.

"We will be changing the way we handle our solid waste," St. Clements Mayor Debbie Fiebelkorn said. "We are looking at different ideas now, and looking at implementing changes for 2017."

Fiebelkorn said an exact plan is still in the works, but a recent online survey has led both council and administration to believe changes are needed.

In the fall of 2016, the RM released an online survey asking residents to provide input on what they would like to see when it comes to improving garbage and recycling services in the RM.

One of the key findings of the survey was that 67 per cent of residents who took part felt the RM needed to reduce the amount of recycling that ends up in landfills in St. Clements.

Fiebelkorn said recycling numbers in St. Clements are low when compared to other communities in Manitoba, but if they

want to get those numbers to go up they have to "make recycling more convenient for ratepayers."

"One of the options we are looking at could be setting up recycling depots throughout the RM," she said. "And we could put more depots in more populated areas where people could

leave their recycling."

Fiebelkorn said she believes St. Clements has an obligation to make sure residents are recycling as much as possible.

"Some people have to travel a long distance to drop off garbage and recycling, so we are trying to make it more convenient for ratepayers, and provide a better service."

Survey results also showed that a large percentage of residents who live in the south end of the RM are in favour of a curbside pickup system, while the same system received less support from those who live in the north.

St. Clements currently offers no curbside pickup, but some residents contract pickup from a private company for about \$14 per month, but that private pickup does not include any recycling pickup.

Those who want to throw away both garbage and recycling separately currently must go to one of their four transfer stations and separate the garbage and recycling themselves.

Survey results also showed that a large percentage of those who want curbside pick-up are in favour of paying a "reasonable" fee for the service.

"Some people in some areas have

said they want door-to-door pick up and they want less transfer stations because they are expensive to run," Fiebelkorn said.

Fiebelkorn said the changes they make will be different in different areas of the RM based on each area's needs.

"We have four or five different ideas that we are looking at in different areas. Door to door pick up isn't going to work throughout the municipality," she said. "We could have door-to-door in certain areas and we could have more garbage and recycling depots set up and more depots in more populated areas where people could leave their garbage and recycling."

Fiebelkorn said the RM is also considering moving one of their transfer stations so they are more spread out within the community.

"There are many possibilities," she said.

Full results of the St. Clements solid waste survey can be found online by visiting rmofstclements.com and clicking on the "Let's Talk Trash" link.

Anyone with questions or comments about solid waste pickup in the RM can also call St. Clements CAO DJ Sigmundson directly at 204-482-3300.

An advertisement for a Zumba Strong HIIT program. It features a woman in a white sports bra and black leggings performing a fitness move. The text reads: "Get Fitter - Faster - STRONGER with this New HIIT Program Saturday Mornings in Selkirk! Starting January 14 INFO & REGISTRATION: zumbajan@mts.net". The Zumba logo is also present.

get inspired

> MEAL IDEAS

THE **Marketplace**
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Stir-fried broccoli, red peppers and beef



- 1 tbsp (15 mL) sodium reduced soy sauce
- 1 tsp (5 mL) cornstarch
- 1 tsp (5 mL) dry sherry
- 1/4 cup (50 mL) low-sodium chicken broth
- 1 tsp (5 mL) oyster sauce
- 2 tsp (10 mL) cornstarch
- 2 tbsp (25 mL) canola oil, divided
- 2 cloves garlic, sliced, divided
- 4 slices ginger, divided
- 3/4 lb (350 g) broccoli crowns, cut into 1/2-inch (1.25-cm) pieces

4 servings / 30 min
Prep 10 min / Cook 20 min
Ingredients
3/4 lb (350 g) top sirloin steak, cut into thin 1/2-inch (1.25 -cm) cubes

1/3 cup (75 mL) low-sodium chicken broth
1 medium red bell pepper, stem and seeds removed, diced
2 stalks green onion, thinly sliced

Directions
In medium bowl, mix together beef, soy sauce, 1 tsp cornstarch and sherry. Marinate in refrigerator at least 30 minutes.

In small bowl, stir 1/4 cup (50 mL) chicken broth, oyster sauce, and 2 tsp cornstarch. Set aside.

In wok or heavy skillet, heat 1 tbsp (15 mL) canola oil over medium-high heat. Add half of garlic and half of ginger and sauté until fragrant, about 30 seconds. Add beef and stir-fry about 4 minutes, browning meat and cooling until no longer pink. Scoop beef onto a plate. Set aside.

In wok or skillet, heat remaining 1 tbsp (15 mL) canola oil over medium-high heat. Tip wok to coat

bottom of pan with canola oil. Add remaining garlic and ginger. Stir-fry until fragrant, about 30 seconds. Add broccoli and sauté for 1 minute. Pour in 1/3 cup (75 mL) chicken broth and cover wok or skillet. Cook for 3 minutes.

Remove lid and cook until most of liquid is evaporated. Add red peppers and cook for 1 minute. Add beef. Stir sauce, making sure cornstarch is dissolved, then add to beef and broccoli. Cook until sauce is thickened, about 2 minutes. Stir occasionally to coat meat, peppers and broccoli with sauce. Sprinkle in green onions and cook for another minute. Serve immediately.

Turkey and Caramelized Onion Jam Stuffed Empanadas

1



- cup button mushrooms, minced
- 3 tablespoons caramelized onions
- 2 tablespoons Holland House Marsala Cooking Wine
- salt, to taste
- pepper, to taste
- Empanada Dough (recipe below)
- 1 egg, beaten
- Cranberry Dipping Sauce (recipe below)

Heat oven to 350 F.
In pan, heat butter; add turkey, figs, mushrooms and caramelized onions. Deglaze pan with cooking wine; season with salt and pepper, and cool. Roll out dough 1/8- to 1/4-inch thick and cut into 15 3-inch circles.

Brush egg on entire disc of dough, eliminating any air bubbles, and place 1 tablespoon filling in center of each circle.

Fold dough in half and crimp with fork; prick top with toothpick to let steam out.

Place empanada on greased sheet tray and brush with remaining egg; bake 15 minutes until golden brown.

Empanada Dough

Servings: 15

- Cook time: 5 minutes
 - 2 1/4 cups all-purpose flour
 - 1 1/2 teaspoons salt
 - 4 ounces butter
 - 1 egg
 - 1/3 cup ice water
 - 1 tablespoon apple cider vinegar
- Sift flour and salt.
Cut butter into small cubes and blend into flour.

Whisk together egg, ice water and vinegar.

Add egg mixture to flour and mix until just incorporated.

On table, knead dough; wrap and chill 1 hour.

Cranberry Orange Marsala Dipping Sauce

Servings: 15

Cook time: 5 minutes

- 1 1/2 cups whole cranberry sauce
- 2 tablespoons whole unpeeled orange, finely chopped
- 3 tablespoons Holland House Marsala Cooking wine

Mix all ingredients thoroughly.

Servings: 15
Prep time: 20 minutes
Cook time: 15 minutes
2 tablespoons butter
1 cup turkey, diced into 1/2-inch cubes
2 tablespoons dried figs, diced into 1/2-inch cubes

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RECORD PHOTOS BY BRETT MITCHELL

Students with the Comp's choir along with their woodwind band perform for residents at Red River Manor on Dec. 21.



MPI reveals the Top 5 insurance frauds of 2016

Submitted

Fraud comes in all shapes and forms, from deliberately staged accidents to bogus auto theft claims. Manitoba Public Insurance relies on various methods to catch these fraudsters, ranging from good old-fashioned investigative skills to acting on tips from the general public.

Fraudulent and suspicious claims are handled by Manitoba Public Insurance's Special Investigation Unit (SIU). The efforts of this special unit resulted in fraud savings last year of \$8.2 million for Manitoban auto insurance rate payers. The SIU closed 2,100 investigations last year.

Anyone knowing someone who is involved in auto insurance fraud is encouraged to call the Manitoba Public Insurance TIPS Line: 204-985-8477 or toll-free 1-877-985-8477. All calls are anonymous.

1. "Smile! You're on Camera"

Thanks to the keen investigative skills of an SIU investigator, a fraudulent bodily injury claim was discovered, saving Manitoba Public Insur-

ance and its ratepayers more than \$15,000.

The pedestrian said he was hit by a car and injured unable to work. The driver adamantly insisted there was no incident. With the two conflicting statements, the SIU investigator went to the scene and observed that several businesses had security cameras mounted on their buildings. After viewing footage from one of the cameras, the investigator was able to see the pedestrian approaching the parking lot. Clearly, there had been no collision between the vehicle and pedestrian.

A seasoned collision re-constructionist, who examined the footage and location, also confirmed there could not have been any contact between pedestrian and vehicle. The claim was subsequently denied.

2. "Luxury Porsche Actually a Lemon"

Thanks to the cooperative relationship between the RCMP and Manitoba Public Insurance, a fraudulent auto theft claim of more than \$20,000 was denied.

The owner of a Porsche told his adjuster that the vehicle had been stolen from his apartment block parking lot in Winnipeg. A theft claim was opened. The story quickly unravelled after the RCMP noti-

fied Manitoba Public Insurance that a badly damaged/vandalized Porsche had been located in a rural area a full day before the owner claimed his car had been stolen.

During examination of the Porsche, it was discovered that the vehicle was in need of major mechanical repairs, which would have cost the owner several thousand dollars. Based on the police information and pre-existing mechanical condition of the vehicle, the theft claim was denied.

3. "Wannabe Manitoban"

All Manitoba residents are entitled to benefits under the Personal Injury Protection Plan (PIPP). Outside of the province, many insurance plans are structured differently and don't always provide the robust coverage available under Manitoba's no-fault injury compensation plan. Because of this, some individuals may try to claim they are Manitoba residents in order to receive PIPP benefits.

A man was severely injured in the United States after being involved in a crash. His family claimed he had been visiting the U.S. and opened an injury claim with Manitoba Public Insurance. While processing the claim, the case manager received information from a number of agencies which confirmed the man had not lived in Manitoba for several years, making him ineligible for PIPP benefits.

Presented with this information, the man's family withdrew their claim. Savings were estimated to be in excess of \$500,000.

4. "Case of a Guilty Conscience"

After a number of unusual details came to surface, a father and son were asked to give a statement to an SIU investigator about the theft of a pickup truck. During the interview the son made a surprising offer: to write a promissory note to Manitoba Public Insurance for nearly \$11,000 (damage costs). The son then declined to discuss his financial generosity.

However, the facts spoke volumes: the father, who was the registered owner, stated the truck had been stolen from his residence. One day after the reported theft, the same truck rear-ended another vehicle and fled the scene with several people witnessing the crash.

5. "The Accident That Wasn't"

Two vehicles collide and are badly damaged. This happens every day in Manitoba. But, a number of unusual details surfaced during the investigation of this specific collision. It was discovered these two individuals knew each other and their vehicles were both in poor running condition. A seasoned traffic re-constructionist testified that this crash was no accident, but a staged collision.

One driver pleaded guilty to fraud over \$5,000. He received a two-year suspended sentence with supervised probation, 100 hours of community service work and a restitution order of \$17,000 to repay Manitoba Public Insurance.

The second driver, who was also charged with fraud over \$5,000, did not appear in court. A warrant for his arrest has since been issued.

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Selkirk-Interlake Eastman MP gears up for a busy 2017

By Austin Grabish

James Bezan is getting used to being busy.

The MP for the Selkirk-Interlake Eastman riding says he has a lot more to do these days in Ottawa.

Keeping them honest is Bezan's goal as the Conservatives' new defence critic.

He's charged with keeping the new federal Liberals accountable.

The Grits are what Bezan wants to talk about today, but first, we nudge his highlight for the Interlake this year.

In an earlier interview with the *Record*, Bezan said it's the end of the Freshwater Fish Marketing Corporation's monopoly.

Bezan said the announcement, made by the Pallister government, will reel fishers in the right direction.

"It allows them to go out and get better prices on the free market."

The deal is still 12 months away but will mean better business for fishers in places like Dauphin River and Lake St. Martin, Bezan said.

Now to what Bezan wants to talk about – concerns about the feds' plan to send Canadian troops to Africa.

Defence Minister Harjit Sajjan has committed to sending Canadian troops on a three-year deployment to a number of African countries.

Bezan notes recent deaths in Mali where United Nations peacekeepers have been killed.

The MP questions why Canada wants to send troops there.

"Our concern and the concern of our veterans is what's our national interest in going to the UN for what people think is peacekeeping but it's not."

"These are very dangerous missions."

"Let's not call this peacekeeping. If they go over



RECORD FILE PHOTO
Selkirk-Interlake-Eastman MP James Bezan said 2016 was a busy year for him as he adjusted to his new role and this year doesn't show any signs of lowing down.

there, this is a war against terrorism." Bezan sounds the alarm about terrorist groups like ISIS – something he did as parliamentary secretary to the

minister of national defence before the Liberals' April sweep.

"They are going to use blue helmets for target practice," he said speaking

of ISIS and Al-Qaeda in Africa.

The alarm bells Bezan is sounding are harder these days. He's still in the same office in Ottawa – one he's had for over 10 years.

But in Opposition, he no longer has government departments at his fingertips that can provide research and facts.

Instead, he must rely on freedom of information and parliamentary researchers to find out what the government is doing. That makes his workload heavier.

And the workload doesn't end there. In between duties as MP and defence critic, Bezan is co-chairing the leadership campaign for Durham MP Erin O'Toole, who is running for leader of the Conservative Party of Canada.

Bezan said he didn't consider running for the Tories' himself because he isn't bilingual and believes firmly that the leader of the party needs to be fluent in French.

Bezan made no hint that 2017 would be any slower.

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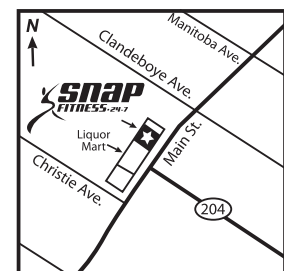
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INSIDE > OUTSIDE > UPSIDE DOWN

Steelers celebrate New Year early with pair of wins

By Brian Bowman

The Selkirk Steelers had a couple of very good reasons to celebrate the New Year early.

Selkirk swept Winnipeg in a pair of MJHL games last week, defeating the Blues 4-2 on Dec. 30 at the MTS Iceplex and then 4-3 in overtime the following evening at the Rec Complex.

Selkirk has now won 13 consecutive games on home ice.

"The Blues have really come along and they have been on a hot streak and were getting pretty close to us (in the standings)," said Ken Petrash, the Steelers' GM and director of hockey operations. "Those were four very important points for us."

In last Saturday's win, Dallas Starodub scored the game winner at 2:40 of OT after a nice rush by Ryan Gardiner.

Nathan Hillis and Taylor Fisher, on the power play, had given Selkirk a 2-0 lead 15:32 into the game.

Rhett Lough cut that lead in half, though, on the power play midway in the second before Mark Wilson put the Steelers up 3-1 early in the third.

But the Blues' Dallas Tulik and Dale Goodbrandson responded quickly to tie the score at 3-3 by the 3:20 mark of the third.

Selkirk outshot Winnipeg 42-31 as Hayden Dola earned his 17th win of the season to go against seven losses. Dola is among the league leaders in goals-against average (2.47) and save percentage (.921).

"Our goaltending has been real

good for a while," Petrash said. "Dola has been great but he's not getting the second and third shots. Our forwards are helping out and our defencemen have been playing good."

Road win

Last Friday, the Steelers doubled the Blues 4-2 at the MTS Iceplex.

After the first two periods were scoreless, the teams combined for six goals in a 17:32 span in the third.

Selkirk's Nathan Halvorsen scored three of those goals while Ezra Hall netted the game winner at 16:30. Petrash said Hall and Cole McCartan have really come along nicely in recent games, playing some very good hockey.

Ryan Mutch and Geordie Keane, on the power play, replied for the Blues. Dola made 22 saves for the win.

Beating the Blizzard

Back on Dec. 20, the Steelers soundly defeated the OCN Blizzard 5-1 at the Rec Complex.

Tied at 1-1 early in the third, Selkirk broke the game wide open with a pair of goals from Jake Dudar and singles from Starodub and Shannan McFadden.

OCN's Lantz Hiebert and McCartan earlier traded first-period goals.

Selkirk, now 24-10-2 and tied for second place with Winkler, played the Wolverines in Waywayseecappo this past Tuesday but no score was avail-



RECORD PHOTO BY LANA MEIER

The Steelers' Dallas Starodub scored the game winner at 2:40 of OT after a nice rush by Ryan Gardiner against the Blues on New Year's Eve.

able at press time. The Steelers will then have three home games in the next five days.

Neepawa will be here Friday, followed by Virden on Saturday and OCN Tuesday. All three games have 7:30 p.m. start times.

"We had a stretch there where we didn't have many games," Petrash noted. "And now we have a lot in a short time. It's almost like playing playoff hockey with games every second night."

Steelers have decisions to make before Jan. 10 deadline

By Brian Bowman

With the Jan. 10 player movement deadline coming up next Tuesday, the Selkirk Steelers have a bit of a dilemma.

Should the red-hot Steelers, tied for second in the MJHL standings with Winkler at press time, stand pat and not make any moves or should they go out and make a deal on a player that could lead them to a league title.

Each junior team in the CJHL - including the Manitoba Junior Hockey League - has to be down to 23 play-

ers/cards by midnight on Jan. 10. This deadline usually sees a flurry of player moves across all Canadian junior leagues.

"We're pretty happy with the way guys are playing right now," said Ken Petrash, the Steelers' GM and director of hockey operations, Monday evening. "We really like our defence, so we don't want to tinker with that, but if we could add a prolific goal scorer that could help the team, we'll certainly look at it."

Selkirk was 24-10-2 heading into this

past Tuesday's road game in Waywayseecappo, just seven points behind the league-leading Steinbach Pistons.

There is a lot of parity in the MJHL this season and any team can beat another on any given night. The key, for every team, is to be playing their best hockey in the playoffs.

"I just hope we haven't peaked too early," Petrash said.

Petrash said the Steelers won't mortgage their future to acquire a big-name player. He also said they won't push the panic button if another team

or two makes a trade that will make their team better.

"I have to get (our organization) back to where we are competitive every year," Petrash stressed. "But if we can add another 20 year old, or 19 year old, that's going to help our team, then we'll do that and see where it goes."

"We're just hoping that the fans get behind us. This is a good team and they're fun to watch."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Horanski hoping to reel in KJHL title with Fishermen

By Brian Bowman

The Selkirk Fishermen have had a lot of great offensive forwards come through their organization the past several years.

And Milan Horanski is the latest offensively-gifted player to suit up for the Fishermen.

Horanski is currently tied for the Keystone Junior Hockey League goal-scoring lead with 28 at the holiday break. He is also 10th among all league point leaders with 39 through 22 games.

"I think I'm doing a pretty good job," said the Selkirk product during the holiday break. "The guys that I have been playing with have been getting me the puck a lot. I'm just glad that I have been scoring the goals to help the team."

Horanski, a right winger, has played a lot on a line with Drayton Mendrun and Auzzie Loewen this season. Mendrun and Loewen are tied for second on the Fishermen with 26 points apiece.

The trio has been very good for the Fishermen and is a big reason why Selkirk boasts the best record (16-7) in the league at the break.

Horanski expects that success to continue in the New Year.

"I think the team has the potential to win it all this year," said Horanski. "We've had a really good season so far and I'm really looking forward to moving on with them. It's going to

come down to getting hot at the right time, playoff time, when it counts."

Horanski, 18, grew up playing his minor hockey here in Selkirk. He later played City Midget "AAA" with the Winnipeg Hawks and then high school hockey with the Selkirk Royals.

He has played exhibition games with the Selkirk Steelers and is now in his second season with the Fishermen. All of those teams are in leagues that play differing styles of hockey.

"I think the biggest difference between minor hockey and junior is just the size of the players," said the 5-foot-9, 170-pound Horanski. "The guys (in junior) are a lot stronger and a lot smarter. You have to adjust to the speed and the physicality."

As a team, Selkirk has the best goal differential in the league at plus-89. The Fishermen have scored 128 goals and have given up a league-low 39.

Those defensive numbers are outstanding in a league that is very offensive minded.

"That's a big thing for us," Horanski said of their stellar defensive numbers. "The northern teams like to score and sometimes they get (the goals) in double digits. But our team plays it closer defensively."

Horanski and the Fishermen will be looking to start 2017 with a victory when they travel to St. Malo on Friday (8 p.m.) to play the Warriors. On Sunday, Selkirk will host the OCN Storm for a 2:30 p.m. game. Both games are



RECORD PHOTO BY LANA MEIER

The Fishermen's Milan Horanski is currently tied for the Keystone Junior Hockey League goal-scoring lead with 28 at the holiday break. He is also 10th among all league point leaders with 39 through 22 games.

important ones for Selkirk against a pair of very good teams. It's a tough start to a month for the Fishermen as

they play seven games in a 25-day period.

Local golfers named to Canada Games training squad

Staff

Golf Manitoba announced last month the names of young golfers – which included three Selkirk players – who will participate in the final phase of the Canada Games training squad.

Selkirk's Mikyla Albert will be part of the female training squad while Wesley Hoydalo and Cole Uzat will be on the male training squad.

West St. Paul's Danya Dubnicoff will also train with the female squad.

Over the winter, the athletes will take part in sport science initiatives focused on physical fitness assess-

ments, mental game preparation, on-course focusing techniques and nutrition.

They will also practice weekly at the Golf Dome under the guidance of Golf Manitoba Director of Player Development Garth Goodbrandson.

"We are very pleased to once again be able to offer this group of Manitoba and northwestern Ontario's top young golfers an opportunity to develop their skills in preparation for the 2017 Canada Games in Winnipeg," said Goodbrandson in a media release.

"The talent and dedication of these young athletes to the program is extremely high."

The other members of the female training squad include Bobbi Uhl, Camryn Roadley, Rebecca Kuik, Alexandra Demko, Kate Gregoire, Hayley Shanks, Lexie Kopp, Tiana Slate, Coral Zamzow, and McKenzie Batacan.

The male squad, meanwhile, also features Zach Wytinck, Sam Diamond, Ryan McMillan, Sylvain Ruest, Cole Ferguson, Zak Bannatyne, Brendan Kesterke, Spencer Norrie, Anthony Leicht, Cameron McIntyre, and Jacob

Armstrong.

Following the winter training, all members of the Canada Games training squad will compete in a number of rounds over the spring and summer to determine the top three girls and top three boys who will become Team Manitoba at the 2017 Canada Summer Games.

The golf event will be held at the Southwood Golf & Country Club from Aug. 8-11.

Teulon to host STARSkate Regional Championship

By Brian Bowman

The Teulon Rockwood Arena is used to hosting hard-hitting hockey action during the winter.

But later this month, the local arena will be hosting a more graceful style of skating.

On Jan. 22, the Teulon Skating Club will host the Skate Canada Manitoba STARSkate Regional Championships.

"We are definitely very excited to be hosting this event," said Audra Nesbitt-Hume, Teulon Skating Club's president and public affairs chair, last week. "This will be the first time that we have hosted this competition in Teulon."

The Interlake Regional STARSkate Championship is a required event for skaters to qualify for the Skate Canada Manitoba STARSkate Championships in Virden this March.

Each of the six Manitoba regions hosts a competition before provincials.

There is expected to be 81 skaters from across the Interlake – and three from the Teulon club – competing at this elite competition. The event is for skaters who are in STARSkate levels 1 to 5, with an emphasis on the elemental components of figure skating.

Skaters do not compete in a solo freeskate until Star 3 or 4, noted a media release, and will be placed in groups (as opposed to performing individually) in front of a panel of judges.

Skate Canada hopes this will promote figure skating as it will allow more children to enter figure skating without the pressure of individual competition until they are ready for this aspect, said the media release.

Along with the excitement of hosting this regional competition, there is plenty of work involved behind the scenes.

"There have been many hours put in during the evenings and weekends,"

Nesbitt-Hume said.

The event is currently seeking help from community businesses and friends of figure skating in the form of cash donations or items for the silent auctions and skater welcome bags.

It costs money to book the ice time all day and pay for judges.

"We have had some community support," Nesbitt-Hume noted. "We have sent out donation letters to businesses and have had some people agree to support us but we can always use more."

Businesses and individuals looking to donate for the competition can contact Nesbitt-Hume via email at teulonskatingclub@hotmail.com or by phone at 204-485-4901.

Donations will be taken right up until the competition, said Nesbitt-Hume.

Cost for spectators is just \$3 for adults and \$2 for seniors and students. Children aged five and under are free.

Blizzard to cease operations after this season

Staff

The Manitoba Junior Hockey League will lose the OCN Blizzard next season.

OCN officially announced Dec. 20 that the Junior "A" hockey club will officially cease operations at the end of this season. The Blizzard entered the MJHL back in 1996-97.

"Over the past 20 years, the Blizzard positively contributed to hockey development of indigenous youth across Canada, and led to the formation of other First Nation hockey teams in Canada," said a release posted on the Opaskwayak Cree Nation website.

The Blizzard's alumni includes Jordan TooToo, who began his junior

career in OCN in 1998-99 - scoring 16 goals while adding 21 assists in 47 games - before moving on to the WHL's Brandon Wheat Kings.

TooToo then went on to play in the NHL with Nashville, Detroit, New Jersey and Chicago.

Christmas Challenge champs



RECORD PHOTO BY TOM MANGNALL

The 14A1 Fishermen went 5-0 to win gold at the Winnipeg Christmas challenge tournament last week. Pictured left to right, coaches Ross Penwarden, Jamie Wasnie, Ian Brooks, Luke Helgason; back row, Mark Edmonds, Austin Zirk, Karson Penwarden, Mathew Donald, Ethan Blacksmith, Evan Anderson, Austin Wasnie; front row, Hunter Keller, Nick Hnatiuk-Nash, Wyatt Whitwell, Josh Yeroschak, Jaden Kreviazuk, Mathew Brooks and Robert Mangnall. Missing from the photo are James Lee and Ethan Degroot.

Correction

Staff

In the Dec. 22 and Dec. 29 editions of the Selkirk Record, a Royals' goal scorer was referred to as Connor Spratt. In fact, it was his younger brother, Travis, who scored the goals.

Travis currently leads Selkirk in goals scored this season with 10.

Connor Spratt, meanwhile, plays for the Selkirk Fishermen.

The Record apologizes for an inconvenience that these errors may have caused.

Boudreau excelling



PHOTO SUBMITTED

2016 was a phenomenal year of baseball for Colten Boudreau. Besides winning numerous individual awards, Boudreau led the Elmwood Giants to two major championships.

On Nov. 19, Boudreau, a RM of St. Clements native, was deservedly named Baseball Manitoba's Junior Player of the Year. Boudreau is a hard-working athlete, who prides himself on achieving high grades at Dakota Wesleyan University in Mitchell, S.D.

He completed his third year of university with a 3.9 grade point average. Boudreau is on scholarship, majoring in business and sport management.

Next Home Games



OCN Storm

VS



Sun., Jan. 8th 2:30 pm

Meet the Fishermen

#10 Sean Loutit Forward

at the Selkirk Rec Centre

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Tri-S Soccer Club looking to grow the sport

Submitted by Daniel Racicot

The Tri-S Soccer Club and the Manitoba Soccer Association are doing all they can to help make the game better no matter what level and for what area you play.

The four areas are now part of the Tri-S Soccer Club as the House League Committee and players are all members of Manitoba and Canada Soccer. The restructuring will hopefully bridge some gaps between the house league and developmental programs while clarifying the player pathway for parents.

"We are not competing with the house program for players but trying to build a better soccer program for all," said Tri-S Soccer Club president Daniel Racicot in a media release.

"By ensuring that soccer is fun and players continue to develop to a level they want, more players will continue to play the game building both programs."

Racicot said players are often quitting the sport at a young age.

"Across Manitoba the number of players that quit by the time they are 12 is huge," he noted. "(The) Manitoba Soccer (Association) has focused resources outside the perimeter for the last couple years to improve technical support and opportunities."

Racicot said the MSA is also focused on building the regions outside of Winnipeg and ensuring players remain playing where they live. This will lead to new high-performance leagues.

Registration

Meanwhile, Racicot wanted to remind everyone that the Tri-S United (traveling teams) registration is at the end of the month. House league and mini registration (Selkirk, East Selkirk, Petersfield (CDRA), St. Andrews) will be registering in March.

In other news, the Tri-S Soccer Club has also started a new pre-prospects training centre at the Sky-light Indoor Complex in Birds Hill.

Practices are facilitated by MSA technical staff which provides the MSA a chance to see the players and mentor the Tri-S coaches. This winter, all Tri-S female players were invited out as well as boys from the summer teams.

However, as the program moves forward, it will be for the players identified by the coaches as pros-



RECORD PHOTO SUBMITTED

The Tri-S Soccer Club's U9 girls' developmental team is showing great improvement at their practices this season.

pects for the MSA to see - and possibly invite - to the MSA prospects centre in Winnipeg.

"This gives players that show, not only the proper physical skills but mental ones as well, the chance to receive more training by the MSA while continuing to play with their normal team," Racicot explained.

Starting this month, the Tri-S Soccer Club will be opening its Mini Academy for any area players born in 2011 and 2012. Details are on the Tri-S Soccer website (www.trissoccer.com) and registration is now on.

This program is for players that normally play in the four local areas in the spring (Selkirk, East Selkirk, Petersfield CDRA, and St. Andrews) and is meant as a physical literacy as well as basic soccer skills program.

"As well as developing players, it is also meant to give area coaches a chance to participate and learn some drills for when they coach in the spring," Racicot said.

February will have a couple skill nights for the 2010 and 2009 players, Racicot added.

Coaching classes

As well as the Mini program, House league coaches will be invited to some coaching education classes during Tri-S indoor practices starting the middle of this month.

Indoor soccer

Meanwhile, the Tri-S Soccer United indoor soccer teams have reached the midway point of their Winnipeg Youth Soccer Association's season.

The four local teams have been practicing and playing one game a week since the middle of October. The U9 and U12 developmental girls' team practices two or three times a week while the U14 boys and U16 girls practice once or twice.

For the U9-U12 developmental teams no game statistics or league standings are kept so that practices are focused mainly on skill building.

The U14 boys entered the Christmas break with a 5-4-2 record, placing them in third.

"This is a really good result considering the team has had five major injuries resulting in a very short bench," Racicot said.

The U16 girls (with players aged 13 to 16) are also having a great season with an 8-1-1 record, placing them first at the break.

The teams will resume play this Saturday and look forward to participating in the WYSA Golden Boy tournament in the middle of February.

For more area soccer information, please go to www.trissoccer.com and read our monthly newsletter.



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vs OCN Blizzard Tues., Jan. 10th 7:30 pm

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1	8					6		
			3			9	2	
	9						7	
9	3			2				
	5	7		3	8	2		
				5			6	
		5		4				
			7					1
4	8							

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku Answer

5	2	6	1	2	8	9	8	7
1	7	9	8	7	5	8	6	2
8	5	2	9	7	6	5	1	2
9	1	5	9	6	2	2	7	8
6	2	8	5	1	7	2	5	9
7	5	2	2	8	9	1	8	6
2	8	9	7	9	1	6	2	5
2	6	1	2	8	8	7	9	5
5	9	7	6	5	2	8	7	1

Crossword Answer

S	W	O	D	E	S	E	W	X	O					
O	E	W	V	T	E	I	S	O	V					
S	E	V	H	B	A	T	N	V	B	N	T			
N	I	B	V	S	Y	V	Y	B	V	R	O			
				O	V	R	V	O	N	V	S			
B	O	L	V	O	I	T	V	A	N	I				
S	O	B	H	E	L	S	O	V	T					
S	L	I	N	E	H									
				N	W	E	G	E	L	D	N	H	E	
				N	O	E	T	A	O	S	O	N	I	K
				H	E	I	S	S	V	Y	B	R		
S	S	E	S	N	E	W	O	V	O	V	O			
V	B	B	V	V	H	I	L	I	W	I	T			
T	N	V	D	H	O	N	E	D	V	H	S			
V	d			L	J	V			E	H	O	V		

X CROSSWORD

CLUES ACROSS

- Pain
- Near the stern of a ship
- Certified public accountant
- External appearance
- Neither
- He played with Peter & Mary
- Maximum
- Irish republican organization
- Swedish rock group
- Source of chocolate
- Counterparts to women
- Type of levy
- More tasteless
- "Use Somebody" rockers
- Burst
- Flightless, fast bird
- Type of salami
- Charges to live somewhere
- Ji dynasty's ancestral home
- They play music
- One who cancels
- Resin from an African tree
- Shellfish
- Notre Dame coach Parseghian
- Thoroughbred horse race: ___ Stakes
- Empire in pre-colonial C. Africa
- Small piece of caramel
- Hillsides
- Does great
- Israeli city ___ Aviv
- Brief appearance
- Danish krone (abbr.)
- Midway between east and southeast
- Database mgmt. system

CLUES DOWN

- Sign language

1	2	3	4		5	6	7		8	9	10				
11				12		13			14						
15						16			17						
	18				19				20		21				
					22	23			24						
25	26	27	28	29											
30							31								
32									33	34	35	36	37		
					38	39	40		41	42					
									43						
47	48								49		50	51	52	53	54
55									56			57			58
59									60						
62									63						

- In style
- Syrian city
- A long narrative poem
- Living thing
- Envision
- Flat surface on a vessel's stern
- Scottish sport
- They serve beer
- Expression of sorrow or pity
- When you expect to get there
- Bullfighting maneuver
- Double-reed instrument
- Rural Free Delivery (abbr.)
- Hardened
- Small cask or barrel
- Anger
- Female religious figure
- Central mail bureau
- Ruled Russia
- Geological time
- Catches fish
- As well
- Soviet Socialist Republic
- A moderately slow tempo
- Female reproductive organs
- Patti Hearst's captors
- Twitchings
- Suitable for crops
- Cavalry-sword
- Greek sophist
- Dressed
- Tight crowd of people
- Basics
- "Raymond" actor Garrett
- Unstressed-stressed
- Old World tree
- Distress signal

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NOTICES

Royal Canadian Legion #42 Cash Calendar winners drawn December 23rd, 2016: Dec 1- Doug Thordarson; Dec 2- Mary-Jo Beaton; Dec 3-Nadine Bell; Dec 4-George Perigo; Dec 5-Geri Hardisty; Dec 6-Kathy Begg; Dec 7 Debbie Tepleski; Dec 8- Erin Nosal; Dec 9-Jack Taylor; Dec 10-Brian Sinclair; Dec 11-Norma Lamoureux; Dec 12-Lana Tompkins; Dec 13-Ashley Evans; Dec 14-Glenn Kozan; Dec 15-Sybil Flinnson; Dec 16-Fonda Vincent; Dec 17-Lori Bush; Dec 18-Kayleen Valley; Dec 19-Noreen McAuley; Dec 20-Gary Thiessen; Dec 21-Taylor Thorvaldson; Dec 22-Judy Hoydelo; Dec 23-(ticket #0152, illegible); Dec 24-Eileen Belanger; Dec 25-Sandra Zaluski; Dec 26-Tracy Morgan; Dec 27-Wayne Koto-wich; Dec 28-Kathy Begg; Dec 29-Graham Mathers; Dec 30-George Perigo; Dec 31-Carl Chanas.

COMING EVENTS

Manitoba Riding for the Disabled Association 18th Annual Super Flea Market 2017. February 4th & 5th at Assiniboia Downs-Winnipeg. Vendor spots available- 80 vendors in the show! www.mrda.cc.

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF FLORENCE LIPPOWAY, late of the RM of St. Andrews, in the Province of Manitoba, deceased.
ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB., R1A 1T9, on or before the 28th day of January 2017.
DATED at the City of Selkirk, in Manitoba, this 27th day of December 2016.
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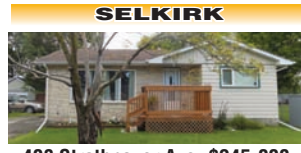
104 S. Dominique Drive \$98,800



205 Dorchester \$179,900



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408 Strathnaver Ave. \$245,000



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3 Houghton Bay Road \$59,900



81 Colony Rd - 2.76 Acres \$95,000



16 ACRES Kreamer Rd. Cottonwood Park **NEW PRICE** \$95,000



2 Gwen Ellen Way St. Francois Xavier \$110,000



Hwy 26 St. Francois Xavier \$120,000



0 Peterfield Pits, 120.6 Acres \$340,000



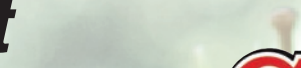
72101 Pine Road S. Prime Development \$445,000



605 Cil Road - 65.62 Acres \$492,000



DEVELOPMENT OPPORTUNITY \$125,000



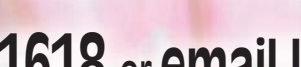
1 Harry Waytiuk Dr, East Selkirk \$140,000



4 Catherine Waytiuk Dr, East Selkirk \$130,000



14 Harry Waytiuk Dr, East Selkirk \$150,000



0 First Ave - Sandy Hook \$49,000



0 Ferry Road St. Clements \$122,000



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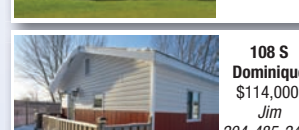
9 Fial Crescent \$283,000 Kim, 204-482-5806



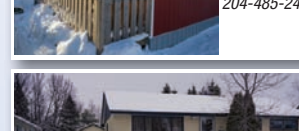
Hwy. 222, Riverton 115 acres \$179,900
Dayna 204-461-1347



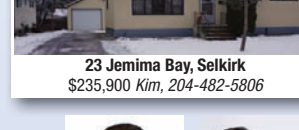
108 S Dominique \$114,000.
Jim 204-485-2446



Hwy. 419, Lundar 159 acres \$199,900 Dayna 204-461-1347



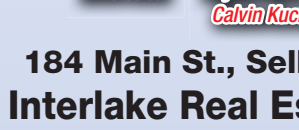
23 Jemima Bay, Selkirk \$235,900 Kim, 204-482-5806



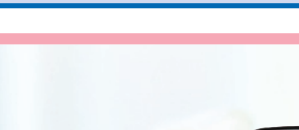
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162 Centre W Gimli \$219,900. Jim 204-485-2446



109 Toronto Avenue, Selkirk \$257,455 Kim, 204-482-5806



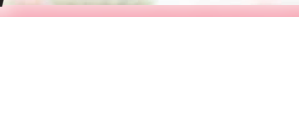
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ANNOUNCEMENTS

CARD OF THANKS

Chorney - The family of Adeline Chorney would like to thank our relatives, friends, and community for the thoughtful cards, memorial donations, flowers and many expressions of support following the passing of our Mother. We appreciate the time and attention that Mom received while living at Tudor Personal Care Home from her regular visitors, fellow residents and the staff that made each day manageable and helped her smile. We want to give thanks for the gift of music from soloist Marilyn Simons and organist Leanne Gilbert. Thank you to Fr. John McKenzie, Fr. Jerry Talarski and Mrs. Pat Goodman for their prayers of support and the thoughtful funeral service. We are also thankful for the lunch service provided by Donnie Little and staff. Thanks to EJ Smith Memorials for their preparation of Mom and Dad's memorial. As well, thank you to Gilbert Funeral Home for their compassionate and professional care for the planning of Mom's service.

-Gladys Simons, Lillian Kazuk and Doug Chorney

ANNOUNCEMENTS

IN MEMORIAM



John V. Sinclair

April 25, 1925 – January 4, 2012

It's been 5 years since you left us.

It seems like yesterday.

You may be gone from our sight,

But not gone from our hearts.

-Love you, miss you Dad

ANNOUNCEMENTS

IN MEMORIAM

In Memory
Bill Johanson

January 21, 1946 – January 3, 2015

We speak of you often,
Remember you always,
Miss you every day.

-Love Laverne,
children and grandchildren

OBITUARY

Lowell Mark Harvey

July 19, 1965 - Dec. 24, 2016

It is with deep sorrow that we announce the passing of our loving son from complications of diabetes at the age of 51 years.

Lowell is survived by his mother and father Jeanne and Dexter Harvey residing in Petersfield, MB. Lowell was born in Deep River, Ontario. He received his elementary and secondary education in Winnipeg and then graduated with a Bachelor of Law degree from the University of Manitoba.

Lowell has worked for more than 20 years with Manitoba Public Insurance. At the time of his passing he was the Director of Insurance and Licensing Operations. He was committed to his work.

His personal interests included the collection of antiques and



paintings from around the world.

As a person, Lowell was respectful, sharing and caring at work, with his friends, and with his parents. He was a loving person. We are proud of his accomplishments and will miss him terribly.

Cremation has taken place and a memorial service will be held on Friday, January 27th, 2017, at 1:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB.

In lieu of flowers, donations can be made to the Canadian Diabetes Association or the Gordon Howard Center at 384 Eveline St., Selkirk, MB, R1A 1N3.

Gilbert Funeral Home, Selkirk in care of arrangements.
www.gilbertfuneralhome.com



OBITUARY

Deborah Joan Dawson-Reeb

August 23, 1953 – December 25, 2016

It is with great sadness that we announce the passing of Deborah (Debbie) Joan Dawson-Reeb. Debbie passed away after a courageous battle with cancer on December 25th with her family by her side.

She will be lovingly remembered by her husband Jack; son Nicholas (Heidi); daughters Melissa (Scott) and Kristin (Matt); grandchildren Jaiden, Nathan, Serena, Alysha and Alex. She also leaves behind her parents William and Helen Dawson; sister Glenda (Paul), as well as numerous nieces, nephews and friends.

Debbie and Jack met in her home town of Leamington, Ontario. They moved to Selkirk, Manitoba in 1977 where Debbie worked with Jack in various veterinarian businesses. Debbie developed



many treasured friendships through community and business.

Debbie and Jack started their family in Selkirk. Debbie cherished her time with her family by organizing many family get-togethers and trips.

A come and go celebration of her life will be held on Friday, January 13, 2017 from 5 to 7:00 p.m. in the Gilbert Reception Center, 309 Eveline St. Selkirk, MB. please use rear hall entrance. A private interment for family only will take place at a later date.

In lieu of flowers donations may be made to Cancer Care Manitoba in memory of Debbie.

Gilbert Funeral Home, Selkirk in care of arrangements.
www.gilbertfuneralhome.com



OBITUARY

Richard Weger

April 11, 1953 – December 29, 2016

It is with great sadness we announce the passing of Richard Weger on Thursday, December 29, after a brief illness and with his family by his side.

He has gone to join his father Edward and brother Robert who passed before him. Left to mourn his passing are his children, grandchildren, mother Vivian, brothers, sisters, nieces and nephews.

Richard had recently retired from Manitoba Hydro where he had worked for 40+ years. Following retirement Richard became an even bigger hockey fan. He was an avid Selkirk Steelers fan and was the greeter at all the games.

We would like to thank the care team at Health Science Centre ICU for their excellent care.

A Celebration of Life will be held at 1:30 p.m. on Saturday, January 7 at Sobering Funeral Chapel, 1035 Park Ave. E, Beausejour, MB.

Donations may be made in Richard's memory to the Steelers Hockey Club, 1011 Manitoba Ave., Selkirk, MB R1A 3T7.

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OBITUARY

Helen Margaret Wiebe

Peacefully, on Wednesday, December 21, 2016 at the Concordia Hospital Mom went to be with Dad.

Her life is remembered and celebrated by her children Brent (Romie), Margaret (Garnet), Naomi (John), Salome (Eric), Viola (Dave), Orlando (Barb); grandchildren Raymond (Rosa), Amanda (David) and sibling Ed (Sarah). Predeceased by her loving husband Jake, parents John and Margaret Stoesz and by her siblings John, Bill and Peter.

Mom was a brilliant seamstress, a wonderful quilter, a great baker, a superb scrabble player, a dedicated choir member and the best Mom anywhere. She led a very full life, having lived through the depression, graduated grade 9 with honours, then nursed her ailing mother for several years, and married in 1948. Then started a whole new life of adventure with her Jake. Their many moves throughout the prairies provinces and Manitoba's Interlake, included Mom 'holding down the fort' and blessing all those around her with her unflinching kindness and care.

Thank you to the Concordia Hospital staff. Thank you to everyone at Bethel Place who loved and watched over our Mom.

There will be a celebration of Mom's life on Tuesday, January 17th at 2:00 p.m. in the Bethel Mennonite Church, 465 Stafford St. in Winnipeg.

In lieu of flowers, donations may be made to Mennonite Central Committee, 134 Plaza Dr., Winnipeg, MB, R3T 5K9.

I raise my eyes toward the mountains. Where will my help come from? My help comes from the Lord, the Maker of heaven and earth. Psalm 121

Mom, your twinkly eyes and bright smile could light up any room. We'll all miss you.



Gilbert Funeral Home, Selkirk in care of arrangements.
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The Selkirk Record

OBITUARY



Gerald (Jerry) McKnight

Gerald (Jerry) McKnight of Tudor House passed away at the age of 75 on Tuesday, December 20, 2016 after a lengthy illness. He will live on in the memory of his loving wife of 51 years Dory (Doris); their beloved children Ryan (Peter) of Toronto ON, and April (Bruce) and step grandson Austin of Sechelt BC. Also mourning his loss are his brother Ron (Linda) of London ON; and sisters Darlene (Peter) Daciuk and Irene (Richard) Lachance both of Oshawa ON; in-laws Ted (Linda) Widish of Tillsonburg ON, Elsie Anguish of Victoria BC, Morris (Maureen) Widish of Creston BC, and Darcie (Heidi) Widish of Winnipeg as well as many treasured nieces and nephews.

Jerry was born on December 16th, 1941 and raised in Oshawa ON, where he began his career as a tool and die maker and met his wife Dory. They moved to Calgary for nine years where their

two children were born. In 1975 Jerry and family moved to Selkirk to be closer to his roots and explore life as a gentleman farmer. He worked at the Manitoba Rolling Mills until his retirement and continued to reside in the community until his passing.

Throughout his life Jerry had many interests, mostly sports related, and participated in some form of athletic activity for as long as he could. His biggest passion was running and he made many close friends through participation in marathons. Golf was his second love, which he stated he enjoyed doing poorly. His score never was important to him and in fact, was often very creative when keeping his score. Jerry was a man of great integrity and patience, possessed a great sense of humour, had compassion for others and showed tremendous grace during his illness.

The family would like to thank the angels at Tudor House that cared for him during his illness, the staff at the Selkirk and District General Hospital that cared for him during his many crises, and his devoted friends that visited him at Tudor House.

A celebration of Jerry's life will be held on Wednesday, January 4th, 2017 at 1:00 p.m. at Gilbart Funeral Home (309 Eveline St. Selkirk MB).

In lieu of flowers, please consider donating to Jerry's favourite charity, Society for Manitobans with Disabilities (825 Sherbrooke St. Winnipeg MB).

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



Linda Mary Tallin

On December 30, 2016 Linda Mary Tallin (nee Wright) passed away peacefully.

Linda was predeceased by her loving husband Rae in 2009. She is survived by their children Tom (Tracy and Laura); Candace; Margot (Chris and Casey Bigelow); Andrew; Melinda (Glen Mitchell) and her brother Scott Wright (Sonya), as well as her nieces, nephews and their families.

Linda was born in Winnipeg on April 6, 1932, the daughter of Kirk and Tom Wright. She attended Grosvenor Elementary and Riverbend School, and then earned her Bachelor of Arts degree from University of Manitoba before marrying Rae Tallin in 1955. Linda and Rae moved to their beautiful home on River Road, Old England in 1964, where they lived for many happy years raising their children. In 1986 they moved to a home in Blakeney, Ontario,

outside of Ottawa and returned to Winnipeg in 1997. Their homes and their cottage at Minaki were always open to family and friends, and Linda and Rae made everyone welcome. Linda was a warm and gracious hostess, whose excellent cooking and renowned parties showed her love for people. She was very community spirited and spent many years volunteering for Little Britain United Church, Mapleton 4-H, Selkirk Friendship Centre, Meals on Wheels, schools and many others. Linda was an avid animal lover and enjoyed the company of many dogs and cats throughout the years. She had a great capacity for love and made everyone feel special. She was very special to us; we love you, Mom. IHF.

Graveside interment and reception will be held in the spring at Little Britain United Church.

THOMSON FUNERAL HOME
783-7211

Condolences may be sent to www.thomsonfuneralchapel.com



OBITUARY

Martin Roy Carrico

August 11, 1925 – December 20, 2016

Martin passed away peacefully December 20, 2016 at Chinook Care Centre at the age of 91.

Martin will be missed by children, son Brian (Luce) of Innisfail; and daughter Norma (Jeff) Mitchell of Calgary as well as numerous family members and friends.

A Funeral Mass will be celebrated at St. Gerard's Catholic Church (8944 Elbow Drive S.W. Calgary, AB) on Monday January 9, 2017 at 11:00 a.m. followed by Tributes in the Church Hall.

For further information, please refer to Winnipeg Free Press Obituaries, December 31, 2016 issue.

OBITUARY



Alice (Vi) Smith (nee Kellough)

October 25, 1925 - December 16, 2016

Vi Smith passed away peacefully, with her daughter by her side, on December 16, 2016 at the age of 91 at the Betel Home in Selkirk Manitoba.

Vi was predeceased by her husband George of 64 years, her five brothers and six sisters. She leaves to mourn her passing, her three children, George (Janet) Smith, Richard (Monie) Smith and Lorraine (Brian) Byrnes, her six grandchildren, seven great-grandchildren and many nieces and nephews.

She was the second youngest of 12 children born to Lee and Alice Kellough. She met George, the love of her life in 1939; they were married in 1944 and together raised three children, George, Rick and Lorraine. The family have many happy memories of road trips to the beach, tobogganing in the winter time, annual corn roasts and yearly Christmas Eve parties where the entire neighborhood would gather at their wartime house and enjoy Vi's amazing home cooking.

Vi and George had many adventures together and moved around quite a bit making lifelong friends everywhere, before settling down on Ferry Road in East Selkirk where they enjoyed many new friends. All were welcome at their house and no one ever left hungry.

She talked about her family every chance she got and was very proud of her children and grandchildren. There was rarely a day when her home was not filled with her grandchildren. They all loved sleeping at Nan's house, even in their teenage years.

Vi was a wonderful combination of strength, warmth and kindness and was someone who we all admired, loved and respected. She

was a devoted and loving mother, grandmother, sister, aunt and friend who will be remembered for her honesty, sense of humor, her warm smile and beautiful blue eyes.

A memorial service will be held at 1:00 p.m. on Saturday, February 18, 2017 at Gilbart Funeral Home, 309 Eveline St., Selkirk MB.

A special thank you to all the staff at Betel Home for their kindness, caring and support.

In lieu of flowers donations may be made in her memory to the Canadian Breast Cancer Foundation.

Wonderful Mother – God made a wonderful Mother, A Mother who never grows old, He made her smile of the sunshine, He moulded her heart of pure gold; He made her nearly an Angel as anyone could ever be; God made a Wonderful Mother and gave that dear Mother to me.

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



Gregory Wayne Lupel

May 26, 1989 – November 25, 2016

With deepest sadness, we announce the sudden passing of our son Gregory Wayne Lupel on November 25, 2016 in Surrey, B.C.

He was predeceased by his sister Danielle Lupel; his grandfather Lorne Frost and his nan, Christine Dunning.

He leaves to mourn his father Greg Frost; his mother Angela Dunning; brother Bryce; sisters Ashley, Victoria, Rheanna and Norma-Jane; his grandparents Graham Dunning and Judy and Bill Sanderson; two nephews; four nieces, several aunts, uncles cousins and friends.

Cremation has taken place and a Celebration of Life will be at a later date.

The family would like to thank Uncle Lornie and his family of Surrey, B.C. for all the care and support for Greg Jr. while living there.

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