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THURSDAY, NOVEMBER 30, 2017

VOLUME 8 EDITION 48

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RECORD PHOTO BY JUSTIN LUSCHINSKI

Layla House, a Grade 3 student at Robert Smith School, pedals a bike to help blend a healthy smoothie while her classmates cheer her on as part of the Chef for a Day program at her school last Tuesday. For a story and more photos, see Page 9.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Students gearing up to bring 1940s-style radio play to life

By Lindsey Enns

A tight-knit group of students will put their acting skills to the test while relying on their voices and facial expressions for an upcoming radio show performance at their school.

"I think a good way to describe this is it's not a play, it's more of an experience from the minute you walk in," Grade 12 Comp student Zack Fountain said.

"It's very focused on facial expressions and actions ... there's a huge focus on acting with a radio play," Grade 12 student Chris Carreiro added.

A group of about 25 Comp students are gearing up to put their own spin on "It's A Wonderful Life: A Live Radio Play" by Joe Landry on Dec. 13, 14 and 15 with all three shows beginning at 7 p.m. inside the Comp theatre. Adult tickets are \$15, Comp student tickets are \$10 and tickets for children 12 and under are \$8.

Comp drama teacher and the show's director, Kris Diaz, said in the 1940s radio plays were a popular form of entertainment so they thought it would be a fun idea to bring this type of show back to life.

"The audience gets to watch 'It's A Wonderful Life' as if it was being re-



RECORD PHOTO BY LINDSEY ENNS
Pictured from left to right: Grade 12 Comp students Zack Fountain, Chris Carreiro, David Ross, Tessa Vaughan and Chantal Human were busy getting into character while rehearsing for "It's A Wonderful Life: A Live Radio Play" recently inside their school's theatre.

corded for a radio broadcast," Diaz said, adding the students have also created their own radio commercials for the show's sponsors, which include local businesses and organizations. "The kids thought it would be a good idea to create some for the businesses in Selkirk to have that commu-

nity be rooted in what we do.

"That connection is so important because we are so thankful for the community members who support us and support what we do at the school."

Diaz said the canteen will be offering holiday fare and the theatre will also be fully decorated. She added

she is "unbelievably proud" of her students for putting so much work into this show.

"It's theirs and because it's theirs they take ownership," she said. "So all of these little nuances they want to do ... those sorts of things are important to them and it becomes their show."

Diaz said band students as well as hairstyling students are also lending a hand during all three shows.

"It's not just performing arts kids, it's so many areas of school."

Students started rehearsing in late October and are looking forward to performing the show in front of a theatre packed full of friends, family and community members.

Grade 12 student Chantal Human said the show will take the audience through a wide range of emotions.

"You kind of get a roller coaster of emotions," Human said. "There's some funny, light comedic parts and then you'll see some sad parts and there's also some dramatic moments."

"The audience should just be prepared to feel everything they want to feel and so I think it's really great that way."

Continued
on page 5

A Christmas Spectacular
featuring performances by
the band and choral programs

It's A Wonderful Life
A Live Radio Play
By Joe Landry

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RUSH SEATING Produced by a special arrangement with Playscripts, Inc.

Black Friday deals draw shoppers to Selkirk and area

By Lindsey Enns

Big Black Friday savings on electronics, appliances and furniture was enough to bring hundreds of shoppers through Dufresne's doors last weekend.

"It was our busiest Black Friday ever," said Mike Chotka, a manager at Dufresne Furniture and Appliances located along Eveline Street in Selkirk. "Every year it just seems that it gets bigger and bigger."

"Canadians in general are jumping on the Black Friday bandwagon."

He estimates just under 200 customers came through their doors last weekend to take advantage of their sales. This is Dufresne's fourth year taking part in the Selkirk Biz's Black Friday weekend event and Chotka said being a part of the community wide initiative helped bring in more business.

"If you give customers a great experience and a great value you'll be rewarded," he said.

Selkirk Biz's sixth annual Black Friday weekend took place last Friday through Sunday, giving local businesses in Selkirk, St. Andrews, St. Clements and West St. Paul a chance to showcase some big deals. As part of the event, shoppers could stop in at any of the 43 participating merchants to get their Black Friday passport stamped and enter to win a grand prize with products worth up to \$6,400.

Jocelyn Kreml, one of the owners of The Mighty Kiwi Juice Bar and Eatery located in downtown Selkirk, said they saw lots of new faces walk through their door last weekend.

"Passports being stamped had people coming in our door and buying something as well even if they weren't planning on it originally," Kreml said. "We had a lot of new customers come in and a lot of people said they will be coming back."

Michelle Bloom, owner of Three 6



ABOVE LEFT: Mike Chotka, Bev Sasyniuk and Zadok Miller of Dufresne Furniture and Appliances located along Eveline Street in Selkirk showcase some of their Black Friday deals last Friday. ABOVE RIGHT: Janice Froese and Jessica Rosskoph, holding dog Presley, pose for a photo in between customers at Community Threads in Selkirk last Friday. BELOW: Black Friday shoppers line up outside of Walmart in Selkirk early last Friday morning.



RECORD PHOTOS BY LINDSEY ENNS AND BRETT MITCHELL

"CANADIANS IN GENERAL ARE JUMPING ON THE BLACK FRIDAY BANDWAGON."

Tea located along Main Street in Selkirk, said participating in Black Friday for their second year "was a very worthwhile endeavour" for them.

"I think it's a great promotion, a great program and I think it's really smart for Selkirk to keep shopping in Selkirk," Bloom said. "We probably saw at least triple the volume of customers over the weekend."

"It's always awesome to see new faces in the store."

Selkirk's Canadian Tire as well as Packers Fashion said they had one of their best Black Friday sales weekends in years.



Zaika the Indian Cuisine in Selkirk said they sold nearly 1,200 samosas as part of their Black Friday deal

St. Clements, West St. Paul and the City of Selkirk.

and a long line of shoppers were lined up outside of Walmart early Friday morning hoping to cash in on some deals.

Selkirk Biz, the area's Chamber of Commerce, represents more than 200 businesses from St. Andrews,

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Big DOLLAR

BON wins \$5K towards community fitness, nutrition program

By Lindsey Enns

Brokenhead Ojibway Nation (BON) has won a \$5,000 grand prize through Old Dutch, which will go towards the creation of a three-phase fitness and nutrition program for the community.

Tanager Abigosis, of the Brokenhead Health Centre's Brighter Futures Program, says the money will go towards purchasing new equipment for a six-week boot camp class she runs as well as towards a gym facility they are hoping to build in the community.

Abigosis said several BON residents, including herself, have diabetes so having a gym in their community could help make a real difference when it comes to their health.

"It's a lot of youth and kids and I know that they're having a hard time," she said.

Abigosis currently runs a boot camp out of the community's elementary school gym, but they are hoping to one day extend the community's recreation centre to include a fitness facility.

"Since living with diabetes since I was 13, I've had a hard time with eating and knowing what to eat," she said, adding getting linked up with a diabetes educator and exercising changed her life. "I wanted to get my diabetes under control ... about two years ago I started working out ... and I lost a total of 50 pounds and I'm still on my fitness journey.

"I take working out very seriously because it helped me so much with

losing the weight and helping me maintain my diabetes."

For those struggling to manage their diabetes, Abigosis suggests looking at the food they are putting into their body and then start exercising.

"Don't start going to the gym five times a week and burning yourself out just start slow, like two or three times a week, to help manage your diabetes," she said.

BON's fitness and nutrition program is a three phased approach to developing a strong community rapport through exercise and nutrition, Abigosis said.

In Phase 1, youth will work with the community's fitness partner, Winnipeg's Midtown Barbell, on an introductory six-week exercise boot camp which will consist of light weight, resistance and cardiovascular training, followed by hands-on nutrition training. This phase of the project is one component of a larger physical activity and nutrition program for the community and one that will take advantage of many existing community resources to build a broader, more holistic and inclusive approach to healthy living.

To qualify for the Old Dutch grand prize, throughout the summer months, the Brokenhead Grocery Store had to have a Old Dutch barbecue on display and show a sale increase over the last year.

Customers made purchases and ballots were sent in to the final draw and



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Tanager Abigosis, of the Brokenhead Health Centre's Brighter Futures Program, sorts through the healthy food options available at the Brokenhead Grocery Store last Wednesday. BELOW: Old Dutch representatives present Brokenhead Ojibway Nation staff and community members with a \$5,000 grand prize, which will go towards the creation of a three-phase fitness and nutrition program for the community.



BON received one of two grand prizes distributed in Manitoba. Another monetary prize was awarded to the Fisher Branch One Stop. Following

the contest, a BON community member was drawn to win the barbecue that was on display.

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Selkirk woman hoping to spread positivity with poster campaign

By Lindsey Enns

A Selkirk woman is hoping to spread some positivity throughout the community this season by selling her own personally designed posters.

"I'm hoping by putting some of these positive affirmations out there that we change the energy," said Bernadette Koroscil. "I'm not doing this to make money, I want to give back."

Throughout the months of December and January, Koroscil of Rainbow Teachings will continue selling her Posters for Positivity at Revitalize Soul Spa. A portion of her poster sales will also benefit local food programs in the Selkirk and Interlake region.

"If I can get \$1,000 split between the two of them, that would be a bonus," she said.

The two posters, which range in price from \$25 to \$35, all include the saying "Love Manifests My Path in Life. Love Manifests My Purpose in Life" written in script on various backgrounds.

"There's so much negativity out there ... so lets put this campaign out there, lets put this positive message out there and have it spread out so



RECORD PHOTO BY LINDSEY ENNS

Throughout the months of December and January, Bernadette Koroscil of Rainbow Teachings will continue selling her Posters for Positivity, pictured above, at Revitalize Soul Spa. Some proceeds from the sales will be donated to local food banks.

that we can make some changes," she said.

As a therapist at Revitalize Soul Spa in Selkirk, Koroscil said part of her job is helping her clients relax and find a positive approach to any mental or

physical issues they may be dealing.

"Stress is 99 per cent the cause of all diseases so we

want to reduce that stress and that's what I work on," she said. "I do mediations here ... just helping people to release and feel good about themselves."

With the busyness of the holiday season already upon us, Koroscil wanted to share a daily tip for managing stress.

"As you would make appointments ... make an appointment for yourself. Take that five, 10, 15 minute block, turn off all the media, all the noise and sit quietly and just listen to what is going on in your surroundings," she said. "That's an excellent start."

For more information about Posters for Positivity, call Revitalize Soul Spa at 204-785-8922 or contact Bernadette Koroscil directly by calling 204-481-2564 or via email at countryk@mymts.net.

> 'WE WANT TO MAKE IT MEMORABLE,' FROM PG. 2

From start to finish, Human said it will be an experience for the entire audience.

"You're coming in and you're experiencing the 1940s radio show," she said. "We interact with the audience, it's not just seeing a show, you're seeing the actors playing actors."

Grade 12 student Tessa Vaughan said when she found out they would be performing a radio play, she wasn't sure what to expect.

"It's very unique," Vaughan said.

Although the students don't deny the amount

of work that goes into a production of this magnitude, they admit they will be sad when the final curtain closes.

"I think that last time taking down the set it's going to be very emotional," Human said.

"I think with it being the last show for the Grade 12s there's going to be a lot of energy on the stage and we're going to put our all into it," Fountain added. "It's our last time so we want to make it memorable."

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Province reminds motorists to watch for snowplows

Staff

Manitoba Infrastructure would like to remind motorists to adjust driving habits for winter road conditions and to always remain alert when following or approaching oncoming highway snowplows.

The department monitors weather forecasts and plan operations with its fleet of 313 truck plows, de-icing equipment and motor graders accordingly. All maintenance equipment has flashing blue warning lights and drivers should stay well back of all equipment. Do not attempt to pass a plow in operation from behind at any time and slow down when passing approaching snowplows in operation.

The priority is to clear driving lanes first, then shoulders, removing snow from bridges and snow adjacent to guard rails and from other built up locations. Sanding, salting and de-icing activities continue as required.

Drivers are reminded to check the weather forecast and driving conditions before travelling. The province has recently updated its 511 road information service. More road condition camera locations have been added this week.

For more information visit, manitoba511.ca or call 511.

Staff

Some RCMP dogs are now trained to detect human remains.

The first two RCMP dog teams finished their training in November at the RCMP Police Dog Service Training Centre (PDSTC) in Innisfail, Alberta.

The RCMP is the only Canadian police agency using real human remains to train its dogs. Typically, animal source material or medical waste are used to train police dogs.

"Using real human remains enables us to teach the dogs the exact odour they will be looking for. This way, they can rapidly differentiate between animal and human remains and locate human remains more effectively," explains Sgt. Robert Heppell, Dog Team Trainer in charge of the human remains detection training at the RCMP PDSTC.

The human remains used for the training of RCMP dogs are provided by the Nova Scotia Medical Examiner Service through a donor program. Donors and their families have specifically chosen to give their remains to the RCMP human remains detection dog training program.

"This additional dog skill will have a direct impact on the RCMP's ability to collect evidence for ongoing investigations, to make progress in historical investigations and to provide closure to grieving families," says Inspt. Akrum Ghadban, Officer in Charge of



RCMP PHOTO

The first four RCMP dog teams to be trained to detect human remains. From left to right: Corp. Andrew Tarala with Genie from Brandon, MB; Const. Brian Veniot with Doc from Halifax, NS; Corp. Jesse Gawne with Ejay from Lethbridge, AB; Staff Sgt. Joel Leblanc with Henny from Surrey, BC.

"THIS ADDITIONAL DOG SKILL WILL HAVE A DIRECT IMPACT ON THE RCMP'S ABILITY TO COLLECT EVIDENCE FOR ONGOING INVESTIGATIONS."

the RCMP Police Dog Service.

The four dog teams participating in this first training are from British

Columbia (E Division), Alberta (K Division), Manitoba (D Division) and Nova Scotia (H Division).

The dogs teams from British Columbia and Nova Scotia are now fully operational. The dog teams from Alberta and Manitoba were expected to have completed their training by last Friday.

Currently, there are 166 RCMP dog teams across Canada. They will be trained on human remains detection according to the needs of the divisions, the RCMP says.

Harassment resolutions to be debated during AMM convention

Staff

Two resolutions on harassment and safety for local elected officials will be up for discussion this week at the As-

sociation of Manitoba Municipalities annual convention in Brandon.

"There have been several situations recently where local councils have felt

helpless in the face of bad conduct and disrespectful behavior," Morris Mayor Gavin van der Linde stated in a release on Monday. "As a result, all

municipalities need to find a way to address this and we hope to be able to encourage healthy dialogue between municipalities but also with the province."

One resolution passed by the RM of Springfield will focus on a proper investigation process for harassment between elected officials and the second resolution put forward by the Town of Morris addresses enforcement and the need for more options beyond censure, as per the Manitoba Municipal Act.

These two resolutions have been supported by approximately 10 municipalities across Manitoba.

"Recognizing the importance of this issue, the need for a harassment free workplace in local politics, I am hoping for unanimous support of this resolution by mayors, councilors and CAO's," West St. Paul councilor Cheryl Christian added. "We all want and need to represent our residents in a safe, respectful work environment."

The resolutions session was set to take place on Wednesday at Brandon's Keystone Centre.

Farewell Fran!

We would like to welcome all of Fran's customers and friends to stop in this **Friday, December 1st** (tomorrow) for coffee & cake and to wish Fran well in her retirement.

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Crying more could lead to better mental health, psychologist says

By Justin Luschinski

A local psychologist says society might have an easier time when it comes to dealing with mental health problems if we learn to cry more.

Dr. Douglas Tataryn of Selkirk led an information session regarding healing from post-traumatic stress disorder (PTSD) and childhood traumas at the Gaynor Family Regional Library last Thursday evening. Tataryn, a registered clinical psychologist, spoke to a crowded room about how people in modern society need to learn how to process their feelings in a healthy way.

Tataryn said that our culture has forced people to not properly express their feelings.

"I'm saying it's not just people, it's our entire culture," he said. "We go out of our way to train people not to cry. Or if we do, we don't teach them the language of the emotional systems needed to resolve things.

"I think that's why we have so many mental health problems today, the emotional system is staying open but we are not allowing them to resolve it."

Tataryn uses a method he developed called the "The Bio-Emotive Framework," which teaches people the proper language to diagnose and process

their emotions. For instance, instead of saying that someone feels "sad" about being passed over for a promotion, they would say that they feel "inadequate," and delve deeper into why they feel that way.

Tataryn says "there's something about saying (the feeling) out loud while crying, that creates a healing response."

Jordan Willett of Selkirk said Tataryn's presentation really resonated with him.

"It definitely did, some parts more than others," Willett said. "I went and shook his hand ... because we need to cry, it's a part of life that a lot of people ignore, and let out as anger."

Tataryn said that due to the incredible response, he will be hosting another talk, this time about depression and anxiety, on Thursday, Dec. 7 at the Gaynor Family Regional Library.

For more information about The Bio-Emotive Framework, visit bioemotiveframework.com.



RECORD PHOTO BY JUSTIN LUSCHINSKI

Dr. Douglas Tataryn of Selkirk, pictured left, leads an information session about healing from post-traumatic stress disorder (PTSD) and childhood traumas at the Gaynor Family Regional Library last Thursday.

Short police chase in Selkirk being investigated by independent unit



RECORD PHOTO BY BRETT MITCHELL

Two people were injured following a short police chase in Selkirk last Saturday night.

Staff

Manitoba's Independent Investigation Unit (IIU) is investigating after two people were injured following a brief police chase last Saturday in Selkirk.

RCMP notified the IIU that on Nov. 25 at 8:16 p.m., an officer from the Selkirk detachment attempted to stop a pickup truck near the intersection of Manitoba Avenue and Main Street, but the driver failed to stop. The vehicle went through a red light at the intersection and collided with another vehicle.

Two occupants of the second vehicle were admitted to hospital for observation for injuries sustained. The three occupants of the truck were all taken into custody.

The IIU investigates all serious incidents involving police officers in Manitoba, whether occurring on or off duty.

RECYCLING IN MANITOBA

Share your views

concerning three stewardship program plans

The Manitoba government is reviewing three proposed new plans for the recycling and collection of designated products.

Under the Waste Reduction and Prevention Act regulations, Producer Responsibility Organizations have submitted three product stewardship plans for recycling and safe disposal of designated materials.

We Want to Hear from You

Manitoba Sustainable Development wants to hear what you have to say about the stewardship plans for the following programs:

- Recycle Everywhere (empty beverage containers recycling program)
- Used Oil and Antifreeze Products Stewardship Program
- Recycle My Cell (cellular phones recycling program)

You can review the plans at: www.manitoba.ca/sd/wastewise/stewardship-plans.html or www.manitoba.ca/sd/eal/registries/index.html. You may request printed copies by calling 204-945-0331 or sending a fax to 204-945-4552.

The deadline for providing comments on the plans is January 20, 2018.

Please provide feedback via email to stewardship-plans@gov.mb.ca, or in writing to:

Stewardship Plans Feedback
 Attention: Barbara Isaacs
 Manitoba Sustainable Development
 Box 38, 200 Saulteaux Crescent
 Winnipeg, MB R3J 3W3



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Anglers gear up for ice fishing season

Hi gang.
During my visits with our fellow fishers on the ice this past week the talk seemed to center around how soon we could quit dragging loaded sleighs across the ice and use our sleds, trucks, sno-bears and bombardiers. Last Friday was an indicator that it wouldn't be long. I walked (or more accurately slid) down the snow covered embankment at the end of Whitetail Trail in Petersfield onto the eight inch thick ice of Netley Creek, a small truck came beetling up to two anglers sitting on their sleighs jiggling their short rods. Beside them a sledder sat passing the time with them. I raised my hand in greeting as I approached asking if they had caught anything yet. The anglers grimacing shook their heads from side to side. "Hi Arnie, you remember me?" the robust, energetic sledder, Bill Lakota, called out. The couple in the tiny foreign truck took off as I said my hellos to local anglers Paul Dahlin and Les Zolinski. We traded fish stories on the ice in the warm still afternoon and Bill mentioned he had been catching some huge fish in the "sixteen foot hole" further downstream. Now, according to Bill there is a deep hole in the middle of the creek that is full of fish. Apparently some folks marked its location by tying things to a tree on the creek bank but others wanting to keep it a secret have made these markers disappear. Maybe if you talk nice to Bill he just might give you a clue. Just then Les's rod began shuttering. He reeled in quickly and a beautiful jack popped out of his ice hole. I promptly took a picture for us. Later as I said my goodbyes and headed for "old red" on the creek bank, I heard Bill question out loud, "Have anyone of you guys ever seen a baby Pelican? I never have!" I turned at the edge of the bank and called back, "Come to think of it I never have!" How odd I



RECORD PHOTO BY ARNIE WEIDL
Les Zolinski of Petersfield with a nice jackfish he caught off Whitetail Trail.

thought to myself as I climbed into my truck.

The day before I was hanging with the guys on Netley Creek, I went visiting the dozen or so anglers on the Red by Breezy Point. I met a tall, thin, young, long blond haired Winnipegger, Josh Kerschti, who had just pulled an 18 inch walleye out of his ice hole. During our conversations, Josh said he gotten hooked on fishing years ago when his buddy was getting married and organized a bachelor fishing party at Cormorant Lake by The Pas. Every spring now the whole wedding party goes back up there for some great fishing. On Saturday I made it over to Gull Lake

by Stead. The bright sun shone on the many portable ice shacks as kids and dogs played tag on the ice. There, I met another young, tall, fit guy, Tyler Dueck, sporting a short brown beard who hailed from Grunthal. He said he was a little "ticked off" because his buddies were here a few days ago and caught eighty, yes eighty perch, keeping only a few for lunch releasing the others. It reminded him, he said, of a time last year when he was ice fishing on Shoal Lake north of Stonewall with his girlfriend, Janie Walterson and she caught seven perch including a sixteen inch Master. I looked hesitatingly at him and asked, "Have you caught anything today!" His head lowered smiling and said, "No but everybody else has!"

Ok gang, how about one last open water story until spring? Like "luckless" Tyler, Shane Cornell who I talked to a while back liked to fish but couldn't catch one. He tried what used to work in Flin Flon and convinced his cousin Tar with another friend, Crampton, to go fishing in Beaver Lake south of Swan River. They got up at five in the morning and started their trip which involved driving, then trekking through the bush, then portaging and finally a climb to the lake where they had stored a boat. It took hours but at long last they stood by Beaver Lake unpacking their gear. Only then Tar realized he had left his rod at home. He had his reel with line though, so sitting in the boat he thought for a bit then took off his t-shirt and tore it up wrapping the cloth around his hands and commenced fishing with Shane and Crampton. Crampton reeled in walleye after walleye and Tar working his line hand over cloth covered hand brought in as many as Crampton but Shane, poor Shane who insisted on the trip didn't catch a thing all day!

So-long my friends.

View the Selkirk Record online at selkirkrecord.ca



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Chef for a Day helps students cook up healthy eating habits

By Justin Luschinski

Two chefs helped local students learn about cooking and healthy eating last week.

The Chef for a Day program brought two professional chefs to Robert Smith School last Tuesday where they taught Grade 3 and 4 students how to cook and about the importance of healthy eating choices.

More than 30 classrooms across Canada participated in Chef for a Day last week. The Canadian Produce Marketing Association covered all the food costs for Robert Smith School, giving students a chance to learn how to make easy meals and then getting to taste their creations.

Grade 3 and 4 teacher Melanie Scott said it was a great learning opportunity for her students.

"The students are having a great day, they love hands-on cooking, they're learning about healthy eating, they're involved, they're helping each other, it's a great thing," Scott said. "They're learning co-operation, how to make healthy meals for them and their families."

In the morning, the students made breakfast bites and healthy smooth-



SUBMITTED PHOTO

ABOVE LEFT: Robert Smith School teacher Melanie Scott makes a smoothie by riding a bike while her class cheers her on while the school hosted the Chef for a Day program last Tuesday. ABOVE RIGHT: Grade 3 and 4 students from Robert Smith School learn about cooking and healthy eating from two local chefs as part of the Chef for a Day program at their school last Tuesday.

ies. Scott provided them with a bike that would mix smoothies if someone while pedalling. It recorded the miles that the person biked, and many of the students got to try out the bike for themselves.

In the afternoon, the students had a lesson on healthy food choices, before they went back to the kitchen to make pasta with chef Matthew Neufeld.

Neufeld is the executive chef at Pin-eridge Hollow, a restaurant not far from Bird's Hill Provincial Park. He said that he was quite impressed with what the students already knew about healthy eating.

"I was actually quite impressed how much the kids knew about their food choices already," Neufeld said. "They're already ahead of most kids

out there, it's great to see that light bulb turn on and they get excited about healthy living.

"They are the next generation and they need to learn and grow."

Executive Chef Paul Frazao from the recently opened Red River Steak Company located in Lockport was also on hand to help students learn some healthy cooking skills.

Hurricane Jenny to bring 'sophisticated' sound to East Selkirk Dec. 2

By Justin Luschinski

After a five year hiatus, Hurricane Jenny is gearing up to play a show in East Selkirk.

The band will be playing at the Boot Tavern in East Selkirk on Saturday, Dec. 2. Although the band hasn't played together for a while, the individual members have been busy playing with other acts across Canada.

Brenton Thorvaldson, the band's lead singer, said that he feels their sound has matured since they last played together.

"We're all significantly better," Thorvaldson said. "Five years ago, I felt like I was improving, but looking back on it now, I feel like I didn't know anything ... Everyone's got different equipment, but also different tastes. I know myself, I still listen to radio

"MUSIC CAN BE A BENEFIT FOR YOUR ENTIRE LIFE, WHETHER OR NOT YOU HAVE PROFESSIONAL ASPIRATIONS."

country music, but I've veered off into the Americana stuff and bluegrass.

"I'd say our sound is just a little more

sophisticated."

Thorvaldson said that the band members reunited at a wedding a few months ago. They got on stage and played some songs, and they were inspired to reunite the band for a show in Selkirk. Three of the band members were also previously nominated for Manitoba Country Music Association awards.

Thorvaldson said that he's excited to play a show in Selkirk again, and that the city inspired him to take up music.

"If you live in Selkirk you either play hockey or you play guitar," he said.

"People almost laugh because you say 'I'm from Manitoba' and they go 'Oh, another Manitoban who can play.' There's such a wealth of talent here. Their names might not be headlining, but they're playing with the top acts in Canada. Music can be a benefit for your entire life, whether or not you have professional aspirations. With hockey, most guys are done when they're 17 or 18."

For more information or to purchase tickets to the show, email info@greyowlmusicco.com.

Royal Canadian Legion Branch 42
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 Office: 482-4319 Bar: 482-6015 www.selkirklegion.org

December Events Calendar

Dec 1 - Ravin Band 8pm	TEXAS HOLD 'EM POKER TOURNAMENTS Every Thursday @ 7pm
Dec 2 - Vera Lynn Tribute \$15, 7:30pm	BINGO Mon. 7:00 pm, Sat. 1pm
Dec 8 - Thin Ice Band 8pm	BIG MEAT DRAW DECEMBER 15th Draws every 1/2 hour starting at 4:30pm
Dec 10 - Closed at 4pm	MUG, SPUD, & STEAK fundraising dates available
Dec 15 - Big Meat Draw 4:30	Mondays Afternoon crib 1:00 pm
Dec 20 - Annual General Meeting 7:30	Tuesdays All day Member's Day with food & beverage specials
Dec 22 - Karaoke & Choir Night 8pm	Fridays Meat draw & Chase the Ace sales start at 4:30 pm
Dec 24, 25, 26 - Closed	OPEN SUNDAYS 12 Noon - 7:00 pm
Dec 29 - Top Line Band 8pm	
Dec 31 - Jamming in the New Year 8pm	

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Downloading responsibilities to municipalities concerns local mayors

By Justin Luschinski

The province is looking to place more responsibilities onto the shoulders of municipalities, but where exactly the funding will come from is a cause for concern for two local mayors.

During last Tuesday's throne speech, Manitoba's Progressive Conservative government revealed the direction the province would be taking for the next few years.

The speech made mention to how the province plans to "undertake a review of current provincial and municipal service responsibilities where there may be overlap and duplication, in order to streamline service delivery," for services such as snow clearing and road maintenance.

West St. Paul Mayor Bruce Henley says the rural municipality is not opposed to the idea, but is more concerned about funding for these services.

"That's concerning to municipalities, as those items they talked about all have costs," Henley said last week. "It's one thing to download, it's another thing to fund. Anytime there's talk of downloading, we're cautious,



RECORD PHOTO BY JUSTIN LUSCHINSKI

Last week's throne speech, which took place inside the Manitoba Legislature pictured above, hinted at the possibility the province may be downloading more responsibilities onto municipalities in an effort to streamline service delivery.

because we don't want to see any additional cost to our ratepayers ... We're not against this, but we're certainly not supporting this until such time

when we've been provided more information."

Henley also mentioned some concerns regarding the upcoming legal-

ization of marijuana in Manitoba. He said that he shares the concern of the province, and that there are a lot of "unknowns" when it comes to how the legalization of the drug will work.

Selkirk Mayor Larry Johannson said that he's all for the city taking on additional responsibilities, but the additional funding that would be required is a cause for concern.

"They're looking at provincial and municipal responsibilities. I feel, as a mayor, that the more issues that are in our hands to deal with, the better it is," Johannson said. "Because every municipality has their own way of doing business. The only concern I would have is to make sure the dollars don't decrease ... as the municipality can't afford 100 per cent of the costs usually."

According to Henley, several municipalities are having conversations with the province regarding the changes. Some of the other highlights from the throne speech included promises to completely overhaul the child-welfare system as well as a focus on changes for addictions and mental health care in the province.

Province bans commercial fishers from marketing catfish, sturgeon

By Patricia Barrett

Manitoba fishers who smoke and sell channel catfish are about to take a hit to the pocketbook after the province released its new fishery regulation banning the marketing of the species.

Fishers found out a mere 10 days before the new Fish Marketing Regulation for an open-market fishery comes into effect (Dec. 1) that they'll be forced to dump channel catfish and sturgeon caught in their nets.

Section 30 of the regulation states "A person must not engage in the marketing of sturgeon or channel catfish."

Rather than finding a way to help the industry minimize bushing – a

practice whereby unwanted fish are tossed back into the water – the province will be creating a "larger" bushing problem, said Lake Winnipeg fisher Kris Isfeld, spokesperson for 100-150 South Basin fishers.

"I now have to throw away catfish, an abundant species that I and other fishers smoke and sell," he said. "It's a bycatch but it does have potential market value, and some of us have been tapping into that potential market. This new regulation by the province has effectively forced us to throw that fish away."

Isfeld, who sits on the Lake Winnipeg Fishery Co-management Board representing Area 2, said he believes

the ban was implemented because of anglers' lobbying efforts.

"This has nothing to do with changing regulations for open marketing," he said. "As far as I can see, somebody's friend is a catfish outfitter on the Red River. They're too stupid to realize that [banning] commercial fishers from selling catfish will not correlate into fewer catfish caught by us."

Sustainable Development indicated that anglers' interests were considered when drafting the new regulation.

"Lake sturgeon is considered as a species at risk and has been protected from commercial harvest for many years. We also protect brook trout from commercial harvest because the value of this fish to commercial tourism is far greater than its value related to commercial net harvest," said a departmental spokesperson. "The same rationale would also apply to channel catfish. Catfish have limited potential as a commercial species in Manitoba, but support a highly valuable angling fishery in the Red River (\$10 to \$15 million annually) that is largely a catch-and-release fishery."

The department said an "increased commercial harvest associated with open marketing" would put catfish at risk.

"The department has made significant efforts to develop this fishery

through increasingly restrictive regulations on angling since the mid-1980s," said the spokesperson. "This conservation and sustainable management success story has resulted in the best channel catfish angling fishery in North America."

Sustainable Development does not monitor catfish populations, said the spokesperson, but a multi-agency catfish study is currently underway by the province, Minnesota and North Dakota, the Department of Fisheries and Oceans and the University of Nebraska.

"This study will provide high quality data regarding catfish age and growth, productivity and fish movement going forward," he said.

Isfeld contends that catfish stocks are not in any danger.

"There's absolutely no argument for catfish being at risk," he said. "They've been growing in numbers. In the last couple of years, commercial fishers have seen more catfish bycatch in our nets than ever before. It's a growing species, not a declining species."

Isfeld is encouraging fishers to attend a two-day Lake Winnipeg Fishery Co-management Board meeting Dec. 7-8 at the Canad Inns Club Regent Hotel at 1415 Regent Ave. A biologist from Sustainable Development is scheduled to speak about the new regulations at 9 a.m. on Dec. 8.

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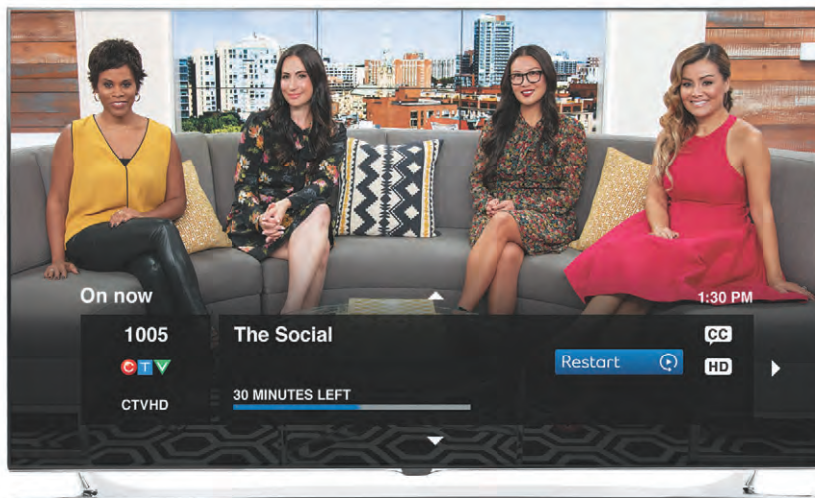
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Gearing up for Holiday Alley



RECORD PHOTOS BY JUSTIN LUSCHINSKI AND SUBMITTED

City staff, pictured left, were busy hanging lights on buildings in downtown Selkirk while volunteers, pictured right, sorted through Christmas decorations last week all in preparation for Holiday Alley, a two-day winter festival taking place this Friday and Saturday. For more information and to explore the alley, visit holidayalley.ca.



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Selkirk community learning centre receives \$124K in provincial funding

Staff

The Selkirk and District Community Learning Centre was among the 86 community-based training and employment agencies to receive a portion of \$25 million in provincial funding recently.

The learning centre received a total of \$124,077, the province announced in a release last week. The Selkirk and District Community Learning Centre provides pre-employment services and education and training programs to the Selkirk and district area. For more information, visit selkirklearningcentre.ca.

"We are investing in training and employment organizations throughout the province to help Manitobans prepare for better jobs and brighter futures," Education and Training Minister Ian Wishart stated in a release last week. "These partnerships help build new pathways to employment by connecting those who are looking for work with in-demand jobs in Manitoba."

Most of the community-based service providers are not-for-profit, including the Momentum Centre, which offers a community reintegration program for individuals released from an addictions treatment program at Headingley Correctional Centre to help prepare them for employment and reduce future contact with the law. The Momentum Centre is receiving \$900,000 from the province to support this work, and other projects.

"Our government is committed to improving the criminal justice system in a way that reduces crime and creates more success stories in the community," said Justice Minister

Heather Stefanson. "One of the ways we can do this is by investing in programs that help people find a job and a healthy path forward, like the one offered through the Momentum Centre."

Dawn Rodgers and Kimber Corthey, co-executive directors of the Momentum Centre, welcomed the announcement.

"We have been working with people who have complex barriers to employment but are hungry to learn and give back to the community," said Rodgers. "The Momentum Community Reintegration Project is a harm reduction and pre-employment program that assists previously incarcerated individuals who struggle with addictions and need support in achieving life stabilization, education, work readiness and employment, with the goal of reducing recidivism."

Clint Sinclair participated in the Momentum Community Reintegration Program and shared his experience.

"I don't think people realize how hard community reintegration is," said Sinclair. "What people don't realize about guys like us is that we have a huge amount of social anxiety in normal everyday settings. You feel out of place, like you don't belong."

Stefanson noted this investment supports the government's strategy to reduce crime in communities, which includes crime prevention, restorative justice and responsible reintegration of offenders. Manitoba Justice is focused on programs that work to reintegrate offenders back into the community after leaving custody, helping to ensure they break cycles of crime

and destructive behaviour in their lives, she added.

Hockey helps fight cancer



PHOTO COURTESY OF JONATHAN KOZUB/NHL

Blake Wheeler of the Winnipeg Jets, pictured right, shakes hands with three-year-old Brenna Schellenberg of Selkirk following the ceremonial puck drop on Hockey Fights Cancer night at Bell MTS Place on Monday night. In July 2016, Brenna was diagnosed with medulloblastoma and since January she has been going to CancerCare Manitoba as an outpatient every three weeks for treatments and monitoring. Thanks to fans donations, the Jets were able to donate \$150,000 to the CancerCare Manitoba Foundation through Hockey Fights Cancer on Monday night.

Big donation for Selkirk Food Bank



SUBMITTED PHOTO

Steeletown Ford and East Selkirk Middle School students teamed up to help donate 2,165 pounds of food to the Selkirk Food Bank on Nov. 21 as part of the We Scare Hunger initiative.

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Just Watch Me video contest submissions now being accepted

By Jeff Ward

The annual video competition of business profiles that aims to provide exposure to entrepreneurs with disabilities is now open for submissions and will be judged in January.

Just Watch Me was started to increase the visibility of entrepreneurs with disabilities and on going health conditions in the business community while encouraging people with disabilities to consider self-employment. Susan Bater is the manager of the entrepreneurs with disabilities program for Community Futures Manitoba and Saskatchewan and is in charge of overseeing the contest. She explained that the contest is also designed to tell the success stories of rural entrepreneurs and to create a space in which their efforts are celebrated. Right now the contest is open for business profile submissions, which is the first of two submissions applicants will fill out. The second, and basis for the contest, is a video submission that is no longer than three minutes in length and explains the business as well as showcasing who the owner is and opens Dec. 4. The grand prize win-

ner will receive a \$1,000 cash prize.

"We know that people with disabilities are generally under employed," said Bater.

"They are job ready and have the skills and education but sometimes the demand of a nine to five, 40 hours a week is just too much. Some people have to schedule their day around medical needs or appointments; others are hindered by health conditions. But having their own business means they can schedule their work life around those issues."

Bater explained that the contest has been a hit since it began in 2011 and even entrepreneurs that haven't won have benefited from the exposure of their business profile on the Just Watch Me website. She said that in many cases even the exposure of these businesses within their own community has been beneficial, as other members of the community might not have known they even existed.

Those interested in submitting a business profile and becoming a contestant can do so by visiting justwatchmecontest.ca.

Comp hosts Polyester, the Musical



RECORD PHOTO BY JUSTIN LUSCHINSKI
The Selkirk Comp hosted Polyester, the Musical last Saturday night.

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PET of the Month

Winner November 2017



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Selkirk to host Canada 150 Skating Day on Dec. 10



SUBMITTED PHOTO

Selkirk Community Renewal Corporation staff, pictured above, are gearing up to host a free Canada 150 Skating Day at the Selkirk Rec Complex on Sunday, Dec. 10 from 11 a.m. to 3 p.m.

Staff

What could be more Canadian than going to a skating party?

The Selkirk Rec Complex is gearing up to host a Canada 150 Skating Day on Sunday, Dec. 10 from 11 a.m. to 3 p.m.

The Selkirk Community Renewal Corporation (SCRC) received a \$1,000 grant from Canadian Heritage and is partnering with the City of Selkirk to host the Canada-wide event. It will be one of many taking place that day across Canada to celebrate Canada's 150th birthday.

"We're inviting families, groups of friends, everybody to come out and enjoy an afternoon of free skating at the Selkirk Rec Complex and get into the Christmas spirit while celebrating Canada's birthday," Shelly Leonard, program co-ordinator with the city's department of Culture, Recreation and Green Transportation, said in a release last week. "Santa will be there for photos, but he can't skate because he can't risk an injury this close to Christmas. He has to be healthy when he heads out on his sled."

The jolly guy in the red suit will be there for photos for \$5 each with proceeds going to Selkirk Rotary Club's Project Echo, which is raising money to bring an echocardiogram to the Selkirk Regional Health Centre.

Selkirk Mayor Larry Johannson said he's thrilled the city has partnered with SCRC to host a Canada 150 Skating Day.

"It's the perfect way to celebrate our great country's 150th birthday and it's an awesome way to get into the

holiday spirit," Johannson said in a release. "We want to see everyone come out that day, get some exercise, meet up with family and friends and get into the spirit of the season as well. We love to build community and this day will do that well."

Personalities from Virgin Radio, including Selkirk's own Mandy Shew will be there, with music for the skaters. Bomber mascots, Buzz and Boomer will be at the rink along with free Fair Trade hot chocolate.

SCRC executive director Ashley Monkman said they're encouraging everyone to wear red to the event. At 2:30 p.m. all the skaters will form a Maple Leaf for a photo at centre ice.

"We want everyone to wear red so we can show our Canadian pride with our Maple Leaf photo," Monkman said. "It's a great event that will bring people from Selkirk, St. Andrews and St. Clements together to celebrate Canada's 150th birthday. We'll be enjoying one of our country's favourite pastimes along with thousands of other Canadians at Skating Days being held from coast to coast."

Quinn Christiansen, community facilitator for the SCRC, said there are more than 40 communities hosting Skating Day in Manitoba alone. Organizers are reaching out to local hockey and ringette teams, figure skaters and anyone else who wants to take part in the day. There will be face painters and other activities and the canteen will be open all day long. All are encouraged to wear a helmet while skating.

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Little Free Libraries aim to make books more accessible

By Natasha Tersigni

To help make reading more accessible for community members, South Interlake Regional Library (SIRL) has introduced five new Little Free Libraries to local communities.

The Little Free Library is an international initiative where communities set up small book shelters in public spaces for people to take or leave books. With no library card required and no restrictions on the hours of operations, the Free Little Libraries help to make reading accessible to everyone. SIRL was able to grow the initiative locally with funding made available through the Interlake Community Foundation from federal Canada 150 grants.

On Nov. 13, a grand opening was held for SIRL's first Free Little Library, which was placed in Teulon a few months ago. The library is located in front of the Green Acres Art Centre (GAAC) and has already been well received by residents.

"The concept is that this is an outreach bookshelf for us. It in no way replaces the bricks and mortar library but it helps get books into people's hands. They may not have the time or the opportunity to come to the library, this way they can come at their

own convenience and grab a book. It is great for the kids because what we noticed at our Little Free Library in Rosser, all of our children and junior books are gone," said SIRL head librarian Darlene Dallman.

"These are hugely successful and in many urban places such as Winnipeg, Toronto, Ottawa or New York. They are charted and tracked through the Little Free Library organization so anyone who searches or visits these communities will know where they are. It is a great way to exchange books."

Along with the Teulon location, there are Free Little Libraries located in Rosser outside of the RM office, in Grosse Isle near the community mailboxes and one planned for Stonewall and Balmoral. The libraries were built by the Manitoba Institute of Technology Youth Build program and then decorated by SIRL staff.

All the libraries have guest books and patrons are asked to sign the book and write down what they would like to see more of in the library. Along with taking books, residents are also encouraged to leave books they no longer read. For more information on the Free Little Library, initiative go to littlefreelibrary.org.



RECORD PHOTO BY NATASHA TERSIGNI

A grand opening for Teulon's Free Little Library located at the Green Acres Art Centre (GAAC) was held on Nov. 13. Pictured left to right: SIRL head librarian Darlene Dallman, Selkirk-Interlake-Eastman MP James Bezan, Zuri Cook, GAAC vice-president Lori Benn and Teulon Coun. Danny Hutchinson.



Holiday Schedule



December 21st	Christmas Greetings
	Greeting Deadline – Mon., Dec. 11th, 4 pm Regular Paper Deadline – Mon., Dec. 18th, 4 pm
December 28th	Boxing Week
	Display Ads, Classified Ads or Announcements EARLY Deadline – Tues., Dec. 19th, NOON
January 4th	Year in Review
	Display Ads, Classified Ads or Announcements EARLY Deadline – Thurs., Dec. 21st, 4 pm Offices will be closed December 23rd through January 2nd. Offices will reopen Wednesday, January 3rd



SERVICE CLUBS - Serving our Communities			Selkirk Record
<p>ARMY, NAVY & AIR FORCE VETERANS IN CANADA</p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Clandeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July & August) at 6:30pm in downstairs clubroom. New members welcome.</p>	 <p>Rotary Club of Selkirk Lesli Malesug, Sec. 204-482-3113 www.clubrunner.ca/selkirk</p> <p>Motto: "Service Above Self" Meetings 2nd & 4th Mondays 6:00pm at Selkirk Golf & Country Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	 <p>ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p>THE SELKIRK & DISTRICT LIONS</p> <p>Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
 <p>LISGAR LODGE #2 SELKIRK</p> <p>Stephen Gwynn 204-482-6656 lisgarlodge@outlook.com</p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Tuesday of the month except Tuesday of the month except December (second Tuesday), no meetings January, February, July and August Meetings begin at 7:30.</p>	 <p>REMORA #26</p> <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	 <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives. 200 Eaton Ave, 482-7176 www.selkirkbiz.ca</p>	<p>WEST ST. PAUL LIONS CLUB</p> <p>Glen Rossong Membership & Sponsorship</p> <p>204-338-7291</p> <p>Meetings first Monday of every month.</p>



217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline **Mondays at 4 p.m.**

Office Hours: Monday-Friday 9:30-5:00



WINTER
IS HERE,
SO WE
come alive.



Dec 1-2
Manitoba Ave. E. | Selkirk

holidayalley.ca



SCAVENGER HUNT

PRIZES

\$100 value
Kids' Pack of Games & Toys

\$100 value
Canadian Tire Gift Card

\$50 value
Kids' Pack of Games & Toys

Look for clues on the street:

- 1 **Say cheese!**
How many "cheese fishies" are on the side of a Home Hardware Art on Ice shack?
 1 10 26 200
- 2 **So bright!**
Guess how many strings of lights are on buildings on Holiday Alley?
 10 250 500 2,895
- 3 **Oops!**
Where did the Grinch get his pants caught in the Bell/MTS Alleyway?
 Christmas tree Fire hydrant Roxi's Café
- 4 **We're not tired!**
On Holiday Alley, Canadian Tire helped us use tires to make...?
 Snowmen Chili Chairs at the Mighty Kiwi
- 5 **East meets west!**
What are the names of the streets at both ends of Holiday Alley?
 Main & Eveline Minor & Clementine
 Merchant & Hotel
- 6 **Chalk it up!**
A giant chalkboard is on the side of which building in downtown Selkirk?
 Eaton's Riverside Grill Twice Over
- 7 **Here's the key!**
Interlake Tourism's "Unlocked" museum has how many "trunks" in it?
 1 5 12 200
- 8 **Get creative!**
What could you make art out of, in the basement of the Selkirk Friendship Centre?
 Snowballs Last year's fruit cake Nature
- 9 **Fire it up!**
What were the blacksmiths at the BlackCat & Cloverdale HammerDown Competition trying to make?
 Noise Clocks Chili ladles
- 10 **Hot, hot, hot!**
How many competitors are there in the Manitoba Hydro Heat Up the Street Chili Cook Off?
 0 5 15 100

ENTER

Before 10PM
Sat. Dec. 2, 2017

DROP OFF LOCATIONS

The Gypsy Traders The Mighty Kiwi Juice Bar Roxi's Café
238 Manitoba Ave. 201 Manitoba Ave. 219 Manitoba Ave.

Name: _____

Age: 1-14 15-30 31-50 51-69 70+

City/Town: _____

Phone: _____

Email: _____

I am over 18 and consent to Holiday Alley using my information to contact me about future Homes for the Holidays and Holiday Alley events.



holidayalley.ca



#holidayalley



Canalta Hotel Special Holiday Alley Rate 204.482.7474

EXPLORE THE ALLEY

1 HammerDown	4 Music, Dance & Storytelling	7 Chili Cook Off	11 Silent Auction	14 Holiday Photo Booth
2 Art on Ice	5 Children's Activities	8 Food & Drink	12 Info, Lost & Found, First Aid & Security	Main Stage
3 Hot Beverages	6 Meal & A Movie	9 Giant Selfies	13 World's Smallest Museum	Alley Way Funk
	10 Artists, Crafters & Makers			

Enter
Washrooms
Parking
Free Shuttle Stop

SCHEDULE

SATURDAY, DECEMBER 2 | 10AM – 10PM

holidayalley.ca
#holidayalley

FRIDAY, DECEMBER 1

- 10 6:00PM – 9:00PM**
Fibre Art Divas & Cider
Gwen Fox Gallery
250 Manitoba Ave.
- 13 6:00PM – 9:00PM**
World's Smallest Museum
218D Manitoba Ave.
Thanks to Interlake Tourism Association
- 9 6:00PM – 7:30PM**
Giant Selfies with Santa
226B Manitoba Ave.
Thanks to the Selkirk Renewal Corp.
- 8 6:30PM – 8:30PM**
Beer & Scotch Tasting
On The Rocks
219 Manitoba Ave.
- 4 6:00PM – 10:00PM**
Métis Music
The Merchant Hotel
371 Eveline St.
Thanks to Métis N4 Construction
- 14 6:00PM – 8:30PM**
Holiday Photo Booth
by Parks Canada
377 Eveline St.

MAINSTAGE

6:00PM – 7:15PM
Dance Stage
Learn to swing and hiphop in your boots

LIGHT UP THE STREET

7:30PM
with Selkirk's Mayor Larry Johannson

7:45PM
Friendship Dance
with Elder Sophia Rabliauskas

10 MAKERS & CRAFTERS MARKET

10:00AM – 8:00PM
Gordon Howard Centre
384 Eveline St.

4 10:00AM – 12:00PM & 1:00PM – 3:00PM
Elder Stories & FireHeart Women's Drum Group
222 Manitoba Ave.

1 10:00AM – 4:00PM
Hammerdown Competition
Thanks to Cloverdale Forge & BlackCat Wear Parts

10 10:00AM – 4:00PM
The Giving Tree Art Making Station
Gwen Fox Gallery
250 Manitoba Ave.

14 10:00AM – 8:00PM
Holiday Photo Booth
by Parks Canada
377 Eveline St.

7 12:00PM – 4:00PM
Heat Up the Street Chili Cook Off
Buy tickets at Riverside Grill,
386 Eveline St.
Thanks to Manitoba Hydro

10 10:00AM – 6:00PM
Making Crafts with Nature
Selkirk Friendship Centre
218 Manitoba Ave.

10 10:00AM – 6:00PM
Fibre Art Divas Exhibition
Gwen Fox Gallery
250 Manitoba Ave.

13 10:00AM – 6:00PM
World's Smallest Museum
218D Manitoba Ave.

2 ART ON ICE LIVE AUCTION!

3:00PM
Bid on your favourite ice shack. Proceeds shared with Homes for All Fund.

6 MOVIE at 11:30AM
Meal & A Movie
Roxi's Uptown Café
Holiday-Movie-Themed Menu and The Grinch at the Garry Theatre.
\$1 movie!

9 6:00PM – 7:30PM
Giant Selfies with Santa
Thanks to the Selkirk Renewal Corp.

8 1:30PM – 3:30PM & 6:30PM – 8:30PM
Beer & Scotch Tasting
On The Rocks
219 Manitoba Ave.

LIVE ENTERTAINMENT

Gwen Fox Gallery
250 Manitoba Ave.

The Merchant Hotel
371 Eveline St.

Buskers' Corner
235 Manitoba Ave.

The Mighty Kiwi
Juice Bar & Eatery
201 Manitoba Ave.

On The Rocks/Roxi's
219 Manitoba Ave.

Main Stage
Manitoba Ave.
at Eveline St.

Pick up a list of performers and times at holidayalley.ca

FRIENDSHIP DANCE

12:00PM - Main Stage
with Elder Sophia Rabliauskas
An Indigenous celebration of friendship

WINNERS ANNOUNCED

5:30PM - Main Stage
Chili Cook Off
Hammerdown Competition

OUR INDIGENOUS ROOTS

Fri. 7:45PM & Sat. 12:00PM
Friendship Dance

Sat. 10:00AM – 12:00PM & 1:00PM – 3:00PM
Elder Stories & FireHeart Women's Drum Group
222 Manitoba Ave.

Friday Night & Saturday
Métis Music
at The Merchant Hotel

Thanks to Burden of Truth and the Manitoba Government

FREE SHUTTLE

Park at Canalta Hotel or Canadian Tire

Nova House gearing up to host first Christmas at new shelter

By Lindsey Enns

For the women and their children who have managed to escape an abusive relationship, the holidays can be an especially difficult time.

"There's something about family breakup around Christmas time that's not easy to deal with," Nova House Executive Director Anna Pazdzierski said while sitting inside her office last week. "If it's your first Christmas without your partner, it's always difficult."

Being away from family and friends and having less money around the holidays can also present its own challenges, Pazdzierski added.

"It's easy to make the decision to go back around Christmas just because it's such an important time but we're hoping that doesn't happen," she said, adding Nova House staff try to fill the shelter will as much Christmas cheer as possible. "We do a lot of talking about starting your own traditions ... that your family will enjoy."

"We're busy making sugar cookies upstairs right now ... so certainly lots of baking and try to keep it as light as possible."

Furniture pieces donated to the shelter at cost from Pineridge Hollow is also helping lift their spirits, Pazdzierski said.

"Often women who come here think that we're like a homeless shelter and they might just have a mattress on the floor so they're really impressed when they see the building the way it is," she said. "We've had women who



RECORD PHOTO BY LINDSEY ENNS

Nova House Executive Director Anna Pazdzierski checks out one of their decorated Christmas trees last week as the new Selkirk women's shelter gears up to host its first Christmas gathering.

start crying when they see their room because it's so wonderful.

"It makes them feel good, raises their self esteem, it makes them feel special."

Pineridge Hollow owner Jan Regehr said when they heard about Selkirk's new women's shelter, they wanted to do something to help.

"We all long for home so that's why I really pushed to have furniture that felt like home ... just so they would feel some sense of comfort," the owner of the restaurant and store located near Birds Hill Provincial Park said. "I think that having beauty around helps people to heal and so when I understood what was happening with

this women's shelter I really wanted to support it in every way that I could."

Regehr said they also donated all of the shelter's Christmas decor, which includes multiple fully decorated Christmas trees. She added although they have helped other organizations in the past, this is the first women's shelter they've been involved in.

"It's been a real privilege to work with them and create this space," she said. "I think it's amazing how the community came together to get that shelter going ... it has not been an easy road."

Those taking part in Homes for the Holidays House and Heritage Tours, which takes place on Thursday, Nov.

30 to Saturday, Dec. 2 in Selkirk and area, will also get a chance to tour the new women's shelter as part of the 10 site tour.

Homes for the Holidays helped build the new shelter, by contributing \$57,000 to the construction.

Pazdzierski said during the tour times their clients will not have their privacy invaded and there will be no tours of rooms that are currently occupied. All of their clients will also be hosted at other community venues during those times.

The shelter will host its first Christmas gathering for their more than 100 Nova House clients and their children on Dec. 14. Every woman and child in shelter will also receive a Christmas present on Christmas morning, Pazdzierski said.

She said they currently have seven women staying at the shelter.

"People in bad relationships try to keep things together until after Christmas," she said. "Things often pick up for us after the Christmas season."

As for donations, Pazdzierski said they are currently in need of pajamas of all sizes for both young boys and girls and women. Monetary donations are also a great way for community members to help out, she added.

For more information about Nova House, email info@novahouse.ca or visit novahouse.ca.

Their 24-hour crisis line can be reached by calling 1-877-977-0007 or locally by dialing 204-482-1200.

Selkirk's Gwen Fox Gallery to shine spotlight on local artists

By Justin Luschinski

The spotlight will shine on works by local and area artists in December at the Gwen Fox Gallery.

Greg McKenzie, a photographer born in Selkirk, is one of the artists featured in the gallery show starting on Tuesday, Dec. 5. He said that his work is inspired by the prairies.

"Most of my pictures are inspired by the area," McKenzie said. "I mean, it's nice to see bengal tigers in India, but I like doing the local work. I like showing off the beauty of our province, and our area."

"There's lots of good stuff, it'll be a great show."

McKenzie said that he's a self taught photographer, who was had an interest in photography since he was 14-years-old, some of his pictures have also appeared in the *Record*.

McKenzie's work will be featured alongside two other artists, Johanna Vrienten and Linda McKenzie.



RECORD PHOTO BY BRETT MITCHELL

Pictured from left to right: Johanna Vrienten, Linda McKenzie and Greg McKenzie hold up one of their pieces that will be featured during the December art show at Selkirk's Gwen Fox Gallery.

Vrienten, a self taught freestyle oil painter, said that she hopes peo-

ple will attend their show and help spread the word, as not many people

know about the gallery.

"People think that there aren't any artists out here in the region, and a lot of them don't know about the gallery," she said. "That's a shame, because there are so many great artists that come through here, and the shows are almost always free."

"You don't have to go to Winnipeg to experience a work of art."

The third artist, Linda McKenzie, is an award winning artist in her own right. She entered her map of Canada quilt into a contest at the Interlake Juried Art Show and won first place. Greg has also won a few awards himself, and his work has been featured in galleries across the Interlake region.

The December art show will run until the end of the month.

An official reception will take place on Sunday, Dec. 10, from 1 p.m. till 3 p.m., at the Gwen Fox Gallery located at 250 Manitoba Ave.

Interlake bull rider crowned provincial champ



RECORD PHOTOS BY RICK HIEBERT

Stonewall bull rider Tyson Salmon was crowned the 2017 Manitoba Bull Riding Champion last month.

By Brian Bowman

It takes one tough hombre to be a bull rider.

And Tyson Salmon was the toughest of them as he was crowned the 2017 Manitoba Bull Riding Champion in Brandon at the end of October.

"I had a pretty busy day the first day," Salmon said. "I also team rope and I was team roping that day. I went right from team roping to bull riding, back-to-back, and I ended up winning the bull riding the first night."

Salmon finished with the highest score (85) in bull riding. That was a point better than the second-place finisher.

"It's a pretty small difference," Salmon explained. "It's out of 100 points. It's 50 points to the bull and 50 points to the rider."

Salmon was very pleased with his performance.

"When I look back, it was a pretty good weekend," he said. "Not only did I win in the finals of bull riding but I also got rookie of the year. I had the highest amount of points (450) from the year for all of the rookies."

Scores are based on how difficult the bull was and how much the rider was in control.

"If it looks like you are really in control of the ride, then you get a higher score," Salmon noted. "But if you are flailing around or hanging off to the side, and you're not in control, then you're docked points."

Salmon had the "bull of the year" for the MRCA, which was picked by all of the riders, when he won in Brandon.

The 19 year old was in the first year that he bought his senior card. He competed throughout Manitoba, Saskatchewan and Alberta this past summer.

He was part of both the Manitoba Rodeo Cowboys Association and the Canadian Cowboys Association (which is referred to as a type of semi-pro circuit).

Salmon, a Stonewall Collegiate graduate, also did bull riding in high school.

"I did pretty well in high school rodeo," he recalled. "I was second in my Grade 12 year in bull riding and the year before that, I was third."

So, what makes a good bull rider? It's actually not that easy, said Salmon, who broke a toe earlier this summer.

"It's not as easy as it looks," he stressed. "When you get on (the bull), you're only thinking about the moment that you're in. You're not thinking about anything else. You, basically,

have to wipe your mind.

"The minute you start thinking, or give up, it's the moment that you're going to get hurt. And, in bull riding, it's not if you're going to get hurt, but when and how bad because you're doing the most dangerous sport on earth."



Attention Kids... Write us a Christmas Story!

Write a story that takes place on Christmas Eve.
Use as many words from this list as possible.

- homeless person
- bakery
- snow
- family
- street corner
- Christmas carols
- lost wallet
- dog
- shoe
- brother
- sister
- memories

(Maximum
300 words
or less)



GRAND PRIZE:

A Boston Pizza Kids Pizza Party for the winner and 4 friends!



RUNNER UP PRIZES:

Selkirk Steelers tickets for the winners and 4 friends!



Email your story to: ads@selkirkrecord.ca

Mail or drop off to: 215 Clandeboye Ave, Selkirk MB R1A 0X2

DEADLINE: Friday, December 1st

All winning stories will be published in the December 21st Selkirk Record

Letters to Santa

Mail or email your letter to us by **FRIDAY, DECEMBER 1ST**

and we will publish it in our special Christmas Edition on December 21st!

MAXIMUM 30 WORDS OR LESS

Please remember to include your first name and age on your letter!

Email to: ads@selkirkrecord.ca

Mail or drop off to: 215 Clandeboye Ave,
Selkirk MB R1A 0X2



get inspired

> MEAL IDEAS

THE Marketplace

AT SELKIRK

Garlic Herb Potato Hash

- 3 tablespoons unsalted butter
- 8 small red potatoes, skin-on and diced (about 3 cups)
- 1 red bell pepper, diced
- 3 teaspoons minced garlic
- 1 teaspoon fresh thyme, finely chopped, plus additional for topping
- 1 teaspoon fresh oregano, finely

- chopped, plus additional for topping
- 2 tablespoons all-purpose flour
- 2/3 cup milk
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 2 slices low-sodium turkey bacon, cooked near crispy
- 1/4 cup finely grated reduced-fat sharp cheddar cheese

In large skillet over medium heat, melt butter then add potatoes, bell

peppers, garlic, thyme and oregano, stirring occasionally until potatoes are fork-tender.

Sprinkle flour over potato mixture and stir to coat. Gradually stir in milk until sauce forms. Season with salt and pepper and stir in slices of turkey bacon. Sprinkle with cheddar cheese and cover, allowing to melt 1-2 minutes. Uncover and top with additional herbs, if desired, before serving.

Pair each serving with 8-ounce glass of milk.



Pull-Apart Rosemary Sausage Rolls



- Prep time: 10 minutes
 - Cook time: 15 minutes
 - Servings: 20 biscuits
 - 1 pound Smithfield Hometown Original Fresh Sausage Roll
 - 2 teaspoons finely chopped rosemary leaves, plus sprigs for garnish (optional)
 - 1/2 teaspoon freshly ground black pepper
 - 1 egg
 - 1 teaspoon water
 - 2 cans (12 ounces each) refrigerated small biscuits (20 biscuits total)
- Heat oven to 400 F. In bowl, unpackage sausage and lightly mix with rosemary and pepper. Divide

into 20 pieces, rolling into little balls; refrigerate until needed.

In small bowl, whisk egg and water until frothy. Remove biscuits from packaging and carefully dimple centers with thumbs. Insert sausage balls in centers and place biscuits close together on lightly sprayed or greased cookie sheet. Brush exposed biscuit dough with egg wash and top with rosemary sprigs, if desired. Bake 12-15 minutes, or until biscuits are golden and sausage is cooked through. Serve warm.

Substitution: Smithfield Hot Fresh Sausage Roll or Sausage Patties can be

substituted for Original Fresh Sausage Roll.

Bacon Lattice Breakfast Tart with Spinach and Mushrooms



Prep time: 20 minutes
Cook time: 45 minutes

- Servings: 4
 - 6 slices Smithfield thick-cut bacon, any flavor
 - 1 cup sliced cremini or button mushrooms
 - 3 cups lightly packed baby spinach
 - 1 refrigerated prepared pie crust
 - 6 large eggs
 - 1 cup half and half
 - 1/4 cup grated Parmesan cheese
 - 1/2 teaspoon salt
 - 1/4 teaspoon freshly ground black pepper
- Heat oven to 350 F.
- In skillet, cook bacon over medium heat 5-6 minutes, or until slightly rendered and beginning to curl. Remove bacon from pan and drain on paper towels until cool enough to handle. Drain all but 1 tablespoon fat from pan and cook mushrooms over high heat 4-5 minutes, or until softened and any moisture in pan has evaporated, stirring occasionally. Add spinach leaves and cook 1 minute, or until just wilted.

Line 9-inch pie plate with pie crust, working crust up sides with fingers; refrigerate until needed. In bowl, lightly whisk eggs and stir in half and half, Parmesan, salt and pepper; reserve. Add mushrooms and spinach to egg mixture and stir to combine. Pour into pie crust and bake 20-25 minutes, or until eggs are begin to set. Increase oven temperature to 400 F. Arrange bacon loosely in woven lattice form on top of pie and return to oven. Bake 18-20 minutes, or until bacon begins to crisp and crust is golden brown.

Let cool on wire rack 10-15 minutes before serving.

Substitutions: Whole milk can be substituted for half and half. Baby kale can be substituted for baby spinach.



BINGO
SUNDAY NIGHT BINGO
Pots are as follows:

- 4 \$1193 + MINI LOONIE
- \$25,071 + POKER FLUSH 4
- 19/53 \$3513 + LOONIE POT
- \$3393 + BONANZA In 52 Numbers 19/53

SELKIRK STEELERS
Bingo!
Thursday nights
at the Selkirk Friendship Centre

- Early Birds at 7:00 pm
- Regular Bingo at 7:30
- Poker Flush \$7,821+
- Full House in 51#s or less \$1,200
- Lucky Star \$3,889+
- Lucky 7 in 24#s or less \$2,350+
- Loonie Pot \$500+

Which would you rather be doing?

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357 Main St. Selkirk

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Royals crowned provincial champions

By Brian Bowman

The Selkirk Royals were crowned MHSAA "AAAA" junior varsity girls' volleyball champions on Monday evening.

And, boy, did they ever deserve that provincial title.

Selkirk was absolutely spectacular in sweeping Brandon's Vincent Massey Vikings 3-0 (26-24, 25-8, 25-23) in an exciting final at the University of Manitoba's Investors Group Athletic Centre.

"We were extremely proud of the girls," said Royals' head coach Victoria Sherwood Tuesday afternoon. "They played excellent, especially our defence. It was the best that we've seen them play all year."

The Royals were at their very best late in the third set. Selkirk trailed 21-13 in that third set before mounting a major comeback to seal the sweep.

"I used both of my timeouts and just told the girls to keep fighting and get one point at a time," Sherwood recalled. "After going up two sets, I think the girls kind of took a step back and weren't playing as hard as they had before."

Selkirk also had a comeback in the first set, trailing 24-23 before scoring the set's final three points. Holly Feschuk did a fantastic job serving with a very important opening set on the line.

"She served very well and she's our setter, so she did a great job leading the group all night," Sherwood said.

Selkirk really came out strong in the second set, building a quick 18-4 lead. The Royals did a great job neutralizing the Vikings' top players while also gaining valuable points with their serve.

"We knew going into the game that they had strong left-side hitters so our game plan was to shut down their left side," Sherwood said. "And that's exactly what they did. We didn't allow them to score. We either blocked them but, if it got past our blocks, then we dug them and didn't let them get any momentum."

No. 3 Selkirk reached the final after outlasting No. 2 Transcona 3-2 (25-19, 23-25, 25-20, 11-25, 15-8) in an exciting semifinal match.

The Royals exacted some sweet re-



RECORD PHOTO BY JOHN WOODS/WINNIPEG FREE PRESS

Holly Feschuk (15) and her Selkirk Royals' teammates celebrate their MHSAA "AAAA" junior varsity girls' volleyball championship Monday evening at the University of Manitoba.

venge on the Titans, who recently defeated Selkirk in the KPAC final.

"I think everyone was expecting them to beat us again but that was the fire that our girls needed because there was a little bit of revenge there," Sherwood said.

In a quarter-final game, Selkirk swept Sturgeon Heights 3-0 by scores of 25-20, 25-15, 15-8.

On an individual note, Feschuk was deservedly named the most valuable player for the provincials.

"She was great all around," Sherwood stressed. "Her serving, her setting, and she scored a few points herself by attacking or dumping the ball. She was just great and a leader on the court as always."

Selkirk left-side Makenna Wryha and libero Emma Benson were named tournament all stars. Wryha



RECORD PHOTO SUBMITTED

The Royals pose for a team photo after winning the provincial title Monday.

Continued on page 23

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk to battle St. Paul's in provincial semifinal

By Brian Bowman

For those who like to watch outstanding high school volleyball, it's highly recommended that they make the trip to the University of Manitoba this Thursday.

The No. 1 Selkirk Royals will be taking on the No. 4 St. Paul's Crusaders in a MHSAA "AAAA" varsity boys semifinal battle between two elite programs (game time is 8 p.m.).

This match should be a doozy.

"It's going to be good," said Royals' head coach Jeff Scarcello. "They're a good team and they've had a good season. We've seen them progress through the season and they're get-

ting better and better every time we see them."

St. Paul's is a very good passing team, they serve well, and they don't make a lot of errors.

"You have to beat them," Scarcello stressed. "You have to pass really well and put the ball down on the floor. You're going to have to dig them up – they're not going to give you a lot of free points. Whatever team comes out and decides to perform to their best, is the team that's going to win."

Selkirk advanced to the provincial semifinals after defeating the Niverville Panthers 3-1 (25-23, 19-25, 25-17, 25-17) in a quarter-final game Satur-

day in Winnipeg.

Scarcello knew Niverville was going to come out with the mindset of knocking off the defending provincial champs.

"I thought that they were going to come out and play unbelievable and they did," said the Royals' coach. "They played to their absolute potential. They dug balls that you rarely see teams dig and they would do it consistently."

"They hustled and worked hard – they just played a really smart game."

Selkirk appeared to struggle with the noise in the Garden City Collegiate gym in the first two sets. In fact,

Selkirk uncharacteristically made 17 errors in the first set alone.

But the Royals got much better as the match went into the third and fourth sets.

"They just got back to the way we play, doing what we normally do," Scarcello said. "What we normally do has been very successful this year...so we had to get back to doing that and not anything different."

In the other MHSAA "AAAA" varsity boys' semifinal match Thursday, River East will play Dakota. The winner of the two provincial semifinal games will meet up in the provincial final Monday at 8 p.m. at the U of M.

Royals slay Vikings in varsity girls' semifinal

By Brian Bowman

It sure wasn't easy, but the Selkirk Royals have moved on to the MHSAA "AAAA" varsity girls' provincial volleyball semifinal.

Selkirk defeated Brandon's Vincent Massey 3-2 (25-20, 19-25, 25-22, 22-25, 15-11) in a wildly exciting match at River East Collegiate on Saturday afternoon.

The seventh-seeded Vikings had upset on their mind against the second-seeded Royals.

"Vincent Massey came out and played awesome with an underdog-type mentality," said Royals' co-coach Kyla Michalski. "They put us in some trouble. We played very tight and nervous with a lot to lose when they were playing very loose and excellent volleyball."

A key in the match came in the fifth set when the Royals' Kely Warmington made a huge save to put Selkirk up 13-11.

"That was a TSN-type turning point," Michalski noted.

Middle Isabella Gieryas, setter Annika Loeppky, and libero Janet Clegg also had strong games for the Royals.

With the tight quarter-final win, Selkirk advanced to play the Portage Collegiate Saints in a semifinal clash Wednesday at 6 p.m.

The Royals may be able to benefit from winning such a close match to begin the provincials.

"After we were able to pull that (victory) off, I think the girls felt good that we were able to get through it," Michalski said. "They put a lot of nerves and pressure on themselves and I don't think that will be as apparent in the semifinal."

That semifinal match is expected to be a tough battle against a very good Saints' team.

"The biggest thing for us is the mental game," Michalski said. "We don't want to beat ourselves and our serving (will be important). We need to put them in trouble off serve-serve, for sure."

The other MHSAA "AAAA" varsity girls' semifinal Wednesday was played between No. 1 Jeanne Sauve and No. 5 MBCI.

The two semifinal winners will then meet in the provincial final Monday (6 p.m.) at the U of M.



RECORD PHOTO SUBMITTED

From left to right, Selkirk Royals' varsity volleyball players Jessica Kowalski, Tim Juvonen, Annika Loeppky and Nigel Nielsen attended Tuesday's Boston Pizza "AAAA" press conference. Both Selkirk varsity teams have reached the MHSAA "AAAA" varsity semifinals that will take place this Wednesday and Thursday.

Fishermen fly past Falcons

By Brian Bowman

The Selkirk Fishermen had an easy week with just one game played on Friday.

But Selkirk made the most of that limited action with a solid 5-2 home victory over the Lundar Falcons in Keystone Junior Hockey League action.

The Fishermen came out flying in this one, scoring three goals just 5:13 into the contest. That offensive explosion chased Lundar starter Christopher Lesage from the nets as Braydon Weatherburn took over.

Ben Kelly, Juliano Garcea, and Drayton Mendrun scored those early goals before Lundar's Craig Cane tallied

midway in the second period.

Dawson Courchene replied for the Fishermen late in the middle frame and then Selkirk's Damien Catchway, on the power play, and Lundar's Lance Laycock traded third-period goals.

Lundar was 0-for-6 with the man advantage while Selkirk was 1-for-3.

Austin DeBoer made 28 saves for the win. The East Selkirk product is now 6-1-1 with a 2.53 goals-against average and .909 save percentage.

Selkirk, now 11-1-0-3, will be back in action this Saturday when it plays the Warriors in St. Malo. Game time is 7:30 p.m.



RECORD PHOTO BY BRETT MITCHELL

The Fishermen's Talon Kelly protects the puck from Falcon forward Zack Bone. Selkirk defeated Lundar 5-2 last Friday.

Selkirk clipped by Kelvin

By Brian Bowman

The Selkirk Royals lost 4-3 in a shootout to the Kelvin Clippers Monday in Winnipeg.

Jazmyn Rae-Desjarlais scored a pair of goals for Selkirk while Camryn Horbaty also tallied.

Martina Barclay, on the power play, Brynn Psooy, and Gahbrielle Chow replied for Kelvin.

Last Thursday, the Royals nipped the Vincent Massey Trojans 2-1 in overtime in St. Andrews.

Rayley Goetz scored the game winner in OT, assisted by Cienna Palmer. Goetz was later named the Winnipeg Women's High School Hockey League CTV Division's player of the week.

Rae-Desjarlais scored to give Sel-

kirk a 1-0 first-period lead (Reise Chwartacki and Cassidy Ilchena drew the assists).

But the Trojans came back with a second-period goal from Robin Maslyk.

Jodi Clifton made 23 saves for the win.

Selkirk, which now has 17 points to sit in third place in the division standings, will host Dakota next Tuesday.

The Royals will then play St. Mary's two days later in St. Andrews. Puck drop is 4:15 p.m.

In boys' action, Selkirk played River East this past Tuesday but no score was available at press time. The Royals will then battle the Kelvin Clippers next Wednesday at River Heights Arena. Game time is 4:15 p.m.

> ROYALS CROWNED, FROM PG. 21

had some great digs from the back row and kept a lot of balls in play in the front row."

Benson, meanwhile, was phenomenal on the defensive end, digging up a ton of balls on the night.

"She dug everything that came over

that net," Sherwood noted. "She dug up some balls that even we weren't expecting her to get to.

"She didn't letting anything get to the floor, she was fast and really reading the plays."

Manitoba Hockey Standings

MANITOBA JUNIOR HOCKEY LEAGUE							GP	W	L	OTL	PTS	GF	GA
Winkler Flyers	28	20	8	0	40	109	68						
Steinbach Pistons	26	19	6	1	39	133	68						
OCN Blizzard	26	18	6	2	38	98	77						
Portage Terriers	26	17	7	1	36	106	63						
Virden Oil Capitals	24	15	9	0	30	105	71						
Neepawa Natives	28	14	12	2	30	106	100						
Selkirk Steelers	25	13	9	2	29	92	87						
Winnipeg Blues	27	12	12	3	27	90	99						
Swan Valley Stampeders	23	9	11	3	21	62	78						
Dauphin Kings	27	5	20	1	12	57	125						
Waywayseecappo Wolverines	28	2	24	1	6	52	174						
KEYSTONE HOCKEY LEAGUE													
Central Division							GP	W	L	OTL	PTS	GF	GA
Peguis Juniors	13	12	1	0	24	94	26						
Arborg Ice Dawgs	14	10	3	1	21	65	43						
Fisher River Hawks	16	1	15	0	2	32	137						
North Division							GP	W	L	OTL	PTS	GF	GA
OCN Storm	13	8	4	1	17	92	50						
Cross Lake Islanders	13	6	7	0	12	86	58						
Norway House North Stars	13	1	11	1	3	40	148						
South Division							GP	W	L	OTL	PTS	GF	GA
Selkirk Fishermen	15	11	1	3	25	81	41						
St. Malo Warriors	14	7	4	3	17	58	43						
Lundar Falcons	14	7	4	3	17	60	55						
North Winnipeg Satellites	15	7	8	0	14	62	69						
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE							GP	W	L	OTL	PTS	GF	GA
Raiders Jr. Hockey Club	20	16	1	3	35	80	39						
Charleswood Hawks	19	12	4	3	27	46	34						
Stonewall Jets	19	13	6	0	26	64	47						
Transcona Railer Express	20	12	6	2	26	72	57						
St. Vital Victorias	20	11	9	0	22	69	75						
St. James Canucks	20	10	9	1	21	62	56						
Pembina Valley Twisters	19	9	10	0	18	76	75						
Ft. Garry/Ft. Rouge Twins	20	9	11	0	18	59	57						
St. Boniface Riels	21	6	12	3	15	61	76						
River East Royal Knights	20	1	18	1	3	29	102						
AAA MIDGET HOCKEY LEAGUE							GP	W	L	OTL	PTS	GF	GA
Wild	20	18	2	0	36	119	39						
Brandon	20	18	2	0	36	112	47						
Eastman	21	16	4	1	33	96	62						
Bruins	19	14	4	1	29	79	60						
Thrashers	24	13	10	1	27	86	93						
Pembina Valley	20	10	8	1	22	63	69						
Yellowhead	20	10	10	0	20	65	64						
Southwest	20	9	10	1	19	65	68						
Parkland	20	8	10	0	18	64	77						
Central Plains							GP	W	L	OTL	PTS	GF	GA
Kenora	21	6	13	0	14	60	77						
Interlake	19	5	14	0	10	49	94						
Norman	22	0	21	0	1	56	148						
AAA CITY MIDGET HOCKEY LEAGUE							GP	W	L	OTL	PTS	GF	GA
Monarchs	13	13	0	0	26	95	21						
Selects	12	8	4	0	16	66	43						
Hawks	12	7	5	0	14	63	48						
Sharks	10	5	4	1	11	32	35						
Warriors	14	5	9	0	10	43	67						
Lightning	15	0	15	0	0	21	106						
AAA BANTAM HOCKEY LEAGUE							GP	W	L	OTL	PTS	GF	GA
Monarchs	15	13	1	1	27	96	34						
Hawks	16	13	3	0	26	124	41						
Sharks	14	11	2	0	23	73	33						
Selects	13	10	3	0	20	83	28						
Lightning	18	6	12	0	12	53	101						
Warriors	13	0	12	0	1	24	83						
MANITOBA HIGH SCHOOL HOCKEY													
Platinum Promotions Division							GP	W	L	OTL	PTS	GF	GA
St. Paul's 1	10	9	0	1	28	52	16						
Lord Selkirk	11	7	1	1	25	52	24						
Sturgeon Heights	12	7	4	0	23	51	39						
College Gabrielle-Roy	11	7	4	0	21	45	42						
Transcona	12	7	5	0	21	44	34						
Garden City	8	4	2	0	16	30	23						
Springfield	10	5	5	0	15	38	35						
Dakota	11	4	4	2	15	42	40						
River East	6	4	2	0	12	19	14						
Oak Park	11	4	7	0	12	30	40						
Vincent Massey	8	2	4	0	10	28	23						
SJR	11	3	8	0	9	25	54						
Miles Macdonell	11	2	8	0	7	24	46						
Kelvin	12	0	11	0	2	16	66						
WINNIPEG WOMEN'S HIGH SCHOOL HOCKEY													
CTV Division							GP	W	L	OTL	PTS	GF	GA
CJS Olympiens	10	8	0	1	19	32	12						
Dakota Lancers	10	8	1	0	18	37	19						
Selkirk Royals	12	6	2	2	17	40	30						
St. Mary's Flames	7	7	0	0	14	29	12						
PCI Saints	11	5	4	0	14	27	25						
Oak Park Raiders	10	4	4	0	11	24	21						
VMC Trojans	11	5	5	1	11	42	31						
Kelvin Clippers	11	2	7	1	7	24	41						
Miles Mac Buckeyes	10	2	6	1	6	24	38						
CSHC Huskies	9	1	6	0	5	18	27						
River East Kodiaks	9	1	7	0	4	15	28						
FRC Centurions	10	0	7	1	4	10	38						

*STATS AS OF TUESDAY, NOVEMBER 28

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- VS Winkler Flyers Fri., Dec. 1st 7:30 pm
- VS Waywayseecappo Wolverines Sun., Dec. 3rd 7:30 pm
- VS Neepawa Natives Tues., Dec. 5th 7:30 pm
- VS OCN Blizzard Fri., Dec. 8th 7:30 pm

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RECORD PHOTOS SUBMITTED
East Selkirk junior high girls



Lockport School Grade 9 boys



East Selkirk Middle School Grade 8 boys



East Selkirk Middle School Grade 8 girls



ROYALS

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Bantam: 13U-Born Sept 1 2004- Dec 31-2005
14U-Born Sept 1 2003-Dec 31-2004

Midget: 15U-Born Sept 1 2002-Dec 31 2003

Teams will be selected by Thursday Dec 14 for future 2018 teams.
Practices begin for **Bantams** Feb and **Midget** Jan 22

TRYOUT TIMES AND LOCATIONS

13U Boys			14U Boys		
Sun. Dec. 10	LSRCSS	11am-1pm	Sun. Dec. 10	LSRCSS	11am-1pm
Tues. Dec. 12	Lockport	7pm - 8:30pm	Tues. Dec. 12	Lockport	8:30pm - 10pm
Thurs. Dec. 14	Lockport	7pm - 8:30pm	Thurs. Dec. 14	Lockport	8:30pm - 10pm

MIDGET 15U Boys

Mon. Dec. 11	Lockport	7pm - 9:00pm
Weds. Dec. 13	Lockport	7pm - 9:00pm

For More Information Contact:
 Jim Schreyer: 204-800-3502; jhschreyer@gmail.com
 Jeff Scarcello: 204-482-6926; jscarcello@lssd.ca

Staff

There was plenty of exciting volleyball action at the Lord Selkirk School Division junior high finals at the Comp last Thursday.

In Grade 8 boys' action, East Selkirk Middle School defeated Lockport 2-1 by scores of

25-22, 10-25, and 15-13.

The most valuable players for the game were Dylan Duguay (Lockport) and Tanner Skrypnik (ESMS).

The Grade 8 girls' final saw ESMS defeat Lockport 2-0 (25-21 and 25-18). MVP's were Taiya Palmer (Lockport) and Lexi

Vermeulen (ESMS).

Lockport defeated the East Selkirk/Ecole Selkirk Sun-Hawks 2-1 (25-15; 23-25; 15-11) in the Grade 9 boys' final.

Lockport's Brett Zeller and ESMS' Spencer Grahame were named the game's most valuable player.

The Grade 9 girls' final saw Ecole Selkirk Junior High beat Lockport 2-1 (25-23, 22-25, 15-7)

Lockport's Karissa Sarna and ESJH's Hope Human were selected as game MVP's.

Away Games

Sat., Dec. 2 vs St. Malo
Fri., Dec. 8 vs Arborg

Next Home Game - 7:30pm
Sat. Dec 9 vs North Winnipeg
at the Selkirk Rec Centre




Meet the Fishermen

#9 Josh Poponick, Defence

Steelers split pair of MJHL weekend games

By Brian Bowman

The Selkirk Steelers split a pair of Manitoba Junior Hockey League games last weekend.

The Steelers were very good in a 3-0 road victory over the Winnipeg Blues on Friday and then were doubled 4-2 at home by the Neepawa Natives on Saturday.

In Saturday's loss, Selkirk took a 2-0 lead but Neepawa roared back with four unanswered goals.

"I thought we played a decent game until the third period," said Steelers' head coach Dustin Hughes. "And then in the third period, for whatever reason, we kind of let them back into it."

Nico Labossiere scored in the first period and then Nate Halvorsen made it 2-0 early in the second.

Arborg's Griffin Chwaliboga cut the lead in half midway in the second and then Justin Metcalf scored a pair to start the third.

Ashton Anderson then added an empty-net goal with seven seconds remaining in the game.

Evan Robert made 33 saves to beat his old club. Hayden Dola faced 36 shots in the losing cause.

Against the Blues, the first two periods were scoreless before Selkirk benefitted from third-period goals by



RECORD PHOTO BY PARKER RICHMOND

Steelers' goaltender Hayden Dola was rock solid in goal for Selkirk making 36 saves in the 3-0 win against the Winnipeg Blues last Friday.

Ryan Gardiner, Connor Barley and Garrett Armour.

"Our guys played a solid game," Hughes said. "It was a pretty tight-

checking game, for the most part."

Dola was very good in goal for Selkirk, making 36 saves.

The Steelers played the Terriers in Portage la Prairie Wednesday but no score was available at press time.

Selkirk will begin December will four straight home games at the Rec Complex. The Steelers are looking forward to playing at home.

The Steelers will host Winkler on Friday, Waywayseecappo Saturday, Neepawa on Tuesday and OCN Dec. 8.

All four games start at 7:30 p.m.

In trade news, the Steelers recently acquired the CJHL list rights of goalie Zachary Bennett (2000) from the Portage Terriers in exchange for future considerations.

Bennett had a 2.75 goals-against average and .915 save percentage with Portage this season.

To make room for Bennett, Selkirk traded goaltender Landon Poiron (1999) to the Neepawa Natives in exchange for defenceman Skyler Thorsteinson (1998) and future considerations.

Earlier this month, Selkirk traded forward Evan Nicholas (1999) to the Yorkton Terriers in exchange for forward Colby Haugen (1998) and future considerations.

Mercs beat Beavers, knocked off by Notre Dame

By Brian Bowman

The Warren Mercs had two totally different results last weekend in South Eastern Manitoba Hockey League play.

Warren defeated the Carman Beavers 5-4 on Friday evening but then was knocked off 7-1 by the Notre Dame Hawks just a day later.

In the home victory over Carman, Warren trailed 4-3 in the third period but pulled out the comeback win with goals from Trent Genyk and Brock Genyk.

Brock's game winner came at 7:55 of the third.

Former Selkirk Steelers' defenceman Darren Bestland scored a power-play goal to give the Beavers a 1-0 first-period lead.

The Mercs came back nicely with goals from Trent Genyk, Scott Corbett and Bryn Lindsay (shorthanded) by the 10:54 mark of the middle frame.

But Carman came back with three goals of its own before the second period ended.

Geoff Maloney, Aaron Lewadniuk and Bestland scored for the Beavers. The latter two goals came just 45 seconds apart in the final five minutes of the period.

Trent Genyk finished the game with three points while Warren's Chad Duprez and Matt Jacobucci each had two assists. Brock Genyk also had two points in the contest.

Travis Bosch earned the win in goal.

The next night was a much different story for the Mercs in the lopsided loss to the Hawks.

Notre Dame took a 3-0 first-period lead on goals by Matt Gingera (shorthanded), Brody Chabbert and Jason Yuel.

The Hawks increased that advantage to seven goals as Kyle Rouse, Yuel, Chabbert and Gingera tallied in the second period.

Jacobucci scored Warren's lone goal at 15:40 of the third while the Mercs were shorthanded. Brayden McDonald and Mike Gemmill assisted on the goal.

With the split last weekend, Warren is now 3-3 and has six points to sit tied for second with the Morden Redskins (3-2).

Altona leads the seven-team league with a 5-0 record and 10 points.

The Mercs will now be home for three straight games to begin December. Warren will host Portage Friday, Altona Dec. 9, and Carman Dec. 16.

All three games will start at 8 p.m.

Selkirk to host judo provincials this Saturday

Staff

There will be plenty of bodies flying around the Comp's gymnasium this Saturday.

The Selkirk Judo Club is hosting the provincial judo championships. This competition is for U16 and older, yellow belt minimum athletes.

The entry fee is \$25 for all divisions and there is no charge for a second division.

Weigh-in for U16, U18 fighters is 9-10:30 a.m. while U21, seniors are from 9-11:30 a.m.

Preliminaries will begin at approximately 11 a.m.

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UPCOMING EVENTS

Eckankar Presentation "Exploring Karma and Reincarnation." Share experiences, stories, questions. Discover sacred exercises to help answer your questions. Saturday Dec 16th, 1 p.m. Gaynor Regional Library, Selkirk. Information 204-785-1742. www.eckankar-mb.ca

NEWS TIPS? STORY IDEAS?
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UPCOMING EVENTS

Last Chance Craft Sale! 2 floors, up to 100 crafters! Sunday, Dec. 10th, 11-5. Canad Inns, Club Regent Hotel, 1415 Regent Ave W. Winnipeg, Admission \$3. katherinebielek@gmail.com

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ANNOUNCEMENT

IN MEMORIAM



In Loving Memory of
Charlie Fryza
who passed away
December 3, 2012

Deep are the memories,
Precious they stay;
No passing of time
Can take them away.
Quietly today,
Your memory we treasure;
Missing you always,
Forgetting you never.

- With love from
Mae, Bob, Evelyn, Amber,
Andrew and Brenda

ANNOUNCEMENT

IN MEMORIAM



Robert George Edward Nutbean
April 17, 1936 - December 1, 2016

In loving memory of
our dear dad, grandpa, brother and uncle
A year has passed since we said goodbye
We miss you so dearly and that's no lie
Routines have changed, the conversations
silenced, however the memories remain strong.
The kind gestures of generosity you would
show to others, the encouraging words and
support given when life was giving us some
challenges, the big goofy grin that would make
us laugh and the bear hugs when needed.
The seasons have come and gone the garden
of pumpkins and cucumbers did not grow, as
we just didn't have your green thumb.
Goldie has a new forever home and she is well
loved. She even has a grandma who spoils
her with treats.

Our precious Angel has gone to be with our
mom in Heaven's Way
His life was our gift which we remember every day.
Always on our minds and forever in our hearts
-Love always,
children Leslie Ann, Barry (Donna-Lynn),
Jason (Barbie), David
grandchildren Tamlyn, Jade, Nickolas,
Matthew, Leif, Tynan
and Goldie

ANNOUNCEMENT

CARDS OF THANKS

I would like to thank all of our friends and family that sent flowers and gifts and also came to visit me on my recent stay in hospital. Also a big thank you to everyone that sent dinners and baking after I got home, it's very much appreciated.
-Sharon

Express your Thanks with a message in the Record

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LANGUAGE AND CULTURE WORKSHOP
S.F.C. ABORIGINAL LANGUAGE PROGRAM IS HOSTING A ONE DAY WORKSHOP ON DECEMBER 16TH FROM 10:00 A.M. - 4:00 P.M.
The workshop will be a language and culture class taught by elders of the Michif language. Participants will also be cooking a Michif meal. The workshop is free.
Call Marie at 204-481-4222 to register or for further information. The first 20 people will be accepted.

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The Selkirk Record

OBITUARY



Anne Somerfeld (nee Ftoma)

Peacefully on November 23, 2017 at the Selkirk Regional Health Center with her son by her side, Anne was reunited with her husband Len.

She is survived by her son Robert; grandsons Tyler and Connor; sisters Olga and Stella and many nieces and nephews. She was predeceased by her husband Len; mother Pauline; father John; brothers Steve and John; sister-in-law Roberta; brothers-in-law Len and Harry.

Anne was born, grew up and attended school in Selkirk. She started working as a teller at CIBC in 1950 till 1959. She returned to CIBC in 1974 working in the mortgage dept. until she retired in 1991. Anne had many hobbies including wine making, sewing, needlepoint, curling, sculpting and decoupage but her two passions in life were gardening and cooking. Her vegetable and flower gardens were legendary. She had many friends who she provided with cabbage rolls, perogies and assorted baked goods, especially around Christmas. Anne always had a kind word or smile for everyone she met. She genuinely cared deeply about her family and friends and she took great comfort in the community of her church. Anne married her husband Len in 1958 living in Winnipeg until 1973 when they moved to St. Andrews. After Len's passing she moved to Selkirk. Anne will be deeply missed by her family and her many friends especially all the ladies of the church.

The family would like to thank the staff at Grace Hospital and the Selkirk Regional Health Center for their care and support.

A memorial service will take place on Monday, December 4 at 2:00 p.m. at the Good Shepherd Lutheran Church with Pastor Erik Parker officiating.

If friends so desire donations can be made in Anne's memory to the Good Shepherd Lutheran Church, **106 Sawchuk Dr., St. Andrews, MB. R1A 4B4.**

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Lillian Natchuk (nee Homenick)

It is with profound sadness that we announce the passing of Lillian Natchuk (nee Homenick) on Saturday, November 25, 2017, at her residence in Selkirk, MB.

She is survived by her sisters Joyce Pearson of Alexandria, Va, U.S.A. and Germaine Swystun (Anthony) of St. Andrews.

Lillian was predeceased by her husband Alex; her parents John and Nellie Homenick; brother Wallace; sister Bernice and brother-in-law Lorne Massey; also brother-in-law Charles Pearson.

Lillian and Alex ran the Bait House at Lockport for many years. After Alex passed away Lillian ran the business, which was called Lily Ann's Place. Lillian loved to travel and volunteered at many jobs. She also loved to decorate for every holiday.

Funeral services will be held on Friday, December 1, 2017 at 1:00 p.m. in the Gilbart Funeral Chapel.

In lieu of flowers donations may be made to Faith Bible Camp P.O. Box 42059 Winnipeg, Manitoba R3J 3X7 or Selkirk Food Bank.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Lilli Schulz

With great sadness we announce the passing of our dear mom and grandma, Lilli on Wednesday, November 15, 2017.

She was born on April 2, 1927 in Russia and immigrated to Canada at a young age with her family.

She was predeceased by her husband Rev. David Schulz in 2003; siblings Rudy Rinas, Eddie Rinas, Mary Nyreen and Lydia Young. Lilli will be lovingly remembered by her children, David (Connie) Schulz, Valerie Debooy and Juli (Bo) Madeychyk; grandchildren David (Stacie) Madeychyk, Andrew Madeychyk and Jayann Madeychyk; sisters Ella Anderson, Adina (Marty) Wekerle and many other family and friends.

A Celebration of Lilli's life was held at 10:00 a.m. on Saturday, November 25, 2017 at Mount Olive Lutheran Church, 2015 4th Ave. N., Regina, SK. Interment will be held in North Southey

Cemetery at a later date.

In lieu of flowers, donations in Lilli's memory may be made to a charity of your choice.

Paragon Funeral & Cremation Services

In care of arrangements



OBITUARY



John William Buffie June 25, 1926 - November 23, 2017

Peacefully in the comfort of his home, our father, grandfather, great-grandfather and brother left us to join our mom Elsie whom he missed so very much.

Forever loved by his seven children, John and Debbie, Rick and Janet, Pam and Glenn Elsasser, Glenn and Andrea, Shelley and Shawn Carlson, Sherrey and Graham Jones, Kim and Teddy Helgason; his dearly loved 17 grandchildren, Jonathan (Jessica), Brian (Marie), Michael, Clinton, Deanna, Jillian, Ryan, Kaitlyn (Jeff), Mitchell, Nicole, Michael, Jane, Terence, Kyla, Cody (Vanny), Shane, and Luke; and his precious great-grandchildren, Hurin, Owen, Emmet and Stefan. Survived by his brother Albert, sisters Ruth (Steve), Rosemarie, Joyce, Gertrude and Marlene, Mom's brother Ed (Pat), sisters Hertha and Marilyn, along with

many loved nieces and nephews and relatives. Predeceased by his parents John and Mary Buffie, 10 brothers and sisters, Mom's parents Edward and Erna Leier, and in-laws.

John was born and raised in Winnipeg's north end, moving with his family to the farm in East Selkirk and finally settling in Selkirk where he learned the autobody trade from which he made his career. From a young man at Motor Coach Industries to co-owner of the family business Modern Body Works in Selkirk for 22 years, respected autobody manager across Winnipeg then one of Autopac's first adjusters and retiring as Autobody teacher at LSRCSS, where he so greatly enjoyed passing on his knowledge and experience to the next generation in the industry. Dad was not afraid to tackle any project from building their home to repairing everyone's vehicles.

Dad and Mom married on October 20, 1950 and made Selkirk their life long home. He spent many years volunteering with the Selkirk Kinsmen and The Good Shepherd Lutheran Church council. As an original and over 20 year board member of the Selkirk Steelers he was honoured to join the players and executive elected to the Manitoba Hockey Hall of Fame and Manitoba Sports Hall of fame for their Canadian Championship in 1974. Dad's and Mom's home was always open to family and friends to gather to enjoy food, love and laughter which was always in great abundance. The love and devotion he had for our mother and us was undeniable, they were partners in everything they did. Dad we are so blessed and thankful for all the love and memories you leave us to cherish, you will remain in our hearts forever.

Memorial service will be held on Saturday, December 2, 2017 at 1:00 p.m. at The Lutheran Church of the Good Shepherd in Selkirk, MB.

We would like to extend our sincerest thanks to the Homecare staff for their incredible care and constant concern along with Dr. Ian Alexander.

Flowers are gratefully declined, if you so wish, donations may be made in Dad's memory to The Lutheran Church of the Good Shepherd in Selkirk, Manitoba.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Coral Elizabeth Freeman

November 14, 1957 - November 20, 2017

It is with heavy hearts that we the family of Coral Elizabeth announce her passing.

Coral will be lovingly remembered and greatly missed by her sisters and brothers, Ethel Rae (Phil), Jim (Carol), Percy (Kathy), Patty (Dennis), Holly, Cori (Blaine) and Raymond (Lorraine). Also her nieces and nephews: Denise (Wade), Keith (Patty) Tracy, Jimmy, Carla (Jane), Trevor, Megan (Ryan), Leigh and Quinn (John); and great nieces and nephews: Sidney, Camryn, Paige, Brennan, Aidan and Rhys.

Coral is predeceased by her parents, Ethel and Raymond Freeman, her uncle Charlie and her sister Cheryl.

Coral spent her entire working career in the food industry in Selkirk, first at her uncle Charles' restaurant, Smitty's and then retiring from Smitty's Family Restaurant in 2015.

In keeping with Coral's wishes no funeral service will be held. A private family Celebration of Life and interment will be held at a later date.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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Educational Care & Excellence

The wonder of Grace

Success at your job can be calculated in a few ways - a pay raise, a promotion, or, in the case of school counsellor Elaine Johnston and therapy dog Grace, it's the honest words of a child that make it all add up.

It was last year, and Grace was summoned to comfort a student who'd experienced a personal loss. As she cuddled with four-year-old Mastiff-cross Grace, the girl wondered if Johnston knew why the dog made her feel better.

The answer hit Johnston's heart, and has stuck there to this day. "She was laying on the floor with Grace, and she just said, 'I think she has joy in her fur,'" Johnston recalled. "That was a heart wrenching moment."

It was also just another day on the job for Johnston and Grace, who serve as school counsellor and therapy dog at both Mapleton and Daerwood schools.

Johnston was hired by the Lord Selkirk School Division at the start of last school year and she was thrilled when her request to bring Grace to work as a therapy dog was embraced.

Both schools sent out permission slips and every single one came back 'yes'. Grace reported for work last October, and Johnston said her impact was noticed immediately.



GRACE TAKES HER PLACE ON THE CARPET WITH MAPLETON STUDENTS.



JOHNSTON AND GRACE, IN HER SUPER GIRL COSTUME FOR HALLOWEEN, TAKING A BREAK FROM THEIR DUTIES.

She recalled one student who had trouble sitting still during carpet time when the students gather on the carpet in their classroom to learn. Grace came in and went right to the boy.

"It was like she found him. She went and lay beside him and he put his hand on her and that was the first time he had sat for 15 minutes of carpet time," Johnston said.

"It's just that calming effect. It was one of the first experiences with her at school and it was amazing."

Grace, who wears T-shirts to work with inspirational messages on them, goes from classroom to classroom or students can come and visit her. She's also part of the Buddy Reading program, where older students read to younger ones.

"It's great for kids who are not confident readers because they

can read to her and there's no judgement," Johnston said.

"They treat her very human like."

Grace has become a bit of a star at school, and Johnston admits that if she's in the halls without her canine companion, it's noticed right away.

"Wherever I am, if she's not with me, the kids ask, 'where's Grace?'"

Grace is a therapy dog at school, and she and Johnston volunteer with St. John's Ambulance therapy dog team. She's also a service dog for Johnston and at home, she's the family pet.

Johnston said Grace works extremely hard, no matter which job. And, she thinks the little girl from last year is onto something: "I kinda feel she's right, she does have joy in her fur."

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CHRISTMAS SPECTACULAR
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DECEMBER 6, 2017
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ECOLE SELKIRK JR. HIGH
7:00 P.M.

DECEMBER 12, 2017
CHRISTMAS CONCERT
ST. ANDREWS SCHOOL
K, GR.1 & 2
2:00 & 6:30 P.M.

DECEMBER 12-14, 2017
DRAMA PRODUCTION
LORD SELKIRK REGIONAL
"IT'S A WONDERFUL LIFE"
7:00 P.M.

DECEMBER 13, 2017
WINTER BAND CONCERT
EAST SELKIRK MIDDLE SCHOOL
7:00 P.M.

CHRISTMAS CONCERT
CENTENNIAL SCHOOL
2:00 & 6:30 P.M.

CHRISTMAS CONCERT
WALTER WHYTE SCHOOL
7:00 P.M.

DECEMBER 14, 2017
CHRISTMAS CONCERT
ST. ANDREWS SCHOOL
GR.3 & 4
2:00 & 6:30 P.M.

CHRISTMAS CONCERT
MAPLETON SCHOOL
2:00 & 6:30 P.M.

DECEMBER 19, 2017
CHRISTMAS CONCERT
ST. ANDREWS SCHOOL
GR.5 & 6
2:00 & 6:30 P.M.

CHRISTMAS CONCERT
HAPPY THOUGHT SCHOOL
ENGLISH K-4
2:00 & 6:30 P.M.

CHRISTMAS CONCERT
DAERWOOD SCHOOL
2:00 & 6:30 P.M.

DECEMBER 20, 2017
WINTER CONCERT
ROBERT SMITH SCHOOL
2:00 & 6:30 P.M.
EUBP CONCERT
EAST SELKIRK MIDDLE SCHOOL
K-8 - 6:00 P.M.

CHRISTMAS CONCERT
WM. S. PATTERSON SCHOOL
2:00 & 6:30 P.M.

DECEMBER 21, 2017
CHRISTMAS CONCERT
RUTH HOOKER SCHOOL
6:30 P.M.

CHRISTMAS CONCERT
NETLEY SCHOOL
7:00 P.M.

FEBRUARY 1, 2018
WINTER BAND CONCERT
LOCKPORT SCHOOL
7:00 P.M.

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Message from the Chair



LENA KUBLICK

The theme for this newsletter is "behind the scenes", and the intent is to provide some insight into what goes on daily to keep the division running smoothly.

The role of the Trustee is not well understood. Put simply, the Board of Trustees ensures that there are "rules" in place to operate the schools, manage the finances and transportation, and set out

expectations and policy for staff, students and the Board itself. The Education Act and the Public Schools Act of Manitoba are the "Gold Standard" and our local policies and By-Laws are developed in accordance with these 2 Acts. It is incumbent on us to stay current on educational trends and issues with the primary focus of student success for all.

So, in addition to attending concerts, awards, school and divisional functions, we work together with our provincial organization to advocate for public education in Manitoba. The Board of Trustees of

LSSD is diverse in background and experience and this is a strength of our Board: it allows for different perspectives that are essential in good decision-making. Our divisional vision statement is "Educational Care and Excellence" and this guides our discussion and decisions.

This Fall, we have held 4 community forums to hear from families and community members about what programs are important to them, what needs they have in their community and any other considerations as we plan for the coming year. The reason this is so important and relevant is because Manitoba is

the only province in Canada where funds raised locally, stay in those communities. This is called "local autonomy" and what it means in LSSD is that when we hear that elementary school counsellors are important, for example, we can make that a priority: someone on Broadway doesn't decide what's important in the schools of LSSD. As mentioned at these forums, we invite feedback and questions at any time. And although we don't know what the government has planned for next year, we remain committed to providing quality, inclusive education.

Staff, students and community come together for the Robert Smith Thanksgiving Feast



220 STUDENTS AND STAFF ENJOYED A THANKSGIVING MEAL OCT. 4.

Planning and cooking for your family and extended family at Thanksgiving is a workout but what do you do when your family totals 220 people?

The answer is you all come together to make it work and that's exactly what the students and staff at Robert Smith School did Oct. 4 for their second annual Thanksgiving dinner.

"We had teachers taking home turkeys and cooking them, getting up early, 4 o'clock in the morning to cook the turkeys," said principal Lisa Minaker.

"We had staff members cooking before school even started."

Staff prepared six turkeys and six hams, and all the fixings, while students pitched in to make sure all 180 of them, plus staff and guests from Lord Selkirk School Division had places to sit and the proper cutlery to enjoy their meal.

Minaker said they decided two years ago to have a traditional Thanksgiving meal at the school, so everyone would be able to fill up on turkey and gravy and enjoy the camaraderie the meal is known for.

"We wanted all students to have that experience of just sitting down with their classmates and their teachers, the whole staff, and sharing a meal together," Minaker said.

Being good students, they took notes last year and were able to improve upon this year's meal.

"We just tweaked it a bit," Minaker said.

Feeding that many people is a team effort and Minaker said the team at Robert Smith was up for the task.

Everyone had a job, and everyone put in their best effort.

One Grade 5 and 6 class did all the set up, putting tables and chairs out, and a Grade 3 and 4 class was in charge of decorating and putting knives and forks in the proper place.

"It's a big teaching component of etiquette and table manners," Minaker said.

Grade 4 student Malia Monkman was a class leader who helped with table decorations. The eight-year-old said the turkey was her favourite part, and she was proud of the decorating she and her classmates did.

"We made scarecrows and we used mini pumpkins and leaves to create a fall scene," Monkman said. "I think the tables were more decorated this year."

Monkman said students even photocopied colouring pages so the

young ones would have something to do while waiting for their meal.

"There was a lot of thought that the staff and the kids put into this," she said.

It was a total school effort, but the community played a role too. Minaker said they sent letters to local businesses asking for support and many donated food for the feast.



Message from the Superintendent



MICHELE POLINUK

Welcome to this edition of the Lord Selkirk School Division Newsletter and another year of learning! As Superintendent, I'm looking forward to helping lead student success in the division. I believe that all students can learn and experience success.

When people think of their own experiences with school; images of buildings, classrooms, teachers and learning come to mind. You might remember a special project you worked on, special groups or teams, or someone that made school a better place for you. These special memories may have happened inside the school, gym, library, on a school trip, or during an event. As each student journeys from Kindergarten through to Grade 12, development and enhancement of

skills will occur through a variety of opportunities within classrooms, before and after school, clubs and activities, sports and interactions with others.

This edition of the newsletter is to highlight some of the opportunities and events that take place outside of the classroom. We are so fortunate to have many students, staff and parents working "behind the scenes" in each of our schools to make the educational experience richer for our students.

Michele Polinuk



Second language is a workout for your brain

If you peer through the window into a French immersion class at Ecole Bonaventure, it won't look any different than an English class at any other school in the Lord Selkirk School Division.

And in many ways, it isn't. Students are learning, and teachers are teaching. But according to Ecole Bonaventure Principal Susanne Saiko-Gamble, new research, aided by today's technology, shows there's something different happening in the brains of students learning a second language.

"What they found is the brain actually looks different. The brain of a second language learner is denser," Saiko-Gamble said.

She said there was a time when French immersion was focused strictly on language acquisition. The goal was that the young students would have more opportunity to land good jobs, government jobs, when their education was complete.

Today's thinking, however, is that there has to be a better reason to learn a second language, that there must be more value than the potential promise of a better job decades later. Saiko-Gamble said the research shows there is. Students learning a second language are constantly "trans-linguaging," and researchers say it's like a workout for their brain.

"It's a muscle they're working," she said, noting it's the case with any second language, including music.

The extra workout has some positive side effects as well. Saiko-Gamble said because the students are constantly switching between languages, it gets them looking at situations differently and finding ways to arrive at the correct answer.

"What they're finding is the unintended consequence of that is a greater ability to problem solve, to empathize, to be open to other cultures and languages and just be more adaptable, just because they have to," she said.

And while a better job down the line is still a possibility, she said today's research is showing the benefits are more immediate and long lasting.

"There are better reasons to learn a second language than in 20 years you might be able to work in Ottawa," she said.

Rob Malo agrees. As a writer, performer and storyteller, Malo offers a travelling French-Canadian museum to schools and gave a presentation at Ecole Bonaventure recently. As someone who speaks numerous languages, he said learning a second language definitely has an immediate impact on the learner.

"Building empathy, that's really the core of it," he said.

"It offers the language learner a different perspective on the same life," he said. As a former educational programmer who worked in museums, he's spent the last five years travelling to schools, and said he can see the educational system has embraced second language learning. "That's a good thing," Malo said, "not just for students, but for the entire country."

"The more exposure to language and different culture...the more chance we'll have a future of Canada where we're together and not segregated."



ROB MALO TEACHES ECOLE BONAVENTURE STUDENTS ABOUT VOYAGEUR LIFE.

Daerwood community comes together for coffee and more

Kris Friesen knows what it's like to be new to a school - in fact, she's in her first year as principal of Daerwood School and was eager to get to know the students and their parents.

She knew she'd get to know the kids when school started in September, but she needed a way to connect with their parents. The answer, it turns out, was simple - invite them for coffee. School counsellor Elaine Johnston suggested they send out an invitation in August, and voila, Community Coffee was born.

"Forty or 50 people came out so that was a success and it was a nice time, so we decided let's just keep this going," Friesen said.

They've held two more successful Community Coffee events since then. Friesen said they talk about whatever the parents want to talk about, whether it's school related or not.

"We don't discuss necessarily school stuff, unless people want to, it's more about getting to know each other and be the support," she said.

"Education is a community event," Friesen said, and she appreciates the fact Daerwood parents feel the same way.

"That's what I've come to appreciate about Daerwood School, it is very much a community school," Friesen said.

Inside the school walls, they work hard to keep that community feeling alive as well. The school hosts hot lunches twice a month so that those students that want to participate can. Friesen said about half of the school's students typically take part in hot lunch - which could be anything from soup and a sandwich to chili or taco in a bag - and they always have extra

on hand in case someone forgets their lunch.

Staff members handle shopping for the lunches - and they shop locally as much as they can - and they decide on what days to offer the lunch.

Educational Assistant Leslie Loutit has been running a breakfast program at the school too. Friesen said it's important to make sure all students get off to a good start each day on a full stomach.

The number of kids participating is less at the start of the year, but as it progresses as many as 30 or more could be enjoying pancakes, granola or eggs before heading to class. Sometimes they even invite parents in for breakfast who are dropping off kids.

Friesen applies for as many grants as she can to cover costs and she said Loutit is always working hard to accumulate more and more cookware for the kitchen.

"She's always building her repertoire," Friesen said. "I think she has a waffle maker now."



ENJOYING COMMUNITY COFFEE AT DAERWOOD SCHOOL.



Planning to succeed at St. Andrews School

Success is rarely a result of happenstance and teachers at St. Andrews School know this very well. Once a week, teachers from each grade level, along with resource staff and administration, have a morning planning meeting, where they discuss everything from overall planning for all students in the grade to individual student needs.

"The meetings are valuable," said Grade 3 teacher Alyson Impey, "because it brings together all the teachers for the entire grade to share ideas." In the case of Grade 3, there are three teachers – Impey, Kim Currie and Kendall Krut – who work together for the benefit of all their students.

"We have adopted the mindset that all Grade 3 students, there are 60 of them, belong to all of the Grade 3 teachers, not just individual classes," Impey said.

"As well, the three Grade 3 teachers teach as a team. Even though we have different teaching styles, we collaborate on all things being taught and are always discussing what works and what doesn't work. We want to be on the same page."

Impey said the meetings are an ideal time to discuss students who are experiencing challenges because the whole team can have input. Having resource staff and administrators present is beneficial because their experience brings a great deal of knowledge to the table.

The morning meetings are a half hour long, so Impey said they make sure to tackle the most important issues first. Often topics like overall planning, or WIN groups, are covered in informal meetings after class. WIN (What I Need) are student groups where everything



from math to reading and writing are discussed.

Teachers put the WIN groups together, so the students will benefit by being paired with the right partners, and it takes a lot of time to come up with the right mix. Once a WIN group is established, it's monitored daily for progress.

The meetings are very productive, whether they happen at the scheduled morning session, or after school. Any topic is appropriate and Impey said they've talked about everything from assessments to themes and units to curriculum and anything else pertinent to success of all students.

Learning is a two-way street in LSSD

Students go to school to learn, but if you think they're the only ones absorbing information, then you're about to be educated – teachers learn as much as the students, and on in-service days, perhaps even more.

Lead teachers Veronica Thomas and Chris Minarik say on those days – known as Professional Development, or PD days, when students are enjoying some well-earned time off, teachers are practicing what they preach.

"Everyone is a learner and seeks to develop professionally in many different ways, but Lord Selkirk School Division intentionally plans for time for all staff to grow together as a community of learners," Thomas said.

"Learning is the fundamental purpose of schools and not just for students, but staff as well. If our goal is to have all students become successful learners, then we must model that ourselves as adult learners."

In LSSD there are six PD days per year – three divisional where educators from across the division come together to learn; two in-school where staff base the day on school-specific learning goals; and one provincial, hosted by Manitoba Teachers Society, which features numerous sessions for teachers to choose from.

While those are specific learning days for educators, learning goes on all year long.

"PD also continues to happen all throughout the year. Support is available at the school level to develop educator's understanding of the division's vision and goals as well as the goals highlighted on individual school plans," Minarik said.

"All staff are responsible for completing personal Professional Learning Plans (PLP) in October of each year. These plans help staff to reflect on personal goals by writing them down, and these PLPs often assist individuals in their decision making on which professional learning opportunities to attend."

A joint LSSD/LSTA fund grants money to educators to seek additional professional development. It's a first come, first serve basis and the funding is always fully used.

Other sources of professional

development include divisional learning initiatives with lead teachers, which could include workshops, individualized learning, co-teaching or coaching opportunities, delivered either at multiple schools, small groups, one on one, on-line or in person.

Professional Learning Communities (PLC) can be school, grade or topic specific and can be done as a divisional group.

Today's technology means that distance doesn't hinder learning, and Office 365 brings educators together in a way never possible before.

"As 21st Century learners, knowledge is at our fingertips. Learning items of knowledge is no longer the goal, but having deep, professional conversations about the big ideas that endure beyond the classroom setting, and aligning those with instructional practices that help educators achieve that, are what we are actively seeking now," Thomas said.

Educators embrace professional development and the chance to share ideas and learn from others. In LSSD, a spirit of collaboration and thrill of learning is evident and the benefactors are not only the students, but teachers as well.

"All staff participating in learning opportunities during professional development days must see themselves as learners and have a growth mindset. Everyone has a strength, knowledge base or area that they are passionate about that allows them to become leaders in some capacity and helps others develop understandings," Minarik said.

"There is a lot of power in collaboration and conversations when learning. Everyone brings different levels of experience and expertise to the table on the topic at hand, and therefore the learning becomes a shared responsibility of the team."

Both Thomas and Minarik say that as adult learners, educators need to be engaged, have choices, feel that they are being supported and be involved in their own learning. Professional development is an opportunity that is no longer a luxury but a necessity. The world is no longer standing still and the targets for learning and understanding are constantly changing.

Full-Nests at Ruth Hooker

There are no empty nests at Ruth Hooker School. In fact, they're all full, with their own name and the occupants wearing colour-matching sashes to identify everyone in their Nest.

Nests were established at the school last year to provide an opportunity for students to feel a sense of belonging, community and connection.

Denise Marks-Trach, school counsellor, is on the Nest Committee along with Grade 3 teacher Kristy DeJonckheere, Music teacher Brittany Collins and Learning Support Teacher Gina Doyle. Marks-Trach says there are about 10 students from various grade levels in each Nest, along with one or two adults.

Students in each Nest have chosen a name for their group, like Hawks or Cool Cardinals and they wear matching colour sashes made by students at Ecole Selkirk Junior High.

DeJonckheere says the Nests have brought all students in the school closer together.

"We wanted a way to have K-6 students interact, because there was a real divide on the playground and there was no reason to go talk to a Grade 6er, if you're in Grade 1, but now we've given them reason," DeJonckheere said.

"They're in your community now and they're also in your Nest and you have that relationship built from there."

It's even brought staff closer to students. DeJonckheere said for newer teachers who may not know all the students, the Nest introduces them to kids not in their class and they too can develop a relationship.

The Nests meet once a month for up to an hour, and they work together on a monthly theme. In the past they've done Terry Fox Run, Halloween and Team Building. Their latest efforts will focus on the upcoming Festival of Lights.

Marks-Trach says they'll work on decorations for a tree with a theme of 'We Make a Difference'. She says it's inspired by the Grade 6 students' recent trip to We Day, but also all the activities that go on in the school, like Eco Club, patrolling and the Seven Sacred Teachings.

The Nests encourage cooperation, leadership and unity, and seem to be having a positive effect on students.

The committee asked students for feedback on what Nests help them to do. Some quotes they received were,



STUDENTS OF ALL GRADE LEVELS WORK TOGETHER IN THE NEST GROUP.

"help the kids who need help," "interact with each other," "spend time with other people, not just our friends," and "learn more things about people!"

Kinder Care works on off days

If Kindergarten gets you ready for Grade 1, then what does Kinder Care do?

At William S. Patterson School, the answer is it does that and so much more, for students and their parents.

School principal Darcelle Saunders says Kinder Care was born last year when the Interlake Co-op Nursery partnered with the school to create the program that provides a place for Kindergarten-aged students on days when they're not in class.

The school provides the space and Interlake Co-op provides the staff.

"It's like day care but it's here in the school," Saunders says.

Saunders explains Kindergarten at William S. Patterson runs every other day, all day. When there is no Kindergarten, there's Kinder Care.

It's great for students, who get the consistency

of being at the school – a place they're familiar with – even on days they're not in Kindergarten. Interlake Co-op staff bring the nursery students to assemblies and they go out for recess with the rest of the school.

Interlake Co-op's early childhood educator Angela Swanson says the program features an emergent curriculum that reinforces the Kindergarten curriculum.

Saunders said it's good for the parents too, who don't have to worry about finding day care for their child on non-school days.

"Often it's hard to find day care on the opposite days of kindergarten, and if you have a full-time day-care spot, you have to pay full time, even though you're not there full time," she says.

Interlake Co-op Nursery School also runs a Before and After School program that starts at 7:15 am and goes until 6 pm.

In the first year, five students attended Kinder Care. This year, there are eight. Ten spaces are available.

Saunders says last year the program was only open to William S. Patterson Kindergarten students, but this year it's open to anyone in their catchment area. One student from Ecole Bonaventure attends on days when there's no Kindergarten in that school.

It all combines to offer plenty of flexibility for parents, and in rural areas, that's hard to come by.



LEFT TO RIGHT, ALAINA, NADINE AND TAYLOR PLAY AND LEARN AT KINDER CARE.

Holly and Snowden back for one more year at Centennial and William S. Patterson

Students at Centennial and William S. Patterson schools are anxiously awaiting the latest instalment of a Christmas play that can only be seen on their stages.

Music teacher Kirk Smith started writing the schools' plays three years ago and the adventures of lead characters, Holly and Snowden, have captured the imagination of students ever since.

Smith writes the plays, but enlists the performers as co-writers, encouraging them to suggest changes if they like. "I give them total freedom," Smith said.

"They'll come up with ideas I never thought of, and I'll go, 'wow, that's better'. The kids are so comfortable with it, they just improvise."

The plays follow the adventures of the sibling lead characters that inevitably sneak out of their house on Christmas Eve and land in trouble with hilarious results. In the first play, "Grandma Has to Work," the mischievous duo slips out to see grandma one more time on Christmas Eve because they won't be seeing her the next day.

In the second instalment, "A Last-Minute Gift," they set out in search of, well, you know, a last-minute gift. In each case, they end up running into Santa, the reindeer, and all sorts of other Christmas-time familiar favourites.

By early November, Smith had the play written, in his head at least, and would commit it to paper in time to hold auditions and select the cast so that six weeks of daily rehearsals would begin on time.

Acting roles are a "right of passage" for Grade 6 students, and all other students are able to participate in other roles, whether it's playing music, building sets or working with sound and lighting.

"People that might want to be involved but don't want to be in the spotlight, there's a place for them too," he said.

Centennial School librarian

Tracy Merkel helps with sets and costumes, and Smith said her creativity helps bring the story to life.

Smith loves the challenge of writing and rewriting the play, which takes place in Selkirk, and making sure the lines and storyline fit the performers.

"One of the beauties of writing the plays myself is I can adjust it constantly to fit the kids," he said. He also keeps his audience in mind – the students' parents – and admits his humour is aimed directly at them.

"It's basically a series of really bad dad jokes," he laughed. Each grade performs a song during the play, meaning the entire student body plays a part, even though there are generally just 15 characters in the play.

"I try to make sure that everyone is involved."



COURTNEY SOLTYS AS MRS. CLAUSE IN LAST YEAR'S PRODUCTION.



Ecole Bonaventure
French Immersion
Susanne Saiko-Gamble, Principal
Janet Herbachuk, Vice-Principal
Phone: 204-785-8284
(K-6) Enrollment: 241

Centennial School
Heidi Holst, Principal
Phone: 204-482-3265
(K-6) Enrollment: 129

Daerwood School
Kris Friesen, Principal
Phone: 204-482-4326
(K-6) Enrollment: 115

East Selkirk Middle School
Dual Track English-Ukrainian
Ron Hummelt, Principal
Bob Kovachik, Vice-Principal
Phone: 204-785-2036
(5-9) Enrollment: 331

Happy Thought School
Dual Track English-Ukrainian
Nancy Lovenjak, Principal
Jason Chody, Vice-Principal
Phone: 204-482-4521
(K-4) Enrollment: 341

Lockport School
Darcy Nazimek, Principal
Diane Steiner, Vice-Principal
Phone: 204-757-9881
(7-9) Enrollment: 329

Lord Selkirk Education Centre
Steve Grahame, Director
Jan Reichert, Acting Director,
Adult Learning
Phone: 204-482-2121

Lord Selkirk Regional
Martin Ingenmey, Principal
Tamara DeiCont, Vice-Principal
Glen Jede, Vice-Principal
Phone: 204-482-6926
(10-12) Enrollment: 1119

Mapleton School
Dan Marshall, Principal
Phone: 204-482-4409
(K-6) Enrollment: 117

Netley School
Leonhard Hofer, Principal
Phone: 204-738-4630
(K-12) Enrollment: 26

Robert Smith School
Lisa Minaker, Principal
Kristine Duke, Vice-Principal
Phone: 204-482-3677
(K-6) Enrollment: 178

Ruth Hooker School
Lucille McGillivray, Principal
Phone: 204-482-3614
(K-6) Enrollment: 112

St. Andrews School
Harold Freiter, Principal
Trish Goosen, Vice-Principal
Phone: 204-334-6083
(K-6) Enrollment: 405

Ecole Selkirk Junior High
Dual Track English-French
Daryl Loeppky, Principal
Terry Skarban, Vice-Principal
Phone: 204-785-8514
(7-9) Enrollment: 354

Student Services Centre
Debby Grant, Director
Phone: 204-785- 8224

Walter Whyte School
Gloria Juvonen, Principal
Phone: 204-754- 2240
(K-9) Enrollment: 114

William S. Patterson School
Darcelle Saunders, Principal
Phone: 204-738- 4700
(K-6) Enrollment: 114



All in for Family Night at Walter Whyte

Walter Whyte might be a small school, but it's big on spirit and that works well with the three Family Nights they host each year.

"There's so much that goes on behind the scenes," says principal Gloria Juvonen.

"Our staff here is small, but they're all involved; everyone really enjoys it."

Each Family Night is based on a theme and features stations that students and their families make their way through, playing games, and learning about that night's theme.

They've been at it for several years, so the final production is a lot of fun and runs pretty smoothly. Juvonen says since there are three Family Nights, staff work on them all year round.

There's plenty of planning, but everyone is ready and willing to take part.

"It's not just a staff committee, it's all the staff. Everyone, and lots of the EA's here are grandparents or parents and they come and take part too," she says.

"All the teaching staff come to at least one or two of the nights and help with the planning and the clean up."

Themes run the gamut from foods or exercise to this year's which will be built around the divisional goals of numeracy, literacy and Universal Design for Learning's focus on uniqueness.

Most Family Nights bring out between 80 and 100 people and last year's Newfoundland Kitchen Party was a really big draw with more than 100 students and family members coming to learn a little Newfie culture.

Juvonen, who hails from Joe Batt's Arm in Newfoundland, said the night was a huge success, and even ended up being the subject of a feature story in the Newfoundland Downhome Magazine.

The evenings are rewarding, and when the night comes to an end, you'll find everyone from teachers to caretakers cleaning up afterwards until all the work is done.

"It's almost like a staff party. No one rushes out to go home, you'll find us in the staff room eating the left over snacks and telling jokes, taking pictures," Juvonen says.

"It really does build community within a community and it's really cool that way."



COMMUNITY MEMBERS ENJOYING THE NEWFOUNDLAND KITCHEN PARTY AT ONE OF LAST YEAR'S FAMILY NIGHTS.

Successful ESMS club leads charge for 4-H credit course



Sheila Stark-Perreault hopes one day students in her East Selkirk Middle School 4-H club will earn a high school credit for their efforts in learning to do by doing, and there's more than just a glimmer in her hopeful thoughts.

The Manitoba 4-H Council is actively pursuing having 4-H in school programs recognized for credit. Executive Director Clayton Robins said a resolution that passed in the Manitoba Legislature in March supporting it as a credit course is a big step forward that has buoyed the council's enthusiasm.

"This resolution passed unanimously and has encouraged us to increase our efforts to move toward this goal," Robins said.

The council is currently studying 4-H school programs in other provinces and has developed a recording template for members, a significant step towards tracking members' efforts.

He also said Stark-Perreault's program is ground-breaking in the province. "(Stark-Perreault's) club has a very successful format, thanks in great part to both her effort and most certainly the support of the principal and others in the school," he says.

Stark-Perreault knows the value of 4-H, having joined her local 4-H club at the age of 8. She started the East Selkirk 4-H Club seven years ago and so far, this year 19 enthusiastic students have signed up. She's expecting a few more, as typically around 25 join.

Stark-Perreault is extremely proud of the club, its members and supporters. "It's very unique and it's been very successful," Stark-Perreault said.

The club is run the same as those outside of schools, except there's no equine or cattle component, though students have sometimes worked with small animals.

Manitoba 4-H has approximately 65 different projects members can tackle, and Stark-Perreault said this year's students want to pursue outdoor survival and cake decorating. Working with fibres and fabrics is a mainstay, as is photography, she said, but every year offers something new.

"We try and pick four or five different ones that we can do," she said.

The club meets once a month, at noon, and Stark-Perreault said they're supported by other school staff and some parents.

They do a communication workshop every year that includes a public speaking night. Parents and family come out for that and for achievement night

where all members showcase what they did throughout the year.

Stark-Perreault said she's thrilled Manitoba 4-H is pursuing the credit approval, and that the East Selkirk program is held up as a model of success. Robins said Stark-Perreault has been active in promoting the school program, and 4-H in general, speaking at a 4-H Canada Leadership Summit recently.

Her program does indeed offer hope for the future.

"I see wonderful potential to have more of these types of clubs in Manitoba, set up in ways to deliver valuable, structured programming and activities that complement the public education system," he said.

"This is a very successful model in several countries around the world and in Canada there are a few provinces where 4-H is now recognized as a graduating credit in high school."



MEMBERS OF THIS YEAR'S EAST SELKIRK 4-H CLUB.

Lockport School wakes up with the rooster

Think teachers and students keep bankers' hours? Think again, my friend, there's no 9-5 mentality in Lord Selkirk School Division and at Lockport School the crow of the neighbouring rooster signals the start of the day as the sun comes up.

Principal Darcy Nazimek, who returned to the school after years spent at the Comp, says the rural school day begins with the rooster crowing around 7 a.m. The school is bustling with activity from then until the sun goes down and beyond.

"It's just a hub, things are humming along before 9 o'clock," Nazimek says.

"Most teachers are here by 8:30 but the ones that are doing extra curricular stuff are much earlier, and then there's just some teachers who are here naturally early."

Extra curricular activities are what define the school, Nazimek says, and it's been that way since his days as a teacher in Lockport almost a decade ago.

"For as long as I've been connected to the school, the extra curricular, that life before and after, has been the life blood of the school," he says.

The school doors are open bright and early at 7 a.m. and teachers and students start rolling in moments later. The cross-country club will be stretching in the foyer while the volley ballers are in the gym at 7:30 going through their paces. On the two days a week where there's open gym before school some 30 - 50 kids show up for some fun competition. Breakfast club draws a crowd too.

Then there's the pet club, and the half dozen or so exotic animals that call the school home for 10 months of the year have to eat, so students start feeding. It's a popular part of Lockport School life.

"Kids are always in there. It's more so at noon hour that the pet club is up and running. Any day you can go by there, it's kind of bizarre, they're giving the snake a bath," he laughed.

"And then the kids are chopping up apples for the bearded dragon, so it's fun."

Noon hour is a busy time especially now with the cold weather nipping at our heels and Nazimek says there can be as many as 120 kids getting their cardio up in the gym during lunchtime. The canoe club is busy too, making paddles and the leadership group will be buzzing around in another part of the school.

Then there's the bear pits - the school's equivalent of sunken living rooms where students gather and hang out.

"The bear pits are rockin' with ping pong and as you snake your way through the school there's a whole bunch of different things happening," Nazimek says.

Once the bell rings to signal the end of the school day, it only means classes are over - the school day is not.

Drama club starts acting out and sneakers keep pounding the gym floor.

There's more of the same on the weekends. Nazimek says gym teacher Marco Morrelli hosted a Grade 9 boys and girls volleyball tournament that had the students spiking the ball late into the night.

"On the Friday night I think they shut it down at 11 p.m. and then they were back first thing the next morning," he says.

He credits the staff with being dedicated to extra curricular activities, from first-year to seasoned teachers.

"We have a very, very good group of veteran teachers, 50 plus years old and still going hard in terms of extra curricular because they believe in it," Nazimek says.

"It affects the climate which affects the culture. The culture here is one of belonging and safety and connecting kids. The kids are happy and smiling and they like being part of Lockport School."



WALL BALL KICKS OFF THE DAY DURING OPEN GYM BEFORE CLASSES START.



Lighthouse still shining 12 years later

An aptly named program at Ecole Selkirk Junior High has been both a beacon of hope and simply a fun place to spend some time in the 12 years it's been around.

The Lighthouse, a Manitoba Justice funded program and an initiative of Neighbourhoods Alive!, started at ESJH as a place after school for at-risk youth. Today, it is open to any kids from Grade 3 to Grade 9, for two hours a night, twice a week.

Educational Assistant Juanita Chuhie has been there since the beginning, with the exception of last year, and she sees the value the program offers.

Blair Hamm, who used to work the Lighthouse with Chuhie, called recently to say a former student had been in touch and wanted to stop by for a visit. Hamm said the student had really turned his life around.

"She said he remembers Miss Chuhie at the Lighthouse and I thought, 'well that's something.' When you see that you actually made a difference in somebody, that's kinda nice," Chuhie said.

Today, the program is less about at-risk youth as it is providing an after school space that's safe and gives kids somewhere to go and something to do.

Chuhie, along with community member Bobbie Sinclair, leads the kids who show up through open gym activities, paint night or crafts like rock painting and making wooden signs.

Originally just for ESJH students, opening it up to younger kids and starting immediately after school rather than later in the evening has been a good move.

"That incorporated a lot more kids. We had a lot of kids from the neighbouring

schools and that was our idea, to try and get the grades 5 and 6's to come here after school for a couple of hours so that when they get here in Grade 7 it's not this scary place," Chuhie said, noting they've had a couple of Grade 4 students come out as well.

"They meet kids that are from here, they meet kids from the community and it gives kids somewhere to hang out for two hours. If their parents aren't home, they come out here, they hang out, they get a snack and it's absolutely free."

Though it's Chuhie who runs the Lighthouse, she points out that other staff members are always helping out.

At this time of year she's focusing on the kids making crafts they can use as gifts for family members and her co-workers play a big role in making that happen.



STUDENTS IN THE LIGHTHOUSE PROGRAM SHOW OFF THE ROCKS THEY PAINTED.

"I have great co-workers and when we have downtime I'm like, 'can somebody go cut me some wood in the wood shop?'" she laughed.

"And they always do."



Happy Thought PACs crucial to school success

Parent Advisory Councils (PAC) might be the biggest behind the scenes booster every school has and at Happy Thought School, that boost is doubled.

Principal Nancy Lovenjak says the school's two parent councils - one for the English program, another for the Ukrainian - work tirelessly behind the scenes to make sure students have everything from sports equipment to babushkas, and all with little to no fanfare.

"There is a lot going on," Lovenjak says.

"Both parent councils have dedicated members that are always working hard. It's not just meetings, there's extra work that's going on and it's huge."

Members of the English PAC recently hosted a Halloween dance and helped pay for water filling stations in the school. While they're not mandated to raise funds and contribute,

Lovenjak says every year the council asks, 'what do you need?'

They make sustainable development a priority, she says, and they connect with the student council to ensure everyone is on the same page.

"It's a really beautiful working relationship," Lovenjak says.

The Ukrainian PAC is responsible for rolling out the cultural aspects of the Ukrainian bilingual program, and they take their tasks very seriously.

Earlier this month, they got together on a Saturday to make piroshky, which required Friday night rolling of the dough, making it a full weekend event.

They put in countless hours to prepare for the Easter Blessing, including dyeing traditional Ukrainian Easter eggs. And the PAC purchased babushkas right from the Ukraine for students.



HAPPY THOUGHT EUBP PAC: FIRST ROW: ANNETTE STASIUK (CHAIRPERSON), NANCY LEMOINE, RIA SEMENOWICH

SECOND ROW: PAM NEMEC, CORRINE WIEBE, DAYNA ROSZMANN, JUANITA SOKOLOWSKI, LYNDIA SIMKO.

THIRD ROW: JASON CHODY (HTS VICE-PRINCIPAL), BOB KOVACHIK (ESMS VICE-PRINCIPAL), NANCY LOVENJAK (HTS PRINCIPAL), SERGI OBRATZOV (HTS TEACHER REP.).

"It's a great relationship, and they're great people," Lovenjak says.

The two groups often split costs for things for the school. The school's Huskies logo was painted on the gym floor, and the English PAC paid for 70 per cent with the Ukrainian PAC covering the remaining 30 per cent.

Lovenjak says the Ukrainian parents are very cognizant of the fact that students from both streams support their fundraising efforts, so they always put some of their funds raised back into things the entire student body will enjoy.

"It's like a labour of love for both groups, really, for what they do," Lovenjak says.

Both also play a crucial role in keeping the school informed about the community. If parents have questions about something at the school, the PAC members are the first to hear about it, and they make sure they bring it up at meetings.

"It's great because whatever's going on, we hear about it first, good or bad, which is important because that's how we get better."



HAPPY THOUGHT PAC: FRONT ROW LEFT TO RIGHT: JOANNE SPRANGE (TEACHER REP.), TARA BAILEY, JONNA ATKINS-SAGAR, TANYA MASSE, JOCLYN PAULIC (CHAIRPERSON), KELLY NEUFELD, MEGAN SMOLINSKI, KRISTINE POLLOCK, JEN HUNNIE, AMBER BARAN

BACK ROW: JASON CHODY (VICE-PRINCIPAL), NANCY LOVENJAK (PRINCIPAL)

Safe Stop App saves students time in the cold

When the school bus is a couple of minutes late to pick up students at their driveway, it's not a big deal in the spring or fall, but in winter, when the temperature drops and the wind chill climbs, a couple of minutes make a big difference.

Mike Munday, Supervisor of Transportation for the Lord Selkirk School Division, says the Safe Stop App is designed to let students and their parents know when the bus will be pulling up at their driveway, allowing them to stay inside and warm until the bus arrives.

"There are days when the weather is bad, when the bus could be two to three minutes late because of the weather," Munday says.

"Safe Stop integrates with our routing software, as well as our GPS, to give live updates to subscribers of where their bus actually is. It gives them expected arrival times in the palm of their hands. They don't need to call the school, they don't need to call us, wondering where the bus is. They can see it."

Munday says he's expecting to launch the app in December, and it, along with the routing software and GPS, are part of his goal to improve technology in the transportation department.

"One of my objectives when I started here was to bring us forward technologically. It's a great operation, we have well-trained drivers, but we were doing everything pen and paper still. Now we have routing software so everything is digital and we can see everything, and we also have GPS and we gather tons of data everyday on everything we do," he says.

"We can incorporate the two in order to provide more information to our students and their parents to make it safer for them and more comfortable. On days like today when it's cold outside, it'll feel a lot better knowing that your bus is going to be seven minutes behind, so you can wait a couple more minutes in the warm before you go out in the cold."

Rural students with long driveways often can't see if the bus is approaching, and when the weather's bad you could find yourself waiting a long time in the cold if the bus is late.

Safe Stop will show the student what their scheduled stop time is, and what the expected arrival time is. The software updates the expected arrival time every 30 seconds.

Parents and students will be able to subscribe to Safe Stop, free of charge, and will be given an access code for their stop. They will only be able to see their bus stop information.



Lord Selkirk School Division is pleased to recognize the following employees who have reached milestones as of July 1, 2016

35 years

Sharen Bresoline, Education Assistant
Wendy Whall-Paulson, Teacher

30 years

Allison Impey, Teacher
Mary Anne Welham, Teacher
Kerri-Dawn Yuskow, Teacher

25 years

Kimberly Cooke, Teacher
Linda Fiedler, Swim Instructor
Stephen Grahame, Teacher
Penny Hunter, Teacher

20 years

Eric Birch, Teacher
Tammie Burbella, Education Assistant
Brenda Chorney, Teacher
Kristine Duke, Vice-Principal
Kim Gobeil, Bus Driver
Patricia Goosen, Vice-Principal
Christine Hawrylak, Bus Driver
Sharon Hooker, Education Assistant
Dave Juvonen, Teacher
Roneen Keats, Education Assistant
Daryl Loeppky, Principal
Dianne Martin, Education Assistant
Sharon McKenzie, Teacher
Darcy Nazimek, Principal
Gary Parsons, Teacher
Rita Procyshyn, Teacher

Delores Rebeck, Teacher
Aleskandra Slobodianik, Teacher
Laurel Sutherland, Bus Driver

15 years

Caroline Andryo, Library Clerk
Tracy Boles, Teacher
John Bukich, Teacher
Margaret Burzuik, Education Assistant
Leila Carlson, Custodial
Christine Christie, Education Assistant
Juanita Chuhie, Education Assistant
Darlene Cockerill, Teacher
Lizanne Cormier, Teacher
Lorna Crupi, Teacher
Louise Danis, Custodial
Brenda Dewar, Teacher
Cathy Dobson, Education Assistant
Sheree Drzystek, Teacher
Jackie Feledechuk, Education Assistant
Joanne Fiebelkorn, Education Assistant
Dianne Fisher, Education Assistant
Joseph Fisher, Custodial
Ulrich Frey, Bus Driver
Debbie Furdyk, Teacher
Billie-Jean Goodman, Teacher
Leonhard Hofer, Principal
Sarena Hofer, Teacher
Brian Johnston, Teacher
Kristin Kalyta, Teacher
Kevin Kostecki, Teacher

Marlene Kraemer, Teacher
Kevin Lopuck, Teacher
Roland Makowski, Teacher
Lindsay Marsh, Teacher
Tracie McDonald, Teacher
Kim Moore, Teacher
Melissa Muir, Education Assistant
Carmen Pedersen, Education Assistant
Michele Polinuk, Superintendent
Darcelle Saunders, Principal
Tara-Lee Sinclair, School Secretary
Terry Skarban, Vice-Principal
Karen Smith, Education Assistant

10 years

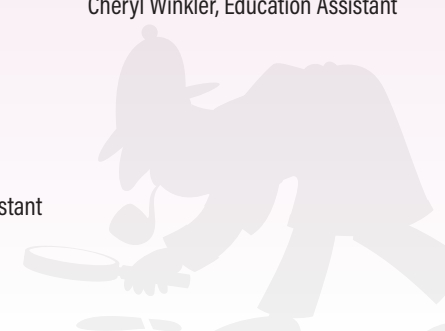
Scott Andrews, Teacher
Nancy Bargaen, Teacher
Jason Bauer, Teacher
Maureen Bloodworth, Teacher
Hank Bogers, Bus Driver
Doug Bourbonniere, Teacher
Chantelle Bowser, Teacher
Stacey Brooks, Teacher
Erin Buczkowski, Education Assistant
Janice Burbella, Teacher
Laura Burbella, Education Assistant
Michael Buzzi, Education Assistant
Dwayne Carlson, Carpenter
George Caughell, Teacher
Allison Coe, Teacher
Lani DeBoer, Education Assistant

Irene Donnelly, Education Assistant
Pauline Drummond, Education Assistant
Shelan Ennis, Education Assistant
Lynn Flinta, Education Assistant
Heather Gordon, Education Assistant
Debby Grant, Director
Belinda Hammond, Lead Teacher
Svitlana Kwiatkowski, Teacher
Donald McIntosh, Teacher
Crystal Monkman, Accounts Payable Assistant
Josef Mudryj, Teacher
Matthew Nickarz, Teacher
Jennifer Olson, School Accounts Clerk
Sandra Pawluk, School Accountant
Patric Peloquin, Teacher
Kelly Smith, Teacher
Kim Tibold, Education Assistant
Melody Tully, Teacher
Kelly Wach, Education Assistant
Walter Walterson, Teacher
Jessica Witzky, Teacher

5 years

Jeremy Clarke, Bus Driver
Bill Crabb, Custodial
Joann Droux, Custodial
Heather Fontaine, Education Assistant
Ashley Fox, Custodial
Harold Freiter, Principal

Tyler Funk, Education Assistant
Randy Genyk, Custodial
Carolyn Hart, Teacher
Kelly Hawes, Teacher
Russell Hays, Custodial
Natalie Koop, Teacher
Jennifer Krawchuk, Teacher
Tamara Kroeker, Teacher
Glenda Matheson, Education Assistant
Mary-Kate McDonald, Library Clerk
Lindsay McFadyen, Teacher
Angela Neves, Teacher
Martinet Orr, Education Assistant
Kris Peterson, Teacher
Michelle Place, Library Clerk
Pamela Purvis, Education Assistant
Caitlin Schick, Teacher
Melanie Scott, Teacher
Laura Toulman, Bus Driver
Clint Vanderburgh, Education Assistant
Gloria Waterman, Custodial
Cheryl Winkler, Education Assistant



Graduation starts now

Caps and gowns are synonymous with June, and when friends and family fill the seats at the Rec Complex this year to watch the 2018 graduating class, their thoughts are on the special day and nothing else.

Their pride is well placed, but if you take a moment to consider how we arrive at that day, it's a little overwhelming.



Graduation is a year-long activity for teachers and administrators at the high school and it includes not just convocation and Safe Grad, but also the academic and athletic awards evenings earlier in the month of June.

"It's a tremendous amount of man hours and resources, because it's such an important event," principal Martin Ingenmey said, noting it's a combination of staff and volunteers that work to make it happen.

"As the year progresses, different things need to happen at different points. As we work up to that magical June date, more and more people become involved and more volunteers, and coordination are needed. It becomes quite a delicate balance."



Comp vice-principal Tamara DeiCont says there's a tremendous push by school staff and parents to make all events run so smoothly. Charlene Henrikson and Kier Dear are grad advisors for the school.

"It takes a village, a real village of people that know exactly what to do," DeiCont said.

"And we always end up with two really glorious, gala events."

Work has already started on the academic awards night, held prior to the big grad day, where around 100 scholarships and bursaries are handed out to deserving students.

DeiCont said staff are already confirming the awards are still available - it's not a given that all scholarships and bursaries will continue year after year. And the general application has to be updated to ensure it accounts for each individual award's criteria.

And while all that is time consuming the real work starts in spring.

"The biggest bulk and crunch starts just prior to spring break when we have students complete applications," she says. Second semester mid-term marks are checked to ensure the student has the grades to even apply, and do they meet the criteria for a specific award. If these check out, then the student is invited to an interview with a panel of educators.

When you're giving out close to 100 awards, the interview process takes three days. That's the fun part getting to know the student on a more personal note as they put their best foot forward in the interview.

And it only gets harder from there - making the tough decision on which students get the awards.

"All that information goes together, and we take a look at who qualifies for what, who's the best fit for the scholarship or bursary," DeiCont said.

It's a two to three week process that occurs both inside and outside of school hours.

After that, letters have to be sent out, presenters have to be confirmed and a decorating and catering crew begins planning for the big night.

The speeches that are given prior to each student receiving their award have to be written as well.

"We write speeches and we tailor those specific to the student so we have to refer back to the application, we refer back to the interview and that's how we pull this all together."

At the same time, organization for the convocation is going on as well. Teams of staff are ensuring students have the credits required to graduate, alphabetizing the graduation list and making sure the diplomas are error free, preparing to set up the Rec Centre, organizing speakers, presenters, etc.

"The bulk of it is from March through to June and it's a daily thing in amongst many other things," DeiCont said.

And while the school is responsible for awards and graduation, DeiCont said there's another important group that makes sure the dinner and dance are a success.

"We have a team that puts awards and convocation in place, but Safe Grad is the parents' portion. There's a distinction between those two things, and it's a very big distinction," she said.

"To an outsider it probably looks like the school does it all, but there's a massive, massive parent group under the direction of two parent co-chairs in partnership with staff, that looks after the Safe Grad, which is the dinner and dance, the party, and they do a great job of that."

DeiCont said the staff and parents do a terrific job, and part of that is being aware that there's always a way to do things better.

"We're always looking to improve the system," she said.

