



# The Selkirk Record

THURSDAY, NOVEMBER 16, 2023

VOLUME 14 | EDITION 46

www.selkirkrecord.ca



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## Lest we forget



RECORD PHOTO BY BRETT MITCHELL

Remembrance Day was celebrated at ceremonies throughout the region this year. Pictured: Cadet Sophia Zueff laying a wreath at the Grand Marais Remembrance Day event. See more photos inside.

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PRICES IN EFFECT: THURSDAY, NOVEMBER 16 - WEDNESDAY, NOVEMBER 22, 2023

# Lockport School donates



RECORD PHOTO BY BRETT MITCHELL

Students from Lockport School made a huge donation to the Selkirk Food Bank. The school donated 953 items which totalled a whopping 1106 lbs. from their Let's Scare Hunger campaign this fall. Over the past five years, the school has managed to amass just under 10,000 lbs of donations. Awesome work kids!

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**BIG DOLLAR**

# Staff from the LSSD have worked hard to bring back outdoor classroom

## Students in local division will once again enjoy this unique learning opportunity

By Katelyn Boulanger

Getting out of the classroom and learning things in a different environment are often some of the most fun days in a student's school year. The Lord Selkirk School Division (LSSD) staff have worked hard to ensure that kids in our area will have one more place to go and learn from now on since their outdoor classroom space has officially hosted its first field trip earlier this year.

"The school division owns 51 acres of land. Originally, it was land that was transferred to the Selkirk-based district when it was created in 1967 as a result of an amalgamation of independent and public schools in that region," said Lockport School Teacher Jodi Forfar.

The outdoor classroom is an open-air environment that allows kids to get out of their classrooms and into a more natural open space.

"In 1981, teachers decided to turn it into an outdoor education space, and create a camp in that forested area,"

said Forfar.

Unfortunately, in 2005 the cabins that were on the property had reached the end of their usable lives and had to be removed for safety reasons. From that point, the property was unused for several years.

Forfar said that former superintendent Scott Kwasnitza started the ball rolling to the current outdoor classroom space in 2015.

"He organized a committee and as LSSD staff, we decided to move forward with a project that would turn the space into a day field trip site," she said.

LSSD staff have been working on this project slowly ever since.

"Funding has always been tough to secure to move the project forward. We required grants and things like that to move it forward and COVID was a setback as well. Just over the last couple of years, we've got it up and running again," said Forfar.

Continued on page 6



RECORD PHOTO SUBMITTED

Students from Lockport School who went on the first field trip to the outdoor classroom.

# LIGHT UP

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# YOUR CHRISTMAS



## Buying local

A great holiday gift for your community!



Buying local for the holidays:  
a gift to your community

The holiday season is the busiest time of year for many merchants and service providers in Selkirk and surrounding area. But did you know that if you buy local this Christmas, you'll help support your community? Here's what you should know.

A SMALL GESTURE WITH A BIG IMPACT  
In addition to endorsing the merchants

in Selkirk and surrounding area, buying locally allows you to contribute to your region's economy by keeping jobs in the community. Plus, it's a great way to invest in your neighbourhood's businesses such as Addie's World of Color, Safeway, Shops of St. Andrews and Shoppers Drug Mart. Afterall, your support is what makes it possible for

them to offer a wide variety of products and services.

Furthermore, a business that earns more money from transactions made by local citizens contributes a greater amount of tax revenue to the government. This money can then be reinvested in services that benefit the entire community.

Finally, buying local products helps protect the environment. This is because fewer greenhouse gases are emitted when locally made goods are transported to stores in the area.

### THINK OUTSIDE THE BOX

Buying local isn't just about the products you can put in a shopping cart; it's also about investing in your region's many services. For example, think of the various offerings provided by regional businesses in the arts such as museums, theatres, galleries and more.

This year for Christmas, consider giving an experience as a gift. It may turn out



to be the perfect way to spend quality time with a loved one.

### SPECIAL DEALS AND GREAT OPPORTUNITIES

During the holiday season, it's not uncommon to see city officials and business organizations implement initiatives to encourage people to buy local. This may include posting online directories that list all the businesses in the area. In addition, sometimes stores will offer special promotions, gifts and discounts to local residents.

This year for Christmas, give yourself and your community the gift of buying local.

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## > OUTDOOR CLASSROOM, FROM PG. 4

The first of many field trips to come to the site took place this fall.

"The field trip was part of an option here at Lockport [School as part of our] enrichment programming, where students could sign up and they went to the site. We spent almost a full day there. We went through a series of activities. The first activity we did was just a walk through the space together as a group, I gave a tour of the site, and showed them the trails and talked a little bit about the history of the site. The other part of our day was running scavenger hunts through the trails," said Forfar.

She says that they received a lot of positive feedback from the students.

"They were in no rush to get back to school and get on the bus. They were on the trails, they were active, they were busy, they were running, they were interacting with each other, they were exploring, and they were seeing things they hadn't seen before. I heard a lot of positive feedback, 'This is the best field trip ever.' 'This is awesome!' and by the end of the day, when we had to go, they were already asking

when we could go back," said Forfar.

She explained that there are many benefits to getting kids into outdoor education spaces.

"Obviously, there are physical benefits, they have movement. They can be a lot louder outdoors than in a classroom. There's a lot more interaction with each other in an outdoor setting, and also mental health benefits [because] they're outside and they're getting fresh air. There's different sensory exposure to sounds and smells and touching different things," said Forfar.

She says that they have plans for a grand opening event to take place at the site in the spring and hope to welcome other staff and students to use the space in the future.

"We would love to see it used year-round for snowshoeing and cross-country skiing. We are hoping to extend that to invite community members as well from other schools and districts to use the space as well," said Forfar.

She thanks all of the people who worked very hard to make this space

happen for the students.

"I really appreciate the amount of support that we've had from the community and our maintenance staff that have really taken ownership overseeing this space come to life. It's

been a lot of work and a lot of dedication from staff and it's so much appreciated. There's a lot of background work that went into this to make it happen," said Forfar.



RECORD PHOTO SUBMITTED

LSSD staff who used the site during a PD day learning event.

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# Operation Red Nose in Selkirk cancelled for 2023 season

## Hopes high that program will return in 2024

By Katelyn Boulanger

The organizers of Operation Red Nose in Selkirk have officially made the decision to cancel the program for the 2023 holiday season.

Leslie Hanson, the Selkirk co-coordinator of Operation Red Nose, said that the reason for the decision to cancel this year was due to a lack of commitment from volunteers. Because people may rely on Operation Red Nose for a ride home, Hanson felt it was important that people know that this year they will have to make alternative arrangements to get home safely.

Operation Red Nose is a program that gets people who are under the influence and their vehicles home safely during the holiday season. Because of the COVID-19 pandemic, the program was put on hold during 2020, 2021, and 2022. Normally, the program preparations start early in the year but because of the uncertainty earlier this year as to what the COVID situation might be this winter, preparations didn't start until later than usual.

"We were waiting. We made the decision in the late summer that we would try to get it organized again this year. In a normal year, we do start planning in April or May through the national office," said Hanson.

Unfortunately, when Hanson did reach out to groups in our community who have volunteered in the past and to the community at large through social media, she did hear from people that they were thinking about participating but did not have the type of commitment that they needed in order to run the service.

"I can't really plan on, 'We might run. We might volunteer.' It's an important service and we have to have volunteers to run it. Over the course of the nine nights and looking at how many volunteers we typically will use over the full nine nights, it's about 150 volunteers," she said.

Volunteers also need to commit in advance because, in addition to en-

suring every night has enough people available, they need to have a criminal record check done.

Normally, Operation Red Nose works with groups of volunteers from local children's sports teams and their efforts go to supporting their organizations. Though Operation Red Nose does not charge for rides home, between donations and sponsorships, volunteers can raise a good amount for their organizations.

"The money is divided based on the number of volunteers that they have. We don't do it by night, because some nights you don't get as many donations and yet the volunteers still have to be there and available," said Hanson.

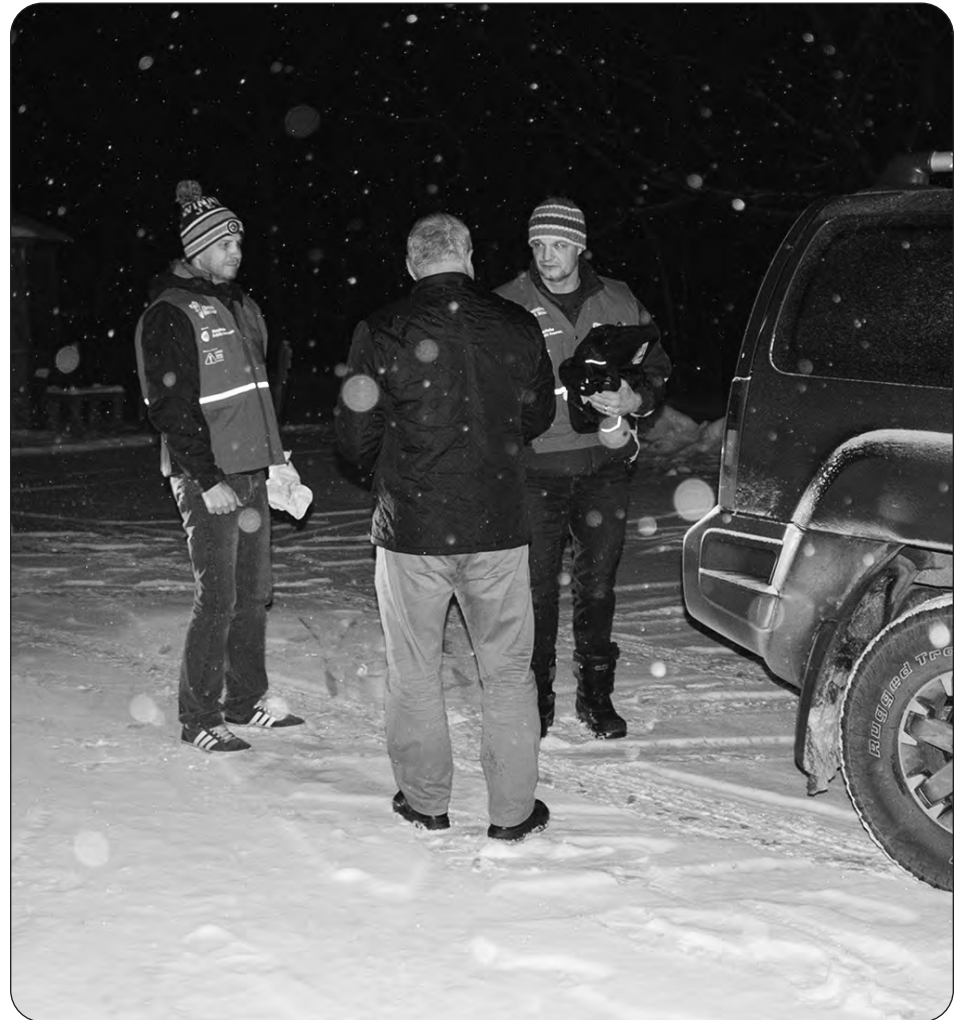
According to Hanson, in 2019 most groups that volunteered made a minimum of \$1300 for one night of volunteering and they had a few groups that did more than one night who earned almost \$3000 for their organization.

"Altogether we dispersed about \$11,000 back into community groups in the area [in 2019]. I think you have to sell a lot of chocolate bars to raise \$11,000," joked Hanson.

Unfortunately, a tough call to cancel had to be made to ensure that residents knew that they would have to make alternative arrangements this year in order to get home safely from holiday celebrations.

Hanson says that she's hopeful that they will get back to it next year.

"We're hoping that we will be back up and running [next year] and just an ongoing service for many years. Volunteers who have volunteered in the past really enjoy volunteering. Some of the younger people in the community who use Operation Red Nose think it's a great service. They don't have to phone mom or dad to come and pick them up at two o'clock in the morning and they can get home safely. It's just a great fundraiser," said Hanson.



RECORD FILE PHOTO

Volunteers helping at a previous year's Operation Red Nose event.




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# get heard

EDITORIAL > VIEWPOINTS > LETTERS

> Got news?



Call Katelyn Boulanger

## Thank you from the Rotary Club of Selkirk

### Donations of runners, winter clothes and books made this fall

**Submitted by the Rotary Club of Selkirk**

During October, the Rotary Club of Selkirk, in partnership with the Lord Selkirk School Division and three local churches, collected winter clothing to be shipped to northern fly-in First Nations in Manitoba. The response from our community was overwhelming. Forty-plus boxes were packed with new and gently used winter clothing for all ages to be flown to the North. Used hockey equipment and skates were also donated to keep kids active. This project is a reminder to everyone that residents living in remote fly-in First Nations do not have the luxury of running to the store when kids have outgrown their snowsuit or winter boots.

In September, ten large boxes of runners were delivered to Moose Lake First Nation when the club heard there was a need for runners for kids in school.

HIP (Honoring Indigenous Persons) is a national subcommittee of Rotary and is very active in helping with the needs of the people in the North. For a week last March, the Rotary Club of Selkirk hosted over 40 Indigenous and non-Indigenous youth from across Canada to learn and participate in the cultures of Indigenous communities in Selkirk and the surrounding area. The success of this program will now continue with gatherings being hosted alternately in the East, West and Central Canada.

The club has participated in the Share the Magic program which delivers, by winter roads, books for all ages to these same Northern communities. In the past two years, the Rotary Club of Selkirk has packaged and sent over 2000 books as part of their commitment to literacy and HIP.

The Rotary Club of Selkirk appreciates the generous donations from local schools and churches. Our part-

nerships with northern airlines and trucking companies speak volumes of everyone's commitment to Reconcili-

ation. You are all a part of our motto of 'Service Above Self'.



**RECORD PHOTO SUBMITTED**

Rotarians sorting donations (above) and with boxes of donations (below) to be sent to people in need.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

**TROUBLE WITH PAPER DELIVERY?**

**Christy Brown, Distribution Mgr.:** 204-467-5836

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# Making a difference for people in our community one set of PJs at a time

## Local businesses team up with Nova House to bring PJs to those who need them

By Katelyn Boulanger

Often there comes a time at the end of the day for most people after everything has wound down when you get to put on some PJs and start really relaxing. The Power of the PJs campaign aims to make sure that people leaving domestic and family violence situations also have that opportunity by collecting new PJs, slippers, socks, or t-shirts and sweats which are given to people who come to Nova House for help, often with just the clothes on their backs.

"It is an opportunity for the shelter to bring recognition to Domestic Violence Awareness Month, which is November. It's a quick, easy way, for people to support what we're doing. Pajamas are something that we provide families when they come into the shelter. If they come with nothing, they have no pajamas, it's one of the things that typically get left behind, that and socks. [This campaign allows us to] have them on hand for them here. Usually, this campaign has been able to provide us with enough pajamas to last us throughout the year," said Viktoria Westgate, executive director of Nova House.

Nova House is a domestic and family violence shelter that serves the Interlake and North Eastman region of Manitoba and is based in Selkirk.

Westgate says that it's important to bring awareness about domestic violence to everyone in our community because it can happen to anyone.

"Nobody knows what goes on behind closed doors and domestic violence, intimate partner violence, and family violence happen everywhere. It could be happening next door to you, right? So, it's good to bring that awareness to everybody. Everybody should be aware," she said.

PJs can represent comfort and signal that it's time to relax something that someone coming from a domestic or family violence situation may greatly need.

"The best way to bring that into perspective would be when someone has been struggling all day to leave an abusive relationship and they finally make it to a safe refuge, like a shelter, being able to provide them new clean pajamas, so that they can have a restful night's sleep, maybe for the first time in weeks or months, there's nothing better than that," said Westgate.

Nova House additionally allows people who get help from them to go

to their thrift store, Twice Over in Selkirk, and obtain what they need for free but for that first night having PJs on hand is essential.

"[We need PJs] not just for adults but all ages from newborn baby all the way up to all ages of adults and definitely all ages of children," said Westgate.

She in particular mentioned that they need men's PJs as well, even though the shelter is for women and children leaving unsafe situations, as there are teenage boys who fit into adult sizes who are part of families that are getting help and sometimes they are overlooked.

For the month of November, six businesses in our community will become collection points for these PJs:

- Twice Over Thrift Store: 214 Manitoba Ave, Selkirk
- Packers Women's Fashion: 409 Main Street, Selkirk
- Aaron's No Frills: 366 Main Street, Selkirk
- Bella Ragazza Boutique: 63B Main Street, Selkirk
- Harry's Fine Foods: 5571 Hwy. #9, St. Andrews
- Network 4 Change: 92 Third Street, Beausejour

Residents can also support Nova House and this campaign financially through their website or by sending an e-transfer to finance@novahouse.ca. Cheques can also be mailed to them at Nova House, P.O. Box 337, Selkirk, MB, R1A 2B3.

Financial donations are helpful because at this time of year, they get a lot of warm-weather PJ donations and the monetary donations allow them to purchase PJs in the spring and summer for people who come in when the weather is warmer.

Westgate says that the people who receive these PJs are very grateful to get them.

"They are extremely thankful. They're sometimes overwhelmed a little bit. When a family of six comes in and we're giving them all pajamas, it's a little bit of a relief sometimes for the mom. They're worried about what their child will sleep in that night, that weekend, or while they're here. And so, it's a bit of a relief that we can provide what they need," said Westgate.

For more information about Nova House visit their website at novahouse.ca. You can also contact them by texting 204-805-NOVA(6682). If you are in an emergency situation, please call 911.



RECORD FILE PHOTO BY BRETT MITCHELL

Nova House is a family and domestic violence shelter in Selkirk. They are collecting PJs this month for people who need their help.

**Nick of Time**

**CRAFT & VENDOR SALE**

Little Britain United Church  
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"Supporting each other towards a new beginning"

# Small, wooden canoe completes journey along Red River

By Kaitlin Vitt

With the help of onlookers, a three-foot-long unmanned canoe made its way from Ste. Agathe to north of Selkirk on the Red River over the summer.

Jason Molinski released the canoe, named the River Gypsy, in June, and the canoe concluded its journey in September as part of his Red River Journey project.

Molinski and his wife started the Red River Journey with their grandsons a few years ago as a way to keep busy during the COVID-19 pandemic. He carved a small canoe, complete with paddlers, and had the idea that it would travel along the river.

The 1941 children's book *Paddle-to-the-Sea*, by Holling C. Holling, inspired Molinski to take on this project. He read it when he was about eight years old, and the story stuck with him. The book tells the story of a boy who carves a small wooden canoe that he releases in Lake Nipigon in Ontario, and the canoe travels to the Atlantic Ocean.

As a child, Molinski was intrigued by another young person carving a canoe that went on such an epic journey.

"I found out later it was all a fictional story," Molinski said. "But I thought, let's make it real."

In addition to it being a way to stay busy during the pandemic, the Red River Journey was also meant to bring lightness to people's days during dark times, something that holds true to this day.

"This was just something pleasant for a change," Molinski said. "It was something different to take people's minds off the stuff that's going on around the world."

In a small vessel on the canoe, there was a message with contact information for Molinski and the name of the Facebook page he launched (Red River Journey) to track the canoe.

The River Gypsy had its first journey in 2021, when Molinski and his grandsons released it into the Red River in Emerson in May. Someone found it the next day and re-released it.

And then the River Gypsy disappeared.

"We never heard of it again for another 16 months," Molinski said.

Someone eventually found it in St. Jean Baptiste.

Over those 16 months, river levels varied, due to a drought one year and flooding the other, so the River Gypsy didn't have as straightforward of a journey as Molinski might have wanted.

Molinski and his wife decided to release the River Gypsy on another journey, this time with the canoe equipped with a GPS so they could track its location.

He put it into the river in Morris in June 2023, but the canoe travelled very short distances before people found it, often on the bank, since the river has lots of curves in that area. Molinski relocated the canoe to Ste. Agathe, where the river runs straighter.

The River Gypsy had more success, making its way through Winnipeg and ending its journey north of Selkirk around the Netley-Libau Marsh, where in a full-circle moment, Molinski's son was the last person to find the canoe.

Because of the long journey the River Gypsy made, the Red River Paddle Challenge presented the small canoe with a medal.

Throughout the River Gypsy's journey, Molinski and his wife would post the GPS location of the canoe on the Red River Journey Facebook page in the morning, and people would go out to find it.

"It was amazing how people were watching for it," he said.

Forty-two people found the canoe, and Molinski would post photos people shared on the Facebook page.

"When you watch the news, there's war — it's such a downer," he said. "This for them had nothing to do with war — it was just something for people to do that was a little bit exciting."

At times, the River Gypsy was spotted near other small canoes, which Molinski said were from students from the Pembina Trails School Division.

The River Gypsy is looking pretty rough after the journey it had, but Molinski thinks it still might have more miles to travel in the future.

"I'm very tempted to put it into the lake and see if it would make



RECORD PHOTO SUBMITTED

Jason Molinski carved a miniature canoe to travel along the Red River.

it to sea, see if it would make it to Churchill," he said.

He said he'd have to have a lot of contacts to check in on the canoe, but "the possibility is there."

To stay up to date on any upcoming travels of the River Gypsy, follow along on the Red River Journey Facebook page.

## Perishky!



RECORD PHOTO SUBMITTED

Volunteers put their perishky making powers on overdrive making the delicious Ukrainian sauerkraut buns en masse. This hard work is in preparation for the Ukrainian Christmas Concert, which takes place on Dec. 20. The English-Ukrainian Bilingual Program would like to thank the volunteers for their hard work. This year the perishky elves made a whopping 3,720 of these tasty bites.

Red River North Progressive  
Conservative Association

**AGM**

Notice Of Annual General Meeting  
& Delegate Selection Meeting

Virtual Meeting (ZOOM)

December 13, 2023 • 6:00 pm

Please RSVP to wharton.redrivernorth@gmail.com

# Remembrance in Grand Marais



RECORD PHOTOS BY BRETT MITCHELL

The room was full of residents at the Grand Marais Remembrance Day ceremony. Veterans were remembered and wreaths were layed at this solemn and respectful event.



# Selkirk Remembrance Day ceremony



RECORD PHOTOS BY KATELYN BOULANGER

Selkirk honoured Remembrance day last weekend at the Selkirk Recreation Complex. The Selkirk Legion hosted the event and representatives from many community groups as well as local residents were on hand.



# Interpretive sign unveiled in honour of Dufferin Gang

Submitted by the City of Selkirk

Pre-Second World War Selkirk Dufferin Avenue was an ordinary street in an ordinary prairie town. The men and women who lived there were likely friends, some were related, and they were living ordinary lives before they went to war.

You might say a Selkirk identity was forged by the 31 young souls whose commitment to their country is now legendary. They are known as the Dufferin Gang, and they are believed to be the largest contingent of enlistees in the Second World War all from the same block.

The City of Selkirk, along with friends and family of the Dufferin Gang, unveiled a new interpretive sign at the corner of Dufferin and Main Street so their legacy has one more way to be remembered.

"This installation is reflective of our vision for the Selkirk Museum. It's not just a museum for the city but is actually the city as a museum," said Selkirk CAO Duane Nicol.

"It's taking our heritage and our history, the things that make us proud to be here, and creating something that's not just for the mind, not something

that you just read, but something that you take into your heart and your soul, something that you feel and I can't think of a better example of that purpose, of our museum, than this situation. To be here at this historic site, to experience the street and to recognize the contribution. To not just know about their bravery, but to feel a deep connection to these heroes."

The interpretive sign is located across the street from the newly repainted mural that also depicts the Dufferin Gang.

Selkirk Mayor Larry Johannson takes great pride in honouring the Dufferin Gang and knows the interpretive sign will tell their story for years to come.

"The thirty-one men and women that enlisted, they had pride, they had courage, they had dedication and they knew what they had to do to keep Canada the best country, to keep Manitoba the best province and as far as I'm concerned to keep Selkirk one of the best places to live in," Johannson said.

"There will be residents and there will be non-residents that will come by this corner and they'll see the mu-



RECORD PHOTO SUBMITTED

Neil Zelinski speaking at the mural sign unveiling.

ral, they'll stop to look at the historic street here and they're going to read the signboard and they're going to have that with them for the rest of their lives. It's something that's going to go on, generation to generation.

"So, as we unveil this today, take a look at it, and what we can do. We can always remember what it stands for, remember the men and women whose names are on there and never

forget. Generation to generation."

Neil Zebinski, First Vice President of the Selkirk Legion, made clear what made the ordinary men and women from Dufferin Avenue the legends they became.

"They all did one thing, they volunteered to fight for freedom and freedom is what they gave us," Zebinski said.

Continued on page 18

## When your heart needs an escape



PINERIDGE HOLLOW | 50.0156° N, 96.8819° W



MANITOBA MUSEUM | 49.9000° N, 97.1364° W

Whether it's a change of scenery, a change of pace or a change in your perspective, we all need to get away from time to time. Because there's nothing like finding new places that make you feel alive. Discover museums, art, history and culinary experiences when you try something new on an urban escape in Winnipeg or Brandon.



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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## How to clear out home office clutter

Home offices have garnered more attention in recent years. Restrictions implemented as part of the response to the COVID-19 pandemic forced many professionals to start working from home, which created a greater need for home office space.

Though millions of professionals have now returned to the office full-time, millions more have continued to work from home five days a week or are now working on a hybrid schedule. As a result, home office spaces have maintained their utility even as restrictions related to the pandemic move further into the rearview mirror.

Since home office spaces remain vital for so many, it's important that these spaces are conducive to productivity. Conquering home office clutter is a step in that direction.

- Cut through the piles of paper. Home offices have a tendency to transform into paper depositories over time.



Work files, notes, monthly bills, receipts, and junk mail can quickly overwhelm a home office. Professionals who spend ample time working from home can resolve to cut through the piles of paper. Use a paper shredder to discard documents with sensitive information, such as bank statements and utility bills. Signing up for e-statements can prevent the piling up of paper in the future. Invest in a small file cabinet to store important personal and professional documents.

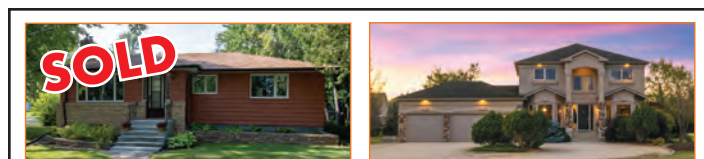
- Discard old devices. Old devices are another space eater in many home offices. Old smartphones and laptops that users are afraid to throw out can be wiped clean and discarded in adherence with local laws. Contact your lo-

cal government to determine how to safely discard old devices rather than simply tossing them in the trash once they've been wiped clean.

- Buy a bigger bookshelf. Home offices often double as reading rooms, which makes them vulnerable to clutter associated with leisure time as well. Books stacked in a corner or taking up space on your desk can create a cluttered look, but also compromise your ability to concentrate. A 2011 study from researchers at Princeton University published in *The Journal of Neuroscience* found that clutter can make it difficult to focus on a particular task. If books are strewn about your office, purchase a bookshelf that can hold them. Once books are shelved, the less cluttered space can make it easier to concentrate.

- Go digital. If space is limited, forgo traditional file cabinets in favor of digitizing important records and documents. Scan important receipts and statements and store them on a desktop or backup hard drive so they're never out of each. This creates space and makes it easier and quicker to find important files.

Home offices can quickly become overwhelmed with clutter. Some simple strategies can help any professional transform their home offices into more organized spaces.



**139 Eveline Street, Selkirk - \$339,900**

GREAT FAMILY HOME! Located on a desirable street is this 1,176 SF, 4 bed, 2 bath bungalow featuring gleaming hardwoods & ample storage space throughout! Close to all amenities in Selkirk! Brand new A/C (23) and hot water tank (22).



**5 Davis Place, St Andrews - \$679,900**

STUNNING CUSTOM BUILT HOME! Located in St Andrews is this 2,150 SF, 3.5 bath two storey home featuring ample natural light throughout and a 3 season sunroom! Enjoy a triple attached garage for your tools & toys!



**38 Billingham Row, West St Paul - \$1,099,900**

BEAUTIFUL CUSTOM BUILT 2,245 SF, 4 bedrooms + den, 3.5 bath bungalow! Inside you will be amazed by the functional living space featuring an open floor plan with plenty of natural light and an abundance of windows.



**135C St Andrews Road, St Andrews - \$579,900**

COUNTRY RETREAT! Nestled on a treed 11.26 acre lot in St Andrews is this 2,296 SF, 4 bed, 2 bath home, featuring plenty of natural light and vinyl tile flooring throughout. Enjoy the advantage of quiet country living with the convenience of all the nearby amenities!



**5597 Main Street, St Andrews - \$949,900**

BEAUTIFUL FAMILY HOME WITH INDOOR POOL! Situated on a 1.51 acre lot in St Andrews close to schools, shopping, and more is this 4,345 SF, 6 bed, 4.5 bath home featuring an incredible detached shop, an in-law suite, and a 2,000 SF indoor pool room! Enjoy a triple attached garage & a BONUS double detached shop for all of your tools & toys!



**1 Byers Drive, St Clements - \$174,900**

BUILD YOUR DREAM HOME HERE! Fantastic opportunity to build the home of your dreams on this .69 acre treed lot in St Clements. Only 5 minutes away from Selkirk for schools, shopping, and all other amenities!



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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Organizational tips for bathrooms and laundry spaces

No two homes are exactly alike. While homes typically feature certain common amenities, even in planned communities' homeowners do their best to set their homes apart from others in the development.

Certain areas of a home may initially garner less attention than others. This often is the case with small washrooms, sometimes called powder rooms or guest bathrooms, as well as laundry areas. Despite their utilitarian nature, bathrooms and laundry rooms can often benefit from some better organization. The following are some ways to maximize storage and function in these spaces.

### Bathroom

Apart from a vanity and possibly a medicine cabinet, many bathroom layouts tend to be pretty sparse in terms of storage. So, it is up to homeowners to introduce more storage and organizational function.

- **Over-toilet shelving:** Freestanding units are available from many different retailers, but they may lack aesthetic appeal. Homeowners can install open shelves above the toilet that coordinate with the style of the home. Use them to store extra towels or display decorative items.

- **Streamlined containers:** Invest in coordinating storage containers (clear are preferable) so that all items can be uniformly put away. First sort through all items to determine which size containers are necessary and how many are required.

- **Conceal toilet paper:** Homeowners want to have bath tissue on hand, but simply placing it near the toilet can look cluttered or unsightly. Use decorative baskets to house one or two extra rolls and place on shelving or on the toilet tank itself.

- **Freestanding cabinet:** Those lucky enough to have linen closets in their bathrooms can keep everything behind closed doors. In small bath-



rooms this may not be possible. However, a freestanding cabinet, similar to a kitchen pantry cabinet, can be used if there is space for it. Store all of the linens and other items inside.

### Laundry

Laundry rooms can be very organized or a catch-all space for objects that simply do not fit in other rooms in the home. Perfecting laundry room organization can take some effort.

- **Folding station:** A laundry room is more useful with a folding station. It can be a separate counter over cabinetry, or innovative homeowners build a counter over front-loading washing machines and dryers.

- **Utilize wall space:** Use hooks and shelving to get items off the floor or counters. Use them to hold brooms, mops, ironing boards, detergent, and much more.

- **Invest in a pedestal storage drawer:** Laundry pedestal storage drawers can be used to keep dryer sheets, laundry pods and additional supplies out of view.

- **Use space-saving cabinetry:** Pull out drawers and cabinets can be used to hold hampers, ironing boards, and other frequently used items with-

out cluttering up the room.

Organizing bathrooms and wash rooms can give these spaces a cleaner, more impressive look.



79029 44 E Road,  
Brokenhead - \$349,900

**OPEN HOUSE November 18**  
11am-1pm

A stunning river front property is nestled in the RM of Brokenhead, just north of Beausejour. This 2-bed, 2-bath home, complete with sunroom/office has been completely renovated. Every corner of this home has been thoughtfully renewed including new appliances. With new flooring, fresh paint, upgraded drywall, insulation, and modern ducting, your living experience is both comfortable and contemporary.



143 Grain Avenue,  
Selkirk - \$329,900

**OPEN HOUSE Sunday,**  
November 19 1pm-3pm

Experience 61 years of loving care in this enchanting 1049 sq ft home. Boasting 3 beds, 2 baths (lower level has in-floor heat). Finished rec room space featuring a dry bar, add'l storage & more! Original kitchen cupboards & countertop are in meticulous condition. South facing front windows, original refinished hardwood floors with cork floor in kitchen & upper bath, triple pane windows on upper level. Strategically located, enjoy proximity to natural beauty at Little Lake Park, recreation at Selkirk Golf & Country Club, & essential shopping amenities.

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> **DUFFERIN GANG MURAL SIGN, FROM PG. 15**

“They had to follow rules and regulations. They had to do what they were told. I can’t say much, some of them came home and some didn’t. Who were the lucky ones? We don’t know. Maybe the lucky ones are still there. Because the ones that came back were scarred for the rest of their lives.

“And for this, their scarring, their sacrifice, we owe them our lives, our freedom. And for this, I thank them and I salute them.”

Glen Laye, whose father Jack Laye was a member of the Dufferin Gang, is part of the small committee that has been dedicated to getting the Gang the recognition it deserves. Laye, along with Mae Gulewich, Gay Karandiuk and Brooke Kell, reignited the drive to erect a monument that began around 2010 but had stalled.

Their efforts resulted in the monument and benches at the Legion and the repainting of the mural originally created by students from East Selkirk Junior High, that had started to peel.

He says his father and other members of the Dufferin Gang never talked about the fact they were the largest group from one street to enlist.

“They knew but they never made an issue out of it. My dad never talked about it,” Laye said.

“I always said if they were looking down on us they’d be saying ‘What the hell is the fuss about’.”

Johannson congratulated the committee on getting the job done and said they have the same characteristics the Dufferin Gang had – pride, courage and dedication to see the task through.

“The committee and family members also had those three attributes. Over the last few years it really shone and it really showed and it led to where we are today and I really applauded them for that,” he said.

Wayne Bird, a member of the Selkirk Legion, spoke on behalf of the families on the day of the unveiling.

“We stand here and we’re reminded of a world engulfed in the turmoil of the Second World War and in that era it was common to see friends and family members from the same neighbourhood enlist side by side, bound by a shared commitment to their nation,” Bird said.

“Yet in Selkirk, there was a group that stood out. A group that defied the norm. They were known as the Dufferin Gang. Thirty-one men and women who called Dufferin Avenue home. All enlisted to serve their coun-

try during those trying times.”



RECORD PHOTO SUBMITTED

The new mural sign in front of the updated mural.

Bird acknowledged that there is no official confirmation that the most enlistees from one street in the war were from Dufferin, but it is widely acknowledged, including by military historians.

“It is a testament to the extraordinary bond that tied these individuals together. Dufferin Avenue remains a vibrant part of Selkirk to this day, but we must never forget the sacrifice and the unity of the Dufferin Gang. Today, we not only commemorate their service, we also gather to showcase the

newly repainted mural that bears the name of these exceptional individuals,” Bird said.

“As well as the accompanying new interpretive panel that has been installed with their stories, ensuring that their legacy lives on for generations to come. Moreover, last September the Dufferin Gang monument was erected and stands proudly on the grounds of the Selkirk Legion, Branch 42 at the corner of Morris Avenue and Eveline Street, serving as a lasting tribute to their memories.

Continued on page 23

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Silent Auction & Canteen Available  
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**Canteen at Crafters Market during Holiday Alley**  
Friday Nov. 17th 6:30 pm – 9 pm.  
Saturday Nov. 18th 10 am – 5 pm

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## THU NOV 16

### 7-9PM ▶ WORKSHOP

#### BEER & BENDING WITH CLOVERDALE FORGE

The Merchants Hotel, 383 Eveline St. | **FREE (for the first 50 participants)**

Presented by *Black Cat Wear Parts Ltd.*

Join the fine folks of Cloverdale Forge in bending, shaping, and stamping metal tree ornaments while sipping on a malty beverage at Manitoba's oldest licensed bar. The first 50 participants will receive a free 5-ornament kit to bend and shape in their own unique way. \$20/kit for the 51<sup>st</sup> person and beyond! No registration required.

### 8-10PM ▶ CONCERT

#### BURNSTICK AND HILLBILLY BURLESQUE

Christ Church Selkirk, 227 McLean Ave. | **\$25**

Sponsored by *N4 Construction & Manitoba Métis Federation*

An evening of slide guitar and folk music featuring local act Hillbilly Burlesque and Juno-nominated Cree/Métis married musical duo Jason Burnstick and Nadia Gaudet Burnstick.

Tickets ▶ [bit.ly/45f6zn8](http://bit.ly/45f6zn8)



## FRI NOV 17

### 6-9PM ▶ STREET PARTY ON MANITOBA AVE

Visit [holidayalley.ca](http://holidayalley.ca) for full Street Party schedule

#### ALONG THE AVENUE

Have yourself a merry little evening in historic downtown Selkirk with Giant Santa Photos projected on the Garry Theatre, live entertainment, a huge straw sculpture, glowing giant games, hula jams, street food and more. Dress in your winter best – twinkle lights encouraged!



#### BIG BRIGHT GAMES & ACTIVITIES | **FREE**

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Glow Hula Jam	Meridian Chiropractic
Giant Connect Four	Access Credit Union
Neon Gym	Iron Image
Caroling	Easton Place Clinic
Shadow Puppet Show	Gerdau
Kids Crafts	Interlake Art Board

## THU NOV 16 & FRI NOV 17

### 9:30AM - 2:30PM ▶ SCHOOL PROGRAMMING

#### INDIGENOUS TEACHINGS

Selkirk Friendship Centre, 425 Eveline St. | **ALL FULL**



Presented by *Selkirk Community Renewal Corporation*

Led by local Indigenous Knowledge Keepers, nearly 400 students in the Lord Selkirk School Division participate in a day of Indigenous storytelling, drumming, and crafts in celebration of Holiday Alley and Selkirk's deep Indigenous heritage.

**Note to teachers** ▶ Reach out to [holidayalleymb@gmail.com](mailto:holidayalleymb@gmail.com) to participate next year!

FRI NOV 17 continued ▶

**FRI NOV 17 | 6-9PM STREET PARTY** *continued* ▼

**GIANT SANTA PHOTOS | FREE**

Across the street from the Garry Theatre, 225 Manitoba Ave.  
Facilitated by photographer *Leif Norman*  
Sponsored by *Fort Distributors*  
Santa support by *Brad Hirst Royal LePage Prime Real Estate*  
Santa is coming to Selkirk! Snap your holiday photo and catch Santa (and you!) projected larger-than-life on the historic Garry Theatre.

**CITY OF SELKIRK HERITAGE BOOTH | FREE**

Outside the Garry Theatre, 225 Manitoba Ave.  
Visit the Selkirk Heritage Advisory Committee's booth to glimpse into the rich history of Manitoba Ave. through captivating photos of old Selkirk. Don't miss this nostalgic journey!

**FAIR TRADE HOT CHOCOLATE BOOTH | FREE**

Outside the Garry Theatre, 225 Manitoba Ave.  
Come visit the Selkirk Fair Trade Steering Committee booth for some free fair trade hot chocolate and learn more about fair trade initiatives in Selkirk!

**STRAW SCULPTURE DISPLAY | FREE**

Parking Lot east of Roxi's 219 Manitoba Ave.  
Hosted by *Sputnik Architecture* (the brains behind The Forks Warming Huts) & *Anvil Tree*  
A giant sculpture created by teams of collaborating artists from Manitoba's first ever Straw Sculpture Symposium premieres at the street party. Get a good look at this 'strawsome' piece of art!

**TASTINGS**

Roxi's/On the Rocks Bar, 219 Manitoba Ave.  
7-9pm Beer & Wine Tastings  
Put your taste buds to work sampling holiday brews.

**FROM THE LITTLE RED STAGE | FREE**

6pm	Brandi Vezina
7pm	DB and the Deadbeats
8pm	Orvis Thomas

Dance the cold away with local music acts.

**FROM THE MAIN STAGE | FREE**

6:30pm	Lights On & Giant Round Dance
7:30pm	Pooch Parade Sponsored by <i>Selkirk Animal Hospital</i> Even dogs love a parade! This year's theme is: (Deck the Halls with) Bow-Wows of Holly. Prizes for best dressed pooches and their human partners. Register ▶ <a href="http://holidayalley.ca/PoochParade">holidayalley.ca/PoochParade</a>
8:40pm	Free Spirit Fire Dancing

**6:30-9:30PM ▶ NIGHT SHOPPING**

**WISHME MAKERS' MARKET**  
Gordon Howard Centre, 384 Eveline St. | **FREE**  
Get your holiday shopping done early and support local artists.



**FRI NOV 17** *continued* ▼

**6-9PM ▶ FAMILY MOVIE NIGHT**

**FAMILY MOVIE NIGHT ▶ FROZEN 2**

Total Look parking lot, 397 Eveline St. | **FREE**  
Sponsored by *Canadian Tire Selkirk*  
Hosted by *Total Look Spa & Boutique*  
See Elsa and Anna in their great adventure to discover their Indigeneity.

**6PM-1AM ▶ LATE NIGHT LIVE MUSIC**

**OPEN MIC**

The Mighty Kiwi, 386 Eveline St. | **FREE**  
Bring your instrument and share a tune. Open to all.

**OPEN JAM SESSION**

The Merchants Hotel, 383 Eveline St. | **FREE**  
Cheer in the holiday season with an open jam session at Manitoba's oldest licensed beverage room.

**SAT NOV 18**

**8-11:30AM ▶ TIPI RAISING**

Aboriginal Head Start parking lot, behind 222 Manitoba Ave. | **FREE**  
All are welcome to observe the raising of four tipis.

**10AM-5PM ▶ SHOPPING**

**WISHME MAKERS' MARKET**

Gordon Howard Centre, 384 Eveline St. | **FREE**  
Get your holiday shopping done early and support local artists.



**11AM-12PM ▶ WALKING MURAL TOUR**

246 Manitoba Ave. | **FREE**  
Want to know more about the murals in downtown Selkirk? A local guide will lead you on a walking tour starting at "Showcasing a Colourful Past" outside House of Economy.

**12PM-4PM ▶ CRAFTS, CULINARY & CULTURE**

**SOUP COOK-OFF**

See locations on your ticket | **TICKETS: \$15 advance, \$20 day of**  
Presented by *RRC Polytech*  
Coordinated by *Inclusion Selkirk*  
Get your tickets to this culinary adventure soon at Wishme, 377 Eveline St., or call 204.785.2984



**EASEL WARS**

Gwen Fox Gallery, 250 Manitoba Ave. | **FREE**  
Grab a paint brush and compete against your family and friends to paint what is drawn out of a hat.  
Register ▶ [simkoart1@gmail.com](mailto:simkoart1@gmail.com)

**SAT NOV 18** *continued* ▼

**RIBBON SKIRT FASHION SHOW**

2pm | Friendship Centre, 425 Eveline St. | **FREE**  
See the beautiful results of the Ribbon Skirt sewing workshops.

**CRAFTERNOON FOR KIDS (and the young at heart!)**

Aboriginal Head Start, 222 Manitoba Ave. | **FREE**  
Presented by *Geller's Design | Build | Landscape*  
An afternoon of kids crafts, silly hat making with Angel, mural painting, tapestry weaving and more with St. Andrew's Heritage Centre and the Interlake Arts Board.

**GIDOOJJAAKOMINAAN ONJII DIBAAJIMOWINAN - FROM OUR SPIRITS COME STORIES**

Aboriginal Head Start parking lot; enter at 209 Clandeboye Ave. | **FREE**

Coordinated by *Jeannie White Bird, Jacqueline Bercier and Kat Marsch*  
Situated around one central sacred fire, four tipis host hide tanning, drum teachings, musical performances, crafts, tobacco tying, and storytelling.



**SHEEP POETRY**

Wishme parking lot, behind 377 Eveline St. | **FREE**  
Presented by *RM of St. Clements*  
Sheep in downtown Selkirk...what?!? Become a street poet and write a poem based on the arrangement of words written on bandanas worn by cool bohemian sheep.

**MUSIC IS MEDICINE CAROLING POP UP | FREE**

Along Manitoba Ave.  
Sponsored by *Easton Place Clinic*  
Local choirs stroll Manitoba Ave. singing seasonal songs to soothe the soul.

**12-6PM ▶ CONCERTS**

**MOBILE STAGE**

Wishme parking lot, behind 377 Eveline St. | **FREE**

12-12:30pm	Cohen Sieg
1-1:30pm	Double Bourbon
2-2:30pm	Prairie Wynd
3-3:30pm	The Bog Boys Band

Dance to get warm at the mobile Festival du Voyageur stage on your way to the many other Holiday Alley activities happening on or near Manitoba Ave.

**WELCOME WINTER CONCERT**

4-6pm | Selkirk United Church, 202 McLean Ave. | **Suggested donation: \$10**

Hosted by *Interlake Choral Association*  
The long-standing pre-pandemic tradition of the Interlake Choral Association Advent Concert is back! They have renamed, rescheduled, and partnered with Holiday Alley, but this event still promotes the choral arts and choirs sharing in the region. Join us for performances and sing-along carols!



**SAT NOV 18** *continued* ▼

**6PM-8PM ▶ GIANT SANTA PHOTOS**

225 Manitoba Ave. | **FREE**  
Facilitated by photographer *Leif Norman*  
Sponsored by *Fort Distributors*  
Santa support by *Brad Hirst Royal LePage Prime Real Estate*  
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**6PM-1AM ▶ LIVE MUSIC | FREE**

6-9pm	The Mighty Kiwi, 386 Eveline St.
7-9pm	N'Joy Cafe, 226 Manitoba Ave.
9pm-1am	Karaoke, The Merchants Hotel, 388 Eveline St. <b>(18+)</b>

**SAT NOV 18 & SUN NOV 19**

**10AM-4PM ▶ POP UP ART GALLERY**

**366 HOOKS EXHIBIT**  
102 Pacific Ave., 5 minutes from downtown | **FREE**  
Sponsored by *The PRHouse*  
Imagine forging and bending iron to create a unique hook every day. See the amazing results and meet the incredible blacksmith.

**SUN NOV 19**

**9AM-12PM ▶ BREAKFAST WITH SANTA**

The Mighty Kiwi, 386 Eveline St. | **\$7 kids, \$14 adults**  
Hosted by *The Mighty Kiwi*  
Come to the pancake bar and visit Santa! Seatings at 9, 10 and 11am. First come, first served. Unlimited coffee refills.

**11AM-5PM ▶ CRAFTERNOON ON CAMPUS**

**WREATH MAKING**

11am-1pm | Red River College, 825 Manitoba Ave. | **\$60/person**  
Sponsored by *RRC Polytech*  
Facilitated by *Fresh Cut Downtown*  
Spend the morning creating a masterpiece to adorn your mantel this holiday season. For more info or to register ▶ [bit.ly/3LL6osA](https://bit.ly/3LL6osA)

**SNOWFLAKE BEADING**

1-5pm | Red River College, 825 Manitoba Ave. | **\$25/person**  
Sponsored by *RRC Polytech*  
Facilitated by *Cheryl Alexander*  
Learn about traditional beading practices and make your own holiday snowflake with local Indigenous artist Cheryl Alexander. Register today ▶ [bit.ly/45ilADg](https://bit.ly/45ilADg)

**4-6PM ▶ LIVE MUSIC**

**TWO OUT OF THREE ACOUSTIC DUO | FREE**  
N'Joy Café, 226 Manitoba Ave.  
The duo plays your favourites from 1950 to present.



## ON YOUR OWN TIME

### COMMUNITY CHALKBOARD

214 Manitoba Ave. | **FREE**

Stroll down the alley beside Twice Over and share your ideas on this season's community question: What's your favourite Holiday Alley tradition?

### GIANT ELM-ALIVE!

403 Eveline St. | **FREE**

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### HOLIDAY TALES AND TRAILS

Manitoba Ave. E | **FREE**

Created by *United for Literacy & The Selkirk Friendship Centre*

Meander down to Manitoba Ave. for a moveable story time. Start at Dufresne Furniture and Appliances, 374 Eveline St., and follow the pages of *The Raven and the Loon* by Rachel and Sean Qitsualik-Tinsley as you walk from window to window.

### TREE IT YOURSELF (TIY)

Manitoba Ave. E | **FREE**

Take a walk down Manitoba Ave. and vote for your favourite tree decorated by local businesses and organizations. Submit your answer using this QR code and be entered into our holiday prize raffle.

Learn more ▾



### WARM UP WITH TEA

Three 6 Tea, 351 Main St.

Buy a cuppa (or bag of) Spiced Gingerbread Orange, Cinnamon Pear or Winter Grey Tea during the winter season and Three 6 Tea will donate back to Holiday Alley.

### SURVEY

Complete the Holiday Alley survey for a chance to win a \$100 gift card donated by our sponsor Canadian Tire.

Learn more ▾



## TOURISM EVENT OF THE YEAR 2022



# Naloxone training



RECORD PHOTO SUBMITTED

In preparation for Holiday Alley, the Fête Jockey team came to Selkirk to get trained in Naloxone administration by local Manitoba Harm Reduction Network staff. This work ensures that more people are able to help those in need in our community.

## > DUFFERIN GANG MURAL SIGN, FROM PG. 15

“As we remember this group of Second World War veterans who once called the same block on Dufferin Avenue their home let us also reflect on the values they embodied. Loyalty, unity, unwaning dedication to their country. May we never forget the Dufferin Gang and may their memories continue to inspire us all.”

The committee now has its sights set on official recognition for the Dufferin Gang.

“It would be nice to be acknowledged. Just to get something in writing, it could be a small plaque that could hang in the Legion. That’s the last thing we’re hoping to get settled,” Laye said.

To learn more about the legendary Dufferin Gang, visit the Selkirk Museum online at [www.SelkirkMuseum.ca/DufferinGang](http://www.SelkirkMuseum.ca/DufferinGang).

**HOLIDAY Alley**

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## Geraldine's denture story: getting her smile and confidence back

BY ELISHA VANDOR

“This coming February, it’ll be a year since my upper teeth were removed and the immediate denture put in,” explained Geraldine who (due to degenerative gum disease) had no other option than to pull all her remaining upper teeth. She says, “truthfully, I had no idea that the gums did not have to heal before the immediate denture went in. As soon as Brock, the Denturist’s denture went in my mouth right after the dentist did the extractions, it felt right and it felt good. It actually seemed to relieve the throbbing of the extractions. My gums started to heal very fast, and the denture felt great!”

Last week, Geraldine came in for a routine appointment to ensure the denture continues to fit and feel good. At that appointment we had the opportunity to hear her experience of coming to Vandor Denture Centre for the first time and throughout

the year. She so happily agreed to share with us her story. She says, “my first introduction to Brock was during my consultation appointment. I was worried because I didn’t know what was possible with a denture, but excited for a smile again. I felt that he was genuinely concerned and interested as to what I wanted and what I was concerned about. At that first appointment, we took impressions and about 10 days later, the immediate denture was ready! I came back to see Brock after extractions, wearing the denture, and he started working his magic. Every time since then when I come to the office and see Brock, whatever the issue, if anything, whether it be looseness or a rough edge, he fixes it and makes it work. The denture just keeps getting better and better.

When I first got my dentures, I was so happy with how they looked and how they felt, the shape of the teeth and how unique it was to me. I walked around

smiling everywhere. I am getting compliments like crazy! My co-workers were even taking pictures! If anyone could see a before and after pictures there’s just no comparison.

At first, it was process to eat with the denture. Brock had advised me to eat softer food, which worked like a charm. The extraction pockets healed over fairly fast and because the denture has always fit so great, chewing wasn’t a problem. It was fine!

With you and your team here, I never want to miss my denture appointments! It really comes down to Brock’s brilliance, service, and passion for what he does. Thank you for putting a smile back on my face. I sincerely thank-you from the bottom of my heart.

We are confident we can get you smiling like Geraldine too! Call our office today to schedule your free denture or dental implant consultation. **SENIOR PRICING**



Vandor Denture Centre patient, Geraldine shares her story of how she regained her confidence with a denture made uniquely for her.

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# National ADDICTIONS Awareness Week

November 19 to 25, 2023



## Inspiration, Innovation and Inclusion

National Addictions Awareness Week (NAAW) takes place from November 19 to 25. This annual campaign aims to raise awareness about substance abuse and its consequences. This year's theme is *Inspiration, Innovation and Inclusion*, reinforcing the importance of reframing and destigmatizing the way you think about drugs and people who use them.

Here are a few ways you can contribute to a more inclusive society.

### RECOGNIZE THAT INDIVIDUALS WHO USE SUBSTANCES ARE HUMAN BEINGS

It's crucial not to define someone by their drug use but to understand that people who use substances are individuals with their own stories and experiences. By being respectful, compassionate and caring to those who use drugs, you can help foster empathy and reduce judgment.

### ACKNOWLEDGE THAT SUBSTANCE USE DISORDER IS A MEDICAL CONDITION

Many people believe substance addiction is a choice and that people can stop using drugs whenever they want. In reality, substance use disorder is a complex medical condition influenced by various factors. With this understanding, you can help pave the way for appropriate and effective medical treatment and support.

### USE INCLUSIVE LANGUAGE AROUND DRUG USE

Language plays a significant role in shaping perceptions and attitudes around drugs and drug use. It's important to avoid using derogatory terms and labels like "addict" or "junkie." Instead, use person-first language that emphasizes the individual over their condition. For example, say "person who uses drugs" instead of "drug user."

This NAAW, share the facts with friends and family and challenge stereotypes to help end the stigma around drug use.



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## Harm Reduction

MHRN to host  
three-day course  
at Gaynor Family  
Regional Library

By Katelyn Boulanger

Do you want to learn more about addiction, harm reduction, and how we can make a difference in our community? The Manitoba Harm Reduction Network (MHRN) is giving area residents the chance to learn about this and more at their three-day Harm Reduction 3.0 Beyond the Needle workshop which will take place at the Gaynor Family Regional Library on Dec. 5 to 7.

"[This workshop is] the delivery of the harm reduction model through an anti-racist racism and an anti-oppression lens," explained Shohan Illsley, Executive Director of the Manitoba Harm Reduction Network.

Illsley went on to say that this means that in the course they talk about oppression and how oppression and systems of violence impact harms related to people's substance use.

"Recognizing that the majority of people use substances, whether it's alcohol, cannabis, or other substances. What we know is that there's a relationship between oppressions and systems of violence and harms related to that substance use," said Illsley.

She says that it's important to have harm reduction resources in our communities because the usual methods that we employ to help people using substances aren't working well in our province due to lack of access as well as lack of analysis related to substance use.

"It's important because we need to do something different to support our relatives. Because if we work from a harm reduction model, we know that our relatives who use substances will have better outcomes,"



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# 3.0 Beyond the Needle education coming to Selkirk

said Illsley.

In addition to having harm reduction resources like education for those that use substances, naloxone kits and other ways people can keep themselves safe, and STBBI testing resources, which allow people to keep others safe, it's important that people in our community learn more about harm reduction in order to reduce the stigma.

"We all love somebody who uses substances and that means we all can be a support for folks who use substances. Also, education is really important in our communities because it helps to decrease stigma related to substance use. And for our relatives who are having challenges with substance use, in order for them to be able to seek out help, we have to address the stigma," said Illsley.

If she could spread one message from the Harm Reduction 3.0 Beyond the Needle education to our community it would be that it's not unusual for people to use substances.

"Using substances to alter the state of mind is a normal behaviour and it's also quite expected. We know that 70 to 80 per cent of people will use an illegal substance in their lifetime to alter their state of mind. When the numbers are that high, it means that it's really important for us to stop othering but also important for us to have an analysis of why some people end up with problematic use or why some people end up with substance dependence while others do not. Because everybody can end up [with problematic use]. There's not a certain cohort that gets problematic use but the common denominator is adverse childhood experiences, trauma and mental health and those are all health issues. And so, when



RECORD FILE PHOTO BY KATELYN BOULANGER

A naloxone kit is one of the many harm reduction resources that are available in our area.

I think of what I want the community to know, one is that substance use is normal and two is that the war on drugs is making substance use more, not less, harmful in our communities," said Illsley.

She encourages people in our community who work with people who use substances or have those in their lives that they wish to support to consider this educational opportunity.

"If you work with folks who use substances, it's definitely a good idea to engage in some of this training or any other harm reduction training you can. But also, if you love folks who use substances because even when we do our training, lots of folks are sitting there as service providers but many of them are also thinking

about their loved ones, their family members, and their relatives who also have some challenges related to substance use. So, we're all impacted by it. You don't have to be a service provider. And in fact, what we know is that mostly we all support people who use substances in some way, shape, or form and learning how to do that in a good way that doesn't further stigmatize or isolate people is really important," said Illsley.

You can learn more about harm reduction and workshops at the MHRN's website at <https://mhrn.ca/> and keep up with them on Facebook for the most up-to-date information at <https://www.facebook.com/ManitobaHarmReductionNetwork/>.



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# Creating 2-storey high straw art sculpture and ... burning it

Submitted by Holiday Alley

Imagine flying halfway around the world and spending weeks conceiving and creating an enormous piece of public art .... and then setting it on fire. That's exactly what award-winning European artist Vytautas Musteikis is doing this week in Selkirk as part of his practice of creating ephemeral moments with his art.

For 30 years, Vytautas Musteikis has created over 100 unique pieces of art made from straw, or rotten wood only to set them on fire – all in keeping with ancient practices from his Lithuanian culture.

"We were the last country to get Christianity and so the old pagan ways have still been very important and some of those important practices were to create large fires to mark the transition of seasons – like around the fall harvest and Christmas," said Musteikis, who came to Selkirk last week to start building the 20-foot — 2-storey — straw sculpture.

"There is also something very much like a mandala and meditation when you watch a burning fire. It's always changing and constantly moving and when you watch it you start to see different shapes and every second is quite sacred. This is what we learned from our ancestors," said Musteikis.

The germ of the idea to pilot an international straw competition at Holiday Alley was planted last year at the Winter Cities Conference, said Holiday Alley Co-Founder Shirley Muir.

"Last year we met Peter Hargraves of Sputnik Architecture and Chris Pancoe of Anvil Tree at the Winter

Cities Conference. And, we shared how we were looking for a new wow project for Holiday Alley and they had the perfect idea. Together we have the long view of being the home to Canada's first international straw sculpture symposium and competition and it starts this year with Vytautas Musteikis coming here to teach all of us – including students and teachers – how to build art from straw," said Muir.

For their part, Pancoe and Hargraves are confident that local, authentic experiences that encourage people to enjoy their places with unique, creative, fun, outdoor activities can reap huge benefits for local culture and businesses alike. Much like the success of their Warming Huts project in Winnipeg, the straw sculptures have massive potential.

"The Warming Huts project started the same way, small. And now after 15 years, we have had architects, designers and artists from 70 countries submit over 1900 ideas. And we can see how something similar could happen around an international straw competition. Selkirk has earned a strong reputation for supporting art, culture and creativity and is surrounded by rural farmland where harvest and by-products like straw are an abundant and familiar material," said Hargraves.

Musteikis first met Pancoe, Creative Director at Anvil Tree, where they were both helping to create an Ice Hotel in Sweden last year.

"These artists move from ice sculpting in the winter, to sand in the sum-



RECORD PHOTO BY CHRIS PANCOE SUBMITTED

Artist Vytautas Musteikis working on the sculpture in Selkirk for Holiday Alley.

mer to straw in the fall. And they travel the world competing. So, we think it's time to get Canada on that circuit," said Pancoe.

The public can drop in and see Vytautas Musteikis and Chris Pancoe at work in the Ag. Building in Selkirk Park from Nov. 13 to 16 and see the

final structure in place on Manitoba Ave. East in downtown Selkirk on Nov. 17 and 18.

The date and location of the burning of the straw sculpture will be in the early spring of 2024 to mark the end of winter.

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# get inspired

> MEAL IDEAS



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## Honey Mustard Crunch Salmon

Thaw salmon and pat dry. Arrange on oiled baking tray. Season with salt and pepper, to taste.

To make glaze: In small bowl, combine honey, mustard, Dijon mustard, mayonnaise, horseradish and paprika; mix until well combined. Chill glaze until ready to use.

To make crunch: In bowl, combine breadcrumbs, parsley and oil; mix well. Reserve.

Preheat oven to 400 F.

Top each salmon portion with 1 tablespoon glaze and spread evenly over fish. Press crunch evenly onto glaze.

Bake 15-17 minutes until fish is cooked through.

Serve with drizzle of remaining glaze.

1 bag (1 pound, three 6-ounce portions) ASC-certified North Coast Seafoods Naked Norwegian Salmon salt, to taste

pepper, to taste

Honey Mustard Glaze:

1/3 cup honey

1/4 cup whole-grain mustard

2 tablespoons smooth Dijon mustard

2 tablespoons mayonnaise

2 teaspoons horseradish

1 teaspoon smoked paprika

Crunch:

3/4 cup panko breadcrumbs

2 tablespoons dried parsley

2 tablespoons olive oil



## Baked Apples with Coconut and Crumble Topping

1/3 cup butter

2 tablespoons brown sugar

maple syrup or honey, for serving

Core apples then score skin around apple a few times. Cut small slice from top and bottom to make apple more stable and give room for crumble topping.

Finely chop chocolate and combine with hazelnuts.

Arrange apple slices in lined baking dish.

Fill center of each apple generously with chocolate and hazelnut mixture (reserve about 2 tablespoons for topping).

Preheat oven to 350 F.

Combine oats, coconut, flour, butter and brown sugar; mix well.

Top each apple generously with crumble mixture, creating small mound on top of each apple; sprinkle with reserved chocolate and hazelnut mixture.

Bake apples 20-25 minutes, or until crumble is golden and apples start to soften. Serve with drizzle of maple syrup or honey.

Servings: 8

6 Envy Apples

3/4 cup dark chocolate

1/2 cup chopped roasted hazelnuts

1 cup instant or rolled oats

1/2 cup dried coconut

2 tablespoons flour



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## Ask The Money Lady

Dear Money Lady Readers:

Were you a helicopter parent when your children were small and now you're a money copter parent with your adult children?

Helicopter parents were mainly from my generation because we were overly focused about our children's experiences and problems; wanting to dive in and rescue them from life's hardships. By definition, a helicopter parent is one who was extremely attentive to their child's experiences, problems and particularly their education. These hovering parents were constantly ready to swoop in to rescue their children at the first sign of trouble. It is said that the term helicopter parent really only became apparent through social media in the early 2000's when college and university staff started experiencing consistent and intrusive behaviors from the pushy, opinionated parents of new students.

Nowadays many have become money-copter parents too, believing their adult children will not make it without the monetary assistance from the parent. Add in the mental torment of a divorce when your child was young, and you now have a parent today feeling it's warranted to keep supplementing their adult child due to their own personal regret. Many 50+ parents still have an open-door policy with their adult children, living at home with no costs, free rent, and the fridge full.

While helping our children is something we expect to do as parents, it is important to realize the long-term cost this can have on our own futures as well as the future of our adult children. I want to share a personal story with you, one that I have just witnessed again with another family member repeating the same mistakes as my mom. My mother always felt regret and a sense of need to financially support my sister. Maybe it was due to hardships after my father's death or perhaps because my sister and I were adopted. The reality is, because of this consistent financial support, my sister never learned to save money or for that matter, how to earn it, and build an independent future. Both my mother and my sister took the easy way out of their relationship through money. Did it benefit either one of them – NO. My sister always felt it was never enough, and she only learned how to prosper financially when the money eventually ran out and she was forced to change at almost 50 years of age. My mother lost most of her retirement sav-



Christine Ibbotson

ings and gained a daughter with resentment. Now – of course, there is a lot more to this story, and it took 35 years to transpire, but the message is still there. Let your adult kids figure it out for themselves. Let them make mistakes with money. Let them value their careers and want to aspire for more out of their lives for themselves and their own family. Stop trying to make it easy and constantly offering a bail-out. Did you get a bail-out when you were a young adult – or did you learn your life lessons from hard work and inner drive?

A child in their late 20's and 30's that is being supplemented to maintain their lifestyle does not view this as an act of love – even when the parent thinks it is. Be careful, your so-called monetary love WILL, after a while, be expected. All adult children want is true unconditional love, care, and emotional support from their parents. They want to be nurtured and cherished – and this can never be done with money. The helicopter parents started out being their children's cheerleaders – they didn't throw money at them or pay off credit card bills and school debts – they loved their kids, stuck up for them, and told them "they could do anything." And our kids can. They are the most educated generation of all time. They are amazing young adults. Let them figure out their money themselves. Stop bailing out your children and concentrate on your next adventure - retirement. Let your kids make mistakes. They can figure out their own way without you.

Good Luck & Best Wishes,  
ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 syndicated across Canada. Send your questions through her website at askthemoneylady.ca

# After Death: Feature-length film explores the big question

By Autumn Fehr

Have you ever wondered about life after death?

Well, so has Stephen Gray, and he's done the digging and heard the stories to unravel what it's all about.

Gray, a Winnipeg-based filmmaker born and raised in Stonewall, has spent the last six years, starting mid-2016, exploring the big question: 'What happens when we die?'

His gripping feature film, *After Death*, explores what happens after we die, based on real near-death experiences told by scientists, authors, and survivors.

"There is a very personal connection because I was asking that question, 'Is there something after,' and asking that honestly and open-handedly... For me, it's had a profound impact; it's given me a faith that I believe there is something after," said Gray.

*After Death* was released in theatres on Oct. 27 across Canada and the United States, it had a top 10 all-time opening weekend, reached third in the box office behind movies from Martin Scorsese and Taylor Swift, and became a top three all-time documentary release.

The film was born out of personal loss, said Gray.

In 2012, Gray's brother-in-law was killed in a drunk driving accident.

"He was 36 years old. Here, one moment and gone the next. Personally, that just caused me to ask questions about, 'Is there something after or not,'" said Gray.

From there, Gray came across books that told the stories of people who came across near-death experiences, which means they clinically died for a period of time, had some experience or memory, and then came back, which is pretty rare.

Gray's first feature-length film comes from the New York Times bestselling authors that brought titles like *90 Minutes in Heaven*, *Imagine Heaven*, and *To Heaven and Back* but goes

beyond, examining the spiritual and scientific dimensions of mortality, leaving viewers wondering: Is there life after death?

"I was so hooked on the topic. I found it really helpful for me in the grieving process, and I wasn't really seeing anything out there that covered it on this bigger scale going through multiple stories," he said.

After researching for some time, Gray connected with many authors from these books, including John Burke, who wrote *Imagine Heaven*. Burke has been exploring near-death experiences and studying them for 30 years and has compared over 1,000 different cases from people around the world who have clinically died and come back.

From that initial point of contact, Gray said it all snowballed from there.

The feature film now includes five New York Times bestselling authors, and they interviewed 14 people from around the world who clinically died between seconds to an hour and 45 minutes and came back.

Since its initial release, where it scored off the charts, it has continued to build momentum, becoming the top-grossing documentary since 2019, receiving an A-cinema score, and was named the top three all-time documentary release (on 2,745 screens).

*After Death* has been covered by CBC Radio Ones, CNN, Newsweek, Deadline, Variety, Washington Examiner, Fox News, ABC News, AOL, Decider, Box Office Pro, Movie Guide, Business Times, and Herald Review, among many others.

"Growing up in Stonewall, I never really dreamed of doing film; it was kind of just not on the horizon. I didn't think it was too realistic, and I didn't think I was really cut out for it. When I was 23, going to Red River, I was kind of introduced to that world for the first time. I think it was when I started editing my first commercial



RECORD PHOTOS SUBMITTED

Stephen Gray's documentary film *After Death*, shares scientists, authors and survivors of near-death experiences while discussing the spiritual and scientific dimensions of mortality and the afterlife. *After Death* is playing at Scotiabank Theatre in Winnipeg this week.

project that's where I just all of a sudden realized what video can do. It's this medium that can kind of move people," said Gray.

Gray's path to filmmaking wasn't always a clear, straight line. But, in the end, he decided to go to Red River College Polytechnic to take the digital media design program, bridging graphic design with creative communications, from web design to video production and 3D animation.

"Doing video really struck a chord with me - I thought it was interesting," he said.

From there, he went on to work for an agency in Winnipeg before starting his own production company, so most of his film production work in Winnipeg has been done in the commercial space.

His previous work includes award-winning short films and commercials, partnering with brands like Target, Leisure Travel Vans, Google, and Pep-

si, and being featured by AdWeek, Webby Awards, Forbes, MSN, Fubiz and Product Hunt.

*After Death* is still playing in theatres across Canada and the United States. Scotiabank Theatre Winnipeg on St. James St. is showing the film this week.

"We're hoping this film is a journey for people that are both on the side of faith and the side of skeptics; it kind of has both in the film," said Gray.

But what's next for the hometown multidisciplinary filmmaker?

Gray has a true-crime feature documentary that's in post-production through Amazon Studios and is hopefully coming out in the next year or so on Amazon Prime.

Due to the overwhelming response from *After Death*, Gray says they are looking at turning it into a television series.

## Winnipeg Beach Legion and Ladies Auxiliary bake sale sure to satisfy holiday sweet tooth

By Patricia Barrett

Members of the Royal Canadian Legion Winnipeg Beach Branch 61 and the Legion's Ladies Auxiliary are busy baking for their upcoming Christmas Tea & Bake Sale.

The Legion's executive first vice president Cde. Velma Darroux said members will be preparing lots of goodies for the upcoming holiday season and proceeds from the sale

will help the Legion offset the cost of a planned lunch with Santa for students at Winnipeg Beach School.

"We'll have baking and Ukrainian food for sale, and for those who want to stay for tea, we'll have finger sandwiches and dainties," said Darroux.

Some of the baking includes decadent Nanaimo squares, melt-in-your-mouth butter tarts, peanut butter squares and scrumptious cookies

and pies. And Darroux herself is planning to bake raisin bread.

Admission is by silver collection at the door.

The Christmas Tea & Bake Sale will take place on Saturday, Nov. 18 from 12:30 to 3:30 p.m. in the Legion at 20 Hamilton Ave. For more information, call (204) 389-2660 or email: rclbr61@gmail.com

Winnipeg Beach Legion Br. 61  
and Ladies Auxiliary  
**Christmas Tea  
and  
Bake Sale**  
November 18, 2023  
12:30 p.m. - 3:30 p.m.

Ukrainian Food for sale  
Silver Auction  
Silver collection at door

For Information call:  
Legion @ 204-389-2660 or rclbr61@gmail.com

# Thunder players nominated for RMFL awards

By Brian Bowman

The Interlake Thunder Varsity football team has several players - and their head coach - nominated for Rural Manitoba Football League awards.

Thunder personal award nominees include:

Most outstanding player offence - Jessie Batenchuk, Most outstanding player offensive line - Jake Rogoski, Most outstanding player defence - Ian Gray, Most outstanding player defensive line - Carter Bomberak, Rookie of the Year - AJ Nadon and Most outstanding player special teams - Dylan MacLean.

Gray was also nominated for the Norris Aitken Memorial Award while Ethan Eberts is up for the Parker Guy Memorial Award.

Thunder head coach Christof Hasselfield is in the running for the league's coach of the year award.

Interlake quarterback Ben Cook was named one of the RMFL 14 "additional" all stars.



AJ Nadon



Carter Bomberak



Dylan Maclean



Ethan Eberts



Christof Hasselfield



Ian Gray



Jake Rogoski



Jessie Batenchuk

# Raiders double Twins

By Brian Bowman

The Raiders Jr. Hockey Club doubled the Ft. Garry/Ft. Rouge Twins 4-2 in MMJHL action on Sunday.

The Raiders' Brody Melsted scored in the first period and then teammate Davis Koga tallied in the second. Both goals were scored with the man advantage.

Early in the third, the Twins tied the score at third with markers from Carter Halamanderis and Sean Neufeld before the Raiders responded with goals from Koga and Ryland Kuczek.

Evan Banera made 33 saves for the win.

Last Friday, the Raiders defeated the Charleswood Hawks 5-4.

Koga led the Raiders with a pair of goals while Andrew Denoon, Nate Goodbrandson, and Logan Klippenstein added singles.

Elliott Lewis (two), Ryland Hueging, and Ben Zander scored for the Hawks.

Owen Savoie made 23 saves for the win.

The Raiders, now 9-5 and in a three-way tie for second place, will visit the River East Royal Knights on Friday (7:30 p.m.) and then host the St. James Jr. Canucks Sunday (12:30 p.m.).

# Playoff time



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Anthony Bayle, left, lunges for the ball against Murdoch MacKay during KPAC junior varsity boys' volleyball playoff action last Friday at the Comp.

## NEXT HOME GAMES

at the Selkirk Rec Centre

**SUNDAY, NOVEMBER 26<sup>th</sup>**

VS North Winnipeg 3:00 pm

**SUNDAY, DECEMBER 10<sup>th</sup>**

VS Lundar 3:00 pm

**NEXT AWAY GAMES**

Sat, Nov 18 - vs Lundar - 7:00 pm

Fri, Nov 24 - vs Arborg - 8:00 pm



Meet the Fishermen



#27 Julius Guimond Forward

# Steelers' four-game win streak snapped

By Brian Bowman

The Selkirk Steelers' four-game winning streak this month was rudely snapped by the Steinbach Pistons at the HyLife Centre on Saturday.

After starting November with four impressive wins, Steinbach stunned Selkirk with a 6-0 home victory.

After a scoreless first period, the Pistons' Brandon Funk (power play), Noah Szabo, Grady Hoffman, and Kirk Mullen scored in the middle frame.

Steinbach's Brett Kaiser and Brady Ingebritson tallied in the third.

Cole Plowman, a former Steeler, made 16 saves for the win.

Last Friday, Selkirk downed the Waywayseecappo Wolverines 3-2 at the Recreation Complex.

Dawson Dear scored the game winner with a power-play goal early in the third.

After a scoreless first period, Selkirk's Colton Crysler and Nick Giasson (power play) scored while Waywayseecappo's Jack Clarke and Jackson Roth tallied.

Jack Hodgins had a strong game, making 38 saves.

On Nov. 7, the Steelers edged the Winnipeg Blues 3-2 at the Hockey For

All Centre.

After the Blues' Brycen Gair scored just 34 seconds into the game, Selkirk responded with markers from Giasson and Rocco La Cara (power play) before the first period ended.

It was La Cara's first goal with the Steelers.

The Steelers' Ian Lavallee scored in the second and then the Blues' Liam Dumelie potted a goal in the third.

Hodgins stopped 25 Winnipeg shots for the win.

Selkirk, now 7-9-1, hosted the Portage Terriers this past Tuesday but no score was available.

The Steelers will visit the Neepawa Titans this Friday and then host the Winkler Flyers next Tuesday. Both games will begin at 7:30 p.m.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Kyle Folhoffer carries the puck against the St. Malo Warriors during CRJHL action Sunday afternoon at the Recreation Complex. Selkirk won the game 3-2.

## CAPITAL REGION JUNIOR HOCKEY LEAGUE WEEKEND ACTION

In Capital Region Junior Hockey League action on Sunday afternoon at the Recreation Complex, the Selkirk Fishermen dumped the St. Malo Warriors 3-2.

Selkirk's Anthony Bruyere and St. Malo's Rylan Keck traded first-period

goals and then the Warriors' Damon Johnson tallied in the middle frame.

But Selkirk came back with a great effort in the third as Kasen Andrushko and Peyton Moneyas scored to give Selkirk the solid comeback win.

Logan Moskal made 20 saves for the victory.

The first-place Fishermen's next game is Saturday when they visit the Lundar Falcons. Puck drop is 7 p.m.

# Royals defeat Barracudas in boys' hockey

By Brian Bowman

The Selkirk Royals beat the Beliveau Barracudas 4-1 in Winnipeg High School Hockey League action last Friday in Winnipeg.

Parker Carels and Zachary Lemire scored first-period goals for Selkirk and then Owen Giesbrecht made it 3-0 in the middle frame.

The third period saw the Barracudas' Brock Masserey and the Royals' Sam Khodayary trade goals.

Carels and Khodayary each had three points in the game.

Easton Robertson earned the win in goal.

On Nov. 7, the Royals were defeated 7-4 by the St. Paul's Crusaders at the Hockey For All Centre. St. Paul's held period leads of 1-0 and 3-1 before the two teams combined for seven goals in the final frame.

Lemire led Selkirk with a goal and an assist while Gaven Berry, Parker Carels, and Nathan Ramos-Lam also scored.

The Royals' Tony Pyner chipped in with a pair of assists.

St. Paul's goals were scored by James Christie-Stewart, Eros Bazan, Payne Wood, Sam Monnin, Troy Boughton, Chris Hermann, and Mats Meyer.

Selkirk, now 7-1 in league play, hosted the Dakota Lancers this past Monday but no score was available.

The Royals will play at the Recreation Complex once again this Thursday when they take on the Stonewall Collegiate Rams. Puck drop is 4 p.m.

In Manitoba Women's High School Hockey League action, the Royals were shut out 4-0 by the St. Mary's

Academy Flames last Wednesday at the Hockey For All Centre.

St. Mary's goals were scored by Kate Chubak in the first period and then Claire Hudson, Chubak, and Esme Dent tallied in the third.

Selkirk battled the Glenlawn Lions this past Tuesday but no score was available.

The Royals will then host the River East Kodiaks next Tuesday. Puck drop is 3 p.m.



## CATCH THE EXCITING NEW TEAM FOR THE 2023-2024 SEASON NEXT HOME GAMES

- VS Winkler Flyers Tues, Nov 21<sup>st</sup> 7:30 pm
- VS Winnipeg Freeze Fri, Nov 24<sup>th</sup> 7:30 pm
- VS Portage Terriers Sat, Nov 25<sup>th</sup> 7:30 pm

### NEXT AWAY GAMES

VS Neepawa Fri Nov 17 • VS Winnipeg Blues Sun Nov 19



[www.selkirksteelers.com](http://www.selkirksteelers.com)

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### APARTMENT FOR RENT

Tollack Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollack 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

### APARTMENT FOR RENT

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## PUBLIC NOTICE

The Rural Municipality of St. Clements Municipal Office and Public Works Department will be closed on November 17, 2023 between 11:45 a.m. and 1:15 p.m.

Landfill and Clarke and Grand Marais Transfer Stations will be closed on November 17, 2023 between 11:00 a.m. and 2:00 p.m.

Deepak Joshi  
Chief Administrative Officer

1043 Kittson Road  
Box 2 Group 35 RR1  
East Selkirk, Manitoba R0E 0M0  
Telephone: Selkirk 482-3300  
Winnipeg: 474-2642  
Toll Free: 1-888-797-8425  
Fax: 1-204-482-3098  
Email: [info@rmofstclements.com](mailto:info@rmofstclements.com)  
[www.rmofstclements.com](http://www.rmofstclements.com)



The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication  
Please Call 204-785-1618



### NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ALEXANDER

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 6th day of December, 2023, at the hour of 10:00 AM, at Rural Municipality of Alexander, 1 Bouvier Trail, St. Georges, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
165600	W 1/2 OF NE 1/4 28-19-7 EPM, EXC PLANS 19560 AND 38892 WLTO SUBJECT TO THE SPECIAL RESERVATIONS CONTAINED IN THE GRANT FROM THE CROWN - 38085 HILLSIDE BEACH RD	L -\$113,600	\$12,028.78
201312	LOT 3 BLOCK 2 PLAN 46669 WLTO EXC ALL MINES AND MINERALS AND OTHER MATTERS AS SET FORTH IN THE CROWN LANDS ACT IN SE 1/4 OF SECTION 35-19-7 EPM - 40142 TRAVERSE BAY RD E	L -\$35,200	\$3,397.78
204702	LOT 2 BLOCK 1 PLAN 19833 WLTO SUBJECT TO THE SPECIAL RESERVATIONS CONTAINED IN THE GRANT FROM THE CROWN IN SE 1/4 36-19-7 EPM - 8 REISSWOOD DR	L -\$16,400	\$7,997.39
205400	THE FRAC SE 1/4 OF SECTION 2-19-8 EPM SUBJECT TO ANY SUBSISTING RESERVATIONS CONTAINED IN THE CROWN LANDS ACT	L -\$24,600	\$4,122.50

### The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Alexander as follows:
  - The full purchase price if it is \$10,000 or less; OR
  - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
  - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 1st day of November, 2023

Managed by:



Gisele Smith  
Chief Administrative Officer  
Rural Municipality of Alexander  
Phone: (204) 367-6170  
Fax: (204) 367-2257

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### HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

### HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews 204-338-4292.

Join Our Team! Bartenders wanted, Army Navy & Airforce Veterans unit 151. Please apply in person with resume at 231 Clendoye Ave. Selkirk. Or online at [anavets151@hotmail.com](mailto:anavets151@hotmail.com)

### HELP WANTED

Drivers required for Lockport Taxi, must have a class 4 drivers licence and a current resume. Phone Glen at 204-757-73778

### FOUND

If you were at the Selkirk Record office in the last 2 weeks and are missing your cane - if you can describe it - we have it.

### MISCELLANEOUS

Garage stuff for sale: Lincoln AC-225 welder with helmet & gloves & box of rods, \$500; 1- Jackall, \$40; 1-20 ton Pneumatic Bottle Jack, \$75; 1- 2 ton engine hoist, \$125; 1-Tiger propane torch, \$20; 1-SAE combination wrench set 1/4 to 1 1/4, \$35; 1-55,000 BTU propane heater, \$75; 2- Tire Bars & Bead Breaker hammer, \$35. Lockport, call 204-757-4468 or cell 306-620-9338.

For sale: 5- 11.00 x 24.5 tire chain singles, \$35 each. Lockport, call 204-757-4468 or cell 306-620-9338.

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Brand new Hoover upright household floor vacuum cleaner, exc. cond., \$150; BN men's size 9 buckle-up leather winter boots, \$100. EC Men's blueish purple parka size XXL w/black woolen hood, fits a man's size XL \$100; BNC & EC pair size 9 men's work boots/safety shoes w/laces & steel caps over toes \$100; Sunbeam 2-slice toaster EC & EWC \$15. Phone 204-785-8598. Let telephone ring at least ten times for an answer.

### UPCOMING EVENTS

November events at Cloverdale United Church - Whist resumes Nov. 3rd at 12 noon; Remembrance Day service Nov. 12 at 10:30 a.m. Presentation by: Moar, Grieve and Harriott families; Nov. 26, 10:30 a.m., entertainment by musician Wayne Wozny.

Fundraising Dinner - Cuisine of Pakistan, Friday, November 24, 5 - 6:30 p.m. at Little Britain United Church, 5879 Hwy. 9, Lockport. Tickets \$25/pp. Call 204-757-2489 or 431-735-8995 to reserve.

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### NOTICES

**URGENT PRESS RELEASES** - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.



## Rural Municipality of ST. ANDREWS

COMMUNITIES WORKING TOGETHER

### BY-LAW #4383 PUBLIC HEARING

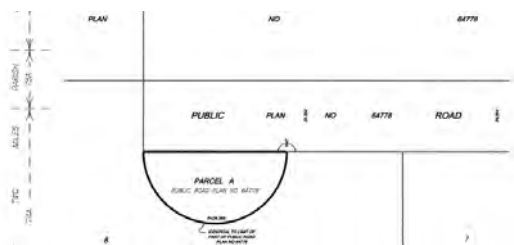
#### Closing of Undeveloped Part of Kilmany Place

The Rural Municipality of St. Andrews hereby give notice pursuant to Section 290 of The Municipal Act (Manitoba) regarding a Public Hearing to receive public representation on a proposed by-law to close a portion of a public road.

**An in-person Public Hearing will be held at the Council Chambers, 500 Railway Avenue, Clendoye, Manitoba Tuesday, December 12, 2023 at 5:30 pm**  
**On-line attendance will also be available via Zoom**

The intent of the proposed By-Law is to close a portion of an undeveloped cul-de-sac along Kilmany Place legally described as: ALL THAT PORTION OF PUBLIC ROAD PLAN 64778 W.L.T.O. CONTAINED WITHIN THE LIMITS OF PARCEL A PLAN NO. \_\_\_\_\_ DEPOSIT NO. 329/2023 W.L.T.O. CONTAINED IN PART OF O.T.M. LOT 74A PARISH OF ST. ANDREWS.

A sketch identifying the Public Road as shown below, is intended to be consolidated with the adjoining property described as: LOT 8, PLAN 64778 W.L.T.O.



The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection on the matter. **Submissions or requests to register for in-person and online attendance can be sent to the contact below.**

Any information and documents concerning this matter and the procedures to be followed at the hearing are available for review during regular business hours Mon-Fri 9:00 AM to 4:30 PM at the RM of St. Andrews Office, 500 Railway Avenue, Clendoye, Manitoba, or by contacting:

Braeden Bennett, Planning & Economic Development Officer  
RM of St. Andrews | 204-738-2264 ext. 137 | [braeden@rmofstandrews.com](mailto:braeden@rmofstandrews.com)

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**IN MEMORIAM**



**Edwin G. Sutherland**  
In loving memory of  
Ed, Dad, Grandpa, and Great Grandpa  
July 23, 1928 - November 19, 2011

All our memories keep you near,  
As 12 years have passed since you were here.  
-Lovingly remembered by  
Frances and family

**ANNOUNCEMENT**

**IN MEMORIAM**



In loving memory of  
**David M. Thompson**  
November 21, 2018

You are in our memories every day and forever.  
We love you and miss you so much.  
You have left a legacy that will never be forgotten.

"A time before yesterday"  
-Love Evelyn and family

**OBITUARY**



**Terry Garnet Pearson**  
March 30, 1948 – October 31, 2023

It is with great sadness that our family announces the passing of our husband, father, grandpa and papa, Terry Garnet Pearson at the age of 75.

Left to cherish his memories are Terry's wife of 51 years Marcia (Blacher); his children Lisa (Dan), Christopher (Rebecca), Jennifer (Eric); his grandchildren Dylan, Donovan, Kallie, Coral, Hayden, and Jordyn; and his sister Maureen (Danny).

Cremation has taken place. At the request of Terry, a private Celebration of Life will take place at a later date.

**OBITUARY**



**Robert (Bob) Mundt**

Suddenly on November 2, 2023 Bob Mundt of East Selkirk passed away.

Bob was predeceased by his parents, wife Katherine, and sons-in-law Glenn, and Rob.

He is survived by his partner Edna, children Paul (Laurie) and Carolyn, and numerous nieces and nephews.

Bob grew up in the Beausejour area, as the youngest of eight children. He worked for many years at Manitoba Hydro retiring in 1987.

He enjoyed working on his hobby farm, as well as gardening. He enjoyed dancing, playing cards with friends, watching sports, and listening to his children play in their pipe bands.

Bob was a proud member of Branch 42 of the Royal Canadian Legion and the Over 60 Club. He was also a member of the Over 50 Club in Beausejour and was a member of their executive.

A memorial service will be held at the Lutheran Church of the Good Shepherd, 106 Sawchuck Drive, St. Andrews, Manitoba on Friday, November 17th at 2:00 p.m. followed by the interment.

In lieu of flowers a donation can be made in memory to a charity of your choice.

Tributes: [www.gilbartfuneralhome.co](http://www.gilbartfuneralhome.co)

Gilbart Funeral Home, Selkirk in care of arrangements.



**ANNOUNCEMENT**

**IN MEMORIAM**



**Brenda Bednar**  
September 25, 1962 - November 16, 2019

It's been four years since we've seen your smiling face and the joy you spread to all those around you.  
We miss you every day but know you are in a better place with no more pain.  
We visit your resting place and place flowers there. But no one knows our heartache when we turn and leave you there.

-Love Joe

**ANNOUNCEMENT**

**IN MEMORIAM**



**Ron McBride**  
March 30, 1954 - November 16, 2019

It's been four years since you've been gone,  
My loving husband, my dear sweet Ron.  
They say time heals,  
I really don't know;  
The pain's still there,  
It just won't go.  
I know you're watching from heaven above.  
Sending me guidance, sending me love.  
One day we'll meet again,  
To hold each other tight;  
Never to let go;  
Loving with all our might.  
Missing you "Buddy"

-Lady Di

*You are always in my heart*

**OBITUARY**



**Krista Dawn Bodnaruk (Senkow)**

On Wednesday, May 2, 1979 Krista Dawn Senkow was born in Winnipeg to proud parents Tammy and Don. Three years later her brother Donnie came along to complete the family.

Krista was predeceased by grandparents William and Muriel Senkow, uncles Jim Finucane and Bob Senkow.

She is survived by husband Don Bodnaruk, parents Tammy and Don Senkow, brother Donald Graham Senkow, her Baba Violet Bech, and numerous members of her loving family.

In her early years, Krista enjoyed time with her Baba and Geege in Grand Rapids. She didn't realize how good she had it, eating fried chicken, going on mail runs, walking to the local RCMP station to take Geege lunch or dinner at the mature age of five.

Krista attended Lord Selkirk School Division, Kindergarten to Grade 12. She was active in Ukrainian dance and school band. She attended University of Manitoba, focused her studies on Canadian History, then decided to pause her education and work full time at Gunns Bakery. While at Gunns, she studied Accounting at Red River Community College.

Krista started at the bakery in June 1998. She worked her way up the bakery ladder to become assistant manager. She developed friendships in the food services industry that would last a lifetime.

In 2011 Krista met her Don after a bakery customer decided they would make a great match. They were not wrong. Krista and Don married in 2015. During their eight years of marriage, they enjoyed traveling, spending time with their own personal zoo and enjoying the great food scene in Winnipeg.

Krista enjoyed traveling, including a European trip with her brother, visiting Rome, Paris, and London. She also loved travelling within Canada and the US; destinations included Iqaluit, Ottawa, Montreal, Quebec City, Calgary, Edmonton, Las Vegas, Chicago, New York City, Washington, and Minneapolis.

Krista and her family would like to thank the nurses, clerks, and health care aides of CancerCare for all their kindness and compassion over the past six years. A special thank you goes to doctors Gordon and Fatoye. They were always there to go the extra mile, lend an ear, and are amazing people. Krista's family will be forever grateful.

Memorial service was held Thursday, October 19, 2023 at Glen Eden Funeral Home West St. Paul.

Donations to CancerCare Manitoba greatly appreciated.

*There is a link death cannot sever,  
Love and remembrance last forever*



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## OBITUARY



**Leland (Lee) Lloyd Johnson**  
Peacefully, on Friday, November 10, 2023 at the Selkirk Betel Home, Lee Johnson, aged 64 years, passed away.  
In keeping with his wishes, cremation has taken place and a memorial service will be held on Saturday, November 18, 2023 in the Trinity Lutheran Church, Starbuck, MB at 11:30 a.m.  
Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.

## OBITUARY



**Donald Ole Ranseth**  
February 1, 1938 – November 10, 2023  
Our husband, father and grandfather Donald Ole Ranseth, passed away on Friday, November 10, 2023.  
Don was born to Ole and Mary Ranseth on February 1st, 1938 in Winnipeg, Manitoba. Living a full and enthusiastic life, Don had passion for fun, hard work and a job well done.  
Survived by his wife Olive Doris Ranseth (nee Mansfield) married 63 years, love at first sight when they were introduced by Donald's sister Elaine for a New Years dance in 1960 and married 10 months later. Loved his family and friends, famous for gathering us all every Friday for Happy Hour. Don is also survived by his children Alan (Monica) and Lori (Todd); grandchildren Graham (Meaghan), Erica (Aidan) and Andrew (Lee); sister Elaine and many favorite nephews and nieces.

Predeceased by his parents Ole and Mary and his older brother John.  
Music and machinery, playing guitar and his singing we will miss forever. In his career, he drove trucks, managed service, inspected and fixed motors in the marine and then aircraft engine maintenance industries, gained his engine test technician and quality inspector stamps at StandardAero Limited.

Raising a family in Springstein, Don enjoyed long summer evenings working in the yard, repairing small engines and visiting with friends. Moved back to Winnipeg in 1986, spending summers at Bird River and winter snowbird for over 20 years to Weslaco, Texas. Moved in 2006 to Petersfield, then in 2022 to Selkirk, Manitoba.

Service will be held on Tuesday, November 21, 2023 at 2:00 p.m. in the Gilbart Funeral Chapel, 309 Eveline St. Selkirk, MB.

In lieu of flowers, donations can be made to the Heart and Stroke Foundation of Canada.  
The family would like to thank the paramedics, police officers and Gilbart Funeral Home for their kind care and support.

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Kenneth "Dale" Carter**  
Dale Carter of Abbotsford BC  
Passed away at the age of 68  
on October 21, 2023

Dale was born and raised in Petersfield, MB.  
He is survived by his partner Tanis Porsch, his son Ken Carter and his mother Eileen Starin of Abbotsford, BC and his brother Wade and family of Russia.

Dale was a helicopter pilot and owner operator of Hydra Helicopters of Abbotsford, BC.

Cremation has taken place and burial will be held at a later date in Wakefield Cemetery, Petersfield, MB.

## OBITUARY



**Stanley Michael Chaye**  
1939 - 2023

Peacefully on November 10, 2023 at the Selkirk Hospital, Stanley Chaye passed away at the age of 84, surrounded by his loving family.

He is survived by his daughters Lori (Jeff) Hagman, Sherri Fawcett, son Randy Chaye, four grandchildren Morgan (Travis) Chaye, Rachel (Rowan) Chaye, Jared (Jayde) Fawcett, and Taylor (Mitch) Fawcett. Stan is also survived by the anticipation of his first cherished great-grandchild, a precious soul yet to be born, who will undoubtedly inherit the legacy of love, wisdom and kindness that Stan so generously shared with this world. Additionally, he is remembered by his sister Helen Kuczek, sisters-in-law Frances (Dennis) Danko, Verna and Conny Kancylarski, and numerous nieces and nephews.

Stan was predeceased by his beautiful wife, Margaret; parents Mike and Julia Chiye; sisters Evelyn Bucar and Jean Marek; nephews Duane Kolbuch, Kurt and Clint Danko and niece Judy Marek.

Stan grew up on the family farm in Brokenhead, cultivating a deep connection with the land from an early age. In 1961, he married the love of his life, Margaret, and together they built their family home in Lockport, where they raised their three children.

Music was an important part of Stan's life, and he taught himself to play the drums at a young age. His passion for music led him on countless occasions, playing for many years. His stories were a testament to the joy and fulfillment he found in sharing his musical talents.

Coming from a farming family instilled in him a profound understanding of the value of hard work and perseverance, qualities that guided him into successfully opening his own businesses, C/C Power Transmission and SMC Holdings. He often shared stories about customers that became his lifelong friends.

Above all else, Stan loved being with his family and friends. Known to pop in for a few minutes, always with a treat in hand, his love and generosity left a big mark on everyone he knew. As a father, he consistently supported his children to ensure that their dreams became a reality. He will be deeply missed by his family, friends, and all who had the privilege of knowing him. Stan's legacy will live on through the memories he created, the music he shared, and the endeavors he took.

Rest easy, dear Dad, we find comfort knowing that you have been reunited with Mom, dancing once more to the timeless melody of the old-time waltz. She was always on your mind and you spoke of her often. Your memory will forever dance in our hearts.

Pallbearers will be Jared Fawcett, Rachel Chaye, Taylor Fawcett, Travis Riege, Peter Baxter, Jeff Marek and honorary pallbearers Morgan Chaye, Rowan Parent and Jayde Wickett.

Funeral Mass will be celebrated on Tuesday, November 21, 2023 at 1:00 p.m. at the Notre Dame Roman Catholic Church in Selkirk, Manitoba. For those unable to attend, the service will be livestreamed with the link available at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Richard Krasnesky**  
June 15, 1945 - November 6, 2023

On November 6, 2023, Richard Krasnesky peacefully passed away with his family and friends by his side after a long courageous battle with COPD.

Richard was predeceased by his beautiful wife June Krasnesky; his grandson Tyler Smith; parents George and Gladys Krasnesky; sister Grace Lavallee and brother Randy Krasnesky.

Richard leaves to mourn his children: sons Shawn, Rick, Jerry and daughter Joanne (Trent); grandchildren Steven, Shayne, Darian, Burgundy, Austin, Lynnea, Nikolys, Klaudia, Trayton, Trevin and Trenton; great-grandchildren Mila-June, Jayce, Harmony, Brantley, Charlie and Cooper.

Richard was born in Manchester, England, immigrating to Canada by boat at 16 months old. He grew up in Elmwood and the North End of Winnipeg. Richard married the love of his life in April 1965 and soon after started their family blessing them with four beautiful children followed by 12 grandchildren and six great-grandchildren.

Richard began his career in the trades working at Sutherland Supply from 1965-1985. He worked his way up from a yard hand, excelling into management. Throughout the years Richard was also employed in the landscaping industry, worked as a heavy equipment operator and was owner/operator of Superior Fencing. He ended his career as a contractor in the drywall business. Richard was very knowledgeable within the trades and would often help customers by going with them to their homes to see what was needed to help them complete their home projects.

Richard was a very caring and giving man. He frequently helped family, friends and acquaintances with many home renovations over the years. He had a big smile that matched his loving heart.

His family meant the world to him. Richard and June worked together to overcome the hardships they encountered in life as a team. Together they instilled the importance of family values onto their children, teaching that family supports each other, no matter what.

Richard had a passion for music, learning to play guitar by ear. He loved to sing his favorite songs, strumming his guitar with his family by his side.

Although Richard wished he had more time in this world, he looked forward to being reunited with his love June and his grandson Tyler in the afterlife.

We would like to thank Dr. Alexander and the palliative care team; Dr. Puff and nurse Heidi, for the excellent, compassionate care they provided to our dad.

A Celebration of Life will be held on Sunday, November 19, 2023 at 2:00 p.m. at the Selkirk United Church, 202 McLean Ave in Selkirk, Manitoba.

In lieu of flowers, contributions can be made for his great-granddaughter Mila-June by e-transfer to [MilaJuneTrust@gmail.com](mailto:MilaJuneTrust@gmail.com)

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

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