

RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: St. Clements Mayor Debbie Fiebelkorn, Selkirk Mayor Larry Johannson, St. Andrews Mayor Joy Sul and West St. Paul Mayor Cheryl Christian gather at the Selkirk Waterfront last Thursday. All four mayors say they are ready to work together for the betterment of the region following last Wednesday's municipal election. Election results can be found online at mbvotes.ca. Our municipal election coverage can be found on Pages 2-5 and Pages 9-10.

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Selkirk re-elects Larry Johannson as mayor, welcomes one new councillor

By Lindsey Enns and Justin Luschinski

Selkirk residents re-elected Mayor Larry Johannson and voted in one new councillor last week.

Johannson will remain in the mayor's chair for another four year term after receiving 2,242 votes or 79.73 per cent, beating out Teresa Macumber who earned 313 votes and Ian Kathwaroon with 258 votes.

This will be Johannson's third term as mayor and fourth term on council.

"It shows in the numbers that Selkirk is happy with what's going on. I've said it right from the start, all we've ever wanted to do is give back," Johannson said while celebrating his win alongside family members and friends in Selkirk last Wednesday evening. "Over the last 12 years, we've just tried to really improve Selkirk and I really think we have stronger infrastructure, a safer city, more affordable homes, improved recreation, we're working with all the right developers and investors.

"I'm really, really pleased. I think the public has spoken. They're happy too and we're going to keep this going for another four years."

Selkirk also voted in one new councillor and re-elected five others last week.

Lorie Fiddler, who received the most votes out of every councillor candidate with 1,784, said she's "super excited and really grateful for the sup-

"It hasn't really sunk in yet," Fiddler said when reached by telephone last week. "I just want to get my bearings, see how everything works, and how I can fit in to the team.

"I'm ready to work."

Coun. April Hourie was re-elected with 1,725 votes. She said she's both "excited and proud" to be returning to council.

"A lot of people don't know all the great plans we already have in the works, and I'm hoping we can continue our journey, and engage with the public."

Coun. Kelly Cook earned 1,673 votes and says he's ready "to continue working to build our city into a better place."

"I'm a firm believer that politics happens on the street, it's important to be out and around the city," Cook said

last week. "That's how you get the pulse of the community, and our job is to take that pulse, and bring it back to council."

Coun. Doug Poirier, who was



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Newly re-elected Selkirk Mayor Larry Johannson, pictured centre, celebrates alongside family, friends and supporters after municipal election results rolled in last Wednesday evening. BELOW: Johannson shares some champagne with his wife Charlotte last Wednesday evening.



re-elected with 1,637 votes, says he's looking forward to another four years on council.

"Selkirk is in an interesting time, we're moving in a progressive way, but we have to make sure we're not going beyond the scope of what's possible."

Both Coun. Darlene Swiderski (1,596 votes) and Coun. John Buffie (1,579 votes) said they're looking forward to working with Fiddler.

"I'm happy that Lorie will be working with us," Swiderski said. "I know the wonderful things she's done in the community."

"It's great to have Lorie on board," Buffie added. "It's always good to get some fresh ideas, a fresh way of thinking."





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Cheryl Christian elected new mayor of West St. Paul

By Lindsey Enns and Justin Luschinski

West St. Paul residents voted in some major changes during last week's municipal election.

Cheryl Christian is the new mayor of the local rural municipality after capturing 1,528 votes, beating out incumbent mayor Bruce Henley who received 1,114 votes.

Christian, a first-term councillor who decided to run for mayor in this year's election, said history was made in West St. Paul last week.

"We've never had three women on council so just very proud and proud of our residents for showing up and supporting us and wanting this change. It really sends a message to us that change is needed," Christian said. "I'm thankful for all the support I've received from residents. I've spent a lot of time on people's doorsteps, and I thank everyone for sharing their ideas and concerns.

"Council and staff will be working to ensure an open and inclusive local government."

Christian said one of her first orders

of business will be taking a closer look at the RM's development agreement process.

"That process is going to be opened up, it's going to be discussed by all of council," she said. "It's great that we have the growth that we do and the development that we do but residents want to be informed and included in that process."

Along with Christian, West St. Paul residents will be represented by Eleanor Link in Ward 1 (305 votes), Giorgio Busceti in Ward 2 (360 votes), Dorothy Kleiber in Ward 3 (290 votes) and Stan Parag in Ward 4 (390 votes).

Link said she wanted to thank voters for their support.

"Thank you for giving me the opportunity to show I'm a hard worker, and I will do my best for the community," Link said. "I look forward to working with the rest of council, and with the residents who wish to participate in the community."

Busceti said he's looking forward to working with the other members of



RECORD PHOTO BY BRETT MITCHELL

Newly elected West St. Paul Mayor Cheryl Christian, pictured centre, celebrates alongside family, friends and supporters at the Royal Manitoba Yacht Club last Wednesday evening.

"I'm hoping to get everyone to work as a team, I want to bring this community back together," Busceti said. "We'll keep the process open and transparent, so our residents can see what's going on."

Kleiber said she's hoping to bring good planning to council.

"When developers come to us, I want to make sure they're considering the entire community before we move forward," Kleiber said. "We want an open dialogue with people."

Parag said he is also looking forward to working with all of the new council

"The people have spoken on who they want to represent them on council," Parag said. "We are a part of a team, and I intend for all of us to work together for the people of West St. Paul."

The inaugural meeting of the new West St. Paul council took place on Monday evening at the West St. Paul Fire Hall.

Another successful golf ball drop





RECORD PHOTOS BY BRETT MITCHELL

Selkirk Biz had it's annual Golf Ball Drop during the Selkirk Biz Business Awards outside the Selkirk Golf and Country Club on Oct. 18. The winner of this year's helicopter ride with Prairie Helicopters was Wally Janzen, pictured above right, and the lucky winner of the golf ball drop was Barbara Knoll. This year's cash prize was \$1,100.



St. Andrews elects new mayor, five new council members

By Lindsey Enns and Justin Luschinski

Newly elected St. Andrews Mayor Joy Sul said following last week's municipal election, "the people have clearly spoken ... it's time for change."

Sul was named the new mayor of the local rural municipality after capturing 2,401 votes, edging out incumbent mayor George Pike who received 1,094 votes and mayoral candidate Ian Tesarski with 389 votes.

"It's been the same council members for years and change is definitely needed," said Sul, a first-term councillor who decided to run for mayor in this year's election.

Sul said one of her first orders of business will be to dive deeper into the community's controversial wastewater project.

"The sewer project has been a huge issue and I'm hoping with the new council ... that has to be re looked into," Sul said. "Sewer is needed in some areas, but the way the whole issue was handled, with next to no public input, is what was most disturbing.

"We have to re look into this because the people aren't happy."

Sul said she will also be proposing evening council meetings so more residents can attend.

"We're elected to be their representative, their voice and work for the people, not the other way around,"Sul

Along with Sul, St. Andrews residents will be represented by Matthew Prychun in Ward 1 (413 votes), Kristin Hoebee in Ward 2 (acclaimed), Darryl Pohl in Ward 3 (321 votes), Russ Garvie in Ward 4 (223 votes), John Preun in Ward 5 (432 votes), and Laurie Hunt in Ward 6 (457 votes).

Hunt said this is his 17th year serving on council and he's looking forward to working with the new council members.

"I feel like I still have lots to offer the RM. I look forward to working with the new council, and teaching them the ins and outs of St. Andrews," Hunt said."We all have a common goal, we all want what's best for the RM."

Prychun said he was "honoured" to be newly elected to council.

"We saw history made yesterday, residents voted six new people into seven spots," he said. "We've elected a powerhouse team, and I'm very excited for the future of St. Andrews."

Hoebee said she's looking forward to representing not just Ward 2, but the entire RM.

"One thing I'm focusing on is tourism, I feel like we need to capitalize on that," Hoebbe said. "We've got so many great things here, and it blows my mind that we're not capitalizing on that."



RECORD PHOTO BY BRETT MITCHELL

Newly elected St. Andrews Mayor Joy Sul, pictured centre, celebrates alongside friends, family and supporters inside her St. Andrews home last Wednesday evening.

Pohl said he's looking forward to serving the community on council.

"I feel the residents of St. Andrews have chosen a great council and I think we have a great opportunity to exceed the expectations of our new bosses, the residents of St. Andrews," Pohl said. "Together we can make the community of St. Andrews the place

Garvie said he wanted to thank ev-

eryone who voted during this elec-

"I've always been involved in St. Andrews, and this is just the ultimate way to give back to the community."

Preun also wanted to thank his supporters.

"Politics is something new for me, and I'm looking forward to a new



To the residents of the RM of St. Andrews, I am so grateful and honored that you have placed your trust and faith in me to become your Mayor of St. Andrews. I will continue to represent you with the utmost transparency and respect. Thank you for your tremendous support. Thank you to my friends and supporters who worked so hard on my campaign and to my husband, Murray, who worked tirelessly by my side.

I look so forward to working with the new Council who, as a team, we will work together to make St. Andrews a great place to live. 4500 KM later and speaking with hundreds of wonderful residents made this journey a remarkable one. We did it and we made history!!!

Thank you, Mayor Joy Sul

Pallister unveils updated mandate letters for all cabinet ministers

All Manitoba government cabinet ministers have received their updated mandate letters and will be working toward completing the tasks in each of their specific areas, Premier Brian Pallister announced last week.

"Cabinet ministers are responsible for leading their departments through the day-to-day challenges while also ensuring we as a government achieve the goals we have set out," Pallister stated in

a release last week."We have made real progress on the mandates we issued after Manitobans elected us to govern in 2016, but there is more work to do."

Mandate letters have been updated following the August 2018 change in cabinet responsibilities. Each letter spells out a vision for the department and renews the commitment of government to continue building safer, greener, more prosperous communities while transforming the public service and building a better, more affordable government for Manitobans.

"Every minister has been given the same challenge - to help make Manitoba the most improved province for job creation, delivering quality service, public finances and for partnerships with business and industry," the premier said.

Mandate letters for all departments are posted online and can be viewed at: manitoba.ca/government/proactivedisclosure/.



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St. Clements re-elects Debbie Fiebelkorn as mayor, welcomes 3 new councillors

By Lindsey Enns and Justin Luschinski

Debbie Fiebelkorn will serve a second term as mayor of St. Clements after capturing 1,387 votes during last Wednesday's municipal election.

Fiebelkorn managed to come out on top against mayoral candidates Rob Morrissey, who received 1,126 votes, and Scott Hillhouse with 764 votes.

Fiebelkorn said her first order of business will be to work with the three newly elected members of council and get them up to speed.

"I think we have to put all of our cards on the table and see what everybody wants," she said. "There are some projects that we are in midst of ... so there's lots on the table.

"Hopefully we can move some of these projects forward."

Along with Fiebelkorn, St. Clements residents will be represented by Scott Spicer (718 votes), Sandra Strang (578 votes), Glen Basarowich (517 votes) in Ward 1 as well as Dave Sutherland (858 votes), Robert Belanger (744 votes), and David Horbas (657 votes) in Ward 2.

"First thing is to get the lay of the land, to see how procedures work, just try and fit in, make sure that everything keeps running smoothly," Horbas said.

Spicer said St. Clements has "a good team" that will work towards the future of the community.

"We have a good mix of new council and old council," Spicer said. "Thank you to everyone who came out and

Strang said being on council will be a new challenge for her but she's

"WE HAVE A GOOD MIX OF NEW COUNCIL AND **OLD COUNCIL.**"

looking forward to bringing resident's issues to the table.

"Thank you to everyone for allowing me the opportunity to build a better tomorrow for (St. Clements)."

Basarowich also wanted to thank his

"Î've been on council for 14 years, I give my thanks to the people, it's wonderful that I've been given an opportunity to represent them."

Sutherland said communication be-

tween council and residents is very important.

"Î will do the best job I can, I will make sure to answer all the calls I get. It's all about communication."

Belanger said a growing economy and tax base in St. Clements will be crucial moving forward.

"Municipalities can't function without a tax base,



RECORD PHOTO BY LINDSEY ENNS

Re-elected Mayor Debbie Fiebelkorn, pictured centre, celebrates alongside family, friends and supporters at The Boot Tavern in East Selkirk last Wednesday evening.

and we need to find healthy, economic growth. Not over development, but

more sustainable growth so we're not so dependent on Selkirk."

To all the residents and taxpayers of the R.M. of St. Clements who voted in the October 24, 2018 election, whether in person, at the advance poll or by mail in ballot, thank you for your support. Thank you for putting your trust in me for another four years to keep the municipality moving forward and giving me the opportunity to continue working for you, the people. I am looking forward to meeting with and working with the newly elected council you chose and as a team we can set goals and accomplish many of our goals over the next four years. I look forward to continue working with the management team and the all staff in the various departments at the municipality.

Thank you to my volunteers, who did whatever was needed to be done during the campaign and on election day. I know there are many people out there who helped in their own way and I thank each of you for that. The hard work by everyone has paid off. I would like to thank all the candidates who put their names forward, but were not successful at the polls. I wish them every success in their future endeavors. Lastly, to my husband and family, thank you for encouraging, supporting and helping me through this election process.

All in all it has been a great experience. Thank you one and all for your support.

Mayor Debbie Fiebelkorn

R.M. of St. Clements















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BBB Foundation, teachers team up to teach students about ethics

Submitted

When your boss isn't around, is it OK to check your friends Instagram Stories? How about buying personal items with a company credit card?

According to the Ethics Resource Center, millennials are nearly two and a half times as likely to take company software home for their own use or rack up personal purchases on a business credit card.

Developing a strong moral compass is a skill that is learned early on in life and that is why the BBB Foundation of serving Manitoba and NW Ontario is teaming up with middle and high schools to teach students about ethics and character building.

The charitable status program is called the LIFT Business Ethics Certification Program. It consists of five one-hour lessons and personal portfolio project.

The program teaches youth the importance of integrity and ethics and how both affect them right now and in the future. The project-based learning curriculum and workshop focusses on topics like character development and building, personal values, and includes a student presentation about their project and signing the LIFT Commitment to Conduct Code. Students are presented with a Certificate at the end of the program which they can attach to their resume.

The LIFT Business Ethics Certification Program is being taught in the following school divisions: Winnipeg School Division; Louis Riel School Division; Lord Selkirk School Division; Mountain View School Division; Sunrise School Division and the Whiteshell School Division.

Carla Mroz and Kelly Hawes, who will be facilitating and teaching the LIFT Program this fall at Lord Selkirk Regional School said, "Kelly and I are excited to be working together and have the opportunity to deliver the LIFT program to students in our division. We both think that the LIFT program is a valuable tool to help students develop positive decision-making skills, along with making confident ethical choices as they grow and move into their workplaces now and in the future."

Educators, school boards, youth agencies and businesses who are interested in the LIFT Business Ethics Certification Program can contact Mary Alarcon at malarcon@manitoba.bbb.org.

Province launches citizen budget amid consultations

Staff

The province has launched an interactive citizen budget, which aims to allow Manitobans to build their own provincial budget amid pre-budget consultations.

"Building a provincial budget is similar to preparing your family's budget, just on a much larger scale. You have to consider how much money is coming in and how much is going out," said Finance Minister Scott Fielding in a release last week. "This interactive feature will allow Manitobans to create their own provincial budget based on their priorities and share those priorities with us."

The Institute of Fiscal Studies and Democracy (IFSD) – a Canadian organization that undertakes applied research and student engagement in public finance and its intersection with public administration, politics and public policy – has developed the bilingual citizen budget tool that allows citizens to provide their views on how governments collect and spend taxpayer funds.

Participants are able to adjust the budget for items such as income tax, the retail sales tax and other revenues, as well as adjust spending on health, education, public safety and other key areas of government. The interactive feature then uses the responses to build a budget based on the participant's priorities.

"The citizen budget makes it easier for Manitobans to understand the budget numbers and provide their input into the Budget 2019 process," said Fielding. "It will also help Manitobans better understand the choices that have to be made to bring the budget back into balance."

The data collected is stored in Canada, kept confidential and no identifying information is shared with government.

Manitobans are invited to share their views for Budget 2019 in different ways, including public consultation meetings. To encourage broad engagement, Manitobans unable to attend a public meeting can fill out an online survey to share their input. The survey seeks feedback from Manitobans on several topics including balancing the budget, sustaining health care and funding education.

Written submissions on all subjects can be sent directly to the minister of finance.

For more information, visit manito-bansmakingchoices.ca.



Canadian Patient Safety Week sheds light on medication safety

Canadian Patient Safety Week, which runs until Nov. 2, is Canada's only national campaign to raise awareness of patient safety and related programs and initiatives.

This year's theme is medication safety with the hashtag #NotAllMedsGet-Along. It highlights the risks of multiple medications and encourages the public to work with their pharmacist, physician or nurse to regularly complete a medication review. It is also important to keep an up to date list of all your prescribed medications and over the counter supplements. Visit

the Manitoba Institute for Patient Safety website for your free It's Safe to Ask Medication Card and other important patient safety resources.

For patients who require multiple medications or who are transitioning between treatments, safety can become a concern. Patients may be at risk of fragmented care, adverse drug reactions, and medication errors. To be an active partner in health care, people need the right information to use medications safely.

The Institute for Medicine Practices Canada, the Canadian Patient Safety Institute, Patients for Patient Safety Canada, the Canadian Pharmacists Association and the Canadian Society for Hospital Pharmacists have collaborated to develop a set of five questions to help patients and caregivers start a conversation about medications to improve communications with health care providers. These include:

1. CHANGES? Have any medications been added, stopped or changed,

- 2. CONTINUE? What medications do I need to keep taking and why?
- 3. PROPER USE? How do I take my medications, for how long?
- 4. MONITOR? How will I know if my medication is working, and what side effects do I watch for?

5. FOLLOW UP? Do I need any tests and when do I book my next visit?

For more information and resources, visit the Canadian Patient Safety Institute website.

RCMP's Search and Rescue Team urges Manitobans to be safe this fall

The Manitoba RCMP's Search and Rescue Team, which is comprised of 19 trained officers, deploys approximately 20 to 30 times every year to search for individuals who have gone missing following a recreational outdoor activity. This includes searching for hikers, hunters, boaters and snowmobilers.

We partner with the Office of the Fire Commissioner (OFC), the Search and Rescue Volunteer Association of Manitoba (SARMAN), the Civilian Air Search and Rescue Association (CASARA) and the Joint Rescue Coordination Center. The combined effort from these groups provides us the greatest chance of locating our missing person.

As of Oct. 9 the Manitoba RCMP's Search and Rescue Team has already been deployed on 24 occasions to various locations across the province. The shortest search required two personhours and the longest required over 250 person-hours to complete. Unfortunately, the Team has been involved in multiple searches where the missing individual was located deceased.

With the weather quickly changing, the RCMP would like to remind those who like to enjoy our great outdoors to take the necessary precautions, including: Tell people where you will be going, your travel route and your expected date and time of return. Bring someone with you if possible. Dress for the weather and ensure you bring a survival pack that includes food, water, lighter or matches and items to keep warm. Bring a GPS device and if you do become lost, please stay in one location and wait for assistance.

letters

Bill 8 could have biggest impact on seniors

I oppose Bill 8. Our local newspaper systems have worked well in the past. I as a taxpayer, am not going to go to a government website each week to seek out Notices that may affect me. This is not only wrong for me, but terribly important to our seniors that may not have electronic access to the websites. Please reconsider passing this Bill. I realize it saves dollars not to have to place these notices in local papers, but... democracy has to reign. I as a taxpayer should have access to this information outside the government websites.

Carol Hunter Selkirk



Don't use cannabis if you are pregnant or trying to become pregnant.

Heavy cannabis users, particularly those who also use tobacco, have a greater risk of having a premature baby.

These babies may also:

- Have a lower birth weight
- Experience lower alertness
- Grow at a slower rate
- Demonstrate memory and attentiveness problems as they get older

Morning Sickness

Don't use cannabis to treat symptoms of morning sickness. There are better, safer ways to deal with it. Talk to your health care provider and find out what option is best for you.

Breastfeeding

The THC in cannabis passes into breast milk and can enter into your baby's brain and fat cells. Mothers' cannabis use has been associated with a range of impacts on their babies, including sleep disturbance and poorer school performance later on.

KNOW THE RISKS.

Manitoba.ca/cannabis



Siland Regard



Lana Meier



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When a pelican steals your catch

Hello fellow fishers.

It was another one of those still, cool, cloudy fall days last week at Breezy Point where your voice carried forever echoing off the damp darkened trees. I had left my car and was treading carefully along a slippery muddy narrow path toward two younger chaps who were river bank fishing by some willow thickets. One, slightly shorter than his friend was dressed in heavy dark clothes which offset his fair completion. His bright teeth beamed from a wide constant smile. His very light brown hair tucked under a yellow toque matched his short beard and mustache. He moved quickly with a jerking gait speaking in short phrases. His buddy on the other hand moved his more full athletic body slowly. His full round cheeks and accommodating smile gave the air of a trusting friend. His low voice was measured and thoughtful.

"Well, it looks like you caught at least one fish," I began opening a conversation with them as I noticed a "two hands long" pickerel on a string in the shallow river bank water. Our voices mixed, rebounding from the trees and tall grasses around us as our new fair haired friend offered, "I'm Ian Kuby from Stonewall and my buddy is Devon Pelletier from Winnipeg." "You guys like it here?" I asked. "Î do," Devon responded, "It wasn't that long ago that I was fishing here with some other friends and one of them whose coordination isn't that great got his lure caught up in that big ash tree over there during his back swing as he tried to cast out into the river. See that large main broken branch?" Devon asked, pointing to an injured limb showing its inner white wood. "Bad coordination isn't my pal's only prob-lem," he continued, "He also has no sense of danger! He climbed out onto that branch hanging upside down high in the air after his lure. A sickening cracking sound of the break-



RECORD PHOTO BY ARNIE WEIDL

Ledy Pau of Winnipeg with her catch from the Winnipeg River off Pine

ing branch coupled with my friends screams stopped suddenly when the branch followed him onto the soupy river mud with a resounding "splat"! Bad luck persisted as his lure sprang free of the branch as it hit slimy mud. My friend lay there on his back half buried in crud with the branch on top of him while the illusive lure flew glistening in the air plopping into the water only inches from his outstretched hand! Ian, Kuby and I stood together, the mud squishing under our shoes; our raucous laughter reverberated around us!"

Then Devon coxed Ian, "Tell about the pelican that couldn't fly!" "Oh yeah," Ian fought to contain his laughter then started."

My uncle Boris and I were boat fishing at Riverton on the river a while back and I caught a huge pickerel as long as my forearm. I strung it and put it in the water overboard then we decided to move to another spot. I cranked up my little outboard and away we went upstream. After a bit we stopped and threw out the anchor and within few minutes I caught another eating sized pickerel. I went to haul up my string to add my new catch and to my surprise found myself holding a string with nothing on the end but dripping water. Uncle and I looked downstream where we had been and could just see the white underbelly of my fish bobbing on top of the water. We turned the boat to go get it when a pelican came out of nowhere swooping down and scooped up my fish. Then it nosed over into the water! The pickerel was so big it hung way over the side of the pelican's pouch stopping it from taking off. Uncle and I sat in the boat watching in wonder as the great white creature flopped around in circles, its' wings splashing the water as it tried mightily to take flight. It was no use. Finally, unwittingly the current took the bird to shore where it gained its feet. As my uncle and I left trolling upstream, the persistent pelican could be seen still trying to swallow the enormous fish!"

I was at Pine Falls lately around 3:30 p.m. just when seemingly all the Winnipeg River boating anglers were coming in after a day of fishing. I stood on the pier watching dozens of boat owners idling their crafts in the water getting more and more upset with those loading their boats. I was taking the picture of Ledy Pau with one of her catch when I heard someone say "Why don't they have a marshal here to control boat loading like at golf courses where a marshal keeps golfers moving along!"

I thought to myself, sure but who's going to be responsible for paying the marshal? Till next week gang, bye

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'It's very important to exercise your right to vote'

Local voters headed to the polls last week to elect their next mayor and council

By Justin Luschinski

Local voters ushered in some major changes in West St. Paul and St. Andrews, while the majority of residents in Selkirk and St. Clements felt their communities were moving in the right direction last week.

Several voters on their way to cast their ballot last Wednesday said they

felt like this election was different, and were motivated to get out and be part of the democratic pro-

"It's very important to exercise your right to vote," said Jeff Dubowits of St. Clements. "It's a healthy process, and it brings in change. It's very important that ev-

eryone exercises their right. Nobody can ... sit back and say that nothing changes, you need to get out and vote."

Dubowits added it's important to get children familiar with voting at an early age.

"I've heard of some schools hosting some mock elections. I think that's a good tool to prep the kids for voting," Dubowits said. "Maybe we can teach them how to be informed voters when they grow up."

Gurvinder Gill, a resident of West St. Paul since 2014, said it's very important for everyone to get out and vote.

"It's tough when you feel like your voice doesn't matter," Gill said. "But if you don't vote at all, then I don't think candidates will come to your door, and you lose the chance to voice your concerns."

Gill added he noticed many of the candidates were engaged with their communities during this election.

"This year, candidates have been getting around more. I've been living here since 2014, and this is one of the only years where they've constantly been stopping by the house," Gill said."It's fantastic. Before, a lot of the time you didn't know who was

even running in your area."

Other voters said they feel like residents are not engaged with their local politics enough.

Kristy Magnusson of Selkirk said



RECORD PHOTO BY JUSTIN LUSCHINSKI

Voters line up outside of Happy Thought School's gymnasium in the RM of St. Clements to cast their ballot during municipal election day last Wednesday afternoon. Election day saw massive changes in both West St. Paul and St. Andrews.

she feels like a lot of residents don't communicate to council through the proper channels.

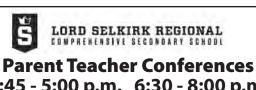
"I think people get frustrated that their views aren't heard, but I also don't think they're voicing them in the correct way," Magnusson said. "Like going to CitizenVoice, filling out surveys, talking to councillors. They don't hear you on (Facebook). I think people are frustrated because they don't know where they can have their voice heard ... today's the day they can say it the loudest."

Laressa Whitledge, a long time St. Andrews resident, said voting is "incredibly important."

"It's important if you want to have a voice in your community ... because if you don't like what's happening, that's how you make change happen." She added there isn't really a place to discuss politics at the local level.

"I think if you're into politics, you're already interested, and following all the candidates. If you're not already engaged, (voting day) is going to go by without a hitch," Whiteledge said. "You have to have an interest in it. I think we need a place to discuss politics with our neighbours."

"I THINK PEOPLE ARE FRUSTRATED BECAUSE THEY DON'T KNOW WHERE THEY CAN HAVE THEIR VOICE HEARD ... TODAY'S THE DAY THEY CAN SAY IT THE LOUDEST."



3:45 - 5:00 p.m. 6:30 - 8:00 p.m. No appointment necessary

LSSD Career Fair 12-8 p.m. Transition Fair 6:30-8:00 p.m.

Marks will be published in the P.S. Portal on November 5th Report cards will be distributed to students November 6th during period 1





Jack Semple plays The Merch



RECORD PHOTO BY LIAM MITCHELL

Selkirk's own Ronnie Ladobruk, pictured right, performs alongside Jack Semple, left, at The Merch on Oct. 19.

> Involved in a community project which could use a financial boost?

Check out the Noventis Community Connections program at weets.ca.

Our final intake deadline for 2018 is **December 15**, so get those applications in ASAP!







LSSD school board election results

By Lindsey Enns

Along with electing new council members, Manitobans also voted for school board trustees during last Wednesday's municipal election.

A total of 11 candidates ran for nine positions within the Lord Selkirk School Division's (LSSD) three wards. LSSD is divided into five wards and three trustees were elected by acclamation. The official election results are listed below.

LSSD school board meetings are open to the public and are held at the LSSD Board Office, located at 205

Mercy St. in Selkirk, and typically run on the first and third Tuesdays of each month between September and June. The next school board meeting is scheduled for Tuesday, Nov. 6 at 7 p.m.

The LSSD is a collection of 15 schools that encompasses the City of Selkirk and stretches through the communities of Lockport, St. Andrews, Clandeboye, Petersfield, and Libau to the lakeshore communities of Grand Marais and Victoria Beach. For more information about the LSSD, visit lssd.ca.

School board election results

WARD 1 Number of votes: Robert (Bob) Jesson 1,186 (Elected) Bev Barker 1,096 (Elected) Kim Bracic 740

Hedy Wereschuk 720

WARD 2 Number of votes: Heather B. Hogg 656 (Elected) Don Forfar

WARD 3 Ken Avery

Number of votes: Elected by acclamation

WARD 4 Lena Kublick Harvey Levin Number of votes: Elected by acclamation Elected by acclamation

WARD 5 Judy Maryniuk Jack Bogaski Ashley Monkman Ryan Werbicki Shirley Onishko

Number of votes: 1,467 (Elected) 1,429 (Elected) 1,345 (Elected) 1,291 1,199



SUBMITTED PHOTO

Voters elected nine school board trustees within the Lord Selkirk School Division last Wednesday.

Pinning of first poppy kicks off local legion's annual campaign

By Lindsey Enns

A bright red poppy being pinned to Selkirk's newly re-elected mayor's shirt helped kick off the local legion's poppy campaign last week.

"It's an honour to recieve the first poppy," Selkirk Mayor Larry Johannson said inside the Selkirk Legion located along Eveline Street last Thursday afternoon."With everything that's going on in the world, the veterans, we have to remember they laid down their lives for us ... and the armed forces that are serving right

Every year, legion's across Canada launch their poppy campaign on the last Friday of October.

Poppies are distributed by legion branches and the funds collected go into each branch's poppy trust fund. These funds can only be used under strict guidelines set up by the Poppy and Remembrance Committee of Dominion Command to help improve life for people in the communities where the money is raised.

In Selkirk alone roughly 15,000 poppies are handed out annually and can be found at numerous locations across and around the city.

The poppies are intended to honour the thousands of Canadians who have died in the service of their country throughout the world.

Since 1921, the poppy has stood as the symbol of remembrance, a visual pledge to remember always those Canadians who have fallen in war and military support operations. The poppy also stands internationally as a



RECORD PHOTO BY LINDSEY ENNS

Selkirk Legion past president Wayne Bird, pictured second from right, pins the first poppy to Selkirk Mayor Larry Johannson, second from left, alongside First Vice-President Lance Glover, far left, and Second Vice President Neil Zebinski, far right, inside the local legion last Thursday afternoon.

'symbol of collective reminiscence', as other countries have also adopted its image to honour those who have paid the ultimate sacrifice.

"It will be my honour to accept and wear the campaign's first poppy," stated Lt.-Gov. Janice Filmon in a release. Filmon received her poppy last week as well."I invite all Manitobans to join me in remembrance of the bravery and sacrifice of the countless men and women who paid the ultimate price to defend the values and freedoms we enjoy as Canadians."

This year's Remembrance Day Service in Selkirk will be held once again at the Selkirk Rec Complex on Sunday, Nov. 11. Doors will open around 10 a.m. with the service starting at 10:30 a.m.

A Remembrance Day Service will also be held in West St. Paul at the Sunova Centre. Doors will open at 10 a.m. with the service beginning at 10:30 a.m. For more information call 204-336-0294 or email recreation@ weststpaul.com.

Manitoba reducing number of gov't fleet vehicles to reduce greenhouse gas emissions

The Manitoba government is removing 400 vehicles from the government fleet as part of a fleet vehicle reorganization.

"We are eliminating 400 vehicles and reducing the costs associated with running them, as well as eliminating the greenhouse-gas emissions associated with all those vehicles," said Sustainable Development Minister Rochelle Squires. "The Made-in-Manitoba Climate and Green Plan calls on government to be a leader in reducing the carbon footprint and this effort supports our goal."

The Vehicle and Equipment Management Agency (VEMA) will co-ordinate removing vehicles from government service and, when complete, will save approximately \$2.3 million in operating costs and avoid up to 4,000 tonnes of emissions every year, Squires added.

In 2017-18, the provincial fleet consisted of 2,000 vehicles, each annually using an average of 4,400 litres of fuel. Over the next five years, with a smaller fleet, it is estimated the province will save about 8.8 million litres of fuel and could eliminate the production of approximately 23,300 tonnes of greenhouse gases, the

minister said.

"Staff are encouraged to reduce their travel to meetings and instead rely on video and conference calls whenever possible," Squires said.

Monitoring devices will be installed in remaining light-duty vehicles, such as passenger cars, to help track driving practices such as idling, speed and mileage of vehicles, as well as fuel consumption. This data can assist in monitoring the provincial fleet's overall greenhouse-gas reductions, the minister added.

ENDOW MANITOBA 24-HOUR GIVING CHALLENGE | ONE DAY ONLY! SAT., NOV. 17.



Make a gift to the Selkirk & District Community Foundation — Community Fund on Saturday November 17th during the Endow Manitoba 24 Hour Giving Challenge and your gift will be stretched, with support from The Winnipeg Foundation and the Province of Manitoba.

Please go on-line to www.endowmanitoba.ca and look for SDCF or join your friends at the Gaynor Family Regional Library in Selkirk from 10am–3pm on Saturday November 17th, where the SDCF team will be there to help you make your donation on-line.

Prostate cancer survivors encourage men to 'get checked'

Local members of a prostate cancer support group is encouraging other men to visit their doctor and get checked out.

Selkirk residents and prostate cancer survivors Kelly Cook and Don Murray are members of the Manitoba Prostate Cancer Support Group. Since they are one of the few members from Interlake area, they're looking to spread more awareness about the group.

"It's a very welcoming environment. (Prostate cancer) is this scary, unknown thing, and it's easier to handle when you know someone else who's in the same situation," Murray said.

Murray said the group brings in guest speakers, and helps members connect with other resources around the city. Murray was diagnosed in late 2015, and as of September 2018, his cancer is in remission. Cook was able to have his cancerous cells removed during surgery not long after his diagnosis in mid 2015.

Murray's treatment involved going through radiation therapy, 10 minutes a day for 28 days, followed by hormone injections in his sides every



RECORD PHOTO BY JUSTIN LUSCHINSKI

Kelly Cook and Don Murray, both of Selkirk, are encouraging other men to see their doctors regularly and get checked for prostate cancer before it has a chance to spread.

three months. He said the treatment is simple and relatively painless.

Cook said it's very important that men get their prostate checked.

"Get checked. Prostate cancer is one of the few cancers that, if caught early, you can have a more successful outcome," Cook said. "You get told you got cancer, that's a very big word, it comes with a lot of emotions. There's the anger, there's the fear, there's the 'how do you tell the kids?'Then reality sets in and you think 'how are we going to move forward with this?'

"That's when you start searching out the options."

Cook and Murray said they know of a few people in Selkirk who have been diagnosed with cancer, and there are many more who are at risk but haven't gone to the doctor yet. They both said that once someone is 50-years-old, they should get regular physicals, and get their prostate checked routinely.

Around one in nine men will be diagnosed with prostate cancer in their lifetime, according to the Manitoba Prostate Cancer Support Group. Six out of 10 cases are diagnosed in men aged 65 or older.

The Manitoba Prostate Cancer Support Group encourages wives, partners, family and friends to attend their meetings. The group meets on the third Wednesday of every month, except the month of December, from 7 p.m. to 9 p.m. at The First Unitarian Universalist Church of Winnipeg, located at 603 Wellington Crescent. Meetings are free and open to everyone. Their next meeting is scheduled for Wednesday, Nov. 21.

For more information about the Manitoba Prostate Cancer Support Group, visit manpros.org.

Tories resume the release of Grade 12 provincial exam results

Staff

The Manitoba government has resumed the practice of publishing results of Grade 12 provincial tests at the

Get fitted

school division level.

Donftgetoffto a "False Start"

"Sharing these results reflects our government's commitment to greater transparency and public engagement,

and helps us understand where we need to focus our efforts," said Education and Training Minister Kelvin Goertzen."We encourage school divisions

to use this information as benchmarks to plan and monitor performance, as well as engage community members on solutions to local issues."

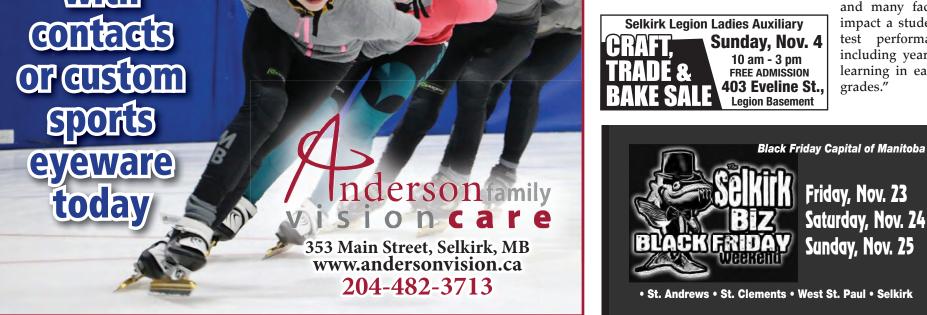
province The

results at the division level but moved to releasing provincial-level results in 1999. In 2016, the province increased the scope of public information by breaking down data by region, gender and Indigenous identity. The minister noted the move aligns Manitoba with most other provinces.

"We want to return to a practice that should have never ended and share this valuable information with parents," said Goertzen. "This data will serve as an additional tool to inform them, as we know test results alone don't reflect the ways a division supports students

> and many factors impact a student's test performance including years of learning in earlier





Hotdogs, history and family: 'Growing up Skinner' comes to TV

By Lindsey Enns

A new documentary premiering on TV this week is helping bring the history behind Canada's longest running hotdog stand to life.

"Growing up Skinner," a documentary about Skinners restaurant located in the heart of Lockport, will start to air on Bell MTS Fibe TV1 free on demand beginning Thursday, Nov. 1. Skinners will also be hosting a special invitation only screening of the roughly half an hour long documentary on Thursday, Nov. 1.

Jeff Skinner, whose grandfather founded the restaurant in 1929, said the film documents his journey to unraveling the history behind the local establishment. The local restaurant will be celebrating it's 90th anniversary next year.

"It's kind of like a day in a life of me out trying to get some answers, pulling together the history," the 63-yearold who resides in Winnipeg said. "They'll get the history of Skinners and why and how it started as well as sharing the little bit of the reality and the romance of what Skinners has represented for so many people over so many years.

"It's an institution now."

Skinner said he started working the night shift there in 1967 when he was 12-years-old alongside his father.

"It was a way of life," he added. "Our life in the winter was in direct correlation with how many hotdogs were



SUBMITTED PHOTO

Jeff Skinner is seen in a video still from the new "Growing up Skinner" documentary, which is being released on Bell MTS Fibe TV1 free on demand beginning Thursday, Nov. 1.

sold in the summer."

Skinner said his father offered him the business when he sold it but he decided not to take it.

"Having worked there all my teen years I realized the toll it took on him ... and my interest had already been established within the arts at that time."

Skinner currently works in the entertainment industry, which helped lead him to the idea of a documentary. After doing some research, Skinner said he couldn't find anything in the archives regarding Skinners so he wanted to help change that.

"I wanted to make sure that the his-

tory and my experiences there were documented," he said.

The Skinners tradition started in 1929 when Selkirk store keeper Jim Skinner Sr. opened a small stand in Lockport and won over the loyalties of generations of Manitobans, according to the restaurant's website.

"The 10 cent hot dogs and 5 cent fries and the old dance hall are long gone but the life long tradition of a Sunday drive to Skinners in Lockport has earned a lasting niche in the hearts and minds of many happy patrons," the website reads.

The original Skinners location at the St. Andrews Lock and Dam is the oldest hotdog stand in continous operation in Canada. After the government re-routed the approach to the Lockport Bridge in 1946, Skinners built another location on Highway 44 to accommodate the traffic on the new approach. A new building was later built in 1983 and room was made for seating inside and outside. In 2008, a drive through was added to Skinners on Hwy 44.

"The original Skinners at the Locks, Skinners at Hwy 44, Skinners at the Forks Market, and Skinners Mobile have worked hard to preserve the tradition of Skinners," the website reads. This continues to be passed on from one generation to the next encompassing the longevity and mystique of our World Famous Hot Dog."

Skinner said he's both "pleased and proud"that the Thompson family have carried on the restaurant's legacy.

"Not many restaurants are around 90 years," he said. "I still think it's a major contributor to the area and in the summer its a hub of activity."

He added he hopes the documentary will take many Manitobans on a trip down memory lane.

"I think it will be a sense of nostalgia, a sense of history definitely because it opened my eyes to an area of history in this province that I haven't explored before," he said. "It was and still is the perfect road trip for a fam-

Netley-Libau Marsh restoration project moving forward, RRBC says

By Justin Luschinski

Interlake residents understand how important the Netley-Libau Marsh is to Manitobans.

The Red River Basin Commission (RRBC) held their first public open house presentation on restoring the Netley-Libau Marsh by dredging the Red River at the Clandeboye Community Hall on Oct. 15. Around 70 residents stopped by, to see how the pilot project could save the largest coastal wetlands in North America.

Dennis Anderson currently lives in Gimli, but he grew up on the marsh. He said the marsh is rapidly dying

"The marsh has changed drastically from just 40 years ago. There's virtually no wildlife there anymore, because the only fauna we have out there now are the cattails, it's become this big muddy lake," Anderson said. "I'm hoping this project, or something like it, succeeds. We need the marsh."

The event drew residents from across the Interlake, including council members from West St. Paul and St. Andrews. Residents asked the RRBC many questions, wondering how much the project would cost, and how soon it can begin. Anderson believes most residents here understand how vital the marsh is to the area.

Steve Strang, president of the RRBC, said the project is moving forward.

"I'm happy to say that most of the funding is on the table now. We've received around 90 per cent of our funding, and we're able to move forward," Strang said. "It's great to see all these organizations come together, because if we don't act now, we might never be able to restore the marsh.'

The pilot project will use a large dredging machine to create sediment deposits in Hardman Lake. These "mini-marshes" will be large enough to get an equal amount of flooding and drought, which will encourage wetland plants to grow, which in turn will attract wildlife such as fish and muskrats.

Strang said they're moving ahead with a siltation study, and they're gathering information on how to ac-



RECORD PHOTO BY JUSTIN LUSCHINSKI

Attendees check out the Red River Basin Commission's first public open house presentation on restoring the Netley-Libau Marsh by dredging the Red River on Oct. 15 at the Clandeboye Community Hall.

quire the proper license for their work. Strang expects the project to be completed in the summer of 2019.

The Netley-Libau Marsh continues to erode every year, with most of the trees and plants being replaced with water. The marsh has the potential to

remove around 60 per cent of harmful nutrients from the water in the Red River. As a result of the marsh dying out, fishing and trapping along the river has reduced drastically, and harmful algal blooms are forming around the area.

Special donation enhances 'relaxation and comfort' at Selkirk hospital

The Selkirk Regional Health Centre is now home to a new scale for the surgery department, a bench for the courtyard, and a stained glass piece located outside of the spiritual care centre thanks to a generous \$10,700 donation by local residents, Bob and Wendy McLeary.

In 2007, Wendy's father, Norman Dalman, was a patient at the Selkirk hospital. His recovery required extensive exercise and walking. As Norman was recovering, he had to sit often and the family found there were limited areas to rest. At that time, Larter's at St. Andrews Golf and Country Club, Lockport citizens' group, Selkirk and District Horticultural Society and members of the Selkirk Hospital palliative care unit were fundraising to construct a pagoda outside of the hospital. The pagoda was intended as a relaxation spot located in the palliative care gardens. Bob and Wendy quickly joined in on the plans.

A few years later, the McLeary's started their own palliative care garden fund, donating on behalf of any family or friends that passed away. Eventually, they decided to use those funds in support of the new Selkirk hospital.

Astrid McLeary, Bob's mother who recently passed away, had also contributed to the growing fund as she felt the items were worthwhile additions to the hospital. The stained glass picture



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: Pamela McCallum, executive director of the Interlake-Eastern Health Foundation, as well as Wendy and Bob McLeary are pictured beside the new stained glass window the local family helped donate to the Selkirk Regional Health Centre.

- which depicts an iris, hummingbird and butterfly - has special importance for Bob and Wendy, who designed it to create a space for relaxation and comfort.

"We felt that many people could relate to the scenery depicted, which would provide relaxation and comfort to staff, patients and visitors to the hospital," Bob stated in a release last week.

Wendy noted how satisfying it was for her and her husband to be able to make this donation to their community's hospital.

"It gives us a sense of pride and satisfaction that we have been able to provide a donation which enhances the experience for all staff, patients and visitors to the hospital," Wendy said. "What started out as a wish to honour

"WHAT STARTED OUT AS A WISH TO HONOUR **OUR DAD GREW TO BECOME A SUBSTANTIAL** DONATION."

our dad grew to become a substantial donation. We thank Pamela and the Selkirk Regional Health Centre staff for making our dream become a reality."

Pamela McCallum, executive director of the Interlake-Eastern Health Foundation, commented on how touching it is for the foundation to help people contribute donations that truly come from the heart and make such a difference for community wellness.

"It was a pleasure to work with Bob and Wendy on this special project; their passion and enthusiasm for giving was contagious and we are lucky have people like them in our community," Mc-Callum said.

For more information, contact Pamela McCallum at pmccallum@ierha.ca or visit the Interlake Eastern Health Foundation n Facebook or their website at http://www.iehf.ca.

> EXAM RESULTS, FROM PG. 12

Students in 40S language arts (Eng- lish and French) and mathematics

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Royal Canadian Legion Branch 42

403 Eveline Street, Selkirk Office: 482-4319 Bar: 482-6015 www.selkirklegion.org

November Events Calendar

Nov 2 - 2Man Band, 8pm

Nov 4 - Ladies Aux Craft Sale 10-3

Nov 9 - Topline Band, 8pm

Nov 11 - Remembrance Day Service 10:30 Selkirk Rec

Nov 11 – Open 12-7pm

Nov 16 - Frostbite Band, 8:30pm

Nov 23 - Rock the House Band, 8pm

Nov 25 - Grey Cup Party

Nov 30 - Rocket 88 Band, 8pm

Tuesdays Afternoon crib

1:00 pm

All day Member Specials, Texas Hold'em
Dart League Sept-Apr 7pm
Poker 7pm

Thursdays

Fridays Meat Draw & Chase the Ace 4:30-8pm

Open Sundays

12 Noon-7:00pm

CHASE \$11,156+

THE ACE As of Oct 26/18 • 29 Card

MUG, SPUD, & STEAK

fundraising dates available

HALL RENTAL dates available

BINGO Mon. 7:00 pm, Sat. 1pm

Everyone Welcome! Members-Only Specials

(essential, applied and pre-calculus) are required to write Grade 12 provincial tests at the end of each

semester. The results count toward their final course grade.

The Education Administration Act states the minister may release information relating to pupil achievement and effectiveness of programs in the education system.

Ed Teplyski

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to everyone who supported me during the recent election. I sincerely appreciate it. I look forward to serving vou for the next four vears as School Trustee.

- Judy Maryniuk

The minister also noted provincial assessment results will provide important context for the kindergarten to Grade 12 education system review, which the province will launch in early 2019. The review will include public consultation on a wide range of issues including the quality of education in Manitoba.

Provincial assessment results by school division are posted online at: edu.gov.mb.ca/k12/grad_rates/sd/index.html.



Doc about downtown Selkirk to premiere during Holiday Alley

A locally-produced documentary about the revival of Selkirk's downtown will premiere at the Garry Theatre during Holiday Alley.

"Down on Main Street: A Prairie Downtown Revival," will air two show times at the Garry Theatre on Nov. 30 and Dec. 1.

With so many TV shows and films being made in Selkirk, it's nice to finally see one "about" Selkirk, says Selkirk Mayor Larry Johannson.

"I'll be the first in line to see it," said Johannson who has a cameo appearance in the film.

The 51-minute film tracks the engagement of everyone from teenagers to local businesses to members of Inclusion Selkirk to retirees as they embrace the challenge of creating an outdoor winter arts festival in old downtown Selkirk.

"We're really lucky to document the journey of a community over a whole year to see how they worked together to bring light and love to their old downtown," said Kym Dopheide, the director of the documentary.

It is hosted by Selkirk born and raised Marlena Muir.

"Growing up in this city, I know it has great things to offer," said Muir, 23. "Seeing my friends and neighbours work together to continuously improve this city is inspiring."

Muir is the voice of the documentary as she brings viewers along on the



SUBMITTED PHOTO

"The Down On Main Street" documentary crew on the streets of Selkirk during Holiday Alley last year. Pictured from left to right: Wendy Buelow, Marlena Muir, Kym Dopheide, Marlon LaForte, Shirley Muir, Kit Muir, Connor Wielgosz and Jane Kay. The film crew was made up of 75 per cent women.

journey with volunteers from Selkirk and surrounding communities as they work to establish a winter festival in Selkirk that aims to revitalize the area and encourage community engagement in art and culture.

"It was a year-long journey in 2017, it took a lot of work, but it brought so much love and a sense of community back to our downtown," said Muir.

The documentary was partially funded by BellMTS as part of their Stories from Home programming, a

collection of local programs that explore arts, culture, and history and encourage viewers to reflect on who we are in Manitoba. Down on Main Street is available on demand through BellMTS' Stories from Home.

Students honoured at **Evening of Excellence**

SUBMITTED PHOTO

Comp students who achieved honours and honours with distinction in the last school year were recognized during an Evening of Excellence inside the Comp's theatre on Oct. 10.



Visit your Selkirk Canadian Tire today. **CLEARANCE CLEARANCE CLEARANCE CLEARANCI** CLEARANCE **Yardworks** Napoleon 24" Canvas, Black MM Quickfire Madden **Fireplace Insert** Mat Maximum MagnoGrip **Hallway Tree** Multisn with Trim Kit 12-Pocket Magnetic FR GR **Tool Belt** Was 4999 Was 49999 060-3889-4 Was 17⁴⁹ 031-2066-8

SALE ON Thursday November 1 to Wednesday November 7, 2018. Advertised items are available only at your Selkirk Canadian Tire Manitoba Avenue 482-8473 Monday-Friday 8 AM to 9 PM; Saturday 8 AM-8 PM, Sunday 9 AM – 6 PM.

Two Manitoba lakes named in honour of fallen paramedics

By Mel Stefaniuk, The Clipper Weekly

Two Beausejour paramedics killed in the line of duty 23 years ago are being recognized for their sacrifice by having two northern Manitoba lakes named in their honour.

On Oct. 15, the Manitoba Paramedic Honour Guard (MPHG) held a ceremony at Beausejour's IERHA Ambulance Station where it was announced that Manuel Cuadros and Keith Barrie now each had a lake named in tribute to them as part of the Manitoba Geographical Names Program run by the Department of Sustainable Development.

Keith Barrie Lake and Cuadros Lake can now be found in Northern Manitoba approximately 45 and 60 kilometres northwest of Lynn Lake.

On the evening of July 27, 1995, an emergency dispatch was answered by Barrie, Cuadros and Kimberly Suttorp. As they raced out of town, their ambulance collided with a semi-trail-

er truck on Hwy 44. Suttorp, 20 at the time, survived the accident, but 28-year old Cuadros and 41-year old Barrie were both killed in the line of duty.

The Emergency Response Community first honoured the men in 1995 with a long procession line of emergency vehicles and workers which made its way through the town streets and sidewalks to the memorial service held honour their fallen comrades and their grief-stricken families.

A decade later, the Beausejour Ambulance Attendants' Fund planned a second event to once again honour Barrie and Cuadros with a solemn procession and memorial. The MPHG coordinated the 20th Anniversary Memorial Service on July 27, 2015, which once again saw the two men remembered with a procession of more than 60 emergency services personal from the Manitoba Paramedic Honour Guard, the Paramedic Association of Manitoba and the Beausejour

Brokenhead Fire Department through the streets of town to the Beausejour cemetery. Once at the graves of the two men, wreaths were laid in their honour along with bouquets of flowers from the Barrie and Cuadros families

At the Oct. 15 ceremony, MPHG Commander Mike Spence was joined by MPHG member and event moderator Patrick McInnis, provincial toponymist Des Kappel, Paramedic Association of Manitoba administrative director Eric Glass and MGEU EMS director Rebecca Clifton in honouring the two men.

Spence explained the process to have the two men recognized in the Manitoba Geographical Names Program began two years ago and he was pleased to finally see their sacrifices recognized.

"The naming of these lakes provides a lasting tribute to them, which will keep them memorialized for generations to come," Spence said.

Glass said he himself was a rural paramedic in 1995 when the accident occurred and it was an event which shook everyone to their core.

"I thank the Honour Guard in making sure that Keith and Manuel are always remembered for what they did," Glass said.

Edna Barrie, widow of Keith Barrie, was in attendance at the ceremony and was moved knowing that this would memorialize her late husband.

"Hikers passing by the lake 50 years from now will see a plaque which lets them know what Keith and Manuel did," Barrie said.

Cuadros' widow Christine Dutka said the honour is significant to her and her family and they are already planning a road trip to the lakes next summer.

"This is something which means a lot to his kids and grandkids," Dutka said.

Library hosts Halloween party



SUBMITTED PHOTO Nearly 240 children along with their parents and guardians tended a Halloween party at the Gaynor Family Regional Library on Oct. 24. The event included Halloween themed treats, a magician, Halloween bingo and other games and crafts.



Legion poker tourney benefits troops



RECORD PHOTO BY JUSTIN LUSCHINSKI

The Selkirk Legion played host to a Support the Troops Poker Tournament on Oct. 21. The tournament raises money for wounded troops in the Canadian Armed Forces, and this was their second annual event.



et inspir



Prep time: 20 minutes Cook time: 20 minutes Serves: 4

Nonstick cooking spray

1 package Bob Evans Macaroni and

1 package (10 ounces) frozen chopped spinach, thawed and drained

11/4 cups shredded Gouda cheese,

1 package Bob Evans Thick Sliced



Fancy Mac

Hardwood Smoked Bacon, cooked and broken into pieces

1/2 teaspoon salt

1/2 teaspoon freshly ground black pepper

eggs, lightly beaten

Heat oven to 400 F. Spray four ramekins with cooking spray.

Heat macaroni and cheese according to package directions. Once cooked, stir in spinach, 1 cup cheese, bacon, salt and pepper.

Let mixture stand 10-15 minutes to cool. Add eggs. Spoon evenly into ramekins. Sprinkle with remaining cheese.

Bake 20 minutes, or until centers are



Loving kindness begets loving kindness. This sounds very simplistic, yet it reflects a very deep and profound truth. Of course, the opposite is also true; unkind, cruel, judgmental, or critical behavior generally begets the same. So, there are two ways to increase the amount of positive energy in all of our relationships.

The first way is to put out more loving kindness in our thoughts, words and deeds. The second way is to not respond with more negativity when someone is negative towards us.

This takes a great deal of maturity and a strong commitment to personal evolution. We can think of difficult situations or relationships as great opportunities to practice our skills and raise consciousness.

Simplistic Approach

In order to do this, we must focus on our own responses and behaviors, not on those of the other person. If we are waiting for another to be kind to us first, or to be a different kind of person before we are willing to move into a place of greater integrity, all forward movement is halted. The situations simply stagnates, deteriorates or escalates. We have no control over what others say or do. What we can control is our reaction to the external world.

When we take offence to something, we are creating a polarity. It is so much healthier not to take offence when it is offered (consciously or inadvertently)...but to simply pass on it. If it helps, think of offensive behavior as a cow pie. You do not need to step into it, examine it, or immerse yourself in it. You just need to ignore it and move on.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Face-Book for daily inspiration.



Prep time: 28-33 minutes Cook time: 10-12 minutes

Serves: 36

3/4 cup vegetable shortening

3/4 cup brown sugar

1 large egg

1 cup Bob Evans Mashed Sweet Pota-

2 cups all-purpose flour

1 teaspoon baking soda

1 teaspoon kosher salt

1 teaspoon pumpkin pie spice

1 cup butter, unsalted

3 cups powdered sugar

1/2 teaspoon maple extract

Sweet Potato Cookies

chopped honey roasted pecans (optional)

mini marshmallows (optional) Heat oven to 350 F.

In large bowl, using hand mixer or paddle attachment, cream shortening and brown sugar. Add egg and sweet potatoes; mix until combined.

In small bowl, combine flour, baking soda, salt and pumpkin pie spice. With mixer on low speed, slowly add flour mixture to egg mixture until well mixed. Using small cookie scoop, drop rounds onto greased baking sheets.

Bake 10-12 minutes, or until golden brown. Cool completely before frosting.

In separate bowl, beat together butter, powdered sugar and maple extract until frosting is light and fluffy. Frost each cooled cookie with maple butter cream frosting.

Sprinkle with pecans and mini marshmallows, if desired. Carefully toast marshmallows with culinary torch, if desired, while avoiding melting frosting.



Prep time: 30 minutes Cook time: 30 minutes Serves: 40

2 packages Bob Evans Thick Sliced Hardwood Smoked Bacon, slices cut in

1 package Bob Evans White Cheddar **Mashed Potatoes**

1 package garlic herb cheese spread 20 jalapeno peppers, halved, seeded with membranes removed

1/4 cup brown sugar

1 teaspoon ground cayenne pepper Heat oven to 400 F. Set bacon out to thaw to room temperature so it is pli-

Bacon-Wrapped Jalapeno Poppers

In mixing bowl, use rubber spatula to combine mashed potatoes and garlic herb cheese. Stir until incorporated. Spread 1 teaspoon mashed potato mixture in each jalapeno half; level each with butter knife or spatula.

Wrap each jalapeno with bacon; use three half slices for large jalapenos or two halves for smaller sizes. Be sure bacon is wrapped sealing in mashed potato mixture tightly.

In small mixing bowl, combine brown sugar and cayenne pepper. Generously sprinkle over bacon and pat gently to make it stick.

Line cookie sheet with piece of parchment paper so sugar does not burn to pan. Bake until bacon reaches desired crispiness, around 25-35 minutes.

Let peppers cool slightly before serving, about 5 minutes.







at 7:30





Det Sarecreation INSIDE > OUTSIDE > UPSIDE DOWN

Langlais family hauls in Baseball Manitoba awards

It was a very special night for the Langlais family at Baseball Manitoba's 2018 awards banquet last Saturday.

Garson's Brittney Langlais was honoured as the province's top female baseball player for this past season while her parents, Roger and Gail, were winners of the volunteer of the year award.

Brittney was a member of Team Manitoba that competed at the 21U Women's Championship in Stonewall.

On the mound, she threw 8 2/3 innings over two games, allowing just six hits while posting a 1.04 ERA.

Brittney was tied for first in the tournament with nine strikeouts.

She was also a member of the North Winnipeg Pirates 18U AAA team, which won the WABA City league and playoffs in 2018.

Brittney was a member of the Baseball Canada Women's Prospect Team that captured a silver medal at the Baseball Canada Women's Senior Invitational July 5-8 in Montreal.

At that event, she earned a win against Team B.C., going 4 1/3 innings while allowing four hits and two earned runs. Brittney was also the lead instructor in the first Manitoba Girls Program this past spring, mentoring young females in baseball.

Recently, Brittney has taken her baseball talents to Australia where she has signed a professional contract to play with the Rouse Hill Wildcats that compete in the New South Wales Women's Baseball League.

She chalked up her first win on the mound in Australia just a few weeks

Roger and Gail, meanwhile, have been dedicated volunteers for North Winnipeg Minor Baseball for many

President, coach, groundskeeper, manager, scorekeeper, fundraiser these are only a few of the roles that Roger and Gail have filled this year.

In 2017 and 2018 Roger and Gail took on the task of hosting the 21U Women's Invitational - the first national event to be hosted in Manitoba in almost two decades.

Roger and Gail served as the cochairs of the 21U Women's Invitational tournament.

Other award winners featured:

Grassroots Team of the Year - 14U Girls Team Manitoba

H/P Team of the Year (Minor) - 13U **Brandon Marlins**

H/P Team of the Year (Major) - Morden Mohawks

Grassroots Coach of the Year - Dean baseball player. Sproule (Niverville)

High Performance Coach of the Year -Dave Martine (Brandon)

13U Player of the Year - Hugh Montgomery (Bonivital) 15U Player of the Year - Juni Song

(Winnipeg South) 18U Player of the Year - Shayne

Campbell (Bonivital) Junior Player of the Year - Nik Kauen-

hofen (Carillon) Senior AA Player of the Year - Chris

Moffatt (Morden) Challenger Player of the Year - Alyssa

White (Winnipeg) Youth Umpire of the Year - Ethan Holland (Red River Valley)

Umpire Award of Merit - Murray Lawrence (Steinbach)

(Minnedosa)



RECORD FILE PHOTO BY LANA MEIER

Garson's Brittney Langlais was honoured as the province's top female



Honour Society - Gerry Ouellette Roger Langlais, second from left, and his wife Gail were honoured as (Red River Valley), Gerald Palidwor Baseball Manitoba's volunteers of the year for 2018 at last Saturday's Baseball Manitoba's volunteers of the year for 2018 at last Saturday's (Springfield) and Ron Shewchuk banquet. Also pictured are former Major League players, Corey Koskie, far left, and Jason Dickson.

MJHL/SJHL Showcase set for January in Regina

The Saskatchewan Jr. A Hockey League is once again announcing the MJHL/SJHL Showcase.

"The league is extremely excited to host the second-annual event," said Logan Fraser, director of marketing and communications with the SIHL, and event organizer.

"This year we plan to have the same entertainment value with live streaming, broadcasting, large LED screens throughout the rink and, of course, many scouts in attendance.

"We welcome and encourage the public to come out and watch some elite hockey." The Showcase will be held at the Co-operators Centre in Regina on Jan. 14-15.

The event will feature three teams from each league made up with the top-60 players in the MJHL and SJHL.

The teams will consist of players aged 16 to 20 who will be selected by the coaches from their respective leagues.

One team will be comprised of players who are 18 and under and two teams will be made up of players 20 and under.

Each team will play 2 games.

"The inaugural Showcase was a very positive event for both leagues in many ways,"MJHL Director of Operations Kevin Saurette said. "Most importantly, it allowed the athletes the opportunity to showcase themselves in a highly-competitive environment in front of many scouts and coaches from all levels."

MJHL commissioner Kim Davis is looking forward to the Showcase.

"The MJHL is extremely excited about the opportunity to once again collaborate with the SJHL for this Showcase and to further build off the on- and off-ice success of last year's event," he said.

Royals JV boys win another tournament title

By Brian Bowman

The Selkirk Royals junior varsity boys' volleyball team has won another tournament title.

Selkirk turned the trick once again, this time at a 10-team Miles Macdonell Collegiate tournament on Saturday.

The Royals defeated the Dakota Lancers 2-1 in a thrilling final. Selkirk won the match by scores of 22-25, 33-31, and 15-7.

The Royals started the playoffs with a dominating 2-0 (25-4, 25-5) win over the Westwood Warriors.

Selkirk then beat the St. Paul's Crusaders in a semifinal matchup (no scores were available).

Selkirk finished pool play with a perfect 4-0 record.

The Royals cruised to 2-0 wins over the Kildonan East Reivers (25-7, 25-13), Westwood Warriors (25-11, 25-10), Jeanne Sauve (25-15, 27-25), and St. Paul's (25-13, 25-22).

On an individual note, Selkirk's Rylan Van Kooten and Spencer Grahame were selected as tournament all stars.

Meanwhile, Selkirk's junior varsity girls' volleyball team hosted their Royal Rumble tournament last week-

The Royals were defeated 2-0 (18-25, 15-25) by the Portage Saints in the first round of the championship-bracket playoffs. Selkirk then lost 2-1 to the St. Mary's Academy Flames by scores of 15-25, 25-16, 14-16).

In a seventh-place game, Selkirk lost 2-1 (28-26, 10-25, 5-15) to Steinbach Regional.

Selkirk finished second in its threeteam pool with a 1-1 record. The Royals beat Garden City (25-14, 25-19) but lost 2-0 (20-25, 10-15) to Virden.

Both of Selkirk's junior varsity teams closed out their regular seasons Tuesday with road games against River East.

The league quarter-finals will be played next Thursday and then the semifinals are set for Nov. 13.

The KPAC finals will be played Nov.



RECORD PHOTO SUBMITTED

The Selkirk Royals junior varsity boys' volleyball team won their fourth consecutive tournament title this season. Selkirk defeated Dakota 2-1 in an exciting final on Saturday.

Fishermen win pair of weekend games

By Brian Bowman

The Selkirk Fishermen are used to winning a lot of hockey games the past few seasons.

And they won a couple more last weekend.

Selkirk lit up the scoreboard with

14 goals - both victories - in a pair of Capital Region Junior Hockey League

Selkirk earned the weekend sweep after a 7-4 win over the North Winnipeg Satelites in Selkirk on Sunday evening.

Juliano Garcea led Selkirk with two goals and an assist while Sage Guimond, Tanner Chwartacki, and Dane Derewianchuk each had a goal and a helper.

Harley Hoydalo and Braden Paterson also scored for the Fishermen.

Brett Williams (two), Parker Cassie and Braden Zamrykut replied for North Winnipeg.

Austin DeBoer made 22 saves for the

Last Friday, the Fishermen trounced the visiting St. Malo Warriors 7-1 at the Rec Complex.

Travis Spratt led Selkirk with two goals and an assist while Hoydalo, Darian Morris-Izzard, Reece Tessier,

and Jeremy Thomas each had a goal and an assist.

Damien Catcheway scored Selkirk's other goal.

Mike Medock and Guimond had two assists apiece.

Alex Murray scored St. Malo's lone goal in the third period.

Riley Bannerman made 25 saves for the win.

Selkirk, now 2-1-1-0 and with nine points to sit tied for second with St. Malo in the five-team league, will visit the Arborg Ice Dawgs Saturday (7:30 p.m.) and the Lundar Falcons on Sunday (6:30 p.m.) in Warren.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Dane Derewianchuk (25) follows a bouncing puck during CRJHL action Friday against St. Malo. Selkirk won the game 7-1 and then beat North Winnipeg 7-4 on Sunday.

Next Home Games

Fri. Nov. 9 7:30pm **vs Arborg Ice Dawgs**

Fri. Nov. 16 7:30pm vs Lundar Falcons

Sun. Nov. 18 7:30pm vs St. Malo Warriors



#3 Jeremy Thomas, Defence

Steelers strike oil in Gimli in MJHL weekend action

By Brian Bowman

The Manitoba Junior Hockey League was introduced to Gimli on Saturday. Selkirk hosted Virden in a regularseason game, which saw the Steelers edge the Oil Capitals 2-1 in front of a crowd of 400 spectators.

"It was good," said Nick Lubimiv, the Steelers' head coach and director of hockey operations. "They packed the

After a scoreless first period, Virden's Kolten Kanaski put the visitors on the board at 7:13 of the second.

The Steelers' Connor Barley tied the score with his ninth goal of the season just over five minutes later and then Nate Halvorsen netted the game winner at 16:39 of the middle frame.

Selkirk played pretty well on the defensive end in the slim victory.

"We've been focused on eliminating the Grade 'A' chances," Lubimiv said."It was nice to keep them to one (goal)."

Levi Mitchell made 32 saves for the win. The Olds, Alta. product is now 3-0 with the Steelers, has a 3.20 goalsagainst average, and a solid .922 save

"He played really well," Lubimiv said. "He's been a big help and a nice addition, for sure. He made some big saves in the third period to keep it

On Oct. 23, the Steelers slipped past the Winnipeg Blues 7-6 in a shootout at the Bell MTS Iceplex.

Selkirk forward Ryan Sokoloski was the lone player to score in the shoot-



Brady Pupp

"It was a strange game, to say the least," Lubimiv admitted. "I liked our structure and the way we played for 30 minutes or so and then it seemed like every chance they got went into the net."

The Steelers trailed 6-4 late in the third but Gimli's Noah Basarab scored at 18:30 and 19:04 of the final frame to tie the score. He finished the game with four points.

The first period was scoreless but then the two teams combined for seven goals in the second.

Brett Namaka had two goals and an assist for Selkirk while Sokoloski and Connor Barley also scored. Barley also had three assists in the game.

Mitchell made 36 saves for the win. The Steelers and Oil Caps played again this past Tuesday in Selkirk but no score was available at press time.



RECORD PHOTO BY LANA MEIER

Steelers' defenceman Colby Dudek (21) keeps a close watch on Virden's Jack Einarson during MJHL action in Gimli last Saturday. Selkirk won the game 2-1.

In trade news, Selkirk acquired 1998born defenceman Brady Pupp from the Waywaseecappo Wolverines last weekend in exchange for the MJHL playing rights of defencemen Ethan McColm and Jack Stewart.

Both McColm and Stewart were born in 2001.

In 15 games with Waywayseecappo this season, Pupp has two goals and four assists.

"He brings experience and we're young on the back end,"Lubimiv said. 'He's a big body and can move the puck and he defends well. He's what we're looking for and he has experience. Our younger guys need someone to lean on and we have three 17

year olds on the back end so we needed some more veteran leadership back there."

Selkirk will be in Portage this Friday and Saturday for a pair of games, both starting at 7:30 p.m.

The Steelers' next home game is Nov. 6 when the Blues visit the Rec Complex.

Meanwhile, the Steelers' game Oct. 19 against the Swan Valley Stampeders, which had been suspended for "unsafe ice conditions" will be played Feb. 24 at 3 p.m.

Admission for the resumed game tied at 3-3 midway in the second period - will be free.

to pair of MMJHL victories **Local players lead Raiders**

Kale Ilchena scored twice and added two assists to lead the Raiders' Jr. Hockey Club to a 7-3 home win over Pembina Valley last Friday in Manitoba Major Junior Hockey League action.

Ilchena scored a first-period powerplay goal and then added a shorthanded marker in the third.

Caleb Resch, Elisha Bambridge, Carter Ives, Auzzie Loewen-Palmer, and Gord Longbottom also scored for the Raiders.

Jeremy Pikel made 40 saves for the victory. Twenty-five of those stops came in the third period.

Elijah Carels (two) and Jeremie Goderis scored for the Twisters.

On Sunday, the Raiders defeated the

Jets 5-4 in overtime in Stonewall.

Longbottom scored his second goal of the game in OT for the game win-

He tied the score at 4-4 with a powerplay goal at 14:21 of the third period.

Jordan Kreml, Bambridge, and Conner Grunsten also scored for the Raiders.

Aiken Chop (two), Chance Dick-

enson and Sam Mandryk replied for Stonewall.

Pickel made 32 saves for the win.

The first-place Raiders, now 8-1, are back in action Friday (7:30 p.m.) when they host the last-place River East Royal Knights.

On Sunday, the Raiders will play the St. James Canucks at the Civic Centre. Puck drop is 2:45 p.m.

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Thunder to battle Golden Bears in semifinal matchup

The real season is about to start for the Interlake Thunder.

Interlake will open its Rural Manitoba Football League playoffs this Saturday (2:30 p.m.) against the Virden Golden Bears in Stonewall.

It should be a great matchup in front of what is expected to be a nice-sized home crowd for the Thunder.

"It was a good crowd in Virden and our last home game had a good crowd so I expect there will be a lot of folks there,"said Thunder head coach Mitch Obach. "The forecast doesn't look too bad so hopefully it will be a nice day to watch a good football game."

The Thunder (7-0) finished first overall during the regular season while Virden was 5-2.

The other provincial semifinal has the Swan Valley Tigers (5-2) hosting the Dauphin Clippers (5-2).

The playoffs are a totally different beast compared to the regular season.

"The No. 1 thing we are focused on is one season is done and the playoffs are a whole new season," Obach said. "Everyone is 0-0 right now and, to be honest, we don't have a lot of guys with a tremendous amount of playoff experience or playoff success."

Interlake wrapped up its regular season with a solid 45-21 victory over Virden. It was the third time this season that the Thunder turned a onepoint game at the half into a rout.

"(Finishing) 7-0 is one thing but they had to work at it," Obach said. "They've had that adversity a few times and hopefully they can rise up to that next level that you need in the playoffs."

The Thunder took a 13-0 lead early

in the second quarter but Virden rallied for a 14-13 halftime advantage.

The Golden Bears then led 21-20 but the Lightning struck for 25 unanswered points for the win.

"We had a very long layoff and there was a little bit of rust early on," Obach admitted. "Virden is a really tough football team and of all of the teams that we have seen they are the most similar to us in style. They are a very physical, run-first team...so it was a very hard-nosed football game."

Thunder quarterback Josh Charison was very good, finishing 12-for-18 for 230 yards and two touchdowns without an interception. He also had TD runs of one and three yards.

"It was easily his best game of the year," Obach said. "They know we're a running team and they definitely game planned for that. There were

times when we had trouble moving the ball and it was his arm that got it done for us and the receivers were making catches."

Graeme Perrie had 107 yards receiving, which featured a 35-yard TD catch, while

Brandyn Linklater hauled in a 22yard TD reception.

Interlake was equally impressive on the ground.

Colton Nedotiafko had 14 carries for 172 yards, which included touchdown runs of 74 and 24 yards.

On defence, Colton Meisner had 11 tackles and three interceptions, including one that he returned for a touchdown.

Aden McLean had seven tackles while James Crate added three tackles and a quarterback sack.

Figure skaters to hit the ice in Morden

Submitted

The Skate Canada Manitoba Sectional Figure Skating Championship will select the top skaters in the province to advance to the 2019 Skate Canada Challenge, ultimately leading to the Canadian Figure Skating Championships.

This event, which will take place this Saturday and Sunday in Morden, allows Manitoba to feature its skaters' athletic abilities and showcase their grace and talent to the public.

"Skate Canada Sectionals is the entry point for the athletes, enabling them to qualify for the 2019 Skate Canada Challenge in Edmonton in December followed by the National Championships in Saint John, N.B. in January," said Donna Yee, Skate Canada Manitoba board chair.

"It is very exciting for all the skaters to experience this level of competition and to dream about someday competing on the International stage."

These athletes will be travelling from across the province to strive to compete for provincial titles and to achieve their personal goals.

Over 70 figure skaters will be competing from the Pre-Juvenile to the Senior levels for the opportunity to be the top skaters in the province.

The three top skaters at the Pre-Novice and Novice levels, and the top two at the Junior and Senior levels, will have the opportunity to continue to the 2019 Skate Canada Challenge in Edmonton from Nov. 28 to Dec. 2.

For Novice, Junior and Senior skaters, this will be the qualifying event for 2019 Canadian Tire National Skating Championships. The Canadian Pre-Novice Champions in men's, women's, pair and ice dance are determined at Skate Canada Challenge.

Royals winning on the ice in women's high school hockey

By Brian Bowman

The Selkirk Royals needed a little extra time to win their first Winnipeg High School Hockey League regularseason game.

Selkirk's Grafton Hopkins scored the game winner in overtime to lift the Royals to a 4-3 road victory over the College Gabrielle-Roy in Ils des Chenes on Oct. 24.

After a scoreless first period, Selkirk led 3-1 heading into the third after a

pair of goals from Zach Parkinson and another from Easton Donohoe.

Parkinson and Donohoe each finished the game with three points while Brandon Kipling added a pair of assists.

Cole St. Laurent replied with a pair of goals for the home side to cut the deficit to 3-2.

Gabrielle-Roy's James Poirier then tied the score at 3-3 with just four seconds remaining in the third.

Jack Jehle earned the win in goal.

Selkirk is back in action Tuesday (3:30 p.m.) when it hosts the Dakota Lancers at the Rec Complex.

Meanwhile, the Royals defeated the PCI Saints 3-0 on Monday in Winnipeg Women's High School Hockey League action in Portage la Prairie.

Jana King, Rayley Goetz and Amy Carter scored for Selkirk. Assists went to Goetz, Cienna Palmer and Kiera

Jodi Clifton posted the shutout.

The Royals' next game is Monday when they play the Kelvin Clippers at River Heights Arena. Puck drop is 4:15 p.m.

Selkirk's next home game is Nov. 7 at 3:30 p.m. when they host Winnipeg's Vincent Massey Trojans at the Rec Complex.

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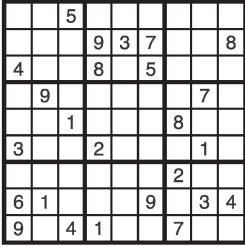
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Temp. P/T cook for The Selkirk Lion's Centre is required. Must be able to plan and prepare meals for approx. 15-20/day. Food Certificate Handlers and previous related experience is required. Starting Nov. 15 to Jan 18, 5.4 hours per day, mornings. Email resumes to slions center@gmail.com

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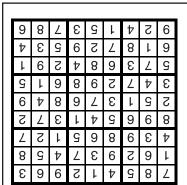


Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!







Crossword Answer

CROSSWORD

CLUES ACROSS

- 1. Boat structure
- 5. Affirmatives
- 10. From end to end
- 14. Ancient Syrian city
- 15. Plant parts
- 16. Anatomical feature of worms
- 17. Invests in little enterprises
- 18. Cuts the skin off
- 19. Noted child psychiatrist
- 20. Satisfies
- 22. Take by sips
- 23. Matched
- 24. It changed the world
- 27. U.S. Founding Father Adams 30. Father
- 31. Swiss river
- 32. They hold music
- 35. Spoke
- 37. Used to write
- 38. Cold wind
- 39. More competent
- 40. Test for high schoolers
- 41. Mild analgesic
- 42. Indian industrial city
- 43. Fellas
- 44. Short-tailed martens
- 45. No seats available
- 46. Golf score
- 47. A way to sink
- 48. Type of investment account
- 49. Sonas
- 52. Type of sword
- 55. __ King Cole, musician
- 56. Type of vaccine
- 60. Site of the Taj Mahal
- 61. Languished
- 63. Ethnic group in South China
- 64. Prevent from seeing
- 65. Word of farewell
- 66. Charity given to the poor
- 67. Chops
- 68. Swiss capital
- 69. One point east of southeast
- **CLUES DOWN**
- 1. Type of hall

19 39

- 2. Swedish rock group
- 3. Long, narrow cut
- 4. Indicating silence
- 5. Talk at length
- 6. Wiped away

60

64

- 7. Sweet substance (alt. sp.)
- 8. Babar is one
- 9. Soviet Socialist Republic
- 10. French avant-garde composer

65

68

- 11. Commoner
- 12. Swiss river
- 13. A single-minded expert
- 21. Passover feast and ceremony
- 23. Indie record label (abbr.)
- 25. Fellow
- 26. Strong tree
- 27. Drenches
- 28. Spindle 29. North Dravidian language
- 32. Lounges about
- 33. Preamble

34. Essential for nachos

66

- 36. Afternoon beverage
- 37. 007's creator
- 38. Founder of Babism
- 40. Music played in open air
- 41. Profoundly wise men
- 43. Disfigure
- 44. Unhappy
- 46. Prefix denoting "in a"
- 47. Cotton fabric; satiny finish
- 49. Closes tightly
- 50. The lowest point
- 51. Semitic sun god 52. Grads wear one
- 53. Phil , former CIA
- 54. Fermented rather than distilled
- 57. Aids digestion 58. Unstressed-stressed
- 59. Body part 61. Wonderful
- 62. Expected at a certain time

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Mikes Property Services is currently looking for experienced/certified skid steer operators and 3-ton truck operators for the 2018-2019 winter season. Applicants must have a current class 5 drivers license, have the ability to operate skid steers with hand and foot controls and ISO controls, drive standard transmission, be available on short notice, be reliable and safety minded. Prior commercial snow clearing experience and a class 3 license would be an asset. Wage will depend on experience and qualifications. Please send resume to: mikesprop ertvaroup@amail.com

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UPCOMING EVENTS

Stony Point Metis Local will hold a Mind. Body and Spirit Workshop with local author, Brandi Vezina, on Sunday, November 4th at the Patricia Beach Hall. Stony Point, Manitoba. Time is 1-3 p.m. All invited, come and bring a friend, refreshments. Pls. call 1-204-635-2219.

Zija International presents a Lifestyle and Wellness Event, Sat., Nov 17/18, 11 a.m. - 3 p.m. at Smitty's Banquet Room, Main St. Selkirk. Free admission. Ph. for info. 1-204-781-8605.

UPCOMING EVENTS

Gerdau invites the public to attend the Community Advisory Committee meeting at 6:30 p.m. on November 29, 2018 at Gerdau (27 Main Street). The meeting location will be in the Main Office (just south of the guardhouse off Main Street) and in the downstairs north conference room. Please RSVP to Janice. Braga@gerdau.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch 204-467-8884 Ltd.. or e-mail stonewood elkranch@mymts.net

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Selkirk STATEMENT OF OFFICIAL RESULTS

I. Alison Sinclair. Senior Election Official for the City of Selkirk, certify that below is an accurate summary of the votes counted for each candidate in respect of this election of Mayor and Councillors held on October 24, 2018.

2245

259

312

1270

TOTAL NUMBER OF VOTES Johannson, Larry

For Councillors Buffie, John 1579 Cook, Kelly 1673 Downy, Chris 971 Fiddler, Lorie 1784 1725 Hourie, April Poirier, Doug 1637 Swiderski, Darlene 1596

Kathwaroon, Ian

Macumber, Teresa

Wiebe, Kim I hereby declare the following candidates elected:

Mayor: Johannson, Larry

Councillors: Buffie, John Cook, Kelly

Fiddler, Lorie Hourie, April Poirier, Doug Swiderski, Darlene

I also certify that 50 ballot papers were declined, rejected, spoiled or taken from the voting station.

Dated at the City of Selkirk this 25th of October, 2018.

Alison Sinclair Senior Election Official City of Selkirk

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Public Notice - Rural Municipality of St. Clements Landfill and Transfer Station Winter Hours Starting Sunday, November 4, 2018

Location	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Libau	Closed	Closed	9:00 am -	9:00 am -	9:00 am -	9:00 am -	9:00 am -
Landfill			5:00 pm	5:00 pm	5:00 pm	5:00 pm	5:00 pm
Dunning	9:00 am –	11:00 am -	11:00 am -	Closed	Closed	Closed	Closed
	5:00 pm	5:00 pm	5:00 pm				
Clark	Closed	Closed	Closed	Closed	Closed	11:00 am –	9:00 am -
						5:00 pm	5:00 pm
Grand	9:00 am –	Closed	Closed	Closed	Closed	11:00 am -	Closed
Marais	5:00 pm					5:00 pm	
Gull Lake	Closed	11:00 am -	Closed	Closed	Closed	Closed	9:00 am -
		5:00 pm					5:00 pm

For questions regarding waste disposal or recycling please contact the Landfill Office at 204-766-2388 or toll free at 1-866-205-8914.



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20024 Beachside Rd Sandy Hook \$339,900



5361 Hwy 9 \$289.900



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- 610 Ferry Rd 2.05 Acres \$129,000 Breezy Point Rd - 2.41 Acres \$99,900
- 153 Lily, Zoned M1 \$104,900



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\$599,900

.... \$224.500



10 Dubas Creek



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...\$90,000

\$119,000

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P: 204-202-1922

M/TX: 204-461-0747

E: george@ghteam.ca



39 Revnolds Rd. Winnipeg Beach \$279,000



80017 33 E. RD.



80145 Rd. 31E \$296,000 St. Clements



1 LEASIDE BEACH Road S, Pine Dock \$319,900



RURAL MUNICIPALITY **OF ST. ANDREWS** TENDER NOTICE -**Clandeboye Fire Hall Renovation**

Separate Sealed Tenders will be received by the undersigned at 500 Railway Avenue, up until 1:00 p.m., local Time on Friday, November 9, 2018 for the supply of materials and labour necessary for renovations at the RM of St. Andrews Clandebove Fire Hall (Central Hall) at 508 Railway Street as designed by Bilsky Enterprises Ltd.

Tender Forms and specifications may be obtained at the R.M. of St. Andrews, Public Works Department, 500 Railway Avenue, Clandeboye MB, during normal business hours or from the R.M. website at www. rmofstandrews.com.

All inquiries related to the Tender should be directed to Randy Borsa, C.E.T., R&L Consulting at (204) 481-4560.

The lowest or any tender not necessarily

accepted.

Andrew Weremy CAO R.M. of St. Andrews Box 130, 500 Railway Avenue Clandeboye, MB ROC 0P0 Phone: (204) 738-2264

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COUNTRY LISTINGS NEW PRICE 2194 Rushman \$620,000 **SOLD** 648 Taylor Road, Petersfield ... \$184,900 **SOLD** 34 Grey Cresc, Pinawa \$325,000 655 Fort Garry Road...... \$119.900

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OUR OFFICE IS OPEN Monday to Friday 9:00 - 4:30 pm at 255 Main Street by Tim's

Announcements

ANNOUNCEMENT

BIRTHDAY



Joe Bosak Happy 98th Birthday **Uncle Joe** On November 4th Love and hugs are being sent your way on this special day

ANNOUNCEMENT

BIRTHDAY



Margaret McDonald Happy 80th Birthday! Come help us celebrate at a Come & Go Tea with refreshments and snacks in honour of this beautiful lady's 80th Birthday!! Date: November 4, 2018 Place: Lutheran Hall, 300 Manitoba Ave., Selkirk

Time: 1:00 - 4:00 p.m. No gifts please.

Happy Retirement

Garth Clemons It's official... our Dad has retired!

ANNOUNCEMENT

RETIREMENT

He has touched many homes, hearts and families in our community.

Thank you for all your hard work and generosity over the years. We are thrilled he is finally ready to relax and enjoy his new found time with his family and friends!

-Love your Girls, the Boys, the Grandbabies and the pups

NOTICE OF HEARING

UNDER THE HIGHWAYS PROTECTION ACT THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, November 13, 2018 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg MB R3E 3H4 Phone: (204) 945-8912.

PERMITS - PART I - SECTION 9 H.P.A. AND PART III - SECTION 17 H.P.A. 1/009/149/B/18 - STANTEC CONSULTING LTD. o/b/o R.M. OF ST. ANDREWS

Application for Three Buildings and Oxygen Chamber (Other) adjacent to P.T.H. No. 9 at its intersection with P.T.H. No. 27, R.L. 8, Parish of St. Andrews, R.M. of St. Andrews

The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the Secretary prior to or at the hearing.

200 - 301 Weston Street Michelle Slotin, Board Secretary Winnipeg, MB R3E 3H4 Phone: (204) 945-8912

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THE HIGHWAY TRAFFIC BOARD





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nnouncements Selkink Regard

ANNOUNCEMENT

IN MEMORIAM

In Loving Memory of a Special Husband and Father **Brad Ruptash** May 31, 1961 - October 31, 2013

Your smile alone warmed hearts, Your laugh was like music to hear; We would give absolutely anything, To have you well and standing near. You meant so much to all of us. You were special and that's no lie: You brightened up the darkest days. And the cloudiest of skies. So if you still have your husband/father, Cherish his life with care... For you'll never know the heartache,

Until you see his vacant chair. -Forever loved and sadly missed Nadine, Kyle and Alicia



ANNOUNCEMENT

IN MEMORIAM



Carley Denay Cheyne June 2, 1985 - November 5, 2017 Your place in Heaven will only Know peace and jov.

-Always loved and remembered. Mom, Trevor (Krista), Randi (Chris), Koby, Tyrell and Kolton Your precious sons, Jaden and Eithan We love and miss you Mom!

OBITUARY

Roger Frederick Hilton July 19, 1947 - October 17, 2018

With heartfelt sorrow, we announce the passing of a dear brother and special uncle. Roger leaves behind his brother Lorne (Kathy); nieces Virginia Hilton (Joel Nozik), Michelle (Sean) Clark and Nicole (Lance) McNabb; nephews Fred (Kristi) and Ian Hilton; special great nieces and nephews, Viola and Vienna Clark and Jesse and James Hilton, as well as his long-time special friends. Roger has now reunited with his mom and dad, Iola (nee Welsh) and Fred Hilton and his only sister Betsy DeCorby. Cremation has taken place. There will be a gathering for Roger at a later date.

A sincere thank you to Dr. Zoppa and the nurses and aides that looked after Roger. Your kindness and care was greatly appreciated.

Arrangements entrusted to:

Interlake Cremation & Memorial Services 204.482.1040

OBITUARY

Betty Jean D'Argis (nee Redhead) August 2, 1949 to October 3, 2018



Betty passed away peacefully in her sleep at her home in Winnipeg. Dearly loved wife of Rodney for 47 years. She also leaves behind her children, Brent (Jen) and Michelle (Al). She was a very proud and loving grandmother to Coleman, Sadie and Challen. She is also survived by her sister and best friend, Mary Romaniuk; in-laws Sharon and Tom McBurney and Dolores and Moe Romaniuk; as well as her cherished nieces and nephews and their families

Betty loved children and the many years she spent working with them as an Educational Assistant, going above and beyond. She was always there for her friends and family with an open heart and a willing hand. She was family first, a great friend, a wonderful grandma, Nurse Betty, sister confidant, fun traveling companion

and life saver. She loved travelling and gathering her family together, whether at home or Falcon Lake, to share her delicious meals. Although vertically challenged, people quickly learned to keep on her good side. As much as her family meant to her, her foundation was Rod. They always took care of one another and had a marriage to aspire to. True partners in life and love. Her lifelong nemesis was diabetes. As much as she hated it, it made her stronger and she didn't let it define her. It motivated her to live life to the fullest.

Cremation has taken place and a private family service is to be held.

Donations in Betty's memory can be made to the Canadian Diabetes Association or the Heart & Stroke Foundation.

Arrangements entrusted to:



OBITUARY

Tracy Trevor Hall

Peacefully passed on Tuesday, October 23, at The Selkirk Regional Hospital, with his wife Janis and step daughter Tammy Sawatzky at his side. Tracy, at the age of 72, lost his battle with

Tracy will be lovingly remembered by his wife Janis; daughter Therese; son Travis; step daughter Tammy (Wanda); his father Francis; brother Henry (Destiny); sisters-in-law Pat Hall, Linda Mostowy, Dianne Calverley (John), Donna Mostowy (Denise); brother-in-law Edwin Mostowy (Pee Wee) and very special nephew Josh Hall; many grandchildren, cousins, nieces, nephews and friends. Tracy was predeceased by his mother Violet, and brothers Aaron and Ted.

Tracy was born on August 16, 1946 in Yorkton, Sask. Tracy married Janis and they settled in Petersfield, Mb. where he enjoyed

hunting and fishing with his many friends.

In lieu of flowers, donations can be made to the A.L.S. Society in Tracy Hall's name.

Tracy you will always be in our hearts. -Love Janis

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BIRTHDAYS NOTICES

204.414.4440 Tues-Fri: 10-6

- OBITUARIES
 IN MEMORIAMS
- . THANK YOUS
- ENGAGEMENTS ANNIVERSARIES
- **Call Today** 204-785-1618



Lloyd Stanley Bisson October 27, 1944 to October 18, 2018

Dad passed away peacefully on Thursday, October 18, 2018 at the Selkirk General Hospital, with family by his side. Dad is predeceased by his parents Roddy and Emma Garrick, brother Henry, and sister Mary-Ann. He is survived by his wife Edna Bisson, daughter Angelee (Kurt) Carlson, daughter Ginette Bisson, son Darren (Corrlea) Bisson, daughter Samantha (Max) Bisson and sister Freda Lepine, 11 grandchildren and two great-grandchildren.

Dad was always a very private person who spoke few words, but when he spoke everyone listened. Our dad loved fishing, hunting and spoiling his grandkids. His favorite pastime was watching the Montreal Canadians play hockey, and making sure his cheque book was always balanced. Our dad will be missed by all who knew him. We find peace in knowing he is reunited with so many

loved ones up in heaven. Our dad is now our guardian angel who is watching over us and protecting us. Fly freely dad, until we meet again. We love you.

Prayers and visitation were held on Tuesday, October 23rd in Selkirk, Manitoba. A wake was held on Thursday at the Ke-Na-Now Center in Wabowden, MB followed by the funeral service on Friday October 26th, also at the Ke-Na-Now Center.

In lieu of flowers donations can be made to the Siloam Mission, or Selkirk United Church.

Thank you to the Selkirk General Hospital for all of the amazing care our dad received in his final

"I'd like the memory of me to be a happy one, I'd like to leave an afterglow of smiles when life is done. I'd like to leave an echo whispering softly down the ways, of happy times and laughing times and bright and sunny days. I'd like the tears of those who grieve, to dry before the sun of happy memories that I leave behind when day is done" -Helen Lowrie Marshall-

Arrangements entrusted to:





204-485-1234 Harvey Call after 1:00 pm, text anytime



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