

933 Manitoba Ave., Selkirk (204) 482-3841 Waterfront and a mural unveiling on the back of Dufresne Furniture & Appliances towards the river. All of these events amplified the voices of Indigenous advocates in our community. See more images from our local events inside and in next week's edition.

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PRICES IN EFFECT: THURSDAY, OCTOBER 5 - WEDNESDAY, OCTOBER 11, 2023

# Selkirk Biz Awards are back to celebrate our local businesses

After a COVID hiatus, local businesses are preparing to once again recognize their accomplishments

### By Katelyn Boulanger

After a few years away because of the pandemic, the Selkirk Biz Awards are set to return to honour our local businesses by recognizing those in our community who are going above and beyond.

"The Biz Awards are awards handed out to local businesses for being outstanding," said Executive Director of the Selkirk Biz Alice Skalesky.

The Biz Awards recognize businesses for their success in ten different categories. These include the Customer Service Award, Community Spirit Award, Business of the Year Award, New Business of the Year Award, Business Philanthropist Award, Farm Family of the Year Award, Marketing/Branding Award, Woman Entrepreneur Award, Inclusive Business Award, and Visual Improvement Award.

The event is hosted by the Selkirk

Biz which is our local chamber of commerce. They created the local Biz Bucks program, are responsible for the Catfish Den event, as well as Eat Along the Red, and host the Selkirk Biz Summer Parade.

This event is their chance to directly show their support for local businesses achievements with a once a year event dedicated to just that.

This business recognition is important in our community for many reasons. It lets businesses know that residents like what they are doing in our community, shows support for buying local and also can give our businesses incentive to keep innovating and working together to make our community better year after year.

"It's nice to be recognized as a business for offering good customer service, and Selkirk is really unique for

Continued on page 5



**RECORD PHOTO SUBMITTED** Selkirk Biz's Biz Awards are back Oct. 19. Get your nominations in by Oct. 10.





## 4 The Selkirk Record Thursday, October 5, 2023 Selkirk Biz's Catfish Den makes its return on Oct. 26

Get ready for local businesses to battle it out

### By Katelyn Boulanger

If you've ever heard of Shark Tank or Dragon's Den you'll understand the idea behind Catfish Den. The local event aims to help out local businesses and initiatives by having them present their ideas for improvement to a local crowd.

This will be the second Catfish Den event as the first event, which still intends to be an annual endeavour, was interrupted by the pandemic. Now with pandemic restrictions lifted, the event is back and the local Cool Cats are back in business.

"I used to be on the board of the Beausejour and Brokenhead Chamber. For a few years, they did a Dragon's Den. But it was me that approached the Selkirk board, with this idea," said Jim Pelletier, First Vice President and Past President of the Selkirk Biz.

Pelletier brought forward the suggestion to the Selkirk Biz since his



experience in the Beausejour/Brokenehead event led him to believe it would work here too. The members of the Selkirk Biz then teamed up with the Lord Selkirk Regional Com-

### Catfish Den is making it's return this October.

prehensive Secondary School where the event takes place and it became a reality in our community.

The event takes place on Oct. 26 at the John Vadeboncoeur Theatre in the Comp from 6 to 9 p.m. and businesses who want to take part need to start getting ready now.

The way that it works is that homebased or store front businesses looking for capital injection, wanting to get their name and products known in the community, or organizations looking for funds for an upcoming project can apply to take part. Once RECORD FILE PHOTO

they've applied at the Selkirk Biz's website they need to develop a pitch to wow the crowd.

To apply you don't need to be a resident in the Selkirk Biz's coverage area of the City of Selkirk, RM of St. Clements, RM of St. Andrews and RM of West St. Paul, however, your business must currently operate in any one of these communities or open within the next 12 months.

"I'm also looking for the community to come out and support the differ-

Continued on page 5





## CALL FOR DIRECTOR NOMINATIONS

For more information and the NOMINATION APPLICATION form please visit our website, redriverco-op.crs or call **204.631.4600** to speak with the Elections Officer.

Deadline: 4:30pm, November 27, 2023



At over 320,000 strong, the Red River Co-op membership represent a broad cross-section of our community. We are committed to a

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here all board members, employees, and members feel respected and valued for who they are and the perspective they bring.



### > CATFISH DEN, FROM PG. 4

ent organizations or businesses that they may not be aware of, or they may be aware of. [The businesses are] going through some challenging times or they're looking at different ways to grow or different projects to help the community,"

This competition is unique also in that it's completely communitydriven. The Cool Cats, who offer mentorship and support the event, don't buy part of the businesses like the TV competitions and they don't even choose the winners. It's the audience members themselves who choose who gets awarded the prizes at the end of the night.

The event costs \$5 to attend but Pelletier says that the entry fee is a way to make the audience more involved.

"All the \$5 goes into the pot and will be dispersed that evening. The audience gets to pick their favourites and that's how the money is dispersed," he said.

The event is also special because it will have a portion where the students from the high school pitch their ideas. In the past, school programming like the school's PASS program has been supported in this way.

New this year is a market hosted by the high school students. They will be selling small items at booths. This gives our young entrepreneurs

Selkirk

a great way to get a feel for what business sales might be like and residents who attend a great opportunity to support them. Don't forget to bring some pocket change.

Pelletier feels that it's important to have business events like this in our community so that residents and businesses can connect and residents can support the people who support the community.

"First, is we always want to think shop local. We're sort of close to [Winnipeg and often people] will first think, 'Oh, you know, I'll go to Winnipeg and go see,' but sometimes we have that business here in Selkirk. So not only [by supporting local do] you not have to drive there or spend on gas, but you're helping a business. Second is it's normally our local businesses that support all of our community groups," he said.

Pelletier invites everyone in our community to come out for an evening of fun at this event.

"You never know, you may find people that you are extremely interested in and would like to get more involved with or provide more support to," he said.

More details can be found on the Biz's website or on their social media. Applications can also be found on the Selkirk Biz's website at https://selkirkbiz.ca/.

ONE COUPON PER GUEST, NOT VALID WITH OTHE

### > BIZ AWARDS, FROM PG. 3

that reason because it's such a tight knit community. So, I think it's really impactful to have your business recognized for being great," said Skalesky.

Residents and businesses are encouraged to support their favourite local businesses with a nomination. Nominations can be done on the Selkirk Biz's website and the nomination period is open until Oct 10.

Events like these in the community are also important because they bring people together to create more community connection and sometimes just being together gets people to look at their problems in a more collaborative way.

"We come together as a community and are connected and everybody helps out each other and it's nice to become a community together," said Skalesky. Skalesky says that you don't have to be part of the Selkirk Biz to be nominated as a business for the Biz awards, however, you do have to be a business in the Selkirk Biz's coverage area which, in addition to Selkirk, includes St. Andrews, St. Clements, and the West St. Paul Region.

The event itself will take place on Oct. 19 at the Selkirk Golf & Country Club. Tickets will be available locally and residents are asked to email info@selkirkbiz.ca and follow their social media for details.

Skalesky encourages residents to nominate their favourite businesses and come out to the event itself.

"Especially after COVID, a lot of people came together and helped out and, it's nice to be recognized," she said.

Nominations are being accepted at https://selkirkbiz.ca/.

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To learn more, please visit **efficiencyMB.ca/opportunities** and apply by October 19, 2023.



## 6 The Selkirk Record Thursday, October 5, 2023 See five artist's work in one spot at the Gwen Fox Gallery

## Michele Campbell, Isaac Imasuem, Peggy Kasuba, Mark Kosatsky, and Autumn Robbie-Draward fill the exhibit this month

### By Katelyn Boulanger

The Gwen Fox Gallery is known for its wonderful atmosphere and stunning exhibits. This month is no exception. Michele Campbell, Isaac Imasuem, Peggy Kasuba, Mark Kosatsky, and Autumn Robbie-Draward have answered the call to fill the gallery with a variety of stunning colourful pieces of art this month.

### Michele Campbell

Campbell is an acrylic artist who has over a dozen pieces in this month's exhibit. She is very influenced by nature and her work is recognizable by its barn board canvases and animals that seem to emerge from their background.

"[A friend of mine] gave me some samples [of barn board] to play with and see what I thought and if it would work. I started with a polar bear. The board had a really cool knot in it, and I ended up thinking 'Oh, that would make a really good nose' and that led to a polar bear," said Campbell. She likes the element of recycling that this brings as well as the creativity of turning knots and holes into elements of the art.

She started as an artist as a child. Campbell says that living with her grandparents for the first six years of her life led her to a Sunday school teacher who was supportive of her art. After that teacher brought some supplies to the house and told her grandparents she thought Campbell had talent, they continued to buy her what she needed and encouraged her on her journey.

Her pieces this month are natureinspired but she says that colours and environment can also be inspirations for her. For example, a drive through Lockport led to pelican studies and spun her towards the idea of endangered species and the Pelican Lake painting she created.

Campbell's best advice for new artists is to "never give up and practice makes a world of difference." She hopes that residents stop by the gallery this month.

"It's a nice variety of artwork to see and a lot of original artwork that you can buy that might not be in another gallery. It's fairly well priced and who knows if one of these artists are going to be famous one day," said Campbell. Isaac Imasuem

Imasuem's artwork is varied and bold. His drawings are expressive



**RECORD PHOTOS BY KATELYN BOULANGER** Michele Campbell.

and energetic and his paintings are colourful and joyful.

"My art is very simple and original," said Imasuem.

He has charcoal, mixed media, oil painting, ink and engaging push-pin pieces in the gallery this month.

"I get my inspiration from nature," he said.

He is originally from Nigeria and has a post-secondary degree in art







from the country but came to Selkirk to be with family and has fallen in love with our area.

"I started my art a long time ago in 1999 in high school. I met a friend who was into sculpting and he introduced me to his boss and from there I started as an apprentice. It was then that I got admission into Polytechnic which is a college. It was a four-year course," said Imasuem.

He did two years of general study in art before majoring in painting.

Painting wasn't his only love, however, as residents who attend the show will see, he is talented in a variety of areas and enjoys experimenting.

His advice for new artists is to understand that learning to make art will be a challenge.

"At the beginning it's difficult to paint. It's just like learning to write. If you see a child in school it's difficult to write [in kindergarten]. Practice makes perfect. Just keep on practising and you'll master a particular medium like you mastered writing," said Imasuem.

He encourages residents to come to the gallery not just to look at art but to enjoy art.

"Art is not just for aesthetic purposes. It also has a healing purpose. If you are troubled or not in a good mood just looking at a painting can revive your soul," said Imasuem.

### Peggy Kasuba

Kasuba is a talented local artist whose creativity is evident from one



RECORD PHOTOS BY KATELYN BOU-LANGER Mark Kosatsky.

Peggy Kasuba.



glance at her work. This month residents will be wowed with her sculptural pieces throughout the exhibit.

"[My art] just happens. It's how I feel at the time. I pretty much say I don't fit into any sort of genre, but it's just whatever comes up," she said.

Her pieces contain a little bit of everything as far as mediums go.

"I mix them together — acrylic, oils, pastels hard and soft even crayons, glue, pencil crayons. I just use everything. I also mix it all together. So, rarely do I have something that's just all [one medium]," said Kasuba.

She says that the inspiration for her pieces comes from the 40-acre property that she purchased and lives on. She also says that the fields near her home especially after harvest time have the biggest impact.

She started creating art as a child.

"I was always drawing. My favourite thing to do was with my wagon, go around the yard and collect all kinds of stuff. Make something and then go, 'Okay,' and throw it away," she said

After a period of little creation after she received some negative feedback, she decided to pick up art again in 2000 and hasn't looked back.

Her advice for artists who want to start creating is to not listen to feedback because it's not really important.

"Your work is you. They don't have to like it. Just like they don't have to like me. But that can sometimes just turn you right off and then you try to



produce work according to the criticism, but that's not you. Nobody has to like anything you do but if it fulfils you, that's what you do," said Kasuba.

She welcomes anyone in the community to the show.

"There's a good mix of work. You get landscape, you get portraits, you get abstract, everything. It's fun. Go in, have fun, look at everything and you don't have to buy anything. Just go look. That's the fun part of it," she said.

### Mark Kosatksy

Kosatsky's work is bold, and expressive and makes you stop to look deeper. It's influenced by surrealism and expressionism and he describes it as lively colourful stuff.

His inspiration is varied. Kosatsky says that sometimes there are ideas behind particular pieces but some of his pieces are inspired by other art and others are just things that catch his attention.

He is a Winnipeg artist and wanted to be part of the gallery because he knew some of the people here and 'it's good to get out of Winnipeg anytime you can."

His art is mostly made using tempera sticks.

He started his art many years ago when a friend of his was studying.

"I started making artwork in '84 and I had stuff in galleries by '85," said Kosatsky.

His advice to other artists is to create.

"You've got to keep at it, maybe more than I do. It takes a lot of work drawing and painting regularly to get anywhere at it," said Kosatsky.

He says residents should stop by the gallery.

"There's good stuff here some skilled work," said Kosatsky.

You can keep up with Kosatsky's artistic work on his blog at http://markkosatsky.blogspot.com/.

Autumn Robbie-Draward

Robbie-Draward has a delicate beauty that is subtle until you look closer. She uses colour and line to keep you wanting more.

"What's here in the gallery is nature at its best — landscapes and flow-

**The Selkirk Record** Thursday, October 5, 2023 **7** rding to the critiyou. Nobody has this particular show," said Robbien do but if it fulfils Draward.

This month she mostly has watercolour pieces in the exhibit with a few mixed-media pieces and one acrylic painting. She has some pieces under glass but Robbie-Draward explained that she's been transitioning to mounting them on wood panels so that they can easily fit into people's décor styles.

She says that her work is inspired by her values.

"Joy, family connection, and community, I want to represent those values in my work. I have done, for example, a series of dinosaurs, because my great nephews are into dinosaurs. So, I did a number of dinosaurs, because of my love for them," she said. She also creates landscapes based on the property she lives on and her

flower pieces often remind her of people in her life.

Robbie-Draward says that he didn't really start being creative but always had a creative streak in her life. From sewing clothes to photography and eventually a watercolour class that sent her in her current direction, she's always had something creative on the go.

Her advice to people wanting to create is to create.

"Everybody wants it to be perfect. And I'm no different. But the pieces that I couldn't have cared less, what happened are my favourites," said Robbie-Draward.

She encourages residents to come to the gallery and check out the show.

"[The gallery] is quite a gem. The quality of the art here is quite good and it will inspire people who are thinking maybe they want to paint or do some sort of artwork. I know when I go to a gallery, I'm always inspired. I want to get home and start painting again. So, I think if you want to have a fresh outlook on art, come to this gallery or go to a gallery, and also the gift shop. There's some wonderful pieces of artwork in there," said Robbie-Draward.

The Gwen Fox Gallery is open Tuesday to Saturday from 11 a.m. to 4 p.m. and admission is free.



Autumn Robbie-Draward.

### SelkinkRecord





Lana Meier





SALES



Christy Brown







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Allana Sawatzky



PRODUCTION Debbie Strauss





Brett Mitchell

**By Lorne Stelmach** 

Almanac

periodical.

It's the annual weather predictions

that get the headlines, but there is

much, much more to the Old Farmer's

The 2024 Canadian edition is out

with a forecast for a colder, snowier

winter on the prairies, so readers

here may want to delve more into the

other varied content offered by the

Almanac, which is the longest running

"Weather only makes up maybe

five or six per cent of the Old Farmers

Almanac. We have food, gardening,

astronomy, history, home remedies

and humour and so on and so forth,"

Brittany Hiebert



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Katelyn Boulanger 204-485-3337

**EDITORIAL** 

The Selkirk Record welcomes submissions to Letters to the Editor. Letters or call our office at 204-785-1618 can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

tips on how to enjoy 2024's total solar

He noted as well they know they have a lot of readers in this region of southern Manitoba. "We know from feedback that we

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

have many hundreds and hundreds of our family in the Winkler and Morden area. They know that we have a lot more than weather."

**Old Farmer's Almanac makes its winter predictions** 

ada at its finest," said Burnett.

Their guiding principle remains the motto of its founder: to be useful with a pleasant degree of humour.

It includes, of course, the forecast, which predicts almost every nook and cranny of Canada should expect oodles of fluffy white throughout the season coupled with seasonably chilly temperatures at or below normal.

Other staples include gardening tips, recipes, and a myriad of other anecdotes and pleasantries from Almanac readers: step-by-step instructions for hypnotizing your own foot, the protocol for when Groundhog Day goes horribly wrong, a scientific study that settles the long-debated question of what is America's favorite pie (hint: it's not apple), expert angling advice,

eclipse, and more. "Back in the day, the Farmer's Al-

manac was the Google of the day," observed Burnett. "They had lots of different kinds of information, and that's what we still try to do. People know we have lots of good information about many different things.

"I like to think of the Farmer's Al*manac* as kind of being like a security blanket in book form ... people know what we are and they know we're not going to change. It makes people comfortable," he said. "How we stay current and relevant is we listen to our readers, and that's kind of the secret of 232 years ... we try to be as close to our readers as we can."

The 2024 Old Farmer's Almanac Canadian edition is available wherever books and magazines are sold. A full list of stores that carry it is available at Almanac.ca/Wheretobuy. Print and digital copies are also available online at Almanac.ca/Shop.

#### FOR WINTER 2023-24 THE OLD FARMER'S ALMANAC WEATHER MAP



SUPPLIED IMAGE

### **TROUBLE WITH PAPER DELIVERY?**

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### *The Selkirk Record* Thursday, October 5, 2023 9 Holiday Alley presents Gidoojijaakominaan onji dibaajimowinan – From Our Spirits Come Stories

### Submitted by Holiday Alley

Gidoojijaakominaan onji dibaajimowinan is a translation that was gifted to Jeannie White Bird by Anishinaabemowin speaker Dennis Chartrand, for tipi programming last year at Holiday Alley 2022. It translates to: From Our Spirits Come Stories; and, this is the theme for an expanded Indigenous program this November.

The coordinators, Knowledge Keeper White Bird, Teacher Kat Marsch, and Lead Teacher, Cultural Perspectives/Languages for the Lord Selkirk School Division Jacqueline Bercier have designed an incredible Indigenous cultural program slated to take place on Nov. 18 as part of the 7th annual Holiday Alley.

Building on the success of Indigenous field trips and the first ever tipi at last year's Holiday Alley, the plans for 2023 include the installation of four tipis in the parking lot behind the Selkirk Onashiwin Aboriginal Head Start building. Situated around one central sacred fire, each tipi will be home to a different kind of cultural programming. Traditional demonstrations such as hide tanning, drum teachings and musical performances, crafts, tobacco tying and storytelling will provide interactive opportunities for Indigenous people to connect with their culture while sharing Indig-



enous heritage with non-Indigenous visitors.

Treaty One Knowledge Keepers, Elders and storytellers will brighten the warmed tipis, reminding attendees that pre-colonization winter was a time to come inside and share stories. Food offerings will include bannock and partnering with local tea house Three6Tea to serve Kookums



**RECORD PHOTOS SUBMITTED** 

Cidoojijaakominaan onji dibaajimowinan – From Our Spirits Come Stories returns to Holiday Alley with the installation of four tipis, and Indigenous cultural teachings.

Tea, which White Bird helped create. Locals and partners from across the province including Treaty One, and Lower Fort Garry will be involved in bringing this event to life.

All are welcome to attend the tipi raising ceremony between 8 and 11:30 a.m. on Nov. 18, to observe the installation of the tipis. At noon, bannock and tea will be served and a welcome song and sacred fire teachings will be shared. Programming will take place in the tipis between 12:30 and 3:30 p.m., offering all ages an opportunity to experience Indigenous culture in Selkirk's downtown. "Holiday Alley provides children, families, young adults and elders an opportunity to connect with each other and their community in a beautiful and meaningful way. Having grown up in Selkirk and continuing to raise my own children here, who are both Métis and First Nations, gives me great pride. I am so proud to be able to share teachings that reflect the Indigenous people of our community, and give Selkirkians the opportunity to learn about their own culture and share that with their friends and family," said Kat Marsch.

Join the LIVE Team - Lockport Ice Village & Entertainment Do you have a passion for winter wonderlands and a heart for your community? Lockport Ice Village Entertainment (LIVE) is calling out for VOLUNTEERS to make this year's Ice Village an unforgettable experience for all!

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Why Volunteer with LIVE? - Be a part of creating a winter wonderland that brings joy to your community. Gain valuable experience and build your resume. Make new friends and be part of a close-knit team. Create unforgettable memories in a magical setting. Ready to make this winter extraordinary? Join us and become a crucial part of the LIVE team. Your dedication will help create cherished memories for families, friends, and visitors alike!

 Sign Up Today! To volunteer, visit our website at www.LockportIceVillage.com/volunteer or call us at (204)
999-7449. Your passion and commitment will be the key to unlocking the magic of Lockport Ice Village Entertainment!



💮 Let's make this winter sparkle! 🎡

### 10 The Selkirk Record Thursday, October 5, 2023 Meet Meredith Boerchers – SDCF's new Community Development Officer

### Submitted by Selkirk & District Community Foundation

Meredith Boerchers is the newest member of the Selkirk & District Community Foundation team and immediately, her enthusiasm for her new role as Community Development Officer was evident.

"I'm excited, it's only my second day, but everything so far has been great," Boerchers said.

Indeed, Boerchers hit the ground running, meeting co-workers and board members and learning more about the Foundation's role in St. Clements, St. Andrews and Selkirk – the three communities it serves.

But her knowledge of the Foundation was already solid, having gained a good understanding of it during her previous position at the St. Andrews Heritage Centre, where she worked for three years.

"I was exposed to the Foundation right at the outset of getting involved with the St. Andrews community. They were already part of my introduction to the world of St. Andrews, Selkirk and St. Clements," Boerchers said

"Working at the Heritage Centre, I loved it, and one of the things I loved most was getting to know the community, both individuals and other organizations...this non-profit world is small, and a lot of the organizations that will be applying for grants, I expect that I'll have crossed paths with them and I look forward to working with them again."

Boerchers will be responsible for the Foundation's Community Grant Program and its upcoming Vital Signs Report, a follow up to the first, released in 2018.

Chair Shauna Curtin says Boerchers is a good fit for the Foundation.

"We're very excited to welcome

Meredith aboard and join our exceptional staff team of Bev Clegg, Eileen Janowski and Carole Wiedemann," Curtin said.

"She's very quickly become part of the team and her enthusiasm for community is evident. As the Foundation grows so too does our team and Meredith is the perfect fit for Community Development Officer."

Originally from the small town of Laurier, located near Dauphin, Boerchers graduated from the University of Manitoba with a Bachelor of Music and then headed to Ottawa and Carlton University where she earned her Masters in Arts, Music and Culture and a diploma in Curatorial studies.

Her studies in music and culture, perhaps somewhat surprisingly, have prepared her well for her new position, she says, and upcoming work on the Foundation's next Vital Signs Report.

"I feel like there's a lot of synergy in the way that we're thinking about community, all the different lenses that make up wellness and a community's health," she said.

"Even though I was looking at those things through the lens of music, talking to Bev and the others at the Foundation I feel like there's a lot of similarity in recognizing that community health comes in many forms."

Clegg is excited to have Boerchers working with the smart and caring crew at the Foundation.

"We are all thrilled to have Meredith as the newest team member at the Foundation. Her sense of community and interest in the well-being of all who make up a community makes her the perfect fit," Clegg said.

"She will be working closely with community groups and organizations in the grant program and will take the

Interlake-Eastern RHA Board



Executive Director Bev Clegg, left, with Community Development Officer Meredith Boerchers at the Gaynor Family Regional Library.

lead on the Vital Signs project. We are excited for those who don't already know her to get to know her and connect with her as she works with the Foundation to ensure we are here for

ure we are here f good."

Boerchers started working at the Heritage Centre in 2020, and said she quickly felt an affinity for her new

adopted home. "I was getting to know the community and was e s t a b l i s h i n g, without me really knowing it, a connection to the area," she said.

"I grew attached to the area and the people."

She loved her work at the Heri-

tage Centre and found that it made her discover things about herself and pointed her towards her new job at the Foundation.

"I love history, that's another passion of mine, and working at the Heritage Centre, they put a lot of emphasis on community programs...and that is where I found I was finding the most value in my work and found myself asking, 'How's what I'm doing here serving our neighbours? How is it contributing to our culture and the vitality of the community? Are we bringing joy? Are we bringing wellness?' History is great but you need to make it applicable," she said.

"I felt more so that my interest was in contributing to the vitality of the community."

We welcome Meredith Boerchers to the Selkirk & District Community Foundation.



## **The Selkirk Record** Thursday, October 5, 2023 11 National Truth and Reconciliation Day at Selkirk Park















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RECORD PHOTOS BY KATELYN BOULANGER

HOLE

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Truth and Reconciliation came together with knowlege, drumming, dancing, and support of a crowd at last week's National Day of Truth and Reconciliation event hosted by the City of Selkirk and the Selkirk Friendship Centre at Selkirk Park. After the ceremony the learning and togetherness continued with a beading activity and many residents walking the path of the 94 calls to action from the Truth and Reconciliation Commission of Canada.



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### The Selkirk Record Thursday, October 5, 2023 13 Sandy Hook photographer earns biodiversity award from Living Lakes Canada

### By Patricia Barrett

A Sandy Hook photographer with an eye for wildlife and the human impact on the natural world earned an award from Living Lakes Canada for taking a photo of an osprey near Lake Winnipeg.

Leslie Mehner took a picture of the majestic fish-eating bird of prey with a piece of plastic intertwined within the branches of its nest. Her photo underscores the negative impact humans can have on wildlife.

Mehner, who is a seasonal resident, entered the photo in Living Lakes Canada's 2023 Lake Biodiversity Photo Challenge and earned a Judges' Special Mention Award.

"I go around and try to catch the osprey in their various nests and that one was full of junk," said Mehner.

"It's on a manmade platform and the birds add to the nest every year. This year they added the plastic. My assumption is that it wasn't some human adding all the garbage to the nest; it's the birds themselves building up their nest after winter."

She took the photo on the outskirts of Winnipeg Beach, she said. At the beginning of spring, the plastic wasn't there. But when she arrived later in the season, she spotted the garbage.

"It does upset me. It's indicative of what you see on the beaches out here right through to Gimli. People just leave their trash on the beach. They come for the day and don't clean up after themselves," said Mehner. "And you can see how this affects nature. That is their habitat and it's full of human junk. Our garbage."



RECORD PHOTO BY LESLIE MEHNER

Plastic intertwined in the twigs of an osprey's nest along the shore of Lake Winnipeg.

## Selkirk RCMP looking for missing woman, Sanije Elizabeth Sefa



**RECORD PHOTO SUBMITTED** Saniie Elizabeth Sefa.

### Submitted by Selkirk RCMP

On Sept. 22, at 3:25 p.m., Selkirk RCMP received a report of a missing 30-year-old female from a residence located in the City of Selkirk.

Sanije Elizabeth Sefa, 30, last spoke with members of her family in the middle of August. She has not been seen or heard from since.

It is believed she is in the City of Winnipeg.

Sefa is described as 5'6", 125 lbs, with brown hair and brown eyes.

The RCMP and her family are concerned for her wellbeing.

If you've seen her or have any information on her whereabouts, please call the Selkirk RCMP at 204-482-1222, Crime Stoppers anonymously at 1-800-222-8477 or submit a secure tip

Osprey are raptors that live along rivers, lakes, marshes and coastlines across Canada. They feed mostly on fish. The birds fly over water plunging in feet-first to grasp fish with their talons. Osprey populations declined in the mid-twentieth century from pesticide use, but they've made a comeback in many parts of North America, according to the National Audubon Society.

Mehner said the plastic in the nest is what likely caught the judge's eye.

"Plastic pollution is really serious. It can break down and get into the osprey's food sources and our own bodies," said Mehner. "The plastic was on the outside of the nest and I don't know what the inside looks like."

Plastic pollution is ubiquitous in the environment including in lakes and oceans. After it breaks down, it can end up being ingested by birds that may then go on to develop plasticosis, the scarring of their digestive tracts which affects their ability to digest food, according to recent scientific studies. It can also damage internal organs.

Mehner said she decided to enter the osprey photo in the contest to raise awareness of the issue of human garbage and after she also saw a redwinged blackbird bird entangled in an angling line that someone left behind after fishing in a creek.

Living Lakes Canada is a B.C.-based non-governmental organization that enhances the protection and restoration of watersheds across Canada and promotes collaboration and education to improve water stewardship.

To view all the winning entries in its biodiversity photo contest, visit Living Lakes Canada online at livinglakescanada.ca





### 14 The Selkirk Record Thursday, October 5, 2023

## High school recognizes National Day for Truth and Reconciliation







RECORD PHOTOS SUBMITTED BY LSRCSS COURTESY OF ANABELLE BUSCH, TAEGEN LIPPOWAY, AND ZACKARY ZINTGRAFF

Lord Selkirk Regional Comprehensive Secondary School hosted a Truth and Reconciliation Day assembly for students. This assembly celebreated our local Indigenous culture and brought increased knowlege and understanding to all the school's students about residential schools and Orange Shirt Day.

## You're in good hands.

Every day, champions across the country stand up for their communities, raise their hands to ask the tough questions and uncover the truth.

This National Newspaper Week, celebrate the power of words and local homegrown news.

Purchase the Champions book at **championsofthetruth.ca** 







## **Smiles and safety information at Narol FD open house**







**RECORD PHOTOS BY GREG MCKENZIE** 

There were balloons, facepainting, smiles and, of course, important safety information was shared at the Narol Fire Department's recent open house. The community shared with residents young and old a chance to learn more about one of out local fire departments just ahead of fire prevention week.







## OCTOBER 8 TO 14. 2023

## Lennox Campbell saves family from house fire

### By Katelyn Boulanger

The first ever Citizen Excellence Award from the Selkirk Fire Department has been granted to Lennox Campbell. Lennox is a ten-year-old from Selkirk whose quick actions last summer ensured that he, his siblings and his dog all got out of a house fire safely.

The fire took place on the morning of July 28 in the middle of summer vacation and the family was in the process of moving.

"I was over at the new apartment doing a walkthrough and signing papers. The kids were at home sleeping because it was early in the morning and my partner was at work. The kids called me at about quarter to ten in the morning. They said that the house was on fire. They were wondering where we were because they forgot that I was going to the apartment and that their dad was at work. They said that the house was on fire and that they had gotten out," said Ashley Ledwos, Lennox's mother.

Lennox was home with his siblings — 14-year-old Jackson and six-yearold Hendrix — as well as their dog Lucky.

"I got up and the fire alarms were going off," said Lennox.

After smelling smoke and going immediately to his parent's room and finding them not there, he went to find out what was going on which was when he found the fire.

"I turned the corner and there was a fire on the stove," said Lennox.

He then immediately realized that it was an emergency and started



**RECORD PHOTO BY KATELYN BOULANGER** 

Fire Chief Dave Milner and Lennox Campbell at the Selkirk Fire Department's recent open house event where Lennox received the Citizen Excellence Award.

calling for his siblings who both came to him from their rooms in other parts of the home which were farther from the smoke detectors.

Lennox was then very brave as he crossed through the room with the fire to get their dog before he, his siblings, and the dog left the home.

Once they were outside they started calling for help and their neighbours called the fire department for them.

Lennox's mom got to the home at this point and all three of her children were out of danger though shaken up.

"I came from the apartment to the

house, and I thought that maybe it had just been a small fire that I could put out with a fire extinguisher or some water. When I opened up the door, the kitchen was fully engulfed in flames, the entire kitchen. The house was full of smoke already. I got the kids into the vehicle and I moved the vehicle," she said.

The local RCMP and the Selkirk Fire Department then got to the home and were able to put out the fire.

Thanks to Lennox's quick actions the first responders didn't have to

Continued on next page



## CTOBER 8 TO 14, 2023

## West St. Paul gets new pumper truck to help keep the community safer

### By staff

The citizens of West St. Paul will be able to enjoy the benefits of a new firetruck. This truck replaces a 1989 truck and has many new features that the department will be able to deploy when needed.

The truck was built by Acres Emergency Vehicles and will be used by the community for decades to come. The truck can carry up to six crew members and the entire crew compartment is protected by a supplement restraint system (SRS), which includes front and side airbags to protect all crew members.

The truck carries 1,000 IMP gallons of water along with foam and is equipped with a Waterous 1,500 IMP gallon per minute pump. Additional features include a command light tower for scene lighting, a deluge monitor and additional SCBA & SCBA bottle storage but perhaps the most important part of the truck is the tribute on the truck for Robert Platt that says, "You will always be riding with us."



RECORD PHOTOS BY BRETT MITCHELL The new pumper truck in West St. Paul.

Continued from previous page

rescue any family members because all were safely outside.

Once the emergency situation had passed the cause of the fire was determined.

"It was deemed that it was an electrical fire in the kitchen. It started in the kitchen outlet inside the wall and burnt outward. Then, because I had boxes everywhere because I was moving. They caught fire and, of course, everything went wrong," said Ledwos.

Lennox credits his quick thinking to the fact that his parents made sure

to discuss what to do in an emergency fire situation with him and his siblings in advance so they all knew what to do.

Ledwos explained that fire safety talks are a regular topic in their home. Because there were multiple floors in the home they lived in, they had discussions about evacuation plans depending on what floor of the home they were on and where to meet outside. She said that for her family, safety discussions aren't just about fires but that they regularly speak about being safe in a variety of situations. Fortunately, the family having these conversations meant that the kids knew exactly what to do, however, the fire did cause a lot of damage because of heat and smoke damage.

"We're good. We moved to that apartment. We had to start over though. We lost a lot of our belongings. Some of it we were able to salvage but not everything," said Ledwos.

Lennox said that it felt pretty good to receive the Citizen Excellence Award and his mom said she was very proud.





### 18 The Selkirk Record Thursday, October 5, 2023

## Waterfront Truth and Reconciliation event draws a crowd











**RECORD PHOTOS BY KATELYN BOULANCER** Residents gathered at the Selkirk Waterfront in support of Truth and Reconciliation on Sept. 30. Lisa Stevenson hosted the event which included a fishing derby, relay races, the Métis music van, singing, dancing, and a wonderful meal.









## Choose local for your reno project

Do you value supporting your local economy and want to prioritize local businesses when renovating your home? Check out these tips.

- **1. Buy locally-made products.** Ask your suppliers where your desired materials originate. Learn about wood species that grow in your region or find out how to acquire stone extracted from a nearby quarry. If you're buying new tools, choose locally-made options.
- 2. Purchase supplies from local businesses. Whether you're in the market for paint or a shower enclosure, or even looking to rent tools, shop at independent hardware stores or regionally owned chains rather than big box giants.
- 3. Hire professionals from your region. From door and window installation to interior design, think local. You're sure to find professionals in your area providing services in fencing, custom cabinetry, electrical work and more. Choose

companies that use local products.

When you support local businesses with your renovation project, you do more than invest in your local economy. You get sustainable products made under good working conditions and with minimal environmental impact.





## Eat local more often: 5 tips

Do you want to prioritize putting more local foods on your dinner table? Here are some excellent ways to find more food that hasn't travelled thousands of kilometres before landing on your plate.

**1.** Look for locally produced products at the supermarket. Look for tags or logos indicating a product was made in your province. The store may also establish a dedicated space or post signage to highlight locally grown or produced goods.

**2. Shop according to the season.** Opt for seasonal fruits and vegetables. You can buy enough in-season food to enjoy all year round by freezing, making preserves or cooking dishes with a long shelf life. Why not grow your own?

**3. Visit producers in your area.** Roadside stands, farmers' markets and agricultural fairs are all excellent

opportunities to stock up on local goods. Look for Upicks and agritourism sites to find a whole array of local products.

**4. Subscribe to a food basket delivery service.** Increasingly, producers are delivering baskets or boxes of fruits, vegetables, meats or dairy products. When you subscribe to such a service, you get the freshest products possible while also supporting a local business.

**5.** Shop online. The internet has provided increased opportunities for local businesses through e-commerce sites and online marketplaces. Getting local products from the farm to your table has never been easier.

Bon appetit!



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Servings: 4 (1 egg and 1/2 cup salsa per serving)

- Nonstick cooking spray
- 4 corn tortillas (6 inches each)
- 4 cups water
- 1 tablespoon white vinegar

4 large eggs

- Salsa:
- 1 medium avocado, diced

1 medium Anaheim or poblano pep-

per, seeds and ribs discarded, diced 1 medium tomatillo, papery husk

discarded, washed and diced 1/2 medium tomato, diced

- 1/4 cup diced red onion
- 1/4 cup chopped fresh cilantro
- 2 tablespoons fresh lime juice
- 1 medium garlic clove, minced
- 1/8 teaspoon salt

Preheat oven to 400 F. Line baking sheet with aluminum foil. Lightly spray foil with nonstick cooking spray.



Servings: 4 (1 cup per serving)

- 2 teaspoons canola or corn oil
- 1/2 medium onion, chopped
- 4 medium sweet potatoes, peeled and cut into 1/2-inch cubes

1/2 medium red or green bell pepper, chopped

2/3 cup fat-free, low-sodium vegetable broth

- 2 teaspoons minced garlic
- 2 teaspoons smoked paprika
- 1 teaspoon ground cumin
- 1/2 teaspoon dried thyme, crumbled

1/2 teaspoon coarsely ground pep-

- 1/8 teaspoon salt
- 4 large eggs
- hot pepper sauce (optional)
- In pressure cooker set on saute, heat oil. Cook onion 3 minutes, or until soft, stirring frequently. Turn off pressure cooker.

Stir in potatoes, bell pepper, broth, garlic, paprika, cumin, thyme, pepper and salt. Secure lid. Cook on high pres-

## Poached Egg Tostadas with Avocado-Tomatillo Salsa

Arrange tortillas in single layer on foil. Lightly spray tortillas with nonstick cooking spray. Using fork, pierce tortillas to prevent from filling with air. Bake 5-6 minutes on each side, or until golden brown. Transfer to serving plates.

In large skillet over high heat, bring water and vinegar to boil.

Once water is boiling, reduce heat and simmer. Break egg into cup then carefully slip egg into simmering water. Repeat with remaining eggs, avoiding eggs touching in water. Simmer 3-5 minutes, or until egg whites are completely set and yolks are beginning to set but aren't hard. Using slotted spoon, drain eggs. Place each egg on tostada.

To make salsa: In medium bowl, gently stir together avocado, pepper, tomatillo, tomato, red onion, cilantro, lime juice, garlic and salt. Serve with tostadas.

## Sweet Potato Hash with Eggs

sure 3 minutes. Quickly release pressure. Turn off pressure cooker.

Remove pressure cooker lid. Crack one egg into small bowl. Using back of spoon, make small well in potatoes. Slip egg into well. Repeat with remaining eggs, making separate well for each egg. Secure lid with pressure vent open. Saute 2 minutes. Let stand on "keep warm" setting 2 minutes, or until eggs are cooked to desired consistency.

Serve hash sprinkled with dash of hot pepper sauce, if desired.

## Poblano Frittata

Servings: 4 (2 wedges per serving) 4 large eggs

1/4 cup fat-free milk

2 tablespoons chopped fresh cilantro 1 teaspoon olive oil

2 medium poblano peppers, seeds and ribs discarded, chopped

2 cups frozen whole-kernel corn, thawed

2 medium green onions, chopped

1/4 cup finely shredded Cotija cheese

## **Expert patient here to help!**



Susie Schwartz

### By Susie Schwartz

Do you ever want to curl up in a ball under the duvet and hug a puppy? No? Maybe you're a cat person? That's allowed. What's also allowed is reaching out for help when you need it—more than allowed, actually.

Recently, I've had a multi-illness pile-up, and I'm sick of (with) it. I won't moan or overwhelm you with the details, but I will say this: go ahead and feel sorry for me. (Wink)

Seriously though, I've been in a similar place before, and a few things help: Carlos, my puppy (obvs), my support system, and therapy.

Yes. Therapy.

Back in the day, when Don first suggested it to me, I balked. No way did I, Susie Schwartz Extraordinaire, need counselling.

Well, I extraordinarily did need therapy. Each health problem, type 1 diabetes, eye disease, fibromyalgia, and liver growth all piled upon me like a heap of rocks. They were crushing me.

Here's what she said in my first session with my first therapist.

"Susanne, let's say the strongest man in the world can bench press

or crumbled queso fresco

1 medium tomato, chopped

1/4 cup fat-free sour cream

In medium bowl, whisk eggs, milk and cilantro.

In medium skillet over medium heat, heat oil, swirling to coat bottom of skillet. Cook poblano peppers 3 minutes, or until browning on edges, stirring frequently.

Stir in corn and green onion. Reduce heat to medium-low and carefully pour in egg mixture. Cook, covered, 10 minutes, or until mixture is just set on edges and still soft in center. Avoid overcooking. Remove from heat.

Sprinkle with cheese. Cut into eight

1,000lbs. They push and struggle and finally lift the bar in the air. Then, someone comes and adds 10 lbs to the bar. They push and struggle, and they cannot lift it. I'm here to help you get rid of that extra 10lbs, maybe even more, so you can manage the weight."

Wow. Yes. No false promises of life becoming a bed of roses (oh, hello, Bon Jovi). She couldn't cure my ailments. She could, however, lift a rock or two off the pile. And she did.

Counselling isn't a sign of weakness. You could be stronger than every single person on earth, and life still could be too heavy. So yeah... therapy.

Here's the kicker. The healthcare system is in a state, and you may not have access to free therapy. And the cost of private is too much for your budget. I hope something changes soon. But if you are suffocating under the weight of your ill health (or other life challenges), reach out to a friend or two that you trust. Yes, it would be too much to ask of them to remove all the rubble, but maybe they could help with that extra 10 lbs.

And for the record, I can't get enough of therapy now. I am discovering revolutionary things about myself that I couldn't do alone. So, let's ditch the stigma around it.

Now go. Make the call and hug a puppy.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @medicalmiss\_stress, and at www.lesshealthstress.com where you can sign up for 'Convos with Carlos'. Her book, 'Help the Doctor Help You – 32 Secrets and Tips for Self-Advocacy to Get the Best from Your Appointments' is now available on Amazon!

wedges. Place two wedges on each plate. Top with tomatoes and sour cream.





## Jr. B Fishermen begin 2023-24 regular season with a rare loss

### By Brian Bowman

The Selkirk Fishermen have won a lot of Capital Region Junior Hockey League games over the years as they have claimed three consecutive titles.

But it was a different story on Sunday as Selkirk began its 2023-24 regular-season with a rare loss.

Selkirk was surprised 5-2 by the St. Malo Warriors at the Selkirk Recreation Complex.

"We had lots of new guys in the lineup and a lot of new people experiencing what Junior 'B' hockey is all about," said Fishermen head coach Chris Poponick, noting that St. Malo has a good, experienced team this season that will be tough to contend with. "We have a new goaltender who just learnt that Junior 'B' hockey players shoot the puck really hard. I had a lot of different guys sprinkled in (the lineup). But, all in all, we played well for half of the game."

St. Malo grabbed a 3-1 first-period

lead and then went ahead 5-2 after 40 minutes. It took the Warriors just 5:05 into the game to take a 2-0 lead.

"Giving up the quick ones didn't help the matter at the start of each (of the first two periods) but we battled for the most part," Poponick said.

Theo Courchene and Kasen Andrushko scored for Selkirk.

St. Malo goals came from Ashton Dubois (two), Damon Johnson, Zach Maynard, and Brady Gregoire.

Two of the Warriors' goals came on the power play.

Logan Moskal was in goal for the Fishermen, making 27 saves in the losing cause.

At the other end, Warriors' netminder Jozse Gauthier-Urmos was solid in goal with a 33-save effort.

"Jose played great. If we would have scored on half of our good scoring opportunities, it would have been a tie or a win for us," Poponick said. "He did everything he needed to do



**RECORD PHOTOS JOHN PODWORNIAK** 

The Selkirk Fishermen's Theo Courchene (18) scored a goal in his team's 5-2 homeopening loss to the St. Malo Warriors on Sunday.

## **Zeller** named an MJHL star of the week

### Staff

Winnipeg Blues' forward Dawson Zeller was named as one of three Manitoba Junior Hockey League Stars of the Week, the league announced on Sept. 26.

Zeller, who scored three goals and had an assist in Week 1, was an impact player for the Blues over the course of opening weekend.

The 6-foot-1, 182-pound forward from St. Andrews scored the first goal of the MJHL season to give his Blues an early lead over the Winkler Flyers in Game 1.

The next night in Winnipeg against the Freeze, Zeller scored back-to-back goals in five minutes,



PHOTO SUBMITTED

St. Andrews' Dawson Zeller was named one of three MJHL stars of the week on Sept. 26.

and then notched an assist on what would stand up to be the gamewinning goal.

The other two stars of the week were Steinbach Pistons' forward Kirk Mullen and Niverville Nighthawks' goaltender Raiden LeGall.



Former Selkirk Fishermen players, from left to right, Seth Delaronde, Cale Jonski, Brendon Hocaluk. Owen Derewianchuk, Zach Parkinson, and Xander Delaronde were members of last year's Capital Region Junior Hockey League championship team. They were on hand for the Fishermen's home opener on Sunday.

to keep them in the game and that on hand for the home opener. was the difference."

Before the game, the Fishermen honoured last year's championship team. All six players from that squad (who are not with the team this year) were

Selkirk will visit the Beausejour Comets on Friday (8 p.m.) at the Sun Gro Centre. The Fishermen will then host the Comets on Sunday at 3 p.m. in Selkirk.

# Spontes upside down Varsity Thunder improve to 4-0 on season

### **By Brian Bowman**

The Interlake Thunder Varsity team won three straight road games to begin their Rural Manitoba Football League season.

On Friday, Interlake won a game at home.

The Thunder cruised to a convincing 48-12 victory over the Souris Sabres in their home opener at Stonewall Collegiate.

Interlake is now 4-0 on the season.

"It feels pretty good. It's a good feeling and this is the first team that we beat that had a positive win record. It feels like it legitimizes us a bit, not that we didn't think we were good," said Thunder head coach Christof Hasselfield. "We stepped up."

The win over Souris was a convincing one.

"Our kids went out there and executed in practice at a high level and I think this was our best game as far as being mistake free and penalty wise," Hasselfield said. "We talked to the guys as to where we needed to apply the pressure to stop Souris and they really stepped up which made for a pretty smooth game."

Thunder quarterback Ben Cook was fantastic, completing 19 of 24 passes for 387 yards and six touchdowns. He also rushed for 46 yards and two TD's.

Cook's favourite target, once again, was receiver Jessie Batenchuk. He hauled in seven catches for 150 yards and four touchdowns.

Noah Sandul and Ethan Eberts also scored majors for the Thunder.

On defence, Oliver Hamel had a strong game with seven solo tackles and two assisted tackles while Quinton Favel was also very good, adding seven solo tackles.

Not dominating on the stats sheet but having solid games were the Thunder's two safety's Dylan MacLean and Tyler Yourchenko.

Bryce Helstrom, a backup defensive back, also played well in spot duty,

finishing with four solo tackles.

"He was solid when he was called upon, which was really good to see," Hasselfield said of Helstrom.

Ian Grey, a middle linebacker, anchors the middle for the Thunder and really sets the tone with his hits, added Hasselfield.

The first-place Thunder fed off the good-sized crowd of supporters for their first home game of the season.

"I wouldn't say it was surprising because we always get a pretty good turnout in Stonewall but it was exciting just to be a part of it again," Hasselfield said. "This was our first home game, we started with the three on the road, and now we have three at home to wrap it up. It definitely gave us a boost to be at home and have the locker room and everything. The fans were awesome and they made a lot of noise. You could definitely feed off that energy and you could tell that some of the players did, too."

Interlake will host the St. Vital Mustangs this Saturday in Stonewall. Game time is 2 p.m.

St. Vital blitzed the Swan Valley Tigers 66-35 in last week's game. The Mustangs and Tigers are tied for second place, each with 3-1 records.

The matchup between Interlake and St. Vital should be a really good one.

"We have this (game) circled since the beginning of the year," Hasselfield said. "With them being the No. 1 scoring offence and us having the No. 1 defence as not allowing scores. It will be a strength versus strength matchup. This is also the first year that the city teams are in the rural football league so there's always going to be a part of you that wants to step up for the rural teams and set the tone that this is our league.

"It's big, we've been looking forward to this one all year, basically, and now we finally get to do it. It's going to be an intense week of practice, that's for sure."





### **RECORD PHOTOS BY LANA MEIER**

The Interlake Thunder's Oliver Hamel had seven solo tackles and two assisted tackles in his team's 48-12 home win over the Souris Sabres last Friday.



Thunder guarterback Benjamin Cook of St. Andrews completed 19 of 24 passes for 387 yards and six touchdowns.

## **Raiders' Kupchak scores OT winner on Sunday**

Spontsærecreation

The Raiders Jr. Hockey Club's Tyler Kupchak scored the game winner in overtime to lift his club to a 4-3 win over the Pembina Valley Twisters in their Manitoba Major Junior Hockey League home opener on Sunday evening.

The Raiders' Nate Goodbrandson had tied the score at 3-3 at 12:07 of the third period.

Jack Oleksiuk and Devon Whiteside (power play) scored to give the Raiders a 2-0 lead just 9:44 into the game.

But Pembina Valley battled back with goals from Merek Degraeve and Alex VanDenyze before the first period ended.

After a scoreless second, the Twisters took a 3-2 lead as Keston Worley tallied at 7:44 of the third.

Evan Banera stopped 36 Twisters' shots for the victory.

Last Friday, the Raiders defeated the Stonewall Jets 6-2 in their regular-season opener in Stonewall.

Brody Melsted and Tyler Dandeneau gave the visitors a 2-0 first-period lead and then Oleksiuk put the Raiders up 3-0 with a shorthanded goal midway in the second.

Goodbrandson then scored early in the third to give the Raiders a 4-0 lead. But the Jets came back with goals from Brayden Kohlman (power play) and Michael Spence to cut the deficit to 4-2.

The Raiders closed out the scoring with goals from Andrew Denoon and Oleksiuk in the game's final minute.

Raiders' goaltender Owen Savoie made 34 saves for the win.

The Raiders will visit the St. Vital Jr. Victorias on Thursday (7:30 p.m.) and then host the Charleswood Hawks Sunday (2:30 p.m.



**RECORD PHOTO BY LANA MEIER** 

Raiders' goaltender Owen Savoie made 34 saves for the win.

## **Steelers split weekend road games**

### Staff

The Selkirk Steelers earned a well-deserved road victory in Dauphin on Sunday.

Selkirk skated to an impressive 2-1 win over the Kings, the West Division leaders who had started the regular season with three straight wins.

Owen Weihs scored the game winner on the power play at 11:43 of the third period.

The Steelers grabbed a 1-0 first-period lead when Deshon Frieson struck with the man advantage just 6:51 into the game.

Dauphin's goal came from Ethan Williment at 14:50 of

What's *Your* story?

### We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out? Please share your story ideas at

news@selkirkrecord.ca Phone 204-485-3337



the middle frame.

Selkirk goaltender Jack Hodgins made 37 saves for the win. He was named the game's first star.

Last Friday, the Steelers lost 3-0 to the Oil Capitals in Virden

Naton Miller gave Virden a 1-0 lead at 15:38 of the second period. Roux Bazin and Trevor Hunt made it 3-0 with power-play goals in the third.

Steelers' netminder Noel Olsonawski made 39 saves as Selkirk was outshot 42-29. Olsonawski was named the game's third star.

Selkirk, now 1-3, will visit the Pistons in Steinbach on Wednesday (7 p.m.) and then host the Pistons (7:30 p.m.) Friday.

On Sunday, the Steelers will take on the Flyers in Winkler. Puck drop is 3 p.m.

> NEXT AWAY GAMES Fri, Oct 13 - vs Beausejour - 8:00 pm Tues, Oct 20 - vs Arborg - 8:00 pm



Jack Hodgins



# Spontes are upside Down

## **Carruthers rallies to beat Dunstone; Homan tops Einarson in PointsBet Invitational finals**

### **Canadian Press**

Rachel Homan defeated Kerri Einarson 9-7 to claim the PointsBet Invitational title on Sunday.

Homan used a three-point ninth end to break a 6-6 tie and eventually win the women's final.

The victory earned Homan's team \$50,000. Homan missed her side's season-opening win at the Saville Shootout in Edmonton in September while she spent time with her now five-week-old son Briggs, with Heather Nedohin standing in as the skip.

"I guess my team can win with any skip," joked Homan. "The team is firing, and we're just going to try to keep getting better with every game. Heather was an awesome super-spare for us, and we just continued that on."

"Rachel is amazing — I'm continually in awe of her," added second Emma Miskew. "And the team played great; it was nice to have all of us back."

After a blank opening end, it was

top seed Einarson who notched three points in the second to take an early lead. Down 4-2 entering the fifth, though, Homan's second-seeded squad took their first lead with a three-point end.

After Homan bumped the lead to 6-4 in the seventh, Einarson knotted the contest with two in the eighth. Down 9-6 following the ninth end, however, Einarson was only able to notch one point in the 10th and final end.

"We came out firing early, and in the middle ends I had some unfortunate bad luck on a couple of mine," said Einarson, whose team earned \$26,000 as the runner-up. "Not much you can do about that."

In the men's final later on Sunday, Winnipeg-based Reid Carruthers defended his PointsBet Invitational title by scoring three in the 10th end to tie Matt Dunstone of Winnipeg 8-8, then had a sudden-death draw to the button in the 11th to win it 9-8. His stunning comeback was worth \$50,000.

The fifth-seeded Carruthers scored a single in the first end, two in the fifth, two more in the seventh and then pulled off the three in the 10th en route to victory.

The third-seeded Dunstone scored two in the second end, singles in the third and fourth, counted two in the sixth and eighth and appeared headed for victory before Carruthers' incredible comeback.

"Against a team like that, taking the deuce (in the ninth) and being down one coming home without (last rock), we'd have to steal one and then win the draw," said Carruthers. "I figured the best chance would be to put a good end together, which actually hadn't happened in that game, and go for the three. You get the three, you might get them a little bit rattled and get them in the draw-off. "Fortunately for us we got a couple misses, and I think we went 8-for-8 in the last end, and that helped us, for sure."

Team Dunstone was leading 4-1 after four and threatening to steal in the fifth before a huge runback takeout to score a deuce for Carruthers.

"I think the big shot of the game for us was when Reid made the long runback for two to keep us in that game," said vice-skip Brad Jacobs. "It went from potentially being 5-1 to 4-3; that was big. I know for myself, I was on tilt at that point, and when he made that shot, it really calmed me down and snapped me back into it."

Dunstone earned \$26,000 for finishing second.

The PointsBet Invitational is the first Season of Champions event of the season.

## Royals started boys' hockey preseason last week

### Staff

The Selkirk Royals boys' hockey team hit the ice for three preseason games last week, finishing with a 1-2 record.

On Sept. 25 versus Steinbach, Selkirk was edged 3-2. Last Wednesday at home, the Royals blasted Beausejour 9-0.

Friday saw Selkirk lose a road game to Steinbach 7-1.

The Royals hosted Garden City this past Monday but no score was available.

The two teams will hook up again on Wednesday at the Seven Oaks Sportsplex.

The Winnipeg High School Hockey League will be hosting a meeting on Thursday and the league schedule will be released either that evening or soon after.

In other news, the WHSHL is currently building a brand-new website that is still under construction.





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Crossword Answei

### **CLUES ACROSS**

- 1. Flat tableland with steep edges
- 5. Byproduct of fire
- 10. Talked

mation 204-290-3805.

- 12. Unique skill
- 14. Unembarrassed
- 16. Where teenagers go
- 18. Boxing's GOAT
- 19. Used to anoint
  - 20. Reproductive structure found in rust fungi
- 22. Auburn great Newton
- 23. Some are for Christmas
- 25. Dried, split pulses
- 26. Self
  - 27. Where to get your mail
  - 28. High schoolers' test
  - 30. Flightless bird
  - 31. Expectorated
  - 33. Practice of misrepresenting the truth
  - 35. Type of patch
  - 37. French river
- 38. Told on
- 40 Hillside
- 41. Peyton's little brother
- 42. Soviet Socialist Republic
- 44. Progressive country musician
- 45. Witness
- 48. Brews
- 50. Yellowish-brown
- 52. Arctic explorers (abbr.)
- 53. Mexican agave
- 55. Type of "cast"
- 56. Popular breakfast food
- 57. Atomic #52
- 58. Position north or south of the equator
- 63. Gadget
- 65. Another recording
- 66. Irregular bulges in cell membranes
- 67. Dark brown

### **CLUES DOWN**

26

38

41

48

53

57

1. Licensed for Wall Street

58

- 2. Partner to flow
- 3. A very large body of water
- 4. Accumulate on the surface
- of
- 5. Central cores of stems
- 6. Angry
- 7. Spanish stew: \_\_ podrida
- 8. Fastened with a pin
- 9. On your way: \_\_\_ route
- 10. Soviet labor camp system
- 11. Enmities
- 13. B complex vitamin
- 15. Go quickly
- 17. Toast
- 18. A team's best pitcher
- 21. Philly culinary specialty
- 23. Small child
- 24. Unhappy
- 27. Trims away

- 29. Full of tears 32. Touch softly
- 34. Former OSS
- 35. A person's chest
- 36. Came from behind
- 39. Fall back
- 40. Nellie \_\_, journalist
- 43. A part of a river where the current is very fast
- 44. Weather
- 46. Sports broadcaster lan 47. Electroencephalograph

54. Ship goods as cargo

62. One's grandmother

64. West Siberian river

59. The bill in a restaurant

49. Phenyl salicylate

51. Web of Things

60. Young female

61. OJ trial judge



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Due to the Thanksgiving Long Weekend The Selkirk Record Classified and Announcement booking deadline is Friday, October 6th at 4 p.m. prior to the **October 12th publication** Please Call 204-785-1618

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### **R.M. of St. Clements PUBLIC NOTICE - BOARD OF REVISION**

Notice is hereby given that the Real Property Assessment Roll of the Rural Municipality of St. Clements for the year 2023 has been deposited in the office of the Rural Municipality of St. Clements and will remain open for public inspection during regular office hours (8:30 a.m. to 4:30 p.m., Monday to Friday). The 2022 Supplemental Bills for added and reduced taxes have also been mailed out. Applications for revisions may be made in accordance with Section 42 and 43 of the Assessment Act.

### **APPLICATION FOR REVISION**

- 42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:
  - (a) liability to taxation;
  - (b) amount of an assessed value;
  - classification of property; or (c)
  - (d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

### **APPLICATION REQUIREMENTS**

- 43(1) An application for revision must
  - (a) be made in writing;
  - (b) set out the roll number and legal description of the assessable property for which a revision is sought;
  - set out which of the matters referred to in subsection (c) 42(1) are at issue, and the grounds for each of those matters: and
  - be filed by delivering it or causing it to be delivered to (d) the office indicated below or by serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in this public notice:

Board of Revision Rural Municipality of St. Clements 1043 Kittson Road Box 2 Grp. 35 RR 1 Fast Selkirk, Manitoba B0F 0M0

The Board of Revision will sit on Wednesday, November 8, 2023 at 1:30 PM in the Council Chambers of the Rural Municipality of St. Clements to hear applications for revision.

The final date on which applications may be received by the Secretary of the Board is Monday, October 23, 2023 at 4:30 p.m.

Dated at East Selkirk, Manitoba this 2nd day of October 2023

1043 Kittson Road Box 2 Group 35 RR1 East Selkirk, Manitoba R0E 0M0 Telephone: Selkirk 204-482-3300 Winnipeg: 204- 474-2642 Toll Free: 1-888-797-8725 Fax: 1-204-482-3098 Email: info@rmofstclements.com www.rmofstclements.com



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Cloverdale United Church, 805 Cloverdale Rd., Saturday, October 14, 7 p.m. featuring Harmony Band. Talented & teasing, a little bit Holy and a whole lot hilarious. Some of this crew was formally with Sisters of the Holy Rock. Tickets \$10 each. Call Ishbel 204-482-8271 or Non-204-482-5359. nie Also don't miss our Presentation on European Churches on October 22nd at 10:30 a.m

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## Selkirk

### **PUBLIC NOTICE - BOARD OF REVISION**

Public notice is hereby given that the year 2024 assessment roll for the City of Selkirk is open for public inspection during regular business hours 10 a.m. to 4 p.m. Monday through Friday at the Municipal Office located at 200 Eaton Avenue, Selkirk, Manitoba.

### APPLICATION FOR REVISION

If you are a person (in whose name property has been assessed), a mortgagee (in possession of property under subsection 114(1) of The Real Property Act), an occupier of premises (who is required under the terms of a lease to pay the taxes on the property), or the authorized agent of the person, mortgagee or occupier, and do not agree with your assessment, you may appeal the 2024 assessments and supplementary tax assessments issued in 2023.

If you are listed above, or if you are the assessor, you may complete the City of Selkirk Application to the Board of Revision and indicate your reason for appeal. The City will accept applications made in accordance with Section 42 and 43 of *The Municipal Assessment Act*. Please indicate whether the appeal is for:

- the amount of an assessed value.
- the liability to taxation, property classification,
- or if after speaking to an assessor, there is a refusal by an assessor to amend the assessment roll under subsection 13(2).

#### APPLICATION REOUIREMENTS

Applications including the appropriate (non-refundable) application fee **must** be received by the City of Selkirk. before 4:00 p.m. on Tuesday, October 17th, 2023, at 200 Eaton Avenue, Selkirk, MB R1A 0W6. Applications without the correct payment amount, or not in compliance with Section 43(1), shall not be considered received.

You may find more information regarding the required fee on our website at: MySelkirk.ca/FeesandCharges

If you have any questions regarding this application or if you would like to receive a copy of the Application to the Board of Revision, please call CitizenSupport at 204-785-4900 or by email: citizensupport@cityofselkirk.com

The Board of Revision will sit on Thursday, November 2<sup>nd</sup>, 2023, at 6:00 p.m. at the Selkirk Recreation Complex Banquet Hall located at 180 Easton Drive, Selkirk, Manitoba

Dated this 25<sup>th</sup> day of September 2023.

Kevin Richter, CPA, CMA **Director of Finance** City of Selkirk

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#### NOTICE TO CREDITORS

In the matter of the Estate of ELEANOR GAIL THOMAS, late of Selkirk, Manitoba, Deceased. All claims against the above estate, sup-

ported by Statutory Declaration must be sent to the attention of: Amanda Adam. Estates Officer, at 155 Carlton St. Suite 500, Winnipeg, MB., R3C 5R9 on or before the 1st day of December, 2023.

Dated at Winnipeg, Manitoba, this 26th day of September, 2023

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Lena Meger October 6, 2013

Those we love are never lost. We feel them in so many special ways Through family and friends they cared about And dreams they left behind. In beauty they added to our days In words of wisdom, we carry with us And memories that will never be gone ... Their special love lives on. Until we meet again ..... -Love, your family

OBITUARY



Walter leaves behind a large legacy of four children, Darlene (George) Thrale, Cynthia d. (Marvin) Winkler, Tom

grandchildren; 21 great-grandchildren; and nine great-great-grandchildren. Walter was born and raised in Hazelridge, MB until he went to war at the age of 17. He served in WWII in the 17th Regiment as an Artillery Specialist. For those of us that were lucky enough to

hear his stories he had many. He told us it took him five years to walk the entire length of Italy on the front line. He was our very own war hero!

Walter met and married Janet, the love of his life, in Glasgow, Scotland. He brought his war bride home to Canada in 1945.

He did many jobs and lived in many places over the years until settling in Sault Ste Marie, ON owning his own aircraft refueling business. Post retirement they spent most of their time in the warm climates of Florida and BC, finally settling in Ponemah, MB. to be close to family.

His wish was to pass in his own home. Thank you to all his "special ladies" from homecare and private care who made that possible for him. And thank you to one of his favourite in the world, Edie Brennan.

He will be missed by his faithful companion Lucky who was always by his side.

Walter loved to listen to his wind chimes singing. We will think of you every time they chime. "We love you Dad, Grandpa, you will forever be in our hearts."

In keeping with his wishes, cremation has taken place and no formal service will be held. A family gathering will be planned during the summer solstice in 2024. His favourite ...

the longest day of the year.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



There is a link death cannot sever, Love and remembrance last forever





On September 22, 2023 Walter Scoular passed away in his home in the arms of his family at 100 and a half years of age.

Predeceased by his beloved wife of 61 years, Janet in 2005 and daughter Cynthia in 2009, son-in-law Bruce and grandson Walter.

Scoular, Edith (Toni) Cronin; 13

The Selkirk Record Thursday, October 5, 2023





### 32 The Selkirk Record Thursday, October 5, 2023

