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THURSDAY, SEPTEMBER 21, 2023

VOLUME 14 EDITION 38

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Candidate Forum allows political hopefuls chance to connect with community

By Katelyn Boulanger

Both Mitch Obach and Richard Perchotte answered questions well at the region's recent Candidate Forum and it looks like Selkirk residents will have a strong representative regardless of who wins the local election seat.

The Candidate Forum took place at the Lord Selkirk Composite Secondary School and was hosted by the Lord Selkirk School Division's Board of Trustees.

Lena Kublick, the school board's chair welcomed residents to the event, she took the time to explain that the School Board is a non-partisan group interested in clarity. She also spoke to the absence of the Red River North candidates at the event.

"The candidates for Red River North were also contacted. The office of Jeff Wharton indicated that he was not participating and the NDP candidate, Alicia Hill has a previous commitment and sends her regrets and was unable to be here. So just in the interest of full disclosure, those candidates were also invited," said Kublick.

Kublick then turned over the event to event moderator Daryl Loeppky who gave residents some information about how the event was going to take place. He explained that each candidate would have two minutes to answer each question and that they would go back and forth with regards to who would answer first. The questions were submitted by residents.

Due to the volume of questions that were answered at this event the *Selkirk Record* has opted to include a small selection of regionally relevant questions answered in this article.

The first question asked candidates to tell residents about their backgrounds, why they are running and what makes them a suitable candidate.

Perchotte responded, "In 1985 was

the first time I walked through these doors of this high school. I came through as a student and I spent grades 11, and 12 here. Throughout the years, I've met hundreds of friends throughout the region. It's truly the area that makes this area fantastic. It's the people that make this a community. This theatre we were in today is named after one of the special teachers I had, Mr. Vadeboncoeur. I didn't know at that time when I walked through those doors that 10 years later, my wife and I would have been welcoming our daughter into this world. Our daughter, who has gone on to be an amazing person, she went on to become a school teacher with two degrees. She works at the rehabilitation center for children and runs one of the programs and she is just an advocate for people with disabilities. Two years after she was born, we welcomed our son. Our son has also graduated from this school and he has surpassed any expectations we had and currently runs our family business and our day to day operations. In business, we have worked throughout North America and we only did that work because we concentrated on the service, what the customers want and what they needed and what's important. That's the same values that I bring to government. To work for the people to find out what they need to make sure that we meet those goals together."

Obach responded, "I live right here in Selkirk. My wife and I have lived here for over 10 years and we absolutely love it. We have no plans on going anywhere else. This is the home we found and I've actually lived here longer than I've lived anywhere else in my life. So, it's where we want to be. I'm a teacher by trade. I have worked

Continued on page 4

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> CANDIDATE FORUM, FROM PG. 3

for the Lord Selkirk School Division and others. I'm actively involved in the community. I founded the Interlake Thunder Football Club back in 2011. It's grown to one of the largest clubs in Manitoba. I've done lots of coaching football, baseball, hockey, won a few championships along the way, which I'm very proud of. I'm active in other community groups as well. Selkirk Community Choir, the SCRC, IRHA at one time, and with the Teachers Association too. And, just recently, I did a master's degree in Community Development, which leads us all back to why we're here today and why I decided to run. And honestly, there's a very distinct difference, two different views when it comes to education that I think you're going to see on the stage today. I think you're going to see two very nice guys, but with two very different views of what education should look like, here locally, and in Manitoba and we're going to get into all of that. But it was really Bill 64 that got me fired up seeing the way the community responded to it. The way they had to rally against it encouraged me to get back active in politics."

Both candidates took a swing at responding to an inquiry about what their immediate plans are to start sav-

ing Lake Winnipeg.

Obach said, "Well, the biggest nutrient point source into Lake Winnipeg is the North End Treatment plant and for whatever reason, for years, our provincial government decided they want to scrap with the Feds over funding. They want to scrap with the municipalities and the City of Winnipeg. We need to get this project done because it's the first and best thing we can do to help save the lake. Okay. This is a perfect example of where governments need to work together. It doesn't matter what political stripe they're from, we can't be suing other levels of government, right? We need to go to the table and work together, just like we can't be freezing funding to municipalities year over year. So, the NDP truly believes that if we all work together, everyone here wants to save Lake Winnipeg, wants to save all of our lakes and that we can get that done. We've also recently committed to achieving the National set goal of 30 per cent protected areas and everyone knows in Manitoba that that's going to mean a lot of lakes and wetlands as well.

Perchotte said, "Mitch is absolutely correct, the largest portion of pollution in our lake comes from the sewage being dumped. We watched for



RECORD PHOTOS BY KATELYN BOULANGER

Richard Perchotte (left) and Mitch Obach (right) discussed how they would represent our region at the Candidate Forum last week.

decades and decades, sewage flow right by our docks. But that was postponed. There were dates given and extended, dates given and extended by the NDP government. The PC government said enough. Here's your mandate. You have a date there. Get your plant done. Get it to code. Get your problem sorted out. Stop sending us your crap and that's what we'll do."

Since the event was hosted in the high school education questions were right at home. The topic of school funding is important to residents and so Loepky asked on behalf of a resident, "The education property tax rebate resulted in the government needing to borrow money to pay for it. How does your party plan to fund education going forward? Is your party planning to invest new money into education, and where?"

Perchotte's response was. "Trying to make ends meet for people is something we're committed to do and we are committed to removing the education portion off of the property tax. Borrowing money is not a ter-

rible thing. People borrow money for homes, for cars, for many different things. But come 2025, we will have a balanced budget. We need to make sure that education is foremost centre of our attention. We need to continue to put the education level that we expect for our kids as a priority and make sure that schools are funded. We made a commitment to build 20 schools, we're on track to build 22. Twenty-two new state of the art facilities that our children will learn and hopefully their children, like our children, will come back to year after year. We need to continue to focus and make sure that we plan ahead and we take a look at the demographics of our children – where they're coming from and what are their needs are and make sure that we implement that strategically in the school system before it becomes a major problem. We need to be adherent to the needs of the communities that those schools are in and make sure that we then adjust our focus to make sure that we address their needs."

Continued on page 5

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> CANDIDATE FORUM, FROM PG. 4

Obach's response was. "Times are tight, and everyone knows that and I kind of already addressed this in the sense that we will commit to maintaining a 50 per cent school tax rebate. We will stop sending cheques to billionaires from out of province because we don't think they need the rebate and we will stop sending it to you in the form of a paper cheque because 600,000 cheques plus postage is a waste of money. And, it's a pain if people don't get it on time when they have to pay their tax bills. We're also committed to stable, predictable funding for school divisions. And, I'm sorry if I sound like a broken record on that one but I really think that that is what's been missing in our school system for the last seven years and we need to get back to a place where the school divisions know they're getting a baseline funding plus loss cost of living at the very least. And, it's predictable year after year so that they can make plans to make improvements and investments in our schools."

The next question involved industry. "There's a lot of opposition to the silica sand mining that would directly affect jobs here in Selkirk and elsewhere in Manitoba if not allowed. What is each of the party's stand on allowing these projects to go forth creating a huge economic spin-off for our area?" Loeppky asked.

Obach said, "It's a good question and it's an issue that's been in the news a lot lately because people do have concerns. And I think that's

fair but I think it's important that we study the report of the Clean Environment Commission, to make sure that any projects are done with the safety of the environment in mind, and that we make sure that we're partnering with communities. I know in this case, I think we're talking more about the Dugald area. I know there's another potential project up there, I think it's in the Hollow Water area. Let's make sure we're working with communities, with First Nations, all those partners, so that if we can do something safely and properly, we can achieve those spin-offs together. I understand silica sand is what's needed to create the glass for solar panels and I would rather have my solar panels made in Selkirk than in China. But we've got to make sure it's right. We've got to make sure we're looking after the people that work in those industries so that it's a safe, good green job for them and that we're protecting our environment for generations to come."

Perchotte said. "As the premier announced today [Sept. 12], the future of Manitoba is based on economic growth. Bringing industry into our province, bringing workers into our province, retaining the workers we have here, educating the people in our province is the foremost responsibility for our government to make sure we're sustainable for the future. We have to make sure that whatever projects we're doing, we're doing safely and where the environments


are not going to have any negative effects. We're all afraid to change. Recently, behind our house where my wife and I are, they were talking about a subdivision. We didn't want it. We were against it. We complained about it and they built it. We love it. Everybody's afraid of change. If you give everything an opportunity. It can work. We need to sit down and take a look at the actual facts. What is the economic spin-off from these developments that we can do? What is the alternative? Are there any negative effects? If there are negative effects? What do we have as a contingency clause to make sure that we mitigate those negative effects and what we can do to move forward to make sure that the community is protected, and we can grow our industry around here and have everybody benefit from sustainable development."

Care for our province's seniors is important locally and provincially.

Loeppky asked for responses from the candidates about what specific improvements in home care services they are committed to.

Perchotte responded by saying, "Health care is up front and centre. Across this world, there's a health-care epidemic. So, we need to make sure that these people, not just for financial reasons stay in their home but we have to do it for mental health reasons. You don't feel healthier than when you're at home surrounded by your loved ones. We offer programs through the government to make sure that any aids that you need in your house and to make your life sustainable, or you can have specialized equipment, whether it be wheelchair ramps, access to porter devices, those types of items, they're available for you. We want people to feel part of the community and age through. As I

Continued on page 6



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> CANDIDATE FORUM, FROM PG. 5

go throughout canvassing and to the senior centres, that is a priority for most people to make sure that they are treated with dignity and respect. So, we need to make sure that we continue to do that.”

Obach responded by saying, “Home care used to be one of the crown jewels of our health-care system. It was actually the Manitoba NDP under Ed Schreyer that brought in the first home care system in Canada. Regretfully, because they seem to want to go to labour war with staff because they’re not looking after people that work in the health-care system, we’ve lost a lot of our home care workers. I have met numerous over the last few months knocking on doors. We committed just the other day that we would have a 100 more home care workers working in Manitoba and that we would greatly increase the mileage rates that they receive, because that is one of the biggest issues that they’re facing when I talk to home care workers, especially in rural Manitoba, is that it’s just not a cost effective job. We need to find programming that helps get them back in there because our seniors do want to age in place. It is more cost effective when people can live in their own homes longer. And, seniors that are dealing with issues

like dementia, it is so much easier for them to maintain a lifestyle in a familiar setting like their home. So we really need to invest in home care. The workers are there. They’re waiting for a government that treats them with respect and pays them adequately so that they can get out there and make a living, providing the care that they want to.”

The candidates wrapped up the evening by being given two minutes to speak about any topics or issues that they wanted to address with residents.

Perchotte concluded with, “The funding model for the schools doesn’t work. We have an outdated system that funds schools based on the property value around there. We need to make sure that we have a new model moving forward. That we take a look and that schools are funded based on students. Every student needs representation from government, not based on where they live but based on the education we can provide. We talked about cutting 14 cents off the gas, we talk about holding rates on hydro, those are temporary solutions. We talked about the rebates, those are temporary solutions. The Conservative government wants to reduce your taxes, take the education portion

off of your property taxes, not 50 per cent, 100 per cent. We don’t need to have both hands in your pocket. We need to make sure that we are giving back to you not giving it back as a rebate after we took too much money and we try to appease you. We need to make sure that the money stays in your pocket. Fifty-five hundred dollars per family right now staying in your pocket. We’re looking at all the ways to keep funding programs, education, infrastructure, and make sure that our health care keeps healing. We didn’t just get here overnight. For two decades, nobody thought Baby Boomers were going to age up. Well, they did. We can’t sit back. We need to make a plan, or we plan to fail. And that’s what happened in the previous government. We’re going make sure that we move forward and we have a plan.”

Obach concluded with, “In regards to how education is funded, it has to be funded. You can remove the property tax, but then we need a model that ensures that it’s properly funded. There was information that came out this spring that showed under the new model that the conservatives are considering would be a \$7.5 million cut to the Lord Selkirk School Division. That’s not acceptable. Then subsequently, Minister Ewasko won’t

tell us what the model looks like. He won’t share that with us. If we’re going to make changes, we have to make sure that we’re still funding education properly that it’s consistent, reliable, year after year to allow school divisions to plan so that they can provide the supports that our students need. In terms of this election, overall, I think this is my closing remarks. I’ve talked to a lot of people, thousands of people over the last year knocking on doors and one of the biggest issues I find is that people are struggling to trust this government. They saw what was brought forward on Bill 64 and thankfully, it was the community that rallied against that. But I mean, even if that was the beginning of the end for Brian Pallister that bill was put on the floor of the legislature, moved by Cliff Cullen, seconded by Heather Stefanson and when Brian left they got promoted. We have to consider trust this election. We need to make sure that we elect government that wants to work with people, that wants to work collaboratively, that wants to bring people together to find solutions for our communities and for our province.”

Loeppky thanked both candidates for attending the evening’s event.

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Make plans to participate in Truth and Reconciliation Day this year

By Katelyn Boulanger

This year Selkirk and area will be brimming with opportunities to learn more about our history and local Indigenous heritage on Truth and Reconciliation Day which takes place on Sept. 30.

There will be a variety of events in the community to take part in. The largest event will be at Selkirk Park and is hosted by the Selkirk Friendship Centre and the City of Selkirk. There will also be a mural unveiling by the Interlake Art Board and if you're closer to the St. Andrews Heritage Centre, the Red River Ancestry Genealogy Centre has information about connecting to Indigenous heritage.

The Selkirk Park event starts at 10 a.m.

"We actually came together in 2021 and noticed that there weren't any events happening in Selkirk for Orange Shirt Day. We were able to do a little bit of stuff remotely because it was still the pandemic so we couldn't gather in groups. And then, we decided for the next year, which was 2022, that we would actually have the event. So, between the Selkirk Friendship Center and the City of Selkirk, we were able to host the one last year," said Carly Chartier, of the Selkirk Friendship Center.

Orange Shirt Day coincides with Truth and Reconciliation Day. On this day residents honour residential school students by wearing orange shirts. More information about the history of Orange Shirt Day is available at <https://orangeshirtday.org/>.

This year's event will be very similar to last year's in that there will be speakers, dancers, drummers, the 94 calls to action from the Truth and Reconciliation Commission of Canada will be available for viewing along a path in Selkirk Park, and there will be an art mural that people can sign.

There will also be a beading activity which will take place from 11 a.m. to 12:30 p.m. at the park which is new for the 2023 event.

Another new component is that there have been additional activities before Sept. 30 that the Friendship

Centre has been able to offer. Some of them include Lunch and Learn learning opportunities, presentations, and workshops. Check out their social media to learn about upcoming opportunities.

Chartier says that everyone is welcome.

"You can't have reconciliation unless everybody's involved. Even with people who are Indigenous and dealing with intergenerational traumas that they face [we need everyone to be involved. It's important in] learning why different generations are the way they are and how we ended up here today and most importantly how we can do things for the future," said Chartier

For full details about the Sept. 30 event at Selkirk Park visit <https://www.eventbrite.com/e/selkirk-national-truth-and-reconciliation-ceremony-tickets-706140734947>.

Residents should also be aware that Orange Shirts will be available for sale at Selkirk Park for \$20 on Sept. 30 while supplies last. This sale is cash only.

The Red River Ancestry Genealogy Centre's Truth and Reconciliation Day event takes place at The St. Andrews Heritage Centre from 10 a.m. to 3 p.m. This event will primarily be an information sharing session. People can learn more about Truth and Reconciliation and Indigenous people can learn about resources available to help them find missing loved ones. For more info visit <https://www.standrewsrectory.ca/event/indigenous-genealogy-resource-drop-in/>.

Finally, a new mural titled, 'Water Ways, Passions & History' will join the vast array of artwork in Selkirk. Residents who would like to take part in the mural unveiling event are asked to meet at the Selkirk Waterfront at 2 p.m. on Sept 30.

The mural is a testament to the rich tapestry of Indigenous culture and the enduring spirit of Selkirk's community. It's a product of dedication, creativity, and collaborative effort made by local artists.



RECORD FILE PHOTO BY KATELYN BOULANGER

Residents are invited to various Truth and Reconciliation Day events in our community. Photo from last year's Selkirk Park event.



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Winnipeg Beach resident raises money for local charities

By Jo-Anne Procter

Denyse Stewner, a resident of Winnipeg Beach, is on a mission to spread happiness and support in her community.

With a heart full of generosity and a passion for making others smile, Stewner has dedicated herself to donating funds to charities, schools and organizations. Her tireless efforts have already resulted in an incredible \$4,500 contribution since last September.

Her dedication to making a positive impact knows no bounds, as she tirelessly seeks opportunities to spread joy and support.

Whether it's paying for someone's meal during dinner outings or collecting items from generous individuals in the community to sell on Facebook, through a page she started, DCDM in Winnipeg Beach (Do Care Do More), with all proceeds going back into charitable causes. She truly embodies the spirit of giving.

The Winnipeg Beach Legion, the Winnipeg Beach Women's Auxiliary and the Winnipeg Beach Lions have all benefited from Stewner's selfless contributions. These organizations play crucial roles in supporting and serving the community, and her donations further their efforts.

The Winnipeg Beach School, William S. Patterson School (Clandeboye) and Sigurbjorg Stefansson Early School (Gimli) each received \$500 for their respective food programs

In addition to education and community support groups, Stewner has extended her helping hand to those battling breast cancer through a donation of \$500 to the Liliane Baron South Interlake Breast Cancer Support Group in Teulon.

Gimli Vet Services also benefits from her compassion, as she donates funds



RECORD PHOTO SUBMITTED

William S. Patterson School Principal Darcelle Saunders (left) graciously accepts a \$500 cheque from Denyse Stewner last week in Clandeboye.

specifically earmarked for community strays.

Even during festive seasons like Christmas, when spreading cheer becomes even more essential, she donates \$250 toward Shenanigans on the Beach restaurant's annual hampers and provides funds for meals at Carlo's Cucina restaurant so that everyone can enjoy delicious food regardless of their circumstances.

"I really, truly enjoy what I do," she told the *Record*. "I am just trying to help people. I didn't realize that at the school right across the street from my house, there are children that go to school with no food."

Stewner's biggest support is her husband Larry, dear friend Millie Wojciechowski and a few special friends — the response from the community has been overwhelming.

Her goal is to donate \$500 each

month and she said people have not only donated items but also supported the cause by purchasing items online.

"I am trying to do the best I can and plan to continue raising funds as long as I can," she said.

Stewner has had to buy a new shed to store donations she has received. "My biggest wish is that a billionaire would give me a shed to store stuff in."

The 61-year-old resident also held a community garage sale and helped raise \$3,500 for the Matlock Recreation Centre.

She prides herself on making people smile. She has a dragon and a T-Rex in her front yard and dog treats for every dog walking by.

To follow and/or to support Stewner, she can be found on Facebook at DCDM in Winnipeg Beach.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address, and phone number for confirmation purposes.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Local resident reminds governments that they can help with pet population crisis

Gaps in system lead to crisis

By Katelyn Boulanger

Fixing Feral Felines is a local group dedicated to helping reduce the overpopulation of stray and feral cats. Veronica Walsh, coordinator of Fixing Feral Felines says that there are areas where municipal and provincial governments can work together to enact better regulations to help animals and urges residents to let governments know about lapses in the current system.

“By educating people and telling them what the challenges are, and how change can be made, and that there’s support for those changes to be made, then hopefully people will say, okay, I can be part of that,” said Walsh.

With the weather turning cooler Walsh says that people start to worry about outside animals surviving the winter and so now is the time to talk about how governments can work to help reduce overpopulation before the harsh weather comes.

“The municipality is responsible for animal control. That means when the animal is causing the problem or the animal is a nuisance, or barking or wandering, or whatever, the municipality can or may choose to set up bylaws to cover those situations,” said Walsh.

She says that part of the problem is that there are municipalities in this province that have laws that deal with dogs on the loose and causing issues but do not have the same rules for cats. This does not apply to all municipalities but those without these bylaws can’t step in if there is a cat overpopulation problem or other issue. Other municipalities may have bylaws but they may not cover all circumstances.

“The province is in charge of animal care through what is called the Animal Care Act under the Province of Manitoba Department of Agriculture. The province is supposed to deal with those situations where animals are being abused, neglected, abandoned or hoarded to the point where the animals are sick and the provincial Animal Care Act covers the whole province,” said Walsh.

She explained that she lives close to a municipal border line and because of different regulations, it can mean that on one side of the road a cat will get help and on the other, it does not.

Fixing Feral Felines isn’t a fostering group but a group that helps with the prevention of overpopulation by helping support spaying and neutering pet options and by letting people know what resources are available to

them to help.

Situations can be as simple as a pregnant stray cat not being able to be picked up and with cats being able to increase their population quickly, it becomes a problem in a local area. Citizens then have the issue of trying to find out what entity to call to deal with the situation after the fact and in some places, there is no way of handling the issue until the cats are sick.

“That’s really why there’s a need for ongoing education. I see on Facebook, sometimes a thread where somebody’s calling around and other people are saying ‘Call the animal care line,’ and the other people are saying, ‘Call a rescue.’ It is very confusing because it’s complicated,” said Walsh.

She worries about situations where people are given the runaround and eventually give up leaving the cats in an unsafe situation.

A recent example that she’s heard about was when a person passed away and the outside cats that they were feeding were no longer being cared for. The neighbours tried to call the municipality but were told they had no cat bylaws. They then called the province but because the cats weren’t left inside and trapped it wasn’t considered a situation in which they felt it was under their purview to intervene.

“The laws are so vague. The laws are so old, and the laws have been poorly implemented for years. Animals don’t have any protection when it comes down to reality,” said Walsh.

She hopes that by contacting governments both provincial and local representatives can make changes that will cover the cracks in the current system. Currently, this work is being left to volunteer foster groups and organizations like hers to help and they are being overwhelmed with the need and do not have ongoing financial support options.

Walsh encourages those who are interested in letting their voices be heard to join a group that will be getting together outside of the legislature on Sept. 23 from 2 to 3:30 p.m. to let the politicians know this is an important issue.

“It’s all about encouraging people, to get involved to speak up to do what they can to educate their politicians that change needs to happen. That’s the important part of all of this. Rescues are not going to solve the problem. . . We’re so busy bailing the boat that we don’t have time to fix the holes. We need the support of

Continued on page 10



RECORD PHOTO SUBMITTED

A mother and daughter pair of cats that was rescued. By spaying these two cats the pet overpopulation problem that they could have initiated was eliminated through prevention.



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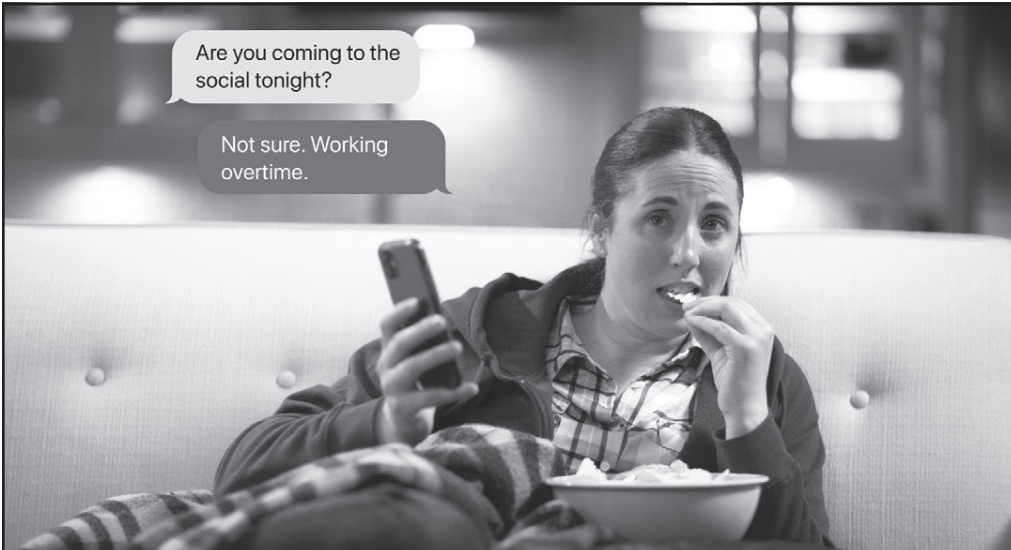
> **CATS NEED HELP, FROM PG. 9**

the politicians and the community to fix the holes in the mess and to do the prevention," said Walsh.

To contact Fixing Feral Felines check them out on Facebook at <https://www.facebook.com/people/Fixing->

Feral-Felines/100083359657758/, by email at fffelines@gmail.com and by phone at 204- 803-0855.

animal care line at 204-945-8000 (Toll Free 1-888-945-8001).
If there is an urgent animal crisis taking place contact the province's



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ElectionsMB.ca

Clandeboye Pipe Band to host open house at Clandeboye Community Hall

Band offers lessons for bagpipes, drums

By Kaitlin Vitt

Recognizable from miles away, the humming and distinct melodies of bagpipes and the pitter-patter and booms of drums are a staple at community events such as parades and memorials. One local pipe band is inviting the community to be a part of these sounds.

"The track that I've taken in my pipe band career has taken me all over North America. It's taken me to a number of parades, competitions," said Dennis Schindler, the pipe major leader, or leader, of the Clandeboye Pipe Band. "You get to meet new friends that have similar interests, and your pipe band community grows as you experience it more and more. I have friends all over the world now because of my interest in pipe band."

The Clandeboye Pipe Band is hosting an open house on September 30 from 11 a.m. until 3 p.m. at the Clandeboye Community Hall. The event is free, and people are invited to stop by any time during those hours to check out what the band offers.

Schindler, who helped found the band in 2018, said the goal of the event is to attract new members and to expose more people to this style of music.

Even those who have never played either bagpipes or drums are welcome to join the band, which has various experience levels within it. Instructors are there to provide lessons to the musicians.

The first level of the band is for the absolute beginner. The second level is for those who have played either instrument and want to get back into it but need some remedial work. The third level is for people who are comfortable with their instrument and are looking for a place to play in a relaxed environment.

Those interested in joining the band don't need to own bagpipes or drums. For bagpipes, beginners start on a practice chanter, which is the part of



RECORD PHOTO SUBMITTED

The Clandeboye Pipe Band is hosting an open house on September 30 from 11 a.m. until 3 p.m. at the Clandeboye Community Hall.

the instrument with finger holes that creates the melody. Those learning drums can begin with a drumsticks and a practice pad.

"There may be a small investment for drumsticks and a practice pad or if we run out of practice chanters, but you don't need to spend \$1,000 or \$2,000 on a set of bagpipes or a drum in order to start learning the instrument."

Schindler has been playing the bagpipes for more than 50 years, starting when he was 12 years old. He competed at a high level until he was about 30 then took some time away from the instrument. About 20 years ago, he got involved again and has been playing since.

"It's a difficult instrument, but if you've got patience and you practice, you can continue to improve, and you can take great pride in that through your performances and your competitions," Schindler said. "It teaches some discipline, and it teaches the need for practice, and it teaches teamwork, and it teaches an instrument that is realistically one of the most difficult instruments in the world to play, but the rewards for playing it vastly outweigh the work that I've ever had to put into it."

In addition to learning how to play instruments, Schindler said members will also learn about the cultural aspects of the music the band plays.

"There are tunes that are associated with certain historical events that we make sure that we let people know why these tunes were written and when they were written," he said. "Many people in our band come from that heritage of Scottish-Indigenous heritage, and they're growing their knowledge of not only their Métis history but the Scottish history as well."

Schindler said the band is looking for players of all sorts, but he said he especially encourages those interested in drums to inquire because there has been a shortage of drummers in the province in recent years.

Drum major Ron Bedard joined the band in February after taking a break from playing with pipe bands for about 20 years. He highlighted the transferable skills of drums to other instruments and styles of music.

"All instruments have a rhythmic element to them, so we will teach that, we teach the rhythm, we teach the timing, we work on the

groove," Bedard said. "There's a lot of elements that can carry over to all instruments."

People of all ages are welcome to play in the band. While current members range from 10 years old to into their 60s, Bedard said most of them are older adults.

"Older players are interesting to work with in that they're not as easy to teach as younger people. They have developed habits over the years, and they're pretty steadfast in their ways," Bedard said. "But they're open minded and willing to learn, so they are actually accomplishing things that they never did before. It's extremely rewarding as an instructor."

Those interested in learning more about or joining the band can attend the open house on September 30. For those who can't make it, the band can be reached by email at clandeboypipeband@gmail.com or on Facebook by searching for the group "Clandeboye Pipe Band."

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Local doctor retires after 45 years of medical practice

Selkirk has served as home practice for Dr. Demsas for 35 years

By Kaitlin Vitt

After 45 years of practising medicine, 35 of which have been in Selkirk, 71-year-old Dr. Habtu Demsas retired from the Selkirk Medical Centre on September 1.

Born in Eritrea in Eastern Africa, Demsas said he always wanted to be a doctor.

"Even in elementary, you know when you play, I always played the role of a doctor. By grade 9, I decided I wanted to become one," he said. "I felt it was one of the professions that would be the most useful. ... I also felt medicine was challenging. I like challenging things. I felt like it was a field where you can help a lot if you do it the proper way."

Demsas moved from Eritrea to Ethiopia for educational opportunities, but in 1972, he had to leave the country because of the political situation. He went to Italy, where his uncle lived. Fulfilling his childhood dream, Demsas studied medicine in Italy, specializing in orthopedics and traumatology.

While studying in Italy, he took part in a university exchange program and did practicums in hospitals in Germany for four months at a time for six years. With all his experience with various cultures, Demsas speaks

about seven languages, which has been useful in his practice.

Prior to 1991, Ethiopia and Eritrea were one country, but Eritrea became independent in 1993 after a 30-year war.

"I settled in Italy because I could not get farther with my Ethiopian passport," he said. "I come from Eritrea, and I was to serve Ethiopia, but the concern was that I was afraid for my future. People who went back at that time were being imprisoned. Whether you wanted it or not, you somehow got involved in warfare, so I came to Canada as a refugee."

Demsas arrived in Canada in 1983. He worked in Winnipeg in an emergency department, then started thinking about going into family practice to get away from shift work.

He looked into nearby communities, including Stonewall, Winkler, and Selkirk. His wife, Letty, was taking classes at the University of Winnipeg at the time, so they wanted to stay fairly close to Winnipeg.

Demsas decided Selkirk would be a good fit for his career.

"It was close for everything, and yet it was rural at the same time," he said.

Living in St. Andrews and working in Selkirk, Demsas said he enjoyed



RECORD PHOTO SUBMITTED

Recently retired Dr. Habtu Demsas (right) and his wife Letty have lived in the area for nearly four decades.

the area.

"I don't believe in 'the grass is greener on the other side,'" he said. "Because things were going smooth, I couldn't find any reason to move from Selkirk."

He enjoyed the convenience of the community and the opportunities for his children. He and his wife have four boys, and one of the girls they sponsored from Africa became like a daughter to them.

Demsas and his family have helped sponsor many refugees from East Africa. He said people in Selkirk and surrounding areas have been supportive of

their efforts.

"I've been very grateful to many people in the area. Our family has been blessed," he said. "People would ask us what we were doing, especially sponsoring refugees. You can't do it unless you have collaboration from other people. So many families around Selkirk and the region have helped us."

Demsas said so far, he's been so busy during his retirement that he hasn't had to even think about how to fill his time yet. He's been spending time with some out-of-town visitors — his family and friends celebrated him and his career at a retirement party earlier this month.

He plans to take it easy over the next month, and eventually, he'd like to spend some time in Italy. Once back in Manitoba, he plans to do some volunteer work.

"I still kept my [medical] licence because you never know in case I want to do some medicine in some very casual way," he said.

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-Mitch Obach

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Parkinson's walk packs a punch



RECORD PHOTO SUBMITTED

East St. Paul took part in the Parkinson Canada Superwalk again this year. They fundraised an amazing \$4,300 this go around. To learn more about Parkinson Canada check out <https://www.parkinson.ca/>.

Correction

In last week's edition of the *Selkirk Record* Corey Gagne was incorrectly identified as Corey Gange. In addition Karen Still was incorrectly identified as Kim Still. We regret these errors.

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NOTICE TO PEGUIS FIRST NATION MEMBERS

Treaty One Joint Reserve Land Code Ratification Notice of Vote



TAKE NOTICE that a Ratification Vote shall be held in accordance with the Peguis First Nation Community Ratification Process in order to determine if Eligible Voters approve the *Treaty One Joint Reserve Land Code* for Peguis First Nation and the Individual Agreement. The *Land Code* and Individual Agreement shall be approved if a majority of participating Eligible Voters vote to approve them.

The Ratification Vote will include:

1. **Electronic Voting from Sep 4, 2023 to Oct 4, 2023**
2. **Mail-in-Voting from Sep 4, 2023 to Oct 4, 2023 (Ballots MUST BE received by OCTOBER 4)**
3. **In-person Voting in Peguis, Winnipeg, and Selkirk**

PEGUIS FIRST NATION VOTERS WILL BE ASKED THE FOLLOWING QUESTION BY BALLOT:

"DO YOU APPROVE THE TREATY ONE JOINT RESERVE LAND CODE FOR PEGUIS FIRST NATION, DATED FOR REFERENCE AUGUST 8, 2022; AND THE INDIVIDUAL AGREEMENT WITH HIS MAJESTY THE KING IN RIGHT OF CANADA RESPECTING THE TREATY ONE JOINT RESERVE LAND?"

YES OR NO

IMPORTANT VOTING DATES:

ADVANCED POLLING	ADVANCED POLLING	ADVANCED POLLING	OFFICIAL VOTING DAY
SEPTEMBER 19, 2023 9:30 am - 9:00 pm SELKIRK Selkirk Friendship Centre 425 Eveline St	SEPTEMBER 21, 2023 9:30 am - 9:00 pm WINNIPEG Peguis Business Centre 1075 Portage Ave	SEPTEMBER 23, 2023 9:30 am - 9:00 pm PEGUIS FIRST NATION Community Hall Peguis, MB	OCTOBER 4, 2023 9:30 am - 9:00 pm PEGUIS FIRST NATION Community Hall Peguis, MB

VOTE ELECTRONICALLY FROM SEPTEMBER 4, 2023 @ 9:30 AM TO OCTOBER 4, 2023 @ 9 PM

Visit the link or scan the QR code below on your mobile phone, computer, or smart device and follow the instructions provided.



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Electronic and paper copies of the Background Documents, Ratification Documents, Ratification Process, and maps of joint reserve lands can be requested by all eligible voters at treaty1.ca/peguis-levote-2023, peguisfirstnation.simplyvoting.com, from the Peguis First Nation Administration Office Front Desk, or from the Treaty One Development Corporation office at 103-1075 Portage Avenue, Winnipeg, MB.

FURTHER TAKE NOTICE that all eligible Peguis First Nation voters 18 years of age or older on the day of the Ratification Vote are eligible to vote.

PLEASE NOTE: All Eligible Voters are eligible to obtain a Mail-in Ballot package. If an Eligible Voter would like to vote by Mail-in Ballot, please contact the Ratification Officer for a mail-in package. Eligible Voters who wish to vote in person may attend the polls on Voting Days.

DATED at Treaty No. 1 Territory
Province of Manitoba
29th day of August, 2023

Dwight Wilson
Dwight Wilson, Ratification Officer

For more information please contact:
Dwight Wilson, Ratification Officer
Phone: 1-204-806-1036
Email: wctw@peguisfirstnation.com
405-1364 McPhillips Street
Winnipeg, MB R2X 2M4

SDCF, Community Services Recovery Fund grant \$205,000 to six community organizations

Submitted by Selkirk & District Community Foundation

The Internet kept many connected during the trying times when COVID forced us apart, and for the Gaynor Family Regional Library, its role as a Wi-Fi provider for the community became even more apparent.

Ken Kuryliw, Director of Library Services, says the pandemic meant they needed to keep clients connected even if they couldn't come inside the building.

"The library discovered that during COVID our role as a community Wi-Fi provider needed to change as people were needing Wi-Fi access in the parking lot," Kuryliw said.

"While we tried with our old technology to meet the need, our hotspot was only partially effective exiting the metal building despite staff efforts."

Through the Selkirk & District Community Foundation, the library was able to apply for, and receive, a grant from the Community Services Recovery Fund – a \$400 million investment from the Government of Canada to support charities, non-profits, and Indigenous Governing Bodies as they focus on how to adapt their organiza-

tions for pandemic recovery.

The SDCF provided a total of \$205,000 to six local projects funded through the Government of Canada's Community Services Recovery Fund. Besides the library, recipients were the Marine Museum of Manitoba in Selkirk for an asset management project and board and staff development, Red River Tourism for event planning and board and staff development, Hearthstone Community Group for technology and connecting and training project, Nova House for technology and thrift store transformation, and Inclusion Selkirk for community practice project and board and staff development.

For Kuryliw and the library, this meant installing five new Wi-Fi nodes, as well as two new up to date firewall units.

"This grant allowed the library to create a Wi-Fi bubble in the parking lot with external nodes designed to handle our lovely winters," he said.

"In addition, the firewall was upgraded to block illegal traffic, to reduce library liability if such an activity was to happen."

The parking lot access worked and

continues to be used today.

"Bev Clegg and her staff are wonderful to work with and really assisted the library in the success of this project. Without their guidance and leadership, it's doubtful the library would have been as successful," Kuryliw said.

SDCF Chair Shauna Curtin says COVID was difficult for everyone, and the vital role that charities and non-profits play in our communities was amplified.

"At the Foundation we were thrilled to play a role in connecting these community groups with grant dollars that enabled them to be even more resil-

ient during the pandemic," Curtin said.

"We were all learning a new temporary normal, and all these organizations led the way in adapting to that new normal and learning how to keep the community connected and safe and they continue to evolve and adapt going forward."

It's fall grant intake time, and applications can be found online at sdcf.ca. Deadline to apply is Oct. 2.



RECORD PHOTO SUBMITTED

Accessing Wi-Fi outside the Gaynor Family Regional Library is possible thanks to a grant through the Government of Canada's Community Services Recovery Fund.

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Canada's first mobile eye clinic expands reach into Selkirk

Rural Manitoba schools on long wait list get help

Submitted by Mobile Vision Care Clinic

Canada's only full-time mobile eye clinic says it is finally able to help rural and First Nations students get comprehensive eye exams and glasses after teachers have been waiting years for the clinic to leave the perimeter and help their most needy students.

The clinic is in such demand in high-needs Winnipeg schools that it has been unable to expand to rural areas. For the first time in six years, it rolled into Selkirk this week seeing students at Ruth Hooker and Robert Smith elementary schools. It just spent three days in Thompson last week where it saw 215 students and issued 128 pairs of glasses.

The word is spreading among Manitoba educators that with glasses their students are now seeing, reading, learning and behaving better in the classroom explained Mobile Vision Care Clinic founder and trained optician Sean Sylvestre.

"Most kids who have been labelled 'poor readers' don't have learning disabilities at all. They just can't see the blackboard," said Sylvestre, a trained optician who was awarded the 2019 Canada's Top 40 Under 40 Award for his mobile eye care clinic program.

"Manitoba's most vulnerable kids don't have access to proper eye care. This year we will have 120 clinic days in over 100 different schools and provide comprehensive eye exams for up to 12,000 kids. Every child who needs glasses has access to them. We stock glasses at 65 per cent off. We've also donated \$500,000 in glasses to students whose parents could not even afford the discount. And this is leading to some incredible successes in the classroom."

"About 70 per cent of the students we test are getting their first eye exams when they see us and on average 30 per cent of those tested require prescription glasses. In Thompson last week 60 per cent needed glasses. Every child who needs glasses gets them

from the MVCC," said Sylvestre.

Every week, Sylvestre, gets calls from principals and teachers begging them to add their schools to the list including a growing number of First Nation and rural schools here and across Canada. Unfortunately, with only one optometrist on the six-person clinical team it can't easily expand, said its founder.

"Maybe there are optometrists out there close to retirement, maybe there are young optometrists who want to make a real difference to help our most vulnerable youth. We would love to see them join us so we can expand this to more communities.

"If these kids don't get glasses, they are three times more likely to fail at least one grade in school. What we're doing is setting children up for success in school and adult life. Kids get a better education which leads to higher graduation rates, which paves the way to post-secondary education, better incomes and taxpaying citizens. It is a win-win for all Manitobans," said Sylvestre.



RECORD PHOTO SUBMITTED
Kyra helps her sister Shaina in the Ruth Hooker School gymnasium in Selkirk choose glasses thanks to the Mobile Vision Care Clinic that set up in the school gymnasium today.

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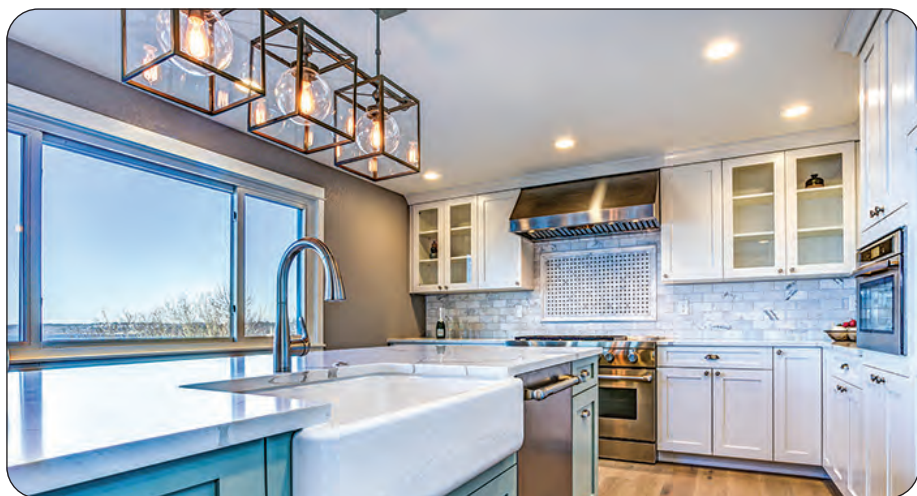
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Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



Kitchen cabinets: reface or replace?

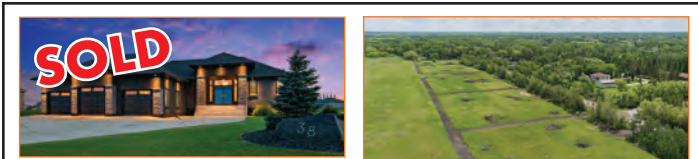


The kitchen is a busy room in many homes. That popularity likely has something to do with why so many homeowners spend sizable sums renovating their kitchens. According to highlights from the 2022 U.S. Houzz Kitchen Trends Study, the median spend on major kitchen remodels grew by 14 percent from the previous year, and minor remodels increased by 25 percent. Spurred on by increased time spent at home during the pandemic, the main impetus for kitchen remodels according to the study was that homeowners wanted to make these improvements all along and fi-

nally had the time and means to do so.

There are many aspects of a kitchen that homeowners can change. Houzz found 94 percent of renovators either fully or partially replaced cabinets in their improvement plans. Cabinets are a major component of kitchen layouts. Cabinets help to establish the aesthetic of a kitchen and serve a useful function, providing necessary storage space to ensure the room does not appear cluttered.

Homeowners have different options when it comes to cabinet renovations, and they may need to decide if they need to replace or reface their cabinets.



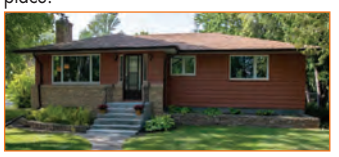
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REPLACEMENT

Cabinet replacement involves removing all of the existing cabinets before new cabinets are leveled and installed. According to the home improvement resource The Spruce, homeowners can expect to pay between \$13,000 and \$30,000 for contractor grade cabinets. Cabinet replacement is a good idea when homeowners want to add more cabinet space or create a new layout in the room.

REFACING

Cabinet refacing is less messy and less disruptive than replacement. All cabinets remain the same size and in the same location. The cabinet boxes must be in good shape to facilitate a refacing. The process involves installation of new drawer fronts and cabinet doors, as well as veneering of the cabinet boxes. New hardware typically is installed as well. The insides of the cabinets typically remain the same. The Spruce says cabinet refacing can be 30 to 50 percent cheaper than a replacement.

Most people call in professionals to change their cabinets. Cabinet replacement can be a do-it-yourself job, but it involves measuring and ensuring everything fits and is leveled appropriately. Homeowners who choose to reface their cabinets themselves may opt to paint or restain. Wood veneer or a new door and drawer panel installation can be complicated and is best left to qualified contractors.

Your Local Community

Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



How homeowners can turn attics into livable spaces

Houses typically feature various areas that are traditionally designed for storage, such as garages, basements and attics. However, with some renovation, these spaces can be transformed into livable areas.

Homeowners who would like to convert attics into livable spaces need to take certain things into consideration before starting an improvement project. While the attic may seem like it has plenty of room and is structur-

ally sound enough to walk in, that's not necessarily so. To be converted into usable living space, an attic must be brought up to the standards of modern building codes, according to the design experts at Board & Vellum. Retrofitting beams and insulation can eat up available space in an attic. Thus, it is best to consult an expert to see if an attic can be converted.

Furthermore, an attic that was not initially designed as a room when the house was built can add extra "load" upstairs if it is converted. That could present certain structural problems. That means a structural engineer also must be consulted to see if adding beams, flooring and drywall will necessitate other changes elsewhere in the home to accommodate the extra load.

In order to have a functional attic room, building codes will dictate that it needs to be accessible by a full-size staircase. Also, it will need to have another exit in case of an emergency so that will likely be an accessible window, according to the home information site The Fill. Homeowners' budgets and renovation plans will need

to factor into these considerations. Homeowners also are advised to check local permits to determine what else may be required to go forward. It is best to follow the rules. Lack of a permit for work can affect the ability to sell a home down the line.

Individuals also should plan for heating and cooling upgrades as the home will need to have ductwork installed in the attic, or at the least, a stand-alone heating and cooling unit. As heat rises, it can get quite warm in an attic, so ventilation and comfort should be considered. The attic will need to be wired for electricity for lighting and other needs. Air sealing and additional insulation can the attic space more comfortable as well. Consult with a qualified electrician and an HVAC technician and have an energy audit done to discuss needs.

Attic renovations can give homeowners more space in their homes, which can be used as offices, bedrooms or cozy corners. This is no small undertaking and all of the right steps need to be followed to ensure a legal, safe and successful renovation.



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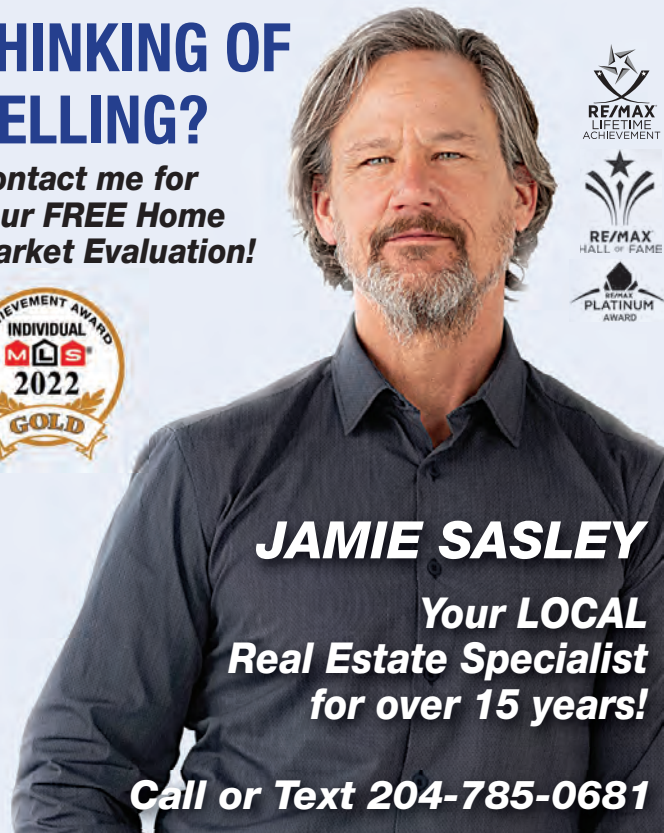
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Keeping a legacy of caring alive at the Terry Fox Run in Selkirk



RECORD PHOTOS BY GREG MCKENZIE

The 2023 Terry Fox Run saw a crowd gather at Selkirk Park in order to bring attention and support for cancer research. This annual event shows that everyone is able to make a difference and every little bit matters when it comes to banding together to support important causes. Learn more about the Terry Fox Foundation at <https://terryfox.org/terry-fox-run/>.



We want to hear from you

Letters to the editor - If you wish to comment on anything you read in the newspaper, or if you wish to comment on any concern affecting Selkirk and surrounding communities, write a letter to the editor. We welcome diverse views and opinions.

Why You Should Write a Letter to the Editor

Writing a letter to the editor is one of the most efficient ways of reaching large audiences. The Selkirk Record has an approximate readership of 37,368 readers weekly.

Readers also include members of local government, who we may want to reach. Frequent letters about a certain topic will convey that a sizable group of people care about it.

A letter to the editor is a very short piece of writing, meaning that you don't need to invest an inordinate amount of time in it. Shoot for less than 300 words.

Tips for Writing a Letter to the Editor

Connect your letter to a specific article, op-ed, or topic recently covered by the newspaper.

Structure your letter in three parts:

refute or promote a certain claim made previously, provide reasons for your stance, and then suggest what needs to happen now.

Write from your own perspective and show how the topic relates to your local community.

If you have expertise in the topic you're writing about, let the readers know.

If you're trying to convince a government representative, refer to them by their full name (it'll be more likely to make it to their desk).

Stick to a single point. Have more points to make? Write more letters.

Be respectful - don't attack anyone when expressing your concerns.

Letters must include your name and a telephone number where you can be reached. Please keep letters to 300 words or less.

The Selkirk Record reserves the right to edit letters for length, content and/or taste as well as the right to refuse publication of any letter.

We look forward to your submission: news@selkirkrecord.ca

MPI on strike



RECORD PHOTO BY BRETT MITCHELL

Local Manitoba Public Insurance employees along with their provincial counterparts are still on strike as of our print deadline on Sept 18. They have been on strike since late August which has meant that our local MPI location in Selkirk has been closed. Some signs read, "Catch up and keep up." and "Heather double standard 3.3% for her, 2% for workers."

Family Feud!



RECORD PHOTO SUBMITTED

The Moroz family is going to be on Family Feud. Though they are originally from Hazelridge MB, they've spread out to Garson, Bird's Hill and East Selkirk. Cheer on Richard Prettie, Rhonda Prettie, Betty Moroz, Mary-Jane Wasney, and Brent Imlah when the show airs on Sept. 25.



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Your FARM



Saskatchewan farm paving the way in regenerative agriculture

By Becca Myskiw

A Saskatchewan farm will be the first in Canada to have regenerative certification.

Axten Farms by Minton, SK, has been rewriting the agriculture industry for a while now. What started as a family farm three generations ago, has become a sustainable powerhouse that's building for the future.

Derek Axten grew up on the family farm. After college, he returned home and took on the farm himself. After a frost in 2004 left the Axtens vulnerable, they realized they must find ways to eliminate risk and increase their resilience; the only question was how.

The search for a solution took the Axtens to South Dakota to find a new disc seeder that would help their crops to lose less moisture. While there, they learned about the South Dakota State University Research

Farm, which Axten described as "the birthplace" of regenerative agriculture.

Regenerative agriculture is a conservation approach to farming. In Axten's words, it's about putting the earth's resources first.

At the research farm, Axten and his wife, Tannis, went on a tour of the irrigation plots, seeing nothing they hadn't already seen before. However, it was there the couple first saw an irrigation system putting out two inches of water in nine minutes — and leaving the soil dry enough to not muddy their shoes.

"That was the TSN Turning Point," Axten said. "I was like, 'show me what to do.'"

The Axtens spent the next few years researching, travelling, and learning everything they could about re-

generative agriculture. They started with cover crops for crop diversity. Over a decade, Axten said they tried more than 15 crop combinations, and because of that, they now grow over 10 different grain crops along with various specialty peas, mustards and more.

"We were looking for a way to increase diversity and lower fertility," he said.

Their first cover crop didn't receive nitrogen when they fertilized — and he saw no difference between that crop and the ones that did receive it. Today, half of Axten Farms is nitrogen-free.

Years later, Axten bought his own seed cleaner so he could start separating and cleaning seed himself. This led him to start thinking about food instead of commodities and became

the spark for advancements the farm has made today.

"It was like how far can we push this thing?" Axten said. "We started to explore ways to grow the crops with less, but still be successful and have good quality product."

After attending a conference where the speaker talked of microbiology management, Axten and Tannis found their new interest: managing the microbiology of their crops. They started by making large amounts of windrow thermal compost (organic composting material in long windrows) and then doing compost extracts in the place of fertility.

To get compost extracts, they first fill small bags with the compost, then hang them in a small brewer. The bags

Continued on page 21

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Your FARM



> REGENERATIVE AGRICULTURE, FROM PG. 22

and the water each have bubblers that wash and massage the biology and the compounds out of the compost, and after 20 minutes, they can change the bags out with fresh material to extract. Once they have the compost extract, Tannis will look at the biology under her microscope and when she's happy with what she sees, they'll add minerals and biological foods to it, then put it in the seeder to add in-furrow.

Around the same time Axten Farms started making its own compost extract for fertility, it also started doing sap analyses instead of soil analyses. A sap analysis takes a certain part of the plant from various spots in the field and squishes the juice out of it. The information from that tells Axten what his plants are taking in.

"It doesn't really matter what your soil test says because it doesn't correlate with the sap analysis," he said.

When Axten started this, no labs in North America did the analysis for him, so he was sending his samples to Australia. With the results he get from it, he'd plan next year's crops and fertility. Axten said it's all about balance. If the soil has certain deficiencies, he can subsidize that with micronutrients. The intervention only costs around \$4 per acre.

"If you buy them in the right form, it's not an expensive thing to do," he said.

What's surprised Axten most since starting these practices is how everything seems to be crop-specific rather than field-specific. Because Axten Farms seeds over 10,000 acres a year, knowing what's in the crops before they grow gives Axten more peace of mind.

At a conference in 2017, Axten listened to a presentation on regenerative becoming its own stream of farming, similar to organic farming.

"I went home thinking I'm pretty sure that lady is right," he said.

Because he already had a seed cleaner, his new interest became tangible, so Axten started planning a facility for packaging food products. He started moving ground on it in the summer of 2019 and by 2020, it was done. Axten soon started expanding the facility to add a packaging line and automated packaging for milling flour and the expansion project just finished.

Because of its advances and changes, Axten

"WE STARTED TO EXPLORE WAYS TO GROW THE CROPS WITH LESS, BUT STILL BE SUCCESSFUL AND HAVE GOOD QUALITY PRODUCT."



RECORD PHOTO SUBMITTED

Derek Axten is a pioneer of regenerative farming in Canada. In 2007, he began the process of converting his multi-generational family farm near Minton, SK, into a sustainable operation.

Farms will now be the first in Canada to have its regenerative certification.

"To us, regenerative means putting the soil first," Axten said. "If we put soil first everything else looks after itself."

A few other things Axten Farms does to help the earth is never driving outside of tire tracks on fields and using mechanical weed control on combines (another Australian invention).

Axten believes regenerative agriculture is the future of rural communities. He backs this up with the movie *One Hundred Thousand Beating Hearts*, which tells the story of an American farmer who started putting the earth's resources first, and by doing that, his poor, underpopulated community began to rebuild and thrive.

"You can sit back and watch your town die, or you can do something about it," said Axten. "We chose to do something about it."

Axten and Tannis will be speaking at Manitoba Forage & Grassland's Regen Ag Conference in Brandon this November. To learn more about that, go to www.mfga.net.

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get inspired

> MEAL IDEAS



Grilled Chicken Salad with Goat Cheese, Fresh Blueberries and Pecans

Recipe courtesy of Safeway and Albertsons

- Total time: 20 minutes
- 3/4 pound boneless, skinless O Organics chicken breasts
- 1/4 teaspoon salt
- 1/8 teaspoon black pepper
- 2 teaspoons O Organics extra-virgin olive oil
- 1 package (5 ounces) O Organics spring mix
- 1 package (6 ounces) O Organics blueberries (or desired berry)
- 1/4 cup O Organics pecan halves
- 3 tablespoons O Organics olive oil
- 1 tablespoon O Organics balsamic vinegar
- 1/2 log (4 ounces) O Organics goat cheese

Pat chicken dry with paper towels and place on cutting board. Cut chicken in half horizontally to form thin cutlets. Season with salt and pep-

per on both sides.

Preheat grill pan, outdoor grill or skillet to medium-high heat.

Once pan is hot, coat with oil. Add chicken to pan and grill, turning once, until cooked through, 3-4 minutes per side.

Wash and dry mixed greens. Place in medium bowl.

Wash and dry blueberries. Add to bowl with mixed greens. Using clean cutting board, roughly chop pecans. Add to bowl.

Transfer cooked chicken to cutting board and cut into thin strips.

In bowl, mix olive oil and balsamic vinegar to create dressing.

Add chicken and dressing to salad bowl; toss to combine.

To serve, divide salad between plates or bowls and crumble goat cheese over top.



Peanut Butter Ice Cream Sandwiches

chopped peanuts, for topping (optional)

mini chocolate chips, for topping (optional)

toasted coconut, for topping (optional)

On 12 cookies, top sides down, spread layer of peanut butter. Add one scoop of ice cream to each. Create sandwiches by topping with remaining cookies.

Roll edges of ice cream in chopped peanuts, mini chocolate chips or toasted coconut, if desired. Place on baking sheet in freezer and freeze until firm.

Serve slightly frozen.

Recipe courtesy of Peanut Butter Lovers and the Georgia Peanut Commission

- Yield: 12
- 24 fresh baked chocolate chip cookies (about 3 inches in diameter), cooled
- 1 1/2 cups creamy or crunchy peanut butter
- 1 1/2 quarts vanilla ice cream, slightly softened

BLT Lobster Roll



Recipe courtesy of the Werner family of Island Lobster Co. on behalf of the Maine Lobster Marketing Collaborative

- Yield: 1 roll
- 3 slices bacon
- 1/4 pound fresh lobster meat (or meat from 1-pound lobster)
- 1 tablespoon butter
- 1 brioche bun, halved
- 1 tablespoon mayonnaise

Blending families



them to become an issue between the two of you. Try not to make inappropriate generalizations about your relationship based on what is happening in the negotiating process. If she's bending over backwards to work out an agreement with him, don't jump to the conclusion that her ex is more important than you are.

Discuss with your partner your role in relation to his/her children. Find out if he wants the two of you equally involved in the care and discipline of his children, or if he prefers you to act in a supportive role. For the sake of your partner and the children, it is best to move into a parenting role gradually, building the trust of all as you go. Try not to attribute selfish motives to other parties, for you will only upset yourself more. Assume that others are acting in accordance with what they need and may be so caught up in their own emotions that they aren't even thinking of yours.

In past columns I dealt with strategies for making life easier for children in blended families. This time we will look at some of the issues faced by adults.

If both parents re-marry, there are now four parents instead of the traditional two. Each of the four likely has a different idea as to how life should be managed. This can create conflict not only between the two sets of parents, but also within each pair.

It is important, firstly, to acknowledge that this is an incredibly complex situation, and secondly, that there will need to be a lot of compromise. If you are a stepparent, the most loving thing that you can do is to find out what your partner really needs in relation to his/her children, and support that. If she gives in too often to her ex-husband, just to keep the peace for the sake of the children, that's her decision. Only if this directly creates difficulty for you should you pressure her about her choice. If decisions need to be made about the children, it is best to leave those to the natural parents to work out, again intervening only if something directly affects you in a negative way.

Often there are simple solutions that just have not occurred to those directly involved. Remember too, how quickly the children will be grown and gone, and try to keep things in perspective.

It can be hard enough for two parents to come to agreement, much less three or four. Be sensitive to the difficulties that arise when your partner feels caught between you and an ex. Avoid allowing an issue between

Often there are simple solutions that just have not occurred to those directly involved. Remember too, how quickly the children will be grown and gone, and try to keep things in perspective.

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Often there are simple solutions that just have not occurred to those directly involved. Remember too, how quickly the children will be grown and gone, and try to keep things in perspective.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

- 3 tomato slices
- 1 large leaf romaine lettuce or butter lettuce

Preheat oven to 400 F. Line baking sheet with parchment paper and arrange bacon slices on top. Cook 10-15 minutes, or until desired crispiness.

Prepare large pot with 2 inches of salted water and bring to rolling boil. Add lobster and steam 12 minutes. Halfway through, lift lid carefully and shift lobster to cook evenly.

Break down lobster and remove meat from shell, yielding about 4 ounces of cooked meat. Chop meat into bite-size pieces.

In large skillet or griddle over medium heat, warm butter to coat pan.

Place both pieces of bun cut sides down on pan and cook about 30 sec-

onds until golden. Remove buns from pan and set aside.

In bowl, toss chopped lobster meat with mayonnaise and set aside.

Assemble cooked bacon, tomato, lettuce and lobster mix on toasted bun.

		BINGO	
SUNDAY NIGHT BINGO			
Pots are as follows:			
4	\$6,600	JACKPOT	In 51 Numbers
4	\$5,354 +	POKER FLUSH	In 53 Numbers
4	\$2,016	LUCKY 7	In 25 Numbers
4	\$1,148 +	MINI LOONIE	In 53 Numbers
4	\$1,243	BONANZA	In 52 Numbers

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

St. Clements Gators set to begin inaugural HTJHL season

Submitted

Welcome to the newest team, the St. Clements Gators, who will play out of the East Selkirk Arena. They are the newest team in the eight-team Hanover Tache Junior Hockey League.

Our goal is to develop players so they can develop to achieve a higher goal in their hockey careers or give players while working or going to school a place to play.

All home games will be Saturday nights. Pre-skate warmups are at 7:30 p.m. Doors open at 7 p.m.

The Gators will play a 28-game regular-season schedule plus playoffs. We play each team four times (two at home and two away). The furthest travel is to Steinbach and the closest is Oakbank. The calibre of this hockey is the same as Junior B.

We will be practicing twice a week. The days will be Tuesday and Thurs-

days at 7 or 8 p.m. Times could be changed.

All away games will be either Friday or Sunday. There is a possibility there might be the odd Friday night practice. The pre-skates prior to main camp are also on Tuesdays and Thursdays at 7:15 p.m. on ice. The cost is \$20 per skate

Players invited to the main camp. The cost per player is \$1,000.00 for the season. \$200.00 is due upon signing and \$400 on Oct. 10 and the remaining \$400 is due Jan. 1. This amount includes camp which will be Saturday and Sunday at the East Selkirk Arena and the times will be as follows:

- Sept. 30 2-3 p.m. and 3:15-4:15 p.m.
- Oct. 1 2-3:00 p.m. and 3:15-4:15 p.m.

Registration is in person, please arrive 1.5 hours prior to camp or you can pre-register online at gatorsjhockey@gmail.com

The Gators' hockey team will supply practice jerseys and pant shells. You will find we offer a very professional atmosphere with a new dressing room.

Our jerseys for the home games are solid black with orange stripes and away jerseys will be solid orange with black stripping. The pant shells are solid black with an orange stripe.

We are currently working on a two-stick per player deal with no cost to the player.

Upon signing and paying your initial fees you will be required to go to Source for Sports in Selkirk and contact Ryan Martens to be measured for your track suit and black shirt and gloves which will be a black base with orange accents. There is no cost to the player for these items.

We have signed an agreement with the River East Royal Knights of



the Manitoba Major Junior Hockey League. This gives our players the availability to be called up to play Junior A hockey throughout the season or even practice with the team. This is for our players to reach higher goals and development.

Royals' teams place second in KPAC golf



RECORD PHOTOS SUBMITTED

The Selkirk Royals' boys' and girls' teams placed second in KPAC golf on Sept. 11 at the Bel Acres Golf Course. The boys' team consisted of, from left to right, Matthew Michaleski, Ryan Cromie, Tony Pyner, and Gaven Berry. The girls' team included, from left to right, Delainey Kiteley, Sophia Pyner, and Skylar Whitford.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Varsity Thunder fly past Falcons Football Club

By Brian Bowman

The Interlake Thunder Varsity football team must really like playing on the road.

It sure looked like that on Saturday. Interlake crushed the Falcons Football Club 46-28 in Winnipeg in Rural Manitoba Football League action.

The Thunder are now 2-0 on the season.

"It's hard to ask for anything better than 2-0, for sure," said Thunder head coach Christof Hasselfield. "We're really pumped about it. But to be honest, I don't think that 2-0 record accurately displays the improvement the guys made from Week 1 to Week 2. That was really good to see with this young team."

After a slow start, the Thunder really picked up their game, especially with running the ball.

AJ Nadon had 10 carries for 203 yards and two touchdowns.

Thunder quarterback Ben Cook had a solid game, completing 11 of 21 passes for 234 yards and three touchdowns without an interception. He also had two rushing TDs

"Ben won rookie of the year last year in Grade 9," Hasselfield said. "He's been stepping up and has always been pretty good protecting the football. He has a good arm and he knows when to take his shots."

Interlake receiver Jessie Batenchuk had another great game with six receptions for 183 yards and three touchdowns.

"This was the second week in a row when the defence played us with no



Interlake's Weston Preun takes off running against the Fort Garry Lions.

safety and we couldn't connect with it as much last week," Hasselfield said. "Jesse, all year, is going to be our matchup guy."

On defence, the Thunder tackle leaders were Jamie Dandeneau (six), Dylan MacLean (five), and Quinton Favel (five).

"For the two weeks, tackling has been great and that's coming through," Hasselfield said. "For the most part, we're wrapping up and playing good team defence."

For the second straight week, the Thunder defence was very good.

"Defensively, we were really solid. We switched up the scheme a bit and the guys answered the call," Hasselfield said. "It was a real team vic-



RECORD PHOTOS BY LANA MEIER

The Interlake Thunder's Brock Kramble carries the ball against the Fort Garry Lions during PeeWee action on Saturday.

tory, for sure."

Tyler Yourchenko also played a very strong game on the defensive side of the ball.

"He's been our swiss army knife so far depending on which type of offence we're playing," Hasselfield said. "Last week, he was playing outside linebacker and defensive end and we had him playing back as a second safety this week. He was making plays all over the field again."

Interlake will continue on the road with a game against the Dauphin Clippers (0-2) on Friday. Kickoff is 5 p.m.

The matchup will be highlighted as the high school game of the week in Manitoba, supported by the Winnipeg Blue Bombers.

"It's a big honour and we're excited

about that," Hasselfield said. "Going back to Dauphin, it's going to be intense. We knocked them out in the playoffs last year in the semifinals as an underdog to get us to the final. I don't doubt that there is any love lost there and it's going to be a big game - it's our final road game of the regular season."

"We have a chance to go 3-0 on the road which would be huge to come home for a three-game home stretch with no losses on the record. I think that would be just an absolute victory all around for the team, especially with them being so young and developing the way we are."

The Thunder's home opener is Sept. 29 when they host the Souris Sabres at Stonewall Collegiate. Game time is 4 p.m.

Steelers winless in MJHL preseason

Staff

The Selkirk Steelers wrapped up its preseason with a 4-2 home loss to the Winkler Flyers on Saturday afternoon.

Winkler snapped a 2-2 third-period tie with goals from Brady Craik (power play) and Xyon Kiemeney.

Dalton Andrew and Avery Anderson also scored for the Flyers.

Mathieu Catellier scored for Selkirk in the first period and then Mathieu Moreira (power play) tallied in the

second.

Steelers' goaltender Jack Hodgins made 37 saves in the losing cause.

Last Wednesday, Selkirk lost 7-4 to the Flyers in Winkler.

Preston Lundbohm (two), Catellier, and Reid McIntyre scored for the Steelers.

Isaiah Peters, Marek Miller, Jayce Le-garden, Anderson, Craik, Noah Di-emer, and Thomas Gerum answered for Winkler.

Steelers' netminder Noel Olsanows-

ki stopped 28 Flyers' shots.

On Sept. 12, the Steelers lost 4-3 to the Nighthawks in Niverville.

Dawson Dear scored for Selkirk in the first period and then Rohan Gueverra and Nolan Anderson tallied in the third.

Merik Boles, Michael Tanchak, Kel-by Diehl, and Ty Kennett replied for Niverville.

Selkirk finished its preseason with an 0-4 record.

The Steelers begin their regular sea-

son Friday on the road at Niverville. Selkirk's home opener is Saturday evening when it hosts the Steinbach Pistons. Puck drop is 7:30 p.m.

In off-ice news, Selkirk traded defenceman Liam Saxberg to the Swan Valley Stampedes for a third-round pick in the 2024 MJHL draft.

Saxberg played 31 games for the Steelers last season, scoring one goal and adding five assists.

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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HAY FOR SALE

Round hardcore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

STRAW FOR SALE

Small square flax and wheat straw. 482-5101.

Flax straw for sale, Stonewall. \$3.50/bale. Call Nick at 204-461-0706 or Bill at 204-461-1906, Monday - Saturday.

APARTMENT FOR RENT

Rule Apartments located at 424 Eveline Street. 2 beds & 1 bath apartment suites available from \$1,250/month & \$1,150/month includes water and parking. Tenants pay their own hydro. Elevator in building, front door intercom, in-suite laundry. Located close to many amenities, Selkirk Park, public transportation, legion, fishing, shopping & more! Sorry, No pets & no smoking policy. Call/text Rule Apartments for more information 204-290-3805.

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

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SUDOKU

4		6						
				8				
		2				7		
1				9		3		
		7		8				4
				3	6			7
				8			2	
5	9			6	7			
			1			5		8

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	9	5	4	6	1	3	2	7
4	7	3	7	9	2	8	9	5
1	4	1	4	1	3	4	1	9
7	8	9	3	6	5	2	5	2
4	6	1	8	2	5	7	9	3
5	3	2	9	7	6	4	8	1
3	7	4	9	5	6	2	1	8
9	3	8	2	4	7	5	3	6
2	6	1	9	3	8	9	7	4

Sudoku Answer

S	K	V	E	T	U	O	S	D	E	T			
S	I	Z	V	N	A	T	I	T	V	E	R	N	U
E	F	I	N	K	E	H	T	R	E	D	N	O	G
L	E	L	G	L	A	S	L	A	S	N	O	T	P
T	A	R	A	V	A	R	E	A	R	E	A	N	E
T	A	V	E	T	A	R	S	N	A	V	A	R	E
T	A	V	E	T	A	R	S	N	A	V	A	R	E
C	P	A	V	E	L	A	S	L	A	S	N	O	T
D	E	T	O	B	E	A	D	E	S	I	D	E	S
N	O	E	V	A	P	A	S	V	H	D	V	S	
V	D	G	N	I	L	I	G	S	G	N	V	H	T
V	I	N	A	V	H	I	T	I	V	I	V	A	G
T	X	S	S	A	R	M	S	A	R	B	B	A	B

Crossword Answer

CROSSWORD

CLUES ACROSS

- Type of cat
- Weaponry
- Western Christian Church service
- Significant eruption of pustules
- Baltic nation
- Start of American holiday season
- Unhappy
- Maintains possession of
- Metric foot of one long and three short syllables
- Mountain pass
- Vestments
- Type of dish
- Escaped quickly
- Zoroastrian concept of holy fire
- Wings
- Political action committee
- Touches lightly
- Stood back from
- Philippine Island
- Popular winter activity
- Type of amine
- Small freshwater duck
- Filled with love
- Without (French)
- Vetch
- Swiss river
- Describes a sound
- Sign language
- Hair product
- Have surgery
- Quality of being imaginary
- Far-right German party
- Drove
- Former French coin of low value
- Hard, durable timbers

CLUES DOWN

- Body art
- Middle East military title
- Actor Pitt

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15			16					
17				18									
19				20			21						
			22			23							
	24	25				26			27	28			
29	30					31				32		33	
34				35	36				37				
38				39					40				
	41		42				43	44					
			45				46						
	47	48					49				50	51	52
53						54				55	56		
57									58				
59					60				61				

- Container
- Speak incessantly
- Relating to algae
- Jacob __, journalist
- Rock TV channel
- Boat's cargo
- Most wise
- Within
- Chinese industrial city
- Scotland's longest river
- Not capable
- Footwear
- Savings account
- Capable
- Vaccine developer
- Tax collector
- Fencing swords
- Native religion in China
- Promotional materials
- A shot in a film production
- Afflict in mind or body

- A passage with access only at one end
- Breathing devices
- Employ for wages
- Kids' TV channel (abbr.)
- Popular Boston song
- Made amends
- Selling at specially reduced prices
- Atomic #18
- With firetrace residue
- Unleavened cornbread
- Draw out
- Southwestern Alaska island
- Where the Pyramids are
- People of Nigeria
- Smaller quantity
- Destroy the inside of
- City
- Chivalrous figure (abbr.)
- No (Scottish)

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EMPLOYMENT OPPORTUNITY

DIESEL-HEAVY EQUIPMENT JOURNEYMAN MECHANIC

The Rural Municipality of Gimli is accepting applications for two full-time positions for Heavy Equipment Journeyman Mechanic. This position is under the direct supervision of the Public Works Foreman and is responsible for performing various tasks necessary for the repair, maintenance, and operation of all the municipal equipment. The successful candidate will be required to:

Duties included, but not limited to:

- Make recommendations regarding the extent of repairs and suggest methods of improvement.
- Repair the equipment in a timely and financially responsible manner.
- Think logically and keep up with changes in technology.
- Interpret work orders and technical manuals.
- Have a strong awareness and attitude towards workplace health and safety.
- Be motivated and able to work in a challenging environment with minimal supervision.
- Providing and maintaining a set of tools required to perform required functions.
- Performing other tasks related to his/her classification.
- Keep maintenance reports, inventory and documentation up to date.
- Keep a tidy workplace free of any hazards.

Applicants are required to have a Journeyman Heavy Equipment Mechanic Certification, interprovincial Red Seal is preferred, min 5 years' experience and have a complete set of mechanical tools for use during employment. Experience operating heavy equipment and trucks is also required. Welding experience will also be an asset.

The incumbent will be required to hold a valid class one with air endorsement Manitoba driver's license. The incumbent will be required to work 40 hours per week and to be available for any call out emergencies that may arise from time to time. Salary range \$ 39.83 per hour and will be administered in accordance with the current Collective Agreement.

Resumes complete with a minimum of three references and a copy of related education transcripts will be received at the Municipal Office, 62 2nd Ave, until 4:00 pm on September 29th, 2023, or until the positions are filled.

Ron Hahlweg, C.E.T.
Director of Operations
Rural Municipality of Gimli
PO Box 1246
Gimli, MB ROC 1B0
Email: operations@rmgimli.com

We thank all candidates for their interest, however, only those individuals considered for an interview will be contacted.

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

The Window Factory is accepting resumes for production/manufacturing staff, also an installers assistant who must be able to work in heights, on ladders and work outdoors in all forms of weather. Please bring in resume into the office located at 605 Mercy St, Selkirk.

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MISCELLANEOUS

Brinly 15 gallon tow behind lawn sprayer \$200, Stihl chainsaw 16 inch bar, used very little \$175, table saw \$100. Phone Ken 688-6177.

Saturday, October 14 2023, Steinback Gun & Collectable Show at Friedensfeld Hall (From Steinbeck 4 miles south on hwy 12, then 1 mile east on 303). BUY-SELL-TRADE. Open 10 AM - 4 PM. For info ph. Sheryl 204-250-8766 or Carol 204-242-2320.

PERSONAL

Widower, w/ home & assets, give me a call and maybe we can become friends first. Kids are okay. Thanks, Wayne 204-348-3240.

UPCOMING EVENTS

Sept 10 - Gospel Blue Grass music 10:30 a.m., Cloverdale United Church, followed by a BBQ/picnic. Sept 24 - Darrell & Angel bring you country blues, folk music, some familiar and some from a by-gone era. Lead Belly, Hank Williams, Neil Young and many more. We look forward to seeing you at Cloverdale Church, 10:30 a.m. 204-482-5359.

Saturday, October 14 2023, Steinback Gun & Collectable Show at Friedensfeld Hall (From Steinbeck 4 miles south on hwy 12, then 1 mile east on 303). BUY-SELL-TRADE. Open 10 AM - 4 PM. For info ph. Sheryl 204-250-8766 or Carol 204-242-2320.

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca



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Please Call 204-785-1618



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES CITY OF SELKIRK

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the city prior to the commencement of the auction, the city will on the **19th day of October, 2023**, at the hour of **2:00 PM**, at Selkirk Recreation Complex Banquet Hall, 180 Easton Drive, Selkirk MB, proceed to sell by public auction the following described properties

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
21300	LOT 18 BLOCK 1 PLAN 1129 WLTO EXC THEREOUT ALL MINES AND MINERALS VESTED IN THE CROWN (MANITOBA) BY THE REAL PROPERTY ACT IN RL 41 AND 42 PARISH OF ST CLEMENTS - 128 REID AVENUE	L -\$92,100 B -\$218,500	\$14,653.82
97100	LOTS 6, 8 AND 9 PLAN 4348 WLTO IN RL 65 AND 66 PARISH OF ST CLEMENTS., FIRSTLY: THE WLY 12 FEET OF THE ELY 33 FEET OF LOT 12 PLAN 3227 WLTO IN RL 65 PARISH OF ST CLEMENTS. SECONDLY: ALL THAT PORTION OF LOT 11 PLAN 4348 WLTO WHICH LIES BETWEEN THE STRAIGHT PRODUCTION NLY OF THE WESTERN LIMIT OF THE LAND FIRSTLY ABOVE DESCRIBED, AND A LINE DRAWN EAST OF, PARALLEL WITH AND PERPENDICULARLY DISTANT 12 FEET FROM SAID STRAIGHT PRODUCTION IN SAID RL 65. - 209 TAYLOR AVENUE	L -\$292,900 B -\$132,400	\$39,614.06
97800	ALL THAT PORTION OF RL 63 PARISH OF ST CLEMENTS LYING WEST OF THE WESTERN LIMIT OF THE MOST ELY PORTION OF THE RIGHT OF WAY OF THE CANADIAN PACIFIC RLY PLAN 380 WLTO WHICH LIES EAST OF THE EASTERN LIMIT OF MAIN HIGHWAY PLAN 494 WLTO EXC THE SLY 160 FEET PERP - 496 MAIN STREET	L -\$26,300 B -\$197,800	\$25,319.68
211900	LOT 532 PLAN 4 WLTO (L DIV) IN RL 56 AND 57 PARISH OF ST CLEMENTS, LOT 531 PLAN 4 WLTO (L DIV) IN RL 56 AND 57 PARISH OF ST CLEMENTS - 528 SUPERIOR AVENUE	L -\$54,600 B -\$190,400	\$14,358.37
234700	WLY 10 FEET OF LOT 565, PLAN 7 WLTO (L DIV) EXC FIRSTLY: SLY 9 FEET SECONDLY: ALL MINES AND MINERALS VESTED IN THE CROWN (MANITOBA) BY THE REAL PROPERTY ACT IN RL 56 TO 60 PARISH OF ST CLEMENTS, LOTS 563 AND 564 PLAN 7 WLTO (L DIV) EXC SLY 9 FEET IN RL 56 TO 60 PARISH OF ST CLEMENTS - 326 MORRIS AVENUE	L -\$56,300 B -\$95,600	\$9,615.30
285100	LOT 6 AND WLY 9 FEET PERP OF LOT 7 BLOCK 2 PLAN 4345 WLTO EXC OUT OF SAID LOT 7: ALL MINES AND MINERALS VESTED IN THE CROWN (MANITOBA) BY THE REAL PROPERTY ACT IN RL 53 PARISH OF ST CLEMENTS - 737 CHRISTIE AVENUE	L -\$51,200 B -\$130,200	\$8,819.41

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid city utilities and any property taxes not yet due.
- The city may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The city makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the City of Selkirk as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the city or, if a GST registrant, provide a GST Declaration.

Dated this 21st day of September, 2023

Managed by:

Duane Nicol
Chief Administrative Officer
City of Selkirk
Phone: (204) 785-4902
Fax: (204) 482-5448



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF WEST ST. PAUL

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **18th day of October, 2023**, at the hour of **02:00 PM**, at Rural Municipality of West St. Paul, 3550 Main Street, West St. Paul, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
402190	LOTS 5 AND 6 BLOCK 4 PLAN 24490 WLTO IN OTM LOTS 3 AND 4 PARISH OF ST PAUL - 92 MERIT CR	L -\$304,000 B -\$2,124,500	\$109,650.24

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the RURAL MUNICIPALITY OF WEST ST. PAUL as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 5th day of September, 2023.

Managed by:



Lainie Shaw
Interim Chief Administrative Officer
RURAL MUNICIPALITY OF WEST ST. PAUL
Phone: (204) 338-0306
Fax: (204) 334-9362

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Government of Canada
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Annual closure of St. Andrews Lock and Dam Lockport, Manitoba

Public Services and Procurement Canada (PSPC) wishes to advise users of the annual closure of the St. Andrews Lock and Dam for the season.

As of **Saturday, October 14, at midnight**, the St. Andrews Lock and Dam will be closed to marine vessels until spring 2024.

PSPC staff will begin adjusting the dam over the next few weeks to prepare for the lock closure and the winter setting of the dam. As a result, the Red and Assiniboine rivers, in the Winnipeg area and north to Lockport, will experience fluctuation in their water levels. If winter conditions arrive before the closure of the lock and/or the dam winter setting, the curtains will be completely lifted with little notice and the water level will drop.

Owners of vessels, barges and all property on the Red and Assiniboine rivers, and their tributaries, are advised to protect their property.

The gated areas below the dam may be closed because of high, turbulent waters and dangerous currents, severe weather or operational requirements. Once closed, these areas will remain closed until the spring.

PSPC thanks users for their patience.



R.M. OF WEST ST. PAUL ZONING BY-LAW 2/99P ZONING BY-LAW AMENDMENT 2023-08 "P"

PUBLIC HEARING

**We are
Listening.**

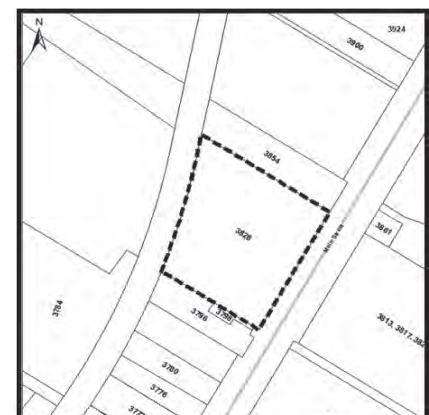
**Public
Hearing**
Thursday,
October 12, 2023
6:00 PM
Council Chambers
3550 Main Street
West St. Paul, MB

Phone:
(204) 669-8880
1-800-876-5831
Fax:
(204) 669-8882
E-Mail:
info@rrpd.ca
Website:
redriverplanning.com

As per *The Planning Act*, any person can make representation on the matter at the meeting.

What is BL 2023-08 "P" about?

This application is to rezone the subject land from "RR" Rural Residential zone to "CM" Commercial Mixed-Use zone in order to establish a mixed-use development.



3828 Main Street (Roll # 52600)

Please be advised that Public Hearing will be conducted in-person at the Council Chambers. Participants must register at the entrance on the day of the Public Hearing. If you require further information about attendance, please contact the municipality at info@weststpaul.com or by phone at 204 338-0306.

For more information, please contact the Red River Planning District.
Red River Planning District Mon-Fri*
2978 Birds Hill Rd. East St. Paul, MB 8:30am-4:15pm

*excludes all statutory holidays

*NOTE: Property owners are responsible for notifying "Tenants"



Announcements



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ANNOUNCEMENT

ANNIVERSARY



We are celebrating our 40th Wedding Anniversary! September 24, 1983
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ANNOUNCEMENT

IN MEMORIAM



Jennifer Evers
March 8, 1975 - September 20, 2021
In loving memory of our beautiful Jenn... It is both a minute and a life time since we lost you.

Our grief persists, but we are so thankful to find you in nature...
In flowers and trees, birds and wildlife, sunshine and rain,
We remember you with love and hold you in our hearts,
Always.

-With love,
Mom and Dad
Lisa and Allison
Stan and Nicholas
Chris
xo xo

OBITUARY



Edward George Jackman
With great sadness, the family of Edward G. Jackman, announce his passing on September 12, 2023 at 92 years old. He is survived by his wife of 68 years Doreen; son Arnie; daughters Faye (Dennis), Sandra (Cary) and Gayle and their families; brother Russell (Eleanor) and family; brother-in-law Sam Robins and family.
A private family graveside service will be held.
Condolences may be left on his tribute wall at www.gilbartfuneralhome.com



Gilbert Funeral Home, Selkirk in care of arrangements.

ANNOUNCEMENT

CARD OF THANKS

A sincere thank you to the first responders, fire fighters, RCMP, ambulance attendants, tow truck divers, HSC trauma unit, those who helped on scene Friday, September 1st with the car accident on Sophia and Sinclair Ave. You are our special angels.

Thank you to my family, friends, and work colleagues for all of your support. The texts, visits, well wishes, prayers, treats, taking on all my to do lists, and making sure my Piper and Chloe are looked after. I love you from the bottom of my heart. I could not get through these challenging times without you. I am truly blessed to have each of you in my life.

My advice for anyone reading this is: please do not drink and drive. That split second decision to get behind that wheel can change a person's life so drastically. You will be innocent until proven guilty. In the meantime you could have taken our lives!

Thankfully all of my angels worked overtime to keep us alive!

Lastly, hold your loved ones tight and tell them how much you love them. Tomorrow is never guaranteed.

-Love you
Lisa D Jablonski

ANNOUNCEMENT

CARD OF THANKS

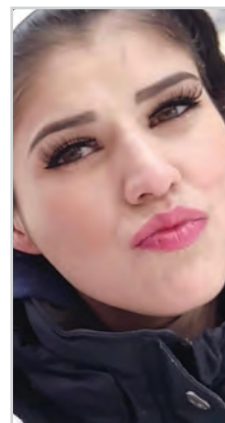
Family of Justin Goodmanson -
We want to thank you all for the beautiful flower arrangements, cards, phone calls, messages and donations.

Audrey, for her very touching eulogy. Pastor Theo for his service. Thanks to all our family and friends for your love and support at this very difficult time.

Justin will live forever in our hearts.
God Bless you all.

-Grand and Goodmanson families

OBITUARY



Tristan Dawn Frost
December 4th, 1996 - September 3rd, 2023
"Forever 26 Dots"

"Parents hold their children hands for just a little while, but their hearts Forever"

With heavy hearts and great sadness, we announce the passing of Tristan Frost of Winnipeg, Manitoba.

Left behind to mourn her transition are her parents Jade and Geoffrey Frost; her siblings Lane, Liberty, Sir Charles, and baby George; her Nana, Dairdrie Frost and late Grandpa Charlie, and her late Granny Darlene Clarke, late Ernie Easter.

Funeral services will be held on Friday, September 22, 2023 in the Gilbert Funeral Chapel, Selkirk, MB, at 1:00 p.m.

Tristan's family would like to thank the City of Winnipeg Paramedic Services, City of Winnipeg Fire Paramedic Services, and medical staff at St. Boniface Hospital, Manitoba Moon Voices, Manitoba Keewatinowik Okimakanak and Ka Ni Kanichihk Inc for their immediate response and support. They would also like to extend appreciation to Gilbert Funeral Home and to all who provided comfort and support to her family during this difficult time.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



George Michael Fedoruk

Peacefully and surrounded by his loving family, George passed away on September 10, 2023 at the Health Sciences Centre.

He leaves to mourn his loving wife of 57 years, Darlene; daughter, Stacey, son-in-law, Brian, grandsons, Sam and Jack; his sister, Vivian, her husband, Wayne, their daughter, Kim, and her partner, Serge; and many nieces, nephews, relatives, and friends.

Dad was born on February 17, 1944 and shortly moved to the family farm at Meadowdale where he resided until his passing.

For 55 years, George was a member of the United Association of Plumbers & Pipefitters Local 254. His job took him to Gillam for three years and then he returned to the family farm in 1976.

Dad loved many activities. He played baseball for many years as well as curling and hockey. He loved fishing, hunting and the skeet shooting at the farm in preparation for hunting. He also loved a good game of cards.

George was also a long-standing member of Cloverdale United Church. He will be missed sitting in the front pew on Sundays.

Dad never met a stranger. Everyone was his friend. You never forgot George once you met him. George's pride and joy were his daughter Stacey, her husband Brian, and grandsons Sam and Jack. He was their biggest fan at their soccer, curling, basketball, and volleyball games. He loved their band concerts as well, happily tapping his feet to the music. They will miss him so much.

George lived a life well lived. It was full of good times, lots of friends, and wonderful memories. He will never be forgotten and always be in our hearts.

Rest easy Boysic.
Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



EXPRESS YOUR THANKS IN THE RECORD

OBITUARY



Grace Ann Mallett (nee Dunning)
Peacefully after a brief illness with family by her side on Wednesday, September 13, 2023, Grace Mallett, aged 69 years, of Selkirk, MB, beloved wife of Elmer, passed away.

In keeping with her wishes, cremation has taken place and no formal service will be held.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com



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FEATURE OF THE WEEK!
315 RAILWAY AVENUE | CLANDEBOYE | \$299,000



Perfect starter or retirement home in wonderful community of Clandeboye. Single level living with a great open floor plan. White kitchen cabinets and appliances provide plenty of storage and functionality. Bright dining space open to the large living room. Down the hall find your sunken bonus space with garden doors to your patio area. HUGE primary bedroom with closet space plus another good sized bedroom with walk in closet. Four piece bath, laundry and utility complete your interior. Many updates over the years include new siding approx 2008, Shingles approx 2007, Newer windows, doors, kitchen, Light fixtures, high-e furnace. Septic updated approx 2003. 22 x 14 single attached garage, storage shed, surrounded by trees and nature on this peaceful 1/2 acre lot. Don't wait on this affordable home!

HH TEAM NEW!
\$299,000
315 Railway Ave Clandeboye

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\$529,900
885 Colville Road East Selkirk

HH TEAM COMING SOON!
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162 Morrison Ave Selkirk

HH TEAM BRAND NEW BUILD!
\$449,900
508 Corinne Ave Petersfield

HH TEAM CREEK FRONT 5.7 ACRES!
\$379,900
756 Schmid Road Petersfield

HH TEAM MOVE IN READY!
\$170,000
628 Strathnaver Ave Selkirk

HH TEAM TO BE BUILT!
\$375,000
928 McLean Ave Selkirk

HH TEAM TO BE BUILT!
\$329,000
932 McLean Ave Selkirk

HH TEAM 1,776 SQ FT!
\$239,900
300 David Street Arborg

HH TEAM W/O BASEMENT!
\$519,900
13 Howard Place Selkirk

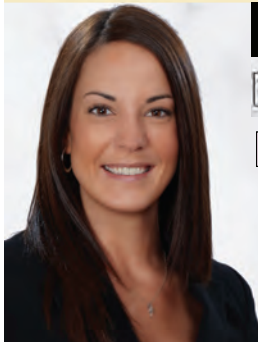
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\$149,900
0 Arnhold Street Gull Lake

HH TEAM 2.20 ACRES!
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