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MADD monument 'a peaceful place' to honour lost loved ones

By Dave Baxter

Bruce Henley was just 15, enjoying summer at the lake, when a knock on the cottage door changed his and his family's life forever.

"This is something that has stuck with our family forever," Henley said.

Henley and his family were enjoying a weekend at their West Hawk Lake cottage in the summer of 1975 when they were woken up by a knock at the door around 4 a.m.

Falcon Lake RCMP members were at the door to tell the family that Henley's older brother Robert Paul Henley had been killed in an accident involving an impaired driver.

His death came just one day before he would have celebrated his 21st birthday.

Henley, who is also the mayor of West St. Paul, shared his personal story with hundreds during the official unveiling of the Manitoba Memorial Monument at Glen Eden Funeral Home and Cemetery in West St. Paul last Sunday afternoon.

The monument was created by the Winnipeg and area chapter of Mothers Against Drunk Driving (MADD).

Continued on page 6



Embracing a new country

RECORD PHOTO BY LINDSEY ENNS

Six-month-old baby girl Maisoune plays with a Canada key chain while sitting on her grandmother Ache's lap during a welcoming barbecue for the refugee family from Sudan in Selkirk Park last Thursday evening. Dozens of volunteers with the Red River Churches Refugee Team helped bring the family to Selkirk in late July. For a story, see page 10.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Brenna is the precious 2 year old daughter of Candace & Jason Schellenberg. Brenna has been diagnosed with brain cancer and the community is uniting to support the family.

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Support growing for Selkirk girl battling brain cancer

Community members teaming up to host a garage sale, kid-friendly social

By Lindsey Enns

A Selkirk couple says their community's support is what's keeping them strong while their two-year-old daughter is battling brain cancer.

Doctors diagnosed Brenna Schellenberg with Medulloblastoma, a rare and aggressive form of brain tumour found in young children, on July 28.

The cancer has since spread to parts of Brenna's spine and last week she was receiving chemotherapy treatments at the Children's Hospital in Winnipeg.

Jason and Candace Schellenberg

say their daughter's diagnosis has not only shocked their family but the entire community.

"It went from our daughter having the stomach flu to a cancer diagnosis within a couple of hours," Candace said fighting back tears during a telephone interview with the *Record* last Thursday. "She was such a healthy little girl ... you would never guess she had cancer growing inside her."

Candace said the support they have been receiving from Selkirk and area has been incredible.

"We are so unbelievably touched,



SUBMITTED PHOTO

Two-year-old Brenna Schellenberg of Selkirk was diagnosed with a rare form of brain cancer on July 28.

overwhelmed by the incredible support that we have received from our village, from our supporters, from our little army," she said.

Candace, who runs her own business in Selkirk, and her husband have stopped working so they can be by Brenna's side.

Since news spread of Brenna's illness, the family has been receiving gift cards, gas cards, flowers, food and monetary donations. Neighbours have also offered to babysit their other two children, four-year-old Caleb and six-year-old Keira.

"We're such a close knit family," Candace said. "It's been the toughest thing we've ever had to go through."

Family friends are also helping organize a garage sale on Saturday, Sept.

24 from 8 a.m. to 4 p.m. at Selkirk Memorial Hall. Daytime donation drop offs are being accepted at True North Motors located at 43 Main St.

Monetary donations can also be made to "Team Brenna" at any Assiniboine Credit Union locations.

Kendall Krut and her mother Karen, who have known the family for nearly 10 years, are also putting on a hog and grog kid-friendly social on Saturday, Oct. 1 at the Selkirk Golf and Country Club. They are currently accepting silent auction prizes. For more information contact Kendall at 204-482-4637 or Karen at 204-485-7973.

People have also been showing their support on social media by using the hashtags "#GoTeamBrenna" and "#BrennaStrong."

"The community support has been overwhelming ... so I think that keeps them going so we're thankful for that," Kendall said, adding all of the money raised at the social will go directly to the family to help them cover costs.

"The more we can get the better," she said.

Candace said the community's support has been helping her and her husband get through this difficult time.

"Our local hub has really come together and supported us," she said.

The couple says they have been amazed by their little girl's "fighting spirit."

"If she gets a say she will beat this thing hands down," Candace said. "She's the toughest little cookie anyone of us has ever met. She has a personality that just draws you in and makes you smile."

"We're so very blessed to be her mom and dad."

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Yoga at the waterfront



RECORD PHOTOS BY LINDSEY ENNS

Jennifer David, pictured above left, of Lockport leads local yogis and beginners through the second annual Outdoor Yoga Flow at the Selkirk Waterfront last Sunday morning. Proceeds from the class were being donated to the Schellenberg family of Selkirk whose two-year-old daughter is currently battling brain cancer.



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BiG DOLLAR

Manitoba pet rescues teaming up for adoption days

By Dave Baxter

A local business is giving residents the opportunity to come out and get up-close-and-personal with a number of Manitoba's pet rescues next weekend.

"We really want to raise awareness about these pet rescue organizations," Canvasback Pet Supplies owner Carolyn Scramstad said last Thursday, while holding up her five-year-old pet Boston Terrier Kyle.

Canvasback will host the seventh annual Adoption Days in the lot of their pet supply business located at 1 Wellink Dr. in Lockport on Saturday, Sept. 10 from 11 a.m. to 5 p.m., and Sunday, Sept. 11 from noon until 5 p.m.

The event will see representatives from 17 Manitoba pet rescues come out with a few of their adoptable animals, and talk to residents about the work they do to help animals in need.

Guests can also inquire about the process of adopting an animal from any of the rescues.

Scramstad adopted her dog Kyle from the Boston Terrier and Pug Rescue of Southern Manitoba last year, and said she knows first-hand the hard and often thankless work that rescues do to get dogs, cats and other animals into good homes.



ABOVE LEFT: For the first time ever the annual Adoption Days at Canvasback Pet Supplies will include a Docdogs competition, which will see dogs compete in water jumping competitions in a number of competitive categories. ABOVE RIGHT: Carolyn Scramstad and her dog Kyle, which she adopted from the Boston Terrier and Pug Rescue of Southern Manitoba, are inviting people and their pets to come to the seventh annual Adoption Days at Canvasback Pet Supplies located at 1 Wellink Dr. in Lockport on Sept. 10 and Sept. 11.

"I feel a big part of this is the exposure it gives them," she said. "That's huge because a lot of times they are unknown, so it's good to be out and have your animals out and just have your faces seen out in the community."

The event also works as a fundraiser for the 17 rescues who come out and will include a silent auction. All the funds raised will be split evenly amongst the rescues.

For the first time ever, the event will see a Docdogs competition held in the lot, which will see dogs compete in water jumping competitions in a number of competitive categories.

Scramstad said Docdogs is a "new and exciting" addition to Adoption Days, and will take place every hour during the event.

Dog owners can register their own dogs to take part in Docdogs on both days.

The event will also give guests the chance to get their photo taken

with the Batmobile, a pet costume contest, cat and dog nail trims for \$10, along with a charity BBQ and concession sale.

Adoption Days is pet-friendly, so Canvasback is hoping that a whole lot of humans and their animals come and check it out.

"It's always very well attended, and we always find everyone is having a good time," Scramstad said.

For more information about the event contact Canvasback Pet Supplies 204-757-2701 or visit canvasbackpets.com.



SUBMITTED PHOTO AND RECORD PHOTO BY DAVE BAXTER

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Dog swim at Selkirk pool



RECORD PHOTO BY DAVE BAXTER

Sals Medeiros spent some time playing fetch with her dog Roscoe last Monday during the first-ever Dog Swim event at the Selkirk Park Pool and Splashpad on Monday afternoon. Residents were invited to come down to the pool with their dogs and spend some time in the water. The swim event was the last event at the pool this year and it is now closed for the season.

Selkirk to host Suicide Prevention Day walk Sept. 10

By Lindsey Enns

Dozens are gearing up to hit the streets of Selkirk to raise awareness during the sixth annual World Suicide Prevention Day Walk next week.

The walk is set for Saturday, Sept. 10 and will begin at the Gaynor Family Regional Library at 1 p.m. The walk will head down Manitoba Avenue to the Safeway parking lot before turning around and heading back to the local library.

Lacey Smith, along with her mother and two sisters, started organizing the walk in 2012 in an effort to raise awareness at the local level about the prevalence of suicide.

Smith said it's estimated that more than 80,000 people die by suicide every year world wide.

"Up to 25 times as many again make a suicide attempt," Smith added. "The tragic ripple effect means that there

are many, many more people who have been bereaved by suicide or have been close to someone who have tried to take his or her own life."

Smith said she's had friends who have taken their own lives or attempted suicide so the walk is near and dear to her heart.

"Fostering connections with those who have lost a loved one to suicide or have been suicidal themselves is crucial to furthering suicide prevention efforts," she said, adding it's important to check in on a loved one you might sense hasn't been them-

selves. "Checking in on people making sure they're OK could make all the difference."

"Social connectedness reduces the risk of suicide, so being there for someone who has become disconnected can be a life-saving act."

Smith said resources and informa-

tion will also be available before and after next week's walk.

Those seeking help or information can contact the Mood Disorders Association of Manitoba at 1-800-263-1460 or the Interlake Eastern Canadian Mental Health Association at 204-482-9723.

Walks along the waterfront



RECORD PHOTO BY LINDSEY ENNS

A woman walks her dog while checking out the Selkirk Waterfront Farmer's Market and D.O.G Days along the local waterfront last Wednesday afternoon. The last farmer's market and D.O.G Days was on Wednesday, Aug. 31.

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> 'IT NEVER SHOULD HAVE HAPPENED,' FROM PG. 1

Engraved in the monument are the names of 56 Manitobans who lost their lives due to impaired driving collisions.

Henley said to the crowd, many of which were friends and family members of Manitobans killed as a result of impaired driving, that he could empathize with the pain and hardship they have and continue to deal with.

"You carry it with you all your life," Henley said. "My father is 90-years-old and to this day it is something that bothers him every single day.

"It's caused heartache and it never should have happened."

Henley added that everyone should talk to their friends and family about the dangers of drinking and driving.

"Every chance you have in your life, when you are with family and friends talk about the evils and dangers of drinking and driving and please spread the word," Henley said.

Hundreds gathered to see the unveiling of the monument that now stands in the garden at Glen Eden Funeral Home and Cemetery, which sits along Main Street in West St. Paul.

MADD Winnipeg president Melody Bodnarchuk said the monument was created to give those who have lost loved ones to impaired driving "a peaceful place to go to remember their loved ones."

A pioneer in the fight against impaired driving also spoke to the crowd on Sunday and said the monument should be about celebrating memories.

Margaret Taylor started the first anti-impaired driving citizen action group in Canada back in 1981 following the death of her 16-year-old daughter Sara.

Taylor said she knows how many painful memories many in the crowd now live with, but she hoped Sunday could also be about celebrating happy



RECORD PHOTO BY DAVE BAXTER

West St. Paul Mayor Bruce Henley, pictured far right, who lost his brother due to an impaired driving related crash in 1975, spoke to the crowd that gathered last Sunday afternoon at the official unveiling of the Manitoba Memorial Monument at Glen Eden Funeral Home and Cemetery in West St. Paul.

memories.

"Time is not going to heal those

wounds," Taylor said to the crowd. "But time is going to teach us to live with them.

"Today I want to remember the other memories, the fun times, the happy times, birthday parties, celebrations, the little things you remember that make things come back so clearly.

"Those are the happy memories that I think we should keep remembering as well today, and we keep them right here," Taylor said while pointing to her heart.

Taylor received a standing ovation from the crowd in West St. Paul on Sunday.

After the unveiling of the memorial, guests walked to the Glen Eden Funeral Home where there was a symbolic candle lighting ceremony and all the names engraved on the monument were read out loud.

Only names of those whose families granted permission have had their names engraved on the monument.

MADD said they plan to have a memorial service and add names to the monument every year. To add someone's name contact maddwinnipeg@shaw.ca or leave a voicemail at 204-896-MADD (6233).

The monument now sits at the Glen Eden Funeral Home and Cemetery in West St. Paul at 4477 Main St. in West St. Paul, and visitors are welcome to visit the monument during the cemetery's visiting hours Monday through Sunday.



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Free event in Selkirk invites youth to try ringette

By Dave Baxter

Local ringette coaches and players are inviting children and youth to come to the Selkirk Rec Complex so they can hit the ice and give the sport a try.

The free Come Try Ringette event in Selkirk takes place at the Selkirk Rec Complex on Saturday, Sept. 17 starting at 1:15 p.m.

Girls and boys between the ages of three and 17 are invited to register and come to the event to try ringette, and learn more about the sport.

"What we are doing is trying to promote ringette in our area," Selkirk Ringette president Tracy Clegg said.

Ringette instructors will out be on the ice working with youth of all skill levels and all skating abilities. The event is open to all skill levels, and even those who have never skated before, Clegg said.

"It's totally free and you get an hour on the ice to try the sport," she said. "We have certified instructors run the event, and we have extra helpers for those who really can't skate."

Clegg added last year about 80 per cent of participants at the event in Selkirk were skating for the very first time.

"Nobody should be intimidated by their age or ability," she said. "We make this work for everyone, and a high percentage of kids are completely new to the ice."



RECORD PHOTO BY DAVE BAXTER

Tatum and Taryn Clegg-Morrisseau of St. Andrews both play ringette, and hope children and youth come learn about the sport at the Come Try Ringette event in Selkirk at the Selkirk Rec Complex on Saturday, Sept. 17.

"They will work on skating and passing and shooting, and we try to always have a goalie in the net so they can skate around and take shots on the goal."

After the hour on the ice, the event will hold an indoor floor ringette portion where participants can take sticks and rings and play the game on a hard

floor.

Clegg and others will also host an information session at the event to give parents and youth more information about the sport and all that goes into it.

"We answer questions and we talk about anything kids and parents want to talk about," Clegg said.

Clegg's daughters all play ringette, and she said although many boys and girls in Canada play hockey, ringette is a great alternative.

"Ringette is more of a fun-filled game, it's a team game," she said. "You have to use your team members more, and you can't do it on your own."

Clegg said the teamwork that is needed for ringette often leads to deep bonds between players.

"They grow together, and they stick together like glue."

She added ringette players often become strong skaters.

"We find their skating is strong because they are maneuvering quite a bit more."

Although ringette is often considered a sport for females, males are always welcome to come and participate, Clegg said.

Anyone that would like to register for the Come Try Ringette event in Selkirk on Sept. 17 can go to cometryringette.ca and search for Selkirk under events.

Anyone that would like more information can email Tracy Clegg at t.clegg@mymts.net.

Anyone that registers must bring their own pair of skates and a helmet if they have one.

Helmets can be provided at the event for those who don't have their own.

City seeks input on green spaces for parks strategy

Submitted

The City of Selkirk wants to hear your opinions on city parks, green spaces and trails as it works to develop a Parks Strategy that will be part of an overall Recreation Strategy.

Chris Carruthers, the city's director of culture, recreation and green transportation, said a Parks Survey – available online or at city offices, the Gordon Howard Centre and Gaynor Family Regional Library – will give citizens and other park users the opportunity to have their say in the future development of all city parks.

"The survey is in conjunction with the Parks Strategy that the city is developing. What we're looking for is input from the community to better understand what they want to see in our parks," Carruthers said. "We want to know what we do well, what we can improve upon and what the public would perhaps like to see in the parks."

Selkirk's CAO Duane Nicol says the

city's Parks Strategy will build upon the city's Recreation Strategy the city is set to release in the coming weeks.

"Our Parks Strategy will allow us to focus in on our parks and develop a long-term plan for them," Nicol said. "These plans will allow us to continue to improve our parks service today and for years to come, by making strategic investments and using our limited operating resources wisely."

The survey includes questions about parks, such as Selkirk Park, and the various neighbourhood parks, as well

as baseball diamonds, soccer fields, the waterfront, green spaces and paths and trails.

Carruthers said the city would also like to hear from user groups, like Tri-S Soccer and baseball and softball leagues, who also use city facilities.

The survey should take less than 10 minutes to complete, and contains questions on your park usage, including how often you visit parks, what time of day and what brings you to the park. Other questions include what activities you enjoy while at the park

and how you get to the park.

Carruthers said the results of the survey will be compiled and the city will then invite citizen participation in workshops to help define the Parks Strategy.

The survey is available online at my-selkirk.ca/parksurvey, or if you'd prefer to fill out a paper version, you can find them at the Civic Office at 200 Eaton Ave., Gordon Howard Centre or the Gaynor Family Regional Library.



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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

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Horse power comes to the rescue

Welcome folks.

Picking my way along the meandering path by the shore at Grand Marias on last Tuesdays' warm overcast afternoon, I could see a thin dark haired chap coming toward me pushing a bike that had a knap sack and fishing rod strapped to it. As we met on the trail I asked if he had any luck fishing.

He smiled and patted the knapsack saying, "Yea, I caught a couple." Our new angling brother, Bruce Johnston of Grand Beach was totally at ease in his three day old grey-black beard, tattered clothes and flip-flops. As we talked he jokingly went on about how every time he would fish off the Grand Beach "trestle" he would scour the gravel looking for the reel handle of his favorite rig he lost a month ago.

It reminded me of a friend who had more money than he could ever use in his lifetime but when he snagged and lost his favorite lure by the Lockport spillway he went into the water feeling around with his feet for over an hour until he found it.

Dodging cloud bursts later in the week I rambled on down the river road by the Selkirk's "blue bridge" till I saw some folks riverbank fishing.

Getting out of my car I was greeted by a vivacious lady with short curly graying hair and restless energy. Mary Ann Kokan-Nyhof was from Winnipeg and brought up a funny thing that happened when she was fishing by Opapiskaw in Nutimik Lake with her son Alex and nephew Gabriel. Gabriel caught a pickerel with minnow bait only to find a crayfish a little further inside it. They salvaged it and using it for bait caught many more fish.

Come Friday, I felt it was time for a visit to Hecla. At first, on the village pier, in the hot wind and hazy sun, I met a terrific Winnipeg family Yvonne and Rupert Toomer with their daughter Taslima. They've been fishing here



RECORD PHOTO BY ARNIE WEIDL
Rupert Tommer, left, daughter Taslima and wife Yvonne, far right, with some of their catch off the Hecla village pier.

for years and she remembered when a mother and son were fishing beside them and the son hooked his mom in the ear when he was casting. The hook was in deep so they had to go to Gimli to get it out but not long after they came back and kept right on fishing.

After I left the Tommers and was slowly driving to north Hecla my instinct told me there was still more to be told from here this time so I turned back and made for John Dziads' village store.

John, a tall man, strong in body and character with short wiry graying hair was standing behind his counter when I walked in. I explained my dissatisfaction asking if he knew someone with a fresh unusual fishing story. In his usual decisiveness he simply declared, "Ivan Grimolfson."

Moments later I was driving up Ivans' long driveway to his house which faced the lake. As I left my car I could see a fellow with a snow white beard and hair in the veranda rising to meet me. Ivan and I shook hands as a perfect breeze flowed through the veranda while we overlooked the vast expanse of Lake Winnipeg's turbulent waters. Then he shared a story when he and his wife Dolly were young.

One winter morning Ivan with his horse and sleigh-shack left here going across the ice to the west side of Black Island and started pulling nets "under." His neighbor Alex Johansson was doing the same close by. The water currents under the ice by Black Island are fast and forceful so when Ivan felt a shutter under his feet and a loud snap he became rigid and alert. Between him, his rig and Alex the ice opened up all around with water welling up some 20' across trapping him.

Back at the homestead later Dolly while working in the kitchen noticed Alex coming off the ice with his rig and Ivans' in tow. She started to wonder though when not long after that she saw Alex going back out onto the ice again with his horse pulling a boat. At dusk Ivan, Alex and the horse pulling the boat came off the ice. When Ivan came into the house Dolly asked what was going on. He just smiled responding, "Alex had to rescue me across some water."

Till next week friends, bye for now.

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Community foundation seeks Citizen of the Year noms

By Dave Baxter

The Selkirk and District Community Foundation (SDCF) is asking Tri-S residents to help them decide who should be named the 2016 Citizen of the Year.

The foundation's executive director Bev Clegg said they are now accepting nominations for their Citizen of the Year Award, which will be presented at an event at the Selkirk Golf and Country Club on Nov. 9.

The event in November will mark the 31st time the Citizen of the Year Award has been awarded in the Tri-S area.

Residents can now nominate anyone who resides in Selkirk, St. Andrews or

St. Clements that they believe fits the criteria for the award.

Nominations are to be done in the form of a letter that can be submitted to the foundation, and that letter should explain why a nominee should be considered for the award.

"It's a letter and writers have to follow some criteria, but it's basically explaining why the person they are nominating should be Citizen of the Year," Clegg said.

Letters are due by the end of September and the foundation has a selection committee that will go over all nomination letters and choose a recipient sometime in October, Clegg said.

An information criteria page is now set up on the foundation's website that explains to residents how to write and submit a letter, and specifics about what criteria they are looking for.

"It tells them what we are looking for from the letter, and asks them to explain how this person has made the community a better place," Clegg said.

On their website the foundation says the award is "to recognize an individual who through their own initiative, ability and effort has made an exemplary achievement in the area of St Andrews, St. Clements, and or Selkirk."

Charitable work, volunteering and

the giving of time or donations to community causes are just some of the ways residents have been considered for the award in the past, Clegg said.

Last year's recipient Fraser Stewart was honoured for the countless hours he has given to celebrate the heritage and history of the Tri-S area.

Stewart gave many volunteer hours to make the East Beaches Heritage Wing at the Grand Marais Community Central building a reality.

"It's work that people do with the goal of making our community a better place," Clegg said.

Nomination information can be found at sdcf.ca.

Winnipeg Beach festivals team up for traditional arts weekend

By Kaitlin Vitt

Two annual festivals in Winnipeg Beach are combining to host the BeachScape Harvest Festival Weekend Sept. 10 and 11.

For the past two years, SCAPE (Stronger Communities through Arts Participation for Everyone) put on the BeachScape Traditional Music and Arts Festival. Both years events were scheduled for outside, but the weather required organizers to move festivities indoors.

This year, BeachScape is combining with the Winnipeg Beach Fall Harvest Fest for a free two-day event. The festival runs 10 a.m. to 5 p.m. Sept. 10 and 11.

BeachScape fits with Harvest Fest, since there are many harvest traditions, said Susan Hammer, the festival's artistic director.

The BeachScape Harvest Festival celebrates traditional music, dance and arts. There are more than 25 performance and arts groups participat-

ing.

"I don't know of any other festival that is specifically traditional arts," Hammer said. "These are our roots. We're going back and we're looking at our roots and exploring that."

There will be music and dance from countries including Japan, Africa and Ireland. Arts groups participating in the festival include WAVE artists and the Lake Winnipeg Writers Group.

The groups involved will put on workshops and demonstrations audience members can participate in.

Performances will be around town, including at the outdoor bandstand, the second-hand store and the legion. There will be a market on Main Street and one in the legion.

"People can sort of wander around and go to see lots of different things," she said.

If it rains, events will be in the recreation centre.

Events run from 9 a.m. until 5 p.m. Saturday and Sunday. There are kids

activities, including a petting zoo and scarecrow-building contest.

There is a pancake breakfast Sept. 10 from 9 a.m. until noon at the community centre. Adults can eat for \$5 and kids under 12 for \$3. Proceeds go toward the Age Friendly community garden project.

Visit www.scape.name for information updated regularly about the festival.

Hammer started the festival in 2014. She plays traditional music from the United Kingdom. She said she had connections to others in the traditional arts community and thought it would be a good idea to host a festival.

She is also the

co-chair of SCAPE, the group partnering with Winnipeg Beach to host the festival.

"We are a not-for-profit group that believes in building stronger communities through making arts participation available for everyone," she said.

SCAPE hosts events throughout the year, including arts and music classes.

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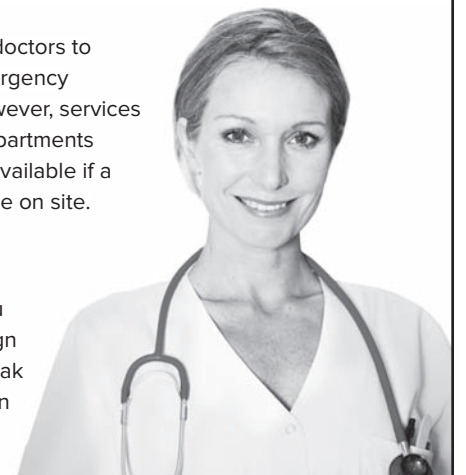
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Horse racing commission welcomes new board members

Staff

A new chair, vice-chair and directors have been appointed to the Manitoba Horse Racing Commission.

The board of directors for Manitoba Horse Racing Commission is responsible for overseeing all aspects of horse racing in the province to ensure that it is carried out in a manner that is fair and safe for all participants. The commission is established under the Horse Racing Commission Act to govern, direct, control and regulate horse racing and the operation of all racetracks in Manitoba.

Agriculture Minister Ralph Eichler announced said the new chair of the board is former board member Brett Arnason and the vice-chair is retired provincial sales tax auditor Peter Fuchs. Newly appointed directors are Darrell Stephansson, Robert King and Marg Homenuik.

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A second chance

Local volunteers helping refugee family from Sudan make a new life in Selkirk

By Lindsey Enns

A family from Sudan who spent the last 11 years living in a refugee camp is making a new life for themselves in Selkirk, thanks to a team of local volunteers.

Dozens of volunteers from multiple churches make up the Red River Churches Refugee Team, who helped bring seven refugees to Selkirk on July 27.

The team has been working together since February in an effort to help bring a family to Canada. The family includes mother Ache and her three sons Yaya, Habib, Awad and daughter Saida. Yaya is also joined by his wife Zara and their six-month-old baby girl Maisoune.

Maxine Clarke-Johnson of Selkirk, who is amongst the large group of volunteers, said the family is eager to learn English.

"The family is very, very eager to embrace the ways of their new country," said Clarke-Johnson, who has been spending lots of time with the family since they arrived. "The family is becoming more and more independent."

She added the family will be starting English lessons in Winnipeg in September.

"They're so grateful," she said. "They have blossomed. They are very comfortable and eager to embrace our way of life."

Since their arrival, the family has had multiple meetings in Winnipeg regarding obtaining their Canadian citizenship, meetings about education to determine which grades the teenagers will be going into and they have also been playing lots of soccer.

Yaya, who speaks some English, said the family is really enjoying living in Selkirk.

"I want to stay here in Selkirk," he said with a smile during a welcoming barbecue in Selkirk Park for the family and volunteers last Thursday evening.

"THEY ARE VERY COMFORTABLE AND EAGER TO EMBRACE OUR WAY OF LIFE."

Yaya said the family was forced to leave some of their family members behind at the refugee camp, which hasn't been easy.

"We remember them everyday," he said. "We're always thinking about our family there."

Yaya also told Albert, a volunteer interpreter who speaks Arabic, that the family never expected everyone in Selkirk to be so generous.

"The way they have been treated, that's something they were missing where they come from, so here it's just totally different," Albert said, adding the family is looking forward to learning English, going to school and getting jobs. "They want to speak the language first and move on with their lives."

Clarke-Johnson said the family is living in their own house in Selkirk and all of the contents of the home were donated.

"People have really helped them make it a home," she said. "They've been living in their own home since day one and various volunteers have been working with them on a daily basis."

Clarke-Johnson said the refugee team has committed to formally support the family for one year.

She added although the family is very thankful, the volunteers are getting lots out of the experience as well.

"There are so many positive things that have come from Selkirk volunteers stepping out of their comfort zones to help a family that were com-



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Zara smiles while helping her daughter Maisoune sip some water during a welcoming barbecue in Selkirk Park for the refugee family from Sudan hosted by the Red River Churches Refugee Team last Thursday evening. BELOW: A refugee family from Sudan enjoys some home cooked North American fare during a welcoming barbecue for the family in Selkirk Park last Thursday.



plete strangers," she said.

Don Forfar, chair of the Red River Churches Refugee Team, said they are always looking for more volunteers especially to help drive the family to

their appointments. For more information visit rrcrtteam.com.

"We're lucky we got a great little family," Forfar said. "They're lovely people."

The Selkirk Record

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Gimli's fighter jet heads to the hangar for repair



RECORD PHOTO BY PATRICIA BARRETT

Gimli's T-33 fighter jet sustained minor damage to one of its fuel tanks last week when a contractor working in the area accidentally hit it.

By Patricia Barrett

The T-33 fighter jet that sits high above First Avenue in Gimli sustained minor damage to one of its fuel tanks last week when a contractor working at Gimli Harbour for Fisheries and Oceans accidentally hit it.

The fuel tank is a "torpedo-like structure at the end of the wing," said Gimli's Mayor Randy Woroniuk, who fielded dozens of calls from the media over the weekend. "They crumpled the nose cone."

Woroniuk said the fuel tank sustained "minor damage" and that it may only require a bit of tin, re-riveting and painting.

"I've had half a dozen calls from people across the province offering parts," said the mayor.

Some of those calls came from folks

at the Western Aviation Museum, 17-Wing in Winnipeg and a man from Falcon Lake who has a T-33 in storage.

The town removed the plane from its pedestal and put it in storage.

"We do have insurance for it," said the mayor.

It's yet to be determined whether the contractor will offer to pay the deductible.

The fighter jet is an aeronautical relic from days past when the Royal Canadian Air Force used to train pilots at a base west of town.

The plane was presented to the town by CFB personnel to commemorate years of friendship and co-operation between 1943 and 1971, according to the commemorative plaque at the pedestal's base.

Walk honours lost loved ones



RECORD PHOTO BY LINDSEY ENNS

Dozens of walkers and runners were all smiles as they started the sixth annual St. Clements Church Memorial Walk/Run outside St. Clements Church last Sunday afternoon. This year's walk was dedicated to Dorothy Burzuik who passed away on Aug. 20 at the age of 91. Burzuik participated annually in the walk, which honours lost loved ones, and also helped raise thousands of dollars in pledges to maintain the historical St. Clements Church and cemetery.

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Pancakes with a purpose

RECORD PHOTO BY DAVE BAXTER



Anne LaTour and her grandson Owen Hnatiuk shared a breakfast of pancakes and sausages inside the historic Joe Simpson ship at the Marine Museum of Manitoba last Saturday morning. The museum in Selkirk has held a pancake breakfast twice a year for the last 20 years as a fundraiser. Officials with the museum said last Saturday's breakfast raised more than \$1,000.



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How To Spur Kids' Interest In The Arts

Art can enrich the lives of people young and old, male and female. The arts can introduce adults and children to different cultures and traditions, while also helping them to develop more fully as human beings.

While some may feel the benefits of the arts cannot be measured, the non-profit organization Americans for the Arts notes that kids who are involved in the arts are four times more likely to be recognized for academic achievement than kids who are not involved in the arts. And though mathematics and science may not be the first thing people associate with the arts, kids involved in the arts are four times more likely to participate in math and science fairs than kids who are not involved in the arts.

Parents can do a lot to make art a bigger part of their kids' lives. The following are some simple ways parents can bring more art into their kids' lives, courtesy of Americans for the Arts.

- Join in the fun. Parents can make art more fun for kids by playing music around the house and singing and dancing alongside their youngsters. In addition, read a book to or with your children and join in when they pursue other artistic endeavors, such as drawing or painting.

- Find local events. Many school districts have slashed their arts budgets in recent years, but parents can still find local arts events for kids in their communities. Peruse the local newspaper and other community-based periodicals for cultural events



The arts can benefit youngsters in various ways, but it's often up to parents to instill a love of the arts in their children.

for kids. Support local theater groups by attending performances with your children and explaining to them that the performers live in the community just like they do.

- Pitch in with local arts organizations. Local arts organizations typically rely on donations and volunteers to support their programs. Parents who want to instill a love of the arts in their children can help local organizations' fundraising efforts and even volunteer their time if the opportunity presents itself. If possible, take kids

along when volunteering so they can get some firsthand experience with the arts.

- Encourage kids' artistic pursuits. Some kids may decide to pursue artistic endeavors on their own, and parents can encourage such pursuits. Celebrate kids' participation in arts-based activities in school and in the community, recognizing their hard work in the same way you would acknowledge their successes in the classroom and in sports.

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FALL & WINTER ACTIVITIES & registration section 2016-2017

Combat-style Exercise Programs On The Rise

Exercise is an essential element of a healthy lifestyle. When combined with a healthy diet, exercise can help men and women maintain a healthy weight, delay the onset of certain diseases and improve overall health.

To ensure they get enough exercise, many people join a gym. But as popular as gyms are, many individuals have a narrow view of what constitutes a thorough "gym" workout. They may believe they'll spend their entire time like a hamster in a wheel on the treadmill or may be intimidated by the rows of machines before them. Fortunately, today's gyms are much more than weight benches and elliptical machines. Many boast an array of fitness classes, and a great many more offer martial arts and combat-style classes. Such offerings attract fitness enthusiasts who may be looking for a workout with an edge. What's more, these types of routines can help increase stamina and strength all while reducing stress.

Kickboxing classes, bootcamp, high-intensity interval training, and mixed martial arts are just a few of the programs on the rise in today's gyms. The following is a brief look at some of the popular class offerings at gyms

around the country.

Mixed martial arts (MMA)

MMA is one of the fastest-growing sports in the world. MMA combines various styles of fighting in a no-holds-barred style of combat. Punching, kicking and classic martial arts moves are part of MMA. Wrestling may be thrown in for added fun as well. Fitness classes geared around MMA will incorporate many of the moves without the actual combat taking place. Therefore, expect to push muscles and flexibility to their peak.

Kickboxing

Kickboxing classes will pit you against a punching bag. You will learn proper punching stances and will work to improve balance and movement. People may believe only the legs and arms get a workout during kickboxing, but your core muscles do their part to help you keep your footing and put power behind your kicks and punches. Some kickboxing trainers will mix intervals into the training, providing additional core work and cardiovascular exercise.

Krav Maga

Krav Maga class may entice self-defense tactic enthusiasts. Krav Maga employs techniques from martial arts



disciplines but includes some self-defense moves as well. Classes will not only teach participants how to defend themselves from attacks, but will also work on agility and strength.

Boxing

For anyone who has ever wanted to channel their inner Rocky Balboa, boxing classes may be just the fit. Boxing will work many of the same muscle groups as kickboxing, but without the roundhouse kicks. Boxing can be a super stress-buster, and many people underestimate just how much they'll work up a sweat while in the ring or going one-on-one with a bag.

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FALL & WINTER ACTIVITIES & registration section 2016-2017

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According to the American Diabetes Association, as men and women age their risk for type 2 diabetes increases. Diabetes develops when the amount of sugar in a person's blood is too high. When a person has type 2 diabetes, his or her body does not respond to insulin, a hormone that regulates the amount of glucose, a type of

sugar, in the blood. Aging makes the body less accepting of sugars, thereby making aging men and women more susceptible to type 2 diabetes. But just because aging is an uncontrollable risk factor for type 2 diabetes does not mean men and women over 50 cannot take steps to reduce their risk. The ADA advises that routine exercise and a healthy diet that is low in saturated and

trans fat and moderate in salt and sugar can help men and women stay healthy and lower their risk for type 2 diabetes. A healthy meal plan should include lean protein, non-starchy vegetables, whole grains, healthy fats and fruit. In addition, men and women young and old who want to decrease their risk for type 2 diabetes should avoid sugar-sweetened beverages such as soda, sports drinks, sweet tea, and fruit punch.



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Wet weather wrecks havoc on some crops, helps others

By Dave Baxter

One local farmer says some crops are suffering while others are thriving due to this summer's wet weather.

East Selkirk based farmer and former Keystone Agricultural Producers president Doug Chorney said there has been high amounts of precipitation all over Manitoba so far this growing season.

"We've had what I would call extremely wet conditions throughout the growing season," Chorney said last week, while checking out the weather station that sits on his property and measures precipitation, among other things.

Manitoba Agriculture places weather stations all over Manitoba to collect data for farmers and Chorney volunteered part of his land to house one of those stations.

The section of that weather station that measures precipitation is measuring "164 per cent of normal precipitation between Apr. 5 and Aug. 25," according to Chorney.

"So that is a good indicator that this growing season has been a lot wetter than we remember and because of that we have seen damage to crops in our area," he said.

Two crops that have been negatively affected are canola and barley, Chorney added.

"Certainly canola crops have been greatly affected by high moisture because they do not tolerate moisture well," he said.

About 25 per cent of his own canola crop this growing season is currently "very poor," Chorney said.

Wet weather also means some local farmers have not been able to seed



RECORD PHOTO BY DAVE BAXTER

The weather station that sits on Doug Chorney's farm in East Selkirk is showing 164 per cent of normal precipitation between Apr. 5 and Aug. 25 of this year, according to Chorney.

their fields.

"We have several thousands of acres of land around the Selkirk area that have not been seeded this summer because it was just too wet."

Excess Moisture Insurance (EMI) can be acquired when wet weather doesn't allow producers to seed their fields, but Chorney said EMI is never something farmers go into the growing season wanting to use.

"You will be able to collect if you can't seed your crop, but those dollars really don't go very far, in terms

of land costs and weed control costs," Chorney said. "When you compare that to growing a crop it is not an at-

tractive option for farmers, and if you have too many years of EMI collection, you're not going to be farming for very long.

"Everybody wants to grow a crop."

Chorney added there are often other losses involved with unseeded land, including the fact seed has typically already been purchased before producers realize it can't be used.

But it hasn't been all bad news for local farmers this growing season. Chorney said both winter wheat and spring wheat are doing well this season, and soybean crops are actually thriving with the wet weather.

"We've had some good crops," he said. "Winter wheat has done quite well and spring wheat crops are doing well, and I would say soybeans are doing very well."

"We have a lot of soybean growers in this region, and they seem to be the most resilient to this type of weather."

Moving into September, Chorney said the best outcome for Manitoba farmers would be a lot less precipitation and some consistent warm and dry weather.

"We really would like to see hot and dry weather for about a month-and-a-half at least," Chorney said.

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The Selkirk Record

School division struggling with declining enrolment

LSSD will be down another 47 students this school year

By Lindsey Enns

The Lord Selkirk School Division's (LSSD) declining enrolment will continue to be a challenge this school year as students get ready to head back to class.

LSSD Supt. Scott Kwasnitza says the division has been experiencing "a steady slow decline in enrolment" for several years forcing them to make some adjustments, which have included some new hires.

"We're always looking to reverse that trend," Kwasnitza said. "Overall the staffing remains the same."

This year's projected enrolment is 4,083 students, down by 47 students from Sept. 30, 2015.

Last year's projected enrolment was 4,109 students, down by 80 students from Sept. 30, 2014.

For school division's across the province, less students translates into less government funding, school board chair Jean Oliver said.

"That's always a big concern for us," Oliver said. "Not knowing the funding from the government is a big question for all of us."

The division is also struggling to meet the province's 20K3 class size initiative, which aims to cap kindergarten classes at 20 students by 2017.

Although 83 per cent of the division's K-3 classes are currently at 20 students or less, up from 75 per cent last year, the division is still facing challenges when it comes to staffing and space.

"We have to maintain these small class sizes but if our funding drops that makes it more of a challenge," Kwasnitza said. "We're very close at that 90 per cent that we're expected to be at by next September."

Kwasnitza said the division would also support a review of the current education funding model.



RECORD FILE PHOTOS BY LINDSEY ENNS

ABOVE LEFT: Declining enrolment continues to be a challenge for the Lord Selkirk School Division. This year the division will be down another 47 students. ABOVE RIGHT: The Lord Selkirk School Division would like to remind motorists that local and area school zone speed limits came back into affect on Sept. 1. Students go back to school on Sept. 7 and 8.

"We want fairness and equity for kids across the province," he said. "Although our funding hasn't gone up, it hasn't gone down either."

In March, school board trustees approved a \$58 million 2016-17 budget along with a 5.76 per cent tax hike. Similar to years prior, staff salaries made up more than 80 per cent of the budget.

The average salary for a full time teacher within the LSSD as of June 2015 was \$82,411, according to the LSSD.

Although Kwasnitza didn't want to speculate if staff cuts could be on the horizon for the school division, it will depend on government funding.

"We've maintained our staff but we've added support staff to meet the needs of the community," Kwasnitza said.

Kwasnitza said the division will welcome 18 new teachers this year, which brings them to 355.75 full time staff, an increase of 2.4 from 2015-16.

Robert Smith School will also have a new full-time vice principal this school year and Trish Glass has been named the division's new assistant superintendent.

Glass's position will focus on student services, Kwasnitza said.

A number of summer capital proj-

ects are also wrapping up throughout the school division.

Last week crews were finishing up the resurfacing of the track outside the Comp. The previous track was 13 years old and the project came with a \$390,000 price tag. The Comp is also receiving a second floor roof replacement.

Centennial and Ruth Hooker schools also received a gym floor replacement and a grooming room for students living with disabilities has also been installed at St. Andrews School. The nearly \$230,000 grooming room was funded by the provincial government.

A dozen smartboards have now been installed at various elementary schools throughout the division and 275 new lap tops for students were also distributed division-wide.

This year the LSSD will embark on the first phase of the implementation of a transportation management system to look at efficiencies within the division's bus routes. The next phase involves GPS tracking for all of the division's buses. Kwasnitza said in the future they hope to have mobile apps for student tracking.

"If a parent wanted to know 'where is my child?' they could use a mobile app ... even further down the road there could be a computer check in system,"

he said, adding all of this would be subject to board approval.

Later this year the LSSD will also be celebrating its 50th anniversary.

Oliver said plans are still being finalized but they will mark the occasion in April with a pancake breakfast at the Comp followed by tours of the schools and a wine and cheese in the evening.

"It's going to be interesting for former teachers and students," Oliver said.

With the next provincial school board election set to be held in 2018, Oliver encourages anyone interested in running to start attending board meetings as soon as possible.

"Now would be their time to start coming to the odd meeting," Oliver said, adding she doesn't plan on running again. "I've spent 25 years as a trustee and you need young people with families going to school."

School board meetings are held every first and third Tuesday of the month starting at 7 p.m. at the LSSD Board Office located at 205 Mercy St. Board meetings are open to the public.

Students in kindergarten to Grade 10 head back to school on Wednesday, Sept. 7 while those in Grade 11 and 12 have their first official day Thursday, Sept. 8.

Preparation is key when it comes to back to school: IERHA

By Lindsey Enns

Preparation is key when it comes to getting students ready for back to school, according to the Interlake-Eastern Regional Health Authority (IERHA).

Maxine Zasitko, the IERHA's central region's public health clinical team manager said the earlier parents and guardians can get their little ones back into their normal sleep routine the better.

"As we know when children are on summer holidays, and parents are taking some holidays, children are not in the same routine that they normally would be throughout the school year," Zasitko said. "So it's important that parents are able to start introducing a sleep routine about 10 days or at least a week before school starts."

Zasitko recommends school aged children to get to bed at least half an hour earlier before school starts than

they normally would be in the summertime.

On average, school aged children need about 10 hours of sleep, while teens and youth need between nine and 10 and adults require seven to eight hours of sleep, she said.

"If children are going into new school they're definitely going to be excited ... so having that sleep routine in advance will really help," she said adding the more well-rested the child the bet-

ter they can perform throughout the school day.

Zasitko added it's also important to get children back on a healthy and nutritious diet which includes lots of protein and fresh fruits and vegetables.

With fall just around the corner, Zasitko also wanted to remind parents and guardians to ensure their child's shots are up to date. Proper hand washing is also important as cold and flu season approaches.

Manitoba's opt-out of Fish Marketing Act met with mixed reviews

By Patricia Barrett

The provincial government signalled its intent to opt out of the Freshwater Fish Marketing Act in order to provide commercial fishers with the option of marketing their own fish.

The announcement was made during a press conference Aug. 16 at Gimli Harbour.

The Freshwater Fish Marketing Corporation (FFMC), a federal Crown agency, sells prime species caught by Manitoba's commercial fishers and pays them a set price.

Giving fishers the option to compete on the open market will potentially "maximize their economic potential," according to the province.

"Our government made a commitment to pursuing choice in marketing in Manitoba's freshwater fish," said Rick Wowchuk, Swan River MLA and legislative assistant to the Minister of Sustainable Development Cathy Cox. "We made this commitment because we believe there's potential to increase fishers' incomes by allowing the choice of marketing their own product to the world's seafood market."

Wowchuk said commercial fishing is an important part of the provincial economy.

"Currently, the commercial fishery generates \$21 million in direct income for fishers in Manitoba each year."

He did not provide an estimate as to how a dual-marketing system might improve that income.

Selkirk-Interlake-Eastman MP James Bezan, who attended the press confer-



RECORD PHOTO BY PATRICIA BARRETT

The provincial government has signalled its intent to opt out of the Freshwater Fish Marketing Act in order to provide commercial fishers with the option to market their own fish. Norway House First Nation Chief Ron Evans, pictured left, says his community will continue to work with Freshwater Fish Marketing Corporation while exploring other options for selling rough fish.

ence, said the opt-out process could take about 12 months.

"...Alberta, Saskatchewan and north-western Ontario have already done this," said Bezan. All it takes...is a 12-month notice to leave. There's absolutely nothing stopping the federal Liberals from moving quicker on that."

Bezan said the provincial move will help Manitoba's fishers.

"The reality is," he said, "is that FFMC hasn't been doing the job for our fishers, and the only thing that prevented us from getting it done sooner was the huge liability the FFMC presents to the federal government because they have so many carried-forward losses over

the years."

Bezan said the opt-out process will give fishers time to look into other options for selling their fish.

"This gives us plenty of time to attract new investors and new buyers," he said. "And I know there are a lot of local entrepreneurs interested in setting up their own rural-based fish plants."

Lake Winnipegosis commercial fisher James Olson said he has no doubt that fishers will make a go at finding buyers, including those in Asia and America.

He himself was once part of a Co-op that used to sell mullets to the U.S.

"...they paid us exactly twice what we got from Freshwater per kilogram,"

said Olson, whose great-grandfather came to Canada with the first wave of Icelandic settlers and died while fishing on Lake Winnipeg in 1885.

Olson said Schafer Fisheries in Illinois has expressed interest in Manitoba's fish and hiring locals to process it.

"...he told us he would love to come up here, build a plant and process the fish..." said Olson, who started fishing in 1963 with his dad.

Olson said giving fishers the option to market their own fish will reduce the waste of rough or "garbage" fish, species that are hauled up in the nets with "marketable" fish, but which the FFMC doesn't sell.

Olson said Schafer Fisheries is interested in purchasing rough fish such as suckers and turning them into fish fertilizer for the American market.

"There could be money in suckers," said Olson. "And nothing wasted."

Fishers on Lake Manitoba will also be likely to embrace the entrepreneurial spirit. Earlier this year, fishers in St. Laurent proposed building their own fish plant.

"I'm unbelievably excited," said RM Coldwell councillor Amanda Stevenson, who is a fisher herself and president of the WMM Fisheries Co-op, which came under fire from the province and the FFMC in 2011 for finding a rough fish buyer in the U.S. "I don't have words almost for how excited I am."

Stevenson said the provincial opt-out will allow fishers to find new markets and improve their earning potential.

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Group sheds light on forced organ harvesting in China



RECORD PHOTO BY BRETT MITCHELL

Toronto-based Falun Gong practitioners, pictured above during their stop in Selkirk on Aug. 22, are driving across Canada holding press conferences to raise awareness and to get petitions signed to urge Canadians to condemn the alleged practice of forced organ harvesting in China. Earlier this year, the U.S. Congress passed a resolution in the House condemning state-sanctioned forced organ harvesting and called on China to "end the practice of organ harvesting from all prisoners of conscience." It also called on China to stop persecuting Falun Gong practitioners. Falun Gong is a Chinese spiritual practice that combines meditation and exercises with a moral philosophy centered on truthfulness and compassion. For more information, visit faluninfo.net.

Letters

Who's making the decisions within the Interlake-Eastern Regional Health Authority?

Dear Editor:

It has been reported in local papers the Interlake Eastern Regional Health Authority (IERHA) is closing nine hospital emergency departments (E.D.) on a rotational basis. The E.D. services will be opened and closed on a revolving basis, determined by a handful of Drs. (reported earlier in the year) and the CEO Mr. Ron van Denakker, with the blessings of the health board of directors. The notice of which E.D.s are open/closed will be publicized through various means to the public. It is promised that at least once a month each of the E.R. departments will be open. The rotational E.R. closure/openings is to begin Sept. 6, 2016.

Up to this point if a doctor was not available for E.D. duties, professional nurse-managed personnel staffed the E.R.s. This ensured all our E.R.s were open. The nurse-managed approach has been working very well for the last three years.

The public has been reassured our hospitals will not close, patient safety will not deteriorate. It appears that the few doctors, our health board of directors and C.E.O. are all very content with their decision.

"It's not the best but it will have to do." Did the IERHA consult with the public and/or the nurses and supporting staff people within the nine hospitals? Due to this decision there must be dreadful working relations between doctors and staff personnel.

Even the M.L.A.s in the region and our premier think this rotational E.R. closures is a good thing. Our premier has promised that quality and outstanding health services will be maintained at a high level. He has repeatedly promised our health care services will be much better than anything we have had in the past.

The discussion about the issue of rotational E.R. services is quickly diverted into a conversation about a doctor's shortage. Does this mean other health regions will adopt rotational E.R. closures? Doctor's shortage has been a chronic challenge. The shortage of doctors is a reality unlikely to change. The rotational closures/open of E.R. is not related to doctor shortage. It is connected to a few doctors putting pressure on our IERHA.

Very few people are supporting this

approach to E.D. health care services. Just envision if a person is suffering a heart attack, a stroke, a vehicle accident, the list goes on, it is assumed that somehow they will know which E.R.s are open or closed. When time is of the essence who will be available to evaluate a person's emergency health issue? Who makes the call for referrals to other hospitals, tests, treatment, emergency surgery...do we leave those decisions & actions to family, RCMP, a passing motorist, emergency services personnel, and who calls for STARS services? Who pays for this abandoning of ER services?

This approach to health care services will influence legal actions taken against the IERHA and other levels of government. The only group not included in legal action will be the Doctors because she/he won't be there!

Common sense tells us nurse-managed care in the E.R.s when a Doctor is not available, which has worked for the last three years, is the better decision than rotational openings and closures of E.R.s.

The Collage of Physicians & Surgeons of MB (CPSM) is the strongest union in our province, and we can be assured they do not want nurse-managed services in any emergency departments. We have a few doctors negotiating and steering the IERHA board of directors, C.E.O., and elected officials in a direction they want us to go. Improved health care services do not mean relying on one group of professionals (Doctors) to advance the overall quality of care. Who's making the decisions within our regional health authority: the doctors, the C.E.O., the board directors, the CPSM, or the province? All involved work together, but how is it that a small group of doctors can cause the rotational closing and opening of nine hospital E.D.s?

This is a substantial miscue by the members of the IERHA board and the C.E.O. of our regional health authority. Their leadership and decision making is not at all progressive in providing quality emergency department health care services.

Yours truly,
E.J. Wood
Stonewall, Man.

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Hunting season officially opens in Manitoba

Submitted

Monday marked the opening day for many of Manitoba's traditional fall hunting seasons, which signals the arrival of autumn in our province.

While that may be a bummer to some, it's welcome news for the thousands of people who will be taking to Manitoba's forests and fields.

For the past several years, and once again this year, the last Monday in August has been opening day for Manitoba's provincially licensed seasons for black bear, barren-ground caribou, wolf, and coyote, as well as archery season for elk, and for whitetail deer and moose in certain areas. (Note: see table below for complete list).

On Thursday, Sept. 1 the resident waterfowl season will open in southern Manitoba for ducks, crane and geese while the upland bird season opens that same day in northern Manitoba for species like grouse and ptarmigan.

"We would like to wish good luck to all the hunters – residents and visitors alike – who are taking to the field today, and we remind them all to hunt legally, ethically and responsibly," said Paul Turenne, executive director of the Manitoba Lodges and Outfitters Association. "From our perspective, all hunters from all walks of life are valued members of our community or welcome visitors in our province, whatever the case may be, so long as they are passionate about the outdoors, care about the sustainability of our wildlife populations, and hunt legally and respectfully."

The MLOA condemns poaching and all other wildlife violations, and urges any hunter who spots a violation in the field to contact the province's Turn In Poachers hotline at 1-800-782-0076.

Hunting in Manitoba provides a critical source of healthy, organic meat, to thousands of people; assists our provincial biologists with wildlife management, has a tremendously positive impact on our rural and northern economies, and raises government revenue through license sales and taxes, which is reinvested into the management of our fish and wildlife resources.

Manitoba landlords urged to apply for housing improvement program

Staff

Eligible landlords are encouraged to apply for funding under the Rental Housing Improvement Program to help ensure their properties provide safe and appropriate housing.

Private landlords and housing co-operatives in Manitoba can apply for up to \$24,000 per unit to make any repairs needed to bring the property up to minimum levels of health and safety, including structural, heating, electrical, plumbing and fire-related issues. The available funding increases to \$28,000 per unit for properties in northern Manitoba. Once renovations are complete, the landlord must rent the units to lower-income tenants.

Local landlords can attend an information session on Sept. 6 at 6:30 p.m. at the Selkirk Community Renewal Corporation. For more information, visit gov.mb.ca/housing/mh/progs/rhip_rfa.html. The deadline to apply is Sept. 26.

Serving up rootbeers, burgers to beat MS



RECORD PHOTO BY MICHELLE BALHARRY

Grahme MacFarlane of Selkirk's A&W location and Brett Mitchell of the Selkirk Record serve up some frosty rootbeers during lunch hour last Thursday during the annual Burgers to Beat MS Fundraiser. Last Thursday, \$1 from every Teen Burger purchased across Canada went towards the MS Society of Canada.



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Roasted tomatoes



4 medium ripe tomatoes, cut in half
2 tbsp (25 ml) canola oil
1/4 cup (50 ml) finely chopped red onion
1 clove garlic, minced
1/2 tsp (2 ml) black pepper
1/3 cup (75 ml) fresh bread crumbs
1 tbsp (15 ml) chopped fresh flat leaf

parsley
1 tbsp (15 ml) chopped fresh basil
1 tbsp (15 ml) chopped fresh oregano
Directions:
Place tomato halves on foil-lined baking sheet. Drizzle each half with canola oil.
In small bowl, combine red onion, garlic, pepper and bread crumbs. Stir to combine ingredients. Sprinkle mixture over cut sides of the tomatoes.
Roast tomatoes at 350 °F (180 °C) for 45-60 minutes, or until tomatoes are very tender. Sprinkle fresh herbs over tomatoes and serve immediately.

Spiced red cabbage and apple



10 mL (2 tsp) canola oil
1 onion, grated
2 small cloves garlic, minced
Half a red cabbage, about 625 g/1
1/4 lb, thinly sliced or shredded
2 apples, cored and shredded (such as Northern Spy or Cortland)
125 mL (1/2 cup) vegetable or chicken broth
60 mL (1/4 cup) apple cider vinegar

15 mL (1 tbsp) packed brown sugar
1 cinnamon stick, broken in half
2 mL (1/2 tsp) dried dill weed or 10 mL (2 tsp) chopped fresh dill
1 mL (1/4 tsp) each ground cloves and nutmeg
Freshly ground black pepper
Directions
In large shallow saucepan, heat oil over medium high heat and cook onion and garlic for 2 minutes or until starting to become golden.
Stir in cabbage and apple. Remove from heat and add vegetable broth, vinegar, sugar, cinnamon, dill, cloves and nutmeg. Stir to coat well; cover and place in 200 C (400 F) oven for about 55 minutes or until cabbage is tender. Season with pepper to taste before serving.

Citrus Recado Chicken Breasts



Serves 4
2 garlic cloves, crushed
1 teaspoon chili powder
1/2 teaspoon dried oregano
1/2 teaspoon dried thyme
1/2 teaspoon ground cumin
1/2 teaspoon ground coriander
1/2 teaspoon black pepper
1/4 teaspoon ground cinnamon
1 tablespoon dark brown sugar
2 tablespoons canola oil
2 tablespoons fresh lime juice
1/4 cup orange juice
4 boneless chicken breast halves, slashed (see below)
Salt

1 recipe Avocado Mango Salsa (optional)
Combine garlic, chili powder, oregano, thyme, cumin, coriander, pepper, cinnamon, sugar, oil, lime juice, and orange juice. Add chicken and toss to coat evenly. Cover and refrigerate for 30 minutes, turning once. Grill according to instructions below. Sprinkle with salt. Serve hot with avocado mango salsa if you prefer.

Outdoor grill: Grill skin-side down over medium-hot coals until skin is crisp, 7 minutes. Turn and continue grilling until chicken is opaque with no trace of pink, another 5 minutes.

Indoor grill: Preheat broiler. Broil skin-side up until skin is crisp, 7 minutes. Turn and continue cooking until chicken is opaque with no trace of pink, another 5 minutes.

To slash the chicken breasts: With a sharp knife, cut 3 parallel slashes through the skin, about 1/4-inch deep.

Marinate chicken up to 2 hours in advance. Cover and refrigerate, turning several times in marinade.

Avocado Mango Salsa
Makes 12/3 cups
1 mango, finely diced

1 avocado, peeled, halved, pitted, and finely diced
1/2 red onion, finely chopped
1 red chile, seeded and finely chopped
1 tablespoon fresh lime juice
1 tablespoon red wine vinegar
2 tablespoons olive oil
2 tablespoons finely chopped mint leaves
Salt
Tabasco®

Combine mango, avocado, onion, chile, lime juice, vinegar, oil, and mint. Add salt and Tabasco® to taste. Cover and let stand for 30 minutes at room temperature to allow flavors to blend. Serve chilled or at room temperature.

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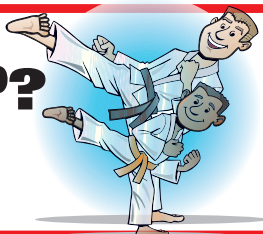
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INSIDE > OUTSIDE > UPSIDE DOWN

Tri-S striking down the competition in MMSL action

By Brian Bowman

The Tri-S Strike Force played some great soccer in August but could not make up any ground on the top two teams in Division 5 of the Manitoba Major Soccer League standings.

Despite finishing the month with a 3-1-1 record, Tri-S will wrap up their regular season in third place in the 10-team division.

Last week, the Strike Force blanked Mobb United 2-0 on Aug. 24 and then tied Liberty FC Winnipeg 1-1 last Sunday.

"We've been playing great soccer all year," said Tri-S player/coach Kris Pellaers. "But we're a little bit disappointed in not moving up a division. There were a couple of games that we should have won and we let it go and the other team came back and tied it."

At press time, Tri-S had a 9-3-4 record and 30 points to sit in sole possession of third place. The Strike Force trailed just Inter Milan (12-1-2) and Mobb United (12-3-1) in the division standings.

"We haven't been able to shake off that third-place spot," Pellaers said.

"We just haven't had any luck around the net and I have had lots of chances but haven't been able to put them away."

Tri-S will host last-place Mutiny FC this Friday at the Selkirk Rec Complex. Game time is 6:30 p.m. The Strike Force will then wrap up their regular season one week later against Mutiny FC at Shaughnessy Park in north Winnipeg.

Start time for that one is 10 p.m.

Tri-S will hope to score plenty of goals in those two games against Mutiny FC. They would also like to build on their confidence heading into what, they hope, is a lengthy playoff push.

"We have a real good shot at going real far in the playoffs and winning it all," Pellaers said confidently. "We beat Mobb (United) and we had Inter Milan but let them back in the game before tying."

"We can beat every team in our division but we just have to come out and play."

Meanwhile, Selkirk FC played Borussia Dortmund in Division 2 ac-



RECORD PHOTO BY LANA MEIER

Tri-S Strike Force's Tyler Golden, right, battles for the ball against Liberty FC Winnipeg during MMSL Division 5 action Sunday in Winnipeg.

tion this past Tuesday evening but no score was available at press time.

Selkirk FC has a light schedule in the next few weeks to end their reg-

ular season. The local club will host United Weston FC on Sept. 11 (6 p.m.) and then will clash with the Kildonan Athletic Club on Sept. 20 (8:30 p.m.).

Hughes excited to lead Steelers this season

By Brian Bowman

There is plenty of excitement around town as the Selkirk Steelers begin their 50th anniversary season this weekend with the team's annual rookie camp.

Dustin Hughes, the Steelers' new head coach, is a little extra excited.

The former Steelers' player will start his first season as a junior hockey head coach. He will be assisted on the bench by associate coach Jeff Mitchell.

"I'm excited to get going with this group, which I was with at the end of last year," said Hughes. "I know a lot of the guys and I've been in contact with them throughout the summer and we have some new faces coming in as well."

The Steelers have the potential to have 21 players return to the team this season. That's a phenomenally high number for any junior team, which obviously doesn't leave much room for new players.

Still, if those younger guys can make an impression this weekend, some

veterans are going to have to really step up their game at the Steelers' main camp.

"We do have a lot of guys returning and a lot of motivated individuals," Hughes said. "And we'll have some younger guys come in and fill in those remaining spots and provide some new enthusiasm for the group."

Hughes was a very good junior hockey player, who later suited up for the Manitoba Bisons and, more recently, competed for the Allan Cup. He feels he has a good handle on what it's like to be a player and a coach.

"I try to look at it from both sides and, ultimately, I want what's best for my team and the players," he said. "My job is to get the best out of the group and, I think for the most part, guys understand what my expectations are going into this year."

Expectations around Selkirk are high for this year's club. Steelers' GM Ken Petrash has stressed that he wants this team to be a winner on the ice for the club's 50th anniversary.

"There's hoping and there's believing," Hughes said. "Some people look at that as being the same thing, but the reality is that they are far different. You have to believe that you are going to win."

"If you just hope to win the game, it may go for you and it may not, but if you believe that you are going to win

then chances are that you are going to have success."

The Steelers will host the Steinbach Pistons in a rookie game this Tuesday at the Selkirk Rec Complex (7:30 p.m.) and then will have a pair of intrasquad games on Wednesday and Thursday. On Friday, the Winnipeg Blues will visit Selkirk.

Selkirk places third in Rural Division of Men's Provincial Interclub Championship

Staff

The Selkirk Golf & Country Club's team of Mark Starodub, Len Heft, Scott Salmon, and Ryan Coffin placed third in the Rural Division at the Men's Provincial Interclub Championship in Traverse Bay on Aug. 23.

Selkirk finished with a 32-over 248, which was behind only Minnewasta (224) and Beauty Bay (242).

Rounding out the eight-team rural championship were Carman (253), Kenora (261), Links at the Lake (261), Winkler (262) and Grand Pines (277).

Individually, Coffin finished in a three-way tie for seventh after shooting a 4-over 76 while Starodub tied for 18th overall after carding an 80. Heft shot a 92 to place 45th while Salmon had a 97 to finish in a tie for 50th.

Selkirk slopitch league wraps up for another season

Staff

The local Selkirk slopitch league wrapped up play for another season recently at the Selkirk Rec Complex.

The male and female most valuable players for each division included Division 1 (Chris Carver, Tracey Tesch), Division 2 (Dave Harder, Shayla Kostaniuk), Division 3 Cameron Sokoloski, Lacie Liebrecht), and Division 4 (Les Sanderson, Steph Tynski).

Chevy's picks for the most sportsmanlike team were Division 1 (Shipjumpers), Division 2 (Boston Brutes), Division 3 (Loaded Bases), and Division 4 (Real Steel).

The regular-season champions from this past season were New Era, Brew Crew, Ganggreen and Slide on In.

Meanwhile, Terri Ryan and Steve Lam wanted to thank all league sponsors - Boston Pizza Selkirk, Keystone Source for Sports, Pace Electric, Snap Fitness, Big Chad, the Merch, Steeltown Ford, and Labatts.

Lam also wanted to give a huge shout out to the City of Selkirk for all their hard work this season and to Greg Hirst for building the bridge to the diamonds.



RECORD PHOTOS SUBMITTED

New Era Division 1 champions - Justin Pikel, Wendell Ogimaa Sinclair, Chris Monkman, Matt Sopher, Devren Dear, Evan Walsh, Brent Howarth, Kyle Howarth. Front row: Cassie Bujan, Bohdina Cook, Tracey Tesch. Missing is Brittany Zahayko.



Old Dawgs New Tricks Division 2 champions - Rob Kushner, Ryan Chevrefils, Derek Pietsch, Nick Germain, Mike Munday, Jeremy Kuminick, and Guy Therrien, Shannon Kushner, Janelle McDonald, Tayler Clemens, Roddy Goetz, Ramey Goetz, Tracy Grove, Carmen Barna-Germain, Chris Scheitor, and Jeremie Kymanick.



Bad News Beers. Division 3 champions - Levi Sutherland, Katherine Clegg, Sarah Schwartz, Kayla Smith, Kerri Harpman, Tyndall Fontaine, Emily Schwartz, Hollie Sutherland, Tyler Grove, Cruz Jimenez, Cory Giles, Thomas Billington, Draysons Mercer, Scott Thomas, Riley Aisman, Cory Balcaen. Missing: Tamara Kalinski and Jesse Waterman



Slide on In Division 4 champions - Back row, Tim Frost, Ryan Jankiewicz, Lee Walker, Grant King, Brandon Stamm, Austin Favell, Nakia Maxfield, and Glen King; front row, Wanda King (scorekeeper), Ashley Peebles, Twylla Teitsma, Jeremy Peebles, Alyssa Dueck, and Vanessa Jankiewicz. Missing from picture are Peggy Favell, Michelle Anderson, Stuart Yassenko, and Garrett Sigurdson.

Bantam Thunder improving on the gridiron

By Brian Bowman

It has been a rough start to the season for the Interlake Thunder Bantam football team.

Interlake lost its third consecutive game to begin the season, getting shut out 30-0 by the Eastman Raiders last Saturday in Steinbach. Eastman led 22-0 at the half.

Despite the lopsided loss, however, Thunder head coach Ed deLaroque sees this team improving and starting to turn the corner.

"We started moving the ball better

in the second half," deLaroque said. "We got better and we're slowly making progressions."

The Thunder has lost all three of its games this season by a 30-0 score. Interlake was earlier defeated by Transcona on Aug. 13 and Fort Garry on Aug. 27.

As per league rules, games are capped off by 30-point winning margins.

Still, deLaroque feels the Thunder has played well defensively while the offence is beginning to come around.

"It's been tough because we have a lot of first-year players," he said. "Everybody is still learning, so it's slowly coming...and that's what we expected in the first few games."

"In the next few games, the scores are going to be closer."

The Thunder has 34 players currently on their roster. That's a good number for a Bantam football team and deLaroque really likes the fact that the players are coming to their program from all over the Interlake.

"It's a nice, healthy number," he said.

"It's kind of neat to see these kids (play on the same team). A lot of them play other sports against each other, so it's kind of nice to see them come together and play with each other."

As of press time, the Thunder did not know their second half of their league schedule. The club also did not know if every team in the league makes the playoffs this season.

"We don't have our full schedule, so we don't know what's happening," deLaroque admitted.

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UNDER THE HIGHWAYS PROTECTION ACT

THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, September 13, 2016 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg, Manitoba.

PERMITS - PART I - SECTION 9 H.P.A. AND PART III - SECTION 17 H.P.A. 1/012/110/AB/16 - RED RIVER NORTH TRAIL ASSOCIATION INC.

Application for Trail adjacent to & Trail Access (Other) onto P.T.H. No. 12, S.E. ¼ 10-17-7E, R.M. of St. Clements.

1/012/111/AB/16 - RED RIVER NORTH TRAIL ASSOCIATION INC.

Application for Trail adjacent to & Trail Access (Other) onto P.T.H. No. 12, S.W. ¼ 11-17-7E, R.M. of Alexander.

1/012/112/AB/16 - RED RIVER NORTH TRAIL ASSOCIATION INC.

Application for Trail adjacent to & Two Trail Accesses (Other) onto P.T.H. No. 12, N.W. ¼ 2-17-7E, R.M. of Alexander.

The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the A/Secretary prior to or at the hearing.

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					3		2	1
5		4						
	3						9	
6						1		
9	8			6				
					1		5	8
3			4	5	9	8		
7			3				4	
					8			5

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8	9	6	7	4	3	5	2	1
5	1	4	6	9	2	7	8	3
2	3	7	1	8	5	4	9	6
6	2	5	8	3	4	1	7	9
9	8	1	5	6	7	2	3	4
4	7	3	9	2	1	6	5	8
3	6	2	4	5	9	8	1	7
7	5	8	3	1	6	9	4	2
1	4	9	2	7	8	3	6	5

Sudoku Answer

[illegible]

Crossword Answer

CROSSWORD

CLUES ACROSS

1. Taro plant
5. Stone splinter
10. One who likes tobacco
12. Roughly chipped flint
14. He played Gandalf
16. Indicates position
18. AMC ad show "Mad ___"
19. Popular sports league
20. Linguistics pioneer
22. Singer DiFranco
23. Dispenses
25. Most important part
26. Worthless entertainment
27. Remunerate
28. Cool
30. Ex-Knick Jeremy
31. On top
33. Felt for
35. Vulcan doctor
37. Publicly denounce
38. Bits of
40. Something to live by
41. Take in solid food
42. Small amount
44. German war epic "___ Boot"
45. Words per minute
48. Employee stock ownership plan
50. Recorded
52. Paddle
53. Dormouse
55. Officially prohibit
56. Wrongly
57. Yves Rocher
58. Weakens
63. An evening party
65. Containing salt
66. Semitic gods
67. Grand in scale

CLUES DOWN

- ### 1. Very long period of time

			1	2	3	4		5	6	7	8	9		
	10	11						12					13	
	14							15					16	17
18						19				20		21		
22					23				24		25			
26				27				28		29		30		
		31	32						33		34			
35	36									37				
38					39				40					
41				42		43		44				45	46	47
48			49		50		51					52		
53				54		55						56		
57			58		59				60	61	62			
	63	64						65						
		66						67						

2. Boston-based Celtic punk band (abbr.)
3. Final month (abbr.)
4. Scottish island
5. Merchandiser
6. Elected leader (abbr.)
7. Brews
8. Linear accelerator (abbr.)
9. Lawrence Taylor
10. Upstate NY college
11. Schemer
13. Even more shaggy
15. Electronic funds transfer
17. Currently popular
18. Indicates where you are
21. Female peace officers
23. Opposite of woman
24. Drain
27. Studied
29. Performs mischievous deeds
32. Political action committee
34. Rocker Nugent
35. American jazz rockers “___ Dan”
36. They remove things
39. Standardized test
40. Dishonorable man
43. Infants
44. Actress Richards
46. International monetary units
47. Married woman
49. Lecterns
51. Buddy
54. Spanish river
59. “Fresh Prince of ___ Air”
60. Strike lightly
61. Boxing legend
62. Muscle contraction
64. Siberian river

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IN MEMORIAM



Happy 90th Birthday
Lorna Morrisseau
September 1st
-Love from your family

ANNOUNCEMENT

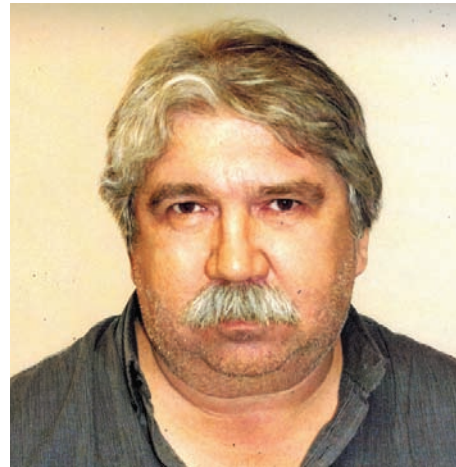
IN MEMORIAM



Phyllis Hertz
September 17, 1932 - September 1, 2006
Mom, it's been 10 years, and yes, there are still tears.
Not a day goes by without a thought of you,
And a reminder of how much you loved us.
We love you and miss dearly.
You are forever in our hearts.
-Love your family

ANNOUNCEMENT

IN MEMORIAM



Wesley Darren Swain
April 27, 1961 - August 21, 2013
He has gone across the river,
To the shore of evergreen;
And we long to see his dear face,
But the river flows between.
Someday, sometime we shall see,
The face we loved so well;
Someday we'll clasp his hand,
And never say farewell.
Love you, Wes, Dad, Grandpa.
-Sandy, Amanda, Tony, Coen, Kienan,
Thomas, Kristin, Bentley and Riley

ANNOUNCEMENT

IN MEMORIAM



Florence Atkins
March 24, 1928 - September 4, 1994
May the winds of Heaven blow softly,
And whisper in your ear;
How much we love and miss you Mom,
And wish you both were here.
In memory of our Mom who passed
September 4, 1994,
With Dad now at your side.
-Love always,
from your family

ANNOUNCEMENT

IN MEMORIAM



Rudolf (Rudi) Reichart
January 21, 1948 - August 22, 2012
Gone is the face we loved so dear,
Silent is the voice we loved to hear;
Too far away for sight or speech,
But not too far for thought to reach.
Sweet to remember him who once was here,
And who, though absent, is just as dear.
Love you to the moon and back dad.
-Annegret, Oriana, Derek and Finley

ANNOUNCEMENT

IN MEMORIAM



Russ Farrell
September 5, 2011
You have been gone for 5 years,
It broke our hearts to lose you,
You did not go alone.
For part of us went with you.
Always loved, always missed.
-Love Ann, your children and grandchildren

ANNOUNCEMENT

IN MEMORIAM

Aime
In loving memory of our Ted,
Dad and Papa
Who passed away August 30, 2002
All our memories keep you near,
As time unfolds another year.
Away but not forgotten.
-Lovingly remembered by
Helen, David, Sarah Ann, Norman,
Beverley, Ron, Katherine,
Mikael and Janet



ANNOUNCEMENT

CARDS OF THANKS

Johnny and I, as well as our family, would like to give special thanks to all our friends and volunteers who helped set up The Memories Show and Shine. This year was a huge success. Special thanks to all our sponsors. Most importantly a huge thank you goes out to all our car people, without their support, this day would not have been possible.
-Johnny and Sharon Morgoch

ANNOUNCEMENT

CARDS OF THANKS

A big Thank You to a lady named Monika, for saving a teens life, submerged and tangled in the rope, at Selkirk Outdoor Pool, August 11, 2016.
-Anonymous

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IN MEMORIAM



Juliette Hope Wilkinson
September 3, 2012 - December 16, 2013

Blowing Kisses

We blow your kisses to the sky
And off to you we let them fly.
Each one a wish we wrap in love
Then send to you so high above.
We feel you watching as we do
And know you hear each "I love you".
So every day we send them high
These kisses we blow to the sky.
We love and miss you so much.
Happy birthday baby girl!

-Love Daddy, Nannie and Papa,
Aunt Rachel, Uncle Steve, Aunt Carrie, Kyra
and Hunter

ANNOUNCEMENT

IN MEMORIAM



Juliette Hope Wilkinson
September 3, 2012 - December 16, 2013

Happy Birthday Sweet Juliette,

In Heaven above,

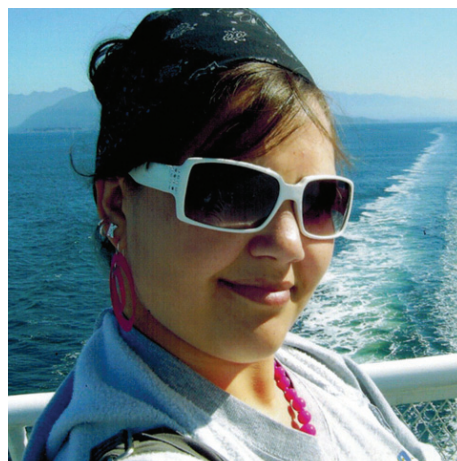
We miss you, remember you,
And are sending much love!

-With love on your birthday,
Mommy, your Baby Brother-to-be,
Nan, Papa, aunts, uncles, and cousins



ANNOUNCEMENT

IN MEMORIAM



Kirstin Sutherland

July 17, 1987 - September 5, 2014

Kirstin, we cherish your beautiful memory,
We are reminded daily of your many
Lessons of love you've shown us.
We miss you more than ever,
We love you forever.

-Mom, Dad, Katie, Kelsey,
Grandma and Auntie Allison

ANNOUNCEMENT

IN MEMORIAM



Dustin Miles Trainor

June 9, 1984 - September 6, 2008

-Loved and missed by
brother; Branson, Dad, family



OBITUARY

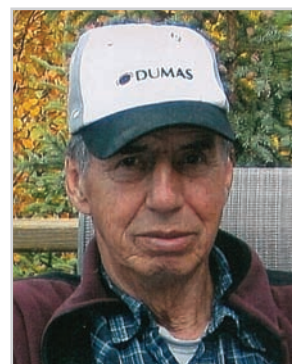
Wallace (Chico) Hourie

On Sunday, August 28, 2016 at his residence, Chico Hourie, aged 79 years of Selkirk, Manitoba passed away.

Chico is survived by his wife Shirley; daughter Darlene (Mike) Harris; son Brad Hourie; step-son Edward (Brenda) Kunitz; three brothers, Larry (Jill), Lawrence (Sharon) and John (Kim); two sisters, Barb (Rick) Langlois and Clar; nine grandchildren, Relene (Kevin), Laura (Keith), Melissa, Dylan, Amber (Steve), Kirstin (Devlin), Justin, Keri (Tony), Cindy (Isaac); six great-grandchildren, Landen, Katelyn, Leam, Eden, Kayla, Raylen and his grand-dog Santana.

He was born in Grand Marais on May 29, 1937 to the late George and Ena (Knott) Hourie.

He was also predeceased by his brothers, Lyle, Norman, Denis and Allan; nephews, Geoff and Gerry and his grandson Michael.



A memorial service will be held on Friday, September 2 at 2:00 p.m. in the Gilbert Funeral Chapel in Selkirk, MB. Interment will follow in the St. Peter's Old Stone Churchyard Cemetery. Luncheon will follow at the Royal Canadian Legion basement hall.

Gilbert Funeral Home, Selkirk in care of arrangements.
www.gilbertfuneralhome.com



OBITUARY

Brian Cheys

Brian Cheys passed away peacefully Tuesday, August 23, 2016. He leaves his wife Bev; children, Geoff (Amber), Mike, Matt (Vicki), Jenn (Brent); grandchildren, Conrad and Zoe; parents, Ed Cheys and Leona Grossman; sister, Kathy (Dave); brothers, Ray (Denise); children, Amanda (Joel), Lyndon, Dave (Karen); children, Brittany, Haley, and Addison.

"Rest in Peace, my Love."

Services will be held in Martensville, Sk, August 29, 2016 at 11:00 a.m. at the Little Gazebo in Kinsman Park (Our special place) and in Winnipeg, Mb, September 2, 2016 at 3:00 p.m. at the St. Phillips Church, Tache Avenue.



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