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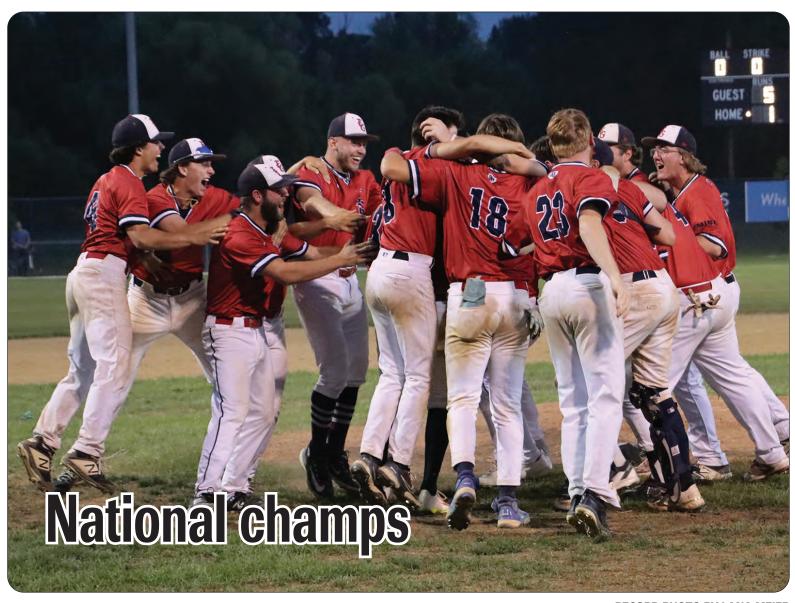
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**RECORD PHOTO BY LANA MEIER** 

Team Manitoba, the Elmwood Giants celebrate their national championship win over Quebec. See story on page 20.

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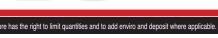






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## The Boreal Shore Art Tour returns for fifth year in Interlake

The Boreal Shores Art Tour(BSAT) is returning to the East Beaches for its fifth year of an immersive art experi-

"The Boreal Shores Art Tour is a selfguided art tour, where you can travel through the beautiful Boreal Shores

Area in southeastern Manitoba. You can see the artwork of many different artisans who are inspired by the beautiful landscape as well as the people and the animals that live in this area," said Norine Harty, coordinator of the

Continued on page 5



**RECORD PHOTO SUBMITTED** 

Above: Dianne Lund's studio in Rennie. Below: One of Bernice Phillip's folkart pieces.

Check out the A&W Ad on pages 14 & 15 in today's Record Showcasing the Burgers to Beat MS Campaign and **HOT SUMMER DEAL COUPONS** 



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## Interlake Art Board members make way for next generation of volunteers

## Joanie English, Bev Hart and Mary Thorne retire from art board executive

## By Katelyn Boulanger

Three long time members of the Interlake Art Board have decided to retire this year and have left the board in the capable hands of the next generation of volunteers. Joanie English, Bev Hart and Mary Thorne will be moving on to other pursuits but the community is thankful for the work they put into volunteering to make our region a more artful place.

"After ten years of being actively involved in the arts, it's a good time to transition out. I think we've done a lot," said English.

The Interlake Art Board is an organization dedicated to supporting and strengthening communities in the Interlake region of Manitoba through

Joannie English and Bev Hart were original members of the Interlake Art Board which came together in 2014. In 2017, Marry Thorne joined the fun.

The original goal of the group was to support the Interlake Juried Art Show. One of the ways that they did

this was by submitting a successful grant to purchase grids, backdrops and displays.

Now, they are more well known in our community for the beautiful murals that bring colour and joy to the

Hart feels that it's important to have art in our communities.

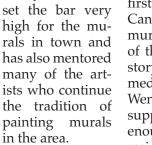
"I personally, need to be surrounded by art, and we had a beautiful art gallery, [the art board] originally kind of all came round from there. And what I noticed was that people noticed a few murals and then they say, 'Well, we wanted mural at our building',"

She says that getting everyone on board and coordinated to get these murals up in our community was a challenge but was also worth it.

The murals in the area were designed by various artists but one who stands out as making many of them and also because he grew up in the area is Charlie Johnston. Johnston has

high for the mu-

There are many murals in our community now thanks to the art board members





RECORD PHOTO BY KATELYN BOULANGER

Joanie English, Bev Hart and Mary Thorne in from of the Interlake Art Board's Community Round Dance mural.

and all are beautiful but one that is a first not just for Selkirk but for all of Canada is the Secret Path mural. This mural is the first of its kind to be part of the Secret Path project which is a storytelling project that uses various mediums to tell the story of Chanie Wenjack and bring light to the longsuppressed mistreatment of Indigenous children and families by the residential school system.

Another major project that Hart, Thorne and English were involved in, during their time on the board was the Piping Plover mural. This mural is the first mural that is part of the International Endangered Species Mural Program to come to Canada and celebrates the piping plover which is an endangered shorebird.

In addition to the Piping Plover mural, there is also an Endangered species mural that was done by the Art Board volunteers in coordination with an art contest all while COVID-19 was keeping us apart.

"I really enjoyed the endangered species mural so much came together in that one too, with the colouring book that was designed and just it was so what we needed at COVID," said Thorne.

The three women have a lot to be proud of doing in our community and though they have handed over the reins they still say that there will be a lot to look forward to from the new Art Board volunteers so stay tuned in the next few months to see what's coming next.







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## > BOREAL SHORE ART TOUR, FROM PG. 3

BSAT.

This year's tour covers the area east of Highway 59, north as far as Sandy Bay, East as far as Falcon Lake and the southernmost stop is in Hadashville. There are 33 artists involved in the tour set up at 21 stops.



"You can go to as many stops as you want. Some people may want to go to just one or two stops on one of the days or we have some people who are such fans that they go to every stop beginning on Saturday morning at 10 a.m. all the way until Sunday afternoon at four p.m. So it's totally up to you," said Harty.

The tour starts on Aug. 19 from 10 a.m. until 5 p.m. and continues on Aug. 20 from 10 a.m. until 4 p.m.

Bernice Phillips one of the artists on the tour says that people should take note to look at the brochure or website for the BSAT as there is important information such as the number of stairs at a location, whether it's easy to access and if a toilet is available.

Phillips has been participating in the art tour since its beginning. At her home this year residents will be able to see her acrylic, watercolour and mixed media pieces as well as fellow artist Amy Caldwell's photography and jewellery which will be in the gazebo and potting shed as well as throughout her garden.

She says that she has participated because it's an amazing opportunity for artists as well as the residents who

"[Artists] can be at home. So, you're not hauling everything, and tables and chairs and all the rest of it. To be in your home environment where you're comfortable and people come to you, that's pretty awesome. And, people that would never have seen vour art before come because the tour is so well promoted," she said.

Phillips also says that the tour is a great experience for attendees.

"They can drive right there and it's not a huge crowd because it's so spread out. It's much more intimate. You can actually talk to the artists," she said.

There is also no cost to participate and no sign up needed in advance.

"Everything is free. You can make purchases of art along the way and we also have some fabulous prize draws where you can win prizes that are credits towards the purchase of art on the tour, or other gift certificates that are from our sponsors who have supported the tour," said Harty.

She says this is a great family activity and perfect for both art and nature lovers. Both she and Phillips encourage residents to check it out.

You can see some of the most beautiful country in Manitoba and, along the way, you get to meet amazing people and see work you never would have seen before and just have fun. Make a day of it and pack a picnic lunch if you want or there are lots of good spots to eat along the way too if you want to go that route. But it is very affordable for people to do so come on out," said Phillips.

Residents can learn more about the tour online at https://borealshoresarttour.ca/.

# **Celebrating local business**



RECORD PHOTO BY BRETT MITCHELL

Selkirk Biz volunteer Parker Pelletier with Selkirk Mayor Larry Johannson. Parker interviewed Johannson to discuss the incredible success of the Selkirk Biz's Biz Bucks gift cards which have now loaded up close to two million dollars. This money will stay right here in our local economy. Go to the Selkirk Biz social media pages to view this and other biz card interviews.



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## Marine Museum of Manitoba receives grant for restoration of the Bradbury

## Restoration will take place next summer

### By Katelyn Boulanger

The Marine Museum of Manitoba recently received a \$25,000 grant towards the restoration of the Bradbury, one of the ships which makes up the museum.

The Marine Museum of Manitoba is a museum in Selkirk that tells the story of the development and operation of marine life on Lake Winnipeg and the Red River from 1850 until now.

"For the last three years, we've been restoring the exterior of all the ships here, and the Bradbury is the only one left. With this grant, we can now move forward next summer to our final phase of [restoration]. It's basically going to be restoring the exterior shell of the Bradbury," said Shaylene Nordal, General Manager of the museum.

This grant was from the Arts, Culture, and Sport in Community Fund Small Capital and Special Initiatives program and the restoration will take place next summer.

The Bradbury itself has a steel hull which will only need repairs for small leaks, however, with the cold winters and summer storms that Manitoba receives structures like the skylights and the wooden parts of the ship do need to be restored. In addition, the ship will have the paint scraped down and repainted to stop the hull from rusting thereby preserving the ship.

"The Bradbury was built in 1915 in the slough here in Selkirk. It actually operated on Lake Winnipeg, and it was a federal vessel, which took government officials up north to all the different communities. It was a fishing patrol vessel, a lighthouse tender and an icebreaker,' said Nordal.

An amusing part of its history was that it was also that it was used to go after illegal fishermen poaching the waters. Unfortunately, it wasn't the best ship for this job because it burned coal and the poachers would see the black smoke from miles away being tipped off that the Bradbury was in the area. It never successfully caught any poachers.

Despite its shortcomings in finding poachers, it was a very important vessel in the area's history.

"In 1917, it took doctors and medicine nurses up north to areas struck with the Spanish flu. It was able to deliver health care to those different areas that couldn't be reached any other way than by ship," said Nordal.

In more recent history the Bradbury was the second ship to become part of the Marine Museum. It was a retired ship in the Selkirk slough and residents and the board saw its importance representing a different part of the area's history than the first ship the Keenora.

Nordal says that being a prairie



RECORD PHOTOS BY BRETT MITCHELL

Shay Nordal in front of the Bradbury. The Bradbury is set to be restored next summer.

province it's important to maintain these key pieces of local history.

"A big piece of Manitoba's history, our heritage, is tied to Lake Winnipeg and the Red River dating back from york boats and all the way up to the steam vessels that delivered supplies up north. It was needed. There were no roads, no planes, water transportation was the only way to do it. And

that's what we're trying to preserve, a unique piece of natural history," said Nordal.

If you would like to support the Marine Museum check out their website to learn more about their fundraising events. The next event will be Ghost Tours will take place in August and September and the S.S. Keenora Traditional Dinner is coming up fast on Sept. 16.



# **Communities** in Bloom 2023

The Selkirk Communities in Bloom Yard of the Week contest continues to showcase well cared for yards within the City of Selkirk.

If you would like to enter a yard, please visit Selkirk Home Hardware customer service desk or email: selkirkcommunitygardens@gmail.com and let us know whose place is looking great!





## **Ashern Pioneer Museum Annual Mini Thresherman Reunion celebrates 30 years**

## Thresherman day a long-standing community tradition

### By Autumn Fehr

This weekend, the Ashern Pioneer Museum is hosting its 30th Annual Mini Threshermen Reunion.

The event will kick off on Aug. 13, at the Ashern Pioneer Museum, 26 1st Street South, with the gate opening at 10:30 a.m. Tickets for adults are \$5.00. Children 12 and younger are \$2.00.

Rain or shine, the event will run until 4 p.m., with an exhaustive line-up of entertainment, activities, and food

"One of the main intentions with our event is to get people to come and view the museum. All the buildings at the museum are going to be open. We have seven buildings here," said Riel Willmott, a museum summer student.

"Surprisingly, a lot of people don't even know it exists because it's tucked away in the very corner of this small town."

Visitors can jam along with singer songwriter Neil Thornham, jig with the Asham Stompers from 3 to 4 p.m. and learn a trick or two from magician Ryan Price.

The event includes an assortment of children's activities, including a reading of Lessons From History, face painting, a bouncy castle and games.

Throughout the day, there will be vendor tables for people to explore.

There will also be a 50/50 raffle.

The event will have plenty of food to enjoy, such as Fried Dough Boys and a BBQ lunch.

A live threshing demonstration will take place in the field on museum grounds, pending favourable weather because the field cannot be threshed

"We are banking on some heat and sun in this upcoming week," Willmott

The name of the reunion is part of the tradition with the museum, which was established in 1976 and is run entirely by a volunteer board of direc-

"Their intention is to try to re-create some pioneer moments by attracting people that are a part of the pioneer settlers that helped establish Ashern and this community. The name itself is a way to try to attract people that are interested in what the museum offers and the museum tries to preserve," Willmott said.

The event has been running since 1992, with paused years during the COVID-19 pandemic.

The funds raised will be used for general upkeep at the museum.

"One of the things I'm trying to do is re-invigorate some community engagement and get some activities going. There are a lot of ideas and potential for what the savings can be used for, but at the moment, we don't have a specific plan for what the money is going towards," Willmott said, adding organizers are hoping for a large



PHOTO SUBMITTED BY ASHERN MUSEUM

Threshing is the action of seperating seeds from crop plants, either by hitting them or using a threshing machine.

"The community needs opportunities to come together to socialize. Especially since COVID kind of closed everything off. We are kind of just in full swing now of everyone coming out of their hole. We need an event like this to show the community what is being offered by local people. It's important to understand our history. So hopefully, when people come out to our event, they do take the time to explore all of the buildings, learn about the pioneers that helped create this region, and pave the way for us to host the event that we are going to be hosting," he said.

"We want people to know that this

museum is here, and we want people to take an interest in the history, as well as take an interest in community involvement. We want people to enjoy themselves and make some memories."

The museum is open regularly throughout the summer from Tuesday to Saturday from 9 a.m. to 5 p.m. It is open for new members to join the board to collectively help preserve the pioneer history and come up with new ideas for future events.

For more information, contact Carole McDougall at 204-768-2743 or Priscilla Ebbers at 204-768-3051.

## Manitoba conservation officer enforcement bulletin, second quarter

## Submitted by Manitoba government

Manitoba Natural Resources and Northern Development advises conservation officers are continuing enforcement to protect Manitoba's natural resources through a variety of enforcement activities across the province, including roadside checkstops in key locations to ensure compliance with natural resource and public safety legislation.

On July 22, Manitoba conservation officers from The Pas and Saskatchewan conservation officers from Creighton, Sask. conducted checkstops north of both Creighton and Flin Flon. Officers conducted 27 inspections, including 12 fishing compliance inspections, and a total of \$461 in offroad vehicle tickets were issued. Flin Flon RCMP were called to assist with an intoxicated driver. The individual received a three-day roadside suspension and a \$672 ticket for consuming liquor in a public place.

Ōn July 21, a Selkirk conservation officer in Lockport observed two men angling along the Red River in an area where signage indicates that fishing is prohibited. As the officer approached, one of the men grabbed his line in an attempt to break it. The officer identified himself and told the man to stop, however, the man then bit his line and threw it into the river. Two men from Illinois were fined \$486 for engaging in a restricted or prohibited fishing activity in an area marked by posted signs. The man who broke his line was also fined an additional \$2,542 for obstructing a peace officer.

On July 11, Cranberry Portage conservation officers received reports of an individual living in a parking lot at Bakers Narrows Provincial Park. Officers attended and located the vehicle matching the description. The driver of the vehicle attempted to flee, but was apprehended by officers. The driver had a disqualified driver's licence and had no vehicle registration, so the individual was ticketed \$672 for driving while disqualified and the vehicle was impounded for 30 days.

On June 21, a Cranberry Portage conservation officer along with Cranberry Portage RCMP were helping at a community event on Little Athapapuskow Lake. Two pontoon boats that were involved in the event did not return when expected, so officers conducted a search. Wind gusts were up to 40 kilometres an hour along with two-metre swells on the lake. The officers observed one pontoon stuck in the waves, with two adults overboard, so they immediately helped the pair. While assisting the first pontoon, officers spotted the second pontoon stranded on an island. Five youth and one adult were located. All were brought to safety with no

injuries.

In June, conservation officers in Sprague received a complaint of a landowner clearing part of a road allowance south of the community of Piney, near the U.S. border. An officer investigated and found that the landowner did not have permission from the municipality to cut this allowance and he had not obtained a timber permit from the Forestry Branch as required. The officer, with the assistance of the Forestry Branch, counted 634 stumps and assessed timber dues on 94 cubic metres of timber. Three loggers from the Sprague area were issued written warnings while a landowner from Sarto was issued \$1,200 in timber dues.

In early May, Winnipeg conservation officers were made aware of a man that had been seen shooting

Continued on page 8

## Selkink Regard



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Brett Mitchell



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# Setnember > Setnember > VIEWPOINTS > LETTERS





# Manitoba Government provides new incentives to benefit 25,000 health-care workers under Health Human Resource Action Plan

**Submitted By Manitoba Government** 

Investing in Health-Care Community, Facility Support Workers Across Manitoba: Gordon

The Manitoba government continues to make investments to secure the retention and recruitment of healthcare community and facility support workers across the province through new memorandums of understanding (MOUs) that deliver a number of new incentives and initiatives to improve care for Manitobans, Health Minister Audrey Gordon announced today.

"Support workers are incredibly valued members of our health-care workforce and represent one of the largest employee groups in terms of numbers," said Gordon. "We are pleased to be able to recognize their dedication and efforts with these new and expanded incentives, as we continue to make Manitoba an attractive place to work and live."

The incentives are part of Health Human Resource Action Plan, initially announced in November 2022. Today's announcement extends a number of incentives already in place for nurses and allied health staff, to community and facility support workers

employed in Manitoba's health-care of Public Employees and Manitoba system. Government and General Employees

These new initiatives include:

Wellness incentive: a one-time increase for each support employee's health spending account of \$500 for full-time employees and \$250 for part-time employees, in addition to current health spending account allowances already in place.

Licensure reimbursement: Employees will be reimbursed for professional licence or association membership fees in the 2023-24 and 2024-25 licensure years for eligible employees (those employed with an included employer, employed within the applicable 2023-24 and/or 2024-25 licensure year, and who provide proof of payment for eligible fees).

Weekend premium: Employees working hours on weekends will receive an \$8.00 premium for eligible worked hours. The weekend premium is retroactive to the first evening shift of Nov. 18, 2022, and will continue until ratification of the next collective agreement.

There are approximately 25,000 health-care community and facility support workers within the sector represented by Canadian Union

of Public Employees and Manitoba Government and General Employees Union, the minister added, expressing appreciation for the collaborative and productive discussions that led to the signing of the MOUs.

"Community and facility support workers employed across Manitoba touch all areas of the health-care system, supporting the delivery of services in the community and in long-term and acute care facilities," said Gordon. "Support workers include those providing direct care, such as health-care aides and home-care workers, while others are integral to the ongoing operation of facilities, working in areas such as security, laundry and food services."

These incentives are in addition to the improvements achieved through the ratification of new, fair and long-term collective agreements for employees within Manitoba's facility and community support sectors. The estimated value of these incentives, including retroactive payments, is \$70 million, the minister noted.

For more information on Manitoba's Health Human Resource Action Plan, visit: https://www.gov.mb.ca/health/hhrap/.

## > MANITOBA CONVERVATION OFFICER, FROM PG. 7

geese with a firearm in St. Vital Park. An investigation was initiated and a suspect was identified. On May 12, conservation officers were informed that the suspect was once again in St. Vital Park shooting geese. Officers responded and intercepted the suspect at his residence. Two Canada goose carcasses and a .22 calibre rifle were seized as evidence. A 23-year-old Winnipeg man has been charged with two counts of loading and handling a firearm in a prohibited area

along with several charges under the Wildlife Act. He was issued a court appearance notice.

On April 29, a conservation officer in Cranberry Portage was conducting angling inspections at the Simonhouse Lake boat launch. The officer observed two individuals traveling on an ATV and snowmobile, heading off the lake towards the boat launch. The officer signaled for the vehicles to stop, and while the ATV stopped, the snowmobile fled back onto the

ice. The officer confirmed the snow-mobiler's identity and the driver was charged under the Fisheries Act for obstructing an officer in the execution of duties. The ATV driver was fined for consuming liquor in a public place and not wearing a helmet. In all, fines totaled \$1,946.

Anyone with information on illegal activity is asked to call a local Natural Resources and Northern Development office or the Turn in Poachers (TIP) line at 1-800-782-0076.



## > CONTACT US

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or call our office at 204-785-1618

The Selkirk Record welcomes submissions to Letters to the Editor. Letters or call be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

Katelyn Boulanger 204-485-3337

**EDITORIAL** 

news@selkirkrecord.ca

## TROUBLE WITH PAPER DELIVERY?

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## Former Winnipeg Beach mayor says character maligned after taxes increase

By Patricia Barrett

The former mayor of the Town of Winnipeg Beach, who decided not to run in the 2022 election, says he was publicly maligned and blamed for mismanaging funds during a public forum last month.

Tony Pimentel, who served as mayor for 12 years, said he felt his reputation and good standing in the community was damaged by current mayor Pamela Jackson and he's investigating his legal options.

"I spoke with a lawyer with regard to the comments [Jackson] made. I believe it's defamation of character, the comments she made at the forum," said Pimentel. "Imagine all the people I know and who've known me from 12 years of my working with the town, the Lakeside Lion's Club, the Interlake Soccer Association and the many boards I've sat on. I've coached here for over 25 years. Imagine these people hearing that that the former mayor of Winnipeg Beach misused taxpayers' money. That's a horrible thing to say."

In its 2023 budget, the town increased the mill rate, which is the amount of tax payable per dollar on an assessed property. When the mill



Tony Pimentel, seen in 2017, was mayor of Winnipeg Beach for 12 years before retiring.

rate increases, so do property taxes. The province updates property assessments every two years.

"What happened is the town increased its mill rate from 17 - which we had budgeted the previous year to 21. That caused taxes to increase by about an additional \$400 to as high, I heard, as an additional \$1,200."

Pimentel said his own tax bill increased by \$400.



Pamela Jackson was elected Winnipeg Beach's new mayor in 2022.

At a public forum council held July 22 at the Winnipeg Beach Community Centre, where taxpayers were informed about taxation, sewage treatment and other matters, Pimentel said Jackson made untrue statements about him and his former council – on which, ironically, two current councillors served (Jean Gendron and Barry Hoel) – saying they had mismanaged ratepayers' money and that's why

there was a need to increase taxes.

"They were saying it was the way myself and my previous council handled the finances, that we spent all the reserves, that it was our fault for mismanaging the town's money and things like that," said Pimentel. "The reason for the increase in the mill rate is [current] council increased their operation budget from \$3 million to \$4 million. The budget for every single department has gone up. For example, the transportation department budget, which includes public works, went up from what we had budgeted in 2022 at around \$800,000 to \$1.4 million. Recreation's budget went up by an additional \$240,000.'

After the forum, Pimentel said the mayor posted comments on social media but "pulled it down" because of the commentary it generated. The comments sparked an attack against him and his former council.

"After the forum, people went on Meanwhile in Winnipeg Beach and accused us of stealing or hiding, at first, \$1 million. Then a few days later, that increased to \$2.2 million ... and

Continued on page 15

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## Selkirk will celebrate International Overdose Awareness Day with local film screening

## Peer Voices and Jessica's Story to be shown at the library on Aug 31

## By Katelyn Boulanger

International Overdose Awareness Day is an important opportunity for our community to have a conversation about substance use and the decisions that we are with regard to supporting people in a safe and caring way.

"[International Overdose Awareness Day] would be described as the world's largest annual campaign to end overdose, remember, without

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stigma, those who have died from an overdose, and acknowledge the grief of family and friends who have been left behind. It's a moment, I would say, to reflect and hold space for the impact that overdose has had on our lives. Those around us remember those that we're connected to and [discussing] the work we do, and also reflecting on some of the reasons behind some of that," said Tristan Dreilich, Selkirk's Network Coordinator for the Manitoba Harm Reduction Network.

Locally to celebrate this day there will be an event at the Gaynor Family Regional Library on Aug. 31 from 6 to 8:30 p.m. At this event, there will be screenings of two locally produced films Peer Voices and Jessica's Story. Everyone is invited and attendees should be prepared to have a very honest community conversation. This event is being supported by the Selkirk and District Community Foundation

Both tell stories of harm reduction in Selkirk and some Winnipeg context as well. And then after we're really hoping to engage, and have like a really community based conversation back and forth around what harm reduction is in Selkirk, what it needs to look like, and the future of harm reduction," said Dreilich.

He says that one thing that he



**RECORD PHOTO SUBMITTED** 

There will be an International Overdose Awareness Day event at the Gaynor Family Regoinal Library on Aug 31. Pictured: Tristan Dreilich with HIV detection kits which are only some of the harm reduction resources in our community.

would like more people in our community to know is that overdoses don't just happen to addicts and that it's more accurate to call them drug poisonings. This is because there are many factors that can lead to people having more of a substance in their system than they intended and the stigma with regards to the word overdose makes

it harder for people to express the current situation in our province.

"We continue to be in a drug poisoning crisis in Manitoba and in this country. This is not old news, this is not something that we have to just sit back and watch. This is something that we're actively engaging in and something where we know

Continued on next page

## Awareness's in August

- Gastroparesis Awareness Month
- Spinal Muscular Atrophy Awareness Month
- World PVNH Disorder Awareness Day August 7
- International Youth Day August 12\*
- World Humanitarian Day August 19\*
- International Overdose Awareness Day August 31\*



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# 

Continued from previous page

there are better ways to [approach]," said Dreilich.

He wants to share the message that one of the biggest risks to people who take substances is the unregulated drug supply which can lead to unsafe substances. There are also harm reduction measures that people can use to keep themselves and their friends and relatives safe.

"The best way [to keep people safe] would be to have a regulated drug supply, just like alcohol, that is overseen and has accessible distribution points. Also, having substances not stigmatized to the point of having to use them in unsafe ways. But, in the current context of how substances are being distributed, there are definitely a few tips that we encourage folks to do. We always say, start low, go slow, carry Naloxone, and use with a friend. Those are the four key messages that we try to share," said Dreilich.

These tips allow people to assess how their bodies are reacting to drugs and put them in situations where they can access help should something go wrong.

Another resource for people who may not have a friend who is available is the National Overdose Response Service which people can reach at 1-888-688-NORS(6677) and learn more about at www.nors.ca. This service does phone check ins for people who request them.

Additionally, the drug Naloxone which reverses opioid poisoning is another important resource.

"Naloxone has been great for responding to opioid related drug poisonings and continues to save a lot of lives. We were very stressed during the Naloxone disruption but we're happy to be distributing again at our regular pace. It is really first and foremost a first aid response to opioid drug poisoning," said Dreilich.

Locally the Manitoba Harm Reduction Network helps with supports like drug checking so that people can make informed decisions about what is going on in their bodies.

Dreilich also says that for people wanting to change their relationships with substances, there are local options available like the RAAM clinic which residents can access without a referral.

There are many resources that can help to reduce the potential harm that comes along with substance use but Dreilich says that people should be aware that the stigma associated with it is he feels the most dangerous factor.

"It's not the substances for the most part. Opioids, which are the leading cause of substance related deaths in Canada, right now, Manitoba included, have been and can be safely administered for centuries, if not millennia. But because of the stigma associated with those substances, because people can't use them in safe ways, where they know how much they're using, what they're using, or even in safe places, often people using opioids are pushed to

the margins. If they're using illicit opioids, the harms associated with that like not being housed, and not having a steady income, all these kinds of discriminatory factors that we place on substance use are really, from our understanding, what drives the harms associated with that substance use. So, yeah, for us, the stigma of that substance use is really the underlying factor for all of us here, it drives the policy, it drives our community responses, it even drives our relational responses to those substances. And so, to make any kind of substantial, substantive shift here whether it's overdoses or our relationship with substances, it's very difficult to do without addressing that stigma," said Dreilich.

One way to learn more about harm reduction is to attend the International Overdose Awareness Day event and learn from the local experts in our community.

"We're going to have honest conversations at the screening. There's going to be some education around harm reduction. There are going to be resources. There's going to be some of the cultural teachings that lead harm reduction but there's going to be honesty too. So, we're hoping that the community comes with open hearts and open minds and we can have that conversation that needs to happen. Because we're losing our friends, we're losing our relatives and that's not going to change until we can talk honestly, about substances in our community," said Dreilich.





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# Gaffer's to host comedy night featuring Manitoba talent

By Kaitlin Vitt

As the great-grandson of the founder of Skinner's restaurant and with a day job in funeral supplies, for comic Jimmy Skinner, the jokes seem to the write themselves. But his background isn't something he's always made public.

"It's something that I didn't really want people to know about me, and now that I've done it, I'm open about it. It's something that people have really responded to," 28-year-old Skinner said. "I don't want [my day job] to be the first thing that people think of when they think of me. When I do stand up, I want people to think about, 'Oh, he's had great jokes.'"

Skinner grew up in Grand Beach, went to high school in Selkirk and now lives in Winnipeg. He will be the host at a comedy show called Laughs at Gaffs on September 16 at Gaffer's Restaurant in Lockport. The show will also feature Winnipeg comics Max Macaluso, Carole Cunningham, Milan Horanski, Kyle Gibson and Amy Jean MacLean.

"What a night out for people in Lockport to get to see a high quality show," Skinner said. "What an opportunity for people to get to see these comics before they go on tour and before they become the big next name."

He said there's a personal touch to the show — the comics greet the audience members at the door and are happy to talk after the show, allowing the chance to connect.

"As a human being, I get very anxious, and I always get nervous. I'm like, people have better things to do. People want to go to the cabin. People have better interest than going to a basement and sitting and watching comedy," he said. "But this product that we put out has just been so good that we sell out every show, and every time I go up and ask is this anyone's first time, the majority of people clap because it is, so the word is spreading, and everybody seems to want to get an opportunity to see the shows."

A couple years ago, Horanski, a friend of Skinner's, had the idea to put together Laughs at Gaffs, and the comedy show now occurs about once a season. With its popularity, Skinner said the plan is to host the event more often.

Skinner, who also hosts a movie podcast called The Reel Debaters, has been doing stand-up comedy for five years. He calls his sets endearing,



**RECORD PHOTOS SUBMITTED** 

Jimmy Skinner will be the host at Laughs at Gaffs on September 16.Below: Milan Horanski, who started Laughs at Gaffs, will perform at the show September 16.



leaving the audience wanting more.

"My stand-up mostly focuses on my daily experiences, things that you see in everyday life, things that people see, but don't say," he said. "I wouldn't say that I'm an edgy per-

Continued on page 13





# Town of Winnipeg Beach installing flow meter on lagoon

By Patricia Barrett

The Town of Winnipeg Beach is embarking on a project to install a flow meter in its wastewater treatment lagoon to get a better handle on how much waste is entering the system.

Sharon Desiatnyk, who has been chief administrative officer with the town for about seven months, said the meter will tell the town whether there has been an increase in volume.

"We're putting a meter in at the main pipe so we can monitor the actual amount of volume going into the lagoon from the low pressure sewers. A flow meter will help us look at our capacity and enable us to make some long-term plans for the future of the community," said Desiatnyk. "Without knowing the actual volume going into the lagoon system, it makes it challenging."

The lagoon, which borders Winnipeg Beach Provincial Park and has a major ditch running along Kernstead Road, was upgraded in 2017 to improve the quality of effluent that's discharged into Lake Winnipeg. The project entailed installing an aeration system, UV disinfection to inactivate fecal coliform and other pathogens and a phosphorus removal filter tank, according to Manitoba Conservation and Water Stewardship's 2014 summary of the project.

As she wasn't around at the time the upgrade was completed, Desiatnyk can't say whether changes (such as a flow meter) to the scope of the work had been deemed necessary. And times may have changed, with more property owners offering their dwellings as short-term rentals, which would impact sewage volume.

"That's the importance of this flow meter. It will give a true picture of what happening. Without having that in the first place, we're not saying [the town] made a mistake," she said. "If they were given [volume] numbers, who provided those numbers? How were those numbers calculated? I don't have answers for that because again we're talking about a past project and I don't have any staff that were around then."



**MANITOBA AGRIMAPS** 

The Winnipeg Beach lagoon, south of town, empties into Lake Winnipeg.

Misinformation that raw sewage is flowing directly into Lake Winnipeg via a ditch was circulating recently on social media and includes a photo of a ditch from wintertime, as well as comments about the need to sue the contractor.

But Desiatnyk said a sewage leak has "absolutely not" happened as long as she has been on the job.

"There have been accusations that raw sewage is flowing down the ditch to the lake," she said. "I'm not saying that has never happened because I haven't been here for 20 years. But I can say that working with my current staff this hasn't happened. We work very closely with the province. If there are any issues, the onus is on us to report that. The staff we have right now are making sure they're meeting all the compliance rules."

It's normal for standing water to become murky

during spring thaw and to turn an orangey-brown colour from decaying vegetation in a ditch, she said. That colour has "nothing" to do with sewage.

The town is still working with the contractor to monitor the lagoon and to replace parts, and there "hasn't been a cost to the community as a result," she said.

Before the town can discharge effluent into the lake, it has to send in samples to the province for testing before permission is granted.

"Municipalities can apply for emergency discharges but there's a series of steps before the province will allow such a discharge," she said.

Desiatnyk said the town is working with Manitoba Hydro to install the flow meter, and it's anticipated the project will be completed in a few weeks.

## > GAFFER'S, FROM PG. 12

son by any means. I like to talk about things that I think are interesting and things that I think are funny, and it seems that people seem to like that."

So what made Skinner go into comedy in the first place?

"Because I'm idiot," he said with a laugh. "Truthfully, you know, I think it's the same as any Canadian kid. You get home and Just For Laughs is on TV, and you see these people putting on shows for theatres full of people, and you want to be a part of that. You want to just have a piece of that, and that's something that I don't think I can ever get rid of."

Tickets for Laughs at Gaffs on September 16 are \$10 and are available by calling Gaffer's at 204-757-2350. Doors open at 6:30 p.m., with rush seating, and the show starts at 8 p.m.





# **Sunshine and sunflowers**



RECORD PHOTO SUBMITTED BY DEBRA ROELS

Debra Roels took this beautiful photo of sunflowers in a field East Selkirk.

## > WINNIPEG BEACH MAYOR, FROM PG. 9

Pam Jackson said it was because of reserve funds and accumulated of the way we were operating, the surplus, and that the statements way we mismanaged the funds, which was absolutely incorrect. I was getting a lot of grief on Facebook," said Pimentel.

Council had over \$1 million in the town's reserve fund in 2020, he said. And over his 12 years in public office, the town never had a deficit.

He spoke with the provincial department of Municipal Relations to get its assessment of a "really bad error" the town made relating to taxes collected for schools, he said. The town didn't combine school revenue with tax revenue, making it look as though the town had a deficit of \$935,000. Municipal Relations agreed with him that the town had erred, but the only thing it could do was inform the town about the error.

After a city media outlet got wind of the story, Pimentel said Jackson issued a social media post, saying the reason taxes went up was that her council increased operation

"She said she didn't mean to imply the previous mayor and council mismanaged the money," said Pimentel. "She backtracked on all of her statements she had made at based on CPI (6.8% in November

Mayor Jackson said in a statement to the Express that both the 2021 and 2022 budgets indicated the use said Jackson.

any individuals. The information that was provided was not meant to blame or attack any members of previous council or staff," she said. What we do know at this point is that both the 2021 and 2022 budgets indicate use of reserve funds and accumulated surplus. We cannot provide specifics at this time as the last completed audit was in 2020. The auditor is working diligently to complete the 2021 audit and we are aware of several adjusting entries. The previous years actuals (2022 actuals) listed on the 2023 budget are inaccurate; consequently, the \$900,000 deficit is not a

she made were not "personal at-

tacks" on previous council or staff.

"None of the statements that I

made were a personal attack on

of overspending." Jackson went on to say that the 2023 budget was a "true operating budget" without using reserve funds or accumulated surplus for operating expenses.

true picture and is not a reflection

"This was one factor for the significant tax increase. Other factors include having a full complement of staff, some staff wage increases 2022), and project commitments from previous years. This was all explained at the public forum,"





Buy a Teen Burger on Thursday, August 17<sup>th</sup> and \$2 will go to help end MS

## Selkirk Coun. Kelly Cook re-elected as AMM District Director

Submitted by the City of Selkirk

Selkirk Coun. Kelly Cook will once again represent the Interlake Region as a Director for the Association of Manitoba Municipalities which represents all 137 municipal entities across the province.

Cook was re-elected as a District Director for the Interlake Region in June at AMM's District meeting in Stonewall. He was first elected in 2018 in a by-election and then acclaimed in 2019 and 2021.

Cook and Stonewall Mayor Sandra Smith, who was also elected at the same time as Cook, are the Interlake Directors.

For Cook, it's an honour and a responsibility he doesn't take lightly.

"I've seen firsthand the important role the AMM plays for municipalities in the province. The AMM is the strongest advocate group working on behalf of all Manitoba municipalities and we have needs that are common to all of us," Cook said.

"Often times things that are good for Selkirk are good for others, so I'm advocating on behalf of our city as well as the others. We're all in this together and as a strong unit we can affect change in our regions and in our province."

Cook has been assigned three files – the Municipal Employees Benefits Plan, the Province of Manitoba's Accessibility Advisory Council and the Lake Winnipeg Shoreline Erosion Technical Review Committee.

Cook said he is looking forward to representing the region with Smith.

The City of Selkirk is known as a leader in many areas, including its use of asset management, climate adaptation and mitigation policies, downtown renewal, and its state-of-the-art wastewater treatment plant, which, along with its water treatment plant, operates without the use of fossil fuels.

"Selkirk city council works hard for its citizens and we've become known



**RECORD PHOTO SUBMITTED** 

Selkirk Councillor Kelly Cook has been re-elected to the AMM as District Director

for being innovative and leading in the way we run our city and I'm proud of that," Cook said.

"Having a voice at the AMM, representing Selkirk, the Interlake and all of Manitoba's municipalities is a significant responsibility and I'm humbled that my colleagues in Selkirk

and throughout the Interlake have confidence in me."

Mayor Larry Johannson – who served as the AMM's City Caucus Chair for two years – congratulated Cook on his re-election and stressed the importance of having a voice in the AMM, a powerful lobby group for municipalities.

"I offer my sincere congratulations to Coun. Cook, who has proven to be an effective voice for not just Selkirk but for other municipalities as well in his role with the AMM," Johannson said.

"It really can't be understated how important it is to have that voice at the AMM table. We have the opportunity as a city to present resolutions at district meetings and if they get support from other municipalities then our issue moves onto the next level. Having Kelly there gives the City of Selkirk a stronger voice."

In 2019 the city co-authored a resolution with the City of Thompson to bring back the provincial Roads and Bridges Program. The overwhelming support from 102 of the province's 137 municipalities resulted in the return of the program.

"That's impact. The AMM has a lot of punch and Coun. Cook brings years of experience to the table, and that benefits our city and our province."





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# **Arborg Main Street Festival to return for 7th year**

## Annual festival hits Main Street Aug. 11.

#### By Autumn Fehr

Live music, fanfare and fun are slated to transform Arborg's main drag Friday, as the community's annual street festival returns.

The Arborg Street Festival began in 2014 and — barring a two-year hiatus owing to the COVID-19 pandemic — has continued to bring new excitement and events, thanks to lead organizer Susan Bauernhuber.

"We started this because we had lost the rodeo in town. A few business people got together, and we discussed what we could do to make it free for everybody to say thank you for shopping with us and your dedication to the town and businesses," Bauernhuber said.

Residents from Arborg and beyond are welcome to enjoy an assortment of free entertainment during the festival, which will close Main Street from Friday night until early Sunday

Before the event begins, folks can enjoy a meal of perogies and kielbasa at the Arborg Legion at 5 p.m. for \$15

The festival will officially kick off at 7 p.m., with a parade and speeches from Selkirk-Interlake Eastman MP James Bezan, Interlake-Gimli MLA Derek Johnson and Arborg Mayor Peter Dueck.

After the parade, festival organizers will draw numbers for "pluck the duck," a 50/50 lottery game in which rubber duckies are numbered and placed in a pool or water. The person who purchased a ticket with the corresponding number will win half the prize pot.

Lost in a Small Town, a local band from Woodlands/Warren, will take the stage at 8 p.m., treating the crowd to an assortment of country and rock covers, and signalling the opening of the beer gardens.

Around 10 p.m., fireworks will start, and once they are over, Lost in a Small Town will take it home, ending the festival's first day.

On Saturday, the festivities will begin with a 9 a.m. pancake breakfast at the Arborg Legion.

"We look at trying to bring in something new every year and to change it up a little bit," Bauernhuber said.

All the day's events are free, except the street hockey tournament, which cost players a \$20 registration fee. The deadline to register was Aug. 9.



Festival attendees are encouraged to wear white and participate in Zumba with Des, a fun colour dance at 2 p.m,. Saturday.

At around 10 a.m., axe throwing, the petting zoo, the trade market and the beer gardens will be available.

Starting at 11 a.m., visitors can enjoy local entertainment, and kids can enjoy the kid's fun zone, where there will be bouncers, games, and face painting. Henna will also be available from noon to 5 p.m.

Kicking off the entertainment for the day, at 11 a.m., the dancers from the Reechka Ukrainian Dance Club will perform, and there will be dances from Averie & Haley's group.

From 12 to 1 p.m., there will be a special treat — Laurie Sutherland, a Patsy Cline tribute artist, will perform a selection of the famed American country singer's hits.

Festival fan favourite Kelly Chinchilla will follow Sutherland, performing her fancy shawl and hoop dancing.

From 2 to 3 p.m., there will be oldtime bingo at the Legion.

Also at 2 p.m., plan to wear white. The street festival brings back Zumba with Des with a fun colour dance.

At 3 p.m., another returning favourite act of the street festival, acoustic artists The Homespun Poets, will take the stage. Athletes from Canadian Wrestling's Elite will also perform.

At 4 p.m., famous fiddler Mark Morisseau will entertain the crowd.

After a day of fun activities, visitors can purchase a plate of chicken, ribs, potatoes, corn on the cob, coleslaw, and cornbread from Chicken Chef. For dessert, local cupcake maker and cake decorator Donna will serve her delicious cupcakes. Plates will cost

Calypso will take the stage at 8 p.m. and close out the festival at midnight. Community members may remember the sounds of the Caribbean from the



**EXPRESS PHOTOS SUBMITTED** 

The annual Arborg Street Festival typically draws a crowds with an assortment of free family friendly activities, entertainment, food and beer gardens.

old Arborg Summerfest Days.

"We just want to bring new people in town to show them what we have here and to show them it's a great town; people are wonderful. We do have lots going on here, even though some people think that we don't, but we do. We have something going on every part of the year," said Bauernhuber.

"Let's bring the people in and showcase the town and say thank you for being our customers."



The winner of the pluck a duck lottery game will win half the proceeds of the



# get inspired > MEALIDEAS



Recipe courtesy of Healthy Family Project

Prep time: 10 minutes Cook time: 5 minutes Servings: 4



## Mini Sweet Pepper Sheet Pan Nachos

8 ounces Pero Family Farms Mini Sweet Peppers, cut into chip shapes

7 ounces tortilla chips

1/2 cup sweet or red onion, diced.

1/2 cup canned or fresh corn

1/2 cup queso fresco cheese

1/4 cup black olives

1/4 cup jalapeno peppers, fresh sliced

1/4 cup cilantro leaves, for garnish

1 lime, cut into thin wedges, for garnish Preheat oven to 350 F.

Place peppers and tortilla chips on sheet pan. Layer onion, corn, cheese, black olives and jalapeno peppers. Bake 3-5 minutes.

Garnish with cilantro and lime wedges.



Recipe courtesy of Healthy Family Project

Prep time: 10 minutes
Cook time: 25 minutes
Servings: 12
8 large eggs
1/2 cup milk
nonstick cooking spray

3/4 cup black beans, drained and rinsed 1/2 cup chopped Nature Fresh Farms Tomz tomatoes

1/3 cup shredded cheddar cheese 1/4 small RealSweet sweet onion,

# **Southwest Quiche Muffins Bento Box**

chopped

1/2 cup vanilla Greek yogurt

1/4 cup granola

1/2 Zespri SunGold kiwi, chopped

1 Bee Sweet Citrus mandarin, peeled and segmented

Preheat oven to 325 F.

In large bowl, whisk eggs and milk.

Coat 12-cup muffin pan with nonstick cooking spray or use silicone muffin liners. Evenly divide beans, tomatoes, cheese and onion among cups. Pour eggs over top.

Bake 20-25 minutes, or until eggs are set and lightly browned.

Remove from oven and cool in pan 2-3 minutes. Use knife to loosen edges and remove.

In cup or bowl, mix yogurt, granola and kiwi

Assemble bento box with two quiche muffins, kiwi parfait and mandarin slices.

## Keto Enchilada Quesadilla

salsa, for serving

In bowl, mix pulled chicken and enchilada sauce until fully covered. Set aside.

Spray or brush olive on both sides of keto wrap and place on nonstick pan or skillet over medium heat. Once wrap is heated on one side, flip and heavily top entire wrap with grated cheese. Allow cheese to melt then disperse chicken mixture, sliced jalapenos and chopped cilantro on half of wrap. Fold wrap over ingredients and cook until quesadilla is golden brown on both sides.

Cut into three triangles and serve with salsa.

## The best stress-reducing foods

By Fitness & Nutrition Expert Julie Germaine Coram

How do you deal with unsettling situations? Long-term stress, in particular, takes a toll on one's mental and physical health, so it is a good idea to develop coping mechanisms to relieve tension. Perhaps one you already resort to is comfort eating? If yes, don't worry - you're definitely not alone... But it's likely that your food choices are actually compounding the negative impact of everyday stressors. Wouldn't it be great to learn what foods alleviate stress?

When we get stressed, our bodies respond with the production of the hormone cortisol. This can unfortunately activate some physiologic consequences, such as increased body fat and reduced immune system response over time. High cortisol levels have an effect on the digestive system that can lead to inflammation, insulin resistance, and ultimately prompt stress-hormones to further sky-rocket.

Hocus-pocus! Just eat these foods and you'll eliminate stress!

(I wish.) No, that's not possible, but you can slow down the release of cortisol by incorporating some of the following items into your regular diet:

- 1. Compounds found in green tea can keep the GI tract less permeable, inhibiting cortisol-producing enzymes.
- 2. Vitamin-C rich berries, peppers, or kiwi support healthy adrenal glands and balance cortisol levels
- 3. Other fruits and vegetables that are high in potassium combat side effects of elevated stress-levels, including bananas, honeydew, apricots, raisins, spinach, and yams.
- 4. Fermented foods that contain probiotic lactobacillus, such as yogurt, some cottage cheeses, sauerkraut, and tempeh, evoke the body to release oxytocin as a way to reduce stress.

If you have to operate under constant stress, you could become less



Fitness and Nutrition expert Julie Germaine Coram

effective at work, more irritable at home, and develop warning signs of serious health deterioration, including memory loss, sleeplessness, depression, weight gain, and more. Chronic stress plagues many of us in these challenging times, here are some tips to help:

- 1. Equalize time spent between leisure and work.
- 2. Move your body every day!
- 3. Try cutting back on coffee and alcohol.
- 4. Commit to getting adequate sleep.
- 5. Start a new hobby or connect with friends who are chill and fun.
- 6. Book a beach get-away or plan a staycation with your favorite video game.
- 7. Take your dog for more walks.
- 8. Know when you need professional help and book time with a coach or therapist.

Julie Germaine Coram; NASM Certified Nutrition Coach, NFLC Registered Personal Trainer, 2x International Pro Fitness Champion. Coach Julie has helped tens of thousands of men and women improve their health since 2005. Visit juliegermaine.com or www.calendly.com/juliegermaine



Recipe courtesy of chef George Duran Yield: 1 quesadilla

Rotisserie chicken, pulled and chopped enchilada Sauce olive oil

Toufayan Bakeries Keto Wraps Tex-Mex cheese, grated jarred or fresh jalapenos, thinly sliced cilantro, chopped

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# At the end of the rainbow find Beaches of 59

By Laura McCombe

Highway 59 could very well be the path that leads you to the treasure at the end of the rainbow. A journey that brings rewards along the way. From the Brokenhead Wetland (Debwendon) you will weave over gentle hills and along the way find beautiful beaches on the edge of the rich boreal forest that cuddles the area. Expect to find amazing recreation facilities, wonderful restaurants managed by exceptional chefs, some really cool rental properties – the kind you see on vacation advertisements, plus businesses that are prepared to cater to your whims – décor, clothing, specialty foods, and artisans that are second to none. Check your mileage gauge. You haven't drifted much more than a hundred kilometres from the city and the adventure is just beginning. Go ahead. Explore - Play -Stay - Fall in love with the place. Your best resource for finding this treasure is www.beachesof59.ca.

This summer from July 7 to 21 the Beaches of 59 held their first "Dine Around 59", a public event that featured not less than fifteen local dining experiences, voting and prizes. Sherwood Chip Stand of Gull Lake won the honour of the most votes for their Outlaw Burger.

For the whole summer, from July 1 to Sept. 4 try out Beach Bingo. Fill out two of the ten online Bingo cards prepared especially for children and families who are game to explore the Beaches and a prize could be yours. On the future agenda is Fish Around 59 which is a new event that will encourage folks to get to know more of year-round activities available including ice fishing.

Currently, excitement is building for the Second Annual Amazing Race to be held on August 12. Last year was a resounding success as nineteen teams

competed over a tough course covering 42 kilometres from Victoria Beach to the South Beach Casino with seventeen tough challenges along the way. This year, under the tutelage of summer students Andrew Kahl and Lexie Verres, the event has attracted twenty-five teams of four who have committed to practising, problem solving and exercising physical endurance. They will navigate a shorter route that will take the highly competitive teams from the Birchwood Hotel at Traverse Bay to the Grand Marais Community Central & RV Park. The event is guaranteed to be fun to watch with the promise that there will never be the same thing twice.

None of these events would be available but for a dedicated team of ambassadors who are working hard as community builders to keep the East Beaches a great place to live and raise families and retire. Most certainly Beaches of 59 is about tourism and their champions are steadily engaging partners/stakeholders and those who love the Lake. Tourism is the heartbeat along the Lake shores, the forests, and the trails and is essential to home and cottage owners and renters on the stretch from Scanterbury to Victoria Beach and all stops in between. The vision for well-being goes beyond an event calendar for the daytrippers and campers who visit and includes the seasonal cottage owners and the permanent, year-round residents who simply by living here have become an integral part of a grand adventure. Without people to explore, play and stay there would not be necessary services or viable business opportunities in the area. Beaches of 59 is about community and sustainable development.

Four or five years ago, Lise Bourassa was invited to become a pillar member of a new tourism group to be mentored by the experts at Travel Manitoba. She and like-minded people were approached by the R.M.s of St. Clements and Alexander to help inspire stakeholders to collaborate and invest in the rejuvenation of the areas in and near Grand Beach Provincial Park. Garry Marshall, Economic Development Officer for the R.M. of St. Clements is Chairperson of the committee. Vice-Chair is Michele Wasney, Economic Development Officer for the R.M. of Alexander.

Bourassa said that her first thought when she was asked to join the Beaches of 59 venture, was "Let's make this place thrive". At the time, Bourassa was already an established stakeholder as co-owner of Saffie's store and Le Gouter plus several other business interests within the East Beaches. She had been a cottager at Albert Beach since her parents brought her there as

The opportunity to buy Saffie's came at a time when she and her husband were still living in the city but looking for a business venture (or two) and realized they could manage the short commute to Albert Beach. Proximity to the city is one of the reasons that East Beaches is a treasure.

Laura Kemp had a similar thought. Kemp was already a real estate appraiser when she first discovered the East Beaches for herself fifteen years ago and bought her own little piece of paradise on the Lake. She had been a cottager in the Whiteshell and happened to be in the area for her work.

She quickly realized that the East Beaches had plenty of affordable property for sale, plus the bonus of a short commute to the city of Winnipeg for the type of work she does. Like Bourassa, she wanted the best of both worlds – city and cottage country both for work and for four-season living. She recognized then that the

East Beaches were grossly undermarketed with respect to their affordable housing and the tremendous amount of recreation potential.

The platform got off to a bit of a slow start with COVID-19 ruling much of what could and couldn't be done to promote tourism in the area at the time. Today Bourassa says Beaches of 59 is a work in progress, and she is pleased with how the initiative has evolved. What surprised her most as she expanded her horizons beyond her little community, was just how much the whole area has to offer. She and her husband went exploring beyond their community border and she admits that she was astounded by how much there is to see and experience in the East Beaches beyond their own popular subdivision.

With the pandemic in the background, the Beaches of 59 members are looking to help East Beaches to

"We have a great team of people, each of whom brings specific talents to the table," said Bourassa.

She admires Kemp who has for the last couple of years breathed energy into the initiative as she selflessly applies her marketing expertise into the

"I like to give people a reason to explore while at the same time helping out small business," Kemp said.

Both sing the praises of Stephen C. Boyd, the talented website and newsletter designer who is responsible for taking the committee's ideas to the next level with his graphic designs. Rounding out the group are Donna Whalley of Grand Marais Community Central & RV Park; Carol Danwich former owner of Carol's on Leon. The group welcomes new members and is always on the lookout for those with time and talent and energy.

# Red River North Tourism offers free walking tours in Interlake

**Submitted by Red River North Tourism** 

Red River North Tourism is pleased to announce that interpreter led walking tours will be available throughout the month of August. Local interpreters Keenan Hosfield and Tristan Bannish explore various aspects of the history and culture of the community with participants.

Tours are FREE and topics include the creation and meaning of many murals dotted throughout the downtown area; the early beginnings of the city; and the growth and development of the community. Tours are approximately thirty minutes in duration. Tours for groups of 6 or more are also available by appointment.

## **Mural Tours:**

A walking tour of the many murals in and around Manitoba Avenue will be offered each Wednesday at 11:00 a.m. and 1:00 p.m. in conjunction with the Waterfront Markets and on Saturday at 10:30 a.m.

Meet the Interpreter on the corner by the Gordon Howard Centre.

A Taste of History Tours:

These tours will alternate between two themes: Humble Beginnings and Work, Play, Love & War and will inform about the development and

growth of the City of Selkirk and the continuing role Red River North played in the growth of the community and of Manitoba as a Province.

They will take place on:

Thursday, 7:00 p.m.

Wednesday, 10:00 a.m. & 12 p.m.

Saturday, 11:30 a.m.

Meet the Interpreter on the corner by the Gordon Howard Centre.

## **Captain Kennedy Tours:**

Interpretive tours of the Kennedy House property and gardens share the significant stories of Captain William Kennedy and his historic exploits, his family, his famed house constructed

in 1866, and other notable figures in the Red River community.

These tours take place on:

Wednesday, Thursday, & Friday, 7:00 p.m.

Saturday & Sunday, 1:30 p.m. & 3:00

Meet the Interpreter in the riverside parking lot, south of the house.

For further information or to book a group tour contact Red River North Tourism at info@redrivernorthtour-

Whatever the season, there's always a reason to spend time in Red River North.

# Elmwood Giants win gold at 22U men's baseball nationals

By Brian Bowman

The Elmwood Giants won gold at the 22U men's baseball nationals at Quarry Park in Stonewall last week-

Elmwood defeated Quebec 5-1 in the championship game on Sunday

The Giants scored three runs in the fifth inning. Quebec replied with one in the bottom of the sixth and then Elmwood answered with a pair in the

Rylan Penner earned the completegame victory, allowing just four hits.

The Giants were outstanding throughout the tournament, posting a perfect 6-0 record. But Elmwood was challenged in some tight games.

"It's a big stage and I think it's only been twice for Manitoba (to win nationals) that I know of," said Giants' assistant coach Donnie Smith, a St. Andrews' resident. "The last time was about 13, 14 years ago. The bigger stage, the higher level of competiwith some great arms."

Elmwood reached the final after downing Nova Scotia 3-1 in a semifinal game Sunday morning.

The Giants scored a pair of runs in the bottom of the second inning and then added another in the sixth. Nova Scotia scored its run in the fifth.

St. Andrews' left-hander Ethan Minaker earned the win, pitching five stellar innings while recording five strikeouts.

"Ethan Minaker, a St. Andrews' kid, threw against Nova Scotia and did really well," Smith said.

The Giants' pitchers were fantastic during the playoff round, allowing just two runs in two games.

"Every pitch was meaningful and our guys did a great job on the mound," Smith said. "Every guy that came in was very successful.'

Elmwood started the nationals with an 8-2 win over Quebec last Thursday and then crushed Saskatchewan 24-2 on Friday.

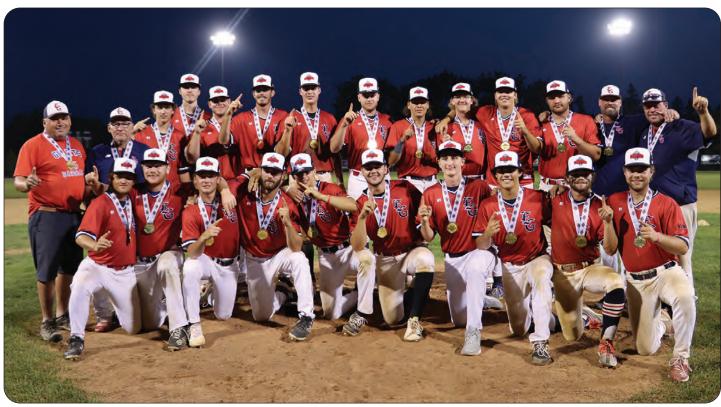
"Our hitting was on fire this weekend which allowed us to have a bit of control at the tail end of games," Smith said.

Later Friday, the Giants edged Ontario 2 by a 5-4 score.

Elmwood, which trailed 3-0 after three innings, scored three runs in the top of the sixth inning for the comeback win. The Giants outhit Ontario 2 10-4.

The Giants then improved their record to 4-0 with a solid 13-0 shutout win over the host Interlake Blue Jays.

players from the Interlake area, in- in real time.



**RECORD PHOTOS BY LANA MEIER** 

tion, we faced some really good teams The Elmwood Giants are the 2023 22U Men's Baseball National champions after defeating Quebec 5-1 in the final on Sunday.

cluding St. Andrews' Tyler Smith, Colson Smith, Brett Zeller and Minaker, Lockport's Dylan Duguay, and East Selkirk's Kevin Burnett.

The Interlake Blue Jays' roster included St. Andrews' brothers Liam Allen and Keenan Allen.

Interlake is producing some great baseball players.

"It stems from most guys starting at 11U and continuing to play and working through the 13U, the 15U, and 18U North Winnipeg programs," Smith said. "Every year they get a little better and stay with the game. It's great to see because a lot of kids get to the age of 15, 16, 17 and they kind of find other things to do. I'm glad that this group that I have had an opportunity to coach at a young age continued to

"North Winnipeg has done well and (for them) to get to a tournament like this is pretty cool to see."



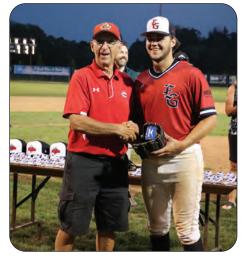
Elmwood's roster included several Coach Donnie Smith streaming the win



The Elmwood Giants' Cody Gunderson slides safely into home plate against Quebec in the championship game of the 2023 22U Men's Baseball National Championship on Sunday in Stonewall.



Top offensive player Dawson Tanner.



Top defensive player Rylan Penner.

# SDOPTS&recreation of the source of the sourc

## North Winnipeg Pirates golden at the U15 AAA Tier 2 baseball provincials

By Brian Bowman

The North Winnipeg Pirates crushed Oildome 11-1 in the championship game of the Tier 2 U15 AAA baseball provincials in Winnipeg on Sunday.

"Oildome was a good squad. We played well throughout the weekend so we bought ourselves not having to play in the morning game on Sunday and Oildome had to beat Pembina Hills to get to the finals," said Pirates' head coach Chris Mussell. "I think they were a little worn, you only have so many arms. We had things lined up well. We had Josiah Elias and Lincoln Carriere to pitch to win the finals and they are two of our top four pitchers. That goes a long way for us."

The Pirates rebounded very nicely at provincials after struggling a bit last month.

"We had a tough end to the season. We really thought we were a Tier 1 (team) that would be competing for the top-end championship," Mussell said. "But by the time we hit July we had a few injuries, we lost our starting catcher to an injury and my son Ben ended up breaking a foot. We're down two guys right now so we're a little depleted so that makes it all the more sweeter that we were able to do this with a roster that was hurting and it just shows how well our guys stepped up.

North Winnipeg started the provincials with a 7-3 win over Red River last Friday.

On Saturday, the Pirates defeated Oil Dome 7-6 and Pembina Hills 6-1.

North Winnipeg played tremendous defensively, allowing just 11 runs in four games. The Pirates also got clutch hits when they needed them.

"Our team definitely buckled down and our de-



The North Winnipeg Pirates won the U15 AAA Tier 2 baseball provincials after defeating Oildome on Sunday. Pictured back row, left to right, Chris Kerr (assistant coach), Chris Mussell (head coach), Noah White, Josiah Elias, Ryan Terrio, Ben Mussell, Ronan Tracy, Antoine Stevens, Carson Krawchuk, Evan Stacey-Bach, Trevor Besyk (assistant coach), and Mark Tracy (assistant coach). Front row, left to right, Koen Nickel, Nicholas Besyk, Lincoln Carriere, Nolan Stewart McDonald, and Nolan Edmonds.

fence and pitching was superb," Mussell said. "Quite honestly, what hurt us in July was not getting timely hits and we probably had more two outs, runners in scoring positions (hits) this weekend than we had in a whole month combined."

North Winnipeg now advances to the 15U AA westerns in Kelowna which begins Aug. 18 and wraps up Aug. 20.

At the 13U AAA Tier 2 baseball provincials, North Winnipeg posted a 1-4 record.

The Pirates started action with losses to St. James (10-6) and Oildome (11-10) before beating Interlake 14-3 on Saturday.

Later that day, North Winnipeg lost 11-5 Brandon. Sunday saw North Winnipeg downed 8-6 by Mid-

# Selkirk FC, Tri-S Strike Force lose games

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Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337



Selkirk FC was defeated 3-1 by IPAC Ukraine United in Manitoba Major Soccer League 3rd Division action last Wednesday at the Selkirk Recreation Complex.

Spencer Golden scored in the losing cause.

The two teams met again this past Tuesday but no score was available.

Selkirk FC will host Triumph on Aug. 17 at the Recreation Complex. Game time is 6:45 p.m.

The Tri-S Strike Force, meanwhile, was doubled 4-2 by Storm FC on July 31.

Tony Pyner and Aaron Bell scored for Tri-S.

The Strike Force will play Thunder FC on Wednesday at the Buhler Recreation Park. Game time is 7 p.m.





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- 2010 CONVEY-ALL HDF12 auger Lot# 3589
- 2015 CONVEY-ALL BTS150 auger Lot# 7293
- DIAMOND DOORS K-DD3053M Lot# 3904 • LAYCO 24x80 grain conveyor Lot# 2918
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- 1989 TEREX 60C wheel loader Lot# 6560 1990 DRESSER TD20G crawler Lot# 6545
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- 2011 MANDAKO SWATH ROLLER 10 Lot# 2596
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## **AUCTIONS**

AUCTION SALE: Susan & Paul Shumilak Garson, Manitoba. Starting 6:30 PM Friday August 18th (Household & Yard Items) Starting 10:30 AM Saturday August 19th (Shop & Farm Equipment)

Location: lot 31099 (SW20-12-6E RM of St Clements) (2 miles north of Garson on Road 33E, then approx. 1 1/2 miles west on 75N)

All items sold in "as is, where is" condition with no warranties implied or expressed (Rain Date: Sunday August 20th). 6:30 PM Friday Craftsman 21 hp 42 inch LTX1000 tractor lawn mower\* Merry garden tiller\* Honda gas power washer\* Homelite 8" electric pruning saw\* 5 pc 80's bedroom suite\* 6 drawer dresser\* York bench exercise equipment.\* Corner computer desk\* Domo hand crank cream Separator\* Toledo store scale\* Glass top coffee table\* Large wall mirror\* Coffee table c/w lifting top and drawers\* 2 - end tables \* Household antiques\* Assortment of household & yard items & more. 10:30 AM Saturday Good assortment of shop & farm items, hand & power tools & other interesting items will be sold\* Metal corral panels, circular saw mandrill\* cement mixer\* Tire changer\* Heavy duty metal band saw\* assort of scrap and more. The following items will be sold at approximately 12:30 PM: 2002 4 wheel drive Kubota M110 diesel tractor c/w cab. M 960 front end loader, 3 pt hitch, 07510 hrs. excellent condition, start bid \$14,000.00 \* 1975 JD 4630 diesel tractor c/w cab & dual tires, start bid \$8,000,00\* 1965 JD 4020 diesel tractor c/w cab. front end loader, start bid \$5,000,00\* 1950 D2 cateroillar c/w angle blade, completely overhauled, canopy, start bid \$2000.00, trailer sold separately\* 1976 Dodge 3 ton truck, 360 motor, steel box w auger & extensions, 32783 miles, not safetied\* 1975 MF 750 combine\* NH 499 haybine\* NH BR 780 round baler, wide pickup\* NH 516 manure spreader\* NH side delivery rake\* 20 ft Versatile 400 SP swather\* 15 ft Versatile pull swather\* NH 36 ft grain auger\* Grain hopper wagon\* Melroe 7 bottom plough\* 3 pt hitch brush mower\* 72 ft Richardson tandem sprayer\* 20 ft MH one way disker & fertilizer attachment\* Rock-o-matic stone picker\* 16 ft IH chisel plough\* 24 ft IH vibrate cultivator\* 16 ft IH shank cultivator\* Conveyair PTO grain vacuum \* 16 ft White 256 tandem disker\* 10 ft IH cultivator\* 20 ft hydraulic disker\* 3 pt hitch post auger\* 16 ft stock trailer\* 21 x 10 steel bale wagon\* tandem bale wagon\* 6 ft 3 pt hitch tandem disc\* 3 pt hitch 3 bottom plough\* 3 pt hitch 8 ft cultivator\* Honda 125M 3 wheel ATV trike\* etc. Antiques: 1950 chevy 1 ton truck, not running\* 1956 Ford 1 ton truck with side box, not running\* IH Farmall M tractor, IH breaking plough\* 1960's MF 85 tractor & loader\* MH 20 run seed drill\* MM 3 bottom plough\* Final Item: Metal cattle corral c/w squeeze & chute & approx. 40 metal fence panels will be sold as one unit. The location is about 1 mile away from the auction site.

Note: Paul & Susan are relocating as their property has been sold. This is a very interesting sale to attend: Terms of the sale: Cash, debit, MC, Visa accepted \* Prior approved cheques will be accepted\* All item(s) must be paid for on day of sale \*Any statement made by the auctioneer on item(s) or lot(s) before being sold shall take precedence over any other advertising \* Once an item is sold the purchaser is responsible for the item(s) \* Items may be added or delete before sale time \* GST and PST applied \* Not responsible for errors in advertising

For further information on the sale telephone Paul or Susan at 204-482-5140 This sale is conducted by Rent-A-Auctioneer 204-268-6650 The items can be viewed on rent-a-auctioneer.ca.

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9

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Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have ou hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

Fun By The

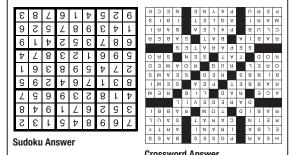
3

Here's How It Works:

4

2 5

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row column and box. You can figure out the order in which the numbers wi appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

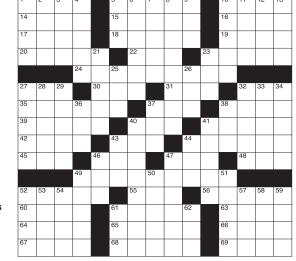


# ROSSWOR



- 10. Type of guitar
- 14. Actor Idris
- 15. A citizen of Iran
- 16. Creative 17. Harness
- 18. Weight unit
- 19. You better call him 20. Utterly devoted
- 22. Male cat
- 23. Spiritual leader of a Jewish congregation
- 24. Risk-taker
- 27. A team's best pitcher 30. Cool!

- 32. Georgia rockers
- 35. Step-shaped recess
  37. The princess could detect its
- presence 38. Type of truck
- 39. Butterhead lettuces
- 40. Angry people see it
  41. Lines where two fabrics are
- sewn together 42. Soviet city
- 43. Carpet
- 44. Traveled all over
- 45. Thin, straight bar 46. Body art (slang)
- 47. Congressman (abbr.) 48 No seats available
- 49. Breaks apart
- 52. Arabic name 55. Ballplayer's tool
- 56. Type of sword 60. Baseball team
- 61. Upper bract of grass floret 63. Italian Seaport
- 64. Ancient Syrian city 65. Shoelace tube
- 66. The Miami mascot is one
- 67. South American nation
- 68. Popular video game "Max 69. Body part
- CLUES DOWN



- 1. German courtesy title 2. Ancient Greek City
  3. Ancient Hebrew calendar month
- 4. Long-legged frog family 5. Photo 6. Delivered a speech 7. Lute in classical Indian music
- 9. Take a seat 10. Belonging to a bottom layer 11. Member of a Semitic people

8. Decorated

- 12. Part of a ticket 13. Defunct Guinean money
- 21. Challenges 23. Popular BBQ food
- 25. Subway dweller 26. By way of
- 27. Shady garden alcove 28. Egyptian city 29. Partner to "flowed"
- 32 Widens 33. Old Eurasian wheat

- 57. Small fry

34. Act incorrectly

36. European pipelii 37. Al Bundy's wife

41. Sound units

finish

49. Rumanian city

50. Urge to action

43. Style of music

44. A way to drench

40. Root eaten as a vegetable

46. Hot beverage 47. A cotton fabric with a satiny

51. Vaccine developer 52. Canadian law enforcers

53. Wings 54. "Perry Mason" actor Raymond

38 Ocean

- 58. \_\_ Clapton, musician 59. Take a chance
- 61 Rland food
- 62. Consumed

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Customer service, sales experience and passion is a must.

- -Strong computer skills, including Microsoft Office
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- -Willingness to learn
- -Ability to work independently

If you fit this description please email resume to Bigandcolourful@mts.net







**RURAL MUNICIPALITY OF GIMLI** 

GIMLI AIRPORT AIRPORT MANAGER Part-time - 20 - 30 hours per week

## **Position Summary:**

The Rural Municipality of Gimli is seeking applications for a hands-on Airport Manager to be responsible for the effective and safe operation, maintenance, and security of the Gimli Airport in accordance with all applicable Transport Canada, Federal Government and Municipality Policies and agreements. They will ensure the optimal utilization of operational and staff resources and manage the programs and services, as well as required reporting for all aspects of the airport operations.

The Airport Manager works with a high degree of independence and is required to create and implement short and long-term plans and strategies that support the RM's goals for the Airport. In support of airport safety, the incumbent is responsible for administering the Emergency Planning Manual, Airport Operations Manual and the Safety Management System. They will ensure effective relationships are maintained with airportbased businesses and tenants, the aviation community and airport users; and to foster a positive image for the airport and as a result the community. In addition to providing management services of the airport, the Airport Manager will, as required actively participate in day to day activity in support of airport operations such as emergency crash response and supporting airport users as required including but not limited to: fuel system assistance for pilots, aircraft parking, runway inspections, bird control, ordering and accepting fuel deliveries, issuing Notams, and performing or overseeing contractors undertaking repairs and maintenance as needed at this airport facility.

## **Qualifications and Experience:**

The ideal applicant will possess the following:

- Graduate of a post-secondary program in Airport Management, Aviation, or a related discipline
- Four to five years of progressive hands-on experience in airport operations and management including snow removal, personnel, financial management, airport security and emergency planning.
- A demonstrated understanding of all federal aviation legislation, regulations, service standards and directives.
- Demonstrated knowledge and experience with Transport Canada's Safety Management System
- Highly developed interpersonal, presentation, written and oral communication skills, with experience in working with staff, committees, Municipal Council, the public and various
- Demonstrated experience in managing staff and contractors involved in airport operations and maintenance
- Ability to prepare reports, articles, policies, specifications and standards. Demonstrated proficiency with Microsoft Office products.
- Demonstrated technical and technological proficiency with aviation related technologies such as weather collecting sensors and airport lighting systems.
- Ability to undertake both management and, as required, operational duties.
- The ability to obtain and maintain Government of Canada security clearance to the appropriate level as required by Transport Canada is a condition of employment
- Obtain and maintain a Restricted Radio Operators licence.
- Ability to work variable hours

This is a part-time variable hour opportunity.

The position will remain open until filled. Applicants will be considered starting August 14, 2023.

Resume and cover letter to be sent to:

Laurel Repski

**Human Resource Consultant RM of Gimli** repskihrc@gmail.com

We thank all interested applicants, however only those selected for an interview will be contacted.

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## Reporter/Photographer **Wanted**

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

## Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an

Please forward your resumé along with three writing and photography samples to:

Email: news@stonewallteulontribune.ca



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on our website, www.rmofstclements.com. Applications with

detailed resume clearly stating the position(s) applied for will be received or via email to pwadmin@rmofstclements.com.

Thank you to all who apply, however, only those candidates

selected for an interview will be contacted.

Kevin Grabowski, C.E.T

East Selkirk, Manitoba, R0E 0M0

**Project Technician** 

Box 2, Grp 35, RR 1

155 CIL Road

### PERSONALS

Widower, good health, average size would like to meet any woman, any age OK. Give me a call, Wayne 204-348-3240. I can come over quite a bit - don't be shy, thanks, Wayne.

#### **UPCOMING** EVENTS

St. Andrews on the Red Anglican Church invites you to 2 concerts with "Chance. by Golly" (Celtic Folk Duo) performing on August 13th and 27th from 1:30 to 2:30 p.m. Admission by dona-Refreshments tion. served. All proceeds to "Raise the Roof" fund to replace church

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#### NOTICES

URGENT PRESS RE-LEASES - Have a newsworthy item to announce? An exciting change in operations? Announcing a scholarship? Though we cannot guarantee publication. MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947- 1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

Don't forget to send your special wishes to your friends and family with a message in the Record

### NOTICES

BACK TO SCHOOL HIRING? REGISTER-ING PEOPLE? SOME-THING FOR SALE? HAVING AN EVENT? Book your Blanket Classified Ads NOW in the 31 Weekly Manitoba Community Newspapers to have your messaging seen all over the province! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book -ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

#### **HEALTH**

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#### **NOTICE TO CREDITORS**

IN THE MATTER OF THE ESTATE OF CAR-OLYN VIOLA ZAHA-RIUK, late of Sandy Hook, in the Province Manitoba, ceased.

ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 183 Main St., Selkirk, MB, R1A 1R5, on or before the 2nd day of September 2023

DATED at the City of Selkirk, in Manitoba, this 2nd day of August 2023.

PKF LAWYERS-Selkirk MB office

Adam Kelso, solicitor for the Executor

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication. Call 204-785-1618

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#### ANNOUNCEMENT

#### ANNIVERSARY



Happy 60th Anniversary **Bruce and Lynne Moore!** August 10th Congratulations and Best Wishes! -From Kelly, Randy, **Curtis and Maria** 

#### ANNOUNCEMENT

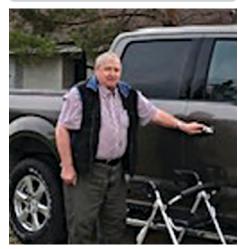
#### **ANNIVERSARY**



Mia & Leo Fournier August 10, 2023 Happy 60th Wedding Anniversary! Your love and dedication have made you a true example of a beautiful and lasting marriage. Wishing you a great day filled with love, joy, and wonderful memories. -Love and best wishes from your family.

### **ANNOUNCEMENT**

## **BIRTHDAY**



Happy 85th Birthday **Bruce Moore!** August 9th Love you and best wishes! -From Lynne. Kelly, Randy, Curtis and Maria

# Announcements Selkink Regard



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### ANNOUNCEMENT

#### **BIRTHDAY IN HEAVEN**



Lily Safiniuk August 9, 1928 - December 2, 2018 Baba, we carry you every day in our hearts. If roses grow in Heaven, Lord Please pick a bunch for us And place them in our Baba's arms And tell her they are from us. Happy Birthday in Heaven, Baba. Love you always, and forever. -Kimball, Brenda and kids

Your memory will live forever Engraved within our hearts

## ANNOUNCEMENT

## IN MEMORIAM



Lorne Monkman August 10, 2020 Goodbyes are not forever, Goodbyes are not the end, They simply mean I'll miss you, Until we meet again.

-Love Michelle, Kirby, Kirk and families

There is a link death cannot sever, Love and remembrance last forever.

### OBITUARY

#### Leigh Wilson

On August 4, 2023 at the Tyndall Building in Selkirk, Manitoba, Leigh Wilson, aged 73 years, of Selkirk passed away

In keeping with his wishes, cremation has taken place and a private family graveside service will take place at a later date.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home. Selkirk in care of arrangements.



#### **OBITUARY**

#### J. Leslie Riehl

Peacefully, on Thursday, August 3, 2023 at the Tudor Personal Care Home, Leslie Riehl, aged 79 vears, passed away.

In keeping with his wishes, cremation has taken place and a private family graveside service will be held at a later date.

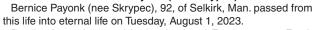
Full obituary to follow.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



## Bernice Payonk (nee Skrypec)



Bernice is predeceased by her husband Frank, parents Frank and Katherine Skrypetz, brother Carl, sister Minnie, Minnie's husband John Komish, infant brother Patrick and infant nephew

She is lovingly remembered by her sister-in-law Nettie, brotherin-law Wally Payonk (Dell), sister-in-law Doreen Louise Vinzenz (Joe), nephews and nieces: Brian (Lisa), Karen (Marc), Russell (Stephanie), Kathy (Randy), Valerie (George), Greg (Gwen), Carol (Marcel), Loreen, Deneen (John), Christeen (Gord), Jodeen (Brian), Wendy (Paul) and Debbie (Mario). Bernice also loved spending time with numerous great nieces and nephews

Bernice was born January 12, 1931 on the homestead in Libau,

Man. She attended Libau East School and Happy Thought School in East Selkirk.

She was the oldest child on her family's farm where she made many happy memories with her siblings and parents. After graduating from Happy Thought School, Bernice taught at Stony Point School for one year. She often shared stories about that one room schoolhouse. Years later, some of her students even recognized her as a senior while living in Selkirk.

As a young adult, Bernice traveled to Alberta, Detroit, Toronto and New York to visit family. Then, she moved to Winnipeg in 1952 to work at Paulin's Cookies, packaging delicious treats.

That June, she married Frank Payonk and together they farmed land for more than 40 years near Landseer, Man. (now Holland, Man). During the hard winters, Bernice stayed in Winnipeg and worked for a jeweller and in Eaton's mail order office during the busy Christmas rush. During spring, summer and fall Bernice worked side-by-side with Frank on the farm. In 1961, Bernice made the farm her permanent, year-round home with Frank.

Bernice was active at the farm and in the surrounding community of Holland where she met many lifelong friends. While living on the farm, Bernice volunteered for 18 years with 4H — helping young people find passion in baking and sewing. After retiring, she and Frank moved to the town of Holland and the volunteering ramped up. Bernice was a huge supporter of the Holland Lionesses for many years and enjoyed volunteering for the Hospital Guild in Treherne, Man. But her favorite volunteer role combined her culture and food — Bernice planned, cooked for and served at the annual Festival of Nations Ukrainian Slavic Pavilion for 10 years. She recruited as many family members as possible, all while building amazing friendships and beautiful memories to last a lifetime.

Bernice was a faithful woman who loved the Lord, church and community, but prioritized spending time with family and friends above all else. Over the years, she loved writing to pen pals, nieces and nephews. She'd call them on special occasions or just to chat. Bernice often packed up the van with Frank and drove to see family in Saskatchewan, Alberta, Ontario or anywhere in Manitoba. She really cherished those visits.

Bernice's family sends a huge thank you to the wonderful Selkirk home-care team and Selkirk Hospital staff (Emergency and 2nd floor Medicine). Your dedication and compassion is truly

Funeral Service will be held on Tuesday, August 8, 2023 at Gilbart Funeral Home in Selkirk at 1:00

In lieu of flowers, the family encourages donations to a charity of your choice.

Till we meet again.

Wieczny odpoczynek racz jej daj Panie God give her rest and eternal joy.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





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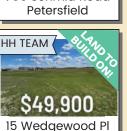
**EVERY THURSDAY 6-8** SUNDAY 1-4! AT 801 VAUGHAN AVE, SELKIRK





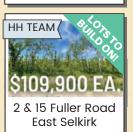


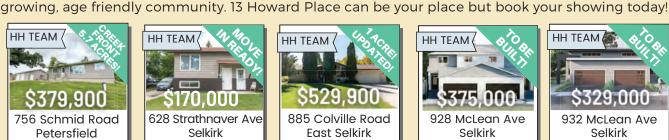




Gimli







FEATURE OF THE WEEK!

13 HOWARD PLACE | SELKIRK | \$519,900 | CREEKSIDE ESTATES!

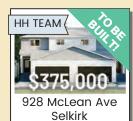
Walkout Wonderful! Backing onto Creek find this Custom Built, Meticulously Maintained 3 Bedroom Bungalow located in Selkirk's Creekside Estates. 1531 sqft with open concept main floor

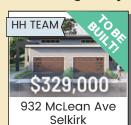
plan creates a very spacious atmosphere. Large, bright kitchen w' pantry, cozy living room w' stone facing gas fireplace and 3 well sized bedrooms situated on the main floor, walk in closet and 4 piece ensuite in the primary bedroom. Main floor laundry with sink and storage at garage entry. . Composite deck out front front and composite balcony off the back with custom glass railings. Low

maintenance landscape with fruit trees, full ICF basement w' roughed-in plumbing for bath and

large egress windows for extra bedrooms. Quick or flexible possession possible. Selkirk is a fast

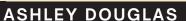












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Brokenhead





ASHLEY





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