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RECORD PHOTO BY LINDSEY ENNS

Fourteen-year-old Breea Berens-Hawkins gets her hair braided by her mother Nicole Berens in preparation for the Treaty No. 1 Commemorative Powwow at Lower Fort Garry on Monday. The family travelled from Winnipeg for the powwow and special event filled with cultural activities throughout the day to mark the making of the Treaty 1 land agreement in 1871 at the historic site. For more photos see page 14.

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# Harper triggers longest election in recent history

**Staff** 

Prime Minister Stephen Harper kicked off the longest election campaign in recent Canadian history over the weekend.

Harper held a press conference at Rideau Hall in Ottawa on Sunday after meeting with Gov. Gen. David Johnston to dissolve parliament for a general election to be held Monday, Oct. 19.

As previously reported in the Winnipeg Free Press, Harper argues by calling the election early all the campaigning will be done within the bounds of election law.

"It's important these campaigns be funded by the parties themselves and not the taxpayer," Harper said.

The Free Press also reported NDP leader Tom Mulcair said this election is time for change and Liberal Leader Justin Trudeau said he plans to make change happen for Canadians, specifically the middle class.

The three party leaders are set to face off today during the first leaders' debate.

More information about the Selkirk-Interlake-Eastman region candidates will appear in the *Selkirk Record* in coming weeks.



**RECORD PHOTO BY LINDSEY ENNS** 

Glen Hnatiuk is surrounded by family, friends and community members following the unveiling of the new Glen Hnatiuk Drive street sign beside the Selkirk Golf and Country Club last Wednesday.

### **Hnatiuk honoured by Selkirk street renaming**

By Lindsey Enns

It isn't hard for Glen Hnatiuk to take a trip down memory lane while visiting the Selkirk Golf and Country Club.

"This is where it all started," Hnatiuk said. "I grew up three blocks away from here ... so it's a big part of my career."

As the city's way of honouring one of its most famous golfers and athletes, Mapleton Street was renamed Glen Hnatiuk Drive during a special gathering at the golf and country club last Wednesday. Nearly 60 of Hnatiuk's family, friends and community mem-

bers gathered for the new street sign unveiling.

"It's overwhelming," Hnatiuk said holding one of the street signs. "It's really cool."

Before moving on to make a name for himself on nationwide and PGA tours in the 1990s and early 2000s, Hnatiuk got his start at a young age at the local golf and country club.

"Glen's been a fantastic ambassador for the City of Selkirk and I couldn't be happier to see a street named after him, and right beside the golf course where he played growing up," Selkirk Mayor Larry Johannson said. "He's

an accomplished athlete and he's always represented Selkirk with class and style."

Hnatiuk said he was humbled by the gesture and thanked the community for their continued support.

"Without the support from the City of Selkirk I don't think I would have had

the career I had so I really appreciate it." he said.

Hnatiuk was born and raised in Selkirk, attended the University of Southern Mississippi and became a professional golfer in 1990.

He played on the Nationwide Tour for several years and in 1998 graduated to the PGA Tour. He won four times on the Nationwide Tour and on the PGA Tour in 2000 had two Top 10 finishes and five, Top 25. His total earnings on the two tours was \$2.6 million.

Hnatiuk also won the Manitoba Amateur in 1986 and was named Manitoba Golfer of the Year in 1987. He was later inducted into the Manitoba Golf Hall of Fame in 2012.

Selkirk resident Bill Bodman applied to the city to have the street name changed. The application was received by the Selkirk Municipal Heritage Advisory Committee and forwarded to the city for final approval.

The former Mapleton Street is a short stretch of roadway between Reid and Sutherland avenues and is located adjacent to the golf and country club. There are no homes located on the street, so no address changes were required, according to the city.





## New bylaw aims to rein in reckless ATV drivers

### RM of St. Andrews mayor says they've received 'quite a few complaints'

#### By Patricia Barrett

A few reckless ATV drivers have prompted a number of complaints from residents in the RM of St. Andrews.

All-terrain vehicles, otherwise referred to as ATVs, have been tearing up public and private property, barrelling through schoolyards and shearing the edges of farmers' fields and damaging crops.

"We've had quite a few complaints about mini bikes and ATVs," Mayor George Pike said. "It's occurring in all six wards."

In May, the RM posted a notice on its website, asking drivers to slow down in populated areas and to respect

property. The minutes from a June 23 council meeting mentioned ongoing complaints about ATVs.

Council has responded by drafting a bylaw, which has already gone through first reading. Pike said it's not only the safety of the public that's of concern, but also the safety of the riders themselves.

At Lockport School, Pike said ATVs have cut across the field. Near the Croatian Community Centre, ATVs drove onto a field where children were playing soccer, cutting between the goal post and the children, and tearing up the ground in the process. Riders have also been driving across people's front lawns and shredding ditches, causing drainage concerns.

"Up in Petersfield, ATVs have been going into farmers' fields and cutting along the edge of crops," Pike said.

Most ATV riders practice safe driving, but those who don't force the hand of rural governments, Pike add-

"It's unfortunate that it's just a few isolated riders causing a problem," Pike said.

Pike added the RCMP is working with the RM to address the problem

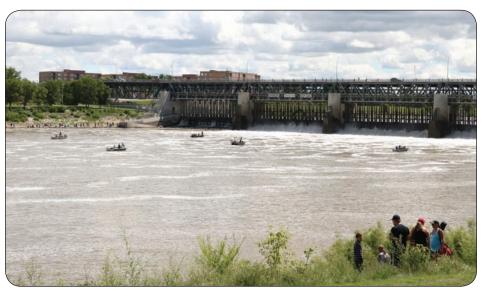
and the RM's bylaw officer has visited the homes of ATV drivers who are the subject of public concern.

But it also appears some citizens are taking the law into their own hands.

A recent flurry of comments arose on Facebook from a group of people in the Petersfield area. The conversation centred on ATV activities near the former gravel pits and a property owner who they allege had set dangerous traps.

Continued on page 12

### **Enjoying the long weekend**



**RECORD PHOTO LINDSEY ENNS** 

Anglers squeeze in another day of fishing along the Red River near Lockport during the August long weekend on Monday.





### Visitors team up for Oak Hammock Marsh boat race

By Patricia Barrett

The August long weekend brought visitors from the U.S. and Europe to the Oak Hammock Marsh Interpretive Centre for its Hazy, Lazy Days of Summer event, which included a toe-dipping contest and a boat race.

In a workroom at the centre on Saturday, participants constructed boats from milk cartons, twine, corks and plastic sheets, all held together with duct tape, before they headed out to the race site at the artesian well.

Heather Averill said she had heard about the wetlands conservation area and thought the boat race would be fun for her three children, 13-year-old Samantha, 11-year-old Jacilyn, and seven-year-old Grant. The family from Houston, Texas, is on a two-week road trip through parts of the U.S. and Canada. "I'm very confident I'm going to win," said Grant, checking the contours of his boat.

Four adult friends also entered the competition. Winnipeg's Rebecca Hiebert, Katia Carel, from Normandy, France, Eugenie Durieux, also from Normandy, and Lars Richter, originally from Germany, constructed boats so intricate, you'd think they had all been apprenticed by a boat builder.





RECORD PHOTOS BY PATRICIA BARRETT

ABOVE LEFT: Children gather around during a boat race, part of a Hazy, Lazy Days of Summer event at Oak Hammock Marsh last Saturday. ABOVE RIGHT: Boats are placed on a dock to dry following Saturday's race at Oak Hammock Marsh.

Richter, a PhD student from Alberta, modelled his after boats commonly seen in Germany. Hiebert made sailors out of pipe cleaners for her boat.

The artesian well is located a few kilometres from the conservation building. The water bubbles up from an underground spring that runs from Stonewall to the Red River. It was once a source of Winnipeg's drinking water before Shoal Lake in Ontario was deemed suitable, according to

public programs co-ordinator Dusty Molinski. The crystal clear water has little oxygen and is so cold, roughly four degrees Celsius, that nothing lives in or near it. Few visitors could keep their toes in the water for very long. A toddler ran through the shallow stream, winning the endurance test hands down.

After soaking up the rays and enjoying a Freezie provided by the centre, participants lined up their boats and

set them loose. As the current carried them downstream, people ran along the banks cheering them on. Some boats capsized or got wedged in the tall grasses overhanging the stream.

Durieux's boat was first to cross the finish line, which was a foot bridge a few hundred yards downstream. She took home the grand prize consisting of a goody bag filled with souvenirs from the gift shop.





## Dairy Queen owners loving life in Selkirk

The Douglas family, Jim from New Glasgow N.S. and Holly from Winnipeg, fatefully got the chance to own their own Dairy Queen restaurant in Selkirk.

At the time, Jim was a corporate manager in charge of Canadian Dairy Queen Restaurants located in malls and airports. Sitting at his desk in Calgary in 2008 he received a call from a fellow DQ manager inquiring as to whether or not he might know of a possible candidate to purchase a Dairy Queen franchise in Selkirk.

He was informed that there were a couple of candidates looking into the location but was asked if he knew of others that could be added to the list. Jim replied that he did know of a candidate and if the others didn't work out to get back to

Shortly after the call came that the other two were not going to pan out. "So who did you have in mind for the Selkirk location?" he was asked. "Me" he replied.

Then came his departure from a corporate position to ownership of their very own DQ. After weeks of long days cleaning, painting and a

dining room renovation, Jim and Holly, both certified DQ managers, reopened the Main Street restaurant on Dec. 22, 2008.

In 1982 the little red roofed restaurant appeared on the west side of Main Street in Selkirk. Forty two years after the first DQ opened in Illinois on June 22, 1940 and 29 years after the chain's first restaurant opened in Canada in Estevan, Sask., Selkirk had its DQ restaurant.

The chain now has more than 6,400 locations in 27 countries around the world and recently celebrated its 75th Anniversary by having a "Free Cone Day" across North America. The restaurant was bursting with loyal DQ ice cream lovers all day and served just under 2,000 cones.

Orange Julius has also been a welcome addition to their list of menu items at Selkirk's DQ.

"It has been a real hit, the Orange Julius line is very different to everything else on the regular Dairy Queen menu," Jim said.

Last week Dairy Oueen launched it's new "DQ Bakes Menu" with baked sandwiches, wrap melts and hot DQ desserts.

Recently the Douglas family has

added a beautiful patio out front.

Jim, Harrison, Holly, and Lily.

"The patio has been a huge hit and has really become our busiest summertime square footage,"Holly said.

Next Thursday Aug. 13, Selkirk's DQ will host Miracle Treat Day, otherwise known as the restaurant's biggest day of the year.

Hospitals. There is no better way to help out a charity but have one of those luscious and delectable DQ Blizzards.





### Volunteers come together to help families in need

By Patricia Barrett

A Winnipeg-based woman who recognized just how hard it is for many single parents, low-income families and new Canadians to obtain items for their newborns, has extended her services to the Interlake region.

In 2011, Pamela Delisle founded You Can't Spoil a Baby, a service that provides free gently used baby items to those in need.

In May of this year, Delisle saw a need to extend the reach of her organization beyond city limits. Delisle has since recruited volunteers in St. Andrews, Clandeboye and Beausejour, all of whom offer their homes as drop-off locations for people wishing to donate baby articles to those in need.

"Not everybody has family and friends to provide support," said Delisle, who previously worked as a prenatal social worker at Winnipeg's Women's Hospital. "We have volunteers stepping up and being an advocate in rural areas."

Although services offering free baby items already exist including the Crisis Pregnancy Centre of Winnipeg, Delisle's service is rather unique in that it reaches people in rural areas



**RECORD PHOTO BY ALICIA THWAITES** 

You Can't Spoil a Baby volunteers along with their children and founder Pamela Delisle pose for a group photo. The volunteer based organization, which provides gently used baby items to those in need, has recently extended its services to the Interlake region.

and comes with a personal touch. She and her network of about 30 volunteers wrap items and deliver them directly to the homes of those in need.

"You get welcomed in," said Delisle, referring to the connections she and her volunteers have made with many people who have requested assistance."Some of our gift recipients and volunteers still email each other."

The idea came to Delisle when she heard people say they didn't know what to do with baby clothes and strollers they no longer needed. She herself had a number of items.

"I have something to give," she said. "Let's find someone to give it to."

Delisle co-ordinates and manages the service from her Winnipeg home. She juggles a myriad of duties while caring for her own children.

"I consider this my third baby," she

She maintains the service's website and Facebook page, interviews potential volunteers, speaks with parents requesting assistance and wraps and delivers gifts.

She receives no funding and ad-

ministrative costs associated with gift wrap, gasoline for deliveries and car maintenance, are shouldered by her and her husband. Her volunteers also use their own personal resources.

St. Andrews resident, Crystal Bennett, answered Delisle's call for volunteers and now collects donations and then contacts families who have requested assistance to find out exactly what they need.

"We are so blessed with family support," said Bennett, who has two children, "and I want to pass it on to another family in need."

Bennett donated her own stroller to a Selkirk family. She said the mother was very thankful for that.

Although the local family prefers to remain anonymous, Bennett said they felt "supported and cared for by the community."

Volunteers try to collect complete sets of clothes for newborns and children up to 18 months old, said Ben-

"It is so wonderful to be able to share in the joy of welcoming a new baby into the world with the families," she said. "I believe every baby deserves the same start in life."

To be considered for a gift, individuals and families can apply online (people without Internet service can visit a public library), or they can phone Delisle.

Continued on page 18



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### Woman challenges Victoria Beach vehicle restriction policy

By Patricia Barrett

A woman who was initially denied vehicle access to the RM of Victoria Beach may formally challenge its long-standing policy with a human rights complaint.

Last week the Winnipeg Free Press devoted two days of coverage to Janis Ollson, who has been in a wheelchair for a number of years after undergoing surgery for cancer. She had signed her children up for swimming lessons at Victoria Beach then tried to get a permit to access the community.

Ollson is not a resident of Victoria Beach but has a cottage in Belair, located south of the popular beach resort. Although it's not clear who had first denied Ollson access when she arrived for her kids' swimming lessons, the Free Press quoted a cottager who said "maybe the person at the gate didn't have the experience they

should have."

Vehicular access is controlled by a gate that is staffed in the summer months. A cottager who spoke with the Selkirk Record said people at the gate are called upon to make decisions about who can drive through the community.

"It's very difficult for people at the gate to maintain the vehicle-free zone," said Pat Dorval, who has had a cottage at Victoria Beach for several years. "But there is a balance between keeping traffic out and being empathetic to people."

Victoria Beach, which is a designated rural municipality, lies on the southeastern shore of Lake Winnipeg and has a permanent population of about 400 people. But during the summer months, their population is known to quadruple.

In 1933, the provincial government

passed a statute giving the municipality power to restrict motor vehicles, in order to "keep Victoria Beach as a first rate summer resort," according to the RM's website. Emergency and trades vehicles are exempt from the policy. Between late June and the September long weekend, resident vehicles are banned from town.

"There are narrow gravel roads that go up the avenues of the cottages," Dorval said adding the resort is often packed in the summer. "There's no room for cars to get around each other."

But the 82-year-old policy appears to benefit cottagers.

"It's one of the important features of Victoria that makes it special," Dorval said. "It encourages activity not having to worry about cars.

"There is very little vehicle traffic, so it makes it safe and enjoyable for bike riding and walking."

Dorval said she's aware that the policy has been a challenge for people with mobility issues. As far as she knows, the RM makes special dispensations on a case-by-case basis.

Victoria Beach council did grant Ollson a permit to drive her wheelchair van into the community, but she was quoted by the Free Press as saying that it came "too little, too late."

"Not only was I made to feel unwelcome based on a mobility issue, but it's affecting my children," she said.

According to the report, she is considering making a human rights complaint.

The RM's reeve, Brian Hodgson, told the Free Press that council has struck a committee to review human rights laws in the province and hopes to have a consistent policy in place by next summer.

### **Brokenhead Ojibway Nation comes alive for Treaty Day celebrations**

By Lindsey Enns

Brokenhead Ojibway Nation will be a busy place this week as various community members and visitors gather to celebration Treaty Days.

The five-day event kicked off Wednesday with a pancake breakfast at the nearby community's recreation grounds and afterwards a powwow at the powwow grounds. The event, which runs until Sunday, Aug. 9, includes various family activities such as live entertainment, a baseball tournament, canoe races, scavenger hunt, outdoor movie screenings and bingo. A full list of events is listed on Brokenhead Oijbway Nation's website by visiting brokenheadojibwaynation. net.

Brokenhead Ojibway Nation Chief Jim Bear said everyone is welcome to join in on the festivities.

"We invite every man, woman and

"WE INVITE EVERY MAN, WOMAN AND CHILD TO COME OUT TO THE COMMUNITY."

child to come out to the community,"

This year marks the 144th anniver-

sary of the 1871 signing of Treaty 1. Every year Brokenhead's Treaty Day Celebrations committee works on planning a wide range of events for both community members and visitors to enjoy. This is also done in conjunction with various volunteers and sponsors.

Bear added this is an important anniversary that needs to be recognized in his community.

"We've had some bad experiences with our traditions and customs and we really thank those elders ... that kept a lot of those ceremonies, traditions alive so that we have the opportunity to showcase them to the world," he said. "If it wasn't for them we would have a lot more lost youth out there today than we presently have."







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## **Anglers share funny fishing stories**

Hi busy summer buddies.

Boy this was a surprisingly delightful week, I mean, I kept on running into anglers with a sense of humour and funny fishing stories.

I was over along the southeast shores of Lake Winnipeg last week but couldn't find anyone fishing because of the high winds and waves. On the way back to Selkirk I stopped at a store in Pine Falls for a drink. As I walked back to my car a chap having recognized me came running after me shouting, "hey Arnie I've got a story for you."

Our new friend, local boy, Don Lavigne, jumped right into a short tale of how two of his friends were in a boat here on the Winnipeg River and when setting up to start fishing one of them threw the anchor out only to realize the rope wasn't tied to the boat.

The angler stood gawking in dismay as the end of the rope followed the anchor disappearing under the water. His partner, now angry, told him to smarten up then handed forward their spare anchor. The errant anchor dropper now upset glared at his buddy grabbed the thing and tossed it overboard then stood wide-eyed in shock seeing that a rope wasn't attached to it.

They both froze stupefied as again their last anchor insultingly splashed water back at them as it sank from view following it's mate to the bottom

Special words were exchanged between the two lifelong friends, then heads down in silence they made for

Later, at their respective homes, naturally, two entirely different versions of the anchor mishap arose which has allowed for endless good natured teasing between the guys. Thanks,

In Selkirk, I dropped by Piston Ring

I walked along the waters' edge passing the time with folks until I came across a younger, fairly thin guy with light brown hair, soft features and voice by the name of Jeff Sinnock. He gave us a story of a time when his former father-in-law was boat fishing with friends in a small walk-in-only lake by Betula Lake in the Whiteshell.

Apparently the boat tipped over and after righting the craft, making shore and straightening out their belongings they realized they had lost a pair of boots. They went back to fishing and sometime later in the day hooked one of the boots.

For years after that they called that lake "One Boot Lake." Then almost 12 years to the day while fishing there they snagged the other boot. Now they call that little patch of water "Two Boot Lake."

It's been popping up in the back of my mind that it was time for a visit to magical Hecla again. Driving to it with the tall thin spire-like spruces towering on either side of the road, the charming causeway surrounded by water and in old town the strikingly painted maritime houses set out stately on perfectly groomed lawns slows one in awe as you drive to the village harbor where mystical Black Island looms eastward out in the haze. On the pier I met another funloving guy Steve Ginter here for the weekend with his wife Charlene and daughter Tehya. He kidded around remarking that there were lots of fish coming out of the water here-just not on his hook. Actually he had caught

a drum and bass which he held up so I could snap a picture for us. Well, have fun out there guys, bye for now.



**RECORD PHOTO BY ARNIE WEIDL** Steve Ginter of Grunthal smiles as he holds up his catch at the Hecla Island pier.

for an item and met Brenda Havnen an always-on-the-go type gal who works there. She told me that her bother Steven Defer got her into fishing last year. She showed me a picture of a nice walleye she caught in the Norkway channel in Brunkhild where they grew up. Nice fish, nice gal.

About mid-week I went visiting anglers on the north beach of the Winnipeg Beach harbour complex. Folks were spread out along the shore on a beautiful calm, sun drenched afternoon facing the water sitting in chairs their extremely long rods anchored in

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## 'They have to get tougher on funeral homes'

### Province collecting public feedback on Grieving Families Act until Aug. 15

#### By Patricia Barrett

Consumers who purchase prearranged funeral packages will be better protected against questionable or fraudulent practices when the regulations accompanying the Grieving Families Protection Act are enacted, according to the province.

The Manitoba Legislature passed the act in 2011. It won't, however, take effect until the regulations are passed. In July the province invited feedback to the regulations it had drafted in consultation with stakeholders in

"The changes stemmed from the government wishing to strengthen the legislation," said Denise Koss, chair of the Funeral Board of Manitoba, a provincial government body that licenses funeral homes, directors, embalmers and cemeteries, and receives complaints from consumers.

"There have been some complaints," she said. "There was a funeral director who absconded (allegedly) with a trust for prearranged funerals."

That particular funeral director made news across the country. In 2009 RCMP began investigating Harvey Giesbrecht for fraud committed between 2003 and 2009 while he was owner of the Russell Funeral Home in Beausejour.

Giesbrecht took several thousand dollars that was supposed to go towards the prearranged funerals families had purchased from him. He later moved to Alberta where he continued to work as a funeral director and pleaded guilty to the charges earlier this year. In July he was scheduled for a sentencing hearing in Beausejour provincial court.

"My understanding is the outcome has not been finalized," said Koss," and he'll be appearing in court again."

The Grieving Families Act amends three pieces of legislation: The Cemeteries Act, The Funeral Directors and Embalmers Act, and The Prearranged Funeral Services Act.

Changes include a purchaser's right to cancel a prearranged funeral "at any time and without reason." If a purchaser cancels within 10 days of receiving a copy of his/her plan, the funeral home cannot charge a penalty. After the 10-day period, a home can charge an administration fee. That fee is yet to be determined by the regulations.

Another clause in the act specifies how prearranged funerals are to be purchased. Every payment "must be paid directly to the authorized trustee or the insurer named in the plan."

In other words, consumers will no longer be allowed to make out a cheque directly to a funeral home or

"They have to get tougher on funeral homes," said Michael Vogiatzakis, general manager of the Voyage Funeral Home and Crematorium. "A lot of people lost money."

The family-owned and operated funeral home is located in Winnipeg but has a crematorium in Selkirk. Vogiatzakis is also in the process of building a funeral home in Selkirk.

At Voyage Funeral Home, Vogiatzakis said he buys an insurance policy from Assured Life for families when they want to arrange a prepaid funeral. To sell insurance, one needs to be a licensed agent, which Vogiatzakis said

"The only time we can access the money is if we send a death certificate

to the insurance company,"he said.

In addition to This COUPON is good for protecting consumers, there are other benefits to prearputting ranged funeral funds into an inpolicy, surance Vogiatzakis said.



**RECORD PHOTO BY PATRICIA BARRETT** 

The cemetery at St. John's Cathedral in Winnipeg is shown in this recent photo. The province is currently collecting feedback on the Grieving Families Protection Act, which would protect a purchaser's right to cancel a prearranged funeral "at any time without reason."

The price the family pays today does not rise with inflation and if a person moves to another province, their prearranged policy remains as is regardless of what new funeral home they choose, he said.

The new legislation is all about "protecting the consumer to make sure funeral homes are doing the right thing," he said.

The act will also protect consumers against funeral homes that misrepresent a service as a legal requirement or as a cemetery rule.

"There are some cemeteries that are owned by the same company that owns funeral homes," said a spokes-

person (who preferred to remain anonymous) for a Selkirk funeral home that has its prearranged funeral purchasers make out a cheque to an insurance company.

The spokesperson said the staff working for funeral home chains works on commission and might be tempted to sell as much as they can to consumers.

The public consultation period on the draft regulations was supposed to close Aug. 1, but Koss said it has been extended to Aug. 15. After that the board will be reviewing the feedback.

Koss said the board has had responses from the Manitoba Funeral Service Association, insurance associations and funeral home owners and

### **PUBLIC NOTICE**

### Pesticide Control Program

Public Notice is hereby given that the Province of Manitoba intends to conduct the following Pesticide Control Programs within the provincial roadway right-of-way. The program is needed to control invasive plants and noxious weeds on road allowances within the Municipalities of:

Brokenhead Ritchot De Salaberry Rosser East St. Paul Ste. Anne Emerson-Franklin St. Andrews St. Clements Hanover Headingley Sprinafield Lac du Bonnet Tache Whitemouth La Broquerie MacDonald West St. Paul

Alexander Piney Reynolds Stuartburn Victoria Beach Pinawa Cartier

Morris

Montcalm

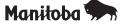
The herbicides to be used include:

2-4 D, glyphosate, dicamba, amitrol, clopyralid, dichloprporp, piclaoram, triclopyr.

If you have comments or concerns, please write:

Manitoba Conservation and Water Stewardship Pesticide and Hazardous Waste Section Suite 160, 123 Main Street Winnipeg, Manitoba R3C 1A5.

Written comments must be received by August 28, 2015.







## Manitobans mark first official Terry Fox Day

### Selkirk Park to host Terry Fox Run on Sept. 20

#### Staff

Manitobans celebrated the first official Terry Fox Day in the province on Monday.

The Manitoba legislative assembly unanimously approved the Terry Fox Legacy Act earlier this year, legally establishing the first Monday in August as Terry Fox Day. The act also states the second Sunday after Labour Day in September will now be known throughout Manitoba as Terry Fox Run Day.

"Terry Fox, one of the greatest heroes in our nation's history, was born here in Manitoba," Health Minister Sharon Blady said in a release. "It is with great pride that our government saw the Terry Fox Legacy Act come into force this year on the 35th anni-



**RECORD PHOTO SUBMITTED** 

Health Minister Sharon Blady speaks during a gathering at the Manitoba Legislative Building in Winnipeg last Friday for Terry Fox Day. The province marked it's first official Terry Fox Day on Monday.

versary of his Marathon of Hope. His story and accomplishments continue to inspire generations of Manitobans."

Blady noted this year the annual Terry Fox Run will be held on Sept. 20. Terry Fox runs will be held in more than 30 communities across Manitoba. Selkirk's Terry Fox Run is being held on Sept. 20 in Selkirk Park. Registration is at noon with the run to follow at 1 p.m. For more information visit terryfox.org.

"Terry's interactions and surroundings during his early years played a role in developing the personality and values that we hold in such high regard 35 years later," Terry's father Rolly Fox said in a release. "We believe the Terry Fox Legacy Act, while recognizing Terry's birthplace, will also assist our collective efforts to further Terry's dream of eradicating the suffering that cancer causes. We are truly grateful."

Blady said to date, more than \$700 million has been raised in Fox's name to support cancer research. As a result, cancer detection, diagnosis and treatment have greatly improved throughout the years, providing hope to cancer patients and their families.

Manitobans are encouraged to contribute to this worldwide effort this year and help raise funds for cancer research by joining the more than two million participants who take part in the Terry Fox Run in more than 25 countries.

### Car show at Selkirk Waterfront expected to draw hundreds

### By Patricia Barrett

TIMES:

Boys Beginner Girls Beginner

**Girls Intermediate** 

**SEND CHEQUE FOR BOYS TO:** 

Royals Volleyball Academy

Unit 307-45750 Keith Wilson Road

Chilliwack B.C.

V2R 0X3

**Boys Advanced** 

**Girls Advanced** 

Antique and classic car enthusiasts will be buffing their bonnets this weekend in preparation for the 12th annual Memories Show and Shine Car Show at the Selkirk Waterfront on Aug. 9.

The Morgoch family of Selkirk organizes the event each year to honour the memory of Candace Morgoch, who died 20 years ago this month.

"The three of us girls used to go to car shows with our dad," said Shannon Morgoch, referring to her sisters Candace and Tanya and her father Johnny.

(grades 9.10)

(grades 11-12)

### "WE WANT TO GIVE BACK AND HELP OTHER FAMILIES WHO HAVE LOST CHILDREN."

The Morgochs give all proceeds to Compassionate Families, an organization that supports families who have suffered the death of a child. Manitoba has four chapters. The Winnipeg-based chapter serves Interlake families, Shannon said, and it helped her family through the grieving process after the loss of Candace.

"We want to give back and help

DATES: August 24-28

Lord Selkirk Regional Comp

Lockport School Lord Selkirk Regional Comp

**Lockport School** 

FOR GIRLS REGISTRATION CONTACT:

Royals Volleyball Academy

116 Morrison Ave., Selkirk, Mb. R1A 2N7

Chad Whiteside at

cwhiteside@lssd.ca 204-485-4022

OCATION : LORD SELKIRK REGIONAL COMP - Boys Beginner,

9:00am-12:00am 9:00am-12:00pm

1:00-4:00nm

**HEAD INSTRUCTOR: Jim Schreyer and guest coaches** 

Kyla Michalski and guest coaches

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Head Coach 5 national titles -Hall of Fame Inductee Sport Manitoba 2014, Volleyball manitoba 2012

other families who have lost children,"
Shannon said.

"Some grief counselling is expensive.
"A lot of families don't have the

Shortly after Shannon's opening remarks at noon on Sunday to kick off the event local band Country Club

Boulevard will entertain the crowd.

means to do that."

Shannon said the event typically attracts about 400 car owners. It will include a silent auction, T-shirt sales and a 50/50 engine blow-up event. Skinner's hotdogs will be sizzling on the barbecue. Dairy Queen and A&W will also be on site.

The event is free to the public, but car owners pay a \$5 entry fee. They can register on Sunday, between 8:30 a.m. and noon.

For more information about the event, call 1-204-771-0107.





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# Rogs the Waterfr

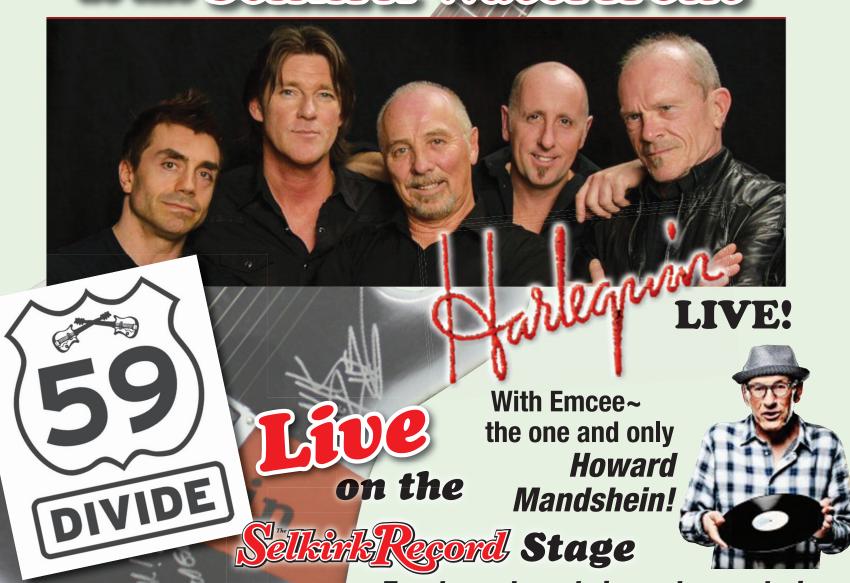
with SELKIRK





Showtime: 7 pm

at the Selkirk Waterfront



Food vendors, bring a lawn chair

More info cityofselkirk.com or 204-785-4992

### Harlequin set to rock Selkirk Waterfront

Staff

Canadian band Harlequin is set to rock the stage at the Selkirk Water-front this Saturday.

Selkirk's own rock cover band 59 Divide will open for the popular Canadian group at 7 p.m. with Harlequin set to hit the stage at 8:30 p.m. The free "Rock the Waterfront" event is being put on by the City of Selkirk and they are expecting big crowds. Community members are encouraged to bring their own chairs, dress for the weather and get ready to have a good time.

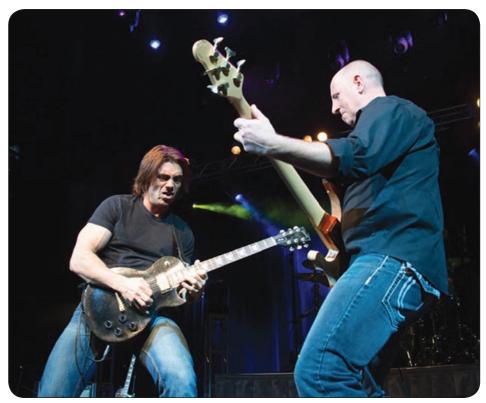
Harlequin was formed in Winnipeg in the 1970's and is best known for their hit singles "I Did It For Love," "Thinking of You," "Superstitious Feeling," and "Innocence."

According to the band's website, they are also set to perform in Gimli on Aug. 22 and then at Winnipeg's Club Regent Casino and Event Centre on Sept. 25.

This month also marks the City of Selkirk's second annual Dawg Days of Summer taking place every Wednesday afternoon in August at the Selkirk Waterfront.

"Last year was such a success we decided to make it a priority every summer," the city's marketing and communications co-ordinator Vanessa Figus said.

Community members are encouraged to bring their own lunch or visit



**RECORD PHOTO COURTESY OF DON WINDSOR** 

Members of Harlequin are seen in this Jan. 16 photo during their show at the Club Regent Casino and Event Centre in Winnipeg. The Canadian rock band will be playing at the Selkirk Waterfront on Saturday.

a food vendor and enjoy free entertainment from 11 a.m. to 1 p.m.

"People who work in offices are stuck inside all winter long and sometimes all summer long if there isn't a reason to leave the office," Figus said. "We wanted to bring free live local entertainment to the waterfront to encourage people to put away the phones, get away from the computer or just have a reason to enjoy a part of our beautiful city."



### > PROBLEM EXTENDS ACROSS RURAL AREAS, FROM PG. 3

"I've found 2 logs with over 200 nails sticking through them wired too [sic] trees across the trails," wrote one ATV driver.

"Well good thing is the cops don't care so we'll continue to ride the trails and if it's trespassing or not," the same person later wrote.

Neither the property owner nor one of the commenters responded to the *Selkirk Record's* request for comment.

Near Sprague, in the southeast corner of Manitoba, the RCMP asked in June for the public's help in determining who placed sharp pieces of metal in the ground near an area used by ATVs. It had caused tire blowouts, according to *The Carillon* online.

St. Andrews isn't the only RM receiving complaints about irresponsible ATV use. The problem extends across the Interlake to the RM of St. Laurent. During a July 26 community consultation on the RM's strategic plan, a few citizens complained about ATVs cutting up turf in town.

Both public and driver safety is something that concerns the All Terrain Quad Council of Canada, an organization made up of provincial and territorial ATV associations that represents the interests of riders.

"It has been brought to our attention by land owners and municipalities looking for a solution to the problem," general manager of AQCC Wayne Daub said.

Daub said he's aware of all sorts of infractions being committed by some drivers. He said he has seen a photo of a man in Alberta, for instance, surprised by an ATV tearing through the stream in which he was fishing.

Some drivers appear not to care about the law and will even try to out-

"The offender will use a 'catch me if you can' attitude if pursued by the RCMP" said Daub, who is based in Ontario

Despite the good intentions of bylaws, Daub said they're not the right avenue to take in order to address the issue. What does work, he said, is a combination of factors, including mandatory membership in provincial and territorial ATV associations, safety training and an investment by various levels of government to create and maintain ATV trails.

The RM of St. Andrews new bylaw has not been finalized and it will have to pass through its legal department. But Pike said it may include a provision that gives the RM's bylaw officer power to seize bikes and ATVs for up to five days. The offender would also have to pay a fine along with towing and storage fees.

## Winnipeg filmmaker wins \$10K at Gimli Film Festival

By Marney Blunt

They say hard work pays off, and it certainly did for Winnipeg resident Kevin Tabachnick at the 2015 Gimli Film Festival.

In fact, it paid him \$10,000 to be ex-

Tabachnick was the winner of the RBC \$10,000 Emerging Filmmakers Contest, hosted during the Gimli Film Festival last month.

"It was pretty exciting. It's humbling to know that other people are interested in one of your ideas and I can't wait to put the idea on the screen," said Tabachnick, who had entered the contest for the first time this year.

The contest, which is managed by On Screen Manitoba, had Manitoba filmmakers submit a written concept for a film as part of the application process. The selected finalists had to pitch their filmmaking ideas to a panel of industry professionals in front of a live audience. The winner is awarded \$10,000 to take their pitch and make it into a film.

Tabachnick pitched a short film called "Annabelle."

"(It's) about a blind man and his seeing-eye dog who recently starts to go blind. And he himself, living in pov-



**RECORD PHOTO SUBMITTED** 

Pictured from left to right: Rachel Margolis, partner at Aikins Macaulay & Thorvaldson LL; Nicole Matiation, exectuive director at On Screen Manitoba; Kevin Tabachnick, 2015 winner of the RBC \$10,000 Emerging Filmmaker Contest; and Michelle Aitkenhead, the regional vice president Agassiz Market, RBC Royal Bank.

erty and on welfare, is unable to support the dog and has to come to the realization that he has to give her up to do what's best for her," explained

Tabachnick, adding that he is already starting preproduction this month and hopes to begin filming either late this fall or next spring.

"We're optimistic to hopefully start late fall, but I would say we're probably going to end up waiting until spring," he said.

Tabachnick said he is even considering doing some filming in Gimli.

"I shot a film prior in Gimli and I love the location so we might come back out there for a bit."

Previously a still photographer, Tabachnick has only been filmmaking for two years now, but he has already accomplished a lot.

"I've been very lucky, but I've worked with a lot of great people who in the end really helped me get this large amount of money to make a film," he said.

"I started out actually in photography, and then I met a friend who recommended that I try doing some film stuff and then I kind of just started shooting and next thing you know people are actually hiring me to do videos."

Tabachnick is also one-third of Maraschino Media, a promotional video company based out of Winnipeg.

"We largely just do promotional videos and such, but we do like to come back to the creative side every so of-





### **Powwow commemorates Treaty 1**



### RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Denise and Curly Mousseau exchange glances moments before the Treaty No. 1 Commemorative Powwow at Lower Fort Garry on Monday afternoon. The couple from Sandy Bay Ojibway First Nation were set to celebrate their 31st wedding anniversary on Tuesday.

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ABOVE: Powwow dancers help start the grand entry during the Treaty No. 1 Commemorative Powwow at Lower Fort Garry on Monday. The event, put on by Treaty 1 Chiefs, Treaty Relations Commission of Manitoba, Interlake Tourism Association and Red River North Tourism was filled with cultural activities throughout the day to mark the making of the Treaty 1 land agreement in 1871 at the historic site. BELOW: Eight-year-old Liam Berens-Hawkins gets a hand with his traditional headdress before Monday's powwow.



BOTTOM RIGHT: Curly Mousseau prepares his traditional dress before Monday's powwow.

## Stories of Selkirk's Pioneers and Their Heritage

KENNETH G. HOWARD

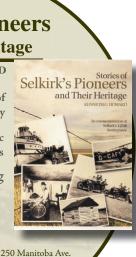
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**RECORD PHOTO BY CAM BENNETT** 

Winnipeg-based band Dust Rhinos performed at Winnipeg Beach on Sunday in front of hundreds of fans.

### **Dust Rhinos rock Winnipeg Beach**

Winnipeg Beach hosted the Dust Rhinos last Sunday.

The Winnipeg-based band's eclectic mix of rock and knee-slapping Irish music had beach-goers out of their lawn chairs and up dancing during their three-hour show.

"The wind howled off the lake for the first set," said Blair McEvoy the band's singer, guitarist and bodhrán player.

He added nearly 600 people were in attendance.

Storytelling songs and traditional instruments, such as the fiddle, mandolin and a bodhrán (a Celtic frame drum that is held by the player), have made the five-piece band popular on the Manitoba music scene. The band now has half a dozen albums under its belt, with "I Should Behave" being released earlier this year.

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## Shelter for abused women 'literally saved my life'

Plans for Selkirk's new Nova House unveiled during open house

### By Lindsey Enns

After several years of verbal, mental and physical abuse, Gorete Rodrigues decided to leave her husband and didn't look back.

"He almost killed me one night and that was it, that's when I left for good," Rodrigues said.

Feeling like she had nobody to turn to, Rodrigues came to Nova House in Selkirk in the summer of 2009 with her two young children. Over the course of five weeks she learnt about abuse, domestic violence and more importantly found the strength to move on.

"They taught me everything that I needed to know," she said. "That kind of opened my eyes and helped me to leave him."

Nova House is a shelter for abused women and children. Selkirk's shelter serves the Interlake region of Manitoba and is known for having the highest occupancy rate when compared to other locations across the province.

Along with providing women and their children with a temporary safe place to stay, the shelter also offers counselling services, support groups and referrals to community resources for women and their children.

"Often women tell us after the first



ARTIST RENDERING COURTESY OF FT3 ARCHITECTURE LANDSCAPE INTERIOR DESIGN

This rendering shows plans for the front of the new Nova House being built in Selkirk. Once complete, the new shelter for abused women and children will host 20 crisis beds in six separate bedrooms, four transitional housing units, three counselling rooms, a children's playroom, parking stalls for six staff members and an outdoor playground area. Construction is set to begin next month.

## "OFTEN WOMEN TELL US AFTER THE FIRST NIGHT HERE IT WAS THE FIRST NIGHT THAT THEY WERE ABLE TO SLEEP WITHOUT WORRYING."

night here it was the first night that they were able to sleep without worrying," Selkirk's Nova House executive director Anna Pazdzierski said.

In January the province announced

they would be partnering with the City of Selkirk to help build a new shelter. Their existing location, which they try to keep confidential for the safety of the women staying there, isn't up to

code Pazdzier-ski said and isn't large enough for the region they cover. Community members had a chance to check out plans for the new shelter during an open house last Tuesday at the Gaynor Family Regional Library.

The new shelter will be 10,700 square feet of building space and will host 20 crisis beds in six separate rooms, four transitional housing units, three counselling rooms, a children's playparking room, stalls for six staff and members an outdoor playground area.

Construction is

set to begin sometime in September and they hope to be fully moved in by this time next year, Pazdzerski said.

Six women and seven children are being housed at their current shelter and they are at capacity. Women can stay up to 30 days and are sometimes granted extensions due to safety concerns. The average length of stay is about 11 days, Pazdzerski said, adding it's a voluntary program and women can come and go as they please.

"Women make their decisions and we're here to help them understand what those decisions can mean," she said. "Some women go back ... but many women decide to stay and live independently and get their own housing."

Women sometimes leave and come back but never more than three or four times, she added.

"Often women go back because they've been promised that everything's going to be great," she said. "Days later they find out it isn't."

Rodrigues said before she decided to leave her husband for good she tried everything to make her marriage work but it just kept getting worse.

"Eventually everyday there was something physical," she said. "I just wanted to end the torture."

Rodrigues now lives in Winnipeg, has since remarried and is the founder of the Butterfly Project, a counselling practice and advocate for abused men and women and their children.

Rodrigues said without Nova House, she wouldn't be where she is today.

"It literally saved my life, it changed my life," she said.

Continued on page 17



### **Dunnottar hosts first Water Awareness Day**

By Marney Blunt

Being located close to Lake Winnipeg and surrounded by a variety of rivers, creeks and marshes, it's fairly obvious that having clean water and a healthy ecosystem is important in the

Which is one reason why the Village of Dunnottar hosted their first-ever Water Awareness Day at the Matlock Recreation Centre on Saturday, July 25 in partnership with the East Interlake Conservation District and Community Futures East Interlake.

"We all have concerns with the state of the environment and the quality and availability of water around the globe. Safe drinking water, water for agricultural producers and clean water for recreation are becoming increasingly difficult to secure," said Rick Gamble, the Mayor of the Village of Dunnottar, in a release.

The event was filled with a variety of activities, presentations and movies that were all aimed at educating the public on the importance of clean water. The keynote speaker of the event was Maude Barlow, the national chairperson of the Council of Canadians and a well-known activist and author. Barlow spoke about the health



RECORD PHOTOS COURTESY OF WENDY BUELOW

Francesco Zurzolo of Dillon Consulting Inc. explains how the Dunnottar Passive Filter Project works to reduce nutrient loading of effluent prior to release during the village's first Water Awareness day last month.

of Lake Winnipeg and climate change. "It is incredibly important that the Village of Dunnottar informs our residents about the state of Lake Winnipeg," said Gamble in a the release.

"We're very excited about Water Awareness Day and believe this event will be a great day full of fun and

### > NOVA HOUSE HOPING TO RAISE \$250K, FROM PG. 16

"Had I not gone there, I would have gone back and I would not be able to speak today."

Through Manitoba Housing and Community Development, the province has committed \$1 million towards building Selkirk's new shelter and Nova House also launched its own campaign to raise another \$1 million. The campaign was spearheaded by a \$500,000 private donation from the Jim and Betty Gaynor family and a contribution of land, valued at \$300,000, from the City of Selkirk.

Pazdzierski said they are still fundraising and are still hoping to raise

Along with accepting monetary donations, Nova House also operates a second-hand store, Twice Over, located at 214 Manitoba Ave. The store accepts a range of donations including clothing and children's toys. Those looking to donate furniture can call 204-482-7882 to make arrangements.

Nova House also runs a 24-hour crisis line at 1-877-977-0007 or locally by calling 204-482-1200.

"They offered me all the support I needed and encouragement to make positive changes and decisions," Rodrigues said.



ABOVE: Judy from Wild Life Haven introduces Bruce the snake to interested participants. BELOW: Children check out the East Interlake Conservation District Water Festival Enviroscape Model.





### > ORGANIZATION LOOKING TO RECRUIT SELKIRK VOLUNTEERS, FROM PG. 6

If you wish to join the organization, donate your gently used baby items, or request assistance, please visit the You Can't Spoil a Baby website at youcantspoilababy.org or call Pamela Delisle at 204-475-1285.

Through social work experience and contacts with Child and Family Services, Delisle said she knows how difficult it is for some people to ask for help.

"We try to take that stigma away of having to ask for a gift," she said.

Since the launch of the service, Delisle and her volunteers have helped more than 400 Manitoba families.

This is a waiting list of about 100 families to date and Delisle welcomes both donations and people wanting to volunteer. She said she is currently seeking a Selkirk resident willing to act as delivery co-ordinator to work in conjunction with Bennett.

### Shed raffle a success for carpentry students



RECORD PHOTO BY LINDSEY ENNS Three backyard sheds, built by students in the Red River College

carpentry pre-employment certificate program, were raffled off to three lucky winners last Thursday. The group of 12 students graduated last Friday after taking the course run out of a mobile training lab and indoor classroom at the Selkirk and District Commu-

nity Learning Centre. Pictured

with some of the students is City

of Selkirk Deputy Mayor Ken Beerman (far right) and RRC instructor Patrick Zahari. Zahari said the funds raised by selling roughly 400 raffle tickets will go towards covering the cost of building materials and start up tools for the students. The three winners of the sheds were Erik Eyolfson, Devin Morin and Patti Bruneau.





Send your info to: ads@selkirkrecord.ca or drop off at 217 Clandeboye Ave, Selkirk. Be sure to include your name and contact information.





## Canola 100 farming contest sets ambitious goal

By Patricia Barrett

Manitoba's canola yield might get a little heavier over the next few years thanks to an upcoming contest with a big grand prize.

Canola 100 will pit canola farmers against one another, in addition to the elements, in a bid to see who can grow 100 bushels per acre on a non-irrigated 50-acre plot. It's an ambitious target, something that won't be easy to pull off, according to local growers.

"I've never seen that yield in my career of farming," said Doug Chorney, a canola farmer from East Selkirk."It's not common to see 65 bushels, but I have seen it in Manitoba."

Chorney said the point of the contest is to get farmers to do "some experimentation with disease and fertility management" in order to boost yields.

"Some farmers already seek professional advice from an agronomist," said Chorney, who has served as president of Keystone Agricultural Producers of Manitoba since 2011. The association acts as spokesperson for Manitoba farmers, working with stakeholders and governments to solve problems that affect all farmers.

Food security of the planet appears to be top of mind for the contest's main sponsor, Agri-Trend, an agricultural consulting firm that helps farmers increase crop yields. Its CEO, Robert Saik, announced the contest a few weeks ago at the Ag in Motion Expo near Saskatoon.

Agri-Trend's co-sponsors are Glacier FarmMedia and John Deere, which is offering a prize every farmer would appreciate — a new tractor, air seeder, high clearance sprayer, windrower and combine. The equipment can be used for a year, according to the contest's website.

Obtaining bigger yields from the same patch of ground could contribute to a solution for world hunger



**RECORD PHOTO BY PATRICIA BARRETT** 

A large canola field in Balmoral is pictured on a sunny day recently. Canola 100, a canola growing contest, will pit farmers against one another in a bid to see who can grow 100 bushels per acre on a nonirrigated 50-acre plot.

and it could also edge the Canadian economy ahead, according to a recent

In 2013 the Winnipeg-based Canola Council of Canada released the results of a study that measured the impact of canola on the Canadian economy. Based on three crop years, canola "contributed \$19.3 billion ... each year, including more than 249,000 Canadian jobs and \$12.5 billion in wages."

Canola is used to make cooking oil for human consumption and meals for livestock and the U.S. is Canada's biggest customer.

There is a lot of science and good farming practice behind producing a good canola crop.

Chorney said early planting in cooler weather is ideal because the plant will flower sooner. Canola likes temperate climates, not the sticky, hot temperatures that can be withstood by corn, cotton and soybeans. Proper weed and disease control also help produce a good crop, he said.

Ultimately though, it all comes down to mother nature, said Brian Chorney, who also grows canola in East Selkirk and is Doug's cousin.

"We can't control the weather," he said. "But we can employ practices to increase vield."

Those, he said, start with seed selection best-suited to a farmer's area then extend across all facets of farming practice.

The canola contest may help Canada reach its long-term production goal, which Chorney said is 26 metric tons by 2025.

"Any process that encourages farmers to increase would be benefi-

"I'VE NEVER SEEN THAT YIELD IN MY CAREER OF FARMING."

cial," said Chorney, who is secretary of the Manitoba Canola Growers Association, an organization that helps producers earn maximum profits. The average yield per acre last year in Manitoba was about 30 to 35 bushels, he said.

Although the Canola 100 might give farmers an added incentive to try to raise their yield, Doug Chorney said he's not given a lot of thought to whether he'll become a contender.

"In theory, every farmer is entering because they want to produce the highest yield," he said.

In addition to Manitoba, the competition is open to canola growers in B.C., Alberta, Saskatchewan and Ontario, along with a few U.S. states that fall within the North American canola

It runs over three seasons, from 2016 to 2018. If the 100-bushel requirement is not met, the highest recorded yield will win, and the farmer will have to make arrangements for additional space in his/her shed for new equipment.

The contest's official rules will be posted on Sept. 15 online at agriprize. com. Contestants can also call 1-877-276-7526 for more information.





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### Nature expert reminds mushroom foragers to be cautious

By Stefanie Lasuik

Foraging mushrooms can be an enjoyable hobby and a delight to one's cooking, but it can also be dangerous and even lethal.

A recently released report by the Canadian Medical Association high-lights this after a 52-year-old woman in Ontario underwent a liver transplant due to ingesting the wrong mushroom.

Craig Bailey, a nature interpreter at Oak Hammock Marsh, outlined the risks of foraging mushrooms. He explained that one's reaction to a particular mushroom depends on both the mushroom itself and on one's own physiology. There are, however, many toxic mushrooms in the area that the forager is wise to stay clear of.

Amanitas, destroying angels and false morels are all mushrooms that contain toxins, the most dangerous of which is the white and seemingly delicate destroying angel. False morels and amanitas bear strong resemblance to edible mushrooms, namely morels and other members of the amanitas genus, and therefore pose great

risk to foragers as well.

Bailey advises amateur foragers to always pick mushrooms with someone who holds experience in foraging, instead of relying on a field guide, which, although helpful, provides only a narrow scope for identification. The pictures in a guide are typically from a single angle and mushrooms that grow in the wild can end up looking far different than a single picture snapped elsewhere.

Another foraging method lies in the tool of printing. If foragers can have the patience to dry mushrooms and make prints of them, they can identify them with far better accuracy, Bailey said. He stressed that patience and diligence are important traits for any forager.

As a mushroom forager himself, Bailey knows the benefits that come from the activity and says it can even provoke an adrenaline rush, in addition to creating great soups. However, he knows that inexperienced foragers can convince themselves they've made a correct identification, which is why it's best to forage with an expert.



**RECORD PHOTO SUBMITTED** 

Craig Bailey, a nature interpreter at Oak Hammock Marsh, holds up a false morel, a type of mushroom that contains toxins but resembles edible mushrooms. Bailey urges mushroom foragers to go with an expert.



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### Arborg heritage village unveils Interlake Quilt Barn Trail

**By Marney Blunt** 

There's a new reason to visit the Interlake.

The Interlake Quilt Barn Trail was unveiled last week, acting as a new tourism asset that can draw people into the communities throughout the Interlake.

A barn quilt is a replica of an actual quilt painted on wood and mounted on either a barn, outbuilding or in someone's yard. The Interlake Barn Quilt Trail will have several barn quilts located throughout the Interlake for tourists and residents to drive around and view.

The first barn quilt, 'Harvest Sun', was mounted on the red barn at the Arborg & District Multicultural Heritage Village.

The project is an initiative in partnership with the Arborg Agricultural Society and the Interlake Tourism As-

"Originally they all started on barns but because people without barns wanted them they basically went, maybe inspired by an ancestor, heritage or just the love of the block," said Janice Skene, a member of the Arborg Agricultural Society and the Interlake Barn Quilt Trail committee.

Skene says that the first official quilt



**RECORD PHOTO BY MARNEY BUNT** 

Members of the Arborg Agricultural Soceity, Interlake Tourism Association and Interlake Barn Quilt Trail officially unveiled the first quilt in Arborg during a ribbon cutting ceremony last week.

trail began in 2001 in Adams County,

"(Donna Kerns and I) had both seen them down in the States and I had seen them in Ponemah, they had started putting them up just over ten years ago, but they never got into the trail thing," explained Skene.

"So when Donna came back from the States she was so excited that she

painted her own."

Conveniently at the same time, the Interlake Tourism Association was also looking for a new trail to start to draw people to the area, and the Interlake Barn Quilt Trail was born.

"The Interlake Tourism Association are always looking at ways that we can attract people here, and this is another way (to give) people reasons to come visit our communities. So I think that this is one of those inspiring ways, one that plays to our own local talent and ties in our rural heritage," said James Bezan, the Member of Parliament for Selkirk-Interlake.

"So it's a way to get people out from Winnipeg, it's a way to get people out from other areas of the country and of course attract Americans, because I understand that this is where that concept first started was in the United States."

There are currently 14 barn quilts in the Interlake Barn Quilt Trail, which are spread throughout the Interlake in the communities of Arborg, Ashern, Silver, Arnes, Gimli, Winnipeg Beach, Sandy Hook, St. Andrews, Ponemah and Matlock. A large portion of the barn quilts is already mounted and ready for viewing.

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7:00am	8:00am			
7:30am	10:00am			
8:00am	1:00pm			
9:30am	2:30pm			
11:30am	3:30pm			
2:30pm	4:15pm			
3:30pm	4:45pm			
4:30pm	5:00pm			
6:00pm	7:00pm			
9:00pm	10:00pm			

<b>NEW SCHEDULE</b>				
<u>SELKIRK</u>	<u>WINNIPEG</u>			
6:15am	7:05am			
7:00am	8:00am			
7:30am	9:30am			
8:00am	1:00pm			
9:30am	2:00pm			
11:30am	3:30pm			
2:00pm	4:15pm			
3:00pm	4:45pm			
4:30pm	5:30pm			
6:30pm	7:30pm			

Beaver Bus Lines relies solely on the ridership and parcel express revenue received to operate the Selkirk to Winnipeg Commuter run and apologizes for any inconvenience that may be caused due to the above schedule changes.

# Sportside > OUTSIDE > UPSIDE DOWN

## Collings wins senior golf championship

#### By Brian Bowman

Garth Collings' golfing resume is a very impressive one.

And it got even better last Friday.

The Matlock native, who golfs out of Breezy Bend, cruised to a four-stroke victory at the Manitoba Senior Men's Golf Championship at the Niakwa Country Club in Winnipeg.

Collings finished the 54-hole event at 8-over par 224. He shot identical 74s in his first two rounds and then wrapped up action with a 76.

He was steady throughout the championship, finishing with seven birdies and just 10 bogeys, a double bogey, and an ugly triple bogey during his second round on the par-5 10th hole.

Collings finished four strokes ahead of Transcona's Mike Berney and Niakwa's Ken Warwick and seven in front of St. Boniface's Bill Zeweniuk.

Elmhurst's Tom Humniski rounded out the top five with a 17-over 233.

Collings, Warwick and Berney will

now make up the Manitoba team that will compete at the 2015 Canadian Men's Senior Championship at Desert Blume Golf Club in Medicine Hat from September 1-4.

Selkirk's Mark Starodub finished in a tie for 21st overall at the senior championship with Elmhurst's Imre Nyiri. Starodub carded rounds of 81, 87 and 77 for a 29-over 245.

Meanwhile, Tammy Gibson of the Maplewood Golf Club won the women's senior championship after finishing with a 240 total at Niakwa. She fired rounds of 76, 78 and 86 for a five-stroke victory over Southwood's Rhonda Orr.

Teulon's Barb Lafleche finished fourth with a 255 (85-86-84). She was the first flight winner.

Gibson, Orr and Lafleche will now make up Manitoba's provincial team that will compete at the 2015 Canadian Women's Senior Championship at Sawmill Creek Golf Resort & Spa in Camlachie, Ont. from Aug. 26-28.



RECORD PHOTO COURTESY OF GOLF MANITOBA

Matlock's Garth Collings, left, won the Manitoba Senior Men's Golf Championship at the Niakwa Country Club in Winnipeg.

## Thunder teams begin regular seasons Saturday

#### By Brian Bowman

With August now here, it brings both bad news and good news.

The bad news is that summer is soon coming to an end. The good news, however, is the fact that football season is here.

The Interlake Thunder players and coaches have been very busy getting ready for their respective seasons. The Interlake program will have teams in five different age groups - Midget, Bantam, PeeWee, Atom and Cruncher - suiting up this season.

"We're just getting going," said Thunder president Mitch Obach last Friday. "Everybody is in training camp and we have had a bit of exhibition action."

The Thunder's enrollment numbers are up this year and Obach estimated there are 150 players signed up to play football this season. That's a pretty good number and the future looks real good for the Interlake's local football organization.

The Thunder's younger teams will

see their first regular-season action on the road this Saturday. The Bantams will play at the North Winnipeg Nomads (10 a.m.) while the PeeWees visit the Fort Garry Lions (9 a.m.). The Thunder Atom team, meanwhile, will make the trip to Transcona to battle the Nationals for a 1:30 p.m. matchup.

Interlake's Midget squad will open their season Aug. 15 at home against the Sunrise Coyotes at Stonewall Collegiate. Game time is 4:30 p.m.

At that game, the Thunder are planning an event in memory of Stone-wall's Charlie Cooke. Cooke was an extremely popular football official, teacher and soccer coach before succumbing to cancer earlier this year.

Obach said he likes the talent that is on the various Interlake teams this season. He also is very pleased with the job being done by the volunteer coaches.

The Thunder have also done a great job with their website and getting their brand known in both the football community and throughout

the Interlake. The hope is to have the Thunder recognized along with the long-standing programs like the North Winnipeg Nomads and the St. Vital Mustangs.

"We were really happy last year with what we got out of the coaching staffs that we had," he said. "From Bantam down, we were looking at just a handful of players that had ever played the game. The Bantam team is a good example because they went .500 with that lineup.

"This year will really show the development because now we don't have just a minority of players with experience."

### Pirates ousted at provincials

### By Brian Bowman

The North Winnipeg Pirates finished with a 1-3 record at the Bantam "AAA" provincials in Winkler last weekend.

North Winnipeg started the tournament with an 8-6 victory over Oildome Friday morning.

The Pirates were defeated 14-5 by Winnipeg South later that day and then lost 3-0 to South Central and 4-1 to Pembina Hills on Saturday.

North Winnipeg's roster of 12 play-

ers included six locals - Liam Allen, Kevin Burnett, Brittney Langlais, Owen Nychyk, Nathan Slaby and Christian Ingram.

Bonivital won this year's provincial Bantam "AAA" championship with an 11-3 win over Carillon on Sunday.

Bonivital will now attend Baseball Canada's Bantam National Championship in Vaughn, Ont., while Carillon and South Central will compete at the Western Canada Championships in Steinbach.

## PeeWee Pirates reach semifinals of provincials

The North Winnipeg Pirates came one win away from earning a trip to the Western Canadian Pee-Wee "AAA" Baseball Championships in Coquitlam,

But a tough 9-6 loss to eventual-provincial champion St. James A's Sunday afternoon in Winnipeg abruptly ended the Pirates' season. With that win, St. James advanced to the provincial final where they doubled Oildome 6-3.

Both the A's and Oildome will now represent Manitoba at the westerns.

"St. James was probably the favourite to win it," said Pirates' head coach Donnie Smith. "They won cities this year in the WABA league but we had a pretty good game considering we probably used up some of our better pitching."

North Winnipeg kept the game close but gave up a couple key home runs in the smaller St. James park with the wind blowing out.

The Pirates were a hit or two away with runners in scoring position from upsetting St. James.

"They played well all weekend," Smith recalled. "We had a bit of a lapse against South Central early in the game. But, overall, considering we were a young group, I was very pleased with how the season wrapped up for us."

North Winnipeg earned a berth into the semifinal matchup after finishing with a solid 3-1 record in pool play. The Pirates opened tournament action



**RECORD PHOTO BY LANA MEIER** 

The Pirates' Tyler Smith pitched extremely well against Interlake, shutting down the Orioles in 6 1/3 innings.

Friday with a convincing 19-6 triumph over Caril-

North Winnipeg lost 14-6 later that evening to

South Central but rebounded nicely to defeat Midwest (16-4) and the Interlake Orioles (3-1) on Saturday.

Tyler Smith pitched extremely well against a very good hitting Interlake team, shutting down the Orioles in 6 1/3 innings. He struck out 12 and only allowed two hits and no earned runs. Smith was later picked up by St. James to go to the westerns.

"If we didn't win that game, we actually wouldn't get in (to the finals)," coach Smith said. "It was a

The Pirates squad, which consisted of local players Tyler Smith (St. Andrews), Wyatt Whitwell (Selkirk), Matthew Moroz (St. Andrews), Austin Wasnie (Selkirk), Dylan Duguay (St. Andrews), Bennett Freiter (St. Andrews), Brett Zeller (St. Andrews), and Ryland Kuczek (St. Andrews), each played very well during the course of the season.

They all worked very hard and will be even better next season.

"The kids were committed and continued to work hard," Smith said. "We struggled a little bit early and, for first-year PeeWees, there's a lot going on with holding runners and situations and stuff like

"It took them a while to get a hang of it but by the tail end of the season, we were running a lot of plays that other teams hadn't seen. I was very content with how the season ended up but we fell a little short going to westerns."

## Successful swinging in Selkirk

By Stefanie Lasuik

Selkirk Golf and Country Club welcomed 71 young golfers on July 27-28 when the Maple Leaf Junior Tour (MJT) visited the local course.

The tour, for golfers under 20 years of age from across Canada, promotes junior golf by giving competitors the opportunity to play against similarlyaged high-calibre players. Selkirk has hosted an MJT event for the past three years due to the course's shape, staff, and strength in developing junior golfers.

This year's tournament featured golfers from Manitoba, Saskatchewan, and Ontario. But it was local competitors who saw the greatest success.

St. Andrews' Reece Carter drove her way to a two-day 175 to win the U15 Girls' Division at just 10 years of age. In her third year partaking in MJT tournaments, Carter is seeing her hard work pay off.

After finishing second in Winkler earlier this year, Carter took top honours at MJT's Transcona stop before tearing up Selkirk's track.

"It feels good because I've worked so hard," Carter said after her round.

Participants were forced to play through wet conditions after a downpour Monday night, but Carter's positive attitude kept her dry. She ex- MCKyla Poponick studies her line

few, she didn't let it affect her.

"Next hole, I usually say."

Brady Bandura, a 14-year-old from Selkirk, was also golden during the tournament, with a one-stroke victory over Winnipeg's Eric Strick. Four birdies in his first round steered him to a three-over 74, before an 81 on the second day solidified first place.

"I felt pretty good, it's always nice winning," Bandura said, explaining that his putter was his biggest asset



plained that although she chunked a on the second day's final hole.

throughout the two days.

Selkirk's McKyla Poponick, meanwhile, scored a pair of 84s to bring home silver in the 15-19 Girls' Division.

Other notables in the competition were Adam Ingram of West St. Paul, who placed fourth in the Bantam Boys' Division, and Selkirk's Wesley Hoydalo with a fifth-place finish in



Brady Bandura's putter was in good working order during the two-day tournament.

the Juvenile Boys' category.

These local players can now look forward to MJT's next Manitoba tournament at Rossmere Country Club on Aug. 24-25.



**RECORD PHOTOS BY STEFANIE LASUIK** Reece Carter plays her approach through sloppy conditions on No. 17.

## TRI-S Soccer Club gearing up for fall season

**Submitted** 

The TRI-S Soccer Club has had a busy season thus far and it will continue for the next couple of months.

The U9-U12 Developmental teams will continue to play their weekly games and wind up their seasons at the Winnipeg Youth Soccer Jamboree in September.

The U13 Premier boys and U14 Premier girls will continue to practice and compete at the highest level offered.

"It has been a challenge for the first year against the top teams in the Winnipeg Youth Soccer Association league but the players are definitely where they belong if they want to learn and improve as players," said Tri-S president Daniel Racicot in a media release.

The U13 boys have had a couple of wins and a tie over 10 games so far. The U14 girls, although winless during the regular season, won its first game in the MSA Cup competition.

This competition is an elite tournament for Manitoba soccer and continues throughout the season. Teams have either just started, are in the middle, or returning from their summer break this week.

"The schedules were kind of messed up this season due to the Women's World Cup, the MSA Cup games and the Western Canada Summer Games coming up," Racicot explained.

The U11 girls' developmental team and the U14 Premier girls' squad also made a trip to Fargo for the TRI-City Tournament at the end of June.

The U14s played well, but with one spare and hot weather, they had a tough go. When the team returned home on the Monday following the Fargo tournament, they headed straight to the field for their sixth game in seven days.

The U11's, meanwhile, made it to the final on Sunday but were beaten by a very strong Fargo club.

The TRI-S Club's executive and coaches have also been busy supporting Manitoba Soccer's regional development and identifying players for



RECORD PHOTOS SUBMITTED BY DANIEL RACICOT

TRI-S soccer players sit on their float during a recent parade.

Team Interlake, which will compete at the Manitoba Summer Games in 2016.

The last identification camp will be Aug. 24 in Arborg. Most players that attend this camp, or have attended one of the previous ones, will be invited to train throughout the winter. They will also have a chance to be part of the MSA Festival in Carman next

In other news, the Vancouver Whitecaps and MSA personnel will be coming to Selkirk Aug. 24-27 for four afternoons to support TRI-S staff at a players' camp.

The camp is open to beginners and established players ages 9-12. For details on the identification camps or the Whitecaps/MSA/TRI-S Camp, individuals can visit the www.trissoccer. com website.

The local club, although still busy with outdoor soccer, will soon be focusing on the start of the indoor soccer season.

Registration will begin around the end of this month and conclude on Sept. 10. Although this seems early, Racicot said the club must know what



The TRI-S Girls U11 Developmental team poses for a picture in Fargo. The team is coached by Dennis Palmer, Jeff Hirshman, and Tim Carey.

teams they will be fielding in the WYSA league by Sept. 15.

Registration for 9-12 year-old players is open to anyone. Evaluations may be held to form teams if needed but the idea is to take any player interested in advancing their skills.

If anyone has any questions, they can go to the TRI-S website for details and descriptions, or to submit a question. If interested in coaching, individuals can fill out an application on the website.

## MJHL pre-season schedule released

By Brian Bowman

Pre-season action in the Manitoba Junior Hockey League kicks off Aug. 31 with the Selkirk Steelers visiting the Steinbach Pistons at the T.G. Smith Centre.

"The pre-season is an exciting time

for both our fans and prospects," said MJHL commissioner Kim Davis in a media release sent out last Thursday. "Teams are carefully evaluating their talent, both long-term prospects and those players who could potentially be in the line-up for opening night.

"Fans get to watch the present - and future - MJHLers."

Selkirk will visit Steinbach again on Sept. 6 before hosting the Winnipeg Blues Sept. 11. The next night, the Blues and Steelers will hook up at the MTS Iceplex.

On Sept. 15, Selkirk will play the Flyers in Winkler and then battle Steinbach in Beausejour on Sept. 18.

The Steelers will wrap up their preseason schedule Sept. 20 when they host Winkler. Selkirk will then begin its regular season Sept. 25 when the Blues visit the Selkirk Rec Complex for the Steelers' home opener. The complete MJHL pre-season schedule can be found on the league website.

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### SELKIRK

### NOTICE OF PUBLIC HEARING

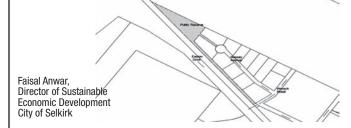
The City of Selkirk hereby gives notice pursuant to Section 169 of The Planning Act (Manitoba) regarding a Public Hearing to receive public representation on a proposed by-law to close a public reserve.

> The Public Hearing will be held at the **Council Chambers**, 200 Eaton Avenue, Selkirk, Manitoba Monday, August 24, 2015 at 6:30 p.m.

The intent of the proposed By-law is to close all of the Public Reserve Land adjacent as shown on Plan 14629 at the Winnipeg Land Titles Office specifically described in certificate of title no. 1257507. A sketch identifying the Public Reserve appears below.

Any person may make a representation, ask questions or register an objection, on the matter at the Public Hearing.

Documents relating to this matter to be considered at the Public Hearing may be inspected or copied at the offices of the Sustainable Economic Development Department of the City of Selkirk, 200 Eaton Avenue, Selkirk. Manitoha



### R.M. of St. Clements **Expression of Interest (EOI) for Low Pressure Sewer Service Connections**

The Rural Municipality of St. Clements (St. Clements) has recently installed low pressure sewer mains in the Old River Road area at the south end of the Municipality, west of Henderson Highway. Property owners are responsible for all "on property" works, from the service curb stops at the property lines.

The intent of the EOI is to request qualified Contractors to submit their expression of interest for undertaking the work. From the list of Contractors who show interest, St Clements will short list names and provide information to the residents, who will be responsible for calling and making the

If you are interested in being considered for the installation of "on property" works, please contact utility@rmofstclements.com for EOI documents, providing instructions to Contractors.

The responses to the EOI must be made in an electronic format, by noon on Friday the 21st of August, 2015, to utility@rmofstclements.com

The RM of St. Clements reserves the right to accept or reject any/all submission.



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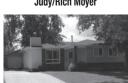
### **SELKIRK**



333 Eveline St. \$244.900 Judy/Rich Moyer



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**424 Nelson Avenue** \$268,500 The George Hacking Team



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**629 Vaughan Ave** \$234,900 Rich/Judy Moyer



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**Patricia Beach** \$334,900 Rich/Judy Moyer



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384 Flemming Drive \$117,500 The George Hacking Team The George Hacking Team \$120,000 0 Fleming - 4 Acres 11 Murray Rd 4 Acres \$125,000 Rich/Judy Moyer 1498 PR 320 17 Acres \$125,000 The George Hacking Team The George Hacking Team \$125,000 **68 Cowan Place** 1488 PR 320 25 Acres

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WEDNESDAY, Aug. 12 • 11:00 AM CST

### INSPECTION: TUESDAY, Aug. 11 • 9 AM - 4 PM CST

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For more information, go to www.asset.sales.ca

### UPCOMING EVENTS

"Beginner Bridge Lessons" Gordon Howard Seniors Centre. 384 Eveline St., Selkirk. Thursdays September 3, 10, 17, 24, 9:30 - 11:30 a.m. \$65. includes text. Registration deadline: Fri., August 28 - Gordon Howard Centre 204-785 2092. For more information, call Dale Klassen (instructor) 204-642-5178, drklass@gmail.com; or Ken Hardy 204-482-6065, okhardy@ mymts.net Lessons will include an introduction to bridge basics for beginners or players who have not previously played bridge. The Selkirk Bridge Club web-

### FIREWOOD

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**BIRTHDAY** 



If you can guess who this is, Give her Happy 40th Birthday Wishes on August 11th Happy Birthday Dea

### -McSherry Auction Service Ltd **MOVING & ESTATE**

Wed Aug 12th @ 4:00 pm

Stonewall, MB #12 Patterson Drive Yard Items, Tools, Antiques, Household, **Always Lots of Exciting Items!** 

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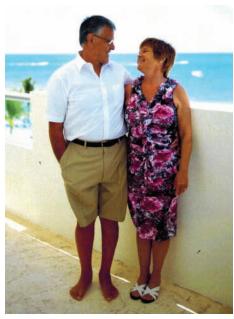
Sunday August 16th, 2015 @ 10:00

Stonewall, MB **#12 Patterson Drive Call to Consign!** email: mcsherry@mts.net

Tractors & Equip Case 1070 Cab 540/1000 6500 Hrs. \* A C D17 Gas 3PH 5000 Hrs. \* Case IH 8480 Rd Baler \* New Idea 484 Rd Baler 18' Tandem Disc \* Int 1100 Trailer 9' Sickle \* 2013 Rowse 9' Trailer Sickle \* Trailer Post Pounder \* New- Dozer Blade 94" \* \* 3 PH 82" Rotovator \* 3PH Bale Forks \* Farm King 3PH Blade \* BH 20' Triple axle Trailer w Beaver WW 16' BH Stock Trailer \* BH 2 Horse Tandem Trailer \* Yard 98 Polaris SLT H 700 Twin 3 Seater w Trailer \* 20 ' Wrought Iron Gate ' **Buildings** 30' x 85 ' x 15' Storage Bldg \* 20' x 30' Storage Bldg \* 10' x 20' Com Pop Up Tent \* 16' x 22' Event tent \* 20' x 40' Party Tent \* 10 Pallets of Shingles \* Tire Changer \* Wheel Balancer \* JD 6000 Watt Generator \* HD Work/Tool Bench \* Air Hyd Jack \* \* Pallet Jack \* Pipe Bender \* Power Pack \* Wood Pellet Heater \* Honda Water Pump \* Booster/ Charger Hardware Truck Load New Hardware from a Store Close Out! Plus 1/2 Truckload of Packing and Shipping Supplies!

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### ANNOUNCEMENTS ANNIVERSARY



Happy 40th Anniversary **Garth and Jan Clemons** On August 8th

-Love your girls, your boys. and their fur babies

### Don't Forget Your Loved Ones WITH AN ANNOUNCEMENT IN THE Call 785-1618

### -Mc<u>She</u>rry Auction Service Ltd **AUCTION SALE ESTATE OF RONALD REIMER**

Saturday August 15 @ 10:00 am

Sperling, MB #15 Charles St. 7 of 11 Vehicles Shedded w Low Mileage in Original Cond. Collectors don't miss this one! More Treasures will be found by sale date! Contact: (204) 866-4605 or (204) 750-1304

97 Dodge Dakota Ext Cab 43,731 Km Sft 76 Ford Courier 26,031 Miles \* 77 Plymouth Volare 79.745 \* 73 Dodge Dart Sport 2 D 60,053 Miles \* 72 Toyota Carolla 84,343 Miles 68 Dodge 100 Custom 49.293 Miles Exc Cond \* 62 Studebaker Vanity 54,424 Miles Exc Cond \* 62 Dodge Seneca 2 Dr \* 60's Dodge 100 w Stepside Box \* 49 Chev Mdl. 1433 1 Ton \* Yard Items \* Tools \* Guns \* Large Amt of Antique Furniture \* Farm & Household Antiques \* Signs & Toys \* Black Cat Sign \* Die Cast Toys \* Pressed Metal & Wind Up Toys \* Musical Instruments \* Go To Web for Pics & **Complete Listing** 

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#### **IN MEMORIAM**

Joan Hourie August 10, 2007

In a quiet country cemetery, Where the gentle breezes blow; Sleeps the one we loved so dearly, And lost 8 years ago. But in our hearts you're always there.

-Love always, Darlene, Brad, Sheila, Susan and families

### ANNOUNCEMENTS

#### IN MEMORIAM

In Loving Memory of our Nannie Joan Hourie

May the winds of love blow softly, So that only you may hear; That we love and miss you.

> -Love your grandchildren, Relene, Laura, Melissa, Dylan, Shaelyn, Brenden and Brooklyn

#### ANNOUNCEMENTS

#### **IN MEMORIAM**

Jason (Tick) Chwartacki March 20, 1971 - August 4, 2012

A heart of gold stopped beating, Two shining eyes at rest; God broke my heart to prove to me He only takes the best. God only knows why you had to leave, But you didn't go alone; For part of me went with you, The day He took you home. To some you are forgotten, To others, just part of the past; But to me who loved and lost you, Your memory will always last.

-Miss you Babe, Love always, Alanna



### **Lorne Robert Massey** November 13, 1930 - August 1, 2015

Peacefully at the Selkirk General Hospital on August 1, 2015, Lorne passed away with his family by his side at the age of 84

Lorne is survived by his loving wife Bernice; children, Garry (Debbie), Bonnie Lynn and Darlene; grandchildren, Andrew, Lawrence and Melissa; brothers and sister, Gordon (Alice), Neil (Betty), Verna (Leon) Kupchik, Richard, Raymond (Donna), Orville (Beverly), Russell and sister-in-law Darlene Massey.

He was predeceased by his parents Percy and Jennie Massey, his brother Allan and sister-in-law Patricia Massey.

Funeral services will be held on Friday, August 7, 2015 at 11:00 a.m. in the Gilbart Funeral Chapel in Selkirk, MB. with a viewing prior to the service. Interment will follow in the St. Clement's Cemetery. In lieu of flowers, donations may be made to Faith Bible Camp, PO Box 42059, RPO Ferry Rd., Winnipeg, Manitoba R3J3X7.

> Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



Don't forget to send your special wishes to your friends and family.

Call 785-1618 or email lucy@selkirkrecord.ca

Connie Rapko





### Army Navy and Air Force Veterans Club #151

231 Clandeboye Ave., Selkirk Ph. 204-482-3941

Wish to thank the following for their generous donations and for helping to make our "Christmas in July" Fundraiser a success.

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The winners of our "Christmas in July" raffle are: 1st Denis Gagnon, 2nd Royce Wyspinski, 3rd Debbie Mathers

### t inspired > MEAL IDEAS



### **Cranberry Kissed Cinnamon Rolls**

2 loaves (1 pound each) frozen white yeast bread dough, thawed, divided 2 tablespoons butter, softened, divided 1/4 cup granulated sugar

1 tablespoon ground cinnamon

2 cups (12-ounce package) Nestlé Toll House Premier White Morsels, divided

1 cup sweetened dried cranberries, coarsely chopped, divided

1 cup powdered sugar, sifted 3 tablespoons milk

#### Preparation

Ingredients

GREASE two 9-inch-round baking pans. ROLL 1 bread loaf into 16 x 10-inch rectangle on lightly floured surface.

SPREAD 1 tablespoon softened butter over dough. Combine sugar and cinnamon in small bowl; sprinkle 2 tablespoons over dough leaving 1/2-inch border around sides. Sprinkle with 3/4 cup morsels and

1 cup (250 mL) whole wheat flour

1 cup (250 mL) large flake oats

1 tsp (5 mL) ground cinnamon

1/2 cup (125 mL) wheat bran

1 tsp (5 mL) baking powder

3/4 tsp (4 mL) baking soda 3 ripe bananas, mashed well

1/3 cup (75 mL) maple syrup

1/4 cup (50 mL) canola oil

1/2 cup cranberries, firmly pressing morsels and cranberries into dough.

ROLL up dough tightly, starting at short end; seal edges with water. Cut into 6 slices; place cut side up in prepared baking pan. Repeat with remaining bread loaf, butter, sugar mixture, 3/4 cup morsels and cranberries; place in second prepared baking pan. Cover; let rise in warm place until dough almost fills pans, about 30 minutes.

PREHEAT oven to 350° F.

BAKE for 25 to 30 minutes or until golden brown. Cool for 15 minutes in pans on wire

MELT remaining morsels in small, uncovered, microwave-safe bowl on MEDIUM-HIGH (70%) power for 30 seconds; STIR. Morsels may retain some of their original shape. If necessary, microwave at additional 10- to 15-second intervals, stirring just until morsels are melted. Stir in powdered sugar and milk to make a stiff glaze. Drizzle over cinnamon

Tip: For whole-wheat cinnamon rolls, substitute whole-wheat dough for the white bread dough.

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### **Lemon Cranberry Biscotti**

Ingredients

1 package white cake mix 1 cup all-purpose flour

1/2 cup butter or margarine, melted

2 eggs

1 teaspoon vanilla extract

3/4 cup chopped, dried sweetened cranberries

1/2 cup chopped nuts

2 tablespoons grated lemon rind Semi-sweet or milk chocolate chips, melted (optional)

#### Preparation

Preheat oven to 350°. Line 2 baking sheets with parchment paper.

Combine cake mix, flour, butter, eggs and vanilla in large bowl. Beat at low speed with electric mixer until well blended. Mix in cranberries, nuts and lemon rind. Divide dough in half. Shape each half into a 12x2inch log; place logs on prepared baking

### Watermelon **Lemonade With Kiwifruit Splash**

Ingredients 2 kiwifruit, peeled and cut into fourths

11/2 teaspoons sugar

4 cups cubed, seedless watermelon

112-ounce can frozen lemonade concentrate

2 cups water

### Preparation

Place kiwifruit and sugar in blender; cover and blend on medium just until smooth. Pour into another container; freeze 1 to 2 hours or until firm.

Place watermelon in blender; cover and blend on medium until smooth. Place

frozen lemonade concentrate and water in large pitcher. Add watermelon mixture; mix well.

Pour watermelon lemonade into glasses. Spoon a dollop of frozen kiwifruit mixture on top. Serve immediately.

Makes: 6 1-cup servings



Bake each log 30 to 35 minutes or until toothpick inserted in center comes out clean. Remove from oven; cool on baking sheets 15 minutes. Using serrated knife, cut logs into 1/2-inch slices. Arrange slices on baking sheets. Bake slices 10 minutes at 350°. Remove to

cooling racks; cool completely.

Dip one end of biscotti in melted chocolate, if desired. Allow chocolate to set at room temperature before storing biscotti in airtight container.

Makes about 2-1/2 dozen cookies







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### Directions

1 egg

In a large bowl, whisk together flour, oats, bran, cinnamon, baking powder and soda.

1/2 cup (125 mL) plain 0% Greek yogurt

In another bowl, whisk together bananas, yogurt, maple syrup, oil and egg. Pour over flour mixture and stir to combine. Scrape into parchment paper lined and sprayed 8 1/2 x 4 1/2 inches (1.5 L) loaf pan.



Bake in preheated 350° F (177° C) oven for about 40 minutes or until tester inserted in centre comes out clean. Let cool in pan for about 10 minutes before turning out and cooling completely to slice and serve.

Tip: Wrap bread in plastic wrap once cooled and store at room temperature for about 3 days or overwrap in foil and freeze for up to 2 weeks.

Prep time: 10 min | Cook time: 40 min Makes: 12 slices











































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