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VOLUME 14 EDITION 26

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RECORD PHOTO BY KATELYN BOULANGER

The Manitoba Highland Gathering brought fencers, reenactors, crafts people, musicians, and businesses together to celebrate the Scottish culture and heritage of many of our region's residents. Pictured: The fencing competition at the event. The gathering saw both the first annual longsword championship and the first annual broadsword championship take place.

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PRICES IN EFFECT: THURSDAY, JUNE 29 - WEDNESDAY, JULY 5, 2023

Selkirk Canoe and Kayak Centre looking for new members this year

Volunteers needed in evenings

By Katelyn Boulanger

The Selkirk Canoe and Kayak Centre has been a paddling club in our community since 1990. This year, because less grant funding was received by the organization, they have had to make some changes and are hoping that new members come to join them and that volunteers might step up from the community to take part.

"For the past few years, we've usually received [funding for] one green team position from the Manitoba government's Green Team, and then we would receive four Canada Summer Job grants for students," said Bonny Wynnobel president of the Selkirk Ca-

noe and Kayak Centre.

This allowed them to run summer camps as well as host drop-in sessions at the centre throughout the week. This year, they have received the provincial green team position funding but the summer job grants program was reduced. This has meant that they have had to reduce the number of summer camp days but hope that volunteers might step up to help with drop-in sessions.

The Selkirk Canoe and Kayak Centre does appreciate the support they continue to receive from the City of

Continued on page 6



RECORD PHOTO SUBMITTED

The Selkirk Canoe and Kayak Centre has an accessible dock and watercraft for members of all ages and abilities to use.

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Big DOLLAR

National Indigenous Peoples Day takes place in Selkirk Park

By Katelyn Boulanger

The Manitoba Métis Federation (MMF) once again organized National Indigenous Peoples Day celebrations at Selkirk Park on June 21.

Keith Ginther, chair of the Selkirk Red River Métis local opened the event with pleasantries and introductions to the many dignitaries that came to speak at the event.

One of the people who spoke was MMF Energy and Infrastructure Jack Park who took to the stage to cele-

brate everyone coming together.

"It is just a fantastic day. After COVID, we're finally back to Selkirk Park where we belong," said Park.

He was followed by MMF Minister for Métis Child & Family Services, Mona Buors who commented on how nice it was to see the large crowd at the event.

"There's a lot of people here that I recognize and you make new friends and you see old friends at these events. But what I want to say is this.

Today, we're here to honour our culture, heritage, and our resilience as – les Métis de la Rivière Rouge, le gouvernement national de la Rivière Rouge — and we are so proud that we could hold this event," said Buors.

Local Selkirk Mayor Larry Johannson also spoke discussing the bright future he sees in partnerships between the City of Selkirk and the MMF.

"They've got houses in our Vaughn Avenue subdivision, which are beau-

tiful, beautiful builds. And the big one at the corner of Eaton and Eveline [St.], a multi-story build, it's sure to be exciting. Give them a round of applause," he said.

In addition to local and Métis government representatives, provincial party leaders Wab Kinew and Dougald Lamont were also at the event.

"Today is a day for celebration and I know that Indigenous people, Métis

Continued on page 5





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> NATIONAL INDIGENOUS PEOPLES DAY, FROM PG. 4

people included, have been through so much over the years. We've been through historic challenges. We've been through contemporary challenges like the pandemic, and we know that that's why when we get a chance to sing and dance and celebrate, we always make the most of it. So, have a Happy National Indigenous Peoples Day," said Kineo.

Many speakers also acknowledged

the absence of Bucky Anderson from the event. Ginther attributed much of the success of the event to his hard work.

"The one thing that Mr. Anderson always does is he brings people together. He brings locals together. He encourages us to the [utmost] degree to make sure that we work together and there's no shortage of that here today," said Ginther.



RECORD PHOTOS BY KATELYN BOULANGER

Residents filled Selkirk Park to celebrate National Indigenous Peoples Day this year.

Residents in Selkirk may know Anderson best as the man who drives the Métis music van around bringing joy to many of us but he is also the Culture & Heritage minister for the MMF. Unfortunately, he was unable to attend this year's event because of

a serious fall. A Gofundme page has been set up to aid him in his recovery at <https://gofund.me/c31b9234>.

After the speeches, residents enjoyed the live music and other festival activities that took place throughout the event.



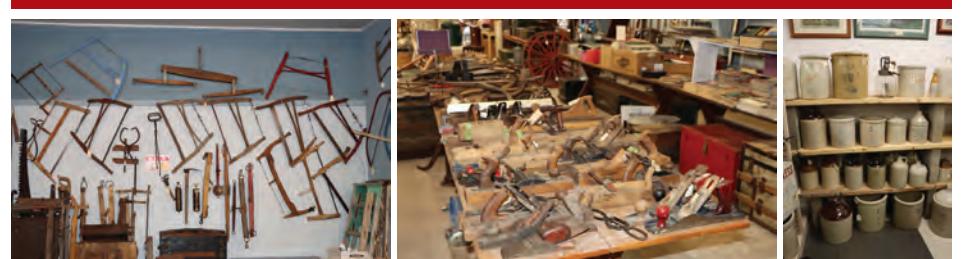
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> SELKIRK CANOE AND KAYAK CENTRE, FROM PG. 3

Selkirk that they have received as the city is currently doing landscaping work at the centre's site. They also appreciate the funding that they get from the Selkirk & District Community Foundation - Western Canada Summer Games, which has provided grants to buy equipment.

Wynnobel says that the reductions are a temporary situation and that the centre will be looking into different opportunities for next year.

In the meantime, residents who can't find the time to volunteer but still want to support the centre and get out on the river can become members.

Drop-in sessions will take place from Tuesday to Thursday from July 4-September 8 this year. The cost to drop in is \$5 for children seven and under, \$10 for kids eight to 17, and \$15 for adults 18 and up. A family of three to five members can drop-in for \$20.

There are also seasonal memberships available: Individual memberships are \$150, Individual memberships when the member brings their own boat are \$100 and family memberships (three to five family members) are \$400.

Some benefits of membership are the ability to utilize the Centre's wa-

tercraft and dock which is wheelchair accessible.

"[The dock is] more stable. We had a bridge built. It's quite large so that a wheelchair could wheel down it. We had our entrance to the water area, the trail you'd have to go on, we had to make it specially so that, again, a wheelchair could go there. Our bathrooms, our entranceways, they're all wheelchair accessible and we also bought equipment that is for people with disabilities," said Wynnobel.

This is one of the many things that makes the Selkirk Canoe and Kayak Centre located in Selkirk Park unique compared to other paddling clubs.

Wynnobel says that the location is

another highlight with wildlife such as blue herons, beavers, ospreys, turtles and more coming to the inlet location which provides quiet waters for paddling around.

She says that mostly they just want to let residents know that they are there along the dyke and that this is an opportunity that you can take part in, in our community.

For more information about registration, the Centre and directions to the club visit https://mpa.mb.ca/content.php?navigation_id=4596. You can also contact the centre directly by email at selkirkkayak@gmail.com.

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RECORD PHOTO SUBMITTED

The Selkirk Canoe and Kayak Centre is open to new members.

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Our Stories exhibit comes to Gwen Fox Gallery this July

Kelly Klick, Christine MacMaster, and Rosemary Miguez tell tales with art this July

By Katelyn Boulanger

The Gwen Fox Gallery is hosting an exhibit entitled Our Stories featuring three talented local artists Kelly Klick, Christine MacMaster, and Rosemary Miguez. The artists use different mediums and methods but all three aim to take viewers through an artistic journey.

Kelly Klick

Klick's art encompasses many different mediums and she has combined them to create three-dimensional multi-media pieces.

"My art is what they call a progressive series, assemblage pieces of woodwork that include oil paintings, play sculpture, rug hooking, a wedding veil, cord and lace doilies that work together to tell the story of the placenta," said Klick.

The inspiration for the series came from Klick's over 20 years as a midwife in Manitoba.

"I was always amazed at this organ that the baby grows inside the birthing person, and then we just throw it away after. It's such an important part of growing another human being and yet we hardly even look at it and really just throw it away after the whole process is finished," she said.

Klick has eight pieces in her series at the gallery.

She says that she started creating art before she began her career, how-

ever, she put it aside for a time when she was a midwife. After she left that field, she returned to her art and since her retirement has taken on a rural artist mentorship.

In addition to learning art she has become involved with the art community and taken on a leadership role at the Pinawa Art Gallery.

She invited residents to check out Our Stories exhibit this month saying that something they see might just remind them of something important.

Christine MacMaster

MacMaster is an acrylic and oil painter and she describes her work as impressionistic. She expresses her love for the beauty of the prairies through her paintings.

Her story is that of her journey as an artist and developing a love of Manitoba and the prairies.

"I inherited art supplies about 10 years ago from a Canadian Wildlife painter and that's when I began to paint," she said.

Originally from Ontario, she came to Manitoba as a child.

"I've learned to love the beauty of the prairies and I want to capture the beautiful skies and just how big and vast the space is," said MacMaster.

This month she has 17 pieces in the gallery and being from Dunnottar her art is particularly reflective of the beauty our area of the province holds.



RECORD PHOTO SUBMITTED

Kelly Klick.

"[I'm inspired by] the big vast skies that are always changing and the beautiful colour — the landscape of Manitoba and how varied it is and the animals in nature. I'm inspired by nature," she said.

Having gone from not painting to painting large impressionist works in the past ten years MacMaster encourages new artists to not be afraid of starting.

Continued on page 9



RECORD PHOTOS BY KATELYN BOULANGER

Christine MacMaster.

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get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

Church in Tyndall celebrates 90 years

Congregation marks anniversary with service, supper

By Kaitlin Vitt

Saints Peter and Paul Ukrainian Orthodox Church, also known as Tyndall Ukrainian Orthodox Church, is celebrating its 90th anniversary this year.

To mark the occasion, the parish will host an event on Sunday, July 9, starting with a church service at 3 p.m. followed by graveside blessings and then a buffet supper and entertainment at 5:30 p.m. at the Garson Centennial Community Centre.

Theresa Hunter, the church's treasurer, said it's important to the congregation to maintain the church to preserve the area's history.

"I think a lot of people have come to recognize that these heritage buildings mean a lot to a community because it tells a part of the history of the community," Hunter said. "I'm hoping they view the church as such because it is a very unique and special building. It's a little jewel tucked away on a beautiful piece of property with beautiful old oak trees. It's a really pretty place."

Five hundred people attended the church's opening on July 16, 1933. A group of women from the church, including Hunter's grandmother Anastasia Hnatiuk, cooked dinner for those at the opening. Hunter's grandmother, along with Anna Mamchur, also embroidered all of the linens for the altars at the church, and the linens are still in use to this day.

Today, the church holds an annual service in July and is the only operating church in Tyndall. The church is also available for christenings, weddings and funerals, depending on the weather, as the church is not heated.

Last year, the congregation held a fundraiser to support people affected by Russia's full-scale invasion of

Ukraine.

"Our hearts are breaking for what is happening," Hunter said. "We want them to know that they have support from all around the world, even at the smallest level of parishes."

This year, the church hosted an Easter basket blessing for the first time in 35 years through a donation by the RM of Brokenhead. Because of the success, Hunter said the congregation is planning to do this yearly, rather than waiting for another major anniversary.

In preparation for the 90th anniversary, congregation members organized renovations at the church, which wrapped up in June. Renovations included a new roof, eavestroughs, fence, stairs and sidewalk as well as exterior painting.

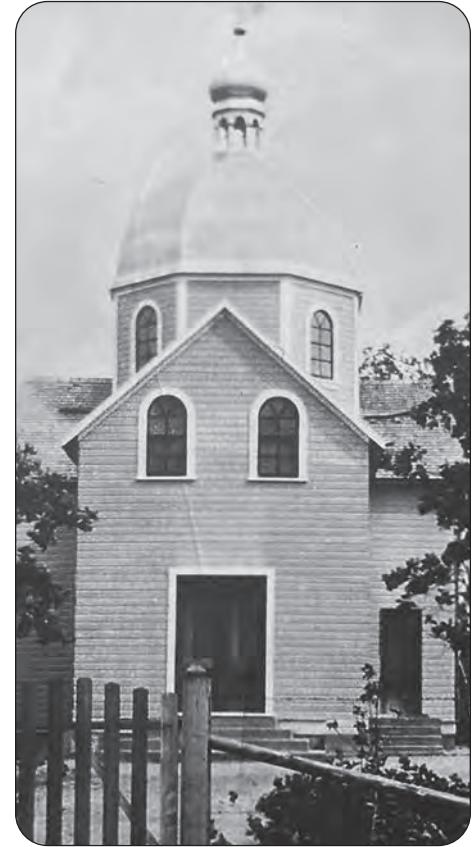
"We didn't want the church to deteriorate to a stage where it wouldn't be able to be brought back," Hunter said.

The recent upgrades were supported by grants from the Heritage Resources Conservation Grant and Thomas Sill Foundation plus private donations.

"It's been interesting and a lot of fun to try to keep the church going and to get the necessary funds that we need to keep it looking good, which is not easy in today's environment, but we're managing," Hunter said.

Both of Hunter's parents have a Ukrainian background, and her grandfather Michael Hnatiuk was one of the founders of Saint Peter and Paul Ukrainian Orthodox Church.

"It feels good to keep the church going because I know of the sacrifices [the founders] had to make," Hunter said. "They didn't have a lot, but yet they built this church and built this very strong community where they could gather and practise their faith



RECORD PHOTO SUBMITTED

Tyndall Ukrainian Orthodox Church when it opened in 1933.

and support one another, so it's important to me for all those reasons."

In time for the 100th anniversary, Hunter said the congregation would like to create a memorial to commemorate the founding members.

Tickets for the 90th-anniversary celebration supper must be purchased by July 1 and are available by calling Hunter (204-235-1320) or by calling Olga (204-205-2688) or Donna (204-268-1758). Adult tickets are \$35, children from 5 to 11 are \$20, and children 4 and under are free.

Tickets are not required for the church service.

The Facebook group Tyndall Ukrainian Orthodox Church posts updates about the church and its events.

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

> GWEN FOX GALLERY, FROM PG. 7

"[Being able to] reach out to the art community in this area is amazing," she said.

She invites residents to stop by the gallery and check out this month's stories.

Rosemary Miguez

Miguez is a multi-media artist. Her work consists of sculpted paintings that incorporate sand into the paint in order to create a textural effect.

"My art is what they technically call relief art. What it is, is I've taken an acrylic compound called gesso and I've mixed sand into it, so it's actually quite tactile," she said.

Her art started as purely tactile with white sculptures on a white background but this month she has incorporated colour into some of her pieces particularly those that tell the

story of a trip that she took to the grand canyon.

In addition to canvases, she also has pieces where she paints and sculpts on mirrors. One of these paintings that is at the gallery this month is an island on a mirrored background. This island represents the safe place inside us all and is her response to the difficulty and depression that happened during COVID.

The beginnings of her artistic journey started with drawing when she was young, however, the start of her current style of art was more recently inspired.

"About 22 or 23 years ago, I decided to take some watercolour classes. I was in the second year of the watercolour classes and we were doing something with sand and watercolour but I happened to have gesso in my hand.

I picked up the sand and I thought, 'Oh.' I put the sand into the gesso and I just went nuts on the tactile feeling," said Miguez.

Her best advice as an artist for new artists is to try everything.

"Don't forget that an artist [can also be] a musician, somebody who writes words is an artist. Books are art. Somebody who bakes and is brilliant at what they're doing, that's artistic. We always think of arts as the visual arts but there're people that get behind a camera, and what they can do with just a still life photo, or what

they can do with movement, what they do creating short films. Just try it all," she said.

She also welcomes residents to check out the stories of the three artists who are exhibiting at the gallery.

"We can come together like this in the collaboration, and each one of us has our own little story to tell," said Miguez.

The Gwen Fox Gallery is open Tuesday to Saturday from 11 a.m. to 4 p.m. It's free for all residents. July's Our Stories exhibit runs until July 21.



RECORD PHOTOS BY KATELYN BOULANGER

Rosemary Miguez.



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15 – NO BINGO	HALL RENTAL dates available
15 – Uncle Basic Band 2pm	WING SPECIALS
20 – Over 60's Club lunch	Friday and Sunday
21 – Ravin Band 8pm	
22 – Steak & Lobster Dinner 6pm	
28 – Rock the House Band 8pm	

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Manitoba government supports shift to electric vehicles

New EV Charging Station Powers Transition in Village of Dunnottar

Submitted by the Manitoba government

The Manitoba government is announcing its support for a new electric vehicle (EV) charging station in the Village of Dunnottar. Environment and Climate Minister Kevin Klein announced last Tuesday.

"Green transportation projects play a key role in protecting our environ-

ment and water, which is a top priority for our government," said Klein. "Transitioning to electric vehicles will help reduce greenhouse gas emissions, support a low-carbon economy, and ensure affordability for Manitobans."

The new Level 3 charger will be installed near one of the Village of Dunnottar public piers. A Level 2 charger currently at this location will be moved to another site within the community.

"This is a big step forward in the transition to a new clean energy future for the coming generations," said Mayor Richard Gamble, Village of

Dunnottar.

The Manitoba government funded this project as part of a \$150,000 initiative led by Eco-West Canada, a Manitoba-based not-for-profit focusing on green infrastructure. Additional projects across Manitoba will be announced in the coming weeks, the minister said.

This project helps support the technology and infrastructure needed to expand the province's EV charging network and support collaborative planning for regional green transportation initiatives.

"We are pleased to once again be given the opportunity to partner with

the Manitoba government to help our communities adopt cleaner modes of transportation," said Dany Robidoux, executive director, Eco-West Canada. "In the past we have been very fortunate to have worked with the Village of Dunnottar on several sustainability initiatives, and this is another example on why this municipality is seen as a leader in Manitoba when it comes to the greening of their community."

For more information on the Made-In-Manitoba Climate and Green Plan, visit www.gov.mb.ca/climateandgreenplan/index.html.

The history of Lockport's Half Moon Drive-In

By Emma McGill

In 1938, Louis Kosowicz established the original Half Moon Drive-In on Henderson Highway. The original building was made up of three "half-moons," or wooden buildings in semi-circle shapes: one for take-out, one for dining in, and one a dance hall.

These buildings were constructed with help from Louis' brother Stephen, who also did errand runs to get supplies, their father Alexander, and their cousin Walter Mackelson. Many other family members assisted in the kitchen and running the business. Louis had an apartment at the back of the building. His brother Peter joined as general manager later, as he was 11 when the restaurant first opened.

The cooking was done in the back of the first building, where sister Olga and niece Karen often assisted while cousin Cheryl would help to serve customers.

The Half Moon ran for 44 years as a seasonal operation, and served as a first workplace for many young people in the area during the summertime. Especially in the 1950s, people came from all around, including Winnipeg, to enjoy the dance hall and the live band or jukebox music to accompany their movement. There are a few accounts from those who met their life partners as teenagers at that dance hall, including Doris and Andrew Martinek, and Mary 'Jean' and Rudy Zibroski.

"When it first opened up, it was a party space," shares nephew Chuck Kosowicz. "My father would play fiddle there."

Its customers called the business by many nicknames, including the Half Moon Dance Hall, Half Moon Chip Stand, Half Moon Stand, the Half Moon Drive Inn Restaurant, and was even called "Louis'" by the locals.

Bootleggers would often loiter around the hall and sell liquor to dancers, who would buy it and mix it with their pop and drink for a while outside. Inside, there were several lounge chairs, colour television to watch the usual CBC programming on, and old barstools.

The Half Moon became famous for its "deluxe hot dogs," sometimes with three or four wieners thrown on for family members, of which Chuck speaks fondly.

"When I was young my uncle would sometimes make me a special at the end of the day," recalls Chuck.

This famous hot dog drew people from all over Manitoba and Canada, gaining a reputation for being the best in Canada. There was no secret recipe- they were just good, European



Louis Kosowicz - 1941.



RECORD PHOTO SUBMITTED

The Half Moon in 1970.



Olga Goff and Stephen Kosowicz.

Many members of their family, including Darlene (nee Kosowicz) Marsch, Susan (nee Kosowicz) Baker, Chuck Kosowicz, Ross Kosowicz, Ken Goff, and Cheryl Kellog, are passionate about their story being remembered.

The new Half Moon opened in the spring of 2017, with no affiliation to the original other than the name and the set of neon lights from the old restaurant were sold to the new owner by Peter. The current owner, Wayne MacIntosh, offers customers a menu that includes the famous hot dog in order to keep the spirit of the original restaurant alive. The new restaurant's website now says a bit about the original's history. Chuck and his brother have visited and enjoyed the new diner while they remembered the joy of the old one.



Heddy Ludwiczynski and Helen Parfaniuk - 1940

A Summer of celebrations at historical hotspot in St. Andrews

The St. Andrews Heritage Centre Celebrates its 10th year at the Rectory

Submitted by the St. Andrews Heritage Centre

This summer marks 10 years since the St. Andrews Heritage Centre moved into its current home, the historic St. Andrews Rectory. The Heritage Centre is planning an expanded season of special events and family programs to mark all that the organization has accomplished in the community over the past decade.

July kicks off with the Heritage Centre's free Canada Day event - People of the Red River and Maker Market. Featuring costumed interpreters from Manitoba Living History Society, free bannock, and a market of local artisans and crafters, there is something for everyone at this history-themed event.

For food and drink lovers, look no further than the Heritage Centre's July 27 event - A Gathering at the Red. This ticketed event features samples of locally made beer and spirits, food, and non-alcoholic beverages. With a local art sale, axe throwing, and live

musicians, this evening is a celebration of St. Andrews' community spirit in a beloved heritage location. Tickets can be purchased online at www.standrewsrectory.ca/events.

Want to get your business involved? The Heritage Centre is currently seeking sponsors and food vendors. Business owners can contact the heritage centre at 204-339-6396 to learn about opportunities to get onboard.

And, no summer would be complete without checking out the Rectory's weekday evening events. Grab a friend and enjoy the weekly Wednesday Family Night, a relaxed evening to experiment with making ice-cream, roasting bannock, or creating a masterpiece. Porch Performances are also returning, so head to the Rectory every Thursday evening from 6:30 to 7:30 p.m. for a free outdoor concert, sponsored by Derek Daneault Personal Real Estate Corporation.

Looking to book a historic tour for yourself and your friends? The St. Andrews Heritage Centre offers two

packages during their hours of operation.

- Tea and Tour is the perfect way to enjoy a guided tour of the Rectory with knowledgeable interpreters, followed by tea and dainties on the scenic riverside property.

- Bike lovers will love the River Road Bike Tours.

And as always, the Heritage Centre

is open for free to those looking for a self-guided experience.

With these events and more on the calendar, the St. Andrews Heritage Centre is a great destination for you to visit again and again.

Check centre's website at <https://www.standrewsrectory.ca/> for more information on all of their special events and tourism services.

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New Beginnings are everywhere, if you're willing to look

Grant made almost 25 years ago is still making a difference

Submitted by Selkirk & District Community Foundation

The Selkirk & District Community Foundation community report, entitled 'New Beginnings', is chock-full of inspiring stories about those who truly believe in fresh starts, so it may seem strange that one of the features is about a newspaper recycling baler that is almost 25 years old.

But you don't have to dig too deep to unearth the reason for its inclusion in the report – purchased by Inclusion Selkirk with an SDCF grant all those years ago, it provides new beginnings each and every year.

"This baler has been around forever," said Pat Still Bird, who's been a Direct Support Worker at Inclusion Selkirk for more than 20 years and says the machine predates her.

"Dealing with paper, is our biggest duty and we do it every day, and everybody contributes in some way or another. If we didn't have it, we wouldn't have a lot of anything to do."

For an organization whose motto is 'Here for Good', the folks at SDCF consider the baler to be the mechanical embodiment of that statement.

"When we hear stories like this, about an essential piece of equipment that the Foundation helped purchase, that is still around today helping an es-

sential community organization like Inclusion Selkirk, well, it's really what it's all about," said Shanna Curtin, SDCF Chair.

"And it's important that we share these success stories with the community, with our wonderful donors, who make all of this possible. That's the power of endowment, period."

Sharon Holmes, Director of Day Services at Inclusion Selkirk, says office paper, newspaper and flyers are baled and strapped and then stored until a company picks them up and recycles them into insulation.

The process is important financially to the organization, but also for the emotional well-being of the clients who work there on a daily basis.

"If we didn't have the baler, these individuals would be out of work and honestly I think this is their happy place. They enjoy it, this is what they want to do," Holmes said.

"If we didn't have it, we would be out of profit, yes, but these guys would be disappointed. They'd be very, very disappointed."

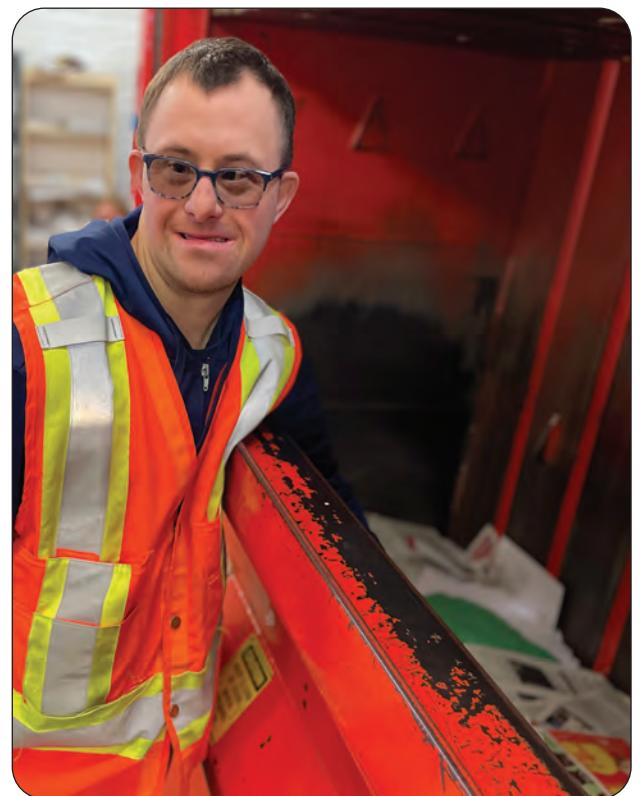
The Foundation grant of \$4,500 allowed Inclusion Selkirk to purchase the baler. A used baler today would cost as much as \$20,000 and a new one would be \$100,000 or more.

In 2022/23, the Foundation granted more than \$800,000 to 125 projects, including scholarships and bursaries.

"It's an incredible amount, and we're so fortunate that the Foundation's donors continue to care about causes that make our communities of St. Clements, St. Andrews and Selkirk stronger," said Bev Clegg, Executive Director of SDCF.

"It's their commitment to their communities that's makes all this happen."

The 'New Beginnings' report also features sto-



RECORD PHOTO SUBMITTED

Peter feeds the newspaper recycling baler at Inclusion Selkirk. The baler was purchased more than 20 years ago and is still going strong today.

ries on the City of Selkirk's depth of commitment to community development through endowment. In what is unique in the province, the city has four individual endowment funds with the Foundation as well as an employee deduction program that supports those funds.

A feature on a grandfather's gift to his grandson takes endowment back to the 1930s and demonstrates clearly the life-changing power of endowment, and how gifts are born out of love.

You can also read about the new beginnings taking place at the Libau Community Club and the Petersfield Curling Club. Check it out at sdcf.ca.



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Manitoba Indigenous Tuberculosis History Project launches new Missing Patient Research Guide

Submitted by Manitoba government

The Manitoba Indigenous Tuberculosis History Project (MITHP) has created a Missing Patient Research Guide specific to Manitoba.

University of Winnipeg Canada Research Chair Dr. Mary Jane Logan McCallum says the Guide, released June 21 in recognition of National Indigenous Peoples Day, "was developed to assist Indigenous families and communities searching for loved ones who were sent to Indian hospitals and sanatoriums in Manitoba and never returned."

In addition to being available on the MITHP website, you can also access it on UWinnipeg's WinnSpace and printed copies will be sent to libraries and archives around the province.

Adjunct Professor Dr. Anne Lindsay, who began working on the Guide as a Postdoctoral Fellow with the MITHP, explains the connections between Indian Residential Schools (IRS) and hospitals, and how this Guide impacts burial research:

"Throughout the history of the IRS, at least some pupils were sent to hospitals when they were ill. Then, beginning in the 1930s, the number of students who were sent to hospitals and sanatoriums, especially Indian hospitals and sanatoriums, increased significantly," she explained. "Students who passed away at these segregated medical institutions were often buried at cemeteries associated with the hospital or sanatorium. Because of these connections, this Guide may help those searching for loved ones who were sent away to an IRS in their research."

Part One of the Guide explains how to gather useful details, including names, dates, and locations, that will help in the search. It also has research tips and a research case study providing a real-life example of research procedures used by a family in searching for their loved ones.

The second part of the Guide is organized by health care institutions and explains how to research the location of patient burials associated with nine different tuberculosis treatment hospitals in Manitoba: Dynevor, Clearwater Lake, Brandon, Ninette, St. Boniface, Fort Churchill Military Hospital, Norway House Indian Hospital, Fisher River Indian Hospital, and Pine Falls Indian Hospital at Fort Alexander.

Krystal Payne, MITHP Research Project Director, will be presenting a paper about the Guide titled The Missing Patients Initiative Research Guide: Restoring Belonging for Those Who Are Missed and Missing at the Association of Canadian Archivists Annual Conference in Charlottetown, PEI on June 28.

"The goal of this presentation is to encourage archivists to create similar resources to help build archival research capacity for families and communities of Indigenous tuberculosis patients in their own regions," said Payne.

The MITHP team hopes to get feedback on this first version before launching the full Guide later in 2023, along with a set of video modules that accompany the Guide and walk through the process of archival research, including visiting the ar-

ITA hosts AGM



RECORD PHOTO BY BRETT MITCHELL

The Interlake Tourism Association held their annual general meeting earlier this month. At the meeting they discussed ways to get people out to the Interlake and learning about all of the wonderful attractions that are available in our region. Plan your next local adventure by checking their website at <https://interlaketurism.com/>. Pictured: ITA Executive Director Melissa Van Soelen speaking at the meeting.

chives, examining records, talking to archivists, and engaging with people who have undergone similar searches of missing family and community members.

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Promoting Aboriginal Student Success 2023 Graduation Gathering



RECORD PHOTOS SUBMITTED

The Promoting Aboriginal Student Success (PASS) program celebrated the achievements of LSRCSS's Indigenous graduates at a gathering last month. PASS is an Indigenous leadership program and charitable organization that promotes the academic achievements of Indigenous youth in Lord Selkirk School Division. This was the first such gathering after a three-year pause due to the pandemic. Co-valedictorians Ava Anderson and Dwight Bell - both Métis Graduates - each gave an inspiring address to the Indigenous Graduates of 2023. Their message to their fellow students was to keep in mind that, "In order to be successful, look for the people who will support you and lift you up."



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A Canada Day greeting card. It features a portrait of James Bezan MP on the left, a large "Happy Canada Day" message in the center, and a Canadian flag in the background. The text "THE TRUE NORTH STRONG AND FREE" is at the top, and "SELKIRK—INTERLAKE—EASTMAN" is at the bottom. Contact information for James Bezan's office is provided.

Canada Day



Celebrate Canada Day Your Way

The month of July is a time of great fanfare in two North American countries. July 4th is Independence Day in the United States, while each July 1 Canadians celebrate Canada Day, formerly known as Dominion Day.

Canada Day commemorates July 1, 1867, when the colonies Nova Scotia, New Brunswick and the Province of Canada (now called Ontario and Quebec) were united under the name Canada - a single dominion within the British Empire. The holiday officially was changed from Dominion Day to Canada Day in 1982, when Canada's constitution became repatriated, which meant it could no longer be amended by Britain.

Canada is a diverse nation enriched by people from various backgrounds. Canada Day is an opportunity for all people to shine and celebrate in many different ways. Much like their southern neighbors who celebrate American independence on July 4, Canadians like to include parties, parades and fireworks in their Canada Day festivities. The Triple S Area is no exception. There are celebrations in Selkirk, St. Andrews, St. Clements,

plus both East and West St. Paul. Here are some ways to enjoy Canada Day this year.

AT THE CAPITOL

It should come as no surprise that Ottawa, Canada's capital, will put on quite a show for Canada Day. Canada Day visitors to Ottawa can find festivals, food, special activities, and scores of people decked out in red and white. Parliament Hall is a central location to take in the pageantry and fun.

TAKE TO THE WATER

Fireworks lit off along the coastline can make for an awe-inspiring sight. That's why many Canadians flock to see firework displays in local communities along the Red River. Check out the great selection at Red Bomb and Canadian Tire in Selkirk. However, the evening is not the only time to enjoy the waters of Canada. There are beaches and lakes around the province and across the nation



that are perfect for enjoying a warm day with friends and family. Head north to the beaches of 59 and squish the sand up between your toes in the hot Manitoba sunshine

IN THE YARD

Canada Day celebrations can take place at home. This is the perfect day to fire up the grill and enjoy some delicious flame-licked fare from local Grocers like Safeway, Harry's Fine Foods, No Frills and COOP. Be sure to play the national anthem during your backyard barbecue. "O Canada" became the officially adopted anthem in 1980.

RED AND WHITE CUISINE

Picnics in parks or at campgrounds are common on Canada. These gatherings are made even more special when enjoying food that features the Canadian colors. From watermelon to fruit and cream parfaits to red fruit punch, there are plenty of ways to incorporate red and white into the menu. Canada Day is an opportunity to enjoy some patriotic fun.



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CANADA DAY Itinerary

9AM - 4PM

Tales & Trails Featuring "Walking Together" On the Red Wing Trail in Selkirk Park
In partnership with United for Literacy

Follow the pages of Walking Together by Elder Albert D. Marshall and Louise Zimanyi, Illustrated by Emily Kewageshig and enjoy the story as you walk. Tales & Trails is an innovative and exciting way for children & adults to enjoy reading and the outdoors at the same time.

4PM - 10PM

Makers Market Hosted by Bud & Bloom
Manitoba Ave. East

Bud & Bloom are returning with their second annual Canada Day Market. This 100% HANDMADE market features amazing local makers who sell honey, soap, jewelery, candy and so much more!

4PM - 8PM

Waste Connections of Canada "Kids Zone"
Selkirk Waterfront

Featuring outdoor games, craft table and glitter tattoos provided by Glitter Bug!

4PM-10PM

Mural Painting
Selkirk Waterfront

Join us for a mural painting of, "Living the Seven Sacred Teachings," at the Selkirk Waterfront on Canada Day!

Observe and interact with the artists Jeannie White Bird, and Sweetpea Starr as they weave their storytelling onto the mural.



11PM Fireworks

Selkirk Waterfront



Entertainment at the Selkirk Waterfront

4:15PM

Dwight Klatt Band
Eddie Fleury "The Métis Man in Black"
St. Laurent Lil Bitty Steppers
Kinew Métis Youth Dancers

6PM

Al Simmons
Children's Entertainment

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7:15PM

Double Bourbon Duo
Husband and wife musicians from Selkirk.

8:30PM

Rockalypso
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9:45PM

Free Ride
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HOW TO GET TO THE EVENT

Beat the parking hassle and use Selkirk's safe and accessible multi-use pathways to walk or ride your bike to the event.

Lock up your ride at one of our many bike racks on Eveline Street or Manitoba Ave.



PLUS - Selkirk Transit is FREE on Canada Day with service every 30 minutes starting at 5PM and ending after the fireworks.
Pick-up location from the event will be on Manitoba Ave. in front of the Garry Theatre.

Route information: [MySTA.ca](#)

Driving? Note that there is street parking as well as parking lots near by but that spots fill up quickly.
Please do not park in the Legion parking lot if you are not visiting the Legion.



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Canada Day

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Interesting facts about Canada

Each year on the first day of July, people across Canada celebrate Canada Day. Canada Day commemorates the anniversary of the Canadian Confederation. On July 1, 1867, the separate colonies of Upper Canada, Lower Canada, Nova Scotia, and New Brunswick were united, forming a single dominion within the British Empire. That dominion was named Canada, which is why Canada Day is often described as "Canada's birthday."

Canada Day marks a great time to learn more about this beautiful, prosperous country.

• Canada is the second largest country by total area in the world. Only Russia has more total area than Canada.

• Despite its size, much of Canada is uninhabited. Specific estimates vary, but it's widely accepted that more than 80 percent of Canada is uninhabited. Occupying the northern region of North America, Canada is, particularly in its northernmost regions, cold, rocky and snowy. That makes much of its northernmost regions unsuitable for human inhabitants.

• Canada is often considered the northernmost part of North America, though that's not necessarily accurate. Greenland lies on the eastern edge of the North American tectonic plate, which means it is technically part of North America, even though its cultural influences are decidedly European. The World Atlas notes that, if Greenland is considered part of Europe, then Cape Columbia in Nunavut, Canada, is the northernmost point in North America.

• Though metrics vary, data from the World Bank indicates that Canada has the ninth largest economy in the world as measured by nominal gross domestic product.

• Canada Day is a day to celebrate throughout much of the coun-



try, but the day is a little different in Quebec. July 1 is Moving Day in Quebec because that's when leases in the province typically expire. Moving Day in Quebec used to fall on May 1, but less-than-ideal weather in early May compelled the government to move Moving Day to July 1.

• Data from the United Nations indicates that the population of Canada as of spring 2022 was around 38 million people.

• According to the World Population Review, the median age in Canada in 2022 is 42.2 years. By contrast, the median age in the United States and Mexico is 38.1 and 28.3, respectively.

• Canada's Office of the Commissioner of Official Languages reports that 98 percent of Canadians indicate they can conduct a conversation in English, French or both.

• Though hockey is the sport most widely associated with Canada, more Canadian youths play soccer than hockey. While the organization Canada Soccer reports youth participation

at right around one million players, Hockey Canada reported that around 606,000 youths played hockey in 2019-20.

Canada is a beautiful and fascinating country with a rich history. Canada Day marks a perfect time to immerse oneself in Canadian historian and modern life in Canada.



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Selkirk says goodbye to fossil fuel use in water treatment plant

Submitted by the City of Selkirk

Reducing our carbon footprint requires us to put one foot in front of the other, often taking baby steps, as we walk towards a healthier planet. But every once in a while, you get to take a pretty big leap, and the City of Selkirk has done just that with two of its buildings now operating fossil fuel free.

The city's water treatment plant is now heated and cooled with a geothermal system, and it joins the wastewater treatment plant as the second utility to operate without fossil fuels.

"We're working our way towards being the greenest utility we can be," said CAO Duane Nicol.

"From a GHG perspective, the water treatment plant was the second largest point source of emissions in the city, with the old wastewater treatment plant being the largest contributor. The new wastewater plant is fossil fuel free in its operations and now, with geothermal heating and cooling in the entire building, the water treatment plant is as well."

One half of the building – the original side, built in 1961 – was converted to the geothermal system first and the second half was completed this year.

"In 2019 we replaced about half of the outdated heating and cooling systems in the water treatment plant with an innovative geothermal system that uses the city's existing wells rather than having to dig new ones," Nicol said.

"The system was designed for expansion and so this year, we replaced the remaining systems making the entire plant fossil-fuel free for regular operations."

Nicol says using water from existing wells makes the system a great example of asset management and fits in perfectly with the city's greenhouse gas (GHG) emission reduction plan and the community strategic plan.

Completing the transformation to geothermal also shows the city's commitment to its Greenhouse Gas Accountability Bylaw, passed in 2021.

Council had a bold vision with the bylaw that mandates the tracking and reporting of Selkirk's corporate and community GHG emissions using internationally recognized standards. It sets new GHG reduction targets – net zero by 2030 and zero by 2045 – which is consistent with the global effort to

Continued on page 22



RECORD PHOTO SUBMITTED

The city's water treatment plant is now fossil fuel free for regular operations.

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Communities in Bloom 2023



Yard of the Week: 405 Greenwood Ave

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> SELKIRK WATER TREATMENT, FROM PG. 21

keep the climate increase to just 1.5 degrees or less and it establishes a financial framework that clearly and transparently ensures the city can actually meet the targets it has set.

Prior to 2019 the Selkirk Water Treatment plant accounted for 15% of the city's corporate emissions on average. In 2018, the last full year prior to the partial conversion, the plant emitted 175 tonnes of CO₂e. By comparison, in 2020, the first full year following the conversion of half the plant to geothermal, it produced just 74.7 tonnes. That number will continue to drop with the entire plant operating on the geothermal system.

Prior to using geothermal in the water treatment plant and prior to the new wastewater treatment plant opening, the two buildings accounted for about 30 per cent of the city's total corporate emissions.

Manitoba Minister of Environment and Climate Kevin Klein visited Selkirk this month to tour several of the city's environmental upgrades, including the wastewater treatment plant, and he learned about how it and the water treatment plant are now fossil free in their operations.

The geothermal system is innovative, and even more cost efficient, because it uses city wells that were already in use – the city did not have to drill new wells, which is one of the biggest expenses when moving to geothermal.

"You have to upkeep the wells, and we're already doing that, so that's the innovation, we didn't have to drill wells for this, we're just taking heat off of the raw water that's coming into the plant anyway," Nicol said.

Director of Operations Dan Mc-

Dermid said the geothermal system reduces condensation in the plant, which helps in a couple of ways.

"Inside the water plant is a very moist environment, which sometimes isn't a good thing when you're dealing with pumps and fixtures inside a building, so you want to control that moisture," McDermid said.

"The removal of moisture out of the air reduces the potential for mold production and reduces corrosion, so it's a lot easier on the equipment."

The system has enough capacity that it can serve as a regional geothermal system and could be used to heat and cool new builds like the future multi-purpose recreation building, but also older buildings like apartment blocks in the area that may need new systems.

"We're making significant progress in achieving our reduction targets and we're doing it in a cost-effective way, because we're targeting equipment that is set to be replaced anyway, and we're replacing it with better," Nicol said.

In the case of the water treatment plant, the equipment on the newer side of the building wasn't in need of replacing, but the old boiler system remains and will be used as backup and for the 24-hour shutdown conducted each year for plant maintenance.

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Manitoba government invests additional \$1.5 Million to support sustainable commercial fisheries

Submitted by Manitoba government

The Manitoba government is implementing additional, proactive measures to ensure Manitoba's commercial fisheries continue to be sustainably managed including an additional investment of \$1.5 million in the Sustainable Fisheries and Certification Program, Natural Resources and Northern Development Minister Greg Nesbitt announced last week..

"Manitoba's commercial fisheries contribute over \$100 million annually to the provincial economy," said Nesbitt. "Improving the sustainability of our fisheries supports these economic benefits over the long term while also enhancing cultural, social, and environmental outcomes for resource users and local communities, both now and for future generations."

The minister noted the additional investment of \$1.5 million builds on last year's investment of \$2.5 million to establish and implement programs that support the sustainability and certification of Manitoba's fisheries.

The Sustainable Fisheries and Certification Program supports commercial fisheries by:

- enhancing the collection of fisheries data utilized to inform fisheries management decisions and support certification processes;
- improving sustainability of fisheries through initiatives such as licence and quota buyback programs;
- providing financial support to

wards certification processes for Manitoba commercial fisheries; and

- promoting sustainable fisheries certification in Manitoba or market-certified fish from Manitoba.

Fisheries data are analyzed to inform fisheries management decisions, the minister said, adding that full stock assessments of Lake Winnipegosis and Lake Manitoba were completed in 2020. Fish stocks on Lake Winnipegosis are improving but quota levels were above the maximum sustainable yield, and Lake Manitoba is also being fished at unsustainable levels, the minister noted.

To help reduce the annual harvest pressure on walleye and sauger, the Manitoba government, in partnership with the International Institute for Sustainable Development, is offering voluntary licence and quota buyback programs on both lakes. To date, 13 licences and 13 quotas have been offered for purchase from Lake Winnipegosis fishers, while 71 licences have been offered for purchase from Lake Manitoba fishers. The program will run throughout this year, the minister added.

On Lake Winnipeg, similar fishery enhancement measures have been

taken in the past few years and stock assessments are also underway. The Manitoba government, in partnership with Indigenous Services Canada through Strategic Partnerships Initiative funding provided under the Indigenous Inland Commercial Fisheries Initiative, has engaged with Indigenous communities on Lake Winnipeg to launch the Lake Winnipeg Fisher Co-op Enhancement Program (FCEP). This program will enhance the long-term viability of the local commercial fishing industry, the minister said.

As part of the Lake Winnipeg FCEP, four fisher co-operatives in the north basin and channel area of Lake Winnipeg are participating and can now purchase individual quota entitlements from local commercial fishers within their community licensing areas with financial support, ensuring the quotas and their associated economic benefits remain within the community.

The Manitoba government has invested \$250,000 in the program, with an equal contribution from Indigenous Services Canada, which will run throughout this commercial fishing

year.

"The Lake Winnipeg Co-op Enhancement Program that the Manitoba government has offered is a step towards truth and reconciliation with First Nations and Métis communities," said Sam Murdock, chair, Lake Winnipeg Indigenous Commercial Fishers Inc. and director of operations for Fisher River Cree Nation. "This program will help our co-ops and communities financially. We commend the Manitoba government in its engagement with our communities on Lake Winnipeg and we hope this positive partnership continues to grow."

For more information, visit www.manitoba.ca/nrnd/fish-wildlife/fish.

"MANITOBA'S COMMERCIAL FISHERIES CONTRIBUTE OVER \$100 MILLION ANNUALLY TO THE PROVINCIAL ECONOMY,"

Province Advises Whooping Cough Outbreak Declared in Southern Health

Submitted by the Manitoba Government

Manitoba Health advises that a cluster of whooping cough (pertussis) has now been declared as an outbreak in Southern Health-Santé Sud, as cases continue to be reported. As of June 23, 154 confirmed or probable cases have been reported to Manitoba Health since January, with 152 of them reported from Southern Health-Santé Sud.

The age range of cases includes:

- 30 infants aged one year or younger;
- 80 cases in children aged one to

- nine;
- 24 cases in children aged 10 to 19; and
- 20 cases in adults.

The outbreak includes 78 female and 76 male cases and has resulted in 55 related visits to emergency depart-

ments and two admissions to pediatric intensive care. No deaths have

Continued on page 25

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St. Andrews Rectory & Heritage Centre - 374 River Road July 1 from 10 am – 4 pm <ul style="list-style-type: none"> • Maker Market, Book sale, Gift shop, Snacks • Living History Society Demos, Genealogy Centre • Bannock Station, Kids Games, Crafts, Picnic area 	Matlock Recreation Club 77 Matlock Road, Matlock July 1 from 12 pm – 4 pm <ul style="list-style-type: none"> • Opening ceremonies, Music • Hot dog lunch, cake, games • Book sale, vendor tables 	Netley Community Centre Annual Picnic 693 Kraemer Road, Netley July 8 starts at 2 pm <ul style="list-style-type: none"> • Childrens games • Horseshoe tournament • Dinner and silent auction
Fun for the whole family!		

> WHOOPING COUGH, FROM PG. 24

been reported.

Whooping cough is a highly contagious, vaccine-preventable illness. It is caused by a bacteria, usually spread through respiratory droplets in the air when coughing or sneezing, and is most contagious during the initial stages of illness. Initially, symptoms are similar to those of the common

cold, and usually show up seven to 10 days after being exposed. The illness often starts with a mild fever, runny nose and a cough. It can lead to serious coughing fits that can last for one to 10 weeks. The coughing fits may cause difficulty breathing, choking and vomiting. Infants may also have poor feeding.

Whooping cough can affect people of all ages, but infants aged one year or younger are at greatest risk of severe complications, including periods of stalled breathing, pneumonia, seizures, brain swelling and death. Pregnant people in their third trimester are also at higher risk.

The vaccine is safe and effective. Immunization is the best way to prevent infection, reduce the risk of

severe symptoms, and to help limit the spread. The vaccines that protect against whooping cough are part of Manitoba's recommended routine childhood immunization schedule. Children should be immunized at two, four, six and 18 months, between the ages of four and six, and in Grade 8 to 9 for the best protection. A whooping cough vaccine is also recommended for pregnant people in every pregnancy.

Public health officials recognize that the COVID-19 pandemic interrupted routine health care, including immunizations. To help reconnect, Manitoba Health sent follow-up letters to parents and caregivers of children born in 2019, 2020 and 2021 who may be missing routine childhood immunizations. These letters were mailed earlier this month, provincewide.

In Southern Health-Santé Sud, health-care providers and public health teams are continuing to build relationships with families following service disruptions and other effects of the pandemic. It continues to reach out directly to families to determine if they have questions, need information, or face any barriers to immunization. Public health offices have offered evening clinic appointments and additional appointment slots to make immunizations more convenient and accessible for families. Posters have been distributed to child-care facilities in the region, encouraging families to reach out to public health to ensure children are up to date on immunizations.

Parents, caregivers and pregnant people who are uncertain or have questions or concerns about immunizations are encouraged to speak to their health-care provider or public health office. More information is also available by calling Health Links-Info Santé at 204-788-8200 or 1-888-315-9257 (toll-free).

People who have symptoms of whooping cough should see their health-care provider. Infected individuals may be prescribed antibiotics and should stay home and avoid close contact with others until treatment is completed. This can help prevent further spread of infection.

Whooping cough is a reportable disease in Manitoba. The number of cases reported varies from year to year, and typically peaks every two to five years. For a group of cases to be considered an outbreak, there must be a higher number of cases reported in a specific area than is expected over a specific period of time.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Gimli body builder wins provincial competition

By Becca Myskiw

Jeri Jamieson has only been part of the bodybuilding community for half a year — but she's already a pro.

What started as a personal challenge for the 28-year-old turned into a World Natural Bodybuilding Federation (WNBF) championship title and the chance to compete internationally. She started a six-week kickboxing challenge two years ago to lose six per cent of her body fat. Jamieson lost 11 per cent.

"I realized that I could apply myself to the challenge," she said. "I realized I could do it."

Soon after that challenge, though, she moved home to Gimli from Alberta, and fitness took a backseat to life.

"I kind of fell off fitness for a few months and was looking for another challenge to do," she said.

While researching her options, Jamieson came across dazzling women in sparkling bikinis and high heels on a well-lit stage. In other words, she started learning about bodybuilding.

Though she thought that type of body and the sparkly swimsuit was unattainable, Jamieson decided she would try bodybuilding — and she turned out to be a natural. She settled on joining the WNBF Canada organization and hired a coach who could help build her from the ground up.

The WNBF is an all-natural bodybuilding organization, meaning they take extreme measures to ensure each of their athletes is drug-free, and their bodies are entirely natural. That's why Jamieson chose them.

Ericka Smith started working with Jamieson just before Christmas in 2022, giving her a strict diet and workout routine to follow. The next few months of Jamieson's life played out somewhat like this: Wake up, do 30 minutes of cardio, go through the day, train. She trained five days a week every week, taking two days off to let her body rest and catch up with the changes. Each day, she'd train a different muscle group like her lower body, back, arms, etc.

"Recovery is really important, so those rest days, I had to take those, or I could stagnate my muscle growth," said Jamieson.



Jeri Jamieson from Gimli won her first WNBF bodybuilding competition earlier this month.

Her diet wasn't what you'd expect — she ate 50 per cent carbs, 30 per cent protein, and 20 per cent fat each meal. It was easy enough, most of her food becoming chicken, rice, salad, and her favourite: protein oats and fruit. She also got one free meal each week where she could have bigger portions and had "treat meals" here and there.

On Friday, June 16, Jamieson went to Glenlawn Collegiate for 10 a.m., where the Winnipeg Naturals took place. With the students still in class, she went into a room where she took a lie detector and drug tests. Those are the two main ways the WNBF monitors drug use within their athletes and it's a requirement for stepping on stage.

Jamieson said of the 47 contestants, all of them passed both tests.

After that, she returned to her hotel and did her hair and makeup for the show. She then returned to the school and got her spray tan touched up along with everyone else. Bodybuilders have to be spray-tanned for competitions for the lights to properly show their muscle definition to the judges.



RECORD PHOTOS SUBMITTED

Jamieson, middle, with other winners from the Winnipeg World Natural Bodybuilding Federation competition. Jamieson has qualified to compete at the International Championships in Calgary this October.

On competition day, the men went first. While the women waited backstage, they worked their muscles, pumping them up for the show. Then, all the women contestants walked onto the stage in their bright bikinis and posed for the judges.

There were eight poses each contestant had to do — front double biceps, front lat spread, side chest, side triceps, rear double biceps, rear lat spread, and abdominal and thighs. The judges look at each contestant's overall balance and conditioning, the size of their muscles and their definition of them, and whether they performed each pose in a timely manner or not.

Each contestant gets time to shine with a stage walk while their biography is read, showing off their personality to the crowd. They then line up at the back of the stage as the judges read the scores.

The top five women were brought to the front. Fifth place was called, then fourth, third, and second until Jamieson was the only person left on the stage.

"I was in shock at first," she said. "I just couldn't believe it."

Jamieson is a single mom of two.

Her children were at their grandma's house while she competed and right after the show ended, she video chatted with them to show her gold medal.

"My five-year-old was like 'Is that gold mom? You got the gold?'" she said. "They were over the moon proud. My whole family was."

Because of her winning title, Jamieson will now compete at the WNBF Pro/Am International Championships in Calgary this October.

"Originally, I didn't know how life would look after the show," she said. "I planned on scaling back but maintaining my healthy physique."

Not everything goes to plan. The stakes are higher than ever now and for at least the next four months, Jamieson will be living just like she has been, eating strictly and training even stricter. She's nervous about what's next because her competitors will likely be more experienced than her, but she's more than excited to go.

For anyone interested in following World Natural Bodybuilding Federation (WNBF) Canada Jamieson's journey, you can follow her on Instagram at @gymitw.jj.

sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Locals win 55-plus Games slo-pitch

By Brian Bowman

Fossilized Anarchy is a weird name for a team.

But they can sure play some ball.

The squad, which included four individuals from St. Andrews, went a perfect 6-0 in slo-pitch at the 55-plus Games in Portage la Prairie last week.

St. Andrews members included Paul Lee, Ross Penwarden, Gary Dear, and Roberta Dear.

The event attracted approximately 800 individuals that competed in 20 events.

"It was a blast," said Gary Dear. "We played quite well, especially the first two days. We hit the ball extremely well the first two days. We were racking up (the runs). We were scoring an awful lot of runs, that's for sure."

Fossilized Anarchy defeated the

Maulers (20-11 and 22-20), Bartons (26-10 and 22-20), and Prime Time (19-6 and 10-9).

With the 6-0 record, Fossilized Anarchy easily won the tournament as the other team's records were Maulers (Brandon) 3-3, Bartons (Winnipeg) 2-4, and Prime Time (Winnipeg) 1-5.

Gary Dear said there were a lot of very good players competing in the tournament.

Fossilized Anarchy is a first-year team with most of the players living in Winnipeg. They play a doubleheader Wednesday of each week and have a goal of competing at the nationals in Quebec next year.

"Our goal was to be competitive with the provincial champs," Gary Dear said. "We played them five times this year and we beat them all five."



RECORD PHOTO SUBMITTED

The Fossilized Anarchy won the championship in softball at the 55-plus games that were held in Portage la Prairie last week. Four players - Paul Lee, Ross Penwarden, Roberta Dear, and Gary Dear - live in St. Andrews.

Mariners win



RECORD PHOTO SUBMITTED

The St. Andrews/Selkirk Mariners No. 1 team went undefeated in the playoffs to win the Winnipeg Minor Baseball Association 15UA West Championship with a decisive 13-3 victory over the Tuxedo Lightning on Sunday. Pictured back row, left to right, Pete Todosichuk (coach), Lexi Morris, Cassidy Walker-Cook, Daniel Monita, Darryl Giesbrecht (head coach), Vance Giesbrecht, Asher Stepaniuk, Clint Curle (manager), and Colby Kurbis. Front row, left to right, Paxton Walker, Nolan Dear, Tim Curle, and Gavin Todosichuk. Missing from the photo is Cali Mowat and Dannon Stagg.

Getting their kicks



RECORD PHOTO BY BRETT MITCHELL

The Red River Youth Soccer League Jamboree, presented by Access Credit Union, was held last weekend at the Selkirk Recreation Complex.

Selkirk Judo Club members win awards, earn promotions

Submitted by Brian Jones

As the judo season draws to a close, a number of Selkirk Judo Club members are finishing with notable achievements.

Stan McFarlane, Rod Olson and Daniel Ekosky have recently received black belt promotions.

Stan McFarlane was recently graded to sandan (third degree black belt).

"Stan has been an athlete, coach and tireless volunteer for the club for many years," said Brian Jones, one of the club's coaches.

Since his grading to second degree black belt in 2010, Stan has refereed in approximately 60 local and national level tournaments including the Edmonton International and the 2015 Western Canada Summer Games. He has been a coach in the club's regular classes and at its summer camp. He has volunteered at many club events, from barbequing at the club's annual windup to helping organize local tournaments and the provincial championships when they have been held in Selkirk.

In early June, Rod Olson was elevated to nidan (second degree). Rod started judo in 1980, and has worked hard to develop his skills over the years. He has also been a very active coach in the club's regular classes and summer camp.

"Rod is out every Tuesday and Thursday night to help coach our junior class, and then to work on his own judo skills in our senior class," said Jones. "He earned his first degree black belt in 2016. Rod has also been involved as a volunteer in many club and Judo Manitoba activities, such as scorekeeping at the 2022 Manitoba Open and refereeing at the club's annual Habitat for Humanity fundraiser."

Also in early June, the Provincial Grading Board promoted Daniel Ekosky to shodan (first degree black belt). Now 17 years old, Danny started judo in the club's former 5 and 6 year old class.

"Danny is an exceptional competitor, regularly medaling in the national circuit tournaments in his U18 weight division," commented Jones.

He recently won bronze at the national championships, and earlier in the season won bronze for Manitoba at the 2023 Canada Winter Games. Daniel is the 2022 winner of Judo Manitoba's David Caligiuri award, given each year to a young athlete that demonstrates dedication, determination and fighting spirit.

"Stan, Rod and Danny were excel-



James Colp – Judo MB Volunteer of the Year

lent candidates for grading, and they earned well deserved promotions," noted Jones.

A number of Selkirk Judo Club members were also recently honoured at the Judo Manitoba Awards Banquet held on June 4. James Colp, Daniel Ekosky and Sarah Ekosky each won awards presented by the provincial organization.

James Colp – Judo MB Volunteer of the Year

James Colp has been a hard working volunteer for Judo Manitoba for a number of years. In June 2022, he was elected Vice President of the organization. He is also chair of the Tournament Committee and co-chair of the Referee Committee. He has been an active referee over the years, including officiating at the 2022 US Open Judo Championships in Florida last July. He has been instrumental in upgrading Judo Manitoba's scoreboards, video review equipment and other tournament equipment, and running the competition software used at major judo events. He assisted with running the competition logistics at the 2022 National Championships, as well as the 2022 Manitoba Open and at a number of local tournaments this season.

Daniel Ekosky – Sportsmanship Award

Throughout his judo career, Danny has always demonstrated good sportsmanship and fair play both in training and competition. He treats all of his competitors and training partners with respect. He is prepared to work with everyone and he does his best to help his training partners succeed. He has a positive attitude toward training and in his dealings with his teammates. He has been a great role model for younger athletes on how to conduct yourself as an ath-



RECORD PHOTO SUBMITTED

Judo MB presenting recent grading candidates with their diplomas, left to right, Danny Ekosky, Rebecca Villa, Rod Olson and Stan McFarlane.

lete both on and off the mat.

Sarah Ekosky – Female Athlete of the Year

Sarah is now a three time winner of this award, having previously won in 2020 and 2022. This award goes to the most outstanding female competitor for Judo Manitoba, based on tournament performance. This season, Sarah won bronze at the Elite 8 Senior National Championships, and silver in both the U21 and Senior age divisions in her category at the Open Nationals. In 2023, Sarah also reached the podium at the Saskatchewan Open, the Pacific International and the Edmonton International. Sarah is not only the top tournament performer for Judo Manitoba, she also currently leads the 2023 rankings for best performance in all female divisions on the Canadian judo circuit of major national events.

"The club is very pleased to see James, Danny and Sarah recognized



Daniel Ekosky won the Sportsmanship award and Sarah Ekosky won Female Athlete of the Year.

with these awards, which reflect their hard work and excellence over the past season," said Jones.

Strike Force stopped by Spurs

Staff

The Tri-S Strike Force were downed 5-2 by the St. James Spurs in Manitoba Major League Soccer League 5th Division action on June 20.

Tri-S goals were scored by Nathan Ramos Lam and Brendan St. Laurent.

Ross Pinhammer had a great game for the Spurs, scoring four goals while Jack Dunsford also tallied.

Tri-S played Superbia FC on Tuesday but no score was available.

The Strike Force's next game isn't

until July 7 when they play Crescentwood Saturday at the Buhler Recreation Park. Game time is 7:30 p.m.

Selkirk FC was slated to play SWB FC on Friday but the game was canceled due to no referee available.

In Winnipeg Women's Soccer League 3rd Division play, the Tri-S Strikers were edged 3-2 by Hammer Time last Sunday.

Tri-S will take on the Honey Badgers Wednesday (10 p.m.) at Shaughnessy Park in Winnipeg.

Provincial relay team



RECORD PHOTO SUBMITTED

The École Selkirk Junior High relay team placed 4th at the University of Manitoba provincials June 15. Pictured: Vance Giesbrecht, Alex Bayle, Nolan Dear and Quinn Fyfe.

Rivard to represent Manitoba



RECORD PHOTO SUBMITTED

Lincoln Rivard will be playing hockey for Team Manitoba on July 3-9 at the Brick Invitational Tournament to finish off the spring season. Rivard played for the Lord Selkirk Fishermen U11 A1 team this past season and won a city championship.

get inspired

> MEAL IDEAS



Servings: 4-6
8 cups popcorn
2 tablespoons raspberry jam
1/2 cup white chocolate chips
3 tablespoons smooth natural peanut butter

RED RIVER CO-OP FOOD STORE

Peanut Butter and Jelly Popcorn

1/4 cup freeze-dried strawberries

1/4 cup dried cranberries
In large bowl, stir popcorn and jam until evenly coated. Transfer to parchment paper-lined baking sheet.

In small heatproof bowl over small saucepan of barely simmering water, add white chocolate chips and peanut butter. Cook, stirring occasionally, 3-5 minutes, or until smooth and melted.

Drizzle peanut butter mixture over popcorn mixture. Sprinkle with strawberries and cranberries.

Refrigerate 10 minutes, or until peanut butter mixture is set; break into pieces to serve. Store in airtight container in refrigerator up to 1 week.



Graham Cracker Picnic Mix

Yield: About 12 cups

1/4 cup vegetable oil

1/4 cup sugar

5-6 drops pink neon liquid food color or desired color

1/2 cup unpopped popcorn kernels
1 package mini pastel marshmallows

1 cup bear-shaped graham crackers
1 package white fudge-covered pretzels

1 cup mini cookies
In large pot over medium heat, stir oil, sugar and food coloring.

Stir in popcorn kernels; cover. Cook until popcorn begins to pop. Shake pot over heat until popping slows.

Remove pan from heat and pour popcorn into large bowl.

Add marshmallows, graham crackers, pretzels and cookies then toss lightly.



Minty Green Popcorn Clusters

candies

Place popcorn in large mixing bowl.

In saucepan over medium heat, melt marshmallows, butter and salt, stirring occasionally, until smooth. Remove from heat; stir in food coloring and peppermint extract.

Toss marshmallow mixture with popcorn; cool 2-3 minutes, or until cool enough to handle. Toss with chocolate candies.

Shape 3 tablespoons of popcorn mixture into small cluster; repeat with remaining popcorn mixture. Place on wax paper-lined baking sheet; cool completely.

BINGO

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ACCOMMODATIONS WANTED

Mature employed male, non-smoker looking to rent a room in a house or be a roommate in a 2 bdrm. apartment in Selkirk or surrounding areas, for August 1st. Call Rob 204-794-6558.

GARAGE SALE

Huge yard sale, inside and out, Friday, June 30, 1-5 p.m. and Saturday, July 1st, 10 - 5 p.m. 78116 Two Mile Rd.

HELP WANTED

The Window Factory is accepting resumes for Installer/Installers assistant who must be able to work in heights, on ladders and work outdoors in all forms of weather. Please bring in resume into the office located at 605 Mercy St, Selkirk.

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HELP WANTED

Farmhand required at Stonewall Elk Ranch, Balmoral area. Part-time 2-4 days per week, including weekends. Valid drivers license, will be working with livestock and farm equipment. If interested, text 204-770-3554.

HELP WANTED

Allstar Environmental Services, Petersfield, is currently looking to hire a septic truck driver for the surrounding areas of Matlock, Petersfield, Sandy Hook and Gimli. Full time days including a Health Benefits Plan. Must have Class 3 with Air. If interested, please call: 204-738-2336 or email: allstarenviron@gmail.com

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Call 204-785-1618

take a break

> GAMES

SUDOKU

2	3										
9	5										
	8	2	9								
3				7							
4	7	3	1								2
	9			8	5						
		4			1						
3				2							
7				4	6	8					

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

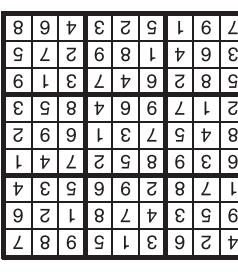
X CROSSWORD

CLUES ACROSS

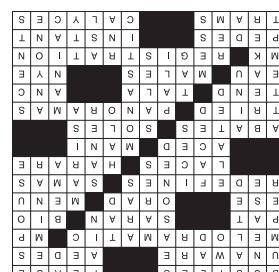
- 1. Excited movements
- 8. Soap opera actress Patsy
- 13. Unknowing
- 14. Dangerous mosquitos
- 15. Exaggerated and sensationalized
- 19. Military policeman
- 20. Touch softly
- 21. Wrap
- 22. A story of one's life
- 23. Midway between east and southeast
- 24. Toward the mouth or oral region
- 25. A list of dishes available at a restaurant
- 26. Changes the meaning of
- 30. Semitic Sun god
- 31. Sneaker parts
- 32. Capital of Zimbabwe
- 33. Breezed through
- 34. Partner to pedi
- 35. Becomes less intense
- 38. Bottoms
- 39. Tested
- 40. Vistas
- 44. Take care of
- 45. Traditional rhythmic pattern
- 46. S. African political party
- 47. Cologne
- 48. Men
- 49. The Science Guy
- 50. Gospel author (abbr.)
- 51. Act of signing up
- 55. Human feet
- 57. A very short time
- 58. Streetcars
- 59. Cuplike cavities
- 3. Seasoned
- 4. A pair
- 5. Young male
- 6. Make a mistake
- 7. Experienced
- 8. It often accompanies injury
- 9. Old world, new
- 10. Commercial
- 11. Course of lectures
- 12. Promote
- 16. Female horses
- 17. Greek mythological figure
- 18. Small amount
- 22. Orthodox church altar
- 25. Actress Tomei
- 27. Excited
- 28. Looked directly at
- 29. Popular cold desserts
- 30. More reasonable
- 32. Disk above the head of a saint
- 34. Devoted to the extreme
- 35. Make an effort
- 36. It's in the surf
- 37. Member of aboriginal people of Japan
- 38. Discounts
- 40. Cliff in Hawaii
- 41. Extremely wild person
- 42. All persons
- 43. Aromas
- 45. Popular kids' game
- 48. A difficult situation
- 51. Popular Georgia rockers
- 52. It's in all living cells
- 53. Unspoken language
- 54. 'Talk to you' abbreviation
- 56. Influential lawyer

CLUES DOWN

- 1. A type of pool
- 2. Malaise



Sudoku Answer



Crossword Answer

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier

Email: news@stonewallteulontribune.ca

The Carman-Dufferin STANDARD



**NOTICE OF APPLICATION
CITY OF SELKIRK
REVISED WATER AND WASTEWATER RATES
SELKIRK WATER AND WASTEWATER UTILITY**

June 15, 2023

The City of Selkirk (City) has applied to the Public Utilities Board (Board) for revised water and wastewater rates for Selkirk Water and Wastewater Utility (Utility) as set out in Amending By-law No. 5379 (which amends By-Law No. 5309), read the first time on May 23, 2023. Rates were last approved in 2018 in Board Order No. 173/18, with current rates coming into effect January 1, 2021.

The current and proposed rates are as follows:

Current Rates Proposed Rates

	By-Law 5309	By-Law 5379 Year 1
Quarterly Service Charge	\$ 27.50	\$ 29.28
Water (per cubic meter)	\$ 2.44	\$ 2.59
Wastewater (per cubic meter)	\$ 3.07	\$ 3.26
Minimum Quarterly Charge*	\$ 104.64	\$ 111.18
Bulk Water Sales (per cubic meter)	\$ 2.80	\$ 2.98
Wastewater Receiving Rates		
Quarterly Administrative Fee	\$ 27.50	\$ 29.28
Volume Dumping (per cubic meter)	\$ 14.83	\$ 15.79
B.O.D. Surcharge (per kilogram)	\$ 0.51	\$ 0.54
S.S. Surcharge (per kilogram)	\$ 0.25	\$ 0.26
Untested Dumping	\$ 25.60	\$ 27.26

*Based on 14 cubic meters

Details of the City's application are available for review at the Municipal office or the Public Utilities Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the City.

If you have concerns/comments regarding the City of Selkirk's application for water and wastewater, rates please go to www.pubmanitoba.ca and provide your comment. Please note all comments will be forwarded to the City.

Questions or comments should be sent on or before **July 30, 2023**.

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Jennifer Dubois, CPA, CMA

Assistant Associate Secretary
Manitoba Public Utilities Board

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- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

MISCELLANEOUS

EC Men's blueish purple parka, sz XXL, w/ black woolen hood; fits a man's sz XL, \$100, BN Men's sz 9 buckle-up leather winter boots, \$100; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BN-CIEC pr. sz 9 Men's WORK BOOTS/SAFETY SHOES w/ laces & steel caps over toes, \$100; BN floor vacuum cleaner \$150. Ph. 204-785-8598.

Brand new Hoover upright household floor vacuum cleaner. Excellent condition, \$150. Ph. 204-785-8598. Let telephone ring at least 10 times for an answer.

For sale - Battle Creek Health Walker treadmill, \$200; Cooper golf clubs (12) and golf cart, \$200. Call 204-757-2576.

WANTED

Private collector looking to buy firearms. Complete collections ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Wanted old advertising: dealership signs, service station, gas pumps, globes, oil cans, Red Indian, White Rose, Buffalo, Husky, Ford, GM, Dodge, Tire signs, Coke, Pepsi etc. Call 306-221-5908.

FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. LS Airways Flight Academy 204-651-1402.

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promote
your
business**



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SALES CAREER OPPORTUNITY

BigandColourful Printing & Publishing

is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

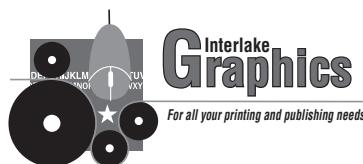
This opportunity involves building relationships and representing our newspapers to new and existing customers.

Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

- Strong computer skills, including Microsoft Office
- Excellent communication skills and a genuine love of people
- Willingness to learn
- Ability to work independently

If you fit this description please email resume to Bigandcolourful@mts.net



Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Announcing a scholarship? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA at 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details. www.mcna.com

NOTICES

SUMMER HIRING? SOMETHING FOR SALE? HAVING AN EVENT? Book your Blanket Classified Ads NOW in the 32 Weekly Manitoba Community Newspapers to have your messaging seen all over the province! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

NOTICE TO CREDITORS

IN THE MATTER of the ESTATE OF DOUGLAS KEITH BOWMAN, late of Selkirk, Manitoba, deceased. All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at: 374A Main Street, Selkirk, Manitoba R1A 1T8 within 30 days of the date of this publication.

DATED at the City of Selkirk, in Manitoba this 20th day of June, 2023.

Hnatiuk Law
Attention:
**Andrew Hnatiuk
Solicitor for the
Executors

Everything
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promote your
business

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Call
204-785-1618

The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication

Please Call 204-785-1618

MANITOBA'S AWARD WINNING PASSION PLAY

July 7, 8 & 9, 2023 6:30pm Nightly
Gates open at 4:30pm
July 14, 15 & 16, 2023

7:30pm Nightly Gates open at 5:30pm

Oak Valley Outdoor Theatre La Riviere, MB



Organize a bus with your church, family, or friends. Bring your lawn chairs and come and enjoy the life of Jesus Christ unfold before your eyes in a beautiful outdoor setting. Sunday July 16, 2023 at 4pm. Outdoor Mass Gates open at 3pm for the Mass 7:30pm for the performance



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passionplay@passionplay.ca

Adult: \$20 Advance*
\$25 Gate

Youth (12 & under): \$12

*Advance until 10 pm the day before

Family & Group Rates Available

Check out our website: www.passionplay.ca

Experience Christ's Passion through drama in the beautiful Pembina Valley

Selkirk

PUBLIC NOTICE

2023 Property and Business Tax Bills have been mailed

If you have not received your tax bill by Friday, July 7th please contact **CitizenSupport** at (204) 785-4900 or citizensupport@cityofselkirk.com.

The deadline for payment is **Monday, July 31st**.

Ways you can pay:

- Online or telephone banking
- At your financial institution
- By mail
- 24-hour drop off box at civic office

In-person payments are available during business hours 10am - 4pm Monday through Friday at the civic office located at 200 Eaton Avenue.

Instead of paying one large lump-sum every July, budget with a **Payment Plan**. Sign up is free and easy to do. Here's how:

- Pay the current year's Property Tax Bill.
- Complete the Pre-Authorized Payment Plan Application Form at MySelkirk.ca/paymenttax
- Submit the completed Pre-Authorized Payment Plan Application Form in person, by mail, or in our 24-hour drop off.
- Withdrawals will come out of your account every 5th day of the month.

Please note, payments made online, by telephone or at your financial institution can take up to 4 business days to process. To avoid late payments, we recommend you make your payments by July 25.

If full payment is not received by July 31, a penalty will be applied at the end of day, each month against the outstanding balance. Monthly penalties are calculated at the rate of 1.25 % per cent.

All property owners are reminded that they are responsible for payment of the 2023 property taxes WHETHER OR NOT they receive a tax notice.

If you have any questions regarding your tax bill, the municipal levy or payment options, call **CitizenSupport** at (204) 785-4900 or citizensupport@cityofselkirk.com.

Kevin Richter, CPA, CMA
Director of Finance
City of Selkirk

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We have everything you need to promote your business
Call 204-785-1618

Eddie's Gravel Supply Ltd. is Hiring

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EST. 1982

We're Hiring!

Full Time
Cashier Clerk

- Must be able to work evenings, weekends & holidays.
- Must be 18 + Years of age
- Benefits available

Please bring your Resumé In-store, and fill out an application form.

Call for more info
204.757.2222



RURAL MUNICIPALITY OF WEST ST. PAUL REQUEST FOR QUOTATION 2023-01

Supply of Speed Alert Signs

The Rural Municipality of West St. Paul is seeking a quotation for the supply of three (3) Speed Alert Signs as outlined in the request for quotation.

Specifications and quotation documents including submission documents are available at the Municipal Office, located at 3550 Main Street, West St. Paul, MB R4A 5A3 or online at www.westst paul.com.

Sealed submissions clearly marked "RFQ 2023-01 – Supply of Speed Alert Signs" will be received by the undersigned at the address below until 11:00am on July 11, 2023. Late submissions will not be accepted.

All prices are to include PST. GST is to be excluded from all prices. Submission documents that have not been filled out properly or in its entirety and do not meet all requirements set out in the quotation package will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the quotation should be directed to Rick Friesen, Public Works Manager by e-mail, rffriesen@westst paul.com or by phone at 204-334-0092.

Ms. Lainie Shaw, ACAO
Rural Municipality of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3

Announcements

Selkirk Record

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ANNOUNCEMENT

GRADUATION



Congratulations Taylor
on your high school graduation!
We are so proud of you
and wish you all the best in your
Psychology journey at the U of W in the fall!
We love you!!
-Love, Mom, Nick and Granny

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Estate & Moving
Closes July 5 @ 7:00PM

Estate & Moving
Closes July 12 @ 7:00PM

Booking On Site Spring Auctions

McSherryAuction.com
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www.batteryman.ca

Senior Pastor Wanted

Carman Mennonite Church is an independent Anabaptist congregation seeking 0.5FTE pastoral position with the possibility of full-time.
Located in Carman, MB.

For more info contact:
cmcpastoralsearchcommittee@gmail.com

OFFICE SPACE FOR LEASE

CLANDEBOYE AVE in Selkirk

For information please contact:
BIG Real Estate 204-485-0010
email bigandcolourful@mts.net

ANNOUNCEMENT

BIRTHDAY



Happy sweet 16th Birthday Ava
-Love Nana and Paw

ANNOUNCEMENT

BIRTHDAY



Happy 90th Birthday
Joseph (Joe) Krutish
Born June 29, 1933

Hope you have a great day. We love you!
-From your wife Lil,
your children Charlene, Bruce and Jason,
and their families

ANNOUNCEMENT

CARD OF THANKS

Jean Senavich

We would like to thank our family and friends for their kindness and concern during this difficult time as we mourn the recent loss of our mother and Baba. Our thanks to Father Yaroslav Buduykevych, parishioners, and friends who participated in the beautiful services. Thank you for your cards, flowers, donations and baking. Thank you to Gilbart Funeral Home for their guidance and professionalism. A special thanks to all of those who took the time to visit Mom at home and in the hospital, and those who kept in touch with their phone calls.
-Sincerely,
Sharon, Carol, Angie and families

ANNOUNCEMENT

IN MEMORIAM

Eva Magnusson
"Mrs. Christmas"
1931 - 2022

In loving memory
our devoted, strong and independent
mother, grandmother (Nan),
great-grandmother (Nan Nan)

Your life was a BLESSING,
Your memory a TREASURE;
You are LOVED beyond words,
And MISSED beyond measure.

-Your loving family

ANNOUNCEMENT

IN MEMORIAM

Martin Keller
January 6, 1944 - June 20, 2016

There is a special kind of feeling,
That is meant for you alone;
A place within our hearts,
That only you can own.
There will always be a sadness,
And often a silent tear;
But always special memories,
Of the days when you were here.

-Love Carol, Dwayne, Rhonda, Cameron,
Brittany, Roger, Tanis, Chris,
Taylor and Carley

ANNOUNCEMENT

CARD OF THANKS

Mayo/Adams Families

We would like to thank everyone who came and joined us in celebrating Kevin's life. Thank you to everyone who brought food, a special thank you to Marilyn and Sharon for all your help in the kitchen before, during and after the service. What you did was greatly appreciated. Thank you to Safeway floral department for the beautiful flowers, they are gorgeous and smell wonderful. Thank you to Gilbart's for your support, the livestreaming of the service and your guidance during this difficult time. Thank you to Reverend Anthon Bouw for helping us with the service and to Uncle Ervin for the Indigenous prayer at the cemetery. We are overwhelmed with the food that was donated, the cards we received, and for the people who attended the service. You made it a little easier to say good-bye to Kevin.

ANNOUNCEMENT

IN MEMORIAM

Danella Rae Morin (Settee)
August 22, 1958 - June 26, 2020
We will always remember you best.
-Love Always, Brian,
Misty, Kyla, Ashlyn, Emily, Parker,
Mark (Bubba), Devin (Krissy), Leam, Eden,
Steven, Malik and Layla

ANNOUNCEMENT

IN MEMORIAM



KGB aka Kevin Mathers
December 31, 1973 - July 1, 2011

Those we love, don't go away,
They walk beside us every day.
Unseen, unheard, but always near,
Still loved, still missed and very dear.

-Mom, Dad, Tracey and kids

ANNOUNCEMENT

IN MEMORIAM

Kevin Mathers
December 31, 1973 - July 1, 2011
Forever missed, remembered, and loved.
-Always, Aunt Mary-Jo

Your memory will live forever
Engraved within our hearts

Don't Forget Your Loved Ones
WITH AN ANNOUNCEMENT IN THE

Selkirk Record

Call 204-785-1618 or
email: lucy@selkirkrecord.ca

Announcements

Book Your Classified Ad Today -
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Selkirk Record

OBITUARY



OBITUARY

Elinor Tanti (nee Starodub)
November 22, 1966 -
June 18, 2023

On June 18th, after a brief battle with cancer, Elinor peacefully passed away.

She leaves to cherish her memory, her sons Keenan and Spencer, brother Gary, sister Karen (Harvey), brother Paul (Sandy) Allan and sister Jackie, nephew Tyler and nieces Karlene and Jacqueline, her best friend and travel companion Lisa Healy as well as numerous relatives and friends.

She was predeceased by her dad Frank and mother Rose, twin brother and sister Janet and Francis. Elinor was born in Selkirk and stayed until she moved to Ontario at the age of 19. There she raised two sons and eventually obtained her realtor license and ended up running a very successful RE/MAX business along with her super great friend Harold McKay.

After semi retiring, her and the boys moved to Wasaga Beach where they lived until her passing. Elinor, or Ira as we called her, had a heart of gold, always helping anyone any way she could. She was free spirited, fearless, stubborn, caring, hard working and loved life. She loved traveling along with her best bud Lisa. She loved having fires outside and loved her stroll down her beach with family or friends, or her dog Forge. She loved to laugh and entertain and always welcomed everyone to her home.

She was one of a kind and will be sadly missed by all that knew her.
(Heaven be ready.)
-Love your family



Jean Gunter
1921-2023

It is with deep sadness that we mourn the passing of our beloved mother, grandmother and great-grandmother, Jean Gunter, on June 21, 2023.

Left to cherish her memory are her daughters, Wendy, Beverley, Donna (Herb) and son Wayne.

She was predeceased by her husband Gerald in 1982; her parents George and Elizabeth Taggart; brothers Edward, James and Leslie; her sons-in-law, Frank and Dennis; and her great-grandson Joshua.

Mom was born February 9, 1921 in the little

village of Dinnet in the highlands of Scotland. Her family immigrated to Canada when Mom was four years old, settling on a farm in Cypress River, MB.

Mom met Dad while he was part of the threshing gang working for her father. Mom left the farm to work at the Winnipeg Cold Storage when Dad enlisted in the army and went overseas during World War II. After Dad returned, they were married in 1946, moved to Selkirk where they raised their family. When their youngest child started school Mom went to work part time at the SOS Department Store in Selkirk. Mom also worked part time at Baker Boy Catering when the SOS closed.

Mom had an undying love for sports with hockey and football ranking at the top. She was a season ticket holder for the Selkirk Steelers for many years with her own seat in the arena. Mom was also a long-time member of the Rebekahs.

Mom's best times were spent with her children, grandchildren and great-grandchildren as well as her extended family. Mom will be greatly missed.

A celebration of life will be held on July 4, 2023 at the Selkirk United Church at 2:00 p.m. with a private family interment prior to the service.

In lieu of flowers donations in her memory may be made to the Canadian Cancer Society or the Selkirk United Church.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Ernest Troy Thomas

Accidentally, on Sunday, June 18, 2023 in Manigotagan, MB, Ernie Thomas passed into the halls of Valhalla.

Funeral Services will be held at the Alex Wood Rec Centre in Manigotagan with the date pending.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Darlene Christie MacLean
May 30, 1960 - June 19, 2023

It is with heavy hearts that we share the passing of Darlene MacLean, peacefully at home surrounded by her children, Shay-la and Jeffrey MacLean. Angels transported Darlene on her journey back into the arms of her saviour and to be greeted by her loved ones that passed on before her.

She was predeceased by her daughter Jennifer Swain, her mother Olive MacLean, father Eric MacLean, and brother-in-law Jim Blasko.

Darlene is survived by her children Shay-la and Jeffrey MacLean, spare child Summer Ricketts, sister Sharon Blasko, brothers Harold MacLean, John and MaryAnne MacLean, as well as a multitude of nieces, nephews, cousins and extended family.

Darlene was born, raised, lived, and passed in/near Selkirk, Manitoba. She spent the majority of her childhood on the farm with family and horses as well as any random animal she could catch. Her 20's and 30's were spent building her family and her passion for breeding registered Rottweilers and German shepherds, using Schutzhund training for the show ring and RCMP. In her 40's her focus changed to her children and building a farmstead near Lockport complete with nearly every critter, but a soft spot for horses. Her career shifted to teens with multiple diagnosis in a group home setting and they became her extended family, bringing the farm to Winnipeg and kids to the farm often. After the tragic sudden loss of her daughter in 2005, Darlene retired and passed the time as a collector of all things puzzle, gel pen, and beads. She rekindled her love for life by involving family and friends in her farm life and horses, helping anyone that asked on training tips for animals, and showing kindness and generosity to anyone that needed it.

Darlene's service will be held June 30, 2023 at Gilbart's Funeral Home at 11:00 a.m. in Selkirk, Manitoba followed by lunch and burial in Little Britain Cemetery. Some ashes will be reserved and spread at the farm where she invested her heart and soul.

In lieu of flowers, donations can be made in honor of Darlene to Blackbird Ranch Equine Rescue - etransfer is donationsforblackbirdranch@hotmail.com or paypal can go to blackbirdranch@hotmail.com - please specify donation for Darlene when sending.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Blanka Curic

It is with heavy hearts that we announce the sudden passing of Blanka Curic.

She was predeceased by her son Jerry, and will be interred with him on July 7, 2023 at 11:30 a.m. in the Notre Dame Roman Catholic Columbarium, Selkirk, MB.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Kirk Gillespie

After a lengthy illness Kirk passed away at the Selkirk Regional Health Center on March 2, two days shy of his 84th birthday.

He is survived by his wife of 62 years Fay; his children Joy, Sharon Staples (Gord), and Darcy (Patti); grandchildren Danielle (Ben), Emma, Justin, and Jordyn (Grayson); his sister Karen Sobry (Marcel); and sisters-in-law Carol Gillette (Bill) and Lois Farley (Yanni), and many nieces and nephews.

Kirk was predeceased by his parents Clayton and Irene Gillespie; Fay's parents Ruth and Roy Farley; brothers-in-law Jim and Terry Farley; and by his two infant children.

Kirk was born in Brandon and raised on the Gillespie farm north of Douglas, MB. Allergies prevented Kirk from working the family farm, so after high school he joined Manitoba Hydro where he worked for 35 years, moving around the province until settling in Selkirk. There were many Hydro events full of music, dancing, and good times had at the Gillespie home. Kirk was also active in the community, having served as President and other executive roles at the Selkirk Curling Club over many decades. He was a proud member of the Selkirk Volunteer Fire Department for 30 plus years. Kirk was also a member of Hydro X and the United Church. He made many friends along his life's journey.

Kirk loved family time at the trailer in Minnedosa, family trips to Florida, to Europe, and many camping trips. He later enjoyed his camping and fishing trips with Fay. He took several bus trips with Fay and friends over the years, travelling to the east coast, Alaska, and the southern US. Great trips were also taken to Hawaii, Nashville, Greece, Denmark, Switzerland, and to many other locations to watch World Curling events wherever they were held.

As a young father, Kirk fought and beat cancer. However following heart surgery, Kirk suffered a stroke in 2006, leaving him without the ability to speak. Never one to complain, Kirk moved forward with any and all of life's challenges with a smile on his face and warmth in his heart for those around him.

In 2013 Kirk and Fay moved from the house on Berrisford to the Cambridge House seniors apartment where they were surrounded by old and new friends.

A memorial service for Kirk will be held at the Selkirk United Church at 202 Mclean Ave on July 13 at 2:00 p.m.

In lieu of flowers, donations can be made to the Selkirk and District Community Foundation. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





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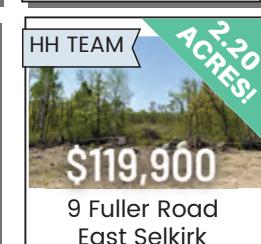
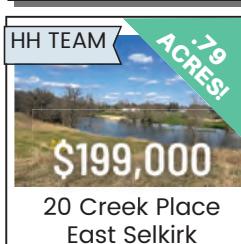
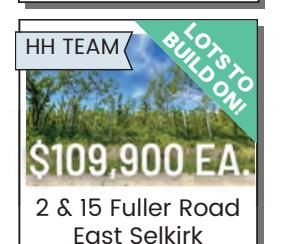
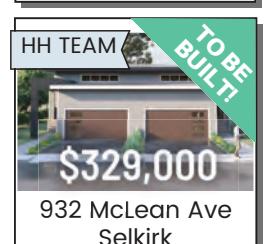
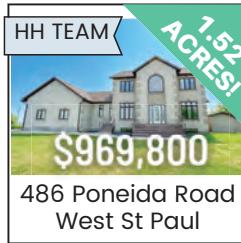
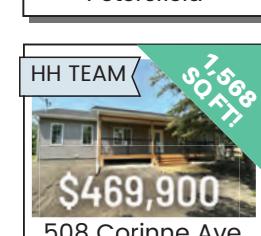
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