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VOLUME 9 EDITION 13

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Good things come in threes

RECORD PHOTO BY LINDSEY ENNS

Jenna Cawson, pictured left, and her fiancé Gord Church, right, hold up a set of one-day-old triplet purebred suffolk lambs at Garwen Farm in Clandeboye last Wednesday afternoon. The local farm is now home to more than 120 lambs after their lambing season began last month. For more photos, see Pages 14 and 15.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Construction of Easton Place slated to start this summer

By Justin Luschinski

Construction of the first phase of a new health and wellness centre coming to Selkirk is slated to begin this summer.

Officials signed a contract in Selkirk on Monday that will allow the construction of Easton Place Clinic, a new medical centre that bring more than 100 new medical professionals to the area.

Crews are expected to break ground on the land, which is located across from the Selkirk Regional Health Centre on Easton Drive, within the next month, with the main construction beginning in mid-July. Construction on the first phase of the project is expected to be completed in late 2018 or early 2019.

Dr. Anthony Anozie, the owner and driving force behind Easton Place, says he's glad the project is finally moving forward.

"This has been brewing for six or seven years ... this has been a really hard road to travel, I'm really glad that we've gotten to this stage," Anozie said on Monday during a brief gathering at Selkirk city hall. "Hopefully, this clinic will be the beginning of putting Easton Place on the map."

"It's a 10 year project, and the medi-



RECORD PHOTO BY JUSTIN LUSCHINSKI
Dr. Anthony Anozie, pictured centre, the owner and driving force behind Easton Place, speaks while Selkirk Mayor Larry Johannson looks on during a brief gathering in Selkirk city council chambers on Monday.

cal clinic is just a small part of that puzzle."

The project was originally announced in 2016 and construction was expected to begin last summer. Anozie said the project was delayed for multiple reasons, such as waiting on the designs, but it was largely due

to financial reasons. The project is being personally funded by Anozie, with some assistance from Sunova Credit Union.

Trevor Miller, the construction manager for Easton Place, said designing the structure was challenging because Anozie wants to expand the area in the future.

"The main challenge is that Dr.

Anozie needed a lot of land," Miller said. "Based on the phases he wants to do, it's hard to put one project into the ground knowing you have so much more land, so the land becomes a challenging issue when you look at it on a square foot basis."

The first phase of the project will be the medical clinic, which will be home to an array of doctors including an orthodontist, dentist, chiropractor, physiotherapist, optometrist, audiologist as well as visiting specialists to make it easier for patients to access multiple medical experts in one day.

The second phase will be the health, wellness and education centre, which is being described as "the heart of Easton Place." The non-profit centre will serve as a community hub for physical activity, nutrition, coaching and education.

The third phase will be a retail and commercial mall equipped with a restaurant plaza.

Lastly, the fourth phase will be a transitional care facility, which will serve to help those recovering from surgery or those unable to manage at home alone.

Once complete, it is estimated the health and wellness centre could cost around \$80 to \$100 million.

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Former farmer, paramedic speaks out about living with PTSD

By Justin Luschinski

Milt Pedwell says throughout his life he's been through plenty of traumatic experiences.

"I remember when I was living up north, the town had a stray dog problem," the Selkirk resident said. "A dog had attacked a young girl, and the entire town decided that they were going to kill all the stray dogs. They said 'if you own a dog, keep it locked up, because we're shooting every dog we see.' I took part in that. I still get nightmares about it to this day."

Pedwell, who has worked as a farmer, miner, a paramedic, and now helps run the Selkirk Canoe and Kayak Centre, spoke about his struggles with post traumatic stress disorder (PTSD) in front of a packed room at the Gaynor Family Regional Library last Friday afternoon. Pedwell says he's been living with PTSD for more than 20 years.

Pedwell spoke about the many events he'd witnessed and how they changed his life. More recently, a friend of his went to Puerto Rico, and ended up being trapped there due to the recent storms. He couldn't sleep due to recurring nightmares, focused around his friend being in danger. These nightmares only ended after he was able to get in touch with his

friend over the phone.

PTSD can affect individuals who have experienced a situation where they believed they would be seriously harmed or killed, or where they witnessed situations in which they felt others might be harmed or killed, according to the Anxiety Disorders Association of Manitoba. Examples of such situations include assault, rape, torture, accidents, natural disasters or military combat. Those living with PTSD often recall such traumatic events with marked fear, helplessness, or horror, even when they are no longer in danger or when the event took place well into the past.

PTSD symptoms include disturbing thoughts, feelings, or dreams related to a traumatic event. PTSD may also cause mental or physical distress to trauma-related cues, a change to a person's thoughts and feelings, and an increase in the fight-or-flight response.

Ashok Athavale, a retired counsellor and therapist, says the best therapy for PTSD is talking to an understanding friend.

"The technical term for it is cognitive behavioural therapy," Athavale says. "I'm not saying 'leave out doctors completely,' because sometimes the medication can help level you out. But

the research has shown that talking about it is the best way to deal with PTSD.

"Find someone who will listen to you and let you talk, and not someone who's just waiting for their turn to share."

Athavale mentioned that you can tell your friend something like "hey, I'm just going to talk for a while, could you please just listen and don't talk or interrupt me until I'm finished." This will help teach that friend about how

to handle someone with PTSD.

He also mentioned that therapists can help as well. Most therapists will listen, and ask a patient for clarification, which causes the patient to reflect on their words, and possibly come up with solutions for their own mental health issues.

If you or someone you know is dealing with PTSD, or other forms of mental illness, you can contact the Canadian Mental Health Association by visiting cmha.ca.



RECORD PHOTO BY JUSTIN LUSCHINSKI
Milt Pedwell of Selkirk talks about his struggles living with PTSD at the Gaynor Family Regional Library last Friday afternoon.

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BIG DOLLAR

State of the Region Address

Local leaders tout growing communities, infrastructure projects

By Lindsey Enns

Growing communities and major infrastructure projects were top of mind for some local leaders during the Selkirk Biz's ninth annual State of the Region Address luncheon in Lockport.

"Our community has seen exponential investment and growth," West St. Paul Mayor Bruce Henley said during his address to the crowd.

Henley said one of their newest projects is the housing development, the Trails of West St. Paul, which will be going up north of the Perimeter Highway and north of the City of Winnipeg boundary.

The project's plan includes building 180 single-family owned residential lots on 60 acres of land with varying lot sizes. The plan also includes a light-controlled intersection to improve access to Kapelus Drive. Once complete, the development will bring in roughly \$400,000 annually of new tax revenue for the RM, Henley said.

"This money will go a long way to help our community," he added.

Selkirk Mayor Larry Johannson said business is booming in his community. The city also continues to work on its downtown renewal strategy. De-



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: St. Andrews Coun. Russ Paradoski, St. Clements Mayor Debbie Fiebelkorn, West St. Paul Mayor Bruce Henley and Selkirk Mayor Larry Johannson pose for a group photo following the Selkirk Biz's ninth annual State of the Region Address last Wednesday.

tailed designs are expected to be complete later this year with construction beginning in 2019.

"Businesses are moving to Manitoba Avenue East right now and it's become a terrific shopping and dining area," Johannson said. "We're excited by the enthusiasm of these entrepreneurs, some of them are just in their twenties, and we can only imagine how the avenue will improve and grow with downtown renewal."

St. Andrews Coun. Russ Paradoski, who filled in for St. Andrews Mayor George Pike, says the St. Andrews Airport expansion project is moving forward.

"The airport is thriving, with operating profits of approximately \$200,000 annually and growth to the point that all air side and ground side lots for tenants are fully occupied," Paradoski said. "This has led to the decision by

the current airport board to plan the first phase of a \$2.3 million expansion to the south with additional roads, aprons and service lots."

Although the airport is owned by the RM, the \$4.5 million expansion project is being paid entirely by the airport, he added.

St. Clements Mayor Debbie Fiebelkorn says the RM saw an increase in their population in 2017 and they are planning for future growth.

"People are choosing to live in our community," Fiebelkorn said. "We have a growing population and we need to provide not only housing, but also employment for our residents."

Fiebelkorn added some of the current projects they are working on include establishing a location for a boat launch in Grand Marais to help boost tourism to the area, the Narol Fire Hall expansion as well as the building of a South St. Clements Activity Centre on Donald Road.

"Although this project has been many years in the making, council and I are very excited that we have begun the earth moving process," she said.

Happy Easter



Alan Lagimodiere
MLA for Selkirk
selkirkmlaoffice@gmail.com

Ron Schuler
MLA for St. Paul
ron@ronschuler.com

Greg Michie Team gives back



RECORD PHOTO BY
BRETT MITCHELL

Jeff Michie, pictured right, of The Greg Michie Team, presents St. Andrews Coun. Rob Ataman, pictured left, with a \$5,000 cheque for the St. Andrews Community Club last week. Ataman said the team has been supporting the local community club with large donations for the past seven years.



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RECORD PHOTO BY LINDSEY ENNS
Selkirk Mayor Larry Johannson says he plans to run for re-election this fall.

Municipal Election 2018

Johannson says he plans to seek re-election

By Lindsey Enns

Selkirk Mayor Larry Johannson along with three other local leaders say they plan to seek re-election this fall.

"I'm looking forward to running. I feel great," Johannson said during a brief gathering in city council chambers with local media last Friday morning. "I couldn't feel better as to what we've accomplished up to now and I couldn't be more excited about what we're looking forward to in the future."

"There's things I would really like to see finish." Among the local projects he would like to see to fruition include the city's downtown revitalization project and the Selkirk fire hall expansion.

West St. Paul Mayor Bruce Henley, St. Clements Mayor Debbie Fiebelkorn and St. Andrews Mayor George Pike also all confirmed that they plan to

seek another term as mayor last week.

The next general municipal election will be held on Wednesday, Oct. 24. The RM of Victoria Beach, the Town of Winnipeg Beach, and the Village of Dunnottar will hold their election on Friday, July 27.

Candidates must register within a certain time frame. For Victoria Beach, Winnipeg Beach, and Dunnottar, mayor and reeve candidates have until June 21 to register. Councillor candidates can register between March 31 and June 21.

For all other municipalities, mayor and reeve candidates can register between May 1 and Sept. 18. Councillor candidates can register between June 30 and Sept. 18.

All candidates must register before they can begin accepting contributions and spend money on their campaign.

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Baking up an Easter tradition



**RECORD PHOTOS
BY LINDSEY ENNS**

ABOVE: Happy Thought School Grade 4 student Ken Webb rolls his dough for his Ukrainian paska bread as part of an Easter tradition at his school last Wednesday morning. BELOW: Happy Thought School Grade 4 students Nicholas Buckley, pictured left and Taylour Brown-Hnatiuk, pictured centre, work on their paska bread at their school last Wednesday.



Local artists to bring their creative visions to Gwen Fox



**RECORD PHOTO BY
JUSTIN LUSCHINSKI**
Patricia Anderson, pictured left, and Bev Hart, right, are teaming up for next month's art show at Gwen Fox Gallery. Visions will be on display at the Selkirk gallery from April 3 to 28.

By Lindsey Enns and Justin Luschinski

Two area artists are teaming up for an upcoming art show at Selkirk's Gwen Fox Gallery.

The art show, entitled "Visions" will feature works by Patricia Anderson of Balmoral and Bev Hart of Selkirk and will run from April 3 to 28 at the local gallery.

While Anderson says she mainly works with felt, wool or glass, Hart is an acrylic and water colour painter.

"Life inspires my work," Hart said. "I paint people, flowers, just everyday things that happen in my life. I like to paint whatever I see, whatever I feel about, whatever comes to mind."

"I'm a very passionate painter."

Anderson says her photographs often inspire her pieces.

"I travel with my husband ... I always bring my camera with me," she said.

Anderson added she also likes showcasing the

beauty Manitoba has to offer through her work.

"Everybody always says that 'Manitoba is flat, there's nothing here,' but that's just not true," she said. "I spend so much time travelling around, and I see a lot of amazing things. I want to show off those vistas, and I think people want to see the beauty of nature, and the beauty of Manitoba."

Hart said lately she has been experimenting more and more with her art and is looking forward to showing off some of her pieces during the April art exhibit.

"I like it when my art makes people smile, or lifts their spirits in some way," she said. "Art entertains me ... I love doing it, and I plan to keep doing it for a long time."

A reception for the art show will take place on Saturday, April 7 from 1 p.m. to 4 p.m. at the Gwen Fox Gallery located at 250 Manitoba Ave.

For more information about the local gallery, visit gwenfoxgallery.com.

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Fish gala reels in support for Netley-Libau Marsh project

By Justin Luschinski

The Red River Basin Commission (RRBC) might just have the resources they need to save the Netley-Libau Marsh.

The Sunova Centre in West St. Paul played host to the 10th annual Red River Basin Commission North Chapter Fish Dinner Gala last Thursday evening. The event brought in a crowd of nearly 300 including representatives from across the Interlake, many of whom pledged support towards the Netley-Libau Marsh dredging project.

Steve Strang, RRBC's Manitoba director, said the event was a great success.

"It was our 10th annual event, and it continues to get bigger. The Sunova Centre was packed, and tickets were sold out within two weeks," Strang said. "We had MLAs and attendees all the way from Alexander, Selkirk, Winnipeg Beach, the community has really come together to support us."

During the event, multiple organizations pledged their support for the dredging project. The Selkirk and District Community Foundation pledged \$25,000 while mayors and reeves of the south basin, which includes Selkirk, St. Clements, Gimli, Alexander, Victoria Beach, all pledged \$50,000 collectively. South Beach Casino and Resort, which is owned by a number of Manitoba First Nations communities including Brokenhead Ojibway Nation, also pledged \$6,000.

Selkirk Mayor Larry Johannson said contributing to the restoration of the



RECORD PHOTO BY JUSTIN LUSCHINSKI

Nearly 300 community members and local dignitaries attended the 10th annual Red River Basin Commission North Chapter Fish Dinner Gala at the Sunova Centre last Thursday evening.

Netley-Libau marsh was "no-brainer."

"The marsh serves as the kidneys of our lake, the place where we get our drinking water. It's dying out, and we need to do the right thing," Johannson said.

The Netley-Libau marsh is one of the largest coastal wetlands in Canada. Normally the marsh would act as "nature's kidneys," removing excess nutrients from the water and preventing things like algae blooms from forming on the water. However, the flora and fauna in the marsh is dying out due to increased flooding in the area.

Marshes need a combination of flooding and droughts to properly cultivate the nutrient-absorbing plants. The dredging project's plan is

to dredge the Red River and create sediment deposits or "mini-marshes" around Hardman Lake. This will hopefully result in wildlife growing there again. If the project is success-

ful, it could serve as a template on how to restore the rest of the marsh.

Strang said that if we don't save the marsh now, there might not be a chance to restore it ever again.

"It could take out as much nutrients as the cities of Brandon and Selkirk combined," Strang said. "If we don't act soon, the riverbank may deteriorate enough to flood the area."

"If that happens, the opportunity to bring it back might be lost forever."

Strang said that if the area floods, restoring the marsh would be too costly to be feasible.

Strang added last week's dinner and gala helped raise around \$9,000, which will go towards investing in water education for the area including hosting events that help raise awareness about water and wetland conservation.

For more information about the RRBC, visit redriverbasincommission.org.

City crews help locate water-main breaks

By Justin Luschinski

Two water-main breaks left Selkirk residents and business owners a little dry earlier this month.

The city reported a large water-main break on March 20. The break caused water outages around the city, as crews attempted to find the source. City crews managed to narrow down the source of the break to the corner of Main Street and Eaton Avenue.

On March 21, the city reported another water-main break near the Sunova Credit Union on Main Street and Sinclair Avenue.

Selkirk CAO Duane Nicol said city crews worked hard to locate both breaks.

"We deal with a number of breaks throughout the year. But this time, it was a pretty good game of hide and seek," Nicol said last week. "We're just waiting on some specialized equipment to pinpoint its location and begin the repairs."


Nicol said that water-main breaks are common in the spring, as the pipes

underneath the city begin to thaw out. Usually, a water main break will push water to the surface, making it easy to locate the problem. But this break didn't surface, the city discovered it when staff noticed a reduction in water pressure throughout Selkirk.



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Dinner for the winner

Hi gang, how's it going?

If you're standing on the Victoria Beach pier in the summer or on the ice by Balsam Bay in the winter and facing the unobstructed wind coming across Lake Winnipeg, you'll probably be looking northwest. That ever present, sometimes violent wind compels folks here to spot their ice shacks a little closer to the shoreline because of sudden whiteouts. They also try to get them off the ice a little sooner in the spring because of abrupt shoreline ice cracks. That is what local fellow, Gerald Sitar, the fourth week winner in the Selkirk Record's Coolest Ice Shack of the Week contest, pays good mind to each year. Unfortunately friends can be more trouble than the wind. Gerry, an always smiling stocky guy in great shape had a wide smile when I met him to give him his awards not long ago. As we got to talking he said he had lost count of the times he had let folks use his shack asking only that they didn't freeze in the skids when drilling ice holes. Poor Gerry lamented how every spring when he went to pull his shack off the ice, he had to use a crowbar to free the skids from the ice and guess what, those friends who so enjoyed fishing in his shack, they were long gone-nowhere to be found-never heard of him! Maybe next year Gerry, a little tough love would be in order!

Last summer I was coming home after recording some stories a few anglers had given us on the Hecla pier when I had to stop for road construction. The flagman, a local guy, after seeing the sign on my car door displaying the papers and websites that carry my fishing column, casually walked up to my downturned drivers window and after some idle chit-chat asked me why I didn't write more stories about commercial fishers. I told him that nothing would make me happier but many fishers while will-

ing to take a minute to talk about how fishing was going on our big lakes at a particular time, didn't have an hour or so to share personal fishing experiences. I confessed to our friendly flagman that as a writer who loved to bring alive the few stories some fishers offered, I knew there were hundreds more great adventures languishing in the minds our commercial brothers and sisters. I told him that fishing and outdoor living was in our blood and any stories our commercial fishers wished to share I would gratefully pass along.

Every once in a while though, when you least expect it, say when you're pushing a shopping cart down the aisle at the Selkirk Walmart, you run into a chap like Ray Isfeld, a forty-five year commercial fisher from Winnipeg Beach who luckily was willing to stop and talk fishing. We stood leaning on our carts as he in a soft spoken, unassuming way told me how the price for the plentiful whitefish has come up and that even with the windy freeze up this year that caused jagged ice spikes on Lake Winnipeg, the fishing had been good. He went on to say the government should have left the Freshwater Fish Marketing Corporation alone and that the province doesn't do enough to stock lakes like Bird Lake for sports anglers. Thanks for the insight Ray!

A few weeks back I was lumbering up and down the Red River ice by Lockport and ran into a real character. John Rzeszutek of Winnipeg held up some of his catch so I could take a picture for us and as he tossed them back in his pail he remembered a time last summer when he and his girlfriend, Jen, went to Nutimik Lake to fish for sturgeon. It was a new relationship and they bet each other on the way there that whoever caught the biggest fish, the other would have to buy supper. It was a brisk windy day on the

**RECORD PHOTO**

John Rzeszutek of Winnipeg on the Red River ice with some of his catch.

water. Wispy clouds raced across the sky. Their boat rocked restlessly in the choppy waves as John got a strike. He braced his feet on the side of the rocking boat with his back to Jen and began reeling in a small three foot sturgeon. "See that," he shouted at Jen over his shoulder. Jen, a small but feisty gal wasn't listening because her rod had just snapped over in a deep bend. Her face rose to the sun in unrestrained joy knowing she had won. Her sturgeon was easily five feet long! She shouted to John, "You know Johnnie, I just got a real craving for a steak supper!"

See you next week, bye.

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'Sense of community,' diversity helps business owners thrive

Submitted by the City of Selkirk

It was 117 years ago when Danny Thorsteinson's family opened their business in Selkirk, and being the fourth generation of the family to run Thor's Meats, he's more than a bit of an anomaly.

Thorsteinson acknowledges the longevity is rare, and provides a unique perspective on the highs and lows of being a small business owner.

"(We've seen) every peak and every valley," he laughed. "It's food, you always gotta keep eating, so there's always a need for us."

That may be true, but surpassing the centennial mark in any business is a rare feat and Thorsteinson said one of the keys to survival is an open mind.

"You've gotta be open to change and flexible like Gumby, that's the way it is," he said. "If you don't change you go by the wayside, somebody sweeps you under the carpet."

There are plenty of new business owners in Selkirk who could benefit from that advice, having recently ventured out the same way Thor's great grandparents did all those years ago, and taken the bold step of trying to make it as an entrepreneur.

Since 2015, 31 businesses have either opened or expanded in Selkirk and for the city's CAO Duane Nicol, that's good news.

"We're interested in seeing local people start businesses," Nicol said. "We've rebranded Selkirk, and we're working to enhance the city's image and these new business owners are telling us we're on the right track."

Leslie Whitney opened J&L Eatery on Main Street last summer and the former Winnipegger, who moved to Selkirk 17 years ago, said her years of working in the food service industry have taught her that people here appreciate good quality and they want to support local owners. She previously co-owned L&L Catering in Winnipeg before moving to Selkirk.

"There's a very strong commitment to local," Whitney said. "It's not only people that I knew previously, people come in and they ask questions ... 'so this is your business? How are you doing?' They engage, they really want to know how you're doing."

And, if they like what Whitney's doing, they spread the word.

"They definitely recommend me to others. You don't get that in (Winnipeg). You don't get that sense of community like here; it's a completely different ball game out here. People tell me, 'I talk with my money,'" she said. "The people here have been wonderful. As soon as they know you're local, they're really good. I gotta send a big thank you out to Selkirk. I can't thank



RECORD FILE PHOTO

Owners of J&L Eatery, Jorge Sousa and Leslie Whitney, opened their business in Selkirk last summer.

the community enough."

Amanda Magnusson opened Ma Cherie Beauty Academy and Boutique in May of 2017 and the 26-year-old entrepreneur says so far the experience has been "overwhelming and amazing."

"It's over-exceeded my expectations," Magnusson said. "I'm really excited for what (2018) is going to bring."

Magnusson said she started with four staff members and now employs 15 people at her Main Street location.

The born and raised Selkirkian said after seven years as a freelance make-up artist, she and her husband decided that following the birth of their first child, they'd take the plunge and open their boutique. She's embraced both her new roles.

"I love it," Magnusson said. "It's been the best decision I've ever made. It's got its challenges, being a new mom and a business owner, but I would never change it for the world."

Magnusson said she fills a niche in not just Selkirk, but the Interlake as well.

"I kind of look at it as an Interlake

thing. There's all these little communities surrounding Selkirk, like Teulon, Beausejour, Stonewall, we're going to be the big city that they're going to go to so why not offer that unique service, why have them travel to Winnipeg when it can be offered in our community?" she said. "It's kind of redirecting economic development into Selkirk, rather than have them go to Winnipeg."

City of Selkirk Coun. Ken Beerman said Ma Cherie is exactly the type of business Selkirk wants to have and said diversity is the city's strength.

"These new businesses that are opening, whether it's Ma Cherie, or J&L, or The Mighty Kiwi or ONPOINT Auto Service, they're employing

people and they're diversifying our local economy," Beerman said. "That's what we want and that's why we created the Business Park – it's designed for smaller business. That's what makes sense for a city of Selkirk's size."

Faisal Anwar, the city's director of sustainable economic development, said the city has around 300 businesses right now. The city has also recently released its own investment profile and community profile.

And while business closures are bound to happen, Anwar said it's important to study the reasons behind the closures. In the case of national or international chains, the reason is just as apt to be a corporate restructuring as opposed to an indictment of the local economy, and, in today's world, shifts from storefront to online are also common.

You never know when the next Thor's Meats will open up, and Thor himself said small businesses are different than the big guys.

"There's not too many that are really old school like us and do the kind of things we do," Thorsteinson said. "But you only need a little bit of the market when you're just a little bit of it."

"Those that care, search you out."

PUBLIC NOTICE

Pesticide Control Program

Public Notice is hereby given that the Manitoba government intends to conduct the following Pesticide Control Program during 2018 within the province roadway right of way. The Program is needed to control invasive plants and noxious weeds on road allowances within the Municipalities of:

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Lorne	Rosser	Armstrong
Thompson	West St. Paul	Fisher and Bifrost-
Dufferin	Rosedale	Riverton and
Roland	Glenella-	various locations
Morris	Lansdowne	in unorganized
Ritchot	Westlake-	territories North
Macdonald	Gladstone	of the Fisher and
Grey	Alonsa	Bifrost-Riverton
Norfolk-Treherne		municipalities

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If you have comments or concerns the public may send written submissions to the specific control program within 15 days of the publication of this notice.

Manitoba Sustainable Development
Environmental Approval Branch
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- Smoke n' Fish (Selkirk)
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- Westside Honda (Selkirk)
- Selkirk Record (Selkirk)
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- Wavers (Scantbury)
- Sherwood Groceries (Gull Lake/Stead)

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'Consistency is key' when it comes to managing your mental health

By Justin Luschinski

A group of interested community members had a chance to learn about the mental health supports available to them in Selkirk and area over their lunch hour last week.

The lunch and learn session on mental health self-help hosted by Nova House last Wednesday at Selkirk United Church included a panel discussion with representatives from the Anxiety Disorders Association of Manitoba (ADAM) and the Mood Disorders Association of Manitoba (MDAM).

Sherry MacVicar, an Interlake ADAM outreach worker, says it's important for people to ask for help when they need it.

"Ask for help. No matter who it is, I talk to my husband or my kids about my issues. Everybody needs help sometimes," MacVicar said. "It doesn't make you

weak, it doesn't make you a bad person. Anxiety is totally workable, you need to look after yourself, and get help when you need it.

"Consistency is key."

Last week's session started with two of the speakers going over the different types of mental illnesses. Anxiety, for example, comes in many different forms. There's the specific phobias, such as being afraid of flying in an airplane, and then there's social anxiety,

which means someone is afraid of social activity. MacVicar said that some people with social anxiety or general anxiety are harder to find, as they typically don't attend support groups.

Shelly Filtcroft, an outreach manager for MDAM, said it's important to attend support groups, even if you are not suffering from a mental illness yourself.

"Come to (a support group), there's a good handout for family support," Filtcroft said. "It's important to learn how to support someone with a mental illness ... It's really easy for a friend or a family member to enable someone's dysfunction."

Filtcroft runs support groups in Selkirk, Stonewall, and Gimli. The Selkirk support group is held at 446 Main St. on the second floor. Meetings take place on the third Tuesday of every month from 6 p.m. to 8 p.m.

MacVicar also runs a support group in Selkirk located at 242 Manitoba Ave. Those sessions are held on the second Wednesday of every month beginning at 7 p.m.

The next Nova House lunch and learn will take place on Wednesday, April 18 at 12:50 p.m. at Selkirk United Church. The topic will be on emotional abuse and recognizing and understanding that words do hurt.

"IT'S IMPORTANT TO LEARN HOW TO SUPPORT SOMEONE WITH A MENTAL ILLNESS."

Letters

What else is the government trying to hide?

On Dec. 4, Cathy Cox, provincial minister of sport, heritage and recreation, tabled Bill 8, The Government Notices Modernization Act, for first reading in the Manitoba legislature.

At first glance, the bill seems procedural, even innocuous. Its first part proposes that The Manitoba Gazette, the government's official online portal for legal notices, be made available to the public free of charge. It then recommends amendments to 24 statutes relating to the government's publication of official notices, removing requirements that such notices to be published in local newspapers and replacing them with the requirement or option of publishing them in The Manitoba Gazette.

But all is not what it seems at first glance.

The Manitoba Community Newspapers Association wants to make it perfectly clear that, by doing away with requirements to publish government notices in newspapers, the Progressive Conservative government of Premier Brian Pallister will make it even more difficult for Manitobans to monitor its activities and business.

Most importantly, this bill will affect the manner in which everyday Manitobans learn about things such as changes to school board boundaries or human rights complaints.

Let's be honest here. The Manitoba Gazette is a little-known house organ that catalogues items of government business which must be legally published, such as notices to creditors of an estate or notices of

legal name changes. It is generally only used by people in government or legal circles and it is genuinely difficult to find online, even when using the search window on the government's own website.

Making something accessible does not necessarily mean people will use it, and making The Gazette free does not mean the public will visit the website. The whole point of a legal requirement to publish government notices is to ensure that such information is broadly distributed. The 49 member papers of the MCNA deliver hundreds of thousands of newspapers to the doors and mailboxes of Manitobans throughout the province each week. Our readers see those notices and thus learn of public hearings on flood prevention or the use of fertilizers and pesticides in nearby farmlands.

Bill 8 will effectively bury such notices in an internet backwater, while the government touts phrases such as "openness and ease of access."

It will likely be pointed out that MCNA's member newspapers earn money from publishing public notices. Rest assured, the sum of that revenue is not significant enough to be make-or-break for our members.

This is not a money issue. It is a question of the openness of government and the nature of democracy.

Rather than reaching out directly to the people who may be affected by their notices, via a medium that is still very much useful and familiar, this government is content to wait for people to somehow discover what is happening by visiting a website they've never heard of.

The scenario rather begs the question: What other information would this government like to obscure?

- This letter to the editor was submitted by Manitoba Community Newspapers Association president Ken Waddell

SERVICE CLUBS - Serving our Communities

Selkirk Record

<p>ARMY, NAVY & AIR FORCE VETERANS IN CANADA</p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Clondeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July & August) at 6:30pm in downstairs clubroom. New members welcome.</p>	<p></p> <p>Rotary Club of Selkirk Lesli Malegus, Sec. 204-482-3113 www.clubrunner.ca/selkirk</p> <p>Motto: "Service Above Self" Meetings 2nd & 4th Mondays 6:00pm at Selkirk Golf & Country Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	<p></p> <p>ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p>THE SELKIRK & DISTRICT LIONS</p> <p>Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
<p></p> <p>LISGAR LODGE #2 SELKIRK</p> <p>Stephen Gwynn 204-482-6656 lisgarlodge@outlook.com</p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Tuesday of the month except December (second Tuesday), no meetings January, February, July and August Meetings begin at 7:30.</p>	<p>REMORA #26</p> <p></p> <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	<p></p> <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions:</p> <p>Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives.</p> <p>200 Eaton Ave, 482-7176 www.selkirkbiz.ca</p>	<p>WEST ST. PAUL LIONS CLUB</p> <p>Glen Rossong Membership & Sponsorship</p> <p>204-338-7291</p> <p>Meetings first Monday of every month.</p>

The Selkirk Record

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Pioneer Village Museum Tyndall Elevator project looks to raise \$400K

By Mel Stefaniuk, Clipper Weekly

The Town of Beausejour and RM of Brokenhead have both offered letters of support for the Pioneer Village Museum Tyndall Elevator Project after a discussion together during a March 14 joint meeting.

Since 2016, the Broken-Beau Historical Society (BBHS) has been planning to celebrate the agricultural history of the area by refurbishing one of the last remaining grain elevators in Manitoba and relocating it from Tyndall to Beausejour's Pioneer Village Museum.

The Tyndall Elevator is an original 35,000-bushel wooden grain elevator built in the 1940s for the Lake of the Woods Milling Company. From the main off-loading floor to the peak of the roof the structure is approximately 85 feet tall and weighs over 130 tonnes.

After consultation with a structural moving company, Manitoba Hydro and Bell MTS, the BBHS estimate the total moving and short-term repair costs to be around \$300,000. This would include over \$120,000 for the moving of the physical structures, \$75,000 for the engineering and foundation, \$40,000 for permits and line relocations with Hydro and Bell MTS and \$35,000 for minor mechanical and cosmetic upgrades upon its arrival.

The BBHS include an additional \$100,000 in the initial moving and installation costs for the creation of a 'legacy fund' to assist with long-term preservation and maintenance of the relocated Tyndall Elevator.

After the town expressed initial hesitance over the move and the BBHS began focusing on other projects, Matt Bialek, whose family owns



the elevator, explored other options to save the elevator throughout 2017 with the Harvest Our Past – Sow The Future campaign, which included the idea of keeping the structure in Tyndall as a museum.

The BBHS returned their attention to the Tyndall Elevator Project earlier this year after changes with Beausejour's council and administration indicated the possibility for support was now there.

The BBHS presented to the town on Feb. 13 and to the RM on March 13.

At the RM meeting, BBHS Chair Trevor Proutt stated that neither council would need to pay towards the move and the entire \$400,000 needed to bring and install the elevator in the museum would be made through private donations and fundraising.

At the joint meeting March 14, council members on both sides expressed the talks were positive.

"It was a healthy discussion. I think things went well," RM Coun. Luke Ingeberg said. "On the whole, both councils were supportive of the project."

Ingeberg added the major issue raised – and one that both councils will be carefully monitoring – was en-

suring costs don't fall back on taxpayers.

"We were both in agreement that municipal funding cannot go towards the move. We then want to make sure that perpetuity funding is in place so that the ongoing costs will remain covered," Ingeberg said.

Beausejour Coun. Alicia Smith said a strong dialogue between councils

made coming to a decision to provide the letters of support for the project smoother.

"Communication between the town and RM has been improving significantly," Smith said.

With the letters of support, the BBHS will be able to pursue private funding opportunities and begin their fundraising for the \$400,000.

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Dozens pitch in for faceless dolls project



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Dozens of Comp students and community members teamed up to make roughly 1,500 faceless dolls earlier this month to represent the hundreds of missing and murdered Indigenous women and girls (MMIWG) in Canada. The dolls were on display during a commemorative and educational gathering at the Comp last Thursday evening. The Faceless Dolls Project aims to show Manitobans the sheer number of Indigenous women and girls who have either gone missing or were murdered, represented by faceless felt figures.

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Holy Hams of Selkirk United Church gearing up for dessert theatre

By Justin Luschinski

The Holy Hams of Selkirk United Church is gearing up to serve up some entertainment with a side of something sweet.

Faith Country, a dessert theatre show, will take place on Wednesday, April 18, Friday, April 20 and Saturday, April 21 with shows beginning at 7 p.m. There will also be a show on Sunday, April 22 beginning at 2 p.m.

Following a performance of *Faith Country* by playwright Mark Landon Smith, audience members will be served cheesecakes and decadent desserts. However, dessert will not be served following the show on Wednesday, April 18. Each show will take place inside the Comp's theatre, located at 221 Mery St.

Dale Robbins, the director behind this year's show, said the cast and crew are working hard to put on a great performance.

"Everyone's doing such a fantastic job. And we're all having so much fun while practicing. It's really great when you put in so much hard work, and you get to see it all come together," Robbins said. "We've still got a lot of work to do, but I think everyone will have an amazing time."

Dessert Theatre has been running for roughly 17 years in Selkirk, and each year it almost always sells out. For ticket information and reserved seating, call 204-785-9614.

Faith County, a comedy, is set in the southern part of the United States, and revolves around two women who are competing in the county fair.

City of Selkirk receives \$79K to help fight Dutch elm disease

By Lindsey Enns

Selkirk's fight against the spread of Dutch elm disease is packing more of a punch these days thanks to a generous government grant.

Selkirk MLA Alan Lagimodiere presented a \$79,995.46 grant towards Dutch elm disease management within Selkirk city limits last Friday afternoon. The grant is being funded through Manitoba Sustainable Development.

"I am proud to present the City of Selkirk with this important grant," Lagimodiere said. "Dutch elm is destroying a lot of the beautiful we have here in Manitoba and we're going to do what we can to preserve it and protect these trees."

Selkirk Mayor Larry Johannson re-

calls a time when the disease wiped out dozens of trees in Selkirk Park.

"We had to replant ... but now the trees are getting near to maturity so these funds now will absolutely go towards the preservation of those trees," Johannson said. "We don't want to ever go back to starting again."

Johannson added the funds will go towards maintenance and preservation and will be spent at the city's discretion.

Dutch elm disease is a fungal disease of elm trees that is spread by elm bark beetles. A virulent strain of the fungus arose in North America in the early 20th century and has destroyed the majority of American elms in many areas.



RECORD PHOTO BY LINDSEY ENNS

Selkirk MLA Alan Lagimodiere, pictured far left, presented a \$79,995.46 grant towards Dutch elm disease management in Selkirk to Selkirk Mayor Larry Johannson, pictured second from left, Coun. Darlene Swiderski and Deputy Mayor Kelly Cook last Friday.

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Lambing season a sign of spring



**RECORD PHOTOS
BY LINDSEY ENNS**

Garwen Farm is currently home to nearly 120 lambs after their lambing season began on Feb. 14. The family farm, located in Clandeboyne, is run by Wendy Church, her son Gord and her husband Garry. For more photos, see Page 15.





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Barney Gargles

From the minute we stepped into Barney Gargles for lunch, Brett Mitchell and I were welcomed with the wonderful aroma of home cooking. Sonya and Lauren were quick to greet us with their friendly smiles and take our orders. Although their lunch special featured an enticing stuffed pork loin, we agreed to share the battered fish and chips and the spinach salad. The Atlantic Cod was done to perfection, coated with just the right amount of home-made batter that was both tender and crisp. We could have had the seafood sauce, but we chose the tarter sauce to dip our fish in. It almost had a hint of mustard in it which might explain the slightly yellow tinge. Whatever the variation was, it complimented the fish perfectly. The accompanying french fries were crispy and just the right thickness for my liking. Their freshness made it obvious that they were just made from scratch in their kitchen. OMG the Spinach Salad was so good! The fresh spinach had this wonderful topping of mushrooms, real bacon bits, shredded mozzarella cheese and grated egg and just enough crutons. We shared the smaller option and it was still enough for both of us. On another day I could have probably eaten the large salad by myself. I'm so glad we chose that one to try. I washed it all down with a refreshing iced tea.

As we were waiting for our meal, I took a longer glance at the rest of their menu. Under the heading of "Green Bar" I saw they had at least 10 different salads, and for those who want to begin their meal with an appetizer, I counted 13 choices. Besides the Fish and Seafood, there was a section of sandwiches and wraps that would be perfect for lunches. The Burger section alone offered nine different choices! I could imagine going there for a wonderful supper and choosing any one of the mouth watering entrees. On the pages of this easy-to-read menu it was evident that no matter what anyone had a hankering for, they could find something to satisfy their craving. We were so full that there simply was no room for dessert, but I did look in their dessert counter to make a mental note on what I might try the next time. These desserts are unbelievable! The large-portioned decadent cheesecakes topped with mountains of peaked, slightly-tinged meringue will no doubt visit me in my dreams. I could understand why some might want to go there just for a coffee and dessert! Just as we were leaving, owner Matthew Cormack stopped by our table and introduced himself to me. He said they were looking forward to adding a daily supper special to their menu in the near future. His warm smile and genuine concern that we enjoyed our meals left me feeling totally satisfied!



Lucy Kowalchuk



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THIS MONTH'S FEATURED RESTAURANT

Gaffer's

So we're off to Gaffer's Restaurant and Lounge in Lockport to sample two different lunch favourites and test their tasty daily soups. Jaimie, our friendly server greeted us and took our orders for roasted pork with bean and potato soups and the Reuben for Brett Mitchell and a Classic Gaffer's burger for myself. We started with our soups which were absolutely delish, hot and hearty. Brett ordered a small French Fries to sample and trust me they were gone in minutes. Just the right crisp and seasoning you want in fries.

In all the years I had eaten at Gaffer's I had tried several other great menu items such as The Nachos Supreme, Wings, Chicken Mushroom Fettuccine, and various salads but not the Classic Burger. I really enjoyed how juicy and tasty it was, especially served on a fresh Kaiser bun with cheese, lettuce, tomato, pickle, red onion and mustard. It was a little messy and I caught myself licking my fingers but "Oh so worth it". Brett's Reuben was served on fresh pumpernickel bread with perfect melted cheese (A Real Reuben). I'm afraid his was gone quite quickly, as it is a fan favorite at Gaffer's, no taste test for me! I had to save half of my burger to take out as I was totally filled to the brim, great portions. As we enjoyed our food, we noticed several customers dropping in for pickup of their favorite bag of grub for lunch to go. They have a good variety of daily supper specials including Mexican, Pasta, Ribs and drink specials. Lots of desserts to try out. My favorite is their cheese cakes. It's nice to have both a casual and formal dining area to choose from depending on the occasion and we look forward to Gaffer's new menu with new options coming soon, while still keeping some of their old fan favorites.



Georgia Campbell



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Volunteers to help move legacy tree to Selkirk hospital

Submitted

The Selkirk and District Horticulture Society will be providing funding to support Interlake-Eastern Health Foundation in moving the legacy tribute tree at the old Selkirk and District General Hospital to a new permanent home in the Selkirk Regional Health Centre.

The brass tree affixed to the wall in the old hospital features almost 600 leaves engraved with the names of individuals that have been memorialized.

According to Diane Mitchell, spokesperson for the Selkirk and District Horticulture Society, this donation has been about 10 years in the making. The society previously donated \$5,000 to the hospital that has yet to be used. Over the past 10 years, the society's contribution has continued to grow with a portion of funds from their plant sale donated annually.

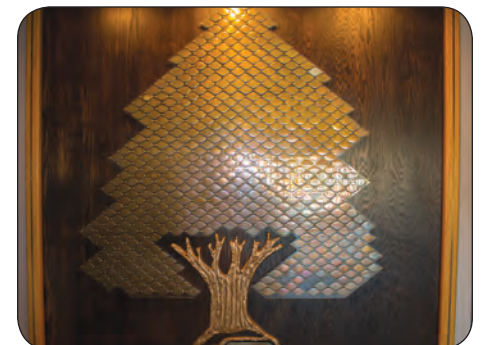
"We are very pleased that the funds will finally be used in the relocation of the Tree of Life from the old to the new hospital," Mitchell said.

Pamela McCallum, executive director of the Interlake-Eastern Health Foundation, is overseeing the transfer of the tree.

"We are working with the health centre's architectural team to build a glassed in frame for the tree to appropriately preserve it and all of the many memories it holds," McCallum said. "We are grateful that the Selkirk & District Horticulture Society recognizes the significance of this tree and can help us move it to a place where everyone can continue to appreciate the memories and love that live within each leaf."

Next steps will be to uninstall the legacy tree from the old facility and to reinstall it within the custom-made display in the new facility. Work is estimated to be complete by fall of 2018.

Selkirk Regional Health Centre features a donor wall in the publicly accessible interior courtyard where current donations to the facility are being recognized.




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of the

Month


Winner

March 2018



Presley

Fun Fact: Presley is 9 years old and is the centre of her owner's world!



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To submit your pet for the Pet of the Month 2018 contest, send a photo and a fun fact to:
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Grand Marais woman urges ice fishers to pick up their trash

By Justin Luschinski

A Grand Marais woman is speaking out after dangerous garbage was left behind following a recent ice fishing tournament.

Jamie Dumont said while she was on a walk with her family along Grand Beach earlier this month, they noticed that the beach area was cluttered with trash.

"I was just frustrated," Dumont said. "Ultimately, people shouldn't be leaving stuff on the lake. There's a lot of people using that lake for multiple reasons.

"We have to pick up after ourselves, you can't just drive away and leave that stuff behind."

Dumont said she found shingles, two-by-fours, a pry bar and planks with nails hammered into them. She said that she's also found couches and even fridges that have been left behind by ice fishermen. Although she does want she can to pick up the garbage in the area, she wants to remind others to do the same.

"Our kids and others swim at this little beach in the summer and quite frankly, Lake Winnipeg is having a tough enough time," she said. "This is a beautiful multi-use lake and we need to do our part to keep it that way."

Natural Resources officer Robert Belanger, district supervisor in the Lockport area, and founder of Red River Operation Clean Up says garbage along the river continues to be a big problem.

"It's gotten better, but it's still very



SUBMITTED PHOTO

A local woman is speaking out after she removed dangerous trash from Lake Winnipeg recently. common. Ice fishermen will bring their chairs, their couches, that they wanted to bring to the landfill, but they end up using them while they fish," Belanger said. "At the end of the fishing season, a lot of those people just leave that stuff behind, because it was garbage to begin with."

Belanger said there needs to be more accountability. If someone notices that a person is going to dump or leave garbage behind, they should try to take a photo or note down their license plate, and follow up with local authorities.

Since 1999, operation clean up has helped remove more than 500,000 pounds of garbage from the banks of the Red River. For more information about the program, visit rroc.ca.

The program operates from May to October, and Belanger is hoping to extend the program into the winter season.

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get inspired

> MEAL IDEAS

THE Marketplace AT SELKIRK

Bunny Butt Cupcakes



Recipe courtesy of Amanda Rettke of "I am baker"

Prep time: 45 minutes
Cook time: 20 minutes
Servings: 24

1 2-layer size white cake mix
1 tablespoon, plus 2 teaspoons, McCormick Pure Lemon Extract,

divided

1 tablespoon McCormick Pure Vanilla Extract
3/4 cup white chocolate chips
2 sticks butter, softened
16 ounces confectioners' sugar
2 tablespoons milk
10 drops McCormick Green Food Color
1-2 drops McCormick Red Food Color
12 large marshmallows, halved crosswise
3 tablespoons white nonpareil sprinkles

Prepare cake mix as directed on package, adding 1 tablespoon lemon extract and vanilla. Spoon 3 tablespoons batter into 24 paper-lined muffin cups. Bake as directed on package for cupcakes. Cool cupcakes on wire rack.

To make bunny feet: In medium, microwave-safe bowl, microwave white chocolate chips on high 30 seconds. Stir until completely melted and smooth. Spoon into pastry bag or re-sealable plastic bag. Snip small corner from bag. Pipe 24 pairs of bunny feet onto parchment or

wax paper-lined cookie sheet. Use toothpick to smooth out bumps or rough edges, and gently tap cookie sheet on counter to help settle. Allow to harden 2 minutes in freezer or 15 minutes in refrigerator.

To make frosting: In large bowl, beat butter and remaining lemon extract until light and fluffy. Gradually add confectioners' sugar, beating well after each addition and scraping sides and bottom of bowl frequently. Add milk; beat until light and fluffy. Remove half the frosting and place in medium bowl. Add green food color; mix until evenly blended. Spoon into pastry bag fitted with grass decorating tip. Set aside. Remove half the remaining frosting into small bowl. Add red food color; mix until light pink. Spoon into another pastry bag.

Using pink frosting, pipe three toes and padding on each bunny foot. Once frosting has set (about 1 hour) gently press down on pink frosting to create smoother look.

To assemble cupcakes: Pipe green frosting onto each cupcake in series of short motions to create individual grass spots. Cover top of each cupcake

completely.

To make bunny butts: Place cut sides of marshmallow halves onto each frosted cupcake, leaving room for bunny feet. Shape remaining white frosting into dime-sized balls then roll with white sprinkles to cover. Pipe small drop of remaining pink or white frosting onto top of each marshmallow. Press bunny tail on top.

Place both bunny feet against base of marshmallow with toes facing down.



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Prep time: 10 minutes
Total time: 30 minutes
Servings: 12

8-10 pounds cooked shank-end ham
water (optional)
1 tablespoon Spice Islands Cracked

Spiced Honey and Black Pepper-Glazed Ham

Black Pepper

1 tablespoon Spice Islands Ground Mustard
1 tablespoon Spice Islands Garlic Powder
1/2 cup honey
1 1/2 teaspoons Spice Islands Ground Saigon Cinnamon
1/2 teaspoon Spice Islands Ground Cloves

Heat oven to 325 F.
With sharp knife, score ham at

1-inch intervals; place in baking dish. If ham appears dry, moisten surface with water. In small bowl, combine black pepper, mustard and garlic powder. Rub pepper mixture over surface of ham.

Roast according to package directions.

Combine honey, cinnamon and cloves. Drizzle over ham during last 30 minutes of roasting. Remove ham from oven and let rest 20 minutes before slicing.

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Your FARM



Local farmer advocating for agriculture

By Jennifer McFee

Agriculture advocate Chelsea Boonstra continues to cultivate a love for farming that first took root on her family's dairy and grain operation.

Today, she is spreading seeds of knowledge about the agriculture industry through her work as a sales agronomist for Paterson Grain and her role as Manitoba's ambassador for the Ag More Than Ever organization.

Her work as an "agvocate" for Ag More Than Ever all started with a video that she did for a university project. The video, called "The Real Truth About Family Farms," is still attracting views on YouTube.

"I shared a video of our farm and it got noticed by some people, who started contacting me. I didn't really think it was going to blow up as big as

it did. That's how this all came about," said 22-year-old Boonstra.

"As the ambassador for Manitoba, I basically promote agriculture, share pictures and videos about what I do in the industry, answer questions, attend events, talk at schools and anywhere else I might get asked to speak."

Recently, she was invited to attend Canada's Ag Day event in Ottawa.

"There were people from all over, so I got to meet many CEOs and farmers and geneticists. It was really neat," she said.

"It was a jam-packed day and it was cool to finally meet some of those people who are the core for some of our projects."

Meanwhile, closer to her home in Meadows, Boonstra can be found

Continued on page 19



Ag advocate Chelsea Boonstra launched a photography endeavour called Making Memories.



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Your FARM



TRIBUNE PHOTOS SUBMITTED BY CHELSEA BOONSTRA
Chelsea Boonstra is a sales agronomist for Paterson Grain and Manitoba's ambassador for the Ag More Than Ever organization.



Boonstra developed a love for agriculture while growing up on her family's dairy and grain operation.

Continued from page 20

scouting farms for her work with Paterson Grain.

"I'll scout any customer that needs help between Teulon and Winnipeg. I basically go out and meet with farmers and check their fields to see what kind of weeds are there, what kind of pests are there, and see if there are diseases," she said.

"Then I help them decide what spray, when to spray, how much fertilizer to put down and I also do some selling as well."

For Boonstra, the work is a perfect fit to combine her passions.

"I love scouting fields. I love being outside all day and I love getting to meet different growers and seeing what's so different about their operation compared to the next person," she said. "It's great to see how I can help them benefit their operation and make them the most money. It's really interesting and I really enjoy it."

In addition to working and advocating for agriculture, Boonstra has launched a photography endeavour called Making Memories. She is already earning attention for her prairie scenes, and she is also being hired for wedding and engagement shoots. She's open to other photography opportunities and she welcomes people to contact her at chelseaboonstra@gmail.com or through Making Memories Photography (@makingmemories.photography) on Instagram.

To keep conversations about agriculture go-

ing, Boonstra also encourages farmers to share stories and photos about their farms.

"I want to be able to educate consumers and to help other farmers to share their voice. Even sharing a picture of you out in the field gets people talking and asking questions," she said.

"I would like people to know why agriculture is so important, so I really encourage others to talk about agriculture in whatever way they know how to best."



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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

St. Malo slips past Selkirk

By Brian Bowman

Keystone Junior Hockey League teams play their entire regular season hoping to have home-ice advantage.

The Selkirk Fishermen attained that goal but, in the end, it didn't help them when they needed it the most.

Selkirk was defeated 3-2 by the St. Malo Warriors in Game 7 of their league semifinal series at the Rec Complex.

"Unfortunately, they got out to an early lead and we spent the rest of the game trying to get back into it," said Fishermen head coach Chris Poponick.

St. Malo's Maxime Collette scored the game winner, poking in a loose puck, at 5:38 of the third period.

"They got the bounces and we didn't get the bounces," Poponick said. "But that's just what happens in playoff hockey."

Selkirk's Milan Horanski had tied the score at 2-2 midway in the second period.

The Warriors took a 2-1 lead after 20 minutes. St. Malo's Tyrel Bueckert opened the game's scoring just 1:14 into the contest and then the Fishermen's Griffin Steeves and the Warriors' Alex Murray traded goals.

The Fishermen evened the series at three wins apiece after a solid 4-1 win in St. Malo on Saturday. Selkirk had a real good effort from all four lines.

Selkirk's Dane Derewianchuk scored

the lone goal of the first period and then Murray replied with a power-play goal at 13:38 of the second period.

But the Fishermen's Drayton Mendrun scored a key goal with just 51 seconds remaining in the middle frame. It was a huge goal and the turning point in the game.

Selkirk then closed out the third period with goals from Dylan Painchaud-Niemi (on the power play) and Chad King.

Riley Bannerman made 34 saves for the win.

The Fishermen staved off elimination with a 5-3 home win last Thursday. Selkirk scored three third-period goals.

Dawson Courchene, Horanski, Talon Kelly, Painchaud-Niemi and Mendrun scored for Selkirk.

Courchene's goal came while Selkirk had the man advantage in the second period.

Painchaud-Niemi and Steeves each had two assists.

Dustin Wiebe scored twice for St. Malo while Robert Guimond also tallied.

Guimond's goal came in the first period while St. Malo was shorthanded and Wiebe's first goal of the game was on the power play in the second period.

Bannerman earned the win in goal.

St. Malo will now advance to play the Peguis Juniors in the KJHL final.



RECORD PHOTO BY BRETT MITCHELL

Fishermen defenceman Griffin Steeves (18) scored a first-period goal in Selkirk's 3-2 home loss in Game 7 of their KJHL semifinal series on Sunday. St. Malo will now play Peguis in the league final.

The schedule for that series had not been announced by press time.

The Fishermen, meanwhile, should be extremely proud of their season. Selkirk had a plethora of rookies on its roster and will lose a lot of leadership with Mendrun, Steeves, Kelly, and Painchaud-Niemi moving on due to graduation.

"Looking back at the season, I was

wondering if we overachieved or were we destined to have a good record with all of those young guys," Poponick suggested. "There was a lot of maturity that happened with all of those guys (over the course of the season). They really learned a lot... and the team has a really good core of players coming back."

Petrash steps down as Steelers' General Manager

By Brian Bowman

The Selkirk Steelers announced the resignation of general manager Ken Petrash Monday morning on the Manitoba Junior Hockey League website.

"The Steeler organization wishes to thank Mr. Petrash for the professionalism and experience that he has brought to the organization over his two separate terms of service," read a statement on the MJHL website.

"The complete Steeler organization wishes Ken much success in his future endeavours."

When contacted by the *Selkirk Record* via text Monday, Petrash said he would not be commenting on leaving the club.

Steelers' president Jordan Fillion, though, said he found out Sunday that Petrash had decided to step down from his position.

Now without a GM and after a coaching change late in the season, the organization suddenly has a lot of work ahead of them to ensure that the team is competitive next season.

"We have no idea what's going to happen in the future," Fillion said. "The executive is going to take over

the hockey operations for a while. It could even be a whole year. We have to find a coach, obviously, and a hockey staff fairly soon but we're not going to rush into a general manager position."

The Steelers finished the regular season with a mediocre 31-25-3-1 record and a seventh-place finish in the 11-team league. Selkirk was then defeated in five games by Virden in their best-of-seven first-round playoff series.

"It wasn't where we wanted to end up, obviously," Fillion admitted. "We would have loved to have gone further in the playoffs and all of that kind of stuff."

The Fish Players would like to
Thank all of the coaches,
management, sponsors, fans,
and everyone else who worked
tirelessly behind the scenes to
make this 100th season possible.



Steelers host annual season-ending awards dinner

Staff

The Selkirk Steelers held their annual season-ending awards dinner at Gaffer's Restaurant & Lounge in Lockport last Saturday evening.

Selkirk's most valuable player award went to two players this year - Nathan Halverson and Nico Labossiere.

Labossiere was also a winner of the Iron Man Award along with Carter Barley and William Middleton.

Carter Barley was also selected the Steelers' top defensive player while his older brother, Connor, was recog-

nized as the club's top scorer and best local player.

Selkirk's top rookie this past season was goaltender Zach Bennett while the other award winners included Top Defenceman - Ryan Gardiner, Most Improved - Ethan Eang, Most inspirational - Shanan McFadden, Most Gentlemanly - Colby Dudek and Citizens Award - Kyle Schneider.

Graduating Steeler players recognized were McFadden, Brendan Hill, Gardiner, Garrett Armour and Hayden Dola.



Selkirk's most valuable player award was presented to Nathan Halverson (second from left), and Nico Labossiere (second from right).



RECORD PHOTOS BY BRETT MITCHELL

Nico Labossiere (second from right) was the winner of the Iron Man Award along with Carter Barley (middle) and William Middleton (second from left).



Steelers' graduating players, left to right, Shanan McFadden, Brendan Hill, Garrett Armour, Ryan Gardiner and Hayden Dola.

Team Lott wins Selkirk & District men's bonspiel



RECORD PHOTOS SUBMITTED

The Selkirk & District Curling Club hosted a 16-team men's bonspiel March 16-18. It was a great weekend with teams travelling to Selkirk from as far as Winkler and as close as Winnipeg Beach. The friendly atmosphere was welcoming to teams and spectators who came out to watch the games and stayed for the great food and St. Patrick's Day Guinness Beer. Photos, left to right, the first event was won by Tanner Lott and his team, which included Colton Lott, Kennedy Bird and Wade Ford. Team Friesen, middle, from Winnipeg won the second event while Team Dola from Selkirk won the third.

Raiders lead Jets in MMJHL semifinal series

By Brian Bowman

The Raiders Junior Hockey Club did a lot of winning during the regular season.

And they have been equally impressive so far in the Manitoba Major Junior Hockey League playoffs.

The Raiders grabbed a 2-0 lead in their best-of-seven semifinal series after a 5-3 road win over the Stonewall Jets on Sunday evening.

Nicholas Matthews gave the visitors

a 1-0 first-period lead with a power-play goal.

The Jets battled back with goals from Bryce Stovin and Braden Groot to take a 2-1 lead. But the Raiders responded with late second-period goals from Carson Rybuck and Devin Manness.

Rybuck and Groot traded goals in the third before the Raiders' Dawson Anderson closed out the game's scoring with an empty-net goal as Jets' goalie Hunter Ploszay was pulled for

an extra attacker.

Kyle McHolm made 25 stops for the win.

The Raiders took a 1-0 series lead after a dominating 6-1 home victory last Friday.

Stonewall's Kyle Doak opened the game's scoring at 15:06 of the first period. But the Raiders' Kale Ilchena tied the score just 1:07 later.

Cody Merritt and Kruz Listmayer scored second-period goals and then

Lars Anderson, Elisha Bambridge, and Rybuck tallied in the third.

The Raiders, now winners of six straight playoff games, outshot the Jets 38-16 as McHolm posted the win.

Game 3 of the series was played this past Tuesday in Winnipeg and then Game 4 will go tonight at 7:30 p.m. in Stonewall. In the other MMJHL semifinal series, Charleswood and Transcona were tied at a win apiece heading into this week's action.

Golden performance



PHOTO SUBMITTED

Marcel Lemire, left, and his wife, Janet, won a gold medal in the B event of the Senior Stick Curling Bonspiel in Glenboro. Their medals were presented by past MCA president Stan Oleson.

The Lemires defeated Andre and Evelyn Saunders from Manitou 6-2 in the final. The bonspiel was part of the 2018 ALCOA Manitoba 55+ Games.

Royals compete at all-star games

By Brian Bowman

Last week's KPAC all-star games capped off a busy season of basketball for the Selkirk Royals' Jessie Fitkowski.

Fitkowski and Abby Benson led their squad to a 51-44 victory in the junior varsity game. Both girls enjoyed very good seasons on the hardwood.

"We had a good school season this year (as) we won the KPAC championship," said Fitkowski via a text message. "We also won the Westwood tournament and I got MVP of the tournament after scoring 26 points in the championship game."

Fitkowski is currently playing club basketball for the University of Manitoba Junior Bisons.

"This season we have already won the MBL league championship and I also am heading down south to play in some tournaments with my Bisons' team, which should be really exciting and a great experience," Fitkowski said.

Fitkowski's game has improved quite a bit with the benefit of some great coaching.

"I would like to thank all my coaches for the last few years that helped me get to where I am by going to



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Jessie Fitkowski is playing club basketball for the University of Manitoba Junior Bisons.

some high-performance camps throughout the last couple years," she said. "Also what has helped me improve is going to the International Peace Gardens camp for four years now and the Selkirk Royals' camp for four years."

Meanwhile, the Royals' had three players - Julia Ignagni, Kely Warmington and Alex Unrau - participate in the KPAC varsity all-star games last week.

Ignagni was also selected to the Basketball MB Graduating All-Star team and will represent Selkirk at the game and athlete's banquet in April.



Fishermen win city championship

RECORD PHOTO SUBMITTED

The Selkirk Fishermen defeated the Winterhawks 4-2 last week to win the 11A1 Hockey Winnipeg city championship. Selkirk won the best-of-five series in five games with two games going into overtime. A special thank you to the Bronze Boot Tavern for sponsoring the team. The Fishermen players included Nathan Horbas, Nathan Ramos-Lam, Riley Yourchenko, Tony Pyner, Vance Carter, Zachary Lemire, Brody Payjack, Dawson Reitmeier, Deegan Teixeira, Caven Berry, Gavin Hartwich, Leam Morin, Lucas Doubleday, Marshall Kiteley and Nathan Avery-Jasper. The head coach was Jean Lemire while the other coaches featured Tim Larter, Don Jasper, Dugald Carter and Derek Payjack. The team's manager was Regina Kiteley.

Selkirk solid at KPAC indoor track and field meet

By Brian Bowman

The Selkirk Royals had several solid performances at the KPAC indoor track and field championship at the University of Manitoba last week.

"The team was a little smaller this year but we still brought quality," said Royals track and field coach Scott Gurney. "We were able to do quite well in all four of the categories. We had some kids that stood out, so that was gratifying to see."

The Royals' Ben Kelly was real good in the varsity boys' shot put. His best throw landed 11.58 metres and was tops in the five-person field.

"Ben is like the perennial performer," Gurney said. "He tends to come up big in some of these big meets right at the end of the year. He threw really well but I think he has thrown better. (Still), he did what he needed to do that day and this sets him up really well going outdoor."

In the varsity girls division, the Royals' Asha Gurney was tops in the long jump, landing in the sand at 4.48m. Gurney also reached a height of 1.40m in the high jump.

Both Asha Gurney and Kelly are Grade 11 student-athletes.

Selkirk's William Miller finished fourth in the 1500m, recording a time of 5:13.18. The Royals' Tim Juvonen, meanwhile, placed fourth in the long jump. His best jump landed at 5.77m.

Selkirk's Emily Lazaruk ran well, placing second in the 60m race with a time of 8.39 seconds. She also finished fourth in a very close 200m (29.23) race.

Lazaruk was also real good in the long jump, placing second with a jump of 4.32m.

"Emily was a real nice addition to the team this year," Scott Gurney said.

The Royals' 4X100m relay team finished third out of seven teams. That team included Lazaruk, Julie Sowany, Rachael Naumik, and Kya Jackson-Leclair.

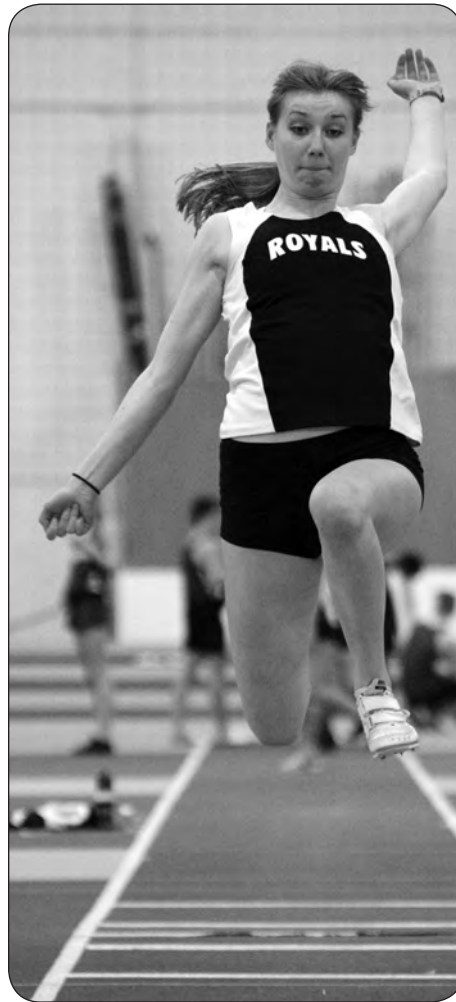
"The girls had a great race in the 4X100," Scott Gurney noted. "They had really nice handoffs and they performed just the way that we had hoped that they would perform."

Sasha McPherson, meanwhile, was fourth in the shot put after a strong throw of 6.59m.

The junior varsity boys' events saw Selkirk's Noah Friesen finish first in the shot put with a throw of 12.38m.

He also had a third-place finish in the 60m race (with a time of 7.35 seconds) and was fifth in the 200m (25.66).

"He's just a talented athlete," Scott Gurney said. "He's got a lot of natural gifts but he's also very good technically. The longer he stays in this, the



Selkirk's Asha Gurney was tops in the varsity girls' long jump.

better he's going to get."

Heath Kurys was third in the 1500m with a time of 4:46.92. He ran a great race despite being ill.

Selkirk's medley team, which included Kurys, Friesen, Raymond Heferman and Luke Fjeldsted, was tops in a very exciting race.

"Our anchor leg was run by Heath Kurys and he ran a great race," Scott Gurney said. "He was out front and then they ended up catching him and then he sat and sat and sat. He then ended up kicking away from the guy and ended up catching him at the end. He ran a smart, smart race."

Scott Gurney is really excited to see what this talented medley team can do during the outdoor track and field season.

"All of them have a lot of range," he noted. "Some of those guys would be perfect on a 4X100m. They're tough as nails, so they can run a 4X400 or a medley. They'll be an exciting group of guys to watch."

Fjeldsted was also fifth in the long jump (5.12m).

With the indoor season now finished, the Royals are eager to get outdoors.

Selkirk expects to have a larger number of athletes representing the school during the outdoor season. The



RECORD PHOTOS BY MATTHEW PEARSON

Heath Kurys ran a great race to lead Selkirk to a first-place finish in the junior varsity boys' medley relay race.



The Royals' Ben Kelly had the best throw in the senior boys' shot put.



Noah Friesen finished first in the junior varsity boys' shot put after a throw of 12.38 metres.

Royals are really looking forward to seeing what a talented group of Grade 10 athletes can do this season.

"I see the team growing, for sure," Scott Gurney predicted. "We have a lot of athletes out there doing different sports. They're finishing up basketball or hockey or ringette or club volleyball. I feel that we'll be able to

pull some of those athletes in and keep them.

"The outdoor season is so much shorter – six or seven weeks – as opposed to the indoor season which is like four months.

"It's just an easier commitment for the kids to keep."

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METAL RECYCLING

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vac, alarm. Perfect for
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struction, car dealer,
etc. on annual lease.
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HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

HELP WANTED

2 month term Homecare. \$17/ hour, 4 hours a day, 4 days a week (incl. weekends). Cooking skills a must. Call Norman 204-785-9796.

Full-time Assistant Manager required at Pizza Den Restaurant & Lounge, Stonewall. General supervision, team leader, hands on position includes making pizza dough, pizzas & working the pizza oven. Days, evenings, weekends. Work experience required. Apply with resume robert.magnifico@gmail.com

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Caretaking couple required for 95 suite apartment complex. Must have maintenance experience in plumbing, painting, electrical and all other types of repair. Also must be conversant with computers and office equipment. Vehicle is a must. Salary plus 2 bedroom suite. Please reply to D-7 Property Management at grace@d7management.com, or 204-989-4211.

HELP WANTED

Overland Truck Outfitters has a sales position open for a highly motivated individual. Successful applicant will be responsible for walk-in customers, be able to work with our existing customers and will be expected to help generate new business. Bring resumes to Overland Truck Outfitters 102 Aviation Blvd. St. Andrews, Mb.

take *a break*
 > GAMES

SUDOKU

2								
	4	6	1					
						5		4
	8	4	5					6
	5						7	2
		9	6		7	1		
5				3			2	
			6					7
			4					

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	7	2	4	5	1	6	8	3
4	1	3	2	6	8	9	5	7
5	6	8	7	3	9	4	2	1
3	2	9	6	8	7	1	4	5
6	5	1	3	9	4	8	7	2
7	8	4	5	1	2	3	9	6
1	9	7	8	2	3	5	6	4
8	4	6	1	7	5	2	3	9
2	3	5	9	4	6	7	1	8

Sudoku Answer

[illegible]

Crossword Answer

CROSSWORD

CLUES ACROSS

1. Latin American dances
7. European viper
10. Finch-like birds
12. Civil rights college organization
13. A person who organizes
14. Small carnivorous mammal
15. City in Sweden
16. Grayish-white
17. Google certification (abbr.)
18. Six (Spanish)
19. The highest adult male singing voice
21. Political action committee
22. Exterior part of a home
27. And, Latin
28. Where pirates hide their bounty
33. Six
34. Cores
36. Diego is one
37. ___ Carvey, comedian
38. Aromatic plant
39. Carry with great effort
40. One point east of southeast
41. Female cattle's mammary gland
44. Small fries
45. Optimistic in tough times
48. Make less distinct
49. Surrounds
50. Cost per mile
51. A local church community

CLUES DOWN

1. "Beastmaster" actor Singer
2. Rice-distilled liquor
3. Messenger ribonucleic acid
4. Wet, muddy ground

		1	2	3	4	5	6				7	8	9
10	11									12			
13										14			
15										16			
17									18				
19			20						21				
22				23	24	25	26		27				
	28							29			30	31	32
			33			34							35
		36								37			
	38										39		
	40								41	42	43		
44					45	46	47						
48					49								
50					51								

5. Have an obligation to
6. Defunct Chevy convertible truck
7. Deer-like water buffalo
8. Skin lesion
9. Amount in each hundred (abbr.)
10. Where kids play ball
11. Roman judge
12. One who endures hardship without complaint
14. Cover the sword
17. "Frozen" actor Josh
18. Eyeglasses
20. Metal-bearing material
23. Primitive persons
24. Wild ox
25. Group of countries (abbr.)
26. Before
29. Spanish be
30. Opposite of the beginning
31. With three uneven sides
32. Gives a permanent post to
35. Actors' group (abbr.)
36. Cavalry sword
38. Gland secretion
40. Marine invertebrate
41. Hybrid citrus fruit
42. Pairs
43. Used to serve food
44. English broadcasting network
45. Calendar month
46. Comedic actress Gasteyer
47. Company that rings receipts

Classifieds

The Selkirk Record

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HELP WANTED

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I am thinking about succession. Are you thinking about success? Do you have an interest in home fashion or construction, a grasp of basic math, a sincere desire to help people and be your own boss? Maybe we can work together towards a common goal. Financing options available. If this opportunity interests you, please mail or drop off a letter of introduction to: Ritz Interiors, Box 1687, 286 Main St., Stonewall, Man., R0C 2Z0. Attn: Kelly.

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Old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll - free 1-800-947-0393.

Reward paid on info leading to purchase of 426 Hemi motor from 1970 Road Runner serial # N-RM27R0G15756 also 1970 Road Runner/GTX/Satellite/Charger complete or parts car. Also old advertising / dealership signs, antique gas pumps, etc. Call 306-221-5908 or 306-369-2810.

FURNITURE FOR SALE

Brown hutch cabinet with 2 top glass doors, good condition. Asking \$150. Ph. 204-482-6943.

UPCOMING EVENTS

Antique & Collectible Sale! Huge spring event! Largest of the season. Over 220 tables! Friday, April 6, 4 p.m. - 9 p.m. and Saturday, April 7, 10 a.m. - 4 p.m., \$5 per person. Assiniboia Downs, 3975 Portage Ave., Winnipeg. Great selection, door prizes and free parking.

WATER TREATMENT

New Waterite water softeners, 30,000 grain/\$580. All sizes avail. Reverse osmosis systems, \$225. Undersink water systems, \$70. Paterson iron removers/\$530. Greensand iron odour removal systems, \$730. Discounts on all water filters. All Seasons Furnishings 204-661-8581.

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF **CHADLEY EDWARD HONORE GABORIEAU**, late of the City of Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB., R1A 1T9, on or before the 28th day of April 2018. DATED at the City of Selkirk, in Manitoba, this 22nd day of March, 2018. PULLAN KAMMERLOCH FROHLINGER Selkirk Office - David Moore Solicitor for the Administratrix

HAY

Small squares, 2nd cut Alfalfa, small square Alfalfa June Grass and Oat straw. Leave message 204-482-5101.

LIVESTOCK

50th Anniversary Lunder Bull Sale, April 7, 2018, 1:00 pm. Hereford, Angus, Gelbvieh and Simmental bulls for sale. Also 8 pens of 3 yearling heifers. Contact Jim 204-461-0884 or Ken 204-793-4044. View catalogue online www.buyagro.com

EMPLOYMENT OPPORTUNITY

www.rmofstclements.com

ASSISTANT PUBLIC WORKS MANAGER

RM OF ST. CLEMENTS

We are seeking an effective leader, experienced in staff supervision to join our team.

The RM of St. Clements is currently accepting applications from individuals with experience in supervising others, facility management, knowledge of construction and equipment maintenance.

The ideal candidate will be able to work with a high level of independence to establish priorities and action work objectives.

A complete list of job responsibilities and the required qualifications can be found at RM of St. Clements' webpage under Employment Opportunities

Applications must be received by 3:30 pm April 20th, 2018.

While the RM thanks all applicants, only those considered for an interview will be contacted.

News Tips? Story Ideas?
call the Record 204-785-1618

RURAL MUNICIPALITY OF ST. CLEMENTS

PUBLIC NOTICE

PUBLIC NOTICE is hereby given pursuant to Subsection 174(1) of *The Municipal Act* that the Council of the Rural Municipality of St. Clements intends to present three (3) proposals to borrow at a Public Hearing in the Council Chambers of the R.M. of St. Clements on Tuesday April 3rd, 2018 at 7:00 p.m.

REGARDING GENERAL BORROWING BY-LAW 6-2018

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO PROVIDE FOR THE EXPENDITURE AND BORROWING OF FUNDS TO ESTABLISH A MUNICIPAL RECREATION FACILITY IN SOUTH ST. CLEMENTS

The total cost of the project is estimated at \$ 4,850,000 and will include grant funding awarded in the amount of \$ 250,000 and a contribution from the Gas Tax Reserve of \$ 250,000. The net total cost of the proposed borrowing is \$ 4,835,000 and is to be repaid over 20 years at a rate estimated for the time being at 4.125 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 359,716.75 and will be levied annually as part of the general levy.

REGARDING GENERAL BORROWING BY-LAW 7-2018

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO PROVIDE FOR THE EXPENDITURE AND BORROWING OF FUNDS TO UPGRADE & EXPAND THE FACILITIES AND EQUIPMENT OF THE NAROL FIRE DEPARTMENT

The total cost of the project is \$ 1,573,000 and is to be fully funded by the proposed borrowing. The total cost of the proposed borrowing is \$ 1,573,000 and is to be repaid over 20 years at a rate estimated for the time being at 4.125 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 117,028.84 and will be levied annually as part of the general levy.

REGARDING GENERAL BORROWING BY-LAW 8-2018

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO PROVIDE FOR THE EXPENDITURE AND BORROWING OF FUNDS TO COMPLETE CONSTRUCTION & IMPROVEMENT OF WATER CONTROL WORKS

The total cost of the project is estimated at \$ 3,520,000 and is to be fully funded by the proposed borrowing. The total cost of the proposed borrowing is \$ 3,520,000 and is to be repaid over 20 years at a rate estimated for the time being at 4.125 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 261,882.72 and will be levied annually as part of the general levy.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the borrowing by-laws as provided.

Any person who has questions, needs clarification or requires further information, either prior to or following the hearing, is encouraged to contact DJ Sigmundson, CAO at 482-3300.

Copies of the proposals to borrow are available for review at the Municipal Office located at 1043 Kittson Road, East Selkirk or on our website at www.rmofstclements.com

Dated this 13th day of March, 2018.
D.J. Sigmundson, CMA
Chief Administrative Officer

PUBLIC NOTICE

Change in Meeting Date April 2018

April 10, 2018 Regular Meeting is cancelled and April 24, 2018 Regular Meeting is rescheduled to April 17, 2018 commencing at 2:00 p.m. with Planning Hearings to begin at 6:00 p.m.

Resolution No. 2018-097

D.J. Sigmundson, CMA
Chief Administrative Officer

1043 Kittson Road
Box 2 Group 35 RR1
East Selkirk, Manitoba R0E 0M0
Telephone: Selkirk 482-3300
Winnipeg: 474-2642
Toll Free: 1-888-797-8425
Fax: 1-204-482-3098
Email: info@rmofstclements.com
www.rmofstclements.com



EMPLOYMENT OPPORTUNITY

The Rural Municipality of St. Clements is seeking applications for the following two positions:

CASUAL TRANSFER STATION /LANDFILL SCALE EMPLOYEE AND

SEASONAL CLASS 3 PUBLIC WORKS EMPLOYEE (APPROX. MAY 14 - OCT. 27, 2018)

Details of these positions, including qualifications, can be found on our website, www.rmofstclements.com

Applications with detailed resume clearly stating the position applied for will be received up to 3:30 p.m. on April 20, 2018 or via email to pwadmin@rmofstclements.com.

Thank you to all who apply, however, only those candidates selected for an interview will be contacted.

Apply to:

Greg Elson, CET
Public Works Manager
155 CIL Road, Box 2, Grp 35, RR 1
East Selkirk, Manitoba, R0E 0M0
Fax: (204) 482-3660

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168 Grand Circle Petersfield Creekside \$425,000

212 Eveline Selkirk \$267,700

12 Murdoch \$518,000

310 Superior \$277,000

20 NORTH 7TH Street, Loni Beach \$139,900

205 Toronto Ave \$165,000
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14 Hornshaw \$149,900
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NOTICE OF HEARING

UNDER THE HIGHWAYS PROTECTION ACT AND THE HIGHWAY TRAFFIC ACT THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, April 10, 2018 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg MB R3E 3H4 Phone: (204) 945-8912.

PERMITS – PART I – SECTION 9 H.P.A. AND PART III – SECTION 17 H.P.A. 1/044/023/B/18 – 6679197 MANITOBA LTD. O/A GARSON GROCERY

Application to Relocate Pump Island with Concrete Pad and Aboveground Tank (Other) adjacent to P.T.H. No. 44 at its intersection with Garson Access Road, Lots 8-12, Block 1, Plan 1635, N.E. ¼ 4-13-6E, R.M. of Brokenhead (Tyndall-Garson).

The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the Secretary prior to or at the hearing.

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Michelle Slotin, Board Secretary
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ANNOUNCEMENT

CARD OF THANKS

Mary Helen Starr (nee Stadnyk)
After almost 92 years of love, laughs and memories. Through good times and hard times. No matter what mom always said, "Thank you". Mom said to be sure to thank everyone who touched her life. Family, friends, about 150 homecare workers, long term Cheryl and Di-anne, Dr.'s, nurses, EMS workers. All the people who said "Hi and wished her well" over the past years of her ill health. I always told mom if those prayers and thoughts were pennies she would be a millionaire. So thank you all for caring and sharing in mom's life. For 10 years mom phones us every morning at 7:30 to discuss our yesterdays and plan our todays. I thank you mom for being our everything. Our mom, grandma, great grandma, friend and shoulder to lean on. We will see your smile in your favorite flower the African Violet and we will hear your voice in the song of the Chickadee "Phoebe, Phoebe" Thank you mom B.C.U. Miss you and love you lots.

ANNOUNCEMENT

CARD OF THANKS

Banera - The family of the late Steven Banera wish to thank their many friends, relatives and neighbours for all the expressions of kindness, sympathy, food, flowers, cards and donations at this sad time of Steven's passing. Thank you to David at Gilbert Funeral Home, Rev. Cole Grambo for the beautiful service, Chris Yuzdepski for making everything go so smoothly and also to the ladies of Selkirk United Church for the luncheon. Thank you also to the Selkirk United Church choir, Back Pew Boys Men's choir and Kevin/Norris, Bob, Brady and Taylor for doing the eulogies. God bless you all.

-Joyce, Sheryl, Trent and families

ANNOUNCEMENT

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Special thanks to everyone for cards, food and flowers, and for those who helped set up the lunch. Thank you also to Gilbert's Funeral Home -Barney Smith's family

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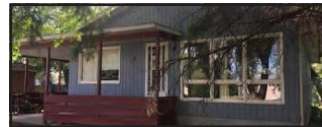
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ANNIVERSARY



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March 30, 1968 to March 30, 2018
This sweet couple have been married 50 years!
Congratulations Mom and Dad!

-Love, your family



ANNOUNCEMENT
IN MEMORIAM



Dan Stasiuk
April 3, 2017

Though your smile is gone forever,
And your hand I cannot touch;
I have so many memories,
Of the one I love so much.
Your memory is my keepsake,
With which I'll never part;
God has you in his keeping,
I have you in my heart.
Loving you and missing you every single day.
Until we meet again.

-Love,
Cheryl

ANNOUNCEMENT
IN MEMORIAM



John Swanson
March 6, 1935 – April 2, 2017

He never looked for praises,
Never one to boast;
He went on quietly working,
For the ones he loved the most.
He was our firm foundation,
Through all the storms in life;
A sturdy hand to hold,
In times of stress and strife.
Someone we could turn to,
When times were good or bad;
One of our greatest blessings,
The man that we called Dad.

-Love always,
your family

OBITUARY



Margaret Geraldine Stockes (Harcus)
June 27, 1939 - March 16, 2018

It is with great sadness that we announce the sudden passing of Margaret Geraldine Stockes, at the age of 78 years, of Lockport, MB.
She was predeceased by her husband Harold; two infant sons; grandson Jesse; son-in-law Leonard and her parents John and Margaret Harcus. She leaves to mourn her daughters, Jane Lecoy, Joan (Jack) Sawatzky, Joyce (Jamie) Taylor, Judie Stockes and Julia Hall; one son Jim Stockes; 11 grandchildren and five great-grandchildren and many friends and family.
In keeping with her wishes cremation has already taken place and a private family service will be held at a later date at St. Andrews Church.
Condolences, pictures and videos can be left on her tribute wall

at www.gilbartfuneral.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Announcements

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ANNOUNCEMENT
IN MEMORIAM



Alexander (Sandy) Field
March 28, 2016

It's not the years in your life that count,
It's the life in your years.
When someone you love becomes a memory...
That memory becomes a treasure.
Always loved, sadly missed.

-Tanis, Kerry, Robert and family,
Tara and Jason

OBITUARY

Richard William Zabogruski

Peacefully, on Saturday, March 24, 2018 at the Red River Personal Care Home, Richard Zabogruski, aged 68 years, of Selkirk, MB passed away.
In keeping with his wishes, cremation has taken place and a graveside service will be held at a later date in the East Selkirk Cemetery.
Condolences, videos and pictures may be left on Richard's tribute wall at www.gilbartfuneralhome.com



Gilbart Funeral Home,
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**Don't forget to send
your special wishes
and congratulations or
pay Tribute to your
friends and family**

Selkirk Record

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OBITUARY

Victor Sigurdur Bell



Peacefully, on March 13, 2018, surrounded by the love of his family, Victor went to his eternal rest.
He is survived by his children, Linda Paluck, Faye (Alfie) Schalk, Merv (Lynda) Gunter, Dawn Papineau, Tricia (Al) Geurts and Terry Gunter; grandchildren, Dean (Minnie) Schalk, David Schalk, Darren Paluck, Kelly (Jason) Dueck, John (Lisa Joy) Gunter, Trista (David) Doole, Tamara Papineau (Chris), Jason (Danielle) Geurts, Jill (Ian) Myers; great-grandchildren, Tyler and Cody Paluck, Caroline Toews (Paul) and Carla VanGorp (Jay), Mekhi, Isla and Cyrus Gunter, Vann and Cohen Dueck, Connor and Chloe Doole, Luc and Lyla Geurts and Hudson, Harrison and Ashton Myers and great-great-grandchildren, Justin and Mia Toews and Mazzy and Lenox VanGorp. He also leaves to mourn, his siblings, Billy Bell, Gwen Popowich, Jon (Bonnie) Bell, Peter (Louella) Bell, and sisters-in-law Thelma and Donna Bell, Barb (Joe) Holmes and Dorothy Bell, as well as many nieces, nephews and friends.

He was predeceased by his beloved wife Irene; grandson Douglas Papineau; sons-in-law Lloyd (Butch) Papineau and Eddie Paluck; brothers Hunnes (Winnie), Oli, Chris, Eggert; sisters, Sigga (Sam), Helga (Victor), Margaret (Lorne); and brother-in-law Steve Popowich.
Victor was born at Hecla, Manitoba on May 2, 1936 to Ernest and Lovisa Bell and spent his early years there. He moved to Selkirk to attend school and went to work at the age of 14 driving a team of horses at the Selkirk Rolling Mill. During the early 1950s he worked on fishing boats on Lake Winnipeg, Hay River and Ft. McMurray. He spent many years in the steel industry working at the Selkirk Rolling Mill and Drummond McCall.

In 1965, Vic married the love of his life, Irene (Bell) Gunter, and inherited a ready-made family of six. Victor brought his love of music to our family and we enjoyed singing while he played the piano or guitar. He and Mom spent many happy years together, working on their house and yard, spending time with family and friends, camping and fishing, and travelling, but mostly just being together. Victor was a great dad, always there when we needed him. He was a very special grandpa to all his grandchildren and great-grandchildren. He loved them dearly and enjoyed entertaining them, whether it was toys, a game of crib, playing his guitar, making something in his workshop, or just talking. Victor was always proud of his garden and having the first potatoes of the season. He loved people and made friends easily and was always willing to lend a helping hand. Victor was a loving, caring man, always greeting us with a ready smile and bright blue eyes, and we will all miss him.

We are very thankful to the staff at the Selkirk Hospital and Betel Home for their care and compassion during his time with them.
Cremation has taken place and a Celebration of Life will be held at Gilbart Funeral Home in Selkirk, MB on Tuesday, April 3, 2018 at 2:00 p.m.
In lieu of flowers, donations may be made to Community Living Selkirk, 306 Jemima Street, Selkirk, MB R1A 1X1.
Condolences, pictures and videos may be left on Victor's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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