

RECORD PHOTO BY LINDSEY ENNS

Thirsty Lion Tavern, which recently opened inside the Rivercrest Inn located at 4200 Main St. in West St. Paul, is gearing up to celebrate St. Patrick's Day this weekend with food and drink specials as well as live entertainment. Pictured from left to right: Rivercrest Inn marketing director Tina Lussier, Rivercrest Inn owner Dave Andrews, West St. Paul Mayor Cheryl Christian and West St. Paul Coun. Giorgio Busceti cheers to St. Patrick's Day and to the opening of the new tavern last Wednesday. For more information about St. Patrick's Day celebrations at Thirsty Lion Tavern, visit the "Thirsty Lion Tavern West St. Paul" Facebook page or rivercrestinn.ca. St. Patrick's Day is this Sunday, March 17.

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Manitoba Budget 2019 PCs deliver on PST promise, film tax increase

By Lindsey Enns

The Progressive Conservatives delivered on their cornerstone 2016 campaign promise during the release of the provincial budget last Thursday.

On July 1, the PCs say they will be cutting the provincial sales tax by one percentage point to seven per cent.

"Budget 2019 reduces the retail sales tax, continues to reduce the summary deficit, invests in addictions services and focuses on the needs of Manitoba families," Finance Minister Scott Fielding stated in a release last week.

Although Selkirk Mayor Larry Johannson is in favour of lowering the PST, he wonders if it's coming too soon. By cutting the PST on July 1, the province is projected to lose \$237 million in revenue this fiscal year.

"It's a lot of money off the table ... I wondered if it was maybe a year too soon," said Johannson, who was among the mayors who attended the budget's release at the Manitoba legislature last Thursday. "I just think of the things that funding could have made happen."

Johannson said he would have liked to see more funds flowing to drug addiction support services and mental health.

"We need to help people get off this stuff but help them with the mental aspect so they can lead a productive and meaningful life again," he said. "It's awful for families and the people involved. But it also leads to violence and crime."

Fielding said the budget includes investments to respond to the challenges of addictions, with \$1 million in new funding to expand the number of withdrawal management beds in Winnipeg and Brandon. The province will also invest an additional \$2.3 million to target drug-related criminal activity including methamphetamine and gang-related crime prevention initiatives. The first full year of the tax cut is expected to save Manitobans \$325 million. The province projects Manitoban's will save \$30 when buying furniture or appliances totalling \$3,000, \$350 when buying a vehicle valued at \$35,000, or \$1,500 when buying a new \$300,000 home. Those buying a \$2 coffee, will also save around two cents.

Fielding noted Budget 2019 forecasts a summary deficit of \$360 million for the 2019-20 fiscal year. That is \$161 million less than the deficit projected in last year's budget for the 2018-19 fiscal year, he added.

Johannson said he was also pleased to learn that the province's film and video production tax credit will receive an increase in funding to \$31.5 million from \$16 million.

"We all lobbied hard for that one," he said. "We've got a really great movie business going on here."

From 2007 to 2017, the media production industry in Manitoba averaged \$100 million annually in total production volume, in 2017-18 it rose to \$173 million, according to On Screen Manitoba. Manitoba Film and Music, the arms-length agency that administers the tax credit, is estimating total production volume in 2018-19 will be \$250 million.

In 2017-18, filming took place in communities all over Manitoba, including Brandon, Portage La Prairie, Selkirk, Stonewall, and Churchill.

Selkirk and other municipalities will also be seeing some provincial funding for bridges and roads, Johannson said. Details on how the funding will be divided is still be determined.

"We really pushed for this," he said. "It's a win for municipalities across Manitoba."

Johannson said he is still waiting for the province to announce how cannabis revenue will be benefiting communities across Manitoba. Cannabis legalization has led to increased municipal administration and policing costs across the province, he added.

"I think there is going to be big money coming from cannabis," said Johannson, who is also the Association of Manitoba Municipalities cities caucus chair. "I think we should all see some of that. Right now, demand is outstripping supply ... when I see something like that, that only smells of success.

"We should all reap the rewards of it." Other highlights of the 2019 provincial budget include:

• Providing a total of \$313.5 million in basket funding for local governments that continues to provide municipalities with the flexibility they need to meet local needs including enhanced support for roads and bridges for municipalities outside of Winnipeg;

• Increasing Manitoba's RCMP staffing complement by 29 positions, including funding for 27 additional officers;

• Spending more than \$1 billion on strategic infrastructure such as roads and bridges, water and wastewater infrastructure projects, flood protection, hospitals, schools, universities and colleges;

• Investing in health care to lower ambulance fees to a maximum of \$250, to open five new or enhanced health facilities with operating funding of \$6.4 million, to hire 35 additional primary care paramedics with \$3.8 million in devoted funding and to increase renal replacement therapy funding by \$2.4 million;

• Reserving \$20 million to allow the province to sign the upcoming addictions and mental health bilateral agreement with the federal government.

Information on department-specific investments can be found online at: manitoba.ca/budget2019/highlights/ index.html.To review the budget documents, visit manitoba.ca/budget2019/.





Art show aims to celebrate the colours of the seasons

By Lindsey Enns

A talented East St. Paul artist has brought her collection of acrylic paintings and soft sculptures to the Gwen Fox Gallery this month.

Judy Sutton's art show entitled,"Seasoned with Joy," runs until the end of March at the Selkirk art gallery.

Sutton says her wildlife, floral and landscape paintings are inspired by the community she calls home.

"When I finish a painting ... my goals are that it should be clear, it should be clean and that it should have joy. So that's me," Sutton said with a smile while standing inside the Gwen Fox Gallery last Wednesday."I look for the joy in each painting and I've arranged them throughout the seasons."

Her paintings on display in this month's art show also reflect the everchanging shifts in colours of the seasons in Manitoba.

Sutton, who spent much of her career as a music teacher, has been painting for nearly 20 years and says her best piece of advice for any artist is to just simply to keep creating.

""Creating anything is a great feeling. I try to paint everyday," she said. "Like any skill it takes practice.

Sutton is a member of the Selkirk



East St. Paul artist Judy Sutton stands amongst her paintings, pictured left, and soft sculptures, right, at the Gwen Fox Gallery last Wednesday. Sutton's art show entitled, "Seasoned with Joy," runs until the end of March at the Selkirk art gallery.

Community Arts Centre and has previously shown her work at Gwen Fox, the Birchwood Art Gallery, and the Piano Nobile Gallery. She is also the Winnipeg representative and hostess for Leading Edge Art Workshops, an art education company based in Calgary, Alta. More recently she has been helping artists in her community become more visible by forming a new local art show each month at the East

the Red Artists Studio Tour is scheduled to take pace June 1-2.

Sutton has also recently started making soft sculptures, which are fashioned from wire, fiberfill and fabric. Some of these sculptures, which fall under a carnival theme, are also on display as part of her show this month.

Sutton says she hopes those who get

St. Paul Municipal Hall. The East of a chance to check out her show will find joy in her artwork and get excited for the upcoming spring season.

"I hope that they enjoy it and I hope that they take away a good feeling, this is feel good art," she said.

The Gwen Fox Gallery is located at 250 Manitoba Ave. on the corner of Main Street and Manitoba Avenue. For hours of operation and more information, visit gwenfoxgallery.com.



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Head Start hosts paint night



RECORD PHOTOS BY JUSTIN LUSCHINSKI Youth at the Aboriginal Headstart Program in Selkirk got to channel their inner Vincent van Gogh and learn how to paint with watercolors last Wednesday evening. The children learned about colour flow, style, and enjoyed some healthy snacks.



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Christy Brown



PRODUCTION Nicole Kapusta





ADMINISTRATION Allana Sawatzky



get RED RIVER > CHALET BEACH > LAKE WINNIPEG

Hi folks.

> ARNIE WEIDL

Even though the Red River ice cutters have forged upstream of the "blue bridge" toward Selkirk, there was still an endless sprinkling of hard wall ice shacks on the river from the #204-509 intersection to Lockport last week. Downstream of the locks, I urged "old red" along from one shack or tent to another stopping to visit with some of our fellow anglers. I no sooner pulled up beside a large red portable than the head of a chap with a white mustache, pulpy cheeks accentuated by a big grin popped out from the zipper door. "How's it going?" I asked from my window. Crouching and peering through his door, he volunteered, "Nothing yet." I got out of my truck and knelt at the door so he could sit back in his folding chair inside the dark tent.

"You seem to be a veteran angler," as I opened a conversation with him. "Would you have an angling story for your fishing brothers and sisters?" I prompted. His ever present smile grew wider as he began a story that came to him quickly. He described an experience he had here a few weeks ago when he had settled in for an afternoon of ice fishing and two men, one older and the other quite young approached him. They began talking and our new friend, Peter Arlukiewicz, of Winnipeg, learned that these guys were visiting from Australia. They had never seen anyone ice fishing before.

Pete being a friendly fellow invited them to hold his rods and coached them on jigging. Low and behold the young guy got a strike. He was beside himself! He frantically reeled up and soon a pickerel as long as his forearm flew up from the ice hole. All three men shouted in excitement then cried out in dismay as the fish slipped the hook and plopped tail first back into the hole. Pete admitted



RECORD PHOTO BY ARNIE WEIDL Hannah Gooding with her catch that she insisted on eating herself.

that normally he was not quick on his feet, but that day he was. He sprang forward dropping down on all fours and plunged his arm into the chilly water. He couldn't see the fish but in an electrifying second he felt its head. He jammed it against the ice hole wall and with his other hand locked his fingers into the gills. He brought it up with both hands as the "Aussies" proclaimed, "Only in Canada are we likely to see this!"

I mentioned a couple of weeks ago how Jim Hildebrand loves to fish but can't eat them. Well, last week I ran into Collin Huston and Alaina Gooding along with Alaina's kids, Hannah and little Danny, who hail from the Interlake. As it turns out Alaina also loves to fish but can't eat them. The exact opposite situation prevails with Hannah. Not long ago she caught a nice pickerel which we see in her picture and at home when her mom cooked it, Hannah cried out, "That's my fish and I'm eating it!"

I had found them in their warm, wood heated ice shack off the west shore of Lake Winnipeg and as we

continued talking, the topic of pranking other fisherman came up. I told of a time when friends of mine kidded an America friend, who was really a good sport that he had to get his picture taken out on the ice, in the cold, bare-chested when he caught his first fish here. He did and got a horrible cold! Collin chimed in laughing saying that when he was commercial fishing and had some rookies come along for the ride, they complained their fingers were freezing in the cold. Now Collin has a sense of humor and he told them the only way to warm their fingers up was to put them in their mouths. They did it even though they had been handling fish during the lift! Collin just shook his head smiling and didn't say a word!

Last weekend, on the southeast side of Lake Winnipeg, on the ice, I met a big, fun loving guy by the name of Clint Swein fishing in his portable tent. He stood in the dim light of his shelter jigging one of his lines as he recalled an uncomfortable learning experience with his fishing auger years ago. He and friends came out here with his brand new ice auger to drill some holes and fish. The first two holes went fine but a foot into the ice on the third try, the auger got stuck. No matter what they tried, they couldn't get it loose so they left it sticking up out of the ice and went home. The next day bright and early they were back at the auger determined to rescue it. They chiseled around the flighting. They heated and poured water around it. They put wrenches with extensions on the auger shaft and pulled as hard as they could trying to back it out. Finally the auger jerked free. After that, according to Clint, he made sure he pulled the auger up as he drilled clearing it of ice chunks every once in a while so it wouldn't get stuck again. Good fishing friends, bye for now.

View the Selkirk Record online at selkirkrecord.ca





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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Selkirk YFC fundraiser



RECORD PHOTOS BY JUSTIN LUSCHINSKI

More than 100 community members came together to show their support for local youth during the Selkirk Youth for Christ fundraiser inside the Selkirk Rec Complex banquet hall last Friday evening. Attendees enjoyed a roast beef dinner from Danny's Whole Hog and youth and volunteers shared stories about the role the local centre has played in their lives. The centre, which is located at 426 Clandeboye Ave., has been serving Selkirk and area youth for more than 30 years. For more information about the centre, visit yfcselkirk.ca.







Manitoba gov't signs forestry agreement with four First Nations

Staff

The province has signed a forestry option licence with a group of four First Nations on the east side of Lake Winnipeg to explore Indigenous-led forest development.

"This licence is a first-of-its-kind forestry development agreement in Manitoba between the provincial government and Indigenous governments," Sustainable Development Minister Rochelle Squires stated in a release recently. "This agreement has the potential to renew the area's Crown forest and pursue economic development opportunities while adhering to our commitment to environmental stewardship and sustainable forest management."

The province signed a two-year forest management option licence with Black River First Nation, Brokenhead Ojibway Nation, Hollow Water First Nation and Sagkeeng First Nation.

"With this forest management licence, we can finally realize the dream we have been working on all these years," Black River First Nation Chief Sheldon Kent said. "It will still take time, energy and capital, but we are ready. It is a win-win for everyone including all the communities and stakeholders involved in this project."

This option licence represents more than 5,000 kilometres of land on the east side of Lake Winnipeg and northeast of the Winnipeg River, which has been without commercial forestry activity since the closure of the Tembec Industries mill in Pine Falls in 2009. It is expected the First Nation consortium will pursue private partnerships and investment for commercial development in the area, Squires said. The province will have an opportunity to consider value for money when a business plan and forest development proposal are submitted by the four First Nations within the two-year licence period.

"This agreement represents greater participation by Indigenous communities in economic development in the province and in the sustainable management of our natural resources," Indigenous and Northern Relations Minister Eileen Clarke said. "I'd like to acknowledge the work the four First Nation communities have done to get this agreement finalized and look forward to the positive outcomes that will emerge as a result."

BUDGET 2019: GETTING THE JOB DONE

Budget 2019 is on track to making life more affordable for Manitobans.

The Manitoba government is keeping promises and giving Manitobans the break they deserve by reducing the provincial sales tax (PST) to seven per cent.



In five years' time, that will save an average family of four, more than \$3,000.

The drop will also stimulate labour income by nearly \$50 million per year, contributing to the growth of wages and salaries.

To learn ALL the details of this year's budget and what it means to you and your family, visit **manitoba.ca**.



Assessment value increase leads to minor LSSD tax hike

By Lindsey Enns

The Lord Selkirk School Division (LSSD) board of trustees approved a minor 0.73 per cent tax increase along with their 2019-20 operating budget during their regular board meeting last Tuesday.

The average homeowner with a house valued at \$315,225 will see an increase of \$15.25 annually, or \$1.27 a month.

The board says it was very mindful of the budgetary impact on local taxation, and worked diligently to find cost savings, balancing the educational needs of their students with a declining enrolment and reduced provincial funding. For the third consecutive year, the LSSD saw a two per cent decrease in provincial education funding. For the 2019-20 budget, this is a reduction of \$513,277 in revenue, the division says.

This will also be the division's eighth year seeing an enrolment decline. The board projects enrolment is estimated to be 56 fewer students than the 2018-19 school year.

LSSD Supt. Michele Polinuk said they were able to approve such a low tax increase due to a 1.3 per cent assessment value increase within the division. The 1.3 per cent increase in assessment results in approximately \$389,546 in more municipal revenue, Polinuk added.

However, this budget does include

"WE REALLY LOOKED AT EVERY PIECE OF THIS BUDGET, AT EVERY LINE, TO SEE WHERE WE COULD CUT AND THAT'S WHY WE'RE ABLE TO COME UP WITH A REALLY GOOD BUDGET THIS YEAR, WE FEEL."

a reduction of 1.5 full-time equivalent teaching (FTE) positions as well as 3.0 FTE support staff positions. Which schools these cuts will directly impact is still being determined, Polinuk said.

"It's important to note that last year we had to reduce 7.75 and then the year before that 9.1," Polinuk said." We really looked at every piece of this budget, at every line, to see where we could cut and that's why we're able to come up with a really good budget this year, we feel."

The focuses of this year's budget were formed around responses to an online survey the LSSD issued to the public last year. The budget aims to continue to maintain small class sizes and counsellors in schools as well as continued support for music, band, arts, performing arts and technical vocational programs. Budget expenses breakdown

Regular instruction: \$33,829,515
Student support services: \$10,318,170

- Maintenance: \$6,503,145
- Transportation of pupils: \$2,754,190

• Divisional administration: \$1,878,010

• Instructional and other support pupil services: \$1,664,220

- Fiscal: \$1,020,000
- Adult learning centres and community education: \$783,690
- Capital Contribution: \$367,475

Total: \$59,118,415

"Those are the programs that we are seeing around the province that other divisions may have to cut because of the cost ... we feel we are very happy to say we are able to keep our arts programs and vocational programs," she said. "We're not interested in reducing our music or band or performing arts. To us, it's a high priority to maintain and so that's why we highlighted them. We don't want to cut those programs unless we absolutely had to and we hope we never get to that point."

The division is also continuing its support for its French immersion and Ukrainian Bilingual programs.

"We are fortunate enough in this division to offer to language programs," she said."We are keeping good, stable in enrolment in both of our programs and we want to keep those programs going."

Both Brian Spurrill, the LSSD's secretary-treasurer, and Polinuk said they hope the province's education review will result in some changes to the current education funding formula.

"As of January 2019, there's an education review on but there has been very limited discusses so far about the funding formula directly," Spurrill said.

"They haven't really addressed it, we're hoping it will be because is definitely flawed," Polinuk added. "It's challenging when you get thrown these last minute requests."

Earlier this month the minister of education directed school divisions to limit special requirement increases to no more than two per cent. Polinuk said the division was able to meet that requirement.

The LSSD is a collection of 15 schools that encompasses the City of Selkirk and stretches through the communities of Lockport, St. Andrews, Clandeboye, Petersfield, and Libau to the lakeshore communities of Grand Marais and Victoria Beach.

For more information about the LSSD and their 2019-20 budget, visit lssd.ca.

St. Patrick's Day party to benefit Our Daily Bread Soup Kitchen, refugee team

Staff

Those wanting to celebrate St. Patrick's Day in Selkirk are welcome to do so while supporting two community causes.

A St. Paddy's Day Party in support of the Red River Churches Refugee Team and Our Daily Bread Soup Kitchen will take place on Saturday, March 16 at Memorial Hall in Selkirk located at 368 Jemima St. Doors will open at 6 p.m. with a meal to be served at 6:30 p.m.

The event will also feature live music beginning at 7 p.m. by Plain Salt.

According to their website, the band is often billed Often billed as "Prairie Celtic Roots Rock," and their entertaining music originates from a wide range of sources in and around the United Kingdom to offer a truly 'pan-Celtic' experience. For more information about Plain Salt, visit plainsalt. com.

The event will also feature a cash bar, 50/50 draw and a silent auction. Tickets are \$25 per person.

For more information or to reserve your tickets, contact Margaret Speer by calling 204-757-9860.



Gerdau donates over \$3K to refugee team



SUBMITTED PHOTO

Dave Wilkinson of Gerdau, pictured right, presents a \$3,605 donation to Red River Churches Refugee Team (RRCRT) chair Don Forfar, left, with RRCRT directors Leo Fraser and Pam Sitar looking on in February. Gerdau employees participated in a silent auction drive to raise awareness and money to support the three families sponsored by the RRCRT. Forfar says the group is overwhelmed by this support from the Gerdau employees and that not only will this money help the three families that are already living in Selkirk, but also the fourth family that this group is in the process of sponsoring. For more information about the RRCRT, visit rrcrteam.com.

Manitoba marks Mighty Kiwi welcomes indoor Little Free Library

International Women's Day

Staff

The Manitoba government recognized International Women's Day last Friday by celebrating women's accomplishments and continuing its work toward better balance in government.

"International Women's Day is an opportunity to celebrate our economic, social and political advancements, while assessing the challenges that remain,", Premier Brian Pallister stated in a release. "This year's campaign theme – Balance for Better – is a call to all sectors of society to consider how their actions, policies and structures can contribute to gender equality."

The premier and Sustainable Development Minister Rochelle Squires, minister responsible for the status of women, noted the Manitoba government has taken a leadership role in addressing harassment in the workplace for government employees, and has initiated a 'no wrong door' policy for employees to bring forward concerns. Last year, the province released two reports looking at sexual harassment, harassment and respectful workplace policies and procedures in the civil service. The province has also introduced legislation to strengthen and standardize municipal council codes of conduct.

"Our government is leading by example and remain steadfast in our commitment to addressing harassment in the workplace," said Squires. "We have been working to meet all recommendations identified through multiple consultations and all recommendations will be implemented within the next 12 months."

According to Statistics Canada, female executives earned 68 cents for every dollar their male counterparts earned in 2017. The wage gap exists for women across Canada. In 2018, women in Manitoba aged 15 and older made 88.5 cents for every dollar earned by men.

"These statistics are indicative of trends throughout Canada," said Squires. "However, research suggests that inclusion, be it in boards or leadership roles, leads to stronger outcomes overall."

The minister noted that since being elected in 2016 there are now more women than ever serving on government agencies, boards and commissions, with 51 per cent of all new appointees being female.

By Justin Luschinski

The Mighty Kiwi Juice Bar and Eatery is the first local Selkirk business to receive an indoor Little Free Library, a doll-house sized book cabinet that aims to foster a love of reading around the world.

The Mighty Kiwi received their Little Free Library last week and have placed it beside the storefront window, where the fireplace is. Little Free Library is a non-profit organization that provides specially made book cabinets, where patrons can take out and return books from it for free.

There's no charge to take a book out, and patrons can keep their books for as long as they like, or even add new books to the library.

Miranda Schmidt, one of the owners of The Mighty Kiwi, says the library is a perfect fit for her store, which also hosts yoga workshops, open mic poetry readings and attracts a large customer base.

"We've had books available for our customers since we opened ... One day, we got an email, asking if we want a (Little Free Library), and we said 'absolutely," Schmidt said. "We think it's good to promote reading, a lot of the time people come in here, get their drinks, and scroll through their phones.

"It's good to remind people that we have books here."

Schmidt says although the free library is rather new, people have already taken out some books. She added that they have more books behind the counter, so the library will remain full, but she encourages Selkirk residents to add their own books.

The Little Free Library was created in 2009 by an American woodworker named Todd Bol. He created the first cabinet in his garage, which would act as a free book exchange in his hometown.

Bol's doll-house-size book exchange was a tribute to his late mother, a schoolteacher who tutored children in her Michigan home.

Since then, around 75,000 Little Free Libraries have been built, located in 88 countries around the world.

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PUBLIC NOTICE

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The herbicides include: Dicamba, 2,4-D amine, 2,4-D Choline, 2,4-D Ester, Mecoprop, Dichloroprop, Amitrol, Aminopyralid, Metsulfuron- methyl, Diflufenzopyr, Fluroxypyr, Imazapyr, Triclopyr, Picloram, Aminocyclopyrachlor, Chlorsurlfuron, Saflufenacil, Iron (as FeHEDTA), Glyphosate, Clopyralid, Acetic Acid, LI 700, Non Ionic Surfactant, Flumioxazin, & Indaziflam.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

Manitoba Sustainable Development Environmental Approvals Branch 1007 Century Street Winnipeg MB R3H 0W4



Eatery last week. The Little Free Library is a free book exchange, where patrons can take out books for as long as they like, free of charge, and even add new books to the small wood cabinet.

The new Little Free Library sits inside The Mighty Kiwi Juice Bar and

RECORD PHOTO

BY JUSTIN

LUSCHINSKI

10 The Selkirk Record Thursday, March 14, 2019 Riverside Grill gives diners a chance to give back

By Justin Luschinski

Riverside Grill is full of diners, chatting and catching up with old friends over coffee.

It was supposed to be a slow Thursday afternoon, but Julia Reimer, one of the waitresses, is darting around, trying to keep up with all the orders.

Usually, the wait staff can handle the lunch rush, but Reimer's manager, Alyssa Freeman, steps in to start taking orders, and chatting with customers.

Everyone sits patiently, passes the time, and thanks Reimer for bringing them their food. Most patrons understand that Riverside Grill, which is a social enterprise owned by Inclusion Selkirk, exists to give community members living with intellectual disabilities some work experience.

The restaurant works towards earning a profit while contributing to social good – providing volunteer work placements for people living with intellectual disabilities who want to train to work in the kitchen, as a waitress, or in a customer service role, gain experience and comfort in the restaurant industry or develop skills that can be used to acquire another job.

Riverside Grill training includes employers' expectations regarding attendance, vacation and appointments, dealing with the public in a customer service role as well as interacting with co-workers.

Reimer lives with global developmental delay, a mental health disorder that, in her words, "slows her down." It's usually categorized by lower-than-average mental functions, where the person struggles with social skills and reasoning.

Reimer has been working at Riverside Grill for two years now and says it's helped her gain confidence in herself.

"(At first) I felt nervous, and shy. I've always been shy. But (Alyssa Freeman) helped me. I felt like a lot of people (didn't) want to talk to me," Reimer said. "Now, I'm out of my shell. I like meeting people.

"I feel good about myself."

Riverside Grill was built in October 1945. It was owned by the Patzer family, most recently by Larry and Norma Patzer, until around 2012. During that same year, Inclusion Selkirk, back when they were called Community Living Selkirk, acquired the restaurant, and opened it as a social enterprise.

The restaurant is now part of Inclusion Selkirk's skills division, and helps those living with intellectual disabilities job experience before con-



RECORD PHOTOS BY JUSTIN LUSCHINSKI ABOVE: Pictured from left to right: Riverside Grill waitresses Flora Olson, Julia Reimer and Alyssa Freeman of Inclusion Selkirk are pictured inside Riverside Grill recently. Riverside Grill, which is located along the Selkirk Waterfront at 386 Eveline St., is open Monday to Friday from 8 a.m. to 4 p.m.

necting them with more permanent jobs in the community.

The grill looks like a time capsule from the 1950's, with wood booths, pictures of Elvis hanging on the wall, and an old jukebox in the corner that plays old rock classics such. It was redesigned in 2018, after being used as a set for the CBC television series Burden of Truth, but the managers fought to keep it's old-timey aesthetic.

Freeman, Inclusion Selkirk's social enterprise manager, said she pushed to keep the old look of the diner, and the movie crew helped her keep Riverside Grill's iconic neon sign.

"It looks a lot more professional now," Freeman said, adding she credits the show for bringing in some new customers."It's definitely busier, people come here just because they saw us on (Burden of Truth).

"The movie crew actually stepped in, and helped us keep our neon sign. I fought for it, because it's such an iconic part of the restaurant."

Freeman said a majority of the residents know about the Riverside Grill's mission, and everyone is very



supportive.

Selkirk Mayor Larry Johannson said he's happy the grill continues to exist in the city.

"(Riverside Grill) has been a part of Selkirk for a long time. They help give people some work experience, and a chance to work and stay in the community," Johannson said. "We are so fortunate to have Riverside Grill, and organizations like (Inclusion Selkirk), in our city."

Province pledges continued support for canola industry

Staff

In light of recent events, the Manitoba government wishes to convey its strong continued support for the canola industry in this province, Growth, Enterprise and Trade Minister Blaine Pedersen and Agriculture Minister Ralph Eichler stated in a release last week.

In 2018, Manitoba seeded about 3.4 million acres of canola, which is almost 30 per cent of Manitoba's entire cropland.

"Canola is a key driver of the agriculture industry in this province and in this country, and is Manitoba's second-largest export product to China," Pedersen said. "We have had discussions as recently as this morning with the federal government to press them on resolving this issue as soon as possible as our farmers are already making decisions for the upcoming crop year. We will continue to push this matter so that our producers are not caught in the crossfire of an international dispute between Canada and China."

On March 1, Richardson International was notified by China's General Administration of Customs that its registration to ship canola had been cancelled. China is Manitoba's second-largest trading partner, with over \$2.6 billion in two-way trade in 2017, and an important market for Manitoban businesses.

"This move by the Chinese government is not science-based, as we know that all canola exported out of Canada is rigorously inspected by the Canadian Food Inspection Agency," Eichler said. "We will stand up for our farmers and the agri-food industry in Manitoba and work to ensure that this issue is resolved as soon as possible so the best canola in the world, grown right here by our producers, can continue to feed the world."

Both ministers noted that they have had positive and collaborative discussions on this issue, particularly with federal International Trade Diversification Minister Jim Carr and federal Agriculture Minister Marie-Claude Bibeau, as well as discussions with counterparts across the prairies.

Canada exported \$3.6 billion worth of canola to China in 2017, creating 16,150 jobs in China. In 2017, exports of canola seed and products generated \$1.72 billion for Manitoba's economy. About 40 per cent of Manitoba's farms grow canola, representing about 18 per cent of all canola farms in Canada.



> BY BOB TURNER

History is alive and well in Red River North

My last column, which appeared in the Feb. 28 edition of *The Selkirk Record*, introduced the factors that motivated my wife Cynthia and I to move to the Red River North.

I'm finally getting around to the second reason the region appealed to us: the abundance of historical attractions.

River Road Heritage Parkway is a scenic drive through the making of Manitoba. Some of the most significant historic built structures in all of Western Canada are here, and the majority are pre-Confederation. Historic sites like Lower Fort Garry, St. Andrews Church and Rectory, Captain Kennedy House, St Peter Dynevor Old Stone Church, and Thomas Bunn House are priceless treasures.

The Captain Kennedy House and Tea Room once drew 3,500 people a month to enjoy its lovely riverside gardens and tour the area. If the Manitoba Government would see fit to repair it, this would once again be a major draw to the region. (Are you listening, Premier Pallister?) Other historic and architectural gems are Little Britain United Church, the Camere dam and lock at Lockport, the Manitoba Marine Museum, Knox Church, Twin Oaks, Gunn's Mill Site, Selkirk Lift Bridge, Stuart House, and St. Clements Church. The cemeteries associated with the area's old churches offer a visible narration of more than two centuries of local life. Did I say I was getting around to the second reason? Oops; here are a couple more.

What has impressed us the most

is the people. This is a friendly, accepting area, and new ideas are encouraged and welcomed. We had previously lived in a region which preferred the status quo, did not care to try new things, and did not welcome new ideas. We were reminded often that we were not "from" the region, because we had only lived there for 25 or 30 years. By contrast, we were here a mere 10 months and we were already invited to join community activities – one of those being the Red River North Tourism Association.

Forward-thinking, "can-do" attitude is why we have solar panels installed at the Rec Complex, and once activated the building will be one of the largest solar-powered in Manitoba. Geothermal heating was installed when the Rec Complex was built, and the solar panels will help take us even further off the grid. And thanks to that can-do attitude, we have an affordable city-wide bus service; something rare in a small city. How about unique annual events? This positive, friendly, welcoming attitude and abundance of forwardlooking people is part of the reason that the region has such a thriving tourism industry, a burgeoning film industry, and is home to so many unique annual events like: a vintage car rally that attracts 600 or more vintage autos; and the Kids Fish Ice Derby - a huge fundraiser for Children's Hospital and Cancer Care this year attracting over 700 youngsters and 1200 parents.

Summer is filled with varied and dynamic events and activities: mar-

kets and concert series at the Selkirk waterfront, The Triple S Fair and Rodeo, Skinner's Locks Market, Rockin' on the Red, the Garden and Art Tour, Canada Day celebrations and more. Winter brings Homes for the Holidays and Holiday Alley along with curling leagues, all levels of hockey and ringette, plus Selkirk Steelers hockey, snowmobiling and ice fishing. A local fireworks company adds pyrotechnic excitement to many of these community concerts and events.

Manitoba was the only Canadian destination to make Lonely Planet's prestigious list of top travel spots. The Red River North region is one of the reasons for this.

Manitobans and visitors to the province don't have to travel all the way to Churchill to get a taste of what makes Manitoba awesome... come here – there's so much to see and do.

This is a unique place to live. In our two years here, we still haven't seen or experienced half of it.

I originally said that we moved here for two reasons – proximity to family, and historical attractions.

We plan to spend our remaining years here for a number of other reasons that I have tried to cover.

So now, when someone asks Cynthia and I why we decided to move here, we just smile and reply: "How much time do you have?"

– This blog post originally appeared on the Red River North Tourism website, redrivernorthtourism.com

Selkirk praised for being a leader in sustainability

TWITTER PHOTO

Sycamore Energy Inc. gave Selkirk residents a bird's-eye view of their solar panel installation atop the Selkirk Rec Complex via Twitter on Feb. 27. Sycamore said this was their largest roof top installation in Manitoba and it was expected to go live in early March. Sycamore also congratulated the City of Selkirk for being a Manitoba leading municipality in sustainability and using renewable technology.





Daerwood Cadets take part in range training

SUBMITTED PHOTOS

The Royal Canadian Sea Cadet Corps #77 Daerwood had their annual range and leadership training days last Saturday and Sunday. Cadets learned how to use a daisy air rifle inside Selkirk's Memorial Hall. They also participated in leadership classes that help them plot and maintain future goals.





Death Cab for Cutie, Kacey Musgraves to headline 2019 Folk Fest

Staff

Death Cab for Cutie, Kacey Musgraves and Jason Mraz will grace the Winnipeg Folk Festival's main stage this summer under the trees in beautiful Birds Hill Provincial Park.

Organizers behind the event's 46th edition announced their 2019 artist lineup via video last Thursday evening, which features some of the finest folk, roots, bluegrass, pop, rock, indie, country and world music acts from around the world.

Other top acts this year include Half Moon Run, The Sheepdogs, K'NAAN, Alvvays, Charlotte Day Wilson, Kathleen Edwards, The Lone Bellow and many more.

"The Winnipeg Folk Festival is a celebration of music and people transcending time and genre - allowing us to have the likes of 2019 Grammy-Award winning country star Kacey Musgraves on the lineup along with longtime renowned folk figures like John Cohen," Chris Frayer, artistic director of the Winnipeg Folk Festival, stated in a release last Thursday."We are committed to presenting some of the best artists from around the world on our stages and once again this year, we worked hard to ensure we will bring together artists from all genres to collaborate and celebrate with us the power of music."

Alongside multiple musical performances throughout the four-day festival by more than 70 artists, there will also be two new workshops this year including:

• Icelandic Sounds: Icelandic talent will be at the heart of the festival this summer with acts Snorri Helgason, MAMMÚT, Ylja and FM Belfast, according to organizers.

"With so many people in our province having deep connections to Iceland, it will be a one-of-a-kind opportunity for festivalgoers in Manitoba to discover so many artists from Reykjavik through unique workshops and performances over the weekend."

• Pete Seeger's 100th B-Day Hootenanny: Folk legend Pete Seeger would be celebrating his 100th birthday this year and the festival will mark the oc-

Correction

In the March 7 edition of *The Selkirk* Record the "Monument 'a beautiful tribute' to Sagkeeng's missing, murdered" story on Page 8 should have read the monument honouring the First Nation's missing and murdered is called "Ka-ki-gay Pimitchy-yoong Pimatiziwin" meaning "life flows forever." Incorrect information appeared in the previous article. The Record apologizes for the error.



casion with a "hootenanny" workshop including Seeger's past collaborator John Cohen of the New Lost City Ramblers, Eli Smith, Jim Kweskin, Jerron "Blind Boy" Paxton and the Steel City Jug Slammers.

The 46th edition of Winnipeg Folk Festival runs Thursday, July 11 to Sunday, July 14 in Birds Hill Provincial Park. Main stage act Death Cab for

Cutie will hit the stage July 11, followed by Jason Mraz on July 12, Half Moon Run on July 13 and Kacey Musgraves will perform on July 14. The complete main

RECORD FILE PHOTO BY JUSTIN LUSCHINSKI

An excited crowd enjoys the sights and sounds at last year's Winnipeg Folk Festival in Birds Hill Provincial Park. Death Cab for Cutie, Kacey Musgraves and Jason Mraz will headline this year's four-day festival, which takes place July 11 to Julv 14.

free samples

• live music • prizes

• photo booth + more!!!

201 Manitoba Avenue, Selkirk

able at early bird prices until April 30. For more information, visit winnipegfolkfestival.ca.





Local author, illustrator team up to release children's book

By Justin Luschinski

A local author and illustrator will be hosting a children's book reading of their latest book and an illustrator display in Selkirk next month.

Diane Van Wart and Monika Hansen will be reading from and hosting a workshop about their new book, "Wilson and Little Hare Visit the Zoo" at the Gwen Fox Gallery on Saturday, April 6 from 1 p.m. to 3:30 p.m.

Van Wart said she really wanted to make a book, and after discussing it with her friend Hansen, the pair decided to make children's books.

"I was a teacher for a long time, I always enjoyed teaching kids. I remember when my kids would look out the window, and they'd spot a rabbit running around. They'd say 'look mom! Come here!' It was so cute,"Van Wart said.

Both Van Wart and Hansen are lifelong Selkirk residents, and draw a lot of inspiration from the area, and the animals that call the city home.

"Our first two books were based around the animals we saw in our backyards. We take a lot of inspiration from nature," Hansen said.

The books centre around Little Hare, a small rabbit with a very curious mind, wandering around the wilderness with his friend Wilson, a black and white dog based on Van Wart's own pup. The first two books, "Wilson, Do You See It?" and "Wilson, Do You Hear It?" take place entirely in Van Wart's backyard.

The new book, "Wilson and Little Hare Visit the Zoo," revolves around Wilson and Little Hare visiting a zoo, and discovering all the animals there, while learning about the animals that

vww.embassytours.ca E-mail: embassytours@mts.net Celebrating 27 Yea

RECORD PHOTO BY JUSTIN LUSCHINSKI Diane Van Wart, pictured left, and Monika Hansen, right, hold up a copy of their latest children's book, "Wilson and Little Hare Visit the Zoo," in Selkirk last week.

are unique to Canada. The books are supported by Hansen's art, beautiful flowing water colors that illustrate the animals and environment in Selkirk.

Hansen said she was initially nervous about drawing animals.

"My background is in landscape paintings. When (Van Wart) approached me, I was a little worried, because I hadn't really painted any animals before," Hansen said."But after some practice, it turned out quite well. We learned a lot of lessons from making these books, which we're hoping to pass on to any future artists. A book launch for their newest book will take place on Sunday. March 31

will take place on Sunday, March 31 at 2 p.m. at the McNally Robinson in side Grant Park Shopping Centre in Winnipeg.

"WE LEARNED A LOT OF LESSONS FROM MAKING THESE BOOKS, WHICH WE'RE HOPING TO PASS ON TO ANY FUTURE ARTISTS."

<section-header>

For more information about the upcoming book reading and workshop in Selkirk, contact Monika Hansen via email at hansenr@mymts.net.



LSSD CONTINUING EDUCATION

The Flame of knowledge lights the path to your future

2019 PROGRAM

JOIN US AND HAVE SOME FUN!

Phone 785-7312 www.selkirkconed.com

- All classes run subject to enrolment.
- Please register early to avoid cancellation and disappointment!
- All classes held at the High School.
- Classrooms may be subject to change.

REFUND POLICY

- Refunds must be requested **three days prior to course start date less \$15** admin fee.
- For courses cancelled due to insufficient enrollment you will be notified and money will be refunded in full.
- Please note start date, time and location of course. You will **not** be sent a confirmation of registration **unless** registering on-line. You will be contacted **only** if the course is cancelled due to insufficient registration.

CONTINUING EDUCATION PROGRAMS REGISTER NOW!

Swim Registration Begins: March 19th

Continuing Education ~ Lord Selkirk School Division 221 Mercy St., Selkirk, Mb. R1A 2C8 Phone: 785-7312 Registration Hours: 9:30 – 4:00 Melissa Nietrzeba ~ Program Director • Janine McNiven ~ Assistant

Check out our new CLASSES at www.selkirkconed.com

PERSONAL INTEREST MEXICAN CUISINE

Aurora Egesz with \$100

ALL Ingredients Included for a Meal Each Class! Fridays, Apr. 12 - May 3 6:00 – 9:00 pm (4 sessions)

Make Friday Night Fun! So Much Food to Enjoy! Enchiladas, tortillas, carne molida, peppers, Mexican rice, frijoles, mole, pozole, cochinita pibil. At least one vegetarian dish offered each class, such as, nopalitos tacos, coliflor en chipotle salsa, frijoles refritos, tostadas, spinach poblano. Room 172

*NEW - INDIAN CUISINE with Dr. Nandita Selvanathan \$100 ALL Ingredients Included

for a Meal Each Class! Tuesdays, May 21 – Jun. 11 6:00 – 9:00 pm (4 sessions)



In these four weeks, we will create and enjoy four different authentic Indian meals. Including Vegan, Vegetarian and Gluten free options and a traditional favorite, Butter Chicken, Please visit the website for a detailed menu of what's to come! At the end of each class, we will enjoy the fresh meal, just prepared. Please bring a container in case of left overs.

Room 172

ENGINE SMALL REPAIR \$100 Tuesdays, Apr. 23 -May 21

6:00 – 9:00 pm (5 sessions) Ġet your lawn

equipment, chainsaw, log splitter, etc. working this spring. Hands on maintenance for beginners. Learn in a

few easy lessons how you can save on repair and maintenance. Covers basic operating principles and trouble shooting in a relaxed environment. Must be a take home project each week. Please bring a ratchet set, oil, gas, a flat screwdriver, rags, flashlight and pencil. Room 199 Power Mech. Lab

WELDING \$130

Tuesdays, Apr. 9 - May 7 6:30 - 8:30 pm (5 sessions)

For Males/Females ages 18 to 95! No Experience Necessary!

You will learn how to do basic welding procedures in Gas + Mig, plasma cutting, & brazing. Shape metals and weld them together to make a project to take home. Please wear clothing that you don't mind getting holes in and dirty, or coveralls. The welding material you will be using can be purchased through the instructor or can be brought from home. Will be discussed at first class.

Safety glasses and welding glasses #5 or 6 need to be brought to 1st class. Metals Shop

DIGITAL CAMERA FUN with Brent Smile – Bring your camera! **BONUS:** Take \$5 off second class!

TIPS & TRICKS \$35 Thursdays, May 2 & 9

7:00 - 9:00 pm (2 sessions) Basic knowledge & procedures to take great photos & saving/printing pictures. Room 142

TAKE IT TO THE NEXT LEVEL \$35 Thursdays, May 16 & 23

7:00 – 9:00 pm (2 sessions) You've mastered the basic settings; now seek its full potential. Explore creative settings, lighting

techniques, composition & studio photography. Bring camera, take photos & make prints for homework assignment. Room 142

DOG OBEDIENCE

Thursdays, Apr. 11 – May 23 NO CLASS: May 9 (6 sessions each)

Please see website or call the office for full course info. Dogs must be up to date on shots, please bring proof of vaccinations to the first class. Please come equipped with a well fitted collar, 6 foot leash, and lots of tasty treats. No Flexi-Leashes allowed. Please park and enter through back of school. Lower Multi-Purpose Room

PUPPY CLASSES \$75 6:00 – 7:00 pm

BASIC DOG OBEDIENCE \$75 7:00 – 8:00 pm

All ages are accepted. But recommend very young dogs do a puppy class first.

RALLY OBEDIENCE FOR BEGINNERS \$80



and dynamic way to improve your dog's obedience! Whether you are looking to compete, or just have fun, this course teaches you the basics. Geared to those who have never done Rally-O before. Dogs should have already completed a Basic Obedience or Puppy class, and be able to heel on leash, sit, down and stay. Or at least be familiar with the concepts! Please come equipped with a properly fitted collar, 6 foot leash and lots of tasty treats! Lower Multi-Purpose Room

INTERMEDIATE WELDING \$130 Thursdays, Apr. 11 - May 9

6:30 - 8:30 pm (5 sessions)

For those who have previously completed Basic Welding through the Continuing Education Program Upon successful completion of a safety test, students will work on a project of their choice with instructor guidance. Students will also have the opportunity to become familiar with and use a variety of tools within the metals shop. Please bring your own welding

glasses for oxyacetylene welding. Limited shields for MIG welding available, please bring your own, if you have. Metals Shop

CREATIVE SIDE

LEARNING TO DRAW -AGES 16 + \$75 Tuesdays, May 7 – 28 6:30 - 8:00 pm

(4 sessions)

Learn some time tested techniques in seeing and drawing. Let your inner artist flow as you tap into the right side of the brain which holds the ability to draw what you see. No art experience needed. Supplies included.

Room 144

FAMILY CLAY - HAND-BUILDING \$30 per person

Saturday, Apr. 27

10:00 am - 2:00 pm Ages 7 +

Family must include one adult. Learn to make stuff with clay using hand building techniques and tools. Create figurines, super heroes, cups, bowls and more. No experience needed. A great time for parents and kids. Dress for a mess! Supplies included. **Room 162**

PAINTING

\$5!

Bob Ross style painting. Beginners always welcome, no experience required. All supplies included.

Room 162 **BONUS* - Register for Both Same** Day Classes and Save

WATERFALL IN THE WOODS \$70

Oil Painting on a 16" x 20" Stretched Canvas. Saturday, Apr. 13 9:00 am - 12:00 pm

MOTHER'S DAY

ROSES \$70 Acrylic Oil Glaze on a 12" x 12" Stretched Canvas.

Saturday, Apr. 13 1:00 – 4:00 pm

SILENT FOREST \$70

Oil Painting on a 16" x 20" Stretched Canvas. Saturday, May 25 9:00 am – 12:00 pm

LILACS \$65 Mixed Media on a 10" x 10" Stretched Canvas. Saturday, May 25 1:00 – 4:00 pm



MOONLIGHT WAVES \$70

Oil Painting on a 10" x 20" Stretched Canvas. Saturday, Jun. 8 9:00 am – 12:00 pm

FISHERMAN'S TRAIL \$70

Just in Time for Father's Day! Oil Painting on a 16" x 20" Stretched Canvas. Saturday, Jun. 8 1:00 – 4:00 pm

LEATHER WORKS with Amber Cook

All Premium Supplies included! Many different material choices! See Website for Full Class Details. Group Instruction, Please Be On Time

Room 141 FRINGE BOOT \$140

Tuesdays, Apr. 9 - 30 6:30 – 9:00 pm (4 sessions)

LEATHER WRAP BOOT \$145

Tuesdays, Apr. 9 – 30 6:30 – 9:00 pm (4 sessions)

NEW CLASSES with Amber Cook



Come out and experience the wonderful art of soapstone carving. Open to ages from 5 years old to adults. Children under 14 must register with an adult. This class will include your choice of soapstone kit which comes with tools and materials. Loads of animal figures to choose from and different size options. Kit costs are, Small \$20.00, Medium \$30.00, or Large \$35.00. You can preorder your kit from Amber at leatherlady@outlook.com or choose from many options on the day of class. **Room** 233

HOW TO PRICE HANDMADE ARTISAN CRAFTS \$25 Tuesday, May 28

6:30 - 8:00 pm

A discussion & open forum on the many formulas and process on how to price handmade items. Feel free to bring pictures and or items for discussion. Room 141

LANGUAGE CONVERSATIONAL SPANISH \$100 Thursdays, Apr. 11 - Jun. 6 6:30 - 8:30 pm (9 sessions)

Start speaking Spanish as quickly as possible. Learn important phrases for travel, how to express yourself in a variety of practical situations such as how to greet someone, introduce yourself and others, order food, learn numbers, time, days of the week, etc. Each class will have a listening component where students will have the opportunity to practice listening and speaking in Spanish. Room 154

Bonus - Save \$15 and Register for Back to Back Dance **YOUTH CLASSES**

DANCE (Ages 6 - 12) \$70 5:00 – 6:00 pm Mondays, Apr. 8 – Jun. 3 NO CLASS: May 20 (8 sessions)

Come move to the groove with Gabby! Introduction to Jazz, Ballet and Hip-hop dancing. Performance for parents on the final evening!



and Acting! \$120 for Both! ACTING & THEATRE (Ages 7 – 12) \$65

6:00 – 7:00 pm Mondays, Apr. 8 – Jun. 3 NO CLASS: April 22 & May 20 (7 sessions)

Have you ever wondered how to play a specific character for a play? Or how to mime? Or are you simply wanting to just gain confidence? Come join us on Monday evenings for a glimpse into the theatrical world! This class is for beginners, so do not worry if you have no experience. All you need is an open mind and a little creativity!' Theatre

ART CLASSES FOR KIDS (Ages 7 – 12) \$100

Saturdays, May 4 – Jun. 8 10:00 am - Noon (6 sessions)

Have fun with drawing, clay, paint, collage and printmaking. You can get your hands in one medium at a time or a mix of two or more. Be creative and enjoy! Projects may take more than one session to complete. Impress friends and family. **Room 162**

YOUTH SAFETY

BABYSITTING SAFETY \$55 Ages 11-15 Saturday, Apr. 6 9:00 am – 5:00 pm Youth ages 11 - 15 come learn to be a safe, Red Cross Certified Babysitter. Class includes textbook and wallet certificate. Bring a bagged lunch. Library

HOME ALONE \$40 Ages 8 & up Wednesday, May 15 6:00 – 8:30 pm



The Home Alone Program is designed to provide children with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied. Topics covered include, establishing a routine, house key is your responsibility, strangers, telephone, emergencies, basic first aid and internet safety. Kids 8 and up can attend however, the Canadian Gov't recommends kids under the age of 10 should not be left home alone. Room 145





competitive sport, it is also a fun

HEALTH & WELLNESS

HATHA YOGA *Bonus – Save \$20 When You Register for Any Two Classes! \$140 Bring a Yoga Mat! Library

FOUNDATIONAL \$80 Mondays, Apr. 8 – Jun. 10 NO CLASS: May 13 & 20 6:45 – 7:45 pm

Thursdays, Apr. 11 - Jun. 13 NO CLASS: May 9 & 16 5:30 - 6:30 pm (8 Sessions each) Foundational First time to yoga or returnees, learn the foundation of yoga poses in a safe, intelligent manner with compassion towards ourselves.

GENTLE \$80 Thursdays, Apr. 11 - Jun. 13 NO CLASS: May 9 & 16 6:45 – 7:45 pm (8 Sessions)

Gentle (Basic) this class is slow moving with long holds in a Yin or restorative style, inviting the body and mind to respond. Coming home to within. Please bring small blanket or large towel.

FLOW \$80 Mondays, Apr. 8 - Jun. 10 NO CLASS: May 13 & 20 5:30 - 6:30 pm (8 sessions) Flow (Continuing) for those who are familiar

with yoga poses continuing to work on strength, stamina and refinement.

HARD WIRING HAPPINESS \$50 Saturday, Apr. 13 10:00 am - 3:00 pm

Learn how to increase happiness, calm and confidence. Understand how the hidden power of everyday experiences can change your brain and make life more fulfilling.

This workshop is for anyone who wants to make a positive change in thinking, feeling, behaving and connecting with others. Take practical steps to rewire your brain for peace and joy. Room 149



***NEW - INDIAN CULTURE KIRTAN – Ancient Musical** Meditation \$25 Tuesday, May 7

6:00 - 9:00 pm

Sanskrit chants mixed with meditation is an age old practice in mystic India. Nandita learnt how to do Kirtan from her ancestors. Kirtan helps to de-stress your mind and body as well energizes it. Join Nandita for the unique experience of Sanskrit chants, meditation and rare mythological stories from ancient India. Library

MANDALAS **AND MEDITATION \$30**

Tuesday, May 14 6:00 - 9:00 pm This unique workshop invites you to explore your soul through Mandala painting. The



joyful. Through guided meditation, we contact our inner artist. This workshop will give you the tools to use Mandala as a way of de-stressing your body, mind and spirit. At the end of the workshop, you will complete a colourful Mandala. No previous experience is necessary. Supplies included.



SAFETY FIRST **BOAT SAFETY \$70**

Saturday, May 4 8:30 am – 4:30 pm (I session)

ALL boat operators are now required to possess a Pleasure Craft Operator Card (PCOC) regardless of age of the operator or size of boat operated.

Attend our Transport Canada approved course just before the boating season starts. Minimum age to attend – 8 years old. Children under 12 must be accompanied by an adult. Please bring snacks as there is no lunch break. Course includes your Transport Canada test and competency card (PCOC). Course manuals will be available during the class at no charge but may also be purchased from instructor day of class for \$13.00. Room 148

FOOD HANDLERS \$115

Includes work book Saturday, May II 9:30 - 4:30 pm (I session)

Recommended for anyone looking for a job or presently working in the food services industry. Learn the principles of safe food handling and upon successful completion, receive a Province of Manitoba Level I Food Handling **Certificate** (valid for 5 years). There is a short lunch break (30 minutes). Room 141

RE-CERT \$70 Exam only 3:00 - 4:30 pm

Room 141

STANDARD FIRST AID \$135 Saturday & Sunday, Jun. 15 & 16 9:00 am – 5:00 pm Saturday AND 10:00 am - 5 pm Sunday (2 sessions)

Certification is valid for three years and includes CPR C and AED. Canadian Red Cross Certification is recognized by all employers. Library



HUNTER EDUCATION \$70 Saturday, Apr. 13 9:00 am – 5:00 pm (I session) Minimum Age 10



In Manitoba, thousands of hunters take to the field each year. Hunter education courses have contributed to a significant decrease in hunting accidents and an increased understanding of the responsibilities each hunter accepts while hunting. The primary goal of the Hunter Education Program is to help you understand the important role you, as a hunter, have in wildlife management and conservation. Equally important is the safe use and handling of firearms and the ethical and responsible behaviour of all hunters. Students are required to pass the exam to acquire the Hunter Education . Card

Room 142

CANADIAN FIREARM SAFETY COURSE (CFSC/PAL Course) \$100 Saturday, Apr. 13

8:30 am - 6:30 pm (I session) Minimum Age 12 All students need to bring ID and a lunch. Students age 12-17 need to have consent

from their parent. To be eligible to apply for a Possession and Acquisition License, classroom participation in the full CFSC is mandatory for first-time license

applicants. Once the course is completed, individuals will then have to pass the tests. For full course information please visit www.selkirkconed.com or call the office at 204-785-7312. Room 141

CANADIAN RESTRICTED FIREARM SAFETY COURSE (CRFSC

\$100 Saturday, May 25 9:30 am - 5:30 pm (I session) Ages 18+

Please arrive for class at least 10 minutes early, bring a lunch and photo ID.

Individuals wishing to acquire restricted firearms must have the PAL or take the full classroom delivery of the Canadian Firearms Safety Course (CFSC) and the Canadian Restricted Firearms Safety Course (CRFSC), and pass all the tests. For full course information please visit www. selkirkconed.com or call the office at 204-785-7312. Room 142

LET'S GET MOVING!

ZUMBA

\$85 for One (9 classes) *BONUS - \$150 for Twice Per Week -Save \$20 (18 classes) Mondays, Apr. 8 – Jun. 10 NO CLASS: May 20 7:00 – 8:00 pm AND/OR

Thursdays, Apr. 11 - Jun. 6 6:00 – 7:00 pm

Ditch the workout, Join the party! Zumba is a dance-fitness class that incorporates Latin and international music and dance movements, creating a dynamic, exciting, exhilarating and effective fitness system in a party like atmosphere. No dance experience necessary.

\$10 Drop ins Welcome! Cafeteria



BALLROOM DANCE Swing and Salsa! \$95 per person Saturdays, Apr. 13 – Jun. 1 11:00 am – 12:30 pm

(8 sessions)

Christiaan and Deborah are qualified instructors with years of experience in Adult Education. They have a way of making group dance lessons fun while giving you a confidence level that will prepare you for any dance occasion and open the doors to many new dance experiences. The interaction on the dance floor will have you telling your friends to join in the fun! This term we will begin with the fun dances and popular rhythms of, Swing and Salsa! The Pit

TRIBAL STYLE BELLY DANCE \$75

Tuesdays, Apr. 9 – Jun. 11 NO CLASS: May 28 7:15 – 8:30 pm (9 sessions)

Come learn how to shake, undulate and roll! Our new Tribal Style Belly Dance class is a great way to learn to belly dance (something you've always said you wanted to try!) and have a ton of fun while staying active. TS Belly Dance appeals to all ages with our mix of dance steps from around the world and music from all eras and genres. No experience or special equipment is necessary, just wear some comfy clothes and prepare to dance, dance, dance! Cafeteria

MUAY THAI KICKBOXING \$110 Saturdays, Apr. 13 - Jun. 8 10:00 - 11:00 am (9 sessions)

This exciting new class will be dedicated to providing you with an intense workout while you learn the "art of eight limbs", the martial art known as Muay Thai. Our instructor has over

15 years of experience in the fighting arts and has competed for 7 years. We look forward to providing everyone with a safe, fun, engaged and energized environment. Let's kick start your day properly! Ages 14 and up - come out, throw some kicks, feel amazing and have fun! Students will need to purchase a pair of gloves for the second class. Indoor Track

GOLF for Beginners \$75 Age 14 & up Wednesdays, May I – 29

6:30 – 7:30 pm (5 sessions) Interested in Intro to the Game of Golf at an affordable price?

Your instructor will guide you through the basics of the game including stance, grip and swing. Students will get an opportunity to practice all the skills of the game including putting, chipping, approach shots and driving. Will be open to all but tailor to beginners.

High School Gym and Field (Please Meet in Gym)

COMPUTERS

QuickBooks ACCOUNTING \$85 Tuesdays, May 7 – 28 6:30 – 9:00 pm

(4 sessions)

QuickBooks, Canada's #1 accounting solution for small business, saves time on invoicing, bookkeeping and billing. If you run a small business, or are a rental property owner, and are looking for an easy, streamlined, up to date business managing tool, this course is for you! Introductory course covering the basic operating systems and procedures for the most recent version of QuickBooks online. QuickBooks Desktop 2019 will also be discussed. Basic computer skills essential. Last half hour of each class is designated for question and answer. Room 284

MS EXCEL \$100 Wednesdays, May I - 29 6:30 - 9:30 pm (5 sessions)



Come out for five nights of learning MS Excel. We will start with basic cell formatting and move onto several basic functions including MIN, MAX, Average, IF, VLOOKUP, PMT, and more. We will also cover sorting/ filtering, conditional formatting as well as charts. Each night comes with detailed handout and activities for you to keep. Bring along a flash drive and take some template ideas home with you. **Room 277**



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S.C.P. Selkirk Community Pool 2019 SCHOOL - COMMUNITY - POSSIBILITIES Spring Programming The Comp 221 Mercy Street | Selkirk Mb | 204 785 7310

Registration: The following schedule may not exactly reflect the online courses open at the time of registration.

Step 1: Prior to registering >Select the activity – Learn to swim level that best suits the participants needs. **Step 2:** Prior to online registering > search for and note the course codes for courses of interest. **Step 3:** Select the course you want to register for and register.



MUA .

Red Cross Swim

RED CROSS SWIM SCHEDULE



(For purposes here, we define a "family" as an adult and their imr

diate children to a maximum of 5)



SUBMITTED PHOTO Selkirk MLA Alan Lagimodiere, pictured second from right, presents Curl for the Cure creator and organizer, Shayne Merritt, pictured second from left, and other volunteers with an award last week a the Manitoba legislature to recognize the annual curling event in Selkirk which raises funds for the Canadian Cancer Society. Merritt created Curl for the Cure four years ago in high school and the event has raised more than \$55,000 for the Canadian Cancer Society to help provide community supports and fund cancer research.

Celebrating Curl for a Cure







8 tablespoons unsalted butter, chilled

and cut into 1/2-inch pieces 1/4 teaspoon salt

1/8 teaspoon cayenne pepper

Topping

4 ounces creamy blue cheese, finely crumbled

2 cups grape tomatoes, halved lengthwise (see note)

2 teaspoons olive oil

1 teaspoon balsamic vinegar

Kosher salt

1 1/2 tablespoons chopped flat-leaf parsley

2 green onions, chopped to include 2 inches of the green parts

1. Arrange a rack at a center position and preheat the oven to 375 F. Have ready a 9-inch tart pan with a removable bottom. 2. For the crust: Place the flour, cream cheese, butter, salt, and cayenne in a food processor; pulse until the mixture resembles coarse meal. Remove and knead the mixture into a smooth mass and then press it with your fingers in an even layer into the bottom (not up the sides) of the tart pan. Smooth the dough with the

Grape Tomato and

back of a spoon. Freeze the tart shell for 15 minutes to firm, and then bake the crust until golden brown, 30 minutes. Remove the tart shell from the oven and cool for about 5 minutes 3. For the topping: Sprinkle the cheese evenly over the crust. Arrange the tomatoes in a circular pattern and in a single layer over the cheese, cut-sides up. You may not need to use all of the tomatoes. Whisk together the olive oil and vinegar and drizzle over the tomatoes, and then sprinkle with salt. Place the tart on a baking sheet to catch any drippings and return to the oven and bake until the cheese has melted

and the tomatoes are hot, 10 to 12 minutes 4. Cool the tart for 5 to 10 minutes and then remove the sides of the tart pan. (The tart can be made 3 hours ahead. Leave the tart cool at room temperature and reheat in a preheated 350 F oven until warmed through, 8 to 10 minutes.)

5. Mix together the parsley and green onions, and sprinkle over the tart. Cut the tart into 6 wedges and serve. Note: Small grape tomatoes, which have a sweet flavor, work better than larger cherry tomatoes in this recipe and can be used year-round. However, in the summer, feel free to try the tart with one of your favorite varieties. Sweet ones that are on the small side work best.

- **CLUES ACROSS**
- 1. Employ
- 4. Not a starter
- 7. Matchstick game 8. One who receives a
- gift 10. One shows
- highlights 12. Open sore
- 13. Within
- 14. <u>Caesar, comedian</u>
- **16. Investment account**
- 17. A negatively charged
- ion 19. Immoral act
- 20. Cheek
- 21. Lacking in vigor or
 - vitality
- 25. Partner to flow
- 26. Ink
- 27. "Mad Men" actor
- 29. A taunt
- 30. Single
- 31. A very large body of water
- 32. A configuration of stars as seen from the earth
- **39. Herringlike fish**
- 41. No (Scottish) 42. White-breasted N.
- American auk
- 43. American time
- 44. Adult female
- **45. Singer Horne**
- 46. Pronouncements
- 48. From a distance
- 49. Indian term of respect
- 50. One from Utah
- 51. Never sleeps
- 52. Type of bulb



- 2. Used as a pigment in
- painting
- 3. Induces vomiting 4. Fifth note of a major
- scale
- 5. Written in a majuscule
- script
- 6. Brews
- 8. Misfire
- 9. Amounts of time
- 11. The act of perceiving
 - something visually
- 14. Female sibling
- 15. First
- 18. Sodium
- 19. Brother or sister

HOMI

HIGH SPEED

NETFLIX

- 20. Satisfy
- 22. The lands of

- 23. Antiballistic missile
- 24. Taxi
- 27. Covers the engine
- 28. Commentator Coulter
- 29. Mousse
- 31. Witness
- 32. Unlikely to be forgotten
- 33. Bar bill
- 34. Morning
- 35. City south of Moscow
- 36. Highly incensed
- **37. Intricately decorated** 38. Drew closer to
- 39. Beers
- 40. Central China city
- 44. Touch lightly
- 47. Habitual twitching

Please see classified section for Answers

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Thomas looking to lead Fishermen to a CRJHL title

By Brian Bowman

Selkirk Fishermen captain Jeremy Thomas has won a couple of league championships with the Winnipeg Hawks Bantam"AAA" hockey team.

But he has never won a league title at the junior level.

The fourth-year Fishermen would love to end that championship drought this season.

"If we play our game and we're on, we should have a shot at a championship, no problem," said Thomas Monday afternoon.

The Fishermen are currently tied at a win apiece in their best-of-seven se-

ries after losing a tough one Sunday evening to the Falcons in Lundar.

Braden Paulic scored the game-winning goal in double overtime to lift Lundar to a 5-4 victory over Selkirk in their Capital Region Junior Hockey League's semifinal series.

"That one hurt,"Thomas said. "We had multiple opportunities to get the overtime winner but bounces weren't going our way and they were

in their favour after the second (period) all the way to the end of the game. It sucks that it ended that way."

Selkirk's Dane Derewianchuk had tied the score at 4-4 with a power-play goal with just 16 seconds remaining in the third period.

"That was huge," Thomas said. "(After that goal), momentum kind of went in our favour for the first overtime and then we started getting tired."

Travis Spratt and Thomas Mironuk scored to give Selkirk a 2-0 first-peri-

od lead but Lundar came back with a	
pair of goals from Josh Wilkinson.	

The Fishermen's Evan Bedard and the Falcons' Mason Medeiros then traded goals before the second period ended. Medeiros' goal was a shorthanded marker at 14:45 of the period. Lundar's Xavier Halterman added a

power-play goal midway in the third. Chris Lesage made 33 saves for the win.

The Fishermen started the series with a convincing 7-3 win over the Falcons in Selkirk.

"We just played a simple game," Thomas said. "We got pucks deep, played the body, we

were just on our game that game." Spratt led Selkirk with

two goals and an assist while Juliano Garcea had a goal and two helpers.

Reece Tessier, Josh Poponick, Chad King, Mironuk and also scored for the Fishermen.

Halterman continued his strong play in the playoffs with two goals. Eric Miller scored the

Falcons' other goal. Selkirk was 3-for-8 on the power play while Lundar finished 1-for-3.

The Fishermen outshot the Falcons 45-24 as Austin DeBoer earned the win in goal.

Twenty one of those Selkirk shots came in the second period as the Fishermen outscored the Falcons 3-1.

Game 3 of the series will be played Friday (7:30 p.m.) in Selkirk, followed by Game 4 on Sunday (7 p.m.) in Lundar.



#35 Riley Bannerman, Goalie



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Travis Spratt scored twice and added an assist in Selkirk's 7-3 win over the Lundar Falcons in Game 1 of their best-ofseven semifinal series last Saturday. The series, currently tied at a win apiece, will return to Selkirk Friday for Game 3.



RECORD PHOTO BY BRETT MITCHELL Fishermen forward Juliano Garcea looks to fire the puck during playoff action against Lundar on Saturday.

"IF WE PLAY OUR GAME AND WE'RE ON, WE SHOULD HAVE A SHOT AT A CHAMPIONSHIP, NO PROBLEM."

Steelers trail Oil Capitals in MJHL playoff series

By Brian Bowman

Kolten Kanaski has been a real pain in the keister for the Selkirk Steelers so far in their playoff series.

After scoring the game-winning goal in triple overtime on Friday, Kanaski followed that up with a natural hat trick in the third period Sunday to snap 1-1 tie and lift the Virden Oil Capitals to a 5-1 home-ice victory.

"He's a really good player and he'll make you pay," said Nick Lubimiv, the Steelers' head coach and manager of hockey operations. "He goes to the right spots and the puck gets to him. We have to do a better job to make sure he doesn't have much time. We have to get on him and we can't leave him alone in our end."

Blake Burr gave the Steelers a 1-0 lead with a goal late in the first period but Virden's Dylan Halliday tied the score at 1-1 midway in the second.

After Kanaski's hat trick, Gimli's Jack Einarson added an insurance marker

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late in the game.

Virden led the MJHL best-of-seven, first-round series 2-0 heading into this past Tuesday's Game 3 in Selkirk. A win on Tuesday would pull the Steelers right back into the series.

"The guys know and we're aware of the situation," Lubimiv said. "We felt we should have won Game 1 and in the first 40 minutes of Game 2, we thought we should have been up one or two (goals)."

In Game 1 of the series last Friday in Selkirk, the Steelers lost an epic 3-2 triple overtime game to the Oil Capitals.

Kanaski scored the game winner on the power play at 16:35 of the third overtime period. The goal came late in a five-minute power play when Connor Barley was assessed a major penalty for a blow to the head.

Earlier in the third overtime, Steelers' forward Ryan Sokoloski was stopped by Oil Capitals' goalie Dalton

Skaters shine at provincial championships

The East St. Paul Figure Skating Club was well represented at the Skate Canada Manitoba STARSkate

Championships in Winkler over the weekend. Pictured left to right, Audrey Litster competed in the Star 3

Free Program, Cassidy Friesen in the Star 1 Free Program and Holly Profeta in the Star 3 Free Program.



RECORD PHOTO BY LANA MEIER

The Steelers' Carter Barley wins a face-off against the Oil Caps Kolten Kanaski at the Friday night game. The Steelers lost 3-2 in triple overtime.

Dosch on a penalty shot.

Carter Barley had tied the score at 2-2 at 17:45 of the third period.

After the first two periods were scoreless, forward Noah Basarab of Gimli gave the home side a 1-0 lead 1:31 in the third. Carter Barley and Nate Halverson assisted on the goal.

But Virden's Keegan McPherson responded with a goal just 20 seconds later and then Hunter Coutier gave Virden a 2-1 advantage at 9:13 of the third. The goal was assisted by Einarson and Josh Belcher.

Selkirk was 2-for-5 on the power play while Virden finished 1-for-5.

Game 4 will be played this Thursday in Virden.

All of the games in the series will be played at 7:30 p.m.



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RECORD PHOTOS BY RICK HIEBERT



Annual Selkirk men's curling bonspiel winners



RECORD PHOTOS SUBMITTED

The Selkirk & District Curling Club held its Men's Bonspiel last Friday through Sunday. The bonspiel started with 16 teams and ran three events throughout the weekend. Pictured, left to right, first event winner – Team Boehmer (skip Dave Boehmer, third Terry McRae, second Kerry Fedorchuk, and lead Tom Want). Middle picture, the second event winner – Team Dola (skip Gary Dola, third Bob Frysa, second Allen Campbell and lead Orest Byblow). The third event winner featured Team Goodbrandson (skip Laurie Goodbrandson, third Rick Mabee, second Wesley Gilbart and lead Lyle Miller).

Flames douse Royals in Game 1 of WWHSHL final

By Brian Bowman

The Selkirk Royals knew the St. Mary's Academy Flames would be a tough team to beat in the Winnipeg Women's High School Hockey League final series.

St. Mary's won Game 1 of the series on Monday as Julia Bird scored twice and added an assist to lead St. Mary's to a 4-1 win over Selkirk at the Bell MTS Iceplex.

Dani Bobrowski and Maia Ehmann also scored for the Flames, who grabbed a 3-0 lead just 10 minutes into the game.

"We came out and looked nervous in the first period," said Royals' head coach Noah Cain. "We made some bad mistakes but after that we settled down a little bit and I thought we outplayed them in the second and third periods."

Turnovers were a problem for the Royals in Game 1.

"They're too good of a team to make mistakes like that against," Cain stressed."We had three or four turnovers in the first 10 minutes and they're going to put those in the net." Cienna Palmer scored for the Royals with 5:29 remaining in the third period.

Selkirk outshot St. Mary's 31-26.

The Royals were 0-for-6 on the power play while the Flames were blanked in two opportunities.

Game 2 of the best-of-three series is slated for Wednesday. Game 3, if necessary, would be played Thursday.

Both games will be played at 5:45 p.m. at the Iceplex.

It's must-win time now for the Royals.

"We've been in elimination games before," Cain said. "This is our third elimination game of these playoffs, so we know what it's like to play in games like this. I think the girls are going to dig deep and they know they have what it takes. They know they're good enough to beat that St. Mary's team if we play well.

"Hockey is a funny game - anything can happen on a given night," he added.

Raiders ready for playoffs



RECORD PHOTO BY LANA MEIER

Kale Ilchena (15) and the Raiders Jr. Hockey Club will begin their Manitoba Major Junior Hockey League playoffs with a first-round, best-of-seven playoff series with the Stonewall Jets. Ilchena scored 15 goals and had 25 assists to finish second in team scoring with 40 points during the regular season. The Raiders, who have several local players on their roster, finished second overall in the MMJHL with a 29-11-5 record and 63 points.

Clifton concludes stellar high school hockey career with the Royals

By Brian Bowman

The Selkirk Royals' girls' hockey team won a lot of hockey games this past season.

And a big part of that success was the stellar play of starting goaltender Jodi Clifton.

Clifton was spectacular during the regular season, posting a league-best 18 wins to go against just three losses. She also compiled an impressive 2.23 goals-against average and a .910 save percentage.

Clifton also led the league in shutouts with three.

"Right from the beginning, we set our goals and we've accomplished basically all of them already," said Clifton, currently in Grade 12 and in her third season as a Royal, last week. "It's been a really good year."

It's also been a really good high school career for Clifton.

"I had a pretty good season," she said. "I set goals for myself at the beginning of the season because this is my last year of Royals' hockey. I definitely stepped it up as much as I could to prove to my team."

As good as Clifton was in goal, the Royals have some very good blueliners and a tremendous group of talented forwards, led by the league's leading scorer, Rayley Goetz.

"Rayley has been really good for us," Clifton praised. "She's a very confident player and she definitely helps us out when she needs to and she's been a very good teammate."

Selkirk had a knack for scoring late goals to win games. They also won the majority of close games that they were in."

"We always know that we can come back and we never lose hope that we can come back when we're down," Clifton said.

Clifton was hoping the Royals could win a league title in her final high school hockey season. But Selkirk, the top team during the regular season, knew they would have a tough matchup with the second-place St. Mary's Academy Flames.

"We just have to play our best and the way we can," Clifton said. "They have a really good team and a strong defence. We have to be confident and do what we have to do."They're a confident team and they have good forwards and a few good scorers and a good defence."



RECORD PHOTO BY LANA MEIER

The Selkirk Royals' Jodi Clifton led all goalies in wins (18) and shutouts (three) this season.

Clifton feels strongly that the Royals' girls hockey program, under the direction of head coach Noah Cain, is definitely moving in the right direction. "In the last three years since I've been here, we've always gotten better and improved," Clifton said. "My coach has been a very strong influence by giving up his free time for us."

Gimli's BJ Neufeld wins Tim Hortons Brier

By Ty Dilello

In a highly dramatic Sunday night Tim Hortons Brier final in Brandon, Alberta's Kevin Koe prevailed over the Wildcard Brendan Bottcher rink 4-3 to clinch a fourth Brier title for the Calgary skip.

Koe was the best team all week going an undefeated 13-0 and will be tremendous representatives for our country at next month's World Championship.

Gimli's BJ Neufeld is the third for the Koe rink and this was his first Brier title. Neufeld has previously curled in three Briers during his 11-year tenure with Mike McEwen but never could break through and win a big National Championship until Sunday. Neufeld showed no signs of nerves at Westoba Place as he curled 89 per cent and made several key shots to help Alberta win a record 27th Brier.

For the Bottcher rink, despite the loss, they proved once again that they are one of the best teams in the world with their solid performance all week that goes all the way back to the Wildcard play-in game they had to win over John Epping just to get into the event.

sive battle for the ages. Points were hard to come by and after seven ends Koe led Bottcher 2-0. After breaking through with a deuce in the eighth end, Bottcher would also steal the ninth end to lead 3-2 coming home. The 10th end was looking like Koe was going to be forced to a single point all end long and an extra end was going to be needed. That was the case until Bottcher's last-rock draw sailed a little deep, leaving Koe a very precise board-weight quarter of a rock double for the win. With the clock ticking down, Koe bared down and made the shot by literally less than an inch to win the Brier.

It was a very disappointing week for Team Manitoba which saw West St. Paul's Mike McEwen, Reid Carruthers, Derek Samagalski and Colin Hodgson finish with a 6-5 record, missing the playoffs by a couple of wins. The West St. Paul squad had moments of brilliance and moments of failure to sum up their week, losing a couple of games they probably should have won to the Wildcard team and Yukon.

At the end of the 11-game modi-



Successful season

RECORD PHOTO SUBMITTED

The Selkirk Stingers U12-A4 team won silver medals in the Winnipeg Ringette League final last Saturday. The team included seven girls playing ringette for the first time this season.

The team included Liz Maxwell, Ashley and Julia Gidilewich, Elizabeth and Natalie Hladun, Petra Zuk, Madison Bell, Nova Rerie, Addison Enns-Demchuk, Elissa Marques, Ellie Tolpa, Danica Milbrandt, Sam Tidsbury and Danelle Robson. Coaches were Gillian Maxwell, Shelly Marques, Janique Robson and Kris Gidilewich. The manager was Michelle Zuk.

This year's Brier final was a defen-

Continued on page 25

Dolphins swim fast

Staff

The Selkirk Dolphins wrapped up several days of fast swimming at the Pan Am last weekend.

This was a heats and finals format meet which attracted more than 360 swimmers from the west coast to Toronto regions.

The Dolphins had seven swimmers registered to race against 24 other clubs.

The local club's top medal winner was Hannah Andrusyshyn, 11, from Winnipeg. She swam preliminaries in the morning and raced again in the finals of the 200-metre butterfly (improving her personal best by 10 seconds).

Her younger brother Levy, 9, competed in six events in the 13-and-under male category, placing a high of 19th with 100 per cent best times.

Braxton Case, 12, of Selkirk raced in six events and made consolation finals in the 100m and 200m breast, finishing 11 and 12, respectively, with 100 per cent improvement in times.

Lolita Duschinger, 14, from the Vil-

lage of Dunnotar, raced in the maximum seven events - making finals in the 100m breaststroke and consolation in the 50m free. She finished top 16 in six events.

Nick Duschinger raced in six events at the four-day meet, making consolation finals in the 100m breast and 200m free, placing top 16 in four events.

East Selkirk's Ian Gurney entered four races, finishing top 16 in the 50m breast.

The Dolphins are now taking a break from racing while continuing to practice until spring break.

They plan to compete in Brandon and Kenora in April.

"It has been an exhausting season so far with many meets from general training type to high level qualifying competitive," said Dolphins' head coach Michelle Stamm. "The swimmers are sore and tired and need a break. So far, the year has been fantastic and we look forward to the next few months of training and competition."



RECORD PHOTO SUBMITTED

The Selkirk Dolphins competed at a meet at the Pan Am Pool last weekend. Pictured, Ian Gurney, Nick Duschinger, Shawn Jiang, Levy Andusyshyn, Braxton Case, Gabby Alyea, Lolita Duschinger and Hannah Andrusyshyn.

Magic win U16, U19 provincial ringette titles

Staff

It was a magical weekend for Magic AA ringette teams.

The U19 Magic swept the BVRA Angels in a best-of-three final series. Game 1 saw the Magic lead 2-1 at the half before scoring four unanswered to win 6-1.

In Game 2, the Magic's Brooke English scored the game-winning goal in a 3-2 overtime win.

The Angels had tied the score at 2-2 with about five minutes remaining in the second.

Stonewall's Shae Mulvihill was in goal for the Magic in both games, seeing 30 shots in Game 1. The only goal she allowed was on a two-man disadvantage.

In Game 2, Mulvihill was outstanding as she stopped 56 shots allowing just three goals.

At the U16 level, the Magic defeated the Angels 2-1 in their best-of-three series.

The Angels won the first game but the Magic were victorious in the next two contests. No scores were available at press time.

Both the U16 and U19 Magic teams will now compete at the Canadian Ringette Championships April 7-13 in Charlottetown and Summerside, P.E.I.



RECORD PHOTO BY DEREK FROST-HUNT The U19 Magic will be heading to the Canadian Ringette Championships April 7-13 in P.E.I. Interlake players, left to right, include Rikki Frost-Hunt, Shae Mulvihill, Emily Lazaruk and Charlotte Wilmott.

> BRIER, FROM PG. 24

fied round-robin, four teams were left standing: Alberta (Koe), Northern Ontario (Jacobs), Canada (Gushue), Wildcard (Bottcher). Koe blasted Jacobs in the 1v2 game while Bottcher dispatched the two-time defending Brier champ Gushue rink in the 3v4 game. Sunday afternoon's semi-final saw Bottcher overcome Jacobs in a 5-4 back-and-forth barnburner to set up the all-Alberta final.

The 2019 event marked the third time that the Tim Hortons Brier was held in Brandon and the first since 1982. At the end of the week, the First-Team All-Stars were as follows: skip Brad Jacobs (Northern Ontario), third Ryan Fry (Northern Ontario), second E.J. Harnden (Northern Ontario), lead Dallan Muyres (Saskatchewan). The Second-Team All-Stars were skip Brad Gushue (Team Canada), third BJ Neufeld (Alberta), second Brett Gallant (Team Canada), lead Colin Hodgson (Manitoba). Darren Moulding, third of Team Wildcard, took home the Ross Harstone Sportsmanship Award.

On the Sunday morning before the final, Selkirk Curling Club's Kaimen Doyle won the Provincials for Hit Draw Tap and took home a big trophy for his efforts.

Neufeld and the rest of Team Koe (Kevin Koe, Colton Flasch, Ben Hebert) will now represent Canada at the upcoming 2019 World Men's Curling Championship to be held from March 30 to April 7 at the ENMAX Centre in Lethbridge, Alta.





Seasonal **Help Wanted**

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2019 SPRING WEIGHT RESTRICTIONS The Public is hereby advised that the 2019 Spring Weight Restrictions will commence on March 15th through May 31st, 2019 unless otherwise notified. The R.M. of St. Andrews will follow the same time frame for restrictions as

PUBLIC NOTICE

Manitoba Infrastructure and Transportation. Loading will be restricted to 65% of normal loading (65 kg per 10mm of tire width) on all hard-surfaced roads. All other roads in the RM of St. Andrews will be restricted to 90% of Legal Axle Weights. A complete list of roads and updates can be found on our website at www.rmofstandrews.com.

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All tenders should be clearly marked: "Gravel HAUL Tender - 2019"

Shall be delivered in a sealed envelope to: The Rural Municipality of Alexander Attn: Jason Green, PW Manager **1 Bouvier Trail**

P.O. Box 100, St. Georges, MB ROE 1VO

Sealed tenders must be received by: noon on the 29th day of March, 2019.

All proposals shall be opened on the 29th day of March, 2019 at 1:00 p.m. in the RM of Alexander Council Chambers. This will be open to the public. Lowest or any tender may not necessarily be accepted.

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REQUEST FOR TENDER

age: Ritchie Bros. Real Estate Services Ltd.; St. Andrews Airport Inc. invites tenders for the rbauction.com/real leasing of Agricultural Land at St. Andrews SCRAP METAL Airport, at St. Andrews, Buying scrap metal, Manitoba. The land tractors, comavailable is Three Hunbines, farm scrap, any dred and Nineteen and material, any Thirty Four Hundredths Ph (319.34) hectares / Lonnie at 204-886-789.09 acres, more or 3407 lve. message or less. The lease is for a five year period (5 years) (2019 - 2023) cell at 204-861-2031. with possible extension for an additional five (5) years (2024 - 2028). In Tollak Place has 1 & addition to the Lease of 2 bedrooms available. Agricultural Land, the Nice quiet area located successful Tenderer will at 40 Eveline St. Tollak be permitted to cut and 1 spacious 2 bdrm. remove hav in unleased fridge, stove, air condiareas on the airport. tioners, large storage Tenders clearly marked area and large balco-Agricultural Land Tennies, utilities included, der - will be received by parking extra. Tollak 2 the undersigned until is a 55 plus bldg. River-3:00 pm, April 16, 2019. view apts. with central Tender Specifications air, units have fridge, are available from the stove, dishwasher, mi-Airport Office at 705 crowaves and a large South Gate Road. All storage area off the enquiries should be kitchen, also have baldirected to Craig Skonconies, utilities and berg, Executive Direcparking extra. Call 204tor, St. Andrews Airport 482-2751 for more in-Inc. at (204) 336-3250 or staai@mymts.net

EMPLOYMENT

WANTED Capable male willing to do all kinds of work from breaking ice to hauling garbage, and cleaning out garages! Part-time or full-time. Call Mike at 204-671-0003 or leave message

204-378-2905.

HELP WANTED LAUNCH your career! **BLAST-OFF** Fireworks requires FT/PT warehouse personnel for summer positions. Competitive wage, great team atmosphere, benefits, potential for

permanent employment & advancement. Apply at 609 Greenwood Avenue, Selkirk; or e-mail: hr@blastofffireworks. ca using subject "Warehouse". Looking for an EXPLO-SIVE part-time job?!

BLAST-OFF Fireworks reauires seasonal "Class 5" delivery drivers. Perfect for the semi-retired individual: home nights, scheduling based on demand. Must possess customer service skills, outgoing personality. Competitive wage & benefits. Apply at 609 Greenwood Avenue. Selkirk: or e-mail: hr@blastofffireworks.ca using subject "Driver".

HELP WANTED Gaffer's now hiring dishwashers. prep cooks and line cooks full and part time. Please email resume to gaffers.inc@shaw.

са

Gaffer's now hiring bartender/servers. Must have Safe Server/Smart Choice Certificate and previous experience. Please resume to email gaffers.inc@shaw.ca

PIZZA DEN Restaurant in Stonewall is hiring a part time or full time evening cook, shifts include weekends. Previous cooking experience required. Go to pizzaden.ca to see menu. Self-starter, able to multi-task, team player. Call or text 204-799-2423 or email resume to robert.magnifico@ amail.com

Midtown Barbershop is seeking a licensed barber/men's stvlist. Must be professional and self-motivated. Experience with classic and modern men's cuts/styles is necessary. Great opportunity to build a solid clientele with plenty of walk-in traffic. Email your resume: midtownbarber shop@shaw.ca Or drop off at 226B Manitoba Ave. during



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MISCELLANEOUS

WANTED

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Weekly Community Newspapers. Call us at 204-467-5836. Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The

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1-877-775-8271 www.

battervman.ca

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Sealed, Pruned and Led. Trans-denominational. Transcultural and Trans-generational. If these words speak to your heart please e-mail or call for Bible study, mentorship encouragement. and kknaggs@mvmts.net Lockport 204-757-2300 leave message.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development, Stonewood Elk Banch Itd. 204-467-8884 or e-mail stonewoodelkranch@ mvmts.net

STRAW FOR SALE

Small squares, wheat straw. Call 204-482-5101 leave message.



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ANNOUNCEMENT

CARD OF THANKS

Thank you to the wonderful person who found my purse in Walmart parking lot on February 26th. I will be forever grateful for your kindness and for saving me from a lot of anguish. Thank you from the bottom of my heart! May you be showered with many blessings.

CARD OF THANKS

We wish to thank our family, relatives and friends for the many expressions of sympathy, cards and phone calls in the passing of Edith Stapleton (Mum, mother-in-law, sister-in-law, aunt, cousin and friend). Thanks to everyone who attended her funeral and shared memories. Thanks to Gord Wevursky of Fisher Funeral Home for taking care of all the arrangements, James Thiessen for officiating the service celebrating Mum's life, the pallbearers, those who assisted with the graveside preparation and the Mixed Grill for the delicious lunch.

Special thanks to the wonderful staff at Red River Place in Selkirk for their excellent care and friendship while Mum was a resident. Your thoughtfulness will always be remembered.

SUDOKU

5

6

8 7 2 9

1 3

5

Here's How It Works:

6 7

7 8 5 1 2 6 9

986

3 6 7 2 8

5 6 4 8 7 1 3 5

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8 1 5

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9 1 1

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9 8 L 9 7 З F 6

81

1

4

3 4

2 9

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3

L

Crossword Answer

9 Þ

F 2 4

7 8 2 9 6 9

2 8 2 3 3 3

1

6 7

- Doug and Alice Aime

2

6

9 4 3

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine

3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each

row, column and box. Each number can appear only once in each row,

column and box. You can figure out the order in which the numbers will

appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9

7

Level: Intern



the moment you . savvy to the test!

square off, so

sharpen your

pencil and put

your sudoku

- Homes! mind awareness
 - business, product, job, announcements
 - We format it to
 - Starting at \$239.00 (includes 35 lines of
 - space) The ads blanket the
 - MCNA's 48 Manitoba community newspapers
 - means of getting vour message out to the widest possible

Contact this newspape

204.947.1691 or email



- province and run in
- Very cost effective
- audience

. NOW or MCNA at

- classified@mcna.com
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Sudoku Answer

28 The Selkirk Record Thursday, March 14, 2019

assinces SellankRegor Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENT IN MEMORIAM



Alfred Coumont 1935-2009 Light a candle, see it glow, Think of me, think of light, I'll always be here, day or night. A candle flickers, out of sight, I have not left, I am not gone, I would never leave you, together we will be, Forever, you and me.

ANNOUNCEMENT IN MEMORIAM



Brian Lamb 1940-2009

Watch it dance, when you feel low But in your heart, I still burn bright. Think not of sadness, that I am not near, Think of gladness, and joyous cheer. I will always be with you, my loved one. So when you light a candle and see it glow, You watch it dance in your heart you'll know;

ANNOUNCEMENT

IN MEMORIAM

Don Pearson March 14, 2013 In Loving Memory



ANNOUNCEMENT

William Gamble December 18, 1969 - March 15, 2005 Always in our memories. Forever in our hearts. -Love Mom, Dad, Tracey, Bryan,

Holly and Clair

-Love Virginia, Shirley, children, grandchildren and great-grandchild



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-Brenda





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ANNOUNCEMENT



In Loving Memory of my Dad Mitchell Irvine July 6, 1954 - March 12, 1979 What I would give to hold his hand, And his happy face to see: To hear his voice and see his smile, That meant the world to me. -Loved and missed by son, Dave ANNOUNCEMENT IN MEMORIAM



Inez Mayo - March 18th Linda Johanson -Heavenly Birthday March 10th I've taken many walks to ease my mind and mull over good byes. I miss the laughter, and fun times we shared. Mom, Auntie, Nana, my three hearts united as one. Till we meet again.

George Timlick December 18, 1945 - March 6, 2019

After a hard and courageous battle with cancer, we had to say goodbye to our dear husband, father and grandfather. George will be truly missed and is survived by his wife of 34 years, Lindsay (nee Rennie); children Jacqueline (Raymond) Rayburn, Derek (Trisha) Wray; his three grandchildren whom he loved dearly, Fletcher, Sadee and Tyson. Also surviving George is his sister Betty Danyluk and brother Dave Timlick as well as brother-in-Law Graeme (Jane) Rennie and their respective families.

The family would like to say a special thank you to Riverview Health Centre, 3 East for all their care and kindness.

In accordance with George's wishes, cremation has taken place. A private family interment will take place with his ashes at a later date.

In lieu of flowers, donations may be made in George's memory to Little Britain United Church Cemetery.

We invite family and friends to leave their condolences on his tribute wall at www.gilbartfuneralhome. com

Gilbart Funeral Home, Selkirk in care of arrangements.









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NEW 33 MURDOCH DR. PETERSFIELD \$619,000 Picture perfect waterfront! 2013 two-story 3 bed, 2 bath, loft. DT 2 car 24x24. IEW 405 NETLEY AVE. SELKIRK \$299,990 Lovely family home on large lot. DT 2 car 24x32.

<mark>GHTON BAY RD. PETERSFIELD \$35,000</mark> Building lot 141 ft x 278 ft

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