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RECORD PHOTO BY BRETT MITCHELL

Gord and Zoey Amirault (centre), and Elizabeth Smerchanski (left) are encouraging the Jets to do their best. This year Gord built a snow sculpture which included a skate, the Stanley Cup and more hockey-themed items to cheer on the Jets. Learn more inside.

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Jets fan builds snow sculpture to show support

A hockey fan has built a giant Winnipeg Jets-themed snow sculpture in his yard in Selkirk to show community support for the team.

Every year since 2007 Gord Amirault has made snow sculptures at his house on Reid Avenue as well as his sister's house. Amirault and his kids come up with a new theme for the sculptures every year, with this year's focus on the Jets.

"I usually get some pretty positive reactions to most of the sculptures, and I think it's mostly just because of the timing, because you're in the humdrums of winter by this time," Amirault said. "A lot of people are looking for anything to talk about other than how cold it is or how much snow they got."

This year's structure features a hockey skate, helmet, Stanley Cup, Jets' logo and a couple of encouraging messages ("Good luck" and "Let's go Jets").

"I don't want them to have any pressure to win, but I want them to just enjoy this moment of their life where they have an opportunity as a really great team to achieve their goals," Amirault said.

The way the Jets are playing this year, particularly their cohesiveness, has really stood out to Amirault. He was reminded of the impact of support from a team's community after listening to a podcast that featured Wayne Gretzky.

"He was talking about back when he played with Edmonton how much he enjoyed the community support that they felt when they were a team when they were running for the [Stanley] Cup," Amirault said.

Amirault, a firefighter with the City of Winnipeg, said building the sculp-

tures each year allows him to burn off energy, get outside and enjoy the weather. This year, it took Amirault about a week to make the snow block and another five days to carve it. After running out of snow from his yard, Amirault brought snow over from Little Lake Park using his snow-

The sculpture's main block is eight feet wide, eight feet deep and eight feet tall, plus there's an additional block that's four feet wide, four feet deep and eight feet tall, though with the warm weather, the sculpture lost a couple feet of height. Amirault also included a couple of wooden supports up the centre to keep the structure straight.

"Some people like to do crossword puzzles or things like that," Amirault said. "Sculptures are like a puzzle for

When Amirault was young, he liked to draw but would get frustrated because he couldn't draw in 3D, which would be more realistic. So he got into sculptures.

His parents bought him an exacto knife, and eventually, he started to focus on woodcarvings, which he still does today. One year while he was at Festival du Voyageur, he was inspired by the snow sculptures he saw there and thought he'd try to do one him-

For each snow sculpture, after he and his kids choose the theme, he'll create preliminary drawings to help guide his carving.

"There's a point in time when you're carving it, where all of a sudden, you're like, 'Oh my god, I hope this turns into something that someone is going to recognize,' and then you

Continued on page 4





Celebrating Chief Bluesky



RECORD PHOTO BY KATELYN BOULANGER

Chief Gordon Bluesky was acknowledged by Justin Woodcock of the Southern Chiefs Organization's First Nations Veterans Program for his service and sacrifice as a US Navy veteran at a celebration event at Sergeant Tommy Prince School last week. Bluesky was honoured by being blanketed in a poppy quilt. Learn about other aspects of the celebration event on page 9.



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> SNOW SCULPTURE, FROM PG. 3

pull it back, and I think that's the rewarding aspect of it — pulling it into something that's recognizable," Amirault said. "I don't really look at it as artwork. I just kind of look at it as something that's positive that the community can look at."

While he doesn't necessarily think of his sculptures as pieces of art, he does recognize that public creations like this allow art to be more accessible to the community.

"I think that sometimes people get

wrapped up with art and only a few select people get to really appreciate great arts," Amirault said. "This is something here that can only truly be appreciated by people who come to appreciate it. Nobody can own it. Eventually, in a couple of months, it's going to be completely gone."

Amirault encourages people to stop by the sculpture to take photos and show their support for the Jets, as long as they are respectful to the property and are careful.



RECORD PHOTO SUBMITTED

The snow sculpture is made of a main block that was 8' wide, 8' deep and 8' tall with an additional block added to the top that was 4' wide, 4' deep and another 8' tall. This is the tallest sculpture that Amirault has attempted yet.



Manitoba RCMP raise awareness during Fraud Prevention Month

Submitted by Manitoba RCMP

The Manitoba RCMP will be taking to social media throughout the month of March to mark Fraud Prevention Month. Fraud is one of the fastest growing crimes not just in Manitoba, but in Canada.

In 2023, Canadians lost \$567 million dollars; in Manitoba, that number was over \$9 million dollars.

There are a number of different ways fraudsters work to obtain the information they are seeking from victims, which can result in a financial loss. Communication through various me-

diums like WhatsApp, and Facebook, or unsolicited emails or text messages are the biggest culprits. With the emergence of Artificial Intelligence (AI), people should be as vigilant as ever. AI is opening the door to more elaborate deep fakes used in conjunction with scams and also allowing fraudsters to scale their operations to levels far beyond what they handled in the past.

Investment fraud is on the rise, and one of the top scams where victims tend to lose money, especially in Manitoba. The promise of big returns on websites that look authentic entices people to invest large amounts of money or cryptocurrency. The scams are well-polished and may involve relationship-building for months to gain a victim's trust.

"Phone calls, text messages, emails from people or organizations you don't know should be your number one warning," said Cpl. Terry Sundell of Manitoba RCMP Financial Crimes Unit. "If you didn't initiate the contact, there is a very good chance it's a scam."

It is estimated that only 5-10% of

fraud cases are actually reported. If you are a victim of fraud, or come across a scam, it is important to report it to your local police agency, the RCMP or the Canadian Anti-Fraud Centre.

Education is the biggest tool in combatting fraud. Please visit The Canadian Anti-Fraud Centre's website at www.antifraudcentre.ca or call 1-888-495-8501 for more information on how to protect yourself, and what to do if you've been a victim.

Selkirk RCMP investigate armed robbery, looking for suspect

Submitted by Manitoba RCMP

On Feb. 27, at approximately 9:30 p.m., Selkirk RCMP received a report of a robbery with a firearm outside a business on Main Street in Selkirk.

An 18-year-old female from the RM of St. Andrews was leaving the business when she was approached by two males who produced a firearm and demanded her keys. The suspects fled in her vehicle heading westbound on Strathnaver Avenue.

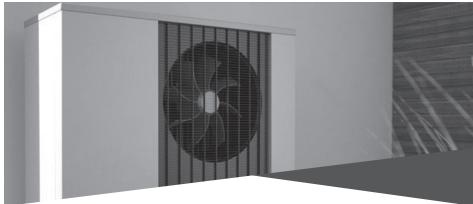
Officers patrolled the area and located the vehicle heading south on Highway 9 near Lower Fort Garry. A traffic stop was initiated. The vehicle did not stop but proceeded at a regular speed. Police continued to follow the vehicle. Eventually, the vehicle slowed, moved to the shoulder, and entered the ditch on Henderson Highway.

Police arrested the 14-year-old male who was the driver and sole occupant of the vehicle. He is charged with Robbery with Offensive Weapon, Possession of Weapon for Dangerous Purpose, Flight from Peace Officer, and Uttering Threats Against a Person. He was remanded in custody.

The RCMP continues to look for a second suspect. If anyone has information, please call Selkirk RCMP at 204-482-1222, Crime Stoppers

anonymously at 1-800-222-8477, or secure tip online at www.manitobacrimestoppers.com.





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Take A Trip to the Moon at the Lord Selkirk High School

Theatre students travel back to the 60s for this year's performance

By Katelyn Boulanger

This year the students of Lord Selkirk Regional Comprehensive Secondary School will be performing A Trip to the Moon By Tracy Wells as their annual play. This play sees the high school students swinging into the 60s for laughs, touching moments and social commentary.

Theatre teacher Kris Diaz says that this vignettestyle play allowed more students to take part in the production.

"Kids who are really busy, and might not be able to normally do the show, were able to commit to the show, because [of the segmented play] which was really great. We like to involve as many kids as we can and there's lots this year. I feel like it's a great opportunity for them and A Trip to the Moon allowed me to do that and it's a very fun show,"

A Trip to the Moon is comprised of 16 scenes, each named after an iconic song from 1969. From a woman trying to get a job at NASA to some kids hanging out just before the moon landing the play is a snapshot of the time.

"We have some scenes [where the audience will] laugh like the door-to-door makeup lady that comes and everyone remembers Avon and that kind of world. And then, of course, there's also, lots of dance numbers and so those are fun. We have a live band with us so that's, again, lots of fun. But also, we have touching scenes where a mother has just picked up the mail and finds out that her son has been drafted to Vietnam. We have another scene where a soldier, he's talking to a new recruit, in Vietnam. He's giving this new recruit a little bit of a lesson about what it means to serve and protect," said Diaz.

Grade 12 student Miguel Braz said that he was excited to participate in a less linear play.

"It's definitely different compared to the previous years that we've had. I thought it would be nice to have a unique perspective with a different type of play where it's more short-story based versus linear," he said.

Grade 12 student Sierra Lefteruk says that this play is different than previous year's productions.



RECORD PHOTOS BY KATELYN BOULANGER

LSRCSS students will be performing A Trip to the Moon By Tracy Wells later this month.

"I think you shouldn't go in completely expecting a comedy," she said.

The play will take place on March 11, 12 and 13 at 7:00 p.m. and tickets can be purchased at the high

Diaz wants residents to know that this production isn't just an effort from the actors in the play but that the entire school is involved in making this a success. From the hair and makeup classes helping to get students ready for the production, to the trades classes that help to fix and fabricate items for the set, to the visual arts students who learned about graphic design work by making the play's posters, it's a school-wide effort.

Diaz encourages residents to get themselves a ticket and support the production as it's a great night out.

"This is a great way to introduce yourselves or younger children [to the world of theatre] because it is a pretty family-friendly show at a very reasonable price in comparison to some of the city performances," she said.



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Edith Loan Johnston celebrates her 80th birthday

Johnston celebrates 80 years with great music and sharing her story

By Katelyn Boulanger

Edith Loan Johnston is a member of our community who has led an interesting life. She celebrated her 80th birthday on Feb. 10 and as a person in our community with an intellectual disability, she wanted to share her experience living in Selkirk.

She was born in 1944 and though she didn't attend the same school as her brother and sister she says that

there was a school program in the basement of the Legion which she at-

Johnston enjoyed living in Selkirk as a child and her favourite thing to do was to meet people. Her mother was also actively involved in church and Johnston took part in girl guides as

Johnston has happy memories of her time living at home with her sister,

brother and parents. She recalls fondly family trips to Victoria, BC where they would visit extended family.

Unfortunately, in her 40's Johnston lost her mother and her father had previously passed. This meant that she was moved into community placements outside of Selkirk. She moved around to many different places at this time but steadfastly wanted to return to Selkirk to live in her hometown.

Her wish was able to become reality, when, in the 1990s, laws changed and the Vulnerable Persons Act, now the Adults Living with an Intellectual Disability Act, came into effect. This change saw adults living with an intellectual disability being considered to have full capacity, full recognition before the law, and full citizenship.

With help from Clarice Leader and Nerina Robson and In the Company of Friends, in October of 1993 supports were able to be put into place so that Johnston could come back to Selkirk and live life in her home with the help she needed.

Since then, she's been supported by homecare workers who have helped her achieve her goals and live a life connected to our community.

Johnston, who was an avid bowler, participated in a bowling league

through Special Olympics. She won a silver medal in 1994 for her efforts.

She also volunteered in our local soup kitchen for 17 years. She didn't prepare the food but was the resident dishwasher once a week until 2018. Johnston said that she looked forward to volunteering and liked the people that she volunteered with. She also said it felt good to volunteer.

Johnston's care team leader, Margaret Kukucka also says that Johnston is a great piano player. She will still play Doctor Zhivago and can light up a room with holiday carols.

Even when she was in the hospital after having broken a bone, Johnston saw the piano there and shared her love of music with those around.

That love of music was also apparent at her 80th birthday party where her favourite singer Patsy Cline, played by local tribute artist Laurie Sutherland, made an appearance and brought her flowers.

Johnston said, "It was a dream come true."

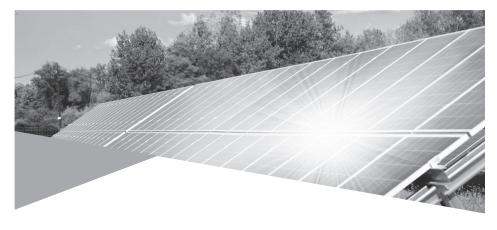
She had carrot cake and was able to sing her favourite Patsy Cline song, I Fall to Pieces, with Sutherland as her friends and support people celebrated with her.



RECORD PHOTO SUBMITTED

Edith Loan Johnston with Laurie Sutherland as Patsy Cline at Johnston's 80th birthday.





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Selkirk waterfront to see Fire on the Red in celebration at equinox

First straw sculpture from Straw Sculpture Symposium to be lit March 16

Submitted by Holiday Alley

A two-storey lantern made of straw, first seen at Holiday Alley last November, will be set on fire at the Selkirk waterfront to align with the spring equinox, say the organizers of Fire on the Red.

The straw artwork will burn Saturday, March 16, at 7:30 p.m., just three days before the spring equinox on March 19. This is just phase one of a plan to make Selkirk the home to Canada's first and only Straw Sculpture Symposium, said one of the creators Chris Pancoe, of Anvil Tree.

"We're hoping this is the beginning of Selkirk's next best festival and a first in Canada that will attract local and international straw sculptors here to compete," said Pancoe. Pancoe along with his business partner Peter Hargraves of Winnipeg's Sputnik Architecture are responsible for the highly successful international competition that created the winter warming huts at The Forks.

"The teams at Anvil Tree and Sputnik Architecture are very committed to creating unique opportunities for communities to celebrate creativity, and to come together no matter the season. Everyone is welcome to come down to this inaugural event, share their ideas, tell us how they would like to be involved in the future and just be warmed by the community energy," said Hargraves.

When Pancoe and award-winning European artist Vytautas Musteikis built the first straw art last winter, alongside École Selkirk Junior High students, it was stationed in Holiday Alley for the weekend, and since then the giant lantern has been in storage, waiting for spring.

When Musteikis was in Selkirk he said, "There is also something very



RECORD PHOTOS BY LIZ TRANS AND PETER HARGRAVES SUBMITTED

The creators of the two-storey high straw sculpture, Chris Pancoe (right) and Vytautas Musteikis, will set their artwork on fire to mark the end of winter and to welcome the spring equinox. Below: The straw sculpture at Holiday Alley.

much like a mandala and meditation when you watch a burning fire. It's always changing and constantly moving and when you watch it you start to see different shapes and every second is quite sacred. This is what we learned from our ancestors."

Families are welcome to bring their imagination and a lawn chairs to the Selkirk waterfront at 390 Eveline St., directly behind the Mighty Kiwi Juice Bar & Eatery and celebrate the end of winter, said Lois Wales, president of Red River North Tourism the organiation that hosts Holiday Alley.

"We know that straw isn't the only medium Chris and Peter work in, and word is they may create a few other structures for us that night from blocks of ice, so there are lots of reasons to come say goodbye to winter and hello spring," Wales said.

The City of Selkirk Fire Department will be on hand to ensure everyone has a good and safe time, added CAO



Duane Nicol.

"This event is aligned with our city's vision of being a regional hub for art and culture, and our mission to bring together and empower citizens and partners to build a more vibrant community for all. It's the culmination of a lot of hard work by volunteers and we're excited to support their efforts with this year's burn," said Nicol.

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EDITORIAL

Katelyn Boulanger 204-485-3337 news@selkirkrecord.ca

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Sergeant Tommy Prince School celebrates renovations being complete

This school year all students learning together

By Katelyn Boulanger

After mold was found in the previous Sergeant Tommy Prince School building, students were moved and a community effort to restore the building began. This school year the students were able to come together again in the newly renovated school building and last week the school held a feast to celebrate the efforts of the staff, students, funders, community members, and contractors who all worked together to undertake this project.

The celebration was a community affair with educators, students, drummers, and elders all making it a day to remember. In addition to the celebration of the school, the Sergeant Tommy Prince eagle flagstaff which is held by the Sergeant Tommy Prince Cadet Core was refreshed and the new staff made its first appearance at

The celebration started with a grand entry involving the students, cadets and dignitaries. The Black Kettle Singers performed as the staff made its first appearance.

Principal Wendy McPherson then introduced Joyce Perreault. Perreault is the teacher at the school who leads the Ode Gah Oonge Naagamowad (Those Who Sing from the Heart) student singing group as well as the language teacher. With her expertise, she translated Oh Canada into Ojibway and the students performed the song.

A pipe ceremony then took place to honour the event.

Lt. Violet Baptiste came to the podium next to explain the journey of the flagstaff and its rebirthing. She explained a little bit about the Sergeant Tommy Prince Cadet Core and its beginnings. The original flagstaff came to be in the second year of the cadet core and after many years, even with the best possible care, it needed a refresh. With special attention being paid to honour the original staff in the process, the feathers and staff itself were rebirthed.

From there, McPherson came back to deliver her opening remarks about the renovation.

"I would like to say Miigwetch to the families, to the guardians, and to all the members of the community for joining us today and celebrating the renovations of our school. The students have been really excited for this day," said McPherson.

She explained that when she came to the school a year ago, students were spread out throughout the community. She was unsure whether or not the renovations would be completed for this school year but after hard work on the part of the builders everything came together so that all of the students could be in school last September.

Funding and support for this project was a combined effort from the Brokenhead First Nations Chief and



RECORD PHOTOS BY KATELYN BOULANGER

The Ode Gah Oonge Naagamowad student singing group who performed Oh Canada at the event.

Council as well as the Manitoba First Nations School System and the Manitoba First Nations Education Re-

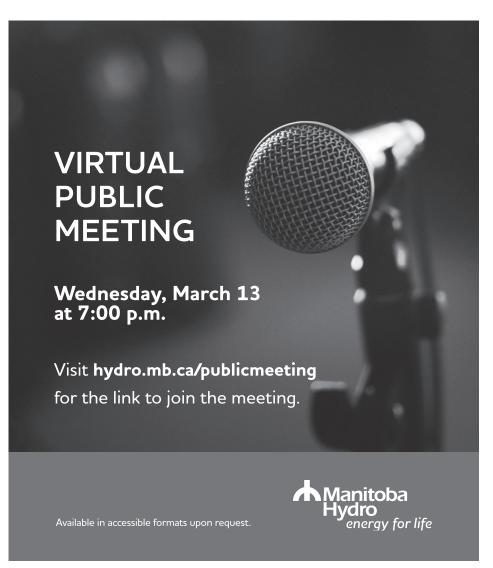
Chief Gordon Bluesky spoke on behalf of himself and council.

"One thing I will remember about all the children here, the staff and students is how we adapted and we overcame the issue and we continued

Continued on page 10



Principal Wendy McPherson presenting at the celebration.



SGT. TOMMY PRINCE SCHOOL, FROM PG. 9

with school," he said.

He went on to thank the many people who made this project possible, the staff and students as well as the parents for their patience during this time.

Curtis Nepinak, of the Manitoba First Nations Education Resource Centre, also added a few words.

"To our parents, we thank you for all your patience during the renovations and for accepting the learning environments. Thank you for encouraging and supporting your child in these challenging times when the

classroom environments changed. To our teachers, we thank you for your dedication, for nurturing the young minds of our students, creating positive learning environments outside of the school, and continuing to inspire and motivate your students. To our students, we thank you for coming to school doing assignments and accepting the changes to the situation. Moving from the school to other locations during the renovations was overwhelming. You were truly amazing," he said.

Nepinak then, on behalf of the

Manitoba First Nations Education Resource Centre, presented the school with an Education Perseverance and Resilience Award and all students at the school received gift cards.

The event ended with recognition of Chief Bluesky. See more on page 4.

McPherson said that being able to be together again means community. The students are once again celebrating monthly birthday parties and she said that the new environment allows them to more easily celebrate, acknowledge and develop each student's gifts.

She also said that the students reacted positively to getting back together in one building this year.

"They were excited, they felt they were coming home," said McPherson. She also wanted to send out a thank you message to all of the people who made this renovation project possible.

"I just want to say Chi' Miigwetch for everybody coming together. It was very heartwarming because when they were meeting, from contractors, Chief and Council, Manitoba First Nation's School System, everybody coming together, it was all for the kids. That's what warmed my heart because this is all for the kids,' said McPherson.



Chief Bluesky speaking at the celebration.



The Black Kettle Singers performing a flag song.

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A cadet with the rebirthed Sergeant Tommy Prince eagle flagstaff.

Through Our Eyes a Visual Journey comes to Gwen Fox Gallery this month

Check out works by artists Joan Ewonchuk, Barb Hoffmann, Shirley Lawrence, Gracie Kars Plouffe, and Patti Simko

By Katelyn Boulanger

This month the Gwen Fox Gallery is playing host to Through Our Eyes a Visual Journey. The five artists in this show - Joan Ewonchuk, Barb Hoffmann, Shirley Lawrence, Gracie Kars Plouffe, and Patti Simko - each use different mediums and styles but all interpret the world in a unique way. Join them in the celebration of perspectives in this month's exhibit.

Joan Ewonchuk

Ewonchuk describes her work as inspired by nature and involving vibrant colours. The paintings that she is showing in the gallery this month are acrylic and she is showing mostly landscapes and floral works.

"[I'm inspired by] my experiences camping and travelling and my yard and gardens. When I was younger, we went on a lot of road trips and I used to look at fields and forests and say, 'Oh, I would love to paint that'," she

She started taking art lessons when she was 17 years old. After doing that for a few years she took a pause when her family life required her attention but came back to it five or six years

Now she works in acrylics and has tried pencil crayons and watercolours as she enjoys experimenting with me-

Her art style is influenced by her interpretations because she envisions colours brighter than they are. This allows her to create vibrant canvases that pop from the walls.

She advises people who have taken a break from art and want to return to it to start slow.

"I've taken watercolour classes and I did a couple of paint nights. And if you think it's ugly, just keep on going. You have to keep going," said Ewon-

She recommends people check out her and the other artist's work this month.

"If you want to get cheered up with this rotten last bit of winter [weather] then you should come down," she said.

Barb Hoffmann

Hoffman says that she tries to show the sunshine and brightness that allows people to see the best of the world through her art.

"I have a really strong spiritual connection to this beautiful world we live on. It's shown through my art. I'm a glass-half-full kind of person so I see the best of everything. So that's pretty much my art," she said.

Hoffmann says that she brought a little bit of everything to the gallery with works in graphite, acrylic, watercolour and pastels to see.

"My inspiration comes from other artists, and basically just the world around me. I'm constantly looking at nature while I'm walking. I tend to see the little details everywhere," she

She says that her journey as an artist started from the time she was young.

"I couldn't even write my name yet and I was drawing horses and dogs and houses and picket fence. It was my mom that helped me see that my perspective was off and from four vears old, I remember striving to get that perspective right," said Hoff-

As a self-taught artist, she says that people creating art should know that there are many free resources available online that they can use to learn

She encourages people who are interested in creating their own art to come out to the gallery.

"Come on out and check out the artwork for inspiration. There's always an artist available to talk to if you have any questions. Thursday evenings are great because we are creating art as well as keeping the gallery open, so you can see work in progress and get tips and tricks," she said.

If you want a sneak peek of her art before making your way to the gallery check her out on Instagram at @ babaralynnart.

Shirley Lawrence

Lawrence is a carver who uses hand tools to create sculptures that are inspired by nature.

She most often uses butternut wood because it has a grain that she finds beautiful but she also has pieces made in different woods in the gallery this month which bring a fun variety of colours and textures to see.

She says that her work is often inspired by nature and that's reflected



RECORD PHOTOS BY KATELYN BOULANGER

Joan Ewonchuk.



Barb Hoffmann.

in the pieces that she's showing this month. Residents will be able to see many birds including ducks and an impressive grouse performing its dance. She also has a variety of sculpted shells that she's created a home for on a beach-like backdrop. She has even incorporated the world of florals with a bouquet of tulips that can be enjoyed any time of the year.

Lawrence says that her process starts in different ways. Sometimes, she explained, the wood itself tells her what it wants to be. Other times she decides

what she wants to carve and finds a variety of inspiration sources that she can draw from to make the sculpture look realistic but also unique.

Lawrence explained that she got her start in carving after volunteer work with Ducks Unlimited brought her to a decoy-making class.

"I looked at them and I thought, 'I think I could do that. I'd like to try that.' I've always liked wood. It smells good. It's warm. And so, that's

Continued on page 12



Shirley Lawrence.

> GWEN FOX GALLERY, FROM PG. 11

week class," she said.

Lawrence says that her work is made using hand tools like knives and gouges as opposed to machine

where it started. I took a little six- tools. There are many different ways to carve, however, and she encourages residents who are interested to keep an open mind.

"There are many, many things you

can do with wood that are called carving. Even if what I'm doing is not something you would particularly like to do, you could certainly look in other directions and there are all sorts of different kinds of things you can do with it. Just jump right in and go for it. Don't be

Gracie Kars Plouffe.

afraid that you can't do it," she said.

Lawrence says that the Gwen Fox Gallery is a great place to visit because of how often the shows change and new work comes in.

"Come and have a look. You'll be amazed at how many great pieces have come into this place," she said.

Gracie Kars Plouffe

Plouffe is an oil painter and photographer who has many large pieces in the gallery this month.

Plouffe's style of art is one of discovery. When she takes a photo and feels that it looks good she will paint it.

Most of her inspiration comes from animals which is visible in the polar bear, pelican, and eagle paintings that are on display this month. Residents of Selkirk will also notice that

RECORD PHOTOS BY KATELYN BOULANGER

Selkirk's downtown is taking a place of prominence on one of the gallery walls.

Her artistic journey started when she was very young. She remembers her mother not being impressed by drawings that came to be on her wallpaper but Plouffe says that the real spark that got her into art was taking home a prize from an art contest when she was in seventh grade.

She welcomes residents to come to the gallery this month.

"Come look and try something different. Come in to see the pictures and the art of Selkirk. If you've got some spare time, come in," said Plouffe.

Patti Simko

Simko is an artist of many talents. Residents will be able to see her two distinct styles of art in the gallery this month. She has both a realistic traditional side and a side that she where she creates surrealist pieces for the fun of creation.

"I like to use deep, rich colours. I'm not a pastel kind of painter," she said. She says that inspiration, for her, comes from a variety of sources one of which is colours but also familiar-

ity plays a part.

I grew up in the Interlake and so a lot of my pieces are that subject matters

"I tend to gravitate back towards subject matters that I used to draw as a child. I think maybe a lot of artists do that but I have a lot of rural pieces.

SIT. 🎤 SWAB. 🔁 SEND. Yes, it's a poop test. And yes, it could save your life. Order yours today: ColonCheck / 1-855-952-4325 CancerCareManitoba ActionCancerManitoba



INDEPENDENT COMMISSIONER **SEEKS PUBLIC INPUT ON MLA PAY**

An independent commissioner of the Manitoba Legislative Assembly has been appointed to make decisions about the appropriate salary, allowances and retirement benefits for all MLAs.

The commissioner, Michael Werier, K.C., would like to hear from you before April 15, 2024.

Your submission may be sent to:

Public Input for Independent Commissioner 302-386 Broadway

Winnipeg, Manitoba R3C 3R6

E-mail: commissioner@legassembly.mb.ca

Current MI A pay, allowances and retirement benefit information can be found at www.reviewcommissioner.mb.ca



Army Navy and Air Force Veterans Club #151

231 Clandeboye Ave., Selkirk Ph. 204-482-3941

March 17 St. Patrick's Day and Donnybrook event! 10am.

\$10 / person. 4 person Teams, various games, cash prizes. Limited spots available. Sign up at the bar. Wear GREEN!

March 23 Karaoke!

Following our regular Saturday afternoon meat draw and Chase the Card.

March 27 Merchandise Bingo 7pm start.

Continued on page 13

> GWEN FOX GALLERY, FROM PG. 12

the barns and fields and hay bales and things. That is probably a big inspiration," said Simko.

She started her journey into art in 2018 when inspired by her daughter to try she decided to give it a go.

go.
"I started painting and it just took off from there now it's a major part of my life. It's almost meditative for me but that was my jumping-off point, my daughter's encouragement," said Simko.

She encourages people who want to make the leap into art to start off with a smaller jump.

"Think small, looking at big canvases can be overwhelming. Go back to that subject matter that you're familiar with. Go slow. Realize that most paintings can't be started and finished in an hour. Take your time, and don't be so hard on yourself because art is very subjective," she said.

She explained that it takes a lot of courage to paint because like writing or creating music you are showing a little bit of yourself to people when you show them your art and that can be scary.

Simko hopes that people check out the show at the gallery this month. "It's such a good show. I'm watching it all come together right now and there's there are a lot of really good solid, quality pieces of art. Lots of colours, lots of different styles, lots of different mediums. It's a really, really good show and I'm very proud of it," said Simko.

She also wants people to know that the art is quite reasonably priced. She says that sometimes people can be intimidated coming to a gallery because they think it might be out of their price range but that's not always the case so people should feel free to check out the show whether or not they intend to make a purchase.

Residents can also meet Ewonchuk, Hoffmann, Lawrence, Plouffe, and Simko at their Meet the Artists afternoon on March 9 from 1 to 3 p.m. To view the exhibit stop by Tuesdays, Wednesdays, Fridays, or Saturdays this month from 11 a.m. to 4 p.m. or Thursdays from 11 a.m. to 8 p.m.

As always the Gwen Fox Gallery is free to visit.



RECORD PHOTO BY KATELYN BOULANGER

Patti Simko.

Manitoba government funds wheelchair repair jobs

Investment will help Manitobans get wheelchairs repaired

By Lana Meier

Last Friday, the Manitoba government, represented by Families Minister Nahanni Fontaine and Health, Seniors and Long-Term Care Minister Uzoma Asagwara, announced initiatives to address the freeze on funding for Manitoba Possible's wheelchair repair program. These include allocating over \$288,000 to hire additional repair technicians.

According to Fontaine, our government has taken note that the correct wheelchair can greatly impact the lives of individuals with disabilities in Manitoba. It is unacceptable to make people wait for weeks for essential tools they require on a daily basis. This funding will decrease wait times and enhance accessibility to wheelchair services, ensuring that all Manitobans receive prompt and secure repairs and modifications.

Through Manitoba Possible, over

14,000 residents can access various forms of mobility support such as long-term loans for both manual and motorized wheelchairs. This program also offers maintenance and modification services to cater to individual mobility requirements. With this recent investment, Manitoba Possible will expand its repair team by hiring one more in-house technician and one new field technician who will be able to provide repair services directly to clients at their homes, workplaces or schools.

"Our government is committed to making Manitoba more accessible for everyone, no matter where you live," said Asagwara. "This funding will ensure Manitoba Possible can continue to expand their essential work to the many Manitobans who count on them including working towards restoring better service for our rural and northern neighbours."

"As a powerchair user from rural Manitoba, this will bring some ease to my life," said Alex Lytwyn, wheelchair program client. "This funding will also allow wheelchair users from remote and rural parts of the province to feel connected to the rest of society

and to not be forgotten about while continuing to live life with one less burden."

According to Lindsey Cooke, CEO of Manitoba Possible, the Manitoba Wheelchair Program is a top priority for the province. This investment will help overcome key challenges by hiring wheelchair technicians, obtaining necessary tools and equipment, and enhancing services in rural areas. We are extremely appreciative of this as-

sistance, as it not only supports the independence and well-being of individuals with disabilities in Manitoba, but also highlights our mutual dedication to creating an equitable and welcoming community for everyone.

For further details, please check out https://manitobapossible.ca/wheelchair-services.



Camp Stepping Stones looking for volunteers, campers

By Lana Meier

Camp Stepping Stones will be back in person from Friday, May 31 to Sunday, June 2, and is looking for volunteers and campers. This Camp is geared for kids aged seven to 17 who have recently lost a parent or somebody close to them. Volunteers create a safe environment for kids to explore their grief alongside other youth who are also grieving.

Cameron Benedictson, 33, occupational safety and health officer with Interlake-Eastern Regional Health Authority, lost his father when he was in his twenties so he knows what is like to lose someone close to him.

"I volunteered at Camp last year for the first time. I saw that they needed volunteers and I thought it was a great idea for kids to go away for a weekend and see other kids going through something similar. They learn they aren't alone," said Benedictson, who will volunteer again this year. "They get to go have fun."

Individuals interested in volunteering can complete an application form found at https://www.ierha.ca/programs-services/palliative-care/camp-stepping-stones/.

Various volunteer roles are offered, including being a cabin leader and assisting with activities.

In addition to volunteers, Camp is also still accepting applications for campers are also available at https://www.ierha.ca/programs-services/palliative-care/camp-stepping-stones/.

Barb Ramsay, Palliative Care Volunteer Coordinator, is calling for individuals to assist campers with a variety of tasks such as sewing, crafts, ziplining, and archery. Whether for the entire weekend or just a few hours, volunteers are encouraged to join in on the fun and lend a helping hand.

For more information, contact Barb at bramsay@ierha.ca, 1-855-494-7369



Campers were able to enjoy the outdoors at Camp Stepping Stones with rope climbing.

or 204-785-7542 or visit: https://www.ierha.ca/programs-services/palliative-care/camp-stepping-stones/.



RECORD PHOTOS SUBMITTED

Campers decorated special memory boxes at last year's Camp Stepping Stones.

Selkirkian Avery Martin on Big Brother



RECORD PHOTO SUBMITTED

Avery Martin from Selkirk is on this season's Big Brother Canada. Learn more about how to check out the show at https://www.bigbrothercanada.ca/.

What's You'v story?

We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337









JOIN US AND HAVE SOME FUN!

- All classes run subject to enrolment.
- Please register early to avoid cancellation and disappointment!
- All classes held at the High School unless otherwise noted.
- Classrooms may be subject to change.

REFUND POLICY

- Refunds must be requested **one week prior to course start** date less \$15 admin fee.
- For courses cancelled due to insufficient enrollment you will be notified by email and money will be refunded in full.
- Please note start date, time and location of course. You will be contacted by email **only** if the course is cancelled due to insufficient registration.

CONTINUING EDUCATION PROGRAMS REGISTER NOW!

Swim Registration Opens Sunday, Mar. 17th at 8 AM

Lord Selkirk School Division Continuing Education Classes 221 Mercy St., Selkirk, Mb. R1A 2C8 **Melissa Nietrzeba ~ Program Director**

https://coned.lssd.ca/ Phone 204-904-7163

PERSONAL INTEREST

ACTING & THEATRE for Adults \$75

Mondays, Apr. 8 - Jun. 3 NO CLASS: May 20 7:15 - 8:15 pm (8 sessions)

Mature teens and older welcome! Do you miss your imagination from when you were a child? Are you looking for an outlet to have fun and act silly in a safe place? Adult acting classes are a great way to leave the stress at the door and let loose in a way you may not have in years! Jump into the world of theatre and let your imagination run wild through exercises and games aimed at exploring humanity and getting back to that child-like sense of play. All you need is an open mind and a little creativity!

Theatre

LINE DANCING

Tuesdays, Apr. 9 – Jun. 4 (9 sessions each)

Spring is in the air, let's put a spring in your step! Grad is coming, weddings, socials and let's not forget the summer outdoor bands!



Cafeteria

BEGINNER'S \$100

5:30 - 6:30 pm

Let's line dance to the original AND the "New" Boot Scoot and Boogie, Cadillac Ranch, or Cowboy Cha Cha. Want some Latin flavor? We've got too and more! You can take any of these line dances and put them to rock, Brittany, Adele.... you don't have to wait for the right song to play to get up and dance anymore!

HIGH BEGINNER'S \$100

7:00 - 8:00 pm

Line dance with hit songs like Ed Sheeran's Shivers and Miley Cyrus' Flowers or a little Latin flavor with Havana Cha. These dances are higher level beginners, but we're taking the full 9 weeks to learn all 3 and more.

BEGINNER GOLF \$90 Tuesdays, Apr. 30 – May 28 6:30 – 7:30 pm OR 7:30 – 8:30 pm



(5 sessions) Interested in Intro to the

Game of Golf at an affordable price? Your instructor will guide you through the basics of the game including stance, grip and swing. Students will get an opportunity to practice all the skills of the game including putting, chipping, approach shots and driving. Will be open to all but tailor to beginners. Adults and mature teens welcome.

High School Gym/Surrounding Field

CONVERSATIONAL SPANISH (Level I) \$75

Thursdays, Apr. 11 – Jun. 13 6:00 – 7:00 pm (10 sessions)

Start speaking Spanish as quickly as possible. Learn important phrases

for travel and how to express yourself in a variety of practical situations. We will learn common themes like greetings, numbers, family, calendar and colours, with emphasis on conversation and pronunciation.

Room 147

INTERMEDIATE SPANISH (Level 2) \$110

Thursdays, Apr. 11 – Jun. 13 7:00 – 8:30 pm (10 sessions)

For those who have already practiced some basics and are ready to advance your Spanish Language. We will focus on a solid grounding in grammar, and will continue learning more of the important verbs, and vocabulary, with emphasis on conversation, pronunciation and more useful conversation for travel.

Room 147

MEXICAN CUISINE with Aurora

Egesz \$175 Saturdays, May 4 – Jun. 15 NO CLASS: May 18

10:00 am - Noon (6 sessions)

ALL Ingredients Included for a Meal Each Class! Join us for Saturday Lunch Dates! Traditional and authentic Mexican dishes each week! Be sure to bring a container for left-overs.

Room 172



Mondays and Thursdays, Apr. 8 - 25 5:30 – 7:30 pm (6 sessions)

No Experience Necessary!

You will learn how to do basic welding procedures in Arc, Gas + Mig, plasma cutting, & brazing. Shape metals and weld them together to make a project to take home. Please wear clothing that you don't mind getting holes in and dirty, or coveralls. The welding material you will be using can be purchased through the instructor or can be brought from home. Will be discussed at first class. **Please bring safety**

glasses and gloves. Metals Shop BONUS: Stay for both and save \$5! (Maple Syrup and Growing Mushrooms)

MAKING MAPLE SYRUP \$20

Thursday, Apr. 11
6:00 - 7:00 pm
(I session)
The sap is flowing! Make

For fun or profit!

Do you have a maple or birch tree

on your property? Learn how to make your own syrup from local Manitoba maple and birch trees. Hands-on demonstration will include tree identification and selection, tapping the tree, boiling off the sap, bottling, storing the syrup and how-to instructions. Enjoy making your own "sweet treat". Manitoba Maple Syrup - A Taste of Manitoba. Taps will be available for sale following the hands-on presentation (\$2.50 each).

Room 141

GROWING MUSHROOMS \$20

Thursday, Apr. 11 7:00 - 8:00 pm (1 session)

Learn to grow specialty

mushrooms in your backyard. Do you have access

to oak branches? Learn how to "plant" the mushroom spawn and grow your own Shiitake mushrooms on oak logs. Hands-on demonstration will show how to inoculate the logs with mushroom spawn. A biological process you'll love – growing your own mushrooms backyard style. Mushroom Grow Kits will be available for sale following the hands-on presentation (\$65 each).

Room 141

DOG OBEDIENCE

Tuesdays, Apr. 9 – May 14 (6 sessions each)

Dogs must be up to date on shots, please bring proof of vaccinations

to the first class. Please come equipped with a well fitted collar, 6 foot leash, and lots of tasty treats. No Flexi-Leashes allowed. Please park and enter through back of school.

Lower Multi-Purpose Room

PUPPY CLASSES \$90

For Puppies up to I year old **6:00 – 7:00 pm**

BASIC MANNERS \$90

7:15 - 8:15 pm

All ages are accepted. But recommend very young dogs (up to a year) do a puppy class first.

YOUTH CLASSES

KID'S INTRO TO ACTING

(Ages 5 - 7) \$75 Mondays, Apr. 8 - Jun. 3 NO CLASS: May 20 4:45 - 5:45 pm

(8 Sessions)



Àre you looking for a safe place for your child to use their imagination and learn how to create their own stories? Come and join Intro to Acting where we will explore exercises, games, song, and dance as an outlet for wild imaginations and learning to build foundations of storytelling. Make friends and jump outside your comfort zone to gain confidence both onstage and off!

Theatre

YOUTH ACTING & THEATRE (Ages 8 – 12) \$75

Mondays, Apr. 8 – Jun. 3 NO CLASS: May 20 6:00 – 7:00 pm (8 Sessions)

"Have you ever wondered how to play a specific character for a play? Or how



to improvise a scene? Or are you simply wanting to just gain confidence? Come join Beau on Monday evenings for a glimpse into the theatrical world! This class is for beginners, so do not worry if you have no experience. All you need is an open mind and a little creativity!" (Adult class available for mature teens and older)

Theatre

THE RESIDENCE OF THE PARTY OF T

BABYSITTING SAFETY \$60

Saturday, Jun. I 9:00 am - 5:00 pm

Youth ages 11 - 15 come learn to be a safe, Red Cross Certified Babysitter. Class includes textbook and wallet certificate. Please bring a doll and a bagged lunch.

Library

HOME ALONE \$45

Ages 8 & up

Tuesday, May 28 6:00 - 8:30 pm

The Home Alone Program is designed to provide children with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied. Topics covered include, establishing a routine, house key is your responsibility, strangers, telephone, emergencies, basic first aid and internet safety. Kids 8 and up can attend however, the Canadian Gov't recommends kids under the age of 10 should not be left home alone.

Room 142



HEALTH & WELLNESS

YOGA FLOW with Heather \$100

Thursdays, Apr. II - Jun. 6 6:00 - 7:00 pm (9 sessions)



Flow yoga class is a mixture meditation, breath-work

and energizing movement. It begins with gentler movements to warm up the body, then move into progressively more challenging flowing sequences. You will be taken through seated and standing poses which can be adjusted to be harder or easier depending on your level of fitness. While previous yoga experience is helpful, beginners are welcome as instruction for the poses are explained throughout the class.

Library

HATHA YOGA with Cecilia \$90

Mondays, Apr. 8 - Jun. 3 NO CLASS: May 20 5:30 - 6:30 pm (8 Sessions)

For all levels and every body. With modifications and variations. Hatha Yoga is the yoga of Asana (poses). Along with Asana we will explore Pranayama (breath work) and Dhyana (meditation). Please bring a mat and small blanket/or towel and any props you may have.

*NEW - SOUND BATH **MEDITATION** \$100

Mondays, Apr. 8 - May 13 7:00 - 8:00 pm

(6 sessions)

A sound bath is a full body meditative experience where those in attendance are "bathed" in soothing sounds, vibrations and



sound waves. The practice aims to help people relax and let go of stress, anxiety, worries and concerns. Participants find deep connection between mind, body and soul well-being. Please bring a yoga mat and wear comfortable clothing. Options to also bring a blanket, bolster, eye mask and water. \$20 drop-ins welcome.

Library

TAI CHI \$50 Tuesdays, Apr. 9 - May 7 6:00 - 7:00 pm (5 sessions)

Tai Chi arts are a way to develop

a body that is strong, yet supple, balanced and energetic, a mind that is calm and clear, yet creative and dynamic, and a spirit that is light and peaceful, yet resilient. Tai Chi arts involve deep stretching with a full range of motion and continuous turning of the spine. They exercise the whole physiology including muscular, skeletal, and circulatory systems, as well as tendons, joints, connective tissue and organs. Rather than depending on tension and the development of hard muscle tissue, these arts develop a body that is relaxed and strong at the deepest levels. The gentle internal movements are balanced throughout the body and have a calming effect on the mind. Tai Chi arts are truly a moving meditation. Beginner level class, working through the first seventeen movements of Tai Chi.

Library

PILATES \$95

Wednesdays, Apr. 10 - Jun. 5 7:00 - 8:00 pm (9 sessions)

floor-based program to improve strength and flexibility for the whole body. Emphasis on abdominal strength and spinal mobility. Please bring a mat and water.

Library

BLOCK THERAPY \$135

Wednesdays, Apr. 10 - Jun. 5 5:30 - 6:45 pm (9 sessions)

If you suffer with chronic muscle tightness, strain or pain, this program is for you. Poor posture or repetitive movement patterns can lead to ingrained patterns in



the fascia. Block Therapy is a method of Myofascial Release that can melt away some of the adhesions, restoring flexibility and reducing pain. The class is done laying on block, on the floor. Please bring a yoga mat, any yoga blocks you may have, and water.

ARTS & CRAFTS

*NEW -**THE POWER** OF RIBBON SKIRTS \$120



Saturday, Apr. 13 9:00 am - 3:30 pm

Ribbon skirts are about empowering yourself, and connecting to who you are. All supplies included to make your very own ribbon skirt.

Please join Marlena Muir for a day of teachings and ribbon skirt making, in a artist Monique Rainville will relaxed and informative atmosphere. guide you through the process! Marlena is a 2Spirit Community Cultural Helper (Skaabe) in and around Selkirk, and has been doing cultural work and programming for just over 10 years. She firmly believes in the power of identity through clothing, and believes that part of our healing comes through connecting to make selections. and understanding.

Sewing Lab Room 175

*NEW - ACRYLIC **POUR PAINTING**

\$60 Thursday, Apr. 18 6:00 - 7:30 pm (I session)

No experience required! Learn how to create beautiful, customized acrylic pour paintings!



Perfect for beginners. Local Be creative, and use colors YOU LOVE... there are no rules! There will be lots of time for socializing! All supplies are provided! Canvas size options will be available; participants will receive an email ahead of time

Cafeteria

*NEW -**TERRARIUM BUILDING \$70**

Thursday, May 16 6:00 - 7:30 pm (I session)

lust follow along, stepby-step/layer layer, in creating your



own, customized little succulent garden! There will be MULTIPLE OPTIONS for succulents, rocks, and decor... there are no rules! Everything will be provided for your use while you enjoy a creative and relaxing time with your favorite people! (Feel free to fly solo too) Containers, decor, and plants are ALL subject to availability and may vary.

Each participant receives: 3 succulents, I container, dirt/ substrate, their choice of rocks and decor, and teaching on care of the succulent bébés! Join us for a fun evening!

Cafeteria

COMPUTERS & TECHNOLOGY

TECHNOLOGY FOR BEGINNERS \$75

Wednesdays, Apr. 10 - May 1

Wednesdays, May 8 - 29 6:00 - 8:00 pm (4 sessions)

For those who fear new technology, computers, phones or tablets! We will go over everything you'll need from buying a computer to being able to comfortably use it, with hands on training. Setting up a new phone and even just using a tablet at home to play games on. Sending emails, managing photos, virus protection, printers and more. Question and answer period regarding anything with a power button for the last 30 minutes of each class. Room 148

*NEW - INSTAGRAM MARKETING

Wednesdays, Apr. 10 - May 1 6:00 - 8:00 pm (4 sessions)



Learn how to create Instagram posts, stories and reels in this fun beginner level

course. You will learn how to create engaging content for your business, organization or family fun event. Students should come to class with an existing Instagram account and the desire to post.

Room 284

SAFETY FIRST

BOATER SAFETY LICENSE \$70

Saturday, Apr. 6 8:30 am – 4:30 pm

(I session)



ALL boat operators are now required to possess a Pleasure Craft Operator Card (PCOC) regardless of age of the operator or size of boat operated. Attend our Transport Canada approved course just

before the boating season starts. Minimum age to attend - 8 years old. Children under 12 must be accompanied by an adult. Please bring snacks as there is no lunch break.

Course includes your Transport Canada test and competency card (PCOC).

Course manuals will be available during the class at no charge but may also be purchased from instructor day of class for \$13.00.

Room 141

CANADIAN **FIREARM SAFETY** COURSE (CFSC/PAL Course) \$170

Saturday, Apr. 13 OR

Saturday, Apr. 27 9:00 am - 5:00 pm (Plus Exams) (I session)

Minimum Age 12



Please Bring Government issued ID & lunch. Students ages 12-17 need to have consent from their legal guardian. This 8 hour course is followed by a written exam and then practical testing. As each student needs to be tested individually, the practical testing will continue into the evening. Upon successful completion you will be able to apply for your PAL. Increase your chances of passing by reading the manual in advance. For questions or to purchase a hardcopy manual, please email KatiesFirearmSafety@outlook.com Room 147

SELKIRK Community Pool 202

SCHOOL • COMMUNITY • POSSIBILITIES The Comp 221 Mercy Street Selkirk Mb | 204 785 7310

Registration On Line Sunday March 17 8:00am selkirkcommunitypool.weebly.com

Pool Closed May 18 - 20 Victoria Weekend **Questions or concerns contact** pool manager mstamm@lssd.ca

Schedule subject to change.

Lap Swim passes purchase online or at the pool.

10 visits - \$42.00 20 visits - \$78.50 30 visits - \$95.00

Lifeguard must punch your pass for entry to the pool. Drop in \$10.25 Aquafit Drop in \$6.25 Lap swim.

Aquafit pass purchase online or at the pool.

no need to commit to one class use your pass for any class. 10 visits -\$78.50

Open Swim (Debit machine available)

Adult or Student \$6.25 18+ Preschool child Free 0 - 4yr Child \$2.25 5 - 12yr 13 - 17yr \$3.25 Teen Family \$16.00

(For purposes here, we define a "family" as an adult and their immediate children to a maximum of 5).

Public admission entry requirements:

Limited unlocked lockers available. Do not leave valuables in the locker or change room. The facility is not responsible for loss or damage to belongings.

Swim Admission Standards For S.C.P.



Children 8 & olde

eep end and the diving boards nd is received

Children 6 to 9 years

If any children in the group are 5 and under, a ratio of 2:1 for your

Must pass the swim test in orde

Children 10 & olde may swim alone

Guardians must be: 14⁺
14 years and older
Within arms reach at all times
Responsible for direct supervis
in and out of the water
In appropriate bathing attire

Child must complete the swim t each time. wrist band is receive

Children 6 & 7 years

Facility Swim Test essfully swim contir on front, four widths of the pool in a comfortable manner Face and head must submerge Body must stay near horizontal



MONDAY SWIM CLASSES

April 8 - June 3 closed May 20

Preschool 1 5:00-5:30 p Swimmer 2 5:00-5:45 p Swimmer 4 5:00-5:45 p Swimmer 1 5:50-6:35 p Baby Bubblers 5:40-6:10 p Swimmer 5 5:50-6:35 p Swimmer 3 6:20-7:05 p Preschool 2 6:40-7:10 p Preschool 3 6:35-7:05 p Adult 2 6:30-7:15 p Swimmer 1 7:10 - 7:55 p Aquafit 7:30-8:30 p

TUESDAY SWIM CLASSES

April 2 - June 27

Lap Swim 4:00 - 5:30 pm Special Olympics 7:00-8:30 pm

WEDNESDAY SWIM CLASSES

April 10 - May 30

Aquafit 4:00-5:00 Preschool 2 5:00-5:30 Baby Bubblers 5:15-5:45 Preschool 1 5:00-5:30 Adult 1 5:15 - 6:00 Preschool 1 6:05 - 6:35 Swimmer 3 5:50- 6:35 Swimmer 4 5:35 - 6:20 Swimmer 2 6:40 -7:25 Preschool 3 6:40 - 7:10 Swimmer 1 6:25-7:10 Swimmer 3 7:15 - 8:00 Swimmer 4 7:30-8:15 Swimmer 6 7:50 - 8:25

MORNING ADULT FITNESS PROGRAMS

April 1 - June 28. Closed May 20 Lap Swim Mon - Fri 7:00-8:30 am

SWIM FOR LIFE AQUATIC REGISTRATION GUIDELINES

4 - 5 vr olds

Preschool lessons \$78.50

Preschool 1

Preschool 2

6 + yr olds

Swimmer Lessons \$90.00

Swimmer 1 Swimmer 2

Swimmer 3

Swimmer 4

Swimmer 5 Swimmer 6

Rookie, Ranger, Star



LEADERSHIP COURSES

Bronze Star for swimmer under 12 yr Bronze Medallion 13 yr old or Bronze star completed Bronze Cross must have Bronze Medallion. Swim for Life Instructor must be 15 and Bronze Cross. National Lifeguard 15 yr old, Bronze Cross and SFA CPR C

THURSDAY SWIM CLASSES

April 11 - May 30

Lap Swim 4:00-5:30 Preschool 2 5:00-5:30 Baby Bubblers 5:15-5:45 Swimmer 3 5:00-5:45 Preschool 1 5:50 - 6:20 Swimmer 1 5:50-6:35 Swimmer 4 5:35 - 6:20 Swimmer 2 6:25 - 7:10 Swimmer 5 6:40-7:25 Preschool 1 7:00 - 7:30 Aqua Zumba 7:30 -8:30pm

FRIDAY SWIM CLASSES

April 12 - May 31

Aquafit 9:00-10:00am Swimmer 5 5:00-5:45 Rookie Ranger 5:00-6:00 Preschool 1 5:00-5:30 Preschool 2 5:35 - 6:05 Swimmer 1 5:50 - 6:35 Swimmer 3 5:50 - 6:35 Bronze Star 6:00-7:00 Swimmer 4 6:10 - 6:55 Swimmer 2 6:40- 7:25 Preschool 1 6:40 - 7:10 Open Swim 7:30-9:00pm

SATURDAY SWIM CLASSES

April 6 - June 7 Closed May 18

Aquafit 9:00-10:00 Baby Bubbler 10:00-10:30am Lap Swim 10:30-12:00 Open swim Noon - 2:00pm Pool bookings 2:00-4:00

SUNDAY POOL SCHEDULE

April 7 - June 9 Closed May 19

Open Swim Noon - 2:00 Pool Bookings 2:30-3:30

REFUND POLICY

- Refunds must be requested one week prior to course start date less \$15 admin fee.
- For courses cancelled due to insufficient enrollment you will be notified by email and money will be refunded in full. No make up classes offered for weather or mechanical closures.

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Aqua Zumba by Jan

City of Winnipeg's 15-day raw sewage discharge "shocking and horrific"

By Patricia Barrett

Winnipeg's notoriety as a polluter of fresh water amped up last month after a raw sewage spill of nearly 230 million litres was discharged from the City of Winnipeg into the Red River over the course of at least 15 days.

Between Feb. 7 and Feb. 21, an outfall at 3100 Abinojii Mikanah (formerly called Bishop Grandin) discharged an estimated 228.39 million litres (or megalitres) of untreated human waste and other hazardous substances into the river, which flows into Lake Win-

A planned leakage test carried out by the city on Nov. 29, 2023, discovered that the integrity of two sewer pipes, installed across the river in 1970, were compromised. One pipe had a "significant leak," resulting in an "unknown" amount of raw sewage entering the Red River for an "unknown" period of time. City workers "plugged the pipe," according to incident details the city posts on its untreated sewage report webpage. The second pipe – into which sewage had been diverted - was believed to have "defects." The city indicated it would "gather information to help us determine how to best move forward with the repair or replacement of these pipes." Work on the pipes started this month.

Communities and commercial fishers along Lake Winnipeg are outraged and bracing for environmental fallout, a potential hit to their economies and disruption to their tourism sector, which includes angling.

Town of Winnipeg Beach mayor Pam Jackson called the sewage spill "shocking and horrific" and will likely lead to long term consequences for the community and the lake.

"It's horrible news for our town, our residents and for our lake. Of course, this will contribute to what I expect will be significant, possibly toxic, algal blooms this year, which will affect the lake itself and everyone who enjoys Lake Winnipeg," said Jackson. "The amount of nitrogen and phosphorous this is releasing into Lake Winnipeg is appalling and will have significant long term negative consequences. This will have a deleterious effect on our aquatic life, our fishers who make a living on the lake, the ecosystem and the overall health of our lake."

As stewards of Lake Winnipeg, Jackson said we're "failing miserably" on a lake under strain for years.

"This situation really speaks to the need for all politicians to have to courage and foresight to think of the long term good of their communities, and make decisions based on what will be

good for their community over decades and not just over four years," said Jackson. "That means maintaining and keeping in good repair all infrastructure, before it becomes so aged that we have these types of catastrophic events."

Gimli mayor Kevin Chudd called the spill "shameful" and "disgusting" and said his community is concerned about the damaging effects the raw sewage will have on the environment, the commercial fishing industry and on tourism, which helps support the economic livelihood of the rural mu-

"This is an environmental catastrophe," said Chudd. And given the sewage spill continued unabated for a reported 15 days, he wonders how the situation "would have been handled if the flows were going south" rather than north.

Apart from understandable feelings of revulsion to the spill, Chudd said this is no time to be "adversarial." Gimli would like to work collaboratively with Winnipeg to help it in any way possible to prevent raw sewage spills, which occur dozens of times every year. He'd also like to see the provincial and federal governments involved.

"It's clearly evident the priority for us - and for a lot of people - is safeguarding one of the most precious natural resources we have - fresh water," said the mayor. "This isn't the first time there's been a major spill. Unfortunately, it won't be the last time. But we need to collaborate with all parties."

Chudd said the RM hadn't been informed by the city about the spill and council wants to see communication improved with municipalities downstream of Winnipeg.

Gimli councillor Andy Damm said he reached out to Winnipeg councillor Brian Mayes and discussed the incident with him and one of the city's engineers. He asked that communication with the RM be "stepped up" as well as with First Nations communities on the lake.

"In the future water is going to be such a vital resource. I can see the potential for wars being fought over fresh water," said Damm. "And here we are using Lake Winnipeg as a dumping ground. We can't stand for

The RM plans to hold a summit on the issue with First Nations communities, the Manitoba Métis Federation, other towns on the lake, the province and the city "if [the city] wishes to show up to something like this," said Damm.

Commercial fisher Robert T. Krist-



RECORD FILE PHOTOS BY PATRICIA BARRETT

Discharge flows into the Red River near the Chief Peguis Bridge. The City of Winnipeg's North End wastewater treatment plant, which the city is upgrading, is shown in the background.

janson, who for decades has been calling attention to algal blooms on the lake, said he was left with a profound sense of shame after learning of the spill.

"We here along the shores of Lake Winnipeg will have to live with this monster of a spill," said Kristjanson. "It's so hypocritical of the City of Winnipeg to think that the people who live north of the city are unimportant. I'm so ashamed of Winnipeg and how they're failing to address what they're doing to our environment."

Kristjanson added that he wonders why environmental laws don't seem to apply to the city.

"I didn't know we were in a country [i.e., region] separate from the rest of Canada in terms of laws," he said. "Does the City of Winnipeg have special dispensation from the federal and provincial governments to pollute our waterways? My god, the city should be ashamed of themselves for what they've done to the rest of Manitoba."

Lake Winnipeg commercial fisher and systems analyst Bill Buckels, who's faced outright denial in the past when he's reported to the province large volumes of fecal matter swirling off the coast of the Hecla-Grindstone region, said the city's 15day, non-stop raw sewage discharge is "absolutely outrageous."

He's questioning where the city's contingency plan was when the spill was detected last November. And if there's no contingency plan for something so critical as protecting the environment and human health from hazardous waste, why isn't there one?

"To begin with, this is not some corporate entity called the city that should have had a contingency plan. Clearly, the accountable person, the mayor of Winnipeg Scott Gillingham,

as well as all the people who work for him, should have had the sense to know in November their system was damaged, and that any contingency such as further overloading it would fail. This spill may have lasted 15 days, but the knowledge that the pipe had failed was evident in November," said Buckels.

"There should have been a way at that time to re-direct sewage to a holding area of some kind like a lagoon or pond while they replaced the damaged pipes. Any system, whether it's a computer system or a process of some sort – such as infection control in a tattoo parlour or a dishwasher to sterilize tableware in a restaurant must have proper risk analyses and failovers."

Buckels said there's apparently no way of "turning off raw sewage" from going into the Red or Assiniboine rivers, and municipal, provincial and federal politicians have failed over the years to rectify that, preferring instead to run in "reactive mode."

"Let's be clear about what politicians care about: politicians care about perception because to them, perception is reality. They will not do any more than they have to in order to get people's votes. At this point they'd rather put money into planting trees along a pretty river walk on the Red River, which – let's face it – is just a big sewer for city waste to flow out to the lagoon they call Lake Winnipeg," said Buckels. "Who designs a sewer system that has no requirement to safely turn off or redirect the shit? It's obviously dysfunctional."

David Driedger, the City of Winnipeg's manager of Corporate Communications, said the two pipes that

Continued on page 20

> SEWAGE DISCHARGE, FROM PG. 19

run under the river at the Fort Garry Bridge direct sewage from southwest Winnipeg to the South End Sewage Treatment Plant. In November the leaking 700 mm pipe was "immediately" taken out of service.

"The remaining pipe, an 800 mm pipe, was found to be in poor condition, but could still handle the flow across the river. Planning for a bypass system began at that time," said Driedger. "The bypass system, made up of temporary new pipes, would allow us to continue directing sewage to the treatment plant. We could then take the existing pipes out of service until [they] could be permanently replaced."

Work on the bypass system – sewage pipes laid across the Fort Garry Bridge – to restore sewage collection capacity started on Feb. 5, he said. On Feb. 7, two days after the work started, the second pipe (800 mm) failed.

"Due to this second failure, the work to assemble the bypass system over the bridge was accelerated," said Driedger. "Provincial and federal agencies were notified of this environmental issue."

Crews will be continuously monitoring the bypass system, making adjustments as necessary to ensure it's reliable, he said.

"It's expected the bypass system

will be in place until the river-crossing pipes that failed can be replaced. Work to replace the pipes will begin right away, with construction continuing in 2025," said Driedger. "Under normal circumstances, the work involved in building a bypass system of this type is very challenging and would take upwards of five weeks. It's incredibly difficult work when you can't turn things off to trouble-shoot issues."

The city has been posting information about the spill on its website to keep the public informed. And during open water season, the city samples river water quality and posts the results online.

A spokesperson for the provincial government, which regulates industry, said the situation is being monitored and an investigation has been launched, the details of which cannot be shared.

"Manitoba Environment and Climate Change is actively monitoring the situation. The pipe that is leaking is part of the City of Winnipeg's South End Pollution Control Centre Environment Act Licence. The environmental compliance and enforcement branch has launched an investigation and details cannot be provided during an active investigation," said the spokesperson. "The department is

also monitoring upstream and downstream water quality to help assess environmental impacts. Manitoba has a strong regulatory framework in place to address water pollution, and these requirements are also incorporated into our *Environment Act* licensing process."

Cecelia Parsons, spokesperson for the federal department of environment and climate change Canada, said a file on the sewage spill has been opened and that the ECCC takes pollution incidents and threats to the environment seriously.

"ECCC has a mandate to enforce federal environmental legislation aimed at preventing pollution and protecting wildlife and biodiversity in Canada. ECCC enforcement officers are responsible for administering and enforcing the pollution prevention provisions of the Fisheries Act, which prohibits the deposit of deleterious, or harmful, substances into water frequented by fish," said Parsons. "ECCC enforcement officers have responded to the incident and a file has been opened. If there is sufficient evidence of an alleged violation, enforcement officers may take appropriate action in accordance with the compliance and enforcement policy for habitat and pollution provisions of the Fisheries Act."

Selkirk-Interlake-Eastman MP James Bezan issued a press release Feb. 22 in



Lake Winnipeg commercial fisher Bill Buckels has had his fishing operation sidelined many times because of excrement and algal blooms in the lake. He's shown in 2018 in the Hecla-Grindstone region where fecal matter (Buckels had a sample confirmed by a city lab) and algae swirled in the currents for weeks.

which he said he was "disgusted" by the raw sewage breach that ran "unimpeded" since Feb. 7 into the Red River and Lake Winnipeg, and that the federal Liberals "must take an active role" to support Manitoba and Winnipeg and protect its waterways from future breaches.

"These waterways are vital to the economic prosperity and health of our communities. The sewage is polluting our iconic Lake Winnipeg, which is vital to Manitoba's thriving inland commercial fishery, beautiful beaches, recreational activities, and is a source of drinking water for many communities," said Bezan.

Celebrating World Day of Prayer





RECORD PHOTOS BY KATELYN BOULANGER

Residents gathered at Knox Presbyterian Church to celebrate World Day of Prayer this year. The annual event highlights the global needs of children and women from different parts of the world. This year the program shared voices from Palestine and prayers were focused on bringing peace to the region.



Servings: 8-10

- 2-3 sheets puff pastry dough
- 5 Envy Apples
- 2 tablespoons sugar
- 1 teaspoon finely grated lemon zest
- 1 tablespoon cornstarch
- 1 tablespoon milk
- 1 tablespoon cinnamon sugar

ice cream, custard or cream, for serving (optional)

Preheat oven to 365 F.

Use two sheets semi-thawed pastry to line fluted tart pan approximately 10



Classic Apple Lattice Tart

inches, pressing and trimming neatly to fit; chill 15 minutes.

Peel, core and thinly slice apples into large bowl; sprinkle with sugar, lemon zest and cornstarch then toss well to evenly coat.

Arrange apple slices in pastry-lined tart pan, laying flat.

Beat egg with milk. Brush egg wash around pastry rim.

Cut 1/2-inch strips from remaining pastry sheet and make lattice pattern over apples, crimping edges once lattice is completed.

Brush tart with egg wash and sprinkle with cinnamon sugar.

Bake 35-40 minutes, or until pastry is golden. Allow to cool at least 15 minutes before slicing. Serve with ice cream, custard or cream, if desired.



Servings: 12

2 Envy Apples 1 tablespoon maple syrup

1 cup flour

1 cup bran flakes

3/4 cup brown sugar

1/2 cup chopped dates

1/2 teaspoon pumpkin pie spice

2 teaspoons baking powder

1 cup butter, melted

1 egg, beaten

3/4 cup milk

butter or powdered sugar, for serving (optional)

Preheat oven to 375 F and line muffin



Apple and Date **Muffins**

pan with cupcake papers.

Peel and core apples and dice finely; toss with maple syrup.

In large bowl, combine flour, bran flakes, brown sugar, dates, pumpkin pie spice and baking powder; mix well.

In separate bowl, whisk melted butter, egg and milk.

Add half maple-apple mixture to dry ingredients.

Pour wet ingredients into dry and fold together until mixed. Spoon evenly into muffin tin cupcake papers. Add 1 teaspoon remaining maple-apple mixture to top of each muffin.

Bake 20-25 minutes until muffin mix is set and apple topping is golden. Allow muffins to cool 5 minutes before removing from tin.

Serve with butter or dust with powdered sugar, if desired.

Stilton Cheese Pizza

Yield: 1 pizza

- 1 tablespoon pizza sauce
- 1 tablespoon sweet chili sauce
- 1 storebought pizza crust
- 1/2 cup mozzarella cheese, divided
- 1/3 cup stilton cheese, divided
- 1 Envy Apple
- 4 slices prosciutto

et inspired | Ask the money lady

Dear Money Lady Readers,

With everything that's going on in the markets today it's hard to know if you have the right investment plan for your future. Here's what all the economists say: "you need to have a well-diversified portfolio which includes bonds, cash, and high-quality stocks, one that is rebalanced based on your age, risk tolerance and future aspirations."

Okay, textbook – right? But what does that mean? How do you do that? How are you going to get

Well, you need to be build a financial team. If your car breaks down or you get into an accident, you don't fix it by yourself in your garage? You or your insurance company hires a professional mechanic to fix it and then everything is great again. Same idea with money. You need to have a professional that can help you achieve all those financial goals you want out of your life.

You want an investment "partner." Pick an advisor who really has your best interests at heart, and don't just pick the first person you talk to, or a relative that wants to help out. You want to be selective, not just with the advisor, but also the brokerage firm. Now let's talk about fees. What should you pay? There are 2 types of fee structures – transactional or fee-based.

Transactional fees are charged with every investment transaction. This is often the case when you buy fixed income investments such as bonds. A fee is charged when you purchase the bond and then again when you sell it. There aren't many advisors that still do transactional fee structures when buying securities. That was the old "stockbroker style" of buying and selling stocks on a monthly basis to generate revenue not only for the client but also the broker. Most advisors today lack the expertise to execute this style of investing properly; however, if you didn't have a good stockbroker back then, it still could be costly. We used to call this method the "pump & dump," which was basically how



Christine Ibbotson

a broker would make an income, moving stock around and charging a transaction fee every time. Nowadays advisors want to put you in a fee-based plan, with a fixed monthly fee designed to offer more protection for the clients along with ensuring a consistent revenue stream for the advisor and the brokerage firm.

Basically, you want to ask yourself: is this advisor a valued partner that I'm willing to pay for, and most importantly am I satisfied with the services that they provide?

Personally, I think It's always a good idea to periodically check out the competition, talk to your friends and see what they pay. When you are young you may not mind spending more for investment advice, but as you age and move investments into secure fixed income products with lower risk and smaller gains, your number one problem will be fees and expenses.

Let me leave you with this TIP: Your new advisor needs to be focused on how to secure your capital with adequate growth in the most tax-efficient manner; and if they always do that, you will always make money.

Good Luck and Best Wishes, Money Lady

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 syndicated across Canada. Send your questions through her website at askthemoneylady.ca

fresh arugula leaves, for garnish fresh basil, for garnish toasted walnuts (optional) Preheat oven to 450 F.

Combine pizza sauce and sweet chili sauce. Spread sauce over pizza crust.

Sprinkle with half of the mozzarella cheese and half of the stilton cheese.

Cut apple in half then core and slice

into thin wedges. Arrange apple over cheese then top with remaining cheese.

Cook pizza 7-10 minutes until pale golden and starting to bubble. Add prosciutto and cook 2-3 minutes until golden and bubbling.

Serve with fresh arugula and basil. Sprinkle with toasted walnuts, if desired.

Hard to be green while in the red

By Cam Dahl, General Manager, Manitoba Pork Council

I did not come up with the line "hard to be green while in the red", but I wish I had. It is a brief phrase describing one of the most challenging policy aspects of sustainability. It is difficult, or even impossible, to change farming practices to improve environmental sustainability when experiencing negative margins. The idea applies to every business.

Even though this policy truism seems obvious, governments do not always recognize it. The government's most frequent policy tool is regulation. Imposing costly restrictions and penalties on businesses is often the default action. It should not be.

Take the carbon tax for example. The stated policy objective is to reduce carbon emissions by discouraging the use of fossil fuels. This may work when the use of fossil fuels is a discretionary expense, but heating a hog barn in winter is not discretionary. For hog farmers, energy costs are the second highest operating expense after feed. At a time when farmers' margins are written in red ink, the carbon tax is making it more expensive to raise pigs. This is antithetical to the policy objective of reducing greenhouse gas emissions because farmers are more likely to adopt innovative business practices when their operation is profitable. The carbon tax has become a barrier to adopting innovation that could improve environmental sustainability.

The carbon tax is also making Canadian hog farmers less competitive internationally. Manitoba exports 90 percent of the pigs raised in the province yearly, either as live animals exported to the United States or as packages of pork exported worldwide. Canadian farmers are competing against producers in other countries who do not face the added cost

of the carbon tax. The reduction in our competitiveness impacts jobs in both urban and rural areas, which in Manitoba equals 22,000 jobs across the province and discourages investment in every link of the industry's value chain.

To summarize, when applied to the energy requirements for raising pigs, the carbon tax does not achieve its policy goals, and it inhibits the adoption of alternative business practices that may improve sustainability, all while decreasing the competitiveness of Canadian farmers in world markets.

The cost and ineffectiveness of the carbon tax when applied to farming operations was recognized by the Member of Parliament (MP) who introduced bill C-234, An Act to Amend the Greenhouse Gas Pollution Pricing Act. This legislation, supported by most MPs, would remove the carbon tax from essential agricultural operations like heating a barn in winter. Unfortunately, the Senate has disagreed and amended the legislation, removing the reference to barn heating. How much will this change cost Canadian farmers? The Parliamentary Budget Officer estimates this cost to be \$910 million annually.

There is a better way. Not all government policy objectives need to be met using a regulatory hammer, as is done with the carbon tax. Instead, governments should be adopting an incentive-based approach. The alternative policy approach is one rooted in collaboration with farmers and accepting that financial sustainability for producers must be at the foundation of any strategy.

The collaborative approach may not be the easy path for those charged with implementing government policy. Canada is a large, diverse country, and innovative practices that drive fiscal and environmental sustainability in Quebec, the Maritimes or British Columbia may not work on the Prairies. There must be enough flexibility to account for differences in climate, soils, and ecosystems across Canada. Provincial and local governments must be engaged when determining which new practices and technology will work in a specific region. While this may sound messy and complicated compared to a one-size-fits-all regulation, incentives and collaboration, instead of costly regulations, will deliver meaningful results in the long run.

The federal carbon tax is set to increase again on April 1. If this happens, Canadian farmers will be less



Cam Dahl, General Manager Manitoba Pork Council competitive internationally and may see more red ink on the bottom line. It does not have to be this way.

Cozy Fox celebrating one year



RECORD PHOTO SUBMITTED

The Cozy Fox in Selkirk, a business that connects residents to Manitoba artists, crafters, bakers, and home-based businesses celebrated it's first year in business last weekend. Residents were invited to the store for cake and community.

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• VS Dauphin Kings, Sat, Mar 16th Thank you Dr. Birte Klug

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It's All(en) the family

St. Andrews siblings have carried tight bond onto the track, will race together for the last time at the U Sports national championship this weekend

By Jeremiah Knight

Hanging in the Allen family's living room is a photo of Keenan next to older brother Tristan, who'd just won a pair of silver medals at his first Canada West track and field championship with the University of Manitoba Bisons in 2018.

It's a picture worth a thousand words between the St. Andrews siblings.

"There's definitely that brotherly competitive aspect," said 25-year-old Tristan, now in his final season with the Bisons. "But I would say he's probably my biggest supporter on the track. Every time I do well, and every time he does well, we're one of the first people there and cheering the

Tristan and Keenan grew up supporting each other from the sidelines but never on the same playing surface — a by-product of being born six years apart.

Both took to baseball first but developed a penchant for running track by the time they reached Grade 12. Tristan made the permanent switch after one year at Dickenson State University (North Dakota), where he played baseball and ran track before returning home to run for the Bisons. Keenan ditched the diamond in his last year of high school and also ran his way to an offer from the Bisons, who he debuted for last season.

On Feb. 24, in Tristan's final appearance at the western Canada university meet, and Keenan's second, the brothers ran half of the Bisons' 4x400metre relay to a silver medal at the University of Alberta. The podium finish helped push the Bisons to a narrow 11.5-point victory over Alberta to capture the men's program's third consecutive Canada West championship banner.

It was the first event medal at Canada West in Keenan's blooming career and the latest in a laundry list of achievements on the track for Tristan, who also returned home with a gold medal in the 4x800m relay and silver in the 600m race.

"Now I'm on the podium with him so it's a really cool timeline," said Keenan, 19. "I wanted to win the 4x400 with Tristan, that was kind of the goal this year, but there's still nationals next weekend so that's the

Indeed, both siblings are brimming with confidence heading into the U Sports national track and field championship, held at James Daly Fieldhouse from Thursday through Saturday. Keenan will run the second leg of the 4x400 relay while Tristan runs anchor and, later, his final 600m race as a Bison.

"It'd feel almost unreal because we've never shared a team like this,' said Keenan. "There's a six year difference between us, it's been tough to share any sports moments together. Should we win gold at nationals, I think that'd be one of the better things to ever happen."

Tristan echoed his younger brother's sentiments, adding he wants to cement his legacy with the program.

"I've achieved a decent amount in the sport... but I don't have an individual U Sports medal," Tristan said. "I would like to come home with



St. Andrews born brothers Tristan and Keenan Allen will run for the University of Manitoba Bisons' 4x400-metre relay team at the U Sports national track and field championship at the James Daly Fieldhouse on Saturday.

some hardware in the 600m just to kind of close it off and give something for Keenan to chase."

Tristan's time on the track has come

with its share of adversity, but it may be the reason he has the chance to race with his brother for a national gold this weekend.

After his first season with the dur-Bisons. ing an outdoor meet, Tristan suffered the first of two consecutive significant hip injuries that required surgery. A lengthy recovery

kept him off the track just until the pandemic halted all sports for anoth-

Continued on page 25





GAME 1 - MARCH 8TH, 7:30pm

GAME 2 - MARCH 9TH, at Beausejour or North Winnipeg

GAME 3 - MARCH 12TH, 7:30pm

GAME 5 - MARCH 17TH, 3:00pm

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Meet the **Fishermen**



#22 Peyton Moneyas Forward

Steelers' road game with Wolverines postponed on Sunday

By Brian Bowmar

The Selkirk Steelers' road game with the Waywayseecappo Wolverines was postponed on Sunday.

Friday saw the Steelers lose 3-2 in a shootout to the Wolverines at the Recreation Complex.

Selkirk has been involved in a lot of shootout/overtime games in recent weeks.

Garett Zasitko scored the lone goal in the shootout.

The Steelers' Dawson Dear and Mathieu Catellier scored first-period goals and then the Wolverines' Sean Williams and Mikey Thomas tallied in the second.

Last Wednesday, Selkirk iced the Winnipeg Freeze 7-1 at the Hockey For All Centre.

The Steelers' John Lang and the Freeze's Kylow Monkman traded first-period goals before Catellier, Rocco La Cara, and Ethan Brown ripped power-play goals in the second.

Lang, with a pair to complete his hat trick, and Owen Weihs closed out the

scoring in the third.

Jack Hodgins made 17 saves for the win.

Selkirk is now 21-22-4-5 and has 51 points to occupy fifth place in the MGEU East Division.

The Steelers are five points behind the Niverville Nighthawks with a game in hand.

Selkirk hosted the Freeze this past Tuesday and then will take on the Winnipeg Blues Wednesday (7:30 p.m.) at the Hockey For All Centre.

The Steelers will then visit the Nighthawks in a huge matchup on Friday. Game time is 7:30 p.m.

Meanwhile, Brown was named the Safe Work Manitoba Defenceman of the Month for February.

He scored four goals and had 10 assists in 11 games last month.

As well, Steelers' forward Mathieu Moreirs is one of four finalists for the MJHL's Frank McKinnon Memorial Trophy. This award is based on playing ability and sportsmanship.



RECORD PHOTO BY BRETT MITCHELL

The Steelers' Owen Warnick has a great scoring opportunity against the Wolverines in Selkirk's 3-2 shootout loss to Waywayseecappo last Friday.

Curlers hit the ice



RECORD PHOTO SUBMITTED

Selkirk seniors curling had a bonspiel late last month with 43 players out with a great couple of days of curling and fun. They had a 50/50, Lotto ticket tree, door and game prizes donated by Tim Hortons, MacDonalds, A&W, Keystone Sports, the Selkirk Curling Club, Asham, Canadian Tire and all the Selkirk senior members. They were very grateful for the business support. They also had \$20 in their Hog line pot-generated by those who could not get past the hog.

The winners from Argyle were Audrey Klimpke, Ray Mason, Ken Klimpke, and Henry Fast (skip).



Ethan Brown



Mathieu Moreira

Raiders top Transcona Railer Express

By Brian Bowman

The Raiders Jr. Hockey Club topped the Transcona Railer Express 6-2 on Sunday afternoon.

Nate Goodbrandson (two), Logan Klippenstein, Jack Oleksiuk, Branden Huminik, and Owen Lourenco scored for the Raiders.

Austin Campbell and Colton Pakoo replied for the Railer Express.

Owen Savoie made 30 saves for

the win.

Last Friday, the Raiders lost 4-3 to the St. James Jr. Canucks.

Ashton Henry (two) and Goodbrandson scored for the Raiders while Kale Price, Jacob Phillips, Tyrone Willan and Josh Degagne answered for the Canucks.

The Raiders wrapped up their regular season on Tuesday against the St. Boniface Riels but no score was available.

Thrashers end regular season with a win

The Winnipeg Thrashers were shut out 1-0 by the Winnipeg Bruins in Manitoba U18 AAA Hockey League playoff action on Saturday.

Maxx Hamelin scored the game winner in the third period.

The best-of-five series is now tied at a win apiece.

Last Friday, the Thrashers won 4-3 in overtime.

Lincoln Black-Greaves scored the game winner. The Thrashers' other goals were tallied by Rohan Guevarra, Kaiden Dela Cruz, and Ryden Duchon.

Alexandre Andre, Lukas Mager, and Carson White replied for the Bruins.

It was a great win for the Thrashers, who overcame a 3-1 third-period deficit. Taye Timmerman posted the win

Game 3 of the series was played this past Tuesday and Game 4 is set for Thursday (7 p.m.) at the Southdale Community Centre.

If necessary, a series-deciding Game 5 will be played Friday (7:30 p.m.) at the Gateway Recreation Centre.



East St. Paul's Maddox Malmquist, a first year forward with the Winnipeg Thrashers, was named the Manitoba U18 AAA Hockey League's rookie of the year. He had 24 goals and 23 assists in 41 games this past regular season to finish second in team scoring and 12th overall in the league. He was selected by the Regina Pats (WHL) in the eighth



RECORD PHOTO BY BRETT MITCHELL

Winnipeg Thrashers' forward Rohan Guevarra of St. Andrews scored a shorthanded goal in his team's 4-3 overtime win in Game 1 of their playoff series against the Winnipeg Bruins last Friday.



RECORD PHOTO SUBMITTED

Donna Lynn Nutbean and Perry Taylor scored a six ender in the Tuesday night Stick Curling League at the Petersfield Curling Club on Feb 27. The league curls Tuesday evenings with two draws at 7 p.m. and 8 p.m. with 16 teams.

> ALL(EN) THE FAMILY, FROM PG. 23

He'd spent more than three years away from competitive track by the time he returned.

"Last year was very special to me, just being able to overcome injuries like that," he said. "When I was injured, I had no idea if I was going to be able to run again. I certainly didn't know if I was going to be able to run as fast."

It was during that time that Keenan began to run more while falling out of touch with baseball. He pushed Tristan through the rigours of rehab while Tristan helped Keenan refine his technique.

Now both are seeing the fruits of their labour.

"It feels nice (to succeed)," Keenan said. "It feels like this was a good choice, like I didn't waste the last two years doing something I wasn't good at," Keenan said.

"It's kind of reassuring that I just needed some training to catch up and now it's like trying to get ahead instead of catching up to everybody."

This season has brought its own set of challenges for Tristan, who

began his first year of law school. He admitted it's become increasingly difficult to balance track and school work, a big reason he's grateful the national meet will be held in Winnipeg this year.

As a result of training less, he's shifted to a more aggressive approach during competition, and it's paid off.

"Last year was my best year with track. That year and previous years, any one who has watched me knows I'm a bit of a sit-andkick runner. I would usually sit in the back of the pack and leave it until the last lap to kick and make

"This year, I'm just trying to go for it and see what happens and that same mindset, I'll take that into U Sports as well, I'm just going to go for it and see what happens.'

Tristan said he'll continue to run track after his Bison career concludes. You can be sure he'll be at any meets that take place in Winnipeg, cheering on his younger brother.

"I'm excited to see what he does when I'm gone," Tristan said.

Municipality of Alexander



PUBLIC NOTICE

2024 Spring Road Restrictions

The Municipality of Alexander hereby gives notice that the Spring Road Restrictions will follow the Province's dates unless otherwise notified.

Provincial Road Restrictions are available by contacting the Road Information Line at 1-204-945-3704, or 1-877-MBRoads (1-877-627-6237) for a verbal description of road restrictions or online at http://www.gov.mb.ca/mit/srr/index.html

For local updates check the notices at: http://www.rmalexander.com

The purpose of Spring Road Restrictions is to protect roadways from damage during the spring thaw conditions. We request your co-operation in following these restrictions

Municipality of Alexander



PUBLIC NOTICE

Ditch Cleaning / Snow Clearing 2024

The Municipality of Alexander hereby gives notice that the municipality will begin clearing snow from ditches throughout the municipality in preparation for the spring thaw.

This program will begin in March and will continue through March and April as needed and weather permitting. If you have any questions or concerns, please contact the Municipality of Alexander Public Works Department at (204) 367-6185 or the Public Works Manager at (204) 367-6186.

Please note that this does not include any ditches or drains located along provincial trunk highways or provincial roadways. These are under the jurisdiction of the provincial department: Manitoba Infrastructure and Transportation.



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ADVERTISE IN THE RECORD

PUBLI NOTIC

REGARDING THE 2024 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of The Municipal Act that the Council of the RM of West St. Paul intends to present its financial plan for the fiscal year 2024 at a public hearing at the Municipal Office, 3550 Main Street in the RM of West St. Paul on **Thursday, April 4, 2024 at 6:00pm.**

The financial plan will be available for review after March 27, 2024. Persons wishing to view the municipality's financial plan may view the documents during the regular office hours of the municipal office at 3550 Main Street, West St. Paul, Manitoba or on the municipal website at www.weststpaul.com

Dated this 7th day of March, 2024.

Crystal Shuhyta, CPA, CGA, B.Comm(Hons) Director of Finance RM of West St. Paul

REQUEST FOR PROPOSALS



The Rural Municipality of St. Clements is selling a house, to be moved. The house is located at 1032 Colville Road in East Selkirk. The house is a 11/2 storey with a single storey, addition and a single attached garage. It has 1,484 square feet in gross living area with a kitchen, living room, dining room, 1 – 4 piece bathroom and 2 bedrooms along with a small loft in the upper storey separated into 2 rooms. The building is wood framed, with asphalt shingles and vinyl siding.



Rural Municipality of St. Clements 1043 Kittson Road RR1, East Selkirk, Manitoba R0E 0M0 Office Phone: 204 482-3300 Winnipeg Phone: 204 474-2642 Toll Free: 1888 797-8725 Fax: 204 482-3098 www.rmofstclements.com

A condition of the purchase is that all items on the property must be removed and the property to be returned to bare land. As part of the proposal please submit the date of when the property will be cleared.

Viewing dates and times of the interior of the home: Monday March 11, 2024 from 1pm-3pm. Proposals to be sent to RM of St. Clements Municipal office, in a sealed envelope. Deadline for proposals is March 15, 2024 at 3:00 p.m.

AUTOS

Red 2013 Chev Equinox-LT (need motor?), 185,000 km, \$2,250 obo. Ph. 204-492-0842.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with A/C. storage F/S. areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 AVAILABILITY.

Manitoba Ave., Selkirk. Beautiful 1 bedroom apartment available April 1. 6 new appliances, hardwood floors, granite kitchen counters. No pets, no smoking. \$1,195/mo. Call 204-482-7297.

HELP WANTED Galay Landscaping

is currently conducting interviews for the position of landscape technician, foreman and labourer for the upcoming 2024 season. Training provided for suitable candidates. Wage and salarv dependent upon relevant experience and skills. Good opportunity for advancement for those interested and able to learn. The ability to help our crew with our snow clearing operation for duration of winter in Selkirk would be an asset. Class 5 license and own reliable transportation is required. Please send resume by email to: info@ga laylandscaping.com No phone calls.

News Tips? Story Ideas? call the Record 204-785-1618

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

Property management company is currently hiring an administrative assistant. This is a Part-Time Position (M - F, 15 - 20 hours per week). Job includes rent collections, tenant correspondence, leasing units, and related paperwork. Computer experience is required. Wages are dependent upon relevant experience and skills. Please send your resume by email to: amber@pub liccapital.ca

ADVERTISE YOUR PROPERTY FOR RENT OR SALE IN THE RECORD

WEST ST. PAUL

EMPLOYMENT OPPORTUNITY

Parks and Recreation Attendant

Job Type: Full-Time Permanent (40 hrs per week)

Start Date: To be determined

Salary: As per Collective Agreement between the RM of West St. Paul and IUOE Local 987

Closing Date: Open until filled

Under the direction of the Community Services Officer the Parks and Recreation Attendant is responsible for performing duties related to the operation and maintenance of all facilities for the Municipality. The attendant will perform various tasks necessary for indoor and outdoor maintenance of the Access Centre, Public Works and Administration Buildings.

This position falls within the Collective Bargaining Unit of Local 987 and is subject to all terms and conditions of the collective agreement or subsequent amending Agreements.

For a full list of responsibilities and qualifications please visit www.weststpaul.com.

Applications should be marked "Application for Parks and Recreation Attendant". References shall be required upon request. If you have any questions regarding the posting please contact Terry Ferguson, Community Services Officer at 204-334-0092.

Apply to:

Lainie Shaw, CMMA Municipal Legislative Officer RM of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3 Email: admin@weststpaul.com

The RM of West St. Paul wishes to thank all candidates for their interest in this position, however, only those individuals considered for an interview will be contacted.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for non-restricted both and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Wanted old advertising: dealership signs, service station, gas pumps, globes, oil Red Indian, cans. White Rose, Buffalo, Ford. GM. Huskv. Dodge, Tire signs. Coke, Pepsi etc. Call 306- 221-5908.

UPCOMING

All welcome to BVM Selkirk Drive, Saturday, March 16/24, 7 p.m. East Selkirk Hall, 711 Henderson Hwy. Silent Auction, Prizes, Late Lunch. Admission \$7.50.



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www.mcna.com

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NOTICES URGENT PRESS RE-LEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www. mcna.com under the 'Types of Advertising"

News Tips? Story Ideas?

tab for more details.

call the Record 204-785-1618

NOTICES

SEASONAL CRAFT SHOW? REGISTER-ING Spring programs? Having an AGM? Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking winter and spring advertising for 2024. Please Call 204-467-5836 call MCNA at 204-947-1691 for more details or to book ads. - Manitoba **MCNA** Community Newspapers Association. www.mcna.com

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204-467-8884

The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-785-1618

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RURAL MUNICIPALITY OF ST. CLEMENTS

PUBLIC NOTICE

REGARDING BY-15-2023 HERITAGE BY-LAW

PUBLIC NOTICE is hereby given that the Council of the Rural Municipality of St. Clements intends to give 2nd and 3rd Reading to By-law 15-2023, being a By-Law of the Rural Municipality of St. Clements to provide for the conservation and preservation of buildings, structures, history, cultural and lands with local architectural and historical interest within the municipality, at the Regular Meeting of Council in the Council Chambers of the R.M. of St. Clements on Tuesday, March 26th, 2024 at 2:00 p.m.

Council will hear any person who wishes to make a representation or ask questions to By-law 15-2023 as provided.

If you wish to do one of the above, please submit in writing prior to 4:00 p.m. on Tuesday, March 22, 2024. Your written submissions can either be emailed to info@rmofstclements. com, dropped off at our office by using the mail slot at the south door of our building or mailed to our office if time permits.

Copies of By-law 15-2023 is available at the Municipal Office located at 1043 Kittson Road, East Selkirk or on our website at www.rmofstclements.com

Dated this 7th day of March, 2024.

Deepak Joshi Chief Administrative Officer



WE ARE HIRING!

DIRECT SERVICE WORKERS – IMMEDIATE NEED

Southeast Child and Family Services is hiring Direct Service Workers for various communities with a particular emphasis on serving Little Black River First Nation and Hollow Water First Nation. If you are passionate, capable, and reliable, we would love to hear from you.

Responsibilities:

- Manage a comprehensive caseload; ensure the provision of protection and prevention services to children and families; make appropriate problemsolving and decision-making within prescribed timelines a priority.
- Conduct child protection concern investigations; de-escalating and intervening with crisis situations in an appropriate and timely manner.
- Maintain detailed caseload documentation in compliance with Provincial CFS Standards, Southern First Nations Network of Care, and all other applicable legislations.
- Demonstrate an understanding of community values, strengths, and concerns; establish and maintain collaborative relationships with community resources and collaterals for both clients and team members.

Oualifications:

- Bachelor of Social Work (an equivalent combination of education and experience may be considered).
- Possess a minimum of one (1) year in front-line case management experience with Children-in-Care and families.
- Experienced in conducting investigations, including the gathering and analysis of information to implement appropriate action(s).
- Valid driver's' license and reliable vehicle; Satisfactory Criminal Record, Prior Contact, and Child Abuse Registry Checks are required.

SECFS offers competitive wages and an exceptional benefits plan. All Indigenous applicants are asked to self-declare in their cover letter. We thank all applicants; however, only those candidates selected for an interview will be contacted.

Please send your resume and cover letter to: hr@secfs.ca

Call 204-785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENT

WEDDING ANNIVERSARY





Happy 60th Wedding Anniversary March 3rd Ron and Olive Inman -Love Barb and Sheila

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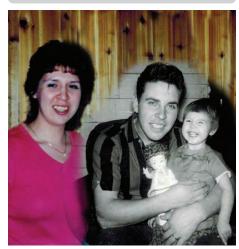
Apply to hr@g.prsdmb.ca For postings, please visit www.prsdmb.ca

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ANNOUNCEMENT

BIRTHDAY



Happy 60th Birthday March 27th Barbara Elaine Inman -Love Mom and Dad

ANNOUNCEMENT

IN MEMORIAM



Brenda Patrice Morrow (nee Baty) May 4, 1964 - March 5, 2001 -Lovingly remembered, by the family

ANNOUNCEMENT

IN MEMORIAM



Joseph Smolinski In Loving Memory of our beloved husband and father who passed away March 6, 2021 Not a day goes by that we don't think of you. We love you, miss you. And wish you were here.

-Pat, Bill and Desiree, Richard and Linda

ANNOUNCEMENT

IN MEMORIAM



Kim Meger July 4, 1960 - March 12, 2022 When someone you love becomes a memory, The memory becomes a treasure. -Wife Brenda and daughter Cassidy

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Announcements Selkink Regord

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OBITUARY



Gordon Lindsay Johannson

In loving memory of Gordon "Gord" Johannson, who passed away peacefully on February 23, at the Grace Hospice, at the age of 77.

He was predeceased by his father Harold, mother Mary, and brother Robert.

Gordon will be sadly missed and lovingly remembered by his wife Evelyn, mother-in-law Albertine "Tina," son Gary, daughter Lindsay (Michael), grandson Darwin, sister Marian "Bonnie" and family, sisters-in-law Nicole and family, Marilyn (Bob) and family, and Karen and family, and many close friends.

Gordon was born on April 2, 1946 in the town of Selkirk, Manitoba to Harold and Mary Johannson. He completed post secondary studies at the University of Winnipeg, with a double major in chemistry and geography. Gord's knowledge

of chemistry led to a career with The Coca-Cola Company that spanned 25 years, in a variety of positions and across four provinces. Gord met Evelyn in July of 1972 and they were married on May 26th, 1973. Shortly after they were married came his first move with Coke, to Vernon, British Columbia. A few years later, Gordon and Evelyn then found themselves transferred to Edmonton, Alberta, where their family grew to include first their son, Gary, and a few years later their daughter, Lindsay. After a brief time of living in Ontario, Gordon was transferred back to Manitoba in 1990, bringing him back home to much of his extended family.

Gord greatly enjoyed working with his hands. He built several basements learning how to do many of the necessary tasks, from plumbing to electrical work, to complete these construction jobs. He loved working with wood, from creating large pieces of furniture to small, detailed model cars and toys. He also had a great love of golf and spent many hours out on the golf course. Gord loved being outdoors and he and Evelyn spent the last several years living out at their cabin in Island Beach, before returning to the city due to his declining health.

A special thank you goes out to all the staff at Riverview Health Center 3 East, for their exceptional care. The family would also like to extend a sincere thank you to the staff at Grace Hospice for their care during Gordon's final days.

A celebration of Gordon's life will be held on a later date at Glen Lawn Funeral Home.

In lieu of flowers, donations may be made to Cancer Care Manitoba, 675 McDermot Ave, Winnipeg, MB, R3E 0V9 www.cancercare.mb.ca/Ways-To-Help/donate

OBITUARY

In Loving Memory of Mary Kropelnicki

December 24, 1931 - February 27, 2024

It is with heavy hearts that we announce the passing of our beloved aunt, Mary Kropelnicki (Chocha), on February 27 at the age of 92. She departed this world peacefully, surrounded by the love of her family and friends.

In keeping with her wishes, cremation has taken place with a memorial and interment of ashes to be held in the summer.

Mary was born on December 24, 1931 in Selkirk, MB to Anne and Alex Pernak, and is survived by her nephews Alan and Gary Karasiuk (wife Marion), great niece and nephew Alexis and Zachary, and brother-in-law Roy Karasiuk.

She is predeceased by husband Walter Kropelnicki and sister Helen Karasiuk, with whom she is now reunited in eternal peace.

Mary (along with her husband) may be best remembered for running the Dinette restaurant, a long-time fixture on Manitoba Avenue in Selkirk, which is fondly remembered to this day.

We would like to thank Mary's friends and neighbours for their help over the years, enabling her to live in her Park Road home, until almost age 90. We would also like to thank the staff of Betel Home in Selkirk for their patience and care during Mary's stay. Special thanks to Gail Bodman for her help during Mary's last years.

Tributes: www.gilbartfuneralhome.com

Those we love don't go away, They walk beside us every day, Unseen, unheard, but always near, Still loved, still missed, and very dear.

 $\label{eq:Gilbart Funeral Home, Selkirk in care of arrangements.}$



DBITUARY

Arthur John Peters May 21, 1934 – February 25, 2024

Surrounded by love, Art passed away peacefully at age 89 on Sunday morning at Health Sciences Centre.

A Celebration of Life will be held at 2:00 p.m. on Saturday, March 9 at Fort Garry Mennonite Fellowship, 150 Bayridge Avenue, in Winnipeg. A Faspa (light lunch) will follow in the lower level of the church.

Friends and family are invited to visit Arthur's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

Interlake Cremation & Memorial Services 204.482.1040

OBITUARY

Larry Paul Johnson October 24, 1942 – February 27, 2024

It is with heavy hearts we announce the passing of Larry, our beloved husband, father, grandfather, great-grandfather, brother, uncle and friend, on February 27, 2024.

Cremation has taken place and an intimate family Celebration of Life will occur in the summer. Friends and family are invited to visit Larry's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:



OBITUARY

John Arthur Soke

December 27, 1933 - February 18, 2024

On Monday, February 18, 2024, John Soke, father, grandfather, great-grandfather, and uncle passed away peacefully at the age of 90.

John Arthur Soke was born December 27, 1933 in Saltcoats, SK. After an adventurous childhood on the farm with his parents and seven siblings, he moved to Winnipeg, where he met, and then married, Deanne Park on June 15, 1957. Together they raised four daughters: Jodie, Kathy, Sandra, and Donna in Selkirk, MB.

A devoted family man, his home with Deanne was a busy and constant destination for his children, grandchildren, their partners, great-grandchildren, nephews, nieces and numerous friends. John will be remembered for his many adventurous and creative passions including hunting, fishing, woodworking, and sharing stories with family and friends. Compassionate, honest, and generous, he enjoyed deep friendships. John and Deanne enjoyed the many years in Selkirk including time with beloved neighbours and friends at the Selkirk Volunteer Firefighters

In lieu of flowers, please send donations to the Heart and Stroke Foundation of Canada.

The family thanks the loving staff at Middlechurch Home of Winnipeg.

John mourned the death of his loving wife Deanne Soke almost one year ago. He was preceded in death by his father and mother, Benjamin and Mary Soke, his stepmother Anna Soke and his six older brothers and sisters.

He is survived by his sister Sylvia Ewacka, sister-in law Elva Soke, sister-in-law and brother-in-law Carolee and Rene Hogue, brother-in-law Ken Park, and his best friend Gerry Clarke. John often reminisced about his brothers and sisters. "Uncle John" always enjoyed talking and visiting with his cherished nephews and nieces. His family treasures his love, memories, and hilarious stories: Jodie, Merv, Tammy, Corey, Chayse, JC, Bryce, Emily, Brody, Oliver, Dayna, Alex, Arizona, Matilda, Kathy, Kym, Stacey, Sandra, Allyssa, Cole, Latitia, Kaiya, Jonny, Willow, Donna, Ben, Seth, Milo, and his nephews and nieces.

A Celebration of Life to be announced at a later date.

Friends and family are invited to visit John's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

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Sellsink Record



Mary Mazur (nee Chopek)

It is with great sadness to announce the passing of Mary Mazur (nee Chopek) on February 27, 2024.

Mary was born June 6, 1924 to Pearl and Metro Chopek. She married Paul Mazur May 23, 1942.

Left to mourn her passing are her daughters Paulette (Joe) Witko, Marlene (Ed) Jackle, and Darlene (Glen) West. There are seven grandchildren, eight great-grandchildren and one great-great-grandchild. She will be missed by her sister Jennie Grabowski, brother Victor (Terry) Chopek and sister-in-law Thelma Chopek.

Mary was predeceased by her husband Paul, parents Pearl and Metro. Also, brother Walter Chopek and Lawrence (Sharon) Chopek, brother-in-law Joe Grabowski, and great-grandson Jordan Geric.

Mom will be missed very much. She was a kind, caring person with a great sense of humour. Her generosity knew no bounds when it came to her family and friends.

In following Mary's wishes, cremation has taken place and a private family service will be held at a later date.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



There is a link death cannot sever, Love and remembrance last forever.

OBITUARY

Peter Charles Thomas

With heavy hearts we announce the passing of our beloved Uncle Pete. Peter Charles Thomas, born on January 20, 1928 in Victoria Beach, Manitoba passed away at the age of 96 on February 11, 2024 in Winnipeg, Manitoba.

Known affectionately as Uncle Pete to all who knew him best. His love for family knew no bounds. He cherished the time spent with those he held dear above anything else. A commercial fisherman for most of his life - Uncle Pete's passions extended beyond the lake to include bingo games that brought joy to him and reading from his treasured Bible. The memories made during countless trips to British Columbia and Kenora, Ontario to visit his sisters were among some of the happiest moments in Uncle Pete's life.

A man whose kindness knew no limits - Uncle Pete had an open door policy when it came to caring for others without hesitation or question. His generosity touched lives far beyond what anyone could imagine. The loss of this remarkable soul leaves a void that can never be filled but we find solace knowing that he is now at peace surrounded by loved ones who have gone before him.

Peter was preceded in death by his parents John and Margaret Thomas as well as his brothers Duncan, Paul, John, Fred, Martin, Sam and Rennie; sisters Francis, Nora, Violet and nephews Duncan Jr, Samuel and niece Holly (Brooklyn).

He is survived by his sister Rose, great nephews Shaun, Shane, Bryce and Sly as well as many other nieces, nephews and family.

We will always carry your memory within our hearts until we meet again one day.

A celebration of life will be held at a later date to be announced where friends and family can gather together once more to honour Peter Charles Thomas' legacy.



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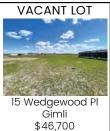


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