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# The Selkirk Record

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VOLUME 10 EDITION 10

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## Spring Hop smiles

RECORD PHOTO BY JUSTIN LUSCHINSKI

Second World War veteran Ralph Wild of Winnipeg, pictured left, holds one-year-old Loxley Cierzan during the Spring Hop at the Age Friendly Building in the RM of St. Andrews last Thursday afternoon. The event aimed to reinvigorate the senior community in St. Andrews, bringing everyone out to enjoy some food, dancing and live music. For a story, see Page 9.

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# Parts of Manitoba bracing for moderate to major spring flooding

By Lindsey Enns

Selkirk and surrounding area residents are now on high alert following the release of the province's first flood forecast of the year.

The province says the risk of major spring flooding in the Red River Valley in 2019 is high and with normal weather conditions, levels on the Red River south of the floodway are expected to be near 2011 levels. Unfavourable weather conditions, including late season snow, spring rains and a more rapid snowmelt, would bring Red River levels comparable to the 2009 levels, which saw extended road closures of PTH 75 and other roads, and evacuations in some areas.

Local officials say they are going to be watching the speed of this year's spring melt very closely.

"With any kind of quick melt and an ice jam we're going to be in a jam," Selkirk Mayor Larry Johannson said. "We're worried now. They're very worried for this area too so it's concerning."

Water levels will be below the flood protection levels of community and individual dikes, according to the forecast, however, partial closure of some community dikes may be required to maintain local access.

"Early forecasting data shows that we expect to see major flooding along the Red River, with both the Red River Floodway and the Portage Diversion pressed into service," Infrastructure Minister Ron Schuler stated in a release last Thursday. "Manitoba Infrastructure continues to gather data and work with counterparts in the United States and Saskatchewan to ensure timely information is available."



PHOTO COURTESY OF CHRISD.CA AND RECORD FILE PHOTO  
 ABOVE LEFT: Infrastructure Minister Ron Schuler discusses the province's first flood forecast of the year during a press conference in Winnipeg last Thursday. ABOVE RIGHT: The Red River spills over the Selkirk Waterfront during the spring thaw in this 2017 photo.

Darrell Kupchik, executive director of North Red Waterway Maintenance Inc., says the Amphibex ice breakers are busy making their way up the Red River.

"We're working our way back from Netley towards the end of Main and then from there we'll be making our way towards the City of Selkirk," Kupchik said during a telephone interview last Thursday.

Thick ice and snow are making for a difficult year for the ice breaking program, he added.

"This is going to be a challenging year for breaking on the Red River just because of the conditions and the amount of snow on the ice," he said. "That makes it a lot more difficult to maneuver the Amphibexes ... through that thicker snow."

Kupchik said the province's forecast is a cause for concern.

"In Selkirk, we're exposed to great

risk here because of our location on the Red River, all that water down south has to come through the City of Selkirk, St. Clements and St. Andrews," he said. "It heavily motivates us to try and finish breaking ice on the Red River before the weather warms up and conditions deteriorate."

"It all depends how fast we're going to get this warm up."

The province says based on long-term weather forecasts, below-normal temperatures are expected in March and April, further delaying snowmelt, with the risk of spring rains occurring at the same time. Manitoba Infrastructure is collecting ice thickness samples across Manitoba basins. Ice is expected to be thicker than normal, which would increase the risk of ice-jam flooding.

"March remains a crucial month in terms of snow melt and weather conditions, and how that will affect the

flood forecast going forward," Schuler added. "We expect to update Manitobans with more information as updated forecast data becomes available."

Johannson said some major areas of concern include the homes along the river in St. Andrews and St. Clements, in particular the Netley Creek area.

"There's been a lot of beautiful homes built out in that area and they are prone to flooding," he said. "I'm really scared of that scenario."

Ice fishing shacks in the Selkirk area have to be pulled off the ice by March 10, Kupchik added.

Flows on the Assiniboine and Souris rivers are also expected to be high. However, peak water levels will be below flood protection levels. Flows may produce some flooding of farmland and low-lying areas. The Shellmouth Dam will be operated to store a portion of the spring run-off, thereby reducing downstream river flows.

Manitoba's major lakes are expected to remain within their respective operating ranges. There is a low risk of overland flooding in the Interlake, upper Assiniboine and Whiteshell lakes areas. The Saskatchewan River and Carrot River in northern Manitoba are at moderate risk of overland flooding.

More information about flooding and how to prepare for an emergency situation is available online at [gov.mb.ca/flooding](http://gov.mb.ca/flooding).

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# Chiefs, mayors look to the future with historic MOU signing

By Justin Luschinski

At Lower Fort Garry, the same place where Treaty 1 was signed 148 years ago, municipal leaders from the Winnipeg Metropolitan Region (WMR) and the Southern Chiefs' Organization signed a memorandum of understanding (MOU) last Friday.

The 25 elected leaders working together in the Collaborative Leadership Initiative signed an MOU recognizing the considerable political value of First Nation and municipal governments formally agreeing to work together and build a better future for everyone in the region.

"This is the first ever Indigenous-municipal government MOU signed with this many partners anywhere that we know of," said Brad Erb, co-chair of the WMR. "In the spirit of reconciliation and re-building trust between our governments, this demonstrates our commitment to working together."

Grand Chief of the Southern Chiefs' Organization Jerry Daniels said it was a historic day.

"I'm very thankful for this day. Thank you to everyone who made this happen ... by signing the MOU on Friday, we are formalizing our relationship, as two levels of government," Daniels said. "This enables us to work together, towards shared prosperity."

Among the leaders who signed the MOU was Selkirk Mayor Larry Johannson, St. Andrews Mayor Joy Sul, St. Clements Mayor Debbie Fiebelkorn, West St. Paul Mayor Cheryl Christian, East St. Paul Mayor Shelly Hart and Brokenhead Ojibway Nation Chief Deborah Smith.

The Southern Chiefs' Organization represents 34 southern First Nation communities, including Brokenhead Ojibway Nation and Peguis First Nation. The event began with a drum group singing the Honour Song, before having each mayor and chief step up to sign the documents.



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Local and area municipal leaders from the Winnipeg Metropolitan Region and the Southern Chiefs' Organization signed a memorandum of understanding at Lower Fort Garry last Friday. The historic MOU recognizes the considerable political value of First Nation and municipal governments formally agreeing to work together and build a better future for everyone in the region.

**"BY SIGNING THE MOU ... WE ARE FORMALIZING OUR RELATIONSHIP AS TWO LEVELS OF GOVERNMENT."**

Sul said she was proud to be a part of such a historic event.

"It's very exciting. This is a new beginning, there's no reason we can't all work together," Sul said. "When an Indigenous community comes forward with something, we have to work hard, and make sure we're working together."

After each mayor and chief signed the MOU, they were presented with a medal, commemorating the new partnership. According to one of the chiefs, the medal is a symbolic representation of cooperation between Indigenous Canadians and the settlers. Since the original Treaties were written in English, and thus unreadable



to Indigenous Peoples, the medal was created to establish friendship and peace between the two peoples.

This was the fourth gathering of the leaders, working together under the Collaborative Leadership Initiative. The earlier meetings were to discuss how the two groups could move forward, and establish a strategic approach towards reconciliation.

Johannson said he's looking forward to the future.

"I feel like we're ahead of the curve in these talks. We're working with Peguis First Nation, major development, we're in talks with (Brokenhead Ojibway Nation)," Johannson said. "We'll never look back. The door is open. This is going to grow and improve us, not just Selkirk, but our whole region."





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# Trails committee aims to connect WSP residents

By Justin Luschinski

The West St. Paul Trails Committee wants the RM to help them connect community members with walking trails.

The committee made a presentation during last Thursday's council meeting, informing new councillors of their plans to build walkable trails all over the RM. Since 2015, the committee has helped create trails along Main Street, such as connecting Grassmere Road with Riverdale, and are hoping the RM will continue to provide them with funding support.

Wayne Poloway, the committee's chairperson, said they wanted to inform council of their plans, and also get them to support their initiative in future development agreements.

"Progress has halted somewhat. If you recall, (the River's Edge development) did not have a trail system plan, nothing that connected to our existing trail (along Main Street,)" Poloway said. "We're hoping for a resolution of some kind that would make developers include a sidewalk system that connects to our existing trails."

Poloway said they secure most of their funding through matching grants, which is handled by the RM. He added current council seemed to be very supportive of the effort, and they're hopeful for the future.

The committee is also looking to create a walkway from Grassmere Road

going to the Sunova Centre. Poloway said a walkway on the west side of the street, would be their most viable option. The bridge leading to the other side of Grassmere Creek is privately owned, and cannot be used by the RM.

West St. Paul Mayor Cheryl Christian said council is committed to making sure every new development is connected.

"They want to make sure that we have a connected and walkable community, and council supports that. We want input into any new and existing development agreements, to make sure their design is connecting with the trails," Christian said. "It's a priority for us that we have that oversight. We want to have a safe community, and to promote healthy living."

Christian added that prior to taking office as mayor, as a councillor, she pushed for a new policy to ensure that council can review every development agreement before approval.

The West St. Paul Trails Committee plans to continue building, aiming to have a main trail going from the St. Andrews border to the perimeter of Winnipeg, as well as an east and west pathway going towards the RM of Rosser.

The committee is also looking for volunteers. For more information, contact the RM of West St. Paul at info@weststpaul.com.

# Clocks spring forward Sunday for daylight savings

Staff

Most Canadians will adjust their clocks ahead by an hour on Sunday, March 10 for the switch from local standard time to daylight saving time.

Daylight saving time officially starts at 2 a.m.

Clocks are pushed ahead one hour in spring to what's commonly called "daylight saving time," an idea first used in Germany during the First World War with the goal of saving energy. It aims to take advantage of daylight hours in the spring so that people don't sleep through the first few hours of sunshine.

When the daylight period gets shorter in the fall, the clocks are readjusted to the proper "local standard time."



# Check ice thickness before heading out, Lifesaving Society advises

By Lindsey Enns

With the spring melt and milder temperatures on the way across the province, the Lifesaving Society's Manitoba Branch wants to remind you to always check the thickness of the ice before heading out.

"We advise that all the time, but especially this time of year," said Christopher Love, the Manitoba branch's watersmart co-ordinator. "As soon as the Amphibexes start breaking things up you're going to get a lot more water flow and that's going to change things. People have been used to doing things on the ice ... whereas the weather conditions are changing so there's no guarantees."

Temperature variation can also make ice split and weaken due to the freeze and thaw cycle, Love explained.

"New, clear, hard ice is what we always advise people to be on," he said. "You need to keep checking the ice to make sure it's thick and stable enough to be out there."

The Lifesaving Society's Manitoba Branch was front and centre during this year's Mid-Canada Boat Show in Winnipeg.

Along with offering tips on boating safety, members were also on hand to educate hundreds of attendees about being ice smart this time of year.

Bodies of water covered in ice are never 100 per cent safe, Love said. It's important to stay off unfamiliar paths and unknown ice, never go out on the ice alone, stay sober and stay off the ice during the fall freeze and spring thaw. Ice on or near moving water is also always unsafe.

The society also suggests always



RECORD PHOTO BY LINDSEY ENNS

Representatives from the Lifesaving Society's Manitoba branch were on hand to offer all kinds of water safety tips at the Mid-Canada Boat Show in Winnipeg last week.

checking the thickness of the ice and ensure everyone is wearing something buoyant.

"Wearing a life jacket while snowmobiling or ice fishing or floater coats or flotation snowmobile suits that are on the market," Love said. "One of you should know how to help each other out if one of you gets into trouble."

It's also important to carry a personal safety kit including things such as ice picks, waterproof matches, compass, whistle, pocket knife and cellphone.

In water, you will lose body heat 25 times faster than in air at the same

temperature, the society advises using your boat or whatever is around you to help pull as much of your body out of the water as possible.

"We want every trip to be a round trip for everyone," Love said. "So keeping safety in the forefront ... a little bit of safety prep can save you a whole lot of problems later on while you're out in the field."

The society also had iPads available so attendees could determine what specific safety equipment they are required to have on their boat. Individuals could enter the type and size of boat they have and the list of safety equipment would appear on the screen, and they could print off a copy.

The Mid-Canada Boat Show ran for four days at the RBC Convention Centre in Winnipeg and wrapped up last Sunday.

For more information and safety tips from the Lifesaving Society, visit [lifesaving.mb.ca](http://lifesaving.mb.ca).

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**The Selkirk Record**

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> ARNIE WEIDL

## Get your shack off the ice safely

Hi friends.  
I remember thinking last fall that because of the low water levels in our waterways, anglers would be taking their ice shacks far from shore to get some reasonable depths of water. Well that happened. If you want to see those shacks from shore, you'll need binoculars. Add that to the fact that this has been a very cold winter, with a lot of snow causing deep snow drift on the ice packs and we have a potential for our fellow anglers not getting their ice shacks off the ice fast enough. We could wind up with a lot of "ice shack driftwood" showing up on our beaches come summer!

We dread how things can go awfully wrong when trying to get our shacks off the ice. A prime example of that was last Saturday when I happened upon the access trail by Sugar Island on the Red and witnessed a truck trying to pull a shack on a trailer up the riverbank incline. The truck, though large, was no pulling match in the deep snow and the big heavy trailer with the huge shack on it. The driver had fallen off the snow rut and trucks wheels were spinning helplessly. After attempts to clear snow from the wheels of the trailer and truck, the rig only became more stuck. Soon a dozen trucks were lined up behind the stricken rig wanting to get off the ice. The one behind the rig was nice enough to hook on the back of the trailer and pull it and the truck back down the trail to the ice, clearing the way for the grid lock of trucks waiting. Also dealing with heavy snow, spring ice cutting operations are in full swing on the Red River, but they should be at Selkirk in about a week and a half.

Now onto the fishing stories... About the middle of last week I met the nicest lady, Evelyn Fillion, with her fishing friend, Jim Hildebrand from Halbtabst in southern Manitoba. Evelyn



**RECORD PHOTO BY ARNIE WEIDL**  
Evelyn Fillion of Halbstadt, Manitoba with some of her catch on the Red River.

was gracious enough to hold up some of their catch for us to admire. They were tailgating on the Red River ice by the spillway and while Evelyn proved to be a quiet gal, Jim was more than willing to strike up a conversation. He was a big man, well over six feet with massive shoulders and a powerful body. His face was round and full with a short, light brown beard. He eyes rested lazily on you when he talked. I stood with him on the ice as he spoke of his love for fishing and the outdoors. He went on about his wide knowledge of cooking and smoking different kinds of fish. His specialty he said was smoking strips of jackfish. Oddly though, our new friend Jim, who has spent much of his time smoking all kinds of fish, gives it away to family and friends. He doesn't eat any himself, he's allergic to fish! Our

unfortunate brother breaks out with painful skin irritations. So sorry Jim!

Last weekend I went visiting ice anglers just off shore from Gimli. The day was cool, still and hazy. Quite far out on the ice a nicely made hard wall shack caught my attention. "Old Red" bucked and bounced over cracks on the ice lane plowed clear of snow by the towns clearing equipment. I pulled up close to the shack and called out, "Is anybody home?" A male voice responded, "Yeah, come on in." I stepped in closing the heavy door and before me across the room sitting on a wall bench sat a young dark haired gal, a well built chap with a kind, yet forceful air about him and a slight, unassuming dark haired lady. "I'm Randy Hepner and this is my wife, Jackie and my daughter Nicole," he said. We sat for a while talking about Stonewall where they're from and when I asked Randy for a fishing story for us, he started to chuckle looking at the ice hole by my foot. Apparently, a few days ago the family came to fish and Randy saw the bottom of their ice holes had frozen over an inch or so from the day before. He took his chipper bar and prepared to poke out the ice. Holding the bar like a spear he plunged downward. To his dismay the bar slid from his grasp and kept right on going down to the bottom of the lake sticking in the mud straight up! He could just see the handle end. He got down on the shack floor and plunged his arm into the icy water but it was just out of reach. The next day when they came to do some fishing the first thing they did was check down the ice hole but the bar had fallen over out of sight. So now they sit in their shack, fishing, knowing they have added another item to the many phones, rods and other fishing items lost to ice fishing!

See you next week, bye now.

View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)



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# IERHA bus tour helps expose students to rural health care

By Lindsey Enns

Four communities within the Interlake-Eastern Regional Health Authority (IERHA) played host to a day-long bus tour for 16 students studying nursing, occupational therapy, physiotherapy, social work and pharmacy last weekend.

The bus tour stopped in Pine Falls, Sagkeeng First Nation, Beausejour and Selkirk last Saturday.

In partnership with the Manitoba Healthcare Providers Network, the tour helped expose students, mostly from both the University of Manitoba and Red River College, to rural health care and allowed them to meet staff and learn more about career opportunities in the IERHA.

Aiden Kahanovitch, the IERHA's human resources manager, said this was the health authority's first tour geared towards nursing and other allied health position students and they're hopeful it will become an annual recruitment tool for the region.

"For us that's a huge thing in terms of recruitment, first giving students exposure to what rural health is really like and what it's like to live in those



SUBMITTED PHOTO

A group of students studying nursing, occupational therapy, physiotherapy, social work and pharmacy stopped at the Selkirk Regional Health Centre as part of a day-long bus tour of the Interlake-Eastern Regional Health Authority last Saturday.

communities," said Kahanovitch, who helped lead the third and fourth year students through last Saturday's tour. "For us it's a great opportunity to observe the students and we usually end

up hiring those students after their practicum.

"There is always a need for new nurses and allied health professionals."

Health authority human resources staff met students at the bus pick-up location on the east side of Winnipeg and then the bus headed to Turtle Lodge on Sagkeeng First Nation to learn about Indigenous teaching through a smudge and drum song. Then they visited the Pine Falls Health Complex, attended East-Gate Lodge in Beausejour and finished the tour at the Selkirk Regional Health Centre. Along the way they drove through the community of Lac du Bonnet and were able to see all of the ice fishing shacks set up along the river in Lockport.

The day was designed for students to meet with staff who work in the region and to learn about things such as education placements, summer employment and career opportunities. Students received information from Tourism Manitoba and were also exposed to life and culture in the region through activities like bowling in Selkirk, watching ice-fishing at the Red River in Lockport and driving past the Canadian Power toboggan championship races in Beausejour.

# 'Talking Stick' video series shines spotlight on Indigenous artists

Staff

Manitoba Music's Indigenous Music Development Program (IMDP) has launched a new video series called "Talking Stick."

The pilot project, which kicked off on Feb. 28, will feature live performances of original new music by First Nation, Metis, and Inuit artists along with on-camera mini interviews available online at indigenousmusic.ca.

Talking Stick shines a spotlight on emerging artists and new music from the local Indigenous music community. It also offers the artists a chance to add professional-filmed videos to their own marketing toolkits, which can be critical for career advancement and accessing new markets in a business that relies on exceptional live video more than ever.

Produced with Kejic Productions, a Winnipeg-based company owned and operated by Cree/Ojibway producer and director Erica Daniels, Talking Stick was filmed at Urban Shaman in the heart of Winnipeg's Exchange District.

"It's always exciting when we can help shine a light on the incredible Indigenous talent in our province and assist in providing the tools those artists need to take the next steps in their careers. This series does both and we can't wait to share these videos with

music fans," says Manitoba Music's executive director, Sean McManus.

"It is so inspiring to see so many Indigenous musician's arise. I am honoured to be apart of an incredible collaboration like Talking Stick that brought a diverse range of Indigenous artists together," says Daniels.

Grunge rock outfit The Bloodshots, with members from Selkirk and area, kicks off the series with a blistering rendition of their brand new single "Remember Me." The high energy band has built a solid hometown following since its 2013 start. Their tunes have been in radio rotation, they've recorded with producers Steve Rizun (The Flatliners, NOFX) and Dale Penner (Mathew Good Band, Econoline Crush, Nickleback), and have hit the stage with acts like Danko Jones, Three Days Grace, and Finger Eleven. They're set to launch their new EP in early summer.

Brandon-based blues/rock artist Mitchell Mozdzen has been building his fan base from the busking circuit to festival stages, including the Brandon Folk Music & Art Festival, Whoop & Holler Folk Festival, Summer Lights Music Festival, and the Stingray Young Performers at the Winnipeg Folk Festival, as well as his debut EP, Red. He'll get in front of the Talking Stick camera on April 10 2019.

Up-and-coming new age rock band Eternal Now will bring its signature bluesy feel, catchy hooks and harmonies to Talking Stick on National Indigenous Peoples Day, June 21 2019. Stay tuned for an EP this summer.

Singer/songwriter JC Campbell will have his Talking Stick premier on September 21 2019. Campbell is no stranger to the music scene, landing on the Indigenous Music Countdown, SiriusXM, and beyond, and his album Lazy James earned him Best Blues Album the Indigenous Music Awards. He's currently teamed up with ac-

claimed producer/engineers Murray Pulver and Paul James with upcoming plans to release new music.

Kejic Productions creates and develops films, graphic design, photography and marketing services. With their strong community relationships, Kejic is dedicated to working with and providing Indigenous Youth unique opportunities to work and learn in the media industry.

To watch the Talking Stick series and to learn more, visit manitobamusic.com.

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## Monument 'a beautiful tribute' to Sagkeeng's missing, murdered

By Lindsey Enns

A monument honouring Sagkeeng First Nation's missing and murdered is being described as "a beautiful tribute" by one local woman.

Jeannie Red Eagle of Selkirk was among the nearly 200 people who attended the gathering and ceremony for a statue monument for Sagkeeng's missing and murdered women, girls, men and boys at the Sagkeeng band hall located on Highway 11 in Sagkeeng First Nation last Thursday.

"It was a beautiful tribute for the families within the community and by extension all persons affected by our MMIWG," said Red Eagle, who testified during the National Inquiry into Murdered and Missing Indigenous Women and Girls stop in Winnipeg and is a local advocate for MMIWG. "It validates what they're experiencing and what they're going through."

The gathering and ceremony was four years in the making.

A total of 17 people from the First Nations community have been murdered or gone missing. Fifteen of the missing and murdered are women.

The monument is called "Ka-Gi-Gay-Bimitchy-Yoong-Pimitizwin,"

meaning "life flows forever." The monument is a statue of a woman in a jingle dress with details that represent lost loved ones, including a tribute to Tina Fontaine. She will be placed in a park in the community so that families and loved ones can sit with the monument. Although the monument itself could not be unveiled during last week's gathering due to a transportation issue, Red Eagle said it will be unveiled at a later date.

Red Eagle said she'd like to see more monuments honouring MMIWG including in Selkirk or area.

"It would create a space for people to gather and maybe share their own experiences," she said. "It would create a sacred space for people to go and just want to heal together, with community, with families and with people in a space where people understand what's happening."

Last Thursday's gathering, which was organized by Lillian Cook, included a pipe ceremony, lunch, words from master of ceremonies Ruth Norton and several guest elders were also in attendance.

To learn more about Sagkeeng First Nation, visit [sagkeeng.ca](http://sagkeeng.ca).



PHOTOS COURTESY OF JEANNIE RED EAGLE

ABOVE LEFT: National Inquiry into Missing and Murdered Indigenous Women and Girls Commissioner Michèle Audette, pictured left, is pictured alongside Lillian Cook, who organized last Thursday's gathering in Sagkeeng First Nation. Nearly 200 Sagkeeng First Nation community and surrounding area members gathered in Sagkeeng for the unveiling of a monument to honour the community's murdered and missing last Thursday.

## Taking a trip back in time



PHOTO COURTESY OF THE UNIVERSITY OF MANITOBA ARCHIVES  
A group of Robert Smith School students smile while watching the lunar eclipse outside their school in this picture taken in the year 1979. A lunar eclipse occurs when the moon passes directly behind earth and into its shadow.

## Jane MacLatchy named Manitoba RCMP's new commanding officer

Submitted

The Royal Canadian Mounted Police (RCMP) has named Chief Supt. Jane MacLatchy as commanding officer for D Division, which serves Manitoba, as well as assistant commissioner.

MacLatchy officially began her work as the new commanding officer of the Manitoba RCMP in February.

As the commanding officer, she is responsible for more than 1,000 regular members and approximately 500 civilian members and public service employees serving in 80 detachments across the province as well as the Manitoba RCMP headquarters in Winnipeg.

Originally from Nova Scotia, MacLatchy spent her late teenage years in Ontario and graduated from Carleton University in Ottawa with a Bachelor of Science in Biology. In 1988, she fulfilled a childhood dream when she was sworn in as a regular member of the Royal Canadian Mounted Police.

During the course of her career, she has gained extensive experience through numerous postings across Canada, including: General Duty Policing, the Musical Ride, Immigration/Passport and War Crimes Investigations, Major Events Security, Federal Security Coordination for the Vancouver 2010 Olympics and Paralympics, Federal Security Coordination for the 2010 G8/G20, North West Regional Ethics Officer, Crime Prevention/



JANE MACLATCHY

Crime Reduction, and Executive Officer Development and Resourcing.

Protective Policing has been a constant interest throughout MacLatchy's career; while working with Major Events, she served as the Security Liaison Officer embedded with Team Canada at the Olympics and Paralympics in Athens, Torino, and Beijing, as well as the Pan Am Games in Rio de Janeiro.

Prior to being named as the Commanding Officer of the Manitoba RCMP, she served as the Director of Parliamentary Protective Service in Ottawa where she oversaw the physical security mandate for the Parliament of Canada, including the protection of hundreds of parliamentarians, thousands of employees, and millions of visitors across the Parliamentary Precinct.

# The Selkirk Record

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# Second World War vet among attendees at St. Andrews Spring Hop

By Justin Luschinski

A Second World War veteran was among the attendees at a Spring Hop event in St. Andrews last week.

Ralph Wild of Winnipeg, who served as ground crew during the Battle of Britain, stopped by the Age Friendly Building in St. Andrews for the Spring Hop last Thursday afternoon. The event aimed to re-invigorate the senior community in St. Andrews, bringing everyone out to enjoy food, dancing, and old war stories.

Elmer Keryluk, chairperson of the St. Andrews Age Friendly Committee, said they're hoping to grow their membership, and provide seniors with a way to get out and have some fun.

"It's been such a cold winter, nobody's been willing to come out. So we thought we'd have this little event we're calling the 'Spring Hop,'" Keryluk said. "(Wild) has a relative who invited him to stop by. It's my first time meeting the gentleman, and I hope to be that healthy when I'm over 100."

Keryluk said they used to hold a coffee club on Mondays, but with the extremely cold weather, attendance dried up. The committee is attempting to fill up the building once again. They're planning to host game nights, barbecues, and a fish fry in the fall.

Last week's Spring Hop featured a live band, which got several seniors tearing up the dance floor. They also enjoyed some fresh bread, meats and cheese, and homemade desserts, before taking part in a charity auction for a painting.

As everyone was enjoying the food, Wild would walk around, sharing



RECORD PHOTO BY JUSTIN LUSCHINSKI

A Spring Hop at the Age Friendly Building in St. Andrews featured a live band, snacks and a charity auction.

some of his Second World War stories. He served as ground crew for the Royal Air Force, joining up in 1938, and worked tirelessly to keep British planes in the sky during the Battle of Britain.

Wild said the ground crews worked around the clock to keep the Royal Air Force running.

"We had to have 20 planes ready to go, and they had to be on the centre line at nine o'clock the next morn-

ing. We would work until it got dark, and go to bed, we lived in bell tents, across the field, right beside our aircraft," Wild said. "Those planes had to be ready at all times, and we would work like the clappers to keep them operational."

During the time, Britain had a mandatory service law, meaning you had to serve six months in the military once you were old enough. While Wild was doing his mandatory six months, the

war was declared, and "six months became six years." Wild was part of the RAF 249 Squadron, which flew Hurricane fighter craft during the Battle of Britain.

For more information about future St. Andrews Age Friendly events, call Elmer Keryluk at 204-338-5842.

The Age Friendly building is located at 6 Riverview St. in St. Andrews.

## IERHA reminds residents to get checked during colorectal cancer awareness month

Submitted

Throughout the month of March, the Interlake-Eastern Regional Health Authority (IERHA) wants to remind you that colorectal cancer is one of the most commonly diagnosed cancers in Manitoba.

In one year, more than 900 men and women will be diagnosed and more than 300 people will die from it. Colorectal cancer screening is for people who have no symptoms of colon cancer. If you live north of Winnipeg between Lake Manitoba and the Ontario border, this area has a slightly higher rate of colon cancer than the Manitoba average.

According to the IERHA's 2014 Community Health Assessment the rate of colorectal diagnoses per 100,000 people is 74.8 in this area compared to the Manitoba average rate of 68.3. This area also has lower rates of participation in colorectal cancer screen-

ing compared to the Manitoba average. Only 24 per cent of eligible men and women in this area participate in colorectal cancer screening compared to the Manitoba average of 32 per cent.

If you're between the ages of 50 and 74, CancerCare Manitoba recommends testing via an at home screening test every two years. For more information on how to get a home screening test, please visit [getcheckedmanitoba.ca](http://getcheckedmanitoba.ca)

Screening can help prevent colon cancer by early finding and treatment of polyps before they develop into cancer.

"We know that if caught early enough through screening, pre-cancerous changes in the colon can be removed so that patients can avoid surgery to remove cancer later on," says Dr. Myron Thiessen, vice president of medical services and chief medical of-

ficer for the IERHA.

Some people may be at increased risk and need colon cancer screening before age 50 or need a different test called a colonoscopy. If you have a family history of colorectal cancer, talk to your primary health care provider about it. They may recommend earlier screening.

"We are fortunate enough to have some excellent endoscopists that offer colonoscopy right here in Selkirk and Beausejour," says Dr. Thiessen, "In addition, the Selkirk general surgeons offer many colorectal surgical services locally as well."

If your provider is sending you for a colonoscopy, you can ask to be referred to an endoscopist in Selkirk or Beausejour. Some patients may still need to be referred to cancer care specialists in Winnipeg for certain procedures.

Colorectal cancer occurs when can-

cer is found in the colon or rectum.

A CancerCare colorectal cancer information and support session is taking place Wednesday, March 13, 2019 at 6:30 p.m. via telehealth. A site may be available to view the session closer to home. For more information call 1-888-660-4866.

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# Mighty Kiwi hosts first open mic Poetry Slam

By Justin Luschinski

Trinity Wyll stands up in front of a packed room, and delivers a rousing poem about First World War entitled "War Cries." After she's finished, everyone in the room snaps their fingers.

This isn't taking place in some small bar in Osborne Village, this is happening at The Mighty Kiwi Juice Bar and Eatery in Selkirk.

The Mighty Kiwi held its first open mic Poetry Slam last Thursday evening, giving youth and young adults a chance to speak their truth in front of a large audience.

Julie Stevenson, one of the event's organizers, said there aren't a lot of places in the city where teens can express themselves creatively.

"There's never really been anything like this in Selkirk. All the poetry slams are in Winnipeg, and they're usually in bars, so we don't really have a place to do poetry or spoken word stuff," Stevenson said. "A lot of teens write poems, but other than maybe at school, there's nothing."

"It's vital they get to express themselves."

Stevenson held a student poetry slam late last year, during Holiday Alley, which drew a lot of attention. She's hoping to grow the Selkirk poetry scene, possibly starting a poetry club or hosting competitions. The event packed the Mighty Kiwi, everyone from first-time writers to English teachers delivered some poetry.



**RECORD PHOTO BY JUSTIN LUSCHINSKI**  
Julie Stevenson of Selkirk delivers a poem during The Mighty Kiwi Juice Bar and Eatery's first open mic Poetry Slam last Thursday evening. For another photo, see Page 14.

A few of the younger artists say this is a great opportunity for the youth of Selkirk.

Wyll, a 13-year-old student at École Selkirk Junior High, said some young people in Selkirk feel like they don't have a voice in their hometown.

"It hurts, there are so many words I want to say, but I never have a chance to express myself in this beautiful town," Wyll said. "There's a lot of adult voices, but you never hear about what we have to say. We feel so hidden. I hope to be the voice of the youth in Selkirk. They should know they're not

alone."

Wyll said her first poem was a school assignment, where she had to write a poem about the First World War. She fell in love with the art, and hopes to continue writing and possibly attend other events. She said other than school events, she performed her poetry at the Youth for Christ building in Selkirk.

Stevenson is planning another poetry slam, and is looking for more participants. For more information, you can email her at [stevensonjules@outlook.com](mailto:stevensonjules@outlook.com).

# Manitoba enters into transportation air services agreement

Staff

Manitoba has entered into an agreement with Exchange Income Corporation to provide services for general transportation under air services, including air travel for judges, sheriffs and accused persons.

The transaction is the result of a competitive request for proposal (RFP) process initiated in 2018.

"Our government is committed to public safety above all and this agreement ensures that safer service is accomplished at a lower cost for Manitobans," Infrastructure Minister Ron Schuler stated in a release. "This agreement will also reduce the number of occasions where court is rescheduled or cancelled in northern parts of our province, so the criminal justice system is administered in a timely fashion."

Exchange Income Corporation is a Winnipeg-based company, focused on opportunities in aerospace, aviation and manufacturing. The company has resources across the province including hangars and aircraft operating under carriers such as Bearskin Lake Air Service, Calm Air, Custom Helicopters, Keewatin Air, and Perimeter Aviation.

Under the previous system, general transportation under air services was fulfilled by private carriers 97 per cent of the time. There were no set rates, meaning the Manitoba government was paying rates determined by carriers with no cost certainty on a given flight, the minister noted. Further, no accountability or service standards were set, meaning flights were rescheduled or cancelled with very little notice and little explanation as to cause, delaying the justice system and courts, he added. A single court delay in the northern region of Manitoba costs on average \$10,000 and extended delays can lead to cases being thrown out of court.

Manitoba Treasury Board Secretariat, the lead government agency on the RFP process, assembled aviation experts with decades of experience to review the safety management system.

An RFP process remains underway for air ambulance services, the minister noted, adding that once those RFP processes are completed, all air services agreements will be publicly disclosed.

The terms of this contract are for five years and for \$4.2 million per year, reducing the cost to the Manitoba taxpayer by \$1.3 million annually.

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# Ubuntu Cafe and Bakery closes after five years inside local library

By Justin Luschinski

After five years of serving top-quality coffee and baked goods inside the Gaynor Family Regional Library in Selkirk, the owners of Ubuntu Cafe and Bakery have decided to move on and closed down the cafe over the weekend.

The popular cafe, owned by Anna and Jana Badenhorst, officially opened in January 2014, not long after the library finished construction. The pair have decided to move on to other ventures, and are looking for a new coffee shop to take over their old space beside the library's entrance.

"This weekend is bittersweet for us at Ubuntu," Anna posted on the bakery's Facebook page over the weekend. "Jana and I decided that the time has come to move on and Ubuntu is now closed."

Anna said they always planned to move on to other ventures, but they didn't expect to have to close up so soon. Jana has started working at Jenna Rae Cakes in Winnipeg while Anna's rusk business has expanded exponentially and is taking up more and more of her time. Rusk is a biscuit or bread that's often found in the UK or South Africa.

"I ship rusks all over Canada and am also preparing for export to the USA. The time has come to choose between the rusks and the cafe," she said. "My Rusk making business has grown quite a bit, and we both just don't have the time to run the cafe anymore."

The cafe was also voted as one of the Top 50 Coffee Shops in Canada, on the blog Big Seven Travel, right before they decided to close the cafe. Ubuntu Cafe was listed as the 20th best cafe in Canada, one of only two Manitoba entries on the list.

Ken Kuryliw, the director of services at the local library, says he was sad to see the cafe close.

"It's a sad day. It was great that people could get top-quality coffee at the library. They had great food, they supported a lot of local businesses, everything they made was local," Kuryliw said. "We're an award-winning green globes library, and we really want to keep that green experience here."

"It'll be hard to find another business that will cover that."

The cafe officially closed last Saturday and they're offering to sell the shop to another local business. Anna said there are some businesses interested in taking over their former location. She's hoping that the new owners will re-open the shop, and employ her former staff, but prospective buyers may just want to purchase their equipment.

Anna said they wanted to



RECORD PHOTO BY JUSTIN LUSCHINSKI

Anna Badenhorst, one of the owners of Ubuntu Cafe and Bakery stands in front of her shop last week. The speciality coffee shop officially closed after five years inside the Gaynor Family Regional Library last Saturday.

"THANK YOU SELKIRK, THANK YOU EVERYONE WHO SUPPORTED US ALL THESE YEARS."

thank everyone for their support.

"Thank you Selkirk, thank you everyone who supported us all these years," she said. "Thank you for voting us as one of the best coffee shops in the country."

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# Mayors share their support for municipal codes of conduct at Rotary forum

By Justin Luschinski

Three local mayors were on hand to discuss the Municipal Harassment Policy Act, which is currently being considered by the province and expected to receive royal assent and come into effect later this year, during a public forum recently.

St. Andrews Mayor Joy Sul, Selkirk Mayor Larry Johannson and St. Clements Mayor Debbie Fiebelkorn took part in the forum hosted by the Rotary Club of Selkirk at the Selkirk Golf and Country Club on Feb. 25. The mayors spoke about their experiences with harassment, and how they aim to promote a good workplace for future councils.

Sul says the act strengthens the code of conduct for council members. She said previously, there was no internal process for dealing with bullying on council.

"While on council I was told the only recourse we had was the media and public humiliation, which in a way, made us no better than our abusers. And if that didn't work, I would hear 'you'll have to wait till the next election,'" Sul said. "That's why I'm very



RECORD PHOTO BY JUSTIN LUSCHINSKI

St. Andrews Mayor Joy Sul talks about her experiences with harassment around the municipal council table during a forum hosted by the Rotary Club of Selkirk at the Selkirk Golf and Country Club on Feb. 25.

supportive of (Bill 2), because it has teeth. It can offer a way to deal with those issues internally, and hopefully discourage anyone who intends to bully someone on council."

Bill 2, introduced by Municipal Relations Minister and Gimli MLA Jeff Wharton, would strengthen the definitions of harassment to include members of council. According to Sul,

it would also require that new councillors receive training on proper conduct, and create a system where issues can be reported and dealt with. The bill was given first reading on Nov. 22, 2018, and it is still being amended and worked on.

Sul says the bill will make Manitoba the leading province when it comes to dealing with harassment on council.

Johannson said it's important that they make council safe for future members.

"I'm hoping, with this new bill, that any bullying and harassment isn't going to be allowed. You don't want to deter good people to run for election," he said. "We want people to feel welcome to run. We want people to feel good about stepping up, and running for council."

Some residents at the forum asked questions about a few topics, including how they can help curb any harassment on council, and what other measures can be put into place to protect councillors. Some panelists suggested additional training, maybe a course that people could take that would prepare them for office.

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## Manitoba unveils renewed poverty reduction strategy

Staff

The Manitoba government has released a new poverty reduction strategy.

"Our renewed strategy aims to break the cycle of poverty by giving Manitobans the resources they need to succeed and our primary goal is to reduce Manitoba's child poverty rate by 25 per cent by 2025," Families Minister Heather Stefanson stated in a release on Monday.

Manitoba's poverty reduction

committee includes provincial ministers responsible for poverty-related policies, programs and services, as well as community members. The province launched a public consultation process in late 2017 and compiled feedback from more than 2,000 Manitobans including those who have experienced poverty. Approximately 1,500 respondents participated in an online survey and more than a dozen community-based organizations hosted in-person

meetings.

Released last week, Statistics Canada's 2017 Canadian Income Survey shows a 20 per cent improvement in Manitoba's child poverty rate and a seven per cent improvement to Manitoba's overall poverty rate to 2017 from 2016. Manitoba now ranks second lowest among the provinces in poverty.

The Pathways to a Better Future report is available online at [manitoba.ca/povertyreduction](http://manitoba.ca/povertyreduction).

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# Drive and ride sober: RCMP



RCMP PHOTO

Snow and cold temperatures have made for some great trail conditions, but the RCMP wants to remind riders to drive sober. "The consequences for Impaired Driving are the same no matter what motorized vehicle you're driving," the RCMP said in a Facebook post last Tuesday. "If you're under the influence of drugs or alcohol, please do not drive a car/truck/van/sled/boat/moped or anything else that's propelled by a motor." There were six snowmobile related deaths in Manitoba during the 2016-17 season and six more in the 2017-18 season. So far this season there has already been four. And 12 of those 16, involved, or are suspected to have involved, driver impairment. Under the Liquor, Gaming and Cannabis Control Act, consuming liquor in a public place could lead to a \$672 fine.

# Manitoba welcomes record number of international students in 2018

## Staff

International student enrolment in Manitoba increased by 17 per cent in 2018, with 18,725 students from 100 countries attending schools and post-secondary institutions throughout the province, according to Education and Training Minister Kelvin Goertzen.

"In addition to adding to the quality and diversity of Manitoba, international students contribute more than \$400 million to Manitoba's gross domestic product and support over 4,250 jobs through the province," Goertzen stated in a release last week. "Our province is attracting record numbers of students thanks to high-quality educational institutions, affordable tuition and the Provincial Nominee Program."

The minister noted the Manitoba Provincial Nominee Program (MPNP) nominated 1,923 international graduates of Manitoba institutions for permanent residency in 2018. This figure represents 37 per cent of total nominations, the largest number in the program's history.

According to Immigration, Refugees and Citizenship Canada, there was a 16 per cent increase in the number of

study permit holders in Canada overall. The minister noted this is the sixth consecutive year Manitoba has outpaced Canada's growth and pointed to the launch of the MPNP's attractiveness to international students in 2018 as a factor.

"The International Education Stream establishes clear and predictable immigration pathways for students who can make significant contributions to Manitoba's labour market and economy," said Goertzen. "As a result, we are able to attract more international students, who bring diverse skills and talents to Manitoba that support our economy."

The minister declared 2019 as the Year of International Education in Manitoba earlier this year, in recognition of Manitoba's growing reputation as a destination of choice for international students.

Winnipeg is hosting annual conferences for three major associations this year including Languages Canada in February, the Canadian Association of Public Schools in April and the Canadian Bureau for International Education in November.

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# East St. Paul Fire Department offers fire prevention tips

## Submitted

Now that we are into the dead of winter, the members of the East St. Paul Fire Department would like to provide some fire prevention tips to community members.

If you have an attached garage, do not plug your vehicle in to use the engine block heater. The temperature in most attached garages is not cold enough to require the use of an engine block heater. Faulty engine block heaters and faulty extension cords are a leading cause of garage fires in the winter months. If a vehicle starts on fire within the attached garage, it may be some time before the occupants become aware of a fire.

Most vehicle manufacturers don't recommend using block heaters until the temperature reaches -18C. A reminder that wind chill does not affect a vehicle. Refer to your owner's manual for further details.

It is recommended that you install a heat detector in your attached garage. Just a note that in Manitoba, all new residential construction occurring af-

ter Oct. 1st, 2018 must have a heat detector in an attached garage wired into the house smoke alarm system. If your residence was constructed prior to this date and you are considering renovations to the attached garage area, consider the installation of a heat detector.

With the increased use of furnaces in the winter, make sure you have working carbon monoxide detector on each level of your residence. Carbon monoxide (CO) is odourless and colourless. It can cause significant health issues and even death if undetected. Test your detectors on a weekly basis. Purchase CO detectors that can be plugged into a wall outlet with battery backup. Detectors should be replaced after 10 years use. Refer to the manufacturers guidelines for further information.

Many residences have high efficiency furnaces. It is important to keep the outside furnace flue vent clear of drifting snow. If the vent becomes obstructed with snow, it will allow the buildup of carbon monoxide within the residence. This often triggers the CO alarm.

# Film sheds light on Canada's MMIWG

## Staff

A film about Canada's Missing and Murdered Indigenous Women and Girls (MMIWG) entitled, "1200+" will soon be shown as a four-part series on CTV for four consecutive Sundays at 6:30 p.m. starting on March 10.

They also held a public screening for the film in Winnipeg on Tuesday evening.

The film entitled, "1200+", focuses on a region in Canada where the Indigenous community has been tragically impacted by Indigenous women and girls being victims of violence and murder. The documentary was created and produced by former Grand Chief of Manitoba Keewatinowi Okimakanak (MKO) and investigative reporter Sheila North and filmmaker Leonard Yakir.

The RCMP have described the number of Missing and Murdered Indigenous Women and Girls in Canada to be over 1200. Many family and friends of MMIWG have said the numbers of victims are now more towards 3,000. The film '1200+' is seen through the eyes of investigative reporter Sheila North who has made it her passion to get to the bottom of MMIWG. Sheila examines how and why women and girls go missing and draws on the similarities of their circumstances.

"This screening is important for us

and our Indigenous communities as we need to raise awareness and bring international attention to the issue of Missing and Murdered Indigenous Women and Girls in Canada. We invite those who can attend this screening to see the film, to learn more about the issue of MMIWG in Canada and how it is impacting our communities and families across the country," said Sheila North. "My passion for these women and girls and their stories, is based on personal experience. Not only am I from a family who has experienced such a loss, I was a young Indigenous woman myself and I can look back and see all the dangerous situations I was put in while living as an Indigenous woman in the urban environment. Now, as someone with more life experience, I know those dark corners of Canada's town and cities that need more light, that need more helping hands reaching in, and that's a big reason I made this documentary. I hope people are inspired to make change."

The film, which has just reached completion, has been an important project to both North and Yakir. Throughout the process, the producers took special care in sharing the stories of women, girls and their families and impassioned testimonies from experiential women.



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| <b>EAST SELKIRK</b><br>Location: East Selkirk Arena<br>March 16 10:00-2:00<br>March 17 12:00-4:00<br>website: <a href="http://www.eastselkirk.net">www.eastselkirk.net</a>            | <b>ST ANDREWS</b><br>Location: Online registration<br>NOW OPEN<br>website: <a href="http://www.standrewssoccer.com">www.standrewssoccer.com</a> |

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## Crowd gathers at Poetry Slam



RECORD PHOTO BY JUSTIN LUSCHINSKI

A large crowd gathered inside The Mighty Kiwi Juice Bar and Eatery for the eatery's first open mic Poetry Slam last Thursday evening.

# Beausejour hosts power toboggan championships

By Mark T. Buss, The Clipper Weekly

Gunnar Sterne claimed his third consecutive Canadian Power Toboggan Championships (CPTC) Pro Champ 440 title in dominating fashion last Sunday as he lead the 15-lap final from start in Beausejour.

The West Chicago, IL racer outlasted Blaine Stephenson of Hutchinson, MN and Winnipegger Glen Hart in front of 3,500 race fans at the CPTC Raceplex.

With Stephenson and Hart forced to the second row following a false start, Sterne said his focus was to put down some fast laps in the beginning of the race with his 2019 Ski-Doo so he could work more comfortably when the track got tougher towards the end.

"The false start in the beginning kind of mixes things up and gets everyone more nervous," Sterne said. "Our sled had a lot speed all weekend and every time I got out on it on Sunday I made some handling adjustments throughout the heat races, which got the sled to be something I thought we would be hard to beat."

Using his hole shot to take the early lead, Sterne was able to get ahead of Brandon Grendzinski, Tom Olson and Nick Van Strydonk early before pulling away.

To their credit, Stephenson and Hart were able to manoeuvre their way past all but one of the riders in front of them in the mid and late laps reaching speeds of around 170 km/h.

On the final lap, Stephenson made a late charge and closed to within three sled lengths, but it wasn't enough as Sterne took the checkered flag and a victory lap to celebrate.

Grendzinski, Van Strydonk and Olson finished fourth through sixth respectively

Sterne also made CPTC history as one of only two people in the 57-year event to win three consecutive Pro Champ 440 titles. The other was snowmobile racing legend Terry Wahl – which was a pleasant surprise for the young rider.

"I did not know that," Sterne said. "Being compared to any Wahl name is an honour in itself."

Sterne said Wahl was just wrapping up his career when he was starting to race juniors. He remembers being an excited 12-year-old just getting a chance to run practice laps next to Wahl and never dreamed he would be the only racer to share an accolade with the Greenbush, MN legend.

"I did see Terry's name on the cup about six or seven times so I still have some catching up to do," Sterne joked.

Two Pro Champ 440 racers who did not make the Sunday final were Tra-



PHOTO BY MARK T. BUSS, THE CLIPPER WEEKLY  
Travis Macdonald of Gonor, pictured in this 2017 photo, had his Canadian Power Toboggan Championships race weekend in Beausejour cut short after a spectacular crash last Friday night.

vis Macdonald of Gonor, Man. and Colt Dellandrea of Sundridge, Ont. The Canadian racers were involved in a spectacular crash last Friday night under the lights when Dellandrea was knocked from his sled coming out of the second turn and Macdonald drove

headlong into the unmanned machine down the back straightaway, destroying both. Neither rider was seriously injured, but it did end their race weekends before they really began.

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# get inspired

> MEAL IDEAS



## Orange Whole-Wheat Waffles with Yogurt and Fresh Berries

but not stiff.  
3. Make a well in the dry ingredients and pour in the milk mixture, blending gently only until the ingredients are combined. Add the butter in a slow stream, continuing to blend until the butter is incorporated. Gently fold in the egg whites.

4. For the yogurt topping: In a small serving bowl, whisk together the yogurt, honey and orange zest.  
5. Pour 1/2 cup of the batter (or more, depending on the size of your waffle iron) onto the waffle iron and, using a metal spatula or table knife, spread the batter to within 1/2 inch of the edge. Close the cover and cook approximately 3 minutes, or until crisp and golden brown. (If your waffles aren't crisp, even after a "ready" signal has sounded, continue to cook them, watching carefully, until crisp and golden. If not serving immediately, place the waffles in a single layer on a baking sheet in the preheated oven while you finish with the remaining batter.)  
6. Serve the waffles topped with a generous dollop of the yogurt mixture and garnish with some berries.

Note: Nonfat, as well as reduced- to whole-fat varieties of Greek yogurt work in this recipe.

Makes about 6 5- to 6-inch waffles  
Serves 4 to 6

**Orange Whole-Wheat Waffles**  
2 1/4 cups white whole-wheat flour  
3 tablespoons sugar  
2 teaspoons baking powder  
1/4 teaspoon salt  
1 1/4 cups whole milk  
1/2 cup freshly squeezed orange juice  
2 eggs, separated  
5 teaspoons packed, grated orange zest  
6 tablespoons unsalted butter, melted and slightly cooled

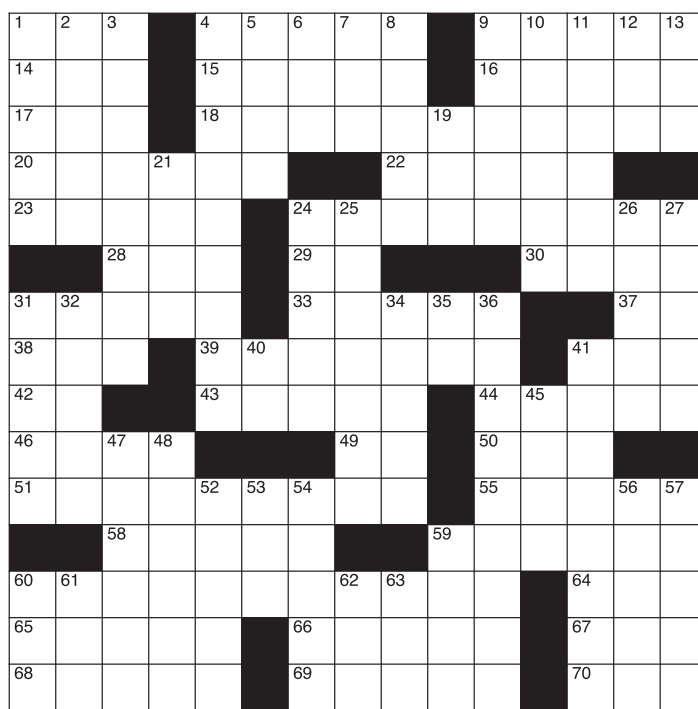
**Yogurt topping**  
1 cup Greek-style yogurt (see note)  
4 teaspoons honey  
1 teaspoon grated orange zest, packed  
Fresh raspberries, strawberries or blueberries, for garnish

1. For the Orange Whole-Wheat Waffles: Preheat a waffle iron (and, if you plan to hold the waffles until serving time, preheat the oven to 200 F).  
2. In a large serving bowl, stir together the flour, sugar, baking powder, and salt. In another bowl, whisk together the milk, orange juice, egg yolks, and orange zest. In a third bowl, beat the egg whites until firm,

# CROSSWORD

### CLUES ACROSS

- 1. Public broadcaster
  - 4. The media
  - 9. Manila hemp
  - 14. Not just "play"
  - 15. Trailblazing German historian
  - 16. Type of puzzle
  - 17. Plant in the daisy family
  - 18. Not young
  - 20. Dennis is one
  - 22. Revealed
  - 23. But goodie
  - 24. Absurd
  - 28. Commercials
  - 29. University of Dayton
  - 30. Expression of annoyance
  - 31. Stories
  - 33. More critical
  - 37. Of I
  - 38. Time units (abbr.)
  - 39. Arousing intense feeling
  - 41. High schoolers' test
  - 42. Trauma center
  - 43. Astronomical period
  - 44. Fights
  - 46. Italian Lake
  - 49. Rhenium
  - 50. Baseball stat
  - 51. State of consciousness
  - 55. Some is dietary
  - 58. Stringed instrument
  - 59. \_\_\_ Kidman, actress
  - 60. Orator
  - 64. Ottoman military commander
  - 65. Makes known
  - 66. Type of font
  - 67. Cool!
  - 68. Short musical composition
  - 69. Porticos
  - 70. Not wet
- CLUES DOWN**
- 1. The upper part of a duet
  - 2. Carpenter's tool
  - 3. Outrageous events



- 4. Procedures
- 5. Type of party
- 6. Between northeast and east
- 7. Sanskrit (abbr.)
- 8. NJ college \_\_\_ Hall
- 9. Sharp mountain ridge
- 10. Observed something remarkable
- 11. One who obeys
- 12. \_\_\_ de sac
- 13. Sign language
- 19. Predecessor to Protestantism
- 21. Right-hand man
- 24. \_\_\_ anglicus: sweating sickness
- 25. People who proof
- 26. Israeli Defence Forces sergeant
- 27. Remains as is
- 31. Receptacle
- 32. Archers' tool
- 34. Gets up
- 35. Unit of energy
- 36. Explains again
- 40. Pa's partner
- 41. Region bordering the sea
- 45. Type of acid
- 47. Lesotho capital
- 48. Gave a speech
- 52. Irregular as though nibbled away
- 53. Neither
- 54. Copyreads
- 56. Edward \_\_\_, British composer
- 57. Prepared
- 59. Launched Apollo
- 60. Relative biological effectiveness (abbr.)
- 61. Protects from weather
- 62. Feline
- 63. Equal

Please see classified section for Answers

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Brother and sister duo win Canada Games medals



RECORD PHOTOS SUBMITTED

In the left photo, the Selkirk Judo Club's Justin Ekosky, right, won a bronze medal in the under-73 kg individual male event at the Canada Winter Games in Red Deer, Alta. last week. His sister, Sarah, right, also a member of the local club, earned a bronze in the under-57 kg individual female event.

## Petersfield's Dave Boehmer wins back-to-back senior crowns

By Ty Dilello

A provincial men's championship may have eluded Petersfield's Dave Boehmer over the years, but the senior's game has been a lot kinder to him. Boehmer captured his second straight senior provincial curling championship in Rivers by blasting Gilbert Plains' Butch Mouck in the final by a 7-1 score in just five ends.

Boehmer and his Petersfield squad which includes Terry McRae, Tom Want and George Hacking will now represent Manitoba at the Canadian Senior Curling Championship next month in Chilliwack, BC.

Boehmer went through the provincials undefeated at 9-0 which is quite the impressive feat. There were some close calls along the way, but the Petersfield rink always managed to pull ahead by the time the last rock was thrown. In the playoffs, Boehmer defeated La Salle's Randy Neufeld 6-5 in the 1v2 game to put them right through to the final. Team Mouck won a pair of games in the playoffs over Kelly Robertson and Neufeld to put them into the final with Boehmer.

The final was a demolition of sorts. Boehmer took one, stole three, stole two, stole one. After Mouck was forced to a single in the fifth end, the

gloves came off, and Boehmer was the 7-1 victor.

"We were just on fire. The second end he didn't even have a chance when we stole three," said Boehmer. "They just picked the wrong day to play us I guess! We saved the best for last because there were some games we probably should have lost in the round robin. Especially the one game against Kelly Robertson we were lucky as he had a free draw to beat us in the round robin and he missed it."

At last year's national championship, Boehmer was a win away from making the playoffs. This year, the belief is there they can win the whole thing if they stay hot.

"My first thought after last year was I wanted to get back there as soon as possible so it's just amazing to be going back to the nationals," said Boehmer. "There's a lot of good rinks like Al Hackner and Bryan Cochrane that have also qualified, but we know that if we're sharp we can play with them and if all goes well we will be there at the end of the week."

On the ladies' side, Terry Ursel of Arden won her second provincial championship when she defeated Granite's Maureen Bonar 6-4 in the final. Ursel reached the final by also defeating



RECORD PHOTO SUBMITTED

Petersfield's Dave Boehmer, Terry McRae, Tom Want and George Hack captured back-to-back Strathcona Trust senior men's provincial curling titles.

Bonar in the 1v2 game. Stonewall's Laurie Deprez, a perennial contender in this event was in the mix on the final day but lost the semi-final to Bonar by a 9-3 scoreline. Deprez had earned her spot in the semi-final with a 6-4 win over St. Vital's Patti Ulrich in the 3v4 game.

"It was disappointing to fall short of our ultimate goal but I'm happy that we did play well for the three games where we were facing elimination," said Deprez. "Maureen's team played

well in the semi-final, but there is always next year!"

Team Boehmer & Team Ursel will represent Manitoba at the 2019 Everest Canadian Senior Curling Championships from March 22-28, 2019 in Chilliwack, B.C.

Team Boehmer is having a send-off party at the Petersfield Curling Club on Friday March 15th from 7pm-1am. There will be a loonie draw and silent auction. Tickets are available for \$10.

# Ab McDonald enshrined in Jets Hall of Fame

By Ty Dilello

On Feb. 26 before the Winnipeg Jets hosted the Minnesota Wild, the team paid tribute to a couple of former captains in a big way. Ab McDonald and Lars-Erik Sjoberg were inducted into the Winnipeg Jets Hall of Fame and their banners were proudly raised to the rafters during an emotional pre-game ceremony.

It's a little-known fact that McDonald was born in St. Andrews and spent his first four or five years there before moving into Winnipeg's Weston neighbourhood. McDonald had some uncles that were farmers in St. Andrews too and his family owned land by the golf course and church for a number of years.

McDonald did everything a hockey player should. A solid playmaker of his day whose lanky frame made it difficult for opposing defencemen to push him off the puck, McDonald is in rare company for winning four Stanley Cups in his first four seasons in the National Hockey League (three with Montreal and one with Chicago).

When the Winnipeg Jets joined the World Hockey Association in the early 1970's, McDonald was the team's inaugural captain and scored the club's first ever goal.

"It was really great to be able to come home," McDonald recalled. "I always thought during my career that it'd be really nice if pro hockey was in Winnipeg and I could go and play in my hometown. When the WHA came about and Winnipeg was going to be included in the league, it was at the point where I was getting towards the end of my career, so when I was asked to play here it was a no-brainer. It was something I always wanted to do and we had a pretty good club the

few years I played in Winnipeg before I retired. If it wasn't for the WHA Jets, we might not have the team here today.

In addition to his two seasons with the WHA Jets, McDonald played sixteen seasons in the NHL with the Montreal Canadiens, Chicago Blackhawks, Boston Bruins, Detroit Red Wings, Pittsburgh Penguins and St. Louis Blues, scoring 430 points in 762 NHL games. He also played in five NHL All-Star Games and was in the top-10 for All-Star voting at left wing.

McDonald was one of the most universally liked hockey players the game has ever seen. He was one of those people that would do literally anything for anyone and I always had a lot of respect for that.

I was fortunate enough to know McDonald a little bit in his later years. When I wrote my Golden Boys (The Top 50 Manitoba Hockey Players of All Time) book, I spoke with McDonald numerous times as he was #28 on the list. Of all fifty players in my book, McDonald was the only Winnipegger that was still alive and living in town, and when the book came out, he was kind enough to spend an evening with me at McNally Robinson for the book launch, giving a wonderful speech and signing copies of the book for everybody that attended. I will be forever indebted to him for doing that because I know that people wanted his autograph a lot more than mine.

When McDonald passed away last year from cancer at the age of 82, the whole hockey world seemed to stop and mourn his passing. McDonald touched a lot of people's lives and the Winnipeg Jets did right by inducting the St. Andrews native into their Hall of Fame.



RECORD PHOTOS SUBMITTED

Ab McDonald's wife and kids at the Winnipeg Jets Hall of Fame induction ceremony.



The wives of the late Ab McDonald, left, and Lars-Erik Sjoberg dropped the ceremonial puck with their families and other former Winnipeg Jets captains prior to the Jets versus Minnesota Wild game on Feb. 26.

# Manitoba wins 25 medals at the Canada Winter Games

Submitted by Sport Manitoba

After two weeks of competition, Team Manitoba finished off the 2019 Canada Winter Games strong with 25 medals.

That total included nine gold, seven silver, and nine bronze.

On the final day of competition, two medals were added to the tally. The women's curling team won a silver while the men's curling team brought home the bronze.

At the last Canada Winter Games in 2015, Team Manitoba went home with 16 medals (six gold, three silver, and seven bronze).

In the race for the Canada Games' Centennial Cup, Manitoba placed second as the second most-improved team from the last Winter Games in 2015, trailing only behind the host province, Alberta.

Archer Austin Taylor (Winnipeg) was Manitoba's flag bearer for the closing

ceremonies of the Winter Games.

"I'm excited to represent Team Manitoba - our athletes, coaches, and volunteers," said Taylor. "It feels good to be nominated."

Taylor won two medals at the Games, a gold in the individual male compound event and a silver in the team mix compound event with teammate Bryanne Lameg.

"Austin's incredible performance at these Games (made) him an excellent

representative for Team Manitoba at the 2019 Canada Winter Games' closing ceremonies," said Team Manitoba Chef de Mission Marcie Halls-Stronciski. "Our team set out to build on past experience and successes at these Games and we're proud of the hard work our Herd put in to helping us achieve this goal."



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## Gurney awarded Dr. Dale Iwanoczko Memorial Volleyball Scholarship

**Staff**

The Manitoba High Schools Athletic Association and Volleyball Manitoba announced the 2018-19 recipients of the Dr. Dale Iwanoczko Memorial Volleyball Scholarships.

One of those athletes was the Selkirk Royals' Asha Gurney, a multi-sport athlete.

The \$1,000 scholarships are awarded annually in memory of former Selkirk volleyball player Dr. Dale Iwanoczko.

"I'm grateful to help carry on Dale Iwanoczko legacy and am humbled that the committee selected me for the award," said Gurney in an email. "There are a lot of smart, talented athletes out there. I'm hoping to also study medicine so this scholarship will definitely help me pursue that goal."

Gurney holds an academic average of 94.6 per cent while being an active member in her community.

She was selected as a MHSAA Athlete of the Week and was a member of the graduating high school all-star volleyball team.

As co-captain of the Royals, she helped lead them to a second-place finish at the Boston Pizza "AAAA" Provincial Volleyball Championships this past season.

She is a member of the Royals' indoor and outdoor track and field team, plays hockey, and volunteers at

community events, including the Selkirk Soup Kitchen, Terry Fox Run and officiates different elementary sports.

While not playing sports, Gurney is involved in choir and concert band as well as assisting with the Special Olympics' program at her school.

She will be attending the University of Manitoba in the Bachelor of Interdisciplinary Science program and also participating on the Bison women's volleyball team.

The other scholarship winners included Simone Crevier (Portage Collegiate Institute), Isaak Fast (Westgate Mennonite Collegiate), and Liam Kristjanson, and Crocus Plains Regional Secondary School.

Iwanoczko began his volleyball career playing for the Royals and then moved on to the University of Manitoba Bisons where he was named a five-time All-Canadian.

He was selected as the CIS/CIU most valuable player in 1990 and led the Bisons to a national championship in 1991.

Iwanoczko also played on Manitoba's provincial and Canada Games' teams.

He was selected as Valedictorian, a Governor General Award winner, and athlete of the year at Selkirk in Grades 11 and 12.

He obtained his medical degree from the University of Manitoba, and



**RECORD PHOTO SUBMITTED**

The Selkirk Royals' Asha Gurney, left, was one of four winners of the Dr. Dale Iwanoczko Memorial Volleyball Scholarship. She is pictured here with Royals' varsity girls' volleyball head coach Kyla Michalski at the announcement.

sadly passed away at the age of 30, after succumbing to Hodgkin's disease, a battle he had fought for 14 months.

Several of Iwanoczko's close friends have organized an annual golf tournament to raise funds for this scholarship which is named in his honour and memory.

To be eligible for this scholarship, a

student must be proceeding to a post-secondary institution and have a minimum 75 per cent academic average. The individual must have proficiency in volleyball, while academic standing, and involvement in their school and community are also considered.

## Thompson sisters win medals at Special Olympics Provincial Games

**Staff**

Two local speed skaters struck gold at the Manitoba Special Olympics Provincial Winter Games on Feb. 22-24.

Savannah Thompson competed in four races, winning three gold medals and a silver.

Her sister, Freya Thompson, also competed in four races. She won a gold, two silver, and a bronze.

The Selkirk duo joined the Sargent Park Racers three years ago.

"They have improved beyond expectation," said speed skating coach Robyn Jansen in an email. "I enjoy their positive attitude when at training sessions. They have a brilliant future in speed skating."

The sisters also attended the Ontario Provincial Special Olympics Games from Jan 31 to Feb 3 in Sault Ste. Marie. Savannah won four bronze medals while Freya brought home three silver.



**RECORD PHOTO BY GEORGIA CAMPBELL**

Freya Thompson, left, and Savannah Thompson show off their impressive medal haul in Special Olympics speed skating.

# A lifetime in curling for Royals coach Liebrecht

By Ty Dilello

Larry Liebrecht is the coach of the Lord Selkirk Royals high school curling teams. A lifelong fan of the roaring game, his curling background extends back to when he was in high school at Sisler. He joined the curling league there and fell in love with the sport. Liebrecht's been curling for over 50 years now and still he can't get enough of it. He's been helping grow the game at the grassroots level for many years and it's people like him who are the reason that Manitoba keeps churning out elite young curlers year after year.

"I started giving back to the sport when I became involved with the executive at the West St. Paul Curling Club," recalls Liebrecht. "The curling coach there was moving on and we were looking for someone to take over. My kids were curling in the league at the time so I thought why not. I took my Level 1 coaching and went for it. That was 30+ years ago. Now I'm coaching my grandkids, and kids that I coached in past years are now help-

ing me coach their own kids."

Just recently, the Lord Selkirk Royals high school boys and girls curling teams wrapped up their 2018-19 curling seasons at the division playdowns. "The curling season itself went reasonably well," says Liebrecht. "We had one boys' team and two girls' teams. Our boys team finished first overall in our KPAC division. They lost the 1vs2 playoff game to Miles Mac, then proceeded to lose the semi-final to West Kildonan in a close game. Although the season went well, the boys didn't play to their capabilities in the playoffs. As far as the girls go, we had a #1 team of girls who had curling experience and a #2 team of girls most of whom had never even set foot on a curling sheet. The #2 team won 1 game during the season, so I considered that a success. The #1 team played well throughout the season but ended up fifth in a very competitive division. They lost their playoff game in an extra end."

As far as getting into coaching the local school teams, Liebrecht says, "I

started when my youngest daughter Lacie was in grade 11. The school curling team had lost their coach and Jim Schreyer, who was head of Phys-Ed at Lord Selkirk at the time knew that I had coached the juniors at the West St. Paul Curling Club and he asked me if I would like to help out. I told him, no problem, that I'd do it for the two years that Lacie had left in high school. Here she is 29 years old, definitely out of high school, and I'm still coaching not only the girls but the boys as well. I have had a lot of help over the years, with teachers' reps, notably Lauren Dyck and more recently Laura Budowski, who is a very good curler in ladies and mixed curling."

Liebrecht, who's also the president of Ampere Electric Co. in Winnipeg and deals with a very busy work schedule, has still always found the time for curling over the years, and with his coaching he's had plenty of great highlights. "There are many of them, but it definitely has to be the years we made it to the High School Provincials," says Liebrecht. "We were



RECORD PHOTO SUBMITTED  
Larry Liebrecht

there last year with the girls and three years ago when both the boys and girls went to the provincials. It seems every year, I keep a couple of kids and get a few more who are very 'coachable'. This year, the girls that were on the #2 team really tried hard and wanted to learn. I can hardly wait to see how they will progress next year. I guess that's what keeps me coming back."

# Dolphins swim very well at provincials

Staff

The Selkirk Dolphins will have seven swimmers competing at the Prairie Winter Invitational this week in Winnipeg.

The competition, which starts Thursday and wraps up Sunday, will attract a field of over 360 swimmers.

The Dolphins had 10 swimmers competing at the provincials last month in Brandon.

They won 11 gold, seven silver, two bronze and nine fourth-place finishes.

Some of the highlights of the meet included the Dolphins' mixed freestyle relay team (15 and over) of Sonja Friesen, Braxton Case, Ian Gurney and Julian Murdock winning silver.

Winnipeg's Levy Andrusyshyn, 9, won seven gold medals out of seven events. He had the high point total in the boys' 10-and-under age group.

Hannah Andrusyshyn, 11, of Winnipeg won bronze in the grueling 200m butterfly. She also shaved 23 seconds off her 800m freestyle race while finishing seventh in the 12-and-under category.

Braxton Case, 12, of Selkirk won a gold in the 50m breaststroke and two silver in 100m and 200m breast (taking 15 seconds off her 200 breast and achieving three AA ManSask time standards in those races).

Lily Douglas, 13, of Selkirk came in

fourth in the 200m breast and raced her heart out while taking 35 seconds off her 200m free.

Sonja Friesen, 15, of Arborg earned two gold and two silver in multiple disciplines - free breast fly and IM.

Ian Gurney, 14, of East Selkirk won gold in the 100m free and also anchored the relay - swimming a :27.67 - to win silver.

Julian Murdock 15 of Stonewall won two silver in 50m breast and 200m free.

The team continues to be strong in the 200m and breaststroke races, said Dolphins' head coach Michelle Stamm.



RECORD PHOTO SUBMITTED  
The Selkirk Dolphins' Levy Andrusyshyn won seven gold medals at the provincials in Brandon last month.

# Langlais having a ball in Australia

By Brian Bowman

Brittney Langlais has taken her baseball talent to the land Down Under.

The former North Winnipeg Pirates' pitcher was playing baseball in Australia this winter in a women's league with the Rouse Hill Wildcats. The Wildcats were recently knocked out of the playoffs.

She is also playing for the NSW women's state team, which is made up of the best players in NSW. They

will be traveling to Canberra for nationals in late April.

"I am very excited to have the opportunity to compete against the best girls in Australia and it should be a very good experience," said Langlais via email.

Langlais, who is also training as an outfielder, said the level of play in Australia is similar to that here in Canada.

"I would say that the level of wom-

en's baseball in both Canada and Australia is very comparable, other than the fact that here in Australia, they have women's leagues instead of having the females compete with the males," she noted.

"I think this is a great thing as it allows more females to play the game, therefore, leaving Australia with more females in the sport than there is in Canada."

So, how does a woman from Garson,

Man. end up in Australia?

"One of my good baseball friends from Nova Scotia was headed to Australia also to play baseball and asked if I would be interested in coming down and playing, too," Langlais explained. "I then contacted the coach and the program director of the team and asked if they would be willing to take me on the team, which they gladly did.

Langlais said the transition of living in Canada to Australia has been a relatively easy one.

Continued on page 23

# Selkirk, St. Mary's to clash in WWHSHL final

By Brian Bowman

The Winnipeg Women's High School Hockey League CTV Division 1 championship will be decided by its top two teams.

The Selkirk Royals, first-place finishers during the regular season, will take on the second-place St. Mary's Academy Flames in a best-of-three final series that will start Monday (3:30 p.m.) at the Bell MTS Iceplex.

"It's going to be a big series, the top two teams in the league in the regular season facing off," said Royals' head coach Noah Cain. "It's going to be exciting, just like it has all playoffs for us. We're looking forward to it."

Selkirk defeated St. Mary's twice in three games during the regular season. This will be a real good battle between two elite teams.

"First place in the regular season came down to the last game," Cain noted. "Any night, any team can win so it's going to come down to who steps up and plays better and gets a couple of bounces."

"Hopefully, we show up."

Game 2 of the final series will be played Wednesday while Game 3, if necessary, is set for Thursday. Both games will be played at the Iceplex

and start at 5:45 p.m.

Selkirk earned a berth into the league final after defeating Vincent Massey 2-1 in their best-of-three semifinal series last week.

"That was a tough series," Cain admitted. "They played us really tight and they stepped up. I thought they played as good as they could against us and it came down to the last minute."

The Royals won Game 3 by a 4-2 score back on Feb. 28.

Rayley Goetz scored the game-winner with just 54 seconds remaining in the third period. It was the latest heroics from the Royals' scoring star.

"It was a big goal by Goetz in the third and that's what she's been doing for us all year and she did it one more time," Cain said of Goetz, who is in Grade 11. "Hopefully, she has a few more in her for St. Mary's."

Jana King then added an empty-net goal in the game's waning seconds to secure the win.

Selkirk took a 1-0 first-period lead on a power-play goal from Goetz. Vincent Massey's Hayley Lecuyer answered with a power-play tally in the second and then the Royals' Camryn Horbaty and the Trojans' Genevieve



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Jana King, left, and Rayley Goetz do a great job checking a Vincent Massey player during WWHSHL semifinal action last week in East Selkirk.

Houghton traded third-period goals. win. Jodi Clifton made 23 saves for the

# Varsity boys' basketball season ends with playoff loss

By Brian Bowman

The Selkirk Royals varsity boys' basketball team had a fairly successful season but it came to an end with a playoff loss last week.

The third-seeded Royals were defeated 78-71 by the second-seeded West Kildonan Wolverines in KPAC Tier 2 action on Feb. 27.

"They have a really good team and they got hot with the three," said Royals' head coach Dean Goodbrandson. "They had one guy that hit about 10 threes and a few were almost from centre. He just got hot and there was no stopping him."

"We were good enough to hang around but if you look in the mirror, we just didn't have enough to get it together and pull it off." "They were just a little bit better than us."

Alex Hourie, Carlin Doak, Matthew Fey, and Carson Grandmont were Selkirk's top scorers.

"They were all in around double digits but it wasn't enough," Goodbrandson said.

The score was tied 26-26 late in the second quarter before West Kildonan went on a game-turning 12-0 run.

"We were just playing catch-up the whole way," Goodbrandson said. "We

got it to three points with a minute to go and then we were in a foul situation to try to get the ball back and they made their free throws.

"It was full marks for the win for them."

With that semifinal victory, West Kildonan then played the Lorette Scorpions in the league final last Friday.

Selkirk had a decent season, finishing with a 13-13 overall record.

"I always look at are you performing up to your abilities and I think we did," Goodbrandson said. "I don't think we lost too many games that we should have won and we probably won a few that we shouldn't."

"Achievement-wise, it was pretty good."

Selkirk will lose three players - Fey, Grandmont, and Adam Wiebe - due to graduation while an international student will not be back.

But the Royals will have several key players eligible to return that will be in their senior seasons next year.

"We also have a pretty big group of JVs coming up that are pretty optimistic," Goodbrandson noted. "I would say we'll be stronger next year - we will have three Grade 11 starters



RECORD PHOTO BY BRETT MITCHELL

Carlin Doak will be one of several key players eligible to return to the Selkirk Royals' varsity boys' basketball team next season.

back."

This was a good team to coach, said Goodbrandson, and they improved over the course of the season.

"They played well together and we got contributions from everybody,"

said the head coach. "They absorbed a lot. I give them full marks for that and that's why we had the success that we had."

"They were able to absorb a lot in a short time."

# Interlake athletes excel at Special Olympics Provincial Games

## Staff

Twenty Interlake athletes represented their region extremely well at the Special Olympics Provincial Games in Winnipeg recently.

Ten of those athletes participated in bowling and were coached by Jim and Sandy Croy while 10 more competed in snowshoe and were coached by Levi Kozera, Ryan Kozera, Dylan Muller, and Reagan Croy.

Two additional athletes from the Interlake competed in speed skating while representing the Winnipeg region.

To kick-off the event on Feb. 23, snowshoe athlete, Erik Andersen joined six other athletes from their regions to carry the Special Olympics' flag at the opening ceremonies. Andersen also sang our national anthem in front of over 400 people that were in attendance.

Overall, Interlake athletes did incredibly well collecting 26 medals.

Andersen received bronze medals in both the 100m and 200m snowshoe races. Steven Walcer, in his first Games experience, was the fastest in the 200m. He also placed second in the 400m and third in 100m.



Pictured left; Erik Andersen collected a pair of bronze medals in snowshoeing, carried the Special Olympics flag into the opening ceremonies representing Interlake and sang 'O Canada'. Right photo; the Interlake Snowshoe team.



RECORD PHOTOS SUBMITTED

Kelsey Franzen finished first in the 100m and 200m while Holden Whall was tops in 200m.

Justin Hebert placed first in 200m while Nolan Penner was first in 200m and second in 100m.

In speed skating, Savannah Thomp-

son was first in the 222m, 333m, and 500m in her division and second in the 111m.

Her younger sister, Freya Thompson, placed first in the 111m, second in the 222m and 500m in her division and third in the 333m.

Two medals were won in bowling as Shane Rusch won gold in his division with a plus-148 over his average and Kim Jones won gold in her division with a plus-102 over her average.

# Fishermen to face Falcons in CRJHL semifinal series

## By Brian Bowman

The real season is about to start for the Selkirk Fishermen.

After finishing the regular season in first place with 68 points, a whopping 22 points better than the second-place Arborg Ice Dawgs, Selkirk will now face the Lundar Falcons in a Capital Region Junior Hockey League best-of-seven semifinal series.

Game 1 will be played Saturday in Selkirk while Game 2 is slated for Sunday in Lundar.

Game 3 returns to Selkirk on March 15 while Game 4 will be played March 17 in Lundar.

All four games will start at 7:30 p.m. The remainder of the series schedule, if necessary, had not been finalized at press time.

### Lundar wins playoff series

Meanwhile, home ice wasn't much of an advantage in the best-of-three playoff series between Lundar and the St. Malo Warriors.

The road team won all three games as Lundar edged the Warriors 4-3 in Game 3 of their series on Sunday in St. Malo.

The Falcons' Xavier Halterman scored the eventual game-winning

goal - his third of the game - with 2:18 remaining in the third period.

Lundar took a 2-0 first-period lead as Josh Wilkinson and Halterman tallied.

But St. Malo's Camden Cline replied with a goal late in the opening period. Halterman scored to give the Falcons a 3-1 advantage but the Warriors tied the score with goals from Justin Svenson and Robert Guimond before the middle frame ended.

Chris Lesage made 29 saves for the win.

Lundar started the series with a thrilling 5-4 double overtime win over the Warriors in St. Malo Friday evening.

Shayne Desjarlais scored the game-winner in OT.

Cline scored to stake St. Malo out to a 1-0 first-period lead and then the Warriors went up a pair of goals when Alex Murray tallied early in the second.

But Lundar's Derek Benson scored a huge goal just 15 seconds later.

Falcons' forward Storm Swan then went to work, scoring a natural hat trick to put the visitors up 4-2. His third goal was a shorthanded marker.

St. Malo battled back, though, as Svenson scored a power-play goal

midway in the third. Evan Wuerch then added a shorthanded marker 1:21 later to tie the score at 4-4.

Lesage made 31 saves for the win.

St. Malo evened the series with a 5-3 win on Saturday in Lundar.

The Falcons looked to be in good shape with a 2-0 lead after 20 minutes as Drake Zimmerman and Dennon Sichewski tallied.

But St. Malo stormed back in the second with goals from Wuerch (two), Svenson, Hayden Hildebrand, and Tyrel Bueckert.

Lundar's Riley Wirgau scored the lone goal in the third.

The Falcons' Braden Paulic, Halterman, and Sichewski each finished the game with two points.

Lundar now advances to a best-of-seven semifinal series with the Sel-

kirk Fishermen.

### Satelites win Game 1

Meanwhile, Arborg began its best-of-seven semifinal series with a 5-2 home loss to the North Winnipeg Satelites.

Nathan Jones led North Winnipeg with a hat trick while Parker Cassie and Brayden Clarke also tallied.

Colton Davies and Ethan Chwaliboga replied for Arborg, which led 2-1 late in the second period before surrendering three goals in a 4:40 span.

Game 2 of the series was played this past Tuesday in north Winnipeg but no score was available at press time. Game 3 is set for Arborg on Saturday (7:30 p.m.) and then Game 4 returns to Winnipeg next Tuesday (8 p.m.).

**The Fishermen are in 1st place!**  
**CHEER THEM ON IN THE SEMI FINALS!**

**Semi Finals vs Lundar Falcons**

**Sat. Mar. 9 7:30pm in Selkirk**

**Sun. Mar. 10 7:00pm in Lundar**

**Fri. Mar. 15 7:30pm in Selkirk**

**Sun. Mar. 17 7:00pm in Lundar**



**Meet the Fishermen**



#33 Austin Deboer, Goalie

# Steelers wrap up regular season with loss to Pistons

By Brian Bowman

The Selkirk Steelers wrapped up their Manitoba Junior Hockey League regular season with a 3-1 road loss to the Steinbach Pistons on Saturday evening.

Steinbach's Kyle Bettens scored in the first period and then Tyson McConnell tallied in the second for a 2-0 lead.

Selkirk's Blake Burr scored his ninth goal of the season on the power play early in the third.

The Pistons' Boedy Vaeth then added an empty-net goal with a second left in the game.

Winning against Wayway

Selkirk played its final regular-season home game last Friday, dumping the Waywayseecappo Wolverines 4-3.

Ryan Sokoloski gave the Steelers a 1-0 first-period lead before Waywayseecappo's Greg Lee tallied 44 seconds into the second period.

About five minutes later, Selkirk exploded with power-play goals from Nate Halvorsen, Will Middleton and Connor Barley just 44 seconds apart.

The Wolverines made the game interesting, though, with third-period goals from Conrad Phillips and Brandon Lawson.

Levi Mitchell stopped 27 shots for the win.

Whipping Winkler

On Feb. 26, the Steelers hammered the Winkler Flyers 9-2 at the Rec Complex.

Josiah Vanderhooft led Selkirk with two goals while Colby Jaquet, Matt Hill, Ryan Piwniuk, Middleton, Noah Basarab, Brady Pupp, and Connor Barley also tallied for the Steelers.

Caydon Meyer and Korytko replied for Winkler.

Mitchell made 21 saves for the win.

## > LANGLAIS, FROM PG. 20

"Canada and Australia are very similar so it was very easy to adjust," she said. "Other than some different words they will use and some different foods, it has been pretty normal. I am billeting with a family just outside of Sydney in a smaller town.

"I love it and the family has accepted me as one of their own which is always good. It's going to be sad when I have to leave but now I have a second family all the way across the world."

The experience of playing baseball and living in Australia is a unique one. Langlais is very grateful for the opportunity.

"It was always my dream as a little girl to travel for baseball but I never thought it would take (me) all the way to the other side of the world," she said. "I am very grateful for all the places baseball has taken me and I am, for sure, very lucky."

"I have had amazing support from my parents and friends along the way."

Langlais has also been able to experience some neat things away from the diamond.

"I've been able to do a lot of sightseeing and go to a lot of beaches," she said.

"I have also been able to meet a lot of new people and make new friends. I have also seen a lot of cool animals over here - a kangaroo being one of them.

"Our last league game had a delay as there was a snake on the field and we had to wait until it was off the field to continue. That's something that, for sure, never happened back in Canada."

Langlais expects to be coming home in a few months and is glad she missed a Manitoba winter. She is looking forward to playing baseball again in Manitoba this summer.

"I definitely do not miss the cold and snow back home but I do miss my family," she said. "I'm lucky my parents and sisters did just recently come and visit me but it will be good to be back home in May with my family and friends. I am coming home after the nationals are over to come play baseball back home."

"My plan is to play at the junior level (if I am successful at making the team) but I will also be playing on Team Manitoba for the U21 nationals once again. I will also be playing at the senior nationals with the Team Canada prospects."

# MJHL announces players of the month for February

Submitted by the MJHL

Propelled by a scoring outburst of 16 points, Swan Valley Stampeters; Matt Osadick has been named the RBC player of the month for February.

Osadick, 18, scored 10 goals for the Stamps, who finished second in the MJHL this season. The Winnipeg producer recorded five multiple-point games during his 11-game hot streak. Recently, he committed to University of Maine (NCAA/Div 1).

The runners up were 19-year-old forward Kolten Kanaski of the Virden Oil Capitals and 20-year-old forward Jake Bestul of the Waywayseecappo Wolverines.

Telus-MJHL Defenceman of the Month

The Telus Defenceman of the Month

for February was Virden's Tristen Cross.

This is the second consecutive month the native of Virden has won this award. Always responsible in the Oil Caps' defensive-zone, he also contributed offensively with three goals and 13 points in 13 games.

The runners up were 20 year old Riley Shamray of the Dauphin Kings and 17 year old Michael Ladyman of the Winnipeg Blues.

MGEU-MJHL Goaltender of the Month

The MGEU Goaltender of the Month for February was Isaac LaBelle of the Waywayseecappo Wolverines. The 20 year old from Saskatoon put up an 8-2 record in February, highlighted by a stingy 1.90 goals-against average and

.945 save percentage. He also recorded a pair of shutouts, giving him three for the season.

The runners up were 20 year old Jeremy Link of the Winnipeg Blues and 18 year old Zachary Bennett of the Selkirk Steelers.

IBAM-MJHL Rookie of the Month

The IBAM Rookie of the Month for February is Eric Fawkes of the Winkler Flyers.

The rookie forward from Winnipeg put up 18 points (eight goals, 10 assists) in 14 games. Overall, he won the Flyers' scoring race with 15 goals and 37 points in 59 games. He recently committed to NCAA-Div 1 Rensselaer Polytechnic Institute.

The runners up were 17-year-old forward Ty Naaykens of the Winnipeg

Blues and 18-year-old goaltender Nathan Moore of the Portage Terriers.

Manitoba Pork Peak Performer of the Month

The Manitoba Pork Peak Performer of the Month for February is the Flyers' Connor Beebe.

Beebe, who hails from Okotoks, Alta., had a busy month representing the Flyers at an event held by Gateway Resources, which focuses on enriching the lives of local persons living with intellectual disabilities.

The 20 year old also visited several schools in Winkler and participated in "I Love to Read Month." He also volunteered and assisted several times during the month at Winkler Breakfast Club helping children.



**COME CHEER ON THE STEELERS IN THE PLAYOFFS!**

**1st Round VS Virden Oil Capitals**

**HOME GAME** ■ Fri., Mar 8<sup>th</sup> - 7:30 pm

**AWAY GAME** ■ Sun., Mar 10<sup>th</sup> - 7:30 pm @ Virden

**HOME GAME** ■ Tues., Mar 12<sup>th</sup> - 7:30 pm

**AWAY GAME** ■ Thurs., Mar 14<sup>th</sup> - 7:30 pm @ Virden

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**ANNOUNCEMENT**

**WEDDING ANNOUNCEMENT**



Daniel and Ginger Rosser of Texarkana, Texas along with Kevin and Denise Goodwin of Texarkana, Arkansas proudly announce the engagement of their daughter, Meagan Erin Rosser to Weldon Gene Murry, son of Monty and Ryan Murry of Texarkana, Texas and Judge John and Andrea Finley of Ashdown, Arkansas. Proud grandparents in Canada are Lou and Ted Rosser, Doug and Pat Vialoux and Elsie and Larry Brisson.

Ms. Rosser is a 2011 graduate of Texas High School, she graduated from the University of Arkansas with a bachelor's degree in Early Childhood Education and Masters of Arts in Teaching. She is currently a fourth grade teacher in the Farmington, Arkansas School District. Mr. Murry is a 2011 graduate of Texas High School. He graduated from the University of Arkansas with a bachelor's degree in Biology, and will graduate in May from Rosalind Franklin Medical School in Chicago, Illinois, with a Doctorate of Podiatric Medicine. They plan to marry in the month of May 2019, at Mildred Cooper Chapel in Bella Vista, Arkansas.

**ANNOUNCEMENT**

**IN MEMORIAM**



**Beatrice Mae Goodman**  
January 8, 1944 – March 8, 2018

You always had a smile to share,  
Time to give and time to care;  
A loving nature kind and true,  
Is the way we will always remember you.  
-Love Always, Pat and Martin (Shag) and family

**ANNOUNCEMENT**

**IN MEMORIAM**



**Brenda Patrice Morrow (nee Baty)**  
May 4, 1964 – March 5, 2001

Always in our hearts.  
-Remembered lovingly by the family

**ANNOUNCEMENT**

**IN MEMORIAM**

**In Loving Memory of**  
**Bill Purvis**  
July 14, 1935 – March 8, 2015

May the winds of life blow softly,  
And whisper so you can hear;  
We will always love and miss you,  
And wish that you were here.  
For all that life has given us,  
And all that's left to do;  
We know no greater treasure,  
Than the years we had with you.  
-Love always,  
Bev and family

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**UPCOMING EVENTS**

The 23rd Annual Manitoba Baseball Hall of Fame & Museum Induction Dinner will be held in Morden on Saturday, June 1, 2019. Tickets may be obtained by contacting Morris Mott at 204-726-5167 or [mott@brandonu.ca](mailto:mott@brandonu.ca), David Taylor at 204-841-3242 or [taylor@brandonu.ca](mailto:taylor@brandonu.ca), Jack Hrehirchuk at 204-638-6923/204-648-6395 or [jhrehirchuk@wcgwave.ca](mailto:jhrehirchuk@wcgwave.ca), Joe Wihar at 204822-4636 or [mhbhbf@mymts.net](mailto:mhbhbf@mymts.net) or on-line at [www.mbhof.ca](http://www.mbhof.ca) Deadline for ticket sales is May 15, 2019.

FLK Taoist Tai Chi Open House, demonstration and class information. Saturday, Mar. 16/19, 10 a.m. – 11 a.m. Gordon Howard Centre, 384 Eveline Street, Selkirk. Ph. 204-785-2332 Taoist.org

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**OBITUARY**

**Carol Ann Rodrigue**

Peacefully on March 1, 2019 following a lengthy illness, Carol Ann Rodrigue passed away at the age of 78 years.

Cremation has taken place and no formal service will be held.

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**OBITUARY**

**Marguerite (Margaret) Rose Davisson**

Peacefully with family by her side, on Wednesday, October 3, 2018, Margaret Davisson, age 91 years, of East Selkirk, MB passed away. She was predeceased by her husband Jim on January 5, 2017; her parents Frank and Justina Falk and all her siblings. Margaret leaves to cherish her memory sons and daughter, Bob (Linda), Doug (Debbie), Murray (Debbie), Brian, Linda (Don) and Garth (Debbie); grandchildren, Jackie (Daryn), Clint (Stephanie), Christian, Mackenzie, James, Sheena, Jody (BJ), Carol (Brodie) and their dad Ed, Alsysha and her mom Gwen, Caleb and Kevin; great-grandchildren, Avery, Ella, Zane, Vander, Brooklyn and Brooklyn. Mom also leaves many nieces and nephews, as well as many dear friends.

Margaret was born in the hills of Rutland, Saskatchewan on June 20, 1927 where she lived until she married Jim on July 11, 1955.



They lived in Unity, Saskatchewan until dad re-joined the RCMP in 1958 and was stationed to Selkirk, Manitoba. Margaret stayed at home to raise the children as they were moving constantly with Jim's various postings with the police force. In July, 1969 when the family was stationed in Headingly, Manitoba she began her career with Canada Post. She worked in the Headingly, Lynn Lake, Selkirk post offices and ending her career as Post Master at the East Selkirk Post Office. She really enjoyed working there and visiting with all the customers that came in. When the Christmas season got too much for her health she made the hard decision to retire in 1993. After retirement she enjoyed feeding the birds, planting a garden, visiting her grandchildren and playing cards with her friends. She was an avid fan of the Toronto Blue Jays and hardly missed a game on TV. She also spent many hours watching every curling game she could.

A memory of life celebration will be held on May 11, 2019 at 2 p.m. in Regina, Saskatchewan at the RCMP training depot.

In lieu of flowers, donation in Margaret's name can be made to the Heart and Stroke Foundation, Glory Bound Ministries or to a charity of your choice.

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# Announcements

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## OBITUARY



**Mary Stregger (nee Violet Marie Anderson)**  
February 28, 1918 - March 1, 2019

It is with both sadness and thankfulness that we announce the passing of our dear Mother/Nan/Great Nan on Friday, March 1, 2019. Sadness because we will miss her deeply but thankfulness that we were so blessed that she was a part of our lives and the assurance we have that she is now in perfect peace with her Lord and Saviour.

Mary was predeceased by her parents, Bengt and Esther Anderson; her husband, John Stregger; and her siblings, Agnes Branvold (Clarence), Arthur Anderson (Edna), Carl Anderson (Mary), Alice Anderson, and John Anderson (Winnifred). She will be greatly missed by her daughters, Sylvia (Darol) Clute, and Carol (Gerry) Bristow; her grandchildren, Brent Clute, Jason (Marta) Bristow, Bradley (Cindy) Clute and Kristin Bristow (Jeff) and her great-grandchildren, Joshua and Annika Bristow-Onyskiw; and many dear nieces and nephews.

Mary was a very loving, gentle and unselfish person. She had a deep and personal faith in God and she modelled this in how she lived her life. She was extremely hard working and very resourceful in order to provide for her girls after the early death of her husband. She was employed as a clerk at Phillip's Store in Estevan, Saskatchewan, and later was employed by Eaton's in Winnipeg until her retirement.

She was extremely proud of her grandchildren and great-grandchildren both for what they accomplished but mostly for who they are and what they stand for. She was eager to participate in their lives but also managed to squeeze in many crafts and baking.

We would like to thank all who showed Mom kindness and understanding during her last years as she struggled with dementia. We are grateful for the excellent medical care of Dr. Fuchs, Dr. Barry Campbell, Dr. Demsas, Dr. Shelley Anderson, Dr. Klavonski and Dr. Rokhsana Sultana and the other competent and caring staff of Riverview Health Centre. She was blessed by many caring companions - Cindy, Charles, Doris, Eileen, and Lynne and the prayers of many faithful friends. "Omnipotence has servants everywhere!"

In lieu of flowers, if you wish, please make a donation to either Samaritan's Purse, 20 Hopewell Way NE, Calgary, AB, T3J 5H5 or Riverview Health Centre, 1 Morley Avenue, Wpg., R3L 2P4.

A memorial service will be held at 3:00 p.m. on Saturday, March 16th at Gilbert Funeral Home, 309 Eveline St., Selkirk.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Joan Marie Wur (nee Ross; nee Samagalski)**  
September 27, 1934 - March 1, 2019

Peacefully, with her daughter by her side, our beautiful Mom took her last breath on the morning of March 1, 2019.

She is survived by her daughters whom she loved so much, Debbie of Aiken, SC and Leslie of Winnipeg, and by her twin brother Gerry (Corrine) of Leduc, Alberta. She was predeceased by her beloved husband Anthony (Tony), her parents John and Mary Samagalski, and her sister, Doris Samagalski, as well as many family members and friends. She will be missed and remembered fondly by her extended family and many friends.

Mom was born in Libau, Manitoba, on September 27, 1934. Her family moved to Selkirk when she was a young girl, and she lived there for over 70 years before moving to Winnipeg. She was a long-time employee of the Selkirk Mental Health Centre, where she worked the night shift on the switchboard so she would be home during the day for her girls.

Mom took great pride in her yard and in the wonderful house Tony built. The door was always open and all were welcome. Coffee was always on and no one left hungry! She had a huge heart and was a natural caregiver. She loved nature, and enjoyed many long drives out in the country with family and friends.

Mom had a fierce love for us, her daughters, and never went to sleep at night without saying goodnight to her girls. She had the most beautiful smile and gave the best hugs. She liked to say that all of her grandchildren had four legs, and she loved them all!

Cremation has taken place, and a celebration of Mom's life will be held in the spring.

If desired, donations in her memory can be made to the Alzheimer Society of Manitoba or to The Winnipeg Humane Society.

Thank you to those who cared for Mom and paid her a visit or asked about her. To the staff at Kildonan Personal Care Centre who looked after Mom over the last five years, thank you from the bottom of our hearts.

You'll always be with us Mom. Knowing that you're now free from pain and limitations makes it a little easier to let go. You were one of a kind, and we love you to pieces!

"You are my Sunshine"

Condolences and videos may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

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