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Superintendent shares his first children's book with students

Students get sneak peek of *Rob, The Really Old Ball*

By Katelyn Boulanger

Lord Selkirk School Division Superintendent Jerret Long is passionate about educating students. He's currently keeping the school division on track but before that was a gym teacher. Combining his interest in education and history in the gym he wrote his first children's book *Rob, The Really Old Ball* and shared the soon-to-be-released book first with students in the Lord Selkirk School Division.

"The book is called *Rob, The Really Old Ball* and like all books, it's about experiences. And so, for me, it was a collection of my life as a teacher, and what I saw with kids, and then my own life and I think lots of books are like that. It's a children's book and for the first time this year, I'm glad to be able to say it's finally being published. It's being printed right now and it'll be available for purchase in April," said Long.

One of the classes that he shared this with were the grade fives from East Selkirk Middle School. They learned

from the story that Rob used to be a new ball that was played with often. As he got older, he got scuffed and worn and the children played with him less and he was pushed to the back of the equipment cupboard. He started to feel left out and hoped to one day be part of gym class again.

Long says that this is an experience that happens as a gym teacher when older equipment is used less.

"One day he gets his chance. The story is really a collection [of thoughts surrounding] the idea that because Rob is scuffed, what happens is he's able to be caught by the kids better because being scuffed, it's easy to hold on to Rob. If you've ever kicked a brand new soccer ball, you know, it hurts but Rob's a little bit older, so the kids love to play with him," said Long.

This allows kids to reflect on their own experiences.

"Sometimes the things that we don't like about ourselves are not things to overcome, or to change, they are

things that actually make us pretty awesome and special. And that's the main story there. Because there are a lot of there are a lot of good books and stories out about overcoming the things we don't like about ourselves. I wanted a story, from working with kids and just my own life experience to say that, sometimes those things are the very things that make us pretty special," said Long.

He's enjoyed being able to share this story with his students this I Love to Read month.

"It's been a pretty exciting experi-

ence to be able to share books because I love to come and read at schools every year but to be able to come and read one of your own and share some of your own personal experiences is good. If it just means for a minute that someone can relate to something, then it's all worthwhile," he said.

Long hopes to share a copy of his story with every school in the division.

Stay tuned to the *Selkirk Record* to learn more when the story is officially released later this year.



RECORD PHOTO BY KATELYN BOULANGER

Jerret Long reading *Rob, The Really Old Ball* to grade five students at ESMS.

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Lord Selkirk School Division talks draft budget

Budget Forum discusses inflation, funding and more students in division

By Katelyn Boulanger

The Lord Selkirk School Division (LSSD) hosted a community forum to discuss the 2024/25 draft budget. The conversation relayed to our community the ways in which the school division is utilizing its funding to keep local students learning.

"This is an important night to be able to share and hear from you, our community, your voice. [To] hear from you what's important, what are the priorities that you have within our school division, and are they aligned with where we're going. That's really important for us as a board and senior admin, to be able to hear that," said LSSD Superintendent Jerret Long.

He then went on to explain that LSSD's strategic plan involves prioritizing students' literacy and numeracy skills as well as their mental health and well-being. This is done through Indigenous education and moves towards reconciliation; prioritizing lan-

guage programming, which includes French immersion, and bilingual programs; an emphasis on smaller class sizes; and support from student services.

"We're also excited to hear from our community about the options and things that they think are important as we head into budget considerations, and look forward to next year," he said.

Kelly McDonald, secretary-treasurer for the LSSD then took over to share the numbers coming out of the division.

She explained that there are 3,940 students, 517 employees, and 47 bus routes for the division which spans 1,492 km of area and includes the City of Selkirk, and RMs of St. Andrews, St. Clements, Victoria Beach, Alexander, and Brokenhead.

Some current year highlights from the school division include four teaching positions added to address enroll-



RECORD FILE PHOTO BY KATELYN BOULANGER

LSSD talks operating budget, highlights and challenges at recent community meeting.

ment increases, a \$100,000 grant to continue the Elders and Knowledge Keepers program, the replacement of a leaking waterline at Lockport School and more.

The school board is also facing challenges. As was mentioned in previous years, after COVID-19 they are seeing more use of sick days by staff. They have open postings for substitute teachers, educational assistants, and bus drivers. There has been increased student enrolment that is not immediately recognized in funding announcements. IT equipment and resources are ever-evolving. School buildings, buses and other resources age and require upkeep and inflation has made supplies more costly.

McDonald then got into the funding amounts sent out by the provincial government.

"The way that they did this back-grounder is a little misleading. Your eyes want to go right to the end that says that we received a 2.1% increase to our funding for the year," she said.

Part of that 2.1% increase includes the new nutrition program which will start in 2024/25. This program has strict stipulations on how the fund-

ing can be used. Of the \$435,000 that they will receive as part of the nutrition program, there are two schools that are part of the division's community schools program that will each receive \$120,000 of the funds and the remainder will be split among the remaining schools.

"We're very grateful for these funds. Unfortunately, they don't help us in our operating budget since they are strictly for the nutrition program. So, what that means at the end of the day is that for the Lord Selkirk School Division, our operating budget actually only increased by a 0.6% change," said McDonald.

The other avenue that funding for the school division comes from is the education property tax. To maintain staff and programming levels the current estimate is that the mill rate for education taxes will need to be increased by 4%.

Some projected expenses that the division expects to have to cover in the upcoming year are an overall addition of 2.0 FTE teaching staff, and maintaining all other staffing posi-

Continued on page 5

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Perchotte at Ruth Hooker School



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Selkirk MP Richard Perchotte is showing that our local leadership value literacy. Pictured: Perchotte reading to a class at Ruth Hooker School.



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> LSSD BUDGET FORUM, FROM PG. 4

tions. Purchasing of one new school bus, as well as increased costs in many areas.

McDonald explained that the next steps include final budget revisions, final budget approval, tax notices being issued and a budget template being submitted to the Department of Education.

After her presentation residents' questions were answered. Areas such as student-to-teacher ratios and how the division is dealing with the increase in population in our area

were addressed as well as a few other funding and education questions. Residents who are interested in viewing the meeting for themselves will have access to a recording of the meeting on the school division's website shortly.

"The opportunity to ask questions does certainly not end in this time-frame. If you are viewing this at a later date and have questions, we would welcome those at any time," said Lena Kublick, LSSD board chair.

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Stony Point Métis celebrate Louis Riel Day in style

By Lana Meier

On Feb. 19, the Stony Point Métis lo-

cal held its first ever Louis Riel Day celebration at the community centre.

It was a great success and a good time was had by all, thanks to the vision and planning of the organization's chairperson, Marcella Vezina.

A packed house

enjoyed homemade vegetable soup and beef stew meal prepared by local "chef" Tyson Vincent and his wife Tamara Favell. The meal included homemade bannock by Jackie and Yvonne Hourie.

Belinda Frisk did a great job decorating and was enjoyed by everyone attending.

Several local artists, including Brandi Vezina and Glenn Hewgill and band provided live entertainment for

dancing and listening enjoyment. The crowd was also treated to a wonderful demonstration of "Old Tyme Dance" by Mitch and Adele Chornby.

Stony Point Métis extended thanks to its volunteers, including Sheila and Brian Juer; Ramonda Frisk who helped make this event a success; and Doc Vezina for clearing the yard. The local community group looks forward to seeing everybody again at its next function.



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Mitch and Adele Chornby treated guests to an Old Tyme Dance demonstration.



RECORD PHOTOS BY TAMARA FAVELL

Stony Point Métis local's inaugural Louis Riel Day celebration drew a large crowd to the community centre Feb. 19, with guests enjoying live music and food.



Brandi Vezina with guitarist Kevin Cockle



Glenn Hewgill entertained the crowd with fiddle music.

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4 steps to protect your online bank account

Online banking has made it easier than ever to manage your bank account from anywhere in the world. While convenient, online banking doesn't come without risks. Here are four steps to take to protect your account.

1. CREATE A STRONG PASSWORD

Use a passphrase that incorporates upper and lowercase letters, numbers and special characters. Avoid using personal information, such as your name and date of birth, to ensure your password is difficult for hackers to guess.

It's a good idea to change your online banking password every three to six months to lower the odds of your password being stolen or decoded.

2. DON'T USE PUBLIC WI-FI

Avoid using online or mobile banking while connected to public Wi-Fi. If a hacker taps into the unsecured network, they can access your personal informa-

tion, including your bank account login.

3. ENABLE TWO-FACTOR AUTHENTICATION (2FA)

Two-factor authentication provides a second layer of security when logging into your online or mobile banking account. For example, you can choose to receive a one-time code via text message or an automated phone call to verify your identity. This makes it difficult for hackers to unlock your account.

4. MONITOR YOUR ACCOUNT REGULARLY

Consult your bank statements and review your transactions weekly. If you notice anything amiss, contact your bank immediately. If possible, sign up to receive notifications from your bank that instantly alert you of suspicious activity.

Although online banking can potentially lead to hacking and fraudulent charges, the above practices will help you stay safe.



Selkirk local and first-time actor plays role in feature film

Brian Eggleston encourages others to go after what interests them

By Kaitlin Vitt

A first-time actor from Selkirk recovering from a spinal injury found healing in playing a role in a Manitoba-produced film.

The feature film *Daughter of the Sun* follows a 12-year-old girl on the run with her father, who has Tourette Syndrome.

"As they cautiously join a community of outcasts living on the fringes, they soon realize the group has a darker purpose threatening their very existence," a news release about the film explained.

Brian Eggleston, who lives in Selkirk, plays one of the members of the community the father and daughter encounter.

"The whole experience was just unbelievable," Eggleston said.

Eggleston found out about the role while in the hospital with a spinal injury, something he's still recovering from. His wife saw the casting call, and Eggleston agreed he seemed to fit the part.

"The role fit me — kind of a gruff guy, late 40s, early 50s," Eggleston said. The character also used a wheelchair, like Eggleston.

People in his ward at the hospital helped him read lines and put together an audition video.

"They were more excited than I was about this whole thing, helping me read lines," Eggleston said. "It helped get everybody's minds off things, the situation they were in. I think it really helped a lot of people."

Eggleston got the part, and after being in the hospital for six months recovering from his injury, he went straight into filming.

"It kind of helped me transition from being in the hospital for so long back into regular everyday life," Eggleston said. "It gave me focus instead of just dwelling on things. It was draining, a couple long days of shooting. My wife took time off work and drove me so that I was able to be there."

The movie was filmed throughout

Manitoba in Gimli, Hadashville and Carberry. Eggleston's role took about two months to film.

Ryan Ward, originally from Portage la Prairie, wrote, directed and starred in the film. He played the father in *Daughter of the Sun*.

"Returning to Manitoba to film *Daughter of the Sun* was a homecoming filled with inspiration and nostalgia," Ward said in the news release. "After living in Toronto and L.A., I was struck by the beauty here, which I've realized has deeply influenced my work. Shooting here wasn't just about filming scenes, but about trying to capture a feeling of timelessness and wonder that has stayed with me for years."

The film earned an audience award for best Canadian feature at the Fantasia International Film Festival in Montreal. *Daughter of the Sun* also played at the Berlin International Film Festival in February.

"It was a great experience all around. The people were great, the story was interesting," Eggleston said. "I got to experience something that not a lot of people get to do."

Eggleston is still recovering from his spinal injury. Initially, he was paralyzed from the waist down, but today, he has some movement in his lower body and is re-learning how to walk. He still uses a wheelchair but not all the time.

Eggleston, who worked in construction for 30 years, would like to continue acting and has put out a couple of auditions.

From his experience recovering from his spinal injury and from his experience trying something new — acting — Eggleston encourages people to go after what interests them.

"Grab what you want and run with it, really. If you figure you want something, just go for it," Eggleston said. "Even with my physio, they told me I wouldn't walk. I can walk with a cane — not very far, but I'm working on it. I'll get there."



RECORD PHOTO SUBMITTED

Brian Eggleston acted for the first time in the Manitoba-produced feature film *Daughter of the Sun*.

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13th Annual Gimli Ice Festival gearing up to beat the winter blahs

By Patricia Barrett

The Gimli Ice Festival will be rolling out its 13th annual winter festival this weekend with two full days of activities to entertain the crowds.

GIF co-chair Susan Holfeuer, who's been busy preparing for the festival and meeting with volunteers, said the festival was nominated by Manitoba Travel for a rural community festival award and is currently one of the finalists.

"We're just thrilled to be in the Top 3. That's already a win for us and it helps put Gimli on the map," said Holfeuer.

The festival is offering a number of new activities this year.

"The hockey skills competition is new this year and we've got Hidden Treasures Studio offering an art class where people can make a polar bear suncatcher," said Holfeuer. "We're also bringing back Cooley's (festival mascot) indoor playground, which we haven't offered since before the COVID pandemic."

The hockey skills competition has three different skills events for U7 to U18+ (females and males) with a chance to win medals and bragging rights. The event will take place at the Gimli Recreation Centre on Saturday from 1-4 p.m.

Despite the relatively balmy temperatures that hit Manitoba near the end of January, the Fire on Ice Car Racing (on Saturday and Sunday) and the Ice Man Motorcycle Ice Racing (on Sunday) is scheduled to go ahead on Lake Winnipeg as there is sufficient ice to accommodate the vehicles.

"The car racing and the motorcycle racing will be a go for sure," said Holfeuer. "We've got over 30 drivers already registered for the motorcycle racing."

The New Iceland Heritage Museum



RECORD FILE PHOTOS BY PATRICIA BARRETT

Gimli Ice Festival co-chairs Susan and Peter Holfeuer in 2020 at the Mercedes ice house on Lake Winnipeg.

will be playing host to a Winter Photo Expression Exhibition and a beading workshop on both days of the festival, she said. And the Lakeview Resort will be playing host to a Manitoba Métis Federation artisan craft show.

Those who like a good outdoor run can register to run in A Viking's Challenge, Battle of the Bay, which is a fundraiser for the Save Your Skin Foundation.

There will be plenty of grub for festival-goers at local restaurants and on the festival site itself. The Gimli Kiwanis Club will be serving up a pancake breakfast on Sunday morning at the harbour and people can enjoy bannock and tea and maple syrup taffy on a stick near the Lake Winnipeg Visitor Centre.

The festival wouldn't be complete

without the Vikings sharpening their spears and doing battle at Gimli Harbour. The re-enactments are performed by The Hands of Lugh. And festival favourites such as the frozen fish toss and the frozen T-shirt contest will be offered.

On Saturday, fireworks will light up the night at Gimli Harbour starting at 7 p.m. followed by entertainment at the Lakeview Resort.

The festival kicks off on Friday, March 1 with the Gimli Ice Festspiel doubles curling bonspiel at the Gimli Recreation Centre followed by two days of icy fun. Festival passes are \$5 and are required to get into some venues. Please refer to the festival schedule on the Gimli Ice Festival's website as some event offerings are subject to change.

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Vote for Interlake restaurants during Potato Week

By Jennifer McFee

Manitoba is no small fry when it comes to growing spuds, since many farmers across the province have grown taters since they were tots.

To celebrate the starchy root vegetable, Peak of the Market Ltd. is presenting Potato Week. Starting Friday, March 1, diners can vote for the 2024 Potato Week champion at www.potatoweek.com.

"From March 1 to 10, restaurants throughout Manitoba will transform into potato palaces, crafting mouth-watering dishes that showcase their culinary creativity," said Taylor Fenn, director of marketing and communications.

"This event is free for restaurants to participate, and restaurants can opt in to receive 100 pounds of complimentary Manitoba-grown potatoes."

Potato Week began in 2018 in an effort to showcase the versatility of potatoes while also highlighting the creativity of local chefs.

"Potato Week isn't just about delicious bites, though. It's also a chance to shine a spotlight on Manitoba growers," Fenn said.

"By participating, you're supporting the dedicated individuals who cultivate the potatoes that inspire the innovative dishes crafted by local chefs."

Many of the growers are rooted in Winkler and surrounding areas. Participating growers this year include Garden Valley Vegetable Growers, Haskett Growers, Hespler Farms, Kroeker Farms Ltd., Schmidt Farms Ltd., Southern Potato Co. and W.J. Siemens Farming Co. Ltd.

In addition, participating restaurants extend beyond city limits — including a couple entries in the Interlake.

Kahleigh's Brew Barn in Riverton is entering a simple yet delicious dish called "Kahleigh's Potato Wedges" featuring Italian seasoned and marinated Manitoba-grown potatoes fried to perfection and served with their house ranch.

Located at 40 Main St., Kaleigh's Brew Barn recently earned accolades during La Poutine Week, ranking No. 1 in Manitoba and No. 3 across all of Canada.

"Potato Week reached out to us this year asking us to participate via social media. I had never heard about Potato Week before, and after looking into it further, it definitely appealed to us," said owner Kahleigh Dubois.

"We love that this is something for Manitoba restaurants and promoting Manitoba potatoes. It's exciting to be in the first few years of an event like

this as it's just going to grow and grow each year, I'm sure — and we get to be along for that ride."

For their first year entering Potato Week, Kahleigh's Brew Barn will maintain a focus on potatoes only.

"This is something so simple to make, yet so delicious. Hopefully this can promote not only our restaurant but an easy dinnertime recipe as well to get more Manitoba potatoes on Manitoba plates," Dubois said.

"After the week is done, I plan to share with our customers on our social media pages the way I make these at home with only an air fryer. They are a little more tasty when made in the deep fryer, of course, but the air fryer version are a close second."

The Riverton restaurant is open seven days a week from 11 a.m. to 10 p.m. Monday to Saturday and noon to 8 p.m. on Sundays.

Meanwhile, in East Selkirk, Taysteez is entering a delectable dish called "Taysteez Poutine" featuring fresh-cut russet potatoes smothered with house-made gravy and tasty cheese curds.

The eatery is currently located at 1145 Strathcona Rd. in the East Selkirk arena and clubhouse building, although plans are in the works to find a new location.

"Our French fries sales are huge and people love our poutines. We get a lot of compliments on them," said Robert McLean, who co-owns the restaurant with Marlene Sutherland.

"We are expanding our food options in 2024 and changing locations and how we operate."

He encourages diners to check out the restaurant's profiles on social media platforms.

At the same time, Fenn encourages everyone to try the tuber creations and vote for their favourite during Potato Week.

"Potatoes are versatile, high in nutrients and affordable. Manitoba is one of the largest producers of table potatoes, meaning these humble vegetables are critical to the province's agricultural economy," Fenn said.

"We encourage the public to visit restaurants through social and traditional media and we're partnering with a number of local food influencers this year. Potato Week is an opportunity for customers to try a new dish and be inspired to create their own spud-tacular potato-based dishes."

Visit www.potatoweek.com to view a full list of participating restaurants and growers. The list will continue to be updated until March 1.

PET of the Month Winner February 2024

Frank

Fun Fact:
This is Frank aka 'No-Biting'. Frank loves to go outside with his brother Poo Poo. He has a button by the door that says, "Outside", and providing it's not too cold out, he presses it often to let us know he wants to go play in the yard.

Frank has won a prize from Canvasback Pet Supplies!
 To submit your pet for the Pet of the Month 2024 contest, send a photo and a fun fact to:
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**Royal Canadian Airforce
lands at
Walter Whyte School**

Turn to page 12 for the full story

Photos by Brett Mitchell and pilot Matt Kralt

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Royal Canadian Air Force makes a stop at Walter Whyte School

Kids learn about helicopters, search and rescue and more

By Katelyn Boulanger

Last Friday was a very exciting day for the students at Walter Whyte School. A Royal Canadian Air Force (RCAF) Cormorant helicopter landed at the school and students got to go inside and learn from the three crew members about their work in search and rescue.

Captain Andrew Juvonen, Captain Matt Kralt, and Master Corporal Andrew Poulin are the three RCAF members who stopped by the school in or-

der to bring this unique educational opportunity to our local students.

"It was a wonderful feeling to be able to show the kids from the school an introduction to aviation and search and rescue and highlight the equipment that we use for rescue missions and for training. And again, just highlight all the good work that we do for Canadian citizens all across the country. It's something that doesn't normally get seen in the prairie provinces to begin with. The cormorants operate on the West Coast and the East Coast. So, being able to show that to the kids in a rural school is a really neat experience. And hopefully, it inspires a couple of them to pursue a career or something in aviation or search and rescue," said Andrew Juvonen.

This year is the 100th anniversary of the RCAF and so several units are going to be engaging in outreach opportunities.

This stop was an opportunity that worked out as the three RCAF members were conducting a maintenance transfer that had them travelling through our province and so were able to visit Walter Whyte School on their way by.

Walter Whyte School Principal Gloria Juvonen was very proud to be able to share this opportunity with her students. In preparation for the visit, the school community was able to view a presentation that explained a little bit about the RCAF and what their search and rescue units do.

"We put together a video and some pictures of their training. So, [our students] were able to see an actual video of the training where the guys who are hoisted out of the helicopter let down the stretcher if they have to rescue someone and they're injured. We talked a lot about the skills they have to have. They're



RECORD PHOTO BY BRETT MITCHELL

Walter Whyte School students had members of the RCAF fly by for a visit last week. More photos on page 10.

really strong and they do lots of fitness training. They do lots of parachuting. They have to do underwater scuba diving. They're very highly skilled people, males and females, we stressed that a lot. We talked a lot about how they also have to have medical skills to be able to help anybody who's in a situation where it's dangerous, and we talked about the pilots having lots of skills because they're flying out in the middle of the North Atlantic," said Gloria Juvonen.

She hopes that her students take from this that if they are the kind of person that wants a more active career there are many options that they can look into.

"If you have a dream, you have a goal, you work hard, and you're motivated, you can do all those things. There's so many opportunities for kids," said Gloria Juvonen.

Andrew Juvonen hopes that the kids learned more about what the RCAF does.

"From the conversations I've had with the principal and the staff and the students while we were there. I think for them, just seeing how, how teamwork is important and how important it is to stay in school. If you want to pursue your dreams and have careers in aviation or search and rescue that it's important to stay in school and keep looking up," he said.

Gloria Juvonen said that the kids were very excited and that the visit went over very well.

"Even my older kids were super excited. They wanted to take videos, they wanted to take pictures of the helicopter. One of my kids, he said, 'I've been here for eight years, and it's the most exciting thing that's ever happened here.' And I've been here for 15 years, and it's one of the most exciting things that's ever happened for me, too," she said.

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Minister of Families reads at Selkirk's Head Start program

Nahanni Fontaine visits for I Love to Read Month

By Katelyn Boulanger

Hon. Nahanni Fontaine the provincial Minister of Families made a stop in Selkirk last week at the Onashiwini Aboriginal Head Start Program. There she read *Smile So Big* a story that shares a message of self-acceptance and self-empowerment with readers.

Smile So Big is a book by Indigenous author Sunshine Quem Tenasco and illustrator Chief Lady Bird. Fountain started the reading by explaining why this story was important to her.

"What I really love about [Chief Lady Bird] is she embeds our beadwork and our traditional flower work into her art but the other thing that I really love about her is that she's really deconstructing what it means to be an Indigenous woman. She's really body-positive and all of that stuff. I really love her and I love this book," said Fontaine.

Kathy Duncan, Onashiwini Aboriginal Head Start Program Coordinator was very honoured that Fontaine was able to make one of her stops this I Love to Read Month at Head Start. Head Start is a program that focuses on Indigenous culture for three and four-year-olds and providing opportunities for them along with their entire families.

"We want to instill the love of reading, strengthen it for them and make it a lifelong passion for them. Every day, we're reading stories to [our kids] and even if they're not fully understanding, they can tell their own stories, right from the pictures," said Duncan.

She reached out to Fontaine to see if she could find some time to join them this month as their program is all about Indigenous families and with Fontaine being an Indigenous woman and the Minister of Families, it seemed like a great fit.

"They can look up to her. They're probably going to see her on TV, hear her on the radio, and make that connection that they saw her, they had a picture taken with her," said Duncan.

Fontaine says she was happy to read to our local children as reading is something that is very important to her life and that she made sure to instill in her own children at a young age.

"Books are such an important part of my life, as a mom and as an individual so every opportunity that I can, I come to communities and spend some time with kids and read. I try to do it. It's a little bit harder now, but I

always try to make time and that's so important," she said.

Fontaine was also impressed by the Head Start program.

"This program is extraordinary. I've never been here before and you can just feel the sense of community and family and love and pride. These types of spaces are so needed and so valuable in raising the next generation of Manitobans," said Fontaine.



Tyrese Bird Morriseau honoured the crowd with a chicken dance.



Austin Hope drumming.



RECORD PHOTOS BY KATELYN BOULANGER

Nahanni Fontaine reads to Head Start students.



After the story, the group had a blast doing a round dance.

get inspired

> MEAL IDEAS



Irish Sláinte Stew

Oil, for drizzling
 1 pound stew meat
 1-2 pinches salt, plus additional to taste, divided
 1-2 pinches pepper
 3 tablespoons flour
 48 ounces beef broth
 1 cup carrots, diced
 1 cup celery, diced
 3 cups potatoes, diced
 1/2 onion, diced
 2 tablespoons garlic pepper
 1 tablespoon dried thyme
 1/2 tablespoon dried rosemary
 1 tablespoon dried chives

1 bottle Irish draught beer of choice
 crusty bread, for serving
 In Dutch oven over medium heat, drizzle oil and brown stew meat with salt and pepper. Sprinkle flour over meat. Add beef broth, carrots, celery, potatoes, onion, garlic pepper, thyme, rosemary and chives. Add Irish draught beer.
 Bring to boil, stirring, 5 minutes. Simmer 2 hours, stirring occasionally.
 Serve with crusty bread.

Cinnamon Chocolate Popcorn

Yield: 3 quarts
 3 quarts popped popcorn
 butter-flavored nonstick cooking spray

9 tablespoons powdered cocoa mix (cocoa sweetened with sugar or sugar substitute)

3 teaspoons cinnamon
 Place popcorn in large bowl and lightly spray with nonstick cooking spray.

Sprinkle cocoa mix and cinnamon on popcorn. Toss to coat evenly. Serve immediately.

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Is the plastic in your blue bin getting recycled?

Submitted by Karl Daher, with files from MMSM

In recent years, you may have heard that only nine percent of plastic gets recycled. Wide misrepresentation of this statistic, among other reasons, has led many people to question whether the plastics they put in their blue bins are getting recycled. Some have even stopped recycling as a result, believing their recyclables (and their efforts) are going to waste.

The reality is, nearly all recyclable plastic collected in Manitoba is recycled. Let's look at what the 9 percent statistic really means, how much plastic Manitobans are recycling, and why plastic in the recycling stream occasionally can't be recycled.

Is it true that nine percent of plastic is recycled?

In 2017, a study found that nine percent of plastic produced globally has been recycled. It gained a lot of media coverage and left many with a misunderstanding of what it means.

The statistic refers to all plastic ever made—recyclable and non-recyclable. Most plastics aren't accepted for residential recycling due to the lack of end-markets or because they're not recyclable. Although nine percent is a low number, it represents millions of tonnes of plastic annually that are kept out of landfills and environments across the world. As technology, public policy, and education improve, so will these numbers.

For now, the best way to eliminate plastic waste is to reduce consumption or reuse/repurpose items. But when that's not possible, recycling accepted materials will keep them out of landfills.

How much recyclable plastic is recovered in Manitoba?

In 2020, Manitobans recycled 10,878 of the 23,692 tonnes of plastic packaging that entered the province. That's a recovery

rate of 45.9 percent—nearly double what it was 10 years ago at 23.3%. While there have been steady increases in recovery rates, there's still lots of room to improve.

What happens to my recycling in Manitoba?

Any accepted materials collected from your blue bin will get recycled unless they're contaminated. Recycling contamination can occur in many forms. Thankfully plastic is much harder to contaminate than other materials. There are three main causes of plastic contamination:

- * When containers contain excessive amounts of food or liquid.
- * When recyclables are placed in opaque plastic bags or nested together.
- * When unaccepted plastics are placed in the blue bin.

In Manitoba, there's a 10-15% contamination rate in residential recycling. This means that 85-90% of materials collected are recycled. To avoid contaminating your recycling, it's crucial to follow recycling guidelines in your area. The best online tool to find out what can be recycled in your community is Recyclepedia at simplyrecycle.ca. You can also view or print a recycling guide with common materials if you scroll past the Recyclepedia search tool. Not online? Your local municipal office would be happy to provide you with list of what is recyclable in your community.

Like any other accepted material, once plastics have been sorted and baled, they're shipped to an end market. Multi-Material Stewardship Manitoba (MMSM), the not-for-profit, industry-funded organization that funds and provides support for the province's residential recycling programs for packaging and printed paper, monitors where communities are sending their recycling.



PHOTO SUBMITTED

Plastics move quickly along an optical sorting system, which uses light and a spectrometer to automatically sort different types of plastic.



After being sorted, recyclables are compacted into bales before being transported to end markets.

Communities must ensure recyclables go to an acceptable end market to receive funding from MMSM—burning or sending materials to landfill is unacceptable and results in increased taxes for ratepayers. Recycling from Manitoba is shipped to end markets in Ontario, the U.S. and sometimes exported overseas depending on market conditions. Where they get sent depends on market conditions and can change daily.

The plastic collected from blue bins will get recycled, but we can only recycle as much as we collect. Please recycle whenever you have the opportunity and encourage others. You can rest assured knowing that the items you bring out to the curb each week are being recycled.

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Steeling some time at the library



RECORD PHOTO SUBMITTED

Selkirk Steelers Owen Johnston and Ethan Brown joined kids at the Gaynor Family Library this week to show that even their favourite hockey team makes time for learning this I Love to Read Month.

Lockport School loves reading



RECORD PHOTO SUBMITTED

Mandy Shewchuk from 103.1 Virgin Radio a former Lockport School student went back to class to read to students in grades 7,8, and 9 this I love to read month.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers lose to Flyers, Titans, Blues

Selkirk trails Niverville by four points for final East Division playoff spot

By Brian Bowman

The Selkirk Steelers had a great start against the Winkler Flyers - opening up a 3-0 first-period lead - in a road game last Sunday afternoon.

The next two periods, though, didn't work out so well as Winkler came back for a 5-3 victory.

Owen Weihs, Jacob Ziegler, and Joel Purdom for Selkirk while Andrew Dalton (two), Mike Svenson, Zach Nicolas, and Jakob Jones replied for Winkler.

Friday saw Selkirk lose 6-5 in overtime to the Neepawa Titans at the Recreation Complex.

Hayden Stocks scored the game winner in OT. It was his third goal of the game.

Selkirk goals came from Edward Knittig (two), Rocco La Cara, Purdom, and Owen Johnston.

Knittig and Preston Lundbohm each had three points in the game.

Neepawa's other goals were scored by Connor Thompson (two) and Colton Alexander.

On Feb. 19, the Steelers lost 3-2 to the Winnipeg Blues in a shootout. It was Selkirk's third straight shootout game.

The Blues' Dawson Zeller was the lone player to score in the shootout.

Mathieu Catellier and Ethan Brown scored for the Steelers while Lucas Desousa and Matthew Deway replied for Winnipeg in regulation time.

Selkirk, now 20-22-4-4 and in fifth place in the MGEU East Division with 48 points (four back of the Niverville Nighthawks), will play the Winnipeg Freeze on Wednesday (7:30 p.m.) at the Hockey For All Centre.

The Steelers will host the Wolverines Friday (7:30 p.m.) and then Selkirk will visit Waywayseecappo Sunday for a 6 p.m. tilt.



RECORD PHOTO BY BRETT MITCHELL

Preston Lundbohm had three assists in the Selkirk Steelers' 6-5 overtime loss to the Neepawa Titans last Friday at the Recreation Complex.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Fishermen awaiting playoff opponent

By Brian Bowman

The Selkirk Fishermen, once again, were the best team in the Capital Region Junior Hockey League during the regular season.

They hope to continue that success in the playoffs.

Selkirk finished the regular season with 66 points and, at press time, were awaiting the winner of the North Winnipeg/Lundar series.

The Fishermen were really good during the regular season.

"We set out with three goals this year. First goal was to get the bye in the first round and clinch first overall and the third goal was to win the

whole championship," Fishermen head coach Chris Poponick said. "It was close. It came down to the third last game of the year for us to lock it down. St. Malo was nipping at our heels and we were able to get three wins (down the stretch) and played some really good hockey. We scored 14 goals and only gave up two. I'm really proud of the guys as they really flipped things around from earlier in the year."

Defence wins championships and the Fishermen have been really good defensively in their own zone in February.

At press time, Selkirk did not know

who or when they would begin its playoffs.

A cool idea, meanwhile, Selkirk has had Timbits hockey players scooting around and chasing the puck after the first period at their Sunday afternoon games.

The Fishermen wanted to thank their sponsors - Frank's Pizza and Aaron's No Frills - for the kids' snacks after the skate.

Both businesses have been fantastic.

If any other business wants to get involved with these events in future years, please contact Poponick at selkirkjb.fishermen.ca.



The Selkirk Fishermen's Kasen Andrushko was named the Capital Region Junior Hockey League's top defenceman for the 2023-24 season.

Thrashers end regular season with a win

By Brian Bowman

The Winnipeg Thrashers ended their Manitoba U18 AAA Hockey League regular season with a 5-3 home win over the Yellowhead Chiefs on Sunday.

Rohan Guevarra led the Thrashers with two goals and two assists while Maddox Malmquist added a pair of markers and an assist.

Carter Cabral also scored for Winnipeg.

Chiefs' goals came from Max Collyer (two) and Alec Strachan.

Taye Timmerman made 27 saves for the win.

On Saturday, the Thrashers lost 10-2 to the Winnipeg Wild as Adam Hryhoruk and Riley Kushnier scored in the losing cause.

Wild goals were tallied by Carter Kingerski (three), Branden Watson (two), Beckham Garchinski, Hudson Kowalchuk, William Marceus, Wyatt Dyck, and Gino Controneo.

Last Wednesday, the Thrashers threw the kitchen sink at the Interlake Lightning in an 8-1 victory in Teulon. Winnipeg outshot Interlake 50-26.

Brandon Burak scored a third-period

goal for the Lightning.

Thrashers' goals were tallied by Malmquist (three), Prabh Bhathal (two), Guevarra, Parker Rolston, and Crosby Harrison.

The Thrashers finished in fourth place in the regular season with a 26-17-1 record and 53 points. The playoff schedule had not been posted at press time.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Gayleard named MCAC men's volleyball player of the year

By MCAC

Cameron Gayleard's presence is felt almost as much as his absence.

When he's on, the Canadian Mennonite University Blazers are too. When the veteran left side was injured, it led to the team's only loss of the regular season.

By near unanimous decision, Gayleard is the MCAC men's volleyball player of the year.

"Cam is the complete package. Excellent attacker, has all the shots, good passer, server and blocker," said CMU coach Don Dulder.

"Besides the obvious on-court talents, he performs extremely well in the classroom, earning all-Canadian academic honours.

"Cam exemplifies class. He is an outstanding character guy. It's all about the team with Cam, 'Whatever is best for the team' is his motto."

Gayleard led the league in aces per set with .62 and finished fourth with 2.71 kills per set. He suffered an ankle injury in the first game of the second semester and hasn't played since.

Raiders rip River East Royal Knights

By Brian Bowman

The Raiders Jr. Hockey Club scored early and often in a convincing 9-3 victory over the River East Royal Knights on Sunday afternoon.

A lot of players got into the action for the Raiders as Ashton Henry (two), Tyler Dandeneau, Owen Lourenco, Jack Oleksiuk, Alex Loschiavo, Logan Clarke, Nate Goodbrandson, and Samuel Senchuk scored for the

Raiders.

River East goals were tallied by Easton Lewicki, Liam Urciuolis, and Kalen Reynolds.

Owen Savoie stopped 23 shots for the win.

Last Friday, the Raiders doubled the Ft. Garry/Ft. Rouge Twins 6-3.

Andrew Hladun, Ryland Kuczek, Branden Huminuk, Senchuk, Goodbrandson, and Oleksiuk scored for

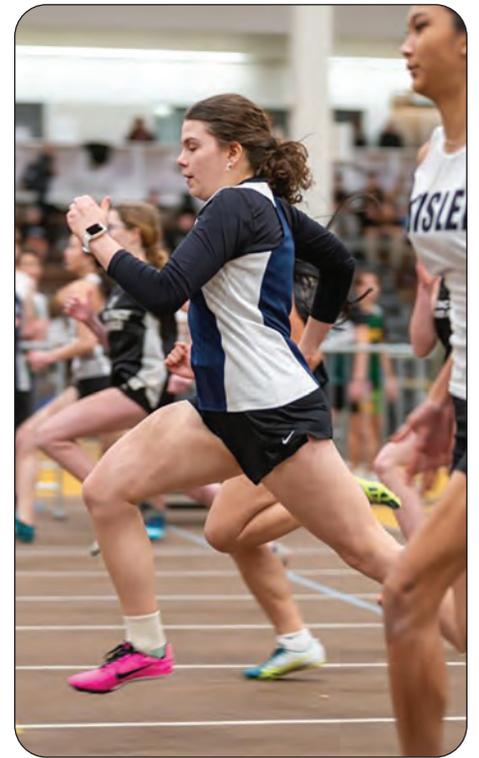
the winners.

Twins' goals were tallied by Carter Halamandaris, Caden Headland, and Darien Medwick.

Evan Banera earned the win, making 33 saves.

The Raiders, now 21-19-2-0 and in fifth place with 44 points, will visit the St. James Jr. Canucks Friday (7:30 p.m.) and the Transcona Railer Express Sunday (2 p.m.).

Royals track team in action



RECORD PHOTOS BY MATT PEARSON

The Selkirk Royals' Kelly Kotowich, left, competes in the varsity girls' long jump while Carolin Roth hands off to Ellie Tolpa in the junior varsity girls' 4x200m. At right, Sara Zorniak runs hard in the junior varsity girls' 60m race.

The next meet for the Royals is the High School Series 'Meet of Champions' on March 13. The top 12 performers in each event compete. Later, the KPAC Indoor Track Championships will be held on March 20 to finish off the indoor season.



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 BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

APARTMENT FOR RENT
 Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

News Tips? Story Ideas? call the Record 204-785-1618

HELP WANTED
 Galay Landscaping is currently conducting interviews for the position of landscape technician, foreman and labourer for the upcoming 2024 season. Training provided for suitable candidates. Wage and salary dependent upon relevant experience and skills. Good opportunity for advancement and able to learn. The ability to help our crew with our snow clearing operation for duration of winter in Selkirk would be an asset. Class 5 license and own reliable transportation is required. Please send resume by email to: info@galaylandscaping.com No phone calls.

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HELP WANTED
 Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

Property management company is currently hiring an administrative assistant. This is a Part-Time Position (M - F, 15 - 20 hours per week). Job includes rent collections, tenant correspondence, leasing units, and related paperwork. Computer experience is required. Wages are dependent upon relevant experience and skills. Please send your resume by email to: amber@publiccapital.ca

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RECRUITING FOR Full Time Permanent French Immersion Teachers
 Resumes are being accepted for École St. Eustache and Institut Collégial St. Paul's Collegiate in anticipation for the 2024-2025 school year. All grade levels from K-12 are welcome.
 Candidates interested in less than full time are also welcome to apply.
 Currently posted: Grade 5/6 teacher at École St. Eustache (Comp: #004-24-25)
 École St. Eustache and Institut Collégial St. Paul's Collegiate are both 20-30 minutes west of the Winnipeg perimeter on Hwy 1.
 Apply to hr@g.prsdmb.ca
 For postings, please visit www.prsdmb.ca

WANTED
 Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

WANTED: buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything old & interesting! **TEXT/PHONE: 204-918-1607.** Junkies Estate, Salvage, Antiques & Oddities.

PET GROOMING
 Professional one on one pet dog grooming for small and medium size dogs. Located in my West St. Paul home grooming shop. Nail trims also available. 204-293-6234.

UPCOMING EVENTS
 Sweet Dreams of Patsy Cline, March 9th, 2024 at Cooks Creek Community Centre. Tickets: www.cooks creek.ca or call 204-391-4449.

World Day of Prayer Multi-denomination Service will be held on Friday, March 1, 2024 at Knox Presbyterian Church, 341 Eveline Street at 1:30 p.m. All are invited to attend. Refreshments to follow.

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

WANTED
 Coins, Coin Collection, Old Jewelry, Bullion +!

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Twin Valley Co-op Russell Agro
Contact: Mark or Lori (204) 773-2166
www.twinvalleyco-op.crs

Request for Proposal 2024-01
Municipal By-Law Enforcement Services
 The Rural Municipality of West St. Paul is inviting interested parties to provide Municipal By-Law Enforcement Services to the Rural Municipality of West St. Paul.
 Request for Proposal packages are available online at www.weststpaul.com.
 Sealed submissions clearly marked Request for Proposal 2024-01 - Municipal By-Law Enforcement Services will be received by the undersigned at the address below until 11:00am on Thursday, March 14, 2024. Late submissions will not be accepted.
 The Municipality retains the right to reject the lowest or any proposal if it does not meet the needs of the Municipality.
 All inquiries related to the Request for Proposal should be directed to Dave Wardrop, CAO by email at cao@weststpaul.com.
 Mr. Dave Wardrop, CAO
 Rural Municipality of West St. Paul
 3550 Main Street
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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

SEASONAL CRAFT SHOW? REGISTERING spring programs? Having an AGM? Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking winter and spring advertising for 2024. Please Call us at 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood@elkbranch.com

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Estate & Moving

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www.mcna.com

REQUEST FOR PROPOSALS



The Rural Municipality of St. Clements is selling a house, to be moved. The house is located at 1032 Colville Road in East Selkirk. The house is a 1 1/2 storey with a single storey, addition and a single attached garage. It has 1,484 square feet in gross living area with a kitchen, living room, dining room, 1 - 4 piece bathroom and 2 bedrooms along with a small loft in the upper storey separated into 2 rooms. The building is wood framed, with asphalt shingles and vinyl siding.



Rural Municipality of St. Clements
1043 Kittson Road
RR1, East Selkirk, Manitoba R0E 0M0
Office Phone: 204 482-3300
Winnipeg Phone: 204 474-2642
Toll Free: 1 888 797-8725
Fax: 204 482-3098
www.rmofstclements.com

A condition of the purchase is that all items on the property must be removed and the property to be returned to bare land. As part of the proposal please submit the date of when the property will be cleared.

Viewing dates and times of the interior of the home: Monday March 11, 2024 from 1pm-3pm. Proposals to be sent to RM of St. Clements Municipal office, in a sealed envelope. Deadline for proposals is March 15, 2024 at 3:00 p.m.



WE ARE HIRING!

DIRECT SERVICE WORKERS - IMMEDIATE NEED

Southeast Child and Family Services is hiring Direct Service Workers for various communities with a particular emphasis on serving Little Black River First Nation and Hollow Water First Nation. If you are passionate, capable, and reliable, we would love to hear from you.

Responsibilities:

- Manage a comprehensive caseload; ensure the provision of protection and prevention services to children and families; make appropriate problem-solving and decision-making within prescribed timelines a priority.
- Conduct child protection concern investigations; de-escalating and intervening with crisis situations in an appropriate and timely manner.
- Maintain detailed caseload documentation in compliance with Provincial CFS Standards, Southern First Nations Network of Care, and all other applicable legislations.
- Demonstrate an understanding of community values, strengths, and concerns; establish and maintain collaborative relationships with community resources and collaterals for both clients and team members.

Qualifications:

- Bachelor of Social Work (an equivalent combination of education and experience may be considered).
- Possess a minimum of one (1) year in front-line case management experience with Children-in-Care and families.
- Experienced in conducting investigations, including the gathering and analysis of information to implement appropriate action(s).
- Valid driver's license and reliable vehicle; Satisfactory Criminal Record, Prior Contact, and Child Abuse Registry Checks are required.

SECFs offers competitive wages and an exceptional benefits plan.

All Indigenous applicants are asked to self-declare in their cover letter.

We thank all applicants; however, only those candidates selected for an interview will be contacted.

Please send your resume and cover letter to: hr@secfs.ca

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Announcements *The Selkirk Record*

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ANNOUNCEMENT

ANNIVERSARY



Rick and Gwen Wiebe
Happy 50th Wedding Anniversary
on March 2!

From "I do" to "We still do,"
your journey together is an inspiration...
Cheers to many more years of love and happiness together!
-With love, your family

ANNOUNCEMENT

BIRTHDAY



Happy 18th Birthday
Garrett

-Love from your family

OBITUARY



Roy Dmyterko

It is with deep sadness that our family announces the passing of our beloved Roy Dmyterko on February 19, 2024. Roy was born January 12, 1941 in Fisher Branch, Manitoba.

Roy was predeceased by his son Todd. Left to mourn his passing is his wife Dorothy and his three sons, Dwayne (Alanna), Darrin (Linda), and Alan along with six grandchildren, Scott, Daniel, Hillary, Sarah, Hayden, Derek and seven great-grandchildren Maddie, Emily, Liam, Harper, Kennedy, Paisley and Jack.

Roy enjoyed curling, golfing, fishing, and playing pool. Throughout his life he enjoyed going on cruises and taking the many trips to Mexico and the Caribbean with his wife.

We would also like to thank the Betal Home for their compassion and care for the last few months of his life.

As per Roy's wishes there will be no funeral service. The family will instead hold a private Celebration of life at a later date.

Arrangements entrusted to:
Rock Fontaine Funeral Director
Honour-Respect-Dignity
(204) 223-2576 or toll free (866) 499-2601

OBITUARY

Dustin Gary Cholosky

It is with deep sorrow that we announce the sudden passing of Dustin on Wednesday, February 21st.

A full obituary will follow and a memorial service will be planned for the spring.
Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



ANNOUNCEMENT

PET IN MEMORIAM



In Memory of "Spanky"
March 5, 2011

Although you are no longer with me, I want you to know how much I loved you when I was lucky enough to have you in my life. I want you to know that even though you are no longer with me, I still think about you and miss you so much.

-Loving you and missing you always,
Mommy

ANNOUNCEMENT

IN MEMORIAM



Mark Michael Starodub
February 28, 1957 - February 27, 2021

There is no end to the loss,
It's an endless stormy sea;
Of missing him every day,
And wishing he were here with me.
So I hold precious memories close,
Of our shared times along the way;
I miss my partner in life,
The ache never goes away.
Missing Mark and Mindy more than words can say.

-Love Charlene

OBITUARY



Stanley Keith Smith (Kenny)
February 1, 1938 -
February 15, 2024

Kenny was predeceased by his parents Lawrence and Margaret Smith; brothers Clarence, Harry (Henry) and Ronnie; sisters Ellen, Jean, Esther and Geraldine and his eldest son Lawrence.

Kenny started working at the Rolling Mill when he was 15, working with the horses. As he got older he worked in different parts of the Mill. In 1964 he left

the Mill and worked at other jobs. Highway construction at Gilliam for Hydro. He worked on the stadium by Polo Park in 1970 and on the South End Sewage Plant Construction and then Electro-Knit Fabrics in Selkirk till they closed in 1979. He then went on to work for Browning Ferris Industries on the back of the garbage truck in Selkirk as a Swamper. He worked at this job for 20 years. He worked really hard and took pride in his work.

When he was diagnosed with diabetes he had to go on disability. He kept busy driving me to work and visiting with his friends for coffee. He was a very social person. He loved to meet people and talk.

He spent lots of time with his grandchildren when they came for weekend visits. He took them for walks and they looked for animal tracks and rocks they could paint and beer cans. He taught them to fish and they loved fishing as much as he did. In the winter he used the snow blower to make trenches that looked like mazes. They seemed to enjoy running through. He wanted them to enjoy themselves.

In 2017 we had to move to town and sell our place because he was having health issues and it was getting hard to keep up with the maintenance needed. He was in his element in town he had his coffee shops close by and a bus he could take to Walmart and sitting at the bus stop talking to whoever walked by. He seemed to know everyone.

Kenny is survived by his wife Sharon; children Cindy (Jim), Brent (Connie), Denise (Earland) and Keith (Amber); grandchildren Linda, Amanda (Cole), Lacey (Curt), Lawrence (Nicole), Faith (Scott), Vanessa, Christopher (Selene), Brenan (Liz), Taylor-Marie, Emily-Rose (Alex), Macalister and Quenten; 15 great-grandchildren and two great-great-grandchildren and numerous nieces and nephews.

A celebration of life will be held on Thursday, February 29, 2024, at 1:00 p.m. in the Gilbart Funeral Chapel, Selkirk, MB. The service will be livestreamed via the link in his obituary at www.gilbartfuneralhome.com

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



CELEBRATION OF LIFE

Please join us in celebrating the life of our beloved family member
Josko Jagodnik
March 15th at 11:00 a.m.,
Our Lady of Lourdes Church
95 MacDonald Avenue, Winnipeg
Reception to follow



*Your memory will live forever
Engraved within our hearts*

Announcements

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OBITUARY



Hazel Freeman
September 10, 1946 – February 22, 2024

Was the best Wife, Mom, Gramma, Nan and Sister Predeceased from her husband Pung (2017); survived by her children Crystal, Wanda, Pamela (Jon), her grandchildren Ashley (Andrew), Austin (Faith) who she helped raise. Also Anthony (Kristen), Chiron, Gabriel, Ciana, Isabella and Josephyna and two sisters Dawn (Doug) and Heather, numerous nieces and nephews and her brother and sister-in-laws.

Mom had numerous jobs over her years, she took pride in all of them and made a lot of great friends!

A few lines from one of her favorite verses:

The angels beken from Heaven's door,
And I can't feel at home in this world anymore.
O Lord you know, I have no friend like you.

Rest in peace Mom, we all miss you and loved you more. XOXO
Mom was cremated and her wishes were no service. A family burial will take place at a later date. Friends and family are invited to visit Hazel's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

*Interlake Cremation
& Memorial Services*
204.482.1040

OBITUARY



Richard Andrew Matson
October 6, 1949 – February 19, 2024

With great sadness we share the passing of Richard (Rick) Andrew Matson (RAM).

He is survived by his siblings Ian (Wanda), Chrisy (Ken), Kathy and Ron as well his nieces and nephews and Tanner.

Rick was predeceased by his parents Andy and Jean, brothers Lawrie and Craig, Maureen and Brandy.

Rick enjoyed many years playing fastball with the Lockport Fastball Club. One of his favorite hobbies was his wood work creations as well as puzzles and reading.

Rick worked at Red River Brick & Tile as well as Mars Sandhill Golf Course.

Graveside service will be held at a later date.

In lieu of flowers, please donate to The Heart & Stroke Foundation.

Friends and family are invited to visit Richard's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

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