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Icebreakers officially hit the Red River

By Dave Baxter

The fight against ice-jam flooding is officially underway on the Red River north of Selkirk.

On Sunday ice-cutting machines began cutting on the Red River and on Monday Amphibex icebreakers were deployed and began their job of breaking ice, in an effort to prevent ice-jam flooding.

Three 22-ton Amphibex machines started at the end of Main near Netley Creek on Monday and will make their way towards the City of Selkirk, breaking over 25 kilometres of ice in the process.

Darrell Kupchik of North Red Waterway Maintenance Inc., formed by St. Andrews, St. Clements, and Selkirk, with support from the province, said they hope to finish in three weeks what usually takes four weeks because of less ice and snow than usual.

"Weather conditions have led to thinner ice and less snow cover than usual and we've been doing this for a long time, so we have become a lot more efficient at what we do," Kupchik said.

Continued on page 3



RECORD PHOTO BY DAVE BAXTER

Darrell Kupchik, pictured centre, of North Red Waterway Maintenance Inc. does a final check before an Amphibex icebreaker is deployed onto the Red River north of Selkirk on Monday.

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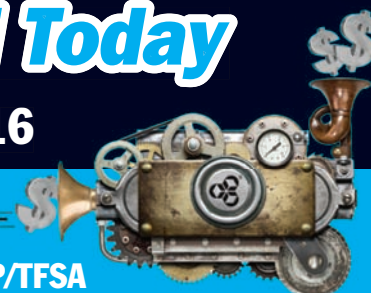
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Friends, family reeling after missing teen's body found

By Austin Grabish

Friends and family members are grappling with the death of Winnipeg teen Cooper Nemeth after his body was found last Saturday.

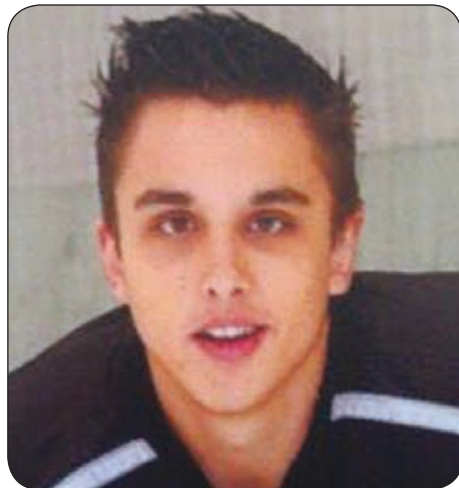
The 17-year-old's body was found in a bin at a home on Bayne Crescent in Winnipeg late Saturday night following an exhaustive week-long search.

Nicholas Bell-Wright, 22, of Winnipeg has been charged with second-degree murder in connection with Nemeth's death and was arrested in Winnipeg early Sunday morning.

Bell-Wright is presumed innocent and police say the investigation is ongoing.

Nemeth was last seen in the early morning hours of Feb. 14 before leaving a party in the Valley Gardens neighbourhood.

Family friend Corie Siddle said hun-



dreds of volunteers came out during the week-long search for Nemeth.

Volunteers scoured through several parts of Winnipeg, Birds Hill, Lockport, St. Andrews and Selkirk by foot, snowmobile and car.

Search efforts for the teen were trending nationally on social media last week as people tweeted the hashtag #findcip which later changed to #ripcip on Sunday.

In a tearful interview early Saturday afternoon, Cooper's grandfather Jim Nemeth, an East Selkirk resident, told the *Record* he still hoped his grandson would return home safely.

"We miss him and love him," he said tearing up. "We just want him home. Just need to get him home. He's a good kid."

"We all make mistakes. We can correct any mistake he made it doesn't matter what happened. We just need him home."

Jim said there were tips the teen was



RECORD PHOTOS BY AUSTIN GRABISH AND SUBMITTED

Winnipeg police forensic investigators descended on Bayne Crescent in Winnipeg just before 2 a.m. on Sunday morning where the body of 17-year-old Cooper Nemeth, pictured left, was found. Nemeth had been missing a week before investigators found his body late Saturday night.

spotted around Selkirk, an area he's very familiar with.

Volunteers combed through ice shacks along the Red River and an area around the Lockport Bridge, he said.

Jim said the support from people in Selkirk and the city's surrounding communities was overwhelming.

"The people of Selkirk and the businesses have been wonderful," he said. "We can never ever thank them enough."

Winnipeg police Deputy Chief Danny Smyth did not confirm how Cooper was killed at a press conference on Sunday.

Medical examiners still need to determine the official cause of death, he said.

Smyth said police don't believe the death was gang related, but said "it's fair to say that this was drug related."

At least 100 friends, family members and volunteers gathered at the Gateway Recreation Centre shortly after Nemeth's body was found early Sunday morning.

A sombre tone blanketed the tight-

ly packed community centre, which served as the command centre for volunteers searching for Nemeth.

Friends of the slain teen gripped each other tightly as they hugged and reflected on the news.

"It's just a major loss," said Nemeth's friend Mikhail Baerg, 18. "To be honest, I'm still pretty shocked."

Baerg said he had many fond memories of Nemeth including at the East St. Paul Skate Park.

He said Nemeth played hockey at the arena and while he never took skateboarding seriously, he still came out to show his support for Baerg.

"I really looked up to him in a lot of ways and he brought a lot of people together," he said. "He was a very sociable guy."

Lane Peter said Nemeth "was a really cool guy."

"He will be dearly missed."

Pointing to the packed community club, Peter said the teen had a lot of friends.

"As you can see he was very, very popular."

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> 'ICE JAMS ... ARE REALLY HARD TO PREDICT,' FROM PG. 1



RECORD PHOTO BY DAVE BAXTER

Selkirk Mayor Larry Johannson, St. Andrews Mayor George Pike, and Selkirk MLA Greg Dewar were on hand on Monday to see Amphibex icebreakers deployed on the Red River.

"We started a week later than usual and we are looking at arriving in Selkirk at the same time as we do every year.

"Barring any mechanical issues we will shave a week off our operating time."

Kupchik doesn't want anyone to think that breaking ice is a waste of time or money just because there is less snow and ice this year than there has been in previous years.

"The thing about ice jams is they are really hard to predict and when we start up there is still a lot of winter left," he said. "We don't have a crystal ball to foresee the weather that may or may not still be coming.

"And to make the call not to break the ice and have ice jams, and have families displaced or property damage is a decision we are not prepared to make."

The province has not yet released their first official flood forecast for 2016 and Kupchik said it is too early to predict what kind of spring it will be for water levels in Southern Manitoba.

"There is not a lot of snow out there right now and not a lot of ice, but however you don't know what will happen with the weather because March is very unpredictable, so if we have a couple major storms things could

change quickly."

The province has previously said they will release their first official spring flood forecast sometime this week.

Kupchik said warning signs were put up in areas where people have to be aware of possibly dangerous ice conditions because of ice breaking, and ice shacks would be tagged when they had to be removed or moved somewhere else on the river.

St. Andrews Mayor George Pike and Selkirk Mayor Larry Johannson both said they are appreciative of the work North Red Waterway Maintenance Inc. does.

"It's very important to the people in our area that live along the river," Pike said. "This is a very important project for St. Andrews, St. Clements and Selkirk."

"Flood protection is one of the most important things to keep our communities safe," added Johannson. "Floods are one of the most devastating things that can happen in a community, so the Amphibexes are going to be out, and people can feel secure."

The provincial ice-mitigation fleet consists of four Amphibex icebreaking machines, seven ice cutting machines and seven amphibious transport and support vehicles.

Fishers question if province is moving too quickly

By Austin Grabish

Ice-cutters are hitting the Red River this week and that has some anglers questioning if the move by the province is too soon.

The province's Amphibex icebreakers were to start ice-breaking efforts on Sunday in Beezy Point as part of an early effort to cut ice and reduce jamming.

The province made the announcement in a press release last Friday after placing notices in areas where the ice-cutting machines would be working.

But Dan Hydrochuk thinks the ice-cutting is starting too soon.

"They start way too early," Hydrochuk said. "It's still February."

Hydrochuk and Tyler Van along with several other anglers spent Saturday afternoon ice fishing along the Red river near the East Selkirk Steam Plant.

Notices asking anglers off the ice had yet to be posted near the steam plant on Saturday, but fishers know the winter fun is coming to an end in the coming weeks as the Amphibex machines cut their way forward.

Hydrochuk said he questions if the

machines are even needed this year given the ice isn't as thick as he's seen it in the past.

Van lives in Winnipeg and has been out on the Red at least 10 times already this winter to fish, and said when the province gives fishers the boot in East Selkirk in a couple of weeks it won't be a complete loss.

"The sooner that the ice is off the sooner that we can get on here with boats," he said. "I'm putting their trust and expertise knowing that they're cutting it properly."

City of Selkirk's emergency measures co-ordinator Darrell Kupchik said for the most part fishers are cooperative with the province's request to have them leave the ice.

"It's much appreciated because it makes our job a lot easier," Kupchik said. "Often the ones that are more vocal are the ones that don't live in these flood-prone areas and aren't exposed to ice-jam flooding."

The province is asking river users to take note of warning signs and stay clear of the Amphibex icebreakers as they work to open up channels on the river.

— With files from Dave Baxter

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BiG DOLLAR

RCMP seeks public's help after ice shack goes up in flames

By Dave Baxter

Vandals have targeted ice fishing shacks near Selkirk on more than one occasion this winter, but last weekend that vandalism was taken to a whole new level.

Kyle Hopkins of Winnipeg has a shack set up on the Red River by CIL Road in East Selkirk and when he got to his shack on Monday morning what he saw was "very alarming."

One of the shacks close to his had been lit on fire sometime overnight between Sunday and Monday, and the destroyed shack was still smoldering when Hopkins got there.

It was just one of a number of shacks that had been vandalized in the area last weekend.

"Someone came down on the ice, kicked in a bunch of shack doors and took off all the locks," Hopkins said. "But with this shack he had an oil furnace in there, and I think they lit it on fire cause the walls were blown out, so we figure it was an explosion."

Hopkins said he has come to expect ice shack vandalism, but has never witnessed arson on the river.

"I'm annoyed because when you start putting fire in the mix this is dangerous stuff and it doesn't look like they were scavenging for much," he



RECORD PHOTO BY DAVE BAXTER

Kyle Hopkins of Winnipeg stands by the smoldering remains of an ice fishing shack that was lit on fire and completely destroyed sometime on Monday near Selkirk along the Red River.

said. "I figure they are just bored with nothing to do and looking for trouble."

The shack that went up in flames was still smoldering at around 10:30 a.m. Monday morning and appeared to be completely destroyed.

The shack's owner, who asked not to be named, said he was "angry and shocked."

"This has been ongoing for years

with the vandalism," he said. "But it's still shocking when you find out it's your shack that was hit."

"I've put a lot of work into that shack, so it's not a good day when I get a call to tell me it has gone up in flames."

He added he was at work when he got a call about his destroyed shack and planned to visit the site later on Monday.

Selkirk RCMP Cst. Paul Human said two ice shacks have been lit on fire in the last two weeks and both were by CIL Road.

"If you went down there you would see how close those shacks are, so you're getting something that is burning in close proximity to other shacks, so that has the potential to turn out really badly," Human said. "A lot of these guys take a lot of pride in what they do out there with their shacks, so we want to help them out as much as possible."

RCMP also got calls of vandals targeting ice shacks near the Float Plane Base in Selkirk back in early January.

Human said he knows ice fishers often work like their own "community," but he hopes fishers report problems to police and not just to others who are down on the ice.

"We see those stories shared online and with other fishers, but we'd like to start using those stories to track things down," Human said. "So please, if anyone has any info please bring it forward to us."

"We would love to find out who did this."

Anyone with information about ice shack vandalism or arson can contact the Selkirk RCMP at 204-482-1222.

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Studying abroad

LSSD program looks to attract more international students

By Lindsey Enns

For some students the idea of leaving home to study abroad could seem scary, but for those enrolled in the Lord Selkirk School Division's International Student Program it's all part of the adventure.

Michelle Penkin, who left her home in Germany to come live with a family in Selkirk and study at the Comp, admits the experience isn't for everyone.

"You have to be independent and brave," Penkin said.

The 16-year-old arrived at the Comp in early September where she plans to study for a full year.

She said one of her favourite things so far about studying in Canada is being able to take classes that "prepare you for life."

"Cooking and auto body and family studies, I like those kinds of classes," she said. "In Germany, we just have the basics ... you don't have that much pressure here compared to Germany."

LSSD's International Student Program (ISP) has been welcoming international students for 15 years.

Students can either enroll for one complete school year or for a single semester, beginning in either September or February.

The longer the term the more time students will have to improve their English skills and get more familiar with Canadian culture.

Students are responsible for tuition fees, homestay fees and medical insurance. For one full year, tuition is \$10,000, the homestay fee is \$7,000 and medical insurance is around \$350. A portion of tuition fees is also reinvested into the school they are attending.

"In the past, our program has been able to support getting new seats for the theatre," ISP director Denisse Parra said referring to the Comp. "Last year we actually supported the music program in getting new instruments so everything goes back into the community."

This semester the Comp is hosting

11 international students. Parra said each year the number of students fluctuates depending on economic conditions around the world.

"This (type of) education is one market that is definitely growing but we receive a bigger impact on the economic up and downs around the world," she said, adding the program doesn't receive funding from the LSSD or province.

As a push to attract more international students, Parra said they have recently launched a new website, lssd.ca, and are working on their social media presence.

"In order to promote everywhere we needed to be more online," Parra said. "The idea of the website is everything is one click away."

Although Penkin admits studying in Canada is costly for her family, she said it's unlike any experience she would be getting in Germany.

"This year makes you way more independent," she said.

Katya Martinez, who is taking Grade 11 at the Comp after winning a competitive scholarship from her home in Spain, said she's really enjoying living with her homestay family in East Selkirk.

"I feel like I'm part of the family already," Martinez said with a smile. "People are really welcoming."

"In Spain whenever you go to a new school you're the one that has to talk to people first but here they seem actually interested in new people."

Parra said they are always looking for new homestay families to house new students.

She said the best candidates are families who would be interested in a cultural experience.

Comp principal Jerret Long said over the years the ISP has really added to the school's overall culture.

"It's a really important part of our programming here," Long said. "It's really a neat experience for everybody."



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right, international students Katya Martinez from Spain, Michelle Penkin from Germany and Tamires Bizinotto from Brazil take a break in between classes last Friday afternoon at the Comp.

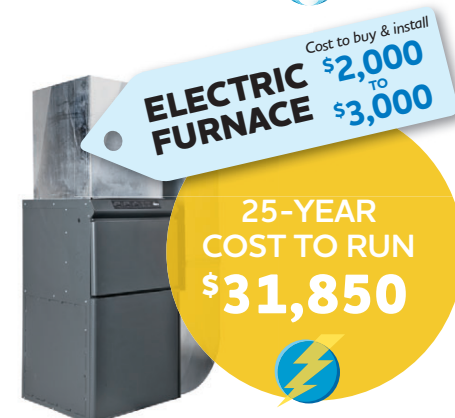
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Denturist aims to shake things up with new invention

AccuSet could make building dentures easier, faster and more precise: Vandor

By Dave Baxter

A local denturist believes he has come up with an invention that could change the face of the denture industry.

Brock Vandor, who owns Vandor Denture Centre, which has operated in Selkirk since 1971 and was formerly run by his father, said while studying at university he came up with an idea to make building dentures easier, faster and more precise.

"In denture school they show us how to make dentures and they are made by-hand, and the process has always been that every individual denture is set by-hand," Vandor said.

The front six dentures on the top and bottom must always be set by-hand because Vandor said they have to have character such as a certain length, gaps and even staining that suit the person they are built for.

But the back teeth are a different story, as they need to be set in a more precise fashion, Vandor said.

"The back ones should fit together like a gear," Vandor said. "And the consequences of not fitting together are confounded with dentures, so the

back ones need to be a precision job fitted in a precise way."

The job of setting up the front and back dentures has always been done by-hand, but Vandor's new invention which just received a patent could change that.

Along with his brother he has invented what he is calling the AccuSet, a small device that allows the back dentures to be fit without doing it by-hand and in much less time.

"Doing it by-hand is far more time consuming, and chances are they won't come out perfect, and it's so important for those back ones to be perfect and precise," he said.

He knows it could take a while for denturists to warm up to the idea of changing their ways, so he hopes to market it to schools, and get new denturists used to the idea of doing things differently.

"When I showed it to the class and instructors at school they were like 'Brock this is genius,' but people get set in the ways."

He said it could also work well for commercial labs that build lots of dentures at one time, because people



RECORD PHOTO BY DAVE BAXTER

Selkirk denturist Brock Vandor shows how his invention, the AccuSet, works. Vandor says his invention could make building dentures easier, faster and more precise.

with less denture experience could still build them.

"People not as trained or knowledgeable about dentures could still make them, so it could be used in mass factories for mass production."

He sent in the idea seeking a patent back in 2010, and the patent just arrived recently.

He now hopes to start marketing the product, and getting the word out about what it can do.

"Now that the patent has finally arrived, I feel inspired to get out and make this work," he said. "I think without a doubt people will want to use this, and those who want to do a really good job will think this is great."

2016 Provincial Election

Enumerators going door-to-door to help identify voters

Staff

Enumerators are continuing to go door-to-door throughout Manitoba to identify eligible voters for the upcoming provincial election on April 19.

They will continue their visits and efforts to add voters to the list until March 7.

Enumerators can be identified by their yellow Elections Manitoba vest and photo ID.

Manitoba residents are eligible to vote if they are Canadian citizens, are at least 18 years of age or older on election day, and have lived in Manitoba for at least six months immedi-

ately before election day.

Under The Elections Act, the voter's name, address and phone number (if the voter provides it) will be given to the candidates in each electoral division and, upon request, to the registered political parties. Voters lists may also be shared with municipal, school board and federal elections authorities.

Enumerators will also request eligible voters' date of birth and gender to help create an accurate and reliable permanent voters list for Manitoba, for use in future elections. This information will be treated as confidential

and kept secure – it will not be given to candidates or registered parties.

Voters are encouraged to provide this information, but can choose not to. Voters will receive an enumeration record that indicates where to vote on election day and provides contact information for their returning officer.

Enumerators also carry applications for homebound voting. Voters (and their caregivers) who are unable to go to a voting place due to a disability can apply to vote in their home.

If personal security is a concern, voters can apply to have their name omitted from the voters list through

the personal security voting option.

For those eligible voters who are missed during enumeration, revising agents will be going door-to-door from March 10 to April 7. Voters may also visit their returning office during this time to have their name added to the voters list.

For more information, contact your returning officer in your electoral division by calling Elections Manitoba at 204-945-3225, toll-free at 1-866-628-6837, or visit the Elections Manitoba website at electionsmanitoba.ca, or download our mobile app, Manitoba Votes 2016.

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Selkirk Sportsman's Dinner serves up mighty feast

Annual dinner raises funds to help those in need

By Dave Baxter

A feast of fresh local food was served up in Selkirk last week and now an organization has more money in their pocket to give back to the community.

The 51st annual Selkirk Sportsman's Dinner saw food that was all caught in Manitoba served buffet style at the Selkirk Recreation Complex last Friday.

"It's a sportsman's dinner so it's all wild game," Selkirk Sportsman's Dinner executive member Wes Gilbert said. "It's all fish and wild game that is given to us by the local hunters and fishers."

Gilbert said the dinner is a chance for the community to eat the types of meat and fish that might not normally end up on their plates.

"There's things like moose, elk, deer, caribou, muskox and frogs legs, and it's different stuff, and that's definitely what makes it fun."

The dinner works as a fundraiser, as money is raised through ticket sales and then the executive decides where to donate it locally.

"We don't donate to something specific every year," Gilbert said. "We often give it to people that need money



PHOTO COURTESY OF KELLY HELGASON

The Selkirk Sportsman's Dinner featured a buffet style feast of meat and fish all caught by local hunters and fishers last Friday night in Selkirk.

for something like a heart operation or something serious like that, and we give to local organizations that need money."

Gilbert said that after last year's dinner they donated \$5,000 to the Marine Museum of Manitoba and they also hand out scholarships at the Selkirk Comp.

The local high school also gets involved with the dinner, as students from the school's culinary program cater much of the event.

"The school does the cooking for us, and they just love doing it," Gilbert said. "It's giving them a chance to cater an event, and it takes a full week that they are working on it."

The dinner keeps raising money every year

because almost all of their food is donated and there is a waiting list for tickets, Gilbert said.

"It's all local and it's all donated and it's many of the small guys that are donating," he said. "They just want to help."

The event will also help out those in need in Selkirk, as all food that is not eaten is donated to the Our Daily Bread Soup Kitchen.

Gilbert said they do not yet have a number of what was raised at this year's dinner, but typically they make between \$8,000 and \$9,000.

The executive is still deciding where to donate the money from this year's dinner.

MWF calls for ban on spotlighting

Staff

The Manitoba Wildlife Federation (MWF) is taking the lead in calling for a ban on spotlighting in the populated portions of Manitoba to protect people, pets, farm animals and private property.

At a news conference on Feb. 16, the MWF used a dramatic re-enactment to illustrate the dangers of spotlighting by demonstrating how hunters are unable to see what's behind their target – or even what they are shooting at.

Along with the risk to people, numerous livestock have been killed or maimed by hunters using spotlights at night, according to the release.

The tragic death in January 2010 of a hunter from Sagkeeng First Nation was preventable and MWF Board Member and Hunter Education Instructor, Fred Tait, says it's time for the Manitoba Government to stop spotlighting where it is unsafe before someone else is killed.

"Allowing anyone to hunt at night in populated areas of the Province flies in the face of universally accepted safe hunting practices and puts people in danger," Tait said in the release. "How many more tragic incidents have to happen before government will act?"

Joining the MWF in the call to ban spotlighting are the Association of Manitoba Municipali-

ties, Manitoba Beef Producers and Manitoba Natural Resource Officers' Association, who have passed resolutions supporting the ban. Nineteen individual Rural Municipalities have passed anti-spotlighting resolutions.

Enhanced enforcement by Manitoba Conservation is badly needed. According to the Manitoba Natural Resource Officers' Association, there are approximately 104 field staff which they believe is not nearly enough to provide adequate enforcement. Approximately 12 of those positions are currently vacant.

The MWF is calling for a strong commitment from the province to properly fund and support Natural Resource Officers so they have the resources for effective enforcement.

"ONE OF THE FUNDAMENTAL PRINCIPLES OF HUNTING IS KNOWING YOUR TARGET AND WHAT IS BEHIND IT."

COMMUNITY CENTS

Time for a portfolio check-up

Your personal health is important to you. That's why you have periodic check-ups, follow your doctor's recommendations on diet and exercise, and take your medications. Your financial life is also important to you. That's why you should periodically perform a portfolio check-up and follow this prescription for maintaining its health.

Why a check-up? For two very good reasons:

- One, the value of each investment in your portfolio will change over time as a result of fluctuations in its market value. By periodically rebalancing your portfolio, you'll get it back on track to reaching your financial goals.
- Two, your financial situation and goals change over time – and that means your portfolio probably needs to be revamped to meet your evolving needs.

When to check-up? You get statements from your bank, mutual fund investments, registered plans, stock purchases and sales, and your other investments. Review them at least every three months to compare your current returns against your longer-term goals and overall financial plan and if you're off-track, make changes.

Your prescription for portfolio health; Here are a few important strategies for successful investing:

- Follow a planned asset allocation strategy by constructing – and, very importantly, maintaining a portfolio with a mix of investments across the three principal types of financial assets (cash, fixed-income vehicles and equities) that balance risk, create diversification, and will deliver the long-term returns you need to reach your financial goals.
- Diversification is always the right way to go – even to the point of looking beyond Canadian markets. International markets don't always follow Canadian or U.S. patterns.
- By adding foreign investments to your portfolio, you can lessen volatility and add the opportunity for enhanced returns.
- Balance is the key. Experts and study after study agree that a balanced portfolio strategy is best over the longer term. Avoid chasing 'winners' and quickly dumping 'losers'. If you do that, your portfolio is bound to become seriously unbalanced.
- Rebalance to match your tolerance for risk. Your optimal asset mix depends on your age, income expectations, retirement dreams and much more – and it should contain investments that allow you to sleep comfortably at night. When the mix is right for you, you are not overly concerned about volatility or which asset class is performing or not performing at any particular time.

Your financial plan is not written in stone; it's a reflection of your changing life. A professional planner can help you perform a portfolio check-up that maintains your financial health.

This column, written and published by Investors Group Financial Services Inc. (in Québec – a Financial Services Firm), presents general information only and is not a solicitation to buy or sell any investments. Contact a financial advisor for specific advice about your circumstances. For more information on this topic please contact your Investors Group Consultant.



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Continued on page 9

The Selkirk Record



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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

Angler gets three times lucky

Hi friends. Not long ago I had occasion to meet a young chap who lives to fish in many far reaching places of Manitoba and Ontario.

Kent Fridfinnson of Arborg, a jolly guy with short brown hair, goatee and an unending optimistic expression on his face told me that in any given month you might find him fishing Sioux Narrows, Grand Rapids or his favorite place, Footprint Lake by Nelson House. He said that he likes to sight fish there but with a difference. Instead of watching the fish swim and strike his bait from a large ice hole covered by a dark tent he drills a number of holes 20 or 30 paces apart then moves from one to another. Lying on his stomach with his parka hood cutting out the light he observes fish actions. He told of catching and releasing some 20 trout in a day remarking that the water was so clear he could see 15' to the lake bottom and count the pebbles. You're a true outdoorsmen Kent.

Around the middle of last week I came across three boisterous fun loving brothers on the Red north of Selkirk. Dave, Chris and Dan Johnson of Winnipeg somewhere in their 30s or 40s were continuously teasing and joking with each other. As we stood around by their ice holes they began telling a story where last summer after catching some catfish here in the rain, Dave and Chris, cats in hand, tried to climb the slippery bank. Dan was tossing small stones at them as a joke. The guys would have dropped the fish and gone after Dan but they wanted the cats for smoking.

Now while they were telling this story Dan happened to catch a small pickerel. He landed it, unhooked it and looking it right in the face saying, "back in the hole you go and we'll see you in a few years."

A minute later the little fish took



RECORD PHOTO BY ARNIE WEIDL
Misty Grey Eyes of Brokenhead Ojibway Nation holds up her prize winning jackfish.

Dan's baited hook again. We laughed as he reeled him out of the water and after unhooking him walked over to another hole maybe six feet away and dropped him in saying "now get lost tiny."

Apparently "tiny" didn't understand English because moments later it was back on Dan's line. Amid more laughter from his brothers, Dan released his unwanted guest into the furthest hole 20' away. This time he didn't come back. I have known many people in my time who cannot hear but last week I met a young lady who through sheer boundless energy and

wisdom beyond her years astonished me with her extraordinary talent for make-up and special effects drawings not to mention a new found love for angling.

A friend, to Misty Grey Eyes of the Ojibway Brokenhead Nation, introduced me, and when we got a chance to get together I thought she was going to give us a fishing story. She gave much more.

We began "talking" by writing on slips of paper but it wasn't long before I could tell the pace was too slow for Misty. She took her cell phone and began quickly typing.

She told how she really hadn't been interested in angling until she was at a derby and caught her first fish, a derby winner. What got me though was how fast she could write, do sign language and type as she excitedly described her prize fish.

During the story telling when I could not keep up she would relax in her chair and with a "Madonna-like" smile, wait for me. Then she showed me her artwork.

I was awestruck. Her powerful pictures ranged from delicate angelic figures, to horrific illustrations, to subtle mask studies that made me think out loud that if ever there was a person who should be illustrating for the theatre, TV or movies it was Misty.

Later, as I was about to say goodbye, Misty with that all knowing half smile looked me in the eyes and slid her hands palm over palm then holding her forefingers up she brought them together signing she was happy to have met me.

Captivated, I signed back as we parted company. Till next week-see you.



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TROUBLE WITH PAPER DELIVERY?

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Mayors to address community at State of the Region

By Dave Baxter

Local leaders will step up to the microphone and address business and community leaders at an event in Lockport next month.

The seventh annual Selkirk Biz State of the Region Address will take place on March 23 at Gaffers in Lockport.

The luncheon style event will be a chance for residents, business and community leaders to get together in one room, and hear directly from their local politicians.

Selkirk Mayor Larry Johannson, St. Andrews Mayor George Pike, West St. Paul Mayor Bruce Henley, and St. Clements Mayor Debbie Fiebelkorn will all address the crowd at the luncheon.

"This is our region, and for the audience to have an address by those leaders under one roof is fantastic," Selkirk Biz executive director Sheri Skalesky said. "We really think of these communities as one region working hand-in-hand with each other."

Skalesky added that March is a perfect time to hold the address and hear from local leaders.

"With budget deliberations in the spring in many communities they can share information about budgets and



SUBMITTED PHOTO

Pictured from left to right: St. Andrews Mayor George Pike, West St. Paul Mayor Bruce Henley, Selkirk Biz executive director Sheri Skalesky, Selkirk Mayor Larry Johannson and St. Clements Mayor Debbie Fiebelkorn are seen at the Selkirk Biz's 2015 State of the Region Address. This year's State of the Region will take place on March 23 in Lockport.

any projects that are coming up, and we take questions from the floor and there is time after for talking one-on-one with those leaders, so it's a great opportunity," she said. "The benefit is it's a one-stop-shop for information about the region."

The luncheon will be open to anyone, but Skalesky said it is typically

geared towards the business community, and community leaders.

"It's a good opportunity to get out and do some networking, and there is a good cross-section of people in the audience."

Skalesky also wants to bring the business community together to share what she says is an "optimisms"

about the state of the region.

"I feel because we have had a lot of growth especially in Selkirk, we are attracting new businesses and more residents in the area and the surrounding areas," she said. "When you attract those residents and grow that tax base, that's going to allow for greater work on infrastructure which leads to more growth, so it has that really nice domino effect."

Selkirk Mayor Larry Johannson says he appreciates that the event brings mayors together.

"It lets the citizens know where all the municipalities are at," Johannson said. "People are busy so they can't always be on top of everything, so it's a way we can all recap the year, and show where we are going."

The Selkirk Biz State of the Region Address takes place at Gaffers in Lockport on March 23 from 11:45 a.m. to 1:30 p.m.

Tickets are \$25 for Selkirk Biz members, and \$30 for non-members, and for more info go to selkirkbi.ca.

> FOLLOWING PRACTICES KEY TO SAFE HUNTING, FROM PG. 7

Providing knowledge and background on enforcement issues at last week's news conference was Dwayne Strate, who shared his experience and knowledge as a recently retired and long-time Natural Resource Officer in Manitoba.

The MWF conducts hunter safety training on behalf of the Province of Manitoba.

When safe practices are followed, hunting is one of the safest outdoor activities, with accident rates lower than cycling, boating and fishing. MWF managing director, Rob Olson, says following safe practices and training is the key to safe hunting. "One of the fundamental principles of safe hunting is knowing your target and what is behind it," Olson said. "But how can you possibly be sure of your target at night?"

Current Manitoba hunting regu-

lations state night hunting is legal spotlighting in their communities.

for First Nations hunters, however, they are not permitted to discharge a firearm in areas "where it is dangerous to do so."

The NightWatch campaign clearly states the case for the ban on spotlighting and provides an opportunity for rural residents to come forward with their spotlighting stories and for all Manitobans to register their concerns regarding

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Are you tired of feeling saggy, lumpy, pinched or strained? Well you're not alone. As you've probably seen on Oprah or read in women's magazines, over 80 per cent of all women wear the wrong size bra. Due to the overwhelming response to the previous clinic, Barb Chapman is coming to **SELKIRK, FRIDAY, MARCH 4 AND SATURDAY, MARCH 5** to outfit you with the best possible bra for your body. Chapman said she will be seeing clients on a one-on-one basis, explaining the benefits of good bras and measuring their bodies properly. "Most women just want to find a good-fitting bra that's not uncomfortable," Chapman said. "What they don't realize is that a good support bra is also important for blood circulation and enhanced lymph drainage."

Chapman has over 200 bra sizes available for ordering, ranging from 30AA to 52KK. It's likely that you'll fit somewhere between those sizes. She offers these questions for women to ask themselves:

- Do you have a drawer full of bras but none that fit comfortably?
- Does your bust line "bounce" when you walk while wearing your "everyday" bra?
- Do you overflow the cup of your bra?
- Do your bra straps slip off your shoulder or dig into your shoulders leaving red and painful marks?
- Does your bra ride up in the back because you tighten the straps to give you added support?
- Have you ever begun an exercise class only to drop out because your breasts ached from lack of support while jumping or running?

If you answer yes to any of these you are in need of a new bra, and a custom one (jeunique, nutrimetics, colesce, could be the way to go.

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She doesn't come into town very often so she advises booking as soon as possible.

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Interlake-Eastern Regional Health Authority

Arborg church welcomes young Syrian family

By Patricia Barrett

An Arborg church that offered to support one of Canada's Syrian refugee families officially welcomed the Jarkas family to town during a meet and greet last Tuesday evening.

The ConneXion, a church affiliated with the Evangelical Mennonite Conference, met the family at the Winnipeg International Airport Feb. 11 and helped them settle into their new home before inviting them to meet with church and community members.

"The Jarkas family is overwhelmed by your generosity," said Trudy Dueck, who sits on the church committee that helps refugees. "Many, many times already they have said thank you. They can't believe it. They can't believe all that has been provided for them."

This is the first time ConneXion has sponsored a refugee family to Canada. It partnered with the Mennonite Central Committee of Canada, which matches churches and other charitable groups with refugees.

The church and members of the Arborg community are raising money to support the seven-member family for one year.

"Because of your generosity we have been able to do this, bring the Jarkas family to Arborg," said Dueck.

A member of the church, who did not wish to be identified, bought a home in which the family will live. The church will pay rent and utilities. It has also established a budget and a bank account for the family.

Church member Ernest Rempel said they will help the family learn how to live in Canada. We'll work with them for the first few months to "help them figure out what a Canadian dollar is worth and what [it] can buy."

The church is receiving translation assistance from two Arabic speakers, one from Arborg, the other from Hodgson, north of Fisher Branch.



RECORD PHOTO BY PATRICIA BARRETT

Ghaly Abas, pictured left, from Hodgson is helping the ConneXion church in Arborg and the Jarkas family from Syria communicate. The Jarkas family pictured from left to right: Zozan, 16, Diyar, 11, Mohamad, 15, Zainab, Lilaf, 5, Diyar, 7, and Ahmed.

Ghaly Abas and her husband Boyd from Hodgson went to the airport with church member Audrey Hicks, and Dueck and her husband Peter to greet the family. They also attended the meet and greet to help both groups communicate with one another.

Dueck said she is "so grateful" to have the Abas family assisting them.

"I don't know how many times a day I call Ghaly – all the time and she's always willing to do the translating for us," said Dueck.

"It's a good experience...helping a family in need like that," said Boyd Abas. "They dealt with a bit of strife back home."

One church member said the Jarkas family left Syria for Lebanon where they lived for about a year and a half.

The family arrived in Canada with two suitcases and a few bags.

The federal Liberal government promised to bring 25,000 Syrian refugee families to Canada by the end of February. The Syrian Civil War, which began in 2011, has displaced 7.6 million people in Syria and caused more than 4 million people to flee to neighbouring countries, according to a July 2015 press release from the United Nations Refugee Agency.

Church and community members will be helping the Jarkas family with shopping, school enrollment and English lessons.

"There are as many folks from the town on the committee as there are committee members," said Audrey Hicks.

Carissa Rempel has already had the family over to her home, and her son taught the Jarkas kids to play floor hockey.

"I have loved getting to know them," said Rempel, "and our kids have loved

it."

Crystelle Wiebe has already begun teaching the family English.

"We start with fun things such as flash cards," said Wiebe. "Then we review the next day. They are so excited and eager to learn."

The church needs the following items:

- Monetary donations (which are tax deductible).

- Vegetables (the family's diet is based on vegetables).

- A vacuum cleaner

- A dresser with a mirror for the Jarkas girls

- iPads or laptops to help them learn English through the Rosetta Stone program

- A mechanic willing to provide a free safety inspection of a van a community member donated

- Job offers (Mr. Jarkas is skilled in carpentry and is willing to work)

Anyone wishing to help can call Trudy Dueck at (204) 376-3490.

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Gimli woman claims Just Watch Me! contest prize

By Lindsey Enns

A Gimli business owner is among the winners of the 2015-16 Just Watch Me! video contest.

Michelle Wierda, owner of Curves in Gimli, has been named the World Trade Centre/Business InfoCentre Manitoba Start Up Entrepreneur winner.

Her video was chosen by a panel of judges from the Manitoba and Saskatchewan business community.

In her video Wierda says she's always wanted to be an entrepreneur.

"Being a single parent of five children it gives me the freedom and time," she said. "It also gives me more financial freedom and the ability to try new things."

Wierda said four years ago she had surgery to remove cancer from her uterus and she came to Curves to "re-build" her health.

"I'm getting stronger every day."

Wierda won a cash prize of \$250 along with business prizes to assist in her start up success.

The Community Futures Just Watch Me! video contest celebrates the business success of rural entrepreneurs with disabilities or health conditions.

The contest is open to any entrepreneur



RECORD PHOTO BY PATRICIA BARRETT

Michelle Wierda, owner of Curves in Gimli, pictured top row second from left, has been named the World Trade Centre/Business InfoCentre Manitoba Start Up Entrepreneur winner of the 2015-16 Just Watch Me! contest.

neur who either has a self-identified disability or ongoing health conditions and is operating a business in either rural Manitoba or Saskatchewan.

Contestants have a shot at multiple monetary prizes ranging from \$250 to \$1,000.

Video entries closed on Jan. 20 and on Feb. 3 the top four finalists were announced by a judge's panel.

Public online voting began on Feb. 4 and wrapped up on Feb. 16.

This year's first place winner was Apryl Harel owner of Apryl Harel Photography from Steinbach.

Harel won a cash prize of \$1,000 and a customized website.

In her contest video, Harel shares her success story of being an entrepreneur and photographer.

A panel of judges from the business community chose her video as one of the top three in the Seasoned Entrepreneur Category.

Over the past two weeks the public has voted for their favourite video.

Votes have been received from all over the Prairie provinces as well as from countries around the world.

"Over the long weekend, the voting for each contestant heated up and the results for the contestants were very close," said Susan Bater, Entrepreneurs with Disability Program Manager and spokesperson for the contest. "A huge thank you to the public that took the time to vote and support rural entrepreneurs with disabilities or health conditions."

The second place prize went to Wynyard, Sask. entrepreneur Codey Little, owner of Codey's Lawn Mowing and Snow Shoveling.

He won a cash prize of \$750 along with some great prizes to support his business. Cody Epp, owner of Eppic Industries, located in La Broquerie West won third place receiving a cash prize of \$500 and business prizes.

To watch all of the contest videos visit justwatchmecontest.ca/2015-2016-entries/.

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Kids take a shot at puck contest



RECORD PHOTO BY BRETT MITCHELL

More than 60 youth took part in the Selkirk Record Shoot the Puck Contest at the Selkirk Recreation Complex during the Selkirk Steelers home game against the Swan Valley Stampede. Winners pictured from left to right: Sam Monnin, came in second place, Donovan Duguay, came in third, and Aiden Sutton came in first. First and second place winners took home Steelers game-worn jerseys and third place won a \$25 Tim Hortons gift card.

New consignment shop opens its doors in Selkirk



RECORD PHOTO BY DAVE BAXTER

Marie Walker holds up one of the many items she is now selling at Two Timerz Consignment Shop along Manitoba Avenue in Selkirk. The recently open business sells used and gently used items.

By Dave Baxter

If you have old stuff lying around the house but don't want to go through the trouble of selling it, a new business in Selkirk wants to help take it

off your hands.

Marie Walker recently opened Two Timerz Consignment Shop on Manitoba Avenue and said it's a place for people to drop off used and gently used items like shirts, pants, purses and jewelry that she can put up for sale.

Anything that sells will see 50 per cent of the sale price go back to the owner.

"A lot of times people have things they have bought but they don't even end up using them or they just don't fit right, but you don't just want to give it away, or throw it out," Walker said. "And it's like we are reusing, because we don't want this stuff to just get thrown out, and not everyone wants to sell their stuff online and have people coming over to their house."

Walker also said "thrifters" looking for deals might want to check out her shop adding some of the items are "like new."

Two Timerz Consignment Shop is located at 218D Manitoba Ave. in Selkirk.

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BY DR. MARTIN BROKENLEG



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Dr. Brokenleg is co-author of the book *Reclaiming Youth at Risk: Our Hope for the Future* and provides training worldwide for individuals who work with youth at risk. He has consulted and led training programs throughout North America, New Zealand, and South Africa.

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Selkirk sculptor to kick off library speaker series

By Dave Baxter

The Gaynor Family Regional Library is inviting the public to come on down and meet their neighbours.

Starting next month, Selkirk's library will host the People in Your Neighbourhood program on Thursday evenings.

The program will invite those with interesting careers, hobbies and stories, to talk to an audience about what they do and answer questions.

"The purpose is getting to know people with interesting occupations and stories in our own neighbourhood," Gaynor Library director of library services Ken Kuryliw said.

Kuryliw said he thinks the new program will appeal to residents between the ages of 15 and 40, and it's part of a larger plan to get more adults in the door at the library.

"It should appeal to adult interests, to be able to hear how these people got where they are, and also should be of interest to people looking at what they would like to do as careers, and high school kids that are starting to think about which way they want to go career-wise," Kuryliw said. "People can ask questions about what it takes to get into that field."

Kuryliw said they will invite people



RECORD FILE PHOTO BY DAVE BAXTER

Selkirk sculptor Majid Kermani will be the first speaker at the brand new People in Your Neighbourhood series at the Gaynor Family Regional Library starting next month.

from a wide range of occupations, and he wants those who already have a steady career to come and see what interesting things other community members do.

"You may want to hear what's it like to be a police officer, or a veterinarian.

You may have a stable career where you are happy, but you may want to know what's it like to do what someone else does, or have questions."

Selkirk resident Majid Kermani, who moved to Canada from Iran in 2004, and builds elaborate ice and sand

sculptures in Selkirk, will be the first speaker at the People in Your Neighbourhood series.

"He is a very interesting person, and it will be an interesting session," Kuryliw said. "People can ask questions about how he came to be a sculptor, but there's also a lot of other interesting things about him."

"He's got a PHD and has an interesting story of how he ended up in Canada and here in Selkirk, and how he started doing what he does."

It is important to invite speakers with a wide variety of occupations to keep the sessions interesting, said Kuryliw, who added that people have already reached out to him wanting to speak at one of the sessions.

People in Your Neighbourhood at the Gaynor Family Regional Library will be a one-hour program on Thursday nights from 7 to 8 p.m.

Kuryliw said he plans to book speakers through to May, and then continue after that if the program finds a steady audience.

The first People in Your Neighbourhood session featuring Selkirk sculptor Majid Kermani takes place March 3 at the Gaynor Family Regional Library starting at 7 p.m.

Tea planned for those who share Queen Elizabeth's birth year

Staff

The Honourable Janice Filmon, lieutenant-governor of Manitoba, is encouraging Manitobans who share a 1926 birthday with Her Majesty Queen Elizabeth II to register for an invitation to a birthday tea on April

21 at 2:30 p.m. at Government House in honour of the 90th birthday of Her Majesty.

"On Sept., 9, 2015, Her Majesty became the longest-reigning monarch in the long history of Great Britain - an the shorter history of Canada

- surpassing her great-great-grandmother, Queen Victoria. On April 21, we will celebrate her 90th birthday and it seems appropriate to mark the occasion with those who share her birth year," Filmon said.

The first 60 people who register will

receive an invitation for themselves and a guest to join Lt. Gov. Filmon for tea in recognition of this special milestone. Contact the Office of the Lieutenant Governor's at 204-945-2753 and to register.

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Selkirk Knights of Columbus

Council seeks new ways to lend a helping hand

By Dave Baxter

The Selkirk Knights of Columbus have been helping those in need for decades, but as times change the organization is now looking for new ways to lend a helping hand.

The Knights of Columbus was first created as a fraternal benefit society in the United States in 1882 and clubs sprouted up across North America over the next century, including one in Selkirk that was started in the 1960's.

The Knights work towards fulfilling their guiding principals which are charity, unity and fraternity, and for years have used fundraisers to raise money that is then donated to different charitable organizations.

Selkirk Knights of Columbus council members Michael Parkes, Josef Schilling and Lorne Nicol said when it comes to fundraising and helping others they have had to adapt to the changing times, because traditional fundraisers like bingos, pancake breakfasts and selling Grey Cup tickets just don't bring in the money they once did.

The Selkirk Knights worked on changing their focus, and are using not only money but also "man power" to help out, and giving a lot of their time to organizations that help the less fortunate.

"Right now we are in flux where we have to find different ways to do this aside from what we've been doing for years," Parkes said. "Things like the bingo would bring in a fair amount of money, but now they just don't bring out the people they used to."



RECORD PHOTO BY DAVE BAXTER

Selkirk Knights of Columbus council members Michael Parkes, Lorne Nicol and Josef Schilling are seen in their headquarters in Selkirk.

With less cash to hand out, Knights' members have been volunteering at the St. Francis Place Homeless Shelter, which offers a place to stay for people with nowhere else to go in Selkirk.

"We've scaled back on what we do for charity, so now we are far more focused on helping out locally at the St. Francis Shelter," Parkes said. "We have eight members that volunteer regularly at the homeless shelter."

"Some guys work the overnight and some of us go help on different evenings, so we're quite involved, and our contribution is more physical."

René Gauthier, who runs the St.

Francis Place Homeless Shelter, said both donations and volunteering by the Knights are crucial for the operation of the shelter. Gauthier added the Knights were a big reason why the shelter was able to open its doors.

"They helped us get it off the ground, and I would say there are a dozen that helped with the renovations, and now eight that work there on a regular basis," Gauthier said. "When we have to staff the shelter every night with volunteers, it's very helpful to know we can rely on them for some of that help. They are a big part of keeping things going here."

The group still fundraises and brings

in money to help out as well, as they recently donated \$1,200 to the homeless shelter, and also give out bursaries to local schools.

Parkes admits their memberships and the membership of many groups like the Knights has gone way down. He said it's harder to find new members, but they hope young people will consider joining or helping them with the work they do in the community.

"It's all about helping people," Parkes said.

More information on the Knights of Columbus and the work they do can be found online by visiting kofc.org.

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Participants Required for a Zero Waste Lifestyle Program

The ECC, a Committee representing the Municipalities of Selkirk, St. Clements, and St. Andrews is seeking volunteer families to participate in a regional Zero Waste Study. Those selected will join in a three month program that embraces a zero waste lifestyle. Each family will receive project mentorship, basic training and a zero waste starter kit. This study will provide us with fundamental research, statistical evidence and case studies. Your participation will assist us in the development of any potential regional policies to improve negative impacts on the environment.

An Information and Sign-up Session will be held in early March of 2016 in Selkirk Manitoba.

To register call Justine at (204) 482-2111 or call Karen Keppler, Zero Waste Project Coordinator at (204) 771-8828



Growing Years offers support to local parents

By Dave Baxter

If you are a parent looking for a helping hand, a local organization wants you to know you are not alone.

"There is no rule book for parenting," Growing Years Family Resource Centre parenting instructor Jaime Bouw said. "And it's perfectly normal for parents to have questions, or seek support."

The centre, which is located at 216 Manitoba Ave. in Selkirk, has been offering parenting support sessions on Wednesdays and Thursdays for parents who are either expecting or have a child from the age of birth to one.

But now Growing Years is also taking parenting support right to the people.

Bouw is now spending Tuesday mornings from 10 a.m. to 11 a.m. at the Our Daily Bread Soup Kitchen in Selkirk's Memorial Hall offering up her advice for free to parents, grandparents and other caregivers caring for kids of all ages.

She said she works one-on one with parents, and there is no set curriculum.

"It's absolutely related to where the people are and whatever issues come up. It's not a prescribed program,"



RECORD PHOTO BY DAVE BAXTER

Growing Years Family Resource Centre parenting instructor Jaime Bouw and executive director Terrie Moar want parents to come to them if they need a hand.

Bouw said. "I want them to come and know it's a place where they can feel comfortable and have a conversation."

Bouw said all parents and caregivers of all backgrounds are welcome on Tuesday mornings.

"It can be anyone that just needs to come down and talk, or maybe they

have questions and feel panicky, but don't know where to turn."

Bouw keeps all her conversations confidential, and said no one should ever feel uncomfortable about needing a hand when it comes to parenting.

"I have found that we need to build relationships and trust with the par-

ents first. It's so important to understand the parents and where they are coming from."

She added no one should ever feel concerned about their parenting ability if they are having other struggles in their lives.

"We all have our struggles, but every parents loves their kid and wants what is best for their kids."

Anyone that shows up Tuesday morning can sit with Bouw in a private setting to discuss whatever challenges they are having, or ask questions.

Growing Years executive director Terrie Moar said parents should feel comfortable approaching Bouw if they need someone to talk to.

Growing Years also welcomes parents for their more formal parenting sessions at their Manitoba Avenue building on Wednesdays and Thursdays.

"It's important for parents to understand it is often not something that they are doing wrong. It can create some normalcy, and it's relationship building between the mothers," Moar said. "We're helping parents to come to terms with how they are feeling, and a lot of it is building confidence."

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Community gathers for winter fun in East Beaches

By Laura Tutlies

This month has been an igloo of winter activity in East Beaches.

Feb. 13 was a banner day for Grand Marais Recreation Association and for the Victoria Beach Snowmobile Club.

Meanwhile in Brokenhead Ojivway Nation from Feb. 19 to 21, the BON Health Centre and Treaty Day Committee held their "Winter Carnival Days" while in Victoria Beach, the Sports Club held its annual men's bonspiel also on the second last weekend of February.

By noon on Feb. 13, despite severe cold and winds outdoors, checkpoint four at the Sandbar in Grand Marais had registered 64 participants in the Snowmobile Club's Poker Derby before winding up the day at the Birchwood Hotel in Traverse Bay.

Over at the Recreation Centre in Grand Marais dozens of cars filled with patrons of all ages, jockeyed all day long for position in the parking lot.

Inside a pancake breakfast, huge silent auction table and face painting for the kids got the day started.

The toboggan hill saw action all day long while, surprisingly both children



Children enjoyed getting their faces painted during Family Fun Day in Grand Marais on Feb. 13.

and adults were drawn to the mountainous snowbank that set the back-

ground for the nail driving and log sawing contests.

On the skating rink participants had one chance in 10 to land hockey pucks into a pocket of the net or to try their hand at ice bowling.

Inside a Family Fun Spiel ran in the curling rink from morning until noon while in the afternoon the crowds enjoyed a doubles Crib tournament followed by a singles tourney and the draw for the auction prizes.

A hearty band of 24 volunteers along with 22 local businesses sponsored the Winter Fun Day.

The single day replaced the now retired Family Festival.

"It was a great success although the cold weather seemed to hamper the number of entries for the outdoor games," organizer Penny Patzer said. "Otherwise, we did really well."

The community of Scanterbury had no shortage of activities or participants for the many folks who travelled to their small community for their Winter Carnival.

Sponsored by the BON Christmas Bingo, BON CFS and BON Treaty Day committee along with the Family Violence Prevention Program there were 10 sanctioned activities over the three day period.

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NDP commits \$7.5M to build North Interlake Training Centre

Staff

A re-elected NDP government is committed to building a new \$7.5 million North Interlake Training Centre in the RM of Fisher, Primer Greg Selinger announced Monday.

"We are focused on making sure that young Manitobans get the training they need to take advantage of good jobs and build their futures right here at home," Selinger said in a release on Monday. "This training centre would make sure that young people in the north Interlake have these same opportunities and prepare them good jobs in high-demand fields to prepare them for successful careers."

The new North Interlake Training Centre would teach post-secondary training programs for jobs that are in high-demand in the region including autonomic technician, aboriginal language specialist, environmental technology and conservation tourism, financial management, HVAC, and building inspection, as well as literacy training, Selinger said.

"Everyone deserves a fair chance to get the education they need to get a good job and build a bright future," said Chief David Crate of Fisher River Cree Nation. "This is a major commitment to the future of our community and to our young people."

The 19,000-square-foot facility would be owned and managed in partnership between Fisher River Cree Nation, Peguis First Nation, and the RM of Fisher. This model would mean the communities who benefit from this training centre will be the ones making meaningful decisions, said Selinger. He added that programming at the centre would be delivered by accredited institutions like Red River College.

"Brian Pallister and the Conservatives will make cuts to education, cuts to infrastructure, and cancel Manitoba Hydro projects," said Tom Nevakshonoff, NDP candidate for the Interlake. "These risky decisions would throw Manitobans out of work and eliminate opportunities for young people in the Interlake."

The province already provides \$700,000 for training programs in Peguis First Nation and Fisher River Cree Nation with Red River College and Monday's announcement would add to that, the release stated.



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Violet-Blue has won a prize pack from Canvasback Pet Supplies!

To submit your pet for the Pet of the Month 2016 contest, send a photo and a fun fact to: ads@selkirkrecord.ca

Community checks out wedding show



RECORD PHOTO BY AUSTIN GRABISH

Women get ready to model gowns during the True Love Story Wedding Show at the Selkirk Recreation Complex last Saturday. The event featured more than 20 Selkirk and area vendors from makeup artists to photographers, live music and a groom's lounge.

Bonaventure brings festival to Selkirk



SUBMITTED PHOTO

Staff and students at École Bonaventure shared a pancake luncheon as a way of celebrating Festival du Voyageur in Selkirk last Wednesday. The 10-day long festival celebrating French culture and traditions wrapped up in Winnipeg on Sunday.

Manitoba Canola Growers Association elects new executive

Submitted

The Manitoba Canola Growers Association (MCGA) held their reorganizational meeting earlier this month and elected a new executive for the 2016/17 year.

Chuck Fossay from Starbuck was elected president, Clayton Harder from Narol was elected vice president, Brian Chorney from East Selkirk was elected secretary and Jack Froese from Winkler was elected treasurer. These positions take affect immediately.

"I am looking forward to being the

president of the MCGA this year," says Chuck Fossay, president, MCGA. "I will do my best to serve the needs of our members."

Brian Chorney was re-elected for a two-year term to the Canola Council of Canada board of directors. Clayton Harder and Jack Froese were re-elected for a two-year term to the Canadian Canola Growers Association board of directors. Chuck Fossay was re-elected for a one-year term to Keystone Agricultural Producers general council.

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Interactive displays to showcase Argyle's history

By Natasha Tersingi

As a school teacher, Shayne Campbell knows the struggle of attaining and keeping students' attention and often uses a variety of mediums to capture interest.

Keeping to the same principles he uses in his classroom Campbell, also the director of the Argyle's Settlers, Rails and Trails museum, has set-up a dynamic and interactive display to teach the public about Argyle's vast history.

Ahead of the museum's grand opening of their three exhibit museum in the basement of Argyle Community Hall, Campbell opened the doors for a sneak peak at the attention grabbing displays.

Using photo books, replica military uniforms, building models, military medals and props, eye catching signage and flags from Canada's second largest flag collection, the exhibit manages to take museum goers a step back in time while using today's modern interactive techniques.

"One of our goals for the museum is to have professional displays complete with computer generated signage and every item in the museum is labeled and tells a story," said Campbell. "For our flag exhibit it was on display last year at the Manitoba Legislature for the 50th anniversary of the Canadian Flag. The deal was after the exhibit was over we could keep all the material used. We are pretty excited because we have these professional materials, something that we often don't have access to."

While locals may find the Brant-Ar-



ABOVE LEFT: Settlers, Rails & Trails museum director Shayne Campbell shows off the museum's exhibits that are now on display in the Argyle Community Hall. The museum has rented the space and will be using it as a temporary location to house displays while the museum continues to look for a permanent location within Argyle. ABOVE RIGHT: Replica First World War and Second World War uniforms and era authentic clothing are on display to help tell the stories of Argyle residents that served during both wars.

gyle School 100th Anniversary display and the military exhibit that features 158 Argyle and area veterans, a third exhibit was added to the museum to capture a wider audience and include not just Argyle history, but Canada's history as well.

"People have asked us in the past what do flags have to do with Argyle and there are some very strong connections to flags and Argyle, we have a 1950's Canadian flag that came from Brant-Ar-

gyle School 100th Anniversary display and the military exhibit that features 158 Argyle and area veterans, a third exhibit was added to the museum to capture a wider audience and include not just Argyle history, but Canada's history as well.

"This allows us to reach out to a larger audience and put our museum on a regional level."

The museum's grand opening will be held on Feb. 27 from 12 p.m. to 4 p.m.

The museum's regular operating hours will be the first Saturday of every month from 1 to 4 p.m.

RECORD PHOTOS BY NATASHA TERSINGI

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<p>ARMY, NAVY & AIR FORCE VETERANS IN CANADA</p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Clendeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July & August) at 6:30pm in downstairs clubroom. New members welcome.</p>	<p></p> <p>Rotary Club of Selkirk John Ashley Martyniv, Sec. 485-0434 www.clubrunner.ca/selkirk</p> <p>Motto: "Service Above Self" Meetings Mondays 6:00pm at Benjamins 387 Eveline St., Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	<p></p> <p>Selkirk and District Kiwanis Club Kiwanis is an international volunteer organization with the objective of improving the local community. Meetings are every 2nd and 4th Monday of the month at the United Church on McLean Ave, Selkirk 7:00pm</p> <p>Contact: President Don Tole 204-757-2848 President Elect Carol Manlow 204-510-1776</p>	<p></p> <p>ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p>THE SELKIRK & DISTRICT LIONS</p> <p>Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
<p>MANITOBA JOB'S DAUGHTERS</p> <p>Eva Hawryshko 482-3393</p> <p>Youth organization for girls ages 10 - 20 years. Meets 1st and 3rd Wednesday of each month (July and August excluded) at 7pm in the Masonic Hall, 209 Eaton Avenue, Selkirk</p>	<p></p> <p>LISGAR LODGE #2 SELKIRK Stephen Gwynn 204-482-6656 lisgarlodge@outlook.com</p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Tuesday of the month except December (second Tuesday), no meetings January, February, July and August at 209 Eaton Avenue, Selkirk MB. Dinner at 6:30, meetings begin at 7:30.</p>	<p>REMORA #26</p> <p></p> <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	<p></p> <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives. 200 Eaton Ave, 482-7176 www.selkirkbiz.ca</p>	<p>WEST ST. PAUL LIONS CLUB</p> <p>Glen Rossong Membership & Sponsorship 204-338-7291</p> <p>Meetings first Monday of every month.</p>



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> MEAL IDEAS

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Oatmeal porridge with almonds and cherries



Ingredients
 2 cups (500 mL) 1% milk
 1 1/4 cup (300 mL) water
 1/4 tsp (1 mL) ground cinnamon
 1 1/3 cup (325 mL) quick cooking oatmeal
 1/3 cup (75 mL) dried cherries or cranberries, chopped
 1/4 cup (50 mL) roasted almonds,

chopped
 Added 1% milk, optional
Directions

Stove Top: In a saucepan, combine milk, water and cinnamon. Bring to a boil over medium high heat, stirring often. Gradually add oatmeal and cherries. Reduce heat and let simmer, stirring often, until the oatmeal is tender – about 3-5 minutes.

Microwave: In a large microwavable bowl, mix together milk, water, cinnamon, oatmeal and cherries. Cook on high, 4-5 minutes, stirring once.

Once cooked, remove porridge from heat or microwave oven, cover and let stand 5 minutes. Sprinkle with the almonds and add more milk to taste.

Inside-Out BLTs



Ingredients
 Yields 12 bites
 8 strips premium bacon, sliced crosswise into 1/8-inch strips
 8 firm Roma tomatoes or green (unripe) tomatoes, cut into 1/4-inch-thick slices
 1 cup flour
 3 eggs, beaten
 2 cups bread crumbs or panko
 3 or more tablespoons olive oil
 Salt

Freshly ground black pepper
 1 4-ounce log goat cheese, approximately 1 1/2 inches in diameter, sliced 1/8-inch-thick
 24 arugula leaves, lower stems discarded
 Cook bacon over medium heat until crispy. Drain on a paper towel.
 Select the 24 most uniform tomato slices and save the rest for tomorrow's lunch. Dredge slices in flour, then in eggs, then pat down in bread crumbs. Reserve on plates, but do not stack.
 In a sauté pan over medium-high heat, add 3 tablespoons oil. When oil is hot, add as many breaded tomato slices as the pan can accommodate without them touching. Fry for approximately 2 minutes per side, or until browned and crispy. Remove from pan and drain on paper towels. Add more oil if necessary for subsequent batches.
 To assemble, line up 12 fried tomato slices. Season with salt and pepper, then top each with 1 cheese slice, a mound of bacon shrapnel and 2 arugula leaves. Cover with a second fried tomato slice. Secure with a toothpick. Let cool for a minute before serving. (Tomatoes have a surprising ability to hold the heat.)

Almond Butter English Muffin with Peach-Topped Cottage Cheese paired with Chocolate Milk



Servings: 1
Protein: 32 grams
 1 tablespoon almond butter
 1 English muffin, toasted and halved
 1/2 cup cottage cheese
 1/4 cup diced peaches
 Spread almond butter on toasted English muffin.

Thin Crust Egg, Sausage and Pepper Breakfast Pizza



1 Flatout Flatbread Artisan Thin Pizza Crust
 1/2 cup cheddar cheese
 2 eggs, lightly scrambled
 3 ounces sausage, cooked and crumbled
 2 ounces yellow peppers, diced
 2 ounces red peppers, diced
 Heat oven to 375 F.
 Place flatbread on cookie sheet. Bake for 2 minutes. Remove from oven. Top flatbread with cheese, scrambled egg, sausage and peppers. Return to oven and bake 4 more minutes, or until cheese melts.
Grilling method: Heat grill to 375 F. Pre-bake flatbread on grill for 1-2 minutes. Remove from grill. Top flatbread with cheese, scrambled egg, sausage and peppers. Return to grill. Close lid. Grill 4 more minutes, or until cheese melts.

Savory Oatmeal with Soft-Cooked Egg and Bacon



Servings: 1
Protein: 32 grams
 1 cup lowfat milk
 1/2 cup old-fashioned oats, uncooked
 1 pinch sea salt
 1 teaspoon cooking oil (or 1/2-second spray)
 1 large egg
 1 tablespoon cheddar cheese, shredded
 1 slice cooked bacon, coarsely chopped
 2 teaspoons green onion, sliced salt and pepper (optional)
 Combine milk, oats and salt and cook according to package instructions. While oats cook, heat small, non-stick skillet over medium heat. Lightly coat with cooking oil. Add egg and cook about 3-4 minutes for runny yolk. Serve oatmeal topped with cheese, bacon, egg and green onion. If desired, season with salt and pepper. Serve immediately with 8-ounce glass of milk.

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Gimli High School earns Fair Trade School certificate

By Patricia Barrett

Fairtrade Canada designated Gimli High School a Fair Trade School last Friday at the 4th National Fair Trade Conference held at the Fort Garry Hotel in Winnipeg.

"We're the fifth [high] school in Canada," said Zack Gross, who is fair trade outreach coordinator for the Manitoba Council for International Cooperation. He worked closely with Gimli High School to help it earn the designation.

GHS joins Stonewall Collegiate, the only other Interlake (and Manitoba) school to be awarded the designation. The three other high schools are in Quebec and Alberta.

The award recognizes schools that have helped producers in the global south receive a fair wage for the products they sell.

It was the hard work of the students who were – and are – members of the Social Justice club at GHS that caught the attention of Fairtrade Canada, a non-profit organization that licenses Canadian companies wanting to use the fair trade logo and ensures products labelled fair trade meet international fair trade standards.

"I was in it since Grade 9," said student Carley Matkowski, referring to the Social Justice Club, which is made up of students in grades 9 to 11. "This year we focused on wanting to be a fair trade school, so we brainstormed on what we could do."

Club members decided to help cacao growers earn a fair wage. There are an estimated 50 million people around the world who rely on cacao as a source of income, according to one of the sessions held Saturday at the conference.

The Club purchases chocolate (chocolate bars, hot chocolate) in bulk from Canadian fair trade company Camino via Zack Gross and from Gimli's Pharmasave, which sells Cadbury chocolate. The club then sells it at the same price, earning no profit. Their efforts help producers boost sales and find new markets for their products.

"We sold it in the halls," said Matkowski, who's in Grade 11. "And we have provincials for basketball [March 11-12] and hockey, so we'll sell it then."

The club will also be at the Gimli Ice Festival (March 5-6) selling chocolate.

Matkowski said the club supports fair trade in the Gimli community. Pharmasave, Sobeys and the Fresh Carrot all stock fair trade items.

The conference offered a number of sessions on topics such as spices, clothing, chocolate, wine and fresh fruit, and provided information on the logistics involved in and the collabo-



Sean McHugh, founder and executive director of the Canadian Fair Trade Network, presented Gimli High School's Social Club with a Fair Trade certificate.

ration necessary for getting fair trade products to market.

"There was a lot of good information," said Social Justice Club member Mia Gray. "We attended a presentation about fair trade supply chains."

Club member Isabelle Stevens said in one workshop they split up into groups.

"We had a big discussion about how products get from the producer to the consumer," said Stevens.

"It's good to come to this," said Matkowski, "because we learn about it in the classroom then hear the actual stories."

She said one speaker went to a number of fair trade farms and discussed what impact they made in the community.

Teacher Rob Jantz, who oversees the Social Justice Club at GHS, said the students have been part of the fair trade project for the last eight years. The club also addresses LGBTQ and women's issues as part of its mandate.

"This is who we want to be," said Jantz, referring to the fair trade designation. "This is something the students believe in and have invested a lot of time and energy into for many years."

Jantz said it only works when the community is willing to buy in.

"Zack Gross has brought in [to GHS] half a dozen speakers," said Jantz. "And he



RECORD PHOTOS BY PATRICIA BARRETT

Members of Gimli High School's Social Justice Club, along with Principal Tyler Moran and Teacher Rob Jantz, were presented with a certificate designating the high school a Fair Trade School. Zack Gross, fair trade outreach coordinator for the Manitoba Council for International Cooperation, helped honour the school. Grade 11 student Carley Matkowski holds the certificate.

brings his knowledge to the kids – all the things we need to do to work together."

After lunch, two Manitoba high school students performed a spoken word poem about consumption, emphasizing the message that we are all part of the global village and that we should think about the world as our

community.

Principal Tyler Moran, who spoke at the conference about what steps schools can take to become fair trade, said the recognition is part celebration and part pressure.

"It shows we met the baseline criteria for being a fair trade school," said Moran.

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INSIDE > OUTSIDE > UPSIDE DOWN

Steelers solid in pair of wins last weekend

By Brian Bowman

At this point of the season, every win is a big one for the Selkirk Steelers.

And it would be pretty hard to top Sunday's road win over the third-place Winkler Flyers.

The Steelers proved that they can play with the big boys as they edged the Flyers 3-2 in a shootout in Winkler.

"That was a barn-burner last night," said Steelers' interim head coach Jeff Mitchell Monday morning. "The boys put in a 100 per cent compete (level), which we have been asking from them."

Ty Kraus, Jake Dudar, and Ezra Hall scored for Selkirk in the shootout. Nolan McGuire and Jordan Williamson scored on Winkler's first two attempts in the shootout but Hayden Dola shut Winkler down the rest of the way for the win.

Dola was also very good in regulation time, stopping 51 shots. Twenty-three of those saves came in the first period.

Winkler's Jeff Michiels and Hall traded first-period goals and then Tristan Keck gave the Flyers a 2-1 lead with a second-period goal.

Hall then tied the score at 13:01 of the third.

Last Friday, the Steelers edged the Swan Valley Stampede 3-2 in Selkirk as Chris Westlund scored a beauty of a goal for the game winner in overtime.

Dale Goodbrandson and Dudar netted power-play goals for Selkirk while Michael Fortin (shorthanded) and Gavin Froese tallied for Swan Valley.

Dola made 38 saves for the win.

Mitchell's first game as the Steelers' interim head coach resulted in a 4-3 shootout loss to the last-place Neepawa Natives on Feb. 17.

Riley Derlago, Dudar and Taylor Fisher scored for Selkirk in the shootout. Ashton Anderson, Brayden Atkinson, Nolan Martens and Aiken Chop scored for Neepawa.

In regulation time, Braden Lozinski and Dallas Starodub scored to give Selkirk a 2-0 lead by the 8:04 mark of the opening period. Cole McCarten then scored a second-period goal for the Steelers. Reigan Buchanan, Jordan Martin and Atkinson replied for Neepawa. Atkinson's goal tied the score at 3-3 at 6:32 of the third period.

Selkirk outshot Neepawa 54-45.

The Steelers (22-29-3) hosted the Natives on Tuesday but no score was available. Selkirk will then host Win-



RECORD PHOTO BY LANA MEIER

The Steelers' Chris Westlund scored the game winner in overtime Friday night against the Swan Valley Stampede.

nipeg on Friday (7:30 p.m.) and then will visit the Blues on Saturday (7 p.m.) at the MTS Iceplex.

In off-ice news, the Steelers announced last week that former assistant coach Dustin Hughes has returned to the team's coaching staff for the remainder of the season.

Hughes, who previously worked under former head coach Ryan Smith for one season, will serve as associate coach alongside Mitchell.

"We are very happy that Dustin was available and willing to return to the team and help us out for the remainder of the season," said Andy Rewucki, the Steelers' vice president, in a media release.

"His experience and knowledge of the game and the organization will certainly be a huge asset to the club."

As a player, Hughes was part of the 2003-04 Steelers' team that captured the MJHL title.

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Royals romp to playoff hockey sweep

By Brian Bowman

The Selkirk Royals made quick work of the West Kildonan Wolverines in their first-round playoff matchup.

Selkirk skated swiftly to impressive wins of 8-2 and 6-1 to sweep their best-of-three Winnipeg Women's High School Hockey League series.

"I thought we played well and West K actually played us better than they had all year," said Royals' head coach Noah Cain. "They had lots of emotion, especially in that last game. I was really proud of how our girls played and I'm really looking forward to the next round."

In the five-goal victory to sweep the series last Thursday in Winnipeg, Selkirk opened up a quick 2-0 lead and then increased that advantage to 3-0 before the period ended.

Courtney Sorokopud-Jones scored just 53 seconds into the game and then Kaitlyn Seed made it 2-0 at the 3:45 mark.

Cassidy Ilchena put Selkirk up three goals and the score stayed that way until Ilchena and Jenna Truthwaite tallied early in the third.

West Kildonan's Hayley Broatch and Selkirk's McKenzie Pelletier then traded goals late in the game.

The Royals started their playoffs with a convincing 8-2 home win over the Wolverines on Feb. 16 in East Selkirk.

Selkirk came out sizzling, grabbing a 4-1 lead just 14:26 into the contest.

"That was huge for us," Cain said.

"We always want to come out of the gate strong and our team really stepped up. We were prepared to play and, hopefully, we keep that going moving forward."

Truthwaite and Lily Hoydalo gave Selkirk an early 2-0 lead before West Kildonan cut that lead in half with a goal from Broatch.

Ilchena scored a pair of goals for Selkirk before the first period ended and then Brittany Scamstad gave the Royals a 5-1 lead after two periods.

In the third, Hoydalo, Sorokopud-Jones and Truthwaite scored before Broatch closed out the game's scoring with a late power-play goal.

Cain was pleased to see his club score 14 goals in just two games. He was also very pleased with seeing balanced scoring from several different players.

"It's great when everyone contributes," he said. "And that's what it needs to be in the playoffs. In the regular season, you can rely on one or two players but in the playoffs there's tighter checking."

"You absolutely need the players who don't normally score to step up in the playoffs. That's the only way that you can win. It was super encouraging to see everyone contribute."

The Royals will now face the CSHC Huskies in the second round of the playoffs next week. CSHC swept SJR in their best-of-three series.

The Huskies defeated Selkirk three times in four meetings during the reg-



RECORD PHOTO BY BRETT MITCHELL

The Royals' Brittany Scamstad scored giving Selkirk a 5-1 lead after two periods.

ular season.

"No. 10 on their team (Annaliese Meier) blew the league away in the points race," Cain noted. "She averaged three points a game. We beat them early and then they beat us the last three games."

"They're a tough team, but I honest-

ly think if we show up and play, and play our game as well as we can, then I think we can beat that team."

The Huskies/Royals' series schedule had not been released by press time. The best-of-three series, however, was expected to begin this week.

Selkirk sweeps Garden City in hockey playoffs

By Brian Bowman

The Selkirk Royals' playoff series with the Garden City Fighting Gophers may have lasted only two games. But the memories from it will last a lifetime.

Selkirk skated to an exciting 3-2 overtime win in Game 1 and then pulled off their biggest comeback of the season in a 5-4 OT victory in Game 2 to sweep the best-of-three first-round series.

"Both games were close and they really made our guys dig deep," said Royals' head coach Shayne Fredborg. "Playing meaningful games in the playoffs and keeping games close and winning those is a big confidence boost for the boys."

In the series-clinching win last Thursday, Rhett Schrofel scored the game winner in overtime.

The Royals trailed 4-0 midway in the second period when Cole Johnstone scored to begin the wild comeback.

"When you're down 4-0, you can't get it all back in one shift," Fredborg insisted. "One shift at a time, one play at a time, and we tried to simplify it a bit. The guys were getting frustrated and trying to do too much at once."

The score stayed that way until Chad King scored with 10:01 left in the third. Less than three minutes later, Logan Artimowich made it 4-3 and then Gordie Longbottom tallied to tie the score with 4:53 remaining in regulation time. Special teams played a big role in the first period as Rhys Morris and Brendan Henry scored power-play goals to put Garden City up 2-0. Noah Skorpad made it 3-0 with a shorthanded goal late in the opening period and then Riley Thorsteinson

scored at even strength midway in the middle frame.

Selkirk began the series with the 3-2 win in St. Andrews on Feb. 16.

Auzzie Loewen scored the game winner, assisted by Travis Spratt and Harley Hoydalo, on a 4-on-3 power play in OT.

"In a best-of-three that first game is crucial," Fredborg stressed. "If you're down one, then your backs are against the wall right away. We were up 2-0 in that game and kind of let it slip a bit."

After a scoreless first period, Selkirk's special teams went to work in the second. Phil Crupi scored a short-handed goal and then Wes Hoydalo struck on the power play.

Rustyn Lodon cut into that lead, however, late in the second period and then Skorpad tied the score at 2-2 early in the third.

With the series win, Selkirk advanced to play the high-powered Oak Park Raiders in a Platinum Promotions Divisional semifinal matchup.

That series started Monday with Oak Park winning 6-2. No scoring summary was posted on the league website at press time. Game 2 of the series was then played Tuesday (no score was available).

"They're a good team," Fredborg said of Oak Park. "We've played them a few times this year. We were in tough the first (two) times with a couple of tough losses, but the last time we played them we were able to beat them in the final of the Piper Classic."

If Selkirk loses their semifinal series, they may still have a chance of competing in the MHSAA provincials, which take place March 11-14 in Winnipeg.

Fishermen, Ice Dawgs to battle in semifinal series

By Brian Bowman

After a nice little break, the Selkirk Fishermen will resume game action tonight when it hosts the Arborg Ice Dawgs in Game 1 of their best-of-five South Division semifinal series.

Arborg earned a berth into the semifinals after defeating the North Winnipeg Satellites 8-3 Monday evening

in Game 3 of their best-of-three Survivor Series.

Selkirk, meanwhile, has not played a game in almost two weeks after securing top spot in the South Division with a 26-6-0-2 record, which was third best in the Keystone Junior Hockey League.

The Fishermen are red-hot head-

ing into the playoffs, riding an eight-game win streak.

Selkirk, as always, was very good defensively during the regular season. The Fishermen allowed a league-low 94 goals in 34 games while scoring 140.

Arborg, meanwhile, outscored its opponents by a slim 149-131 margin.

Game 1 of the Selkirk/Arborg series

will begin tonight (7:30 p.m.) at the Selkirk Rec Complex. Game 2 will be played Friday in Arborg while Game 3 will return to Selkirk on Sunday (7:30 p.m.). The other South Division semifinal series will have Lunder playing St. Malo. The North Division semifinals will pit Peguis against Norway House and Cross Lake versus OCN.

Einarson in the hunt at Scotties

By Brian Bowman

Manitoba's Kerri Einarson was 2-3 at the 2016 Scotties Tournament of Hearts in Grande Prairie, Alta. after a tough 6-5 loss Tuesday morning to Quebec's Marie-France Larouche.

Trailing 5-4 in the 10th end, Larouche scored a pair for the comeback victory.

Einarson had scored a deuce in the eighth end to take a 5-4 lead.

Einarson opened the game's scoring with one in the second end and then added a steal of another in the third. But Larouche came right back with three in the fourth end before Einarson replied with a single in the fifth to tie the score at 3-3.

Larouche added one in the sixth to take a 4-3 lead and then the two teams blanked the seventh.

With the win, Larouche improved to 3-2.

Einarson began the Scotties with a 10-2 thumping of B.C. but then lost 9-3 to Nova Scotia. The Manitoba skip, who lives in Camp Morton but curls out of East St. Paul, then defeated Ontario 5-3 before getting doubled 8-4 by Saskatchewan.

Einarson's rink, which also includes third Selena Kaatz, second Lyz Fyfe, lead Kristin MacCuish, and fifth Briane Meilleur, had six more games in the round robin.

At press time, Alberta's Chelsea Carey led the 12-team field with a 5-0 record. Winnipeg's Jennifer Jones, representing Canada, was 3-2.

The playoffs begin Friday with the gold-medal game set for Sunday evening.



RECORD FILE PHOTO BY LANA MEIER

Kerri Einarson was 2-3 at the 2016 Scotties Tournament of Hearts in Grande Prairie, Alta. after a tough 6-5 loss Tuesday morning to Quebec.

Shamrock Men's Spiel in East Beaches



RECORD PHOTOS SUBMITTED

Pictured from left to right, the first event was won by the Wade Orvis rink, which included Adam Danwich, Nigel Kraft and Eric Eyolfson while Byron Thomas, Ken Swain, Dave Scrivens and Ian Thomas won the second event. Third event winners were Ed Gaffray, Brad Murray, Kelvin Kralka and Richard Wiebe.

By Laura Tutlies

Twenty-seven teams submitted their bid to enter the Shamrock Men's Spiel at the Victoria Beach Sports Center of East Beaches. Twenty-four teams were accepted and participated in the three-day event with the final three games played in the late afternoon of Feb. 21. The matches saw the first and third events both in tight games, each tied in the sixth, of the eight end games.

The young team skipped by Wade Orvis with Adam Danwich, Nigel Kraft and Eric Eyolfson edged out the Chris Jensen rink from Grand Marais Curling Club. Byron Thomas of IronManz Marine hadn't played all year, but his Grand Marais team with third Ken Swain, second Dave Scrivens and lead Ian Thomas, defeated the seasoned Victoria Beach team of Bruce Morrison for top prize in the second event. In the third event, Pine Falls

skip Ed Gaffray with Brad Murray, Kevin Kralka and Richard Wiebe held on to a two point lead over the Victoria Beach team of Lorne Anderson whose final rock missed its mark to give the Gaffray team the victory.

The gentlemen enjoyed a roast beef dinner on Saturday evening before retiring to the Victoria Beach Sports Club's lounge where a mock casino was set-up.

Each player received \$20,000 in play

money with each of the tables serving cards or spins with a \$1000 ante. Casino winners could then use their 'dollars' to purchase silent auction tickets.

The well-organized mock casino games went until nearly midnight with both players and club patrons raving about the good time they had.

The Shamrock Spiel is an annual event in the second winter of curling for the new Sports Club in Victoria Beach.

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is accepting applications for the following management positions in our Gimli and Selkirk Personal Care Homes:

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Qualifications:

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- Current registration with CRNM

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Full Time Permanent available in Selkirk and Gimli to start April 4, 2016

Reporting to the Director of Resident Care, the Clinical Nurse Manager will be a leader and innovator who is accountable for promoting excellence in nursing practice and for providing the highest level of resident care. As an integral part of the management team, you will assist in directing resident care and coordinating the Staff Education and Infection Control programs.

Qualifications:

- Bachelor of Nursing or RN/RPN with a suitable combination of education and experience
- Certificate in adult education and teaching experience in a long term care setting preferred.
- Current registration with CRNM

These positions are Monday to Friday Days, but may involve some evening and weekend work.

Please forward your resume by **March 11, 2016** to:

Cheryl Nieckarz
Director of Resident Care
Betel Home Foundation
212 Manchester Ave Selkirk, MB R1A 0B6
Ph: 204-482-5469 Ext 20960
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42. Holy people
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NOTICE

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UPCOMING EVENTS

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CARD OF THANKS

Cove: My family and I would like to thank everyone for sharing all the fond memories of David with us. The hugs, kind words and food donations meant so much. Thank you to the first responders and the Selkirk RCMP for being so gentle and patient with me. Your care and compassion held me together during a horrible time. We thank Rev. Mawejje and the parish family of St. Clements Anglican Church for their prayers and support. Lastly, my sister, brothers, and all their immediate family, who surrounded me in love and gave me strength to get through the loss of my life partner, my husband David.

-Pat Cove and family

ANNOUNCEMENTS

CARD OF THANKS

Hykawy - Thank you to all our family and friends for the love and support shown to us during Ed's hospital stay and after his passing. Ed was so happy to see all his family and friends while he was still well enough to enjoy their visits. Thank you for the prayers, flowers, cards and food during this difficult time. Bob, Jerone, Mom, Wayne, Diane, Debbie, Audrey and Sandra your continual support means so much to us. John at Gilberts, you made this journey so much easier for us. To all who attended the funeral, thank you. To Rev. Erik Parker, the service was beautiful. Don and Adelaide Little, the lunch was delicious. Mandy, Rob, and family, the collage was beautiful. Big thank you to the wonderful staff at Selkirk General Hospital, Medical North, for the care and compassion shown to Ed, myself and family during our time spent with you. We are truly blessed.

-Bev, Michael, Darren and Sierra

ANNOUNCEMENTS

WEDDING



Janice Schellenberg along with Joe Schellenberg are pleased to announce the engagement of their youngest daughter Joanna Leigh to Andy Arthur, son of John and Kathy Arthur of Saskatoon. Planning a summer wedding! WooHoo!!

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Colleen and Wendy

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IN MEMORIAM



Edmund Wabick

April 30, 1939 - February 24, 2015

I thought of you today,
But that is nothing new;
I thought about you yesterday,
And days before that too.
I think of you in silence,
I often speak your name;
All I have are memories,
And a picture in a frame.
Your memory is a keepsake,
From which I will never part;
God has you in His arms,
I have you in my heart.

-Love forever, wife Jean, Martin, Michelle
(Miles)

Stacey, (Sherry) and his pride and joy,
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IN MEMORIAM



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February 23, 1957 - February 26, 2013

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The depths of sorrow we cannot tell,
Of the loss of one we loved so well.
And while he sleeps a peaceful sleep,
His memory we will always keep.

The tears in our eyes, we'll wipe away,
But the ache in our hearts will always stay.

-Forever loved Mom and family

OBITUARY

Mary Chymy

Peacefully, on Wednesday, February 3rd, 2016, at the Betel Home, in Selkirk, MB, Mary Chymy, aged 85 years, of Selkirk, beloved wife of the late Mike, passed away.

Prayers will be said on Sunday, February 28th at 7:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB. Funeral Mass will take place Monday, February 29th, in the Holy Eucharist Ukrainian Catholic Church, Selkirk, MB, at 11:00 a.m. with Fr. Peter Chorney officiating.

Full obituary to follow in February 27th Free Press.



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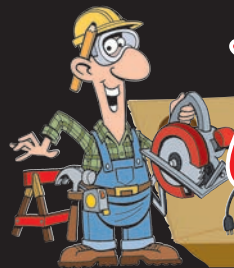
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