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RECORD PHOTO BY LANA MEIER

Kerri Einarson of Petersfield, pictured far left, beat the Granite's top seeded Kristy McDonald 7-4 to capture the Manitoba Scotties Tournament of Hearts title on Sunday in Beausejour. After finishing runner-up at the past two Manitoba provincials, the East St. Paul based team of Einarson, third Selena Kaatz, second Liz Fyfe and lead Kristin MacCuish will now wear the provincial buffalo at the national Scotties Tournament of Hearts, Feb. 20-28 in Grande Prairie, Alta. For a story, see page 24.

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Fishers help raise over \$30K at KidFish Ice Derby

By Dave Baxter

Warm winter weather may have led to two delays for this year's KidFish Ice Derby, but in the end organizers say the event raised more than \$30,000.

The event is an annual ice fishing derby in Selkirk and all of the proceeds go to the Children's Hospital Foundation and Cancer Care Manitoba Foundation.

This year 1,127 fishers took part and ticket sales combined with donations helped raised a total of \$34,405.25.

The derby was delayed once in December and again in early January after warm weather made for dangerous ice conditions, but the event finally happened last Sunday, while the temperature sat at a balmy -7 C.

"You could not ask for a better scenario than this," event organizer Garther Cheung said. "The weather gods finally helped us out and said 'we'll freeze for two weeks to give the perfect ice and then we'll warm it up for you,' so we could not ask for any-



RECORD PHOTO BY DAVE BAXTER

Pictured from left to right: KidFish Ice Derby organizer Garther Cheung, participant Darren Holmberg, and organizer Paul Duncan were all smiles after Holmberg pulled in this northern pike during the derby in Selkirk last Saturday.

thing better.

"We have been working on this since November and cancelling twice was disappointing, but this is awesome." The derby took place at the Float

Plane Base in Selkirk, and a sea of

fishers and tents could be seen from Main Street.

Cheung said the derby was a success last year even with the wind chill hovering in the mid -40's, but this year's warmer weather had more than 1,000 participants come out.

"It's about raising money, but it's also about building memories and getting kids out into the outdoors," Cheung said.

Craig Zieske brought his son Colton to the derby and said the event is a great way for ice fishers to bond.

"Everyone is out here for the same reason, and it's all about the kids," Zieske said. "So people are giving helping hands and helping kids they don't even know if they need a hand."

The derby hands out prizes for those who pull in the biggest fish but Zieske said most people are not there to compete.

"It's all about camaraderie, and people are rooting for each other and rooting for other kids when they are pulling something in."

Thanks to a long list of sponsors the KidFish derby handed out more that \$20,000 in prizes and giveaways and the first 200 kids that showed up to the derby got a free ice fishing rod.

West St. Paul father, son killed in snowmobile crash

By Dave Baxter

A GoFundMe page has been set up to help a West St. Paul family cover funeral costs following a fatal snowmobile crash over the weekend.



RCMP say that in the early morning northea of Sunday, Jan. 24, officers from Lac du RCMF Bonnet and Powerview responded to 49-yeara call of a head-on snowmobile col- St. Paul

northeast of Manigotagan.

RCMP said both a 14-year-old and a 49-year-old, who were both from West St. Paul, died as a result of the crash, and a female involved in the collision was transported to hospital in stable condition.

RCMP are still investigating and alcohol is not believed to be a factor in the crash.

A GoFundMe page that was set up on Monday says that Gary Schellenberg, 49, and his son Evan, 14, both of West St. Paul were killed in the snowmobile accident and the loss has devastated the family.

The page said that left to mourn are Gary's wife, three kids and two foster children.

"Gary was the consummate family man,"West St. Paul Mayor Bruce Henley said. "He did everything for the family.

"My kids know his kids and kids

from the neighbourhood would hang out at their house because it was a very welcoming place to be."

Henley said Gary was also a handy man and a good mechanic "that was always willing to help out anyone that needed a hand."

Henely added Evan "was a great kid and part of a great family."

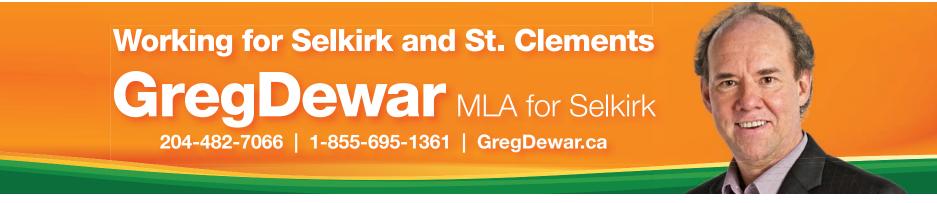
West Kildonan Collegiate, where Evan attended school, is also offering counselling and teachers have been talking with students, Henley said.

"I am pleased to see they are working with the kids and making resources available," he said.

The GoFundMe page for the family says they hope to raise \$20,000 to help with funeral costs and other expenses.

As of Tuesday afternoon, nearly \$17,000 had already been raised.

For more information, visit the Go-FundMe page at gofundme.com/ v6f7qvk4.



St. Andrews School students join Polar Bear Club

Program allows students to spend recess outdoors in cold weather

By Lindsey Enns

More than 100 St. Andrews School students are opting to bundle up and spend recess outside this winter as part of the school's new Polar Bear Club.

"We can all acknowledge that when you're able to go out and exercise and get fresh air that has a positive impact on what happens in the classroom," St. Andrews School vice-principal Chad Whiteside said. "The students do everything from work on forts outside to play on the swings and slides."

So far 113 students from grades four to six have chosen to join the club, which allows students to head outdoors when temperatures dip below -27 C. The club held it's first outdoor recess last Tuesday.

"I like going outside when there isn't as many kids cause you get the whole playground to yourself," Grade 6 student Jase Tesarski said. "It's pretty cool."

Grade 6 student Kodi Farrow said his favourite part is being able to head outside and get some fresh air.

"I really hate being stuck inside," Farrow said. "Being outside is one of my favourite things.

"I love going outside and exploring." Lord Selkirk School Division policy states that when temperatures reach -27 C, students are to remain indoors during their breaks. But after the St. Andrews School parent advisory committee saw a school in Regina, Sask. was running a Polar Bear Club, they wanted to be able to offer the option to local students.

"St. Andrews School will be making a report to the board in April to update the trustees on the Polar Bear Club's progress," LSSD Supt. Scott Kwasnitza said, adding St. Andrews is the first and only school currently in the division piloting the program. "If requested through the school administration, then we would look to expand the Polar Bear Club to other schools in LSSD."

Although he admits keeping students active during indoor recess can be a challenge, Whiteside said the school organizes all kinds of activities and now the Polar Bear Club offers another option.

"We try as much as possible to keep students active even when they are indoors," he said.

In order for students to join the school's Polar Bear Club they must have written permission from their parents or guardian and proper winter clothing.

"We approached this idea very carefully," Whiteside said, adding club members also learn about winter safety tips. "You don't want kids to necessarily avoid the cold but be more responsible about it because that can transfer later on in life."



SUBMITTED PHOTO

Pictured from left to right: St. Andrews School Grade 4 students Sydney Ostermann, Easton Woloski and Hailey Budzan enjoyed recess outdoors last Tuesday as part of the school's new Polar Bear Club.

The Gwen Fox Gallery is thrilled to offer art classes for youth (11-14 years)





Boris takes viewers into the lives of 'Hockey Wives'

Director from Selkirk breaking ratings records on the W Network

By Dave Baxter

A show that takes viewers into the real lives of the wives and girlfriends of NHL hockey players is breaking ratings records on a Canadian channel, and the man behind it hails from Selkirk.

Comedian, writer, producer and director Trevor Boris left Selkirk for the bright lights of Toronto nearly 15 years ago.

He has since gone on to work as a performer on the MuchMusic show "Video on Trial" and was a senior producer on "Big Brother Canada."

A couple of years ago the Comp grad was asked to direct "Hockey Wives," a new show on the W Network that follows wives and girlfriends of NHL hockey players as they go through their daily lives.

The show's first season became the highest rated show on the channel and Boris believes it's attracting viewers who want to see real people and real families, rather than the typical drama and conflict that comes with some reality TV.

"I think the realness is what has hooked people in so much," Boris said. "And sometimes the real life is way more dramatic than anything you could write."

Watching families trying to live their lives while constantly worrying about a trade or demotion to the minor leagues is something that makes the show interesting, Boris said.

"Maripier Morin, who is dating Brandon Prust, finally got her marriage proposal which she had been dying for, and then like a week later while in Italy he got traded to Vancouver, and she's stuck in Montreal because that's where her career is," he said. "That is way more interesting than a fake over-produced feud between a couple of gold diggers who spend their days getting face lifts."

Hockey players are often known as private people and sometimes known for cliché answers in the media, so Boris is happy to bring out another side of some of these guys.

"Pro hockey players are typically very private and this show is a really exclusive look into their lives which I think is fascinating,"Boris said.

Boris also wants people to know that hockey players and their wives, despite the high salaries and high profile lives have their day-to-day struggles just like the rest of us.

"I think people also love seeing that not everyone is making millions a year and winning tons of Stanley Cups," he said. "It is a real struggle for many, and who doesn't love to watch others struggle? I sure do.

"I'm sure it's changed the way some people look at hockey wives."

Boris added it's a wide demographic of people that are watching the show.

"I'm not totally surprised by how many people seem to be watching and enjoying the show, but I am totally shocked by how many straight guys tell me they love it," he said. "Although they almost always say they only watch it because their wife just



SUBMITTED PHOTO

"Hockey Wives" director Trevor Boris, pictured left, in Quebec City with Vancouver Canucks player Brandon Prust and Maripier Morin while taping an episode of "Hockey Wives" on Christmas Day. Boris, the Selkirk born comedian, writer and producer is the director of the W Network's hit show.

happened to have it on. Sure."

The best part of creating the show for Boris is hanging out with the players because he has always been a hockey fan.

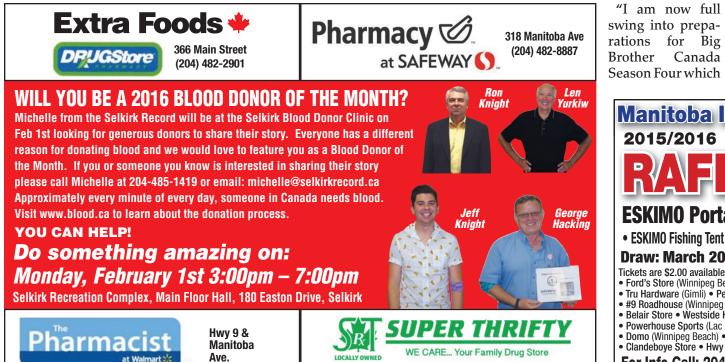
"I'm such a hockey nerd that working on this show has been a total dream. The guys have cooked for me, I've spent Christmas with some of them filming for the show. I'm basically a hockey player myself now."

Boris is definitely making waves in the entertainment industry in Canada. starts soon. I'm now a senior producer on the show, so besides running the challenge department, I now have a lot more input into the series creative as a whole, and this season is going to be amazing. Trust me."

He hopes to come back to Selkirk soon, but joked that he is still waiting for a very special invite.

"All my family is still in Selkirk so I come through a few times a year, and I'm still waiting to be asked to be the parade marshall for the Selkirk parade. I keep that weekend free every year but never get asked. One day."

"Hockey Wives" was renewed for a second season and is currently running on the W Network.



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Just ask



Investigation busts 3 moose hunters for illegal kills: Province

By Lindsey Enns

Three men from the Manigotagan and the RM of St. Clements area are facing a long list of illegal moose hunting charges and other offences following a three-year undercover investigation, the province says.

The Manitoba Conservation and Water Stewardship special investigations unit says it has concluded a three-year investigation into the illegal harvesting of moose on the east side of Lake Winnipeg including an area that is closed to hunting.

Conservation officers learned that non-status hunters had been illegally hunting moose and attempting to involve status hunters to cover the illegal activities by claiming they killed the animals themselves, according to a release last week.

Wesley John Bell, 65, of Manigotagan, is facing nine charges, John Curtis Thomas, 44, of the RM of St. Clements, is facing five, and John Howard Wood, 74, of Manigotagan is facing three, according to the release.

Manitoba Conservation Minister Tom Nevakshonoff said this isn't the first time this has happened in Manitoba and it sadly won't be the last.

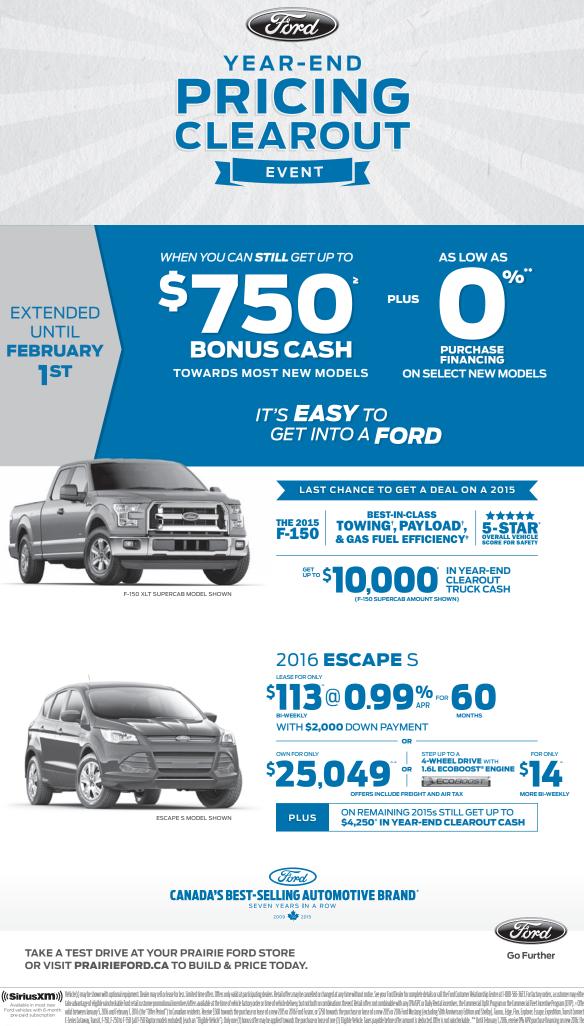
"You can make all the laws in the world but there are still people out there who will choose to break them," Nevakshonoff said. "That's why we have special staff dedicated to this kind of work."

Although Nevakshonoff said he couldn't speak directly to the charges the three men are facing, a provincial release stated that on Jan. 18, conservation officers served summons on three individuals in the Manigotagan and East Selkirk area.

The moose population in Manitoba's east-central area, encompassing all portions of Game Hunting Area (GHA) 26 and portions of GHA 17 have been in decline for a number of years.

Several remedial restoration projects are currently in place, aimed at increasing the population including full and partial closures to moose hunting in GHA 26 affecting both licensed and rights-based hunters.

Anyone with information about illegal activities is asked to call their local Manitoba Conservation and Water Stewardship Office or the Turn in Poachers (TIP) line at 1-800-782-0076 (toll-free).



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Career fair helps students weigh their options

By Dave Baxter

For the second year in a row, students at Walter Whyte School got to spend a day thinking about what they would like to be when they grow up.

The Walter Whyte School Career Fair saw a range of professionals set up displays and talk to kids at the school in Grand Marais last Friday.

Walter Whyte School principal Gloria Juvonen said it is crucial to get students thinking about career paths at an early age.

"It gets them thinking about careers, but it also gets them thinking about what they can start to do to get prepared for a possible career," Juvonen said. "It's something they can think about early in life, and it can create a focus for students if it puts them on a certain path."

Professionals at this year's fair included a radio DJ, an RCMP officer, a baker, a hairstylist, a machinist, a business owner, and a physiotherapist.

The fair is also a chance for students to see what skills they have.

"It's neat how some of the presenters can see pretty quickly which kids have a knack for what they are presenting," Juvonen said.



RECORD PHOTOS BY DAVE BAXTER

ABOVE LEFT: Walter Whyte School student Lance tries decorating cookies during the Walter Whyte School Career Fair baker workshop last Friday. ABOVE RIGHT: Physiotherapist Dorotea Cassels shows a student at Walter Whyte School how the spine works during the school's career fair last Friday.

Some of the school's older students also set up their own displays to showcase careers they want to pursue. Grade 9 student Nick Gallwey said he already knows exactly what he wants to be when he grows up.

"I've always been a dinosaur fan and I've gone out and collected fossils, so I'd like to be a paleontologist," Gallwey said. "From the moment I saw 'Jurassic Park' I was interested in dinosaurs, and you can learn a lot about the world we live in by studying dinosaurs."

Grade 6 student Jessie Thomas said she wants to be a baker because she

wants to make a career out of something she likes to do.

"When I'm older I want to do something I love,"Thomas said."And if you get paid doing something you love I think that would be awesome."





Comp grad, visual artist to offer classes in Selkirk

Gwen Fox Gallery to host 'Making Marks' classes for youth starting next month

By Jill Doolan

The Gwen Fox Gallery is thrilled to announce that acclaimed contemporary visual Winnipeg artist, Erin Senko (Brown), a former Comp graduate, will be returning home to offer art classes to youth in our community.

The class, entitled "Making Marks," will introduce students to unconventional ways of drawing without pencils, using metal tooling, print making and wire sculpture.

Senko said she's excited to be visiting home but this time as an instructor.

"The first painting I ever sold was through the Gwen Fox Gallery. I found out later that the buyer was my uncle," Senko said with a laugh," but it was a great experience."

Senko has made quite an impression on the art world since she received her Bachelor of Fine Arts Honours from the University of Manitoba in 2009.

In the summer of the same year, she won an international competition to participate in an internship at the Smithsonian's Hirshhorn Museum and Sculpture Garden in Washington, D.C., where she worked as a member of a professional team in preserving the museum's sculpture collection.

Senko has also received a number of prestigious commissions for her magnificent sculptures. In addition to

paintings and sculptures for corporate and private collections, she was commissioned by the Winnipeg Citizens Hall of Fame in Assiniboine Park to create busts of Terry Fox, Sir William Stephenson and Sir Augustus Nanton. Her latest sculpture for the Hall of Fame was installed in Assiniboine Park in 2014.

Another of her bronze sculpture commissions of Sir William Stephenson is permanently installed at Juno Beach Centre and in Canada House in London.

Senko was invited to go to London and Normandy to present her statue of Sir William Stephenson to the Canadian Embassy there. This statue is now presented to one of the country's top spies each year.

There is a beautiful mural of a Spanish dancer outside the Spanish room at the Comp that bears testimony to Senko's talent when she was a student here.

Senko confesses that she used to draw her teachers in school as they taught her.

When not travelling across the country to have a bronze sculpture cast, Senko lives and works in Winnipeg, maintaining a professional studio.

She's also gained experience working with youth in the inner city of Winnipeg having worked with "Help-



SUBMITTED PHOTO

Erin Senko (Brown), a former Comp graduate and acclaimed contemporary visual artist will be offering a four-part "Making Marks" class for youth at the Gwen Fox Gallery starting on Feb. 6.

ing Kids Make Art" for Art City.

She is now bringing both her experience and expertise back to Selkirk.

The four-part classes Senko will be teaching in Selkirk will include youth ages 11 to 14, which will be held at the Gwen Fox Gallery.

The classes will run from 12:30 p.m. till 3:30 p.m. on the first Saturday of each month, beginning on Feb. 6, 2016. for Selkirk's Gwen Fox Gallery

For further information about the class and registration, contact the Gwen Fox Gallery via email at gwenfoxg@shaw.ca or leave a message at 204-482-4359.

We recommend signing up early, as class size is limited, and we anticipate it will fill up fast.

- Jill Doolan is on the board of directors

nation rooms, the new Interlake-East-

ern RHA mobile clinic will allow staff

to offer services ranging from regular

checkups to treating minor ailments

and helping people manage a chronic

disease or other serious conditions.

Interlake-Eastern region New mobile clinic to serve

Staff

The last of three mobile clinics is set to arrive this month in the Interlake-Eastern region and clinic staff will begin seeing patients in early 2016.

Starting in early 2016, the Interlake-Eastern mobile clinic will gradually introduce services in the communities of Gypsumville, Seymourville, Prawda and Grand Marais initially and it will visit more communities over time. Although the mobile clinic will stop in these initial communities, residents in surrounding communities are welcome to access mobile clinic services.

"Mobile clinics are primary care clinics on wheels that give Manitobans in rural communities a convenient option for their health-care needs closer to home," Health Minister Sharon Blady said in a release last week."Our government is proud to now have three mobile clinics to serve Manitobans living in rural communities and provide even better access to quality

care no matter where they live."

Blady added the work to date with communities and Regional Health Authority (RHA) will help staff prepare for the arrival of the mobile clinic.

"We feel quite fortunate to be able to offer the mobile clinic as an option to residents in our region who will benefit from its accessible and reliable health-care services," Interlake-Eastern RHA CEO Ron Van Denakker said. "We thank our partner communities for their work invested with us to prepare appropriate sites to regularly host the mobile clinic and all of the requirements that come along with something so unique as a mobile clinic."

Staffed by nurse practitioner, a registered nurse and a driver, and equipped with two exami-











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'Lady Luck' makes for a great day of angling

Hello again my friends. Two weeks ago I met a totally unique sportsman whose life is completely dedicated to fishing. Otto Sonnenmoser is a tall, rugged Missouri man whose adventuring nature led us to him and winter fishing in Manitoba.

I met Otto on a cold sunny day on Lake Winnipeg's ice and asked him if he would share some of his life and fishing experiences. We sat in "old red" as he told in a raspy voice how his uncle, an ocean charter fishing guide in California had taught him to love everything about fishing and so as Otto grew up his passion for fishing became his life.

His humor showed as he first went into a story of a time when he took an old-timer, Charlie, crappie and bluegill fishing in a pothole lake near home. Old Charlie declared as they sat in the boat waiting forever for a bite that if cows were standing, the fish would bite and if they were lying down they wouldn't. Otto could clearly see some neighboring cows standing which compelled him to point out that the fish should be biting.

The old-timer got a sly smile and with his southern humor said, "Well, you know, you can never really trust a cow," Otto continued. When he was fishing in one of the home pothole lakes with the winter ice only six inches thick, he went sight fishing with a black pop-up cover.

After a couple of hours in the dark he felt water on his boots. He threw the pop-up away to see the hot spring sun was melting the ice around him. Quickly collecting his gear he crawled for shore only to fall through the ice. Clawing shoreward his feet finally touched bottom and he lived to fish another day. Otto's love affair with Lake Winnipeg's ice fishing started years ago when he contacted a fishing guide who took him to Balsam Bay. He laughed telling how those first three days of ice fishing were like a "bap-



RECORD PHOTO BY ARNIE WEIDL

Adventurer and extrodinary sports angler Otto Sonnenmoser from Missouri with some of his daily catch along side his "Wilcraft."

tism-by-blizzard."

The guide had him sitting out in the open in a raging storm over his ice hole as shacks were being torn up and rolling in the wind like tumble weeds. Snow lashed his face, yet in his heart he had never felt more alive and to this day he feels it was the best three days of his life.

Now, for a month each winter as Otto sits fishing in his pride and joy, a goanywhere "Wilcraft", he says he feels like a Canadian. We had been talking for some time in my truck and as Otto now more at ease reckoned he was kind of a loner. He never married. He thinks only of fishing every day and even now is dreaming of summer fly fishing. Days later, the last time I saw him, he was fishing on the Red across from Don McDougall's, his friend in Selkirk. I so admired seeing him in his element, happy and content. What a guy.

Talking about Balsam Bay, I was there a couple of days ago and was only able to get on the ice to angler Paul Massey of Winnipeg because of Selkirk's Buus Construction. They had blocked off the harbor for dredging, so thoughtfully, they made a side road

to the ice for us. Paul hadn't caught any fish during our visit but was ready with a story of when he was boat fishing with his wife last summer on the Red.

She had put her rod on her lap to get a sandwich when just then a hooked fish pulled her rod into the water. She was not one to be stolen from and jumped into the water, sandwich and all retrieving her rod and a nice pickerel to boot.

According to William Vandersteef of Fisher Branch who I met off Sandy Bar by Riverton last week a similar "fish reclaiming" happened to him when he was fishing at Lake St. Andrews. He had caught a mess of jacks but the string got loose from the boat and he lost them. He went back to shore for lunch and upon returning to fish some more; with his first cast he snagged his lost string of fish. Sometimes determi-

nation or "Lady Luck" will get you a great day of angling. Well, so-long till next time folks.



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Tears, laughter shared at celebration of life for Pawley

By Austin Grabish

Howard Pawley is being remembered for a blue twinkle he had in his eyes and the lasting influence he left on Manitoba.

Tears and laughter were shared as memories of Manitoba's former premier were told during a fitting afternoon tribute for Pawley at the Manitoba legislature last Saturday.

The hour-long celebration of life saw about 200 people come out to say one last goodbye to Pawley.

His family said the second floor room at the legislature where the celebration of life was held was where Pawley would have wanted it.

His wife Adele said her husband always regarded himself as a Manitoban who was "deeply honoured" to serve as premier and Selkirk's MLA for 19 years.

"This room holds a lot of memories," she said, while standing strong in front of the tightly packed room.

Premier Greg Selinger said the way Pawley dealt with people is what he'll remember most about him.

"He was always a very good listener, very respectful of people, and he always used the experience he had with people to find a better way forward in doing something," Selinger said.

Choking on his words, Selinger said some felt Pawley's consistent desire to listen to others was a weakness.

"I disagree," Selinger said. "His listening to others allowed him to formulate an even more sophisticated way forward consistent with our values."

Selinger said Pawley was well ahead of his time when he fought for changes to Manitoba's labour and human rights code.

Muriel Smith, Manitoba's former deputy premier, was the first female to hold the title in Canada thanks to Pawley.

"He saw my feminism and that of our



RECORD PHOTOS BY AUSTIN GRABISH

ABOVE LEFT: Adele Pawley closes her eyes during a celebration of life for her late husband Howard Pawley at the Manitoba legislature last Saturday. ABOVE RIGHT: Justice Murray Sinclair speaks during Pawley's celebration of life last Saturday. Sinclair said he lost his best friend when the former premier and Selkirk MLA died on Dec. 30.

other women colleagues as a strength not a threat, and (because) of that he was unusual for the time," Smith said. Smith said Pawley's work with human rights continued during life after politics.

She said he visited Chile to help work on the human rights front and would have conversations about politics and human rights at McNally Robinson when visiting in Winnipeg.

"Still open, curious, and passionate always with that twinkle in his eye," she said.

Justice Murray Sinclair said he lost his best friend when Pawley died on Dec. 30.

Sinclair became friends with Pawley while finishing high school and working at the Selkirk Friendship Centre.

"He always supported everything that the friendship centre in Selkirk did, and whenever there was an activity he would always attend," Sinclair said.

Sinclair went on to work for Pawley during the 1969 provincial election, and Pawley later appointed Sinclair to the bar making him Manitoba's first aboriginal judge.

Sinclair said it was Pawley's influence that led him to law school.

"We always kind of had a secret ambition ultimately of practicing law together, but it never did come about," he said.

A rumble of applause filled the room as Sinclair recounted seeing Pawley, almost at age 80, rallying against the Tories' controversial Bill C-51 with a bullhorn in hand.

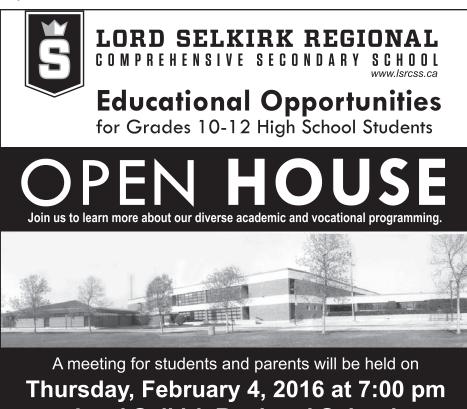
Jay Cowan, a close friend to the Pawley family, said Howard accepted everyone but never the conditions that they were in. "Howard accepted people as they were, but he was not about to accept society as it was," he said.

Pawley's daughter Charysse said her family is grieving, but the support of friends, family, and the public has helped them push through.

"Having the love and support of people that we've known for years to come and share with us during this time is really comforting," she said.

The service ended with *Imagine* by John Lennon.

Pawley's family and close friends gazed at a screen with the former premier's portrait while the song played.





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Task force aims to prevent fentanyl abuse

By Dave Baxter

Marie Walker never wants another mother to go through what she went through.

Walker's daughter passed away in 2009 at the age of 26 and an autopsy revealed she died from a fentanyl overdose.

Walker is now raising her daughter's three kids and went through emotional turmoil and suffering after her daughter died.

"I suffered through depression af-ter," Walker said. "Everything goes through your head and you ask what more you could have done, so it takes a long time for the brain to turn off. It's been very hard."

The Selkirk woman said what has saved her and her husband is raising the children her daughter left behind.

"I'm at the point now where I've accepted it and want what's best for the kids," she said. "That is my focus and that saved us, because I always say to my husband 'where would we be?'

"I should be retired but I'm starting over as a mom, but you just do it. My daughter would want this. She would not want her kids to be anywhere else."

On Jan. 13, the Manitoba government announced they are investing \$500,000 and have created a new task force to lead a "co-ordinated prov-



RECORD PHOTO BY DAVE BAXTER

Dr. Joss Reimer of the Winnipeg Regional Health Authority shows a naloxone kit to members of the media on Jan. 13. The kits are now being made available for emergency overdoses in Manitoba.

ince-wide response to growing concerns over the illegal use of fentanyl." Fentanyl is a powerful synthetic opi-

od narcotic typically used for terminal cancer patients, and the province said the problem with the drug is not yet as serious as it

WINDS &

is in some other

provinces, but they want to be"proactive" in fighting it because it can kill, and kill quickly.

"While fentanyl is comforting to some Manitobans in pain, it is ruthlessly killing others," Attorney General Gord Mackintosh said."We have to resolve the risk of fentanyl becoming an explosive challenge that under-



Deadline: February 20th, 2016

mines this great province."

Mackintosh said that while some drug users knowingly use the drug, others use it without knowing because it is mixed into other drugs such as cocaine.

Back in September Winnipeg police confirmed a Winnipeg man who died from a drug overdose in August was using cocaine mixed with fentanyl.

The Manitoba Fentanyl Task Force will address issues starting with the launch of an awareness campaign to inform the public of the dangers of the drug.

In addition to the awareness campaign, the province will also make naloxone kits accessible for emergency overdoses. The kits can be used to counteract the effects of an overdose.

The task force will also develop a plan to distribute naloxone more widely across Manitoba.

The second phase of the task force plan will focus on expanding supports available to all opioid drug users through reduced wait times for assessment and addictions treatment across the province.

Walker originally wondered if her daughter's death was a murder and still wonders how the fentanyl ended up in her system.

"When we got the autopsy back there was a very high amount of fentanyl in her system, so it still haunts me," she said.

Walker said her daughter was working towards positive goals just before she died.

"She was 26 and going to school, taking nursing. She had goals, and she did a lot with her kids. Her kids were her life."

Walker said she knows the province's new taskforce won't be a quick fix, but she is thankful they are doing something to prevent the spread of fentanyl use.

"That is a good idea. We need to start with prevention and education, and we need to get people in for addictions treatment faster," Walker said. "It's too hard to get help, so they have to start somewhere."

Walker also wants local schools across Manitoba and parents to talk with their kids about drug use.

RCMP spokesperson Kevin Brosseau said back in September that fentanyl is also starting to show up in smaller and more remote Manitoba communities.

Walker said she knows drugs are a problem in smaller cities like Selkirk, and in rural areas, and she hopes the resources the province is offering are accessible beyond Winnipeg.

HD500 to raise funds for Huntington's disease

By Lindsey Enns

Next month, 24 snowmobile enthusiasts will take to the trails for a twoday trip for a good cause.

Brett Mitchell of Selkirk is the organizer behind the HD500, a two-day trip from Lockport to Bird Lake and back to help raise funds for Huntington's disease care and research.

Mitchell said the annual event is held in honour of his father, Lloyd, who worked for Bombardier for about 20 years and died from Huntington's disease in 2009.

"Normally with this disease once you begin getting symptoms it's about 30 years before you succumb to the disease," Mitchell said. "His symptoms began in his late 20s and he passed away at 78 so he sort of beat the odds.

"He was a real fighter."

Huntington's disease is an inherited brain disorder that causes cells in parts of the brain to die.

As the brain cells die, a person with



RECORD PHOTO BY BRETT MITCHELL

Snowmobilers line up for the HD500, which raises funds for Huntington's disease in this 2014 photo. This year's ride will take place on Friday, Feb. 26 and 27 with hopes of raising \$10,000 for Huntington's disease care and research.

Huntington's becomes less able to control movements, recall events, make decisions and control emotions. The disease leads to incapacitation and eventually death generally due to other health complications. "It's not a disease that you go through alone," Mitchell said, adding many advances in research have been made over the years but there's still no cure."He and my mother struggled with this thing for 50 years." This year marks the third annual HD500 and Mitchell said they are hoping to raise around \$10,000.

"This year we will really take the event to the next level," Mitchell said. "Progressive Waste Solutions has made a huge commitment and will be the event sponsor.

"Steeltown Ford of Selkirk has stepped up as the food and beverage sponsor of this year's ride."

This year's 500 kilometre ride will take place on Friday, Feb. 26 and Saturday, Feb. 27.

The ride will start on Feb. 26 at Gaffer's in Lockport then continue on to Bird Lake for the night before heading back on Feb. 27.

Mitchell said all 24 spots for the ride have been tentatively sold out but those interested in being put on a waiting list or making a donation can do so by visiting hdmanitoba.ca.

All funds raised will go to the Huntington Society of Manitoba.

Foundation continues push for dedicated stroke unit

By Lindsey Enns

The Heart and Stroke Foundation,

along with stroke neurologists and the Canadian Stroke Consortium are continuing their push for provincial support for a dedicated stroke unit in Manitoba.

Elizabeth Ready, provincial advisory board chair for the Heart and Stroke Foundation in Manitoba, says the foundation has been advo-

cating for this for more than 10 years and Manitoba is the only province in Canada without a stroke unit.

Although they've received some verbal government support, they are waiting for a firm funding commitment and a time line.

"It's about time," Ready said. "Although there has been some discussions back and forth ... there hasn't been a firm commitment."

Ready said costs associated with the unit and where it will be located in Winnipeg will be up to government and health authorities once a funding commitment is made.

"We just think that they should be saying a time line ... and be putting resources to it," she said.

Although the province has made a commitment to make Telestroke available across Manitoba before the end of 2016, a stroke unit would help support that initiative, Ready said. "We want people to realize they're

not getting the best care," she said, adding she encourages Manitobans to contact their MLA's expressing their support for a dedicated stroke unit. If elected in April, the provincial Liberals have pledged to establish a dedicated stroke unit. The NDP government has also stated

that plans for a unit are already in the works

"It's one of the first things that we've talked about. I have been working with the (Winnipeg Regional Health Authority) and the department to see how we could roll something like this out," Health Minister Sharon Blady told *CBC News* in December. "It's something that's really important to do prudently."

The Liberal plan states the unit would be based in Winnipeg and would cost an estimated \$7.5 million per year. It would also save about \$70 million in health-care costs down the road, according to the party.

A stroke unit is a specialized hospital unit dedicated to the care and management of stroke patients and is staffed by an interprofessional team that has specialized training in stroke care. This early expert care has an impact on how well a patient continues to recover further down the road, Ready said.

Ready added stroke units increase the odds that a stroke patient will survive, return home and regain independence.

The Canadian Stroke Consortium, the national professional organization for stroke, is also strongly in favour of a Manitoba stroke unit as this will bring the province in line with the Canadian Stroke Best Practice Recom-

mendations. "It is absolutely clear a stroke unit is crucial for a city the size of Winnipeg. Manitoba's stroke patients deserve to receive the same quality and timely care that Canadians are experiencing in other provinces across the country," said Dr. Andrew Demchuk,

Deputy Chair, Canadian Stroke Consortium, and Director, Calgary Stroke Program.

There are an estimated 62,000 strokes in Canada annually and approximately 2,000 strokes in Manitoba alone each year, roughly six each day.



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Centre aims to attract 'world-class professionals'

Health, wellness facility to serve Interlake region

By Dave Baxter

A new health and wellness centre coming to Selkirk should have no problem attracting "world-class professionals," according to its developer.

Neil Winther, a spokesperson for Herbsman Inc. the developer behind the clinic, said the facility itself will be the reason medical professionals will want to work here.

"I'm not sure if people realize how major this will be," Winther said. "It's 16 acres of land.

"The group is visionary and if you build a world-class facility you will attract world-class professionals."

Winther said he believes the fact that so many different professionals can work under one roof will also be attractive.

"The concept of one medical facility that is one-stop shopping with doctors and dentist and so on is an attractive place for people to work, and you recruit people into the right culture and the right opportunity to expand their career."

The design of the building is another reason Winther believes the facility will attract both doctors and patients.

"It's not going to be just a metal box. It's going to feel like walking through a town with storefronts, and sort of have a feel like The Forks in Winnipeg," he said. "It's going to have character and focus on the things that inspire and stimulate people."

Last Monday the city announced they had sold three lots of the new Selkirk Business Park to a local developer who will build the Easton Place Medical Centre on 16.49 acres of land.

The first phase of the centre will feature a medical clinic that can accommodate several physicians including family doctors, and visiting specialists, as well as dentists, orthodontists, audiologists and associated services.

The second phase of the clinic will consist of a wellness centre and Winther said they are already seeing opportunities to work with the Selkirk Mental Health Centre.

"We see great opportunity to integrate those services with the wellness centre," Winther said. "We know fitness and recreation can have a significant impact on people's mental health. We see some great opportunities."

The wellness centre will run as a not-for-profit and Winther said they will talk to community members before designing it.

"It's a legacy project and the goal is to give back to Selkirk, and if you connect with the people you always get a better product, so we will have meetings and invite them to give their input."

The clinic and the new hospital will give people in the Interlake less reasons to go to Winnipeg for health care and could also attract Winnipeggers to Selkirk, Winther said.

"I would say there is nothing like this even in Winnipeg," he said. "I don't know of another one that is across the street from a hospital and a mental hospital." Selkirk CAO Duane Nicol said both the clinic and the new hospital currently under construction has Selkirk officials hopeful they can attract more medical professionals, which is an ongoing challenge in rural Manitoba.

"One of the things that attracts medical professionals is access to the latest technology and equipment," Nicol said. "So people may be concerned, but I think what it will do is help to attract more doctors."

Having to travel far distances to get to work or move to rural areas are not the reasons medical professionals often don't want to work outside of Winnipeg, Nicol said.

"It's not because they don't want to go to the rural areas, it because they didn't have the technology in the rural areas that they trained on, and a collection of professionals they could rely on."

The first phase of the new Easton Place Medical Centre is expected to be complete by the spring of 2017.

Gov't boosts education funding for indigenous students

\$1M in targeted funding aims to fill achievement gap, Allum says

By Lindsey Enns

The province is investing more than \$1 million to help ensure indigenous students are more successful in school, according to Education and Advanced Learning Minister James Allum.

"We are committed to moving forward in the spirit of reconciliation in our schools by making sure that indigenous students have the supports they need to be more successful in school," Allum said in a release earlier this month. "The Truth and Reconciliation Commission's final report makes clear there is an achievement gap for indigenous students across Canada. In Manitoba, we're committed to making targeted investments

and doing our part to close this gap."

Allum said the province will also be releasing information about indigenous student's achievement in hopes of closing the gap among their nonindigenous peers.

The province's new website will make data on academic achievement, including achievement data broken down by gender and selfidentified Indigenous pupils, available for the first time.

"Many indigenous students in our public schools are not experiencing the success that they deserve," Allum said. "We want every student in Manitoba to have the opportunity to excel and we are committed to working with teachers, parents, schools and First Nations partners to see this happen."

The new targeted funding includes \$500,000 to provide transition supports for students leaving First Nation schools to attend public schools and another \$500,000 to increase funding to the Aboriginal Academic Achievement grant that that helps indigenous students with literacy, numeracy and culturally appropriate learning. The province is also increasing funding to \$375,000 to support the Martin Aboriginal Education Initiative and pilot a model school for First Nations students that incorporates traditional languages and targeted literacy supports.

Lord Selkirk School Division Supt. Scott Kwasnitza said he's pleased to see the province is acting on some of the recommendations made by the Truth and Reconciliation Commission.

"Any additional funding targeted or otherwise is always a positive thing," Kwasnitza said. "That is a difficult transition for any student to make when they leave their home community." Continued on page 13



Selkirk artist vying for Just Watch Me! contest win

By Lindsey Enns

What started out as a way to deal with his anxiety and depression has quickly turned into a small business for Rene Bruneau.

The Selkirk resident started making hats and scarves out of felt for family and friends as Christmas gifts in December and is now selling his colourful creations in local stores.

"I tried for a long time to work in the hospitality industry and after a lot of failed attempts I realized that there was something else that I could do in life," Bruneau said while sitting inside Benjamins Fine Foods last Thursday where some of his hats and scarves are now for sale."Once I decided that I wanted to devote my time to a business and what I was doing I started getting recognition.

"I've had a lot of support that way and it all happened very quickly."

In hopes of sharing some advice with other entrepreneurs living with disabilities, Bruneau entered this year's Just Watch Me! video contest.

The contest is open to any entrepreneur who either has a self-identified disability or ongoing health conditions and is operating a business in either rural Manitoba or Saskatchewan.

Contestants have a shot at multiple monetary prizes ranging from \$250 to \$1,000.

Video entries closed on Jan. 20 and on Feb. 3 the top four finalists will be announced by a judge's panel.

Public online voting will begin on Feb. 4 at 10 a.m. and will end on Feb. 16 at 10 a.m. A winner from Manitoba and Saskatchewan will be announced on Feb. 18.

Contestants either enter the seasoned category or start up category, which is what Bruneau's business falls under.

"Anybody who's been in business for less than a year is in our start up category," said Susan Bater, Entrepreneurs with Disabilities Program manager and contest spokesperson. "We welcome people to go to our website and it would be fantastic for people to vote."

To vote starting Feb. 4, visit justwatchmecontest.ca/.

The contest was started in 2011 as a Community Futures Entrepreneurs with Disabilities Program initiative across Western Canada.

The first contest winner was Chris Gaulin owner of Wi-Fi Country Inc., which provides wireless Internet in rural Manitoba.

In 2012 the contest evolved into the Prairie edition for both rural Manitoba and rural Saskatchewan. The 2012-13 winner was Candace Lipischak, owner of Productions Canart Productions, a graphic design and desktop publishing company in Otterburne, Man. In 2013-14 the winner was Taylor Layton of Taylor's Recycling Pick-up in Outlook, Sask. And in 2014-15 Sydney Deneka creator of Kozy Kritters by Sydney from Beausejour won the contest.

Bruneau said so far the contest has been great exposure for his business and he's now branching out and making more items out of felt. To contact him about his pieces, email him directly at rnbruneau0@gmail.com.

"I make pretty much anything that someone wants that can be made out of felt," he said. "I make rugs, I make wall hangings, I do a bit of art installation right now that I'm experimenting with."

He said what got him into felting in the first place was a woman he met while he was living in B.C. She was selling her felting equipment so Bruneau said he wanted to give it a try.

"It was like I'd done it before," he said. "I've been learning on my own ever since."

Focusing on his art has also helped him make strides when it comes to managing his anxiety and depression.

"My art is what gets me through that," he said. "Once I realized I could support myself and be my own boss I got a sense of self worth and my own strengths."

> NEW FUNDING AVAILABLE ACROSS MANITOBA, FROM PG. 13

When the TRC closed in June 2015, it issued 94 calls to action including seven specifically related to education and being more open about indigenous academic achievement.

"Supporting indigenous students is one way we can put reconciliation to action," Swan River MLA Ron Kostyshyn said in a release. "We want every single student to have the opportunity to succeed, and I know many First Nations and Metis families in the Swan River area will be very happy to receive more support."

Indigenous students in provincially funded public schools across Manitoba will be eligible for the new funding, including students in Swan River, Winnipegosis, Grand Rapids, Duck Bay and other communities throughout the Swan River constituency.



RECORD PHOTO BY LINDSEY ENNS

Rene Bruneau of Selkirk stands next to some of his creations made out of felt inside Benjamins Fine Foods last Thursday.

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heating may cost more up front but, lower operating costs will quickly pay back your investment.

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Transportation Board puts the brakes on Handi-Bus

By Austin Grabish

The Motor Transportation Board has shut down the embattled Selkirk and District Handi-Bus, at least for now.

A government spokesperson confirmed Monday that a notice was sent to the organization informing the para-transit service of new operating rules it must meet if it wants to continue running the bus service.

The spokesperson said the organization now requires an operating authority from the board, which is

similar to a special licence other bus services require in order to operate.

The notice comes on the heels of a joint funding cut to the organization by the City of Selkirk and the RMs of St. Clements and St. Andrews.

The spokesperson added because Handi-Bus is no longer receiving government funding, it does not fall under the Mobility Disadvantage Transportation Program leaving it as a 'a charter bus service,' which requires special licensing.

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The spokesperson said the change came when the City of Selkirk started Selkirk Mobility in September.

Under provincial rules, only one para-transit service in a community is allowed to get funding from the Mobility Disadvantage Transportation Program.

The spokesperson couldn't say why Selkirk Mobility suddenly qualified for the program while Selkirk and District Handi-Bus, which has provided transportation for clients in the Tri-

S area living with disabilities since 1982 was pushed aside.

Handi-Bus chair Brenda Johnston declined repeated requests for a phone interview on Sunday.

But in an email, Johnston said Handi-Bus was officially not closed.

"The board is restructuring and a meeting will be held at the end of (February) to further discuss the viability of our operation," she said.

City of Selkirk CAO Duane Nicol said Selkirk Mobility has stepped in to provide service for clients in St. Andrews and St. Clements that depend on Handi-Bus.

"The number one priority is minimizing the negative impact that citizens who need paratransit face during this emergent situation," Nicol said via email.

Nicol said once the situation has been "stabilized," the City of Selkirk will work with Selkirk Transit Authority and its two neighbouring RMs to determine next steps.

A statement on the RM of St. Clements Facebook page thanked Handi-Bus volunteers for their service over the years.

The RM said anyone with concerns about the Handi-Bus closure could write a letter to St. Clements council.

The Handi-Bus closure comes after news the organization ran a \$38,174.00 deficit in 2014.

The City of Selkirk, RMs of St. Clements and RM of St. Andrews split the cost of the deficit. It was finally paid off earlier this month.

All three municipalities stopped funding Handi-Bus last year after allegations of financial mismanagement were raised.

The organization's board maintains



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App Store

Province seeking additional permanent housing for refugees

The province is looking for additional housing for refugees moving to Manitoba due to conflict in their home countries, including those affected by the crisis in Syria.

At this time, median-market to mid-market rate units with three, four or five bedrooms are needed most, both within Winnipeg and in nearby communities outside the city.

Houses, apartments and condos are preferred, particularly those available for rent on a long-term basis.

Those with info on available units are encouraged to contact 204-945-6211 or refugeehousing@gov.mb.ca.

"Manitobans have come together to ensure that all refugees making their way to our province feel welcome and are well prepared to start their lives here," Housing and Community Development Minister Mohinder Saran said in a release earlier this month. "We continue to seek housing options for these families as a part of our work with local settlement agencies. We're asking property owners with appropriate options to contact us so we can ensure families are settled and moving forward as soon as possible."

When families arrive in Manitoba, they participate in orientation supported by Winnipeg-based settlement agencies which includes securing permanent housing that meets their needs.

The province has made 400 rental subsidies available to ensure affordability.

it's done nothing wrong and hired a lawyer to address the allegations.



Canadian Blood Services

it's in you to give

New meds added to Pharmacare program

Staff

Patients will have access to an additional 59 new drugs through the Manitoba Pharmacare program, including Fibristal for the treatment of uterine fibroids.

"Manitoba has one of the most robust pharmacare programs in the country," Health Minister Sharon Blady said recently."With these new additions, Manitobans will be able to save more on the medications they need."

Some of the other new drugs added to the formulary include:

• Aptiom for the treatment of epilepsy – a neurological disorder;

• Firazyr for the treatment of hereditary angioedema – a rare genetic disorder;

• Imbruvica for the treatment of lymphocytic leukemia;

• Xalkori for the treatment of lung cancer;

• Xtandi for the treatment of prostate cancer; and

• a new strength/formulation of Lodalis for the treatment of high cholesterol.

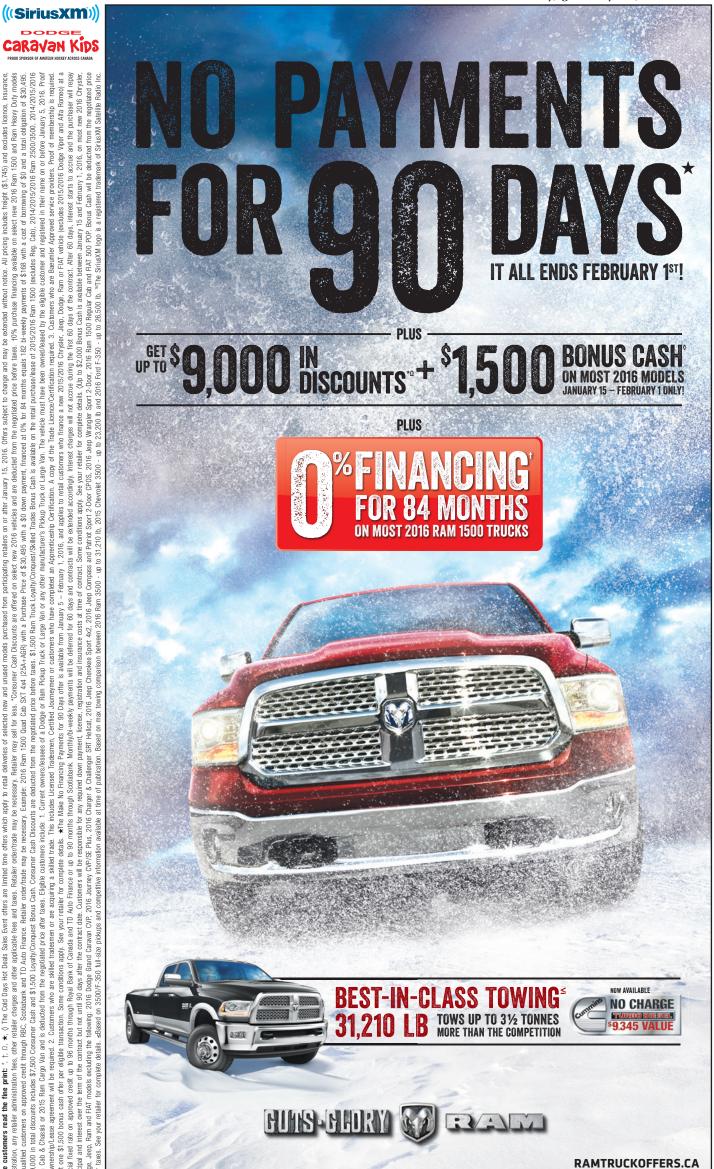
Of the 59 drugs added, 47 are generic medications. The minister noted the changes reduce the amount that would have otherwise been spent on higher-cost equivalent drugs by \$3.8 million. Coverage for the new drugs came into effect yesterday.

Blady said the addition of Aptiom, Firazyr, Imbruvica, and the new indications/strength for Xalkori, Xtandi and Lodalis to the formulary is a direct result of Manitoba's participation in the Pan-Canadian Pharmaceutical Alliance. The alliance brings provincial governments together to negotiate better prices on both brand name and generic prescription drugs, making them more affordable in the long term.

Over the last 16 years, approximately 4,800 new drugs, including those that treat epilepsy, cancer, and now uterine fibroids and hereditary angioedema, have been added to Manitoba's Pharmacare program.

Pharmacare is a universal, comprehensive prescription drug benefit program for Manitobans based on family income. It covers 100 per cent of eligible drug costs once the income-based deductible is reached, regardless of medical condition or age.

For more information on pharmacare, visit gov.mb.ca/health/pharmacare.

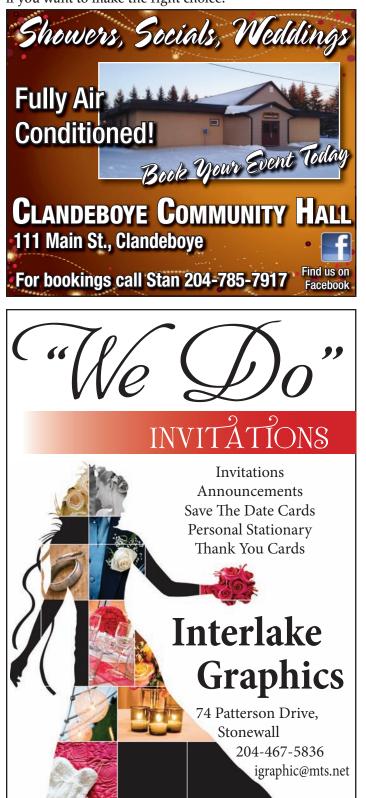






Wedding bands and accessories

Has the time come to pay a visit to a jeweler in preparation for your wedding day? Be sure to do your homework first, because several factors have to be taken into account if you want to make the right choice.



WEDDING BANDS

Wedding bands are the symbols of your union and must be chosen carefully. When searching for the perfect rings, your first step should be to set a budget and determine your preferences.

• The type of ring: solitaire (one stone); three stones set side by side; eternity or semi-eternity (stones set around a portion or the entire circumference of the ring).

- The metal: gold; platinum; silver; titanium.
- The stone: diamond; sapphire; ruby.

• The cut of the stone: square; elongated; heart; oval.

You'll be wearing your wedding band for a long time to come, so above all, make sure it's comfortable.

ACCESSORIES

Your choice of jewelry will depend on the style of your dress, but don't forget that the first rule of wedding jewelry is not to overdo it. If you're wearing a rhinestoneencrusted bustier, you're better off opting for earrings rather than a necklace.

If you decide to wear earrings, the style you choose will





depend on your hairstyle, the shape of your face — long earrings for a round face, for instance — the stones that adorn your dress and your hair ornament (wear small earrings with a big diadem).

If you want to wear a bracelet as well, be sure to choose something discrete. Your dress is a simple one? An extravagant necklace could look great, as long as it goes well with the shape of your neckline.

Now that you've established your criteria, it's time to go shopping in search of perfection.

Learn the art of choosing flowers

From the bridal bouquet to the decorations, flowers are going to be a major feature of your wedding. And not only do they create an atmosphere that is both festive and harmonious, they have to do it without breaking your budget. But don't worry; it's possible to achieve that goal with a bit of ingenuity.

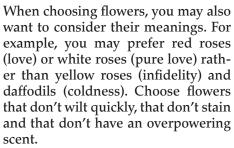




> FLOWERS, FROM PG. 16

Choose your wedding dress first; it will influence the creation of your bouquet. A patterned dress, for instance, will require a fairly discreet bouquet. You should also take into account your figure: if you are petite, you should avoid cascading bouquets, which are more suitable for tall, slender brides. And make sure your bouquet isn't too heavy, as you'll be carrying it for a long time.

You have a limited budget? Choose native flowers that are in season or exotic flowers that are readily available. Think foliage; it will add volume to your bouquet and it's inexpensive.



Once you've decided on your bouquet, it's time to consider the buttonholes, bridesmaids' bouquets and the reception hall decorations. All these elements should take inspiration

from your bouquet. You could use one of the flowers from your bouquet for the groom's buttonhole and similar but smaller bouquets for the bridesmaids and table centrepieces.

Need some inspiration? A professional florist is sure to have lots of great ideas to help you.







204-344-5675

Name

Brett Mitchell

Chad Balmer

Jenifer Bilsky

Christa Denoon

Michael Klassen

Rosalyn Church

James Allardice

Carol Manlow

Lesli Malegus

Philip Giles

Kayla Fidler

Dianne Little

Tessa Morelli

Matts Hanson

Coun. Ray Frey

Faisal Anwar

Coun. Stan Parag

George Hacking

Michelle Balharry

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Board of Director & Officer Elections

The annual election of the Selkirk Biz executive & board of directors was held on December 9 at Benjamin's Cellar. After the formalities, attendees enjoyed a Holiday Networking Reception. We are pleased to announce the 2016 team line-up:

Business

Selkirk Record **Sunlife Financial** Selkirk Journal Individual Kurtiss Krasnesky Scotiabank K5 Insurance Sunova Credit Unior Interlake Real Estate CIBC LSSD Royal LePage **Boston Pizza** Gramma Carol's Individual Marlin Travel Selkirk Individual **Rogers Selkirk** Selkirk GM Century 21 Selkirk Record Sylvia Magyar-Brambilla Noventis Credit Unic LSSD - Student LSSD - Student Coun. Robert Hogg RM of St Andrews **RM of St Clements** RM of West St. Paul City of Selkirk **Director - Appointed**

	Position
	President
	1st Vice-President
	2nd Vice-President
	Treasurer
	Secretary
	Director (Past-President)
n	Director
е	Director
	Director
<	Director
	Director
on	Director
	Director - Appointed
	Director - Appointed
	Director - Appointed
	Director - Appointed
I	Director - Appointed

Sylvia Magyar-Brambilla, Christa Denoon and Kurtiss Krasnesky will be joining us as new members - welcome!

A big Thank - You as we bid farewell to Jeremy Zdrill (Royal LePage Prime Real Estate) and Connie Rapko (Hair Fantasy) as they will not be rejoining our board in 2016. Our deepest appreciation for all your expertise, time and effort given to Selkirk Biz!



The place to l 1043 Kittson Road, Box 2 Group 35 RR1, East Selkirk, Manitoba R0E 0M0 Telephone: East Selkirk 1-204-482-3300 Winnipeg: 1-204-474-2642 Toll Free: 1-888-797-8425 Fax: 1-204-482-3098 Email: info@rmofstclements.com www.rmofstclements.com

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Upcoming Events

We are kicking off the year with some great ways to get you back into business shape. Mark your calendars now with great upcoming events:

New Member & Networking Night

– February 3

Our 7th Annual Networking & New Member Evening has now turned into part one of two fun nights to get you connected. Part one will be held at member Gaffer's Restaurant in Lockport at the Hook. This fun & social evening provides members with an opportunity to network and meet their fellow members. New members are also recognized and given the opportunity to introduce themselves and their business. Enjoy snacks, open pool tables and darts. Cost is \$22.00 per person (non-members are \$27.00), new members are free! (1 free entry per business). RSVP by February 1.

Speaker Series 2016

First one this year is being planned for the end of February with special guest Stefano Grande from Downtown Winnipeg BIZ. Stefano will be presenting



on revitalization and safety in the downtown area. He is excited to be coming back to Selkirk! Stay tuned for more details.

7th Annual State of the Region Address – March 23

Join us for this annual reflection on our region's successes and hear the opportunities that lie ahead in the coming year. Plan to have lunch with us, hear more about the state of our region and network with our community & business leaders. See poster in this feature for full details.

Public Election Forums – April 2016

Courtesy of Selkirk Biz, public election forums will be held to give the public an opportunity to hear candidates in the upcoming provincial election. Stay tuned for dates and locations....make an informed decision on April 19.

Annual Fair & Rodeo Parade – Saturday, July 16

For almost 50 years, Selkirk Biz has brought you this beloved community parade. Mark your calendars and plan to be either one of the 10000+ spectators or with one of the 80+ entries raising your profile and gaining new contacts. Be seen!

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YOUR REGULAR BIZ UPDATE - SIX TIMES A YEAR!

\$\$\$CHAMBER Dollars are here!

With over \$30,000 worth purchased since November, participating retailers can expect to see them often! Ensure your front line staff are informed on who takes them and how they work! All the details can be found at our website www.selkirkbiz.ca or by calling Selkirk Biz at 204-482-7176.

\$\$\$CHAMBER DOLLARS are quickly becoming the solution to gift giving...

- Flexible denominations made to order
- redeemable at several participating locations
- no expiry date makes them easy to give and redeem
- anyone can buy them and anyone can receive them
- EMPLOYERS....these are great for staff bonuses or recognition!

\$\$\$Chamber Dollars is a shop local program run by Selkirk Biz (formerly Selkirk & District Chamber of Commerce) to help keep dollars earned & spent in the local economy. Since the program's inception in 2003, approximately \$400,000 has been purchased!





Membership News

GREAT INCENTIVE TO JOIN...new members receive 50% off of the regular membership rates for the 1st year - join a growing, vibrant organization!

For a listing of all our members, visit our website www.selkirkbiz.ca

Why Join the Chamber???

Power of Affiliation of course:

- Advocacy
- Leads, Referrals & Networking
- Awareness & Promotion of Your Business
- Cost Reduction Programs
- Learning, Education & Development
- And more....join Selkirk Biz today!

New Member Night – February 3

Every year, and now twice a year, we invite our newest members (at no cost) to a fun night of networking! If you join prior to this January 29th, you can attend this event for free too! The following have joined us since July 2015 and we will be honouring them on February 3:

Angie's Delivery Artemis Pet Resort Belton Boisselle Benefits & Pensions Cheeky Leaf Individual Member Lazer Runner F4 Ltd. Noventis Credit Union Riverside Aircraft Maintenance Royal LePage Prime Real Estate Scotiabank- Kurtiss Krasnesky Stefan Jones - Liberal Candidate Selkirk Sydlora Transport Workplace Education Manitoba Angelica Graeme Oriana Jody Christa Charlene Sylvia Gary Tammy Kurtiss Stefan Brett Melodie

Szostak Crawford Reichart Thomas-Holtz Denoon Law Magyar-Brambilla Polinuk Loutit Krasnesky Jones Wideman Mueller

Did you know...???

Only members can receive great cost reduction on MTS data/long distance, merchant services and many more programs...just for being a member? The savings alone could pay for your membership! Call us today to find out more on the "POWER OF AFFILIATION"!

Around the Office - Who & Where We Are



ctor Civic Centre A 0W6 .ca SelkirkBiz kirkBiz



Proud Members of: Manitoba Chambers of Commerce, Interlake Tourism Association, Chamber of Commerce Executives of Canada









377 Main Street, Selkirk (Next to the Liquor Mart) **204-482-7800**





Winnipeg's top cop builds relationships in Brokenhead

Chief of police hopes to work with First Nations communities across Manitoba

By Dave Baxter

Winnipeg's chief of police says his duty to work with and support First Nations people and their communities goes far beyond Winnipeg's city limits.

"There needs to be a change from the way we were policing in the past," said Winnipeg Police Chief Devon Clunis, who made a trip to Brokenhead Ojibway Nation (BON) last Tuesday to spend time with the community's chief and council. "We look at indigenous communities and there is an ebb-and-flow between Winnipeg and those comminutes, so we need to go beyond just our borders."

Clunis said Winnipeg police officers have been travelling consistently to First Nations communities recently, and one of the reasons is they know many people in those communities could one day end up in Winnipeg.

"So it builds that relationship and helps to educate people in the communities about what they should be aware of when they come to the city, and we try to help promote economic opportunities," Clunis said. "Our mantra as the Winnipeg Police is crime prevention through social development and that starts with building relationships, and not just by waiting for people to come to us."

Clunis said Winnipeg police members who have travelled to BON in the past were so impressed with the community's Chief Jim Bear that he decided to personally make a trip out there last week.

"Chief Bear has been incredibly receptive, so I thought I would like to go out there and thank him personally so he knows how serious we are about this relationship building," he said.

Clunis and other officers from both the Winnipeg police and the RCMP also visited Sergeant Tommy Prince School while out in BON. Clunis said it is crucial to spend time with children in the community.

"In the past kids seem to want to run away from police, but I want kids to run to us," Clunis said."We are not the enemy. We are guardians of the community, and the ones they should feel



SUBMITTED PHOTO

Winnipeg chief of police Devon Clunis spent last Tuesday in Brokenhead Ojibway Nation with the community's Chief Jim Bear. Clunis said he plans to work with and support First Nations communities across Manitoba.

safe with.

"So we engaged then on their turf, so when they see us in the city that relationship has already been built."

Clunis also knows that the ongoing issue of missing and murdered indigenous women and men means police have to spend more time working with First Nations communities.

"My mindset is all about empowering people, and with an issue like that the solutions won't only come from outside a community," he said. "It's important to be part of the solution and teach people how to protect and care for themselves, and a big part of that is self-empowerment." tant to have people in his community build relationships with Winnipeg Police officers

"Our people travel to Winnipeg quite a bit, and we also have a high population of Brokenhead band members living in Winnipeg," Bear said. "So we try to get the mentality across to the city of Winnipeg that they should look at transcendent boundaries when they are trying to develop relationships."

Bear said he hopes to continue working with Winnipeg police and is also hoping to work with members of Winnipeg city council to strengthen the relationships between his community and the city.

BON Chief Jim Bear said it is impormunity and the city. Manitoba set to allow change of sex designation on marriage registrations

Staff

Manitoba continues to improve access for transgender individuals living and married in Manitoba with changes coming to allow change of sex designation on marriage registrations, Tourism, Culture, Heritage, Sport and Consumer Protection Minister Ron Lemieux announced earlier this month.

"In 2015, we eliminated the requirement to show proof of surgery so transgender Manitobans could change their birth documents," Lemieux said in a release. "We are continuing to implement further changes identified by the transgender community."

Effective March 1, the province will change the sex designation on a Manitoba marriage registration for eligible applicants, and will also issue a change of sex designation certificate to an eligible resident born outside of Manitoba if the individual is a Canadian citizen.

Lemieux said these amendments respect Manitoba's Human Rights Code and the changes to the Vital Statistics Act follow consultations with stakeholder groups and health-care professionals. He added Manitoba is joining a growing number of jurisdictions that allow for these changes.

"We are pleased to see the province continue to move forward with changes the transgender community has been asking for," said Mike Tutthill, executive director, Rainbow Resource Centre. "Changing one's gender identity is a significant step and it's good to know that the official steps or paperwork continue to be streamlined."



Asante Children's Choir tour set to stop in Selkirk Feb. 5



RECORD FILE PHOTO BY AUSTIN GRABISH

Members of the Asante Children's Choir from Eastern Africa perform in Selkirk in this 2014 photo. The choir is bringing their "Freedom Rising Tour" to Selkirk on Friday, Feb. 5 with an evening performance at the Comp.

Submitted

The Asante Children's Choir is bringing their "Freedom Rising Tour" to Selkirk next month.

On Friday, Feb. 5, the choir made up of children from Eastern Africa between the ages of eight and 14 years old, will return to the Comp for a special performance.

The choir was formed by Amon Munyaneza, who grew up as a refugee child when his parents were forced to flee Rawanda in the 1950s.

He had the opportunity to return to Rawanda in 1999, four years after the genocide that claimed more than a million lives.

He began with only \$30 to his name, and founded an organization to help the many orphans that he encountered in his home country.

As the effects of that organization grew, he saw the gratitude in the lives of the children that were touched by compassion and with his wife in 2007 founded the Asante Children's Choir as a means to say thank you as Asante is the Swahili word for "thank you." Each year, a group of children are selected for the choir. With much training and preparation, they make the journey to North America to share their thanks with audiences that can't help but get caught up in the sheer joy that emanates from their performance.

There is no cost for the concert, although a collection to assist with the costs of the tour is accepted.

Opportunity is also given for individuals to sponsor children in that part of the world.

The concert on Friday, Feb. 5 will begin at 7:00 p.m.

Although there is no charge, seating is limited.

To reserve seats, please call Selkirk's Knox Presbyterian Church at 204-482-6425.

The Asante Children's Choir is currently touring across Western Canada with several stops planned for Winnipeg next month. For more information or to view their tour schedule, visit asantecanada.ca.

Local woman wins GM Connect contest



RECORD PHOTO BY MICHELLE BALHARRY

Kristen Schacht, pictured above, of Selkirk, was the lucky winner of \$10,000 in the GM Connect and Win Contest. Schacht won her prize at Selkirk GM and the winnings went towards the purchase of her brand new Chevrolet Cruze.



GRAND OPENING!







Almond oat bars



Ingredients 1/3 cup (75 mL) oat bran or wheat germ

1/2 cup (125 mL) almond butter 3 tbsp (45 mL) pure maple syrup

3 tbsp (45 mL) unsweetened apple

Easy Weeknight Seafood Paella



Ingredients

1 tablespoon olive oil

1 medium vellow onion, diced 1 small green bell pepper, cored, seeded and diced

2 large garlic cloves, minced

sauce

1 1/2 cups (375 mL) large flake oats 1/3 cup (175 mL) dried cherries 1/4 cup (50 mL) sliced almonds 1/4 cup (50 mL) ground flaxseed 1/4 cup (50 mL) roasted unsalted sunflower seeds

Directions In a dry nonstick skillet, toast oat bran over medium heat for about 3 minutes or until fragrant; set aside. In a large bowl, stir together almond butter, maple syrup and apple sauce. Stir in oats, cherries, almonds, toasted oat bran, flaxseed and sunflower seeds until well combined. Pack mixture into 8 inch (1.5 L) square parchment paper lined

baking pan and freeze for about 2 hours or until very firm and solid. Remove from freezer and remove from pan using parchment paper as a handle. Cut into 18 bars and place in airtight container and freeze for up to 2 weeks.

1 box (8 ounces) yellow rice

1 can (14 ounces) vegetable broth 1 can (14 ounces) diced tomatoes 1 can (10 ounces) whole baby clams, drained

1 cam (8.5 ounces) peas, drained

1 can (6 ounces) medium shrimp, drained

1 can (3.8 ounces) sliced ripe olives, drained

Preparation

In 2-quart saucepan over medium heat, heat oil; add onion, green pepper and garlic. Cook 5 minutes, stirring occasionally.

Add rice and vegetable broth. Over high heat, bring to boil. Reduce heat to low; cover and simmer 20 minutes. Stir in tomatoes, clams, peas,

shrimp and olives; cook 5 minutes. **Preparation Time 5 minutes** Cook Time 25 minutes Serves 4



Ingredients

16 whole jalapeno peppers, rinsed and drained

2 logs (4 ounces each) fresh goat cheese

1 cup shredded Jarlsberg Cheese 1/4 cup grated Parmesan cheese

1/4 cup diced green onion (scallions)

dash of hot sauce cilantro leaves

mini hot red peppers (optional) Preparation

Using small sharp knife, cut slit down one side of each pepper. Leave stem intact and remove seeds and veins.

Barbecue Chicken

Nachos

Ingredients 1 rotisserie chicken 1 cup barbecue sauce

nacho chips 1 cup shredded Jarlsberg Cheese 1/4 cup chopped green onion sour cream (optional) Preparation Heat oven to 350°F. Pull white meat off rotisserie chicken and place in mixing bowl. Add barbecue sauce to pulled

chicken and gently mix together. Scatter nacho chips on oven-safe

dish and place pulled chicken on top. Shred cheese with

anso delightful

marlinXtravel

204-482-3113

grater and coat top of chicken. Place in oven for approximately 10 minutes. Sprinkle green onion on top and serve with sour cream, if desired. Serves 1 large serving

Jalapeno **Poppers**

In bowl, mash all cheeses, onion and hot sauce. Divide among peppers, stuffing each generously. Refrigerate. (Note: Recipe can be made ahead to this point.) Arrange peppers in heavy aluminum foil packet. Grill 8-10 minutes, or until cheese begins to melt. Garnish with cilantro and, if desired, hot red peppers. Serves 16



Lucky Star \$3,614+ Lucky 7 in 24#s or less \$2,668+ Mini Loonie \$1,295+ **Regular Bingo** at 7:30 Children and a state of the second se

estimated fulfilities What are you walling to way 357 Main St. Selkirk





Sunova offering new annual post-secondary scholarship

Submitted

Sunova Credit Union is thrilled to announce the creation of a new \$7,500 scholarship, awarded annually to a deserving high school student pursuing post-secondary education in Manitoba.

The Sunova Scholarship will be given to a lucky high school graduate who excels in their studies, but also embodies the same values as Sunova: innovative spirit, trusted integrity, genuine connections, feisty independence, trailblazing success, and happy smiles. Our ideal candidate will be someone who is loved by the community, and has made a lasting impact on everyone he or she knows. They will strive for excellence and never settle for second place.

This scholarship, one of the largest of it's kind in Manitoba, was designed to help ease the financial burden that the high cost of education can create while rewarding a very deserving student. It will be given directly to the student, not the post secondary institution, so that it can be used to cover some of the expenses outside of tuition that can be incurred by a full time student.

Edward Bergen, President & CEO says, "We know that the success of Sunova is directly tied to the achievements of our members and communities. Education is an important element in building strong communities, and we want to help. We hope that this scholarship will help ease some of the financial strain pursuing an education can cause, and have a lasting impact on the recipient, their family, and their community."

Applications will be accepted from February 1 to March 1 on our website, www.sunovacu.ca<http://www.sunovacu.ca>.

Helping out with hampers

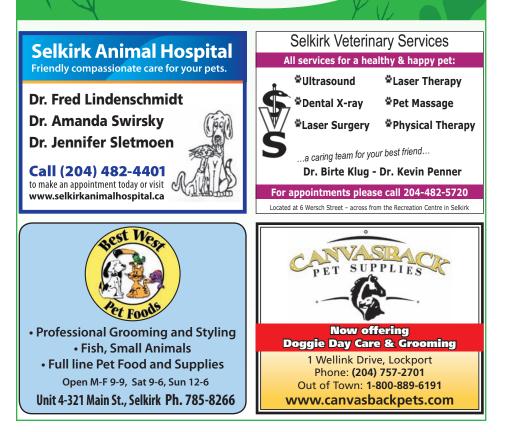


SUBMITTED PHOTO

Lorraine Leniuk, president of Selkirk's Army Navy Ladies Auxiliary, pictured left, and Isabel Geard, the auxiliary spokesperson, helped prepare and deliver hampers at the Deer Lodge Centre in Winnipeg in December. Geard said the group of ladies helped gather enough stuff to fill and deliver six hampers last year as part of their annual drive. They also helped out with Selkirk's Christmas Hamper Drive. #74 Maggie May Mulfin This little cutie captured the bearts of our readers from far and wide with a landslide victory capturing 30% of the votes! Congratulations Maggie May and thank you to everyone who voted.

Supplies!

To submit your pet for the Pet of the Month 2016 contest, send a photo and a fun fact to: ads@selkirkrecord.ca



Spontsærecreation

Einarson crowned provincial women's champ



Kerri Einarson was congratulated by husband and twin daughters shortly after winning the Scotties provincial title last Sunday in Beausejour. Einarson defeated Granite's Kristy McDonald 7-4 after an impressive comeback victory.

By Brian Bowman

If there ever was a person who fully deserved to win a Scotties provincial title, it's Kerri Einarson.

After losing two provincial finals in a row, the third time was definitely a charm for Einarson. She was finally able to celebrate a provincial title after an impressive 7-4 comeback victory over Granite's Kristy McDonald in the Scotties Tournament of Hearts final at the Sun Gro Centre in Beausejour on Sunday.

"It still really hasn't sunk in yet," said Einarson from her Camp Morton home Monday evening, "Maybe, once it gets closer to the event, it will feel more real. But right now it still feels so unreal. I'm still on cloud nine."

Einarson lost in the provincial final to Chelsea Carey in 2014 and Jennifer Jones in 2015.

The key, for Einarson, in this year's final was a steal of three in the ninth end. McDonald's final rock overcurled as she tried to draw to the side of the button for a single point.

"That was definitely the turning point," said Einarson, who grew up in Petersfield and now curls out of East St. Paul."Up until the eighth end, Mc-Donald really had control. But when we got our two in the eighth, I just said to the girls 'Let's force them here. Let's get a good force and we'll be

good.'

"And we ended up stealing three, which was huge."

Einarson had tied the score at 4-4 with a pair in the eighth.

After McDonald scored twice in the second end, Einarson rebounded with a pair in the fourth. McDonald came right back, however, with a pair in the fifth to lead 4-2.

Einarson had reached that final after trouncing St.Vital's Shannon Birchard 8-3 in a semifinal matchup Sunday morning. On Saturday evening, Mc-Donald outscored Einarson 7-5 in a 1-vs-1 page playoff.

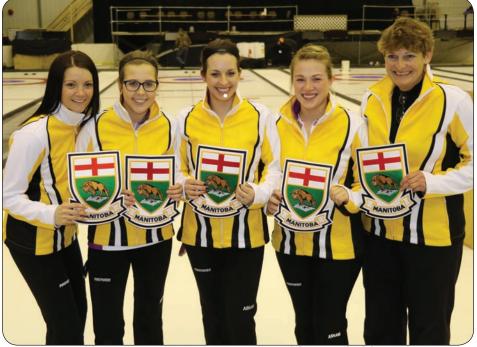
Einarson controlled most of that game, building a 4-2 advantage after seven ends. But a bad eighth end allowed McDonald to score four.

Einarson finished pool play with a 6-1 record. She lost her first game of the Scotties 11-10 in an extra end to Brandon's Cheryl Reed. Einarson had a shot to score four but narrowly missed it.

It wasn't exactly the start that Team Einarson was looking for.

"That was really tough," said the 28 year old Einarson. "We had our backs against the wall right from the very start and when you do that, then you usually reel off quite a few wins, which we did.

"We knew we couldn't lose any



RECORD PHOTOS BY LANA MEIER

Team Einarson is looking forward to representing Manitoba at the Scotties Tournament of Hearts Feb. 20-28 in Grande Prairie, Alta. Pictured left to right, skip Kerri Einarson, third Selena Kaatz, second Liz Fyfe, lead Kristin MacCuish and coach Patti Wuthrich.

more."

Einarson will now represent Manitoba at the Canadian Scotties Tournament of Hearts in Grande Prairie, Alta. from Feb. 20-28.

Her rink, which also includes third Selena Kaatz, second Liz Fyfe, Kristin MacCuish, and coach Patti Wuthrich (who grew up in Stony Mountain and now lives in Gimli) is eagerly looking forward to competing at the nationals. "We're super pumped," Einarson enthused, noting their rink is now in their third season together. "Knowing that there were a few big upsets, it looks pretty even and we feel that we have a very good chance of winning it.

"We just have to go out there and play hard and if we play like we can, we can be one of those teams (to win it)."

Steelers' roller-coaster season continued last weekend

By Brian Bowman

The Selkirk Steelers are a tough team to figure out.

One night, they'll look very good against a top-end team in the MJHL and then they will play poorly in their next game.

"It's definitely been up and down," said Steelers' veteran forward Riley Derlago Sunday afternoon. "It's frustrating sometimes because we seem to play really good against teams like Steinbach, Winkler and, even Portage at times, we've beaten them once."

Selkirk started last weekend with an exciting 4-3 overtime victory Friday over the last-place Neepawa Natives.

Derlago had a fantastic game for Selkirk with three goals, including the game winner in overtime. The East St. Paul product is having a good year, leading the Steelers in scoring with 22 goals while sitting third in points with 46.

"I've been getting the scoring touch and I'm real comfortable with my linemates," said Derlago, who is in his final year of junior eligibility."We all have been playing with each other for a while, so it's pretty easy to know where they are."

Derlago has been on a line with his cousin, Ty Kraus, and Dallas Starodub. The trio has been very good for the Steelers this season and each player is in the top three on the team in points. Derlago opened the game's scoring with a power-play goal at 5:11 of the second period but Neepawa's Brayden Atkinson tied the score nine minutes later.

Starodub and Derlago, again with the man advantage, made it 3-1 before the Natives tied the score at 3-3 late in the third.

Jordan Martin scored at 15:14 of the third and then Kyle McDonald tied the score with 1:06 remaining in regulation time.

Hayden Dola made 39 saves for the win. But the Steelers' weekend turned sour the following evening with a disappointing 7-3 loss to the Swan Valley Stampeders.

Swan Valley sealed the win with three unanswered third-period goals.

Josh Tripp led the Stamps with three goals while Connor Navrot, Josh Martin, Michael Fortin, and Colton Brausen also tallied.

Colby Dudek scored in the first period for Selkirk and then Austin Douglas and Braden Lozinski potted goals in the second.

The Steelers (19-23-2) hosted thirdplace Winkler this past Tuesday but no score was available at press time. Selkirk will then have a home-andhome weekend series with Steinbach.

The Pistons will be here Friday and then the two teams will hook up the following evening in Steinbach.



RECORD PHOTO BY LANA MEIER

Steelers' captain Riley Derlago scored three goals, including the game winner against Neepawa last Friday.

It's a busy – and tough - stretch of games for the Steelers this week. Derlago figures all of the games going forward will be that much tougher as clubs prepare for the post-season.

The Steelers look good up front and are set in goal with Dola back from injury. The key for Selkirk, however, will be to tighten up defensively and reduce the number of goals allowed.

"I think we have a good enough team to make a push for it (in the playoffs)," Derlago predicted. "We're a scoring team and haven't had trouble scoring but it's been our defensive play and a lot of that is on the forwards."



Royals' basketball teams reach tourney finals

By Brian Bowman

The Selkirk Royals' junior varsity boys' basketball team had a great effort at a St. James tournament, losing 67-48 to the host Jimmies in the final last Saturday.

Playing with a depleted lineup due to injuries and illness, Selkirk played its best basketball of the season, according to Royals' head coach Dean Goodbrandson.

"(It was) tough going four games in less than 48 hours," said Goodbrandson in an email. "(I was) very proud of the team. It was a very gutsy effort and, hopefully, we'll have some healing during exam week."

Selkirk started play last week with a 66-33 loss to Maples Collegiate last Thursday. The Royals then defeated St. John's Ravenscourt 69-64 in the quarterfinals of the tournament and then Churchill 54-38 in the semis.

Rory Doak and Drake Ballantyne both had great tournaments and were selected as all stars.

Selkirk played at Miles Mac this past Tuesday but no score was available at press time.

In varsity girls' action, Selkirk reached the finals of their Royal Rumble tournament on Saturday, losing 70-52 to the Tec Voc Hornets.

Selkirk finished tops in their pool after wins over Sturgeon Heights and River East.

Richelle Recksiedler and Carlee Baryliski were named tournament all stars.

RECORD PHOTO BY LINDSEY ENNS

The varsity girls reached the finals of their Royal Rumble tournament on Saturday. Selkirk finished tops in their pool after wins over Sturgeon Heights and River East.

Royals win Piper Classic hockey tournament

By Brian Bowman

The Selkirk Royals' boys' hockey team won the prestigious Piper Classic Tournament of Champions Sunday afternoon with a thrilling 2-1 overtime victory over the Oak Park Raiders.

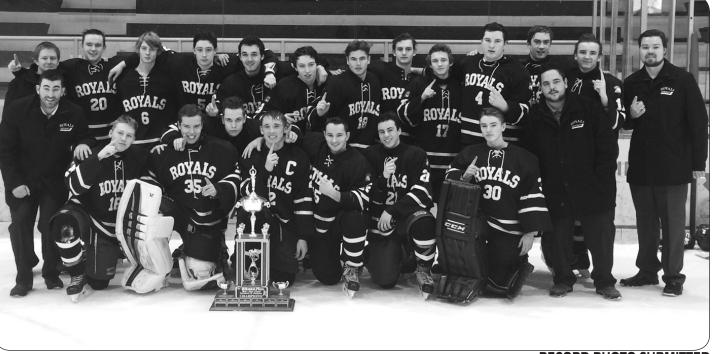
"That was a really big win for our squad," said Royals' head coach Shayne Fredborg. "We played Oak Park a couple of times this year and we had really tight games where we came out on the losing end, so this one was good."

Selkirk led 1-0 after two periods in the tight-checking affair but Oak Park tied the score at 1-1 early in the third. After that Raiders' goal, however, the Royals took the play to Oak Park for most of the final period but could not score.

Travis Spratt had a great game for Selkirk in the final, scoring both goals, including the game winner in OT. He led the tournament in scoring and was deservedly named the most valuable player.

Selkirk reached the finals in the Champion Division after a 2-1 win over College Jeanne Sauve on Saturday evening. Selkirk led 2-0 for the majority of the contest as CJS scored a late goal.

"We played really well," Fredborg



RECORD PHOTO SUBMITTED

The Royals' boys' hockey team won the prestigious Piper Classic Tournament of Champions Sunday afternoon with a thrilling 2-1 overtime victory over the Oak Park Raiders.

said."We controlled the game and the play. Their goalie played really well to keep them in it."

Selkirk started tournament action with a 4-1 win over the Kelvin Clippers and a 5-4 triumph over the Dryden Eagles on Friday.

The Piper Classic brings together the top teams from across Manitoba and northwestern Ontario.

"It's a pretty high calibrate tournament,"Fredborg noted."It's like a provincial playdown of sorts because it's all of the same teams. This (win) was a big confidence boost for the boys because we have had tight games with (Oak Park) but we haven't been on the right side of the board."

Selkirk's 'Snowman Classic' a ringette success





RECORD PHOTOS BY BRETT MITCHELL

Selkirk's "Snowman Classic" tournament was deemed a great success by coordinator Denise Fetterly of the Selkirk Ringette Association. Teams from the Interlake, Winnipeg, Eastman and southern Manitoba participated in the five-day tournament. Pictured left, Selkirk's assistant captain Mia Milne (27) stickhandles her way up the ice. Selkirk received a bronze medal at the tournament. Pictured right, goaltender Dakotah Ataman focuses on keeping the ring out of the net with help from her teammates Julia Pennell and Delaney Gifford. St. Andrews won a silver medal at the event.

Lucky 13 for the Lightning

Interlake snaps dreadful 13-game losing streak

By Brian Bowman

Losing is never fun, but lengthy losing streaks are incredibly unbearable.

The Interlake Lightning snapped a dreadful 13-game Manitoba AAA Midget Hockey League losing streak Sunday with a solid 5-3 home victory over the Pembina Valley Hawks.

"It was a long time coming, so it was nice to get a win," said Lightning head coach Dwayne Swanson."We've been going through some tough times here and we went into that game short seven regulars through injuries and suspensions and stuff.

"We brought in some APs and they did a great job for us and helped us get the win."

Tied at 3-3, Codey Beaulieu scored the game winner on the power play at 17:32 of the third period. Nicholas McCarten then added an empty-net goal with 1:19 remaining.

Pembina Valley took a 1-0 first-period lead on a goal by Tye Turner but the two teams were tied 2-2 after 40 minutes.

Evan Klyne-Geisler and Sean Loutit scored for the Interlake in the second period while Wyatt Sabourin replied for the Hawks.

The Lightning took over the game in the third, however, with a really strong period. Jordan Kristjanson gave the Lightning a 3-2 lead early in the period and then the Hawks'Travis Penner tied the score at 13:19. Interlake controlled most of the play in the third, outshooting the visitors 23-7.

"We talked before the third period started that it was time to get rid of this slump and get something happening," Swanson said. "And the boys responded really well and put forth a great effort in that third period."

Last Friday, the Lightning gave the first-place Eastman Selects a real good battle in a 6-5 home loss.

"They haven't lost a game yet this year and we had every opportunity to put them away," Swanson stressed. "But you have to give them credit, too. They're a really good team and the third period was shut down hockey and the type of hockey that we want to play."

Sean Loutit and James Maxwell scored for the Lightning in the first period. In the second, Kristjanson scored a pair of power-play goals while Beaulieu tallied at even strength.

Curtis Brule, Brad Goethals, Matt Osadick, Owen Blocker, Braeden Binda, and Kolten Kanaski scored for Eastman.

All 11 goals were scored in the first two periods.

The Lightning will continue their six-game homestand this weekend with a pair of games in Teulon.

Parkland (14-17-0-0-4) will be here Friday and then a very good Yellow-



RECORD FILE PHOTO

The Lightning's Sean Loutit (23) scored in the second period to help Interlake snap a 13-game Manitoba AAA Midget Hockey League losing streak Sunday with a solid 5-3 home victory over the Pembina Valley Hawks.

head Chiefs' team (23-7-0-0-5) will and they're a strong team and in third place. They have a few kids that were

Both games will be tough tests. "Parkland is a team that we thought we should have beaten last time," Swanson said. "But we just didn't show up at periods of time in the game.

"And then Yellowhead will be here

and they're a strong team and in third place. They have a few kids that were drafted in the (WHL) and they have probably one of the best goaltenders in the league.

"(The Chiefs) are going to be a challenge for us, but that's what we're all about – trying to meet those challenges."

Dear named Bisons' male athlete of the week

By Brian Bowman

Devren Dear of St. Andrews was named the Smitty's Bison Sports Male Athlete of the Week for the period ending Jan. 24.

The 6-foot-6 right side led the No. 3 Bisons to a home weekend split over the Trinity Western Spartans last weekend.

Dear, in his fourth season with the Bisons, was a top contributor in both matches. He slammed 38 kills, 24 digs, six blocks and one assist while registering 41.5 points.

Dear started in all seven sets.

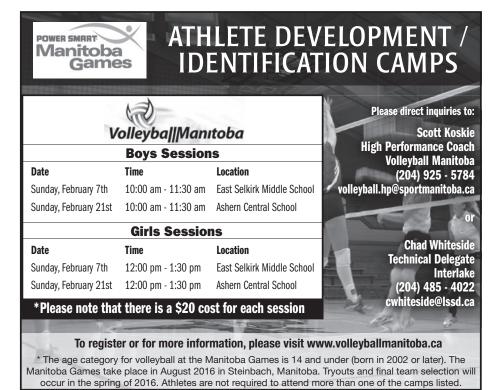
Manitoba began the weekend with a 3-1 loss Friday as Dear had a gamehigh 23 kills while adding 10 digs, three blocks and a game-high 24.5

points.

The next night, the Herd won 3-0 over Trinity as Dear produced another strong match as he had a game-high 15 kills (on a .281 hitting percentage) along with 14 digs, three blocks and one assist.

He also had a game-high 17 points. Dear is now third in the conference with 4.26 kills per set, 10th with 213 kills, and fourth in Canada West points per set at 4.7 in 15 conference matches.

Manitoba (13-3) is in third place in the Canada West standings. The Bisons play at the Thompson Rivers WolfPack (7-11) this Friday and Saturday.





Interlake U16 girls igniting



RECORD PHOTO SUBMITTED

Pictured back row left to right: Phil Sampano (coach), Jessica Buhler, Hanna Marshall, Renee Partyka, Breanne Wiens, Delta Hannah, Lauren Senden, Reese Chop, Coach Rebecca Fox, Samantha Sampano (head coach); front row, Olivia McCowan, Charlotte Wilmott, Samantha Melsted, Fallon Furkalo, Jada King, Miya Saj, Julia Ignagni and goaltender Shelby Mitchell. Missing is Keely Soloway.

Submitted

The Interlake Ignite U16A team heated up the ice again by winning gold at the Transcona Ringette Association's tournament Jan. 13-16.

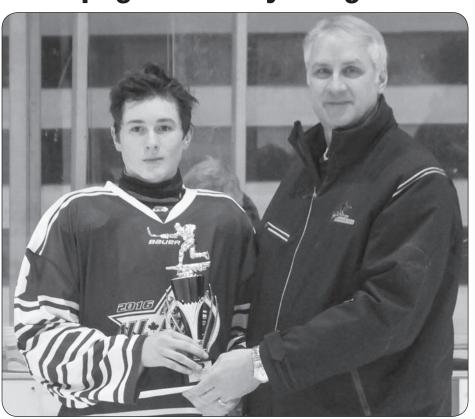
Interlake was down five players, primarily due to injuries, going into the first round-robin game but managed a 3-3 tie with the U14AA Angels.

In their next game, Interlake regrouped and came back with wins against the host Park City Wildcats (5-4) and South Winnipeg (5-2).

The Ignite entered the gold-medal round of the tournament's final day to face the Wildcats at East End Arena.

The Ignite secured their gold medal in the final minutes of the game by scoring two quick goals to win 5-3.

Winnipeg 'AAA" City Midget MVP



RECORD PHOTO SUBMITTED Dawson Braun, left, of St. Andrews was chosen as the most valuable player in the Winnipeg AAA City Midget all-star game Jan. 9 at the MTS Iceplex. Braun, a forward with the Winnipeg Hawks, scored twice in his team's 6-4 win.

Carter Ives of West St. Paul also participated in the game, finishing with a goal and an assist.

Manitoba rosters announced for 2016 Aboriginal hockey nationals

By Brian Bowman

The Team Manitoba rosters were announced recently for the 2016 National Aboriginal Male and Female Hockey Championships, which will take place May 2-7 in Mississauga.

On the female side, locals feature forward Renee Stevenson of Peguis First Nation, goalie Bianca Zak from Stonewall, Warren forward Mallory Harvey, and forwards Keyanna Lea and Keyara Lea of Riverton.

Dale Bear of Peguis will be the head

coach while Jacinta Bear of Fisher River Cree Nation is the manager.

Manitoba's men's team will include East St. Paul forwards Nate Hooper and Kyle Wiltshire, Selkirk forward Sean Loutit, forward Keeven Daniels-Webb of Gunton/Peguis, East St. Paul defenceman Thomas Mironuk, and Ashern goalie Adam Swan.

The head coach is Vogar's Kevin Monkman while Peguis' Mike Spence is an assistant coach and Cal Asham is the trainer.



Fishermen beat Warriors with late OT winner

By Brian Bowman

The sign of a good team is how they respond while trailing in a hockey game.

Despite being down 3-1 late in the second period to the St. Malo Warriors, the Selkirk Fishermen showed just how good they are, battling back to score three unanswered goals to win 4-3 in overtime.

"It's something that we weren't able to pull off in our previous games against Arborg," said Fishermen head coach Chris Poponick. "But we had more of our roster together against St. Malo and the veterans came through."

Jeremy Pachkowsky scored the game winner – his second goal of the game – on the power play with just two seconds remaining in OT.

The goal was a huge one for Selkirk.

"At this time of year, it's all about momentum," Poponick said. "We've had a little bit of a down period the last couple of games, but this is two in a row against a team that is on our heels."

Talon Kelly had tied the score at 3-3 midway in the third period, assisted by Pachkowsky and Karl Fey.

St. Malo led 1-0 after the first period on a Robert Guimond goal and then went up two goals as Jordy Hill tallied early in the second.

Kale Ilchena cut that lead in half, however, with a power-play goal midway in the middle frame before the Warriors' Dustin Wiebe and Pachkowsky traded goals late in the second period.

Jordan Liske made 42 saves for the win.

Last Friday, Selkirk downed the Fisher River Hawks 5-1.

Jay Muller gave the Fishermen a 1-0 first-period lead and then Fey tallied in the second.

In the third, Pachkowsky put Selkirk ahead by three goals with a shorthanded marker. Fisher River's Dalton Woodhouse and Pachkowsky traded power-play goals and then Selkirk's Drayton Mendrun closed out the scoring with 2:41 remaining. Riley Bannerman made 30 saves for

the win.

On Jan. 20, the Fishermen lost 6-2 to the Ice Dawgs in Arborg. It was the second time in four days that Selkirk lost to Arborg by that score.

The Ice Dawgs were the much better team in this game, opening up period leads of 3-0 and 6-0.

"Arborg is playing much better compared to the start of the year," Poponick said. "Cody (Didychuk) has them playing good hockey right now."

Cory Kuldys and Nico Morrow-Litke, with a pair, scored in the first period and then Clint Torfason made it 4-0 early in the second period. Derric Gulay closed out the period with a pair of goals, the first coming on the power play.

Trailing 6-0, Mendrun and Scott Thomas beat Arborg goalie Jon Narverud. Narverud was outstanding in goal, making 45 saves for the win.

Selkirk visited Lundar last night but no score was available. The Fishermen will then host the OCN Storm on Saturday. Game time is 7:30 p.m.

In off-ice news, Selkirk had two players – Tyndall Fontaine and Liske – nominated as all stars. Both players have been very good for Selkirk this season.

Tyndall has two goals and 13 points in 22 games while Liske sports an 11-6-1 record with a

2.93 goals-against average.

"They're our rocks and the support pillars for our whole foundation," Poponick said. "Those are the guys we count on and they have been our go-to guys all along last year and, hopefully, this year."



RECORD PHOTO BY LANA MEIER

The Fishermen's Drayton Mendrun scored one of Selkirk's two goals in their loss to Arborg on Jan. 20.





Spontside > UPSIDE DOWN

Royals rip hapless Eagles

By Brian Bowman

The Selkirk Royals needed a lopsided win in a big way to boost their confidence as the playoffs begin in a couple of weeks.

And they certainly delivered as they blasted the St. John's Ravenscourt Eagles 12-1 in Winnipeg High School Hockey League action Jan. 20 in East Selkirk.

"We played real well," said Royals' head coach Noah Cain."We had been in a little bit of a slump. The pucks weren't going in and we were getting into some bad habits." Cassidy Ilchena had a great game for Selkirk, scoring four goals to go along with two assists. Courtney Sorokopud-Jones also contributed a six-point game with three goals and three assists while Kyra DeLaRonde also had a trick.

Alyssa Kaoukis and Brittany Scamstad also scored for Selkirk. Kaitlyn Seed chipped in with four assists.

Rebecca Zdrill made eight saves for the win.

Cain liked seeing several Selkirk players have multiple-goal games.

"It was nice to start scoring again

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The Royals' Kinnon Lycan led Selkirk with a goal and an assist against the Huskies on Jan. 19.

and hopefully it keeps going here as we push for the playoffs," said the Royals' head coach. "After the game (Jan. 19), heads were pretty low in the dressing room. People weren't happy because it's not fun losing and it's not fun not being able to score goals."

On Jan. 19, the Royals were defeated 5-2 by the CHSC Huskies at the St. James Civic Centre.

Annaliese Meier had a great game for the Huskies with three goals and two assists while scoring in all three periods.

"She's unbelievable and does so much," Cain said of the Huskies' Grade 10 star player."What's amazing about her is her hockey smarts. She always knows when to shoot and always knows when to pass. She's taken it to us a few times this year and she's always priority No. 1 when we play them."

Danielle Chobotar scored the Huskies other two goals, the second coming with the man advantage in the third period.

Kinnon Lycan led Selkirk with a goal and an assist while Mckenzie Pelletier also tallied.

Selkirk (12-7-0-0-1) played the firstplace Miles Mac Buckeyes (15-0-0-1-0) this past Monday but no score was available at press time. Cain would love to see his club hand the Buckeyes their first regulation-time loss of the season.

"Every year, Miles Mac is good," he said. "They're a well-coached team and they're tough. They don't give you any room to breathe out there. They're on your back the whole time and I think sometimes they can get into our heads when we play them."

In Winnipeg High School Hockey League action, meanwhile, the Royals had a great effort in a 3-0 shutout win over the River East Kodiaks on Jan. 19.

After the first two periods were scoreless, Selkirk broke the game open with three unanswered goals.

Travis Sprat scored the eventual game winner early in the third and then Harley Hoydalo made it 2-0 mid-way in the period.

Auzzie Loewen put Selkirk up three goals late in the game. He also added a pair of assists along with Wes Hoydalo.

Austin DeBoer earned the shutout.

The Royals visited the SJR Eagles on Monday but no score was available. Selkirk will then host Vincent Massey next Thursday in East Selkirk to wrap up its regular season.

Game time is 3:45 p.m.

The WHSHL playoffs will begin next month but the schedule has not yet been announced. Classifieds Selkink Regord Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

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Manitoba Riding for the Disabled Association 17th Annual Super Flea Market 2016, February 6th & 7th at Assiniboia Downs, Winnipeg. Vendor spots available - 80 vendors in the show! www.mrda.cc

> **Classified booking deadline** is Monday 4 p.m. prior to Thursday's publication.

Call 785-1618

PUBLIC NOTICE CHANGE IN MEETING DATE FEBRUARY 2016

February 9, 2016 Regular Meeting is rescheduled to February 16, 2016 commencing at 9:30 a.m. 1043 Kittson Road Box 2 Group 35 RR1 East Selkirk, Manitoba ROE 0M0 Telephone: Selkirk 482-3300 Winnipeg: 474-2642 Toll Free: 1-888-797-8425 St. Clements Fax: 1-204-482-3098 The place to be Email: info@rmofstclements.com www.rmofstclements.com

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In the matter of the Estate of Alexander John Skihar, late of Libau, Manitoba, Deceased. All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Barbara Regier, Estates Officer, at 155 Carlton St. Suite 500, Winnipeg MB. R3C 5R9 on or before the 22nd day of March. 2016.

Dated at Winnipeg. MB. this 18th day of Januarv. 2016. DOUGLAS R. BROWN

The Public Guardian and Trustee of Manitoba Administrator

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2. South American Indian

Sudoku Answer

Crossword Answer

- 3. Cape at tip of Denmark
- 4. A podrida cooking pot

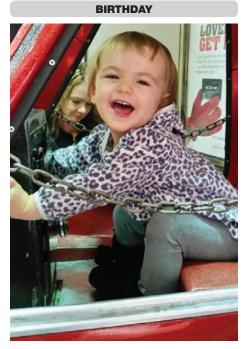
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ANNOUNCEMENTS



Mareena O'Gorman Wilks Words alone are not enough to express how happy we are to celebrate another year of your life. Our wish for you, is that you are and always will be happy and healthy. Happy 2nd birthday! -Love always Mom and Dad

ANNOUNCEMENTS



Linda Grace Johanson March 10, 1950 - January 25, 2015 If roses grow in Heaven, Lord, Please pick a bunch for me; Place them in my Mother's arms, And tell her they're from me. Tell her, I love her and I miss her, And when she turns to smile; Place a kiss upon her cheek, And hold her for a while. Remembering her is easy, I do it every day, But there's an ache within my heart, That will never go away. -Love Keith, Ange and Dean ANNOUNCEMENTS IN MEMORIAM



Timothy N. Obirek June 30, 1966 – January 31, 2015 Star – June 2015 If tears could build a stairway, And memories a lane; We would walk right up to heaven, And bring you home again. Say Hello to your Brothers, Kelly 2004, and Darrell 2012. Watch over your "little" brother Sheldon, Dad, Mom and Sus. We miss you.

-Love your family

ANNOUNCEMENTS IN MEMORIAM

Timothy Nolan Obirek June 30, 1966 – January 31, 2015 And his special pet dog, Starr October 30, 2009 – June 23, 2015 No farewell words were spoken. No time to say goodbye. You were gone before I knew it. A million times I've needed you, A million tears I've cried. My heart still aches in sadness. If love alone would have saved you.

You would of never left my side. It broke my heart to lose you, A part of me went with you, Which will never go away. Life still has much in store, Since you will never be forgotten. A special place within my heart, Is where you'll always be.

-Your wife Susan and Zoe

ANNOUNCEMENTS IN MEMORIAM



In loving memory of Madeline Saluk Wife, Mom and Baba Who left us 5 years ago on January 31, 2011 A heart of gold stopped beating, Hard-working hands at rest; God broke our hearts to prove to us, He only takes the best. Leaves and flowers may wither, The golden sun may set; But the hearts that loved you dearly, Are the ones that won't forget. -Lovingly remembered by your family

ANNOUNCEMENTS

IN MEMORIAM



Kay Krut February 2, 2013 Mom, you left us beautiful memories, Your love is still our guide; Although we cannot see you, You're always at our side. We love you and miss you. -Debbie and family



Wilfred Lorne Craigie

It is with great sorrow that the family of Wilfred Lorne Craigie announce his passing on January 23, 2016 at the age of 88 years. Wilfred was born on December 5, 1927.

Left to cherish his memory is his wife Dorothy; sons Harlan (Carol-Lynn) and David (Alma); daughters Candace (Richard) Fenton and Amy West; his sister Margret Smith; eight grandchildren and four great-grandchildren.

Sincere thanks to the staff at the Red River Nursing Home for the care of our father for the last few years.

Cremation has taken place and a family graveside service and gathering will be held in summer.

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com

OBITUARY



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Call 785-1618 or email lucy@selkirkrecord.ca



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