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THURSDAY, JANUARY 18, 2024

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Sixteen-year-old Olivia Krawchuk from the Interlake Speedskating Club participated at the Maple Leaf Construction 2024 Western Canadian Outdoor Classic this past weekend. The event was a chilly one as it was held outside on the Susan Auch Oval at the Cindy Klassen Recreation Complex. Krawchuk will be off to the 2024 Canadian Neo-Junior Long Track Championships in Fort St. John, BC on Feb. 3 and 4. Check out next week's *Record* for full tournament results.

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Selkirk and area business owners working together for 122 years

By Katelyn Boulanger

It was a cold and stormy night when business owners from Selkirk, St. Clements, St. Andrews and West St. Paul gathered for the Selkirk Biz's 122nd annual general meeting (AGM) last week. Along with the passing of the torch to the next round of board members, important discussions were had about priorities and what direction The Biz will be taking now that businesses are finally seeing the effects of the pandemic settle.

Selkirk Biz President Brett Mitchell called the meeting to order and adopted the meeting minutes from the last AGM before delivering the president's report.

"We're certainly not what we were back in 2018 and 2019. The world is certainly a different place and we're all having to try to get used to it. In

2023, it was a busy year for our organization," said Mitchell.

The Selkirk Biz is the name of the Chamber of Commerce organization that represents and connects business owners in Selkirk, St. Clements, St. Andrews and West St. Paul. The organization was founded as The Board of Trade of the Town of Selkirk in 1901 and though they have expanded as well as had a few name changes in their history, The Biz has been a continuously running local group for well over 100 years.

One of the biggest changes in the past year for the organization is the addition of Alice Skalesky as executive director replacing her mother Sheri Skalesky who previously held the position for many years.

After welcoming Skalesky to the group, Mitchell acknowledged some

of the high points of the year for the organization which included a complete revamp to their website and the Selkirk Parade, which the Selkirk Biz is the host of, coming back as an annual event as the pandemic cancelled such activities in previous years.

"The crowd was phenomenal and it went off without a hitch. Everyone who went had a good time there [were 42 floats]. It was an awesome event," said Mitchell.

He also acknowledged the hard work of Jim Pelletier this past year as volunteer coordinator mentioning his

success in gaining volunteers which made events run smoother and more safely.

"We also had our first Biz Awards in three years. That was a fantastic occasion," said Mitchell, "It was so great to be able to get back together again and celebrate our business community."

Alice Skalesky then spoke briefly about the Biz's financials including their Biz Bucks program. In addition to loans being paid off, the Biz Bucks

Continued on page 4



RECORD PHOTO BY KATELYN BOULANGER

Brett Mitchell is passing The Biz president spot to Jim Pelletier.

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> SELKIRK BIZ AGM, FROM PG. 3

program continues to grow.

"From what I've seen from records, we have been steadily increasing sales each year. So, that's awesome. We've just passed the \$2 million mark also, which is very exciting. We had over \$100,000 in Biz Bucks sales during the holiday season so that was a lot of work in December," she said.

The discussion continued with mention of the various events that The Biz plans to host this year.

Nomination and voting for board positions were next up on the agenda. The new board of the Selkirk Biz in 2024 will see Jim Pelletier taking on the president role once again, Wendy Meger as 1st vice president and Kerri Portree taking the 2nd vice president spot. Brett Mitchell will be assuming the role of past president. The Biz is still actively looking for volunteers willing to take on secretary and treasurer roles.

In addition to the election of its executive officers, The Selkirk Biz will see six people take on director positions. They are Shawn Trudeau, Colleen Allan, Kelly Cook, Josh Zanewich, Meaghan Chromy, and Brittany Hiebert. Appointed representatives include Starlene Mosienko of the Lord Selkirk School Division, Coun. Justin

Fiebelkorn of the RM of St. Andrews, Coun. Rob Belanger of the RM of St. Clements, Mayor Peter Truijen of the RM of West St. Paul and Tim Feduniw of the City of Selkirk.

Incoming president Jim Pelletier then came to the podium to discuss his top four priorities for The Biz for the upcoming year.

"My main priorities obviously are shop local initiatives. One of them is the Biz Bucks program and then the other one is our Chamber Channel," said Pelletier.

The Biz Bucks program is a well-known gift card program in our community run by the Selkirk Biz that has local businesses selling gift cards that can only be used at their locations or the locations of other partnering businesses in the community. This keeps dollars circulating in our local area.

The Chamber Channel is an online shopping platform that connects buyers with businesses in our community that they can shop from. It combines the convenience of shopping online with the knowledge that residents are supporting their local community and not a large national or international corporation. Though this initiative has been in its beginning stages for some time now, The Biz will focus

on bringing more businesses and residents to the platform this year.

"[The Chamber Channel is] going to be talked about a lot, a lot of advertising will be coming out over the next few months to different businesses, as well as on social media, just to draw more attention to it first. Before we completely roll it out to the public, we want more businesses to be enrolled," said Pelletier.

Pelletier's third priority for 2024 is the growth of The Biz.

"My growth goal every year is five per cent, year over year," he said.

One of the ways mentioned that The Biz plans to get the word out to the community is that each community within its region will see an event hosted in its region.

The final priority that Pelletier discussed with the group was continuing to support the health and longevity of The Biz. Some points related to

this discussion that were mentioned were the possible expansion of The Biz to include businesses in East St. Paul, connecting with chambers of commerce in neighbouring areas to find areas of mutual interest and to exchange ideas, and expanding the organization's connectivity with other organizations in our region.

The floor then was opened to discussion where thoughts were shared about The Biz's future. Business owners made suggestions about connecting to young people, getting back to basics, connecting with more small businesses as well as concentrating energy on a smaller number of high-quality efforts.

After the lively discussion, the meeting ended on a positive note.

"It's going to be interesting times in 2024 and very exciting times in 2024," said Pelletier.



RECORD PHOTO BY KATELYN BOULANGER

The New Selkirk Biz board.

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Region comes together to replace portable toilets destroyed by vandalism

By Katelyn Boulanger

An unfortunate incident happened over the weekend of Jan. 6-7 when portable toilets at the Warner Road access point to Lake Winnipeg were vandalized. These amenities were used by anglers in the area. Luckily the Manitoba Wildlife Federation seeing the benefit that these toilets bring to the community as well as the lake, is fundraising to replace the damaged facilities and add preventative measures to keep this resource available.

Allstar Toilet Rentals is the local business from Petersfield that rents the three portable toilet units to the RM of St. Andrews. They've been available for residents to use for the past five or six winters.

"We normally put them out around December 15 and keep them up until ice break up around about the end of March," said Allstar Toilet Rentals owner Cory Douglas.

Douglas says that vandalism and tip-overs are part of the business when it comes to toilet rentals and is something that they deal with on a normal basis but vandalism in this location has been a bit more than he would normally expect.

"This has been twice this year. [The

first incident took place] on Christmas day, my wife and I got a Facebook message that the toilets had been pushed into the ditch up there, which is abnormal," said Douglas.

After having his parent look after the kids, he and his wife, Kelley Douglas, got to Warner Road and saw that all three portable toilets had been pulled into the ditch.

"These were actually pushed quite far into the marsh by, I would assume an ATV or a truck or a side-by-side. We went up there and cleaned them up that time, there wasn't a lot of damage," said Douglas.

Unfortunately, that wasn't the story last week when he received a call from the RM letting him know that some concerned residents let them know the toilets had been destroyed.

"It looked like a vehicle had completely run through them. They were literally in shambles and pieces. All three toilets were not salvageable," explained Douglas.

As a business owner as well as a family who take their children fishing and use that location as a launch point to the lake, Douglas said he was disappointed.

He wasn't the only one. The Mani-

toba Wildlife Federation also felt that having these portable toilets in this location was an important resource for our community.

"Our organization, the Manitoba Wildlife Federation, understands that this is a popular access point for many anglers that visit Lake Winnipeg. Having those outhouses there also helps keep the lake clean, because now people are not having to do their business out on the ice. They can come back and use the facilities. We're initially just looking at getting those outhouses reinstalled, as well as building some sort of barricades so that people can't come by and destroy them again. [This is] to show support to our angling community, because it is a huge, massive industry in the province here and a really good opportunity for families and friends and such to go out and enjoy a day of fishing," said Chris Benson, program and events coordinator for the Manitoba Wildlife Federation.

Benson explained that getting the portable toilets back in place was a no-brainer as the location is an incredibly popular access point. Over the course of three days during the winter of 2020, MWF ran traffic counters at this location and counted 2364 vehicles. These vehicles had an average of three people per vehicle for a total of 7092 people.

"When we heard about this vandalism, it's something that right away, we thought, 'Well, let's do something about it. Let's be proactive and get those back up there.' And, also, what are the ways that we can prevent this from happening again," he said.

The fundraising campaign for the upgraded barriers and toilets is being collected by the MWF. They will not be keeping any of the funds but just be a collection point to facilitate the donation.

Upon hearing that there were peo-

Continued on page 6

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> VANDALISM, FROM PG. 5

ple who were willing to help out by fundraising to prevent this sort of damage from happening again, Douglas was “beyond surprised”.

“We’ve had vandalism over the years and smaller cases, nothing like this, but nobody’s ever reached out and offered to donate. Just the fact that somebody cares about a small business and keeping the area clean was mind-boggling to me. We do have insurance and it does cover a portion of the toilets. I’d be willing to put those

toilets up there within an hour if somebody said they’d be safe. If we can get some barriers put up just to keep them safe [that would be great] I mean dealing with vandalism is part of my job, but I can’t deal with another total loss of three units. It’s amazing, I couldn’t believe we got so many calls. I’d be super happy to see if between the RM and the Manitoba Wild Federation, if they could put up some barriers and create a safe area for me to work and a clean and safe area for the amenities,” said Douglas.

He thanks the community for their support and all of the positivity and messages that he’s

received.

The local RCMP encourages any and all vandalism in our community to be reported to them and asks that people do their part as the eyes and ears in their communities.

“We all have a job to do when it comes to fighting crime in our communities. If something looks odd or strange, report it. If you notice people are not home and there is suspicious activity call it in. If your neighbour’s house was on fire, would you call 911? Of course, you would.

“Even if it appears after the fact that something has happened to a building or property, call it in. What you see and report helps us track the person’s responsible,” said local RCMP Community Policing Officer, Paul Human.

Donations can be made by calling MWF at 204-633-5967 or by visiting <https://mwf.mb.ca/the-mwf/donate>. Please add in the comments that your donation is for the Warner Road Access fundraising campaign.

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Understanding Dementia and Brain Health at the Gordon Howard Centre

By Katelyn Boulanger

Last week the Gordon Howard Centre hosted Samantha Holland, Regional Coordinator of the Interlake-Eastern region for the Alzheimer's Society of Manitoba. She presented information about Understanding Dementia and Brain Health. This discussion brought more knowledge to our community about the latest research with regard to dementia and the different forms of dementia that people may experience.

Holland opened the presentation by talking about her own connection to dementia. Having two grandparents who have been diagnosed with dementia she allows her experience to inform the work that she does on a daily basis.

"Dementia itself is not a disease, but a collection of symptoms that are caused by diseases of the brain," explained Holland.

In her presentation, she discussed the four most common diseases associated with dementia. There are over 100 different diseases and mixes of diseases connected to dementia so many people's experiences differ.

"Alzheimer's disease, as I said, being the most common accounts for about two-thirds of all cases. So, when you hear people using the words dementia and Alzheimer's interchangeably, they are actually different. We can say that everyone with Alzheimer's disease has dementia, but not everyone with dementia has Alzheimer's disease," said Holland.

Alzheimer's disease has a progression of on average eight to ten years

between when we notice symptoms and the time of the patient's death though there is a large amount of variation from person to person. It has a more gradual presentation and though we are not sure why, it does present more often in women.

Another common type of dementia that was touched on was Lewy Body dementia. This is a dementia that's associated with Parkinson's disease and affects both men and women roughly evenly.

"You might see more changes relating to a person's movement, their behaviour and how they change in potentially experiencing hallucinations, whether that's auditory or visual [with Lewy Body dementia]," said Holland.

Frontotemporal dementia is a bit on the rare side and can affect younger people in their 40s and 50s even in their 30s. As the name suggests this disease affects the frontal and temporal lobes of the brain and has corresponding effects.

"[Frontotemporal dementia] really manifests in personality and behaviour changes. So, things that are really uncharacteristic for the person and because it can happen in the younger years, it might happen when the person is still working or has children at home. Maybe they're making financial decisions that wouldn't have been normal for them in the past. This might also be [an instance when a] person loses their filter in social situations," she said.

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Strong connection between donors, recipients and a thriving community

Submitted by Selkirk & District Community Foundation

If you've ever wondered what the connection is between donors to the Selkirk & District Community Foundation and non-profits who receive their gift, there's a quick answer – the connection is strong.

In December, the Foundation connected 20 organizations with grants totalling \$131,760. It's an incredible infusion of life into the community and it allows so many groups to do so many good things.

Some of the grant money went to the Clandeboye Pipe Band who will now be able to sound better than ever with the new chanters they'll purchase. The chanter is the part of the bagpipe that allows the player to create the melody – it has holes that you cover with your fingers to make different notes and looks a bit like a recorder.

"We're going to improve the sound of the band with matching chanters so that all of the pipers sound alike," said Band President Gary Alexander.

"It's kind of important. A lot of us play different types of bagpipes and to have matching chanters makes the band sound better and makes it easier for the people in charge to tune the pipes."

For Shauna Curtin, SDCF Chair, the grant to the Pipe Band demonstrates the wide range of groups who benefit from donors' gifts.

"I love this gift to the Clandeboye Pipe Band," Curtin said.

"Music is important, and especially this type of music that is so culturally significant. The Pipe Band is keeping heritage alive and connecting young and old with music that has stood the test of time. And it's donors who strengthen that connection and help make the Pipe Band better."

Alexander says the Pipe Band, which has been around for about five years and is a teaching band, features players who range in age from nine to 68. He laughs and points out that he's "the old guy", but wants everyone to



RECORD PHOTO SUBMITTED

Members of the Clandeboye Pipe Band Gary Alexander and Dennis Schindler.

know that it doesn't matter how old you are, you can join and you can learn.

His own story is that he played the bagpipes when he was around 10 years old, but hadn't played for about 50 years before picking it up again. He's hoping others will come out and give it a try too.

"We're always looking to recruit," he said.

"We want new members and they can be any age."

If you want to learn more about the Pipe Band, they'll be part of the Robbie Burns celebration at the Clandeboye Hall on Jan. 27. You'll be able to take in their music, watch some highland dancers and of course sample the haggis.

Other groups that received grants include the East Selkirk Early Learning Centre, which, when all phases

are open, will accommodate 74 kids. The Foundation grant will help furnish rooms in the new building.

The Selkirk & District Curling Club received a grant that helped pay for a new ice plant after the compressor in the old one crashed last year. The Riverside Grill is working towards re-opening in the future and a Foundation grant will allow them to put in a new air exchange unit.

The Foundation is able to provide these important grants because of generous donors. In November the annual Endow Manitoba Giving Challenge saw 174 donors, over seven days, donate \$88,245 to the SDCF. This brings us back to that connection between donors and recipients – it's a strong connection.

The next grant intake is coming up in February, watch for more information on sdcf.ca.



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> DEMENTIA PRESENTATION, FROM PG. 7

The final type of dementia discussed was vascular dementia. In this type of dementia, cardiovascular occurrences like strokes can cause sudden drops in function.

“You might see drastic changes and then a stabilization or a plateau over time. Then another stroke occurs, and another drop in functioning. So, it kind of goes along in that stepwise fashion,” said Holland.

She reassured residents with questions that not everyone who experiences a stroke has vascular dementia.

She also explained that it’s a myth that memory loss is the first sign of dementia. Dementia occurs when daily life is affected and because there are many different signs can be different depending on the person and the cause. Some signs to look out for include:

- changes in cognitive abilities including changes in judgment or decision-making or problems with abstract thinking
- changes in communication
- trouble completing things that they’ve done for most of their life
- putting things in inappropriate places
- changes in emotion, mood and

behaviour

- apathy

Holland explained that most diseases that cause dementia don’t have a genetic link, however, some conditions that increase the odds of getting dementia can be genetically linked like diabetes or increased blood pressure.

She then went through a list of modifiable and non-modifiable risk factors for dementia. She said that people should be reassured that the list of non-modifiable factors is much smaller than modifiable factors.

Non-modifiable factors can include age, gender, family history, and a gene called the Apo E4 gene which, though most cases aren’t genetically linked, is a genetic factor that increases risk

Modifiable dementia risk factors include things like hypertension, diabetes, smoking, obesity, physical inactivity, high alcohol consumption, and hearing loss.

“If there’s one takeaway, it’s the fact that what’s good for your heart is good for your brain. So, if you can think of a heart-healthy diet, it’s going to be working twofold for you,” said Holland.

Another thing that residents can consider when it comes to lowering their

risk of encountering dementia in their lives is increasing their protective factors. These include doing things that challenge us such as learning a new activity or increasing the difficulty of a current one, being socially active, making healthy food choices like following a diet recommended for reduction of risk, being physically active, reducing stress, managing cardiovascular risk and protecting your head from getting hurt.

“No single test can tell if a person has Alzheimer’s disease or a related dementia. There’s not one way to diagnose it, but I would say the first step is to talk with your family doctor,” said Holland.

She does, however, acknowledge that many doctors are retiring so that can be difficult for some people to navigate, also some doctors may not understand the severity of symptoms even when you go to them.

Holland recommends continuing to advocate for yourself and your loved ones. Another avenue to diagnosis could be through a community assessment program. Our community assessment program is the mental health team.

If you or someone you know has dementia the Alzheimer’s Society of Manitoba has many programs that can help. They provide supportive



RECORD PHOTO BY KATELYN BOULANGER
Dan Bourrier, regional coordinator for the the Alzheimer’s Society of Manitoba and Samantha Holland, Regional Coordinator of the Interlake-Eastern region for the Alzheimer’s Society of Manitoba are spreading the word about understanding dementia.

counselling for people with dementia and their care partners, family education, programs like Minds in Motion, and public awareness sessions. To learn more about dementia and the services that are offered through the Alzheimer’s Society of Manitoba visit their website at <https://alzheimer.mb.ca/>.

If you think that you or someone you care about is showing signs of dementia you should contact your primary care provider or in the Selkirk area you can contact the mental health team at 204-785-7752 for an assessment.

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Your FARM



UKKO Robotics doing big things in agricultural world

By Ty Dilello

Notre-Dame-de-Lourdes' Ukkö Robotics is receiving a \$100,000 grant from the Manitoba government to better its innovative company as part of the Innovation Growth Program (IGP).

The Innovation Growth Program (IGP) is there to help commercialize their products and grow their business as the program provides cost-shared grants of up to \$100,000 to eligible Manitoba small and medium-sized enterprises to assist with the commercialization of innovative products or processes and accelerate growth.

Ukkö Robotics owners Daniel Badiou and Katrina Jean-LaFlamme are receiving the \$100,000 to commercialize their mobile monitored livestock shades and poultry micro barns that can move autonomously in pasture settings.

Badiou and Jean-LaFlamme were thrilled to learn that they have successfully secured the Innovation Growth Program from the Province of Manitoba.

"Ukkö Robotics specializes in automating the return of livestock to pasture," said Daniel Badiou. "Given the nature of our work, extensive research and development efforts are invested in creating new products for our farmer customers. Utilizing the grant to offset some of these costs will expedite the introduction of new products to the market."

Raised on a dairy farm near Notre-Dame-des-Lourdes, Badiou developed an unparalleled knowledge of agricultural machinery and animal farming from an early age. He continuously strived to learn more about the mechanical operation of agricultural machinery, finding solutions for problems and designing his own multi-purpose machines.

Badiou designed, developed and implemented an autonomous barn. He tested it on his own farm to better understand the needs of chicken farming and adapt his future machines.

Ukkö Robotics was launched in September 2016 with the goal of using technology to transform the traditional barn, making pasture-based farming more accessible. Partnering with



Ukkö Robotics owners Daniel Badiou and Katrina Jean-LaFlamme.

mechanical engineer Katrina Jean-LaFlamme, Ukkö specializes in manufacturing an all-in-one autonomous barn that falls under the company's ROVA Series.

ROVA provides farmers and aspiring farmers with never-before-seen flexibility, allowing individuals to raise their animals on pasture while having the same benefits as most



RECORD PHOTOS BY DANIEL BADIOU

Ukkö Robotics out of Notre-Dame-des Lourdes have recently received a \$100,000 grant from the Manitoba government to help out with its company that produces autonomous barn.

high-tech barns.

In 2021, Ukkö Robotics first launched its flagship product, the ROVABARN PRO, and has since experienced exponential year-over-year growth.

"Our primary customers are farmers engaged in pastured poultry farming, aiming to scale their operations without increasing labour demands," said Badiou. "Our units reduce the labour required for raising true pasture-raised poultry by 90 per cent. The

ROVABARN autonomously moves birds to fresh pasture multiple times a day, handles automatic feeding and watering, provides automatic ventilation, and is solar-powered, with connectivity to smartphones. Our barns are operational across provinces in Canada and in certain states in the United States. Additionally, we are in the process of sending our first batch of units overseas this year."

Continued on page 11



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> UKKO ROBOTICS, FROM PG. 10

Ukkö Robotics has much more in the works going forward as they are developing the capability of the ROV-ABARN to bring smaller livestock to pasture.

"In the near future, we plan to initiate testing for larger animals such as cattle and sheep. Furthermore, we are working on introducing a micro ROVBARN model designed for mod-

ern homesteaders, accommodating up to 12 hens, which we anticipate will be popular on many farms and acreages."

For more information about the Innovation Growth Program, including details on how to apply, please visit <https://gov.mb.ca/jec/busdev/financial/igp/index.html>.



The ROVBARN autonomously moves birds to fresh pasture multiple times a day, handles automatic feeding and watering, provides automatic ventilation, and is solar-powered, with connectivity to smartphones.

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Get your application and information package online at manitobaparks.com, or pick one up at your local Environment and Climate Change office.

The application deadline is February 2, 2024 for all provincial park seasonal campgrounds.



For more information about the seasonal camping program, please call 204-945-3934; toll free 1-800-214-6497; or email seasoncamp@gov.mb.ca



SUNRISE SCHOOL DIVISION Kindergarten Registration and Grade 1 Beginners – for September 2024

Eligibility Requirement for

Kindergarten: Children must be five (5) years of age on or before December 31, 2024
Grade 1: Children must be six (6) years of age on or before December 31, 2024
Children previously enrolled in Kindergarten classes DO NOT need to be re-registered.

Dates of Registration

Monday, January 29 to Friday, February 2, 2024

In person: 9:00 am - 12:00 noon & 1:00 pm - 3:30 pm, unless otherwise stated
Or

On-line at www.sunrisesd.ca (Under Parents, Registration)

Programs in three languages offered to all children beginning in Kindergarten or Grade 1 at the following sites

Anola School	866-2962	English	
Centennial School	345-2462	English	Tuesday till 6:00 pm
École Beausejour Early Years School	268-2664	English & French Immersion	Monday till 7:00 pm
École Dugald School	853-7929	English & French Immersion	Tuesday till 7:00 pm
École Powerview School	367-2296	English & French Immersion	
Gillis School	268-4353	English	Tuesday till 7:00 pm
Hazelridge School	755-2214	English	Wednesday till 6:00 pm
Oak Bank Elementary School	444-2473	English & English/Ukrainian	Tuesday till 7:00 pm
Whitemouth School	348-2595	English	

Please contact Anola School if you are not available during regular school hours.

Proof of Age must be presented at time of Registration. A **Birth Certificate** would be preferred. However, if a Birth Certificate is unavailable, then a Baptismal Certificate will be accepted. Instructions for securely submitting identification will be included with the registration form.

Entry into the French Immersion and English/Ukrainian Bilingual Programs are open to all children of Kindergarten and Grade 1 age who possess little or no knowledge of the French or Ukrainian language, but who wish to become bilingual by learning French or Ukrainian as a second language

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2018 Toyota Corolla SE	#P103277A	77,567 km	\$22,999
2017 Toyota RAV4 XLE	#T177943A	21,108 km	\$28,999
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Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



8 trends to adopt in 2024

In 2024, the world of interior design is experiencing a new wave that will transform our living spaces. The

trend is to balance elegant functionality with optimistic expressiveness. Here are some trends worth considering.



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1. Maximalism

A departure from recent minimalist esthetics, maximalism celebrates boldness and extravagance. It encourages homeowners to combine various textures, colours and accessories to create visually captivating interiors. Let your unique style shine through!

2. Multifunctional living

As the demand for adaptable living spaces grows, multifunctional furniture is becoming more popular. Items like Murphy beds, folding tables and modular storage units can serve multiple purposes, allowing homeowners to make the most of their living areas for different activities.

3. Curvy esthetic

Curved furniture, rounded archways and circular décor create a fluid and comfortable space, making the home environment more welcoming. These elements celebrate

traditional décor without unnecessary embellishment and soften the harsh lines associated with modern architecture.

4. Antique and retro accents

Whether you're a seasoned collector or a connoisseur of trends, antique and retro accents are a hot choice in décor. Features like mid-century modern chairs, vintage wallpaper and antique mirrors bring nostalgia and sophistication to modern interiors, creating a timeless appeal.

5. Gold, gold and more gold

Gold accents add a touch of luxury and sophistication to any room. For example, you'll see gold-plated fixtures, gilded mirrors and metallic gold accessories everywhere this year. The warmth of gold helps create an inviting atmosphere in your home.

6. Geometrics

Geometrics express the epitome of balance in décor. Simplistic in design, these patterns can be combined or stylized to create complex — even abstract — looks. From hexagonal tiles and geometric wallpaper to triangular shelving units, this trend can add a modern and dynamic touch to your interior.

7. Home technology

With the increasing popularity of smart bulbs, motion sensors and integrated lighting, technology is becoming a major focus in homes. Total home automation platforms provide homeowners with a truly futuristic experience. Modern, unimposing design helps prevent your devices from overpowering your home's esthetics.

8. Close-to-nature spaces

In 2024, interior design continues to prioritize organic elements, such as indoor plants, wood and stone. Earthy colour palettes also help bring the natural world indoors, promoting relaxation, well-being and sustainability. There's something for everyone! Explore these exciting interior design trends and talk to a contractor in your area about how you can embrace a new look for your home.



18 Hay Avenue, St Andrews - \$839,900 CAPTIVATING CUSTOM BUILT HOME! Nestled on a tree lined 1.38 acre lot in St Andrews is this 1,884 SF 4 bed, 3.5 bath home featuring plenty of updates throughout & an incredible detached shop! Enjoy a triple attached garage & a BONUS double detached 1,020 SF shop w/in floor heat & AC!



1094 River Road, St Andrews - \$489,900 BUILDING OPPORTUNITY! Situated off of desirable River Road, this development opportunity features a two storey home surrounded by nearly 5 acres of beautiful matured trees, outbuildings, walking trail access off Highway 9, plenty of potential throughout the property, and endless investment opportunities!



5 Davis Place, St Andrews - \$679,900 STUNNING CUSTOM BUILT HOME! Located in St Andrews is this 2,150 SF, 3.5 bath two storey home featuring ample natural light throughout and a 3 season sunroom! Enjoy a triple attached garage for your tools & toys! Your inner green thumb will love the garden space in the backyard! Enjoy a triple attached garage for your tools & toys!



10 Schubert Lane, St Andrews - \$489,900 BEAUTIFUL FAMILY HOME! Situated on a no-through road in St Andrews on a treed 1.38 acre lot is this 1,994 SF, 3 bed, 4 bath home featuring a stunning 3 season sunroom and ample natural light throughout. Under 5 minutes to Selkirk for all amenities and 20 minutes to the Perimeter Highway.



102 Stevens Avenue W, Lockport - \$649,900 CUSTOM BUILT ESTATE! Situated on a treed 1.52 acre lot just minutes to all amenities is this 7,250 SF, 5 bed, 5 bath home featuring a gated driveway, intricate details throughout, and an indoor pool! Enjoy an indoor pool with a hot tub and a 3pc bath w/steam sauna! Heated double attached garage for your tools & toys.



5694 Main Street, St Andrews - \$279,900 Situated on a .53 acre corner lot in St Andrews is this 1,056 SF, 2 bed, 1 bath bungalow offering neutral tones and ample natural light throughout. Enjoy an oversized double detached garage for your tools & toys! Under 10 minutes to Selkirk for all amenities and 15 minutes to the Perimeter Highway.



164 Hazel Avenue, St Andrews - \$399,900 MOVE TO THE COUNTRY! Situated on a treed 4.68 acre lot on a quiet no-through in St Andrews is this 1,400 SF, 2 bed, 1.5 bath country style home featuring neutral tones throughout, 2 box stalls, a barn with hay shed, and fenced corrals for your horses!



135C St Andrews Road, St Andrews - \$579,900 COUNTRY RETREAT! Nestled on a treed 11.26 acre lot in St Andrews is this 2,296 SF, 4 bed, 2 bath home, featuring plenty of natural light and vinyl tile flooring throughout. Enjoy the advantage of quiet country living with the convenience of all the nearby amenities!



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How to paint ceramic tiles in 4 easy steps



Painting ceramic tiles is a cost-effective way to refresh the look of your kitchen or bathroom without the expense of replacing the tiles. Here are four steps to guide you through the process.

1. Prepare the tiles. Clean the tiles thoroughly with a degreaser or a mixture of water and a mild detergent. Touch up any imperfections in the tiles and grout, and then sand away the ceramic glazing. Allow the tiles to dry completely.

2. Apply a primer. Use a primer

specifically designed for ceramic tiles. Apply the primer evenly to all the tiles, including the grout lines. Allow the primer to dry completely.

3. Paint the tiles. Choose a paint that's specifically designed for ceramic tiles. Apply a thin and even coat of paint to all the tiles. Use a paintbrush to paint around the edges of the tiles and a roller to paint the larger areas. Allow each coat to dry completely before applying the next coat.

4. Seal the tiles. Once the paint is dry, apply a sealant to protect it

from wear and tear. Be patient and take your time. Painting ceramic tiles can be a bit of a challenge, but it's

possible to do it yourself. Visit your local home improvement store to get started.



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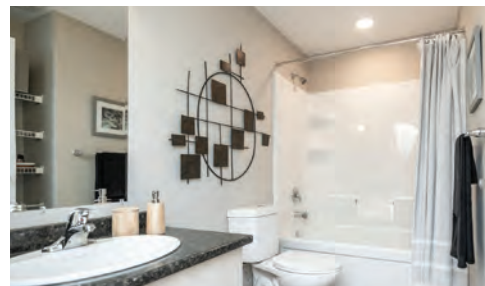
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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Royals' boys win Piper Hockey Classic tourney



The Royals' Jonny Enns-Demchuk, Ryan Cromie, Gaven Berry and Tony Pyner proudly hold the trophy. Enns-Demchuk was named the tournament MVP.



The Selkirk Royals won the Piper Classic after defeating the Westwood Warriors on Sunday.

RECORD PHOTOS SUBMITTED

By Brian Bowman

The Selkirk Royals' boys' hockey team edged the Westwood Warriors 4-3 in the final of the Piper Classic on Sunday.

Selkirk was 2-0 in pool play, defeating the Garden City Gophers 2-1 and the Louis-Riel Voyageurs 8-5.

The Royals then shut out the Sturgeon Heights Huskies 3-0 in the A-side bracket.

Selkirk has not played a league

game since Dec. 21 but will resume play on Wednesday when it takes on the Rams in Stonewall. Game time is 4 p.m.

Selkirk will then battle Garden City on Friday (4 p.m.) at the Seven Oaks Sportsplex before hosting the Steinbach Regional Sabres next Monday (4 p.m.).

Meanwhile, the Selkirk Royals were defeated 5-2 by the St. Mary's Academy Flames in Manitoba Women's High School Hockey League action last Wednesday at the Hockey For All Centre.

Liberty Aime and Elara Nazimek scored for Selkirk in the first period.

Flames' goals came from Claire

Hudson (two), Kate Chubak (two), and Sophie Sierhuis.

The Royals hosted the Churchill Bulldogs this past Tuesday but no score was available and then Selkirk will play the Vincent Massey Trojans Friday (4:15 p.m.) at Century Arena.

Gators win first HTJHL game

By Brian Bowman

The St. Clements won their first Hanover Tache Junior Hockey League game of the season after a 7-5 home victory over the Macdonald Swarm in East Selkirk on Jan. 9.

Daemon MacDonald led St. Clements with two goals and two assists while Ryan Pellaers added a goal and two as-

sists.

The other Gators' goals came from Cole Burch, Gavin Winram, Luke Tyslau, and Darien Meyer.

Swarm goals were scored by Adam Peters, Adam Bossuyt, Darius White, Kayden Robertson, and Brady Mattys.

Wolochen Keaton made 47 saves for the win.

Last Saturday, St. Clements lost 9-0 to the Steinbach Huskies.

Huskies' goals were tallied by Troy Friesen, Ethan Unger, Eric Mateychuk, Theo Koop, Rylan Penner, Ethan Plett, Cody Neufeld, Kailen Penner, and Brandon Thiessen.

On Sunday, St. Clements lost 8-1 to the Lorette Comets.

Antwain Mckay scored for the Gators while Deegan McGarry (three), Cole Gratton (two), Hunter Mangin, Tyler Van De Velde, and Matt Ramsay, answered for the Comets.

The Gators played the Landmark Blues this past Tuesday and then will host the Niverville Clippers Saturday (7:30 p.m.) and the Red River Mudbugs Sunday (2 p.m.) in East Selkirk.

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Morden is ready for the Scotties Tournament of Hearts

By Lorne Stelmach

Excitement is building for when the top female curlers from across Manitoba arrive in Morden for the 2024 Morden Scotties Tournament of Hearts next week.

CurlManitoba executive director Craig Baker anticipates Morden will be putting on a great week for the curlers and fans alike.

"I think it's going to be a phenomenal event down there ... and it's always exciting to see an arena transform into a curling club for a week," said Baker.

"It looks like they've had some great support. It looks like the community is behind it," he continued. "Any community we end up in down there, we get tremendous support ... it shows the desire of the fans to be there.

"The biggest thing is, when we come into a community like Morden, we kind of become the show. We don't get lost, and the community rallies behind it," he added. "We see the community support and what they do to make it special ... there's that desire for it and there's the support for it."

Teams arrive a day ahead of the competition, which runs Jan. 24-28. Twelve teams will be playing in the round robin Wednesday to Friday, with three draws daily. The elimination playoff round then goes Saturday

and Sunday.

Activities start Tuesday evening with a banquet for the teams and sponsors at the Access Event Centre.

Saturday evening features a social with live music for anybody who wants to attend. It's \$10 a ticket, and they will be available at the door if there's room.

Organizing committee chairperson Ernie Epp said last week that everything was in place and there have been good ticket sales so far.

"Sales of tickets are going really well. CurlManitoba stated last month already that our sales are really good in comparison to what they normally see, so that's thrilling for us.

"We expect to see a fair number of people, and I think part of what helps is there's one team that's fairly local," Epp said in reference to the Carman foursome skipped by Shaela Hayward.

The excitement built even further Monday when the volunteers came to pick up their clothing and materials, Epp noted.

"It will be the first time that about 200 of us are all together, and I was really looking forward to it. It was exciting."

And he paid tribute to the volunteers and other supporters who have really rallied to make the championship a success.

"Morden is a community where vol-

unteering is second nature to a pretty big percentage of the population," Epp said. "It was a little of here's what we need to do, and off they go, and they will make Morden look good.

"It's important for me that we recognize all of the volunteers and how tremendous it is that there are people willing to help out," he continued. "And the business community and what they have done for sponsorship. We've exceeded our target with corporate sponsorship with fundraising, so that's been a phenomenal thing.

"There's response still happening," Epp added, noting the Morden Chamber of Commerce sent a notice out to its members encouraging them to decorate and help make the week special. "I'm hoping that there's a whole bunch more businesses who are going to be sharing that excitement."

Five of the top 20 teams on the women's Canadian team rankings (CTRS) will compete at the Scotties.

The top seed status went to the rink skipped by Kaitlyn Lawes (Selena Njegovan, Jocelyn Peterman, Kristin MacCuish). Currently ranked CTRS #4, Lawes and her Fort Rouge team finished second in the preliminary round a year ago with a 7-1 record but lost the semi-final to Abby Ackland.

The second seed is CTRS #8 Kate Cameron (Meghan Walter, Taylor McDonald, Mackenzie Elias). Walter and

Elias were half of the Ackland Scotties playoff team a year ago.

The third seed is CTRS #9 Jolene Campbell, who returns to the Manitoba Scotties after a disappointing first appearance a year ago with Chelsea Carey. She and teammate Rachel Erickson have joined forces with Abby Ackland and Sara Oliver, the other half of last year's finalist team.

The #4 and #5 seed positions go respectively to CTRS #14 Beth Peterson (Jenna Loder, Katherine Doerksen, Melissa Kurz, Kelsey Rocque) and CTRS #20 Kristy Watling (Laura Burtnyk, Emily Deschenes, Sarah Pyke). Peterson's Assiniboine Memorial team had a 5-3 record a year ago. Watling and her East St. Paul team won the Scotties berth bonspiel and a strong local bonspiel showing placed them at the top of the MCT rankings.

Two other Manitoba teams, also ranked in the top three of the Canadian team rankings, have already qualified for the national Scotties in Calgary in February. Kerri Einerson's defending champions currently occupy the CTRS #3 spot, while wild card entry Jennifer Jones is currently CTRS #2.

More information can be found online at morden2024.ca, where you can purchase tickets for specific draws, certain days, or the whole event.

HTJHL • St. Clements Gators
NEXT HOME GAMES



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SUNDAY, JANUARY 21ST
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East St. Paul Skating Club members competing in Italy

Submitted by Tanya Pilat

Skating is a lifelong sport and there is no better proof of that than the three adult skaters from the East St. Paul Skating Club, who are in Italy Jan. 14-21 for the 2024 Winter World Masters Games.

The figure skating events are divided into five skill levels, Bronze, Silver, Gold, Masters and Masters Elite. In each skill level, there are also five age categories from class 1-5.

Ashley McIntosh began the season prepping for this event by travelling to Nashville for the ISU International

Adult Competition. McIntosh will be competing in the Masters Class 1 Free Skate and Masters Class 1 Artistic events in Italy.

Amy Borysowich has also participated in an ISU International competition in Ottawa last season and will be competing in the Bronze Class 1 Free Skate and Bronze Class 1 Artistic events.

Joining Amy and Ashley is coach Tanya Pilat. Pilat will not only be coaching but also shifting roles as she gears up for her first competition in over 30 years, competing in the Mas-

ters Class 3 Artistic event.

The Winter World Masters Games is a multi-sport event and is held every four years.

The 2024 Games will be held in the Lombardy area in Italy, with figure skating events in the city of Bormio.

RECORD PHOTO SUBMITTED
East St. Paul Figure Skating Club members Amy McIntosh, Tanya Pilat, and Amy Borysowich are in Italy competing at the 2024 Winter World Masters Games.



Raiders defeat Victorias in overtime

By Brian Bowman

The Raiders Jr. Hockey Club downed the St. Vital Jr. Victorias 5-4 in overtime on Sunday.

Nate Goodbrandson scored the game winner. It was his team-leading 22nd goal and 37th point of the season.

Jack Oleksiuk (two), Logan Clarke, and Alex Loschiavo also scored for the Raiders.

St. Vital goals came from Tyler Rubigny (three) and Davis Koga.

Evan Banera made 39 saves for the win.

Last Friday, the Raiders were doubled 4-2 at home by the Pembina Valley Twisters.

Goodbrandson and Loschiavo scored for the Raiders in the first period while Brett Bergman and Slade Sotheran replied for the Twisters.

After a scoreless second, Pembina Valley snapped the 2-2 tie with goals from Cody Clark and Sotheran.

The Raiders will visit the Charleswood Hawks on Friday (7:30 p.m.) and then host the Ft. Garry/Ft. Rouge Twins Sunday (2 p.m.).

Royals post top-10 placings at indoor track meet

By Brian Bowman

The Selkirk Royals had several impressive results at the High School Series Indoor Track Meet No.1 on Jan. 9.

The top-10 placings for the Royals included Jakob Dainard (first in Varsity Boys Shot Put), Oliver Hamel (10th in Varsity Boys Shot Put), Elliot Ferreira (fourth in Varsity Boys 60 m), Owen Giesbrecht (fifth in Varsity

Boys Triple Jump), Danelle Robson (ninth in JV Girls Shot Put, and Quinn Fyfe (eighth in JV Boys 200 m).

The meet ran out of time so the varsity athletes didn't get a chance to run the 400 m. Varsity numbers were low due to Jan. 9 also being the first day of the Provincial English Exam.

The next meet is Jan. 24.

Royals finish second at home tourney

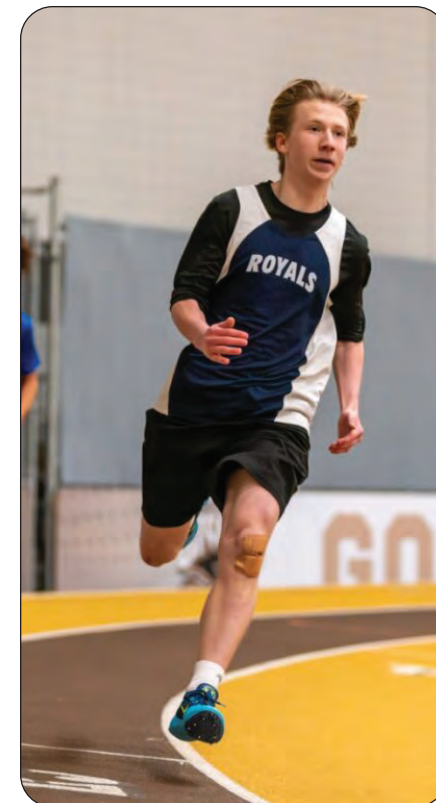


RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Tessa Preece drives to the basket at their Royal Rumble varsity girls' basketball tournament. Selkirk placed second after wins over the Pierre Elliott Trudeau Canadiens (70-33) and the Portage Collegiate Saints (65-30). The Royals also lost to the Steinbach Regional Sabres (48-41). Selkirk's all-stars were Lexi Everett and Taylor Jacyk.



The Selkirk Royals' Selina Kermani Kooosheh flies through the air in the junior varsity girls' long jump.



RECORD PHOTOS BY MATT PEARSON
The Royals' Quinn Fyfe competes in the junior varsity boys' 200-metre race.

Steelers suffer through a tough week

By Brian Bowman

The Selkirk Steelers lost all three of their MJHL games last week.

Selkirk was defeated 3-2 by the Virden Oil Capitals on Saturday at the Recreation Complex.

Nolan Chastko and Marshall Light scored to give Virden a 2-0 first-period lead before Braeden Lewis made it 3-0 at 7:20 of the middle frame.

Cole Bilous put the Steelers on the board later in the second with his first goal of the season.

Selkirk's Mathieu Moreira then closed out the scoring in the third.

Last Friday, Selkirk was edged 5-4 in overtime by the Oil Capitals in Virden.

David Bielik scored the game winner.

Selkirk goals were scored by Rocco

La Cara (two), Moreira, and Luke Wagner.

La Cara and Moreira each finished the game with three points.

Virden's other goals were tallied by Naton Miller, Tyler Dodgson, Chastko, and Lewis.

On Jan. 9, the Steelers were blanked 4-0 by the Winkler Flyers at the Selkirk Recreation Complex.

Winkler's goals, which all came in the second period, were scored by Noah Diemer, Zach Nicolas, Jakob Jones, and Blake (Daniel) Matheson.

Selkirk will now hit the road for three consecutive games. The Steelers will play the Winnipeg Freeze at the Hockey For All Centre on Thursday (7:30 p.m.), the Flyers in Winkler Friday (7 p.m.), and the Freeze Sunday (6 p.m.) at the Hockey For All Centre.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Steelers' Ethan Brown chases down a Winkler Flyers' player during MJHL action Jan. 9 at the Recreation Complex.

Fishermen shoot down Satelites

By Brian Bowman

The Selkirk Fishermen scored three first-period goals and then added another in the second to defeat the North Winnipeg Satelites 4-1 at the Recreation Complex on Sunday.

Logan Saluk, Kasen Andrushko, Dawson Bergagnini, and Carter Courchene scored for Selkirk.

Theo Courchene and Izzy Aime each had two assists in the game.

Logan Ashe had a goal for North Winnipeg.

Jordan Armstrong made 18 saves for the win.

Last Friday, Selkirk beat the Warriors 4-3 in St. Malo.

Ryland Schroeder netted the game

winner on the power play in the third period.

The Fishermen's other goals came from Matt Brooks, Peyton Moneyas, and Julius Guimond.

Guimond, Moneyas, and Brooks each finished the game with two points.

St. Malo goals were scored by Jer-

emie Collette, Ben Dias, and Reece Unrau.

Jordan Armstrong stopped 25 shots for the victory.

Selkirk, in first place in the six-team league with 47 points, will play at the Lundar Falcons Saturday (7 p.m.) and then host St. Malo Sunday (3 p.m.).

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Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

NEXT HOME GAMES
at the Selkirk Rec Centre

SUNDAY, JANUARY 21st
VS St Malo 3:00 pm

SUNDAY, JANUARY 28th
VS Lundar 3:00 pm

NEXT AWAY GAMES
Sat, Jan 20 - vs Lundar - 7:00 pm
Fri, Jan 26 - vs Beausejour - 8:00 pm

Meet the Fishermen

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HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

Galay Landscaping is currently conducting interviews for the position of landscape technician, foreman and labourer for the upcoming 2024 season. Training provided for suitable candidates. Wage and salary dependent upon relevant experience and skills. Good opportunity for those interested and able to learn. The ability to help our crew with our snow clearing operation for duration of winter in Selkirk would be an asset. Class 5 license and own reliable transportation is required. Please send resume by email to: info@galaylandscaping.com No phone calls.

MISCELLANEOUS

Brand new Hoover upright household floor vacuum cleaner, exc. cond., \$150; BN men's size 9 buckle-up leather winter boots, \$100. EC Men's blueish purple parka size XXL w/black woolen hood, fits a man's size XL \$100; BNC & EC pair size 9 men's work boots/safety shoes w/laces & steel caps over toes \$100; Sunbeam 2-slice toaster EC & EWC \$15. Phone 204-785-8598. Let telephone ring at least ten times for an answer.

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SHOP LOCAL

PUBLIC NOTICE NOTIFICATION DU PUBLIC

PROPOSED ROGERS 35 METER WIRELESS TELECOMMUNICATIONS FLUSHMOUNT MONOPOLE TOWER INSTALLATION

The proposed installation is composed of a 35-meter flushmount monopole telecommunications tower.

Location: 3486 Raleigh Street, East St. Paul, MB

Objective: To improve wireless coverage to your community (in the area of Raleigh Street and Birds Hill Road/Hwy 202) and to meet rising demands for wireless services.

Details: An equipment shelter will also be installed at the base of the proposed tower and the entire site will be surrounded by a security fence with a locked gated access point.

The public is invited to provide written comments by end of business day on **February 18, 2024** to the contact information shown below. Please include a return address.

Tower Installation Project
Projet d'installation de communication sans fil
Reference: W6232A Jefferson Ave & Marnie Pl
Rogers Communications Inc.
c/o Evolve Surface Strategies Inc.
Unit A - 2151 Portage Ave
Winnipeg, MB, R3J 0L4
E: comments@evolvesurface.com

Land Use Authority contact:
RM of East St. Paul
Cara Nichols, Community Development Planner
Unit 1 - 3021 Birds Hill Road
East St. Paul, MB R2E 1A7
T: 204-668-8112
E: planning@eaststpaul.com



PROPOSITION DE TÉLÉCOMMUNICATIONS SANS FIL DE 35 MÈTRES ROGERS INSTALLATION DE TOUR MONOPÔLE À ENCASTREMENT

L'installation proposée est composée d'une tour de télécommunications monopôle encastrée de 35 mètres.

Lieu : 3486 Raleigh Street, East St. Paul, MB

Objectif : Améliorer la couverture sans fil de votre communauté (dans le secteur de la rue Raleigh et du chemin Birds Hill/autoroute 202) et répondre à la demande croissante de services sans fil.

Détails : Un cabinet d'équipements sera aussi aménagé à la base de la tour et l'ensemble du site sera ceinturé d'une clôture de sécurité et d'une entrée verrouillée.

Les citoyens sont invités à faire part de leurs commentaires, avant la fermeture des bureaux de Rogers le **18 février 2024**, soit à l'adresse indiquée (avec une adresse de retour).



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NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Cheryl Marie Wiess, late of the Postal District of St. Andrews, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 21st day of February, 2024. DATED at Stonewall, Manitoba, this 9th day of January, 2024. **GRANTHAM LAW OFFICES** Solicitor for the Administratrix

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF JOHN ARTHUR MCGUIRE, late of the City of Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 183 Main St., Selkirk, MB, R1A 1R5, on or before the 10th day of February 2024. DATED at the City of Selkirk, in Manitoba, this 15th day of January 2024. **PKF LAWYERS-Selkirk MB office** Eric S. Freedman, solicitor for the Executor

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF DIANE LYNN CLARKE, Late of the Village of Matlock, in the Province of Manitoba, Deceased. All Claims against the above estate duly verified by Statutory Declaration are to be sent to the undersigned at 1028 Peel Road, St. Andrews, Manitoba, R1A 3W6 on or before February 17, 2024, after which date, the estate will be distributed having regard only to claims of which the Administrator then has notice. Dated at Winnipeg, Manitoba this 15th day of January, 2024. Evelyn Clarke Administrator of the Estate of Diane Lynn Clarke 204-470-5762

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ANNOUNCEMENT

CARD OF THANKS

Thank you from **The family of Ted Wozny**
Our family would like to thank you for the cards, flowers, and other kind expressions of sympathy. Your support during this difficult time will always be remembered. A special thanks to Father Gerald for his comforting words and spiritual guidance leading up to and during Ted's funeral service at the Notre Dame Catholic Church. Your presence provided solace in our time of grief. We would also like to thank Rob Laycock and the compassionate staff at Gilbert's Funeral Home for their professionalism, and empathetic support throughout the funeral arrangements. Lastly, to the Selkirk Fire Department, the Notre Dame CWL, Chapter P of PEO, and residents of KOTR. Thank you all for your gestures of compassion and assistance.

-With sincere appreciation,
Joan and family

ANNOUNCEMENT

CARD OF THANKS

We would like to Thank everyone who supported our Christmas Draw in December, for Change 2 Change Mission. Thank you to everyone who bought and sold tickets and donated to the prizes. Very much appreciated. It was a great success. Winners: 1st Prize - Louis P.; 2nd Prize - Jean O.; 3rd Prize - Tina B. Thanks again. -Sincerely, Kurt Petersen and The C2C Team

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ANNOUNCEMENT

BIRTHDAY



Happy 94th Birthday
Elma Cheyne

-From her family

ANNOUNCEMENT

IN MEMORIAM



Delphine Paine (Parks)
January 16, 2023

There were no goodbyes for us when you left all on your own
They say time eases the pain but it is still so very fresh
Whenever I look at your picture, I smile through the tears and I am reminded of so many memories
We love and miss you dearly. Toodles Mom.
-Love
Melanie, Eric and family

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Request for Quotation No. RFQ-2024-01 Hire of Privately Owned Equipment Hourly Rates

2024 Equipment Rates

The Rural Municipality of St. Clements is seeking quotations from qualified bidders for hourly rates for Privately Owned Equipment for the 2024.

Request for Quotation packages, including specifications and submission documents are available at the Public Works Office, 155 CIL Road, or from the Website, www.rmofstclements.com.

Sealed submissions clearly marked "Hourly Equipment Quotation, No. RFQ-2024-01" will be received at RM of St. Clements Public Works Office, located at 155 CIL Road, East Selkirk, MB, up until 2:00 PM, Local Time on Friday, January 26, 2024.

All inquiries related to the Request for Quotation should be directed to Mr. Kevin Grabowski at 204-482-3300.

The lowest or any hourly rate bid not necessarily accepted.

Kevin Grabowski, CET
Director of Public Works
1043 Kittson Road
Box 2, Grp 35, RR 1
East Selkirk, Manitoba, R0E 0M0
Fax: (204) 482-3660



Announcements



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ANNOUNCEMENT

IN MEMORIAM



Peter Skazyk
In loving memory of
my husband and our father, Peter
who passed away January 19, 2021

Gone is the face we love so dear,
Silence is the voice we loved to hear.
Sadly missed along life's way,
Quietly remembered day by day.
No longer in our lives to share,
But in our hearts he's always there.

-Forever loved and remembered
by wife Frances and
sons Allan, Gregory and Ed
and their families

ANNOUNCEMENT

IN MEMORIAM



Laura Lyn Fox
January 22, 2019

You left us beautiful memories,
Your love is still our guide;
Though we cannot see you,
You're always at our side.

-Love your husband John,
Cody and Carson, Veronica and Bryan,
and all your loving family and friends

ANNOUNCEMENT

IN MEMORIAM

Marion Laye (Hardwick)
January 17, 2020

I pray that MY SISTER knew just how much
Having her in my life meant to me.
She filled my heart with joy
And my face with smiles.
I will always love her with all my heart.

-Miss you Sis,
Ingrid

Your memory will live forever Engraved within our hearts

OBITUARY

Josko Jagodnik "Joe"



It is with great sadness that the family announces the passing of Josko Jagodnik "Joe" beloved Husband, Father, Grandfather, Brother and Uncle at the Health Science Center General Hospital on the afternoon of Thursday, January 4, 2024 at the age of 72 years.

Joe is survived by his wife Elizabeth "Betty", son Josko Jr "Joe" (Stephanie), daughter Elizabeth Pimentel (John) and daughter Tara. He is also survived by his loving grandchildren Emilie, Sophia, Benjamin, Amalia, Ryker, Charlotte, Alexander and by his sisters Stanislava "Stanka", Cvetka, and his brother Emil "Milan". Along with numerous nieces and nephews both in Canada and back home in Slovenija.

He was predeceased by his parents Jozef and Antonija Jagodnik, brother Danilo, brother-in-law Joseph and sister-in-law Louise.

Dad requested to be cremated and a funeral to be held at Our Lady of Lourdes Church. Due to renovation work being done on the church it has been decided that a funeral would be held once the Church reopens. Please reach out to the family if you would like to be notified on the funeral date.

In lieu of flowers, Dad requested donation be made to Father Dado of Our Lady of Lourdes Church at 95 MacDonald Ave, Winnipeg, MB R3B 0J3 or via EMT for OLL: oll@stpaultheapostle.mb.ca

To see full obituary please visit: <https://www.ethicaldeathcare.com/post/josko-joe-jagodnik-obituary>

OBITUARY

Heather Elaine Wensel (Turkitch)



Heather Elaine Wensel (nee Turkitch), 69, of Selkirk, Manitoba, passed away after a short battle with cancer on January 10, 2024, surrounded by her loving family.

She was born February 19, 1954 in Selkirk, Manitoba.

She is survived by her loving husband Bob, children David (Hayley), Melissa (Phil), sister Maria, brother Brian, sisters-in-law Karen and Julie, and extended family including cousins, aunts, nieces and nephews.

Heather is predeceased by her parents, John and Hazel Turkitch, in-laws Walter and Joan, brothers Irvin, Mike, Steven, Frank and sisters-in-law Lynda and Karen.

She married the love of her life Bob in 1983, they had just celebrated their 40th wedding anniversary in September of last year. They did everything together and made it through all the

ups and downs of life together and he will miss her dearly.

She worked as a bookkeeper until she had her children. When she had them she became a stay at home Mom so she could spend as much time with them as she could. Once they were in school, she became an Educational Assistant at Daerwood School, where she worked for 18 years until she retired in 2017. She was the school crossing guard for all of those years and would be on Main Street crossing kids even on the coldest of days.

Heather's greatest accomplishment was always her children. She would do anything for them and always made sure to be at every single game or event they had. She taught them how to manage money and was always supportive and encouraging of anything they wanted to do. She loved them unconditionally, had so much patience for them and made sure they grew up in the best environment possible. She always said yes to any opportunity to spend more time with them. She couldn't be more proud of them, as she said on one of her last days.

Heather loved traveling, including many trips to the East and West coasts of Canada, Vegas, Hawaii, shopping trips to Grand Forks, visiting and going on adventures with sister-in-law Karen in Idaho, Washington and later in California and many others and had plans for more. She enjoyed going for lunches with "the Ladies," who she met and became close with over the years working at Daerwood.

She had a soft spot for all cats including those that she had for many years including Amy and Emily both for close to 20 years each. She had a green thumb both with her indoor plants and her outdoor flower beds. She loved hosting family dinners especially for the holidays, always making the best food, that we will all miss so much.

Heather's family wish to thank all the doctors and staff at the Woman's Hospital in Winnipeg who took such good care of her while she was there.

In keeping with her wishes, cremation has taken place. A celebration of life will be held on Thursday, January 25, 2024, at 1:00 p.m. at Gilbert Funeral Home in Selkirk, Manitoba.

In lieu of flowers, donations can be made in Heather's name to Winnipeg Humane Society or MADD Canada, both charities that were close to her heart.

Tributes: www.gilbertfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



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OBITUARY

Edward (EJ) Hamelin



Edward (EJ) Hamelin suddenly passed away January 9th, 2024 at the age of 49 with his family around him.

He leaves behind his three children Keagan (Sierra), Ethan and Zoe. Ed is survived by his parents Anne and Ed Hamelin (Sr.), his two brothers Shawn and Tim (Jen) and nephew Josh. He is predeceased by his grandmothers Agnes Hamelin and Mary Harman; and uncle Eric Harman. He also leaves his companion Heather, her two boys and family.

Ed was born in February 1974 in Winnipeg; he grew up in Selkirk and spent over 40 years in the Selkirk area. Ed worked and was known in the steel industry for many years and more recently has spent his time travelling and spending time with friends and family.

Ed had a passion for snowmobiles and had been riding since he was nine years old. More recently Ed would always offer to take friends and family out for rides in the Interlake area. Ed loved being outdoors, he would spend his summers at the lake and enjoyed fishing.

Over the years he's left behind so many memories that will live on throughout his friends and family, we will miss him.

We would like to thank the staff at the Health Sciences Center MICU for their help and comfort as well as our friends and family for the overwhelming support during this difficult time.

Memorial service will be held on Friday, January 19, 2024 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk.

Tributes: www.gilbertfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.

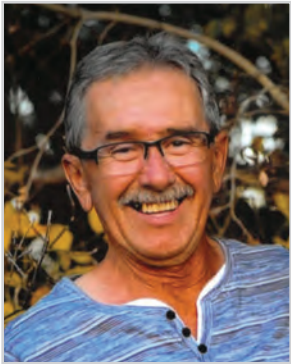


There is a link death cannot sever, Love and remembrance last forever

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OBITUARY



Eldon L. McRae
 May 20, 1955 – January 12, 2024
 The best husband, dad, papa, brother and friend. He will be forever missed; but never forgotten. As per Eldon's wishes, there will be no formal services. Tribute: www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.

OBITUARY



Doug Freeman
 Sadly, on January 13, 2024 Doug Freeman succumbed to his illness.

He leaves to mourn wife Sharon, daughter Amy (Michael), and other children Angie and Shane, sisters Deb (Detlef), Helen and Bobbie, brothers George (Laurie) and Reg, and many nieces and nephews.

He was predeceased by parents Robert and Sylvia, sisters Julie and Karen and brothers Bill and Chuck.

Doug had many jobs throughout his life. His longest served at Black Cat Blades (Amsco Cast Products) where he retired after 41 years of service. Doug enjoyed hunting, fishing, billiards, darts and getting together with his numerous friends and family. Doug was a huge football fan (New England Patriots - before, during and after the Belichick/Brady dynasty) and loved watching and attending the Winnipeg Blue Bomber games.

Thank you to Dr. Graham (Doug enjoyed your visits and the laughs), the kind and compassionate staff at the Dr. Evelyn Memorial Hospital, Lisa, Vera and all of the great friends and family who have surrounded us with love and made his last days more bearable. We appreciate the outpouring of love, food and support from all of our friends and family during this difficult time.

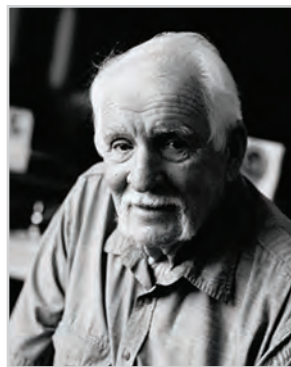
Per Doug's wishes, there will be no formal service held. The family will have a private interment in the future.

In lieu of flowers, please donate to CancerCare.



204-886-0404

OBITUARY



Yves Normandin
 Our beloved Yves Normandin passed away on January 9, 2024.

He left his mark on this earth over his 82 years, having a positive impact on everyone he met.

Yves ran a successful trucking business in Pine Falls, Manitoba. If you travelled to Pine Falls, there's a good chance you would have seen his distinct white and green trucks delivering a load of pulp to the papermill or some limestone or gravel to one of his customers.

He had a passion for riding motorcycles and went on long rides all over North America. He was known to log thousands of kilometers while blasting his bluegrass music and making friends along the way. His most epic ride was the Hoka Hey motorcycle challenge which started in Key West, Florida and

ended in Homer, Alaska, this ride alone was 14,000 kilometers.

He was a devoted husband, father, grandfather, and great-grandfather and was better known as Papa by all his grandchildren. He loved watching his grandchildren and great-grandchildren play sports and wouldn't miss a ringette, soccer, or hockey game. No matter how early the game was or where it was being played, Papa would be there cheering them on. Papa was someone you could always count on for help, he would always be there for you and would show up at least 30 minutes early. He was so proud of all his family, always showing pictures of those he loved to anyone he met.

Yves will be lovingly remembered by his wife Darlene; daughter Lorrie (Robert); grandchildren, Lance (Karla), Chad (Devyn), Ashley (Jeremy), Jordan (Denise), and great-grandchildren Ashlynn, Jeran, Jesse, Aaron, Stephen, Quinn, Landon, Jaxon, Tyler, Kienna. Darlene's family loved Yves deeply. They opened their arms to him many years ago and cherished him like a brother.

He will be deeply missed and will hold a special place in all our hearts forever.

As per Yves' wishes, there will be no service. The immediate family will gather to celebrate his life.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Evelyn Elizabeth Smith
 July 14, 1947 - January 12, 2024

It is with great sadness we announce the peaceful passing of our mom, Evelyn at Selkirk Regional Health Centre on January 12th after a 2 1/2 year battle with cancer.

She is survived by her brother Jim (Gloria), sister Judy (Jon); daughters Kenna (Warren) and Heather (Dan); granddaughters Desiree (John), Michelle, Grace and Annaliese, and great-grandsons William, Michael and Logan. Also her beloved cat, Saul (Sully).

After retiring from being a shift supervisor at Melet Plastics in 2015, she moved out to the farm with Heather, Dan and the girls, where she dove into the vegetable gardens, picking and preserving but most of all, making quilts. She was an extremely talented quilter, attending many quilt shows and retreats with Kenna and the quilting ladies. She donated many quilts to Project Linus, CancerCare and Sarah's Place. Mittens and toques were made/donated for 25+ years to the Christmas Cheer Board.

Our family wants to thank the paramedics, Selkirk Regional Health Centre staff on Surgery & Med/Surgery, Dr's Alexander, Paradoski, and Costa for their outstanding care, as well as CancerCare Dr.'s Viallet, Leylek and Maksymiuk and their clinic nurses.

Cremation has taken place and as per Mom's wishes, there will be no service. A private gathering will be held in late spring to celebrating her life.

In lieu of flowers, donations can be made to CancerCare Manitoba.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Bernice Yvonne Marie Hilts (Pruden)
 Jingle Woman

December 25, 1948 - January 9, 2024

It is with heavy hearts we announce the passing of our beloved family matriarch on January 9th, 2024.

Bernice was predeceased by her parents Douglas and Vina Pruden, brothers Kenneth and Douglas and sister Thelma.

Left to mourn are her husband Ervin of 58 years; sisters Valerie (Norman), Rose-Marie (Andy), and Elizabeth (James); children Shawn (Deanne), Denise (Steve), Vina-Jean (Kelvin); grandchildren Drayson (Katherine), Logan (Sadie), James (Lexi), Stephanie, Ryan and Sara; great-grandchildren Leyton, Jake, Hazel, Gemma, Georgia and Archer; as well as numerous nieces, nephews, cousins, and friends.

Bernice had retired in 2010 from the Province of Manitoba after dedicating 23 years of service as a civil servant. She and Ervin spent several years with archery and enjoyed years of travelling and coaching athletes for Team Manitoba.

Bernice lived a life led by love. She lived a traditional life and taught us all to live in a good kind way. She loved spending time with her family more than anything, usually over a home cooked meal and her camera near by. One of her greatest passions in life was learning our family history and genealogy, and over the years she enjoyed creating family calendars for us. Mom loved to craft - she enjoyed painting, creating dioramas, sewing baby blankets for new arrivals, and always having a homemade gift tucked away to give us on special occasions. She enjoyed letter writing and sending cards to friends and family near and far. Bernice was often found reading and in summer she spent endless hours in her garden amongst her beloved flowers and plants.

Aligning with Bernice's wishes, a wake was held at their home in East Selkirk. Join us on Saturday January 13th, 2024 at 3:30 p.m. in St. Clement's church yard 1178 River Rd, St. Andrew's for the burial service, followed by light lunch at Selkirk Friendship Centre 425 Eveline St. Selkirk.

Pallbearers: grandson's Drayson Mercer, Logan Mercer, James Hilts, Ryan Hilts, sons-in-law Kelvin Burzuik and Steve Lowrie.

Honorary pallbearers: granddaughter's Stephanie Lowrie and Sara Hilts.

In lieu of flowers, please make donations to the Heart and Stroke Foundation in Bernice's name.

"We do not have to rely on memories to recapture the spirit of those we have loved and lost - they live within our souls in some perfect sanctuary which even death cannot destroy." -Nan Witcomb

A special thank you to Dr. Kinsley and the team at Selkirk Regional Health Centre, as well as the medical staff at Winnipeg Health Sciences Centre MICU for treating our Mom with care and respect during the final weeks of her life.

Many thanks to Dan Thomas and numerous others for guiding us during the wake and burial service. Thanks to Gilbart Funeral Home for your support.

Thank you to all who brought food by the home, and for those who donated for the light lunch and to the ladies who helped at the hall. We also thank the Selkirk Friendship Centre for their donation. Heartfelt thanks to Ruth Christie for prayer and blessing the food at the lunch.

Thank you again for all of your support, care, cards and condolences for our family during this difficult time, it is greatly appreciated.

"There are some who bring a light so great to the world that even after they have gone the light remains"

Tributes: www.gilbartfuneralhome.com

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OBITUARY



Christopher (Chris) Alexander Woloshyn
January 7, 1966 - January 13, 2024

It is with great sorrow that we announce the death of our cherished father, son, brother and uncle. Chris passed away on January 13, 2024 at Health Sciences Centre, surrounded by his family and special friend.

He is survived by his children, Alexander, Catherine and Olivia; his parents, Alex and Marilyn Woloshyn; his sisters Maryann (Paul), Rose and brother Mark (Leanne). He leaves to mourn his nephews Michael, James and Daniel and niece Chanda (Josh) and their children Jessie and Jaxon.

Chris was born January 7, 1966 in a 1955 Buick en route to the Selkirk hospital. He lived his life thereafter with much adventure and excitement.

Chris obtained his business diploma from Red River Community College and music degree from University of Winnipeg.

He was very proud of his children. Alexander inherited his sense of adventure and curiosity. Olivia inherited his Ukrainian dancing genes. Catherine inherited his love of piano. Chris expressed himself through music and played piano by ear. He was often referred to as Liberace and played any song by request. Fool's Overture by SuperTramp was one of his favorites.

Chris had a great sense of humor and was a captivating storyteller. He had many friends and was the type of person to strike up a conversation with anyone. He had the ability to make you feel like you were the center of his universe. In addition to the family, he will be missed by his sailing, fishing and motorcycle buddies, his special friend Melissa and his colleagues at FedEx.

Chris was unique and a trailblazer. He beat to his own drum, making his own music that we were able to listen. We will dearly miss him.

The family would like to thank HSC MICU especially Dr. Eric Jacobsohn and his team for their compassionate care. We are grateful for providing us with the opportunity to say goodbye.

Prayers will be held at 7:00 p.m. on Sunday, January 21, 2024 at Blessed Virgin Mary Church 530 Donald Road, St. Andrews Manitoba. Funeral Divine Liturgy will be celebrated on Monday, January 22, 2024 at 10:00 a.m. Interment to follow at the parish cemetery.

In lieu of flowers, please make a charitable donation in Chris' memory to HSC MICU or our church.

Eternal Memory – Vichnaya Pamyat

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Ross Burnette Beaton
August 6, 1951 - January 1, 2024

Suddenly, on January 1 at his residence, Ross passed away leaving his family deeply saddened and heart broken.

Left to mourn are his loving wife Linda; favourite son Michael, favourite daughter Laura; brother Allen (Bev); sisters Mary-Jo (BFF) and Debbie (Graham); many favourite nieces and nephews as well as sisters-in-law,

brothers-in law; special friends Wanda Kellerman, Brielle Ewbank, Bob Kuz and Wayne Poznik; his furry pets Beanie and Spooky; and many friends.

Ross was predeceased by his parents Clarence and Mary; his Uncle Ross and Aunt Gwen; sisters Joan, Jean, Jackie and Judy; brother Darrell; cherished nephews Kevin Mathers, Michael Stasiuk, and Daniel Young; beloved mother-in-law Rachel Fawcett, and brother-in-law Tom Bosko.

Ross was active in the Manitoba basketball community for most of his life through playing, coaching and finally refereeing until COVID hit. He loved the sport and made many lasting friendships throughout the years. Ross was an RPN for over 35 years, and had a knack for quickly establishing a trusting, therapeutic rapport with those he served. Ross loved all music and was especially fond of classic rock. He could tell you the history of the rock bands, their songs and the many band member changes that occurred. He was a loving husband, and adored father who is dearly loved and deeply missed.

The family would like to thank the paramedics and RCMP for their efforts and the kindness shown to us at a tragic time.

In accordance with his wishes, cremation has taken place and there will be no service.

In lieu of flowers, please pay it forward with an act of kindness or a donation to your favourite charity.

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